

**TRAIL 30K - STAGE 1**
**30 KM**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
**OFFICIAL RESULT**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	08:00	18,6°C	93%
End	14:55	18,6°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	380	Bruno Jesus	satecnosol outdoor / la sportiva	Senior Masculino	02:46:05		05:32
2	412	Luis Fernandes	u.f. comércio e indústria atletismo	Senior Masculino	02:47:53	+01:47	05:36
3	350	António Braziela Rocha	oralklass-amigos do trail	Sub 23 Masculino	02:48:39	+02:33	05:37
4	93	Nelson Santos	dão nelas runners	Veterano M40	02:48:59	+02:53	05:38
5	383	Leonel Cunha	satecnosol outdoor / la sportiva	Senior Masculino	02:50:35	+04:29	05:41
6	384	Bruno Silva	satecnosol outdoor / la sportiva	Sub 23 Masculino	02:51:55	+05:49	05:44
7	25	Bruno Miguel Rodrigues Moreira	amigos do pedal trailagares	Senior Masculino	02:54:53	+08:47	05:50
8	7	Paulo Costa	a.d.amarante trail running	Senior Masculino	02:57:37	+11:32	05:55
9	349	Nuno Alves	oralklass-amigos do trail	Senior Masculino	02:58:33	+12:27	05:57
10	272	Diogo Baena	juventude vidigalense	Senior Masculino	02:58:52	+12:47	05:58
11	19	Francisco Joao Fernandes	águias de alvelos	Senior Masculino	02:59:16	+13:10	05:59
12	58	Nuno Fernandes	clube atletismo fafe	Senior Masculino	03:00:54	+14:48	06:02
13	18	Bruno Ribeiro	águias de alvelos	Senior Masculino	03:02:17	+16:11	06:05
14	118	PEDRO SANTOS	fugitivos urbanos - clínica + saúde	Veterano M40	03:02:28	+16:22	06:05
15	151	Agostinho Reis	individual	Senior Masculino	03:04:29	+18:23	06:09
16	413	Virgílio Gomes	u.f. comércio e indústria atletismo	Veterano M45	03:04:48	+18:42	06:10
17	8	Vitor Costa	a.d.amarante trail running	Veterano M40	03:04:55	+18:49	06:10
18	239	Abílio	individual	Veterano M45	03:05:05	+18:59	06:10
19	382	Fabio Pinto	satecnosol outdoor / la sportiva	Senior Masculino	03:08:19	+22:13	06:17
20	377	Paulo Pires	runner's do demo	Senior Masculino	03:09:14	+23:08	06:18
21	154	Antonio sa	individual	Senior Masculino	03:11:26	+25:20	06:23
22	348	Fernando Neves	oralklass-amigos do trail	Senior Masculino	03:12:00	+25:54	06:24
23	415	Paulo Mesquita	vilaverdeacorrer	Senior Masculino	03:12:13	+26:08	06:24
24	61	Ricardo Duarte	clube de atletismo de ferreira do zêzere	Senior Masculino	03:13:10	+27:04	06:26
25	95	Helder Rocha	douroconta - gabinete de apoio e contabilidade	Veterano M40	03:13:21	+27:15	06:27
26	110	Luís Miguel Ribeiro da Cunha	figueira kayak clube	Veterano M40	03:15:26	+29:20	06:31
27	111	Carlos Rodrigues	figueira kayak clube	Veterano M50	03:15:59	+29:53	06:32
28	410	Pedro Pinheiro	trilho perdido eventos / importlux	Veterano M40	03:16:15	+30:09	06:33
29	300	Belmiro Ferreira	lion runners - g. d. leões da guarda	Veterano M50	03:17:27	+31:21	06:35
30	227	Nuno Cardoso	individual	Veterano M40	03:18:17	+32:11	06:37
31	236	Rui Pedro Pinheiro da Fonseca	individual	Veterano M40	03:19:36	+33:30	06:39
32	347	Filipe Carneiro	oralklass-amigos do trail	Senior Masculino	03:19:42	+33:37	06:39
33	57	Daniel Costa	clube atletismo fafe	Senior Masculino	03:19:48	+33:42	06:40
34	346	Nuno Pereira	olímpico vianense trail	Senior Masculino	03:21:56	+35:50	06:44
35	399	Alex Tondela	sport clube beira-mar	Veterano M40	03:21:58	+35:52	06:44
36	10	Filipe Afonso	acportalegre/utsm	Senior Masculino	03:22:08	+36:02	06:44
37	181	Márcio Castro	individual	Senior Masculino	03:23:19	+37:13	06:47
38	44	Humberto Alexandre Dias Silva	aztrail	Senior Masculino	03:23:26	+37:20	06:47
39	1064	Fernando Leal	amigos do pedal trailagares	Veterano M50	03:24:12	+38:07	06:48
40	60	Rui Pedro Povo	clube atletismo fafe	Veterano M40	03:25:04	+38:59	06:50
41	59	Filipe Rocha	clube atletismo fafe	Sub 23 Masculino	03:25:49	+39:44	06:52



TRAIL 30K - STAGE 1

30 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	TKM
87	85	Nelson Teixeira	crocodilos / mister pc	Senior Masculino	03:48:57	+01:02:51	07:38
88	136	FLAVIO PASTOR	grupo dramatico e recreativo da retorta	Senior Masculino	03:49:03	+01:02:57	07:38
89	173	João Filipe Tomás Amândio	individual	Senior Masculino	03:50:05	+01:04:00	07:40
90	332	Nuno Ribeiro	nascidos para correr	Senior Masculino	03:50:24	+01:04:19	07:41
91	271	Joana Raio Esperanço	juventude vidigalense	Senior Feminino	03:50:36	+01:04:31	07:41
92	297	Luis Sá	lion runners - g. d. leões da guarda	Veterano M40	03:50:37	+01:04:32	07:41
93	90	Paulo César Ferreira	ctad-trilhos de cinfães	Veterano M40	03:50:43	+01:04:37	07:41
94	31	Amadeu Teixeira	amigos do pedal trailagares	Veterano M55	03:50:47	+01:04:41	07:42
95	34	Carlos Fernandes	as belas e eles	Veterano M40	03:52:27	+01:06:21	07:45
96	418	VÍTOR RODRIGUES	vilaverdeacorrer	Veterano M40	03:52:34	+01:06:28	07:45
97	100	Paula soares	equipa autistic runners	Senior Feminino	03:52:35	+01:06:29	07:45
98	45	Daniel Ribeiro	bitrunners	Senior Masculino	03:52:38	+01:06:33	07:45
99	238	Yannick Some	individual	Veterano M40	03:52:51	+01:06:45	07:46
100	98	Tiago Sousa	dr.merino/4moove	Senior Masculino	03:52:52	+01:06:46	07:46
101	198	Vitor Manuel Dias Alves	individual	Sub 23 Masculino	03:52:57	+01:06:51	07:46
102	286	Fernando Gomes	kemedo team	Veterano M45	03:53:00	+01:06:55	07:46
103	291	Hugo Moreira	leões de tardariz trail	Senior Masculino	03:53:49	+01:07:44	07:48
104	370	Sandra Mendes	profisio team	Veterana F40	03:54:11	+01:08:05	07:48
105	230	paulo jorge	individual	Veterano M40	03:54:12	+01:08:07	07:48
106	404	Elisabete Santos	team lanthemil	Veterana F40	03:54:31	+01:08:25	07:49
107	138	Paulo Cresso	gteam	Veterano M40	03:54:47	+01:08:41	07:50
108	229	Óscar Magolo	individual	Veterano M40	03:55:34	+01:09:29	07:51
109	116	Ricardo Francisco Sousa Aires	fridão sem limites	Veterano M40	03:55:42	+01:09:36	07:51
110	371	Raul Silva	profisio team	Veterano M40	03:57:31	+01:11:26	07:55
111	379	Luís Filipe Martinho Salvador	runner's do demo	Veterano M50	03:58:16	+01:12:10	07:57
112	403	Rosália Silva	team lanthemil	Senior Feminino	03:58:16	+01:12:11	07:57
113	325	Leandro Pacheco	monte dos amigos/juventude ribeiras	Veterano M40	03:58:43	+01:12:37	07:57
114	119	Mário Melo	galhardos runners	Senior Masculino	03:58:51	+01:12:46	07:58
115	284	Bruno Araújo	kemedo team	Veterano M40	03:59:59	+01:13:54	08:00
116	99	Paula lage	dr.merino/4moove	Veterana F40	04:00:09	+01:14:04	08:00
117	1339	Vitor André Da Silva Cardoso	ctad-trilhos de cinfães	Senior Masculino	04:00:48	+01:14:42	08:02
118	72	Jorge Nabais	coa - clube de orientação e aventura	Senior Masculino	04:02:06	+01:16:00	08:04
119	292	Miguel Alves	leões de tardariz trail	Senior Masculino	04:02:34	+01:16:28	08:05
120	250	Tiago Leal	individual	Veterano M45	04:03:04	+01:16:59	08:06
121	308	António Pinto	mocidade sangemil ac	Senior Masculino	04:03:19	+01:17:13	08:07
122	248	Paulo Neta	individual	Veterano M45	04:03:51	+01:17:45	08:08
123	434	Manuel Sardinha	individual	Veterano M55	04:04:01	+01:17:55	08:08
124	50	Michael Granadeiro	c.d. os águias de alpiarça	Senior Masculino	04:04:31	+01:18:25	08:09
125	406	João Silva	trilho perdido eventos / imporlux	Senior Masculino	04:04:51	+01:18:45	08:10
126	152	Alexandre Pereira	individual	Senior Masculino	04:05:00	+01:18:54	08:10
127	20	Antonio Gomes	águias de alvelos	Veterano M45	04:05:48	+01:19:42	08:12
128	205	Alexandra Fernandes	individual	Veterana F50	04:05:57	+01:19:51	08:12
129	22	Margarida Amaro	amcf - arrábida trail team	Veterana F40	04:05:57	+01:19:51	08:12
130	186	Nuno Sá	individual	Senior Masculino	04:06:20	+01:20:14	08:13
131	37	Pedro Meneses	associação desportiva da efaccec	Veterano M40	04:06:41	+01:20:36	08:13
132	14	José Moisés	acportalegre/utsm	Veterano M45	04:07:14	+01:21:09	08:14

TRAIL 30K - STAGE 1

30 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
133	105	David Gonçalves	factor x / s4l / medense fc	Senior Masculino	04:07:42	+01:21:36	08:15
134	1720	João Oliveira	trinca orelhas de gato	Senior Masculino	04:07:52	+01:21:46	08:16
135	1742	Victor Cardoso	trinca orelhas de gato	Veterano M40	04:07:52	+01:21:46	08:16
136	87	Paulo Pelicano	crocodilos / mister pc	Veterano M45	04:07:57	+01:21:51	08:16
137	235	Rúben Alves	individual	Veterano M40	04:08:00	+01:21:55	08:16
138	157	Carlos Miguel Coelho Jacinto	individual	Senior Masculino	04:08:03	+01:21:57	08:16
139	335	Pedro Pisco	nice runners	Veterano M45	04:08:10	+01:22:04	08:16
140	268	Joao Paulo da Costa oliveira	juventude cortegacense	Veterano M40	04:08:39	+01:22:34	08:17
141	400	João Cardoso	ss montepio	Veterano M40	04:10:26	+01:24:20	08:21
142	320	Tiago Daniel Correia Rodrigue	montanha clube trail running/efapel	Senior Masculino	04:10:41	+01:24:35	08:21
143	123	Mafalda Moniz	go! runners	Senior Feminino	04:10:42	+01:24:36	08:21
144	369	Hugo Figueiredo	pm	Veterano M40	04:10:43	+01:24:37	08:21
145	155	Bruno Ramiro	individual	Senior Masculino	04:10:53	+01:24:47	08:22
146	40	Maria Augusta Da Costa loureiro	associação desportiva de cabroelo	Veterana F45	04:10:58	+01:24:52	08:22
147	242	Gatinot	individual	Veterano M45	04:11:00	+01:24:55	08:22
148	315	Hélder Lopes	montanha clube trail running/efapel	Senior Masculino	04:11:24	+01:25:18	08:23
149	91	Cláudio Antero Carvalho Roça	dão nelas runners	Senior Masculino	04:11:36	+01:25:31	08:23
150	261	alfredo costa	individual	Veterano M55	04:13:23	+01:27:17	08:27
151	92	Nuno Salvador	dão nelas runners	Senior Masculino	04:13:30	+01:27:24	08:27
152	177	Jose Grijó	individual	Senior Masculino	04:13:32	+01:27:27	08:27
153	176	Joel Ferreira	individual	Senior Masculino	04:13:35	+01:27:29	08:27
154	387	Raquel Campos	shots international runners	Senior Feminino	04:13:37	+01:27:32	08:27
155	253	Carlos Cunha	individual	Veterano M50	04:13:40	+01:27:34	08:27
156	55	Pedro Anjos	clac - entroncamento	Veterano M40	04:14:33	+01:28:27	08:29
157	141	Filipe Oliveyra	imperadores	Senior Masculino	04:14:59	+01:28:54	08:30
158	77	Simão Pedro	coa - clube de orientação e aventura	Veterano M40	04:16:01	+01:29:56	08:32
159	273	Fátima Alendouro	juventude vidigalense	Veterana F40	04:16:04	+01:29:59	08:32
160	211	André Pinheiro	individual	Veterano M40	04:16:09	+01:30:04	08:32
161	339	José Gomes	nocturnos de paredes	Veterano M50	04:16:39	+01:30:33	08:33
162	329	Pedro Vieira	mountain runners	Senior Masculino	04:17:06	+01:31:00	08:34
163	147	Maria santos	individual	Senior Feminino	04:17:10	+01:31:04	08:34
164	395	André Manuel Martins Príncipe	sport clube beira-mar	Senior Masculino	04:17:20	+01:31:14	08:35
165	28	Ruben Daniel Soares Vieira	amigos do pedal trailagares	Sub 23 Masculino	04:17:29	+01:31:23	08:35
166	170	Henrique Barbosa	individual	Senior Masculino	04:18:05	+01:31:59	08:36
167	23	Ana Paula Soares Vieira	amigos do pedal trailagares	Senior Feminino	04:18:20	+01:32:14	08:37
168	256	Luís Mota	individual	Veterano M50	04:18:32	+01:32:27	08:37
169	219	Hugo Brito	individual	Veterano M40	04:18:38	+01:32:32	08:37
170	287	José Augusto	kemedo team	Veterano M45	04:18:43	+01:32:37	08:37
171	241	Daniel Mota	individual	Veterano M45	04:21:03	+01:34:57	08:42
172	48	Bruno Nalha	c.d. os águias de alpiarça	Senior Masculino	04:21:29	+01:35:23	08:43
173	276	Carlos Leal	kemedo team	Senior Masculino	04:21:31	+01:35:25	08:43
174	52	Nuno Paulino	c.d. os águias de alpiarça	Veterano M40	04:21:47	+01:35:41	08:44
175	94	Vitor Rio	douroconta - gabinete de apoio e contabilidade	Senior Masculino	04:22:41	+01:36:36	08:45
176	9	Ana Miranda	acportalegre/utsm	Senior Feminino	04:23:25	+01:37:19	08:47
177	146	Mafalda Luís	individual	Senior Feminino	04:24:43	+01:38:38	08:49

TRAIL 30K - STAGE 1

30 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
178	130	Pedro Matos	gondomar futsal clube	Veterano M40	04:24:44	+01:38:39	08:49
179	361	Manuel Barbosa	paredes runinnng	Veterano M40	04:25:08	+01:39:02	08:50
180	210	André Figueiredo	individual	Veterano M40	04:25:11	+01:39:05	08:50
181	49	Bruno Raposeira	c.d. os águias de alpiarça	Senior Masculino	04:25:11	+01:39:05	08:50
182	327	MARIO COSTA	moreira relax runners	Veterano M50	04:25:38	+01:39:33	08:51
183	189	Ricardo Filipe Ferreira Pereira	individual	Senior Masculino	04:27:14	+01:41:08	08:54
184	322	Luis vilela	montanha clube trail running/efapel	Veterano M40	04:27:21	+01:41:15	08:55
185	372	Marilyne Rua Marques	runner's do demo	Senior Feminino	04:27:30	+01:41:24	08:55
186	215	Flavio monteiro	individual	Veterano M40	04:27:48	+01:41:42	08:56
187	129	Telmo Mendonça	gondomar futsal clube	Senior Masculino	04:27:57	+01:41:51	08:56
188	417	Oscar Sousa	vilaverdeacorrer	Veterano M40	04:28:30	+01:42:25	08:57
189	124	Andreia Amorim	gondomar futsal clube	Senior Feminino	04:28:31	+01:42:25	08:57
190	43	Lúcia Lourenço	avf team	Senior Feminino	04:28:31	+01:42:26	08:57
191	294	Bruno Batista	lion runners - g. d. leões da guarda	Senior Masculino	04:29:05	+01:42:59	08:58
192	117	SÉRGIO SILVA	fugitivos urbanos - clínica + saúde	Senior Masculino	04:29:28	+01:43:22	08:59
193	1739	Sergio Gomes	trinca orelhas de gato	Veterano M40	04:29:43	+01:43:37	08:59
194	193	Sérgio pereira	individual	Senior Masculino	04:30:05	+01:44:00	09:00
195	166	Flávio Silva	individual	Senior Masculino	04:30:41	+01:44:35	09:01
196	237	Rui Pena	individual	Veterano M40	04:31:27	+01:45:21	09:03
197	107	Pedro Santos	factor x / s4l / medense fc	Senior Masculino	04:31:34	+01:45:28	09:03
198	262	alipio lopes	individual	Veterano M55	04:32:00	+01:45:55	09:04
199	206	Cidália Costa Martins	individual	Veterana F50	04:32:17	+01:46:12	09:05
200	209	Álvaro Nunes	all about spirit team	Veterano M40	04:33:42	+01:47:36	09:07
201	312	Manuel Pereira	moinhos run - adrm	Senior Masculino	04:34:08	+01:48:03	09:08
202	135	Nuno Santos	grupo desportivo do bairro dos pescadores de matosinhos	Veterano M40	04:34:21	+01:48:15	09:09
203	56	Susana Silva Rodrigues	clube atletismo fafe	Senior Feminino	04:35:02	+01:48:56	09:10
204	175	Joao Pereira	individual	Senior Masculino	04:35:49	+01:49:44	09:12
205	330	Joaquim Teixeira	mountain runners	Veterano M40	04:38:02	+01:51:57	09:16
206	392	RODOLFO ORFÃO	sinmetro	Veterano M40	04:38:03	+01:51:57	09:16
207	391	CRISTINA BARROS	sinmetro	Veterana F40	04:38:04	+01:51:59	09:16
208	328	Antonio Silva	mountain runners	Senior Masculino	04:38:07	+01:52:02	09:16
209	402	Paulo J. Ferreira	tálenos team	Veterano M50	04:40:22	+01:54:16	09:21
210	331	Lurdes Gil	mountain trails	Veterana F45	04:41:12	+01:55:07	09:22
211	171	Hugo fernandes	individual	Senior Masculino	04:41:15	+01:55:09	09:23
212	78	Luís Emídio	coa - clube de orientação e aventura	Veterano M45	04:42:03	+01:55:58	09:24
213	416	Diogo Torres	vilaverdeacorrer	Sub 23 Masculino	04:43:06	+01:57:01	09:26
214	326	Manuel Pereira Moreno	morcegos trail	Veterano M55	04:43:25	+01:57:20	09:27
215	419	João Andrade	widecells group plc	Senior Masculino	04:43:53	+01:57:47	09:28
216	89	Tiago Aragão	ctad-trilhos de cinfães	Senior Masculino	04:43:53	+01:57:47	09:28
217	35	Carmen Ferreira	asc vale grande	Veterana F45	04:43:59	+01:57:53	09:28
218	125	André Trigais	gondomar futsal clube	Senior Masculino	04:44:00	+01:57:55	09:28
219	86	Pedro Santos	crocodilos / mister pc	Senior Masculino	04:44:27	+01:58:22	09:29
220	113	André Santos	freeletics porto	Senior Masculino	04:44:28	+01:58:22	09:29
221	121	Luis Oliveira	gd santander totta	Veterano M40	04:45:06	+01:59:00	09:30
222	160	Eduardo Carvalho	individual	Senior Masculino	04:45:11	+01:59:05	09:30

**TRAIL 30K - STAGE 1**
**30 KM**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
**OFFICIAL RESULT**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
223	301	Paulo Brás	lion runners - g. d. leões da guarda	Veterano M50	04:45:11	+01:59:05	09:30
224	218	Henrique Bruno Santos	individual	Veterano M40	04:45:54	+01:59:48	09:32
225	259	Paulo Jorge Loureiro	individual	Veterano M50	04:46:01	+01:59:55	09:32
226	247	Nuno Cunha	individual	Veterano M45	04:46:56	+02:00:51	09:34
227	33	Ricardo Magalhães	as belas e eles	Senior Masculino	04:46:59	+02:00:54	09:34
228	233	Ricardo Castro	individual	Veterano M40	04:47:05	+02:00:59	09:34
229	47	Rui Airosa	budeguita runners	Veterano M40	04:47:34	+02:01:28	09:35
230	103	Tiago Gomes	extreme academy	Senior Masculino	04:47:35	+02:01:30	09:35
231	74	Nuno Barata	coa - clube de orientação e aventura	Veterano M40	04:47:43	+02:01:38	09:35
232	199	Alexandra Padilha	individual	Veterana F40	04:48:30	+02:02:24	09:37
233	88	Ricardo Carvalho	ctad-trilhos de cinfães	Senior Masculino	04:48:35	+02:02:29	09:37
234	134	José Mendes	gondomar futsal clube	Veterano M55	04:49:12	+02:03:07	09:38
235	316	Hugo Rodrigues	montanha clube trail running/efapel	Senior Masculino	04:50:31	+02:04:25	09:41
236	333	Joaquim Alberto Oliveira Gonçalves	nascidos para correr	Veterano M55	04:50:46	+02:04:40	09:42
237	71	Artur Oliveira	coa - clube de orientação e aventura	Senior Masculino	04:51:08	+02:05:03	09:42
238	164	Filipe Machado	individual	Senior Masculino	04:51:10	+02:05:04	09:42
239	390	Nelson Silva	shots international runners	Veterano M40	04:51:37	+02:05:32	09:43
240	96	José Ferreira	douroconta - gabinete de apoio e contabilidade	Veterano M40	04:52:09	+02:06:04	09:44
241	245	Luís Barata da Rocha	individual	Veterano M45	04:52:22	+02:06:17	09:45
242	224	Miguel Moreira	individual	Veterano M40	04:52:23	+02:06:17	09:45
243	334	Octavio Sousa	nascidos para correr	Veterano M55	04:52:39	+02:06:34	09:45
244	246	Nelson Santos	individual	Veterano M45	04:52:44	+02:06:38	09:45
245	108	Miguel Moura	factor x / s4I / medense fc	Veterano M40	04:52:47	+02:06:41	09:46
246	221	jorge paulino	individual	Veterano M40	04:53:31	+02:07:25	09:47
247	204	Vanda Matias	individual	Veterana F45	04:54:11	+02:08:06	09:48
248	368	MICKAEL CUTTÉ	pleum'run	Senior Masculino	04:55:03	+02:08:58	09:50
249	299	Aida Presa	lion runners - g. d. leões da guarda	Veterana F40	04:55:18	+02:09:12	09:51
250	302	Luís de Almeida	lion runners - g. d. leões da guarda	Veterano M55	04:55:18	+02:09:13	09:51
251	208	Emilia Galinha	individual	Veterana F55	04:56:56	+02:10:51	09:54
252	251	Toze	individual	Veterano M45	04:59:21	+02:13:15	09:59
253	281	Joaquim Santos	kemedo team	Senior Masculino	04:59:37	+02:13:31	09:59
254	397	Joel José Ginga	sport clube beira-mar	Senior Masculino	04:59:40	+02:13:34	09:59
255	120	Rui Viegas	galhardos runners	Senior Masculino	04:59:52	+02:13:46	10:00
256	51	Antonio Serrão	c.d. os águias de alpiarça	Veterano M40	05:00:46	+02:14:41	10:02
257	408	Ana Tomé	trilho perdido eventos / imporlux	Veterana F40	05:00:46	+02:14:41	10:02
258	81	Tiago Fernandes da Silva Montalvão Coelho	correr leça	Senior Masculino	05:00:59	+02:14:53	10:02
259	21	Ana Maria Pinto	aliança de gandra	Veterana F40	05:01:09	+02:15:03	10:02
260	15	Cláudio Cândido	ade - trail running	Veterano M40	05:01:59	+02:15:53	10:04
261	142	Cristiana Esteves	individual	Senior Feminino	05:02:27	+02:16:22	10:05
262	36	Miguel Cruz	associação desportiva da efacec	Veterano M40	05:02:33	+02:16:27	10:05
263	228	Nuno Sérgio Neto Capela	individual	Veterano M40	05:03:35	+02:17:29	10:07
264	126	Bruno Fernandes	gondomar futsal clube	Senior Masculino	05:04:16	+02:18:10	10:09
265	76	Rui Pereira	coa - clube de orientação e aventura	Veterano M40	05:05:03	+02:18:57	10:10
266	252	vitoresantos	individual	Veterano M45	05:06:20	+02:20:14	10:13

**TRAIL 30K - STAGE 1**

**30 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
267	351	joão fonseca	os amigos s.pedro da cova	Senior Masculino	05:06:35	+02:20:30	10:13
268	270	Julio Paulo Soares da Silva	juventude cortegacense	Veterano M45	05:06:37	+02:20:32	10:13
269	398	Pedro Polónio	sport clube beira-mar	Senior Masculino	05:06:41	+02:20:35	10:13
270	362	Camila David Mendes Moura	pari passu	Sub 23 Feminino	05:06:41	+02:20:35	10:13
271	293	Carlos Reis	leroy merlin trail team	Veterano M45	05:06:44	+02:20:38	10:13
272	303	Serafim Ramos	lion runners - g. d. leões da guarda	Veterano M55	05:07:38	+02:21:32	10:15
273	168	Gilberto viana	individual	Senior Masculino	05:07:54	+02:21:49	10:16
274	323	Firmino Mendes	montanha clube trail running/efapel	Veterano M55	05:08:28	+02:22:23	10:17
275	212	ARTUR FERREIRA	individual	Veterano M40	05:09:22	+02:23:16	10:19
276	143	Daniela Soares	individual	Senior Feminino	05:09:22	+02:23:17	10:19
277	153	Antonio Carlos Tavares de Paiva	individual	Senior Masculino	05:09:35	+02:23:29	10:19
278	288	Henrique Pereira	kemedo team	Veterano M50	05:09:42	+02:23:36	10:19
279	324	Sara Soares	monte dos amigos/juventude ribeiras	Senior Feminino	05:09:53	+02:23:47	10:20
280	197	Ricardo Ribeiro	individual	Sub 23 Masculino	05:10:16	+02:24:10	10:21
281	109	José Miguel Freitas Teixeira	felrun	Senior Masculino	05:10:16	+02:24:10	10:21
282	13	Ana Ventura	acportalegre/utsm	Veterana F40	05:10:36	+02:24:30	10:21
283	265	Luis Carvalho	individual	Veterano M55	05:11:13	+02:25:07	10:22
284	257	Paulo AGC Ribeiro	individual	Veterano M50	05:13:35	+02:27:29	10:27
285	83	nuno morgado	correr leça	Veterano M40	05:14:52	+02:28:46	10:30
286	255	Joaquim lobato	individual	Veterano M50	05:14:59	+02:28:54	10:30
287	393	Fátima Vieira	somos nós team	Veterana F50	05:15:52	+02:29:47	10:32
288	150	Solange Sousa	individual	Senior Feminino	05:16:38	+02:30:33	10:33
289	354	nuno marques	os caga tacos running team	Senior Masculino	05:16:45	+02:30:39	10:34
290	133	Fernando Pereira	gondomar futsal clube	Veterano M50	05:16:48	+02:30:42	10:34
291	296	Diogo Ramalhão	lion runners - g. d. leões da guarda	Senior Masculino	05:17:02	+02:30:56	10:34
292	67	Manuel Carlos Martins	clube nortada aventura - murtosa night runners	Veterano M40	05:18:00	+02:31:54	10:36
293	159	DAVID TEIXEIRA	individual	Senior Masculino	05:18:04	+02:31:58	10:36
294	226	Miguel Azevedo	porto sentido runners	Veterano M40	05:19:13	+02:33:07	10:38
295	388	Artur Pereira	shots international runners	Senior Masculino	05:19:19	+02:33:13	10:39
296	305	Tiago Pereira e Silva	marcapasso trail team	Senior Masculino	05:21:03	+02:34:57	10:42
297	264	José Barros Martins	individual	Veterano M55	05:22:03	+02:35:57	10:44
298	341	Nelson Leite	nortrail	Senior Masculino	05:22:04	+02:35:58	10:44
299	207	Maria Iracema Fernandes Costa	individual	Veterana F50	05:22:07	+02:36:02	10:44
300	249	Rui Fernandes	individual	Veterano M45	05:22:15	+02:36:09	10:45
301	258	Paulo Ferreira	individual	Veterano M50	05:22:27	+02:36:22	10:45
302	53	Nuno Ribeiro	ccd siemens	Senior Masculino	05:22:37	+02:36:31	10:45
303	309	SILVIO MIGUEL ALVES FERREIRA	mocidade sangemil ac	Veterano M40	05:22:40	+02:36:35	10:45
304	263	João Menezes Silva	individual	Veterano M55	05:22:53	+02:36:48	10:46
305	17	Carlos Pereira	affensetrail	Veterano M45	05:27:38	+02:41:33	10:55
306	16	Carolina Pereira	affensetrail	Veterana F45	05:27:39	+02:41:33	10:55
307	203	Maria de Fátima da Silva Lopes	individual	Veterana F45	05:29:09	+02:43:03	10:58
308	405	Rolando Paulo	trail running clube btt sanguedo	Veterano M40	05:29:48	+02:43:42	11:00
309	290	Helena Cerqueda	la zinco	Senior Feminino	05:31:23	+02:45:17	11:03





**TRAIL 30K - STAGE 1**

**30 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

<b>RANK</b>	<b>BIB</b>	<b>NAME</b>	<b>TEAM</b>	<b>CAT</b>	<b>RESULT</b>	<b>DIFF</b>	<b>t/KM</b>
354	84	Carla Raposo	correr lisboa	Veterana F45	06:54:52	+04:08:47	13:50
355	213	Artur Fonseca	individual	Veterano M40	06:54:54	+04:08:48	13:50

**Trail 30K**

**30 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	08:00	18,6°C	93%
End	14:55	18,6°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
------	-----	------	------	-----	--------	------	------

**Senior Feminino**

1	271	Joana Raio Esperanço	Juventude Vidigalense	Senior Feminino	03:50:36	+01:04:31	07:41
2	100	Paula soares	Equipa Autistic runners	Senior Feminino	03:52:35	+01:06:29	07:45
3	403	Rosália Silva	TEAM LANTEMIL	Senior Feminino	03:58:16	+01:12:11	07:57
4	123	Mafalda Moniz	GOI Runners	Senior Feminino	04:10:42	+01:24:36	08:21
5	387	Raquel Campos	Shots International Runners	Senior Feminino	04:13:37	+01:27:32	08:27
6	147	Maria santos	Individual	Senior Feminino	04:17:10	+01:31:04	08:34
7	23	Ana Paula Soares Vieira	AMIGOS DO PEDAL TRILAGARES	Senior Feminino	04:18:20	+01:32:14	08:37
8	9	Ana Miranda	ACPortalegre/UTSM	Senior Feminino	04:23:25	+01:37:19	08:47
9	146	Mafalda Luís	Individual	Senior Feminino	04:24:43	+01:38:38	08:49
10	372	Marilyne Rua Marques	RUNNER'S DO DEMO	Senior Feminino	04:27:30	+01:41:24	08:55
11	124	Andreia Amorim	GONDOMAR FUTSAL CLUBE	Senior Feminino	04:28:31	+01:42:25	08:57
12	43	Lúcia Lourenço	AVF Team	Senior Feminino	04:28:31	+01:42:26	08:57
13	56	Susana Silva Rodrigues	Clube Atletismo Fafe	Senior Feminino	04:35:02	+01:48:56	09:10
14	142	Cristiana Esteves	Individual	Senior Feminino	05:02:27	+02:16:22	10:05
15	143	Daniela Soares	Individual	Senior Feminino	05:09:22	+02:23:17	10:19
16	324	Sara Soares	Monte dos Amigos/Juventude Ribeiras	Senior Feminino	05:09:53	+02:23:47	10:20
17	150	Solange Sousa	Individual	Senior Feminino	05:16:38	+02:30:33	10:33
18	290	Helena Cerqueda	LA Zinco	Senior Feminino	05:31:23	+02:45:17	11:03
19	137	Liliana Costa	Grupo Fontes Bike Team	Senior Feminino	05:33:42	+02:47:37	11:07
20	69	Sónia Marques	COA - Clube de Orientação e Aventura	Senior Feminino	05:35:58	+02:49:53	11:12
21	148	Patrícia Alexandra Batista da Silva	Individual	Senior Feminino	05:40:51	+02:54:45	11:22
22	145	Isabel Conceição	Individual	Senior Feminino	05:41:18	+02:55:12	11:23
23	449	Luisa Cruz	Moinhos Run - ADRM	Senior Feminino	05:45:15	+02:59:09	11:31
24	144	Helena Passos	Individual	Senior Feminino	06:01:40	+03:15:34	12:03
25	364	Raquel Cunha Pacheco	Pinguins BSHC	Senior Feminino	06:16:47	+03:30:42	12:34
26	363	Ana Lúcia Mota Pires	Pinguins BSHC	Senior Feminino	06:16:48	+03:30:42	12:34
27	80	Dulce Neves	CORRER LEÇA	Senior Feminino	06:20:26	+03:34:20	12:41

**Senior Masculino**

1	380	Bruno Jesus	Satecnosol Outdoor / La Sportiva	Senior Masculino	02:46:05		05:32
2	412	Luis Fernandes	U.F. Comércio e Indústria Atletism	Senior Masculino	02:47:53	+01:47	05:36
3	383	Leonel Cunha	Satecnosol Outdoor / La Sportiva	Senior Masculino	02:50:35	+04:29	05:41
4	25	Bruno Miguel Rodrigues Moreira	AMIGOS DO PEDAL TRILAGARES	Senior Masculino	02:54:53	+08:47	05:50
5	7	Paulo Costa	A.D.Amarante trail running	Senior Masculino	02:57:37	+11:32	05:55
6	349	Nuno Alves	Oralklass-Amigos do Trail	Senior Masculino	02:58:33	+12:27	05:57



**Trail 30K**

**30 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

48	396	Emídio Correia	Sport Clube Beira-Mar	Senior Masculino	03:43:40	+57:34	07:27
49	180	Leonel Reis	Individual	Senior Masculino	03:44:08	+58:03	07:28
50	278	Eurico Moura	KeMedo Team	Senior Masculino	03:44:34	+58:28	07:29
51	359	Filipe Saraiva	Palmeira Runners	Senior Masculino	03:44:42	+58:37	07:29
52	6	António Mendes	A.D.Amarante trail running	Senior Masculino	03:47:42	+01:01:36	07:35
53	374	Cristóvão Chaves	RUNNER'S DO DEMO	Senior Masculino	03:48:07	+01:02:02	07:36
54	27	José Pinto	AMIGOS DO PEDAL TRAILAGARES	Senior Masculino	03:48:19	+01:02:13	07:37
55	85	Nelson Teixeira	Crocodilos / Mister PC	Senior Masculino	03:48:57	+01:02:51	07:38
56	136	FLAVIO PASTOR	grupo dramatico e recreativo da retorta	Senior Masculino	03:49:03	+01:02:57	07:38
57	173	João Filipe Tomás Amândio	Individual	Senior Masculino	03:50:05	+01:04:00	07:40
58	332	Nuno Ribeiro	Nascidos para Correr	Senior Masculino	03:50:24	+01:04:19	07:41
59	45	Daniel Ribeiro	BitRunners	Senior Masculino	03:52:38	+01:06:33	07:45
60	98	Tiago Sousa	Dr.merino/4move	Senior Masculino	03:52:52	+01:06:46	07:46
61	291	Hugo Moreira	Leões de Tardariz Trail	Senior Masculino	03:53:49	+01:07:44	07:48
62	119	Mário Melo	GALHARDOS RUNNERS	Senior Masculino	03:58:51	+01:12:46	07:58
63	1339	Vitor André Da Silva Cardoso	CTAD-Trilhos de Cinfães	Senior Masculino	04:00:48	+01:14:42	08:02
64	72	Jorge Nabais	COA - Clube de Orientação e Aventura	Senior Masculino	04:02:06	+01:16:00	08:04
65	292	Miguel Alves	Leões de Tardariz Trail	Senior Masculino	04:02:34	+01:16:28	08:05
66	308	António Pinto	Mocidade Sangemil AC	Senior Masculino	04:03:19	+01:17:13	08:07
67	50	Michael Granadeiro	C.D. Os Águias de Alpiarça	Senior Masculino	04:04:31	+01:18:25	08:09
68	406	João Silva	Trilho Perdido Eventos / Importlux	Senior Masculino	04:04:51	+01:18:45	08:10
69	152	Alexandre Pereira	Individual	Senior Masculino	04:05:00	+01:18:54	08:10
70	186	Nuno Sá	Individual	Senior Masculino	04:06:20	+01:20:14	08:13
71	105	David Gonçalves	FACTOR X / S4L / MEDENSE FC	Senior Masculino	04:07:42	+01:21:36	08:15
72	1720	João Oliveira	Trinca Orelhas de Gato	Senior Masculino	04:07:52	+01:21:46	08:16
73	157	Carlos Miguel Coelho Jacinto	Individual	Senior Masculino	04:08:03	+01:21:57	08:16
74	320	Tiago Daniel Correia Rodrigues	Montanha Clube Trail Running/Efapel	Senior Masculino	04:10:41	+01:24:35	08:21
75	155	Bruno Ramiro	Individual	Senior Masculino	04:10:53	+01:24:47	08:22
76	315	Hélder Lopes	Montanha Clube Trail Running/Efapel	Senior Masculino	04:11:24	+01:25:18	08:23
77	91	Cláudio Antero Carvalho Roças	Dão Nelas Runners	Senior Masculino	04:11:36	+01:25:31	08:23
78	92	Nuno Salvador	Dão Nelas Runners	Senior Masculino	04:13:30	+01:27:24	08:27
79	177	Jose Grijo	Individual	Senior Masculino	04:13:32	+01:27:27	08:27
80	176	Joel Ferreira	Individual	Senior Masculino	04:13:35	+01:27:29	08:27
81	141	Filipe Oliveyra	Imperadores	Senior Masculino	04:14:59	+01:28:54	08:30
82	329	Pedro Vieira	Mountain Runners	Senior Masculino	04:17:06	+01:31:00	08:34
83	395	André Manuel Martins Príncipe	Sport Clube Beira-Mar	Senior Masculino	04:17:20	+01:31:14	08:35
84	170	Henrique Barbosa	Individual	Senior Masculino	04:18:05	+01:31:59	08:36
85	48	Bruno Nalha	C.D. Os Águias de Alpiarça	Senior Masculino	04:21:29	+01:35:23	08:43
86	276	Carlos Leal	KeMedo Team	Senior Masculino	04:21:31	+01:35:25	08:43
87	94	Vitor Rio	Douroconta - Gabinete de Apoio e Contabilidade	Senior Masculino	04:22:41	+01:36:36	08:45
88	49	Bruno Raposeira	C.D. Os Águias de Alpiarça	Senior Masculino	04:25:11	+01:39:05	08:50
89	189	Ricardo Filipe Ferreira Pereira	Individual	Senior Masculino	04:27:14	+01:41:08	08:54



## Trail 30K

## 30 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

132	26	Fernando Ismael Oliveira Nogueira	AMIGOS DO PEDAL TRAILAGARES	Senior Masculino	05:34:38	+02:48:32	11:09
133	279	Fabio Silva	KeMedo Team	Senior Masculino	05:34:44	+02:48:38	11:09
134	1056	António Barbosa	AMIGOS DO PEDAL TRAILAGARES	Senior Masculino	05:37:52	+02:51:47	11:16
135	184	Micael Queirós	Individual	Senior Masculino	05:39:25	+02:53:20	11:19
136	183	Mário Vieira	Individual	Senior Masculino	05:46:14	+03:00:08	11:32
137	277	Diogo Oliveira	KeMedo Team	Senior Masculino	05:47:30	+03:01:24	11:35
138	172	Humberto Barros	Individual	Senior Masculino	05:54:40	+03:08:35	11:49
139	179	José Pedro Freitas	Individual	Senior Masculino	05:56:09	+03:10:03	11:52
140	188	Pedro Neves	Individual	Senior Masculino	06:05:31	+03:19:25	12:11
141	450	Filipe Leitão	GONDOMAR FUTSAL CLUBE	Senior Masculino	06:13:17	+03:27:12	12:27
142	190	Rui Bastos	Individual	Senior Masculino	06:15:09	+03:29:03	12:30
143	366	Rui Manuel Ribeiro Mesquita	Pinguins BSHC	Senior Masculino	06:16:47	+03:30:42	12:34
144	304	Tiago Gomes Mota	Marcapasso trail team	Senior Masculino	06:34:58	+03:48:52	13:10

## Sub 23 Feminino

1	362	Camila David Mendes Moura	Pari Passu	Sub 23 Feminino	05:06:41	+02:20:35	10:13
---	-----	---------------------------	------------	-----------------	----------	-----------	-------

## Sub 23 Masculino

1	350	António Brazuela Rocha	Oralklass-Amigos do Trail	Sub 23 Masculino	02:48:39	+02:33	05:37
2	384	Bruno Silva	Satecnosol Outdoor / La Sportiva	Sub 23 Masculino	02:51:55	+05:49	05:44
3	59	Filipe Rocha	Clube Atletismo Fafe	Sub 23 Masculino	03:25:49	+39:44	06:52
4	385	Paulo Barbosa	Satecnosol Outdoor / La Sportiva	Sub 23 Masculino	03:35:21	+49:15	07:11
5	358	Márcio Cruz	ozxtreme/RDA	Sub 23 Masculino	03:40:46	+54:40	07:22
6	196	Pedro Silva	Individual	Sub 23 Masculino	03:41:37	+55:31	07:23
7	198	Vitor Manuel Dias Alves	Individual	Sub 23 Masculino	03:52:57	+01:06:51	07:46
8	28	Ruben Daniel Soares Vieira	AMIGOS DO PEDAL TRAILAGARES	Sub 23 Masculino	04:17:29	+01:31:23	08:35
9	416	Diogo Torres	VilaVerdeaCorrer	Sub 23 Masculino	04:43:06	+01:57:01	09:26
10	197	Ricardo Ribeiro	Individual	Sub 23 Masculino	05:10:16	+02:24:10	10:21

## Veterana F40

1	370	Sandra Mendes	Profisio Team	Veterana F40	03:54:11	+01:08:05	07:48
2	404	Elisabete Santos	TEAM LANTEMIL	Veterana F40	03:54:31	+01:08:25	07:49
3	99	Paula lage	Dr.merino/4moove	Veterana F40	04:00:09	+01:14:04	08:00
4	22	Margarida Amaro	AMCF - Arrábida Trail Team	Veterana F40	04:05:57	+01:19:51	08:12
5	273	Fátima Alendouro	Juventude Vidigalense	Veterana F40	04:16:04	+01:29:59	08:32
6	391	CRISTINA BARROS	Sinmetro	Veterana F40	04:38:04	+01:51:59	09:16
7	199	Alexandra Padilha	Individual	Veterana F40	04:48:30	+02:02:24	09:37
8	299	Aida Presa	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterana F40	04:55:18	+02:09:12	09:51
9	408	Ana Tomé	Trilho Perdido Eventos / Importlux	Veterana F40	05:00:46	+02:14:41	10:02

### Trail 30K

### 30 KM

## OFFICIAL RESULT

10	21	Ana Maria Pinto	ALIANÇA DE GANDRA	Veterana F40	05:01:09	+02:15:03	10:02
11	13	Ana Ventura	ACP Portalegre/UTSM	Veterana F40	05:10:36	+02:24:30	10:21
12	200	Carla Patrícia	Individual	Veterana F40	05:47:52	+03:01:47	11:36
13	202	Su Raposo	Individual	Veterana F40	05:59:26	+03:13:21	11:59

### Veterana F45

1	40	Maria Augusta Da Costa loureiro	Associação Desportiva de Cabroelo	Veterana F45	04:10:58	+01:24:52	08:22
2	331	Lurdes Gil	Mountain trails	Veterana F45	04:41:12	+01:55:07	09:22
3	35	Carmen Ferreira	ASC Vale Grande	Veterana F45	04:43:59	+01:57:53	09:28
4	204	Vanda Matias	Individual	Veterana F45	04:54:11	+02:08:06	09:48
5	16	Carolina Pereira	AfifenseTrail	Veterana F45	05:27:39	+02:41:33	10:55
6	203	Maria de Fátima da Silva Lopes	Individual	Veterana F45	05:29:09	+02:43:03	10:58
7	321	Ana Loreto	Montanha Clube Trail Running/Efapel	Veterana F45	05:39:53	+02:53:48	11:20
8	84	Carla Raposo	CORRER LISBOA	Veterana F45	06:54:52	+04:08:47	13:50

### Veterana F50

1	205	Alexandra Fernandes	Individual	Veterana F50	04:05:57	+01:19:51	08:12
2	206	Cidália Costa Martins	Individual	Veterana F50	04:32:17	+01:46:12	09:05
3	393	Fátima Vieira	Somos Nós Team	Veterana F50	05:15:52	+02:29:47	10:32
4	207	Maria Iracema Fernandes Costa	Individual	Veterana F50	05:22:07	+02:36:02	10:44

### Veterana F55

1	208	Emilia Galinha	Individual	Veterana F55	04:56:56	+02:10:51	09:54
---	-----	----------------	------------	--------------	----------	-----------	-------

### Veterano M40

1	93	Nelson Santos	Dão Nelas Runners	Veterano M40	02:48:59	+02:53	05:38
2	118	PEDRO SANTOS	FUGITIVOS URBANOS - CLÍNICA + SAÚDE	Veterano M40	03:02:28	+16:22	06:05
3	8	Vitor Costa	A.D. Amarante trail running	Veterano M40	03:04:55	+18:49	06:10
4	95	Helder Rocha	Douroconta - Gabinete de Apoio e Contabilidade	Veterano M40	03:13:21	+27:15	06:27
5	110	Luís Miguel Ribeiro da Cunha	Figueira Kayak Clube	Veterano M40	03:15:26	+29:20	06:31
6	410	Pedro Pinheiro	Trilho Perdido Eventos / Importlux	Veterano M40	03:16:15	+30:09	06:33
7	227	Nuno Cardoso	Individual	Veterano M40	03:18:17	+32:11	06:37
8	236	Rui Pedro Pinheiro da Fonseca	Individual	Veterano M40	03:19:36	+33:30	06:39
9	399	Alex Tondela	Sport Clube Beira-Mar	Veterano M40	03:21:58	+35:52	06:44
10	60	Rui Pedro Povo	Clube Atletismo Fafe	Veterano M40	03:25:04	+38:59	06:50
11	63	Hélder Pereira	Clube de Atletismo de Ferreira do Zézere	Veterano M40	03:26:36	+40:30	06:53
12	214	Carlos Barbosa	Individual	Veterano M40	03:39:30	+53:24	07:19





Trail 30K

30 KM

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

55	390	Nelson Silva	Shots International Runners	Veterano M40	04:51:37	+02:05:32	09:43
56	96	José Ferreira	Douroconta - Gabinete de Apoio e Contabilidade	Veterano M40	04:52:09	+02:06:04	09:44
57	224	Miguel Moreira	Individual	Veterano M40	04:52:23	+02:06:17	09:45
58	108	Miguel Moura	FACTOR X / S4L / MEDENSE FC	Veterano M40	04:52:47	+02:06:41	09:46
59	221	jorge paulino	Individual	Veterano M40	04:53:31	+02:07:25	09:47
60	51	Antonio Serrão	C.D. Os Águias de Alpiarça	Veterano M40	05:00:46	+02:14:41	10:02
61	15	Cláudio Cândido	ADE - Trail Running	Veterano M40	05:01:59	+02:15:53	10:04
62	36	Miguel Cruz	Associação Desportiva da Efacec	Veterano M40	05:02:33	+02:16:27	10:05
63	228	Nuno Sérgio Neto Capela	Individual	Veterano M40	05:03:35	+02:17:29	10:07
64	76	Rui Pereira	COA - Clube de Orientação e Aventura	Veterano M40	05:05:03	+02:18:57	10:10
65	212	ARTUR FERREIRA	Individual	Veterano M40	05:09:22	+02:23:16	10:19
66	83	nuno morgado	CORRER LEÇA	Veterano M40	05:14:52	+02:28:46	10:30
67	67	Manuel Carlos Martins	Clube Nortada Aventura - Murtosa night runners	Veterano M40	05:18:00	+02:31:54	10:36
68	226	Miguel Azevedo	PORTO SENTIDO RUNNERS	Veterano M40	05:19:13	+02:33:07	10:38
69	309	SILVIO MIGUEL ALVES FERREIRA	Mocidade Sangemil AC	Veterano M40	05:22:40	+02:36:35	10:45
70	405	Rolando Paulo	Trail Running Clube Btt Sanguedo	Veterano M40	05:29:48	+02:43:42	11:00
71	216	Helder Agostinho	Individual	Veterano M40	05:33:40	+02:47:35	11:07
72	75	Rodrigo Lopes	COA - Clube de Orientação e Aventura	Veterano M40	05:35:59	+02:49:53	11:12
73	82	António Barros	CORRER LEÇA	Veterano M40	05:46:07	+03:00:01	11:32
74	336	Nuno Alexandre	NOCTURNOS DE PAREDES	Veterano M40	06:14:45	+03:28:40	12:30
75	306	Lúcio Ribeiro	Marcapasso trail team	Veterano M40	06:35:02	+03:48:56	13:10
76	213	Artur Fonseca	Individual	Veterano M40	06:54:54	+04:08:48	13:50

**Veterano M45**

1	413	Virgílio Gomes	U.F. Comércio e Indústria Atletism	Veterano M45	03:04:48	+18:42	06:10
2	239	Abílio	Individual	Veterano M45	03:05:05	+18:59	06:10
3	29	Fernando Carvalho	AMIGOS DO PEDAL TRAILAGARES	Veterano M45	03:36:36	+50:30	07:13
4	343	Rufino Paiva	OCS-Proaventuras	Veterano M45	03:39:56	+53:50	07:20
5	360	Pedro Pratas	PAREDES AVENTURA	Veterano M45	03:42:47	+56:41	07:26
6	286	Fernando Gomes	KeMedo Team	Veterano M45	03:53:00	+01:06:55	07:46
7	250	Tiago Leal	Individual	Veterano M45	04:03:04	+01:16:59	08:06
8	248	Paulo Neta	Individual	Veterano M45	04:03:51	+01:17:45	08:08
9	20	Antonio Gomes	ÁGUIAS DE ALVELOS	Veterano M45	04:05:48	+01:19:42	08:12
10	14	José Moisés	ACPortalegre/UTSM	Veterano M45	04:07:14	+01:21:09	08:14
11	87	Paulo Pelicano	Crocodilos / Mister PC	Veterano M45	04:07:57	+01:21:51	08:16
12	335	Pedro Pisco	Nice Runners	Veterano M45	04:08:10	+01:22:04	08:16
13	242	Gatinot	Individual	Veterano M45	04:11:00	+01:24:55	08:22
14	287	José Augusto	KeMedo Team	Veterano M45	04:18:43	+01:32:37	08:37
15	241	Daniel Mota	Individual	Veterano M45	04:21:03	+01:34:57	08:42
16	78	Luís Emídio	COA - Clube de Orientação e Aventura	Veterano M45	04:42:03	+01:55:58	09:24
17	247	Nuno Cunha	Individual	Veterano M45	04:46:56	+02:00:51	09:34

**Trail 30K**

**30 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

18	245	Luís Barata da Rocha	Individual	Veterano M45	04:52:22	+02:06:17	09:45
19	246	Nelson Santos	Individual	Veterano M45	04:52:44	+02:06:38	09:45
20	251	Toze	Individual	Veterano M45	04:59:21	+02:13:15	09:59
21	252	ritor santos	Individual	Veterano M45	05:06:20	+02:20:14	10:13
22	270	Julio Paulo Soares da Silva	Juventude Cortegacense	Veterano M45	05:06:37	+02:20:32	10:13
23	293	Carlos Reis	LEROY MERLIN TRAIL TEAM	Veterano M45	05:06:44	+02:20:38	10:13
24	249	Rui Fernandes	Individual	Veterano M45	05:22:15	+02:36:09	10:45
25	17	Carlos Pereira	AfifenseTrail	Veterano M45	05:27:38	+02:41:33	10:55
26	244	José Manuel ferreira	Individual	Veterano M45	05:34:02	+02:47:56	11:08
27	243	JOÃO CARLOS BRITO	Individual	Veterano M45	06:13:24	+03:27:18	12:27
28	38	Mário Ferreira	Associação Desportiva da Efacec	Veterano M45	06:20:27	+03:34:21	12:41
29	267	Vitor Afonso Lourenço	JOBRINDE - MONTES SALOIOS	Veterano M45	06:26:42	+03:40:36	12:53

**Veterano M50**

1	111	Carlos Rodrigues	Figueira Kayak Clube	Veterano M50	03:15:59	+29:53	06:32
2	300	Belmiro Ferreira	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M50	03:17:27	+31:21	06:35
3	1064	Fernando Leal	AMIGOS DO PEDAL TRAILAGARES	Veterano M50	03:24:12	+38:07	06:48
4	254	Humberto Vara	Individual	Veterano M50	03:29:00	+42:54	06:58
5	161	Pedro Marques	Dr.merino/4moove	Veterano M50	03:30:31	+44:26	07:01
6	30	Jorge Manuel Barbosa Moreira	AMIGOS DO PEDAL TRAILAGARES	Veterano M50	03:45:31	+59:26	07:31
7	379	Luís Filipe Martinho Salvador	RUNNER'S DO DEMO	Veterano M50	03:58:16	+01:12:10	07:57
8	253	Carlos Cunha	Individual	Veterano M50	04:13:40	+01:27:34	08:27
9	339	José Gomes	NOCTURNOS DE PAREDES	Veterano M50	04:16:39	+01:30:33	08:33
10	256	Luís Mota	Individual	Veterano M50	04:18:32	+01:32:27	08:37
11	327	MARIO COSTA	Moreira Relax Runners	Veterano M50	04:25:38	+01:39:33	08:51
12	402	Paulo J. Ferreira	Talentos Team	Veterano M50	04:40:22	+01:54:16	09:21
13	301	Paulo Brás	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M50	04:45:11	+01:59:05	09:30
14	259	Paulo Jorge Loureiro	Individual	Veterano M50	04:46:01	+01:59:55	09:32
15	288	Henrique Pereira	KeMedo Team	Veterano M50	05:09:42	+02:23:36	10:19
16	257	Paulo AGC Ribeiro	Individual	Veterano M50	05:13:35	+02:27:29	10:27
17	255	Joaquim lobato	Individual	Veterano M50	05:14:59	+02:28:54	10:30
18	133	Fernando Pereira	GONDOMAR FUTSAL CLUBE	Veterano M50	05:16:48	+02:30:42	10:34
19	258	Paulo Ferreira	Individual	Veterano M50	05:22:27	+02:36:22	10:45
20	260	Vitor Manuel Barbosa Moreira	Individual	Veterano M50	05:35:03	+02:48:57	11:10
21	275	joao paulo almeida	Kaninos	Veterano M50	05:54:40	+03:08:34	11:49
22	79	Luís Gonçalves	COA - Clube de Orientação e Aventura	Veterano M50	05:55:26	+03:09:20	11:51

**Veterano M55**

1	32	Francisco Lemos	AMIGOS DO PEDAL TRAILAGARES	Veterano M55	03:33:17	+47:11	07:07
---	----	-----------------	-----------------------------	--------------	----------	--------	-------

**Trail 30K****30 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

2	31	Amadeu Teixeira	AMIGOS DO PEDAL TRAILAGARES	Veterano M55	03:50:47	+01:04:41	07:42
3	434	Manuel Sardinha	Individual	Veterano M55	04:04:01	+01:17:55	08:08
4	261	alfredo costa	Individual	Veterano M55	04:13:23	+01:27:17	08:27
5	262	alipio lopes	Individual	Veterano M55	04:32:00	+01:45:55	09:04
6	326	Manuel Pereira Moreno	MORCEGOS TRAIL	Veterano M55	04:43:25	+01:57:20	09:27
7	134	José Mendes	GONDOMAR FUTSAL CLUBE	Veterano M55	04:49:12	+02:03:07	09:38
8	333	Joaquim Alberto Oliveira Gonçalves	Nascidos para Correr	Veterano M55	04:50:46	+02:04:40	09:42
9	334	Octavio Sousa	Nascidos para Correr	Veterano M55	04:52:39	+02:06:34	09:45
10	302	Luís de Almeida	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M55	04:55:18	+02:09:13	09:51
11	303	Serafim Ramos	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M55	05:07:38	+02:21:32	10:15
12	323	Firmino Mendes	Montanha Clube Trail Running/Efapel	Veterano M55	05:08:28	+02:22:23	10:17
13	265	Luis Carvalho	Individual	Veterano M55	05:11:13	+02:25:07	10:22
14	264	José Barros Martins	Individual	Veterano M55	05:22:03	+02:35:57	10:44
15	263	João Menezes Silva	Individual	Veterano M55	05:22:53	+02:36:48	10:46
16	41	celso torres	Athlete Power	Veterano M55	05:38:04	+02:51:58	11:16
17	112	RUI SÁ	FIT GAIA TRAIL	Veterano M55	05:59:39	+03:13:33	11:59
18	102	Manuel Cunha Lima	experienciar	Veterano M55	06:00:39	+03:14:33	12:01
19	352	emidio pontes	os amigos s.pedro da cova	Veterano M55	06:07:18	+03:21:12	12:15

**Veterano M60**

1	266	António Fernandes	Individual	Veterano M60	06:00:57	+03:14:51	12:02
---	-----	-------------------	------------	--------------	----------	-----------	-------



MINI TRAIL 15K - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:00	18°C	93%
End	14:28	18°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1203	VITOR BARBOSA	grupo dramatico e recreativo da retorta	Senior Masculino	01:31:40		06:07
2	1753	Antonio Martins	individual	Veterano M40	01:33:12	+01:31	06:13
3	1121	Marco Faria	dá-lhe gás	Veterano M40	01:33:40	+02:00	06:15
4	1206	HENRIQUE DIAS	grupo dramatico e recreativo da retorta	Veterano M40	01:35:47	+04:07	06:23
5	1204	ADELINO SILVA	grupo dramatico e recreativo da retorta	Veterano M40	01:36:34	+04:54	06:26
6	1199	Pedro Tapadas	gondomar futsal clube	Senior Masculino	01:36:54	+05:14	06:28
7	1128	Tiago Pinto	douroconta - gabinete de apoio e contabilidade	Senior Masculino	01:37:44	+06:04	06:31
8	1132	Rui Gomes	douroconta - gabinete de apoio e contabilidade	Veterano M40	01:39:50	+08:09	06:39
9	1116	Nuno Nunes	dá-lhe gás	Senior Masculino	01:42:48	+11:08	06:51
10	1502	Josué Moreira	leões de tardariz trail	Senior Masculino	01:42:56	+11:16	06:52
11	1025	Joel Silva	a.d.amarante trail running	Sub 23 Masculino	01:43:11	+11:31	06:53
12	1114	Joaquim Leal	dá-lhe gás	Senior Masculino	01:43:51	+12:11	06:55
13	1113	Joaquim Duarte	dá-lhe gás	Senior Masculino	01:44:16	+12:36	06:57
14	1111	Carlos Cunha	dá-lhe gás	Senior Masculino	01:44:48	+13:07	06:59
15	1714	fabio fernandes correia	trail running clube btt sanguedo	Senior Masculino	01:44:58	+13:17	07:00
16	1120	Abilio Almeida	dá-lhe gás	Veterano M40	01:45:10	+13:30	07:01
17	1022	Jorge Oliveira	a.d.amarante trail running	Veterano M40	01:45:28	+13:48	07:02
18	1172	paulo monteiro	fridão sem limites	Senior Masculino	01:46:05	+14:25	07:04
19	1673	Miguel Neto	royal wellness center	Senior Masculino	01:46:07	+14:27	07:05
20	1023	Carlos Queiroz	a.d.amarante trail running	Senior Masculino	01:47:01	+15:21	07:08
21	1129	Diogo Parente	douroconta - gabinete de apoio e contabilidade	Sub 23 Masculino	01:47:37	+15:56	07:11
22	1202	TIAGO PINTO	grupo dramatico e recreativo da retorta	Senior Masculino	01:47:46	+16:05	07:11
23	1174	Rui Manuel Mendes Azevedo	fridão sem limites	Senior Masculino	01:48:16	+16:36	07:13
24	1211	Hélio Dias	hospitalsantamariart	Senior Masculino	01:48:18	+16:38	07:13
25	1205	ANTONIO DIAS	grupo dramatico e recreativo da retorta	Veterano M40	01:48:19	+16:38	07:13
26	1559	Pedro Gilvaz	monte dos amigos/juventude ribeiras	Veterano M40	01:49:41	+18:01	07:19
27	1264	André Emanuel Marques e Silva	individual	Senior Masculino	01:50:03	+18:22	07:20
28	1212	RUI PEDRO REIS	hospitalsantamariart	Senior Masculino	01:50:21	+18:41	07:21
29	1722	Marcio Pinto	trinca orelhas de gato	Senior Masculino	01:51:06	+19:26	07:24
30	1139	Abilio Mendes Magalhães	emna runners	Veterano M40	01:51:08	+19:27	07:25
31	1157	Pedro Freitas	factor x / s4l / medense fc	Veterano M40	01:51:17	+19:37	07:25
32	1112	Carlos Prudêncio	dá-lhe gás	Senior Masculino	01:51:37	+19:57	07:27
33	1152	Gonçalo Reis	factor x / s4l / medense fc	Sub 23 Masculino	01:51:48	+20:07	07:27
34	1082	Filipe Pinto	btt alegria // tubani	Senior Masculino	01:51:50	+20:10	07:27
35	1059	Miguel Ângelo de Oliveira Pinto	amigos do pedal trailagares	Sub 23 Masculino	01:52:52	+21:12	07:32
36	1060	Paulo Jorge Ferreira Coelho	amigos do pedal trailagares	Sub 23 Masculino	01:53:14	+21:34	07:33
37	1600	Hélder Ribeiro	nós acreditamos	Senior Masculino	01:54:12	+22:32	07:37
38	1380	Albino Ribeiro	individual	Veterano M40	01:54:46	+23:06	07:39
39	1541	Manuel Barbosa	manuel	Senior Masculino	01:55:11	+23:30	07:41
40	1106	Joao barbosa	copos e trilhos	Senior Masculino	01:55:11	+23:30	07:41



**MINI TRAIL 15K - STAGE 1**

**15 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
85	1688	Fátima Coelho	somos nós team	Veterana F40	02:07:22	+35:41	08:30
86	1466	Pedro Miguel de Ascensão Neves	juventude desportiva de gondomar	Senior Masculino	02:07:30	+35:50	08:30
87	1725	Emanuel Morata	trinca orelhas de gato	Sub 23 Masculino	02:08:07	+36:26	08:33
88	1104	António Teixeira	clube zipper	Veterano M40	02:08:32	+36:52	08:34
89	1188	Hortense Tenda	gaia trail	Senior Feminino	02:08:34	+36:54	08:34
90	1036	Leonel Neves	aliança de gandra	Veterano M40	02:08:35	+36:55	08:34
91	1307	Miguel pinto	individual	Senior Masculino	02:08:56	+37:16	08:36
92	1298	Luis Sá	individual	Senior Masculino	02:09:10	+37:29	08:37
93	1776	Fernando Almeida	individual	Veterano M40	02:09:18	+37:37	08:37
94	1035	Carlos Silva	aliança de gandra	Veterano M40	02:10:21	+38:41	08:41
95	1200	José Paulo Ribeiro	gondomar futsal clube	Veterano M40	02:10:39	+38:58	08:43
96	1497	Jorge Barbosa	la zinco	Senior Masculino	02:10:46	+39:06	08:43
97	1642	Filipe Ferreira	porto sentido runners	Veterano M40	02:10:57	+39:16	08:44
98	1581	Marco Almeida	nascidos para correr	Veterano M40	02:11:05	+39:25	08:44
99	1131	Cláudio Monteiro	douroconta - gabinete de apoio e contabilidade	Veterano M40	02:11:30	+39:49	08:46
100	1009	Sérgio Rodrigues	10temidos	Senior Masculino	02:11:40	+40:00	08:47
101	1614	Carlos Ribeiro	os2horas	Senior Masculino	02:11:41	+40:00	08:47
102	1134	Telmo Ferreira	douroconta - gabinete de apoio e contabilidade	Veterano M40	02:12:28	+40:47	08:50
103	1029	Antonio Gonçalves	acsp	Veterano M40	02:12:32	+40:51	08:50
104	1162	José Mendes	falsos lentos	Senior Masculino	02:13:05	+41:24	08:52
105	1331	Rui Dias	individual	Senior Masculino	02:13:10	+41:30	08:53
106	1094	PAULO JORGE GONÇALVES SOARES	ciclistas cósmicos - gislótica	Veterano M40	02:13:12	+41:32	08:53
107	1177	António Carlos silva Teixeira	fridão sem limites	Veterano M40	02:13:40	+41:59	08:55
108	1689	Fernando Morais	somos nós team	Veterano M40	02:13:54	+42:13	08:56
109	1107	Ricardo Moreira	copos e trilhos	Senior Masculino	02:14:06	+42:25	08:56
110	1451	Fábio Santos	hospitalsantamariart	Senior Masculino	02:14:07	+42:27	08:57
111	1306	Mário Santos	individual	Senior Masculino	02:14:12	+42:32	08:57
112	1555	Carla Santos	montanha clube trail running/efapel	Sub 23 Feminino	02:14:27	+42:46	08:58
113	1266	Ângelo Vaz	individual	Senior Masculino	02:14:30	+42:50	08:58
114	1341	Vitor Manuel Oliveira Coelho	individual	Senior Masculino	02:14:33	+42:53	08:58
115	1308	Nuno cruz	individual	Senior Masculino	02:14:33	+42:53	08:58
116	1091	Rui Figueiredo	café & restaurante tendais	Sub 23 Masculino	02:14:38	+42:58	08:59
117	1151	Vítor Santos	factor x / s4l / medense fc	Senior Masculino	02:14:47	+43:07	08:59
118	1160	Rui Mota	factor x / s4l / medense fc	Veterano M40	02:14:47	+43:07	08:59
119	1549	Simão souza	moinhos run - adrm	Senior Masculino	02:15:06	+43:25	09:00
120	1602	Fábio Silva	nós acreditamos	Sub 23 Masculino	02:15:08	+43:28	09:01
121	1349	Jose Gaspar	individual	Sub 23 Masculino	02:15:23	+43:42	09:02
122	1119	Vitor Silva	dá-lhe gás	Senior Masculino	02:15:31	+43:50	09:02
123	1712	Jorge Belião	trinca orelhas de gato	Sub 23 Masculino	02:15:54	+44:13	09:04
124	1508	Jorge Pinheiro	leroy merlin trail team	Senior Masculino	02:15:56	+44:15	09:04
125	1745	Mónica Ribeiro	vikings trail runners / ccr alcabideque	Senior Feminino	02:16:25	+44:45	09:06
126	1021	Ângela Soares	a.d.amarante trail running	Senior Feminino	02:16:42	+45:02	09:07
127	1565	Miguel Sousa	mountain runners	Senior Masculino	02:17:22	+45:42	09:10

MINI TRAIL 15K - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
128	1179	Manuel Jose Mendes Teixeira	fridão sem limites	Veterano M40	02:17:26	+45:45	09:10
129	1596	Carlos Vinhas	nocturnos de paredes	Veterano M40	02:17:32	+45:51	09:10
130	1185	NUNO FERREIRA	fugitivos urbanos - clínica + saúde	Senior Masculino	02:17:36	+45:56	09:10
131	1620	Agostinho Silva	osfazconta	Veterano M40	02:18:10	+46:30	09:13
132	1478	Mario Coelho	kemedo team	Senior Masculino	02:18:12	+46:32	09:13
133	1719	Carlos Silva	trinca orelhas de gato	Senior Masculino	02:18:17	+46:36	09:13
134	1240	Liliana de Melo Barreiro	individual	Senior Feminino	02:18:22	+46:42	09:14
135	1089	Horácio Pinto	café & restaurante tendais	Senior Masculino	02:18:49	+47:09	09:15
136	1105	Bruno sousa	copos e trilhos	Senior Masculino	02:18:50	+47:09	09:15
137	1061	Vitor Rafael Sousa Moreira	amigos do pedal trailagares	Sub 23 Masculino	02:18:50	+47:10	09:15
138	1666	Anita Costa	royal wellness center	Senior Feminino	02:19:07	+47:27	09:17
139	1634	Pedro Ferreira	porto sentido runners	Senior Masculino	02:19:11	+47:30	09:17
140	1153	Pedro Alves	factor x / s4l / medense fc	Sub 23 Masculino	02:19:31	+47:51	09:18
141	1477	GERSON ALVES	kemedo team	Senior Masculino	02:20:13	+48:33	09:21
142	1068	Álvaro Fernando Ferreira de Almeida	arrasa trilhos team	Veterano M40	02:20:55	+49:15	09:24
143	1186	TOMÉ MARQUES	fugitivos urbanos - clínica + saúde	Senior Masculino	02:21:08	+49:28	09:25
144	1345	Sofia	individual	Sub 23 Feminino	02:21:10	+49:30	09:25
145	1563	Patricia Ribeiro	mountain runners	Senior Feminino	02:21:26	+49:46	09:26
146	1568	Rui Rodrigues	mountain runners	Veterano M40	02:21:28	+49:47	09:26
147	1318	Pedro Costa	individual	Senior Masculino	02:21:29	+49:49	09:26
148	1158	Pedro Marques	factor x / s4l / medense fc	Veterano M40	02:21:47	+50:07	09:27
149	1475	Andre Ribeiro	kemedo team	Senior Masculino	02:22:22	+50:42	09:30
150	1125	Fernando Ribeiro	100meta	Senior Masculino	02:22:46	+51:06	09:31
151	1601	Leandro Teixeira	nós acreditamos	Senior Masculino	02:23:25	+51:45	09:34
152	1737	Pedro Gomes	trinca orelhas de gato	Veterano M40	02:23:40	+51:59	09:35
153	1702	Francisco Moreira	ss montepio	Veterano M40	02:23:53	+52:13	09:36
154	1229	Daniela Ferreira	individual	Senior Feminino	02:24:57	+53:17	09:40
155	1384	americo frança	individual	Veterano M40	02:25:13	+53:33	09:41
156	1103	Luis Almeida	clube zupper	Veterano M40	02:25:48	+54:08	09:43
157	1178	António Joaquim Teixeira Alve	fridão sem limites	Veterano M40	02:25:50	+54:09	09:43
158	1496	Helder Silva	la zinco	Senior Masculino	02:25:56	+54:15	09:44
159	1454	BRUNO MELO	invictus oporto team	Senior Masculino	02:26:30	+54:50	09:46
160	1312	Nuno Miguel Ribeiro da Silva	individual	Senior Masculino	02:26:32	+54:52	09:46
161	1379	ALBERTO CARVALHO	individual	Veterano M40	02:26:46	+55:06	09:47
162	1143	Emanuel Vieira	factor x / s4l / medense fc	Senior Masculino	02:26:56	+55:15	09:48
163	1076	João Rocha	bitrunners	Senior Masculino	02:26:56	+55:16	09:48
164	1315	Paulo Costa	individual	Senior Masculino	02:27:01	+55:20	09:48
165	1069	José Carlos da Silva Ferreira	arrasa trilhos team	Veterano M40	02:27:03	+55:22	09:48
166	1421	José Paulo Cardoso	individual	Veterano M40	02:27:18	+55:37	09:49
167	1630	Miguel Teixeira	pm	Veterano M40	02:27:47	+56:07	09:51
168	1775	Fábio Pacheco	sob efeito trail	Sub 23 Masculino	02:28:05	+56:25	09:52
169	401	Jose Costa	ss montepio	Veterano M40	02:28:28	+56:48	09:54
170	1780	Ricardo Nogueira	individual	Senior Masculino	02:28:46	+57:05	09:55
171	1706	Daniel Amaral	studio sun beauty	Senior Masculino	02:28:51	+57:11	09:55
172	1300	marcio barreto	individual	Senior Masculino	02:29:03	+57:22	09:56



**MINI TRAIL 15K - STAGE 1**

**15 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
173	1506	Pedro Ferreira	leões de tardariz trail	Veterano M40	02:29:03	+57:23	09:56
174	1270	Bruno rocha	individual	Senior Masculino	02:29:13	+57:32	09:57
175	1432	Mike Dias	individual	Veterano M40	02:29:19	+57:38	09:57
176	1504	António Pinto	leões de tardariz trail	Veterano M40	02:29:43	+58:03	09:59
177	1333	Rui Pedro Ramos da Silva	individual	Senior Masculino	02:29:44	+58:04	09:59
178	1324	Renato Santos	individual	Senior Masculino	02:29:48	+58:08	09:59
179	1402	Henrique Silva	individual	Veterano M40	02:30:05	+58:25	10:00
180	1465	Pedro Rola	juventude cortegacense	Veterano M40	02:30:14	+58:33	10:01
181	1598	Rui Almeida	nocturnos de paredes	Veterano M40	02:30:16	+58:35	10:01
182	1412	Jorge Lima	individual	Veterano M40	02:30:21	+58:41	10:01
183	285	José Pinto	kemedo team	Veterano M40	02:30:33	+58:53	10:02
184	1289	Joaquim Alves	individual	Senior Masculino	02:30:38	+58:57	10:03
185	1750	Gilberto Orlando	os lobos trail btt sai da frente	Senior Masculino	02:31:02	+59:21	10:04
186	1325	Ricardo Alexandre Novais	individual	Senior Masculino	02:31:20	+59:40	10:05
187	1572	Bruno Martins	nascidos para correr	Senior Masculino	02:31:33	+59:52	10:06
188	1487	Jorge Esteves	kemedo team	Veterano M40	02:31:49	+01:00:09	10:07
189	1083	Jorge Cruz	btt alegria // tubani	Senior Masculino	02:31:51	+01:00:11	10:07
190	1310	Nuno Miguel Lima de Carvalho	individual	Senior Masculino	02:31:53	+01:00:13	10:08
191	1710	Manuel Gomes	team shark	Veterano M40	02:31:53	+01:00:13	10:08
192	1692	André relvas	sorema	Veterano M40	02:32:05	+01:00:25	10:08
193	1057	Bruno Filipe da Costa Mendes	amigos do pedal trailagares	Senior Masculino	02:32:10	+01:00:29	10:09
194	1420	José Manuel da Silva pacheco	individual	Veterano M40	02:32:16	+01:00:36	10:09
195	1430	Miguel Ferreira	individual	Veterano M40	02:32:19	+01:00:39	10:09
196	1092	Carlos Araújo	challenge force	Veterano M40	02:32:30	+01:00:49	10:10
197	1201	Paulo Henriques	gondomar futsal clube	Veterano M40	02:32:37	+01:00:57	10:11
198	1643	Humberto Pinho	porto sentido runners	Veterano M40	02:32:46	+01:01:06	10:11
199	1778	Nuno Sousa	individual	Sub 23 Masculino	02:32:48	+01:01:07	10:11
200	1590	Pedro Lima	nocturnos de paredes	Senior Masculino	02:32:51	+01:01:11	10:11
201	1047	Tó Faria	amigos 100 limites	Senior Masculino	02:32:55	+01:01:14	10:12
202	1256	Sónia Barbosa	individual	Senior Feminino	02:33:02	+01:01:22	10:12
203	1163	mario lima	fantastic5	Senior Masculino	02:33:03	+01:01:23	10:12
204	1411	Jorge Aguiar	individual	Veterano M40	02:33:32	+01:01:51	10:14
205	1278	Fábio Silva	individual	Senior Masculino	02:33:32	+01:01:52	10:14
206	1170	Eliana Patricia Gonçalves Pinto Teixeira	fridão sem limites	Senior Feminino	02:33:59	+01:02:18	10:16
207	1674	Paulo Saraiva	royal wellness center	Senior Masculino	02:34:02	+01:02:22	10:16
208	185	NELSON FRIAS AMARAL	individual	Senior Masculino	02:34:04	+01:02:24	10:16
209	1513	André Fraga	locomotiva de paranhos	Senior Masculino	02:34:18	+01:02:37	10:17
210	1269	Bruno Filipe Jesus Pinto Loureiro	individual	Senior Masculino	02:34:28	+01:02:48	10:18
211	1653	Daniel Moreira	powerrunners #1000pecados	Veterano M40	02:35:03	+01:03:22	10:20
212	1348	José couto	individual	Sub 23 Masculino	02:35:24	+01:03:44	10:22
213	1334	Rui Sousa	individual	Senior Masculino	02:35:36	+01:03:56	10:22
214	1638	Paula Coutinho	porto sentido runners	Veterana F40	02:35:57	+01:04:17	10:24
215	1453	Antonio Oliveira	invicta runners team	Veterano M40	02:36:12	+01:04:32	10:25
216	1096	hugo rabaça	clube desportivo cepsa	Senior Masculino	02:36:20	+01:04:40	10:25
217	1577	Sandra Pereira	nascidos para correr	Veterana F40	02:36:33	+01:04:52	10:26

**MINI TRAIL 15K - STAGE 1**

**15 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
218	1607	Joaquim Manuel Pinto Vieira	os cachos	Veterano M40	02:36:35	+01:04:54	10:26
219	1130	António Azevedo	douroconta - gabinete de apoio e contabilidade	Veterano M40	02:37:05	+01:05:25	10:28
220	1606	Carlos Manuel Pinto Vieira	os cachos	Veterano M40	02:37:12	+01:05:31	10:29
221	1071	Rosa Magalhães	as belas e eles	Veterana F40	02:37:34	+01:05:53	10:30
222	1575	Patricia Fernandes	nascidos para correr	Veterana F40	02:37:37	+01:05:57	10:31
223	1534	Agostinho Alves	madugym	Veterano M40	02:37:45	+01:06:05	10:31
224	1518	RUI MANUEL CARDOSO CARRIL	lojasmolduras/eletrocarril	Senior Masculino	02:37:47	+01:06:06	10:31
225	1277	David Costa	individual	Senior Masculino	02:37:48	+01:06:08	10:31
226	1213	Mário Soares	imperadores	Senior Masculino	02:37:51	+01:06:10	10:31
227	1038	Joaquim Augusto Teixeira Sec	alto relevo - clube de montanhismo	Veterano M40	02:38:10	+01:06:29	10:33
228	1390	Carlos figueiredo	individual	Veterano M40	02:38:17	+01:06:37	10:33
229	1086	Adão Rocha	btt alegria // tubani	Veterano M40	02:38:36	+01:06:55	10:34
230	1660	Bruno Ricardo Marques Guedes	psr	Senior Masculino	02:38:38	+01:06:58	10:35
231	1329	Rúben Moreira	individual	Senior Masculino	02:39:10	+01:07:29	10:37
232	1182	HUGO OLIVEIRA	fugitivos urbanos - clínica + saúde	Senior Masculino	02:39:10	+01:07:30	10:37
233	1260	Abel Cardoso	individual	Senior Masculino	02:39:35	+01:07:54	10:38
234	1127	Gil Rodrigues	don't need prep team	Senior Masculino	02:39:46	+01:08:05	10:39
235	1391	Carlos Pereira	individual	Veterano M40	02:39:50	+01:08:10	10:39
236	1075	Ana Sico	montanha clube trail running/efapel	Senior Feminino	02:39:51	+01:08:11	10:39
237	1582	Wilson Fonseca	nascidos para correr	Veterano M40	02:40:09	+01:08:28	10:41
238	1662	José Fernando Teixeira da Silva	puxaaa!	Senior Masculino	02:40:28	+01:08:47	10:42
239	1425	Luis Ribeiro	individual	Veterano M40	02:40:32	+01:08:52	10:42
240	1644	Joao Pinheiro	porto sentido runners	Veterano M40	02:41:15	+01:09:35	10:45
241	1603	Armando Cardoso	nós acreditamos	Veterano M40	02:41:25	+01:09:45	10:46
242	1296	Luis Filipe Vieira	individual	Senior Masculino	02:41:26	+01:09:45	10:46
243	1462	Cecilio Maunel Silva Ferreira	juventude cortegacense	Veterano M40	02:41:58	+01:10:17	10:48
244	1304	Mário Estêvão	individual	Senior Masculino	02:42:13	+01:10:33	10:49
245	1156	Filipe Fonseca	factor x / s4l / medense fc	Veterano M40	02:42:24	+01:10:43	10:50
246	1539	Luis Morais	madugym	Veterano M40	02:42:30	+01:10:49	10:50
247	1313	Nuno Miguel Rocha Santos	individual	Senior Masculino	02:42:49	+01:11:09	10:51
248	1101	alberto brandão	clube desportivo cepsa	Veterano M40	02:42:52	+01:11:11	10:52
249	1735	Miguel Costa	trinca orelhas de gato	Veterano M40	02:42:58	+01:11:18	10:52
250	1747	Isabel Dias	individual	Veterana F40	02:43:04	+01:11:24	10:52
251	1612	Ricardo Ribeiro	os lobos trail btt sai da frente	Senior Masculino	02:43:06	+01:11:25	10:52
252	1509	David Azevedo	leroy merlin trail team	Veterano M40	02:43:10	+01:11:30	10:53
253	1701	Fernando Carvalho	ss montepio	Veterano M40	02:43:19	+01:11:38	10:53
254	1352	Tiago Rafael Silva Portela	individual	Sub 23 Masculino	02:43:45	+01:12:04	10:55
255	1774	Bruno Cardoso	individual	Senior Masculino	02:43:45	+01:12:04	10:55
256	1072	Hélder Oliveira	associação desportiva da efacec	Senior Masculino	02:43:47	+01:12:06	10:55
257	1734	José Junior	trinca orelhas de gato	Veterano M40	02:43:55	+01:12:15	10:56
258	1326	Ricardo Costa	individual	Senior Masculino	02:44:00	+01:12:20	10:56
259	1499	Luis Silva	la zinco	Sub 23 Masculino	02:44:08	+01:12:28	10:57
260	1713	Antonio aguiar	trinca orelhas de gato	Veterano M40	02:44:13	+01:12:33	10:57

**MINI TRAIL 15K - STAGE 1**

**15 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
261	1327	Ricardo Lento	individual	Senior Masculino	02:44:19	+01:12:39	10:57
262	1276	Daniel Cravalho da Rocha	individual	Senior Masculino	02:44:24	+01:12:43	10:58
263	1414	José Amaral	individual	Veterano M40	02:44:36	+01:12:56	10:58
264	1428	Manuel Silva	individual	Veterano M40	02:44:38	+01:12:57	10:59
265	1729	Altino Silva	trinca orelhas de gato	Veterano M40	02:44:40	+01:13:00	10:59
266	1351	Rui Nogueira	individual	Sub 23 Masculino	02:44:44	+01:13:03	10:59
267	1473	Liliana Vieira	kemedo team	Senior Feminino	02:44:51	+01:13:10	10:59
268	1161	Hélder Soares	falsos lentos	Senior Masculino	02:45:16	+01:13:36	11:01
269	1700	Alexandre Leite	ss montepio	Veterano M40	02:45:20	+01:13:39	11:01
270	1098	ricardo braga	clube desportivo cepsa	Senior Masculino	02:46:03	+01:14:23	11:04
271	1090	Luís Jorge	café & restaurante tendais	Senior Masculino	02:46:04	+01:14:24	11:04
272	356	José Luis Marques	os finos	Veterano M40	02:46:05	+01:14:25	11:04
273	1449	Rui Pereira	individual	Veterano M40	02:46:13	+01:14:32	11:05
274	1777	Viriato Sergio	individual	Veterano M40	02:46:19	+01:14:38	11:05
275	1485	Helder Gomes	kemedo team	Veterano M40	02:46:19	+01:14:38	11:05
276	1416	jose couto	individual	Veterano M40	02:46:23	+01:14:43	11:06
277	1593	GRAÇA RIBEIRO	nocturnos de paredes	Veterana F40	02:46:45	+01:15:04	11:07
278	1268	António Rocha	individual	Senior Masculino	02:46:47	+01:15:06	11:07
279	1514	JOAO DUARTE	locomotiva de paranhos	Senior Masculino	02:46:50	+01:15:10	11:07
280	1672	Leonel Ferreira	royal wellness center	Senior Masculino	02:46:52	+01:15:12	11:08
281	1686	Pedro Oliveira	sob efeito trail	Senior Masculino	02:47:26	+01:15:46	11:10
282	1650	Miguel Barbosa	powerrunners #1000pecados	Senior Masculino	02:47:48	+01:16:08	11:11
283	1615	Heitor Neto	os2horas	Senior Masculino	02:47:51	+01:16:11	11:11
284	1616	Rui Costa	os2horas	Senior Masculino	02:47:56	+01:16:15	11:12
285	1756	Nuno Moura	individual	Senior Masculino	02:47:56	+01:16:15	11:12
286	1718	Sérgio Manuel Pereira	trepatrilhos trail team	Veterano M40	02:48:11	+01:16:31	11:13
287	389	Sérgio Santiago	shots international runners	Senior Masculino	02:48:16	+01:16:35	11:13
288	1610	atleta 1610	individual	Senior Masculino	02:48:18	+01:16:37	11:13
289	1146	Nuno Barros	factor x / s4l / medense fc	Senior Masculino	02:48:22	+01:16:42	11:14
290	1149	Ricardo Santos	factor x / s4l / medense fc	Senior Masculino	02:48:23	+01:16:42	11:14
291	1214	Ana Campanhã	individual	Senior Feminino	02:48:26	+01:16:46	11:14
292	1008	Ricardo silva	10temidos	Senior Masculino	02:48:30	+01:16:49	11:14
293	1665	Sérgio Almeida	reumaticos dos trilhos	Senior Masculino	02:48:56	+01:17:15	11:16
294	1207	Andra alves julio	gtt armazém do café	Senior Feminino	02:48:56	+01:17:16	11:16
295	1273	Claudio oliveira	individual	Senior Masculino	02:49:15	+01:17:35	11:17
296	1471	Alice Coelho	kemedo team	Senior Feminino	02:49:34	+01:17:53	11:18
297	1292	Jorge Garcia	individual	Senior Masculino	02:49:34	+01:17:54	11:18
298	1299	Luis silva	individual	Senior Masculino	02:49:36	+01:17:55	11:18
299	280	Luis Silva	kemedo team	Veterano M40	02:49:45	+01:18:05	11:19
300	1171	Olga Cristiana Ferreira Mota	fridão sem limites	Senior Feminino	02:50:27	+01:18:47	11:22
301	1668	Liliana Silva	royal wellness center	Senior Feminino	02:50:40	+01:19:00	11:23
302	1228	Cristina Ramalho	individual	Senior Feminino	02:50:51	+01:19:11	11:23
303	1517	ANA CRISTINA DA SILVA PINTO	lojasmolduras\eletrocarril	Senior Feminino	02:50:53	+01:19:12	11:24
304	1447	Ricardo Silva	individual	Veterano M40	02:50:54	+01:19:14	11:24
305	1301	Márcio Filipe Moreira Torres	individual	Senior Masculino	02:51:00	+01:19:20	11:24

**MINI TRAIL 15K - STAGE 1**
**15 KM**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
**OFFICIAL RESULT**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	Ø/KM
306	1705	Ricardo Silva	ss montepio	Veterano M40	02:51:04	+01:19:23	11:24
307	1736	Nuno Barros	trinca orelhas de gato	Veterano M40	02:51:09	+01:19:28	11:25
308	1150	Vítor Moreira	factor x / s4l / medense fc	Senior Masculino	02:51:10	+01:19:30	11:25
309	1154	Cristina Barbosa	factor x / s4l / medense fc	Veterana F40	02:51:10	+01:19:30	11:25
310	1144	João Pedro Sousa	factor x / s4l / medense fc	Senior Masculino	02:51:54	+01:20:13	11:28
311	1490	Rómulo Silva	kemedo team	Veterano M40	02:51:55	+01:20:15	11:28
312	1145	Marco Oliveira	factor x / s4l / medense fc	Senior Masculino	02:51:57	+01:20:16	11:28
313	1309	Nuno Miguel Ferreira Rodrigues da Silva	individual	Senior Masculino	02:51:58	+01:20:17	11:28
314	1698	Rui Carvalho	ss montepio	Senior Masculino	02:52:01	+01:20:21	11:28
315	1347	João Pedro Gomes Pereira	individual	Sub 23 Masculino	02:52:21	+01:20:41	11:29
316	1484	Aurelio Carvalho	kemedo team	Veterano M40	02:52:32	+01:20:51	11:30
317	1566	João Silva	mountain runners	Sub 23 Masculino	02:52:36	+01:20:55	11:30
318	1546	Carlos Goncalves	moinhos run - adrm	Senior Masculino	02:52:38	+01:20:58	11:31
319	1554	Rui Quinta	moinhos run - adrm	Veterano M40	02:52:38	+01:20:58	11:31
320	1472	Claudia Lopes	kemedo team	Senior Feminino	02:52:47	+01:21:06	11:31
321	1483	Antonio Souto	kemedo team	Veterano M40	02:52:47	+01:21:06	11:31
322	1482	Antonio Fidalgo	kemedo team	Veterano M40	02:53:32	+01:21:52	11:34
323	1126	Nuno Rabiço	don't need prep team	Senior Masculino	02:53:40	+01:22:00	11:35
324	1042	Alcino Silva	amigos 100 limites	Senior Masculino	02:53:46	+01:22:05	11:35
325	1663	Pedro Vieira	puxaaa!	Senior Masculino	02:53:50	+01:22:09	11:35
326	1733	José Jesus	trinca orelhas de gato	Veterano M40	02:54:49	+01:23:09	11:39
327	1697	Pedro Machado	ss montepio	Senior Masculino	02:54:49	+01:23:09	11:39
328	1703	João Ino Moreira	ss montepio	Veterano M40	02:55:17	+01:23:37	11:41
329	1336	Sérgio Coelho	individual	Senior Masculino	02:55:30	+01:23:50	11:42
330	1290	Joaquim Cardoso	individual	Senior Masculino	02:55:35	+01:23:54	11:42
331	1585	Raquel Ribeiro	nocturnos de paredes	Senior Feminino	02:55:38	+01:23:58	11:43
332	1227	CÉLIA QUINTA	individual	Senior Feminino	02:56:13	+01:24:33	11:45
333	1512	Patrícia Alves rocha	locomotiva de paranhos	Senior Feminino	02:56:13	+01:24:33	11:45
334	1305	Mário Noronha	individual	Senior Masculino	02:56:29	+01:24:49	11:46
335	1556	Célia Carvalho	montanha clube trail running/efapel	Veterana F40	02:56:46	+01:25:05	11:47
336	1261	Abílio Sérgio Moreira Santos	individual	Senior Masculino	02:56:47	+01:25:06	11:47
337	1016	Rui Sá	10temidos	Veterano M40	02:56:54	+01:25:13	11:48
338	1293	Jorge Ribeiro	individual	Senior Masculino	02:57:31	+01:25:51	11:50
339	1368	Laura Mendes	individual	Veterana F40	02:58:00	+01:26:19	11:52
340	1118	Ricardo Pires	dá-lhe gás	Senior Masculino	02:58:15	+01:26:34	11:53
341	1444	Pedro Manuel Silva	individual	Veterano M40	02:58:33	+01:26:52	11:54
342	1404	João Lourenço	individual	Veterano M40	02:58:39	+01:26:59	11:55
343	1297	Luís João	individual	Senior Masculino	02:58:44	+01:27:03	11:55
344	1429	Miguel Barbpsa	individual	Veterano M40	02:58:44	+01:27:04	11:55
345	1536	António Soares	madugym	Veterano M40	02:58:49	+01:27:08	11:55
346	1535	André Silva	madugym	Veterano M40	02:58:49	+01:27:09	11:55
347	1365	dulce maria oiveira ribeiro	individual	Veterana F40	02:59:17	+01:27:37	11:57
348	1629	Antonio Barbosa	paredes runinng	Veterano M40	02:59:35	+01:27:55	11:58
349	1288	João Miguel Almeida da Silva	individual	Senior Masculino	02:59:41	+01:28:01	11:59
350	1014	Pedro Sousa	10temidos	Veterano M40	02:59:44	+01:28:04	11:59

MINI TRAIL 15K - STAGE 1

15 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
351	1691	Ricardo relvas	sorema	Senior Masculino	02:59:47	+01:28:06	11:59
352	1680	augusto pinto barbosa	s.luiz	Veterano M40	03:00:15	+01:28:34	12:01
353	1679	maria lucinda barbosa moreira	s.luiz	Veterana F40	03:00:15	+01:28:34	12:01
354	1460	Marcia Costa	juventude cortegacense	Veterana F40	03:00:19	+01:28:39	12:01
355	1303	Marco Ferreira	individual	Senior Masculino	03:00:20	+01:28:39	12:01
356	1394	Espinheira	individual	Veterano M40	03:00:21	+01:28:41	12:01
357	1097	pedro brandão	clube desportivo cepsa	Senior Masculino	03:00:23	+01:28:43	12:02
358	1102	paulo brandão	clube desportivo cepsa	Veterano M40	03:00:24	+01:28:43	12:02
359	1028	Joana Melo	acportalegre/utsm	Senior Feminino	03:00:31	+01:28:50	12:02
360	1551	ISABEL CARVALHO	moinhos run - adrm	Veterana F40	03:00:56	+01:29:16	12:04
361	1573	Leonel Videira	nascidos para correr	Senior Masculino	03:00:58	+01:29:17	12:04
362	1711	Sonia Boucinha	trinca orelhas de gato	Senior Feminino	03:01:12	+01:29:31	12:05
363	1730	Carlos Anjos	trinca orelhas de gato	Veterano M40	03:01:13	+01:29:33	12:05
364	1281	helder manuel pereira rodrigues	individual	Senior Masculino	03:01:26	+01:29:45	12:06
365	1252	SARA SILVA	individual	Senior Feminino	03:01:49	+01:30:09	12:07
366	1690	José Teixeira	somos nós team	Veterano M40	03:02:13	+01:30:32	12:09
367	1693	Duarte Relvas	sorema	Veterano M40	03:02:42	+01:31:02	12:11
368	1608	Manuel Fernando Martins Carneiro	os cachos	Veterano M40	03:02:44	+01:31:04	12:11
369	1026	Luís Pereira	a.d.amarante trail running	Sub 23 Masculino	03:02:45	+01:31:05	12:11
370	1024	Luís Mendes	a.d.amarante trail running	Senior Masculino	03:02:51	+01:31:10	12:11
371	1275	Daniel	individual	Senior Masculino	03:02:54	+01:31:14	12:12
372	1419	José Manuel Carneiro	individual	Veterano M40	03:03:01	+01:31:21	12:12
373	1093	JOSÉ MIGUEL CRUZ PINTO	ciclistas cósmicos - gislótica	Veterano M40	03:03:22	+01:31:41	12:14
374	378	Célia Simões	acrd/psp viseu runners	Senior Feminino	03:03:33	+01:31:53	12:14
375	1095	francisco mendes	clube desportivo cepsa	Senior Masculino	03:03:41	+01:32:01	12:15
376	1253	Sílvia Teixeira	individual	Senior Feminino	03:03:48	+01:32:08	12:15
377	1738	Rui Silva	trinca orelhas de gato	Veterano M40	03:03:57	+01:32:16	12:16
378	1017	Vitor Martins	10temidos	Veterano M40	03:03:57	+01:32:16	12:16
379	1682	José Fernando Ferreira Gonçalves	sem limites	Veterano M40	03:03:58	+01:32:18	12:16
380	1681	Maria Carla Moreira Pacheco	sem limites	Veterana F40	03:03:58	+01:32:18	12:16
381	1728	Alcino Tavares	trinca orelhas de gato	Veterano M40	03:04:00	+01:32:19	12:16
382	1251	Sara Barbosa	individual	Senior Feminino	03:04:01	+01:32:21	12:16
383	1637	Fernanda Lopes	porto sentido runners	Veterana F40	03:04:02	+01:32:22	12:16
384	1034	Isabel Neves	aliança de gandra	Veterana F40	03:04:02	+01:32:22	12:16
385	1721	Luís Morata	trinca orelhas de gato	Senior Masculino	03:04:10	+01:32:29	12:17
386	1189	Armandina Torres	gdct incm	Veterana F40	03:04:26	+01:32:45	12:18
387	1510	Ricardo Freitas	lion runners - g. d. leões da guarda	Senior Masculino	03:04:29	+01:32:48	12:18
388	1359	Cacilda Ramos	individual	Veterana F40	03:04:29	+01:32:49	12:18
389	1137	Márcia Coelho	ei team trail	Senior Feminino	03:04:55	+01:33:15	12:20
390	1330	Rui Correia	individual	Senior Masculino	03:04:59	+01:33:18	12:20
391	1627	Sonia Silva	paredes runinnng	Senior Feminino	03:05:01	+01:33:20	12:20
392	1445	Pedro Miguel Cristóvão Próspero	individual	Veterano M40	03:05:03	+01:33:22	12:20
393	1401	Hélder Parada	individual	Veterano M40	03:05:06	+01:33:26	12:20

**MINI TRAIL 15K - STAGE 1**

**15 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
394	1051	Sérgio Moreira	amigos 100 limites	Veterano M40	03:05:09	+01:33:28	12:21
395	1048	Lucília Pereira	amigos 100 limites	Veterana F40	03:05:09	+01:33:29	12:21
396	1495	Marlene Barbosa	la zinco	Senior Feminino	03:05:51	+01:34:10	12:23
397	1715	Lígia Lopes	trepatrihos trail team	Senior Feminino	03:06:13	+01:34:32	12:25
398	1717	José Oliveira	trepatrihos trail team	Veterano M40	03:06:13	+01:34:32	12:25
399	1562	Liliana Magalhães	mountain runners	Senior Feminino	03:06:39	+01:34:58	12:27
400	1547	Hélder Camilo	moinhos run - adm	Senior Masculino	03:06:40	+01:35:00	12:27
401	1752	Maria José Silva	individual	Veterana F40	03:07:03	+01:35:22	12:28
402	1597	Ricardo Filipe Breyd Carvalho	nocturnos de paredes	Veterano M40	03:07:15	+01:35:34	12:29
403	1373	Rosa Maria Mateus Gama	individual	Veterana F40	03:07:21	+01:35:40	12:29
404	1385	António Amadeu Teixeira Barbosa	individual	Veterano M40	03:07:21	+01:35:40	12:29
405	1247	Salomé Mourisco	individual	Senior Feminino	03:07:28	+01:35:48	12:30
406	1342	Vitor vieira	individual	Senior Masculino	03:07:29	+01:35:48	12:30
407	1431	MIGUEL SILVA	individual	Veterano M40	03:07:30	+01:35:50	12:30
408	1387	Armindo Moreira	individual	Veterano M40	03:07:54	+01:36:13	12:32
409	1403	João CRUZ	individual	Veterano M40	03:08:09	+01:36:28	12:33
410	1543	CÉLIO SOARES	marco runners	Veterano M40	03:08:52	+01:37:11	12:36
411	1635	Berta Pinheiro	porto sentido runners	Veterana F40	03:09:28	+01:37:48	12:38
412	1374	Sandra Mendes	individual	Veterana F40	03:09:37	+01:37:56	12:39
413	1723	Paulo Ribeiro	trinca orelhas de gato	Veterano M40	03:09:58	+01:38:17	12:40
414	1507	Bárbara Silva	leroy merlin trail team	Senior Feminino	03:09:59	+01:38:18	12:40
415	1027	Arménio Ferreira	a.n.a.	Veterano M40	03:11:04	+01:39:24	12:44
416	1707	Ricardo	studio sun beauty	Senior Masculino	03:11:34	+01:39:54	12:46
417	1524	Tânia Teixeira	madugym	Senior Feminino	03:11:40	+01:39:59	12:47
418	1724	Vicente Sousa	trinca orelhas de gato	Senior Masculino	03:12:44	+01:41:03	12:51
419	1779	Ana Fonseca	individual	Senior Feminino	03:12:47	+01:41:06	12:51
420	1332	Rui Gomes	individual	Senior Masculino	03:13:04	+01:41:24	12:52
421	1221	Andreia Cardoso	individual	Senior Feminino	03:13:18	+01:41:38	12:53
422	1450	Telmo Rodrigues	individual	Veterano M40	03:13:21	+01:41:40	12:53
423	1442	PEDRO ALVES	individual	Veterano M40	03:13:22	+01:41:42	12:54
424	1006	Joel vale	10temidos	Senior Masculino	03:13:50	+01:42:10	12:55
425	1583	Liseta Pinto	nice runners	Veterana F40	03:14:13	+01:42:32	12:57
426	1671	André Moreira	royal wellness center	Senior Masculino	03:14:28	+01:42:48	12:58
427	1084	José Sousa	btt alegria // tubani	Senior Masculino	03:14:48	+01:43:07	12:59
428	1066	Cristina Amaral	amigos dos semáforos, bamulá	Veterana F40	03:15:13	+01:43:32	13:01
429	1067	Marco Pacheco	amigos dos semáforos, bamulá	Veterano M40	03:15:13	+01:43:33	13:01
430	1037	Célia Vieira	alto relevo - clube de montanhismo	Veterana F40	03:15:17	+01:43:37	13:01
431	1020	Ana Mendonça	a.d.amarante trail running	Senior Feminino	03:15:41	+01:44:00	13:03
432	1215	Ana Cristina Ferreira Moreira	individual	Senior Feminino	03:15:42	+01:44:02	13:03
433	1641	Carlos Martins	porto sentido runners	Veterano M40	03:16:02	+01:44:21	13:04
434	1639	Sandra Carvalho	porto sentido runners	Veterana F40	03:16:02	+01:44:22	13:04
435	1350	Ricardo António de Sousa Osório	individual	Sub 23 Masculino	03:16:04	+01:44:23	13:04
436	1226	Carla Verónica Fontão Teixeira	individual	Senior Feminino	03:16:41	+01:45:00	13:07
437	1526	David Garrido	madugym	Senior Masculino	03:16:55	+01:45:14	13:08
438	1335	rui teixeira	individual	Senior Masculino	03:17:08	+01:45:27	13:09

## MINI TRAIL 15K - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
439	1274	Cristiano Joel Carvalho Moura de Sousa	individual	Senior Masculino	03:17:09	+01:45:28	13:09
440	1489	Luís Gomes	kemedo team	Veterano M40	03:17:10	+01:45:30	13:09
441	1302	Ivone Pardal	individual	Veterana F40	03:17:12	+01:45:32	13:09
442	1561	Claudia Marisa Sousa	mountain runners	Senior Feminino	03:17:23	+01:45:42	13:10
443	1640	Teresa Maria Lourenço	porto sentido runners	Veterana F40	03:17:26	+01:45:45	13:10
444	1544	Carla Neves	factor x / s4l / medense fc	Senior Feminino	03:17:28	+01:45:48	13:10
445	1246	rosmary silva	individual	Senior Feminino	03:17:32	+01:45:52	13:10
446	1395	Fernado Paiva	individual	Veterano M40	03:18:17	+01:46:36	13:13
447	1062	Carmen Moreira	amigos do pedal trailagares	Veterana F40	03:18:18	+01:46:37	13:13
448	1622	Monica Magalhaes	papatrails	Senior Feminino	03:18:23	+01:46:43	13:14
449	1558	Sónia Gilvaz	monte dos amigos/juventude ribeiras	Veterana F40	03:19:11	+01:47:31	13:17
450	1694	HELDER gomes	sorema	Veterano M40	03:19:43	+01:48:03	13:19
451	1727	Agostinho Costa	trinca orelhas de gato	Veterano M40	03:19:58	+01:48:18	13:20
452	1383	Alfredo Vieira	individual	Veterano M40	03:20:02	+01:48:22	13:20
453	1393	Daniel Ferreira	individual	Veterano M40	03:20:03	+01:48:22	13:20
454	1493	Joaquim	kome pó	Senior Masculino	03:20:20	+01:48:39	13:21
455	1545	Noemia Pinto	maugénio	Senior Feminino	03:20:41	+01:49:00	13:23
456	1237	Joana Vanessa Pacheco Pereira	individual	Senior Feminino	03:20:46	+01:49:05	13:23
457	1322	Pedro Santos	individual	Senior Masculino	03:21:16	+01:49:35	13:25
458	1294	Josué Maia	individual	Senior Masculino	03:21:59	+01:50:19	13:28
459	1646	Claudia Pereira	powerrunners #1000pecados	Senior Feminino	03:22:22	+01:50:42	13:30
460	1320	Pedro Maia	individual	Senior Masculino	03:22:33	+01:50:53	13:30
461	1135	Rita Rodrigues	dr.merino/4moove	Senior Feminino	03:22:46	+01:51:06	13:31
462	1388	ARMINDO SERRA MARTINS DOS SANTOS	individual	Veterano M40	03:22:51	+01:51:10	13:31
463	1234	Filipa Namora	individual	Senior Feminino	03:22:55	+01:51:15	13:32
464	1625	Ana Alves	papatrails	Veterana F40	03:22:56	+01:51:16	13:32
465	1704	Julio Santos	ss montepio	Veterano M40	03:24:05	+01:52:24	13:36
466	1696	Hugo Lopes	ss montepio	Senior Masculino	03:24:12	+01:52:32	13:37
467	1459	Anabela Marques	juventude cortegacense	Veterana F40	03:24:20	+01:52:40	13:37
468	1564	César Couto	mountain runners	Senior Masculino	03:24:51	+01:53:10	13:39
469	1474	Lucia Nunes	kemedo team	Senior Feminino	03:25:00	+01:53:19	13:40
470	1648	Sonia Garces	powerrunners #1000pecados	Senior Feminino	03:25:00	+01:53:20	13:40
471	1649	Hugo Barros	powerrunners #1000pecados	Senior Masculino	03:25:04	+01:53:24	13:40
472	1045	Ricardo Lascasas	amigos 100 limites	Senior Masculino	03:25:13	+01:53:33	13:41
473	1258	Vera Mónica Mendes Carvalho	individual	Senior Feminino	03:25:13	+01:53:33	13:41
474	1353	Ana Alexandra Azeredo e Vasconcelos	individual	Veterana F40	03:25:13	+01:53:33	13:41
475	1196	Patrícia Pereira	gondomar futsal clube	Senior Feminino	03:25:52	+01:54:11	13:44
476	1155	Maria Hermínia	factor x / s4l / medense fc	Veterana F40	03:25:57	+01:54:17	13:44
477	1479	Pedro Duarte	kemedo team	Senior Masculino	03:26:11	+01:54:31	13:45
478	1070	Lurdes Moreira	as belas e eles	Veterana F40	03:26:15	+01:54:34	13:45
479	1198	Pedro Rodrigues	gondomar futsal clube	Senior Masculino	03:26:36	+01:54:55	13:46
480	1463	Daniel França	juventude cortegacense	Veterano M40	03:26:48	+01:55:08	13:47
481	1458	Tiago Padrela Ferreira da silva	juventude cortegacense	Senior Masculino	03:27:18	+01:55:38	13:49

MINI TRAIL 15K - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
482	1397	Fernando ferraz	individual	Veterano M40	03:27:20	+01:55:40	13:49
483	1314	Nuno Teixeira	individual	Senior Masculino	03:27:28	+01:55:48	13:50
484	1242	MAria de Fátima Bastos Oliveira	individual	Senior Feminino	03:28:04	+01:56:24	13:52
485	1249	Sandra Ramos	individual	Senior Feminino	03:28:22	+01:56:41	13:54
486	1408	Joaquim Ramos	individual	Veterano M40	03:28:22	+01:56:41	13:54
487	1187	HUGO SILVA	fugitivos urbanos - clínica + saúde	Sub 23 Masculino	03:29:11	+01:57:30	13:57
488	1618	Brigida Duarte	osfazconta	Senior Feminino	03:29:52	+01:58:12	14:00
489	1386	António Monteiro	individual	Veterano M40	03:29:58	+01:58:18	14:00
490	1284	Hugo Miguel Jesus Pinto Loureiro	individual	Senior Masculino	03:30:01	+01:58:21	14:00
491	1417	Jose Eduardo Ferreira Moreira	individual	Veterano M40	03:30:13	+01:58:33	14:01
492	1052	Ana Rita Nogueira Coelho	amigos do pedal trailagares	Senior Feminino	03:30:14	+01:58:34	14:01
493	1437	Paulo César Monteiro da Costa	individual	Veterano M40	03:30:19	+01:58:39	14:01
494	1659	Vitor Vilela	prova de fogo	Senior Masculino	03:32:41	+02:01:00	14:11
495	1372	Paulina soares	individual	Veterana F40	03:33:17	+02:01:37	14:13
496	1621	Estela Oliveira	papatrails	Senior Feminino	03:33:24	+02:01:44	14:14
497	1053	Cátia Sofia Rodrigues Oliveira	amigos do pedal trailagares	Senior Feminino	03:33:30	+02:01:49	14:14
498	1055	Susana Marisa da Cunha Melo Leal	amigos do pedal trailagares	Senior Feminino	03:33:33	+02:01:52	14:14
499	1124	Bruno Marques	10temidos	Senior Masculino	03:33:37	+02:01:56	14:15
500	1578	Susana Pinto	nascidos para correr	Veterana F40	03:33:51	+02:02:11	14:15
501	1443	Pedro Eurico Fernandes Pereira	individual	Veterano M40	03:33:51	+02:02:11	14:15
502	1570	Rute Couto	nascidos para correr	Senior Feminino	03:33:51	+02:02:11	14:15
503	1571	Vanessa Dias	nascidos para correr	Senior Feminino	03:33:51	+02:02:11	14:15
504	1440	Paulo Jorge Monteiro Ferreira	individual	Veterano M40	03:33:58	+02:02:18	14:16
505	1337	Sergio Torre	individual	Senior Masculino	03:34:00	+02:02:20	14:16
506	1233	Eduarda Barros	individual	Senior Feminino	03:34:01	+02:02:21	14:16
507	1197	Fábio Silva	gondomar futsal clube	Senior Masculino	03:34:21	+02:02:40	14:17
508	1560	ROSA COSTA	moreira relax runners	Veterana F40	03:35:02	+02:03:21	14:20
509	1321	Pedro Rodrigues	individual	Senior Masculino	03:35:05	+02:03:24	14:20
510	1219	Anabela Seabra	individual	Senior Feminino	03:35:06	+02:03:25	14:20
511	1656	Henrique Rocha	prova de fogo	Senior Masculino	03:35:06	+02:03:25	14:20
512	1367	Isabel Maria Santos Pires Barbosa	individual	Veterana F40	03:35:30	+02:03:50	14:22
513	1455	ANDRÉ RIBEIRO	invictus oporto team	Sub 23 Masculino	03:35:31	+02:03:51	14:22
514	1244	Marta Reguengo	individual	Senior Feminino	03:35:48	+02:04:07	14:23
515	1439	Paulo Jorge Costa	individual	Veterano M40	03:35:48	+02:04:07	14:23
516	1438	PAULO FREITAS JORGE	individual	Veterano M40	03:36:28	+02:04:47	14:26
517	1468	Joaquim Oliveira	juventude desportiva de gondomar	Veterano M40	03:38:15	+02:06:35	14:33
518	355	Fernando Miguel Pereira	os finos	Veterano M40	03:39:12	+02:07:31	14:37
519	1695	Tania Rebelo	ss montepio	Senior Feminino	03:39:13	+02:07:32	14:37
520	1405	João Manuel Sousa	individual	Veterano M40	03:39:22	+02:07:41	14:38
521	1699	Rui Reblo	ss montepio	Senior Masculino	03:40:08	+02:08:28	14:41
522	1141	Ismael Andrade	eu+ run	Veterano M40	03:40:22	+02:08:42	14:42
523	1140	Alberto Silva	eu+ run	Senior Masculino	03:40:23	+02:08:43	14:42





**MINI TRAIL 15K - STAGE 1**

**15 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
569	1743	Cristina Carvalho	viamaiã	Senior Feminino	03:52:55	+02:21:15	15:32
570	1142	Paula Cardoso	factor x / s4l / medense fc	Senior Feminino	03:53:23	+02:21:43	15:34
571	1516	MARIO RUI	locomotiva de paranhos	Veterano M40	03:53:26	+02:21:45	15:34
572	1239	Liliana Barbosa	individual	Senior Feminino	03:53:27	+02:21:47	15:34
573	1461	Maria Elisabete Pinho Pereira Mendonça	juventude cortegacense	Veterana F40	03:54:13	+02:22:33	15:37
574	1708	Manuel Jorge Silva	team aguenta aí	Veterano M40	03:57:41	+02:26:01	15:51
575	1726	Ana Cristina	trinca orelhas de gato	Veterana F40	03:59:07	+02:27:27	15:57
576	1731	Carlos Conde	trinca orelhas de gato	Veterano M40	03:59:09	+02:27:28	15:57
577	1604	Filomena Correia	opraticante.pt	Veterana F40	03:59:38	+02:27:57	15:59
578	1376	SARA FERREIRA MOREIRA	individual	Veterana F40	03:59:55	+02:28:14	16:00
579	1469	JORGE TEIXEIRA	juventude desportiva de gondomar	Veterano M40	04:02:29	+02:30:49	16:10
580	1470	José Carmo Teixeira	juventude desportiva de gondomar	Veterano M40	04:02:29	+02:30:49	16:10
581	1295	Luís Faria	individual	Senior Masculino	04:04:30	+02:32:50	16:18
582	1631	Sílvia Lima	porto run team	Senior Feminino	04:06:47	+02:35:06	16:27
583	1633	Paulo Lima	porto run team	Senior Masculino	04:06:47	+02:35:06	16:27
584	1632	Filipe Lima	porto run team	Senior Masculino	04:06:47	+02:35:07	16:27
585	1236	Joana Patrícia Baltarejo Nogueira	individual	Senior Feminino	04:07:59	+02:36:18	16:32
586	1323	Rafael Fernando Monteiro Gomes	individual	Senior Masculino	04:08:00	+02:36:19	16:32
587	1354	Ana Maria Fonseca De Magalhaes	individual	Veterana F40	04:09:23	+02:37:43	16:38
588	1375	sara cristina coelho gomes	individual	Veterana F40	04:09:53	+02:38:13	16:40
589	1574	Cristina Moreira	nascidos para correr	Veterana F40	04:13:10	+02:41:30	16:53
590	1569	Emanuela Gonçalves	nascidos para correr	Senior Feminino	04:13:10	+02:41:30	16:53
591	1576	Paula Madeira	nascidos para correr	Veterana F40	04:13:10	+02:41:30	16:53
592	1389	Carlos Almeida	individual	Veterano M40	04:13:10	+02:41:30	16:53
593	1683	Dália Costa	semfiltro	Senior Feminino	04:13:15	+02:41:34	16:53
594	1684	Fernando Azevedo	semfiltro	Senior Masculino	04:13:15	+02:41:35	16:53
595	1532	Fátima Carvalho	madugym	Veterana F40	04:13:48	+02:42:08	16:55
596	1557	Paula Coutinho	monte dos amigos/juventude ribeiras	Veterana F40	04:14:37	+02:42:56	16:59
597	1529	Carla Beça	madugym	Veterana F40	04:14:43	+02:43:03	16:59
598	1519	Cátia Silva	madugym	Senior Feminino	04:14:46	+02:43:06	16:59
599	1538	José Madureira	madugym	Veterano M40	04:14:49	+02:43:08	16:59
600	1540	Tiago Sousa	madugym	Veterano M40	04:14:50	+02:43:10	16:59
601	1530	Carla Chaves	madugym	Veterana F40	04:14:56	+02:43:16	17:00
602	1523	Irma Vale	madugym	Senior Feminino	04:15:05	+02:43:25	17:00
603	1716	CARLOS POMAR	trepatrihos trail team	Veterano M40	04:15:14	+02:43:34	17:01
604	1357	Andreia Ribeiro	individual	Veterana F40	04:18:17	+02:46:37	17:13
605	1108	Cândida Raquel Ferreira Azevedo Bento	correr leça	Senior Feminino	04:19:50	+02:48:09	17:19
606	1100	sandra morgado	clube desportivo cepsa	Veterana F40	04:19:53	+02:48:12	17:20
607	1099	marisa silva	clube desportivo cepsa	Veterana F40	04:19:53	+02:48:13	17:20
608	1480	Nuno Tentugal	individual	Veterano M40	04:20:15	+02:48:35	17:21
609	1486	Helder Rodrigues	kemedo team	Veterano M40	04:20:16	+02:48:35	17:21
610	1007	Manuel Gonçalves	10temidos	Senior Masculino	04:20:37	+02:48:57	17:23



## Mini Trail 15K

## 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:00	18°C	93%
End	14:28	18°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
<b>Senior Feminino</b>							
1	1169	Andreia Ribeiro Almeida	Fridão Sem Limites	Senior Feminino	02:05:17	+33:36	08:21
2	1584	Albertina Cunha	NOCTURNOS DE PAREDES	Senior Feminino	02:05:46	+34:05	08:23
3	1188	Hortense Tenda	Gaia Trail	Senior Feminino	02:08:34	+36:54	08:34
4	1745	Mónica Ribeiro	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	Senior Feminino	02:16:25	+44:45	09:06
5	1021	Ângela Soares	A.D.Amarante trail running	Senior Feminino	02:16:42	+45:02	09:07
6	1240	Liliana de Melo Barreiro	Individual	Senior Feminino	02:18:22	+46:42	09:14
7	1666	Anita Costa	Royal Wellness Center	Senior Feminino	02:19:07	+47:27	09:17
8	1563	Patricia Ribeiro	Mountain Runners	Senior Feminino	02:21:26	+49:46	09:26
9	1229	Daniela Ferreira	Individual	Senior Feminino	02:24:57	+53:17	09:40
10	1256	Sónia Barbosa	Individual	Senior Feminino	02:33:02	+01:01:22	10:12
11	1170	Eliana Patricia Gonçalves Pinto Teixeira	Fridão Sem Limites	Senior Feminino	02:33:59	+01:02:18	10:16
12	1075	Ana Sico	Montanha Clube Trail Running/Efapel	Senior Feminino	02:39:51	+01:08:11	10:39
13	1473	Liliana Vieira	KeMedo Team	Senior Feminino	02:44:51	+01:13:10	10:59
14	1214	Ana Campanhã	Individual	Senior Feminino	02:48:26	+01:16:46	11:14
15	1207	Andra alves julio	GTT Armazém do café	Senior Feminino	02:48:56	+01:17:16	11:16
16	1471	Alice Coelho	KeMedo Team	Senior Feminino	02:49:34	+01:17:53	11:18
17	1171	Olga Cristiana Ferreira Mota	Fridão Sem Limites	Senior Feminino	02:50:27	+01:18:47	11:22
18	1668	Liliana Silva	Royal Wellness Center	Senior Feminino	02:50:40	+01:19:00	11:23
19	1228	Cristina Ramalho	Individual	Senior Feminino	02:50:51	+01:19:11	11:23
20	1517	ANA CRISTINA DA SILVA PINTO	lojadasmolduras\Eletrocarril	Senior Feminino	02:50:53	+01:19:12	11:24
21	1472	Claudia Lopes	KeMedo Team	Senior Feminino	02:52:47	+01:21:06	11:31
22	1585	Raquel Ribeiro	NOCTURNOS DE PAREDES	Senior Feminino	02:55:38	+01:23:58	11:43
23	1227	CÉLIA QUINTA	Individual	Senior Feminino	02:56:13	+01:24:33	11:45
24	1512	Patrícia Alves rocha	LOCOMOTIVA DE PARANHOS	Senior Feminino	02:56:13	+01:24:33	11:45
25	1028	Joana Melo	ACPortalegre/UTSM	Senior Feminino	03:00:31	+01:28:50	12:02
26	1711	Sonia Boucinha	Trinca Orelhas de Gato	Senior Feminino	03:01:12	+01:29:31	12:05
27	1252	SARA SILVA	Individual	Senior Feminino	03:01:49	+01:30:09	12:07
28	378	Célia Simões	ACRD/PSP Viseu Runners	Senior Feminino	03:03:33	+01:31:53	12:14
29	1253	Sílvia Teixeira	Individual	Senior Feminino	03:03:48	+01:32:08	12:15
30	1251	Sara Barbosa	Individual	Senior Feminino	03:04:01	+01:32:21	12:16
31	1137	Márcia Coelho	EI Team Trail	Senior Feminino	03:04:55	+01:33:15	12:20
32	1627	Sonia Silva	Paredes Runingng	Senior Feminino	03:05:01	+01:33:20	12:20
33	1495	Marlene Barbosa	LA Zinco	Senior Feminino	03:05:51	+01:34:10	12:23
34	1715	Lígia Lopes	TrepaTrilhos Trail Team	Senior Feminino	03:06:13	+01:34:32	12:25
35	1562	Liliana Magalhães	Mountain Runners	Senior Feminino	03:06:39	+01:34:58	12:27
36	1247	Salomé Mourisco	Individual	Senior Feminino	03:07:28	+01:35:48	12:30
37	1507	Bárbara Silva	LEROY MERLIN TRAIL TEAM	Senior Feminino	03:09:59	+01:38:18	12:40
38	1524	Tânia Teixeira	madugym	Senior Feminino	03:11:40	+01:39:59	12:47

Official Timekeeper: Lap2Go	1 / 16	generate 30-jul-2017 14:58
-----------------------------	--------	----------------------------

### Mini Trail 15K

15 KM

## OFFICIAL RESULT

39	1779	Ana Fonseca	Individual	Senior Feminino	03:12:47	+01:41:06	12:51
40	1221	Andreia Cardoso	Individual	Senior Feminino	03:13:18	+01:41:38	12:53
41	1020	Ana Mendonça	A.D.Amarante trail running	Senior Feminino	03:15:41	+01:44:00	13:03
42	1215	Ana Cristina Ferreira Moreira	Individual	Senior Feminino	03:15:42	+01:44:02	13:03
43	1226	Carla Verónica Fontão Teixeira	Individual	Senior Feminino	03:16:41	+01:45:00	13:07
44	1561	Claudia Marisa Sousa	Mountain Runners	Senior Feminino	03:17:23	+01:45:42	13:10
45	1544	Carla Neves	FACTOR X / S4L / MEDENSE FC	Senior Feminino	03:17:28	+01:45:48	13:10
46	1246	rosmary silva	Individual	Senior Feminino	03:17:32	+01:45:52	13:10
47	1622	Monica Magalhaes	PAPATRAILS	Senior Feminino	03:18:23	+01:46:43	13:14
48	1545	Noemia Pinto	Maugénio	Senior Feminino	03:20:41	+01:49:00	13:23
49	1237	Joana Vanessa Pacheco Pereira	Individual	Senior Feminino	03:20:46	+01:49:05	13:23
50	1646	Claudia Pereira	Powerrunners #1000pecados	Senior Feminino	03:22:22	+01:50:42	13:30
51	1135	Rita Rodrigues	Dr.merino/4move	Senior Feminino	03:22:46	+01:51:06	13:31
52	1234	Filipa Namora	Individual	Senior Feminino	03:22:55	+01:51:15	13:32
53	1474	Lucia Nunes	KeMedo Team	Senior Feminino	03:25:00	+01:53:19	13:40
54	1648	Sonia Garces	Powerrunners #1000pecados	Senior Feminino	03:25:00	+01:53:20	13:40
55	1258	Vera Mónica Mendes Carvalho	Individual	Senior Feminino	03:25:13	+01:53:33	13:41
56	1196	Patrícia Pereira	GONDOMAR FUTSAL CLUBE	Senior Feminino	03:25:52	+01:54:11	13:44
57	1242	MARIA de Fátima Bastos Oliveira	Individual	Senior Feminino	03:28:04	+01:56:24	13:52
58	1249	Sandra Ramos	Individual	Senior Feminino	03:28:22	+01:56:41	13:54
59	1618	Brigida Duarte	OsFazConta	Senior Feminino	03:29:52	+01:58:12	14:00
60	1052	Ana Rita Nogueira Coelho	AMIGOS DO PEDAL TRAILAGARES	Senior Feminino	03:30:14	+01:58:34	14:01
61	1621	Estela Oliveira	PAPATRAILS	Senior Feminino	03:33:24	+02:01:44	14:14
62	1053	Cátia Sofia Rodrigues Oliveira	AMIGOS DO PEDAL TRAILAGARES	Senior Feminino	03:33:30	+02:01:49	14:14
63	1055	Susana Marisa da Cunha Melo Leal	AMIGOS DO PEDAL TRAILAGARES	Senior Feminino	03:33:33	+02:01:52	14:14
64	1570	Rute Couto	Nascidos para Correr	Senior Feminino	03:33:51	+02:02:11	14:15
65	1571	Vanessa Dias	Nascidos para Correr	Senior Feminino	03:33:51	+02:02:11	14:15
66	1233	Eduarda Barros	Individual	Senior Feminino	03:34:01	+02:02:21	14:16
67	1219	Anabela Seabra	Individual	Senior Feminino	03:35:06	+02:03:25	14:20
68	1244	Marta Reguengo	Individual	Senior Feminino	03:35:48	+02:04:07	14:23
69	1695	Tania Rebelo	SS MONTEPIO	Senior Feminino	03:39:13	+02:07:32	14:37
70	1255	Sofia figueiredo	Individual	Senior Feminino	03:40:26	+02:08:45	14:42
71	1617	Adriana Duarte	OsFazConta	Senior Feminino	03:43:19	+02:11:38	14:53
72	1001	Sandra Ferreira	#correratenumdarmais	Senior Feminino	03:43:32	+02:11:51	14:54
73	1223	Barbara Feio	Individual	Senior Feminino	03:46:55	+02:15:14	15:08
74	1208	Cléia Santiago	GTT Armazém do café	Senior Feminino	03:51:02	+02:19:22	15:24
75	1231	Diana Marques	Individual	Senior Feminino	03:52:49	+02:21:09	15:31
76	1743	Cristina Carvalho	ViaMaia	Senior Feminino	03:52:55	+02:21:15	15:32
77	1142	Paula Cardoso	FACTOR X / S4L / MEDENSE FC	Senior Feminino	03:53:23	+02:21:43	15:34
78	1239	Liliana Barbosa	Individual	Senior Feminino	03:53:27	+02:21:47	15:34
79	1631	Sílvia Lima	Porto Run Team	Senior Feminino	04:06:47	+02:35:06	16:27
80	1236	Joana Patrícia Baltarejo Nogueira	Individual	Senior Feminino	04:07:59	+02:36:18	16:32
81	1569	Emanuela Gonçalves	Nascidos para Correr	Senior Feminino	04:13:10	+02:41:30	16:53
82	1683	Dália Costa	SemFiltro	Senior Feminino	04:13:15	+02:41:34	16:53

**Mini Trail 15K****15 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

83	1519	Cátia Silva	madugym	Senior Feminino	04:14:46	+02:43:06	16:59
84	1523	Irma Vale	madugym	Senior Feminino	04:15:05	+02:43:25	17:00
85	1108	Cândida Raquel Ferreira Azevedo Bento	CORRER LEÇA	Senior Feminino	04:19:50	+02:48:09	17:19
86	1005	Cristina Cabeda	10TEMIDOS	Senior Feminino	04:20:38	+02:48:57	17:23
87	1002	Rosana Costa	100filtro	Senior Feminino	04:26:28	+02:54:47	17:46
88	1241	Liliana Isabel Barbosa Nogueira	Individual	Senior Feminino	04:28:45	+02:57:04	17:55
89	1254	Sofia Barros	Individual	Senior Feminino	04:28:45	+02:57:04	17:55
90	1216	Ana Luisa Rocha	Individual	Senior Feminino	04:28:45	+02:57:04	17:55
91	1040	Liliana Gomes	Amigos 100 Limites	Senior Feminino	04:34:32	+03:02:52	18:18
92	1041	Vera Silva	Amigos 100 Limites	Senior Feminino	04:34:32	+03:02:52	18:18
93	1190	Benilde Freitas	Gladiadores	Senior Feminino	04:37:14	+03:05:34	18:29
94	1257	vera	Individual	Senior Feminino	04:42:40	+03:10:59	18:51
95	1191	Joana Amaral	Gladiadores	Senior Feminino	04:48:36	+03:16:56	19:14
96	1004	Ana Cabeda	10TEMIDOS	Senior Feminino	04:49:12	+03:17:32	19:17
97	1501	Diana Batista	Leões de Tardariz Trail	Senior Feminino	05:01:54	+03:30:14	20:08

**Senior Masculino**

1	1203	VITOR BARBOSA	grupo dramatico e recreativo da retorta	Senior Masculino	01:31:40		06:07
2	1199	Pedro Tapadas	GONDOMAR FUTSAL CLUBE	Senior Masculino	01:36:54	+05:14	06:28
3	1128	Tiago Pinto	Douroconta - Gabinete de Apoio e Contabilidade	Senior Masculino	01:37:44	+06:04	06:31
4	1116	Nuno Nunes	Dá-Lhe Gás	Senior Masculino	01:42:48	+11:08	06:51
5	1502	Josué Moreira	Leões de Tardariz Trail	Senior Masculino	01:42:56	+11:16	06:52
6	1114	Joaquim Leal	Dá-Lhe Gás	Senior Masculino	01:43:51	+12:11	06:55
7	1113	Joaquim Duarte	Dá-Lhe Gás	Senior Masculino	01:44:16	+12:36	06:57
8	1111	Carlos Cunha	Dá-Lhe Gás	Senior Masculino	01:44:48	+13:07	06:59
9	1714	fabio fernandes correia	Trail Running Clube Btt Sanguedo	Senior Masculino	01:44:58	+13:17	07:00
10	1172	paulo monteiro	Fridão Sem Limites	Senior Masculino	01:46:05	+14:25	07:04
11	1673	Miguel Neto	Royal Wellness Center	Senior Masculino	01:46:07	+14:27	07:05
12	1023	Carlos Queiroz	A.D.Amarante trail running	Senior Masculino	01:47:01	+15:21	07:08
13	1202	TIAGO PINTO	grupo dramatico e recreativo da retorta	Senior Masculino	01:47:46	+16:05	07:11
14	1174	Rui Manuel Mendes Azevedo	Fridão Sem Limites	Senior Masculino	01:48:16	+16:36	07:13
15	1211	Hélio Dias	HOSPITALSANTAMARIART	Senior Masculino	01:48:18	+16:38	07:13
16	1264	André Emanuel Marques e Silva	Individual	Senior Masculino	01:50:03	+18:22	07:20
17	1212	RUI PEDRO REIS	HOSPITALSANTAMARIART	Senior Masculino	01:50:21	+18:41	07:21
18	1722	Marcio Pinto	Trinca Orelhas de Gato	Senior Masculino	01:51:06	+19:26	07:24
19	1112	Carlos Prudêncio	Dá-Lhe Gás	Senior Masculino	01:51:37	+19:57	07:27
20	1082	Filipe Pinto	BTT Alegria // TUBANI	Senior Masculino	01:51:50	+20:10	07:27
21	1600	Hélder Ribeiro	Nós Acreditamos	Senior Masculino	01:54:12	+22:32	07:37
22	1541	Manuel Barbosa	Manuel	Senior Masculino	01:55:11	+23:30	07:41
23	1106	Joao barbosa	Copos e trilhos	Senior Masculino	01:55:11	+23:30	07:41
24	1117	Pedro Dias	Dá-Lhe Gás	Senior Masculino	01:55:51	+24:11	07:43
25	1173	Ricardo Miguel Magalhães Nunes	Fridão Sem Limites	Senior Masculino	01:55:58	+24:18	07:44

**Mini Trail 15K**

**15 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

26	1115	Joel Gomes	Dá-Lhe Gás	Senior Masculino	01:57:15	+25:34	07:49
27	1589	Jose Meneses	NOCTURNOS DE PAREDES	Senior Masculino	01:58:44	+27:04	07:55
28	1272	Cláudio Araújo	Individual	Senior Masculino	02:00:19	+28:38	08:01
29	1587	Bruno Moreira	NOCTURNOS DE PAREDES	Senior Masculino	02:01:11	+29:30	08:05
30	1592	Sérgio Vale	NOCTURNOS DE PAREDES	Senior Masculino	02:01:13	+29:33	08:05
31	1011	Valter Gouveia	10TEMIDOS	Senior Masculino	02:01:18	+29:37	08:05
32	1591	Pedro Pereira	NOCTURNOS DE PAREDES	Senior Masculino	02:01:47	+30:07	08:07
33	1147	Pedro Viana	FACTOR X / S4L / MEDENSE FC	Senior Masculino	02:02:33	+30:52	08:10
34	1677	Hugo Lobo	Run4all	Senior Masculino	02:03:27	+31:47	08:14
35	1287	João Araújo	Individual	Senior Masculino	02:03:37	+31:57	08:15
36	1263	Álvaro Cardoso	Individual	Senior Masculino	02:04:37	+32:56	08:19
37	1058	Libânio José Rocha Alves	AMIGOS DO PEDAL TRAILAGARES	Senior Masculino	02:05:29	+33:49	08:22
38	1548	Miguel santos	Moinhos Run - ADRM	Senior Masculino	02:05:32	+33:52	08:22
39	1279	Filipe Rocha	Individual	Senior Masculino	02:06:23	+34:43	08:26
40	1466	Pedro Miguel de Ascenção Neves	JUVENTUDE DESPORTIVA DE GONDOMAR	Senior Masculino	02:07:30	+35:50	08:30
41	1307	Miguel pinto	Individual	Senior Masculino	02:08:56	+37:16	08:36
42	1298	Luis Sá	Individual	Senior Masculino	02:09:10	+37:29	08:37
43	1497	Jorge Barbosa	LA Zinco	Senior Masculino	02:10:46	+39:06	08:43
44	1009	Sérgio Rodrigues	10TEMIDOS	Senior Masculino	02:11:40	+40:00	08:47
45	1614	Carlos Ribeiro	Os2Horas	Senior Masculino	02:11:41	+40:00	08:47
46	1162	José Mendes	Falsos lentos	Senior Masculino	02:13:05	+41:24	08:52
47	1331	Rui Dias	Individual	Senior Masculino	02:13:10	+41:30	08:53
48	1107	Ricardo Moreira	Copos e trilhos	Senior Masculino	02:14:06	+42:25	08:56
49	1451	Fábio Santos	HOSPITALSANTAMARIART	Senior Masculino	02:14:07	+42:27	08:57
50	1306	Mário Santos	Individual	Senior Masculino	02:14:12	+42:32	08:57
51	1266	Ângelo Vaz	Individual	Senior Masculino	02:14:30	+42:50	08:58
52	1341	Vitor Manuel Oliveira Coelho	Individual	Senior Masculino	02:14:33	+42:53	08:58
53	1308	Nuno cruz	Individual	Senior Masculino	02:14:33	+42:53	08:58
54	1151	Vítor Santos	FACTOR X / S4L / MEDENSE FC	Senior Masculino	02:14:47	+43:07	08:59
55	1549	Simão souza	Moinhos Run - ADRM	Senior Masculino	02:15:06	+43:25	09:00
56	1119	Vitor Silva	Dá-Lhe Gás	Senior Masculino	02:15:31	+43:50	09:02
57	1508	Jorge Pinheiro	LEROY MERLIN TRAIL TEAM	Senior Masculino	02:15:56	+44:15	09:04
58	1565	Miguel Sousa	Mountain Runners	Senior Masculino	02:17:22	+45:42	09:10
59	1185	NUNO FERREIRA	FUGITIVOS URBANOS - CLÍNICA + SAÚDE	Senior Masculino	02:17:36	+45:56	09:10
60	1478	Mario Coelho	KeMedo Team	Senior Masculino	02:18:12	+46:32	09:13
61	1719	Carlos Silva	Trinca Orelhas de Gato	Senior Masculino	02:18:17	+46:36	09:13
62	1089	Horácio Pinto	Café & Restaurante Tendais	Senior Masculino	02:18:49	+47:09	09:15
63	1105	Bruno souza	Copos e trilhos	Senior Masculino	02:18:50	+47:09	09:15
64	1634	Pedro Ferreira	PORTO SENTIDO RUNNERS	Senior Masculino	02:19:11	+47:30	09:17
65	1477	GERSON ALVES	KeMedo Team	Senior Masculino	02:20:13	+48:33	09:21
66	1186	TOMÉ MARQUES	FUGITIVOS URBANOS - CLÍNICA + SAÚDE	Senior Masculino	02:21:08	+49:28	09:25
67	1318	Pedro Costa	Individual	Senior Masculino	02:21:29	+49:49	09:26
68	1475	Andre Ribeiro	KeMedo Team	Senior Masculino	02:22:22	+50:42	09:30
69	1125	Fernando Ribeiro	100meta	Senior Masculino	02:22:46	+51:06	09:31

Official Timekeeper: Lap2Go	4 / 16	generate 30-jul-2017 14:58
-----------------------------	--------	----------------------------

Mini Trail 15K

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

70	1601	Leandro Teixeira	Nós Acreditamos	Senior Masculino	02:23:25	+51:45	09:34
71	1496	Helder Silva	LA Zinco	Senior Masculino	02:25:56	+54:15	09:44
72	1454	BRUNO MELO	Invictus Oporto Team	Senior Masculino	02:26:30	+54:50	09:46
73	1312	Nuno Miguel Ribeiro da Silva	Individual	Senior Masculino	02:26:32	+54:52	09:46
74	1143	Emanuel Vieira	FACTOR X / S4L / MEDENSE FC	Senior Masculino	02:26:56	+55:15	09:48
75	1076	João Rocha	BitRunners	Senior Masculino	02:26:56	+55:16	09:48
76	1315	Paulo Costa	Individual	Senior Masculino	02:27:01	+55:20	09:48
77	1780	Ricardo Nogueira	Individual	Senior Masculino	02:28:46	+57:05	09:55
78	1706	Daniel Amaral	Studio Sun Beauty	Senior Masculino	02:28:51	+57:11	09:55
79	1300	marcio barreto	Individual	Senior Masculino	02:29:03	+57:22	09:56
80	1270	Bruno rocha	Individual	Senior Masculino	02:29:13	+57:32	09:57
81	1333	Rui Pedro Ramos da Silva	Individual	Senior Masculino	02:29:44	+58:04	09:59
82	1324	Renato Santos	Individual	Senior Masculino	02:29:48	+58:08	09:59
83	1289	Joaquim Alves	Individual	Senior Masculino	02:30:38	+58:57	10:03
84	1750	Gilberto Orlando	Os lobos trail btt sai da frente	Senior Masculino	02:31:02	+59:21	10:04
85	1325	Ricardo Alexandre Novais	Individual	Senior Masculino	02:31:20	+59:40	10:05
86	1572	Bruno Martins	Nascidos para Correr	Senior Masculino	02:31:33	+59:52	10:06
87	1083	Jorge Cruz	BTT Alegria // TUBANI	Senior Masculino	02:31:51	+01:00:11	10:07
88	1310	Nuno Miguel Lima de Carvalho	Individual	Senior Masculino	02:31:53	+01:00:13	10:08
89	1057	Bruno Filipe da Costa Mendes	AMIGOS DO PEDAL TRAILAGARES	Senior Masculino	02:32:10	+01:00:29	10:09
90	1590	Pedro Lima	NOCTURNOS DE PAREDES	Senior Masculino	02:32:51	+01:01:11	10:11
91	1047	Tó Faria	Amigos 100 Limites	Senior Masculino	02:32:55	+01:01:14	10:12
92	1163	mario lima	fantastic5	Senior Masculino	02:33:03	+01:01:23	10:12
93	1278	Fábio Silva	Individual	Senior Masculino	02:33:32	+01:01:52	10:14
94	1674	Paulo Saraiva	Royal Wellness Center	Senior Masculino	02:34:02	+01:02:22	10:16
95	185	NELSON FRIAS AMARAL	Individual	Senior Masculino	02:34:04	+01:02:24	10:16
96	1513	André Fraga	LOCOMOTIVA DE PARANHOS	Senior Masculino	02:34:18	+01:02:37	10:17
97	1269	Bruno Filipe Jesus Pinto Loureiro	Individual	Senior Masculino	02:34:28	+01:02:48	10:18
98	1334	Rui Sousa	Individual	Senior Masculino	02:35:36	+01:03:56	10:22
99	1096	hugo rabaça	Clube Desportivo Cepsa	Senior Masculino	02:36:20	+01:04:40	10:25
100	1518	RUI MANUEL CARDOSO CARRIL	lojadasmolduras\Eletrocarril	Senior Masculino	02:37:47	+01:06:06	10:31
101	1277	David Costa	Individual	Senior Masculino	02:37:48	+01:06:08	10:31
102	1213	Mário Soares	Imperadores	Senior Masculino	02:37:51	+01:06:10	10:31
103	1660	Bruno Ricardo Marques Guedes	PSR	Senior Masculino	02:38:38	+01:06:58	10:35
104	1329	Rúben Moreira	Individual	Senior Masculino	02:39:10	+01:07:29	10:37
105	1182	HUGO OLIVEIRA	FUGITIVOS URBANOS - CLÍNICA + SAÚDE	Senior Masculino	02:39:10	+01:07:30	10:37
106	1260	Abel Cardoso	Individual	Senior Masculino	02:39:35	+01:07:54	10:38
107	1127	Gil Rodrigues	Don't need prep TEAM	Senior Masculino	02:39:46	+01:08:05	10:39
108	1662	José Fernando Teixeira da Silva	Puxaaa!	Senior Masculino	02:40:28	+01:08:47	10:42
109	1296	Luís Filipe Vieira	Individual	Senior Masculino	02:41:26	+01:09:45	10:46
110	1304	Mário Estêvão	Individual	Senior Masculino	02:42:13	+01:10:33	10:49
111	1313	Nuno Miguel Rocha Santos	Individual	Senior Masculino	02:42:49	+01:11:09	10:51
112	1612	Ricardo Ribeiro	Os lobos trail btt sai da frente	Senior Masculino	02:43:06	+01:11:25	10:52
113	1774	Bruno Cardoso	Individual	Senior Masculino	02:43:45	+01:12:04	10:55
114	1072	Hélder Oliveira	Associação Desportiva da Efacec	Senior Masculino	02:43:47	+01:12:06	10:55

Official Timekeeper: Lap2Go	5 / 16	generate 30-jul-2017 14:58
-----------------------------	--------	----------------------------



**Mini Trail 15K****15 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

115	1326	Ricardo Costa	Individual	Senior Masculino	02:44:00	+01:12:20	10:56
116	1327	Ricardo Lento	Individual	Senior Masculino	02:44:19	+01:12:39	10:57
117	1276	Daniel Cravalho da Rocha	Individual	Senior Masculino	02:44:24	+01:12:43	10:58
118	1161	Hélder Soares	Falsos lentos	Senior Masculino	02:45:16	+01:13:36	11:01
119	1098	ricardo braga	Clube Desportivo Cepssa	Senior Masculino	02:46:03	+01:14:23	11:04
120	1090	Luís Jorge	Café & Restaurante Tendais	Senior Masculino	02:46:04	+01:14:24	11:04
121	1268	António Rocha	Individual	Senior Masculino	02:46:47	+01:15:06	11:07
122	1514	JOAO DUARTE	LOCOMOTIVA DE PARANHOS	Senior Masculino	02:46:50	+01:15:10	11:07
123	1672	Leonel Ferreira	Royal Wellness Center	Senior Masculino	02:46:52	+01:15:12	11:08
124	1686	Pedro Oliveira	Sob Efeito Trail	Senior Masculino	02:47:26	+01:15:46	11:10
125	1650	Miguel Barbosa	Powerrunners #1000pecados	Senior Masculino	02:47:48	+01:16:08	11:11
126	1615	Heitor Neto	Os2Horas	Senior Masculino	02:47:51	+01:16:11	11:11
127	1616	Rui Costa	Os2Horas	Senior Masculino	02:47:56	+01:16:15	11:12
128	1756	Nuno Moura	Individual	Senior Masculino	02:47:56	+01:16:15	11:12
129	389	Sérgio Santiago	Shots International Runners	Senior Masculino	02:48:16	+01:16:35	11:13
130	1610	atleta 1610	Individual	Senior Masculino	02:48:18	+01:16:37	11:13
131	1146	Nuno Barros	FACTOR X / S4L / MEDENSE FC	Senior Masculino	02:48:22	+01:16:42	11:14
132	1149	Ricardo Santos	FACTOR X / S4L / MEDENSE FC	Senior Masculino	02:48:23	+01:16:42	11:14
133	1008	Ricardo silva	10TEMIDOS	Senior Masculino	02:48:30	+01:16:49	11:14
134	1665	Sérgio Almeida	Reumaticos dos trilhos	Senior Masculino	02:48:56	+01:17:15	11:16
135	1273	Claudio oliveira	Individual	Senior Masculino	02:49:15	+01:17:35	11:17
136	1292	Jorge Garcia	Individual	Senior Masculino	02:49:34	+01:17:54	11:18
137	1299	Luis silva	Individual	Senior Masculino	02:49:36	+01:17:55	11:18
138	1301	Márcio Filipe Moreira Torres	Individual	Senior Masculino	02:51:00	+01:19:20	11:24
139	1150	Vítor Moreira	FACTOR X / S4L / MEDENSE FC	Senior Masculino	02:51:10	+01:19:30	11:25
140	1144	João Pedro Sousa	FACTOR X / S4L / MEDENSE FC	Senior Masculino	02:51:54	+01:20:13	11:28
141	1145	Marco Oliveira	FACTOR X / S4L / MEDENSE FC	Senior Masculino	02:51:57	+01:20:16	11:28
142	1309	Nuno Miguel Ferreira Rodrigues da Silva	Individual	Senior Masculino	02:51:58	+01:20:17	11:28
143	1698	Rui Carvalho	SS MONTEPIO	Senior Masculino	02:52:01	+01:20:21	11:28
144	1546	Carlos Goncalves	Moinhos Run - ADRM	Senior Masculino	02:52:38	+01:20:58	11:31
145	1126	Nuno Rabiço	Don't need prep TEAM	Senior Masculino	02:53:40	+01:22:00	11:35
146	1042	Alcino Silva	Amigos 100 Limites	Senior Masculino	02:53:46	+01:22:05	11:35
147	1663	Pedro Vieira	Puxaaa!	Senior Masculino	02:53:50	+01:22:09	11:35
148	1697	Pedro Machado	SS MONTEPIO	Senior Masculino	02:54:49	+01:23:09	11:39
149	1336	Sérgio Coelho	Individual	Senior Masculino	02:55:30	+01:23:50	11:42
150	1290	Joaquim Cardoso	Individual	Senior Masculino	02:55:35	+01:23:54	11:42
151	1305	Mário Noronha	Individual	Senior Masculino	02:56:29	+01:24:49	11:46
152	1261	Abílio Sérgio Moreira santos	Individual	Senior Masculino	02:56:47	+01:25:06	11:47
153	1293	Jorge Ribeiro	Individual	Senior Masculino	02:57:31	+01:25:51	11:50
154	1118	Ricardo Pires	Dá-Lhe Gás	Senior Masculino	02:58:15	+01:26:34	11:53
155	1297	Luís João	Individual	Senior Masculino	02:58:44	+01:27:03	11:55
156	1288	João Miguel Almeida da Silva	Individual	Senior Masculino	02:59:41	+01:28:01	11:59
157	1691	Ricardo relvas	SOREMA	Senior Masculino	02:59:47	+01:28:06	11:59
158	1303	Marco Ferreira	Individual	Senior Masculino	03:00:20	+01:28:39	12:01
159	1097	pedro brandão	Clube Desportivo Cepssa	Senior Masculino	03:00:23	+01:28:43	12:02
160	1573	Leonel Videira	Nascidos para Correr	Senior Masculino	03:00:58	+01:29:17	12:04

**Mini Trail 15K**

**15 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

161	1281	helder manuel pereira rodrigues	Individual	Senior Masculino	03:01:26	+01:29:45	12:06
162	1024	Luís Mendes	A.D.Amarante trail running	Senior Masculino	03:02:51	+01:31:10	12:11
163	1275	Daniel	Individual	Senior Masculino	03:02:54	+01:31:14	12:12
164	1095	francisco mendes	Clube Desportivo Cepssa	Senior Masculino	03:03:41	+01:32:01	12:15
165	1721	Luís Morata	Trinca Orelhas de Gato	Senior Masculino	03:04:10	+01:32:29	12:17
166	1510	Ricardo Freitas	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Masculino	03:04:29	+01:32:48	12:18
167	1330	Rui Correia	Individual	Senior Masculino	03:04:59	+01:33:18	12:20
168	1547	Hélder Camilo	Moinhos Run - ADRM	Senior Masculino	03:06:40	+01:35:00	12:27
169	1342	Vitor vieira	Individual	Senior Masculino	03:07:29	+01:35:48	12:30
170	1707	Ricardo	Studio Sun Beauty	Senior Masculino	03:11:34	+01:39:54	12:46
171	1724	Vicente Sousa	Trinca Orelhas de Gato	Senior Masculino	03:12:44	+01:41:03	12:51
172	1332	Rui Gomes	Individual	Senior Masculino	03:13:04	+01:41:24	12:52
173	1006	Joel vale	10TEMIDOS	Senior Masculino	03:13:50	+01:42:10	12:55
174	1671	André Moreira	Royal Wellness Center	Senior Masculino	03:14:28	+01:42:48	12:58
175	1084	José Sousa	BTT Alegria // TUBANI	Senior Masculino	03:14:48	+01:43:07	12:59
176	1526	David Garrido	madugym	Senior Masculino	03:16:55	+01:45:14	13:08
177	1335	rui teixeira	Individual	Senior Masculino	03:17:08	+01:45:27	13:09
178	1274	Cristiano Joel Carvalho Moura de Sousa	Individual	Senior Masculino	03:17:09	+01:45:28	13:09
179	1493	Joaquim	Kome pó	Senior Masculino	03:20:20	+01:48:39	13:21
180	1322	Pedro Santos	Individual	Senior Masculino	03:21:16	+01:49:35	13:25
181	1294	Josué Maia	Individual	Senior Masculino	03:21:59	+01:50:19	13:28
182	1320	Pedro Maia	Individual	Senior Masculino	03:22:33	+01:50:53	13:30
183	1696	Hugo Lopes	SS MONTEPIO	Senior Masculino	03:24:12	+01:52:32	13:37
184	1564	César Couto	Mountain Runners	Senior Masculino	03:24:51	+01:53:10	13:39
185	1649	Hugo Barros	Powerrunners #1000pecados	Senior Masculino	03:25:04	+01:53:24	13:40
186	1045	Ricardo Lascasas	Amigos 100 Limites	Senior Masculino	03:25:13	+01:53:33	13:41
187	1479	Pedro Duarte	KeMedo Team	Senior Masculino	03:26:11	+01:54:31	13:45
188	1198	Pedro Rodrigues	GONDOMAR FUTSAL CLUBE	Senior Masculino	03:26:36	+01:54:55	13:46
189	1458	Tiago Padrela Ferreira da silva	Juventude Cortegacense	Senior Masculino	03:27:18	+01:55:38	13:49
190	1314	Nuno Teixeira	Individual	Senior Masculino	03:27:28	+01:55:48	13:50
191	1284	Hugo Miguel Jesus Pinto Loureiro	Individual	Senior Masculino	03:30:01	+01:58:21	14:00
192	1659	Vitor Vilela	Prova de Fogo	Senior Masculino	03:32:41	+02:01:00	14:11
193	1124	Bruno Marques	10TEMIDOS	Senior Masculino	03:33:37	+02:01:56	14:15
194	1337	Sergio Torre	Individual	Senior Masculino	03:34:00	+02:02:20	14:16
195	1197	Fábio Silva	GONDOMAR FUTSAL CLUBE	Senior Masculino	03:34:21	+02:02:40	14:17
196	1321	Pedro Rodrigues	Individual	Senior Masculino	03:35:05	+02:03:24	14:20
197	1656	Henrique Rocha	Prova de Fogo	Senior Masculino	03:35:06	+02:03:25	14:20
198	1699	Rui Reblo	SS MONTEPIO	Senior Masculino	03:40:08	+02:08:28	14:41
199	1140	Alberto Silva	EU+ Run	Senior Masculino	03:40:23	+02:08:43	14:42
200	1527	Dinis Claro	madugym	Senior Masculino	03:40:32	+02:08:52	14:42
201	1525	António Ventura	madugym	Senior Masculino	03:40:52	+02:09:12	14:44
202	1655	David Nunes	Prova de Fogo	Senior Masculino	03:41:45	+02:10:04	14:47
203	1657	Luis Leal	Prova de Fogo	Senior Masculino	03:41:45	+02:10:04	14:47
204	1658	Luis Pinheiro	Prova de Fogo	Senior Masculino	03:41:45	+02:10:05	14:47
205	1654	Bruno Andrade	Prova de Fogo	Senior Masculino	03:41:45	+02:10:05	14:47

Official Timekeeper: Lap2Go	7 / 16	generate 30-jul-2017 14:58
-----------------------------	--------	----------------------------

## Mini Trail 15K

**15 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

206	1515	Sérgio Santos	LOCOMOTIVA DE PARANHOS	Senior Masculino	03:42:29	+02:10:48	14:50
207	1588	Filipe Pinto	NOCTURNOS DE PAREDES	Senior Masculino	03:42:38	+02:10:57	14:51
208	1340	Vitor Fonseca	Individual	Senior Masculino	03:46:55	+02:15:15	15:08
209	1664	Nuno Silva	Reumaticos dos trilhos	Senior Masculino	03:48:34	+02:16:54	15:14
210	1623	Vitor Teixeira	PAPATRAILS	Senior Masculino	03:50:18	+02:18:38	15:21
211	1031	Daniel filipe Torres	ACV	Senior Masculino	03:52:34	+02:20:53	15:30
212	1744	Filipe Pereira	ViaMaia	Senior Masculino	03:52:55	+02:21:15	15:32
213	1295	Luís Faria	Individual	Senior Masculino	04:04:30	+02:32:50	16:18
214	1633	Paulo Lima	Porto Run Team	Senior Masculino	04:06:47	+02:35:06	16:27
215	1632	Filipe Lima	Porto Run Team	Senior Masculino	04:06:47	+02:35:07	16:27
216	1323	Rafael Fernando Monteiro Gomes	Individual	Senior Masculino	04:08:00	+02:36:19	16:32
217	1684	Fernando Azevedo	SemFiltro	Senior Masculino	04:13:15	+02:41:35	16:53
218	1007	Manuel Gonçalves	10TEMIDOS	Senior Masculino	04:20:37	+02:48:57	17:23
219	1003	Ricardo Lopes	100filtro	Senior Masculino	04:26:28	+02:54:47	17:46
220	1195	Pedro Moreira	Gladiadores	Senior Masculino	04:27:35	+02:55:54	17:50
221	1194	Miguel Pacheco	Gladiadores	Senior Masculino	04:37:13	+03:05:33	18:29
222	1193	Luis Ramos	Gladiadores	Senior Masculino	04:48:37	+03:16:56	19:15
223	1291	Joaquim Jorge Fernandes Barbosa	Individual	Senior Masculino	05:08:36	+03:36:55	20:34
224	1651	Rui Noddy	Powerrunners #1000pecados	Senior Masculino	05:08:36	+03:36:56	20:34
225	1316	Pedro Barbosa	Individual	Senior Masculino	05:08:38	+03:36:58	20:35

## Sub 23 Feminino

1	1555	Carla Santos	Montanha Clube Trail Running/Efapel	Sub 23 Feminino	02:14:27	+42:46	08:58
2	1345	Sofia	Individual	Sub 23 Feminino	02:21:10	+49:30	09:25
3	1343	Bruna Filipa Santos	Individual	Sub 23 Feminino	03:44:30	+02:12:50	14:58
4	1624	Mafalda Alves	PAPATRAILS	Sub 23 Feminino	03:49:39	+02:17:59	15:19
5	1652	Barbara Barroso	Powerrunners #1000pecados	Sub 23 Feminino	05:08:36	+03:36:56	20:34
6	1344	Rita Domingues	Individual	Sub 23 Feminino	05:25:54	+03:54:14	21:44

## Sub 23 Masculino

1	1025	Joel Silva	A.D.Amarante trail running	Sub 23 Masculino	01:43:11	+11:31	06:53
2	1129	Diogo Parente	Douroconta - Gabinete de Apoio e Contabilidade	Sub 23 Masculino	01:47:37	+15:56	07:11
3	1152	Gonçalo Reis	FACTOR X / S4L / MEDENSE FC	Sub 23 Masculino	01:51:48	+20:07	07:27
4	1059	Miguel Ângelo de Oliveira Pinto	AMIGOS DO PEDAL TRAILAGARES	Sub 23 Masculino	01:52:52	+21:12	07:32
5	1060	Paulo Jorge Ferreira Coelho	AMIGOS DO PEDAL TRAILAGARES	Sub 23 Masculino	01:53:14	+21:34	07:33
6	1138	Luís Filipe Mendes Magalhães	EMNA Runners	Sub 23 Masculino	01:56:31	+24:50	07:46
7	1687	Rui Bessa	Sob Efeito Trail	Sub 23 Masculino	02:03:01	+31:20	08:12
8	1085	João Sousa	BTT Alegria // TUBANI	Sub 23 Masculino	02:03:41	+32:01	08:15
9	1346	João Barbosa	Individual	Sub 23 Masculino	02:05:09	+33:29	08:21
10	1725	Emanuel Morata	Trinca Orelhas de Gato	Sub 23 Masculino	02:08:07	+36:26	08:33
11	1091	Rui Figueiredo	Café & Restaurante Tendais	Sub 23 Masculino	02:14:38	+42:58	08:59

Official Timekeeper: Lap2Go	8 / 16	generate 30-jul-2017 14:58
-----------------------------	--------	----------------------------



### Mini Trail 15K

### 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

24	1374	Sandra Mendes	Individual	Veterana F40	03:09:37	+01:37:56	12:39
25	1583	Liseta Pinto	Nice Runners	Veterana F40	03:14:13	+01:42:32	12:57
26	1066	Cristina Amaral	Amigos dos semáforos, bamulá	Veterana F40	03:15:13	+01:43:32	13:01
27	1037	Célia Vieira	Alto Relevo - Clube de Montanhismo	Veterana F40	03:15:17	+01:43:37	13:01
28	1639	Sandra Carvalho	PORTO SENTIDO RUNNERS	Veterana F40	03:16:02	+01:44:22	13:04
29	1302	Ivone Parda	Individual	Veterana F40	03:17:12	+01:45:32	13:09
30	1640	Teresa Maria Lourenço	PORTO SENTIDO RUNNERS	Veterana F40	03:17:26	+01:45:45	13:10
31	1062	Carmen Moreira	AMIGOS DO PEDAL TRILAGARES	Veterana F40	03:18:18	+01:46:37	13:13
32	1558	Sónia Gilvaz	Monte dos Amigos/Juventude Ribeiras	Veterana F40	03:19:11	+01:47:31	13:17
33	1625	Ana Alves	PAPATRAILS	Veterana F40	03:22:56	+01:51:16	13:32
34	1459	Anabela Marques	Juventude Cortegacense	Veterana F40	03:24:20	+01:52:40	13:37
35	1353	Ana Alexandra Azeredo e Vasconcelos	Individual	Veterana F40	03:25:13	+01:53:33	13:41
36	1155	Maria Hermínia	FACTOR X / S4L / MEDENSE FC	Veterana F40	03:25:57	+01:54:17	13:44
37	1070	Lurdes Moreira	As Belas e Eles	Veterana F40	03:26:15	+01:54:34	13:45
38	1372	Paulina soares	Individual	Veterana F40	03:33:17	+02:01:37	14:13
39	1578	Susana Pinto	Nascidos para Correr	Veterana F40	03:33:51	+02:02:11	14:15
40	1560	ROSA COSTA	Moreira Relax Runners	Veterana F40	03:35:02	+02:03:21	14:20
41	1367	Isabel Maria Santos Pires Barbosa	Individual	Veterana F40	03:35:30	+02:03:50	14:22
42	1481	Mónica Fonseca	KeMedo Team	Veterana F40	03:42:17	+02:10:37	14:49
43	1749	Isabel Mendes	Individual	Veterana F40	03:42:28	+02:10:47	14:50
44	1542	Ana Góis	Marcapasso trail team	Veterana F40	03:43:17	+02:11:37	14:53
45	1360	Carla BAPTISTA	Individual	Veterana F40	03:43:44	+02:12:04	14:55
46	1503	Maria Jesus	Leões de Tardariz Trail	Veterana F40	03:43:58	+02:12:18	14:56
47	1363	Carla Sofia Santos	Individual	Veterana F40	03:44:30	+02:12:50	14:58
48	1511	Dina Gonçalves	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterana F40	03:45:22	+02:13:42	15:02
49	1645	Maria Correia	PORTO SENTIDO RUNNERS	Veterana F40	03:45:35	+02:13:54	15:02
50	1377	Sónia Pereira	Individual	Veterana F40	03:50:17	+02:18:37	15:21
51	1370	MARIA JOÃO MOREIRA	Individual	Veterana F40	03:51:03	+02:19:23	15:24
52	1063	Natália Cecília da Rocha Ferreira	AMIGOS DO PEDAL TRILAGARES	Veterana F40	03:51:49	+02:20:09	15:27
53	1371	Marília Paiva	Individual	Veterana F40	03:52:38	+02:20:57	15:31
54	1461	Maria Elisabete Pinho Pereira Mendonça	Juventude Cortegacense	Veterana F40	03:54:13	+02:22:33	15:37
55	1726	Ana Cristina	Trinca Orelhas de Gato	Veterana F40	03:59:07	+02:27:27	15:57
56	1604	Filomena Correia	opraticante.pt	Veterana F40	03:59:38	+02:27:57	15:59
57	1376	SARA FERREIRA MOREIRA	Individual	Veterana F40	03:59:55	+02:28:14	16:00
58	1354	Ana Maria Fonseca De Magalhaes	Individual	Veterana F40	04:09:23	+02:37:43	16:38
59	1375	sara cristina coelho gomes	Individual	Veterana F40	04:09:53	+02:38:13	16:40
60	1574	Cristina Moreira	Nascidos para Correr	Veterana F40	04:13:10	+02:41:30	16:53
61	1576	Paula Madeira	Nascidos para Correr	Veterana F40	04:13:10	+02:41:30	16:53
62	1532	Fátima Carvalho	madugym	Veterana F40	04:13:48	+02:42:08	16:55
63	1557	Paula Coutinho	Monte dos Amigos/Juventude Ribeiras	Veterana F40	04:14:37	+02:42:56	16:59
64	1529	Carla Beça	madugym	Veterana F40	04:14:43	+02:43:03	16:59
65	1530	Carla Chaves	madugym	Veterana F40	04:14:56	+02:43:16	17:00

**Mini Trail 15K**

**15 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

66	1357	Andreia Ribeiro	Individual	Veterana F40	04:18:17	+02:46:37	17:13
67	1100	sandra morgado	Clube Desportivo Cepsa	Veterana F40	04:19:53	+02:48:12	17:20
68	1099	marisa silva	Clube Desportivo Cepsa	Veterana F40	04:19:53	+02:48:13	17:20
69	1361	Carla Maria Pereira Santos	Individual	Veterana F40	04:33:56	+03:02:15	18:16
70	1594	Madalena Oliveira	NOCTURNOS DE PAREDES	Veterana F40	04:35:20	+03:03:40	18:21
71	1595	Teresa Rocha	NOCTURNOS DE PAREDES	Veterana F40	04:39:36	+03:07:56	18:38
72	1362	Carla Pinto	Individual	Veterana F40	04:41:35	+03:09:55	18:46
73	1012	Lilia Sá	10TEMIDOS	Veterana F40	04:49:13	+03:17:32	19:17
74	1358	Augusta Barbosa	Individual	Veterana F40	05:28:07	+03:56:26	21:53

**Veterano M40**

1	1753	Antonio Martins	Individual	Veterano M40	01:33:12	+01:31	06:13
2	1121	Marco Faria	Dá-Lhe Gás	Veterano M40	01:33:40	+02:00	06:15
3	1206	HENRIQUE DIAS	grupo dramatico e recreativo da retorta	Veterano M40	01:35:47	+04:07	06:23
4	1204	ADELINO SILVA	grupo dramatico e recreativo da retorta	Veterano M40	01:36:34	+04:54	06:26
5	1132	Rui Gomes	Douroconta - Gabinete de Apoio e Contabilidade	Veterano M40	01:39:50	+08:09	06:39
6	1120	Abilio Almeida	Dá-Lhe Gás	Veterano M40	01:45:10	+13:30	07:01
7	1022	Jorge Oliveira	A.D.Amarante trail running	Veterano M40	01:45:28	+13:48	07:02
8	1205	ANTONIO DIAS	grupo dramatico e recreativo da retorta	Veterano M40	01:48:19	+16:38	07:13
9	1559	Pedro Gilvaz	Monte dos Amigos/Juventude Ribeiras	Veterano M40	01:49:41	+18:01	07:19
10	1139	Abilio Mendes Magalhães	EMNA Runners	Veterano M40	01:51:08	+19:27	07:25
11	1157	Pedro Freitas	FACTOR X / S4L / MEDENSE FC	Veterano M40	01:51:17	+19:37	07:25
12	1380	Albino Ribeiro	Individual	Veterano M40	01:54:46	+23:06	07:39
13	1580	Augusto Pereira	Nascidos para Correr	Veterano M40	01:55:25	+23:45	07:42
14	1567	Jorge Mota	Mountain Runners	Veterano M40	01:55:48	+24:08	07:43
15	1746	Luis Pedro dos santos Caridade	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	Veterano M40	01:56:27	+24:46	07:46
16	1398	Fernando oliveira	10TEMIDOS	Veterano M40	01:56:50	+25:10	07:47
17	1180	Paulo Teixeira Sousa	Fridão Sem Limites	Veterano M40	01:57:17	+25:36	07:49
18	1013	Paulo Ribeiro	10TEMIDOS	Veterano M40	01:58:49	+27:08	07:55
19	1675	Lucas Morgado	Royal Wellness Center	Veterano M40	01:59:47	+28:07	07:59
20	1074	Marco Sousa	Baltar TrailRunners	Veterano M40	02:00:48	+29:08	08:03
21	1133	Américo Pinto	Douroconta - Gabinete de Apoio e Contabilidade	Veterano M40	02:01:18	+29:37	08:05
22	289	AGOSTINHO SOUSA	Kunalama runners	Veterano M40	02:01:59	+30:19	08:08
23	1488	Laurindo Osório	KeMedo Team	Veterano M40	02:02:02	+30:21	08:08
24	1410	JOAQUIM TORRES	Individual	Veterano M40	02:02:19	+30:39	08:09
25	1159	Antonio Rocha	FACTOR X / S4L / MEDENSE FC	Veterano M40	02:02:53	+31:13	08:12
26	1382	Alfredo da Silva Moreira	Individual	Veterano M40	02:02:54	+31:14	08:12
27	1732	Fernando Pereira	Trinca Orelhas de Gato	Veterano M40	02:03:07	+31:27	08:13
28	1422	José Ribeiro	Individual	Veterano M40	02:03:56	+32:16	08:16
29	1452	ritor manuel ribeiro coelho	Individual	Veterano M40	02:04:54	+33:14	08:20

Official Timekeeper: Lap2Go	11 / 16	generate 30-jul-2017 14:58
-----------------------------	---------	----------------------------

## Mini Trail 15K

## 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

30	1467	Agostinho da Silva Neves	JUVENTUDE DESPORTIVA DE GONDOMAR	Veterano M40	02:05:00	+33:20	08:20
31	1065	Rui Pedro Moreira Lopes	AMIGOS DO PEDAL TRAILAGARES	Veterano M40	02:05:27	+33:47	08:22
32	1500	Hugo Martins	LA Zinco	Veterano M40	02:05:55	+34:15	08:24
33	1505	Dario Cardoso	Leões de Tardariz Trail	Veterano M40	02:06:23	+34:42	08:26
34	1435	Nuno Sobral	Individual	Veterano M40	02:06:56	+35:15	08:28
35	1104	António Teixeira	Clube Zupper	Veterano M40	02:08:32	+36:52	08:34
36	1036	Leonel Neves	ALIANÇA DE GANDRA	Veterano M40	02:08:35	+36:55	08:34
37	1776	Fernando Almeida	Individual	Veterano M40	02:09:18	+37:37	08:37
38	1035	Carlos Silva	ALIANÇA DE GANDRA	Veterano M40	02:10:21	+38:41	08:41
39	1200	José Paulo Ribeiro	GONDOMAR FUTSAL CLUBE	Veterano M40	02:10:39	+38:58	08:43
40	1642	Filipe Ferreira	PORTO SENTIDO RUNNERS	Veterano M40	02:10:57	+39:16	08:44
41	1581	Marco Almeida	Nascidos para Correr	Veterano M40	02:11:05	+39:25	08:44
42	1131	Cláudio Monteiro	Douroconta - Gabinete de Apoio e Contabilidade	Veterano M40	02:11:30	+39:49	08:46
43	1134	Telmo Ferreira	Douroconta - Gabinete de Apoio e Contabilidade	Veterano M40	02:12:28	+40:47	08:50
44	1029	Antonio Gonçalves	acsp	Veterano M40	02:12:32	+40:51	08:50
45	1094	PAULO JORGE GONÇALVES SOARES	CICLISTAS CÓSMICOS - GISLÓTICA	Veterano M40	02:13:12	+41:32	08:53
46	1177	António Carlos silva Teixeira	Fridão Sem Limites	Veterano M40	02:13:40	+41:59	08:55
47	1689	Fernando Morais	Somos Nós Team	Veterano M40	02:13:54	+42:13	08:56
48	1160	Rui Mota	FACTOR X / S4L / MEDENSE FC	Veterano M40	02:14:47	+43:07	08:59
49	1179	Manuel Jose Mendes Teixeira	Fridão Sem Limites	Veterano M40	02:17:26	+45:45	09:10
50	1596	Carlos Vinhas	NOCTURNOS DE PAREDES	Veterano M40	02:17:32	+45:51	09:10
51	1620	Agostinho Silva	OsFazConta	Veterano M40	02:18:10	+46:30	09:13
52	1068	Álvaro Fernando Ferreira de Almeida	Arrasa Trilhos Team	Veterano M40	02:20:55	+49:15	09:24
53	1568	Rui Rodrigues	Mountain Runners	Veterano M40	02:21:28	+49:47	09:26
54	1158	Pedro Marques	FACTOR X / S4L / MEDENSE FC	Veterano M40	02:21:47	+50:07	09:27
55	1737	Pedro Gomes	Trinca Orelhas de Gato	Veterano M40	02:23:40	+51:59	09:35
56	1702	Francisco Moreira	SS MONTEPIO	Veterano M40	02:23:53	+52:13	09:36
57	1384	americo frança	Individual	Veterano M40	02:25:13	+53:33	09:41
58	1103	Luis Almeida	Clube Zupper	Veterano M40	02:25:48	+54:08	09:43
59	1178	António Joaquim Teixeira Alves	Fridão Sem Limites	Veterano M40	02:25:50	+54:09	09:43
60	1379	ALBERTO CARVALHO	Individual	Veterano M40	02:26:46	+55:06	09:47
61	1069	José Carlos da Silva Ferreira	Arrasa Trilhos Team	Veterano M40	02:27:03	+55:22	09:48
62	1421	José Paulo Cardoso	Individual	Veterano M40	02:27:18	+55:37	09:49
63	1630	Miguel Teixeira	PM	Veterano M40	02:27:47	+56:07	09:51
64	401	Jose Costa	SS MONTEPIO	Veterano M40	02:28:28	+56:48	09:54
65	1506	Pedro Ferreira	Leões de Tardariz Trail	Veterano M40	02:29:03	+57:23	09:56
66	1432	Mike Dias	Individual	Veterano M40	02:29:19	+57:38	09:57
67	1504	António Pinto	Leões de Tardariz Trail	Veterano M40	02:29:43	+58:03	09:59
68	1402	Henrique Silva	Individual	Veterano M40	02:30:05	+58:25	10:00
69	1465	Pedro Rola	Juventude Cortegacense	Veterano M40	02:30:14	+58:33	10:01
70	1598	Rui Almeida	NOCTURNOS DE PAREDES	Veterano M40	02:30:16	+58:35	10:01
71	1412	Jorge Lima	Individual	Veterano M40	02:30:21	+58:41	10:01
72	285	José Pinto	KeMedo Team	Veterano M40	02:30:33	+58:53	10:02

Official Timekeeper: Lap2Go	12 / 16	generate 30-jul-2017 14:58
-----------------------------	---------	----------------------------

**Mini Trail 15K**

**15 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

73	1487	Jorge Esteves	KeMedo Team	Veterano M40	02:31:49	+01:00:09	10:07
74	1710	Manuel Gomes	TEAM SHARK	Veterano M40	02:31:53	+01:00:13	10:08
75	1692	André relvas	SOREMA	Veterano M40	02:32:05	+01:00:25	10:08
76	1420	José Manuel da Silva pacheco	Individual	Veterano M40	02:32:16	+01:00:36	10:09
77	1430	Miguel Ferreira	Individual	Veterano M40	02:32:19	+01:00:39	10:09
78	1092	Carlos Araújo	CHALLENGE FORCE	Veterano M40	02:32:30	+01:00:49	10:10
79	1201	Paulo Henriques	GONDOMAR FUTSAL CLUBE	Veterano M40	02:32:37	+01:00:57	10:11
80	1643	Humberto Pinho	PORTO SENTIDO RUNNERS	Veterano M40	02:32:46	+01:01:06	10:11
81	1411	Jorge Aguiar	Individual	Veterano M40	02:33:32	+01:01:51	10:14
82	1653	Daniel Moreira	Powerrunners #1000pecados	Veterano M40	02:35:03	+01:03:22	10:20
83	1453	Antonio Oliveira	Invicta Runners Team	Veterano M40	02:36:12	+01:04:32	10:25
84	1607	Joaquim Manuel Pinto Vieira	OS CACHOS	Veterano M40	02:36:35	+01:04:54	10:26
85	1130	António Azevedo	Douroconta - Gabinete de Apoio e Contabilidade	Veterano M40	02:37:05	+01:05:25	10:28
86	1606	Carlos Manuel Pinto Vieira	OS CACHOS	Veterano M40	02:37:12	+01:05:31	10:29
87	1534	Agostinho Alves	madugym	Veterano M40	02:37:45	+01:06:05	10:31
88	1038	Joaquim Augusto Teixeira Seca	Alto Relevo - Clube de Montanhismo	Veterano M40	02:38:10	+01:06:29	10:33
89	1390	Carlos figueiredo	Individual	Veterano M40	02:38:17	+01:06:37	10:33
90	1086	Adão Rocha	BTT Alegria // TUBANI	Veterano M40	02:38:36	+01:06:55	10:34
91	1391	Carlos Pereira	Individual	Veterano M40	02:39:50	+01:08:10	10:39
92	1582	Wilson Fonseca	Nascidos para Correr	Veterano M40	02:40:09	+01:08:28	10:41
93	1425	Luis Ribeiro	Individual	Veterano M40	02:40:32	+01:08:52	10:42
94	1644	Joao Pinheiro	PORTO SENTIDO RUNNERS	Veterano M40	02:41:15	+01:09:35	10:45
95	1603	Armando Cardoso	Nós Acreditamos	Veterano M40	02:41:25	+01:09:45	10:46
96	1462	Cecilio Maunel Silva Ferreira	Juventude Cortegacense	Veterano M40	02:41:58	+01:10:17	10:48
97	1156	Filipe Fonseca	FACTOR X / S4L / MEDENSE FC	Veterano M40	02:42:24	+01:10:43	10:50
98	1539	Luis Morais	madugym	Veterano M40	02:42:30	+01:10:49	10:50
99	1101	alberto brandão	Clube Desportivo Cepsa	Veterano M40	02:42:52	+01:11:11	10:52
100	1735	Miguel Costa	Trinca Orelhas de Gato	Veterano M40	02:42:58	+01:11:18	10:52
101	1509	David Azevedo	LEROY MERLIN TRAIL TEAM	Veterano M40	02:43:10	+01:11:30	10:53
102	1701	Fernando Carvalho	SS MONTEPIO	Veterano M40	02:43:19	+01:11:38	10:53
103	1734	José Junior	Trinca Orelhas de Gato	Veterano M40	02:43:55	+01:12:15	10:56
104	1713	Antonio aguiar	Trinca Orelhas de Gato	Veterano M40	02:44:13	+01:12:33	10:57
105	1414	José Amaral	Individual	Veterano M40	02:44:36	+01:12:56	10:58
106	1428	Manuel Silva	Individual	Veterano M40	02:44:38	+01:12:57	10:59
107	1729	Altino Silva	Trinca Orelhas de Gato	Veterano M40	02:44:40	+01:13:00	10:59
108	1700	Alexandre Leite	SS MONTEPIO	Veterano M40	02:45:20	+01:13:39	11:01
109	356	José Luis Marques	Os Finos	Veterano M40	02:46:05	+01:14:25	11:04
110	1449	Rui Pereira	Individual	Veterano M40	02:46:13	+01:14:32	11:05
111	1777	Viriato Sergio	Individual	Veterano M40	02:46:19	+01:14:38	11:05
112	1485	Helder Gomes	KeMedo Team	Veterano M40	02:46:19	+01:14:38	11:05
113	1416	jose couto	Individual	Veterano M40	02:46:23	+01:14:43	11:06
114	1718	Sérgio Manuel Pereira	TrepaTrilhos Trail Team	Veterano M40	02:48:11	+01:16:31	11:13
115	280	Luis Silva	KeMedo Team	Veterano M40	02:49:45	+01:18:05	11:19
116	1447	Ricardo Silva	Individual	Veterano M40	02:50:54	+01:19:14	11:24
117	1705	Ricardo Silva	SS MONTEPIO	Veterano M40	02:51:04	+01:19:23	11:24





Mini Trail 15K

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

164	1395	Fernado Paiva	Individual	Veterano M40	03:18:17	+01:46:36	13:13
165	1694	HELDER gomes	SOREMA	Veterano M40	03:19:43	+01:48:03	13:19
166	1727	Agostinho Costa	Trinca Orelhas de Gato	Veterano M40	03:19:58	+01:48:18	13:20
167	1383	Alfredo Vieira	Individual	Veterano M40	03:20:02	+01:48:22	13:20
168	1393	Daniel Ferreira	Individual	Veterano M40	03:20:03	+01:48:22	13:20
169	1388	ARMINDO SERRA MARTINS DOS SANTOS	Individual	Veterano M40	03:22:51	+01:51:10	13:31
170	1704	Julio Santos	SS MONTEPIO	Veterano M40	03:24:05	+01:52:24	13:36
171	1463	Daniel França	Juventude Cortegacense	Veterano M40	03:26:48	+01:55:08	13:47
172	1397	Fernando ferraz	Individual	Veterano M40	03:27:20	+01:55:40	13:49
173	1408	Joaquim Ramos	Individual	Veterano M40	03:28:22	+01:56:41	13:54
174	1386	António Monteiro	Individual	Veterano M40	03:29:58	+01:58:18	14:00
175	1417	Jose Eduardo Ferreira Moreira	Individual	Veterano M40	03:30:13	+01:58:33	14:01
176	1437	Paulo César Monteiro da Costa	Individual	Veterano M40	03:30:19	+01:58:39	14:01
177	1443	Pedro Eurico Fernandes Pereira	Individual	Veterano M40	03:33:51	+02:02:11	14:15
178	1440	Paulo Jorge Monteiro Ferreira	Individual	Veterano M40	03:33:58	+02:02:18	14:16
179	1439	Paulo Jorge Costa	Individual	Veterano M40	03:35:48	+02:04:07	14:23
180	1438	PAULO FREITAS JORGE	Individual	Veterano M40	03:36:28	+02:04:47	14:26
181	1468	Joaquim Oliveira	Juventude desportiva de Gondomar	Veterano M40	03:38:15	+02:06:35	14:33
182	355	Fernando Miguel Pereira	Os Finos	Veterano M40	03:39:12	+02:07:31	14:37
183	1405	João Manuel Sousa	Individual	Veterano M40	03:39:22	+02:07:41	14:38
184	1141	Ismael Andrade	EU+ Run	Veterano M40	03:40:22	+02:08:42	14:42
185	1407	Joaquim Garcês	Individual	Veterano M40	03:40:49	+02:09:09	14:43
186	1434	Nuno Cruz	Individual	Veterano M40	03:41:32	+02:09:52	14:46
187	1755	Vitor Santos	Individual	Veterano M40	03:42:17	+02:10:37	14:49
188	1423	Júlio Costa	Individual	Veterano M40	03:42:23	+02:10:43	14:50
189	1676	Alfredo Viana	RUN TO BE ALIVE	Veterano M40	03:42:44	+02:11:03	14:51
190	1392	César Rocha	Individual	Veterano M40	03:43:31	+02:11:51	14:54
191	1740	Sergio Rocha	Trinca Orelhas de Gato	Veterano M40	03:44:04	+02:12:23	14:56
192	1378	Adérito Fonseca	Individual	Veterano M40	03:45:03	+02:13:23	15:00
193	1399	Filipe Moutinho	Individual	Veterano M40	03:45:51	+02:14:11	15:03
194	225	Luís Terêncio	Individual	Veterano M40	03:46:55	+02:15:15	15:08
195	1626	Jose Alves	PAPATRAILS	Veterano M40	03:47:58	+02:16:18	15:12
196	1426	Manuel José Serra da Fonseca	Individual	Veterano M40	03:50:14	+02:18:34	15:21
197	1516	MARIO RUI	LOCOMOTIVA DE PARANHOS	Veterano M40	03:53:26	+02:21:45	15:34
198	1708	Manuel Jorge Silva	Team Aguenta Aí	Veterano M40	03:57:41	+02:26:01	15:51
199	1731	Carlos Conde	Trinca Orelhas de Gato	Veterano M40	03:59:09	+02:27:28	15:57
200	1469	JORGE TEIXEIRA	JUVENTUDE DESPORTIVA DE GONDOMAR	Veterano M40	04:02:29	+02:30:49	16:10
201	1470	José Carmo Teixeira	JUVENTUDE DESPORTIVA DE GONDOMAR	Veterano M40	04:02:29	+02:30:49	16:10
202	1389	Carlos Almeida	Individual	Veterano M40	04:13:10	+02:41:30	16:53
203	1538	José Madureira	madugym	Veterano M40	04:14:49	+02:43:08	16:59
204	1540	Tiago Sousa	madugym	Veterano M40	04:14:50	+02:43:10	16:59
205	1716	CARLOS POMAR	TrepaTrilhos Trail Team	Veterano M40	04:15:14	+02:43:34	17:01
206	1480	Nuno Tentugal	Individual	Veterano M40	04:20:15	+02:48:35	17:21
207	1486	Helder Rodrigues	KeMedo Team	Veterano M40	04:20:16	+02:48:35	17:21

Official Timekeeper: Lap2Go	15 / 16	generate 30-jul-2017 14:58
-----------------------------	---------	----------------------------



## COLETIVO - MINI TRAIL 15K

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	grupo dramatico e recreativo da retorta	04:44:03 [1 + 4 + 5]	0
2	Dá-Lhe Gás	05:00:21 [3 + 9 + 12]	0
3	Douroconta - Gabinete de Apoio e Contabilidade	05:05:13 [7 + 8 + 21]	0
4	A.D.Amarante trail running	05:15:42 [11 + 17 + 20]	0
5	Fridão Sem Limites	05:30:21 [18 + 23 + 44]	0
6	FACTOR X / S4L / MEDENSE FC	05:45:40 [31 + 33 + 63]	0
7	AMIGOS DO PEDAL TRAILAGARES	05:51:35 [35 + 36 + 77]	0
8	HOSPITALSANTAMARIART	05:52:48 [24 + 28 + 110]	0
9	10TEMIDOS	05:56:59 [47 + 51 + 58]	0
10	NOCTURNOS DE PAREDES	06:01:10 [50 + 55 + 56]	0
11	Trinca Orelhas de Gato	06:02:22 [29 + 67 + 87]	0
12	Royal Wellness Center	06:05:03 [19 + 52 + 138]	0
13	Leões de Tardariz Trail	06:18:24 [10 + 82 + 173]	0
14	GONDOMAR FUTSAL CLUBE	06:20:12 [6 + 95 + 197]	0
15	BTT Alegria // TUBANI	06:27:24 [34 + 70 + 189]	0
16	Copos e trilhos	06:28:09 [40 + 109 + 136]	0
17	Nós Acreditamos	06:32:47 [37 + 120 + 151]	0
18	Mountain Runners	06:34:38 [42 + 127 + 145]	0
19	Nascidos para Correr	06:38:05 [41 + 98 + 187]	0
20	KeMedo Team	06:40:29 [61 + 132 + 141]	0
21	LA Zinco	06:42:38 [81 + 96 + 158]	0
22	PORTO SENTIDO RUNNERS	07:02:56 [97 + 139 + 198]	0
23	Moinhos Run - ADRM	07:13:18 [79 + 119 + 318]	0
24	FUGITIVOS URBANOS - CLÍNICA + SAÚDE	07:17:56 [130 + 143 + 232]	0
25	Sob Efeito Trail	07:18:34 [66 + 168 + 281]	0
26	Café & Restaurante Tendais	07:19:33 [116 + 135 + 271]	0
27	ALIANÇA DE GANDRA	07:23:00 [90 + 94 + 384]	0
28	Somos Nós Team	07:23:31 [85 + 108 + 366]	0
29	SS MONTEPIO	07:35:42 [153 + 169 + 253]	0
30	Os2Horas	07:47:30 [101 + 283 + 284]	0
31	Montanha Clube Trail Running/Efapel	07:51:06 [112 + 236 + 335]	0
32	Clube Desportivo Cepesa	08:05:17 [216 + 248 + 270]	0
33	LEROY MERLIN TRAIL TEAM	08:09:07 [124 + 252 + 414]	0
34	Juventude Cortegacense	08:12:33 [180 + 243 + 354]	0
35	JUVENTUDE DESPORTIVA DE GONDOMAR	08:15:01 [74 + 86 + 579]	0
36	OS CACHOS	08:16:33 [218 + 220 + 368]	0
37	LOCOMOTIVA DE PARANHOS	08:17:23 [209 + 279 + 333]	0
38	madugym	08:19:06 [223 + 246 + 345]	0

## COLETIVO - MINI TRAIL 15K

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

39	Amigos 100 Limites	08:31:52 [201 + 324 + 394]	0
40	SOREMA	08:34:36 [192 + 351 + 367]	0
41	Powerrunners #1000pecados	08:45:15 [211 + 282 + 459]	0
42	TrepaTrilhos Trail Team	09:00:39 [286 + 397 + 398]	0
43	Monte dos Amigos/Juventude Ribeiras	09:23:31 [26 + 449 + 596]	0
44	OsFazConta	09:31:23 [131 + 488 + 541]	0
45	PAPATRAILS	10:14:45 [448 + 464 + 496]	0
46	Prova de Fogo	10:49:34 [494 + 511 + 529]	0
47	Porto Run Team	12:20:23 [582 + 583 + 584]	0
48	SemFiltro	12:53:00 [593 + 594 + 612]	0
49	Gladiadores	13:42:04 [615 + 624 + 625]	0