

TRAIL CURTO - STAGE 1

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:30	-99°C	-99%
End	12:44	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	627	Bruno Filipe	individual	Senior Masculino	01:17:14		04:17
2	564	Fábio Mendes	da-lhe gaz	Senior Masculino	01:17:17	+00:02	04:18
3	630	Celso Moiteiro	individual	Senior Masculino	01:17:52	+00:37	04:20
4	739	Bruno Gomes	pêras do casal	Senior Masculino	01:18:09	+00:55	04:21
5	710	Valter Lopes	individual	Senior Masculino	01:18:54	+01:39	04:23
6	779	André Ferreira	união fci de tomar	Senior Masculino	01:19:45	+02:30	04:26
7	566	Nuno Coelho	da-lhe gaz	Senior Masculino	01:19:51	+02:37	04:26
8	698	Ricardo Aguiar	individual	Senior Masculino	01:21:14	+03:59	04:31
9	722	Joel Batista	lourival bike team	Senior Masculino	01:21:14	+04:00	04:31
10	519	Orlando M.A.Pires	arsm - associação recreativa de s. miguel	Senior Masculino	01:21:40	+04:26	04:32
11	668	José Santos	individual	Senior Masculino	01:21:52	+04:37	04:33
12	513	wilson subtil	alnetos	Senior Masculino	01:22:18	+05:04	04:34
13	505	Ricardo Lopes	acrm silveirinha claras	Senior Masculino	01:22:57	+05:42	04:37
14	690	Paulo Amaral	individual	Senior Masculino	01:24:30	+07:15	04:42
15	503	João Sacramento	ac vermoil	Senior Masculino	01:24:43	+07:28	04:42
16	658	João Paulo Santos Domingues	individual	Senior Masculino	01:25:40	+08:26	04:46
17	517	Joaquim Baltazar	arcd venda da luisa	Senior Masculino	01:27:00	+09:46	04:50
18	672	Luis Nobre	individual	Senior Masculino	01:27:31	+10:17	04:52
19	759	Simão Pedro Da Silva Castela	sfasc runners	Senior Masculino	01:28:04	+10:50	04:54
20	575	Vitor Gomes	flashover - bypenela	Senior Masculino	01:28:06	+10:52	04:54
21	762	António Luís Cordeiro Gomes	slow runners pombal	Senior Masculino	01:28:12	+10:58	04:54
22	614	Acílio Noro	individual	Senior Masculino	01:28:28	+11:14	04:55
23	665	jose luis carvalho pinto	individual	Senior Masculino	01:28:37	+11:23	04:55
24	518	José Simões	arsm - associação recreativa de s. miguel	Senior Masculino	01:28:44	+11:29	04:56
25	671	Luis Caetano	individual	Senior Masculino	01:28:55	+11:41	04:56
26	618	André filipe martins ramos	individual	Senior Masculino	01:30:03	+12:49	05:00
27	732	Diogo Alves	ourique runners	Senior Masculino	01:30:16	+13:01	05:01
28	569	Rodrigo Vieira	da-lhe gaz	Senior Masculino	01:30:34	+13:20	05:02
29	666	José Marinho	individual	Senior Masculino	01:30:36	+13:21	05:02
30	536	Tiago Ramos	clube de atletismo de ferreira do zêzere	Senior Masculino	01:31:01	+13:47	05:03
31	746	filipe domingues	pinhal total - oleiros aventura	Senior Masculino	01:31:40	+14:26	05:06
32	579	Helder Gante	gantusa	Senior Masculino	01:32:15	+15:00	05:08
33	578	Cristiano Gante	gantusa	Senior Masculino	01:32:15	+15:01	05:08
34	508	Luis Miranda	aergóis trail running	Senior Masculino	01:32:28	+15:14	05:08
35	651	Hugo Freitas	individual	Senior Masculino	01:32:30	+15:15	05:08
36	684	Nuno António de Sousa Outor Pacheco	individual	Senior Masculino	01:32:47	+15:32	05:09
37	502	Hermenegildo Santos	abutres	Senior Masculino	01:32:50	+15:35	05:09
38	702	Samuel Rocha	individual	Senior Masculino	01:34:58	+17:43	05:17
39	645	Filipe Antonio	individual	Senior Masculino	01:35:26	+18:12	05:18
40	543	Jorge Pimenta	correr lisboa	Senior Masculino	01:36:46	+19:31	05:23
41	719	Luis Manuel Sousa Lages	lizrunners	Senior Masculino	01:36:46	+19:32	05:23

TRAIL CURTO - STAGE 1**18 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
88	631	Cristiano Jesus Santos	individual	Senior Masculino	01:45:38	+28:24	05:52
89	648	Guilherme Oliveira	individual	Senior Masculino	01:45:47	+28:33	05:53
90	756	Jorge Cancelinha	sfasc runners	Senior Masculino	01:45:51	+28:37	05:53
91	659	João Santos	individual	Senior Masculino	01:46:13	+28:59	05:54
92	525	Bruno Lucas Dias	catch us if u can	Senior Masculino	01:46:17	+29:02	05:54
93	632	Daniel Antunes	individual	Senior Masculino	01:46:20	+29:06	05:54
94	735	Fernando Santos	passoapasso team	Senior Masculino	01:46:23	+29:09	05:55
95	716	Luis Marques	lama solta	Senior Masculino	01:46:27	+29:12	05:55
96	770	Mari Lúcia Henriques Rodrigues	team fulltyre_automvcar	Senior Feminino	01:46:40	+29:25	05:56
97	532	micael mendes martins	ccr rio de couros	Senior Masculino	01:46:42	+29:27	05:56
98	572	Rui Carlos dos Santos Faria	etpsicó	Senior Masculino	01:46:43	+29:28	05:56
99	512	Paulo Freire	alnetos	Senior Masculino	01:47:18	+30:03	05:58
100	531	Luis Vieira	cod crédito agrícola mútuo	Senior Masculino	01:47:26	+30:12	05:58
101	680	Micael André	individual	Senior Masculino	01:47:28	+30:14	05:58
102	556	Miguel Ângelo Duarte das Neves Matias	cscrfcharneca	Senior Masculino	01:47:31	+30:16	05:58
103	554	Carlos António Mota Longo da Conceição	cscrfcharneca	Senior Masculino	01:47:37	+30:22	05:59
104	753	Bruno Artur Nunes Duro	sfasc runners	Senior Masculino	01:47:45	+30:31	05:59
105	524	Luis Soares	cabritos do mato	Senior Masculino	01:48:00	+30:46	06:00
106	697	Raul Abraão Martins	individual	Senior Masculino	01:49:29	+32:15	06:05
107	686	Nuno Manuel Sousa Lourenço	individual	Senior Masculino	01:49:38	+32:23	06:05
108	699	Ricardo Nuno Francisco do Carmo	individual	Senior Masculino	01:49:45	+32:31	06:06
109	553	Bruno Miguel Ferreira Simões Lima	cscrfcharneca	Senior Masculino	01:49:49	+32:34	06:06
110	624	Bruno Antunes	individual	Senior Masculino	01:49:58	+32:43	06:07
111	717	William Ferreira	lama solta	Senior Masculino	01:50:26	+33:11	06:08
112	548	Pedro Miguel costa macêdo	correr lisboa	Senior Masculino	01:50:27	+33:13	06:08
113	546	Paulo Gomes	correr lisboa	Senior Masculino	01:50:27	+33:13	06:08
114	662	Jorge Manuel Silva Fernandes	individual	Senior Masculino	01:50:27	+33:13	06:08
115	743	Marco Freire	pés de chumbo	Senior Masculino	01:51:10	+33:55	06:11
116	744	Tiago Palricas	pés de chumbo	Senior Masculino	01:51:11	+33:56	06:11
117	555	Luís Fernando Rocha das Neves	cscrfcharneca	Senior Masculino	01:51:16	+34:01	06:11
118	711	Virgílio Neto	individual	Senior Masculino	01:52:12	+34:57	06:14
119	685	Nuno Filipe Duarte Cunha	individual	Senior Masculino	01:52:32	+35:18	06:15
120	616	Alfredo Santos	individual	Senior Masculino	01:52:42	+35:28	06:16
121	571	Fernando Inácio Pires Medeiros	etpsicó	Senior Masculino	01:53:04	+35:49	06:17
122	610	Sara Domingues	individual	Senior Feminino	01:53:29	+36:14	06:18
123	620	António Gomes	individual	Senior Masculino	01:53:29	+36:14	06:18
124	679	Mário Medeiros	individual	Senior Masculino	01:53:31	+36:16	06:18
125	740	Fábio Santos	pêras do casal	Senior Masculino	01:53:44	+36:30	06:19
126	675	Marco Paulo Silvério Bernardo	individual	Senior Masculino	01:53:48	+36:33	06:19
127	681	Michael Gouveia	individual	Senior Masculino	01:53:56	+36:42	06:20
128	667	José Miguel Lana Baptista Monteiro	individual	Senior Masculino	01:54:00	+36:46	06:20
129	718	José Lages	lizrunners	Senior Masculino	01:54:00	+36:46	06:20
130	692	Paulo Mendes	individual	Senior Masculino	01:54:03	+36:48	06:20
131	561	Silvia Dias	da-lhe gaz	Senior Feminino	01:54:05	+36:51	06:20
132	565	Jose Dias	da-lhe gaz	Senior Masculino	01:54:05	+36:51	06:20

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18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
133	742	Carlos Lopes	pés de chumbo	Senior Masculino	01:54:09	+36:55	06:21
134	731	Mateus Rodrigues	os tartarugas	Senior Masculino	01:54:11	+36:56	06:21
135	730	Luís Rodrigues	os tartarugas	Senior Masculino	01:54:11	+36:56	06:21
136	729	José Morgado	os tartarugas	Senior Masculino	01:54:11	+36:56	06:21
137	601	Isabel Maria Momiz Vieira	individual	Senior Feminino	01:54:49	+37:35	06:23
138	653	Humberto Fernandes	individual	Senior Masculino	01:55:07	+37:53	06:24
139	656	Joao marco domingues gomes	individual	Senior Masculino	01:56:01	+38:47	06:27
140	642	Fausto Cardoso	individual	Senior Masculino	01:56:09	+38:55	06:27
141	615	Alexandre Miguel Santos Antunes	individual	Senior Masculino	01:56:33	+39:19	06:29
142	594	Daniela Ventura Gonçalves	individual	Senior Feminino	01:56:41	+39:27	06:29
143	683	NICOLAS NUNES DA SILVA	individual	Senior Masculino	01:56:43	+39:29	06:29
144	588	Candida Gonçalves	individual	Senior Feminino	01:57:34	+40:19	06:32
145	748	Mário Silva	rabugem	Senior Masculino	01:58:02	+40:47	06:33
146	597	Elsa Mária Lopes Soares	individual	Senior Feminino	01:58:20	+41:05	06:34
147	635	Diogo Rodrigues Mendes	individual	Senior Masculino	01:58:36	+41:22	06:35
148	660	Jorge gaspar lopes	individual	Senior Masculino	01:58:48	+41:34	06:36
149	592	Cristiana Lopes	individual	Senior Feminino	01:58:57	+41:42	06:37
150	691	Paulo Duarte	individual	Senior Masculino	01:58:58	+41:43	06:37
151	678	Mário Filipe da Silva Ferreira	individual	Senior Masculino	01:58:58	+41:43	06:37
152	773	Sara Coelho	team usf mondego	Senior Feminino	01:59:06	+41:52	06:37
153	774	Duarte Sousa	team usf mondego	Senior Masculino	01:59:13	+41:59	06:37
154	605	Luísa Areia	individual	Senior Feminino	01:59:26	+42:11	06:38
155	768	Joel Lourenço	stepon.pt	Senior Masculino	01:59:26	+42:12	06:38
156	504	Rafael Bronze	acrm silveirinha claras	Senior Masculino	01:59:29	+42:15	06:38
157	607	Mónica Freitas Teixeira	individual	Senior Feminino	01:59:31	+42:17	06:38
158	593	Daniela Daa	individual	Senior Feminino	01:59:32	+42:17	06:38
159	560	Eliana Raimundo	da-lhe gaz	Senior Feminino	01:59:49	+42:34	06:39
160	509	Armindo Freire	alnetos	Senior Masculino	01:59:53	+42:39	06:40
161	654	Humberto Fernandes Marques Ventura	individual	Senior Masculino	02:00:10	+42:56	06:41
162	602	Ivete Gaspar Neto	individual	Senior Feminino	02:00:13	+42:59	06:41
163	501	Cláudia Cravo	abutres	Senior Feminino	02:00:49	+43:35	06:43
164	775	José Eduardo Figueiredo Mendes	team usf mondego	Senior Masculino	02:00:59	+43:45	06:43
165	676	Marco Santos	individual	Senior Masculino	02:01:33	+44:19	06:45
166	783	Paula Andrade	vikings trail runners/ ccr alcabideque	Senior Feminino	02:01:39	+44:25	06:46
167	782	Patrícia Simoes	vikings trail runners/ ccr alcabideque	Senior Feminino	02:01:45	+44:31	06:46
168	633	Diogo Alexandre Marques dos Santos	individual	Senior Masculino	02:02:15	+45:00	06:48
169	551	André Rafael da Costa Lopes	csrfchameca	Senior Masculino	02:02:33	+45:19	06:49
170	670	Luís Brandao	individual	Senior Masculino	02:02:34	+45:19	06:49
171	604	Liliana Pedrosa	individual	Senior Feminino	02:02:55	+45:40	06:50
172	530	FILIPE SIMÕES	ccd crédito agrícola mútuo	Senior Masculino	02:02:59	+45:44	06:50
173	528	Leonel Pinto	cavalos de corrida	Senior Masculino	02:03:00	+45:45	06:50
174	527	Jorge silva	cavalos de corrida	Senior Masculino	02:03:00	+45:45	06:50
175	557	Pascoal Duarte Oliveira	csrfchameca	Senior Masculino	02:03:07	+45:52	06:50
176	727	Pedro Miguel Gonçalves Lourenço	oa atevidos	Senior Masculino	02:03:09	+45:54	06:51
177	629	Carlos Valente	individual	Senior Masculino	02:03:14	+45:59	06:51

TRAIL CURTO - STAGE 1

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
178	754	João Rafael Bernardes Simões	sfasc runners	Senior Masculino	02:03:27	+46:12	06:52
179	708	Tiago Vicente Rodrigues Marques	individual	Senior Masculino	02:03:39	+46:25	06:52
180	595	Diana Martins	individual	Senior Feminino	02:03:40	+46:25	06:52
181	559	Catarina Oliveira	da-lhe gaz	Senior Feminino	02:03:46	+46:32	06:53
182	507	Luis Filipe	aergóis trail running	Senior Masculino	02:04:00	+46:45	06:53
183	582	~Magda Caldeira	individual	Senior Feminino	02:04:01	+46:47	06:53
184	728	Tânia Guiomar	os iindomáveis	Senior Feminino	02:04:35	+47:21	06:55
185	637	Eduardo Bento	individual	Senior Masculino	02:05:16	+48:02	06:58
186	529	Jorge fazenda	cca runners	Senior Masculino	02:05:28	+48:14	06:58
187	639	Fábio Dias Pita	individual	Senior Masculino	02:06:36	+49:22	07:02
188	581	Joana Rosa	gim running team	Senior Feminino	02:07:07	+49:53	07:04
189	580	Elisabete Pedrosa	gim running team	Senior Feminino	02:07:54	+50:40	07:06
190	634	Diogo Ferreira	individual	Senior Masculino	02:08:45	+51:31	07:09
191	598	Eugenia Maria Gomes Ribeiro David	individual	Senior Feminino	02:08:47	+51:32	07:09
192	689	Paulino Oliveira	individual	Senior Masculino	02:08:55	+51:40	07:10
193	701	Rui Rocha	individual	Senior Masculino	02:09:39	+52:24	07:12
194	733	André Gatões	passoapasso team	Senior Masculino	02:09:43	+52:28	07:12
195	734	Bruno Simões	passoapasso team	Senior Masculino	02:09:45	+52:30	07:13
196	737	Renato Alexandre Flores Simões Batista	passoapasso team	Senior Masculino	02:09:48	+52:33	07:13
197	506	Josephine Marques	aergóis trail running	Senior Feminino	02:10:06	+52:51	07:14
198	606	Maria Alexandra Santos Lopes	individual	Senior Feminino	02:11:17	+54:03	07:18
199	589	Carla sofia mendes silva	individual	Senior Feminino	02:11:28	+54:13	07:18
200	703	Silvio Rodrigues Freire	individual	Senior Masculino	02:12:14	+55:00	07:21
201	747	Joao santos	pinhal total - oleiros aventura	Senior Masculino	02:12:16	+55:01	07:21
202	688	Nuno Miguel Santos Gomes	individual	Senior Masculino	02:12:51	+55:36	07:23
203	541	Paula Gomes	correr lisboa	Senior Feminino	02:12:52	+55:37	07:23
204	785	Sandra Isabel Almeida Brito	vikings trail runners/ ccr alcabideque	Senior Feminino	02:13:40	+56:26	07:26
205	784	Sandra Agra	vikings trail runners/ ccr alcabideque	Senior Feminino	02:13:40	+56:26	07:26
206	619	Anibal Matos Luis	individual	Senior Masculino	02:14:41	+57:26	07:29
207	526	Luis Filipe Ferreira Ventura	catch us if u can	Senior Masculino	02:14:48	+57:33	07:29
208	649	Helder Craveiro	individual	Senior Masculino	02:16:05	+58:50	07:34
209	552	Arlindo de Jesus Oliveira	cscrchameca	Senior Masculino	02:16:14	+58:59	07:34
210	600	Graça Queiroz	individual	Senior Feminino	02:16:52	+59:38	07:36
211	613	ZÉLIA MARIA DUARTE CASEIRO	individual	Senior Feminino	02:16:55	+59:40	07:36
212	700	Rui Miguel da Silva Pereira	individual	Senior Masculino	02:17:13	+59:59	07:37
213	603	Liliana Adelina Gonçalves da Silva	individual	Senior Feminino	02:17:14	+59:59	07:37
214	608	Paula Rita Paiva de Carvalho	individual	Senior Feminino	02:17:51	+01:00:36	07:40
215	661	Jorge figueiredo	individual	Senior Masculino	02:18:44	+01:01:30	07:42
216	596	Dina Simão	individual	Senior Feminino	02:19:22	+01:02:07	07:45
217	777	Pedro Ventura	trail bombeiros ansião team	Senior Masculino	02:19:28	+01:02:13	07:45
218	583	Ana Maria Vieira de Oliveira	individual	Senior Feminino	02:19:46	+01:02:32	07:46
219	761	SÍLVIA DOMINGUES	slow runners pombal	Senior Feminino	02:21:19	+01:04:04	07:51
220	764	Pedro Moreira	slow runners pombal	Senior Masculino	02:21:19	+01:04:05	07:51
221	763	Gonçalo Freitas	slow runners pombal	Senior Masculino	02:21:19	+01:04:05	07:51
222	789	Olga Cristina Correia	individual	Senior Feminino	02:21:20	+01:04:06	07:51

TRAIL CURTO - STAGE 1

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
223	694	Paulo Sergio Pereira	individual	Senior Masculino	02:23:22	+01:06:07	07:58
224	599	Florbela Fernandes	individual	Senior Feminino	02:24:38	+01:07:24	08:02
225	584	ANABELA VIEIRA AMARAL	individual	Senior Feminino	02:24:38	+01:07:24	08:02
226	549	Sandra Gonçalves	cpt sobral de ceira	Senior Feminino	02:25:49	+01:08:34	08:06
227	780	Elisabete Jacinto	urbanização teodora running team	Senior Feminino	02:25:49	+01:08:34	08:06
228	558	Anabela Monteiro	cumibroa bike's running team	Senior Feminino	02:25:49	+01:08:34	08:06
229	628	Bruno Miguel Silva Rodrigues	individual	Senior Masculino	02:26:11	+01:08:57	08:07
230	567	Nuno Leal	da-lhe gaz	Senior Masculino	02:26:19	+01:09:04	08:08
231	695	Pedro Brito	individual	Senior Masculino	02:26:19	+01:09:05	08:08
232	622	Suzana Marto	individual	Senior Masculino	02:26:20	+01:09:06	08:08
233	769	Claudia Freire	team fulltyre_automvcar	Senior Feminino	02:26:31	+01:09:16	08:08
234	537	Ana Macêdo	correr lisboa	Senior Feminino	02:32:22	+01:15:07	08:28
235	585	Andreia Ribeiro	individual	Senior Feminino	02:32:28	+01:15:13	08:28
236	547	Paulo Ribeiro	correr lisboa	Senior Masculino	02:32:29	+01:15:15	08:28
237	538	Cristina Ribeiro	correr lisboa	Senior Feminino	02:32:30	+01:15:16	08:28
238	545	Jose Ribeiro	correr lisboa	Senior Masculino	02:33:23	+01:16:09	08:31
239	544	José Dinis	correr lisboa	Senior Masculino	02:33:24	+01:16:09	08:31
240	720	Marisa Silva	lourival bike team	Senior Feminino	02:34:42	+01:17:27	08:36
241	721	André António	lourival bike team	Senior Masculino	02:34:42	+01:17:27	08:36
242	540	Gislaine costa	correr lisboa	Senior Feminino	02:35:10	+01:17:55	08:37
243	539	Dídia Ferreira	correr lisboa	Senior Feminino	02:35:10	+01:17:56	08:37
244	738	Sandro Manuel Veiga dos Santos	passoapasso team	Senior Masculino	02:39:21	+01:22:07	08:51
245	736	Pedro Lopes	passoapasso team	Senior Masculino	02:39:24	+01:22:09	08:51
246	641	Fábio Teixeira	individual	Senior Masculino	02:40:06	+01:22:51	08:54
247	713	Telma Marques	lama solta	Senior Feminino	02:41:41	+01:24:27	08:59
248	714	Filipe Marques	lama solta	Senior Masculino	02:41:41	+01:24:27	08:59
249	787	Inês Peres	individual	Senior Feminino	02:41:54	+01:24:39	09:00
250	788	Magda Araújo	individual	Senior Feminino	02:41:54	+01:24:40	09:00
251	786	Inês Isabel Mendonça	individual	Senior Feminino	02:41:54	+01:24:40	09:00
252	723	Carlos Marques	moles & lesmas	Senior Masculino	02:42:59	+01:25:45	09:03
253	724	Pedro Saraiva	moles & lesmas	Senior Masculino	02:43:00	+01:25:45	09:03
254	570	Victor Coelho	da-lhe gaz	Senior Masculino	02:43:14	+01:26:00	09:04
255	752	José Fernando Ferreira Gonçalves	sem limites	Senior Masculino	02:46:08	+01:28:53	09:14
256	751	Maria Carla Moreira Pacheco	sem limites	Senior Feminino	02:46:08	+01:28:53	09:14
257	590	Cila	individual	Senior Feminino	02:48:45	+01:31:30	09:23
258	644	Fernando Trino	individual	Senior Masculino	02:48:45	+01:31:31	09:23
259	617	Almerindo	individual	Senior Masculino	02:48:48	+01:31:33	09:23
260	772	Rodrigo Manuel Faria dos Santos	team fulltyre_automvcar	Senior Masculino	02:53:23	+01:36:09	09:38
261	673	Manuel Colaço	individual	Senior Masculino	02:53:28	+01:36:13	09:38
262	687	Nuno Miguel da Silva Pereira	individual	Senior Masculino	02:53:37	+01:36:23	09:39
263	611	Sara Margarida Rosado Aranha Pereira	individual	Senior Feminino	02:53:37	+01:36:23	09:39
264	771	Sandra Isabel Faria dos Santos	team fulltyre_automvcar	Senior Feminino	02:53:48	+01:36:34	09:39
265	726	Catarina marques rodrigues	oa atrevidos	Senior Feminino	03:02:12	+01:44:58	10:07
266	587	Bruna Valada	individual	Senior Feminino	03:14:53	+01:57:38	10:50

Trail Curto

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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	Time	Temperature	Humidity
Start	09:30	-99°C	-99%
End	12:44	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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Senior Feminino

1	591	Cláudia Torres	Individual	Senior Feminino	01:38:36		05:29
2	778	Rita Monteiro Rodrigues	U.F. Comércio e Indústria Atletismo	Senior Feminino	01:41:19	+02:43	05:38
3	781	Mónica Ribeiro	VIKINGS TRAIL RUNNERS/ CCR ALCABIDEQUE	Senior Feminino	01:44:11	+05:35	05:47
4	770	Mari Lúcia Henriques Rodrigues	TEAM FULLTYRE_AUTOMVCAR	Senior Feminino	01:46:40	+08:04	05:56
5	610	Sara Domingues	Individual	Senior Feminino	01:53:29	+14:53	06:18
6	561	Silvia Dias	Da-lhe Gaz	Senior Feminino	01:54:06	+15:30	06:20
7	601	Isabel Maria Momiz Vieira	Individual	Senior Feminino	01:54:50	+16:14	06:23
8	594	Daniela Ventura Gonçalves	Individual	Senior Feminino	01:56:42	+18:06	06:29
9	588	Candida Gonçalves	Individual	Senior Feminino	01:57:34	+18:58	06:32
10	597	Elsa MAria Lopes Soares	Individual	Senior Feminino	01:58:20	+19:44	06:34
11	592	Cristiana Lopes	Individual	Senior Feminino	01:58:57	+20:21	06:37
12	773	Sara Coelho	Team USF Mondego	Senior Feminino	01:59:07	+20:31	06:37
13	605	Luísa Areia	Individual	Senior Feminino	01:59:26	+20:50	06:38
14	607	Mónica Freitas Teixeira	Individual	Senior Feminino	01:59:32	+20:56	06:38
15	593	Daniela Diaa	Individual	Senior Feminino	01:59:32	+20:56	06:38
16	560	Eliana Raimundo	Da-lhe Gaz	Senior Feminino	01:59:49	+21:13	06:39
17	602	Ivete Gaspar Neto	Individual	Senior Feminino	02:00:14	+21:38	06:41
18	501	Cláudia Cravo	Abutres	Senior Feminino	02:00:50	+22:14	06:43
19	783	Paula Andrade	VIKINGS TRAIL RUNNERS/ CCR ALCABIDEQUE	Senior Feminino	02:01:40	+23:04	06:46
20	782	Patrícia Simoes	VIKINGS TRAIL RUNNERS/ CCR ALCABIDEQUE	Senior Feminino	02:01:46	+23:10	06:46
21	604	Liliana Pedrosa	Individual	Senior Feminino	02:02:55	+24:19	06:50
22	595	Diana Martins	Individual	Senior Feminino	02:03:40	+25:04	06:52
23	559	Catarina Oliveira	Da-lhe Gaz	Senior Feminino	02:03:47	+25:11	06:53
24	582	~Magda Caldeira	Individual	Senior Feminino	02:04:02	+25:26	06:53
25	728	Tânia Guiomar	Os lindomáveis	Senior Feminino	02:04:36	+26:00	06:55
26	581	Joana Rosa	GIM Running Team	Senior Feminino	02:07:08	+28:32	07:04
27	580	Elisabete Pedrosa	GIM Running Team	Senior Feminino	02:07:55	+29:19	07:06
28	598	Eugenia Maria Gomes Ribeiro David	Individual	Senior Feminino	02:08:47	+30:11	07:09
29	506	Josephine Marques	AERGóis Trail Running	Senior Feminino	02:10:06	+31:30	07:14
30	606	Maria Alexandra Santos Lopes	Individual	Senior Feminino	02:11:18	+32:42	07:18
31	589	Carla sofia mendes silva	Individual	Senior Feminino	02:11:28	+32:52	07:18
32	541	Paula Gomes	CORRER LISBOA	Senior Feminino	02:12:52	+34:16	07:23
33	785	Sandra Isabel Almeida Brito	VIKINGS TRAIL RUNNERS/ CCR ALCABIDEQUE	Senior Feminino	02:13:41	+35:05	07:26
34	784	Sandra Agra	VIKINGS TRAIL RUNNERS/ CCR ALCABIDEQUE	Senior Feminino	02:13:41	+35:05	07:26
35	600	Graça Queiroz	Individual	Senior Feminino	02:16:53	+38:17	07:36

Trail Curto

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

36	613	ZÉLIA MARIA DUARTE CASEIRO	Individual	Senior Feminino	02:16:55	+38:19	07:36
37	603	Liliana Adelina Gonçalves da Silva	Individual	Senior Feminino	02:17:14	+38:38	07:37
38	608	Paula Rita Paiva de Carvalho	Individual	Senior Feminino	02:17:51	+39:15	07:40
39	596	Dina Simão	Individual	Senior Feminino	02:19:22	+40:46	07:45
40	583	Ana Maria Vieira de Oliveira	Individual	Senior Feminino	02:19:47	+41:11	07:46
41	761	SÍLVIA DOMINGUES	Slow Runners Pombal	Senior Feminino	02:21:19	+42:43	07:51
42	789	Olga Cristina Correia	Individual	Senior Feminino	02:21:21	+42:45	07:51
43	599	Florbela Fernandes	Individual	Senior Feminino	02:24:39	+46:03	08:02
44	584	ANABELA VIEIRA AMARAL	Individual	Senior Feminino	02:24:39	+46:03	08:02
45	549	Sandra Gonçalves	CPT Sobral de Ceira	Senior Feminino	02:25:49	+47:13	08:06
46	780	Elisabete Jacinto	Urbanização Teodora Running Team	Senior Feminino	02:25:49	+47:13	08:06
47	558	Anabela Monteiro	CUMIBROA BIKE' S RUNNING TEAM	Senior Feminino	02:25:49	+47:13	08:06
48	769	Claudia Freire	TEAM FULLTYRE_AUTOMVCAR	Senior Feminino	02:26:31	+47:55	08:08
49	537	Ana Macêdo	CORRER LISBOA	Senior Feminino	02:32:22	+53:46	08:28
50	585	Andreia Ribeiro	Individual	Senior Feminino	02:32:28	+53:52	08:28
51	538	Cristina Ribeiro	CORRER LISBOA	Senior Feminino	02:32:31	+53:55	08:28
52	720	Marisa Silva	Lourival Bike Team	Senior Feminino	02:34:42	+56:06	08:36
53	540	Gislaine costa	CORRER LISBOA	Senior Feminino	02:35:10	+56:34	08:37
54	539	Dídia Ferreira	CORRER LISBOA	Senior Feminino	02:35:11	+56:35	08:37
55	713	Telma Marques	Lama Solta	Senior Feminino	02:41:42	+01:03:06	08:59
56	787	Inês Peres	Individual	Senior Feminino	02:41:54	+01:03:18	09:00
57	788	Magda Araújo	Individual	Senior Feminino	02:41:55	+01:03:19	09:00
58	786	Inês Isabel Mendonça	Individual	Senior Feminino	02:41:55	+01:03:19	09:00
59	751	Maria Carla Moreira Pacheco	Sem limites	Senior Feminino	02:46:08	+01:07:32	09:14
60	590	Cila	Individual	Senior Feminino	02:48:45	+01:10:09	09:23
61	611	Sara Margarida Rosado Aranha Pereira	Individual	Senior Feminino	02:53:38	+01:15:02	09:39
62	771	Sandra Isabel Faria dos Santos	TEAM FULLTYRE_AUTOMVCAR	Senior Feminino	02:53:49	+01:15:13	09:39
63	726	Catarina marques rodrigues	Oa atrevidos	Senior Feminino	03:02:13	+01:23:37	10:07
64	587	Bruna Valada	Individual	Senior Feminino	03:14:53	+01:36:17	10:50

Senior Masculino

1	627	Bruno Filipe	Individual	Senior Masculino	01:17:15		04:17
2	564	Fábio Mendes	Da-lhe Gaz	Senior Masculino	01:17:17	+00:02	04:18
3	630	Celso Moiteiro	Individual	Senior Masculino	01:17:52	+00:37	04:20
4	739	Bruno Gomes	Pêras do Casal	Senior Masculino	01:18:10	+00:55	04:21
5	710	Valter Lopes	Individual	Senior Masculino	01:18:54	+01:39	04:23
6	779	André Ferreira	UNIÃO FCI DE TOMAR	Senior Masculino	01:19:45	+02:30	04:26
7	566	Nuno Coelho	Da-lhe Gaz	Senior Masculino	01:19:52	+02:37	04:26
8	698	Ricardo Aguiar	Individual	Senior Masculino	01:21:14	+03:59	04:31
9	722	Joel Batista	Lourival Bike Team	Senior Masculino	01:21:15	+04:00	04:31
10	519	Orlando M.A.Pires	ARSM - Associação Recreativa de S. Miguel	Senior Masculino	01:21:41	+04:26	04:32
11	668	José Santos	Individual	Senior Masculino	01:21:52	+04:37	04:33
12	513	wilson subtil	ALNETOS	Senior Masculino	01:22:19	+05:04	04:34

Trail Curto**18 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

13	505	Ricardo Lopes	ACRM Silveirinha Claras	Senior Masculino	01:22:57	+05:42	04:37
14	690	Paulo Amaral	Individual	Senior Masculino	01:24:30	+07:15	04:42
15	503	João Sacramento	AC VERMOIL	Senior Masculino	01:24:43	+07:28	04:42
16	658	João Paulo Santos Domingues	Individual	Senior Masculino	01:25:41	+08:26	04:46
17	517	Joaquim Baltazar	ARCD Venda da Luisa	Senior Masculino	01:27:01	+09:46	04:50
18	672	Luis Nobre	Individual	Senior Masculino	01:27:32	+10:17	04:52
19	759	Simão Pedro Da Silva Castela	SFASC runners	Senior Masculino	01:28:05	+10:50	04:54
20	575	Vitor Gomes	FlashOver - BVPenela	Senior Masculino	01:28:07	+10:52	04:54
21	762	António Luís Cordeiro Gomes	Slow Runners Pombal	Senior Masculino	01:28:13	+10:58	04:54
22	614	Acílio Noro	Individual	Senior Masculino	01:28:29	+11:14	04:55
23	665	jose luis carvalho pinto	Individual	Senior Masculino	01:28:38	+11:23	04:55
24	518	José Simões	ARSM - Associação Recreativa de S. Miguel	Senior Masculino	01:28:44	+11:29	04:56
25	671	Luís Caetano	Individual	Senior Masculino	01:28:56	+11:41	04:56
26	618	André filipe martins ramos	Individual	Senior Masculino	01:30:04	+12:49	05:00
27	732	Diogo Alves	Ourique RuNNers	Senior Masculino	01:30:16	+13:01	05:01
28	569	Rodrigo Vieira	Da-lhe Gaz	Senior Masculino	01:30:35	+13:20	05:02
29	666	José Marinho	Individual	Senior Masculino	01:30:36	+13:21	05:02
30	536	Tiago Ramos	Clube de Atletismo de Ferreira do Zézere	Senior Masculino	01:31:02	+13:47	05:03
31	746	filipe domingues	Pinhal Total - Oleiros Aventura	Senior Masculino	01:31:41	+14:26	05:06
32	579	Helder Gante	Gantusa	Senior Masculino	01:32:15	+15:00	05:08
33	578	Cristiano Gante	Gantusa	Senior Masculino	01:32:16	+15:01	05:08
34	508	Luis Miranda	AERGóis Trail Running	Senior Masculino	01:32:29	+15:14	05:08
35	651	Hugo Freitas	Individual	Senior Masculino	01:32:30	+15:15	05:08
36	684	Nuno António de Sousa Outor Pacheco	Individual	Senior Masculino	01:32:47	+15:32	05:09
37	502	Hermenegildo Santos	Abutres	Senior Masculino	01:32:50	+15:35	05:09
38	702	Samuel Rocha	Individual	Senior Masculino	01:34:58	+17:43	05:17
39	645	Filipe Antonio	Individual	Senior Masculino	01:35:27	+18:12	05:18
40	543	Jorge Pimenta	CORRER LISBOA	Senior Masculino	01:36:46	+19:31	05:23
41	719	Luis Manuel Sousa Lages	LIZRUNNERS	Senior Masculino	01:36:47	+19:32	05:23
42	623	ANTONIO RUFINO	Individual	Senior Masculino	01:36:48	+19:33	05:23
43	664	Jorge Ribeiro	Individual	Senior Masculino	01:36:52	+19:37	05:23
44	640	Fábio Roxo	Individual	Senior Masculino	01:37:27	+20:12	05:25
45	790	Pedro Ribeiro	Individual	Senior Masculino	01:37:30	+20:15	05:25
46	563	Cristiano Calado	Da-lhe Gaz	Senior Masculino	01:37:42	+20:27	05:26
47	646	Gonçalo Rocha	Individual	Senior Masculino	01:37:57	+20:42	05:26
48	515	Telmo Ribeiro	Ansibikers	Senior Masculino	01:38:22	+21:07	05:28
49	693	Paulo Rodrigues	Individual	Senior Masculino	01:38:22	+21:07	05:28
50	568	Ricardo Henriques	Da-lhe Gaz	Senior Masculino	01:38:22	+21:07	05:28
51	577	Fábio Faria	Gafanhori	Senior Masculino	01:38:25	+21:10	05:28
52	562	André Pereira	Da-lhe Gaz	Senior Masculino	01:38:28	+21:13	05:28
53	534	ricardo ribeiro marques	ccr rio de couros	Senior Masculino	01:38:36	+21:21	05:29
54	725	João Ribeiro Dias	Montanha Clube Trail Running/Efapel	Senior Masculino	01:38:55	+21:40	05:30
55	636	Diogo Sacramento	Individual	Senior Masculino	01:38:55	+21:40	05:30
56	755	Jorge André Valente Grunho	SFASC runners	Senior Masculino	01:39:26	+22:11	05:31

Trail Curto**18 KM****OFFICIAL RESULT**

57	533	Pedro Manuel Agostinho Reis	ccr rio de couros	Senior Masculino	01:40:32	+23:17	05:35
58	576	Carlos Filipe Santos ferreira	Fzzbike	Senior Masculino	01:40:56	+23:41	05:36
59	766	Emídio Correia	Sport Clube Beira-Mar	Senior Masculino	01:41:05	+23:50	05:37
60	767	Vítor Filipe	Sport Clube Beira-Mar	Senior Masculino	01:41:06	+23:51	05:37
61	638	Emilio Leal Santos	Individual	Senior Masculino	01:41:31	+24:16	05:38
62	652	Hugo Marques Pereira	Individual	Senior Masculino	01:41:53	+24:38	05:40
63	758	Ricardo Mendes Grunho	SFASC runners	Senior Masculino	01:41:55	+24:40	05:40
64	657	João Miguel Pereira Lopes	Individual	Senior Masculino	01:41:56	+24:41	05:40
65	696	Pedro M Domingues	Individual	Senior Masculino	01:42:28	+25:13	05:42
66	516	André Costa	ANSIDENTE CLINICA DENTÀRIA	Senior Masculino	01:42:32	+25:17	05:42
67	573	Rui Palrinhas	FlashOver - BVPenela	Senior Masculino	01:42:46	+25:31	05:43
68	682	Miguel Mana	Individual	Senior Masculino	01:42:47	+25:32	05:43
69	647	Gonçalo Silva Bregieiro	Individual	Senior Masculino	01:42:50	+25:35	05:43
70	704	Simão Lopes	Individual	Senior Masculino	01:43:09	+25:54	05:44
71	535	Pedro Gomes	Clube Colaboradores Ageas	Senior Masculino	01:43:20	+26:05	05:44
72	776	Luís Miguel Domingues Ferreira	Trail Bombeiros Ansião team	Senior Masculino	01:43:23	+26:08	05:45
73	523	Bruno Ferreira	Cabritos do Mato	Senior Masculino	01:43:57	+26:42	05:46
74	655	João Fernandes Silva	Individual	Senior Masculino	01:44:05	+26:50	05:47
75	745	Adriano Galante	PÉS TROIKADOS - CSCS	Senior Masculino	01:44:08	+26:53	05:47
76	715	Flávio Neves	Lama Solta	Senior Masculino	01:44:16	+27:01	05:48
77	574	Tiago Santos	FlashOver - BVPenela	Senior Masculino	01:44:37	+27:22	05:49
78	709	Tomé Lopes	Individual	Senior Masculino	01:44:47	+27:32	05:49
79	677	Marco Silva	Individual	Senior Masculino	01:44:49	+27:34	05:49
80	705	Telmo Rodrigues	Individual	Senior Masculino	01:44:54	+27:39	05:50
81	765	Andre da Costa Duarte	Soure Mov	Senior Masculino	01:45:00	+27:45	05:50
82	741	André Lopes	Pés de Chumbo	Senior Masculino	01:45:03	+27:48	05:50
83	760	João Seiça	SGB Consulting Team	Senior Masculino	01:45:08	+27:53	05:50
84	650	Hélio Afonso	Individual	Senior Masculino	01:45:16	+28:01	05:51
85	631	Cristiano Jesus Santos	Individual	Senior Masculino	01:45:39	+28:24	05:52
86	648	Guilherme Oliveira	Individual	Senior Masculino	01:45:48	+28:33	05:53
87	756	Jorge Cancelinha	SFASC runners	Senior Masculino	01:45:52	+28:37	05:53
88	659	João Santos	Individual	Senior Masculino	01:46:14	+28:59	05:54
89	525	Bruno Lucas Dias	Catch us if u can	Senior Masculino	01:46:17	+29:02	05:54
90	632	Daniel Antunes	Individual	Senior Masculino	01:46:21	+29:06	05:54
91	735	Fernando Santos	PASSOAPASSO Team	Senior Masculino	01:46:24	+29:09	05:55
92	716	Luis Marques	Lama Solta	Senior Masculino	01:46:27	+29:12	05:55
93	532	micael mendes martins	ccr rio de couros	Senior Masculino	01:46:42	+29:27	05:56
94	572	Rui Carlos dos Santos Faria	ETPSICÓ	Senior Masculino	01:46:43	+29:28	05:56
95	512	Paulo Freire	ALNETOS	Senior Masculino	01:47:18	+30:03	05:58
96	531	Luis Vieira	CCD Crédito Agrícola Mútuo	Senior Masculino	01:47:27	+30:12	05:58
97	680	Micael André	Individual	Senior Masculino	01:47:29	+30:14	05:58
98	556	Miguel Ângelo Duarte das Neves Matias	cscrfcharneca	Senior Masculino	01:47:31	+30:16	05:58
99	554	Carlos António Mota Longo da Conceição	cscrfcharneca	Senior Masculino	01:47:37	+30:22	05:59
100	753	Bruno Artur Nunes Duro	SFASC runners	Senior Masculino	01:47:46	+30:31	05:59
101	524	Luis Soares	Cabritos do Mato	Senior Masculino	01:48:01	+30:46	06:00

Trail Curto

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

102	697	Raul Abraão Martins	Individual	Senior Masculino	01:49:30	+32:15	06:05
103	686	Nuno Manuel Sousa Lourenço	Individual	Senior Masculino	01:49:38	+32:23	06:05
104	699	Ricardo Nuno Francisco do Carmo	Individual	Senior Masculino	01:49:46	+32:31	06:06
105	553	Bruno Miguel Ferreira Simões Lima	cscrfcharneca	Senior Masculino	01:49:49	+32:34	06:06
106	624	Bruno Antunes	Individual	Senior Masculino	01:49:58	+32:43	06:07
107	717	William Ferreira	Lama Solta	Senior Masculino	01:50:26	+33:11	06:08
108	548	Pedro Miguel costa macêdo	CORRER LISBOA	Senior Masculino	01:50:28	+33:13	06:08
109	546	Paulo Gomes	CORRER LISBOA	Senior Masculino	01:50:28	+33:13	06:08
110	662	Jorge Manuel Silva Fernandes	Individual	Senior Masculino	01:50:28	+33:13	06:08
111	743	Marco Freire	Pés de Chumbo	Senior Masculino	01:51:10	+33:55	06:11
112	744	Tiago Palricas	Pés de Chumbo	Senior Masculino	01:51:11	+33:56	06:11
113	555	Luís Fernando Rocha das Neves	cscrfcharneca	Senior Masculino	01:51:16	+34:01	06:11
114	711	Virgílio Neto	Individual	Senior Masculino	01:52:12	+34:57	06:14
115	685	Nuno Filipe Duarte Cunha	Individual	Senior Masculino	01:52:33	+35:18	06:15
116	616	Alfredo Santos	Individual	Senior Masculino	01:52:43	+35:28	06:16
117	571	Fernando Inácio Pires Medeiros	ETPSICÓ	Senior Masculino	01:53:04	+35:49	06:17
118	620	António Gomes	Individual	Senior Masculino	01:53:29	+36:14	06:18
119	679	Mário Medeiros	Individual	Senior Masculino	01:53:31	+36:16	06:18
120	740	Fábio Santos	Pêras do Casal	Senior Masculino	01:53:45	+36:30	06:19
121	675	Marco Paulo Silvério Bernardo	Individual	Senior Masculino	01:53:48	+36:33	06:19
122	681	Michael Gouveia	Individual	Senior Masculino	01:53:57	+36:42	06:20
123	667	José Miguel Lana Baptista Monteiro	Individual	Senior Masculino	01:54:01	+36:46	06:20
124	718	José Lages	LizRunners	Senior Masculino	01:54:01	+36:46	06:20
125	692	Paulo Mendes	Individual	Senior Masculino	01:54:03	+36:48	06:20
126	565	Jose Dias	Da-lhe Gaz	Senior Masculino	01:54:06	+36:51	06:20
127	742	Carlos Lopes	Pés de Chumbo	Senior Masculino	01:54:10	+36:55	06:21
128	731	Mateus Rodrigues	os tartarugas	Senior Masculino	01:54:11	+36:56	06:21
129	730	Luís Rodrigues	os tartarugas	Senior Masculino	01:54:11	+36:56	06:21
130	729	José Morgado	os tartarugas	Senior Masculino	01:54:11	+36:56	06:21
131	653	Humberto Fernandes	Individual	Senior Masculino	01:55:08	+37:53	06:24
132	656	Joao marco domingues gomes	Individual	Senior Masculino	01:56:02	+38:47	06:27
133	642	Fausto Cardoso	Individual	Senior Masculino	01:56:10	+38:55	06:27
134	615	Alexandre Miguel Santos Antunes	Individual	Senior Masculino	01:56:34	+39:19	06:29
135	683	NICOLAS NUNES DA SILVA	Individual	Senior Masculino	01:56:44	+39:29	06:29
136	748	Mário Silva	Rabugem	Senior Masculino	01:58:02	+40:47	06:33
137	635	Diogo Rodrigues Mendes	Individual	Senior Masculino	01:58:37	+41:22	06:35
138	660	Jorge gaspar lopes	Individual	Senior Masculino	01:58:49	+41:34	06:36
139	691	Paulo Duarte	Individual	Senior Masculino	01:58:58	+41:43	06:37
140	678	Mário Filipe da Silva Ferreira	Individual	Senior Masculino	01:58:58	+41:43	06:37
141	774	Duarte Sousa	Team USF Mondego	Senior Masculino	01:59:14	+41:59	06:37
142	768	Joel Lourenço	StepOn.pt	Senior Masculino	01:59:27	+42:12	06:38
143	504	Rafael Bronze	ACRM Silveirinha Claras	Senior Masculino	01:59:30	+42:15	06:38
144	509	Armindo Freire	ALNETOS	Senior Masculino	01:59:54	+42:39	06:40
145	654	Humberto Fernandes Marques Ventura	Individual	Senior Masculino	02:00:11	+42:56	06:41
146	775	José Eduardo Figueiredo Mendes	Team USF Mondego	Senior Masculino	02:01:00	+43:45	06:43
147	676	Marco Santos	Individual	Senior Masculino	02:01:34	+44:19	06:45

Trail Curto**18 KM****OFFICIAL RESULT**

148	633	Diogo Alexandre Marques dos Santos	Individual	Senior Masculino	02:02:15	+45:00	06:48
149	551	André Rafael da Costa Lopes	cscrcharneca	Senior Masculino	02:02:34	+45:19	06:49
150	670	Luis Brandao	Individual	Senior Masculino	02:02:34	+45:19	06:49
151	530	FILIPE SIMÕES	CCD Crédito Agrícola Mútuo	Senior Masculino	02:02:59	+45:44	06:50
152	528	Leonel Pinto	Cavalos de corrida	Senior Masculino	02:03:00	+45:45	06:50
153	527	Jorge silva	Cavalos de corrida	Senior Masculino	02:03:00	+45:45	06:50
154	557	Pascoal Duarte Oliveira	cscrcharneca	Senior Masculino	02:03:07	+45:52	06:50
155	727	Pedro Miguel Gonçalves Lourenço	Oa atrevidos	Senior Masculino	02:03:09	+45:54	06:51
156	629	Carlos Valente	Individual	Senior Masculino	02:03:14	+45:59	06:51
157	754	João Rafael Bernardes Simões	SFASC Runners	Senior Masculino	02:03:27	+46:12	06:52
158	708	Tiago Vicente Rodrigues Marques	Individual	Senior Masculino	02:03:40	+46:25	06:52
159	507	Luis Filipe	AERGóis Trail Running	Senior Masculino	02:04:00	+46:45	06:53
160	637	Eduardo Bento	Individual	Senior Masculino	02:05:17	+48:02	06:58
161	529	Jorge fazenda	CCA runners	Senior Masculino	02:05:29	+48:14	06:58
162	639	Fábio Dias Pita	Individual	Senior Masculino	02:06:37	+49:22	07:02
163	634	Diogo Ferreira	Individual	Senior Masculino	02:08:46	+51:31	07:09
164	689	Paulino Oliveira	Individual	Senior Masculino	02:08:55	+51:40	07:10
165	701	Rui Rocha	Individual	Senior Masculino	02:09:39	+52:24	07:12
166	733	André Gatões	PASSOAPASSO Team	Senior Masculino	02:09:43	+52:28	07:12
167	734	Bruno Simões	PASSOAPASSO Team	Senior Masculino	02:09:45	+52:30	07:13
168	737	Renato Alexandre Flores Simões Batista	PASSOAPASSO Team	Senior Masculino	02:09:48	+52:33	07:13
169	703	Silvio Rodrigues Freire	Individual	Senior Masculino	02:12:15	+55:00	07:21
170	747	Joao santos	Pinhal Total - Oleiros Aventura	Senior Masculino	02:12:16	+55:01	07:21
171	688	Nuno Miguel Santos Gomes	Individual	Senior Masculino	02:12:51	+55:36	07:23
172	619	Anibal Matos Luis	Individual	Senior Masculino	02:14:41	+57:26	07:29
173	526	Luís Filipe Ferreira Ventura	Catch us if u can	Senior Masculino	02:14:48	+57:33	07:29
174	649	Helder Craveiro	Individual	Senior Masculino	02:16:05	+58:50	07:34
175	552	Arlindo de Jesus Oliveira	cscrcharneca	Senior Masculino	02:16:14	+58:59	07:34
176	700	Rui Miguel da Silva Pereira	Individual	Senior Masculino	02:17:14	+59:59	07:37
177	661	Jorge figueiredo	Individual	Senior Masculino	02:18:45	+01:01:30	07:42
178	777	Pedro Ventura	Trail Bombeiros Ansião Team	Senior Masculino	02:19:28	+01:02:13	07:45
179	764	Pedro Moreira	Slow Runners Pombal	Senior Masculino	02:21:20	+01:04:05	07:51
180	763	Gonçalo Freitas	Slow Runners Pombal	Senior Masculino	02:21:20	+01:04:05	07:51
181	694	Paulo Sergio Pereira	Individual	Senior Masculino	02:23:22	+01:06:07	07:58
182	628	Bruno Miguel Silva Rodrigues	Individual	Senior Masculino	02:26:12	+01:08:57	08:07
183	567	Nuno Leal	Da-lhe Gaz	Senior Masculino	02:26:19	+01:09:04	08:08
184	695	Pedro Brito	Individual	Senior Masculino	02:26:20	+01:09:05	08:08
185	622	Suzana Marto	Individual	Senior Masculino	02:26:21	+01:09:06	08:08
186	547	Paulo Ribeiro	CORRER LISBOA	Senior Masculino	02:32:30	+01:15:15	08:28
187	545	Jose Ribeiro	CORRER LISBOA	Senior Masculino	02:33:24	+01:16:09	08:31
188	544	José Dinis	CORRER LISBOA	Senior Masculino	02:33:24	+01:16:09	08:31
189	721	André António	Lourival Bike Team	Senior Masculino	02:34:42	+01:17:27	08:36
190	738	Sandro Manuel Veiga dos Santos	PASSOAPASSO Team	Senior Masculino	02:39:22	+01:22:07	08:51
191	736	Pedro Lopes	PASSOAPASSO Team	Senior Masculino	02:39:24	+01:22:09	08:51
192	641	Fábio Teixeira	Individual	Senior Masculino	02:40:06	+01:22:51	08:54
193	714	Filipe Marques	Lama Solta	Senior Masculino	02:41:42	+01:24:27	08:59

Official Timekeeper: Lap2Go

6 / 7

generate 12-Mar-2017 13:35

Trail Curto

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

194	723	Carlos Marques	Moles & Lesmas	Senior Masculino	02:43:00	+01:25:45	09:03
195	724	Pedro Saraiva	Moles & Lesmas	Senior Masculino	02:43:00	+01:25:45	09:03
196	570	Victor Coelho	Da-lhe Gaz	Senior Masculino	02:43:15	+01:26:00	09:04
197	752	José Fernando Ferreira Gonçalves	Sem limites	Senior Masculino	02:46:08	+01:28:53	09:14
198	644	Fernando Trino	Individual	Senior Masculino	02:48:46	+01:31:31	09:23
199	617	Almerindo	Individual	Senior Masculino	02:48:48	+01:31:33	09:23
200	772	Rodrigo Manuel Faria dos Santos	TEAM FULLTYRE_AUTOMVCAR	Senior Masculino	02:53:24	+01:36:09	09:38
201	673	Manuel Colaço	Individual	Senior Masculino	02:53:28	+01:36:13	09:38
202	687	Nuno Miguel da Silva Pereira	Individual	Senior Masculino	02:53:38	+01:36:23	09:39

TRAIL LONGO - STAGE 1**30 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

					Time	Temperature	Humidity
					Start	09:30	-99°C
					End	14:02	-99°C
RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	24	Fernando Carvalho	clube dos atletas tortos	Veterano M40	02:19:16		04:39
2	60	Marco Carlos Correia Carvalho	individual	Veterano M40	02:25:02	+05:45	04:50
3	14	PEDRO SIMÕES	arsm - associação recreativa de s. miguel	Veterano M40	02:25:06	+05:50	04:50
4	89	Miguel Ferreira	ccd porto mendo	Senior Masculino	02:28:17	+09:01	04:57
5	11	André Miguel Lameiro Monteiro	arcv venda da luisa	Senior Masculino	02:28:50	+09:34	04:58
6	21	Germano Capela	clube de atletismo da barreira	Veterano M40	02:31:54	+12:38	05:04
7	81	Vasco Silva	santiago restaurante	Senior Masculino	02:35:13	+15:56	05:10
8	52	Tiago Gaspar	individual	Senior Masculino	02:37:24	+18:07	05:15
9	90	António Simões	individual	Veterano M50	02:38:59	+19:43	05:18
10	51	Sandro Jordão	individual	Senior Masculino	02:40:12	+20:56	05:20
11	49	Ricardo Ferreira	individual	Senior Masculino	02:40:22	+21:05	05:21
12	38	ABEL DE JESUS VALENTE	individual	Senior Masculino	02:40:34	+21:17	05:21
13	83	José Anjos	santiago restaurante	Veterano M40	02:45:52	+26:35	05:32
14	82	Fernando Catarino	santiago restaurante	Veterano M40	02:45:52	+26:36	05:32
15	17	MÁRIO MENDES	bora bora runner's leiria	Veterano M40	02:50:08	+30:52	05:40
16	7	Paulo Freire	alnetos	Veterano M40	02:50:16	+30:59	05:41
17	16	Frederico Miguel da Silva Carreira	atletico clube da batalha	Senior Masculino	02:50:20	+31:03	05:41
18	71	Jorge Henriques	lourival bike team	Senior Masculino	02:50:33	+31:16	05:41
19	22	João Sanches	clube de atletismo de ferreira do zêzere	Veterano M50	02:52:11	+32:55	05:44
20	44	João Reis	individual	Senior Masculino	02:52:34	+33:18	05:45
21	30	Ricardo Coelho	da-lhe gaz	Senior Masculino	02:53:08	+33:52	05:46
22	29	Pedro Jesus	da-lhe gaz	Senior Masculino	02:54:30	+35:13	05:49
23	31	João Nepomuceno	da-lhe gaz	Veterano M40	02:54:30	+35:13	05:49
24	6	Pedro Caetano	abutres	Veterano M40	02:56:07	+36:51	05:52
25	84	Leonardo José Rodrigues Araújo	slow runners pombal	Senior Masculino	02:56:58	+37:41	05:54
26	34	Nuno Ferreira	fonte nova runners	Veterano M40	02:58:42	+39:26	05:57
27	43	João Pedro da Cunha Pereira	individual	Senior Masculino	02:58:45	+39:28	05:58
28	50	Ricardo Valverde	individual	Senior Masculino	02:59:10	+39:53	05:58
29	64	alfredo valente	individual	Veterano M50	02:59:34	+40:17	05:59
30	76	Júlio de Almeida Rodrigues Marques	montanha clube trail running/efapel	Veterano M50	03:00:15	+40:59	06:01
31	87	Vítor Mota	slow runners pombal	Veterano M40	03:02:26	+43:09	06:05
32	10	VERA BERNARDO	arcv venda da luisa	Senior Feminino	03:04:24	+45:07	06:09
33	88	José Antunes	trail bombeiros ansião team	Veterano M40	03:06:57	+47:40	06:14
34	39	Alexandre Marcelo	individual	Senior Masculino	03:08:23	+49:06	06:17
35	25	Glória Serrazina	crp ribafria	Veterana F50	03:08:51	+49:35	06:18
36	40	Daniel Gomes Pereira	individual	Senior Masculino	03:11:11	+51:54	06:22
37	20	Filipe Carrão	ccd porto mendo	Senior Masculino	03:13:03	+53:46	06:26
38	70	Frederico Crasto	lizrunners	Senior Masculino	03:14:15	+54:59	06:29
39	42	fidel conde	individual	Senior Masculino	03:14:15	+54:59	06:29
40	75	Luis viela	montanha clube trail running/efapel	Veterano M40	03:15:39	+56:22	06:31
41	66	Manuel Gaspar	individual	Veterano M50	03:17:17	+58:00	06:35

TRAIL LONGO - STAGE 1
30 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	61	Norberto Rosa	individual	Veterano M40	03:17:17	+58:00	06:35
43	35	carla santos	individual	Senior Feminino	03:18:16	+59:00	06:37
44	57	José Coelho	individual	Veterano M40	03:18:21	+59:04	06:37
45	13	Lígia Coelho	arism - associação recreativa de s. miguel	Veterana F40	03:18:30	+59:14	06:37
46	15	Arsénio Fernandes	arism - associação recreativa de s. miguel	Veterano M60	03:18:30	+59:14	06:37
47	37	Sara Carvalho	individual	Senior Feminino	03:18:39	+59:23	06:37
48	23	André Ferro	clube de condeixa	Senior Masculino	03:21:46	+01:02:30	06:44
49	85	Gina Domingues	slow runners pombal	Veterana F40	03:23:02	+01:03:45	06:46
50	79	João Batista	os iindomáveis	Senior Masculino	03:23:13	+01:03:56	06:46
51	80	Duarte Ferreira	rabugem	Senior Masculino	03:26:24	+01:07:08	06:53
52	48	Renato Miguel da Mota Santos	individual	Senior Masculino	03:26:45	+01:07:29	06:54
53	86	João Pedro Monteiro	slow runners pombal	Veterano M40	03:29:01	+01:09:44	06:58
54	9	jaime henrique zuzarte de sousa	ansibikers	Veterano M50	03:31:45	+01:12:28	07:04
55	45	Jorge Rosa	individual	Senior Masculino	03:31:45	+01:12:29	07:04
56	27	Hugo Godinho	cumibroa bike's running team	Senior Masculino	03:35:46	+01:16:30	07:12
57	46	Miguel Midões	individual	Senior Masculino	03:38:20	+01:19:03	07:17
58	65	fernando manuel cação costa	individual	Veterano M50	03:38:39	+01:19:22	07:17
59	72	Maria Inês Caetano	mira q corredores	Senior Feminino	03:40:35	+01:21:19	07:21
60	73	Pedro Silva	mira q corredores	Senior Masculino	03:40:49	+01:21:33	07:22
61	19	Tânia Ferreira	cabritos do mato	Senior Feminino	03:41:05	+01:21:49	07:22
62	18	Carina Gaspar	cabritos do mato	Senior Feminino	03:41:06	+01:21:49	07:22
63	74	Luísa Maria da Conceição Baptista	montanha clube trail running/efapel	Veterana F50	03:46:24	+01:27:07	07:33
64	62	Pedro Monteiro	individual	Veterano M40	03:51:04	+01:31:48	07:42
65	28	Jorge Faria	cumibroa bike's running team	Veterano M40	03:51:28	+01:32:12	07:43
66	26	Carlos Mendes	cumibroa bike's running team	Senior Masculino	03:51:31	+01:32:15	07:43
67	32	Mélanie Duarte	farmácia luciano e matos	Senior Feminino	03:54:08	+01:34:51	07:48
68	33	David Cunha da Silva	farmácia luciano e matos	Senior Masculino	03:54:08	+01:34:52	07:48
69	8	PEDRO NATARIO	alnetos	Veterano M40	03:57:43	+01:38:26	07:55
70	63	Pedro Ricardo Correia Henriques	individual	Veterano M40	03:57:43	+01:38:27	07:55
71	56	MARIA LUÍSA	individual	Veterana F40	04:00:27	+01:41:10	08:01
72	77	Céu Santos	omundodacorrida	Veterana F50	04:22:57	+02:03:40	08:46
73	78	Fernando Fonseca	omundodacorrida	Veterano M50	04:25:30	+02:06:14	08:51
74	68	Vitorino Coragem	individual	Veterano M60	04:33:12	+02:13:55	09:06

Trail Longo

30 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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	Time	Temperature	Humidity
Start	09:30	-99°C	-99%
End	14:02	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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Senior Feminino

1	10	VERA BERNARDO	ARCD Venda da Luisa	Senior Feminino	03:04:24		06:09
2	35	carla santos	Individual	Senior Feminino	03:18:17	+13:53	06:37
3	37	Sara Carvalho	Individual	Senior Feminino	03:18:40	+14:16	06:37
4	72	Maria Inês Caetano	Mira Q Corredores	Senior Feminino	03:40:36	+36:12	07:21
5	19	Tânia Ferreira	Cabritos do Mato	Senior Feminino	03:41:06	+36:42	07:22
6	18	Carina Gaspar	Cabritos do Mato	Senior Feminino	03:41:06	+36:42	07:22
7	32	Mélanie Duarte	Farmácia Luciano e Matos	Senior Feminino	03:54:08	+49:44	07:48

Senior Masculino

1	89	Miguel Ferreira	CCD Porto Mendo	Senior Masculino	02:28:18		04:57
2	11	André Miguel Lameiro Monteiro	ARCD Venda da Luisa	Senior Masculino	02:28:51	+00:33	04:58
3	81	Vasco Silva	Santiago Restaurante	Senior Masculino	02:35:13	+06:55	05:10
4	52	Tiago Gaspar	Individual	Senior Masculino	02:37:24	+09:06	05:15
5	51	Sandro Jordão	Individual	Senior Masculino	02:40:13	+11:55	05:20
6	49	Ricardo Ferreira	Individual	Senior Masculino	02:40:22	+12:04	05:21
7	38	ABEL DE JESUS VALENTE	Individual	Senior Masculino	02:40:34	+12:16	05:21
8	16	Frederico Miguel da Silva Carreira	Atlético Clube da Batalha	Senior Masculino	02:50:20	+22:02	05:41
9	71	Jorge Henriques	Lourival Bike Team	Senior Masculino	02:50:33	+22:15	05:41
10	44	João Reis	Individual	Senior Masculino	02:52:35	+24:17	05:45
11	30	Ricardo Coelho	Da-lhe Gaz	Senior Masculino	02:53:09	+24:51	05:46
12	29	Pedro Jesus	Da-lhe Gaz	Senior Masculino	02:54:30	+26:12	05:49
13	84	Leonardo José Rodrigues Araújo	Slow Runners Pombal	Senior Masculino	02:56:58	+28:40	05:54
14	43	João Pedro da Cunha Pereira	Individual	Senior Masculino	02:58:45	+30:27	05:58
15	50	Ricardo Valverde	Individual	Senior Masculino	02:59:10	+30:52	05:58
16	39	Alexandre Marcelo	Individual	Senior Masculino	03:08:23	+40:05	06:17
17	40	Daniel Gomes Pereira	Individual	Senior Masculino	03:11:11	+42:53	06:22
18	20	Filipe Carrão	CCD Porto Mendo	Senior Masculino	03:13:03	+44:45	06:26
19	70	Frederico Crasto	LizRunners	Senior Masculino	03:14:16	+45:58	06:29
20	42	fidel conde	Individual	Senior Masculino	03:14:16	+45:58	06:29
21	23	André Ferro	Clube de Condeixa	Senior Masculino	03:21:47	+53:29	06:44
22	79	João Batista	Os lindomáveis	Senior Masculino	03:23:13	+54:55	06:46
23	80	Duarte Ferreira	Rabugem	Senior Masculino	03:26:25	+58:07	06:53
24	48	Renato Miguel da Mota Santos	Individual	Senior Masculino	03:26:46	+58:28	06:54
25	45	Jorge Rosa	Individual	Senior Masculino	03:31:46	+01:03:28	07:04
26	27	Hugo Godinho	CUMIBROA BIKE'S RUNNING TEAM	Senior Masculino	03:35:47	+01:07:29	07:12
27	46	Miguel Midões	Individual	Senior Masculino	03:38:20	+01:10:02	07:17
28	73	Pedro Silva	Mira Q Corredores	Senior Masculino	03:40:50	+01:12:32	07:22

Trail Longo

30 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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Veterano M50

1	90	António Simões	Individual	Veterano M50	02:39:00		05:18
2	22	João Sanches	Clube de Atletismo de Ferreira do Zêzere	Veterano M50	02:52:12	+13:12	05:44
3	64	alfredo valente	Individual	Veterano M50	02:59:34	+20:34	05:59
4	76	Júlio de Almeida Rodrigues Marques	Montanha Clube Trail Running/Efapel	Veterano M50	03:00:16	+21:16	06:01
5	66	Manuel Gaspar	Individual	Veterano M50	03:17:17	+38:17	06:35
6	9	jaime henrique zuzarte de souza	Ansibikers	Veterano M50	03:31:45	+52:45	07:04
7	65	fernando manuel cação costa	Individual	Veterano M50	03:38:39	+59:39	07:17
8	78	Fernando Fonseca	OMUNDODACORRIDA	Veterano M50	04:25:31	+01:46:31	08:51

Veterano M60

1	15	Arsénio Fernandes	ARSM - Associação Recreativa de S. Miguel	Veterano M60	03:18:31		06:37
2	68	Vitorino Coragem	Individual	Veterano M60	04:33:12	+01:14:41	09:06