

**TRAIL LONGO - STAGE 1**

**25 KM**

**OFFICIAL RESULT**

**R**  
REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:00	17.9°C	45%
End	13:45	24.5°C	46%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1	Fernando Lemos	gaia trail	Senior Masculino	01:52:23		04:30
2	75	Luís Pedro Ferreira de Sousa Martins	gtt-armazém do caffè	Senior Masculino	01:56:22	+03:58	04:39
3	220	Cristiano Santos	individual	Senior Masculino	01:56:27	+04:03	04:39
4	218	Vitor Costa	a d amarante trail running team	Veterano M40	01:57:40	+05:16	04:42
5	59	Pedro Barros	factor x / s4l / medense fc	Senior Masculino	02:00:45	+08:21	04:50
6	142	Nuno Cardoso	individual	Veterano M40	02:01:50	+09:27	04:52
7	46	Victor Correia	edv - viana trail	Veterano M40	02:02:04	+09:40	04:53
8	226	Nuno Nunes	dá-lhe gás	Senior Masculino	02:05:18	+12:54	05:01
9	183	Filipe Carneiro	oralklass-amigos do trail	Senior Masculino	02:05:29	+13:05	05:01
10	6	Filipe Sousa	all about	Senior Masculino	02:08:39	+16:15	05:09
11	196	Miguel Neto	royal wellness center	Senior Masculino	02:08:41	+16:18	05:09
12	144	Paulo cesar ferreira	individual	Veterano M40	02:09:50	+17:26	05:12
13	131	Fernando Taborda (Paraquedista)	individual	Veterano M40	02:11:02	+18:38	05:15
14	175	David Sousa	mss contabilidade trail team	Senior Masculino	02:11:04	+18:40	05:15
15	224	Vitor Pinto	individual	Veterano M40	02:12:29	+20:05	05:18
16	112	Pedro Costa	individual	Senior Masculino	02:12:30	+20:06	05:18
17	25	Filipe Pinto	btt alegria // tubani	Senior Masculino	02:13:40	+21:16	05:21
18	135	Hugo Manuel Gallego Machado Sousa Brito	individual	Veterano M40	02:15:49	+23:25	05:26
19	219	Jose Barros	a d amarante trail running team	Senior Masculino	02:16:17	+23:53	05:27
20	13	Jorge Manuel Barbosa Moreira	amigos do pedal trailagares	Veterano M50	02:16:35	+24:12	05:28
21	132	Francisco Pinheiro	individual	Veterano M40	02:17:15	+24:51	05:29
22	172	António Pinto	mocidade sangemil ac	Senior Masculino	02:17:23	+25:00	05:30
23	60	Gonçalo Reis	factor x / s4l / medense fc	Sub 23 Masculino	02:18:09	+25:45	05:32
24	125	Alfredo da Silva Moreira	individual	Veterano M40	02:19:07	+26:43	05:34
25	195	Leonel Ferreira	royal wellness center	Senior Masculino	02:19:34	+27:10	05:35
26	174	Inês Moreira	moinhos run - adm	Senior Feminino	02:19:43	+27:19	05:35
27	143	Oscar Magolo	individual	Veterano M40	02:20:08	+27:45	05:36
28	65	Ricardo Miguel Magalhães Nunes	fridão sem limites	Senior Masculino	02:20:17	+27:53	05:37
29	214	Pedro Boto	lince runners	Veterano M40	02:20:26	+28:02	05:37
30	227	Ricardo Sampaio	brabus runners	Senior Masculino	02:20:42	+28:18	05:38
31	32	MANUEL SOUSA	c. a. gaienses/toyota	Veterano M50	02:20:51	+28:27	05:38
32	98	Jacinto Sousa	individual	Senior Masculino	02:21:45	+29:21	05:40
33	45	Paula Lage	dr.merino/4moove	Veterana F40	02:21:46	+29:22	05:40
34	212	fausto teixeira	velozes e furiosos	Veterano M40	02:21:47	+29:23	05:40
35	73	Emanuel Costa	gtt-armazém do caffè	Senior Masculino	02:22:48	+30:24	05:43
36	22	Lucia Lourenço	avf team	Senior Feminino	02:23:31	+31:07	05:44
37	147	pereira	individual	Veterano M40	02:25:06	+32:42	05:48
38	222	Rui Araujo	individual	Sub 23 Masculino	02:26:28	+34:04	05:52
39	151	Adriano Matias	individual	Veterano M50	02:26:49	+34:25	05:52





**TRAIL LONGO - STAGE 1**
**25 KM**
**OFFICIAL RESULT**


RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
127	111	Pedro Castro	individual	Senior Masculino	03:10:21	+01:17:57	07:37
128	53	PAULO SILVA	equipa joão ferreira	Veterano M40	03:11:02	+01:18:38	07:39
129	51	CARLOS JORGE	equipa joão ferreira	Veterano M40	03:11:02	+01:18:38	07:39
130	118	VOU SOFRER	individual	Senior Masculino	03:13:14	+01:20:50	07:44
131	191	Rodrigo Pinheiro Aguiar	placido & amigos	Veterano M40	03:13:40	+01:21:16	07:45
132	116	Sergio Miguel Oliveira Campos Alves	individual	Senior Masculino	03:13:43	+01:21:19	07:45
133	149	Rui Teixeira	individual	Veterano M40	03:14:25	+01:22:01	07:47
134	113	Pedro Diegues	individual	Senior Masculino	03:14:55	+01:22:31	07:48
135	86	Andre Gustavo Sousa Costa	individual	Senior Masculino	03:14:55	+01:22:31	07:48
136	138	José Ricardo	individual	Veterano M40	03:16:52	+01:24:28	07:53
137	119	Ana Ricardo	individual	Sub 23 Feminino	03:16:52	+01:24:28	07:53
138	28	Paulo Nunes	btt alegria // tubani	Veterano M40	03:16:53	+01:24:29	07:53
139	2	Wilson Fonseca	10temidos	Veterano M40	03:17:16	+01:24:52	07:53
140	17	Leandro Matos	amigos do trail	Veterano M40	03:18:55	+01:26:31	07:57
141	154	JOAQUIM SANTOS	individual	Veterano M50	03:19:39	+01:27:15	07:59
142	145	Paulo Costa	individual	Veterano M40	03:19:41	+01:27:17	07:59
143	16	Pedro Silva	amigos do trail	Senior Masculino	03:21:51	+01:29:27	08:04
144	186	Lino Moreira	os turbomula	Veterano M60	03:23:37	+01:31:13	08:09
145	159	João Gil	individual	Veterano M60	03:23:38	+01:31:14	08:09
146	61	Américo Guedes	factor x / s4l / medense fc	Veterano M40	03:23:39	+01:31:15	08:09
147	202	Rui Carvalho	ss montepio	Senior Masculino	03:23:42	+01:31:18	08:09
148	18	emidio pontes	amigos s.pedro da cova	Veterano M50	03:24:03	+01:31:40	08:10
149	158	Valdemar Manuel Pinto de Almeida	individual	Veterano M50	03:24:41	+01:32:17	08:11
150	146	Paulo Nuno Barbosa Sampaio	individual	Veterano M40	03:26:08	+01:33:44	08:15
151	206	Hélder Castro	sucupira f.c	Veterano M40	03:26:22	+01:33:58	08:15
152	87	António Rafael	individual	Senior Masculino	03:26:22	+01:33:58	08:15
153	19	paulo fonseca	amigos s.pedro da cova	Veterano M50	03:27:27	+01:35:03	08:18
154	23	Carlos Vieira	btt alegria // tubani	Senior Masculino	03:29:31	+01:37:07	08:23
155	68	Rui Oliveira	gondomar futsal clube	Senior Masculino	03:31:17	+01:38:53	08:27
156	137	José Carlos	individual	Veterano M40	03:31:33	+01:39:09	08:28
157	20	serafim fonseca	amigos s.pedro da cova	Veterano M60	03:31:34	+01:39:11	08:28
158	167	Manuel Alvarino	leões de tardariz trail	Veterano M40	03:33:01	+01:40:37	08:31
159	171	Helder fernando dos santos silva	m & ms	Senior Masculino	03:33:14	+01:40:50	08:32
160	26	Francisco Silva	btt alegria // tubani	Veterano M40	03:37:11	+01:44:47	08:41
161	84	Sónia Alexandra Dias Brás	individual	Senior Feminino	03:38:33	+01:46:09	08:45
162	110	Paulo Pires	individual	Senior Masculino	03:38:59	+01:46:35	08:46
163	134	Helder Silva	individual	Veterano M40	03:38:59	+01:46:35	08:46
164	170	Pedro Bernardes	lion runners - g. d. leões da guarda	Senior Masculino	03:40:45	+01:48:21	08:50
165	169	Ana Isabel Oliveira	lion runners - g. d. leões da guarda	Senior Feminino	03:40:45	+01:48:21	08:50
166	107	Nuno Medeiros	individual	Senior Masculino	03:54:30	+02:02:06	09:23
167	129	Artur Fonseca	individual	Veterano M40	04:00:44	+02:08:20	09:38
168	100	Joao Pedro Ferreira Barbosa Leão	individual	Senior Masculino	04:00:47	+02:08:23	09:38
169	124	Sónia Pereira	individual	Veterana F40	04:03:27	+02:11:03	09:44

**TRAIL LONGO - STAGE 1**

**25 KM**

**R**  
REVISED

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

<b>RANK</b>	<b>BIB</b>	<b>NAME</b>	<b>TEAM</b>	<b>CAT</b>	<b>RESULT</b>	<b>DIFF</b>	<b>↑/KM</b>
170	217	Nuno Jaime	individual	Veterano M40	04:03:32	+02:11:08	09:45
171	216	Mara Freitas	oralklass-amigos do trail	Senior Feminino	04:07:27	+02:15:03	09:54
172	40	Delfim Costa	costas	Senior Masculino	04:09:08	+02:16:44	09:58
173	198	Francisco Gomes	shots internacional runners	Veterano M40	04:09:15	+02:16:51	09:58
174	153	Fernando Jorge Rocha Gonçalves	individual	Veterano M50	04:28:05	+02:35:41	10:43
175	79	Angela Maria Cruz Simões	individual	Senior Feminino	04:28:05	+02:35:41	10:43
176	38	Maria da Luz Olivença	comdor runners	Veterana F50	04:29:09	+02:36:45	10:46
177	39	Rui Oliveira	comdor runners	Veterano M40	04:29:09	+02:36:46	10:46
178	43	José Machado	costas	Veterano M60	04:35:33	+02:43:09	11:01
179	41	Helder Maio	costas	Senior Masculino	04:35:34	+02:43:10	11:01
180	5	Filipe Medeiros	all about	Senior Masculino	04:44:28	+02:52:04	11:23
181	8	Paula Santos	all about	Veterana F40	04:44:29	+02:52:05	11:23



Trail Longo

25 KM

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

22	74	Jorge Borges	GTT-armazém do caffè	Senior Masculino	02:30:42	+38:18	06:02
23	105	Marco Silva Pinheiro Vasconcelos	Individual	Senior Masculino	02:30:55	+38:31	06:02
24	185	Joel Ferreira	os aventureiros	Senior Masculino	02:31:03	+38:39	06:03
25	64	José Conceição	Fridão Sem Limites	Senior Masculino	02:32:53	+40:29	06:07
26	109	Paulo Cardoso	Individual	Senior Masculino	02:34:48	+42:24	06:12
27	99	João Miguel Figueiredo	Individual	Senior Masculino	02:36:05	+43:41	06:15
28	47	José Cruz	El Team Trail	Senior Masculino	02:37:59	+45:35	06:19
29	90	Bruno Ramiro	Individual	Senior Masculino	02:43:05	+50:41	06:31
30	103	jose lopes	Individual	Senior Masculino	02:43:56	+51:32	06:33
31	199	Rui Bessa	Sob Efeito Trail	Senior Masculino	02:44:02	+51:38	06:34
32	91	Carlos azevedo	Individual	Senior Masculino	02:44:31	+52:07	06:35
33	201	Emanuel Almeida	SS MONTEPIO	Senior Masculino	02:45:34	+53:10	06:37
34	48	Ricardo Carvalho	El Team Trail	Senior Masculino	02:48:47	+56:23	06:45
35	96	Gilberto Viana	Individual	Senior Masculino	02:48:47	+56:23	06:45
36	210	Ricardo Maia	TEAM LANTEMIL	Senior Masculino	02:48:58	+56:34	06:46
37	208	Marco Filipe da Silva Moreira	TEAM LANTEMIL	Senior Masculino	02:48:59	+56:35	06:46
38	4	Bruno Moura	All About	Senior Masculino	02:49:06	+56:42	06:46
39	35	Filipe Nunes	Cfa Spartans	Senior Masculino	02:54:54	+01:02:30	07:00
40	88	Bruno Filipe Jesus Pinto Loureiro	Individual	Senior Masculino	02:55:35	+01:03:11	07:01
41	97	Helder Moreira	Individual	Senior Masculino	02:55:35	+01:03:11	07:01
42	193	Rui Carneiro	Quase não vinhamos	Senior Masculino	02:56:07	+01:03:43	07:03
43	106	Nuno José da Cruz	Individual	Senior Masculino	02:56:08	+01:03:44	07:03
44	225	Simao Sousa	BTT Alegria // TUBANI	Senior Masculino	02:57:54	+01:05:30	07:07
45	15	João Silva	AMIGOS DO TRAIL	Senior Masculino	02:58:44	+01:06:21	07:09
46	117	viktor teixeira	Individual	Senior Masculino	03:04:46	+01:12:22	07:23
47	209	Pedro Miguel Santos Gomes	TEAM LANTEMIL	Senior Masculino	03:06:40	+01:14:16	07:28
48	24	Daniel Barbosa	BTT Alegria // TUBANI	Senior Masculino	03:09:04	+01:16:40	07:34
49	111	Pedro Castro	Individual	Senior Masculino	03:10:21	+01:17:57	07:37
50	118	VOU SOFRER	Individual	Senior Masculino	03:13:14	+01:20:50	07:44
51	116	Sergio Miguel Oliveira Campos Alves	Individual	Senior Masculino	03:13:43	+01:21:19	07:45
52	113	Pedro Diegues	Individual	Senior Masculino	03:14:55	+01:22:31	07:48
53	86	Andre Gustavo Sousa Costa	Individual	Senior Masculino	03:14:55	+01:22:31	07:48
54	16	Pedro Silva	AMIGOS DO TRAIL	Senior Masculino	03:21:51	+01:29:27	08:04
55	202	Rui Carvalho	SS MONTEPIO	Senior Masculino	03:23:42	+01:31:18	08:09
56	87	António Rafael	Individual	Senior Masculino	03:26:22	+01:33:58	08:15
57	23	Carlos Vieira	BTT Alegria // TUBANI	Senior Masculino	03:29:31	+01:37:07	08:23
58	68	Rui Oliveira	GONDOMAR FUTSAL CLUBE	Senior Masculino	03:31:17	+01:38:53	08:27
59	171	Helder fernando dos santos silva	M & Ms	Senior Masculino	03:33:14	+01:40:50	08:32
60	110	Paulo Pires	Individual	Senior Masculino	03:38:59	+01:46:35	08:46
61	170	Pedro Bernardes	LION RUNNERS - G. D. Leões da Guarda	Senior Masculino	03:40:45	+01:48:21	08:50
62	107	Nuno Medeiros	Individual	Senior Masculino	03:54:30	+02:02:06	09:23
63	100	Joao Pedro Ferreira Barbosa Leão	Individual	Senior Masculino	04:00:47	+02:08:23	09:38
64	40	Delfim Costa	Costas	Senior Masculino	04:09:08	+02:16:44	09:58
65	41	Helder Maio	Costas	Senior Masculino	04:35:34	+02:43:10	11:01
66	5	Filipe Medeiros	All About	Senior Masculino	04:44:28	+02:52:04	11:23

Official Timekeeper: Lap2Go	2 / 5	generate 06-Nov-2017 11:22
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## Trail Longo

25 KM

OFFICIAL RESULT

**R**  
REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### Sub 23 Feminino

1	121	Renata Simões Vinagre	Individual	Sub 23 Feminino	02:34:55	+42:31	06:12
2	120	Gabriela Fonseca	Individual	Sub 23 Feminino	03:10:11	+01:17:47	07:36
3	119	Ana Ricardo	Individual	Sub 23 Feminino	03:16:52	+01:24:28	07:53

### Sub 23 Masculino

1	60	Gonçalo Reis	Factor X / S4L / Medense FC	Sub 23 Masculino	02:18:09	+25:45	05:32
2	222	Rui Araujo	Individual	Sub 23 Masculino	02:26:28	+34:04	05:52
3	123	Telmo Urceira	Individual	Sub 23 Masculino	03:08:58	+01:16:34	07:34

### Veterana F40

1	45	Paula Lage	Dr.Merino/4Moove	Veterana F40	02:21:46	+29:22	05:40
2	211	Elisabete Santos	TEAM LANTEMIL	Veterana F40	02:29:13	+36:49	05:58
3	200	Fatima Coelho	Somos Nós Team	Veterana F40	02:35:09	+42:45	06:12
4	29	Ana Dias	BUDEGUITA RUNNERS	Veterana F40	03:02:00	+01:09:36	07:17
5	10	SUSANA PATRICIA NUNES PINTO	AMIGOS DA PÍCUA	Veterana F40	03:06:56	+01:14:32	07:29
6	124	Sónia Pereira	Individual	Veterana F40	04:03:27	+02:11:03	09:44
7	8	Paula Santos	All About	Veterana F40	04:44:29	+02:52:05	11:23

### Veterana F50

1	38	Maria da Luz Olivença	Comdor Runners	Veterana F50	04:29:09	+02:36:45	10:46
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### Veterano M40

1	218	Vitor Costa	A D AMARANTE trail running team	Veterano M40	01:57:40	+05:16	04:42
2	142	Nuno Cardoso	Individual	Veterano M40	02:01:50	+09:27	04:52
3	46	Victor Correia	EDV - Viana Trail	Veterano M40	02:02:04	+09:40	04:53
4	144	Paulo cesar ferreira	Individual	Veterano M40	02:09:50	+17:26	05:12
5	131	Fernando Taborda (Paraquedista)	Individual	Veterano M40	02:11:02	+18:38	05:15
6	224	Vitor Pinto	Individual	Veterano M40	02:12:29	+20:05	05:18
7	135	Hugo Manuel Gallego Machado Sousa Brito	Individual	Veterano M40	02:15:49	+23:25	05:26
8	132	Francisco Pinheiro	Individual	Veterano M40	02:17:15	+24:51	05:29
9	125	Alfredo da Silva Moreira	Individual	Veterano M40	02:19:07	+26:43	05:34
10	143	Oscar Magolo	Individual	Veterano M40	02:20:08	+27:45	05:36
11	214	Pedro Boto	Lince Runners	Veterano M40	02:20:26	+28:02	05:37
12	212	fausto teixeira	velozes e furiosos	Veterano M40	02:21:47	+29:23	05:40
13	147	pereira	Individual	Veterano M40	02:25:06	+32:42	05:48
14	69	José Paulo Ribeiro	GONDOMAR FUTSAL CLUBE	Veterano M40	02:27:17	+34:53	05:54



**Trail Longo****25 KM****R**  
REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

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15	197	Lucas Morgado	Royal Wellness Center	Veterano M40	02:29:18	+36:54	05:58
16	136	Jose	Individual	Veterano M40	02:31:13	+38:49	06:03
17	62	Miguel Moura	Factor X / S4L / Medense FC	Veterano M40	02:31:23	+38:59	06:03
18	140	Luis Ribeiro	Individual	Veterano M40	02:32:42	+40:18	06:07
19	50	Joaquim Coelho	El Team Trail	Veterano M40	02:33:37	+41:14	06:09
20	150	Sérgio Ferreira	Individual	Veterano M40	02:33:52	+41:28	06:09
21	178	Jose Gomes	NOCTURNOS DE PAREDES	Veterano M40	02:35:55	+43:31	06:14
22	133	Gilberto Mariz	Individual	Veterano M40	02:36:01	+43:37	06:14
23	52	FRANCISCO FONSECA	EQUIPA JOÃO FERREIRA	Veterano M40	02:36:07	+43:43	06:15
24	215	Helder Silva	Dental Doctors	Veterano M40	02:36:21	+43:57	06:15
25	21	Carlos Couto	ARCORUN	Veterano M40	02:41:47	+49:23	06:28
26	127	António Alves	Individual	Veterano M40	02:43:27	+51:03	06:32
27	168	Vitor Santos	Leões de Tardariz Trail	Veterano M40	02:44:01	+51:37	06:34
28	76	Vitor Campos	GTT-armazém do caffè	Veterano M40	02:44:05	+51:41	06:34
29	176	Carlos Duarte	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	02:44:58	+52:34	06:36
30	139	Luis Miguel Alves de Freitas Ribeiro	Individual	Veterano M40	02:45:37	+53:13	06:37
31	141	Nelson Santos	Individual	Veterano M40	02:46:15	+53:51	06:39
32	190	Pedro Pratas	PAREDES AVENTURA	Veterano M40	02:46:15	+53:51	06:39
33	128	Armando Rocha	Individual	Veterano M40	02:48:00	+55:36	06:43
34	130	De Gonçalves	Individual	Veterano M40	02:51:18	+58:54	06:51
35	189	NELSON DUARTE	Outsiders trail team	Veterano M40	02:55:29	+01:03:06	07:01
36	70	Paulo Gama	GONDOMAR FUTSAL CLUBE	Veterano M40	02:56:49	+01:04:25	07:04
37	177	Francisco Silva	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	03:01:08	+01:08:45	07:15
38	31	Tiago Almeida	BUDEGUITA RUNNERS	Veterano M40	03:02:00	+01:09:36	07:17
39	203	Francisco Moreira	SS MONTEPIO	Veterano M40	03:04:52	+01:12:28	07:24
40	207	Sergio Paulo da Costa Cunha	Sucupira F.c	Veterano M40	03:04:53	+01:12:29	07:24
41	126	André Figueiredo	Individual	Veterano M40	03:06:19	+01:13:55	07:27
42	11	PAULO NASCIMENTO RIBEIRO MARTINS	AMIGOS DA PÍCUA	Veterano M40	03:06:56	+01:14:32	07:29
43	49	Filipe Escobar	El Team Trail	Veterano M40	03:07:01	+01:14:37	07:29
44	148	Ricardo Lopes	Individual	Veterano M40	03:07:03	+01:14:39	07:29
45	205	Helder Alexandre Gomes Monteiro	Sucupira F.c	Veterano M40	03:08:04	+01:15:41	07:31
46	27	Joaquim Soares	BTT Alegria // TUBANI	Veterano M40	03:09:04	+01:16:40	07:34
47	53	PAULO SILVA	EQUIPA JOÃO FERREIRA	Veterano M40	03:11:02	+01:18:38	07:39
48	51	CARLOS JORGE	EQUIPA JOÃO FERREIRA	Veterano M40	03:11:02	+01:18:38	07:39
49	191	Rodrigo Pinheiro Aguiar	Placido & amigos	Veterano M40	03:13:40	+01:21:16	07:45
50	149	Rui Teixeira	Individual	Veterano M40	03:14:25	+01:22:01	07:47
51	138	José Ricardo	Individual	Veterano M40	03:16:52	+01:24:28	07:53
52	28	Paulo Nunes	BTT Alegria // TUBANI	Veterano M40	03:16:53	+01:24:29	07:53
53	2	Wilson Fonseca	10TEMIDOS	Veterano M40	03:17:16	+01:24:52	07:53
54	17	Leandro Matos	AMIGOS DO TRAIL	Veterano M40	03:18:55	+01:26:31	07:57
55	145	Paulo Costa	Individual	Veterano M40	03:19:41	+01:27:17	07:59
56	61	Américo Guedes	Factor X / S4L / Medense FC	Veterano M40	03:23:39	+01:31:15	08:09
57	146	Paulo Nuno Barbosa Sampaio	Individual	Veterano M40	03:26:08	+01:33:44	08:15
58	206	Hélder Castro	Sucupira F.c	Veterano M40	03:26:22	+01:33:58	08:15

Official Timekeeper: Lap2Go	4 / 5	generate 06-Nov-2017 11:22
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## COLETIVO - TRAIL LONGO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	Factor X / S4L / Medense FC	5 + 23 + 51	79
2	Royal Wellness Center	11 + 25 + 44	80
3	GTT-armazém do caffè	2 + 35 + 46	83
4	All About	10 + 91 + 92	193
5	MSS CONTABILIDADE TRAIL TEAM	14 + 79 + 107	200
6	El Team Trail	55 + 67 + 86	208
7	TEAM LANTEMIL	43 + 88 + 89	220
8	Oralklass-Amigos do Trail	9 + 48 + 171	228
9	BTT Alegria // TUBANI	17 + 103 + 123	243
10	GONDOMAR FUTSAL CLUBE	40 + 102 + 155	297
11	SS MONTEPIO	80 + 111 + 114	305
12	EQUIPA JOÃO FERREIRA	64 + 128 + 129	321
13	Sucupira F.c	112 + 121 + 151	384
14	AMIGOS DO TRAIL	105 + 140 + 143	388
15	amigos s.pedro da cova	148 + 153 + 157	458
16	Costas	172 + 178 + 179	529









TRAIL CURTO - STAGE 1

12 KM

OFFICIAL RESULT

**R**  
REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
172	1098	Daniel Sousa	btt alegria // tubani	Senior Masculino	01:18:23	+28:21	06:32
173	1403	Valter	individual	Senior Masculino	01:18:34	+28:32	06:33
174	30	Tiago Almeida	budeguita runners	Veterano M40	01:18:46	+28:44	06:34
175	1228	Ricardo A. Silva Sousa	fit gaia trail	Veterano M40	01:18:47	+28:44	06:34
176	1493	Rui Pereira	individual	Veterano M40	01:18:52	+28:49	06:34
177	1030	Liliana Alves	alive runner	Senior Feminino	01:18:58	+28:56	06:35
178	1399	Ricardo Samuel Carvalho Pereira	individual	Senior Masculino	01:19:01	+28:59	06:35
179	1012	Jorge Moreira	10temidos	Veterano M50	01:19:05	+29:02	06:35
180	1226	Tiago Rodrigues	factor x / s4l / medense fc	Senior Masculino	01:19:06	+29:03	06:36
181	1741	Rui Rocha	tristes mas duros	Veterano M40	01:19:22	+29:20	06:37
182	1199	ARTUR CARDOSO	equipa joão ferreira	Veterano M40	01:19:26	+29:24	06:37
183	1013	Carlos A. Macedo	a d amarante trail running team	Veterano M60	01:19:27	+29:25	06:37
184	1721	Paulo Alexandre dos Santos Tavares	trepa trilhos trail team	Veterano M40	01:19:31	+29:29	06:38
185	1237	Alcino Tavares	gansos	Veterano M40	01:19:37	+29:34	06:38
186	1133	ricardo braga	clube desportivo cepsa	Senior Masculino	01:19:50	+29:48	06:39
187	1569	Isabel Santos	mss contabilidade trail team	Senior Feminino	01:20:04	+30:01	06:40
188	1473	João Pedro Pedrosa Nunes	individual	Veterano M40	01:20:08	+30:05	06:41
189	1102	Sergio Coelho	btt alegria // tubani	Senior Masculino	01:20:21	+30:18	06:42
190	1391	Pedro Ferreira	individual	Senior Masculino	01:20:22	+30:20	06:42
191	1032	Joaquim Seca	alto relevo - clube de montanhismo	Veterano M50	01:20:27	+30:25	06:42
192	1685	ruí machado	salgueiros running	Veterano M50	01:20:30	+30:28	06:43
193	1361	Francisco Pimenta	individual	Senior Masculino	01:20:38	+30:36	06:43
194	1140	Paulo Silva	cmds	Veterano M50	01:20:40	+30:38	06:43
195	1129	Marlene Martins	centro ciclista de gondomar	Veterana F40	01:20:40	+30:38	06:43
196	1104	Pedro Rocha	btt alegria // tubani	Sub 23 Masculino	01:20:44	+30:42	06:44
197	1037	Alcino Silva	amigos 100 limites	Senior Masculino	01:20:57	+30:54	06:45
198	1738	Rogério Leão	tristes mas duros	Senior Masculino	01:21:08	+31:05	06:46
199	1481	Márcio Moreira	individual	Veterano M40	01:21:14	+31:12	06:46
200	1621	Pedro Torres	not fast just furious	Senior Masculino	01:21:18	+31:16	06:47
201	1002	Isabel Dias	#correratenumdarmais	Veterana F40	01:21:24	+31:22	06:47
202	1651	Marco Caldas	porto sentido runners	Veterano M40	01:21:24	+31:22	06:47
203	1723	Ivone Pardal	tricotar trails	Veterana F40	01:21:26	+31:24	06:47
204	1351	Cláudio Araújo	individual	Senior Masculino	01:21:27	+31:24	06:47
205	1540	Hugo Coelho	lion runners - g. d. leões da guarda	Senior Masculino	01:21:27	+31:25	06:47
206	1125	ricardo joao tato pereira	carapaus de corrida	Senior Masculino	01:21:28	+31:26	06:47
207	1243	VICENTE MANUEL SOUSA JOÃO	gdc fidelidade	Veterano M50	01:21:34	+31:31	06:48
208	1761	Mario Taborda	individual	Sub 23 Masculino	01:21:36	+31:33	06:48
209	1036	Patrícia Conceição	amigos 100 limites	Senior Feminino	01:21:36	+31:34	06:48
210	1206	Nuno Moreira	ermentão	Senior Masculino	01:21:40	+31:38	06:48
211	1270	Nelson Silva	gondomar futsal clube	Veterano M50	01:21:53	+31:50	06:49
212	1378	José Andrade	individual	Senior Masculino	01:21:58	+31:55	06:50
213	1744	Lourenço Cardoso	viktor	Veterano M40	01:22:04	+32:02	06:50
214	1772	Manuel Santos	douroconta - gabinete de apoio e contabilidade, lda	Veterano M40	01:22:08	+32:05	06:51





TRAIL CURTO - STAGE 1

12 KM

**R**  
REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
259	1467	Eugenio Soares	individual	Veterano M40	01:25:13	+35:10	07:06
260	1236	Ana Cristina Rocha	gansos	Veterana F40	01:25:14	+35:12	07:06
261	1262	Rosa Mendes	gondomar futsal clube	Veterana F50	01:25:27	+35:25	07:07
262	1559	Liliana Magalhães	mountain runners	Senior Feminino	01:25:37	+35:34	07:08
263	1525	Marco Oliveira	leões de tardariz trail	Veterano M40	01:25:47	+35:45	07:09
264	1132	pedro brandão	clube desportivo cepsa	Senior Masculino	01:25:56	+35:54	07:10
265	1564	Carmen Brandão	mss contabilidade trail team	Senior Feminino	01:25:58	+35:55	07:10
266	1245	Joana Rocha	generosos runners	Senior Feminino	01:26:09	+36:06	07:11
267	1670	Manuel Rocha	ricardo	Veterano M60	01:26:19	+36:17	07:12
268	1708	Eva santos	trail sra salto	Veterana F40	01:26:27	+36:24	07:12
269	1490	Ricardo Filipe Breyd Carvalho	individual	Veterano M40	01:26:51	+36:48	07:14
270	1461	ARMINDO SERRA MARTINS DOS SANTOS	individual	Veterano M40	01:26:51	+36:49	07:14
271	1194	INES NICOLAU ALMEIDA	equipa joão ferreira	Veterana F40	01:27:08	+37:05	07:16
272	1141	Daniel Teixeira	corredores mas pouco	Senior Masculino	01:27:08	+37:05	07:16
273	1368	Ivo Filipe Costa Ferreira	individual	Senior Masculino	01:27:11	+37:08	07:16
274	1643	José Carneiro	perdidos no trail	Veterano M40	01:27:14	+37:11	07:16
275	1640	Diego Alves	perdidos no trail	Senior Masculino	01:27:14	+37:12	07:16
276	1620	Luís Vieira	not fast just furious	Senior Masculino	01:27:15	+37:12	07:16
277	1154	Pedro duarte	correr leça	Senior Masculino	01:27:15	+37:13	07:16
278	1705	Luisa Azevedo	team lanthemil	Senior Feminino	01:27:16	+37:14	07:16
279	1704	Ana Afonso	team lanthemil	Senior Feminino	01:27:17	+37:14	07:16
280	1578	Estroia Alves	mss contabilidade trail team	Veterana F40	01:27:18	+37:16	07:17
281	1379	José Ferreira	individual	Senior Masculino	01:27:21	+37:18	07:17
282	1292	Carla Dias	individual	Senior Feminino	01:27:21	+37:19	07:17
283	1099	José Sousa	btt alegria // tubani	Senior Masculino	01:27:23	+37:21	07:17
284	1189	PAULO FREITAS JORGE	equipa a.n.a.	Veterano M40	01:27:28	+37:26	07:17
285	1709	Delfina Eiras	trail sra salto	Veterana F50	01:27:31	+37:29	07:18
286	1350	Carlos David Pinto Neves Fernandes	individual	Senior Masculino	01:27:33	+37:31	07:18
287	1491	RICARDO M FERREIRA	individual	Veterano M40	01:27:34	+37:32	07:18
288	1518	Miguel Reis	leões de tardariz trail	Senior Masculino	01:27:45	+37:42	07:19
289	1523	João Vieira	leões de tardariz trail	Veterano M40	01:27:48	+37:45	07:19
290	1303	Ines Pires	individual	Senior Feminino	01:27:53	+37:51	07:19
291	1520	Agostinho Cardoso	leões de tardariz trail	Veterano M40	01:27:54	+37:52	07:20
292	1645	Isaura Cruz	pipo	Veterana F40	01:27:54	+37:52	07:20
293	1647	Óscar Mendes	pipo	Veterano M40	01:27:54	+37:52	07:20
294	1767	Margarida Oliveira	gondomar futsal clube	Veterana F40	01:28:01	+37:58	07:20
295	1186	Márcia Coelho	ei team trail	Senior Feminino	01:28:04	+38:02	07:20
296	1596	Rui Augusto	mss contabilidade trail team	Veterano M40	01:28:04	+38:02	07:20
297	1265	Mário Ribeiro	gondomar futsal clube	Veterano M40	01:28:21	+38:19	07:22
298	1259	Adelaide Vigário	gondomar futsal clube	Veterana F50	01:28:21	+38:19	07:22
299	1408	João Pedro Ruivo da Costa	individual	Sub 23 Masculino	01:28:39	+38:37	07:23
300	1358	Filipe Daniel Pereira Bessa	individual	Senior Masculino	01:28:39	+38:37	07:23
301	1016	Miguel Oliveira	abreu ativa	Veterano M40	01:28:54	+38:51	07:25
302	1470	Henrique Barros	individual	Veterano M40	01:28:59	+38:56	07:25
303	1477	José Bonifácio	individual	Veterano M40	01:28:59	+38:56	07:25



## TRAIL CURTO - STAGE 1

12 KM



## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
349	1653	António Marques	quase não vinhamos	Senior Masculino	01:32:12	+42:10	07:41
350	1124	hugo filipe pinto heitor	carapaus de corrida	Senior Masculino	01:32:14	+42:11	07:41
351	1487	Paulo Freitas	individual	Veterano M40	01:32:20	+42:17	07:42
352	1310	Ligia Freitas	individual	Senior Feminino	01:32:20	+42:18	07:42
353	1150	Dulce neves	correr leça	Senior Feminino	01:32:28	+42:26	07:42
354	1280	Aida Linhares	gtt-armazém do caffè	Veterana F40	01:32:28	+42:26	07:42
355	1160	António barros	correr leça	Veterano M40	01:32:30	+42:27	07:43
356	1161	Nuno morgado	correr leça	Veterano M40	01:32:30	+42:28	07:43
357	1424	Estela Marques	individual	Veterana F40	01:32:50	+42:48	07:44
358	1508	Elias Pereira	individual	Veterano M60	01:32:50	+42:48	07:44
359	1710	Catarina Santos	trailers	Senior Feminino	01:32:55	+42:52	07:45
360	1618	Jose Moura	nocturnos de paredes	Veterano M40	01:32:57	+42:55	07:45
361	1317	Maria de Fatima Oliveira	individual	Senior Feminino	01:33:00	+42:57	07:45
362	1471	Ivo Couto	individual	Veterano M40	01:33:01	+42:59	07:45
363	1439	Sandra Mendes	individual	Veterana F40	01:33:09	+43:07	07:46
364	1316	Margarida Vieira de Campos Brás	individual	Senior Feminino	01:33:09	+43:07	07:46
365	1246	Natercia Teixeira	generosos runners	Senior Feminino	01:33:14	+43:11	07:46
366	1052	Ana Nunes	andatrihos   freamunde	Senior Feminino	01:33:23	+43:21	07:47
367	1055	Marta Ribeiro	andatrihos   freamunde	Senior Feminino	01:33:23	+43:21	07:47
368	1111	Ana Moreira	budeguita runners	Veterana F40	01:33:29	+43:26	07:47
369	1330	Sara	individual	Senior Feminino	01:33:38	+43:35	07:48
370	1385	Miguel Sousa	individual	Senior Masculino	01:33:44	+43:42	07:49
371	1649	Inês Neves	porto sentido runners	Senior Feminino	01:34:14	+44:11	07:51
372	1452	Paulina Soares	individual	Veterana F50	01:34:17	+44:14	07:51
373	1217	Ivo Oliveira	factor x / s4l / medense fc	Senior Masculino	01:34:17	+44:15	07:51
374	1225	Susana Silva	factor x / s4l / medense fc	Senior Masculino	01:34:17	+44:15	07:51
375	1208	Carla Guimarães	factor x / s4l / medense fc	Senior Feminino	01:34:18	+44:16	07:52
376	1746	João Ramalho	artes de movimento de vila nova de famalicão	Veterano M40	01:34:37	+44:35	07:53
377	1748	Celestino Pires	artes de movimento de vila nova de famalicão	Veterano M50	01:34:37	+44:35	07:53
378	1038	Ricardo Lascasas	amigos 100 limites	Senior Masculino	01:34:49	+44:47	07:54
379	1241	Maria Emília MOREIRA	gdc fidelidade	Veterana F50	01:34:54	+44:51	07:55
380	1441	SUSANA LEAL	individual	Veterana F40	01:34:55	+44:52	07:55
381	1198	SANDRA CUNHA	equipa joão ferreira	Veterana F40	01:35:09	+45:07	07:56
382	1144	Paulo Regado	corredores mas pouco	Senior Masculino	01:35:09	+45:07	07:56
383	1560	Sonia Silva	mountain runners	Senior Feminino	01:35:22	+45:20	07:57
384	1327	Rute Couto	individual	Senior Feminino	01:35:23	+45:20	07:57
385	1474	jorge ferreirinha	individual	Veterano M40	01:35:24	+45:22	07:57
386	1323	patricia vieira	individual	Senior Feminino	01:35:24	+45:22	07:57
387	1067	Sandra Ferreira	arcorun	Veterana F40	01:35:42	+45:39	07:59
388	192	Ana Carvalho	quase não vinhamos	Senior Feminino	01:35:42	+45:40	07:59
389	1444	Ana paula teixeira	individual	Veterana F50	01:35:43	+45:41	07:59
390	1390	Pedro Costa	individual	Senior Masculino	01:35:47	+45:45	07:59
391	1205	Abilio Neves	equipotência trail team	Veterano M50	01:35:50	+45:48	07:59
392	1214	Daniel Terra	factor x / s4l / medense fc	Senior Masculino	01:36:13	+46:11	08:01







TRAIL CURTO - STAGE 1

12 KM

**R**  
REVISED

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
525	1607	Lúcia Neves	ninja team	Veterana F50	01:49:35	+59:33	09:08
526	1450	Marília Paiva	individual	Veterana F50	01:49:40	+59:37	09:08
527	1714	Sílvia Azevedo	trailers	Veterana F40	01:49:40	+59:38	09:08
528	1713	Paula Santos	trailers	Veterana F40	01:49:40	+59:38	09:08
529	1376	Jorge Marialva	individual	Senior Masculino	01:49:56	+59:54	09:10
530	1095	Sara Rocha	btt alegria // tubani	Senior Feminino	01:50:11	+01:00:09	09:11
531	1453	maria filomena venancio lopes marcelo	individual	Veterana F60	01:50:14	+01:00:12	09:11
532	1686	Márcia Andreia Fontes Couto da Conceição	shears	Senior Feminino	01:51:10	+01:01:07	09:16
533	1196	RENATA HELOISA VIEIRA	equipa João ferreira	Veterana F40	01:51:21	+01:01:19	09:17
534	1447	MARIA DE LURDES NORA LIMA MOURA MARQUES JUNIOR	individual	Veterana F50	01:51:31	+01:01:29	09:18
535	1701	Bruno Filipe Moreira da Silva	tartarugas velozes	Senior Masculino	01:51:37	+01:01:35	09:18
536	1700	Vânia Catarina Xavier Camelo	tartarugas velozes	Senior Feminino	01:51:38	+01:01:35	09:18
537	1764	Deolinda Campanhã	individual	Veterana F50	01:51:52	+01:01:50	09:19
538	1730	Goreti Rocha	trinca orelhas de gato	Veterana F40	01:51:53	+01:01:50	09:19
539	1321	Patrícia Alves	individual	Senior Feminino	01:52:03	+01:02:01	09:20
540	1633	Dinora Duarte	osfazconta	Senior Feminino	01:52:06	+01:02:04	09:21
541	1719	Rosa Maria Pinto Almeida	trepa trilhos trail team	Veterana F40	01:52:07	+01:02:04	09:21
542	1720	Maria Luisa Gomes de Sousa	trepa trilhos trail team	Veterana F50	01:52:07	+01:02:05	09:21
543	1690	Sandra Isabel Gonçalves de Oliveira	shears	Veterana F40	01:52:08	+01:02:06	09:21
544	1170	João Oliveira	divigirls	Senior Masculino	01:52:15	+01:02:12	09:21
545	1169	Vera	divigirls	Senior Feminino	01:52:15	+01:02:13	09:21
546	1552	Joana lopes da silva	m & ms	Senior Feminino	01:52:32	+01:02:30	09:23
547	1135	marisa silva	clube desportivo cepsa	Veterana F40	01:52:36	+01:02:33	09:23
548	1433	Paula Moraes	individual	Veterana F40	01:52:44	+01:02:42	09:24
549	1290	Barbara Feio	individual	Senior Feminino	01:52:45	+01:02:42	09:24
550	1068	Alexis Bolívar	arcorun	Veterano M40	01:52:49	+01:02:47	09:24
551	1532	Gualter Castro	leões de tardariz trail	Veterano M50	01:52:53	+01:02:51	09:24
552	1074	Andreia Pelicano	befitness	Senior Feminino	01:53:47	+01:03:45	09:29
553	1148	Ana rocha	correr leça	Senior Feminino	01:54:41	+01:04:38	09:33
554	1147	Ana duarte	correr leça	Senior Feminino	01:54:41	+01:04:38	09:33
555	1153	Duarte costa	correr leça	Senior Masculino	01:54:41	+01:04:38	09:33
556	1501	Fernando Pereira	individual	Veterano M50	01:54:45	+01:04:43	09:34
557	1449	Maria Teresa Oliveira	individual	Veterana F50	01:54:45	+01:04:43	09:34
558	1570	Vanessa Ramos	mss contabilidade trail team	Senior Feminino	01:54:55	+01:04:52	09:35
559	1583	Silvina Barbosa	mss contabilidade trail team	Veterana F40	01:54:57	+01:04:54	09:35
560	1136	sandra morgado	clube desportivo cepsa	Veterana F40	01:55:22	+01:05:20	09:37
561	1157	Joaquina soares	correr leça	Veterana F40	01:55:22	+01:05:20	09:37
562	1342	Andre Emanuel Mendes Correia	individual	Senior Masculino	01:55:23	+01:05:21	09:37
563	1210	Joana Filipa das Neves Moura Silva	factor x / s4l / medense fc	Senior Feminino	01:55:47	+01:05:45	09:39
564	1613	Paulo Amorim	nocturnos de paredes	Senior Masculino	01:55:48	+01:05:45	09:39
565	1513	Diana Batista	leões de tardariz trail	Senior Feminino	01:55:56	+01:05:54	09:40



TRAIL CURTO - STAGE 1

12 KM

**R**  
REVISED

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
566	1530	António Batista	leões de tardariz trail	Veterano M50	01:55:59	+01:05:57	09:40
567	1257	Ricardo Santos	gondomar futsal clube	Senior Masculino	01:56:11	+01:06:09	09:41
568	1127	Bruno Ferreira	carro vassoura	Senior Masculino	01:56:21	+01:06:19	09:42
569	1025	Fátima Ramos	aliança de gandra	Veterana F40	01:56:28	+01:06:26	09:42
570	1022	Rute Ramos	aliança de gandra	Senior Feminino	01:56:28	+01:06:26	09:42
571	1027	Rosa Soares	aliança de gandra	Veterana F50	01:56:29	+01:06:27	09:42
572	1582	Nátalia Carvalho	mss contabilidade trail team	Veterana F40	01:56:38	+01:06:35	09:43
573	1329	Sandra ferreira	individual	Senior Feminino	01:57:23	+01:07:20	09:47
574	1319	Marta silva	individual	Senior Feminino	01:57:23	+01:07:20	09:47
575	1427	Jaquelina Sousa	individual	Veterana F40	01:57:25	+01:07:23	09:47
576	1197	RITA GONÇALVES	equipa João ferreira	Veterana F40	01:57:44	+01:07:42	09:49
577	1192	CLAUDIA FRADE	equipa João ferreira	Veterana F40	01:57:44	+01:07:42	09:49
578	1563	Carla Maravilhas	mss contabilidade trail team	Senior Feminino	01:57:51	+01:07:49	09:49
579	1126	vitormaneu goncalves osorio	carapaus de corrida	Veterano M40	01:57:51	+01:07:49	09:49
580	1120	joana patricia cardoso ribeiro	carapaus de corrida	Senior Feminino	01:57:52	+01:07:50	09:49
581	1240	SANDRA CEPEDA	gdc fidelidade	Veterana F40	01:58:33	+01:08:31	09:53
582	1320	Mônica Carvalho	individual	Senior Feminino	01:59:00	+01:08:58	09:55
583	1476	Jorge Miguel da Costa Constantino	individual	Veterano M40	01:59:24	+01:09:22	09:57
584	1585	Belmira Moreira	mss contabilidade trail team	Veterana F50	01:59:29	+01:09:26	09:57
585	1185	Susana Rito	edv - viana trail	Veterana F40	01:59:29	+01:09:26	09:57
586	1080	Carla teixeira	bota brita	Veterana F40	01:59:57	+01:09:54	10:00
587	1435	Rosa	individual	Veterana F40	02:00:10	+01:10:08	10:01
588	1312	Liliana Vasconcelos	individual	Senior Feminino	02:00:11	+01:10:08	10:01
589	36	miguel ferraz	clube desportivo cepsa	Veterano M40	02:00:13	+01:10:11	10:01
590	1413	Ana Ferreira	individual	Veterana F40	02:00:28	+01:10:26	10:02
591	1691	Alice Viveiros	shots internacional runners	Veterana F50	02:01:19	+01:11:17	10:07
592	1345	Antonio carlos melato alves	individual	Senior Masculino	02:01:24	+01:11:21	10:07
593	1634	Vania Soares	osfazconta	Senior Feminino	02:01:42	+01:11:40	10:09
594	1635	Jorge Silva	osfazconta	Senior Masculino	02:01:43	+01:11:40	10:09
595	1079	Cristiana Leite	bota brita	Senior Feminino	02:01:43	+01:11:41	10:09
596	1631	Ana Moreira	os turbomula	Veterana F60	02:02:36	+01:12:33	10:13
597	1610	Bruna Silva	nocturnos de paredes	Senior Feminino	02:03:00	+01:12:58	10:15
598	1616	Tina Moura	nocturnos de paredes	Veterana F40	02:03:00	+01:12:58	10:15
599	1416	Balbina dos Santos Aguiar Mota	individual	Veterana F40	02:03:10	+01:13:08	10:16
600	1097	Vera Ribeiro	btt alegria // tubani	Senior Feminino	02:04:05	+01:14:02	10:20
601	1101	Miguel Ferreira	btt alegria // tubani	Senior Masculino	02:04:06	+01:14:03	10:21
602	1193	CRISTINA SAMPAIO	equipa João ferreira	Veterana F40	02:04:21	+01:14:18	10:22
603	1364	Helder oliveira	individual	Senior Masculino	02:04:52	+01:14:49	10:24
604	1354	Fábio Mota	individual	Senior Masculino	02:04:52	+01:14:49	10:24
605	1550	Cláudia Oliveira	los mexicanos	Sub 23 Feminino	02:05:16	+01:15:13	10:26
606	1531	Damião Pontes	leões de tardariz trail	Veterano M50	02:05:35	+01:15:32	10:28
607	1047	Pedro Almeida	amigos do trail	Senior Masculino	02:06:38	+01:16:36	10:33
608	1048	Ângela Esteves	amigos do trail	Veterana F40	02:06:41	+01:16:39	10:33
609	1528	Sandro Oliveira	leões de tardariz trail	Veterano M40	02:07:24	+01:17:22	10:37
610	1522	João Cardoso	leões de tardariz trail	Veterano M40	02:07:25	+01:17:23	10:37

## TRAIL CURTO - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

**R**  
REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
611	1239	Rui Manuel Ferraz MOREIRA SILVA	gdc fidelidade	Senior Masculino	02:08:15	+01:18:13	10:41
612	1238	JOANA CATARINA TEIXEIRA MOREIRA SILVA	gdc fidelidade	Senior Feminino	02:08:15	+01:18:13	10:41
613	1421	Elisa Pereira	individual	Veterana F40	02:08:20	+01:18:18	10:42
614	1638	Elisabete Gomes de Pinho	passarinhos do monte	Senior Feminino	02:08:25	+01:18:22	10:42
615	1639	Luis Miguel Silva Santos	passarinhos do monte	Senior Masculino	02:08:25	+01:18:23	10:42
616	1086	António Pinto	bota brita	Veterano M40	02:09:03	+01:19:01	10:45
617	1072	Isabel Santos	bardinós dos montes	Veterana F40	02:09:51	+01:19:49	10:49
618	1006	Mariana Carvalho	10temidos	Senior Feminino	02:09:53	+01:19:51	10:49
619	1009	Lília Sá	10temidos	Veterana F40	02:09:57	+01:19:54	10:50
620	1340	Tânia Cardoso	individual	Senior Feminino	02:10:09	+01:20:07	10:51
621	1291	Carina Silvana Faria Sequeira	individual	Senior Feminino	02:10:10	+01:20:07	10:51
622	1451	Paula Salgado	individual	Veterana F50	02:10:53	+01:20:51	10:54
623	1033	Cláudia Silva	amigos 100 limites	Senior Feminino	02:12:12	+01:22:10	11:01
624	1331	Sara Alves	individual	Senior Feminino	02:14:12	+01:24:10	11:11
625	1293	Carla Fernandes	individual	Senior Feminino	02:14:12	+01:24:10	11:11
626	1415	Anabela Ramos Moreira	individual	Veterana F40	02:14:30	+01:24:28	11:13
627	1315	Madalena Alexandra Martins Silva Castro	individual	Senior Feminino	02:14:31	+01:24:29	11:13
628	1754	Susana Gomes	mss contabilidade trail team	Veterana F40	02:14:44	+01:24:42	11:14
629	1562	Andreia Sofia Oliveira	mss contabilidade trail team	Senior Feminino	02:14:44	+01:24:42	11:14
630	1338	SORAIA MILENE BORGES DOS SANTOS PÓVOAS	individual	Senior Feminino	02:15:21	+01:25:19	11:17
631	1311	LILIANA SANTOS	individual	Senior Feminino	02:15:25	+01:25:22	11:17
632	1034	Liliana Gomes	amigos 100 limites	Senior Feminino	02:15:32	+01:25:30	11:18
633	1438	Sandra Martins	individual	Veterana F40	02:15:34	+01:25:32	11:18
634	1457	António Carvalho	individual	Veterano M40	02:15:34	+01:25:32	11:18
635	1085	Veronica Ferraz	bota brita	Veterana F40	02:16:13	+01:26:10	11:21
636	1637	SOFIA NEVES	outsiders trail team	Senior Feminino	02:17:25	+01:27:23	11:27
637	1419	Carla Palmeiro	individual	Veterana F40	02:18:43	+01:28:40	11:34
638	1431	Meg Garcia	individual	Veterana F40	02:18:43	+01:28:41	11:34
639	1082	Cláudia Silva	bota brita	Veterana F40	02:23:06	+01:33:03	11:56
640	1087	Belmiro REIS	bota brita	Veterano M40	02:23:06	+01:33:03	11:56
641	1084	Marta Sousa	bota brita	Veterana F40	02:23:06	+01:33:03	11:56
642	1110	Ana Maria Ramos Nogueira Martins	budeguita runners	Veterana F40	02:23:12	+01:33:10	11:56
643	1587	Rosa Maria Castro	mss contabilidade trail team	Veterana F50	02:33:22	+01:43:19	12:47
644	1577	Ana Margarida Gaspar	mss contabilidade trail team	Veterana F40	02:33:22	+01:43:20	12:47
645	1580	Irene Bastos	mss contabilidade trail team	Veterana F40	02:33:23	+01:43:20	12:47
646	1565	Helda Regina	mss contabilidade trail team	Senior Feminino	02:33:24	+01:43:22	12:47
647	1584	Ana Machado	mss contabilidade trail team	Veterana F50	02:33:24	+01:43:22	12:47
648	1284	Ana Rita Espanha	individual	Senior Feminino	02:34:58	+01:44:56	12:55
649	1281	Agostinha Fernandes	individual	Senior Feminino	02:34:59	+01:44:56	12:55
650	1404	Vitor Francisco Martins Gonçalves	individual	Senior Masculino	02:34:59	+01:44:57	12:55
651	1332	sara antunes	individual	Senior Feminino	02:34:59	+01:44:57	12:55
652	1287	Andreia Rosas	individual	Senior Feminino	02:34:59	+01:44:57	12:55





Trail Curto

12 KM



OFFICIAL RESULT

38	1310	Ligia Freitas	Individual	Senior Feminino	01:32:20	+42:18	07:42
39	1150	Dulce neves	Correr Leça	Senior Feminino	01:32:28	+42:26	07:42
40	1710	Catarina Santos	Trailers	Senior Feminino	01:32:55	+42:52	07:45
41	1317	Maria de Fatima Oliveira	Individual	Senior Feminino	01:33:00	+42:57	07:45
42	1316	Margarida Vieira de Campos Brás	Individual	Senior Feminino	01:33:09	+43:07	07:46
43	1246	Natercia Teixeira	GENEROSOS RUNNERS	Senior Feminino	01:33:14	+43:11	07:46
44	1052	Ana Nunes	Andatrilhos   Freamunde	Senior Feminino	01:33:23	+43:21	07:47
45	1055	Marta Ribeiro	Andatrilhos   Freamunde	Senior Feminino	01:33:23	+43:21	07:47
46	1330	Sara	Individual	Senior Feminino	01:33:38	+43:35	07:48
47	1649	Inês Neves	Porto Sentido Runners	Senior Feminino	01:34:14	+44:11	07:51
48	1208	Carla Guimarães	Factor X / S4L / Medense FC	Senior Feminino	01:34:18	+44:16	07:52
49	1560	Sonia Silva	Mountain Runners	Senior Feminino	01:35:22	+45:20	07:57
50	1327	Rute Couto	Individual	Senior Feminino	01:35:23	+45:20	07:57
51	1323	patricia vieira	Individual	Senior Feminino	01:35:24	+45:22	07:57
52	192	Ana Carvalho	Quase não vinhamos	Senior Feminino	01:35:42	+45:40	07:59
53	1658	Adriana Rangel	Rangel Inc	Senior Feminino	01:36:44	+46:41	08:04
54	1202	Micaela Santos	Equipotência Trail Team	Senior Feminino	01:37:19	+47:16	08:07
55	1334	Sofia Reis	Individual	Senior Feminino	01:37:25	+47:23	08:07
56	1286	Anabela Silva	Individual	Senior Feminino	01:37:27	+47:25	08:07
57	1015	Noémia Pinto	Abreu Ativa	Senior Feminino	01:37:58	+47:56	08:10
58	1251	Patrícia Pereira	GONDONOMAR FUTSAL CLUBE	Senior Feminino	01:38:09	+48:07	08:11
59	1093	Patrícia Pinto	BTT Alegria // TUBANI	Senior Feminino	01:38:25	+48:22	08:12
60	1571	Vânia Cardoso	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	01:38:26	+48:24	08:12
61	1054	Débora Magalhães	Andatrilhos   Freamunde	Senior Feminino	01:38:40	+48:38	08:13
62	1028	Cláudia Marlene Gonçalves Soares	AliDani	Senior Feminino	01:38:44	+48:42	08:14
63	1544	Daniela Martins	Los Manos	Senior Feminino	01:38:47	+48:44	08:14
64	1650	Patricia Ribeiro	Porto Sentido Runners	Senior Feminino	01:39:07	+49:04	08:16
65	1279	Monica Borges	GTT-armazém do caffè	Senior Feminino	01:39:20	+49:18	08:17
66	1149	Cândida bento	Correr Leça	Senior Feminino	01:39:36	+49:34	08:18
67	1300	Filipa silva	Individual	Senior Feminino	01:39:41	+49:39	08:18
68	1693	Tania Rebelo	SS MONTEPIO	Senior Feminino	01:39:45	+49:42	08:19
69	1546	Ana Sousa	Los Mexicanos	Senior Feminino	01:39:58	+49:56	08:20
70	1683	CLÁUDIA TEIXEIRA	Salgueiros Running	Senior Feminino	01:40:00	+49:57	08:20
71	1190	SUSANA COSTA	EQUIPA JOÃO FERREIRA	Senior Feminino	01:40:00	+49:58	08:20
72	1706	Claudia Paula	Team Shark	Senior Feminino	01:40:11	+50:08	08:21
73	1566	Marina Silva Sousa	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	01:40:32	+50:29	08:23
74	1151	Edite gonçalves	Correr Leça	Senior Feminino	01:41:03	+51:01	08:25
75	1326	Raquel Sofia Querido Rodrigues Santos	Individual	Senior Feminino	01:41:42	+51:39	08:29
76	1211	Paula Cardoso	Factor X / S4L / Medense FC	Senior Feminino	01:41:52	+51:50	08:29
77	1632	Brigida Duarte	OsFazConta	Senior Feminino	01:41:57	+51:55	08:30
78	1173	Tânia Rocha	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Senior Feminino	01:42:12	+52:10	08:31
79	1325	Raquel de Sousa	Individual	Senior Feminino	01:43:00	+52:58	08:35
80	1671	Ivania Rocha	Royal Wellness Center	Senior Feminino	01:44:09	+54:07	08:41
81	1539	Raquel Santos	LION RUNNERS - G. D. Leões da Guarda	Senior Feminino	01:44:21	+54:19	08:42

Official Timekeeper: Lap2Go	2 / 17	generate 02-Nov-2017 10:21
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## Trail Curto

12 KM

OFFICIAL RESULT

**R**  
REVISED

82	1294	Claudia Costa	Individual	Senior Feminino	01:44:50	+54:48	08:44
83	1561	Andreia Patricia Oliveira	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	01:45:15	+55:13	08:46
84	1333	Silvia Cruz	Individual	Senior Feminino	01:45:36	+55:33	08:48
85	1298	Eli Maia	Individual	Senior Feminino	01:45:46	+55:44	08:49
86	1314	Luciana camilo	Individual	Senior Feminino	01:46:17	+56:14	08:51
87	1328	Sandra camilo	Individual	Senior Feminino	01:46:19	+56:17	08:52
88	1665	Rosana costa	Ricardo	Senior Feminino	01:46:32	+56:29	08:53
89	1003	Dália Costa	100FILTRO	Senior Feminino	01:46:32	+56:30	08:53
90	1122	sandra cristina moreira silva	CARAPAUS DE CORRIDA	Senior Feminino	01:46:38	+56:36	08:53
91	1568	Raquel Marques	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	01:46:45	+56:43	08:54
92	1167	Claudia moura	Danados	Senior Feminino	01:47:45	+57:43	08:59
93	1297	Diana Marques	Individual	Senior Feminino	01:48:54	+58:51	09:05
94	1095	Sara Rocha	BTT Alegria // TUBANI	Senior Feminino	01:50:11	+01:00:09	09:11
95	1686	Márcia Andreia Fontes Couto da Conceição	Shears	Senior Feminino	01:51:10	+01:01:07	09:16
96	1700	Vânia Catarina Xavier Camelo	Tartarugas Velozes	Senior Feminino	01:51:38	+01:01:35	09:18
97	1321	Patrícia Alves	Individual	Senior Feminino	01:52:03	+01:02:01	09:20
98	1633	Dinora Duarte	OsFazConta	Senior Feminino	01:52:06	+01:02:04	09:21
99	1169	Vera	divigirls	Senior Feminino	01:52:15	+01:02:13	09:21
100	1552	Joana lopes da silva	M & Ms	Senior Feminino	01:52:32	+01:02:30	09:23
101	1290	Barbara Feio	Individual	Senior Feminino	01:52:45	+01:02:42	09:24
102	1074	Andreia Pelicano	BeFitness	Senior Feminino	01:53:47	+01:03:45	09:29
103	1148	Ana rocha	Correr Leça	Senior Feminino	01:54:41	+01:04:38	09:33
104	1147	Ana duarte	Correr Leça	Senior Feminino	01:54:41	+01:04:38	09:33
105	1570	Vanessa Ramos	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	01:54:55	+01:04:52	09:35
106	1210	Joana Filipa das Neves Moura Silva	Factor X / S4L / Medense FC	Senior Feminino	01:55:47	+01:05:45	09:39
107	1513	Diana Batista	Leões de Tardariz Trail	Senior Feminino	01:55:56	+01:05:54	09:40
108	1022	Rute Ramos	ALIANÇA DE GANDRA	Senior Feminino	01:56:28	+01:06:26	09:42
109	1329	Sandra ferreira	Individual	Senior Feminino	01:57:23	+01:07:20	09:47
110	1319	Marta silva	Individual	Senior Feminino	01:57:23	+01:07:20	09:47
111	1563	Carla Maravilhas	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	01:57:51	+01:07:49	09:49
112	1120	joana patricia cardoso ribeiro	CARAPAUS DE CORRIDA	Senior Feminino	01:57:52	+01:07:50	09:49
113	1320	Mônica Carvalho	Individual	Senior Feminino	01:59:00	+01:08:58	09:55
114	1312	Liliana Vasconcelos	Individual	Senior Feminino	02:00:11	+01:10:08	10:01
115	1634	Vania Soares	OsFazConta	Senior Feminino	02:01:42	+01:11:40	10:09
116	1079	Cristiana Leite	Bota Brita	Senior Feminino	02:01:43	+01:11:41	10:09
117	1610	Bruna Silva	NOCTURNOS DE PAREDES	Senior Feminino	02:03:00	+01:12:58	10:15
118	1097	Vera Ribeiro	BTT Alegria // TUBANI	Senior Feminino	02:04:05	+01:14:02	10:20
119	1238	JOANA CATARINA TEIXEIRA MOREIRA SILVA	GDC Fidelidade	Senior Feminino	02:08:15	+01:18:13	10:41
120	1638	Elisabete Gomes de Pinho	Passarinhos do monte	Senior Feminino	02:08:25	+01:18:22	10:42
121	1006	Mariana Carvalho	10TEMIDOS	Senior Feminino	02:09:53	+01:19:51	10:49
122	1340	Tânia Cardoso	Individual	Senior Feminino	02:10:09	+01:20:07	10:51
123	1291	Carina Silvana Faria Sequeira	Individual	Senior Feminino	02:10:10	+01:20:07	10:51

### Trail Curto

12 KM

**R**  
REVISED

### OFFICIAL RESULT

124	1033	Cláudia Silva	Amigos 100 Limites	Senior Feminino	02:12:12	+01:22:10	11:01
125	1331	Sara Alves	Individual	Senior Feminino	02:14:12	+01:24:10	11:11
126	1293	Carla Fernandes	Individual	Senior Feminino	02:14:12	+01:24:10	11:11
127	1315	Madalena Alexandra Martins Silva Castro	Individual	Senior Feminino	02:14:31	+01:24:29	11:13
128	1562	Andreia Sofia Oliveira	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	02:14:44	+01:24:42	11:14
129	1338	SORAIA MILENE BORGES DOS SANTOS PÓVOAS	Individual	Senior Feminino	02:15:21	+01:25:19	11:17
130	1311	LILIANA SANTOS	Individual	Senior Feminino	02:15:25	+01:25:22	11:17
131	1034	Liliana Gomes	Amigos 100 Limites	Senior Feminino	02:15:32	+01:25:30	11:18
132	1637	SOFIA NEVES	Outsiders trail team	Senior Feminino	02:17:25	+01:27:23	11:27
133	1565	Helda Regina	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	02:33:24	+01:43:22	12:47
134	1284	Ana Rita Espanha	Individual	Senior Feminino	02:34:58	+01:44:56	12:55
135	1281	Agostinha Fernandes	Individual	Senior Feminino	02:34:59	+01:44:56	12:55
136	1332	sara antunes	Individual	Senior Feminino	02:34:59	+01:44:57	12:55
137	1287	Andreia Rosas	Individual	Senior Feminino	02:34:59	+01:44:57	12:55
138	1091	Liliana Garcês	BTT Alegria // TUBANI	Senior Feminino	02:39:04	+01:49:01	13:15
139	1674	Sónia Silveira	run4fun	Senior Feminino	02:47:07	+01:57:05	13:56

### Senior Masculino

1	1256	Pedro Tapadas	GONDOMAR FUTSAL CLUBE	Senior Masculino	50:10	+00:08	04:11
2	1576	Sergio Silva	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	53:59	+03:57	04:30
3	1176	Ricardo Barros	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Senior Masculino	54:22	+04:20	04:32
4	1397	Rafael Camposdos Santos	Individual	Senior Masculino	55:14	+05:11	04:36
5	1221	Mário Lopes	Factor X / S4L / Medense FC	Senior Masculino	57:08	+07:05	04:46
6	1175	José Rocha	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Senior Masculino	57:24	+07:22	04:47
7	1515	Josué Moreira	Leões de Tardariz Trail	Senior Masculino	58:34	+08:31	04:53
8	1062	Tiago Pinto	Andatrilhos   Freamunde	Senior Masculino	58:42	+08:40	04:54
9	1276	Márcio Costa	Grupo Desportivo Banco de Portugal	Senior Masculino	58:52	+08:50	04:54
10	1604	Rúben Gonçalves	Ninja Team	Senior Masculino	59:44	+09:41	04:59
11	1215	David Gonçalves	Factor X / S4L / Medense FC	Senior Masculino	59:49	+09:46	04:59
12	1750	filipe santos	Individual	Senior Masculino	01:00:13	+10:11	05:01
13	1168	Carlos barbosa	Danados	Senior Masculino	01:00:27	+10:25	05:02
14	1061	Ricardo Jorge Neto	Andatrilhos   Freamunde	Senior Masculino	01:00:45	+10:42	05:04
15	1516	Mário Ferreira	Leões de Tardariz Trail	Senior Masculino	01:00:56	+10:53	05:05
16	1069	Ibrahim Sousa	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	01:01:18	+11:16	05:07
17	1355	Fernando Cunha	Factor X / S4L / Medense FC	Senior Masculino	01:01:22	+11:19	05:07
18	1547	Joel Gomes	Los Mexicanos	Senior Masculino	01:01:31	+11:28	05:08
19	1641	Luis silva	Perdidos no Trail	Senior Masculino	01:01:54	+11:52	05:10
20	1360	Francisco	Individual	Senior Masculino	01:02:28	+12:26	05:12
21	1736	Joel Gonçalves	Tristes Mas Duros	Senior Masculino	01:04:36	+14:34	05:23

## Trail Curto

12 KM

**R**  
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## OFFICIAL RESULT

22	1556	João Leite	Mexilhão da Montanha	Senior Masculino	01:04:39	+14:37	05:23
23	1548	Paulo Gomes	Los Mexicanos	Senior Masculino	01:05:04	+15:02	05:25
24	1729	Vicente Sousa	Trinca Orelhas de Gato	Senior Masculino	01:05:53	+15:50	05:29
25	1517	Miguel Alves	Leões de Tardariz Trail	Senior Masculino	01:05:55	+15:53	05:30
26	1728	Carlos Silva	Trinca Orelhas de Gato	Senior Masculino	01:05:59	+15:57	05:30
27	1090	Pedro Vieira	BTT Alegria // TUBANI	Senior Masculino	01:06:09	+16:06	05:31
28	1174	Armando Fonseca	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Senior Masculino	01:06:24	+16:21	05:32
29	1060	Pedro Pereira	Andatrilhos   Freamunde	Senior Masculino	01:06:48	+16:46	05:34
30	1537	Jorge Pinheiro	LEROY MERLIN Trail team	Senior Masculino	01:07:19	+17:17	05:37
31	1156	Tiago montalvão	Correr Leça	Senior Masculino	01:07:25	+17:23	05:37
32	1359	FILIFE MIGUEL CASTRO PÓVOAS	Individual	Senior Masculino	01:07:30	+17:28	05:38
33	1008	Tiago Castro	10TEMIDOS	Senior Masculino	01:07:51	+17:48	05:39
34	1059	Marco Mendes	Andatrilhos   Freamunde	Senior Masculino	01:08:31	+18:28	05:43
35	1056	Carlos Alberto Leal	Andatrilhos   Freamunde	Senior Masculino	01:08:50	+18:48	05:44
36	1134	rui pereira	Clube Desportivo Cepsa	Senior Masculino	01:08:52	+18:49	05:44
37	1348	Bruno Miguel Mota da Silva	Individual	Senior Masculino	01:09:15	+19:13	05:46
38	1273	Hélder Ferreira	GRAMIDENSE I.F.C	Senior Masculino	01:10:09	+20:06	05:51
39	1353	Élvio Ornelas	Individual	Senior Masculino	01:10:22	+20:20	05:52
40	1073	JC Cunha	Beat Your Limit!	Senior Masculino	01:10:36	+20:34	05:53
41	1549	Ricardo Ribeiro	Los Mexicanos	Senior Masculino	01:10:52	+20:50	05:54
42	1057	Hugo Pereira	Andatrilhos   Freamunde	Senior Masculino	01:11:05	+21:03	05:55
43	1367	Hugo Silva	Individual	Senior Masculino	01:11:18	+21:16	05:57
44	1673	Paulo Saraiva	Royal Wellness Center	Senior Masculino	01:11:38	+21:36	05:58
45	1218	João Teles	Factor X / S4L / Medense FC	Senior Masculino	01:11:42	+21:40	05:59
46	1737	Nuno Cunha	Tristes Mas Duros	Senior Masculino	01:11:54	+21:52	06:00
47	1558	Helder Augusto Ferreira Camilo	Moinhos Run - ADRM	Senior Masculino	01:11:56	+21:53	06:00
48	1694	Pedro Machado	SS MONTEPIO	Senior Masculino	01:12:06	+22:04	06:01
49	1369	Ivo martins	Individual	Senior Masculino	01:12:56	+22:53	06:05
50	1393	pedro miguel leal	Individual	Senior Masculino	01:12:56	+22:54	06:05
51	1143	José Silva	Corredores mas Pouco	Senior Masculino	01:13:01	+22:58	06:05
52	1203	João Neves	Equipotência Trail Team	Senior Masculino	01:13:47	+23:45	06:09
53	1216	Hugo Santos	Factor X / S4L / Medense FC	Senior Masculino	01:14:10	+24:08	06:11
54	1753	Ricardo Moreira	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	01:14:13	+24:11	06:11
55	1024	Roberto Moreira	ALIANÇA DE GANDRA	Senior Masculino	01:14:25	+24:23	06:12
56	1366	Hugo Pacheco	Individual	Senior Masculino	01:14:38	+24:35	06:13
57	1402	Tiago Sequeira	Individual	Senior Masculino	01:14:44	+24:41	06:14
58	1039	Tó Faria	Amigos 100 Limites	Senior Masculino	01:14:49	+24:46	06:14
59	1046	Bruno Mesquita	AMIGOS DO TRAIL	Senior Masculino	01:14:50	+24:47	06:14
60	1371	Joao Morais	Individual	Senior Masculino	01:14:55	+24:52	06:15
61	1509	BRUNO MELO	Invictus Oporto Team	Senior Masculino	01:15:22	+25:20	06:17
62	1380	José Miguel Pereira Torres	Individual	Senior Masculino	01:15:34	+25:32	06:18
63	1373	Joaquim Correia de Carvalho	Individual	Senior Masculino	01:15:40	+25:37	06:18
64	1255	Paulo Henriques	GONDOMAR FUTSAL CLUBE	Senior Masculino	01:16:04	+26:02	06:20
65	1023	Helder Moreira	ALIANÇA DE GANDRA	Senior Masculino	01:16:04	+26:02	06:20
66	1755	Bruno Guedes	Porto Sentido Runners	Senior Masculino	01:16:14	+26:11	06:21

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**Trail Curto**
**12 KM**

**OFFICIAL RESULT**

67	1377	Jorge Torrão	Individual	Senior Masculino	01:16:18	+26:16	06:22
68	1352	David Teixeira	Individual	Senior Masculino	01:16:28	+26:25	06:22
69	1365	Hugo Mendes	Individual	Senior Masculino	01:17:10	+27:08	06:26
70	1051	joão fonseca	amigos s.pedro da cova	Senior Masculino	01:17:13	+27:11	06:26
71	1396	Pedro Mota	Individual	Senior Masculino	01:17:21	+27:19	06:27
72	1765	Ricardo Rocha	Tartarugas Velozes	Senior Masculino	01:17:33	+27:31	06:28
73	1395	Pedro moreira	Individual	Senior Masculino	01:18:15	+28:13	06:31
74	1212	Bruno Lopes	Factor X / S4L / Medense FC	Senior Masculino	01:18:17	+28:15	06:31
75	1098	Daniel Sousa	BTT Alegria // TUBANI	Senior Masculino	01:18:23	+28:21	06:32
76	1403	Valter	Individual	Senior Masculino	01:18:34	+28:32	06:33
77	1399	Ricardo Samuel Carvalho Pereira	Individual	Senior Masculino	01:19:01	+28:59	06:35
78	1226	Tiago Rodrigues	Factor X / S4L / Medense FC	Senior Masculino	01:19:06	+29:03	06:36
79	1133	ricardo braga	Clube Desportivo Cepsa	Senior Masculino	01:19:50	+29:48	06:39
80	1102	Sergio Coelho	BTT Alegria // TUBANI	Senior Masculino	01:20:21	+30:18	06:42
81	1391	Pedro Ferreira	Individual	Senior Masculino	01:20:22	+30:20	06:42
82	1361	Francisco Pimenta	Individual	Senior Masculino	01:20:38	+30:36	06:43
83	1037	Alcino Silva	Amigos 100 Limites	Senior Masculino	01:20:57	+30:54	06:45
84	1738	Rogério Leão	Tristes Mas Duros	Senior Masculino	01:21:08	+31:05	06:46
85	1621	Pedro Torres	Not Fast Just Furious	Senior Masculino	01:21:18	+31:16	06:47
86	1351	Cláudio Araújo	Individual	Senior Masculino	01:21:27	+31:24	06:47
87	1540	Hugo Coelho	LION RUNNERS - G. D. Leões da Guarda	Senior Masculino	01:21:27	+31:25	06:47
88	1125	ricardo joao tato pereira	CARAPAUS DE CORRIDA	Senior Masculino	01:21:28	+31:26	06:47
89	1206	Nuno Moreira	Ermentão	Senior Masculino	01:21:40	+31:38	06:48
90	1378	José Andrade	Individual	Senior Masculino	01:21:58	+31:55	06:50
91	1272	Gustavo Santos	GRAMIDENSE I.F.C	Senior Masculino	01:22:09	+32:07	06:51
92	1222	Pedro Carvalho	Factor X / S4L / Medense FC	Senior Masculino	01:22:31	+32:29	06:53
93	1734	Bruno Gonçalves	Tristes Mas Duros	Senior Masculino	01:22:36	+32:33	06:53
94	1370	João Emanuel Leal Teixeira	Individual	Senior Masculino	01:22:42	+32:40	06:54
95	1357	Fernando Peixoto	Individual	Senior Masculino	01:22:45	+32:43	06:54
96	1130	filipe brandão	Clube Desportivo Cepsa	Senior Masculino	01:23:12	+33:09	06:56
97	1356	Fernando Jorge Pereira Gomes	Individual	Senior Masculino	01:23:19	+33:17	06:57
98	1223	Rui Oliveira	Factor X / S4L / Medense FC	Senior Masculino	01:23:21	+33:18	06:57
99	1394	Pedro Miguel Silva Sampaio	Individual	Senior Masculino	01:23:22	+33:19	06:57
100	1254	Fábio Silva	GONDOMAR FUTSAL CLUBE	Senior Masculino	01:23:34	+33:31	06:58
101	1363	Helder Augusto Santos Marques	Individual	Senior Masculino	01:23:37	+33:35	06:58
102	1374	Joel Coelho	Individual	Senior Masculino	01:23:54	+33:52	07:00
103	1652	António Dias	Quase não vinhamos	Senior Masculino	01:23:55	+33:53	07:00
104	1219	Márcio Sousa	Factor X / S4L / Medense FC	Senior Masculino	01:23:56	+33:53	07:00
105	1543	paulo reis	Lobos Do Monte	Senior Masculino	01:24:10	+34:08	07:01
106	1536	Helder Ferreira	LEROY MERLIN Trail team	Senior Masculino	01:24:22	+34:20	07:02
107	1398	Ricardo Couto	Individual	Senior Masculino	01:24:26	+34:24	07:02
108	1514	José Ribeiro	Leões de Tardariz Trail	Senior Masculino	01:24:30	+34:28	07:03
109	1132	pedro brandão	Clube Desportivo Cepsa	Senior Masculino	01:25:56	+35:54	07:10
110	1141	Daniel Teixeira	Corredores mas Pouco	Senior Masculino	01:27:08	+37:05	07:16
111	1368	Ivo Filipe Costa Ferreira	Individual	Senior Masculino	01:27:11	+37:08	07:16
112	1640	Diego Alves	Perdidos no Trail	Senior Masculino	01:27:14	+37:12	07:16



### Trail Curto

**12 KM**

**R**  
**REVISED**

**OFFICIAL RESULT**

159	1191	SAMUEL QUEIRÓS	EQUIPA JOÃO FERREIRA	Senior Masculino	01:40:01	+49:58	08:20
160	1139	Jorge Magalhães	CMDS	Senior Masculino	01:40:46	+50:44	08:24
161	1343	André Jorge Costa De Azevedo	Individual	Senior Masculino	01:41:15	+51:13	08:26
162	1695	Rui Rebelo	SS MONTEPIO	Senior Masculino	01:41:38	+51:36	08:28
163	1171	Jorge Ribeiro	divigirls	Senior Masculino	01:42:25	+52:23	08:32
164	1349	bruno Pereira	Individual	Senior Masculino	01:42:33	+52:31	08:33
165	1703	Rui Tiago Moreira da Silva	Tartarugas Velozes	Senior Masculino	01:43:11	+53:08	08:36
166	1628	Joao Oliveira	OS IMPARÁVEIS	Senior Masculino	01:43:56	+53:54	08:40
167	1382	Luis Filipe Dias Freitas	Individual	Senior Masculino	01:44:55	+54:53	08:45
168	1612	Filipe Pinto	NOCTURNOS DE PAREDES	Senior Masculino	01:46:04	+56:01	08:50
169	1667	Ricardo Lopes	Ricardo	Senior Masculino	01:46:32	+56:30	08:53
170	1004	Fernando Azevedo	100FILTRO	Senior Masculino	01:46:32	+56:30	08:53
171	1103	Tiago Gomes	BTT Alegria // TUBANI	Senior Masculino	01:46:43	+56:41	08:54
172	1075	Vitor Mendes	BeFitness	Senior Masculino	01:47:35	+57:33	08:58
173	1749	Amado Marques	Individual	Senior Masculino	01:48:28	+58:26	09:02
174	1344	André Santos	Individual	Senior Masculino	01:49:35	+59:33	09:08
175	1376	Jorge Marialva	Individual	Senior Masculino	01:49:56	+59:54	09:10
176	1701	Bruno Filipe Moreira da Silva	Tartarugas Velozes	Senior Masculino	01:51:37	+01:01:35	09:18
177	1170	João Oliveira	divigirls	Senior Masculino	01:52:15	+01:02:12	09:21
178	1153	Duarte costa	Correr Leça	Senior Masculino	01:54:41	+01:04:38	09:33
179	1342	Andre Emanuel Mendes Correia	Individual	Senior Masculino	01:55:23	+01:05:21	09:37
180	1613	Paulo Amorim	NOCTURNOS DE PAREDES	Senior Masculino	01:55:48	+01:05:45	09:39
181	1257	Ricardo Santos	GONDOMAR FUTSAL CLUBE	Senior Masculino	01:56:11	+01:06:09	09:41
182	1127	Bruno Ferreira	Carro Vassoura	Senior Masculino	01:56:21	+01:06:19	09:42
183	1345	Antonio carlos melato alves	Individual	Senior Masculino	02:01:24	+01:11:21	10:07
184	1635	Jorge Silva	OsFazConta	Senior Masculino	02:01:43	+01:11:40	10:09
185	1101	Miguel Ferreira	BTT Alegria // TUBANI	Senior Masculino	02:04:06	+01:14:03	10:21
186	1364	Helder oliveira	Individual	Senior Masculino	02:04:52	+01:14:49	10:24
187	1354	Fábio Mota	Individual	Senior Masculino	02:04:52	+01:14:49	10:24
188	1047	Pedro Almeida	AMIGOS DO TRAIL	Senior Masculino	02:06:38	+01:16:36	10:33
189	1239	Rui Manuel Ferraz MOREIRA SILVA	GDC Fidelidade	Senior Masculino	02:08:15	+01:18:13	10:41
190	1639	Luis Miguel Silva Santos	Passarinhos do monte	Senior Masculino	02:08:25	+01:18:23	10:42
191	1404	Vitor Francisco Martins Gonçalves	Individual	Senior Masculino	02:34:59	+01:44:57	12:55
192	1752	José Rocha	Leões de Tardariz Trail	Senior Masculino	02:40:27	+01:50:25	13:22
193	1675	João Santos	run4fun	Senior Masculino	02:44:23	+01:54:21	13:42

### Sub 23 Feminino

1	1406	Rita Macedo	Individual	Sub 23 Feminino	01:42:15	+52:13	08:31
2	1550	Cláudia Oliveira	Los Mexicanos	Sub 23 Feminino	02:05:16	+01:15:13	10:26

### Sub 23 Masculino

1	1642	José Gaspar	Perdidos no Trail	Sub 23 Masculino	01:00:50	+10:48	05:04
2	1094	Hugo Soares	BTT Alegria // TUBANI	Sub 23 Masculino	01:04:28	+14:26	05:22
3	1235	Jorge Beliago	gansos	Sub 23 Masculino	01:11:29	+21:26	05:57

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Trail Curto

12 KM

**R**  
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OFFICIAL RESULT

32	1067	Sandra Ferreira	ARCORUN	Veterana F40	01:35:42	+45:39	07:59
33	1646	Márcia Madeira	PIPO	Veterana F40	01:38:04	+48:02	08:10
34	1712	Paula Afonso	Trailers	Veterana F40	01:38:05	+48:03	08:10
35	1414	Anabela Mesquita	Individual	Veterana F40	01:38:06	+48:04	08:11
36	1420	Eduarda Mesquita	Individual	Veterana F40	01:38:06	+48:04	08:11
37	1718	Fátima Cristina Santos Costa	Trepa Trilhos Trail Team	Veterana F40	01:38:59	+48:56	08:15
38	1716	Ana Maria Cardoso Silva	Trepa Trilhos Trail Team	Veterana F40	01:38:59	+48:56	08:15
39	1434	Raquel Pinto	Individual	Veterana F40	01:39:04	+49:02	08:15
40	1428	Luisa Maria da Fonseca Barbosa	Individual	Veterana F40	01:39:13	+49:11	08:16
41	1026	Natália Moreira	ALIANÇA DE GANDRA	Veterana F40	01:40:34	+50:32	08:23
42	1040	Marta Magalhães	Amigos 100 Limites	Veterana F40	01:40:36	+50:34	08:23
43	1739	Margarida Nunes	Tristes Mas Duros	Veterana F40	01:40:59	+50:57	08:25
44	1519	Maria Jesus	Leões de Tardariz Trail	Veterana F40	01:41:02	+51:00	08:25
45	1711	Célia Alves	Trailers	Veterana F40	01:41:30	+51:28	08:28
46	1696	Susana Cardoso	SS MONTEPIO	Veterana F40	01:41:35	+51:33	08:28
47	1614	Maria de Jesus	NOCTURNOS DE PAREDES	Veterana F40	01:41:37	+51:35	08:28
48	1436	ROSA SOARES	Individual	Veterana F40	01:41:57	+51:55	08:30
49	1423	Elisabete Melo	Individual	Veterana F40	01:44:08	+54:06	08:41
50	1112	Isabel Lima	BUDEGUITA RUNNERS	Veterana F40	01:44:35	+54:33	08:43
51	1116	Sandra Soares	BUDEGUITA RUNNERS	Veterana F40	01:44:36	+54:34	08:43
52	1115	Sandra Oliveira	BUDEGUITA RUNNERS	Veterana F40	01:44:36	+54:34	08:43
53	1031	Célia Vieira	Alto Relevo - Clube de Montanhismo	Veterana F40	01:44:53	+54:50	08:44
54	1249	Paula Ferreira	GENEROSOS RUNNERS	Veterana F40	01:45:36	+55:33	08:48
55	1049	Sandra Domingos	AMIGOS DO TRAIL	Veterana F40	01:46:06	+56:03	08:51
56	1412	Ana Carvalho	Individual	Veterana F40	01:46:11	+56:09	08:51
57	1422	ELISABETE ALVES NOGUEIRA	Individual	Veterana F40	01:47:37	+57:35	08:58
58	1105	Rita Silva	BTT Alegria // TUBANI	Veterana F40	01:47:44	+57:42	08:59
59	1732	Paula Moreira	Trinca Orelhas de Gato	Veterana F40	01:49:04	+59:01	09:05
60	1714	Sílvia Azevedo	Trailers	Veterana F40	01:49:40	+59:38	09:08
61	1713	Paula Santos	Trailers	Veterana F40	01:49:40	+59:38	09:08
62	1196	RENATA HELOISA VIEIRA	EQUIPA JOÃO FERREIRA	Veterana F40	01:51:21	+01:01:19	09:17
63	1730	Goreti Rocha	Trinca Orelhas de Gato	Veterana F40	01:51:53	+01:01:50	09:19
64	1719	Rosa Maria Pinto Almeida	Trepa Trilhos Trail Team	Veterana F40	01:52:07	+01:02:04	09:21
65	1690	Sandra Isabel Gonçalves de Oliveira	Shears	Veterana F40	01:52:08	+01:02:06	09:21
66	1135	marisa silva	Clube Desportivo Cepssa	Veterana F40	01:52:36	+01:02:33	09:23
67	1433	Paula Morais	Individual	Veterana F40	01:52:44	+01:02:42	09:24
68	1583	Silvina Barbosa	MSS CONTABILIDADE TRAIL TEAM	Veterana F40	01:54:57	+01:04:54	09:35
69	1136	sandra morgado	Clube Desportivo Cepssa	Veterana F40	01:55:22	+01:05:20	09:37
70	1157	Joaquina soares	Correr Leça	Veterana F40	01:55:22	+01:05:20	09:37
71	1025	Fátima Ramos	ALIANÇA DE GANDRA	Veterana F40	01:56:28	+01:06:26	09:42
72	1582	Natália Carvalho	MSS CONTABILIDADE TRAIL TEAM	Veterana F40	01:56:38	+01:06:35	09:43
73	1427	Jaquelina Sousa	Individual	Veterana F40	01:57:25	+01:07:23	09:47
74	1197	RITA GONÇALVES	EQUIPA JOÃO FERREIRA	Veterana F40	01:57:44	+01:07:42	09:49
75	1192	CLAUDIA FRADE	EQUIPA JOÃO FERREIRA	Veterana F40	01:57:44	+01:07:42	09:49

### Trail Curto

12 KM



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REVISED

### OFFICIAL RESULT

76	1240	SANDRA CEPEDA	GDC Fidelidade	Veterana F40	01:58:33	+01:08:31	09:53
77	1185	Susana Rito	EDV - Viana Trail	Veterana F40	01:59:29	+01:09:26	09:57
78	1080	Carla teixeira	Bota Brita	Veterana F40	01:59:57	+01:09:54	10:00
79	1435	Rosa	Individual	Veterana F40	02:00:10	+01:10:08	10:01
80	1413	Ana Ferreira	Individual	Veterana F40	02:00:28	+01:10:26	10:02
81	1616	Tina Moura	NOCTURNOS DE PAREDES	Veterana F40	02:03:00	+01:12:58	10:15
82	1416	Balbina dos Santos Aguiar Mota	Individual	Veterana F40	02:03:10	+01:13:08	10:16
83	1193	CRISTINA SAMPAIO	EQUIPA JOÃO FERREIRA	Veterana F40	02:04:21	+01:14:18	10:22
84	1048	Ângela Esteves	AMIGOS DO TRAIL	Veterana F40	02:06:41	+01:16:39	10:33
85	1421	Elisa Pereira	Individual	Veterana F40	02:08:20	+01:18:18	10:42
86	1072	Isabel Santos	Bardinos dos Montes	Veterana F40	02:09:51	+01:19:49	10:49
87	1009	Lília Sá	10TEMIDOS	Veterana F40	02:09:57	+01:19:54	10:50
88	1415	Anabela Ramos Moreira	Individual	Veterana F40	02:14:30	+01:24:28	11:13
89	1754	Susana Gomes	MSS CONTABILIDADE TRAIL TEAM	Veterana F40	02:14:44	+01:24:42	11:14
90	1438	Sandra Martins	Individual	Veterana F40	02:15:34	+01:25:32	11:18
91	1085	Veronica Ferraz	Bota Brita	Veterana F40	02:16:13	+01:26:10	11:21
92	1419	Carla Palmeiro	Individual	Veterana F40	02:18:43	+01:28:40	11:34
93	1431	Meg Garcia	Individual	Veterana F40	02:18:43	+01:28:41	11:34
94	1082	Claúdia silva	Bota Brita	Veterana F40	02:23:06	+01:33:03	11:56
95	1084	marta Sousa	Bota Brita	Veterana F40	02:23:06	+01:33:03	11:56
96	1110	Ana Maria Ramos Nogueira Martins	BUDEGUITA RUNNERS	Veterana F40	02:23:12	+01:33:10	11:56
97	1577	Ana Margarida Gaspar	MSS CONTABILIDADE TRAIL TEAM	Veterana F40	02:33:22	+01:43:20	12:47
98	1580	Irene Bastos	MSS CONTABILIDADE TRAIL TEAM	Veterana F40	02:33:23	+01:43:20	12:47
99	1581	Maria Teresa Vilaça	MSS CONTABILIDADE TRAIL TEAM	Veterana F40	02:41:04	+01:51:01	13:25
100	1676	Sónia Santos	run4fun	Veterana F40	02:44:20	+01:54:17	13:42
101	1677	Susana Marques	run4fun	Veterana F40	02:47:08	+01:57:06	13:56

### Veterana F50

1	1680	FATIMA PAIS	Running Espinho	Veterana F50	01:13:01	+22:58	06:05
2	1448	Maria salome oliveira	Individual	Veterana F50	01:14:31	+24:28	06:13
3	1445	Margarida Machado	Individual	Veterana F50	01:23:09	+33:07	06:56
4	1106	Maria José Teixeira	BTT Alegria // TUBANI	Veterana F50	01:24:01	+33:59	07:00
5	1617	Graça Ribeiro	NOCTURNOS DE PAREDES	Veterana F50	01:24:09	+34:06	07:01
6	1262	Rosa Mendes	GONDOMAR FUTSAL CLUBE	Veterana F50	01:25:27	+35:25	07:07
7	1709	Delfina Eiras	Trail sra salto	Veterana F50	01:27:31	+37:29	07:18
8	1259	Adelaide Vigário	GONDOMAR FUTSAL CLUBE	Veterana F50	01:28:21	+38:19	07:22
9	1261	Branca Marques	GONDOMAR FUTSAL CLUBE	Veterana F50	01:32:02	+42:00	07:40
10	1452	Paulina Soares	Individual	Veterana F50	01:34:17	+44:14	07:51
11	1241	Maria Emília MOREIRA	GDC Fidelidade	Veterana F50	01:34:54	+44:51	07:55
12	1444	Ana paula teixeira	Individual	Veterana F50	01:35:43	+45:41	07:59
13	1446	maria alves	Individual	Veterana F50	01:37:12	+47:10	08:06
14	1178	Fernanda Bento	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Veterana F50	01:42:14	+52:12	08:31

Official Timekeeper: Lap2Go	11 / 17	generate 02-Nov-2017 10:21
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**Trail Curto**

**12 KM**

**OFFICIAL RESULT**



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17	1014	FRANCISCO TEIXEIRA	A. R. LUZ E VIDA GONDOMARENSE	Veterano M40	01:02:30	+12:28	05:13
18	1478	José Ferreira	Individual	Veterano M40	01:03:03	+13:01	05:15
19	1484	nuno souza	Individual	Veterano M40	01:03:21	+13:19	05:17
20	1521	Dario Cardoso	Leões de Tardariz Trail	Veterano M40	01:03:45	+13:43	05:19
21	1740	Pedro Moreira	Tristes Mas Duros	Veterano M40	01:04:50	+14:48	05:24
22	1592	Manuel Faria	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	01:05:01	+14:59	05:25
23	1066	Daniel Machado Neto	Andatrilhos   Freamunde	Veterano M40	01:05:04	+15:02	05:25
24	1181	Cláudio Monteiro	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Veterano M40	01:05:23	+15:21	05:27
25	1692	Fernando Morais	Somos Nós Team	Veterano M40	01:05:46	+15:44	05:29
26	1726	Rui Mota	Factor X / S4L / Medense FC	Veterano M40	01:05:57	+15:55	05:30
27	1733	Miguel Silva	Trinca Orelhas de Gato	Veterano M40	01:06:20	+16:18	05:32
28	1598	Vitor Azevedo	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	01:06:29	+16:27	05:32
29	1179	António Azevedo	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Veterano M40	01:07:24	+17:21	05:37
30	1274	Miguel Teixeira	GRAMIDENSE I.F.C	Veterano M40	01:07:29	+17:26	05:37
31	1472	Joao Correia	Individual	Veterano M40	01:07:31	+17:28	05:38
32	1579	Fernando Branco	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	01:08:31	+18:29	05:43
33	1230	americo frança	FRANÇA	Veterano M40	01:08:43	+18:41	05:44
34	1745	Vitor Cardoso	Vitor	Veterano M40	01:09:09	+19:06	05:46
35	1760	Sergio Silva	Fugitivos Urbanos Clinica+Saúde	Veterano M40	01:09:10	+19:08	05:46
36	1526	Mário Moura	Leões de Tardariz Trail	Veterano M40	01:09:25	+19:23	05:47
37	1527	Pedro Ferreira	Leões de Tardariz Trail	Veterano M40	01:10:19	+20:16	05:52
38	1463	Carlos Pereira	Individual	Veterano M40	01:10:30	+20:27	05:53
39	1724	Luís Peixoto	Tricotar Trails	Veterano M40	01:10:57	+20:54	05:55
40	1077	Camilo Pinto	boa companhia	Veterano M40	01:11:30	+21:27	05:58
41	1529	Vitor Martins	Leões de Tardariz Trail	Veterano M40	01:11:36	+21:33	05:58
42	1162	Pedro justo	Correr Leça	Veterano M40	01:11:36	+21:34	05:58
43	1594	Nelson Azevedo	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	01:12:55	+22:53	06:05
44	1248	Paulo Gomes	NOCTURNOS DE PAREDES	Veterano M40	01:13:29	+23:27	06:07
45	1475	Jorge Lima	Individual	Veterano M40	01:13:31	+23:29	06:08
46	1751	Floriberto Castro	Individual	Veterano M40	01:13:58	+23:55	06:10
47	1538	Carlos Reis	LEROY MERLIN Trail team	Veterano M40	01:14:18	+24:15	06:12
48	1597	Rui Rodrigues	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	01:15:44	+25:42	06:19
49	1590	Jorge Carvalho	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	01:15:44	+25:42	06:19
50	1109	Agostinho Coelho	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Veterano M40	01:16:01	+25:58	06:20
51	1137	alberto brandão	Clube Desportivo Cepssa	Veterano M40	01:16:25	+26:23	06:22
52	1595	Paulo Miguel Queiros	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	01:16:30	+26:28	06:23
53	1465	Diogo Neves	Individual	Veterano M40	01:17:31	+27:28	06:28
54	1462	Carlos Gonçalves	Individual	Veterano M40	01:18:03	+28:01	06:30

Official Timekeeper: Lap2Go	13 / 17	generate 02-Nov-2017 10:21
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**Trail Curto**
**12 KM**
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**Veterano M60**

1	1183	Carlos Bento	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Veterano M60	01:12:49	+22:46	06:04
2	1013	Carlos A. Macedo	A D AMARANTE trail running team	Veterano M60	01:19:27	+29:25	06:37
3	1670	Manuel Rocha	Ricardo	Veterano M60	01:26:19	+36:17	07:12
4	1271	José Sousa	GONDOMAR FUTSAL CLUBE	Veterano M60	01:29:27	+39:25	07:27
5	1507	António Fernandes	Individual	Veterano M60	01:30:31	+40:28	07:33
6	1508	Elias Pereira	Individual	Veterano M60	01:32:50	+42:48	07:44
7	1627	Manuel Moura	OS BARRIGUITAS	Veterano M60	01:36:19	+46:17	08:02



## COLETIVO - TRAIL CURTO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

39	OsFazConta	92 + 470 + 540	1102
40	Trailers	359 + 398 + 413	1170
41	Tartarugas Velozes	159 + 483 + 535	1177
42	LION RUNNERS - G. D. Leões da Guarda	205 + 488 + 489	1182
43	Bota Brita	243 + 586 + 595	1424
44	divigirls	476 + 544 + 545	1565
45	run4fun	658 + 659 + 660	1977