

PROVA PRINCIPAL - INDIVIDUAIS
10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	10:30	19.6°C	81%
End	13:18	26.8°C	48%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	25	Pablo Martinez Brea	individual	Senior Masculino	42:42		04:16
2	106	Helder Rodrigues	individual	Senior Masculino	43:00	+00:17	04:18
3	159	Nuno Miguel Bastos Magalhães Gomes	individual	Senior Masculino	43:18	+00:35	04:20
4	20	manuel	individual	Senior Masculino	43:35	+00:52	04:22
5	23	Marco Paulo Pereira Pinto	individual	Senior Masculino	51:23	+08:40	05:08
6	24	Nélio Fraga	individual	Senior Masculino	51:24	+08:41	05:08
7	17	João Morais	individual	Senior Masculino	52:51	+10:09	05:17
8	8	Christophe Ribeiro de Abreu	individual	Senior Masculino	53:30	+10:47	05:21
9	34	Tiago Gomes	individual	Senior Masculino	55:57	+13:14	05:36
10	32	Rui Miguel Eira Botelho	individual	Senior Masculino	55:57	+13:15	05:36
11	6	André Filipe Pedrosa da Rocha	individual	Senior Masculino	57:15	+14:32	05:44
12	26	Paulo Dias	individual	Veterano M40	01:00:17	+17:34	06:02
13	12	Fernanda	individual	Senior Feminino	01:01:26	+18:44	06:09
14	15	Ivo Manuel Domingues Pires Fortes	individual	Senior Masculino	01:01:54	+19:11	06:11
15	10	Diana Paiva Pereira	individual	Senior Feminino	01:04:14	+21:31	06:25
16	105	Patricia Ribeiro	individual	Senior Feminino	01:04:39	+21:57	06:28
17	21	Manuel Domingues	individual	Veterano M40	01:04:47	+22:04	06:29
18	35	Tiago Moura Pinto	individual	Senior Masculino	01:06:39	+23:56	06:40
19	18	JOSE LUIS VILLAVERDE SANISIDRO	individual	Veterano M40	01:12:46	+30:03	07:17
20	14	HUGO ANDRADE	individual	Veterano M40	01:13:53	+31:10	07:23
21	31	PEIXINHO	individual	Veterano M40	01:14:41	+31:58	07:28
22	30	Pedro Miguel Da Cruz Pires	individual	Senior Masculino	01:15:16	+32:33	07:32
23	16	joana ines lago fontes	individual	Senior Feminino	01:18:13	+35:30	07:49
24	9	Cristiano Macieira	individual	Senior Masculino	01:19:01	+36:18	07:54
25	11	emilia conceicao morais lago	individual	Veterana F40	01:19:13	+36:30	07:55
26	28	Pedro Alexandre Lopes Peres	individual	Veterano M40	01:23:47	+41:04	08:23
27	5	Armindo Ferreira	individual	Veterano M40	01:28:52	+46:09	08:53

PROVA PRINCIPAL - EQUIPAS**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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	Time	Temperature	Humidity
Start	10:30	19.6°C	81%
End	13:18	26.8°C	48%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	123	Orlando Alves	ginásio clube de bragança	Veterano M40	49:45		04:59
2	122	Manuel Palmeiro	ginásio clube de bragança	Veterano M40	49:50	+00:05	04:59
3	120	Rui Mila	ginásio clube de bragança	Senior Masculino	50:38	+00:52	05:04
4	121	Hugo Cameirão	ginásio clube de bragança	Veterano M40	51:08	+01:23	05:07
5	102	Marco Alexandre Pires	53 - academia & cross training	Senior Masculino	51:21	+01:36	05:08
6	119	Acácio Costa	ginásio clube de bragança	Senior Masculino	52:12	+02:26	05:13
7	104	Tiago David Afonso	53 - academia & cross training	Senior Masculino	52:22	+02:36	05:14
8	101	Cosmin Constantinescu	53 - academia & cross training	Senior Masculino	55:41	+05:55	05:34
9	124	Rui Pereira	ginásio clube de bragança	Veterano M40	57:40	+07:54	05:46
10	158	Nuno Amendoeira	villa tarana	Senior Masculino	59:45	+09:59	05:59
11	156	Francisco Lemos	villa tarana	Senior Masculino	59:45	+09:59	05:59
12	153	Joana Craveiro	velozes e furiosos	Senior Feminino	01:02:41	+12:55	06:16
13	116	Pascoal Martins Ribeiro	federação olímpica faixa de gaza	Senior Masculino	01:03:55	+14:09	06:24
14	115	Fábio André Pereira Mendes	federação olímpica faixa de gaza	Senior Masculino	01:03:56	+14:10	06:24
15	103	Pedro Miguel Paiva Costa	53 - academia & cross training	Senior Masculino	01:04:40	+14:55	06:28
16	125	Rui Rodrigues	mdl278	Senior Masculino	01:05:50	+16:05	06:35
17	160	Pedro Miguel dos Santos Pires	villa tarana	Senior Masculino	01:05:59	+16:13	06:36
18	126	Vitor Rodrigues	mdl278	Senior Masculino	01:06:00	+16:14	06:36
19	107	Carlos Marques	bdm runners	Veterano M40	01:09:18	+19:32	06:56
20	140	Vanessa Solange Pinto Martins de Almeida	ozonoterapia mêda	Senior Feminino	01:12:43	+22:57	07:16
21	141	Tiago Honório Prata Domingos de Almeida	ozonoterapia mêda	Senior Masculino	01:12:45	+23:00	07:17
22	157	João Carlos dos Santos Pereira	villa tarana	Senior Masculino	01:12:58	+23:12	07:18
23	117	Tiago André Cunha Freitas	federação olímpica faixa de gaza	Senior Masculino	01:16:29	+26:44	07:39
24	114	Abel Neves Moreira	federação olímpica faixa de gaza	Senior Masculino	01:16:31	+26:45	07:39
25	154	Philippe Marracho	velozes e furiosos	Senior Masculino	01:22:40	+32:55	08:16
26	138	Emanuel Videira Freitas	over the limit	Veterano M40	01:25:38	+35:53	08:34
27	139	João Paulo Nunes Pereira	over the limit	Veterano M40	01:25:39	+35:53	08:34
28	137	Leandro José Ribeiro Oliveira Costa	over the limit	Senior Masculino	01:25:39	+35:53	08:34
29	152	Diana Migueis	velozes e furiosos	Senior Feminino	01:27:24	+37:39	08:44
30	143	Renata Grilli	pégasus	Veterana F40	01:28:48	+39:02	08:53
31	142	Luciana Costa dos Santos	pégasus	Senior Feminino	01:28:52	+39:06	08:53
32	112	PAULO MARTINS	egos	Senior Masculino	01:30:04	+40:18	09:00
33	110	Goreti Ramos	egos	Senior Feminino	01:30:06	+40:20	09:01
34	111	Edgar Fernandes	egos	Senior Masculino	01:30:10	+40:24	09:01
35	113	Silvia Pinto	egos	Veterana F40	01:30:11	+40:25	09:01
36	144	Celestino	titãs	Senior Masculino	01:31:37	+41:51	09:10
37	151	Pedro Francisco dos Santos Borges	tropa quente	Senior Masculino	01:31:38	+41:53	09:10
38	108	Andreia Clara Veloso mais	como é bom o meu sofa	Senior Feminino	01:31:56	+42:10	09:12

PROVA PRINCIPAL - EQUIPAS

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
39	109	Leandro Rafael Silva Brandão	como é bom o meu sofa	Senior Masculino	01:31:56	+42:10	09:12
40	146	Rúben Jorge Esteves Real	titãs	Senior Masculino	01:33:04	+43:19	09:18
41	147	Inês Mesquita de Almeida	tropa quente	Senior Feminino	01:33:05	+43:20	09:19
42	185	Mauro Alexandre Veríssimo Catarino	tropa quente	Senior Masculino	01:33:12	+43:26	09:19
43	149	Israel Filipe do Nascimento Teixeira	tropa quente	Senior Masculino	01:33:18	+43:33	09:20
44	148	Rute Rosa Alves Gomes	tropa quente	Senior Feminino	01:33:19	+43:33	09:20
45	155	Rogério Neves	velozes e furiosos	Senior Masculino	01:35:06	+45:21	09:31
46	118	Paulo Ricardo Oliveira Reis	fightteam	Senior Masculino	01:48:12	+58:26	10:49
47	150	Marília Ribeiro	fightteam	Senior Feminino	01:48:14	+58:28	10:49
48	166	Luís Meireles	xtreme murça	Senior Masculino	02:03:28	+01:13:42	12:21
49	170	Rui Freitas	xtreme murça	Senior Masculino	02:03:29	+01:13:43	12:21
50	169	Rui Filipe Pereira Gomes	xtreme murça	Senior Masculino	02:03:30	+01:13:44	12:21
51	163	Susana Cristina Fernandes de Sá	xtreme murça	Senior Feminino	02:03:31	+01:13:45	12:21
52	165	Edgar Tiago	xtreme murça	Senior Masculino	02:03:35	+01:13:49	12:22
53	164	Armando Veiga	xtreme murça	Senior Masculino	02:03:36	+01:13:50	12:22
54	162	Patrícia Faceira	xtreme murça	Senior Feminino	02:03:37	+01:13:51	12:22
55	167	Luis Rocha	xtreme murça	Senior Masculino	02:03:39	+01:13:54	12:22
56	168	Nuno Gonçalo Rodrigues	xtreme murça	Senior Masculino	02:03:45	+01:14:00	12:23
57	161	Margarida Gomes	xtreme murça	Senior Feminino	02:03:45	+01:14:00	12:23
58	129	Catarina Lopes	new project	Senior Feminino	02:24:22	+01:34:36	14:26
59	132	Filipa Bento	new project	Senior Feminino	02:24:22	+01:34:37	14:26
60	127	Ana Vale	new project	Senior Feminino	02:24:22	+01:34:37	14:26

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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	Time	Temperature	Humidity
Start	10:30	19.6°C	81%
End	13:18	19.6°C	81%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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Senior Feminino

1	12	Fernanda	Individual	Senior Feminino	01:01:26	+18:44	06:09
2	153	Joana Craveiro	velozes e furiosos	Senior Feminino	01:02:41	+19:58	06:16
3	10	Diana Paiva Pereira	Individual	Senior Feminino	01:04:14	+21:31	06:25
4	105	Patricia Ribeiro	Individual	Senior Feminino	01:04:39	+21:57	06:28
5	140	Vanessa Solange Pinto Martins de Almeida	Ozonoterapia Mêda	Senior Feminino	01:12:43	+30:00	07:16
6	16	joana ines lago fontes	Individual	Senior Feminino	01:18:13	+35:30	07:49
7	152	Diana Migueis	velozes e furiosos	Senior Feminino	01:27:24	+44:41	08:44
8	142	Luciana Costa dos Santos	Pégasus	Senior Feminino	01:28:52	+46:09	08:53
9	110	Goreti Ramos	EGOS	Senior Feminino	01:30:06	+47:23	09:01
10	108	Andreia Clara Veloso mais	Como é bom o meu sofa	Senior Feminino	01:31:56	+49:13	09:12
11	147	Inês Mesquita de Almeida	Tropa Quente	Senior Feminino	01:33:05	+50:23	09:19
12	148	Rute Rosa Alves Gomes	Tropa Quente	Senior Feminino	01:33:19	+50:36	09:20
13	150	Marília Ribeiro	FightTeam	Senior Feminino	01:48:14	+01:05:31	10:49
14	163	Susana Cristina Fernandes de Sá	XTREME MURÇA	Senior Feminino	02:03:31	+01:20:48	12:21
15	162	Patrícia Faceira	XTREME MURÇA	Senior Feminino	02:03:37	+01:20:54	12:22
16	161	Margarida Gomes	XTREME MURÇA	Senior Feminino	02:03:45	+01:21:03	12:23
17	129	Catarina Lopes	New Project	Senior Feminino	02:24:22	+01:41:39	14:26
18	132	Filipa Bento	New Project	Senior Feminino	02:24:22	+01:41:39	14:26
19	127	Ana Vale	New Project	Senior Feminino	02:24:22	+01:41:39	14:26

Senior Masculino

1	25	Pablo Martinez Brea	Individual	Senior Masculino	42:42		04:16
2	106	Helder Rodrigues	Individual	Senior Masculino	43:00	+00:17	04:18
3	159	Nuno Miguel Bastos Magalhães Gomes	Individual	Senior Masculino	43:18	+00:35	04:20
4	20	manuel	Individual	Senior Masculino	43:35	+00:52	04:22
5	120	Rui Mila	GINÁSIO CLUBE DE BRAGANÇA	Senior Masculino	50:38	+07:55	05:04
6	102	Marco Alexandre Pires	53 - Academia & Cross training	Senior Masculino	51:21	+08:39	05:08
7	23	Marco Paulo Pereira Pinto	Individual	Senior Masculino	51:23	+08:40	05:08
8	24	Nélio Fraga	Individual	Senior Masculino	51:24	+08:41	05:08
9	119	Acácio Costa	GINÁSIO CLUBE DE BRAGANÇA	Senior Masculino	52:12	+09:29	05:13
10	104	Tiago David Afonso	53 - Academia & Cross training	Senior Masculino	52:22	+09:39	05:14
11	17	João Morais	Individual	Senior Masculino	52:51	+10:09	05:17
12	8	Christophe Ribeiro de Abreu	Individual	Senior Masculino	53:30	+10:47	05:21
13	101	Cosmin Constantinescu	53 - Academia & Cross training	Senior Masculino	55:41	+12:58	05:34
14	34	Tiago Gomes	Individual	Senior Masculino	55:57	+13:14	05:36
15	32	Rui Miguel Eira Botelho	Individual	Senior Masculino	55:57	+13:15	05:36
16	6	André Filipe Pedrosa da Rocha	Individual	Senior Masculino	57:15	+14:32	05:44

COLETIVO - PROVA PRINCIPAL
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	GINÁSIO CLUBE DE BRAGANÇA	5 + 6 + 7	18
2	53 - Academia & Cross training	9 + 13 + 16	38
3	Villa Tarana	21 + 22 + 34	77
4	Federação Olímpica Faixa de Gaza	27 + 28 + 45	100
5	velozes e furiosos	26 + 50 + 55	131
6	Over the Limit	52 + 53 + 54	159
7	EGOS	59 + 60 + 61	180
8	Tropa Quente	64 + 68 + 69	201