Amares Urban Fit 2018

Amares

02-June-2018

ELITE - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	14:55	18ºC	72%
End	18:01	15.5ºC	82%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	79	Ricardo Bio	ocr police challenge	Senior Masculino	52:49		05:17
2	7	Flávio Fernandes	b.t.m.	Senior Masculino	54:07	+01:18	05:25
3	73	Pedro Gonçalves	individual	Senior Masculino	54:58	+02:09	05:30
4	11	Ricardo Rego	b.t.m.	Senior Masculino	57:35	+04:46	05:46
5	43	Marco lopes	ocr police challenge	Senior Masculino	58:47	+05:58	05:53
6	13	Marco Lima	best cross amares	Senior Masculino	58:57	+06:08	05:54
7	75	Toni Bento	individual	Senior Masculino	59:23	+06:34	05:56
8	74	Rui Figueiredo	individual	Senior Masculino	01:01:08	+08:19	06:07
9	8	Francisco Fernandes	b.t.m.	Senior Masculino	01:01:12	+08:23	06:07
10	58	Luciano Pereira	the shield	Senior Masculino	01:02:11	+09:22	06:13
11	62	Rómulo Fernandes	#aminhamaenaodeixa	Senior Masculino	01:02:39	+09:50	06:16
12	35	Rui Manuel Gonçalves Vieira da Costa	individual	Senior Masculino	01:04:46	+11:57	06:29
13	33	Ricardo Portugal	ocr police challenge	Senior Masculino	01:07:00	+14:11	06:42
14	18	Daniel Caetano	challenge force	Senior Masculino	01:10:02	+17:13	07:00
15	49	Carlos Pintado	one2one - private fitness studio	Senior Masculino	01:15:01	+22:12	07:30
16	17	Carlos Araújo	challenge force	Senior Masculino	01:15:11	+22:22	07:31
17	41	Helder Rodrigues	ocr police challenge	Senior Masculino	01:18:38	+25:49	07:52
18	30	Luís Miguel Moreira Conde	individual	Senior Masculino	01:18:51	+26:02	07:53
19	67	JOÃO PAULO DA SILVA SANTOS	esquadrão +fit ocr team	Senior Masculino	01:19:10	+26:21	07:55
20	21	Pedro Carneiro	crossfit famalicão	Senior Masculino	01:20:51	+28:02	08:05
21	64	Nuno Martins	associação portuguesa de corridas de obstáculos	Senior Masculino	01:29:12	+36:23	08:55
22	69	Filipe Machado	individual	Senior Masculino	01:29:20	+36:31	08:56
23	72	José Pedro Magalhães	individual	Senior Masculino	01:29:20	+36:31	08:56
24	44	Miguel Ribeiro	ocr police challenge	Senior Masculino	01:35:13	+42:24	09:31
25	36	Tiago da Costa Giesteira	individual	Senior Masculino	01:45:40	+52:51	10:34
26	70	João Coentrão	individual	Senior Masculino	01:46:46	+53:57	10:41

Obs

BIB	NOTE	NAME	TEAM	CAT
5	DQ	Diana Ferreira	B.T.M.	Senior Feminino
6	DQ	Vânia Peixoto	B.T.M.	Senior Feminino
9	DQ	JoÃo Duarte	B.T.M.	Senior Masculino
10	DQ	Pedro Moreira	B.T.M.	Senior Masculino
12	DQ	José Gonçalves	BEST CROSS AMARES	Senior Masculino
14	DQ	Nuno Barros	BEST CROSS AMARES	Senior Masculino
15	DQ	Adriana Neves	CHALLENGE FORCE	Senior Feminino
19	DQ	Miguel Silva	CHALLENGE FORCE	Senior Masculino
22	DQ	Ana Catarina Martins Gomes	Individual	Senior Feminino
24	DQ	Kelly Veloso	Individual	Senior Feminino
25	DQ	PATRICIA DAMASCENO	Individual	Senior Feminino

ELITE - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

BIB	NOTE	NAME	TEAM	CAT
26	DQ	Diogo Francisco Araújo Mota	Individual	Senior Masculino
28	DQ	Hugo Magalhães	Individual	Senior Masculino
29	DQ	José Victor Vieira Furtado	Individual	Senior Masculino
31	DQ	Rafael almeida	Individual	Senior Masculino
32	DQ	Reny Xavier	Individual	Senior Masculino
34	DQ	Roberto Luis Cid Fernandez	Individual	Senior Masculino
37	DQ	Viktor Strelbitskiy	Individual	Senior Masculino
38	DQ	Alda Patricia Ribeiro	OCR Police Challenge	Senior Feminino
39	DQ	Raquel Ferreira	OCR Police Challenge	Senior Feminino
40	DQ	Sara Barradas	OCR Police Challenge	Senior Feminino
45	DQ	Nelson Correia	OCR Police Challenge	Senior Masculino
48	DQ	Mário Porfírio	OCR Portugal Lab	Senior Masculino
50	DQ	João Gama	One2One - Private Fitness Studio	Senior Masculino
51	DQ	Nuno Gonçalves	One2One - Private Fitness Studio	Senior Masculino
52	DQ	Paulo Osório	One2One - Private Fitness Studio	Senior Masculino
55	DQ	Artur Ferreira	THE SHIELD	Senior Masculino
56	DQ	Cristiano Ferreira	THE SHIELD	Senior Masculino
57	DQ	Jose Costa	THE SHIELD	Senior Masculino
60	DQ	Diogo azevedo	#aminhamaedeixa	Senior Masculino
61	DQ	João Gaspar	#aminhamaenaodeixa	Senior Masculino
63	DQ	Telmo Pinho	#aminhamaenaodeixa	Senior Masculino
65	DQ	João Carlos	CHALLENGE FORCE	Senior Masculino
66	DQ	Rui Guedes	Cross the line	Senior Masculino
78	DQ	Joana Silva	OCR Police Challenge	Senior Feminino
81	DQ	Sofia Lobo	Wild Challenge	Senior Feminino
80	DNF	Maria Joao Liso	Wild Challenge	Senior Feminino

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02-June-2018

Elite

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	14:55	18ºC	72%
End	18:01	15.5ºC	82%

Senior Masculino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	79	Ricardo Bio	OCR Police Challenge	Senior Masculino	52:49		05:17
2	7	Flávio Fernandes	B.T.M.	Senior Masculino	54:07	+01:18	05:25
3	73	Pedro Gonçalves	Individual	Senior Masculino	54:58	+02:09	05:30
4	11	Ricardo Rego	B.T.M.	Senior Masculino	57:35	+04:46	05:46
5	43	Marco lopes	OCR Police Challenge	Senior Masculino	58:47	+05:58	05:53
6	13	Marco Lima	BEST CROSS AMARES	Senior Masculino	58:57	+06:08	05:54
7	75	Toni Bento	Individual	Senior Masculino	59:23	+06:34	05:56
8	74	Rui Figueiredo	Individual	Senior Masculino	01:01:08	+08:19	06:07
9	8	Francisco Fernandes	B.T.M.	Senior Masculino	01:01:12	+08:23	06:07
10	58	Luciano Pereira	THE SHIELD	Senior Masculino	01:02:11	+09:22	06:13
11	62	Rómulo Fernandes	#aminhamaenaodeixa	Senior Masculino	01:02:39	+09:50	06:16
12	35	Rui Manuel Gonçalves Vieira da Costa	Individual	Senior Masculino	01:04:46	+11:57	06:29
13	33	Ricardo Portugal	OCR Police Challenge	Senior Masculino	01:07:00	+14:11	06:42
14	18	Daniel Caetano	CHALLENGE FORCE	Senior Masculino	01:10:02	+17:13	07:00
15	49	Carlos Pintado	One2One - Private Fitness Studio	Senior Masculino	01:15:01	+22:12	07:30
16	17	Carlos Araújo	CHALLENGE FORCE	Senior Masculino	01:15:11	+22:22	07:31
17	41	Helder Rodrigues	OCR Police Challenge	Senior Masculino	01:18:38	+25:49	07:52
18	30	Luís Miguel Moreira Conde	Individual	Senior Masculino	01:18:51	+26:02	07:53
19	67	JOÃO PAULO DA SILVA SANTOS	Esquadrão +Fit OCR Team	Senior Masculino	01:19:10	+26:21	07:55
20	21	Pedro Carneiro	CrossFit Famalicão	Senior Masculino	01:20:51	+28:02	08:05
21	64	Nuno Martins	Associação Portuguesa de Corridas de Obstáculos	Senior Masculino	01:29:12	+36:23	08:55
22	69	Filipe Machado	Individual	Senior Masculino	01:29:20	+36:31	08:56
23	72	José Pedro Magalhães	Individual	Senior Masculino	01:29:20	+36:31	08:56
24	44	Miguel Ribeiro	OCR Police Challenge	Senior Masculino	01:35:13	+42:24	09:31
25	36	Tiago da Costa Giesteira	Individual	Senior Masculino	01:45:40	+52:51	10:34
26	70	João Coentrão	Individual	Senior Masculino	01:46:46	+53:57	10:41

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GUERREIRO - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	15:10	17.5ºC	77%
End	18:53	15.5ºC	82%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1973	André Sousa Loureiro	vfs	Senior Masculino	56:22		05:38
2	1115	Hugo Araújo	b.t.m.	Senior Masculino	56:23	+00:00	05:38
3	1112	Diogo Araújo	b.t.m.	Senior Masculino	56:52	+00:29	05:41
4	1653	Sera Corral Prado	north coast ocr´s	Senior Masculino	01:00:38	+04:15	06:04
5	1543	MIGUEL TINOCO	best cross amares	Senior Masculino	01:04:21	+07:58	06:26
6	1119	Nuno Dantas	b.t.m.	Senior Masculino	01:04:46	+08:23	06:29
7	1113	Duarte Fernandes	b.t.m.	Senior Masculino	01:05:05	+08:43	06:31
8	1069	ANTÓNIO JOSÉ SOUSA FERNANDES	apanha-nos se puderes	Senior Masculino	01:05:22	+08:59	06:32
9	1082	TIAGO MARTINS	aventureiros	Senior Masculino	01:05:26	+09:03	06:33
10	1913	MIGUEL PAREDES	team alive fitness trofa	Senior Masculino	01:06:05	+09:42	06:37
11	1911	HORÁCIO REIS	team alive fitness trofa	Senior Masculino	01:06:26	+10:03	06:39
12	1490	Bruno Sampaio	habcarpintaria	Senior Masculino	01:06:38	+10:15	06:40
13	1492	Hugo Sampaio	habcarpintaria	Senior Masculino	01:06:41	+10:18	06:40
14	1423	Emílio carvalho	forfunteam	Senior Masculino	01:06:55	+10:32	06:42
15	1107	André Santos	b.t.m.	Senior Masculino	01:06:58	+10:35	06:42
16	1652	martin gonzalo landolfi	north coast ocr´s	Senior Masculino	01:07:40	+11:17	06:46
17	1648	Angel Luis Carlon Alvarez	north coast ocr´s	Senior Masculino	01:07:40	+11:17	06:46
18	1691	Tiago Campos	os atm	Senior Masculino	01:09:13	+12:51	06:55
19	1651	Ivan Fernandez Alvarez	north coast ocr´s	Senior Masculino	01:09:32	+13:09	06:57
20	1081	Rui Pedro Pereira Rodrigues	aventureiros	Senior Masculino	01:09:44	+13:21	06:58
21	1677	Rui Silva	os atm	Senior Masculino	01:09:55	+13:32	07:00
22	1646	Alex Rguez Zango	north coast ocr´s	Senior Masculino	01:10:14	+13:51	07:01
23	1627	FILIPE MARQUES	n14 crossfit braga	Senior Masculino	01:11:20	+14:57	07:08
24	1491	Elson Carvalho	habcarpintaria	Senior Masculino	01:11:31	+15:08	07:09
25	1531	Antonio miguel soares martins	individual	Senior Masculino	01:11:36	+15:14	07:10
26	1092	Catarina Melo	b.t.m.	Senior Feminino	01:11:38	+15:16	07:10
27	1072	SÉRGIO JOSÉ DA CUNHA TORRES	apanha-nos se puderes	Senior Masculino	01:11:47	+15:24	07:11
28	1098	Helder Torres	b.t.m.	Senior Masculino	01:12:28	+16:05	07:15
29	1261	Nuno Filipe Ferreira	burger king united	Senior Masculino	01:12:40	+16:17	07:16
30	1611	FILIPE LOURENÇO SIMÕES	n14 crossfit braga	Senior Masculino	01:12:42	+16:19	07:16
31	1144	Eduardo Emanuel Andrade Faria	best cross amares	Senior Masculino	01:12:45	+16:22	07:17
32	1533	DOMINGOS CÉSAR RIBEIRO DE BARROS	individual	Senior Masculino	01:12:51	+16:28	07:17
33	1612	Helena Fernades	n14 crossfit braga	Senior Feminino	01:13:09	+16:46	07:19
34	1628	Flávio Caldas	n14 crossfit braga	Senior Masculino	01:13:09	+16:46	07:19
35	1624	André Silva	n14 crossfit braga	Senior Masculino	01:13:20	+16:58	07:20
36	1749	Benjamim Cruz	oticas minho	Senior Masculino	01:13:24	+17:01	07:20
37	1855	César Augusto Vieira Antunes	somos+q6	Senior Masculino	01:13:25	+17:02	07:21
38	1100	Sara Araújo	b.t.m.	Senior Feminino	01:13:36	+17:13	07:22
39	1862	José Silva	somos+q6	Senior Masculino	01:13:54	+17:31	07:23

GUERREIRO - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
40	1861	José Rodrigues	somos+q6	Senior Masculino	01:13:54	+17:31	07:23
41	1852	Alexandre Filipe Correia Serafim	somos+q6	Senior Masculino	01:13:55	+17:32	07:24
42	1461	Bruno Costa	geofriends	Senior Masculino	01:14:24	+18:01	07:26
43	1462	Ivo Carvalho	geofriends	Senior Masculino	01:14:34	+18:11	07:27
44	1409	Bruno Rodrigues	eac	Senior Masculino	01:15:11	+18:48	07:31
45	1689	Rui Oliveira	os atm	Senior Masculino	01:16:54	+20:31	07:41
46	1977	Marco Filipe Silva Santos	vfs	Senior Masculino	01:16:55	+20:32	07:42
47	1386	MANUEL RIBEIRO COSTA	divamares	Senior Masculino	01:16:57	+20:34	07:42
48	1111	César Carvalho	b.t.m.	Senior Masculino	01:17:02	+20:39	07:42
49	1116	Jorge Pereira	b.t.m.	Senior Masculino	01:17:14	+20:51	07:43
50	1408	Bruno Paradela	eac	Senior Masculino	01:17:15	+20:53	07:44
51	1683	Eduardo Nogueira	os atm	Senior Masculino	01:17:29	+21:07	07:45
52	1265	Vitor Manuel Mendes	burger king united	Senior Masculino	01:17:35	+21:12	07:46
53	1775	Carlos Valdemar Silva Sousa	over the limit	Senior Masculino	01:17:35	+21:12	07:46
54	1764	André Brandão	over the limit	Senior Masculino	01:17:36	+21:13	07:46
55	1553	MARCO ALBERTINO GOMES MAIA	individual	Senior Masculino	01:17:37	+21:14	07:46
56	1976	Manuel António Figueiredo da Silva	vfs	Senior Masculino	01:17:51	+21:28	07:47
57	1975	Joaquim José Silva Faria Oliveira	vfs	Senior Masculino	01:17:51	+21:29	07:47
58	1840	Christiane Creminho	somos+q6	Senior Feminino	01:18:11	+21:48	07:49
59	1080	Ricardo Ferreira	aventureiros	Senior Masculino	01:18:21	+21:58	07:50
60	1410	João Gonçalves	eac	Senior Masculino	01:18:29	+22:06	07:51
61	1633	Luís Queirós	n14 crossfit braga	Senior Masculino	01:18:30	+22:07	07:51
62	1680	André Brandão	os atm	Senior Masculino	01:18:31	+22:09	07:51
63	1122	Tiago Moreira	b.t.m.	Senior Masculino	01:18:48	+22:25	07:53
64	1638	PAULO OLIVEIRA	n14 crossfit braga	Senior Masculino	01:18:49	+22:26	07:53
65	1258	Alexandre SOUSA	burger king united	Senior Masculino	01:18:55	+22:32	07:54
66	2003	Rui Manuel Manso Nogueira	cse hools	Senior Masculino	01:19:03	+22:41	07:54
67	1108	André Silva	b.t.m.	Senior Masculino	01:19:30	+23:07	07:57
68	1346	Agostinho Domingos Brandão da Cunha	cvp amares	Senior Masculino	01:19:37	+23:14	07:58
69	1690	Sergio Ventura	os atm	Senior Masculino	01:20:21	+23:58	08:02
70	1094	Eunice Moreira	b.t.m.	Senior Feminino	01:20:33	+24:10	08:03
71	1097	Judite Ferreira	b.t.m.	Senior Feminino	01:20:47	+24:24	08:05
72	1657	GONÇALO FREITAS	olimpico vianense trail	Senior Masculino	01:20:58	+24:35	08:06
73	1106	Agostinho Maia	b.t.m.	Senior Masculino	01:21:09	+24:46	08:07
74	1734	António Baptista	os magnificos	Senior Masculino	01:21:18	+24:55	08:08
75	53	Tiago Oliveira	tania azevedo	Senior Masculino	01:21:37	+25:14	08:10
76	1610	clara maria santos pereira	hd training	Senior Feminino	01:21:44	+25:21	08:10
77	2002	João André da Silva Borges	cse hools	Senior Masculino	01:21:46	+25:23	08:11
78	1756	Paulo Névoa	oticas minho	Senior Masculino	01:21:49	+25:26	08:11
79	1839	Céu Lemos	somos+q6	Senior Feminino	01:21:50	+25:27	08:11
80	2005	César Diogo Freitas Pereira	cse hools	Senior Masculino	01:22:05	+25:42	08:13
81	1757	João Cunha	oticas minho	Senior Masculino	01:22:10	+25:47	08:13

GUERREIRO - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
82	1574	Hugo Ribeiro	los bitchos	Senior Masculino	01:22:11	+25:48	08:13
83	1110	Bruno Santos	b.t.m.	Senior Masculino	01:22:16	+25:53	08:14
84	1123	Vitor Ramalho	b.t.m.	Senior Masculino	01:22:16	+25:53	08:14
85	1262	Paulo Sérgio Silva	burger king united	Senior Masculino	01:22:38	+26:15	08:16
86	1078	Nuno Santos	aventureiros	Senior Masculino	01:22:38	+26:15	08:16
87	1551	Pedro Rego	individual	Senior Masculino	01:22:48	+26:26	08:17
88	1979	Sérgio Figueiredo	vfs	Senior Masculino	01:22:53	+26:30	08:17
89	1978	Samuel Sousa Loureiro	vfs	Senior Masculino	01:23:01	+26:38	08:18
90	1695	Jorge Carneiro	os bond gaita	Senior Masculino	01:23:19	+26:56	08:20
91	1625	Carlos lomba	n14 crossfit braga	Senior Masculino	01:23:30	+27:07	08:21
92	1392	Carlos Pinheiro	dornelas runners	Senior Masculino	01:23:41	+27:19	08:22
93	1681	Bruno Mota	os atm	Senior Masculino	01:23:43	+27:20	08:22
94	1373	DANIEL ANTÓNIO DA COSTA	divamares	Senior Masculino	01:23:50	+27:27	08:23
95	1381	JOSÉ AUGUSTO FERREIRA	divamares	Senior Masculino	01:23:50	+27:27	08:23
96	1379	JOÃO MANUEL FERREIRA SILVA	divamares	Senior Masculino	01:23:54	+27:31	08:23
97	1489	André Sampaio	habcarpintaria	Senior Masculino	01:24:00	+27:37	08:24
98	1494	Vitor Araujo	habcarpintaria	Senior Masculino	01:24:05	+27:42	08:25
99	1382	JOSÉ CÂNDIDO ARAÚJO SILVA	divamares	Senior Masculino	01:24:21	+27:58	08:26
100	1688	Pedro Ribeiro	os atm	Senior Masculino	01:24:23	+28:00	08:26
101	1121	LUÍS FERNANDES	b.t.m.	Senior Masculino	01:24:31	+28:09	08:27
102	1090	Carla Abilheira	b.t.m.	Senior Feminino	01:24:37	+28:14	08:28
103	1781	Joaquim Jorge Neves Leal	over the limit	Senior Masculino	01:25:26	+29:03	08:33
104	1375	FILIPE MOTA RODRIGUES	divamares	Senior Masculino	01:25:32	+29:10	08:33
105	1349	Joel Vale	aventureiros	Senior Masculino	01:25:33	+29:10	08:33
106	1368	ALEXANDRE RODRIGUES PINHEIRO	divamares	Senior Masculino	01:25:37	+29:14	08:34
107	1916	RICARDO CARVALHO	team alive fitness trofa	Senior Masculino	01:25:59	+29:36	08:36
108	1751	Carlos Ribeiro	oticas minho	Senior Masculino	01:26:03	+29:40	08:36
109	1917	RUI NUNES	team alive fitness trofa	Senior Masculino	01:26:07	+29:44	08:37
110	1778	Ilídio José Vieira Dias	over the limit	Senior Masculino	01:26:17	+29:54	08:38
111	1777	Emanuel Vieira Freitas	over the limit	Senior Masculino	01:26:19	+29:57	08:38
112	1868	Vítor Manuel Machado Marques	somos+q6	Senior Masculino	01:27:08	+30:45	08:43
113	1592	Nelson Martins da Costa Ferreira	mix team	Senior Masculino	01:27:47	+31:24	08:47
114	1148	Moisés Cunha	best cross amares	Senior Masculino	01:27:53	+31:30	08:47
115	1548	MARCOS CABALEIRO BOUZON	individual	Senior Masculino	01:28:46	+32:23	08:53
116	1500	Luis Carlos Martins Costa	hakuna matata	Senior Masculino	01:28:51	+32:28	08:53
117	1542	JOSE LUIS VILLAVERDE SANISIDRO	individual	Senior Masculino	01:28:53	+32:30	08:53
118	1535	Fernando Vaz	individual	Senior Masculino	01:29:16	+32:53	08:56
119	1498	André Domingos Costa Pinheiro	hakuna matata	Senior Masculino	01:29:21	+32:58	08:56
120	1536	Gabriel Moreira	individual	Senior Masculino	01:29:33	+33:11	08:57
121	1411	José Martins	eac	Senior Masculino	01:29:38	+33:15	08:58

GUERREIRO - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
122	1678	Adalberto Costa	os atm	Senior Masculino	01:29:38	+33:15	08:58
123	1362	Bruno ballesteros	df sport center	Senior Masculino	01:29:42	+33:19	08:58
124	1363	Celso Rubio	df sport center	Senior Masculino	01:29:42	+33:19	08:58
125	1364	David fernandez	df sport center	Senior Masculino	01:29:42	+33:19	08:58
126	1365	Ruben alves	df sport center	Senior Masculino	01:29:42	+33:19	08:58
127	1145	João Roque	best cross amares	Senior Masculino	01:30:02	+33:39	09:00
128	1493	Ricardo Costa	habcarpintaria	Senior Masculino	01:30:33	+34:10	09:03
129	1286	Rui Meira	crossfit famalicão	Senior Masculino	01:30:39	+34:16	09:04
130	1400	Nuno Dias	dornelas runners	Senior Masculino	01:30:41	+34:19	09:04
131	1398	Jose Paredes	dornelas runners	Senior Masculino	01:30:58	+34:35	09:06
132	1463	Ricardo Mina	geofriends	Senior Masculino	01:31:02	+34:39	09:06
133	1460	António Araújo	geofriends	Senior Masculino	01:31:02	+34:39	09:06
134	1259	Dimantino Carvalho	burger king united	Senior Masculino	01:31:06	+34:43	09:07
135	1634	Manuel Carneiro Vilas	hd training	Senior Masculino	01:31:35	+35:12	09:10
136	1391	RUI PEDRO VICENTE DUARTE	divamares	Senior Masculino	01:31:59	+35:36	09:12
137	1851	Teresa Martins	somos+q6	Senior Feminino	01:32:12	+35:49	09:13
138	1838	Carla Filipa da Silva Alves	somos+q6	Senior Feminino	01:32:12	+35:49	09:13
139	1863	Manuel Martins	somos+q6	Senior Masculino	01:32:19	+35:56	09:14
140	1390	RICARDO RODRIGUES RIBEIRO	divamares	Senior Masculino	01:32:35	+36:13	09:16
141	1845	Filipa Alexandra Vieira	somos+q6	Senior Feminino	01:32:39	+36:16	09:16
142	1052	CRISTIANO PEREIRA	amarbanho	Senior Masculino	01:33:00	+36:37	09:18
143	1091	Carla Salgado	b.t.m.	Senior Feminino	01:33:11	+36:49	09:19
144	2010	JOÃO PEDRO MORAIS	power team	Senior Masculino	01:33:15	+36:52	09:20
145	1910	Daniel Santos	team alive fitness trofa	Senior Masculino	01:33:19	+36:56	09:20
146	1867	Tiago Dantas	somos+q6	Senior Masculino	01:33:20	+36:57	09:20
147	1629	Francisco Manuel Nogueira da SilvA	hd training	Senior Masculino	01:33:22	+36:59	09:20
148	1679	Adriano Alves	os atm	Senior Masculino	01:33:28	+37:05	09:21
149	1674	Renato Carmo Loureiro	os andarilhos	Senior Masculino	01:33:32	+37:09	09:21
150	1857	Diogo João Gonçalves Teibão Vieira	somos+q6	Senior Masculino	01:33:36	+37:14	09:22
151	1635	Mário Rui Alves Peixoto	hd training	Senior Masculino	01:33:41	+37:18	09:22
152	1915	RENATO FERREIRA	team alive fitness trofa	Senior Masculino	01:33:49	+37:26	09:23
153	1142	Diogo Borges	best cross amares	Senior Masculino	01:34:10	+37:48	09:25
154	1669	Filipe da Costa Dias	os andarilhos	Senior Masculino	01:34:12	+37:49	09:25
155	1076	Carla Sofia Pereira Novais	aventureiros	Senior Feminino	01:34:16	+37:54	09:26
156	1343	Dina Silveira	aventureiros	Senior Feminino	01:34:26	+38:03	09:27
157	1095	Inês Moreira	b.t.m.	Senior Feminino	01:34:36	+38:13	09:28
158	1532	Bruno Miguel Dias Teixeira Machado	individual	Senior Masculino	01:34:40	+38:17	09:28
159	1856	Clemente José Macedo Pereira	somos+q6	Senior Masculino	01:34:42	+38:19	09:28
160	1672	Jose Manuel da Costa Dias	os andarilhos	Senior Masculino	01:34:46	+38:23	09:29
161	1859	Helder Maximino Couto Barbosa	somos+q6	Senior Masculino	01:34:52	+38:29	09:29
162	1960	Samuel Da Silva Gomes	the mud machines	Senior Masculino	01:34:56	+38:33	09:30

GUERREIRO - STAGE 1 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
163	1959	Luis Miguel Guedes Pinto	the mud machines	Senior Masculino	01:35:05	+38:42	09:31
164	1796	FRANCISCO LUIS MORAIS	power team	Senior Masculino	01:35:07	+38:44	09:31
165	1437	ARMANDO DIOGO SALGADO DIAS	funmove - challenge your limits !	Senior Masculino	01:35:08	+38:46	09:31
166	1685	Luís Paulo	os atm	Senior Masculino	01:35:27	+39:04	09:33
167	1667	Carlos Arezes Araujo	os andarilhos	Senior Masculino	01:35:28	+39:06	09:33
168	1687	Marco Alves	os atm	Senior Masculino	01:35:36	+39:13	09:34
169	1682	Domingos Freitas	os atm	Senior Masculino	01:36:05	+39:42	09:37
170	1389	PAULO SÉRGIO TEIXEIRA RIBEIRO	divamares	Senior Masculino	01:36:07	+39:44	09:37
171	1099	Rosa Correia	b.t.m.	Senior Feminino	01:36:37	+40:15	09:40
172	1096	isabel costa	b.t.m.	Senior Feminino	01:36:38	+40:15	09:40
173	1079	Nuno Sousa	aventureiros	Senior Masculino	01:36:45	+40:23	09:41
174	1118	Nelson Pinto	b.t.m.	Senior Masculino	01:36:49	+40:26	09:41
175	1264	Tiago André Martins	burger king united	Senior Masculino	01:36:54	+40:31	09:41
176	1914	RENATO COUTO	team alive fitness trofa	Senior Masculino	01:37:03	+40:40	09:42
177	1818	Joao Luis Pinheiro Afonso	run4beer	Senior Masculino	01:37:08	+40:45	09:43
178	1817	Hugo Miguel Neves Rocha	run4beer	Senior Masculino	01:37:08	+40:45	09:43
179	1486	Mario Sa	gym team	Senior Masculino	01:37:19	+40:56	09:44
180	1077	Domingos Manuel Martins Pinto	aventureiros	Senior Masculino	01:37:24	+41:02	09:44
181	1754	Gaspar Oliveira	oticas minho	Senior Masculino	01:37:45	+41:22	09:47
182	1686	Manuel Miranda	os atm	Senior Masculino	01:37:53	+41:30	09:47
183	1260	Miguel Duarte	burger king united	Senior Masculino	01:37:54	+41:31	09:47
184	1218	Paulo Jorge Sousa Alves Ribeiro	bukan krav maga	Senior Masculino	01:37:59	+41:36	09:48
185	1164	CARLOS MANUEL MARQUES FERNANDES	bootcamp arco	Senior Masculino	01:38:00	+41:37	09:48
186	1546	Manuel Silva	individual	Senior Masculino	01:38:09	+41:47	09:49
187	2004	Bruno Daniel Vieira da Silva	cse hools	Senior Masculino	01:38:16	+41:53	09:50
188	1684	Jorge Pinto	os atm	Senior Masculino	01:38:17	+41:55	09:50
189	1151	Tiago Silva	best cross amares	Senior Masculino	01:38:28	+42:05	09:51
190	1659	Carla Macedo	on top	Senior Feminino	01:38:34	+42:11	09:51
191	2006	Vitor José Martins de Oliveira	cse hools	Senior Masculino	01:38:49	+42:26	09:53
192	1484	André Peixoto	gym team	Senior Masculino	01:38:58	+42:35	09:54
193	1841	Cláudia Daniela Oliveira	somos+q6	Senior Feminino	01:39:23	+43:00	09:56
194	1784	Rui Sérgio Ferreira Leite	over the limit	Senior Masculino	01:39:29	+43:06	09:57
195	1482	Daniel Lopes	gym team	Senior Masculino	01:39:47	+43:25	09:59
196	1488	Ricardo Oliveira	gym team	Senior Masculino	01:39:49	+43:26	09:59
197	1762	Nuno Cunha	oticas minho	Senior Masculino	01:39:51	+43:29	09:59
198	1056	HELDER MACEDO DE SOUSA	amarbanho	Senior Masculino	01:39:56	+43:33	10:00
199	1057	PAULO GONÇALVES PEREIRA	amarbanho	Senior Masculino	01:39:57	+43:34	10:00
200	2007	Pedro Miguel Pinto Alves	cse hools	Senior Masculino	01:39:58	+43:35	10:00
201	1048	EDITE CATARINA RIBEIRO LOPES	amarbanho	Senior Feminino	01:39:58	+43:36	10:00
202	1485	Márcio Silva	gym team	Senior Masculino	01:40:01	+43:38	10:00

GUERREIRO - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
203	1487	Pedro Azevedo	gym team	Senior Masculino	01:40:03	+43:40	10:00
204	1483	Filipe Alexandre	gym team	Senior Masculino	01:40:04	+43:41	10:00
205	1481	Aurélio Leal	gym team	Senior Masculino	01:40:09	+43:46	10:01
206	1310	Emanuel Cardoso	crossfit vale do ave	Senior Masculino	01:40:57	+44:34	10:06
207	1617	João Nuno Torres	n14 crossfit braga	Senior Feminino	01:40:59	+44:36	10:06
208	1528	Alfredo Ricardo Antunes Soares	individual	Senior Masculino	01:41:06	+44:43	10:07
209	1772	Sónia Maria da Silva Leal	over the limit	Senior Feminino	01:41:13	+44:50	10:07
210	1769	Olinda Odete Silva Sousa	over the limit	Senior Feminino	01:41:13	+44:50	10:07
211	1103	Sofia Pereira	b.t.m.	Senior Feminino	01:41:18	+44:55	10:08
212	1087	Alexandra Silva	b.t.m.	Senior Feminino	01:41:18	+44:56	10:08
213	1165	Hugo Filipe Rodrigues Gomes	bootcamp arco	Senior Masculino	01:41:35	+45:12	10:10
214	1344	Eugénia Gonçalves Pereira	cvp amares	Senior Feminino	01:41:41	+45:18	10:10
215	1429	JOÃO CARLOS PEREIRA MEIRELES	funmove - challenge your limits !	Senior Feminino	01:42:00	+45:37	10:12
216	1737	Igor Pinto	os magnificos	Senior Masculino	01:42:07	+45:45	10:13
217	1844	Eduarda Lamela Martins	somos+q6	Senior Feminino	01:42:16	+45:53	10:14
218	1263	Rafael Sousa	burger king united	Senior Masculino	01:42:24	+46:01	10:14
219	1120	Ricardo Rocha	b.t.m.	Senior Masculino	01:42:28	+46:05	10:15
220	1735	Delfim Costa	os magnificos	Senior Masculino	01:42:44	+46:22	10:16
221	1464	Fabio	ginásio multiusos montalegre	Senior Masculino	01:42:50	+46:27	10:17
222	1847	Joana Miguel	somos+q6	Senior Feminino	01:42:55	+46:33	10:18
223	1336	Rómulo Sampaio	crossfit vale do ave	Senior Masculino	01:42:58	+46:35	10:18
224	1338	Rui Torres	crossfit vale do ave	Senior Masculino	01:43:00	+46:37	10:18
225	1355	MONICA DOMINGUES	deixempassar	Senior Feminino	01:43:36	+47:13	10:22
226	1850	Rita Almeida	somos+q6	Senior Feminino	01:43:37	+47:15	10:22
227	1849	Patrícia Carvalho	somos+q6	Senior Feminino	01:43:38	+47:15	10:22
228	1865	Rui Lopes	somos+q6	Senior Masculino	01:43:38	+47:15	10:22
229	1378	JOÃO HENRIQUE MACEDO	divamares	Senior Masculino	01:43:58	+47:35	10:24
230	1114	Eduardo Fonseca	b.t.m.	Senior Masculino	01:44:01	+47:38	10:24
231	1608	Catarina de Barros	n14 crossfit braga	Senior Feminino	01:44:05	+47:43	10:25
232	1200	Abel Mota	bukan krav maga	Senior Masculino	01:44:08	+47:45	10:25
233	1609	Celina de Barros	n14 crossfit braga	Senior Feminino	01:44:10	+47:47	10:25
234	1068	Ângelo Miguel Sousa Martins	apanha-nos se puderes	Senior Masculino	01:44:28	+48:05	10:27
235	1424	Rui carvalho	forfunteam	Senior Masculino	01:44:30	+48:07	10:27
236	1318	Hugo Silva	crossfit vale do ave	Senior Masculino	01:44:35	+48:12	10:28
237	1501	Rui André Pereira Ferreira	hakuna matata	Senior Masculino	01:44:39	+48:16	10:28
238	1499	Carlos Manuel Abreu Rodrigues	hakuna matata	Senior Masculino	01:44:43	+48:20	10:28
239	1662	Sara Gonçalves	on top	Senior Feminino	01:44:46	+48:24	10:29
240	1663	Susana Fernandes	on top	Senior Feminino	01:44:47	+48:24	10:29
241	1783	Leandro José Ribeiro Oliveira Costa	over the limit	Senior Masculino	01:44:52	+48:29	10:29
242	1224	José Ricardo Ribeiro	bukan krav maga	Senior Masculino	01:45:03	+48:40	10:30
243	1780	João Paulo Nunes Pereira	over the limit	Senior Masculino	01:45:15	+48:52	10:32
244	1750	Carlos Borges	oticas minho	Senior Masculino	01:45:19	+48:57	10:32
245	1313	Fábio Ribeiro	crossfit vale do ave	Senior Masculino	01:45:20	+48:57	10:32

GUERREIRO - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
246	1742	Paulo Jorge Silva	os magnificos	Senior Masculino	01:45:35	+49:12	10:34
247	1739	José Marques	os magnificos	Senior Masculino	01:45:50	+49:27	10:35
248	1732	Andre Daniel da Cunha Fernandes	os magnificos	Senior Masculino	01:45:53	+49:31	10:35
249	1058	PEDRO AFONSO CUNHA MARTINS	amarbanho	Senior Masculino	01:45:55	+49:33	10:36
250	1093	Alda Susana Fernandes	b.t.m.	Senior Feminino	01:46:03	+49:41	10:36
251	1554	Paulo Fonseca	individual	Senior Masculino	01:46:11	+49:49	10:37
252	1104	Susana Revés	b.t.m.	Senior Feminino	01:46:20	+49:58	10:38
253	1957	Sara Pinto Pereira Ribeiro	the mud machines	Senior Feminino	01:46:52	+50:29	10:41
254	1958	Guilherme Pais Araújo Soares	the mud machines	Senior Masculino	01:46:53	+50:30	10:41
255	1447	LUÍS FILIPE COELHO MAGALHÃES	funmove - challenge your limits !	Senior Masculino	01:46:58	+50:35	10:42
256	1773	Vania Ferreira Ribeiro	over the limit	Senior Feminino	01:47:04	+50:41	10:42
257	1654	Tino Valle Campo	north coast ocr´s	Senior Masculino	01:47:25	+51:02	10:45
258	1763	Rui Gonçalves	oticas minho	Senior Masculino	01:47:32	+51:09	10:45
259	1760	Luis Filipe Teixeira	oticas minho	Senior Masculino	01:47:32	+51:09	10:45
260	1771	Patrícia Maria Tavares Sampaio	over the limit	Senior Feminino	01:47:40	+51:17	10:46
261	1059	RUBEN CARVALHO ROCHA	amarbanho	Senior Masculino	01:47:47	+51:24	10:47
262	1660	Mafalda Cruz	on top	Senior Feminino	01:47:55	+51:32	10:48
263	1761	Miguel Machado	oticas minho	Senior Masculino	01:48:12	+51:49	10:49
264	1088	Ana Nascimento	b.t.m.	Senior Feminino	01:48:21	+51:58	10:50
265	1479	Pedro Gonçalves	guerreiros do minho	Senior Masculino	01:48:41	+52:18	10:52
266	1476	Cristina Pereira	guerreiros do minho	Senior Feminino	01:48:42	+52:19	10:52
267	1765	Bárbara Cláudia Nunes de Sousa Pacheco	over the limit	Senior Feminino	01:48:42	+52:19	10:52
268	1320	João Oliveira	crossfit vale do ave	Senior Masculino	01:48:46	+52:23	10:53
269	1084	Cláudia Almeida	b.a.c.o.	Senior Feminino	01:48:48	+52:25	10:53
270	1776	Cristiano Emanuel Silva Alves	over the limit	Senior Masculino	01:48:50	+52:27	10:53
271	1753	Rui Pereira	oticas minho	Senior Masculino	01:48:55	+52:32	10:54
272	1340	Telmo Adriano R. Santos	crossfit vale do ave	Senior Masculino	01:49:06	+52:43	10:55
273	1101	Sara Nascimento	b.t.m.	Senior Feminino	01:49:14	+52:52	10:55
274	1758	Francisco Veloso	oticas minho	Senior Masculino	01:49:18	+52:55	10:56
275	1658	Adriana Azevedo	on top	Senior Feminino	01:49:19	+52:56	10:56
276	1661	Maria Amélia Da Silva Vieira	on top	Senior Feminino	01:49:19	+52:57	10:56
277	1746	Ana Barros	oticas minho	Senior Feminino	01:49:20	+52:57	10:56
278	1759	José Venâncio	oticas minho	Senior Masculino	01:49:25	+53:03	10:57
279	1664	António Teixeira	on top	Senior Masculino	01:49:42	+53:19	10:58
280	1369	ANTÓNIO FARIA	divamares	Senior Masculino	01:49:56	+53:33	11:00
281	1307	Vânia Barros	crossfit vale do ave	Senior Feminino	01:50:29	+54:06	11:03
282	1864	Rui Filipe Jesus Pinho Cambra	somos+q6	Senior Masculino	01:50:32	+54:09	11:03
283	1591	José Pedro Silva Fernandes	mix team	Senior Masculino	01:50:36	+54:13	11:04
284	1588	Ana Rita Barros Pereira	mix team	Senior Feminino	01:50:36	+54:13	11:04
285	1459	Valéria Neves	geofriends	Senior Feminino	01:50:38	+54:15	11:04
286	1458	Claudia Costa	geofriends	Senior Feminino	01:50:38	+54:15	11:04
287	1450	Márcio Rafael Sousa Dias	gang dos frangos	Senior Masculino	01:50:45	+54:22	11:05

GUERREIRO - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
288	1770	Olinda Susana Neves Leal	over the limit	Senior Feminino	01:50:46	+54:23	11:05
289	1974	António Miguel Rodrigues Miranda	vfs	Senior Masculino	01:50:50	+54:28	11:05
290	1467	Manuel Peseta	ginásio multiusos montalegre	Senior Masculino	01:50:51	+54:28	11:05
291	1466	Goncalo Peseta	ginásio multiusos montalegre	Senior Masculino	01:50:52	+54:30	11:05
292	1449	Filipe Daniel SIlva Gonçalves	gang dos frangos	Senior Masculino	01:50:53	+54:31	11:05
293	1843	Diana Santos	somos+q6	Senior Feminino	01:50:56	+54:33	11:06
294	1779	João Paulo Ferreira Campos	over the limit	Senior Masculino	01:51:03	+54:41	11:06
295	1321	João Paulo Moreira	crossfit vale do ave	Senior Masculino	01:51:24	+55:01	11:08
296	1972	Joana Filipa Gomes Miranda	vfs	Senior Feminino	01:51:44	+55:21	11:10
297	1022	Alberto Silvio Lopes Fernandes	82 hard team	Senior Masculino	01:52:07	+55:44	11:13
298	1023	Bruno Jose Silva Fernandes	82 hard team	Senior Masculino	01:52:07	+55:45	11:13
299	1590	David Luís Cardoso	mix team	Senior Masculino	01:52:15	+55:52	11:14
300	2011	Catarina Gonçalves Mendes	best cross amares	Senior Feminino	01:52:24	+56:01	11:14
301	1133	Joana Pinheiro da Fonseca Barbosa	best cross amares	Senior Feminino	01:52:24	+56:01	11:14
302	1573	Adriano Vieira	los bitchos	Senior Masculino	01:52:25	+56:02	11:15
303	1833	Manuel Joaquim Loureiro Gouveia	soldados lusos	Senior Masculino	01:52:25	+56:02	11:15
304	1832	Andre Gonçalves Rodrigues	soldados lusos	Senior Masculino	01:52:26	+56:03	11:15
305	1971	Célia Andreia Santos Ribeiro	vfs	Senior Feminino	01:52:26	+56:03	11:15
306	1575	Rui Gonçalves	los bitchos	Senior Masculino	01:52:28	+56:05	11:15
307	1774	André Filipe de Sousa Moreira	over the limit	Senior Masculino	01:52:30	+56:08	11:15
308	1589	Carla Raquel Carvalho Gonçalves	mix team	Senior Feminino	01:52:37	+56:14	11:16
309	1371	CÉSAR DA SILVA SOUSA	divamares	Senior Masculino	01:52:43	+56:21	11:16
310	1816	George Junior Gomes	run4beer	Senior Masculino	01:52:50	+56:27	11:17
311	1815	Dylan José Neves Rocha	run4beer	Senior Masculino	01:52:50	+56:27	11:17
312	1141	César Cunha	best cross amares	Senior Masculino	01:53:04	+56:41	11:18
313	1834	Miguel Barros Carvalho	soldados lusos	Senior Masculino	01:53:34	+57:11	11:21
314	1394	Emanuel Costa	dornelas runners	Senior Masculino	01:53:44	+57:21	11:22
315	1042	Pedro Nunes	academia best club	Senior Masculino	01:53:54	+57:31	11:23
316	1043	Pedro Nunes	academia best club	Senior Masculino	01:53:54	+57:31	11:23
317	1568	Sandra Manuela Gomes Peixoto da Silva	letsgo	Senior Feminino	01:54:04	+57:41	11:24
318	1330	Pedro Laranjeira	crossfit vale do ave	Senior Masculino	01:54:04	+57:42	11:24
319	1130	Daniela Carvalho	best cross amares	Senior Feminino	01:54:17	+57:54	11:26
320	1315	Gil Sousa	crossfit vale do ave	Senior Masculino	01:54:29	+58:06	11:27
321	1782	José Romão Magalhães Soares	over the limit	Senior Masculino	01:54:55	+58:32	11:30
322	1478	Miguel Braga	guerreiros do minho	Senior Masculino	01:55:12	+58:50	11:31
323	1333	Pedro Reis	crossfit vale do ave	Senior Masculino	01:55:23	+59:01	11:32
324	1376	FRANCISCO ANTÓNIO PINHEIRO DA COSTA	divamares	Senior Masculino	01:55:31	+59:09	11:33
325	1388	NUNO MIGUEL MARTINS TINOCO	divamares	Senior Masculino	01:55:33	+59:10	11:33
326	1062	RICARDO MELO	ambibérica	Senior Masculino	01:55:44	+59:21	11:34
327	1329	Pedro Henrique	crossfit vale do ave	Senior Masculino	01:55:44	+59:21	11:34

GUERREIRO - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
328	1138	OLIVIA PIMENTA	best cross amares	Senior Feminino	01:55:53	+59:30	11:35
329	1109	Bruno Rosas	b.t.m.	Senior Masculino	01:55:58	+59:35	11:36
330	1129	Carolina Fernandes	best cross amares	Senior Feminino	01:56:03	+59:40	11:36
331	1140	Zi Macedo (Alzira)	best cross amares	Senior Feminino	01:56:04	+59:41	11:36
332	1858	Gerson Manuel Soares Lemos	somos+q6	Senior Masculino	01:56:04	+59:41	11:36
333	1105	Vânia Loureiro	b.t.m.	Senior Feminino	01:56:19	+59:56	11:38
334	1866	Rui Pereira	somos+q6	Senior Masculino	01:57:09	+01:00:46	11:43
335	1854	António Manuel Gomes Martins	somos+q6	Senior Masculino	01:57:09	+01:00:46	11:43
336	1848	Maria José da Rocha Carvalho Martins	somos+q6	Senior Feminino	01:57:09	+01:00:47	11:43
337	1853	André dos Santos Araújo Costa	somos+q6	Senior Masculino	01:57:10	+01:00:47	11:43
338	1167	TIAGO ANDRÉ CARNEIRO PEIXOTO	bootcamp arco	Senior Masculino	01:57:12	+01:00:49	11:43
339	1308	Anibal Cunha	crossfit vale do ave	Senior Masculino	01:58:02	+01:01:39	11:48
340	1699	Bruna Daniela	os cansados	Senior Feminino	01:58:07	+01:01:44	11:49
341	1698	Ana Filipa Cruz Rolo	os cansados	Senior Feminino	01:58:08	+01:01:46	11:49
342	1334	Ricardo Crista	crossfit vale do ave	Senior Masculino	01:58:26	+01:02:03	11:51
343	1510	Vanda Pinto	holmesplace	Senior Feminino	01:58:32	+01:02:09	11:51
344	1544	Jose Silva	individual	Senior Masculino	01:58:35	+01:02:12	11:52
345	1517	Luis Silva	holmesplace	Senior Masculino	01:58:36	+01:02:13	11:52
346	1520	Sérgio Bonjardim	holmesplace	Senior Masculino	01:58:44	+01:02:22	11:52
347	1514	Hélder Pinto	holmesplace	Senior Masculino	01:58:45	+01:02:22	11:53
348	1326	Nelson Pereira	crossfit vale do ave	Senior Masculino	01:58:58	+01:02:35	11:54
349	1086	Filipe Almeida	b.a.c.o.	Senior Masculino	01:59:08	+01:02:45	11:55
350	1085	Daniela Varandas	b.a.c.o.	Senior Feminino	01:59:08	+01:02:45	11:55
351	2009	Manuel José Santos Rebelo	individual	Senior Masculino	01:59:16	+01:02:53	11:56
352	1733	André Miguel Gonçalves Gomes	os magnificos	Senior Masculino	01:59:17	+01:02:54	11:56
353	1630	Hugo Filipe Ferreira Soares	hd training	Senior Masculino	01:59:18	+01:02:55	11:56
354	1738	João Manuel Ribeiro da Cunha	os magnificos	Senior Masculino	01:59:27	+01:03:04	11:57
355	1509	Marina Pereira	holmesplace	Senior Feminino	01:59:29	+01:03:06	11:57
356	1540	Jonathan Gonçalves	individual	Senior Masculino	01:59:38	+01:03:15	11:58
357	1162	Celina Costa Sousa	bootcamp arco	Senior Feminino	01:59:58	+01:03:35	12:00
358	1163	DANIELA JOSÉ DIAS MOURÃO FERREIRA DA COSTA	bootcamp arco	Senior Feminino	02:00:19	+01:03:56	12:02
359	1166	JORGE MIGUEL GOMES CARNEIRO	bootcamp arco	Senior Masculino	02:00:33	+01:04:10	12:03
360	1752	Carlos Silva	oticas minho	Senior Masculino	02:00:42	+01:04:19	12:04
361	1152	Vitor Vieira	best cross amares	Senior Masculino	02:00:43	+01:04:20	12:04
362	1075	Ana Brás	aventureiros	Senior Feminino	02:00:57	+01:04:35	12:06
363	1549	MIGUEL FILIPE DIAS PINTO	individual	Senior Masculino	02:01:07	+01:04:44	12:07
364	1529	ANDRÉ FILIPE AZEVEDO SILVA	individual	Senior Masculino	02:01:07	+01:04:45	12:07
365	1937	Martinha Silva	teamliberty	Senior Feminino	02:01:21	+01:04:58	12:08
366	1619	Maria Oliveira de sá	hd training	Senior Feminino	02:01:24	+01:05:02	12:08
367	1622	susana maria sousa	hd training	Senior Feminino	02:01:25	+01:05:03	12:09

GUERREIRO - STAGE 1 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
368	42	Luis Freixeiro	ocr police challenge	Senior Masculino	02:01:44	+01:05:21	12:10
369	1637	Paulo Jorge Fernandes Ferreira	hd training	Senior Masculino	02:02:00	+01:05:37	12:12
370	1539	João Ricardo Ferreira Freitas	individual	Senior Masculino	02:02:39	+01:06:17	12:16
371	1146	Jorge Faria	best cross amares	Senior Masculino	02:02:40	+01:06:18	12:16
372	1305	Sofia Reis	crossfit vale do ave	Senior Feminino	02:02:57	+01:06:34	12:18
373	1290	Catarina Campos	crossfit vale do ave	Senior Feminino	02:02:58	+01:06:35	12:18
374	1302	RUI PEDRO SILVA	crossfit vale do ave	Senior Feminino	02:02:59	+01:06:36	12:18
375	1907	Mário Peres	tania azevedo	Senior Masculino	02:03:09	+01:06:46	12:19
376	1339	Simão Pereira	crossfit vale do ave	Senior Masculino	02:03:11	+01:06:48	12:19
377	1127	Ana Patrícia Vieira Luís	best cross amares	Senior Feminino	02:03:53	+01:07:31	12:23
378	1898	Angela Vilaça	tania azevedo	Senior Feminino	02:04:14	+01:07:51	12:25
379	1063	Ana Catarina da Silva Lemos	apanha-nos se puderes	Senior Feminino	02:04:17	+01:07:54	12:26
380	1066	LILIANA SILVA CARIDADE	apanha-nos se puderes	Senior Feminino	02:04:18	+01:07:55	12:26
381	1064	JOANA SILVA CARIDADE	apanha-nos se puderes	Senior Feminino	02:04:20	+01:07:57	12:26
382	1820	Bruna Patricia Gonçalves Silva	saiamdafrente	Senior Feminino	02:04:25	+01:08:02	12:27
383	1831	Vitor Daniel Tinoco Marçal	saiamdafrente	Senior Masculino	02:04:25	+01:08:02	12:27
384	1822	Isilda Manuela Silva Oliveira	saiamdafrente	Senior Feminino	02:04:25	+01:08:02	12:27
385	1827	Fernando Gabriel Lago da Cunha	saiamdafrente	Senior Masculino	02:04:25	+01:08:02	12:27
386	1830	Pedro José morais Gomes Costa	saiamdafrente	Senior Masculino	02:04:26	+01:08:03	12:27
387	1385	LUÍS FILIPE MACEDO	divamares	Senior Masculino	02:04:26	+01:08:03	12:27
388	1134	Keilla Borges	best cross amares	Senior Feminino	02:04:27	+01:08:04	12:27
389	1070	GIL DIAS DA SILVA	apanha-nos se puderes	Senior Masculino	02:04:28	+01:08:05	12:27
390	1422	Susana silva	forfunteam	Senior Feminino	02:04:47	+01:08:24	12:29
391	1060	ADRIAN MELO	ambibérica	Senior Masculino	02:05:05	+01:08:42	12:31
392	1089	Ana Silva	b.t.m.	Senior Feminino	02:05:09	+01:08:47	12:31
393	1642	Alba Romero Menendez	north coast ocr´s	Senior Feminino	02:06:06	+01:09:43	12:37
394	1644	ivana ciarreta passini	north coast ocr´s	Senior Feminino	02:06:06	+01:09:44	12:37
395	1117	José Ribeiro	b.t.m.	Senior Masculino	02:06:18	+01:09:55	12:38
396	1270	Mónica Fernandes	challenge force	Senior Feminino	02:06:50	+01:10:27	12:41
397	16	Marta Ramos	challenge force	Senior Feminino	02:06:50	+01:10:27	12:41
398	1451	Pedro Morais Oliveira	gang dos frangos	Senior Masculino	02:06:56	+01:10:33	12:42
399	1102	Ana Faria	b.t.m.	Senior Feminino	02:07:03	+01:10:40	12:42
400	1941	Vasco Santos	teamliberty	Senior Masculino	02:07:04	+01:10:41	12:42
401	1143	Eduardo Coelho	best cross amares	Senior Masculino	02:07:11	+01:10:48	12:43
402	2013	PEDRO MAIA	spartan spirit	Senior Masculino	02:07:21	+01:10:58	12:44
403	1935	Maria Silva	teamliberty	Senior Feminino	02:07:21	+01:10:59	12:44
404	1938	Olivia Torres	teamliberty	Senior Feminino	02:07:22	+01:10:59	12:44
405	2012	AMÉLIA RAMOS	spartan spirit	Senior Feminino	02:07:22	+01:10:59	12:44
406	2014	SÉRGIO FRANCO	spartan spirit	Senior Masculino	02:07:22	+01:10:59	12:44
407	1150	Ricardo Coelho	best cross amares	Senior Masculino	02:07:22	+01:11:00	12:44
408	1537	João Manuel Oliveira Ferreira	individual	Senior Masculino	02:07:31	+01:11:08	12:45
409	1267	Helena Carvalho	challenge force	Senior Feminino	02:07:32	+01:11:09	12:45
410	1266	Cândida Silva	challenge force	Senior Feminino	02:07:33	+01:11:10	12:45
411	1570	Cristiano Correia	letsgo	Senior Masculino	02:07:58	+01:11:35	12:48

GUERREIRO - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
412	1445	Nuno Miguel Mendes Lopes da Cunha	funmove - challenge your limits !	Senior Masculino	02:08:07	+01:11:44	12:49
413	1433	RUI ADELINO NUNES DA CUNHA	funmove - challenge your limits !	Senior Feminino	02:08:07	+01:11:44	12:49
414	1439	Diogo João Ribeiro Cunha	funmove - challenge your limits !	Senior Masculino	02:08:07	+01:11:45	12:49
415	1444	Luís Carlos Fernandes Cunha	funmove - challenge your limits !	Senior Masculino	02:08:07	+01:11:45	12:49
416	1446	Paulo Abreu	funmove - challenge your limits !	Senior Masculino	02:08:08	+01:11:45	12:49
417	1434	André Cunha	funmove - challenge your limits !	Senior Masculino	02:08:08	+01:11:45	12:49
418	1700	Sofia Vitorino Pinheiro	os cansados	Senior Feminino	02:09:01	+01:12:38	12:54
419	1564	Gisela Machado	letsgo	Senior Feminino	02:09:04	+01:12:41	12:54
420	1567	Margarida Pinheiro	letsgo	Senior Feminino	02:09:10	+01:12:47	12:55
421	1561	Bruna Machado	letsgo	Senior Feminino	02:09:17	+01:12:54	12:56
422	1071	JOÃO FILIPE LOPES OLIVEIRA	apanha-nos se puderes	Senior Masculino	02:09:51	+01:13:28	12:59
423	1694	Hugo Guimarães	os bond gaita	Senior Masculino	02:10:03	+01:13:40	13:00
424	1557	Joana Barros	jugo	Senior Feminino	02:10:03	+01:13:40	13:00
425	1348	Daniel Agostinho Tinoco Gonçalves	cvp amares	Senior Masculino	02:10:52	+01:14:29	13:05
426	1342	Cátia Andreia Gaspar Coutinho	cvp amares	Senior Feminino	02:10:52	+01:14:29	13:05
427	1345	Vânia Filipa Gaspar Coutinho	aventureiros	Senior Feminino	02:10:52	+01:14:30	13:05
428	1697	Marcos Ribeiro	os bond gaita	Senior Masculino	02:10:57	+01:14:34	13:06
429	1324	Miguel Ângelo Pereira	crossfit vale do ave	Senior Masculino	02:11:04	+01:14:42	13:06
430	1696	Jorge Pereira	os bond gaita	Senior Masculino	02:11:06	+01:14:43	13:07
431	1692	Carlos Oliveira	os bond gaita	Senior Masculino	02:11:12	+01:14:49	13:07
432	1649	Emiliano Guerrero	north coast ocr´s	Senior Masculino	02:11:30	+01:15:07	13:09
433	1647	Ángel Alfonso Antonio Longueira Romero	north coast ocr´s	Senior Masculino	02:11:30	+01:15:07	13:09
434	1323	Marcelo Pereira	crossfit vale do ave	Senior Masculino	02:11:43	+01:15:20	13:10
435	1332	Pedro Pimenta	crossfit vale do ave	Senior Masculino	02:11:43	+01:15:21	13:10
436	1693	Cláudio Rodrigues da Silva	os bond gaita	Senior Masculino	02:11:44	+01:15:21	13:10
437	1049	OLINDINA FERNANDES GOMES	amarbanho	Senior Feminino	02:11:45	+01:15:22	13:11
438	1050	SANDRA MANUELA DA SILVA BARROS	amarbanho	Senior Feminino	02:11:45	+01:15:22	13:11
439	1358	ALFREDO PEREIRA	deixempassar	Senior Masculino	02:12:22	+01:15:59	13:14
440	1631	João Lázaro Rodrigues	hd training	Senior Masculino	02:12:25	+01:16:02	13:15
441	1359	BRUNO MIGUEL GONÇALVES	deixempassar	Senior Masculino	02:12:33	+01:16:10	13:15
442	1351	ELISABETE DOMINGUES	deixempassar	Senior Feminino	02:12:36	+01:16:13	13:16
443	1350	ANDREIA ROCHA	deixempassar	Senior Feminino	02:12:36	+01:16:13	13:16
444	1522	Helena D Martins	individual	Senior Feminino	02:12:36	+01:16:13	13:16
445	1523	Isabel Domingues	individual	Senior Feminino	02:12:36	+01:16:13	13:16
446	1504	Sara gomes	hd training	Senior Feminino	02:13:27	+01:17:04	13:21
447	1020	João Oliveira	6pack team	Senior Masculino	02:13:47	+01:17:24	13:23
448	1018	Maria Clara	6pack team	Senior Feminino	02:13:47	+01:17:24	13:23
449	1017	Guilhermina Gomes	6pack team	Senior Feminino	02:13:47	+01:17:24	13:23
450	1016	Diana Vieira	6pack team	Senior Feminino	02:13:47	+01:17:24	13:23
451	1021	Ricardo Garcia	6pack team	Senior Masculino	02:13:47	+01:17:24	13:23

GUERREIRO - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
452	1019	Rita Gonçalves	6pack team	Senior Feminino	02:13:47	+01:17:24	13:23
453	1327	Nelson Pereira	crossfit vale do ave	Senior Masculino	02:13:57	+01:17:34	13:24
454	1306	Vanessa Soares	crossfit vale do ave	Senior Feminino	02:13:58	+01:17:35	13:24
455	1293	Delfina Rompante	crossfit vale do ave	Senior Feminino	02:13:58	+01:17:36	13:24
456	1331	PEDRO MACHADO	crossfit vale do ave	Senior Masculino	02:14:42	+01:18:20	13:28
457	1558	Hugo Silva	jugo	Senior Masculino	02:14:44	+01:18:21	13:28
458	1316	Gilberto Paulo Machado Martins	crossfit vale do ave	Senior Masculino	02:15:27	+01:19:04	13:33
459	1312	Fábio Ferreira	crossfit vale do ave	Senior Masculino	02:15:27	+01:19:04	13:33
460	1837	Filipe Ferreira	solemates	Senior Masculino	02:15:42	+01:19:19	13:34
461	1005	Pedro Fernandes Junior	#partetudo	Senior Masculino	02:16:12	+01:19:49	13:37
462	1001	Catarina Silva	#partetudo	Senior Feminino	02:16:13	+01:19:50	13:37
463	1002	Silvia Pereira	#partetudo	Senior Feminino	02:16:13	+01:19:50	13:37
464	1006	Ricardo Costa	#partetudo	Senior Masculino	02:16:13	+01:19:51	13:37
465	1003	António Catarino	#partetudo	Senior Masculino	02:16:14	+01:19:51	13:37
466	1004	Pedro Fernandes	#partetudo	Senior Masculino	02:16:14	+01:19:51	13:37
467	1007	Rui costa	#partetudo	Senior Masculino	02:16:15	+01:19:52	13:38
468	1495	Adriana Filipa Silva Xavier	hakuna matata	Senior Feminino	02:16:20	+01:19:57	13:38
469	1232	Miguel Angelo Fernandes Silva	bukan krav maga	Senior Masculino	02:16:44	+01:20:21	13:40
470	1360	PAULO JORGE ALVES	deixempassar	Senior Masculino	02:16:44	+01:20:21	13:40
471	1065	LICÍNIA MANUELA BARROS SARAIVA DIAS	apanha-nos se puderes	Senior Feminino	02:16:49	+01:20:26	13:41
472	1301	Raquel Gonçalves	crossfit vale do ave	Senior Feminino	02:16:57	+01:20:34	13:42
473	1541	Jorge Silveiredo	individual	Senior Masculino	02:17:07	+01:20:44	13:43
474	1812	Rute Gabriela Da Silva Ribeiro	rr team	Senior Feminino	02:18:20	+01:21:57	13:50
475	1814	Rui Miguel Rodrigues Pereira	rr team	Senior Masculino	02:18:20	+01:21:57	13:50
476	1813	Pedro Manuel Da Silva Gonçalves	rr team	Senior Masculino	02:18:21	+01:21:58	13:50
477	1811	RUI JOÃO LEITE DE CASTRO	rr team	Senior Feminino	02:18:21	+01:21:59	13:50
478	1497	Sonia Daniela Paredes Rodrigues	hakuna matata	Senior Feminino	02:18:41	+01:22:18	13:52
479	1496	Ana Catarina Silva Rodrigues	hakuna matata	Senior Feminino	02:18:42	+01:22:19	13:52
480	1387	MARCO PAULO MAGALHÃES DA SILVA	divamares	Senior Masculino	02:18:53	+01:22:30	13:53
481	1335	Ricardo dos Santos	crossfit vale do ave	Senior Masculino	02:19:01	+01:22:38	13:54
482	1241	Nuno Raul Benta Gonçalves	bukan krav maga	Senior Masculino	02:19:17	+01:22:54	13:56
483	1322	Leonel Pereira	crossfit vale do ave	Senior Masculino	02:19:57	+01:23:34	14:00
484	1361	PEDRO ESTEVES	deixempassar	Senior Masculino	02:19:58	+01:23:35	14:00
485	1311	Emanuel Fernandes	crossfit vale do ave	Senior Masculino	02:20:08	+01:23:45	14:01
486	1404	António Silva	duros do aço	Senior Masculino	02:20:10	+01:23:47	14:01
487	1405	Jean Carlos Ribeiro	duros do aço	Senior Masculino	02:20:10	+01:23:47	14:01
488	1406	Nuno Varandas	duros do aço	Senior Masculino	02:20:10	+01:23:47	14:01
489	1248	Pedro cunha	bukan krav maga	Senior Masculino	02:20:18	+01:23:55	14:02
490	1244	Paulo jorge de sousa parente	bukan krav maga	Senior Masculino	02:20:37	+01:24:14	14:04
491	1136	LUZ PIMENTA	best cross amares	Senior Feminino	02:20:46	+01:24:23	14:05
492	1189	Catarina Cunha Fernandes	bukan krav maga	Senior Feminino	02:20:52	+01:24:29	14:05
493	1923	André Costa	team sodida	Senior Masculino	02:21:05	+01:24:42	14:07

GUERREIRO - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
494	1919	Liliana Moreira	team sodida	Senior Feminino	02:21:05	+01:24:43	14:07
495	1918	Carla Pinho	team sodida	Senior Feminino	02:21:07	+01:24:44	14:07
496	1930	Rui Gomes	team sodida	Senior Masculino	02:21:08	+01:24:45	14:07
497	1924	André Mendes	team sodida	Senior Masculino	02:21:10	+01:24:47	14:07
498	1925	Armando Resende	team sodida	Senior Masculino	02:21:12	+01:24:49	14:07
499	1731	MARIA GORETI CUNHA DIAS	os magnificos	Senior Feminino	02:21:18	+01:24:55	14:08
500	1920	Sylvia Perdigão	team sodida	Senior Feminino	02:21:21	+01:24:59	14:08
501	1921	Tânia Ferreira	team sodida	Senior Feminino	02:21:22	+01:24:59	14:08
502	2001	ANTÓNIO DANIEL ALVES FERNANDES	cma	Senior Masculino	02:21:26	+01:25:03	14:09
503	1273	João Esteves	cma	Senior Masculino	02:21:39	+01:25:16	14:10
504	1836	Cristina Teixeira	solemates	Senior Feminino	02:21:43	+01:25:20	14:10
505	1835	Ana Pinto	solemates	Senior Feminino	02:21:43	+01:25:21	14:10
506	1201	Alexandre Miguel Silva Videira	bukan krav maga	Senior Masculino	02:22:17	+01:25:55	14:14
507	1643	Hortensia Fernández	north coast ocr´s	Senior Feminino	02:22:26	+01:26:04	14:15
508	1131	Glória Gomes	best cross amares	Senior Feminino	02:22:29	+01:26:06	14:15
509	1137	MARGARIDA PIMENTA	best cross amares	Senior Feminino	02:22:30	+01:26:07	14:15
510	1245	Paulo Miguel Castro	bukan krav maga	Senior Masculino	02:22:47	+01:26:24	14:17
511	1228	Marcelino vieira	bukan krav maga	Senior Masculino	02:22:47	+01:26:24	14:17
512	1235	Moises Faria	bukan krav maga	Senior Masculino	02:23:43	+01:27:20	14:22
513	1208	Cristiano Magalhães	bukan krav maga	Senior Masculino	02:23:46	+01:27:23	14:23
514	1204	Bruno Viana Garcia Fernandes	bukan krav maga	Senior Masculino	02:23:48	+01:27:25	14:23
515	1736	Gabriel Lobo	os magnificos	Senior Masculino	02:23:49	+01:27:26	14:23
516	1809	João Martins	rosa chiclete	Senior Masculino	02:23:53	+01:27:30	14:23
517	1743	Pedro Vasconcelos	os magnificos	Senior Masculino	02:24:00	+01:27:37	14:24
518	1212	Gonçalo Miguel Andrade Fernandes	bukan krav maga	Senior Masculino	02:24:10	+01:27:48	14:25
519	1789	Emília Faria	power team	Senior Feminino	02:24:31	+01:28:08	14:27
520	1792	Abílio Lopes	power team	Senior Masculino	02:24:32	+01:28:09	14:27
521	1928	Paulo Silva	team sodida	Senior Masculino	02:24:34	+01:28:11	14:27
522	1291	Cláudia Araújo	crossfit vale do ave	Senior Feminino	02:24:51	+01:28:28	14:29
523	1132	Joana Pereira	best cross amares	Senior Feminino	02:24:51	+01:28:28	14:29
524	2000	MARIA DA LUZ SILVA FERNANDES	cma	Senior Feminino	02:24:53	+01:28:30	14:29
525	1996	LUÍS MANUEL BRITO DA SILVA CARVALHO	cma	Senior Masculino	02:24:58	+01:28:35	14:30
526	1729	Fernanda Fernandes	os magnificos	Senior Feminino	02:25:13	+01:28:50	14:31
527	1903	Mónica da Silva	tania azevedo	Senior Feminino	02:25:19	+01:28:56	14:32
528	1901	Mara Vilela	tania azevedo	Senior Feminino	02:25:19	+01:28:57	14:32
529	1998	ELISABETE ANDRADE AZEVEDO	cma	Senior Feminino	02:25:29	+01:29:06	14:33
530	1997	FRANCISCO ANTÓNIO FERNANDES	cma	Senior Masculino	02:25:29	+01:29:07	14:33
531	1999	SANDRA BRAGA DIAS COSTA	cma	Senior Feminino	02:25:33	+01:29:10	14:33
532	1810	Jorge Cardoso	rosa chiclete	Senior Masculino	02:25:45	+01:29:22	14:35
533	1125	Luís Figueiredo	barrosa power	Senior Masculino	02:25:47	+01:29:24	14:35
534	1124	André Constante	barrosa power	Senior Masculino	02:25:48	+01:29:25	14:35

GUERREIRO - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
535	1126	Tiago Santos	barrosa power	Senior Masculino	02:25:49	+01:29:26	14:35
536	1506	Martinho Oliveira Araújo	hillclimb 4x4	Senior Masculino	02:26:00	+01:29:37	14:36
537	1505	José Manuel Gomes Nogueira	hillclimb 4x4	Senior Masculino	02:26:10	+01:29:47	14:37
538	1787	ROSA ALVES	power team	Senior Feminino	02:26:12	+01:29:49	14:37
539	1275	Heather Nettleship	cross the line	Senior Feminino	02:26:17	+01:29:54	14:38
540	1231	Mário João Almeida Leitão Teixeira	bukan krav maga	Senior Masculino	02:26:22	+01:29:59	14:38
541	1220	José Diogo Almeida Leitão Teixeira	bukan krav maga	Senior Masculino	02:26:43	+01:30:20	14:40
542	1922	Alexandre Magno	team sodida	Senior Masculino	02:26:52	+01:30:29	14:41
543	1670	Filipe Manuel Arezes ARaujo	os andarilhos	Senior Masculino	02:26:56	+01:30:33	14:42
544	1671	Gilberto Peixoto	os andarilhos	Senior Masculino	02:26:56	+01:30:33	14:42
545	1665	Nilce Peixoto	os andarilhos	Senior Feminino	02:27:00	+01:30:38	14:42
546	1673	Nuno Rocha	os andarilhos	Senior Masculino	02:27:01	+01:30:38	14:42
547	1806	Diana Sousa	rosa chiclete	Senior Feminino	02:27:28	+01:31:05	14:45
548	1829	John Rodrigues Campos	saiamdafrente	Senior Masculino	02:27:46	+01:31:23	14:47
549	1740	Manuel Sobreira	os magnificos	Senior Masculino	02:27:54	+01:31:31	14:47
550	1803	Andreia Prazeres	rosa chiclete	Senior Feminino	02:28:29	+01:32:06	14:51
551	1474	José Carlos Azevedo Simões	gteam	Senior Masculino	02:28:34	+01:32:11	14:51
552	1808	Filipe Silva	rosa chiclete	Senior Masculino	02:28:53	+01:32:30	14:53
553	1249	Rafael Cunha	bukan krav maga	Senior Masculino	02:28:57	+01:32:34	14:54
554	1730	Joana Prim	os magnificos	Senior Feminino	02:29:05	+01:32:42	14:55
555	1240	Bruno André Pires da Silva	bukan krav maga	Senior Masculino	02:29:16	+01:32:54	14:56
556	1824	Sílvia Maria da Silva Rodrigues Pinheiro	saiamdafrente	Senior Feminino	02:29:30	+01:33:07	14:57
557	1804	Carla Carmina	rosa chiclete	Senior Feminino	02:29:32	+01:33:09	14:57
558	1247	Pedro Alves	bukan krav maga	Senior Masculino	02:29:32	+01:33:10	14:57
559	1805	Carolina Rosas	rosa chiclete	Senior Feminino	02:29:38	+01:33:15	14:58
560	1328	Nuno Moreira	crossfit vale do ave	Senior Masculino	02:29:42	+01:33:19	14:58
561	1222	José Leão	bukan krav maga	Senior Masculino	02:29:43	+01:33:20	14:58
562	1807	Vera Costa	rosa chiclete	Senior Feminino	02:29:48	+01:33:26	14:59
563	1416	Jorge Emanuel Barbosa Jaques	fanecasrunners	Senior Masculino	02:29:50	+01:33:27	14:59
564	1728	Ana Mendes Lopes	os magnificos	Senior Feminino	02:30:18	+01:33:55	15:02
565	1741	Nuno Miguel Lopes	os magnificos	Senior Masculino	02:30:19	+01:33:56	15:02
566	1377	GIL MARTINS MACEDO	divamares	Senior Masculino	02:30:50	+01:34:27	15:05
567	1791	MARILIA SOARES	power team	Senior Feminino	02:32:25	+01:36:02	15:15
568	1421	Ruben Filipe Viana Barbosa	fanecasrunners	Senior Masculino	02:32:36	+01:36:13	15:16
569	1470	Sandra Manuela da Costa Braga	gteam	Senior Feminino	02:32:39	+01:36:16	15:16
570	1468	Cláudia Sofia Fernandes Marques	gteam	Senior Feminino	02:32:39	+01:36:16	15:16
571	1471	Sónia Isabel Gonçalves da Costa	gteam	Senior Feminino	02:32:40	+01:36:17	15:16
572	1420	Rafael Lima Reis	fanecasrunners	Senior Masculino	02:32:42	+01:36:19	15:16
573	1475	Pedro Luis da Costa e Silva	gteam	Senior Masculino	02:32:50	+01:36:27	15:17
574	1419	Rafael Amorim Silva	fanecasrunners	Senior Masculino	02:32:59	+01:36:36	15:18
575	1472	Hélder Ricardo Freitas Ribeiro	gteam	Senior Masculino	02:33:11	+01:36:48	15:19

GUERREIRO - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
576	1067	ALBERTO ANSELMO CERQUEIRA SILVA	apanha-nos se puderes	Senior Masculino	02:33:15	+01:36:52	15:20
577	1325	Miguel Fernandes	crossfit vale do ave	Senior Masculino	02:34:07	+01:37:44	15:25
578	1296	Elsa Silva	crossfit vale do ave	Senior Feminino	02:34:21	+01:37:58	15:26
579	1289	Ana Rita Trocado	crossfit vale do ave	Senior Feminino	02:34:21	+01:37:59	15:26
580	1469	Sandra Isabel Silva dos Santos	gteam	Senior Feminino	02:34:23	+01:38:00	15:26
581	1414	Mariana Silva Barbosa	fanecasrunners	Senior Feminino	02:34:25	+01:38:02	15:27
582	1417	Nuno Manuel Esteves Martins	fanecasrunners	Senior Masculino	02:34:27	+01:38:04	15:27
583	1418	Paulo Manuel Vilas Boas Morais	fanecasrunners	Senior Masculino	02:34:27	+01:38:04	15:27
584	1412	Catarina Silva Barbosa	fanecasrunners	Senior Feminino	02:34:35	+01:38:12	15:28
585	1413	Joana Filipa Barbosa Barreto	fanecasrunners	Senior Feminino	02:34:35	+01:38:13	15:28
586	1415	Patrícia Rocha Morais Barreto	fanecasrunners	Senior Feminino	02:34:36	+01:38:13	15:28
587	1801	RICARDO SILVA	power team	Senior Masculino	02:35:31	+01:39:09	15:33
588	1675	Cláudia Silva	os atm	Senior Feminino	02:36:07	+01:39:44	15:37
589	1676	Márcia Silva	os atm	Senior Feminino	02:36:07	+01:39:44	15:37
590	1802	Tiago Pontes Rocha	power team	Senior Masculino	02:36:32	+01:40:09	15:39
591	1442	Inácio Silva	funmove - challenge your limits !	Senior Masculino	02:36:58	+01:40:35	15:42
592	1455	Nuno Guerreiro	garfield's team	Senior Masculino	02:37:02	+01:40:39	15:42
593	1453	Noémia Paiva	garfield's team	Senior Feminino	02:37:03	+01:40:40	15:42
594	1454	Ivo Ribeiro	garfield's team	Senior Masculino	02:37:03	+01:40:40	15:42
595	1452	Joana Cruz	garfield's team	Senior Feminino	02:37:04	+01:40:41	15:42
596	1303	Selma Brigite	crossfit vale do ave	Senior Feminino	02:37:04	+01:40:41	15:42
597	1473	Ivo Mauro Correia Moutinho	gteam	Senior Masculino	02:37:07	+01:40:44	15:43
598	1456	Paulo Gomes	garfield's team	Senior Masculino	02:37:07	+01:40:44	15:43
599	1616	Joana Filipa Marques Veiga	hd training	Senior Feminino	02:37:25	+01:41:02	15:45
600	1626	Diogo António Da Silva Rodrigues	hd training	Senior Masculino	02:37:26	+01:41:03	15:45
601	1793	ANDRÉ GONÇALVES	power team	Senior Masculino	02:37:28	+01:41:05	15:45
602	1607	Carmo Silva	hd training	Senior Feminino	02:37:28	+01:41:06	15:45
603	1794	CESAR ANTUNES	power team	Senior Masculino	02:37:30	+01:41:07	15:45
604	1821	Cristina Veloso de carvalho	saiamdafrente	Senior Feminino	02:37:34	+01:41:11	15:45
605	1641	Tiago Filipe Rocha Vaz	hd training	Senior Masculino	02:37:36	+01:41:13	15:46
606	1640	rui carlos santos freitas	hd training	Senior Masculino	02:37:36	+01:41:14	15:46
607	1819	Amandine da Cunha Martins	saiamdafrente	Senior Feminino	02:37:49	+01:41:26	15:47
608	1826	Virginie Almeida de Sousa	saiamdafrente	Senior Feminino	02:37:50	+01:41:28	15:47
609	1823	Sara Manuela Pereira Monteiro (PIPS)	saiamdafrente	Senior Feminino	02:37:53	+01:41:31	15:47
610	1013	Marcos Costa Pinto	5.7 crossfit | guimarães	Senior Masculino	02:37:56	+01:41:34	15:48
611	1788	ELISABETE MAGALHÃES	power team	Senior Feminino	02:38:16	+01:41:53	15:50
612	1197	Matilde Ortigão Delgado	bukan krav maga	Senior Feminino	02:38:42	+01:42:19	15:52
613	1828	Helder João Cunha Antunes	saiamdafrente	Senior Masculino	02:38:42	+01:42:19	15:52
614	1213	Humberto teixeira	bukan krav maga	Senior Masculino	02:39:22	+01:43:00	15:56
615	1352	GISELA SOUSA	deixempassar	Senior Feminino	02:39:23	+01:43:01	15:56
616	1172	MONICA FERNANDES	bruno-tir team	Senior Feminino	02:39:25	+01:43:02	15:57
617	1170	EDUARDA MENDES	bruno-tir team	Senior Feminino	02:39:25	+01:43:02	15:57
618	1180	NUNO SOARES	bruno-tir team	Senior Masculino	02:39:33	+01:43:11	15:57

GUERREIRO - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
619	1748	Silvia Fernandes	oticas minho	Senior Feminino	02:39:39	+01:43:16	15:58
620	1173	ANTONIO COELHO	bruno-tir team	Senior Masculino	02:39:40	+01:43:17	15:58
621	1747	Sara Araújo	oticas minho	Senior Feminino	02:39:41	+01:43:18	15:58
622	1175	BRUNO COELHO	bruno-tir team	Senior Masculino	02:40:03	+01:43:40	16:00
623	1354	MARIA JOSÉ FERNANDES	deixempassar	Senior Feminino	02:40:04	+01:43:42	16:00
624	1196	Maria sampaio	bukan krav maga	Senior Feminino	02:40:17	+01:43:54	16:02
625	1534	Emanuel Rodrigues Pinheiro	individual	Senior Masculino	02:40:17	+01:43:54	16:02
626	1969	Sónia Almeida	turbinadas	Senior Feminino	02:40:29	+01:44:06	16:03
627	1357	Sandra Maria Góis Passos	deixempassar	Senior Feminino	02:40:30	+01:44:07	16:03
628	1256	Vasco teixeira	bukan krav maga	Senior Masculino	02:40:32	+01:44:09	16:03
629	1795	FILIPE PONTES	power team	Senior Masculino	02:40:59	+01:44:36	16:06
630	1961	Ana Luísa Pereira	turbinadas	Senior Feminino	02:40:59	+01:44:36	16:06
631	1356	ROSA JOANA ALVES	deixempassar	Senior Feminino	02:41:00	+01:44:38	16:06
632	1353	MARIA FATIMA SOARES SILVA	deixempassar	Senior Feminino	02:41:01	+01:44:38	16:06
633	1799	PAULO GOMES	power team	Senior Masculino	02:41:21	+01:44:58	16:08
634	1374	FILIPE MANUEL MARTINS DIAS	divamares	Senior Masculino	02:41:24	+01:45:01	16:08
635	1425	Alexandra Isabel Ribeiro Teibão Fernandes	funmove - challenge your limits !	Senior Feminino	02:41:27	+01:45:04	16:09
636	1438	David Leite	funmove - challenge your limits !	Senior Masculino	02:41:29	+01:45:06	16:09
637	1968	Marta Alves	turbinadas	Senior Feminino	02:41:37	+01:45:14	16:10
638	1563	Cristina Monteiro	letsgo	Senior Feminino	02:41:49	+01:45:26	16:11
639	1559	Adelia Gomes	letsgo	Senior Feminino	02:41:49	+01:45:26	16:11
640	1287	Ana Alexandrina	crossfit vale do ave	Senior Feminino	02:42:02	+01:45:39	16:12
641	1962	Carla Mota	turbinadas	Senior Feminino	02:42:48	+01:46:25	16:17
642	1198	Raquel Francisco	bukan krav maga	Senior Feminino	02:42:50	+01:46:28	16:17
643	1257	Vitor teixeira	bukan krav maga	Senior Masculino	02:43:17	+01:46:54	16:20
644	1964	Carolina Queirós	turbinadas	Senior Feminino	02:43:49	+01:47:26	16:23
645	1560	ANA ANDRADE	letsgo	Senior Feminino	02:44:12	+01:47:49	16:25
646	1785	ALDA MARIA R. A. DE SOUSA	power team	Senior Feminino	02:44:45	+01:48:22	16:29
647	1786	ANDREA CARVALHO MORAIS	power team	Senior Feminino	02:44:45	+01:48:22	16:29
648	1185	Ana Sofia Macedo Parente	bukan krav maga	Senior Feminino	02:44:53	+01:48:30	16:29
649	1182	Ana Bárbara	bukan krav maga	Senior Feminino	02:44:53	+01:48:30	16:29
650	1566	Margarida da Conceição da Mota Pires	letsgo	Senior Feminino	02:44:54	+01:48:31	16:29
651	1440	Diogo Ribeiro	funmove - challenge your limits !	Senior Masculino	02:44:56	+01:48:33	16:30
652	1989	Ana Margarida Malheiro Guimarães	wacky racers	Senior Feminino	02:45:07	+01:48:44	16:31
653	1993	Hélder Ferreira	wacky racers	Senior Masculino	02:45:08	+01:48:45	16:31
654	1991	Bárbara Daniela Silva	wacky racers	Senior Feminino	02:45:08	+01:48:45	16:31
655	1995	Sérgio Silva	wacky racers	Senior Masculino	02:45:08	+01:48:45	16:31
656	1994	Pedro Miguel Queirós	wacky racers	Senior Masculino	02:45:08	+01:48:45	16:31
657	1990	Ariana Ferreira	wacky racers	Senior Feminino	02:45:08	+01:48:45	16:31
658	1992	Liliana Meleiro Esteves	wacky racers	Senior Feminino	02:45:08	+01:48:45	16:31
659	1571	Patrick Monteiro rego	letsgo	Senior Masculino	02:45:19	+01:48:56	16:32

GUERREIRO - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
660	1015	Rui Ferreira	5.7 crossfit | guimarães	Senior Masculino	02:45:28	+01:49:05	16:33
661	1011	Cristiano Ribeiro	5.7 crossfit | guimarães	Senior Masculino	02:45:29	+01:49:06	16:33
662	1014	Pedro Silva	5.7 crossfit | guimarães	Senior Masculino	02:45:35	+01:49:12	16:34
663	1889	Joaquim pereira	swatcamp	Senior Masculino	02:45:55	+01:49:32	16:36
664	1906	Manuel Carlos Castro	tania azevedo	Senior Masculino	02:45:59	+01:49:36	16:36
665	1956	Ricardo Coutinho	the fênix	Senior Masculino	02:46:04	+01:49:41	16:36
666	1008	Silvia Dinis	5.7 crossfit | guimarães	Senior Feminino	02:46:10	+01:49:47	16:37
667	1900	Joana Viana	tania azevedo	Senior Feminino	02:46:12	+01:49:49	16:37
668	1909	Paulo Gonçalves	tania azevedo	Senior Masculino	02:46:34	+01:50:11	16:39
669	1403	Tiago Silva	dornelas runners	Senior Masculino	02:46:35	+01:50:12	16:40
670	1401	Ricardo Xavier	dornelas runners	Senior Masculino	02:46:35	+01:50:12	16:40
671	1402	Romeu Silva	dornelas runners	Senior Masculino	02:46:36	+01:50:13	16:40
672	1395	Jorge Vieira	dornelas runners	Senior Masculino	02:46:37	+01:50:14	16:40
673	1399	Marco Caldas	dornelas runners	Senior Masculino	02:46:37	+01:50:14	16:40
674	1396	Jorge Xavier	dornelas runners	Senior Masculino	02:46:37	+01:50:14	16:40
675	1397	José Mota	dornelas runners	Senior Masculino	02:46:37	+01:50:14	16:40
676	1393	Dinis Paredes	dornelas runners	Senior Masculino	02:46:37	+01:50:14	16:40
677	1010	Bruno Oliveira	5.7 crossfit | guimarães	Senior Masculino	02:46:50	+01:50:27	16:41
678	1009	Vânia Lima	5.7 crossfit | guimarães	Senior Feminino	02:46:50	+01:50:27	16:41
679	1012	Francisco Pinto	5.7 crossfit | guimarães	Senior Masculino	02:46:52	+01:50:30	16:41
680	1902	Maria da Luz Pinto	tania azevedo	Senior Feminino	02:47:08	+01:50:45	16:43
681	1899	Daniela Cunha	tania azevedo	Senior Feminino	02:47:09	+01:50:46	16:43
682	1169	Domingos Veiga	bracara crossfit	Senior Masculino	02:47:51	+01:51:29	16:47
683	1168	Diana Vilaça	bracara crossfit	Senior Feminino	02:47:52	+01:51:29	16:47
684	1370	CARLOS DO NASCIMENTO VEIGA FERNANDES	divamares	Senior Masculino	02:47:56	+01:51:33	16:48
685	1139	SILVIA GOMES	best cross amares	Senior Feminino	02:48:06	+01:51:43	16:49
686	1147	JOSÉ MACEDO	best cross amares	Senior Masculino	02:48:07	+01:51:44	16:49
687	1755	Hugo Gomes	oticas minho	Senior Masculino	02:48:58	+01:52:35	16:54
688	1603	Ana Catarina Rocha Queirós	hd training	Senior Feminino	02:49:06	+01:52:43	16:55
689	1565	Ines Monteiro	letsgo	Senior Feminino	02:49:17	+01:52:54	16:56
690	1894	Rui Coimbra	swatcamp	Senior Masculino	02:49:23	+01:53:00	16:56
691	1891	Nuno Oliveira	swatcamp	Senior Masculino	02:49:25	+01:53:02	16:57
692	1878	Sofia abreu	swatcamp	Senior Feminino	02:49:27	+01:53:04	16:57
693	1885	Filipe vieira	swatcamp	Senior Masculino	02:49:37	+01:53:15	16:58
694	1896	Vítor bravo	swatcamp	Senior Masculino	02:49:39	+01:53:16	16:58
695	1954	Stephanie Antunes	the fênix	Senior Feminino	02:50:14	+01:53:51	17:01
696	1888	João pedro	swatcamp	Senior Masculino	02:50:23	+01:54:00	17:02
697	1428	Cláudia Vieiria	funmove - challenge your limits !	Senior Feminino	02:50:48	+01:54:26	17:05
698	1897	Anabela Rodrigues	tania azevedo	Senior Feminino	02:50:54	+01:54:31	17:05
699	1623	André Moreira Coelho	hd training	Senior Masculino	02:51:08	+01:54:45	17:07
700	1955	Bruno Magarinhos	the fênix	Senior Masculino	02:51:20	+01:54:57	17:08
701	1951	Ana Cerqueira	the fênix	Senior Feminino	02:51:21	+01:54:59	17:08
702	1206	Cláudio Costa	bukan krav maga	Senior Masculino	02:51:22	+01:54:59	17:08
703	1953	Lara Catalão	the fênix	Senior Feminino	02:51:22	+01:54:59	17:08
704	1952	JOSÉ MANUEL LOPES GONÇALVES	the fênix	Senior Feminino	02:51:22	+01:54:59	17:08

GUERREIRO - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
705	1383	JOSÉ CARLOS DA COSTA ARAÚJO	divamares	Senior Masculino	02:51:33	+01:55:11	17:09
706	1874	Marlene freitas	swatcamp	Senior Feminino	02:52:15	+01:55:52	17:14
707	1430	Juliana Silva	funmove - challenge your limits !	Senior Feminino	02:52:15	+01:55:53	17:14
708	1876	Natália Teixeira	swatcamp	Senior Feminino	02:52:15	+01:55:53	17:14
709	1884	Filipe Pereira	swatcamp	Senior Masculino	02:52:16	+01:55:53	17:14
710	1443	Joaquim da Silva	funmove - challenge your limits !	Senior Masculino	02:52:36	+01:56:13	17:16
711	1875	Monica ferreira	swatcamp	Senior Feminino	02:53:04	+01:56:41	17:18
712	1797	FREDERICO COELHO	power team	Senior Masculino	02:53:19	+01:56:57	17:20
713	1632	Luis Miguel Ataide	hd training	Senior Masculino	02:53:27	+01:57:04	17:21
714	1427	Ana Rita	funmove - challenge your limits !	Senior Feminino	02:53:34	+01:57:11	17:21
715	1904	Tania Azevedo	tania azevedo	Senior Feminino	02:53:42	+01:57:19	17:22
716	1905	José Manuel Goncalves	tania azevedo	Senior Masculino	02:53:54	+01:57:31	17:23
717	1908	Nuno Martins Silva	tania azevedo	Senior Masculino	02:53:54	+01:57:31	17:23
718	1426	Ana Filipa Fernandes	funmove - challenge your limits !	Senior Feminino	02:54:20	+01:57:57	17:26
719	1432	Rita Lopes	funmove - challenge your limits !	Senior Feminino	02:54:29	+01:58:07	17:27
720	1502	Ana Mafalda Moreira Pedroso	hd training	Senior Feminino	02:54:44	+01:58:21	17:28
721	1798	NUNO MIGUEL CARVALHO DA SILVA	power team	Senior Masculino	02:54:52	+01:58:29	17:29
722	1893	Ruben Augusto	swatcamp	Senior Masculino	02:55:02	+01:58:39	17:30
723	1431	Maria Joaquina Abreu	funmove - challenge your limits !	Senior Feminino	02:55:07	+01:58:44	17:31
724	1441	Flávio Mendes	funmove - challenge your limits !	Senior Masculino	02:55:31	+01:59:09	17:33
725	1800	PAULO LOPES	power team	Senior Masculino	02:55:50	+01:59:27	17:35
726	1722	Nuno Teixeira	os felizes	Senior Masculino	02:55:53	+01:59:30	17:35
727	1178	FILIPE RAMOA	bruno-tir team	Senior Masculino	02:56:20	+01:59:57	17:38
728	1435	Bruno Correia	funmove - challenge your limits !	Senior Masculino	02:56:34	+02:00:11	17:39
729	1436	Bruno Marinho	funmove - challenge your limits !	Senior Masculino	02:56:43	+02:00:20	17:40
730	1606	carmen felix carvalho moreira	hd training	Senior Feminino	02:56:48	+02:00:25	17:41
731	1870	Claudia ribeiro	swatcamp	Senior Feminino	02:57:03	+02:00:40	17:42
732	1895	Tiago Silva	swatcamp	Senior Masculino	02:57:17	+02:00:54	17:44
733	1448	Rúben Alves	funmove - challenge your limits !	Senior Masculino	02:57:31	+02:01:08	17:45
734	1703	Cláudia Lima	os felizes	Senior Feminino	02:57:36	+02:01:13	17:46
735	1790	JULIANA JANELA	power team	Senior Feminino	02:57:45	+02:01:22	17:47
736	1160	Gonçalo Pereira	bio team	Senior Masculino	02:59:29	+02:03:06	17:57
737	1881	André Fertuzinhos	swatcamp	Senior Masculino	02:59:39	+02:03:16	17:58
738	1880	Sylvie Ribeiro	swatcamp	Senior Feminino	03:00:01	+02:03:38	18:00
739	1614	Inês Moreira Coelho	hd training	Senior Feminino	03:00:14	+02:03:51	18:01
740	1597	Raquel Vilaça	mud'r fuckers	Senior Feminino	03:00:36	+02:04:14	18:04
741	1600	José Manuel Sampaio	mud'r fuckers	Senior Masculino	03:00:37	+02:04:14	18:04
742	1599	Henrique Barros	mud'r fuckers	Senior Masculino	03:00:37	+02:04:15	18:04
743	1594	Daniela Ferreira	mud'r fuckers	Senior Feminino	03:00:38	+02:04:15	18:04
744	1595	Joana Amaro	mud'r fuckers	Senior Feminino	03:00:38	+02:04:15	18:04
745	1712	Raquel de Sousa	os felizes	Senior Feminino	03:00:41	+02:04:18	18:04
746	1707	Lígia Silva	os felizes	Senior Feminino	03:00:45	+02:04:22	18:05
747	1720	José Bonifácio	os felizes	Senior Masculino	03:00:47	+02:04:24	18:05
748	1723	Paulo Rocha	os felizes	Senior Masculino	03:00:58	+02:04:35	18:06
749	1709	Mónica Carvalho	os felizes	Senior Feminino	03:00:59	+02:04:36	18:06

GUERREIRO - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
750	1708	Marília Mourão	os felizes	Senior Feminino	03:01:00	+02:04:37	18:06
751	1710	Natália Sousa	os felizes	Senior Feminino	03:01:25	+02:05:02	18:09
752	1615	joana claudia pinheiro rego	hd training	Senior Feminino	03:01:50	+02:05:28	18:11
753	1605	Ana Rita Rodrigues Pimenta	hd training	Senior Feminino	03:01:51	+02:05:29	18:11
754	2016	Ricardo Maia	individual	Senior Masculino	03:02:32	+02:06:09	18:15
755	1705	Felicidade Carneiro	os felizes	Senior Feminino	03:02:35	+02:06:12	18:16
756	1887	João freitas	swatcamp	Senior Masculino	03:02:41	+02:06:18	18:16
757	1572	SAMUEL SILVA	letsgo	Senior Masculino	03:02:50	+02:06:28	18:17
758	1873	Maria Anjos	swatcamp	Senior Feminino	03:03:32	+02:07:09	18:21
759	1521	Adriana Moreira	individual	Senior Feminino	03:03:49	+02:07:26	18:23
760	1613	inês joão leite da costa	hd training	Senior Feminino	03:03:54	+02:07:31	18:23
761	1621	stephany dyan coraggio	hd training	Senior Feminino	03:03:55	+02:07:32	18:24
762	1032	Patricia Teixeira	academia best club	Senior Feminino	03:04:48	+02:08:25	18:29
763	1044	Ricardo oliveira	academia best club	Senior Masculino	03:04:52	+02:08:29	18:29
764	1035	ALCIDES SILVA	academia best club	Senior Masculino	03:04:56	+02:08:33	18:30
765	1027	Filipa Pinto	academia best club	Senior Feminino	03:04:59	+02:08:36	18:30
766	1046	Tiago Pereira	academia best club	Senior Masculino	03:05:02	+02:08:39	18:30
767	1037	Fábio Rafael	academia best club	Senior Masculino	03:05:02	+02:08:39	18:30
768	1047	Vitor Castro	academia best club	Senior Masculino	03:05:03	+02:08:40	18:30
769	1038	Fábio Simões	academia best club	Senior Masculino	03:05:04	+02:08:42	18:30
770	1034	Sofia Moita	academia best club	Senior Feminino	03:05:07	+02:08:44	18:31
771	1031	Marta Pinto	academia best club	Senior Feminino	03:05:09	+02:08:46	18:31
772	1604	ana maria carvalho moreira	hd training	Senior Feminino	03:05:11	+02:08:48	18:31
773	1879	Sofia pereira	swatcamp	Senior Feminino	03:05:28	+02:09:05	18:33
774	1882	Carlos carneiro	swatcamp	Senior Masculino	03:05:28	+02:09:05	18:33
775	1716	David de Sousa	os felizes	Senior Masculino	03:05:33	+02:09:10	18:33
776	1727	Rui Silva	os felizes	Senior Masculino	03:05:33	+02:09:10	18:33
777	1025	Amanda Ventura	academia best club	Senior Feminino	03:05:50	+02:09:27	18:35
778	1033	Rogério Lima	academia best club	Senior Feminino	03:06:09	+02:09:47	18:37
779	1886	João Fernandes	swatcamp	Senior Masculino	03:06:15	+02:09:52	18:38
780	1028	Ivone Duarte	academia best club	Senior Feminino	03:06:29	+02:10:07	18:39
781	1525	Mariana Carvalho	individual	Senior Feminino	03:06:38	+02:10:15	18:40
782	2024	Marta Ferreira	arc vale s cosme	Senior Feminino	03:06:47	+02:10:25	18:41
783	2025	Manuel Bayarres	arc vale s cosme	Senior Masculino	03:06:48	+02:10:25	18:41
784	2017	Gil Fernandes	individual	Senior Masculino	03:07:00	+02:10:37	18:42
785	1298	Isabel Salgueirinho	crossfit vale do ave	Senior Feminino	03:07:17	+02:10:54	18:44
786	1288	Ana Moura	crossfit vale do ave	Senior Feminino	03:07:17	+02:10:55	18:44
787	1157	Mariana Pereira	bio team	Senior Feminino	03:08:04	+02:11:41	18:48
788	1153	Cláudia Amaral	bio team	Senior Feminino	03:08:08	+02:11:45	18:49
789	1156	Isabel Rangel	bio team	Senior Feminino	03:08:08	+02:11:45	18:49
790	1159	Carlos Pereira	bio team	Senior Masculino	03:08:09	+02:11:46	18:49
791	1161	Nuno Andrade	bio team	Senior Masculino	03:08:09	+02:11:47	18:49
792	1154	Dulce Fernandes	bio team	Senior Feminino	03:08:10	+02:11:47	18:49
793	1230	Marcos Borlido	bukan krav maga	Senior Masculino	03:08:36	+02:12:13	18:52
794	1229	Marcelo Martins	bukan krav maga	Senior Masculino	03:08:40	+02:12:17	18:52
795	1252	Rui Fernandes	bukan krav maga	Senior Masculino	03:08:41	+02:12:18	18:52

GUERREIRO - STAGE 1 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
796	1225	Luis Macedo	bukan krav maga	Senior Masculino	03:08:41	+02:12:19	18:52
797	1238	Nuno Costa	bukan krav maga	Senior Masculino	03:08:53	+02:12:31	18:53
798	1036	DANIEL OLIVEIRA	academia best club	Senior Masculino	03:08:58	+02:12:35	18:54
799	1503	Joana ilva Lázaro Rodrigues	hd training	Senior Feminino	03:09:16	+02:12:54	18:56
800	1706	Isabel Cristina das Neves Nunes	os felizes	Senior Feminino	03:09:51	+02:13:28	18:59
801	1221	José Gomes	bukan krav maga	Senior Masculino	03:09:52	+02:13:29	18:59
802	1721	Miguel José Cunha Silva	os felizes	Senior Masculino	03:09:58	+02:13:35	19:00
803	1538	João Pedro Abreu Carvalho	individual	Senior Masculino	03:10:36	+02:14:13	19:04
804	1299	JOANA SILVA	crossfit vale do ave	Senior Feminino	03:10:37	+02:14:14	19:04
805	1527	Rita Ribeiro Azevedo	individual	Senior Feminino	03:10:38	+02:14:15	19:04
806	1656	FERNANDO FERNANDES	ocr police challenge	Senior Masculino	03:10:40	+02:14:17	19:04
807	1655	SANDRINA MACEDO	ocr police challenge	Senior Feminino	03:10:41	+02:14:18	19:04
808	1576	ANA MARGARIDA MARQUES VIEIRA	missão amar(es)	Senior Feminino	03:10:50	+02:14:27	19:05
809	1584	DANIEL SILVA TEIXEIRA	missão amar(es)	Senior Masculino	03:10:52	+02:14:29	19:05
810	1926	Bruno Costa	team sodida	Senior Masculino	03:11:47	+02:15:24	19:11
811	1726	Ricardo Manuel Azevedo Teixeira	os felizes	Senior Masculino	03:11:48	+02:15:26	19:11
812	1704	Elisa Sofia Marques Portilho	os felizes	Senior Feminino	03:12:05	+02:15:42	19:13
813	1718	Jaime Manuel Prieto Morais	os felizes	Senior Masculino	03:12:06	+02:15:43	19:13
814	1285	Marco Figueiredo	crossfit famalicão	Senior Masculino	03:12:33	+02:16:11	19:15
815	1024	Alice Carvalho	academia best club	Senior Feminino	03:12:33	+02:16:11	19:15
816	1026	Cristina Costa	academia best club	Senior Feminino	03:12:34	+02:16:11	19:15
817	1725	Ricardo Jorge Moreira Moutinho	os felizes	Senior Masculino	03:12:34	+02:16:11	19:15
818	1713	Sandra Rocha	os felizes	Senior Feminino	03:12:36	+02:16:13	19:16
819	1711	Patricia Alexandra Oliveira Neves	os felizes	Senior Feminino	03:12:45	+02:16:22	19:17
820	1701	Ana Cristina Araújo de Almeida	os felizes	Senior Feminino	03:12:46	+02:16:23	19:17
821	1039	Joel Marques	academia best club	Senior Masculino	03:12:54	+02:16:32	19:17
822	1981	Ana Raquel Esteves	vroco	Senior Feminino	03:13:00	+02:16:37	19:18
823	1986	Daniel Pereira	vroco	Senior Masculino	03:13:00	+02:16:37	19:18
824	1985	Célio Antunes	vroco	Senior Masculino	03:13:00	+02:16:37	19:18
825	1983	Patrícia Pimenta	vroco	Senior Feminino	03:13:00	+02:16:37	19:18
826	1988	Rafael Pinheiro	vroco	Senior Masculino	03:13:00	+02:16:38	19:18
827	1984	Silvia Pereira	vroco	Senior Feminino	03:13:00	+02:16:38	19:18
828	1982	Catarina Silva	vroco	Senior Feminino	03:13:01	+02:16:38	19:18
829	1304	Sofia Naldinho	crossfit vale do ave	Senior Feminino	03:13:11	+02:16:49	19:19
830	1295	Elsa Cunha	crossfit vale do ave	Senior Feminino	03:13:14	+02:16:52	19:19
831	1294	Eliana Guedes	crossfit vale do ave	Senior Feminino	03:13:15	+02:16:52	19:20
832	1714	Susana Isabel da Cunha Vasconcelos	os felizes	Senior Feminino	03:13:51	+02:17:28	19:23
833	1944	Igor Silva	teamliberty	Senior Masculino	03:13:58	+02:17:35	19:24
834	1715	Susana Pereira	os felizes	Senior Feminino	03:14:09	+02:17:46	19:25
835	1717	Filipe Domingues	os felizes	Senior Masculino	03:14:09	+02:17:47	19:25
836	1940	Susana Silva	teamliberty	Senior Feminino	03:14:22	+02:17:59	19:26

GUERREIRO - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
837	1702	Andreia Patricia Casaleiro de Oliveira	os felizes	Senior Feminino	03:15:28	+02:19:05	19:33
838	1724	Pedro Alexandre Correia	os felizes	Senior Masculino	03:15:32	+02:19:09	19:33
839	1598	Frederico Marques	mud'r fuckers	Senior Masculino	03:16:00	+02:19:37	19:36
840	1602	Paulo Cardoso	mud'r fuckers	Senior Masculino	03:16:00	+02:19:37	19:36
841	1593	Cristina Araújo	mud'r fuckers	Senior Feminino	03:16:00	+02:19:37	19:36
842	1601	Nuno Lago	mud'r fuckers	Senior Masculino	03:16:00	+02:19:38	19:36
843	1596	Paula Moura	mud'r fuckers	Senior Feminino	03:16:00	+02:19:38	19:36
844	1585	NUNO MANUEL VIEIRA SILVA	missão amar(es)	Senior Masculino	03:16:04	+02:19:41	19:36
845	1578	Catarina Augusta da Silva Gonçalves	missão amar(es)	Senior Feminino	03:16:04	+02:19:41	19:36
846	1577	ÂNGELA CARINA PINHEIRO DA SILVA	missão amar(es)	Senior Feminino	03:16:04	+02:19:41	19:36
847	1580	JOANA CATARINA VELOSO FERNANDES	missão amar(es)	Senior Feminino	03:16:04	+02:19:41	19:36
848	1582	MÓNICA AZEVEDO ESTEVES	missão amar(es)	Senior Feminino	03:16:04	+02:19:41	19:36
849	1579	GABRIELA MARTINS	missão amar(es)	Senior Feminino	03:16:05	+02:19:42	19:37
850	1583	Bruno Filipe Sousa Dias	missão amar(es)	Senior Masculino	03:16:05	+02:19:42	19:37
851	1586	RAFAEL SILVA RIBEIRO	missão amar(es)	Senior Masculino	03:16:05	+02:19:42	19:37
852	1927	JORGE MIGUEL PADUA DA SILVA	team sodida	Senior Masculino	03:17:02	+02:20:39	19:42
853	1719	Jorge Caldas	os felizes	Senior Masculino	03:17:03	+02:20:40	19:42
854	1319	João Guedes	crossfit vale do ave	Senior Masculino	03:17:14	+02:20:51	19:43
855	1300	Lia Costa	crossfit vale do ave	Senior Feminino	03:17:15	+02:20:52	19:44
856	1045	Sergio Gomes	academia best club	Senior Masculino	03:17:16	+02:20:53	19:44
857	1877	Paula Mesquita	swatcamp	Senior Feminino	03:17:39	+02:21:16	19:46
858	1041	NUNO LOPES	academia best club	Senior Masculino	03:17:49	+02:21:26	19:47
859	1945	Joakim Pereira	teamliberty	Senior Masculino	03:18:42	+02:22:19	19:52
860	1029	Luzia Lopes	academia best club	Senior Feminino	03:18:55	+02:22:32	19:54
861	1948	Nando Silva	teamliberty	Senior Masculino	03:19:46	+02:23:23	19:59
862	1933	Gabriel Silva	teamliberty	Senior Feminino	03:20:33	+02:24:10	20:03
863	1947	Miriam Sousa	teamliberty	Senior Masculino	03:20:35	+02:24:13	20:04
864	1030	Maria dos Anjos	academia best club	Senior Feminino	03:21:18	+02:24:55	20:08
865	1040	Nelson Silva	academia best club	Senior Masculino	03:21:18	+02:24:55	20:08
866	1950	Walter Tigre	teamliberty	Senior Masculino	03:21:46	+02:25:23	20:11
867	1949	Tiago Azevedo	teamliberty	Senior Masculino	03:22:49	+02:26:26	20:17
868	1931	Cláudia Teixeira	teamliberty	Senior Feminino	03:23:13	+02:26:50	20:19
869	1253	Tiago Tinoco	bukan krav maga	Senior Masculino	03:23:28	+02:27:05	20:21
870	1939	Sandra Araujo	teamliberty	Senior Feminino	03:23:32	+02:27:09	20:21
871	1946	João Pinto	teamliberty	Senior Masculino	03:24:36	+02:28:14	20:28
872	1943	Americo Ferreira	teamliberty	Senior Masculino	03:24:37	+02:28:14	20:28
873	1934	Lurdes Marques	teamliberty	Senior Feminino	03:24:37	+02:28:15	20:28
874	1284	Magno Almeida	crossfit famalicão	Senior Masculino	03:29:24	+02:33:01	20:56
875	1242	Orlando Cracel	bukan krav maga	Senior Masculino	03:29:25	+02:33:03	20:57
876	1282	Estevão	crossfit famalicão	Senior Masculino	03:29:31	+02:33:09	20:57
877	1276	Maria do Patrocínio Cardoso	crossfit famalicão	Senior Feminino	03:29:45	+02:33:22	20:59
878	1223	José Lopes	bukan krav maga	Senior Masculino	03:31:11	+02:34:48	21:07

GUERREIRO - STAGE 1 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
879	1191	Elsa Vilaça	bukan krav maga	Senior Feminino	03:31:11	+02:34:48	21:07
880	1214	João Almeida	bukan krav maga	Senior Masculino	03:31:11	+02:34:49	21:07
881	1187	Bruna Abreu	bukan krav maga	Senior Feminino	03:31:12	+02:34:49	21:07
882	1207	Cristiano Henriques	bukan krav maga	Senior Masculino	03:31:12	+02:34:49	21:07
883	1183	Ana Cordeiro	bukan krav maga	Senior Feminino	03:31:12	+02:34:49	21:07
884	1215	João Carvalho	bukan krav maga	Senior Masculino	03:31:12	+02:34:49	21:07
885	1193	Isabel Vieira	bukan krav maga	Senior Feminino	03:31:13	+02:34:50	21:07
886	1255	Vasco Castro	bukan krav maga	Senior Masculino	03:31:13	+02:34:51	21:07
887	1251	Rúben Silva	bukan krav maga	Senior Masculino	03:31:14	+02:34:51	21:07
888	1246	Paulo Vieira	bukan krav maga	Senior Masculino	03:31:14	+02:34:51	21:07
889	1216	João domingos	bukan krav maga	Senior Masculino	03:31:14	+02:34:51	21:07
890	1254	Tomás Silva	bukan krav maga	Senior Masculino	03:31:14	+02:34:51	21:07
891	1250	Ricardo Fernandes	bukan krav maga	Senior Masculino	03:31:14	+02:34:51	21:07
892	1205	César Maia	bukan krav maga	Senior Masculino	03:31:14	+02:34:51	21:07
893	1199	Sara Silva	bukan krav maga	Senior Feminino	03:31:14	+02:34:51	21:07
894	1186	Andreia Lima	bukan krav maga	Senior Feminino	03:31:15	+02:34:52	21:08
895	1211	Francisco Lopes	bukan krav maga	Senior Masculino	03:31:16	+02:34:53	21:08
896	1209	Fernando Fernandes	bukan krav maga	Senior Masculino	03:31:16	+02:34:53	21:08
897	1217	João Magalhaes	bukan krav maga	Senior Masculino	03:31:16	+02:34:54	21:08
898	1219	Jorge Antunes	bukan krav maga	Senior Masculino	03:31:17	+02:34:54	21:08
899	1236	Nuno Araújo	bukan krav maga	Senior Masculino	03:31:17	+02:34:54	21:08
900	1226	Luís Machado	bukan krav maga	Senior Masculino	03:31:17	+02:34:54	21:08
901	1278	Sandra Gonçalves	crossfit famalicão	Senior Feminino	03:31:25	+02:35:02	21:09
902	1279	Tânia Marques	crossfit famalicão	Senior Feminino	03:31:48	+02:35:25	21:11
903	1280	Anthony Oliveira	crossfit famalicão	Senior Masculino	03:33:56	+02:37:33	21:24
904	1283	Josué Alves	crossfit famalicão	Senior Masculino	03:33:56	+02:37:33	21:24

Amares Urban Fit 2018
Amares
02-June-2018

Guerreiro

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	15:10	17.5ºC	77%
End	18:53	15.5ºC	82%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1092	Catarina Melo	B.T.M.	Senior Feminino	01:11:38	+15:16	07:10
2	1612	Helena Fernades	N14 CrossFit Braga	Senior Feminino	01:13:09	+16:46	07:19
3	1100	Sara Araújo	B.T.M.	Senior Feminino	01:13:36	+17:13	07:22
4	1840	Christiane Creminho	Somos+Q6	Senior Feminino	01:18:11	+21:48	07:49
5	1094	Eunice Moreira	B.T.M.	Senior Feminino	01:20:33	+24:10	08:03
6	1097	Judite Ferreira	B.T.M.	Senior Feminino	01:20:47	+24:24	08:05
7	1610	clara maria santos pereira	HD Training	Senior Feminino	01:21:44	+25:21	08:10
8	1839	Céu Lemos	Somos+Q6	Senior Feminino	01:21:50	+25:27	08:11
9	1090	Carla Abilheira	B.T.M.	Senior Feminino	01:24:37	+28:14	08:28
10	1851	Teresa Martins	Somos+Q6	Senior Feminino	01:32:12	+35:49	09:13
11	1838	Carla Filipa da Silva Alves	Somos+Q6	Senior Feminino	01:32:12	+35:49	09:13
12	1845	Filipa Alexandra Vieira	Somos+Q6	Senior Feminino	01:32:39	+36:16	09:16
13	1091	Carla Salgado	B.T.M.	Senior Feminino	01:33:11	+36:49	09:19
14	1076	Carla Sofia Pereira Novais	Aventureiros	Senior Feminino	01:34:16	+37:54	09:26
15	1343	Dina Silveira	Aventureiros	Senior Feminino	01:34:26	+38:03	09:27
16	1095	Inês Moreira	B.T.M.	Senior Feminino	01:34:36	+38:13	09:28
17	1099	Rosa Correia	B.T.M.	Senior Feminino	01:36:37	+40:15	09:40
18	1096	isabel costa	B.T.M.	Senior Feminino	01:36:38	+40:15	09:40
19	1659	Carla Macedo	ON TOP	Senior Feminino	01:38:34	+42:11	09:51
20	1841	Cláudia Daniela Oliveira	Somos+Q6	Senior Feminino	01:39:23	+43:00	09:56
21	1048	EDITE CATARINA RIBEIRO LOPES	AMARBANHO	Senior Feminino	01:39:58	+43:36	10:00
22	1617	João Nuno Torres	N14 CrossFit Braga	Senior Feminino	01:40:59	+44:36	10:06
23	1772	Sónia Maria da Silva Leal	Over the Limit	Senior Feminino	01:41:13	+44:50	10:07
24	1769	Olinda Odete Silva Sousa	Over the Limit	Senior Feminino	01:41:13	+44:50	10:07
25	1103	Sofia Pereira	B.T.M.	Senior Feminino	01:41:18	+44:55	10:08
26	1087	Alexandra Silva	B.T.M.	Senior Feminino	01:41:18	+44:56	10:08
27	1344	Eugénia Gonçalves Pereira	CVP Amares	Senior Feminino	01:41:41	+45:18	10:10
28	1429	JOÃO CARLOS PEREIRA MEIRELES	FunMove - Challenge Your Limits !	Senior Feminino	01:42:00	+45:37	10:12
29	1844	Eduarda Lamela Martins	Somos+Q6	Senior Feminino	01:42:16	+45:53	10:14
30	1847	Joana Miguel	Somos+Q6	Senior Feminino	01:42:55	+46:33	10:18
31	1355	MONICA DOMINGUES	DeixemPassar	Senior Feminino	01:43:36	+47:13	10:22
32	1850	Rita Almeida	Somos+Q6	Senior Feminino	01:43:37	+47:15	10:22
33	1849	Patrícia Carvalho	Somos+Q6	Senior Feminino	01:43:38	+47:15	10:22
34	1608	Catarina de Barros	N14 CrossFit Braga	Senior Feminino	01:44:05	+47:43	10:25
35	1609	Celina de Barros	N14 CrossFit Braga	Senior Feminino	01:44:10	+47:47	10:25
36	1662	Sara Gonçalves	ON TOP	Senior Feminino	01:44:46	+48:24	10:29
37	1663	Susana Fernandes	ON TOP	Senior Feminino	01:44:47	+48:24	10:29
38	1093	Alda Susana Fernandes	B.T.M.	Senior Feminino	01:46:03	+49:41	10:36
39	1104	Susana Revés	B.T.M.	Senior Feminino	01:46:20	+49:58	10:38

Guerreiro

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

40	1957	Sara Pinto Pereira Ribeiro	The Mud Machines	Senior Feminino	01:46:52	+50:29	10:41
41	1773	Vania Ferreira Ribeiro	Over the Limit	Senior Feminino	01:47:04	+50:41	10:42
42	1771	Patrícia Maria Tavares Sampaio	Over the Limit	Senior Feminino	01:47:40	+51:17	10:46
43	1660	Mafalda Cruz	ON TOP	Senior Feminino	01:47:55	+51:32	10:48
44	1088	Ana Nascimento	B.T.M.	Senior Feminino	01:48:21	+51:58	10:50
45	1476	Cristina Pereira	Guerreiros do Minho	Senior Feminino	01:48:42	+52:19	10:52
46	1765	Bárbara Cláudia Nunes de Sousa Pacheco	Over the Limit	Senior Feminino	01:48:42	+52:19	10:52
47	1084	Cláudia Almeida	B.A.C.O.	Senior Feminino	01:48:48	+52:25	10:53
48	1101	Sara Nascimento	B.T.M.	Senior Feminino	01:49:14	+52:52	10:55
49	1658	Adriana Azevedo	ON TOP	Senior Feminino	01:49:19	+52:56	10:56
50	1661	Maria Amélia Da Silva Vieira	ON TOP	Senior Feminino	01:49:19	+52:57	10:56
51	1746	Ana Barros	Oticas Minho	Senior Feminino	01:49:20	+52:57	10:56
52	1307	Vânia Barros	CrossFit Vale do Ave	Senior Feminino	01:50:29	+54:06	11:03
53	1588	Ana Rita Barros Pereira	Mix Team	Senior Feminino	01:50:36	+54:13	11:04
54	1459	Valéria Neves	geofriends	Senior Feminino	01:50:38	+54:15	11:04
55	1458	Claudia Costa	geofriends	Senior Feminino	01:50:38	+54:15	11:04
56	1770	Olinda Susana Neves Leal	Over the Limit	Senior Feminino	01:50:46	+54:23	11:05
57	1843	Diana Santos	Somos+Q6	Senior Feminino	01:50:56	+54:33	11:06
58	1972	Joana Filipa Gomes Miranda	VFs	Senior Feminino	01:51:44	+55:21	11:10
59	2011	Catarina Gonçalves Mendes	BEST CROSS AMARES	Senior Feminino	01:52:24	+56:01	11:14
60	1133	Joana Pinheiro da Fonseca Barbosa	BEST CROSS AMARES	Senior Feminino	01:52:24	+56:01	11:14
61	1971	Célia Andreia Santos Ribeiro	VFs	Senior Feminino	01:52:26	+56:03	11:15
62	1589	Carla Raquel Carvalho Gonçalves	Mix Team	Senior Feminino	01:52:37	+56:14	11:16
63	1568	Sandra Manuela Gomes Peixoto da Silva	Letsgo	Senior Feminino	01:54:04	+57:41	11:24
64	1130	Daniela Carvalho	BEST CROSS AMARES	Senior Feminino	01:54:17	+57:54	11:26
65	1138	OLIVIA PIMENTA	BEST CROSS AMARES	Senior Feminino	01:55:53	+59:30	11:35
66	1129	Carolina Fernandes	BEST CROSS AMARES	Senior Feminino	01:56:03	+59:40	11:36
67	1140	Zi Macedo (Alzira)	BEST CROSS AMARES	Senior Feminino	01:56:04	+59:41	11:36
68	1105	Vânia Loureiro	B.T.M.	Senior Feminino	01:56:19	+59:56	11:38
69	1848	Maria José da Rocha Carvalho Martins	Somos+Q6	Senior Feminino	01:57:09	+01:00:47	11:43
70	1699	Bruna Daniela	Os Cansados	Senior Feminino	01:58:07	+01:01:44	11:49
71	1698	Ana Filipa Cruz Rolo	Os Cansados	Senior Feminino	01:58:08	+01:01:46	11:49
72	1510	Vanda Pinto	HolmesPlace	Senior Feminino	01:58:32	+01:02:09	11:51
73	1085	Daniela Varandas	B.A.C.O.	Senior Feminino	01:59:08	+01:02:45	11:55
74	1509	Marina Pereira	HolmesPlace	Senior Feminino	01:59:29	+01:03:06	11:57
75	1162	Celina Costa Sousa	BOOTCAMP ARCO	Senior Feminino	01:59:58	+01:03:35	12:00
76	1163	DANIELA JOSÉ DIAS MOURÃO FERREIRA DA COSTA	BOOTCAMP ARCO	Senior Feminino	02:00:19	+01:03:56	12:02
77	1075	Ana Brás	Aventureiros	Senior Feminino	02:00:57	+01:04:35	12:06
78	1937	Martinha Silva	TeamLiberty	Senior Feminino	02:01:21	+01:04:58	12:08
79	1619	Maria Oliveira de sá	HD Training	Senior Feminino	02:01:24	+01:05:02	12:08
80	1622	susana maria sousa	HD Training	Senior Feminino	02:01:25	+01:05:03	12:09
81	1305	Sofia Reis	CrossFit Vale do Ave	Senior Feminino	02:02:57	+01:06:34	12:18
82	1290	Catarina Campos	CrossFit Vale do Ave	Senior Feminino	02:02:58	+01:06:35	12:18
83	1302	RUI PEDRO SILVA	CrossFit Vale do Ave	Senior Feminino	02:02:59	+01:06:36	12:18

Guerreiro

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

84	1127	Ana Patrícia Vieira Luís	BEST CROSS AMARES	Senior Feminino	02:03:53	+01:07:31	12:23
85	1898	Angela Vilaça	Tania Azevedo	Senior Feminino	02:04:14	+01:07:51	12:25
86	1063	Ana Catarina da Silva Lemos	Apanha-nos se puderes	Senior Feminino	02:04:17	+01:07:54	12:26
87	1066	LILIANA SILVA CARIDADE	Apanha-nos se puderes	Senior Feminino	02:04:18	+01:07:55	12:26
88	1064	JOANA SILVA CARIDADE	Apanha-nos se puderes	Senior Feminino	02:04:20	+01:07:57	12:26
89	1820	Bruna Patricia Gonçalves Silva	SaiamDaFrente	Senior Feminino	02:04:25	+01:08:02	12:27
90	1822	Isilda Manuela Silva Oliveira	SaiamDaFrente	Senior Feminino	02:04:25	+01:08:02	12:27
91	1134	Keilla Borges	BEST CROSS AMARES	Senior Feminino	02:04:27	+01:08:04	12:27
92	1422	Susana silva	Forfunteam	Senior Feminino	02:04:47	+01:08:24	12:29
93	1089	Ana Silva	B.T.M.	Senior Feminino	02:05:09	+01:08:47	12:31
94	1642	Alba Romero Menendez	NORTH COAST OCR´S	Senior Feminino	02:06:06	+01:09:43	12:37
95	1644	ivana ciarreta passini	NORTH COAST OCR´S	Senior Feminino	02:06:06	+01:09:44	12:37
96	1270	Mónica Fernandes	CHALLENGE FORCE	Senior Feminino	02:06:50	+01:10:27	12:41
97	16	Marta Ramos	CHALLENGE FORCE	Senior Feminino	02:06:50	+01:10:27	12:41
98	1102	Ana Faria	B.T.M.	Senior Feminino	02:07:03	+01:10:40	12:42
99	1935	Maria Silva	TeamLiberty	Senior Feminino	02:07:21	+01:10:59	12:44
100	1938	Olivia Torres	TeamLiberty	Senior Feminino	02:07:22	+01:10:59	12:44
101	2012	AMÉLIA RAMOS	Spartan Spirit	Senior Feminino	02:07:22	+01:10:59	12:44
102	1267	Helena Carvalho	CHALLENGE FORCE	Senior Feminino	02:07:32	+01:11:09	12:45
103	1266	Cândida Silva	CHALLENGE FORCE	Senior Feminino	02:07:33	+01:11:10	12:45
104	1433	RUI ADELINO NUNES DA CUNHA	FunMove - Challenge Your Limits !	Senior Feminino	02:08:07	+01:11:44	12:49
105	1700	Sofia Vitorino Pinheiro	Os Cansados	Senior Feminino	02:09:01	+01:12:38	12:54
106	1564	Gisela Machado	Letsgo	Senior Feminino	02:09:04	+01:12:41	12:54
107	1567	Margarida Pinheiro	Letsgo	Senior Feminino	02:09:10	+01:12:47	12:55
108	1561	Bruna Machado	Letsgo	Senior Feminino	02:09:17	+01:12:54	12:56
109	1557	Joana Barros	Jugo	Senior Feminino	02:10:03	+01:13:40	13:00
110	1342	Cátia Andreia Gaspar Coutinho	CVP Amares	Senior Feminino	02:10:52	+01:14:29	13:05
111	1345	Vânia Filipa Gaspar Coutinho	Aventureiros	Senior Feminino	02:10:52	+01:14:30	13:05
112	1049	OLINDINA FERNANDES GOMES	AMARBANHO	Senior Feminino	02:11:45	+01:15:22	13:11
113	1050	SANDRA MANUELA DA SILVA BARROS	AMARBANHO	Senior Feminino	02:11:45	+01:15:22	13:11
114	1351	ELISABETE DOMINGUES	DeixemPassar	Senior Feminino	02:12:36	+01:16:13	13:16
115	1350	ANDREIA ROCHA	DeixemPassar	Senior Feminino	02:12:36	+01:16:13	13:16
116	1522	Helena D Martins	Individual	Senior Feminino	02:12:36	+01:16:13	13:16
117	1523	Isabel Domingues	Individual	Senior Feminino	02:12:36	+01:16:13	13:16
118	1504	Sara gomes	HD Training	Senior Feminino	02:13:27	+01:17:04	13:21
119	1018	Maria Clara	6Pack Team	Senior Feminino	02:13:47	+01:17:24	13:23
120	1017	Guilhermina Gomes	6Pack Team	Senior Feminino	02:13:47	+01:17:24	13:23
121	1016	Diana Vieira	6Pack Team	Senior Feminino	02:13:47	+01:17:24	13:23
122	1019	Rita Gonçalves	6Pack Team	Senior Feminino	02:13:47	+01:17:24	13:23
123	1306	Vanessa Soares	CrossFit Vale do Ave	Senior Feminino	02:13:58	+01:17:35	13:24
124	1293	Delfina Rompante	CrossFit Vale do Ave	Senior Feminino	02:13:58	+01:17:36	13:24
125	1001	Catarina Silva	#Partetudo	Senior Feminino	02:16:13	+01:19:50	13:37
126	1002	Silvia Pereira	#Partetudo	Senior Feminino	02:16:13	+01:19:50	13:37
127	1495	Adriana Filipa Silva Xavier	Hakuna Matata	Senior Feminino	02:16:20	+01:19:57	13:38
128	1065	LICÍNIA MANUELA BARROS SARAIVA DIAS	Apanha-nos se puderes	Senior Feminino	02:16:49	+01:20:26	13:41

Guerreiro

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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129	1301	Raquel Gonçalves	CrossFit Vale do Ave	Senior Feminino	02:16:57	+01:20:34	13:42
130	1812	Rute Gabriela Da Silva Ribeiro	RR Team	Senior Feminino	02:18:20	+01:21:57	13:50
131	1811	RUI JOÃO LEITE DE CASTRO	RR Team	Senior Feminino	02:18:21	+01:21:59	13:50
132	1497	Sonia Daniela Paredes Rodrigues	Hakuna Matata	Senior Feminino	02:18:41	+01:22:18	13:52
133	1496	Ana Catarina Silva Rodrigues	Hakuna Matata	Senior Feminino	02:18:42	+01:22:19	13:52
134	1136	LUZ PIMENTA	BEST CROSS AMARES	Senior Feminino	02:20:46	+01:24:23	14:05
135	1189	Catarina Cunha Fernandes	Bukan krav maga	Senior Feminino	02:20:52	+01:24:29	14:05
136	1919	Liliana Moreira	TEAM SODIDA	Senior Feminino	02:21:05	+01:24:43	14:07
137	1918	Carla Pinho	TEAM SODIDA	Senior Feminino	02:21:07	+01:24:44	14:07
138	1731	MARIA GORETI CUNHA DIAS	Os Magnificos	Senior Feminino	02:21:18	+01:24:55	14:08
139	1920	Sylvia Perdigão	TEAM SODIDA	Senior Feminino	02:21:21	+01:24:59	14:08
140	1921	Tânia Ferreira	TEAM SODIDA	Senior Feminino	02:21:22	+01:24:59	14:08
141	1836	Cristina Teixeira	Solemates	Senior Feminino	02:21:43	+01:25:20	14:10
142	1835	Ana Pinto	Solemates	Senior Feminino	02:21:43	+01:25:21	14:10
143	1643	Hortensia Fernández	NORTH COAST OCR´S	Senior Feminino	02:22:26	+01:26:04	14:15
144	1131	Glória Gomes	BEST CROSS AMARES	Senior Feminino	02:22:29	+01:26:06	14:15
145	1137	MARGARIDA PIMENTA	BEST CROSS AMARES	Senior Feminino	02:22:30	+01:26:07	14:15
146	1789	Emília Faria	Power Team	Senior Feminino	02:24:31	+01:28:08	14:27
147	1291	Cláudia Araújo	CrossFit Vale do Ave	Senior Feminino	02:24:51	+01:28:28	14:29
148	1132	Joana Pereira	BEST CROSS AMARES	Senior Feminino	02:24:51	+01:28:28	14:29
149	2000	MARIA DA LUZ SILVA FERNANDES	CMA	Senior Feminino	02:24:53	+01:28:30	14:29
150	1729	Fernanda Fernandes	Os Magnificos	Senior Feminino	02:25:13	+01:28:50	14:31
151	1903	Mónica da Silva	Tania Azevedo	Senior Feminino	02:25:19	+01:28:56	14:32
152	1901	Mara Vilela	Tania Azevedo	Senior Feminino	02:25:19	+01:28:57	14:32
153	1998	ELISABETE ANDRADE AZEVEDO	CMA	Senior Feminino	02:25:29	+01:29:06	14:33
154	1999	SANDRA BRAGA DIAS COSTA	CMA	Senior Feminino	02:25:33	+01:29:10	14:33
155	1787	ROSA ALVES	Power Team	Senior Feminino	02:26:12	+01:29:49	14:37
156	1275	Heather Nettleship	Cross the line	Senior Feminino	02:26:17	+01:29:54	14:38
157	1665	Nilce Peixoto	OS ANDARILHOS	Senior Feminino	02:27:00	+01:30:38	14:42
158	1806	Diana Sousa	Rosa chiclete	Senior Feminino	02:27:28	+01:31:05	14:45
159	1803	Andreia Prazeres	Rosa chiclete	Senior Feminino	02:28:29	+01:32:06	14:51
160	1730	Joana Prim	Os Magnificos	Senior Feminino	02:29:05	+01:32:42	14:55
161	1824	Sílvia Maria da Silva Rodrigues Pinheiro	SaiamDaFrente	Senior Feminino	02:29:30	+01:33:07	14:57
162	1804	Carla Carmina	Rosa chiclete	Senior Feminino	02:29:32	+01:33:09	14:57
163	1805	Carolina Rosas	Rosa chiclete	Senior Feminino	02:29:38	+01:33:15	14:58
164	1807	Vera Costa	Rosa chiclete	Senior Feminino	02:29:48	+01:33:26	14:59
165	1728	Ana Mendes Lopes	Os Magnificos	Senior Feminino	02:30:18	+01:33:55	15:02
166	1791	MARILIA SOARES	Power Team	Senior Feminino	02:32:25	+01:36:02	15:15
167	1470	Sandra Manuela da Costa Braga	GTeam	Senior Feminino	02:32:39	+01:36:16	15:16
168	1468	Cláudia Sofia Fernandes Marques	GTeam	Senior Feminino	02:32:39	+01:36:16	15:16
169	1471	Sónia Isabel Gonçalves da Costa	GTeam	Senior Feminino	02:32:40	+01:36:17	15:16
170	1296	Elsa Silva	CrossFit Vale do Ave	Senior Feminino	02:34:21	+01:37:58	15:26
171	1289	Ana Rita Trocado	CrossFit Vale do Ave	Senior Feminino	02:34:21	+01:37:59	15:26
172	1469	Sandra Isabel Silva dos Santos	GTeam	Senior Feminino	02:34:23	+01:38:00	15:26
173	1414	Mariana Silva Barbosa	FanecasRunners	Senior Feminino	02:34:25	+01:38:02	15:27
174	1412	Catarina Silva Barbosa	FanecasRunners	Senior Feminino	02:34:35	+01:38:12	15:28

Guerreiro

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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175	1413	Joana Filipa Barbosa Barreto	FanecasRunners	Senior Feminino	02:34:35	+01:38:13	15:28
176	1415	Patrícia Rocha Morais Barreto	FanecasRunners	Senior Feminino	02:34:36	+01:38:13	15:28
177	1675	Cláudia Silva	Os ATM	Senior Feminino	02:36:07	+01:39:44	15:37
178	1676	Márcia Silva	Os ATM	Senior Feminino	02:36:07	+01:39:44	15:37
179	1453	Noémia Paiva	Garfield's Team	Senior Feminino	02:37:03	+01:40:40	15:42
180	1452	Joana Cruz	Garfield's Team	Senior Feminino	02:37:04	+01:40:41	15:42
181	1303	Selma Brigite	CrossFit Vale do Ave	Senior Feminino	02:37:04	+01:40:41	15:42
182	1616	Joana Filipa Marques Veiga	HD Training	Senior Feminino	02:37:25	+01:41:02	15:45
183	1607	Carmo Silva	HD Training	Senior Feminino	02:37:28	+01:41:06	15:45
184	1821	Cristina Veloso de carvalho	SaiamDaFrente	Senior Feminino	02:37:34	+01:41:11	15:45
185	1819	Amandine da Cunha Martins	SaiamDaFrente	Senior Feminino	02:37:49	+01:41:26	15:47
186	1826	Virginie Almeida de Sousa	SaiamDaFrente	Senior Feminino	02:37:50	+01:41:28	15:47
187	1823	Sara Manuela Pereira Monteiro (PIPS)	SaiamDaFrente	Senior Feminino	02:37:53	+01:41:31	15:47
188	1788	ELISABETE MAGALHÃES	Power Team	Senior Feminino	02:38:16	+01:41:53	15:50
189	1197	Matilde Ortigão Delgado	Bukan krav maga	Senior Feminino	02:38:42	+01:42:19	15:52
190	1352	GISELA SOUSA	DeixemPassar	Senior Feminino	02:39:23	+01:43:01	15:56
191	1172	MONICA FERNANDES	Bruno-Tir Team	Senior Feminino	02:39:25	+01:43:02	15:57
192	1170	EDUARDA MENDES	Bruno-Tir Team	Senior Feminino	02:39:25	+01:43:02	15:57
193	1748	Silvia Fernandes	Oticas Minho	Senior Feminino	02:39:39	+01:43:16	15:58
194	1747	Sara Araújo	Oticas Minho	Senior Feminino	02:39:41	+01:43:18	15:58
195	1354	MARIA JOSÉ FERNANDES	DeixemPassar	Senior Feminino	02:40:04	+01:43:42	16:00
196	1196	Maria sampaio	Bukan krav maga	Senior Feminino	02:40:17	+01:43:54	16:02
197	1969	Sónia Almeida	Turbinadas	Senior Feminino	02:40:29	+01:44:06	16:03
198	1357	Sandra Maria Góis Passos	DeixemPassar	Senior Feminino	02:40:30	+01:44:07	16:03
199	1961	Ana Luísa Pereira	Turbinadas	Senior Feminino	02:40:59	+01:44:36	16:06
200	1356	ROSA JOANA ALVES	DeixemPassar	Senior Feminino	02:41:00	+01:44:38	16:06
201	1353	MARIA FATIMA SOARES SILVA	DeixemPassar	Senior Feminino	02:41:01	+01:44:38	16:06
202	1425	Alexandra Isabel Ribeiro Teibão Fernandes	FunMove - Challenge Your Limits !	Senior Feminino	02:41:27	+01:45:04	16:09
203	1968	Marta Alves	Turbinadas	Senior Feminino	02:41:37	+01:45:14	16:10
204	1563	Cristina Monteiro	Letsgo	Senior Feminino	02:41:49	+01:45:26	16:11
205	1559	Adelia Gomes	Letsgo	Senior Feminino	02:41:49	+01:45:26	16:11
206	1287	Ana Alexandrina	CrossFit Vale do Ave	Senior Feminino	02:42:02	+01:45:39	16:12
207	1962	Carla Mota	Turbinadas	Senior Feminino	02:42:48	+01:46:25	16:17
208	1198	Raquel Francisco	Bukan krav maga	Senior Feminino	02:42:50	+01:46:28	16:17
209	1964	Carolina Queirós	Turbinadas	Senior Feminino	02:43:49	+01:47:26	16:23
210	1560	ANA ANDRADE	Letsgo	Senior Feminino	02:44:12	+01:47:49	16:25
211	1785	ALDA MARIA R. A. DE SOUSA	Power Team	Senior Feminino	02:44:45	+01:48:22	16:29
212	1786	ANDREA CARVALHO MORAIS	Power Team	Senior Feminino	02:44:45	+01:48:22	16:29
213	1185	Ana Sofia Macedo Parente	Bukan krav maga	Senior Feminino	02:44:53	+01:48:30	16:29
214	1182	Ana Bárbara	Bukan krav maga	Senior Feminino	02:44:53	+01:48:30	16:29
215	1566	Margarida da Conceição da Mota Pires	Letsgo	Senior Feminino	02:44:54	+01:48:31	16:29
216	1989	Ana Margarida Malheiro Guimarães	Wacky Racers	Senior Feminino	02:45:07	+01:48:44	16:31
217	1991	Bárbara Daniela Silva	Wacky Racers	Senior Feminino	02:45:08	+01:48:45	16:31
218	1990	Ariana Ferreira	Wacky Racers	Senior Feminino	02:45:08	+01:48:45	16:31
219	1992	Liliana Meleiro Esteves	Wacky Racers	Senior Feminino	02:45:08	+01:48:45	16:31
220	1008	Silvia Dinis	5.7 CrossFit | GUIMARÃES	Senior Feminino	02:46:10	+01:49:47	16:37

Guerreiro

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

221	1900	Joana Viana	Tania Azevedo	Senior Feminino	02:46:12	+01:49:49	16:37
222	1009	Vânia Lima	5.7 CrossFit | GUIMARÃES	Senior Feminino	02:46:50	+01:50:27	16:41
223	1902	Maria da Luz Pinto	Tania Azevedo	Senior Feminino	02:47:08	+01:50:45	16:43
224	1899	Daniela Cunha	Tania Azevedo	Senior Feminino	02:47:09	+01:50:46	16:43
225	1168	Diana Vilaça	Bracara Crossfit	Senior Feminino	02:47:52	+01:51:29	16:47
226	1139	SILVIA GOMES	BEST CROSS AMARES	Senior Feminino	02:48:06	+01:51:43	16:49
227	1603	Ana Catarina Rocha Queirós	HD Training	Senior Feminino	02:49:06	+01:52:43	16:55
228	1565	Ines Monteiro	Letsgo	Senior Feminino	02:49:17	+01:52:54	16:56
229	1878	Sofia abreu	SWATcamp	Senior Feminino	02:49:27	+01:53:04	16:57
230	1954	Stephanie Antunes	The Fênix	Senior Feminino	02:50:14	+01:53:51	17:01
231	1428	Cláudia Vieiria	FunMove - Challenge Your Limits !	Senior Feminino	02:50:48	+01:54:26	17:05
232	1897	Anabela Rodrigues	Tania Azevedo	Senior Feminino	02:50:54	+01:54:31	17:05
233	1951	Ana Cerqueira	The Fênix	Senior Feminino	02:51:21	+01:54:59	17:08
234	1953	Lara Catalão	The Fênix	Senior Feminino	02:51:22	+01:54:59	17:08
235	1952	JOSÉ MANUEL LOPES GONÇALVES	The Fênix	Senior Feminino	02:51:22	+01:54:59	17:08
236	1874	Marlene freitas	SWATcamp	Senior Feminino	02:52:15	+01:55:52	17:14
237	1430	Juliana Silva	FunMove - Challenge Your Limits !	Senior Feminino	02:52:15	+01:55:53	17:14
238	1876	Natália Teixeira	SWATcamp	Senior Feminino	02:52:15	+01:55:53	17:14
239	1875	Monica ferreira	SWATcamp	Senior Feminino	02:53:04	+01:56:41	17:18
240	1427	Ana Rita	FunMove - Challenge Your Limits !	Senior Feminino	02:53:34	+01:57:11	17:21
241	1904	Tania Azevedo	Tania Azevedo	Senior Feminino	02:53:42	+01:57:19	17:22
242	1426	Ana Filipa Fernandes	FunMove - Challenge Your Limits !	Senior Feminino	02:54:20	+01:57:57	17:26
243	1432	Rita Lopes	FunMove - Challenge Your Limits !	Senior Feminino	02:54:29	+01:58:07	17:27
244	1502	Ana Mafalda Moreira Pedroso	HD Training	Senior Feminino	02:54:44	+01:58:21	17:28
245	1431	Maria Joaquina Abreu	FunMove - Challenge Your Limits !	Senior Feminino	02:55:07	+01:58:44	17:31
246	1606	carmen felix carvalho moreira	HD Training	Senior Feminino	02:56:48	+02:00:25	17:41
247	1870	Claudia ribeiro	SWATcamp	Senior Feminino	02:57:03	+02:00:40	17:42
248	1703	Cláudia Lima	OS FELIZES	Senior Feminino	02:57:36	+02:01:13	17:46
249	1790	JULIANA JANELA	Power Team	Senior Feminino	02:57:45	+02:01:22	17:47
250	1880	Sylvie Ribeiro	SWATcamp	Senior Feminino	03:00:01	+02:03:38	18:00
251	1614	Inês Moreira Coelho	HD Training	Senior Feminino	03:00:14	+02:03:51	18:01
252	1597	Raquel Vilaça	Mud'r Fuckers	Senior Feminino	03:00:36	+02:04:14	18:04
253	1594	Daniela Ferreira	Mud'r Fuckers	Senior Feminino	03:00:38	+02:04:15	18:04
254	1595	Joana Amaro	Mud'r Fuckers	Senior Feminino	03:00:38	+02:04:15	18:04
255	1712	Raquel de Sousa	OS FELIZES	Senior Feminino	03:00:41	+02:04:18	18:04
256	1707	Lígia Silva	OS FELIZES	Senior Feminino	03:00:45	+02:04:22	18:05
257	1709	Mónica Carvalho	OS FELIZES	Senior Feminino	03:00:59	+02:04:36	18:06
258	1708	Marília Mourão	OS FELIZES	Senior Feminino	03:01:00	+02:04:37	18:06
259	1710	Natália Sousa	OS FELIZES	Senior Feminino	03:01:25	+02:05:02	18:09
260	1615	joana claudia pinheiro rego	HD Training	Senior Feminino	03:01:50	+02:05:28	18:11
261	1605	Ana Rita Rodrigues Pimenta	HD Training	Senior Feminino	03:01:51	+02:05:29	18:11
262	1705	Felicidade Carneiro	OS FELIZES	Senior Feminino	03:02:35	+02:06:12	18:16
263	1873	Maria Anjos	SWATcamp	Senior Feminino	03:03:32	+02:07:09	18:21
264	1521	Adriana Moreira	Individual	Senior Feminino	03:03:49	+02:07:26	18:23
265	1613	inês joão leite da costa	HD Training	Senior Feminino	03:03:54	+02:07:31	18:23
266	1621	stephany dyan coraggio	HD Training	Senior Feminino	03:03:55	+02:07:32	18:24

Guerreiro

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

267	1032	Patricia Teixeira	Academia Best Club	Senior Feminino	03:04:48	+02:08:25	18:29
268	1027	Filipa Pinto	Academia Best Club	Senior Feminino	03:04:59	+02:08:36	18:30
269	1034	Sofia Moita	Academia Best Club	Senior Feminino	03:05:07	+02:08:44	18:31
270	1031	Marta Pinto	Academia Best Club	Senior Feminino	03:05:09	+02:08:46	18:31
271	1604	ana maria carvalho moreira	HD Training	Senior Feminino	03:05:11	+02:08:48	18:31
272	1879	Sofia pereira	SWATcamp	Senior Feminino	03:05:28	+02:09:05	18:33
273	1025	Amanda Ventura	Academia Best Club	Senior Feminino	03:05:50	+02:09:27	18:35
274	1033	Rogério Lima	Academia Best Club	Senior Feminino	03:06:09	+02:09:47	18:37
275	1028	Ivone Duarte	Academia Best Club	Senior Feminino	03:06:29	+02:10:07	18:39
276	1525	Mariana Carvalho	Individual	Senior Feminino	03:06:38	+02:10:15	18:40
277	2024	Marta Ferreira	ARC Vale S Cosme	Senior Feminino	03:06:47	+02:10:25	18:41
278	1298	Isabel Salgueirinho	CrossFit Vale do Ave	Senior Feminino	03:07:17	+02:10:54	18:44
279	1288	Ana Moura	CrossFit Vale do Ave	Senior Feminino	03:07:17	+02:10:55	18:44
280	1157	Mariana Pereira	Bio Team	Senior Feminino	03:08:04	+02:11:41	18:48
281	1153	Cláudia Amaral	Bio Team	Senior Feminino	03:08:08	+02:11:45	18:49
282	1156	Isabel Rangel	Bio Team	Senior Feminino	03:08:08	+02:11:45	18:49
283	1154	Dulce Fernandes	Bio Team	Senior Feminino	03:08:10	+02:11:47	18:49
284	1503	Joana ilva Lázaro Rodrigues	HD Training	Senior Feminino	03:09:16	+02:12:54	18:56
285	1706	Isabel Cristina das Neves Nunes	OS FELIZES	Senior Feminino	03:09:51	+02:13:28	18:59
286	1299	JOANA SILVA	CrossFit Vale do Ave	Senior Feminino	03:10:37	+02:14:14	19:04
287	1527	Rita Ribeiro Azevedo	Individual	Senior Feminino	03:10:38	+02:14:15	19:04
288	1655	SANDRINA MACEDO	OCR Police Challenge	Senior Feminino	03:10:41	+02:14:18	19:04
289	1576	ANA MARGARIDA MARQUES VIEIRA	MISSÃO AMAR(ES)	Senior Feminino	03:10:50	+02:14:27	19:05
290	1704	Elisa Sofia Marques Portilho	OS FELIZES	Senior Feminino	03:12:05	+02:15:42	19:13
291	1024	Alice Carvalho	Academia Best Club	Senior Feminino	03:12:33	+02:16:11	19:15
292	1026	Cristina Costa	Academia Best Club	Senior Feminino	03:12:34	+02:16:11	19:15
293	1713	Sandra Rocha	OS FELIZES	Senior Feminino	03:12:36	+02:16:13	19:16
294	1711	Patricia Alexandra Oliveira Neves	OS FELIZES	Senior Feminino	03:12:45	+02:16:22	19:17
295	1701	Ana Cristina Araújo de Almeida	OS FELIZES	Senior Feminino	03:12:46	+02:16:23	19:17
296	1981	Ana Raquel Esteves	VROCO	Senior Feminino	03:13:00	+02:16:37	19:18
297	1983	Patrícia Pimenta	VROCO	Senior Feminino	03:13:00	+02:16:37	19:18
298	1984	Silvia Pereira	VROCO	Senior Feminino	03:13:00	+02:16:38	19:18
299	1982	Catarina Silva	VROCO	Senior Feminino	03:13:01	+02:16:38	19:18
300	1304	Sofia Naldinho	CrossFit Vale do Ave	Senior Feminino	03:13:11	+02:16:49	19:19
301	1295	Elsa Cunha	CrossFit Vale do Ave	Senior Feminino	03:13:14	+02:16:52	19:19
302	1294	Eliana Guedes	CrossFit Vale do Ave	Senior Feminino	03:13:15	+02:16:52	19:20
303	1714	Susana Isabel da Cunha Vasconcelos	OS FELIZES	Senior Feminino	03:13:51	+02:17:28	19:23
304	1715	Susana Pereira	OS FELIZES	Senior Feminino	03:14:09	+02:17:46	19:25
305	1940	Susana Silva	TeamLiberty	Senior Feminino	03:14:22	+02:17:59	19:26
306	1702	Andreia Patricia Casaleiro de Oliveira	OS FELIZES	Senior Feminino	03:15:28	+02:19:05	19:33
307	1593	Cristina Araújo	Mud'r Fuckers	Senior Feminino	03:16:00	+02:19:37	19:36
308	1596	Paula Moura	Mud'r Fuckers	Senior Feminino	03:16:00	+02:19:38	19:36
309	1578	Catarina Augusta da Silva Gonçalves	MISSÃO AMAR(ES)	Senior Feminino	03:16:04	+02:19:41	19:36
310	1577	ÂNGELA CARINA PINHEIRO DA SILVA	MISSÃO AMAR(ES)	Senior Feminino	03:16:04	+02:19:41	19:36
311	1580	JOANA CATARINA VELOSO FERNANDES	MISSÃO AMAR(ES)	Senior Feminino	03:16:04	+02:19:41	19:36

Guerreiro

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

312	1582	MÓNICA AZEVEDO ESTEVES	MISSÃO AMAR(ES)	Senior Feminino	03:16:04	+02:19:41	19:36
313	1579	GABRIELA MARTINS	MISSÃO AMAR(ES)	Senior Feminino	03:16:05	+02:19:42	19:37
314	1300	Lia Costa	CrossFit Vale do Ave	Senior Feminino	03:17:15	+02:20:52	19:44
315	1877	Paula Mesquita	SWATcamp	Senior Feminino	03:17:39	+02:21:16	19:46
316	1029	Luzia Lopes	Academia Best Club	Senior Feminino	03:18:55	+02:22:32	19:54
317	1933	Gabriel Silva	TeamLiberty	Senior Feminino	03:20:33	+02:24:10	20:03
318	1030	Maria dos Anjos	Academia Best Club	Senior Feminino	03:21:18	+02:24:55	20:08
319	1931	Cláudia Teixeira	TeamLiberty	Senior Feminino	03:23:13	+02:26:50	20:19
320	1939	Sandra Araujo	TeamLiberty	Senior Feminino	03:23:32	+02:27:09	20:21
321	1934	Lurdes Marques	TeamLiberty	Senior Feminino	03:24:37	+02:28:15	20:28
322	1276	Maria do Patrocínio Cardoso	CrossFit Famalicão	Senior Feminino	03:29:45	+02:33:22	20:59
323	1191	Elsa Vilaça	Bukan krav maga	Senior Feminino	03:31:11	+02:34:48	21:07
324	1187	Bruna Abreu	Bukan krav maga	Senior Feminino	03:31:12	+02:34:49	21:07
325	1183	Ana Cordeiro	Bukan krav maga	Senior Feminino	03:31:12	+02:34:49	21:07
326	1193	Isabel Vieira	Bukan krav maga	Senior Feminino	03:31:13	+02:34:50	21:07
327	1199	Sara Silva	Bukan krav maga	Senior Feminino	03:31:14	+02:34:51	21:07
328	1186	Andreia Lima	Bukan krav maga	Senior Feminino	03:31:15	+02:34:52	21:08
329	1278	Sandra Gonçalves	CrossFit Famalicão	Senior Feminino	03:31:25	+02:35:02	21:09
330	1279	Tânia Marques	CrossFit Famalicão	Senior Feminino	03:31:48	+02:35:25	21:11

Senior Masculino

1	1973	André Sousa Loureiro	VFs	Senior Masculino	56:22		05:38
2	1115	Hugo Araújo	B.T.M.	Senior Masculino	56:23	+00:00	05:38
3	1112	Diogo Araújo	B.T.M.	Senior Masculino	56:52	+00:29	05:41
4	1653	Sera Corral Prado	NORTH COAST OCR´S	Senior Masculino	01:00:38	+04:15	06:04
5	1543	MIGUEL TINOCO	BEST CROSS AMARES	Senior Masculino	01:04:21	+07:58	06:26
6	1119	Nuno Dantas	B.T.M.	Senior Masculino	01:04:46	+08:23	06:29
7	1113	Duarte Fernandes	B.T.M.	Senior Masculino	01:05:05	+08:43	06:31
8	1069	ANTÓNIO JOSÉ SOUSA FERNANDES	Apanha-nos se puderes	Senior Masculino	01:05:22	+08:59	06:32
9	1082	TIAGO MARTINS	Aventureiros	Senior Masculino	01:05:26	+09:03	06:33
10	1913	MIGUEL PAREDES	TEAM ALIVE FITNESS TROFA	Senior Masculino	01:06:05	+09:42	06:37
11	1911	HORÁCIO REIS	TEAM ALIVE FITNESS TROFA	Senior Masculino	01:06:26	+10:03	06:39
12	1490	Bruno Sampaio	Habcarpintaria	Senior Masculino	01:06:38	+10:15	06:40
13	1492	Hugo Sampaio	Habcarpintaria	Senior Masculino	01:06:41	+10:18	06:40
14	1423	Emílio carvalho	Forfunteam	Senior Masculino	01:06:55	+10:32	06:42
15	1107	André Santos	B.T.M.	Senior Masculino	01:06:58	+10:35	06:42
16	1652	martin gonzalo landolfi	NORTH COAST OCR´S	Senior Masculino	01:07:40	+11:17	06:46
17	1648	Angel Luis Carlon Alvarez	NORTH COAST OCR´S	Senior Masculino	01:07:40	+11:17	06:46
18	1691	Tiago Campos	Os ATM	Senior Masculino	01:09:13	+12:51	06:55
19	1651	Ivan Fernandez Alvarez	NORTH COAST OCR´S	Senior Masculino	01:09:32	+13:09	06:57
20	1081	Rui Pedro Pereira Rodrigues	Aventureiros	Senior Masculino	01:09:44	+13:21	06:58
21	1677	Rui Silva	Os ATM	Senior Masculino	01:09:55	+13:32	07:00
22	1646	Alex Rguez Zango	NORTH COAST OCR´S	Senior Masculino	01:10:14	+13:51	07:01
23	1627	FILIPE MARQUES	N14 CrossFit Braga	Senior Masculino	01:11:20	+14:57	07:08
24	1491	Elson Carvalho	Habcarpintaria	Senior Masculino	01:11:31	+15:08	07:09

Guerreiro

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

25	1531	Antonio miguel soares martins	Individual	Senior Masculino	01:11:36	+15:14	07:10
26	1072	SÉRGIO JOSÉ DA CUNHA TORRES	Apanha-nos se puderes	Senior Masculino	01:11:47	+15:24	07:11
27	1098	Helder Torres	B.T.M.	Senior Masculino	01:12:28	+16:05	07:15
28	1261	Nuno Filipe Ferreira	Burger King United	Senior Masculino	01:12:40	+16:17	07:16
29	1611	FILIPE LOURENÇO SIMÕES	N14 CrossFit Braga	Senior Masculino	01:12:42	+16:19	07:16
30	1144	Eduardo Emanuel Andrade Faria	BEST CROSS AMARES	Senior Masculino	01:12:45	+16:22	07:17
31	1533	DOMINGOS CÉSAR RIBEIRO DE BARROS	Individual	Senior Masculino	01:12:51	+16:28	07:17
32	1628	Flávio Caldas	N14 CrossFit Braga	Senior Masculino	01:13:09	+16:46	07:19
33	1624	André Silva	N14 CrossFit Braga	Senior Masculino	01:13:20	+16:58	07:20
34	1749	Benjamim Cruz	Oticas Minho	Senior Masculino	01:13:24	+17:01	07:20
35	1855	César Augusto Vieira Antunes	Somos+Q6	Senior Masculino	01:13:25	+17:02	07:21
36	1862	José Silva	Somos+Q6	Senior Masculino	01:13:54	+17:31	07:23
37	1861	José Rodrigues	Somos+Q6	Senior Masculino	01:13:54	+17:31	07:23
38	1852	Alexandre Filipe Correia Serafim	Somos+Q6	Senior Masculino	01:13:55	+17:32	07:24
39	1461	Bruno Costa	geofriends	Senior Masculino	01:14:24	+18:01	07:26
40	1462	Ivo Carvalho	geofriends	Senior Masculino	01:14:34	+18:11	07:27
41	1409	Bruno Rodrigues	EAC	Senior Masculino	01:15:11	+18:48	07:31
42	1689	Rui Oliveira	Os ATM	Senior Masculino	01:16:54	+20:31	07:41
43	1977	Marco Filipe Silva Santos	VFs	Senior Masculino	01:16:55	+20:32	07:42
44	1386	MANUEL RIBEIRO COSTA	DIVAMARES	Senior Masculino	01:16:57	+20:34	07:42
45	1111	César Carvalho	B.T.M.	Senior Masculino	01:17:02	+20:39	07:42
46	1116	Jorge Pereira	B.T.M.	Senior Masculino	01:17:14	+20:51	07:43
47	1408	Bruno Paradela	EAC	Senior Masculino	01:17:15	+20:53	07:44
48	1683	Eduardo Nogueira	Os ATM	Senior Masculino	01:17:29	+21:07	07:45
49	1265	Vitor Manuel Mendes	Burger King United	Senior Masculino	01:17:35	+21:12	07:46
50	1775	Carlos Valdemar Silva Sousa	Over the Limit	Senior Masculino	01:17:35	+21:12	07:46
51	1764	André Brandão	Over the Limit	Senior Masculino	01:17:36	+21:13	07:46
52	1553	MARCO ALBERTINO GOMES MAIA	Individual	Senior Masculino	01:17:37	+21:14	07:46
53	1976	Manuel António Figueiredo da Silva	VFs	Senior Masculino	01:17:51	+21:28	07:47
54	1975	Joaquim José Silva Faria Oliveira	VFs	Senior Masculino	01:17:51	+21:29	07:47
55	1080	Ricardo Ferreira	Aventureiros	Senior Masculino	01:18:21	+21:58	07:50
56	1410	João Gonçalves	EAC	Senior Masculino	01:18:29	+22:06	07:51
57	1633	Luís Queirós	N14 CrossFit Braga	Senior Masculino	01:18:30	+22:07	07:51
58	1680	André Brandão	Os ATM	Senior Masculino	01:18:31	+22:09	07:51
59	1122	Tiago Moreira	B.T.M.	Senior Masculino	01:18:48	+22:25	07:53
60	1638	PAULO OLIVEIRA	N14 CrossFit Braga	Senior Masculino	01:18:49	+22:26	07:53
61	1258	Alexandre SOUSA	Burger King United	Senior Masculino	01:18:55	+22:32	07:54
62	2003	Rui Manuel Manso Nogueira	CSE Hools	Senior Masculino	01:19:03	+22:41	07:54
63	1108	André Silva	B.T.M.	Senior Masculino	01:19:30	+23:07	07:57
64	1346	Agostinho Domingos Brandão da Cunha	CVP Amares	Senior Masculino	01:19:37	+23:14	07:58
65	1690	Sergio Ventura	Os ATM	Senior Masculino	01:20:21	+23:58	08:02
66	1657	GONÇALO FREITAS	OLIMPICO VIANENSE TRAIL	Senior Masculino	01:20:58	+24:35	08:06
67	1106	Agostinho Maia	B.T.M.	Senior Masculino	01:21:09	+24:46	08:07
68	1734	António Baptista	Os Magnificos	Senior Masculino	01:21:18	+24:55	08:08
69	53	Tiago Oliveira	Tania Azevedo	Senior Masculino	01:21:37	+25:14	08:10

Guerreiro

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

70	2002	João André da Silva Borges	CSE Hools	Senior Masculino	01:21:46	+25:23	08:11
71	1756	Paulo Névoa	Oticas Minho	Senior Masculino	01:21:49	+25:26	08:11
72	2005	César Diogo Freitas Pereira	CSE Hools	Senior Masculino	01:22:05	+25:42	08:13
73	1757	João Cunha	Oticas Minho	Senior Masculino	01:22:10	+25:47	08:13
74	1574	Hugo Ribeiro	Los Bitchos	Senior Masculino	01:22:11	+25:48	08:13
75	1110	Bruno Santos	B.T.M.	Senior Masculino	01:22:16	+25:53	08:14
76	1123	Vitor Ramalho	B.T.M.	Senior Masculino	01:22:16	+25:53	08:14
77	1262	Paulo Sérgio Silva	Burger King United	Senior Masculino	01:22:38	+26:15	08:16
78	1078	Nuno Santos	Aventureiros	Senior Masculino	01:22:38	+26:15	08:16
79	1551	Pedro Rego	Individual	Senior Masculino	01:22:48	+26:26	08:17
80	1979	Sérgio Figueiredo	VFs	Senior Masculino	01:22:53	+26:30	08:17
81	1978	Samuel Sousa Loureiro	VFs	Senior Masculino	01:23:01	+26:38	08:18
82	1695	Jorge Carneiro	Os Bond Gaita	Senior Masculino	01:23:19	+26:56	08:20
83	1625	Carlos lomba	N14 CrossFit Braga	Senior Masculino	01:23:30	+27:07	08:21
84	1392	Carlos Pinheiro	Dornelas Runners	Senior Masculino	01:23:41	+27:19	08:22
85	1681	Bruno Mota	Os ATM	Senior Masculino	01:23:43	+27:20	08:22
86	1373	DANIEL ANTÓNIO DA COSTA	DIVAMARES	Senior Masculino	01:23:50	+27:27	08:23
87	1381	JOSÉ AUGUSTO FERREIRA	DIVAMARES	Senior Masculino	01:23:50	+27:27	08:23
88	1379	JOÃO MANUEL FERREIRA SILVA	DIVAMARES	Senior Masculino	01:23:54	+27:31	08:23
89	1489	André Sampaio	Habcarpintaria	Senior Masculino	01:24:00	+27:37	08:24
90	1494	Vitor Araujo	Habcarpintaria	Senior Masculino	01:24:05	+27:42	08:25
91	1382	JOSÉ CÂNDIDO ARAÚJO SILVA	DIVAMARES	Senior Masculino	01:24:21	+27:58	08:26
92	1688	Pedro Ribeiro	Os ATM	Senior Masculino	01:24:23	+28:00	08:26
93	1121	LUÍS FERNANDES	B.T.M.	Senior Masculino	01:24:31	+28:09	08:27
94	1781	Joaquim Jorge Neves Leal	Over the Limit	Senior Masculino	01:25:26	+29:03	08:33
95	1375	FILIPE MOTA RODRIGUES	DIVAMARES	Senior Masculino	01:25:32	+29:10	08:33
96	1349	Joel Vale	Aventureiros	Senior Masculino	01:25:33	+29:10	08:33
97	1368	ALEXANDRE RODRIGUES PINHEIRO	DIVAMARES	Senior Masculino	01:25:37	+29:14	08:34
98	1916	RICARDO CARVALHO	TEAM ALIVE FITNESS TROFA	Senior Masculino	01:25:59	+29:36	08:36
99	1751	Carlos Ribeiro	Oticas Minho	Senior Masculino	01:26:03	+29:40	08:36
100	1917	RUI NUNES	TEAM ALIVE FITNESS TROFA	Senior Masculino	01:26:07	+29:44	08:37
101	1778	Ilídio José Vieira Dias	Over the Limit	Senior Masculino	01:26:17	+29:54	08:38
102	1777	Emanuel Vieira Freitas	Over the Limit	Senior Masculino	01:26:19	+29:57	08:38
103	1868	Vítor Manuel Machado Marques	Somos+Q6	Senior Masculino	01:27:08	+30:45	08:43
104	1592	Nelson Martins da Costa Ferreira	Mix Team	Senior Masculino	01:27:47	+31:24	08:47
105	1148	Moisés Cunha	BEST CROSS AMARES	Senior Masculino	01:27:53	+31:30	08:47
106	1548	MARCOS CABALEIRO BOUZON	Individual	Senior Masculino	01:28:46	+32:23	08:53
107	1500	Luis Carlos Martins Costa	Hakuna Matata	Senior Masculino	01:28:51	+32:28	08:53
108	1542	JOSE LUIS VILLAVERDE SANISIDRO	Individual	Senior Masculino	01:28:53	+32:30	08:53
109	1535	Fernando Vaz	Individual	Senior Masculino	01:29:16	+32:53	08:56
110	1498	André Domingos Costa Pinheiro	Hakuna Matata	Senior Masculino	01:29:21	+32:58	08:56
111	1536	Gabriel Moreira	Individual	Senior Masculino	01:29:33	+33:11	08:57
112	1411	José Martins	EAC	Senior Masculino	01:29:38	+33:15	08:58
113	1678	Adalberto Costa	Os ATM	Senior Masculino	01:29:38	+33:15	08:58
114	1362	Bruno ballesteros	Df Sport Center	Senior Masculino	01:29:42	+33:19	08:58
115	1363	Celso Rubio	Df Sport Center	Senior Masculino	01:29:42	+33:19	08:58

Guerreiro

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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116	1364	David fernandez	Df Sport Center	Senior Masculino	01:29:42	+33:19	08:58
117	1365	Ruben alves	Df Sport Center	Senior Masculino	01:29:42	+33:19	08:58
118	1145	João Roque	BEST CROSS AMARES	Senior Masculino	01:30:02	+33:39	09:00
119	1493	Ricardo Costa	Habcarpintaria	Senior Masculino	01:30:33	+34:10	09:03
120	1286	Rui Meira	CrossFit Famalicão	Senior Masculino	01:30:39	+34:16	09:04
121	1400	Nuno Dias	Dornelas Runners	Senior Masculino	01:30:41	+34:19	09:04
122	1398	Jose Paredes	Dornelas Runners	Senior Masculino	01:30:58	+34:35	09:06
123	1463	Ricardo Mina	geofriends	Senior Masculino	01:31:02	+34:39	09:06
124	1460	António Araújo	geofriends	Senior Masculino	01:31:02	+34:39	09:06
125	1259	Dimantino Carvalho	Burger King United	Senior Masculino	01:31:06	+34:43	09:07
126	1634	Manuel Carneiro Vilas	HD Training	Senior Masculino	01:31:35	+35:12	09:10
127	1391	RUI PEDRO VICENTE DUARTE	DIVAMARES	Senior Masculino	01:31:59	+35:36	09:12
128	1863	Manuel Martins	Somos+Q6	Senior Masculino	01:32:19	+35:56	09:14
129	1390	RICARDO RODRIGUES RIBEIRO	DIVAMARES	Senior Masculino	01:32:35	+36:13	09:16
130	1052	CRISTIANO PEREIRA	AMARBANHO	Senior Masculino	01:33:00	+36:37	09:18
131	2010	JOÃO PEDRO MORAIS	Power Team	Senior Masculino	01:33:15	+36:52	09:20
132	1910	Daniel Santos	TEAM ALIVE FITNESS TROFA	Senior Masculino	01:33:19	+36:56	09:20
133	1867	Tiago Dantas	Somos+Q6	Senior Masculino	01:33:20	+36:57	09:20
134	1629	Francisco Manuel Nogueira da SilvA	HD Training	Senior Masculino	01:33:22	+36:59	09:20
135	1679	Adriano Alves	Os ATM	Senior Masculino	01:33:28	+37:05	09:21
136	1674	Renato Carmo Loureiro	OS ANDARILHOS	Senior Masculino	01:33:32	+37:09	09:21
137	1857	Diogo João Gonçalves Teibão Vieira	Somos+Q6	Senior Masculino	01:33:36	+37:14	09:22
138	1635	Mário Rui Alves Peixoto	HD Training	Senior Masculino	01:33:41	+37:18	09:22
139	1915	RENATO FERREIRA	TEAM ALIVE FITNESS TROFA	Senior Masculino	01:33:49	+37:26	09:23
140	1142	Diogo Borges	BEST CROSS AMARES	Senior Masculino	01:34:10	+37:48	09:25
141	1669	Filipe da Costa Dias	OS ANDARILHOS	Senior Masculino	01:34:12	+37:49	09:25
142	1532	Bruno Miguel Dias Teixeira Machado	Individual	Senior Masculino	01:34:40	+38:17	09:28
143	1856	Clemente José Macedo Pereira	Somos+Q6	Senior Masculino	01:34:42	+38:19	09:28
144	1672	Jose Manuel da Costa Dias	OS ANDARILHOS	Senior Masculino	01:34:46	+38:23	09:29
145	1859	Helder Maximino Couto Barbosa	Somos+Q6	Senior Masculino	01:34:52	+38:29	09:29
146	1960	Samuel Da Silva Gomes	The Mud Machines	Senior Masculino	01:34:56	+38:33	09:30
147	1959	Luis Miguel Guedes Pinto	The Mud Machines	Senior Masculino	01:35:05	+38:42	09:31
148	1796	FRANCISCO LUIS MORAIS	Power Team	Senior Masculino	01:35:07	+38:44	09:31
149	1437	ARMANDO DIOGO SALGADO DIAS	FunMove - Challenge Your Limits !	Senior Masculino	01:35:08	+38:46	09:31
150	1685	Luís Paulo	Os ATM	Senior Masculino	01:35:27	+39:04	09:33
151	1667	Carlos Arezes Araujo	OS ANDARILHOS	Senior Masculino	01:35:28	+39:06	09:33
152	1687	Marco Alves	Os ATM	Senior Masculino	01:35:36	+39:13	09:34
153	1682	Domingos Freitas	Os ATM	Senior Masculino	01:36:05	+39:42	09:37
154	1389	PAULO SÉRGIO TEIXEIRA RIBEIRO	DIVAMARES	Senior Masculino	01:36:07	+39:44	09:37
155	1079	Nuno Sousa	Aventureiros	Senior Masculino	01:36:45	+40:23	09:41
156	1118	Nelson Pinto	B.T.M.	Senior Masculino	01:36:49	+40:26	09:41
157	1264	Tiago André Martins	Burger King United	Senior Masculino	01:36:54	+40:31	09:41
158	1914	RENATO COUTO	TEAM ALIVE FITNESS TROFA	Senior Masculino	01:37:03	+40:40	09:42
159	1818	Joao Luis Pinheiro Afonso	Run4Beer	Senior Masculino	01:37:08	+40:45	09:43
160	1817	Hugo Miguel Neves Rocha	Run4Beer	Senior Masculino	01:37:08	+40:45	09:43
161	1486	Mario Sa	Gym team	Senior Masculino	01:37:19	+40:56	09:44

Guerreiro

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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162	1077	Domingos Manuel Martins Pinto	Aventureiros	Senior Masculino	01:37:24	+41:02	09:44
163	1754	Gaspar Oliveira	Oticas Minho	Senior Masculino	01:37:45	+41:22	09:47
164	1686	Manuel Miranda	Os ATM	Senior Masculino	01:37:53	+41:30	09:47
165	1260	Miguel Duarte	Burger King United	Senior Masculino	01:37:54	+41:31	09:47
166	1218	Paulo Jorge Sousa Alves Ribeiro	Bukan krav maga	Senior Masculino	01:37:59	+41:36	09:48
167	1164	CARLOS MANUEL MARQUES FERNANDES	BOOTCAMP ARCO	Senior Masculino	01:38:00	+41:37	09:48
168	1546	Manuel Silva	Individual	Senior Masculino	01:38:09	+41:47	09:49
169	2004	Bruno Daniel Vieira da Silva	CSE Hools	Senior Masculino	01:38:16	+41:53	09:50
170	1684	Jorge Pinto	Os ATM	Senior Masculino	01:38:17	+41:55	09:50
171	1151	Tiago Silva	BEST CROSS AMARES	Senior Masculino	01:38:28	+42:05	09:51
172	2006	Vitor José Martins de Oliveira	CSE Hools	Senior Masculino	01:38:49	+42:26	09:53
173	1484	André Peixoto	Gym team	Senior Masculino	01:38:58	+42:35	09:54
174	1784	Rui Sérgio Ferreira Leite	Over the Limit	Senior Masculino	01:39:29	+43:06	09:57
175	1482	Daniel Lopes	Gym team	Senior Masculino	01:39:47	+43:25	09:59
176	1488	Ricardo Oliveira	Gym team	Senior Masculino	01:39:49	+43:26	09:59
177	1762	Nuno Cunha	Oticas Minho	Senior Masculino	01:39:51	+43:29	09:59
178	1056	HELDER MACEDO DE SOUSA	AMARBANHO	Senior Masculino	01:39:56	+43:33	10:00
179	1057	PAULO GONÇALVES PEREIRA	AMARBANHO	Senior Masculino	01:39:57	+43:34	10:00
180	2007	Pedro Miguel Pinto Alves	CSE Hools	Senior Masculino	01:39:58	+43:35	10:00
181	1485	Márcio Silva	Gym team	Senior Masculino	01:40:01	+43:38	10:00
182	1487	Pedro Azevedo	Gym team	Senior Masculino	01:40:03	+43:40	10:00
183	1483	Filipe Alexandre	Gym team	Senior Masculino	01:40:04	+43:41	10:00
184	1481	Aurélio Leal	Gym team	Senior Masculino	01:40:09	+43:46	10:01
185	1310	Emanuel Cardoso	CrossFit Vale do Ave	Senior Masculino	01:40:57	+44:34	10:06
186	1528	Alfredo Ricardo Antunes Soares	Individual	Senior Masculino	01:41:06	+44:43	10:07
187	1165	Hugo Filipe Rodrigues Gomes	BOOTCAMP ARCO	Senior Masculino	01:41:35	+45:12	10:10
188	1737	Igor Pinto	Os Magnificos	Senior Masculino	01:42:07	+45:45	10:13
189	1263	Rafael Sousa	Burger King United	Senior Masculino	01:42:24	+46:01	10:14
190	1120	Ricardo Rocha	B.T.M.	Senior Masculino	01:42:28	+46:05	10:15
191	1735	Delfim Costa	Os Magnificos	Senior Masculino	01:42:44	+46:22	10:16
192	1464	Fabio	Ginásio Multiusos Montalegre	Senior Masculino	01:42:50	+46:27	10:17
193	1336	Rómulo Sampaio	CrossFit Vale do Ave	Senior Masculino	01:42:58	+46:35	10:18
194	1338	Rui Torres	CrossFit Vale do Ave	Senior Masculino	01:43:00	+46:37	10:18
195	1865	Rui Lopes	Somos+Q6	Senior Masculino	01:43:38	+47:15	10:22
196	1378	JOÃO HENRIQUE MACEDO	DIVAMARES	Senior Masculino	01:43:58	+47:35	10:24
197	1114	Eduardo Fonseca	B.T.M.	Senior Masculino	01:44:01	+47:38	10:24
198	1200	Abel Mota	Bukan krav maga	Senior Masculino	01:44:08	+47:45	10:25
199	1068	Ângelo Miguel Sousa Martins	Apanha-nos se puderes	Senior Masculino	01:44:28	+48:05	10:27
200	1424	Rui carvalho	Forfunteam	Senior Masculino	01:44:30	+48:07	10:27
201	1318	Hugo Silva	CrossFit Vale do Ave	Senior Masculino	01:44:35	+48:12	10:28
202	1501	Rui André Pereira Ferreira	Hakuna Matata	Senior Masculino	01:44:39	+48:16	10:28
203	1499	Carlos Manuel Abreu Rodrigues	Hakuna Matata	Senior Masculino	01:44:43	+48:20	10:28
204	1783	Leandro José Ribeiro Oliveira Costa	Over the Limit	Senior Masculino	01:44:52	+48:29	10:29
205	1224	José Ricardo Ribeiro	Bukan krav maga	Senior Masculino	01:45:03	+48:40	10:30
206	1780	João Paulo Nunes Pereira	Over the Limit	Senior Masculino	01:45:15	+48:52	10:32
207	1750	Carlos Borges	Oticas Minho	Senior Masculino	01:45:19	+48:57	10:32

Guerreiro

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

208	1313	Fábio Ribeiro	CrossFit Vale do Ave	Senior Masculino	01:45:20	+48:57	10:32
209	1742	Paulo Jorge Silva	Os Magnificos	Senior Masculino	01:45:35	+49:12	10:34
210	1739	José Marques	Os Magnificos	Senior Masculino	01:45:50	+49:27	10:35
211	1732	Andre Daniel da Cunha Fernandes	Os Magnificos	Senior Masculino	01:45:53	+49:31	10:35
212	1058	PEDRO AFONSO CUNHA MARTINS	AMARBANHO	Senior Masculino	01:45:55	+49:33	10:36
213	1554	Paulo Fonseca	Individual	Senior Masculino	01:46:11	+49:49	10:37
214	1958	Guilherme Pais Araújo Soares	The Mud Machines	Senior Masculino	01:46:53	+50:30	10:41
215	1447	LUÍS FILIPE COELHO MAGALHÃES	FunMove - Challenge Your Limits !	Senior Masculino	01:46:58	+50:35	10:42
216	1654	Tino Valle Campo	NORTH COAST OCR´S	Senior Masculino	01:47:25	+51:02	10:45
217	1763	Rui Gonçalves	Oticas Minho	Senior Masculino	01:47:32	+51:09	10:45
218	1760	Luis Filipe Teixeira	Oticas Minho	Senior Masculino	01:47:32	+51:09	10:45
219	1059	RUBEN CARVALHO ROCHA	AMARBANHO	Senior Masculino	01:47:47	+51:24	10:47
220	1761	Miguel Machado	Oticas Minho	Senior Masculino	01:48:12	+51:49	10:49
221	1479	Pedro Gonçalves	Guerreiros do Minho	Senior Masculino	01:48:41	+52:18	10:52
222	1320	João Oliveira	CrossFit Vale do Ave	Senior Masculino	01:48:46	+52:23	10:53
223	1776	Cristiano Emanuel Silva Alves	Over the Limit	Senior Masculino	01:48:50	+52:27	10:53
224	1753	Rui Pereira	Oticas Minho	Senior Masculino	01:48:55	+52:32	10:54
225	1340	Telmo Adriano R. Santos	CrossFit Vale do Ave	Senior Masculino	01:49:06	+52:43	10:55
226	1758	Francisco Veloso	Oticas Minho	Senior Masculino	01:49:18	+52:55	10:56
227	1759	José Venâncio	Oticas Minho	Senior Masculino	01:49:25	+53:03	10:57
228	1664	António Teixeira	ON TOP	Senior Masculino	01:49:42	+53:19	10:58
229	1369	ANTÓNIO FARIA	DIVAMARES	Senior Masculino	01:49:56	+53:33	11:00
230	1864	Rui Filipe Jesus Pinho Cambra	Somos+Q6	Senior Masculino	01:50:32	+54:09	11:03
231	1591	José Pedro Silva Fernandes	Mix Team	Senior Masculino	01:50:36	+54:13	11:04
232	1450	Márcio Rafael Sousa Dias	Gang dos Frangos	Senior Masculino	01:50:45	+54:22	11:05
233	1974	António Miguel Rodrigues Miranda	VFs	Senior Masculino	01:50:50	+54:28	11:05
234	1467	Manuel Peseta	Ginásio Multiusos Montalegre	Senior Masculino	01:50:51	+54:28	11:05
235	1466	Goncalo Peseta	Ginásio Multiusos Montalegre	Senior Masculino	01:50:52	+54:30	11:05
236	1449	Filipe Daniel SIlva Gonçalves	Gang dos Frangos	Senior Masculino	01:50:53	+54:31	11:05
237	1779	João Paulo Ferreira Campos	Over the Limit	Senior Masculino	01:51:03	+54:41	11:06
238	1321	João Paulo Moreira	CrossFit Vale do Ave	Senior Masculino	01:51:24	+55:01	11:08
239	1022	Alberto Silvio Lopes Fernandes	82 hard team	Senior Masculino	01:52:07	+55:44	11:13
240	1023	Bruno Jose Silva Fernandes	82 hard team	Senior Masculino	01:52:07	+55:45	11:13
241	1590	David Luís Cardoso	Mix Team	Senior Masculino	01:52:15	+55:52	11:14
242	1573	Adriano Vieira	Los Bitchos	Senior Masculino	01:52:25	+56:02	11:15
243	1833	Manuel Joaquim Loureiro Gouveia	Soldados Lusos	Senior Masculino	01:52:25	+56:02	11:15
244	1832	Andre Gonçalves Rodrigues	Soldados Lusos	Senior Masculino	01:52:26	+56:03	11:15
245	1575	Rui Gonçalves	Los Bitchos	Senior Masculino	01:52:28	+56:05	11:15
246	1774	André Filipe de Sousa Moreira	Over the Limit	Senior Masculino	01:52:30	+56:08	11:15
247	1371	CÉSAR DA SILVA SOUSA	DIVAMARES	Senior Masculino	01:52:43	+56:21	11:16
248	1816	George Junior Gomes	Run4Beer	Senior Masculino	01:52:50	+56:27	11:17
249	1815	Dylan José Neves Rocha	Run4Beer	Senior Masculino	01:52:50	+56:27	11:17
250	1141	César Cunha	BEST CROSS AMARES	Senior Masculino	01:53:04	+56:41	11:18
251	1834	Miguel Barros Carvalho	Soldados Lusos	Senior Masculino	01:53:34	+57:11	11:21
252	1394	Emanuel Costa	Dornelas Runners	Senior Masculino	01:53:44	+57:21	11:22
253	1042	Pedro Nunes	Academia Best Club	Senior Masculino	01:53:54	+57:31	11:23

Guerreiro

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

254	1043	Pedro Nunes	Academia Best Club	Senior Masculino	01:53:54	+57:31	11:23
255	1330	Pedro Laranjeira	CrossFit Vale do Ave	Senior Masculino	01:54:04	+57:42	11:24
256	1315	Gil Sousa	CrossFit Vale do Ave	Senior Masculino	01:54:29	+58:06	11:27
257	1782	José Romão Magalhães Soares	Over the Limit	Senior Masculino	01:54:55	+58:32	11:30
258	1478	Miguel Braga	Guerreiros do Minho	Senior Masculino	01:55:12	+58:50	11:31
259	1333	Pedro Reis	CrossFit Vale do Ave	Senior Masculino	01:55:23	+59:01	11:32
260	1376	FRANCISCO ANTÓNIO PINHEIRO DA COSTA	DIVAMARES	Senior Masculino	01:55:31	+59:09	11:33
261	1388	NUNO MIGUEL MARTINS TINOCO	DIVAMARES	Senior Masculino	01:55:33	+59:10	11:33
262	1062	RICARDO MELO	AMBIBÉRICA	Senior Masculino	01:55:44	+59:21	11:34
263	1329	Pedro Henrique	CrossFit Vale do Ave	Senior Masculino	01:55:44	+59:21	11:34
264	1109	Bruno Rosas	B.T.M.	Senior Masculino	01:55:58	+59:35	11:36
265	1858	Gerson Manuel Soares Lemos	Somos+Q6	Senior Masculino	01:56:04	+59:41	11:36
266	1866	Rui Pereira	Somos+Q6	Senior Masculino	01:57:09	+01:00:46	11:43
267	1854	António Manuel Gomes Martins	Somos+Q6	Senior Masculino	01:57:09	+01:00:46	11:43
268	1853	André dos Santos Araújo Costa	Somos+Q6	Senior Masculino	01:57:10	+01:00:47	11:43
269	1167	TIAGO ANDRÉ CARNEIRO PEIXOTO	BOOTCAMP ARCO	Senior Masculino	01:57:12	+01:00:49	11:43
270	1308	Anibal Cunha	CrossFit Vale do Ave	Senior Masculino	01:58:02	+01:01:39	11:48
271	1334	Ricardo Crista	CrossFit Vale do Ave	Senior Masculino	01:58:26	+01:02:03	11:51
272	1544	Jose Silva	Individual	Senior Masculino	01:58:35	+01:02:12	11:52
273	1517	Luis Silva	HolmesPlace	Senior Masculino	01:58:36	+01:02:13	11:52
274	1520	Sérgio Bonjardim	HolmesPlace	Senior Masculino	01:58:44	+01:02:22	11:52
275	1514	Hélder Pinto	HolmesPlace	Senior Masculino	01:58:45	+01:02:22	11:53
276	1326	Nelson Pereira	CrossFit Vale do Ave	Senior Masculino	01:58:58	+01:02:35	11:54
277	1086	Filipe Almeida	B.A.C.O.	Senior Masculino	01:59:08	+01:02:45	11:55
278	2009	Manuel José Santos Rebelo	Individual	Senior Masculino	01:59:16	+01:02:53	11:56
279	1733	André Miguel Gonçalves Gomes	Os Magnificos	Senior Masculino	01:59:17	+01:02:54	11:56
280	1630	Hugo Filipe Ferreira Soares	HD Training	Senior Masculino	01:59:18	+01:02:55	11:56
281	1738	João Manuel Ribeiro da Cunha	Os Magnificos	Senior Masculino	01:59:27	+01:03:04	11:57
282	1540	Jonathan Gonçalves	Individual	Senior Masculino	01:59:38	+01:03:15	11:58
283	1166	JORGE MIGUEL GOMES CARNEIRO	BOOTCAMP ARCO	Senior Masculino	02:00:33	+01:04:10	12:03
284	1752	Carlos Silva	Oticas Minho	Senior Masculino	02:00:42	+01:04:19	12:04
285	1152	Vitor Vieira	BEST CROSS AMARES	Senior Masculino	02:00:43	+01:04:20	12:04
286	1549	MIGUEL FILIPE DIAS PINTO	Individual	Senior Masculino	02:01:07	+01:04:44	12:07
287	1529	ANDRÉ FILIPE AZEVEDO SILVA	Individual	Senior Masculino	02:01:07	+01:04:45	12:07
288	42	Luis Freixeiro	OCR Police Challenge	Senior Masculino	02:01:44	+01:05:21	12:10
289	1637	Paulo Jorge Fernandes Ferreira	HD Training	Senior Masculino	02:02:00	+01:05:37	12:12
290	1539	João Ricardo Ferreira Freitas	Individual	Senior Masculino	02:02:39	+01:06:17	12:16
291	1146	Jorge Faria	BEST CROSS AMARES	Senior Masculino	02:02:40	+01:06:18	12:16
292	1907	Mário Peres	Tania Azevedo	Senior Masculino	02:03:09	+01:06:46	12:19
293	1339	Simão Pereira	CrossFit Vale do Ave	Senior Masculino	02:03:11	+01:06:48	12:19
294	1831	Vitor Daniel Tinoco Marçal	SaiamDaFrente	Senior Masculino	02:04:25	+01:08:02	12:27
295	1827	Fernando Gabriel Lago da Cunha	SaiamDaFrente	Senior Masculino	02:04:25	+01:08:02	12:27
296	1830	Pedro José morais Gomes Costa	SaiamDaFrente	Senior Masculino	02:04:26	+01:08:03	12:27
297	1385	LUÍS FILIPE MACEDO	DIVAMARES	Senior Masculino	02:04:26	+01:08:03	12:27
298	1070	GIL DIAS DA SILVA	Apanha-nos se puderes	Senior Masculino	02:04:28	+01:08:05	12:27
299	1060	ADRIAN MELO	AMBIBÉRICA	Senior Masculino	02:05:05	+01:08:42	12:31

Guerreiro

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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300	1117	José Ribeiro	B.T.M.	Senior Masculino	02:06:18	+01:09:55	12:38
301	1451	Pedro Morais Oliveira	Gang dos Frangos	Senior Masculino	02:06:56	+01:10:33	12:42
302	1941	Vasco Santos	TeamLiberty	Senior Masculino	02:07:04	+01:10:41	12:42
303	1143	Eduardo Coelho	BEST CROSS AMARES	Senior Masculino	02:07:11	+01:10:48	12:43
304	2013	PEDRO MAIA	Spartan Spirit	Senior Masculino	02:07:21	+01:10:58	12:44
305	2014	SÉRGIO FRANCO	Spartan Spirit	Senior Masculino	02:07:22	+01:10:59	12:44
306	1150	Ricardo Coelho	BEST CROSS AMARES	Senior Masculino	02:07:22	+01:11:00	12:44
307	1537	João Manuel Oliveira Ferreira	Individual	Senior Masculino	02:07:31	+01:11:08	12:45
308	1570	Cristiano Correia	Letsgo	Senior Masculino	02:07:58	+01:11:35	12:48
309	1445	Nuno Miguel Mendes Lopes da Cunha	FunMove - Challenge Your Limits !	Senior Masculino	02:08:07	+01:11:44	12:49
310	1439	Diogo João Ribeiro Cunha	FunMove - Challenge Your Limits !	Senior Masculino	02:08:07	+01:11:45	12:49
311	1444	Luís Carlos Fernandes Cunha	FunMove - Challenge Your Limits !	Senior Masculino	02:08:07	+01:11:45	12:49
312	1446	Paulo Abreu	FunMove - Challenge Your Limits !	Senior Masculino	02:08:08	+01:11:45	12:49
313	1434	André Cunha	FunMove - Challenge Your Limits !	Senior Masculino	02:08:08	+01:11:45	12:49
314	1071	JOÃO FILIPE LOPES OLIVEIRA	Apanha-nos se puderes	Senior Masculino	02:09:51	+01:13:28	12:59
315	1694	Hugo Guimarães	Os Bond Gaita	Senior Masculino	02:10:03	+01:13:40	13:00
316	1348	Daniel Agostinho Tinoco Gonçalves	CVP Amares	Senior Masculino	02:10:52	+01:14:29	13:05
317	1697	Marcos Ribeiro	Os Bond Gaita	Senior Masculino	02:10:57	+01:14:34	13:06
318	1324	Miguel Ângelo Pereira	CrossFit Vale do Ave	Senior Masculino	02:11:04	+01:14:42	13:06
319	1696	Jorge Pereira	Os Bond Gaita	Senior Masculino	02:11:06	+01:14:43	13:07
320	1692	Carlos Oliveira	Os Bond Gaita	Senior Masculino	02:11:12	+01:14:49	13:07
321	1649	Emiliano Guerrero	NORTH COAST OCR´S	Senior Masculino	02:11:30	+01:15:07	13:09
322	1647	Ángel Alfonso Antonio Longueira Romero	NORTH COAST OCR´S	Senior Masculino	02:11:30	+01:15:07	13:09
323	1323	Marcelo Pereira	CrossFit Vale do Ave	Senior Masculino	02:11:43	+01:15:20	13:10
324	1332	Pedro Pimenta	CrossFit Vale do Ave	Senior Masculino	02:11:43	+01:15:21	13:10
325	1693	Cláudio Rodrigues da Silva	Os Bond Gaita	Senior Masculino	02:11:44	+01:15:21	13:10
326	1358	ALFREDO PEREIRA	DeixemPassar	Senior Masculino	02:12:22	+01:15:59	13:14
327	1631	João Lázaro Rodrigues	HD Training	Senior Masculino	02:12:25	+01:16:02	13:15
328	1359	BRUNO MIGUEL GONÇALVES	DeixemPassar	Senior Masculino	02:12:33	+01:16:10	13:15
329	1020	João Oliveira	6Pack Team	Senior Masculino	02:13:47	+01:17:24	13:23
330	1021	Ricardo Garcia	6Pack Team	Senior Masculino	02:13:47	+01:17:24	13:23
331	1327	Nelson Pereira	CrossFit Vale do Ave	Senior Masculino	02:13:57	+01:17:34	13:24
332	1331	PEDRO MACHADO	CrossFit Vale do Ave	Senior Masculino	02:14:42	+01:18:20	13:28
333	1558	Hugo Silva	Jugo	Senior Masculino	02:14:44	+01:18:21	13:28
334	1316	Gilberto Paulo Machado Martins	CrossFit Vale do Ave	Senior Masculino	02:15:27	+01:19:04	13:33
335	1312	Fábio Ferreira	CrossFit Vale do Ave	Senior Masculino	02:15:27	+01:19:04	13:33
336	1837	Filipe Ferreira	Solemates	Senior Masculino	02:15:42	+01:19:19	13:34
337	1005	Pedro Fernandes Junior	#Partetudo	Senior Masculino	02:16:12	+01:19:49	13:37
338	1006	Ricardo Costa	#Partetudo	Senior Masculino	02:16:13	+01:19:51	13:37
339	1003	António Catarino	#Partetudo	Senior Masculino	02:16:14	+01:19:51	13:37
340	1004	Pedro Fernandes	#Partetudo	Senior Masculino	02:16:14	+01:19:51	13:37
341	1007	Rui costa	#Partetudo	Senior Masculino	02:16:15	+01:19:52	13:38
342	1232	Miguel Angelo Fernandes Silva	Bukan krav maga	Senior Masculino	02:16:44	+01:20:21	13:40
343	1360	PAULO JORGE ALVES	DeixemPassar	Senior Masculino	02:16:44	+01:20:21	13:40
344	1541	Jorge Silveiredo	Individual	Senior Masculino	02:17:07	+01:20:44	13:43
345	1814	Rui Miguel Rodrigues Pereira	RR Team	Senior Masculino	02:18:20	+01:21:57	13:50

Guerreiro

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

346	1813	Pedro Manuel Da Silva Gonçalves	RR Team	Senior Masculino	02:18:21	+01:21:58	13:50
347	1387	MARCO PAULO MAGALHÃES DA SILVA	DIVAMARES	Senior Masculino	02:18:53	+01:22:30	13:53
348	1335	Ricardo dos Santos	CrossFit Vale do Ave	Senior Masculino	02:19:01	+01:22:38	13:54
349	1241	Nuno Raul Benta Gonçalves	Bukan krav maga	Senior Masculino	02:19:17	+01:22:54	13:56
350	1322	Leonel Pereira	CrossFit Vale do Ave	Senior Masculino	02:19:57	+01:23:34	14:00
351	1361	PEDRO ESTEVES	DeixemPassar	Senior Masculino	02:19:58	+01:23:35	14:00
352	1311	Emanuel Fernandes	CrossFit Vale do Ave	Senior Masculino	02:20:08	+01:23:45	14:01
353	1404	António Silva	Duros Do Aço	Senior Masculino	02:20:10	+01:23:47	14:01
354	1405	Jean Carlos Ribeiro	Duros Do Aço	Senior Masculino	02:20:10	+01:23:47	14:01
355	1406	Nuno Varandas	Duros Do Aço	Senior Masculino	02:20:10	+01:23:47	14:01
356	1248	Pedro cunha	Bukan krav maga	Senior Masculino	02:20:18	+01:23:55	14:02
357	1244	Paulo jorge de sousa parente	Bukan krav maga	Senior Masculino	02:20:37	+01:24:14	14:04
358	1923	André Costa	TEAM SODIDA	Senior Masculino	02:21:05	+01:24:42	14:07
359	1930	Rui Gomes	TEAM SODIDA	Senior Masculino	02:21:08	+01:24:45	14:07
360	1924	André Mendes	TEAM SODIDA	Senior Masculino	02:21:10	+01:24:47	14:07
361	1925	Armando Resende	TEAM SODIDA	Senior Masculino	02:21:12	+01:24:49	14:07
362	2001	ANTÓNIO DANIEL ALVES FERNANDES	CMA	Senior Masculino	02:21:26	+01:25:03	14:09
363	1273	João Esteves	CMA	Senior Masculino	02:21:39	+01:25:16	14:10
364	1201	Alexandre Miguel Silva Videira	Bukan krav maga	Senior Masculino	02:22:17	+01:25:55	14:14
365	1245	Paulo Miguel Castro	Bukan krav maga	Senior Masculino	02:22:47	+01:26:24	14:17
366	1228	Marcelino vieira	Bukan krav maga	Senior Masculino	02:22:47	+01:26:24	14:17
367	1235	Moises Faria	Bukan krav maga	Senior Masculino	02:23:43	+01:27:20	14:22
368	1208	Cristiano Magalhães	Bukan krav maga	Senior Masculino	02:23:46	+01:27:23	14:23
369	1204	Bruno Viana Garcia Fernandes	Bukan krav maga	Senior Masculino	02:23:48	+01:27:25	14:23
370	1736	Gabriel Lobo	Os Magnificos	Senior Masculino	02:23:49	+01:27:26	14:23
371	1809	João Martins	Rosa chiclete	Senior Masculino	02:23:53	+01:27:30	14:23
372	1743	Pedro Vasconcelos	Os Magnificos	Senior Masculino	02:24:00	+01:27:37	14:24
373	1212	Gonçalo Miguel Andrade Fernandes	Bukan krav maga	Senior Masculino	02:24:10	+01:27:48	14:25
374	1792	Abílio Lopes	Power Team	Senior Masculino	02:24:32	+01:28:09	14:27
375	1928	Paulo Silva	TEAM SODIDA	Senior Masculino	02:24:34	+01:28:11	14:27
376	1996	LUÍS MANUEL BRITO DA SILVA CARVALHO	CMA	Senior Masculino	02:24:58	+01:28:35	14:30
377	1997	FRANCISCO ANTÓNIO FERNANDES	CMA	Senior Masculino	02:25:29	+01:29:07	14:33
378	1810	Jorge Cardoso	Rosa chiclete	Senior Masculino	02:25:45	+01:29:22	14:35
379	1125	Luís Figueiredo	Barrosa Power	Senior Masculino	02:25:47	+01:29:24	14:35
380	1124	André Constante	Barrosa Power	Senior Masculino	02:25:48	+01:29:25	14:35
381	1126	Tiago Santos	Barrosa Power	Senior Masculino	02:25:49	+01:29:26	14:35
382	1506	Martinho Oliveira Araújo	hillclimb 4x4	Senior Masculino	02:26:00	+01:29:37	14:36
383	1505	José Manuel Gomes Nogueira	hillclimb 4x4	Senior Masculino	02:26:10	+01:29:47	14:37
384	1231	Mário João Almeida Leitão Teixeira	Bukan krav maga	Senior Masculino	02:26:22	+01:29:59	14:38
385	1220	José Diogo Almeida Leitão Teixeira	Bukan krav maga	Senior Masculino	02:26:43	+01:30:20	14:40
386	1922	Alexandre Magno	TEAM SODIDA	Senior Masculino	02:26:52	+01:30:29	14:41
387	1670	Filipe Manuel Arezes ARaujo	OS ANDARILHOS	Senior Masculino	02:26:56	+01:30:33	14:42
388	1671	Gilberto Peixoto	OS ANDARILHOS	Senior Masculino	02:26:56	+01:30:33	14:42
389	1673	Nuno Rocha	OS ANDARILHOS	Senior Masculino	02:27:01	+01:30:38	14:42

Guerreiro

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

390	1829	John Rodrigues Campos	SaiamDaFrente	Senior Masculino	02:27:46	+01:31:23	14:47
391	1740	Manuel Sobreira	Os Magnificos	Senior Masculino	02:27:54	+01:31:31	14:47
392	1474	José Carlos Azevedo Simões	GTeam	Senior Masculino	02:28:34	+01:32:11	14:51
393	1808	Filipe Silva	Rosa chiclete	Senior Masculino	02:28:53	+01:32:30	14:53
394	1249	Rafael Cunha	Bukan krav maga	Senior Masculino	02:28:57	+01:32:34	14:54
395	1240	Bruno André Pires da Silva	Bukan krav maga	Senior Masculino	02:29:16	+01:32:54	14:56
396	1247	Pedro Alves	Bukan krav maga	Senior Masculino	02:29:32	+01:33:10	14:57
397	1328	Nuno Moreira	CrossFit Vale do Ave	Senior Masculino	02:29:42	+01:33:19	14:58
398	1222	José Leão	Bukan krav maga	Senior Masculino	02:29:43	+01:33:20	14:58
399	1416	Jorge Emanuel Barbosa Jaques	FanecasRunners	Senior Masculino	02:29:50	+01:33:27	14:59
400	1741	Nuno Miguel Lopes	Os Magnificos	Senior Masculino	02:30:19	+01:33:56	15:02
401	1377	GIL MARTINS MACEDO	DIVAMARES	Senior Masculino	02:30:50	+01:34:27	15:05
402	1421	Ruben Filipe Viana Barbosa	FanecasRunners	Senior Masculino	02:32:36	+01:36:13	15:16
403	1420	Rafael Lima Reis	FanecasRunners	Senior Masculino	02:32:42	+01:36:19	15:16
404	1475	Pedro Luis da Costa e Silva	GTeam	Senior Masculino	02:32:50	+01:36:27	15:17
405	1419	Rafael Amorim Silva	FanecasRunners	Senior Masculino	02:32:59	+01:36:36	15:18
406	1472	Hélder Ricardo Freitas Ribeiro	GTeam	Senior Masculino	02:33:11	+01:36:48	15:19
407	1067	ALBERTO ANSELMO CERQUEIRA SILVA	Apanha-nos se puderes	Senior Masculino	02:33:15	+01:36:52	15:20
408	1325	Miguel Fernandes	CrossFit Vale do Ave	Senior Masculino	02:34:07	+01:37:44	15:25
409	1417	Nuno Manuel Esteves Martins	FanecasRunners	Senior Masculino	02:34:27	+01:38:04	15:27
410	1418	Paulo Manuel Vilas Boas Morais	FanecasRunners	Senior Masculino	02:34:27	+01:38:04	15:27
411	1801	RICARDO SILVA	Power Team	Senior Masculino	02:35:31	+01:39:09	15:33
412	1802	Tiago Pontes Rocha	Power Team	Senior Masculino	02:36:32	+01:40:09	15:39
413	1442	Inácio Silva	FunMove - Challenge Your Limits !	Senior Masculino	02:36:58	+01:40:35	15:42
414	1455	Nuno Guerreiro	Garfield's Team	Senior Masculino	02:37:02	+01:40:39	15:42
415	1454	Ivo Ribeiro	Garfield's Team	Senior Masculino	02:37:03	+01:40:40	15:42
416	1473	Ivo Mauro Correia Moutinho	GTeam	Senior Masculino	02:37:07	+01:40:44	15:43
417	1456	Paulo Gomes	Garfield's Team	Senior Masculino	02:37:07	+01:40:44	15:43
418	1626	Diogo António Da Silva Rodrigues	HD Training	Senior Masculino	02:37:26	+01:41:03	15:45
419	1793	ANDRÉ GONÇALVES	Power Team	Senior Masculino	02:37:28	+01:41:05	15:45
420	1794	CESAR ANTUNES	Power Team	Senior Masculino	02:37:30	+01:41:07	15:45
421	1641	Tiago Filipe Rocha Vaz	HD Training	Senior Masculino	02:37:36	+01:41:13	15:46
422	1640	rui carlos santos freitas	HD Training	Senior Masculino	02:37:36	+01:41:14	15:46
423	1013	Marcos Costa Pinto	5.7 CrossFit | GUIMARÃES	Senior Masculino	02:37:56	+01:41:34	15:48
424	1828	Helder João Cunha Antunes	SaiamDaFrente	Senior Masculino	02:38:42	+01:42:19	15:52
425	1213	Humberto teixeira	Bukan krav maga	Senior Masculino	02:39:22	+01:43:00	15:56
426	1180	NUNO SOARES	Bruno-Tir Team	Senior Masculino	02:39:33	+01:43:11	15:57
427	1173	ANTONIO COELHO	Bruno-Tir Team	Senior Masculino	02:39:40	+01:43:17	15:58
428	1175	BRUNO COELHO	Bruno-Tir Team	Senior Masculino	02:40:03	+01:43:40	16:00
429	1534	Emanuel Rodrigues Pinheiro	Individual	Senior Masculino	02:40:17	+01:43:54	16:02
430	1256	Vasco teixeira	Bukan krav maga	Senior Masculino	02:40:32	+01:44:09	16:03
431	1795	FILIPE PONTES	Power Team	Senior Masculino	02:40:59	+01:44:36	16:06
432	1799	PAULO GOMES	Power Team	Senior Masculino	02:41:21	+01:44:58	16:08
433	1374	FILIPE MANUEL MARTINS DIAS	DIVAMARES	Senior Masculino	02:41:24	+01:45:01	16:08
434	1438	David Leite	FunMove - Challenge Your Limits !	Senior Masculino	02:41:29	+01:45:06	16:09
435	1257	Vitor teixeira	Bukan krav maga	Senior Masculino	02:43:17	+01:46:54	16:20

Guerreiro

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

436	1440	Diogo Ribeiro	FunMove - Challenge Your Limits !	Senior Masculino	02:44:56	+01:48:33	16:30
437	1993	Hélder Ferreira	Wacky Racers	Senior Masculino	02:45:08	+01:48:45	16:31
438	1995	Sérgio Silva	Wacky Racers	Senior Masculino	02:45:08	+01:48:45	16:31
439	1994	Pedro Miguel Queirós	Wacky Racers	Senior Masculino	02:45:08	+01:48:45	16:31
440	1571	Patrick Monteiro rego	Letsgo	Senior Masculino	02:45:19	+01:48:56	16:32
441	1015	Rui Ferreira	5.7 CrossFit | GUIMARÃES	Senior Masculino	02:45:28	+01:49:05	16:33
442	1011	Cristiano Ribeiro	5.7 CrossFit | GUIMARÃES	Senior Masculino	02:45:29	+01:49:06	16:33
443	1014	Pedro Silva	5.7 CrossFit | GUIMARÃES	Senior Masculino	02:45:35	+01:49:12	16:34
444	1889	Joaquim pereira	SWATcamp	Senior Masculino	02:45:55	+01:49:32	16:36
445	1906	Manuel Carlos Castro	Tania Azevedo	Senior Masculino	02:45:59	+01:49:36	16:36
446	1956	Ricardo Coutinho	The Fênix	Senior Masculino	02:46:04	+01:49:41	16:36
447	1909	Paulo Gonçalves	Tania Azevedo	Senior Masculino	02:46:34	+01:50:11	16:39
448	1403	Tiago Silva	Dornelas Runners	Senior Masculino	02:46:35	+01:50:12	16:40
449	1401	Ricardo Xavier	Dornelas Runners	Senior Masculino	02:46:35	+01:50:12	16:40
450	1402	Romeu Silva	Dornelas Runners	Senior Masculino	02:46:36	+01:50:13	16:40
451	1395	Jorge Vieira	Dornelas Runners	Senior Masculino	02:46:37	+01:50:14	16:40
452	1399	Marco Caldas	Dornelas Runners	Senior Masculino	02:46:37	+01:50:14	16:40
453	1396	Jorge Xavier	Dornelas Runners	Senior Masculino	02:46:37	+01:50:14	16:40
454	1397	José Mota	Dornelas Runners	Senior Masculino	02:46:37	+01:50:14	16:40
455	1393	Dinis Paredes	Dornelas Runners	Senior Masculino	02:46:37	+01:50:14	16:40
456	1010	Bruno Oliveira	5.7 CrossFit | GUIMARÃES	Senior Masculino	02:46:50	+01:50:27	16:41
457	1012	Francisco Pinto	5.7 CrossFit | GUIMARÃES	Senior Masculino	02:46:52	+01:50:30	16:41
458	1169	Domingos Veiga	Bracara Crossfit	Senior Masculino	02:47:51	+01:51:29	16:47
459	1370	CARLOS DO NASCIMENTO VEIGA FERNANDES	DIVAMARES	Senior Masculino	02:47:56	+01:51:33	16:48
460	1147	JOSÉ MACEDO	BEST CROSS AMARES	Senior Masculino	02:48:07	+01:51:44	16:49
461	1755	Hugo Gomes	Oticas Minho	Senior Masculino	02:48:58	+01:52:35	16:54
462	1894	Rui Coimbra	SWATcamp	Senior Masculino	02:49:23	+01:53:00	16:56
463	1891	Nuno Oliveira	SWATcamp	Senior Masculino	02:49:25	+01:53:02	16:57
464	1885	Filipe vieira	SWATcamp	Senior Masculino	02:49:37	+01:53:15	16:58
465	1896	Vítor bravo	SWATcamp	Senior Masculino	02:49:39	+01:53:16	16:58
466	1888	João pedro	SWATcamp	Senior Masculino	02:50:23	+01:54:00	17:02
467	1623	André Moreira Coelho	HD Training	Senior Masculino	02:51:08	+01:54:45	17:07
468	1955	Bruno Magarinhos	The Fênix	Senior Masculino	02:51:20	+01:54:57	17:08
469	1206	Cláudio Costa	Bukan krav maga	Senior Masculino	02:51:22	+01:54:59	17:08
470	1383	JOSÉ CARLOS DA COSTA ARAÚJO	DIVAMARES	Senior Masculino	02:51:33	+01:55:11	17:09
471	1884	Filipe Pereira	SWATcamp	Senior Masculino	02:52:16	+01:55:53	17:14
472	1443	Joaquim da Silva	FunMove - Challenge Your Limits !	Senior Masculino	02:52:36	+01:56:13	17:16
473	1797	FREDERICO COELHO	Power Team	Senior Masculino	02:53:19	+01:56:57	17:20
474	1632	Luis Miguel Ataide	HD Training	Senior Masculino	02:53:27	+01:57:04	17:21
475	1905	José Manuel Goncalves	Tania Azevedo	Senior Masculino	02:53:54	+01:57:31	17:23
476	1908	Nuno Martins Silva	Tania Azevedo	Senior Masculino	02:53:54	+01:57:31	17:23
477	1798	NUNO MIGUEL CARVALHO DA SILVA	Power Team	Senior Masculino	02:54:52	+01:58:29	17:29
478	1893	Ruben Augusto	SWATcamp	Senior Masculino	02:55:02	+01:58:39	17:30
479	1441	Flávio Mendes	FunMove - Challenge Your Limits !	Senior Masculino	02:55:31	+01:59:09	17:33
480	1800	PAULO LOPES	Power Team	Senior Masculino	02:55:50	+01:59:27	17:35
481	1722	Nuno Teixeira	OS FELIZES	Senior Masculino	02:55:53	+01:59:30	17:35

Guerreiro

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

482	1178	FILIPE RAMOA	Bruno-Tir Team	Senior Masculino	02:56:20	+01:59:57	17:38
483	1435	Bruno Correia	FunMove - Challenge Your Limits !	Senior Masculino	02:56:34	+02:00:11	17:39
484	1436	Bruno Marinho	FunMove - Challenge Your Limits !	Senior Masculino	02:56:43	+02:00:20	17:40
485	1895	Tiago Silva	SWATcamp	Senior Masculino	02:57:17	+02:00:54	17:44
486	1448	Rúben Alves	FunMove - Challenge Your Limits !	Senior Masculino	02:57:31	+02:01:08	17:45
487	1160	Gonçalo Pereira	Bio Team	Senior Masculino	02:59:29	+02:03:06	17:57
488	1881	André Fertuzinhos	SWATcamp	Senior Masculino	02:59:39	+02:03:16	17:58
489	1600	José Manuel Sampaio	Mud'r Fuckers	Senior Masculino	03:00:37	+02:04:14	18:04
490	1599	Henrique Barros	Mud'r Fuckers	Senior Masculino	03:00:37	+02:04:15	18:04
491	1720	José Bonifácio	OS FELIZES	Senior Masculino	03:00:47	+02:04:24	18:05
492	1723	Paulo Rocha	OS FELIZES	Senior Masculino	03:00:58	+02:04:35	18:06
493	2016	Ricardo Maia	Individual	Senior Masculino	03:02:32	+02:06:09	18:15
494	1887	João freitas	SWATcamp	Senior Masculino	03:02:41	+02:06:18	18:16
495	1572	SAMUEL SILVA	Letsgo	Senior Masculino	03:02:50	+02:06:28	18:17
496	1044	Ricardo oliveira	Academia Best Club	Senior Masculino	03:04:52	+02:08:29	18:29
497	1035	ALCIDES SILVA	Academia Best Club	Senior Masculino	03:04:56	+02:08:33	18:30
498	1046	Tiago Pereira	Academia Best Club	Senior Masculino	03:05:02	+02:08:39	18:30
499	1037	Fábio Rafael	Academia Best Club	Senior Masculino	03:05:02	+02:08:39	18:30
500	1047	Vitor Castro	Academia Best Club	Senior Masculino	03:05:03	+02:08:40	18:30
501	1038	Fábio Simões	Academia Best Club	Senior Masculino	03:05:04	+02:08:42	18:30
502	1882	Carlos carneiro	SWATcamp	Senior Masculino	03:05:28	+02:09:05	18:33
503	1716	David de Sousa	OS FELIZES	Senior Masculino	03:05:33	+02:09:10	18:33
504	1727	Rui Silva	OS FELIZES	Senior Masculino	03:05:33	+02:09:10	18:33
505	1886	João Fernandes	SWATcamp	Senior Masculino	03:06:15	+02:09:52	18:38
506	2025	Manuel Bayarres	ARC Vale S Cosme	Senior Masculino	03:06:48	+02:10:25	18:41
507	2017	Gil Fernandes	Individual	Senior Masculino	03:07:00	+02:10:37	18:42
508	1159	Carlos Pereira	Bio Team	Senior Masculino	03:08:09	+02:11:46	18:49
509	1161	Nuno Andrade	Bio Team	Senior Masculino	03:08:09	+02:11:47	18:49
510	1230	Marcos Borlido	Bukan krav maga	Senior Masculino	03:08:36	+02:12:13	18:52
511	1229	Marcelo Martins	Bukan krav maga	Senior Masculino	03:08:40	+02:12:17	18:52
512	1252	Rui Fernandes	Bukan krav maga	Senior Masculino	03:08:41	+02:12:18	18:52
513	1225	Luis Macedo	Bukan krav maga	Senior Masculino	03:08:41	+02:12:19	18:52
514	1238	Nuno Costa	Bukan krav maga	Senior Masculino	03:08:53	+02:12:31	18:53
515	1036	DANIEL OLIVEIRA	Academia Best Club	Senior Masculino	03:08:58	+02:12:35	18:54
516	1221	José Gomes	Bukan krav maga	Senior Masculino	03:09:52	+02:13:29	18:59
517	1721	Miguel José Cunha Silva	OS FELIZES	Senior Masculino	03:09:58	+02:13:35	19:00
518	1538	João Pedro Abreu Carvalho	Individual	Senior Masculino	03:10:36	+02:14:13	19:04
519	1656	FERNANDO FERNANDES	OCR Police Challenge	Senior Masculino	03:10:40	+02:14:17	19:04
520	1584	DANIEL SILVA TEIXEIRA	MISSÃO AMAR(ES)	Senior Masculino	03:10:52	+02:14:29	19:05
521	1926	Bruno Costa	TEAM SODIDA	Senior Masculino	03:11:47	+02:15:24	19:11
522	1726	Ricardo Manuel Azevedo Teixeira	OS FELIZES	Senior Masculino	03:11:48	+02:15:26	19:11
523	1718	Jaime Manuel Prieto Morais	OS FELIZES	Senior Masculino	03:12:06	+02:15:43	19:13
524	1285	Marco Figueiredo	CrossFit Famalicão	Senior Masculino	03:12:33	+02:16:11	19:15
525	1725	Ricardo Jorge Moreira Moutinho	OS FELIZES	Senior Masculino	03:12:34	+02:16:11	19:15
526	1039	Joel Marques	Academia Best Club	Senior Masculino	03:12:54	+02:16:32	19:17
527	1986	Daniel Pereira	VROCO	Senior Masculino	03:13:00	+02:16:37	19:18

Guerreiro

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

528	1985	Célio Antunes	VROCO	Senior Masculino	03:13:00	+02:16:37	19:18
529	1988	Rafael Pinheiro	VROCO	Senior Masculino	03:13:00	+02:16:38	19:18
530	1944	Igor Silva	TeamLiberty	Senior Masculino	03:13:58	+02:17:35	19:24
531	1717	Filipe Domingues	OS FELIZES	Senior Masculino	03:14:09	+02:17:47	19:25
532	1724	Pedro Alexandre Correia	OS FELIZES	Senior Masculino	03:15:32	+02:19:09	19:33
533	1598	Frederico Marques	Mud'r Fuckers	Senior Masculino	03:16:00	+02:19:37	19:36
534	1602	Paulo Cardoso	Mud'r Fuckers	Senior Masculino	03:16:00	+02:19:37	19:36
535	1601	Nuno Lago	Mud'r Fuckers	Senior Masculino	03:16:00	+02:19:38	19:36
536	1585	NUNO MANUEL VIEIRA SILVA	MISSÃO AMAR(ES)	Senior Masculino	03:16:04	+02:19:41	19:36
537	1583	Bruno Filipe Sousa Dias	MISSÃO AMAR(ES)	Senior Masculino	03:16:05	+02:19:42	19:37
538	1586	RAFAEL SILVA RIBEIRO	MISSÃO AMAR(ES)	Senior Masculino	03:16:05	+02:19:42	19:37
539	1927	JORGE MIGUEL PADUA DA SILVA	TEAM SODIDA	Senior Masculino	03:17:02	+02:20:39	19:42
540	1719	Jorge Caldas	OS FELIZES	Senior Masculino	03:17:03	+02:20:40	19:42
541	1319	João Guedes	CrossFit Vale do Ave	Senior Masculino	03:17:14	+02:20:51	19:43
542	1045	Sergio Gomes	Academia Best Club	Senior Masculino	03:17:16	+02:20:53	19:44
543	1041	NUNO LOPES	Academia Best Club	Senior Masculino	03:17:49	+02:21:26	19:47
544	1945	Joakim Pereira	TeamLiberty	Senior Masculino	03:18:42	+02:22:19	19:52
545	1948	Nando Silva	TeamLiberty	Senior Masculino	03:19:46	+02:23:23	19:59
546	1947	Miriam Sousa	TeamLiberty	Senior Masculino	03:20:35	+02:24:13	20:04
547	1040	Nelson Silva	Academia Best Club	Senior Masculino	03:21:18	+02:24:55	20:08
548	1950	Walter Tigre	TeamLiberty	Senior Masculino	03:21:46	+02:25:23	20:11
549	1949	Tiago Azevedo	TeamLiberty	Senior Masculino	03:22:49	+02:26:26	20:17
550	1253	Tiago Tinoco	Bukan krav maga	Senior Masculino	03:23:28	+02:27:05	20:21
551	1946	João Pinto	TeamLiberty	Senior Masculino	03:24:36	+02:28:14	20:28
552	1943	Americo Ferreira	TeamLiberty	Senior Masculino	03:24:37	+02:28:14	20:28
553	1284	Magno Almeida	CrossFit Famalicão	Senior Masculino	03:29:24	+02:33:01	20:56
554	1242	Orlando Cracel	Bukan krav maga	Senior Masculino	03:29:25	+02:33:03	20:57
555	1282	Estevão	CrossFit Famalicão	Senior Masculino	03:29:31	+02:33:09	20:57
556	1223	José Lopes	Bukan krav maga	Senior Masculino	03:31:11	+02:34:48	21:07
557	1214	João Almeida	Bukan krav maga	Senior Masculino	03:31:11	+02:34:49	21:07
558	1207	Cristiano Henriques	Bukan krav maga	Senior Masculino	03:31:12	+02:34:49	21:07
559	1215	João Carvalho	Bukan krav maga	Senior Masculino	03:31:12	+02:34:49	21:07
560	1255	Vasco Castro	Bukan krav maga	Senior Masculino	03:31:13	+02:34:51	21:07
561	1251	Rúben Silva	Bukan krav maga	Senior Masculino	03:31:14	+02:34:51	21:07
562	1246	Paulo Vieira	Bukan krav maga	Senior Masculino	03:31:14	+02:34:51	21:07
563	1216	João domingos	Bukan krav maga	Senior Masculino	03:31:14	+02:34:51	21:07
564	1254	Tomás Silva	Bukan krav maga	Senior Masculino	03:31:14	+02:34:51	21:07
565	1250	Ricardo Fernandes	Bukan krav maga	Senior Masculino	03:31:14	+02:34:51	21:07
566	1205	César Maia	Bukan krav maga	Senior Masculino	03:31:14	+02:34:51	21:07
567	1211	Francisco Lopes	Bukan krav maga	Senior Masculino	03:31:16	+02:34:53	21:08
568	1209	Fernando Fernandes	Bukan krav maga	Senior Masculino	03:31:16	+02:34:53	21:08
569	1217	João Magalhaes	Bukan krav maga	Senior Masculino	03:31:16	+02:34:54	21:08
570	1219	Jorge Antunes	Bukan krav maga	Senior Masculino	03:31:17	+02:34:54	21:08
571	1236	Nuno Araújo	Bukan krav maga	Senior Masculino	03:31:17	+02:34:54	21:08
572	1226	Luís Machado	Bukan krav maga	Senior Masculino	03:31:17	+02:34:54	21:08
573	1280	Anthony Oliveira	CrossFit Famalicão	Senior Masculino	03:33:56	+02:37:33	21:24

Guerreiro

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

574	1283	Josué Alves	CrossFit Famalicão	Senior Masculino	03:33:56	+02:37:33	21:24

COLETIVO - GUERREIRO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	B.T.M.	2 + 3 + 6	11
2	NORTH COAST OCR´S	4 + 16 + 17	37
3	HABCARPINTARIA	12 + 13 + 24	49
4	OS ATM	18 + 21 + 45	84
5	N14 CROSSFIT BRAGA	23 + 30 + 33	86
6	AVENTUREIROS	9 + 20 + 59	88
7	VFS	1 + 46 + 56	103
8	SOMOS+Q6	37 + 39 + 40	116
9	TEAM ALIVE FITNESS TROFA	10 + 11 + 107	128
10	BURGER KING UNITED	29 + 52 + 65	146
11	BEST CROSS AMARES	5 + 31 + 114	150
12	EAC	44 + 50 + 60	154
13	OTICAS MINHO	36 + 78 + 81	195
14	OVER THE LIMIT	53 + 54 + 103	210
15	GEOFRIENDS	42 + 43 + 132	217
16	CSE HOOLS	66 + 77 + 80	223
17	DIVAMARES	47 + 94 + 95	236
18	APANHA-NOS SE PUDERES	8 + 27 + 234	269
19	DORNELAS RUNNERS	92 + 130 + 131	353
20	HD TRAINING	76 + 135 + 147	358
21	DF SPORT CENTER	123 + 124 + 125	372
22	HAKUNA MATATA	116 + 119 + 237	472
23	OS MAGNIFICOS	74 + 216 + 220	510
24	AMARBANHO	142 + 198 + 199	539
25	GYM TEAM	179 + 192 + 195	566
26	THE MUD MACHINES	162 + 163 + 253	578
27	FUNMOVE - CHALLENGE YOUR LIMITS !	165 + 215 + 255	635
28	FORFUNTEAM	14 + 235 + 390	639
29	CROSSFIT VALE DO AVE	206 + 223 + 224	653
30	BUKAN KRAV MAGA	184 + 232 + 242	658
31	RUN4BEER	177 + 178 + 310	665
32	ON TOP	190 + 239 + 240	669
33	MIX TEAM	113 + 283 + 284	680
34	LOS BITCHOS	82 + 302 + 306	690
35	CVP AMARES	68 + 214 + 425	707
36	BOOTCAMP ARCO	185 + 213 + 338	736
37	GINÁSIO MULTIUSOS MONTALEGRE	221 + 290 + 291	802
38	POWER TEAM	144 + 164 + 519	827

COLETIVO - GUERREIRO

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39	TANIA AZEVEDO	75 + 375 + 378	828
40	GUERREIROS DO MINHO	265 + 266 + 322	853
41	SOLDADOS LUSOS	303 + 304 + 313	920
42	OS BOND GAITA	90 + 423 + 428	941
43	B.A.C.O.	269 + 349 + 350	968
44	GANG DOS FRANGOS	287 + 292 + 398	977
45	HOLMESPLACE	343 + 345 + 346	1034
46	OS CANSADOS	340 + 341 + 418	1099
47	DEIXEMPASSAR	225 + 439 + 441	1105
48	LETSGO	317 + 411 + 419	1147
49	SAIAMDAFRENTE	382 + 383 + 384	1149
50	TEAMLIBERTY	365 + 400 + 403	1168
51	CHALLENGE FORCE	396 + 397 + 409	1202
52	SPARTAN SPIRIT	402 + 405 + 406	1213
53	6PACK TEAM	447 + 448 + 449	1344
54	#PARTETUDO	461 + 462 + 463	1386
55	ACADEMIA BEST CLUB	315 + 316 + 762	1393
56	RR TEAM	474 + 475 + 476	1425
57	DUROS DO AÇO	486 + 487 + 488	1461
58	SOLEMATES	460 + 504 + 505	1469
59	TEAM SODIDA	493 + 494 + 495	1482
60	CMA	502 + 503 + 524	1529
61	ROSA CHICLETE	516 + 532 + 547	1595
62	BARROSA POWER	533 + 534 + 535	1602
63	GTEAM	551 + 569 + 570	1690
64	FANECASRUNNERS	563 + 568 + 572	1703
65	GARFIELD'S TEAM	592 + 593 + 594	1779
66	CROSSFIT FAMALICÃO	129 + 814 + 874	1817
67	BRUNO-TIR TEAM	616 + 617 + 618	1851
68	TURBINADAS	626 + 630 + 637	1893
69	5.7 CROSSFIT | GUIMARÃES	610 + 660 + 661	1931
70	WACKY RACERS	652 + 653 + 654	1959
71	OCR POLICE CHALLENGE	368 + 806 + 807	1981
72	SWATCAMP	663 + 690 + 691	2044
73	THE FÊNIX	665 + 695 + 700	2060
74	OS FELIZES	726 + 734 + 745	2205
75	MUD'R FUCKERS	740 + 741 + 742	2223
76	BIO TEAM	736 + 787 + 788	2311
77	MISSÃO AMAR(ES)	808 + 809 + 844	2461
78	VROCO	822 + 823 + 824	2469