

TRAIL LONGO - STAGE 1**35 KM****R**
REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	08:30	8°C	93%
End	15:32	8°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	55	Aite Tamang	amcf - arrábida trail team	Senior Masculino	02:59:08		05:07
2	33	Paulo Costa	a.d.amarante trail running	Senior Masculino	03:04:21	+05:12	05:16
3	363	Carlos Veloso	team sindeq	Veterano M40	03:04:43	+05:34	05:17
4	369	Diogo Baena	u.f. comércio e indústria atletismo	Senior Masculino	03:05:22	+06:13	05:18
5	114	DIOGO FERNANDES	dr. merino/4mooove	Senior Masculino	03:06:46	+07:37	05:20
6	370	Helder Lopes Grosso	u.f. comércio e indústria atletismo	Senior Masculino	03:08:59	+09:51	05:24
7	2	António Brazuela	oralklass-amigos do trail	Sub 23 Masculino	03:10:06	+10:58	05:26
8	15	Pedro Santos	oralklass-amigos do trail	Veterano M40	03:10:56	+11:47	05:27
9	117	PAULO CONDE	dr. merino/4mooove	Senior Masculino	03:12:10	+13:01	05:29
10	57	Pedro Varíssimo	amcf - arrábida trail team	Veterano M40	03:15:26	+16:18	05:35
11	372	João Nogueira Caetano	u.f. comércio e indústria atletismo	Senior Masculino	03:16:15	+17:06	05:36
12	4	Nuno Alves	oralklass-amigos do trail	Senior Masculino	03:16:45	+17:36	05:37
13	37	Vítor Costa	a.d.amarante trail running	Veterano M40	03:16:58	+17:49	05:38
14	377	Virgílio Gomes	u.f. comércio e indústria atletismo	Veterano M50	03:18:45	+19:37	05:41
15	10	João Nogueira	oralklass-amigos do trail	Senior Masculino	03:19:20	+20:11	05:42
16	56	Stefan Pequito	amcf - arrábida trail team	Senior Masculino	03:21:59	+22:50	05:46
17	115	Edgar Resende	dr. merino/4mooove	Senior Masculino	03:23:14	+24:05	05:48
18	163	João Lopes	grupo desportivo da parreira	Sub 23 Masculino	03:23:15	+24:06	05:48
19	118	Domingos Freitas	dr. merino/4mooove	Senior Masculino	03:25:19	+26:10	05:52
20	139	Tiago Teixeira	factor x / s4l / medense fc	Senior Masculino	03:25:39	+26:31	05:53
21	116	JOÃO PATRICIO	dr. merino/4mooove	Senior Masculino	03:25:40	+26:31	05:53
22	234	Nuno Cardoso	individual	Veterano M40	03:25:41	+26:33	05:53
23	12	Luís Pedro	oralklass-amigos do trail	Senior Masculino	03:26:27	+27:19	05:54
24	29	Cristiano Santos	a.d.amarante trail running	Senior Masculino	03:26:32	+27:23	05:54
25	16	Rafael Cruz	oralklass-amigos do trail	Senior Masculino	03:27:10	+28:02	05:55
26	371	João Canelas	u.f. comércio e indústria atletismo	Senior Masculino	03:28:19	+29:10	05:57
27	373	João Santos Silva	u.f. comércio e indústria atletismo	Senior Masculino	03:28:24	+29:15	05:57
28	111	Tiago Pinto	douroconta - gabinete de apoio e contabilidade, lda	Senior Masculino	03:30:46	+31:37	06:01
29	18	Seninho Ribeiro	oralklass-amigos do trail	Senior Masculino	03:31:50	+32:41	06:03
30	14	Nuno Pereira	oralklass-amigos do trail	Senior Masculino	03:33:15	+34:07	06:06
31	213	Tiago Gaspar	arasm - associação recreativa de s. miguel	Senior Masculino	03:33:19	+34:10	06:06
32	44	Tiago Marinho Freitas Subtil	affense trail	Senior Masculino	03:35:21	+36:12	06:09
33	6	Fernando Neves	oralklass-amigos do trail	Senior Masculino	03:35:42	+36:33	06:10
34	374	Marcelo Graça	u.f. comércio e indústria atletismo	Senior Masculino	03:36:44	+37:35	06:12
35	319	Miguel Jaques	olímpico vianense trail	Senior Masculino	03:36:44	+37:35	06:12
36	255	Rufino Paiva	ocs proaventuras	Veterano M45	03:37:01	+37:52	06:12
37	132	Andre Filipe Oliveira Almeida	factor x / s4l / medense fc	Senior Masculino	03:38:24	+39:16	06:14
38	298	Alex Tondela	montanha clube trail running/efapel	Veterano M40	03:40:08	+40:59	06:17
39	260	António Amador	individual	Veterano M50	03:41:09	+42:00	06:19
40	231	José Miguel Fernandes da Gama Nogueira	individual	Veterano M40	03:42:33	+43:25	06:22
41	292	Joel Pereira	minho e lima trail	Senior Masculino	03:43:31	+44:23	06:23

TRAIL LONGO - STAGE 1
35 KM
R
 REVISED

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	311	Fernando Carvalho	nós acreditamos	Veterano M45	03:44:04	+44:55	06:24
43	112	Helder Rocha	douroconta - gabinete de apoio e contabilidade, lda	Veterano M40	03:44:46	+45:37	06:25
44	345	Miguel Machado	profisio team	Veterano M40	03:44:52	+45:44	06:25
45	36	José Pereira	a.d.amarante trail running	Veterano M40	03:45:31	+46:22	06:27
46	381	André Cunha	vimarunners	Senior Masculino	03:46:05	+46:57	06:28
47	190	João Menezes	individual	Senior Masculino	03:46:56	+47:47	06:29
48	174	António Daniel da Silva Ribeiro	individual	Senior Masculino	03:47:30	+48:21	06:30
49	7	Vitor Pinto	oralklass-amigos do trail	Veterano M40	03:47:33	+48:24	06:30
50	149	Ricardo Miguel Magalhães Nunes	fridão sem limites	Senior Masculino	03:48:07	+48:59	06:31
51	367	Patrick Marques	trail running clube btt sangueado	Veterano M40	03:48:49	+49:40	06:32
52	327	Miguel Sousa	os santa apolónia	Veterano M40	03:48:56	+49:47	06:32
53	122	Fernando Álvarez Garcia	e. castro trail	Veterano M45	03:48:58	+49:50	06:33
54	22	Inês Moreira	a.d.amarante trail running	Senior Feminino	03:50:05	+50:56	06:34
55	24	Paula Soares	a.d.amarante trail running	Senior Feminino	03:50:05	+50:56	06:34
56	208	Ricardo Boucinha	individual	Senior Masculino	03:51:10	+52:01	06:36
57	302	Pedro Vieira	mountain runners	Senior Masculino	03:51:11	+52:02	06:36
58	69	Ricardo Ribeiro	brabus runners	Senior Masculino	03:51:18	+52:10	06:37
59	365	Bruno Gonçalves	trail bem viver	Senior Masculino	03:51:52	+52:44	06:37
60	214	João Barbosa	individual	Sub 23 Masculino	03:53:02	+53:54	06:39
61	223	carlos barbosa	individual	Veterano M40	03:53:05	+53:56	06:40
62	310	José Pinto	nós acreditamos	Senior Masculino	03:53:07	+53:59	06:40
63	325	Mariana Machado	os santa apolónia	Senior Feminino	03:53:13	+54:04	06:40
64	58	Marcolino Veríssimo	amcf - arrábida trail team	Veterano M45	03:54:40	+55:32	06:42
65	199	Marco Silva	individual	Senior Masculino	03:55:21	+56:13	06:43
66	204	Nuno Oliveira	individual	Senior Masculino	03:55:37	+56:28	06:44
67	364	Vitor Coelho	team sindeq	Veterano M45	03:55:37	+56:29	06:44
68	110	Ricardo Barros	douroconta - gabinete de apoio e contabilidade, lda	Senior Masculino	03:56:28	+57:19	06:45
69	27	Bruno Teixeira	a.d.amarante trail running	Senior Masculino	03:56:28	+57:20	06:45
70	336	Filipe Fernandes	palmeira runners	Senior Masculino	03:57:41	+58:32	06:47
71	291	Filipe Correia	minho e lima trail	Senior Masculino	03:58:45	+59:36	06:49
72	26	Bruno Santos	a.d.amarante trail running	Senior Masculino	03:59:08	+59:59	06:50
73	17	Rita Loureiro	oralklass-amigos do trail	Senior Feminino	03:59:13	+01:00:05	06:50
74	130	Nelson Baptista Andrade	enjoy n go runners	Senior Masculino	03:59:30	+01:00:22	06:51
75	75	José Fins	braguinhas runners	Veterano M45	04:00:14	+01:01:05	06:52
76	8	Filipe Carneiro	oralklass-amigos do trail	Senior Masculino	04:00:45	+01:01:36	06:53
77	352	Luís Martins	riofit running	Senior Masculino	04:01:40	+01:02:32	06:54
78	1	Maria Areias	oralklass-amigos do trail	Senior Feminino	04:02:18	+01:03:10	06:55
79	312	Francisco Lemos	nós acreditamos	Veterano M55	04:02:19	+01:03:10	06:55
80	176	Artur Pereira	individual	Senior Masculino	04:02:57	+01:03:48	06:56
81	353	Luís Miguel dos Reis Alves	roladores de basto	Senior Masculino	04:03:35	+01:04:26	06:58
82	136	Gonçalo António Pereira Reis	factor x / s4l / medense fc	Senior Masculino	04:04:35	+01:05:27	06:59
83	141	António Carvalho	factor x / s4l / medense fc	Veterano M40	04:04:36	+01:05:27	06:59
84	241	António Manuel Fraga Miranda	individual	Veterano M45	04:04:40	+01:05:31	06:59
85	346	Raul Silva	profisio team	Veterano M40	04:04:45	+01:05:36	07:00

TRAIL LONGO - STAGE 1

35 KM

OFFICIAL RESULT



RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
86	87	Ricardo Silva	clube trilheiros & amigos	Senior Masculino	04:05:34	+01:06:25	07:01
87	49	Tiago Portela	alexandra carvalho team	Senior Masculino	04:05:40	+01:06:31	07:01
88	266	Joaquim Fernandes Pinheiro	individual	Veterano M50	04:05:47	+01:06:38	07:01
89	318	Paulo Osório	ocs proaventuras	Veterano M45	04:06:21	+01:07:12	07:02
90	146	António Rocha	factor x / s4l / medense fc	Veterano M60	04:06:24	+01:07:15	07:02
91	349	Narciso Machado	profisio team	Veterano M50	04:07:20	+01:08:12	07:04
92	359	Miguel Silva	sueca italiana	Senior Masculino	04:07:25	+01:08:16	07:04
93	5	Antonio Pinto	oralklass-amigos do trail	Senior Masculino	04:08:49	+01:09:40	07:07
94	164	Rafael Escrivães	gtt - armazem do caffe	Senior Masculino	04:09:23	+01:10:14	07:08
95	151	Manuel Pinheiro	fridão sem limites	Veterano M45	04:09:56	+01:10:48	07:08
96	61	Jorge Alexandre Correia Moita	arasm - associação recreativa de s. miguel	Veterano M40	04:10:05	+01:10:56	07:09
97	131	José António Silva	ermida team	Veterano M45	04:10:09	+01:11:00	07:09
98	175	António Rocha	individual	Senior Masculino	04:10:26	+01:11:17	07:09
99	201	Nuno Correia	individual	Senior Masculino	04:11:08	+01:12:00	07:11
100	90	Carlos Alberto Gomes da Silva	clube trilheiros & amigos	Veterano M45	04:11:23	+01:12:14	07:11
101	3	Nádia Casteleiro	oralklass-amigos do trail	Senior Feminino	04:11:25	+01:12:16	07:11
102	19	Sergio Suzano	oralklass-amigos do trail	Senior Masculino	04:11:25	+01:12:16	07:11
103	227	Filipe TEixeira	individual	Veterano M40	04:12:21	+01:13:13	07:13
104	269	Luís Fontinha	individual	Veterano M50	04:12:23	+01:13:15	07:13
105	308	Jose Moreira Gomes	nocturnos de paredes	Veterano M50	04:12:26	+01:13:17	07:13
106	315	Lícinio Sequeira	o mundo da corrida	Veterano M45	04:12:34	+01:13:26	07:13
107	126	André Príncipe	edv- viana trail	Senior Masculino	04:12:47	+01:13:38	07:13
108	306	António Brito Teixeira	nocturnos de paredes	Veterano M40	04:13:01	+01:13:52	07:14
109	246	jose manuel mendes lopes	individual	Veterano M45	04:13:06	+01:13:58	07:14
110	322	Fernando Jorge da Costa Pereira	os lobos do saibro	Senior Masculino	04:13:38	+01:14:30	07:15
111	323	Norberto Fernandes	os lobos do saibro	Senior Masculino	04:13:38	+01:14:30	07:15
112	79	Marco Jorge	cabritos da montanha	Veterano M40	04:14:22	+01:15:13	07:16
113	70	Ricardo Sampaio	brabus runners	Senior Masculino	04:14:25	+01:15:17	07:16
114	386	Nuno Miguel	individual	Senior Masculino	04:14:27	+01:15:18	07:16
115	362	Joaquim Silva	team lanthemil	Veterano M45	04:14:54	+01:15:45	07:17
116	268	Jose Oliveira	individual	Veterano M50	04:15:39	+01:16:30	07:18
117	281	Jorge Domingues	lebres minhotas	Veterano M45	04:17:22	+01:18:14	07:21
118	235	Paulo Machado	individual	Veterano M40	04:18:01	+01:18:52	07:22
119	50	João Guilherme Afonso	alexandra carvalho team	Sub 23 Masculino	04:18:07	+01:18:58	07:22
120	35	Hélder Pinto	a.d.amarante trail running	Veterano M40	04:18:09	+01:19:01	07:23
121	356	José Carlos Coelho	socksby/afacycles	Veterano M40	04:18:31	+01:19:22	07:23
122	183	Carlos Cardoso	individual	Senior Masculino	04:18:58	+01:19:49	07:24
123	211	Rui André Martins	individual	Senior Masculino	04:19:10	+01:20:01	07:24
124	197	LUIS SANTOS	individual	Senior Masculino	04:19:32	+01:20:23	07:25
125	272	alfredo costa	individual	Veterano M55	04:20:06	+01:20:58	07:26
126	288	Lúcia Lourenço	lúcia	Senior Feminino	04:20:12	+01:21:04	07:26
127	83	Ângelo Pereira	centro ciclista de gondomar	Veterano M55	04:20:20	+01:21:11	07:26
128	379	Alcino Santos	vertical navis	Veterano M50	04:20:20	+01:21:12	07:26
129	309	Hélder Ribeiro	nós acreditamos	Senior Masculino	04:20:32	+01:21:23	07:27
130	113	Claudio Monteiro	douroconta - gabinete de apoio e contabilidade, lda	Veterano M50	04:20:51	+01:21:42	07:27

TRAIL LONGO - STAGE 1

35 KM

R
REVISED

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
131	347	Abilio Pereira	profisio team	Veterano M45	04:21:40	+01:22:31	07:29
132	316	César Lobo	o que queremos é monte	Veterano M40	04:21:41	+01:22:32	07:29
133	210	Roberto Filipe Domingos da Silva Pereira	individual	Senior Masculino	04:21:41	+01:22:33	07:29
134	299	Manuel Moreno	morcegos trail	Veterano M60	04:21:43	+01:22:35	07:29
135	295	Filipe Ferreira	team trail bem viver	Senior Masculino	04:21:57	+01:22:48	07:29
136	104	Guilhermino Meireles	ctm vila pouca de aguiar	Veterano M40	04:22:18	+01:23:10	07:30
137	376	João Pereira Pinto	u.f. comércio e indústria atletismo	Veterano M50	04:23:04	+01:23:55	07:31
138	65	PAULO BAPTISTA	atletismo club da tocha	Veterano M45	04:23:34	+01:24:25	07:32
139	198	Marco Aurélio Gonçalves Marques	individual	Senior Masculino	04:24:17	+01:25:08	07:33
140	368	Dionísio Ferreira	team trail bem viver	Senior Masculino	04:25:19	+01:26:10	07:35
141	218	Alexandra Fernandes	individual	Veterana F50	04:25:24	+01:26:16	07:35
142	129	Pedro Lopes	edv- viana trail	Senior Masculino	04:26:04	+01:26:55	07:36
143	62	Horácio Ferreira	arism - associação recreativa de s. miguel	Veterano M50	04:26:38	+01:27:29	07:37
144	189	Inacio Ribeiro	individual	Senior Masculino	04:26:41	+01:27:32	07:37
145	193	Jose pereira	individual	Senior Masculino	04:27:52	+01:28:43	07:39
146	375	Ana Piedade Grade	u.f. comércio e indústria atletismo	Veterana F40	04:27:53	+01:28:44	07:39
147	53	José Silva	alexandra carvalho team	Veterano M40	04:27:53	+01:28:44	07:39
148	326	José Martins	os santa apolónia	Veterano M40	04:28:19	+01:29:10	07:40
149	124	Domingos Manuel Marques Dias	ecobarcaventura	Veterano M45	04:28:22	+01:29:14	07:40
150	97	Ricardo Dantas	crocodilos / misterpc	Veterano M40	04:29:52	+01:30:43	07:43
151	329	Carlos Ribeiro	os2horas	Senior Masculino	04:29:56	+01:30:47	07:43
152	105	Carlos Sousa	ctm vila pouca de aguiar	Veterano M50	04:31:04	+01:31:55	07:45
153	135	Nuno Teixeira	factor x / s4l / medense fc	Senior Masculino	04:31:09	+01:32:00	07:45
154	148	Andreia Ribeiro Almeida	fridão sem limites	Senior Feminino	04:31:52	+01:32:43	07:46
155	39	Pedro Guimaraes	a+	Veterano M45	04:33:11	+01:34:02	07:48
156	165	Ricardo Ferreira	gtt - armazem do cafe	Senior Masculino	04:33:32	+01:34:23	07:49
157	168	FERNANDO AREZES	gtt - armazem do cafe	Veterano M50	04:33:33	+01:34:24	07:49
158	140	Vitor Moreira	factor x / s4l / medense fc	Senior Masculino	04:33:57	+01:34:48	07:50
159	289	RICARDO PIMENTA	maratonistas do minho	Veterano M45	04:34:23	+01:35:14	07:50
160	13	Maria Gonçalves	oralklass-amigos do trail	Senior Feminino	04:34:25	+01:35:16	07:50
161	152	António Carlos da Silva Teixeira	fridão sem limites	Veterano M55	04:34:30	+01:35:21	07:51
162	360	paulo miguel da costa pereira loureiro	team lanthemil	Senior Masculino	04:34:42	+01:35:33	07:51
163	68	Edgar Costa	bikermania famalicão	Senior Masculino	04:34:46	+01:35:37	07:51
164	196	Luis Ferreira	individual	Senior Masculino	04:35:21	+01:36:12	07:52
165	41	Bruno Pereira	adeca associação desportiva de castelões	Senior Masculino	04:35:24	+01:36:15	07:52
166	342	Jorge Pereira	profisio team	Senior Masculino	04:35:37	+01:36:28	07:52
167	357	João Cardoso	ss montepio	Veterano M45	04:35:57	+01:36:48	07:53
168	40	João Ramos	ade trail running	Sub 23 Masculino	04:36:32	+01:37:23	07:54
169	225	César Sousa	individual	Veterano M40	04:36:42	+01:37:33	07:54
170	350	Victor Vital	reumáticos da bila	Senior Masculino	04:36:45	+01:37:36	07:54
171	123	Miguel Ângelo Rêgo	ecobarcaventura	Veterano M40	04:36:47	+01:37:39	07:54
172	133	André Manita	factor x / s4l / medense fc	Senior Masculino	04:36:54	+01:37:45	07:55

TRAIL LONGO - STAGE 1

35 KM

OFFICIAL RESULT

R
REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
173	181	Bruno Moura	individual	Senior Masculino	04:37:03	+01:37:55	07:55
174	171	Raquel Andrade	individual	Senior Feminino	04:37:04	+01:37:55	07:55
175	205	Nuno Sá	individual	Senior Masculino	04:37:54	+01:38:46	07:56
176	242	António Oliveira	individual	Veterano M45	04:38:01	+01:38:52	07:57
177	21	Cláudia Moreira	a.d.amarante trail running	Senior Feminino	04:38:19	+01:39:10	07:57
178	240	Vitor Manuel VAz Cancela	individual	Veterano M40	04:38:34	+01:39:25	07:58
179	366	Rui Madureira	trail bem viver	Senior Masculino	04:39:10	+01:40:02	07:59
180	160	Vitor Fernandes	gondomar futsal clube	Senior Masculino	04:39:26	+01:40:17	07:59
181	43	Gil Pires	affense trail	Senior Masculino	04:41:23	+01:42:14	08:02
182	119	Olalla Castro Seoane	e. castro trail	Senior Feminino	04:41:49	+01:42:40	08:03
183	121	Mónica Novoa Barbosa	e. castro trail	Veterana F45	04:41:50	+01:42:41	08:03
184	258	Toze	individual	Veterano M45	04:41:53	+01:42:44	08:03
185	267	José Fernandes	individual	Veterano M50	04:42:21	+01:43:12	08:04
186	361	Miguel Araújo	team lantemil	Veterano M40	04:42:35	+01:43:26	08:04
187	150	Filipe Pinheiro	fridão sem limites	Veterano M40	04:43:24	+01:44:16	08:06
188	339	Vitor Almeida	paula	Veterano M55	04:43:35	+01:44:26	08:06
189	31	Leandro Anjos	a.d.amarante trail running	Senior Masculino	04:43:52	+01:44:44	08:07
190	344	Nelson Vaz	profisio team	Senior Masculino	04:44:39	+01:45:31	08:08
191	343	Nelson Machado	profisio team	Senior Masculino	04:44:39	+01:45:31	08:08
192	60	Carla Reis	arsm - associação recreativa de s. miguel	Veterana F45	04:45:05	+01:45:57	08:09
193	207	Pedro Nunes	individual	Senior Masculino	04:45:11	+01:46:03	08:09
194	179	Bruno Machado	individual	Senior Masculino	04:45:12	+01:46:03	08:09
195	82	Valter Gouveia	centro ciclista de gondomar	Senior Masculino	04:45:17	+01:46:09	08:09
196	120	Belen Rodriguez Vidal	e. castro trail	Veterana F40	04:47:03	+01:47:54	08:12
197	98	Ângelo Costa	ctm vila pouca de aguiar	Senior Masculino	04:47:21	+01:48:13	08:13
198	282	Bruno Monteiro	lion runners - g. d. leões da guarda	Senior Masculino	04:49:08	+01:50:00	08:16
199	263	Henrique Santos	individual	Veterano M50	04:49:43	+01:50:35	08:17
200	63	José Sousa	associação de atletismo lebres do sado	Veterano M45	04:50:35	+01:51:26	08:18
201	125	Manuel Cerqueira Pereira	ecobarcaventura	Veterano M55	04:50:51	+01:51:42	08:19
202	64	Carmen Ferreira	associação vale grande	Veterana F50	04:51:07	+01:51:58	08:19
203	101	Sérgio Vilela	ctm vila pouca de aguiar	Senior Masculino	04:51:08	+01:51:59	08:19
204	89	Adelino Pinto	clube trilheiros & amigos	Senior Masculino	04:51:12	+01:52:04	08:19
205	11	José Santos	oralklass-amigos do trail	Senior Masculino	04:52:04	+01:52:56	08:21
206	20	Ana Ferreira	a.d.amarante trail running	Senior Feminino	04:52:33	+01:53:24	08:22
207	32	Miguel Pereira	a.d.amarante trail running	Senior Masculino	04:52:33	+01:53:25	08:22
208	252	Pedro Barbosa	individual	Veterano M45	04:53:29	+01:54:20	08:23
209	88	Vítor Dias	clube trilheiros & amigos	Senior Masculino	04:53:41	+01:54:32	08:23
210	46	Carlos Pereira	affense trail	Veterano M45	04:55:47	+01:56:39	08:27
211	300	Patrícia Ribeiro	mountain runners	Senior Feminino	04:56:13	+01:57:04	08:28
212	188	Hugo Pinto	individual	Senior Masculino	04:56:13	+01:57:05	08:28
213	169	Jorge Lemos	guimarrunning	Veterano M45	04:56:31	+01:57:22	08:28
214	192	João Paulo Castro	individual	Senior Masculino	04:57:01	+01:57:52	08:29
215	95	Pedro Santos	crocodilos / misterpc	Senior Masculino	04:57:03	+01:57:54	08:29
216	243	Francisco Cerqueira	individual	Veterano M45	04:57:24	+01:58:15	08:30
217	93	EMANUEL ALMEIDA	comdor runners	Senior Masculino	04:57:33	+01:58:25	08:30
218	313	Eduardo Soares	novo doce trail	Senior Masculino	04:57:42	+01:58:33	08:30

TRAIL LONGO - STAGE 1

35 KM

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REVISED

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
219	30	Frederico Pinto	a.d.amarante trail running	Senior Masculino	04:59:17	+02:00:08	08:33
220	380	Miguel Barnabé	vertical navis	Veterano M50	04:59:41	+02:00:33	08:34
221	351	Rui Lobo Castro	rinus fafe	Senior Masculino	05:00:16	+02:01:07	08:35
222	275	Manuel Faria Sampaio	individual	Veterano M60	05:01:11	+02:02:02	08:36
223	296	Joel José GInga	montanha clube trail running/efapel	Senior Masculino	05:01:30	+02:02:22	08:37
224	324	Ana Azevedo	os santa apolónia	Senior Feminino	05:03:17	+02:04:09	08:40
225	328	Ricardo Meira	os santa apolónia	Veterano M40	05:03:18	+02:04:09	08:40
226	42	Marinha Pires	afifense trail	Senior Feminino	05:04:06	+02:04:58	08:41
227	170	Carla Araújo	individual	Senior Feminino	05:05:14	+02:06:06	08:43
228	237	Rui Miguel Aguiar Rodrigues	individual	Veterano M40	05:05:40	+02:06:31	08:44
229	134	Bruno Alexandre Braz Martins	factor x / s4l / medense fc	Senior Masculino	05:05:44	+02:06:36	08:44
230	230	josé Manuel Organista	individual	Veterano M40	05:05:44	+02:06:36	08:44
231	59	Ivo Miguel Lemos Martins	amigos das cubas	Senior Masculino	05:05:46	+02:06:37	08:44
232	226	Fernando	individual	Veterano M40	05:05:46	+02:06:38	08:44
233	341	Vitor Costa	piratas da montanha	Veterano M50	05:07:31	+02:08:23	08:47
234	340	Hugo Santos	piratas da montanha	Veterano M40	05:07:32	+02:08:23	08:47
235	172	Solange Sousa	individual	Senior Feminino	05:07:42	+02:08:33	08:47
236	167	Maria Conceição Queiroz Oliveira	gtt - armazem do caffe	Veterana F55	05:08:06	+02:08:58	08:48
237	229	João Nuno Faria	ocs proaventuras	Veterano M40	05:08:08	+02:08:59	08:48
238	92	Daniel Pinto	comdor runners	Senior Masculino	05:08:09	+02:09:01	08:48
239	244	Helder rodrigues	individual	Veterano M45	05:09:02	+02:09:53	08:50
240	144	Pedro Marques	factor x / s4l / medense fc	Veterano M45	05:09:16	+02:10:07	08:50
241	355	António Pereira	sociedade recreio cepanense	Veterano M45	05:10:07	+02:10:58	08:52
242	283	João Tiago Silva	liz runners	Senior Masculino	05:11:37	+02:12:28	08:54
243	54	Alvaro Nunes	all about	Veterano M45	05:11:50	+02:12:41	08:55
244	106	Andrea Cubha	danados	Senior Feminino	05:11:50	+02:12:41	08:55
245	81	Simão Guimarães	celtic challenge crew	Veterano M40	05:12:31	+02:13:22	08:56
246	317	Rogério Abreu	o que queremos é monte	Veterano M40	05:12:31	+02:13:22	08:56
247	100	César Sousa	ctm vila pouca de aguiar	Senior Masculino	05:13:05	+02:13:57	08:57
248	270	Paulo Ferreira	individual	Veterano M50	05:13:21	+02:14:12	08:57
249	48	Bruno Miguel Pereira Ribeiro	apúlia a correr	Senior Masculino	05:13:30	+02:14:22	08:57
250	290	Paulo Jorge Costa Oliveira	minho aventura	Senior Masculino	05:13:50	+02:14:42	08:58
251	157	Andreia Amorim	gondomar futsal clube	Senior Feminino	05:14:08	+02:14:59	08:59
252	77	José Rui Alves Marinho	c c s d trabalhadores camara municipal de fafe	Veterano M45	05:14:27	+02:15:19	08:59
253	194	Jose vitor campos costa	individual	Senior Masculino	05:14:34	+02:15:25	08:59
254	256	Rui Fernandes	individual	Veterano M45	05:14:51	+02:15:42	09:00
255	96	João Teixeira	crocodilos / misterpc	Veterano M40	05:15:01	+02:15:52	09:00
256	236	Ricardo Castro	individual	Veterano M40	05:15:04	+02:15:55	09:00
257	38	João Gil	a.d.amarante trail running	Veterano M60	05:18:04	+02:18:55	09:05
258	74	Samy Costa	braguinhas runners	Veterana F50	05:18:51	+02:19:42	09:07
259	259	Vitor Viana	individual	Veterano M45	05:20:55	+02:21:47	09:10
260	212	Silvio José Martins de Freitas	individual	Senior Masculino	05:22:02	+02:22:53	09:12
261	187	Helder Cunha	individual	Senior Masculino	05:22:12	+02:23:04	09:12
262	180	Bruno Marques	individual	Senior Masculino	05:22:42	+02:23:33	09:13
263	202	Nuno Gonçalves	individual	Senior Masculino	05:22:42	+02:23:33	09:13

TRAIL LONGO - STAGE 1
35 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
264	228	Francisco Rebelo	individual	Veterano M40	05:25:01	+02:25:52	09:17
265	287	Pedro Tavares	los manos	Senior Masculino	05:25:39	+02:26:30	09:18
266	67	Elena Domínguez González	aviva sport	Veterana F40	05:26:23	+02:27:14	09:20
267	142	Mário Pedro dos Santos Ferreira	factor x / s4l / medense fc	Veterano M40	05:26:50	+02:27:42	09:20
268	238	Rui Sérgio Palma Barreto	individual	Veterano M40	05:27:01	+02:27:52	09:21
269	273	Antonio Mendes	individual	Veterano M55	05:28:40	+02:29:31	09:23
270	173	Vera Fernandes	individual	Senior Feminino	05:29:33	+02:30:24	09:25
271	103	António Campos	ctm vila pouca de aguiar	Veterano M40	05:30:34	+02:31:25	09:27
272	99	Bruno Sousa	ctm vila pouca de aguiar	Senior Masculino	05:30:36	+02:31:27	09:27
273	145	Rui Miguel Moreira Mota	factor x / s4l / medense fc	Veterano M45	05:31:17	+02:32:08	09:28
274	45	Carolina Pereira	afifense trail	Veterana F45	05:31:24	+02:32:15	09:28
275	264	João Alexandre Carlos de Almeida	individual	Veterano M50	05:33:42	+02:34:33	09:32
276	143	Paulo Freitas	factor x / s4l / medense fc	Veterano M40	05:34:19	+02:35:11	09:33
277	108	Carla Antunes	dive into the mountains	Veterana F40	05:35:16	+02:36:07	09:35
278	84	Filipe Afonso	clube de montanhismo da guarda	Veterano M40	05:40:42	+02:41:34	09:44
279	348	Dinis	profisio team	Veterano M50	05:40:42	+02:41:34	09:44
280	314	Nuno Capela	núcleo de montanha de espinho	Veterano M40	05:40:44	+02:41:36	09:44
281	334	João Sobreiro	padela natural team - fisiofreixo	Senior Masculino	05:41:45	+02:42:36	09:46
282	333	Sara Meira	padela natural team - fisiofreixo	Senior Feminino	05:41:45	+02:42:37	09:46
283	335	José Luís Gomes Pinto Maciel	padela natural team - fisiofreixo	Sub 23 Masculino	05:41:45	+02:42:37	09:46
284	279	José António Martins	josé	Veterano M55	05:42:18	+02:43:09	09:47
285	159	Filipe Leitão	gondomar futsal clube	Senior Masculino	05:42:18	+02:43:09	09:47
286	337	Deolinda Brites Antunes	palmeira runners	Veterana F45	05:42:59	+02:43:50	09:48
287	338	Manuel António e Sá da Graça	palmeira runners	Veterano M45	05:42:59	+02:43:50	09:48
288	254	Ricardo Jose Mendes Ribeiro	individual	Veterano M45	05:43:43	+02:44:35	09:49
289	51	Solange de Jesus Cunha Cabral	alexandra carvalho team	Veterana F40	05:46:25	+02:47:16	09:54
290	184	Carlos Teixeira	individual	Senior Masculino	05:47:19	+02:48:11	09:55
291	307	Gloria Souto	nocturnos de paredes	Veterana F40	05:47:24	+02:48:16	09:56
292	253	Pedro costa	individual	Veterano M45	05:47:49	+02:48:41	09:56
293	47	Carina Silva	alexandra carvalho team	Senior Feminino	05:48:11	+02:49:02	09:57
294	221	ANTONIO SOARES	individual	Veterano M40	05:48:56	+02:49:47	09:58
295	155	ADRIANO CARDOSO	global trail	Veterano M45	05:48:58	+02:49:50	09:58
296	262	Francisco Pereira Da Costa	individual	Veterano M50	05:49:11	+02:50:03	09:59
297	250	Manuel Araújo	individual	Veterano M45	05:49:11	+02:50:03	09:59
298	158	Lucie Trpisovska	gondomar futsal clube	Senior Feminino	05:52:18	+02:53:10	10:04
299	276	Elizabeth Ortiz	braguinhas runners	Veterana F45	05:52:35	+02:53:27	10:04
300	102	Lúcia Lemos	ctm vila pouca de aguiar	Veterana F50	05:53:10	+02:54:02	10:05
301	261	Artur Silva	individual	Veterano M50	05:54:09	+02:55:01	10:07
302	78	Maria José Machado	c.a.s.p.a. - clube amator só para atletismo	Veterana F55	06:12:52	+03:13:44	10:39
303	220	Rosa vaz	individual	Veterana F50	06:13:18	+03:14:10	10:40
304	73	Aurora Silva	braguinhas runners	Veterana F45	06:13:18	+03:14:10	10:40
305	76	José Fonseca	braguinhas runners	Veterano M55	06:13:18	+03:14:10	10:40
306	215	Beta Fernandes	individual	Veterana F40	06:13:19	+03:14:11	10:40

Trail Longo

35 KM

OFFICIAL RESULT

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	Time	Temperature	Humidity
Start	08:30	8°C	93%
End	15:32	8°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	TKM
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Senior Feminino

1	22	Inês Moreira	A.D.Amarante trail running	Senior Feminino	03:50:05	+50:56	06:34
2	24	Paula Soares	A.D.Amarante trail running	Senior Feminino	03:50:05	+50:56	06:34
3	325	Mariana Machado	Os Santa Apolónia	Senior Feminino	03:53:13	+54:04	06:40
4	17	Rita Loureiro	Oralklass-Amigos do Trail	Senior Feminino	03:59:13	+01:00:05	06:50
5	1	Maria Areias	Oralklass-Amigos do Trail	Senior Feminino	04:02:18	+01:03:10	06:55
6	3	Nádia Casteleiro	Oralklass-Amigos do Trail	Senior Feminino	04:11:25	+01:12:16	07:11
7	288	Lúcia Lourenço	Lúcia	Senior Feminino	04:20:12	+01:21:04	07:26
8	148	Andreia Ribeiro Almeida	Fridão Sem Limites	Senior Feminino	04:31:52	+01:32:43	07:46
9	13	Maria Gonçalves	Oralklass-Amigos do Trail	Senior Feminino	04:34:25	+01:35:16	07:50
10	171	Raquel Andrade	Individual	Senior Feminino	04:37:04	+01:37:55	07:55
11	21	Cláudia Moreira	A.D.Amarante trail running	Senior Feminino	04:38:19	+01:39:10	07:57
12	119	Olalla Castro Seoane	E. Castro Trail	Senior Feminino	04:41:49	+01:42:40	08:03
13	20	Ana Ferreira	A.D.Amarante trail running	Senior Feminino	04:52:33	+01:53:24	08:22
14	300	Patrícia Ribeiro	Mountain Runners	Senior Feminino	04:56:13	+01:57:04	08:28
15	324	Ana Azevedo	Os Santa Apolónia	Senior Feminino	05:03:17	+02:04:09	08:40
16	42	Marinha Pires	AFIFENSE TRAIL	Senior Feminino	05:04:06	+02:04:58	08:41
17	170	Carla Araújo	Individual	Senior Feminino	05:05:14	+02:06:06	08:43
18	172	Solange Sousa	Individual	Senior Feminino	05:07:42	+02:08:33	08:47
19	106	Andrea Cubha	Danados	Senior Feminino	05:11:50	+02:12:41	08:55
20	157	Andreia Amorim	GONDOMAR FUTSAL CLUBE	Senior Feminino	05:14:08	+02:14:59	08:59
21	173	Vera Fernandes	Individual	Senior Feminino	05:29:33	+02:30:24	09:25
22	333	Sara Meira	Padela Natural Team - Fisiofreixo	Senior Feminino	05:41:45	+02:42:37	09:46
23	47	Carina Silva	Alexandra Carvalho Team	Senior Feminino	05:48:11	+02:49:02	09:57
24	158	Lucie Trpisovska	GONDOMAR FUTSAL CLUBE	Senior Feminino	05:52:18	+02:53:10	10:04
25	25	Sónia Brás	A.D.Amarante trail running	Senior Feminino	06:21:09	+03:22:00	10:53

Senior Masculino

1	55	Aite Tamang	AMCF - ARRÁBIDA TRAIL TEAM	Senior Masculino	02:59:08		05:07
2	33	Paulo Costa	A.D.Amarante trail running	Senior Masculino	03:04:21	+05:12	05:16
3	369	Diogo Baena	U.F. Comércio e Indústria Atletismo	Senior Masculino	03:05:22	+06:13	05:18
4	114	DIOGO FERNANDES	Dr. Merino/4moove	Senior Masculino	03:06:46	+07:37	05:20
5	370	Helder Lopes Grosso	U.F. Comércio e Indústria Atletismo	Senior Masculino	03:08:59	+09:51	05:24
6	117	PAULO CONDE	Dr. Merino/4moove	Senior Masculino	03:12:10	+13:01	05:29
7	372	João Nogueira Caetano	U.F. Comércio e Indústria Atletismo	Senior Masculino	03:16:15	+17:06	05:36
8	4	Nuno Alves	Oralklass-Amigos do Trail	Senior Masculino	03:16:45	+17:36	05:37
9	10	João Nogueira	Oralklass-Amigos do Trail	Senior Masculino	03:19:20	+20:11	05:42

Official Timekeeper: Lap2Go	1 / 9	generate 05-Mar-2018 11:53
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Trail Longo

35 KM

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REVISED

OFFICIAL RESULT

10	56	Stefan Pequito	AMCF - ARRÁBIDA TRAIL TEAM	Senior Masculino	03:21:59	+22:50	05:46
11	115	Edgar Resende	Dr. Merino/4moove	Senior Masculino	03:23:14	+24:05	05:48
12	118	Domingos Freitas	Dr. Merino/4moove	Senior Masculino	03:25:19	+26:10	05:52
13	139	Tiago Teixeira	Factor X / S4L / Medense FC	Senior Masculino	03:25:39	+26:31	05:53
14	116	JOÃO PATRICIO	Dr. Merino/4moove	Senior Masculino	03:25:40	+26:31	05:53
15	12	Luís Pedro	Oralklass-Amigos do Trail	Senior Masculino	03:26:27	+27:19	05:54
16	29	Cristiano Santos	A.D.Amarante trail running	Senior Masculino	03:26:32	+27:23	05:54
17	16	Rafael Cruz	Oralklass-Amigos do Trail	Senior Masculino	03:27:10	+28:02	05:55
18	371	João Canelas	U.F. Comércio e Indústria Atletismo	Senior Masculino	03:28:19	+29:10	05:57
19	373	João Santos Silva	U.F. Comércio e Indústria Atletismo	Senior Masculino	03:28:24	+29:15	05:57
20	111	Tiago Pinto	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Senior Masculino	03:30:46	+31:37	06:01
21	18	Seninho Ribeiro	Oralklass-Amigos do Trail	Senior Masculino	03:31:50	+32:41	06:03
22	14	Nuno Pereira	Oralklass-Amigos do Trail	Senior Masculino	03:33:15	+34:07	06:06
23	213	Tiago Gaspar	ARSM - Associação Recreativa de S. Miguel	Senior Masculino	03:33:19	+34:10	06:06
24	44	Tiago Marinho Freitas Subtil	AFIFENSE TRAIL	Senior Masculino	03:35:21	+36:12	06:09
25	6	Fernando Neves	Oralklass-Amigos do Trail	Senior Masculino	03:35:42	+36:33	06:10
26	374	Marcelo Graça	U.F. Comércio e Indústria Atletismo	Senior Masculino	03:36:44	+37:35	06:12
27	319	Miguel Jaques	Olimpico Vianense Trail	Senior Masculino	03:36:44	+37:35	06:12
28	132	Andre Filipe Oliveira Almeida	Factor X / S4L / Medense FC	Senior Masculino	03:38:24	+39:16	06:14
29	292	Joel Pereira	Minho e Lima Trail	Senior Masculino	03:43:31	+44:23	06:23
30	381	André Cunha	vimarunners	Senior Masculino	03:46:05	+46:57	06:28
31	190	João Menezes	Individual	Senior Masculino	03:46:56	+47:47	06:29
32	174	António Daniel da Silva Ribeiro	Individual	Senior Masculino	03:47:30	+48:21	06:30
33	149	Ricardo Miguel Magalhães Nunes	Fridão Sem Limites	Senior Masculino	03:48:07	+48:59	06:31
34	208	Ricardo Boucinha	Individual	Senior Masculino	03:51:10	+52:01	06:36
35	302	Pedro Vieira	Mountain Runners	Senior Masculino	03:51:11	+52:02	06:36
36	69	Ricardo Ribeiro	Brabus Runners	Senior Masculino	03:51:18	+52:10	06:37
37	365	Bruno Gonçalves	Trail Bem Viver	Senior Masculino	03:51:52	+52:44	06:37
38	310	José Pinto	Nós Acreditamos	Senior Masculino	03:53:07	+53:59	06:40
39	199	Marco Silva	Individual	Senior Masculino	03:55:21	+56:13	06:43
40	204	Nuno Oliveira	Individual	Senior Masculino	03:55:37	+56:28	06:44
41	110	Ricardo Barros	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Senior Masculino	03:56:28	+57:19	06:45
42	27	Bruno Teixeira	A.D.Amarante trail running	Senior Masculino	03:56:28	+57:20	06:45
43	336	Filipe Fernandes	Palmeira Runners	Senior Masculino	03:57:41	+58:32	06:47
44	291	Filipe Correia	Minho e Lima Trail	Senior Masculino	03:58:45	+59:36	06:49
45	26	Bruno Santos	A.D.Amarante trail running	Senior Masculino	03:59:08	+59:59	06:50
46	130	Nelson Baptista Andrade	Enjoy n Go Runners	Senior Masculino	03:59:30	+01:00:22	06:51
47	8	Filipe Carneiro	Oralklass-Amigos do Trail	Senior Masculino	04:00:45	+01:01:36	06:53
48	352	Luís Martins	RIOFIT RUNNING	Senior Masculino	04:01:40	+01:02:32	06:54
49	176	Artur Pereira	Individual	Senior Masculino	04:02:57	+01:03:48	06:56
50	353	Luís Miguel dos Reis Alves	Roladores de Basto	Senior Masculino	04:03:35	+01:04:26	06:58
51	136	Gonçalo António Pereira Reis	Factor X / S4L / Medense FC	Senior Masculino	04:04:35	+01:05:27	06:59

Trail Longo

35 KM

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OFFICIAL RESULT

97	82	Valter Gouveia	CENTRO CICLISTA DE GONDOMAR	Senior Masculino	04:45:17	+01:46:09	08:09
98	98	Ângelo Costa	CTM VILA POUÇA DE AGUIAR	Senior Masculino	04:47:21	+01:48:13	08:13
99	282	Bruno Monteiro	LION RUNNERS - G. D. Leões da Guarda	Senior Masculino	04:49:08	+01:50:00	08:16
100	101	Sérgio Vilela	CTM VILA POUÇA DE AGUIAR	Senior Masculino	04:51:08	+01:51:59	08:19
101	89	Adelino Pinto	Clube Trilheiros & amigos	Senior Masculino	04:51:12	+01:52:04	08:19
102	11	José Santos	Oralklass-Amigos do Trail	Senior Masculino	04:52:04	+01:52:56	08:21
103	32	Miguel Pereira	A.D.Amarante trail running	Senior Masculino	04:52:33	+01:53:25	08:22
104	88	Vítor Dias	Clube Trilheiros & amigos	Senior Masculino	04:53:41	+01:54:32	08:23
105	188	Hugo Pinto	Individual	Senior Masculino	04:56:13	+01:57:05	08:28
106	192	João Paulo Castro	Individual	Senior Masculino	04:57:01	+01:57:52	08:29
107	95	Pedro Santos	CROCODILOS / MISTERPC	Senior Masculino	04:57:03	+01:57:54	08:29
108	93	EMANUEL ALMEIDA	ComDor Runners	Senior Masculino	04:57:33	+01:58:25	08:30
109	313	Eduardo Soares	Novo Doce Trail	Senior Masculino	04:57:42	+01:58:33	08:30
110	30	Frederico Pinto	A.D.Amarante trail running	Senior Masculino	04:59:17	+02:00:08	08:33
111	351	Rui Lobo Castro	RINUS FAPE	Senior Masculino	05:00:16	+02:01:07	08:35
112	296	Joel José Gínga	MONTANHA CLUBE TRAIL RUNNING/EFAPEL	Senior Masculino	05:01:30	+02:02:22	08:37
113	134	Bruno Alexandre Braz Martins	Factor X / S4L / Medense FC	Senior Masculino	05:05:44	+02:06:36	08:44
114	59	Ivo Miguel Lemos Martins	Amigos das Cubas	Senior Masculino	05:05:46	+02:06:37	08:44
115	92	Daniel Pinto	ComDor Runners	Senior Masculino	05:08:09	+02:09:01	08:48
116	283	João Tiago Silva	LIZ RUNNERS	Senior Masculino	05:11:37	+02:12:28	08:54
117	100	César Sousa	CTM VILA POUÇA DE AGUIAR	Senior Masculino	05:13:05	+02:13:57	08:57
118	48	Bruno Miguel Pereira Ribeiro	Apúlia a Correr	Senior Masculino	05:13:30	+02:14:22	08:57
119	290	Paulo Jorge Costa Oliveira	MINHO AVENTURA	Senior Masculino	05:13:50	+02:14:42	08:58
120	194	Jose vitor campos costa	Individual	Senior Masculino	05:14:34	+02:15:25	08:59
121	212	Silvio José Martins de Freitas	Individual	Senior Masculino	05:22:02	+02:22:53	09:12
122	187	Helder Cunha	Individual	Senior Masculino	05:22:12	+02:23:04	09:12
123	180	Bruno Marques	Individual	Senior Masculino	05:22:42	+02:23:33	09:13
124	202	Nuno Gonçalves	Individual	Senior Masculino	05:22:42	+02:23:33	09:13
125	287	Pedro Tavares	Los Manos	Senior Masculino	05:25:39	+02:26:30	09:18
126	99	Bruno Sousa	CTM VILA POUÇA DE AGUIAR	Senior Masculino	05:30:36	+02:31:27	09:27
127	334	João Sobreiro	Padela Natural Team - Fisiofreixo	Senior Masculino	05:41:45	+02:42:36	09:46
128	159	Filipe Leitão	GONDOMAR FUTSAL CLUBE	Senior Masculino	05:42:18	+02:43:09	09:47
129	184	Carlos Teixeira	Individual	Senior Masculino	05:47:19	+02:48:11	09:55
130	206	Pedro Neves	Individual	Senior Masculino	06:22:49	+03:23:40	10:56

Sub 23 Masculino

1	2	António Braziela	Oralklass-Amigos do Trail	Sub 23 Masculino	03:10:06	+10:58	05:26
2	163	João Lopes	GRUPO DESPORTIVO DA PARREIRA	Sub 23 Masculino	03:23:15	+24:06	05:48
3	214	João Barbosa	Individual	Sub 23 Masculino	03:53:02	+53:54	06:39
4	50	João Guilherme Afonso	Alexandra Carvalho Team	Sub 23 Masculino	04:18:07	+01:18:58	07:22
5	40	João Ramos	ADE Trail Running	Sub 23 Masculino	04:36:32	+01:37:23	07:54
6	335	José Luís Gomes Pinto Maciel	Padela Natural Team - Fisiofreixo	Sub 23 Masculino	05:41:45	+02:42:37	09:46

Trail Longo

35 KM



OFFICIAL RESULT

38	254	Ricardo Jose Mendes Ribeiro	Individual	Veterano M45	05:43:43	+02:44:35	09:49
39	253	Pedro costa	Individual	Veterano M45	05:47:49	+02:48:41	09:56
40	155	ADRIANO CARDOSO	GLOBAL TRAIL	Veterano M45	05:48:58	+02:49:50	09:58
41	250	Manuel Araújo	Individual	Veterano M45	05:49:11	+02:50:03	09:59
42	147	luis oliveira	felgueiras team trail	Veterano M45	06:13:43	+03:14:35	10:41

Veterano M50

1	377	Virgílio Gomes	U.F. Comércio e Indústria Atletismo	Veterano M50	03:18:45	+19:37	05:41
2	260	António Amador	Individual	Veterano M50	03:41:09	+42:00	06:19
3	266	Joaquim Fernandes Pinheiro	Individual	Veterano M50	04:05:47	+01:06:38	07:01
4	349	Narciso Machado	Profisio Team	Veterano M50	04:07:20	+01:08:12	07:04
5	269	Luís Fontinha	Individual	Veterano M50	04:12:23	+01:13:15	07:13
6	308	Jose Moreira Gomes	Nocturnos de Paredes	Veterano M50	04:12:26	+01:13:17	07:13
7	268	Jose Oliveira	Individual	Veterano M50	04:15:39	+01:16:30	07:18
8	379	Alcino Santos	Vertical Navis	Veterano M50	04:20:20	+01:21:12	07:26
9	113	Claudio Monteiro	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Veterano M50	04:20:51	+01:21:42	07:27
10	376	João Pereira Pinto	U.F. Comércio e Indústria Atletismo	Veterano M50	04:23:04	+01:23:55	07:31
11	62	Horácio Ferreira	ARSM - Associação Recreativa de S. Miguel	Veterano M50	04:26:38	+01:27:29	07:37
12	105	Carlos Sousa	CTM VILA POUCA DE AGUIAR	Veterano M50	04:31:04	+01:31:55	07:45
13	168	FERNANDO AREZES	GTT - ARMAZEM DO CAFFE	Veterano M50	04:33:33	+01:34:24	07:49
14	267	José Fernandes	Individual	Veterano M50	04:42:21	+01:43:12	08:04
15	263	Henrique Santos	Individual	Veterano M50	04:49:43	+01:50:35	08:17
16	380	Miguel Barnabé	Vertical Navis	Veterano M50	04:59:41	+02:00:33	08:34
17	341	Vitor Costa	Piratas da montanha	Veterano M50	05:07:31	+02:08:23	08:47
18	270	Paulo Ferreira	Individual	Veterano M50	05:13:21	+02:14:12	08:57
19	264	João Alexandre Carlos de Almeida	Individual	Veterano M50	05:33:42	+02:34:33	09:32
20	348	Dinis	Profisio Team	Veterano M50	05:40:42	+02:41:34	09:44
21	262	Francisco Pereira Da Costa	Individual	Veterano M50	05:49:11	+02:50:03	09:59
22	261	Artur Silva	Individual	Veterano M50	05:54:09	+02:55:01	10:07
23	271	Valdemar Almeida	Individual	Veterano M50	06:30:42	+03:31:33	11:10

Veterano M55

1	312	Francisco Lemos	Nós Acreditamos	Veterano M55	04:02:19	+01:03:10	06:55
2	272	alfredo costa	Individual	Veterano M55	04:20:06	+01:20:58	07:26
3	83	Ângelo Pereira	CENTRO CICLISTA DE GONDOMAR	Veterano M55	04:20:20	+01:21:11	07:26
4	152	António Carlos da Silva Teixeira	Fridão Sem Limites	Veterano M55	04:34:30	+01:35:21	07:51
5	339	Vitor Almeida	Paula	Veterano M55	04:43:35	+01:44:26	08:06
6	125	Manuel Cerqueira Pereira	Ecobarcaventura	Veterano M55	04:50:51	+01:51:42	08:19
7	273	Antonio Mendes	Individual	Veterano M55	05:28:40	+02:29:31	09:23
8	279	José António Martins	José	Veterano M55	05:42:18	+02:43:09	09:47

TRAIL CURTO - STAGE 1
18 KM
OFFICIAL RESULT


RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
40	1525	Vitor Carvalho	primavera - garrações team	Senior Masculino	01:52:44	+23:09	06:16
41	1381	Fernando Nunes	individual	Veterano M40	01:52:50	+23:15	06:16
42	1576	João Aprígio Abreu Faria	skylevanta-se	Veterano M50	01:53:06	+23:31	06:17
43	1628	Helder Pereira	travassós running fafe	Veterano M40	01:53:30	+23:55	06:18
44	1445	André Sendão	lethes trail team	Senior Masculino	01:53:47	+24:12	06:19
45	1001	Adriana Gomes	minho aventura	Senior Feminino	01:53:56	+24:21	06:20
46	1301	João Machado	individual	Senior Masculino	01:53:57	+24:22	06:20
47	1373	Carlos Nogueira	individual	Veterano M40	01:53:58	+24:23	06:20
48	1536	Manuel Freitas	profisio team	Veterano M40	01:54:02	+24:26	06:20
49	1560	Ricardo Freitas	riofit running	Senior Masculino	01:54:11	+24:36	06:21
50	1050	Carlos Vinhas	águias penafiel trail	Veterano M50	01:54:53	+25:17	06:23
51	1587	Carlos Lopes	sociedade recreio cepanense	Veterano M40	01:55:12	+25:37	06:24
52	1460	Pedro Gaio	lion runners - g. d. leões da guarda	Veterano M40	01:55:25	+25:50	06:25
53	1271	Bruno Pereira	individual	Senior Masculino	01:55:33	+25:58	06:25
54	1379	Eugenio cunha	individual	Veterano M40	01:55:36	+26:01	06:25
55	1415	Rui Rodrigues	mountain runners	Veterano M40	01:55:38	+26:03	06:25
56	86	Adelino Pinto	clube trilheiros & amigos	Senior Masculino	01:55:52	+26:17	06:26
57	1107	Jorge Silva	centro ciclista de gondomar	Veterano M50	01:55:52	+26:17	06:26
58	321	RUI FARIA	olímpico vianense trail	Senior Masculino	01:55:55	+26:20	06:26
59	1260	André Dias	individual	Senior Masculino	01:56:44	+27:09	06:29
60	1474	Tiago Moreira	nocturnos de paredes	Senior Masculino	01:56:49	+27:14	06:29
61	1116	Joaquim Rodrigues Pinto	clube trilheiros & amigos	Veterano M40	01:57:00	+27:25	06:30
62	1594	Rui Silva	sociedade recreio cepanense	Veterano M40	01:57:07	+27:31	06:30
63	1369	António Caldas	individual	Veterano M40	01:57:17	+27:42	06:31
64	1617	Hugo Faria	the newbies	Senior Masculino	01:57:28	+27:53	06:32
65	1058	Paulo Pires	ama associação mondim atletismo	Senior Masculino	01:57:34	+27:59	06:32
66	1331	Saul Leite	individual	Senior Masculino	01:57:49	+28:14	06:33
67	1312	Nelson Lopes	individual	Senior Masculino	01:58:31	+28:56	06:35
68	1407	Paulo fernandes	individual	Veterano M40	01:58:34	+28:59	06:35
69	1488	António Cunha	nós acreditamos	Veterano M50	01:58:43	+29:08	06:36
70	1054	fernando magalhaes	ama associação mondim atletismo	Senior Masculino	01:59:05	+29:30	06:37
71	1208	Victor Fernandes	grupo desportivo da goma	Veterano M40	01:59:10	+29:35	06:37
72	1571	João Ribeiro	serafão4fun	Veterano M40	01:59:14	+29:39	06:37
73	1421	Vitor Barros	individual	Veterano M40	01:59:30	+29:55	06:38
74	1469	Hugo Fernandes	nocturnos de paredes	Senior Masculino	01:59:32	+29:57	06:38
75	1183	Rui Araújo	fama runners	Veterano M40	01:59:41	+30:06	06:39
76	1518	Henrique Rocha	primavera - garrações team	Senior Masculino	01:59:45	+30:10	06:39
77	1105	David Tavares	centro ciclista de gondomar	Veterano M50	01:59:48	+30:13	06:39
78	1462	Marco Miguel Castro do Rosário	ludens clube de machico	Veterano M40	01:59:50	+30:15	06:39
79	1589	Francisco Cunha	sociedade recreio cepanense	Veterano M40	02:00:00	+30:25	06:40
80	1598	René Teixeira	sociedade recreio cepanense	Veterano M50	02:00:00	+30:25	06:40
81	1484	Leandro Teixeira	nós acreditamos	Senior Masculino	02:00:24	+30:49	06:41
82	1096	Marcelo Goncalves Oliveira	c c s d trabalhadores camara municipal de fafe	Veterano M40	02:00:28	+30:53	06:42
83	1632	Ricardo Santos	vimarunners	Senior Masculino	02:00:33	+30:58	06:42
84	1100	Luís Jorge	cabritos da montanha	Veterano M40	02:00:34	+30:59	06:42

TRAIL CURTO - STAGE 1

18 KM

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
85	1010	Ângela Soares	a.d.amarante trail running	Senior Feminino	02:00:39	+31:04	06:42
86	248	Lúcio Simão Cunha	individual	Veterano M40	02:00:39	+31:04	06:42
87	1330	Rui Telmo Gomes	individual	Senior Masculino	02:00:50	+31:15	06:43
88	1459	Fernando Sampaio	lion runners - g. d. leões da guarda	Veterano M40	02:00:59	+31:24	06:43
89	1160	JOSE SILVA	ecobarcaventura	Veterano M40	02:01:36	+32:01	06:45
90	1064	Rui Pedro Pacheco de Carvalho	amigos das sapatilhas	Senior Masculino	02:01:42	+32:07	06:46
91	1182	Manuel Gomes	fama runners	Veterano M40	02:01:44	+32:09	06:46
92	1101	Ana Amaral	centro ciclista de gondomar	Veterana F40	02:01:55	+32:20	06:46
93	1444	Paulo Jorge loureiro	individual	Veterano M50	02:02:28	+32:53	06:48
94	1223	Cátia Mendes	individual	Senior Feminino	02:02:35	+33:00	06:49
95	1314	Nuno Baptista	individual	Senior Masculino	02:02:37	+33:02	06:49
96	1637	roberto silva	individual	Senior Masculino	02:02:38	+33:02	06:49
97	1013	Daniel Santos	a.d.amarante trail running	Senior Masculino	02:02:47	+33:12	06:49
98	1243	Marina Domingues	individual	Senior Feminino	02:02:50	+33:15	06:49
99	1169	Júlio André Baptista Sousa	factor x / s4l / medense fc	Senior Masculino	02:03:00	+33:25	06:50
100	1436	Joaquim Bento Fernandes	individual	Veterano M50	02:03:12	+33:37	06:51
101	1150	Antonio Azevedo	douroconta - gabinete de apoio e contabilidade, lda	Veterano M40	02:03:14	+33:39	06:51
102	1098	Pedro Vieira	c.c.recreativo de são martinho	Senior Masculino	02:03:36	+34:01	06:52
103	1554	Cidalia Novais	rinus fafe	Veterana F40	02:04:08	+34:33	06:54
104	1537	Mario	profisio team	Veterano M40	02:04:28	+34:53	06:55
105	1448	Nuno Sendão	lethes trail team	Veterano M40	02:04:43	+35:08	06:56
106	1620	Hélder Silva	the sect runners / since 1997	Senior Masculino	02:05:03	+35:28	06:57
107	1295	Hugo Santos	individual	Senior Masculino	02:05:22	+35:47	06:58
108	1406	Paulo Campos Gomes	individual	Veterano M40	02:05:26	+35:51	06:58
109	166	Rui Samuel	gtt - armazem do caffe	Senior Masculino	02:05:29	+35:53	06:58
110	182	Cesário Leite	brabus runners	Senior Masculino	02:05:40	+36:05	06:59
111	1561	Abílio Oliveira	riofit running	Veterano M40	02:05:59	+36:24	07:00
112	1565	Manuel Lopes	riofit running	Veterano M50	02:05:59	+36:24	07:00
113	1051	Pedro Miguel da Silva Ferreira	airão trail team	Senior Masculino	02:07:01	+37:26	07:03
114	1068	Pedro Magalhães	arco4run	Senior Masculino	02:07:02	+37:27	07:03
115	1268	Bruno Fernandes	individual	Senior Masculino	02:07:49	+38:14	07:06
116	1257	Abreu	individual	Senior Masculino	02:07:50	+38:15	07:06
117	1438	Joaquim Coelho	individual	Veterano M50	02:07:51	+38:16	07:06
118	1221	Ariana Araújo	individual	Senior Feminino	02:07:57	+38:22	07:07
119	1021	Rosa Barros	a.d.amarante trail running	Veterana F50	02:08:15	+38:40	07:08
120	1491	joaquim alberto carvalho da silva	oliveira do castelo guimaraes	Veterano M50	02:08:16	+38:41	07:08
121	1365	Alberto Fernandes	individual	Veterano M40	02:08:55	+39:20	07:10
122	1489	Fernando Silva	nós acreditamos	Veterano M50	02:09:10	+39:35	07:11
123	1530	Adriano Couto	profisio team	Senior Masculino	02:09:22	+39:47	07:11
124	1630	Orlando Pinto	travassós running fafe	Veterano M50	02:09:26	+39:51	07:11
125	1053	Rafaela Sousa	ama associação mondim atletismo	Senior Feminino	02:09:33	+39:58	07:12
126	1095	Vitor Hugo Gonçalves	c c s d trabalhadores camara municipal de fafe	Senior Masculino	02:09:40	+40:05	07:12
127	1524	Rogério Matos	primavera - garrafões team	Senior Masculino	02:09:41	+40:06	07:12

TRAIL CURTO - STAGE 1

18 KM

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	TKM
128	1168	Daniel Terra	factor x / s4l / medense fc	Senior Masculino	02:09:54	+40:19	07:13
129	358	Jose Costa	ss monteipio	Veterano M50	02:10:01	+40:26	07:13
130	1156	António Fonseca	dragon club	Veterano M40	02:10:06	+40:31	07:14
131	1154	Pedro Maciel	dragon club	Senior Masculino	02:10:06	+40:31	07:14
132	1077	Luís Carlos Silva	brabus runners	Senior Masculino	02:10:35	+41:00	07:15
133	1164	Vasco Faria	evolution trail team amve	Senior Masculino	02:10:44	+41:09	07:16
134	1429	Armando Pereira Fernandes	individual	Veterano M50	02:10:56	+41:21	07:16
135	1210	MARIA DO CEU LOPES LEMOS	gtt - armazem do caffee	Veterana F50	02:10:58	+41:23	07:17
136	1207	Luís Monteiro	grupo desportivo da goma	Veterano M40	02:11:15	+41:40	07:17
137	1205	Alexandre Mendes	grupo desportivo da goma	Veterano M40	02:11:15	+41:40	07:17
138	1522	Nelson Pereira	primavera - garrafões team	Senior Masculino	02:11:25	+41:50	07:18
139	1636	José Capela	guimarães corre corre	Veterano M50	02:11:35	+42:00	07:19
140	1386	Jorge ferreira	individual	Veterano M40	02:11:37	+42:02	07:19
141	1047	André Ferreira	adriano	Senior Masculino	02:12:15	+42:40	07:21
142	1305	Júlio Silva	individual	Senior Masculino	02:12:15	+42:40	07:21
143	1494	Gilberto Orlando	os lobos trail	Senior Masculino	02:12:19	+42:44	07:21
144	1119	Manuel Freire	clube trilheiros & amigos	Veterano M40	02:12:19	+42:44	07:21
145	1175	Filipe Fonseca	factor x / s4l / medense fc	Veterano M40	02:12:29	+42:54	07:22
146	1028	Carlos Macedo	a.d.amarante trail running	Veterano M50	02:12:44	+43:09	07:22
147	1504	André Oliveira	pó na lama trail runners	Senior Masculino	02:13:19	+43:43	07:24
148	1486	Armando Cardoso	nós acreditamos	Veterano M40	02:13:36	+44:01	07:25
149	1596	Maria Marinho	sociedade recreio cepanense	Veterana F50	02:13:37	+44:02	07:25
150	1447	Sandrina Gomes	lethes trail team	Veterana F40	02:13:38	+44:03	07:25
151	1066	Artur Jorge Cunha Moreira	amigos das sapatilhas	Veterano M50	02:13:48	+44:13	07:26
152	1377	Eduardo Nascimento	individual	Veterano M40	02:13:53	+44:18	07:26
153	1593	Patrício Rodrigues	sociedade recreio cepanense	Veterano M40	02:13:56	+44:21	07:26
154	301	Antonio Silva	mountain runners	Senior Masculino	02:14:13	+44:38	07:27
155	1483	Fábio Silva	nós acreditamos	Senior Masculino	02:14:14	+44:39	07:27
156	1296	JOÃO COSTA	individual	Senior Masculino	02:14:17	+44:42	07:28
157	1616	Eliana Pereira	team workout 48/cam	Senior Feminino	02:14:27	+44:52	07:28
158	1564	José Augusto Oliveira	riofit running	Veterano M40	02:14:51	+45:16	07:29
159	1535	Goretí Sousa	profisio team	Veterana F50	02:14:52	+45:17	07:30
160	1619	Fernando Mendes	the sect runners / since 1997	Senior Masculino	02:15:52	+46:17	07:33
161	1621	Leonel Pimenta	the sect runners / since 1997	Senior Masculino	02:15:52	+46:17	07:33
162	1103	Henrique Matos	centro ciclista de gondomar	Veterano M40	02:16:09	+46:34	07:34
163	1076	Natália Maria da Silva Lima	brabus runners	Senior Feminino	02:16:11	+46:36	07:34
164	1302	Jose Dias	individual	Senior Masculino	02:16:29	+46:54	07:35
165	1623	Nuno Duarte	travassós running fafe	Senior Masculino	02:16:39	+47:04	07:36
166	1562	Alberto Marques	riofit running	Veterano M40	02:16:43	+47:08	07:36
167	1072	RICARDO MENDES	barejo team	Senior Masculino	02:17:07	+47:32	07:37
168	1067	PAULO FERNANDO BARBOSA FREITAS	amigos parque vizela	Veterano M40	02:17:14	+47:39	07:37
169	1586	Manuela Bento	sociedade recreio cepanense	Veterana F50	02:17:19	+47:44	07:38
170	1527	Sofia Simoes	profisio team	Senior Feminino	02:17:22	+47:47	07:38
171	1566	Hugo lobo	run4all	Senior Masculino	02:18:05	+48:30	07:40
172	1181	José Manuel Silva	fama runners	Veterano M40	02:18:10	+48:35	07:41

TRAIL CURTO - STAGE 1

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REVISED

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	TKM
173	1433	Diamantino Martins Ribeiro	individual	Veterano M50	02:18:18	+48:43	07:41
174	1526	Sandra Leite	profisio team	Senior Feminino	02:18:21	+48:46	07:41
175	1146	Manuel Ferreira	ctm vila pouca de aguiar	Veterano M50	02:18:25	+48:50	07:41
176	1557	Daniel Martinho	riofit running	Senior Masculino	02:18:33	+48:58	07:42
177	1209	Ana Fontes	gtt - armazem do caffe	Senior Feminino	02:18:48	+49:13	07:43
178	1507	Adélio Valente	pousada de saramagos	Veterano M40	02:18:59	+49:23	07:43
179	1404	Nuno José Pereira Castro Freitas	individual	Veterano M40	02:19:04	+49:29	07:44
180	1563	João Silva	riofit running	Veterano M40	02:19:27	+49:52	07:45
181	1585	Cristina Cunha	sociedade recreio cepanense	Veterana F40	02:19:35	+50:00	07:45
182	1206	João Vieira	grupo desportivo da goma	Veterano M40	02:19:36	+50:01	07:45
183	1007	Alice Barbosa	a.d.amarante trail running	Senior Feminino	02:19:46	+50:11	07:46
184	1461	Ernesto Martins	lion runners - g. d. leões da guarda	Veterano M50	02:20:16	+50:41	07:48
185	1412	Ricardo Ceia	individual	Veterano M40	02:20:19	+50:44	07:48
186	1501	Rui Costa	os2horas	Senior Masculino	02:20:23	+50:48	07:48
187	1600	Susana Cardoso	ss montepio	Veterana F40	02:20:25	+50:50	07:48
188	1142	Miguel Ângelo Castro	crossfit 762 fafe	Veterano M40	02:20:31	+50:56	07:48
189	1035	António Dias	adepe	Veterano M40	02:20:57	+51:22	07:50
190	1036	Jorge Manuel Silva	adepe	Veterano M40	02:20:57	+51:22	07:50
191	1195	Bruno Carvalho	geadas running	Senior Masculino	02:21:00	+51:25	07:50
192	1196	Carlos ferreira	geadas running	Senior Masculino	02:21:00	+51:25	07:50
193	1289	Fábio André Araújo Gomes	individual	Senior Masculino	02:21:13	+51:38	07:51
194	1258	Agostinho Daniel da Cunha Lopes	individual	Senior Masculino	02:21:15	+51:40	07:51
195	1437	Joaquim Carvalho	individual	Veterano M50	02:21:23	+51:48	07:51
196	1343	Eunice Salgado	individual	Veterana F40	02:21:26	+51:51	07:51
197	1382	Fernando Peixoto	individual	Veterano M40	02:21:32	+51:57	07:52
198	1410	Paulo lara	individual	Veterano M40	02:21:40	+52:05	07:52
199	1306	Jurcelie Maia de Sousa	individual	Senior Masculino	02:21:42	+52:07	07:52
200	1275	CARLOS FORTE	individual	Senior Masculino	02:21:44	+52:09	07:52
201	1045	Vasco Lopes	adf combate	Veterano M40	02:21:51	+52:16	07:53
202	1040	Ana Oliveira	adf combate	Senior Feminino	02:22:03	+52:28	07:54
203	1495	Manuel Teixeira	os lobos trail	Senior Masculino	02:22:26	+52:51	07:55
204	1582	Ricardo Costa	sociedade recreio cepanense	Senior Masculino	02:22:32	+52:57	07:55
205	1138	Pedro Cunha	crossfit 762 fafe	Senior Masculino	02:22:32	+52:57	07:55
206	1307	Luís Campos	individual	Senior Masculino	02:22:32	+52:57	07:55
207	1395	Manuel Guedes	individual	Veterano M40	02:22:38	+53:03	07:55
208	1364	Abel Mota	individual	Veterano M40	02:23:10	+53:35	07:57
209	1211	Jose Manuel Braga Ferreira	gtt - armazem do caffe	Veterano M50	02:23:23	+53:48	07:58
210	1426	António da silva marques	individual	Veterano M50	02:23:33	+53:58	07:59
211	1396	Manuel Peixoto	individual	Veterano M40	02:23:34	+53:59	07:59
212	249	LUIS SILVA	individual	Veterano M40	02:23:45	+54:10	07:59
213	1606	Rui Freitas	ss montepio	Veterano M40	02:23:45	+54:10	07:59
214	1422	Vitor SOUSA	individual	Veterano M40	02:23:46	+54:11	07:59
215	1556	vitor gabriel marinho alves	rinus fafe	Veterano M40	02:23:46	+54:11	07:59
216	1085	Rui Ferriera	bragaxplora /nortinfo	Veterano M40	02:23:49	+54:14	07:59
217	1082	Cralos Cunha	bragaxplora /nortinfo	Veterano M40	02:23:49	+54:14	07:59

TRAIL CURTO - STAGE 1

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
353	1202	Pedro Pereira	grupo 46	Veterano M40	02:41:29	+01:11:54	08:58
354	1633	Aida Linhares	gtt - armazem do caffe	Veterana F40	02:41:30	+01:11:55	08:58
355	1353	Sandra Silva	individual	Veterana F40	02:41:30	+01:11:55	08:58
356	1090	Lucia Sousa	btt alegria // tubani	Senior Feminino	02:41:33	+01:11:58	08:58
357	1092	Maria Teixeira	btt alegria // tubani	Veterana F50	02:41:34	+01:11:59	08:59
358	1297	João Luís Barros	individual	Senior Masculino	02:41:36	+01:12:01	08:59
359	1194	Pedro Oliveira	fu jipu taskai bemosmaxos	Veterano M40	02:41:39	+01:12:04	08:59
360	1193	João Rodrigues	fu jipu taskai bemosmaxos	Senior Masculino	02:41:40	+01:12:05	08:59
361	1200	Ilídio Freitas	gondomar futsal clube	Veterano M50	02:41:43	+01:12:07	08:59
362	1070	Carlos Silva Ferreira	autistic runners	Veterano M40	02:42:00	+01:12:25	09:00
363	1411	Pedro Pombal	individual	Veterano M40	02:42:03	+01:12:28	09:00
364	1298	João Rui Mendes	individual	Senior Masculino	02:42:07	+01:12:32	09:00
365	1239	Liliana Cristina Soares	individual	Senior Feminino	02:42:09	+01:12:34	09:01
366	1173	Tiago Rodrigues	factor x / s4l / medense fc	Senior Masculino	02:42:11	+01:12:36	09:01
367	1228	Filipa Adriana Ferreira Carvalho	individual	Senior Feminino	02:42:13	+01:12:38	09:01
368	1456	Ricardo Freitas	lion runners - g. d. leões da guarda	Senior Masculino	02:42:16	+01:12:41	09:01
369	1334	Tiago Freitas	individual	Senior Masculino	02:42:17	+01:12:42	09:01
370	1548	Sónia Gilvaz	ribeiras trail	Veterana F40	02:42:34	+01:12:59	09:02
371	1029	JOAQUIM LOBO	addc run	Veterano M40	02:42:49	+01:13:14	09:03
372	1248	Rita Freitas	individual	Senior Feminino	02:43:23	+01:13:48	09:05
373	1590	João Doellinger	sociedade recreio cepanense	Veterano M40	02:43:28	+01:13:53	09:05
374	1304	Jose Silva	individual	Senior Masculino	02:43:33	+01:13:58	09:05
375	1321	Ricardo Costa	individual	Senior Masculino	02:44:00	+01:14:25	09:07
376	1367	António Alves	individual	Veterano M40	02:44:00	+01:14:25	09:07
377	1487	Álvaro Cardoso	nós acreditamos	Veterano M50	02:44:34	+01:14:59	09:09
378	1033	Joel Guimarães	adepe	Senior Masculino	02:44:36	+01:15:01	09:09
379	1259	AGOSTINHO MANUEL DE SOUSA PINTO	individual	Senior Masculino	02:44:45	+01:15:10	09:09
380	1255	TERESA MANUELA FERREIRA MAIAS	individual	Senior Feminino	02:44:45	+01:15:10	09:09
381	1203	Silvia Sousa	grupo desportivo da goma	Senior Feminino	02:44:50	+01:15:15	09:09
382	1232	Isabel Dias	individual	Senior Feminino	02:44:50	+01:15:15	09:09
383	1212	Alexandre Ribeiro	guimarrunning	Senior Masculino	02:45:14	+01:15:39	09:11
384	1292	Helder costa	individual	Senior Masculino	02:45:14	+01:15:39	09:11
385	1213	Pedro Pereira	guimarrunning	Senior Masculino	02:45:15	+01:15:39	09:11
386	1177	Daniela Marques	fama runners	Senior Feminino	02:45:15	+01:15:40	09:11
387	1145	Ricardo Grilo	ctm vila pouca de aguiar	Veterano M40	02:45:29	+01:15:54	09:12
388	1359	Zulmira Matilde Ribeiro Pontes Oliveira	individual	Veterana F40	02:45:40	+01:16:05	09:12
389	1452	Filipe Silva	lion runners - g. d. leões da guarda	Senior Masculino	02:46:08	+01:16:33	09:14
390	1011	Paula Costa	a.d.amarante trail running	Senior Feminino	02:46:30	+01:16:55	09:15
391	1020	Graça Ribeiro	a.d.amarante trail running	Veterana F40	02:47:06	+01:17:30	09:17
392	1467	Antonio Rodrigues	mountain runners	Veterano M40	02:47:30	+01:17:55	09:18
393	1416	Sergio Carvalho	individual	Veterano M40	02:47:33	+01:17:58	09:19
394	1409	Paulo Jorge Da Rocha	individual	Veterano M40	02:47:41	+01:18:06	09:19
395	1477	Mónica Gomes	nocturnos de paredes	Veterana F40	02:47:46	+01:18:11	09:19

TRAIL CURTO - STAGE 1
18 KM
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 REVISED

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
396	1480	Luís Filipe Santos	nocturnos de paredes	Veterano M40	02:47:47	+01:18:12	09:19
397	1009	Ana Mendonça	a.d.amarante trail running	Senior Feminino	02:47:55	+01:18:20	09:20
398	1431	Augusto Cunha	individual	Veterano M50	02:48:02	+01:18:27	09:20
399	1046	Adriano Ferreira	adriano	Senior Masculino	02:48:24	+01:18:49	09:21
400	1266	Artur Costa	individual	Senior Masculino	02:48:24	+01:18:49	09:21
401	1061	Rosmary Silva	ama associação mondim atletismo	Veterana F40	02:48:25	+01:18:50	09:21
402	1375	Daniel Gomes	individual	Veterano M40	02:48:29	+01:18:54	09:22
403	1079	Miguel Ângelo Araújo Silva	brabus runners	Senior Masculino	02:48:37	+01:19:02	09:22
404	1569	Manuela Pinto	serafão4fun	Senior Feminino	02:48:56	+01:19:21	09:23
405	1570	Alexandre Sameiro	serafão4fun	Veterano M40	02:48:58	+01:19:23	09:23
406	1401	Moreira	individual	Veterano M40	02:49:17	+01:19:42	09:24
407	1358	Susana Carneiro	individual	Veterana F40	02:49:19	+01:19:44	09:24
408	1316	Pedro Castro	individual	Senior Masculino	02:49:23	+01:19:48	09:25
409	1004	Diana Carneiro	512	Veterana F40	02:50:40	+01:21:05	09:29
410	1003	Daniel Machado	512	Senior Masculino	02:50:40	+01:21:05	09:29
411	1538	Americo Botelho	quinta da fonte santa	Senior Masculino	02:52:07	+01:22:32	09:34
412	1393	Manuel Bastos	individual	Veterano M40	02:52:23	+01:22:48	09:35
413	1240	Lucia Lopes	individual	Senior Feminino	02:52:31	+01:22:56	09:35
414	1348	Maria Vasconcelos	individual	Veterana F40	02:52:32	+01:22:57	09:35
415	1356	Sónia Isabel Barreira Taveira Pires	individual	Veterana F40	02:52:33	+01:22:58	09:35
416	1583	Agostinha Gonçalves	sociedade recreio cepanense	Veterana F40	02:52:46	+01:23:11	09:36
417	1580	Sandrine Freitas	sociedade recreio cepanense	Senior Feminino	02:52:46	+01:23:11	09:36
418	1400	Mário Henrique Martins nunes	individual	Veterano M40	02:52:50	+01:23:15	09:36
419	1346	Maria Amélia Martins Magalhaes	individual	Veterana F40	02:53:07	+01:23:32	09:37
420	1453	Hugo Coelho	lion runners - g. d. leões da guarda	Senior Masculino	02:53:56	+01:24:21	09:40
421	1122	Arlindo Alves Cunha	clube trilheiros & amigos	Veterano M50	02:54:21	+01:24:46	09:41
422	1332	Thomas Ferreira Magalhães	individual	Senior Masculino	02:54:25	+01:24:50	09:41
423	251	Paulo António Ribeiro de Sousa	individual	Veterano M40	02:54:39	+01:25:04	09:42
424	1354	Sílvia Claudia Machado Oliveira	individual	Veterana F40	02:55:04	+01:25:29	09:44
425	1263	André Oliveira Barbosa	individual	Senior Masculino	02:55:04	+01:25:29	09:44
426	1370	António José Vilaça barbosa	individual	Veterano M40	02:55:04	+01:25:29	09:44
427	1435	Joao Sousa Teixeira	individual	Veterano M50	02:55:51	+01:26:16	09:46
428	1492	Manuel Moura	os barriguitas	Veterano M50	02:56:06	+01:26:31	09:47
429	1475	Fernanda Leão	nocturnos de paredes	Veterana F40	02:56:14	+01:26:39	09:47
430	1349	Marta Saraiva Cabral	individual	Veterana F40	02:56:41	+01:27:06	09:49
431	1368	António Cabral	individual	Veterano M40	02:56:42	+01:27:07	09:49
432	1574	Ana Isabel Alves Pereira	skylevanta-se	Senior Feminino	02:56:57	+01:27:22	09:50
433	1476	Maria Jesus	nocturnos de paredes	Veterana F40	02:57:00	+01:27:25	09:50
434	1607	Rui Silva	ss montepio	Veterano M40	02:57:00	+01:27:25	09:50
435	1250	Saozita Rosa	individual	Senior Feminino	02:57:01	+01:27:26	09:50
436	1575	Maria Manuela Salgado Alves	skylevanta-se	Veterana F50	02:57:04	+01:27:29	09:50
437	1032	RUI SILVA	addc run	Veterano M40	02:57:05	+01:27:30	09:50
438	1086	Carla Alves	braguinhas runners	Senior Feminino	02:57:53	+01:28:18	09:53

TRAIL CURTO - STAGE 1
18 KM

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
482	1227	Elizabete Patrícia da Silva Rocha	individual	Senior Feminino	03:10:51	+01:41:15	10:36
483	1490	Fernando Cunha	o que queremos é monte	Senior Masculino	03:10:54	+01:41:19	10:36
484	1442	Nelson Silva Nogueira	individual	Veterano M50	03:10:57	+01:41:22	10:37
485	1337	Ana Pereira	individual	Veterana F40	03:10:57	+01:41:22	10:37
486	1125	Maria da Luz Olivença	comdor runners	Veterana F50	03:11:07	+01:41:32	10:37
487	1520	Jorge Gonçalves	primavera - garraões team	Senior Masculino	03:12:44	+01:43:08	10:42
488	1385	Joao Miguel Baptista Silva	individual	Veterano M40	03:12:48	+01:43:13	10:43
489	1118	JOSE PINTO	clube trilheiros & amigos	Veterano M40	03:12:52	+01:43:17	10:43
490	1019	Sonia Bastos	a.d.amarante trail running	Senior Feminino	03:13:44	+01:44:09	10:46
491	1350	Monica Matos	individual	Veterana F40	03:15:13	+01:45:38	10:51
492	1281	Cláudio Correia	individual	Senior Masculino	03:20:41	+01:51:05	11:09
493	1251	Soraia Costa	individual	Senior Feminino	03:22:10	+01:52:35	11:14
494	1170	Marco António Pereira de Oliveira	factor x / s4l / medense fc	Senior Masculino	03:24:03	+01:54:28	11:20
495	1339	Carla Silva	individual	Veterana F40	03:24:03	+01:54:28	11:20
496	1110	Micaela Brito	clube trilheiros & amigos	Senior Feminino	03:24:03	+01:54:28	11:20
497	1482	Carlos Vasconcelos	nocturnos de paredes	Veterano M50	03:24:11	+01:54:36	11:21
498	219	Graça Silva	individual	Veterana F50	03:24:31	+01:54:56	11:22
499	1450	Susana Faria	lion runners - g. d. leões da guarda	Senior Feminino	03:24:31	+01:54:56	11:22
500	1622	Sandra Pinto	travassós running fafe	Senior Feminino	03:25:46	+01:56:11	11:26
501	1625	Paula Fernandes	travassós running fafe	Veterana F40	03:25:46	+01:56:11	11:26
502	1264	André Santos	individual	Senior Masculino	03:25:47	+01:56:12	11:26
503	1286	Diogo Filipe Ribeiro Machado	individual	Senior Masculino	03:28:13	+01:58:38	11:34
504	1242	Mara Raquel Sousa Vilela	individual	Senior Feminino	03:28:20	+01:58:44	11:34
505	1352	Rosa Soares	individual	Veterana F40	03:28:55	+01:59:20	11:36
506	1360	Amelia Cardoso	individual	Veterana F50	03:28:55	+01:59:20	11:36
507	1225	Cláudia maeiro	individual	Senior Feminino	03:31:58	+02:02:23	11:47
508	1236	Joana Ferreira	individual	Senior Feminino	03:36:53	+02:07:18	12:03
509	1252	Susana Patricia da Silva Soares Alves	individual	Senior Feminino	03:36:53	+02:07:18	12:03
510	1185	Nina Salvador	farmácia de ferveença	Veterana F50	03:40:00	+02:10:25	12:13
511	1099	Ricardo Santos	cabritos da montanha	Senior Masculino	03:41:45	+02:12:10	12:19
512	1340	Carla Susana Silva Lima Sousa	individual	Veterana F40	04:04:43	+02:35:08	13:36
513	1222	Bárbara sousa	individual	Senior Feminino	04:04:43	+02:35:08	13:36
514	1572	Alice Viveiros	shots international runners	Veterana F50	04:04:50	+02:35:14	13:36
515	1347	Maria Clara Rodrigues	individual	Veterana F40	04:28:17	+02:58:42	14:54

Trail Curto

18 KM

OFFICIAL RESULT

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REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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	Time	Temperature	Humidity
Start	09:30	10°C	87%
End	14:00	10°C	87%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	1001	Adriana Gomes	MINHO AVENTURA	Senior Feminino	01:53:56	+24:21	06:20
2	1010	Ângela Soares	A.D.Amarante trail running	Senior Feminino	02:00:39	+31:04	06:42
3	1223	Cátia Mendes	Individual	Senior Feminino	02:02:35	+33:00	06:49
4	1243	Marina Domingues	Individual	Senior Feminino	02:02:50	+33:15	06:49
5	1221	Ariana Araújo	Individual	Senior Feminino	02:07:57	+38:22	07:07
6	1053	Rafaela Sousa	AMA associação mondim atletismo	Senior Feminino	02:09:33	+39:58	07:12
7	1616	Eliana Pereira	Team Workout 48/CAM	Senior Feminino	02:14:27	+44:52	07:28
8	1076	Natália Maria da Silva Lima	Brabus Runners	Senior Feminino	02:16:11	+46:36	07:34
9	1527	Sofia Simoes	Profisio Team	Senior Feminino	02:17:22	+47:47	07:38
10	1526	Sandra Leite	Profisio Team	Senior Feminino	02:18:21	+48:46	07:41
11	1209	Ana Fontes	GTT - ARMAZEM DO CAFFE	Senior Feminino	02:18:48	+49:13	07:43
12	1007	Alice Barbosa	A.D.Amarante trail running	Senior Feminino	02:19:46	+50:11	07:46
13	1040	Ana Oliveira	ADF Combate	Senior Feminino	02:22:03	+52:28	07:54
14	1599	Catia Sequeira	SS MONTEPIO	Senior Feminino	02:26:21	+56:46	08:08
15	1246	Rafaela Bento	Individual	Senior Feminino	02:26:37	+57:02	08:09
16	1552	Joana Magalhães	RINUS FAPE	Senior Feminino	02:28:51	+59:16	08:16
17	1008	Ana Lirio	A.D.Amarante trail running	Senior Feminino	02:29:13	+59:38	08:17
18	1529	Teresa Oliveira	Profisio Team	Senior Feminino	02:30:19	+01:00:44	08:21
19	1503	Sandra Castro	PÓ NA LAMA TRAIL RUNNERS	Senior Feminino	02:30:55	+01:01:20	08:23
20	1071	SILVIA PEREIRA	BAREJO TEAM	Senior Feminino	02:31:40	+01:02:05	08:26
21	1153	Daniela Vilas boas	Dragon Club	Senior Feminino	02:32:19	+01:02:44	08:28
22	1241	Madalena fontes	Individual	Senior Feminino	02:32:54	+01:03:19	08:30
23	1234	Isabel Nogueira	Individual	Senior Feminino	02:33:06	+01:03:31	08:30
24	1075	Cecilia Vieira	Bikermania Famalicão	Senior Feminino	02:33:37	+01:04:02	08:32
25	1152	Angélica Rocha	Dragon Club	Senior Feminino	02:33:39	+01:04:04	08:32
26	1124	Cristina Rocha	ComDor Runners	Senior Feminino	02:34:45	+01:05:10	08:36
27	1245	Natacha Sousa Antunes	Individual	Senior Feminino	02:37:34	+01:07:59	08:45
28	1042	Christelle Durães	ADF Combate	Senior Feminino	02:38:23	+01:08:48	08:48
29	1109	Diana Rosa da Silva Dias	Clube Trilheiros & amigos	Senior Feminino	02:38:46	+01:09:11	08:49
30	1511	Natali Gonçalves	Primavera - Bretos	Senior Feminino	02:39:04	+01:09:29	08:50
31	1509	Amandine Gonçalves	Primavera - Bretos	Senior Feminino	02:39:04	+01:09:29	08:50
32	1165	Carla Neves	Factor X / S4L / Medense FC	Senior Feminino	02:39:18	+01:09:43	08:51
33	1496	Ângela Salgado	Os Santa Apolónia	Senior Feminino	02:39:58	+01:10:23	08:53
34	1579	Marisa Fernandes	SOCIEDADE RECREIO CEPANENSE	Senior Feminino	02:41:03	+01:11:28	08:57
35	1578	Aurélie Freitas	SOCIEDADE RECREIO CEPANENSE	Senior Feminino	02:41:03	+01:11:28	08:57
36	1090	Lucia Sousa	BTT Alegria // TUBANI	Senior Feminino	02:41:33	+01:11:58	08:58
37	1239	Liliana Cristina Soares	Individual	Senior Feminino	02:42:09	+01:12:34	09:01
38	1228	Filipa Adriana Ferreira Carvalho	Individual	Senior Feminino	02:42:13	+01:12:38	09:01

Official Timekeeper: Lap2Go	1 / 13	generate 06-Mar-2018 17:15
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Trail Curto

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT



Veterana F50

1	1021	Rosa Barros	A.D.Amarante trail running	Veterana F50	02:08:15	+38:40	07:08
2	1210	MARIA DO CEU LOPES LEMOS	GTT - ARMAZEM DO CAFFE	Veterana F50	02:10:58	+41:23	07:17
3	1596	Maria Marinho	SOCIEDADE RECREIO CEPANENSE	Veterana F50	02:13:37	+44:02	07:25
4	1535	Goreti Sousa	Profisio Team	Veterana F50	02:14:52	+45:17	07:30
5	1586	Manuela Bento	SOCIEDADE RECREIO CEPANENSE	Veterana F50	02:17:19	+47:44	07:38
6	1549	Margarida Martins	Ribeiras Trail	Veterana F50	02:30:53	+01:01:18	08:23
7	1048	Graça Ribeiro	Águias Penafiel Trail	Veterana F50	02:33:38	+01:04:03	08:32
8	1155	Goreti Silva	Dragon Club	Veterana F50	02:36:49	+01:07:14	08:43
9	1092	Maria Teixeira	BTT Alegria // TUBANI	Veterana F50	02:41:34	+01:11:59	08:59
10	1575	Maria Manuela Salgado Alves	SkyLevanta-se	Veterana F50	02:57:04	+01:27:29	09:50
11	1362	Maria Ribeiro	Individual	Veterana F50	02:58:05	+01:28:30	09:54
12	1163	Maria Fernanda Maia Rodrigues Dias	Ecobarcaventura	Veterana F50	03:00:36	+01:31:01	10:02
13	1162	Maria Teresa Neiva	Ecobarcaventura	Veterana F50	03:00:36	+01:31:01	10:02
14	1626	Adelaide Novais	Travassós Running Fafe	Veterana F50	03:05:59	+01:36:24	10:20
15	1627	Anabela Mota	Travassós Running Fafe	Veterana F50	03:08:16	+01:38:40	10:28
16	1125	Maria da Luz Olivença	ComDor Runners	Veterana F50	03:11:07	+01:41:32	10:37
17	219	Graça Silva	Individual	Veterana F50	03:24:31	+01:54:56	11:22
18	1360	Amelia Cardoso	Individual	Veterana F50	03:28:55	+01:59:20	11:36
19	1185	Nina Salvador	Farmácia de Ferveça	Veterana F50	03:40:00	+02:10:25	12:13
20	1572	Alice Viveiros	Shots International Runners	Veterana F50	04:04:50	+02:35:14	13:36

Veterano M40

1	1498	Joaquim silva	Os Santa Apolónia	Veterano M40	01:30:51	+01:16	05:03
2	1387	Jorge Gonçalves	Individual	Veterano M40	01:37:25	+07:50	05:25
3	1102	Fernando Figueiredo	CENTRO CICLISTA DE GONDOMAR	Veterano M40	01:38:59	+09:24	05:30
4	1158	Paulo Pereira	Dragon Club	Veterano M40	01:39:41	+10:06	05:32
5	1022	Jorge Oliveira	A.D.Amarante trail running	Veterano M40	01:40:35	+11:00	05:35
6	1157	Marco Rocha	Dragon Club	Veterano M40	01:41:27	+11:52	05:38
7	1024	Miguel Barros	A.D.Amarante trail running	Veterano M40	01:41:32	+11:57	05:38
8	1629	Maurício Ferreira	Travassós Running Fafe	Veterano M40	01:43:57	+14:22	05:47
9	1023	Manuel Vieira	A.D.Amarante trail running	Veterano M40	01:43:58	+14:23	05:47
10	1588	Fernando Pinto	SOCIEDADE RECREIO CEPANENSE	Veterano M40	01:47:19	+17:44	05:58
11	1121	Telmo cardoso	Clube Trilheiros & amigos	Veterano M40	01:48:26	+18:51	06:01
12	1049	Carlos Alberto Mendes Barbosa	Águias Penafiel Trail	Veterano M40	01:50:31	+20:56	06:08
13	1371	Carlos Felisberto	Individual	Veterano M40	01:50:38	+21:03	06:09
14	1493	Filipe Pinto	Os Lobos do Saibro	Veterano M40	01:51:20	+21:45	06:11
15	1192	Paulo Teixeira Sousa	Fridão Sem Limites	Veterano M40	01:51:26	+21:51	06:11
16	1151	Rui Gomes	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Veterano M40	01:51:48	+22:13	06:13
17	1381	Fernando Nunes	Individual	Veterano M40	01:52:50	+23:15	06:16

Official Timekeeper: Lap2Go	8 / 13	generate 06-Mar-2018 17:15
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Trail Curto

18 KM

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

18	1628	Helder Pereira	Travassós Running Fafe	Veterano M40	01:53:30	+23:55	06:18
19	1373	Carlos Nogueira	Individual	Veterano M40	01:53:58	+24:23	06:20
20	1536	Manuel Freitas	Profisio Team	Veterano M40	01:54:02	+24:26	06:20
21	1587	Carlos Lopes	SOCIEDADE RECREIO CEPANENSE	Veterano M40	01:55:12	+25:37	06:24
22	1460	Pedro Gaio	LION RUNNERS - G. D. Leões da Guarda	Veterano M40	01:55:25	+25:50	06:25
23	1379	Eugenio cunha	Individual	Veterano M40	01:55:36	+26:01	06:25
24	1415	Rui Rodrigues	Mountain Runners	Veterano M40	01:55:38	+26:03	06:25
25	1116	Joaquim Rodrigues Pinto	Clube Trilheiros & amigos	Veterano M40	01:57:00	+27:25	06:30
26	1594	Rui Silva	SOCIEDADE RECREIO CEPANENSE	Veterano M40	01:57:07	+27:31	06:30
27	1369	António Caldas	Individual	Veterano M40	01:57:17	+27:42	06:31
28	1407	Paulo fernandes	Individual	Veterano M40	01:58:34	+28:59	06:35
29	1208	Victor Fernandes	Grupo Desportivo da Goma	Veterano M40	01:59:10	+29:35	06:37
30	1571	João Ribeiro	Serafão4Fun	Veterano M40	01:59:14	+29:39	06:37
31	1421	Vitor Barros	Individual	Veterano M40	01:59:30	+29:55	06:38
32	1183	Rui Araújo	FAMA RUNNERS	Veterano M40	01:59:41	+30:06	06:39
33	1462	Marco Miguel Castro do Rosário	Ludens Clube de Machico	Veterano M40	01:59:50	+30:15	06:39
34	1589	Francisco Cunha	SOCIEDADE RECREIO CEPANENSE	Veterano M40	02:00:00	+30:25	06:40
35	1096	Marcelo Goncalves Oliveira	C C S D TRABALHADORES CAMARA MUNICIPAL DE FAFE	Veterano M40	02:00:28	+30:53	06:42
36	1100	Luís Jorge	Cabritos da Montanha	Veterano M40	02:00:34	+30:59	06:42
37	248	Lúcio Simão Cunha	Individual	Veterano M40	02:00:39	+31:04	06:42
38	1459	Fernando Sampaio	LION RUNNERS - G. D. Leões da Guarda	Veterano M40	02:00:59	+31:24	06:43
39	1160	JOSE SILVA	Ecobarcaventura	Veterano M40	02:01:36	+32:01	06:45
40	1182	Manuel Gomes	FAMA RUNNERS	Veterano M40	02:01:44	+32:09	06:46
41	1150	Antonio Azevedo	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Veterano M40	02:03:14	+33:39	06:51
42	1537	Mario	Profisio Team	Veterano M40	02:04:28	+34:53	06:55
43	1448	Nuno Sendão	LETHES TRAIL TEAM	Veterano M40	02:04:43	+35:08	06:56
44	1406	Paulo Campos Gomes	Individual	Veterano M40	02:05:26	+35:51	06:58
45	1561	Abílio Oliveira	RIOFIT RUNNING	Veterano M40	02:05:59	+36:24	07:00
46	1365	Alberto Fernandes	Individual	Veterano M40	02:08:55	+39:20	07:10
47	1156	António Fonseca	Dragon Club	Veterano M40	02:10:06	+40:31	07:14
48	1207	Luís Monteiro	Grupo Desportivo da Goma	Veterano M40	02:11:15	+41:40	07:17
49	1205	Alexandre Mendes	Grupo Desportivo da Goma	Veterano M40	02:11:15	+41:40	07:17
50	1386	Jorge ferreira	Individual	Veterano M40	02:11:37	+42:02	07:19
51	1119	Manuel Freire	Clube Trilheiros & amigos	Veterano M40	02:12:19	+42:44	07:21
52	1175	Filipe Fonseca	Factor X / S4L / Medense FC	Veterano M40	02:12:29	+42:54	07:22
53	1486	Armando Cardoso	Nós Acreditamos	Veterano M40	02:13:36	+44:01	07:25
54	1377	Eduardo Nascimento	Individual	Veterano M40	02:13:53	+44:18	07:26
55	1593	Patrício Rodrigues	SOCIEDADE RECREIO CEPANENSE	Veterano M40	02:13:56	+44:21	07:26
56	1564	José Augusto Oliveira	RIOFIT RUNNING	Veterano M40	02:14:51	+45:16	07:29
57	1103	Henrique Matos	CENTRO CICLISTA DE GONDOMAR	Veterano M40	02:16:09	+46:34	07:34

Trail Curto
18 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT


58	1562	Alberto Marques	RIOFIT RUNNING	Veterano M40	02:16:43	+47:08	07:36
59	1067	PAULO FERNANDO BARBOSA FREITAS	Amigos parque Vizela	Veterano M40	02:17:14	+47:39	07:37
60	1181	José Manuel Silva	FAMA RUNNERS	Veterano M40	02:18:10	+48:35	07:41
61	1507	Adélio Valente	Pousada de Saramagos	Veterano M40	02:18:59	+49:23	07:43
62	1404	Nuno José Pereira Castro Freitas	Individual	Veterano M40	02:19:04	+49:29	07:44
63	1563	João Silva	RIOFIT RUNNING	Veterano M40	02:19:27	+49:52	07:45
64	1206	João Vieira	Grupo Desportivo da Goma	Veterano M40	02:19:36	+50:01	07:45
65	1412	Ricardo Ceia	Individual	Veterano M40	02:20:19	+50:44	07:48
66	1142	Miguel Ângelo Castro	CrossFit 762 Fafe	Veterano M40	02:20:31	+50:56	07:48
67	1035	António Dias	ADEPE	Veterano M40	02:20:57	+51:22	07:50
68	1036	Jorge Manuel Silva	ADEPE	Veterano M40	02:20:57	+51:22	07:50
69	1382	Fernando Peixoto	Individual	Veterano M40	02:21:32	+51:57	07:52
70	1410	Paulo lara	Individual	Veterano M40	02:21:40	+52:05	07:52
71	1045	Vasco Lopes	ADF Combate	Veterano M40	02:21:51	+52:16	07:53
72	1395	Manuel Guedes	Individual	Veterano M40	02:22:38	+53:03	07:55
73	1364	Abel Mota	Individual	Veterano M40	02:23:10	+53:35	07:57
74	1396	Manuel Peixoto	Individual	Veterano M40	02:23:34	+53:59	07:59
75	249	LUIS SILVA	Individual	Veterano M40	02:23:45	+54:10	07:59
76	1606	Rui Freitas	SS MONTEPIO	Veterano M40	02:23:45	+54:10	07:59
77	1422	Vitor SOUSA	Individual	Veterano M40	02:23:46	+54:11	07:59
78	1556	vtor gabriel marinho alves	RINUS FAFE	Veterano M40	02:23:46	+54:11	07:59
79	1085	Rui Ferriera	BragaXplora /Nortinfo	Veterano M40	02:23:49	+54:14	07:59
80	1082	Cralos Cunha	BragaXplora /Nortinfo	Veterano M40	02:23:49	+54:14	07:59
81	1083	Pedro Parrinha	BragaXplora /Nortinfo	Veterano M40	02:23:49	+54:14	07:59
82	1384	Humberto Cordeiro Correia Carvalho	Individual	Veterano M40	02:24:28	+54:53	08:02
83	1376	David Fernandes	Individual	Veterano M40	02:25:00	+55:25	08:03
84	1037	Olegário Oliveira	ADEPE	Veterano M40	02:25:45	+56:10	08:06
85	1635	Philip Patrick Soares	ZOMBIE RUNNERS FAFE	Veterano M40	02:28:06	+58:31	08:14
86	1374	César fernandes	Individual	Veterano M40	02:28:07	+58:32	08:14
87	1603	Joao Mesquita	SS MONTEPIO	Veterano M40	02:28:15	+58:40	08:14
88	1383	Helder Rodrigues	Individual	Veterano M40	02:28:23	+58:48	08:15
89	1543	Orlando Alves	Regadas Runners	Veterano M40	02:28:29	+58:54	08:15
90	1025	Nuno Moura	A.D.Amarante trail running	Veterano M40	02:28:52	+59:17	08:16
91	1550	Ângelo Faustino	Ribeiras Trail	Veterano M40	02:28:57	+59:22	08:17
92	1514	José Maria Carvalho	Primavera - Bretos	Veterano M40	02:29:00	+59:25	08:17
93	1468	Paulo Monteiro	Mountain Runners	Veterano M40	02:29:07	+59:32	08:17
94	1389	Jorge Miguel Carneiro Souto	Individual	Veterano M40	02:30:15	+01:00:40	08:21
95	1176	Ricardo Jorge da Rocha Sousa	Factor X / S4L / Medense FC	Veterano M40	02:30:43	+01:01:08	08:22
96	1417	Sérgio Oliveira	Individual	Veterano M40	02:31:24	+01:01:49	08:25
97	1073	JOSE MENDES	BAREJO TEAM	Veterano M40	02:31:41	+01:02:05	08:26
98	1031	PEDRO FALCÃO	ADDC RUN	Veterano M40	02:32:27	+01:02:52	08:28
99	1391	Luís Carlos Rocha	Individual	Veterano M40	02:32:29	+01:02:54	08:28
100	1420	Victor Manuel	Individual	Veterano M40	02:32:30	+01:02:55	08:28
101	1478	Daniel Pereira	Nocturnos de Paredes	Veterano M40	02:33:08	+01:03:33	08:30
102	1609	HENRIQUE BARBEDO	SUCUPIRA ON TOUR	Veterano M40	02:33:13	+01:03:38	08:31
103	1372	Carlos Freitas Morais	Individual	Veterano M40	02:33:18	+01:03:43	08:31

Official Timekeeper: Lap2Go	10 / 13	generate 06-Mar-2018 17:15
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COLETIVO - TRAIL CURTO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	A.D.AMARANTE TRAIL RUNNING	1 + 3 + 10	14
2	CENTRO CICLISTA DE GONDOMAR	6 + 11 + 14	31
3	LION RUNNERS - G. D. LEÕES DA GUARDA	17 + 20 + 52	89
4	PRIMAVERA - GARRAFÕES TEAM	30 + 34 + 38	102
5	CLUBE TRILHEIROS & AMIGOS	28 + 29 + 56	113
6	SOCIEDADE RECREIO CEPANENSE	24 + 51 + 62	137
7	AMA ASSOCIAÇÃO MONDIM ATLETISMO	4 + 65 + 70	139
8	DRAGON CLUB	8 + 12 + 130	150
9	DOUROCONTA - GABINETE DE APOIO E CONTABILIDADE, LDA	16 + 39 + 101	156
10	LETHES TRAIL TEAM	27 + 44 + 105	176
11	TRAVASSÓS RUNNING FAFE	18 + 43 + 124	185
12	GRUPO DESPORTIVO DA GOMA	9 + 71 + 136	216
13	BRABUS RUNNERS	15 + 110 + 132	257
14	RIOFIT RUNNING	49 + 111 + 112	272
15	NÓS ACREDITAMOS	69 + 81 + 122	272
16	PROFISIO TEAM	48 + 104 + 123	275
17	FAMA RUNNERS	75 + 91 + 172	338
18	NOCTURNOS DE PAREDES	60 + 74 + 227	361
19	FACTOR X / S4L / MEDENSE FC	99 + 128 + 145	372
20	ÁGUIAS PENAFIEL TRAIL	32 + 50 + 303	385
21	GTT - ARMAZEM DO CAFFE	109 + 135 + 177	421
22	THE SECT RUNNERS / SINCE 1997	106 + 160 + 161	427
23	MOUNTAIN RUNNERS	55 + 154 + 258	467
24	SS MONTEPIO	129 + 187 + 213	529
25	RINUS FAFE	103 + 215 + 235	553
26	ADEPE	189 + 190 + 229	608
27	BRAGAXPLORA /NORTINFO	216 + 217 + 218	651
28	CROSSFIT 762 FAFE	188 + 205 + 268	661
29	OS SANTA APOLÓNIA	2 + 347 + 348	697
30	BAREJO TEAM	167 + 278 + 279	724
31	TEAM SOBE E DESCE	232 + 240 + 262	734
32	ADF COMBATE	201 + 202 + 335	738
33	OS2HORAS	186 + 231 + 328	745
34	ECOBARCAVENTURA	89 + 222 + 453	764
35	RIBEIRAS TRAIL	256 + 261 + 270	787
36	PRIMAVERA - BRETOS	257 + 260 + 311	828
37	SERAFÃO4FUN	72 + 405 + 406	883
38	SKYLEVANTA-SE	42 + 433 + 437	912

