

**TRIANGLE ADVENTURE - FROM THE VINEYARDS
TO THE MOUNTAIN****30 KM****R**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
82	204	Vasco Neves	hard running team arruda dos vinhos	Sub 23 Masculino	05:19:51	+03:09:20	10:40
83	59	Mauro Pedro Mendes Gonçalves	ade trail running	Veterano M40	05:25:43	+03:15:11	10:51
84	205	Cecilia Dutra	individual	Senior Feminino	05:25:58	+03:15:27	10:52

Triangle Adventure

102 KM

R
REVISED

OFFICIAL RESULT

25	38	Evandir Rodrigo de Oliveira Rodrigues	Individual	Senior Masculino	04:01:03	+01:50:31	02:22
26	203	João Neves	Hard Running Team Arruda dos Vinhos	Senior Masculino	05:19:48	+03:09:17	03:08

Sub 23 Masculino

1	201	Marcelo Pedras Salgueiro	Clube Independente de Atletismo Ilha Azul	Sub 23 Masculino	02:28:14	+17:43	01:27
2	44	Patrick Figueiredo	Individual	Sub 23 Masculino	02:57:35	+47:04	01:44
3	204	Vasco Neves	Hard Running Team Arruda dos Vinhos	Sub 23 Masculino	05:19:51	+03:09:20	03:08

Veterana F40

1	46	Margarida Maria Bettencourt da Silveira Pereira	Individual	Veterana F40	03:27:57	+01:17:26	02:02
2	47	Rhonda Stricklett	Individual	Veterana F40	03:34:04	+01:23:33	02:06
3	48	Sílvia de Oliveira	Individual	Veterana F40	03:51:28	+01:40:57	02:16
4	45	Estrella Del Castillo Rojas	Individual	Veterana F40	04:11:20	+02:00:48	02:28
5	24	Susana Patrícia Machado Sá Pinto Garcia	Clube Independente de Atletismo Ilha Azul	Veterana F40	04:13:44	+02:03:12	02:29

Veterana F45

1	207	SABRINA MORONI	Individual	Veterana F45	03:28:48	+01:18:17	02:03
2	49	MARTA MOTA PORTA	Individual	Veterana F45	03:38:41	+01:28:10	02:09
3	25	Carla Aurora Machado Sá Pinto	Clube Independente de Atletismo Ilha Azul	Veterana F45	03:52:16	+01:41:45	02:17

Veterana F50

1	51	Teresa Farinha	Individual	Veterana F50	03:33:23	+01:22:52	02:06
2	50	Cornelia Weller	Individual	Veterana F50	04:13:46	+02:03:15	02:29

Veterana F55

1	52	Esmeralda Fiúza	Individual	Veterana F55	03:58:03	+01:47:32	02:20
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Veterana F60

1	83	Ana Paula Azevedo Matos Flores Évora Garcia	Strendure running team	Veterana F60	04:19:58	+02:09:27	02:33
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