

CORRIDA - STAGE 1**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
42	538	David Fernandes	gdc guilhovai	Veterano M50	41:34	+07:47	04:09
43	379	José Manuel Assunção Correia	individual	Veterano M40	41:34	+07:48	04:09
44	424	fernando morais	individual	Veterano M50	41:44	+07:58	04:10
45	31	Salvador Fardilha	afis/ovar	Veterano M50	41:50	+08:04	04:11
46	11	LUIS MARTINS	a.r de negrelos	Veterano M50	41:57	+08:11	04:12
47	517	António Constantino Silva	silva & nogueira family	Senior Masculino	42:04	+08:18	04:12
48	77	Tiago santos	bravos&bravitas	Senior Masculino	42:09	+08:23	04:13
49	388	Marco Neves	individual	Veterano M40	42:15	+08:28	04:14
50	332	Tiago Andre Gomes Oliveira	individual	Senior Masculino	42:19	+08:33	04:14
51	128	Mariana Dias Oliveira Silva	escola do movimento	Senior Feminino	42:27	+08:41	04:15
52	12	MANUEL GOMES	a.r de negrelos	Veterano M50	42:27	+08:41	04:15
53	390	Nuno Maia	individual	Veterano M40	42:30	+08:43	04:15
54	323	Ricardo Silva	individual	Senior Masculino	42:31	+08:44	04:15
55	303	Luís Madureira	individual	Senior Masculino	42:35	+08:49	04:16
56	329	Rui Miguel Pereira dos Santos	individual	Senior Masculino	42:47	+09:01	04:17
57	121	RUI FELGUEIRAS	clube millennium bcp	Veterano M40	42:50	+09:04	04:17
58	376	Joice Jesus	individual	Veterano M40	42:56	+09:10	04:18
59	465	JORGE MOREIRA	mc	Veterano M50	43:32	+09:46	04:21
60	499	FRANCISCO PINTO	re/max spirit - market	Senior Masculino	43:39	+09:52	04:22
61	488	David Silva	os mancos	Veterano M50	43:46	+10:00	04:23
62	131	Fábio Justo	running espinho	Senior Masculino	44:06	+10:20	04:25
63	258	André Rocha	individual	Senior Masculino	44:07	+10:21	04:25
64	37	Miguel Ângelo	aliança de gandra	Senior Masculino	44:09	+10:23	04:25
65	382	José Salgado	individual	Veterano M40	44:11	+10:25	04:25
66	33	André Fernandes	aliança de gandra	Senior Masculino	44:13	+10:26	04:25
67	141	Williams Rodriguez	exsedentários	Senior Masculino	44:13	+10:27	04:25
68	289	Guilherme Sousa	individual	Senior Masculino	44:21	+10:34	04:26
69	48	Luis Carlos Ferreira Campos Lobo	all-titudes trail team	Veterano M40	44:22	+10:35	04:26
70	91	Antonio Neves	caldas s. jorge sport clube	Senior Masculino	44:22	+10:36	04:26
71	273	Cristiano Pereira	individual	Senior Masculino	44:23	+10:36	04:26
72	448	MATILDE BAPTISTA	jam - juventude atlética mozelense	Veterana F50	44:28	+10:42	04:27
73	175	carlos Frias	grupo desportivo leões da guarda	Veterano M50	44:30	+10:44	04:27
74	171	Daniel Silva	grupo desportivo e cultural do banco de portugal	Senior Masculino	44:31	+10:44	04:27
75	406	Sérgio Oliveira	individual	Veterano M40	44:31	+10:45	04:27
76	360	Adalberto Costa	individual	Veterano M40	44:50	+11:03	04:29
77	441	manuel constantino silva	individual	Veterano M50	44:55	+11:08	04:30
78	183	Pedro Miguel Magalhães	hmc sports	Senior Masculino	44:56	+11:10	04:30
79	321	Ricardo Joel Ferreira Costa	individual	Senior Masculino	44:58	+11:11	04:30
80	241	Sandra Cristina Oliveira Ferreira	individual	Senior Feminino	44:58	+11:11	04:30
81	310	Micael santos	individual	Senior Masculino	45:03	+11:17	04:30
82	400	Roberto Silva	individual	Veterano M40	45:04	+11:17	04:30
83	95	Eduardo Martins	caldas s. jorge sport clube	Veterano M40	45:06	+11:20	04:31
84	172	Tiago Pereira	grupo desportivo e cultural do banco de portugal	Senior Masculino	45:08	+11:22	04:31

CORRIDA - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	tkm
130	364	Antonio leal Leal	individual	Veterano M40	48:10	+14:24	04:49
131	463	JORGE LAGAREIRO	mc	Veterano M40	48:12	+14:25	04:49
132	399	Ricardo Oliveira	individual	Veterano M40	48:14	+14:28	04:49
133	387	Luis Gomes	individual	Veterano M40	48:17	+14:30	04:50
134	44	Pedro Silva	aliança de gandra	Veterano M40	48:24	+14:38	04:50
135	87	Paulo Ferreira	caipirinha runners	Veterano M40	48:25	+14:39	04:51
136	85	Marcos Carvalho	caipirinha runners	Senior Masculino	48:25	+14:39	04:51
137	70	Marco Da Silva Pereira	bio run	Senior Masculino	48:28	+14:41	04:51
138	209	Rodrigo Lopes	homegym	Senior Masculino	48:31	+14:45	04:51
139	282	Élio Cardoso Ribeiro	individual	Senior Masculino	48:34	+14:48	04:51
140	471	FILIPE MOTA	motas running	Senior Masculino	48:36	+14:49	04:52
141	145	Rui Silva	feira viva	Senior Masculino	48:43	+14:56	04:52
142	489	Joaquim Teixeira	os mancos	Veterano M50	48:47	+15:00	04:53
143	361	Alexandre Vieira	individual	Veterano M40	48:47	+15:01	04:53
144	513	Helder Pereira	serviços sociais do montepio	Veterano M40	48:51	+15:04	04:53
145	501	SÉRGIO PINTO ALMEIDA	re/max spirit - market	Veterano M40	48:56	+15:10	04:54
146	317	Pedro Rodrigues	individual	Senior Masculino	49:00	+15:14	04:54
147	173	Marco Silva	grupo desportivo e cultural do banco de portugal	Veterano M40	49:02	+15:16	04:54
148	32	Fernanda Machado	aliança de gandra	Senior Feminino	49:03	+15:17	04:54
149	291	Hélder Reis	individual	Senior Masculino	49:05	+15:18	04:55
150	535	João Santos	bravos&bravitas	Senior Masculino	49:22	+15:35	04:56
151	304	Marcelo Teixeira da mota	individual	Senior Masculino	49:28	+15:42	04:57
152	103	Domingos Silva	centro municipal de marcha e corrida de vale de cambra	Veterano M50	49:33	+15:46	04:57
153	440	Luís Higinio	individual	Veterano M50	49:33	+15:47	04:57
154	187	Maria de Jesus Alves Lino	hmc sports	Veterana F40	49:34	+15:47	04:57
155	525	Carlos Ribeiro	trail4fun	Veterano M40	49:34	+15:48	04:57
156	425	Fernando Pinho	individual	Veterano M50	49:35	+15:48	04:58
157	325	Rui Castro Coelho	individual	Senior Masculino	49:39	+15:52	04:58
158	211	Sérgio Almeida	homegym	Veterano M40	49:43	+15:56	04:58
159	153	Maria Leite	fiães sport clube	Veterana F40	49:47	+16:01	04:59
160	68	CELSO COELHO	besjoging	Veterano M50	49:47	+16:01	04:59
161	450	AUGUSTO BAPTISTA	jam - juventude atlética mozelense	Veterano M50	49:49	+16:02	04:59
162	443	Nestor Gomes	individual	Veterano M50	49:50	+16:04	04:59
163	21	José Machado	achados ao acaso	Veterano M40	49:51	+16:04	04:59
164	386	Luís Ferreira	individual	Veterano M40	49:53	+16:07	04:59
165	132	Henrique Oliveira	running espinho	Senior Masculino	49:55	+16:09	05:00
166	366	Carlos Silva	individual	Veterano M40	50:01	+16:14	05:00
167	98	Paulo Milheiro	caldas s. jorge sport clube	Veterano M50	50:17	+16:30	05:02
168	439	Luís Filipe Martins Soares	individual	Veterano M50	50:18	+16:31	05:02
169	46	Sérgio Pereira	aliança de gandra	Veterano M40	50:24	+16:37	05:02
170	493	João Tavares	ovarrun	Senior Masculino	50:26	+16:40	05:03
171	108	Miguel Ferreiora	cirac	Senior Masculino	50:29	+16:43	05:03
172	402	Rui Gomes	individual	Veterano M40	50:33	+16:46	05:03
173	487	Carlos Freitas	os mancos	Senior Masculino	50:34	+16:48	05:03
174	257	André Reis	individual	Senior Masculino	50:35	+16:49	05:04

CORRIDA - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
218	445	Pedro Dias	individual	Veterano M50	53:12	+19:25	05:19
219	315	Óscar Manuel Barroqueiro Marques Rodrigues	individual	Senior Masculino	53:12	+19:26	05:19
220	370	francisco oliveira	individual	Veterano M40	53:12	+19:26	05:19
221	157	Ana Paula Oliveira	g.d.ronda	Senior Feminino	53:14	+19:27	05:19
222	334	Vitor Miguel	individual	Senior Masculino	53:26	+19:40	05:21
223	306	Márcio	individual	Senior Masculino	53:27	+19:40	05:21
224	147	Marco Brito	feira viva	Veterano M40	53:27	+19:40	05:21
225	62	Alexandre Santos	avanca runners	Senior Masculino	53:27	+19:41	05:21
226	485	Valéria Fernandes Correia	os mancos	Senior Feminino	53:28	+19:41	05:21
227	414	Alberto Oliveira	individual	Veterano M50	53:28	+19:41	05:21
228	248	Susana Maria das Neves Domingues	individual	Senior Feminino	53:28	+19:42	05:21
229	409	Vitor manuel da silva resende21	individual	Veterano M40	53:37	+19:51	05:22
230	436	José Baptista	individual	Veterano M50	53:39	+19:52	05:22
231	298	João Marcos de Castro Oliveira	individual	Senior Masculino	53:42	+19:55	05:22
232	423	Fernando dias	individual	Veterano M50	53:44	+19:58	05:22
233	464	JORGE SILVA	mc	Veterano M40	53:48	+20:01	05:23
234	369	Fernando Abreu	individual	Veterano M40	53:50	+20:04	05:23
235	449	JOSÉ PINTO	jam - juventude atlética mozelense	Veterano M40	53:51	+20:05	05:23
236	210	Mané	homegym	Veterano M40	53:52	+20:05	05:23
237	206	José Silva	homegym	Senior Masculino	53:52	+20:05	05:23
238	42	Hélder Borges	aliança de gandra	Veterano M40	53:55	+20:09	05:24
239	318	Ricardo	individual	Senior Masculino	53:59	+20:13	05:24
240	29	Manuel Gomes	afis/ovar	Veterano M50	54:00	+20:14	05:24
241	279	Diogo Melo	individual	Senior Masculino	54:02	+20:15	05:24
242	104	Filipe Soares	centro municipal de marcha e corrida de vale de cambra	Veterano M50	54:02	+20:15	05:24
243	372	Hugo Emanuel Cardoso Almeida	individual	Veterano M40	54:11	+20:25	05:25
244	26	Carlos Campos	afis/ovar	Veterano M50	54:12	+20:26	05:25
245	22	Américo Oliveira	afis/ovar	Veterano M40	54:13	+20:26	05:25
246	281	Eduardo Seabra	individual	Senior Masculino	54:13	+20:27	05:25
247	503	Pedro Marques	rumo34	Senior Masculino	54:21	+20:35	05:26
248	536	Vitor Silva	mc	Senior Masculino	54:22	+20:36	05:26
249	429	Joaquim Manuel da Costa Moreira	individual	Veterano M50	54:23	+20:36	05:26
250	7	Teresa Fallé	feira viva	Veterana F40	54:23	+20:37	05:26
251	190	Jorge Amorim	hmc sports	Veterano M40	54:26	+20:39	05:27
252	177	Catarina Cardoso	hmc sports	Senior Feminino	54:26	+20:40	05:27
253	208	Ricardo Martins	homegym	Senior Masculino	54:31	+20:44	05:27
254	205	Filipe Coito	homegym	Senior Masculino	54:31	+20:44	05:27
255	326	Rui Filipe Brandão	individual	Senior Masculino	54:34	+20:47	05:27
256	170	Regina Lima	girls trip	Senior Feminino	54:37	+20:50	05:28
257	139	Nuno Azevedo	exsedentários	Senior Masculino	54:43	+20:57	05:28
258	367	Eduardo Falcão	individual	Veterano M40	54:45	+20:58	05:29

CORRIDA - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	TKM
301	331	Sérgio Dominique	individual	Senior Masculino	56:51	+23:05	05:41
302	328	RUI JOSÉ RIBEIRO PIRES ALVES BRAGA	individual	Senior Masculino	56:53	+23:07	05:41
303	438	Luis António Marques de Carvalho	individual	Veterano M50	57:01	+23:14	05:42
304	426	FERNANDO SILVA	individual	Veterano M50	57:02	+23:15	05:42
305	81	Dorinda	bravos&bravitas	Veterana F40	57:06	+23:19	05:43
306	76	Nuno teixeira	bravos&bravitas	Senior Masculino	57:06	+23:20	05:43
307	165	Eusebio Lopes	geração paramos	Veterano M40	57:15	+23:28	05:44
308	428	João Pintinha	individual	Veterano M50	57:25	+23:38	05:45
309	88	ANA CASTRO	cal - clube atletismo de lamas	Veterana F40	57:28	+23:42	05:45
310	266	Bruno valente	individual	Senior Masculino	57:36	+23:50	05:46
311	57	João santos	aroucas	Senior Masculino	57:45	+23:58	05:47
312	271	Carlos Pedro Silva	individual	Senior Masculino	57:45	+23:59	05:47
313	378	José M. M. Quintas	individual	Veterano M40	57:46	+23:59	05:47
314	351	Sandra Sofia Marques Martins	individual	Veterana F40	57:47	+24:00	05:47
315	345	Glória Monteiro	individual	Veterana F40	57:56	+24:10	05:48
316	8	Paulo Pais	feira viva	Veterano M50	57:59	+24:12	05:48
317	330	Rui Rodrigues	individual	Senior Masculino	58:06	+24:19	05:49
318	455	José Pinto	jarp	Veterano M50	58:12	+24:26	05:49
319	470	SOFIA SANTOS	motas running	Senior Feminino	58:15	+24:29	05:50
320	357	Maria Reis	individual	Veterana F50	58:26	+24:39	05:51
321	250	Tânia Soares	individual	Senior Feminino	58:30	+24:44	05:51
322	181	Leonel Resende da Rocha	hmc sports	Senior Masculino	58:33	+24:46	05:51
323	214	Nuno Santos	hora do lobo trail / clube futebol de perosinho atletismo	Senior Masculino	58:48	+25:02	05:53
324	193	Fernando Jorge Almeida Mautempo	hmc sports	Veterano M50	58:55	+25:09	05:54
325	176	Alexandre Miguel Pereira Silva	hmc sports	Senior Masculino	59:01	+25:14	05:54
326	117	Álvaro Pinto	clube millennium bcp	Veterano M40	59:03	+25:17	05:54
327	213	Virgílio Silva	homegym	Veterano M50	59:03	+25:17	05:54
328	411	Adriano Manuel Costa Oliveira	individual	Veterano M50	59:09	+25:22	05:55
329	502	Sofia Azenha	rumo34	Senior Feminino	59:12	+25:26	05:55
330	180	Vânia Costa	hmc sports	Senior Feminino	59:14	+25:28	05:55
331	527	Ricardo Silva	turma fitness	Senior Masculino	59:16	+25:29	05:56
332	447	MARINHA BAPTISTA	jam - juventude atlética mozelse	Veterana F50	59:19	+25:33	05:56
333	58	Luis bernardo	aroucas	Senior Masculino	59:24	+25:37	05:56
334	207	Nuno Silva	homegym	Senior Masculino	59:29	+25:42	05:57
335	251	Vanessa Santos	individual	Senior Feminino	59:33	+25:47	05:57
336	65	paulo barbosa	avanca runners	Veterano M40	59:54	+26:08	05:59
337	66	paulo oliveira	avanca runners	Veterano M40	59:55	+26:08	06:00
338	159	Ivo	galinhas de cross	Senior Masculino	59:56	+26:10	06:00
339	158	Andreia Martins	galinhas de cross	Senior Feminino	59:57	+26:11	06:00
340	365	Carlos Alexandre Pinho Silva	individual	Veterano M40	01:00:07	+26:20	06:01
341	353	Sónia Margarida Lopes Coelho	individual	Veterana F40	01:00:07	+26:20	06:01
342	197	Anabela Marques	homegym	Senior Feminino	01:00:11	+26:25	06:01
343	203	Susana Oliveira	homegym	Senior Feminino	01:00:12	+26:26	06:01

CORRIDA - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
344	511	Maria Fátima Leal	serviços sociais do montepio	Veterana F40	01:00:17	+26:31	06:02
345	191	Pedro Cruz	hmc sports	Veterano M40	01:00:37	+26:51	06:04
346	341	Conceição Soares	individual	Veterana F40	01:00:38	+26:51	06:04
347	196	Manuel Arnaldo Silva Oliveira	hmc sports	Veterano M50	01:00:38	+26:52	06:04
348	350	Orquídea Gomes	individual	Veterana F40	01:00:44	+26:58	06:04
349	483	José Paiva	os lamechas	Veterano M40	01:00:50	+27:04	06:05
350	484	Marco Maia	os lamechas	Veterano M40	01:00:51	+27:04	06:05
351	215	Ana Campos	individual	Senior Feminino	01:01:03	+27:17	06:06
352	252	Vânia Oliveira	individual	Senior Feminino	01:01:04	+27:18	06:06
353	500	RUI MATOS	re/max spirit - market	Veterano M40	01:01:07	+27:21	06:07
354	234	Mafalda Oliveira Martins	individual	Senior Feminino	01:01:07	+27:21	06:07
355	240	PRISCILLA FREITAS	individual	Senior Feminino	01:01:08	+27:21	06:07
356	72	Isabel santos	bravos&bravitas	Senior Feminino	01:01:08	+27:21	06:07
357	383	José Tavares	individual	Veterano M40	01:01:09	+27:22	06:07
358	136	Fábio Ferreira	evs	Senior Masculino	01:01:10	+27:24	06:07
359	249	Tânia Dias	individual	Senior Feminino	01:01:11	+27:25	06:07
360	427	HELENA SOFIA DE JESUS MARQUES ESTEVES HENRIQUE DAMIÃO RODRIGUES BORGES	individual	Veterano M50	01:01:22	+27:36	06:08
361	47	Carlos Manuel Carvalho Guedes	all-titudes trail team	Veterano M40	01:01:23	+27:37	06:08
362	19	Vitor Costa	acaill gás, s.a.	Veterano M40	01:01:30	+27:44	06:09
363	17	Domingos Novo	acaill gás, s.a.	Veterano M40	01:01:30	+27:44	06:09
364	140	Rui Barbosa	exsedentários	Senior Masculino	01:01:32	+27:46	06:09
365	137	Ana Coelho	exsedentários	Senior Feminino	01:01:32	+27:46	06:09
366	285	Fernando Sergio da Cunha Brandão	individual	Senior Masculino	01:01:32	+27:46	06:09
367	231	Joana Maria de Pinho Brito Vieira	individual	Senior Feminino	01:01:33	+27:46	06:09
368	146	Carla Fallé	feira viva	Veterana F40	01:01:33	+27:47	06:09
369	40	José Carneiro	aliança de gandra	Veterano M40	01:01:33	+27:47	06:09
370	39	Ana Dias	aliança de gandra	Veterana F40	01:01:34	+27:47	06:09
371	129	Alexandra Soares	running espinho	Veterana F40	01:01:46	+28:00	06:11
372	523	Sandra Monteiro Correia	team bichos	Veterana F40	01:01:54	+28:08	06:11
373	524	Teresa Brito	team bichos	Veterana F40	01:01:55	+28:08	06:12
374	467	Gabriela Almeida	mini fundistas	Senior Feminino	01:01:55	+28:09	06:12
375	149	maria ferreira	fiaes sport club	Veterana F50	01:01:55	+28:09	06:12
376	86	Sandra Martins	caipirinha runners	Veterana F40	01:02:09	+28:22	06:13
377	100	Manuel Carvalho	carvalhos	Veterano M50	01:02:18	+28:32	06:14
378	239	Paula pinto	individual	Senior Feminino	01:02:22	+28:36	06:14
379	120	PAULO FIUZA	clube millennium bcp	Veterano M40	01:02:26	+28:39	06:15
380	212	Vasco Monteiro	homegym	Veterano M40	01:02:28	+28:42	06:15
381	309	Mário Araújo	individual	Senior Masculino	01:02:28	+28:42	06:15
382	491	Maria Monteiro	ovarrun	Senior Feminino	01:02:33	+28:47	06:15
383	494	Sara Rodrigues	ovarrun	Veterana F40	01:02:33	+28:47	06:15
384	169	Joana Neiva	girls trip	Senior Feminino	01:02:37	+28:50	06:16
385	202	Sara Slva	homegym	Senior Feminino	01:02:41	+28:54	06:16

CORRIDA - STAGE 1

10 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
386	476	Ana Luisa Xavier	no tomorrow running team	Senior Feminino	01:02:52	+29:06	06:17
387	260	António Oliveira	individual	Senior Masculino	01:02:57	+29:11	06:18
388	516	Sérgio Oliveira	serviços sociais do montepio	Veterano M40	01:03:02	+29:16	06:18
389	362	ANDRÉ VIEIRA	individual	Veterano M40	01:03:10	+29:24	06:19
390	356	Laurinda Maria Lopes Andrade Oliveira	individual	Veterana F50	01:03:11	+29:25	06:19
391	380	José Pedro dos Santos Silva	individual	Veterano M40	01:03:12	+29:26	06:19
392	466	Cátia Coelho	mini fundistas	Senior Feminino	01:03:13	+29:27	06:19
393	192	Rui Jorge Monteiro da Silva	hmc sports	Veterano M40	01:03:18	+29:31	06:20
394	67	OFÉLIA AUGUSTO	besjoging	Veterana F50	01:03:25	+29:38	06:21
395	374	João Serdoura dos Santos	individual	Veterano M40	01:03:28	+29:41	06:21
396	294	Ivo Azevedo	individual	Senior Masculino	01:03:28	+29:42	06:21
397	541	Luís Montenegro	hospital veterinário montenegro	Veterano M40	01:03:40	+29:54	06:22
398	302	Luís Gomes	individual	Senior Masculino	01:03:44	+29:58	06:22
399	324	Rogério Henriques	individual	Senior Masculino	01:03:59	+30:13	06:24
400	352	Sofia Bastos	individual	Veterana F40	01:04:05	+30:18	06:25
401	344	Ester Soares	individual	Veterana F40	01:04:15	+30:29	06:26
402	69	Cristiana Patrícia Amador Pinto	bio run	Senior Feminino	01:04:38	+30:51	06:28
403	381	jose pinto	individual	Veterano M40	01:05:18	+31:31	06:32
404	377	Jorge Soares	individual	Veterano M40	01:05:18	+31:31	06:32
405	529	Cristina Carvalho	via maia	Senior Feminino	01:05:21	+31:34	06:32
406	530	Filipe Pereira	via maia	Senior Masculino	01:05:21	+31:34	06:32
407	354	fernanda coelho	individual	Veterana F50	01:05:21	+31:35	06:32
408	216	ana coelho da silva	individual	Senior Feminino	01:05:21	+31:35	06:32
409	109	Fernando Américo	cirac	Veterano M40	01:05:23	+31:37	06:32
410	105	Jose Soares	centro municipal de marcha e corrida de vale de cambra	Veterano M50	01:05:34	+31:47	06:33
411	148	Amelia Leandro	faes running	Veterana F50	01:05:43	+31:57	06:34
412	460	Ana Costa	mano a mano	Veterana F40	01:05:53	+32:06	06:35
413	337	Andreia Ribeiro	individual	Veterana F40	01:06:06	+32:20	06:37
414	461	Marlene Guedes	marbela	Senior Feminino	01:06:23	+32:36	06:38
415	462	Anabela Monteiro	marbela	Veterana F40	01:06:23	+32:36	06:38
416	49	Ana Maria Castro	amadores&basta	Senior Feminino	01:06:23	+32:37	06:38
417	50	Beatriz Almeida	amadores&basta	Senior Feminino	01:06:24	+32:37	06:38
418	55	Olívia Brandão	antónio	Veterana F50	01:06:29	+32:42	06:39
419	477	Paulo Soares	no tomorrow running team	Veterano M40	01:06:48	+33:01	06:41
420	242	Sara Sousa Baptista	individual	Senior Feminino	01:07:11	+33:25	06:43
421	225	Érica Lino Pereira	individual	Senior Feminino	01:07:11	+33:25	06:43
422	288	Gabriel jose santos silva	individual	Senior Masculino	01:07:13	+33:27	06:43
423	512	Carlos Cabouco	serviços sociais do montepio	Veterano M40	01:08:15	+34:29	06:50
424	178	Joana Moreira	hmc sports	Senior Feminino	01:08:16	+34:30	06:50
425	186	Catarina Bessa	hmc sports	Veterana F40	01:08:19	+34:32	06:50
426	245	Sofia Oliveira	individual	Senior Feminino	01:08:21	+34:34	06:50
427	243	Sofia Coutinho	individual	Senior Feminino	01:08:31	+34:45	06:51
428	508	Patricia Rebelo	serviços sociais do montepio	Senior Feminino	01:08:41	+34:54	06:52
429	509	Pedro Aires Moreira	serviços sociais do montepio	Senior Masculino	01:08:42	+34:55	06:52
430	534	Rui Rebelo	serviços sociais do montepio	Veterano M40	01:08:42	+34:55	06:52

CORRIDA - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
431	162	Marisa Rodrigues	geração paramos	Veterana F40	01:08:42	+34:56	06:52
432	278	Diogo Figueiredo	individual	Senior Masculino	01:08:44	+34:58	06:52
433	358	Teresa Maria dos Santos e Silva Ribeiro Moreira	individual	Veterana F50	01:08:50	+35:03	06:53
434	41	Natália Moreira	aliança de gandra	Veterana F40	01:08:51	+35:04	06:53
435	161	Conceição Bessa	geração paramos	Veterana F40	01:09:16	+35:29	06:56
436	228	Ingrid Rocha	individual	Senior Feminino	01:09:40	+35:54	06:58
437	531	Vera Nogueira	saniluz	Senior Feminino	01:10:56	+37:09	07:06
438	431	Jorge Esteves	individual	Veterano M50	01:10:57	+37:11	07:06
439	184	Sérgio Miguel de Oliveira Correia	hmc sports	Senior Masculino	01:11:00	+37:13	07:06
440	179	Tânia Silva Santos	hmc sports	Senior Feminino	01:11:01	+37:14	07:06
441	533	Paulo Jesus	feira viva	Veterano M40	01:11:16	+37:30	07:08
442	236	Marcia Moreira	individual	Senior Feminino	01:12:18	+38:31	07:14
443	218	Andreia Braga	individual	Senior Feminino	01:12:18	+38:31	07:14
444	124	Rui Costa	costa & gonçalves	Veterano M40	01:12:30	+38:43	07:15
445	498	CARMEN TEIXEIRA	re/max spirit - market	Senior Feminino	01:12:31	+38:44	07:15
446	416	António Brandão	individual	Veterano M50	01:13:09	+39:23	07:19
447	540	Atleta 540	individual	Senior Masculino	01:13:14	+39:27	07:19
448	389	Nuno Carneiro	individual	Veterano M40	01:13:15	+39:28	07:20
449	268	Carlos Azevedo 21	individual	Senior Masculino	01:13:25	+39:38	07:21
450	226	Filipa Belo	individual	Senior Feminino	01:14:27	+40:40	07:27
451	413	Alberto Neto	individual	Veterano M50	01:16:01	+42:14	07:36
452	219	Bruna	individual	Senior Feminino	01:16:59	+43:12	07:42
453	238	Marta Sousa Fernandes	individual	Senior Feminino	01:19:32	+45:45	07:57
454	224	Diana Silva	individual	Senior Feminino	01:22:03	+48:17	08:12

Corrida

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

39	491	María Monteiro	OvarRun	Senior Feminino	01:02:33	+28:47	06:15
40	169	Joana Neiva	Girls Trip	Senior Feminino	01:02:37	+28:50	06:16
41	202	Sara Silva	HomeGym	Senior Feminino	01:02:41	+28:54	06:16
42	476	Ana Luisa Xavier	NO TOMORROW RUNNING TEAM	Senior Feminino	01:02:52	+29:06	06:17
43	466	Cátia Coelho	Mini Fundistas	Senior Feminino	01:03:13	+29:27	06:19
44	69	Cristiana Patrícia Amador Pinto	Bio Run	Senior Feminino	01:04:38	+30:51	06:28
45	529	Cristina Carvalho	Via Maia	Senior Feminino	01:05:21	+31:34	06:32
46	216	ana coelho da silva	Individual	Senior Feminino	01:05:21	+31:35	06:32
47	461	Marlene Guedes	MARBELA	Senior Feminino	01:06:23	+32:36	06:38
48	49	Ana Maria Castro	Amadores&Basta	Senior Feminino	01:06:23	+32:37	06:38
49	50	Beatriz Almeida	Amadores&Basta	Senior Feminino	01:06:24	+32:37	06:38
50	242	Sara Sousa Baptista	Individual	Senior Feminino	01:07:11	+33:25	06:43
51	225	Érica Lino Pereira	Individual	Senior Feminino	01:07:11	+33:25	06:43
52	178	Joana Moreira	HMC Sports	Senior Feminino	01:08:16	+34:30	06:50
53	245	Sofia Oliveira	Individual	Senior Feminino	01:08:21	+34:34	06:50
54	243	Sofia Coutinho	Individual	Senior Feminino	01:08:31	+34:45	06:51
55	508	Patrícia Rebelo	Serviços Sociais do Montepio	Senior Feminino	01:08:41	+34:54	06:52
56	228	Ingrid Rocha	Individual	Senior Feminino	01:09:40	+35:54	06:58
57	531	Vera Nogueira	Saniluz	Senior Feminino	01:10:56	+37:09	07:06
58	179	Tânia Silva Santos	HMC Sports	Senior Feminino	01:11:01	+37:14	07:06
59	236	Marcia Moreira	Individual	Senior Feminino	01:12:18	+38:31	07:14
60	218	Andreia Braga	Individual	Senior Feminino	01:12:18	+38:31	07:14
61	498	CARMEN TEIXEIRA	RE/MAX Spirit - Market	Senior Feminino	01:12:31	+38:44	07:15
62	226	Filipa Belo	Individual	Senior Feminino	01:14:27	+40:40	07:27
63	219	Bruna	Individual	Senior Feminino	01:16:59	+43:12	07:42
64	238	Marta Sousa Fernandes	Individual	Senior Feminino	01:19:32	+45:45	07:57
65	224	Diana Silva	Individual	Senior Feminino	01:22:03	+48:17	08:12

Senior Masculino

1	2	Tozé Castro	Fiães Sport clube	Senior Masculino	33:46		03:23
2	151	Ricardo Silva	Fiães Sport clube	Senior Masculino	34:25	+00:38	03:27
3	4	Fábio Correia	Sporting Clube de Espinho / António Leitão	Senior Masculino	34:25	+00:38	03:27
4	152	Sérgio Rodrigues	Fiães Sport clube	Senior Masculino	36:59	+03:12	03:42
5	150	Helder Robalinho	Fiães Sport clube	Senior Masculino	37:06	+03:19	03:43
6	35	José Gaspar	ALIANÇA DE GANDRA	Senior Masculino	37:10	+03:24	03:43
7	299	João Sousa	Individual	Senior Masculino	37:15	+03:28	03:44
8	316	PAULO JORGE TEIXEIRA MOREIRA	Individual	Senior Masculino	37:16	+03:30	03:44
9	261	António Paiva Santos	Individual	Senior Masculino	37:25	+03:39	03:45
10	286	Filipe Almeida	Individual	Senior Masculino	37:50	+04:03	03:47
11	36	Luís Silva	ALIANÇA DE GANDRA	Senior Masculino	38:29	+04:43	03:51
12	92	Bruno Vidinha	Caldas S. Jorge Sport Clube	Senior Masculino	38:32	+04:46	03:51
13	322	Ricardo Pereira	Individual	Senior Masculino	38:38	+04:52	03:52
14	80	Vitor Manuel Ferreira Dias	Bravos&bravitas	Senior Masculino	38:54	+05:07	03:53
15	14	António Assunção	Acaíl Gás, S.A.	Senior Masculino	39:36	+05:49	03:58

Corrida

10 KM

OFFICIAL RESULT

16	456	Filipe Pereira	LOUSADA RUNNERS	Senior Masculino	39:36	+05:50	03:58
17	474	João Rocha	NAVR	Senior Masculino	40:10	+06:24	04:01
18	504	Vitor Rito	Running Espinho	Senior Masculino	40:14	+06:28	04:01
19	133	Miguel Faria	Running Espinho	Senior Masculino	40:31	+06:44	04:03
20	307	Márcio André	Individual	Senior Masculino	40:40	+06:53	04:04
21	93	Rúben Almeida	Caldas S. Jorge Sport Clube	Senior Masculino	40:58	+07:12	04:06
22	312	Nuno Albergaria	Individual	Senior Masculino	41:26	+07:39	04:09
23	517	António Constantino Silva	Silva & Nogueira Family	Senior Masculino	42:04	+08:18	04:12
24	77	Tiago santos	Bravos&bravitas	Senior Masculino	42:09	+08:23	04:13
25	332	Tiago Andre Gomes Oliveira	Individual	Senior Masculino	42:19	+08:33	04:14
26	323	Ricardo Silva	Individual	Senior Masculino	42:31	+08:44	04:15
27	303	Luís Madureira	Individual	Senior Masculino	42:35	+08:49	04:16
28	329	Rui Miguel Pereira dos Santos	Individual	Senior Masculino	42:47	+09:01	04:17
29	499	FRANCISCO PINTO	RE/MAX Spirit - Market	Senior Masculino	43:39	+09:52	04:22
30	131	Fábio Justo	Running Espinho	Senior Masculino	44:06	+10:20	04:25
31	258	André Rocha	Individual	Senior Masculino	44:07	+10:21	04:25
32	37	Miguel Ângelo	ALIANÇA DE GANDRA	Senior Masculino	44:09	+10:23	04:25
33	33	André Fernandes	ALIANÇA DE GANDRA	Senior Masculino	44:13	+10:26	04:25
34	141	Williams Rodriguez	ExSedentários	Senior Masculino	44:13	+10:27	04:25
35	289	Guilherme Sousa	Individual	Senior Masculino	44:21	+10:34	04:26
36	91	Antonio Neves	Caldas S. Jorge Sport Clube	Senior Masculino	44:22	+10:36	04:26
37	273	Cristiano Pereira	Individual	Senior Masculino	44:23	+10:36	04:26
38	171	Daniel Silva	Grupo Desportivo e Cultural do Banco de Portugal	Senior Masculino	44:31	+10:44	04:27
39	183	Pedro Miguel Magalhães	HMC Sports	Senior Masculino	44:56	+11:10	04:30
40	321	Ricardo Joel Ferreira Costa	Individual	Senior Masculino	44:58	+11:11	04:30
41	310	Micael santos	Individual	Senior Masculino	45:03	+11:17	04:30
42	172	Tiago Pereira	Grupo Desportivo e Cultural do Banco de Portugal	Senior Masculino	45:08	+11:22	04:31
43	292	Hugo Miguel Henriques Silva	Individual	Senior Masculino	45:17	+11:31	04:32
44	144	Gil Pinho	Feira Viva	Senior Masculino	45:21	+11:34	04:32
45	138	Germano Borges	ExSedentários	Senior Masculino	45:23	+11:36	04:32
46	272	César Guimarães	Individual	Senior Masculino	45:44	+11:57	04:34
47	78	Tiago vieira	Bravos&bravitas	Senior Masculino	45:47	+12:01	04:35
48	537	António Simões	Individual	Senior Masculino	45:48	+12:02	04:35
49	275	Cristiano Tavares Sousa	Individual	Senior Masculino	45:49	+12:03	04:35
50	265	Bruno Silva	Individual	Senior Masculino	46:00	+12:14	04:36
51	38	Ricardo Rocha	ALIANÇA DE GANDRA	Senior Masculino	46:02	+12:16	04:36
52	473	José valente	NAC TRAIL	Senior Masculino	46:03	+12:16	04:36
53	480	pedro rocha	OFRunning	Senior Masculino	46:13	+12:26	04:37
54	311	Miguel Ângelo Quintas Ferreira	Individual	Senior Masculino	46:24	+12:38	04:38
55	469	Cláudio Resende	Mini Fundistas	Senior Masculino	46:27	+12:41	04:39
56	468	Carlos Resende	Mini Fundistas	Senior Masculino	46:28	+12:41	04:39
57	182	Luis Rocha	HMC Sports	Senior Masculino	46:38	+12:51	04:40
58	52	José Quintinha	Amadores&Basta	Senior Masculino	46:38	+12:51	04:40
59	51	Eduardo Silva	Amadores&Basta	Senior Masculino	46:39	+12:52	04:40
60	255	Andre Adriano	Individual	Senior Masculino	46:45	+12:58	04:41

Corrida

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

61	526	André Silva	Turma fitness	Senior Masculino	47:26	+13:39	04:45
62	486	André Filipe da Silva Rocha	Os Mancos	Senior Masculino	47:43	+13:56	04:46
63	528	Rui Pereira	Turma fitness	Senior Masculino	47:48	+14:02	04:47
64	475	Pedro Pereira	NAVR	Senior Masculino	48:03	+14:16	04:48
65	85	Marcos Carvalho	Caipirinha Runners	Senior Masculino	48:25	+14:39	04:51
66	70	Marco Da Silva Pereira	Bio Run	Senior Masculino	48:28	+14:41	04:51
67	209	Rodrigo Lopes	HomeGym	Senior Masculino	48:31	+14:45	04:51
68	282	Élio Cardoso Ribeiro	Individual	Senior Masculino	48:34	+14:48	04:51
69	471	FILIPE MOTA	MOTAS RUNNING	Senior Masculino	48:36	+14:49	04:52
70	145	Rui Silva	Feira Viva	Senior Masculino	48:43	+14:56	04:52
71	317	Pedro Rodrigues	Individual	Senior Masculino	49:00	+15:14	04:54
72	291	Hélder Reis	Individual	Senior Masculino	49:05	+15:18	04:55
73	535	João Santos	Bravos&bravitas	Senior Masculino	49:22	+15:35	04:56
74	304	Marcelo Teixeira da mota	Individual	Senior Masculino	49:28	+15:42	04:57
75	325	Rui Castro Coelho	Individual	Senior Masculino	49:39	+15:52	04:58
76	132	Henrique Oliveira	Running Espinho	Senior Masculino	49:55	+16:09	05:00
77	493	João Tavares	OvarRun	Senior Masculino	50:26	+16:40	05:03
78	108	Miguel Ferreiora	CIRAC	Senior Masculino	50:29	+16:43	05:03
79	487	Carlos Freitas	Os Mancos	Senior Masculino	50:34	+16:48	05:03
80	257	André Reis	Individual	Senior Masculino	50:35	+16:49	05:04
81	160	Bruno Matos	Geração Paramos	Senior Masculino	50:38	+16:52	05:04
82	510	Vitor Oliveira	Serviços Sociais do Montepio	Senior Masculino	50:56	+17:09	05:06
83	313	Nuno Bastos	Individual	Senior Masculino	51:15	+17:29	05:08
84	75	Joao carlos	Bravos&bravitas	Senior Masculino	51:21	+17:34	05:08
85	458	João Costa	Mano a Mano	Senior Masculino	52:02	+18:16	05:12
86	79	Valter Pinho	Bravos&bravitas	Senior Masculino	52:10	+18:23	05:13
87	264	Bruno Santos	Individual	Senior Masculino	52:17	+18:30	05:14
88	274	Cristiano Sousa	Individual	Senior Masculino	52:18	+18:32	05:14
89	314	Nuno Lopes	Individual	Senior Masculino	52:28	+18:41	05:15
90	53	joão fonseca	amigos de s.pedro da cova	Senior Masculino	52:38	+18:51	05:16
91	301	JORGE Silva	Individual	Senior Masculino	52:42	+18:56	05:16
92	296	João Conceição	Individual	Senior Masculino	53:03	+19:17	05:18
93	99	Tiago Carvalho	Carvalhos	Senior Masculino	53:04	+19:17	05:18
94	305	Marcio	Individual	Senior Masculino	53:05	+19:18	05:19
95	263	Bruno Manuel Ribeiro Rodrigues	Individual	Senior Masculino	53:05	+19:18	05:19
96	308	Marco	Individual	Senior Masculino	53:05	+19:18	05:19
97	270	Carlos Maia	Individual	Senior Masculino	53:06	+19:20	05:19
98	267	Carlos Alberto Gomes Resende	Individual	Senior Masculino	53:09	+19:22	05:19
99	315	Óscar Manuel Barroqueiro Marques Rodrigues	Individual	Senior Masculino	53:12	+19:26	05:19
100	334	Vitor Miguel	Individual	Senior Masculino	53:26	+19:40	05:21
101	306	Márcio	Individual	Senior Masculino	53:27	+19:40	05:21
102	62	Alexandre Santos	avanca runners	Senior Masculino	53:27	+19:41	05:21
103	298	João Marcos de Castro Oliveira	Individual	Senior Masculino	53:42	+19:55	05:22
104	206	José Silva	HomeGym	Senior Masculino	53:52	+20:05	05:23
105	318	Ricardo	Individual	Senior Masculino	53:59	+20:13	05:24
106	279	Diogo Melo	Individual	Senior Masculino	54:02	+20:15	05:24

Corrida**10 KM****OFFICIAL RESULT**

107	281	Eduardo Seabra	Individual	Senior Masculino	54:13	+20:27	05:25
108	503	Pedro Marques	Rumo34	Senior Masculino	54:21	+20:35	05:26
109	536	Vitor Silva	MC	Senior Masculino	54:22	+20:36	05:26
110	208	Ricardo Martins	HomeGym	Senior Masculino	54:31	+20:44	05:27
111	205	Filipe Coito	HomeGym	Senior Masculino	54:31	+20:44	05:27
112	326	Rui Filipe Brandão	Individual	Senior Masculino	54:34	+20:47	05:27
113	139	Nuno Azevedo	ExSedentários	Senior Masculino	54:43	+20:57	05:28
114	204	Bruno Resende	HomeGym	Senior Masculino	54:45	+20:59	05:29
115	280	Diogo Xavier Fonseca Moreira	Individual	Senior Masculino	54:45	+20:59	05:29
116	293	Hugo Soares	Individual	Senior Masculino	55:04	+21:18	05:30
117	333	Tiago Emanuel Ferreira Fernandes	Individual	Senior Masculino	55:16	+21:30	05:32
118	459	Márcio Costa	Mano a Mano	Senior Masculino	55:27	+21:41	05:33
119	482	Paulo Maia	Os lamechas	Senior Masculino	55:27	+21:41	05:33
120	106	Fausto Sá	CIRAC	Senior Masculino	56:13	+22:27	05:37
121	107	José Luis Pinto	CIRAC	Senior Masculino	56:14	+22:28	05:37
122	320	Ricardo Gama	Individual	Senior Masculino	56:23	+22:37	05:38
123	254	Amaury Pinho	Individual	Senior Masculino	56:23	+22:37	05:38
124	277	Daniel Silva	Individual	Senior Masculino	56:24	+22:38	05:38
125	9	Daniel Machado	512	Senior Masculino	56:25	+22:39	05:39
126	262	Bruno Goncalves	Individual	Senior Masculino	56:37	+22:51	05:40
127	15	Fernando Martins	Acaíl Gás, S.A.	Senior Masculino	56:42	+22:55	05:40
128	331	Sérgio Dominique	Individual	Senior Masculino	56:51	+23:05	05:41
129	328	RUI JOSÉ RIBEIRO PIRES ALVES BRAGA	Individual	Senior Masculino	56:53	+23:07	05:41
130	76	Nuno teixeira	Bravos&bravitas	Senior Masculino	57:06	+23:20	05:43
131	266	Bruno valente	Individual	Senior Masculino	57:36	+23:50	05:46
132	57	João santos	Aroucas	Senior Masculino	57:45	+23:58	05:47
133	271	Carlos Pedro Silva	Individual	Senior Masculino	57:45	+23:59	05:47
134	330	Rui Rodrigues	Individual	Senior Masculino	58:06	+24:19	05:49
135	181	Leonel Resende da Rocha	HMC Sports	Senior Masculino	58:33	+24:46	05:51
136	214	Nuno Santos	Hora do Lobo Trail / Clube Futebol de Perosinho Atletismo	Senior Masculino	58:48	+25:02	05:53
137	176	Alexandre Miguel Pereira Silva	HMC Sports	Senior Masculino	59:01	+25:14	05:54
138	527	Ricardo Silva	Turma fitness	Senior Masculino	59:16	+25:29	05:56
139	58	Luis bernardo	Aroucas	Senior Masculino	59:24	+25:37	05:56
140	207	Nuno Silva	HomeGym	Senior Masculino	59:29	+25:42	05:57
141	159	Ivo	Galinhas de Cross	Senior Masculino	59:56	+26:10	06:00
142	136	Fábio Ferreira	EVS	Senior Masculino	01:01:10	+27:24	06:07
143	140	Rui Barbosa	ExSedentários	Senior Masculino	01:01:32	+27:46	06:09
144	285	Fernando Sergio da Cunha Brandão	Individual	Senior Masculino	01:01:32	+27:46	06:09
145	309	Mário Araújo	Individual	Senior Masculino	01:02:28	+28:42	06:15
146	260	António Oliveira	Individual	Senior Masculino	01:02:57	+29:11	06:18
147	294	Ivo Azevedo	Individual	Senior Masculino	01:03:28	+29:42	06:21
148	302	Luís Gomes	Individual	Senior Masculino	01:03:44	+29:58	06:22
149	324	Rogério Henriques	Individual	Senior Masculino	01:03:59	+30:13	06:24
150	530	Filipe Pereira	Via Maia	Senior Masculino	01:05:21	+31:34	06:32
151	288	Gabriel jose santos silva	Individual	Senior Masculino	01:07:13	+33:27	06:43

Official Timekeeper: Lap2Go

5 / 11

generate 18-nov-2018 16:34

Corrida**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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152	509	Pedro Aires Moreira	Serviços Sociais do Montepio	Senior Masculino	01:08:42	+34:55	06:52
153	278	Diogo Figueiredo	Individual	Senior Masculino	01:08:44	+34:58	06:52
154	184	Sérgio Miguel de Oliveira Correia	HMC Sports	Senior Masculino	01:11:00	+37:13	07:06
155	540	Atleta 540	Individual	Senior Masculino	01:13:14	+39:27	07:19
156	268	Carlos Azevedo 21	Individual	Senior Masculino	01:13:25	+39:38	07:21

Veterana F40

1	187	Maria de Jesus Alves Lino	HMC Sports	Veterana F40	49:34	+15:47	04:57
2	153	Maria Leite	Fiães Sport clube	Veterana F40	49:47	+16:01	04:59
3	518	Isabel Soares	SPORTARC	Veterana F40	51:47	+18:00	05:11
4	10	Diana Carneiro	512	Veterana F40	52:31	+18:45	05:15
5	338	Carla Maria Reis de Sá Cardoso	Individual	Veterana F40	52:48	+19:01	05:17
6	7	Teresa Fallé	Feira Viva	Veterana F40	54:23	+20:37	05:26
7	6	Raquel Patrícia Loureiro Delgadinho	HMC Sports	Veterana F40	54:55	+21:08	05:30
8	347	Maria do Céu de Oliveira Barbosa Vilar	Individual	Veterana F40	55:22	+21:35	05:32
9	123	Clara Gonçalves	Costa & Gonçalves	Veterana F40	55:35	+21:49	05:34
10	343	Elvira Silva	Individual	Veterana F40	55:43	+21:57	05:34
11	335	Ana Falcao	Individual	Veterana F40	55:46	+21:59	05:35
12	348	Maria Emilia Couto Ferreira	Running Espinho	Veterana F40	56:37	+22:51	05:40
13	81	Dorinda	Bravos&bravitas	Veterana F40	57:06	+23:19	05:43
14	88	ANA CASTRO	CAL - Clube Atletismo de Lamas	Veterana F40	57:28	+23:42	05:45
15	351	Sandra Sofia Marques Martins	Individual	Veterana F40	57:47	+24:00	05:47
16	345	Glória Monteiro	Individual	Veterana F40	57:56	+24:10	05:48
17	353	Sónia Margarida Lopes Coelho	Individual	Veterana F40	01:00:07	+26:20	06:01
18	511	Maria Fátima Leal	Serviços Sociais do Montepio	Veterana F40	01:00:17	+26:31	06:02
19	341	Conceição Soares	Individual	Veterana F40	01:00:38	+26:51	06:04
20	350	Orquídea Gomes	Individual	Veterana F40	01:00:44	+26:58	06:04
21	146	Carla Fallé	Feira Viva	Veterana F40	01:01:33	+27:47	06:09
22	39	Ana Dias	ALIANÇA DE GANDRA	Veterana F40	01:01:34	+27:47	06:09
23	129	Alexandra Soares	Running Espinho	Veterana F40	01:01:46	+28:00	06:11
24	523	Sandra Monteiro Correia	Team Bichos	Veterana F40	01:01:54	+28:08	06:11
25	524	Teresa Brito	Team Bichos	Veterana F40	01:01:55	+28:08	06:12
26	86	Sandra Martins	Caipirinha Runners	Veterana F40	01:02:09	+28:22	06:13
27	494	Sara Rodrigues	OvarRun	Veterana F40	01:02:33	+28:47	06:15
28	352	Sofia Bastos	Individual	Veterana F40	01:04:05	+30:18	06:25
29	344	Ester Soares	Individual	Veterana F40	01:04:15	+30:29	06:26
30	460	Ana Costa	Mano a Mano	Veterana F40	01:05:53	+32:06	06:35
31	337	Andreia Ribeiro	Individual	Veterana F40	01:06:06	+32:20	06:37
32	462	Anabela Monteiro	MARBELA	Veterana F40	01:06:23	+32:36	06:38
33	186	Catarina Bessa	HMC Sports	Veterana F40	01:08:19	+34:32	06:50
34	162	Marisa Rodrigues	Geração Paramos	Veterana F40	01:08:42	+34:56	06:52
35	41	Natália Moreira	ALIANÇA DE GANDRA	Veterana F40	01:08:51	+35:04	06:53
36	161	Conceição Bessa	Geração Paramos	Veterana F40	01:09:16	+35:29	06:56

Corrida

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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Veterana F50

1	448	MATILDE BAPTISTA	JAM - Juventude Atlética Mozelense	Veterana F50	44:28	+10:42	04:27
2	154	Fátima Pais	Fiães Sport clube	Veterana F50	51:12	+17:26	05:07
3	357	Maria Reis	Individual	Veterana F50	58:26	+24:39	05:51
4	447	MARINHA BAPTISTA	JAM - Juventude Atlética Mozelense	Veterana F50	59:19	+25:33	05:56
5	149	maria ferreira	Fiaes Sport Club	Veterana F50	01:01:55	+28:09	06:12
6	356	Laurinda Maria Lopes Andrade Oliveira	Individual	Veterana F50	01:03:11	+29:25	06:19
7	67	OFÉLIA AUGUSTO	BESJOGING	Veterana F50	01:03:25	+29:38	06:21
8	354	fernanda coelho	Individual	Veterana F50	01:05:21	+31:35	06:32
9	148	Amelia Leandro	fiaes running	Veterana F50	01:05:43	+31:57	06:34
10	55	Olívia Brandão	António	Veterana F50	01:06:29	+32:42	06:39
11	358	Teresa Maria dos Santos e Silva Ribeiro Moreira	Individual	Veterana F50	01:08:50	+35:03	06:53

Veterano M40

1	127	Telmo Veloso	EDV - Viana Trail	Veterano M40	34:42	+00:55	03:28
2	1	paulo pereira	GDC Guilhovai	Veterano M40	35:05	+01:18	03:31
3	64	marco andrade	avanca runners	Veterano M40	36:26	+02:39	03:39
4	3	Tozé Amorim	Fiães Sport clube	Veterano M40	37:50	+04:03	03:47
5	542	Abílio Ribeiro	Fiães Sport clube	Veterano M40	38:15	+04:28	03:50
6	25	Paulo Figueiredo	AFIS/OVAR	Veterano M40	38:26	+04:40	03:51
7	24	José Godinho	AFIS/OVAR	Veterano M40	39:13	+05:27	03:55
8	539	Pedro Pinho	Individual	Veterano M40	39:51	+06:04	03:59
9	94	Alberto Neves	Caldas S. Jorge Sport Clube	Veterano M40	40:08	+06:22	04:01
10	363	António Francisco	Individual	Veterano M40	41:05	+07:19	04:07
11	43	José Neves	ALIANÇA DE GANDRA	Veterano M40	41:20	+07:34	04:08
12	375	Joaquim Pinheiro	Individual	Veterano M40	41:25	+07:39	04:09
13	408	Victor Correia	Individual	Veterano M40	41:28	+07:42	04:09
14	379	José Manuel Assunção Correia	Individual	Veterano M40	41:34	+07:48	04:09
15	388	Marco Neves	Individual	Veterano M40	42:15	+08:28	04:14
16	390	Nuno Maia	Individual	Veterano M40	42:30	+08:43	04:15
17	121	RUI FELGUEIRAS	Clube Millennium BCP	Veterano M40	42:50	+09:04	04:17
18	376	Joice Jesus	Individual	Veterano M40	42:56	+09:10	04:18
19	382	José Salgado	Individual	Veterano M40	44:11	+10:25	04:25
20	48	Luis Carlos Ferreira Campos Lobo	All-titudes trail team	Veterano M40	44:22	+10:35	04:26
21	406	Sérgio Oliveira	Individual	Veterano M40	44:31	+10:45	04:27
22	360	Adalberto Costa	Individual	Veterano M40	44:50	+11:03	04:29
23	400	Roberto Silva	Individual	Veterano M40	45:04	+11:17	04:30
24	95	Eduardo Martins	Caldas S. Jorge Sport Clube	Veterano M40	45:06	+11:20	04:31
25	56	Paulo Jorge Gomes Grilo	ARCORUN	Veterano M40	45:11	+11:24	04:31
26	532	Nuno Santos	Saniluz	Veterano M40	45:48	+12:02	04:35
27	96	Manuel Almeida	Caldas S. Jorge Sport Clube	Veterano M40	45:56	+12:10	04:36
28	495	Valter Correia	OvarRun	Veterano M40	46:17	+12:30	04:38

Official Timekeeper: Lap2Go	7 / 11	generate 18-nov-2018 16:34
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Corrida

10 KM

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OFFICIAL RESULT

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29	371	Hugo de Sá	Individual	Veterano M40	46:24	+12:38	04:38
30	401	Rui Ferreira	Individual	Veterano M40	46:30	+12:44	04:39
31	97	Vitor Marques	Caldas S. Jorge Sport Clube	Veterano M40	46:34	+12:48	04:39
32	547	Raul Silva	Núcleo de Montanha de Espinho	Veterano M40	46:35	+12:48	04:40
33	118	CARLOS COSTA	Clube Millennium BCP	Veterano M40	46:35	+12:49	04:40
34	167	Rui Nuno Silva	Gilua	Veterano M40	46:37	+12:51	04:40
35	119	HUGO PEREIRA	Clube Millennium BCP	Veterano M40	47:23	+13:36	04:44
36	359	Abílio Joaquim Marques Pinto	Individual	Veterano M40	47:35	+13:49	04:46
37	385	Luis Almeida	Individual	Veterano M40	47:46	+14:00	04:47
38	392	Paulo Alexandre Silva	Individual	Veterano M40	48:04	+14:17	04:48
39	364	Antonio leal Leal	Individual	Veterano M40	48:10	+14:24	04:49
40	463	JORGE LAGAREIRO	MC	Veterano M40	48:12	+14:25	04:49
41	399	Ricardo Oliveira	Individual	Veterano M40	48:14	+14:28	04:49
42	387	Luis Gomes	Individual	Veterano M40	48:17	+14:30	04:50
43	44	Pedro Silva	ALIANÇA DE GANDRA	Veterano M40	48:24	+14:38	04:50
44	87	Paulo Ferreira	Caipirinha Runners	Veterano M40	48:25	+14:39	04:51
45	361	Alexandre Vieira	Individual	Veterano M40	48:47	+15:01	04:53
46	513	Helder Pereira	Serviços Sociais do Montepio	Veterano M40	48:51	+15:04	04:53
47	501	SÉRGIO PINTO ALMEIDA	RE/MAX Spirit - Market	Veterano M40	48:56	+15:10	04:54
48	173	Marco Silva	Grupo Desportivo e Cultural do Banco de Portugal	Veterano M40	49:02	+15:16	04:54
49	525	Carlos Ribeiro	Trail4Fun	Veterano M40	49:34	+15:48	04:57
50	211	Sérgio Almeida	HomeGym	Veterano M40	49:43	+15:56	04:58
51	21	José Machado	Achados Ao Acaso	Veterano M40	49:51	+16:04	04:59
52	386	Luís Ferreira	Individual	Veterano M40	49:53	+16:07	04:59
53	366	Carlos Silva	Individual	Veterano M40	50:01	+16:14	05:00
54	46	Sérgio Pereira	ALIANÇA DE GANDRA	Veterano M40	50:24	+16:37	05:02
55	402	Rui Gomes	Individual	Veterano M40	50:33	+16:46	05:03
56	397	Renato Paulo Silva Tavares	Individual	Veterano M40	50:41	+16:55	05:04
57	395	Paulo Ribeiro	Individual	Veterano M40	51:02	+17:16	05:06
58	18	Jorge Francisco	Acail Gás, S.A.	Veterano M40	51:54	+18:08	05:11
59	393	Paulo Almeida	Individual	Veterano M40	52:11	+18:25	05:13
60	368	ELISIO MAIA	Individual	Veterano M40	52:22	+18:35	05:14
61	453	Paulo Rodrigues	JARP	Veterano M40	52:37	+18:51	05:16
62	45	Roberto Moreira	ALIANÇA DE GANDRA	Veterano M40	52:52	+19:06	05:17
63	454	Pedro Pinto	JARP	Veterano M40	52:56	+19:09	05:18
64	101	Carlos Rodrigues	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterano M40	52:58	+19:11	05:18
65	188	António Rocha	HMC Sports	Veterano M40	52:59	+19:13	05:18
66	391	Paul Jorge	Individual	Veterano M40	53:00	+19:14	05:18
67	370	francisco oliveira	Individual	Veterano M40	53:12	+19:26	05:19
68	147	Marco Brito	Feira Viva	Veterano M40	53:27	+19:40	05:21
69	409	Vitor manuel da silva resende21	Individual	Veterano M40	53:37	+19:51	05:22
70	464	JORGE SILVA	MC	Veterano M40	53:48	+20:01	05:23
71	369	Fernando Abreu	Individual	Veterano M40	53:50	+20:04	05:23
72	449	JOSÉ PINTO	JAM - Juventude Atlético Mozelense	Veterano M40	53:51	+20:05	05:23

Corrida

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

73	210	Mané	HomeGym	Veterano M40	53:52	+20:05	05:23
74	42	Hélder Borges	ALIANÇA DE GANDRA	Veterano M40	53:55	+20:09	05:24
75	372	Hugo Emanuel Cardoso Almeida	Individual	Veterano M40	54:11	+20:25	05:25
76	22	Américo Oliveira	AFIS/OVAR	Veterano M40	54:13	+20:26	05:25
77	190	Jorge Amorim	HMC Sports	Veterano M40	54:26	+20:39	05:27
78	367	Eduardo Falcão	Individual	Veterano M40	54:45	+20:58	05:29
79	163	Antonio Sa	Geração Paramos	Veterano M40	54:49	+21:02	05:29
80	398	Ricardo Nordeste	Individual	Veterano M40	55:25	+21:39	05:33
81	407	Tony Henrique Matias Silva	Individual	Veterano M40	56:13	+22:27	05:37
82	189	Joaquim José Cardoso Encarnação	HMC Sports	Veterano M40	56:16	+22:29	05:38
83	394	Paulo Godinho	Individual	Veterano M40	56:42	+22:56	05:40
84	165	Eusebio Lopes	Geração Paramos	Veterano M40	57:15	+23:28	05:44
85	378	José M. M. Quintas	Individual	Veterano M40	57:46	+23:59	05:47
86	117	Álvaro Pinto	Clube Millennium BCP	Veterano M40	59:03	+25:17	05:54
87	65	paulo barbosa	avanca runners	Veterano M40	59:54	+26:08	05:59
88	66	paulo oliveira	avanca runners	Veterano M40	59:55	+26:08	06:00
89	365	Carlos Alexandre Pinho Silva	Individual	Veterano M40	01:00:07	+26:20	06:01
90	191	Pedro Cruz	HMC Sports	Veterano M40	01:00:37	+26:51	06:04
91	483	José Paiva	Os lamechas	Veterano M40	01:00:50	+27:04	06:05
92	484	Marco Maia	Os lamechas	Veterano M40	01:00:51	+27:04	06:05
93	500	RUI MATOS	RE/MAX Spirit - Market	Veterano M40	01:01:07	+27:21	06:07
94	383	José Tavares	Individual	Veterano M40	01:01:09	+27:22	06:07
95	47	Carlos Manuel Carvalho Guedes	All-titudes trail team	Veterano M40	01:01:23	+27:37	06:08
96	19	Vitor Costa	Acail Gás, S.A.	Veterano M40	01:01:30	+27:44	06:09
97	17	Domingos Novo	Acail Gás, S.A.	Veterano M40	01:01:30	+27:44	06:09
98	40	José Carneiro	ALIANÇA DE GANDRA	Veterano M40	01:01:33	+27:47	06:09
99	120	PAULO FIUZA	Clube Millennium BCP	Veterano M40	01:02:26	+28:39	06:15
100	212	Vasco Monteiro	HomeGym	Veterano M40	01:02:28	+28:42	06:15
101	516	Sérgio Oliveira	Serviços Sociais do Montepio	Veterano M40	01:03:02	+29:16	06:18
102	362	ANDRÉ VIEIRA	Individual	Veterano M40	01:03:10	+29:24	06:19
103	380	José Pedro dos Santos Silva	Individual	Veterano M40	01:03:12	+29:26	06:19
104	192	Rui Jorge Monteiro da Silva	HMC Sports	Veterano M40	01:03:18	+29:31	06:20
105	374	João Serdoura dos Santos	Individual	Veterano M40	01:03:28	+29:41	06:21
106	541	Luís Montenegro	Hospital Veterinário Montenegro	Veterano M40	01:03:40	+29:54	06:22
107	381	jose pinto	Individual	Veterano M40	01:05:18	+31:31	06:32
108	377	Jorge Soares	Individual	Veterano M40	01:05:18	+31:31	06:32
109	109	Fernando Américo	CIRAC	Veterano M40	01:05:23	+31:37	06:32
110	477	Paulo Soares	NO TOMORROW RUNNING TEAM	Veterano M40	01:06:48	+33:01	06:41
111	512	Carlos Cabouco	Serviços Sociais do Montepio	Veterano M40	01:08:15	+34:29	06:50
112	534	Rui Rebelo	Serviços Sociais do Montepio	Veterano M40	01:08:42	+34:55	06:52
113	533	Paulo Jesus	Feira Viva	Veterano M40	01:11:16	+37:30	07:08
114	124	Rui Costa	Costa & Gonçalves	Veterano M40	01:12:30	+38:43	07:15
115	389	Nuno Carneiro	Individual	Veterano M40	01:13:15	+39:28	07:20

Corrida

10 KM

OFFICIAL RESULT

Veterano M50

1	155	David Leite	Fiães Sport clube	Veterano M50	37:19	+03:33	03:44
2	521	Augusto Aluai	Sporting Clube de Espinho / António Leitão	Veterano M50	37:38	+03:52	03:46
3	174	Belmiro Ferreira	Grupo Desportivo Leões da Guarda	Veterano M50	37:47	+04:00	03:47
4	419	António Pinto	Individual	Veterano M50	40:14	+06:28	04:01
5	437	José Soares Correia	Individual	Veterano M50	40:49	+07:02	04:05
6	451	FERNANDO BRANDÃO	JAM - Juventude Atlético Mozense	Veterano M50	41:09	+07:23	04:07
7	538	David Fernandes	GDC Guilhovai	Veterano M50	41:34	+07:47	04:09
8	424	fernando morais	Individual	Veterano M50	41:44	+07:58	04:10
9	31	Salvador Fardilha	AFIS/OVAR	Veterano M50	41:50	+08:04	04:11
10	11	LUIS MARTINS	A.R DE NEGRELOS	Veterano M50	41:57	+08:11	04:12
11	12	MANUEL GOMES	A.R DE NEGRELOS	Veterano M50	42:27	+08:41	04:15
12	465	JORGE MOREIRA	MC	Veterano M50	43:32	+09:46	04:21
13	488	David Silva	Os Mancos	Veterano M50	43:46	+10:00	04:23
14	175	carlos Frias	Grupo Desportivo Leões da Guarda	Veterano M50	44:30	+10:44	04:27
15	441	manuel constantino silva	Individual	Veterano M50	44:55	+11:08	04:30
16	420	Carlos Alberto Ferreira	Individual	Veterano M50	45:12	+11:26	04:31
17	433	jorge oliveira	Individual	Veterano M50	45:21	+11:35	04:32
18	520	António Neves	Sporting Clube de Espinho / António Leitão	Veterano M50	46:45	+12:58	04:41
19	102	Arlindo Rodrigues	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterano M50	46:57	+13:11	04:42
20	506	Carlos Tavares	RunRiver - Escola Atletismo de Rio Tinto	Veterano M50	47:24	+13:38	04:44
21	112	Fernando Gonçalves	CIRAC	Veterano M50	47:27	+13:40	04:45
22	111	Carlos Tavares	CIRAC	Veterano M50	47:27	+13:41	04:45
23	417	Antonio Carmo	Individual	Veterano M50	47:28	+13:42	04:45
24	489	Joaquim Teixeira	Os Mancos	Veterano M50	48:47	+15:00	04:53
25	103	Domingos Silva	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterano M50	49:33	+15:46	04:57
26	440	Luís Higinio	Individual	Veterano M50	49:33	+15:47	04:57
27	425	Fernando Pinho	Individual	Veterano M50	49:35	+15:48	04:58
28	68	CELSO COELHO	BESJOGING	Veterano M50	49:47	+16:01	04:59
29	450	AUGUSTO BAPTISTA	JAM - Juventude Atlético Mozense	Veterano M50	49:49	+16:02	04:59
30	443	Nestor Gomes	Individual	Veterano M50	49:50	+16:04	04:59
31	98	Paulo Milheiro	Caldas S. Jorge Sport Clube	Veterano M50	50:17	+16:30	05:02
32	439	Luís Filipe Martins Soares	Individual	Veterano M50	50:18	+16:31	05:02
33	122	FIRMINO NOGUEIRA	Clube Millennium BCP	Veterano M50	50:37	+16:51	05:04
34	444	Oscar Loureiro	Individual	Veterano M50	50:45	+16:59	05:05
35	89	JOAQUIM PAULINO	CAL - Clube Atletismo de Lamas	Veterano M50	51:29	+17:43	05:09
36	410	Adão Rocha	Individual	Veterano M50	51:32	+17:45	05:09
37	13	DELFIM COSTA	ABO, LDA	Veterano M50	51:32	+17:46	05:09
38	194	Fernando Santos Teixeira Brandão	HMC Sports	Veterano M50	51:57	+18:10	05:12

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39	28	José Sousa	AFIS/OVAR	Veterano M50	52:57	+19:11	05:18
40	415	Álvaro Henriques	Individual	Veterano M50	53:05	+19:18	05:19
41	445	Pedro Dias	Individual	Veterano M50	53:12	+19:25	05:19
42	414	Alberto Oliveira	Individual	Veterano M50	53:28	+19:41	05:21
43	436	José Baptista	Individual	Veterano M50	53:39	+19:52	05:22
44	423	Fernando dias	Individual	Veterano M50	53:44	+19:58	05:22
45	29	Manuel Gomes	AFIS/OVAR	Veterano M50	54:00	+20:14	05:24
46	104	Filipe Soares	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterano M50	54:02	+20:15	05:24
47	26	Carlos Campos	AFIS/OVAR	Veterano M50	54:12	+20:26	05:25
48	429	Joaquim Manuel da Costa Moreira	Individual	Veterano M50	54:23	+20:36	05:26
49	442	Mário Silva	Individual	Veterano M50	54:52	+21:06	05:29
50	54	serafim fonseca	amigos de s.pedro da cova	Veterano M50	55:17	+21:30	05:32
51	30	Manuel Rilho	AFIS/OVAR	Veterano M50	55:33	+21:46	05:33
52	446	Valdemar Almeida	Individual	Veterano M50	55:39	+21:52	05:34
53	418	António Hugo Tavares da Silva Lamarão	Individual	Veterano M50	56:03	+22:17	05:36
54	481	jose moura de sousa	OS BARRIGUITAS	Veterano M50	56:10	+22:24	05:37
55	435	José Alves dos Santos Correia	Individual	Veterano M50	56:40	+22:54	05:40
56	90	LUCIDIO DIAS	CAL - Clube Atletismo de Lamas	Veterano M50	56:48	+23:02	05:41
57	438	Luis António Marques de Carvalho	Individual	Veterano M50	57:01	+23:14	05:42
58	426	FERNANDO SILVA	Individual	Veterano M50	57:02	+23:15	05:42
59	428	João Pintinha	Individual	Veterano M50	57:25	+23:38	05:45
60	8	Paulo Pais	Feira Viva	Veterano M50	57:59	+24:12	05:48
61	455	José Pinto	JARP	Veterano M50	58:12	+24:26	05:49
62	193	Fernando Jorge Almeida Mautempo	HMC Sports	Veterano M50	58:55	+25:09	05:54
63	213	Virgilio Silva	HomeGym	Veterano M50	59:03	+25:17	05:54
64	411	Adriano Manuel Costa Oliveira	Individual	Veterano M50	59:09	+25:22	05:55
65	196	Manuel Arnaldo Silva Oliveira	HMC Sports	Veterano M50	01:00:38	+26:52	06:04
66	427	HELENA SOFIA DE JESUS MARQUES ESTEVES HENRIQUE DAMIÃO RODRIGUES BORGES	Individual	Veterano M50	01:01:22	+27:36	06:08
67	100	Manuel Carvalho	Carvalhos	Veterano M50	01:02:18	+28:32	06:14
68	105	Jose Soares	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterano M50	01:05:34	+31:47	06:33
69	431	Jorge Esteves	Individual	Veterano M50	01:10:57	+37:11	07:06
70	416	António Brandão	Individual	Veterano M50	01:13:09	+39:23	07:19
71	413	Alberto Neto	Individual	Veterano M50	01:16:01	+42:14	07:36

