

ULTRA TRAIL 53K - STAGE 1
53 KM
R
 REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
81	528	Bernardino José das Neves Alves Moreira Pinto	dr. merino/4moove	Senior Masculino	07:06:56	+02:12:50	08:03
82	525	Rui Pedreira Carmo	xl&s trail	Senior Masculino	07:07:54	+02:13:48	08:04
83	70	Ricardo Manuel dos Santos Coutinho Barreiro	caac - clube de atletismo de aretim e cunha	Senior Masculino	07:07:55	+02:13:48	08:04
84	36	FERNANDO SILVA	alexandra carvalho team	Veterano M40	07:08:35	+02:14:28	08:05
85	487	Raquel Campos	shots international runners	Senior Feminino	07:09:26	+02:15:20	08:06
86	400	Saulo Machado	morcegos trail	Senior Masculino	07:11:34	+02:17:28	08:09
87	448	Filipe Fernandes	palmeira runners	Senior Masculino	07:11:55	+02:17:48	08:09
88	466	Nuno Miranda	runner's do demo	Veterano M40	07:12:16	+02:18:10	08:09
89	117	Jorge Alves	desnível positivo	Senior Masculino	07:12:52	+02:18:45	08:10
90	240	José Miguel Fernandes da Gama Nogueira	individual	Senior Masculino	07:12:52	+02:18:45	08:10
91	34	JOÃO AFONSO	alexandra carvalho team	Sub 23 Masculino	07:14:33	+02:20:27	08:12
92	329	Carlos Eduardo Lourenço	individual	Veterano M45	07:14:56	+02:20:50	08:12
93	395	Tiago Gaspar	arism - associação recreativa de s. miguel	Senior Masculino	07:15:00	+02:20:53	08:12
94	511	João Antunes	viana running	Veterano M45	07:15:36	+02:21:29	08:13
95	396	Rui Manuel Pereira Gaspar	montanha clube trail running/efapel	Veterano M45	07:15:40	+02:21:34	08:13
96	165	Pedro Jorge Silva Barros	factor x / s4l / medensefc	Senior Masculino	07:16:48	+02:22:42	08:14
97	421	Nuno Araujo	olimpico vianense trail	Veterano M40	07:16:55	+02:22:48	08:15
98	384	Rui Manuel de Brito Machado	maia trail - filónails - sl nutrition	Veterano M40	07:16:56	+02:22:50	08:15
99	136	Pedro Manuel Reis Caprichoso	edv-viana trail	Senior Masculino	07:17:21	+02:23:14	08:15
100	229	Helder Silva	individual	Senior Masculino	07:18:00	+02:23:53	08:16
101	239	Jose Martín Fontán Arnejo	individual	Senior Masculino	07:19:56	+02:25:50	08:18
102	378	Fernando Álvarez García	kórpore arenteiro trail	Veterano M45	07:20:27	+02:26:20	08:19
103	335	Elísio Gonçalves	individual	Veterano M45	07:20:36	+02:26:29	08:19
104	390	José Fernando Barbosa Santos	melres trail running - ordem para arrear	Veterano M40	07:20:43	+02:26:37	08:19
105	148	Abílio Mina	edv-viana trail	Veterano M45	07:21:06	+02:27:00	08:19
106	129	Duarte Nuno machado Magalhães Oliveira	edv-viana trail	Senior Masculino	07:21:09	+02:27:02	08:19
107	283	Alexandra Fernandes	individual	Veterana F50	07:21:23	+02:27:16	08:20
108	291	Cláudio Pedro Melhorado Reininho	individual	Veterano M40	07:21:37	+02:27:30	08:20
109	188	Vitor Rocha	gt runners	Veterano M40	07:22:04	+02:27:58	08:20
110	177	Pedro Jesus	gáfete runners	Senior Masculino	07:22:44	+02:28:38	08:21
111	225	Carlos Manuel Gonçalves Reis	individual	Senior Masculino	07:23:01	+02:28:54	08:22
112	87	Luis Antunes	ceveira team running/clube celtas do minho	Senior Masculino	07:23:06	+02:29:00	08:22
113	113	Ricardo Dantas	crocodilos/misterpc	Veterano M40	07:23:12	+02:29:05	08:22
114	146	Pedro Andre Cerqueira Caldas	edv-viana trail	Veterano M40	07:23:14	+02:29:08	08:22
115	214	Olívia de Sousa	individual	Senior Feminino	07:23:34	+02:29:27	08:22
116	484	António Pinto	scalabis night runners	Senior Masculino	07:24:40	+02:30:34	08:23
117	493	Rodolfo Orfão	sinmetro	Veterano M40	07:27:00	+02:32:53	08:26
118	436	Samuel de Castro	os regueifas	Senior Masculino	07:27:01	+02:32:55	08:26
119	40	Vitor Daniel Silva Pinto	amcf - arrábida trail team	Senior Masculino	07:31:49	+02:37:42	08:31
120	498	João Silva	team lantermil	Senior Masculino	07:31:51	+02:37:44	08:32
121	287	André Pinheiro	individual	Veterano M40	07:32:26	+02:38:19	08:32

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
122	232	Hugo Manuel Pinto	individual	Senior Masculino	07:33:00	+02:38:53	08:33
123	194	Sérgio Coelho	glt - armazém do caffè	Senior Masculino	07:33:58	+02:39:52	08:34
124	532	Tiago José Vieira e Castro do Amaral	dr. merino/4moove	Senior Masculino	07:34:29	+02:40:22	08:35
125	56	António Batata	atletismo clube da tocha	Veterano M40	07:34:56	+02:40:49	08:35
126	55	Daniel Batata	atletismo clube da tocha	Senior Masculino	07:34:57	+02:40:50	08:35
127	213	Natália Pires Amoedo	individual	Senior Feminino	07:35:59	+02:41:52	08:36
128	485	MARCO ANTÓNIO HENRIQUES GUERRA	scp newark running	Senior Masculino	07:37:35	+02:43:28	08:38
129	17	João Ramos	ade trail running	Sub 23 Masculino	07:38:13	+02:44:07	08:39
130	68	Michael Granadeiro	c.d."os águias" de alpiarça	Senior Masculino	07:39:06	+02:45:00	08:40
131	330	carlos pereira	individual	Veterano M45	07:40:08	+02:46:01	08:41
132	256	PEDRO MIGUEL MATOS TORRES	individual	Senior Masculino	07:42:48	+02:48:42	08:44
133	439	Paulo Sousa	os tolinhos	Veterano M40	07:43:47	+02:49:40	08:45
134	158	Orlando Silva Tavares	emicela team cabo verde	Senior Masculino	07:44:27	+02:50:20	08:46
135	110	daniel seoane	coutadas trail team	Veterano M40	07:44:44	+02:50:37	08:46
136	224	Bruno Resende	individual	Senior Masculino	07:44:45	+02:50:38	08:46
137	125	Paula Lage	dr. merino/4moove	Veterana F40	07:45:12	+02:51:05	08:47
138	322	Sérgio António dias santos	individual	Veterano M40	07:45:12	+02:51:06	08:47
139	521	Homero Manuel Fernandes Sousa Lourenço	viseu trail	Veterano M40	07:45:26	+02:51:19	08:47
140	247	Miguel Bertolo	individual	Senior Masculino	07:46:26	+02:52:20	08:48
141	230	Hugo Ferreira	individual	Senior Masculino	07:47:13	+02:53:06	08:49
142	536	Luis Jorge Carvalho	dr. merino/4moove	Veterano M50	07:47:24	+02:53:17	08:49
143	482	Marco Melo	scalabis night runners	Senior Masculino	07:47:34	+02:53:28	08:49
144	91	Daniel Costa	clube atletismo fafe	Senior Masculino	07:47:42	+02:53:35	08:49
145	133	Elisabete Santos	team lanthemil	Veterana F40	07:49:16	+02:55:09	08:51
146	523	Filipe Miguel Alves	xl&s trail	Senior Masculino	07:50:20	+02:56:13	08:52
147	39	David Manuel Sousa	all about	Senior Masculino	07:50:33	+02:56:26	08:53
148	359	Paulo Ferreira	individual	Veterano M50	07:51:08	+02:57:01	08:53
149	433	Fernandes Georges	os javalis	Senior Masculino	07:51:25	+02:57:18	08:54
150	435	Malheiro	os javalis	Senior Masculino	07:51:25	+02:57:18	08:54
151	327	António Pinto	individual	Veterano M45	07:51:32	+02:57:25	08:54
152	331	César Francisco	individual	Veterano M45	07:51:39	+02:57:33	08:54
153	174	Luis carlos pereira alberto	foz365	Veterano M40	07:52:45	+02:58:38	08:55
154	78	Fernando Remelgado	ccd - siemens	Veterano M40	07:52:45	+02:58:38	08:55
155	44	Amadeu Fernando Pires Teixeira	amigos do pedal trail de lagares	Veterano M55	07:52:48	+02:58:42	08:55
156	90	Susana Rodrigues	clube atletismo fafe	Senior Feminino	07:53:53	+02:59:46	08:56
157	398	Emanuel Sabino	morcegos trail	Senior Masculino	07:54:15	+03:00:08	08:57
158	463	Nuno Oliveira	runner's do demo	Senior Masculino	07:54:49	+03:00:42	08:58
159	490	Ricardo Henriques	shots international runners	Senior Masculino	07:55:57	+03:01:50	08:59
160	67	Rui Lima	c.a.olimpico vianense trail	Senior Masculino	07:55:57	+03:01:50	08:59
161	296	Gil Oliveira	individual	Veterano M40	07:56:22	+03:02:15	08:59
162	96	FRANCISCO ANTONIO DIAS NOGUEIRA	clube millennium bcp	Veterano M50	07:57:11	+03:03:04	09:00
163	483	Carlos Hipólito	scalabis night runners	Veterano M40	07:57:49	+03:03:42	09:01

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
164	221	Anxo Manuel Fernández Saborido	individual	Senior Masculino	07:58:36	+03:04:29	09:02
165	361	Rui Jorge Amorim Guia Perdígão	individual	Veterano M50	07:58:50	+03:04:43	09:02
166	92	Ricardo Gonçalves	clube atletismo fafe	Senior Masculino	07:59:24	+03:05:17	09:03
167	318	Rogério Coelho	k medo team	Veterano M40	07:59:34	+03:05:27	09:03
168	374	Manuel Fernando Almeida Costa	kemedo team	Senior Masculino	07:59:35	+03:05:28	09:03
169	149	José Carlos Nunes Saldanha	edv-viana trail	Veterano M45	08:01:09	+03:07:02	09:05
170	377	Belén Rodríguez Vidal	kórpore arenteiro trail	Veterana F40	08:01:46	+03:07:39	09:05
171	418	Bruno Pires	olimpico vianense trail	Senior Masculino	08:01:48	+03:07:41	09:05
172	308	José Manuel Gomes Nunes	individual	Veterano M40	08:02:03	+03:07:56	09:06
173	450	José Meira Rodrigues	paredes aventura	Veterano M40	08:02:05	+03:07:58	09:06
174	449	Cláudio Teixeira	paredes aventura	Senior Masculino	08:02:05	+03:07:59	09:06
175	293	Fabrice Polteau	individual	Veterano M40	08:03:31	+03:09:25	09:07
176	488	Mario Oliveira	shots international runners	Senior Masculino	08:03:32	+03:09:25	09:07
177	357	Manuel Emidio Rocha	individual	Veterano M50	08:03:35	+03:09:28	09:07
178	47	Paulo Jorge Reis Filipe	apulia a correr	Veterano M40	08:03:36	+03:09:29	09:07
179	193	Ricardo Filipe Figueiredo Ferreira	gtt - armazém do caffè	Senior Masculino	08:04:13	+03:10:07	09:08
180	33	Tiago Portela	alexandra carvalho team	Senior Masculino	08:04:25	+03:10:18	09:08
181	250	Nelson Nunes	individual	Senior Masculino	08:04:45	+03:10:38	09:09
182	245	Mário Castro	individual	Senior Masculino	08:05:37	+03:11:31	09:10
183	60	José Miguel Machado Marques dos Santos	benfeita trail - arganil	Veterano M40	08:06:01	+03:11:54	09:10
184	402	Fernando Carneiro	nast	Senior Masculino	08:07:43	+03:13:36	09:12
185	405	Joaquim Manuel Andrade dos Santos	nast	Veterano M45	08:07:44	+03:13:37	09:12
186	410	Fernando Almeida	nocturnos de paredes	Veterano M40	08:08:50	+03:14:43	09:13
187	102	Bruno Martelo	coimbra trail running	Veterano M40	08:09:54	+03:15:48	09:15
188	89	José Gomes	cerveira team running/clube celtas do minho	Veterano M50	08:10:14	+03:16:07	09:15
189	244	Marco Pereira	individual	Senior Masculino	08:10:43	+03:16:36	09:16
190	473	Sérgio Monteiro	sardonisca runners	Senior Masculino	08:13:38	+03:19:31	09:19
191	350	Tiago Vidal Leal	individual	Veterano M45	08:14:04	+03:19:57	09:19
192	21	Joaquim Dias	ade trail running	Veterano M45	08:14:30	+03:20:23	09:20
193	379	Nuno Alves	letsrunazores	Veterano M40	08:14:53	+03:20:46	09:20
194	172	Rui Miguel Monteiro Soles Gonçalves	formobike btt & trail running	Veterano M40	08:15:59	+03:21:52	09:21
195	190	Olga Martins	gtt - armazém do caffè	Senior Feminino	08:16:34	+03:22:27	09:22
196	342	LEOPOLDO GARCIA GONZALEZ	individual	Veterano M45	08:16:49	+03:22:42	09:22
197	385	David Lafuente Alves	melgaço alvarinho trail	Veterano M45	08:16:57	+03:22:50	09:23
198	138	Rodolfo Alexandre Brito da Silva	edv-viana trail	Senior Masculino	08:17:16	+03:23:10	09:23
199	420	Orlando Silva	olimpico vianense trail	Senior Masculino	08:17:50	+03:23:43	09:24
200	61	João Carvalhal	budeguita runners	Veterano M40	08:18:00	+03:23:53	09:24
201	191	CARLOS RIBEIRO	gtt - armazém do caffè	Senior Masculino	08:18:06	+03:23:59	09:24
202	199	Ângela Costa	guimarunning moscada	Veterana F45	08:18:30	+03:24:23	09:24

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
203	520	Bruno Ricardo Melo Almeida	viseu trail	Senior Masculino	08:18:41	+03:24:35	09:25
204	95	António Francisco Galveia da Silva Madeira	clube de praças da armada	Veterano M55	08:19:07	+03:25:00	09:25
205	49	PEDRO SIMÕES	arsm - associação recreativa de s. miguel	Veterano M45	08:20:23	+03:26:16	09:26
206	51	José Simões	arsm - associação recreativa de s. miguel	Veterano M45	08:20:23	+03:26:16	09:26
207	123	Liliana Augusta da Rocha Gomes	dr. merino/4moove	Senior Feminino	08:21:18	+03:27:12	09:28
208	24	Rui Azevedo	ade trail running	Veterano M45	08:21:36	+03:27:29	09:28
209	162	José António Silva	ermida team	Veterano M45	08:23:12	+03:29:05	09:30
210	495	Hugo Costa	sportcriativo - viseu running team	Senior Masculino	08:23:17	+03:29:11	09:30
211	301	Joao Costa	individual	Veterano M40	08:23:39	+03:29:32	09:30
212	304	Jorge Anjos	individual	Veterano M40	08:23:47	+03:29:40	09:30
213	139	Sérgio Filipe Cunha Matos	edv-viana trail	Senior Masculino	08:24:12	+03:30:05	09:31
214	93	Eusebio Fernandes	clube atletismo fafe	Veterano M40	08:24:29	+03:30:23	09:31
215	365	José Manuel Botelho da Costa de Aguiar da Câmara	coimbra trail running	Veterano M55	08:24:54	+03:30:47	09:32
216	408	Paulo Gomes	no tomorrow running team	Veterano M45	08:25:26	+03:31:20	09:32
217	248	Miguel Lopes	individual	Senior Masculino	08:25:52	+03:31:45	09:33
218	217	Verónica Moreira	individual	Senior Feminino	08:25:52	+03:31:46	09:33
219	491	Henrique Castro	sigmarunners	Veterano M45	08:26:29	+03:32:22	09:33
220	526	José Brito	xl&s trail	Veterano M45	08:28:14	+03:34:07	09:35
221	279	Cacau Medeiros	individual	Veterana F45	08:28:17	+03:34:10	09:35
222	319	Rui Faria	individual	Veterano M45	08:28:42	+03:34:35	09:36
223	168	João Agostinho O. Santos	fisiofute trail running	Veterano M40	08:30:02	+03:35:56	09:37
224	517	luis miguel dos santos batata	vila fria	Veterano M40	08:30:33	+03:36:26	09:38
225	537	Ricardo Filipe Tavares Fernandes	coimbra trail running	Senior Masculino	08:32:10	+03:38:04	09:40
226	144	Luis Andre Machado Saleiro Silva	edv-viana trail	Veterano M40	08:32:57	+03:38:50	09:41
227	127	André Carvalho	edv-viana trail	Senior Masculino	08:32:57	+03:38:50	09:41
228	489	Nelson Silva	shots international runners	Veterano M40	08:33:02	+03:38:55	09:41
229	499	Vitor Coelho	team sindeq	Veterano M40	08:33:06	+03:38:59	09:41
230	355	Fernando Abilio Santos Vieira	individual	Veterano M50	08:33:15	+03:39:08	09:41
231	231	Hugo Gomes	individual	Senior Masculino	08:33:18	+03:39:11	09:41
232	15	Mauro Roxo	ade trail running	Senior Masculino	08:33:33	+03:39:27	09:41
233	65	Tiago Amorim	budeguita runners	Veterano M45	08:33:42	+03:39:35	09:42
234	423	Mário Gonçalves	olimpico vianense trail	Veterano M45	08:34:55	+03:40:48	09:43
235	227	Dario Silva	individual	Senior Masculino	08:34:55	+03:40:48	09:43
236	109	ISRAEL CASTRO	coutadas trail team	Senior Masculino	08:35:16	+03:41:10	09:43
237	111	manuel	coutadas trail team	Veterano M40	08:35:17	+03:41:10	09:43
238	328	Artur Jorge Constantino Santiago Coelho	individual	Veterano M45	08:37:26	+03:43:19	09:46
239	522	Ana Cristina Alves Miranda	xl&s trail	Senior Feminino	08:40:27	+03:46:21	09:49
240	211	Lidia Calado	individual	Senior Feminino	08:40:40	+03:46:33	09:49
241	201	Miguel Oliveira	guimarunning moscada	Veterano M40	08:40:55	+03:46:48	09:50
242	104	João Coroado	coimbra trail running	Veterano M50	08:41:29	+03:47:23	09:50
243	38	Bruno Rodrigues	algarve trail running	Senior Masculino	08:42:18	+03:48:11	09:51
244	74	miguel mera cuevas	caminhantes do condado	Veterano M40	08:42:22	+03:48:15	09:51

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
245	170	Nuno Bernardo	formobike btt & trail running	Veterano M40	08:42:29	+03:48:22	09:51
246	246	Mário Miguel Ferreira Barbosa	individual	Senior Masculino	08:42:59	+03:48:53	09:52
247	54	Sara Silva	atletismo clube da tocha	Senior Feminino	08:43:14	+03:49:08	09:52
248	72	João Paulo Meixedo	cães d'avenida	Veterano M50	08:44:11	+03:50:04	09:53
249	268	Tiago José Cadima Borges	individual	Senior Masculino	08:46:25	+03:52:18	09:56
250	289	Augusto Urjais	individual	Veterano M40	08:48:09	+03:54:02	09:58
251	415	João Correia	o mundo da corrida	Senior Masculino	08:48:10	+03:54:03	09:58
252	272	André Fernandes	individual	Senior Masculino	08:48:15	+03:54:08	09:58
253	452	Pedro Santos	crocodilos/misterpc	Senior Masculino	08:48:17	+03:54:11	09:58
254	46	José Amaro	aminhacorrida/myprotein	Veterano M40	08:48:18	+03:54:12	09:58
255	189	Pedro Matos	gt runners	Veterano M45	08:48:22	+03:54:15	09:58
256	45	Ana Amaro	aminhacorrida/myprotein	Veterana F40	08:48:22	+03:54:15	09:58
257	12	Renato José da Silva Cravo de Carvalho	adcr polícia judiciária	Veterano M40	08:48:30	+03:54:23	09:58
258	234	Jan Willem Zwarteveen	individual	Senior Masculino	08:49:46	+03:55:39	10:00
259	254	Pedro Gomes	individual	Senior Masculino	08:51:15	+03:57:09	10:01
260	205	daniela	individual	Senior Feminino	08:51:15	+03:57:09	10:01
261	386	José Asorey Cacheda	melgaço alvarinho trail	Veterano M45	08:51:49	+03:57:42	10:02
262	388	Filipe Rodrigues Gonçalves	melgaço alvarinho trail	Veterano M50	08:52:02	+03:57:55	10:02
263	424	Francisco Ferreira	olimpico vianense trail	Veterano M50	08:52:15	+03:58:08	10:03
264	422	Eusebio Gaião Ruas	olimpico vianense trail	Veterano M45	08:52:15	+03:58:08	10:03
265	320	Rui Gaspar	individual	Veterano M45	08:52:39	+03:58:33	10:03
266	411	Pedro Nogueira	nocturnos de paredes	Veterano M40	08:52:47	+03:58:40	10:03
267	412	José Gomes	nocturnos de paredes	Veterano M50	08:52:47	+03:58:40	10:03
268	175	Alexandre Xango	free tibet	Veterano M40	08:52:47	+03:58:41	10:03
269	430	Nuno Sousa	oralklass amigos do trail	Veterano M40	08:52:58	+03:58:51	10:03
270	417	Tiago Amado	ocs - proaventuras	Senior Masculino	08:53:11	+03:59:04	10:04
271	183	Francisco Alves	gt runners	Senior Masculino	08:53:23	+03:59:16	10:04
272	409	José Correia	nocturnos de paredes	Senior Masculino	08:57:02	+04:02:56	10:08
273	145	PAULO JORGE RODRIGUES CARDOSO FERREIRA	edv-viana trail	Veterano M40	08:58:10	+04:04:03	10:09
274	151	Paulo Vilaverde	edv-viana trail	Veterano M45	08:58:11	+04:04:04	10:09
275	453	Juliana Rodrigues	pernetas	Senior Feminino	08:58:20	+04:04:13	10:09
276	454	Afonso Bonifacio	pernetas	Senior Masculino	08:58:20	+04:04:13	10:09
277	456	Jorge Bastos	pernetas	Veterano M40	08:58:45	+04:04:38	10:10
278	348	Paulo Sequeira	individual	Veterano M45	09:00:14	+04:06:07	10:12
279	261	Ricardo Teixeira	individual	Senior Masculino	09:00:17	+04:06:10	10:12
280	241	Luis Miguel Braga	individual	Senior Masculino	09:02:10	+04:08:03	10:14
281	105	Flor Madureira	confraria trotamontes	Veterana F50	09:02:13	+04:08:06	10:14
282	53	Mário Ferreira	associação desportiva da efaced	Veterano M45	09:02:14	+04:08:07	10:14
283	52	Miguel Cruz	associação desportiva da efaced	Veterano M40	09:02:14	+04:08:07	10:14
284	228	Gil Ricardo Vieira Rocha	individual	Senior Masculino	09:03:51	+04:09:45	10:16
285	82	BRUNO BARGE	cdc s. martinho da gandara	Senior Masculino	09:03:59	+04:09:53	10:16
286	346	Nuno de Castro Lopo e Faro Beirão	individual	Veterano M45	09:06:35	+04:12:28	10:19
287	264	Rodrigo Oliveira	individual	Veterano M40	09:06:36	+04:12:29	10:19
288	277	Sílvia Oliveira	individual	Veterana F40	09:07:02	+04:12:55	10:19

ULTRA TRAIL 53K - STAGE 1

53 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
289	270	Tiago Oliveira	individual	Senior Masculino	09:09:18	+04:15:11	10:22
290	220	André Serra	individual	Senior Masculino	09:09:22	+04:15:15	10:22
291	432	Canal Jean Pierre	os javalis	Senior Masculino	09:10:04	+04:15:57	10:23
292	459	Victor Vital	reumáticos da bila	Senior Masculino	09:10:32	+04:16:26	10:23
293	458	Nuno Miguel Barroso Fernandes	reumáticos da bila	Veterano M40	09:10:33	+04:16:26	10:23
294	492	Emidio Santos	sigmarunners	Veterano M55	09:11:50	+04:17:44	10:25
295	404	José Maria Gouveia Martins	nast	Veterano M40	09:12:35	+04:18:28	10:26
296	300	Ivo Canelas	individual	Veterano M40	09:12:58	+04:18:51	10:26
297	344	Nuno Castro	individual	Veterano M45	09:13:10	+04:19:03	10:26
298	338	joaquim viana	individual	Veterano M45	09:13:22	+04:19:15	10:26
299	251	Nuno Ferro	individual	Senior Masculino	09:17:25	+04:23:19	10:31
300	223	BRUNO MIGUEL DA SILVA CUNHA	individual	Senior Masculino	09:17:28	+04:23:21	10:31
301	358	MARIO COSTA	individual	Veterano M50	09:18:49	+04:24:42	10:33
302	397	Sara Soares	monte dos amigos/juventude ribeiras	Senior Feminino	09:18:54	+04:24:47	10:33
303	406	Pedro Coelho	nice runners	Veterano M45	09:18:55	+04:24:48	10:33
304	506	Marcio Bruno Rodrigues Cunha	ucra trail team	Sub 23 Masculino	09:19:44	+04:25:38	10:34
305	351	vitoe Coelho	individual	Veterano M45	09:20:56	+04:26:49	10:35
306	80	Ana Paula Santos	ccrd burinhosa	Veterana F55	09:21:05	+04:26:58	10:35
307	81	Hélder S G Pinto	ccrd burinhosa	Veterano M40	09:21:06	+04:26:59	10:35
308	426	Jose Silva	olimpico vianense trail - nd sports	Veterano M50	09:21:33	+04:27:27	10:36
309	83	Fernando Lopes	cdc s. martinho da gandara	Veterano M40	09:26:02	+04:31:55	10:41
310	218	Alexandre Miguel	individual	Senior Masculino	09:26:03	+04:31:56	10:41
311	209	Inês Filipa Sousa Valongo Mariquitos	individual	Senior Feminino	09:26:09	+04:32:02	10:41
312	252	Paulo Jaime Monteiro	individual	Senior Masculino	09:26:09	+04:32:02	10:41
313	303	João Ricardo Duarte	individual	Veterano M40	09:26:25	+04:32:18	10:41
314	446	Mário Cunha	pace.makers	Veterano M40	09:26:46	+04:32:39	10:42
315	305	Jorge Sousa	individual	Veterano M40	09:27:31	+04:33:24	10:42
316	197	Pedro Costa	gtt - armazém do caffè	Veterano M40	09:27:44	+04:33:37	10:43
317	317	Pedro Miguel Silvério da Cruz	individual	Veterano M40	09:28:05	+04:33:58	10:43
318	203	Andreia Lemos	individual	Senior Feminino	09:28:21	+04:34:14	10:43
319	497	Paulo J. Ferreira	tálenos team	Veterano M50	09:28:21	+04:34:14	10:43
320	76	Carlos Carreira	carlos	Senior Masculino	09:28:49	+04:34:42	10:44
321	369	Manuel Faria Sampaio	individual	Veterano M60	09:31:15	+04:37:08	10:47
322	340	Jorge Lemos	individual	Veterano M45	09:32:08	+04:38:01	10:48
323	198	Nuno Almeida	guimarunning moscada	Senior Masculino	09:32:08	+04:38:01	10:48
324	200	Gentil Mendes	guimarunning moscada	Veterano M40	09:32:08	+04:38:01	10:48
325	515	MANUEL FRANCO CIVIDANES	victor pazos peluquero & bugallas mobles	Veterano M55	09:32:57	+04:38:51	10:49
326	428	José Santos	oralklass amigos do trail	Senior Masculino	09:33:25	+04:39:18	10:49
327	307	jose manuel dos santos costa	individual	Veterano M40	09:34:07	+04:40:00	10:50
328	19	Ricardo Dantas	ade trail running	Veterano M40	09:34:51	+04:40:44	10:51
329	441	Adriano Rocha	outsiders trail team	Veterano M45	09:37:19	+04:43:13	10:54
330	119	David Antunes	desnível positivo	Veterano M45	09:38:17	+04:44:10	10:55

ULTRA TRAIL 53K - STAGE 1

53 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
331	286	Andre Nuno Gandarao Dias	individual	Veterano M40	09:38:39	+04:44:32	10:55
332	150	Manuel António Meneses de Araújo	edv-viana trail	Veterano M45	09:38:49	+04:44:42	10:55
333	518	Oscar Sousa	vilaverdeacorrer	Veterano M40	09:38:50	+04:44:43	10:55
334	22	Jorge Pinto	ade trail running	Veterano M45	09:39:17	+04:45:10	10:56
335	363	Flávio Luis Morgado Rebelo	individual	Veterano M55	09:40:26	+04:46:20	10:57
336	161	Tiago Costa	ermida team	Senior Masculino	09:42:26	+04:48:19	10:59
337	176	Tiago Correia	g d piranhas do alqueva	Veterano M40	09:42:27	+04:48:21	10:59
338	255	Pedro Manuel Cerqueira Lopes	individual	Senior Masculino	09:43:12	+04:49:05	11:00
339	166	Vitor Santos	factor x / s4l / medensefc	Senior Masculino	09:43:46	+04:49:39	11:01
340	35	Solange Cabral	alexandra carvalho team	Veterana F40	09:44:48	+04:50:41	11:02
341	275	Fatinha Pinto	individual	Veterana F40	09:44:58	+04:50:51	11:02
342	210	Isabel Conceição	individual	Senior Feminino	09:46:00	+04:51:53	11:03
343	354	Carlos Navega	individual	Veterano M50	09:48:35	+04:54:29	11:06
344	437	Sónia Almeida Filipe	os tolinhos	Senior Feminino	09:48:55	+04:54:48	11:07
345	440	Samuel Nunes	os tolinhos	Veterano M40	09:48:55	+04:54:48	11:07
346	447	Célia Vital	padela natural team	Veterana F40	09:49:28	+04:55:21	11:07
347	366	Paulo Valente	individual	Veterano M55	09:50:07	+04:56:00	11:08
348	486	Liliana Pereira	shots international runners	Senior Feminino	09:51:02	+04:56:55	11:09
349	470	Ismael Maiato	salamandrecos	Veterano M45	09:51:24	+04:57:17	11:10
350	469	António Pedro Santos	salamandrecos	Veterano M45	09:51:42	+04:57:36	11:10
351	182	Luís Gabriel Lopes Oliveira	grupo desportivo da parreira	Veterano M40	09:51:47	+04:57:40	11:10
352	163	Artur Moreira	estafermos	Veterano M50	09:55:08	+05:01:01	11:14
353	534	Carlos Natividade Silva	dr. merino/4moove	Veterano M55	09:58:44	+05:04:37	11:18
354	63	Sérgio Couto	budeguita runners	Veterano M40	09:59:12	+05:05:05	11:18
355	323	Sergio Fernández Rodríguez	individual	Veterano M40	10:02:56	+05:08:50	11:23
356	438	Marta Rosário Ribeiro	os tolinhos	Veterana F40	10:03:20	+05:09:14	11:23
357	29	LUÍS NUNO SANTOS	afis ovar	Veterano M40	10:03:24	+05:09:17	11:23
358	539	pedro amorim	individual	Veterano M60	10:03:32	+05:09:25	11:23
359	309	José Pedro Pinto Silva	individual	Veterano M40	10:03:32	+05:09:25	11:23
360	494	Pedro Polónio	sport clube beira-mar	Senior Masculino	10:04:17	+05:10:11	11:24
361	297	Helder Agostinho	individual	Veterano M40	10:06:31	+05:12:24	11:27
362	97	M. Carlos Martins	clube nortada aventura - murtosa night runners	Veterano M40	10:07:07	+05:13:00	11:27
363	284	Catarina Maria Gomes Duarte da Silva	individual	Veterana F50	10:09:54	+05:15:47	11:30
364	407	José Semblano	no tomorrow running team	Veterano M40	10:12:51	+05:18:45	11:34
365	507	Pedro Taveira Marques	unidos à fresca	Senior Masculino	10:15:13	+05:21:07	11:36
366	509	Nelson Machado	unidos à fresca	Veterano M40	10:15:14	+05:21:07	11:36
367	207	Daniela Soares	individual	Senior Feminino	10:15:14	+05:21:07	11:36
368	288	ARTUR	individual	Veterano M40	10:15:14	+05:21:07	11:36
369	178	Luis Afonso	georunners	Veterano M45	10:16:30	+05:22:24	11:38
370	59	Paulo Fernandes	bardinos dos montes	Veterano M40	10:17:12	+05:23:05	11:39
371	321	Rui Pereira	individual	Veterano M40	10:17:12	+05:23:05	11:39
372	460	Edgar Serrano	rompetocas rt	Senior Masculino	10:17:12	+05:23:05	11:39
373	278	Vanuzza Silva	individual	Veterana F40	10:18:48	+05:24:41	11:41
374	462	Paulo Paiva	run to be alive	Veterano M40	10:24:53	+05:30:46	11:47

ULTRA TRAIL 53K - STAGE 1

53 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
375	66	Rui Laranjeiro	c.a.amigos parque da paz	Veterano M40	10:25:54	+05:31:48	11:49
376	26	Carolina Pereira	afifensetrail	Veterana F45	10:26:01	+05:31:54	11:49
377	383	Manuel Teixeira	lusos xxi	Veterano M40	10:26:49	+05:32:42	11:50
378	62	Luís TEIXEIRA	budeguita runners	Veterano M40	10:27:49	+05:33:42	11:51
379	310	Luis Miguel Silva Neves Calheiros	individual	Veterano M40	10:30:04	+05:35:57	11:53
380	290	Christian Maibohm	individual	Veterano M40	10:31:01	+05:36:54	11:54
381	98	Silvério Oliveira Santos	clube pessoal das águas de gaia	Veterano M45	10:31:55	+05:37:49	11:55
382	445	Vanda Fernandes	pace.makers	Veterana F40	10:32:05	+05:37:58	11:56
383	444	Osvaldo Cipriano	pace.makers	Senior Masculino	10:32:06	+05:38:00	11:56
384	345	Nuno Cunha	individual	Veterano M45	10:33:46	+05:39:39	11:57
385	362	Claudino Almeida Rebelo	individual	Veterano M55	10:34:44	+05:40:37	11:59
386	401	Teresa Ramalho da Conceição	não fazemos nem mais um... km	Veterana F55	10:34:47	+05:40:40	11:59
387	324	Tiago Frutuoso	individual	Veterano M40	10:34:49	+05:40:42	11:59
388	541	Viviana Ribeiro	individual	Senior Feminino	10:35:26	+05:41:19	11:59
389	416	José Januário Lima	o mundo da corrida	Veterano M50	10:36:53	+05:42:46	12:01
390	512	MARÍA DOLORES GONZÁLEZ ENRÍQUEZ	victor pazos peluquero & bugallas mobles	Veterana F50	10:38:08	+05:44:01	12:02
391	298	Henrique Bruno Santos	individual	Veterano M40	10:38:16	+05:44:09	12:03
392	273	Carla Sofia Santos	individual	Veterana F40	10:38:16	+05:44:09	12:03
393	294	Fernando Ferreira	individual	Veterano M40	10:38:30	+05:44:23	12:03
394	314	Paolo Pozzan	individual	Veterano M40	10:38:41	+05:44:35	12:03
395	282	Sandra Simões	individual	Veterana F45	10:39:18	+05:45:11	12:04
396	274	Celeste Pedro	individual	Veterana F40	10:39:36	+05:45:30	12:04
397	332	David Paulo Vieira Costa	individual	Veterano M45	10:41:02	+05:46:55	12:06
398	257	Pedro Nogueira	individual	Senior Masculino	10:42:34	+05:48:28	12:07
399	457	Rui Pedro Lobo de Miranda Reis Lima	pupilos da montanha	Veterano M45	10:45:48	+05:51:41	12:11
400	500	daoulas frederique	tregueux atletisme	Senior Feminino	10:46:43	+05:52:36	12:12
401	502	chapron bruno	tregueux atletisme	Veterano M55	10:46:57	+05:52:50	12:12
402	501	daoulas yannick	tregueux atletisme	Veterano M50	10:47:43	+05:53:36	12:13
403	443	Mafalda Santos	pace.makers	Senior Feminino	10:48:59	+05:54:52	12:15
404	503	Prujal jean-claude	tregueux atletisme	Veterano M55	10:49:35	+05:55:28	12:15
405	468	Natasha Planas	salamandrecos	Veterana F45	10:51:01	+05:56:54	12:17
406	471	Miguel Baptista	salamandrecos	Veterano M50	10:51:01	+05:56:54	12:17
407	77	Nuno Ferreira	ccd - siemens	Senior Masculino	10:51:36	+05:57:30	12:18
408	181	Pedro Gabriel Lopes Oliveira	grupo desportivo da parreira	Senior Masculino	11:01:40	+06:07:33	12:29
409	538	Joaquim Sampaio	individual	Veterano M60	11:05:00	+06:10:53	12:33

Obs

BIB	NOTE	NAME	TEAM	CAT
4	DNF	Paula Barbosa	Oralklass Amigos do Trail	Veterana F40
10	DNF	Guilherme Lourenço	Individual	Senior Masculino
11	DNF	John Kelly	AC Batalha	Veterano M45
20	DNF	Rui Oliveira	ADE Trail Running	Veterano M40
28	DNF	Carlos Pereira	AfifenseTrail	Veterano M45
58	DNF	Bruno Graça	Bando dos Trilhos e Tralhos	Veterano M40

ULTRA TRAIL 53K - STAGE 1

53 KM



OFFICIAL RESULT

BIB	NOTE	NAME	TEAM	CAT
64	DNF	Hendrik Wielinga	BUDEGUITA RUNNERS	Veterano M50
84	DNF	Angelo Pereira	CENTRO CICLISTA DE GONDOMAR	Veterano M55
85	DNF	Bruno Lima	Cerveira Team Running/Clube Celtas do Minho	Senior Masculino
88	DNF	Marco Caraux	Cerveira Team Running/Clube Celtas do Minho	Veterano M40
106	DNF	joaquim adelino	AMIGOS VALE DO SILÊNCIO	Veterano M60
122	DNF	Diogo da Silva Fernandes	Dr. Merino/4moove	Senior Masculino
128	DNF	Diogo Lopes	EDV-VIANA TRAIL	Senior Masculino
152	DNF	Victor Emanuel de Castro Correia	EDV-VIANA TRAIL	Veterano M45
153	DNF	FERNANDO CUNHA	EDV-VIANA TRAIL	Veterano M50
155	DNF	Zé Filipe Almeida	EDV-VIANA TRAIL	Veterano M55
160	DNF	Eric Carvalho	Ermida Team	Senior Masculino
164	DNF	Manuel Cunha Lima	experienciar	Veterano M55
179	DNF	Alice Lopes	Ginasio Fit4Fun	Veterana F40
184	DNF	Paulo Alexandre Matos	GT RUNNERS	Senior Masculino
206	DNF	Daniela Fernandez	Individual	Senior Feminino
226	DNF	Daniel Silva Pereira	Individual	Senior Masculino
243	DNF	Márcio Castro	Individual	Senior Masculino
260	DNF	Ricardo Miranda	Individual	Senior Masculino
263	DNF	Rodolfo Alexandre Teixeira de Carvalho	Individual	Senior Masculino
265	DNF	Rui Jorge Santos	Individual	Senior Masculino
280	DNF	Cristina Maria Fundevila Teixeira	Individual	Veterana F45
285	DNF	Acácio Santos	Individual	Veterano M40
312	DNF	nuno Santos	Individual	Veterano M40
343	DNF	Luis Graça	Individual	Veterano M45
368	DNF	FRANCISCO LUIS COMBARROS VILA	Individual	Veterano M60
375	DNF	Rui Manuel Ribeiro Mesquita	KO TRAIL RUNNING	Senior Masculino
381	DNF	Luís Teixeira	Limitless	Senior Masculino
382	DNF	Carlos Saragoça	LION RUNNERS - G.D. Leões da Guarda	Veterano M40
391	DNF	Joaquim Ferreira	MELRES TRAIL RUNNING - ORDEM PARA ARREAR	Veterano M55
394	DNF	Luís Filipe Pinheiro de Mendonça Lopes	Monsanto Running Team	Veterano M45
403	DNF	Helder Fernando Vieira Azevedo	NAST	Veterano M40
414	DNF	José Pedro Conde Pinto da Silva	Núcleo de Montanha de Espinho	Veterano M40
419	DNF	Miguel Jaques	OLIMPICO VIANENSE TRAIL	Senior Masculino
455	DNF	João Miguel macedo	Pernetas	Veterano M40
467	DNF	Pedro Nuno Serra Pires	RUNNER'S DO DEMO	Veterano M40
475	DNF	Bruno Gazela	Satecnosol Outdoor / La Sportiva	Senior Masculino
480	DNF	Tiago Pinheiro	Satecnosol Outdoor / La Sportiva	Senior Masculino
505	DNF	Luis Fernandes	U.F. Comércio e Indústria Atletismo	Senior Masculino
508	DNF	Daniela Sanches	UNIDOS À FRESCA	Veterana F40
510	DNF	Miguel Oliveira	Vale Formoso Futebol Clube	Veterano M45
513	DNF	DIEGO FERNÁNDEZ LÓPEZ	VICTOR PAZOS PELUQUERO & BUGALLAS MOBLES	Veterano M40
524	DNF	pedro Castro	XL&S TRAIL	Senior Masculino
529	DNF	Nuno Jorge Moreira de Pinho	Dr. Merino/4moove	Senior Masculino
533	DNF	Miguel angelo Pereira Ferreira	Individual	Senior Masculino
540	DNF	josé carlos da costa leal de brito	Individual	Veterano M45

Ultra Trail 53K

53 KM



OFFICIAL RESULT

11	32	Francisco João Cruz Fernandes	ÁGUIAS DE ALVELOS	Senior Masculino	05:34:12	+40:05	06:18
12	479	Pedro Sousa	Satecnosol Outdoor / La Sportiva	Senior Masculino	05:50:36	+56:29	06:37
13	6	Rafael Cruz	Melves Trail Running - Ordem para arrear	Senior Masculino	05:53:57	+59:50	06:41
14	3	Carlos Miguel Ferreira	Dr. Merino/4moove	Senior Masculino	06:00:00	+01:05:54	06:48
15	31	Bruno Ricardo Coutinho Ribeiro	ÁGUIAS DE ALVELOS	Senior Masculino	06:07:53	+01:13:46	06:56
16	477	Hugo Bia	Satecnosol Outdoor / La Sportiva	Senior Masculino	06:11:12	+01:17:05	07:00
17	16	Miguel Angelo Azevedo Carvalho	ADE Trail Running	Senior Masculino	06:13:07	+01:19:00	07:02
18	530	António Domingos Moreira de Freitas	Dr. Merino/4moove	Senior Masculino	06:13:21	+01:19:15	07:03
19	100	João Ferreira	Coimbra Trail Running	Senior Masculino	06:15:02	+01:20:55	07:05
20	131	Hugo Sousa	EDV-VIANA TRAIL	Senior Masculino	06:26:14	+01:32:07	07:17
21	399	Jorge Filipe Vilas Boas Sabino	MORCEGOS TRAIL	Senior Masculino	06:26:14	+01:32:07	07:17
22	235	João	Individual	Senior Masculino	06:34:36	+01:40:29	07:27
23	535	Rui Daniel Rebelo	Dr. Merino/4moove	Senior Masculino	06:38:49	+01:44:43	07:31
24	86	Filipe Dantas	Cerveira Team Running/Clube Celtas do Minho	Senior Masculino	06:40:51	+01:46:45	07:34
25	130	Eloi Malheiro	EDV-VIANA TRAIL	Senior Masculino	06:47:35	+01:53:28	07:41
26	516	Pedro Tiago Mendes	VIKINGS TRAIL RUNNERS - CCR ALCABIDEQUE	Senior Masculino	06:49:31	+01:55:24	07:44
27	2	Tiago Manuel Gomes Godinho	Caracol Trail Team	Senior Masculino	06:51:11	+01:57:04	07:45
28	451	Pedro Crispim	Caracol Trail Team	Senior Masculino	06:51:11	+01:57:04	07:45
29	126	Amândio Faria de Freitas	EDV-VIANA TRAIL	Senior Masculino	06:51:11	+01:57:04	07:45
30	75	Pedro Freitas	Caracol Trail Team	Senior Masculino	06:52:30	+01:58:23	07:47
31	112	Nelson Teixeira	Crocodilos/MisterPC	Senior Masculino	06:56:37	+02:02:31	07:52
32	427	Belmiro Moreira	Oralklass Amigos do Trail	Senior Masculino	06:57:23	+02:03:16	07:53
33	267	Simão Seiça	Individual	Senior Masculino	06:58:50	+02:04:43	07:54
34	519	André Cunha	vimarunners	Senior Masculino	06:59:04	+02:04:57	07:54
35	202	João Pimentel	Holmes Place Health Clubs	Senior Masculino	06:59:24	+02:05:17	07:55
36	186	Simão Matos	GT RUNNERS	Senior Masculino	07:04:46	+02:10:39	08:01
37	108	Iago Vázquez	COUTADAS TRAIL TEAM	Senior Masculino	07:05:44	+02:11:37	08:02
38	434	Grassaud Stephane	OS JAVALIS	Senior Masculino	07:06:44	+02:12:37	08:03
39	528	Bernardino José das Neves Alves Moreira Pinto	Dr. Merino/4moove	Senior Masculino	07:06:56	+02:12:50	08:03
40	525	Rui Pedreira Carmo	XL&S TRAIL	Senior Masculino	07:07:54	+02:13:48	08:04
41	70	Ricardo Manuel dos Santos Coutinho Barreiro	CAAC - Clube de Atletismo de Arentim e Cunha	Senior Masculino	07:07:55	+02:13:48	08:04
42	400	Saulo Machado	MORCEGOS TRAIL	Senior Masculino	07:11:34	+02:17:28	08:09
43	448	Filipe Fernandes	Palmeira Runners	Senior Masculino	07:11:55	+02:17:48	08:09
44	117	Jorge Alves	Desnível Positivo	Senior Masculino	07:12:52	+02:18:45	08:10
45	240	José Miguel Fernandes da Gama Nogueira	Individual	Senior Masculino	07:12:52	+02:18:45	08:10
46	395	Tiago Gaspar	ARSM - Associação Recreativa de S. Miguel	Senior Masculino	07:15:00	+02:20:53	08:12
47	165	Pedro Jorge Silva Barros	Factor X / S4L / MedenseFC	Senior Masculino	07:16:48	+02:22:42	08:14
48	136	Pedro Manuel Reis Caprichoso	EDV-VIANA TRAIL	Senior Masculino	07:17:21	+02:23:14	08:15
49	229	Helder Silva	Individual	Senior Masculino	07:18:00	+02:23:53	08:16
50	239	Jose Martín Fontán Arnejo	Individual	Senior Masculino	07:19:56	+02:25:50	08:18
51	129	Duarte Nuno machado Magalhães Oliveira	EDV-VIANA TRAIL	Senior Masculino	07:21:09	+02:27:02	08:19

Ultra Trail 53K

53 KM



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52	177	Pedro Jesus	Gáfete Runners	Senior Masculino	07:22:44	+02:28:38	08:21
53	225	Carlos Manuel Gonçalves Reis	Individual	Senior Masculino	07:23:01	+02:28:54	08:22
54	87	Luis Antunes	Cerveira Team Running/Clube Celtas do Minho	Senior Masculino	07:23:06	+02:29:00	08:22
55	484	António Pinto	SCALABIS NIGHT RUNNERS	Senior Masculino	07:24:40	+02:30:34	08:23
56	436	Samuel de Castro	Os Regueifas	Senior Masculino	07:27:01	+02:32:55	08:26
57	40	Vitor Daniel Silva Pinto	AMCF - Arrábida Trail Team	Senior Masculino	07:31:49	+02:37:42	08:31
58	498	João Silva	TEAM LANTEMIL	Senior Masculino	07:31:51	+02:37:44	08:32
59	232	Hugo Manuel Pinto	Individual	Senior Masculino	07:33:00	+02:38:53	08:33
60	194	Sérgio Coelho	GTT - Armazém do Caffè	Senior Masculino	07:33:58	+02:39:52	08:34
61	532	Tiago José Vieira e Castro do Amaral	Dr. Merino/4moove	Senior Masculino	07:34:29	+02:40:22	08:35
62	55	Daniel Batata	Atletismo Clube da Tocha	Senior Masculino	07:34:57	+02:40:50	08:35
63	485	MARCO ANTÓNIO HENRIQUES GUERRA	Scp Newark Running	Senior Masculino	07:37:35	+02:43:28	08:38
64	68	Michael Granadeiro	C.D."Os Águias" de Alpiarça	Senior Masculino	07:39:06	+02:45:00	08:40
65	256	PEDRO MIGUEL MATOS TORRES	Individual	Senior Masculino	07:42:48	+02:48:42	08:44
66	158	Orlando Silva Tavares	Emicela Team Cabo Verde	Senior Masculino	07:44:27	+02:50:20	08:46
67	224	Bruno Resende	Individual	Senior Masculino	07:44:45	+02:50:38	08:46
68	247	Miguel Bertolo	Individual	Senior Masculino	07:46:26	+02:52:20	08:48
69	230	Hugo Ferreira	Individual	Senior Masculino	07:47:13	+02:53:06	08:49
70	482	Marco Melo	SCALABIS NIGHT RUNNERS	Senior Masculino	07:47:34	+02:53:28	08:49
71	91	Daniel Costa	Clube Atletismo Fafe	Senior Masculino	07:47:42	+02:53:35	08:49
72	523	Filipe Miguel Alves	XL&S TRAIL	Senior Masculino	07:50:20	+02:56:13	08:52
73	39	David Manuel Sousa	All About	Senior Masculino	07:50:33	+02:56:26	08:53
74	433	Fernandes Georges	OS JAVALIS	Senior Masculino	07:51:25	+02:57:18	08:54
75	435	Malheiro	OS JAVALIS	Senior Masculino	07:51:25	+02:57:18	08:54
76	398	Emanuel Sabino	MORCEGOS TRAIL	Senior Masculino	07:54:15	+03:00:08	08:57
77	463	Nuno Oliveira	RUNNER'S DO DEMO	Senior Masculino	07:54:49	+03:00:42	08:58
78	490	Ricardo Henriques	Shots International Runners	Senior Masculino	07:55:57	+03:01:50	08:59
79	67	Rui Lima	C.A.Olimpico Vianense TRAIL	Senior Masculino	07:55:57	+03:01:50	08:59
80	221	Anxo Manuel Fernández Saborido	Individual	Senior Masculino	07:58:36	+03:04:29	09:02
81	92	Ricardo Gonçalves	Clube Atletismo Fafe	Senior Masculino	07:59:24	+03:05:17	09:03
82	374	Manuel Fernando Almeida Costa	KeMedo Team	Senior Masculino	07:59:35	+03:05:28	09:03
83	418	Bruno Pires	OLIMPICO VIANENSE TRAIL	Senior Masculino	08:01:48	+03:07:41	09:05
84	449	Cláudio Teixeira	PAREDES AVENTURA	Senior Masculino	08:02:05	+03:07:59	09:06
85	488	Mario Oliveira	Shots International Runners	Senior Masculino	08:03:32	+03:09:25	09:07
86	193	Ricardo Filipe Figueiredo Ferreira	GTT - Armazém do Caffè	Senior Masculino	08:04:13	+03:10:07	09:08
87	33	Tiago Portela	Alexandra Carvalho Team	Senior Masculino	08:04:25	+03:10:18	09:08
88	250	Nelson Nunes	Individual	Senior Masculino	08:04:45	+03:10:38	09:09
89	245	Mário Castro	Individual	Senior Masculino	08:05:37	+03:11:31	09:10
90	402	Fernando Carneiro	NAST	Senior Masculino	08:07:43	+03:13:36	09:12
91	244	Marco Pereira	Individual	Senior Masculino	08:10:43	+03:16:36	09:16
92	473	Sérgio Monteiro	Sardonisca Runners	Senior Masculino	08:13:38	+03:19:31	09:19
93	138	Rodolfo Alexandre Brito da Silva	EDV-VIANA TRAIL	Senior Masculino	08:17:16	+03:23:10	09:23
94	420	Orlando Silva	OLIMPICO VIANENSE TRAIL	Senior Masculino	08:17:50	+03:23:43	09:24
95	191	CARLOS RIBEIRO	GTT - Armazém do Caffè	Senior Masculino	08:18:06	+03:23:59	09:24
96	520	Bruno Ricardo Melo Almeida	Viseu Trail	Senior Masculino	08:18:41	+03:24:35	09:25

Ultra Trail 53K

53 KM

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REVISED

OFFICIAL RESULT

97	495	Hugo Costa	SportCriativo - Viseu Running Team	Senior Masculino	08:23:17	+03:29:11	09:30
98	139	Sérgio Filipe Cunha Matos	EDV-VIANA TRAIL	Senior Masculino	08:24:12	+03:30:05	09:31
99	248	Miguel Lopes	Individual	Senior Masculino	08:25:52	+03:31:45	09:33
100	537	Ricardo Filipe Tavares Fernandes	Coimbra Trail Running	Senior Masculino	08:32:10	+03:38:04	09:40
101	127	André Carvalho	EDV-VIANA TRAIL	Senior Masculino	08:32:57	+03:38:50	09:41
102	231	Hugo Gomes	Individual	Senior Masculino	08:33:18	+03:39:11	09:41
103	15	Mauro Roxo	ADE Trail Running	Senior Masculino	08:33:33	+03:39:27	09:41
104	227	Dario Silva	Individual	Senior Masculino	08:34:55	+03:40:48	09:43
105	109	ISRAEL CASTRO	COUTADAS TRAIL TEAM	Senior Masculino	08:35:16	+03:41:10	09:43
106	38	Bruno Rodrigues	ALGARVE TRAIL RUNNING	Senior Masculino	08:42:18	+03:48:11	09:51
107	246	Mário Miguel Ferreira Barbosa	Individual	Senior Masculino	08:42:59	+03:48:53	09:52
108	268	Tiago José Cadima Borges	Individual	Senior Masculino	08:46:25	+03:52:18	09:56
109	415	João Correia	O Mundo da Corrida	Senior Masculino	08:48:10	+03:54:03	09:58
110	272	André Fernandes	Individual	Senior Masculino	08:48:15	+03:54:08	09:58
111	452	Pedro Santos	Crocodilos/MisterPC	Senior Masculino	08:48:17	+03:54:11	09:58
112	234	Jan Willem Zwarteveen	Individual	Senior Masculino	08:49:46	+03:55:39	10:00
113	254	Pedro Gomes	Individual	Senior Masculino	08:51:15	+03:57:09	10:01
114	417	Tiago Amado	OCS - Proaventuras	Senior Masculino	08:53:11	+03:59:04	10:04
115	183	Francisco Alves	GT RUNNERS	Senior Masculino	08:53:23	+03:59:16	10:04
116	409	José Correia	NOCTURNOS DE PAREDES	Senior Masculino	08:57:02	+04:02:56	10:08
117	454	Afonso Bonifacio	Pernetas	Senior Masculino	08:58:20	+04:04:13	10:09
118	261	Ricardo Teixeira	Individual	Senior Masculino	09:00:17	+04:06:10	10:12
119	241	Luis Miguel Braga	Individual	Senior Masculino	09:02:10	+04:08:03	10:14
120	228	Gil Ricardo Vieira Rocha	Individual	Senior Masculino	09:03:51	+04:09:45	10:16
121	82	BRUNO BARGE	CDC S. MARTINHO DA GANDARA	Senior Masculino	09:03:59	+04:09:53	10:16
122	270	Tiago Oliveira	Individual	Senior Masculino	09:09:18	+04:15:11	10:22
123	220	André Serra	Individual	Senior Masculino	09:09:22	+04:15:15	10:22
124	432	Canal Jean Pierre	OS JAVALIS	Senior Masculino	09:10:04	+04:15:57	10:23
125	459	Victor Vital	Reumáticos da Bila	Senior Masculino	09:10:32	+04:16:26	10:23
126	251	Nuno Ferro	Individual	Senior Masculino	09:17:25	+04:23:19	10:31
127	223	BRUNO MIGUEL DA SILVA CUNHA	Individual	Senior Masculino	09:17:28	+04:23:21	10:31
128	218	Alexandre Miguel	Individual	Senior Masculino	09:26:03	+04:31:56	10:41
129	252	Paulo Jaime Monteiro	Individual	Senior Masculino	09:26:09	+04:32:02	10:41
130	76	Carlos Carreira	carlos	Senior Masculino	09:28:49	+04:34:42	10:44
131	198	Nuno Almeida	Guimarrunning Moscada	Senior Masculino	09:32:08	+04:38:01	10:48
132	428	José Santos	Oralklass Amigos do Trail	Senior Masculino	09:33:25	+04:39:18	10:49
133	161	Tiago Costa	Ermida Team	Senior Masculino	09:42:26	+04:48:19	10:59
134	255	Pedro Manuel Cerqueira Lopes	Individual	Senior Masculino	09:43:12	+04:49:05	11:00
135	166	Vítor Santos	Factor X / S4L / MedenseFC	Senior Masculino	09:43:46	+04:49:39	11:01
136	494	Pedro Polónio	Sport Clube Beira-Mar	Senior Masculino	10:04:17	+05:10:11	11:24
137	507	Pedro Taveira Marques	UNIDOS À FRESCA	Senior Masculino	10:15:13	+05:21:07	11:36
138	460	Edgar Serrano	Rompetcas RT	Senior Masculino	10:17:12	+05:23:05	11:39
139	444	Oswaldo Cipriano	Pace.Makers	Senior Masculino	10:32:06	+05:38:00	11:56
140	257	Pedro Nogueira	Individual	Senior Masculino	10:42:34	+05:48:28	12:07
141	77	Nuno Ferreira	CCD - SIEMENS	Senior Masculino	10:51:36	+05:57:30	12:18

Official Timekeeper: Lap2Go	4 / 11	generate 26-set-2017 11:18
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Ultra Trail 53K

53 KM



OFFICIAL RESULT

142	181	Pedro Gabriel Lopes Oliveira	Grupo Desportivo da Parreira	Senior Masculino	11:01:40	+06:07:33	12:29
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Sub 23 Masculino

1	271	Alexandre Blasques	Individual	Sub 23 Masculino	05:38:25	+44:18	06:23
2	34	JOÃO AFONSO	Alexandra Carvalho Team	Sub 23 Masculino	07:14:33	+02:20:27	08:12
3	17	João Ramos	ADE Trail Running	Sub 23 Masculino	07:38:13	+02:44:07	08:39
4	506	Marcio Bruno Rodrigues Cunha	UCRA TRAIL TEAM	Sub 23 Masculino	09:19:44	+04:25:38	10:34

Veterana F40

1	143	Fernanda Verde	EDV-VIANA TRAIL	Veterana F40	06:15:23	+01:21:17	07:05
2	48	Cristina Couceiro	ARSM - Associação Recreativa de S. Miguel	Veterana F40	06:24:10	+01:30:03	07:15
3	373	Jocelina Ferreira	Juventude Vidigalense	Veterana F40	06:45:28	+01:51:21	07:39
4	7	Raquel Pedro	Juventude Vidigalense	Veterana F40	06:56:32	+02:02:25	07:52
5	372	Fátima Manuela Gomes Alendouro	Juventude Vidigalense	Veterana F40	07:05:08	+02:11:02	08:01
6	125	Paula Lage	Dr. Merino/4moove	Veterana F40	07:45:12	+02:51:05	08:47
7	133	Elisabete Santos	TEAM LANTEMIL	Veterana F40	07:49:16	+02:55:09	08:51
8	377	Belén Rodríguez Vidal	Kórpore Arenteiro Trail	Veterana F40	08:01:46	+03:07:39	09:05
9	45	Ana Amaro	Aminhacorrida/Myprotein	Veterana F40	08:48:22	+03:54:15	09:58
10	277	Sílvia Oliveira	Individual	Veterana F40	09:07:02	+04:12:55	10:19
11	35	Solange Cabral	Alexandra Carvalho Team	Veterana F40	09:44:48	+04:50:41	11:02
12	275	Fatinha Pinto	Individual	Veterana F40	09:44:58	+04:50:51	11:02
13	447	Célia Vital	PADELA NATURAL TEAM	Veterana F40	09:49:28	+04:55:21	11:07
14	438	Marta Rosário Ribeiro	Os tolinhos	Veterana F40	10:03:20	+05:09:14	11:23
15	278	Vanuza Silva	Individual	Veterana F40	10:18:48	+05:24:41	11:41
16	445	Vanda Fernandes	Pace.Makers	Veterana F40	10:32:05	+05:37:58	11:56
17	273	Carla Sofia Santos	Individual	Veterana F40	10:38:16	+05:44:09	12:03
18	274	Celeste Pedro	Individual	Veterana F40	10:39:36	+05:45:30	12:04

Veterana F45

1	69	Sara Brito	CA Barreira	Veterana F45	06:18:05	+01:23:59	07:08
2	199	Ângela Costa	Guimarunning Moscada	Veterana F45	08:18:30	+03:24:23	09:24
3	279	Cacau Medeiros	Individual	Veterana F45	08:28:17	+03:34:10	09:35
4	26	Carolina Pereira	AfifenseTrail	Veterana F45	10:26:01	+05:31:54	11:49
5	282	Sandra Simões	Individual	Veterana F45	10:39:18	+05:45:11	12:04
6	468	Natasha Planas	Salamandrecos	Veterana F45	10:51:01	+05:56:54	12:17

Veterana F50

1	283	Alexandra Fernandes	Individual	Veterana F50	07:21:23	+02:27:16	08:20
2	105	Flor Madureira	Confraria Trotamontes	Veterana F50	09:02:13	+04:08:06	10:14

Ultra Trail 53K

53 KM



OFFICIAL RESULT

34	110	daniel seoane	COUTADAS TRAIL TEAM	Veterano M40	07:44:44	+02:50:37	08:46
35	322	Sérgio António dias santos	Individual	Veterano M40	07:45:12	+02:51:06	08:47
36	521	Homero Manuel Fernandes Sousa Lourenço	Viseu Trail	Veterano M40	07:45:26	+02:51:19	08:47
37	174	Luis carlos pereira alberto	FOZ365	Veterano M40	07:52:45	+02:58:38	08:55
38	78	Fernando Remelgado	CCD - SIEMENS	Veterano M40	07:52:45	+02:58:38	08:55
39	296	Gil Oliveira	Individual	Veterano M40	07:56:22	+03:02:15	08:59
40	483	Carlos Hipólito	SCALABIS NIGHT RUNNERS	Veterano M40	07:57:49	+03:03:42	09:01
41	318	Rogério Coelho	K medo team	Veterano M40	07:59:34	+03:05:27	09:03
42	308	José Manuel Gomes Nunes	Individual	Veterano M40	08:02:03	+03:07:56	09:06
43	450	José Meira Rodrigues	PAREDES AVENTURA	Veterano M40	08:02:05	+03:07:58	09:06
44	293	Fabrice Polteau	Individual	Veterano M40	08:03:31	+03:09:25	09:07
45	47	Paulo Jorge Reis Filipe	Apulia a correr	Veterano M40	08:03:36	+03:09:29	09:07
46	60	José Miguel Machado Marques dos Santos	Benfeita Trail - Arganil	Veterano M40	08:06:01	+03:11:54	09:10
47	410	Fernando Almeida	NOCTURNOS DE PAREDES	Veterano M40	08:08:50	+03:14:43	09:13
48	102	Bruno Martelo	Coimbra Trail Running	Veterano M40	08:09:54	+03:15:48	09:15
49	379	Nuno Alves	LetsRunAzores	Veterano M40	08:14:53	+03:20:46	09:20
50	172	Rui Miguel Monteiro Soles Gonçalves	FormoBike Btt & Trail Running	Veterano M40	08:15:59	+03:21:52	09:21
51	61	João Carvalho	BUDEGUITA RUNNERS	Veterano M40	08:18:00	+03:23:53	09:24
52	301	Joao Costa	Individual	Veterano M40	08:23:39	+03:29:32	09:30
53	304	Jorge Anjos	Individual	Veterano M40	08:23:47	+03:29:40	09:30
54	93	Eusebio Fernandes	Clube Atletismo Fafe	Veterano M40	08:24:29	+03:30:23	09:31
55	168	João Agostinho O. Santos	Fisiofute Trail Running	Veterano M40	08:30:02	+03:35:56	09:37
56	517	luis miguel dos santos batata	Vila Fria	Veterano M40	08:30:33	+03:36:26	09:38
57	144	Luis Andre Machado Saleiro Silva	EDV-VIANA TRAIL	Veterano M40	08:32:57	+03:38:50	09:41
58	489	Nelson Silva	Shots International Runners	Veterano M40	08:33:02	+03:38:55	09:41
59	499	Vitor Coelho	Team Sindeq	Veterano M40	08:33:06	+03:38:59	09:41
60	111	manuel	COUTADAS TRAIL TEAM	Veterano M40	08:35:17	+03:41:10	09:43
61	201	Miguel Oliveira	Guimarunning Moscada	Veterano M40	08:40:55	+03:46:48	09:50
62	74	miguel mera cuevas	CAMINHANTES DO CONDADO	Veterano M40	08:42:22	+03:48:15	09:51
63	170	Nuno Bernardo	FormoBike Btt & Trail Running	Veterano M40	08:42:29	+03:48:22	09:51
64	289	Augusto Urjais	Individual	Veterano M40	08:48:09	+03:54:02	09:58
65	46	José Amaro	Aminhacorrída/Myprotein	Veterano M40	08:48:18	+03:54:12	09:58
66	12	Renato José da Silva Cravo de Carvalho	ADCR Polícia Judiciária	Veterano M40	08:48:30	+03:54:23	09:58
67	411	Pedro Nogueira	NOCTURNOS DE PAREDES	Veterano M40	08:52:47	+03:58:40	10:03
68	175	Alexandre Xango	FREE TIBET	Veterano M40	08:52:47	+03:58:41	10:03
69	430	Nuno Sousa	Oralklass Amigos do Trail	Veterano M40	08:52:58	+03:58:51	10:03
70	145	PAULO JORGE RODRIGUES CARDOSO FERREIRA	EDV-VIANA TRAIL	Veterano M40	08:58:10	+04:04:03	10:09
71	456	Jorge Bastos	Pernetas	Veterano M40	08:58:45	+04:04:38	10:10
72	52	Miguel Cruz	Associação Desportiva da Efacec	Veterano M40	09:02:14	+04:08:07	10:14
73	264	Rodrigo Oliveira	Individual	Veterano M40	09:06:36	+04:12:29	10:19
74	458	Nuno Miguel Barroso Fernandes	Reumáticos da Bila	Veterano M40	09:10:33	+04:16:26	10:23
75	404	José Maria Gouveia Martins	NAST	Veterano M40	09:12:35	+04:18:28	10:26
76	300	Ivo Canelas	Individual	Veterano M40	09:12:58	+04:18:51	10:26
77	81	Hélder S G Pinto	CCRD Burinhosa	Veterano M40	09:21:06	+04:26:59	10:35

Ultra Trail 53K

53 KM



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78	83	Fernando Lopes	CDC S. MARTINHO DA GANDARA	Veterano M40	09:26:02	+04:31:55	10:41
79	303	João Ricardo Duarte	Individual	Veterano M40	09:26:25	+04:32:18	10:41
80	446	Mário Cunha	Pace.Makers	Veterano M40	09:26:46	+04:32:39	10:42
81	305	Jorge Sousa	Individual	Veterano M40	09:27:31	+04:33:24	10:42
82	197	Pedro Costa	GTT - Armazém do Caffè	Veterano M40	09:27:44	+04:33:37	10:43
83	317	Pedro Miguel Silvério da Cruz	Individual	Veterano M40	09:28:05	+04:33:58	10:43
84	200	Gentil Mendes	Guimarunning Moscada	Veterano M40	09:32:08	+04:38:01	10:48
85	307	jose manuel dos santos costa	Individual	Veterano M40	09:34:07	+04:40:00	10:50
86	19	Ricardo Dantas	ADE Trail Running	Veterano M40	09:34:51	+04:40:44	10:51
87	286	Andre Nuno Gandarao Dias	Individual	Veterano M40	09:38:39	+04:44:32	10:55
88	518	Oscar Sousa	VilaVerdeaCorrer	Veterano M40	09:38:50	+04:44:43	10:55
89	176	Tiago Correia	G D PIRANHAS DO ALQUEVA	Veterano M40	09:42:27	+04:48:21	10:59
90	440	Samuel Nunes	Os tolinhos	Veterano M40	09:48:55	+04:54:48	11:07
91	182	Luís Gabriel Lopes Oliveira	Grupo Desportivo da Parreira	Veterano M40	09:51:47	+04:57:40	11:10
92	63	Sérgio Couto	BUDEGUITA RUNNERS	Veterano M40	09:59:12	+05:05:05	11:18
93	323	Sergio Fernández Rodríguez	Individual	Veterano M40	10:02:56	+05:08:50	11:23
94	29	LUÍS NUNO SANTOS	AFIS OVAR	Veterano M40	10:03:24	+05:09:17	11:23
95	309	José Pedro Pinto Silva	Individual	Veterano M40	10:03:32	+05:09:25	11:23
96	297	Helder Agostinho	Individual	Veterano M40	10:06:31	+05:12:24	11:27
97	97	M. Carlos Martins	Clube Nortada Aventura - Murtosa night runners	Veterano M40	10:07:07	+05:13:00	11:27
98	407	José Semblano	NO TOMORROW RUNNING TEAM	Veterano M40	10:12:51	+05:18:45	11:34
99	509	Nelson Machado	UNIDOS À FRESCA	Veterano M40	10:15:14	+05:21:07	11:36
100	288	ARTUR	Individual	Veterano M40	10:15:14	+05:21:07	11:36
101	59	Paulo Fernandes	Bardinos dos Montes	Veterano M40	10:17:12	+05:23:05	11:39
102	321	Rui Pereira	Individual	Veterano M40	10:17:12	+05:23:05	11:39
103	462	Paulo Paiva	RUN TO BE ALIVE	Veterano M40	10:24:53	+05:30:46	11:47
104	66	Rui Laranjeiro	C.A.Amigos Parque da Paz	Veterano M40	10:25:54	+05:31:48	11:49
105	383	Manuel Teixeira	LUSOS XXI	Veterano M40	10:26:49	+05:32:42	11:50
106	62	Luís TEIXEIRA	BUDEGUITA RUNNERS	Veterano M40	10:27:49	+05:33:42	11:51
107	310	Luis Miguel Silva Neves Calheiros	Individual	Veterano M40	10:30:04	+05:35:57	11:53
108	290	Christian Maibohm	Individual	Veterano M40	10:31:01	+05:36:54	11:54
109	324	Tiago Frutuoso	Individual	Veterano M40	10:34:49	+05:40:42	11:59
110	298	Henrique Bruno Santos	Individual	Veterano M40	10:38:16	+05:44:09	12:03
111	294	Fernando Ferreira	Individual	Veterano M40	10:38:30	+05:44:23	12:03
112	314	Paolo Pozzan	Individual	Veterano M40	10:38:41	+05:44:35	12:03

Veterano M45

1	43	João Paulo Dias Gonçalves	Amigos da Montanha	Veterano M45	05:55:17	+01:01:10	06:42
2	464	António Ferreira	RUNNER'S DO DEMO	Veterano M45	06:14:28	+01:20:21	07:04
3	496	Humberto Teixeira	SportCriativo - Viseu Running Team	Veterano M45	06:24:21	+01:30:15	07:15
4	326	ADOLFO GARRIDO FERNANDEZ	Individual	Veterano M45	06:53:01	+01:58:54	07:48
5	387	Paulino e Abreu	Melgaço Alvarinho Trail	Veterano M45	06:53:52	+01:59:45	07:49

Official Timekeeper: Lap2Go	8 / 11	generate 26-set-2017 11:18
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TRAIL LONGO 33K - STAGE 1

33 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
84	1365	LUÍS VIEIRA	individual	Veterano M50	04:06:32	+01:08:05	07:28
85	1470	Raul Silva	profisio team	Veterano M40	04:06:42	+01:08:15	07:29
86	1317	Joaquim Gabriel	individual	Veterano M40	04:07:46	+01:09:19	07:30
87	1533	LUIS SANTOS	vimarunners	Senior Masculino	04:07:59	+01:09:32	07:31
88	1517	gonzalo comesaña estevez	trail running nigran	Veterano M40	04:09:25	+01:10:57	07:33
89	1516	jose antonio dominguez pereira	trail running nigran	Senior Masculino	04:09:27	+01:10:59	07:34
90	1062	Miguel Silva	cansaaados	Senior Masculino	04:09:30	+01:11:02	07:34
91	1283	Sérgio Rafael Fernandes	individual	Senior Masculino	04:09:42	+01:11:14	07:34
92	1163	Filipe Oliveyra	imperadores	Senior Masculino	04:10:07	+01:11:40	07:35
93	1230	Filipe Sousa	individual	Senior Masculino	04:10:43	+01:12:15	07:36
94	1046	Ricardo Sampaio	brabus runners	Senior Masculino	04:11:47	+01:13:19	07:38
95	429	Sérgio Suzano Costa	oralklass amigos do trail	Senior Masculino	04:11:49	+01:13:22	07:38
96	1438	Hugo Paço do Casal	olimpico vianense trail	Veterano M40	04:11:56	+01:13:29	07:38
97	1122	Paulo Pelicano	crocodilos/misterpc	Veterano M45	04:12:05	+01:13:37	07:38
98	1388	Nuno Filipe Lopes Baltazar	juventude vidigalense	Veterano M40	04:12:19	+01:13:51	07:39
99	1433	Paulo Ferreira	nocturnos de paredes	Veterano M40	04:13:14	+01:14:46	07:40
100	1461	alfredo costa	oursense	Veterano M55	04:13:14	+01:14:46	07:40
101	1264	Nuno Ribeiro	individual	Senior Masculino	04:13:15	+01:14:47	07:40
102	1061	Tiago Dinis Faria Sousa	caac - clube de atletismo de arentim e cunha	Senior Masculino	04:13:15	+01:14:47	07:40
103	1059	PEDRO CASTRO	caac - clube de atletismo de arentim e cunha	Senior Masculino	04:13:15	+01:14:47	07:40
104	1247	Jorge Fernandes	individual	Senior Masculino	04:13:16	+01:14:49	07:41
105	1289	Vítor Paulo Duarte Caldeira	individual	Senior Masculino	04:13:22	+01:14:54	07:41
106	1418	Jorge Alexandre Correia Moita	montanha clube trail running/efapel	Veterano M40	04:13:37	+01:15:09	07:41
107	1528	Miguel Lira	viana running	Veterano M40	04:14:29	+01:16:01	07:43
108	1182	Samuel Amorim	grupo desportivo castelense	Senior Masculino	04:14:41	+01:16:13	07:43
109	1384	Joao Paulo Oliveira	juventude cortegacense	Veterano M40	04:14:51	+01:16:23	07:43
110	1389	Bruno Ribeiro	kaninos	Senior Masculino	04:15:25	+01:16:57	07:44
111	1319	José Borges	individual	Veterano M40	04:15:49	+01:17:21	07:45
112	1502	José Miguel Pinto	team fivami	Senior Masculino	04:16:30	+01:18:02	07:46
113	1429	Pedro Vieira	mountain runners	Senior Masculino	04:17:11	+01:18:44	07:48
114	1544	Roberto Martins	individual	Senior Masculino	04:17:15	+01:18:47	07:48
115	1058	Alexandre David Lopes Talaia Marques	caac - clube de atletismo de arentim e cunha	Senior Masculino	04:17:48	+01:19:20	07:49
116	1028	JORGE GOMES	arcorun	Senior Masculino	04:18:36	+01:20:08	07:50
117	1523	Miguel José Pereira Neves	ugas trail running	Senior Masculino	04:18:40	+01:20:12	07:50
118	1170	Manuel Avelino Reis Pinheiro	fridão sem limites	Veterano M45	04:18:41	+01:20:14	07:50
119	1099	Miguel Gualdino	coac - coruche outdoor adventure club	Senior Masculino	04:19:11	+01:20:43	07:51
120	1030	NUNO Fernandes	arcorun	Senior Masculino	04:19:44	+01:21:16	07:52
121	1506	Renato Veron	team lanthemil	Veterano M45	04:19:45	+01:21:17	07:52
122	1408	BRUNO NARCISO	minho e lima trail	Sub 23 Masculino	04:19:45	+01:21:18	07:52
123	1442	Rita Loureiro	oralklass amigos do trail	Senior Feminino	04:19:52	+01:21:25	07:52
124	1453	Orlando Nogueira	oralklass amigos do trail	Veterano M40	04:19:53	+01:21:26	07:53
125	1434	Fernando David da Costa Santos	núcleo de montanha de espinho	Veterano M40	04:21:39	+01:23:11	07:56
126	1218	António Ricardo Ferreira da Silva	individual	Senior Masculino	04:21:53	+01:23:25	07:56

TRAIL LONGO 33K - STAGE 1

33 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
127	1287	Valter Gouveia	individual	Senior Masculino	04:21:53	+01:23:25	07:56
128	1515	bernardo carrera giraldez	trail running nigran	Veterano M40	04:22:28	+01:24:00	07:57
129	1001	Paulo Ribeiro	10temidos	Veterano M40	04:22:35	+01:24:07	07:57
130	1160	André Dias	eu é mais bolos	Senior Masculino	04:23:25	+01:24:57	07:59
131	1132	José Florêncio Rodrigues da Silva	ecobarcaventura	Veterano M45	04:23:29	+01:25:01	07:59
132	1110	Javier rivero alonso	cornelios	Senior Masculino	04:23:49	+01:25:21	08:00
133	1336	Roberto Exposito Exposito	individual	Veterano M40	04:24:30	+01:26:03	08:01
134	1280	Rúben Barbosa	individual	Senior Masculino	04:24:53	+01:26:25	08:02
135	1037	Ivo Silva	associação desportiva da efacec	Senior Masculino	04:25:06	+01:26:38	08:02
136	1411	Inês Moreira	moinhos run-adrm	Senior Feminino	04:25:21	+01:26:53	08:02
137	1024	Nuno Soares	amigos da montanha	Senior Masculino	04:25:22	+01:26:54	08:02
138	1266	Nuno Sá	individual	Senior Masculino	04:25:41	+01:27:13	08:03
139	1277	Renato Lopes	individual	Senior Masculino	04:26:04	+01:27:36	08:04
140	1309	Benjamim Cruz	individual	Veterano M40	04:26:14	+01:27:46	08:04
141	1437	Rui Pereira	ofranning	Senior Masculino	04:26:19	+01:27:51	08:04
142	1393	José Rocha	leões de tardariz trail	Senior Masculino	04:26:50	+01:28:22	08:05
143	1465	Vitor Manuel Cruz da Costa	piratas da montanha	Veterano M50	04:27:00	+01:28:33	08:05
144	1265	Nuno Ricardo Trigueiro Araújo	individual	Senior Masculino	04:27:10	+01:28:42	08:06
145	1074	Luís Pereira	cerveira team running/clube celtas do minho	Veterano M40	04:27:17	+01:28:49	08:06
146	1390	José Duarte	kaninos	Veterano M50	04:27:22	+01:28:54	08:06
147	1539	Susana Dantas Alves	xl&s trail	Senior Feminino	04:27:23	+01:28:55	08:06
148	1531	Vitor Pires Rodrigues	vilaverdeacorrer	Veterano M40	04:27:33	+01:29:05	08:06
149	1532	Diogo Silva Torres	vilaverdeacorrer	Sub 23 Masculino	04:27:34	+01:29:06	08:06
150	1142	jose alcobia	edv-viana trail	Veterano M45	04:27:45	+01:29:17	08:07
151	1367	Paulo Melo	individual	Veterano M50	04:27:59	+01:29:31	08:07
152	1164	Vitor Moreira	factor x / s4l / medensefc	Senior Masculino	04:28:14	+01:29:47	08:08
153	1392	Fernando Gomes	kemedo team	Veterano M45	04:28:37	+01:30:09	08:08
154	1004	TIAGO PONA	adaf- associação de desporto aquae flaviae	Senior Masculino	04:28:53	+01:30:25	08:09
155	1545	Alfredo Gualdino	individual	Senior Masculino	04:29:21	+01:30:53	08:10
156	1436	Abilio Pereira	o que queremos é monte	Veterano M45	04:30:03	+01:31:35	08:11
157	1145	José Cruz	ei team trail	Senior Masculino	04:30:17	+01:31:49	08:11
158	1445	Gilberto Pimenta	oralklass amigos do trail	Senior Masculino	04:30:21	+01:31:54	08:12
159	1216	António Almeida	individual	Senior Masculino	04:30:43	+01:32:15	08:12
160	1538	Soraia Pereira Lima Monteiro	xl&s trail	Senior Feminino	04:30:47	+01:32:19	08:12
161	1096	Fernando Capitão	clube novo banco	Veterano M45	04:32:09	+01:33:41	08:15
162	1014	Ricardo Fernandes	afrikanrunners	Veterano M40	04:32:16	+01:33:48	08:15
163	1352	manuel antonio ferreira pinto teixeira	individual	Veterano M45	04:33:07	+01:34:39	08:17
164	1214	Adérito Silva	individual	Senior Masculino	04:33:28	+01:35:01	08:17
165	1345	Alberto Guimarães	individual	Veterano M45	04:33:32	+01:35:04	08:17
166	1135	Sonia Sofia Parente	edv-viana trail	Veterana F40	04:33:56	+01:35:28	08:18
167	1123	Liliana Ribeiro	crossfit aveiro	Senior Feminino	04:33:56	+01:35:28	08:18
168	1491	José Carlos Coelho	socksby/afacycles	Veterano M40	04:34:06	+01:35:38	08:18
169	1156	Martinho Dias	ermida team	Senior Masculino	04:35:10	+01:36:42	08:20

TRAIL LONGO 33K - STAGE 1
33 KM
OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
213	1117	Maria Fernanda Ferreira	correr leça	Veterana F40	04:49:13	+01:50:45	08:46
214	1272	Pedro Cunha	individual	Senior Masculino	04:49:48	+01:51:21	08:47
215	1245	Joaquim Fernando Martins Santos	individual	Senior Masculino	04:49:57	+01:51:29	08:47
216	1329	Nuno Freitas	individual	Veterano M40	04:49:58	+01:51:30	08:47
217	1185	Carlos Gavinho	gt runners	Veterano M55	04:50:00	+01:51:32	08:47
218	1337	Ruben Adrover Rodriguez	individual	Veterano M40	04:50:19	+01:51:51	08:48
219	1078	Luis Paulo F. A. Carlos	chitas de alcaobaça	Veterano M40	04:50:38	+01:52:11	08:48
220	1463	Jorge Barbosa	paredes aventura	Veterano M40	04:51:09	+01:52:41	08:49
221	1373	Rui Pereira	individual	Veterano M55	04:51:14	+01:52:46	08:50
222	1441	pedro miguel pereira carvalho	olimpico vianense trail	Veterano M40	04:51:15	+01:52:47	08:50
223	1221	Bruno Moura	individual	Senior Masculino	04:51:44	+01:53:16	08:50
224	1208	Raquel Andrade	individual	Senior Feminino	04:51:45	+01:53:17	08:50
225	1529	Antonio Marinho	viana running	Veterano M45	04:52:02	+01:53:34	08:51
226	1377	Bruno Guerra	insane trail team	Senior Masculino	04:52:07	+01:53:39	08:51
227	1257	Marco Nicolau	individual	Senior Masculino	04:52:56	+01:54:28	08:53
228	1067	Luis Barbosa	cerveira team running/clube celtas do minhho	Senior Masculino	04:52:56	+01:54:28	08:53
229	1240	João Alexandre	individual	Senior Masculino	04:53:25	+01:54:57	08:53
230	1504	Nuno Filipe Cardoso Maia	team lantermil	Senior Masculino	04:54:25	+01:55:57	08:55
231	1223	Bruno Vale	individual	Senior Masculino	04:54:41	+01:56:13	08:56
232	1520	Avelino Faria	trailistas "eu é que sei!"	Veterano M50	04:54:59	+01:56:31	08:56
233	1154	Pedro Alves	enjoy and go runners	Veterano M40	04:55:17	+01:56:49	08:57
234	1332	Pedro Teixeira	individual	Veterano M40	04:55:21	+01:56:53	08:57
235	1229	Filipe Machado	individual	Senior Masculino	04:55:42	+01:57:14	08:58
236	1072	Filipe Alves	cerveira team running/clube celtas do minhho	Veterano M40	04:55:51	+01:57:23	08:58
237	1323	Luis Miguel de Oliveira Martins	individual	Veterano M40	04:56:01	+01:57:33	08:58
238	1356	Rui Calado	individual	Veterano M45	04:56:02	+01:57:34	08:58
239	1239	Hugo fernandes	individual	Senior Masculino	04:56:10	+01:57:42	08:58
240	1355	Rui Alves	individual	Veterano M45	04:56:28	+01:58:00	08:59
241	1261	Nuno	individual	Senior Masculino	04:57:41	+01:59:13	09:01
242	1051	pedro gabriel fernandes	brasinhas	Senior Masculino	04:57:45	+01:59:17	09:01
243	1521	Daniel Marques dos Santos	ugas trail running	Senior Masculino	04:58:14	+01:59:46	09:02
244	1207	Patrícia Lourenço	individual	Senior Feminino	04:58:19	+01:59:51	09:02
245	1363	João Paulo Rocha	individual	Veterano M50	04:58:21	+01:59:53	09:02
246	1011	Emanuel Martins	afrikanrunners	Veterano M40	04:58:27	+02:00:00	09:03
247	1013	Nelson Nunes	afrikanrunners	Veterano M40	04:58:27	+02:00:00	09:03
248	1350	Joaquim José Leitão Caeiro	individual	Veterano M45	04:58:58	+02:00:30	09:04
249	1549	Ricardo Castro	individual	Veterano M40	04:59:18	+02:00:50	09:04
250	1085	Ricardo José da Silva Mendonça	clube de pessoal edp - delegação de vila nova de gaia	Senior Masculino	04:59:18	+02:00:51	09:04
251	1344	Alberto Damião da Costa Pinto	individual	Veterano M45	04:59:32	+02:01:05	09:05
252	1380	Luis Santos	insane trail team	Veterano M45	04:59:38	+02:01:11	09:05
253	1038	Alexandra Vanstalle	atr - algarve trail running	Senior Feminino	04:59:45	+02:01:17	09:05
254	1290	Vitor Pedroso	individual	Senior Masculino	04:59:49	+02:01:21	09:05
255	1394	Joaquim Silva	leões de tardariz trail	Veterano M55	04:59:57	+02:01:29	09:05

TRAIL LONGO 33K - STAGE 1

33 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
256	1473	Vitor Maia	rachão trail team	Senior Masculino	05:00:14	+02:01:46	09:06
257	1193	vitór campos	gtt - armazém do caffè	Veterano M40	05:00:14	+02:01:47	09:06
258	1102	Catarina Alves	coimbra trail running	Veterana F40	05:00:50	+02:02:22	09:07
259	1310	Carlos Vilas-Boas	individual	Veterano M40	05:01:07	+02:02:39	09:07
260	1244	João Resende	individual	Senior Masculino	05:01:46	+02:03:18	09:09
261	1093	ADELINO LUCIANO SILVA BRITO	clube millennium bcp	Veterano M55	05:01:46	+02:03:18	09:09
262	1469	Nelsono vaz	profisio team	Senior Masculino	05:01:50	+02:03:23	09:09
263	1040	Pascal Rodrigues	atr - algarve trail running	Veterano M40	05:01:58	+02:03:30	09:09
264	1022	Cláudia Guerreiro	algarve trail running	Veterana F40	05:01:58	+02:03:30	09:09
265	1144	hugo silva esteves	ei team trail	Senior Masculino	05:03:04	+02:04:36	09:11
266	1526	Juliana Onuma	viana running	Veterana F40	05:03:05	+02:04:37	09:11
267	1005	Ricardo Briote	ade trail running	Senior Masculino	05:03:17	+02:04:49	09:11
268	1057	Ricardo Conde	c.d."os águias" de alpiarça	Senior Masculino	05:03:21	+02:04:53	09:12
269	1065	Adelino Silva	ccd - siemens	Veterano M45	05:04:16	+02:05:48	09:13
270	1313	fidel conde	individual	Veterano M40	05:04:21	+02:05:53	09:13
271	1233	Glen Southwod	individual	Senior Masculino	05:04:27	+02:05:59	09:14
272	1496	Paulo Laranjo	ss box	Senior Masculino	05:04:30	+02:06:02	09:14
273	1199	Ana Claudia Sereno	individual	Senior Feminino	05:04:34	+02:06:07	09:14
274	1184	Amaro Rocha	gt runners	Veterano M55	05:06:16	+02:07:48	09:17
275	1358	vitór santos	individual	Veterano M45	05:06:24	+02:07:56	09:17
276	1422	jorgr Pinheiro	monte dos amigos/juventude ribeiras	Veterano M40	05:06:29	+02:08:01	09:17
277	1428	Miguel Sousa	mountain runners	Senior Masculino	05:06:34	+02:08:06	09:17
278	1212	Solange Sousa	individual	Senior Feminino	05:06:35	+02:08:07	09:17
279	1430	Joaquim Teixeira	mountain runners	Veterano M40	05:06:35	+02:08:08	09:17
280	1180	Luis Oliveira	gd santander totta	Veterano M40	05:06:38	+02:08:10	09:18
281	1440	Alberto Barbosa	olimpico vianense trail	Veterano M40	05:06:44	+02:08:16	09:18
282	1508	FERNANDO FERNANDES	terras do vez	Veterano M45	05:06:47	+02:08:19	09:18
283	1446	Ivo Dias	oralklass amigos do trail	Senior Masculino	05:07:42	+02:09:14	09:19
284	1267	Nuno Sérgio Neto Capela	individual	Veterano M40	05:07:51	+02:09:23	09:20
285	1032	Armando Pinho	arcoron	Veterano M40	05:08:00	+02:09:32	09:20
286	1410	Cláudia Moreira	moinhos run-adrm	Senior Feminino	05:08:13	+02:09:45	09:20
287	1364	jose rodrigues costa	individual	Veterano M50	05:08:13	+02:09:46	09:20
288	1210	Sandra Santos	individual	Senior Feminino	05:08:14	+02:09:46	09:20
289	1349	João Carlos Freitas	individual	Veterano M45	05:08:15	+02:09:47	09:20
290	1252	José Padrão	individual	Senior Masculino	05:08:30	+02:10:02	09:21
291	1010	Domingos Gonçalves	afrikanrunners	Veterano M40	05:09:20	+02:10:52	09:22
292	1354	Ricardo Jose Mendes Ribeiro	individual	Veterano M45	05:09:25	+02:10:57	09:23
293	1052	JORGE MOREIRA	brasinhas	Veterano M40	05:09:36	+02:11:08	09:23
294	1460	Francisco Ferreira	os tolinhos	Veterano M50	05:11:02	+02:12:35	09:26
295	1316	João Cardoso	individual	Veterano M40	05:11:05	+02:12:38	09:26
296	1369	rui torres	individual	Veterano M50	05:11:09	+02:12:41	09:26
297	1108	Luis Torres	comdor runners	Veterano M45	05:11:11	+02:12:43	09:26
298	1109	Paula Cristina Ferreira da Silva	comdor runners	Veterana F45	05:11:11	+02:12:43	09:26
299	1360	ANTÓNIO MENDES	individual	Veterano M50	05:12:34	+02:14:06	09:28
300	1002	Frederico Silva Pinto	a.d. amarante trail running	Senior Masculino	05:12:51	+02:14:23	09:29

TRAIL LONGO 33K - STAGE 1

33 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
301	1322	Luis Miguel Alves de Freitas Ribeiro	individual	Veterano M40	05:13:47	+02:15:19	09:31
302	1006	Cláudio Cândido	ade trail running	Veterano M40	05:13:50	+02:15:22	09:31
303	1007	Filipe Gonçalves	ade trail running	Veterano M40	05:13:50	+02:15:22	09:31
304	1094	JOAO MANUEL SANTOS LOPES SILVA	clube millennium bcp	Veterano M50	05:13:54	+02:15:26	09:31
305	1295	Telmo	individual	Sub 23 Masculino	05:13:55	+02:15:27	09:31
306	1417	Miguel Fernandes	montanha clube trail running/efapel	Sub 23 Masculino	05:14:47	+02:16:19	09:32
307	1490	Cristina Barros	sinmetro	Veterana F40	05:14:51	+02:16:24	09:32
308	1073	Joaquim Araújo	cerveira team running/clube celtas do minho	Veterano M40	05:15:41	+02:17:14	09:34
309	1071	Carlos Pinheiro	cerveira team running/clube celtas do minho	Veterano M40	05:15:41	+02:17:14	09:34
310	1391	José Pereira	kemedo team	Veterano M40	05:15:51	+02:17:23	09:34
311	1471	Narciso Machado	profisio team	Veterano M50	05:15:54	+02:17:27	09:34
312	1134	SANDRA PEREIRA DOS SANTOS	edv-viana trail	Senior Feminino	05:16:08	+02:17:40	09:35
313	1534	Nuno Ribeiro	viriatv runners viseu	Veterano M40	05:16:17	+02:17:49	09:35
314	1311	Eliseu	individual	Veterano M40	05:16:31	+02:18:03	09:35
315	1202	Estela Martins	individual	Senior Feminino	05:16:32	+02:18:05	09:36
316	1235	Helder Campos	individual	Senior Masculino	05:16:33	+02:18:05	09:36
317	1285	Tiago Magalhães	individual	Senior Masculino	05:16:34	+02:18:06	09:36
318	1190	Tiago André da Silva Correia	gtt - armazém do caffè	Senior Masculino	05:16:36	+02:18:08	09:36
319	1055	Maria Carmo Loureiro	budeguita runners	Veterana F45	05:16:54	+02:18:26	09:36
320	1029	JORGE RAMOS	arcorun	Veterano M40	05:16:55	+02:18:27	09:36
321	1211	Sandra Silva	individual	Senior Feminino	05:16:56	+02:18:29	09:36
322	1505	Miguel Teixeira	team lantermil	Veterano M40	05:17:47	+02:19:19	09:38
323	1189	Nuno Costa	gtt - armazém do caffè	Senior Masculino	05:18:09	+02:19:41	09:38
324	1379	Joel Silva	insane trail team	Veterano M40	05:18:30	+02:20:03	09:39
325	1249	José António Pereira Alves	individual	Senior Masculino	05:19:05	+02:20:37	09:40
326	1021	Luís Marques	alexandra carvalho team	Veterano M40	05:19:18	+02:20:50	09:41
327	1018	JOÃO MENDES	alexandra carvalho team	Veterano M40	05:19:18	+02:20:51	09:41
328	1016	JOÃO CÉSAR ROCHA	alexandra carvalho team	Senior Masculino	05:19:18	+02:20:51	09:41
329	1020	José Silva	alexandra carvalho team	Veterano M40	05:19:19	+02:20:51	09:41
330	1017	Elsa Rodrigues	alexandra carvalho team	Veterana F40	05:19:19	+02:20:51	09:41
331	1475	Luis Nuno Oliveira	rexemingas team	Veterano M40	05:19:50	+02:21:22	09:42
332	1116	Tiago Fernandes da Silva Montalvão Coelho	correr leça	Senior Masculino	05:19:54	+02:21:26	09:42
333	1161	José Dais	eu é mais bolos	Senior Masculino	05:20:01	+02:21:33	09:42
334	1315	Francisco Rebelo	individual	Veterano M40	05:20:02	+02:21:34	09:42
335	1255	Marco Neiva	individual	Senior Masculino	05:20:09	+02:21:41	09:42
336	1335	Roberto Esteves	individual	Veterano M40	05:20:10	+02:21:42	09:42
337	1106	Daniel Pinto	comdor runners	Senior Masculino	05:20:22	+02:21:54	09:42
338	1107	Hugo Couto	comdor runners	Senior Masculino	05:20:24	+02:21:57	09:43
339	1039	Nuno Botelho	atr - algarve trail running	Senior Masculino	05:20:47	+02:22:19	09:43
340	1026	Firmino Silva	arca barcelos runners	Veterano M50	05:20:47	+02:22:19	09:43
341	1312	Fausto José Pereira Neves	individual	Veterano M40	05:20:59	+02:22:32	09:44
342	1053	paulo jorge silva freitas	brasinhas	Veterano M45	05:21:11	+02:22:43	09:44

TRAIL LONGO 33K - STAGE 1

33 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
343	1080	Octávio Cravo	clube cuba aventura	Senior Masculino	05:21:11	+02:22:44	09:44
344	1077	Raul Fernandes	cerveira team running/clube celtas do minho	Veterano M60	05:21:28	+02:23:00	09:44
345	1348	João Augusto	individual	Veterano M45	05:21:34	+02:23:06	09:45
346	1481	Maria Marques	salamandrecos	Veterana F45	05:22:18	+02:23:50	09:46
347	1139	Salome Cerqueira	edv-viana trail	Veterana F40	05:22:24	+02:23:56	09:46
348	1374	Avelino Dias	arca Barcelos runners	Veterano M60	05:22:57	+02:24:29	09:47
349	1343	Vitor Manuel Pereira Oliveira	individual	Veterano M40	05:23:01	+02:24:33	09:47
350	1171	António Carlos	fridão sem limites	Veterano M55	05:23:11	+02:24:43	09:48
351	1079	Jorge Miguel Doellinger	clube atletismo fafe	Senior Masculino	05:23:14	+02:24:46	09:48
352	1043	António de Oliveira	brabus runners	Senior Masculino	05:23:28	+02:25:00	09:48
353	1487	Artur Pereira	shots international runners	Senior Masculino	05:24:23	+02:25:55	09:50
354	1146	ruí fernandes	ei team trail	Senior Masculino	05:25:46	+02:27:18	09:52
355	1385	Jorge Coelho	juventude cortegacense	Veterano M45	05:25:58	+02:27:31	09:53
356	1297	Elena Dominguez	individual	Veterana F40	05:26:19	+02:27:52	09:53
357	1222	Bruno Ribeiro	individual	Senior Masculino	05:26:20	+02:27:52	09:53
358	1341	Tiago Caldas	individual	Veterano M40	05:27:37	+02:29:09	09:56
359	1357	Toze	individual	Veterano M45	05:27:42	+02:29:14	09:56
360	1540	Ana Rita Carneiro	xl&s trail	Sub 23 Feminino	05:28:06	+02:29:38	09:57
361	1281	Rui Dinis	individual	Senior Masculino	05:28:51	+02:30:23	09:58
362	1548	Fabian Campos Perez	individual	Senior Masculino	05:29:01	+02:30:33	09:58
363	1138	Anabela Lobato Torres dos Santos Silva	edv-viana trail	Veterana F40	05:29:33	+02:31:05	09:59
364	1273	Pedro Filipe Santos Freitas	individual	Senior Masculino	05:29:36	+02:31:09	09:59
365	1274	PEDRO GONCALVES	individual	Senior Masculino	05:29:37	+02:31:09	09:59
366	1278	Ricardo Magalhaes	individual	Senior Masculino	05:30:32	+02:32:04	10:01
367	1404	José F Ferreira	melres trail running - ordem para arrear	Veterano M45	05:30:49	+02:32:22	10:01
368	1209	Renata Ramos	individual	Senior Feminino	05:30:52	+02:32:24	10:02
369	1304	Abilio Malheiro	individual	Veterano M40	05:32:26	+02:33:58	10:04
370	1191	Tiago Sampaio	ggt - armazém do caffè	Senior Masculino	05:34:22	+02:35:54	10:08
371	1226	Claudio	individual	Senior Masculino	05:34:53	+02:36:26	10:09
372	1298	LUCIA VENTURA	individual	Veterana F40	05:34:58	+02:36:30	10:09
373	1489	Sergio Santiago	shots international runners	Senior Masculino	05:35:01	+02:36:33	10:09
374	1375	José Manuel Oliveira	individual	Veterano M60	05:35:12	+02:36:45	10:09
375	1083	Marie Annick Gillard	clube de atletismo tregueux	Veterana F55	05:35:25	+02:36:57	10:10
376	1082	Mélanie Marques Fernandes	clube de atletismo tregueux	Senior Feminino	05:35:25	+02:36:57	10:10
377	1485	Pedro Salgueiro	sawadee	Senior Masculino	05:36:18	+02:37:50	10:11
378	1086	João Vasco Gil da Silva Gomes Ferreira	clube de pessoal edp - delegação de vila nova de gaia	Veterano M45	05:37:04	+02:38:36	10:13
379	266	Rui Santos Pereira	individual	Senior Masculino	05:38:52	+02:40:25	10:16
380	1507	Manuel Fernando Gomes	team shark	Veterano M40	05:39:10	+02:40:42	10:17
381	1403	Jose carlos Soares Gomes	melres trail running - ordem para arrear	Veterano M45	05:40:30	+02:42:02	10:19
382	1455	Ana Faisca	os regueifas	Senior Feminino	05:40:30	+02:42:02	10:19
383	1195	Luís Pedro	guimarrunning moscada	Senior Masculino	05:42:54	+02:44:26	10:23
384	1327	Milton Trigo	individual	Veterano M40	05:43:21	+02:44:53	10:24
385	1089	PEDRO MIGUEL FERNANDES OLIVEIRA	clube galp energia norte	Veterano M40	05:43:39	+02:45:11	10:25

TRAIL LONGO 33K - STAGE 1
33 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
386	1197	Romeu Gomes	guimarrunning moscada	Senior Masculino	05:44:37	+02:46:09	10:27
387	1474	Bruno Miguel Lopes Silva	rexemingas team	Senior Masculino	05:44:39	+02:46:11	10:27
388	1509	NUNO MIGUEL ARAUJO	terras do vez	Veterano M40	05:45:51	+02:47:24	10:29
389	1478	ELISEU MARTINS	run4fun	Veterano M55	05:46:16	+02:47:48	10:30
390	1215	Alexandre Rodrigues	individual	Senior Masculino	05:46:38	+02:48:10	10:30
391	1483	Gustavo Baeta	santiagobikes	Veterano M40	05:46:40	+02:48:12	10:30
392	1338	Rui Rocha	individual	Veterano M40	05:46:45	+02:48:17	10:30
393	1183	João Bezerra	gt runners	Senior Masculino	05:47:28	+02:49:00	10:32
394	1140	Susana Maria Azevedo Vieira Pereira Matos	edv-viana trail	Veterana F40	05:48:41	+02:50:13	10:34
395	1402	Luís Andrade	melres trail running - ordem para arrear	Veterano M40	05:49:11	+02:50:44	10:35
396	1401	Cristina Freitas	melres trail running - ordem para arrear	Veterana F40	05:49:11	+02:50:44	10:35
397	1306	Alexandre Negrão	individual	Veterano M40	05:49:21	+02:50:53	10:35
398	1371	Jaime Silva	individual	Veterano M55	05:49:51	+02:51:23	10:36
399	1050	CÉSAR LISBOA	brasinhas	Senior Masculino	05:50:00	+02:51:32	10:36
400	1497	João Campos	ss montepio	Veterano M40	05:50:10	+02:51:43	10:37
401	1346	Álvaro Reis	individual	Veterano M45	05:51:24	+02:52:56	10:39
402	1056	RUI MAIO	burano - engenharia e construção	Veterano M45	05:51:24	+02:52:56	10:39
403	1511	Fernando Leite	tnt - trilhos natura team	Senior Masculino	05:53:40	+02:55:12	10:43
404	1326	Miguel Azevedo	individual	Veterano M40	05:53:57	+02:55:29	10:44
405	1466	Bruno Ricardo Marques Guedes	porto sentido runners	Senior Masculino	05:53:58	+02:55:30	10:44
406	1068	Ricardo Duarte	cerveira team running/clube celtas do minho	Senior Masculino	05:53:58	+02:55:30	10:44
407	1284	Slmão Fernandes	individual	Senior Masculino	05:54:30	+02:56:02	10:45
408	1488	Miguel Seca	shots international runners	Senior Masculino	05:55:34	+02:57:06	10:46
409	1299	maria luisa	individual	Veterana F40	05:56:38	+02:58:11	10:48
410	1302	Ana Loreto	montanha clube trail running/efapel	Veterana F45	05:58:55	+03:00:27	10:53
411	1347	Custódio Paulo Tavares Alves	individual	Veterano M45	05:58:56	+03:00:28	10:53
412	1501	Carla Mendes	tartarugas solidárias	Veterana F40	05:59:44	+03:01:16	10:54
413	1500	Andreia	tartarugas solidárias	Veterana F40	05:59:45	+03:01:18	10:54
414	1035	PEDRO MELO	arcorun	Veterano M50	06:03:02	+03:04:34	11:00
415	1092	RICARDO JOSE MACHADO CABRAL BEIRAO	clube millennium bcp	Veterano M50	06:03:10	+03:04:42	11:00
416	1541	Nuno Fonseca	individual	Senior Masculino	06:05:17	+03:06:49	11:04
417	1201	Elisabete Araújo	individual	Senior Feminino	06:05:17	+03:06:49	11:04
418	1200	Ana Isabel Oliveira	individual	Senior Feminino	06:06:33	+03:08:05	11:06
419	1270	Pedro Bernardes	individual	Senior Masculino	06:06:33	+03:08:06	11:06
420	1486	Tiago Salgueiro	sawadee	Senior Masculino	06:08:17	+03:09:49	11:10
421	1224	Carlos Alberto da Silva Rodrigues	individual	Senior Masculino	06:08:45	+03:10:18	11:10
422	1359	Vitor Viana	individual	Veterano M45	06:09:31	+03:11:04	11:12
423	1120	MANUEL RODRIGUES	correr leça	Veterano M55	06:14:40	+03:16:13	11:21
424	1300	Sandra Miranda	individual	Veterana F40	06:14:41	+03:16:14	11:21
425	1196	Pedro Pereira	guimarrunning moscada	Senior Masculino	06:16:07	+03:17:40	11:24
426	1194	Márcia Sousa	guimarrunning moscada	Senior Feminino	06:16:07	+03:17:40	11:24
427	1512	Alexandre Cunha Ribeiro	torcatense - trail running	Senior Masculino	06:17:32	+03:19:05	11:26
428	1100	Alexandra Soares	coimbra trail running	Senior Feminino	06:19:01	+03:20:34	11:29

TRAIL LONGO 33K - STAGE 1

33 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
429	1104	Margarida Carvalho	coimbra trail running	Veterana F45	06:19:01	+03:20:34	11:29
430	1503	Cristiana Machado	team lantemil	Senior Feminino	06:20:08	+03:21:41	11:31
431	1372	Justino Manuel dos Santos Gonçalves	individual	Veterano M55	06:22:20	+03:23:53	11:35
432	1217	António Luís Tavares Teixeira Ferreira	individual	Senior Masculino	06:22:20	+03:23:53	11:35
433	1125	António Pinheiro	dr. merino/4mooove	Senior Masculino	06:23:58	+03:25:31	11:38
434	1499	Elisabete Azougado	tãlentos team	Veterana F40	06:25:50	+03:27:23	11:42
435	1206	Marlene Martins	individual	Senior Feminino	06:25:50	+03:27:23	11:42
436	1535	Sandra Paula Santos Lopes Oliveira	viseu trail	Veterana F40	06:32:27	+03:33:59	11:54
437	1536	Sónia Alexandra Oliveira Martins	viseu trail	Veterana F40	06:32:27	+03:34:00	11:54
438	1420	Rosa Almeida	monte dos amigos/juventude ribeiras	Senior Feminino	06:41:52	+03:43:24	12:11
439	1421	Eva Ribeiro	monte dos amigos/juventude ribeiras	Veterana F40	06:41:52	+03:43:24	12:11
440	1031	Liliana Brandão	arcorun	Veterana F40	06:42:31	+03:44:03	12:12
441	1115	Dulce Neves	correr leça	Senior Feminino	06:43:16	+03:44:49	12:13
442	1118	António Barros	correr leça	Veterano M40	06:43:16	+03:44:49	12:13
443	1119	nuno morgado	correr leça	Veterano M40	06:43:17	+03:44:49	12:13
444	1376	Manuel Dimas e Silva Cordeiro	individual	Veterano M60	06:45:19	+03:46:51	12:17
445	1432	Alexandra Oliveira	nocturnos de paredes	Senior Feminino	06:45:28	+03:47:00	12:17
446	1395	Maria Rosa Costa	liketomove	Veterana F50	06:45:28	+03:47:00	12:17
447	1330	Pedro Flores de Magalhães	individual	Veterano M40	06:45:39	+03:47:11	12:18
448	1069	Maria José Figueiredo	cerveira team running/clube celtas do minho	Veterana F45	06:47:35	+03:49:07	12:21
449	2055	Sandra Araújo	cerveira team running/clube celtas do minho	Senior Feminino	06:47:35	+03:49:07	12:21
450	1482	Patrícia Santos	salamandrecos	Veterana F45	06:49:12	+03:50:45	12:24
451	1041	Luísa Pires	borinhas	Veterana F45	06:49:13	+03:50:45	12:24
452	1307	Artur Fonseca	individual	Veterano M40	06:49:54	+03:51:26	12:25
453	1159	Oriana Moreira	estafermos	Senior Feminino	06:53:42	+03:55:14	12:32
454	1518	Rui Mário Adrade Lázaro	trailistas "eu é que sei!"	Senior Masculino	06:53:42	+03:55:14	12:32
455	1301	SOFIA CABRITA	individual	Veterana F40	07:20:46	+04:22:18	13:21
456	1203	Ines soares	individual	Senior Feminino	07:55:05	+04:56:37	14:24
457	1381	Jorge Rocha	invicta runners team	Senior Masculino	07:55:05	+04:56:38	14:24
458	1547	Carine Reis	individual	Senior Feminino	08:49:02	+05:50:34	16:02
459	1492	Alexandre Pereira Henriques Sousa de Almeida	sorrisos do trail	Veterano M45	08:49:02	+05:50:34	16:02
460	1551	Gisela Pereira	individual	Veterana F40	08:49:03	+05:50:35	16:02
461	1550	Celia Sampaio	individual	Veterana F40	08:49:40	+05:51:13	16:03

Trail Longo 33K

33 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:00	11,5°C	93%
End	17:50	11,5°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
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Senior Feminino

1	1143	Carla Sousa	EDV-VIANA TRAIL	Senior Feminino	03:43:32	+45:05	06:46
2	1457	Mariana Vilela Machado	Os Santa Apolónia	Senior Feminino	04:02:46	+01:04:18	07:21
3	1442	Rita Loureiro	Oralklass Amigos do Trail	Senior Feminino	04:19:52	+01:21:25	07:52
4	1411	Inês Moreira	Moinhos Run-ADRM	Senior Feminino	04:25:21	+01:26:53	08:02
5	1539	Susana Dantas Alves	XL&S TRAIL	Senior Feminino	04:27:23	+01:28:55	08:06
6	1538	Soraia Pereira Lima Monteiro	XL&S TRAIL	Senior Feminino	04:30:47	+01:32:19	08:12
7	1123	Liliana Ribeiro	CrossFit Aveiro	Senior Feminino	04:33:56	+01:35:28	08:18
8	1213	Tânia Bateira	Individual	Senior Feminino	04:35:13	+01:36:45	08:20
9	1456	Ana Catarina Barbosa Azevedo	Os Santa Apolónia	Senior Feminino	04:37:51	+01:39:23	08:25
10	1426	Patricia Ribeiro	Mountain Runners	Senior Feminino	04:40:27	+01:41:59	08:30
11	1205	Mariana Ballester	Individual	Senior Feminino	04:48:50	+01:50:22	08:45
12	1208	Raquel Andrade	Individual	Senior Feminino	04:51:45	+01:53:17	08:50
13	1207	Patrícia Lourenço	Individual	Senior Feminino	04:58:19	+01:59:51	09:02
14	1038	Alexandra Vanstalle	ATR - Algarve Trail Running	Senior Feminino	04:59:45	+02:01:17	09:05
15	1199	Ana Claudia Sereno	Individual	Senior Feminino	05:04:34	+02:06:07	09:14
16	1212	Solange Sousa	Individual	Senior Feminino	05:06:35	+02:08:07	09:17
17	1410	Cláudia Moreira	Moinhos Run-ADRM	Senior Feminino	05:08:13	+02:09:45	09:20
18	1210	Sandra Santos	Individual	Senior Feminino	05:08:14	+02:09:46	09:20
19	1134	SANDRA PEREIRA DOS SANTOS	EDV-VIANA TRAIL	Senior Feminino	05:16:08	+02:17:40	09:35
20	1202	Estela Martins	Individual	Senior Feminino	05:16:32	+02:18:05	09:36
21	1211	Sandra Silva	Individual	Senior Feminino	05:16:56	+02:18:29	09:36
22	1209	Renata Ramos	Individual	Senior Feminino	05:30:52	+02:32:24	10:02
23	1082	Mélanie Marques Fernandes	Clube de atletismo Tregueux	Senior Feminino	05:35:25	+02:36:57	10:10
24	1455	Ana Faisca	Os Regueifas	Senior Feminino	05:40:30	+02:42:02	10:19
25	1201	Elisabete Araújo	Individual	Senior Feminino	06:05:17	+03:06:49	11:04
26	1200	Ana Isabel Oliveira	Individual	Senior Feminino	06:06:33	+03:08:05	11:06
27	1194	Márcia Sousa	Guimarunning Moscada	Senior Feminino	06:16:07	+03:17:40	11:24
28	1100	Alexandra Soares	Coimbra Trail Running	Senior Feminino	06:19:01	+03:20:34	11:29
29	1503	Cristiana Machado	TEAM LANTEMIL	Senior Feminino	06:20:08	+03:21:41	11:31
30	1206	Marlene Martins	Individual	Senior Feminino	06:25:50	+03:27:23	11:42
31	1420	Rosa Almeida	Monte dos Amigos/Juventude Ribeiras	Senior Feminino	06:41:52	+03:43:24	12:11
32	1115	Dulce Neves	CORRER LEÇA	Senior Feminino	06:43:16	+03:44:49	12:13
33	1432	Alexandra Oliveira	NOCTURNOS DE PAREDES	Senior Feminino	06:45:28	+03:47:00	12:17
34	2055	Sandra Araújo	Cerveira Team Running/Clube Celtas do Minho	Senior Feminino	06:47:35	+03:49:07	12:21
35	1159	Oriana Moreira	Estafermos	Senior Feminino	06:53:42	+03:55:14	12:32
36	1203	Ines soares	Individual	Senior Feminino	07:55:05	+04:56:37	14:24
37	1547	Carine Reis	Individual	Senior Feminino	08:49:02	+05:50:34	16:02

Trail Longo 33K**33 KM****OFFICIAL RESULT****Senior Masculino**

1	1150	Joaquim Fortes	Emicela Team Cabo Verde	Senior Masculino	02:58:27		05:24
2	1448	Nuno Alves	Oralklass Amigos do Trail	Senior Masculino	03:00:06	+01:39	05:27
3	1147	Amarilio Jorge Santos Semedo	Emicela Team Cabo Verde	Senior Masculino	03:03:31	+05:03	05:34
4	1174	Fernando Lemos	Gaia Trail	Senior Masculino	03:07:30	+09:03	05:41
5	1449	Paulo Conde	Oralklass Amigos do Trail	Senior Masculino	03:12:11	+13:43	05:49
6	1188	Luís Pedro Ferreira de Sousa Martins	GTT - Armazém do Caffè	Senior Masculino	03:15:00	+16:32	05:55
7	1242	Joao Narciso Gonçalves	Individual	Senior Masculino	03:16:33	+18:05	05:57
8	1413	José Sequeira	Montanha Clube Trail Running/Efapel	Senior Masculino	03:18:50	+20:22	06:02
9	1543	Sergio Sá	Individual	Senior Masculino	03:21:19	+22:51	06:06
10	1409	JOEL VIANA	Minho e Lima Trail	Senior Masculino	03:22:00	+23:32	06:07
11	1175	Ivo Peko	Gaia Trail	Senior Masculino	03:22:08	+23:41	06:08
12	1444	Fernando Neves	Oralklass Amigos do Trail	Senior Masculino	03:22:46	+24:19	06:09
13	1462	Diogo Pinheiro	ozxtreme/RDA	Senior Masculino	03:23:12	+24:44	06:09
14	1112	Raul mantilla gil	Cornelios	Senior Masculino	03:24:56	+26:28	06:13
15	1260	Miguel Carmona Araujo	Individual	Senior Masculino	03:27:14	+28:47	06:17
16	1130	Jorge Pereira	DREAM BUILD, LDA	Senior Masculino	03:27:53	+29:25	06:18
17	1412	Fernando rosa	Montanha Clube Trail Running/Efapel	Senior Masculino	03:28:31	+30:03	06:19
18	1149	Elidio Varela Freire	Emicela Team Cabo Verde	Senior Masculino	03:28:38	+30:10	06:19
19	1066	José Daniel González Domínguez	Cerveira Team Running/Clube Celtas do Minho	Senior Masculino	03:32:20	+33:52	06:26
20	1023	Nelson Fernandes Diogo	AMCF - Arrábida Trail Team	Senior Masculino	03:33:24	+34:57	06:28
21	1045	Nuno Nunes	Brabus Runners	Senior Masculino	03:34:39	+36:11	06:30
22	1406	PAULO VAZ	Minho e Lima Trail	Senior Masculino	03:35:55	+37:27	06:33
23	1098	Hugo Agua	COAC - Coruche Outdoor Adventure Club	Senior Masculino	03:37:26	+38:58	06:35
24	1241	João Dias	Individual	Senior Masculino	03:37:36	+39:08	06:36
25	1407	André Alves	Minho e Lima Trail	Senior Masculino	03:39:42	+41:15	06:39
26	1162	Andre Filipe Oliveira Almeida	Factor X / S4L / MedenseFC	Senior Masculino	03:41:21	+42:53	06:42
27	1525	Vasco Ferreira	Brabus Runners	Senior Masculino	03:41:39	+43:11	06:43
28	1530	Paulo José Cardoso Mesquita	VilaVerdeaCorrer	Senior Masculino	03:42:46	+44:19	06:45
29	1271	Pedro Costa	Individual	Senior Masculino	03:42:49	+44:21	06:45
30	1415	Paulo nogueira	Montanha Clube Trail Running/Efapel	Senior Masculino	03:43:48	+45:20	06:47
31	1111	pedro alvarez alvarez	Cornelios	Senior Masculino	03:43:48	+45:20	06:47
32	1136	José Manuel Santos Faria	EDV-VIANA TRAIL	Senior Masculino	03:44:59	+46:31	06:49
33	1439	João Castel-Branco	OLIMPICO VIANENSE TRAIL	Senior Masculino	03:45:55	+47:27	06:51
34	1060	RICARDO SOUSA	CAAC - Clube de Atletismo de Arentim e Cunha	Senior Masculino	03:46:16	+47:49	06:51
35	1476	Rui Ferreira	Coimbra Trail Running	Senior Masculino	03:47:29	+49:01	06:54
36	1243	João Pedro Padilha Leal	Individual	Senior Masculino	03:47:32	+49:04	06:54
37	1219	Armando Filipe Vieira dos Santos	Individual	Senior Masculino	03:48:43	+50:15	06:56
38	1009	Sérgio Almeida	AfrikanRunners	Senior Masculino	03:52:40	+54:12	07:03
39	1378	Jorge Catarino	INSANE TRAIL TEAM	Senior Masculino	03:55:08	+56:40	07:08
40	1258	Marco silva	Individual	Senior Masculino	03:55:25	+56:57	07:08

Trail Longo 33K

33 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

41	1253	luis filipe salgado oliveira	Individual	Senior Masculino	03:56:15	+57:47	07:10
42	1254	Luís Miguel Azevedo da Silva	Individual	Senior Masculino	03:56:39	+58:11	07:10
43	1187	HUGO ARAUJO	GTT - Armazém do Caffè	Senior Masculino	03:56:44	+58:16	07:10
44	1510	Tiago Soares	Tiago Soares	Senior Masculino	03:56:57	+58:29	07:11
45	1042	Adriano mendes	Brabus Runners	Senior Masculino	03:57:36	+59:08	07:12
46	1291	VitorAndré da Silva Cardoso	Individual	Senior Masculino	03:58:23	+59:55	07:13
47	1279	Ricardo Miranda	Individual	Senior Masculino	04:00:35	+01:02:08	07:17
48	1036	Arsenio Almeida	Arsénio	Senior Masculino	04:00:43	+01:02:16	07:18
49	1127	Inuo Filipe da Silva Melo	Dr. Merino/4mooove	Senior Masculino	04:00:54	+01:02:27	07:18
50	1268	Pablo Reguera Ferreira	Individual	Senior Masculino	04:02:21	+01:03:54	07:21
51	1169	Paulo Sarmiento	FIT GAIA TRAIL	Senior Masculino	04:03:02	+01:04:35	07:22
52	1131	José Pereira	DREAM BUILD, LDA	Senior Masculino	04:03:30	+01:05:02	07:23
53	1248	Jorge grandal	Individual	Senior Masculino	04:03:45	+01:05:17	07:23
54	1165	António José Soares Duarte Gomes	Fernanda Maciel - Material Ortopédico e Hospitalar	Senior Masculino	04:05:03	+01:06:35	07:26
55	1414	Nuno Coelho	Montanha Clube Trail Running/Efapel	Senior Masculino	04:05:09	+01:06:42	07:26
56	1181	Pedro Alves	GRUPO DESPORTIVO CASTELENSE	Senior Masculino	04:06:19	+01:07:51	07:28
57	1533	LUIS SANTOS	vimarunners	Senior Masculino	04:07:59	+01:09:32	07:31
58	1516	jose antonio dominguez pereira	TRAIL RUNNING NIGRAN	Senior Masculino	04:09:27	+01:10:59	07:34
59	1062	Miguel Silva	Cansaaados	Senior Masculino	04:09:30	+01:11:02	07:34
60	1283	Sérgio Rafael Fernandes	Individual	Senior Masculino	04:09:42	+01:11:14	07:34
61	1163	Filipe Oliveyra	Imperadores	Senior Masculino	04:10:07	+01:11:40	07:35
62	1230	Filipe Sousa	Individual	Senior Masculino	04:10:43	+01:12:15	07:36
63	1046	Ricardo Sampaio	Brabus Runners	Senior Masculino	04:11:47	+01:13:19	07:38
64	429	Sérgio Suzano Costa	Oralklass Amigos do Trail	Senior Masculino	04:11:49	+01:13:22	07:38
65	1264	Nuno Ribeiro	Individual	Senior Masculino	04:13:15	+01:14:47	07:40
66	1061	Tiago Dinis Faria Sousa	CAAC - Clube de Atletismo de Arentim e Cunha	Senior Masculino	04:13:15	+01:14:47	07:40
67	1059	PEDRO CASTRO	CAAC - Clube de Atletismo de Arentim e Cunha	Senior Masculino	04:13:15	+01:14:47	07:40
68	1247	Jorge Fernandes	Individual	Senior Masculino	04:13:16	+01:14:49	07:41
69	1289	Vítor Paulo Duarte Caldeira	Individual	Senior Masculino	04:13:22	+01:14:54	07:41
70	1182	Samuel Amorim	GRUPO DESPORTIVO CASTELENSE	Senior Masculino	04:14:41	+01:16:13	07:43
71	1389	Bruno Ribeiro	Kaninos	Senior Masculino	04:15:25	+01:16:57	07:44
72	1502	José Miguel Pinto	Team Fivami	Senior Masculino	04:16:30	+01:18:02	07:46
73	1429	Pedro Vieira	Mountain Runners	Senior Masculino	04:17:11	+01:18:44	07:48
74	1544	Roberto Martins	Individual	Senior Masculino	04:17:15	+01:18:47	07:48
75	1058	Alexandre David Lopes Talaia Marques	CAAC - Clube de Atletismo de Arentim e Cunha	Senior Masculino	04:17:48	+01:19:20	07:49
76	1028	JORGE GOMES	ARCORUN	Senior Masculino	04:18:36	+01:20:08	07:50
77	1523	Miguel José Pereira Neves	UGAS TRAIL Running	Senior Masculino	04:18:40	+01:20:12	07:50
78	1099	Miguel Gualdino	COAC - Coruche Outdoor Adventure Club	Senior Masculino	04:19:11	+01:20:43	07:51
79	1030	NUNO Fernandes	ARCORUN	Senior Masculino	04:19:44	+01:21:16	07:52
80	1218	António Ricardo Ferreira da Silva	Individual	Senior Masculino	04:21:53	+01:23:25	07:56
81	1287	Valter Gouveia	Individual	Senior Masculino	04:21:53	+01:23:25	07:56

Trail Longo 33K**33 KM****OFFICIAL RESULT**

127	1085	Ricardo José da Silva Mendonça	Clube de Pessoal EDP - Delegação de Vila Nova de Gaia	Senior Masculino	04:59:18	+02:00:51	09:04
128	1290	Vitor Pedroso	Individual	Senior Masculino	04:59:49	+02:01:21	09:05
129	1473	Vitor Maia	Rachão Trail Team	Senior Masculino	05:00:14	+02:01:46	09:06
130	1244	João Resende	Individual	Senior Masculino	05:01:46	+02:03:18	09:09
131	1469	Nelsono vaz	Profisio Team	Senior Masculino	05:01:50	+02:03:23	09:09
132	1144	hugo silva esteves	El Team Trail	Senior Masculino	05:03:04	+02:04:36	09:11
133	1005	Ricardo Briote	ADE Trail Running	Senior Masculino	05:03:17	+02:04:49	09:11
134	1057	Ricardo Conde	C.D."Os Águias" de Alpiarça	Senior Masculino	05:03:21	+02:04:53	09:12
135	1233	Glen Southwod	Individual	Senior Masculino	05:04:27	+02:05:59	09:14
136	1496	Paulo Laranjo	SS Box	Senior Masculino	05:04:30	+02:06:02	09:14
137	1428	Miguel Sousa	Mountain Runners	Senior Masculino	05:06:34	+02:08:06	09:17
138	1446	Ivo Dias	Oralklass Amigos do Trail	Senior Masculino	05:07:42	+02:09:14	09:19
139	1252	José Padrão	Individual	Senior Masculino	05:08:30	+02:10:02	09:21
140	1002	Frederico Silva Pinto	A.D. Amarante Trail Running	Senior Masculino	05:12:51	+02:14:23	09:29
141	1235	Helder Campos	Individual	Senior Masculino	05:16:33	+02:18:05	09:36
142	1285	Tiago Magalhães	Individual	Senior Masculino	05:16:34	+02:18:06	09:36
143	1190	Tiago André da Silva Correia	GTT - Armazém do Caffè	Senior Masculino	05:16:36	+02:18:08	09:36
144	1189	Nuno Costa	GTT - Armazém do Caffè	Senior Masculino	05:18:09	+02:19:41	09:38
145	1249	José António Pereira Alves	Individual	Senior Masculino	05:19:05	+02:20:37	09:40
146	1016	JOÃO CÉSAR ROCHA	Alexandra Carvalho Team	Senior Masculino	05:19:18	+02:20:51	09:41
147	1116	Tiago Fernandes da Silva Montalvão Coelho	CORRER LEÇA	Senior Masculino	05:19:54	+02:21:26	09:42
148	1161	José Dais	Eu é mais bolos	Senior Masculino	05:20:01	+02:21:33	09:42
149	1255	Marco Neiva	Individual	Senior Masculino	05:20:09	+02:21:41	09:42
150	1106	Daniel Pinto	ComDor Runners	Senior Masculino	05:20:22	+02:21:54	09:42
151	1107	Hugo Couto	ComDor Runners	Senior Masculino	05:20:24	+02:21:57	09:43
152	1039	Nuno Botelho	ATR - Algarve Trail Running	Senior Masculino	05:20:47	+02:22:19	09:43
153	1080	Octávio Cravo	Clube Cuba Aventura	Senior Masculino	05:21:11	+02:22:44	09:44
154	1079	Jorge Miguel Doellinger	Clube Atletismo Fafe	Senior Masculino	05:23:14	+02:24:46	09:48
155	1043	António de Oliveira	Brabus Runners	Senior Masculino	05:23:28	+02:25:00	09:48
156	1487	Artur Pereira	Shots International Runners	Senior Masculino	05:24:23	+02:25:55	09:50
157	1146	rui fernandes	El Team Trail	Senior Masculino	05:25:46	+02:27:18	09:52
158	1222	Bruno Ribeiro	Individual	Senior Masculino	05:26:20	+02:27:52	09:53
159	1281	Rui Dinis	Individual	Senior Masculino	05:28:51	+02:30:23	09:58
160	1548	Fabian Campos Perez	Individual	Senior Masculino	05:29:01	+02:30:33	09:58
161	1273	Pedro Filipe Santos Freitas	Individual	Senior Masculino	05:29:36	+02:31:09	09:59
162	1274	PEDRO GONCALVES	Individual	Senior Masculino	05:29:37	+02:31:09	09:59
163	1278	Ricardo Magalhaes	Individual	Senior Masculino	05:30:32	+02:32:04	10:01
164	1191	Tiago Sampaio	GTT - Armazém do Caffè	Senior Masculino	05:34:22	+02:35:54	10:08
165	1226	Claudio	Individual	Senior Masculino	05:34:53	+02:36:26	10:09
166	1489	Sergio Santiago	Shots International Runners	Senior Masculino	05:35:01	+02:36:33	10:09
167	1485	Pedro Salgueiro	Sawadee	Senior Masculino	05:36:18	+02:37:50	10:11
168	266	Rui Santos Pereira	Individual	Senior Masculino	05:38:52	+02:40:25	10:16
169	1195	Luis Pedro	Guimarunning Moscada	Senior Masculino	05:42:54	+02:44:26	10:23
170	1197	Romeu Gomes	Guimarunning Moscada	Senior Masculino	05:44:37	+02:46:09	10:27
171	1474	Bruno Miguel Lopes Silva	Rexemingas Team	Senior Masculino	05:44:39	+02:46:11	10:27

Trail Longo 33K
33 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

8	1490	Cristina Barros	Sinmetro	Veterana F40	05:14:51	+02:16:24	09:32
9	1017	Elsa Rodrigues	Alexandra Carvalho Team	Veterana F40	05:19:19	+02:20:51	09:41
10	1139	Salome Cerqueira	EDV-VIANA TRAIL	Veterana F40	05:22:24	+02:23:56	09:46
11	1297	Elena Dominguez	Individual	Veterana F40	05:26:19	+02:27:52	09:53
12	1138	Anabela Lobato Torres dos Santos Silva	EDV-VIANA TRAIL	Veterana F40	05:29:33	+02:31:05	09:59
13	1298	LUCIA VENTURA	Individual	Veterana F40	05:34:58	+02:36:30	10:09
14	1140	Susana Maria Azevedo Vieira Pereira Matos	EDV-VIANA TRAIL	Veterana F40	05:48:41	+02:50:13	10:34
15	1401	Cristina Freitas	MELRES TRAIL RUNNING - ORDEM PARA ARREAR	Veterana F40	05:49:11	+02:50:44	10:35
16	1299	maria luisa	Individual	Veterana F40	05:56:38	+02:58:11	10:48
17	1501	Carla Mendes	Tartarugas Solidárias	Veterana F40	05:59:44	+03:01:16	10:54
18	1500	Andreia	Tartarugas Solidárias	Veterana F40	05:59:45	+03:01:18	10:54
19	1300	Sandra Miranda	Individual	Veterana F40	06:14:41	+03:16:14	11:21
20	1499	Elisabete Azougado	Tálcenos Team	Veterana F40	06:25:50	+03:27:23	11:42
21	1535	Sandra Paula Santos Lopes Oliveira	Viseu Trail	Veterana F40	06:32:27	+03:33:59	11:54
22	1536	Sónia Alexandra Oliveira Martins	Viseu Trail	Veterana F40	06:32:27	+03:34:00	11:54
23	1421	Eva Ribeiro	Monte dos Amigos/Juventude Ribeiras	Veterana F40	06:41:52	+03:43:24	12:11
24	1031	Liliana Brandão	ARCORUN	Veterana F40	06:42:31	+03:44:03	12:12
25	1301	SOFIA CABRITA	Individual	Veterana F40	07:20:46	+04:22:18	13:21
26	1551	Gisela Pereira	Individual	Veterana F40	08:49:03	+05:50:35	16:02
27	1550	Celia Sampaio	Individual	Veterana F40	08:49:40	+05:51:13	16:03

Veterana F45

1	1468	MANUELA FARIA	PORTOCARGO	Veterana F45	04:36:04	+01:37:36	08:22
2	1527	Augusta Marinho	Viana Running	Veterana F45	04:48:35	+01:50:07	08:45
3	1109	Paula Cristina Ferreira da Silva	ComDor Runners	Veterana F45	05:11:11	+02:12:43	09:26
4	1055	Maria Carmo Loureiro	BUDEGUITA RUNNERS	Veterana F45	05:16:54	+02:18:26	09:36
5	1481	Maria Marques	Salamandreco	Veterana F45	05:22:18	+02:23:50	09:46
6	1302	Ana Loreto	Montanha Clube Trail Running/Efapel	Veterana F45	05:58:55	+03:00:27	10:53
7	1104	Margarida Carvalho	Coimbra Trail Running	Veterana F45	06:19:01	+03:20:34	11:29
8	1069	Maria José Figueiredo	Cerveira Team Running/Clube Celtas do Minho	Veterana F45	06:47:35	+03:49:07	12:21
9	1482	Patrícia Santos	Salamandreco	Veterana F45	06:49:12	+03:50:45	12:24
10	1041	Luísa Pires	Borinhas	Veterana F45	06:49:13	+03:50:45	12:24

Veterana F50

1	1395	Maria Rosa Costa	liketomove	Veterana F50	06:45:28	+03:47:00	12:17
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Trail Longo 33K

33 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

Veterana F55

1	1083	Marie Annick Gillard	Clube de atletismo Tregueux	Veterana F55	05:35:25	+02:36:57	10:10
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Veterano M40

1	1178	Luis Gil	Gaia Trail	Veterano M40	03:16:42	+18:14	05:58
2	1141	GABRIEL MEIRA	EDV-VIANA TRAIL	Veterano M40	03:22:05	+23:37	06:07
3	1177	Dinis Gonçalves	Gaia Trail	Veterano M40	03:33:15	+34:48	06:28
4	1054	Carlos Ferreira	BTT Alegria // TUBANI	Veterano M40	03:34:07	+35:39	06:29
5	1237	Helder Rocha	Individual	Veterano M40	03:34:16	+35:48	06:30
6	1129	Sérgio Manuel Moreira Duarte	Dr. Merino/4moove	Veterano M40	03:36:08	+37:40	06:33
7	1320	José Ferreira	Individual	Veterano M40	03:41:43	+43:15	06:43
8	1047	Ricardo Vieira	Brabus Runners	Veterano M40	03:41:58	+43:30	06:44
9	1424	Pedro Gilvaz	Monte dos Amigos/Juventude Ribeiras	Veterano M40	03:49:26	+50:58	06:57
10	1339	santi Fernández Martínez	Individual	Veterano M40	03:55:28	+57:00	07:08
11	1546	Oscar Arza	Individual	Veterano M40	03:55:45	+57:17	07:09
12	1128	Paulo Machado	Dr. Merino/4moove	Veterano M40	03:56:40	+58:12	07:10
13	1192	Rui Manuel de Conde Franco	GTT - Armazém do Caffè	Veterano M40	03:58:44	+01:00:16	07:14
14	1452	José Neto	Oralklass Amigos do Trail	Veterano M40	04:02:03	+01:03:36	07:20
15	1470	Raul Silva	Profisio Team	Veterano M40	04:06:42	+01:08:15	07:29
16	1317	Joaquim Gabriel	Individual	Veterano M40	04:07:46	+01:09:19	07:30
17	1517	gonzalo comesaña estevez	TRAIL RUNNING NIGRAN	Veterano M40	04:09:25	+01:10:57	07:33
18	1438	Hugo Paço do Casal	OLIMPICO VIANENSE TRAIL	Veterano M40	04:11:56	+01:13:29	07:38
19	1388	Nuno Filipe Lopes Baltazar	Juventude Vidigalense	Veterano M40	04:12:19	+01:13:51	07:39
20	1433	Paulo Ferreira	NOCTURNOS DE PAREDES	Veterano M40	04:13:14	+01:14:46	07:40
21	1418	Jorge Alexandre Correia Moita	Montanha Clube Trail Running/Efapel	Veterano M40	04:13:37	+01:15:09	07:41
22	1528	Miguel Lira	Viana Running	Veterano M40	04:14:29	+01:16:01	07:43
23	1384	Joao Paulo Oliveira	Juventude Cortegacense	Veterano M40	04:14:51	+01:16:23	07:43
24	1319	José Borges	Individual	Veterano M40	04:15:49	+01:17:21	07:45
25	1453	Orlando Nogueira	Oralklass Amigos do Trail	Veterano M40	04:19:53	+01:21:26	07:53
26	1434	Fernando David da Costa Santos	Núcleo de Montanha de Espinho	Veterano M40	04:21:39	+01:23:11	07:56
27	1515	bernardo carrera giraldez	TRAIL RUNNING NIGRAN	Veterano M40	04:22:28	+01:24:00	07:57
28	1001	Paulo Ribeiro	10TEMIDOS	Veterano M40	04:22:35	+01:24:07	07:57
29	1336	Roberto Exposito Exposito	Individual	Veterano M40	04:24:30	+01:26:03	08:01
30	1309	Benjamim Cruz	Individual	Veterano M40	04:26:14	+01:27:46	08:04
31	1074	Luís Pereira	Cerveira Team Running/Clube Celtas do Minho	Veterano M40	04:27:17	+01:28:49	08:06
32	1531	Vítor Pires Rodrigues	VilaVerdeaCorrer	Veterano M40	04:27:33	+01:29:05	08:06
33	1014	Ricardo Fernandes	AfrikanRunners	Veterano M40	04:32:16	+01:33:48	08:15
34	1491	José Carlos Coelho	SocksBy/AfaCycles	Veterano M40	04:34:06	+01:35:38	08:18
35	1451	José Costa	Oralklass Amigos do Trail	Veterano M40	04:35:53	+01:37:25	08:22
36	1498	João Cardoso	SS MONTEPIO	Veterano M40	04:36:01	+01:37:34	08:22

Trail Longo 33K**33 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

37	1198	Jorge Silva	CF Perosinho	Veterano M40	04:38:56	+01:40:28	08:27
38	1325	marco filipe vidigal santana	Individual	Veterano M40	04:39:53	+01:41:25	08:29
39	1423	Leandro Pacheco	Monte dos Amigos/Juventude Ribeiras	Veterano M40	04:40:45	+01:42:17	08:30
40	1425	Valter Guedes	Monte dos Amigos/Juventude Ribeiras	Veterano M40	04:40:46	+01:42:18	08:30
41	1075	Paulo Fernandes	Cerveira Team Running/Clube Celtas do Minho	Veterano M40	04:41:46	+01:43:18	08:32
42	1342	Vitor Manuel Vaz Cancela	Individual	Veterano M40	04:42:13	+01:43:45	08:33
43	1324	Luis Paulo Ferreira	Individual	Veterano M40	04:44:57	+01:46:29	08:38
44	1308	Aur3lio Quaias	Individual	Veterano M40	04:45:22	+01:46:54	08:39
45	1033	CARLOS COUTO	ARCORUN	Veterano M40	04:46:19	+01:47:52	08:41
46	1314	Francisco Carneiro	Individual	Veterano M40	04:47:08	+01:48:40	08:42
47	1133	Miguel 3ngelo R3go	Ecobaraventura	Veterano M40	04:47:34	+01:49:06	08:43
48	1435	C3sar Lobo	O que queremos 3 monte	Veterano M40	04:47:38	+01:49:10	08:43
49	1464	Hugo Santos	Piratas da Montanha	Veterano M40	04:47:54	+01:49:26	08:43
50	1329	Nuno Freitas	Individual	Veterano M40	04:49:58	+01:51:30	08:47
51	1337	Ruben Adrover Rodriguez	Individual	Veterano M40	04:50:19	+01:51:51	08:48
52	1078	Lu3s Paulo F. A. Carlos	Chitas de Alcobalga	Veterano M40	04:50:38	+01:52:11	08:48
53	1463	Jorge Barbosa	PAREDES AVENTURA	Veterano M40	04:51:09	+01:52:41	08:49
54	1441	pedro miguel pereira carvalhido	OLIMPICO VIANENSE TRAIL	Veterano M40	04:51:15	+01:52:47	08:50
55	1154	Pedro Alves	Enjoy and Go Runners	Veterano M40	04:55:17	+01:56:49	08:57
56	1332	Pedro Teixeira	Individual	Veterano M40	04:55:21	+01:56:53	08:57
57	1072	Filipe Alves	Cerveira Team Running/Clube Celtas do Minho	Veterano M40	04:55:51	+01:57:23	08:58
58	1323	Lu3s Miguel de Oliveira Martins	Individual	Veterano M40	04:56:01	+01:57:33	08:58
59	1011	Emanuel Martins	AfrikanRunners	Veterano M40	04:58:27	+02:00:00	09:03
60	1013	Nelson Nunes	AfrikanRunners	Veterano M40	04:58:27	+02:00:00	09:03
61	1549	Ricardo Castro	Individual	Veterano M40	04:59:18	+02:00:50	09:04
62	1193	vit3r campos	GTT - Armaz3m do Caff3	Veterano M40	05:00:14	+02:01:47	09:06
63	1310	Carlos Vilas-Boas	Individual	Veterano M40	05:01:07	+02:02:39	09:07
64	1040	Pascal Rodrigues	ATR - Algarve Trail Running	Veterano M40	05:01:58	+02:03:30	09:09
65	1313	fidel conde	Individual	Veterano M40	05:04:21	+02:05:53	09:13
66	1422	jorgr Pinheiro	Monte dos Amigos/Juventude Ribeiras	Veterano M40	05:06:29	+02:08:01	09:17
67	1430	Joaquim Teixeira	Mountain Runners	Veterano M40	05:06:35	+02:08:08	09:17
68	1180	Luis Oliveira	GD santander totta	Veterano M40	05:06:38	+02:08:10	09:18
69	1440	Alberto Barbosa	OLIMPICO VIANENSE TRAIL	Veterano M40	05:06:44	+02:08:16	09:18
70	1267	Nuno S3rgio Neto Capela	Individual	Veterano M40	05:07:51	+02:09:23	09:20
71	1032	Armando Pinho	ARCORUN	Veterano M40	05:08:00	+02:09:32	09:20
72	1010	Domingos Goncalves	AfrikanRunners	Veterano M40	05:09:20	+02:10:52	09:22
73	1052	JORGE MOREIRA	BRASINHAS	Veterano M40	05:09:36	+02:11:08	09:23
74	1316	Jo3o Cardoso	Individual	Veterano M40	05:11:05	+02:12:38	09:26
75	1322	Luis Miguel Alves de Freitas Ribeiro	Individual	Veterano M40	05:13:47	+02:15:19	09:31
76	1006	Cl3udio C3ndido	ADE Trail Running	Veterano M40	05:13:50	+02:15:22	09:31
77	1007	Filipe Goncalves	ADE Trail Running	Veterano M40	05:13:50	+02:15:22	09:31
78	1073	Joaquim Araujo	Cerveira Team Running/Clube Celtas do Minho	Veterano M40	05:15:41	+02:17:14	09:34

Trail Longo 33K

33 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

79	1071	Carlos Pinheiro	Cerveira Team Running/Clube Celtas do Minho	Veterano M40	05:15:41	+02:17:14	09:34
80	1391	José Pereira	KeMedo Team	Veterano M40	05:15:51	+02:17:23	09:34
81	1534	Nuno Ribeiro	ViriathV Runners Viseu	Veterano M40	05:16:17	+02:17:49	09:35
82	1311	Eliseu	Individual	Veterano M40	05:16:31	+02:18:03	09:35
83	1029	JORGE RAMOS	ARCORUN	Veterano M40	05:16:55	+02:18:27	09:36
84	1505	Miguel Teixeira	TEAM LANTEMIL	Veterano M40	05:17:47	+02:19:19	09:38
85	1379	Joel Silva	INSANE TRAIL TEAM	Veterano M40	05:18:30	+02:20:03	09:39
86	1021	Luís Marques	Alexandra Carvalho Team	Veterano M40	05:19:18	+02:20:50	09:41
87	1018	JOÃO MENDES	Alexandra Carvalho Team	Veterano M40	05:19:18	+02:20:51	09:41
88	1020	José Silva	Alexandra Carvalho Team	Veterano M40	05:19:19	+02:20:51	09:41
89	1475	Luis Nuno Oliveira	Rexemingas Team	Veterano M40	05:19:50	+02:21:22	09:42
90	1315	Francisco Rebelo	Individual	Veterano M40	05:20:02	+02:21:34	09:42
91	1335	Roberto Esteves	Individual	Veterano M40	05:20:10	+02:21:42	09:42
92	1312	Fausto José Pereira Neves	Individual	Veterano M40	05:20:59	+02:22:32	09:44
93	1343	Vitor Manuel Pereira Oliveira	Individual	Veterano M40	05:23:01	+02:24:33	09:47
94	1341	Tiago Caldas	Individual	Veterano M40	05:27:37	+02:29:09	09:56
95	1304	Abilio Malheiro	Individual	Veterano M40	05:32:26	+02:33:58	10:04
96	1507	Manuel Fernando Gomes	TEAM SHARK	Veterano M40	05:39:10	+02:40:42	10:17
97	1327	Milton Trigo	Individual	Veterano M40	05:43:21	+02:44:53	10:24
98	1089	PEDRO MIGUEL FERNANDES OLIVEIRA	Clube Galp Energia Norte	Veterano M40	05:43:39	+02:45:11	10:25
99	1509	NUNO MIGUEL ARAUJO	TERRAS DO VEZ	Veterano M40	05:45:51	+02:47:24	10:29
100	1483	Gustavo Baeta	SANTIAGOBIKES	Veterano M40	05:46:40	+02:48:12	10:30
101	1338	Rui Rocha	Individual	Veterano M40	05:46:45	+02:48:17	10:30
102	1402	Luís Andrade	MELRES TRAIL RUNNING - ORDEM PARA ARREAR	Veterano M40	05:49:11	+02:50:44	10:35
103	1306	Alexandre Negrão	Individual	Veterano M40	05:49:21	+02:50:53	10:35
104	1497	João Campos	SS MONTEPIO	Veterano M40	05:50:10	+02:51:43	10:37
105	1326	Miguel Azevedo	Individual	Veterano M40	05:53:57	+02:55:29	10:44
106	1118	António Barros	CORRER LEÇA	Veterano M40	06:43:16	+03:44:49	12:13
107	1119	nuno morgado	CORRER LEÇA	Veterano M40	06:43:17	+03:44:49	12:13
108	1330	Pedro Flores de Magalhães	Individual	Veterano M40	06:45:39	+03:47:11	12:18
109	1307	Artur Fonseca	Individual	Veterano M40	06:49:54	+03:51:26	12:25

Veterano M45

1	1113	Jesus Martinez Villaverde	Cornelios	Veterano M45	03:40:56	+42:28	06:42
2	1514	Renato Silva	ARCORUN	Veterano M45	03:41:33	+43:05	06:43
3	1340	Sérgio Gomes	Individual	Veterano M45	03:57:25	+58:57	07:12
4	1155	Xavier Nozelos	Enjoy and Go Runners	Veterano M45	03:58:42	+01:00:15	07:14
5	1122	Paulo Pelicano	Crocodilos/MisterPC	Veterano M45	04:12:05	+01:13:37	07:38
6	1170	Manuel Avelino Reis Pinheiro	Fridão Sem Limites	Veterano M45	04:18:41	+01:20:14	07:50
7	1506	Renato Veron	TEAM LANTEMIL	Veterano M45	04:19:45	+01:21:17	07:52
8	1132	José Florêncio Rodrigues da Silva	Ecobaraventura	Veterano M45	04:23:29	+01:25:01	07:59
9	1142	jose alcobia	EDV-VIANA TRAIL	Veterano M45	04:27:45	+01:29:17	08:07
10	1392	Fernando Gomes	KeMedo Team	Veterano M45	04:28:37	+01:30:09	08:08

Trail Longo 33K

33 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

11	1436	Abilio Pereira	O que queremos é monte	Veterano M45	04:30:03	+01:31:35	08:11
12	1096	Fernando Capitão	CLUBE NOVO BANCO	Veterano M45	04:32:09	+01:33:41	08:15
13	1352	manuel antonio ferreira pinto teixeira	Individual	Veterano M45	04:33:07	+01:34:39	08:17
14	1345	Alberto Guimarães	Individual	Veterano M45	04:33:32	+01:35:04	08:17
15	1179	Rui Oliveira	Gaia Trail	Veterano M45	04:40:55	+01:42:27	08:31
16	1003	Pedro Guimaraes	A+	Veterano M45	04:42:06	+01:43:39	08:33
17	1399	RICARDO PIMENTA	MARATONISTAS DO MINHO	Veterano M45	04:45:28	+01:47:00	08:39
18	1529	Antonio Marinho	Viana Running	Veterano M45	04:52:02	+01:53:34	08:51
19	1356	Rui Calado	Individual	Veterano M45	04:56:02	+01:57:34	08:58
20	1355	Rui Alves	Individual	Veterano M45	04:56:28	+01:58:00	08:59
21	1350	Joaquim José Leitão Caeiro	Individual	Veterano M45	04:58:58	+02:00:30	09:04
22	1344	Alberto Damião da Costa Pinto	Individual	Veterano M45	04:59:32	+02:01:05	09:05
23	1380	Luis Santos	INSANE TRAIL TEAM	Veterano M45	04:59:38	+02:01:11	09:05
24	1065	Adelino Silva	CCD - SIEMENS	Veterano M45	05:04:16	+02:05:48	09:13
25	1358	ritor santos	Individual	Veterano M45	05:06:24	+02:07:56	09:17
26	1508	FERNANDO FERNANDES	TERRAS DO VEZ	Veterano M45	05:06:47	+02:08:19	09:18
27	1349	João Carlos Freitas	Individual	Veterano M45	05:08:15	+02:09:47	09:20
28	1354	Ricardo Jose Mendes Ribeiro	Individual	Veterano M45	05:09:25	+02:10:57	09:23
29	1108	Luis Torres	ComDor Runners	Veterano M45	05:11:11	+02:12:43	09:26
30	1053	paulo jorge silva freitas	BRASINHAS	Veterano M45	05:21:11	+02:22:43	09:44
31	1348	João Augusto	Individual	Veterano M45	05:21:34	+02:23:06	09:45
32	1385	Jorge Coelho	Juventude Cortegacense	Veterano M45	05:25:58	+02:27:31	09:53
33	1357	Toze	Individual	Veterano M45	05:27:42	+02:29:14	09:56
34	1404	José F Ferreira	MELRES TRAIL RUNNING - ORDEM PARA ARREAR	Veterano M45	05:30:49	+02:32:22	10:01
35	1086	João Vasco Gil da Silva Gomes Ferreira	Clube de Pessoal EDP - Delegação de Vila Nova de Gaia	Veterano M45	05:37:04	+02:38:36	10:13
36	1403	Jose carlos Soares Gomes	MELRES TRAIL RUNNING - ORDEM PARA ARREAR	Veterano M45	05:40:30	+02:42:02	10:19
37	1346	Álvaro Reis	Individual	Veterano M45	05:51:24	+02:52:56	10:39
38	1056	RUI MAIO	BURANO - Engenharia e Construção	Veterano M45	05:51:24	+02:52:56	10:39
39	1347	Custódio Paulo Tavares Alves	Individual	Veterano M45	05:58:56	+03:00:28	10:53
40	1359	Vitor Viana	Individual	Veterano M45	06:09:31	+03:11:04	11:12
41	1492	Alexandre Pereira Henriques Sousa de Almeida	Sorrisos do Trail	Veterano M45	08:49:02	+05:50:34	16:02

Veterano M50

1	1362	Joao Alexandre Carlos de Almeida	Individual	Veterano M50	04:01:49	+01:03:21	07:20
2	1365	LUÍS VIEIRA	Individual	Veterano M50	04:06:32	+01:08:05	07:28
3	1465	Vitor Manuel Cruz da Costa	Piratas da Montanha	Veterano M50	04:27:00	+01:28:33	08:05
4	1390	José Duarte	Kaninos	Veterano M50	04:27:22	+01:28:54	08:06
5	1367	Paulo Melo	Individual	Veterano M50	04:27:59	+01:29:31	08:07
6	1366	Paulo José Silva Barros Moreira	Individual	Veterano M50	04:36:44	+01:38:16	08:23
7	1027	José Carlos Cardoso	ARCA BarceloS runners	Veterano M50	04:43:46	+01:45:18	08:36
8	1353	Paulo Jorge Loureiro	Individual	Veterano M50	04:47:35	+01:49:07	08:43
9	1524	Álvaro Manuel da Costa Centeio	UGAS TRAIL Running	Veterano M50	04:47:53	+01:49:25	08:43

Official Timekeeper: Lap2Go	11 / 12	generate 24-set-2017 17:54
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Trail Longo 33K

33 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

10	1520	Avelino Faria	Trailistas "Eu é que sei!"	Veterano M50	04:54:59	+01:56:31	08:56
11	1363	João Paulo Rocha	Individual	Veterano M50	04:58:21	+01:59:53	09:02
12	1364	jose rodrigues costa	Individual	Veterano M50	05:08:13	+02:09:46	09:20
13	1460	Francisco Ferreira	Os tolinhos	Veterano M50	05:11:02	+02:12:35	09:26
14	1369	ruí torres	Individual	Veterano M50	05:11:09	+02:12:41	09:26
15	1360	ANTÓNIO MENDES	Individual	Veterano M50	05:12:34	+02:14:06	09:28
16	1094	JOAO MANUEL SANTOS LOPES SILVA	Clube Millennium BCP	Veterano M50	05:13:54	+02:15:26	09:31
17	1471	Narciso Machado	Profisio Team	Veterano M50	05:15:54	+02:17:27	09:34
18	1026	Firmino Silva	ARCA BarceloS runners	Veterano M50	05:20:47	+02:22:19	09:43
19	1035	PEDRO MELO	ARCORUN	Veterano M50	06:03:02	+03:04:34	11:00
20	1092	RICARDO JOSE MACHADO CABRAL BEIRAO	Clube Millennium BCP	Veterano M50	06:03:10	+03:04:42	11:00

Veterano M55

1	1461	alfredo costa	oursense	Veterano M55	04:13:14	+01:14:46	07:40
2	1397	Luis de Almeida	LION RUNNERS - G.D. Leões da Guarda	Veterano M55	04:46:21	+01:47:53	08:41
3	1185	Carlos Gavinho	GT RUNNERS	Veterano M55	04:50:00	+01:51:32	08:47
4	1373	Rui Pereira	Individual	Veterano M55	04:51:14	+01:52:46	08:50
5	1394	Joaquim Silva	Leões de Tardariz Trail	Veterano M55	04:59:57	+02:01:29	09:05
6	1093	ADELINO LUCIANO SILVA BRITO	Clube Millennium BCP	Veterano M55	05:01:46	+02:03:18	09:09
7	1184	Amaro Rocha	GT RUNNERS	Veterano M55	05:06:16	+02:07:48	09:17
8	1171	António Carlos	Fridão Sem Limites	Veterano M55	05:23:11	+02:24:43	09:48
9	1478	ELISEU MARTINS	run4fun	Veterano M55	05:46:16	+02:47:48	10:30
10	1371	Jaime Silva	Individual	Veterano M55	05:49:51	+02:51:23	10:36
11	1120	MANUEL RODRIGUES	CORRER LEÇA	Veterano M55	06:14:40	+03:16:13	11:21
12	1372	Justino Manuel dos Santos Gonçalves	Individual	Veterano M55	06:22:20	+03:23:53	11:35

Veterano M60

1	1077	Raul Fernandes	Cerveira Team Running/Clube Celtas do Minho	Veterano M60	05:21:28	+02:23:00	09:44
2	1374	Avelino Dias	ARCA BarceloS runners	Veterano M60	05:22:57	+02:24:29	09:47
3	1375	José Manuel Oliveira	Individual	Veterano M60	05:35:12	+02:36:45	10:09
4	1376	Manuel Dimas e Silva Cordeiro	Individual	Veterano M60	06:45:19	+03:46:51	12:17



Grande Trail Serra D' Arga 2017
Montaria, PT
23-setembro-2017

COLETIVO - TRAIL LONGO 33K

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

39	Guimarunning Moscada	383 + 386 + 425	1194
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TRAIL LONGO 21K - STAGE 1

21 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
80	2073	Maria Gonçalves	cerveira team running/clube celtas do minho	Veterana F50	02:32:49	+51:45	07:17
81	2388	miguel pereira	lobos do monte	Veterano M40	02:32:50	+51:46	07:17
82	2536	José Manuel Lopes	vidaativarunners	Senior Masculino	02:32:51	+51:48	07:17
83	2403	HELENA GOMES	moinhos run-adrm	Veterana F40	02:33:11	+52:07	07:18
84	2315	Rui Manuel Campos Silvia	individual	Veterano M40	02:33:12	+52:08	07:18
85	2293	João Farinhas	individual	Veterano M40	02:33:21	+52:17	07:18
86	2298	Jorge pires	individual	Veterano M40	02:33:44	+52:40	07:19
87	2140	Inês Pinto	gafanhori - arraiolos	Senior Feminino	02:34:22	+53:18	07:21
88	2141	Domingos Martins	gafanhori - arraiolos	Senior Masculino	02:34:22	+53:19	07:21
89	2105	Francisco Barbosa	ecobarcaventura	Senior Masculino	02:36:01	+54:57	07:26
90	2438	Paulo Francisco	olimpico vianense trail	Veterano M45	02:36:02	+54:58	07:26
91	2119	Emídio Quinteira	entre os montes	Senior Masculino	02:36:13	+55:09	07:26
92	2242	Tiago Ferreira	individual	Senior Masculino	02:36:14	+55:10	07:26
93	2077	José Godinho	cerveira team running/clube celtas do minho	Veterano M45	02:36:25	+55:22	07:27
94	2138	Tomé Marques	fugitivos urbanos - clínica + saúde	Senior Masculino	02:36:27	+55:23	07:27
95	2208	João Paralvas	individual	Senior Masculino	02:37:24	+56:20	07:30
96	2351	henrique borges	individual	Veterano M50	02:37:25	+56:21	07:30
97	2205	Hugo Marinho	individual	Veterano M40	02:37:39	+56:35	07:30
98	2210	João Simões	individual	Senior Masculino	02:37:42	+56:38	07:31
99	2440	Fernando Alves	olimpico vianense trail	Veterano M50	02:37:48	+56:44	07:31
100	2086	MANUEL DIOGENES CUNHA BARROS	clube millennium bcp	Veterano M45	02:39:03	+58:00	07:34
101	2365	Daniel Jose Batista Silva	juventude cortegacense	Senior Masculino	02:39:18	+58:14	07:35
102	2350	Gustavo Anjos	individual	Veterano M50	02:39:27	+58:24	07:36
103	2137	SÉRGIO SILVA	fugitivos urbanos - clínica + saúde	Senior Masculino	02:39:58	+58:54	07:37
104	2364	Abel Silva	juventude cortegacense	Senior Masculino	02:40:08	+59:04	07:38
105	2035	Vitor Ribeiro	brabus runners	Senior Masculino	02:40:10	+59:06	07:38
106	2367	Joel Sequeira	juventude cortegacense	Senior Masculino	02:40:19	+59:15	07:38
107	2160	Conceição Queiroz	gtt - armazém do caffè	Veterana F55	02:40:32	+59:28	07:39
108	2411	Rui Rodrigues	mountain runners	Veterano M40	02:41:08	+01:00:04	07:40
109	2106	Sergio Martins	ecobarcaventura	Senior Masculino	02:41:13	+01:00:09	07:41
110	2169	Elisabete Maria Soutulho Coelho Alves	individual	Senior Feminino	02:41:17	+01:00:13	07:41
111	2243	Vitor Manuel Dias Gonçalves	individual	Senior Masculino	02:41:19	+01:00:15	07:41
112	2032	João Calado	bossrunners team	Senior Masculino	02:41:22	+01:00:19	07:41
113	2423	Carmindo Gomes	nocturnos de paredes	Veterano M40	02:41:26	+01:00:22	07:41
114	2285	Daniel Alves	individual	Veterano M40	02:41:29	+01:00:26	07:41
115	2236	Renato Martins	individual	Senior Masculino	02:41:29	+01:00:26	07:41
116	2234	Pedro Nunes	individual	Senior Masculino	02:41:31	+01:00:28	07:41
117	2457	Rui Sousa	palmeira runners	Senior Masculino	02:41:32	+01:00:28	07:42
118	2012	Pedro Miguel da Silva Ferreira	airão trail team (att)	Senior Masculino	02:41:33	+01:00:29	07:42
119	2107	Domingos manuel marques dias	ecobarcaventura	Veterano M45	02:42:32	+01:01:28	07:44
120	2288	Francisco osé Nunes Rebelo	individual	Veterano M40	02:42:52	+01:01:48	07:45
121	2412	Flavio	n14crossfit	Senior Masculino	02:43:18	+01:02:14	07:47
122	2452	Pedro Miguel Baptista	padela natural team - fisiofreixo	Senior Masculino	02:43:19	+01:02:15	07:47

TRAIL LONGO 21K - STAGE 1**21 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
123	2474	Nelson Machado	profisio team	Senior Masculino	02:43:26	+01:02:22	07:47
124	2400	OLAVO CARNEIRO	minho e lima trail	Senior Masculino	02:43:34	+01:02:31	07:47
125	2508	Luís Vale	team lanthemil	Veterano M40	02:43:58	+01:02:54	07:48
126	2376	Julio Paulo Silva	juventude cortegacense	Veterano M45	02:44:03	+01:02:59	07:49
127	2022	Paulo Borges	associação desportiva da efaccec	Senior Masculino	02:44:51	+01:03:47	07:51
128	2023	Miguel Barbosa	associação desportiva da efaccec	Veterano M40	02:44:51	+01:03:47	07:51
129	2415	Mira Matias	nice runners	Veterana F45	02:44:52	+01:03:48	07:51
130	2382	antonio cardoso	kapi	Senior Masculino	02:45:06	+01:04:02	07:52
131	2043	Helder Sousa	budeguita runners	Veterano M45	02:45:08	+01:04:04	07:52
132	2551	Luis Matos	individual	Veterano M55	02:45:10	+01:04:06	07:52
133	2359	MANUEL PINTO	individual	Veterano M55	02:45:23	+01:04:19	07:53
134	2033	Carlos Leitão	bossrunners team	Veterano M40	02:45:28	+01:04:25	07:53
135	2159	Rii Samuel	gtt - armazém do caffè	Senior Masculino	02:45:31	+01:04:27	07:53
136	2512	jose luis panteon campos	trail running nigran	Veterano M40	02:45:41	+01:04:37	07:53
137	2008	Nelson Miranda	ade trail running	Senior Masculino	02:45:48	+01:04:45	07:54
138	1405	ÁLVARO ARAÚJO	minho e lima trail	Veterano M55	02:45:51	+01:04:47	07:54
139	2207	Jean-Philippe Blouin	individual	Senior Masculino	02:45:59	+01:04:55	07:54
140	2050	João Miguel Almeida da Silva	carapaus	Senior Masculino	02:46:05	+01:05:01	07:55
141	2192	Christophe Rodrigues Coimbra	individual	Senior Masculino	02:46:41	+01:05:37	07:56
142	2526	Cristina Iglesias	viana running	Veterana F40	02:46:55	+01:05:51	07:57
143	2297	Jorge Anjos	individual	Veterano M40	02:46:56	+01:05:52	07:57
144	2354	Nuno Rodrigues	individual	Veterano M50	02:47:28	+01:06:24	07:58
145	2007	José Mário Pereira	ade trail running	Senior Masculino	02:47:30	+01:06:26	07:59
146	2252	Rodrigo Costinha	individual	Sub 23 Masculino	02:47:32	+01:06:28	07:59
147	2228	Nuno Alberto Gonçalves da Cunha	individual	Senior Masculino	02:47:33	+01:06:29	07:59
148	2287	Francisco Alves	individual	Veterano M40	02:47:35	+01:06:31	07:59
149	2281	António Augusto Alves Meireles	individual	Veterano M40	02:47:42	+01:06:39	07:59
150	2329	GORKA CARRO	individual	Veterano M45	02:47:44	+01:06:40	07:59
151	2197	Diogo Antunes	individual	Senior Masculino	02:48:15	+01:07:11	08:01
152	2240	Ricardo Novais	individual	Senior Masculino	02:48:21	+01:07:17	08:01
153	2211	José Duarte	individual	Senior Masculino	02:48:23	+01:07:19	08:01
154	2212	José Lima	individual	Senior Masculino	02:48:28	+01:07:24	08:01
155	2078	Antonino Gonçalves	cerveira team running/clube celtas do minho	Veterano M50	02:48:32	+01:07:28	08:02
156	2072	Isabel Cunha	cerveira team running/clube celtas do minho	Veterana F45	02:48:32	+01:07:28	08:02
157	2338	Manuel Antonio e Sa da Graça	individual	Veterano M45	02:48:42	+01:07:38	08:02
158	2170	Elsa Maria Lopes Soares	individual	Senior Feminino	02:48:43	+01:07:39	08:02
159	2495	Francisco Moreira	ss montepio	Veterano M45	02:48:43	+01:07:39	08:02
160	2391	Rui Rosas	lusitanos	Senior Masculino	02:49:21	+01:08:18	08:04
161	2539	Carla Amorim	xl&s trail	Senior Feminino	02:49:27	+01:08:23	08:04
162	2493	José Lemos	ss montepio	Veterano M40	02:49:28	+01:08:24	08:04
163	2219	Luís Miguel Machado Rodrigues	individual	Senior Masculino	02:49:28	+01:08:24	08:04
164	2546	Nuno Raposo	individual	Senior Masculino	02:49:51	+01:08:47	08:05
165	2366	Hélder Fernandes da Rocha	juventude cortegacense	Veterano M40	02:50:13	+01:09:09	08:06

TRAIL LONGO 21K - STAGE 1

21 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
209	2309	Paulo Hernani Moreira	individual	Veterano M45	03:02:55	+01:21:51	08:43
210	2204	Hugo Daniel Rodrigues Rego da Silva	individual	Senior Masculino	03:03:03	+01:21:59	08:43
211	2163	Alice Capelas	individual	Senior Feminino	03:03:14	+01:22:10	08:44
212	2265	Sofia Pinho	individual	Veterana F40	03:03:32	+01:22:28	08:44
213	2273	Justina Almeida Ferreira	individual	Veterana F45	03:04:26	+01:23:22	08:47
214	2532	Jose Lira	viana running	Veterano M50	03:04:37	+01:23:33	08:47
215	2490	Susana Maria Neto Carrasquinho	ss box	Senior Feminino	03:04:37	+01:23:34	08:47
216	2269	Dulce Almeida	individual	Veterana F45	03:04:42	+01:23:38	08:48
217	2143	Carlos Ferreira	geadas running	Senior Masculino	03:04:42	+01:23:38	08:48
218	2195	Daniel Leal	individual	Senior Masculino	03:04:44	+01:23:41	08:48
219	2485	Carlos Tavares	scalabis night runners	Veterano M40	03:04:44	+01:23:41	08:48
220	2101	Elton Gonçalves	dr. merino/4mooove	Senior Masculino	03:05:20	+01:24:16	08:50
221	2001	Alice Sousa	dr. merino/4mooove	Veterana F45	03:06:10	+01:25:06	08:52
222	2465	Rita Sousa	penguins bshc	Senior Feminino	03:06:10	+01:25:06	08:52
223	2469	Miguel Sabroso	penguins bshc	Senior Masculino	03:06:12	+01:25:08	08:52
224	2134	Filipe Reis Pinheiro	fridão sem limites	Veterano M40	03:06:40	+01:25:36	08:53
225	2430	Sandra Pereira	nós acreditamos	Senior Feminino	03:06:45	+01:25:41	08:54
226	2308	Paulo Ferreira Gouveia	individual	Veterano M40	03:07:01	+01:25:57	08:54
227	2282	Armando vieira	individual	Veterano M40	03:07:01	+01:25:57	08:54
228	2527	Carmo Veiga	viana running	Veterana F45	03:07:09	+01:26:06	08:55
229	1467	Nuno Teixeira	portocargo	Veterano M40	03:07:20	+01:26:16	08:55
230	2246	Juliana Domingues	individual	Sub 23 Feminino	03:07:22	+01:26:18	08:55
231	2251	Pedro Cunha	individual	Sub 23 Masculino	03:07:22	+01:26:18	08:55
232	2342	Paulo Pinto	individual	Veterano M45	03:07:36	+01:26:33	08:56
233	2486	Sandra fária	shots international runners	Senior Feminino	03:07:40	+01:26:36	08:56
234	2038	Daniel Barbosa	btt alegria // tubani	Senior Masculino	03:07:44	+01:26:40	08:56
235	2041	Nuno Rodrigues	budeguita runners	Veterano M40	03:08:05	+01:27:01	08:57
236	2253	Carla Alexandra de Carvalho Antunes	individual	Veterana F40	03:08:34	+01:27:30	08:59
237	2406	André Vasconcelos	amigos para correr	Senior Masculino	03:08:46	+01:27:43	08:59
238	2283	Benigno Azevedo	individual	Veterano M40	03:08:54	+01:27:50	09:00
239	3362	Paulo Alexandre Carneiro	individual	Veterano M45	03:09:05	+01:28:01	09:00
240	2529	Sergio Iglesias	viana running	Veterano M40	03:09:28	+01:28:24	09:01
241	2196	Daniel Soares	individual	Senior Masculino	03:09:33	+01:28:29	09:02
242	2502	Luís SIlva	táentos team	Veterano M45	03:09:55	+01:28:51	09:03
243	2467	Joao Antonio Maganinho da Costa Marques	penguins bshc	Senior Masculino	03:09:58	+01:28:54	09:03
244	2266	Catarina Teixeira	individual	Veterana F45	03:10:05	+01:29:02	09:03
245	2509	Bruno Manuel Oliveira Paiva	team33	Senior Masculino	03:10:06	+01:29:02	09:03
246	2444	Adriana Alina Majer	os tolinhos	Senior Feminino	03:10:39	+01:29:35	09:05
247	2352	João António Miranda dos Santos	individual	Veterano M50	03:10:52	+01:29:48	09:05
248	2042	Tiago P. Almeida	budeguita runners	Veterano M40	03:11:13	+01:30:09	09:06
249	2193	Cristiano Gomes	individual	Senior Masculino	03:11:46	+01:30:42	09:08
250	2314	Ricardo Cerqueira	individual	Veterano M40	03:11:49	+01:30:45	09:08

TRAIL LONGO 21K - STAGE 1

21 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
251	2397	SUSANA FERREIRA	minho e lima trail	Senior Feminino	03:11:57	+01:30:53	09:08
252	2317	Tiago Andrade	individual	Veterano M40	03:12:19	+01:31:15	09:09
253	2237	Ricardo Dias	individual	Senior Masculino	03:12:26	+01:31:22	09:10
254	2462	Paulo Ferreira	pimpões trail team	Veterano M50	03:12:41	+01:31:37	09:11
255	2378	Domingos Fernando Oliveira Camboa	juventude cortegacense	Veterano M55	03:13:11	+01:32:07	09:12
256	2255	Celia Sousa	individual	Veterana F40	03:13:23	+01:32:19	09:13
257	2185	Susana Araújo	individual	Senior Feminino	03:13:23	+01:32:19	09:13
258	2394	Fernando Manuel Bastos Rodrigues	lusitanos	Veterano M50	03:13:23	+01:32:19	09:13
259	2332	João Ribeiro	individual	Veterano M45	03:13:23	+01:32:20	09:13
260	2009	Pedro Rocha	ade trail running	Senior Masculino	03:13:26	+01:32:22	09:13
261	2026	Fernando Ferreira Vilarinho	barcelos runners	Veterano M45	03:13:31	+01:32:27	09:13
262	2027	Rui Santos	blackbulls cycling team	Veterano M45	03:13:32	+01:32:28	09:13
263	2272	Gonçalves Marlène	individual	Veterana F45	03:13:36	+01:32:32	09:13
264	2201	Gabriel Silva	individual	Senior Masculino	03:13:41	+01:32:37	09:13
265	2417	Daniel Pereira	nocturnos de paredes	Veterano M40	03:14:30	+01:33:26	09:16
266	2421	Salette Silva	nocturnos de paredes	Veterana F45	03:14:30	+01:33:26	09:16
267	2324	Carsten Weymann	individual	Veterano M45	03:14:31	+01:33:27	09:16
268	2125	Ricardo A. Silva Sousa	fit gaia trail	Veterano M40	03:14:54	+01:33:50	09:17
269	2249	João Carlos Fernandes Santa Cruz	individual	Sub 23 Masculino	03:15:01	+01:33:57	09:17
270	2540	Cristina Faria	xl&s trail	Senior Feminino	03:15:59	+01:34:55	09:20
271	2396	Nuno Albuquerque	minho aventura	Veterano M50	03:16:31	+01:35:27	09:21
272	2188	Bruno Dias	individual	Senior Masculino	03:16:59	+01:35:55	09:23
273	2099	Inês Delgado	don't stop me now !	Senior Feminino	03:17:33	+01:36:29	09:24
274	2100	Hugo Rodrigues	don't stop me now !	Senior Masculino	03:17:33	+01:36:30	09:24
275	2323	carlos figueiredo	individual	Veterano M45	03:17:57	+01:36:53	09:26
276	2016	VÍTOR FOLGADO	arcorun	Veterano M45	03:18:00	+01:36:57	09:26
277	2507	Tiago Dias	team lantermil	Senior Masculino	03:18:43	+01:37:40	09:28
278	2233	Pedro Daniel Pinheiro Patrício	individual	Senior Masculino	03:19:14	+01:38:10	09:29
279	2433	Armando Cardoso	nós acreditamos	Veterano M45	03:19:21	+01:38:17	09:30
280	2385	Helder Gomes	kemedo team	Veterano M40	03:19:36	+01:38:32	09:30
281	2460	Pedro Marques	pedro	Senior Masculino	03:19:36	+01:38:33	09:30
282	2070	Isabel Rolan	cerveira team running/clube celtas do minho	Veterana F40	03:19:52	+01:38:48	09:31
283	2290	Helder Silva	individual	Veterano M40	03:19:55	+01:38:51	09:31
284	2015	JORGE LEITE	arcorun	Veterano M45	03:19:57	+01:38:53	09:31
285	2407	Pedro Anjos	monte dos amigos/juventude ribeiras	Senior Masculino	03:19:59	+01:38:55	09:31
286	2488	Mónica Sofia Rafael Ferreira	spin&run esposende	Veterana F40	03:20:08	+01:39:04	09:32
287	2538	Ana Paula Lima Alves	xl&s trail	Senior Feminino	03:20:08	+01:39:04	09:32
288	2020	Filipe Bessa	associação desportiva da efaced	Senior Masculino	03:20:10	+01:39:06	09:32
289	2386	Ricardo Freitas	lion runners - g.d. leões da guarda	Senior Masculino	03:20:11	+01:39:07	09:32
290	2021	Hélder Oliveira	associação desportiva da efaced	Senior Masculino	03:20:45	+01:39:42	09:34
291	2172	Hannah Johns	individual	Senior Feminino	03:21:05	+01:40:01	09:35
292	1186	Andra alves julio	gtt - armazém do caffè	Senior Feminino	03:21:08	+01:40:04	09:35
293	2416	Raquel Ribeiro	nocturnos de paredes	Senior Feminino	03:21:10	+01:40:06	09:35

TRAIL LONGO 21K - STAGE 1

21 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
294	2419	Mónica Gomes	nocturnos de paredes	Veterana F40	03:21:10	+01:40:07	09:35
295	2081	Dirk Meyer	cityrunning.ch	Veterano M45	03:21:32	+01:40:29	09:36
296	2371	Marcia Castro Costa	juventude cortegacense	Veterana F40	03:21:59	+01:40:55	09:37
297	2408	Sónia Gilvaz	monte dos amigos/juventude ribeiras	Veterana F40	03:22:03	+01:40:59	09:37
298	2111	Valentim Castro da Guia	edv-viana trail	Veterano M50	03:22:03	+01:40:59	09:37
299	2404	Paula Guedes	monte dos amigos/juventude ribeiras	Veterana F40	03:22:58	+01:41:54	09:40
300	2435	Maria Alice Ferreira Valente Santos	núcleo de montanha de espinho	Veterana F45	03:23:02	+01:41:58	09:40
301	2063	Luís Cruz	cerveira team running/clube celtas do minho	Senior Masculino	03:23:02	+01:41:58	09:40
302	2263	Sandra santos	individual	Veterana F40	03:23:13	+01:42:09	09:41
303	2506	Fernando Pereira	team covas	Senior Masculino	03:23:19	+01:42:15	09:41
304	2530	Eduardo Pereira	viana running	Veterano M45	03:23:23	+01:42:19	09:41
305	2377	Augusto Silva	juventude cortegacense	Veterano M55	03:23:36	+01:42:33	09:42
306	2142	Bruno Carvalho	geadas running	Senior Masculino	03:23:37	+01:42:33	09:42
307	2209	João Rafael Pereira Costa Bastos	individual	Senior Masculino	03:24:16	+01:43:12	09:44
308	2054	Celsa Pérez	cerveira team running/clube celtas do minho	Senior Feminino	03:24:36	+01:43:32	09:45
309	2071	Maria Fernandez	cerveira team running/clube celtas do minho	Veterana F40	03:24:36	+01:43:33	09:45
310	2260	Luísa Rodrigues	individual	Veterana F40	03:24:37	+01:43:33	09:45
311	2461	Carla Feliciano Ferreira	pimpões trail team	Veterana F40	03:24:38	+01:43:34	09:45
312	2446	Susana Bértolo	os tolinhos	Veterana F45	03:25:21	+01:44:17	09:47
313	2471	Ana Rita Fonseca	pinguins bshc	Sub 23 Feminino	03:25:24	+01:44:20	09:47
314	2190	Carlos Fernandes	individual	Senior Masculino	03:25:29	+01:44:25	09:47
315	2414	Liseta Pinto	nice runners	Veterana F40	03:25:39	+01:44:35	09:48
316	2109	Elisabete Maria Pinto Faria	edv-viana trail	Senior Feminino	03:25:45	+01:44:41	09:48
317	2155	Paulo FERreira	grupo 46	Veterano M45	03:26:37	+01:45:33	09:50
318	2184	Sílvia Teixeira	individual	Senior Feminino	03:27:21	+01:46:17	09:52
319	2157	Flávio Ortins	gtt - armazém do caffè	Senior Masculino	03:27:31	+01:46:27	09:53
320	2087	ARTUR CARLOS MOREIRA SILVA	clube millennium bcp	Veterano M50	03:27:43	+01:46:39	09:53
321	2088	LEONEL ABILIO RIBEIRO POCAS	clube millennium bcp	Veterano M55	03:27:46	+01:46:42	09:54
322	2286	David Martins	individual	Veterano M40	03:27:47	+01:46:43	09:54
323	2445	Ivone Vieira	os tolinhos	Veterana F40	03:27:59	+01:46:55	09:54
324	2216	Leandro Rainha	individual	Senior Masculino	03:28:32	+01:47:28	09:56
325	2372	Anabela dos Santos Marques	juventude cortegacense	Veterana F45	03:29:03	+01:47:59	09:57
326	2018	Catarina Gomes	arasm - associação recreativa de s. miguel	Senior Feminino	03:29:07	+01:48:03	09:57
327	2504	Patrícia Pereira	team covas	Senior Feminino	03:29:12	+01:48:09	09:58
328	2045	Otilia Maria Leal	c.a.s.p.a. - clube amador só para atletismo	Veterana F45	03:29:13	+01:48:09	09:58
329	2166	Daniela Ferreira	individual	Senior Feminino	03:29:18	+01:48:14	09:58
330	2052	Sandra Matos	centro ciclista de gondomar	Veterana F40	03:29:20	+01:48:16	09:58
331	2505	Sonia silva	team covas	Senior Feminino	03:29:23	+01:48:19	09:58
332	2472	PAULO FERREIRA	portocargo	Veterano M45	03:29:47	+01:48:43	09:59
333	2244	Vitor Santos	individual	Senior Masculino	03:30:00	+01:48:56	10:00
334	2173	Helena Passos	individual	Senior Feminino	03:30:36	+01:49:32	10:02

TRAIL LONGO 21K - STAGE 1**21 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
377	2353	Jose Augusto Baptista Pinto	individual	Veterano M50	03:42:56	+02:01:52	10:37
378	2513	Bruno Pinheiro	trail team montaria	Senior Masculino	03:43:05	+02:02:01	10:37
379	2271	Estefânia Matias	individual	Veterana F45	03:43:23	+02:02:19	10:38
380	2095	Sandra Pina	comdor runners	Veterana F40	03:43:29	+02:02:25	10:39
381	2096	Rui Oliveira	comdor runners	Veterano M40	03:43:30	+02:02:26	10:39
382	2202	HELDER VIEIRA	individual	Senior Masculino	03:44:09	+02:03:05	10:40
383	2434	Álvaro Cardoso	nós acreditamos	Veterano M50	03:44:45	+02:03:42	10:42
384	2363	Fernando Lopes Monteiro	individual	Veterano M60	03:45:23	+02:04:19	10:44
385	2165	Carla Marques silva	individual	Veterana F40	03:45:47	+02:04:43	10:45
386	2280	maria isabel rodrigues	individual	Veterana F50	03:47:12	+02:06:08	10:49
387	2483	Inês Melo	scalabis night runners	Senior Feminino	03:47:38	+02:06:34	10:50
388	2126	RUI SÁ	fit gaia trail	Veterano M55	03:48:26	+02:07:22	10:53
389	2477	EMANUEL MAGALHÃES	puzzle - centro de explicações	Senior Masculino	03:49:29	+02:08:25	10:56
390	2475	MARISA MARQUES	puzzle - centro de explicações	Senior Feminino	03:49:30	+02:08:26	10:56
391	2427	Eduardo Madeira	nomad	Senior Masculino	03:49:32	+02:08:28	10:56
392	2429	Tiago Costa	nomad	Senior Masculino	03:49:34	+02:08:30	10:56
393	2428	Luís Campos	nomad	Senior Masculino	03:49:36	+02:08:32	10:56
394	2312	Pedro Goncalves	individual	Veterano M40	03:49:36	+02:08:32	10:56
395	2182	Rita Alexandra Alves Moreira	individual	Senior Feminino	03:50:20	+02:09:16	10:58
396	2519	Ivone Pardal	tricotar trails	Veterana F40	03:50:20	+02:09:16	10:58
397	2267	crisrina maria silveira azurara	individual	Veterana F45	03:50:22	+02:09:18	10:58
398	2030	Sonia Pereira	borinhas	Veterana F40	03:51:41	+02:10:37	11:02
399	2029	Sofia Cordeiro	borinhas	Veterana F40	03:51:41	+02:10:37	11:02
400	2031	Isabel Vidinha	borinhas	Veterana F45	03:51:42	+02:10:38	11:02
401	2349	Fernando Carvalho Marques	individual	Veterano M50	03:51:45	+02:10:41	11:02
402	2108	carla alexandra araujo pereira	edv-viana trail	Senior Feminino	03:53:11	+02:12:07	11:06
403	2257	elisabete lopes costa	individual	Veterana F40	03:54:19	+02:13:15	11:09
404	2499	Susana Farinhas	tálenos team	Veterana F40	03:54:19	+02:13:15	11:09
405	2319	vitó perfeito pereira souza	individual	Veterano M45	03:54:24	+02:13:20	11:10
406	2084	ANABELA AMARAL DA CUNHA	clube millennium bcp	Veterana F45	03:55:03	+02:13:59	11:12
407	2410	Cláudia Marisa Sousa	mountain runners	Senior Feminino	03:55:06	+02:14:02	11:12
408	2127	Bruno Cunha	francisco pinto carpintaria&mobiliário	Senior Masculino	03:55:10	+02:14:06	11:12
409	2069	Elizia Gonçalves	cerveira team running/clube celtas do minho	Veterana F40	03:55:16	+02:14:12	11:12
410	2387	Dina Goncalves	lion runners - g.d. leões da guarda	Veterana F45	03:55:20	+02:14:17	11:12
411	2405	Miguel Beirão	lion runners - g.d. leões da guarda	Veterano M45	03:55:21	+02:14:17	11:12
412	2129	Francisco Pinto	francisco pinto carpintaria&mobiliário	Veterano M50	03:55:25	+02:14:21	11:13
413	2128	Hugo Pinto	francisco pinto carpintaria&mobiliário	Senior Masculino	03:55:25	+02:14:21	11:13
414	2466	António Almeida	pinguins bshc	Senior Masculino	03:57:09	+02:16:05	11:18
415	2468	João Pedro Ribeiro Gomes	pinguins bshc	Senior Masculino	03:57:09	+02:16:06	11:18
416	2522	Paulo Dias	u.f. comércio e indústria atletismo	Veterano M50	03:58:26	+02:17:22	11:21
417	2384	Ricardo Ribeiro	kapi	Senior Masculino	03:58:30	+02:17:26	11:21
418	2218	Luís Guimarães	individual	Senior Masculino	03:59:02	+02:17:58	11:23
419	2383	Nuno Cardoso	kapi	Senior Masculino	03:59:02	+02:17:58	11:23
420	2320	Álvaro Cairrão	individual	Veterano M45	03:59:02	+02:17:58	11:23
421	2341	PAULO FREITAS JORGE	individual	Veterano M45	03:59:06	+02:18:02	11:23

TRAIL LONGO 21K - STAGE 1

21 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
422	2392	Simão Rocha	lusitanos	Senior Masculino	03:59:22	+02:18:18	11:24
423	2395	Ivete Rodrigues Gonçalves Alves	melgaço alvarinho trail	Veterana F45	04:00:14	+02:19:10	11:26
424	2047	Susana Paula Leal gabirro Vieira Fernandes	caminhosoeeste	Veterana F45	04:00:23	+02:19:19	11:27
425	2048	Luís Miguel Custódio Pereira Neves	caminhosoeeste	Veterano M45	04:00:24	+02:19:21	11:27
426	3179	Vera Lourenço	gondaráfrente	Senior Feminino	04:03:19	+02:22:16	11:35
427	2361	António Rodrigues Antunes	individual	Veterano M60	04:03:29	+02:22:25	11:36
428	2068	elisabete oliveira	cerveira team running/clube celtas do minho	Veterana F40	04:03:31	+02:22:27	11:36
429	2150	Gonçalo Afonso Arrojado	gondaráfrente	Sub 23 Masculino	04:04:28	+02:23:25	11:39
430	2328	emanuel pinto pereira vale	individual	Veterano M45	04:04:53	+02:23:49	11:40
431	2437	Isabel Gonçalves	olimpico vianense trail	Veterana F45	04:06:37	+02:25:33	11:45
432	2521	Cheila Ferreira Dias	u.f. comércio e indústria atletismo	Senior Feminino	04:07:13	+02:26:09	11:46
433	2336	Luís Monteiro	individual	Veterano M45	04:07:16	+02:26:13	11:46
434	2089	Bruno Rodrigues	clube novo banco	Senior Masculino	04:09:17	+02:28:13	11:52
435	2085	GRACA MARIA COSTA MOREIRA SILVA	clube millennium bcp	Veterana F50	04:09:24	+02:28:20	11:53
436	2487	Helena Costa	somais1km	Veterana F55	04:10:05	+02:29:01	11:55
437	2355	Walter Palma	individual	Veterano M50	04:11:05	+02:30:01	11:57
438	2277	Alexandra Lavado Palma	individual	Veterana F50	04:11:05	+02:30:01	11:57
439	2179	Patrícia Pereira	individual	Senior Feminino	04:11:42	+02:30:38	11:59
440	2039	Isabel Lima	budeguita runners	Veterana F40	04:12:13	+02:31:09	12:01
441	2040	Minna Sillankorva	budeguita runners	Veterana F40	04:12:13	+02:31:09	12:01
442	2222	Cristina Sousa	individual	Veterana F45	04:12:49	+02:31:45	12:02
443	2278	Ana Paula Sousa	individual	Veterana F50	04:12:49	+02:31:45	12:02
444	2147	Sofia Tadeu	generosos runners	Senior Feminino	04:13:01	+02:31:58	12:03
445	2148	Rodrigo Ferraz	generosos runners	Veterano M45	04:13:01	+02:31:58	12:03
446	2409	Helena Pacheco	monte dos amigos/juventude ribeiras	Veterana F45	04:13:22	+02:32:19	12:04
447	2373	Maria Elisabete Pinho Pereira Mendonça	juventude cortegacense	Veterana F50	04:14:37	+02:33:33	12:07
448	2167	Daniela Marques	individual	Senior Feminino	04:15:31	+02:34:27	12:10
449	2091	Augusto Lopes	clube novo banco	Veterano M45	04:20:12	+02:39:08	12:23
450	2464	Raquel Cunha Pacheco	pinguins bshc	Senior Feminino	04:22:44	+02:41:40	12:31
451	2463	Ana Lúcia Mota Pires	pinguins bshc	Senior Feminino	04:22:44	+02:41:40	12:31
452	2470	Octavio Cunha	pinguins bshc	Senior Masculino	04:22:44	+02:41:40	12:31
453	2279	Isaura de almeida	individual	Veterana F50	04:32:22	+02:51:18	12:58
454	2183	Sara Brandao	individual	Senior Feminino	04:32:22	+02:51:18	12:58
455	2503	João Carlos Martins Valente Vitória	tálenos team	Veterano M50	04:32:28	+02:51:24	12:58
456	2270	Elisabete Melo	individual	Veterana F45	04:32:30	+02:51:26	12:59
457	2549	Sofia Duarte dos Reis	individual	Senior Feminino	04:36:42	+02:55:38	13:11
458	2357	Carlos almeida	individual	Veterano M55	04:36:42	+02:55:39	13:11
459	2482	Marta Loureiro	santiagobikes	Veterana F40	04:39:22	+02:58:18	13:18
460	2291	henrique teixeira	individual	Veterano M40	04:39:24	+02:58:20	13:18
461	3183	Rosa Afonso	gondaráfrente	Veterana F40	05:09:59	+03:28:55	14:46

Trail Longo 21K

21 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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	Time	Temperature	Humidity
Start	10:00	-9°C	-99%
End	15:10	16,5°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	2002	Daniela Russo	Oralklass Amigos do Trail	Senior Feminino	02:16:05	+35:01	06:29
2	2140	Inês Pinto	GafanhOri - Arraiolos	Senior Feminino	02:34:22	+53:18	07:21
3	2169	Elisabete Maria Soutulho Coelho Alves	Individual	Senior Feminino	02:41:17	+01:00:13	07:41
4	2170	Elsa Maria Lopes Soares	Individual	Senior Feminino	02:48:43	+01:07:39	08:02
5	2539	Carla Amorim	XL&S TRAIL	Senior Feminino	02:49:27	+01:08:23	08:04
6	2176	Leila Poucet	Individual	Senior Feminino	02:50:13	+01:09:09	08:06
7	2156	CATARINA AMORIM	GRUPO DESPORTIVO CASTELENSE	Senior Feminino	02:54:41	+01:13:37	08:19
8	2146	Rafaela Ribeiro	GENEROSOS RUNNERS	Senior Feminino	02:59:37	+01:18:33	08:33
9	2144	Maria Pinto	GENEROSOS RUNNERS	Senior Feminino	02:59:38	+01:18:34	08:33
10	2163	Alice Capelas	Individual	Senior Feminino	03:03:14	+01:22:10	08:44
11	2490	Susana Maria Neto Carrasquinho	SS Box	Senior Feminino	03:04:37	+01:23:34	08:47
12	2465	Rita Sousa	Pinguins BSHC	Senior Feminino	03:06:10	+01:25:06	08:52
13	2430	Sandra Pereira	Nós Acreditamos	Senior Feminino	03:06:45	+01:25:41	08:54
14	2486	Sandra faria	Shots International Runners	Senior Feminino	03:07:40	+01:26:36	08:56
15	2444	Adriana Alina Majer	Os tolinhos	Senior Feminino	03:10:39	+01:29:35	09:05
16	2397	SUSANA FERREIRA	Minho e Lima Trail	Senior Feminino	03:11:57	+01:30:53	09:08
17	2185	Susana Araújo	Individual	Senior Feminino	03:13:23	+01:32:19	09:13
18	2540	Cristina Faria	XL&S TRAIL	Senior Feminino	03:15:59	+01:34:55	09:20
19	2099	Inês Delgado	DON'T STOP ME NOW !	Senior Feminino	03:17:33	+01:36:29	09:24
20	2538	Ana Paula Lima Alves	XL&S TRAIL	Senior Feminino	03:20:08	+01:39:04	09:32
21	2172	Hannah Johns	Individual	Senior Feminino	03:21:05	+01:40:01	09:35
22	1186	Andra alves julio	GTT - Armazém do Caffè	Senior Feminino	03:21:08	+01:40:04	09:35
23	2416	Raquel Ribeiro	NOCTURNOS DE PAREDES	Senior Feminino	03:21:10	+01:40:06	09:35
24	2054	Celsa Pérez	Cerveira Team Running/Clube Celtas do Minho	Senior Feminino	03:24:36	+01:43:32	09:45
25	2109	Elisabete Maria Pinto Faria	EDV-VIANA TRAIL	Senior Feminino	03:25:45	+01:44:41	09:48
26	2184	Sílvia Teixeira	Individual	Senior Feminino	03:27:21	+01:46:17	09:52
27	2018	Catarina Gomes	ARSM - Associação Recreativa de S. Miguel	Senior Feminino	03:29:07	+01:48:03	09:57
28	2504	Patrícia Pereira	Team Covas	Senior Feminino	03:29:12	+01:48:09	09:58
29	2166	Daniela Ferreira	Individual	Senior Feminino	03:29:18	+01:48:14	09:58
30	2505	Sonia silva	Team Covas	Senior Feminino	03:29:23	+01:48:19	09:58
31	2173	Helena Passos	Individual	Senior Feminino	03:30:36	+01:49:32	10:02
32	2484	Lucilene Cardoso	SCALABIS NIGHT RUNNERS	Senior Feminino	03:31:02	+01:49:59	10:03
33	2533	Joana Correia	VIDAATIVARUNNERS	Senior Feminino	03:33:13	+01:52:09	10:09
34	2534	MARIANA CORREIA	VIDAATIVARUNNERS	Senior Feminino	03:33:13	+01:52:10	10:09
35	2057	Sofia Venade	Cerveira Team Running/Clube Celtas do Minho	Senior Feminino	03:33:20	+01:52:16	10:10
36	2553	Ana Melo	Individual	Senior Feminino	03:34:04	+01:53:01	10:12
37	2004	Ana Carolina Pereira	ADE Trail Running	Senior Feminino	03:37:57	+01:56:53	10:23

Official Timekeeper: Lap2Go	1 / 12	generate 24-set-2017 16:38
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Trail Longo 21K

21 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

38	8	Alexandra	OLIMPICO VIANENSE TRAIL	Senior Feminino	03:40:07	+01:59:03	10:29
39	2056	Sara Azevedo	Cerveira Team Running/Clube Celtas do Minho	Senior Feminino	03:42:45	+02:01:41	10:36
40	2483	Inês Melo	SCALABIS NIGHT RUNNERS	Senior Feminino	03:47:38	+02:06:34	10:50
41	2475	MARISA MARQUES	PUZZLE - CENTRO DE EXPLICAÇÕES	Senior Feminino	03:49:30	+02:08:26	10:56
42	2182	Rita Alexandra Alves Moreira	Individual	Senior Feminino	03:50:20	+02:09:16	10:58
43	2108	carla alexandra araujo pereira	EDV-VIANA TRAIL	Senior Feminino	03:53:11	+02:12:07	11:06
44	2410	Cláudia Marisa Sousa	Mountain Runners	Senior Feminino	03:55:06	+02:14:02	11:12
45	3179	Vera Lourenço	Gondarãfrente	Senior Feminino	04:03:19	+02:22:16	11:35
46	2521	Cheila Ferreira Dias	U.F. Comércio e Indústria Atletismo	Senior Feminino	04:07:13	+02:26:09	11:46
47	2179	Patrícia Pereira	Individual	Senior Feminino	04:11:42	+02:30:38	11:59
48	2147	Sofia Tadeu	GENEROSOS RUNNERS	Senior Feminino	04:13:01	+02:31:58	12:03
49	2167	Daniela Marques	Individual	Senior Feminino	04:15:31	+02:34:27	12:10
50	2464	Raquel Cunha Pacheco	Pinguins BSHC	Senior Feminino	04:22:44	+02:41:40	12:31
51	2463	Ana Lúcia Mota Pires	Pinguins BSHC	Senior Feminino	04:22:44	+02:41:40	12:31
52	2183	Sara Brandao	Individual	Senior Feminino	04:32:22	+02:51:18	12:58
53	2549	Sofia Duarte dos Reis	Individual	Senior Feminino	04:36:42	+02:55:38	13:11

Senior Masculino

1	2115	Jadirson Ribeiro	Emicela Team Cabo Verde	Senior Masculino	01:41:03		04:49
2	2116	Kueny Pires de Miranda	Emicela Team Cabo Verde	Senior Masculino	01:41:47	+00:43	04:51
3	2114	Eliseu Fortes Morais	Emicela Team Cabo Verde	Senior Masculino	01:43:17	+02:13	04:55
4	2368	Leandro José Lima Rocha	Juventude Cortegacense	Senior Masculino	01:56:39	+15:35	05:33
5	2194	Cristiano José Moreira dos Santos	Individual	Senior Masculino	01:57:25	+16:21	05:35
6	2511	Carlos Coelho	TRAIL ME	Senior Masculino	02:03:11	+22:07	05:52
7	2214	Kasper Rolle	Individual	Senior Masculino	02:03:42	+22:38	05:53
8	2478	HUGO VENTURA	PUZZLE - CENTRO DE EXPLICAÇÕES	Senior Masculino	02:03:49	+22:46	05:54
9	2514	Nuno Paradinha	Trail Team Montaria	Senior Masculino	02:06:48	+25:44	06:02
10	2451	Marcelo Ramos Martins	Padela Natural Team - FisioFreixo	Senior Masculino	02:07:08	+26:04	06:03
11	2453	Rui Soares	Padela Natural Team - FisioFreixo	Senior Masculino	02:07:09	+26:05	06:03
12	2231	Nuno guimaraes	Individual	Senior Masculino	02:10:46	+29:42	06:14
13	2550	Nuno Ferreira	Individual	Senior Masculino	02:13:32	+32:28	06:22
14	2158	Nuno Figueiredo	GTT - Armazém do Caffè	Senior Masculino	02:14:01	+32:57	06:23
15	2132	Rui Manuel Mendes Azevedo	Fridão Sem Limites	Senior Masculino	02:15:08	+34:04	06:26
16	2238	Ricardo Lirio	Individual	Senior Masculino	02:15:14	+34:10	06:26
17	2131	Ricardo Miguel Magalhães Nunes	Fridão Sem Limites	Senior Masculino	02:15:51	+34:48	06:28
18	2398	FRANCISCO MORA	Minho e Lima Trail	Senior Masculino	02:16:07	+35:03	06:29
19	2443	Francisco Figueiredo	Oralklass Amigos do Trail	Senior Masculino	02:16:20	+35:16	06:30
20	2431	Hélder Ribeiro	Nós Acreditamos	Senior Masculino	02:17:57	+36:53	06:34
21	2450	Amaro Costa	Padela Natural Team - Fisiofreixo	Senior Masculino	02:18:02	+36:58	06:34
22	2390	Nelson Pires	Lusitanos	Senior Masculino	02:18:15	+37:12	06:35
23	2220	Márcio Vieira	Individual	Senior Masculino	02:19:21	+38:17	06:38
24	2149	Bruno Costa	geofriends	Senior Masculino	02:19:41	+38:37	06:39

Trail Longo 21K

21 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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25	2223	Marco Aurélio Gonçalves Marques	Individual	Senior Masculino	02:22:31	+41:27	06:47
26	2006	João Laranjeira	ADE Trail Running	Senior Masculino	02:24:08	+43:05	06:52
27	2379	Pedro Miguel de Ascensão Neves	JUVENTUDE DESPORTIVA DE GONDOMAR	Senior Masculino	02:25:10	+44:06	06:55
28	2537	Joao Ricardo	vimarunners	Senior Masculino	02:25:30	+44:26	06:56
29	2120	Pedro Miguel Soares Ferreira	Entre os Montes	Senior Masculino	02:26:51	+45:47	07:00
30	2215	Lars Hansen	Individual	Senior Masculino	02:26:55	+45:51	07:00
31	2225	marco silva	Individual	Senior Masculino	02:28:41	+47:37	07:05
32	2062	Luis Conde	Cerveira Team Running/Clube Celtas do Minho	Senior Masculino	02:28:46	+47:43	07:05
33	3394	DIOGO AMORIM	Minho e Lima Trail	Senior Masculino	02:29:19	+48:15	07:07
34	2064	Patricio Bouça	Cerveira Team Running/Clube Celtas do Minho	Senior Masculino	02:29:53	+48:49	07:08
35	2060	João Cunha	Cerveira Team Running/Clube Celtas do Minho	Senior Masculino	02:31:33	+50:29	07:13
36	2198	Filipe Adelino Azevedo santos	Individual	Senior Masculino	02:32:40	+51:36	07:16
37	2536	José Manuel Lopes	VIDAATIVARUNNERS	Senior Masculino	02:32:51	+51:48	07:17
38	2141	Domingos Martins	GafanhOri - Arraiolos	Senior Masculino	02:34:22	+53:19	07:21
39	2105	Francisco Barbosa	Ecobaraventura	Senior Masculino	02:36:01	+54:57	07:26
40	2119	Emídio Quintera	Entre os Montes	Senior Masculino	02:36:13	+55:09	07:26
41	2242	Tiago Ferreira	Individual	Senior Masculino	02:36:14	+55:10	07:26
42	2138	Tomé Marques	FUGITIVOS URBANOS - CLÍNICA + SAÚDE	Senior Masculino	02:36:27	+55:23	07:27
43	2208	João Paralvas	Individual	Senior Masculino	02:37:24	+56:20	07:30
44	2210	João Simões	Individual	Senior Masculino	02:37:42	+56:38	07:31
45	2365	Daniel Jose Batista Silva	Juventude Cortegacense	Senior Masculino	02:39:18	+58:14	07:35
46	2137	SÉRGIO SILVA	FUGITIVOS URBANOS - CLÍNICA + SAÚDE	Senior Masculino	02:39:58	+58:54	07:37
47	2364	Abel Silva	Juventude Cortegacense	Senior Masculino	02:40:08	+59:04	07:38
48	2035	Vitor Ribeiro	Brabus Runners	Senior Masculino	02:40:10	+59:06	07:38
49	2367	Joel Sequeira	Juventude Cortegacense	Senior Masculino	02:40:19	+59:15	07:38
50	2106	Sergio Martins	Ecobaraventura	Senior Masculino	02:41:13	+01:00:09	07:41
51	2243	Vitor Manuel Dias Gonçalves	Individual	Senior Masculino	02:41:19	+01:00:15	07:41
52	2032	João Calado	BOSSRUNNERS TEAM	Senior Masculino	02:41:22	+01:00:19	07:41
53	2236	Renato Martins	Individual	Senior Masculino	02:41:29	+01:00:26	07:41
54	2234	Pedro Nunes	Individual	Senior Masculino	02:41:31	+01:00:28	07:41
55	2457	Rui Sousa	Palmeira Runners	Senior Masculino	02:41:32	+01:00:28	07:42
56	2012	Pedro Miguel da Silva Ferreira	Airão Trail Team (ATT)	Senior Masculino	02:41:33	+01:00:29	07:42
57	2412	Flavio	N14Crossfit	Senior Masculino	02:43:18	+01:02:14	07:47
58	2452	Pedro Miguel Baptista	Padela Natural Team - FisioFreixo	Senior Masculino	02:43:19	+01:02:15	07:47
59	2474	Nelson Machado	Profisio Team	Senior Masculino	02:43:26	+01:02:22	07:47
60	2400	OLAVO CARNEIRO	Minho e Lima Trail	Senior Masculino	02:43:34	+01:02:31	07:47
61	2022	Paulo Borges	Associação Desportiva da Efacec	Senior Masculino	02:44:51	+01:03:47	07:51
62	2382	antonio cardoso	Kapi	Senior Masculino	02:45:06	+01:04:02	07:52
63	2159	Rii Samuel	GTT - Armazém do Caffè	Senior Masculino	02:45:31	+01:04:27	07:53
64	2008	Nelson Miranda	ADE Trail Running	Senior Masculino	02:45:48	+01:04:45	07:54
65	2207	Jean-Philippe Blouin	Individual	Senior Masculino	02:45:59	+01:04:55	07:54
66	2050	João Miguel Almeida da Silva	Carapaus	Senior Masculino	02:46:05	+01:05:01	07:55

Trail Longo 21K

21 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

67	2192	Christophe Rodrigues Coimbra	Individual	Senior Masculino	02:46:41	+01:05:37	07:56
68	2007	José Mário Pereira	ADE Trail Running	Senior Masculino	02:47:30	+01:06:26	07:59
69	2228	Nuno Alberto Gonçalves da Cunha	Individual	Senior Masculino	02:47:33	+01:06:29	07:59
70	2197	Diogo Antunes	Individual	Senior Masculino	02:48:15	+01:07:11	08:01
71	2240	Ricardo Novais	Individual	Senior Masculino	02:48:21	+01:07:17	08:01
72	2211	José Duarte	Individual	Senior Masculino	02:48:23	+01:07:19	08:01
73	2212	José Lima	Individual	Senior Masculino	02:48:28	+01:07:24	08:01
74	2391	Rui Rosas	Lusitanos	Senior Masculino	02:49:21	+01:08:18	08:04
75	2219	Luís Miguel Machado Rodrigues	Individual	Senior Masculino	02:49:28	+01:08:24	08:04
76	2546	Nuno Raposo	Individual	Senior Masculino	02:49:51	+01:08:47	08:05
77	2203	Hugo Barreiro	Individual	Senior Masculino	02:50:56	+01:09:52	08:08
78	2226	Marco Veludo Pires	Individual	Senior Masculino	02:51:28	+01:10:24	08:10
79	2103	João Faria	É para acabar	Senior Masculino	02:56:53	+01:15:49	08:25
80	2432	Leandro Teixeira	Nós Acreditamos	Senior Masculino	02:58:43	+01:17:39	08:31
81	2473	Jorge Pereira	Profisio Team	Senior Masculino	03:00:17	+01:19:13	08:35
82	2065	Pedro Oliveira	Cerveira Team Running/Clube Celtas do Minho	Senior Masculino	03:00:42	+01:19:38	08:36
83	2003	Ricardo Araujo	A.D.Calca Folhas	Senior Masculino	03:00:47	+01:19:43	08:37
84	2204	Hugo Daniel Rodrigues Rego da Silva	Individual	Senior Masculino	03:03:03	+01:21:59	08:43
85	2143	Carlos Ferreira	Geadas running	Senior Masculino	03:04:42	+01:23:38	08:48
86	2195	Daniel Leal	Individual	Senior Masculino	03:04:44	+01:23:41	08:48
87	2101	Elton Gonçalves	Dr. Merino/4moove	Senior Masculino	03:05:20	+01:24:16	08:50
88	2469	Miguel Sabroso	Pinguins BSHC	Senior Masculino	03:06:12	+01:25:08	08:52
89	2038	Daniel Barbosa	BTT Alegria // TUBANI	Senior Masculino	03:07:44	+01:26:40	08:56
90	2406	André Vasconcelos	Amigos para correr	Senior Masculino	03:08:46	+01:27:43	08:59
91	2196	Daniel Soares	Individual	Senior Masculino	03:09:33	+01:28:29	09:02
92	2467	Joao Antonio Maganinho da Costa Marques	Pinguins BSHC	Senior Masculino	03:09:58	+01:28:54	09:03
93	2509	Bruno Manuel Oliveira Paiva	Team33	Senior Masculino	03:10:06	+01:29:02	09:03
94	2193	Cristiano Gomes	Individual	Senior Masculino	03:11:46	+01:30:42	09:08
95	2237	Ricardo Dias	Individual	Senior Masculino	03:12:26	+01:31:22	09:10
96	2009	Pedro Rocha	ADE Trail Running	Senior Masculino	03:13:26	+01:32:22	09:13
97	2201	Gabriel Silva	Individual	Senior Masculino	03:13:41	+01:32:37	09:13
98	2188	Bruno Dias	Individual	Senior Masculino	03:16:59	+01:35:55	09:23
99	2100	Hugo Rodrigues	DON'T STOP ME NOW !	Senior Masculino	03:17:33	+01:36:30	09:24
100	2507	Tiago Dias	TEAM LANTEMIL	Senior Masculino	03:18:43	+01:37:40	09:28
101	2233	Pedro Daniel Pinheiro Patrício	Individual	Senior Masculino	03:19:14	+01:38:10	09:29
102	2460	Pedro Marques	Pedro	Senior Masculino	03:19:36	+01:38:33	09:30
103	2407	Pedro Anjos	Monte dos Amigos/Juventude Ribeiras	Senior Masculino	03:19:59	+01:38:55	09:31
104	2020	Filipe Bessa	Associação Desportiva da Efacec	Senior Masculino	03:20:10	+01:39:06	09:32
105	2386	Ricardo freitas	LION RUNNERS - G.D. Leões da Guarda	Senior Masculino	03:20:11	+01:39:07	09:32
106	2021	Hélder Oliveira	Associação Desportiva da Efacec	Senior Masculino	03:20:45	+01:39:42	09:34
107	2063	Luís Cruz	Cerveira Team Running/Clube Celtas do Minho	Senior Masculino	03:23:02	+01:41:58	09:40
108	2506	Fernando Pereira	Team Covas	Senior Masculino	03:23:19	+01:42:15	09:41
109	2142	Bruno Carvalho	Geadas running	Senior Masculino	03:23:37	+01:42:33	09:42

Trail Longo 21K

21 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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110	2209	João Rafael Pereira Costa Bastos	Individual	Senior Masculino	03:24:16	+01:43:12	09:44
111	2190	Carlos Fernandes	Individual	Senior Masculino	03:25:29	+01:44:25	09:47
112	2157	Flávio Ortins	GTT - Armazém do Caffê	Senior Masculino	03:27:31	+01:46:27	09:53
113	2216	Leandro Rainha	Individual	Senior Masculino	03:28:32	+01:47:28	09:56
114	2244	Vitor Santos	Individual	Senior Masculino	03:30:00	+01:48:56	10:00
115	2235	Pedro Queiros	Individual	Senior Masculino	03:32:28	+01:51:24	10:07
116	2535	Joaquim Miranda	VIDAATIVARUNNERS	Senior Masculino	03:33:14	+01:52:10	10:09
117	2061	João Duro	Cerveira Team Running/Clube Celtas do Minho	Senior Masculino	03:33:14	+01:52:11	10:09
118	2059	David Blanco	Cerveira Team Running/Clube Celtas do Minho	Senior Masculino	03:34:05	+01:53:01	10:12
119	2005	Alvaro Vale	ADE Trail Running	Senior Masculino	03:37:58	+01:56:54	10:23
120	2037	Carlos Vieira	BTT Alegria // TUBANI	Senior Masculino	03:39:59	+01:58:55	10:29
121	2034	Miguel Angelo Araujo Silva	Brabus Runners	Senior Masculino	03:42:03	+02:00:59	10:34
122	2492	Rui Carvalho	SS MONTEPIO	Senior Masculino	03:42:43	+02:01:39	10:36
123	2513	Bruno Pinheiro	Trail Team Montaria	Senior Masculino	03:43:05	+02:02:01	10:37
124	2202	HELDER VIEIRA	Individual	Senior Masculino	03:44:09	+02:03:05	10:40
125	2477	EMANUEL MAGALHÃES	PUZZLE - CENTRO DE EXPLICAÇÕES	Senior Masculino	03:49:29	+02:08:25	10:56
126	2427	Eduardo Madeira	Nomad	Senior Masculino	03:49:32	+02:08:28	10:56
127	2429	Tiago Costa	Nomad	Senior Masculino	03:49:34	+02:08:30	10:56
128	2428	Luís Campos	Nomad	Senior Masculino	03:49:36	+02:08:32	10:56
129	2127	Bruno Cunha	Francisco Pinto Carpintaria&Mobiliário	Senior Masculino	03:55:10	+02:14:06	11:12
130	2128	Hugo Pinto	Francisco Pinto Carpintaria&Mobiliário	Senior Masculino	03:55:25	+02:14:21	11:13
131	2466	António Almeida	Pinguins BSHC	Senior Masculino	03:57:09	+02:16:05	11:18
132	2468	João Pedro Ribeiro Gomes	Pinguins BSHC	Senior Masculino	03:57:09	+02:16:06	11:18
133	2384	Ricardo Ribeiro	Kapi	Senior Masculino	03:58:30	+02:17:26	11:21
134	2218	Luís Guimarães	Individual	Senior Masculino	03:59:02	+02:17:58	11:23
135	2383	Nuno Cardoso	Kapi	Senior Masculino	03:59:02	+02:17:58	11:23
136	2392	Simão Rocha	Lusitanos	Senior Masculino	03:59:22	+02:18:18	11:24
137	2089	Bruno Rodrigues	CLUBE NOVO BANCO	Senior Masculino	04:09:17	+02:28:13	11:52
138	2470	Octavio Cunha	Pinguins BSHC	Senior Masculino	04:22:44	+02:41:40	12:31

Sub 23 Feminino

1	2245	Cristiana Correia	Individual	Sub 23 Feminino	02:53:16	+01:12:12	08:15
2	2246	Juliana Domingues	Individual	Sub 23 Feminino	03:07:22	+01:26:18	08:55
3	2471	Ana Rita Fonseca	Pinguins BSHC	Sub 23 Feminino	03:25:24	+01:44:20	09:47

Sub 23 Masculino

1	2046	Tomás Estevães	CA Barreira	Sub 23 Masculino	02:13:30	+32:26	06:21
2	2011	Rui Araújo	ÁGUIAS DE ALVELOS	Sub 23 Masculino	02:17:02	+35:58	06:32
3	2247	António Manso	Individual	Sub 23 Masculino	02:18:16	+37:12	06:35
4	2454	José Luís Maciel	Padela Natural Team - FisioFreixo	Sub 23 Masculino	02:32:41	+51:37	07:16

Trail Longo 21K

21 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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33	2068	elisabete oliveira	Cerveira Team Running/Clube Celtas do Minho	Veterana F40	04:03:31	+02:22:27	11:36
34	2039	Isabel Lima	BUDEGUITA RUNNERS	Veterana F40	04:12:13	+02:31:09	12:01
35	2040	Minna Sillankorva	BUDEGUITA RUNNERS	Veterana F40	04:12:13	+02:31:09	12:01
36	2482	Marta Loureiro	SANTIAGOBIKES	Veterana F40	04:39:22	+02:58:18	13:18
37	3183	Rosa Afonso	Gondarãfrente	Veterana F40	05:09:59	+03:28:55	14:46

Veterana F45

1	2415	Mira Matias	Nice Runners	Veterana F45	02:44:52	+01:03:48	07:51
2	2072	Isabel Cunha	Cerveira Team Running/Clube Celtas do Minho	Veterana F45	02:48:32	+01:07:28	08:02
3	2273	Justina Almeida Ferreira	Individual	Veterana F45	03:04:26	+01:23:22	08:47
4	2269	Dulce Almeida	Individual	Veterana F45	03:04:42	+01:23:38	08:48
5	2001	Alice Sousa	Dr. Merino/4moove	Veterana F45	03:06:10	+01:25:06	08:52
6	2527	Carmo Veiga	Viana Running	Veterana F45	03:07:09	+01:26:06	08:55
7	2266	Catarina Teixeira	Individual	Veterana F45	03:10:05	+01:29:02	09:03
8	2272	Gonçalves Marlène	Individual	Veterana F45	03:13:36	+01:32:32	09:13
9	2421	Salette Silva	NOCTURNOS DE PAREDES	Veterana F45	03:14:30	+01:33:26	09:16
10	2435	Maria Alice Ferreira Valente Santos	Núcleo de Montanha de Espinho	Veterana F45	03:23:02	+01:41:58	09:40
11	2446	Susana Bértolo	Os tolinhos	Veterana F45	03:25:21	+01:44:17	09:47
12	2372	Anabela dos Santos Marques	Juventude Cortegacense	Veterana F45	03:29:03	+01:47:59	09:57
13	2045	Otilia Maria Leal	C.A.S.P.A. - Clube Amador Só Para Atletismo	Veterana F45	03:29:13	+01:48:09	09:58
14	2276	MARTA FONSECA	Individual	Veterana F45	03:32:49	+01:51:45	10:08
15	2268	Deolinda Brites Antunes	Individual	Veterana F45	03:34:06	+01:53:02	10:12
16	2420	Fernanda Leão	NOCTURNOS DE PAREDES	Veterana F45	03:37:27	+01:56:23	10:21
17	2436	Elisabete Pereira	OLIMPICO VIANENSE TRAIL	Veterana F45	03:39:38	+01:58:34	10:28
18	2275	Maria Alice Silva Sá	Individual	Veterana F45	03:42:48	+02:01:44	10:37
19	2271	Estefânia Matias	Individual	Veterana F45	03:43:23	+02:02:19	10:38
20	2267	cristina maria silveira azurara	Individual	Veterana F45	03:50:22	+02:09:18	10:58
21	2031	Isabel Vidinha	Borinhas	Veterana F45	03:51:42	+02:10:38	11:02
22	2084	ANABELA AMARAL DA CUNHA	Clube Millennium BCP	Veterana F45	03:55:03	+02:13:59	11:12
23	2387	Dina Goncalves	LION RUNNERS - G.D. Leões da Guarda	Veterana F45	03:55:20	+02:14:17	11:12
24	2395	Ivete Rodrigues Gonçalves Alves	Melgaço Alvarinho Trail	Veterana F45	04:00:14	+02:19:10	11:26
25	2047	Susana Paula Leal gabirro Vieira Fernandes	Caminhososte	Veterana F45	04:00:23	+02:19:19	11:27
26	2437	Isabel Gonçalves	OLIMPICO VIANENSE TRAIL	Veterana F45	04:06:37	+02:25:33	11:45
27	2222	Cristina Sousa	Individual	Veterana F45	04:12:49	+02:31:45	12:02
28	2409	Helena Pacheco	Monte dos Amigos/Juventude Ribeiras	Veterana F45	04:13:22	+02:32:19	12:04
29	2270	Elisabete Melo	Individual	Veterana F45	04:32:30	+02:51:26	12:59

Veterana F50

1	2073	Maria Gonçalves	Cerveira Team Running/Clube Celtas do Minho	Veterana F50	02:32:49	+51:45	07:17
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Official Timekeeper: Lap2Go	7 / 12	generate 24-set-2017 16:38
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Trail Longo 21K**21 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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29	2508	Luís Vale	TEAM LANTEMIL	Veterano M40	02:43:58	+01:02:54	07:48
30	2023	Miguel Barbosa	Associação Desportiva da Efaced	Veterano M40	02:44:51	+01:03:47	07:51
31	2033	Carlos Leitão	BOSSRUNNERS TEAM	Veterano M40	02:45:28	+01:04:25	07:53
32	2512	jose luis panteon campos	TRAIL RUNNING NIGRAN	Veterano M40	02:45:41	+01:04:37	07:53
33	2297	Jorge Anjos	Individual	Veterano M40	02:46:56	+01:05:52	07:57
34	2287	Francisco Alves	Individual	Veterano M40	02:47:35	+01:06:31	07:59
35	2281	António Augusto Alves Meireles	Individual	Veterano M40	02:47:42	+01:06:39	07:59
36	2493	José Lemos	SS MONTEPIO	Veterano M40	02:49:28	+01:08:24	08:04
37	2366	Hélder Fernandes da Rocha	Juventude Cortegacense	Veterano M40	02:50:13	+01:09:09	08:06
38	2491	José Pedro Novais de Carvalho Dias Teixeira	SS Box	Veterano M40	02:50:22	+01:09:18	08:07
39	2424	José Luís Pinto	NOCTURNOS DE PAREDES	Veterano M40	02:51:37	+01:10:33	08:10
40	2075	Rui Dias	Cerveira Team Running/Clube Celtas do Minho	Veterano M40	02:52:53	+01:11:50	08:14
41	2302	Miguel Ângelo Brito Faria	Individual	Veterano M40	02:53:04	+01:12:00	08:14
42	2299	José Duarte	Individual	Veterano M40	02:53:15	+01:12:11	08:15
43	2294	Joao Paulo Lopes Barbosa	Individual	Veterano M40	02:55:09	+01:14:05	08:20
44	2304	Nuno Miguel da Costa Santos	Individual	Veterano M40	02:55:41	+01:14:37	08:22
45	2098	Juan Manuel Pujales	COUTADAS TRAIL TEAM	Veterano M40	02:56:52	+01:15:48	08:25
46	2076	Vítor Araújo	Cerveira Team Running/Clube Celtas do Minho	Veterano M40	02:56:57	+01:15:53	08:26
47	2153	Daniel Almeida	Grande Tralho	Veterano M40	02:56:58	+01:15:55	08:26
48	2449	Luís Lima	ozxtreme/RDA	Veterano M40	02:57:05	+01:16:01	08:26
49	2516	Eriberto Matos	Trail Team Montaria	Veterano M40	03:01:01	+01:19:57	08:37
50	2300	MÁRIO DUARTE PEREIRA	Individual	Veterano M40	03:02:06	+01:21:02	08:40
51	2124	Pedro Marques	Factor X / S4L / MedenseFC	Veterano M40	03:02:14	+01:21:10	08:41
52	2025	Pedro Bogas Gonçalves	B Life OutDoor Team	Veterano M40	03:02:43	+01:21:39	08:42
53	2485	Carlos Tavares	SCALABIS NIGHT RUNNERS	Veterano M40	03:04:44	+01:23:41	08:48
54	2134	Filipe Reis Pinheiro	Fridão Sem Limites	Veterano M40	03:06:40	+01:25:36	08:53
55	2308	Paulo Ferreira Gouveia	Individual	Veterano M40	03:07:01	+01:25:57	08:54
56	2282	Armando vieira	Individual	Veterano M40	03:07:01	+01:25:57	08:54
57	1467	Nuno Teixeira	PORTOCARGO	Veterano M40	03:07:20	+01:26:16	08:55
58	2041	Nuno Rodrigues	BUDEGUITA RUNNERS	Veterano M40	03:08:05	+01:27:01	08:57
59	2283	Benigno Azevedo	Individual	Veterano M40	03:08:54	+01:27:50	09:00
60	2529	Sergio Iglesias	Viana Running	Veterano M40	03:09:28	+01:28:24	09:01
61	2042	Tiago P. Almeida	BUDEGUITA RUNNERS	Veterano M40	03:11:13	+01:30:09	09:06
62	2314	Ricardo Cerqueira	Individual	Veterano M40	03:11:49	+01:30:45	09:08
63	2317	Tiago Andrade	Individual	Veterano M40	03:12:19	+01:31:15	09:09
64	2417	Daniel Pereira	NOCTURNOS DE PAREDES	Veterano M40	03:14:30	+01:33:26	09:16
65	2125	Ricardo A. Silva Sousa	FIT GAIA TRAIL	Veterano M40	03:14:54	+01:33:50	09:17
66	2385	Helder Gomes	KeMedo Team	Veterano M40	03:19:36	+01:38:32	09:30
67	2290	Helder Silva	Individual	Veterano M40	03:19:55	+01:38:51	09:31
68	2286	David Martins	Individual	Veterano M40	03:27:47	+01:46:43	09:54
69	2094	Victor Rodrigues	Clube Zupper	Veterano M40	03:32:23	+01:51:19	10:07
70	2303	Nelson pedro de Castro e santos	Individual	Veterano M40	03:33:34	+01:52:30	10:10
71	2093	Carlos Freixo	Clube Zupper	Veterano M40	03:38:01	+01:56:57	10:23
72	2090	Paulo Ribeiro	CLUBE NOVO BANCO	Veterano M40	03:40:50	+01:59:46	10:31

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Trail Longo 21K

21 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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73	2494	Ricardo Silva	SS MONTEPIO	Veterano M40	03:42:43	+02:01:39	10:36
74	2096	Rui Oliveira	ComDor Runners	Veterano M40	03:43:30	+02:02:26	10:39
75	2312	Pedro Goncalves	Individual	Veterano M40	03:49:36	+02:08:32	10:56
76	2291	henrique teixeira	Individual	Veterano M40	04:39:24	+02:58:20	13:18

Veterano M45

1	2402	LUÍS MAGALHÃES	Minho e Lima Trail	Veterano M45	01:56:59	+15:55	05:34
2	2343	Philippe Domingues	Individual	Veterano M45	01:57:56	+16:52	05:37
3	2044	PAULO LAGOA	BUDEGUITA RUNNERS	Veterano M45	02:03:27	+22:23	05:53
4	2401	JOSÉ CARLOS COSTA	Minho e Lima Trail	Veterano M45	02:05:22	+24:19	05:58
5	2554	Luis Silva	Individual	Veterano M45	02:11:24	+30:20	06:15
6	2393	Adriano Oliveira	Lusitanos	Veterano M45	02:17:20	+36:16	06:32
7	2333	Jose guimaraes	Individual	Veterano M45	02:17:57	+36:53	06:34
8	2375	Ernesto Marques Alves	Juventude Cortegacense	Veterano M45	02:21:48	+40:44	06:45
9	2321	Antonio Francisco Dantas Barbosa	Individual	Veterano M45	02:23:20	+42:16	06:50
10	2456	Marco Dias	Padela Natural Team - FisioFreixo	Veterano M45	02:25:03	+43:59	06:54
11	2161	Hélio David Silva	GTT - Armazém do Caffè	Veterano M45	02:25:04	+44:00	06:54
12	2459	Domingos Peixoto	Palmeira Runners	Veterano M45	02:26:32	+45:28	06:59
13	2339	Miguel Marques	Individual	Veterano M45	02:26:44	+45:41	06:59
14	2326	Dario Coelho	Individual	Veterano M45	02:28:00	+46:56	07:03
15	2439	Vitor vaz	OLIMPICO VIANENSE TRAIL	Veterano M45	02:32:26	+51:22	07:16
16	2389	fausto teixeira	Lobos Do Monte	Veterano M45	02:32:49	+51:45	07:17
17	2438	Paulo Francisco	OLIMPICO VIANENSE TRAIL	Veterano M45	02:36:02	+54:58	07:26
18	2077	José Godinho	Cerveira Team Running/Clube Celtas do Minho	Veterano M45	02:36:25	+55:22	07:27
19	2086	MANUEL DIOGENES CUNHA BARROS	Clube Millennium BCP	Veterano M45	02:39:03	+58:00	07:34
20	2107	Domingos manuel marques dias	Ecobarcaventura	Veterano M45	02:42:32	+01:01:28	07:44
21	2376	Julio Paulo Silva	Juventude Cortegacense	Veterano M45	02:44:03	+01:02:59	07:49
22	2043	Helder Sousa	BUDEGUITA RUNNERS	Veterano M45	02:45:08	+01:04:04	07:52
23	2329	GORKA CARRO	Individual	Veterano M45	02:47:44	+01:06:40	07:59
24	2338	Manuel Antonio e Sa da Graça	Individual	Veterano M45	02:48:42	+01:07:38	08:02
25	2495	Francisco Moreira	SS MONTEPIO	Veterano M45	02:48:43	+01:07:39	08:02
26	2130	Rui Jorge Freitas	Freitas	Veterano M45	02:50:57	+01:09:53	08:08
27	2327	Eduardo Nascimento	Individual	Veterano M45	02:54:29	+01:13:25	08:19
28	2053	Henrique Matos	CENTRO CICLISTA DE GONDOMAR	Veterano M45	02:54:33	+01:13:29	08:19
29	2448	Nelson Rodrigues	Os tolinhos	Veterano M45	03:00:41	+01:19:37	08:36
30	2322	Armando Fontão	Individual	Veterano M45	03:01:08	+01:20:04	08:38
31	2345	SEBASTIÃO PEREIRA	Individual	Veterano M45	03:02:08	+01:21:04	08:40
32	2496	Rui Freitas	SS MONTEPIO	Veterano M45	03:02:09	+01:21:05	08:40
33	2309	Paulo Hernani Moreira	Individual	Veterano M45	03:02:55	+01:21:51	08:43
34	2342	Paulo Pinto	Individual	Veterano M45	03:07:36	+01:26:33	08:56
35	3362	Paulo Alexandre Carneiro	Individual	Veterano M45	03:09:05	+01:28:01	09:00
36	2502	Luís Silva	Tálenos Team	Veterano M45	03:09:55	+01:28:51	09:03
37	2332	João Ribeiro	Individual	Veterano M45	03:13:23	+01:32:20	09:13

Trail Longo 21K

21 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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38	2026	Fernando Ferreira Vilarinho	BARCELOS RUNNERS	Veterano M45	03:13:31	+01:32:27	09:13
39	2027	Rui Santos	BlackBulls Cycling Team	Veterano M45	03:13:32	+01:32:28	09:13
40	2324	Carsten Weymann	Individual	Veterano M45	03:14:31	+01:33:27	09:16
41	2323	carlos figueiredo	Individual	Veterano M45	03:17:57	+01:36:53	09:26
42	2016	VÍTOR FOLGADO	ARCORUN	Veterano M45	03:18:00	+01:36:57	09:26
43	2433	Armando Cardoso	Nós Acreditamos	Veterano M45	03:19:21	+01:38:17	09:30
44	2015	JORGE LEITE	ARCORUN	Veterano M45	03:19:57	+01:38:53	09:31
45	2081	Dirk Meyer	Cityrunning.ch	Veterano M45	03:21:32	+01:40:29	09:36
46	2530	Eduardo Pereira	Viana Running	Veterano M45	03:23:23	+01:42:19	09:41
47	2155	Paulo FERreira	Grupo 46	Veterano M45	03:26:37	+01:45:33	09:50
48	2472	PAULO FERREIRA	PORTOCARGO	Veterano M45	03:29:47	+01:48:43	09:59
49	2447	Carlos Novo	Os tolinhos	Veterano M45	03:33:16	+01:52:12	10:09
50	2344	Rui Madeira	Individual	Veterano M45	03:33:23	+01:52:19	10:10
51	2501	Hélder Manuel Constantino	Tálentos Team	Veterano M45	03:39:09	+01:58:05	10:26
52	2289	francisco Rua	Individual	Veterano M45	03:41:58	+02:00:54	10:34
53	2319	vit0r perfeito pereira souza	Individual	Veterano M45	03:54:24	+02:13:20	11:10
54	2405	Miguel Beirão	LION RUNNERS - G.D. Leões da Guarda	Veterano M45	03:55:21	+02:14:17	11:12
55	2320	Álvaro Cairrão	Individual	Veterano M45	03:59:02	+02:17:58	11:23
56	2341	PAULO FREITAS JORGE	Individual	Veterano M45	03:59:06	+02:18:02	11:23
57	2048	Luís Miguel Custódio Pereira Neves	Caminhosoeste	Veterano M45	04:00:24	+02:19:21	11:27
58	2328	emanuel pinto pereira vale	Individual	Veterano M45	04:04:53	+02:23:49	11:40
59	2336	Luís Monteiro	Individual	Veterano M45	04:07:16	+02:26:13	11:46
60	2148	Rodrigo Ferraz	GENEROSOS RUNNERS	Veterano M45	04:13:01	+02:31:58	12:03
61	2091	Augusto Lopes	CLUBE NOVO BANCO	Veterano M45	04:20:12	+02:39:08	12:23

Veterano M50

1	2425	Carlos Vinhas	NOCTURNOS DE PAREDES	Veterano M50	02:12:55	+31:51	06:20
2	2351	henrique borges	Individual	Veterano M50	02:37:25	+56:21	07:30
3	2440	Fernando Alves	OLIMPICO VIANENSE TRAIL	Veterano M50	02:37:48	+56:44	07:31
4	2350	Gustavo Anjos	Individual	Veterano M50	02:39:27	+58:24	07:36
5	2354	Nuno Rodrigues	Individual	Veterano M50	02:47:28	+01:06:24	07:58
6	2078	Antonino Gonçalves	Cerveira Team Running/Clube Celtas do Minho	Veterano M50	02:48:32	+01:07:28	08:02
7	2162	José Manuel Braga Ferreira	GTT - Armazém do Caffè	Veterano M50	02:54:35	+01:13:31	08:19
8	2497	Fernando Carvalho	SS MONTEPIO	Veterano M50	02:54:37	+01:13:33	08:19
9	2334	Lieven Verraest	Individual	Veterano M50	02:55:28	+01:14:24	08:21
10	2051	João Manuel dos Santos Silva	Carapaus	Veterano M50	03:00:23	+01:19:19	08:35
11	2532	Jose Lira	Viana Running	Veterano M50	03:04:37	+01:23:33	08:47
12	2352	João António Miranda dos Santos	Individual	Veterano M50	03:10:52	+01:29:48	09:05
13	2462	Paulo Ferreira	Pimpões Trail Team	Veterano M50	03:12:41	+01:31:37	09:11
14	2394	Fernando Manuel Bastos Rodrigues	Lusitanos	Veterano M50	03:13:23	+01:32:19	09:13
15	2396	Nuno Albuquerque	MINHO AVENTURA	Veterano M50	03:16:31	+01:35:27	09:21
16	2111	Valentim Castro da Guia	EDV-VIANA TRAIL	Veterano M50	03:22:03	+01:40:59	09:37
17	2087	ARTUR CARLOS MOREIRA SILVA	Clube Millennium BCP	Veterano M50	03:27:43	+01:46:39	09:53
18	2552	Manuel Machado	Individual	Veterano M50	03:32:36	+01:51:33	10:07

Trail Longo 21K

21 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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19	2347	Américo José Coutinho Machado	Individual	Veterano M50	03:32:36	+01:51:33	10:07
20	2036	vitlor coutinho	Brabus Runners	Veterano M50	03:42:04	+02:01:00	10:34
21	2353	Jose Augusto Baptista Pinto	Individual	Veterano M50	03:42:56	+02:01:52	10:37
22	2434	Álvaro Cardoso	Nós Acreditamos	Veterano M50	03:44:45	+02:03:42	10:42
23	2349	Fernando Carvalho Marques	Individual	Veterano M50	03:51:45	+02:10:41	11:02
24	2129	Francisco Pinto	Francisco Pinto Carpintaria&Mobiliário	Veterano M50	03:55:25	+02:14:21	11:13
25	2522	Paulo Dias	U.F. Comércio e Indústria Atletismo	Veterano M50	03:58:26	+02:17:22	11:21
26	2355	Walter Palma	Individual	Veterano M50	04:11:05	+02:30:01	11:57
27	2503	João Carlos Martins Valente Vitória	Tálenos Team	Veterano M50	04:32:28	+02:51:24	12:58

Veterano M55

1	2079	Carlos Fernandes	Cerveira Team Running/Clube Celtas do Minho	Veterano M55	02:31:16	+50:12	07:12
2	2551	Luis Matos	Individual	Veterano M55	02:45:10	+01:04:06	07:52
3	2359	MANUEL PINTO	Individual	Veterano M55	02:45:23	+01:04:19	07:53
4	1405	ÁLVARO ARAÚJO	Minho e Lima Trail	Veterano M55	02:45:51	+01:04:47	07:54
5	2080	Luis Araújo	Cerveira Team Running/Clube Celtas do Minho	Veterano M55	02:54:40	+01:13:36	08:19
6	2378	Domingos Fernando Oliveira Camboa	Juventude Cortegacense	Veterano M55	03:13:11	+01:32:07	09:12
7	2377	Augusto Silva	Juventude Cortegacense	Veterano M55	03:23:36	+01:42:33	09:42
8	2088	LEONEL ABILIO RIBEIRO POCAS	Clube Millennium BCP	Veterano M55	03:27:46	+01:46:42	09:54
9	2356	Alfredo Jorge Oliveira	Individual	Veterano M55	03:32:37	+01:51:33	10:07
10	2426	António Carvalho	NOCTURNOS DE PAREDES	Veterano M55	03:36:06	+01:55:02	10:17
11	2013	João Cruz	ARCA BarceloS runners	Veterano M55	03:37:57	+01:56:53	10:23
12	2441	Jaime Pereira	OLIMPICO VIANENSE TRAIL	Veterano M55	03:39:38	+01:58:34	10:28
13	2126	RUI SÁ	FIT GAIA TRAIL	Veterano M55	03:48:26	+02:07:22	10:53
14	2357	Carlos almeida	Individual	Veterano M55	04:36:42	+02:55:39	13:11

Veterano M60

1	2380	Agostinho da Silva Neves	JUVENTUDE DESPORTIVA DE GONDOMAR	Veterano M60	02:24:47	+43:43	06:54
2	2363	Fernando Lopes Monteiro	Individual	Veterano M60	03:45:23	+02:04:19	10:44
3	2361	António Rodrigues Antunes	Individual	Veterano M60	04:03:29	+02:22:25	11:36

TRAIL CURTO 14K - STAGE 1

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	10:00	-99°C	-99%
End	14:18	16,5°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	2118	Wilson Gabriel Cardoso Cabral	emicela team cabo verde	Senior Masculino	01:02:12		04:27
2	3118	Pedro Filipe Ramos Pontes	clube desportivo da póvoa	Senior Masculino	01:14:49	+12:36	05:21
3	3163	Bruno Santiago	gaia trail	Senior Masculino	01:15:20	+13:07	05:23
4	3036	Fernando Neves	amigos do pedal trail de lagares	Veterano M50	01:16:01	+13:48	05:26
5	3135	Isaias Pinto Tavares	emicela team cabo verde	Sub 23 Masculino	01:16:46	+14:33	05:29
6	3331	Abilio Martins Almeida	individual	Veterano M40	01:17:19	+15:07	05:31
7	3035	José Leitão	alexandra carvalho team	Veterano M45	01:18:36	+16:23	05:37
8	3286	Tiago Marinho Freitas Subtil	individual	Senior Masculino	01:18:58	+16:46	05:38
9	3019	Carlos Nuno Araújo Martins	airorun	Senior Masculino	01:19:13	+17:01	05:40
10	3543	Valter Pereira	minho e lima trail	Senior Masculino	01:19:16	+17:04	05:40
11	3020	Luis Freitas	airorun	Senior Masculino	01:19:20	+17:07	05:40
12	3544	Adriano Morais	individual	Senior Masculino	01:19:32	+17:20	05:41
13	3161	Paulo Teixeira de Sousa	fridão sem limites	Veterano M45	01:19:54	+17:41	05:42
14	3396	MARCO PAULO FERNANDES	minho e lima trail	Senior Masculino	01:20:45	+18:32	05:46
15	3156	paulo monteiro	fridão sem limites	Senior Masculino	01:21:24	+19:11	05:49
16	3026	rui pinho	akuafit	Senior Masculino	01:21:38	+19:25	05:50
17	3155	Bruno Daniel Mendes Azevedo	fridão sem limites	Senior Masculino	01:22:00	+19:47	05:51
18	3426	Sérgio Vale	nocturnos de paredes	Senior Masculino	01:23:07	+20:54	05:56
19	3071	Tony Mendes	btt alegria // tubani	Veterano M40	01:23:09	+20:56	05:56
20	2113	Edena Lidia Coelho Lima	emicela team cabo verde	Senior Feminino	01:23:14	+21:01	05:57
21	3445	Ângelo Martins	olimpico vianense trail	Senior Masculino	01:24:28	+22:16	06:02
22	3157	João Pedro Silva Machado	fridão sem limites	Sub 23 Masculino	01:24:50	+22:37	06:04
23	3096	Renato Martins	cerveira team running/clube celtas do minho	Senior Masculino	01:25:17	+23:04	06:05
24	2399	Rafael Pereira	minho e lima trail	Senior Masculino	01:26:37	+24:24	06:11
25	3450	Cesar goncalves	olimpico vianense trail	Veterano M40	01:26:46	+24:33	06:12
26	3448	GONÇALO FREITAS	olimpico vianense trail	Sub 23 Masculino	01:26:46	+24:33	06:12
27	3521	jesus carlos alvarez ballesteros	xl&s trail	Veterano M50	01:27:12	+24:59	06:14
28	3025	casimiro araujo	airorun	Veterano M50	01:27:29	+25:17	06:15
29	3023	Jose pereira	airorun	Veterano M45	01:27:32	+25:19	06:15
30	3447	Leonel Couto	olimpico vianense trail	Senior Masculino	01:27:35	+25:23	06:15
31	3446	Bruno Amorim	olimpico vianense trail	Senior Masculino	01:27:36	+25:23	06:15
32	3162	Hortense TENDA	gaia trail	Senior Feminino	01:28:19	+26:06	06:18
33	3490	Luis Rafael Lima Coutinho	team workout 48/cam	Senior Masculino	01:28:45	+26:32	06:20
34	3164	José Morais	gaia trail	Veterano M50	01:29:09	+26:56	06:22
35	3520	Nuno Miguel Morais Freitas	xl&s trail	Senior Masculino	01:29:10	+26:57	06:22
36	3536	Manuel de Sá Barros	individual	Veterano M45	01:30:10	+27:57	06:26
37	3332	ADELINO ALVES AIRES	individual	Veterano M40	01:30:29	+28:17	06:28
38	1494	Marisa Valério Rodrigues	sport clube beira-mar	Senior Feminino	01:30:39	+28:27	06:29
39	3397	ANTÓNIO LIMA AMORIM	minho e lima trail	Veterano M50	01:30:52	+28:39	06:29
40	2112	Samuel Amorim	ei team trail	Senior Masculino	01:31:35	+29:22	06:33
41	3357	José Alberto Monteiro Pires Trigo	individual	Veterano M45	01:32:33	+30:21	06:37

TRAIL CURTO 14K - STAGE 1

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	3342	João Orlando Coelho Pereira	individual	Veterano M40	01:32:40	+30:27	06:37
43	3193	António Filipe Martins Costa	gtt - armazém do caffè	Senior Masculino	01:33:23	+31:10	06:40
44	3395	JOSÉ ÁLVARO AMORIM	minho e lima trail	Senior Masculino	01:34:07	+31:55	06:43
45	3151	Andreia Ribeiro Almeida	fridão sem limites	Senior Feminino	01:34:10	+31:57	06:44
46	3392	LAURA ARAÚJO DA COSTA	minho e lima trail	Senior Feminino	01:35:59	+33:46	06:51
47	3344	Manuel Joaquim da Silva Baptista Vale	individual	Veterano M40	01:36:06	+33:54	06:52
48	3369	Paulo Dias	individual	Veterano M50	01:36:34	+34:22	06:54
49	3527	Alípio Gonçalves	individual	Senior Masculino	01:37:02	+34:50	06:56
50	3196	MARCELO TELES	gtt - armazém do caffè	Senior Masculino	01:38:37	+36:24	07:03
51	3194	João Renato Pereira	gtt - armazém do caffè	Senior Masculino	01:38:37	+36:25	07:03
52	3160	Manuel José Mendes Teixeira	fridão sem limites	Veterano M40	01:38:56	+36:43	07:04
53	3191	Fátima Oliveira	gtt - armazém do caffè	Senior Feminino	01:39:15	+37:02	07:05
54	3034	Adosinda Maciel	alexandra carvalho team	Veterana F55	01:39:34	+37:22	07:07
55	3108	José Gomes	cerveira team running/clube celtas do minho	Veterano M50	01:39:53	+37:40	07:08
56	3334	Antonio Manuel Abreu Coelho	individual	Veterano M40	01:39:56	+37:43	07:08
57	3039	Vitor Silva	arca barcelos runners	Senior Masculino	01:40:46	+38:33	07:12
58	3451	Raul Curva	olimpico vianense trail	Veterano M40	01:41:16	+39:03	07:14
59	3130	MIGUEL NETO	ei team trail	Senior Masculino	01:41:17	+39:04	07:14
60	3259	Fernando Henrique Trancoso Temporão Temporão	individual	Senior Masculino	01:41:45	+39:32	07:16
61	3059	Carlos Cunha	bragaxplora	Veterano M40	01:42:51	+40:39	07:21
62	3165	Bruno Fernandes	gaz(n)elas	Senior Masculino	01:42:52	+40:39	07:21
63	3251	Alfonso José Riveiro Cabaleiro	individual	Senior Masculino	01:42:54	+40:41	07:21
64	3169	Macaël Gonçalves	gaz(n)elas	Senior Masculino	01:43:31	+41:18	07:24
65	3281	Pedro Filipe Branco Marques Abreu	individual	Senior Masculino	01:43:53	+41:41	07:25
66	3535	Jorge Vieira Lobo	individual	Veterano M60	01:44:35	+42:22	07:28
67	3255	David Fernando Braga Dias	individual	Senior Masculino	01:44:42	+42:29	07:29
68	3024	Luis mota	airorun	Veterano M45	01:46:11	+43:58	07:35
69	3265	Gustavo Vaz Cacho	individual	Senior Masculino	01:46:44	+44:31	07:37
70	3285	Sérgio Ferreira	individual	Senior Masculino	01:46:48	+44:35	07:38
71	3009	João Paulo Regal de Sousa	academia kickboxing boavista fc	Senior Masculino	01:47:06	+44:53	07:39
72	3049	JORGE SANTOS	arcorun	Veterano M45	01:47:34	+45:21	07:41
73	3425	Daniel Silva	nocturnos de paredes	Senior Masculino	01:47:44	+45:31	07:42
74	3266	Helder Teles	individual	Senior Masculino	01:48:02	+45:50	07:43
75	3124	Sara Vilarinho Pereira	ecobarcaventura	Senior Feminino	01:48:09	+45:56	07:43
76	3078	MARIA DO CÉU LOPES LEMOS	centro cultural dos trabalhadores da câmara municipal de fafe	Veterana F50	01:48:12	+45:59	07:44
77	3525	Eduardo Martins	individual	Veterano M40	01:49:08	+46:55	07:48
78	3416	Adão Rocha	mountain runners	Veterano M45	01:49:09	+46:56	07:48
79	3347	Nuno Sendao	individual	Veterano M40	01:49:11	+46:58	07:48
80	3352	Rui Pedro de Macedo Peixoto	individual	Veterano M40	01:49:15	+47:02	07:48
81	3464	Jose Fereira	palmeira runners	Veterano M40	01:49:17	+47:04	07:48
82	3374	Carlos Macedo	individual	Veterano M60	01:49:51	+47:39	07:51
83	3283	RICARDO JORGE CUNHA REGO	individual	Senior Masculino	01:49:52	+47:39	07:51

TRAIL CURTO 14K - STAGE 1

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
84	3439	Carlos Oliveira	oada - os amigos da aventura	Veterano M45	01:50:07	+47:54	07:52
85	3154	Olga Cristiana Ferreira Mota	fridão sem limites	Senior Feminino	01:50:44	+48:31	07:55
86	3307	Nilza Conde Paixão	individual	Veterana F40	01:50:47	+48:34	07:55
87	3060	Pedro Parrinha	bragaxplora	Veterano M40	01:51:38	+49:25	07:58
88	3131	Catarina Pereira	ei team trail	Veterana F40	01:51:44	+49:31	07:59
89	3062	Rui Ferreira	bragaxplora	Veterano M40	01:52:38	+50:26	08:03
90	3206	Catarina Cerqueira	individual	Senior Feminino	01:52:40	+50:27	08:03
91	3175	Márcia Catarina Amorim Ferreira	geofriends	Senior Feminino	01:52:42	+50:29	08:03
92	3229	Marinha Pires	individual	Senior Feminino	01:52:47	+50:34	08:03
93	3097	Hugo Venade	cerveira team running/clube celtas do minho	Sub 23 Masculino	01:53:21	+51:08	08:06
94	3339	Hugo Silva	individual	Veterano M40	01:53:26	+51:13	08:06
95	3282	Pierre Gomes	individual	Senior Masculino	01:53:49	+51:36	08:08
96	2442	LEANDRO FREITAS	olimpico vianense trail	Veterano M50	01:54:14	+52:02	08:10
97	3153	Eliana Patricia Gonçalves Pinto Teixeira	fridão sem limites	Senior Feminino	01:54:27	+52:15	08:11
98	3008	César Vaz	academia kickboxing boavista fc	Senior Masculino	01:54:56	+52:43	08:13
99	3476	Sofia Barros	profisio team	Senior Feminino	01:54:57	+52:44	08:13
100	3252	André Ramos	individual	Senior Masculino	01:55:06	+52:53	08:13
101	3287	vítor das neves pereira vieira	individual	Senior Masculino	01:55:06	+52:54	08:13
102	3274	Miguel Martins	individual	Senior Masculino	01:55:27	+53:14	08:15
103	3202	Ana Sofia Fontes	individual	Senior Feminino	01:55:28	+53:16	08:15
104	3189	Patrícia Cardante de Lemos	grupo desportivo castelense	Senior Feminino	01:55:36	+53:23	08:15
105	3275	Miguel oliveira	individual	Senior Masculino	01:55:49	+53:36	08:16
106	3443	Noemia Ferreira	olimpico vianense trail	Senior Feminino	01:56:00	+53:47	08:17
107	3272	Marcelo Teixeira	individual	Senior Masculino	01:56:07	+53:54	08:18
108	3501	Ramiro Laranjeira	trail team montaria	Senior Masculino	01:56:14	+54:02	08:18
109	3268	João Barbosa	individual	Senior Masculino	01:56:34	+54:21	08:20
110	3528	Vitor Mendes	individual	Senior Masculino	01:56:40	+54:27	08:20
111	3522	Antonio Lima	individual	Veterano M50	01:56:44	+54:32	08:20
112	3471	RICARDO PEREIRA	portocargo	Senior Masculino	01:56:48	+54:35	08:21
113	3007	Bruno Fernandes	academia kickboxing boavista fc	Senior Masculino	01:57:40	+55:27	08:24
114	3066	Daniel Sousa	btt alegria // tubani	Senior Masculino	01:57:51	+55:39	08:25
115	3069	Joaquim Soares	btt alegria // tubani	Veterano M40	01:57:52	+55:40	08:25
116	3473	MARCO OLIVEIRA	portocargo	Veterano M40	01:57:53	+55:40	08:25
117	3504	Marco Pires	trail team montaria	Sub 23 Masculino	01:57:53	+55:40	08:25
118	3408	Luís Alberto Monteiro	nocturnos de paredes	Veterano M40	01:58:01	+55:48	08:26
119	3263	Gilberto Videira	individual	Senior Masculino	01:58:39	+56:26	08:28
120	3529	José Ponte	individual	Veterano M60	01:58:56	+56:43	08:30
121	3526	Miguel Batista	individual	Senior Masculino	01:58:56	+56:44	08:30
122	3487	pedro soares	team casa do monte	Veterano M40	01:59:01	+56:48	08:30
123	3402	Mónica Ribeiro	gtt - armazém do caffè	Senior Feminino	01:59:19	+57:06	08:31
124	3364	Pedro Sendao	individual	Veterano M45	01:59:41	+57:28	08:33
125	3028	Carina Silva	alexandra carvalho team	Senior Feminino	02:00:18	+58:05	08:36
126	3398	ISABEL CARVALHO	moinhos run-adrm	Veterana F45	02:00:37	+58:25	08:37
127	3033	Eulália Miranda	alexandra carvalho team	Veterana F50	02:00:39	+58:26	08:37

TRAIL CURTO 14K - STAGE 1

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	tkm
128	3506	Tiago Martins	trail team montaria	Senior Masculino	02:00:40	+58:27	08:37
129	3500	Patrick Ferreira	trail team montaria	Senior Masculino	02:00:40	+58:27	08:37
130	3499	Fernando Martins	trail team montaria	Senior Masculino	02:00:40	+58:27	08:37
131	3295	Carla Marina Araújo Vilas Boad	individual	Veterana F40	02:00:46	+58:33	08:38
132	3166	Eduardo Mendes	gaz(n)elas	Senior Masculino	02:00:48	+58:35	08:38
133	3311	Alzira Fontes	individual	Veterana F45	02:01:01	+58:48	08:39
134	3264	Gonalo Rodrigues	individual	Senior Masculino	02:01:03	+58:50	08:39
135	3465	Ricardo Magalhães	palmeira runners	Veterano M40	02:02:11	+59:58	08:44
136	3250	Alex Valente	individual	Senior Masculino	02:02:22	+01:00:09	08:44
137	3261	Filipe Barbosa	individual	Senior Masculino	02:02:22	+01:00:09	08:44
138	3168	José Oliveira	gaz(n)elas	Senior Masculino	02:02:22	+01:00:09	08:44
139	3389	Joana maia	las fuertes manas maia	Senior Feminino	02:02:22	+01:00:09	08:44
140	3137	Cristina Barbosa	factor x / s4l / medensefc	Veterana F45	02:02:23	+01:00:10	08:44
141	3484	Amadeu Coelho	ss box	Senior Masculino	02:02:26	+01:00:13	08:45
142	3348	Osvaldo Azevedo	individual	Veterano M40	02:02:44	+01:00:31	08:46
143	3178	SERGIO OSORIO	global trail	Veterano M45	02:02:49	+01:00:37	08:46
144	3176	ANTONIO SOARES	global trail	Veterano M40	02:02:50	+01:00:37	08:46
145	1015	Sérgio Ferreira	afrikanrunners	Veterano M40	02:03:58	+01:01:45	08:51
146	3061	Rui Fernandes	bragaxplora	Veterano M40	02:04:09	+01:01:56	08:52
147	2122	Luis Landeira	ermida team	Senior Masculino	02:04:12	+01:01:59	08:52
148	3260	Fernando Silva	individual	Senior Masculino	02:04:26	+01:02:13	08:53
149	3067	Vitor Moreira	btt alegria // tubani	Sub 23 Masculino	02:04:30	+01:02:18	08:54
150	3410	Jose moura	monte dos amigos/juventude ribeiras	Veterano M50	02:04:44	+01:02:31	08:55
151	3523	Arnaldo Pires	individual	Senior Masculino	02:04:57	+01:02:44	08:55
152	3094	Emanuel Fernandes	ceveira team running/clube celtas do minho	Senior Masculino	02:05:03	+01:02:50	08:56
153	3054	Marina Cabral Mota de Carvalho	arsm - associação recreativa de s. miguel	Senior Feminino	02:05:09	+01:02:56	08:56
154	3065	Sofia Ferreira	btt alegria // tubani	Senior Feminino	02:05:11	+01:02:58	08:57
155	3209	Celia Cristina Sa Quinta	individual	Senior Feminino	02:05:11	+01:02:59	08:57
156	3190	DINA MORIM	gtt - armazém do caffè	Senior Feminino	02:05:13	+01:03:00	08:57
157	3273	Maurício Amorim	individual	Senior Masculino	02:05:18	+01:03:05	08:57
158	3524	José Gomes	individual	Veterano M50	02:05:54	+01:03:41	09:00
159	3107	José Luis Cerdeira	ceveira team running/clube celtas do minho	Veterano M45	02:06:33	+01:04:20	09:02
160	3308	Sara Capilupi	individual	Veterana F40	02:06:39	+01:04:26	09:03
161	3436	Henrique Gonçalves	oada - os amigos da aventura	Senior Masculino	02:07:00	+01:04:47	09:04
162	3092	Carlos Cunha	ceveira team running/clube celtas do minho	Senior Masculino	02:07:09	+01:04:57	09:05
163	3370	Alvaro Silva	individual	Veterano M55	02:07:49	+01:05:37	09:08
164	3434	Alexandre Areias	oada - os amigos da aventura	Senior Masculino	02:08:01	+01:05:48	09:09
165	3141	josé castelo	fardetas	Veterano M60	02:08:37	+01:06:24	09:11
166	3228	Manuela Tavares	individual	Senior Feminino	02:08:54	+01:06:41	09:12
167	2123	Pedro Torres Ferreira	factor x / s4l / medensefc	Senior Masculino	02:09:13	+01:07:00	09:14
168	3029	FRANCISCA COSTA LEITE	alexandra carvalho team	Senior Feminino	02:09:25	+01:07:12	09:15
169	3231	MARTA CUNHA	individual	Senior Feminino	02:09:43	+01:07:30	09:16
170	3240	Sara Almeida	individual	Senior Feminino	02:10:00	+01:07:47	09:17
171	3213	Cristina Ramalho	individual	Senior Feminino	02:10:00	+01:07:47	09:17

TRAIL CURTO 14K - STAGE 1
14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
172	3243	Sara silva	individual	Senior Feminino	02:10:15	+01:08:02	09:18
173	3321	Teresa Maria Ruano Neto	individual	Veterana F45	02:10:56	+01:08:43	09:21
174	3534	André Silva	individual	Senior Masculino	02:10:57	+01:08:44	09:21
175	3503	Hélder Maciel	trail team montaria	Sub 23 Masculino	02:11:21	+01:09:09	09:23
176	3505	Tiago Martins	trail team montaria	Sub 23 Masculino	02:11:21	+01:09:09	09:23
177	3115	Alberto Pinhão	clube de montanhismo de braga	Veterano M60	02:11:59	+01:09:47	09:26
178	3040	Cidália Rodrigues	arca Barcelos runners	Veterana F40	02:12:28	+01:10:15	09:28
179	3043	Ana Maria Matos	arca Barcelos runners	Veterana F45	02:12:28	+01:10:15	09:28
180	2481	Pedro Falcão Costa	salaios trail running	Senior Masculino	02:12:41	+01:10:28	09:29
181	3442	Juliana Ferreira	olimpico vianense trail	Senior Feminino	02:12:44	+01:10:31	09:29
182	3441	Chrystelle Amorim	olimpico vianense trail	Senior Feminino	02:12:44	+01:10:32	09:29
183	3140	Eduardo Queiroz	fardetas	Veterano M40	02:12:45	+01:10:32	09:29
184	3017	José Estêvão	academia kickboxing boavista fc	Veterano M45	02:12:49	+01:10:36	09:29
185	3077	Ana Moreira	budeguita runners	Veterana F45	02:12:52	+01:10:40	09:29
186	3167	João Pedro Ferraz Soares	gaz(n)elas	Senior Masculino	02:12:59	+01:10:47	09:30
187	3496	yolanda gonzalez valverde	trail running nigran	Senior Feminino	02:13:14	+01:11:02	09:31
188	3497	rodrigo alvarez gomez	trail running nigran	Senior Masculino	02:13:15	+01:11:02	09:31
189	3127	Sandra Coutinho	ecobarcaventura	Veterana F45	02:13:38	+01:11:25	09:33
190	3346	nuno cunha	individual	Veterano M40	02:13:39	+01:11:26	09:33
191	3031	Elisabete Maia	alexandra carvalho team	Veterana F45	02:14:13	+01:12:00	09:35
192	3291	Pedro José Cunha Graça	individual	Sub 23 Masculino	02:14:32	+01:12:20	09:37
193	3393	MARINA FERREIRA AMORIM	minho e lima trail	Senior Feminino	02:14:42	+01:12:29	09:37
194	3391	ANA FRANCISCA AMORIM	minho e lima trail	Senior Feminino	02:14:42	+01:12:29	09:37
195	3170	Miguel Soares	gaz(n)elas	Sub 23 Masculino	02:14:49	+01:12:36	09:38
196	3146	Filipe Coelho	fit gaia trail	Veterano M40	02:14:52	+01:12:39	09:38
197	3388	Rita Araujo	keepmoving	Senior Feminino	02:14:57	+01:12:44	09:38
198	3208	Catarina Pinto	individual	Senior Feminino	02:15:11	+01:12:59	09:39
199	3280	Paulo Jorge Goncalves Marques	individual	Senior Masculino	02:15:40	+01:13:27	09:41
200	3257	Diogo Miguel Viana Pereira	individual	Senior Masculino	02:15:40	+01:13:27	09:41
201	3423	Maria Moutinho	nocturnos de paredes	Senior Feminino	02:15:40	+01:13:28	09:41
202	3422	Eva Moreira	nocturnos de paredes	Senior Feminino	02:16:07	+01:13:55	09:43
203	3284	Rui Pedro Rodrigues Rocha Araújo	individual	Senior Masculino	02:16:17	+01:14:04	09:44
204	3016	Nuno Miguel Ferreira Couto	academia kickboxing boavista fc	Veterano M40	02:16:41	+01:14:29	09:46
205	3063	Cristina Neves	btt alegria // tubani	Senior Feminino	02:16:45	+01:14:32	09:46
206	3109	António Tiago	cerveira team running/clube celtas do minho	Veterano M55	02:16:48	+01:14:35	09:46
207	3123	Madalena carneiro	ecobarcaventura	Senior Feminino	02:16:50	+01:14:37	09:46
208	3099	Silvina Cunha	cerveira team running/clube celtas do minho	Veterana F40	02:16:51	+01:14:38	09:47
209	3003	Graça Ribeiro	a.d. amarante trail running	Veterana F40	02:16:51	+01:14:38	09:47
210	3215	Dores Cachetas	individual	Senior Feminino	02:17:20	+01:15:08	09:49
211	3223	Filipa Oliveira	individual	Senior Feminino	02:17:37	+01:15:24	09:50
212	3415	Ricardo Silva	mountain runners	Senior Masculino	02:17:39	+01:15:26	09:50
213	3542	André Vilasboas	individual	Senior Masculino	02:17:56	+01:15:43	09:51
214	3010	Luis Santos	academia kickboxing boavista fc	Senior Masculino	02:18:51	+01:16:38	09:55

TRAIL CURTO 14K - STAGE 1**14 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
215	3333	Alfredo Lopez Moral	individual	Veterano M40	02:18:53	+01:16:40	09:55
216	3258	Erikson de Jesus Ferreira	individual	Senior Masculino	02:18:59	+01:16:47	09:56
217	3383	Ricardo Afonso	juventude cortegacense	Veterano M40	02:19:03	+01:16:50	09:56
218	3002	Alice Pereira	a.d. amarante trail running	Senior Feminino	02:19:16	+01:17:03	09:57
219	3390	Raquel maia	las fuertes manas maia	Senior Feminino	02:19:28	+01:17:15	09:58
220	3421	Carina Moreira	nocturnos de paredes	Senior Feminino	02:19:29	+01:17:16	09:58
221	3343	Manuel Gomes	individual	Veterano M40	02:19:29	+01:17:16	09:58
222	3493	marco filipe amorim brito	terras do vez	Veterano M45	02:19:29	+01:17:16	09:58
223	3491	Fábio fernandes	terras do vez	Sub 23 Masculino	02:19:30	+01:17:17	09:58
224	3428	Marisa Moreira	nocturnos de paredes	Veterana F40	02:19:31	+01:17:18	09:58
225	3380	Daniel Martins	juventude cortegacense	Veterano M40	02:19:31	+01:17:19	09:58
226	3502	André Barros	trail team montaria	Sub 23 Masculino	02:19:37	+01:17:24	09:58
227	3126	Ana cristina sousa	ecobarcaventura	Veterana F45	02:19:41	+01:17:29	09:59
228	3516	Fabiano Ozores	viana running	Veterano M45	02:20:10	+01:17:57	10:01
229	3537	Margarida Oliveira	individual	Veterana F40	02:20:10	+01:17:57	10:01
230	3058	Mariana Oliveira	brabus runners	Senior Feminino	02:20:17	+01:18:04	10:01
231	3187	João Pires	gondaráfrente	Veterano M55	02:20:43	+01:18:30	10:03
232	3482	Hugo José Caetano Barreiros	some/hattuga	Senior Masculino	02:20:54	+01:18:41	10:04
233	3242	Sara Pereira	individual	Senior Feminino	02:20:55	+01:18:42	10:04
234	3085	Mafalda Santos	cerveira team running/clube celtas do minho	Senior Feminino	02:21:25	+01:19:13	10:06
235	3197	Aida Linhares	gtt - armazém do caffè	Veterana F45	02:21:34	+01:19:21	10:07
236	3462	Susana Vidal	palmeira runners	Veterana F40	02:21:35	+01:19:22	10:07
237	3368	Luís Espírito Santo	individual	Veterano M50	02:21:35	+01:19:22	10:07
238	3032	Isabel Leitão	alexandra carvalho team	Veterana F45	02:21:39	+01:19:27	10:07
239	3354	Helder Craveiro	individual	Veterano M45	02:21:43	+01:19:30	10:07
240	3470	Carlos oliveira	portocargo	Veterano M40	02:22:00	+01:19:47	10:09
241	3430	Ricardo Carvalho	nós acreditamos	Senior Masculino	02:23:09	+01:20:57	10:14
242	3418	Alexandre Ferreira	nap	Veterano M40	02:23:20	+01:21:07	10:14
243	3338	Helder Joaquim Silva Santos	individual	Veterano M40	02:23:21	+01:21:08	10:14
244	3541	Raquel Ferreira	individual	Senior Feminino	02:23:31	+01:21:18	10:15
245	3540	Manuel Ferreira	individual	Veterano M55	02:23:31	+01:21:18	10:15
246	3271	Manuel joaquim pimenta ferreira	individual	Senior Masculino	02:23:39	+01:21:26	10:16
247	3221	Filipa Cruz	individual	Senior Feminino	02:23:39	+01:21:26	10:16
248	3382	Helder Castro Costa	juventude cortegacense	Veterano M40	02:23:58	+01:21:46	10:17
249	3414	Sónia Silva	mountain runners	Senior Feminino	02:24:48	+01:22:35	10:21
250	3373	Belamino Sousa	individual	Veterano M60	02:25:16	+01:23:04	10:23
251	3488	Vânia Alvitano	team fivami	Senior Feminino	02:25:17	+01:23:04	10:23
252	3375	Cristiana Carvalho	juventude cortegacense	Senior Feminino	02:25:18	+01:23:06	10:23
253	3027	ALEXANDRA CARVALHO	alexandra carvalho team	Senior Feminino	02:25:22	+01:23:09	10:23
254	3233	Raquel Almeida	individual	Senior Feminino	02:25:40	+01:23:27	10:24
255	3006	Elisabete Fernandes	academia kickboxing boavista fc	Senior Feminino	02:25:50	+01:23:37	10:25
256	3440	Manuel Moreira	ofrunning	Senior Masculino	02:25:51	+01:23:38	10:25
257	3419	Nuno Maltez	nap	Veterano M40	02:26:07	+01:23:54	10:26
258	3420	Pedro Lima	nap	Veterano M40	02:26:07	+01:23:54	10:26
259	3177	Adriano Cardoso	global trail	Veterano M45	02:27:20	+01:25:08	10:31

TRAIL CURTO 14K - STAGE 1

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
260	3479	Bruno Duarte	rachão trail team	Senior Masculino	02:27:39	+01:25:26	10:33
261	3041	Sandra Moura	arca barcelos runners	Veterana F40	02:27:57	+01:25:45	10:34
262	3349	Pedro Machado	individual	Veterano M40	02:28:12	+01:25:59	10:35
263	3122	Francisco Sousa	é para acabar	Senior Masculino	02:28:12	+01:25:59	10:35
264	3411	Fernando Soares	monte dos amigos/juventude ribeiras	Veterano M60	02:29:06	+01:26:53	10:39
265	3312	Ana ferreira	ei team trail	Veterana F45	02:29:09	+01:26:56	10:39
266	3480	Patricia Reis	run baby run	Veterana F40	02:29:13	+01:27:00	10:40
267	3047	Sandra Ferreira	arcorun	Veterana F40	02:29:26	+01:27:14	10:40
268	3256	David Sousa	individual	Senior Masculino	02:29:32	+01:27:19	10:41
269	3138	Sandra Afonso	fardetas	Veterana F40	02:29:42	+01:27:29	10:42
270	3203	Anabela Silva	individual	Senior Feminino	02:29:49	+01:27:37	10:42
271	3139	Silvia Castelo	fardetas	Veterana F40	02:30:07	+01:27:54	10:43
272	3121	Eugenio Braga	é para acabar	Senior Masculino	02:30:35	+01:28:22	10:45
273	3249	Zélia Costa	individual	Senior Feminino	02:30:45	+01:28:32	10:46
274	3199	Ana Carolina Velho	individual	Senior Feminino	02:30:45	+01:28:32	10:46
275	3247	Susana Moreira	individual	Senior Feminino	02:30:46	+01:28:33	10:46
276	3052	Natália Ribeiro	arejar o capacete	Veterana F45	02:31:03	+01:28:51	10:47
277	3050	Cláudia Ribeiro	arejar o capacete	Veterana F45	02:31:03	+01:28:51	10:47
278	3509	Joana Freire Azevedo	trailistas "eu é que sei!"	Senior Feminino	02:31:28	+01:29:15	10:49
279	3225	Jéssica Peixoto	individual	Senior Feminino	02:31:28	+01:29:15	10:49
280	3114	Joaquim Fertzinhos	clube de montanhismo de braga	Veterano M55	02:31:28	+01:29:16	10:49
281	3517	Angelina Rosa Fonseca Fernandes	vidaativarunners	Senior Feminino	02:31:59	+01:29:47	10:51
282	3518	Augusta Saraiva	vidaativarunners	Veterana F45	02:31:59	+01:29:47	10:51
283	3519	Miguel Oliveira	vidaativarunners	Veterano M50	02:32:00	+01:29:47	10:51
284	3152	Carla Sofia Mendes Teixeira	fridão sem limites	Senior Feminino	02:32:02	+01:29:49	10:52
285	3481	Mafalda Alexandre	scalabis night runners	Veterana F40	02:32:26	+01:30:13	10:53
286	3219	Fabia Martins	individual	Senior Feminino	02:32:36	+01:30:23	10:54
287	3038	Sofia Silva	arca barcelos runners	Senior Feminino	02:32:36	+01:30:23	10:54
288	3234	saete oliveira	individual	Senior Feminino	02:32:38	+01:30:25	10:54
289	3112	Patrick Gillard	clube de atletismo tregueux	Veterano M55	02:32:39	+01:30:26	10:54
290	2066	Patricia Gonzalez	cerveira team running/clube celtas do minho	Senior Feminino	02:32:39	+01:30:27	10:54
291	3093	Carlos Gonçalves	cerveira team running/clube celtas do minho	Senior Masculino	02:33:51	+01:31:38	10:59
292	3158	Suzete do Rosário Passos de Sousa	fridão sem limites	Veterana F40	02:34:12	+01:31:59	11:01
293	3381	Helder Candal Correia	juventude cortegacense	Veterano M40	02:34:21	+01:32:09	11:02
294	3218	Evgeniya Shamonova	individual	Senior Feminino	02:34:46	+01:32:33	11:03
295	3104	Manuel Gonzalez	cerveira team running/clube celtas do minho	Veterano M40	02:35:09	+01:32:56	11:05
296	3084	Elisa Dias	cerveira team running/clube celtas do minho	Senior Feminino	02:35:09	+01:32:57	11:05
297	3475	MANUEL PEREIRA	portocargo	Veterano M50	02:35:10	+01:32:57	11:05
298	3239	Sandra Teixeira	individual	Senior Feminino	02:35:11	+01:32:59	11:05
299	3431	Lúcia Oliveira	nós acreditamos	Veterana F40	02:35:25	+01:33:12	11:06
300	3091	Bruno Silva	cerveira team running/clube celtas do minho	Senior Masculino	02:36:00	+01:33:47	11:09
301	3224	Filipa silva	individual	Senior Feminino	02:36:09	+01:33:56	11:09

TRAIL CURTO 14K - STAGE 1

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
302	3299	Elsa Nazaré da Silva Ferreira	individual	Veterana F40	02:36:48	+01:34:36	11:12
303	3145	Sónia Isabel Barreira Taveira Pires	fit gaia trail	Veterana F40	02:36:50	+01:34:37	11:12
304	3148	Gabriel dos Anjos Pires	fit gaia trail	Veterano M50	02:36:51	+01:34:38	11:12
305	3042	Soraia Rebelo	arca barcelos runners	Veterana F40	02:38:05	+01:35:53	11:18
306	3021	Sónia Maria Marques dos Santos	airorun	Veterana F40	02:38:05	+01:35:53	11:18
307	3341	João Guerreiro	individual	Veterano M40	02:38:06	+01:35:53	11:18
308	3174	Mafalda Duro	geofriends	Senior Feminino	02:38:51	+01:36:38	11:21
309	3452	Hugo Marafona	os não menos	Senior Masculino	02:39:24	+01:37:11	11:23
310	3188	Hugo Costa	gondomar futsal clube	Veterano M45	02:39:25	+01:37:12	11:23
311	2547	Diogo Leitão	individual	Veterano M45	02:39:26	+01:37:13	11:23
312	2548	Miguel Tolentino	individual	Veterano M40	02:39:27	+01:37:14	11:23
313	3356	Jorge manuel da silva faria Novo	individual	Veterano M45	02:39:31	+01:37:18	11:24
314	3319	Paula Cristina Viana Rocha	individual	Veterana F45	02:39:35	+01:37:23	11:24
315	3361	Paulo Barbosa	individual	Veterano M50	02:39:36	+01:37:23	11:24
316	3310	Sónia Machado	ei team trail	Veterana F40	02:39:42	+01:37:29	11:24
317	3212	Cláudia Novais	individual	Senior Feminino	02:39:57	+01:37:44	11:25
318	3238	Sandra Neto	individual	Senior Feminino	02:40:00	+01:37:47	11:26
319	3230	Marlene Afonso	individual	Senior Feminino	02:40:05	+01:37:53	11:26
320	3472	LAURA VIEIRA	portocargo	Veterana F45	02:40:15	+01:38:02	11:27
321	3360	miguel marote henriques	individual	Veterano M45	02:40:20	+01:38:07	11:27
322	3269	João Cavaleiro	individual	Senior Masculino	02:41:12	+01:38:59	11:31
323	3294	CARLA MARIA GONÇALVES FREIXO	individual	Veterana F40	02:41:12	+01:38:59	11:31
324	3064	Paula Silva	btt alegria // tubani	Senior Feminino	02:41:14	+01:39:01	11:31
325	3070	Paulo Nunes	btt alegria // tubani	Veterano M40	02:41:14	+01:39:02	11:31
326	3401	Andreia Dias	monte dos amigos/juventude ribeiras	Veterana F40	02:41:24	+01:39:11	11:32
327	3400	Tiago Neiva	monte dos amigos/juventude ribeiras	Senior Masculino	02:41:24	+01:39:11	11:32
328	3318	margarida paula andrade amaral	individual	Veterana F45	02:41:27	+01:39:15	11:32
329	3297	Carolina Ribeiro Manuel	individual	Veterana F40	02:41:31	+01:39:18	11:32
330	3241	Sara Mariz	individual	Senior Feminino	02:41:34	+01:39:21	11:32
331	3216	Elisabete Peixoto	individual	Senior Feminino	02:41:34	+01:39:21	11:32
332	3200	Ana Paz Sousa	individual	Senior Feminino	02:41:54	+01:39:41	11:34
333	3386	Jorge Alberto do Carmo Cerqueira Teixeira	juventude desportiva de gondomar	Veterano M45	02:42:56	+01:40:44	11:38
334	3387	José Manuel Cerqueira do Carmo Teixeira	juventude desportiva de gondomar	Veterano M45	02:42:57	+01:40:44	11:38
335	3037	Ângela Carvalho	arca barcelos runners	Senior Feminino	02:43:26	+01:41:13	11:40
336	3444	Sónia Novo	olimpico vianense trail	Veterana F40	02:43:29	+01:41:16	11:41
337	3492	Vitor Rodrigues	terras do vez	Veterano M40	02:43:29	+01:41:16	11:41
338	3412	Diana Sá Moreira	mountain runners	Senior Feminino	02:43:45	+01:41:32	11:42
339	3417	Emilio João Carvalho	mountain runners	Veterano M45	02:43:48	+01:41:35	11:42
340	3095	Helder Cruz	cerveira team running/clube celtas do minho	Senior Masculino	02:43:49	+01:41:36	11:42
341	3113	Helena Fernandes	clube de montanhismo de braga	Veterana F55	02:43:52	+01:41:39	11:42

TRAIL CURTO 14K - STAGE 1

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
342	3385	António Augusto Oliveira Santos	juventude cortegacense	Veterano M45	02:44:38	+01:42:26	11:46
343	3377	Gabriela França	juventude cortegacense	Veterana F45	02:44:38	+01:42:26	11:46
344	3378	Margarida Gonçalves Silva Santos	juventude cortegacense	Veterana F45	02:44:39	+01:42:26	11:46
345	3495	Miguel Bragança	tmb	Veterano M50	02:44:50	+01:42:37	11:46
346	3494	Teresa Macedo	tmb	Veterana F50	02:44:50	+01:42:37	11:46
347	3192	Margarida Vaz	gtt - armazém do caffè	Senior Feminino	02:44:54	+01:42:41	11:47
348	3195	Luis Vaz	gtt - armazém do caffè	Senior Masculino	02:44:54	+01:42:41	11:47
349	3510	Sandra Cristina Pinto Quintas	trailistas "eu é que sei!"	Senior Feminino	02:44:56	+01:42:43	11:47
350	3217	Elsa Agra	individual	Senior Feminino	02:45:10	+01:42:58	11:48
351	3323	Cândida Caeiro	individual	Veterana F50	02:45:36	+01:43:24	11:50
352	3313	Anabela Moreira Lourenço	individual	Veterana F45	02:46:21	+01:44:08	11:53
353	3336	Fernando Manuel Fernandes Rodrigues	individual	Veterano M40	02:46:21	+01:44:09	11:53
354	3478	Vanessa Mendes	profisio team	Senior Feminino	02:46:34	+01:44:22	11:54
355	3246	Susana Castro	individual	Senior Feminino	02:47:41	+01:45:29	11:59
356	3210	Claudia Costa	individual	Senior Feminino	02:47:41	+01:45:29	11:59
357	3515	Paulo Castelo	trilobites t.f.	Veterano M50	02:49:20	+01:47:08	12:06
358	3514	Manuela Castelo	trilobites t.f.	Veterana F50	02:49:20	+01:47:08	12:06
359	3512	Adelaide Pereira	trilobites t.f.	Veterana F40	02:49:21	+01:47:08	12:06
360	3046	Marta Carvalho	arcorun	Senior Feminino	02:49:23	+01:47:10	12:06
361	3048	GLÓRIA SANTOS	arcorun	Veterana F55	02:49:41	+01:47:28	12:07
362	3045	Maria João	arcorun	Senior Feminino	02:49:41	+01:47:28	12:07
363	3248	Vera Morgado	individual	Senior Feminino	02:50:06	+01:47:53	12:09
364	3289	Vítor Fernandes	individual	Senior Masculino	02:50:06	+01:47:53	12:09
365	3120	Edite Gonçalves	correr leça	Senior Feminino	02:50:13	+01:48:00	12:09
366	3083	Dora Guerreiro	cerveira team running/clube celtas do minho	Senior Feminino	02:50:18	+01:48:05	12:10
367	3413	Sara Rocha	mountain runners	Senior Feminino	02:50:18	+01:48:05	12:10
368	3111	Luciana Borsatti	cityrunning.ch	Veterana F55	02:50:19	+01:48:06	12:10
369	3315	Elisabete Alves Nogueira	individual	Veterana F45	02:50:30	+01:48:17	12:11
370	3404	Candida Bento	correr leça	Senior Feminino	02:50:47	+01:48:35	12:12
371	3074	Marta Leite	budeguita runners	Veterana F40	02:51:18	+01:49:05	12:14
372	3327	Izabel Ferreira Lopez Correia	individual	Veterana F55	02:51:21	+01:49:08	12:14
373	3149	Carla Sofia Silva	freitas	Veterana F45	02:51:21	+01:49:08	12:14
374	3316	Elsa Maria Lima Moreira	individual	Veterana F45	02:51:21	+01:49:09	12:14
375	3292	Alexandra Fão	individual	Veterana F40	02:51:22	+01:49:09	12:14
376	3376	Isabel Sa	juventude cortegacense	Senior Feminino	02:51:25	+01:49:12	12:15
377	3384	Rui Pedro Galante	juventude cortegacense	Veterano M40	02:51:26	+01:49:13	12:15
378	3056	CRISTIANO MANUEL DE BARROS MIRANDA	bm	Senior Masculino	02:51:34	+01:49:21	12:15
379	3438	Miguel Carvalhido	oada - os amigos da aventura	Veterano M40	02:51:38	+01:49:25	12:16
380	3433	Sofia Freitas	oada - os amigos da aventura	Senior Feminino	02:51:38	+01:49:25	12:16
381	3057	NUNO MIGUEL TORRES FERNANDES	bm	Senior Masculino	02:51:41	+01:49:28	12:16
382	3055	MÁRCIA REGINA DIAS PARENTE	bm	Senior Feminino	02:51:41	+01:49:28	12:16

TRAIL CURTO 14K - STAGE 1

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
383	3320	Rosa Soares	individual	Veterana F45	02:51:42	+01:49:30	12:16
384	3322	Amélia Cardoso	individual	Veterana F50	02:51:51	+01:49:38	12:16
385	3531	Elodie Amorim	individual	Senior Feminino	02:52:36	+01:50:23	12:20
386	3530	Debora Amorim	individual	Senior Feminino	02:52:37	+01:50:24	12:20
387	3498	Bruno Rocha	trail team montaria	Senior Masculino	02:53:47	+01:51:34	12:25
388	3214	diana Pinto	individual	Senior Feminino	02:53:48	+01:51:35	12:25
389	3424	Milene Machado	nocturnos de paredes	Senior Feminino	02:54:15	+01:52:02	12:27
390	3186	José Lourenço	gondaráfrente	Veterano M50	02:55:35	+01:53:22	12:32
391	3182	Custódio Santos	gondaráfrente	Sub 23 Masculino	02:55:35	+01:53:22	12:32
392	3080	Ana Gomes	cerveira team running/clube celtas do minho	Senior Feminino	02:56:58	+01:54:45	12:38
393	3432	Ana Isabel Matos	oada - os amigos da aventura	Senior Feminino	02:57:23	+01:55:10	12:40
394	3353	Sérgio Alberto Azevedo Santos	individual	Veterano M40	02:57:47	+01:55:35	12:42
395	3204	Carla Brinco	individual	Senior Feminino	02:57:53	+01:55:40	12:42
396	3205	Carla Leal	individual	Senior Feminino	02:57:53	+01:55:40	12:42
397	3098	Helena Melo	cerveira team running/clube celtas do minho	Veterana F40	02:58:57	+01:56:45	12:47
398	3082	Anjos Venade	cerveira team running/clube celtas do minho	Senior Feminino	02:58:58	+01:56:45	12:47
399	3236	Sandra Gabriela Pires da Costa	individual	Senior Feminino	02:59:03	+01:56:50	12:47
400	3253	Carlos Manuel Sousa Mendes	individual	Senior Masculino	02:59:03	+01:56:50	12:47
401	3371	Orlando António Ferreira Pinheiro	individual	Veterano M55	02:59:54	+01:57:41	12:51
402	3106	João Paulo	cerveira team running/clube celtas do minho	Veterano M45	03:00:31	+01:58:19	12:54
403	3293	Ana Paula Ferreira Conceição	individual	Veterana F40	03:02:05	+01:59:52	13:00
404	3508	Ana Chaves	trailistas "eu é que sei!"	Senior Feminino	03:02:06	+01:59:53	13:00
405	3469	MARIA JOSE OLIVEIRA	portocargo	Senior Feminino	03:02:17	+02:00:04	13:01
406	3474	MANUEL ALMEIDA	portocargo	Veterano M50	03:02:17	+02:00:04	13:01
407	3489	Ana Martins	team lantermil	Veterana F45	03:02:17	+02:00:04	13:01
408	3314	Carla Brandão	individual	Veterana F45	03:03:31	+02:01:18	13:06
409	3317	Manuela Parente	individual	Veterana F45	03:04:00	+02:01:47	13:09
410	3309	Sónia Lúcia Gigante Fernandes de Carvalho	individual	Veterana F40	03:04:10	+02:01:57	13:09
411	3125	Elsa Cristina Amorim	ecobarcaventura	Veterana F40	03:04:12	+02:01:59	13:09
412	3328	Maria Cristina Pires Ribeiro	individual	Veterana F55	03:04:54	+02:02:41	13:12
413	3086	Maria Fão	cerveira team running/clube celtas do minho	Senior Feminino	03:05:05	+02:02:53	13:13
414	3150	Ana Isabel Azevedo Leite	fridão sem limites	Senior Feminino	03:05:17	+02:03:04	13:14
415	3367	Luis Carvalho Marques	individual	Veterano M50	03:05:28	+02:03:15	13:15
416	3539	Albino Filipe	individual	Veterano M60	03:06:08	+02:03:55	13:18
417	3538	Lurdes Marques	individual	Veterana F55	03:06:08	+02:03:56	13:18
418	3072	Marlene Marques	budeguita runners	Senior Feminino	03:06:22	+02:04:09	13:19
419	3076	Sandra Soares	budeguita runners	Veterana F40	03:06:22	+02:04:09	13:19
420	3466	Maria Pereira	pernetas	Senior Feminino	03:08:48	+02:06:35	13:29
421	3467	Afonso Bonifacio	pernetas	Senior Masculino	03:08:48	+02:06:35	13:29
422	3300	Fernanda Magalhães	individual	Veterana F40	03:09:11	+02:06:58	13:31
423	3244	Sílvia Lourenço	individual	Senior Feminino	03:10:57	+02:08:44	13:38

TRAIL CURTO 14K - STAGE 1**14 KM****OFFICIAL RESULT**

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
424	3180	Helena Mateus	gondaràfrente	Senior Feminino	03:12:39	+02:10:26	13:46
425	3325	Helena Vitoria	individual	Veterana F50	03:13:18	+02:11:06	13:48
426	3326	Acucena Besson	individual	Veterana F55	03:13:18	+02:11:06	13:48
427	3030	Sandra Costa	alexandra carvalho team	Senior Feminino	03:13:27	+02:11:15	13:49
428	3087	Rita Correia	cerveira team running/clube celtas do minho	Senior Feminino	03:14:36	+02:12:24	13:54
429	3456	Cristina Costa	ou vai ou racha	Veterana F45	03:14:40	+02:12:27	13:54
430	3409	vit0r costa	monte dos amigos/juventude ribeiras	Veterano M40	03:14:59	+02:12:46	13:56
431	3407	Paula Coutinho	monte dos amigos/juventude ribeiras	Veterana F45	03:14:59	+02:12:46	13:56
432	3405	sonia silva	monte dos amigos/juventude ribeiras	Veterana F40	03:14:59	+02:12:46	13:56
433	3406	Paula Almeida	monte dos amigos/juventude ribeiras	Veterana F45	03:14:59	+02:12:46	13:56
434	3455	Arminda Maciel	ou vai ou racha	Veterana F45	03:16:27	+02:14:14	14:02
435	3458	Odete Lamiera	ou vai ou racha	Veterana F45	03:17:10	+02:14:57	14:05
436	3533	Orlando Brito	individual	Veterano M40	03:17:29	+02:15:16	14:06
437	3110	João Caldas	cerveira team running/clube celtas do minho	Veterano M60	03:17:30	+02:15:17	14:06
438	3454	Silvia Maciel	ou vai ou racha	Senior Feminino	03:17:33	+02:15:20	14:07
439	3235	Salomé de Almeida Mourisco	individual	Senior Feminino	03:17:33	+02:15:21	14:07
440	3459	Paula Sousa	ou vai ou racha	Veterana F45	03:17:38	+02:15:26	14:07
441	3227	Liliana Mota	individual	Senior Feminino	03:18:41	+02:16:28	14:11
442	2480	Carina Santos Alves	sal0ios trail running	Senior Feminino	03:18:41	+02:16:29	14:12
443	3532	Dora Morgado	individual	Veterana F40	03:18:42	+02:16:29	14:12
444	3237	Sandra Guerreiro	individual	Senior Feminino	03:18:46	+02:16:34	14:12
445	3100	Maria Fernandes.	cerveira team running/clube celtas do minho	Veterana F45	03:19:45	+02:17:33	14:16
446	3298	Cristina Isabel Felgas Rezende	individual	Veterana F40	03:19:49	+02:17:37	14:16
447	3207	Catarina da Silva Rebelo	individual	Senior Feminino	03:19:49	+02:17:37	14:16
448	3101	Rosário Gomes	cerveira team running/clube celtas do minho	Veterana F50	03:21:14	+02:19:02	14:22
449	3103	Fátima Araújo	cerveira team running/clube celtas do minho	Veterana F60	03:21:15	+02:19:02	14:23
450	3147	João Moura	fit gaia trail	Veterano M45	03:22:51	+02:20:38	14:29
451	3477	Teresa Oliveira	profisio team	Senior Feminino	03:23:13	+02:21:00	14:31
452	3226	Katia Barbosa	individual	Senior Feminino	03:23:55	+02:21:42	14:34
453	3222	Filipa Isabel de Sousa Reis	individual	Senior Feminino	03:23:55	+02:21:42	14:34
454	3363	Pedro Filipe da Silva Teixeira	individual	Veterano M45	03:23:55	+02:21:42	14:34
455	3088	Samanta Filipe	cerveira team running/clube celtas do minho	Senior Feminino	03:26:51	+02:24:39	14:47
456	3102	Maria Adelaide Filipe	cerveira team running/clube celtas do minho	Veterana F55	03:26:52	+02:24:39	14:47
457	3468	ANA MARTINS	portocargo	Senior Feminino	03:28:23	+02:26:10	14:53
458	3211	Cláudia Freitas	individual	Senior Feminino	03:28:44	+02:26:31	14:55
459	3457	Maria Maia	ou vai ou racha	Veterana F45	03:35:53	+02:33:40	15:25
460	3460	José Gentil	ou vai ou racha	Veterano M45	03:35:53	+02:33:40	15:25
461	3296	Carla Palmeiro	individual	Veterana F40	03:37:29	+02:35:16	15:32
462	3172	Liliana Alves	geadas running	Senior Feminino	03:37:39	+02:35:27	15:33
463	3173	Susana pinto	geadas running	Senior Feminino	03:37:40	+02:35:27	15:33
464	3171	Joana Abobeira	geadas running	Senior Feminino	03:37:40	+02:35:27	15:33
465	3306	Meg Garcia	individual	Veterana F40	03:37:46	+02:35:33	15:33

TRAIL CURTO 14K - STAGE 1**14 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
466	3081	Andreia Bouça	ceveira team running/clube celtas do minho	Senior Feminino	03:38:02	+02:35:49	15:34
467	3449	Elisabete Rolo	olimpico vianense trail	Veterana F40	03:45:15	+02:43:03	16:05
468	3128	Garcia da Silva	ecobarcaventura	Veterano M60	03:45:16	+02:43:03	16:05
469	3329	Maria Delfina Oliveira	individual	Veterana F55	04:13:57	+03:11:44	18:08
470	3290	Ivo da Silva de Almeida	individual	Sub 23 Masculino	04:17:48	+03:15:35	18:25
471	3330	Aurora Cândida dos Santos Alves Graça da Silva	individual	Veterana F60	04:17:49	+03:15:36	18:25

Trail Curto 14K**14 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	10:00	-99°C	-99%
End	14:18	16,5°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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Senior Feminino

1	2113	Edena Lidia Coelho Lima	Emicela Team Cabo Verde	Senior Feminino	01:23:14	+21:01	05:57
2	3162	Hortense TENDA	Gaia Trail	Senior Feminino	01:28:19	+26:06	06:18
3	1494	Marisa Valério Rodrigues	Sport Clube Beira-Mar	Senior Feminino	01:30:39	+28:27	06:29
4	3151	Andreia Ribeiro Almeida	Fridão Sem Limites	Senior Feminino	01:34:10	+31:57	06:44
5	3392	LAURA ARAÚJO DA COSTA	Minho e Lima Trail	Senior Feminino	01:35:59	+33:46	06:51
6	3191	Fátima Oliveira	GTT - Armazém do Caffè	Senior Feminino	01:39:15	+37:02	07:05
7	3124	Sara Vilarinho Pereira	EcoBarcAventura	Senior Feminino	01:48:09	+45:56	07:43
8	3154	Olga Cristiana Ferreira Mota	Fridão Sem Limites	Senior Feminino	01:50:44	+48:31	07:55
9	3206	Catarina Cerqueira	Individual	Senior Feminino	01:52:40	+50:27	08:03
10	3175	Márcia Catarina Amorim Ferreira	geofriends	Senior Feminino	01:52:42	+50:29	08:03
11	3229	Marinha Pires	Individual	Senior Feminino	01:52:47	+50:34	08:03
12	3153	Eliana Patricia Gonçalves Pinto Teixeira	Fridão Sem Limites	Senior Feminino	01:54:27	+52:15	08:11
13	3476	Sofia Barros	Profisio Team	Senior Feminino	01:54:57	+52:44	08:13
14	3202	Ana Sofia Fontes	Individual	Senior Feminino	01:55:28	+53:16	08:15
15	3189	Patrícia Cardante de Lemos	GRUPO DESPORTIVO CASTELENSE	Senior Feminino	01:55:36	+53:23	08:15
16	3443	Noemia Ferreira	OLIMPICO VIANENSE TRAIL	Senior Feminino	01:56:00	+53:47	08:17
17	3402	Mónica Ribeiro	GTT - Armazém do Caffè	Senior Feminino	01:59:19	+57:06	08:31
18	3028	Carina Silva	Alexandra Carvalho Team	Senior Feminino	02:00:18	+58:05	08:36
19	3389	Joana maia	Las fuertes Manas Maia	Senior Feminino	02:02:22	+01:00:09	08:44
20	3054	Marina Cabral Mota de Carvalho	ARSM - Associação Recreativa de S. Miguel	Senior Feminino	02:05:09	+01:02:56	08:56
21	3065	Sofia Ferreira	BTT Alegria // TUBANI	Senior Feminino	02:05:11	+01:02:58	08:57
22	3209	Celia Cristina Sa Quinta	Individual	Senior Feminino	02:05:11	+01:02:59	08:57
23	3190	DINA MORIM	GTT - Armazém do Caffè	Senior Feminino	02:05:13	+01:03:00	08:57
24	3228	Manuela Tavares	Individual	Senior Feminino	02:08:54	+01:06:41	09:12
25	3029	FRANCISCA COSTA LEITE	Alexandra Carvalho Team	Senior Feminino	02:09:25	+01:07:12	09:15
26	3231	MARTA CUNHA	Individual	Senior Feminino	02:09:43	+01:07:30	09:16
27	3240	Sara Almeida	Individual	Senior Feminino	02:10:00	+01:07:47	09:17
28	3213	Cristina Ramalho	Individual	Senior Feminino	02:10:00	+01:07:47	09:17
29	3243	Sara silva	Individual	Senior Feminino	02:10:15	+01:08:02	09:18
30	3442	Juliana Ferreira	OLIMPICO VIANENSE TRAIL	Senior Feminino	02:12:44	+01:10:31	09:29
31	3441	Chrystelle Amorim	OLIMPICO VIANENSE TRAIL	Senior Feminino	02:12:44	+01:10:32	09:29
32	3496	yolanda gonzalez valverde	TRAIL RUNNING NIGRAN	Senior Feminino	02:13:14	+01:11:02	09:31
33	3393	MARINA FERREIRA AMORIM	Minho e Lima Trail	Senior Feminino	02:14:42	+01:12:29	09:37
34	3391	ANA FRANCISCA AMORIM	Minho e Lima Trail	Senior Feminino	02:14:42	+01:12:29	09:37
35	3388	Rita Araujo	keepmoving	Senior Feminino	02:14:57	+01:12:44	09:38
36	3208	Catarina Pinto	Individual	Senior Feminino	02:15:11	+01:12:59	09:39
37	3423	Maria Moutinho	NOCTURNOS DE PAREDES	Senior Feminino	02:15:40	+01:13:28	09:41
38	3422	Eva Moreira	NOCTURNOS DE PAREDES	Senior Feminino	02:16:07	+01:13:55	09:43

Trail Curto 14K

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

39	3063	Cristina Neves	BTT Alegria // TUBANI	Senior Feminino	02:16:45	+01:14:32	09:46
40	3123	Madalena carneiro	EcoBarcAventura	Senior Feminino	02:16:50	+01:14:37	09:46
41	3215	Dores Cachetas	Individual	Senior Feminino	02:17:20	+01:15:08	09:49
42	3223	Filipa Oliveira	Individual	Senior Feminino	02:17:37	+01:15:24	09:50
43	3002	Alice Pereira	A.D. Amarante Trail Running	Senior Feminino	02:19:16	+01:17:03	09:57
44	3390	Raquel maia	Las fuertes Manas Maia	Senior Feminino	02:19:28	+01:17:15	09:58
45	3421	Carina Moreira	NOCTURNOS DE PAREDES	Senior Feminino	02:19:29	+01:17:16	09:58
46	3058	Mariana Oliveira	Brabus Runners	Senior Feminino	02:20:17	+01:18:04	10:01
47	3242	Sara Pereira	Individual	Senior Feminino	02:20:55	+01:18:42	10:04
48	3085	Mafalda Santos	Cerveira Team Running/Clube Celtas do Minho	Senior Feminino	02:21:25	+01:19:13	10:06
49	3541	Raquel Ferreira	Individual	Senior Feminino	02:23:31	+01:21:18	10:15
50	3221	Filipa Cruz	Individual	Senior Feminino	02:23:39	+01:21:26	10:16
51	3414	Sónia Silva	Mountain Runners	Senior Feminino	02:24:48	+01:22:35	10:21
52	3488	Vânia Alvitano	Team Fivami	Senior Feminino	02:25:17	+01:23:04	10:23
53	3375	Cristiana Carvalho	Juventude Cortegacense	Senior Feminino	02:25:18	+01:23:06	10:23
54	3027	ALEXANDRA CARVALHO	Alexandra Carvalho Team	Senior Feminino	02:25:22	+01:23:09	10:23
55	3233	Raquel Almeida	Individual	Senior Feminino	02:25:40	+01:23:27	10:24
56	3006	Elisabete Fernandes	Academia Kickboxing Boavista FC	Senior Feminino	02:25:50	+01:23:37	10:25
57	3203	Anabela Silva	Individual	Senior Feminino	02:29:49	+01:27:37	10:42
58	3249	Zélia Costa	Individual	Senior Feminino	02:30:45	+01:28:32	10:46
59	3199	Ana Carolina Velho	Individual	Senior Feminino	02:30:45	+01:28:32	10:46
60	3247	Susana Moreira	Individual	Senior Feminino	02:30:46	+01:28:33	10:46
61	3509	Joana Freire Azevedo	Trailistas "Eu é que sei!"	Senior Feminino	02:31:28	+01:29:15	10:49
62	3225	Jéssica Peixoto	Individual	Senior Feminino	02:31:28	+01:29:15	10:49
63	3517	Angelina Rosa Fonseca Fernandes	VIDAATIVARUNNERS	Senior Feminino	02:31:59	+01:29:47	10:51
64	3152	Carla Sofia Mendes Teixeira	Fridão Sem Limites	Senior Feminino	02:32:02	+01:29:49	10:52
65	3219	Fabia Martins	Individual	Senior Feminino	02:32:36	+01:30:23	10:54
66	3038	Sofia Silva	ARCA BarceloS runners	Senior Feminino	02:32:36	+01:30:23	10:54
67	3234	salete oliveira	Individual	Senior Feminino	02:32:38	+01:30:25	10:54
68	2066	Patricia Gonzalez	Cerveira Team Running/Clube Celtas do Minho	Senior Feminino	02:32:39	+01:30:27	10:54
69	3218	Evgeniya Shamonova	Individual	Senior Feminino	02:34:46	+01:32:33	11:03
70	3084	Elisa Dias	Cerveira Team Running/Clube Celtas do Minho	Senior Feminino	02:35:09	+01:32:57	11:05
71	3239	Sandra Teixeira	Individual	Senior Feminino	02:35:11	+01:32:59	11:05
72	3224	Filipa silva	Individual	Senior Feminino	02:36:09	+01:33:56	11:09
73	3174	Mafalda Duro	geofriends	Senior Feminino	02:38:51	+01:36:38	11:21
74	3212	Cláudia Novais	Individual	Senior Feminino	02:39:57	+01:37:44	11:25
75	3238	Sandra Neto	Individual	Senior Feminino	02:40:00	+01:37:47	11:26
76	3230	Marlene Afonso	Individual	Senior Feminino	02:40:05	+01:37:53	11:26
77	3064	Paula Silva	BTT Alegria // TUBANI	Senior Feminino	02:41:14	+01:39:01	11:31
78	3241	Sara Mariz	Individual	Senior Feminino	02:41:34	+01:39:21	11:32
79	3216	Elisabete Peixoto	Individual	Senior Feminino	02:41:34	+01:39:21	11:32
80	3200	Ana Paz Sousa	Individual	Senior Feminino	02:41:54	+01:39:41	11:34
81	3037	Ángela Carvalho	ARCA BarceloS runners	Senior Feminino	02:43:26	+01:41:13	11:40
82	3412	Diana Sá Moreira	Mountain Runners	Senior Feminino	02:43:45	+01:41:32	11:42

Trail Curto 14K

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

83	3192	Margarida Vaz	GTT - Armazém do Caffè	Senior Feminino	02:44:54	+01:42:41	11:47
84	3510	Sandra Cristina Pinto Quintas	Trailistas "Eu é que sei!"	Senior Feminino	02:44:56	+01:42:43	11:47
85	3217	Elsa Agra	Individual	Senior Feminino	02:45:10	+01:42:58	11:48
86	3478	Vanessa Mendes	Profisio Team	Senior Feminino	02:46:34	+01:44:22	11:54
87	3246	Susana Castro	Individual	Senior Feminino	02:47:41	+01:45:29	11:59
88	3210	Claudia Costa	Individual	Senior Feminino	02:47:41	+01:45:29	11:59
89	3046	Marta Carvalho	ARCORUN	Senior Feminino	02:49:23	+01:47:10	12:06
90	3045	Maria João	ARCORUN	Senior Feminino	02:49:41	+01:47:28	12:07
91	3248	Vera Morgado	Individual	Senior Feminino	02:50:06	+01:47:53	12:09
92	3120	Edite Gonçalves	CORRER LEÇA	Senior Feminino	02:50:13	+01:48:00	12:09
93	3083	Dora Guerreiro	Cerveira Team Running/Clube Celtas do Minho	Senior Feminino	02:50:18	+01:48:05	12:10
94	3413	Sara Rocha	Mountain Runners	Senior Feminino	02:50:18	+01:48:05	12:10
95	3404	Candida Bento	CORRER LEÇA	Senior Feminino	02:50:47	+01:48:35	12:12
96	3376	Isabel Sa	Juventude Cortegacense	Senior Feminino	02:51:25	+01:49:12	12:15
97	3433	Sofia Freitas	OADA - Os Amigos da Aventura	Senior Feminino	02:51:38	+01:49:25	12:16
98	3055	MÁRCIA REGINA DIAS PARENTE	BM	Senior Feminino	02:51:41	+01:49:28	12:16
99	3531	Elodie Amorim	Individual	Senior Feminino	02:52:36	+01:50:23	12:20
100	3530	Debora Amorim	Individual	Senior Feminino	02:52:37	+01:50:24	12:20
101	3214	diana Pinto	Individual	Senior Feminino	02:53:48	+01:51:35	12:25
102	3424	Milene Machado	NOCTURNOS DE PAREDES	Senior Feminino	02:54:15	+01:52:02	12:27
103	3080	Ana Gomes	Cerveira Team Running/Clube Celtas do Minho	Senior Feminino	02:56:58	+01:54:45	12:38
104	3432	Ana Isabel Matos	OADA - Os Amigos da Aventura	Senior Feminino	02:57:23	+01:55:10	12:40
105	3204	Carla Brinco	Individual	Senior Feminino	02:57:53	+01:55:40	12:42
106	3205	Carla Leal	Individual	Senior Feminino	02:57:53	+01:55:40	12:42
107	3082	Anjos Venade	Cerveira Team Running/Clube Celtas do Minho	Senior Feminino	02:58:58	+01:56:45	12:47
108	3236	Sandra Gabriela Pires da Costa	Individual	Senior Feminino	02:59:03	+01:56:50	12:47
109	3508	Ana Chaves	Trailistas "Eu é que sei!"	Senior Feminino	03:02:06	+01:59:53	13:00
110	3469	MARIA JOSE OLIVEIRA	PORTOCARGO	Senior Feminino	03:02:17	+02:00:04	13:01
111	3086	Maria Fão	Cerveira Team Running/Clube Celtas do Minho	Senior Feminino	03:05:05	+02:02:53	13:13
112	3150	Ana Isabel Azevedo Leite	Fridão Sem Limites	Senior Feminino	03:05:17	+02:03:04	13:14
113	3072	Marlene Marques	BUDEGUITA RUNNERS	Senior Feminino	03:06:22	+02:04:09	13:19
114	3466	Maria Pereira	Pernetas	Senior Feminino	03:08:48	+02:06:35	13:29
115	3244	Silvia Lourenço	Individual	Senior Feminino	03:10:57	+02:08:44	13:38
116	3180	Helena Mateus	Gondarãfrente	Senior Feminino	03:12:39	+02:10:26	13:46
117	3030	Sandra Costa	Alexandra Carvalho Team	Senior Feminino	03:13:27	+02:11:15	13:49
118	3087	Rita Correia	Cerveira Team Running/Clube Celtas do Minho	Senior Feminino	03:14:36	+02:12:24	13:54
119	3454	Silvia Maciel	Ou vai ou racha	Senior Feminino	03:17:33	+02:15:20	14:07
120	3235	Salomé de Almeida Mourisco	Individual	Senior Feminino	03:17:33	+02:15:21	14:07
121	3227	Liliana Mota	Individual	Senior Feminino	03:18:41	+02:16:28	14:11
122	2480	Carina Santos Alves	Saloios Trail Running	Senior Feminino	03:18:41	+02:16:29	14:12
123	3237	Sandra Guerreiro	Individual	Senior Feminino	03:18:46	+02:16:34	14:12
124	3207	Catarina da Silva Rebelo	Individual	Senior Feminino	03:19:49	+02:17:37	14:16
125	3477	Teresa Oliveira	Profisio Team	Senior Feminino	03:23:13	+02:21:00	14:31

Trail Curto 14K

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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126	3226	Katia Barbosa	Individual	Senior Feminino	03:23:55	+02:21:42	14:34
127	3222	Filipa Isabel de Sousa Reis	Individual	Senior Feminino	03:23:55	+02:21:42	14:34
128	3088	Samanta Filipe	Cerveira Team Running/Clube Celtas do Minho	Senior Feminino	03:26:51	+02:24:39	14:47
129	3468	ANA MARTINS	PORTOCARGO	Senior Feminino	03:28:23	+02:26:10	14:53
130	3211	Cláudia Freitas	Individual	Senior Feminino	03:28:44	+02:26:31	14:55
131	3172	Liliana Alves	Geadas running	Senior Feminino	03:37:39	+02:35:27	15:33
132	3173	Susana pinto	Geadas running	Senior Feminino	03:37:40	+02:35:27	15:33
133	3171	Joana Abobeira	Geadas running	Senior Feminino	03:37:40	+02:35:27	15:33
134	3081	Andreia Bouça	Cerveira Team Running/Clube Celtas do Minho	Senior Feminino	03:38:02	+02:35:49	15:34

Senior Masculino

1	2118	Wilson Gabriel Cardoso Cabral	Emicela Team Cabo Verde	Senior Masculino	01:02:12		04:27
2	3118	Pedro Filipe Ramos Pontes	CLUBE DESPORTIVO DA PÓVOA	Senior Masculino	01:14:49	+12:36	05:21
3	3163	Bruno Santiago	Gaia Trail	Senior Masculino	01:15:20	+13:07	05:23
4	3286	Tiago Marinho Freitas Subtil	Individual	Senior Masculino	01:18:58	+16:46	05:38
5	3019	Carlos Nuno Araújo Martins	AIRORUN	Senior Masculino	01:19:13	+17:01	05:40
6	3543	Valter Pereira	Minho e Lima Trail	Senior Masculino	01:19:16	+17:04	05:40
7	3020	Luis Freitas	AIRORUN	Senior Masculino	01:19:20	+17:07	05:40
8	3544	Adriano Moraes	Individual	Senior Masculino	01:19:32	+17:20	05:41
9	3396	MARCO PAULO FERNANDES	Minho e Lima Trail	Senior Masculino	01:20:45	+18:32	05:46
10	3156	paulo monteiro	Fridão Sem Limites	Senior Masculino	01:21:24	+19:11	05:49
11	3026	rui pinho	Akuafit	Senior Masculino	01:21:38	+19:25	05:50
12	3155	Bruno Daniel Mendes Azevedo	Fridão Sem Limites	Senior Masculino	01:22:00	+19:47	05:51
13	3426	Sérgio Vale	NOCTURNOS DE PAREDES	Senior Masculino	01:23:07	+20:54	05:56
14	3445	Ângelo Martins	OLIMPICO VIANENSE TRAIL	Senior Masculino	01:24:28	+22:16	06:02
15	3096	Renato Martins	Cerveira Team Running/Clube Celtas do Minho	Senior Masculino	01:25:17	+23:04	06:05
16	2399	Rafael Pereira	Minho e Lima Trail	Senior Masculino	01:26:37	+24:24	06:11
17	3447	Leonel Couto	OLIMPICO VIANENSE TRAIL	Senior Masculino	01:27:35	+25:23	06:15
18	3446	Bruno Amorim	OLIMPICO VIANENSE TRAIL	Senior Masculino	01:27:36	+25:23	06:15
19	3490	Luis Rafael Lima Coutinho	Team Workout 48/CAM	Senior Masculino	01:28:45	+26:32	06:20
20	3520	Nuno Miguel Moraes Freitas	XL&S TRAIL	Senior Masculino	01:29:10	+26:57	06:22
21	2112	Samuel Amorim	EI Team Trail	Senior Masculino	01:31:35	+29:22	06:33
22	3193	António Filipe Martins Costa	GTT - Armazém do Caffè	Senior Masculino	01:33:23	+31:10	06:40
23	3395	JOSÉ ÁLVARO AMORIM	Minho e Lima Trail	Senior Masculino	01:34:07	+31:55	06:43
24	3527	Alípio Gonçalves	Individual	Senior Masculino	01:37:02	+34:50	06:56
25	3196	MARCELO TELES	GTT - Armazém do Caffè	Senior Masculino	01:38:37	+36:24	07:03
26	3194	João Renato Pereira	GTT - Armazém do Caffè	Senior Masculino	01:38:37	+36:25	07:03
27	3039	Vitor Silva	ARCA BarceloS runners	Senior Masculino	01:40:46	+38:33	07:12
28	3130	MIGUEL NETO	EI Team Trail	Senior Masculino	01:41:17	+39:04	07:14
29	3259	Fernando Henrique Trancoso Temporão Temporão	Individual	Senior Masculino	01:41:45	+39:32	07:16
30	3165	Bruno Fernandes	Gaz(n)elas	Senior Masculino	01:42:52	+40:39	07:21
31	3251	Alfonso José Riveiro Cabaleiro	Individual	Senior Masculino	01:42:54	+40:41	07:21

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Trail Curto 14K

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

32	3169	Macael Gonçalves	Gaz(n)elas	Senior Masculino	01:43:31	+41:18	07:24
33	3281	Pedro Filipe Branco Marques Abreu	Individual	Senior Masculino	01:43:53	+41:41	07:25
34	3255	David Fernando Braga Dias	Individual	Senior Masculino	01:44:42	+42:29	07:29
35	3265	Gustavo Vaz Cacho	Individual	Senior Masculino	01:46:44	+44:31	07:37
36	3285	Sérgio Ferreira	Individual	Senior Masculino	01:46:48	+44:35	07:38
37	3009	João Paulo Regal de Sousa	Academia Kickboxing Boavista FC	Senior Masculino	01:47:06	+44:53	07:39
38	3425	Daniel Silva	NOCTURNOS DE PAREDES	Senior Masculino	01:47:44	+45:31	07:42
39	3266	Helder Teles	Individual	Senior Masculino	01:48:02	+45:50	07:43
40	3283	RICARDO JORGE CUNHA REGO	Individual	Senior Masculino	01:49:52	+47:39	07:51
41	3282	Pierre Gomes	Individual	Senior Masculino	01:53:49	+51:36	08:08
42	3008	César Vaz	Academia Kickboxing Boavista FC	Senior Masculino	01:54:56	+52:43	08:13
43	3252	André Ramos	Individual	Senior Masculino	01:55:06	+52:53	08:13
44	3287	ritor das neves pereira vieira	Individual	Senior Masculino	01:55:06	+52:54	08:13
45	3274	Miguel Martins	Individual	Senior Masculino	01:55:27	+53:14	08:15
46	3275	Miguel oliveira	Individual	Senior Masculino	01:55:49	+53:36	08:16
47	3272	Marcelo Teixeira	Individual	Senior Masculino	01:56:07	+53:54	08:18
48	3501	Ramiro Laranjeira	Trail Team Montaria	Senior Masculino	01:56:14	+54:02	08:18
49	3268	João Barbosa	Individual	Senior Masculino	01:56:34	+54:21	08:20
50	3528	Vitor Mendes	Individual	Senior Masculino	01:56:40	+54:27	08:20
51	3471	RICARDO PEREIRA	PORTOCARGO	Senior Masculino	01:56:48	+54:35	08:21
52	3007	Bruno Fernandes	Academia Kickboxing Boavista FC	Senior Masculino	01:57:40	+55:27	08:24
53	3066	Daniel Sousa	BTT Alegria // TUBANI	Senior Masculino	01:57:51	+55:39	08:25
54	3263	Gilberto Videira	Individual	Senior Masculino	01:58:39	+56:26	08:28
55	3526	Miguel Batista	Individual	Senior Masculino	01:58:56	+56:44	08:30
56	3506	Tiago Martins	Trail Team Montaria	Senior Masculino	02:00:40	+58:27	08:37
57	3500	Patrick Ferreira	Trail Team Montaria	Senior Masculino	02:00:40	+58:27	08:37
58	3499	Fernando Martins	Trail Team Montaria	Senior Masculino	02:00:40	+58:27	08:37
59	3166	Eduardo Mendes	Gaz(n)elas	Senior Masculino	02:00:48	+58:35	08:38
60	3264	Gonçalo Rodrigues	Individual	Senior Masculino	02:01:03	+58:50	08:39
61	3250	Alex Valente	Individual	Senior Masculino	02:02:22	+01:00:09	08:44
62	3261	Filipe Barbosa	Individual	Senior Masculino	02:02:22	+01:00:09	08:44
63	3168	José Oliveira	Gaz(n)elas	Senior Masculino	02:02:22	+01:00:09	08:44
64	3484	Amadeu Coelho	SS Box	Senior Masculino	02:02:26	+01:00:13	08:45
65	2122	Luis Landeira	Ermida Team	Senior Masculino	02:04:12	+01:01:59	08:52
66	3260	Fernando Silva	Individual	Senior Masculino	02:04:26	+01:02:13	08:53
67	3523	Arnaldo Pires	Individual	Senior Masculino	02:04:57	+01:02:44	08:55
68	3094	Emanuel Fernandes	Cerveira Team Running/Clube Celtas do Minho	Senior Masculino	02:05:03	+01:02:50	08:56
69	3273	Maurício Amorim	Individual	Senior Masculino	02:05:18	+01:03:05	08:57
70	3436	Henrique Gonçalves	OADA - Os Amigos da Aventura	Senior Masculino	02:07:00	+01:04:47	09:04
71	3092	Carlos Cunha	Cerveira Team Running/Clube Celtas do Minho	Senior Masculino	02:07:09	+01:04:57	09:05
72	3434	Alexandre Areias	OADA - Os Amigos da Aventura	Senior Masculino	02:08:01	+01:05:48	09:09
73	2123	Pedro Torres Ferreira	Factor X / S4L / MedenseFC	Senior Masculino	02:09:13	+01:07:00	09:14
74	3534	André Silva	Individual	Senior Masculino	02:10:57	+01:08:44	09:21
75	2481	Pedro Falcão Costa	Saloios Trail Running	Senior Masculino	02:12:41	+01:10:28	09:29
76	3167	João Pedro Ferraz Soares	Gaz(n)elas	Senior Masculino	02:12:59	+01:10:47	09:30

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Trail Curto 14K

14 KM

OFFICIAL RESULT

7	3160	Manuel José Mendes Teixeira	Fridão Sem Limites	Veterano M40	01:38:56	+36:43	07:04
8	3334	Antonio Manuel Abreu Coelho	Individual	Veterano M40	01:39:56	+37:43	07:08
9	3451	Raul Curva	OLIMPICO VIANENSE TRAIL	Veterano M40	01:41:16	+39:03	07:14
10	3059	Carlos Cunha	BragaXplora	Veterano M40	01:42:51	+40:39	07:21
11	3525	Eduardo Martins	Individual	Veterano M40	01:49:08	+46:55	07:48
12	3347	Nuno Sendao	Individual	Veterano M40	01:49:11	+46:58	07:48
13	3352	Rui Pedro de Macedo Peixoto	Individual	Veterano M40	01:49:15	+47:02	07:48
14	3464	Jose Ferreira	Palmeira Runners	Veterano M40	01:49:17	+47:04	07:48
15	3060	Pedro Parrinha	BragaXplora	Veterano M40	01:51:38	+49:25	07:58
16	3062	Rui Ferreira	BragaXplora	Veterano M40	01:52:38	+50:26	08:03
17	3339	Hugo Silva	Individual	Veterano M40	01:53:26	+51:13	08:06
18	3069	Joaquim Soares	BTT Alegria // TUBANI	Veterano M40	01:57:52	+55:40	08:25
19	3473	MARCO OLIVEIRA	PORTOCARGO	Veterano M40	01:57:53	+55:40	08:25
20	3408	Luís Alberto Monteiro	NOCTURNOS DE PAREDES	Veterano M40	01:58:01	+55:48	08:26
21	3487	pedro soares	TEAM CASA DO MONTE	Veterano M40	01:59:01	+56:48	08:30
22	3465	Ricardo Magalhães	Palmeira Runners	Veterano M40	02:02:11	+59:58	08:44
23	3348	Osvaldo Azevedo	Individual	Veterano M40	02:02:44	+01:00:31	08:46
24	3176	ANTONIO SOARES	Global Trail	Veterano M40	02:02:50	+01:00:37	08:46
25	1015	Sérgio Ferreira	AfrikanRunners	Veterano M40	02:03:58	+01:01:45	08:51
26	3061	Rui Fernandes	BragaXplora	Veterano M40	02:04:09	+01:01:56	08:52
27	3140	Eduardo Queiroz	Fardetas	Veterano M40	02:12:45	+01:10:32	09:29
28	3346	nuno cunha	Individual	Veterano M40	02:13:39	+01:11:26	09:33
29	3146	Filipe Coelho	FIT GAIA TRAIL	Veterano M40	02:14:52	+01:12:39	09:38
30	3016	Nuno Miguel Ferreira Couto	Academia Kickboxing Boavista FC	Veterano M40	02:16:41	+01:14:29	09:46
31	3333	Alfredo Lopez Moral	Individual	Veterano M40	02:18:53	+01:16:40	09:55
32	3383	Ricardo Afonso	Juventude Cortegacense	Veterano M40	02:19:03	+01:16:50	09:56
33	3343	Manuel Gomes	Individual	Veterano M40	02:19:29	+01:17:16	09:58
34	3380	Daniel Martins	Juventude Cortegacense	Veterano M40	02:19:31	+01:17:19	09:58
35	3470	Carlos oliveira	PORTOCARGO	Veterano M40	02:22:00	+01:19:47	10:09
36	3418	Alexandre Ferreira	NAP	Veterano M40	02:23:20	+01:21:07	10:14
37	3338	Helder Joaquim Silva Santos	Individual	Veterano M40	02:23:21	+01:21:08	10:14
38	3382	Helder Castro Costa	Juventude Cortegacense	Veterano M40	02:23:58	+01:21:46	10:17
39	3419	Nuno Maltez	NAP	Veterano M40	02:26:07	+01:23:54	10:26
40	3420	Pedro Lima	NAP	Veterano M40	02:26:07	+01:23:54	10:26
41	3349	Pedro Machado	Individual	Veterano M40	02:28:12	+01:25:59	10:35
42	3381	Helder Candal Correia	Juventude Cortegacense	Veterano M40	02:34:21	+01:32:09	11:02
43	3104	Manuel Gonzalez	Cerveira Team Running/Clube Celtas do Minho	Veterano M40	02:35:09	+01:32:56	11:05
44	3341	João Guerreiro	Individual	Veterano M40	02:38:06	+01:35:53	11:18
45	2548	Miguel Tolentino	Individual	Veterano M40	02:39:27	+01:37:14	11:23
46	3070	Paulo Nunes	BTT Alegria // TUBANI	Veterano M40	02:41:14	+01:39:02	11:31
47	3492	Vitor Rodrigues	TERRAS DO VEZ	Veterano M40	02:43:29	+01:41:16	11:41
48	3336	Fernando Manuel Fernandes Rodrigues	Individual	Veterano M40	02:46:21	+01:44:09	11:53
49	3384	Rui Pedro Galante	Juventude Cortegacense	Veterano M40	02:51:26	+01:49:13	12:15
50	3438	Miguel Carvalhido	OADA - Os Amigos da Aventura	Veterano M40	02:51:38	+01:49:25	12:16
51	3353	Sérgio Alberto Azevedo Santos	Individual	Veterano M40	02:57:47	+01:55:35	12:42

Trail Curto 14K

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

52	3409	ritor costa	Monte dos Amigos/Juventude Ribeiras	Veterano M40	03:14:59	+02:12:46	13:56
53	3533	Orlando Brito	Individual	Veterano M40	03:17:29	+02:15:16	14:06

Veterano M45

1	3035	José Leitão	Alexandra Carvalho Team	Veterano M45	01:18:36	+16:23	05:37
2	3161	Paulo Teixeira de Sousa	Fridão Sem Limites	Veterano M45	01:19:54	+17:41	05:42
3	3023	Jose pereira	AIRORUN	Veterano M45	01:27:32	+25:19	06:15
4	3536	Manuel de Sá Barros	Individual	Veterano M45	01:30:10	+27:57	06:26
5	3357	José Alberto Monteiro Pires Trigo	Individual	Veterano M45	01:32:33	+30:21	06:37
6	3024	Luis mota	AIRORUN	Veterano M45	01:46:11	+43:58	07:35
7	3049	JORGE SANTOS	ARCORUN	Veterano M45	01:47:34	+45:21	07:41
8	3416	Adão Rocha	Mountain Runners	Veterano M45	01:49:09	+46:56	07:48
9	3439	Carlos Oliveira	OADA - Os Amigos da Aventura	Veterano M45	01:50:07	+47:54	07:52
10	3364	Pedro Sendao	Individual	Veterano M45	01:59:41	+57:28	08:33
11	3178	SERGIO OSORIO	Global Trail	Veterano M45	02:02:49	+01:00:37	08:46
12	3107	José Luis Cerdeira	Cerveira Team Running/Clube Celtas do Minho	Veterano M45	02:06:33	+01:04:20	09:02
13	3017	José Estêvão	Academia Kickboxing Boavista FC	Veterano M45	02:12:49	+01:10:36	09:29
14	3493	marco filipe amorim brito	TERRAS DO VEZ	Veterano M45	02:19:29	+01:17:16	09:58
15	3516	Fabiano Ozores	Viana Running	Veterano M45	02:20:10	+01:17:57	10:01
16	3354	Helder Craveiro	Individual	Veterano M45	02:21:43	+01:19:30	10:07
17	3177	Adriano Cardoso	Global Trail	Veterano M45	02:27:20	+01:25:08	10:31
18	3188	Hugo Costa	GONDOMAR FUTSAL CLUBE	Veterano M45	02:39:25	+01:37:12	11:23
19	2547	Diogo Leitão	Individual	Veterano M45	02:39:26	+01:37:13	11:23
20	3356	Jorge manuel da silva faria Novo	Individual	Veterano M45	02:39:31	+01:37:18	11:24
21	3360	miguel marote henriques	Individual	Veterano M45	02:40:20	+01:38:07	11:27
22	3386	Jorge Alberto do Carmo Cerqueira Teixeira	JUVENTUDE DESPORTIVA DE GONDOMAR	Veterano M45	02:42:56	+01:40:44	11:38
23	3387	José Manuel Cerqueira do Carmo Teixeira	JUVENTUDE DESPORTIVA DE GONDOMAR	Veterano M45	02:42:57	+01:40:44	11:38
24	3417	Emilio João Carvalho	Mountain Runners	Veterano M45	02:43:48	+01:41:35	11:42
25	3385	António Augusto Oliveira Santos	Juventude Cortegacense	Veterano M45	02:44:38	+01:42:26	11:46
26	3106	João Paulo	Cerveira Team Running/Clube Celtas do Minho	Veterano M45	03:00:31	+01:58:19	12:54
27	3147	João Moura	FIT GAIA TRAIL	Veterano M45	03:22:51	+02:20:38	14:29
28	3363	Pedro Filipe da Silva Teixeira	Individual	Veterano M45	03:23:55	+02:21:42	14:34
29	3460	José Gentil	Ou vai ou racha	Veterano M45	03:35:53	+02:33:40	15:25

Veterano M50

1	3036	Fernando Neves	Amigos do Pedal Trail de Lagares	Veterano M50	01:16:01	+13:48	05:26
2	3521	jesus carlos alvarez ballesteros	XL&S TRAIL	Veterano M50	01:27:12	+24:59	06:14
3	3025	casimiro araujo	AIRORUN	Veterano M50	01:27:29	+25:17	06:15
4	3164	José Morais	Gaia Trail	Veterano M50	01:29:09	+26:56	06:22
5	3397	ANTÓNIO LIMA AMORIM	Minho e Lima Trail	Veterano M50	01:30:52	+28:39	06:29

