

TRAIL LONGO 25K - STAGE 1

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:00	2°C	93%
End	13:41	2°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	208	Antonio Braziela	oraklass-amigos do trail	Senior Masculino	01:57:34		04:42
2	10	Paulo Costa	a.d.amarante trail running	Senior Masculino	02:03:16	+05:43	04:56
3	37	Alexandre Urbina Rubio	compressport team	Senior Masculino	02:05:40	+08:06	05:02
4	192	Fábio Pinto	royal wellness center	Senior Masculino	02:06:01	+08:27	05:02
5	57	PEDRO SANTOS	fugitivos urbanos - clínica + saúde	Veterano M40	02:06:22	+08:48	05:03
6	11	Vitor Costa	a.d.amarante trail running	Senior Masculino	02:07:22	+09:49	05:06
7	180	Miguel Neves	oraklass-amigos do trail	Senior Masculino	02:07:54	+10:20	05:07
8	40	Hélder Rocha	douroconta - gabinete de apoio e contabilidade	Senior Masculino	02:10:34	+13:00	05:13
9	43	Pedro Marques	dr. merino/4moove	Veterano M50	02:10:50	+13:16	05:14
10	8	Jose Luis Ferreira Pereira	a.d.amarante trail running	Senior Masculino	02:11:54	+14:21	05:17
11	32	Vitor Sousa	centro ciclista gondomar	Veterano M50	02:12:02	+14:28	05:17
12	20	Humberto Silva	aztrail	Senior Masculino	02:12:51	+15:18	05:19
13	206	Nuno Maia	ctad - tiagoaragao.com	Senior Masculino	02:13:48	+16:14	05:21
14	55	Luis Pinto	fridão sem limites	Senior Masculino	02:14:01	+16:27	05:22
15	41	Bernardo Tavares	dr. merino/4moove	Senior Masculino	02:15:44	+18:11	05:26
16	2	David Tavares	centro ciclista gondomar	Veterano M55	02:16:44	+19:11	05:28
17	193	Joaquim Freitas	satecnosol outdoor/la sportiva portugal	Veterano M40	02:17:39	+20:05	05:30
18	177	Tiago Soares	moinhos run-adrm	Senior Masculino	02:17:47	+20:13	05:31
19	69	Hugo Araujo	gtt - armazém do caffè	Senior Masculino	02:18:29	+20:55	05:32
20	7	Filipe Barros	a.d.amarante trail running	Senior Masculino	02:19:50	+22:16	05:36
21	1	Lucinda Sousa	gondomar futsal clube	Veterana F45	02:22:41	+25:08	05:42
22	205	Ivo Morais	individual	Veterano M40	02:22:47	+25:14	05:43
23	174	António Pinto	mocidade sangemil ac	Senior Masculino	02:22:49	+25:16	05:43
24	5	Manuel Sousa	a. r. luz e vida gondomarenses	Veterano M55	02:23:26	+25:52	05:44
25	178	David Sousa	mss contabilidade	Senior Masculino	02:23:56	+26:23	05:45
26	52	Cláudio Pedro Melhorado Reininho	foz cõa trail	Veterano M40	02:24:34	+27:01	05:47
27	24	Nuno Paiva	cães d'avenida	Veterano M50	02:25:59	+28:26	05:50
28	166	Adriano Oliveira	lusitanos	Veterano M45	02:26:02	+28:28	05:50
29	54	Bruno Azevedo	fridão sem limites	Senior Masculino	02:26:14	+28:41	05:51
30	49	Sérgio Pereira	ermidafit	Senior Masculino	02:26:50	+29:16	05:52
31	92	Lino Pinto	individual	Senior Masculino	02:27:09	+29:36	05:53
32	91	Kevin Josselin	individual	Senior Masculino	02:27:18	+29:44	05:54
33	90	José Miguel Pinto	individual	Senior Masculino	02:28:04	+30:31	05:55
34	68	António Rocha	gondomar futsal clube	Veterano M60	02:28:07	+30:33	05:55
35	30	Asdrubal Freitas	centro ciclista gondomar	Veterano M45	02:28:41	+31:08	05:57
36	98	Nuno Miguel Carvalho da Silva	individual	Senior Masculino	02:29:26	+31:52	05:59
37	31	Ângelo Pereira	centro ciclista gondomar	Veterano M50	02:30:42	+33:08	06:02
38	133	Paulo Ferreira	individual	Veterano M40	02:31:00	+33:27	06:02
39	197	Manuel Afonso	vimarunners	Veterano M45	02:31:05	+33:32	06:03
40	160	Jorge Domingues	lebres minhotas	Veterano M40	02:31:13	+33:39	06:03
41	142	José Regueiras	individual	Veterano M45	02:31:14	+33:41	06:03

TRAIL LONGO 25K - STAGE 1

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	99	paulo jorge	individual	Senior Masculino	02:31:16	+33:43	06:03
43	63	André Trigais	gondomar futsal clube	Senior Masculino	02:31:16	+33:43	06:03
44	173	João Filipe Ferreira Leite	mexilhão da montanha	Senior Masculino	02:31:19	+33:46	06:03
45	119	Hugo Brito	individual	Veterano M40	02:31:58	+34:25	06:05
46	48	Ricardo Pais	ermidafit	Senior Masculino	02:32:17	+34:43	06:05
47	21	Mario Fonseca	aztrail	Veterano M40	02:32:17	+34:44	06:06
48	42	Paula Lage	dr. merino/4moove	Veterana F40	02:32:18	+34:44	06:06
49	45	José Cruz	ei team trail	Senior Masculino	02:32:34	+35:00	06:06
50	6	Antonio Mendes	a.d.amarante trail running	Senior Masculino	02:33:17	+35:43	06:08
51	184	José Oliveira	petro basto	Veterano M50	02:33:19	+35:45	06:08
52	28	Américo Pinto	ccdtc.m.gondomar	Veterano M50	02:34:50	+37:16	06:12
53	38	Joaquim Duarte	dá-lhe gás	Senior Masculino	02:34:53	+37:19	06:12
54	143	laurentino martins	individual	Veterano M45	02:35:16	+37:43	06:13
55	104	Ricardo Sousa	individual	Senior Masculino	02:35:21	+37:48	06:13
56	51	Joaquim Mota	fanecateam	Senior Masculino	02:35:45	+38:11	06:14
57	123	José Pedro Silva	individual	Veterano M40	02:35:46	+38:12	06:14
58	117	César Sousa	individual	Veterano M40	02:36:24	+38:51	06:15
59	164	José Carlos Gomes	ligeirinhos	Veterano M55	02:36:36	+39:03	06:16
60	61	Alice Lopes	ginásio fit4fun	Veterana F40	02:36:38	+39:05	06:16
61	169	Sérgio Pereira	magical mushrooms	Senior Masculino	02:36:51	+39:17	06:16
62	209	Atleta 209	individual	Senior Masculino	02:36:54	+39:21	06:17
63	199	Mário Leite	yazaki	Veterano M40	02:38:50	+41:16	06:21
64	39	Joaquim Leal	dá-lhe gás	Senior Masculino	02:39:25	+41:52	06:23
65	147	Manuel Cunha Povoas	individual	Veterano M50	02:39:38	+42:04	06:23
66	167	Paulo Azevedo	lusitanos	Veterano M45	02:40:31	+42:58	06:25
67	207	Bruno Porto	individual	Senior Masculino	02:40:35	+43:02	06:25
68	65	Pedro Matos	gondomar futsal clube	Veterano M40	02:40:36	+43:02	06:25
69	76	Lúcia Lourenço	individual	Senior Feminino	02:41:04	+43:31	06:27
70	163	Manuel Gomes	leroy merlin trail team	Veterano M45	02:41:16	+43:43	06:27
71	87	Geraldo Santos	individual	Senior Masculino	02:42:45	+45:12	06:31
72	124	Luis Lobo	individual	Veterano M40	02:43:21	+45:47	06:32
73	94	Marcos Silva	individual	Senior Masculino	02:43:53	+46:19	06:33
74	148	Manuel Henrique Moreira santos	individual	Veterano M50	02:44:05	+46:32	06:34
75	64	Paulo Alves	gondomar futsal clube	Veterano M40	02:44:13	+46:40	06:34
76	129	Miguel Moura	individual	Veterano M40	02:44:30	+46:57	06:35
77	157	Julio Paulo Soares da Silva	juventude cortegacense	Veterano M45	02:45:19	+47:46	06:37
78	153	Luis Silva	juventude cortegacense	Senior Masculino	02:45:21	+47:47	06:37
79	118	HUGO ALEXANDRE SILVA DOS SANTOS AMARO	individual	Veterano M40	02:45:26	+47:52	06:37
80	35	Hélder Antonio de Oliveira Mendes	clube zipper	Senior Masculino	02:46:02	+48:28	06:39
81	89	José Fernandes	individual	Senior Masculino	02:46:12	+48:39	06:39
82	131	Nuno Filipe de Almeida e Silva	individual	Veterano M40	02:46:22	+48:49	06:39
83	46	João Araújo24	ermentão	Senior Masculino	02:46:28	+48:54	06:40
84	204	Sonia Tubal	proaventura	Senior Feminino	02:47:27	+49:54	06:42
85	56	António Joaquim Teixeira Alves	fridão sem limites	Veterano M40	02:47:30	+49:56	06:42
86	101	Pedro Nogueira	individual	Senior Masculino	02:47:50	+50:17	06:43

TRAIL LONGO 25K - STAGE 1

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
87	175	Miguel Santos	moinhos run-adrm	Senior Masculino	02:47:53	+50:20	06:43
88	70	Jorge Borges	gtt - armazém do caffè	Senior Masculino	02:48:43	+51:09	06:45
89	18	Maria Augusta Da Costa Loureiro	associação desportiva de cabroelo	Veterana F45	02:49:04	+51:30	06:46
90	96	Miguel Freitas	individual	Senior Masculino	02:49:20	+51:46	06:46
91	108	Vitor Manuel da Silva Pereira	individual	Senior Masculino	02:49:43	+52:10	06:47
92	103	Ricardo Soares	individual	Senior Masculino	02:49:54	+52:21	06:48
93	158	AGOSTINHO SOUSA	kunalama runners	Veterano M60	02:51:28	+53:54	06:52
94	149	Vitor Manuel Barbosa Moreira	individual	Veterano M50	02:51:35	+54:02	06:52
95	139	António Freitas	individual	Veterano M45	02:52:05	+54:32	06:53
96	162	Carlos Reis	leroy merlin trail team	Veterano M40	02:52:28	+54:54	06:54
97	106	Rui Santos Pereira	individual	Senior Masculino	02:52:29	+54:56	06:54
98	134	Pedro Sousa	individual	Veterano M40	02:52:38	+55:05	06:54
99	44	Zé Filipe Almeida	edv-viana trail	Veterano M55	02:53:47	+56:14	06:57
100	114	Sandra Arribança	individual	Veterana F45	02:54:12	+56:38	06:58
101	102	Ricardo Peixoto	individual	Senior Masculino	02:54:12	+56:39	06:58
102	97	Nuno Correia	individual	Senior Masculino	02:54:45	+57:11	06:59
103	171	Olga Almeida	mcn - night runners	Senior Feminino	02:55:02	+57:29	07:00
104	34	vitor coelho	clube desportivo cepsa	Veterano M45	02:55:13	+57:40	07:01
105	137	Vitor Cancela	individual	Veterano M40	02:56:15	+58:41	07:03
106	72	António Batista	hora do lobo trail	Senior Masculino	02:57:38	+01:00:04	07:06
107	105	Rui da Silva Santos	individual	Senior Masculino	02:57:44	+01:00:11	07:07
108	201	Paula Santos	all about	Veterana F45	02:57:48	+01:00:15	07:07
109	95	Mario FRancisco Lamas Gonçalves	individual	Senior Masculino	02:59:43	+01:02:09	07:11
110	47	Telma Duarte	ermidafit	Senior Feminino	02:59:48	+01:02:14	07:12
111	194	Andreia Morais	somos nós team	Senior Feminino	03:00:24	+01:02:50	07:13
112	183	Adriano Rocha	outsiders trail team	Veterano M45	03:00:49	+01:03:16	07:14
113	79	virginia bezzi	individual	Senior Feminino	03:00:54	+01:03:21	07:14
114	196	Paulo Morais	somos nós team	Veterano M45	03:00:57	+01:03:23	07:14
115	186	TANIA BATEIRA	portocargo	Senior Feminino	03:01:05	+01:03:32	07:15
116	155	Joao Paulo Costa Oliveira	juventude cortegacense	Veterano M40	03:01:19	+01:03:45	07:15
117	176	Simão	moinhos run-adrm	Senior Masculino	03:01:41	+01:04:07	07:16
118	128	manuel joaquim fonseca oliveira pinto	individual	Veterano M40	03:02:55	+01:05:22	07:19
119	150	Vitor Manuel Coelho de Almeida	individual	Veterano M50	03:02:57	+01:05:23	07:19
120	111	Sofia Coelho	individual	Veterana F40	03:04:08	+01:06:34	07:22
121	81	António Rocha	individual	Senior Masculino	03:04:43	+01:07:10	07:23
122	156	Ernesto Marques Alves	juventude cortegacense	Veterano M45	03:05:16	+01:07:42	07:25
123	120	Joao Silva	individual	Veterano M40	03:05:40	+01:08:06	07:26
124	71	Ricardo Castro	guimarães trail	Veterano M40	03:05:43	+01:08:10	07:26
125	122	Jorge Duraes	individual	Veterano M40	03:06:01	+01:08:27	07:26
126	58	Ana Gomes	gaia running	Senior Feminino	03:06:19	+01:08:45	07:27
127	59	Fernando Jorge Santos	gaia running	Veterano M55	03:06:20	+01:08:46	07:27
128	125	Luís Miguel de Oliveira Martins	individual	Veterano M40	03:06:28	+01:08:55	07:28
129	60	MARIA DA CONCEIÇÃO FERREIRA	ginásio fit4fun	Veterana F50	03:06:32	+01:08:59	07:28
130	67	Paulo Gama	gondomar futsal clube	Veterano M45	03:06:41	+01:09:07	07:28
131	88	Hugo Mendes	individual	Senior Masculino	03:06:44	+01:09:10	07:28

TRAIL LONGO 25K - STAGE 1

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
177	14	Carla Moreira	arrastassolas	Veterana F40	03:40:51	+01:43:17	08:50
178	75	Helena Passos	individual	Senior Feminino	03:41:39	+01:44:05	08:52
179	82	Artur Fonseca	individual	Senior Masculino	03:49:39	+01:52:05	09:11
180	100	Pedro Cardoso Neves	individual	Senior Masculino	03:57:34	+02:00:01	09:30
181	19	Vera Nogueira	aztrail	Senior Feminino	04:01:18	+02:03:44	09:39
182	36	Rui Miguel Oliveira	com'dor runners	Veterano M40	04:01:31	+02:03:57	09:40
183	50	Manuel Cunha Lima	experienciar	Veterano M55	04:03:23	+02:05:50	09:44
184	161	Manuel Oliveira	leões de tardariz trail	Veterano M40	04:05:43	+02:08:10	09:50
185	22	Morgana Almeida	bananas	Senior Feminino	04:11:08	+02:13:34	10:03
186	23	Luis Pinho	bananas	Senior Masculino	04:11:08	+02:13:34	10:03
187	113	Cristina Sousa	individual	Veterana F45	04:11:42	+02:14:09	10:04
188	185	Patrícia Sousa	pit power	Senior Feminino	04:14:36	+02:17:02	10:11
189	15	Helena Cunha	arrastassolas	Veterana F40	04:14:36	+02:17:02	10:11
190	17	Manuel Silva	arrastassolas	Veterano M45	04:31:17	+02:33:44	10:51
191	109	Eduarda Maria Vieira Magalhães Freitas	budegita runners	Veterana F40	04:32:15	+02:34:42	10:53

Trail Longo 25K

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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	Time	Temperature	Humidity
Start	09:00	2°C	93%
End	13:41	2°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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Senior Feminino

1	76	Lúcia Lourenço	Individual	Senior Feminino	02:41:05		06:27
2	204	Sonia Tubal	ProAventura	Senior Feminino	02:47:28	+06:23	06:42
3	171	Olga Almeida	MCN - Night Runners	Senior Feminino	02:55:03	+13:58	07:00
4	47	Telma Duarte	ErmidaFit	Senior Feminino	02:59:48	+18:43	07:12
5	194	Andreia Morais	Somos Nós Team	Senior Feminino	03:00:24	+19:19	07:13
6	79	virginia bezzi	Individual	Senior Feminino	03:00:55	+19:50	07:14
7	186	TANIA BATEIRA	PORTOCARGO	Senior Feminino	03:01:06	+20:01	07:15
8	58	Ana Gomes	Gaia Running	Senior Feminino	03:06:19	+25:14	07:27
9	187	Joana Rodrigues de Sousa	PT JRSOUSA TEAM	Senior Feminino	03:09:20	+28:15	07:34
10	202	Ana Figueiredo	Individual	Senior Feminino	03:16:30	+35:25	07:52
11	77	Solange Sousa	Individual	Senior Feminino	03:20:34	+39:29	08:01
12	53	Andreia Mota	Fridão Sem Limites	Senior Feminino	03:26:00	+44:55	08:14
13	78	Sónia Brás	Individual	Senior Feminino	03:32:39	+51:34	08:30
14	75	Helena Passos	Individual	Senior Feminino	03:41:39	+01:00:34	08:52
15	19	Vera Nogueira	AZTrail	Senior Feminino	04:01:18	+01:20:13	09:39
16	22	Morgana Almeida	Bananas	Senior Feminino	04:11:08	+01:30:03	10:03
17	185	Patrícia Sousa	Pit Power	Senior Feminino	04:14:36	+01:33:31	10:11

Senior Masculino

1	208	Antonio Braziela	Oralklass-Amigos do Trail	Senior Masculino	01:57:34		04:42
2	10	Paulo Costa	A.D.Amarante trail running	Senior Masculino	02:03:17	+05:43	04:56
3	37	Alexandre Urbina Rubio	COMPRESSPORT TEAM	Senior Masculino	02:05:40	+08:06	05:02
4	192	Fábio Pinto	Royal Wellness Center	Senior Masculino	02:06:01	+08:27	05:02
5	11	Vitor Costa	A.D.Amarante trail running	Senior Masculino	02:07:23	+09:49	05:06
6	180	Miguel Neves	Oralklass-Amigos do Trail	Senior Masculino	02:07:54	+10:20	05:07
7	40	Hélder Rocha	Douroconta - Gabinete de Apoio e Contabilidade	Senior Masculino	02:10:34	+13:00	05:13
8	8	Jose Luis Ferreira Pereira	A.D.Amarante trail running	Senior Masculino	02:11:55	+14:21	05:17
9	20	Humberto Silva	AZTrail	Senior Masculino	02:12:52	+15:18	05:19
10	206	Nuno Maia	CTAD - Tiagoaragao.com	Senior Masculino	02:13:48	+16:14	05:21
11	55	Luis Pinto	Fridão Sem Limites	Senior Masculino	02:14:01	+16:27	05:22
12	41	Bernardo Tavares	Dr. Merino/4moove	Senior Masculino	02:15:45	+18:11	05:26
13	177	Tiago Soares	Moinhos Run-ADRM	Senior Masculino	02:17:47	+20:13	05:31
14	69	Hugo Araujo	GTT - Armazém do Caffè	Senior Masculino	02:18:29	+20:55	05:32
15	7	Filipe Barros	A.D.Amarante trail running	Senior Masculino	02:19:50	+22:16	05:36
16	174	António Pinto	Mocidade Sangemil AC	Senior Masculino	02:22:50	+25:16	05:43
17	178	David Sousa	MSS CONTABILIDADE	Senior Masculino	02:23:57	+26:23	05:45
18	54	Bruno Azevedo	Fridão Sem Limites	Senior Masculino	02:26:15	+28:41	05:51

Trail Longo 25K

25 KM

OFFICIAL RESULT

19	49	Sérgio Pereira	ErmidaFit	Senior Masculino	02:26:50	+29:16	05:52
20	92	Lino Pinto	Individual	Senior Masculino	02:27:10	+29:36	05:53
21	91	Kevin Josselin	Individual	Senior Masculino	02:27:18	+29:44	05:54
22	90	José Miguel Pinto	Individual	Senior Masculino	02:28:05	+30:31	05:55
23	98	Nuno Miguel Carvalho da Silva	Individual	Senior Masculino	02:29:26	+31:52	05:59
24	99	paulo jorge	Individual	Senior Masculino	02:31:17	+33:43	06:03
25	63	André Trigais	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:31:17	+33:43	06:03
26	173	João Filipe Ferreira Leite	Mexilhão da Montanha	Senior Masculino	02:31:20	+33:46	06:03
27	48	Ricardo Pais	ErmidaFit	Senior Masculino	02:32:17	+34:43	06:05
28	45	José Cruz	El Team Trail	Senior Masculino	02:32:34	+35:00	06:06
29	6	Antonio Mendes	A.D.Amarante trail running	Senior Masculino	02:33:17	+35:43	06:08
30	38	Joaquim Duarte	Dá-Lhe Gás	Senior Masculino	02:34:53	+37:19	06:12
31	104	Ricardo Sousa	Individual	Senior Masculino	02:35:22	+37:48	06:13
32	51	Joaquim Mota	Fanecateam	Senior Masculino	02:35:45	+38:11	06:14
33	169	Sérgio Pereira	Magical Mushrooms	Senior Masculino	02:36:51	+39:17	06:16
34	209	Atleta 209	Individual	Senior Masculino	02:36:55	+39:21	06:17
35	39	Joaquim Leal	Dá-Lhe Gás	Senior Masculino	02:39:26	+41:52	06:23
36	207	Bruno Porto	Individual	Senior Masculino	02:40:36	+43:02	06:25
37	87	Geraldo Santos	Individual	Senior Masculino	02:42:46	+45:12	06:31
38	94	Marcos Silva	Individual	Senior Masculino	02:43:53	+46:19	06:33
39	153	Luis Silva	Juventude Cortegacense	Senior Masculino	02:45:21	+47:47	06:37
40	35	Hélder Antonio de Oliveira Mendes	Clube Zupper	Senior Masculino	02:46:02	+48:28	06:39
41	89	José Fernandes	Individual	Senior Masculino	02:46:13	+48:39	06:39
42	46	João Araújo24	Ermentão	Senior Masculino	02:46:28	+48:54	06:40
43	101	Pedro Nogueira	Individual	Senior Masculino	02:47:51	+50:17	06:43
44	175	Miguel Santos	Moinhos Run-ADRM	Senior Masculino	02:47:54	+50:20	06:43
45	70	Jorge Borges	GTT - Armazém do Caffè	Senior Masculino	02:48:43	+51:09	06:45
46	96	Miguel Freitas	Individual	Senior Masculino	02:49:20	+51:46	06:46
47	108	Vitor Manuel da Silva Pereira	Individual	Senior Masculino	02:49:44	+52:10	06:47
48	103	Ricardo Soares	Individual	Senior Masculino	02:49:55	+52:21	06:48
49	106	Rui Santos Pereira	Individual	Senior Masculino	02:52:30	+54:56	06:54
50	102	Ricardo Peixoto	Individual	Senior Masculino	02:54:13	+56:39	06:58
51	97	Nuno Correia	Individual	Senior Masculino	02:54:45	+57:11	06:59
52	72	António Batista	Hora do Lobo Trail	Senior Masculino	02:57:38	+01:00:04	07:06
53	105	Rui da Silva Santos	Individual	Senior Masculino	02:57:45	+01:00:11	07:07
54	95	Mario FRancisco Lamas Gonçalves	Individual	Senior Masculino	02:59:43	+01:02:09	07:11
55	176	Simão	Moinhos Run-ADRM	Senior Masculino	03:01:41	+01:04:07	07:16
56	81	António Rocha	Individual	Senior Masculino	03:04:44	+01:07:10	07:23
57	88	Hugo Mendes	Individual	Senior Masculino	03:06:44	+01:09:10	07:28
58	189	Luís Ricardo Fontes martins	RIOFIT RUNNING	Senior Masculino	03:08:11	+01:10:37	07:32
59	179	Raul Lopez	NUTRIBARROSAS	Senior Masculino	03:10:40	+01:13:06	07:38
60	73	Manuel Ferreira	Hora do Lobo Trail	Senior Masculino	03:13:34	+01:16:00	07:45
61	84	eurico mateus	Individual	Senior Masculino	03:13:35	+01:16:01	07:45
62	9	Marco Nunes	A.D.Amarante trail running	Senior Masculino	03:14:37	+01:17:03	07:47
63	165	Rui Rosas	Lusitanos	Senior Masculino	03:17:19	+01:19:45	07:54
64	83	Elói Sousa	Individual	Senior Masculino	03:17:20	+01:19:46	07:54

Trail Longo 25K

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

65	86	Filipe Daniel Pereira Bessa	Individual	Senior Masculino	03:18:08	+01:20:34	07:56
66	188	Abílio da Silva Oliveira	RIOFIT RUNNING	Senior Masculino	03:18:41	+01:21:07	07:57
67	172	Nuno Barreto	MCN - Night Runners	Senior Masculino	03:21:17	+01:23:43	08:03
68	168	Sergio Chacim	Magical Mushrooms	Senior Masculino	03:21:45	+01:24:11	08:04
69	107	Sergio Costa	Individual	Senior Masculino	03:26:00	+01:28:26	08:14
70	13	Mario Santos	ARRASTASSOLAS	Senior Masculino	03:26:56	+01:29:22	08:17
71	85	Fábio Moreira Jesus Vieira	Individual	Senior Masculino	03:34:37	+01:37:03	08:35
72	93	Luis Filipe de Matos Isidoro	Individual	Senior Masculino	03:35:42	+01:38:08	08:38
73	82	Artur Fonseca	Individual	Senior Masculino	03:49:39	+01:52:05	09:11
74	100	Pedro Cardoso Neves	Individual	Senior Masculino	03:57:35	+02:00:01	09:30
75	23	Luis Pinho	Bananas	Senior Masculino	04:11:08	+02:13:34	10:03

Veterana F40

1	42	Paula Lage	Dr. Merino/4moove	Veterana F40	02:32:18		06:06
2	61	Alice Lopes	Ginásio Fit4Fun	Veterana F40	02:36:39	+04:21	06:16
3	111	Sofia Coelho	Individual	Veterana F40	03:04:08	+31:50	07:22
4	62	Aida Presa	Girls4Run	Veterana F40	03:22:44	+50:26	08:07
5	198	Carina Pereira	YAZAKI	Veterana F40	03:26:00	+53:42	08:14
6	170	Cristina Loureiro	Magical Mushrooms	Veterana F40	03:32:25	+01:00:07	08:30
7	112	Sónia Pereira	Individual	Veterana F40	03:32:46	+01:00:28	08:31
8	29	Sandra Matos	CENTRO CICLISTA GONDOMAR	Veterana F40	03:35:24	+01:03:06	08:37
9	14	Carla Moreira	ARRASTASSOLAS	Veterana F40	03:40:51	+01:08:33	08:50
10	15	Helena Cunha	ARRASTASSOLAS	Veterana F40	04:14:36	+01:42:18	10:11
11	109	Eduarda Maria Vieira Magalhães Freitas	BUDEGITA RUNNERS	Veterana F40	04:32:16	+01:59:58	10:53

Veterana F45

1	1	Lucinda Sousa	GONDOMAR FUTSAL CLUBE	Veterana F45	02:22:42		05:42
2	18	Maria Augusta Da Costa Loureiro	Associação Desportiva de Cabroelo	Veterana F45	02:49:04	+26:22	06:46
3	114	Sandra Arribança	Individual	Veterana F45	02:54:12	+31:30	06:58
4	201	Paula Santos	All About	Veterana F45	02:57:49	+35:07	07:07
5	113	Cristina Sousa	Individual	Veterana F45	04:11:43	+01:49:01	10:04

Veterana F50

1	60	MARIA DA CONCEIÇÃO FERREIRA	Ginásio Fit4Fun	Veterana F50	03:06:33		07:28
2	195	Fátima Vieira	Somos Nós Team	Veterana F50	03:28:03	+21:30	08:19

Veterano M40

1	57	PEDRO SANTOS	FUGITIVOS URBANOS - CLÍNICA + SAÚDE	Veterano M40	02:06:22		05:03
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COLETIVA 25K

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	A.D.Amarante trail running	2 + 6 + 10	18
2	CENTRO CICLISTA GONDOMAR	11 + 16 + 35	62
3	Dr. Merino/4moove	9 + 15 + 48	72
4	GONDOMAR FUTSAL CLUBE	21 + 34 + 43	98
5	Fridão Sem Limites	14 + 29 + 85	128
6	ErmidaFit	30 + 46 + 110	186
7	Moinhos Run-ADRM	18 + 87 + 117	222
8	AZTrail	12 + 47 + 181	240
9	Lusitanos	28 + 66 + 147	241
10	Juventude Cortegacense	77 + 78 + 116	271
11	Magical Mushrooms	61 + 155 + 169	385
12	Somos Nós Team	111 + 114 + 164	389
13	YAZAKI	63 + 160 + 176	399
14	RIOFIT RUNNING	135 + 150 + 151	436
15	ARRASTASSOLAS	162 + 163 + 177	502

TRAIL CURTO 15K - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:30	3°C	93%
End	13:04	3°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1261	Pedro Tapadas	gondomar futsal clube	Senior Masculino	01:10:20		04:41
2	1183	Tiago Pinto	douroconta - gabinete de apoio e contabilidade	Senior Masculino	01:10:20		04:41
3	1244	Belmiro Moreira Ferreira	g. d. leões da guarda	Veterano M50	01:10:37	+00:18	04:43
4	159	António Martins	centro ciclista gondomar	Veterano M45	01:11:04	+00:45	04:44
5	1182	Rui Gomes	douroconta - gabinete de apoio e contabilidade	Senior Masculino	01:12:24	+02:05	04:50
6	1817	fabio fernandes correia	trail running clube btt sanguedo	Senior Masculino	01:12:41	+02:22	04:51
7	1138	Camilo Guedes	clube do pessoal aguas de gaia	Veterano M45	01:13:15	+02:56	04:53
8	1043	Marcelo Pinho Araújo	adccjclarks	Senior Masculino	01:13:43	+03:23	04:55
9	1662	Sergio Silva	mss contabilidade	Senior Masculino	01:16:02	+05:42	05:04
10	1168	Paulo Silva	dá-lhe gás	Veterano M40	01:16:21	+06:02	05:05
11	1265	José Paulo Ribeiro	gondomar futsal clube	Veterano M40	01:16:34	+06:15	05:06
12	1855	Eurico Moura	kemedo team	Senior Masculino	01:16:48	+06:28	05:07
13	1603	Márcio Carvalho	kemedo team	Senior Masculino	01:17:45	+07:26	05:11
14	1419	Pedro Alves	individual	Senior Masculino	01:18:21	+08:01	05:13
15	1225	Sérgio Manuel Costa Sampaio	fisiopedro	Veterano M40	01:18:44	+08:25	05:15
16	1062	Jorge Manuel Barbosa Moreira	amigos do pedal trailagares	Veterano M45	01:18:59	+08:40	05:16
17	1423	Rafael Campos Santos	individual	Senior Masculino	01:19:09	+08:49	05:17
18	1181	Ricardo Barros	douroconta - gabinete de apoio e contabilidade	Senior Masculino	01:19:37	+09:18	05:19
19	1616	Josué Moreira	leões de tardariz trail	Senior Masculino	01:20:04	+09:45	05:20
20	1690	Abilio Martins	os2horas	Veterano M40	01:20:07	+09:48	05:21
21	1166	Nuno Nunes	dá-lhe gás	Senior Masculino	01:20:28	+10:08	05:22
22	1167	Jorge Ribeiro	dá-lhe gás	Veterano M40	01:20:32	+10:12	05:22
23	1140	José Adelino	clube do pessoal aguas de gaia	Veterano M55	01:20:40	+10:20	05:23
24	1770	Miguel Neto	royal wellness center	Senior Masculino	01:21:04	+10:45	05:24
25	1530	Fernando Oliveira	individual	Veterano M45	01:22:11	+11:52	05:29
26	1146	Joao barbosa	copos e trilhos	Senior Masculino	01:22:13	+11:54	05:29
27	1818	Hugo Daniel	trail running clube btt sanguedo	Senior Masculino	01:22:14	+11:54	05:29
28	1293	Rui Pedro Reis	hsantamariart	Senior Masculino	01:22:17	+11:58	05:29
29	1037	António Paiva Santos	acdr reguenga palhota	Senior Masculino	01:22:38	+12:19	05:31
30	1567	Sérgio Fernandes	infantrail	Senior Masculino	01:23:15	+12:56	05:33
31	1552	Manuel oliveira	individual	Veterano M50	01:23:37	+13:18	05:35
32	1044	Filipe Ramos	aesthetical team running	Senior Masculino	01:23:48	+13:29	05:35
33	1147	Manuel barbosa	copos e trilhos	Senior Masculino	01:24:08	+13:49	05:37
34	1165	Carlos Prudêncio	dá-lhe gás	Senior Masculino	01:24:16	+13:57	05:37
35	1069	Pedro Silva	amigos do sofá	Senior Masculino	01:24:28	+14:09	05:38
36	1245	Micael Cunha	gaia trail	Senior Masculino	01:24:29	+14:09	05:38
37	1292	Hélio Dias	hsantamariart	Senior Masculino	01:24:31	+14:12	05:38
38	1071	Jose Costa	amigos do sofá	Veterano M40	01:24:38	+14:18	05:39
39	1184	José Rocha	douroconta - gabinete de apoio e contabilidade	Veterano M40	01:24:55	+14:36	05:40
40	1606	Fernando Gomes	kemedo team	Veterano M45	01:25:05	+14:46	05:40

TRAIL CURTO 15K - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	1158	Daniel Pereira	crossfitters matosinhos	Senior Masculino	01:25:16	+14:57	05:41
42	1164	Aderito Oliveira	dá-lhe gás	Senior Masculino	01:25:26	+15:06	05:42
43	1410	Nuno lemos	individual	Senior Masculino	01:25:32	+15:12	05:42
44	1403	marcelo jose rosario pinto	individual	Senior Masculino	01:25:38	+15:18	05:43
45	1829	João Oliveira	trinca orelhas de gato	Senior Masculino	01:25:41	+15:21	05:43
46	1137	Rolando Costa	clube do pessoal aguas de gaia	Senior Masculino	01:26:13	+15:54	05:45
47	1730	Laurindo Gomes	porto sentido runners	Veterano M40	01:26:18	+15:59	05:45
48	1706	Avelino Martins	petro basto	Veterano M60	01:26:55	+16:36	05:48
49	1544	Carlos Manuel Vinhas	individual	Veterano M50	01:27:25	+17:05	05:50
50	1840	Mario Taborda	oralklass-amigos do trail	Veterano M40	01:27:26	+17:06	05:50
51	1115	Carlos Samagaio	challenge force	Senior Masculino	01:27:27	+17:07	05:50
52	1604	Bruno Cardoso Araujo	kemedo team	Veterano M40	01:27:38	+17:18	05:51
53	1611	Paulo Cavaleiro	leitão & cavaleiro	Veterano M50	01:27:48	+17:28	05:51
54	1111	António Fernandes	centro ciclista gondomar	Veterano M45	01:28:09	+17:50	05:53
55	1679	Joel Ferreira	os aventureiros	Senior Masculino	01:28:22	+18:02	05:53
56	1425	Ricardo Filipe Rebelo Loureiro	individual	Senior Masculino	01:28:47	+18:27	05:55
57	1852	Filipe Pinto	btt alegria / tubani	Senior Masculino	01:29:02	+18:42	05:56
58	1048	Helder Moreira	aliança de gandra	Senior Masculino	01:29:21	+19:01	05:57
59	1361	Bruno silva	individual	Senior Masculino	01:29:23	+19:03	05:58
60	1191	Artur Pereira	emna runners	Senior Masculino	01:29:45	+19:25	05:59
61	1607	Laurindo Osório	kemedo team	Veterano M45	01:29:57	+19:38	06:00
62	1612	Bruno Castro	leões de tardariz trail	Senior Masculino	01:30:18	+19:59	06:01
63	1508	José Pires	individual	Veterano M40	01:30:32	+20:12	06:02
64	1568	Adriano Teixeira	infantrail	Veterano M50	01:30:41	+20:22	06:03
65	1258	Bruno Fernandes	gondomar futsal clube	Senior Masculino	01:30:48	+20:29	06:03
66	1700	Jose gaspar	perdidos no trail	Senior Masculino	01:30:51	+20:32	06:03
67	1659	Ibraim Sousa	mss contabilidade	Senior Masculino	01:31:04	+20:45	06:04
68	1653	Miguel Oliveira	mocidade sangemil ac	Senior Masculino	01:31:09	+20:49	06:05
69	1664	Carlos Duarte	mss contabilidade	Veterano M40	01:31:11	+20:51	06:05
70	1718	José Gomes	porto sentido runners	Senior Masculino	01:31:13	+20:53	06:05
71	1394	Libânio José Rocha Alves	individual	Senior Masculino	01:31:23	+21:03	06:06
72	1219	Ricardo Rocha	fast ao km	Veterano M40	01:31:27	+21:08	06:06
73	1605	José Augusto Coelho Abreu Costa	kemedo team	Veterano M40	01:31:41	+21:21	06:07
74	1545	Fernando Alfredo Areias Ribeiro	individual	Veterano M50	01:31:46	+21:26	06:07
75	1794	Fátima Coelho	somos nós team	Veterana F45	01:31:48	+21:29	06:07
76	1536	João Paulo Nobre Santos Marques	individual	Veterano M45	01:32:02	+21:43	06:08
77	1699	Filipe Rocha	perdidos no trail	Senior Masculino	01:32:03	+21:44	06:08
78	1052	Pedro Silva	aliança de gandra	Veterano M40	01:32:08	+21:49	06:09
79	1295	Nuno Silva	imperadores	Senior Masculino	01:32:15	+21:55	06:09
80	1842	Victor Cardoso	trinca orelhas de gato	Veterano M40	01:32:26	+22:06	06:10
81	1795	Fernando Moraes	somos nós team	Veterano M45	01:32:29	+22:10	06:10
82	1839	Sergio Gomes	trinca orelhas de gato	Veterano M40	01:32:33	+22:13	06:10
83	1396	Luis Filipe Silva Ferreira	individual	Senior Masculino	01:32:38	+22:19	06:11
84	1194	Joao Cardoso	emna runners	Senior Masculino	01:32:43	+22:24	06:11
85	1266	Helder Vieira	gondomar futsal clube	Veterano M45	01:32:50	+22:31	06:11
86	1143	Antonio Teixeira	clube zipper	Veterano M55	01:33:09	+22:50	06:13

TRAIL CURTO 15K - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
132	1224	Miguel Freitas Gonçalves	fisiopedro	Senior Masculino	01:38:09	+27:50	06:33
133	1729	Cláudio Cerqueira	porto sentido runners	Veterano M40	01:38:12	+27:53	06:33
134	1420	Pedro Alves	individual	Senior Masculino	01:38:16	+27:56	06:33
135	1705	Alípio Fernandes	petro basto	Veterano M50	01:38:20	+28:01	06:33
136	1502	Francisco Manuel Ribeiro da Costa16	individual	Veterano M40	01:38:22	+28:02	06:33
137	1859	Tiago Sousa	individual	Senior Masculino	01:38:24	+28:05	06:34
138	1766	Anita Costa	royal wellness center	Senior Feminino	01:38:32	+28:12	06:34
139	1187	Telmo Ferreira	douroconta - gabinete de apoio e contabilidade	Veterano M40	01:38:36	+28:17	06:34
140	1666	Jorge Carvalho	mss contabilidade	Veterano M40	01:39:06	+28:46	06:36
141	1144	Bruno sousa	copos e trilhos	Senior Masculino	01:39:06	+28:46	06:36
142	1618	Mário Moura	leões de tardariz trail	Veterano M40	01:39:09	+28:50	06:37
143	1186	Rui Marques	douroconta - gabinete de apoio e contabilidade	Veterano M40	01:39:17	+28:57	06:37
144	1503	Francisco Monteiro	individual	Veterano M40	01:39:29	+29:10	06:38
145	1823	Marta Noval	travassós running fafe	Senior Feminino	01:39:38	+29:19	06:39
146	1824	Damião Duarte	travassós running fafe	Senior Masculino	01:39:38	+29:19	06:39
147	1136	alcino vieira	clube desportivo cepsa	Veterano M50	01:39:39	+29:20	06:39
148	1024	Pedro Vieira	a.d.sebolido trail boneca d'ouro	Senior Masculino	01:39:58	+29:39	06:40
149	1041	Vasco Martins	acdr reguenga palhota	Senior Masculino	01:40:05	+29:45	06:40
150	1385	Joaquim Domingos Lopes Alves	individual	Senior Masculino	01:40:23	+30:03	06:42
151	1576	Geraldo Gomes	invictus oporto team	Veterano M50	01:40:23	+30:04	06:42
152	1350	André Luís Lopes Oliveira	individual	Senior Masculino	01:40:25	+30:06	06:42
153	1254	Joana Cardoso	gondomar futsal clube	Senior Feminino	01:40:31	+30:11	06:42
154	1232	Manuel José Mendes Teixeira	fridão sem limites	Veterano M40	01:40:32	+30:12	06:42
155	1832	Vicente Sousa	trinca orelhas de gato	Senior Masculino	01:40:40	+30:21	06:43
156	1628	Domingos Gomes	lusos xxi	Veterano M45	01:40:48	+30:29	06:43
157	1042	Xavier Paiva	acdr reguenga palhota	Senior Masculino	01:40:53	+30:33	06:44
158	1826	Paulo Lopes	travassós running fafe	Senior Masculino	01:40:54	+30:34	06:44
159	1257	Sandra Pera	gondomar futsal clube	Senior Feminino	01:41:00	+30:41	06:44
160	1359	Bruno Monteiro	individual	Senior Masculino	01:41:22	+31:03	06:46
161	1289	Daniel Silva	hora do lobo trail	Senior Masculino	01:41:40	+31:20	06:47
162	1047	Álvaro Santos	aliança de gandra	Senior Masculino	01:41:45	+31:26	06:47
163	1380	Helder Manuel Moreira Teles	individual	Senior Masculino	01:41:46	+31:27	06:47
164	1209	Miguel Dias	éprócombíbiu	Veterano M40	01:41:48	+31:28	06:47
165	1259	Manuel Silva	gondomar futsal clube	Senior Masculino	01:42:02	+31:43	06:48
166	1863	Bruno ribeiro	individual	Senior Masculino	01:42:02	+31:43	06:48
167	1017	Angela Soares	a.d.amarante trail running	Senior Feminino	01:42:04	+31:44	06:48
168	1593	Cecilio Maunel Silva Ferreira	juventude cortegacense	Veterano M40	01:42:45	+32:26	06:51
169	1040	Miguel Valente	acdr reguenga palhota	Senior Masculino	01:42:45	+32:26	06:51
170	1507	José Alberto de Sousa Freitas	individual	Veterano M40	01:43:27	+33:08	06:54
171	1382	João Miguel Nogueira Macedo	individual	Senior Masculino	01:43:30	+33:11	06:54
172	1866	Armando Moreira	clube zupepr	Veterano M50	01:43:32	+33:13	06:54
173	1801	Armando Silva	tbno4e	Senior Masculino	01:43:46	+33:27	06:55
174	1498	David Sousa	individual	Veterano M40	01:43:46	+33:27	06:55
175	1073	Ricardo Barros	amigos do sto ambrósio	Veterano M40	01:43:47	+33:28	06:55

TRAIL CURTO 15K - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
401	1479	Manuela Sousa	individual	Veterana F50	02:05:17	+54:57	08:21
402	1523	António Jorge Rodrigues Moreira Pinto	individual	Veterano M45	02:05:22	+55:03	08:22
403	1577	FÁBIO COSTA	invictus oporto team	Senior Masculino	02:05:24	+55:05	08:22
404	1428	Rui Correia	individual	Senior Masculino	02:05:29	+55:09	08:22
405	1540	Paulo Lara	individual	Veterano M45	02:05:29	+55:09	08:22
406	1634	Célio Soares	marco runners	Veterano M40	02:05:31	+55:11	08:22
407	1566	Ângela Fernandes	infantrail	Senior Feminino	02:05:47	+55:28	08:23
408	1572	José Ferreira	inimigos do podium	Veterano M45	02:05:48	+55:29	08:23
409	1499	Fernando Ferreira Vilarinho	individual	Veterano M40	02:05:49	+55:29	08:23
410	1175	Hugo Nunes	danados	Senior Masculino	02:05:56	+55:36	08:24
411	1178	Carina Silva	divertidas.lol	Senior Feminino	02:06:15	+55:56	08:25
412	1646	EDUARDA PINTO	metralhas runners	Senior Feminino	02:06:43	+56:24	08:27
413	1647	VERA FERNANDES	metralhas runners	Senior Feminino	02:06:44	+56:24	08:27
414	1521	Alcídio Figueiredo	individual	Veterano M45	02:06:45	+56:25	08:27
415	1555	Carlos Almeida	individual	Veterano M55	02:06:47	+56:27	08:27
416	1651	Patrícia Moreira	mocidade sangemil ac	Senior Feminino	02:06:47	+56:28	08:27
417	1791	Carlos Cunha	só descidas!!	Veterano M40	02:06:48	+56:29	08:27
418	1180	Elisabete Maia	divertidas.lol	Veterana F45	02:07:31	+57:11	08:30
419	1356	Augusto Ribeiro	individual	Senior Masculino	02:07:47	+57:28	08:31
420	1769	André Moreira	royal wellness center	Senior Masculino	02:07:54	+57:35	08:32
421	1805	Luís Teixeira	team aguenta aí	Senior Masculino	02:08:11	+57:52	08:33
422	1804	Maria Sousa	team aguenta aí	Senior Feminino	02:08:12	+57:52	08:33
423	1072	Diogo Oliveira	amigos do sto ambrósio	Veterano M40	02:08:12	+57:53	08:33
424	1761	Filomena lascasas	pt jrsousa team	Veterana F45	02:08:17	+57:58	08:33
425	1557	ISAAC BATISTA PEREIRA	individual	Veterano M55	02:08:18	+57:59	08:33
426	1782	Nuno Sampaio	sampaio team	Veterano M45	02:08:25	+58:06	08:34
427	1435	Tiago Monteiro	individual	Senior Masculino	02:08:26	+58:07	08:34
428	1525	ARMINDO SERRA MARTINS DOS SANTOS	individual	Veterano M45	02:08:35	+58:15	08:34
429	1399	Luis Tiago Vieira	individual	Senior Masculino	02:08:43	+58:23	08:35
430	1004	Mariana Ribeiro	10temidos	Senior Feminino	02:08:43	+58:24	08:35
431	1008	Paulo Ribeiro	10temidos	Veterano M40	02:08:46	+58:27	08:35
432	1636	Isabel Madureira	mcn - night runners	Senior Feminino	02:08:52	+58:32	08:35
433	1631	Joana Babo	marco runners	Senior Feminino	02:08:52	+58:33	08:36
434	1501	Filipe Pinto	individual	Veterano M40	02:09:30	+59:11	08:38
435	1780	augusto pinto barbosa	s. luiz	Veterano M50	02:09:53	+59:34	08:40
436	1778	maria lucinda barbosa moreira	s. luiz	Veterana F50	02:09:53	+59:34	08:40
437	1458	Paula Morais	individual	Veterana F40	02:10:13	+59:54	08:41
438	1379	Hélder Figueiredo	individual	Senior Masculino	02:10:50	+01:00:30	08:43
439	1590	Anabela dos Santos Marques	juventude cortegacense	Veterana F40	02:10:58	+01:00:38	08:44
440	1482	Maria da Luz Almeida	individual	Veterana F50	02:11:32	+01:01:12	08:46
441	1496	Daniel Tomé Soares Vieira	individual	Veterano M40	02:11:38	+01:01:19	08:47
442	1296	Nuno Teixeira	imperadores	Senior Masculino	02:11:54	+01:01:34	08:48
443	1343	Sónia Correia	individual	Senior Feminino	02:11:55	+01:01:36	08:48
444	1815	Vitor Silva	tombos & trambolhões btt	Senior Masculino	02:11:59	+01:01:40	08:48
445	1776	Sérgio Oliveira	running team maia	Senior Masculino	02:12:00	+01:01:40	08:48

Trail Curto 15K

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

31	1137	Rolando Costa	Clube do Pessoal Aguas de Gaia	Senior Masculino	01:26:14	+15:54	05:45
32	1115	Carlos Samagaio	CHALLENGE FORCE	Senior Masculino	01:27:27	+17:07	05:50
33	1679	Joel Ferreira	os aventureiros	Senior Masculino	01:28:22	+18:02	05:53
34	1425	Ricardo Filipe Rebelo Loureiro	Individual	Senior Masculino	01:28:47	+18:27	05:55
35	1852	Filipe Pinto	BTT Alegria / TUBANI	Senior Masculino	01:29:02	+18:42	05:56
36	1048	Helder Moreira	ALIANÇA DE GANDRA	Senior Masculino	01:29:21	+19:01	05:57
37	1361	Bruno silva	Individual	Senior Masculino	01:29:23	+19:03	05:58
38	1191	Artur Pereira	EMNA Runners	Senior Masculino	01:29:45	+19:25	05:59
39	1612	Bruno Castro	Leões de Tardariz Trail	Senior Masculino	01:30:19	+19:59	06:01
40	1258	Bruno Fernandes	GONDOMAR FUTSAL CLUBE	Senior Masculino	01:30:49	+20:29	06:03
41	1700	Jose gaspar	Perdidos no trail	Senior Masculino	01:30:52	+20:32	06:03
42	1659	Ibraim Sousa	MSS CONTABILIDADE	Senior Masculino	01:31:05	+20:45	06:04
43	1653	Miguel Oliveira	Mocidade Sangemil AC	Senior Masculino	01:31:09	+20:49	06:05
44	1718	José Gomes	PORTO SENTIDO RUNNERS	Senior Masculino	01:31:13	+20:53	06:05
45	1394	Libânio José Rocha Alves	Individual	Senior Masculino	01:31:23	+21:03	06:06
46	1699	Filipe Rocha	Perdidos no trail	Senior Masculino	01:32:04	+21:44	06:08
47	1295	Nuno Silva	Imperadores	Senior Masculino	01:32:15	+21:55	06:09
48	1396	Luis Filipe Silva Ferreira	Individual	Senior Masculino	01:32:39	+22:19	06:11
49	1194	Joao Cardoso	EMNA Runners	Senior Masculino	01:32:44	+22:24	06:11
50	1223	João Pedro Correia da Silva	FisioPedro	Senior Masculino	01:33:29	+23:09	06:14
51	1397	Luís Miguel Vidal Ferreira	Individual	Senior Masculino	01:33:31	+23:11	06:14
52	1122	bruno bretão	Clube Desportivo Cepsa	Senior Masculino	01:33:38	+23:18	06:15
53	1038	João Abreu	ACDR Reguenga Palhota	Senior Masculino	01:33:51	+23:31	06:15
54	1148	Ricardo moreira	Copos e trilhos	Senior Masculino	01:33:55	+23:35	06:16
55	1007	Valter Gouveia	10TEMIDOS	Senior Masculino	01:33:55	+23:35	06:16
56	1387	Jorge ferreirinha	Individual	Senior Masculino	01:34:14	+23:54	06:17
57	1092	Marco Souss	Baltar TrailRunners	Senior Masculino	01:35:11	+24:51	06:21
58	1738	NUNO NASCIMENTO	PORTOCARGO	Senior Masculino	01:35:14	+24:54	06:21
59	1006	Tiago Castro	10TEMIDOS	Senior Masculino	01:35:55	+25:35	06:24
60	1045	Frederico Máximo	Aesthetical Team Running	Senior Masculino	01:36:00	+25:40	06:24
61	1602	Hélder Jorge Ferreira de Castro	KeMedo Team	Senior Masculino	01:36:05	+25:45	06:24
62	1812	Hugo Filipe Fernandes Sousa	Tecla 3 Runners	Senior Masculino	01:36:20	+26:00	06:25
63	1585	João Miguel Almeida da Silva	JUÕES	Senior Masculino	01:36:25	+26:05	06:26
64	1627	Sérgio Costa	LUSOS XXI	Senior Masculino	01:36:27	+26:07	06:26
65	1701	Luis silva	Perdidos no trail	Senior Masculino	01:36:28	+26:08	06:26
66	1391	José	Individual	Senior Masculino	01:36:36	+26:16	06:26
67	1430	Rui Sergio Pinheiro da Costa Rodrigues Dias	Individual	Senior Masculino	01:37:18	+26:58	06:29
68	1381	Hernâni Veríssimo	Individual	Senior Masculino	01:38:02	+27:42	06:32
69	1747	Daniel Moreira	Powerrunnes	Senior Masculino	01:38:04	+27:44	06:32
70	1224	Miguel Freitas Gonçalves	FisioPedro	Senior Masculino	01:38:10	+27:50	06:33
71	1420	Pedro Alves	Individual	Senior Masculino	01:38:16	+27:56	06:33
72	1859	Tiago Sousa	Individual	Senior Masculino	01:38:25	+28:05	06:34
73	1144	Bruno sousa	Copos e trilhos	Senior Masculino	01:39:06	+28:46	06:36
74	1824	Damião Duarte	Travassós Running Fafe	Senior Masculino	01:39:39	+29:19	06:39
75	1024	Pedro Vieira	A.D.Sebolido Trail Boneca D'Ouro	Senior Masculino	01:39:59	+29:39	06:40
76	1041	Vasco Martins	ACDR Reguenga Palhota	Senior Masculino	01:40:05	+29:45	06:40

Trail Curto 15K

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

122	1427	Ricardo Jorge Sousa Magalhães	Individual	Senior Masculino	01:50:58	+40:38	07:24
123	1156	Rui Mota	CorreTascasRunningClub	Senior Masculino	01:51:00	+40:40	07:24
124	1850	Paulo Filipe Nunes	Where?s the finish?	Senior Masculino	01:51:01	+40:41	07:24
125	1437	Valter sousa	Individual	Senior Masculino	01:51:07	+40:47	07:24
126	1039	João Azevedo	ACDR Reguenga Palhota	Senior Masculino	01:51:09	+40:49	07:25
127	1263	Rui Oliveira	GONDOMAR FUTSAL CLUBE	Senior Masculino	01:51:23	+41:03	07:26
128	1378	Gerson Alves	Individual	Senior Masculino	01:51:24	+41:04	07:26
129	1389	Jorge Lima	Individual	Senior Masculino	01:51:33	+41:13	07:26
130	1802	João Esteves	TBNO4E	Senior Masculino	01:51:50	+41:30	07:27
131	1614	José Castro	Leões de Tardariz Trail	Senior Masculino	01:52:19	+41:59	07:29
132	1828	Emanuel Morata	Trinca Orelhas de Gato	Senior Masculino	01:52:27	+42:07	07:30
133	1830	Luis Morata	Trinca Orelhas de Gato	Senior Masculino	01:52:27	+42:07	07:30
134	1401	Manuel Fernando Gomes	Individual	Senior Masculino	01:52:36	+42:16	07:30
135	1641	Celso Reis	MCN - Night Runners	Senior Masculino	01:52:44	+42:24	07:31
136	1239	SÉRGIO SILVA	FUGITIVOS URBANOS - CLÍNICA + SAÚDE	Senior Masculino	01:53:11	+42:51	07:33
137	1793	Fernando Coelho	Somos Nós Team	Senior Masculino	01:53:18	+42:58	07:33
138	1432	Sergio Francisco Barros Rodrigues	Individual	Senior Masculino	01:53:21	+43:01	07:33
139	1643	Paulo Aguiar	MCN - Night Runners	Senior Masculino	01:53:51	+43:31	07:35
140	1578	NUNO AMARO	Invictus Oporto Team	Senior Masculino	01:54:26	+44:06	07:38
141	1709	Eduardo Guerra	Pit Power	Senior Masculino	01:54:40	+44:20	07:39
142	1367	CARLOS MOREIRA	Individual	Senior Masculino	01:54:53	+44:33	07:40
143	1406	Mário Soares	Individual	Senior Masculino	01:55:02	+44:42	07:40
144	1370	Diogo Silva	Individual	Senior Masculino	01:55:27	+45:07	07:42
145	1393	José Manuel Ferreira Ribeiro	Individual	Senior Masculino	01:55:28	+45:08	07:42
146	1159	Nuno Bento	Crossfitters Matosinhos	Senior Masculino	01:55:45	+45:25	07:43
147	1347	Adao Freitas	Individual	Senior Masculino	01:56:00	+45:40	07:44
148	1107	Vitor beleza	carlos	Senior Masculino	01:56:22	+46:02	07:45
149	1019	Luis Mendes	A.D.Amarante trail running	Senior Masculino	01:56:56	+46:36	07:48
150	1660	Igor Pereira	MSS CONTABILIDADE	Senior Masculino	01:57:19	+46:59	07:49
151	1661	Igor Rocha	MSS CONTABILIDADE	Senior Masculino	01:57:19	+46:59	07:49
152	1375	Filipe Freitas Gomes	Individual	Senior Masculino	01:57:43	+47:23	07:51
153	1407	Miguel Oliveira	Individual	Senior Masculino	01:58:19	+47:59	07:53
154	1678	Bruno Castelo	os aventureiros	Senior Masculino	01:58:32	+48:12	07:54
155	1192	Carlos Cunha	EMNA Runners	Senior Masculino	01:58:58	+48:38	07:56
156	1781	João Sampaio	Sampaio team	Senior Masculino	01:59:36	+49:16	07:58
157	1429	Rui Oliveira	Individual	Senior Masculino	01:59:49	+49:29	07:59
158	1193	Diogo Martins	EMNA Runners	Senior Masculino	02:00:13	+49:53	08:01
159	1105	Miguel Armas	ByTrail	Senior Masculino	02:00:20	+50:00	08:01
160	1683	Pedro Resende	Os Recos	Senior Masculino	02:00:36	+50:16	08:02
161	1797	Henrique Sousa	soplafifana	Senior Masculino	02:01:08	+50:48	08:05
162	1654	Ricardo Rocha	Mocidade Sangemil AC	Senior Masculino	02:01:08	+50:48	08:05
163	1061	Fernando Ismael Oliveira Nogueira	AMIGOS DO PEDAL TRAILAGARES	Senior Masculino	02:01:14	+50:54	08:05
164	1421	Pedro Costa Santos Castro	Individual	Senior Masculino	02:01:14	+50:54	08:05
165	1353	António Manuel Moreira Barbosa	Individual	Senior Masculino	02:01:14	+50:54	08:05
166	1413	Nuno Tiago Almeida	Individual	Senior Masculino	02:01:15	+50:55	08:05

Trail Curto 15K

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

167	1081	joão fonseca	amigos s.pedro da cova	Senior Masculino	02:01:16	+50:56	08:05
168	1202	Pedro Silva	Éprócumbíbiu	Senior Masculino	02:01:22	+51:02	08:05
169	1402	Manuel Vieira	Individual	Senior Masculino	02:01:22	+51:02	08:05
170	1688	Heitor Neto	Os2Horas	Senior Masculino	02:01:42	+51:22	08:07
171	1409	Nelson Moreira	Individual	Senior Masculino	02:02:06	+51:46	08:08
172	1124	hugo rabaça	Clube Desportivo Cepesa	Senior Masculino	02:02:35	+52:15	08:10
173	1755	Luis Santos	PT JRSOUSA TEAM	Senior Masculino	02:03:24	+53:04	08:14
174	1032	Vasco Albuquerque	Academia Boavista Kickboxing	Senior Masculino	02:03:44	+53:24	08:15
175	1412	Nuno Reis	Individual	Senior Masculino	02:03:58	+53:38	08:16
176	1408	Nelson Marques	Individual	Senior Masculino	02:04:02	+53:42	08:16
177	1125	josé figueiras	Clube Desportivo Cepesa	Senior Masculino	02:04:09	+53:49	08:17
178	1101	Carlos Vieira	BTT Alegria / TUBANI	Senior Masculino	02:04:34	+54:14	08:18
179	1392	José Amorim	Individual	Senior Masculino	02:04:40	+54:20	08:19
180	1260	Pedro Rodrigues	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:04:54	+54:34	08:20
181	1441	Vitor Santos	Individual	Senior Masculino	02:05:11	+54:51	08:21
182	1577	FÁBIO COSTA	Invictus Oporto Team	Senior Masculino	02:05:25	+55:05	08:22
183	1428	Rui Correia	Individual	Senior Masculino	02:05:29	+55:09	08:22
184	1175	Hugo Nunes	danados	Senior Masculino	02:05:56	+55:36	08:24
185	1356	Augusto Ribeiro	Individual	Senior Masculino	02:07:48	+57:28	08:31
186	1769	André Moreira	Royal Wellness Center	Senior Masculino	02:07:55	+57:35	08:32
187	1805	Luís Teixeira	Team Aguenta aí	Senior Masculino	02:08:12	+57:52	08:33
188	1435	Tiago Monteiro	Individual	Senior Masculino	02:08:27	+58:07	08:34
189	1399	Luis Tiago Vieira	Individual	Senior Masculino	02:08:43	+58:23	08:35
190	1379	Hélder Figueiredo	Individual	Senior Masculino	02:10:50	+01:00:30	08:43
191	1296	Nuno Teixeira	Imperadores	Senior Masculino	02:11:54	+01:01:34	08:48
192	1815	Vitor Silva	Tombos & Trambolhões BTT	Senior Masculino	02:12:00	+01:01:40	08:48
193	1776	Sérgio Oliveira	RUNNING TEAM MAIA	Senior Masculino	02:12:00	+01:01:40	08:48
194	1388	Jorge Filipe Portugal Vaz	Individual	Senior Masculino	02:12:08	+01:01:48	08:49
195	1589	Tiago Padrela	Juventude Cortegacense	Senior Masculino	02:12:18	+01:01:58	08:49
196	1414	Paulo	Individual	Senior Masculino	02:12:43	+01:02:23	08:51
197	1424	Ricardo Dias	Individual	Senior Masculino	02:12:59	+01:02:39	08:52
198	1085	Adriano silva	Ana Soraia ferreira	Senior Masculino	02:13:00	+01:02:40	08:52
199	1404	Mário Estêvão	Individual	Senior Masculino	02:13:57	+01:03:37	08:56
200	1640	Bruno Pinto	MCN - Night Runners	Senior Masculino	02:14:52	+01:04:32	08:59
201	1357	Bruno Filipe Valente Pereira	Individual	Senior Masculino	02:15:26	+01:05:06	09:02
202	1104	Edgar Veiga	ByTrail	Senior Masculino	02:15:35	+01:05:15	09:02
203	1106	Rui Castro	ByTrail	Senior Masculino	02:15:36	+01:05:16	09:02
204	1372	Eduardo Manuel Machado Silva	Individual	Senior Masculino	02:16:20	+01:06:00	09:05
205	1075	André Pereira	Amigos dos semáforos, bamulá	Senior Masculino	02:17:30	+01:07:10	09:10
206	1371	Domingos Bastos	Individual	Senior Masculino	02:17:33	+01:07:13	09:10
207	1366	Carlos Miguel Castro	Individual	Senior Masculino	02:17:33	+01:07:13	09:10
208	1360	Bruno Pinto	Individual	Senior Masculino	02:17:35	+01:07:15	09:10
209	1644	Ricardo Mendes	MCN - Night Runners	Senior Masculino	02:18:00	+01:07:40	09:12
210	1417	Paulo Lima	Individual	Senior Masculino	02:18:16	+01:07:56	09:13
211	1364	Carlos Bateira	Individual	Senior Masculino	02:18:38	+01:08:18	09:15
212	1405	Mário Noronha	Individual	Senior Masculino	02:18:38	+01:08:18	09:15

