

ULTRA TRAIL 69K - STAGE 1

69 KM

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OFFICIAL RESULT

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REVISED

	Time	Temperature	Humidity
Start	07:00	6,9°C	47%
End	19:55	6.9°C	47%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
1	270	Mário Elson Fonseca	dr. merino/4moove	Senior Masculino	06:58:21		06:04
2	328	Bruno Sousa	satecnosoloutdoor – lasportiva	Senior Masculino	07:01:20	+02:58	06:06
3	311	Bruno Ferreira	águias de alvelos	Senior Masculino	07:08:03	+09:41	06:12
4	271	Carlos Miguel da Costa Ferreira	dr. merino/4moove	Senior Masculino	07:09:58	+11:36	06:14
5	325	Bruno Moreira	satecnosoloutdoor – lasportiva	Senior Masculino	07:13:41	+15:19	06:17
6	312	Francisco Fernandes	águias de alvelos	Senior Masculino	07:19:44	+21:22	06:22
7	7	Rafael Cruz	melres trail running	Senior Masculino	07:25:46	+27:24	06:28
8	85	Luis Pedro Martins	gtt-armazém do caffè	Senior Masculino	07:29:42	+31:20	06:31
9	161	Luis Miguel Ribeiro da Cunha	figueira kayak clube	Veterano M40	07:35:13	+36:51	06:36
10	78	Jacques Dehnbostel	team salomon adventure dk	Senior Masculino	07:36:03	+37:41	06:37
11	171	Paulino Manuel de Abreu	melgaço alvarinho trail	Veterano M40	07:37:14	+38:52	06:38
12	258	José Pereira	desnível positivo	Veterano M40	07:54:11	+55:49	06:52
13	195	Luís Filipe Amaral de Oliveira	runner's do demo	Veterano M40	07:55:54	+57:32	06:54
14	136	Pedro Manuel Reis Caprichoso	edv-viana trail	Senior Masculino	08:00:31	+01:02:09	06:58
15	215	Carlos Manuel Ramos Cardoso	gtt-armazém do caffè	Veterano M40	08:00:33	+01:02:11	06:58
16	302	Seninho Ribeiro	oralklass – amigos do trail	Senior Masculino	08:00:52	+01:02:30	06:58
17	159	Nuno Miguel GuimarãesFernandes	clube atletismo fafe	Senior Masculino	08:01:03	+01:02:41	06:58
18	60	José Manuel Santos Faria	edv-viana trail / salming running portugal	Senior Masculino	08:02:19	+01:03:57	06:59
19	275	António Domingos Moreira de Freitas	dr. merino/4moove	Senior Masculino	08:04:05	+01:05:43	07:01
20	234	Inês Marques	u.f. comércio e indústria atletismo	Senior Feminino	08:04:42	+01:06:20	07:01
21	310	Bruno Ribeiro	águias de alvelos	Senior Masculino	08:09:31	+01:11:09	07:06
22	283	Diogo Lopes	edv-viana trail	Senior Masculino	08:09:54	+01:11:32	07:06
23	226	Pedro Miguel da Silva Baptista	arism- associação recreativa de s. miguel	Veterano M40	08:12:03	+01:13:41	07:08
24	303	Gil Ricardo Correia Ferreira	marão trail	Senior Masculino	08:19:45	+01:21:23	07:15
25	88	Vasco Leandro Reis Ferreira	brabus runners	Senior Masculino	08:20:06	+01:21:44	07:15
26	227	Renato Silva	paredes aventura	Veterano M40	08:24:01	+01:25:39	07:18
27	32	Cristina Couceiro	arism- associação recreativa de s. miguel	Veterana F40	08:28:50	+01:30:28	07:22
28	31	José Guilherme Henriques Carvalho Fêteira	arism- associação recreativa de s. miguel	Veterano M50	08:28:50	+01:30:28	07:22
29	282	Victor Correia	edv-viana trail	Veterano M40	08:29:30	+01:31:08	07:23
30	190	Paulo Jorge Dias Domingues	olímpico vianense trail	Veterano M50	08:29:31	+01:31:09	07:23
31	76	Jocelina Jesus Ferreira	juventude vidigalense	Veterana F40	08:32:56	+01:34:34	07:26
32	198	Nuno Carlos Figueiredo Campos	barcelos team portugal	Veterano M40	08:33:40	+01:35:18	07:27
33	247	José Carlos Amaral Costa	runner's do demo	Veterano M40	08:35:06	+01:36:44	07:28
34	231	Amândio Faria de Freitas	edv-viana trail	Senior Masculino	08:38:41	+01:40:19	07:31
35	86	Pedro Miguel Matos Torres	vidaativarunners	Senior Masculino	08:43:41	+01:45:19	07:35
36	251	Jose Nuno Paiva	cães d'avenida	Veterano M50	08:45:49	+01:47:27	07:37
37	91	Ricardo Manuel Marques Baptista Vieira	brabus runners	Veterano M40	08:46:14	+01:47:52	07:38
38	95	Pascoal Dias de Melo	minho aventura	Veterano M40	08:47:34	+01:49:12	07:39

ULTRA TRAIL 69K - STAGE 1

69 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
39	324	Joaquim Freitas	satecnosoloutdoor – lasportiva	Veterano M40	08:49:40	+01:51:18	07:41
40	127	Stephane simoes	edv-viana trail	Veterano M40	08:50:21	+01:51:59	07:41
41	286	Fernando Lago Castro	coutadas trail team	Veterano M40	08:51:27	+01:53:05	07:42
42	119	Ricardo Fazenda Madeira da Fonseca	lx run	Senior Masculino	08:52:20	+01:53:58	07:43
43	143	Jorge Mamede Abrantes	individual	Veterano M40	08:53:48	+01:55:26	07:44
44	42	Jorge Miguel Amorim Duarte	coimbra trail running	Senior Masculino	08:54:42	+01:56:20	07:45
45	50	Luis Filipe Rego Lemos	nortrail	Senior Masculino	08:55:47	+01:57:25	07:46
46	305	Arturo Piñeiro rey	barbantia roda	Veterano M40	08:58:09	+01:59:47	07:48
47	293	Rogelio rodriguez cardoso	non	Senior Masculino	09:02:37	+02:04:15	07:52
48	297	ADOLFO GARRIDO FERNANDEZ	running sport trail	Veterano M40	09:02:45	+02:04:23	07:52
49	129	Pedro caldas	edv-viana trail	Veterano M40	09:03:14	+02:04:52	07:52
50	16	Nelson Teixeira	crocodilos/misterpc	Senior Masculino	09:04:16	+02:05:54	07:53
51	28	Daniel Francisco Santos Rodrigues	dão nelas runners	Senior Masculino	09:05:02	+02:06:40	07:54
52	170	Bruno Miguel Dias Costa	arca barcelos runners	Senior Masculino	09:07:52	+02:09:30	07:56
53	87	Paulo Durao	runner's do demo	Veterano M40	09:09:21	+02:10:59	07:58
54	156	Ezequiel Fernandes	águias de alvelos	Veterano M40	09:09:30	+02:11:08	07:58
55	224	Pedro Nuno Serra Pires	runner's do demo	Veterano M40	09:10:53	+02:12:31	07:59
56	23	Diogo Ferreira Carvalho	nast	Veterano M50	09:11:18	+02:12:56	07:59
57	10	Pedro Miguel Gonçalves Costa	individual	Senior Masculino	09:11:26	+02:13:04	08:00
58	228	David Sousa	all about	Senior Masculino	09:12:09	+02:13:47	08:00
59	225	José António da Silva sousa Pereira Fernandes	runner's do demo	Veterano M40	09:19:52	+02:21:30	08:07
60	9	Sérgio André da Silva Coelho	gtt-armazém do caffè	Senior Masculino	09:19:52	+02:21:30	08:07
61	189	João paulo araujo pereira	média 10 team	Veterano M40	09:20:32	+02:22:10	08:07
62	96	Daniel Novais da Silva	minho aventura	Veterano M40	09:21:13	+02:22:51	08:08
63	71	Luis Ricardo Fernandes Letra	dr. merino/4moove	Senior Masculino	09:22:21	+02:23:59	08:09
64	128	Sergio ramos	edv-viana trail	Veterano M40	09:22:31	+02:24:09	08:09
65	284	Duarte Nuno Oliveira	edv-viana trail	Senior Masculino	09:22:31	+02:24:09	08:09
66	123	Klaus Jessen	aarhus adventure	Senior Masculino	09:23:11	+02:24:49	08:10
67	220	Henrique Silva	braguinhas runners	Veterano M40	09:24:24	+02:26:02	08:11
68	169	Rui Pedro Freitas Povo	clube atletismo fafe	Veterano M40	09:25:45	+02:27:23	08:12
69	48	David José Santos Amaral	coimbra trail running	Veterano M40	09:25:46	+02:27:24	08:12
70	152	Ricardo Manuel dos Santos Coutinho Barreiro	caac - clube de atletismo de arentim e cunha	Senior Masculino	09:28:21	+02:29:59	08:14
71	77	Bjarke Refslund	team yeti dk	Senior Masculino	09:28:38	+02:30:16	08:14
72	81	José Manuel de Almeida Pereira	ozxtreme	Senior Masculino	09:29:13	+02:30:51	08:15
73	82	Jorge Miguel de Almeida Pereira	ozxtreme	Senior Masculino	09:29:13	+02:30:51	08:15
74	120	César Manuel Canito Alves da Silva	gtt-armazém do caffè	Veterano M40	09:33:10	+02:34:48	08:18
75	298	FERNANDO ALVAREZ GARCIA	corpore	Veterano M40	09:34:44	+02:36:22	08:20
76	162	Patrick Rodrigues Marques	fridão sem limites	Veterano M40	09:36:37	+02:38:15	08:21
77	4	Raquel Pedro	juventude vidigalense	Veterana F40	09:37:05	+02:38:43	08:22
78	177	Rui Pedro Sá Soares	padela natural team-fisiofreixo	Senior Masculino	09:38:41	+02:40:19	08:23

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
79	219	José Manuel Fins	braguinhas runners	Veterano M40	09:41:05	+02:42:43	08:25
80	18	Alexandra Fernandes	individual	Veterana F50	09:45:20	+02:46:58	08:29
81	157	Luis Filipe Oliveira Santa Marinha	individual	Veterano M40	09:46:11	+02:47:49	08:30
82	313	Paulo jorge reis filipe	apúlia a correr	Veterano M40	09:48:55	+02:50:33	08:32
83	165	Ricardo Luis Rodrigues Miranda	arca Barcelos runners	Senior Masculino	09:49:01	+02:50:39	08:32
84	304	Hélio Sergio Gonçalves Costa	bragastore.pt	Senior Masculino	09:49:16	+02:50:54	08:32
85	316	João Paulo Oliveira Marques	ocsproaventuras	Veterano M50	09:50:21	+02:51:59	08:33
86	204	Rodrigo joaquim oliveira silva	team lanthemil	Veterano M40	09:52:37	+02:54:15	08:35
87	193	Paulo Alexandre Gonçalves Lourenço	fama runners	Senior Masculino	09:56:22	+02:58:00	08:39
88	276	Paulo Jorge Sousa Coutinho Rodrigues Machado	dr. merino/4moove	Veterano M40	09:56:33	+02:58:11	08:39
89	63	Carlos Miguel Pereira de Sousa e Jesus	beat your limit!	Senior Masculino	09:57:16	+02:58:54	08:39
90	80	Ivo Morais	beat your limit!	Veterano M40	09:57:16	+02:58:54	08:39
91	149	Carlos Alberto Pereira Novais Gandra	ggt-armazém do caffè	Veterano M50	09:57:43	+02:59:21	08:40
92	263	Virgínia Pereira	trilho perdido eventos/ imporlux	Veterana F50	10:00:03	+03:01:41	08:42
93	101	Adriana Isabel Silva Gomes	minho aventura	Senior Feminino	10:02:41	+03:04:19	08:44
94	118	João Pedro da Silva Ramos	ade trail running	Sub 23 Masculino	10:04:30	+03:06:08	08:46
95	102	Jorge Filipe Reis Costa	minho aventura	Senior Masculino	10:07:10	+03:08:48	08:48
96	117	Carlos Alberto Azevedo Simões	avelinhos running	Veterano M40	10:08:50	+03:10:28	08:49
97	291	Gonzalo comesaña estevez	trail running nigran	Veterano M40	10:09:57	+03:11:35	08:50
98	30	João Ricardo Caçador Ferreira	porto de mós a correr	Senior Masculino	10:13:31	+03:15:09	08:53
99	202	Bruno Renato Lima Porto	desnível positivo	Senior Masculino	10:14:19	+03:15:57	08:54
100	268	Liliana Gomes	dr. merino/4moove	Senior Feminino	10:15:30	+03:17:08	08:55
101	167	José Manuel Pereira	clube atletismo fafe	Senior Masculino	10:15:30	+03:17:08	08:55
102	22	Nuno Filipe da Costa Alves	letsrunazores	Veterano M40	10:15:40	+03:17:18	08:55
103	265	Filipe Miguel Figueiredo Alves	xl&s trail	Senior Masculino	10:19:38	+03:21:16	08:59
104	158	Rui Miguel Santos Pereira	afrikanrunners	Veterano M40	10:19:38	+03:21:16	08:59
105	3	Ricardo Jorge Silva	edv-viana trail	Senior Masculino	10:22:43	+03:24:21	09:01
106	41	Rui Pedreira Carmo	xl&s trail	Senior Masculino	10:22:43	+03:24:21	09:01
107	38	João Manuel Maciel Linhares	individual	Senior Masculino	10:24:07	+03:25:45	09:03
108	35	Nuno Manuel Azevedo Oliveira	team sindeq	Senior Masculino	10:24:40	+03:26:18	09:03
109	94	Pedro Filipe Couto Nóvoa	minho aventura	Veterano M50	10:26:17	+03:27:55	09:05
110	66	Ricardo Manuel Azevedo Boucinha	trincametas	Senior Masculino	10:27:25	+03:29:03	09:06
111	67	Antonio Manuel Cruz rocha	trincametas	Senior Masculino	10:27:25	+03:29:03	09:06
112	217	Jesus António Faria Campos	moutados team	Senior Masculino	10:29:49	+03:31:27	09:08
113	331	Gil Ricardo Vieira Rocha	individual	Senior Masculino	10:30:09	+03:31:47	09:08
114	74	Marco Aurélio Gomes Pereira	individual	Senior Masculino	10:30:13	+03:31:51	09:08
115	196	João Cristóvão Barros Dinis	individual	Senior Masculino	10:31:45	+03:33:23	09:09
116	244	Bernardo carrera giraldez	trail running nigran	Veterano M40	10:35:43	+03:37:21	09:13
117	24	NELSON SILVA	shots international runners	Veterano M40	10:35:46	+03:37:24	09:13
118	318	Ricardo Joaquim Rodrigues Miranda Sampaio	brabus runners	Senior Masculino	10:36:28	+03:38:06	09:13

ULTRA TRAIL 69K - STAGE 1

69 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
119	141	Carlos Jorge Marques Ribeiro	dive into the mountains	Senior Masculino	10:40:25	+03:42:03	09:17
120	191	Fernando jorge ramalhosa cunha	edv-viana trail	Veterano M50	10:42:39	+03:44:18	09:19
121	133	David Lafuente Alves	individual	Veterano M40	10:43:54	+03:45:32	09:20
122	90	Rui Pedro Silva Araújo	águias de alvelos	Sub 23 Masculino	10:44:05	+03:45:43	09:20
123	14	Virgilio Vedor Campos da Costa	millenniumbcp	Veterano M40	10:45:39	+03:47:17	09:21
124	309	Vitor Hugo Rocha	sidónios	Senior Masculino	10:48:26	+03:50:04	09:24
125	73	Georges DE SOUSA	individual	Veterano M40	10:51:20	+03:52:58	09:26
126	151	Nuno Figueiredo Goncalves	gtt-armazém do caffè	Senior Masculino	10:51:31	+03:53:09	09:27
127	11	Fernando Jorge Mendes Carneiro	nast	Senior Masculino	10:52:04	+03:53:42	09:27
128	180	Sérgio Almeida	afrikanrunners	Senior Masculino	10:52:06	+03:53:44	09:27
129	238	Hugo Costa	spotcriativo viseu running team	Senior Masculino	10:52:29	+03:54:07	09:27
130	103	José António Silva	braguinhas runners	Veterano M40	10:52:37	+03:54:15	09:27
131	320	Américo Imperadeiro	braguinhas runners	Veterano M40	10:52:37	+03:54:15	09:27
132	306	Fernando Almeida	nocturnos de paredes	Veterano M40	10:52:59	+03:54:37	09:28
133	194	Daniel Cruz Fernandes	individual	Veterano M40	10:53:14	+03:54:52	09:28
134	55	Sérgio Filipe Cunha Matos	edv-viana trail	Senior Masculino	10:54:07	+03:55:45	09:29
135	280	Amadeu Fernando Pires Teixeira	amigos do pedal trailagares	Veterano M50	10:54:10	+03:55:48	09:29
136	72	Sofia Coelho	individual	Veterana F40	10:54:20	+03:55:58	09:29
137	168	Eusébio Guimarães Pereira Fernandes	clube atletismo fafe	Veterano M40	11:00:38	+04:02:16	09:34
138	241	Augusto Pinto Oliveira	individual	Veterano M40	11:01:37	+04:03:15	09:35
139	75	Tiago Vidal Leal	individual	Veterano M40	11:05:44	+04:07:22	09:39
140	277	Olga Alexandra Oliveira Almeida	porto sentido runners	Senior Feminino	11:05:45	+04:07:23	09:39
141	301	Carlos Manuel barros Freixo	experienciar	Veterano M50	11:11:02	+04:12:40	09:44
142	246	Armanda Fernandes Barroso	individual	Senior Feminino	11:12:12	+04:13:50	09:45
143	199	José Maria Gouveia Martins	nast	Veterano M40	11:15:00	+04:16:38	09:47
144	222	Hugo jacinto Fernandes Gomes	individual	Senior Masculino	11:17:02	+04:18:40	09:49
145	245	Clemente Martins Pinto	individual	Senior Masculino	11:17:33	+04:19:11	09:49
146	299	Carlos Eduardo da Costa Correia	individual	Veterano M60	11:17:58	+04:19:36	09:50
147	43	Sonia Sofia Parente	edv-viana trail	Veterana F40	11:18:52	+04:20:30	09:50
148	281	Cacau Medeiros	individual	Veterana F40	11:19:34	+04:21:12	09:51
149	178	Filipe Gonçalves	afrikanrunners	Senior Masculino	11:20:08	+04:21:46	09:51
150	296	Rui Azevedo	fama runners	Veterano M40	11:21:22	+04:23:00	09:52
151	223	DOMINGOS MANUEL PINTO BARROS	selvagens	Veterano M40	11:21:22	+04:23:00	09:52
152	243	Nelson Cesar Ferreira da Silva Carvalho	alvelinhos running	Veterano M40	11:21:42	+04:23:21	09:53
153	62	João Paulo Pereira de Freitas Coroado	coimbra trail running	Veterano M50	11:22:13	+04:23:51	09:53
154	69	Gisela Maria silva pereira	desnível positivo	Veterana F40	11:23:30	+04:25:08	09:54
155	207	Ricardo Silva	white running team	Senior Masculino	11:25:00	+04:26:38	09:56
156	206	Rui Filipe Pereira	white running team	Senior Masculino	11:25:01	+04:26:39	09:56

ULTRA TRAIL 69K - STAGE 1

69 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
157	27	José Manuel Duarte Guimarães Vidal	correio de albergaria trail running	Senior Masculino	11:25:36	+04:27:14	09:56
158	26	Miguel Augusto Vinga da Quinta	correio de albergaria trail running	Senior Masculino	11:25:36	+04:27:14	09:56
159	131	José Asorey Cacheda	melgaço alvarinho trail	Veterano M40	11:26:57	+04:28:35	09:57
160	154	João Agostinho Oliveira Santos	fisiofute trail running	Veterano M40	11:27:53	+04:29:31	09:58
161	113	Miguel Cedra de Almeida	fisiofute trail running	Veterano M40	11:27:53	+04:29:32	09:58
162	138	Filipe Rodrigues Gonçalves	melgaço alvarinho trail/trail veteranos ourense	Veterano M50	11:29:18	+04:30:56	09:59
163	334	José Fernando Xavier Soares	patroes	Senior Masculino	11:30:40	+04:32:18	10:01
164	150	Sérgio Miguel Batista Couto	budeguita runners	Veterano M40	11:31:46	+04:33:24	10:02
165	140	Afonso Gonçalves	clubnovobanco	Senior Masculino	11:32:33	+04:34:11	10:02
166	288	Flor Madureira	marão trail	Veterana F50	11:32:40	+04:34:18	10:02
167	83	Pedro Miguel Leão Santos	crocodilos/misterpc	Senior Masculino	11:32:43	+04:34:21	10:02
168	205	Paulo Alexandre Lema Pelicano	crocodilos/misterpc	Veterano M40	11:32:44	+04:34:22	10:02
169	192	José João Martinho Henriques	amigos da montanha	Veterano M40	11:33:08	+04:34:46	10:03
170	333	Alexandre Herculano Rios Pereira	salamandrecos	Senior Masculino	11:33:13	+04:34:51	10:03
171	262	Pedro André Figueiras da Cunha	vidaativarunners	Senior Masculino	11:35:54	+04:37:32	10:05
172	144	João Pedro da Silva Reis Varela Gomes	cães d'avenida	Veterano M40	11:37:15	+04:38:53	10:06
173	132	Mira Matias	no pain no gain	Veterana F50	11:37:49	+04:39:27	10:07
174	64	Stevan Pavlovic	individual	Veterano M40	11:37:52	+04:39:30	10:07
175	295	Paulo Loureiro	fama runners	Veterano M50	11:40:49	+04:42:27	10:09
176	294	Nuno Alves	fama runners	Senior Masculino	11:40:56	+04:42:34	10:10
177	278	Nuno António Rocha Reis	team lantermil	Veterano M40	11:42:40	+04:44:18	10:11
178	210	Daniel Alexandre Rocha Reis	individual	Senior Masculino	11:42:43	+04:44:21	10:11
179	45	Mariana Machado Ballester	individual	Senior Feminino	11:44:30	+04:46:08	10:13
180	187	António Fernando da Cruz Alves Pinto de Oliveira	os finos	Veterano M40	11:44:30	+04:46:08	10:13
181	261	Fatinha Pinto		Veterana F40	11:47:42	+04:49:20	10:15
182	248	Carlos Manuel Lopes Teixeira	trincametas	Senior Masculino	11:49:09	+04:50:47	10:17
183	285	Rodolfo Alexandre Brito da Silva	edv-viana trail	Senior Masculino	11:49:12	+04:50:51	10:17
184	65	João Daniel Miranda Araújo	individual	Senior Masculino	11:53:08	+04:54:46	10:20
185	121	Paulo Ferreira	individual	Senior Masculino	11:53:09	+04:54:47	10:20
186	105	Jorge Humberto Soares Garcez Borges	gtt-armazém do caffè	Senior Masculino	11:53:09	+04:54:47	10:20
187	126	Vitor Manuel Silva Campos	gtt-armazém do caffè	Veterano M40	11:53:09	+04:54:47	10:20
188	114	MANUEL FERNANDO TORRES AREZES	gtt-armazém do caffè	Veterano M50	11:54:06	+04:55:44	10:21
189	163	Filipe Azevedo Rodrigues	team lantermil	Senior Masculino	11:55:04	+04:56:42	10:22
190	173	Miguel Jorge Ferreira de Araújo	team lantermil	Veterano M40	11:55:04	+04:56:42	10:22
191	108	Rui Manuel de Brito Machado	filónails - sl nutrition- afacycles	Veterano M40	11:55:33	+04:57:11	10:22
192	252	Ângela Costa	guimarunning moscada	Veterana F40	11:56:30	+04:58:08	10:23
193	232	João Martinho de Azevedo Sousa	g. aventura	Veterano M40	12:00:01	+05:01:39	10:26

ULTRA TRAIL 69K - STAGE 1

69 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
194	233	Fábio Micael Floro Simões Ferreira	g. aventura	Senior Masculino	12:00:02	+05:01:40	10:26
195	300	Nuno Almeida	guimarunning moscada	Senior Masculino	12:07:39	+05:09:17	10:33
196	340	José Araújo	individual	Veterano M40	12:08:20	+05:09:58	10:33
197	34	José Conceição	individual	Senior Masculino	12:09:00	+05:10:38	10:34
198	214	Anabela Do Céu Keta Batista	gtt-armazém do caffè	Veterana F40	12:11:22	+05:13:00	10:36
199	216	Rui Manuel de Conde Franco	gtt-armazém do caffè	Veterano M40	12:11:22	+05:13:00	10:36
200	110	Jorge Manuel Faria Araújo	ganita sportive	Veterano M40	12:18:01	+05:19:39	10:42
201	109	Sérgio Henrique Castro Neiva	ganita sportive	Senior Masculino	12:18:01	+05:19:39	10:42
202	341	Fernando Pereira	individual	Veterano M40	12:19:00	+05:20:38	10:43
203	342	Marco Barreto	individual	Senior Masculino	12:21:32	+05:23:10	10:45
204	137	Hélio David Silva	gtt-armazém do caffè	Veterano M40	12:22:58	+05:24:36	10:46
205	279	António José Redondo Paulo	casa jovase	Veterano M50	12:23:14	+05:24:52	10:46
206	336	Manuel Fereira	individual	Veterano M50	12:25:42	+05:27:20	10:48
207	20	LILIANA PATRICIA FERREIRA DOS REIS PEREIRA	shots international runners	Senior Feminino	12:29:58	+05:31:36	10:52
208	208	Rui Miguel Lima Pereira	bardinos trail running	Veterano M40	12:31:21	+05:32:59	10:53
209	145	Helena Isabel Moreira Dias	budeguita runners	Veterana F40	12:33:57	+05:35:35	10:56
210	79	Susana Gabriela Costa Pinto da Neta	clube zipper	Veterana F40	12:33:59	+05:35:37	10:56
211	155	Ana Luísa Moreira Dias	budeguita runners	Veterana F40	12:33:59	+05:35:37	10:56
212	61	Bruno Manuel do Vale	individual	Senior Masculino	12:34:00	+05:35:38	10:56
213	218	Carlos Frederico Pinto Carreira	pezinhos de lâ	Senior Masculino	12:34:05	+05:35:43	10:56
214	181	Jorge Manuel Ferreira da Silva Marques	team lantermil	Veterano M40	12:34:15	+05:35:53	10:56
215	58	Luís Barata da Rocha	cães d'avenida	Veterano M40	12:37:08	+05:38:46	10:58
216	54	Luis Miguel	individual	Senior Masculino	12:37:08	+05:38:46	10:58
217	337	Carlos Soares	individual	Senior Masculino	12:39:14	+05:40:52	11:00
218	338	Nuno Soares	individual	Senior Masculino	12:40:04	+05:41:42	11:01
219	115	Luis Marcelo Ribeiro Teles	gtt-armazém do caffè	Senior Masculino	12:43:53	+05:45:31	11:04
220	153	Rui Daniel Quintão da Costa Gomes	individual	Senior Masculino	12:44:10	+05:45:48	11:04
221	339	Diana Ribeiro	individual	Senior Feminino	12:46:13	+05:47:51	11:06
222	183	Pedro André Ferreira Coelho	team lantermil	Senior Masculino	12:48:48	+05:50:26	11:09
223	236	Paulo Luis dos Santos Gomes	team lantermil	Senior Masculino	12:48:48	+05:50:26	11:09
224	185	João Filipe Marques Nogueira	team lantermil	Senior Masculino	12:48:48	+05:50:26	11:09
225	175	Marco Filipe da Silva Moreira	team lantermil	Senior Masculino	12:48:48	+05:50:26	11:09
226	174	Vítor Horácio Esteves Correia	team lantermil	Senior Masculino	12:48:48	+05:50:26	11:09
227	188	Luís Miguel Araújo Vale	team lantermil	Veterano M40	12:48:49	+05:50:27	11:09
228	184	Mónica Martins	team lantermil	Veterana F40	12:48:49	+05:50:27	11:09
229	289	Raquel Ferreira de Vasconcelos	marão trail	Senior Feminino	12:49:25	+05:51:03	11:09
230	290	Paulo Silvestre Ribeiro Pereira Gomes	marão trail	Veterano M40	12:49:25	+05:51:03	11:09
231	335	Isabel Martins	individual	Veterana F50	12:51:23	+05:53:01	11:11
232	323	Ricardo Araújo	a.d.calca folhas	Senior Masculino	12:53:46	+05:55:24	11:13
233	84	Hugo Edgar Macedo Peixoto Pereira	gtt-armazém do caffè	Senior Masculino	12:53:46	+05:55:24	11:13

ULTRA TRAIL 69K - STAGE 1

69 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
234	124	Nuno Miguel Faria da Costa	gtt-armazém do caffè	Senior Masculino	12:53:46	+05:55:24	11:13
235	130	César Filipe Martins Ferreira	Ima run team	Sub 23 Masculino	12:54:33	+05:56:11	11:14
236	134	Gilberto Luciano Martins Ribeiro	Ima run team	Veterano M40	12:54:33	+05:56:11	11:14
237	330	Paula Santos	all about	Veterana F40	12:54:33	+05:56:11	11:14
238	322	Marco Silva	all about	Veterano M40	12:54:34	+05:56:12	11:14

Ultra Trail 69K

69 KM



OFFICIAL RESULT

	Time	Temperature	Humidity
Start	07:00	6,9°C	47%
End	19:55	6,9°C	47%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	234	Inês Marques	U.F. Comércio e Indústria Atletismo	Senior Feminino	08:04:42	+01:06:20	07:01
2	101	Adriana Isabel Silva Gomes	MINHO AVENTURA	Senior Feminino	10:02:41	+03:04:19	08:44
3	268	Liliana Gomes	Dr. Merino/4moove	Senior Feminino	10:15:30	+03:17:08	08:55
4	277	Olga Alexandra Oliveira Almeida	PORTO SENTIDO RUNNERS	Senior Feminino	11:05:45	+04:07:23	09:39
5	246	Armada Fernandes Barroso	Individual	Senior Feminino	11:12:12	+04:13:50	09:45
6	45	Mariana Machado Ballester	Individual	Senior Feminino	11:44:30	+04:46:08	10:13
7	20	LILIANA PATRICIA FERREIRA DOS REIS PEREIRA	Shots International Runners	Senior Feminino	12:29:58	+05:31:36	10:52
8	339	Diana Ribeiro	Individual	Senior Feminino	12:46:13	+05:47:51	11:06
9	289	Raquel Ferreira de Vasconcelos	Marão Trail	Senior Feminino	12:49:25	+05:51:03	11:09

Senior Masculino

1	270	Mário Elson Fonseca	Dr. Merino/4moove	Senior Masculino	06:58:21		06:04
2	328	Bruno Sousa	SatecnosolOutdoor – LaSportiva	Senior Masculino	07:01:20	+02:58	06:06
3	311	Bruno Ferreira	ÁGUIAS DE ALVELOS	Senior Masculino	07:08:03	+09:41	06:12
4	271	Carlos Miguel da Costa Ferreira	Dr. Merino/4moove	Senior Masculino	07:09:58	+11:36	06:14
5	325	Bruno Moreira	SatecnosolOutdoor – LaSportiva	Senior Masculino	07:13:41	+15:19	06:17
6	312	Francisco Fernandes	ÁGUIAS DE ALVELOS	Senior Masculino	07:19:44	+21:22	06:22
7	7	Rafael Cruz	Melres Trail Running	Senior Masculino	07:25:46	+27:24	06:28
8	85	Luis Pedro Martins	GTT-Armazém do Caffè	Senior Masculino	07:29:42	+31:20	06:31
9	78	Jacques Dehnbostel	Team Salomon Adventure DK	Senior Masculino	07:36:03	+37:41	06:37
10	136	Pedro Manuel Reis Caprichoso	EDV-VIANA TRAIL	Senior Masculino	08:00:31	+01:02:09	06:58
11	302	Seninho Ribeiro	ORALKLASS – AMIGOS DO TRAIL	Senior Masculino	08:00:52	+01:02:30	06:58
12	159	Nuno Miguel Guimarães Fernandes	Clube Atletismo Fafe	Senior Masculino	08:01:03	+01:02:41	06:58
13	60	José Manuel Santos Faria	EDV-Viana Trail / Salming Running Portugal	Senior Masculino	08:02:19	+01:03:57	06:59
14	275	António Domingos Moreira de Freitas	Dr. Merino/4moove	Senior Masculino	08:04:05	+01:05:43	07:01
15	310	Bruno Ribeiro	ÁGUIAS DE ALVELOS	Senior Masculino	08:09:31	+01:11:09	07:06
16	283	Diogo Lopes	EDV-VIANA TRAIL	Senior Masculino	08:09:54	+01:11:32	07:06
17	303	Gil Ricardo Correia Ferreira	Marão Trail	Senior Masculino	08:19:45	+01:21:23	07:15
18	88	Vasco Leandro Reis Ferreira	Brabus Runners	Senior Masculino	08:20:06	+01:21:44	07:15
19	231	Amândio Faria de Freitas	EDV-VIANA TRAIL	Senior Masculino	08:38:41	+01:40:19	07:31
20	86	Pedro Miguel Matos Torres	VIDAATIVARUNNERS	Senior Masculino	08:43:41	+01:45:19	07:35
21	119	Ricardo Fazenda Madeira da Fonseca	LX Run	Senior Masculino	08:52:20	+01:53:58	07:43
22	42	Jorge Miguel Amorim Duarte	Coimbra Trail Running	Senior Masculino	08:54:42	+01:56:20	07:45
23	50	Luis Filipe Rego Lemos	NorTrail	Senior Masculino	08:55:47	+01:57:25	07:46
24	293	Rogelio rodriguez cardoso	non	Senior Masculino	09:02:37	+02:04:15	07:52

Official Timekeeper: Lap2Go	1 / 7	generate 29-nov-2017 17:55
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Ultra Trail 69K

69 KM

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OFFICIAL RESULT

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25	16	Nelson Teixeira	Crocodilos/MisterPC	Senior Masculino	09:04:16	+02:05:54	07:53
26	28	Daniel Francisco Santos Rodrigues	Dão Nelas Runners	Senior Masculino	09:05:02	+02:06:40	07:54
27	170	Bruno Miguel Dias Costa	ARCA BarceloS runners	Senior Masculino	09:07:52	+02:09:30	07:56
28	10	Pedro Miguel Gonçalves Costa	Individual	Senior Masculino	09:11:26	+02:13:04	08:00
29	228	David Sousa	All About	Senior Masculino	09:12:09	+02:13:47	08:00
30	9	Sérgio André da Silva Coelho	GTT-Armazém do Caffè	Senior Masculino	09:19:52	+02:21:30	08:07
31	71	Luis Ricardo Fernandes Letra	Dr. Merino/4moove	Senior Masculino	09:22:21	+02:23:59	08:09
32	284	Duarte Nuno Oliveira	EDV-VIANA TRAIL	Senior Masculino	09:22:31	+02:24:09	08:09
33	123	Klaus Jessen	Aarhus Adventure	Senior Masculino	09:23:11	+02:24:49	08:10
34	152	Ricardo Manuel dos Santos Coutinho Barreiro	CAAC - Clube de Atletismo de Arentim e Cunha	Senior Masculino	09:28:21	+02:29:59	08:14
35	77	Bjarke Refslund	Team Yeti DK	Senior Masculino	09:28:38	+02:30:16	08:14
36	81	José Manuel de Almeida Pereira	OZXTREME	Senior Masculino	09:29:13	+02:30:51	08:15
37	82	Jorge Miguel de Almeida Pereira	OZXTREME	Senior Masculino	09:29:13	+02:30:51	08:15
38	177	Rui Pedro Sá Soares	Padela Natural Team-Fisiofreixo	Senior Masculino	09:38:41	+02:40:19	08:23
39	165	Ricardo Luis Rodrigues Miranda	ARCA BarceloS runners	Senior Masculino	09:49:01	+02:50:39	08:32
40	304	Hélio Sergio Gonçalves Costa	Bragastore.pt	Senior Masculino	09:49:16	+02:50:54	08:32
41	193	Paulo Alexandre Gonçalves Lourenço	FAMA RUNNERS	Senior Masculino	09:56:22	+02:58:00	08:39
42	63	Carlos Miguel Pereira de Sousa e Jesus	Beat Your Limit!	Senior Masculino	09:57:16	+02:58:54	08:39
43	102	Jorge Filipe Reis Costa	MINHO AVENTURA	Senior Masculino	10:07:10	+03:08:48	08:48
44	30	João Ricardo Caçador Ferreira	Porto de Mós a Correr	Senior Masculino	10:13:31	+03:15:09	08:53
45	202	Bruno Renato Lima Porto	Desnível Positivo	Senior Masculino	10:14:19	+03:15:57	08:54
46	167	José Manuel Pereira	Clube Atletismo Fafe	Senior Masculino	10:15:30	+03:17:08	08:55
47	265	Filipe Miguel Figueiredo Alves	XL&S TRAIL	Senior Masculino	10:19:38	+03:21:16	08:59
48	3	Ricardo Jorge Silva	EDV-VIANA TRAIL	Senior Masculino	10:22:43	+03:24:21	09:01
49	41	Rui Pedreira Carmo	XL&S TRAIL	Senior Masculino	10:22:43	+03:24:21	09:01
50	38	João Manuel Maciel Linhares	Individual	Senior Masculino	10:24:07	+03:25:45	09:03
51	35	Nuno Manuel Azevedo Oliveira	Team Sindeq	Senior Masculino	10:24:40	+03:26:18	09:03
52	66	Ricardo Manuel Azevedo Boucinha	TRINCAMETAS	Senior Masculino	10:27:25	+03:29:03	09:06
53	67	Antonio Manuel Cruz rocha	TRINCAMETAS	Senior Masculino	10:27:25	+03:29:03	09:06
54	217	Jesus António Faria Campos	MOUTADOS TEAM	Senior Masculino	10:29:49	+03:31:27	09:08
55	331	Gil Ricardo Vieira Rocha	Individual	Senior Masculino	10:30:09	+03:31:47	09:08
56	74	Marco Aurélio Gomes Pereira	Individual	Senior Masculino	10:30:13	+03:31:51	09:08
57	196	João Cristóvão Barros Dinis	Individual	Senior Masculino	10:31:45	+03:33:23	09:09
58	318	Ricardo Joaquim Rodrigues Miranda Sampaio	Brabus Runners	Senior Masculino	10:36:28	+03:38:06	09:13
59	141	Carlos Jorge Marques Ribeiro	DiVe Into The Mountains	Senior Masculino	10:40:25	+03:42:03	09:17
60	309	Vitor Hugo Rocha	Sidónios	Senior Masculino	10:48:26	+03:50:04	09:24
61	151	Nuno Figueiredo Goncalves	GTT-Armazém do Caffè	Senior Masculino	10:51:31	+03:53:09	09:27
62	11	Fernando Jorge Mendes Carneiro	NAST	Senior Masculino	10:52:04	+03:53:42	09:27
63	180	Sérgio Almeida	AfrikanRunners	Senior Masculino	10:52:06	+03:53:44	09:27
64	238	Hugo Costa	SpotCriativo Viseu Running Team	Senior Masculino	10:52:29	+03:54:07	09:27
65	55	Sérgio Filipe Cunha Matos	EDV-VIANA TRAIL	Senior Masculino	10:54:07	+03:55:45	09:29
66	222	Hugo jacinto Fernandes Gomes	Individual	Senior Masculino	11:17:02	+04:18:40	09:49
67	245	Clemente Martins Pinto	Individual	Senior Masculino	11:17:33	+04:19:11	09:49
68	178	Filipe Gonçalves	AfrikanRunners	Senior Masculino	11:20:08	+04:21:46	09:51

Official Timekeeper: Lap2Go	2 / 7	generate 29-nov-2017 17:55
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Ultra Trail 69K

69 KM

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OFFICIAL RESULT

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69	207	Ricardo Silva	WHITE RUNNING TEAM	Senior Masculino	11:25:00	+04:26:38	09:56
70	206	Rui Filipe Pereira	WHITE RUNNING TEAM	Senior Masculino	11:25:01	+04:26:39	09:56
71	27	José Manuel Duarte Guimarães Vidal	Correio de Albergaria Trail Running	Senior Masculino	11:25:36	+04:27:14	09:56
72	26	Miguel Augusto Vinga da Quinta	Correio de Albergaria Trail Running	Senior Masculino	11:25:36	+04:27:14	09:56
73	334	José Fernando Xavier Soares	Patroes	Senior Masculino	11:30:40	+04:32:18	10:01
74	140	Afonso Gonçalves	ClubNovoBanco	Senior Masculino	11:32:33	+04:34:11	10:02
75	83	Pedro Miguel Leão Santos	Crocodilos/MisterPC	Senior Masculino	11:32:43	+04:34:21	10:02
76	333	Alexandre Herculano Rios Pereira	Salamandrecos	Senior Masculino	11:33:13	+04:34:51	10:03
77	262	Pedro André Figueiras da Cunha	VIDAATIVARUNNERS	Senior Masculino	11:35:54	+04:37:32	10:05
78	294	Nuno Alves	FAMA RUNNERS	Senior Masculino	11:40:56	+04:42:34	10:10
79	210	Daniel Alexandre Rocha Reis	Individual	Senior Masculino	11:42:43	+04:44:21	10:11
80	248	Carlos Manuel Lopes Teixeira	TRINCAMETAS	Senior Masculino	11:49:09	+04:50:47	10:17
81	285	Rodolfo Alexandre Brito da Silva	EDV-VIANA TRAIL	Senior Masculino	11:49:12	+04:50:51	10:17
82	65	João Daniel Miranda Araújo	Individual	Senior Masculino	11:53:08	+04:54:46	10:20
83	121	Paulo Ferreira	Individual	Senior Masculino	11:53:09	+04:54:47	10:20
84	105	Jorge Humberto Soares Garcez Borges	GTT-Armazém do Caffè	Senior Masculino	11:53:09	+04:54:47	10:20
85	163	Filipe Azevedo Rodrigues	TEAM LANTEMIL	Senior Masculino	11:55:04	+04:56:42	10:22
86	233	Fábio Micael Floro Simões Ferreira	G. Aventura	Senior Masculino	12:00:02	+05:01:40	10:26
87	300	Nuno Almeida	Guimarunning Moscada	Senior Masculino	12:07:39	+05:09:17	10:33
88	34	José Conceição	Individual	Senior Masculino	12:09:00	+05:10:38	10:34
89	109	Sérgio Henrique Castro Neiva	GANITA SPORTIVE	Senior Masculino	12:18:01	+05:19:39	10:42
90	342	Marco Barreto	Individual	Senior Masculino	12:21:32	+05:23:10	10:45
91	61	Bruno Manuel do Vale	Individual	Senior Masculino	12:34:00	+05:35:38	10:56
92	218	Carlos Frederico Pinto Carreira	PEZINHOS DE LÃ	Senior Masculino	12:34:05	+05:35:43	10:56
93	54	Luis Miguel	Individual	Senior Masculino	12:37:08	+05:38:46	10:58
94	337	Carlos Soares	Individual	Senior Masculino	12:39:14	+05:40:52	11:00
95	338	Nuno Soares	Individual	Senior Masculino	12:40:04	+05:41:42	11:01
96	115	Luis Marcelo Ribeiro Teles	GTT-Armazém do Caffè	Senior Masculino	12:43:53	+05:45:31	11:04
97	153	Rui Daniel Quintão da Costa Gomes	Individual	Senior Masculino	12:44:10	+05:45:48	11:04
98	183	Pedro André Ferreira Coelho	TEAM LANTEMIL	Senior Masculino	12:48:48	+05:50:26	11:09
99	236	Paulo Luis dos Santos Gomes	TEAM LANTEMIL	Senior Masculino	12:48:48	+05:50:26	11:09
100	185	João Filipe Marques Nogueira	TEAM LANTEMIL	Senior Masculino	12:48:48	+05:50:26	11:09
101	175	Marco Filipe da Silva Moreira	TEAM LANTEMIL	Senior Masculino	12:48:48	+05:50:26	11:09
102	174	Vítor Horácio Esteves Correia	TEAM LANTEMIL	Senior Masculino	12:48:48	+05:50:26	11:09
103	323	Ricardo Araújo	A.D.Calca Folhas	Senior Masculino	12:53:46	+05:55:24	11:13
104	84	Hugo Edgar Macedo Peixoto Pereira	GTT-Armazém do Caffè	Senior Masculino	12:53:46	+05:55:24	11:13
105	124	Nuno Miguel Faria da Costa	GTT-Armazém do Caffè	Senior Masculino	12:53:46	+05:55:24	11:13

Sub 23 Masculino

1	118	João Pedro da Silva Ramos	ADE Trail Running	Sub 23 Masculino	10:04:30	+03:06:08	08:46
2	90	Rui Pedro Silva Araújo	ÁGUIAS DE ALVELOS	Sub 23 Masculino	10:44:05	+03:45:43	09:20
3	130	César Filipe Martins Ferreira	LMA Run Team	Sub 23 Masculino	12:54:33	+05:56:11	11:14

Ultra Trail 69K

69 KM

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OFFICIAL RESULT

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REVISED

Veterana F40

1	32	Cristina Couceiro	ARSM- Associação Recreativa de S. Miguel	Veterana F40	08:28:50	+01:30:28	07:22
2	76	Jocelina Jesus Ferreira	Juventude Vidigalense	Veterana F40	08:32:56	+01:34:34	07:26
3	4	Raquel Pedro	Juventude Vidigalense	Veterana F40	09:37:05	+02:38:43	08:22
4	72	Sofia Coelho	Individual	Veterana F40	10:54:20	+03:55:58	09:29
5	43	Sonia Sofia Parente	EDV-VIANA TRAIL	Veterana F40	11:18:52	+04:20:30	09:50
6	281	Cacau Medeiros	Individual	Veterana F40	11:19:34	+04:21:12	09:51
7	69	Gisela Maria silva pereira	Desnível Positivo	Veterana F40	11:23:30	+04:25:08	09:54
8	261	Fatinha Pinto		Veterana F40	11:47:42	+04:49:20	10:15
9	252	Ângela Costa	Guimarunning Moscada	Veterana F40	11:56:30	+04:58:08	10:23
10	214	Anabela Do Céu Keta Batista	GTT-Armazém do Caffè	Veterana F40	12:11:22	+05:13:00	10:36
11	145	Helena Isabel Moreira Dias	BUDEGUITA RUNNERS	Veterana F40	12:33:57	+05:35:35	10:56
12	79	Susana Gabriela Costa Pinto da Neta	Clube Zupper	Veterana F40	12:33:59	+05:35:37	10:56
13	155	Ana Luísa Moreira Dias	BUDEGUITA RUNNERS	Veterana F40	12:33:59	+05:35:37	10:56
14	184	Mónica Martins	TEAM LANTEMIL	Veterana F40	12:48:49	+05:50:27	11:09
15	330	Paula Santos	All About	Veterana F40	12:54:33	+05:56:11	11:14

Veterana F50

1	18	Alexandra Fernandes	Individual	Veterana F50	09:45:20	+02:46:58	08:29
2	263	Virgínia Pereira	Trilho Perdido Eventos/ Imporlux	Veterana F50	10:00:03	+03:01:41	08:42
3	288	Flor Madureira	Marão Trail	Veterana F50	11:32:40	+04:34:18	10:02
4	132	Mira Matias	No pain no gain	Veterana F50	11:37:49	+04:39:27	10:07
5	335	Isabel Martins	Individual	Veterana F50	12:51:23	+05:53:01	11:11

Veterano M40

1	161	Luis Miguel Ribeiro da Cunha	Figueira Kayak Clube	Veterano M40	07:35:13	+36:51	06:36
2	171	Paulino Manuel de Abreu	Melgaço Alvarinho Trail	Veterano M40	07:37:14	+38:52	06:38
3	258	José Pereira	Desnível Positivo	Veterano M40	07:54:11	+55:49	06:52
4	195	Luís Filipe Amaral de Oliveira	Runner's do Demo	Veterano M40	07:55:54	+57:32	06:54
5	215	Carlos Manuel Ramos Cardoso	GTT-Armazém do Caffê	Veterano M40	08:00:33	+01:02:11	06:58
6	226	Pedro Miguel da Silva Baptista	ARSM- Associação Recreativa de S. Miguel	Veterano M40	08:12:03	+01:13:41	07:08
7	227	Renato Silva	PAREDES AVENTURA	Veterano M40	08:24:01	+01:25:39	07:18
8	282	Victor Correia	EDV-VIANA TRAIL	Veterano M40	08:29:30	+01:31:08	07:23
9	198	Nuno Carlos Figueiredo Campos	Barcelos Team Portugal	Veterano M40	08:33:40	+01:35:18	07:27
10	247	José Carlos Amaral Costa	Runner's do Demo	Veterano M40	08:35:06	+01:36:44	07:28
11	91	Ricardo Manuel Marques Baptista Vieira	Brabus Runners	Veterano M40	08:46:14	+01:47:52	07:38
12	95	Pascoal Dias de Melo	MINHO AVENTURA	Veterano M40	08:47:34	+01:49:12	07:39
13	324	Joaquim Freitas	SatecnosolOutdoor – LaSportiva	Veterano M40	08:49:40	+01:51:18	07:41
14	127	Stephane simoes	EDV-VIANA TRAIL	Veterano M40	08:50:21	+01:51:59	07:41
15	286	Fernando Lago Castro	COUTADAS TRAIL TEAM	Veterano M40	08:51:27	+01:53:05	07:42

Ultra Trail 69K

69 KM

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OFFICIAL RESULT

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16	143	Jorge Mamede Abrantes	Individual	Veterano M40	08:53:48	+01:55:26	07:44
17	305	Arturo Piñeiro rey	Barbantia Roda	Veterano M40	08:58:09	+01:59:47	07:48
18	297	ADOLFO GARRIDO FERNANDEZ	RUNNING SPORT TRAIL	Veterano M40	09:02:45	+02:04:23	07:52
19	129	Pedro caldas	EDV-VIANA TRAIL	Veterano M40	09:03:14	+02:04:52	07:52
20	87	Paulo Durao	Runner's do Demo	Veterano M40	09:09:21	+02:10:59	07:58
21	156	Ezequiel Fernandes	ÁGUIAS DE ALVELOS	Veterano M40	09:09:30	+02:11:08	07:58
22	224	Pedro Nuno Serra Pires	Runner's do Demo	Veterano M40	09:10:53	+02:12:31	07:59
23	225	José António da Silva sousa Pereira Fernandes	Runner's do Demo	Veterano M40	09:19:52	+02:21:30	08:07
24	189	João paulo araujo pereira	Média 10 Team	Veterano M40	09:20:32	+02:22:10	08:07
25	96	Daniel Novais da Silva	MINHO AVENTURA	Veterano M40	09:21:13	+02:22:51	08:08
26	128	Sergio ramos	EDV-VIANA TRAIL	Veterano M40	09:22:31	+02:24:09	08:09
27	220	Henrique Silva	Braguinhas Runners	Veterano M40	09:24:24	+02:26:02	08:11
28	169	Rui Pedro Freitas Povo	Clube Atletismo Fafe	Veterano M40	09:25:45	+02:27:23	08:12
29	48	David José Santos Amaral	Coimbra Trail Running	Veterano M40	09:25:46	+02:27:24	08:12
30	120	César Manuel Canito Alves da Silva	GTT-Armazém do Caffè	Veterano M40	09:33:10	+02:34:48	08:18
31	298	FERNANDO ALVAREZ GARCIA	CORPORE	Veterano M40	09:34:44	+02:36:22	08:20
32	162	Patrick Rodrigues Marques	Fridão Sem Limites	Veterano M40	09:36:37	+02:38:15	08:21
33	219	José Manuel Fins	Braguinhas Runners	Veterano M40	09:41:05	+02:42:43	08:25
34	157	Luis Filipe Oliveira Santa Marinha	Individual	Veterano M40	09:46:11	+02:47:49	08:30
35	313	Paulo jorge reis filipe	Apúlia a Correr	Veterano M40	09:48:55	+02:50:33	08:32
36	204	Rodrigo joaquim oliveira silva	TEAM LANTEMIL	Veterano M40	09:52:37	+02:54:15	08:35
37	276	Paulo Jorge Sousa Coutinho Rodrigues Machado	Dr. Merino/4moove	Veterano M40	09:56:33	+02:58:11	08:39
38	80	Ivo Morais	Beat Your Limit!	Veterano M40	09:57:16	+02:58:54	08:39
39	117	Carlos Alberto Azevedo Simões	ALVELINHOS RUNNING	Veterano M40	10:08:50	+03:10:28	08:49
40	291	Gonzalo comesaña estevez	TRAIL RUNNING NIGRAN	Veterano M40	10:09:57	+03:11:35	08:50
41	22	Nuno Filipe da Costa Alves	LetsRunAzores	Veterano M40	10:15:40	+03:17:18	08:55
42	158	Rui Miguel Santos Pereira	AfrikanRunners	Veterano M40	10:19:38	+03:21:16	08:59
43	244	Bernardo carrera giraldez	TRAIL RUNNING NIGRAN	Veterano M40	10:35:43	+03:37:21	09:13
44	24	NELSON SILVA	Shots International Runners	Veterano M40	10:35:46	+03:37:24	09:13
45	133	David Lafuente Alves	Individual	Veterano M40	10:43:54	+03:45:32	09:20
46	14	Virgílio Vedor Campos da Costa	MILLENNIUMBGP	Veterano M40	10:45:39	+03:47:17	09:21
47	73	Georges DE SOUSA	Individual	Veterano M40	10:51:20	+03:52:58	09:26
48	103	José António Silva	Braguinhas Runners	Veterano M40	10:52:37	+03:54:15	09:27
49	320	Américo Imperadeiro	Braguinhas Runners	Veterano M40	10:52:37	+03:54:15	09:27
50	306	Fernando Almeida	NOCTURNOS DE PAREDES	Veterano M40	10:52:59	+03:54:37	09:28
51	194	Daniel Cruz Fernandes	Individual	Veterano M40	10:53:14	+03:54:52	09:28
52	168	Eusébio Guimarães Pereira Fernandes	Clube Atletismo Fafe	Veterano M40	11:00:38	+04:02:16	09:34
53	241	Augusto Pinto Oliveira	Individual	Veterano M40	11:01:37	+04:03:15	09:35
54	75	Tiago Vidal Leal	Individual	Veterano M40	11:05:44	+04:07:22	09:39
55	199	José Maria Gouveia Martins	NAST	Veterano M40	11:15:00	+04:16:38	09:47
56	296	Rui Azevedo	FAMA RUNNERS	Veterano M40	11:21:22	+04:23:00	09:52
57	223	DOMINGOS MANUEL PINTO BARROS	selvagens	Veterano M40	11:21:22	+04:23:00	09:52
58	243	Nelson Cesar Ferreira da Silva Carvalho	ALVELINHOS RUNNING	Veterano M40	11:21:42	+04:23:21	09:53
59	131	José Asorey Cacheda	Melgaço Alvarinho Trail	Veterano M40	11:26:57	+04:28:35	09:57

Official Timekeeper: Lap2Go	5 / 7	generate 29-nov-2017 17:55
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Ultra Trail 69K

69 KM

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OFFICIAL RESULT

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60	154	João Agostinho Oliveira Santos	Fisiofute Trail Running	Veterano M40	11:27:53	+04:29:31	09:58
61	113	Miguel Cedra de Almeida	Fisiofute Trail Running	Veterano M40	11:27:53	+04:29:32	09:58
62	150	Sérgio Miguel Batista Couto	BUDEGUITA RUNNERS	Veterano M40	11:31:46	+04:33:24	10:02
63	205	Paulo Alexandre Lema Pelicano	Crocodilos/MisterPC	Veterano M40	11:32:44	+04:34:22	10:02
64	192	José João Martinho Henriques	Amigos da Montanha	Veterano M40	11:33:08	+04:34:46	10:03
65	144	João Pedro da Silva Reis Varela Gomes	Cães d'Avenida	Veterano M40	11:37:15	+04:38:53	10:06
66	64	Stevan Pavlovic	Individual	Veterano M40	11:37:52	+04:39:30	10:07
67	278	Nuno António Rocha Reis	TEAM LANTEMIL	Veterano M40	11:42:40	+04:44:18	10:11
68	187	António Fernando da Cruz Alves Pinto de Oliveira	Os Finos	Veterano M40	11:44:30	+04:46:08	10:13
69	126	Vitor Manuel Silva Campos	GTT-Armazém do Caffè	Veterano M40	11:53:09	+04:54:47	10:20
70	173	Miguel Jorge Ferreira de Araújo	TEAM LANTEMIL	Veterano M40	11:55:04	+04:56:42	10:22
71	108	Rui Manuel de Brito Machado	FILÓNAILS - SL NUTRITION-AFACYCLES	Veterano M40	11:55:33	+04:57:11	10:22
72	232	João Martinho de Azevedo Sousa	G. Aventura	Veterano M40	12:00:01	+05:01:39	10:26
73	340	José Araújo	Individual	Veterano M40	12:08:20	+05:09:58	10:33
74	216	Rui Manuel de Conde Franco	GTT-Armazém do Caffè	Veterano M40	12:11:22	+05:13:00	10:36
75	110	Jorge Manuel Faria Araújo	GANITA SPORTIVE	Veterano M40	12:18:01	+05:19:39	10:42
76	341	Fernando Pereira	Individual	Veterano M40	12:19:00	+05:20:38	10:43
77	137	Hélio David Silva	GTT-Armazém do Caffè	Veterano M40	12:22:58	+05:24:36	10:46
78	208	Rui Miguel Lima Pereira	Bardinos Trail Running	Veterano M40	12:31:21	+05:32:59	10:53
79	181	Jorge Manuel Ferreira da Silva Marques	TEAM LANTEMIL	Veterano M40	12:34:15	+05:35:53	10:56
80	58	Luís Barata da Rocha	Cães d'Avenida	Veterano M40	12:37:08	+05:38:46	10:58
81	188	Luís Miguel Araújo Vale	TEAM LANTEMIL	Veterano M40	12:48:49	+05:50:27	11:09
82	290	Paulo Silvestre Ribeiro Pereira Gomes	Marão Trail	Veterano M40	12:49:25	+05:51:03	11:09
83	134	Gilberto Luciano Martins Ribeiro	LMA Run Team	Veterano M40	12:54:33	+05:56:11	11:14
84	322	Marco Silva	All About	Veterano M40	12:54:34	+05:56:12	11:14

Veterano M50

1	31	José Guilherme Henriques Carvalho Fêteira	ARSM- Associação Recreativa de S. Miguel	Veterano M50	08:28:50	+01:30:28	07:22
2	190	Paulo Jorge Dias Domingues	OLÍMPICO VIANENSE TRAIL	Veterano M50	08:29:31	+01:31:09	07:23
3	251	Jose Nuno Paiva	Cães d'Avenida	Veterano M50	08:45:49	+01:47:27	07:37
4	23	Diogo Ferreira Carvalho	NAST	Veterano M50	09:11:18	+02:12:56	07:59
5	316	João Paulo Oliveira Marques	OCSProaventuras	Veterano M50	09:50:21	+02:51:59	08:33
6	149	Carlos Alberto Pereira Novais Gandra	GTT-Armazém do Caffè	Veterano M50	09:57:43	+02:59:21	08:40
7	94	Pedro Filipe Couto Nóvoa	MINHO AVENTURA	Veterano M50	10:26:17	+03:27:55	09:05
8	191	Fernando jorge ramalhosa cunha	EDV-VIANA TRAIL	Veterano M50	10:42:39	+03:44:18	09:19
9	280	Amadeu Fernando Pires Teixeira	AMIGOS DO PEDAL TRAILAGARES	Veterano M50	10:54:10	+03:55:48	09:29
10	301	Carlos Manuel barros Freixo	experienciar	Veterano M50	11:11:02	+04:12:40	09:44
11	62	João Paulo Pereira de Freitas Coroado	Coimbra Trail Running	Veterano M50	11:22:13	+04:23:51	09:53
12	138	Filipe Rodrigues Gonçalves	Melgaço Alvarinho Trail/Trail Veteranos Ourense	Veterano M50	11:29:18	+04:30:56	09:59
13	295	Paulo Loureiro	FAMA RUNNERS	Veterano M50	11:40:49	+04:42:27	10:09

Official Timekeeper: Lap2Go	6 / 7	generate 29-nov-2017 17:55
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Ultra Trail 69K

69 KM

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OFFICIAL RESULT

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14	114	MANUEL FERNANDO TORRES AREZES	GTT-Armazém do Caffè	Veterano M50	11:54:06	+04:55:44	10:21
15	279	António José Redondo Paulo	Casa JOVASE	Veterano M50	12:23:14	+05:24:52	10:46
16	336	Manuel Ferreira	Individual	Veterano M50	12:25:42	+05:27:20	10:48

Veterano M60

1	299	Carlos Eduardo da Costa Correia	Individual	Veterano M60	11:17:58	+04:19:36	09:50
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Official Timekeeper: Lap2Go	1 / 1	generate 19-nov-2017 20:00
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TRAIL LONGO - STAGE 1

40 KM

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OFFICIAL RESULT

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	Time	Temperature	Humidity
Start	08:30	7,1°C	43%
End	16:22	7.1°C	43%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
1	1215	Rodrigo Gonalo Noivo Greg3rio	amcf-arr3bida trail team	Senior Masculino	03:38:57		05:28
2	1188	Antonio sergio moreira de sa	individual	Senior Masculino	03:43:11	+04:13	05:35
3	1173	Victor Fernandes	ctad - trilhos de cinf3es	Veterano M40	03:44:21	+05:23	05:37
4	1236	Jo3o Nogueira	oralklass – amigos do trail	Senior Masculino	03:54:27	+15:29	05:52
5	1226	Fernando Neves	oralklass – amigos do trail	Senior Masculino	03:59:10	+20:12	05:59
6	1045	Helder Fernando Pereira Rocha	douroconta trail team	Veterano M40	04:00:36	+21:38	06:01
7	1198	Paulo jose cardoso mesquita	vilaverdeacorrer	Senior Masculino	04:00:59	+22:01	06:01
8	1144	Rui Pedro Pinheiro da Fonseca	individual	Veterano M40	04:05:56	+26:58	06:09
9	1225	Oihan Amurrio Olalde	nao	Senior Masculino	04:06:09	+27:11	06:09
10	1210	Jorge Alexandre da Silva L. Gonalves	barcelos team portugal	Veterano M40	04:07:23	+28:25	06:11
11	1229	V3tor Pinto	oralklass – amigos do trail	Veterano M40	04:07:23	+28:25	06:11
12	1079	Paulo Jorge Miranda	turres trail team	Veterano M40	04:08:07	+29:10	06:12
13	1018	Carlos barbosa	g	Veterano M40	04:08:13	+29:15	06:12
14	1185	Artur Miguel da Concei3o Cotrim	clube de atletismo de ferreira do z3zere	Senior Masculino	04:08:19	+29:21	06:12
15	1050	Daniel Dominguez	cerveira team running/clube celtas do minho	Senior Masculino	04:09:35	+30:37	06:14
16	1221	Andr3 Martins Alves	correr antes 3 noite	Senior Masculino	04:11:08	+32:11	06:17
17	1227	Fernando Taborda	oralklass – amigos do trail	Veterano M40	04:18:38	+39:40	06:28
18	1002	Fatima Melo	barcelos team portugal	Veterana F40	04:21:56	+42:58	06:33
19	1237	Andr3 Nogueira	oralklass – amigos do trail	Senior Masculino	04:24:21	+45:23	06:37
20	1187	Inuo Filipe Silva Melo	dr. merino/4moove	Senior Masculino	04:25:26	+46:28	06:38
21	1113	Alex Tondela	sport clube beira-mar	Veterano M40	04:26:50	+47:52	06:40
22	1092	Filipe Andre Silva Mendes	individual	Senior Masculino	04:29:19	+50:21	06:44
23	1104	Jorge Humberto Garcia Catarino	insane trail team	Senior Masculino	04:30:43	+51:46	06:46
24	1043	LUIS MIGUEL DA CUNHA SANTOS	vimarunners	Senior Masculino	04:33:38	+54:41	06:50
25	1091	Jos3 Lu3s Matos Boucinha	individual	Senior Masculino	04:35:02	+56:04	06:53
26	1219	Germano Figueira	individual	Senior Masculino	04:35:24	+56:26	06:53
27	1148	Andr3 Lopes	moloni running team	Senior Masculino	04:36:08	+57:10	06:54
28	1231	Valter Gouveia	centro ciclista de gondomar	Senior Masculino	04:37:58	+59:00	06:57
29	1121	Pedro miguel rodrigues castro	caac - clube de atletismo de aretim e cunha	Senior Masculino	04:38:16	+59:19	06:57
30	1125	RICARDO SOUSA	caac - clube de atletismo de aretim e cunha	Senior Masculino	04:38:16	+59:19	06:57
31	1195	Eduardo Antonio Lima da Silva	individual	Veterano M40	04:39:51	+01:00:53	07:00
32	1175	Tiago Ramos	clube de atletismo de ferreira do z3zere	Senior Masculino	04:40:34	+01:01:37	07:01
33	1169	Luis Vieira	entre os montes	Veterano M50	04:40:36	+01:01:38	07:01
34	1117	Filipe MArques	turres trail team	Senior Masculino	04:41:01	+01:02:04	07:02
35	1232	Paulo Sarmento	hora do lobo trail – cf perozinho atletismo	Senior Masculino	04:42:44	+01:03:46	07:04

TRAIL LONGO - STAGE 1

40 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
36	1216	Amaro Fernandes Torres da Costa	padela natural team-fisiofreixo	Senior Masculino	04:43:14	+01:04:17	07:05
37	1076	José Carlos Sousa Coelho	socksby/afacycles	Veterano M40	04:49:05	+01:10:08	07:14
38	1032	Pedro Sousa	10temidos	Veterano M40	04:49:52	+01:10:55	07:15
39	1212	Andre Sousa	arca barcelos runners	Veterano M40	04:50:54	+01:11:57	07:16
40	1097	Hugo Moreira	douroconta - gabinete de apoio e contabilidade, lda	Senior Masculino	04:52:07	+01:13:09	07:18
41	1186	Nuno Angélico	moloni running team	Senior Masculino	04:53:06	+01:14:08	07:20
42	1141	Pablo Reguera Ferreira	aviva sport club	Senior Masculino	04:53:34	+01:14:37	07:20
43	1054	Francisco José Barbosa Gomes	apúlia a correr	Senior Masculino	04:54:53	+01:15:55	07:22
44	1023	Pedro Ribeiro Pinto	crocodilos/misterpc	Veterano M40	04:55:40	+01:16:43	07:24
45	1107	Norberto Fernando Sampaio Teixeira Fernandes	os lobos do saibro	Senior Masculino	04:56:23	+01:17:26	07:25
46	1209	João Batista Ferreira de Sousa	vidaativarunners	Veterano M50	04:56:43	+01:17:45	07:25
47	1037	Alfredo fernando sousa costa	oursense	Veterano M50	04:57:27	+01:18:30	07:26
48	1126	Pedro Alves	gd castelense	Senior Masculino	04:57:59	+01:19:01	07:27
49	1145	Fernando Jorge Ferreira Rodrigues	individual	Senior Masculino	05:03:44	+01:24:46	07:36
50	1062	Joaquim Bernardino da Silva Alves	minho aventura	Veterano M40	05:03:44	+01:24:46	07:36
51	1183	Benjamim Batista da Cruz	fragoso trail	Veterano M40	05:03:59	+01:25:02	07:36
52	1165	Marco Aurélio Gonçalves Marques	individual	Senior Masculino	05:04:40	+01:25:43	07:37
53	1201	Maria Goreti Barbosa Correia	amigo trail run	Veterana F40	05:05:44	+01:26:47	07:39
54	1191	Alex Ribeiro	edv-viana trail	Senior Masculino	05:06:18	+01:27:20	07:39
55	1084	Paulo Jorge Pinho Ferreira	ctr vale de cambra	Veterano M50	05:06:47	+01:27:49	07:40
56	1127	Cesário Manuel de Oliveira Leite	brabus runners	Senior Masculino	05:06:52	+01:27:54	07:40
57	1203	Fábio Valter Inácio Martins	grupo desportivo de goma	Senior Masculino	05:07:43	+01:28:45	07:42
58	1196	Marco david r. silva	vilaverdeacorrer	Senior Masculino	05:07:43	+01:28:45	07:42
59	1118	Marina Alves	turres trail team	Senior Feminino	05:07:50	+01:28:52	07:42
60	1171	Aida Maria Rodrigues Presa	girls4run	Veterana F40	05:08:16	+01:29:18	07:42
61	1060	José Joaquim da Cunha Gonçalves	best fitness place	Senior Masculino	05:09:16	+01:30:18	07:44
62	1139	José Carlos Rodrigues Cardoso	arca barcelos runners	Veterano M50	05:09:22	+01:30:24	07:44
63	1075	Fábio Alexandre Dionísio Silva	acbatalha	Senior Masculino	05:11:35	+01:32:38	07:47
64	1015	Filipe Oliveyra	imperadores	Senior Masculino	05:11:41	+01:32:43	07:48
65	1105	Jorge Agostinho da Silva Domingues	lebres minhotas	Veterano M40	05:12:11	+01:33:13	07:48
66	1189	Ivan Rodriguez Alves	ermida team	Senior Masculino	05:13:50	+01:34:52	07:51
67	1222	Manuel Emidio de Freitas Rocha	porto runners	Veterano M50	05:15:48	+01:36:51	07:54
68	1098	Luís Filipe Freitas da Silva	individual	Senior Masculino	05:16:01	+01:37:04	07:54
69	1090	André Manuel Martins Príncipe	sport clube beira-mar	Senior Masculino	05:17:27	+01:38:29	07:56
70	1207	Carlos alexandre carneiro dos santos pereira	individual	Veterano M40	05:18:15	+01:39:17	07:57
71	1170	Nélio Martins Guimarães	alive runners	Senior Masculino	05:18:18	+01:39:20	07:57
72	1095	Bruno Alberto Silva Freitas	nast	Senior Masculino	05:18:18	+01:39:20	07:57

TRAIL LONGO - STAGE 1

40 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
73	1208	Eduardo Soares	novo doce trail	Senior Masculino	05:18:18	+01:39:20	07:57
74	1068	Cesar lopes fernandes	apúlia a correr	Senior Masculino	05:20:11	+01:41:13	08:00
75	1108	João Carlos macedo paralvas	b.t.m.	Senior Masculino	05:20:39	+01:41:42	08:01
76	1197	Diogo Filipe Andrade Araújo	b.t.m.	Senior Masculino	05:20:39	+01:41:42	08:01
77	1147	Filipe Braz	moloni running team	Veterano M40	05:21:15	+01:42:17	08:02
78	1133	Sergio francisco barros rodrigues	10temidos	Senior Masculino	05:21:35	+01:42:37	08:02
79	1024	Domingos Filipe Pereira Nogueira	moreira relax runners	Senior Masculino	05:21:35	+01:42:38	08:02
80	1223	Daniel Covelo costas	c. a. r. redondela	Senior Masculino	05:22:01	+01:43:03	08:03
81	1100	Francisco Ismael Moniz Carneiro	a d esmeriz running	Veterano M40	05:22:07	+01:43:09	08:03
82	1115	Miguel Ângelo de Oliveira Pintp	amigos do pedal trailagares	Sub 23 Masculino	05:22:38	+01:43:40	08:04
83	1085	Joao ribeiro laranjeira	ade trail running	Senior Masculino	05:22:38	+01:43:40	08:04
84	1224	Ivan Covelo costas	c. a. r. redondela	Senior Masculino	05:22:46	+01:43:48	08:04
85	1028	Nelson Tiago Rodrigues Leal	individual	Senior Masculino	05:23:26	+01:44:28	08:05
86	1088	Jose Gomes	nocturnos de paredes	Veterano M50	05:23:44	+01:44:47	08:06
87	1101	José Mário Casais Pereira	ade trail running	Senior Masculino	05:24:16	+01:45:19	08:06
88	1214	Eusébio Costa Gonçalves	individual	Senior Masculino	05:24:55	+01:45:57	08:07
89	1172	Luis Almeida	lion runners - g. d. leões da guarda	Veterano M50	05:25:18	+01:46:20	08:08
90	1220	MARIO RUI LEITE COSTA	moreira relax runners	Veterano M50	05:25:40	+01:46:42	08:09
91	1073	Luís Miguel dos Santos Emídio	coa - clube de orientação e aventura	Veterano M40	05:27:03	+01:48:06	08:11
92	1031	José Paulo Silva Ribeiro	10temidos	Veterano M40	05:27:52	+01:48:54	08:12
93	1174	Mário Jorge Pereira Martins	moka trail team	Senior Masculino	05:29:19	+01:50:22	08:14
94	1140	Miguel Filipe Carvalho Soares	arca barcelos runners	Senior Masculino	05:29:38	+01:50:40	08:14
95	1206	José Nelson Oliveira Nunes	afrikanrunners	Veterano M40	05:30:05	+01:51:08	08:15
96	1136	Artur Jorge Pereira Rodrigues	barcelos team portugal	Veterano M40	05:30:48	+01:51:51	08:16
97	1123	Fernanda manuela freitas machado	aliança de gandra	Senior Feminino	05:31:21	+01:52:24	08:17
98	1014	Manuel antonio ferreira pinto teixeira	cmmcp	Veterano M40	05:31:22	+01:52:24	08:17
99	1167	António Loureiro	autistic runners	Veterano M50	05:32:13	+01:53:15	08:18
100	1080	Carlos Manuel Sousa Miranda	individual	Senior Masculino	05:33:52	+01:54:54	08:21
101	1181	Mónica Elisa das Dores Ribeiro Moreira	nast	Veterana F40	05:33:58	+01:55:00	08:21
102	1124	Gonçalo Manuel Marinho Lopes da Mota	nast	Veterano M40	05:34:00	+01:55:02	08:21
103	1135	José Miguel Freitas Teixeira	budeguita runners	Senior Masculino	05:36:49	+01:57:51	08:25
104	1041	Pedro Filipe Dias Alves	enjoy and go runners	Veterano M40	05:36:49	+01:57:51	08:25
105	1055	Nuno Damasceno Moreira da Silva	cuidado com o urso trail runners	Senior Masculino	05:37:02	+01:58:04	08:26
106	1131	Joel José Ginga	sport clube beira-mar	Senior Masculino	05:37:12	+01:58:15	08:26
107	1176	Adriano Rocha	outsiders trail team	Veterano M40	05:37:36	+01:58:38	08:26
108	1179	Ricardo Nuno Teixeira da Rocha	individual	Senior Masculino	05:38:44	+01:59:47	08:28
109	1159	Luis Miguel Neco Lima	arca barcelos runners	Veterano M40	05:39:20	+02:00:22	08:29
110	1048	Maria de Fátima da Silva Lopes	individual	Veterana F40	05:40:14	+02:01:16	08:30

TRAIL LONGO - STAGE 1

40 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
111	1164	Nuno Joaquim Simões Campos	clube zipper	Senior Masculino	05:40:14	+02:01:16	08:30
112	1235	André Saleiro	individual	Veterano M40	05:40:49	+02:01:52	08:31
113	1234	Manuel José Jesus	individual	Senior Masculino	05:40:49	+02:01:52	08:31
114	1138	Vitor Manuel Ferreira dos Santos	leões tadariz	Veterano M40	05:41:28	+02:02:30	08:32
115	1178	Frederico Silva Pinto	a.d.amarante trail running	Senior Masculino	05:44:28	+02:05:30	08:37
116	1111	Joel Alexandre Pinto e Silva	insane trail team	Veterano M40	05:47:25	+02:08:27	08:41
117	1071	Samuel Fagundes Amorim	gd castelense	Senior Masculino	05:47:31	+02:08:33	08:41
118	1102	Pedro Filipe de Sá Guimaraes Marinho	nexplore - dut	Veterano M40	05:47:39	+02:08:41	08:41
119	1070	Fárido Tavares	solotrail	Senior Masculino	05:47:53	+02:08:55	08:42
120	1034	Miguel Ângelo Brito Faria	experienciar	Veterano M40	05:48:13	+02:09:16	08:42
121	1058	Carlos Miranda	ade trail running	Senior Masculino	05:48:28	+02:09:30	08:43
122	1087	Jose alexandre jesusmartins	individual	Veterano M40	05:48:29	+02:09:32	08:43
123	1116	Luis Miguel Braga	individual	Senior Masculino	05:49:15	+02:10:17	08:44
124	1093	Paulo Manuel Dias da Silva Azevedo	lusitanos	Veterano M40	05:49:21	+02:10:23	08:44
125	1025	Paulo Belmiro de Oliveira Nunes	individual	Veterano M40	05:49:21	+02:10:23	08:44
126	1017	Luís Vizeu	sópão	Veterano M40	05:49:44	+02:10:46	08:45
127	1129	Ricardo da Silva Briote	ade trail running	Senior Masculino	05:50:40	+02:11:42	08:46
128	1112	João Lourenço Resende	cuidado com o urso trail runners	Senior Masculino	05:51:03	+02:12:05	08:47
129	1128	Alexandre Miguel Praia Ribeiro Rodrigues	individual	Senior Masculino	05:51:07	+02:12:09	08:47
130	1072	Roberto Esteves	monção team trail (mtt)	Veterano M40	05:51:07	+02:12:10	08:47
131	1019	Sérgio Osório	global trail	Veterano M40	05:52:14	+02:13:17	08:48
132	1146	João Carlos dos Santos Moreira	individual	Senior Masculino	05:53:17	+02:14:19	08:50
133	1038	Sandro Davide Sousa Afonso	brabus runners	Senior Masculino	05:54:15	+02:15:17	08:51
134	1166	Helder Ricardo Almeida da Silva	individual	Veterano M40	05:55:36	+02:16:38	08:53
135	1156	Álvaro Nunes	all about	Veterano M40	05:55:37	+02:16:39	08:53
136	1074	Alberto Gil de Sousa Gabriel Ferreira da Silva	individual	Senior Masculino	05:55:38	+02:16:40	08:53
137	1200	José Marco Ramos da Silva	média 10 team	Senior Masculino	05:57:28	+02:18:30	08:56
138	1158	Manuel Sampaio	all about	Veterano M60	05:58:26	+02:19:29	08:58
139	147	Tiago Pedro Amorim	budeguita runners	Veterano M40	05:58:29	+02:19:31	08:58
140	1122	Sergio manuel da costa pereira	aliança de gandra	Senior Masculino	05:59:10	+02:20:12	08:59
141	1021	Bruno José Ferreira e Fonseca Fernandes	gondomar futsal clube	Senior Masculino	06:02:38	+02:23:40	09:04
142	1067	Fernando Vicente	os galgos	Veterano M50	06:03:51	+02:24:54	09:06
143	1119	João Ricardo Abreu Santos Fernandes Duarte	individual	Veterano M40	06:04:29	+02:25:31	09:07
144	1163	Antonio Pedro Pinto Correia	moloni running team	Senior Masculino	06:05:00	+02:26:02	09:08
145	1059	Sandra Fernanda Dias Santos	cal	Senior Feminino	06:06:36	+02:27:39	09:10
146	1057	JOSE RODRIGUES COSTA	individual	Veterano M50	06:06:36	+02:27:39	09:10
147	1012	Rui Samuel Sousa Carvalho Costa Goncalves	gtt-armazém do caffè	Senior Masculino	06:06:40	+02:27:42	09:10

TRAIL LONGO - STAGE 1

40 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
148	1137	Carlos Alberto dos Reis Moreira	individual	Senior Masculino	06:06:58	+02:28:00	09:10
149	1110	Emanuel de Jesus Melo Martins	afrikanrunners	Veterano M40	06:07:05	+02:28:08	09:11
150	1211	Jose Diogo Amorim Costa de Castro Couto	ganita sportive	Senior Masculino	06:08:19	+02:29:21	09:12
151	1180	NELSON EDUARDO MARTINS DUARTE	outsiders trail team	Veterano M40	06:12:04	+02:33:06	09:18
152	1033	Alexandra Padilha	individual	Veterana F40	06:13:18	+02:34:21	09:20
153	1020	Hernâni Manuel Silva Veríssimo	individual	Senior Masculino	06:17:53	+02:38:55	09:27
154	1016	Antonio Avelino Dias da Silva	arca barcelos runners	Veterano M60	06:22:28	+02:43:31	09:34
155	1109	Nuno Cruz	arca barcelos runners	Senior Masculino	06:22:28	+02:43:31	09:34
156	1213	Tiago José Duarte Jardim Gonçalves	individual	Senior Masculino	06:22:31	+02:43:33	09:34
157	1204	ELENA DOMINGUEZ GONZALEZ	aviva sport club	Veterana F40	06:22:43	+02:43:45	09:34
158	1086	Joao Paulo Alves Ferreira	individual	Senior Masculino	06:22:43	+02:43:46	09:34
159	1151	Jose Antonio Oliveira Ribeiro da Silva	running espinho	Veterano M40	06:24:46	+02:45:48	09:37
160	1106	Edgar Gomes Prazeres da Costa	b.t.m.	Veterano M40	06:24:52	+02:45:55	09:37
161	1064	Nuno Carlos Lamas de Albuquerque	minho aventura	Veterano M50	06:25:11	+02:46:14	09:38
162	1193	Manuel Araújo	edv-viana trail	Veterano M40	06:27:51	+02:48:53	09:42
163	1007	Ana Sofia da Silva Borges	nast	Senior Feminino	06:28:04	+02:49:07	09:42
164	1094	Joaquim Manuel Vidal da Costa	individual	Veterano M40	06:28:11	+02:49:13	09:42
165	1155	César Gonçalves carneiro	adcreguenga	Senior Masculino	06:28:12	+02:49:14	09:42
166	1130	Pedro Polónio	sport clube beira-mar	Senior Masculino	06:29:42	+02:50:44	09:45
167	1202	Carolina Conceição Rodrigues Pereira	afifensetrail	Veterana F40	06:29:45	+02:50:47	09:45
168	1052	Vitor Manuel Castro Ribeiro	brabus runners	Senior Masculino	06:30:01	+02:51:03	09:45
169	1190	Ricardo José Simões Campos	individual	Senior Masculino	06:30:22	+02:51:25	09:46
170	1114	Pedro Miguel Torres Machado	individual	Senior Masculino	06:30:33	+02:51:36	09:46
171	1046	Luis Santos Poeira	porto runners	Veterano M50	06:32:19	+02:53:22	09:48
172	1162	Luis António de Freitas teixeir	budeguita runners	Veterano M40	06:33:38	+02:54:40	09:50
173	1150	Amélia Moreira	selvagens	Veterana F50	06:33:55	+02:54:58	09:51
174	1103	Marco Paulo Marques Nicolau	individual	Senior Masculino	06:33:57	+02:54:59	09:51
175	1039	António Miguel Braga Lopes Macieira	fit gaia trail	Veterano M40	06:33:57	+02:54:59	09:51
176	1065	Filipe escobar	ei team trail	Veterano M40	06:41:29	+03:02:31	10:02
177	1238	Paulo Jorge Brunido Laranjo	ss box	Senior Masculino	06:47:39	+03:08:42	10:11
178	1049	Paula Cristina Ferreira da Silva	comdor runners	Veterana F40	06:52:19	+03:13:21	10:18
179	1051	Daniel Filipe Garcia Pinto	comdor runners	Senior Masculino	06:52:19	+03:13:21	10:18
180	1168	Ivan martinez martin	c.a.r. marisqueiro	Senior Masculino	06:56:10	+03:17:13	10:24
181	1142	Ricardo Jorge Ferreira Leite Teixeira	los fofuxos	Veterano M40	06:58:01	+03:19:03	10:27
182	1143	Ana Luisa Dolores Ferreira da Silva	los fofuxos	Senior Feminino	06:58:01	+03:19:04	10:27
183	1194	Nuno Marques	edv-viana trail	Senior Masculino	07:17:29	+03:38:31	10:56

TRAIL LONGO - STAGE 1

40 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
184	1066	Pedro Manuel Araujo Mendes Flores de Magalhaes	cuidado com o urso trail runners	Veterano M40	07:19:15	+03:40:17	10:59
185	1154	Sónia Dionisio	microrunning team	Senior Feminino	07:21:29	+03:42:32	11:02
186	1160	Ricardo Oliveira	microrunning team	Veterano M40	07:21:29	+03:42:32	11:02
187	1063	César Ricardo Reis da Costa	minho aventura	Senior Masculino	07:22:48	+03:43:50	11:04
188	1082	Pedro Miguel Guedes Bernardes	lion runners - g. d. leões da guarda	Senior Masculino	07:28:13	+03:49:15	11:12
189	1083	Ana Isabel Santos Oliveira	lion runners - g. d. leões da guarda	Senior Feminino	07:28:13	+03:49:15	11:12
190	1153	Luis Miguel Baptista	individual	Veterano M50	07:40:39	+04:01:41	11:31
191	1152	Natasha Planas Dias	individual	Veterana F40	07:40:39	+04:01:41	11:31
192	1030	Fernando Henrique Almeida Soares	stout and lager	Veterano M50	07:52:47	+04:13:49	11:49

Trail Longo

40 KM

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OFFICIAL RESULT

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23	1232	Paulo Sarmento	Hora do Lobo Trail – CF Perozinho Atletismo	Senior Masculino	04:42:44	+01:03:46	07:04
24	1216	Amaro Fernandes Torres da Costa	Padela Natural Team-Fisiofreixo	Senior Masculino	04:43:14	+01:04:17	07:05
25	1097	Hugo Moreira	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Senior Masculino	04:52:07	+01:13:09	07:18
26	1186	Nuno Angélico	Moloni Running Team	Senior Masculino	04:53:06	+01:14:08	07:20
27	1141	Pablo Reguera Ferreira	AVIVA SPORT CLUB	Senior Masculino	04:53:34	+01:14:37	07:20
28	1054	Francisco José Barbosa Gomes	Apúlia a Correr	Senior Masculino	04:54:53	+01:15:55	07:22
29	1107	Norberto Fernando Sampaio Teixeira Fernandes	Os Lobos do Saibro	Senior Masculino	04:56:23	+01:17:26	07:25
30	1126	Pedro Alves	GD Castelense	Senior Masculino	04:57:59	+01:19:01	07:27
31	1145	Fernando Jorge Ferreira Rodrigues	Individual	Senior Masculino	05:03:44	+01:24:46	07:36
32	1165	Marco Aurélio Gonçalves Marques	Individual	Senior Masculino	05:04:40	+01:25:43	07:37
33	1191	Alex Ribeiro	EDV-VIANA TRAIL	Senior Masculino	05:06:18	+01:27:20	07:39
34	1127	Cesário Manuel de Oliveira Leite	Brabus Runners	Senior Masculino	05:06:52	+01:27:54	07:40
35	1203	Fábio Valter Inácio Martins	Grupo desportivo de Goma	Senior Masculino	05:07:43	+01:28:45	07:42
36	1196	Marco david r. silva	VilaVerdeaCorrer	Senior Masculino	05:07:43	+01:28:45	07:42
37	1060	José Joaquim da Cunha Gonçalves	BEST FITNESS PLACE	Senior Masculino	05:09:16	+01:30:18	07:44
38	1075	Fábio Alexandre Dionísio Silva	ACBATALHA	Senior Masculino	05:11:35	+01:32:38	07:47
39	1015	Filipe Oliveyra	Imperadores	Senior Masculino	05:11:41	+01:32:43	07:48
40	1189	Ivan Rodriguez Alves	Ermida Team	Senior Masculino	05:13:50	+01:34:52	07:51
41	1098	Luís Filipe Freitas da Silva	Individual	Senior Masculino	05:16:01	+01:37:04	07:54
42	1090	André Manuel Martins Príncipe	Sport Clube Beira-Mar	Senior Masculino	05:17:27	+01:38:29	07:56
43	1170	Nélio Martins Guimarães	Alive Runners	Senior Masculino	05:18:18	+01:39:20	07:57
44	1095	Bruno Alberto Silva Freitas	NAST	Senior Masculino	05:18:18	+01:39:20	07:57
45	1208	Eduardo Soares	Novo Doce Trail	Senior Masculino	05:18:18	+01:39:20	07:57
46	1068	Cesar lopes fernandes	Apúlia a Correr	Senior Masculino	05:20:11	+01:41:13	08:00
47	1108	João Carlos macedo paralvas	B.T.M.	Senior Masculino	05:20:39	+01:41:42	08:01
48	1197	Diogo Filipe Andrade Araújo	B.T.M.	Senior Masculino	05:20:39	+01:41:42	08:01
49	1133	Sergio francisco barros rodrigues	10TEMIDOS	Senior Masculino	05:21:35	+01:42:37	08:02
50	1024	Domingos Filipe Pereira Nogueira	Moreira Relax Runners	Senior Masculino	05:21:35	+01:42:38	08:02
51	1223	Daniel Covelo costas	C. A. R. Redondela	Senior Masculino	05:22:01	+01:43:03	08:03
52	1085	Joao ribeiro laranjaiera	ADE Trail Running	Senior Masculino	05:22:38	+01:43:40	08:04
53	1224	Ivan Covelo costas	C. A. R. Redondela	Senior Masculino	05:22:46	+01:43:48	08:04
54	1028	Nelson Tiago Rodrigues Leal	Individual	Senior Masculino	05:23:26	+01:44:28	08:05
55	1101	José Mário Casais Pereira	ADE Trail Running	Senior Masculino	05:24:16	+01:45:19	08:06
56	1214	Eusébio Costa Gonçalves	Individual	Senior Masculino	05:24:55	+01:45:57	08:07
57	1174	Mário Jorge Pereira Martins	Moka Trail Team	Senior Masculino	05:29:19	+01:50:22	08:14
58	1140	Miguel Filipe Carvalho Soares	ARCA BarceloS runners	Senior Masculino	05:29:38	+01:50:40	08:14
59	1080	Carlos Manuel Sousa Miranda	Individual	Senior Masculino	05:33:52	+01:54:54	08:21
60	1135	José Miguel Freitas Teixeira	BUDEGUITA RUNNERS	Senior Masculino	05:36:49	+01:57:51	08:25
61	1055	Nuno Damasceno Moreira da Silva	Cuidado com o Urso Trail Runners	Senior Masculino	05:37:02	+01:58:04	08:26
62	1131	Joel José Ginga	Sport Clube Beira-Mar	Senior Masculino	05:37:12	+01:58:15	08:26
63	1179	Ricardo Nuno Teixeira da Rocha	Individual	Senior Masculino	05:38:44	+01:59:47	08:28
64	1164	Nuno Joaquim Simões Campos	Clube Zupper	Senior Masculino	05:40:14	+02:01:16	08:30
65	1234	Manuel José Jesus	Individual	Senior Masculino	05:40:49	+02:01:52	08:31
66	1178	Frederico Silva Pinto	A.D.Amarante trail running	Senior Masculino	05:44:28	+02:05:30	08:37

Official Timekeeper: Lap2Go	2 / 6	generate 19-nov-2017 19:20
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Trail Longo

40 KM

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OFFICIAL RESULT

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67	1071	Samuel Fagundes Amorim	GD Castelense	Senior Masculino	05:47:31	+02:08:33	08:41
68	1070	Fárido Tavares	SOLOTRAIL	Senior Masculino	05:47:53	+02:08:55	08:42
69	1058	Carlos Miranda	ADE Trail Running	Senior Masculino	05:48:28	+02:09:30	08:43
70	1116	Luis Miguel Braga	Individual	Senior Masculino	05:49:15	+02:10:17	08:44
71	1129	Ricardo da Silva Briote	ADE Trail Running	Senior Masculino	05:50:40	+02:11:42	08:46
72	1112	João Lourenço Resende	Cuidado com o Urso Trail Runners	Senior Masculino	05:51:03	+02:12:05	08:47
73	1128	Alexandre Miguel Praia Ribeiro Rodrigues	Individual	Senior Masculino	05:51:07	+02:12:09	08:47
74	1146	João Carlos dos Santos Moreira	Individual	Senior Masculino	05:53:17	+02:14:19	08:50
75	1038	Sandro Davide Sousa Afonso	Brabus Runners	Senior Masculino	05:54:15	+02:15:17	08:51
76	1074	Alberto Gil de Sousa Gabriel Ferreira da Silva	Individual	Senior Masculino	05:55:38	+02:16:40	08:53
77	1200	José Marco Ramos da Silva	Média 10 Team	Senior Masculino	05:57:28	+02:18:30	08:56
78	1122	Sergio manuel da costa pereira	ALIANÇA DE GANDRA	Senior Masculino	05:59:10	+02:20:12	08:59
79	1021	Bruno José Ferreira e Fonseca Fernandes	GONDOMAR FUTSAL CLUBE	Senior Masculino	06:02:38	+02:23:40	09:04
80	1163	Antonio Pedro Pinto Correia	Moloni Running Team	Senior Masculino	06:05:00	+02:26:02	09:08
81	1012	Rui Samuel Sousa Carvalho Costa Gonçalves	GTT-Armazém do Caffè	Senior Masculino	06:06:40	+02:27:42	09:10
82	1137	Carlos Alberto dos Reis Moreira	Individual	Senior Masculino	06:06:58	+02:28:00	09:10
83	1211	Jose Diogo Amorim Costa de Castro Couto	GANITA SPORTIVE	Senior Masculino	06:08:19	+02:29:21	09:12
84	1020	Hernâni Manuel Silva Veríssimo	Individual	Senior Masculino	06:17:53	+02:38:55	09:27
85	1109	Nuno Cruz	ARCA BarceloS runners	Senior Masculino	06:22:28	+02:43:31	09:34
86	1213	Tiago José Duarte Jardim Gonçalves	Individual	Senior Masculino	06:22:31	+02:43:33	09:34
87	1086	Joao Paulo Alves Ferreira	Individual	Senior Masculino	06:22:43	+02:43:46	09:34
88	1155	César Gonçalves carneiro	ADCReguenga	Senior Masculino	06:28:12	+02:49:14	09:42
89	1130	Pedro Polónio	Sport Clube Beira-Mar	Senior Masculino	06:29:42	+02:50:44	09:45
90	1052	Vitor Manuel Castro Ribeiro	Brabus Runners	Senior Masculino	06:30:01	+02:51:03	09:45
91	1190	Ricardo José Simões Campos	Individual	Senior Masculino	06:30:22	+02:51:25	09:46
92	1114	Pedro Miguel Torres Machado	Individual	Senior Masculino	06:30:33	+02:51:36	09:46
93	1103	Marco Paulo Marques Nicolau	Individual	Senior Masculino	06:33:57	+02:54:59	09:51
94	1238	Paulo Jorge Brunido Laranjo	SS Box	Senior Masculino	06:47:39	+03:08:42	10:11
95	1051	Daniel Filipe Garcia Pinto	ComDor Runners	Senior Masculino	06:52:19	+03:13:21	10:18
96	1168	Ivan martinez martin	C.A.R. MARISQUEIRO	Senior Masculino	06:56:10	+03:17:13	10:24
97	1194	Nuno Marques	EDV-VIANA TRAIL	Senior Masculino	07:17:29	+03:38:31	10:56
98	1063	César Ricardo Reis da Costa	MINHO AVENTURA	Senior Masculino	07:22:48	+03:43:50	11:04
99	1082	Pedro Miguel Guedes Bernardes	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Masculino	07:28:13	+03:49:15	11:12

Sub 23 Masculino

1	1115	Miguel Ângelo de Oliveira Pintp	AMIGOS DO PEDAL TRAILAGARES	Sub 23 Masculino	05:22:38	+01:43:40	08:04
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Veterana F40

1	1002	Fatima Melo	Barcelos Team Portugal	Veterana F40	04:21:56	+42:58	06:33
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Trail Longo

40 KM

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OFFICIAL RESULT

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2	1201	Maria Goreti Barbosa Correia	AMIGO TRAIL RUN	Veterana F40	05:05:44	+01:26:47	07:39
3	1171	Aida Maria Rodrigues Presa	Girls4Run	Veterana F40	05:08:16	+01:29:18	07:42
4	1181	Mónica Elisa das Dores Ribeiro Moreira	NAST	Veterana F40	05:33:58	+01:55:00	08:21
5	1048	Maria de Fátima da Silva Lopes	Individual	Veterana F40	05:40:14	+02:01:16	08:30
6	1033	Alexandra Padilha	Individual	Veterana F40	06:13:18	+02:34:21	09:20
7	1204	ELENA DOMINGUEZ GONZALEZ	AVIVA SPORT CLUB	Veterana F40	06:22:43	+02:43:45	09:34
8	1202	Carolina Conceição Rodrigues Pereira	AfenseTrail	Veterana F40	06:29:45	+02:50:47	09:45
9	1049	Paula Cristina Ferreira da Silva	ComDor Runners	Veterana F40	06:52:19	+03:13:21	10:18
10	1152	Natasha Planas Dias	Individual	Veterana F40	07:40:39	+04:01:41	11:31

Veterana F50

1	1150	Amélia Moreira	selvagens	Veterana F50	06:33:55	+02:54:58	09:51
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Veterano M40

1	1173	Victor Fernandes	CTAD - Trilhos de Cinfães	Veterano M40	03:44:21	+05:23	05:37
2	1045	Helder Fernando Pereira Rocha	DOUROCONTA TRAIL TEAM	Veterano M40	04:00:36	+21:38	06:01
3	1144	Rui Pedro Pinheiro da Fonseca	Individual	Veterano M40	04:05:56	+26:58	06:09
4	1210	Jorge Alexandre da Silva L. Gonçalves	Barcelos Team Portugal	Veterano M40	04:07:23	+28:25	06:11
5	1229	Vítor Pinto	ORALKLASS – AMIGOS DO TRAIL	Veterano M40	04:07:23	+28:25	06:11
6	1079	Paulo Jorge Miranda	Turres Trail Team	Veterano M40	04:08:07	+29:10	06:12
7	1018	Carlos barbosa	G	Veterano M40	04:08:13	+29:15	06:12
8	1227	Fernando Taborda	ORALKLASS – AMIGOS DO TRAIL	Veterano M40	04:18:38	+39:40	06:28
9	1113	Alex Tondela	Sport Clube Beira-Mar	Veterano M40	04:26:50	+47:52	06:40
10	1195	Eduardo Antonio Lima da Silva	Individual	Veterano M40	04:39:51	+01:00:53	07:00
11	1076	José Carlos Sousa Coelho	SocksBy/AfaCycles	Veterano M40	04:49:05	+01:10:08	07:14
12	1032	Pedro Sousa	10TEMIDOS	Veterano M40	04:49:52	+01:10:55	07:15
13	1212	Andre Sousa	ARCA BarceloS runners	Veterano M40	04:50:54	+01:11:57	07:16
14	1023	Pedro Ribeiro Pinto	Crocodilos/MisterPC	Veterano M40	04:55:40	+01:16:43	07:24
15	1062	Joaquim Bernardino da Silva Alves	MINHO AVENTURA	Veterano M40	05:03:44	+01:24:46	07:36
16	1183	Benjamim Batista da Cruz	Fragoso Trail	Veterano M40	05:03:59	+01:25:02	07:36
17	1105	Jorge Agostinho da Silva Domingues	Lebres Minhotas	Veterano M40	05:12:11	+01:33:13	07:48
18	1207	Carlos alexandre carneiro dos santos pereira	Individual	Veterano M40	05:18:15	+01:39:17	07:57
19	1147	Filipe Braz	Moloni Running Team	Veterano M40	05:21:15	+01:42:17	08:02
20	1100	Francisco Ismael Moniz Carneiro	A D ESMERIZ RUNNING	Veterano M40	05:22:07	+01:43:09	08:03
21	1073	Luís Miguel dos Santos Emídio	COA - Clube de Orientação e Aventura	Veterano M40	05:27:03	+01:48:06	08:11
22	1031	José Paulo Silva Ribeiro	10TEMIDOS	Veterano M40	05:27:52	+01:48:54	08:12
23	1206	José Nelson Oliveira Nunes	AfrikanRunners	Veterano M40	05:30:05	+01:51:08	08:15
24	1136	Artur Jorge Pereira Rodrigues	Barcelos Team Portugal	Veterano M40	05:30:48	+01:51:51	08:16
25	1014	Manuel antonio ferreira pinto teixeira	cmmcp	Veterano M40	05:31:22	+01:52:24	08:17
26	1124	Gonçalo Manuel Marinho Lopes da Mota	NAST	Veterano M40	05:34:00	+01:55:02	08:21

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Trail Longo

40 KM

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27	1041	Pedro Filipe Dias Alves	Enjoy and Go Runners	Veterano M40	05:36:49	+01:57:51	08:25
28	1176	Adriano Rocha	Outsiders trail team	Veterano M40	05:37:36	+01:58:38	08:26
29	1159	Luis Miguel Neco Lima	ARCA BarceloS runners	Veterano M40	05:39:20	+02:00:22	08:29
30	1235	André Saleiro	Individual	Veterano M40	05:40:49	+02:01:52	08:31
31	1138	Vitor Manuel Ferreira dos Santos	leões tadariz	Veterano M40	05:41:28	+02:02:30	08:32
32	1111	Joel Alexandre Pinto e Silva	INSANE TRAIL TEAM	Veterano M40	05:47:25	+02:08:27	08:40
33	1102	Pedro Filipe de Sá Guimaraes Marinho	Nexplore - DUT	Veterano M40	05:47:39	+02:08:41	08:41
34	1034	Miguel Ângelo Brito Faria	experiençar	Veterano M40	05:48:13	+02:09:16	08:42
35	1087	Jose alexandre jesuasmartins	Individual	Veterano M40	05:48:29	+02:09:32	08:43
36	1093	Paulo Manuel Dias da Silva Azevedo	Lusitanos	Veterano M40	05:49:21	+02:10:23	08:44
37	1025	Paulo Belmiro de Oliveira Nunes	Individual	Veterano M40	05:49:21	+02:10:23	08:44
38	1017	Luís Vizeu	SóPão	Veterano M40	05:49:44	+02:10:46	08:45
39	1072	Roberto Esteves	Monção Team Trail (MTT)	Veterano M40	05:51:07	+02:12:10	08:47
40	1019	Sérgio Osório	Global Trail	Veterano M40	05:52:14	+02:13:17	08:48
41	1166	Helder Ricardo Almeida da Silva	Individual	Veterano M40	05:55:36	+02:16:38	08:53
42	1156	Álvaro Nunes	All About	Veterano M40	05:55:37	+02:16:39	08:53
43	147	Tiago Pedro Amorim	BUDEGUITA RUNNERS	Veterano M40	05:58:29	+02:19:31	08:58
44	1119	João Ricardo Abreu Santos Fernandes Duarte	Individual	Veterano M40	06:04:29	+02:25:31	09:07
45	1110	Emanuel de Jesus Melo Martins	AfrikanRunners	Veterano M40	06:07:05	+02:28:08	09:11
46	1180	NELSON EDUARDO MARTINS DUARTE	Outsiders trail team	Veterano M40	06:12:04	+02:33:06	09:18
47	1151	Jose Antonio Oliveira Ribeiro da Silva	RUNNING ESPINHO	Veterano M40	06:24:46	+02:45:48	09:37
48	1106	Edgar Gomes Prazeres da Costa	B.T.M.	Veterano M40	06:24:52	+02:45:55	09:37
49	1193	Manuel Araújo	EDV-VIANA TRAIL	Veterano M40	06:27:51	+02:48:53	09:42
50	1094	Joaquim Manuel Vidal da Costa	Individual	Veterano M40	06:28:11	+02:49:13	09:42
51	1162	Luis António de Freitas teixeira	BUDEGUITA RUNNERS	Veterano M40	06:33:38	+02:54:40	09:50
52	1039	António Miguel Braga Lopes Macieira	FIT GAIA TRAIL	Veterano M40	06:33:57	+02:54:59	09:51
53	1065	Filipe escobar	EI Team Trail	Veterano M40	06:41:29	+03:02:31	10:02
54	1142	Ricardo Jorge Ferreira Leite Teixeira	Los Fofuxos	Veterano M40	06:58:01	+03:19:03	10:27
55	1066	Pedro Manuel Araujo Mendes Flores de Magalhaes	Cuidado com o Urso Trail Runners	Veterano M40	07:19:15	+03:40:17	10:59
56	1160	Ricardo Oliveira	MICRORUNNING TEAM	Veterano M40	07:21:29	+03:42:32	11:02

Veterano M50

1	1169	Luis Vieira	Entre os Montes	Veterano M50	04:40:36	+01:01:38	07:01
2	1209	João Batista Ferreira de Sousa	VIDAATIVARUNNERS	Veterano M50	04:56:43	+01:17:45	07:25
3	1037	Alfredo fernando sousa costa	oursense	Veterano M50	04:57:27	+01:18:30	07:26
4	1084	Paulo Jorge Pinho Ferreira	CTR Vale de Cambra	Veterano M50	05:06:47	+01:27:49	07:40
5	1139	José Carlos Rodrigues Cardoso	ARCA BarceloS runners	Veterano M50	05:09:22	+01:30:24	07:44
6	1222	Manuel Emidio de Freitas Rocha	Porto Runners	Veterano M50	05:15:48	+01:36:51	07:54
7	1088	Jose Gomes	NOCTURNOS DE PAREDES	Veterano M50	05:23:44	+01:44:47	08:06
8	1172	Luis Almeida	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M50	05:25:18	+01:46:20	08:08
9	1220	MARIO RUI LEITE COSTA	Moreira Relax Runners	Veterano M50	05:25:40	+01:46:42	08:09
10	1167	António Loureiro	Autistic Runners	Veterano M50	05:32:13	+01:53:15	08:18

Trail Longo

40 KM

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OFFICIAL RESULT

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11	1067	Fernando Vicente	Os galgos	Veterano M50	06:03:51	+02:24:54	09:06
12	1057	JOSE RODRIGUES COSTA	Individual	Veterano M50	06:06:36	+02:27:39	09:10
13	1064	Nuno Carlos Lamas de Albuquerque	MINHO AVENTURA	Veterano M50	06:25:11	+02:46:14	09:38
14	1046	Luis Santos Poeira	Porto Runners	Veterano M50	06:32:19	+02:53:22	09:48
15	1153	Luis Miguel Baptista	Individual	Veterano M50	07:40:39	+04:01:41	11:31
16	1030	Fernando Henrique Almeida Soares	Stout and Lager	Veterano M50	07:52:47	+04:13:49	11:49

Veterano M60

1	1158	Manuel Sampaio	All About	Veterano M60	05:58:26	+02:19:29	08:58
2	1016	Antonio Avelino Dias da Silva	ARCA BarceloS runners	Veterano M60	06:22:28	+02:43:31	09:34

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MINI TRAIL - STAGE 1

12 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	10:30	14,3°C	33%
End	14:05	14,3°C	33%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	3147	Rui Gomes	douroconta - gabinete de apoio e contabilidade, lda	Veterano M40	01:01:37		05:08
2	3144	Tiago Pinto	douroconta - gabinete de apoio e contabilidade, lda	Senior Masculino	01:01:37	+00:00	05:08
3	3146	Ricardo Barros	douroconta - gabinete de apoio e contabilidade, lda	Senior Masculino	01:05:01	+03:24	05:25
4	3433	Fernando Rodrigues Grabulho	individual	Veterano M40	01:07:41	+06:03	05:38
5	3106	Gonalo Antonio Ferreira da Silva	robballac lojas norte team	Veterano M40	01:09:28	+07:50	05:47
6	3145	Bruno Antonio Oliveira Santos	douroconta - gabinete de apoio e contabilidade, lda	Senior Masculino	01:11:57	+10:20	06:00
7	3550	Bruno rafael dias amorim	olmpico vianense trail	Senior Masculino	01:13:18	+11:40	06:06
8	3551	Leonel Amorim Couto	olmpico vianense trail	Senior Masculino	01:13:18	+11:41	06:07
9	3434	Elvio Abreu Ornelas	oralklass – amigos do trail	Senior Masculino	01:14:07	+12:30	06:11
10	3538	Fernando de Campos Ribeiro	btt sangueo	Senior Masculino	01:14:35	+12:57	06:13
11	3446	Raul Costa Ribeiro	braga runners	Veterano M60	01:14:39	+13:02	06:13
12	3451	Jos Antnio Teixeira Ferreira	oralklass – amigos do trail	Veterano M40	01:14:44	+13:07	06:14
13	3143	Manuel Domingos Lopes Gomes	associao desportiva de carvalhal	Veterano M40	01:14:52	+13:15	06:14
14	3585	Luis Filipe Cardoso Carril	frido sem limites	Senior Masculino	01:15:15	+13:37	06:16
15	3541	Ivan Ricardo Barbosa da Silva	individual	Senior Masculino	01:15:52	+14:15	06:19
16	3189	LUIS FILIPE DA CUNHA MENESES	run4life	Senior Masculino	01:16:10	+14:33	06:21
17	3083	Joo Pedro dos Santos Quinto Jaques	olmpico vianense trail	Veterano M40	01:16:28	+14:51	06:22
18	3360	Antnio Vale	barcelos runners	Veterano M50	01:16:43	+15:05	06:24
19	3037	Tania Catarina Afonso Covas Pinheiro da Costa	.com-clube orientao minho	Senior Feminino	01:17:37	+15:59	06:28
20	3206	Angelo Martins	olmpico vianense trail	Senior Masculino	01:17:45	+16:08	06:29
21	3386	Hugo Miguel Ribeiro De Sousa	padela natural team-fisiofreixo	Senior Masculino	01:18:35	+16:58	06:33
22	3325	Antnio Filipe Martins Costa	gtt-armazm do caff	Senior Masculino	01:18:40	+17:02	06:33
23	3174	Manuel jose Mendes Teixeira	frido sem limites	Veterano M40	01:19:48	+18:11	06:39
24	3166	Miguel Sousa	mountain runners	Senior Masculino	01:19:55	+18:17	06:40
25	3473	Jos Carlos dos Santos Vale Quaresma	individual	Senior Masculino	01:20:00	+18:23	06:40
26	3532	Diogo Pinto	individual	Sub 23 Masculino	01:20:26	+18:49	06:42
27	3298	Eunice nobre Lima de Sousa	ada rio neiva	Senior Feminino	01:20:26	+18:49	06:42
28	3414	Mauro Fernandes	fama runners	Senior Masculino	01:21:08	+19:31	06:46
29	3548	Jos Paulo Teixeira Rodrigues Lima	individual	Senior Masculino	01:21:29	+19:52	06:47
30	3303	Paulo Sergio Ferreira Quintas	individual	Veterano M40	01:22:13	+20:36	06:51
31	3574	Hortense TENDA	gaia trail	Senior Feminino	01:22:14	+20:37	06:51
32	3163	Antonio Azevedo	douroconta - gabinete de apoio e contabilidade, lda	Veterano M40	01:22:15	+20:38	06:51
33	3553	Carlos Diogo Azevedo Vasconcelos	individual	Sub 23 Masculino	01:22:55	+21:18	06:55
34	3307	Vtor Manuel Pereira da Silva	queiroz team	Veterano M40	01:23:37	+22:00	06:58

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MINI TRAIL - STAGE 1

12 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
35	3066	Aníbal Freitas Macedo	individual	Veterano M40	01:23:38	+22:01	06:58
36	3441	João Paulo Regal de Sousa	individual	Senior Masculino	01:23:44	+22:07	06:59
37	3513	CARLOS MANUEL PEREIRA DA CUNHA	nortinfo	Sub 23 Masculino	01:24:16	+22:39	07:01
38	3373	José Luís Gomes Pinto Maciel	padela natural team-fisiofreixo	Sub 23 Masculino	01:24:42	+23:05	07:04
39	3435	Constantino Gomes Moreira	individual	Veterano M60	01:26:08	+24:31	07:11
40	3033	Rui Pedro Marinho Pinto	individual	Senior Masculino	01:27:39	+26:02	07:18
41	3403	Jose luis panteon campos	trail running nigran	Veterano M40	01:27:41	+26:03	07:18
42	3402	Jose antonio misa maciel	trail running nigran	Veterano M40	01:27:41	+26:03	07:18
43	3583	Manuel Monteiro Araújo	individual	Veterano M40	01:27:45	+26:08	07:19
44	3116	João Pedro Costa Bernardino	elite bartel	Sub 23 Masculino	01:27:57	+26:19	07:20
45	3065	Sérgio Paulo Ferreira Oliveira	juventude cortegacense	Veterano M40	01:27:57	+26:20	07:20
46	3251	Bruno Miguel Sousa Cunha	individual	Senior Masculino	01:28:16	+26:39	07:21
47	3203	Renato Alves Costa	a.d.a rio neiva	Senior Masculino	01:28:32	+26:55	07:23
48	3067	Rui Manuel Cardoso Carril	individual	Senior Masculino	01:28:39	+27:01	07:23
49	3239	Paulo Silva	mountain runners	Senior Masculino	01:29:20	+27:42	07:27
50	3011	Carlos Filipe da Cruz Coelho	fit gaia trail	Veterano M40	01:30:30	+28:52	07:32
51	3175	Eliana Patrícia Gonçalves Pinto Teixeira	fridão sem limites	Senior Feminino	01:30:59	+29:22	07:35
52	3292	Nuno Andrade	arrozinhos 8.2	Senior Masculino	01:31:09	+29:32	07:36
53	3287	Alberto Aroso	arrozinhos 8.2	Veterano M40	01:31:10	+29:32	07:36
54	3207	João Sobreiro Vieira de Araújo	padela natural team-fisiofreixo	Senior Masculino	01:31:16	+29:38	07:36
55	3208	Sara da Silva Meira	padela natural team-fisiofreixo	Senior Feminino	01:31:16	+29:39	07:36
56	3510	José Antonio Costa Azevedo	individual	Veterano M50	01:31:35	+29:58	07:38
57	3432	Paulo Lagoa	budeguita runners	Veterano M40	01:31:37	+30:00	07:38
58	3511	RUI ADOLFO SILVA FERREIRA FERNANDES	nortinfo	Sub 23 Masculino	01:32:09	+30:32	07:41
59	3512	RUI MANUEL FERNANDES FERREIRA	nortinfo	Sub 23 Masculino	01:32:23	+30:46	07:42
60	3452	Nuno Miguel Pereira de Oliveira	individual	Senior Masculino	01:32:38	+31:01	07:43
61	3259	Márcia Catarina Amorim Ferreira	geofriends	Senior Feminino	01:33:05	+31:28	07:45
62	3315	Carlos António Carvalho Macedo	ada trail running team amarante	Veterano M60	01:33:29	+31:52	07:47
63	3124	Marcos Dinis Tobias Ourives	os mancos	Senior Masculino	01:33:33	+31:56	07:48
64	3086	Ricardo Magalhães	palmeira runners	Veterano M40	01:34:22	+32:45	07:52
65	3179	Mariana da silva Ferreira	team lantermil	Senior Feminino	01:34:33	+32:56	07:53
66	3390	Ruy Manuel Pereira Martins	individual	Veterano M40	01:34:43	+33:05	07:54
67	3448	Carla Manuela Carvalho Salgado	individual	Veterana F40	01:34:45	+33:08	07:54
68	3361	Marlene Costa	barcelos runners	Veterana F40	01:35:19	+33:41	07:57
69	3089	Lidia Maria Gomes Pinto Maciel	padela natural team-fisiofreixo	Senior Feminino	01:35:32	+33:55	07:58
70	3419	David João Mosqueira Alves Pires Fernandes	individual	Senior Masculino	01:35:42	+34:05	07:58
71	3255	Sandrina Fernandes Gomes	individual	Senior Feminino	01:35:54	+34:17	08:00
72	3215	António José Vilaça Martins	individual	Veterano M40	01:35:55	+34:17	08:00
73	3092	Carla Sofia Gonçalves Pinto	individual	Senior Feminino	01:36:19	+34:42	08:02

MINI TRAIL - STAGE 1

12 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
74	3072	Fábio Silva	gondomar futsal clube	Senior Masculino	01:36:23	+34:46	08:02
75	3281	Lucas da Cunha Novo	individual	Sub 23 Masculino	01:36:34	+34:57	08:03
76	3125	Sérgio Carlos Rodrigues Torre	os mancos	Veterano M40	01:37:40	+36:03	08:08
77	3562	Joaquim Vilasboas	individual	Veterano M40	01:37:49	+36:11	08:09
78	3377	Fernando Ferraz	porto sentido runners	Veterano M50	01:38:32	+36:55	08:13
79	3375	Ricardo Silva	porto sentido runners	Veterano M40	01:38:32	+36:55	08:13
80	3309	ISABEL MARIA SOUSA COSTA	individual	Veterana F40	01:38:42	+37:05	08:14
81	3231	Paulo Ferreira	portocargo	Veterano M40	01:38:45	+37:07	08:14
82	3256	Rosa Mendes	gondomar futsal clube	Veterana F50	01:38:52	+37:15	08:14
83	3540	MARIO SERGIO VERISSIMO PEREIRA	individual	Veterano M40	01:39:07	+37:30	08:16
84	3195	Fernando Pedro Ferreira Pinto	clube pessoal edp porto	Senior Masculino	01:39:35	+37:57	08:18
85	3131	José Venâncio Moreira de Moura	gdr juventude das ribeiras	Veterano M50	01:39:42	+38:04	08:18
86	3112	Raquel Costa	lusos xxi	Senior Feminino	01:39:47	+38:10	08:19
87	3505	Sergio Paulo Leitão Fernandes	b.t.m.	Veterano M40	01:39:52	+38:15	08:19
88	3328	FERNANDA MARIA FERREIRA OLIVEIRA	a.d.amarante trail running	Senior Feminino	01:40:16	+38:38	08:21
89	3090	João Carlos da Silva Gomes	individual	Veterano M40	01:40:41	+39:03	08:23
90	3494	Fernando Pedro A.S. Coelho	individual	Veterano M40	01:40:49	+39:12	08:24
91	3295	Daniel Rola França	juventude cortegacense	Veterano M40	01:41:16	+39:38	08:26
92	3056	Carolina Gomes Violas	juventude cortegacense	Senior Feminino	01:41:54	+40:16	08:29
93	3381	Joel Alves dos Santos	individual	Senior Masculino	01:42:06	+40:29	08:30
94	3427	Patrícia Luísa Macedo Rodrigues	individual	Senior Feminino	01:42:14	+40:36	08:31
95	3559	Leandro José Lima Rocha	juventude cortegacense	Senior Masculino	01:42:24	+40:47	08:32
96	3108	Duarte Nuno Malheiro de Barreiro	individual	Senior Masculino	01:42:42	+41:05	08:33
97	3410	José Pereira	individual	Senior Masculino	01:42:50	+41:12	08:34
98	3536	João Oliveira Pires	gondaràfrente	Veterano M50	01:43:27	+41:49	08:37
99	3293	Ana Alvares	arrozinhos 8.2	Senior Feminino	01:43:33	+41:56	08:38
100	3289	Carlos Pereira	arrozinhos 8.2	Veterano M40	01:43:35	+41:57	08:38
101	3578	BRUNO PIMENTA	individual	Senior Masculino	01:43:47	+42:10	08:39
102	3577	PAULO JORGE GONÇALVES OLIVEIRA	individual	Veterano M50	01:43:47	+42:10	08:39
103	3412	Pedro Miguel Teixeira Lopes	c+ runners	Senior Masculino	01:43:48	+42:11	08:39
104	3088	Jaime de Jesus Pinto Maciel	padela natural team-fisiofreixo	Veterano M50	01:44:12	+42:35	08:41
105	3415	Daniela Marques	fama runners	Senior Feminino	01:44:28	+42:50	08:42
106	3018	Carla Susana Costa Ramos	atalanta runners	Veterana F40	01:44:35	+42:58	08:43
107	3036	Pedro Miguel da Rocha Martins	nortrail	Senior Masculino	01:44:49	+43:12	08:44
108	2126	Lucie Trpisovska	gondomar futsal clube	Senior Feminino	01:45:06	+43:29	08:46
109	3306	ADELINO DIAS DA CRUZ	queiroz team	Veterano M40	01:45:26	+43:49	08:47
110	3297	António Joaquim Magalhães	autistic runners	Veterano M50	01:45:58	+44:21	08:50
111	3526	Filipa Ferreira	arca barcelos runners	Senior Feminino	01:46:27	+44:50	08:52
112	3104	Vania Sofia Alvitano	douroconta trail team	Senior Feminino	01:46:28	+44:51	08:52
113	3096	Joaquim Manuel da Silva Carvalho	calesmas	Senior Masculino	01:47:04	+45:27	08:55

MINI TRAIL - STAGE 1

12 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
114	3405	Yolanda gonzalez valverde	trail running nigran	Senior Feminino	01:47:05	+45:28	08:55
115	3404	Rodrigo alvarez gomez	trail running nigran	Senior Masculino	01:47:18	+45:41	08:56
116	3266	Antonio Jose Pereira Barbosa	paredes running	Veterano M40	01:47:46	+46:09	08:59
117	3461	Rogério Filipe Dias Lopes	team lantemil	Veterano M40	01:48:00	+46:22	09:00
118	3168	Cristiana Sofia Machado Martins	team lantemil	Senior Feminino	01:48:00	+46:22	09:00
119	3109	Susana Filipa Pereira da Silva	padela natural team-fisiofreixo	Senior Feminino	01:48:16	+46:39	09:01
120	3121	Vanessa Dias	amigos	Senior Feminino	01:49:17	+47:40	09:06
121	3010	Sónia Isabel Barreira Taveira Pires	fit gaia trail	Veterana F40	01:49:17	+47:40	09:06
122	3340	Margarida Oliveira	paredes aventura	Veterana F40	01:49:31	+47:54	09:08
123	3590	Manuel Araújo	individual	Veterano M40	01:49:32	+47:55	09:08
124	3436	Manuel Brito	individual	Veterano M60	01:49:34	+47:57	09:08
125	3275	Sofia Pimentel	all about	Senior Feminino	01:49:39	+48:02	09:08
126	3274	Vitor Cavadas	all about	Senior Masculino	01:49:39	+48:02	09:08
127	3468	Rosalina Costa	givec	Veterana F40	01:50:07	+48:29	09:11
128	3565	Fernando José Miranda Salgado	givec	Veterano M50	01:50:08	+48:30	09:11
129	3180	Sérgio Bastos	team lantemil	Senior Masculino	01:50:17	+48:40	09:11
130	3439	Henrique Marques	all about	Veterano M40	01:51:09	+49:32	09:16
131	3272	Isabel Manadas	all about	Veterana F40	01:51:09	+49:32	09:16
132	3225	Nuno Cambey	portocargo	Senior Masculino	01:51:26	+49:48	09:17
133	3591	ANTONIO JOAO CORREIA DA COSTA	individual	Veterano M50	01:51:45	+50:08	09:19
134	3358	Cidália Santos	barcelos runners	Veterana F40	01:52:29	+50:52	09:22
135	3425	Rita Isabel Pinheiro Areia Gueiral	esposende run girls	Senior Feminino	01:52:41	+51:03	09:23
136	3420	Raquel maria sousa pereira silva machado	esposende run girls	Veterana F40	01:52:41	+51:03	09:23
137	3222	Laura Vieira	portocargo	Veterana F40	01:52:44	+51:07	09:24
138	3392	Américo Diogo Rodrigues Cunha	individual	Senior Masculino	01:53:03	+51:26	09:25
139	3061	Daniel Martins	juventude cortegacense	Veterano M40	01:53:19	+51:42	09:27
140	3554	Belarmino Sousa	individual	Veterano M60	01:53:28	+51:51	09:27
141	3185	Carlos Alberto Oliveira Jesus Ferreira	grupo 46	Veterano M40	01:53:40	+52:03	09:28
142	3186	Maria de Fátima Bastos Oliveira	grupo 46	Senior Feminino	01:53:40	+52:03	09:28
143	3534	Duarte Alexandre Campos Serra Moura	individual	Senior Masculino	01:54:13	+52:36	09:31
144	3533	Daniel de Freitas Ribeiro	individual	Senior Masculino	01:54:14	+52:36	09:31
145	3214	Maria Gorete Cachada dos Santos	individual	Veterana F40	01:54:16	+52:38	09:31
146	3509	Angela Sofia Cavalheiro Martins	individual	Veterana F50	01:54:28	+52:50	09:32
147	3188	Gustavo Rodrigues	portocargo	Sub 23 Masculino	01:55:07	+53:30	09:36
148	3421	Maria Alice Miranda Sousa	esposende run girls	Veterana F40	01:55:31	+53:53	09:38
149	3422	Maria de La Salete Rodrigues Teixeira Machado	esposende run girls	Veterana F40	01:55:31	+53:54	09:38
150	3054	Sergio Miguel Oliveira santos	juventude cortegacense	Senior Masculino	01:55:33	+53:55	09:38

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
151	3267	Sonia Marisa Teixeira Da Silva	paredes running	Senior Feminino	01:55:47	+54:10	09:39
152	3107	Francisco José Fernandes Dias	individual	Senior Masculino	01:56:03	+54:26	09:40
153	3382	Oscar Sousa	individual	Senior Masculino	01:56:15	+54:37	09:41
154	3052	Gustavo Santos	juventude cortegacense	Veterano M40	01:56:22	+54:45	09:42
155	3062	Helder Castro Costa	juventude cortegacense	Veterano M40	01:56:22	+54:45	09:42
156	3329	MARIA MARGARIDA NUNES MONTEIRO	a.d.amarante trail running	Veterana F40	01:56:30	+54:53	09:42
157	3076	Maria de Jesus	nocturnos de paredes	Veterana F40	01:56:52	+55:15	09:44
158	3378	Sandra Ferreira	porto sentido runners	Veterana F40	01:56:58	+55:20	09:45
159	3196	Carlos Joaquim Caldas da Cruz	run4life	Veterano M40	01:57:00	+55:23	09:45
160	3476	ERIKSON DE JESUS FERREIRA	individual	Senior Masculino	01:57:11	+55:34	09:46
161	3524	Daniela Sofia Marinho Queirós	a.d.amarante trail running	Senior Feminino	01:57:12	+55:35	09:46
162	3160	Ana Carolina Velho	individual	Senior Feminino	01:57:17	+55:40	09:46
163	3159	Zélia Costa	individual	Senior Feminino	01:57:18	+55:40	09:46
164	3101	Rui Silva	ss montepio	Veterano M40	01:57:19	+55:42	09:47
165	3391	António Marcos Loureiro Lopes	canguru pernetá	Senior Masculino	01:57:34	+55:57	09:48
166	3118	Igor Alexandre Rebelo cavadas	individual	Sub 23 Masculino	01:57:54	+56:17	09:49
167	3117	Bruno Miguel Santos cavadas	individual	Senior Masculino	01:57:54	+56:17	09:50
168	3359	Carla Vale	barcelos runners	Senior Feminino	01:57:58	+56:21	09:50
169	3364	Sónia Ferreira	barcelos runners	Veterana F40	01:57:58	+56:21	09:50
170	3504	Silvia Maria Cunha	b.t.m.	Senior Feminino	01:58:04	+56:27	09:50
171	3418	Tiago Manuel Gonçalves Correia da Silva	individual	Senior Masculino	01:58:06	+56:29	09:51
172	3264	Mafalda Portela Gonçalves Duro	geofriends	Senior Feminino	01:58:15	+56:38	09:51
173	3048	Manuela Castelo	juventude cortegacense	Veterana F50	01:58:34	+56:57	09:53
174	3318	Domingos Rodrigues de Araujo	individual	Veterano M50	01:58:47	+57:10	09:54
175	3038	Júlio António Carones Machado	individual	Senior Masculino	01:58:52	+57:14	09:54
176	3396	Soraia Rebelo	arca barcelos runners	Veterana F40	01:59:27	+57:50	09:57
177	3313	Carina Sofia Oliveira Correia	individual	Senior Feminino	01:59:28	+57:51	09:57
178	3356	Helena Loureiro	barcelos runners	Senior Feminino	01:59:28	+57:51	09:57
179	3008	Elda Susana Rigueiro Martins	fit gaia trail	Veterana F40	01:59:29	+57:52	09:57
180	3012	Susana Maria Gonçalves Rito	edv-viana trail	Veterana F40	01:59:29	+57:52	09:57
181	3009	Gabriel dos Anjos Pires	fit gaia trail	Veterano M50	01:59:29	+57:52	09:57
182	3319	Maria Irene Silva	individual	Veterana F40	01:59:31	+57:54	09:58
183	3472	Cindy Silva	givec	Veterana F40	01:59:33	+57:56	09:58
184	3471	Júlia Costa	givec	Veterana F50	01:59:33	+57:56	09:58
185	3316	Maria da conceição martins rosa	individual	Senior Feminino	01:59:44	+58:06	09:59
186	3317	Daniel Moreira	individual	Senior Masculino	01:59:44	+58:07	09:59
187	3555	ROSA COSTA	moreira relax runners	Veterana F50	01:59:56	+58:19	10:00
188	3370	Elsa Alexandra Leite Sousa	individual	Senior Feminino	02:00:17	+58:40	10:01
189	3176	Sonia Silva	mountain runners	Senior Feminino	02:00:17	+58:40	10:01
190	3261	Vera pereira	amarantinas	Senior Feminino	02:00:19	+58:42	10:02

MINI TRAIL - STAGE 1

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
191	3301	Margarida Vieira de Campos Brás	individual	Senior Feminino	02:00:19	+58:42	10:02
192	3371	Alessandra Moscato	individual	Senior Feminino	02:00:19	+58:42	10:02
193	3470	Ana Miranda	givec	Veterana F50	02:00:28	+58:51	10:02
194	3469	Laurinda Fonseca	givec	Senior Feminino	02:00:28	+58:51	10:02
195	3050	Ana Alexandra Azeredo e Vasconcelos	individual	Veterana F40	02:00:54	+59:17	10:05
196	3046	Vera Mónica Mendes Carvalho	individual	Senior Feminino	02:00:56	+59:19	10:05
197	3223	Carlos Oliveira	portocargo	Veterano M40	02:01:05	+59:27	10:05
198	3449	Maria da Graça Soares da Silva	individual	Veterana F40	02:01:13	+59:36	10:06
199	3584	Angelina Franqueira	individual	Veterana F40	02:01:13	+59:36	10:06
200	3221	Manuel Pereira	portocargo	Veterano M50	02:01:19	+59:42	10:07
201	3077	Sónia Alexandra Moreira Oliveira	individual	Senior Feminino	02:01:30	+59:53	10:08
202	3155	Carla Sofia Mendes Teixeira	fridão sem limites	Senior Feminino	02:02:07	+01:00:29	10:11
203	3326	Diogo Maciel Pinto	ou vai ou racha	Sub 23 Masculino	02:02:42	+01:01:05	10:14
204	3020	José Gentil	ou vai ou racha	Veterano M40	02:02:43	+01:01:06	10:14
205	3397	Nuno Miguel Gonçalves Ramalhete	individual	Senior Masculino	02:02:44	+01:01:06	10:14
206	3528	Pedro Nuno Mesquita Ribada	individual	Veterano M40	02:02:45	+01:01:08	10:14
207	3219	Isabel Vieira	portocargo	Veterana F40	02:03:19	+01:01:42	10:17
208	3250	Cristina Maria Sousa Pinheiro	individual	Veterana F40	02:03:27	+01:01:49	10:17
209	3531	Marcelo de Deus Matos Silva	individual	Veterano M40	02:03:35	+01:01:58	10:18
210	3431	Isaura Mónica Ferreira Sousa	alvelinhos running	Veterana F40	02:03:40	+01:02:03	10:18
211	3411	Elisabete dos Anjos Varanda de Oliveira	cerveira team running/clube celtas do minho	Veterana F40	02:03:44	+01:02:06	10:19
212	3102	Susana Cardoso	ss montepio	Veterana F40	02:04:24	+01:02:46	10:22
213	3100	Joao Cardoso	ss montepio	Veterano M40	02:04:24	+01:02:47	10:22
214	3057	Catarina Rodrigues Sa Ferreira	juventude cortegacense	Senior Feminino	02:04:30	+01:02:52	10:22
215	3178	Tiago Garces	mountain runners	Senior Masculino	02:04:30	+01:02:53	10:23
216	3157	Ricardo Silva	mountain runners	Senior Masculino	02:04:30	+01:02:53	10:23
217	3478	Patricia Martins	individual	Veterana F40	02:05:06	+01:03:28	10:25
218	3200	Sandra Carvalho	mountain runners	Senior Feminino	02:05:29	+01:03:51	10:27
219	3087	Maria Isabel Gomes Costa Maciel	padela natural team-fisiofreixo	Veterana F50	02:05:42	+01:04:04	10:28
220	3339	Rosa Soares	individual	Veterana F40	02:05:44	+01:04:07	10:29
221	3521	José Nogueira Ribeiro	b.t.m.	Veterano M40	02:05:59	+01:04:22	10:30
222	3552	Chrystelle oliveira Gonçalves	olímpico vianense trail	Senior Feminino	02:05:59	+01:04:22	10:30
223	3545	Juliana Andreia Gonçalves Ferreira	olímpico vianense trail	Senior Feminino	02:06:00	+01:04:22	10:30
224	3408	Ana Patrícia Rocha	padela natural team-fisiofreixo	Senior Feminino	02:06:00	+01:04:22	10:30
225	3445	Maria conceição silva leite	braga runners	Veterana F50	02:06:25	+01:04:47	10:32
226	3226	Ricardo Correia	portocargo	Senior Masculino	02:06:25	+01:04:48	10:32
227	3204	Sandra Areal silva	team lanthemil	Veterana F40	02:06:46	+01:05:09	10:34
228	3547	Sandra Vaz Neto	individual	Senior Feminino	02:06:50	+01:05:13	10:34
229	3071	Sonia Alexandra Fernandes dos Santos	a d esmeriz running	Senior Feminino	02:06:55	+01:05:18	10:35

MINI TRAIL - STAGE 1

12 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
230	3252	Juliana Alexandra Nogueira Dias	fitteam	Senior Feminino	02:06:55	+01:05:18	10:35
231	3245	César Sousa	team robbialac	Senior Masculino	02:07:15	+01:05:38	10:36
232	3388	João Fernando Ferreira Gonçalves	psicop2	Senior Masculino	02:07:36	+01:05:58	10:38
233	3394	Cecilia Maria Abreu Esteves	trail me	Veterana F40	02:07:49	+01:06:12	10:39
234	3398	Maria Silvina Coelho Esteves	trail me	Senior Feminino	02:07:49	+01:06:12	10:39
235	3485	Daniela Cruz	individual	Senior Feminino	02:07:56	+01:06:18	10:40
236	3327	Ana Catarina Alves Teixeira	a.d.amarante trail running	Senior Feminino	02:08:21	+01:06:44	10:42
237	3560	Sónia Novo	olímpico vianense trail	Veterana F40	02:08:32	+01:06:55	10:43
238	3154	Margarida Dantas	team lanthemil	Senior Feminino	02:08:46	+01:07:09	10:44
239	3120	Cristina Moreira	amigos	Veterana F40	02:09:41	+01:08:03	10:48
240	3122	Paula Madeira	amigos	Veterana F40	02:09:41	+01:08:03	10:48
241	3426	Ana Raquel Oliveira Gonçalves	esposende run girls	Senior Feminino	02:09:43	+01:08:06	10:49
242	3424	Paula Cristina Costa Maia Gonçalves	esposende run girls	Veterana F40	02:09:43	+01:08:06	10:49
243	3205	Ligia Maria Ramos Vale Fernandes	cmi montanhismo	Veterana F40	02:10:06	+01:08:29	10:51
244	3543	Sérgio santos	dragon club	Veterano M40	02:10:10	+01:08:33	10:51
245	3051	Gabriela Rola França	juventude cortegacense	Veterana F40	02:10:10	+01:08:33	10:51
246	3064	Maria Elisabete Pinho Pereira Mendonça	juventude cortegacense	Veterana F50	02:10:10	+01:08:33	10:51
247	3482	Ana Isabel Gomes de Oliveira	individual	Senior Feminino	02:10:11	+01:08:34	10:51
248	3133	Martinha Laranjeira Costa	individual	Senior Feminino	02:10:38	+01:09:01	10:53
249	3135	Angela Sofia Laranjeira Costa	individual	Senior Feminino	02:10:38	+01:09:01	10:53
250	3450	Alexandre Dias Ribeiro	individual	Veterano M40	02:10:57	+01:09:20	10:55
251	3253	Daniela Sousa	lusos xxi	Senior Feminino	02:11:23	+01:09:46	10:57
252	3040	António Augusto Oliveira Santos	juventude cortegacense	Veterano M40	02:11:59	+01:10:22	11:00
253	3049	ISABEL PEREIRA	juventude cortegacense	Veterana F40	02:11:59	+01:10:22	11:00
254	3041	Margarida Gonçalves Silva Santos	juventude cortegacense	Veterana F40	02:11:59	+01:10:22	11:00
255	3365	Daniel Gustavo Moreira Oliveira	runners & friends	Veterano M40	02:12:05	+01:10:28	11:00
256	3191	Sónia Maria de Oliveira Reis Vidrigo	grupo 46	Senior Feminino	02:12:06	+01:10:28	11:00
257	3544	Ines Rodrigues	cerveira team running/clube celtas do minho	Senior Masculino	02:12:09	+01:10:32	11:01
258	3376	Isabel Ferraz	porto sentido runners	Veterana F40	02:12:46	+01:11:09	11:04
259	3265	Carla maria teixeira costa	amarantinas	Veterana F40	02:12:48	+01:11:11	11:04
260	3480	Filipe Monteiro	individual	Senior Masculino	02:12:49	+01:11:11	11:04
261	3474	Sónia Maria Marques dos Santos	airórun	Veterana F40	02:13:00	+01:11:22	11:05
262	3244	Agostinho Pires	team robbialac	Veterano M50	02:13:27	+01:11:49	11:07
263	3417	Olinda Raquel Teixeira Mende	individual	Veterana F40	02:14:15	+01:12:37	11:11
264	3103	Hugo Miguel Saraiva de Sousa	robbialac lojas norte team	Veterano M40	02:14:41	+01:13:04	11:13
265	3164	José Emanuel Ferreira da Silva	robbialac lojas norte team	Senior Masculino	02:14:41	+01:13:04	11:13
266	3542	Jose carlos martins carneiro	individual	Veterano M50	02:14:49	+01:13:11	11:14
267	3302	Ricardo costa	vidaativarunners	Veterano M40	02:14:50	+01:13:12	11:14

MINI TRAIL - STAGE 1

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
268	3285	Sandra Daniela Ferreira Pinto da Costa	vidaativarunners	Senior Feminino	02:14:50	+01:13:13	11:14
269	3308	Sònia Isabel Sà De Miranda	padela natural team-fisiofreixo	Senior Feminino	02:14:59	+01:13:22	11:15
270	3557	Adelaide Miranda	individual	Senior Feminino	02:15:01	+01:13:24	11:15
271	3150	Edite Gonçalves	correr leça	Senior Feminino	02:15:14	+01:13:37	11:16
272	3129	Nuno Filipe Silva Dantas	b.t.m.	Senior Masculino	02:15:16	+01:13:38	11:16
273	3393	Tiago Fernandes de Oliveira Granja	individual	Senior Masculino	02:15:17	+01:13:40	11:16
274	3333	Susana Vieira	g. aventura	Veterana F40	02:15:36	+01:13:59	11:18
275	3399	Neuza Catarina morgado da Fonte Caridade	edv-viana trail	Senior Feminino	02:15:37	+01:14:00	11:18
276	3060	Maria do Carmo Moura Pinto	individual	Veterana F40	02:16:06	+01:14:29	11:20
277	3385	Flor fernandes	vilaverdeacorrer	Veterana F40	02:16:09	+01:14:32	11:21
278	3384	Catarina Pinheiro	vilaverdeacorrer	Senior Feminino	02:16:10	+01:14:32	11:21
279	3383	Maria José Tejo	vilaverdeacorrer	Senior Feminino	02:16:10	+01:14:32	11:21
280	3268	Celeste Lopes	paredes running	Veterana F40	02:16:50	+01:15:13	11:24
281	3324	João Pedro Araujo Pinto da Costa	individual	Sub 23 Masculino	02:16:55	+01:15:18	11:25
282	3311	Amélia Cardoso	fridão sem limites	Senior Feminino	02:17:01	+01:15:23	11:25
283	3444	Manuel António Gonçalves de Castro	individual	Veterano M50	02:17:22	+01:15:45	11:27
284	3570	Rui Manuel Oliveira Pereira	b.t.m.	Senior Masculino	02:17:22	+01:15:45	11:27
285	3395	Maria Dalila Pereira Araújo	individual	Veterana F40	02:17:22	+01:15:45	11:27
286	3248	Carla Silva	team robbialac	Senior Feminino	02:17:30	+01:15:53	11:28
287	3249	Vasco Batista	team robbialac	Veterano M40	02:17:31	+01:15:54	11:28
288	3110	Andreia Cristina Machado Gonçalves Ribeiro de Beirão Vieira	sapatilhas pensadoras	Veterana F40	02:18:44	+01:17:07	11:34
289	3283	Susana Isabel de Jesus Pinheiros	correr antas à noite	Senior Feminino	02:19:03	+01:17:25	11:35
290	3423	Ana Daniela Marques Martins Oliveira	esposende run girls	Veterana F40	02:19:21	+01:17:44	11:37
291	3520	Juliana Alves	esposende run girls	Senior Feminino	02:19:22	+01:17:44	11:37
292	3563	Ondina Pereira	individual	Veterana F40	02:19:42	+01:18:04	11:38
293	3162	Sandra Morgado	correr leça	Veterana F40	02:19:49	+01:18:11	11:39
294	3158	Marisa Silva	correr leça	Veterana F40	02:19:49	+01:18:11	11:39
295	3312	Ana Sofia Silva	individual	Senior Feminino	02:20:02	+01:18:25	11:40
296	3294	Vítor Hugo de Pádua Vilela	prova de fogo	Senior Masculino	02:20:07	+01:18:29	11:41
297	3372	Nuno Filipe Garcia	individual	Veterano M40	02:20:14	+01:18:37	11:41
298	3455	Gracinda Gomes Quintela Martins	individual	Senior Feminino	02:20:54	+01:19:16	11:44
299	3457	José Carlos Alves Martins	individual	Veterano M40	02:20:54	+01:19:17	11:44
300	3262	Ana Ferreira	paredes running	Veterana F40	02:20:59	+01:19:22	11:45
301	3276	Carla Sofia Da Silva Marques de Araújo	team lanthemil	Senior Feminino	02:21:55	+01:20:17	11:50
302	3564	António Silva	individual	Veterano M40	02:22:13	+01:20:36	11:51
303	3224	Maria Jose Oliveira	portocargo	Senior Feminino	02:23:36	+01:21:59	11:58
304	3220	Manuel Almeida	portocargo	Veterano M50	02:23:36	+01:21:59	11:58
305	3561	Elisabete Maria da Costa Ribeiro	individual	Veterana F40	02:24:02	+01:22:25	12:00

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MINI TRAIL - STAGE 1

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
306	3210	Barbara patricia leite pereira	individual	Veterana F40	02:24:39	+01:23:02	12:03
307	3137	Jorge Filipe Rodrigues Meireles	robbialac lojas norte team	Senior Masculino	02:25:20	+01:23:43	12:07
308	3279	Paulo Jorge Oliveira Ferreira	bardinos trail running	Senior Masculino	02:25:32	+01:23:55	12:08
309	3165	SOFIA ALEXANDRA SILVA PEREIRA	team lantemil	Senior Feminino	02:26:24	+01:24:47	12:12
310	3177	LILIANA MARISA FERREIRA ESCUDEIRO	team lantemil	Senior Feminino	02:26:24	+01:24:47	12:12
311	3235	ANA ISABEL SILVA OLIVEIRA	team lantemil	Senior Feminino	02:26:24	+01:24:47	12:12
312	3236	HUGO JORGE CAMPOS AZEVEDO	team lantemil	Senior Masculino	02:26:25	+01:24:48	12:12
313	3458	Jorge Bruno Silva Machado	ganita sportive	Senior Masculino	02:27:50	+01:26:13	12:19
314	3460	Diana Sofia Martins Brito	ganita sportive	Senior Feminino	02:27:50	+01:26:13	12:19
315	3459	Elia Rosana Miranda Rodrigues	ganita sportive	Senior Feminino	02:27:50	+01:26:13	12:19
316	3282	Maria Emilia Rodrigues Sá	correr antas à noite	Senior Feminino	02:28:01	+01:26:24	12:20
317	3093	Orquidea Maria de Sousa Ferreira	individual	Veterana F40	02:28:24	+01:26:47	12:22
318	3374	Lisa Pereira	porto sentido runners	Senior Feminino	02:29:00	+01:27:23	12:25
319	3170	Ana João Oliveira Rêgo	individual	Senior Feminino	02:29:12	+01:27:35	12:26
320	3173	Ângela Sofia Sousa	individual	Senior Feminino	02:29:13	+01:27:35	12:26
321	3105	Graciete Maria Ribeiro Cardoso	manos e princesas run	Veterana F40	02:29:15	+01:27:38	12:26
322	3273	Fernanda Magalhães	all about	Veterana F40	02:30:03	+01:28:26	12:30
323	3025	Odete Maria Lameira Conceição Neves	ou vai ou racha	Veterana F40	02:30:03	+01:28:26	12:30
324	3028	Cristina Costa	ou vai ou racha	Veterana F40	02:30:03	+01:28:26	12:30
325	3069	PAULO SÉRGIO CAMILO HENRIQUES	manos e princesas run	Veterano M40	02:30:28	+01:28:51	12:32
326	3148	Ana Duarte	correr leça	Senior Feminino	02:30:51	+01:29:14	12:34
327	3209	Fernando Jorge Martins Carvalho Correia Pinheiro	correr leça	Veterano M40	02:30:52	+01:29:15	12:34
328	3119	Paula Cristina Dias Gomes	individual	Veterana F40	02:31:18	+01:29:41	12:37
329	3171	Rosa Abreu	spin&run esposende	Veterana F40	02:32:04	+01:30:27	12:40
330	3579	Isabel Maria de Matos	f. p. p. piedade	Veterana F40	02:32:32	+01:30:54	12:43
331	3258	Paulo Sousa Maia	lusitanos	Veterano M40	02:32:32	+01:30:55	12:43
332	3571	Ana Claudia Pereira Alves da costa Carvalho	individual	Veterana F40	02:32:36	+01:30:59	12:43
333	3305	Nuno Batista Rodrigues Prada	individual	Veterano M40	02:33:50	+01:32:13	12:49
334	3278	Rosalina Martins	individual	Veterana F40	02:33:51	+01:32:13	12:49
335	3337	Tânia Mendes	beat your limit!	Senior Feminino	02:33:55	+01:32:17	12:50
336	3336	Tânia Rebelo	beat your limit!	Senior Feminino	02:33:55	+01:32:17	12:50
337	3202	Mariana Isabel Pereira de Oliveira	brabus runners	Senior Feminino	02:34:35	+01:32:58	12:53
338	3080	Ana Francisca Teixeira da Silva Costeira	brabus runners	Senior Feminino	02:34:35	+01:32:58	12:53
339	3169	Ana Daniela Ribeiro Ramalho	individual	Senior Masculino	02:34:41	+01:33:04	12:53
340	3029	Luis Miguel Silva e Sousa	manos e princesas run	Veterano M40	02:35:32	+01:33:55	12:58
341	3030	Mirian Cristiani Maurer	manos e princesas run	Senior Feminino	02:35:33	+01:33:55	12:58
342	3216	Tânia Ferreira	run river	Senior Feminino	02:36:54	+01:35:17	13:05

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
343	3243	Orlando Maciel	team robbialac	Senior Masculino	02:37:31	+01:35:54	13:08
344	3187	Alice Silva	amigos do pedal trailagares	Senior Feminino	02:37:50	+01:36:13	13:09
345	3024	Maria de Fátima Belém da Silva	individual	Veterana F40	02:38:25	+01:36:48	13:12
346	3284	Fátima Cláudia Sousa Teixeira	individual	Veterana F40	02:38:46	+01:37:08	13:14
347	3082	Luís Filipe Gordicho Ribeiro	individual	Veterano M40	02:38:55	+01:37:17	13:15
348	3237	Helena Mateus	gondaráfrente	Senior Feminino	02:40:08	+01:38:31	13:21
349	3149	Joaquina Soares	correr leça	Veterana F40	02:40:34	+01:38:56	13:23
350	3586	Cristina Redondo Ortiz	correio de albergaria trail running	Senior Feminino	02:41:53	+01:40:16	13:29
351	3184	José Fernando Ribeiro Lopes	grupo 46	Senior Masculino	02:42:00	+01:40:22	13:30
352	3139	Maria Manuela Martins Viterbo Silva	grupo 46	Veterana F50	02:42:00	+01:40:22	13:30
353	3183	Claudia Patrícia de Sousa Amorim Lopes	grupo 46	Veterana F40	02:42:00	+01:40:22	13:30
354	3153	João Tomé	correr leça	Senior Masculino	02:43:48	+01:42:10	13:39
355	3151	Laura Neves	correr leça	Senior Feminino	02:43:48	+01:42:11	13:39
356	3021	Arminda Maciel	ou vai ou racha	Veterana F40	02:44:15	+01:42:37	13:41
357	3019	Paula Rosa Moreira de Sousa	ou vai ou racha	Veterana F40	02:44:19	+01:42:42	13:42
358	3568	Catarina Lara Dias da Silva Ferreira	individual	Senior Feminino	02:44:24	+01:42:47	13:42
359	3567	Sofia Silva	individual	Senior Feminino	02:44:24	+01:42:47	13:42
360	3022	Silvia Maciel	ou vai ou racha	Senior Feminino	02:44:47	+01:43:10	13:44
361	3379	Ligi Alexandra Almeida	individual	Veterano M40	02:44:51	+01:43:14	13:44
362	3487	Marlene Alves Costa	individual	Senior Feminino	02:45:00	+01:43:23	13:45
363	3575	Francisco Rocha	individual	Veterano M60	02:46:04	+01:44:27	13:50
364	3369	Vânia Fernandes Cortês	individual	Senior Feminino	02:46:18	+01:44:41	13:51
365	3314	Raquel Vitória	clube de atletismo de ferreira do zêzere	Senior Feminino	02:48:25	+01:46:47	14:02
366	3537	Célia Maria Flores Mendes	cafz	Senior Feminino	02:48:25	+01:46:47	14:02
367	3217	Maria de Jesus Ferreira Rodrigues Monteiro	douroconta - gabinete de apoio e contabilidade, lda	Veterana F40	02:48:35	+01:46:57	14:03
368	3156	Tiago Filipe Miranda Pires	individual	Senior Masculino	02:49:01	+01:47:23	14:05
369	3269	Carla Patrícia Carneiro Leal	individual	Senior Feminino	02:49:23	+01:47:46	14:07
370	3343	Andreia Macedo	sidónios	Sub 23 Feminino	02:49:29	+01:47:51	14:07
371	3079	Celia Santos	individual	Veterana F40	02:49:37	+01:48:00	14:08
372	3495	Agostinho da Silva Cortês	individual	Veterano M50	02:49:45	+01:48:08	14:09
373	3368	Maria Celeste Gomes Fernandes	individual	Veterana F40	02:49:45	+01:48:08	14:09
374	3366	Bruna Filipa Santos	individual	Sub 23 Feminino	02:50:00	+01:48:23	14:10
375	3323	Isabel Maria P.C.Araujo Pinto da Costa	individual	Veterana F40	02:50:01	+01:48:23	14:10
376	3280	Helena Sofia Ribeiro de Sousa	bardinos trail running	Senior Feminino	02:50:12	+01:48:35	14:11
377	3525	Jose Augusto Pereira de Freitas	ou vai ou racha	Veterano M50	02:50:21	+01:48:44	14:12
378	3344	Miguel Coelho	sidónios	Veterano M50	02:50:54	+01:49:16	14:14
379	3367	Regina Lima	3d	Senior Feminino	02:51:07	+01:49:30	14:16
380	3380	Catarina Arezes Miranda	3d	Sub 23 Feminino	02:51:07	+01:49:30	14:16
381	3194	Rui Andre Gomes Alves de Castro	arca barcelos runners	Senior Masculino	02:51:08	+01:49:31	14:16

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MINI TRAIL - STAGE 1

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
382	3193	Mariana Pereira de Sousa e Silva	arca barcelos runners	Senior Feminino	02:51:08	+01:49:31	14:16
383	3234	PAULA REGINA VILAÇA DA ROCHA	pes de chumbo	Senior Feminino	02:51:13	+01:49:36	14:16
384	3233	EDITE LAMEIRAS RIBEIRINHO	pes de chumbo	Veterana F50	02:51:43	+01:50:05	14:19
385	3232	AMELIA DE JESUS LAMEIRAS RIBEIRINHO	pes de chumbo	Veterana F50	02:51:43	+01:50:06	14:19
386	3097	Patricia Madalena Araújo Sá Pereira	calesmas	Sub 23 Feminino	02:52:51	+01:51:13	14:24
387	3094	Isabel Cristina Brito Jardim Correia	calesmas	Veterana F40	02:52:51	+01:51:13	14:24
388	3095	Marlene Maria Gomes Miranda	calesmas	Senior Feminino	02:52:51	+01:51:13	14:24
389	3032	José Belmiro Midão Pinto	manos e princesas run	Veterano M40	02:52:59	+01:51:21	14:25
390	3031	Maria Amélia de Freitas Carneiro	manos e princesas run	Veterana F40	02:53:16	+01:51:38	14:26
391	3070	SUSANA DA CONCEIÇÃO OLIVEIRA FERNANDES HENRIQUES	manos e princesas run	Veterana F40	02:53:16	+01:51:39	14:26
392	3503	Helder Manuel Miranda Costa	individual	Veterano M40	02:55:30	+01:53:53	14:38
393	3355	Jessica Arantes Fernandes	individual	Sub 23 Feminino	02:56:25	+01:54:48	14:42
394	3354	José Carlos Pereira Fernandes	individual	Veterano M40	02:56:26	+01:54:49	14:42
395	3238	Virgínia Vieira	kunalama runners	Senior Feminino	02:56:54	+01:55:16	14:44
396	3271	Ana Bela Palas	all about	Veterana F50	03:00:53	+01:59:16	15:04
397	3142	Paulo Jorge Sousa Magalhães	ou vai ou racha	Veterano M40	03:01:03	+01:59:26	15:05
398	3113	Maria José Bessa Maia	ou vai ou racha	Veterana F40	03:01:04	+01:59:27	15:05
399	3257	ANA RITA BARROS NEVES MAGALHÃES	ou vai ou racha	Veterana F40	03:01:05	+01:59:27	15:05
400	3045	Joana Manuela Vieira Barbosa	nortrail	Senior Feminino	03:02:25	+02:00:48	15:12
401	3035	Nuno Miguel Lopes Veiga	nortrail	Senior Masculino	03:02:25	+02:00:48	15:12
402	3044	Rita Maria Freitas da Silva	nortrail	Senior Feminino	03:02:27	+02:00:50	15:12
403	3039	Diana Moreira Braga	nortrail	Senior Feminino	03:02:28	+02:00:51	15:12
404	3230	Ana Martins	portocargo	Senior Feminino	03:06:28	+02:04:51	15:32
405	3530	Eduarda Freitas	budeguita runners	Veterana F40	03:06:28	+02:04:51	15:32
406	3440	Ana Maria Moreira	all about	Veterana F60	03:06:28	+02:04:51	15:32
407	3517	José Xavier	fama runners	Senior Masculino	03:06:45	+02:05:07	15:34
408	3515	Marcia Silva	fama runners	Veterana F40	03:06:45	+02:05:07	15:34
409	3587	Fábia Martins	acountia	Senior Feminino	03:08:09	+02:06:32	15:41
410	3514	Anastácia Silva	fama runners	Senior Feminino	03:09:55	+02:08:18	15:50
411	3516	Ana Ribeiro	fama runners	Senior Feminino	03:09:55	+02:08:18	15:50
412	3059	Cristina Castro	arrastassolas	Veterana F40	03:10:00	+02:08:23	15:50
413	3058	Sara Loureiro	arrastassolas	Senior Feminino	03:10:00	+02:08:23	15:50
414	3138	Paulo Viterbo	grupo 46	Sub 23 Masculino	03:10:19	+02:08:41	15:52
415	3161	Afonso Coelho de Sá Pereira	grupo 46	Sub 23 Masculino	03:10:19	+02:08:42	15:52
416	3406	Cátia Carina Morais Caldas Alves Longo	individual	Veterana F40	03:10:26	+02:08:49	15:52
417	3490	Ana Cristina Silva Nunes	individual	Senior Feminino	03:10:36	+02:08:59	15:53
418	3481	Mara Lúcia Sousa Martins	individual	Senior Feminino	03:10:48	+02:09:11	15:54
419	3483	Ana Sofia Faria Cunha dos Santos	individual	Senior Feminino	03:10:49	+02:09:12	15:54

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
420	3502	Nuno Santos	individual	Senior Masculino	03:10:49	+02:09:12	15:54
421	3498	Hilário João Seara	individual	Senior Masculino	03:10:49	+02:09:12	15:54
422	3499	Carlos Alberto Figueiredo Oliveira	individual	Veterano M40	03:10:50	+02:09:13	15:54
423	3190	Rui Filipe Rodrigues Areal	individual	Veterano M40	03:12:35	+02:10:58	16:03
424	3192	Maria Rosa Areal Ferreira	individual	Veterana F40	03:12:35	+02:10:58	16:03
425	3407	Ricardo Manuel Lima Barbosa	individual	Veterano M40	03:12:38	+02:11:01	16:03
426	3430	José António Liz Alves Longo	individual	Veterano M60	03:12:39	+02:11:02	16:03
427	3063	Iracema Cecília Salgado Martins	juventude cortegacense	Veterana F40	03:13:22	+02:11:44	16:07
428	3055	Cristiana Marques de Carvalho	juventude cortegacense	Senior Feminino	03:13:22	+02:11:45	16:07
429	3428	Sandra Esteves	cerveira team running/clube celtas do minho	Senior Feminino	03:15:00	+02:13:23	16:15
430	3123	Hugo Manuel Martins Marafona	os não menos	Senior Masculino	03:17:22	+02:15:44	16:27
431	3182	Bruno Manuel santos mimoso	os não menos trail team	Senior Masculino	03:17:23	+02:15:45	16:27
432	3522	Andreia Gonçalves Oliveira	rexemingasteam	Senior Feminino	03:17:29	+02:15:52	16:27
433	3296	Sofia França	juventude cortegacense	Veterana F40	03:17:36	+02:15:59	16:28
434	3389	Gracelinda Afonso	cerveira team running/clube celtas do minho	Veterana F40	03:18:50	+02:17:13	16:34
435	3429	Maria Teresa Barros	cerveira team running/clube celtas do minho	Senior Feminino	03:18:50	+02:17:13	16:34
436	3288	Cláudia Amaral	arrozinhos 8.2	Veterana F40	03:19:54	+02:18:16	16:39
437	3290	Dulce Fernandes	arrozinhos 8.2	Veterana F50	03:19:54	+02:18:16	16:39
438	3338	Mariana Pereira	arrozinhos 8.2	Sub 23 Feminino	03:19:54	+02:18:17	16:40
439	3342	Paula Rodrigues	sidónios	Veterana F40	03:23:15	+02:21:38	16:56
440	3341	Nidia Cancela	sidónios	Veterana F40	03:23:15	+02:21:38	16:56
441	3507	Ângela Ferreira	individual	Senior Feminino	03:26:45	+02:25:08	17:14
442	3508	Natália Rego	individual	Senior Feminino	03:26:45	+02:25:08	17:14
443	3013	Margarida Afonso	bitaiteiros	Veterana F40	03:33:22	+02:31:45	17:47
444	3014	Sandra Marina Silva Dias	bitaiteiros	Veterana F40	03:33:23	+02:31:46	17:47
445	3016	Laurinda Conceição Moutinho Pereira Martins	bitaiteiros	Veterana F40	03:33:24	+02:31:47	17:47
446	3127	Ana Soares	a voar	Senior Feminino	03:33:57	+02:32:19	17:50
447	3126	Patrícia Veríssimo	individual	Veterana F40	03:33:57	+02:32:20	17:50
448	3027	Domingos Filipe Barbosa Martins	individual	Veterano M40	03:35:23	+02:33:46	17:57
449	3026	Maria Elisabete Silva Santos	individual	Senior Feminino	03:35:23	+02:33:46	17:57

12 KM

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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1	3037	Tania Catarina Afonso Covas Pinheiro da Costa	.COM-Clube Orientação Minho	Senior Feminino	01:17:37	+15:59	06:28
2	3298	Eunice nobre Lima de Sousa	ADA Rio Neiva	Senior Feminino	01:20:26	+18:49	06:42
3	3574	Hortense TENDA	Gaia Trail	Senior Feminino	01:22:14	+20:37	06:51
4	3175	Eliana Patricia Gonçalves Pinto Teixeira	Fridão Sem Limites	Senior Feminino	01:30:59	+29:22	07:35
5	3208	Sara da Silva Meira	Padela Natural Team-Fisiofreixo	Senior Feminino	01:31:16	+29:39	07:36
6	3259	Márcia Catarina Amorim Ferreira	geofriends	Senior Feminino	01:33:05	+31:28	07:45
7	3179	Mariana da silva Ferreira	TEAM LANTEMIL	Senior Feminino	01:34:33	+32:56	07:53
8	3089	Lidia Maria Gomes Pinto Maciel	Padela Natural Team-Fisiofreixo	Senior Feminino	01:35:32	+33:55	07:58
9	3255	Sandrina Fernandes Gomes	Individual	Senior Feminino	01:35:54	+34:17	08:00
10	3092	Carla Sofia Gonçalves Pinto	Individual	Senior Feminino	01:36:19	+34:42	08:02
11	3112	Raquel Costa	LUSOS XXI	Senior Feminino	01:39:47	+38:10	08:19
12	3328	FERNANDA MARIA FERREIRA OLIVEIRA	A.D.Amarante trail running	Senior Feminino	01:40:16	+38:38	08:21
13	3056	Carolina Gomes Violas	Juventude Cortegacense	Senior Feminino	01:41:54	+40:16	08:29
14	3427	Patrícia Luísa Macedo Rodrigues	Individual	Senior Feminino	01:42:14	+40:36	08:31
15	3293	Ana Alvares	Arrozinhos 8.2	Senior Feminino	01:43:33	+41:56	08:38
16	3415	Daniela Marques	FAMA RUNNERS	Senior Feminino	01:44:28	+42:50	08:42
17	2126	Lucie Trpisovska	GONDOMAR FUTSAL CLUBE	Senior Feminino	01:45:06	+43:29	08:46
18	3526	Filipa Ferreira	ARCA BarceloS runners	Senior Feminino	01:46:27	+44:50	08:52
19	3104	Vania Sofia Alvitano	DOUROCONTA TRAIL TEAM	Senior Feminino	01:46:28	+44:51	08:52
20	3405	Yolanda gonzalez valverde	TRAIL RUNNING NIGRAN	Senior Feminino	01:47:05	+45:28	08:55
21	3168	Cristiana Sofia Machado Martins	TEAM LANTEMIL	Senior Feminino	01:48:00	+46:22	09:00
22	3109	Susana Filipa Pereira da Silva	Padela Natural Team-Fisiofreixo	Senior Feminino	01:48:16	+46:39	09:01
23	3121	Vanessa Dias	Amigos	Senior Feminino	01:49:17	+47:40	09:06
24	3275	Sofia Pimentel	All About	Senior Feminino	01:49:39	+48:02	09:08
25	3425	Rita Isabel Pinheiro Areia Gueiral	Esposende Run Girls	Senior Feminino	01:52:41	+51:03	09:23
26	3186	Maria de Fátima Bastos Oliveira	Grupo 46	Senior Feminino	01:53:40	+52:03	09:28
27	3267	Sonia Marisa Teixeira Da Silva	Paredes Running	Senior Feminino	01:55:47	+54:10	09:39
28	3524	Daniela Sofia Marinho Queirós	A.D.Amarante trail running	Senior Feminino	01:57:12	+55:35	09:46
29	3160	Ana Carolina Velho	Individual	Senior Feminino	01:57:17	+55:40	09:46
30	3159	Zélia Costa	Individual	Senior Feminino	01:57:18	+55:40	09:46
31	3359	Carla Vale	BARCELOS RUNNERS	Senior Feminino	01:57:58	+56:21	09:50
32	3504	Silvia Maria Cunha	B.T.M.	Senior Feminino	01:58:04	+56:27	09:50
33	3264	Mafalda Portela Gonçalves Duro	geofriends	Senior Feminino	01:58:15	+56:38	09:51
34	3313	Carina Sofia Oliveira Correia	Individual	Senior Feminino	01:59:28	+57:51	09:57
35	3356	Helena Loureiro	BARCELOS RUNNERS	Senior Feminino	01:59:28	+57:51	09:57
36	3316	Maria da conceição martins rosa	Individual	Senior Feminino	01:59:44	+58:06	09:59
37	3370	Elsa Alexandra Leite Sousa	Individual	Senior Feminino	02:00:17	+58:40	10:01
38	3176	Sonia Silva	Mountain Runners	Senior Feminino	02:00:17	+58:40	10:01

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Mini Trail

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39	3261	Vera pereira	Amarantinas	Senior Feminino	02:00:19	+58:42	10:02
40	3301	Margarida Vieira de Campos Brás	Individual	Senior Feminino	02:00:19	+58:42	10:02
41	3371	Alessandra Moscato	Individual	Senior Feminino	02:00:19	+58:42	10:02
42	3469	Laurinda Fonseca	Givec	Senior Feminino	02:00:28	+58:51	10:02
43	3046	Vera Mónica Mendes Carvalho	Individual	Senior Feminino	02:00:56	+59:19	10:05
44	3077	Sónia Alexandra Moreira Oliveira	Individual	Senior Feminino	02:01:30	+59:53	10:08
45	3155	Carla Sofia Mendes Teixeira	Fridão Sem Limites	Senior Feminino	02:02:07	+01:00:29	10:11
46	3057	Catarina Rodrigues Sa Ferreira	Juventude Cortegacense	Senior Feminino	02:04:30	+01:02:52	10:22
47	3200	Sandra Carvalho	Mountain Runners	Senior Feminino	02:05:29	+01:03:51	10:27
48	3552	Chrystelle oliveira Gonçalves	OLÍMPICO VIANENSE TRAIL	Senior Feminino	02:05:59	+01:04:22	10:30
49	3545	Juliana Andreia Gonçalves Ferreira	OLÍMPICO VIANENSE TRAIL	Senior Feminino	02:06:00	+01:04:22	10:30
50	3408	Ana Patrícia Rocha	Padela Natural Team-Fisiofreixo	Senior Feminino	02:06:00	+01:04:22	10:30
51	3547	Sandra Vaz Neto	Individual	Senior Feminino	02:06:50	+01:05:13	10:34
52	3071	Sonia Alexandra Fernandes dos Santos	A D ESMERIZ RUNNING	Senior Feminino	02:06:55	+01:05:18	10:35
53	3252	Juliana Alexandra Nogueira Dias	Fitteam	Senior Feminino	02:06:55	+01:05:18	10:35
54	3398	Maria Silvina Coelho Esteves	TRAIL ME	Senior Feminino	02:07:49	+01:06:12	10:39
55	3485	Daniela Cruz	Individual	Senior Feminino	02:07:56	+01:06:18	10:40
56	3327	Ana Catarina Alves Teixeira	A.D.Amarante trail running	Senior Feminino	02:08:21	+01:06:44	10:42
57	3154	Margarida Dantas	TEAM LANTEMIL	Senior Feminino	02:08:46	+01:07:09	10:44
58	3426	Ana Raquel Oliveira Gonçalves	Esposende Run Girls	Senior Feminino	02:09:43	+01:08:06	10:49
59	3482	Ana Isabel Gomes de Oliveira	Individual	Senior Feminino	02:10:11	+01:08:34	10:51
60	3133	Martinha Laranjeira Costa	Individual	Senior Feminino	02:10:38	+01:09:01	10:53
61	3135	Angela Sofia Laranjeira Costa	Individual	Senior Feminino	02:10:38	+01:09:01	10:53
62	3253	Daniela Sousa	LUSOS XXI	Senior Feminino	02:11:23	+01:09:46	10:57
63	3191	Sónia Maria de Oliveira Reis Vidrago	Grupo 46	Senior Feminino	02:12:06	+01:10:28	11:00
64	3285	Sandra Daniela Ferreira Pinto da Costa	VIDAATIVARUNNERS	Senior Feminino	02:14:50	+01:13:13	11:14
65	3308	Sônia Isabel Sà De Miranda	Padela Natural Team-Fisiofreixo	Senior Feminino	02:14:59	+01:13:22	11:15
66	3557	Adelaide Miranda	Individual	Senior Feminino	02:15:01	+01:13:24	11:15
67	3150	Edite Gonçalves	CORRER LEÇA	Senior Feminino	02:15:14	+01:13:37	11:16
68	3399	Neuza Catarina morgado da Fonte Caridade	EDV-VIANA TRAIL	Senior Feminino	02:15:37	+01:14:00	11:18
69	3384	Catarina Pinheiro	VilaVerdeaCorrer	Senior Feminino	02:16:10	+01:14:32	11:21
70	3383	Maria José Tejo	VilaVerdeaCorrer	Senior Feminino	02:16:10	+01:14:32	11:21
71	3311	Amélia Cardoso	Fridão Sem Limites	Senior Feminino	02:17:01	+01:15:23	11:25
72	3248	Carla Silva	Team Robbialac	Senior Feminino	02:17:30	+01:15:53	11:28
73	3283	Susana Isabel de Jesus Pinheiros	Correr Antas à Noite	Senior Feminino	02:19:03	+01:17:25	11:35
74	3520	Juliana Alves	Esposende Run Girls	Senior Feminino	02:19:22	+01:17:44	11:37
75	3312	Ana Sofia Silva	Individual	Senior Feminino	02:20:02	+01:18:25	11:40
76	3455	Gracinda Gomes Quintela Martins	Individual	Senior Feminino	02:20:54	+01:19:16	11:44
77	3276	Carla Sofia Da Silva Marques de Araújo	TEAM LANTEMIL	Senior Feminino	02:21:55	+01:20:17	11:50
78	3224	Maria Jose Oliveira	PORTOCARGO	Senior Feminino	02:23:36	+01:21:59	11:58
79	3165	SOFIA ALEXANDRA SILVA PEREIRA	TEAM LANTEMIL	Senior Feminino	02:26:24	+01:24:47	12:12
80	3177	LILIANA MARISA FERREIRA ESCUDEIRO	TEAM LANTEMIL	Senior Feminino	02:26:24	+01:24:47	12:12
81	3235	ANA ISABEL SILVA OLIVEIRA	TEAM LANTEMIL	Senior Feminino	02:26:24	+01:24:47	12:12
82	3460	Diana Sofia Martins Brito	GANITA SPORTIVE	Senior Feminino	02:27:50	+01:26:13	12:19
83	3459	Elia Rosana Miranda Rodrigues	GANITA SPORTIVE	Senior Feminino	02:27:50	+01:26:13	12:19

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84	3282	Maria Emilia Rodrigues Sá	Correr Antas à Noite	Senior Feminino	02:28:01	+01:26:24	12:20
85	3374	Lisa Pereira	PORTO SENTIDO RUNNERS	Senior Feminino	02:29:00	+01:27:23	12:25
86	3170	Ana João Oliveira Rêgo	Individual	Senior Feminino	02:29:12	+01:27:35	12:26
87	3173	Ângela Sofia Sousa	Individual	Senior Feminino	02:29:13	+01:27:35	12:26
88	3148	Ana Duarte	CORRER LEÇA	Senior Feminino	02:30:51	+01:29:14	12:34
89	3337	Tânia Mendes	Beat Your Limit!	Senior Feminino	02:33:55	+01:32:17	12:50
90	3336	Tânia Rebelo	Beat Your Limit!	Senior Feminino	02:33:55	+01:32:17	12:50
91	3202	Mariana Isabel Pereira de Oliveira	Brabus Runners	Senior Feminino	02:34:35	+01:32:58	12:53
92	3080	Ana Francisca Teixeira da Silva Costeira	Brabus Runners	Senior Feminino	02:34:35	+01:32:58	12:53
93	3030	Mirian Cristiani Maurer	Manos e Princesas Run	Senior Feminino	02:35:33	+01:33:55	12:58
94	3216	Tânia Ferreira	Run river	Senior Feminino	02:36:54	+01:35:17	13:05
95	3187	Alice Silva	AMIGOS DO PEDAL TRAILAGARES	Senior Feminino	02:37:50	+01:36:13	13:09
96	3237	Helena Mateus	Gondarãfrente	Senior Feminino	02:40:08	+01:38:31	13:21
97	3586	Cristina Redondo Ortiz	Correio de Albergaria Trail Running	Senior Feminino	02:41:53	+01:40:16	13:29
98	3151	Laura Neves	CORRER LEÇA	Senior Feminino	02:43:48	+01:42:11	13:39
99	3568	Catarina Lara Dias da Silva Ferreira	Individual	Senior Feminino	02:44:24	+01:42:47	13:42
100	3567	Sofia Silva	Individual	Senior Feminino	02:44:24	+01:42:47	13:42
101	3022	Silvia Maciel	Ou vai ou racha	Senior Feminino	02:44:47	+01:43:10	13:44
102	3487	Marlene Alves Costa	Individual	Senior Feminino	02:45:00	+01:43:23	13:45
103	3369	Vânia Fernandes Cortês	Individual	Senior Feminino	02:46:18	+01:44:41	13:51
104	3314	Raquel Vitória	Clube de Atletismo de Ferreira do Zêzere	Senior Feminino	02:48:25	+01:46:47	14:02
105	3537	Célia Maria Flores Mendes	CAFZ	Senior Feminino	02:48:25	+01:46:47	14:02
106	3269	Carla Patrícia Carneiro Leal	Individual	Senior Feminino	02:49:23	+01:47:46	14:07
107	3280	Helena Sofia Ribeiro de Sousa	Bardinos Trail Running	Senior Feminino	02:50:12	+01:48:35	14:11
108	3367	Regina Lima	3D	Senior Feminino	02:51:07	+01:49:30	14:16
109	3193	Mariana Pereira de Sousa e Silva	ARCA BarceloS runners	Senior Feminino	02:51:08	+01:49:31	14:16
110	3234	PAULA REGINA VILAÇA DA ROCHA	Pes de chumbo	Senior Feminino	02:51:13	+01:49:36	14:16
111	3095	Marlene Maria Gomes Miranda	Calesmas	Senior Feminino	02:52:51	+01:51:13	14:24
112	3238	Virgínia Vieira	Kunalama runners	Senior Feminino	02:56:54	+01:55:16	14:44
113	3045	Joana Manuela Vieira Barbosa	NorTrail	Senior Feminino	03:02:25	+02:00:48	15:12
114	3044	Rita Maria Freitas da Silva	NorTrail	Senior Feminino	03:02:27	+02:00:50	15:12
115	3039	Diana Moreira Braga	NorTrail	Senior Feminino	03:02:28	+02:00:51	15:12
116	3230	Ana Martins	PORTOCARGO	Senior Feminino	03:06:28	+02:04:51	15:32
117	3587	Fábia Martins	Acountia	Senior Feminino	03:08:09	+02:06:32	15:41
118	3514	Anastácia Silva	FAMA RUNNERS	Senior Feminino	03:09:55	+02:08:18	15:50
119	3516	Ana Ribeiro	FAMA RUNNERS	Senior Feminino	03:09:55	+02:08:18	15:50
120	3058	Sara Loureiro	ARRASTASSOLAS	Senior Feminino	03:10:00	+02:08:23	15:50
121	3490	Ana Cristina Silva Nunes	Individual	Senior Feminino	03:10:36	+02:08:59	15:53
122	3481	Mara Lúcia Sousa Martins	Individual	Senior Feminino	03:10:48	+02:09:11	15:54
123	3483	Ana Sofia Faria Cunha dos Santos	Individual	Senior Feminino	03:10:49	+02:09:12	15:54
124	3055	Cristiana Marques de Carvalho	Juventude Cortegacense	Senior Feminino	03:13:22	+02:11:45	16:07
125	3428	Sandra Esteves	Cerveira Team Running/Clube Celtas do Minho	Senior Feminino	03:15:00	+02:13:23	16:15
126	3522	Andreia Gonçalves Oliveira	RexemingasTeam	Senior Feminino	03:17:29	+02:15:52	16:27

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Mini Trail

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127	3429	Maria Teresa Barros	Cerveira Team Running/Clube Celtas do Minho	Senior Feminino	03:18:50	+02:17:13	16:34
128	3507	Ângela Ferreira	Individual	Senior Feminino	03:26:45	+02:25:08	17:14
129	3508	Natália Rego	Individual	Senior Feminino	03:26:45	+02:25:08	17:14
130	3127	Ana Soares	A voar	Senior Feminino	03:33:57	+02:32:19	17:50
131	3026	Maria Elisabete Silva Santos	Individual	Senior Feminino	03:35:23	+02:33:46	17:57

Senior Masculino

1	3144	Tiago Pinto	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Senior Masculino	01:01:37	+00:00	05:08
2	3146	Ricardo Barros	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Senior Masculino	01:05:01	+03:24	05:25
3	3145	Bruno Antonio Oliveira Santos	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Senior Masculino	01:11:57	+10:20	06:00
4	3550	Bruno rafael dias amorim	OLÍMPICO VIANENSE TRAIL	Senior Masculino	01:13:18	+11:40	06:06
5	3551	Leonel Amorim Couto	OLÍMPICO VIANENSE TRAIL	Senior Masculino	01:13:18	+11:41	06:07
6	3434	Elvio Abreu Ornelas	ORALKLASS – AMIGOS DO TRAIL	Senior Masculino	01:14:07	+12:30	06:11
7	3538	Fernando de Campos Ribeiro	Btt Sangueo	Senior Masculino	01:14:35	+12:57	06:13
8	3585	Luis Filipe Cardoso Carril	Fridão Sem Limites	Senior Masculino	01:15:15	+13:37	06:16
9	3541	Ivan Ricardo Barbosa da Silva	Individual	Senior Masculino	01:15:52	+14:15	06:19
10	3189	LUIS FILIPE DA CUNHA MENESES	Run4Life	Senior Masculino	01:16:10	+14:33	06:21
11	3206	Angelo Martins	OLÍMPICO VIANENSE TRAIL	Senior Masculino	01:17:45	+16:08	06:29
12	3386	Hugo Miguel Ribeiro De Sousa	Padela Natural Team-Fisiofreixo	Senior Masculino	01:18:35	+16:58	06:33
13	3325	António Filipe Martins Costa	GTT-Armazém do Caffè	Senior Masculino	01:18:40	+17:02	06:33
14	3166	Miguel Sousa	Mountain Runners	Senior Masculino	01:19:55	+18:17	06:40
15	3473	José Carlos dos Santos Vale Quaresma	Individual	Senior Masculino	01:20:00	+18:23	06:40
16	3414	Mauro Fernandes	FAMA RUNNERS	Senior Masculino	01:21:08	+19:31	06:46
17	3548	José Paulo Teixeira Rodrigues Lima	Individual	Senior Masculino	01:21:29	+19:52	06:47
18	3441	João Paulo Regal de Sousa	Individual	Senior Masculino	01:23:44	+22:07	06:59
19	3033	Rui Pedro Marinho Pinto	Individual	Senior Masculino	01:27:39	+26:02	07:18
20	3251	Bruno Miguel Sousa Cunha	Individual	Senior Masculino	01:28:16	+26:39	07:21
21	3203	Renato Alves Costa	A.D.A Rio Neiva	Senior Masculino	01:28:32	+26:55	07:23
22	3067	Rui Manuel Cardoso Carril	Individual	Senior Masculino	01:28:39	+27:01	07:23
23	3239	Paulo Silva	Mountain Runners	Senior Masculino	01:29:20	+27:42	07:27
24	3292	Nuno Andrade	Arrozinhos 8.2	Senior Masculino	01:31:09	+29:32	07:36
25	3207	João Sobreiro Vieira de Araújo	Padela Natural Team-Fisiofreixo	Senior Masculino	01:31:16	+29:38	07:36
26	3452	Nuno Miguel Pereira de Oliveira	Individual	Senior Masculino	01:32:38	+31:01	07:43
27	3124	Marcos Dinis Tobias Ourives	Os Mancos	Senior Masculino	01:33:33	+31:56	07:48
28	3419	David João Mosqueira Alves Pires Fernandes	Individual	Senior Masculino	01:35:42	+34:05	07:58
29	3072	Fábio Silva	GONDOMAR FUTSAL CLUBE	Senior Masculino	01:36:23	+34:46	08:02
30	3195	Fernando Pedro Ferreira Pinto	CLUBE PESSOAL EDP PORTO	Senior Masculino	01:39:35	+37:57	08:18
31	3381	Joel Alves dos Santos	Individual	Senior Masculino	01:42:06	+40:29	08:30
32	3559	Leandro José Lima Rocha	Juventude Cortegacense	Senior Masculino	01:42:24	+40:47	08:32
33	3108	Duarte Nuno Malheiro de Barreiro	Individual	Senior Masculino	01:42:42	+41:05	08:33
34	3410	José Pereira	Individual	Senior Masculino	01:42:50	+41:12	08:34

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Mini Trail

12 KM

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OFFICIAL RESULT

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35	3578	BRUNO PIMENTA	Individual	Senior Masculino	01:43:47	+42:10	08:39
36	3412	Pedro Miguel Teixeira Lopes	C+ RUNNERS	Senior Masculino	01:43:48	+42:11	08:39
37	3036	Pedro Miguel da Rocha Martins	NorTrail	Senior Masculino	01:44:49	+43:12	08:44
38	3096	Joaquim Manuel da Silva Carvalho	Calesmas	Senior Masculino	01:47:04	+45:27	08:55
39	3404	Rodrigo alvarez gomez	TRAIL RUNNING NIGRAN	Senior Masculino	01:47:18	+45:41	08:56
40	3274	Vitor Cavadas	All About	Senior Masculino	01:49:39	+48:02	09:08
41	3180	Sérgio Bastos	TEAM LANTEMIL	Senior Masculino	01:50:17	+48:40	09:11
42	3225	Nuno Cambey	PORTOCARGO	Senior Masculino	01:51:26	+49:48	09:17
43	3392	Américo Diogo Rodrigues Cunha	Individual	Senior Masculino	01:53:03	+51:26	09:25
44	3534	Duarte Alexandre Campos Serra Moura	Individual	Senior Masculino	01:54:13	+52:36	09:31
45	3533	Daniel de Freitas Ribeiro	Individual	Senior Masculino	01:54:14	+52:36	09:31
46	3054	Sergio Miguel Oliveira santos	Juventude Cortegacense	Senior Masculino	01:55:33	+53:55	09:38
47	3107	Francisco José Fernandes Dias	Individual	Senior Masculino	01:56:03	+54:26	09:40
48	3382	Oscar Sousa	Individual	Senior Masculino	01:56:15	+54:37	09:41
49	3476	ERIKSON DE JESUS FERREIRA	Individual	Senior Masculino	01:57:11	+55:34	09:46
50	3391	António Marcos Loureiro Lopes	Canguru Perneta	Senior Masculino	01:57:34	+55:57	09:48
51	3117	Bruno Miguel Santos cavadas	Individual	Senior Masculino	01:57:54	+56:17	09:50
52	3418	Tiago Manuel Gonçalves Correia da Silva	Individual	Senior Masculino	01:58:06	+56:29	09:51
53	3038	Júlio António Carones Machado	Individual	Senior Masculino	01:58:52	+57:14	09:54
54	3317	Daniel Moreira	Individual	Senior Masculino	01:59:44	+58:07	09:59
55	3397	Nuno Miguel Gonçalves Ramalhete	Individual	Senior Masculino	02:02:44	+01:01:06	10:14
56	3178	Tiago Garces	Mountain Runners	Senior Masculino	02:04:30	+01:02:53	10:23
57	3157	Ricardo Silva	Mountain Runners	Senior Masculino	02:04:30	+01:02:53	10:23
58	3226	Ricardo Correia	PORTOCARGO	Senior Masculino	02:06:25	+01:04:48	10:32
59	3245	César Sousa	Team Robbialac	Senior Masculino	02:07:15	+01:05:38	10:36
60	3388	João Fernando Ferreira Gonçalves	PsicoP2	Senior Masculino	02:07:36	+01:05:58	10:38
61	3544	Ines Rodrigues	Cerveira Team Running/Clube Celtas do Minho	Senior Masculino	02:12:09	+01:10:32	11:01
62	3480	Filipe Monteiro	Individual	Senior Masculino	02:12:49	+01:11:11	11:04
63	3164	José Emanuel Ferreira da Silva	Robbialac Lojas Norte Team	Senior Masculino	02:14:41	+01:13:04	11:13
64	3129	Nuno Filipe Silva Dantas	B.T.M.	Senior Masculino	02:15:16	+01:13:38	11:16
65	3393	Tiago Fernandes de Oliveira Granja	Individual	Senior Masculino	02:15:17	+01:13:40	11:16
66	3570	Rui Manuel Oliveira Pereira	B.T.M.	Senior Masculino	02:17:22	+01:15:45	11:27
67	3294	Vitor Hugo de Pádua Vilela	Prova de Fogo	Senior Masculino	02:20:07	+01:18:29	11:41
68	3137	Jorge Filipe Rodrigues Meireles	Robbialac Lojas Norte Team	Senior Masculino	02:25:20	+01:23:43	12:07
69	3279	Paulo Jorge Oliveira Ferreira	Bardinos Trail Running	Senior Masculino	02:25:32	+01:23:55	12:08
70	3236	HUGO JORGE CAMPOS AZEVEDO	TEAM LANTEMIL	Senior Masculino	02:26:25	+01:24:48	12:12
71	3458	Jorge Bruno Silva Machado	GANITA SPORTIVE	Senior Masculino	02:27:50	+01:26:13	12:19
72	3169	Ana Daniela Ribeiro Ramalho	Individual	Senior Masculino	02:34:41	+01:33:04	12:53
73	3243	Orlando Maciel	Team Robbialac	Senior Masculino	02:37:31	+01:35:54	13:08
74	3184	José Fernando Ribeiro Lopes	Grupo 46	Senior Masculino	02:42:00	+01:40:22	13:30
75	3153	João Tomé	CORRER LEÇA	Senior Masculino	02:43:48	+01:42:10	13:39
76	3156	Tiago Filipe Miranda Pires	Individual	Senior Masculino	02:49:01	+01:47:23	14:05
77	3194	Rui Andre Gomes Alves de Castro	ARCA BarceloS runners	Senior Masculino	02:51:08	+01:49:31	14:16
78	3035	Nuno Miguel Lopes Veiga	NorTrail	Senior Masculino	03:02:25	+02:00:48	15:12
79	3517	José Xavier	FAMA RUNNERS	Senior Masculino	03:06:45	+02:05:07	15:34

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Mini Trail

12 KM

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OFFICIAL RESULT

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80	3502	Nuno Santos	Individual	Senior Masculino	03:10:49	+02:09:12	15:54
81	3498	Hilário João Seara	Individual	Senior Masculino	03:10:49	+02:09:12	15:54
82	3123	Hugo Manuel Martins Marafona	Os Não Menos	Senior Masculino	03:17:22	+02:15:44	16:27
83	3182	Bruno Manuel santos mimoso	Os não menos trail team	Senior Masculino	03:17:23	+02:15:45	16:27

Sub 23 Feminino

1	3343	Andreia Macedo	Sidónios	Sub 23 Feminino	02:49:29	+01:47:51	14:07
2	3366	Bruna Filipa Santos	Individual	Sub 23 Feminino	02:50:00	+01:48:23	14:10
3	3380	Catarina Arezes Miranda	3D	Sub 23 Feminino	02:51:07	+01:49:30	14:16
4	3097	Patricia Madalena Araújo Sá Pereira	Calesmas	Sub 23 Feminino	02:52:51	+01:51:13	14:24
5	3355	Jessica Arantes Fernandes	Individual	Sub 23 Feminino	02:56:25	+01:54:48	14:42
6	3338	Mariana Pereira	Arrozinhos 8.2	Sub 23 Feminino	03:19:54	+02:18:17	16:40

Sub 23 Masculino

1	3532	Diogo Pinto	Individual	Sub 23 Masculino	01:20:26	+18:49	06:42
2	3553	Carlos Diogo Azevedo Vasconcelos	Individual	Sub 23 Masculino	01:22:55	+21:18	06:55
3	3513	CARLOS MANUEL PEREIRA DA CUNHA	Nortinfo	Sub 23 Masculino	01:24:16	+22:39	07:01
4	3373	José Luís Gomes Pinto Maciel	Padela Natural Team-Fisiofreixo	Sub 23 Masculino	01:24:42	+23:05	07:04
5	3116	João Pedro Costa Bernardino	elite bartel	Sub 23 Masculino	01:27:57	+26:19	07:20
6	3511	RUI ADOLFO SILVA FERREIRA FERNANDES	Nortinfo	Sub 23 Masculino	01:32:09	+30:32	07:41
7	3512	RUI MANUEL FERNANDES FERREIRA	Nortinfo	Sub 23 Masculino	01:32:23	+30:46	07:42
8	3281	Lucas da Cunha Novo	Individual	Sub 23 Masculino	01:36:34	+34:57	08:03
9	3188	Gustavo Rodrigues	PORTOCARGO	Sub 23 Masculino	01:55:07	+53:30	09:36
10	3118	Igor Alexandre Rebelo cavadas	Individual	Sub 23 Masculino	01:57:54	+56:17	09:49
11	3326	Diogo Maciel Pinto	Ou vai ou racha	Sub 23 Masculino	02:02:42	+01:01:05	10:14
12	3324	João Pedro Araujo Pinto da Costa	Individual	Sub 23 Masculino	02:16:55	+01:15:18	11:25
13	3138	Paulo Viterbo	Grupo 46	Sub 23 Masculino	03:10:19	+02:08:41	15:52
14	3161	Afonso Coelho de Sá Pereira	Grupo 46	Sub 23 Masculino	03:10:19	+02:08:42	15:52

Veterana F40

1	3448	Carla Manuela Carvalho Salgado	Individual	Veterana F40	01:34:45	+33:08	07:54
2	3361	Marlene Costa	BARCELOS RUNNERS	Veterana F40	01:35:19	+33:41	07:57
3	3309	ISABEL MARIA SOUSA COSTA	Individual	Veterana F40	01:38:42	+37:05	08:14
4	3018	Carla Susana Costa Ramos	Atalanta runners	Veterana F40	01:44:35	+42:58	08:43
5	3010	Sónia Isabel Barreira Taveira Pires	FIT GAIA TRAIL	Veterana F40	01:49:17	+47:40	09:06
6	3340	Margarida Oliveira	PAREDES AVENTURA	Veterana F40	01:49:31	+47:54	09:08
7	3468	Rosalina Costa	Givec	Veterana F40	01:50:07	+48:29	09:11
8	3272	Isabel Manadas	All About	Veterana F40	01:51:09	+49:32	09:16
9	3358	Cidália Santos	BARCELOS RUNNERS	Veterana F40	01:52:29	+50:52	09:22

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Mini Trail

12 KM

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10	3420	Raquel maria sousa pereira silva machado	Esposende Run Girls	Veterana F40	01:52:41	+51:03	09:23
11	3222	Laura Vieira	PORTOCARGO	Veterana F40	01:52:44	+51:07	09:24
12	3214	Maria Gorete Cachada dos Santos	Individual	Veterana F40	01:54:16	+52:38	09:31
13	3421	Maria Alice Miranda Sousa	Esposende Run Girls	Veterana F40	01:55:31	+53:53	09:38
14	3422	Maria de La Salete Rodrigues Teixeira Machado	Esposende Run Girls	Veterana F40	01:55:31	+53:54	09:38
15	3329	MARIA MARGARIDA NUNES MONTEIRO	A.D.Amarante trail running	Veterana F40	01:56:30	+54:53	09:42
16	3076	Maria de Jesus	NOCTURNOS DE PAREDES	Veterana F40	01:56:52	+55:15	09:44
17	3378	Sandra Ferreira	PORTO SENTIDO RUNNERS	Veterana F40	01:56:58	+55:20	09:45
18	3364	Sónia Ferreira	BARCELOS RUNNERS	Veterana F40	01:57:58	+56:21	09:50
19	3396	Soraia Rebelo	ARCA BarceloS runners	Veterana F40	01:59:27	+57:50	09:57
20	3008	Elda Susana Rigueiro Martins	FIT GAIA TRAIL	Veterana F40	01:59:29	+57:52	09:57
21	3012	Susana Maria Gonçalves Rito	EDV-VIANA TRAIL	Veterana F40	01:59:29	+57:52	09:57
22	3319	Maria Irene Silva	Individual	Veterana F40	01:59:31	+57:54	09:58
23	3472	Cindy Silva	Givec	Veterana F40	01:59:33	+57:56	09:58
24	3050	Ana Alexandra Azeredo e Vasconcelos	Individual	Veterana F40	02:00:54	+59:17	10:05
25	3449	Maria da Graça Soares da Silva	Individual	Veterana F40	02:01:13	+59:36	10:06
26	3584	Angelina Franqueira	Individual	Veterana F40	02:01:13	+59:36	10:06
27	3219	Isabel Vieira	PORTOCARGO	Veterana F40	02:03:19	+01:01:42	10:17
28	3250	Cristina Maria Sousa Pinheiro	Individual	Veterana F40	02:03:27	+01:01:49	10:17
29	3431	Isaura Mónica Ferreira Sousa	ALVELINHOS RUNNING	Veterana F40	02:03:40	+01:02:03	10:18
30	3411	Elisabete dos Anjos Varanda de Oliveira	Cerveira Team Running/Clube Celtas do Minho	Veterana F40	02:03:44	+01:02:06	10:19
31	3102	Susana Cardoso	SS MONTEPIO	Veterana F40	02:04:24	+01:02:46	10:22
32	3478	Patricia Martins	Individual	Veterana F40	02:05:06	+01:03:28	10:25
33	3339	Rosa Soares	Individual	Veterana F40	02:05:44	+01:04:07	10:29
34	3204	Sandra Areal silva	TEAM LANTEMIL	Veterana F40	02:06:46	+01:05:09	10:34
35	3394	Cecilia Maria Abreu Esteves	TRAIL ME	Veterana F40	02:07:49	+01:06:12	10:39
36	3560	Sónia Novo	OLÍMPICO VIANENSE TRAIL	Veterana F40	02:08:32	+01:06:55	10:43
37	3120	Cristina Moreira	Amigos	Veterana F40	02:09:41	+01:08:03	10:48
38	3122	Paula Madeira	Amigos	Veterana F40	02:09:41	+01:08:03	10:48
39	3424	Paula Cristina Costa Maia Gonçalves	Esposende Run Girls	Veterana F40	02:09:43	+01:08:06	10:49
40	3205	Ligia Maria Ramos Vale Fernandes	CMI MONTANHISMO	Veterana F40	02:10:06	+01:08:29	10:51
41	3051	Gabriela Rola França	Juventude Cortegacense	Veterana F40	02:10:10	+01:08:33	10:51
42	3049	ISABEL PEREIRA	Juventude Cortegacense	Veterana F40	02:11:59	+01:10:22	11:00
43	3041	Margarida Gonçalves Silva Santos	Juventude Cortegacense	Veterana F40	02:11:59	+01:10:22	11:00
44	3376	Isabel Ferraz	PORTO SENTIDO RUNNERS	Veterana F40	02:12:46	+01:11:09	11:04
45	3265	Carla maria teixeira costa	Amarantinas	Veterana F40	02:12:48	+01:11:11	11:04
46	3474	Sónia Maria Marques dos Santos	airórun	Veterana F40	02:13:00	+01:11:22	11:05
47	3417	Olinda Raquel Teixeira Mendes	Individual	Veterana F40	02:14:15	+01:12:37	11:11
48	3333	Susana Vieira	G. Aventura	Veterana F40	02:15:36	+01:13:59	11:18
49	3060	Maria do Carmo Moura Pinto	Individual	Veterana F40	02:16:06	+01:14:29	11:20
50	3385	Flor fernandes	VilaVerdeaCorrer	Veterana F40	02:16:09	+01:14:32	11:21
51	3268	Celeste Lopes	Paredes Running	Veterana F40	02:16:50	+01:15:13	11:24
52	3395	Maria Dalila Pereira Araújo	Individual	Veterana F40	02:17:22	+01:15:45	11:27

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Mini Trail

12 KM

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OFFICIAL RESULT

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53	3110	Andreia Cristina Machado Gonçalves Ribeiro de Beirão Vieira	Sapatilhas Pensadoras	Veterana F40	02:18:44	+01:17:07	11:34
54	3423	Ana Daniela Marques Martins Oliveira	Esposende Run Girls	Veterana F40	02:19:21	+01:17:44	11:37
55	3563	Ondina Pereira	Individual	Veterana F40	02:19:42	+01:18:04	11:38
56	3162	Sandra Morgado	CORRER LEÇA	Veterana F40	02:19:49	+01:18:11	11:39
57	3158	Marisa Silva	CORRER LEÇA	Veterana F40	02:19:49	+01:18:11	11:39
58	3262	Ana Ferreira	Paredes Running	Veterana F40	02:20:59	+01:19:22	11:45
59	3561	Elisabete Maria da Costa Ribeiro	Individual	Veterana F40	02:24:02	+01:22:25	12:00
60	3210	Barbara patricia leite pereira	Individual	Veterana F40	02:24:39	+01:23:02	12:03
61	3093	Orquidea Maria de Sousa Ferreira	Individual	Veterana F40	02:28:24	+01:26:47	12:22
62	3105	Graciete Maria Ribeiro Cardoso	Manos e Princesas Run	Veterana F40	02:29:15	+01:27:38	12:26
63	3273	Fernanda Magalhães	All About	Veterana F40	02:30:03	+01:28:26	12:30
64	3025	Odete Maria Lameira Conceição Neves	Ou vai ou racha	Veterana F40	02:30:03	+01:28:26	12:30
65	3028	Cristina Costa	Ou vai ou racha	Veterana F40	02:30:03	+01:28:26	12:30
66	3119	Paula Cristina Dias Gomes	Individual	Veterana F40	02:31:18	+01:29:41	12:37
67	3171	Rosa Abreu	Spin&Run Esposende	Veterana F40	02:32:04	+01:30:27	12:40
68	3579	Isabel Maria de Matos	F. P. P. Piedade	Veterana F40	02:32:32	+01:30:54	12:43
69	3571	Ana Claudia Pereira Alves da costa Carvalho	Individual	Veterana F40	02:32:36	+01:30:59	12:43
70	3278	Rosalina Martins	Individual	Veterana F40	02:33:51	+01:32:13	12:49
71	3024	Maria de Fátima Belém da Silva	Individual	Veterana F40	02:38:25	+01:36:48	13:12
72	3284	Fátima Cláudia Sousa Teixeira	Individual	Veterana F40	02:38:46	+01:37:08	13:14
73	3149	Joaquina Soares	CORRER LEÇA	Veterana F40	02:40:34	+01:38:56	13:23
74	3183	Claudia Patrícia de Sousa Amorim Lopes	Grupo 46	Veterana F40	02:42:00	+01:40:22	13:30
75	3021	Arminda Maciel	Ou vai ou racha	Veterana F40	02:44:15	+01:42:37	13:41
76	3019	Paula Rosa Moreira de Sousa	Ou vai ou racha	Veterana F40	02:44:19	+01:42:42	13:42
77	3217	Maria de Jesus Ferreira Rodrigues Monteiro	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Veterana F40	02:48:35	+01:46:57	14:03
78	3079	Celia Santos	Individual	Veterana F40	02:49:37	+01:48:00	14:08
79	3368	Maria Celeste Gomes Fernandes	Individual	Veterana F40	02:49:45	+01:48:08	14:09
80	3323	Isabel Maria P.C.Araujo Pinto da Costa	Individual	Veterana F40	02:50:01	+01:48:23	14:10
81	3094	Isabel Cristina Brito Jardim Correia	Calesmas	Veterana F40	02:52:51	+01:51:13	14:24
82	3031	Maria Amélia de Freitas Carneiro	Manos e Princesas Run	Veterana F40	02:53:16	+01:51:38	14:26
83	3070	SUSANA DA CONCEIÇÃO OLIVEIRA FERNANDES HENRIQUES	Manos e Princesas Run	Veterana F40	02:53:16	+01:51:39	14:26
84	3113	Maria José Bessa Maia	Ou vai ou racha	Veterana F40	03:01:04	+01:59:27	15:05
85	3257	ANA RITA BARROS NEVES MAGALHÃES	Ou vai ou racha	Veterana F40	03:01:05	+01:59:27	15:05
86	3530	Eduarda Freitas	BUDEGUITA RUNNERS	Veterana F40	03:06:28	+02:04:51	15:32
87	3515	Marcia Silva	FAMA RUNNERS	Veterana F40	03:06:45	+02:05:07	15:34
88	3059	Cristina Castro	ARRASTASSOLAS	Veterana F40	03:10:00	+02:08:23	15:50
89	3406	Cátia Carina Morais Caldas Alves Longo	Individual	Veterana F40	03:10:26	+02:08:49	15:52
90	3192	Maria Rosa Areal Ferreira	Individual	Veterana F40	03:12:35	+02:10:58	16:03
91	3063	Iracema Cecília Salgado Martins	Juventude Cortegacense	Veterana F40	03:13:22	+02:11:44	16:07
92	3296	Sofia França	Juventude Cortegacense	Veterana F40	03:17:36	+02:15:59	16:28
93	3389	Gracelinda Afonso	Cerveira Team Running/Clube Celtas do Minho	Veterana F40	03:18:50	+02:17:13	16:34

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Mini Trail

12 KM

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OFFICIAL RESULT

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94	3288	Cláudia Amaral	Arrozinhos 8.2	Veterana F40	03:19:54	+02:18:16	16:39
95	3342	Paula Rodrigues	Sidónios	Veterana F40	03:23:15	+02:21:38	16:56
96	3341	Nidia Cancela	Sidónios	Veterana F40	03:23:15	+02:21:38	16:56
97	3013	Margarida Afonso	Bitateiros	Veterana F40	03:33:22	+02:31:45	17:47
98	3014	Sandra Marina Silva Dias	Bitateiros	Veterana F40	03:33:23	+02:31:46	17:47
99	3016	Laurinda Conceição Moutinho Pereira Martins	BITATEIROS	Veterana F40	03:33:24	+02:31:47	17:47
100	3126	Patrícia Veríssimo	Individual	Veterana F40	03:33:57	+02:32:20	17:50

Veterana F50

1	3256	Rosa Mendes	GONDOMAR FUTSAL CLUBE	Veterana F50	01:38:52	+37:15	08:14
2	3509	Angela Sofia Cavalheiro Martins	Individual	Veterana F50	01:54:28	+52:50	09:32
3	3048	Manuela Castelo	Juventude Cortegacense	Veterana F50	01:58:34	+56:57	09:53
4	3471	Júlia Costa	Givec	Veterana F50	01:59:33	+57:56	09:58
5	3555	ROSA COSTA	Moreira Relax Runners	Veterana F50	01:59:56	+58:19	10:00
6	3470	Ana Miranda	Givec	Veterana F50	02:00:28	+58:51	10:02
7	3087	Maria Isabel Gomes Costa Maciel	Padela Natural Team-Fisiofreixo	Veterana F50	02:05:42	+01:04:04	10:28
8	3445	Maria conceição silva leite	BRAGA RUNNERS	Veterana F50	02:06:25	+01:04:47	10:32
9	3064	Maria Elisabete Pinho Pereira Mendonça	Juventude Cortegacense	Veterana F50	02:10:10	+01:08:33	10:51
10	3139	Maria Manuela Martins Viterbo Silva	Grupo 46	Veterana F50	02:42:00	+01:40:22	13:30
11	3233	EDITE LAMEIRAS RIBEIRINHO	Pes de chumbo	Veterana F50	02:51:43	+01:50:05	14:19
12	3232	AMELIA DE JESUS LAMEIRAS RIBEIRINHO	Pes de chumbo	Veterana F50	02:51:43	+01:50:06	14:19
13	3271	Ana Bela Palas	All About	Veterana F50	03:00:53	+01:59:16	15:04
14	3290	Dulce Fernandes	Arrozinhos 8.2	Veterana F50	03:19:54	+02:18:16	16:39

Veterana F60

1	3440	Ana Maria Moreira	All About	Veterana F60	03:06:28	+02:04:51	15:32
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Veterano M40

1	3147	Rui Gomes	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Veterano M40	01:01:37	05:08
2	3433	Fernando Rodrigues Grabulho	Individual	Veterano M40	01:07:41	+06:03 05:38
3	3106	Gonalo Antonio Ferreira da Silva	Robbialac Lojas Norte Team	Veterano M40	01:09:28	+07:50 05:47
4	3451	Jos� Antonio Teixeira Ferreira	ORALKLASS – AMIGOS DO TRAIL	Veterano M40	01:14:44	+13:07 06:14
5	3143	Manuel Domingos Lopes Gomes	Associa�o desportiva de carvalhal	Veterano M40	01:14:52	+13:15 06:14
6	3083	Jo�o Pedro dos Santos Quint�o Jaques	OL�MPICO VIANENSE TRAIL	Veterano M40	01:16:28	+14:51 06:22
7	3174	Manuel jose Mendes Teixeira	Frid�o Sem Limites	Veterano M40	01:19:48	+18:11 06:39
8	3303	Paulo Sergio Ferreira Quintas	Individual	Veterano M40	01:22:13	+20:36 06:51
9	3163	Antonio Azevedo	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Veterano M40	01:22:15	+20:38 06:51
10	3307	V�tor Manuel Pereira da Silva	Queiroz Team	Veterano M40	01:23:37	+22:00 06:58

Official Timekeeper: Lap2Go	9 / 12	generate 19-nov-2017 19:18
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Mini Trail

12 KM

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OFFICIAL RESULT

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11	3066	Aníbal Freitas Macedo	Individual	Veterano M40	01:23:38	+22:01	06:58
12	3403	Jose luis panteon campos	TRAIL RUNNING NIGRAN	Veterano M40	01:27:41	+26:03	07:18
13	3402	Jose antonio misa maciel	TRAIL RUNNING NIGRAN	Veterano M40	01:27:41	+26:03	07:18
14	3583	Manuel Monteiro Araújo	Individual	Veterano M40	01:27:45	+26:08	07:19
15	3065	Sérgio Paulo Ferreira Oliveira	Juventude Cortegacense	Veterano M40	01:27:57	+26:20	07:20
16	3011	Carlos Filipe da Cruz Coelho	FIT GAIA TRAIL	Veterano M40	01:30:30	+28:52	07:32
17	3287	Alberto Aroso	Arrozinhos 8.2	Veterano M40	01:31:10	+29:32	07:36
18	3432	Paulo Lagoa	BUDEGUITA RUNNERS	Veterano M40	01:31:37	+30:00	07:38
19	3086	Ricardo Magalhães	Palmeira Runners	Veterano M40	01:34:22	+32:45	07:52
20	3390	Ruy Manuel Pereira Martins	Individual	Veterano M40	01:34:43	+33:05	07:54
21	3215	António José Vilaça Martins	Individual	Veterano M40	01:35:55	+34:17	08:00
22	3125	Sérgio Carlos Rodrigues Torres	Os Mancos	Veterano M40	01:37:40	+36:03	08:08
23	3562	Joaquim Vilasboas	Individual	Veterano M40	01:37:49	+36:11	08:09
24	3375	Ricardo Silva	PORTO SENTIDO RUNNERS	Veterano M40	01:38:32	+36:55	08:13
25	3231	Paulo Ferreira	PORTOCARGO	Veterano M40	01:38:45	+37:07	08:14
26	3540	MARIO SERGIO VERISSIMO PEREIRA	Individual	Veterano M40	01:39:07	+37:30	08:16
27	3505	Sergio Paulo Leitão Fernandes	B.T.M.	Veterano M40	01:39:52	+38:15	08:19
28	3090	João Carlos da Silva Gomes	Individual	Veterano M40	01:40:41	+39:03	08:23
29	3494	Fernando Pedro A.S. Coelho	Individual	Veterano M40	01:40:49	+39:12	08:24
30	3295	Daniel Rola França	Juventude Cortegacense	Veterano M40	01:41:16	+39:38	08:26
31	3289	Carlos Pereira	Arrozinhos 8.2	Veterano M40	01:43:35	+41:57	08:38
32	3306	ADELINO DIAS DA CRUZ	Queiroz Team	Veterano M40	01:45:26	+43:49	08:47
33	3266	Antonio Jose Pereira Barbosa	Paredes Running	Veterano M40	01:47:46	+46:09	08:59
34	3461	Rogério Filipe Dias Lopes	TEAM LANTEMIL	Veterano M40	01:48:00	+46:22	09:00
35	3590	Manuel Araújo	Individual	Veterano M40	01:49:32	+47:55	09:08
36	3439	Henrique Marques	All About	Veterano M40	01:51:09	+49:32	09:16
37	3061	Daniel Martins	Juventude Cortegacense	Veterano M40	01:53:19	+51:42	09:27
38	3185	Carlos Alberto Oliveira Jesus Ferreira	Grupo 46	Veterano M40	01:53:40	+52:03	09:28
39	3052	Gustavo Santos	Juventude Cortegacense	Veterano M40	01:56:22	+54:45	09:42
40	3062	Helder Castro Costa	Juventude Cortegacense	Veterano M40	01:56:22	+54:45	09:42
41	3196	Carlos Joaquim Caldas da Cruz	Run4Life	Veterano M40	01:57:00	+55:23	09:45
42	3101	Rui Silva	SS MONTEPIO	Veterano M40	01:57:19	+55:42	09:47
43	3223	Carlos Oliveira	PORTOCARGO	Veterano M40	02:01:05	+59:27	10:05
44	3020	José Gentil	Ou vai ou racha	Veterano M40	02:02:43	+01:01:06	10:14
45	3528	Pedro Nuno Mesquita Ribada	Individual	Veterano M40	02:02:45	+01:01:08	10:14
46	3531	Marcelo de Deus Matos Silva	Individual	Veterano M40	02:03:35	+01:01:58	10:18
47	3100	Joao Cardoso	SS MONTEPIO	Veterano M40	02:04:24	+01:02:47	10:22
48	3521	José Nogueira Ribeiro	B.T.M.	Veterano M40	02:05:59	+01:04:22	10:30
49	3543	Sérgio santos	Dragon club	Veterano M40	02:10:10	+01:08:33	10:51
50	3450	Alexandre Dias Ribeiro	Individual	Veterano M40	02:10:57	+01:09:20	10:55
51	3040	António Augusto Oliveira Santos	Juventude Cortegacense	Veterano M40	02:11:59	+01:10:22	11:00
52	3365	Daniel Gustavo Moreira Oliveira	Runners & Friends	Veterano M40	02:12:05	+01:10:28	11:00
53	3103	Hugo Miguel Saraiva de Sousa	Robbialac Lojas Norte Team	Veterano M40	02:14:41	+01:13:04	11:13
54	3302	Ricardo costa	VIDAATIVARUNNERS	Veterano M40	02:14:50	+01:13:12	11:14
55	3249	Vasco Batista	Team Robbialac	Veterano M40	02:17:31	+01:15:54	11:28
56	3372	Nuno Filipe Garcia	Individual	Veterano M40	02:20:14	+01:18:37	11:41

Official Timekeeper: Lap2Go	10 / 12	generate 19-nov-2017 19:18
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Mini Trail

12 KM

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OFFICIAL RESULT

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57	3457	José Carlos Alves Martins	Individual	Veterano M40	02:20:54	+01:19:17	11:44
58	3564	António Silva	Individual	Veterano M40	02:22:13	+01:20:36	11:51
59	3069	PAULO SÉRGIO CAMILO HENRIQUE	Manos e Princesas Run	Veterano M40	02:30:28	+01:28:51	12:32
60	3209	Fernando Jorge Martins Carvalho Correia Pinheiro	CORRER LEÇA	Veterano M40	02:30:52	+01:29:15	12:34
61	3258	Paulo Sousa Maia	Lusitanos	Veterano M40	02:32:32	+01:30:55	12:43
62	3305	Nuno Batista Rodrigues Prada	Individual	Veterano M40	02:33:50	+01:32:13	12:49
63	3029	Luis Miguel Silva e Sousa	Manos e Princesas Run	Veterano M40	02:35:32	+01:33:55	12:58
64	3082	Luís Filipe Gordicho Ribeiro	Individual	Veterano M40	02:38:55	+01:37:17	13:15
65	3379	Ligi Alexandra Almeida	Individual	Veterano M40	02:44:51	+01:43:14	13:44
66	3032	José Belmiro Midão Pinto	Manos e Princesas Run	Veterano M40	02:52:59	+01:51:21	14:25
67	3503	Helder Manuel Miranda Costa	Individual	Veterano M40	02:55:30	+01:53:53	14:38
68	3354	José Carlos Pereira Fernandes	Individual	Veterano M40	02:56:26	+01:54:49	14:42
69	3142	Paulo Jorge Sousa Magalhães	Ou vai ou racha	Veterano M40	03:01:03	+01:59:26	15:05
70	3499	Carlos Alberto Figueiredo Oliveira	Individual	Veterano M40	03:10:50	+02:09:13	15:54
71	3190	Rui Filipe Rodrigues Areal	Individual	Veterano M40	03:12:35	+02:10:58	16:03
72	3407	Ricardo Manuel Lima Barbosa	Individual	Veterano M40	03:12:38	+02:11:01	16:03
73	3027	Domingos Filipe Barbosa Martins	Individual	Veterano M40	03:35:23	+02:33:46	17:57

Veterano M50

1	3360	António Vale	BARCELOS RUNNERS	Veterano M50	01:16:43	+15:05	06:24
2	3510	José Antonio Costa Azevedo	Individual	Veterano M50	01:31:35	+29:58	07:38
3	3377	Fernando Ferraz	PORTO SENTIDO RUNNERS	Veterano M50	01:38:32	+36:55	08:13
4	3131	José Venâncio Moreira de Moura	GDR Juventude das Ribeiras	Veterano M50	01:39:42	+38:04	08:18
5	3536	João Oliveira Pires	Gondarâfrente	Veterano M50	01:43:27	+41:49	08:37
6	3577	PAULO JORGE GONÇALVES OLIVEIRA	Individual	Veterano M50	01:43:47	+42:10	08:39
7	3088	Jaime de Jesus Pinto Maciel	Padela Natural Team-Fisiofreixo	Veterano M50	01:44:12	+42:35	08:41
8	3297	António Joaquim Magalhães	Autistic Runners	Veterano M50	01:45:58	+44:21	08:50
9	3565	Fernando José Miranda Salgado	Givec	Veterano M50	01:50:08	+48:30	09:11
10	3591	ANTONIO JOAO CORREIA DA COSTA	Individual	Veterano M50	01:51:45	+50:08	09:19
11	3318	Domingos Rodrigues de Araujo	Individual	Veterano M50	01:58:47	+57:10	09:54
12	3009	Gabriel dos Anjos Pires	FIT GAIA TRAIL	Veterano M50	01:59:29	+57:52	09:57
13	3221	Manuel Pereira	PORTOCARGO	Veterano M50	02:01:19	+59:42	10:07
14	3244	Agostinho Pires	Team Robbialac	Veterano M50	02:13:27	+01:11:49	11:07
15	3542	Jose carlos martins carneiro	Individual	Veterano M50	02:14:49	+01:13:11	11:14
16	3444	Manuel António Gonçalves de Castro	Individual	Veterano M50	02:17:22	+01:15:45	11:27
17	3220	Manuel Almeida	PORTOCARGO	Veterano M50	02:23:36	+01:21:59	11:58
18	3495	Agostinho da Silva Cortês	Individual	Veterano M50	02:49:45	+01:48:08	14:09
19	3525	Jose Augusto Pereira de Freitas	Ou vai ou racha	Veterano M50	02:50:21	+01:48:44	14:12
20	3344	Miguel Coelho	Sidónios	Veterano M50	02:50:54	+01:49:16	14:14

Veterano M60

1	3446	Raul Costa Ribeiro	BRAGA RUNNERS	Veterano M60	01:14:39	+13:02	06:13
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Mini Trail

12 KM

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OFFICIAL RESULT

[illegible]

2	3435	Constantino Gomes Moreira	Individual	Veterano M60	01:26:08	+24:31	07:11
3	3315	Carlos António Carvalho Macedo	ADA TRAIL RUNNING TEAM AMARANTE	Veterano M60	01:33:29	+31:52	07:47
4	3436	Manuel Brito	Individual	Veterano M60	01:49:34	+47:57	09:08
5	3554	Belarmino Sousa	Individual	Veterano M60	01:53:28	+51:51	09:27
6	3575	Francisco Rocha	Individual	Veterano M60	02:46:04	+01:44:27	13:50
7	3430	José António Liz Alves Longo	Individual	Veterano M60	03:12:39	+02:11:02	16:03

COLETIVO - MINI TRAIL

[illegible]

RANK	TEAM	DESCRIPTION	POINTS
1	Douroconta - Gabinete de Apoio e Contabilidade, Lda	04:20:12 [1 + 2 + 3 + 6]	0
2	OLÍMPICO VIANENSE TRAIL	05:00:49 [7 + 8 + 17 + 20]	0
3	Padela Natural Team-Fisiofreixo	05:45:48 [21 + 38 + 54 + 55]	0
4	Fridão Sem Limites	06:08:08 [14 + 23 + 51 + 202]	0
5	Arrozinhos 8.2	06:29:27 [52 + 53 + 99 + 100]	0
6	TRAIL RUNNING NIGRAN	06:29:44 [41 + 42 + 114 + 115]	0
7	Juventude Cortegacense	06:33:30 [45 + 91 + 92 + 95]	0
8	BARCELOS RUNNERS	06:42:28 [18 + 68 + 134 + 168]	0
9	Mountain Runners	06:54:01 [24 + 49 + 189 + 215]	0
10	TEAM LANTEMIL	07:00:49 [65 + 117 + 118 + 129]	0
11	PORTOCARGO	07:18:01 [81 + 132 + 137 + 147]	0
12	FIT GAIA TRAIL	07:18:45 [50 + 121 + 179 + 181]	0
13	All About	07:21:35 [125 + 126 + 130 + 131]	0
14	PORTO SENTIDO RUNNERS	07:26:47 [78 + 79 + 158 + 258]	0
15	Esposende Run Girls	07:36:22 [135 + 136 + 148 + 149]	0
16	Givec	07:39:20 [127 + 128 + 183 + 184]	0
17	A.D.Amarante trail running	07:42:18 [88 + 156 + 161 + 236]	0
18	B.T.M.	07:59:11 [87 + 170 + 221 + 272]	0
19	Robbialac Lojas Norte Team	08:04:10 [5 + 264 + 265 + 307]	0
20	Paredes Running	08:21:23 [116 + 151 + 280 + 300]	0
21	Grupo 46	08:41:25 [141 + 142 + 256 + 351]	0
22	Team Robbialac	08:55:43 [231 + 262 + 286 + 287]	0
23	Ou vai ou racha	09:05:31 [203 + 204 + 323 + 324]	0
24	FAMA RUNNERS	09:19:04 [28 + 105 + 407 + 408]	0
25	CORRER LEÇA	09:25:42 [271 + 293 + 294 + 326]	0
26	ARCA BarceloS runners	09:28:09 [111 + 176 + 381 + 382]	0
27	Manos e Princesas Run	10:10:48 [321 + 325 + 340 + 341]	0
28	Calesmas	10:25:35 [113 + 386 + 387 + 388]	0
29	Cerveira Team Running/Clube Celtas do Minho	10:49:43 [211 + 257 + 429 + 434]	0
30	NorTrail	10:52:06 [107 + 400 + 401 + 402]	0
31	Sidónios	12:26:52 [370 + 378 + 439 + 440]	0

TRAIL CURTO - STAGE 1

20 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	10:00	9,6°C	41%
End	14:01	9.6°C	41%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	2449	Fernando Lemos	gaia trail	Senior Masculino	01:33:15		04:40
2	2625	Carlos veloso	airórun	Veterano M40	01:34:10	+00:55	04:43
3	2447	Paulo Oliveira	oralklass – amigos do trail	Senior Masculino	01:34:43	+01:27	04:44
4	2360	Dinis Gonçalves	gaia trail	Veterano M40	01:35:07	+01:51	04:45
5	2688	Diogo Fernandes	dr. merino/4moove	Senior Masculino	01:35:20	+02:04	04:46
6	2696	Cristiano José Moreira dos Santos	yogurtneste trail running team	Senior Masculino	01:35:32	+02:16	04:47
7	2005	Pedro Santos	fugitivos urbanos - clínica + saúde	Veterano M40	01:35:54	+02:38	04:48
8	2539	Paulo Manuel Monteiro da Costa	a.d.amaranthe trail running	Senior Masculino	01:38:18	+05:02	04:55
9	2318	Álvaro Gabriel Vasconcelos da Silva	fridão sem limites	Senior Masculino	01:38:27	+05:11	04:55
10	2001	Bruno Silva	afacycles sport	Veterano M40	01:39:24	+06:08	04:58
11	2530	Vitor Manuel Monteiro da Costa	a.d.amaranthe trail running	Veterano M40	01:39:53	+06:37	05:00
12	2302	Hugo Silva	spin&run esposende	Senior Masculino	01:43:10	+09:54	05:09
13	2398	Luis Gil	gaia trail	Veterano M40	01:43:24	+10:08	05:10
14	2624	Joao ferreira	airórun	Senior Masculino	01:43:54	+10:38	05:12
15	2384	Ivo Peko	gaia trail	Senior Masculino	01:44:35	+11:19	05:14
16	2028	Fernando Figueiredo	centro ciclista de gondomar	Veterano M40	01:44:49	+11:34	05:14
17	2631	João Patrício	dr. merino/4moove	Sub 23 Masculino	01:45:00	+11:44	05:15
18	2260	Rui Manuel Mendes Azevedo	fridão sem limites	Senior Masculino	01:46:42	+13:26	05:20
19	2452	Ivo Silva	associação desportiva da efaced	Senior Masculino	01:48:20	+15:05	05:25
20	2371	João Pedro Leal	white running team	Senior Masculino	01:48:21	+15:05	05:25
21	2531	Carlos Queiros	a.d.amaranthe trail running	Senior Masculino	01:48:34	+15:19	05:26
22	2164	Ciano Ribeiro	associação desportiva de carvalhal	Veterano M40	01:48:58	+15:42	05:27
23	2235	Bernardino José das Neves Alves Moreira Pinto	dr. merino/4moove	Senior Masculino	01:49:22	+16:07	05:28
24	2018	David Tavares	centro ciclista de gondomar	Veterano M50	01:49:51	+16:35	05:30
25	2149	Igor Bruno Palhares Moreira	melgaço alvarinho trail	Veterano M40	01:50:56	+17:40	05:33
26	2408	Francisco Castelo Branco	place foz prime	Veterano M50	01:50:58	+17:42	05:33
27	2247	Carlos Miguel Oliveira Coelho	trail me	Senior Masculino	01:51:02	+17:46	05:33
28	2225	Nuno Miguel Oliveira Pereira	ada rio neiva	Senior Masculino	01:51:20	+18:04	05:34
29	2374	João Trigueiros	gaia trail	Sub 23 Masculino	01:51:47	+18:31	05:35
30	2438	Adão Paulo Teixeira Monteiro	fridão sem limites	Senior Masculino	01:52:12	+18:56	05:37
31	2484	Paula Sofia Coutinho Soares	autistic runners	Senior Feminino	01:52:12	+18:56	05:37
32	2174	Julio macedo fernandes	associação desportiva de carvalhal	Veterano M40	01:52:31	+19:15	05:38
33	2020	Vitor Sousa	centro ciclista de gondomar	Veterano M50	01:52:51	+19:35	05:39
34	2694	Carlos Nuno Araújo Martins	airórun	Senior Masculino	01:52:53	+19:37	05:39
35	2027	Tiago Gonçalves Portela	alexandra carvalho team	Senior Masculino	01:53:58	+20:42	05:42
36	2599	Jose Rocha	barcelos team portugal	Veterano M40	01:54:42	+21:26	05:44
37	2479	Fernando Oliveira	individual	Veterano M40	01:55:35	+22:19	05:47
38	2095	Joaquim da Silva Rodrigues	acrroriz	Veterano M50	01:55:39	+22:23	05:47

TRAIL CURTO - STAGE 1

20 KM

[illegible]

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
39	2094	Manuel Joaquim Maciel Miranda	accroriz	Veterano M50	01:55:54	+22:38	05:48
40	2171	Ricardo Miguel Magalhães Nunes	fridão sem limites	Senior Masculino	01:56:04	+22:48	05:48
41	2075	Adriano	lusitanos	Veterano M40	01:56:21	+23:05	05:49
42	2526	Marcelo Ramos Martins	padela natural team-fisiofreixo	Senior Masculino	01:56:30	+23:15	05:50
43	2217	António Cardoso	associação desportiva de carvalhal	Veterano M40	01:56:44	+23:28	05:50
44	2312	Paulo Teixeira Sousa	fridão sem limites	Veterano M40	01:57:28	+24:13	05:52
45	2072	PAULO BALTASAR MARTINS	individual	Veterano M50	01:57:32	+24:16	05:53
46	2359	Paulo Madeira	gaia trail	Senior Masculino	01:57:33	+24:17	05:53
47	2633	Daniel Raimundo Martins Cardoso	airórun	Veterano M40	01:57:34	+24:18	05:53
48	2314	Nuno Ricardo Carvalho Silva	the newbies	Senior Masculino	01:58:36	+25:20	05:56
49	2187	Nuno Ferreira	trail me	Senior Masculino	01:58:46	+25:31	05:56
50	2002	Maria Areias	individual	Senior Feminino	01:59:06	+25:50	05:57
51	2703	Filipe Carneiro	oralklass – amigos do trail	Senior Masculino	01:59:06	+25:51	05:57
52	2501	Rafael Fernandes de Abreu	ada rio neiva	Senior Masculino	01:59:47	+26:31	05:59
53	2114	Ernesto Marques Alves	juventude cortegacense	Veterano M40	01:59:58	+26:42	06:00
54	2176	Francisco Moreira	ss montepio	Veterano M40	01:59:59	+26:43	06:00
55	2076	João Carlos Ferreira da Silva	ade trail running	Senior Masculino	02:00:27	+27:11	06:01
56	2142	Hugo Manuel Gallego Machado Sousa Brito	café candelabro	Veterano M40	02:00:43	+27:27	06:02
57	2154	Pedro Filipe Torres Nunes	individual	Senior Masculino	02:01:06	+27:50	06:03
58	2527	Filipe Oliveira Ramos	aesthetically team running	Veterano M40	02:01:07	+27:51	06:03
59	2352	Antonio Francisco Dantas Barbosa	individual	Veterano M40	02:01:11	+27:55	06:04
60	2019	Ângelo Pereira	centro ciclista de gondomar	Veterano M50	02:01:13	+27:57	06:04
61	2585	Antonio Borge	porto sentido runners	Veterano M40	02:01:13	+27:57	06:04
62	2208	José Ponte	edv-viana trail	Veterano M60	02:01:22	+28:06	06:04
63	2104	Joao Paulo Costa Oliveira	juventude cortegacense	Veterano M40	02:01:41	+28:25	06:05
64	2480	Filipe Ricardo Pinto Ferreira	os lobos do saibro	Senior Masculino	02:02:29	+29:13	06:07
65	2376	Cláudio Domingos Martins Monteiro	douroconta - gabinete de apoio e contabilidade, lda	Veterano M40	02:02:30	+29:14	06:08
66	2451	Mário Ferreira	associação desportiva da efacec	Veterano M40	02:02:50	+29:35	06:09
67	2236	Miguel Ângelo Salgueiro Araújo	trail me	Veterano M40	02:03:07	+29:51	06:09
68	2023	João Barbosa	global trail	Sub 23 Masculino	02:03:41	+30:25	06:11
69	2413	Joaquim Manuel Soares Miranda	vidaativarunners	Senior Masculino	02:03:46	+30:30	06:11
70	2514	JOSÉ LOPES	vidaativarunners	Senior Masculino	02:03:46	+30:30	06:11
71	2649	Pedro Miranda	vidaativarunners	Veterano M40	02:03:46	+30:30	06:11
72	2015	Jorge Silva	centro ciclista de gondomar	Veterano M50	02:03:54	+30:38	06:12
73	2074	Nelson	lusitanos	Senior Masculino	02:04:13	+30:57	06:13
74	2004	Maria Gonçalves	oralklass – amigos do trail	Senior Feminino	02:04:48	+31:32	06:14
75	2554	Diogo Leiras	sidónios	Senior Masculino	02:04:57	+31:41	06:15
76	2257	Bruno Eusébio da Rocha Pereira	adeca associação desportiva de castelões	Senior Masculino	02:05:10	+31:54	06:16
77	2320	Ines	individual	Senior Feminino	02:05:18	+32:02	06:16
78	2339	Paulo Alexandre da Fonseca Amadeu	gaia trail	Veterano M40	02:05:23	+32:08	06:16

TRAIL CURTO - STAGE 1

20 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
79	2629	André Pereira Dias	eu é mais bolos	Senior Masculino	02:05:29	+32:14	06:16
80	2372	JOAQUIM DA CUNHA GOMES DE SÁ	barcelos runners	Veterano M40	02:05:51	+32:35	06:18
81	2619	Paulo Ribeiro	edv-viana trail	Veterano M40	02:05:58	+32:43	06:18
82	2354	Carlos Gaspar Brandão Correia Martins	run4life	Veterano M40	02:06:07	+32:51	06:18
83	2330	Luís Paulo Matos Ferreira	minho e lima trail	Veterano M40	02:06:11	+32:55	06:19
84	2218	Óscar Miguel Ribeiro Costa	associação desportiva de carvalhal	Senior Masculino	02:06:14	+32:58	06:19
85	2085	Abel Silva	juventude cortegacense	Senior Masculino	02:06:22	+33:06	06:19
86	2533	Miguel Barros	a.d.amarante trail running	Veterano M40	02:06:45	+33:29	06:20
87	2266	Lígia Mendes	gaia-running	Veterana F40	02:06:53	+33:37	06:21
88	2267	André Pessoa Dias	gaia-running	Veterano M40	02:06:53	+33:37	06:21
89	2244	Ricardo Filipe Figueiredo Ferreira	gtt-armazém do caffè	Senior Masculino	02:07:02	+33:46	06:21
90	2500	Tiago Correia	carlos jorge marques ribeiro	Senior Masculino	02:07:03	+33:47	06:21
91	2638	José Mateus Tavares	sidónios	Veterano M50	02:07:23	+34:08	06:22
92	2204	Sérgio Jesus Costa	lusos xxi	Senior Masculino	02:07:49	+34:33	06:23
93	2246	Eric Alexandre Couto Carvalho	ermida team	Senior Masculino	02:08:03	+34:47	06:24
94	2331	João Paulo Antunes da Cruz	minho e lima trail	Senior Masculino	02:08:15	+34:59	06:25
95	2690	Artur Linhares	individual	Senior Masculino	02:08:41	+35:25	06:26
96	2435	Fernando Fernandes Pinheiro	individual	Senior Masculino	02:08:57	+35:41	06:27
97	2510	Jorge Barbosa	paredes aventura	Veterano M40	02:09:05	+35:49	06:27
98	2666	António Carlos Sousa Vilas Boas	fisipadrão/lusosport	Veterano M40	02:09:07	+35:51	06:27
99	2630	Sérgio Luis Rodrigues Martins	b.t.m.	Senior Masculino	02:09:09	+35:53	06:27
100	2082	Cecilio Maunel Silva Ferreira	juventude cortegacense	Veterano M40	02:09:10	+35:55	06:28
101	2221	Marco André de Sousa Pinto	individual	Senior Masculino	02:09:26	+36:10	06:28
102	2124	HELDER ROBERTO SANTOS AZEVEDO	airórun	Veterano M40	02:09:29	+36:13	06:28
103	2564	João Carlos Soutelo Couto	barcelos runners	Senior Masculino	02:10:08	+36:52	06:30
104	2397	Nuno Miguel Lima Gonçalves	individual	Senior Masculino	02:10:33	+37:18	06:32
105	2054	João Ricardo da Cunha Santos	vimarunners	Senior Masculino	02:10:49	+37:33	06:32
106	2357	Fábio Alexandre Barros Durão	individual	Senior Masculino	02:11:04	+37:48	06:33
107	2313	Hugo Tiago Silva Faria	the newbies	Senior Masculino	02:11:16	+38:00	06:34
108	2578	Pedro Costa	dive into the mountains	Veterano M40	02:11:39	+38:23	06:35
109	2140	Fernando Coelho	caracóis do monte	Veterano M40	02:11:46	+38:30	06:35
110	2161	Carlos Miguel Tomé Fernande	individual	Senior Masculino	02:11:53	+38:37	06:36
111	2355	Orlando Xavier Gomes Amorim	associação desportiva de carvalhal	Senior Masculino	02:11:57	+38:41	06:36
112	2537	Ângela Macedo Soares	a.d.amarante trail running	Senior Feminino	02:12:04	+38:48	06:36
113	2399	Patrício Marques Afonso	individual	Veterano M40	02:12:10	+38:54	06:37
114	2450	Miguel Cruz	associação desportiva da efacec	Veterano M40	02:12:55	+39:39	06:39
115	2504	Ricardo Vieira	individual	Veterano M40	02:12:55	+39:39	06:39
116	2383	Daniel Ramalhao	portocargo	Senior Masculino	02:12:56	+39:40	06:39
117	2615	Mario Oliveira	shots international runners	Senior Masculino	02:12:58	+39:42	06:39
118	2160	Raul Pereira Fernandes	cerveira team running/clube celtas do minho	Veterano M60	02:13:05	+39:49	06:39
119	2653	Manuel Gomes	fama runners	Veterano M40	02:13:25	+40:09	06:40
120	2411	Jorge Guilherme Lopes Brito	individual	Veterano M40	02:13:25	+40:09	06:40

TRAIL CURTO - STAGE 1

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
121	2105	Julio Paulo Soares da Silva	juventude cortegacense	Veterano M40	02:13:49	+40:33	06:41
122	2431	Tiago João Cerqueira Teles	individual	Senior Masculino	02:14:01	+40:45	06:42
123	2144	João Renato M P Pereira	gtt-armazém do caffè	Senior Masculino	02:14:27	+41:12	06:43
124	2639	Rui Pedro Pena	sidónios	Veterano M40	02:14:35	+41:19	06:44
125	2641	Paulo Costa	sidónios	Veterano M40	02:14:35	+41:20	06:44
126	2474	Eva Jesus Costa Martins	individual	Veterana F40	02:15:02	+41:47	06:45
127	2520	António Carlos Silva Teixeira	fridão sem limites	Veterano M50	02:15:07	+41:51	06:45
128	2702	Brigida Pinto	oralklass – amigos do trail	Senior Feminino	02:15:14	+41:58	06:46
129	2516	Jorge Miguel leite de oliveira	individual	Senior Masculino	02:15:17	+42:01	06:46
130	2006	Nádia Casteleiro	oralklass – amigos do trail	Senior Feminino	02:15:18	+42:02	06:46
131	2003	Nuno Alves	oralklass – amigos do trail	Senior Masculino	02:15:18	+42:03	06:46
132	2669	George Ferreira Araújo	individual	Veterano M40	02:15:23	+42:08	06:46
133	2662	Amadeu Peixoto	global trail	Veterano M40	02:15:38	+42:22	06:47
134	2542	Rosa Barros	a.d.amarante trail running	Veterana F40	02:15:49	+42:33	06:47
135	2052	Pedro Bogas	b'life outdoor team	Veterano M40	02:15:50	+42:35	06:48
136	2644	António Freitas	sidónios	Veterano M40	02:15:55	+42:39	06:48
137	2055	Paulo Jorge da Silva Alves	gondomar futsal clube	Veterano M40	02:15:55	+42:39	06:48
138	2647	Manuel Martins	vidaativarunners	Veterano M40	02:16:02	+42:46	06:48
139	2709	Ricardo Pimenta	individual	Veterano M40	02:16:13	+42:57	06:49
140	2141	Vitor Manuel Diniz Maio	individual	Senior Masculino	02:16:16	+43:00	06:49
141	2343	Luis Carlos Sá Laranjeira	laranjeira runners	Senior Masculino	02:16:25	+43:09	06:49
142	2024	Pedro Miguel Pereira Martins	individual	Senior Masculino	02:16:31	+43:15	06:50
143	2382	Tania Bateira	portocargo	Senior Feminino	02:16:44	+43:28	06:50
144	2406	Rafael Junqueira Kerr	place foz prime	Veterano M40	02:16:48	+43:32	06:50
145	2387	JOAO PAULO COSTA CORREIA MONTEIO	pes de chumbo	Veterano M40	02:16:56	+43:40	06:51
146	2170	Andreia ribeiro almeida	fridão sem limites	Senior Feminino	02:17:19	+44:03	06:52
147	2338	João Fernando Sá Laranjeira	laranjeira runners	Senior Masculino	02:17:21	+44:05	06:52
148	2675	Orlando Costa	equipa joão ferreira	Veterano M40	02:17:59	+44:43	06:54
149	2529	José Filipe Dinis Barros	a.d.amarante trail running	Senior Masculino	02:18:13	+44:58	06:55
150	2541	Ana Isabel Pereira Ferreira	a.d.amarante trail running	Senior Feminino	02:18:14	+44:58	06:55
151	2483	António Da Cruz Sousa Fernandes	individual	Veterano M40	02:18:27	+45:11	06:55
152	2494	Pedro Nogueira	marco runners	Senior Masculino	02:18:52	+45:36	06:57
153	2238	Rui Pedro da Silva Rodrigues	mountain runners	Veterano M40	02:18:52	+45:36	06:57
154	2210	António Luis Esteves Coelho	trail me	Veterano M40	02:18:57	+45:41	06:57
155	2112	Ana Maria Amaral	centro ciclista de gondomar	Veterana F40	02:19:02	+45:46	06:57
156	2704	João Orlando Pereira	individual	Veterano M40	02:19:30	+46:14	06:59
157	2589	Antonino Gonçalves	cerveira team running/clube celtas do minho	Veterano M50	02:19:33	+46:17	06:59
158	2482	Filipe Alves	cerveira team running/clube celtas do minho	Veterano M40	02:19:33	+46:17	06:59
159	2667	José Manuel Padrão Ferreira	individual	Senior Masculino	02:19:44	+46:29	06:59
160	2009	ARTUR FILIPE DE MATOS PEREIRA	shots international runners	Senior Masculino	02:19:53	+46:37	07:00
161	2025	Hélder Renato Lima Martins	amigos para correr	Senior Masculino	02:19:59	+46:43	07:00
162	2022	Daniel António Neto Alves	individual	Veterano M40	02:19:59	+46:44	07:00
163	2678	Sergio Fernando Gomes Sá	givec	Veterano M40	02:20:07	+46:51	07:00

TRAIL CURTO - STAGE 1

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
164	2445	Isabel Cunha	cerveira team running/clube celtas do minho	Veterana F40	02:20:14	+46:58	07:01
165	2467	Francisco Alves	individual	Veterano M40	02:20:14	+46:58	07:01
166	2607	Isabel Almeida	correr leça	Senior Feminino	02:20:27	+47:11	07:01
167	2278	Pedro Justo	correr leça	Veterano M40	02:20:28	+47:12	07:01
168	2602	Rui Brito	g. aventura	Senior Masculino	02:20:37	+47:21	07:02
169	2456	Fernando António Teixeira Soares	g. aventura	Veterano M40	02:20:49	+47:33	07:02
170	2265	Nuno Almeida	gaia-running	Senior Masculino	02:21:19	+48:03	07:04
171	2269	Jorge Pereira	gaia-running	Veterano M40	02:21:19	+48:04	07:04
172	2234	Luísa Catarina Costa Azevedo	team lanthemil	Senior Feminino	02:21:30	+48:14	07:05
173	2436	Manuel Luis Rocha Brabosa	paredes running	Veterano M40	02:21:46	+48:30	07:05
174	2375	Jose Bento Morais	gaia trail	Veterano M50	02:21:51	+48:35	07:06
175	2656	Ana Cardoso	fama runners	Senior Feminino	02:21:55	+48:39	07:06
176	2422	José Mendes	gondomar futsal clube	Veterano M50	02:22:14	+48:58	07:07
177	2491	Sérgio Silva	fugitivos urbanos - clínica + saúde	Senior Masculino	02:22:19	+49:03	07:07
178	2377	Carlos Miguel Santos Linhares	associação desportiva de carvalhal	Senior Masculino	02:22:23	+49:07	07:07
179	2048	Domingos Jerónimo Ribeiro Gomes	bttrilhos.pg	Veterano M40	02:22:24	+49:08	07:07
180	2628	IVÓNIO MARTINS	tmp	Senior Masculino	02:22:26	+49:10	07:07
181	2231	Paulo Oliveira	spin&run esposende	Senior Masculino	02:22:34	+49:18	07:08
182	2577	Paulo Ribeiro	dive into the mountains	Veterano M40	02:22:40	+49:24	07:08
183	2294	Manuel Luís Miranda de Morais	ada rio neiva	Senior Masculino	02:22:44	+49:28	07:08
184	2423	Arselio Sousa Remelhe	individual	Veterano M40	02:22:54	+49:38	07:09
185	2476	Elisabete Maria Soutulho Coelho Alves	individual	Senior Feminino	02:23:00	+49:44	07:09
186	2340	Josep Bernat Perelló	individual	Senior Masculino	02:23:07	+49:52	07:09
187	2558	André Pereira	sidónios	Sub 23 Masculino	02:23:09	+49:54	07:09
188	2309	Paulo Filipe Fernandes Monteiro	vidaativarunners	Veterano M40	02:23:20	+50:04	07:10
189	2521	Manuel martins	alvelinhos running	Veterano M40	02:23:25	+50:09	07:10
190	2084	Marcia Castro Costa	juventude cortegacense	Veterana F40	02:23:29	+50:13	07:10
191	2194	Mário Miguel Lourenço Coelho	eu+2	Senior Masculino	02:24:02	+50:47	07:12
192	2600	Nuno Miguel Nunes Neves	100meta	Senior Masculino	02:24:03	+50:47	07:12
193	2287	William Santos	spin&run esposende	Senior Masculino	02:24:20	+51:04	07:13
194	2515	MIGUEL OLIVEIRA	vidaativarunners	Veterano M50	02:24:26	+51:10	07:13
195	2263	Vítor Fernandes	gaia-running	Veterano M40	02:24:38	+51:23	07:14
196	2351	Carlos miguel oliveira esteves	trail me	Senior Masculino	02:24:39	+51:23	07:14
197	2308	Steven Florence Vitorino Pereira	ada rio neiva	Senior Masculino	02:24:40	+51:24	07:14
198	2056	Rui Manuel Campinho Vilas Boas	associação desportiva de carvalhal	Veterano M40	02:24:45	+51:29	07:14
199	2321	Nelson freitas	afrikanrunners	Senior Masculino	02:24:46	+51:30	07:14
200	2454	Hugo Barroso	associação desportiva da efacec	Senior Masculino	02:25:08	+51:52	07:15
201	2264	Rui Pereira	gaia-running	Veterano M40	02:25:29	+52:13	07:16
202	2062	Joaquim Filipe da Cunha Mimoso Lima	individual	Veterano M40	02:25:44	+52:28	07:17
203	2594	Vítor hugo gonaçalves costa	individual	Senior Masculino	02:25:47	+52:31	07:17

TRAIL CURTO - STAGE 1

20 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
204	2444	Manuel António e Sá da Graça	palmeira runners	Veterano M40	02:25:51	+52:35	07:18
205	2079	Ariana Sofia Barroso de Araújo	minho aventura	Senior Feminino	02:25:51	+52:36	07:18
206	2637	Pedro Magalhães	sidónios	Senior Masculino	02:25:59	+52:43	07:18
207	2645	Bruno Lopes	sidónios	Senior Masculino	02:25:59	+52:43	07:18
208	2169	Nuno Nabeiro	melgaço alvarinho trail	Veterano M40	02:26:11	+52:55	07:19
209	2486	José Luis Machado Loureiro	autistic runners	Veterano M50	02:26:22	+53:06	07:19
210	2281	Rui Miguel da Costa Teixeira	team lantermil	Veterano M40	02:26:26	+53:10	07:19
211	2477	Ricardo Tomé Ribeiro Guimarães	individual	Senior Masculino	02:26:52	+53:37	07:21
212	2386	PAULO HENRIQUES	pes de chumbo	Veterano M40	02:26:54	+53:38	07:21
213	2185	Rafaela Alexandra Ramos Moreira	acbatalha	Senior Feminino	02:26:55	+53:40	07:21
214	2460	Bruno Miguel Pires Rodrigues	g. aventura	Senior Masculino	02:27:00	+53:44	07:21
215	2459	Joaquim Augusto Gomes Figueiredo	g. aventura	Senior Masculino	02:27:00	+53:44	07:21
216	2518	Pedro Pereira	individual	Veterano M40	02:27:06	+53:50	07:21
217	2016	Henrique Matos	centro ciclista de gondomar	Veterano M40	02:27:09	+53:53	07:21
218	2040	José Manuel Rodrigues Costa	palmeira runners	Veterano M40	02:27:10	+53:54	07:22
219	2039	Domingos Manuel Oliveira Peixoto	palmeira runners	Veterano M40	02:27:10	+53:54	07:22
220	2089	Rui Miguel Pereira de Sousa	palmeira runners	Senior Masculino	02:27:10	+53:54	07:22
221	2088	José Augusto Lopes Ferreira	palmeira runners	Veterano M40	02:27:10	+53:55	07:22
222	2348	Carla Maria Martins Amorim	run4life	Senior Feminino	02:27:33	+54:17	07:23
223	2165	Catarina Fagundes Amorim	gd castelense	Senior Feminino	02:27:40	+54:24	07:23
224	2209	Miguel Ângelo MENDANHA Faria	individual	Senior Masculino	02:27:40	+54:24	07:23
225	2175	Ivo Daniel Azevedo Sampaio	individual	Senior Masculino	02:27:50	+54:34	07:23
226	2538	José Manuel Teixeira Rocha	a.d.amarante trail running	Veterano M40	02:27:58	+54:42	07:24
227	2289	Filipe Reis Pinheiro	fridão sem limites	Veterano M40	02:27:58	+54:42	07:24
228	2186	Maria Conceição Queiroz Oliveira	gtt-armazém do caffè	Veterana F50	02:28:00	+54:45	07:24
229	2213	Patricia Fernandes	amigos	Veterana F40	02:28:06	+54:50	07:24
230	2608	João Carlos Silva Rebelo	nijori runners	Senior Masculino	02:28:06	+54:50	07:24
231	2549	Vitor Manuel Rodrigues Martins	maximusteam	Veterano M40	02:28:21	+55:05	07:25
232	2367	Pedro Marques	factor x / s4l / medense fc	Veterano M40	02:28:34	+55:18	07:26
233	2138	Diogo Resende	caracóis do monte	Senior Masculino	02:29:02	+55:46	07:27
234	2448	Vitor Almeida	all about	Veterano M50	02:29:13	+55:57	07:28
235	2106	Domingos Fernando Oliveira Camboa	juventude cortegacense	Veterano M50	02:29:14	+55:58	07:28
236	2391	António Manuel Resende Martins	individual	Senior Masculino	02:29:18	+56:02	07:28
237	2671	Lino Moreira	all about	Veterano M60	02:29:18	+56:02	07:28
238	2153	Ondina Maria Morim Salgado	gtt-armazém do caffè	Senior Feminino	02:29:23	+56:07	07:28
239	2273	António Manuel de Sousa Barros	correr leça	Veterano M40	02:29:24	+56:08	07:28
240	2611	Eulália Sofia Gomes Freitas Rangel	oada - os amigos da aventura	Senior Feminino	02:29:42	+56:27	07:29
241	2612	Luis Miguel Carvalhido Gonçalves	oada - os amigos da aventura	Veterano M40	02:29:43	+56:27	07:29

TRAIL CURTO - STAGE 1

20 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
242	2268	José Rodrigues	gaia-running	Veterano M50	02:29:52	+56:37	07:30
243	2392	Luís Vieira	kunalama runners	Senior Masculino	02:29:53	+56:37	07:30
244	2017	Sandra Matos	centro ciclista de gondomar	Veterana F40	02:30:02	+56:46	07:30
245	2215	Monia leonilde neiva martins ribeiro	ggt-armazém do caffè	Senior Feminino	02:30:06	+56:50	07:30
246	2695	NUNO DAVID LOPES ARAUJO	individual	Senior Masculino	02:30:06	+56:51	07:30
247	2455	Paulo José Farinha de Campos	g. aventura	Veterano M40	02:30:10	+56:54	07:30
248	2458	Joaquim Aníbal Lopes Montes	g. aventura	Senior Masculino	02:30:10	+56:54	07:30
249	2419	Luís Nuno Escortell Sendao	individual	Senior Masculino	02:30:22	+57:06	07:31
250	2591	Rui Dias Teixeira	individual	Veterano M40	02:30:26	+57:10	07:31
251	2270	Catarina Figueiredo	gaia-running	Senior Feminino	02:30:29	+57:13	07:31
252	2271	César Teixeira	gaia-running	Veterano M40	02:30:29	+57:13	07:31
253	2197	Miguel Seca	shots international runners	Senior Masculino	02:30:29	+57:13	07:31
254	2574	Fátima Oliveira	dive into the mountains	Senior Feminino	02:30:45	+57:29	07:32
255	2081	Rui Fernando Rosas de Oliveira	lusitanos	Senior Masculino	02:30:52	+57:36	07:33
256	2178	Fernando Carvalho	ss montepio	Veterano M50	02:30:59	+57:44	07:33
257	2282	Patricia Ribeiro	mountain runners	Senior Feminino	02:31:16	+58:00	07:34
258	2274	Cláudia Cunha	correr leça	Veterana F40	02:31:24	+58:08	07:34
259	2196	Pedro Lima	individual	Veterano M40	02:31:36	+58:20	07:35
260	2427	João Augusto da Silva Rodrigues	individual	Senior Masculino	02:31:42	+58:26	07:35
261	2648	José Rocha	vidaativarunners	Senior Masculino	02:32:07	+58:51	07:36
262	2256	Patrícia Lemos	gd castelense	Senior Feminino	02:32:18	+59:02	07:37
263	2362	Raul Ramos Fernandes Barreiros	individual	Senior Masculino	02:32:45	+59:29	07:38
264	2258	Eliana Novo Rodrigues Pereira	tw48/cam	Senior Feminino	02:32:58	+59:42	07:39
265	2492	Miguel Alexandre Alves Martin	individual	Veterano M50	02:33:01	+59:45	07:39
266	2700	Nuno Carvalho	individual	Senior Masculino	02:33:11	+59:56	07:40
267	2493	Bruno Pereira	individual	Senior Masculino	02:33:13	+59:57	07:40
268	2298	Miguel Teixeira	pm	Veterano M40	02:33:16	+01:00:00	07:40
269	2576	Nuno Santos	dive into the mountains	Veterano M40	02:33:22	+01:00:06	07:40
270	2283	Luis Miguel Moreira Mendes	individual	Veterano M40	02:33:38	+01:00:22	07:41
271	2495	Francisco Pereira da Costa	individual	Veterano M40	02:33:45	+01:00:29	07:41
272	2405	Hélder Mota	lusos xxi	Senior Masculino	02:33:51	+01:00:35	07:42
273	2685	Ana Sofia Gonçalves Coelho	o praticante	Veterana F40	02:33:55	+01:00:40	07:42
274	2697	Alexandre Viana	correr antas à noite	Senior Masculino	02:34:15	+01:00:59	07:43
275	2070	Paulo Hernani Almeida moreira	individual	Veterano M40	02:34:26	+01:01:10	07:43
276	2470	Joaquim Araújo	cerveira team running/clube celtas do minho	Veterano M40	02:34:34	+01:01:18	07:44
277	2087	Ana Catarina Ferreira António Leitão	individual	Senior Feminino	02:34:42	+01:01:26	07:44
278	2086	António Eduardo Carramão de Oliveira Leitão	individual	Senior Masculino	02:34:42	+01:01:26	07:44
279	2379	Marco Oliveira	portocargo	Veterano M40	02:34:56	+01:01:40	07:45
280	2684	Pedro Samarão	individual	Senior Masculino	02:34:57	+01:01:41	07:45

TRAIL CURTO - STAGE 1

20 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
281	2109	PEDRO JOAQUIM ARAUJO CARVALHO	arrastassolas	Veterano M40	02:35:11	+01:01:55	07:46
282	2272	Orlanda Rego	gaia-running	Veterana F40	02:35:15	+01:01:59	07:46
283	2441	João Vasco Gil da Silva Gomes Ferreira	clube pessoal edp - v. n. gaia	Veterano M40	02:35:20	+01:02:04	07:46
284	2254	MIGUEL ÂNGELO DA GRAÇA É CASTRO ROCHA	individual	Veterano M40	02:35:25	+01:02:09	07:46
285	2627	RICARDO CERQUEIRA	individual	Veterano M40	02:35:27	+01:02:11	07:46
286	2553	Luís Pedro	guimarunning moscada	Senior Masculino	02:35:36	+01:02:20	07:47
287	2181	Rui Freitas	ss montepio	Veterano M40	02:35:42	+01:02:26	07:47
288	2107	Mario Telmo Pereira dos Santos	arrastassolas	Senior Masculino	02:35:46	+01:02:30	07:47
289	2316	Pedro Jorge Silva Carreiras	individual	Senior Masculino	02:35:47	+01:02:31	07:47
290	2071	Pedro Miguel Carvalho da Silva	individual	Senior Masculino	02:36:03	+01:02:47	07:48
291	2557	Paulo Azevedo	sidónios	Veterano M40	02:36:03	+01:02:48	07:48
292	2277	Manuel Rodrigues	correr leça	Veterano M50	02:36:05	+01:02:50	07:48
293	2212	Wilson Fonseca	amigos	Veterano M40	02:36:07	+01:02:51	07:48
294	2418	Jorge Miguel Alvão Serra Leite da Cunha	nice runners	Veterano M40	02:36:12	+01:02:56	07:49
295	2295	Ricardo Miguel Gonçalves Santos Rocha	b.t.m.	Veterano M40	02:36:17	+01:03:01	07:49
296	2706	Susana Maria Neto Carrasquinho	ss box	Senior Feminino	02:36:19	+01:03:03	07:49
297	2323	Ricardo da Silva Ferreira	associação desportiva de carvalhal	Senior Masculino	02:36:32	+01:03:16	07:50
298	2118	RICARDO JOÃO RIBEIRO DE SOUSA	individual	Senior Masculino	02:36:44	+01:03:28	07:50
299	2707	José Pedro Novais de Carvalho Dias Teixeira	ss box	Veterano M40	02:36:45	+01:03:29	07:50
300	2651	Orlando Pedro Monteiro Rodrigues	maximos team	Senior Masculino	02:36:49	+01:03:33	07:50
301	2111	Ana Sofia Fontes	individual	Senior Feminino	02:36:50	+01:03:34	07:51
302	2548	DOMINGOS COSTA	addc run	Veterano M40	02:36:52	+01:03:36	07:51
303	2650	Antonio Martins	vidaativarunners	Senior Masculino	02:36:56	+01:03:40	07:51
304	2080	José Ricardo Fernandes Silva	individual	Veterano M40	02:37:04	+01:03:48	07:51
305	2285	Franco Sá Costa	fitteam	Veterano M40	02:37:08	+01:03:53	07:51
306	2201	José Fernando dos Santos Oliveira	individual	Veterano M40	02:37:26	+01:04:10	07:52
307	2358	Maria Fernanda Ferreira	correr leça	Veterana F40	02:37:27	+01:04:11	07:52
308	2498	José Leite	individual	Veterano M50	02:37:28	+01:04:12	07:52
309	2478	Ana Pinto	individual	Veterana F40	02:37:31	+01:04:15	07:53
310	2251	Ricardo Duarte	ceveira team running/clube celtas do minho	Senior Masculino	02:37:34	+01:04:18	07:53
311	2536	Nuno André Sampaio Moura	a.d.amarante trail running	Senior Masculino	02:37:37	+01:04:21	07:53
312	2252	António Luis Santos da Costa	braga runners	Veterano M60	02:37:50	+01:04:34	07:53
313	2102	André Filipe Pedrosa da Rocha	individual	Senior Masculino	02:37:52	+01:04:36	07:54
314	2163	Luis Fernando Carvalho Oliveira Martins	individual	Veterano M40	02:37:54	+01:04:38	07:54
315	2681	Paulo Costa	givec	Veterano M40	02:37:56	+01:04:40	07:54
316	2350	Fátima Vieira	somos nós team	Veterana F50	02:37:57	+01:04:41	07:54

Official Timekeeper: Lap2Go	8 / 16	generate 19-nov-2017 19:19
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TRAIL CURTO - STAGE 1

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
317	2157	João Ribeiro	individual	Veterano M40	02:37:59	+01:04:43	07:54
318	2156	Célia Maria Portela Sousa	individual	Veterana F40	02:37:59	+01:04:43	07:54
319	2429	Mário Álvaro Rúber de Meneses	porto runners	Veterano M50	02:37:59	+01:04:43	07:54
320	2090	Ricardo Romeu castro rodrigues	guimaraes trail	Veterano M40	02:38:24	+01:05:08	07:55
321	2129	Pedro Matos	gondomar futsal clube	Veterano M40	02:38:33	+01:05:17	07:56
322	2057	Mafalda Sofia Curralo Luís	individual	Senior Feminino	02:38:33	+01:05:17	07:56
323	2093	Ana Margarida Sousa Ferreira	individual	Senior Feminino	02:38:33	+01:05:17	07:56
324	2682	Jorge Azevedo	givec	Veterano M50	02:38:45	+01:05:29	07:56
325	2390	Ricardo Jorge Fernandes Alve	sports&cycling	Senior Masculino	02:38:46	+01:05:30	07:56
326	2127	Filipe Leitão	gondomar futsal clube	Senior Masculino	02:38:49	+01:05:34	07:56
327	2255	Flávio André Alves Sampaio	individual	Senior Masculino	02:38:56	+01:05:40	07:57
328	2613	Luís Filipe Vilas Boas Campos	wtg	Senior Masculino	02:38:58	+01:05:43	07:57
329	2192	Salome cerqueira	edv-viana trail	Veterana F40	02:39:07	+01:05:51	07:57
330	2415	Ricardo Filipe Sousa Moreira	atalanta runners	Senior Masculino	02:39:16	+01:06:00	07:58
331	2241	Ricardo Jorge Macedo Pereira Brandão	trail me	Veterano M40	02:39:35	+01:06:19	07:59
332	2226	César Rafael Macedo Pereira Brandão	trail me	Senior Masculino	02:39:35	+01:06:19	07:59
333	2550	Ernesto Braga Martins de Macedo	runners flylondon team	Veterano M40	02:39:39	+01:06:23	07:59
334	2332	Micael Cunha	gaia trail	Senior Masculino	02:39:42	+01:06:27	07:59
335	2364	Claudia Moutinho	factor x / s4l / medense fc	Sub 23 Feminino	02:39:42	+01:06:27	07:59
336	2134	Bruno Miguel Oliveira Neves	individual	Senior Masculino	02:39:43	+01:06:27	07:59
337	2693	JOSE LUIS COSTA MOREIRA	loja staff	Veterano M50	02:39:46	+01:06:30	07:59
338	2033	Pedro Miguel Barros Rodrigues	happyrun	Veterano M40	02:40:32	+01:07:16	08:02
339	2280	Ricardo Gonçalves	correr leça	Veterano M40	02:40:47	+01:07:31	08:02
340	2381	Ricardo Pereira	portocargo	Senior Masculino	02:40:48	+01:07:32	08:02
341	2598	Pedro Sendao	individual	Veterano M40	02:41:07	+01:07:51	08:03
342	2380	Renato Oliveira	portocargo	Veterano M40	02:41:14	+01:07:58	08:04
343	2581	Humberto Pinho	porto sentido runners	Veterano M50	02:41:16	+01:08:00	08:04
344	2604	Sandra Maria Dias Leite	individual	Senior Feminino	02:41:18	+01:08:02	08:04
345	2605	Abilio Fernando Machado Pereira	individual	Veterano M40	02:41:18	+01:08:02	08:04
346	2409	Ivo Bruno de Oliveira Lopes	place foz prime	Senior Masculino	02:41:22	+01:08:06	08:04
347	2299	Paulo Silva	pm	Senior Masculino	02:41:36	+01:08:20	08:05
348	2060	Tiago André Maia Dias	team lantemil	Senior Masculino	02:41:37	+01:08:21	08:05
349	2073	Hugo Emanuel Silva Rocha	nortrail	Senior Masculino	02:41:41	+01:08:25	08:05
350	2327	Andre alexandre costa vasconcelos	#eramosamigosparacorrer#	Senior Masculino	02:41:42	+01:08:26	08:05
351	2184	PAULO ALEXANDRE CARNEIRO	dive into the mountains	Veterano M40	02:42:08	+01:08:52	08:06
352	2401	João Vítor Faria Couto	spin&run esposende	Senior Masculino	02:42:09	+01:08:53	08:06
353	2563	Victor Martins	barcelos runners	Senior Masculino	02:42:09	+01:08:53	08:06
354	2220	Rui Manuel Costa Santos	duasdeletra	Veterano M40	02:42:14	+01:08:58	08:07
355	2117	David Cardoso Teixeira	c+ runners	Senior Masculino	02:42:40	+01:09:24	08:08
356	2583	Vasco Luxo	porto sentido runners	Veterano M40	02:42:40	+01:09:25	08:08

TRAIL CURTO - STAGE 1

20 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
357	2045	Vitor Hugo Bouça Nova Alves	amigos para correr	Senior Masculino	02:42:45	+01:09:29	08:08
358	2410	Antonio Camilo Sousa Leite	lousada hotwheels runners	Senior Masculino	02:42:59	+01:09:43	08:09
359	2012	Hugo Miguel de Sousa Machado	individual	Senior Masculino	02:42:59	+01:09:43	08:09
360	2026	Antonio Soares	global trail	Veterano M40	02:43:04	+01:09:48	08:09
361	2540	Marco Paulo Nunes	a.d.amarante trail running	Senior Masculino	02:43:11	+01:09:56	08:10
362	2461	Pedro Miguel Cerqueira Teles de Oliveira	individual	Senior Masculino	02:43:18	+01:10:02	08:10
363	2505	Elisabete Repas	gaia-running	Veterana F50	02:43:25	+01:10:09	08:10
364	2041	Paulo Jorge Romão de Campos	atalanta runners	Veterano M40	02:43:27	+01:10:11	08:10
365	2524	Bruno Andrade	prova de fogo	Senior Masculino	02:43:32	+01:10:16	08:11
366	2128	Paulo Henriques	gondomar futsal clube	Veterano M40	02:43:37	+01:10:21	08:11
367	2205	Miguel Baptista	bravos da montanha	Senior Masculino	02:43:38	+01:10:22	08:11
368	2120	ALBERTO RAFAEL MARTINS SILVA	amigos para correr	Senior Masculino	02:43:40	+01:10:24	08:11
369	2100	Paulo Castelo	juventude cortegacense	Veterano M50	02:44:04	+01:10:48	08:12
370	2047	Vítor Manuel Almeida Correia	individual	Senior Masculino	02:44:06	+01:10:50	08:12
371	2425	Alice Sousa	dr. merino/4moove	Veterana F40	02:44:25	+01:11:09	08:13
372	2626	Pedro Miguel Barbosa Magalhaes	b.t.m.	Senior Masculino	02:44:32	+01:11:16	08:14
373	2101	Ana Patrícia	b.t.m.	Senior Feminino	02:44:32	+01:11:16	08:14
374	2172	Marco Paulo Marques Dias	quenianos	Veterano M40	02:44:44	+01:11:28	08:14
375	2584	Miguel Pereira	porto sentido runners	Veterano M40	02:44:47	+01:11:31	08:14
376	2636	Nuno Miguel Cunha Freitas Tino Carvalho	individual	Veterano M40	02:45:08	+01:11:52	08:15
377	2365	Paulo Freitas	factor x / s4l / medense fc	Veterano M40	02:45:17	+01:12:02	08:16
378	2342	Ricardo Manuel Silva Vieira	vidaativarunners	Senior Masculino	02:45:22	+01:12:06	08:16
379	2245	Francisco Tinoco	a d esmeriz running	Senior Masculino	02:45:29	+01:12:13	08:16
380	2121	Susana Santos	a d esmeriz running	Senior Feminino	02:45:29	+01:12:13	08:16
381	2485	Carlos Ferreira	autistic runners	Veterano M40	02:45:39	+01:12:23	08:17
382	2570	Carla Antunes	dive into the mountains	Veterana F40	02:45:41	+01:12:25	08:17
383	2239	Luis Filipe Miranda vaz	gtt-armazém do caffè	Senior Masculino	02:45:41	+01:12:25	08:17
384	2597	HUGO JOSÉ SOUSA COELHO	lion runners - g. d. leões da guarda	Senior Masculino	02:45:45	+01:12:29	08:17
385	2249	Américo José Coutinho Machado	individual	Veterano M50	02:45:52	+01:12:37	08:18
386	2250	Manuel António Coutinho Machado	individual	Veterano M50	02:45:52	+01:12:37	08:18
387	2393	André Xavier Figueiredo da Silva	b.t.m.	Senior Masculino	02:46:07	+01:12:52	08:18
388	2609	Henrique Graciano Varela Gonçalves	oada - os amigos da aventura	Senior Masculino	02:46:11	+01:12:55	08:19
389	2463	Ana Maria Carvalho Matos	arca barcelos runners	Veterana F40	02:46:15	+01:12:59	08:19
390	2261	António Gonçalves	arca barcelos runners	Veterano M40	02:46:15	+01:12:59	08:19
391	2462	Vitor Manuel Pereira da Silva	arca barcelos runners	Senior Masculino	02:46:16	+01:13:00	08:19
392	2433	Cidalia Rodrigues	arca barcelos runners	Veterana F40	02:46:16	+01:13:00	08:19
393	2573	Emanuel Costa	dive into the mountains	Senior Masculino	02:46:17	+01:13:01	08:19
394	2606	Daniel Almeida da Silva	barcelos team portugal	Senior Masculino	02:46:19	+01:13:03	08:19

TRAIL CURTO - STAGE 1

20 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
395	2665	Joel Almeida Silva	asas nos pés	Senior Masculino	02:46:19	+01:13:03	08:19
396	2286	Rui Manuel Alves Figueiras	associação desportiva carvalhal	Veterano M40	02:46:33	+01:13:17	08:20
397	2686	Isabel Maria da Cruz Barra	opraticante	Veterana F40	02:46:38	+01:13:22	08:20
398	2466	Vitor Perfeito Pereira de Sousa	individual	Veterano M40	02:47:10	+01:13:55	08:22
399	2010	Ricardo Antonio da Silva Sousa	fit gaia trail	Veterano M40	02:47:13	+01:13:57	08:22
400	2672	Victor Cunha	barcelos runners	Veterano M50	02:47:23	+01:14:07	08:22
401	2575	Hernani Pinto	dive into the mountains	Senior Masculino	02:47:45	+01:14:29	08:23
402	2579	Raquel Oliveira	dive into the mountains	Senior Feminino	02:47:45	+01:14:29	08:23
403	2673	João Faustino	barcelos runners	Veterano M60	02:47:50	+01:14:34	08:23
404	2659	Paulinho Carvalho	fama runners	Senior Masculino	02:48:14	+01:14:58	08:25
405	2652	Daniel Vieira	fama runners	Senior Masculino	02:48:15	+01:14:59	08:25
406	2640	José Rodrigues	sidónios	Veterano M50	02:48:20	+01:15:04	08:25
407	2291	Bruno Pereira	individual	Senior Masculino	02:48:29	+01:15:13	08:25
408	2341	Tiago Frutuoso	individual	Veterano M40	02:48:29	+01:15:13	08:25
409	2259	Maria Emilia Brás	spin&run esposende	Veterana F60	02:48:57	+01:15:42	08:27
410	2508	Mário Jorge Monte Soares	imperadores	Senior Masculino	02:49:38	+01:16:22	08:29
411	2547	JOAQUIM LOBO	addc run	Veterano M40	02:50:09	+01:16:54	08:30
412	2315	Mariana Duarte de Magalhães	gd	Senior Feminino	02:50:10	+01:16:54	08:31
413	2177	Nuno Bastos	ss montepio	Veterano M40	02:50:19	+01:17:04	08:31
414	2180	Rui Carvalho	ss montepio	Senior Masculino	02:50:19	+01:17:04	08:31
415	2222	Natália Maria da Silva Lima	individual	Senior Feminino	02:50:31	+01:17:15	08:32
416	2328	Mario rui vaz gomes vilaca	#eramosamigosparacorrer#	Senior Masculino	02:50:36	+01:17:20	08:32
417	2329	Bruno ricardo costa vasconcelos	#eramosamigosparacorrer#	Senior Masculino	02:50:36	+01:17:20	08:32
418	2488	António Vilas Boas Rosa	alvelinhos running	Veterano M50	02:51:08	+01:17:52	08:33
419	2687	José Carvalho	individual	Veterano M40	02:51:08	+01:17:52	08:33
420	2674	Joao Carlos Andresen Stüve Figueirinhas	homem do leme	Veterano M50	02:51:28	+01:18:13	08:34
421	2443	Deolinda Brites Antunes	palmeira runners	Veterana F40	02:52:02	+01:18:46	08:36
422	2303	Mónica Ferreira	spin&run esposende	Veterana F40	02:52:03	+01:18:47	08:36
423	2232	Maria Conceição Campos	spin&run esposende	Veterana F50	02:52:08	+01:18:53	08:36
424	2592	Viriato Barreira Quintino	individual	Veterano M40	02:52:09	+01:18:53	08:36
425	2676	Daniel Dias Gonçalves	individual	Veterano M40	02:52:09	+01:18:53	08:36
426	2356	Francisco Bartolomeu	team lanthemil	Veterano M40	02:52:14	+01:18:58	08:37
427	2193	Nuno Miguel Ferreira Pacheco	alive runners	Veterano M40	02:52:15	+01:18:59	08:37
428	2705	Carla Marina Vilas Boas	individual	Veterana F40	02:52:21	+01:19:05	08:37
429	2349	José Teixeira	somos nós team	Veterano M50	02:52:23	+01:19:08	08:37
430	2506	Carla Marques Silva	individual	Veterana F40	02:52:25	+01:19:09	08:37
431	2699	João Carlos Torres Arantes Maia	individual	Senior Masculino	02:53:04	+01:19:48	08:39
432	2560	Nuno Miguel Pereira da Silva	b.t.m.	Senior Masculino	02:53:04	+01:19:48	08:39
433	2151	Pedro Roseta	nop	Veterano M40	02:53:36	+01:20:20	08:41
434	2668	Carlos marques	individual	Senior Masculino	02:53:53	+01:20:38	08:42
435	2546	PEDRO FALCÃO	addc run	Veterano M40	02:54:06	+01:20:50	08:42
436	2066	Eduarda Fernanda da Costa Pinto	brabus runners	Senior Feminino	02:54:07	+01:20:51	08:42

TRAIL CURTO - STAGE 1

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
437	2698	Vitor Manuel Pereira da Cunha Coutinho	brabus runners	Veterano M50	02:54:07	+01:20:51	08:42
438	2489	Inês Pires	beat your limit!	Senior Feminino	02:54:10	+01:20:54	08:43
439	2593	Pedro Pereira	guimarunning moscada	Senior Masculino	02:54:24	+01:21:08	08:43
440	2481	Paulo André Pereira Martins	moka trail team	Senior Masculino	02:54:31	+01:21:15	08:44
441	2635	Helio neves ferreira	grupo 46	Senior Masculino	02:54:50	+01:21:34	08:45
442	2571	Cátia Silva	dive into the mountains	Senior Feminino	02:54:58	+01:21:42	08:45
443	2691	Vasco Oliveira	individual	Senior Masculino	02:55:14	+01:21:58	08:46
444	2130	Pedro Rodrigues	gondomar futsal clube	Senior Masculino	02:55:14	+01:21:58	08:46
445	2513	JOAQUIM PIMENTA	vidaativarunners	Veterano M40	02:55:15	+01:21:59	08:46
446	2621	António Teixeira Castro	marão trail	Senior Masculino	02:55:51	+01:22:36	08:48
447	2307	Liseta Fernanda de Sousa Pinto	individual	Veterana F40	02:56:09	+01:22:53	08:48
448	2465	Pedro Bruno Ferreira Aguiar,	individual	Senior Masculino	02:56:16	+01:23:00	08:49
449	2446	Diogo Sousa	caracóis do monte	Senior Masculino	02:56:18	+01:23:02	08:49
450	2131	Luisa Guimaraes do Lago e Costa Rodrigues	c.r.candoso	Veterana F40	02:56:24	+01:23:08	08:49
451	2701	Vitor Manuel da Silva Pereira	individual	Senior Masculino	02:56:36	+01:23:20	08:50
452	2616	Teresa Sofia Almeida Alves	individual	Senior Feminino	02:56:36	+01:23:21	08:50
453	2509	Luís Augusto Paulo Pinheiro	prova de fogo	Senior Masculino	02:56:56	+01:23:40	08:51
454	2692	Jorge Barbosa	individual	Senior Masculino	02:57:02	+01:23:46	08:51
455	2083	Anabela dos Santos Marques	juventude cortegacense	Veterana F40	02:57:12	+01:23:56	08:52
456	2453	Hélder Oliveira	associação desportiva da efacec	Senior Masculino	02:57:13	+01:23:57	08:52
457	2162	José Vitor campos costa	individual	Senior Masculino	02:57:21	+01:24:06	08:52
458	2202	Maria de la salete fonseca oliveira	individual	Senior Feminino	02:57:37	+01:24:22	08:53
459	2150	Marco Zeferino da Silva Barbosa	nop	Veterano M40	02:57:50	+01:24:34	08:53
460	2296	Ricardo Manuel Rocha Oliveira	sal running	Senior Masculino	02:57:50	+01:24:34	08:54
461	2297	Helder Bruno Alves Amorim	sal running	Senior Masculino	02:57:50	+01:24:34	08:54
462	2092	Augusto Santos Silva	juventude cortegacense	Veterano M50	02:58:00	+01:24:44	08:54
463	2568	Maria Sá	dive into the mountains	Veterana F40	02:58:11	+01:24:55	08:55
464	2580	Joana Moraes	dive into the mountains	Veterana F40	02:58:11	+01:24:55	08:55
465	2414	JOANA CORREIA	vidaativarunners	Senior Feminino	02:58:21	+01:25:05	08:55
466	2417	Helder Filipe Ribeiro Vilas Boas	vidaativarunners	Senior Masculino	02:58:21	+01:25:05	08:55
467	2512	ARTUR MORAIS	vidaativarunners	Senior Masculino	02:58:21	+01:25:06	08:55
468	2646	Susana Silva	vidaativarunners	Veterana F40	02:58:21	+01:25:06	08:55
469	2288	Pedro Alexandre Gomes Sá Silva Pereira	grupo 46	Veterano M40	02:58:46	+01:25:30	08:56
470	2275	José Teixeira	correr leça	Senior Masculino	02:59:00	+01:25:45	08:57
471	2426	Rui Francisco de Neiva Moura Bastos	individual	Senior Masculino	02:59:01	+01:25:45	08:57
472	2125	João Gil	individual	Veterano M60	02:59:03	+01:25:47	08:57
473	2065	Rui Pedro Nogueira Tuna Rabiço	individual	Senior Masculino	02:59:52	+01:26:37	09:00
474	2534	Ricardo Gil Silva Magalhães	a.d.amarante trail running	Senior Masculino	02:59:52	+01:26:37	09:00
475	2535	Luís Carlos Pinto MEndes	a.d.amarante trail running	Senior Masculino	02:59:55	+01:26:39	09:00

TRAIL CURTO - STAGE 1

20 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
476	2440	Ana Virgínia da Silva Gonçalves Pereira Lírio	ada trail running team amarante	Senior Feminino	02:59:59	+01:26:44	09:00
477	2525	Sara Capilupi	individual	Veterana F40	03:00:07	+01:26:51	09:00
478	2242	Paulo Ferreira	grupo 46	Veterano M40	03:00:15	+01:26:59	09:01
479	2532	Joel Jacinto Costa Silva	a.d.amarante trail running	Sub 23 Masculino	03:00:18	+01:27:02	09:01
480	2683	Alice Fonseca	givec	Senior Feminino	03:00:31	+01:27:16	09:02
481	2623	Maria Fernanda Gonçalves Rocha Azevedo	barcelos runners	Veterana F50	03:00:46	+01:27:30	09:02
482	2561	João Gonçalves	barcelos runners	Veterano M40	03:00:46	+01:27:31	09:02
483	2044	Ivo Filipe Matos da Silva	individual	Senior Masculino	03:00:50	+01:27:34	09:02
484	2123	Fernando José dos Santos Sousa	individual	Senior Masculino	03:00:50	+01:27:34	09:02
485	2424	Rui Manuel Ribeiro Correia	dragon runners	Senior Masculino	03:00:50	+01:27:34	09:02
486	2099	João Filipe Jardim Correia Simões	individual	Senior Masculino	03:00:50	+01:27:34	09:03
487	2388	Carlos da Costa Correia Monteiro	pes de chumbo	Veterano M50	03:00:52	+01:27:36	09:03
488	2523	LURDES CARDOSO	ada trail running team amarante	Veterana F50	03:01:12	+01:27:57	09:04
489	2519	Anabela Lopes da Silva	individual	Senior Feminino	03:01:13	+01:27:57	09:04
490	2191	Aida Linhares	gtt-armazém do caffè	Veterana F40	03:01:13	+01:27:57	09:04
491	2035	ANA PAULA LIMA ALVES	xl&s trail	Senior Feminino	03:01:13	+01:27:57	09:04
492	2522	Ricardo Cibrão	alvelinhos running	Veterano M40	03:01:59	+01:28:43	09:06
493	2502	João António Ferreira Vilas Boas	alvelinhos running	Veterano M40	03:01:59	+01:28:43	09:06
494	2223	Nuno jorge barbosa cunha	cnp- centro de treino	Veterano M40	03:02:07	+01:28:51	09:06
495	2122	Pedro Daniel Martins Moreira	amigos para correr	Sub 23 Masculino	03:02:10	+01:28:55	09:07
496	2469	Sandra Araujo	cerveira team running/clube celtas do minho	Senior Feminino	03:02:13	+01:28:57	09:07
497	2582	Sandra Mascarenhas	porto sentido runners	Veterana F40	03:02:16	+01:29:00	09:07
498	2586	Elizabete Loureiro	porto sentido runners	Veterana F40	03:02:16	+01:29:00	09:07
499	2587	Carlos Martins	porto sentido runners	Veterano M50	03:02:16	+01:29:00	09:07
500	2098	Daniel de Castro Machado	os fugitivos da crise	Senior Masculino	03:02:17	+01:29:01	09:07
501	2097	Diana Andrea Massa Pintado Carneiro	os fugitivos da crise	Veterana F40	03:02:17	+01:29:01	09:07
502	2517	Alexandra Marques Azevedo	clínica médica da foz	Senior Feminino	03:02:21	+01:29:05	09:07
503	2043	Jose Alberto Martins Ribeiro	individual	Veterano M40	03:02:53	+01:29:37	09:09
504	2240	António Sousa Longras	individual	Veterano M50	03:03:07	+01:29:51	09:09
505	2664	Cristina Gonçalves	lion runners - g. d. leões da guarda	Veterana F40	03:03:20	+01:30:04	09:10
506	2147	Daniela Martins	los manos	Senior Feminino	03:03:20	+01:30:04	09:10
507	2663	Miguel Fonseca	lion runners - g. d. leões da guarda	Veterano M40	03:03:21	+01:30:05	09:10
508	2394	Bruno Silva	individual	Senior Masculino	03:03:33	+01:30:17	09:11
509	2198	Luís Filipe Castro Costa Campos Guimarães	individual	Senior Masculino	03:04:23	+01:31:07	09:13
510	2660	Manuel Veloso	fama runners	Veterano M40	03:04:35	+01:31:19	09:14
511	2262	Paulo António Ribeiro de Sousa	individual	Veterano M40	03:06:42	+01:33:26	09:20
512	2188	Celeste Dias	quenianos	Veterana F40	03:06:51	+01:33:35	09:21
513	2182	Anabela da Silva Machado	quenianos	Veterana F40	03:06:51	+01:33:35	09:21
514	2183	Paulo Daniel Correia Viana	quenianos	Veterano M40	03:06:52	+01:33:36	09:21

TRAIL CURTO - STAGE 1

20 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
515	2344	Rui manuel lobo machado pinto da costa	individual	Veterano M50	03:07:07	+01:33:52	09:21
516	2031	Sergio Torre	individual	Senior Masculino	03:07:18	+01:34:03	09:22
517	2032	Eduarda Barros	individual	Senior Feminino	03:07:20	+01:34:05	09:22
518	2617	Alberto Quintiães	edv-viana trail	Veterano M40	03:07:25	+01:34:10	09:22
519	2368	Nuno Santos	factor x / s4l / medense fc	Veterano M40	03:07:40	+01:34:24	09:23
520	2053	Maria Rosa Lima Pereira	xl&s trail	Veterana F40	03:08:13	+01:34:58	09:25
521	2091	Ana Rita da Costa Araújo	keepmoving	Senior Feminino	03:08:24	+01:35:08	09:25
522	2145	Ricardo Jose Rodrigues Alves Dias	individual	Senior Masculino	03:08:24	+01:35:09	09:25
523	2610	Alexandre Manuel Lima Areias	oada - os amigos da aventura	Senior Masculino	03:08:30	+01:35:14	09:26
524	2471	Rita Pinto Basto	kikas team	Senior Feminino	03:08:59	+01:35:43	09:27
525	2200	Feliciano Ferreira	individual	Veterano M40	03:08:59	+01:35:43	09:27
526	2545	RUI SILVA	addc run	Veterano M40	03:09:00	+01:35:44	09:27
527	2511	CARLOS VALE	vidaativarunners	Veterano M40	03:09:16	+01:36:00	09:28
528	2133	Sonia bras	individual	Senior Feminino	03:10:14	+01:36:58	09:31
529	2412	Teotónio da Silva Boucinha	individual	Veterano M40	03:10:26	+01:37:10	09:31
530	2216	Paula Carneiro	a voar	Senior Feminino	03:10:28	+01:37:12	09:31
531	2311	Paula Cristina Sá Peixoto	braguinhas runners	Veterana F50	03:10:30	+01:37:14	09:31
532	2310	José Manuel Sequeira Ferreira	braguinhas runners	Veterano M50	03:10:30	+01:37:14	09:32
533	2253	Helder José Pinto Neves	conquista.dores	Senior Masculino	03:11:57	+01:38:41	09:36
534	2620	Susana Matos	edv-viana trail	Veterana F40	03:12:10	+01:38:54	09:36
535	2472	Silvia Maria Ribeiro Faria	budeguita runners	Senior Feminino	03:14:14	+01:40:58	09:43
536	2658	Natália Santos	fama runners	Senior Feminino	03:14:43	+01:41:27	09:44
537	2661	João Pinheiro	fama runners	Senior Masculino	03:14:43	+01:41:27	09:44
538	2657	Ana Paula Simões	fama runners	Veterana F50	03:14:43	+01:41:27	09:44
539	2132	António Carlos Rodrigues Pinheiro	dr. merino/4moove	Senior Masculino	03:14:46	+01:41:31	09:44
540	2228	Sónia Manuela Venancio Ribeiro Gilvaz	gdr juventude das ribeiras	Veterana F40	03:15:06	+01:41:50	09:45
541	2229	Eva Cristina Freitas Ribeiro	gdr juventude das ribeiras	Veterana F40	03:15:06	+01:41:50	09:45
542	2230	Rosa da Conceição Borges Pinto Almeida	gdr juventude das ribeiras	Senior Feminino	03:15:06	+01:41:50	09:45
543	2420	Alberto Simão Rocha	lusitanos	Senior Masculino	03:15:29	+01:42:13	09:46
544	2166	Luis Silva	lusitanos	Veterano M40	03:15:29	+01:42:13	09:46
545	2643	Miguel Lobão	sidónios	Senior Masculino	03:15:40	+01:42:24	09:47
546	2497	Naiara Back	individual	Senior Feminino	03:16:01	+01:42:45	09:48
547	2566	Carla Sofia Pereira Carvalho Araújo Santos	bardinos trail running	Veterana F40	03:16:14	+01:42:58	09:49
548	2528	Andrea Renata Fonte Lima Pereira	bardinos trail running	Senior Feminino	03:16:14	+01:42:59	09:49
549	2059	Patrícia Lage	super lesmas	Senior Feminino	03:16:15	+01:42:59	09:49
550	2203	Maria José Figueiredo	cerveira team running/clube celtas do minho	Veterana F40	03:17:24	+01:44:08	09:52
551	2136	Bruno Ricardo Martins Machado	nails maria	Senior Masculino	03:17:30	+01:44:14	09:52
552	2135	Maria José da Cruz Martins	nails maria	Senior Feminino	03:17:30	+01:44:14	09:53
553	2064	Marta Freitas de Caldas	don't need prep team	Senior Feminino	03:17:33	+01:44:17	09:53
554	2063	José Gil Pereira Rodrigues	don't need prep team	Senior Masculino	03:17:33	+01:44:17	09:53

TRAIL CURTO - STAGE 1

20 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
555	2159	Patrícia Alexandra Moreira da Silva Palma	edv-viana trail	Senior Feminino	03:17:47	+01:44:31	09:53
556	2363	Pedro Torres Ferreira	factor x / s4l / medense fc	Senior Masculino	03:18:58	+01:45:42	09:57
557	2068	Nelson Filipe Ferreira Pinto	team lanthemil	Senior Masculino	03:19:20	+01:46:05	09:58
558	2306	Jony	individual	Senior Masculino	03:20:33	+01:47:17	10:02
559	2551	Joaquim Santos	nast	Veterano M40	03:21:00	+01:47:44	10:03
560	2473	Sílvia Marta Soares do Rêgo	nast	Senior Feminino	03:21:00	+01:47:44	10:03
561	2301	Filomena Lascasas Rocha	m&e runners	Veterana F40	03:21:21	+01:48:05	10:04
562	2300	Eurico Fernando Portela Mendes	m&e runners	Veterano M40	03:21:21	+01:48:05	10:04
563	2233	Sofia Duarte dos Reis	individual	Senior Feminino	03:21:37	+01:48:21	10:05
564	2037	José Carlos correia almeida	individual	Veterano M50	03:21:38	+01:48:22	10:05
565	2464	Pedro Rui Silva Alves Ferreira	bardinos dos montes	Senior Masculino	03:21:39	+01:48:23	10:05
566	2439	Diogo André Monteiro da Silva	individual	Sub 23 Masculino	03:21:39	+01:48:23	10:05
567	2158	Paula Susana Araujo Pereira	alvelinhos running	Veterana F40	03:21:45	+01:48:29	10:05
568	2146	Carla alexandra araujo pereira	edv-viana trail	Senior Feminino	03:21:45	+01:48:29	10:05
569	2337	Carmen Moreira	amigos do pedal trailagares	Veterana F40	03:21:51	+01:48:36	10:06
570	2679	Raquel Cristina Macedo Maia	individual	Senior Feminino	03:22:02	+01:48:46	10:06
571	2058	Filipe José Pereira Martinho	super lesmas	Veterano M40	03:24:05	+01:50:49	10:12
572	2061	Catia Monteiro	super lesmas	Senior Feminino	03:24:05	+01:50:49	10:12
573	2562	Graça Martins	barcelos runners	Veterana F40	03:25:51	+01:52:35	10:18
574	2237	Ana Germano	individual	Veterana F40	03:26:57	+01:53:41	10:21
575	2227	Ana Martins	team lanthemil	Veterana F40	03:27:40	+01:54:25	10:23
576	2224	Paulo Miguel Areal de Sousa	team shark	Veterano M40	03:27:40	+01:54:25	10:23
577	2284	Paulo Jorge Ferreira Ribeiro	invicta runners team	Veterano M40	03:29:37	+01:56:22	10:29
578	2335	Cátia Sofia Rodrigues Oliveira	amigos do pedal trailagares	Senior Feminino	03:30:05	+01:56:49	10:30
579	2336	Susana Marisa da Cunha Melo Leal	amigos do pedal trailagares	Senior Feminino	03:30:05	+01:56:49	10:30
580	2199	Fernanda Esteves	cerveira team running/clube celtas do minho	Veterana F60	03:30:29	+01:57:13	10:31
581	2590	Elizia Gonçalves	cerveira team running/clube celtas do minho	Veterana F40	03:30:29	+01:57:13	10:31
582	2333	Ana Rita Nogueira Coelho	amigos do pedal trailagares	Senior Feminino	03:30:42	+01:57:26	10:32
583	2334	Telma Filipa Teixeira Rocha	amigos do pedal trailagares	Senior Feminino	03:30:42	+01:57:26	10:32
584	2632	Alexandra Madureira	bardinos dos montes	Veterana F40	03:31:28	+01:58:12	10:34
585	2248	Pedro Gonçalves	individual	Veterano M40	03:32:37	+01:59:21	10:38
586	2189	Silvia Catarina da Cunha Pereira	individual	Senior Feminino	03:37:37	+02:04:21	10:53
587	2211	Dianelys Caballero	amigos	Senior Feminino	03:37:46	+02:04:30	10:53
588	2214	Leonilde Macedo	amigos	Veterana F40	03:37:46	+02:04:30	10:53
589	2103	Maria da Luz Neves Olivença	comdor runners	Veterana F50	03:38:38	+02:05:22	10:56
590	2119	Rui Miguel Oliveira	comdor runners	Veterano M40	03:38:38	+02:05:23	10:56
591	2007	Artur Fonseca	ruptura total	Veterano M40	03:38:48	+02:05:32	10:56
592	2369	Natália Santos	factor x / s4l / medense fc	Veterana F40	03:39:18	+02:06:02	10:58
593	2366	Ligia Freitas	factor x / s4l / medense fc	Veterana F40	03:39:18	+02:06:02	10:58
594	2567	José Manuel Domingues Morais Neves	place foz prime	Veterano M50	03:41:04	+02:07:48	11:03
595	2385	Paulo Martins	b'life outdoor team	Veterano M40	03:41:06	+02:07:50	11:03

TRAIL CURTO - STAGE 1

20 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
596	2572	Diana Moura	dive into the mountains	Veterana F40	03:44:04	+02:10:48	11:12
597	2347	Alvaro Norberto Silva	individual	Veterano M50	03:46:29	+02:13:13	11:19
598	2346	Ana Rita da Silva Pereira Duarte	individual	Veterana F40	03:46:29	+02:13:13	11:19
599	2614	António Álvaro Coelho Esteves	util - informática & electrónica	Senior Masculino	03:46:38	+02:13:22	11:20
600	2139	Yessica Magalhaes	caracóis do monte	Senior Feminino	03:46:42	+02:13:26	11:20
601	2143	Joana Carolina Teixeira Da Silva	metralhas runners	Senior Feminino	03:47:28	+02:14:12	11:22
602	2195	Elsa Sofia Lopes Agra da Silva	individual	Senior Feminino	03:47:39	+02:14:23	11:23
603	2565	Ana Isabel Caio dos Santos	bardinos dos montes	Veterana F40	03:48:11	+02:14:55	11:25
604	2152	Luís Filipe Gordicho Ribeiro	individual	Veterano M40	03:50:04	+02:16:48	11:30
605	2110	Manuel Silva	arrastassolas	Veterano M40	03:50:04	+02:16:48	11:30
606	2108	Helena Maria Santos Cunha	arrastassolas	Veterana F40	03:50:05	+02:16:49	11:30
607	2036	Rosa de Fátima Conceição Bispo da Silva	em força - corremos com a esclerose múltipla	Veterana F60	03:50:30	+02:17:14	11:31
608	2389	ROSA MARIA AFONSO	gondarãfrente	Veterana F40	03:52:09	+02:18:54	11:36
609	2029	José Augusto Teixeira Pires de Lima	em força - corremos com a esclerose múltipla	Veterano M60	03:52:13	+02:18:57	11:37
610	2595	Cristiano Manuel De Barros Miranda	3d	Senior Masculino	03:54:48	+02:21:32	11:44
611	2049	Pedro Alves	nice runners	Veterano M40	03:56:34	+02:23:18	11:50
612	2689	Hugo Barbosa	individual	Senior Masculino	03:57:20	+02:24:04	11:52
613	2618	Cidália Ribeiro	edv-viana trail	Veterana F40	04:01:43	+02:28:28	12:05

Trail Curto

20 KM

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OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	10:00	9,6°C	41%
End	14:01	9.6°C	41%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	2484	Paula Sofia Coutinho Soares	Autistic Runners	Senior Feminino	01:52:12	+18:56	05:37
2	2002	Maria Areias	Individual	Senior Feminino	01:59:06	+25:50	05:57
3	2004	Maria Gonçalves	ORALKLASS – AMIGOS DO TRAIL	Senior Feminino	02:04:48	+31:32	06:14
4	2320	Ines	Individual	Senior Feminino	02:05:18	+32:02	06:16
5	2537	Ângela Macedo Soares	A.D.Amarante trail running	Senior Feminino	02:12:04	+38:48	06:36
6	2702	Brigida Pinto	ORALKLASS – AMIGOS DO TRAIL	Senior Feminino	02:15:14	+41:58	06:46
7	2006	Nádia Casteleiro	ORALKLASS – AMIGOS DO TRAIL	Senior Feminino	02:15:18	+42:02	06:46
8	2382	Tania Bateira	PORTOCARGO	Senior Feminino	02:16:44	+43:28	06:50
9	2170	Andreia ribeiro almeida	Fridão Sem Limites	Senior Feminino	02:17:19	+44:03	06:52
10	2541	Ana Isabel Pereira Ferreira	A.D.Amarante trail running	Senior Feminino	02:18:14	+44:58	06:55
11	2607	Isabel Almeida	CORRER LEÇA	Senior Feminino	02:20:27	+47:11	07:01
12	2234	Luísa Catarina Costa Azevedo	TEAM LANTEMIL	Senior Feminino	02:21:30	+48:14	07:05
13	2656	Ana Cardoso	FAMA RUNNERS	Senior Feminino	02:21:55	+48:39	07:06
14	2476	Elisabete Maria Soutulho Coelho Alves	Individual	Senior Feminino	02:23:00	+49:44	07:09
15	2079	Ariana Sofia Barroso de Araújo	MINHO AVENTURA	Senior Feminino	02:25:51	+52:36	07:18
16	2185	Rafaela Alexandra Ramos Moreira	ACBATALHA	Senior Feminino	02:26:55	+53:40	07:21
17	2348	Carla Maria Martins Amorim	Run4Life	Senior Feminino	02:27:33	+54:17	07:23
18	2165	Catarina Fagundes Amorim	GD Castelense	Senior Feminino	02:27:40	+54:24	07:23
19	2153	Ondina Maria Morim Salgado	GTT-Armazém do Caffè	Senior Feminino	02:29:23	+56:07	07:28
20	2611	Eulália Sofia Gomes Freitas Rangel	OADA - Os Amigos da Aventura	Senior Feminino	02:29:42	+56:27	07:29
21	2215	Monia leonilde neiva martins ribeiro	GTT-Armazém do Caffè	Senior Feminino	02:30:06	+56:50	07:30
22	2270	Catarina Figueiredo	GAIA-RUNNING	Senior Feminino	02:30:29	+57:13	07:31
23	2574	Fátima Oliveira	DiVe Into The Mountains	Senior Feminino	02:30:45	+57:29	07:32
24	2282	Patricia Ribeiro	Mountain Runners	Senior Feminino	02:31:16	+58:00	07:34
25	2256	Patrícia Lemos	GD CASTELENSE	Senior Feminino	02:32:18	+59:02	07:37
26	2258	Eliana Novo Rodrigues Pereira	TW48/CAM	Senior Feminino	02:32:58	+59:42	07:39
27	2087	Ana Catarina Ferreira António Leitão	Individual	Senior Feminino	02:34:42	+01:01:26	07:44
28	2706	Susana Maria Neto Carrasquinho	SS Box	Senior Feminino	02:36:19	+01:03:03	07:49
29	2111	Ana Sofia Fontes	Individual	Senior Feminino	02:36:50	+01:03:34	07:51
30	2057	Mafalda Sofia Curralo Luís	Individual	Senior Feminino	02:38:33	+01:05:17	07:56
31	2093	Ana Margarida Sousa Ferreira	Individual	Senior Feminino	02:38:33	+01:05:17	07:56
32	2604	Sandra Maria Dias Leite	Individual	Senior Feminino	02:41:18	+01:08:02	08:04
33	2101	Ana Patrícia	B.T.M.	Senior Feminino	02:44:32	+01:11:16	08:14
34	2121	Susana Santos	A D ESMERIZ RUNNING	Senior Feminino	02:45:29	+01:12:13	08:16
35	2579	Raquel Oliveira	DiVe Into The Mountains	Senior Feminino	02:47:45	+01:14:29	08:23
36	2315	Mariana Duarte de Magalhães	GD	Senior Feminino	02:50:10	+01:16:54	08:31
37	2222	Natália Maria da Silva Lima	Individual	Senior Feminino	02:50:31	+01:17:15	08:32

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Trail Curto

20 KM

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38	2066	Eduarda Fernanda da Costa Pinto	Brabus Runners	Senior Feminino	02:54:07	+01:20:51	08:42
39	2489	Inês Pires	Beat Your Limit!	Senior Feminino	02:54:10	+01:20:54	08:43
40	2571	Cátia Silva	DiVE Into The Mountains	Senior Feminino	02:54:58	+01:21:42	08:45
41	2616	Teresa Sofia Almeida Alves	Individual	Senior Feminino	02:56:36	+01:23:21	08:50
42	2202	Maria de la salete fonseca oliveira	Individual	Senior Feminino	02:57:37	+01:24:22	08:53
43	2414	JOANA CORREIA	VIDAATIVARUNNERS	Senior Feminino	02:58:21	+01:25:05	08:55
44	2440	Ana Virgínia da Silva Gonçalves Pereira Lírio	ADA TRAIL RUNNING TEAM AMARANTE	Senior Feminino	02:59:59	+01:26:44	09:00
45	2683	Alice Fonseca	Givec	Senior Feminino	03:00:31	+01:27:16	09:02
46	2519	Anabela Lopes da Silva	Individual	Senior Feminino	03:01:13	+01:27:57	09:04
47	2035	ANA PAULA LIMA ALVES	XL&S TRAIL	Senior Feminino	03:01:13	+01:27:57	09:04
48	2469	Sandra Araujo	Cerveira Team Running/Clube Celtas do Minho	Senior Feminino	03:02:13	+01:28:57	09:07
49	2517	Alexandra Marques Azevedo	Clínica Médica da Foz	Senior Feminino	03:02:21	+01:29:05	09:07
50	2147	Daniela Martins	Los Manos	Senior Feminino	03:03:20	+01:30:04	09:10
51	2032	Eduarda Barros	Individual	Senior Feminino	03:07:20	+01:34:05	09:22
52	2091	Ana Rita da Costa Araújo	keepmoving	Senior Feminino	03:08:24	+01:35:08	09:25
53	2471	Rita Pinto Basto	Kikas team	Senior Feminino	03:08:59	+01:35:43	09:27
54	2133	Sonia bras	Individual	Senior Feminino	03:10:14	+01:36:58	09:31
55	2216	Paula Carneiro	A voar	Senior Feminino	03:10:28	+01:37:12	09:31
56	2472	Silvia Maria Ribeiro Faria	BUDEGUITA RUNNERS	Senior Feminino	03:14:14	+01:40:58	09:43
57	2658	Natália Santos	FAMA RUNNERS	Senior Feminino	03:14:43	+01:41:27	09:44
58	2230	Rosa da Conceição Borges Pinto Almeida	GDR Juventude das Ribeiras	Senior Feminino	03:15:06	+01:41:50	09:45
59	2497	Naiara Back	Individual	Senior Feminino	03:16:01	+01:42:45	09:48
60	2528	Andrea Renata Fonte Lima Pereira	Bardinos Trail Running	Senior Feminino	03:16:14	+01:42:59	09:49
61	2059	Patrícia Lage	Super Lesmas	Senior Feminino	03:16:15	+01:42:59	09:49
62	2135	Maria José da Cruz Martins	Nails Maria	Senior Feminino	03:17:30	+01:44:14	09:53
63	2064	Marta Freitas de Caldas	Don't need prep TEAM	Senior Feminino	03:17:33	+01:44:17	09:53
64	2159	Patrícia Alexandra Moreira da Silva Palma	EDV-VIANA TRAIL	Senior Feminino	03:17:47	+01:44:31	09:53
65	2473	Silvia Marta Soares do Rêgo	NAST	Senior Feminino	03:21:00	+01:47:44	10:03
66	2233	Sofia Duarte dos Reis	Individual	Senior Feminino	03:21:37	+01:48:21	10:05
67	2146	Carla alexandra araujo pereira	EDV-VIANA TRAIL	Senior Feminino	03:21:45	+01:48:29	10:05
68	2679	Raquel Cristina Macedo Maia	Individual	Senior Feminino	03:22:02	+01:48:46	10:06
69	2061	Catia Monteiro	Super Lesmas	Senior Feminino	03:24:05	+01:50:49	10:12
70	2335	Cátia Sofia Rodrigues Oliveira	AMIGOS DO PEDAL TRAILAGARES	Senior Feminino	03:30:05	+01:56:49	10:30
71	2336	Susana Marisa da Cunha Melo Leal	AMIGOS DO PEDAL TRAILAGARES	Senior Feminino	03:30:05	+01:56:49	10:30
72	2333	Ana Rita Nogueira Coelho	AMIGOS DO PEDAL TRAILAGARES	Senior Feminino	03:30:42	+01:57:26	10:32
73	2334	Telma Filipa Teixeira Rocha	AMIGOS DO PEDAL TRAILAGARES	Senior Feminino	03:30:42	+01:57:26	10:32
74	2189	Silvia Catarina da Cunha Pereira	Individual	Senior Feminino	03:37:37	+02:04:21	10:53
75	2211	Dianelys Caballero	Amigos	Senior Feminino	03:37:46	+02:04:30	10:53
76	2139	Yessica Magalhaes	Caracóis do monte	Senior Feminino	03:46:42	+02:13:26	11:20
77	2143	Joana Carolina Teixeira Da Silva	Metralhas Runners	Senior Feminino	03:47:28	+02:14:12	11:22
78	2195	Elsa Sofia Lopes Agra da Silva	Individual	Senior Feminino	03:47:39	+02:14:23	11:23

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Trail Curto

20 KM

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Senior Masculino

1	2449	Fernando Lemos	Gaia Trail	Senior Masculino	01:33:15	04:40
2	2447	Paulo Oliveira	ORALKLASS – AMIGOS DO TRAIL	Senior Masculino	01:34:43	+01:27 04:44
3	2688	Diogo Fernandes	Dr. Merino/4moove	Senior Masculino	01:35:20	+02:04 04:46
4	2696	Cristiano José Moreira dos Santos	Yogurtneste trail running team	Senior Masculino	01:35:32	+02:16 04:47
5	2539	Paulo Manuel Monteiro da Costa	A.D.Amarante trail running	Senior Masculino	01:38:18	+05:02 04:55
6	2318	Álvaro Gabriel Vasconcelos da Silva	Fridão Sem Limites	Senior Masculino	01:38:27	+05:11 04:55
7	2302	Hugo Silva	Spin&Run Esposende	Senior Masculino	01:43:10	+09:54 05:09
8	2624	Joao ferreira	airórun	Senior Masculino	01:43:54	+10:38 05:12
9	2384	Ivo Peko	Gaia Trail	Senior Masculino	01:44:35	+11:19 05:14
10	2260	Rui Manuel Mendes Azevedo	Fridão Sem Limites	Senior Masculino	01:46:42	+13:26 05:20
11	2452	Ivo Silva	Associação Desportiva da Efacec	Senior Masculino	01:48:20	+15:05 05:25
12	2371	João Pedro Leal	WHITE RUNNING TEAM	Senior Masculino	01:48:21	+15:05 05:25
13	2531	Carlos Queiros	A.D.Amarante trail running	Senior Masculino	01:48:34	+15:19 05:26
14	2235	Bernardino José das Neves Alves Moreira Pinto	Dr. Merino/4moove	Senior Masculino	01:49:22	+16:07 05:28
15	2247	Carlos Miguel Oliveira Coelho	TRAIL ME	Senior Masculino	01:51:02	+17:46 05:33
16	2225	Nuno Miguel Oliveira Pereira	ADA Rio Neiva	Senior Masculino	01:51:20	+18:04 05:34
17	2438	Adão Paulo Teixeira Monteiro	Fridão Sem Limites	Senior Masculino	01:52:12	+18:56 05:37
18	2694	Carlos Nuno Araújo Martins	airórun	Senior Masculino	01:52:53	+19:37 05:39
19	2027	Tiago Gonçalves Portela	Alexandra Carvalho Team	Senior Masculino	01:53:58	+20:42 05:42
20	2171	Ricardo Miguel Magalhães Nunes	Fridão Sem Limites	Senior Masculino	01:56:04	+22:48 05:48
21	2526	Marcelo Ramos Martins	Padela Natural Team-Fisiofreixo	Senior Masculino	01:56:30	+23:15 05:50
22	2359	Paulo Madeira	Gaia Trail	Senior Masculino	01:57:33	+24:17 05:53
23	2314	Nuno Ricardo Carvalho Silva	The Newbies	Senior Masculino	01:58:36	+25:20 05:56
24	2187	Nuno Ferreira	TRAIL ME	Senior Masculino	01:58:46	+25:31 05:56
25	2703	Filipe Carneiro	ORALKLASS – AMIGOS DO TRAIL	Senior Masculino	01:59:06	+25:51 05:57
26	2501	Rafael Fernandes de Abreu	ADA Rio Neiva	Senior Masculino	01:59:47	+26:31 05:59
27	2076	João Carlos Ferreira da Silva	ADE Trail Running	Senior Masculino	02:00:27	+27:11 06:01
28	2154	Pedro Filipe Torres Nunes	Individual	Senior Masculino	02:01:06	+27:50 06:03
29	2480	Filipe Ricardo Pinto Ferreira	Os Lobos do Saibro	Senior Masculino	02:02:29	+29:13 06:07
30	2413	Joaquim Manuel Soares Miranda	VIDAATIVARUNNERS	Senior Masculino	02:03:46	+30:30 06:11
31	2514	JOSÉ LOPES	VIDAATIVARUNNERS	Senior Masculino	02:03:46	+30:30 06:11
32	2074	Nelson	Lusitanos	Senior Masculino	02:04:13	+30:57 06:13
33	2554	Diogo Leiras	Sidónios	Senior Masculino	02:04:57	+31:41 06:15
34	2257	Bruno Eusébio da Rocha Pereira	Adeca Associação desportiva de Castelões	Senior Masculino	02:05:10	+31:54 06:16
35	2629	André Pereira Dias	Eu é mais bolos	Senior Masculino	02:05:29	+32:14 06:16
36	2218	Óscar Miguel Ribeiro Costa	Associação desportiva de carvalho	Senior Masculino	02:06:14	+32:58 06:19
37	2085	Abel Silva	Juventude Cortegacense	Senior Masculino	02:06:22	+33:06 06:19
38	2244	Ricardo Filipe Figueiredo Ferreira	GTT-Armazém do Caffè	Senior Masculino	02:07:02	+33:46 06:21
39	2500	Tiago Correia	Carlos Jorge Marques Ribeiro	Senior Masculino	02:07:03	+33:47 06:21
40	2204	Sérgio Jesus Costa	LUSOS XXI	Senior Masculino	02:07:49	+34:33 06:23

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Trail Curto

20 KM

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41	2246	Eric Alexandre Couto Carvalho	Ermida Team	Senior Masculino	02:08:03	+34:47	06:24
42	2331	João Paulo Antunes da Cruz	Minho e Lima Trail	Senior Masculino	02:08:15	+34:59	06:25
43	2690	Artur Linhares	Individual	Senior Masculino	02:08:41	+35:25	06:26
44	2435	Fernando Fernandes Pinheiro	Individual	Senior Masculino	02:08:57	+35:41	06:27
45	2630	Sérgio Luis Rodrigues Martins	B.T.M.	Senior Masculino	02:09:09	+35:53	06:27
46	2221	Marco André de Sousa Pinto	Individual	Senior Masculino	02:09:26	+36:10	06:28
47	2564	João Carlos Soutelo Couto	BARCELOS RUNNERS	Senior Masculino	02:10:08	+36:52	06:30
48	2397	Nuno Miguel Lima Gonçalves	Individual	Senior Masculino	02:10:33	+37:18	06:32
49	2054	João Ricardo da Cunha Santos	vimarunners	Senior Masculino	02:10:49	+37:33	06:32
50	2357	Fábio Alexandre Barros Durães	Individual	Senior Masculino	02:11:04	+37:48	06:33
51	2313	Hugo Tiago Silva Faria	The Newbies	Senior Masculino	02:11:16	+38:00	06:34
52	2161	Carlos Miguel Tomé Fernandes	Individual	Senior Masculino	02:11:53	+38:37	06:36
53	2355	Orlando Xavier Gomes Amorim	Associação desportiva de carvalhal	Senior Masculino	02:11:57	+38:41	06:36
54	2383	Daniel Ramalhao	PORTOCARGO	Senior Masculino	02:12:56	+39:40	06:39
55	2615	Mario Oliveira	Shots International Runners	Senior Masculino	02:12:58	+39:42	06:39
56	2431	Tiago João Cerqueira Teles	Individual	Senior Masculino	02:14:01	+40:45	06:42
57	2144	João Renato M P Pereira	GTT-Armazém do Caffè	Senior Masculino	02:14:27	+41:12	06:43
58	2516	Jorge Miguel leite de oliveira	Individual	Senior Masculino	02:15:17	+42:01	06:46
59	2003	Nuno Alves	ORALKLASS – AMIGOS DO TRAIL	Senior Masculino	02:15:18	+42:03	06:46
60	2141	Vitor Manuel Diniz Maio	Individual	Senior Masculino	02:16:16	+43:00	06:49
61	2343	Luis Carlos Sá Laranjeira	Laranjeira runners	Senior Masculino	02:16:25	+43:09	06:49
62	2024	Pedro Miguel Pereira Martins	Individual	Senior Masculino	02:16:31	+43:15	06:50
63	2338	João Fernando Sá Laranjeira	Laranjeira runners	Senior Masculino	02:17:21	+44:05	06:52
64	2529	José Filipe Dinis Barros	A.D.Amarante trail running	Senior Masculino	02:18:13	+44:58	06:55
65	2494	Pedro Nogueira	Marco Runners	Senior Masculino	02:18:52	+45:36	06:57
66	2667	José Manuel Padrão Ferreira	Individual	Senior Masculino	02:19:44	+46:29	06:59
67	2009	ARTUR FILIPE DE MATOS PEREIRA	Shots International Runners	Senior Masculino	02:19:53	+46:37	07:00
68	2025	Hélder Renato Lima Martins	Amigos para correr	Senior Masculino	02:19:59	+46:43	07:00
69	2602	Rui Brito	G. Aventura	Senior Masculino	02:20:37	+47:21	07:02
70	2265	Nuno Almeida	GAIA-RUNNING	Senior Masculino	02:21:19	+48:03	07:04
71	2491	Sérgio Silva	FUGITIVOS URBANOS - CLÍNICA + SAÚDE	Senior Masculino	02:22:19	+49:03	07:07
72	2377	Carlos Miguel Santos Linhares	Associação desportiva de carvalhal	Senior Masculino	02:22:23	+49:07	07:07
73	2628	IVÓNIO MARTINS	TMP	Senior Masculino	02:22:26	+49:10	07:07
74	2231	Paulo Oliveira	Spin&Run Esposende	Senior Masculino	02:22:34	+49:18	07:08
75	2294	Manuel Luís Miranda de Moraes	ADA Rio Neiva	Senior Masculino	02:22:44	+49:28	07:08
76	2340	Josep Bernat Perelló	Individual	Senior Masculino	02:23:07	+49:52	07:09
77	2194	Mário Miguel Lourenço Coelho	Eu+2	Senior Masculino	02:24:02	+50:47	07:12
78	2600	Nuno Miguel Nunes Neves	100meta	Senior Masculino	02:24:03	+50:47	07:12
79	2287	William Santos	Spin&Run Esposende	Senior Masculino	02:24:20	+51:04	07:13
80	2351	Carlos miguel oliveira esteves	TRAIL ME	Senior Masculino	02:24:39	+51:23	07:14
81	2308	Steven Florence Vitorino Pereira	ADA Rio Neiva	Senior Masculino	02:24:40	+51:24	07:14
82	2321	Nelson freitas	AfrikanRunners	Senior Masculino	02:24:46	+51:30	07:14
83	2454	Hugo Barroso	Associação Desportiva da Efacec	Senior Masculino	02:25:08	+51:52	07:15
84	2594	Vitor hugo gonaçalves costa	Individual	Senior Masculino	02:25:47	+52:31	07:17
85	2637	Pedro Magalhães	Sidónios	Senior Masculino	02:25:59	+52:43	07:18

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Trail Curto

20 KM

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86	2645	Bruno Lopes	Sidónios	Senior Masculino	02:25:59	+52:43	07:18
87	2477	Ricardo Tomé Ribeiro Guimarães	Individual	Senior Masculino	02:26:52	+53:37	07:21
88	2460	Bruno Miguel Pires Rodrigues	G. Aventura	Senior Masculino	02:27:00	+53:44	07:21
89	2459	Joaquim Augusto Gomes Figueiredo	G. Aventura	Senior Masculino	02:27:00	+53:44	07:21
90	2089	Rui Miguel Pereira de Sousa	Palmeira Runners	Senior Masculino	02:27:10	+53:54	07:22
91	2209	Miguel Ângelo Mendanha Faria	Individual	Senior Masculino	02:27:40	+54:24	07:23
92	2175	Ivo Daniel Azevedo Sampaio	Individual	Senior Masculino	02:27:50	+54:34	07:23
93	2608	João Carlos Silva Rebelo	NIJORI RUNNERS	Senior Masculino	02:28:06	+54:50	07:24
94	2138	Diogo Resende	Caracóis do monte	Senior Masculino	02:29:02	+55:46	07:27
95	2391	António Manuel Resende Martins	Individual	Senior Masculino	02:29:18	+56:02	07:28
96	2392	Luís Vieira	Kunalama runners	Senior Masculino	02:29:53	+56:37	07:30
97	2695	NUNO DAVID LOPES ARAUJO	Individual	Senior Masculino	02:30:06	+56:51	07:30
98	2458	Joaquim Aníbal Lopes Montes	G. Aventura	Senior Masculino	02:30:10	+56:54	07:30
99	2419	Luís Nuno Escortell Sendao	Individual	Senior Masculino	02:30:22	+57:06	07:31
100	2197	Miguel Seca	Shots International Runners	Senior Masculino	02:30:29	+57:13	07:31
101	2081	Rui Fernando Rosas de Oliveira	Lusitanos	Senior Masculino	02:30:52	+57:36	07:33
102	2427	João Augusto da Silva Rodrigues	Individual	Senior Masculino	02:31:42	+58:26	07:35
103	2648	José Rocha	VIDAATIVARUNNERS	Senior Masculino	02:32:07	+58:51	07:36
104	2362	Raul Ramos Fernandes Barreiros	Individual	Senior Masculino	02:32:45	+59:29	07:38
105	2700	Nuno Carvalho	Individual	Senior Masculino	02:33:11	+59:56	07:40
106	2493	Bruno Pereira	Individual	Senior Masculino	02:33:13	+59:57	07:40
107	2405	Hélder Mota	LUSOS XXI	Senior Masculino	02:33:51	+01:00:35	07:42
108	2697	Alexandre Viana	Correr Antas à Noite	Senior Masculino	02:34:15	+01:00:59	07:43
109	2086	António Eduardo Carramão de Oliveira Leitão	Individual	Senior Masculino	02:34:42	+01:01:26	07:44
110	2684	Pedro Samarão	Individual	Senior Masculino	02:34:57	+01:01:41	07:45
111	2553	Luís Pedro	Guimarunning Moscada	Senior Masculino	02:35:36	+01:02:20	07:47
112	2107	Mario Telmo Pereira dos Santos	ARRASTASSOLAS	Senior Masculino	02:35:46	+01:02:30	07:47
113	2316	Pedro Jorge Silva Carreiras	Individual	Senior Masculino	02:35:47	+01:02:31	07:47
114	2071	Pedro Miguel Carvalho da Silva	Individual	Senior Masculino	02:36:03	+01:02:47	07:48
115	2323	Ricardo da Silva Ferreira	Associação desportiva de carvalho	Senior Masculino	02:36:32	+01:03:16	07:50
116	2118	RICARDO JOÃO RIBEIRO DE SOUSA	Individual	Senior Masculino	02:36:44	+01:03:28	07:50
117	2651	Orlando Pedro Monteiro Rodrigues	Maximos Team	Senior Masculino	02:36:49	+01:03:33	07:50
118	2650	Antonio Martins	VIDAATIVARUNNERS	Senior Masculino	02:36:56	+01:03:40	07:51
119	2251	Ricardo Duarte	Cerveira Team Running/Clube Celtas do Minho	Senior Masculino	02:37:34	+01:04:18	07:53
120	2536	Nuno André Sampaio Moura	A.D.Amarante trail running	Senior Masculino	02:37:37	+01:04:21	07:53
121	2102	André Filipe Pedrosa da Rocha	Individual	Senior Masculino	02:37:52	+01:04:36	07:54
122	2390	Ricardo Jorge Fernandes Alves	Sports&cycling	Senior Masculino	02:38:46	+01:05:30	07:56
123	2127	Filipe Leitão	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:38:49	+01:05:34	07:56
124	2255	Flávio André Alves Sampaio	Individual	Senior Masculino	02:38:56	+01:05:40	07:57
125	2613	Luís Filipe Vilas Boas Campos	WTG	Senior Masculino	02:38:58	+01:05:43	07:57
126	2415	Ricardo Filipe Sousa Moreira	Atalanta runners	Senior Masculino	02:39:16	+01:06:00	07:58
127	2226	César Rafael Macedo Pereira Brandão	TRAIL ME	Senior Masculino	02:39:35	+01:06:19	07:59
128	2332	Micael Cunha	Gaia Trail	Senior Masculino	02:39:42	+01:06:27	07:59
129	2134	Bruno Miguel Oliveira Neves	Individual	Senior Masculino	02:39:43	+01:06:27	07:59
130	2381	Ricardo Pereira	PORTOCARGO	Senior Masculino	02:40:48	+01:07:32	08:02

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Trail Curto

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131	2409	Ivo Bruno de Oliveira Lopes	PLACE FOZ PRIME	Senior Masculino	02:41:22	+01:08:06	08:04
132	2299	Paulo Silva	PM	Senior Masculino	02:41:36	+01:08:20	08:05
133	2060	Tiago André Maia Dias	TEAM LANTEMIL	Senior Masculino	02:41:37	+01:08:21	08:05
134	2073	Hugo Emanuel Silva Rocha	NorTrail	Senior Masculino	02:41:41	+01:08:25	08:05
135	2327	Andre alexandre costa vasconcelos	#eramosamigosparacorrer#	Senior Masculino	02:41:42	+01:08:26	08:05
136	2401	João Vítor Faria Couto	Spin&Run Esposende	Senior Masculino	02:42:09	+01:08:53	08:06
137	2563	Victor Martins	BARCELOS RUNNERS	Senior Masculino	02:42:09	+01:08:53	08:06
138	2117	David Cardoso Teixeira	C+ RUNNERS	Senior Masculino	02:42:40	+01:09:24	08:08
139	2045	Vitor Hugo Bouça Nova Alves	Amigos para correr	Senior Masculino	02:42:45	+01:09:29	08:08
140	2410	Antonio Camilo Sousa Leite	Lousada Hotwheels Runners	Senior Masculino	02:42:59	+01:09:43	08:09
141	2012	Hugo Miguel de Sousa Machado	Individual	Senior Masculino	02:42:59	+01:09:43	08:09
142	2540	Marco Paulo Nunes	A.D.Amarante trail running	Senior Masculino	02:43:11	+01:09:56	08:10
143	2461	Pedro Miguel Cerqueira Teles de Oliveira	Individual	Senior Masculino	02:43:18	+01:10:02	08:10
144	2524	Bruno Andrade	Prova de Fogo	Senior Masculino	02:43:32	+01:10:16	08:11
145	2205	Miguel Baptista	Bravos da montanha	Senior Masculino	02:43:38	+01:10:22	08:11
146	2120	ALBERTO RAFAEL MARTINS SILVA	Amigos para correr	Senior Masculino	02:43:40	+01:10:24	08:11
147	2047	Vítor Manuel Almeida Correia	Individual	Senior Masculino	02:44:06	+01:10:50	08:12
148	2626	Pedro Miguel Barbosa Magalhaes	B.T.M.	Senior Masculino	02:44:32	+01:11:16	08:14
149	2342	Ricardo Manuel Silva Vieira	VIDAATIVARUNNERS	Senior Masculino	02:45:22	+01:12:06	08:16
150	2245	Francisco Tinoco	A D ESMERIZ RUNNING	Senior Masculino	02:45:29	+01:12:13	08:16
151	2239	Luis Filipe Miranda vaz	GTT-Armazém do Caffè	Senior Masculino	02:45:41	+01:12:25	08:17
152	2597	HUGO JOSÉ SOUSA COELHO	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Masculino	02:45:45	+01:12:29	08:17
153	2393	André Xavier Figueiredo da Silva	B.T.M.	Senior Masculino	02:46:07	+01:12:52	08:18
154	2609	Henrique Graciano Varela Gonçalves	OADA - Os Amigos da Aventura	Senior Masculino	02:46:11	+01:12:55	08:19
155	2462	Vitor Manuel Pereira da Silva	ARCA BarceloS runners	Senior Masculino	02:46:16	+01:13:00	08:19
156	2573	Emanuel Costa	DiVE Into The Mountains	Senior Masculino	02:46:17	+01:13:01	08:19
157	2606	Daniel Almeida da Silva	Barcelos Team Portugal	Senior Masculino	02:46:19	+01:13:03	08:19
158	2665	Joel Almeida Silva	Asas nos Pés	Senior Masculino	02:46:19	+01:13:03	08:19
159	2575	Hernani Pinto	DiVE Into The Mountains	Senior Masculino	02:47:45	+01:14:29	08:23
160	2659	Paulinho Carvalho	FAMA RUNNERS	Senior Masculino	02:48:14	+01:14:58	08:25
161	2652	Daniel Vieira	FAMA RUNNERS	Senior Masculino	02:48:15	+01:14:59	08:25
162	2291	Bruno Pereira	Individual	Senior Masculino	02:48:29	+01:15:13	08:25
163	2508	Mário Jorge Monte Soares	Imperadores	Senior Masculino	02:49:38	+01:16:22	08:29
164	2180	Rui Carvalho	SS MONTEPIO	Senior Masculino	02:50:19	+01:17:04	08:31
165	2328	Mario rui vaz gomes vilaca	#eramosamigosparacorrer#	Senior Masculino	02:50:36	+01:17:20	08:32
166	2329	Bruno ricardo costa vasconcelos	#eramosamigosparacorrer#	Senior Masculino	02:50:36	+01:17:20	08:32
167	2699	João Carlos Torres Arantes Maia	Individual	Senior Masculino	02:53:04	+01:19:48	08:39
168	2560	Nuno Miguel Pereira da Silva	B.T.M.	Senior Masculino	02:53:04	+01:19:48	08:39
169	2668	Carlos marques	Individual	Senior Masculino	02:53:53	+01:20:38	08:42
170	2593	Pedro Pereira	Guimarunning Moscada	Senior Masculino	02:54:24	+01:21:08	08:43
171	2481	Paulo André Pereira Martins	Moka Trail Team	Senior Masculino	02:54:31	+01:21:15	08:44
172	2635	Helio neves ferreira	Grupo 46	Senior Masculino	02:54:50	+01:21:34	08:45
173	2691	Vasco Oliveira	Individual	Senior Masculino	02:55:14	+01:21:58	08:46
174	2130	Pedro Rodrigues	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:55:14	+01:21:58	08:46
175	2621	António Teixeira Castro	Marão Trail	Senior Masculino	02:55:51	+01:22:36	08:48

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Trail Curto

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176	2465	Pedro Bruno Ferreira Aguiar,	Individual	Senior Masculino	02:56:16	+01:23:00	08:49
177	2446	Diogo Sousa	Caracóis do monte	Senior Masculino	02:56:18	+01:23:02	08:49
178	2701	Vitor Manuel da Silva Pereira	Individual	Senior Masculino	02:56:36	+01:23:20	08:50
179	2509	Luís Augusto Paulo Pinheiro	Prova de Fogo	Senior Masculino	02:56:56	+01:23:40	08:51
180	2692	Jorge Barbosa	Individual	Senior Masculino	02:57:02	+01:23:46	08:51
181	2453	Hélder Oliveira	Associação Desportiva da Efaced	Senior Masculino	02:57:13	+01:23:57	08:52
182	2162	José Vitor campos costa	Individual	Senior Masculino	02:57:21	+01:24:06	08:52
183	2296	Ricardo Manuel Rocha Oliveira	Sal Running	Senior Masculino	02:57:50	+01:24:34	08:54
184	2297	Helder Bruno Alves Amorim	Sal Running	Senior Masculino	02:57:50	+01:24:34	08:54
185	2417	Helder Filipe Ribeiro Vilas Boas	VIDAATIVARUNNERS	Senior Masculino	02:58:21	+01:25:05	08:55
186	2512	ARTUR MORAIS	VIDAATIVARUNNERS	Senior Masculino	02:58:21	+01:25:06	08:55
187	2275	José Teixeira	CORRER LEÇA	Senior Masculino	02:59:00	+01:25:45	08:57
188	2426	Rui Francisco de Neiva Moura Bastos	Individual	Senior Masculino	02:59:01	+01:25:45	08:57
189	2065	Rui Pedro Nogueira Tuna Rabiço	Individual	Senior Masculino	02:59:52	+01:26:37	09:00
190	2534	Ricardo Gil Silva Magalhães	A.D.Amarante trail running	Senior Masculino	02:59:52	+01:26:37	09:00
191	2535	Luís Carlos Pinto MEndes	A.D.Amarante trail running	Senior Masculino	02:59:55	+01:26:39	09:00
192	2044	Ivo Filipe Matos da Silva	Individual	Senior Masculino	03:00:50	+01:27:34	09:02
193	2123	Fernando José dos Santos Sousa	Individual	Senior Masculino	03:00:50	+01:27:34	09:02
194	2424	Rui Manuel Ribeiro Correia	Dragon Runners	Senior Masculino	03:00:50	+01:27:34	09:02
195	2099	João Filipe Jardim Correia Simões	Individual	Senior Masculino	03:00:50	+01:27:34	09:03
196	2098	Daniel de Castro Machado	OS FUGITIVOS DA CRISE	Senior Masculino	03:02:17	+01:29:01	09:07
197	2394	Bruno Silva	Individual	Senior Masculino	03:03:33	+01:30:17	09:11
198	2198	Luís Filipe Castro Costa Campos Guimarães	Individual	Senior Masculino	03:04:23	+01:31:07	09:13
199	2031	Sergio Torre	Individual	Senior Masculino	03:07:18	+01:34:03	09:22
200	2145	Ricardo Jose Rodrigues Alves Dias	Individual	Senior Masculino	03:08:24	+01:35:09	09:25
201	2610	Alexandre Manuel Lima Areias	OADA - Os Amigos da Aventura	Senior Masculino	03:08:30	+01:35:14	09:26
202	2253	Helder José Pinto Neves	Conquista.dores	Senior Masculino	03:11:57	+01:38:41	09:36
203	2661	João Pinheiro	FAMA RUNNERS	Senior Masculino	03:14:43	+01:41:27	09:44
204	2132	António Carlos Rodrigues Pinheiro	Dr. Merino/4moove	Senior Masculino	03:14:46	+01:41:31	09:44
205	2420	Alberto Simão Rocha	Lusitanos	Senior Masculino	03:15:29	+01:42:13	09:46
206	2643	Miguel Lobão	Sidónios	Senior Masculino	03:15:40	+01:42:24	09:47
207	2136	Bruno Ricardo Martins Machado	Nails Maria	Senior Masculino	03:17:30	+01:44:14	09:52
208	2063	José Gil Pereira Rodrigues	Don't need prep TEAM	Senior Masculino	03:17:33	+01:44:17	09:53
209	2363	Pedro Torres Ferreira	FACTOR X / S4L / MEDENSE FC	Senior Masculino	03:18:58	+01:45:42	09:57
210	2068	Nelson Filipe Ferreira Pinto	TEAM LANTEMIL	Senior Masculino	03:19:20	+01:46:05	09:58
211	2306	Jony	Individual	Senior Masculino	03:20:33	+01:47:17	10:02
212	2464	Pedro Rui Silva Alves Ferreira	Bardinos dos Montes	Senior Masculino	03:21:39	+01:48:23	10:05
213	2614	António Álvaro Coelho Esteves	UTIL - Informática & Electrónica	Senior Masculino	03:46:38	+02:13:22	11:20
214	2595	Cristiano Manuel De Barros Miranda	3D	Senior Masculino	03:54:48	+02:21:32	11:44
215	2689	Hugo Barbosa	Individual	Senior Masculino	03:57:20	+02:24:04	11:52

Sub 23 Feminino

1	2364	Claudia Moutinho	FACTOR X / S4L / MEDENSE FC	Sub 23 Feminino	02:39:42	+01:06:27	07:59
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Trail Curto

20 KM

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Sub 23 Masculino

1	2631	João Patrício	Dr. Merino/4moove	Sub 23 Masculino	01:45:00	+11:44	05:15
2	2374	João Trigueiros	Gaia Trail	Sub 23 Masculino	01:51:47	+18:31	05:35
3	2023	João Barbosa	Global Trail	Sub 23 Masculino	02:03:41	+30:25	06:11
4	2558	André Pereira	Sidónios	Sub 23 Masculino	02:23:09	+49:54	07:09
5	2532	Joel Jacinto Costa Silva	A.D.Amarante trail running	Sub 23 Masculino	03:00:18	+01:27:02	09:01
6	2122	Pedro Daniel Martins Moreira	Amigos para correr	Sub 23 Masculino	03:02:10	+01:28:55	09:07
7	2439	Diogo André Monteiro da Silva	Individual	Sub 23 Masculino	03:21:39	+01:48:23	10:05

Veterana F40

1	2266	Lígia Mendes	GAIA-RUNNING	Veterana F40	02:06:53	+33:37	06:21
2	2474	Eva Jesus Costa Martins	Individual	Veterana F40	02:15:02	+41:47	06:45
3	2542	Rosa Barros	A.D.Amarante trail running	Veterana F40	02:15:49	+42:33	06:47
4	2112	Ana Maria Amaral	CENTRO CICLISTA DE GONDOMAR	Veterana F40	02:19:02	+45:46	06:57
5	2445	Isabel Cunha	Cerveira Team Running/Clube Celtas do Minho	Veterana F40	02:20:14	+46:58	07:01
6	2084	Marcia Castro Costa	Juventude Cortegacense	Veterana F40	02:23:29	+50:13	07:10
7	2213	Patricia Fernandes	Amigos	Veterana F40	02:28:06	+54:50	07:24
8	2017	Sandra Matos	CENTRO CICLISTA DE GONDOMAR	Veterana F40	02:30:02	+56:46	07:30
9	2274	Cláudia Cunha	CORRER LEÇA	Veterana F40	02:31:24	+58:08	07:34
10	2685	Ana Sofia Gonçalves Coelho	O Praticante	Veterana F40	02:33:55	+01:00:40	07:42
11	2272	Orlanda Rego	GAIA-RUNNING	Veterana F40	02:35:15	+01:01:59	07:46
12	2358	Maria Fernanda Ferreira	CORRER LEÇA	Veterana F40	02:37:27	+01:04:11	07:52
13	2478	Ana Pinto	Individual	Veterana F40	02:37:31	+01:04:15	07:53
14	2156	Célia Maria Portela Sousa	Individual	Veterana F40	02:37:59	+01:04:43	07:54
15	2192	Salome cerqueira	EDV-VIANA TRAIL	Veterana F40	02:39:07	+01:05:51	07:57
16	2425	Alice Sousa	Dr. Merino/4moove	Veterana F40	02:44:25	+01:11:09	08:13
17	2570	Carla Antunes	DiVe Into The Mountains	Veterana F40	02:45:41	+01:12:25	08:17
18	2463	Ana Maria Carvalho Matos	ARCA BarceloS runners	Veterana F40	02:46:15	+01:12:59	08:19
19	2433	Cidalia Rodrigues	ARCA BarceloS runners	Veterana F40	02:46:16	+01:13:00	08:19
20	2686	Isabel Maria da Cruz Barra	OPraticante	Veterana F40	02:46:38	+01:13:22	08:20
21	2443	Deolinda Brites Antunes	Palmeira Runners	Veterana F40	02:52:02	+01:18:46	08:36
22	2303	Mónica Ferreira	Spin&Run Esposende	Veterana F40	02:52:03	+01:18:47	08:36
23	2705	Carla Marina Vilas Boas	Individual	Veterana F40	02:52:21	+01:19:05	08:37
24	2506	Carla Marques Silva	Individual	Veterana F40	02:52:25	+01:19:09	08:37
25	2307	Liseta Fernanda de Sousa Pinto	Individual	Veterana F40	02:56:09	+01:22:53	08:48
26	2131	Luisa Guimaraes do Lago e Costa Rodrigues	C.R.Candoso	Veterana F40	02:56:24	+01:23:08	08:49
27	2083	Anabela dos Santos Marques	Juventude Cortegacense	Veterana F40	02:57:12	+01:23:56	08:52
28	2568	Maria Sá	DiVe Into The Mountains	Veterana F40	02:58:11	+01:24:55	08:55
29	2580	Joana Morais	DiVe Into The Mountains	Veterana F40	02:58:11	+01:24:55	08:55
30	2646	Susana Silva	VIDAATIVARUNNERS	Veterana F40	02:58:21	+01:25:06	08:55
31	2525	Sara Capilupi	Individual	Veterana F40	03:00:07	+01:26:51	09:00

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Trail Curto

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32	2191	Aida Linhares	GTT-Armazém do Caffè	Veterana F40	03:01:13	+01:27:57	09:04
33	2582	Sandra Mascarenhas	PORTO SENTIDO RUNNERS	Veterana F40	03:02:16	+01:29:00	09:07
34	2586	Elizabete Loureiro	PORTO SENTIDO RUNNERS	Veterana F40	03:02:16	+01:29:00	09:07
35	2097	Diana Andrea Massa Pintado Carneiro	OS FUGITIVOS DA CRISE	Veterana F40	03:02:17	+01:29:01	09:07
36	2664	Cristina Gonçalves	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterana F40	03:03:20	+01:30:04	09:10
37	2188	Celeste Dias	Quenianos	Veterana F40	03:06:51	+01:33:35	09:21
38	2182	Anabela da Silva Machado	QUENIANOS	Veterana F40	03:06:51	+01:33:35	09:21
39	2053	Maria Rosa Lima Pereira	XL&S TRAIL	Veterana F40	03:08:13	+01:34:58	09:25
40	2620	Susana Matos	EDV-VIANA TRAIL	Veterana F40	03:12:10	+01:38:54	09:36
41	2228	Sónia Manuela Venancio Ribeiro Gilvaz	GDR Juventude das Ribeiras	Veterana F40	03:15:06	+01:41:50	09:45
42	2229	Eva Cristina Freitas Ribeiro	GDR Juventude das Ribeiras	Veterana F40	03:15:06	+01:41:50	09:45
43	2566	Carla Sofia Pereira Carvalho Araújo Santos	Bardinos Trail Running	Veterana F40	03:16:14	+01:42:58	09:49
44	2203	Maria José Figueiredo	Cerveira Team Running/Clube Celtas do Minho	Veterana F40	03:17:24	+01:44:08	09:52
45	2301	Filomena Lascasas Rocha	M&E Runners	Veterana F40	03:21:21	+01:48:05	10:04
46	2158	Paula Susana Araujo Pereira	ALVELINHOS RUNNING	Veterana F40	03:21:45	+01:48:29	10:05
47	2337	Carmen Moreira	AMIGOS DO PEDAL TRAILAGARES	Veterana F40	03:21:51	+01:48:36	10:06
48	2562	Graça Martins	BARCELOS RUNNERS	Veterana F40	03:25:51	+01:52:35	10:18
49	2237	Ana Germano	Individual	Veterana F40	03:26:57	+01:53:41	10:21
50	2227	Ana Martins	TEAM LANTEMIL	Veterana F40	03:27:40	+01:54:25	10:23
51	2590	Elizia Gonçalves	Cerveira Team Running/Clube Celtas do Minho	Veterana F40	03:30:29	+01:57:13	10:31
52	2632	Alexandra Madureira	Bardinos dos Montes	Veterana F40	03:31:28	+01:58:12	10:34
53	2214	Leonilde Macedo	Amigos	Veterana F40	03:37:46	+02:04:30	10:53
54	2369	Natália Santos	FACTOR X / S4L / MEDENSE FC	Veterana F40	03:39:18	+02:06:02	10:58
55	2366	Ligia Freitas	FACTOR X / S4L / MEDENSE FC	Veterana F40	03:39:18	+02:06:02	10:58
56	2572	Diana Moura	DiVE Into The Mountains	Veterana F40	03:44:04	+02:10:48	11:12
57	2346	Ana Rita da Silva Pereira Duarte	Individual	Veterana F40	03:46:29	+02:13:13	11:19
58	2565	Ana Isabel Caio dos Santos	Bardinos dos Montes	Veterana F40	03:48:11	+02:14:55	11:25
59	2108	Helena Maria Santos Cunha	ARRASTASSOLAS	Veterana F40	03:50:05	+02:16:49	11:30
60	2389	ROSA MARIA AFONSO	Gondarãfrente	Veterana F40	03:52:09	+02:18:54	11:36
61	2618	Cidália Ribeiro	EDV-VIANA TRAIL	Veterana F40	04:01:43	+02:28:28	12:05

Veterana F50

1	2186	Maria Conceição Queiroz Oliveira	GTT-Armazém do Caffè	Veterana F50	02:28:00	+54:45	07:24
2	2350	Fátima Vieira	Somos Nós Team	Veterana F50	02:37:57	+01:04:41	07:54
3	2505	Elisabete Repas	GAIA-RUNNING	Veterana F50	02:43:25	+01:10:09	08:10
4	2232	Maria Conceição Campos	Spin&Run Esposende	Veterana F50	02:52:08	+01:18:53	08:36
5	2623	Maria Fernanda Gonçalves Rocha Azevedo	BARCELOS RUNNERS	Veterana F50	03:00:46	+01:27:30	09:02
6	2523	LURDES CARDOSO	ADA TRAIL RUNNING TEAM AMARANTE	Veterana F50	03:01:12	+01:27:57	09:04
7	2311	Paula Cristina Sá Peixoto	Braguinhas Runners	Veterana F50	03:10:30	+01:37:14	09:31
8	2657	Ana Paula Simões	FAMA RUNNERS	Veterana F50	03:14:43	+01:41:27	09:44

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Trail Curto

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9	2103	Maria da Luz Neves Oliveira	ComDor Runners	Veterana F50	03:38:38	+02:05:22	10:56
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Veterana F60

1	2259	Maria Emilia Brás	Spin&Run Esposende	Veterana F60	02:48:57	+01:15:42	08:27
2	2199	Fernanda Esteves	Cerveira Team Running/Clube Celtas do Minho	Veterana F60	03:30:29	+01:57:13	10:31
3	2036	Rosa de Fátima Conceição Bispo da Silva	Em Força - Corremos com a Esclerose Múltipla	Veterana F60	03:50:30	+02:17:14	11:31

Veterano M40

1	2625	Carlos veloso	airórun	Veterano M40	01:34:10	+00:55	04:43
2	2360	Dinis Gonçalves	Gaia Trail	Veterano M40	01:35:07	+01:51	04:45
3	2005	Pedro Santos	FUGITIVOS URBANOS - CLÍNICA + SAÚDE	Veterano M40	01:35:54	+02:38	04:48
4	2001	Bruno Silva	AFACYCLES sport	Veterano M40	01:39:24	+06:08	04:58
5	2530	Vitor Manuel Monteiro da Costa	A.D.Amarante trail running	Veterano M40	01:39:53	+06:37	05:00
6	2398	Luis Gil	Gaia Trail	Veterano M40	01:43:24	+10:08	05:10
7	2028	Fernando Figueiredo	CENTRO CICLISTA DE GONDOMAR	Veterano M40	01:44:49	+11:34	05:14
8	2164	Ciano Ribeiro	Associação desportiva de carvalhal	Veterano M40	01:48:58	+15:42	05:27
9	2149	Igor Bruno Palhares Moreira	Melgaço Alvarinho Trail	Veterano M40	01:50:56	+17:40	05:33
10	2174	Julio macedo fernandes	Associação desportiva de carvalhal	Veterano M40	01:52:31	+19:15	05:38
11	2599	Jose Rocha	Barcelos Team Portugal	Veterano M40	01:54:42	+21:26	05:44
12	2479	Fernando Oliveira	Individual	Veterano M40	01:55:35	+22:19	05:47
13	2075	Adriano	Lusitanos	Veterano M40	01:56:21	+23:05	05:49
14	2217	António Cardoso	Associação desportiva de carvalhal	Veterano M40	01:56:44	+23:28	05:50
15	2312	Paulo Teixeira Sousa	Fridão Sem Limites	Veterano M40	01:57:28	+24:13	05:52
16	2633	Daniel Raimundo Martins Cardoso	airórun	Veterano M40	01:57:34	+24:18	05:53
17	2114	Ernesto Marques Alves	Juventude Cortegacense	Veterano M40	01:59:58	+26:42	06:00
18	2176	Francisco Moreira	SS MONTEPIO	Veterano M40	01:59:59	+26:43	06:00
19	2142	Hugo Manuel Gallego Machado Sousa Brito	Café Candelabro	Veterano M40	02:00:43	+27:27	06:02
20	2527	Filipe Oliveira Ramos	Aesthetically Team Running	Veterano M40	02:01:07	+27:51	06:03
21	2352	Antonio Francisco Dantas Barbosa	Individual	Veterano M40	02:01:11	+27:55	06:04
22	2585	Antonio Borge	PORTO SENTIDO RUNNERS	Veterano M40	02:01:13	+27:57	06:04
23	2104	Joao Paulo Costa Oliveira	Juventude Cortegacense	Veterano M40	02:01:41	+28:25	06:05
24	2376	Cláudio Domingos Martins Monteiro	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Veterano M40	02:02:30	+29:14	06:08
25	2451	Mário Ferreira	Associação Desportiva da Efacec	Veterano M40	02:02:50	+29:35	06:09
26	2236	Miguel Ângelo Salgueiro Araújo	TRAIL ME	Veterano M40	02:03:07	+29:51	06:09
27	2649	Pedro Miranda	VIDAATIVARUNNERS	Veterano M40	02:03:46	+30:30	06:11
28	2339	Paulo Alexandre da Fonseca Amadeu	Gaia Trail	Veterano M40	02:05:23	+32:08	06:16
29	2372	JOAQUIM DA CUNHA GOMES DE SÁ	BARCELOS RUNNERS	Veterano M40	02:05:51	+32:35	06:18
30	2619	Paulo Ribeiro	EDV-VIANA TRAIL	Veterano M40	02:05:58	+32:43	06:18

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Trail Curto

20 KM

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31	2354	Carlos Gaspar Brandão Correia Martins	Run4Life	Veterano M40	02:06:07	+32:51	06:18
32	2330	Luís Paulo Matos Ferreira	Minho e Lima Trail	Veterano M40	02:06:11	+32:55	06:19
33	2533	Miguel Barros	A.D.Amarante trail running	Veterano M40	02:06:45	+33:29	06:20
34	2267	André Pessoa Dias	GAIA-RUNNING	Veterano M40	02:06:53	+33:37	06:21
35	2510	Jorge Barbosa	PAREDES AVENTURA	Veterano M40	02:09:05	+35:49	06:27
36	2666	António Carlos Sousa Vilas Boas	FISIPADRÃO/LUSOSPORT	Veterano M40	02:09:07	+35:51	06:27
37	2082	Cecilio Maunel Silva Ferreira	Juventude Cortegacense	Veterano M40	02:09:10	+35:55	06:28
38	2124	HELDER ROBERTO SANTOS AZEVEDO	airórun	Veterano M40	02:09:29	+36:13	06:28
39	2578	Pedro Costa	DiVE Into The Mountains	Veterano M40	02:11:39	+38:23	06:35
40	2140	Fernando Coelho	Caracóis do monte	Veterano M40	02:11:46	+38:30	06:35
41	2399	Patrício Marques Afonso	Individual	Veterano M40	02:12:10	+38:54	06:37
42	2450	Miguel Cruz	Associação Desportiva da Efacec	Veterano M40	02:12:55	+39:39	06:39
43	2504	Ricardo Vieira	Individual	Veterano M40	02:12:55	+39:39	06:39
44	2653	Manuel Gomes	FAMA RUNNERS	Veterano M40	02:13:25	+40:09	06:40
45	2411	Jorge Guilherme Lopes Brito	Individual	Veterano M40	02:13:25	+40:09	06:40
46	2105	Julio Paulo Soares da Silva	Juventude Cortegacense	Veterano M40	02:13:49	+40:33	06:41
47	2639	Rui Pedro Pena	Sidónios	Veterano M40	02:14:35	+41:19	06:44
48	2641	Paulo Costa	Sidónios	Veterano M40	02:14:35	+41:20	06:44
49	2669	George Ferreira Araújo	Individual	Veterano M40	02:15:23	+42:08	06:46
50	2662	Amadeu Peixoto	Global Trail	Veterano M40	02:15:38	+42:22	06:47
51	2052	Pedro Bogas	B'Life Outdoor Team	Veterano M40	02:15:50	+42:35	06:48
52	2644	António Freitas	Sidónios	Veterano M40	02:15:55	+42:39	06:48
53	2055	Paulo Jorge da Silva Alves	GONDOMAR FUTSAL CLUBE	Veterano M40	02:15:55	+42:39	06:48
54	2647	Manuel Martins	VIDAATIVARUNNERS	Veterano M40	02:16:02	+42:46	06:48
55	2709	Ricardo Pimenta	Individual	Veterano M40	02:16:13	+42:57	06:49
56	2406	Rafael Junqueira Kerr	PLACE FOZ PRIME	Veterano M40	02:16:48	+43:32	06:50
57	2387	JOAO PAULO COSTA CORREIA MONTEIO	Pes de chumbo	Veterano M40	02:16:56	+43:40	06:51
58	2675	Orlando Costa	Equipa João Ferreira	Veterano M40	02:17:59	+44:43	06:54
59	2483	António Da Cruz Sousa Fernandes	Individual	Veterano M40	02:18:27	+45:11	06:55
60	2238	Rui Pedro da Silva Rodrigues	Mountain Runners	Veterano M40	02:18:52	+45:36	06:57
61	2210	António Luis Esteves Coelho	TRAIL ME	Veterano M40	02:18:57	+45:41	06:57
62	2704	João Orlando Pereira	Individual	Veterano M40	02:19:30	+46:14	06:59
63	2482	Filipe Alves	Cerveira Team Running/Clube Celtas do Minho	Veterano M40	02:19:33	+46:17	06:59
64	2022	Daniel António Neto Alves	Individual	Veterano M40	02:19:59	+46:44	07:00
65	2678	Sergio Fernando Gomes Sá	Givec	Veterano M40	02:20:07	+46:51	07:00
66	2467	Francisco Alves	Individual	Veterano M40	02:20:14	+46:58	07:01
67	2278	Pedro Justo	CORRER LEÇA	Veterano M40	02:20:28	+47:12	07:01
68	2456	Fernando António Teixeira Soares	G. Aventura	Veterano M40	02:20:49	+47:33	07:02
69	2269	Jorge Pereira	GAIA-RUNNING	Veterano M40	02:21:19	+48:04	07:04
70	2436	Manuel Luis Rocha Brabosa	Paredes Running	Veterano M40	02:21:46	+48:30	07:05
71	2048	Domingos Jerónimo Ribeiro Gomes	BTTrilhos.PG	Veterano M40	02:22:24	+49:08	07:07
72	2577	Paulo Ribeiro	DiVE Into The Mountains	Veterano M40	02:22:40	+49:24	07:08
73	2423	Arselio Sousa Remelhe	Individual	Veterano M40	02:22:54	+49:38	07:09
74	2309	Paulo Filipe Fernandes Monteiro	VIDAATIVARUNNERS	Veterano M40	02:23:20	+50:04	07:10

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Trail Curto

20 KM

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75	2521	Manuel martins	ALVELINHOS RUNNING	Veterano M40	02:23:25	+50:09	07:10
76	2263	Vítor Fernandes	GAIA-RUNNING	Veterano M40	02:24:38	+51:23	07:14
77	2056	Rui Manuel Campinho Vilas Boas	Associação desportiva de carvalhal	Veterano M40	02:24:45	+51:29	07:14
78	2264	Rui Pereira	GAIA-RUNNING	Veterano M40	02:25:29	+52:13	07:16
79	2062	Joaquim Filipe da Cunha Mimoso Lima	Individual	Veterano M40	02:25:44	+52:28	07:17
80	2444	Manuel António e Sá da Graça	Palmeira Runners	Veterano M40	02:25:51	+52:35	07:18
81	2169	Nuno Nabeiro	Melgaço Alvarinho Trail	Veterano M40	02:26:11	+52:55	07:19
82	2281	Rui Miguel da Costa Teixeira	TEAM LANTEMIL	Veterano M40	02:26:26	+53:10	07:19
83	2386	PAULO HENRIQUES	Pes de chumbo	Veterano M40	02:26:54	+53:38	07:21
84	2518	Pedro Pereira	Individual	Veterano M40	02:27:06	+53:50	07:21
85	2016	Henrique Matos	CENTRO CICLISTA DE GONDOMAR	Veterano M40	02:27:09	+53:53	07:21
86	2040	José Manuel Rodrigues Costa	Palmeira Runners	Veterano M40	02:27:10	+53:54	07:22
87	2039	Domingos Manuel Oliveira Peixoto	Palmeira Runners	Veterano M40	02:27:10	+53:54	07:22
88	2088	José Augusto Lopes Ferreira	Palmeira Runners	Veterano M40	02:27:10	+53:55	07:22
89	2538	José Manuel Teixeira Rocha	A.D.Amarante trail running	Veterano M40	02:27:58	+54:42	07:24
90	2289	Filipe Reis Pinheiro	Fridão Sem Limites	Veterano M40	02:27:58	+54:42	07:24
91	2549	Vitor Manuel Rodrigues Martins	Maximusteam	Veterano M40	02:28:21	+55:05	07:25
92	2367	Pedro Marques	FACTOR X / S4L / MEDENSE FC	Veterano M40	02:28:34	+55:18	07:26
93	2273	António Manuel de Sousa Barros	CORRER LEÇA	Veterano M40	02:29:24	+56:08	07:28
94	2612	Luis Miguel Carvalhido Gonçalves	OADA - Os Amigos da Aventura	Veterano M40	02:29:43	+56:27	07:29
95	2455	Paulo José Farinha de Campos	G. Aventura	Veterano M40	02:30:10	+56:54	07:30
96	2591	Rui Dias Teixeira	Individual	Veterano M40	02:30:26	+57:10	07:31
97	2271	César Teixeira	GAIA-RUNNING	Veterano M40	02:30:29	+57:13	07:31
98	2196	Pedro Lima	Individual	Veterano M40	02:31:36	+58:20	07:35
99	2298	Miguel Teixeira	PM	Veterano M40	02:33:16	+01:00:00	07:40
100	2576	Nuno Santos	DiVe Into The Mountains	Veterano M40	02:33:22	+01:00:06	07:40
101	2283	Luis Miguel Moreira Mendes	Individual	Veterano M40	02:33:38	+01:00:22	07:41
102	2495	Francisco Pereira da Costa	Individual	Veterano M40	02:33:45	+01:00:29	07:41
103	2070	Paulo Hernani Almeida moreira	Individual	Veterano M40	02:34:26	+01:01:10	07:43
104	2470	Joaquim Araújo	Cerveira Team Running/Clube Celtas do Minho	Veterano M40	02:34:34	+01:01:18	07:44
105	2379	Marco Oliveira	PORTOCARGO	Veterano M40	02:34:56	+01:01:40	07:45
106	2109	PEDRO JOAQUIM ARAUJO CARVALHO	ARRASTASSOLAS	Veterano M40	02:35:11	+01:01:55	07:46
107	2441	João Vasco Gil da Silva Gomes Ferreir	Clube Pessoal EDP - V. N. Gaia	Veterano M40	02:35:20	+01:02:04	07:46
108	2254	MIGUEL ÂNGELO DA GRAÇA É CASTRO ROCHA	Individual	Veterano M40	02:35:25	+01:02:09	07:46
109	2627	RICARDO CERQUEIRA	Individual	Veterano M40	02:35:27	+01:02:11	07:46
110	2181	Rui Freitas	SS MONTEPIO	Veterano M40	02:35:42	+01:02:26	07:47
111	2557	Paulo Azevedo	Sidónios	Veterano M40	02:36:03	+01:02:48	07:48
112	2212	Wilson Fonseca	Amigos	Veterano M40	02:36:07	+01:02:51	07:48
113	2418	Jorge Miguel Alvão Serra Leite da Cunha	Nice Runners	Veterano M40	02:36:12	+01:02:56	07:49
114	2295	Ricardo Miguel Gonçalves Santos Rocha	B.T.M.	Veterano M40	02:36:17	+01:03:01	07:49
115	2707	José Pedro Novais de Carvalho Dias Teixeira	SS Box	Veterano M40	02:36:45	+01:03:29	07:50
116	2548	DOMINGOS COSTA	ADDC RUN	Veterano M40	02:36:52	+01:03:36	07:51

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Trail Curto

20 KM

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117	2080	José Ricardo Fernandes Silva	Individual	Veterano M40	02:37:04	+01:03:48	07:51
118	2285	Franco Sá Costa	Fitteam	Veterano M40	02:37:08	+01:03:53	07:51
119	2201	José Fernando dos Santos Oliveira	Individual	Veterano M40	02:37:26	+01:04:10	07:52
120	2163	Luis Fernando Carvalho Oliveira Martins	Individual	Veterano M40	02:37:54	+01:04:38	07:54
121	2681	Paulo Costa	Givec	Veterano M40	02:37:56	+01:04:40	07:54
122	2157	João Ribeiro	Individual	Veterano M40	02:37:59	+01:04:43	07:54
123	2090	Ricardo Romeu castro rodrigues	GUIMARAES TRAIL	Veterano M40	02:38:24	+01:05:08	07:55
124	2129	Pedro Matos	GONDOMAR FUTSAL CLUBE	Veterano M40	02:38:33	+01:05:17	07:56
125	2241	Ricardo Jorge Macedo Pereira Brandão	TRAIL ME	Veterano M40	02:39:35	+01:06:19	07:59
126	2550	Ernesto Braga Martins de Macedo	Runners flylondon team	Veterano M40	02:39:39	+01:06:23	07:59
127	2033	Pedro Miguel Barros Rodrigues	HappyRun	Veterano M40	02:40:32	+01:07:16	08:02
128	2280	Ricardo Gonçalves	CORRER LEÇA	Veterano M40	02:40:47	+01:07:31	08:02
129	2598	Pedro Sendao	Individual	Veterano M40	02:41:07	+01:07:51	08:03
130	2380	Renato Oliveira	PORTOCARGO	Veterano M40	02:41:14	+01:07:58	08:04
131	2605	Abilio Fernando Machado Pereira	Individual	Veterano M40	02:41:18	+01:08:02	08:04
132	2184	PAULO ALEXANDRE CARNEIRO	DiVe Into The Mountains	Veterano M40	02:42:08	+01:08:52	08:06
133	2220	Rui Manuel Costa Santos	DuasDeLetra	Veterano M40	02:42:14	+01:08:58	08:07
134	2583	Vasco Luxo	PORTO SENTIDO RUNNERS	Veterano M40	02:42:40	+01:09:25	08:08
135	2026	Antonio Soares	Global Trail	Veterano M40	02:43:04	+01:09:48	08:09
136	2041	Paulo Jorge Romão de Campos	Atalanta runners	Veterano M40	02:43:27	+01:10:11	08:10
137	2128	Paulo Henriques	GONDOMAR FUTSAL CLUBE	Veterano M40	02:43:37	+01:10:21	08:11
138	2172	Marco Paulo Marques Dias	Quenianos	Veterano M40	02:44:44	+01:11:28	08:14
139	2584	Miguel Pereira	PORTO SENTIDO RUNNERS	Veterano M40	02:44:47	+01:11:31	08:14
140	2636	Nuno Miguel Cunha Freitas Tino Carvalhal	Individual	Veterano M40	02:45:08	+01:11:52	08:15
141	2365	Paulo Freitas	FACTOR X / S4L / MEDENSE FC	Veterano M40	02:45:17	+01:12:02	08:16
142	2485	Carlos Ferreira	Autistic Runners	Veterano M40	02:45:39	+01:12:23	08:17
143	2261	António Gonçalves	ARCA BarceloS runners	Veterano M40	02:46:15	+01:12:59	08:19
144	2286	Rui Manuel Alves Figueiras	Associação Desportiva Carvalhal	Veterano M40	02:46:33	+01:13:17	08:20
145	2466	Vitor Perfeito Pereira de Sousa	Individual	Veterano M40	02:47:10	+01:13:55	08:22
146	2010	Ricardo Antonio da Silva Sousa	FIT GAIA TRAIL	Veterano M40	02:47:13	+01:13:57	08:22
147	2341	Tiago Frutuoso	Individual	Veterano M40	02:48:29	+01:15:13	08:25
148	2547	JOAQUIM LOBO	ADDC RUN	Veterano M40	02:50:09	+01:16:54	08:30
149	2177	Nuno Bastos	SS MONTEPIO	Veterano M40	02:50:19	+01:17:04	08:31
150	2687	José Carvalho	Individual	Veterano M40	02:51:08	+01:17:52	08:33
151	2592	Viriato Barreira Quintino	Individual	Veterano M40	02:52:09	+01:18:53	08:36
152	2676	Daniel Dias Gonçalves	Individual	Veterano M40	02:52:09	+01:18:53	08:36
153	2356	Francisco Bartolomeu	TEAM LANTEMIL	Veterano M40	02:52:14	+01:18:58	08:37
154	2193	Nuno Miguel Ferreira Pacheco	Alive Runners	Veterano M40	02:52:15	+01:18:59	08:37
155	2151	Pedro Roseta	NOP	Veterano M40	02:53:36	+01:20:20	08:41
156	2546	PEDRO FALCÃO	ADDC RUN	Veterano M40	02:54:06	+01:20:50	08:42
157	2513	JOAQUIM PIMENTA	VIDAATIVARUNNERS	Veterano M40	02:55:15	+01:21:59	08:46
158	2150	Marco Zeferino da Silva Barbosa	NOP	Veterano M40	02:57:50	+01:24:34	08:53
159	2288	Pedro Alexandre Gomes Sá Silva Pereira	Grupo 46	Veterano M40	02:58:46	+01:25:30	08:56
160	2242	Paulo Ferreira	Grupo 46	Veterano M40	03:00:15	+01:26:59	09:00

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Trail Curto

20 KM

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161	2561	João Gonçalves	BARCELOS RUNNERS	Veterano M40	03:00:46	+01:27:31	09:02
162	2522	Ricardo Cibrão	ALVELINHOS RUNNING	Veterano M40	03:01:59	+01:28:43	09:06
163	2502	João António Ferreira Vilas Boas	ALVELINHOS RUNNING	Veterano M40	03:01:59	+01:28:43	09:06
164	2223	Nuno jorge barbosa cunha	CNP- Centro de Treino	Veterano M40	03:02:07	+01:28:51	09:06
165	2043	Jose Alberto Martins Ribeiro	Individual	Veterano M40	03:02:53	+01:29:37	09:09
166	2663	Miguel Fonseca	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M40	03:03:21	+01:30:05	09:10
167	2660	Manuel Veloso	FAMA RUNNERS	Veterano M40	03:04:35	+01:31:19	09:14
168	2262	Paulo António Ribeiro de Sousa	Individual	Veterano M40	03:06:42	+01:33:26	09:20
169	2183	Paulo Daniel Correia Viana	QUENIANOS	Veterano M40	03:06:52	+01:33:36	09:21
170	2617	Alberto Quintiães	EDV-VIANA TRAIL	Veterano M40	03:07:25	+01:34:10	09:22
171	2368	Nuno Santos	FACTOR X / S4L / MEDENSE FC	Veterano M40	03:07:40	+01:34:24	09:23
172	2200	Feliciano Ferreira	Individual	Veterano M40	03:08:59	+01:35:43	09:27
173	2545	RUI SILVA	ADDC RUN	Veterano M40	03:09:00	+01:35:44	09:27
174	2511	CARLOS VALE	VIDAATIVARUNNERS	Veterano M40	03:09:16	+01:36:00	09:28
175	2412	Teotónio da Silva Boucinha	Individual	Veterano M40	03:10:26	+01:37:10	09:31
176	2166	Luis Silva	Lusitanos	Veterano M40	03:15:29	+01:42:13	09:46
177	2551	Joaquim Santos	NAST	Veterano M40	03:21:00	+01:47:44	10:03
178	2300	Eurico Fernando Portela Mendes	M&E Runners	Veterano M40	03:21:21	+01:48:05	10:04
179	2058	Filipe José Pereira Martinho	Super Lesmas	Veterano M40	03:24:05	+01:50:49	10:12
180	2224	Paulo Miguel Areal de Sousa	TEAM SHARK	Veterano M40	03:27:40	+01:54:25	10:23
181	2284	Paulo Jorge Ferreira Ribeiro	Invicta Runners Team	Veterano M40	03:29:37	+01:56:22	10:29
182	2248	Pedro Gonçalves	Individual	Veterano M40	03:32:37	+01:59:21	10:38
183	2119	Rui Miguel Oliveira	ComDor Runners	Veterano M40	03:38:38	+02:05:23	10:56
184	2007	Artur Fonseca	Ruptura Total	Veterano M40	03:38:48	+02:05:32	10:56
185	2385	Paulo Martins	B'Life Outdoor Team	Veterano M40	03:41:06	+02:07:50	11:03
186	2152	Luís Filipe Gordicho Ribeiro	Individual	Veterano M40	03:50:04	+02:16:48	11:30
187	2110	Manuel Silva	ARRASTASSOLAS	Veterano M40	03:50:04	+02:16:48	11:30
188	2049	Pedro Alves	Nice Runners	Veterano M40	03:56:34	+02:23:18	11:50

Veterano M50

1	2018	David Tavares	CENTRO CICLISTA DE GONDOMAR	Veterano M50	01:49:51	+16:35	05:30
2	2408	Francisco Castelo Branco	PLACE FOZ PRIME	Veterano M50	01:50:58	+17:42	05:33
3	2020	Vitor Sousa	CENTRO CICLISTA DE GONDOMAR	Veterano M50	01:52:51	+19:35	05:39
4	2095	Joaquim da Silva Rodrigues	ACRRORIZ	Veterano M50	01:55:39	+22:23	05:47
5	2094	Manuel Joaquim Maciel Miranda	ACRRORIZ	Veterano M50	01:55:54	+22:38	05:48
6	2072	PAULO BALTASAR MARTINS	Individual	Veterano M50	01:57:32	+24:16	05:53
7	2019	Ângelo Pereira	CENTRO CICLISTA DE GONDOMAR	Veterano M50	02:01:13	+27:57	06:04
8	2015	Jorge Silva	CENTRO CICLISTA DE GONDOMAR	Veterano M50	02:03:54	+30:38	06:12
9	2638	José Mateus Tavares	Sidónios	Veterano M50	02:07:23	+34:08	06:22
10	2520	António Carlos Silva Teixeira	Fridão Sem Limites	Veterano M50	02:15:07	+41:51	06:45
11	2589	Antonino Gonçalves	Cerveira Team Running/Clube Celtas do Minho	Veterano M50	02:19:33	+46:17	06:59

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Trail Curto

20 KM

[illegible]

OFFICIAL RESULT

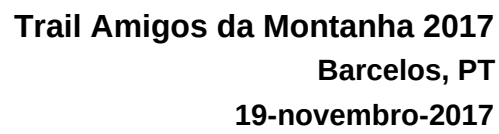
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12	2375	Jose Bento Morais	Gaia Trail	Veterano M50	02:21:51	+48:35	07:06
13	2422	José Mendes	GONDOMAR FUTSAL CLUBE	Veterano M50	02:22:14	+48:58	07:07
14	2515	MIGUEL OLIVEIRA	VIDAATIVARUNNERS	Veterano M50	02:24:26	+51:10	07:13
15	2486	José Luis Machado Loureiro	Autistic Runners	Veterano M50	02:26:22	+53:06	07:19
16	2448	Vitor Almeida	All About	Veterano M50	02:29:13	+55:57	07:28
17	2106	Domingos Fernando Oliveira Camboa	Juventude Cortegacense	Veterano M50	02:29:14	+55:58	07:28
18	2268	José Rodrigues	GAIA-RUNNING	Veterano M50	02:29:52	+56:37	07:30
19	2178	Fernando Carvalho	SS MONTEPIO	Veterano M50	02:30:59	+57:44	07:33
20	2492	Miguel Alexandre Alves Martins	Individual	Veterano M50	02:33:01	+59:45	07:39
21	2277	Manuel Rodrigues	CORRER LEÇA	Veterano M50	02:36:05	+01:02:50	07:48
22	2498	José Leite	Individual	Veterano M50	02:37:28	+01:04:12	07:52
23	2429	Mário Álvaro Rúber de Meneses	Porto Runners	Veterano M50	02:37:59	+01:04:43	07:54
24	2682	Jorge Azevedo	Givec	Veterano M50	02:38:45	+01:05:29	07:56
25	2693	JOSE LUIS COSTA MOREIRA	LOJA STAFF	Veterano M50	02:39:46	+01:06:30	07:59
26	2581	Humberto Pinho	PORTO SENTIDO RUNNERS	Veterano M50	02:41:16	+01:08:00	08:04
27	2100	Paulo Castelo	Juventude Cortegacense	Veterano M50	02:44:04	+01:10:48	08:12
28	2249	Américo José Coutinho Machado	Individual	Veterano M50	02:45:52	+01:12:37	08:18
29	2250	Manuel António Coutinho Machado	Individual	Veterano M50	02:45:52	+01:12:37	08:18
30	2672	Victor Cunha	BARCELOS RUNNERS	Veterano M50	02:47:23	+01:14:07	08:22
31	2640	José Rodrigues	Sidónios	Veterano M50	02:48:20	+01:15:04	08:25
32	2488	António Vilas Boas Rosa	ALVELINHOS RUNNING	Veterano M50	02:51:08	+01:17:52	08:33
33	2674	Joao Carlos Andresen Stüve Figueirinhas	Homem do Leme	Veterano M50	02:51:28	+01:18:13	08:34
34	2349	José Teixeira	Somos Nós Team	Veterano M50	02:52:23	+01:19:08	08:37
35	2698	Vitor Manuel Pereira da Cunha Coutinho	Brabus Runners	Veterano M50	02:54:07	+01:20:51	08:42
36	2092	Augusto Santos Silva	Juventude Cortegacense	Veterano M50	02:58:00	+01:24:44	08:54
37	2388	Carlos da Costa Correia Monteiro	Pes de chumbo	Veterano M50	03:00:52	+01:27:36	09:03
38	2587	Carlos Martins	PORTO SENTIDO RUNNERS	Veterano M50	03:02:16	+01:29:00	09:07
39	2240	António Sousa Longras	Individual	Veterano M50	03:03:07	+01:29:51	09:09
40	2344	Rui manuel lobo machado pinto da costa	Individual	Veterano M50	03:07:07	+01:33:52	09:21
41	2310	José Manuel Sequeira Ferreira	Braguinhas Runners	Veterano M50	03:10:30	+01:37:14	09:32
42	2037	José Carlos correia almeida	Individual	Veterano M50	03:21:38	+01:48:22	10:05
43	2567	José Manuel Domingues Morais Neves	PLACE FOZ PRIME	Veterano M50	03:41:04	+02:07:48	11:03
44	2347	Alvaro Norberto Silva	Individual	Veterano M50	03:46:29	+02:13:13	11:19

Veterano M60

1	2208	José Ponte	EDV-VIANA TRAIL	Veterano M60	02:01:22	+28:06	06:04
2	2160	Raul Pereira Fernandes	Cerveira Team Running/Clube Celtas do Minho	Veterano M60	02:13:05	+39:49	06:39
3	2671	Lino Moreira	All About	Veterano M60	02:29:18	+56:02	07:28
4	2252	António Luis Santos da Costa	BRAGA RUNNERS	Veterano M60	02:37:50	+01:04:34	07:53
5	2673	João Faustino	BARCELOS RUNNERS	Veterano M60	02:47:50	+01:14:34	08:23
6	2125	João Gil	Individual	Veterano M60	02:59:03	+01:25:47	08:57
7	2029	José Augusto Teixeira Pires de Lima	Em Força - Corremos com a Esclerose Múltipla	Veterano M60	03:52:13	+02:18:57	11:37

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20 KM

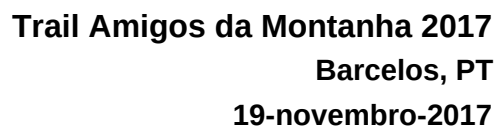
OFFICIAL RESULT

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COLETIVO - TRAIL CURTO

[illegible]

RANK	TEAM	DESCRIPTION	POINTS
1	Gaia Trail	06:36:21 [1 + 4 + 13 + 15]	0
2	airórun	07:08:30 [2 + 14 + 34 + 47]	0
3	Fridão Sem Limites	07:13:23 [9 + 18 + 30 + 40]	0
4	A.D.Amarante trail running	07:13:30 [8 + 11 + 21 + 86]	0
5	CENTRO CICLISTA DE GONDOMAR	07:28:43 [16 + 24 + 33 + 60]	0
6	Associação desportiva de carvalhal	07:44:27 [22 + 32 + 43 + 84]	0
7	ORALKLASS – AMIGOS DO TRAIL	07:53:51 [3 + 51 + 74 + 128]	0
8	Dr. Merino/4moove	07:54:07 [5 + 17 + 23 + 371]	0
9	TRAIL ME	08:11:51 [27 + 49 + 67 + 154]	0
10	Juventude Cortegacense	08:17:10 [53 + 63 + 85 + 100]	0
11	VIDAATIVARUNNERS	08:27:19 [69 + 70 + 71 + 138]	0
12	Associação Desportiva da Efacec	08:29:13 [19 + 66 + 114 + 200]	0
13	ADA Rio Neiva	08:38:30 [28 + 52 + 183 + 197]	0
14	Sidónios	08:41:30 [75 + 91 + 124 + 125]	0
15	GAIA-RUNNING	08:56:24 [87 + 88 + 170 + 171]	0
16	Spin&Run Esposende	09:12:12 [12 + 181 + 193 + 352]	0
17	Cerveira Team Running/Clube Celtas do Minho	09:12:25 [118 + 157 + 158 + 164]	0
18	GTT-Armazém do Caffè	09:18:52 [89 + 123 + 228 + 238]	0
19	G. Aventura	09:35:25 [168 + 169 + 214 + 215]	0
20	DiVE Into The Mountains	09:38:25 [108 + 182 + 254 + 269]	0
21	CORRER LEÇA	09:41:42 [166 + 167 + 239 + 258]	0
22	PORTOCARGO	09:45:23 [116 + 143 + 279 + 340]	0
23	BARCELOS RUNNERS	09:45:30 [80 + 103 + 353 + 400]	0
24	Lusitanos	09:46:54 [41 + 73 + 255 + 543]	0
25	Palmeira Runners	09:47:21 [204 + 218 + 219 + 220]	0
26	EDV-VIANA TRAIL	09:53:52 [62 + 81 + 329 + 518]	0
27	GONDOMAR FUTSAL CLUBE	09:55:31 [137 + 176 + 321 + 326]	0
28	SS MONTEPIO	09:57:00 [54 + 256 + 287 + 413]	0
29	PORTO SENTIDO RUNNERS	10:09:56 [61 + 343 + 356 + 375]	0
30	FAMA RUNNERS	10:11:48 [119 + 175 + 404 + 405]	0
31	B.T.M.	10:14:30 [99 + 295 + 372 + 373]	0
32	TEAM LANTEMIL	10:21:47 [172 + 210 + 348 + 426]	0
33	PLACE FOZ PRIME	10:30:11 [26 + 144 + 346 + 594]	0
34	Givec	10:37:19 [163 + 315 + 324 + 480]	0
35	Amigos para correr	10:48:34 [161 + 357 + 368 + 495]	0
36	OADA - Os Amigos da Aventura	10:54:06 [240 + 241 + 388 + 523]	0
37	FACTOR X / S4L / MEDENSE FC	11:01:13 [232 + 335 + 377 + 519]	0
38	ARCA BarceloS runners	11:05:01 [389 + 390 + 391 + 392]	0

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