lap2go TIMING SOLUTION

Trail da Raposa 2017
Paredes
27-May-2017

TRAIL LONGO - STAGE 1 — 33 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	22.2ºC	46%
End	16:58	22.2ºC	46%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	189	Luis Semedo	ac portalegre / utsm	Senior Masculino	03:12:26		05:50
2	155	Bruno Coelho	satecnosoloutdoor / lasportiva	Senior Masculino	03:18:27	+06:01	06:01
3	186	Leonel Cunha	satecnosoloutdoor / lasportiva	Senior Masculino	03:20:41	+08:16	06:05
4	103	Diogo Baena	juventude vidigalense	Senior Masculino	03:21:33	+09:08	06:06
5	134	Braziela Rocha	oralklass - amigos do trail	Sub 23 Masculino	03:22:41	+10:15	06:09
6	29	Nuno Fernandes	clube atletismo fafe	Senior Masculino	03:27:24	+14:59	06:17
7	7	Paulo Costa	a.d.amarante trail running	Senior Masculino	03:27:58	+15:32	06:18
8	137	João Nogueira	oralklass - amigos do trail	Senior Masculino	03:29:01	+16:36	06:20
9	157	César Barros	satecnosoloutdoor / lasportiva	Senior Masculino	03:29:31	+17:06	06:21
10	8	Vitor Costa	a.d.amarante trail running	Veterano M40	03:33:30	+21:04	06:28
11	138	Nuno Alves	oralklass - amigos do trail	Senior Masculino	03:34:07	+21:42	06:29
12	16	Pedro Veríssimo	arsm - associação recreativa de s. miguel	Veterano M40	03:34:20	+21:55	06:30
13	190	Pedro Azinhaga	ac portalegre / utsm	Senior Masculino	03:36:29	+24:04	06:34
14	139	Paulo Conde	oralklass - amigos do trail	Senior Masculino	03:38:27	+26:01	06:37
15	109	Rafael Cruz	melres trail running	Senior Masculino	03:39:54	+27:28	06:40
16	158	Fábio Pinto	satecnosoloutdoor / lasportiva	Senior Masculino	03:42:05	+29:40	06:44
17	54	PEDRO SANTOS	fugitivos urbanos - clínica + saúde	Veterano M40	03:45:10	+32:44	06:49
18	162	Joaquim Manuel Martins De Freitas	satecnosoloutdoor / lasportiva	Veterano M40	03:48:49	+36:23	06:56
19	35	Ricardo Duarte	clube de atletismo de ferreira do zêzere	Senior Masculino	03:50:10	+37:44	06:58
20	113	JOEL PEREIRA	minho e lima trail	Senior Masculino	03:51:40	+39:15	07:01
21	115	PAULO VAZ	minho e lima trail	Senior Masculino	03:51:40	+39:15	07:01
22	33	André Duarte	clube de atletismo de ferreira do zêzere	Sub 23 Masculino	03:52:14	+39:49	07:02
23	178	ADOLFO GARRIDO FERNANDEZ	trotamundos	Veterano M40	03:55:10	+42:44	07:08
24	21	Carlos Fereira	btt alegria // tubani	Veterano M40	03:58:09	+45:43	07:13
25	173	Miguel Ribeiro	trilho perdido eventos / imporlux	Senior Masculino	03:58:22	+45:56	07:13
26	9	Filipe Afonso	ac portalegre / utsm	Senior Masculino	03:58:58	+46:32	07:14
27	175	Paulo Roque	trilho perdido eventos / imporlux	Veterano M40	03:59:40	+47:15	07:16
28	6	Filipe Barros	a.d.amarante trail running	Senior Masculino	04:02:28	+50:03	07:21
29	28	Daniel Costa	clube atletismo fafe	Senior Masculino	04:06:28	+54:03	07:28
30	187	Carlos Rodrigues	figueira kayak clube	Veterano M50	04:06:34	+54:08	07:28
31	179	FERNANDO ALVAREZ GARCIA	trotamundos	Veterano M40	04:06:59	+54:34	07:29
32	32	Rui Pedro Povo	clube atletismo fafe	Veterano M40	04:07:42	+55:16	07:30
33	131	Maria Areias	oralklass - amigos do trail	Senior Feminino	04:08:51	+56:25	07:32
34	51	Luís Miguel Ribeiro da Cunha	figueira kayak clube	Veterano M40	04:11:53	+59:27	07:38
35	159	Paulo barbosa	satecnosoloutdoor / lasportiva	Sub 23 Masculino	04:13:14	+01:00:48	07:40
36	58	Ana	individual	Senior Feminino	04:13:22	+01:00:56	07:41
37	133	Nádia Casteleiro	oralklass - amigos do trail	Senior Feminino	04:14:46	+01:02:21	07:43
38	140	Sergio Suzano	oralklass - amigos do trail	Senior Masculino	04:16:58	+01:04:33	07:47
39	118	LUIS MAGALHÃES	minho e lima trail	Veterano M40	04:17:02	+01:04:37	07:47
40	38	António Araújo	coa - clube de orientação e aventura	Senior Masculino	04:17:05	+01:04:40	07:47
41	15	Marco Rodrigues	arsm - associação recreativa de s. miguel	Veterano M40	04:18:00	+01:05:34	07:49
42	117	JOSÉ CARLOS COSTA	minho e lima trail	Veterano M40	04:18:57	+01:06:32	07:51

TRAIL LONGO - STAGE 1

33 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
43	108	José Sá	lion runners - g. d. leões da guarda	Senior Masculino	04:19:49	+01:07:23	07:52
44	112	BRUNO NARCISO	minho e lima trail	Sub 23 Masculino	04:20:09	+01:07:43	07:53
45	70	José Miguel Fernandes da Gama Nogueira	individual	Senior Masculino	04:20:53	+01:08:28	07:54
46	22	Bruno Nalha	c.d."os águias" de alpiarça	Senior Masculino	04:23:39	+01:11:14	07:59
47	105	Bruno Batista	lion runners - g. d. leões da guarda	Senior Masculino	04:23:42	+01:11:16	07:59
48	41	Jorge Nabais	coa - clube de orientação e aventura	Senior Masculino	04:24:52	+01:12:26	08:02
49	52	antonio coelho	fora de tempo	Veterano M40	04:25:24	+01:12:58	08:03
50	181	Filipe Teixeira	unidade especial de corrida	Senior Masculino	04:25:24	+01:12:58	08:03
51	151	Sandra Mendes	profisio team	Veterana F40	04:29:35	+01:17:10	08:10
52	123	Nelson Teixeira	nelson	Senior Masculino	04:30:29	+01:18:04	08:12
53	128	Lícinio Sequeira	o mundo da corrida	Veterano M40	04:32:33	+01:20:08	08:16
54	143	Sérgio Anunciação	oralklass - amigos do trail	Veterano M40	04:32:56	+01:20:31	08:16
55	142	Manuel Ferreira	oralklass - amigos do trail	Veterano M50	04:32:56	+01:20:31	08:16
56	180	Eduardo Meireles	umelga runners	Veterano M50	04:32:59	+01:20:34	08:16
57	25	Nuno Paulino	c.d."os águias" de alpiarça	Veterano M40	04:34:15	+01:21:49	08:19
58	120	Inês Moreira	moinhos run - adrm	Senior Feminino	04:36:19	+01:23:54	08:22
59	136	Gilberto Pimenta	oralklass - amigos do trail	Senior Masculino	04:36:20	+01:23:54	08:22
60	154	Raul Silva	profisio team	Veterano M40	04:37:21	+01:24:56	08:24
61	125	Arnaldo Santos	nocturnos de paredes	Veterano M40	04:38:03	+01:25:38	08:26
62	13	Carla Reis	arsm - associação recreativa de s. miguel	Veterana F40	04:38:14	+01:25:48	08:26
63	96	Paulo Ferreira	individual	Veterano M50	04:38:35	+01:26:10	08:27
64	129	Rufino Paiva	ocs/proaventuras	Veterano M40	04:39:08	+01:26:43	08:28
65	135	Filipe Carneiro	oralklass - amigos do trail	Senior Masculino	04:39:12	+01:26:47	08:28
66	182	Vasco Monteiro	vikings trail runners/ccr alcabideque	Senior Masculino	04:39:37	+01:27:12	08:28
67	74	Ricardo Carmo	individual	Senior Masculino	04:40:54	+01:28:28	08:31
68	126	Fernando Almeida	nocturnos de paredes	Veterano M40	04:41:49	+01:29:23	08:32
69	92	Manuel Pereira Moreno	individual	Veterano M50	04:45:11	+01:32:45	08:39
70	50	João Vaz	figueira kayak clube	Veterano M40	04:45:16	+01:32:51	08:39
71	55	Mafalda Moniz	go!runners	Senior Feminino	04:46:03	+01:33:38	08:40
72	20	Bruno Alexandre Traila Pires	bruno alexandre	Senior Masculino	04:46:05	+01:33:40	08:40
73	17	Maria Augusta Da Costa Loureiro	associação desportiva de cabroelo	Veterana F40	04:48:32	+01:36:06	08:45
74	165	Paulo Ferreira Morais	somos nós team	Veterano M40	04:48:33	+01:36:08	08:45
75	77	Vítor Alves	individual	Sub 23 Masculino	04:48:47	+01:36:22	08:45
76	90	Jorge Alexandre Correia Moita	individual	Veterano M40	04:49:42	+01:37:16	08:47
77	167	Bruno Cardoso	trail bela bela	Senior Masculino	04:49:42	+01:37:16	08:47
78	177	BELEN RODRIGUEZ VIDAL	trotamundos	Veterana F40	04:50:33	+01:38:07	08:48
79	56	Ricardo Luís	go!runners	Senior Masculino	04:52:37	+01:40:11	08:52
80	57	Duarte Conceição	hora do lobo trail	Senior Masculino	04:54:12	+01:41:47	08:55
81	141	Fernando Taborda	oralklass - amigos do trail	Veterano M40	04:57:05	+01:44:39	09:00
82	88	Fritsche Frank	individual	Veterano M40	04:57:41	+01:45:16	09:01
83	47	Rui Pereira	coa - clube de orientação e aventura	Veterano M40	04:59:46	+01:47:21	09:05
84	27	Susana Silva Rodrigues	clube atletismo fafe	Senior Feminino	04:59:51	+01:47:25	09:05
85	163	Fernando Jorge de oliveira	simecq	Veterano M50	04:59:52	+01:47:27	09:05
86	132	Maria Gonçalves	oralklass - amigos do trail	Senior Feminino	05:00:22	+01:47:56	09:06
87	183	Luis Pedrodos Santos Caridade	vikings trail runners/ccr alcabideque	Veterano M40	05:01:46	+01:49:20	09:09

TRAIL LONGO - STAGE 1

33 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
88	64	Daniel Pereira	individual	Senior Masculino	05:04:08	+01:51:43	09:13
89	12	António loureiro	António	Veterano M50	05:05:02	+01:52:36	09:15
90	172	João Vieira Dias	trilho perdido eventos / imporlux	Senior Masculino	05:05:02	+01:52:37	09:15
91	23	Bruno Raposeira	c.d."os águias" de alpiarça	Senior Masculino	05:05:50	+01:53:25	09:16
92	152	Narciso Machado	profisio team	Veterano M50	05:06:30	+01:54:05	09:17
93	153	Paulo Moura	profisio team	Veterano M40	05:06:31	+01:54:05	09:17
94	170	Teresa Bemfeita	trilho perdido eventos / imporlux	Senior Feminino	05:09:45	+01:57:19	09:23
95	19	José Barroso	baltar trailrunners	Senior Masculino	05:10:15	+01:57:50	09:24
96	93	Mateus	individual	Veterano M40	05:11:26	+01:59:01	09:26
97	185	Rui carmo	xl&s trail	Senior Masculino	05:14:19	+02:01:54	09:32
98	146	Adriano Rocha	outsiders running trail team	Veterano M40	05:16:38	+02:04:13	09:36
99	24	Ricardo Conde	c.d."os águias" de alpiarça	Senior Masculino	05:21:18	+02:08:53	09:44
100	171	João Silva	trilho perdido eventos / imporlux	Senior Masculino	05:21:19	+02:08:53	09:44
101	76	Tiago Bragança	individual	Senior Masculino	05:29:49	+02:17:24	10:00
102	37	M. Carlos Martins	clube nortada aventura - murtosa night runners	Veterano M40	05:30:22	+02:17:56	10:01
103	119	Cláudia Moreira	moinhos run - adrm	Senior Feminino	05:32:24	+02:19:58	10:04
104	91	José Manuel vieira	individual	Veterano M50	05:34:19	+02:21:54	10:08
105	145	JOSE MIGUEL LEITE ARAUJO PEREIRA	os rotos	Veterano M40	05:34:19	+02:21:54	10:08
106	97	Paulo Seabra	individual	Veterano M40	05:36:59	+02:24:33	10:13
107	121	Helena Gomes	moinhos run - adrm	Veterana F40	05:37:06	+02:24:41	10:13
108	73	Paulo Almiro Borges Sampaio	individual	Senior Masculino	05:37:53	+02:25:27	10:14
109	150	José lopes	powerrunners	Veterano M40	05:37:53	+02:25:28	10:14
110	26	Hélder Deveza	clube académico de magodouro	Veterano M40	05:37:53	+02:25:28	10:14
111	149	Manuel Barbosa	paredes running	Senior Masculino	05:38:47	+02:26:22	10:16
112	31	Rui Manuel Ramos Costa	clube atletismo fafe	Senior Masculino	05:39:32	+02:27:07	10:17
113	169	Lina Mateus	trilho perdido eventos / imporlux	Senior Feminino	05:40:10	+02:27:45	10:19
114	147	Nelson Duarte	outsiders running trail team	Veterano M40	05:42:36	+02:30:11	10:23
115	11	Pedro Oliveira	andatrilhos | freamunde	Sub 23 Masculino	05:43:17	+02:30:51	10:24
116	127	Pedro Nogueira	nocturnos de paredes	Veterano M40	05:43:42	+02:31:16	10:25
117	174	Ana Tomé	trilho perdido eventos / imporlux	Veterana F40	05:44:24	+02:31:58	10:26
118	46	Nuno Barata	coa - clube de orientação e aventura	Veterano M40	05:47:08	+02:34:43	10:31
119	101	Toze	individual	Veterano M40	05:48:54	+02:36:29	10:34
120	110	Paulo Oliveira	minho aventura	Senior Masculino	05:48:57	+02:36:32	10:34
121	164	Andreia Morais	somos nós team	Sub 23 Feminino	05:50:09	+02:37:43	10:37
122	104	Carlos Reis	leroy merlin trail team	Veterano M40	05:50:09	+02:37:44	10:37
123	85	António Pais	individual	Veterano M50	06:02:10	+02:49:45	10:59
124	40	Cláudio Silva	coa - clube de orientação e aventura	Senior Masculino	06:06:33	+02:54:08	11:06
125	45	Luís Lobato	coa - clube de orientação e aventura	Veterano M40	06:06:34	+02:54:08	11:06
126	39	Artur Oliveira	coa - clube de orientação e aventura	Senior Masculino	06:06:35	+02:54:09	11:07
127	42	Nuno Figueiredo	coa - clube de orientação e aventura	Senior Masculino	06:06:36	+02:54:10	11:07
128	144	João Couto	os finos	Veterano M40	06:08:07	+02:55:41	11:09
129	122	Hugo Rodrigues	montanha clube trail running/efapel	Senior Masculino	06:08:37	+02:56:11	11:10
130	107	Diogo Ramalhão	lion runners - g. d. leões da guarda	Senior Masculino	06:09:40	+02:57:15	11:12
131	10	LUÍS NUNO SANTOS	afis ovar	Veterano M40	06:10:50	+02:58:25	11:14
132	102	Vitor Manuel Pereira Oliveira	individual	Veterano M40	06:11:10	+02:58:44	11:15

TRAIL LONGO - STAGE 1

33 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
133	166	Ana Helena Correia	tartarugas solidárias	Veterana F40	06:25:32	+03:13:06	11:41
134	63	Caros Carvalho	individual	Senior Masculino	06:38:19	+03:25:53	12:04
135	89	João Menezes Silva	individual	Veterano M50	06:38:19	+03:25:53	12:04
136	59	Liu Mengru	individual	Senior Feminino	07:12:08	+03:59:43	13:06
137	82	Maria Margarida Magro	individual	Veterana F40	07:19:03	+04:06:37	13:18
138	80	Dulce Reis	individual	Veterana F40	07:19:03	+04:06:37	13:18
139	78	BARBARA SILVEIRA	individual	Veterana F50	07:28:11	+04:15:45	13:35
140	124	Marco Rocha	nocturnos de paredes	Sub 23 Masculino	07:28:17	+04:15:52	13:35

lap2go TIMING SOLUTION

Trail da Raposa 2017
Paredes
27-May-2017

Trail Longo
33 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

	Time	Temperature	Humidity
Start	09:30	22.2ºC	46%
End	16:58	22.2ºC	46%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	131	Maria Areias	Oralklass - Amigos Do Trail	Senior Feminino	04:08:51		07:32
2	58	Ana	Individual	Senior Feminino	04:13:22	+04:31	07:41
3	133	Nádia Casteleiro	Oralklass - Amigos Do Trail	Senior Feminino	04:14:47	+05:56	07:43
4	120	Inês Moreira	Moinhos Run - ADRM	Senior Feminino	04:36:20	+27:29	08:22
5	55	Mafalda Moniz	GO!Runners	Senior Feminino	04:46:04	+37:13	08:40
6	27	Susana Silva Rodrigues	Clube Atletismo Fafe	Senior Feminino	04:59:51	+51:00	09:05
7	132	Maria Gonçalves	Oralklass - Amigos Do Trail	Senior Feminino	05:00:22	+51:31	09:06
8	170	Teresa Bemfeita	Trilho Perdido Eventos / Imporlux	Senior Feminino	05:09:45	+01:00:54	09:23
9	119	Cláudia Moreira	Moinhos Run - ADRM	Senior Feminino	05:32:24	+01:23:33	10:04
10	169	Lina Mateus	Trilho Perdido Eventos / Imporlux	Senior Feminino	05:40:11	+01:31:20	10:19
11	59	Liu Mengru	Individual	Senior Feminino	07:12:09	+03:03:18	13:06

Senior Masculino

1	189	Luis Semedo	AC PORTALEGRE / UTSM	Senior Masculino	03:12:26		05:50
2	155	Bruno Coelho	SatecnosolOutdoor / LaSportiva	Senior Masculino	03:18:27	+06:01	06:01
3	186	Leonel Cunha	SatecnosolOutdoor / LaSportiva	Senior Masculino	03:20:42	+08:16	06:05
4	103	Diogo Baena	Juventude Vidigalense	Senior Masculino	03:21:34	+09:08	06:06
5	29	Nuno Fernandes	Clube Atletismo Fafe	Senior Masculino	03:27:25	+14:59	06:17
6	7	Paulo Costa	A.D.Amarante trail running	Senior Masculino	03:27:58	+15:32	06:18
7	137	João Nogueira	Oralklass - Amigos Do Trail	Senior Masculino	03:29:02	+16:36	06:20
8	157	César Barros	SatecnosolOutdoor / LaSportiva	Senior Masculino	03:29:32	+17:06	06:21
9	138	Nuno Alves	Oralklass - Amigos Do Trail	Senior Masculino	03:34:08	+21:42	06:29
10	190	Pedro Azinhaga	AC PORTALEGRE / UTSM	Senior Masculino	03:36:30	+24:04	06:34
11	139	Paulo Conde	Oralklass - Amigos Do Trail	Senior Masculino	03:38:27	+26:01	06:37
12	109	Rafael Cruz	Melres Trail Running	Senior Masculino	03:39:54	+27:28	06:40
13	158	Fábio Pinto	SatecnosolOutdoor / LaSportiva	Senior Masculino	03:42:06	+29:40	06:44
14	35	Ricardo Duarte	Clube de Atletismo de Ferreira do Zêzere	Senior Masculino	03:50:10	+37:44	06:58
15	113	JOEL PEREIRA	Minho e Lima Trail	Senior Masculino	03:51:41	+39:15	07:01
16	115	PAULO VAZ	Minho e Lima Trail	Senior Masculino	03:51:41	+39:15	07:01
17	173	Miguel Ribeiro	Trilho Perdido Eventos / Imporlux	Senior Masculino	03:58:22	+45:56	07:13
18	9	Filipe Afonso	AC PORTALEGRE / UTSM	Senior Masculino	03:58:58	+46:32	07:14
19	6	Filipe Barros	A.D.Amarante trail running	Senior Masculino	04:02:29	+50:03	07:21
20	28	Daniel Costa	Clube Atletismo Fafe	Senior Masculino	04:06:29	+54:03	07:28
21	140	Sergio Suzano	Oralklass - Amigos Do Trail	Senior Masculino	04:16:59	+01:04:33	07:47
22	38	António Araújo	COA - Clube de Orientação e Aventura	Senior Masculino	04:17:06	+01:04:40	07:47
23	108	José Sá	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Masculino	04:19:49	+01:07:23	07:52

Trail Longo

33 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

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24	70	José Miguel Fernandes da Gama Nogueira	Individual	Senior Masculino	04:20:54	+01:08:28	07:54
25	22	Bruno Nalha	C.D."Os Águias" de Alpiarça	Senior Masculino	04:23:40	+01:11:14	07:59
26	105	Bruno Batista	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Masculino	04:23:42	+01:11:16	07:59
27	41	Jorge Nabais	COA - Clube de Orientação e Aventura	Senior Masculino	04:24:52	+01:12:26	08:02
28	181	Filipe Teixeira	Unidade Especial de Corrida	Senior Masculino	04:25:24	+01:12:58	08:03
29	123	Nelson Teixeira	Nelson	Senior Masculino	04:30:30	+01:18:04	08:12
30	136	Gilberto Pimenta	Oralklass - Amigos Do Trail	Senior Masculino	04:36:20	+01:23:54	08:22
31	135	Filipe Carneiro	Oralklass - Amigos Do Trail	Senior Masculino	04:39:13	+01:26:47	08:28
32	182	Vasco Monteiro	VIKINGS TRAIL RUNNERS/CCR ALCABIDEQUE	Senior Masculino	04:39:38	+01:27:12	08:28
33	74	Ricardo Carmo	Individual	Senior Masculino	04:40:54	+01:28:28	08:31
34	20	Bruno Alexandre Traila Pires	Bruno Alexandre	Senior Masculino	04:46:06	+01:33:40	08:40
35	167	Bruno Cardoso	Trail Bela Bela	Senior Masculino	04:49:42	+01:37:16	08:47
36	56	Ricardo Luís	GO!Runners	Senior Masculino	04:52:37	+01:40:11	08:52
37	57	Duarte Conceição	Hora do Lobo Trail	Senior Masculino	04:54:13	+01:41:47	08:55
38	64	Daniel Pereira	Individual	Senior Masculino	05:04:09	+01:51:43	09:13
39	172	João Vieira Dias	Trilho Perdido Eventos / Imporlux	Senior Masculino	05:05:03	+01:52:37	09:15
40	23	Bruno Raposeira	C.D."Os Águias" de Alpiarça	Senior Masculino	05:05:51	+01:53:25	09:16
41	19	José Barroso	Baltar TrailRunners	Senior Masculino	05:10:16	+01:57:50	09:24
42	185	Rui carmo	XL&S TRAIL	Senior Masculino	05:14:20	+02:01:54	09:32
43	24	Ricardo Conde	C.D."Os Águias" de Alpiarça	Senior Masculino	05:21:19	+02:08:53	09:44
44	171	João Silva	Trilho Perdido Eventos / Imporlux	Senior Masculino	05:21:19	+02:08:53	09:44
45	76	Tiago Bragança	Individual	Senior Masculino	05:29:50	+02:17:24	10:00
46	73	Paulo Almiro Borges Sampaio	Individual	Senior Masculino	05:37:53	+02:25:27	10:14
47	149	Manuel Barbosa	Paredes Running	Senior Masculino	05:38:48	+02:26:22	10:16
48	31	Rui Manuel Ramos Costa	Clube Atletismo Fafe	Senior Masculino	05:39:33	+02:27:07	10:17
49	110	Paulo Oliveira	MINHO AVENTURA	Senior Masculino	05:48:58	+02:36:32	10:34
50	40	Cláudio Silva	COA - Clube de Orientação e Aventura	Senior Masculino	06:06:34	+02:54:08	11:06
51	39	Artur Oliveira	COA - Clube de Orientação e Aventura	Senior Masculino	06:06:35	+02:54:09	11:07
52	42	Nuno Figueiredo	COA - Clube de Orientação e Aventura	Senior Masculino	06:06:36	+02:54:10	11:07
53	122	Hugo Rodrigues	Montanha Clube Trail Running/Efapel	Senior Masculino	06:08:37	+02:56:11	11:10
54	107	Diogo Ramalhão	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Masculino	06:09:41	+02:57:15	11:12
55	63	Caros Carvalho	Individual	Senior Masculino	06:38:19	+03:25:53	12:04

Sub 23 Feminino

1	164	Andreia Morais	Somos Nós Team	Sub 23 Feminino	05:50:09	10:37

Trail Longo

33 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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R REVISED

Sub 23 Masculino

1	134	Braziela Rocha	Oralklass - Amigos Do Trail	Sub 23 Masculino	03:22:41		06:09
2	33	André Duarte	Clube de Atletismo de Ferreira do Zêzere	Sub 23 Masculino	03:52:15	+29:34	07:02
3	159	Paulo barbosa	SatecnosolOutdoor / LaSportiva	Sub 23 Masculino	04:13:14	+50:33	07:40
4	112	BRUNO NARCISO	Minho e Lima Trail	Sub 23 Masculino	04:20:09	+57:28	07:53
5	11	Pedro Oliveira	Andatrilhos | Freamunde	Sub 23 Masculino	05:43:17	+02:20:36	10:24
6	124	Marco Rocha	NOCTURNOS DE PAREDES	Sub 23 Masculino	07:28:18	+04:05:37	13:35

Veterana F40

1	151	Sandra Mendes	Profisio Team	Veterana F40	04:29:36		08:10
2	13	Carla Reis	ARSM - Associação Recreativa de S. Miguel	Veterana F40	04:38:14	+08:38	08:26
3	17	Maria Augusta Da Costa Loureiro	Associação Desportiva de Cabroelo	Veterana F40	04:48:32	+18:56	08:45
4	177	BELEN RODRIGUEZ VIDAL	Trotamundos	Veterana F40	04:50:33	+20:57	08:48
5	121	Helena Gomes	Moinhos Run - ADRM	Veterana F40	05:37:07	+01:07:31	10:13
6	174	Ana Tomé	Trilho Perdido Eventos / Imporlux	Veterana F40	05:44:24	+01:14:48	10:26
7	166	Ana Helena Correia	Tartarugas Solidárias	Veterana F40	06:25:32	+01:55:56	11:41
8	82	Maria Margarida Magro	Individual	Veterana F40	07:19:03	+02:49:27	13:18
9	80	Dulce Reis	Individual	Veterana F40	07:19:03	+02:49:27	13:18

Veterana F50

1	78	BARBARA SILVEIRA	Individual	Veterana F50	07:28:11		13:35

Veterano M40

1	8	Vitor Costa	A.D.Amarante trail running	Veterano M40	03:33:30		06:28
2	16	Pedro Veríssimo	ARSM - Associação Recreativa de S. Miguel	Veterano M40	03:34:21	+00:51	06:30
3	54	PEDRO SANTOS	FUGITIVOS URBANOS - CLÍNICA + SAÚDE	Veterano M40	03:45:10	+11:40	06:49
4	162	Joaquim Manuel Martins De Freitas	SatecnosolOutdoor / LaSportiva	Veterano M40	03:48:49	+15:19	06:56
5	178	ADOLFO GARRIDO FERNANDEZ	Trotamundos	Veterano M40	03:55:10	+21:40	07:08
6	21	Carlos Fereira	BTT Alegria // TUBANI	Veterano M40	03:58:09	+24:39	07:13
7	175	Paulo Roque	Trilho Perdido Eventos / Imporlux	Veterano M40	03:59:41	+26:11	07:16
8	179	FERNANDO ALVAREZ GARCIA	Trotamundos	Veterano M40	04:07:00	+33:30	07:29
9	32	Rui Pedro Povo	Clube Atletismo Fafe	Veterano M40	04:07:42	+34:12	07:30
10	51	Luís Miguel Ribeiro da Cunha	Figueira Kayak Clube	Veterano M40	04:11:53	+38:23	07:38
11	118	LUIS MAGALHÃES	Minho e Lima Trail	Veterano M40	04:17:03	+43:33	07:47
12	15	Marco Rodrigues	ARSM - Associação Recreativa de S. Miguel	Veterano M40	04:18:00	+44:30	07:49
13	117	JOSÉ CARLOS COSTA	Minho e Lima Trail	Veterano M40	04:18:58	+45:28	07:51
14	52	antonio coelho	fora de tempo	Veterano M40	04:25:24	+51:54	08:03

Trail Longo

33 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

15	128	Lícinio Sequeira	O Mundo da Corrida	Veterano M40	04:32:34	+59:04	08:16
16	143	Sérgio Anunciação	Oralklass - Amigos Do Trail	Veterano M40	04:32:57	+59:27	08:16
17	25	Nuno Paulino	C.D."Os Águias" de Alpiarça	Veterano M40	04:34:15	+01:00:45	08:19
18	154	Raul Silva	Profisio Team	Veterano M40	04:37:22	+01:03:52	08:24
19	125	Arnaldo Santos	NOCTURNOS DE PAREDES	Veterano M40	04:38:04	+01:04:34	08:26
20	129	Rufino Paiva	OCS/PROAVENTURAS	Veterano M40	04:39:09	+01:05:39	08:28
21	126	Fernando Almeida	NOCTURNOS DE PAREDES	Veterano M40	04:41:49	+01:08:19	08:32
22	50	João Vaz	Figueira Kayak Clube	Veterano M40	04:45:17	+01:11:47	08:39
23	165	Paulo Ferreira Morais	Somos Nós Team	Veterano M40	04:48:34	+01:15:04	08:45
24	90	Jorge Alexandre Correia Moita	Individual	Veterano M40	04:49:42	+01:16:12	08:47
25	141	Fernando Taborda	Oralklass - Amigos Do Trail	Veterano M40	04:57:05	+01:23:35	09:00
26	88	Fritsche Frank	Individual	Veterano M40	04:57:42	+01:24:12	09:01
27	47	Rui Pereira	COA - Clube de Orientação e Aventura	Veterano M40	04:59:47	+01:26:17	09:05
28	183	Luis Pedrodos Santos Caridade	VIKINGS TRAIL RUNNERS/CCR ALCABIDEQUE	Veterano M40	05:01:46	+01:28:16	09:09
29	153	Paulo Moura	Profisio Team	Veterano M40	05:06:31	+01:33:01	09:17
30	93	Mateus	Individual	Veterano M40	05:11:27	+01:37:57	09:26
31	146	Adriano Rocha	Outsiders running trail team	Veterano M40	05:16:39	+01:43:09	09:36
32	37	M. Carlos Martins	Clube Nortada Aventura - Murtosa night runners	Veterano M40	05:30:22	+01:56:52	10:01
33	145	JOSE MIGUEL LEITE ARAUJO PEREIRA	OS ROTOS	Veterano M40	05:34:20	+02:00:50	10:08
34	97	Paulo Seabra	Individual	Veterano M40	05:36:59	+02:03:29	10:13
35	150	José lopes	Powerrunners	Veterano M40	05:37:54	+02:04:24	10:14
36	26	Hélder Deveza	Clube Académico de Magodouro	Veterano M40	05:37:54	+02:04:24	10:14
37	147	Nelson Duarte	Outsiders running trail team	Veterano M40	05:42:37	+02:09:07	10:23
38	127	Pedro Nogueira	NOCTURNOS DE PAREDES	Veterano M40	05:43:42	+02:10:12	10:25
39	46	Nuno Barata	COA - Clube de Orientação e Aventura	Veterano M40	05:47:09	+02:13:39	10:31
40	101	Toze	Individual	Veterano M40	05:48:55	+02:15:25	10:34
41	104	Carlos Reis	LEROY MERLIN TRAIL TEAM	Veterano M40	05:50:10	+02:16:40	10:37
42	45	Luís Lobato	COA - Clube de Orientação e Aventura	Veterano M40	06:06:34	+02:33:04	11:06
43	144	João Couto	Os Finos	Veterano M40	06:08:07	+02:34:37	11:09
44	10	LUÍS NUNO SANTOS	AFIS OVAR	Veterano M40	06:10:51	+02:37:21	11:14
45	102	Vitor Manuel Pereira Oliveira	Individual	Veterano M40	06:11:10	+02:37:40	11:15

Veterano M50

1	187	Carlos Rodrigues	Figueira Kayak Clube	Veterano M50	04:06:34		07:28
2	142	Manuel Ferreira	Oralklass - Amigos Do Trail	Veterano M50	04:32:57	+26:23	08:16
3	180	Eduardo Meireles	Umelga Runners	Veterano M50	04:33:00	+26:26	08:16
4	96	Paulo Ferreira	Individual	Veterano M50	04:38:36	+32:02	08:27
5	92	Manuel Pereira Moreno	Individual	Veterano M50	04:45:11	+38:37	08:39
6	163	Fernando Jorge de oliveira	SIMECQ	Veterano M50	04:59:53	+53:19	09:05
7	12	António loureiro	António	Veterano M50	05:05:02	+58:28	09:15
8	152	Narciso Machado	Profisio Team	Veterano M50	05:06:31	+59:57	09:17

Trail Longo

33 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

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9	91	José Manuel vieira	Individual	Veterano M50	05:34:20	+01:27:46	10:08
10	85	António Pais	Individual	Veterano M50	06:02:11	+01:55:37	10:59
11	89	João Menezes Silva	Individual	Veterano M50	06:38:19	+02:31:45	12:04

COLECTIVA33KMREVIEW

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	SatecnosolOutdoor / LaSportiva	2 + 3 + 9	14
2	Oralklass - Amigos Do Trail	5 + 8 + 11	24
3	AC PORTALEGRE / UTSM	1 + 13 + 26	40
4	A.D.Amarante trail running	7 + 10 + 28	45
5	Clube Atletismo Fafe	6 + 29 + 32	67
6	Minho e Lima Trail	20 + 21 + 39	80
7	ARSM - Associação Recreativa de S. Miguel	12 + 41 + 62	115
8	Trotamundos	23 + 31 + 77	131
9	Figueira Kayak Clube	30 + 34 + 70	134
10	Trilho Perdido Eventos / Imporlux	25 + 27 + 89	141
11	COA - Clube de Orientação e Aventura	40 + 48 + 82	170
12	C.D."Os Águias" de Alpiarça	46 + 57 + 90	193
13	Profisio Team	51 + 60 + 91	202
14	LION RUNNERS - G. D. LEÕES DA GUARDA	43 + 47 + 129	219
15	NOCTURNOS DE PAREDES	61 + 68 + 115	244
16	Moinhos Run - ADRM	58 + 102 + 106	266

Trail da Raposa 2017

Paredes

27-May-2017

TRAIL CURTO - STAGE 1

19 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	22.3ºC	46%
End	14:50	22.3ºC	46%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1426	Bruno Jesus	individual	Senior Masculino	01:40:43		05:18
2	1401	Marcelo Pinho Araújo	team trail 3pros15	Senior Masculino	01:42:12	+01:29	05:23
3	1098	José Paulo Ribeiro	gondomar futsal clube	Veterano M40	01:47:04	+06:21	05:38
4	1156	Cristiano José Moreira dos Santos	individual	Senior Masculino	01:48:15	+07:31	05:42
5	1349	Sérgio Durães	nocturnos de paredes	Veterano M40	01:49:22	+08:38	05:45
6	1402	Nuno Roberto Faria	team trail 3pros15	Senior Masculino	01:49:49	+09:06	05:47
7	1284	luis fonseca	individual	Veterano M40	01:49:52	+09:08	05:47
8	1050	ROGERIO SOARES	casa das reparações	Senior Masculino	01:50:08	+09:25	05:48
9	1054	Nuno lemos	clube atletismo fafe	Senior Masculino	01:50:15	+09:31	05:48
10	1080	Ricardo Miguel Magalhães Nunes	fridão sem limites	Senior Masculino	01:51:04	+10:20	05:51
11	1079	Álvaro Gabriel Vasconcelos da Silva Moreira	fridão sem limites	Senior Masculino	01:51:04	+10:20	05:51
12	1325	Sérgio Silva	mss contabilidade	Senior Masculino	01:52:33	+11:50	05:55
13	1148	carlos carvalho	individual	Senior Masculino	01:53:07	+12:24	05:57
14	1383	Pedro Barros	s4l factor x medense fc	Senior Masculino	01:53:42	+12:58	05:59
15	53	Adão Paulo Teixeira Monteiro	fridão sem limites	Senior Masculino	01:54:05	+13:22	06:00
16	1216	Ricardo Ferreira	individual	Senior Masculino	01:56:37	+15:53	06:08
17	1215	Ricardo Ferreira	individual	Senior Masculino	01:57:20	+16:37	06:11
18	1139	Andre Fernando Novais Oliveira	individual	Senior Masculino	01:58:02	+17:18	06:13
19	1303	Sérgio Lourenço	individual	Veterano M40	01:58:05	+17:21	06:13
20	1005	Carlos Silva	aliança de gandra	Veterano M40	01:58:24	+17:40	06:14
21	1006	Leonel Neves	aliança de gandra	Veterano M40	01:58:24	+17:41	06:14
22	1138	Adérito Santos Silva	individual	Senior Masculino	02:00:32	+19:49	06:21
23	1281	José Ribeiro	individual	Veterano M40	02:02:00	+21:16	06:25
24	1157	Daniel Alexandre Machado	individual	Senior Masculino	02:02:22	+21:39	06:26
25	1342	Carlos Vinhas	nocturnos de paredes	Veterano M50	02:02:29	+21:46	06:27
26	1410	João Oliveira	trinca orelhas de gato	Senior Masculino	02:03:21	+22:38	06:30
27	1311	João Filipe Ferreira Leite	mexilhão da montanha	Senior Masculino	02:03:23	+22:39	06:30
28	1335	Sérgio Vale	nocturnos de paredes	Senior Masculino	02:03:33	+22:49	06:30
29	1177	Joao Luis Teixeira de Queiros	individual	Senior Masculino	02:03:54	+23:10	06:31
30	1167	Filipe Rocha	individual	Senior Masculino	02:03:56	+23:13	06:31
31	1061	Nuno Salvador	dão nelas runners	Senior Masculino	02:04:06	+23:23	06:32
32	1316	Miguel Xavier Cunha Fernandes	montanha clube trail running/efapel	Sub 23 Masculino	02:04:24	+23:40	06:33
33	1317	Luis vilela	montanha clube trail running/efapel	Veterano M40	02:04:26	+23:42	06:33
34	1212	Ricardo Castro	individual	Senior Masculino	02:04:39	+23:55	06:34
35	1024	Nélson Gomes	bifase - material eletrico	Senior Masculino	02:05:00	+24:17	06:35
36	1145	Bruno Pinto	individual	Senior Masculino	02:05:11	+24:28	06:35
37	1324	Ibraim Sousa	mss contabilidade	Senior Masculino	02:05:33	+24:50	06:37
38	1172	Hélder Rafael Machado da Cunha	individual	Senior Masculino	02:06:24	+25:41	06:39
39	1205	Paulo Sarmento	individual	Senior Masculino	02:06:32	+25:48	06:40
40	1413	Fernando Pereira	trinca orelhas de gato	Veterano M40	02:06:37	+25:54	06:40
41	1261	Carlos Raposa	individual	Veterano M40	02:06:47	+26:04	06:40

TRAIL CURTO - STAGE 1 — 19 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	1351	Joana Gonçalves	oralklass - amigos do trail	Senior Feminino	02:06:54	+26:11	06:41
43	1423	José Fernando Sousa	individual	Veterano M50	02:08:52	+28:08	06:47
44	1353	José Costa	oralklass - amigos do trail	Veterano M40	02:09:57	+29:13	06:50
45	1352	Ivo Dias	oralklass - amigos do trail	Senior Masculino	02:10:57	+30:14	06:54
46	1176	João Edmundo Alexandre	individual	Senior Masculino	02:11:17	+30:33	06:55
47	1051	ALEXANDRE BRITO	casa das reparações	Veterano M40	02:11:21	+30:37	06:55
48	1052	ARMANDO MACHADO	casa das reparações	Veterano M40	02:11:21	+30:37	06:55
49	1046	DANIEL PACHECO	casa das reparações	Senior Masculino	02:11:22	+30:38	06:55
50	1255	António Malheiro	individual	Veterano M40	02:12:02	+31:18	06:57
51	1272	Joaquim Gomes	individual	Veterano M50	02:12:06	+31:22	06:57
52	1390	Fátima Coelho	somos nós team	Veterana F40	02:12:06	+31:22	06:57
53	1291	MANUEL JOAQUIM DE SOUSA OLIVEIRA	individual	Veterano M40	02:12:34	+31:50	06:59
54	1004	Pedro Vieira	a.d.sebolido trail boneca d`ouro	Senior Masculino	02:12:58	+32:15	07:00
55	1026	Joaquim Pinto	bifase - material eletrico	Veterano M40	02:13:09	+32:26	07:01
56	1297	Pedro Martins	individual	Veterano M40	02:13:16	+32:33	07:01
57	1186	marcio barreto	individual	Senior Masculino	02:14:12	+33:29	07:04
58	1162	David Camelo	individual	Senior Masculino	02:14:22	+33:39	07:04
59	1294	Miguel Leal	individual	Veterano M40	02:14:42	+33:59	07:05
60	1322	Rui Miguel Sousa	mountain runners	Senior Masculino	02:15:14	+34:31	07:07
61	1321	Paulo Silva	mountain runners	Senior Masculino	02:15:15	+34:31	07:07
62	1346	José Moreira Gomes	nocturnos de paredes	Veterano M40	02:15:25	+34:41	07:08
63	1389	Rui Bessa	sob efeito trail	Sub 23 Masculino	02:15:32	+34:48	07:08
64	1016	João Cardoso	andatrilhos | freamunde	Sub 23 Masculino	02:15:43	+34:59	07:09
65	1247	Agostinho da Silva Rocha	individual	Veterano M50	02:15:45	+35:01	07:09
66	1078	Andreia Ribeiro Almeida	fridão sem limites	Senior Feminino	02:15:53	+35:10	07:09
67	1392	Fernando Morais	somos nós team	Veterano M40	02:16:25	+35:41	07:11
68	1250	Alcino Pinto	individual	Veterano M40	02:16:27	+35:44	07:11
69	1011	António rochs	ana soraia ferreira	Senior Masculino	02:16:37	+35:53	07:11
70	1095	Rui José Silva Carvalho	gaz(n)elas	Senior Masculino	02:17:11	+36:27	07:13
71	1147	Carlos andre ferreira da rocha	individual	Senior Masculino	02:17:16	+36:32	07:13
72	1319	Antonio Silva	mountain runners	Senior Masculino	02:17:16	+36:33	07:14
73	1277	José da Rocha Rodrigues	individual	Veterano M40	02:17:30	+36:47	07:14
74	1092	Micael Gonçalves	gaz(n)elas	Senior Masculino	02:17:48	+37:04	07:15
75	1175	Jacinto Jorge Lopes de Sousa	individual	Senior Masculino	02:18:24	+37:41	07:17
76	1019	Daniel Machado Neto	andatrilhos | freamunde	Veterano M40	02:18:32	+37:48	07:17
77	1304	SILVINO ALBERTO DA SILVA MENDES	individual	Veterano M50	02:18:42	+37:59	07:18
78	1288	Luis Santos	individual	Veterano M40	02:19:21	+38:37	07:20
79	1412	Vicente Sousa	trinca orelhas de gato	Senior Masculino	02:19:25	+38:41	07:20
80	1218	Rogério de Almeida Pacheco	individual	Senior Masculino	02:19:30	+38:47	07:21
81	1173	Hugo Alexandre Alves	individual	Senior Masculino	02:19:31	+38:47	07:21
82	1387	Sérgio Barbosa	sexy mind's	Senior Masculino	02:19:45	+39:01	07:21
83	1348	Rui Almeida	nocturnos de paredes	Veterano M40	02:19:47	+39:03	07:21
84	1408	Fernanda Machado	trinca orelhas de gato	Senior Feminino	02:20:18	+39:35	07:23
85	1327	Victor Azevedo	mss contabilidade	Veterano M40	02:20:32	+39:49	07:24
86	1207	Pedro Alves	individual	Sub 23 Masculino	02:20:50	+40:07	07:25

TRAIL CURTO - STAGE 1 19 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
87	1326	Jorge Sousa	mss contabilidade	Veterano M40	02:20:54	+40:10	07:25
88	1332	José Correia	nocturnos de paredes	Senior Masculino	02:21:22	+40:39	07:26
89	1285	Luis MIguel Alves Sousa	individual	Veterano M40	02:21:25	+40:42	07:27
90	1310	Jorge Pinheiro	leroy merlin trail team	Senior Masculino	02:22:21	+41:38	07:30
91	1415	Pedro Gomes	trinca orelhas de gato	Veterano M40	02:23:08	+42:25	07:32
92	1404	José Augusto Ribeiro da Silva	tockandar	Senior Masculino	02:23:19	+42:35	07:33
93	1179	JOÃO ROCHA	individual	Senior Masculino	02:23:48	+43:05	07:34
94	1168	Filipe Teixeira	individual	Senior Masculino	02:23:49	+43:06	07:34
95	1017	Marco Mendes	andatrilhos | freamunde	Senior Masculino	02:25:06	+44:22	07:38
96	1323	Rui Rodrigues	mountain runners	Senior Masculino	02:25:11	+44:28	07:39
97	1318	Patrícia Ribeiro	mountain runners	Senior Feminino	02:25:12	+44:28	07:39
98	1333	Pedro Barbosa	nocturnos de paredes	Senior Masculino	02:25:54	+45:11	07:41
99	1265	Fernando Eloi dos Santos Sousa	individual	Veterano M50	02:25:56	+45:13	07:41
100	1227	Tiago Mota	individual	Senior Masculino	02:26:27	+45:43	07:42
101	1163	Diogo Nogueira Bessa	individual	Sub 23 Masculino	02:26:39	+45:55	07:43
102	1301	RUI ALVES	individual	Veterano M40	02:26:45	+46:01	07:43
103	1306	Suzana Andrade	jobra	Veterana F40	02:26:59	+46:16	07:44
104	1155	Cláudio Manuel Pereira Tavares	individual	Senior Masculino	02:27:00	+46:16	07:44
105	1254	António Gaspar Vieira Moreira	individual	Veterano M40	02:27:10	+46:27	07:45
106	1273	Joaquim paulo andrade reis	individual	Veterano M50	02:27:28	+46:45	07:46
107	1256	ANTONIO MIRANDA	individual	Veterano M50	02:27:50	+47:07	07:47
108	1386	Luciano Machado	sexy mind's	Senior Masculino	02:27:51	+47:07	07:47
109	1008	Rui Fernandes	alive runners	Senior Masculino	02:28:15	+47:31	07:48
110	1100	António Grácio	happy runners	Senior Masculino	02:28:27	+47:44	07:49
111	1018	Eva Carneiro	andatrilhos | freamunde	Veterana F40	02:28:30	+47:46	07:49
112	1180	Jorge Carneiro	individual	Senior Masculino	02:29:37	+48:53	07:52
113	1087	TOMÉ MARQUES	fugitivos urbanos - clínica + saúde	Senior Masculino	02:31:11	+50:28	07:57
114	1307	Rita Ferreira Afonso	jobrinde - montes saloios	Senior Feminino	02:31:28	+50:45	07:58
115	1211	Renato carneiro	individual	Senior Masculino	02:31:44	+51:01	07:59
116	1225	Tiago dos Santos Costa	individual	Senior Masculino	02:31:49	+51:06	07:59
117	1355	Carlos Gonçalves	oralklass - amigos do trail	Veterano M40	02:32:00	+51:16	08:00
118	1354	Bruno Albuquerque	oralklass - amigos do trail	Veterano M40	02:32:00	+51:16	08:00
119	1276	jorge silva moreira	individual	Veterano M40	02:32:00	+51:17	08:00
120	1416	Sergio Gomes	trinca orelhas de gato	Veterano M40	02:32:16	+51:32	08:01
121	1020	David Barros	andatrilhos | freamunde	Veterano M40	02:32:29	+51:46	08:02
122	1199	Nuno Fernandes	individual	Senior Masculino	02:32:31	+51:48	08:02
123	1313	Carlos Goncalves	moinhos run - adrm	Senior Masculino	02:32:33	+51:49	08:02
124	1056	Magda Vieira	clube condeixa	Veterana F40	02:32:40	+51:56	08:02
125	1182	Jorge Garcia	individual	Senior Masculino	02:32:51	+52:07	08:03
126	1388	Pedro Oliveira	sob efeito trail	Sub 23 Masculino	02:33:39	+52:56	08:05
127	1003	Nuno Moura	a.d.amarante trail running	Senior Masculino	02:34:02	+53:19	08:06
128	1230	Vitor Manuel Oliveira Coelho	individual	Senior Masculino	02:34:22	+53:39	08:08
129	1044	Daniel Barbosa	btt alegria // tubani	Senior Masculino	02:34:33	+53:49	08:08
130	1043	Carlos Vieira	btt alegria // tubani	Senior Masculino	02:34:33	+53:50	08:08
131	1086	SÉRGIO SILVA	fugitivos urbanos - clínica + saúde	Senior Masculino	02:34:35	+53:52	08:08
132	1409	Carlos Silva	trinca orelhas de gato	Senior Masculino	02:34:46	+54:02	08:09

TRAIL CURTO - STAGE 1 — 19 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
133	1371	Nelson Machado	profisio team	Senior Masculino	02:34:55	+54:12	08:09
134	1084	HUGO OLIVEIRA	fugitivos urbanos - clínica + saúde	Senior Masculino	02:35:16	+54:32	08:10
135	1315	Rui Quinta	moinhos run - adrm	Veterano M50	02:35:16	+54:33	08:10
136	1089	Nuno Ganhao	gang do quintal	Senior Masculino	02:35:35	+54:52	08:11
137	1171	Hélder Moreira	individual	Senior Masculino	02:35:36	+54:52	08:11
138	1188	Márcio Filipe Gonçalves Castro	individual	Senior Masculino	02:35:58	+55:15	08:13
139	1245	Salete Maria Mendes Soares	individual	Veterana F40	02:36:32	+55:48	08:14
140	1174	Hugo Machado	individual	Senior Masculino	02:36:35	+55:51	08:14
141	1214	Ricardo Fernandes	individual	Senior Masculino	02:36:37	+55:54	08:15
142	1146	Bruno rocha	individual	Senior Masculino	02:36:40	+55:57	08:15
143	1263	Eduardo Nascimento	individual	Veterano M40	02:37:06	+56:23	08:16
144	1158	Daniel Faria	individual	Senior Masculino	02:37:12	+56:28	08:16
145	1280	José Manuel Magalhães Moreira	individual	Veterano M50	02:37:45	+57:01	08:18
146	1296	Paulo hernani moreira	individual	Veterano M40	02:38:21	+57:38	08:20
147	1132	SÍLVIA SOARES	individual	Senior Feminino	02:38:28	+57:45	08:20
148	1096	Paulo Henriques	gondomar futsal clube	Senior Masculino	02:39:18	+58:35	08:23
149	1275	jorge moreira	individual	Veterano M40	02:39:32	+58:49	08:24
150	1238	Ivone Ferreira	individual	Veterana F40	02:39:38	+58:54	08:24
151	1066	Pedro Ribeiro	eles estão à rasca	Senior Masculino	02:39:40	+58:57	08:24
152	1091	José Oliveira	gaz(n)elas	Senior Masculino	02:39:51	+59:08	08:25
153	1411	Luis Morata	trinca orelhas de gato	Senior Masculino	02:40:27	+59:43	08:27
154	1300	Ricardo Silva	individual	Veterano M40	02:40:31	+59:47	08:27
155	1136	Vânia Eiras	individual	Senior Feminino	02:40:52	+01:00:08	08:28
156	1282	JÚLIO AUGUSTO FERREIRA CAMPOS	individual	Veterano M40	02:40:52	+01:00:08	08:28
157	1270	João Paulo Gomes leite 22	individual	Veterano M40	02:41:04	+01:00:21	08:29
158	1368	Jorge Oliveira	paredes aventura	Veterano M40	02:41:30	+01:00:47	08:30
159	1070	João Moura	em'força	Senior Masculino	02:41:31	+01:00:47	08:30
160	1170	Helder Marques	individual	Senior Masculino	02:42:27	+01:01:44	08:33
161	1393	Diogo Silva	soplabifana	Senior Masculino	02:42:56	+01:02:12	08:35
162	1395	Jorge Almeida	soplabifana	Veterano M40	02:42:56	+01:02:12	08:35
163	1191	Mário Estêvão	individual	Senior Masculino	02:43:45	+01:03:02	08:37
164	1378	Rui Ferreira	run4wellness	Senior Masculino	02:43:47	+01:03:03	08:37
165	1377	Ricardo Ribeiro	run4wellness	Senior Masculino	02:43:47	+01:03:04	08:37
166	1093	Miguel Soares	gaz(n)elas	Sub 23 Masculino	02:44:06	+01:03:22	08:38
167	1338	Mónica Gomes	nocturnos de paredes	Veterana F40	02:45:04	+01:04:20	08:41
168	1331	Hugo Neto	nocturnos de paredes	Senior Masculino	02:45:07	+01:04:23	08:41
169	1334	Tiago Moreira	nocturnos de paredes	Senior Masculino	02:45:07	+01:04:23	08:41
170	1347	Miguel Moreira	nocturnos de paredes	Veterano M40	02:45:07	+01:04:23	08:41
171	1140	André Filipe Silva	individual	Senior Masculino	02:45:07	+01:04:24	08:41
172	1142	António Santos	individual	Senior Masculino	02:45:07	+01:04:24	08:41
173	1224	Tiago Dias	individual	Senior Masculino	02:45:14	+01:04:31	08:42
174	1059	Paulo Filipe Nunes	copo cheio athletics	Senior Masculino	02:45:28	+01:04:45	08:43
175	1060	Ricardo Rocha	copo cheio athletics	Senior Masculino	02:45:28	+01:04:45	08:43
176	1330	Tânia Cardoso	nocturnos de paredes	Senior Feminino	02:46:06	+01:05:23	08:45
177	1414	Miguel Costa	trinca orelhas de gato	Veterano M40	02:46:08	+01:05:25	08:45

TRAIL CURTO - STAGE 1 19 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
178	1213	Ricardo Dias	individual	Senior Masculino	02:46:10	+01:05:27	08:45
179	1007	Cristiana Lagoa	alive runners	Sub 23 Feminino	02:46:12	+01:05:28	08:45
180	1373	Rui Rebelo	run4all	Senior Masculino	02:46:13	+01:05:29	08:45
181	1406	Pedro Pinto de Almeida	tockandar	Senior Masculino	02:46:20	+01:05:37	08:45
182	1405	Nuno Tiago Ribeiro Botelho Lamego	tockandar	Senior Masculino	02:46:23	+01:05:39	08:45
183	1243	Marília Vieira	individual	Veterana F40	02:46:26	+01:05:43	08:46
184	1314	Isabel Carvalho	moinhos run - adrm	Veterana F40	02:46:29	+01:05:46	08:46
185	1226	Tiago Ferreira	individual	Senior Masculino	02:46:59	+01:06:16	08:47
186	1192	Mário Rui Vieira Rodrigues	individual	Senior Masculino	02:47:00	+01:06:16	08:47
187	1208	Pedro Mendes	individual	Senior Masculino	02:47:15	+01:06:31	08:48
188	1048	NUNO PEREIRA	casa das reparações	Senior Masculino	02:47:22	+01:06:39	08:49
189	1394	Henrique Sousa	soplabifana	Veterano M40	02:47:37	+01:06:54	08:49
190	1090	João Soares	gaz(n)elas	Senior Masculino	02:47:53	+01:07:10	08:50
191	1076	Tiago Ribeiro	foge foge bandido	Senior Masculino	02:48:17	+01:07:33	08:51
192	1110	Daniela Ferreira	individual	Senior Feminino	02:48:37	+01:07:54	08:53
193	1013	Marta Ribeiro	andatrilhos | freamunde	Senior Feminino	02:48:39	+01:07:56	08:53
194	1014	Carlos Leal	andatrilhos | freamunde	Senior Masculino	02:48:39	+01:07:56	08:53
195	1049	PAULO MACHADO	casa das reparações	Senior Masculino	02:49:00	+01:08:16	08:54
196	1391	Minda Coelho	somos nós team	Veterana F40	02:49:03	+01:08:20	08:54
197	1055	Elza Cordeiro	clube condeixa	Veterana F40	02:50:13	+01:09:29	08:58
198	1010	Joaquim augusto Teixeira Seca	alto relevo -clube de montanhismo	Veterano M50	02:50:34	+01:09:50	08:59
199	1283	Luis Ferreira Gomes	individual	Veterano M40	02:50:35	+01:09:52	08:59
200	1181	Jorge Fernandes	individual	Senior Masculino	02:51:21	+01:10:38	09:01
201	1133	Susana Araújo	individual	Senior Feminino	02:51:21	+01:10:38	09:01
202	1337	Graça Ribeiro	nocturnos de paredes	Veterana F50	02:51:35	+01:10:51	09:02
203	1345	João Leite	nocturnos de paredes	Veterano M40	02:51:36	+01:10:53	09:02
204	1367	Jose Alves	papatrails	Veterano M40	02:51:51	+01:11:08	09:03
205	1292	Manuel Paiva	individual	Veterano M40	02:51:55	+01:11:12	09:03
206	1152	Carlos Manuel Almeida da Silva	individual	Senior Masculino	02:52:10	+01:11:27	09:04
207	1266	Fernando Vilarinho	individual	Veterano M40	02:53:34	+01:12:51	09:08
208	1068	Carlos Maia	eles estão à rasca	Veterano M40	02:53:57	+01:13:13	09:09
209	1418	Sérgio Dinis	usf-ts	Senior Masculino	02:54:14	+01:13:30	09:10
210	1399	Luís Barbosa	team sede de paredes	Senior Masculino	02:54:39	+01:13:56	09:12
211	1398	João Moreira	team sede de paredes	Senior Masculino	02:54:39	+01:13:56	09:12
212	1074	Ricardo A. Silva Sousa	ffit gaia trail	Veterano M40	02:54:58	+01:14:14	09:13
213	1344	Filipe Oliveira	nocturnos de paredes	Veterano M40	02:56:41	+01:15:57	09:18
214	1103	Ana Cristina de Sousa Bessa	individual	Senior Feminino	02:57:01	+01:16:17	09:19
215	1287	Luis Ribeiro	individual	Veterano M40	02:57:11	+01:16:27	09:20
216	1088	Filipe Pinto	gang do quintal	Senior Masculino	02:57:21	+01:16:38	09:20
217	1210	Pedro Rodrigues	individual	Senior Masculino	02:57:22	+01:16:39	09:20
218	1328	Carina Moreira	nocturnos de paredes	Senior Feminino	02:57:40	+01:16:56	09:21
219	1141	Antonio Luis Rocha Santos Correia Peixoto	individual	Senior Masculino	02:58:47	+01:18:03	09:25
220	1246	Susana Maria Sousa Bessa	individual	Veterana F40	02:58:47	+01:18:04	09:25
221	1269	Hugo Miguel Ferreira Fernandes	individual	Veterano M40	02:59:52	+01:19:09	09:28
222	1241	Maria Martins	individual	Veterana F40	02:59:52	+01:19:09	09:28

TRAIL CURTO - STAGE 1 — 19 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
223	1286	Luis Pereira	individual	Veterano M50	03:00:33	+01:19:49	09:30
224	1366	Ana Alves	papatrails	Veterana F40	03:00:44	+01:20:01	09:31
225	1364	Monica Magalhaes	papatrails	Senior Feminino	03:00:45	+01:20:02	09:31
226	1260	Carlos Fagundes	individual	Veterano M40	03:01:12	+01:20:28	09:32
227	1166	FERNANDO JOAQUIM BARBOSA NETO	individual	Senior Masculino	03:01:30	+01:20:46	09:33
228	1040	Carlos Barbosa	black & becker	Veterano M40	03:01:34	+01:20:50	09:33
229	1028	Rute Moreira	bit runners	Senior Feminino	03:01:38	+01:20:54	09:34
230	1369	Américo Botelho	pink floyd	Senior Masculino	03:02:19	+01:21:36	09:36
231	1153	Carlos Manuel Macedo da Silva	individual	Senior Masculino	03:03:09	+01:22:25	09:38
232	1190	Marco André de Sousa Pinto	sem destino	Senior Masculino	03:03:28	+01:22:44	09:39
233	1143	Bruno Miguel Coelho Peixoto	sem destino	Senior Masculino	03:03:28	+01:22:44	09:39
234	1137	Verónica Alexandra de Jesus Sousa Maia	individual	Senior Feminino	03:03:33	+01:22:50	09:40
235	1219	Rui Filipe Gonçalves Sousa Lopes Pereira	individual	Senior Masculino	03:03:33	+01:22:50	09:40
236	1159	Daniel Macedo	sem destino	Senior Masculino	03:03:48	+01:23:04	09:40
237	1417	Cristina Meireles	umelga runners	Veterana F50	03:04:21	+01:23:37	09:42
238	1203	Paulo Alexandre Oliveira Soares	individual	Senior Masculino	03:04:21	+01:23:37	09:42
239	1178	Joao Miguel Fernandes	individual	Senior Masculino	03:04:51	+01:24:08	09:44
240	1400	Susana Margarida Sousa	team trail 3pros15	Senior Feminino	03:05:21	+01:24:38	09:45
241	1299	ricardo milhazes	individual	Veterano M40	03:05:25	+01:24:42	09:46
242	1425	Hugo Maciel	individual	Senior Masculino	03:06:00	+01:25:17	09:47
243	1187	Márcio Ferreira	individual	Senior Masculino	03:06:11	+01:25:27	09:48
244	1184	José Luís Pereira da Rocha	individual	Senior Masculino	03:06:51	+01:26:08	09:50
245	1094	Miguel Vieira	gaz(n)elas	Senior Masculino	03:06:57	+01:26:13	09:50
246	1340	António Carvalho	nocturnos de paredes	Veterano M50	03:07:19	+01:26:35	09:52
247	1202	Nuno Teixeira	individual	Senior Masculino	03:07:38	+01:26:54	09:53
248	1101	Linda Braga	happy runners	Veterana F40	03:08:20	+01:27:37	09:55
249	1102	José Amaro	happy runners	Veterano M50	03:08:22	+01:27:38	09:55
250	1030	Daniel Borda Água	bit runners	Senior Masculino	03:08:34	+01:27:51	09:56
251	1357	serafim fonseca	os amigos de s.pedro da cova	Veterano M50	03:08:46	+01:28:03	09:56
252	1356	joão paulo fonseca	os amigos de s.pedro da cova	Senior Masculino	03:08:46	+01:28:03	09:56
253	1193	Miguel Garcia	individual	Senior Masculino	03:08:56	+01:28:13	09:57
254	1042	Rui Pedro da Silva Leite Pereira	black & becker	Veterano M40	03:09:07	+01:28:23	09:57
255	1249	Alcídio Figueiredo	individual	Veterano M40	03:09:16	+01:28:33	09:58
256	1200	Nuno Filipe Carmo Almeida Teixeira	individual	Senior Masculino	03:09:18	+01:28:34	09:58
257	1144	Bruno Mota	individual	Sub 23 Masculino	03:09:27	+01:28:44	09:58
258	1343	Daniel Pereira	nocturnos de paredes	Veterano M40	03:09:28	+01:28:44	09:58
259	1124	Mafalda Vallada	individual	Senior Feminino	03:11:07	+01:30:24	10:04
260	1370	Manuel Bastos	pink floyd	Veterano M40	03:11:11	+01:30:28	10:04
261	1116	Filipa Pinto	individual	Senior Feminino	03:11:15	+01:30:31	10:04
262	1031	Francisco Cabrita	bit runners	Senior Masculino	03:12:29	+01:31:46	10:08
263	1123	Joana Silveira	individual	Senior Feminino	03:13:03	+01:32:20	10:10
264	1164	Diogo Vasconcelos	individual	Senior Masculino	03:13:05	+01:32:22	10:10
265	1424	Célia Vieira	alto relevo -clube de montanhismo	Senior Feminino	03:13:41	+01:32:58	10:12

TRAIL CURTO - STAGE 1 — 19 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
266	1380	Maria Lucinda Barbosa Moreira	s.luiz	Veterana F50	03:13:49	+01:33:06	10:12
267	1381	Augusto pinto Barbosa	s.luiz	Veterano M50	03:13:50	+01:33:06	10:12
268	1029	Sara Soares	bit runners	Senior Feminino	03:14:14	+01:33:30	10:13
269	1036	Pedro Troia	bit runners	Veterano M40	03:14:14	+01:33:31	10:13
270	1169	Gabriel Eduardo Fernandes de Sousa	sem destino	Senior Masculino	03:14:43	+01:33:59	10:15
271	1359	Emanuel Alves	osgordos team	Senior Masculino	03:15:09	+01:34:25	10:16
272	1360	Joel Alves	osgordos team	Senior Masculino	03:15:10	+01:34:26	10:16
273	1396	Carla Azevedo	tá muito lento	Senior Feminino	03:15:21	+01:34:38	10:17
274	1397	Sofia Martins	tá muito lento	Senior Feminino	03:15:21	+01:34:38	10:17
275	1228	Toze Almeida	individual	Senior Masculino	03:15:45	+01:35:01	10:18
276	1129	Renata Almeida	individual	Senior Feminino	03:15:45	+01:35:01	10:18
277	1403	Claudia Sofia Torres Fernandes ramos	tockandar	Senior Feminino	03:16:41	+01:35:58	10:21
278	1127	Maria Rosa	individual	Senior Feminino	03:16:42	+01:35:59	10:21
279	1320	César Pumpinho	mountain runners	Senior Masculino	03:17:49	+01:37:06	10:25
280	1130	Rosa Leal	individual	Senior Feminino	03:17:57	+01:37:14	10:25
281	1073	Artur Luis dos Santos Teixeira Moreira	estafermos	Veterano M50	03:18:57	+01:38:13	10:28
282	1032	Gustavo Silva	bit runners	Senior Masculino	03:18:58	+01:38:14	10:28
283	1034	Ricardo Ribeiro	bit runners	Senior Masculino	03:18:58	+01:38:15	10:28
284	1131	Sara braga	individual	Senior Feminino	03:20:02	+01:39:18	10:32
285	1125	Margarida Vieira de Campos Brás	individual	Senior Feminino	03:20:31	+01:39:47	10:33
286	1267	Filipe Martinho	individual	Veterano M40	03:21:03	+01:40:20	10:35
287	1108	Cátia Monteiro	individual	Senior Feminino	03:21:04	+01:40:20	10:35
288	1065	Tiago Mendes	edv-viana trail	Sub 23 Masculino	03:21:47	+01:41:03	10:37
289	1220	Sandro Sousa	individual	Senior Masculino	03:21:51	+01:41:07	10:37
290	1234	Cármen ferrei	individual	Veterana F40	03:22:09	+01:41:26	10:38
291	1385	José Fernando Ferreira Gonçalves	sem limites	Veterano M40	03:23:11	+01:42:27	10:42
292	1384	Maria Carla Moreira Pacheco	sem limites	Veterana F40	03:23:11	+01:42:28	10:42
293	1027	Ester Soares	bit runners	Senior Feminino	03:27:12	+01:46:29	10:54
294	1033	João Almeida	bit runners	Senior Masculino	03:27:13	+01:46:29	10:54
295	1194	Nelson Alves de Sousa	individual	Senior Masculino	03:27:23	+01:46:40	10:55
296	1121	Joana Pereira	individual	Senior Feminino	03:29:00	+01:48:16	11:00
297	1160	Daniel Oliveira de Almeida	individual	Senior Masculino	03:31:05	+01:50:21	11:07
298	1271	João Sousa	individual	Veterano M50	03:31:05	+01:50:21	11:07
299	1195	Nelson Ferreira	individual	Senior Masculino	03:32:29	+01:51:45	11:11
300	1118	Isabel Lobo	individual	Senior Feminino	03:32:29	+01:51:46	11:11
301	1122	Joana Silva	individual	Senior Feminino	03:33:13	+01:52:30	11:13
302	1058	Rui Oliveira	comdor runners	Veterano M40	03:34:17	+01:53:34	11:17
303	1135	Vanessa Sofia Carneiro Pereira	individual	Senior Feminino	03:34:17	+01:53:34	11:17
304	1268	Filipe Moutinho	individual	Veterano M40	03:34:33	+01:53:49	11:18
305	1264	Emídio Pereira	individual	Veterano M40	03:34:35	+01:53:51	11:18
306	1298	Ricardo	individual	Veterano M40	03:34:35	+01:53:52	11:18
307	1035	Pedro Tavares	bit runners	Veterano M40	03:34:35	+01:53:52	11:18
308	1109	Cláudia Novais	individual	Senior Feminino	03:34:50	+01:54:06	11:18
309	1217	Ricardo Novais	individual	Senior Masculino	03:34:50	+01:54:07	11:18

TRAIL CURTO - STAGE 1 — 19 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
310	1363	Mafalda Alves	papatrails	Sub 23 Feminino	03:35:13	+01:54:30	11:20
311	1365	Vitor Teixeira	papatrails	Senior Masculino	03:35:13	+01:54:30	11:20
312	1229	Vítor Manuel Costa Rodrigues Morais	individual	Senior Masculino	03:35:13	+01:54:30	11:20
313	1336	Carla Almeida	nocturnos de paredes	Veterana F40	03:36:24	+01:55:40	11:23
314	1329	Eva Moreira	nocturnos de paredes	Senior Feminino	03:36:24	+01:55:41	11:23
315	1350	Telmo Mota	nocturnos de paredes	Veterano M40	03:36:30	+01:55:46	11:24
316	1071	Georgina Raquel Rodrigues dos Santos	estafermos	Senior Feminino	03:37:10	+01:56:27	11:26
317	1072	Oriana Ana Ferraz Moreira	estafermos	Senior Feminino	03:37:10	+01:56:27	11:26
318	1039	Pedro Tiago Cardoso Vieira	black & becker	Senior Masculino	03:37:12	+01:56:29	11:26
319	1002	Sónia Bastos	a.d.amarante trail running	Senior Feminino	03:37:36	+01:56:52	11:27
320	1126	Maria Arezes	individual	Senior Feminino	03:39:40	+01:58:56	11:34
321	1154	Celso André Sousa Lops	individual	Senior Masculino	03:39:44	+01:59:00	11:34
322	1419	Ana Duarte	verdes	Senior Feminino	03:39:57	+01:59:13	11:35
323	1422	Pedro Justo	verdes	Veterano M40	03:39:57	+01:59:13	11:35
324	1421	Patrícia Martins	verdes	Veterana F40	03:39:57	+01:59:13	11:35
325	1420	Cláudia Castro Morais	verdes	Veterana F40	03:39:57	+01:59:13	11:35
326	1236	Eduarda Maria Vieira Magalhães Freitas	individual	Veterana F40	03:40:21	+01:59:37	11:36
327	1022	Elisete Arantes	as gazelas	Senior Feminino	03:40:24	+01:59:41	11:36
328	1023	Renata Ramos	as gazelas	Senior Feminino	03:40:24	+01:59:41	11:36
329	1376	João Batista	run4wellness	Senior Masculino	03:41:44	+02:01:00	11:40
330	1244	Rosa Soares	individual	Veterana F40	03:42:45	+02:02:02	11:43
331	1237	Elisabete Alves Nogueira	individual	Veterana F40	03:42:46	+02:02:02	11:43
332	1117	Helena isabel Lírio	individual	Senior Feminino	03:42:47	+02:02:04	11:44
333	1361	Joana Amorim	outsiders running trail team	Senior Feminino	03:45:09	+02:04:25	11:51
334	1362	Marta Duarte	outsiders running trail team	Senior Feminino	03:45:09	+02:04:25	11:51
335	1069	Carmindo Silva	eles estão à rasca	Veterano M40	03:47:19	+02:06:35	11:58
336	1428	Gilberto Vieira	individual	Veterano M40	03:49:17	+02:08:34	12:04
337	1427	Paula Maria Vieira	individual	Veterana F40	03:49:17	+02:08:34	12:04
338	1038	Nuno Domingues	black & becker	Senior Masculino	03:49:55	+02:09:12	12:06
339	1037	Joana Cerejo	black & becker	Senior Feminino	03:49:55	+02:09:12	12:06
340	1128	Mile Machado	individual	Senior Feminino	03:56:32	+02:15:49	12:27
341	1067	Augusto Franco	eles estão à rasca	Veterano M40	03:56:32	+02:15:49	12:27
342	1341	António Madureira	nocturnos de paredes	Veterano M40	03:57:17	+02:16:34	12:29
343	1252	Álvaro Cairrão	individual	Veterano M40	04:02:14	+02:21:30	12:45
344	1289	Manuel Fonseca	individual	Veterano M40	04:02:14	+02:21:30	12:45
345	1430	Agnes Waerden	individual	Senior Feminino	04:08:11	+02:27:28	13:04
346	1429	Tapio Maki	individual	Veterano M40	04:08:12	+02:27:29	13:04
347	1235	Edith Gurgel	individual	Veterana F50	04:12:07	+02:31:23	13:16
348	1232	Ana Cristina Bessa Ferreira	individual	Veterana F40	04:20:32	+02:39:48	13:43
349	1258	Carlos Alberto Figueiredo Fernandes	individual	Veterano M40	04:30:58	+02:50:15	14:16
350	1375	Ivania Monteiro	run4wellness	Senior Feminino	04:36:12	+02:55:29	14:32
351	1374	Catia Leite	run4wellness	Senior Feminino	04:36:12	+02:55:29	14:32
352	1062	Juliana Lemos	é agora! cds	Senior Feminino	04:54:20	+03:13:37	15:30

TRAIL CURTO - STAGE 1 19 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
353	1064	Sandra Lemos	é agora! cds	Senior Feminino	04:54:31	+03:13:47	15:30
354	1240	Leninha Rocha	individual	Veterana F50	04:54:32	+03:13:48	15:30
355	1279	Filipa Machado	individual	Senior Feminino	04:54:33	+03:13:49	15:30
356	1339	Paula Carvalho	nocturnos de paredes	Veterana F40	04:54:45	+03:14:02	15:31

Trail da Raposa 2017
Paredes
27-May-2017

Trail Curto

19 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	22.3ºC	46%
End	14:50	22.3ºC	46%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1351	Joana Gonçalves	Oralklass - Amigos Do Trail	Senior Feminino	02:06:55		06:41
2	1078	Andreia Ribeiro Almeida	Fridão Sem Limites	Senior Feminino	02:15:54	+08:59	07:09
3	1408	Fernanda Machado	Trinca Orelhas de Gato	Senior Feminino	02:20:19	+13:24	07:23
4	1318	Patrícia Ribeiro	Mountain Runners	Senior Feminino	02:25:12	+18:17	07:39
5	1307	Rita Ferreira Afonso	JOBRINDE - MONTES SALOIOS	Senior Feminino	02:31:29	+24:34	07:58
6	1132	SÍLVIA SOARES	Individual	Senior Feminino	02:38:29	+31:34	08:20
7	1136	Vânia Eiras	Individual	Senior Feminino	02:40:52	+33:57	08:28
8	1330	Tânia Cardoso	NOCTURNOS DE PAREDES	Senior Feminino	02:46:07	+39:12	08:45
9	1110	Daniela Ferreira	Individual	Senior Feminino	02:48:38	+41:43	08:53
10	1013	Marta Ribeiro	Andatrilhos | Freamunde	Senior Feminino	02:48:40	+41:45	08:53
11	1133	Susana Araújo	Individual	Senior Feminino	02:51:22	+44:27	09:01
12	1103	Ana Cristina de Sousa Bessa	Individual	Senior Feminino	02:57:01	+50:06	09:19
13	1328	Carina Moreira	NOCTURNOS DE PAREDES	Senior Feminino	02:57:40	+50:45	09:21
14	1364	Monica Magalhaes	PAPATRAILS	Senior Feminino	03:00:46	+53:51	09:31
15	1028	Rute Moreira	Bit Runners	Senior Feminino	03:01:38	+54:43	09:34
16	1137	Verónica Alexandra de Jesus Sousa Maia	Individual	Senior Feminino	03:03:34	+56:39	09:40
17	1400	Susana Margarida Sousa	Team Trail 3pros15	Senior Feminino	03:05:22	+58:27	09:45
18	1124	Mafalda Vallada	Individual	Senior Feminino	03:11:08	+01:04:13	10:04
19	1116	Filipa Pinto	Individual	Senior Feminino	03:11:15	+01:04:20	10:04
20	1123	Joana Silveira	Individual	Senior Feminino	03:13:04	+01:06:09	10:10
21	1424	Célia Vieira	Alto Relevo -Clube de Montanhismo	Senior Feminino	03:13:42	+01:06:47	10:12
22	1029	Sara Soares	Bit Runners	Senior Feminino	03:14:14	+01:07:19	10:13
23	1396	Carla Azevedo	tá muito lento	Senior Feminino	03:15:22	+01:08:27	10:17
24	1397	Sofia Martins	tá muito lento	Senior Feminino	03:15:22	+01:08:27	10:17
25	1129	Renata Almeida	Individual	Senior Feminino	03:15:45	+01:08:50	10:18
26	1403	Claudia Sofia Torres Fernandes ramos	TocKandar	Senior Feminino	03:16:42	+01:09:47	10:21
27	1127	Maria Rosa	Individual	Senior Feminino	03:16:43	+01:09:48	10:21
28	1130	Rosa Leal	Individual	Senior Feminino	03:17:58	+01:11:03	10:25
29	1131	Sara braga	Individual	Senior Feminino	03:20:02	+01:13:07	10:32
30	1125	Margarida Vieira de Campos Brás	Individual	Senior Feminino	03:20:31	+01:13:36	10:33
31	1108	Cátia Monteiro	Individual	Senior Feminino	03:21:04	+01:14:09	10:35
32	1027	Ester Soares	Bit Runners	Senior Feminino	03:27:13	+01:20:18	10:54
33	1121	Joana Pereira	Individual	Senior Feminino	03:29:00	+01:22:05	11:00
34	1118	Isabel Lobo	Individual	Senior Feminino	03:32:30	+01:25:35	11:11
35	1122	Joana Silva	Individual	Senior Feminino	03:33:14	+01:26:19	11:13
36	1135	Vanessa Sofia Carneiro Pereira	Individual	Senior Feminino	03:34:18	+01:27:23	11:17
37	1109	Cláudia Novais	Individual	Senior Feminino	03:34:50	+01:27:55	11:18
38	1329	Eva Moreira	NOCTURNOS DE PAREDES	Senior Feminino	03:36:25	+01:29:30	11:23

Trail Curto

19 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

39	1071	Georgina Raquel Rodrigues dos Santos	Estafermos	Senior Feminino	03:37:11	+01:30:16	11:26
40	1072	Oriana Ana Ferraz Moreira	Estafermos	Senior Feminino	03:37:11	+01:30:16	11:26
41	1002	Sónia Bastos	A.D.Amarante trail running	Senior Feminino	03:37:36	+01:30:41	11:27
42	1126	Maria Arezes	Individual	Senior Feminino	03:39:40	+01:32:45	11:34
43	1419	Ana Duarte	Verdes	Senior Feminino	03:39:57	+01:33:02	11:35
44	1022	Elisete Arantes	As Gazelas	Senior Feminino	03:40:25	+01:33:30	11:36
45	1023	Renata Ramos	As Gazelas	Senior Feminino	03:40:25	+01:33:30	11:36
46	1117	Helena isabel Lírio	Individual	Senior Feminino	03:42:48	+01:35:53	11:44
47	1361	Joana Amorim	Outsiders running trail team	Senior Feminino	03:45:09	+01:38:14	11:51
48	1362	Marta Duarte	Outsiders running trail team	Senior Feminino	03:45:09	+01:38:14	11:51
49	1037	Joana Cerejo	Black & Becker	Senior Feminino	03:49:56	+01:43:01	12:06
50	1128	Mile Machado	Individual	Senior Feminino	03:56:33	+01:49:38	12:27
51	1430	Agnes Waerden	Individual	Senior Feminino	04:08:12	+02:01:17	13:04
52	1375	Ivania Monteiro	Run4Wellness	Senior Feminino	04:36:13	+02:29:18	14:32
53	1374	Catia Leite	Run4Wellness	Senior Feminino	04:36:13	+02:29:18	14:32
54	1062	Juliana Lemos	É AGORA! CDS	Senior Feminino	04:54:21	+02:47:26	15:30
55	1064	Sandra Lemos	É AGORA! CDS	Senior Feminino	04:54:31	+02:47:36	15:30
56	1279	Filipa Machado	Individual	Senior Feminino	04:54:33	+02:47:38	15:30

Senior Masculino

1	1426	Bruno Jesus	Individual	Senior Masculino	01:40:44		05:18
2	1401	Marcelo Pinho Araújo	Team Trail 3pros15	Senior Masculino	01:42:13	+01:29	05:23
3	1156	Cristiano José Moreira dos Santos	Individual	Senior Masculino	01:48:15	+07:31	05:42
4	1402	Nuno Roberto Faria	Team Trail 3pros15	Senior Masculino	01:49:50	+09:06	05:47
5	1050	ROGERIO SOARES	CASA DAS REPARAÇÕES	Senior Masculino	01:50:09	+09:25	05:48
6	1054	Nuno lemos	Clube Atletismo Fafe	Senior Masculino	01:50:15	+09:31	05:48
7	1080	Ricardo Miguel Magalhães Nunes	Fridão Sem Limites	Senior Masculino	01:51:04	+10:20	05:51
8	1079	Álvaro Gabriel Vasconcelos da Silva Moreira	Fridão Sem Limites	Senior Masculino	01:51:04	+10:20	05:51
9	1325	Sérgio Silva	MSS CONTABILIDADE	Senior Masculino	01:52:34	+11:50	05:55
10	1148	carlos carvalho	Individual	Senior Masculino	01:53:08	+12:24	05:57
11	1383	Pedro Barros	S4L FACTOR X MEDENSE FC	Senior Masculino	01:53:42	+12:58	05:59
12	53	Adão Paulo Teixeira Monteiro	Fridão Sem Limites	Senior Masculino	01:54:06	+13:22	06:00
13	1216	Ricardo Ferreira	Individual	Senior Masculino	01:56:37	+15:53	06:08
14	1215	Ricardo Ferreira	Individual	Senior Masculino	01:57:21	+16:37	06:11
15	1139	Andre Fernando Novais Oliveira	Individual	Senior Masculino	01:58:02	+17:18	06:13
16	1138	Adérito Santos Silva	Individual	Senior Masculino	02:00:33	+19:49	06:21
17	1157	Daniel Alexandre Machado	Individual	Senior Masculino	02:02:23	+21:39	06:26
18	1410	João Oliveira	Trinca Orelhas de Gato	Senior Masculino	02:03:22	+22:38	06:30
19	1311	João Filipe Ferreira Leite	Mexilhão da Montanha	Senior Masculino	02:03:23	+22:39	06:30
20	1335	Sérgio Vale	NOCTURNOS DE PAREDES	Senior Masculino	02:03:33	+22:49	06:30
21	1177	Joao Luis Teixeira de Queiros	Individual	Senior Masculino	02:03:54	+23:10	06:31
22	1167	Filipe Rocha	Individual	Senior Masculino	02:03:57	+23:13	06:31
23	1061	Nuno Salvador	Dão Nelas Runners	Senior Masculino	02:04:07	+23:23	06:32
24	1212	Ricardo Castro	Individual	Senior Masculino	02:04:39	+23:55	06:34

Trail Curto

19 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

25	1024	Nélson Gomes	Bifase - Material Eletrico	Senior Masculino	02:05:01	+24:17	06:35
26	1145	Bruno Pinto	Individual	Senior Masculino	02:05:12	+24:28	06:35
27	1324	Ibraim Sousa	MSS CONTABILIDADE	Senior Masculino	02:05:34	+24:50	06:37
28	1172	Hélder Rafael Machado da Cunha	Individual	Senior Masculino	02:06:25	+25:41	06:39
29	1205	Paulo Sarmento	Individual	Senior Masculino	02:06:32	+25:48	06:40
30	1352	Ivo Dias	Oralklass - Amigos Do Trail	Senior Masculino	02:10:58	+30:14	06:54
31	1176	João Edmundo Alexandre	Individual	Senior Masculino	02:11:17	+30:33	06:55
32	1046	DANIEL PACHECO	CASA DAS REPARAÇÕES	Senior Masculino	02:11:22	+30:38	06:55
33	1004	Pedro Vieira	A.D.Sebolido Trail Boneca D`Ouro	Senior Masculino	02:12:59	+32:15	07:00
34	1186	marcio barreto	Individual	Senior Masculino	02:14:13	+33:29	07:04
35	1162	David Camelo	Individual	Senior Masculino	02:14:23	+33:39	07:04
36	1322	Rui Miguel Sousa	Mountain Runners	Senior Masculino	02:15:15	+34:31	07:07
37	1321	Paulo Silva	Mountain Runners	Senior Masculino	02:15:15	+34:31	07:07
38	1011	António rochs	Ana Soraia ferreira	Senior Masculino	02:16:37	+35:53	07:11
39	1095	Rui José Silva Carvalho	Gaz(n)elas	Senior Masculino	02:17:11	+36:27	07:13
40	1147	Carlos andre ferreira da rocha	Individual	Senior Masculino	02:17:16	+36:32	07:13
41	1319	Antonio Silva	Mountain Runners	Senior Masculino	02:17:17	+36:33	07:14
42	1092	Micael Gonçalves	Gaz(n)elas	Senior Masculino	02:17:48	+37:04	07:15
43	1175	Jacinto Jorge Lopes de Sousa	Individual	Senior Masculino	02:18:25	+37:41	07:17
44	1412	Vicente Sousa	Trinca Orelhas de Gato	Senior Masculino	02:19:25	+38:41	07:20
45	1218	Rogério de Almeida Pacheco	Individual	Senior Masculino	02:19:31	+38:47	07:21
46	1173	Hugo Alexandre Alves	Individual	Senior Masculino	02:19:31	+38:47	07:21
47	1387	Sérgio Barbosa	Sexy mind's	Senior Masculino	02:19:45	+39:01	07:21
48	1332	José Correia	NOCTURNOS DE PAREDES	Senior Masculino	02:21:23	+40:39	07:26
49	1310	Jorge Pinheiro	LEROY MERLIN TRAIL TEAM	Senior Masculino	02:22:22	+41:38	07:30
50	1404	José Augusto Ribeiro da Silva	TocKandar	Senior Masculino	02:23:19	+42:35	07:33
51	1179	JOÃO ROCHA	Individual	Senior Masculino	02:23:49	+43:05	07:34
52	1168	Filipe Teixeira	Individual	Senior Masculino	02:23:50	+43:06	07:34
53	1017	Marco Mendes	Andatrilhos | Freamunde	Senior Masculino	02:25:06	+44:22	07:38
54	1323	Rui Rodrigues	Mountain Runners	Senior Masculino	02:25:12	+44:28	07:39
55	1333	Pedro Barbosa	NOCTURNOS DE PAREDES	Senior Masculino	02:25:55	+45:11	07:41
56	1227	Tiago Mota	Individual	Senior Masculino	02:26:27	+45:43	07:42
57	1155	Cláudio Manuel Pereira Tavares	Individual	Senior Masculino	02:27:00	+46:16	07:44
58	1386	Luciano Machado	Sexy mind's	Senior Masculino	02:27:51	+47:07	07:47
59	1008	Rui Fernandes	Alive Runners	Senior Masculino	02:28:15	+47:31	07:48
60	1100	António Grácio	Happy Runners	Senior Masculino	02:28:28	+47:44	07:49
61	1180	Jorge Carneiro	Individual	Senior Masculino	02:29:37	+48:53	07:52
62	1087	TOMÉ MARQUES	FUGITIVOS URBANOS - CLÍNICA + SAÚDE	Senior Masculino	02:31:12	+50:28	07:57
63	1211	Renato carneiro	Individual	Senior Masculino	02:31:45	+51:01	07:59
64	1225	Tiago dos Santos Costa	Individual	Senior Masculino	02:31:50	+51:06	07:59
65	1199	Nuno Fernandes	Individual	Senior Masculino	02:32:32	+51:48	08:02
66	1313	Carlos Goncalves	Moinhos Run - ADRM	Senior Masculino	02:32:33	+51:49	08:02
67	1182	Jorge Garcia	Individual	Senior Masculino	02:32:51	+52:07	08:03
68	1003	Nuno Moura	A.D.Amarante trail running	Senior Masculino	02:34:03	+53:19	08:06
69	1230	Vitor Manuel Oliveira Coelho	Individual	Senior Masculino	02:34:23	+53:39	08:08
70	1044	Daniel Barbosa	BTT Alegria // TUBANI	Senior Masculino	02:34:33	+53:49	08:08

Trail Curto

19 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

71	1043	Carlos Vieira	BTT Alegria // TUBANI	Senior Masculino	02:34:34	+53:50	08:08
72	1086	SÉRGIO SILVA	FUGITIVOS URBANOS - CLÍNICA + SAÚDE	Senior Masculino	02:34:36	+53:52	08:08
73	1409	Carlos Silva	Trinca Orelhas de Gato	Senior Masculino	02:34:46	+54:02	08:09
74	1371	Nelson Machado	Profisio Team	Senior Masculino	02:34:56	+54:12	08:09
75	1084	HUGO OLIVEIRA	FUGITIVOS URBANOS - CLÍNICA + SAÚDE	Senior Masculino	02:35:16	+54:32	08:10
76	1089	Nuno Ganhao	Gang do quintal	Senior Masculino	02:35:36	+54:52	08:11
77	1171	Hélder Moreira	Individual	Senior Masculino	02:35:36	+54:52	08:11
78	1188	Márcio Filipe Gonçalves Castro	Individual	Senior Masculino	02:35:59	+55:15	08:13
79	1174	Hugo Machado	Individual	Senior Masculino	02:36:35	+55:51	08:14
80	1214	Ricardo Fernandes	Individual	Senior Masculino	02:36:38	+55:54	08:15
81	1146	Bruno rocha	Individual	Senior Masculino	02:36:41	+55:57	08:15
82	1158	Daniel Faria	Individual	Senior Masculino	02:37:12	+56:28	08:16
83	1096	Paulo Henriques	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:39:19	+58:35	08:23
84	1066	Pedro Ribeiro	eles estão à rasca	Senior Masculino	02:39:41	+58:57	08:24
85	1091	José Oliveira	Gaz(n)elas	Senior Masculino	02:39:52	+59:08	08:25
86	1411	Luis Morata	Trinca Orelhas de Gato	Senior Masculino	02:40:27	+59:43	08:27
87	1070	João Moura	EM'Força	Senior Masculino	02:41:31	+01:00:47	08:30
88	1170	Helder Marques	Individual	Senior Masculino	02:42:28	+01:01:44	08:33
89	1393	Diogo Silva	soplabifana	Senior Masculino	02:42:56	+01:02:12	08:35
90	1191	Mário Estêvão	Individual	Senior Masculino	02:43:46	+01:03:02	08:37
91	1378	Rui Ferreira	Run4Wellness	Senior Masculino	02:43:47	+01:03:03	08:37
92	1377	Ricardo Ribeiro	Run4Wellness	Senior Masculino	02:43:48	+01:03:04	08:37
93	1331	Hugo Neto	NOCTURNOS DE PAREDES	Senior Masculino	02:45:07	+01:04:23	08:41
94	1334	Tiago Moreira	NOCTURNOS DE PAREDES	Senior Masculino	02:45:07	+01:04:23	08:41
95	1140	André Filipe Silva	Individual	Senior Masculino	02:45:08	+01:04:24	08:41
96	1142	António Santos	Individual	Senior Masculino	02:45:08	+01:04:24	08:41
97	1224	Tiago Dias	Individual	Senior Masculino	02:45:15	+01:04:31	08:42
98	1059	Paulo Filipe Nunes	Copo Cheio Athletics	Senior Masculino	02:45:29	+01:04:45	08:43
99	1060	Ricardo Rocha	Copo Cheio Athletics	Senior Masculino	02:45:29	+01:04:45	08:43
100	1213	Ricardo Dias	Individual	Senior Masculino	02:46:11	+01:05:27	08:45
101	1373	Rui Rebelo	Run4all	Senior Masculino	02:46:13	+01:05:29	08:45
102	1406	Pedro Pinto de Almeida	TocKandar	Senior Masculino	02:46:21	+01:05:37	08:45
103	1405	Nuno Tiago Ribeiro Botelho Lamego	TocKandar	Senior Masculino	02:46:23	+01:05:39	08:45
104	1226	Tiago Ferreira	Individual	Senior Masculino	02:47:00	+01:06:16	08:47
105	1192	Mário Rui Vieira Rodrigues	Individual	Senior Masculino	02:47:00	+01:06:16	08:47
106	1208	Pedro Mendes	Individual	Senior Masculino	02:47:15	+01:06:31	08:48
107	1048	NUNO PEREIRA	CASA DAS REPARAÇÕES	Senior Masculino	02:47:23	+01:06:39	08:49
108	1090	João Soares	Gaz(n)elas	Senior Masculino	02:47:54	+01:07:10	08:50
109	1076	Tiago Ribeiro	Foge Foge Bandido	Senior Masculino	02:48:17	+01:07:33	08:51
110	1014	Carlos Leal	Andatrilhos | Freamunde	Senior Masculino	02:48:40	+01:07:56	08:53
111	1049	PAULO MACHADO	CASA DAS REPARAÇÕES	Senior Masculino	02:49:00	+01:08:16	08:54
112	1181	Jorge Fernandes	Individual	Senior Masculino	02:51:22	+01:10:38	09:01
113	1152	Carlos Manuel Almeida da Silva	Individual	Senior Masculino	02:52:11	+01:11:27	09:04
114	1418	Sérgio Dinis	USF-TS	Senior Masculino	02:54:14	+01:13:30	09:10
115	1399	Luís Barbosa	Team Sede de Paredes	Senior Masculino	02:54:40	+01:13:56	09:12

Trail Curto

19 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

116	1398	João Moreira	Team Sede de Paredes	Senior Masculino	02:54:40	+01:13:56	09:12
117	1088	Filipe Pinto	Gang do quintal	Senior Masculino	02:57:22	+01:16:38	09:20
118	1210	Pedro Rodrigues	Individual	Senior Masculino	02:57:23	+01:16:39	09:20
119	1141	Antonio Luis Rocha Santos Correia Peixoto	Individual	Senior Masculino	02:58:47	+01:18:03	09:25
120	1166	FERNANDO JOAQUIM BARBOSA NETO	Individual	Senior Masculino	03:01:30	+01:20:46	09:33
121	1369	Américo Botelho	Pink Floyd	Senior Masculino	03:02:20	+01:21:36	09:36
122	1153	Carlos Manuel Macedo da Silva	Individual	Senior Masculino	03:03:09	+01:22:25	09:38
123	1190	Marco André de Sousa Pinto	Sem Destino	Senior Masculino	03:03:28	+01:22:44	09:39
124	1143	Bruno Miguel Coelho Peixoto	Sem Destino	Senior Masculino	03:03:28	+01:22:44	09:39
125	1219	Rui Filipe Gonçalves Sousa Lopes Pereira	Individual	Senior Masculino	03:03:34	+01:22:50	09:40
126	1159	Daniel Macedo	Sem Destino	Senior Masculino	03:03:48	+01:23:04	09:40
127	1203	Paulo Alexandre Oliveira Soares	Individual	Senior Masculino	03:04:21	+01:23:37	09:42
128	1178	Joao Miguel Fernandes	Individual	Senior Masculino	03:04:52	+01:24:08	09:44
129	1425	Hugo Maciel	Individual	Senior Masculino	03:06:01	+01:25:17	09:47
130	1187	Márcio Ferreira	Individual	Senior Masculino	03:06:11	+01:25:27	09:48
131	1184	José Luís Pereira da Rocha	Individual	Senior Masculino	03:06:52	+01:26:08	09:50
132	1094	Miguel Vieira	Gaz(n)elas	Senior Masculino	03:06:57	+01:26:13	09:50
133	1202	Nuno Teixeira	Individual	Senior Masculino	03:07:38	+01:26:54	09:53
134	1030	Daniel Borda Água	Bit Runners	Senior Masculino	03:08:35	+01:27:51	09:56
135	1356	joão paulo fonseca	os amigos de s.pedro da cova	Senior Masculino	03:08:47	+01:28:03	09:56
136	1193	Miguel Garcia	Individual	Senior Masculino	03:08:57	+01:28:13	09:57
137	1200	Nuno Filipe Carmo Almeida Teixeira	Individual	Senior Masculino	03:09:18	+01:28:34	09:58
138	1031	Francisco Cabrita	Bit Runners	Senior Masculino	03:12:30	+01:31:46	10:08
139	1164	Diogo Vasconcelos	Individual	Senior Masculino	03:13:06	+01:32:22	10:10
140	1169	Gabriel Eduardo Fernandes de Sousa	Sem Destino	Senior Masculino	03:14:43	+01:33:59	10:15
141	1359	Emanuel Alves	OSGORDOS Team	Senior Masculino	03:15:09	+01:34:25	10:16
142	1360	Joel Alves	OSGORDOS Team	Senior Masculino	03:15:10	+01:34:26	10:16
143	1228	Toze Almeida	Individual	Senior Masculino	03:15:45	+01:35:01	10:18
144	1320	César Pumpinho	Mountain Runners	Senior Masculino	03:17:50	+01:37:06	10:25
145	1032	Gustavo Silva	Bit Runners	Senior Masculino	03:18:58	+01:38:14	10:28
146	1034	Ricardo Ribeiro	Bit Runners	Senior Masculino	03:18:59	+01:38:15	10:28
147	1220	Sandro Sousa	Individual	Senior Masculino	03:21:51	+01:41:07	10:37
148	1033	João Almeida	Bit Runners	Senior Masculino	03:27:13	+01:46:29	10:54
149	1194	Nelson Alves de Sousa	Individual	Senior Masculino	03:27:24	+01:46:40	10:55
150	1160	Daniel Oliveira de Almeida	Individual	Senior Masculino	03:31:05	+01:50:21	11:07
151	1195	Nelson Ferreira	Individual	Senior Masculino	03:32:29	+01:51:45	11:11
152	1217	Ricardo Novais	Individual	Senior Masculino	03:34:51	+01:54:07	11:18
153	1365	Vitor Teixeira	PAPATRAILS	Senior Masculino	03:35:14	+01:54:30	11:20
154	1229	Vítor Manuel Costa Rodrigues Morais	Individual	Senior Masculino	03:35:14	+01:54:30	11:20
155	1039	Pedro Tiago Cardoso Vieira	Black & Becker	Senior Masculino	03:37:13	+01:56:29	11:26
156	1154	Celso André Sousa Lops	Individual	Senior Masculino	03:39:44	+01:59:00	11:34
157	1376	João Batista	Run4Wellness	Senior Masculino	03:41:44	+02:01:00	11:40
158	1038	Nuno Domingues	Black & Becker	Senior Masculino	03:49:56	+02:09:12	12:06

Trail Curto

19 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Sub 23 Feminino

1	1007	Cristiana Lagoa	Alive Runners	Sub 23 Feminino	02:46:12		08:45
2	1363	Mafalda Alves	PAPATRAILS	Sub 23 Feminino	03:35:14	+49:02	11:20

Sub 23 Masculino

1	1316	Miguel Xavier Cunha Fernandes	Montanha Clube Trail Running/Efapel	Sub 23 Masculino	02:04:24		06:33
2	1389	Rui Bessa	Sob Efeito Trail	Sub 23 Masculino	02:15:32	+11:08	07:08
3	1016	João Cardoso	Andatrilhos | Freamunde	Sub 23 Masculino	02:15:43	+11:19	07:09
4	1207	Pedro Alves	Individual	Sub 23 Masculino	02:20:51	+16:27	07:25
5	1163	Diogo Nogueira Bessa	Individual	Sub 23 Masculino	02:26:39	+22:15	07:43
6	1388	Pedro Oliveira	Sob Efeito Trail	Sub 23 Masculino	02:33:40	+29:16	08:05
7	1093	Miguel Soares	Gaz(n)elas	Sub 23 Masculino	02:44:06	+39:42	08:38
8	1144	Bruno Mota	Individual	Sub 23 Masculino	03:09:28	+01:05:04	09:58
9	1065	Tiago Mendes	EDV-VIANA TRAIL	Sub 23 Masculino	03:21:47	+01:17:23	10:37

Veterana F40

1	1390	Fátima Coelho	Somos Nós Team	Veterana F40	02:12:06		06:57
2	1306	Suzana Andrade	JOBRA	Veterana F40	02:27:00	+14:54	07:44
3	1018	Eva Carneiro	Andatrilhos | Freamunde	Veterana F40	02:28:30	+16:24	07:49
4	1056	Magda Vieira	Clube Condeixa	Veterana F40	02:32:40	+20:34	08:02
5	1245	Salete Maria Mendes Soares	Individual	Veterana F40	02:36:32	+24:26	08:14
6	1238	Ivone Ferreira	Individual	Veterana F40	02:39:38	+27:32	08:24
7	1338	Mónica Gomes	NOCTURNOS DE PAREDES	Veterana F40	02:45:04	+32:58	08:41
8	1243	Marília Vieira	Individual	Veterana F40	02:46:27	+34:21	08:46
9	1314	Isabel Carvalho	Moinhos Run - ADRM	Veterana F40	02:46:30	+34:24	08:46
10	1391	Minda Coelho	Somos Nós Team	Veterana F40	02:49:04	+36:58	08:54
11	1055	Elza Cordeiro	Clube Condeixa	Veterana F40	02:50:13	+38:07	08:58
12	1246	Susana Maria Sousa Bessa	Individual	Veterana F40	02:58:48	+46:42	09:25
13	1241	Maria Martins	Individual	Veterana F40	02:59:53	+47:47	09:28
14	1366	Ana Alves	PAPATRAILS	Veterana F40	03:00:45	+48:39	09:31
15	1101	Linda Braga	Happy Runners	Veterana F40	03:08:21	+56:15	09:55
16	1234	Cármen ferrei	Individual	Veterana F40	03:22:10	+01:10:04	10:38
17	1384	Maria Carla Moreira Pacheco	Sem limites	Veterana F40	03:23:12	+01:11:06	10:42
18	1336	Carla Almeida	NOCTURNOS DE PAREDES	Veterana F40	03:36:24	+01:24:18	11:23
19	1421	Patrícia Martins	Verdes	Veterana F40	03:39:57	+01:27:51	11:35
20	1420	Cláudia Castro Morais	Verdes	Veterana F40	03:39:57	+01:27:51	11:35
21	1236	Eduarda Maria Vieira Magalhães Freitas	Individual	Veterana F40	03:40:21	+01:28:15	11:36
22	1244	Rosa Soares	Individual	Veterana F40	03:42:46	+01:30:40	11:43
23	1237	Elisabete Alves Nogueira	Individual	Veterana F40	03:42:46	+01:30:40	11:43
24	1427	Paula Maria Vieira	Individual	Veterana F40	03:49:18	+01:37:12	12:04
25	1232	Ana Cristina Bessa Ferreira	Individual	Veterana F40	04:20:32	+02:08:26	13:43

Trail Curto

19 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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26	1339	Paula Carvalho	NOCTURNOS DE PAREDES	Veterana F40	04:54:46	+02:42:40	15:31

Veterana F50

1	1337	Graça Ribeiro	NOCTURNOS DE PAREDES	Veterana F50	02:51:35		09:02
2	1417	Cristina Meireles	Umelga Runners	Veterana F50	03:04:21	+12:46	09:42
3	1380	Maria Lucinda Barbosa Moreira	S.luiz	Veterana F50	03:13:50	+22:15	10:12
4	1235	Edith Gurgel	Individual	Veterana F50	04:12:07	+01:20:32	13:16
5	1240	Leninha Rocha	Individual	Veterana F50	04:54:32	+02:02:57	15:30

Veterano M40

1	1098	José Paulo Ribeiro	GONDOMAR FUTSAL CLUBE	Veterano M40	01:47:05		05:38
2	1349	Sérgio Durães	NOCTURNOS DE PAREDES	Veterano M40	01:49:22	+02:17	05:45
3	1284	luis fonseca	Individual	Veterano M40	01:49:52	+02:47	05:47
4	1303	Sérgio Lourenço	Individual	Veterano M40	01:58:05	+11:00	06:13
5	1005	Carlos Silva	ALIANÇA DE GANDRA	Veterano M40	01:58:24	+11:19	06:14
6	1006	Leonel Neves	ALIANÇA DE GANDRA	Veterano M40	01:58:25	+11:20	06:14
7	1281	José Ribeiro	Individual	Veterano M40	02:02:00	+14:55	06:25
8	1317	Luis vilela	Montanha Clube Trail Running/Efapel	Veterano M40	02:04:26	+17:21	06:33
9	1413	Fernando Pereira	Trinca Orelhas de Gato	Veterano M40	02:06:38	+19:33	06:40
10	1261	Carlos Raposa	Individual	Veterano M40	02:06:48	+19:43	06:40
11	1353	José Costa	Oralklass - Amigos Do Trail	Veterano M40	02:09:57	+22:52	06:50
12	1051	ALEXANDRE BRITO	CASA DAS REPARAÇÕES	Veterano M40	02:11:21	+24:16	06:55
13	1052	ARMANDO MACHADO	CASA DAS REPARAÇÕES	Veterano M40	02:11:21	+24:16	06:55
14	1255	António Malheiro	Individual	Veterano M40	02:12:02	+24:57	06:57
15	1291	MANUEL JOAQUIM DE SOUSA OLIVEIRA	Individual	Veterano M40	02:12:34	+25:29	06:59
16	1026	Joaquim Pinto	Bifase - Material Eletrico	Veterano M40	02:13:10	+26:05	07:01
17	1297	Pedro Martins	Individual	Veterano M40	02:13:17	+26:12	07:01
18	1294	Miguel Leal	Individual	Veterano M40	02:14:43	+27:38	07:05
19	1346	José Moreira Gomes	NOCTURNOS DE PAREDES	Veterano M40	02:15:25	+28:20	07:08
20	1392	Fernando Morais	Somos Nós Team	Veterano M40	02:16:25	+29:20	07:11
21	1250	Alcino Pinto	Individual	Veterano M40	02:16:28	+29:23	07:11
22	1277	José da Rocha Rodrigues	Individual	Veterano M40	02:17:31	+30:26	07:14
23	1019	Daniel Machado Neto	Andatrilhos | Freamunde	Veterano M40	02:18:32	+31:27	07:17
24	1288	Luis Santos	Individual	Veterano M40	02:19:21	+32:16	07:20
25	1348	Rui Almeida	NOCTURNOS DE PAREDES	Veterano M40	02:19:47	+32:42	07:21
26	1327	Victor Azevedo	MSS CONTABILIDADE	Veterano M40	02:20:33	+33:28	07:24
27	1326	Jorge Sousa	MSS CONTABILIDADE	Veterano M40	02:20:54	+33:49	07:25
28	1285	Luis MIguel Alves Sousa	Individual	Veterano M40	02:21:26	+34:21	07:27
29	1415	Pedro Gomes	Trinca Orelhas de Gato	Veterano M40	02:23:09	+36:04	07:32
30	1301	RUI ALVES	Individual	Veterano M40	02:26:45	+39:40	07:43
31	1254	António Gaspar Vieira Moreira	Individual	Veterano M40	02:27:11	+40:06	07:45

Trail Curto

19 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

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32	1355	Carlos Gonçalves	Oralklass - Amigos Do Trail	Veterano M40	02:32:00	+44:55	08:00
33	1354	Bruno Albuquerque	Oralklass - Amigos Do Trail	Veterano M40	02:32:00	+44:55	08:00
34	1276	jorge silva moreira	Individual	Veterano M40	02:32:01	+44:56	08:00
35	1416	Sergio Gomes	Trinca Orelhas de Gato	Veterano M40	02:32:16	+45:11	08:01
36	1020	David Barros	Andatrilhos | Freamunde	Veterano M40	02:32:30	+45:25	08:02
37	1263	Eduardo Nascimento	Individual	Veterano M40	02:37:07	+50:02	08:16
38	1296	Paulo hernani moreira	Individual	Veterano M40	02:38:22	+51:17	08:20
39	1275	jorge moreira	Individual	Veterano M40	02:39:33	+52:28	08:24
40	1300	Ricardo Silva	Individual	Veterano M40	02:40:31	+53:26	08:27
41	1282	JÚLIO AUGUSTO FERREIRA CAMPOS	Individual	Veterano M40	02:40:52	+53:47	08:28
42	1270	João Paulo Gomes leite 22	Individual	Veterano M40	02:41:05	+54:00	08:29
43	1368	Jorge Oliveira	PAREDES AVENTURA	Veterano M40	02:41:31	+54:26	08:30
44	1395	Jorge Almeida	soplabifana	Veterano M40	02:42:56	+55:51	08:35
45	1347	Miguel Moreira	NOCTURNOS DE PAREDES	Veterano M40	02:45:07	+58:02	08:41
46	1414	Miguel Costa	Trinca Orelhas de Gato	Veterano M40	02:46:09	+59:04	08:45
47	1394	Henrique Sousa	soplabifana	Veterano M40	02:47:38	+01:00:33	08:49
48	1283	Luis Ferreira Gomes	Individual	Veterano M40	02:50:36	+01:03:31	08:59
49	1345	João Leite	NOCTURNOS DE PAREDES	Veterano M40	02:51:37	+01:04:32	09:02
50	1367	Jose Alves	PAPATRAILS	Veterano M40	02:51:52	+01:04:47	09:03
51	1292	Manuel Paiva	Individual	Veterano M40	02:51:56	+01:04:51	09:03
52	1266	Fernando Vilarinho	Individual	Veterano M40	02:53:35	+01:06:30	09:08
53	1068	Carlos Maia	eles estão à rasca	Veterano M40	02:53:57	+01:06:52	09:09
54	1074	Ricardo A. Silva Sousa	FFit Gaia Trail	Veterano M40	02:54:58	+01:07:53	09:13
55	1344	Filipe Oliveira	NOCTURNOS DE PAREDES	Veterano M40	02:56:41	+01:09:36	09:18
56	1287	Luis Ribeiro	Individual	Veterano M40	02:57:11	+01:10:06	09:20
57	1269	Hugo Miguel Ferreira Fernandes	Individual	Veterano M40	02:59:53	+01:12:48	09:28
58	1260	Carlos Fagundes	Individual	Veterano M40	03:01:12	+01:14:07	09:32
59	1040	Carlos Barbosa	Black & Becker	Veterano M40	03:01:34	+01:14:29	09:33
60	1299	ricardo milhazes	Individual	Veterano M40	03:05:26	+01:18:21	09:46
61	1042	Rui Pedro da Silva Leite Pereira	Black & Becker	Veterano M40	03:09:07	+01:22:02	09:57
62	1249	Alcídio Figueiredo	Individual	Veterano M40	03:09:17	+01:22:12	09:58
63	1343	Daniel Pereira	NOCTURNOS DE PAREDES	Veterano M40	03:09:28	+01:22:23	09:58
64	1370	Manuel Bastos	Pink Floyd	Veterano M40	03:11:12	+01:24:07	10:04
65	1036	Pedro Troia	Bit Runners	Veterano M40	03:14:15	+01:27:10	10:13
66	1267	Filipe Martinho	Individual	Veterano M40	03:21:04	+01:33:59	10:35
67	1385	José Fernando Ferreira Gonçalves	Sem limites	Veterano M40	03:23:11	+01:36:06	10:42
68	1058	Rui Oliveira	ComDor Runners	Veterano M40	03:34:18	+01:47:13	11:17
69	1268	Filipe Moutinho	Individual	Veterano M40	03:34:33	+01:47:28	11:18
70	1264	Emídio Pereira	Individual	Veterano M40	03:34:35	+01:47:30	11:18
71	1298	Ricardo	Individual	Veterano M40	03:34:36	+01:47:31	11:18
72	1035	Pedro Tavares	Bit Runners	Veterano M40	03:34:36	+01:47:31	11:18
73	1350	Telmo Mota	NOCTURNOS DE PAREDES	Veterano M40	03:36:30	+01:49:25	11:24
74	1422	Pedro Justo	Verdes	Veterano M40	03:39:57	+01:52:52	11:35
75	1069	Carmindo Silva	eles estão à rasca	Veterano M40	03:47:19	+02:00:14	11:58
76	1428	Gilberto Vieira	Individual	Veterano M40	03:49:18	+02:02:13	12:04
77	1067	Augusto Franco	eles estão à rasca	Veterano M40	03:56:33	+02:09:28	12:27

Trail Curto

19 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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78	1341	António Madureira	NOCTURNOS DE PAREDES	Veterano M40	03:57:18	+02:10:13	12:29
79	1252	Álvaro Cairrão	Individual	Veterano M40	04:02:14	+02:15:09	12:45
80	1289	Manuel Fonseca	Individual	Veterano M40	04:02:14	+02:15:09	12:45
81	1429	Tapio Maki	Individual	Veterano M40	04:08:13	+02:21:08	13:04
82	1258	Carlos Alberto Figueiredo Fernandes	Individual	Veterano M40	04:30:59	+02:43:54	14:16

Veterano M50

1	1342	Carlos Vinhas	NOCTURNOS DE PAREDES	Veterano M50	02:02:30		06:27
2	1423	José Fernando Sousa	Individual	Veterano M50	02:08:52	+06:22	06:47
3	1272	Joaquim Gomes	Individual	Veterano M50	02:12:06	+09:36	06:57
4	1247	Agostinho da Silva Rocha	Individual	Veterano M50	02:15:45	+13:15	07:09
5	1304	SILVINO ALBERTO DA SILVA MENDES	Individual	Veterano M50	02:18:43	+16:13	07:18
6	1265	Fernando Eloi dos Santos Sousa	Individual	Veterano M50	02:25:57	+23:27	07:41
7	1273	Joaquim paulo andrade reis	Individual	Veterano M50	02:27:29	+24:59	07:46
8	1256	ANTONIO MIRANDA	Individual	Veterano M50	02:27:51	+25:21	07:47
9	1315	Rui Quinta	Moinhos Run - ADRM	Veterano M50	02:35:17	+32:47	08:10
10	1280	José Manuel Magalhães Moreira	Individual	Veterano M50	02:37:45	+35:15	08:18
11	1010	Joaquim augusto Teixeira Seca	Alto Relevo -Clube de Montanhismo	Veterano M50	02:50:34	+48:04	08:59
12	1286	Luis Pereira	Individual	Veterano M50	03:00:33	+58:03	09:30
13	1340	António Carvalho	NOCTURNOS DE PAREDES	Veterano M50	03:07:19	+01:04:49	09:52
14	1102	José Amaro	Happy Runners	Veterano M50	03:08:22	+01:05:52	09:55
15	1357	serafim fonseca	os amigos de s.pedro da cova	Veterano M50	03:08:47	+01:06:17	09:56
16	1381	Augusto pinto Barbosa	S.luiz	Veterano M50	03:13:50	+01:11:20	10:12
17	1073	Artur Luis dos Santos Teixeira Moreira	Estafermos	Veterano M50	03:18:57	+01:16:27	10:28
18	1271	João Sousa	Individual	Veterano M50	03:31:05	+01:28:35	11:07

COLECTIVACURTO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	Fridão Sem Limites	10 + 11 + 15	36
2	NOCTURNOS DE PAREDES	5 + 25 + 28	58
3	CASA DAS REPARAÇÕES	8 + 47 + 48	103
4	Oralklass - Amigos Do Trail	42 + 44 + 45	131
5	MSS CONTABILIDADE	12 + 37 + 85	134
6	Trinca Orelhas de Gato	26 + 40 + 79	145
7	Mountain Runners	60 + 61 + 72	193
8	Andatrilhos | Freamunde	64 + 76 + 95	235
9	Team Trail 3pros15	2 + 6 + 240	248
10	Gaz(n)elas	70 + 74 + 152	296
11	Somos Nós Team	52 + 67 + 196	315
12	FUGITIVOS URBANOS - CLÍNICA + SAÚDE	113 + 131 + 134	378
13	Moinhos Run - ADRM	123 + 135 + 184	442
14	TocKandar	92 + 181 + 182	455
15	soplabifana	161 + 162 + 189	512
16	Happy Runners	110 + 248 + 249	607
17	PAPATRAILS	204 + 224 + 225	653
18	Run4Wellness	164 + 165 + 329	658
19	eles estão à rasca	151 + 208 + 335	694
20	Sem Destino	232 + 233 + 236	701
21	Bit Runners	229 + 250 + 262	741
22	Black & Becker	228 + 254 + 318	800
23	Estafermos	281 + 316 + 317	914
24	Verdes	322 + 323 + 324	969