

TRAIL LONGO - STAGE 1

17 KM

[illegible]

OFFICIAL RESULT

[illegible]

R

REVISED

	Time	Temperature	Humidity
Start	09:00	16°C	100%
End	11:40	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
1	17	Miguel Ferraz	a.d.amarante trail running	Senior Masculino	01:09:39		04:06
2	28	Márcio Castro	adrap	Senior Masculino	01:10:42	+01:02	04:10
3	20	Paulo Costa	a.d.amarante trail running	Senior Masculino	01:11:21	+01:41	04:12
4	25	Vítor Costa	a.d.amarante trail running	Veterano M40	01:13:27	+03:47	04:19
5	12	Adão Pinto	a.d.amarante trail running	Veterano M50	01:15:15	+05:35	04:26
6	105	Pedro Rocha	individual	Senior Masculino	01:17:32	+07:52	04:34
7	158	Pedro Gilvaz	ribeiras trail	Veterano M40	01:20:33	+10:53	04:44
8	149	Ricardo Almeida	morcegos trail	Senior Masculino	01:21:05	+11:25	04:46
9	49	Gilberto costa	espinho trail team	Veterano M40	01:21:41	+12:02	04:48
10	68	Rui Costa	hora do lobo trail - cf perosinho atletismo	Senior Masculino	01:22:53	+13:14	04:53
11	90	Andre Silva	individual	Senior Masculino	01:23:43	+14:04	04:56
12	110	Lucinda Sousa	individual	Veterana F40	01:24:13	+14:34	04:57
13	131	Rui Pinto	individual	Veterano M40	01:24:14	+14:34	04:57
14	31	Leonel Neves	amigos aliança de gandra	Veterano M40	01:24:40	+15:01	04:59
15	58	Bruno Miguel da costa marques Gonçalves	grvilaverdense	Senior Masculino	01:24:47	+15:08	04:59
16	160	Paulo Campos	hora do lobo trail - cf perosinho atletismo	Veterano M40	01:26:34	+16:54	05:06
17	102	Leandro Costa	individual	Senior Masculino	01:27:01	+17:22	05:07
18	191	Luís Leça	trocopasso runners	Veterano M40	01:28:10	+18:30	05:11
19	190	José Rodrigues	trocopasso runners	Veterano M40	01:28:12	+18:33	05:11
20	30	José Carlos Parente	amc trail	Veterano M50	01:28:24	+18:45	05:12
21	124	José Peixoto	individual	Veterano M40	01:28:34	+18:55	05:13
22	117	Carlos alberto grilo magro miranda	individual	Veterano M40	01:28:54	+19:15	05:14
23	44	Fernando Coelho	caracois do monte	Veterano M40	01:29:47	+20:07	05:17
24	123	José Ferreira	individual	Veterano M40	01:30:18	+20:38	05:19
25	56	José paulo Ribeiro	gondomar futsal	Veterano M40	01:30:21	+20:41	05:19
26	182	José Almeida	trocopasso runners	Senior Masculino	01:30:37	+20:58	05:20
27	87	Fernando Oliveira	hora do lobo trail - cf perosinho atletismo	Veterano M60	01:30:39	+20:59	05:20
28	91	Antonio Carlos Campos Rocha	individual	Senior Masculino	01:30:51	+21:12	05:21
29	101	José Valente	individual	Senior Masculino	01:31:16	+21:37	05:22
30	24	Virgílio Pinhel	a.d.amarante trail running	Veterano M40	01:32:35	+22:55	05:27
31	48	Vítor Maia	espinho trail team	Senior Masculino	01:32:35	+22:56	05:27
32	80	Leonel Silva	hora do lobo trail - cf perosinho atletismo	Veterano M40	01:32:36	+22:56	05:27
33	79	Jorge Silva	hora do lobo trail - cf perosinho atletismo	Veterano M40	01:32:36	+22:56	05:27
34	84	Jose Sousa	hora do lobo trail - cf perosinho atletismo	Senior Masculino	01:32:36	+22:57	05:27
35	51	Daniel Soares	fat and furious	Senior Masculino	01:32:44	+23:05	05:27
36	95	Diogo Aguiar	individual	Senior Masculino	01:32:59	+23:19	05:28
37	156	Nuno Pinto	ribeiras trail	Senior Masculino	01:33:34	+23:55	05:30
38	8	Claudia Moreira	a.d.amarante trail running	Senior Feminino	01:33:37	+23:58	05:30
39	18	Miguel Pereira	a.d.amarante trail running	Senior Masculino	01:33:38	+23:58	05:30
40	659	Ana Amaral	centro ciclista de gondomar	Veterana F40	01:33:51	+24:11	05:31

TRAIL LONGO - STAGE 1

17 KM

[illegible]

OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	77	César Sousa	hora do lobo trail - cf perosinho atletismo	Veterano M40	01:34:47	+25:08	05:35
42	81	Luis Morais	hora do lobo trail - cf perosinho atletismo	Veterano M40	01:35:53	+26:13	05:38
43	137	Paulo Ribeiro	individual	Veterano M50	01:37:45	+28:05	05:45
44	92	Carlos Paiva	individual	Senior Masculino	01:39:04	+29:25	05:50
45	122	Hugo Miguel Pinto	individual	Veterano M40	01:39:05	+29:25	05:50
46	164	Vitor Rio	ss montepio	Senior Masculino	01:39:10	+29:30	05:50
47	118	Carmino Gomes	individual	Veterano M40	01:39:13	+29:34	05:50
48	50	Paulo Gomes	familia gomes	Veterano M40	01:39:18	+29:38	05:50
49	43	Diogo Resende	caracois do monte	Senior Masculino	01:39:21	+29:41	05:51
50	16	Gil Magalhães	a.d.amaranate trail running	Senior Masculino	01:39:43	+30:03	05:52
51	152	Bruno Nunes	os alpinistas	Senior Masculino	01:40:40	+31:01	05:55
52	96	Flavio Martins	individual	Senior Masculino	01:41:13	+31:33	05:57
53	154	Filipe Ferreira	porto sentido	Veterano M40	01:41:13	+31:33	05:57
54	130	Rui Alves	individual	Veterano M40	01:41:13	+31:34	05:57
55	64	Filipe Leita	hora do lobo trail - cf perosinho atletismo	Senior Masculino	01:41:39	+32:00	05:59
56	65	Leonardo Brito	hora do lobo trail - cf perosinho atletismo	Senior Masculino	01:42:30	+32:50	06:02
57	5	Nuno Neves	100meta	Senior Masculino	01:42:34	+32:54	06:02
58	128	PEDRO MIGUEL PEREIRA DOMINGUES	individual	Veterano M40	01:42:34	+32:55	06:02
59	188	Jorge Braga	trocopasso runners	Veterano M40	01:42:36	+32:57	06:02
60	181	Elisabete Carvalho	trocopasso runners	Senior Feminino	01:42:54	+33:14	06:03
61	189	José Alves	trocopasso runners	Veterano M40	01:42:55	+33:16	06:03
62	53	Paulo Rodrigues	fat and furious	Veterano M40	01:43:01	+33:22	06:04
63	125	Luís Filipe Gordicho Ribeiro	individual	Veterano M40	01:43:03	+33:23	06:04
64	78	Helder Santos	hora do lobo trail - cf perosinho atletismo	Veterano M40	01:43:03	+33:23	06:04
65	143	Paula Soares	trepatrilhos	Veterana F40	01:43:08	+33:28	06:04
66	19	Nuno Moura	a.d.amaranate trail running	Senior Masculino	01:43:19	+33:40	06:05
67	135	ARMANDO ADELINO CEPEDA MORENO	individual	Veterano M50	01:43:56	+34:17	06:07
68	151	Pedro Rocha	ofrunning	Senior Masculino	01:43:57	+34:18	06:07
69	22	Paulo Alves	a.d.amaranate trail running	Veterano M40	01:44:16	+34:36	06:08
70	153	Lino Moreira	os turbomula	Veterano M60	01:44:21	+34:41	06:08
71	27	Antonio Gonçalves	acsp	Veterano M40	01:44:27	+34:47	06:09
72	26	João Gil	a.d.amaranate trail running	Veterano M60	01:44:59	+35:19	06:11
73	169	Fernando Carvalho	ss montepio	Veterano M50	01:45:58	+36:19	06:14
74	185	Sónia Madureira	trocopasso runners	Veterana F40	01:46:29	+36:50	06:16
75	155	Humberto Pinho	porto sentido runneres	Veterano M60	01:46:35	+36:56	06:16
76	63	Daniel F Silva	hora do lobo trail - cf perosinho atletismo	Senior Masculino	01:47:51	+38:11	06:21
77	140	Rui Guedes	limitless	Senior Masculino	01:47:53	+38:14	06:21
78	120	Fernando Grabulho	individual	Veterano M40	01:49:28	+39:49	06:26
79	159	Helder Marques	salgueiros running	Senior Masculino	01:49:53	+40:14	06:28
80	45	Bruno Gomes	crocodilos/misterpc	Senior Masculino	01:49:54	+40:15	06:28
81	119	Eduardo Nascimento	individual	Veterano M40	01:50:14	+40:34	06:29
82	104	NUNO ROCHA	individual	Senior Masculino	01:50:18	+40:38	06:29
83	108	Toni Ferreira	individual	Senior Masculino	01:50:27	+40:48	06:30
84	76	Alfredo Rocha	hora do lobo trail - cf perosinho atletismo	Veterano M40	01:51:19	+41:39	06:33
85	220	Miguel Angelo Costa Braga	individual	Veterano M40	01:51:19	+41:40	06:33

TRAIL LONGO - STAGE 1

17 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
86	73	Cristina Saraiva	hora do lobo trail - cf perosinho atletismo	Veterana F50	01:51:21	+41:41	06:33
87	99	João Pedro Caseiro Bizot	individual	Senior Masculino	01:51:22	+41:42	06:33
88	100	José Carlos Garrido Pereira	individual	Senior Masculino	01:52:05	+42:26	06:36
89	97	Francisco Teixeira	individual	Senior Masculino	01:52:05	+42:26	06:36
90	13	Alice Pereira	a.d.amaranate trail running	Senior Masculino	01:52:17	+42:38	06:36
91	9	Gabriela Pinto	a.d.amaranate trail running	Senior Feminino	01:52:17	+42:38	06:36
92	106	Sergio Filipe Maia de Sousa	individual	Senior Masculino	01:53:26	+43:46	06:40
93	37	Cote Carmufaba Quebe	blue gorilla team	Senior Masculino	01:53:31	+43:51	06:41
94	163	Rui Carvalho	ss montepio	Senior Masculino	01:54:22	+44:43	06:44
95	166	Francisco Moreira	ss montepio	Veterano M40	01:54:22	+44:43	06:44
96	146	Rui Familiar	madugym	Veterano M40	01:54:23	+44:43	06:44
97	139	Manuel Jesus	individual	Veterano M60	01:54:23	+44:44	06:44
98	74	Margarida Neves	hora do lobo trail - cf perosinho atletismo	Veterana F50	01:54:43	+45:03	06:45
99	60	Maria Franco	hora do lobo trail - cf perosinho atletismo	Senior Feminino	01:55:17	+45:38	06:47
100	70	Sérgio Moura	hora do lobo trail - cf perosinho atletismo	Senior Masculino	01:55:17	+45:38	06:47
101	89	Sofia Delgado	individual	Senior Feminino	01:56:06	+46:27	06:50
102	157	Sónia Gilvaz	ribeiras trail	Veterana F40	01:57:20	+47:41	06:54
103	14	Daniel Correia	a.d.amaranate trail running	Senior Masculino	01:57:23	+47:43	06:54
104	42	Marta Sousa	caracois do monte	Senior Feminino	01:57:28	+47:48	06:55
105	142	Marlene Ribeiro	madugym	Veterana F40	01:57:34	+47:54	06:55
106	187	Filipe Pedroso	trocopasso runners	Veterano M40	01:57:35	+47:55	06:55
107	59	Gisela Costa	hora do lobo trail - cf perosinho atletismo	Senior Feminino	01:57:41	+48:02	06:55
108	54	Ricardo A. Silva Sousa	fit gaia trail	Veterano M40	01:58:32	+48:52	06:58
109	138	Manuel Faria Sampaio	individual	Veterano M60	01:58:45	+49:05	06:59
110	115	Paula Andrade	individual	Veterana F50	01:59:12	+49:33	07:01
111	127	Pedro José Oliveira da Silva	individual	Veterano M40	01:59:31	+49:52	07:02
112	15	Daniel Ribeiro	a.d.amaranate trail running	Senior Masculino	02:00:16	+50:36	07:04
113	186	Alexandre Afonso	trocopasso runners	Veterano M40	02:00:43	+51:03	07:06
114	176	Luís Magalhães	trailers	Veterano M40	02:00:45	+51:06	07:06
115	184	Carla Neves	trocopasso runners	Veterana F40	02:01:56	+52:17	07:10
116	32	emidio pontes	amigos de s.pedro da cova	Veterano M50	02:02:01	+52:22	07:11
117	3	Gil da costa	individual	Veterano M50	02:02:06	+52:26	07:11
118	111	Mónica Sá	individual	Veterana F40	02:02:09	+52:30	07:11
119	6	Manuela Monteiro	100meta	Veterana F40	02:02:10	+52:30	07:11
120	29	Carlos Maia	airão trail team	Senior Masculino	02:02:11	+52:32	07:11
121	75	Bruna Coelho	hora do lobo trail - cf perosinho atletismo	Senior Masculino	02:02:19	+52:40	07:12
122	175	Paula Afonso	trailers	Veterana F40	02:03:08	+53:28	07:15
123	61	Andre Barros	hora do lobo trail - cf perosinho atletismo	Senior Masculino	02:03:09	+53:30	07:15
124	66	Nuno José Pereira Reis dos Santos	hora do lobo trail - cf perosinho atletismo	Senior Masculino	02:03:24	+53:44	07:16
125	126	Paulo Lara	individual	Veterano M40	02:04:31	+54:51	07:19
126	107	Sergio Torre	individual	Senior Masculino	02:05:07	+55:28	07:22
127	86	Luiz Blanquet	hora do lobo trail - cf perosinho atletismo	Veterano M50	02:07:51	+58:11	07:31
128	21	Graça Carvalho	a.d.amaranate trail running	Veterana F40	02:08:00	+58:20	07:32
129	171	Dinis Pinto	stcp runners	Veterano M40	02:08:13	+58:33	07:33
130	172	Domingos Faustino	stcp runners	Veterano M40	02:08:14	+58:35	07:33

TRAIL LONGO - STAGE 1

17 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
131	11	Sónia Brás	a.d.amarante trail running	Senior Feminino	02:08:47	+59:07	07:35
132	82	Nelson Jorge Barbosa Moura	hora do lobo trail - cf perosinho atletismo	Veterano M40	02:08:50	+59:10	07:35
133	10	Lúcia Leite	a.d.amarante trail running	Senior Feminino	02:08:57	+59:18	07:35
134	69	Rui Gomes	hora do lobo trail - cf perosinho atletismo	Senior Masculino	02:09:22	+59:43	07:37
135	167	Julio Santos	ss montepio	Veterano M40	02:10:00	+01:00:20	07:39
136	83	Sergio Guimaraes	hora do lobo trail - cf perosinho atletismo	Veterano M40	02:13:17	+01:03:37	07:50
137	72	Sónia Guimarães	hora do lobo trail - cf perosinho atletismo	Veterana F40	02:13:17	+01:03:37	07:50
138	144	Rosa Almeida	trepatrihos	Veterana F40	02:14:08	+01:04:28	07:53
139	88	Eduarda Barros	individual	Senior Feminino	02:16:06	+01:06:27	08:00
140	183	Carla Barbosa	trocopasso runners	Veterana F40	02:16:33	+01:06:54	08:02
141	179	Diana Mota Leite	trincabolotas	Veterana F40	02:17:00	+01:07:20	08:04
142	177	André Ramos	trincabolotas	Senior Masculino	02:17:00	+01:07:20	08:04
143	178	Sérgio Lima	trincabolotas	Senior Masculino	02:17:00	+01:07:20	08:04
144	180	Miguel Silva	trincabolotas	Veterano M40	02:17:01	+01:07:22	08:04
145	47	Ricardo Fonseca	equipa xpto	Senior Masculino	02:20:19	+01:10:39	08:15
146	147	Bruno Pinho	mancos á vista	Senior Masculino	02:20:28	+01:10:49	08:16
147	168	Ricardo Resende	ss montepio	Veterano M40	02:21:17	+01:11:37	08:19
148	129	Pedro Monteiro	individual	Veterano M40	02:21:19	+01:11:39	08:19
149	85	Jorge Mota	hora do lobo trail - cf perosinho atletismo	Veterano M50	02:21:28	+01:11:48	08:19
150	113	Ana Paula Teixeira	individual	Veterana F50	02:21:51	+01:12:12	08:21
151	173	PAULO TEIXEIRA	team sempre juntos	Veterano M40	02:23:29	+01:13:50	08:26
152	174	ANTONIO FERREIRA DE SOUSA	team sempre juntos	Veterano M50	02:23:30	+01:13:50	08:26
153	116	Bruno Oliveira	individual	Veterano M40	02:23:59	+01:14:19	08:28
154	4	Daniel Reis	individual	Senior Masculino	02:29:41	+01:20:02	08:48
155	141	João Carvalho	lusos xxi	Senior Masculino	02:29:41	+01:20:02	08:48
156	39	Tiago Alberto Lagos	blue gorilla team	Senior Masculino	02:32:43	+01:23:04	08:59
157	35	André Bessa Lagos	blue gorilla team	Senior Masculino	02:32:43	+01:23:04	08:59
158	36	Bruno Miguel Fernandes	blue gorilla team	Senior Masculino	02:32:43	+01:23:04	08:59
159	33	Elisabete Fernandes	blue gorilla team	Senior Feminino	02:32:44	+01:23:04	08:59
160	34	Rute Silva	blue gorilla team	Senior Feminino	02:32:44	+01:23:04	08:59
161	38	Ricardo Hugo Sá Santos	blue gorilla team	Senior Masculino	02:32:44	+01:23:04	08:59
162	41	Luís Pedro Guedes Macedo	blue gorilla team	Veterano M40	02:32:44	+01:23:05	08:59
163	40	Isabel Cortez	blue gorilla team	Veterana F40	02:32:44	+01:23:05	08:59
164	145	Teresa Costa	madugym	Veterana F50	02:33:45	+01:24:05	09:03
165	109	Carla Maia	individual	Veterana F40	02:33:45	+01:24:06	09:03

Trail Longo

17 KM

[illegible][illegible]

OFFICIAL RESULT

R

REVISED

	Time	Temperature	Humidity
Start	09:00	16°C	100%
End	11:40	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	8	Claudia Moreira	A.D.Amarante trail running	Senior Feminino	01:33:37	+23:58	05:30
2	181	Elisabete Carvalho	Trocopasso Runners	Senior Feminino	01:42:54	+33:14	06:03
3	9	Gabriela Pinto	A.D.Amarante trail running	Senior Feminino	01:52:17	+42:38	06:36
4	60	Maria Franco	Hora do Lobo Trail - CF Perosinho Atletismo	Senior Feminino	01:55:17	+45:38	06:47
5	89	Sofia Delgado	Individual	Senior Feminino	01:56:06	+46:27	06:50
6	42	Marta Sousa	Caracois do Monte	Senior Feminino	01:57:28	+47:48	06:55
7	59	Gisela Costa	Hora do Lobo Trail - CF Perosinho Atletismo	Senior Feminino	01:57:41	+48:02	06:55
8	11	Sónia Brás	A.D.Amarante trail running	Senior Feminino	02:08:47	+59:07	07:35
9	10	Lúcia Leite	A.D.Amarante trail running	Senior Feminino	02:08:57	+59:18	07:35
10	88	Eduarda Barros	Individual	Senior Feminino	02:16:06	+01:06:27	08:00
11	33	Elisabete Fernandes	Blue Gorilla Team	Senior Feminino	02:32:44	+01:23:04	08:59
12	34	Rute Silva	Blue Gorilla Team	Senior Feminino	02:32:44	+01:23:04	08:59

Senior Masculino

1	17	Miguel Ferraz	A.D.Amarante trail running	Senior Masculino	01:09:39	04:06
2	28	Márcio Castro	ADRAP	Senior Masculino	01:10:42	+01:02 04:10
3	20	Paulo Costa	A.D.Amarante trail running	Senior Masculino	01:11:21	+01:41 04:12
4	105	Pedro Rocha	Individual	Senior Masculino	01:17:32	+07:52 04:34
5	149	Ricardo Almeida	Morcegos Trail	Senior Masculino	01:21:05	+11:25 04:46
6	68	Rui Costa	Hora do Lobo Trail - CF Perosinho Atletismo	Senior Masculino	01:22:53	+13:14 04:53
7	90	Andre Silva	Individual	Senior Masculino	01:23:43	+14:04 04:56
8	58	Bruno Miguel da costa marques Gonçalves	GRVilaverdense	Senior Masculino	01:24:47	+15:08 04:59
9	102	Leandro Costa	Individual	Senior Masculino	01:27:01	+17:22 05:07
10	182	José Almeida	Trocopasso Runners	Senior Masculino	01:30:37	+20:58 05:20
11	91	Antonio Carlos Campos Rocha	Individual	Senior Masculino	01:30:51	+21:12 05:21
12	101	José Valente	Individual	Senior Masculino	01:31:16	+21:37 05:22
13	48	Vítor Maia	ESPINHO TRAIL TEAM	Senior Masculino	01:32:35	+22:56 05:27
14	84	Jose Sousa	Hora do Lobo Trail - CF Perosinho Atletismo	Senior Masculino	01:32:36	+22:57 05:27
15	51	Daniel Soares	Fat and Furious	Senior Masculino	01:32:44	+23:05 05:27
16	95	Diogo Aguiar	Individual	Senior Masculino	01:32:59	+23:19 05:28
17	156	Nuno Pinto	Ribeiras Trail	Senior Masculino	01:33:34	+23:55 05:30
18	18	Miguel Pereira	A.D.Amarante trail running	Senior Masculino	01:33:38	+23:58 05:30
19	92	Carlos Paiva	Individual	Senior Masculino	01:39:04	+29:25 05:50
20	164	Vítor Rio	SS MONTEPIO	Senior Masculino	01:39:10	+29:30 05:50

Official Timekeeper: Lap2Go	1 / 5	generate 12-Sep-2018 09:13
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Trail Longo

17 KM

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REVISED

OFFICIAL RESULT

21	43	Diogo Resende	Caracois do Monte	Senior Masculino	01:39:21	+29:41	05:51
22	16	Gil Magalhães	A.D.Amarante trail running	Senior Masculino	01:39:43	+30:03	05:52
23	152	Bruno Nunes	Os Alpinistas	Senior Masculino	01:40:40	+31:01	05:55
24	96	Flavio Martins	Individual	Senior Masculino	01:41:13	+31:33	05:57
25	64	Filipe Leita	Hora do Lobo Trail - CF Perosinho Atletismo	Senior Masculino	01:41:39	+32:00	05:59
26	65	Leonardo Brito	Hora do Lobo Trail - CF Perosinho Atletismo	Senior Masculino	01:42:30	+32:50	06:02
27	5	Nuno Neves	100meta	Senior Masculino	01:42:34	+32:54	06:02
28	19	Nuno Moura	A.D.Amarante trail running	Senior Masculino	01:43:19	+33:40	06:05
29	151	Pedro Rocha	OFRunning	Senior Masculino	01:43:57	+34:18	06:07
30	63	Daniel F Silva	Hora do Lobo Trail - CF Perosinho Atletismo	Senior Masculino	01:47:51	+38:11	06:21
31	140	Rui Guedes	Limitless	Senior Masculino	01:47:53	+38:14	06:21
32	159	Helder Marques	Salgueiros Running	Senior Masculino	01:49:53	+40:14	06:28
33	45	Bruno Gomes	Crocodilos/MisterPC	Senior Masculino	01:49:54	+40:15	06:28
34	104	NUNO ROCHA	Individual	Senior Masculino	01:50:18	+40:38	06:29
35	108	Toni Ferreira	Individual	Senior Masculino	01:50:27	+40:48	06:30
36	99	João Pedro Caseiro Bizot	Individual	Senior Masculino	01:51:22	+41:42	06:33
37	100	José Carlos Garrido Pereira	Individual	Senior Masculino	01:52:05	+42:26	06:36
38	97	Francisco Teixeira	Individual	Senior Masculino	01:52:05	+42:26	06:36
39	13	Alice Pereira	A.D.Amarante trail running	Senior Masculino	01:52:17	+42:38	06:36
40	106	Sergio Filipe Maia de Sousa	Individual	Senior Masculino	01:53:26	+43:46	06:40
41	37	Cote Carnufaba Quebe	Blue Gorilla Team	Senior Masculino	01:53:31	+43:51	06:41
42	163	Rui Carvalho	SS MONTEPIO	Senior Masculino	01:54:22	+44:43	06:44
43	70	Sérgio Moura	Hora do Lobo Trail - CF Perosinho Atletismo	Senior Masculino	01:55:17	+45:38	06:47
44	14	Daniel Correia	A.D.Amarante trail running	Senior Masculino	01:57:23	+47:43	06:54
45	15	Daniel Ribeiro	A.D.Amarante trail running	Senior Masculino	02:00:16	+50:36	07:04
46	29	Carlos Maia	Airão trail Team	Senior Masculino	02:02:11	+52:32	07:11
47	75	Bruna Coelho	Hora do Lobo Trail - CF Perosinho Atletismo	Senior Masculino	02:02:19	+52:40	07:12
48	61	Andre Barros	Hora do Lobo Trail - CF Perosinho Atletismo	Senior Masculino	02:03:09	+53:30	07:15
49	66	Nuno José Pereira Reis dos Santos	Hora do Lobo Trail - CF Perosinho Atletismo	Senior Masculino	02:03:24	+53:44	07:16
50	107	Sergio Torre	Individual	Senior Masculino	02:05:07	+55:28	07:22
51	69	Rui Gomes	Hora do Lobo Trail - CF Perosinho Atletismo	Senior Masculino	02:09:22	+59:43	07:37
52	177	André Ramos	TrincaBolotas	Senior Masculino	02:17:00	+01:07:20	08:04
53	178	Sérgio Lima	TrincaBolotas	Senior Masculino	02:17:00	+01:07:20	08:04
54	47	Ricardo Fonseca	Equipa XPTO	Senior Masculino	02:20:19	+01:10:39	08:15
55	147	Bruno Pinho	Mancos á Vista	Senior Masculino	02:20:28	+01:10:49	08:16
56	4	Daniel Reis	Individual	Senior Masculino	02:29:41	+01:20:02	08:48
57	141	João Carvalho	LUSOS XXI	Senior Masculino	02:29:41	+01:20:02	08:48
58	39	Tiago Alberto Lagos	Blue Gorilla Team	Senior Masculino	02:32:43	+01:23:04	08:59
59	35	André Bessa Lagos	Blue Gorilla Team	Senior Masculino	02:32:43	+01:23:04	08:59
60	36	Bruno Miguel Fernandes	Blue Gorilla Team	Senior Masculino	02:32:43	+01:23:04	08:59
61	38	Ricardo Hugo Sá Santos	Blue Gorilla Team	Senior Masculino	02:32:44	+01:23:04	08:59

Official Timekeeper: Lap2Go	2 / 5	generate 12-Sep-2018 09:13
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Trail Longo

17 KM

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Veterana F40

1	110	Lucinda Sousa	Individual	Veterana F40	01:24:13	+14:34	04:57
2	659	Ana Amaral	Centro Ciclista de Gondomar	Veterana F40	01:33:51	+24:11	05:31
3	143	Paula Soares	Trepatrilhos	Veterana F40	01:43:08	+33:28	06:04
4	185	Sónia Madureira	Trocopasso Runners	Veterana F40	01:46:29	+36:50	06:16
5	157	Sónia Gilvaz	Ribeiras Trail	Veterana F40	01:57:20	+47:41	06:54
6	142	Marlene Ribeiro	madugym	Veterana F40	01:57:34	+47:54	06:55
7	184	Carla Neves	Trocopasso Runners	Veterana F40	02:01:56	+52:17	07:10
8	111	Mónica Sá	Individual	Veterana F40	02:02:09	+52:30	07:11
9	6	Manuela Monteiro	100meta	Veterana F40	02:02:10	+52:30	07:11
10	175	Paula Afonso	Trailers	Veterana F40	02:03:08	+53:28	07:15
11	21	Graça Carvalho	A.D.Amarante trail running	Veterana F40	02:08:00	+58:20	07:32
12	72	Sónia Guimarães	Hora do Lobo Trail - CF Perosinho Atletismo	Veterana F40	02:13:17	+01:03:37	07:50
13	144	Rosa Almeida	Trepatrilhos	Veterana F40	02:14:08	+01:04:28	07:53
14	183	Carla Barbosa	Trocopasso Runners	Veterana F40	02:16:33	+01:06:54	08:02
15	179	Diana Mota Leite	TrincaBolotas	Veterana F40	02:17:00	+01:07:20	08:04
16	40	Isabel Cortez	Blue Gorilla Team	Veterana F40	02:32:44	+01:23:05	08:59
17	109	Carla Maia	Individual	Veterana F40	02:33:45	+01:24:06	09:03

Veterana F50

1	73	Cristina Saraiva	Hora do Lobo Trail - CF Perosinho Atletismo	Veterana F50	01:51:21	+41:41	06:33
2	74	Margarida Neves	Hora do Lobo Trail - CF Perosinho Atletismo	Veterana F50	01:54:43	+45:03	06:45
3	115	Paula Andrade	Individual	Veterana F50	01:59:12	+49:33	07:01
4	113	Ana Paula Teixeira	Individual	Veterana F50	02:21:51	+01:12:12	08:21
5	145	Teresa Costa	madugym	Veterana F50	02:33:45	+01:24:05	09:03

Veterano M40

1	25	Vítor Costa	A.D.Amarante trail running	Veterano M40	01:13:27	+03:47	04:19
2	158	Pedro Gilvaz	Ribeiras Trail	Veterano M40	01:20:33	+10:53	04:44
3	49	Gilberto costa	ESPINHO TRAIL TEAM	Veterano M40	01:21:41	+12:02	04:48
4	131	Rui Pinto	Individual	Veterano M40	01:24:14	+14:34	04:57
5	31	Leonel Neves	Amigos Aliança de Gandra	Veterano M40	01:24:40	+15:01	04:59
6	160	Paulo Campos	Hora do Lobo Trail - CF Perosinho Atletismo	Veterano M40	01:26:34	+16:54	05:06
7	191	Luís Leça	Trocopasso Runners	Veterano M40	01:28:10	+18:30	05:11
8	190	José Rodrigues	Trocopasso Runners	Veterano M40	01:28:12	+18:33	05:11
9	124	José Peixoto	Individual	Veterano M40	01:28:34	+18:55	05:13
10	117	Carlos alberto grilo magro miranda	Individual	Veterano M40	01:28:54	+19:15	05:14
11	44	Fernando Coelho	Caracois do Monte	Veterano M40	01:29:47	+20:07	05:17

Trail Longo

17 KM



OFFICIAL RESULT

12	123	José Ferreira	Individual	Veterano M40	01:30:18	+20:38	05:19
13	56	José paulo Ribeiro	Gondomar Futsal	Veterano M40	01:30:21	+20:41	05:19
14	24	Virgílio Pinhel	A.D.Amarante trail running	Veterano M40	01:32:35	+22:55	05:27
15	80	Leonel Silva	Hora do Lobo Trail - CF Perosinho Atletismo	Veterano M40	01:32:36	+22:56	05:27
16	79	Jorge Silva	Hora do Lobo Trail - CF Perosinho Atletismo	Veterano M40	01:32:36	+22:56	05:27
17	77	César Sousa	Hora do Lobo Trail - CF Perosinho Atletismo	Veterano M40	01:34:47	+25:08	05:35
18	81	Luis Morais	Hora do Lobo Trail - CF Perosinho Atletismo	Veterano M40	01:35:53	+26:13	05:38
19	122	Hugo Miguel Pinto	Individual	Veterano M40	01:39:05	+29:25	05:50
20	118	Carmino Gomes	Individual	Veterano M40	01:39:13	+29:34	05:50
21	50	Paulo Gomes	Familia Gomes	Veterano M40	01:39:18	+29:38	05:50
22	154	Filipe Ferreira	PORTO SENTIDO	Veterano M40	01:41:13	+31:33	05:57
23	130	Rui Alves	Individual	Veterano M40	01:41:13	+31:34	05:57
24	128	PEDRO MIGUEL PEREIRA DOMINGUES	Individual	Veterano M40	01:42:34	+32:55	06:02
25	188	Jorge Braga	Trocopasso Runners	Veterano M40	01:42:36	+32:57	06:02
26	189	José Alves	Trocopasso Runners	Veterano M40	01:42:55	+33:16	06:03
27	53	Paulo Rodrigues	Fat and Furious	Veterano M40	01:43:01	+33:22	06:04
28	125	Luís Filipe Gordicho Ribeiro	Individual	Veterano M40	01:43:03	+33:23	06:04
29	78	Helder Santos	Hora do Lobo Trail - CF Perosinho Atletismo	Veterano M40	01:43:03	+33:23	06:04
30	22	Paulo Alves	A.D.Amarante trail running	Veterano M40	01:44:16	+34:36	06:08
31	27	Antonio Gonçalves	ACSP	Veterano M40	01:44:27	+34:47	06:09
32	120	Fernando Grabulho	Individual	Veterano M40	01:49:28	+39:49	06:26
33	119	Eduardo Nascimento	Individual	Veterano M40	01:50:14	+40:34	06:29
34	76	Alfredo Rocha	Hora do Lobo Trail - CF Perosinho Atletismo	Veterano M40	01:51:19	+41:39	06:33
35	220	Miguel Angelo Costa Braga	Individual	Veterano M40	01:51:19	+41:40	06:33
36	166	Francisco Moreira	SS MONTEPIO	Veterano M40	01:54:22	+44:43	06:44
37	146	Rui Familiar	madugym	Veterano M40	01:54:23	+44:43	06:44
38	187	Filipe Pedroso	Trocopasso Runners	Veterano M40	01:57:35	+47:55	06:55
39	54	Ricardo A. Silva Sousa	FIT GAIA TRAIL	Veterano M40	01:58:32	+48:52	06:58
40	127	Pedro José Oliveira da Silva	Individual	Veterano M40	01:59:31	+49:52	07:02
41	186	Alexandre Afonso	Trocopasso Runners	Veterano M40	02:00:43	+51:03	07:06
42	176	Luís Magalhães	Trailers	Veterano M40	02:00:45	+51:06	07:06
43	126	Paulo Lara	Individual	Veterano M40	02:04:31	+54:51	07:19
44	171	Dinis Pinto	STCP Runners	Veterano M40	02:08:13	+58:33	07:33
45	172	Domingos Faustino	STCP Runners	Veterano M40	02:08:14	+58:35	07:33
46	82	Nelson Jorge Barbosa Moura	Hora do Lobo Trail - CF Perosinho Atletismo	Veterano M40	02:08:50	+59:10	07:35
47	167	Julio Santos	SS MONTEPIO	Veterano M40	02:10:00	+01:00:20	07:39
48	83	Sergio Guimaraes	Hora do Lobo Trail - CF Perosinho Atletismo	Veterano M40	02:13:17	+01:03:37	07:50
49	180	Miguel Silva	TrincaBolotas	Veterano M40	02:17:01	+01:07:22	08:04
50	168	Ricardo Resende	SS MONTEPIO	Veterano M40	02:21:17	+01:11:37	08:19
51	129	Pedro Monteiro	Individual	Veterano M40	02:21:19	+01:11:39	08:19

Trail Longo

17 KM

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OFFICIAL RESULT

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52	173	PAULO TEIXEIRA	Team Sempre Juntos	Veterano M40	02:23:29	+01:13:50	08:26
53	116	Bruno Oliveira	Individual	Veterano M40	02:23:59	+01:14:19	08:28
54	41	Luís Pedro Guedes Macedo	Blue Gorilla Team	Veterano M40	02:32:44	+01:23:05	08:59

Veterano M50

1	12	Adão Pinto	A.D.Amarante trail running	Veterano M50	01:15:15	+05:35	04:26
2	30	José Carlos Parente	AMC TRAIL	Veterano M50	01:28:24	+18:45	05:12
3	137	Paulo Ribeiro	Individual	Veterano M50	01:37:45	+28:05	05:45
4	135	ARMANDO ADELINO CEPEDA MORENO	Individual	Veterano M50	01:43:56	+34:17	06:07
5	169	Fernando Carvalho	SS MONTEPIO	Veterano M50	01:45:58	+36:19	06:14
6	32	emidio pontes	amigos de s.pedro da cova	Veterano M50	02:02:01	+52:22	07:11
7	3	Gil da costa	Individual	Veterano M50	02:02:06	+52:26	07:11
8	86	Luiz Blanquet	Hora do Lobo Trail - CF Perosinho Atletismo	Veterano M50	02:07:51	+58:11	07:31
9	85	Jorge Mota	Hora do Lobo Trail - CF Perosinho Atletismo	Veterano M50	02:21:28	+01:11:48	08:19
10	174	ANTONIO FERREIRA DE SOUSA	Team Sempre Juntos	Veterano M50	02:23:30	+01:13:50	08:26

Veterano M60

1	87	Fernando Oliveira	Hora do Lobo Trail - CF Perosinho Atletismo	Veterano M60	01:30:39	+20:59	05:20
2	153	Lino Moreira	Os TurboMula	Veterano M60	01:44:21	+34:41	06:08
3	26	João Gil	A.D.Amarante trail running	Veterano M60	01:44:59	+35:19	06:11
4	155	Humberto Pinho	porto sentido runners	Veterano M60	01:46:35	+36:56	06:16
5	139	Manuel Jesus	Individual	Veterano M60	01:54:23	+44:44	06:44
6	138	Manuel Faria Sampaio	Individual	Veterano M60	01:58:45	+49:05	06:59

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Official Timekeeper: Lap2Go	1 / 1	generate 10-Sep-2018 10:16
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MINI TRAIL - STAGE 1

9 KM

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OFFICIAL RESULT

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	Time	Temperature	Humidity
Start	09:30	16.5°C	93%
End	12:20	16.5°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	565	Victor Fernandes	a.d.amarante trail running	Veterano M40	55:02		06:07
2	650	Ivan Silva	edv viana trail	Senior Masculino	55:18	+00:16	06:09
3	541	Bruno Casal	individual	Senior Masculino	56:01	+00:58	06:13
4	544	Fabien ROSIER	individual	Senior Masculino	57:32	+02:29	06:24
5	651	Camilo Guedes	individual	Veterano M40	57:57	+02:55	06:26
6	586	Pedro Gomes	madugym	Senior Masculino	01:03:41	+08:38	07:05
7	510	Sandra Cardoso	baguim runners	Veterana F40	01:04:59	+09:57	07:13
8	542	Cláudio Macedo	individual	Senior Masculino	01:06:04	+11:02	07:21
9	569	Ramiro Silva	caldas de são jorge sport clube	Veterano M50	01:06:09	+11:07	07:21
10	598	Vitor Silva	madugym	Veterano M40	01:06:13	+11:10	07:21
11	547	João Pinto	individual	Senior Masculino	01:06:15	+11:13	07:22
12	517	Rafael Ornelas	clube spiridon gaia	Senior Masculino	01:06:15	+11:13	07:22
13	630	atleta 630	individual	Senior Masculino	01:06:17	+11:15	07:22
14	605	Élvio Ornelas	oralklass amigos do trail	Senior Masculino	01:06:27	+11:24	07:23
15	521	Paulo Alexandre Fernandes	escola condução nova de gaia	Veterano M50	01:06:29	+11:27	07:23
16	93	David Gonçalves	individual	Senior Masculino	01:06:47	+11:45	07:25
17	597	Manuel Monteiro	madugym	Veterano M40	01:07:04	+12:02	07:27
18	551	Pedro Santos	individual	Senior Masculino	01:10:10	+15:07	07:48
19	520	Licínio Carvalho	escola condução nova de gaia	Veterano M40	01:10:59	+15:57	07:53
20	585	Nuno Barbosa	madugym	Senior Masculino	01:10:59	+15:57	07:53
21	540	Ben Fernandes	a.d.amarante trail running	Senior Masculino	01:12:12	+17:10	08:01
22	524	FATIMA PAIS	fiaes sport clube	Veterana F50	01:12:37	+17:35	08:04
23	581	André Ferreira	madugym	Senior Masculino	01:12:45	+17:43	08:05
24	572	Cátia Silva	madugym	Senior Feminino	01:13:48	+18:46	08:12
25	620	Filipe Daniel Oliveira da Silva Pereira	team bolt	Senior Masculino	01:14:47	+19:45	08:19
26	594	Agostinho Alves	madugym	Veterano M40	01:14:58	+19:56	08:20
27	511	Lourenço Cardoso	baguim runners	Veterano M40	01:16:24	+21:22	08:29
28	62	António Ferreira	hora do lobo trail - cf perosinho atletismo	Senior Masculino	01:16:31	+21:29	08:30
29	578	Tania Teixeira	madugym	Senior Feminino	01:16:52	+21:50	08:32
30	582	Dinis Claro	madugym	Senior Masculino	01:16:52	+21:50	08:32
31	607	Rui Custódio	os amigos	Senior Masculino	01:17:30	+22:28	08:37
32	561	António Soares	individual	Veterano M40	01:17:33	+22:31	08:37
33	543	Diogo Sousa	individual	Senior Masculino	01:17:50	+22:47	08:39
34	506	joão fonseca	amigos de s.pedro da cova	Senior Masculino	01:17:50	+22:47	08:39
35	621	Nuno Miguel Carvalho Jesus	team bolt	Senior Masculino	01:18:37	+23:35	08:44
36	563	Nuno Andre Q Boulton Magalhaes	individual	Veterano M40	01:18:44	+23:42	08:45
37	509	Pedro Neves	baguim runners	Senior Masculino	01:19:06	+24:03	08:47
38	589	Ricardo Martins	madugym	Senior Masculino	01:19:22	+24:20	08:49
39	619	Alfredo Gabriel Silva Pinto	team bolt	Senior Masculino	01:21:23	+26:21	09:03
40	552	Tiago Sousa	individual	Senior Masculino	01:21:24	+26:21	09:03

MINI TRAIL - STAGE 1

9 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	584	Miguel Beça	madugym	Senior Masculino	01:21:57	+26:55	09:06
42	519	José Pinhel	escola condução nova de gaia	Veterano M40	01:22:12	+27:09	09:08
43	566	David José Alves Nogueira	individual	Veterano M50	01:22:29	+27:27	09:10
44	548	Nuno	individual	Senior Masculino	01:22:36	+27:34	09:11
45	550	Paulo ALEXandre Domingues Barbosa	individual	Senior Masculino	01:22:43	+27:41	09:12
46	562	Michel Dias	individual	Veterano M40	01:22:50	+27:48	09:12
47	579	Vera Martins	madugym	Senior Feminino	01:22:59	+27:57	09:13
48	591	Carla Chaves	madugym	Veterana F40	01:22:59	+27:57	09:13
49	632	Gualter Pereira	individual	Senior Masculino	01:24:01	+28:58	09:20
50	503	David Martins	a.d.amarante trail running	Senior Masculino	01:24:02	+28:59	09:20
51	558	Susana Castro	individual	Veterana F40	01:24:38	+29:35	09:24
52	595	Helder Costa	madugym	Veterano M40	01:24:48	+29:46	09:25
53	531	Ana Paula Barbosa Tavares	hora do lobo trail - cf perosinho atletismo	Veterana F40	01:24:52	+29:50	09:26
54	530	Leonel Soares	hora do lobo trail - cf perosinho atletismo	Senior Masculino	01:24:52	+29:50	09:26
55	508	Paulo Pereira	baguim runners	Senior Masculino	01:25:34	+30:32	09:30
56	501	Rita Sampaio	a.d.amarante trail running	Senior Feminino	01:27:22	+32:19	09:42
57	532	Marlene Santos	hora do lobo trail - cf perosinho atletismo	Veterana F40	01:27:59	+32:57	09:47
58	507	serafim fonseca	amigos de s.pedro da cova	Veterano M60	01:28:00	+32:58	09:47
59	545	Filipe	individual	Senior Masculino	01:30:25	+35:23	10:03
60	560	ANDRÉ PINHO	individual	Veterano M40	01:30:25	+35:23	10:03
61	564	PEDRO FERREIRA	individual	Veterano M40	01:30:25	+35:23	10:03
62	516	Alexandra Azevedo	clínica médica da foz	Senior Feminino	01:31:17	+36:15	10:09
63	525	SONIA PIRES	fit gaia trail	Veterana F40	01:31:36	+36:34	10:11
64	657	atleta 657	individual	Senior Masculino	01:31:42	+36:40	10:11
65	656	Sérgio Santos	individual	Senior Masculino	01:31:43	+36:41	10:12
66	557	Raquel Ribeiro	individual	Veterana F40	01:33:33	+38:31	10:24
67	624	Susana Carvalho Neves Da Silva	team bolt	Veterana F40	01:35:31	+40:29	10:37
68	627	António José Pinto de Carvalho	team bolt	Veterano M40	01:35:31	+40:29	10:37
69	518	Silvia Manuela Fernandes	escola condução nova de gaia	Senior Feminino	01:35:40	+40:37	10:38
70	534	Conceição Pereira	hora do lobo trail - cf perosinho atletismo	Veterana F50	01:35:46	+40:44	10:39
71	608	Guilherme	os amigos	Veterano M40	01:36:08	+41:05	10:41
72	610	Bea Santos	os amigos	Senior Feminino	01:36:08	+41:06	10:41
73	553	Vítor Francisco Cardoso Quintas	individual	Senior Masculino	01:36:12	+41:09	10:41
74	654	atleta 654	individual	Senior Masculino	01:36:15	+41:13	10:42
75	655	Sofia Silva	individual	Senior Feminino	01:36:15	+41:13	10:42
76	549	Octavio Mota	individual	Senior Masculino	01:37:28	+42:26	10:50
77	606	Jaime Pinto	os alpinistas	Senior Masculino	01:37:55	+42:52	10:53
78	527	Ana Margarida Antunes Ribeiro Gonçalves	grvilaverdense	Senior Feminino	01:39:06	+44:04	11:01
79	660	Céu Oliveira	madugym	Veterana F40	01:39:07	+44:05	11:01
80	514	Manuel Moreira	bigsmileteam	Veterano M50	01:39:09	+44:06	11:01
81	504	Ruben Azevedo	acsp	Veterano M40	01:40:30	+45:28	11:10
82	535	Alexandra Fabião	individual	Senior Feminino	01:41:10	+46:08	11:15

MINI TRAIL - STAGE 1

9 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
83	653	Nuno Silva	individual	Veterano M40	01:41:14	+46:11	11:15
84	623	sandra manuela conceição	team bolt	Veterana F40	01:41:55	+46:53	11:20
85	628	Luis Miguel Pinto Ribeiro	team bolt	Veterano M40	01:41:57	+46:55	11:20
86	583	Jorge Fonseca	madugym	Senior Masculino	01:41:58	+46:56	11:20
87	596	José Ferro	madugym	Veterano M40	01:41:58	+46:56	11:20
88	588	Rafael Vieira	madugym	Senior Masculino	01:41:59	+46:56	11:20
89	523	Laura Gomes	familia gomes	Veterana F40	01:42:12	+47:10	11:21
90	590	Carla Beça	madugym	Veterana F40	01:42:39	+47:37	11:24
91	592	Gabriela Silva	madugym	Veterana F40	01:42:39	+47:37	11:24
92	626	Guilhermina Emilia Carvalho Santos	team bolt	Veterana F50	01:42:54	+47:52	11:26
93	625	Susana Maria Soares Pereira Borges	team bolt	Veterana F40	01:42:54	+47:52	11:26
94	600	Ana Isabel	mancos á vista	Senior Feminino	01:43:15	+48:13	11:28
95	609	José Alves	os amigos	Veterano M40	01:44:17	+49:15	11:35
96	522	Sandra Gomes	familia gomes	Senior Feminino	01:45:47	+50:45	11:45
97	576	Raquel Silva	madugym	Senior Feminino	01:46:35	+51:33	11:51
98	512	Elsa sacramento	baguim runners	Veterana F40	01:47:30	+52:28	11:57
99	652	Fernando Ferreira	individual	Senior Masculino	01:47:37	+52:34	11:57
100	575	Mónica Moraes	madugym	Senior Feminino	01:47:40	+52:38	11:58
101	539	Susana Soares	individual	Senior Feminino	01:48:38	+53:35	12:04
102	533	Paula madeira	hora do lobo trail - cf perosinho atletismo	Veterana F40	01:49:12	+54:10	12:08
103	622	Ana Maria Almeida Campos	team bolt	Veterana F40	01:49:41	+54:38	12:11
104	658	Hugo Dias	individual	Senior Masculino	01:50:02	+55:00	12:14
105	629	Miguel Resende	tartarugas do asfalto	Veterano M40	01:50:05	+55:03	12:14
106	603	Pedro Brito	mancos á vista	Senior Masculino	01:52:54	+57:51	12:33
107	559	Susana Vieira	individual	Veterana F40	01:53:59	+58:57	12:40
108	568	paulo cunha	individual	Veterano M50	01:56:33	+01:01:30	12:57
109	170	Alexandre Teles	stcp runners	Veterano M40	01:56:34	+01:01:32	12:57
110	618	Manuel Santos	ribeiras trail	Veterano M50	01:57:13	+01:02:11	13:01
111	614	Ana Paula Santos	ribeiras trail	Veterana F40	02:01:28	+01:06:26	13:30
112	613	Alexandra Marques	ribeiras trail	Veterana F40	02:01:42	+01:06:39	13:31
113	615	Elsa Fernandes	ribeiras trail	Veterana F40	02:01:42	+01:06:40	13:31
114	617	Rolando Marques	ribeiras trail	Veterano M40	02:02:14	+01:07:12	13:35
115	616	Paula Coutinho	ribeiras trail	Veterana F40	02:02:33	+01:07:30	13:37
116	573	Cristina Ferreira	madugym	Senior Feminino	02:05:47	+01:10:45	13:59
117	555	Maria Alexandra da Silva Gonçalves	individual	Veterana F40	02:06:16	+01:11:14	14:02
118	612	Ricardo Jorge Braga	rechonchudos trail runners	Senior Masculino	02:06:49	+01:11:47	14:06
119	567	Eduardo Gonçalves	individual	Veterano M50	02:10:18	+01:15:15	14:29
120	538	Paula Cristina Passos Lopes	individual	Senior Feminino	02:15:58	+01:20:55	15:06
121	556	Nany faria	individual	Veterana F40	02:17:05	+01:22:03	15:14
122	574	Daniela Dias	madugym	Senior Feminino	02:26:27	+01:31:25	16:16
123	577	Sofia Tavares	madugym	Senior Feminino	02:26:27	+01:31:25	16:16
124	515	Liliana Garcês	btt alegria // tubani	Senior Feminino	02:28:50	+01:33:48	16:32
125	537	Manuela Moreira	individual	Senior Feminino	02:37:41	+01:42:38	17:31
126	528	Fabiana Quintas	hora do lobo trail - cf perosinho atletismo	Senior Feminino	02:50:12	+01:55:09	18:55



9 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
127	529	Daniel Silva	hora do lobo trail - cf perosinho atletismo	Senior Masculino	02:50:12	+01:55:10	18:55

Mini Trail

9 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:30	16.5°C	93%
End	12:20	16.5°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	572	Cátia Silva	madugym	Senior Feminino	01:13:48	+18:46	08:12
2	578	Tania Teixeira	madugym	Senior Feminino	01:16:52	+21:50	08:32
3	579	Vera Martins	madugym	Senior Feminino	01:22:59	+27:57	09:13
4	501	Rita Sampaio	A.D.Amarante trail running	Senior Feminino	01:27:22	+32:19	09:42
5	516	Alexandra Azevedo	Clínica Médica da Foz	Senior Feminino	01:31:17	+36:15	10:09
6	518	Silvia Manuela Fernandes	Escola Condução Nova de Gaia	Senior Feminino	01:35:40	+40:37	10:38
7	610	Bea Santos	Os Amigos	Senior Feminino	01:36:08	+41:06	10:41
8	655	Sofia Silva	Individual	Senior Feminino	01:36:15	+41:13	10:42
9	527	Ana Margarida Antunes Ribeiro Gonçalves	GRVilaverdense	Senior Feminino	01:39:06	+44:04	11:01
10	535	Alexandra Fabião	Individual	Senior Feminino	01:41:10	+46:08	11:15
11	600	Ana Isabel	Mancos á Vista	Senior Feminino	01:43:15	+48:13	11:28
12	522	Sandra Gomes	Familia Gomes	Senior Feminino	01:45:47	+50:45	11:45
13	576	Raquel Silva	madugym	Senior Feminino	01:46:35	+51:33	11:51
14	575	Mónica Morais	madugym	Senior Feminino	01:47:40	+52:38	11:58
15	539	Susana Soares	Individual	Senior Feminino	01:48:38	+53:35	12:04
16	573	Cristina Ferreira	madugym	Senior Feminino	02:05:47	+01:10:45	13:59
17	538	Paula Cristina Passos Lopes	Individual	Senior Feminino	02:15:58	+01:20:55	15:06
18	574	Daniela Dias	madugym	Senior Feminino	02:26:27	+01:31:25	16:16
19	577	Sofia Tavares	madugym	Senior Feminino	02:26:27	+01:31:25	16:16
20	515	Liliana Garcês	BTT Alegria // TUBANI	Senior Feminino	02:28:50	+01:33:48	16:32
21	537	Manuela Moreira	Individual	Senior Feminino	02:37:41	+01:42:38	17:31
22	528	Fabiana Quintas	Hora do Lobo Trail - CF Perosinho Atletismo	Senior Feminino	02:50:12	+01:55:09	18:55

Senior Masculino

1	650	Ivan Silva	EDV Viana Trail	Senior Masculino	55:18	+00:16	06:09
2	541	Bruno Casal	Individual	Senior Masculino	56:01	+00:58	06:13
3	544	Fabien ROSIER	Individual	Senior Masculino	57:32	+02:29	06:24
4	586	Pedro Gomes	madugym	Senior Masculino	01:03:41	+08:38	07:05
5	542	Cláudio Macedo	Individual	Senior Masculino	01:06:04	+11:02	07:21
6	547	João Pinto	Individual	Senior Masculino	01:06:15	+11:13	07:22
7	517	Rafael Ornelas	CLUBE SPIRIDON GAIA	Senior Masculino	01:06:15	+11:13	07:22
8	630	atleta 630	Individual	Senior Masculino	01:06:17	+11:15	07:22
9	605	Élvio Ornelas	Oralklass Amigos do Trail	Senior Masculino	01:06:27	+11:24	07:23
10	93	David Gonçalves	Individual	Senior Masculino	01:06:47	+11:45	07:25
11	551	Pedro Santos	Individual	Senior Masculino	01:10:10	+15:07	07:48
12	585	Nuno Barbosa	madugym	Senior Masculino	01:10:59	+15:57	07:53
13	540	Ben Fernandes	A.D.Amarante trail running	Senior Masculino	01:12:12	+17:10	08:01

Official Timekeeper: Lap2Go	1 / 4	generate 10-Sep-2018 14:53
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Mini Trail

9 KM

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OFFICIAL RESULT

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14	581	André Ferreira	madugym	Senior Masculino	01:12:45	+17:43	08:05
15	620	Filipe Daniel Oliveira da Silva Pereira	Team Bolt	Senior Masculino	01:14:47	+19:45	08:19
16	62	António Ferreira	Hora do Lobo Trail - CF Perosinho Atletismo	Senior Masculino	01:16:31	+21:29	08:30
17	582	Dinis Claro	madugym	Senior Masculino	01:16:52	+21:50	08:32
18	607	Rui Custódio	Os Amigos	Senior Masculino	01:17:30	+22:28	08:37
19	543	Diogo Sousa	Individual	Senior Masculino	01:17:50	+22:47	08:39
20	506	joão fonseca	amigos de s.pedro da cova	Senior Masculino	01:17:50	+22:47	08:39
21	621	Nuno Miguel Carvalho Jesus	Team Bolt	Senior Masculino	01:18:37	+23:35	08:44
22	509	Pedro Neves	Baguim Runners	Senior Masculino	01:19:06	+24:03	08:47
23	589	Ricardo Martins	madugym	Senior Masculino	01:19:22	+24:20	08:49
24	619	Alfredo Gabriel Silva Pinto	Team Bolt	Senior Masculino	01:21:23	+26:21	09:03
25	552	Tiago Sousa	Individual	Senior Masculino	01:21:24	+26:21	09:03
26	584	Miguel Beça	madugym	Senior Masculino	01:21:57	+26:55	09:06
27	548	Nuno	Individual	Senior Masculino	01:22:36	+27:34	09:11
28	550	Paulo ALEXandre Domingues Barbosa	Individual	Senior Masculino	01:22:43	+27:41	09:12
29	632	Gualter Pereira	Individual	Senior Masculino	01:24:01	+28:58	09:20
30	503	David Martins	A.D.Amarante trail running	Senior Masculino	01:24:02	+28:59	09:20
31	530	Leonel Soares	Hora do Lobo Trail - CF Perosinho Atletismo	Senior Masculino	01:24:52	+29:50	09:26
32	508	Paulo Pereira	Baguim Runners	Senior Masculino	01:25:34	+30:32	09:30
33	545	Filipe	Individual	Senior Masculino	01:30:25	+35:23	10:03
34	657	atleta 657	Individual	Senior Masculino	01:31:42	+36:40	10:11
35	656	Sérgio Santos	Individual	Senior Masculino	01:31:43	+36:41	10:12
36	553	Vítor Francisco Cardoso Quintas	Individual	Senior Masculino	01:36:12	+41:09	10:41
37	654	atleta 654	Individual	Senior Masculino	01:36:15	+41:13	10:42
38	549	Octavio Mota	Individual	Senior Masculino	01:37:28	+42:26	10:50
39	606	Jaime Pinto	Os Alpinistas	Senior Masculino	01:37:55	+42:52	10:53
40	583	Jorge Fonseca	madugym	Senior Masculino	01:41:58	+46:56	11:20
41	588	Rafael Vieira	madugym	Senior Masculino	01:41:59	+46:56	11:20
42	652	Fernando Ferreira	Individual	Senior Masculino	01:47:37	+52:34	11:57
43	658	Hugo Dias	Individual	Senior Masculino	01:50:02	+55:00	12:14
44	603	Pedro Brito	Mancos á Vista	Senior Masculino	01:52:54	+57:51	12:33
45	612	Ricardo Jorge Braga	Rechonchudos Trail Runners	Senior Masculino	02:06:49	+01:11:47	14:06
46	529	Daniel Silva	Hora do Lobo Trail - CF Perosinho Atletismo	Senior Masculino	02:50:12	+01:55:10	18:55

Veterana F40

1	510	Sandra Cardoso	Baguim Runners	Veterana F40	01:04:59	+09:57	07:13
2	591	Carla Chaves	madugym	Veterana F40	01:22:59	+27:57	09:13
3	558	Susana Castro	Individual	Veterana F40	01:24:38	+29:35	09:24
4	531	Ana Paula Barbosa Tavares	Hora do Lobo Trail - CF Perosinho Atletismo	Veterana F40	01:24:52	+29:50	09:26
5	532	Marlene Santos	Hora do Lobo Trail - CF Perosinho Atletismo	Veterana F40	01:27:59	+32:57	09:47
6	525	SONIA PIRES	FIT GAIA TRAIL	Veterana F40	01:31:36	+36:34	10:11
7	557	Raquel Ribeiro	Individual	Veterana F40	01:33:33	+38:31	10:24

Official Timekeeper: Lap2Go	2 / 4	generate 10-Sep-2018 14:53
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Mini Trail

9 KM

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OFFICIAL RESULT

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8	624	Susana Carvalho Neves Da Silva	Team Bolt	Veterana F40	01:35:31	+40:29	10:37
9	660	Céu Oliveira	madugym	Veterana F40	01:39:07	+44:05	11:01
10	623	sandra manuela conceição	Team Bolt	Veterana F40	01:41:55	+46:53	11:20
11	523	Laura Gomes	Familia Gomes	Veterana F40	01:42:12	+47:10	11:21
12	590	Carla Beça	madugym	Veterana F40	01:42:39	+47:37	11:24
13	592	Gabriela Silva	madugym	Veterana F40	01:42:39	+47:37	11:24
14	625	Susana Maria Soares Pereira Borges	Team Bolt	Veterana F40	01:42:54	+47:52	11:26
15	512	Elsa sacramento	Baguim Runners	Veterana F40	01:47:30	+52:28	11:57
16	533	Paula madeira	Hora do Lobo Trail - CF Perosinho Atletismo	Veterana F40	01:49:12	+54:10	12:08
17	622	Ana Maria Almeida Campos	Team Bolt	Veterana F40	01:49:41	+54:38	12:11
18	559	Susana Vieira	Individual	Veterana F40	01:53:59	+58:57	12:40
19	614	Ana Paula Santos	Ribeiras Trail	Veterana F40	02:01:28	+01:06:26	13:30
20	613	Alexandra Marques	Ribeiras Trail	Veterana F40	02:01:42	+01:06:39	13:31
21	615	Elsa Fernandes	Ribeiras Trail	Veterana F40	02:01:42	+01:06:40	13:31
22	616	Paula Coutinho	Ribeiras Trail	Veterana F40	02:02:33	+01:07:30	13:37
23	555	Maria Alexandra da Silva Gonçalves	Individual	Veterana F40	02:06:16	+01:11:14	14:02
24	556	Nany faria	Individual	Veterana F40	02:17:05	+01:22:03	15:14

Veterana F50

1	524	FATIMA PAIS	FIAES SPORT CLUBE	Veterana F50	01:12:37	+17:35	08:04
2	534	Conceição Pereira	Hora do Lobo Trail - CF Perosinho Atletismo	Veterana F50	01:35:46	+40:44	10:39
3	626	Guilhermina Emilia Carvalho Santos	Team Bolt	Veterana F50	01:42:54	+47:52	11:26

Veterano M40

1	565	Victor Fernandes	A.D.Amarante trail running	Veterano M40	55:02	06:07
2	651	Camilo Guedes	Individual	Veterano M40	57:57	+02:55 06:26
3	598	Vitor Silva	madugym	Veterano M40	01:06:13	+11:10 07:21
4	597	Manuel Monteiro	madugym	Veterano M40	01:07:04	+12:02 07:27
5	520	Licinio Carvalho	Escola Condução Nova de Gaia	Veterano M40	01:10:59	+15:57 07:53
6	594	Agostinho Alves	madugym	Veterano M40	01:14:58	+19:56 08:20
7	511	Lourenço Cardoso	Baguim Runners	Veterano M40	01:16:24	+21:22 08:29
8	561	António Soares	Individual	Veterano M40	01:17:33	+22:31 08:37
9	563	Nuno Andre Q Boulton Magalhaes	Individual	Veterano M40	01:18:44	+23:42 08:45
10	519	José Pinhel	Escola Condução Nova de Gaia	Veterano M40	01:22:12	+27:09 09:08
11	562	Michel Dias	Individual	Veterano M40	01:22:50	+27:48 09:12
12	595	Helder Costa	madugym	Veterano M40	01:24:48	+29:46 09:25
13	560	ANDRÉ PINHO	Individual	Veterano M40	01:30:25	+35:23 10:03
14	564	PEDRO FERREIRA	Individual	Veterano M40	01:30:25	+35:23 10:03
15	627	António José Pinto de Carvalho	Team Bolt	Veterano M40	01:35:31	+40:29 10:37
16	608	Guilherme	Os Amigos	Veterano M40	01:36:08	+41:05 10:41
17	504	Ruben Azevedo	ACSP	Veterano M40	01:40:30	+45:28 11:10
18	653	Nuno Silva	Individual	Veterano M40	01:41:14	+46:11 11:15

Official Timekeeper: Lap2Go	3 / 4	generate 10-Sep-2018 14:53
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Mini Trail

9 KM

[illegible]

OFFICIAL RESULT

[illegible]

19	628	Luis Miguel Pinto Ribeiro	Team Bolt	Veterano M40	01:41:57	+46:55	11:20
20	596	José Ferro	madugym	Veterano M40	01:41:58	+46:56	11:20
21	609	José Alves	Os Amigos	Veterano M40	01:44:17	+49:15	11:35
22	629	Miguel Resende	Tartarugas do Asfalto	Veterano M40	01:50:05	+55:03	12:14
23	170	Alexandre Teles	STCP Runners	Veterano M40	01:56:34	+01:01:32	12:57
24	617	Rolando Marques	Ribeiras Trail	Veterano M40	02:02:14	+01:07:12	13:35

Veterano M50

1	569	Ramiro Silva	Caldas de São Jorge Sport Clube	Veterano M50	01:06:09	+11:07	07:21
2	521	Paulo Alexandre Fernandes	Escola Condução Nova de Gaia	Veterano M50	01:06:29	+11:27	07:23
3	566	David José Alves Nogueira	Individual	Veterano M50	01:22:29	+27:27	09:10
4	514	Manuel Moreira	BigSmileTeam	Veterano M50	01:39:09	+44:06	11:01
5	568	paulo cunha	Individual	Veterano M50	01:56:33	+01:01:30	12:57
6	618	Manuel Santos	Ribeiras Trail	Veterano M50	01:57:13	+01:02:11	13:01
7	567	Eduardo Gonçalves	Individual	Veterano M50	02:10:18	+01:15:15	14:29

Veterano M60

1	507	serafim fonseca	amigos de s.pedro da cova	Veterano M60	01:28:00	+32:58	09:47
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Official Timekeeper: Lap2Go	1 / 1	generate 09-Sep-2018 12:21
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