

TRAIL LONGO - STAGE 1

30 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:00	9°C	81%
End	14:13	15°C	58%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	66	Tiago Manuel Santos Pinho	individual	Senior Masculino	02:43:12		05:26
2	75	João Manuel Sousa Moreira	individual	Veterano M40	02:52:17	+09:05	05:45
3	13	Jorge Gomes	arcorun	Senior Masculino	02:53:25	+10:13	05:47
4	33	Helder Rocha	douroconta	Senior Masculino	02:53:26	+10:14	05:47
5	71	Domingos Costa Gomes	individual	Veterano M40	02:57:19	+14:07	05:55
6	91	Ivan Silva	limitless	Senior Masculino	02:58:11	+14:59	05:56
7	6	Filipe Afonso	ac portalegre/utsm	Senior Masculino	02:58:42	+15:30	05:57
8	35	Joaquim Pereira	gaia trail	Veterano M40	02:59:50	+16:38	06:00
9	99	Paulo Gomes	no tomorrow running team	Veterano M40	03:01:07	+17:55	06:02
10	7	Hélder Melo	ac portalegre/utsm	Senior Masculino	03:01:40	+18:29	06:03
11	42	Roberto Silva	ginásio fit4fun	Senior Masculino	03:08:08	+24:56	06:16
12	150	Agostinho Costa	ccdr fundo vila	Veterano M50	03:10:41	+27:30	06:21
13	20	Bruno Macedo	caga tacos running team	Senior Masculino	03:10:45	+27:34	06:22
14	10	Antonio Fernandes	amigos do trail	Senior Masculino	03:14:01	+30:49	06:28
15	56	Fábio Almeida	individual	Senior Masculino	03:15:10	+31:59	06:30
16	104	Carlos Fazendeiro	os falta d'ár	Veterano M50	03:16:05	+32:54	06:32
17	108	Marco Paulo Costa Botelho	os falta d'ár	Veterano M40	03:16:05	+32:54	06:32
18	53	Antonio Rocha	individual	Senior Masculino	03:19:06	+35:55	06:38
19	57	Francisco Terra	individual	Senior Masculino	03:21:46	+38:35	06:44
20	101	Bruno Santos	o praticante	Senior Masculino	03:26:37	+43:25	06:53
21	123	MANUEL BASTOS	trail running clube btt sanguedo	Veterano M40	03:27:08	+43:57	06:54
22	90	Ivan Joel Rocha	limitless	Senior Masculino	03:27:08	+43:57	06:54
23	23	Bruno Barge	cdc s.martinho gandara	Senior Masculino	03:27:17	+44:05	06:55
24	83	alipio lopes	individual	Veterano M50	03:28:18	+45:07	06:57
25	46	Duarte Conceição	hora do lobo trail	Senior Masculino	03:28:22	+45:10	06:57
26	87	Rui Miguel baeta Nogueira	juventude cortegacense	Senior Masculino	03:29:13	+46:02	06:58
27	82	Vitor Manuel Cadilhe Leite	individual	Veterano M40	03:29:37	+46:26	06:59
28	37	MARCIO QUINTAS	ginasio energia	Senior Masculino	03:29:45	+46:34	07:00
29	102	Jorge Silva	o praticante	Veterano M40	03:32:44	+49:33	07:05
30	45	Hugo Fardilha	grupo fontes	Senior Masculino	03:33:39	+50:28	07:07
31	88	Rui Miguel Gomes Figueiredo	juventude cortegacense	Senior Masculino	03:33:44	+50:32	07:07
32	19	Ricardo Magalhães	as belas e eles	Senior Masculino	03:36:03	+52:51	07:12
33	30	João Patricio	clube atletismo lamas	Veterano M40	03:36:21	+53:10	07:13
34	65	Ricardo Boucinha	individual	Senior Masculino	03:36:37	+53:26	07:13
35	15	Vitor Folgado	arcorun	Veterano M40	03:37:28	+54:16	07:15
36	38	Jose Lourenço	ginasio energia	Veterano M40	03:37:57	+54:46	07:16
37	113	Fernando Costa	pernetas	Veterano M40	03:39:12	+56:00	07:18
38	116	Manuel Abreu	running espinho	Veterano M40	03:39:12	+56:00	07:18
39	111	Jorge Bastos	pernetas	Senior Masculino	03:40:00	+56:49	07:20
40	63	paulo borges	individual	Senior Masculino	03:41:25	+58:13	07:23
41	24	Paulo Silva	cdc s.martinho gandara	Veterano M40	03:41:45	+58:34	07:24
42	107	Jorge Filipe Jesus Silva	os falta d'ár	Veterano M40	03:42:36	+59:25	07:25

**TRAIL LONGO - STAGE 1**

**30 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
43	72	Fernando Ferreira	individual	Veterano M40	03:43:39	+01:00:28	07:27
44	98	José Faria	no tomorrow running team	Veterano M40	03:44:12	+01:01:00	07:28
45	94	Dora Dias	no tomorrow running team	Senior Feminino	03:44:35	+01:01:24	07:29
46	14	Carlos Couto	arcorun	Veterano M40	03:44:51	+01:01:39	07:30
47	36	Bruno Costa	ginasio energia	Senior Masculino	03:46:13	+01:03:01	07:32
48	40	Carina Pinho	ginásio fit4fun	Senior Feminino	03:47:11	+01:03:59	07:34
49	44	Luís Guerra	ginásio fit4fun	Veterano M40	03:47:11	+01:03:59	07:34
50	58	João Figueiredo	individual	Senior Masculino	03:48:00	+01:04:49	07:36
51	120	MI COUTO	trail running clube btt sanguedo	Senior Feminino	03:48:16	+01:05:04	07:37
52	110	Afonso Bonifácio	pernetas	Senior Masculino	03:48:27	+01:05:15	07:37
53	77	LUIS FERREIRA	individual	Veterano M40	03:53:38	+01:10:27	07:47
54	115	José Rodrigo Silva	rio largo	Senior Masculino	03:54:57	+01:11:45	07:50
55	18	Pedro Carvalho	arrastassolas	Veterano M40	03:55:20	+01:12:09	07:51
56	78	Manuel Santos Silva	individual	Veterano M40	03:57:43	+01:14:31	07:55
57	61	Marcelo Martins Domingues	individual	Senior Masculino	03:58:44	+01:15:33	07:57
58	69	Armando Rocha	individual	Veterano M40	04:01:12	+01:18:01	08:02
59	112	Agostinho Torres	pernetas	Veterano M40	04:01:24	+01:18:12	08:03
60	34	Gil Ferreira da Silva	eu+ run	Senior Masculino	04:03:10	+01:19:59	08:06
61	124	QUINTINO AMORIM	trail running clube btt sanguedo	Veterano M40	04:04:43	+01:21:32	08:09
62	122	ROSA CONCEIÇÃO	trail running clube btt sanguedo	Veterana F40	04:04:49	+01:21:38	08:10
63	48	liliana maria santos cardoso	individual	Senior Feminino	04:06:18	+01:23:06	08:13
64	21	Pedro Lopes	caga tacos running team	Senior Masculino	04:08:54	+01:25:42	08:18
65	106	Jorge Augusto Oliveira Guerra	os falta d'ár	Veterano M40	04:09:18	+01:26:06	08:19
66	74	Hugo Megre	individual	Veterano M40	04:12:06	+01:28:54	08:24
67	95	Raquel Vasconcelos	no tomorrow running team	Senior Feminino	04:13:47	+01:30:36	08:28
68	52	António Carlos Tavares de Paiva	individual	Senior Masculino	04:14:37	+01:31:25	08:29
69	81	Raúl Silva	individual	Veterano M40	04:15:19	+01:32:08	08:31
70	22	Martinho Santos	caldas s. jorge sport clube	Veterano M40	04:15:32	+01:32:21	08:31
71	41	Ricardo Ribeiro	ginásio fit4fun	Senior Masculino	04:17:17	+01:34:05	08:35
72	149	Carlos Magalhães	ginásio fit4fun	Senior Masculino	04:17:18	+01:34:06	08:35
73	47	Toni Ferreira	hora do lobo trail	Senior Masculino	04:17:25	+01:34:14	08:35
74	148	Pedro Magalhães	ginásio fit4fun	Senior Masculino	04:17:30	+01:34:18	08:35
75	32	M.Carlos Martins	clube nortada aventura - murtosa night runners	Veterano M40	04:17:33	+01:34:22	08:35
76	26	Sérgio Fernando Bragança da Silva Matos	clube atletismo lamas	Senior Masculino	04:19:19	+01:36:07	08:39
77	16	Mario Santos	arrastassolas	Senior Masculino	04:19:45	+01:36:34	08:40
78	109	Rui Manuel Oliveira Teixeira	os falta d'ár	Veterano M40	04:22:09	+01:38:57	08:44
79	9	Ricardo Barros	amigos do santo ambrósio	Veterano M40	04:24:28	+01:41:16	08:49
80	100	Rui Taveira	no tomorrow running team	Veterano M40	04:24:42	+01:41:31	08:49
81	80	Pedro Oliveira	individual	Veterano M40	04:34:27	+01:51:15	09:09
82	93	Nelson Castro	magical mushrooms	Veterano M40	04:36:01	+01:52:50	09:12
83	89	Sergio Costa	juventude cortegacense	Veterano M40	04:36:30	+01:53:18	09:13
84	62	Marco Carvalho	individual	Senior Masculino	04:36:30	+01:53:18	09:13
85	86	Márcio Gomes Costa	juventude cortegacense	Senior Masculino	04:37:17	+01:54:05	09:15
86	43	José Jesus	ginásio fit4fun	Veterano M40	04:39:15	+01:56:04	09:19
87	49	Marlene soares	individual	Senior Feminino	04:39:18	+01:56:07	09:19

TRAIL LONGO - STAGE 1

30 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
88	114	Mário Cardoso	pernetas	Veterano M40	04:41:06	+01:57:54	09:22
89	31	Pedro Rodrigo Martins Ferreira dos Santos	clube atletismo lamas	Veterano M40	04:42:27	+01:59:15	09:25
90	17	Carla Moreira	arrastassolas	Veterana F40	04:49:02	+02:05:50	09:38
91	97	Paula Andrade	no tomorrow running team	Veterana F50	04:52:19	+02:09:07	09:45
92	64	Pedro Rodrigues	no tomorrow running team	Senior Masculino	04:52:19	+02:09:08	09:45
93	39	Paulo Duarte	ginasio energia	Veterano M40	04:52:37	+02:09:26	09:45
94	51	Teresa Cristina Lima	individual	Senior Feminino	04:55:45	+02:12:33	09:52
95	25	Ana Catarina da Silva Santos	clube atletismo lamas	Senior Feminino	04:55:45	+02:12:34	09:52
96	11	Hugo Costa	amigos do trail	Senior Masculino	05:01:04	+02:17:52	10:02
97	12	Vinícius Assumpcao	amigos do trail	Senior Masculino	05:01:04	+02:17:53	10:02
98	96	Ana Barroso	no tomorrow running team	Veterana F40	05:08:06	+02:24:55	10:16
99	85	Paula Ferreira	juventude cortegacense	Senior Feminino	05:08:06	+02:24:55	10:16
100	8	Diogo Oliveira	amigos do santo ambrósio	Veterano M40	05:09:39	+02:26:27	10:19
101	54	Carlos Alberto Fernandes Mota	individual	Senior Masculino	05:09:39	+02:26:28	10:19
102	60	José Gabriel da Silva Cardoso	individual	Senior Masculino	05:09:40	+02:26:28	10:19
103	27	Vitor Hugo de Sousa Santos	clube atletismo lamas	Senior Masculino	05:10:20	+02:27:09	10:21
104	117	Vitor Ferreira	running espinho	Veterano M40	05:10:47	+02:27:35	10:22
105	70	Artur Bernardo	individual	Veterano M40	05:11:03	+02:27:51	10:22

## Trail Longo

**30 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:00	9°C	81%
End	14:13	15°C	58%

<b>RANK</b>	<b>BIB</b>	<b>NAME</b>	<b>TEAM</b>	<b>CAT</b>	<b>RESULT</b>	<b>DIFF</b>	<b>t/KM</b>
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### Senior Feminino

1	94	Dora Dias	NO TOMORROW RUNNING TEAM	Senior Feminino	03:44:36		07:29
2	40	Carina Pinho	Ginásio Fit4Fun	Senior Feminino	03:47:11	+02:35	07:34
3	120	MI COUTO	Trail Running Clube Btt Sanguedo	Senior Feminino	03:48:16	+03:40	07:37
4	48	liliana maria santos cardoso	Individual	Senior Feminino	04:06:18	+21:42	08:13
5	95	Raquel Vasconcelos	NO TOMORROW RUNNING TEAM	Senior Feminino	04:13:48	+29:12	08:28
6	49	Marlene soares	Individual	Senior Feminino	04:39:19	+54:43	09:19
7	51	Teresa Cristina Lima	Individual	Senior Feminino	04:55:45	+01:11:09	09:52
8	25	Ana Catarina da Silva Santos	CLUBE ATLETISMO LAMAS	Senior Feminino	04:55:46	+01:11:10	09:52
9	85	Paula Ferreira	Juventude Cortegacense	Senior Feminino	05:08:07	+01:23:31	10:16

### Senior Masculino

1	66	Tiago Manuel Santos Pinho	Individual	Senior Masculino	02:43:12		05:26
2	13	Jorge Gomes	ARCORUN	Senior Masculino	02:53:25	+10:13	05:47
3	33	Helder Rocha	Douroconta	Senior Masculino	02:53:26	+10:14	05:47
4	91	Ivan Silva	Limitless	Senior Masculino	02:58:11	+14:59	05:56
5	6	Filipe Afonso	AC Portalegre/UTSM	Senior Masculino	02:58:42	+15:30	05:57
6	7	Hélder Melo	AC Portalegre/UTSM	Senior Masculino	03:01:41	+18:29	06:03
7	42	Roberto Silva	Ginásio Fit4Fun	Senior Masculino	03:08:08	+24:56	06:16
8	20	Bruno Macedo	Caga tacos Running Team	Senior Masculino	03:10:46	+27:34	06:22
9	10	Antonio Fernandes	AMIGOS DO TRAIL	Senior Masculino	03:14:01	+30:49	06:28
10	56	Fábio Almeida	Individual	Senior Masculino	03:15:11	+31:59	06:30
11	53	Antonio Rocha	Individual	Senior Masculino	03:19:07	+35:55	06:38
12	57	Francisco Terra	Individual	Senior Masculino	03:21:47	+38:35	06:44
13	101	Bruno Santos	O Praticante	Senior Masculino	03:26:37	+43:25	06:53
14	90	Ivan Joel Rocha	Limitless	Senior Masculino	03:27:09	+43:57	06:54
15	23	Bruno Barge	CDC S.Martinho Gandara	Senior Masculino	03:27:17	+44:05	06:55
16	46	Duarte Conceição	Hora do Lobo Trail	Senior Masculino	03:28:22	+45:10	06:57
17	87	Rui Miguel baeta Nogueira	Juventude Cortegacense	Senior Masculino	03:29:14	+46:02	06:58
18	37	MARCIO QUINTAS	GINASIO ENERGIA	Senior Masculino	03:29:46	+46:34	07:00
19	45	Hugo Fardilha	Grupo Fontes	Senior Masculino	03:33:40	+50:28	07:07
20	88	Rui Miguel Gomes Figueiredo	Juventude Cortegacense	Senior Masculino	03:33:44	+50:32	07:07
21	19	Ricardo Magalhães	As Belas e Eles	Senior Masculino	03:36:03	+52:51	07:12
22	65	Ricardo Boucinha	Individual	Senior Masculino	03:36:38	+53:26	07:13
23	111	Jorge Bastos	Pernetas	Senior Masculino	03:40:01	+56:49	07:20
24	63	paulo borges	Individual	Senior Masculino	03:41:25	+58:13	07:23
25	36	Bruno Costa	GINASIO ENERGIA	Senior Masculino	03:46:13	+01:03:01	07:32
26	58	João Figueiredo	Individual	Senior Masculino	03:48:01	+01:04:49	07:36

Official Timekeeper: Lap2Go	1 / 3	generate 01-May-2017 14:15
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### 30K\_COLETIVA

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	Os Falta D'Ár	16 + 17 + 42 + 65	140
2	NO TOMORROW RUNNING TEAM	9 + 44 + 45 + 67	165
3	Ginásio Fit4Fun	11 + 48 + 49 + 71	179
4	Pernetas	37 + 39 + 52 + 59	187
5	Trail Running Clube Btt Sanguedo	21 + 51 + 61 + 62	195

**TRAIL CURTO - STAGE 1**

**18 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:15	10°C	81%
End	12:36	10°C	81%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1213	FÁBIO CORREIA	trail running clube btt sanguedo	Senior Masculino	01:23:15		04:38
2	1064	Camilo Guedes	clube do pessoal aguas de gaia	Veterano M40	01:23:30	+00:15	04:38
3	119	Renato Silva	trail running clube btt sanguedo	Veterano M40	01:23:50	+00:36	04:39
4	1114	Paulo pinto	individual	Senior Masculino	01:25:52	+02:37	04:46
5	1203	Rui Manuel Silva Santos	runners & friends	Veterano M40	01:26:16	+03:01	04:48
6	1059	Manuel Valente	caldas s. jorge sport clube	Veterano M50	01:26:29	+03:15	04:48
7	1037	João Laranjeira	beat your limit!	Senior Masculino	01:29:34	+06:19	04:59
8	1242	Rui Oliveira	vila maior turismo	Veterano M40	01:29:34	+06:20	04:59
9	84	Orlando Ferreira Valente	individual	Veterano M50	01:32:48	+09:34	05:09
10	28	Augusto Aluai	clube atletismo lamas	Veterano M40	01:32:49	+09:34	05:09
11	1155	José Rodrigues de Almeida	individual	Veterano M50	01:34:01	+10:46	05:13
12	1223	CELESTINO NOGUEIRA	trail running clube btt sanguedo	Veterano M50	01:34:58	+11:43	05:17
13	1214	FILIPPE AMORIM	trail running clube btt sanguedo	Senior Masculino	01:35:17	+12:02	05:18
14	1188	Manuel Oliveira	os falta d'ár	Veterano M50	01:35:20	+12:06	05:18
15	1067	José Adelino	clube do pessoal aguas de gaia	Veterano M50	01:35:51	+12:37	05:20
16	1215	Hugo Daniel Fernandes da Silva	trail running clube btt sanguedo	Senior Masculino	01:37:45	+14:30	05:26
17	1239	Julio Oliveira	vila maior turismo	Veterano M40	01:37:46	+14:32	05:26
18	1237	Ricardo Topa	vila maior turismo	Senior Masculino	01:38:16	+15:02	05:28
19	1238	Filipe Neves	vila maior turismo	Veterano M40	01:38:28	+15:14	05:28
20	1005	Paulo Reis Oliveira	afis/ovar	Senior Masculino	01:39:26	+16:12	05:31
21	1246	Isaac Costa	beat your limit!	Senior Masculino	01:39:29	+16:15	05:32
22	1028	Carlos Fernandes	as belas e eles	Veterano M40	01:39:55	+16:40	05:33
23	1136	César Sousa	individual	Veterano M40	01:40:58	+17:44	05:37
24	1100	César Costa	individual	Senior Masculino	01:42:18	+19:03	05:41
25	1118	Ricardo Oliveira	individual	Senior Masculino	01:42:18	+19:03	05:41
26	1216	MIGUEL ÂNGELO BATISTA PINTO	trail running clube btt sanguedo	Senior Masculino	01:43:36	+20:21	05:45
27	1243	Bruno Silva	wikaboo	Senior Masculino	01:44:17	+21:03	05:48
28	1095	Antonio Neves	individual	Senior Masculino	01:44:17	+21:03	05:48
29	1221	RICHARD NOGUEIRA	trail running clube btt sanguedo	Veterano M40	01:44:17	+21:03	05:48
30	1058	Manuel Neves	caldas s. jorge sport clube	Veterano M40	01:45:50	+22:35	05:53
31	1144	José Manuel Rocha	individual	Veterano M40	01:45:50	+22:35	05:53
32	1036	Hugo Azevedo	beat your limit!	Senior Masculino	01:45:52	+22:37	05:53
33	1025	Arsénio Fernandes	arsm - associação recreativa de são miguel	Veterano M60	01:45:57	+22:43	05:53
34	1241	Manuel Silva	vila maior turismo	Veterano M40	01:46:15	+23:00	05:54
35	1083	Cristiana Raquel de Sousa Ferreira	individual	Senior Feminino	01:46:18	+23:04	05:54
36	1017	Paulo Jorge Gomes Grilo	arcorun	Veterano M40	01:48:08	+24:53	06:00
37	1135	Carlos Santos	individual	Veterano M40	01:49:00	+25:45	06:03
38	1133	António Gonçalves	individual	Veterano M40	01:49:44	+26:30	06:06
39	1163	Cecilio Maunel Silva Ferreira	juventude cortegacense	Veterano M40	01:50:35	+27:21	06:09
40	1076	ADRIANO MATIAS	ginasio energia	Veterano M50	01:50:42	+27:28	06:09
41	1045	Carlos manuel dias cunha	bons amigos	Senior Masculino	01:51:20	+28:05	06:11

























