lap2go TIMING SOLUTION

Trilhos de Espinho
Espinho
15-June-2017

TRAIL LONGO - STAGE 1 — 21 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	16ºC	100%
End	13:18	16ºC	100%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	37	Tiago pinho	individual	Senior Masculino	01:18:12		03:43
2	57	Paulo pinto	lusitanos / espinho trail	Senior Masculino	01:24:02	+05:49	04:00
3	62	Renato Silva	lusitanos / espinho trail	Veterano M45	01:24:03	+05:50	04:00
4	50	Antônio pinho	individual	Veterano M50	01:24:33	+06:20	04:02
5	55	Ivan rocha	limitless	Senior Masculino	01:31:30	+13:17	04:21
6	68	Carlos Fazendeiro	os falta d´ar	Veterano M55	01:33:38	+15:25	04:28
7	39	João Moreira	individual	Veterano M40	01:43:39	+25:27	04:56
8	71	António Pinto	runners & friends	Veterano M45	01:44:35	+26:23	04:59
9	59	Toze Amorim	lusitanos / espinho trail	Veterano M40	01:45:51	+27:38	05:02
10	84	Paulo Oliveira	sporting clube de espinho / António leitão	Veterano M45	01:46:10	+27:57	05:03
11	83	Hernâni Furtado	sporting clube de espinho / António leitão	Senior Masculino	01:48:56	+30:44	05:11
12	11	AUGUSTO ALUAI	cal - clube atletismo de lamas	Veterano M45	01:50:24	+32:11	05:15
13	60	Adriano Oliveira	lusitanos / espinho trail	Veterano M45	01:51:47	+33:35	05:19
14	67	Arménio Rodrigues	os falta d´ar	Veterano M45	01:52:25	+34:13	05:21
15	10	Ricardo oliveira	cães do trail	Senior Masculino	01:54:42	+36:30	05:28
16	38	Vítor Maia	individual	Senior Masculino	01:55:12	+36:59	05:29
17	13	AGOSTINHO COSTA	ccdr fundo vila	Veterano M55	01:56:48	+38:35	05:34
18	3	Sofia Coelho	individual	Veterana F40	01:57:01	+38:48	05:34
19	40	José Loureiro	individual	Veterano M40	01:57:24	+39:12	05:35
20	82	Ricardo Reis	sce - triatlo	Senior Masculino	01:57:32	+39:20	05:36
21	41	José Pedro Conde Pinto da Silva	individual	Veterano M40	01:58:05	+39:53	05:37
22	77	Manuel Bastos	running espinho	Veterano M40	01:58:45	+40:33	05:39
23	6	António Gonçalves	acsp	Veterano M45	01:59:07	+40:55	05:40
24	4	João Oliveira	juventude cortegacense	Veterano M40	01:59:41	+41:28	05:42
25	15	César Sousa	fiães running	Veterano M40	02:00:28	+42:15	05:44
26	44	Fernando Ferreira	individual	Veterano M45	02:00:47	+42:35	05:45
27	12	Martinho Santos	caldas s. jorge sport clube	Veterano M45	02:02:18	+44:06	05:49
28	29	Leandro Costa	individual	Senior Masculino	02:02:43	+44:31	05:51
29	2	Hugo Ribeiro	limitless	Senior Masculino	02:03:30	+45:17	05:53
30	22	liliana maria santos cardoso	individual	Senior Feminino	02:03:49	+45:36	05:54
31	48	Pedro Barbosa	individual	Veterano M45	02:04:22	+46:10	05:55
32	34	Ricardo Pereira	individual	Senior Masculino	02:06:05	+47:53	06:00
33	66	Joaquim Neto	os falta d´ar	Veterano M45	02:06:32	+48:19	06:02
34	25	Bruno Duarte	individual	Senior Masculino	02:06:37	+48:24	06:02
35	9	Hélder nogueira	cães do trail	Senior Masculino	02:06:37	+48:24	06:02
36	31	Nuno Santos	individual	Senior Masculino	02:06:48	+48:35	06:02
37	36	Simão Cardoso	individual	Senior Masculino	02:06:48	+48:35	06:02
38	58	Rui Rosas	lusitanos / espinho trail	Senior Masculino	02:07:10	+48:58	06:03
39	7	César costa	cães do trail	Senior Masculino	02:09:09	+50:57	06:09
40	216	Nuno Pedro	individual	Veterano M40	02:10:29	+52:16	06:13
41	81	António Dias	running espinho	Veterano M50	02:10:31	+52:18	06:13

TRAIL LONGO - STAGE 1 — 21 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	46	Nelson Santos	individual	Veterano M45	02:10:33	+52:20	06:13
43	8	Filipe Couto	cães do trail	Senior Masculino	02:10:44	+52:32	06:14
44	76	Manuel Abreu	running espinho	Veterano M40	02:11:11	+52:58	06:15
45	32	Pedro Emanuel de Oliveira Monteiro	individual	Senior Masculino	02:11:11	+52:58	06:15
46	20	Paulo Silva	fun2run	Veterano M50	02:11:40	+53:27	06:16
47	42	Paulo Nunes	individual	Veterano M40	02:12:53	+54:40	06:20
48	54	Júlio Silva	juventude cortegacense	Veterano M45	02:12:53	+54:40	06:20
49	19	Armando Rocha	fun2run	Veterano M40	02:13:10	+54:57	06:20
50	28	José Manuel Correia de Oliveira	individual	Senior Masculino	02:13:21	+55:09	06:21
51	49	Porfirio501@hotmail.com	individual	Veterano M45	02:13:55	+55:42	06:23
52	63	Fernando Rodrigues	lusitanos / espinho trail	Veterano M50	02:15:03	+56:50	06:26
53	61	Paulo Azevedo	lusitanos / espinho trail	Veterano M45	02:15:24	+57:11	06:27
54	43	Pedro Silva	individual	Veterano M40	02:16:20	+58:08	06:30
55	53	08556303	juventude cortegacense	Veterano M45	02:18:40	+01:00:28	06:36
56	45	Joaquim lobato	individual	Veterano M45	02:24:46	+01:06:33	06:54
57	72	Jorge Vicente Sousa	runners & friends	Veterano M45	02:25:05	+01:06:53	06:55
58	26	Daniel Moreira	individual	Senior Masculino	02:25:06	+01:06:53	06:55
59	85	Mi Couto	trail running clube btt sanguedo	Senior Feminino	02:25:06	+01:06:53	06:55
60	79	Paulo Vaz	running espinho	Veterano M40	02:25:53	+01:07:40	06:57
61	14	JOSÉ MIGUEL CRUZ PINTO	ciclistas cósmicos - gislótica	Veterano M50	02:30:56	+01:12:44	07:11
62	16	José Falcão	fiães running	Veterano M60	02:33:01	+01:14:48	07:17
63	21	Julia Schiavon	individual	Senior Feminino	02:33:04	+01:14:51	07:17
64	78	Nuno Milheiro	running espinho	Veterano M40	02:33:10	+01:14:57	07:18
65	51	Antonio Pais de Oliveira	juventude cortegacense	Senior Masculino	02:38:07	+01:19:55	07:32
66	30	Márcio Moreira	individual	Senior Masculino	02:44:07	+01:25:54	07:49
67	23	André silva	individual	Senior Masculino	02:45:19	+01:27:06	07:52
68	24	António Soares	individual	Senior Masculino	02:45:20	+01:27:07	07:52
69	80	Ricardo Barros	running espinho	Veterano M40	02:51:48	+01:33:36	08:11
70	73	Paula Barros	running espinho	Veterana F40	02:51:49	+01:33:36	08:11
71	74	Diogo Oliveira	running espinho	Veterano M40	02:51:56	+01:33:44	08:11
72	47	Nuno Gonçalves Nunes	individual	Veterano M45	03:30:45	+02:12:33	10:02
73	17	Mónica Margaride	fit2labor	Veterana F40	03:36:20	+02:18:07	10:18
74	18	Joaquim de Sousa	fit2labor	Veterano M45	03:36:20	+02:18:08	10:18
75	75	Helder Almeida	running espinho	Veterano M40	03:39:49	+02:21:37	10:28

lap2go TIMING SOLUTION

Trilhos de Espinho
Espinho
15-June-2017

Trail Longo — 21 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	16ºC	100%
End	13:18	16ºC	100%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	22	liliana maria santos cardoso	Individual	Senior Feminino	02:03:49	+45:36	05:54
2	85	Mi Couto	Trail Running Clube Btt Sanguedo	Senior Feminino	02:25:06	+01:06:53	06:55
3	21	Julia Schiavon	Individual	Senior Feminino	02:33:04	+01:14:51	07:17

Senior Masculino

1	37	Tiago pinho	Individual	Senior Masculino	01:18:12		03:43
2	57	Paulo pinto	Lusitanos / Espinho Trail	Senior Masculino	01:24:02	+05:49	04:00
3	55	Ivan rocha	Limitless	Senior Masculino	01:31:30	+13:17	04:21
4	83	Hernâni Furtado	Sporting Clube de Espinho / António Leitão	Senior Masculino	01:48:56	+30:44	05:11
5	10	Ricardo oliveira	Cães do trail	Senior Masculino	01:54:42	+36:30	05:28
6	38	Vítor Maia	Individual	Senior Masculino	01:55:12	+36:59	05:29
7	82	Ricardo Reis	SCE - TRIATLO	Senior Masculino	01:57:32	+39:20	05:36
8	29	Leandro Costa	Individual	Senior Masculino	02:02:43	+44:31	05:51
9	2	Hugo Ribeiro	Limitless	Senior Masculino	02:03:30	+45:17	05:53
10	34	Ricardo Pereira	Individual	Senior Masculino	02:06:05	+47:53	06:00
11	25	Bruno Duarte	Individual	Senior Masculino	02:06:37	+48:24	06:02
12	9	Hélder nogueira	Cães do trail	Senior Masculino	02:06:37	+48:24	06:02
13	31	Nuno Santos	Individual	Senior Masculino	02:06:48	+48:35	06:02
14	36	Simão Cardoso	Individual	Senior Masculino	02:06:48	+48:35	06:02
15	58	Rui Rosas	Lusitanos / Espinho Trail	Senior Masculino	02:07:10	+48:58	06:03
16	7	César costa	Cães do trail	Senior Masculino	02:09:09	+50:57	06:09
17	8	Filipe Couto	Cães do trail	Senior Masculino	02:10:44	+52:32	06:14
18	32	Pedro Emanuel de Oliveira Monteiro	Individual	Senior Masculino	02:11:11	+52:58	06:15
19	28	José Manuel Correia de Oliveira	Individual	Senior Masculino	02:13:21	+55:09	06:21
20	26	Daniel Moreira	Individual	Senior Masculino	02:25:06	+01:06:53	06:55
21	51	Antonio Pais de Oliveira	Juventude Cortegacense	Senior Masculino	02:38:07	+01:19:55	07:32
22	30	Márcio Moreira	Individual	Senior Masculino	02:44:07	+01:25:54	07:49
23	23	André silva	Individual	Senior Masculino	02:45:19	+01:27:06	07:52
24	24	António Soares	Individual	Senior Masculino	02:45:20	+01:27:07	07:52

Veterana F40

1	3	Sofia Coelho	Individual	Veterana F40	01:57:01	+38:48	05:34
2	73	Paula Barros	RUNNING ESPINHO	Veterana F40	02:51:49	+01:33:36	08:11
3	17	Mónica Margaride	Fit2labor	Veterana F40	03:36:20	+02:18:07	10:18

Trail Longo

21 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Veterano M40

1	39	João Moreira	Individual	Veterano M40	01:43:39	+25:27	04:56
2	59	Toze Amorim	Lusitanos / Espinho Trail	Veterano M40	01:45:51	+27:38	05:02
3	40	José Loureiro	Individual	Veterano M40	01:57:24	+39:12	05:35
4	41	José Pedro Conde Pinto da Silva	Individual	Veterano M40	01:58:05	+39:53	05:37
5	77	Manuel Bastos	RUNNING ESPINHO	Veterano M40	01:58:45	+40:33	05:39
6	4	João Oliveira	Juventude Cortegacense	Veterano M40	01:59:41	+41:28	05:42
7	15	César Sousa	Fiães Running	Veterano M40	02:00:28	+42:15	05:44
8	216	Nuno Pedro	Individual	Veterano M40	02:10:29	+52:16	06:13
9	76	Manuel Abreu	RUNNING ESPINHO	Veterano M40	02:11:11	+52:58	06:15
10	42	Paulo Nunes	Individual	Veterano M40	02:12:53	+54:40	06:20
11	19	Armando Rocha	Fun2Run	Veterano M40	02:13:10	+54:57	06:20
12	43	Pedro Silva	Individual	Veterano M40	02:16:20	+58:08	06:30
13	79	Paulo Vaz	RUNNING ESPINHO	Veterano M40	02:25:53	+01:07:40	06:57
14	78	Nuno Milheiro	RUNNING ESPINHO	Veterano M40	02:33:10	+01:14:57	07:18
15	80	Ricardo Barros	RUNNING ESPINHO	Veterano M40	02:51:48	+01:33:36	08:11
16	74	Diogo Oliveira	RUNNING ESPINHO	Veterano M40	02:51:56	+01:33:44	08:11
17	75	Helder Almeida	RUNNING ESPINHO	Veterano M40	03:39:49	+02:21:37	10:28

Veterano M45

1	62	Renato Silva	Lusitanos / Espinho Trail	Veterano M45	01:24:03	+05:50	04:00
2	71	António Pinto	Runners & Friends	Veterano M45	01:44:35	+26:23	04:59
3	84	Paulo Oliveira	Sporting Clube de Espinho / António Leitão	Veterano M45	01:46:10	+27:57	05:03
4	11	AUGUSTO ALUAI	CAL - Clube Atletismo de Lamas	Veterano M45	01:50:24	+32:11	05:15
5	60	Adriano Oliveira	Lusitanos / Espinho Trail	Veterano M45	01:51:47	+33:35	05:19
6	67	Arménio Rodrigues	OS FALTA D´AR	Veterano M45	01:52:25	+34:13	05:21
7	6	António Gonçalves	ACSP	Veterano M45	01:59:07	+40:55	05:40
8	44	Fernando Ferreira	Individual	Veterano M45	02:00:47	+42:35	05:45
9	12	Martinho Santos	Caldas S. Jorge Sport Clube	Veterano M45	02:02:18	+44:06	05:49
10	48	Pedro Barbosa	Individual	Veterano M45	02:04:22	+46:10	05:55
11	66	Joaquim Neto	OS FALTA D´AR	Veterano M45	02:06:32	+48:19	06:02
12	46	Nelson Santos	Individual	Veterano M45	02:10:33	+52:20	06:13
13	54	Júlio Silva	Juventude Cortegacense	Veterano M45	02:12:53	+54:40	06:20
14	49	Porfirio501@hotmail.com	Individual	Veterano M45	02:13:55	+55:42	06:23
15	61	Paulo Azevedo	Lusitanos / Espinho Trail	Veterano M45	02:15:24	+57:11	06:27
16	53	08556303	Juventude Cortegacense	Veterano M45	02:18:40	+01:00:28	06:36
17	45	Joaquim lobato	Individual	Veterano M45	02:24:46	+01:06:33	06:54
18	72	Jorge Vicente Sousa	Runners & Friends	Veterano M45	02:25:05	+01:06:53	06:55
19	47	Nuno Gonçalves Nunes	Individual	Veterano M45	03:30:45	+02:12:33	10:02
20	18	Joaquim de Sousa	Fit2labor	Veterano M45	03:36:20	+02:18:08	10:18

Trail Longo

21 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Veterano M50

1	50	Antônio pinho	Individual	Veterano M50	01:24:33	+06:20	04:02
2	81	António Dias	RUNNING ESPINHO	Veterano M50	02:10:31	+52:18	06:13
3	20	Paulo Silva	Fun2Run	Veterano M50	02:11:40	+53:27	06:16
4	63	Fernando Rodrigues	Lusitanos / Espinho Trail	Veterano M50	02:15:03	+56:50	06:26
5	14	JOSÉ MIGUEL CRUZ PINTO	CICLISTAS CÓSMICOS - GISLÓTICA	Veterano M50	02:30:56	+01:12:44	07:11

Veterano M55

1	68	Carlos Fazendeiro	OS FALTA D´AR	Veterano M55	01:33:38	+15:25	04:28
2	13	AGOSTINHO COSTA	CCDR FUNDO VILA	Veterano M55	01:56:48	+38:35	05:34

Veterano M60

1	16	José Falcão	Fiães Running	Veterano M60	02:33:01	+01:14:48	07:17

COLETIVO - TRAIL LONGO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	Lusitanos / Espinho Trail	2 + 3 + 9 + 13	27
2	Cães do trail	15 + 35 + 39 + 43	132
3	RUNNING ESPINHO	22 + 41 + 44 + 60	167
4	Juventude Cortegacense	24 + 48 + 55 + 65	192

lap2go TIMING SOLUTION

Trilhos de Espinho
Espinho
15-June-2017

TRAIL CURTO - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	16ºC	100%
End	12:57	16ºC	100%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	143	Camilo Guedes	clube do pessoal aguas gaia	Veterano M45	01:18:19		05:13
2	310	César Barros	satecnosol outdoor	Senior Masculino	01:20:30	+02:11	05:22
3	315	fabio fernandes correia	trail running clube btt sanguedo	Senior Masculino	01:21:55	+03:35	05:28
4	323	Rui Oliveira	vila maior turismo	Veterano M40	01:22:10	+03:50	05:29
5	329	Avelino Freitas	individual	Veterano M40	01:23:17	+04:58	05:33
6	232	Ivan Silva	limitless	Senior Masculino	01:25:00	+06:40	05:40
7	320	Júlio Oliveira	vila maior turismo	Veterano M40	01:25:43	+07:23	05:43
8	324	António Marques	vila maior turismo	Veterano M50	01:26:54	+08:34	05:48
9	185	André Joaquim Moreira da Silva	individual	Senior Masculino	01:29:17	+10:57	05:57
10	145	José Adelino	clube do pessoal aguas gaia	Veterano M55	01:29:31	+11:11	05:58
11	319	Ricardo Topa	vila maior turismo	Senior Masculino	01:30:24	+12:05	06:02
12	318	Paulo Silva	vila maior turismo	Senior Masculino	01:30:32	+12:12	06:02
13	207	Carlos Santos	individual	Veterano M40	01:30:44	+12:25	06:03
14	195	Miguel pinto	individual	Senior Masculino	01:30:58	+12:38	06:04
15	218	Paulo Grilo	individual	Veterano M40	01:31:06	+12:46	06:04
16	285	Vitor Rito	running espinho	Senior Masculino	01:31:52	+13:33	06:08
17	311	Marisa Rodrigues	sport clube beira-mar	Senior Feminino	01:32:05	+13:45	06:08
18	208	Constantino Mota	individual	Veterano M40	01:34:28	+16:08	06:18
19	144	Silverio Santos	clube do pessoal aguas gaia	Veterano M45	01:36:11	+17:51	06:25
20	188	BRUNO SILVA	individual	Senior Masculino	01:36:37	+18:17	06:26
21	152	Filipe Santos	fiães running	Senior Masculino	01:36:43	+18:23	06:27
22	275	Paulo Reis	running esmoriz	Senior Masculino	01:36:56	+18:36	06:28
23	304	António Prata	running espinho	Veterano M45	01:37:19	+18:59	06:29
24	147	José Ponte	edv- viana trail	Veterano M60	01:37:36	+19:16	06:30
25	266	André Santos	pequerruchos	Senior Masculino	01:38:01	+19:41	06:32
26	222	Joao neves	individual	Veterano M45	01:38:11	+19:51	06:33
27	251	José Ferreira	oralklass-amigos do trail	Veterano M40	01:38:46	+20:27	06:35
28	250	Fernando Rodrigues Grabulho	oralklass-amigos do trail	Veterano M40	01:38:47	+20:27	06:35
29	249	Élvio Ornelas	oralklass-amigos do trail	Senior Masculino	01:38:47	+20:27	06:35
30	283	Damásio Pereira	running espinho	Senior Masculino	01:38:52	+20:32	06:35
31	322	Manuel Silva	vila maior turismo	Veterano M40	01:40:19	+21:59	06:41
32	168	Carlos Ferreira	g.d.s.paio oleiros	Veterano M40	01:40:58	+22:38	06:44
33	131	ALíPIO GONÇALVES	bravos da montanha	Senior Masculino	01:42:05	+23:45	06:48
34	209	Eduardo Pinto	individual	Veterano M40	01:42:10	+23:50	06:49
35	280	Cristiana Ferreira	running espinho	Senior Feminino	01:42:59	+24:39	06:52
36	328	Edgar Rocha	clube btt sanguedo	Veterano M55	01:42:59	+24:39	06:52
37	70	Celso Miguel de Bastos Silva	peraltafil	Senior Masculino	01:43:05	+24:45	06:52
38	238	Vitor Ferreira	montepio crédito	Veterano M40	01:43:13	+24:54	06:53
39	267	Bruno Rocha	pequerruchos	Senior Masculino	01:43:55	+25:35	06:56
40	257	Selma Soeiro	os guerreiros da luz	Senior Feminino	01:44:11	+25:51	06:57
41	256	Joana Amorim	os guerreiros da luz	Senior Feminino	01:44:12	+25:52	06:57

TRAIL CURTO - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	142	Fernando Castanheira	clube do pessoal aguas gaia	Senior Masculino	01:44:31	+26:11	06:58
43	199	Tiago Bernardes	individual	Senior Masculino	01:45:01	+26:41	07:00
44	137	Ramiro Silva	caldas s. jorge sport clube	Veterano M50	01:45:11	+26:51	07:01
45	255	Jorge Guerra	os falta d´ar	Veterano M40	01:45:17	+26:58	07:01
46	306	Mário Alves	running espinho	Veterano M45	01:45:21	+27:01	07:01
47	270	pedro brizido	pipb	Veterano M40	01:45:33	+27:13	07:02
48	302	Rui Pinto	running espinho	Veterano M40	01:47:40	+29:20	07:11
49	230	Manuel Alves	individual	Veterano M60	01:48:40	+30:21	07:15
50	187	arlindo miguel almeida pais	individual	Senior Masculino	01:50:08	+31:48	07:21
51	198	Tácito Sousa	individual	Senior Masculino	01:50:37	+32:17	07:23
52	180	Sofia Ferreira	individual	Senior Feminino	01:50:45	+32:25	07:23
53	159	Vítor Santos	fiães running	Veterano M40	01:50:51	+32:31	07:23
54	269	Paulo Sergio Sá Oliveira	peraltafil	Senior Masculino	01:51:19	+33:00	07:25
55	221	Eduardo Nascimento	individual	Veterano M45	01:52:49	+34:30	07:31
56	196	Pedro Pereira	individual	Senior Masculino	01:52:57	+34:37	07:32
57	220	Vítor Neto	individual	Veterano M40	01:53:27	+35:07	07:34
58	307	Carlos Silva	running espinho	Veterano M50	01:53:50	+35:30	07:35
59	155	Fátima Pais	fiães running	Veterana F50	01:54:10	+35:50	07:37
60	247	Jorge Oliveira	individual	Senior Masculino	01:54:30	+36:10	07:38
61	286	Anabela Santos	running espinho	Veterana F40	01:55:08	+36:48	07:41
62	228	João Filipe Fernandes	individual	Veterano M50	01:55:15	+36:56	07:41
63	186	António João Alves dos Santos	individual	Senior Masculino	01:55:20	+37:01	07:41
64	200	Sandra Canelha	individual	Veterana F40	01:55:23	+37:03	07:42
65	309	Sebastião Couto	running espinho	Veterano M55	01:55:28	+37:08	07:42
66	298	David Oliveira	running espinho	Veterano M40	01:55:44	+37:24	07:43
67	174	Fernando Couto	grupo de corrida de argoncilhe	Veterano M60	01:55:44	+37:25	07:43
68	205	Rosa Pinto	individual	Veterana F55	01:55:58	+37:38	07:44
69	268	Simão Castro	pequerruchos	Senior Masculino	01:56:51	+38:32	07:47
70	133	Vitor Mendes	bravos da montanha	Senior Masculino	01:56:52	+38:33	07:48
71	132	MIGUEL BAPTISTA	bravos da montanha	Senior Masculino	01:56:53	+38:33	07:48
72	312	Isabel Cristina Brandão Soares	sportarc.running	Veterana F40	01:57:45	+39:25	07:51
73	217	Nuno Sampaio Soares	individual	Veterano M40	01:57:47	+39:27	07:51
74	166	Paulo Soares	fogaças com malapos	Veterano M45	01:57:57	+39:38	07:52
75	162	Filipe Coelho	fogaças com malapos	Senior Masculino	01:57:58	+39:38	07:52
76	161	Daniel Brandão	fogaças com malapos	Senior Masculino	01:57:58	+39:38	07:52
77	160	André Castro	fogaças com malapos	Senior Masculino	01:57:58	+39:38	07:52
78	167	Joaquim Silva	fogaças com malapos	Veterano M50	01:57:58	+39:38	07:52
79	225	Manuel Paiva	individual	Veterano M45	01:59:45	+41:25	07:59
80	261	Simon Lopes	os marretas	Senior Masculino	01:59:46	+41:26	07:59
81	240	Sónia Santiago	mozelos runners	Senior Feminino	02:00:18	+41:58	08:01
82	203	MARIA TEIXEIRA	individual	Veterana F45	02:00:22	+42:02	08:01
83	231	Tácito Laranjeira	individual	Veterano M60	02:00:40	+42:21	08:03
84	245	Mafalda Valente	never give up	Senior Feminino	02:01:03	+42:43	08:04
85	163	Hugo Lima	fogaças com malapos	Senior Masculino	02:01:20	+43:00	08:05
86	164	Márcio Correia	fogaças com malapos	Senior Masculino	02:01:20	+43:00	08:05
87	129	José Lage	amigos dos semáforos, bamulá	Veterano M45	02:02:33	+44:13	08:10

TRAIL CURTO - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
88	177	Liliana Gomes	individual	Senior Feminino	02:03:24	+45:05	08:14
89	241	Luís Machado	mozelos runners	Senior Masculino	02:03:42	+45:22	08:15
90	122	Albino Leite	alesil	Veterano M50	02:04:32	+46:12	08:18
91	153	Pedro Custódio	fiães running	Senior Masculino	02:04:53	+46:33	08:20
92	1	Andreia Pereira	individual	Senior Feminino	02:04:54	+46:34	08:20
93	292	Sandra Ferreira	running espinho	Veterana F40	02:04:56	+46:36	08:20
94	219	Rafael Sousa	individual	Veterano M40	02:04:57	+46:38	08:20
95	305	José Feiteira	running espinho	Veterano M45	02:04:58	+46:38	08:20
96	277	Andreia Costa	running espinho	Senior Feminino	02:04:58	+46:38	08:20
97	297	António Albuquerque	running espinho	Veterano M40	02:05:00	+46:40	08:20
98	165	Vitor Costa	fogaças com malapos	Veterano M40	02:05:20	+47:00	08:21
99	121	Tiago leite	alesil	Senior Masculino	02:05:50	+47:30	08:23
100	296	Manuela Sousa	running espinho	Veterana F50	02:05:50	+47:30	08:23
101	171	Jose Santos	grupo de corrida de argoncilhe	Veterano M50	02:05:50	+47:30	08:23
102	272	Tiago Carvalho	pónalama	Senior Masculino	02:05:58	+47:38	08:24
103	194	Miguel Oliveira	individual	Senior Masculino	02:06:20	+48:00	08:25
104	154	Maria Filomena Ribeiro	fiães running	Veterana F45	02:06:20	+48:00	08:25
105	299	Jorge Fontes	running espinho	Veterano M40	02:06:22	+48:02	08:26
106	308	José Pereira	running espinho	Veterano M50	02:06:22	+48:03	08:26
107	243	António Rodrigues	mozelos runners	Veterano M40	02:06:46	+48:26	08:27
108	191	Filipe Moreira	individual	Senior Masculino	02:06:47	+48:28	08:27
109	157	Miguel Ferreira	fiães running	Veterano M40	02:07:17	+48:57	08:29
110	150	Sandra Santos	fiães running	Senior Feminino	02:07:17	+48:57	08:29
111	291	Rosa Couto	running espinho	Veterana F40	02:07:18	+48:58	08:29
112	170	Fernando Pais	grupo de corrida de argoncilhe	Veterano M50	02:07:19	+48:59	08:29
113	278	Arminda Rodrigues	running espinho	Senior Feminino	02:07:23	+49:03	08:30
114	252	Antonio Fernandes	os amigos de grijo	Veterano M55	02:08:07	+49:47	08:32
115	149	Paula Ferreira	fiães running	Senior Feminino	02:08:19	+49:59	08:33
116	244	Joaquim Pereira	mozelos runners	Veterano M40	02:08:36	+50:16	08:34
117	193	Luís Peralta	individual	Senior Masculino	02:09:22	+51:02	08:37
118	189	Cláudio Filipe Pontes Ruivinho	individual	Senior Masculino	02:10:07	+51:47	08:41
119	172	Fernando Silva	grupo de corrida de argoncilhe	Veterano M55	02:10:23	+52:03	08:42
120	233	Rogério Henriques	limitless	Senior Masculino	02:11:02	+52:42	08:44
121	173	Rui Oliveira	grupo de corrida de argoncilhe	Veterano M55	02:11:13	+52:53	08:45
122	325	José Luis Pires	individual	Veterano M40	02:11:23	+53:03	08:46
123	156	José Herdeiro	fiães running	Veterano M40	02:12:00	+53:40	08:48
124	258	La Salete	os marretas	Senior Feminino	02:12:10	+53:50	08:49
125	210	jorge oliveira	individual	Veterano M40	02:12:13	+53:53	08:49
126	178	sandra oliveira	individual	Senior Feminino	02:12:17	+53:57	08:49
127	303	Vitor Ferreira	running espinho	Veterano M40	02:12:20	+54:00	08:49
128	158	Ricardo Ferreira	fiães running	Veterano M40	02:12:40	+54:20	08:51
129	248	Alice Santos	núcleo de montanha de espinho	Veterana F45	02:12:55	+54:35	08:52
130	123	André Pereira	amigos dos semáforos, bamulá	Senior Masculino	02:17:28	+59:09	09:10
131	126	Luís Almeida	amigos dos semáforos, bamulá	Veterano M40	02:17:29	+59:09	09:10
132	327	Ricardo Costa	individual	Senior Masculino	02:17:31	+59:11	09:10
133	246	Rui Moreira	never give up	Veterano M40	02:17:45	+59:25	09:11

TRAIL CURTO - STAGE 1 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
134	239	Joana Machado	mozelos runners	Senior Feminino	02:17:49	+59:29	09:11
135	176	Cláudia Babo	individual	Senior Feminino	02:18:35	+01:00:16	09:14
136	317	Fernando Correia	trail running clube btt sanguedo	Veterano M50	02:18:35	+01:00:16	09:14
137	204	Margarida Machado	individual	Veterana F50	02:18:35	+01:00:16	09:14
138	183	Teresa Amorim	individual	Senior Feminino	02:18:36	+01:00:16	09:14
139	316	Dulce Correia	trail running clube btt sanguedo	Veterana F45	02:18:36	+01:00:16	09:14
140	136	Patricia gomes	cães do trail	Senior Feminino	02:18:36	+01:00:16	09:14
141	289	Gabriela Veiga	running espinho	Veterana F40	02:18:36	+01:00:16	09:14
142	125	Cristina Amaral	amigos dos semáforos, bamulá	Veterana F45	02:18:39	+01:00:19	09:15
143	127	Marco Pacheco	amigos dos semáforos, bamulá	Veterano M40	02:18:39	+01:00:19	09:15
144	182	Susana Albuquerque	individual	Senior Feminino	02:18:40	+01:00:20	09:15
145	146	Raul Cunha	cunhax	Veterano M45	02:19:37	+01:01:17	09:19
146	212	Luis Ferreira	individual	Veterano M40	02:21:35	+01:03:15	09:26
147	271	isidro silva	pipb	Veterano M45	02:21:37	+01:03:17	09:26
148	226	Miguel pinheiro	individual	Veterano M45	02:21:56	+01:03:36	09:28
149	141	Miguel Branco	cf runners	Veterano M40	02:22:09	+01:03:50	09:29
150	227	henrique.vidal@sapo.pt	individual	Veterano M50	02:22:22	+01:04:02	09:29
151	295	Clara Oliveira	running espinho	Veterana F45	02:22:29	+01:04:09	09:30
152	223	jose augusto sousa de oliveira	individual	Veterano M45	02:22:31	+01:04:11	09:30
153	265	António Sousa	os marretas	Veterano M60	02:23:28	+01:05:08	09:34
154	288	Emilia Fiães	running espinho	Veterana F40	02:24:23	+01:06:03	09:38
155	321	Luis Santos	vila maior turismo	Veterano M40	02:25:14	+01:06:55	09:41
156	139	Heloise Rodrigues	cf runners	Veterana F40	02:27:41	+01:09:21	09:51
157	202	Assunção Hespanhol	individual	Veterana F45	02:28:03	+01:09:43	09:52
158	229	Joaquim Vieira	individual	Veterano M50	02:28:03	+01:09:44	09:52
159	279	Carla Oliveira	running espinho	Senior Feminino	02:28:04	+01:09:44	09:52
160	148	Celeste Costa	fiães running	Senior Feminino	02:28:07	+01:09:47	09:52
161	294	Alexandra Soares	running espinho	Veterana F45	02:28:07	+01:09:47	09:53
162	276	Anabela Barata	running espinho	Senior Feminino	02:28:52	+01:10:32	09:56
163	192	João Correia	individual	Senior Masculino	02:28:55	+01:10:35	09:56
164	151	Sofia Leal	fiães running	Senior Feminino	02:29:29	+01:11:09	09:58
165	236	Pedro Aires	montepio crédito	Senior Masculino	02:29:39	+01:11:20	09:59
166	235	Tânia Sofia Cardoso Ribeiro Rebelo	montepio crédito	Senior Feminino	02:29:40	+01:11:20	09:59
167	237	Rui Manuel Mota fontes Rebelo	montepio crédito	Senior Masculino	02:30:33	+01:12:13	10:02
168	234	andreia da rocha marinheiro	lusitanos / espinho trail	Senior Feminino	02:31:53	+01:13:33	10:08
169	242	Michael Amaral	mozelos runners	Senior Masculino	02:33:41	+01:15:21	10:15
170	281	Lúcia Ribeiro	running espinho	Senior Feminino	02:33:57	+01:15:37	10:16
171	293	Susana Silva	running espinho	Veterana F40	02:35:56	+01:17:36	10:24
172	300	José Silva	running espinho	Veterano M40	02:35:56	+01:17:36	10:24
173	273	Inês Araújo	prt	Senior Feminino	02:36:37	+01:18:17	10:26
174	274	Henrique Lopes	prt	Senior Masculino	02:36:37	+01:18:17	10:27
175	169	Sonia Santos	grupo de corrida de argoncilhe	Veterana F40	02:37:40	+01:19:20	10:31
176	135	José Amorim Alves Pereira	btt brandoense	Veterano M50	02:37:40	+01:19:20	10:31
177	253	Cátia Fernandes	os falta d´ar	Senior Feminino	02:37:40	+01:19:20	10:31

TRAIL CURTO - STAGE 1 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
178	134	Maria Filomena Mendes Oliveira	btt brandoense	Veterana F50	02:37:40	+01:19:20	10:31
179	254	Rui Santos	os falta d´ar	Senior Masculino	02:37:40	+01:19:20	10:31
180	282	Olga Rodrigues	running espinho	Senior Feminino	02:39:46	+01:21:26	10:39
181	287	Conceição Bessa	running espinho	Veterana F40	02:39:47	+01:21:27	10:39
182	124	Teresa Cálix	amigos dos semáforos, bamulá	Veterana F40	02:45:03	+01:26:43	11:00
183	128	Miguel Magalhaes	amigos dos semáforos, bamulá	Veterano M40	02:45:03	+01:26:43	11:00
184	213	Manuel Costa	individual	Veterano M40	02:48:30	+01:30:10	11:14
185	290	Mónica Vaz	running espinho	Veterana F40	02:49:16	+01:30:56	11:17
186	138	Sonia Morais	cf runners	Senior Feminino	02:49:28	+01:31:08	11:18
187	260	Pedro Correia	os marretas	Senior Masculino	02:51:00	+01:32:40	11:24
188	313	Marta Mota	team girl	Senior Feminino	03:19:36	+02:01:16	13:18
189	264	Joaquim Encarnação	os marretas	Veterano M40	03:19:36	+02:01:17	13:18
190	263	Leontina Correia	os marretas	Veterana F55	03:19:37	+02:01:17	13:18
191	314	Ana Silva	team girl	Veterana F40	03:19:37	+02:01:17	13:19
192	262	Elisabete Carvalho	os marretas	Veterana F40	03:19:38	+02:01:19	13:19

lap2go TIMING SOLUTION

Trilhos de Espinho
Espinho
15-June-2017

Trail Curto — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	16ºC	100%
End	12:57	16ºC	100%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	311	Marisa Rodrigues	Sport Clube Beira-Mar	Senior Feminino	01:32:05	+13:45	06:08
2	280	Cristiana Ferreira	RUNNING ESPINHO	Senior Feminino	01:42:59	+24:39	06:52
3	257	Selma Soeiro	Os Guerreiros Da Luz	Senior Feminino	01:44:11	+25:51	06:57
4	256	Joana Amorim	Os Guerreiros Da Luz	Senior Feminino	01:44:12	+25:52	06:57
5	180	Sofia Ferreira	Individual	Senior Feminino	01:50:45	+32:25	07:23
6	240	Sónia Santiago	Mozelos Runners	Senior Feminino	02:00:18	+41:58	08:01
7	245	Mafalda Valente	Never Give Up	Senior Feminino	02:01:03	+42:43	08:04
8	177	Liliana Gomes	Individual	Senior Feminino	02:03:24	+45:05	08:14
9	1	Andreia Pereira	Individual	Senior Feminino	02:04:54	+46:34	08:20
10	277	Andreia Costa	RUNNING ESPINHO	Senior Feminino	02:04:58	+46:38	08:20
11	150	Sandra Santos	Fiães Running	Senior Feminino	02:07:17	+48:57	08:29
12	278	Arminda Rodrigues	RUNNING ESPINHO	Senior Feminino	02:07:23	+49:03	08:30
13	149	Paula Ferreira	Fiães Running	Senior Feminino	02:08:19	+49:59	08:33
14	258	La Salete	Os Marretas	Senior Feminino	02:12:10	+53:50	08:49
15	178	sandra oliveira	Individual	Senior Feminino	02:12:17	+53:57	08:49
16	239	Joana Machado	Mozelos Runners	Senior Feminino	02:17:49	+59:29	09:11
17	176	Cláudia Babo	Individual	Senior Feminino	02:18:35	+01:00:16	09:14
18	183	Teresa Amorim	Individual	Senior Feminino	02:18:36	+01:00:16	09:14
19	136	Patricia gomes	Cães do trail	Senior Feminino	02:18:36	+01:00:16	09:14
20	182	Susana Albuquerque	Individual	Senior Feminino	02:18:40	+01:00:20	09:15
21	279	Carla Oliveira	RUNNING ESPINHO	Senior Feminino	02:28:04	+01:09:44	09:52
22	148	Celeste Costa	Fiães Running	Senior Feminino	02:28:07	+01:09:47	09:52
23	276	Anabela Barata	RUNNING ESPINHO	Senior Feminino	02:28:52	+01:10:32	09:56
24	151	Sofia Leal	Fiães Running	Senior Feminino	02:29:29	+01:11:09	09:58
25	235	Tânia Sofia Cardoso Ribeiro Rebelo	Montepio Crédito	Senior Feminino	02:29:40	+01:11:20	09:59
26	234	andreia da rocha marinheiro	Lusitanos / Espinho Trail	Senior Feminino	02:31:53	+01:13:33	10:08
27	281	Lúcia Ribeiro	RUNNING ESPINHO	Senior Feminino	02:33:57	+01:15:37	10:16
28	273	Inês Araújo	PRT	Senior Feminino	02:36:37	+01:18:17	10:26
29	253	Cátia Fernandes	OS FALTA D´AR	Senior Feminino	02:37:40	+01:19:20	10:31
30	282	Olga Rodrigues	RUNNING ESPINHO	Senior Feminino	02:39:46	+01:21:26	10:39
31	138	Sonia Morais	CF RUNNERS	Senior Feminino	02:49:28	+01:31:08	11:18
32	313	Marta Mota	Team Girl	Senior Feminino	03:19:36	+02:01:16	13:18

Senior Masculino

1	310	César Barros	Satecnosol Outdoor	Senior Masculino	01:20:30	+02:11	05:22
2	315	fabio fernandes correia	Trail Running Clube Btt Sanguedo	Senior Masculino	01:21:55	+03:35	05:28
3	232	Ivan Silva	Limitless	Senior Masculino	01:25:00	+06:40	05:40
4	185	André Joaquim Moreira da Silva	Individual	Senior Masculino	01:29:17	+10:57	05:57

Trail Curto

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

5	319	Ricardo Topa	Vila Maior Turismo	Senior Masculino	01:30:24	+12:05	06:02
6	318	Paulo Silva	Vila Maior Turismo	Senior Masculino	01:30:32	+12:12	06:02
7	195	Miguel pinto	Individual	Senior Masculino	01:30:58	+12:38	06:04
8	285	Vitor Rito	RUNNING ESPINHO	Senior Masculino	01:31:52	+13:33	06:08
9	188	BRUNO SILVA	Individual	Senior Masculino	01:36:37	+18:17	06:26
10	152	Filipe Santos	Fiães Running	Senior Masculino	01:36:43	+18:23	06:27
11	275	Paulo Reis	Running Esmoriz	Senior Masculino	01:36:56	+18:36	06:28
12	266	André Santos	Pequerruchos	Senior Masculino	01:38:01	+19:41	06:32
13	249	Élvio Ornelas	Oralklass-Amigos do Trail	Senior Masculino	01:38:47	+20:27	06:35
14	283	Damásio Pereira	RUNNING ESPINHO	Senior Masculino	01:38:52	+20:32	06:35
15	131	ALíPIO GONÇALVES	Bravos da montanha	Senior Masculino	01:42:05	+23:45	06:48
16	70	Celso Miguel de Bastos Silva	Peraltafil	Senior Masculino	01:43:05	+24:45	06:52
17	267	Bruno Rocha	Pequerruchos	Senior Masculino	01:43:55	+25:35	06:56
18	142	Fernando Castanheira	Clube do Pessoal Aguas Gaia	Senior Masculino	01:44:31	+26:11	06:58
19	199	Tiago Bernardes	Individual	Senior Masculino	01:45:01	+26:41	07:00
20	187	arlindo miguel almeida pais	Individual	Senior Masculino	01:50:08	+31:48	07:21
21	198	Tácito Sousa	Individual	Senior Masculino	01:50:37	+32:17	07:23
22	269	Paulo Sergio Sá Oliveira	Peraltafil	Senior Masculino	01:51:19	+33:00	07:25
23	196	Pedro Pereira	Individual	Senior Masculino	01:52:57	+34:37	07:32
24	247	Jorge Oliveira	Individual	Senior Masculino	01:54:30	+36:10	07:38
25	186	António João Alves dos Santos	Individual	Senior Masculino	01:55:20	+37:01	07:41
26	268	Simão Castro	Pequerruchos	Senior Masculino	01:56:51	+38:32	07:47
27	133	Vitor Mendes	Bravos da montanha	Senior Masculino	01:56:52	+38:33	07:48
28	132	MIGUEL BAPTISTA	Bravos da montanha	Senior Masculino	01:56:53	+38:33	07:48
29	162	Filipe Coelho	Fogaças com Malapos	Senior Masculino	01:57:58	+39:38	07:52
30	161	Daniel Brandão	Fogaças com Malapos	Senior Masculino	01:57:58	+39:38	07:52
31	160	André Castro	Fogaças com Malapos	Senior Masculino	01:57:58	+39:38	07:52
32	261	Simon Lopes	Os Marretas	Senior Masculino	01:59:46	+41:26	07:59
33	163	Hugo Lima	Fogaças com Malapos	Senior Masculino	02:01:20	+43:00	08:05
34	164	Márcio Correia	Fogaças com Malapos	Senior Masculino	02:01:20	+43:00	08:05
35	241	Luís Machado	Mozelos Runners	Senior Masculino	02:03:42	+45:22	08:15
36	153	Pedro Custódio	Fiães Running	Senior Masculino	02:04:53	+46:33	08:20
37	121	Tiago leite	Alesil	Senior Masculino	02:05:50	+47:30	08:23
38	272	Tiago Carvalho	PóNaLama	Senior Masculino	02:05:58	+47:38	08:24
39	194	Miguel Oliveira	Individual	Senior Masculino	02:06:20	+48:00	08:25
40	191	Filipe Moreira	Individual	Senior Masculino	02:06:47	+48:28	08:27
41	193	Luís Peralta	Individual	Senior Masculino	02:09:22	+51:02	08:37
42	189	Cláudio Filipe Pontes Ruivinho	Individual	Senior Masculino	02:10:07	+51:47	08:41
43	233	Rogério Henriques	Limitless	Senior Masculino	02:11:02	+52:42	08:44
44	123	André Pereira	Amigos dos semáforos, bamulá	Senior Masculino	02:17:28	+59:09	09:10
45	327	Ricardo Costa	Individual	Senior Masculino	02:17:31	+59:11	09:10
46	192	João Correia	Individual	Senior Masculino	02:28:55	+01:10:35	09:56
47	236	Pedro Aires	Montepio Crédito	Senior Masculino	02:29:39	+01:11:20	09:59
48	237	Rui Manuel Mota fontes Rebelo	Montepio Crédito	Senior Masculino	02:30:33	+01:12:13	10:02
49	242	Michael Amaral	Mozelos Runners	Senior Masculino	02:33:41	+01:15:21	10:15
50	274	Henrique Lopes	PRT	Senior Masculino	02:36:37	+01:18:17	10:27

Trail Curto — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

51	254	Rui Santos	OS FALTA D´AR	Senior Masculino	02:37:40	+01:19:20	10:31
52	260	Pedro Correia	Os Marretas	Senior Masculino	02:51:00	+01:32:40	11:24

Veterana F40

1	286	Anabela Santos	RUNNING ESPINHO	Veterana F40	01:55:08	+36:48	07:41
2	200	Sandra Canelha	Individual	Veterana F40	01:55:23	+37:03	07:42
3	312	Isabel Cristina Brandão Soares	Sportarc.Running	Veterana F40	01:57:45	+39:25	07:51
4	292	Sandra Ferreira	RUNNING ESPINHO	Veterana F40	02:04:56	+46:36	08:20
5	291	Rosa Couto	RUNNING ESPINHO	Veterana F40	02:07:18	+48:58	08:29
6	289	Gabriela Veiga	RUNNING ESPINHO	Veterana F40	02:18:36	+01:00:16	09:14
7	288	Emilia Fiães	RUNNING ESPINHO	Veterana F40	02:24:23	+01:06:03	09:38
8	139	Heloise Rodrigues	CF RUNNERS	Veterana F40	02:27:41	+01:09:21	09:51
9	293	Susana Silva	RUNNING ESPINHO	Veterana F40	02:35:56	+01:17:36	10:24
10	169	Sonia Santos	Grupo de Corrida de Argoncilhe	Veterana F40	02:37:40	+01:19:20	10:31
11	287	Conceição Bessa	RUNNING ESPINHO	Veterana F40	02:39:47	+01:21:27	10:39
12	124	Teresa Cálix	Amigos dos semáforos, bamulá	Veterana F40	02:45:03	+01:26:43	11:00
13	290	Mónica Vaz	RUNNING ESPINHO	Veterana F40	02:49:16	+01:30:56	11:17
14	314	Ana Silva	Team Girl	Veterana F40	03:19:37	+02:01:17	13:19
15	262	Elisabete Carvalho	Os Marretas	Veterana F40	03:19:38	+02:01:19	13:19

Veterana F45

1	203	MARIA TEIXEIRA	Individual	Veterana F45	02:00:22	+42:02	08:01
2	154	Maria Filomena Ribeiro	Fiães Running	Veterana F45	02:06:20	+48:00	08:25
3	248	Alice Santos	Núcleo de Montanha de Espinho	Veterana F45	02:12:55	+54:35	08:52
4	316	Dulce Correia	Trail Running Clube Btt Sanguedo	Veterana F45	02:18:36	+01:00:16	09:14
5	125	Cristina Amaral	Amigos dos semáforos, bamulá	Veterana F45	02:18:39	+01:00:19	09:15
6	295	Clara Oliveira	RUNNING ESPINHO	Veterana F45	02:22:29	+01:04:09	09:30
7	202	Assunção Hespanhol	Individual	Veterana F45	02:28:03	+01:09:43	09:52
8	294	Alexandra Soares	RUNNING ESPINHO	Veterana F45	02:28:07	+01:09:47	09:53

Veterana F50

1	155	Fátima Pais	Fiães Running	Veterana F50	01:54:10	+35:50	07:37
2	296	Manuela Sousa	RUNNING ESPINHO	Veterana F50	02:05:50	+47:30	08:23
3	204	Margarida Machado	Individual	Veterana F50	02:18:35	+01:00:16	09:14
4	134	Maria Filomena Mendes Oliveira	BTT BRANDOENSE	Veterana F50	02:37:40	+01:19:20	10:31

Veterana F55

1	205	Rosa Pinto	Individual	Veterana F55	01:55:58	+37:38	07:44
2	263	Leontina Correia	Os Marretas	Veterana F55	03:19:37	+02:01:17	13:18

Trail Curto

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Veterano M40

1	323	Rui Oliveira	Vila Maior Turismo	Veterano M40	01:22:10	+03:50	05:29
2	329	Avelino Freitas	Individual	Veterano M40	01:23:17	+04:58	05:33
3	320	Júlio Oliveira	Vila Maior Turismo	Veterano M40	01:25:43	+07:23	05:43
4	207	Carlos Santos	Individual	Veterano M40	01:30:44	+12:25	06:03
5	218	Paulo Grilo	Individual	Veterano M40	01:31:06	+12:46	06:04
6	208	Constantino Mota	Individual	Veterano M40	01:34:28	+16:08	06:18
7	251	José Ferreira	Oralklass-Amigos do Trail	Veterano M40	01:38:46	+20:27	06:35
8	250	Fernando Rodrigues Grabulho	Oralklass-Amigos do Trail	Veterano M40	01:38:47	+20:27	06:35
9	322	Manuel Silva	Vila Maior Turismo	Veterano M40	01:40:19	+21:59	06:41
10	168	Carlos Ferreira	G.D.S.PAIO OLEIROS	Veterano M40	01:40:58	+22:38	06:44
11	209	Eduardo Pinto	Individual	Veterano M40	01:42:10	+23:50	06:49
12	238	Vitor Ferreira	Montepio Crédito	Veterano M40	01:43:13	+24:54	06:53
13	255	Jorge Guerra	OS FALTA D´AR	Veterano M40	01:45:17	+26:58	07:01
14	270	pedro brizido	pipb	Veterano M40	01:45:33	+27:13	07:02
15	302	Rui Pinto	RUNNING ESPINHO	Veterano M40	01:47:40	+29:20	07:11
16	159	Vítor Santos	Fiães Running	Veterano M40	01:50:51	+32:31	07:23
17	220	Vítor Neto	Individual	Veterano M40	01:53:27	+35:07	07:34
18	298	David Oliveira	RUNNING ESPINHO	Veterano M40	01:55:44	+37:24	07:43
19	217	Nuno Sampaio Soares	Individual	Veterano M40	01:57:47	+39:27	07:51
20	219	Rafael Sousa	Individual	Veterano M40	02:04:57	+46:38	08:20
21	297	António Albuquerque	RUNNING ESPINHO	Veterano M40	02:05:00	+46:40	08:20
22	165	Vitor Costa	Fogaças com Malapos	Veterano M40	02:05:20	+47:00	08:21
23	299	Jorge Fontes	RUNNING ESPINHO	Veterano M40	02:06:22	+48:02	08:26
24	243	António Rodrigues	Mozelos Runners	Veterano M40	02:06:46	+48:26	08:27
25	157	Miguel Ferreira	Fiães Running	Veterano M40	02:07:17	+48:57	08:29
26	244	Joaquim Pereira	Mozelos Runners	Veterano M40	02:08:36	+50:16	08:34
27	325	José Luis Pires	Individual	Veterano M40	02:11:23	+53:03	08:46
28	156	José Herdeiro	Fiães Running	Veterano M40	02:12:00	+53:40	08:48
29	210	jorge oliveira	Individual	Veterano M40	02:12:13	+53:53	08:49
30	303	Vitor Ferreira	RUNNING ESPINHO	Veterano M40	02:12:20	+54:00	08:49
31	158	Ricardo Ferreira	Fiães Running	Veterano M40	02:12:40	+54:20	08:51
32	126	Luís Almeida	Amigos dos semáforos, bamulá	Veterano M40	02:17:29	+59:09	09:10
33	246	Rui Moreira	Never Give Up	Veterano M40	02:17:45	+59:25	09:11
34	127	Marco Pacheco	Amigos dos semáforos, bamulá	Veterano M40	02:18:39	+01:00:19	09:15
35	212	Luis Ferreira	Individual	Veterano M40	02:21:35	+01:03:15	09:26
36	141	Miguel Branco	CF RUNNERS	Veterano M40	02:22:09	+01:03:50	09:29
37	321	Luis Santos	Vila Maior Turismo	Veterano M40	02:25:14	+01:06:55	09:41
38	300	José Silva	RUNNING ESPINHO	Veterano M40	02:35:56	+01:17:36	10:24
39	128	Miguel Magalhaes	Amigos dos semáforos, bamulá	Veterano M40	02:45:03	+01:26:43	11:00
40	213	Manuel Costa	Individual	Veterano M40	02:48:30	+01:30:10	11:14
41	264	Joaquim Encarnação	Os Marretas	Veterano M40	03:19:36	+02:01:17	13:18

Trail Curto — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Veterano M45

1	143	Camilo Guedes	Clube do Pessoal Aguas Gaia	Veterano M45	01:18:19		05:13
2	144	Silverio Santos	Clube do Pessoal Aguas Gaia	Veterano M45	01:36:11	+17:51	06:25
3	304	António Prata	RUNNING ESPINHO	Veterano M45	01:37:19	+18:59	06:29
4	222	Joao neves	Individual	Veterano M45	01:38:11	+19:51	06:33
5	306	Mário Alves	RUNNING ESPINHO	Veterano M45	01:45:21	+27:01	07:01
6	221	Eduardo Nascimento	Individual	Veterano M45	01:52:49	+34:30	07:31
7	166	Paulo Soares	Fogaças com Malapos	Veterano M45	01:57:57	+39:38	07:52
8	225	Manuel Paiva	Individual	Veterano M45	01:59:45	+41:25	07:59
9	129	José Lage	Amigos dos semáforos, bamulá	Veterano M45	02:02:33	+44:13	08:10
10	305	José Feiteira	RUNNING ESPINHO	Veterano M45	02:04:58	+46:38	08:20
11	146	Raul Cunha	cUnHaX	Veterano M45	02:19:37	+01:01:17	09:19
12	271	isidro silva	pipb	Veterano M45	02:21:37	+01:03:17	09:26
13	226	Miguel pinheiro	Individual	Veterano M45	02:21:56	+01:03:36	09:28
14	223	jose augusto sousa de oliveira	Individual	Veterano M45	02:22:31	+01:04:11	09:30

Veterano M50

1	324	António Marques	Vila Maior Turismo	Veterano M50	01:26:54	+08:34	05:48
2	137	Ramiro Silva	Caldas S. Jorge Sport Clube	Veterano M50	01:45:11	+26:51	07:01
3	307	Carlos Silva	RUNNING ESPINHO	Veterano M50	01:53:50	+35:30	07:35
4	228	João Filipe Fernandes	Individual	Veterano M50	01:55:15	+36:56	07:41
5	167	Joaquim Silva	Fogaças com Malapos	Veterano M50	01:57:58	+39:38	07:52
6	122	Albino Leite	Alesil	Veterano M50	02:04:32	+46:12	08:18
7	171	Jose Santos	Grupo de Corrida de Argoncilhe	Veterano M50	02:05:50	+47:30	08:23
8	308	José Pereira	RUNNING ESPINHO	Veterano M50	02:06:22	+48:03	08:26
9	170	Fernando Pais	Grupo de Corrida de Argoncilhe	Veterano M50	02:07:19	+48:59	08:29
10	317	Fernando Correia	Trail Running Clube Btt Sanguedo	Veterano M50	02:18:35	+01:00:16	09:14
11	227	henrique.vidal@sapo.pt	Individual	Veterano M50	02:22:22	+01:04:02	09:29
12	229	Joaquim Vieira	Individual	Veterano M50	02:28:03	+01:09:44	09:52
13	135	José Amorim Alves Pereira	BTT BRANDOENSE	Veterano M50	02:37:40	+01:19:20	10:31

Veterano M55

1	145	José Adelino	Clube do Pessoal Aguas Gaia	Veterano M55	01:29:31	+11:11	05:58
2	328	Edgar Rocha	CLUBE BTT SANGUEDO	Veterano M55	01:42:59	+24:39	06:52
3	309	Sebastião Couto	RUNNING ESPINHO	Veterano M55	01:55:28	+37:08	07:42
4	252	Antonio Fernandes	OS AMIGOS DE GRIJO	Veterano M55	02:08:07	+49:47	08:32
5	172	Fernando Silva	Grupo de Corrida de Argoncilhe	Veterano M55	02:10:23	+52:03	08:42
6	173	Rui Oliveira	Grupo de Corrida de Argoncilhe	Veterano M55	02:11:13	+52:53	08:45

Veterano M60

1	147	José Ponte	EDV- VIANA TRAIL	Veterano M60	01:37:36	+19:16	06:30

Trail Curto

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

2	230	Manuel Alves	Individual	Veterano M60	01:48:40	+30:21	07:15
3	174	Fernando Couto	Grupo de Corrida de Argoncilhe	Veterano M60	01:55:44	+37:25	07:43
4	231	Tácito Laranjeira	Individual	Veterano M60	02:00:40	+42:21	08:03
5	265	António Sousa	Os Marretas	Veterano M60	02:23:28	+01:05:08	09:34

COLETIVO - TRAIL CURTO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	Vila Maior Turismo	4 + 7 + 8 + 11	30
2	Clube do Pessoal Aguas Gaia	1 + 10 + 19 + 42	72
3	RUNNING ESPINHO	16 + 23 + 30 + 35	104
4	Fiães Running	21 + 53 + 59 + 91	224
5	Fogaças com Malapos	74 + 75 + 76 + 77	302
6	Mozelos Runners	81 + 89 + 107 + 116	393
7	Grupo de Corrida de Argoncilhe	67 + 101 + 112 + 119	399
8	Amigos dos semáforos, bamulá	87 + 130 + 131 + 142	490
9	Montepio Crédito	38 + 165 + 166 + 167	536
10	Os Marretas	80 + 124 + 153 + 187	544