Trail dos 4 Caminhos
Alfena, Porto, PT
03-setembro-2017

TRAIL LONGO - STAGE 1 — 23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	12,6ºC	93%
End	14:25	12,6ºC	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	37	Fernando Lemos	gaia trail	Senior Masculino	02:07:18		05:32
2	194	Antonio Martins	boavista fc	Veterano M40	02:11:12	+03:54	05:42
3	70	Márcio Castro	individual	Senior Masculino	02:11:38	+04:20	05:43
4	111	João Paulo Dias Gonçalves	individual	Veterano M40	02:12:21	+05:02	05:45
5	195	Fabio Pinto	satecnosol outdoor - la sportiva	Senior Masculino	02:14:41	+07:23	05:51
6	154	Fernando Taborda	oralklass - amigos do trail	Veterano M40	02:16:16	+08:58	05:55
7	40	Luis Gil	gaia trail	Veterano M40	02:16:16	+08:58	05:55
8	34	Pedro Barros	factor x / s4l / medense fc	Senior Masculino	02:21:12	+13:53	06:08
9	150	Filipe Lemos	nortrail	Senior Masculino	02:25:17	+17:58	06:19
10	36	Carlos Alves	gaia trail	Senior Masculino	02:25:27	+18:09	06:19
11	73	Nuno Ferreira	individual	Senior Masculino	02:29:32	+22:13	06:30
12	81	Pedro Osório	individual	Senior Masculino	02:30:35	+23:16	06:33
13	170	José Faria	salming	Senior Masculino	02:30:40	+23:22	06:33
14	22	Joao barbosa	copos e trilhos	Senior Masculino	02:31:08	+23:50	06:34
15	109	Frank Fritsche	individual	Veterano M40	02:31:17	+23:59	06:35
16	165	António Borges	porto sentido runners	Veterano M40	02:32:22	+25:04	06:38
17	31	Sérgio Ramos	edv-vianatrail	Veterano M40	02:32:27	+25:09	06:38
18	16	Américo Pinto	ccdtc.m.gondomar	Veterano M50	02:33:33	+26:15	06:41
19	32	stephane simoes	edv-vianatrail	Veterano M40	02:36:13	+28:54	06:48
20	146	António Pinto	mocidade sangemil ac	Senior Masculino	02:37:23	+30:05	06:51
21	134	Paulo Baltasar Martins	individual	Veterano M50	02:37:25	+30:07	06:51
22	102	André Figueiredo	individual	Veterano M40	02:37:45	+30:26	06:52
23	53	Bruno Filipe Cardoso Pereira	individual	Senior Masculino	02:38:01	+30:43	06:52
24	39	Paulo Madeira	gaia trail	Senior Masculino	02:38:03	+30:45	06:52
25	24	Nelson Teixeira	crocodilos / misterpc	Senior Masculino	02:38:43	+31:24	06:54
26	105	Carlos Pereira	individual	Veterano M40	02:38:50	+31:32	06:54
27	153	Gilberto Pimenta	oralklass - amigos do trail	Senior Masculino	02:39:34	+32:16	06:56
28	75	Nuno Sá	individual	Senior Masculino	02:40:00	+32:41	06:57
29	26	Ricardo Dantas	crocodilos / misterpc	Senior Masculino	02:40:40	+33:21	06:59
30	174	Emanuel Costa	ss montepio	Senior Masculino	02:41:07	+33:48	07:00
31	29	paulo ribeiro	edv-vianatrail	Veterano M40	02:41:36	+34:18	07:02
32	84	Ricardo Sousa	individual	Senior Masculino	02:42:27	+35:09	07:04
33	106	David Ferreira	individual	Veterano M40	02:43:59	+36:41	07:08
34	190	Raquel Campos	individual	Senior Feminino	02:44:01	+36:43	07:08
35	129	Abilio Marques	individual	Veterano M50	02:44:04	+36:46	07:08
36	185	Luis Leça	trocopasso runners	Veterano M40	02:44:30	+37:12	07:09
37	184	José Rodrigues	trocopasso runners	Veterano M40	02:44:32	+37:14	07:09
38	187	Luis Carlos Ferreira Campos Lobo	individual	Veterano M40	02:46:39	+39:21	07:15
39	141	Agostinho Sousa	kunalama runners	Veterano M60	02:46:57	+39:39	07:16
40	132	Fernando Abilio Santos Vieira	individual	Veterano M50	02:47:01	+39:43	07:16
41	98	Paula Barbosa	oralklass - amigos do trail	Veterana F40	02:47:33	+40:15	07:17

TRAIL LONGO - STAGE 1 — 23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	60	Filipe Rocha	individual	Senior Masculino	02:48:18	+41:00	07:19
43	12	Sérgio Miguel Batista Couto	budeguitas runners	Veterano M40	02:49:36	+42:18	07:22
44	94	Vitor Paulo Duarte Caldeira	individual	Senior Masculino	02:49:56	+42:37	07:23
45	33	João Araújo	ermentão	Senior Masculino	02:50:00	+42:41	07:23
46	44	Jorge Borges	gtt -armazém do caffé	Senior Masculino	02:51:31	+44:13	07:27
47	149	José Moreira Gomes	nocturnos de paredes	Veterano M40	02:53:28	+46:10	07:33
48	27	Paulo Pelicano	crocodilos / misterpc	Veterano M40	02:54:34	+47:15	07:35
49	131	António Serafim Cunha	individual	Veterano M50	02:55:08	+47:49	07:37
50	116	Luis Rodrigues	individual	Veterano M40	02:55:18	+47:59	07:37
51	7	Carlos Manuel Moreira Silva	aliança de gandra	Veterano M50	02:55:42	+48:23	07:38
52	71	Marinho	individual	Senior Masculino	02:55:43	+48:25	07:38
53	126	Samuel Soares	individual	Veterano M40	02:55:44	+48:25	07:38
54	151	Carlos Monteiro	nova linha trail runners	Senior Masculino	02:57:38	+50:19	07:43
55	152	Alberto Freitas	nova linha trail runners	Veterano M40	02:57:38	+50:20	07:43
56	62	Hugo fernandes	individual	Senior Masculino	02:57:54	+50:35	07:44
57	64	Joao Pereira	individual	Senior Masculino	02:57:56	+50:38	07:44
58	163	Manuel Barbosa	paredes running	Veterano M40	02:58:25	+51:06	07:45
59	181	Sergio Gomes	trinca orelhas de gato	Veterano M40	02:58:25	+51:06	07:45
60	9	José Rodrigo Sousa Magalhães	atlético clube alfenense	Veterano M60	02:59:11	+51:53	07:47
61	197	Bernardino Andrade	individual	Veterano M40	03:01:28	+54:09	07:53
62	25	Pedro Santos	crocodilos / misterpc	Senior Masculino	03:01:51	+54:33	07:54
63	171	Andreia Morais	somos nós team	Senior Feminino	03:02:48	+55:30	07:57
64	148	José Correia	nocturnos de paredes	Senior Masculino	03:03:23	+56:05	07:58
65	72	NELSON FRIAS AMARAL	individual	Senior Masculino	03:03:35	+56:16	07:59
66	173	Jonatan Ribeiro	sportarc.running	Senior Masculino	03:04:13	+56:55	08:01
67	114	Luis Ribeiro	individual	Veterano M40	03:04:17	+56:59	08:01
68	41	José Morais	gaia trail	Veterano M50	03:05:13	+57:55	08:03
69	21	António Teixeira	clube zupper	Veterano M50	03:05:34	+58:16	08:04
70	167	MANUELA FARIA	portocargo	Veterana F40	03:07:02	+59:44	08:08
71	50	Tânia Bateira	individual	Senior Feminino	03:07:02	+59:44	08:08
72	52	António Cruz	individual	Senior Masculino	03:07:57	+01:00:39	08:10
73	93	VITOR FONSECA	individual	Senior Masculino	03:07:59	+01:00:41	08:10
74	104	Carlos Azevedo	individual	Veterano M40	03:08:00	+01:00:41	08:10
75	30	pedro caldas	edv-vianatrail	Veterano M40	03:08:28	+01:01:10	08:12
76	57	Carlos Filipe Santos	hospitalsantamariart	Senior Masculino	03:08:56	+01:01:38	08:13
77	113	Luis Almeida	individual	Veterano M40	03:09:51	+01:02:33	08:15
78	61	Gil Ricardo Vieira Rocha	individual	Senior Masculino	03:10:34	+01:03:16	08:17
79	164	André Santos	pequerruchos	Senior Masculino	03:10:44	+01:03:26	08:18
80	91	Tomé pinto	edv-vianatrail	Senior Masculino	03:11:01	+01:03:43	08:18
81	99	Sandra Arribança	individual	Veterana F40	03:11:01	+01:03:43	08:18
82	45	Fábio Santos	hospitalsantamariart	Senior Masculino	03:12:58	+01:05:39	08:23
83	175	Vasco Silva	ss montepio	Veterano M40	03:13:01	+01:05:42	08:24
84	51	Andre Costa	individual	Senior Masculino	03:14:38	+01:07:20	08:28
85	128	vitor coelho	individual	Veterano M40	03:14:41	+01:07:23	08:28
86	47	Andrea Cunha	individual	Senior Feminino	03:14:44	+01:07:26	08:28

TRAIL LONGO - STAGE 1 — 23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
87	87	Rui Manuel Tavares Fernandes	individual	Senior Masculino	03:15:23	+01:08:05	08:30
88	54	Bruno Filipe Jesus Pinto Loureiro	individual	Senior Masculino	03:15:45	+01:08:27	08:31
89	140	GERSON ALVES	kemedo team	Senior Masculino	03:15:56	+01:08:38	08:31
90	133	José Paulo Mesquita	individual	Veterano M50	03:17:01	+01:09:42	08:34
91	76	Nuno Sérgio Neto Capela	individual	Senior Masculino	03:17:03	+01:09:45	08:34
92	192	Paulo Jorge Gama	gondomar futsal clube	Veterano M40	03:17:32	+01:10:13	08:35
93	8	Pedro Nuno Gonçalves Policiano	atlético clube alfenense	Senior Masculino	03:17:42	+01:10:23	08:36
94	147	SILVIO FERREIRA	mocidade sangemil ac	Senior Masculino	03:18:35	+01:11:17	08:38
95	49	Mariana Ballester	individual	Senior Feminino	03:18:53	+01:11:35	08:39
96	142	Nuno Miguel Lima de Carvalho	lourenço's adventures	Senior Masculino	03:19:23	+01:12:05	08:40
97	178	Luís Peixoto	tricotar trails ivone	Veterano M40	03:19:52	+01:12:34	08:41
98	77	PAULO FERREIRA	individual	Senior Masculino	03:20:26	+01:13:08	08:43
99	66	José Carlos Machado	individual	Senior Masculino	03:20:44	+01:13:26	08:44
100	85	Rodrigo Oliveira	individual	Senior Masculino	03:20:56	+01:13:37	08:44
101	38	Micael Cunha	gaia trail	Senior Masculino	03:21:37	+01:14:19	08:46
102	136	José Carlos Pereira Gomes	individual	Veterano M60	03:23:07	+01:15:48	08:50
103	158	Lino Moreira	os turbomula	Veterano M60	03:23:57	+01:16:39	08:52
104	6	António Gonçalves	acsp	Veterano M40	03:24:21	+01:17:03	08:53
105	112	Jorge Ribeiro	individual	Veterano M40	03:24:26	+01:17:08	08:53
106	48	Eliana Pereira	individual	Senior Feminino	03:24:32	+01:17:14	08:54
107	68	Luís Filipe Freitas da Silva	individual	Senior Masculino	03:25:20	+01:18:02	08:56
108	130	Antonio Santos	individual	Veterano M50	03:25:44	+01:18:26	08:57
109	56	Carlos Carvalho	individual	Senior Masculino	03:25:44	+01:18:26	08:57
110	138	Manuel Faria Sampaio	individual	Veterano M60	03:26:49	+01:19:31	09:00
111	159	Rui Sousa	palmeira runners	Senior Masculino	03:27:48	+01:20:30	09:02
112	59	Fernando Reis	individual	Senior Masculino	03:28:12	+01:20:54	09:03
113	117	Luis Terencio	individual	Veterano M40	03:29:18	+01:22:00	09:06
114	115	Luis Ribeiro	individual	Veterano M40	03:30:08	+01:22:50	09:08
115	135	EDUARDO MEDEIROS	individual	Veterano M60	03:30:37	+01:23:19	09:09
116	97	ivone ferreira	individual	Veterana F40	03:31:13	+01:23:55	09:11
117	180	Vicente Sousa	trinca orelhas de gato	Senior Masculino	03:32:41	+01:25:23	09:15
118	13	PAULA COSTA	c.r. candoso	Veterana F50	03:33:56	+01:26:38	09:18
119	103	Antero Cunha	individual	Veterano M40	03:34:48	+01:27:29	09:20
120	122	Paulo Vilarinho	individual	Veterano M40	03:38:36	+01:31:18	09:30
121	107	Diogo Trindade	individual	Veterano M40	03:38:37	+01:31:19	09:30
122	143	Ana Monteiro	lusitanus_team	Senior Feminino	03:38:49	+01:31:31	09:31
123	145	António Ribeiro	lusitanus_team	Veterano M50	03:38:49	+01:31:31	09:31
124	88	Rui Rocha	individual	Senior Masculino	03:39:08	+01:31:50	09:32
125	108	Eduardo Esteves	individual	Veterano M40	03:39:20	+01:32:01	09:32
126	80	Pedro Neves	individual	Senior Masculino	03:40:26	+01:33:08	09:35
127	123	Pedro Miguel Cristóvão Próspero	individual	Veterano M40	03:40:27	+01:33:08	09:35
128	125	Ricardo Silva	individual	Veterano M40	03:41:51	+01:34:33	09:39
129	172	Fátima Vieira	somos nós team	Veterana F50	03:42:03	+01:34:44	09:39

TRAIL LONGO - STAGE 1 — 23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
130	69	Marcelo Domingues	individual	Senior Masculino	03:44:00	+01:36:42	09:44
131	83	Ricardo Lourenço Jorge	individual	Senior Masculino	03:44:00	+01:36:42	09:44
132	90	Tiago Soeiro	individual	Senior Masculino	03:45:28	+01:38:10	09:48
133	101	Maria Iracema Costa	individual	Veterana F50	03:45:46	+01:38:28	09:49
134	17	Ricardo Duarte	cerveira team running/clube celtas do minho	Senior Masculino	03:46:09	+01:38:50	09:50
135	14	João Miguel Almeida da Silva	carapaus	Senior Masculino	03:48:56	+01:41:38	09:57
136	15	João Manuel Santos Silva	carapaus	Veterano M50	03:48:56	+01:41:38	09:57
137	191	Bruno Ricardo Marques Guedes	porto sentido runners	Senior Masculino	03:49:27	+01:42:08	09:59
138	183	Carla Neves	trocopasso runners	Veterana F40	03:49:45	+01:42:26	09:59
139	28	salome cerqueira	edv-vianatrail	Veterana F40	03:52:06	+01:44:48	10:06
140	42	Nuno Duarte	gdct unicre	Veterano M40	03:52:37	+01:45:19	10:07
141	23	José Teixeira	correr leça	Senior Masculino	03:53:02	+01:45:43	10:08
142	188	Ana Patrícia Ricardo	individual	Senior Feminino	03:57:02	+01:49:44	10:18
143	110	João Antunes	individual	Veterano M40	04:04:22	+01:57:04	10:37
144	127	Sérgio Oliveira	individual	Veterano M40	04:10:32	+02:03:13	10:54
145	20	Maria Fátima Marques Ribeiro	clube zupper	Veterana F50	04:14:33	+02:07:15	11:04
146	67	José Pedro Freitas	individual	Senior Masculino	04:14:36	+02:07:18	11:04
147	139	Paula Oliveira	juntos somos um	Veterana F40	04:15:54	+02:08:35	11:08
148	120	Paulo Nuno Barbosa Sampaio	individual	Veterano M40	04:16:08	+02:08:50	11:08
149	86	Rui Dinis	individual	Senior Masculino	04:17:14	+02:09:56	11:11
150	79	Pedro Manuel Mendes Correia	hospitalsantamariart	Senior Masculino	04:22:59	+02:15:41	11:26
151	144	António Gonçalves	lusitanus_team	Senior Masculino	04:23:00	+02:15:41	11:26
152	196	Manuel Rodrigues	correr leça	Veterano M50	04:27:42	+02:20:23	11:38
153	100	Sandra Miranda	individual	Veterana F40	04:27:42	+02:20:24	11:38
154	121	Paulo Seabra	individual	Veterano M40	04:27:43	+02:20:25	11:38
155	96	Dina Gonçalves	individual	Veterana F40	04:27:43	+02:20:25	11:38
156	177	Ivone Pardal	tricotar trails ivone	Veterana F40	04:46:46	+02:39:27	12:28
157	179	Cid Monteiro	trinca orelhas de gato	Senior Masculino	04:46:47	+02:39:28	12:28
158	160	Sonia Silva	paredes running	Senior Feminino	04:49:56	+02:42:38	12:36
159	161	Antonio Barbosa	paredes running	Senior Masculino	04:49:58	+02:42:40	12:36
160	162	Ricardo Picó	paredes running	Senior Masculino	04:49:58	+02:42:40	12:36
161	65	Jorge Anselmo Pimenta Ramalho	individual	Senior Masculino	04:50:51	+02:43:32	12:39
162	82	Raul Viana	individual	Senior Masculino	04:50:51	+02:43:33	12:39
163	92	Vasco Oliveira	individual	Senior Masculino	04:58:04	+02:50:46	12:58
164	119	Paulo Lorenzo Soares	individual	Veterano M40	05:23:46	+03:16:27	14:05
165	156	Ricas Almeida	os atletas	Senior Masculino	05:25:01	+03:17:42	14:08

Trail dos 4 Caminhos
Alfena, Porto, PT
03-setembro-2017

Trail Longo — 23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	12,6ºC	93%
End	14:25	12,6ºC	93%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	190	Raquel Campos	Individual	Senior Feminino	02:44:01	+36:43	07:08
2	171	Andreia Morais	Somos Nós Team	Senior Feminino	03:02:48	+55:30	07:57
3	50	Tânia Bateira	Individual	Senior Feminino	03:07:02	+59:44	08:08
4	47	Andrea Cunha	Individual	Senior Feminino	03:14:44	+01:07:26	08:28
5	49	Mariana Ballester	Individual	Senior Feminino	03:18:53	+01:11:35	08:39
6	48	Eliana Pereira	Individual	Senior Feminino	03:24:32	+01:17:14	08:54
7	143	Ana Monteiro	Lusitanus_Team	Senior Feminino	03:38:49	+01:31:31	09:31
8	188	Ana Patrícia Ricardo	Individual	Senior Feminino	03:57:02	+01:49:44	10:18
9	160	Sonia Silva	Paredes Running	Senior Feminino	04:49:56	+02:42:38	12:36

Senior Masculino

1	37	Fernando Lemos	Gaia Trail	Senior Masculino	02:07:18		05:32
2	70	Márcio Castro	Individual	Senior Masculino	02:11:38	+04:20	05:43
3	195	Fabio Pinto	Satecnosol Outdoor - La Sportiva	Senior Masculino	02:14:41	+07:23	05:51
4	34	Pedro Barros	FACTOR X / S4L / MEDENSE FC	Senior Masculino	02:21:12	+13:53	06:08
5	150	Filipe Lemos	NorTrail	Senior Masculino	02:25:17	+17:58	06:19
6	36	Carlos Alves	Gaia Trail	Senior Masculino	02:25:27	+18:09	06:19
7	73	Nuno Ferreira	Individual	Senior Masculino	02:29:32	+22:13	06:30
8	81	Pedro Osório	Individual	Senior Masculino	02:30:35	+23:16	06:33
9	170	José Faria	Salming	Senior Masculino	02:30:40	+23:22	06:33
10	22	Joao barbosa	Copos e trilhos	Senior Masculino	02:31:08	+23:50	06:34
11	146	António Pinto	Mocidade Sangemil AC	Senior Masculino	02:37:23	+30:05	06:51
12	53	Bruno Filipe Cardoso Pereira	Individual	Senior Masculino	02:38:01	+30:43	06:52
13	39	Paulo Madeira	Gaia Trail	Senior Masculino	02:38:03	+30:45	06:52
14	24	Nelson Teixeira	CROCODILOS / MISTERPC	Senior Masculino	02:38:43	+31:24	06:54
15	153	Gilberto Pimenta	Oralklass - Amigos Do Trail	Senior Masculino	02:39:34	+32:16	06:56
16	75	Nuno Sá	Individual	Senior Masculino	02:40:00	+32:41	06:57
17	26	Ricardo Dantas	CROCODILOS / MISTERPC	Senior Masculino	02:40:40	+33:21	06:59
18	174	Emanuel Costa	SS MONTEPIO	Senior Masculino	02:41:07	+33:48	07:00
19	84	Ricardo Sousa	Individual	Senior Masculino	02:42:27	+35:09	07:04
20	60	Filipe Rocha	Individual	Senior Masculino	02:48:18	+41:00	07:19
21	94	Vitor Paulo Duarte Caldeira	Individual	Senior Masculino	02:49:56	+42:37	07:23
22	33	João Araújo	Ermentão	Senior Masculino	02:50:00	+42:41	07:23
23	44	Jorge Borges	GTT -armazém do caffé	Senior Masculino	02:51:31	+44:13	07:27
24	71	Marinho	Individual	Senior Masculino	02:55:43	+48:25	07:38
25	151	Carlos Monteiro	Nova Linha Trail Runners	Senior Masculino	02:57:38	+50:19	07:43
26	62	Hugo fernandes	Individual	Senior Masculino	02:57:54	+50:35	07:44
27	64	Joao Pereira	Individual	Senior Masculino	02:57:56	+50:38	07:44

Trail Longo

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

28	25	Pedro Santos	CROCODILOS / MISTERPC	Senior Masculino	03:01:51	+54:33	07:54
29	148	José Correia	NOCTURNOS DE PAREDES	Senior Masculino	03:03:23	+56:05	07:58
30	72	NELSON FRIAS AMARAL	Individual	Senior Masculino	03:03:35	+56:16	07:59
31	173	Jonatan Ribeiro	Sportarc.Running	Senior Masculino	03:04:13	+56:55	08:01
32	52	António Cruz	Individual	Senior Masculino	03:07:57	+01:00:39	08:10
33	93	VITOR FONSECA	Individual	Senior Masculino	03:07:59	+01:00:41	08:10
34	57	Carlos Filipe Santos	HOSPITALSANTAMARIART	Senior Masculino	03:08:56	+01:01:38	08:13
35	61	Gil Ricardo Vieira Rocha	Individual	Senior Masculino	03:10:34	+01:03:16	08:17
36	164	André Santos	Pequerruchos	Senior Masculino	03:10:44	+01:03:26	08:18
37	91	Tomé pinto	EDV-VIANATRAIL	Senior Masculino	03:11:01	+01:03:43	08:18
38	45	Fábio Santos	HOSPITALSANTAMARIART	Senior Masculino	03:12:58	+01:05:39	08:23
39	51	Andre Costa	Individual	Senior Masculino	03:14:38	+01:07:20	08:28
40	87	Rui Manuel Tavares Fernandes	Individual	Senior Masculino	03:15:23	+01:08:05	08:30
41	54	Bruno Filipe Jesus Pinto Loureiro	Individual	Senior Masculino	03:15:45	+01:08:27	08:31
42	140	GERSON ALVES	KeMedo Team	Senior Masculino	03:15:56	+01:08:38	08:31
43	76	Nuno Sérgio Neto Capela	Individual	Senior Masculino	03:17:03	+01:09:45	08:34
44	8	Pedro Nuno Gonçalves Policiano	Atlético Clube Alfenense	Senior Masculino	03:17:42	+01:10:23	08:36
45	147	SILVIO FERREIRA	Mocidade Sangemil AC	Senior Masculino	03:18:35	+01:11:17	08:38
46	142	Nuno Miguel Lima de Carvalho	Lourenço's Adventures	Senior Masculino	03:19:23	+01:12:05	08:40
47	77	PAULO FERREIRA	Individual	Senior Masculino	03:20:26	+01:13:08	08:43
48	66	José Carlos Machado	Individual	Senior Masculino	03:20:44	+01:13:26	08:44
49	85	Rodrigo Oliveira	Individual	Senior Masculino	03:20:56	+01:13:37	08:44
50	38	Micael Cunha	Gaia Trail	Senior Masculino	03:21:37	+01:14:19	08:46
51	68	Luís Filipe Freitas da Silva	Individual	Senior Masculino	03:25:20	+01:18:02	08:56
52	56	Carlos Carvalho	Individual	Senior Masculino	03:25:44	+01:18:26	08:57
53	159	Rui Sousa	Palmeira Runners	Senior Masculino	03:27:48	+01:20:30	09:02
54	59	Fernando Reis	Individual	Senior Masculino	03:28:12	+01:20:54	09:03
55	180	Vicente Sousa	Trinca Orelhas de Gato	Senior Masculino	03:32:41	+01:25:23	09:15
56	88	Rui Rocha	Individual	Senior Masculino	03:39:08	+01:31:50	09:32
57	80	Pedro Neves	Individual	Senior Masculino	03:40:26	+01:33:08	09:35
58	69	Marcelo Domingues	Individual	Senior Masculino	03:44:00	+01:36:42	09:44
59	83	Ricardo Lourenço Jorge	Individual	Senior Masculino	03:44:00	+01:36:42	09:44
60	90	Tiago Soeiro	Individual	Senior Masculino	03:45:28	+01:38:10	09:48
61	17	Ricardo Duarte	Cerveira Team Running/Clube Celtas do Minho	Senior Masculino	03:46:09	+01:38:50	09:50
62	14	João Miguel Almeida da Silva	Carapaus	Senior Masculino	03:48:56	+01:41:38	09:57
63	191	Bruno Ricardo Marques Guedes	PORTO SENTIDO RUNNERS	Senior Masculino	03:49:27	+01:42:08	09:59
64	23	José Teixeira	CORRER LEÇA	Senior Masculino	03:53:02	+01:45:43	10:08
65	67	José Pedro Freitas	Individual	Senior Masculino	04:14:36	+02:07:18	11:04
66	86	Rui Dinis	Individual	Senior Masculino	04:17:14	+02:09:56	11:11
67	79	Pedro Manuel Mendes Correia	HOSPITALSANTAMARIART	Senior Masculino	04:22:59	+02:15:41	11:26
68	144	António Gonçalves	Lusitanus_Team	Senior Masculino	04:23:00	+02:15:41	11:26
69	179	Cid Monteiro	Trinca Orelhas de Gato	Senior Masculino	04:46:47	+02:39:28	12:28
70	161	Antonio Barbosa	Paredes Running	Senior Masculino	04:49:58	+02:42:40	12:36
71	162	Ricardo Picó	Paredes Running	Senior Masculino	04:49:58	+02:42:40	12:36
72	65	Jorge Anselmo Pimenta Ramalho	Individual	Senior Masculino	04:50:51	+02:43:32	12:39
73	82	Raul Viana	Individual	Senior Masculino	04:50:51	+02:43:33	12:39

Trail Longo

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

74	92	Vasco Oliveira	Individual	Senior Masculino	04:58:04	+02:50:46	12:58
75	156	Ricas Almeida	Os Atletas	Senior Masculino	05:25:01	+03:17:42	14:08

Veterana F40

1	98	Paula Barbosa	Oralklass - Amigos Do Trail	Veterana F40	02:47:33	+40:15	07:17
2	167	MANUELA FARIA	PORTOCARGO	Veterana F40	03:07:02	+59:44	08:08
3	99	Sandra Arribança	Individual	Veterana F40	03:11:01	+01:03:43	08:18
4	97	ivone ferreira	Individual	Veterana F40	03:31:13	+01:23:55	09:11
5	183	Carla Neves	Trocopasso Runners	Veterana F40	03:49:45	+01:42:26	09:59
6	28	salome cerqueira	EDV-VIANATRAIL	Veterana F40	03:52:06	+01:44:48	10:06
7	139	Paula Oliveira	Juntos somos um	Veterana F40	04:15:54	+02:08:35	11:08
8	100	Sandra Miranda	Individual	Veterana F40	04:27:42	+02:20:24	11:38
9	96	Dina Gonçalves	Individual	Veterana F40	04:27:43	+02:20:25	11:38
10	177	Ivone Pardal	Tricotar Trails Ivone	Veterana F40	04:46:46	+02:39:27	12:28

Veterana F50

1	13	PAULA COSTA	C.R. Candoso	Veterana F50	03:33:56	+01:26:38	09:18
2	172	Fátima Vieira	Somos Nós Team	Veterana F50	03:42:03	+01:34:44	09:39
3	101	Maria Iracema Costa	Individual	Veterana F50	03:45:46	+01:38:28	09:49
4	20	Maria Fátima Marques Ribeiro	Clube Zupper	Veterana F50	04:14:33	+02:07:15	11:04

Veterano M40

1	194	Antonio Martins	Boavista FC	Veterano M40	02:11:12	+03:54	05:42
2	111	João Paulo Dias Gonçalves	Individual	Veterano M40	02:12:21	+05:02	05:45
3	154	Fernando Taborda	Oralklass - Amigos Do Trail	Veterano M40	02:16:16	+08:58	05:55
4	40	Luis Gil	Gaia Trail	Veterano M40	02:16:16	+08:58	05:55
5	109	Frank Fritsche	Individual	Veterano M40	02:31:17	+23:59	06:35
6	165	António Borges	PORTO SENTIDO RUNNERS	Veterano M40	02:32:22	+25:04	06:38
7	31	Sérgio Ramos	EDV-VIANATRAIL	Veterano M40	02:32:27	+25:09	06:38
8	32	stephane simoes	EDV-VIANATRAIL	Veterano M40	02:36:13	+28:54	06:48
9	102	André Figueiredo	Individual	Veterano M40	02:37:45	+30:26	06:52
10	105	Carlos Pereira	Individual	Veterano M40	02:38:50	+31:32	06:54
11	29	paulo ribeiro	EDV-VIANATRAIL	Veterano M40	02:41:36	+34:18	07:02
12	106	David Ferreira	Individual	Veterano M40	02:43:59	+36:41	07:08
13	185	Luis Leça	Trocopasso Runners	Veterano M40	02:44:30	+37:12	07:09
14	184	José Rodrigues	Trocopasso Runners	Veterano M40	02:44:32	+37:14	07:09
15	187	Luis Carlos Ferreira Campos Lobo	Individual	Veterano M40	02:46:39	+39:21	07:15
16	12	Sérgio Miguel Batista Couto	Budeguitas Runners	Veterano M40	02:49:36	+42:18	07:22
17	149	José Moreira Gomes	NOCTURNOS DE PAREDES	Veterano M40	02:53:28	+46:10	07:33
18	27	Paulo Pelicano	CROCODILOS / MISTERPC	Veterano M40	02:54:34	+47:15	07:35
19	116	Luis Rodrigues	Individual	Veterano M40	02:55:18	+47:59	07:37
20	126	Samuel Soares	Individual	Veterano M40	02:55:44	+48:25	07:38

Trail Longo

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

21	152	Alberto Freitas	Nova Linha Trail Runners	Veterano M40	02:57:38	+50:20	07:43
22	163	Manuel Barbosa	Paredes Running	Veterano M40	02:58:25	+51:06	07:45
23	181	Sergio Gomes	Trinca Orelhas de Gato	Veterano M40	02:58:25	+51:06	07:45
24	197	Bernardino Andrade	Individual	Veterano M40	03:01:28	+54:09	07:53
25	114	Luis Ribeiro	Individual	Veterano M40	03:04:17	+56:59	08:01
26	104	Carlos Azevedo	Individual	Veterano M40	03:08:00	+01:00:41	08:10
27	30	pedro caldas	EDV-VIANATRAIL	Veterano M40	03:08:28	+01:01:10	08:12
28	113	Luis Almeida	Individual	Veterano M40	03:09:51	+01:02:33	08:15
29	175	Vasco Silva	SS MONTEPIO	Veterano M40	03:13:01	+01:05:42	08:24
30	128	vitor coelho	Individual	Veterano M40	03:14:41	+01:07:23	08:28
31	192	Paulo Jorge Gama	GONDOMAR FUTSAL CLUBE	Veterano M40	03:17:32	+01:10:13	08:35
32	178	Luís Peixoto	Tricotar Trails Ivone	Veterano M40	03:19:52	+01:12:34	08:41
33	6	António Gonçalves	acsp	Veterano M40	03:24:21	+01:17:03	08:53
34	112	Jorge Ribeiro	Individual	Veterano M40	03:24:26	+01:17:08	08:53
35	117	Luis Terencio	Individual	Veterano M40	03:29:18	+01:22:00	09:06
36	115	Luis Ribeiro	Individual	Veterano M40	03:30:08	+01:22:50	09:08
37	103	Antero Cunha	Individual	Veterano M40	03:34:48	+01:27:29	09:20
38	122	Paulo Vilarinho	Individual	Veterano M40	03:38:36	+01:31:18	09:30
39	107	Diogo Trindade	Individual	Veterano M40	03:38:37	+01:31:19	09:30
40	108	Eduardo Esteves	Individual	Veterano M40	03:39:20	+01:32:01	09:32
41	123	Pedro Miguel Cristóvão Próspero	Individual	Veterano M40	03:40:27	+01:33:08	09:35
42	125	Ricardo Silva	Individual	Veterano M40	03:41:51	+01:34:33	09:39
43	42	Nuno Duarte	GDCT UNICRE	Veterano M40	03:52:37	+01:45:19	10:07
44	110	João Antunes	Individual	Veterano M40	04:04:22	+01:57:04	10:37
45	127	Sérgio Oliveira	Individual	Veterano M40	04:10:32	+02:03:13	10:54
46	120	Paulo Nuno Barbosa Sampaio	Individual	Veterano M40	04:16:08	+02:08:50	11:08
47	121	Paulo Seabra	Individual	Veterano M40	04:27:43	+02:20:25	11:38
48	119	Paulo Lorenzo Soares	Individual	Veterano M40	05:23:46	+03:16:27	14:05

Veterano M50

1	16	Américo Pinto	CCDTC.M.GONDOMAR	Veterano M50	02:33:33	+26:15	06:41
2	134	Paulo Baltasar Martins	Individual	Veterano M50	02:37:25	+30:07	06:51
3	129	Abilio Marques	Individual	Veterano M50	02:44:04	+36:46	07:08
4	132	Fernando Abilio Santos Vieira	Individual	Veterano M50	02:47:01	+39:43	07:16
5	131	António Serafim Cunha	Individual	Veterano M50	02:55:08	+47:49	07:37
6	7	Carlos Manuel Moreira Silva	ALIANÇA DE GANDRA	Veterano M50	02:55:42	+48:23	07:38
7	41	José Morais	Gaia Trail	Veterano M50	03:05:13	+57:55	08:03
8	21	António Teixeira	Clube Zupper	Veterano M50	03:05:34	+58:16	08:04
9	133	José Paulo Mesquita	Individual	Veterano M50	03:17:01	+01:09:42	08:34
10	130	Antonio Santos	Individual	Veterano M50	03:25:44	+01:18:26	08:57
11	145	António Ribeiro	Lusitanus_Team	Veterano M50	03:38:49	+01:31:31	09:31
12	15	João Manuel Santos Silva	Carapaus	Veterano M50	03:48:56	+01:41:38	09:57
13	196	Manuel Rodrigues	CORRER LEÇA	Veterano M50	04:27:42	+02:20:23	11:38

Trail Longo

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Veterano M60

1	141	Agostinho Sousa	Kunalama runners	Veterano M60	02:46:57	+39:39	07:16
2	9	José Rodrigo Sousa Magalhães	Atlético Clube Alfenense	Veterano M60	02:59:11	+51:53	07:47
3	136	José Carlos Pereira Gomes	Individual	Veterano M60	03:23:07	+01:15:48	08:50
4	158	Lino Moreira	Os TurboMula	Veterano M60	03:23:57	+01:16:39	08:52
5	138	Manuel Faria Sampaio	Individual	Veterano M60	03:26:49	+01:19:31	09:00
6	135	EDUARDO MEDEIROS	Individual	Veterano M60	03:30:37	+01:23:19	09:09

COLETIVO - TRAIL LONGO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	Gaia Trail	06:49:02 [1 + 7 + 10]	0
2	Oralklass - Amigos Do Trail	07:43:24 [6 + 27 + 41]	0
3	EDV-VIANATRAIL	07:50:17 [17 + 19 + 31]	0
4	CROCODILOS / MISTERPC	08:13:57 [25 + 29 + 48]	0
5	Trocopasso Runners	09:18:48 [36 + 37 + 138]	0
6	HOSPITALSANTAMARIART	10:44:54 [76 + 82 + 150]	0
7	Trinca Orelhas de Gato	11:17:54 [59 + 117 + 157]	0
8	Lusitanus_Team	11:40:39 [122 + 123 + 151]	0
9	Paredes Running	12:38:20 [58 + 158 + 159]	0

lap2go TIMING SOLUTION

Trail dos 4 Caminhos
Alfena, Porto, PT
03-setembro-2017

TRAIL CURTO - STAGE 1 — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	14,9ºC	87%
End	12:56	14,9ºC	87%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1060	VITOR BARBOSA	grupo dramatico e recreativo da retorta	Senior Masculino	01:04:04		04:56
2	1122	Carlos Veloso	individual	Senior Masculino	01:05:10	+01:05	05:01
3	1058	HENRIQUE DIAS	grupo dramatico e recreativo da retorta	Senior Masculino	01:05:25	+01:20	05:02
4	1030	Marco Faria	dá-lhe gás	Senior Masculino	01:07:12	+03:08	05:10
5	1056	ADELINO SILVA	grupo dramatico e recreativo da retorta	Senior Masculino	01:09:09	+05:04	05:19
6	1059	TIAGO PINTO	grupo dramatico e recreativo da retorta	Senior Masculino	01:10:41	+06:36	05:26
7	1321	Marcio Pinto	trinca orelhas de gato	Senior Masculino	01:11:06	+07:02	05:28
8	1347	Ricardo Barros	douroconta	Senior Masculino	01:12:48	+08:43	05:36
9	1031	Paulo Silva	dá-lhe gás	Senior Masculino	01:12:50	+08:46	05:36
10	1035	Diogo Ângelo Moreira Parente	douroconta	Senior Masculino	01:13:08	+09:03	05:38
11	1055	Belmiro Ferreira	grupo desportivo leões da guarda	Senior Masculino	01:13:21	+09:17	05:39
12	1057	ANTONIO DIAS	grupo dramatico e recreativo da retorta	Senior Masculino	01:14:29	+10:25	05:44
13	1029	Carlos Prudêncio	dá-lhe gás	Senior Masculino	01:15:01	+10:57	05:46
14	1027	Abilio Martins Almeida	dá-lhe gás	Senior Masculino	01:16:23	+12:19	05:53
15	1119	CARLOS OLIVEIRA	individual	Senior Masculino	01:16:44	+12:39	05:54
16	1111	André Silva	individual	Senior Masculino	01:16:55	+12:50	05:55
17	1214	Diogo Amaral	lux team	Senior Masculino	01:17:08	+13:03	05:56
18	1346	Rafael Campos dos Santos	individual	Senior Masculino	01:19:18	+15:13	06:06
19	1229	Sérgio Silva	mss contabilidade	Senior Masculino	01:20:12	+16:07	06:10
20	1136	Gabriel Coutinho	individual	Senior Masculino	01:20:50	+16:46	06:13
21	1360	José Paulo Ribeiro	gondomar futsal clube	Senior Masculino	01:21:07	+17:02	06:14
22	193	Pedro Dias	boavista fc	Senior Masculino	01:21:24	+17:20	06:16
23	1356	Hortense Tenda	gaia trail	Senior Feminino	01:23:15	+19:11	06:24
24	1023	PAULO SANTOS	clube novo banco - delegação do norte	Senior Masculino	01:23:47	+19:42	06:27
25	1361	Carlos Vinhas	nocturnos de paredes	Senior Masculino	01:24:54	+20:50	06:32
26	1001	Tania Covas Costa	.com-clube de orientação do minho	Senior Feminino	01:26:15	+22:10	06:38
27	1052	Mario Jorge Soares Lopes	factor x / s4l / medense fc	Senior Masculino	01:26:58	+22:53	06:41
28	1051	David Gonçalves	factor x / s4l / medense fc	Senior Masculino	01:27:27	+23:23	06:44
29	1267	RENATO OLIVEIRA	portocargo	Senior Masculino	01:27:28	+23:23	06:44
30	1246	Pedro Guimarães	oporto wolves sport club	Senior Masculino	01:27:44	+23:39	06:45
31	1184	Ricardo Pinto	individual	Senior Masculino	01:28:25	+24:20	06:48
32	1250	José Manuel Pedrosa	os cunhados	Senior Masculino	01:28:45	+24:40	06:50
33	1249	Bruno Fontao	os cunhados	Senior Masculino	01:28:45	+24:41	06:50
34	1317	Jorge Beliago	trinca orelhas de gato	Senior Masculino	01:29:08	+25:03	06:51
35	1110	Alcindo Pereira	individual	Senior Masculino	01:29:27	+25:22	06:53
36	1143	Joaquim Alves	individual	Senior Masculino	01:29:28	+25:23	06:53
37	1202	VALTER MULLER	invictus oporto team	Senior Masculino	01:29:34	+25:29	06:53
38	1210	Paulo	los mexicanos	Senior Masculino	01:31:19	+27:15	07:02
39	1292	Francisco Moreira	ss montepio	Senior Masculino	01:31:23	+27:19	07:02
40	1226	Ibraim Sousa	mss contabilidade	Senior Masculino	01:31:24	+27:19	07:02
41	1128	Eduardo Xavier	individual	Senior Masculino	01:31:35	+27:30	07:03
42	1167	Nuno Sousa	individual	Senior Masculino	01:32:01	+27:56	07:05

TRAIL CURTO - STAGE 1 — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
43	1323	Miguel Silva	trinca orelhas de gato	Senior Masculino	01:32:11	+28:06	07:06
44	1116	Bruno Miguel Neves Cardoso	individual	Senior Masculino	01:32:12	+28:07	07:06
45	1017	Henrique Guedes Vicêncio	atlético clube alfenense	Senior Masculino	01:32:25	+28:21	07:07
46	1331	Nuno Cunha	tristes mas duros	Senior Masculino	01:32:31	+28:27	07:07
47	1355	José Gaspar	perdidos no trail	Senior Masculino	01:33:39	+29:34	07:12
48	1194	Valter Capela	individual	Senior Masculino	01:33:42	+29:38	07:13
49	1262	Luis Silva	perdidos no trail	Senior Masculino	01:34:14	+30:10	07:15
50	1170	Paulo Fernandes	individual	Senior Masculino	01:34:14	+30:10	07:15
51	1245	Nuno Duarte	oporto wolves sport club	Senior Masculino	01:34:28	+30:23	07:16
52	1315	Carlos Silva	trinca orelhas de gato	Senior Masculino	01:34:34	+30:30	07:17
53	1353	Carlos Pedro Araujo	individual	Senior Masculino	01:35:00	+30:56	07:19
54	1354	Rui Cunha	individual	Senior Masculino	01:35:01	+30:56	07:19
55	1209	Joel	los mexicanos	Senior Masculino	01:35:19	+31:15	07:20
56	1096	Sandra araujo	individual	Senior Feminino	01:35:49	+31:44	07:22
57	1336	José Almeida	trocopasso runners	Senior Masculino	01:35:55	+31:51	07:23
58	1230	Victor Azevedo	mss contabilidade	Senior Masculino	01:36:38	+32:33	07:26
59	1293	Pedro Machado	ss montepio	Senior Masculino	01:36:50	+32:46	07:27
60	1016	Aurélio Américo Carriço Costa	atlético clube alfenense	Senior Masculino	01:37:00	+32:55	07:28
61	1028	Carlos Cunha	dá-lhe gás	Senior Masculino	01:37:09	+33:04	07:28
62	1349	Leopoldo Fernandes	grupo desportivo leões da guarda	Senior Masculino	01:37:28	+33:23	07:30
63	1032	Ricardo Fernandes	denirovip	Senior Masculino	01:37:28	+33:23	07:30
64	1002	Octávio Andrade	.com-clube de orientação do minho	Senior Masculino	01:37:31	+33:26	07:30
65	1124	Claudio Oliveira	individual	Senior Masculino	01:37:35	+33:31	07:30
66	1008	Frederico Máximo	aesthetical team running	Senior Masculino	01:38:28	+34:23	07:35
67	1163	Nuno Correia	individual	Senior Masculino	01:38:39	+34:35	07:35
68	1043	JOAO COELHO	éprócumbibiu	Senior Masculino	01:38:58	+34:53	07:37
69	1186	Ruben Santos	individual	Senior Masculino	01:38:58	+34:53	07:37
70	1326	Pedro Gomes	trinca orelhas de gato	Senior Masculino	01:39:36	+35:31	07:40
71	1244	Martinho Monteiro	nova linha trail runners	Senior Masculino	01:39:43	+35:38	07:40
72	1324	Nuno Sousa	trinca orelhas de gato	Senior Masculino	01:39:47	+35:43	07:41
73	1256	Rui Ferreira	oss marretas	Senior Masculino	01:39:54	+35:49	07:41
74	1025	Marisa Pereira	clube zupper	Senior Feminino	01:39:56	+35:52	07:41
75	1047	Manuel Silva	ermentão	Senior Masculino	01:40:18	+36:14	07:43
76	1125	Duarte dias	individual	Senior Masculino	01:40:37	+36:32	07:44
77	1319	José Junior	trinca orelhas de gato	Senior Masculino	01:40:49	+36:44	07:45
78	1311	Adelino Guimarães	trinca orelhas de gato	Senior Masculino	01:40:49	+36:44	07:45
79	1291	Fernando Carvalho	ss montepio	Senior Masculino	01:41:25	+37:20	07:48
80	1297	Manuel Gomes	team shark	Senior Masculino	01:41:30	+37:26	07:49
81	1189	Sergio Albino Sousa Carvalho	individual	Senior Masculino	01:41:49	+37:44	07:50
82	1211	Ricardo	los mexicanos	Senior Masculino	01:41:56	+37:52	07:51
83	1172	Paulo Martins	individual	Senior Masculino	01:42:26	+38:22	07:53
84	1106	SUSANA PATRICIA MOREIRA NUNES PINTO	individual	Senior Feminino	01:42:29	+38:25	07:53
85	1271	Miguel Barbosa	powerrunners #1000pecadosparedes	Senior Masculino	01:42:41	+38:36	07:54
86	1149	José Manuel de Sá Ferreira	individual	Senior Masculino	01:43:02	+38:57	07:56
87	1200	BRUNO LUIS DA COSTA MELO	invictus oporto team	Senior Masculino	01:43:16	+39:11	07:57

TRAIL CURTO - STAGE 1 — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
88	1253	Ana Branco	oss marretas	Senior Feminino	01:43:51	+39:47	07:59
89	1351	Hugo Santos	individual	Senior Masculino	01:44:31	+40:27	08:02
90	1086	Mafalda Reis	individual	Senior Feminino	01:44:35	+40:30	08:03
91	1255	Ricardo Ribeiro	oss marretas	Senior Masculino	01:44:38	+40:34	08:03
92	1157	Manuel Guedes	individual	Senior Masculino	01:45:44	+41:39	08:08
93	1251	André Figueiredo	os recos	Senior Masculino	01:45:44	+41:40	08:08
94	1241	Cidália Ferreira	nova linha trail runners	Senior Feminino	01:45:50	+41:46	08:09
95	1243	Daniel Vieira	nova linha trail runners	Senior Masculino	01:45:50	+41:46	08:09
96	1113	António Silva	individual	Senior Masculino	01:45:55	+41:50	08:09
97	1275	JOSÉ RODRIGUES	prestígio	Senior Masculino	01:46:01	+41:57	08:09
98	1182	Pedro Vieira	individual	Senior Masculino	01:46:09	+42:04	08:10
99	1156	Luís Vieira	individual	Senior Masculino	01:46:11	+42:06	08:10
100	1236	Hugo Rocha	nortrail	Senior Masculino	01:46:27	+42:22	08:11
101	1168	Nuno Tiago Ribeiro Botelho Lamego	individual	Senior Masculino	01:46:55	+42:50	08:14
102	1274	BRUNO RODRIGUES	prestígio	Senior Masculino	01:46:59	+42:54	08:14
103	1333	Rui Rocha	tristes mas duros	Senior Masculino	01:47:09	+43:04	08:15
104	1359	Sandra Pera	gondomar futsal clube	Senior Feminino	01:47:18	+43:13	08:15
105	1083	Laura Mendes	individual	Senior Feminino	01:47:32	+43:28	08:16
106	1115	Artur Morais	individual	Senior Masculino	01:47:36	+43:31	08:17
107	157	Joel Ferreira	os aventureiros	Senior Masculino	01:47:42	+43:37	08:17
108	1284	andre pinho	reumatico team	Senior Masculino	01:47:52	+43:47	08:18
109	1199	ADRIANO BARROS PEREIRA	invictus oporto team	Senior Masculino	01:48:01	+43:57	08:19
110	1053	Paulo Henriques	gondomar futsal clube	Senior Masculino	01:48:08	+44:03	08:19
111	1247	Vanessa Santos	os aventureiros	Senior Feminino	01:48:09	+44:05	08:19
112	1013	Joaquim Seca	alto relevo	Senior Masculino	01:48:26	+44:22	08:21
113	1215	Rolando Freitas	lux team	Senior Masculino	01:48:31	+44:26	08:21
114	1049	Bruno Lopes	factor x / s4l / medense fc	Senior Masculino	01:49:13	+45:08	08:24
115	1334	Sónia Madureira	trocopasso runners	Senior Feminino	01:49:18	+45:14	08:25
116	1159	Márcio Castro	individual	Senior Masculino	01:49:33	+45:29	08:26
117	1276	Bruno Cruz	prova de fogo	Senior Masculino	01:50:28	+46:23	08:30
118	1022	PAULO ANDRÉ CERQUEIRA	clube novo banco - delegação do norte	Senior Masculino	01:50:41	+46:37	08:31
119	1024	RUI TEIXEIRA	clube novo banco - delegação do norte	Senior Masculino	01:50:42	+46:37	08:31
120	1330	Duarte Nogueira	tristes mas duros	Senior Masculino	01:50:43	+46:38	08:31
121	1290	Alexandre Leite	ss montepio	Senior Masculino	01:50:51	+46:46	08:32
122	1318	José Jesus	trinca orelhas de gato	Senior Masculino	01:51:22	+47:17	08:34
123	1329	Bruno Gonçalves	tristes mas duros	Senior Masculino	01:51:22	+47:18	08:34
124	1190	Sergio Alves	individual	Senior Masculino	01:51:23	+47:18	08:34
125	1235	Henrique Joaquim Lopes Sousa	nocturnos de paredes	Senior Masculino	01:51:38	+47:33	08:35
126	1335	Alexandre Afonso	trocopasso runners	Senior Masculino	01:51:46	+47:42	08:36
127	1146	Jorge Miguel Fernandes Mateus Alves Soares	individual	Senior Masculino	01:51:55	+47:50	08:37
128	1242	Vera Barbosa	nova linha trail runners	Senior Feminino	01:52:00	+47:55	08:37
129	1175	Pedro Dias	individual	Senior Masculino	01:52:15	+48:10	08:38
130	1260	Fernando Maduro	paredes running	Senior Masculino	01:52:29	+48:24	08:39
131	1033	Tânia Teixeira	divigirls	Senior Feminino	01:52:56	+48:51	08:41

TRAIL CURTO - STAGE 1 — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
132	1037	Hugo Pereira	éjáli...clube de amigos trailrunners	Senior Masculino	01:52:56	+48:51	08:41
133	1038	Pedro Gomes	éjáli...clube de amigos trailrunners	Senior Masculino	01:52:56	+48:51	08:41
134	1079	Gabriela madeira	individual	Senior Feminino	01:53:18	+49:13	08:43
135	1338	João Moreira	villa de basto trail	Senior Masculino	01:53:42	+49:37	08:45
136	1337	Bruno Cabral	villa de basto trail	Senior Masculino	01:53:42	+49:38	08:45
137	1216	João Maia	magnunssens	Senior Masculino	01:53:53	+49:48	08:46
138	1286	pedro ferreira	reumatico team	Senior Masculino	01:53:56	+49:51	08:46
139	1166	Nuno Reis	individual	Senior Masculino	01:54:56	+50:51	08:50
140	1133	Filipe Matos Pereira	individual	Senior Masculino	01:55:04	+50:59	08:51
141	1101	Sofia Azevedo	individual	Senior Feminino	01:55:08	+51:03	08:51
142	1089	Marta Marques	individual	Senior Feminino	01:55:09	+51:04	08:51
143	1130	Fernando da Silva Teixeira	individual	Senior Masculino	01:55:15	+51:10	08:52
144	1289	José Teixeira	somos nós team	Senior Masculino	01:55:15	+51:10	08:52
145	1327	Ricardo Nogueira	trinca orelhas de gato	Senior Masculino	01:55:15	+51:10	08:52
146	1313	Alcino Tavares	trinca orelhas de gato	Senior Masculino	01:55:19	+51:14	08:52
147	1039	ALICE COELHO	éprócumbibiu	Senior Feminino	01:55:50	+51:45	08:55
148	1048	Nuno Moreira	ermentão	Senior Masculino	01:57:21	+53:16	09:02
149	1261	Simão Castro	pequerruchos	Senior Masculino	01:57:22	+53:17	09:02
150	1165	Nuno Miguel Magalhães da SIlva Cabral	individual	Senior Masculino	01:57:49	+53:44	09:04
151	1003	PAULO FREITAS JORGE	a.n.a.	Senior Masculino	01:57:49	+53:44	09:04
152	1295	Rui Carvalho	ss montepio	Senior Masculino	01:57:54	+53:49	09:04
153	1204	Paulo Marques	kome pó	Senior Masculino	01:58:09	+54:04	09:05
154	1177	Pedro Ernesto oliveira Dias	individual	Senior Masculino	01:58:35	+54:30	09:07
155	1179	Pedro Leite Antunes	individual	Senior Masculino	02:00:06	+56:01	09:14
156	1075	Diana Maia	individual	Senior Feminino	02:00:06	+56:01	09:14
157	1015	Maria Adelaide Martins Almeida	atlético clube alfenense	Senior Feminino	02:00:17	+56:12	09:15
158	1277	Luís Leal	prova de fogo	Senior Masculino	02:00:34	+56:29	09:16
159	1158	manuel vieira	individual	Senior Masculino	02:00:42	+56:38	09:17
160	1178	Pedro Filipe Costa e Silva Lourenço	individual	Senior Masculino	02:00:44	+56:39	09:17
161	1073	Cristina Isabel Morais da Costa	individual	Senior Feminino	02:00:44	+56:39	09:17
162	1095	Rosa Maria Mateus Gama	individual	Senior Feminino	02:02:12	+58:07	09:24
163	1176	Pedro Dinis	individual	Senior Masculino	02:02:20	+58:15	09:25
164	1259	Fatima Nunes	paredes running	Senior Feminino	02:02:23	+58:18	09:25
165	1233	Monica Sofia Gomes Guedes	nocturnos de paredes	Senior Feminino	02:02:38	+58:33	09:26
166	1140	Helder Vieira	individual	Senior Masculino	02:03:01	+58:56	09:28
167	1296	Sérgio Oliveira	ss montepio	Senior Masculino	02:03:04	+58:59	09:28
168	1161	Miguel Sousa	individual	Senior Masculino	02:03:41	+59:36	09:31
169	1183	PEIXINHO	individual	Senior Masculino	02:03:43	+59:38	09:31
170	1114	ARMINDO SERRA MARTINS DOS SANTOS	individual	Senior Masculino	02:03:44	+59:39	09:31
171	1147	José Augusto Ramos de Sousa Epifânio	individual	Senior Masculino	02:03:54	+59:49	09:32
172	1135	FRANCISCO OLIVEIRA	individual	Senior Masculino	02:04:05	+01:00:00	09:33
173	1162	Nuno Abel Silva	individual	Senior Masculino	02:04:53	+01:00:48	09:36

TRAIL CURTO - STAGE 1 — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
174	1238	Pedro Torres	notfastjustfurious	Senior Masculino	02:04:57	+01:00:52	09:37
175	1294	Pedro Soares	ss montepio	Senior Masculino	02:05:18	+01:01:13	09:38
176	1268	Claudia Pereira	powerrunners #1000pecadosparedes	Senior Feminino	02:05:22	+01:01:17	09:39
177	1270	Hugo Barros	powerrunners #1000pecadosparedes	Senior Masculino	02:05:22	+01:01:18	09:39
178	1283	veronica vieira	reumatico team	Senior Feminino	02:05:34	+01:01:29	09:40
179	1285	nuno freitas	reumatico team	Senior Masculino	02:05:34	+01:01:29	09:40
180	1118	Carlos Fernandes	individual	Senior Masculino	02:05:53	+01:01:48	09:41
181	1203	Joaquim Ferreira	kome pó	Senior Masculino	02:06:27	+01:02:22	09:44
182	1105	SUSANA CARNEIRO	individual	Senior Feminino	02:06:41	+01:02:36	09:45
183	1237	Luís Tiago Vieira	notfastjustfurious	Senior Masculino	02:06:45	+01:02:40	09:45
184	1117	Carlos almeida	individual	Senior Masculino	02:06:58	+01:02:53	09:46
185	1264	Filipe Lima	porto run team	Senior Masculino	02:07:00	+01:02:56	09:46
186	1263	Sílvia Lima	porto run team	Senior Feminino	02:07:00	+01:02:56	09:46
187	1228	Ricardo Marques Moreira	mss contabilidade	Senior Masculino	02:07:07	+01:03:02	09:47
188	1219	Paulo Carneiro	mouton team	Senior Masculino	02:07:08	+01:03:03	09:47
189	1220	Sérgio Carneiro	mouton team	Senior Masculino	02:07:08	+01:03:03	09:47
190	1281	RUI ALVES	ramalves	Senior Masculino	02:07:09	+01:03:04	09:47
191	1107	susana vidal pereira	individual	Senior Feminino	02:07:15	+01:03:10	09:47
192	1187	Rui Pinto	individual	Senior Masculino	02:07:30	+01:03:25	09:49
193	1307	Florinda Carvalho	trinca orelhas de gato	Senior Feminino	02:07:38	+01:03:34	09:49
194	1185	Ruben Alves	individual	Senior Masculino	02:07:52	+01:03:47	09:50
195	1120	Carlos Rocha	individual	Senior Masculino	02:07:53	+01:03:48	09:50
196	1282	mara freitas	reumatico team	Senior Feminino	02:08:00	+01:03:55	09:51
197	1050	Carlos Frutuoso	factor x / s4l / medense fc	Senior Masculino	02:08:39	+01:04:34	09:54
198	1208	Fábio	los mexicanos	Senior Masculino	02:08:42	+01:04:38	09:54
199	1142	Hugo Andrade	individual	Senior Masculino	02:08:45	+01:04:40	09:54
200	1074	Diana Goncalves	individual	Senior Feminino	02:08:51	+01:04:46	09:55
201	1181	Pedro Victoriano	individual	Senior Masculino	02:08:51	+01:04:46	09:55
202	1151	José Saraiva	individual	Senior Masculino	02:08:52	+01:04:47	09:55
203	1108	Tatiana Luísa Macedo Pinto	individual	Senior Feminino	02:08:57	+01:04:52	09:55
204	1127	Eduardo Seabra	individual	Senior Masculino	02:09:12	+01:05:07	09:56
205	1164	Nuno Filipe Freitas de Brito Lopes	individual	Senior Masculino	02:09:12	+01:05:07	09:56
206	1091	Patrícia Dias	individual	Senior Feminino	02:09:23	+01:05:18	09:57
207	1145	Joaquim Vidal	individual	Senior Masculino	02:09:23	+01:05:18	09:57
208	1112	António Alves	individual	Senior Masculino	02:09:23	+01:05:18	09:57
209	1098	Sandra Ferreira	individual	Senior Feminino	02:09:55	+01:05:50	10:00
210	1144	Joaquim Garcês	individual	Senior Masculino	02:10:24	+01:06:19	10:02
211	1240	Amália Monteiro	nova linha trail runners	Senior Feminino	02:10:24	+01:06:19	10:02
212	1121	Carlos Russo	individual	Senior Masculino	02:11:06	+01:07:01	10:05
213	1195	Valter Filipe Gomes Fernandes	individual	Senior Masculino	02:11:26	+01:07:21	10:07
214	1217	Paulo Santos	magnunssens	Senior Masculino	02:11:32	+01:07:27	10:07
215	1036	cidalia pereira ribeiro	edv-vianatrail	Senior Feminino	02:11:40	+01:07:35	10:08
216	1085	LILIANA SIMÕES	individual	Senior Feminino	02:11:49	+01:07:44	10:08
217	1332	Rogério Leão	tristes mas duros	Senior Masculino	02:12:33	+01:08:28	10:12
218	1302	Nuno Sousa	tricotar trails ivone	Senior Masculino	02:12:55	+01:08:50	10:13

TRAIL CURTO - STAGE 1 — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
219	1065	Ana paula teixeira	individual	Senior Feminino	02:13:10	+01:09:06	10:15
220	1129	Evaristo Moreira	individual	Senior Masculino	02:13:10	+01:09:06	10:15
221	1198	TANIA FERREIRA	invictus oporto team	Senior Feminino	02:14:01	+01:09:56	10:19
222	1201	MARCELO FERREIRA	invictus oporto team	Senior Masculino	02:14:01	+01:09:56	10:19
223	1044	JORGE SILVA	éprócumbibiu	Senior Masculino	02:14:25	+01:10:20	10:20
224	1305	Ana Fonseca	trinca orelhas de gato	Senior Feminino	02:14:49	+01:10:44	10:22
225	1348	Helder Marques	salgueiros running	Senior Masculino	02:16:13	+01:12:08	10:29
226	169	Sara Barbosa	salgueiros running	Senior Feminino	02:16:13	+01:12:08	10:29
227	1288	rui machado	salgueiros running	Senior Masculino	02:16:13	+01:12:08	10:29
228	1188	SEBASTIEN SIMÕES	individual	Senior Masculino	02:16:18	+01:12:13	10:29
229	1094	Raquel Almeida	individual	Senior Feminino	02:16:42	+01:12:37	10:31
230	1131	Fernando Oliveira	individual	Senior Masculino	02:16:56	+01:12:51	10:32
231	1078	Filipa Namora	individual	Senior Feminino	02:17:17	+01:13:12	10:34
232	1344	Armando amaro	zangados com os tornozelos	Senior Masculino	02:17:26	+01:13:22	10:34
233	1345	Mário rego	zangados com os tornozelos	Senior Masculino	02:17:38	+01:13:33	10:35
234	1343	Sofia valinhas	zangados com os tornozelos	Senior Feminino	02:17:39	+01:13:34	10:35
235	1225	Álvaro Silva	mss contabilidade	Senior Masculino	02:18:02	+01:13:57	10:37
236	18	RUI BARBOSA	clube novo banco - delegação do norte	Senior Masculino	02:18:03	+01:13:58	10:37
237	1197	Vitor Sousa	individual	Senior Masculino	02:20:13	+01:16:08	10:47
238	1137	Germano Moura	individual	Senior Masculino	02:20:19	+01:16:14	10:48
239	1180	Pedro Machado	individual	Senior Masculino	02:20:25	+01:16:20	10:48
240	1280	EDITE CRUZ	ramalves	Senior Feminino	02:20:59	+01:16:54	10:51
241	1212	Ana Almeida	lux team	Senior Feminino	02:21:37	+01:17:32	10:54
242	1213	Joana Marques	lux team	Senior Feminino	02:21:37	+01:17:32	10:54
243	1005	António Picotês	abutres do douro	Senior Masculino	02:22:42	+01:18:37	10:59
244	1103	Sonia Carvalho	individual	Senior Feminino	02:22:44	+01:18:39	10:59
245	1004	Carla Carvalho	abutres do douro	Senior Feminino	02:22:44	+01:18:39	10:59
246	1077	Elsa Sousa	individual	Senior Feminino	02:22:47	+01:18:42	10:59
247	1222	Kika Martins	mss contabilidade	Senior Feminino	02:23:08	+01:19:03	11:01
248	1153	Júlio Costa	individual	Senior Masculino	02:23:23	+01:19:18	11:02
249	1257	Ana Ferreira	paredes running	Senior Feminino	02:23:42	+01:19:37	11:03
250	1272	Rui Noddy	powerrunners #1000pecadosparedes	Senior Masculino	02:24:53	+01:20:48	11:09
251	1325	Paulo Ferreira	trinca orelhas de gato	Senior Masculino	02:24:57	+01:20:52	11:09
252	1308	Goreti rocha	trinca orelhas de gato	Senior Feminino	02:24:57	+01:20:52	11:09
253	1061	Monica Borges	gtt -armazém do caffé	Senior Feminino	02:25:11	+01:21:06	11:10
254	1062	Alexandra Barros	individual	Senior Feminino	02:25:42	+01:21:37	11:12
255	1254	João Batista	oss marretas	Senior Masculino	02:26:08	+01:22:03	11:14
256	1067	Barbara Sofia Coelho Feio	individual	Senior Feminino	02:26:19	+01:22:14	11:15
257	1298	Lígia Silva	the next level	Senior Feminino	02:26:51	+01:22:46	11:18
258	1299	Ricardo vieira	the next level	Senior Masculino	02:26:51	+01:22:46	11:18
259	1063	Ana Carvalho	individual	Senior Feminino	02:27:13	+01:23:09	11:20
260	1040	CAROLINA MARTINS	éprócumbibiu	Senior Feminino	02:28:16	+01:24:11	11:24
261	1093	Paula Morais	individual	Senior Feminino	02:28:33	+01:24:28	11:26
262	1071	Cláudia Meireles	individual	Senior Feminino	02:28:35	+01:24:31	11:26
263	1092	Patricia Marques	individual	Senior Feminino	02:28:36	+01:24:31	11:26
264	1066	Anabela Oliveira	individual	Senior Feminino	02:28:55	+01:24:50	11:27

TRAIL CURTO - STAGE 1 — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
265	1155	Luís Alves	individual	Senior Masculino	02:31:56	+01:27:51	11:41
266	1088	Maria Filomena Venâncio Lopes Marcelo	individual	Senior Feminino	02:32:14	+01:28:09	11:43
267	1014	Emilia Sousa Teixeira	atlético clube alfenense	Senior Feminino	02:32:27	+01:28:22	11:44
268	1279	Vitor Vilela	prova de fogo	Senior Masculino	02:32:27	+01:28:22	11:44
269	1278	Luís Pinheiro	prova de fogo	Senior Masculino	02:32:27	+01:28:22	11:44
270	1084	Ligia Fernandes	individual	Senior Feminino	02:32:48	+01:28:43	11:45
271	1258	Cristina Soares	paredes running	Senior Feminino	02:33:54	+01:29:49	11:50
272	1304	Ana Cristina	trinca orelhas de gato	Senior Feminino	02:34:24	+01:30:19	11:53
273	1314	Carlos Conde	trinca orelhas de gato	Senior Masculino	02:34:25	+01:30:20	11:53
274	1306	Ana Tavares	trinca orelhas de gato	Senior Feminino	02:34:25	+01:30:20	11:53
275	1218	Sonia Sampaio	metralhas runners	Senior Feminino	02:36:01	+01:31:56	12:00
276	1350	Carlos Sampaio	individual	Senior Masculino	02:36:01	+01:31:57	12:00
277	1224	Raquel Marques	mss contabilidade	Senior Feminino	02:37:23	+01:33:18	12:06
278	1223	Marina Silva	mss contabilidade	Senior Feminino	02:37:23	+01:33:18	12:06
279	1026	Marisa Silva	correr leça	Senior Feminino	02:37:32	+01:33:27	12:07
280	1042	HELDER SILVA	éprócumbibiu	Senior Masculino	02:38:15	+01:34:10	12:10
281	1320	Luís Morata	trinca orelhas de gato	Senior Masculino	02:38:21	+01:34:16	12:11
282	1080	Helena Alvarenga	individual	Senior Feminino	02:38:21	+01:34:16	12:11
283	1322	Miguel Costa	trinca orelhas de gato	Senior Masculino	02:38:21	+01:34:16	12:11
284	1309	Paula Moreira	trinca orelhas de gato	Senior Feminino	02:38:22	+01:34:17	12:11
285	1064	ANA DANTAS	individual	Senior Feminino	02:39:12	+01:35:07	12:15
286	1273	ERMESINDA CARVALHO	prestígio	Senior Feminino	02:40:56	+01:36:51	12:23
287	1287	Sonia Raquel Almeida Silva	running team maia	Senior Feminino	02:41:24	+01:37:19	12:25
288	1007	DANIEL FILIPE OLIVEIRA TORRES	acv	Senior Masculino	02:45:33	+01:41:28	12:44
289	1231	Liliana Nogueira	nature lovers	Senior Feminino	02:49:37	+01:45:32	13:03
290	1232	Sofia Barros	nature lovers	Senior Feminino	02:49:37	+01:45:32	13:03
291	1045	PEDRO SILVA	éprócumbibiu	Senior Masculino	02:50:39	+01:46:34	13:08
292	1041	GENE TORRES	éprócumbibiu	Senior Masculino	02:50:40	+01:46:35	13:08
293	1006	ANA CRISTINA OLIVEIRA RIBEIRO DA COSTA	acv	Senior Feminino	02:52:12	+01:48:07	13:15
294	1301	jonathan teixeira	tricotar trails ivone	Senior Masculino	02:53:02	+01:48:57	13:19
295	1010	Joana Soares	aliança de gandra	Senior Feminino	02:53:51	+01:49:46	13:22
296	1009	Fátima Ramos	aliança de gandra	Senior Feminino	02:53:53	+01:49:48	13:23
297	1011	Rosa Soares	aliança de gandra	Senior Feminino	02:54:00	+01:49:55	13:23
298	1239	Rogério Oliveira	notfastjustfurious	Senior Masculino	02:54:04	+01:49:59	13:23
299	1150	José Manuel Pinto	individual	Senior Masculino	02:56:49	+01:52:44	13:36
300	1087	Margarida Pinto	individual	Senior Feminino	02:56:49	+01:52:44	13:36
301	1069	Carla pinheiro	individual	Senior Feminino	03:05:54	+02:01:49	14:18
302	1082	Joana lemos	individual	Senior Feminino	03:05:55	+02:01:50	14:18
303	1221	Ana Duarte	mss contabilidade	Senior Feminino	03:14:34	+02:10:29	14:58
304	1134	Francisco Fernando Ferreira da Silva	individual	Senior Masculino	03:17:39	+02:13:34	15:12
305	10	João Calado	bossrunners team	Senior Masculino	03:19:04	+02:14:59	15:19
306	1358	Ivânia Monteiro	oss marretas	Senior Feminino	03:20:21	+02:16:16	15:25
307	1357	Elsa Rocha	oss marretas	Senior Feminino	03:20:21	+02:16:16	15:25

TRAIL CURTO - STAGE 1 — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
308	1207	Cláudia Oliveira	los mexicanos	Senior Feminino	03:22:18	+02:18:13	15:34
309	11	Carlos Leitão	bossrunners team	Senior Masculino	03:25:40	+02:21:35	15:49
310	1196	Vítor Manuel Pinto Ribeiro	individual	Senior Masculino	03:26:42	+02:22:38	15:54

Trail dos 4 Caminhos
Alfena, Porto, PT
03-setembro-2017

Trail Curto — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	14,9ºC	87%
End	12:56	14,9ºC	87%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1356	Hortense Tenda	Gaia Trail	Senior Feminino	01:23:15	+19:11	06:24
2	1001	Tania Covas Costa	.COM-Clube de Orientação do Minho	Senior Feminino	01:26:15	+22:10	06:38
3	1096	Sandra araujo	Individual	Senior Feminino	01:35:49	+31:44	07:22
4	1025	Marisa Pereira	Clube Zupper	Senior Feminino	01:39:56	+35:52	07:41
5	1106	SUSANA PATRICIA MOREIRA NUNES PINTO	Individual	Senior Feminino	01:42:29	+38:25	07:53
6	1253	Ana Branco	Oss Marretas	Senior Feminino	01:43:51	+39:47	07:59
7	1086	Mafalda Reis	Individual	Senior Feminino	01:44:35	+40:30	08:03
8	1241	Cidália Ferreira	Nova Linha Trail Runners	Senior Feminino	01:45:50	+41:46	08:09
9	1359	Sandra Pera	GONDOMAR FUTSAL CLUBE	Senior Feminino	01:47:18	+43:13	08:15
10	1083	Laura Mendes	Individual	Senior Feminino	01:47:32	+43:28	08:16
11	1247	Vanessa Santos	os aventureiros	Senior Feminino	01:48:09	+44:05	08:19
12	1334	Sónia Madureira	Trocopasso Runners	Senior Feminino	01:49:18	+45:14	08:25
13	1242	Vera Barbosa	Nova Linha Trail Runners	Senior Feminino	01:52:00	+47:55	08:37
14	1033	Tânia Teixeira	divigirls	Senior Feminino	01:52:56	+48:51	08:41
15	1079	Gabriela madeira	Individual	Senior Feminino	01:53:18	+49:13	08:43
16	1101	Sofia Azevedo	Individual	Senior Feminino	01:55:08	+51:03	08:51
17	1089	Marta Marques	Individual	Senior Feminino	01:55:09	+51:04	08:51
18	1039	ALICE COELHO	ÉPRÓCUMBIBIU	Senior Feminino	01:55:50	+51:45	08:55
19	1075	Diana Maia	Individual	Senior Feminino	02:00:06	+56:01	09:14
20	1015	Maria Adelaide Martins Almeida	Atlético Clube Alfenense	Senior Feminino	02:00:17	+56:12	09:15
21	1073	Cristina Isabel Morais da Costa	Individual	Senior Feminino	02:00:44	+56:39	09:17
22	1095	Rosa Maria Mateus Gama	Individual	Senior Feminino	02:02:12	+58:07	09:24
23	1259	Fatima Nunes	Paredes Running	Senior Feminino	02:02:23	+58:18	09:25
24	1233	Monica Sofia Gomes Guedes	NOCTURNOS DE PAREDES	Senior Feminino	02:02:38	+58:33	09:26
25	1268	Claudia Pereira	Powerrunners #1000pecadosparedes	Senior Feminino	02:05:22	+01:01:17	09:39
26	1283	veronica vieira	reumatico team	Senior Feminino	02:05:34	+01:01:29	09:40
27	1105	SUSANA CARNEIRO	Individual	Senior Feminino	02:06:41	+01:02:36	09:45
28	1263	Sílvia Lima	Porto Run Team	Senior Feminino	02:07:00	+01:02:56	09:46
29	1107	susana vidal pereira	Individual	Senior Feminino	02:07:15	+01:03:10	09:47
30	1307	Florinda Carvalho	Trinca Orelhas de Gato	Senior Feminino	02:07:38	+01:03:34	09:49
31	1282	mara freitas	reumatico team	Senior Feminino	02:08:00	+01:03:55	09:51
32	1074	Diana Goncalves	Individual	Senior Feminino	02:08:51	+01:04:46	09:55
33	1108	Tatiana Luísa Macedo Pinto	Individual	Senior Feminino	02:08:57	+01:04:52	09:55
34	1091	Patrícia Dias	Individual	Senior Feminino	02:09:23	+01:05:18	09:57
35	1098	Sandra Ferreira	Individual	Senior Feminino	02:09:55	+01:05:50	10:00
36	1240	Amália Monteiro	Nova Linha Trail Runners	Senior Feminino	02:10:24	+01:06:19	10:02
37	1036	cidalia pereira ribeiro	EDV-VIANATRAIL	Senior Feminino	02:11:40	+01:07:35	10:08

Trail Curto

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

38	1085	LILIANA SIMÕES	Individual	Senior Feminino	02:11:49	+01:07:44	10:08
39	1065	Ana paula teixeira	Individual	Senior Feminino	02:13:10	+01:09:06	10:15
40	1198	TANIA FERREIRA	Invictus Oporto Team	Senior Feminino	02:14:01	+01:09:56	10:19
41	1305	Ana Fonseca	Trinca Orelhas de Gato	Senior Feminino	02:14:49	+01:10:44	10:22
42	169	Sara Barbosa	Salgueiros Running	Senior Feminino	02:16:13	+01:12:08	10:29
43	1094	Raquel Almeida	Individual	Senior Feminino	02:16:42	+01:12:37	10:31
44	1078	Filipa Namora	Individual	Senior Feminino	02:17:17	+01:13:12	10:34
45	1343	Sofia valinhas	Zangados com os tornozelos	Senior Feminino	02:17:39	+01:13:34	10:35
46	1280	EDITE CRUZ	RAMALVES	Senior Feminino	02:20:59	+01:16:54	10:51
47	1212	Ana Almeida	Lux Team	Senior Feminino	02:21:37	+01:17:32	10:54
48	1213	Joana Marques	Lux Team	Senior Feminino	02:21:37	+01:17:32	10:54
49	1103	Sonia Carvalho	Individual	Senior Feminino	02:22:44	+01:18:39	10:59
50	1004	Carla Carvalho	Abutres do Douro	Senior Feminino	02:22:44	+01:18:39	10:59
51	1077	Elsa Sousa	Individual	Senior Feminino	02:22:47	+01:18:42	10:59
52	1222	Kika Martins	MSS CONTABILIDADE	Senior Feminino	02:23:08	+01:19:03	11:01
53	1257	Ana Ferreira	Paredes Running	Senior Feminino	02:23:42	+01:19:37	11:03
54	1308	Goreti rocha	Trinca Orelhas de Gato	Senior Feminino	02:24:57	+01:20:52	11:09
55	1061	Monica Borges	GTT -armazém do caffé	Senior Feminino	02:25:11	+01:21:06	11:10
56	1062	Alexandra Barros	Individual	Senior Feminino	02:25:42	+01:21:37	11:12
57	1067	Barbara Sofia Coelho Feio	Individual	Senior Feminino	02:26:19	+01:22:14	11:15
58	1298	Lígia Silva	The Next Level	Senior Feminino	02:26:51	+01:22:46	11:18
59	1063	Ana Carvalho	Individual	Senior Feminino	02:27:13	+01:23:09	11:20
60	1040	CAROLINA MARTINS	ÉPRÓCUMBIBIU	Senior Feminino	02:28:16	+01:24:11	11:24
61	1093	Paula Morais	Individual	Senior Feminino	02:28:33	+01:24:28	11:26
62	1071	Cláudia Meireles	Individual	Senior Feminino	02:28:35	+01:24:31	11:26
63	1092	Patricia Marques	Individual	Senior Feminino	02:28:36	+01:24:31	11:26
64	1066	Anabela Oliveira	Individual	Senior Feminino	02:28:55	+01:24:50	11:27
65	1088	Maria Filomena Venâncio Lopes Marcelo	Individual	Senior Feminino	02:32:14	+01:28:09	11:43
66	1014	Emilia Sousa Teixeira	Atlético Clube Alfenense	Senior Feminino	02:32:27	+01:28:22	11:44
67	1084	Ligia Fernandes	Individual	Senior Feminino	02:32:48	+01:28:43	11:45
68	1258	Cristina Soares	Paredes Running	Senior Feminino	02:33:54	+01:29:49	11:50
69	1304	Ana Cristina	Trinca Orelhas de Gato	Senior Feminino	02:34:24	+01:30:19	11:53
70	1306	Ana Tavares	Trinca Orelhas de Gato	Senior Feminino	02:34:25	+01:30:20	11:53
71	1218	Sonia Sampaio	Metralhas Runners	Senior Feminino	02:36:01	+01:31:56	12:00
72	1224	Raquel Marques	MSS CONTABILIDADE	Senior Feminino	02:37:23	+01:33:18	12:06
73	1223	Marina Silva	MSS CONTABILIDADE	Senior Feminino	02:37:23	+01:33:18	12:06
74	1026	Marisa Silva	CORRER LEÇA	Senior Feminino	02:37:32	+01:33:27	12:07
75	1080	Helena Alvarenga	Individual	Senior Feminino	02:38:21	+01:34:16	12:11
76	1309	Paula Moreira	Trinca Orelhas de Gato	Senior Feminino	02:38:22	+01:34:17	12:11
77	1064	ANA DANTAS	Individual	Senior Feminino	02:39:12	+01:35:07	12:15
78	1273	ERMESINDA CARVALHO	PRESTÍGIO	Senior Feminino	02:40:56	+01:36:51	12:23
79	1287	Sonia Raquel Almeida Silva	RUNNING TEAM MAIA	Senior Feminino	02:41:24	+01:37:19	12:25
80	1231	Liliana Nogueira	NATURE LOVERS	Senior Feminino	02:49:37	+01:45:32	13:03
81	1232	Sofia Barros	NATURE LOVERS	Senior Feminino	02:49:37	+01:45:32	13:03
82	1006	ANA CRISTINA OLIVEIRA RIBEIRO DA COSTA	ACV	Senior Feminino	02:52:12	+01:48:07	13:15

Trail Curto — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

83	1010	Joana Soares	ALIANÇA DE GANDRA	Senior Feminino	02:53:51	+01:49:46	13:22
84	1009	Fátima Ramos	ALIANÇA DE GANDRA	Senior Feminino	02:53:53	+01:49:48	13:23
85	1011	Rosa Soares	ALIANÇA DE GANDRA	Senior Feminino	02:54:00	+01:49:55	13:23
86	1087	Margarida Pinto	Individual	Senior Feminino	02:56:49	+01:52:44	13:36
87	1069	Carla pinheiro	Individual	Senior Feminino	03:05:54	+02:01:49	14:18
88	1082	Joana lemos	Individual	Senior Feminino	03:05:55	+02:01:50	14:18
89	1221	Ana Duarte	MSS CONTABILIDADE	Senior Feminino	03:14:34	+02:10:29	14:58
90	1358	Ivânia Monteiro	Oss Marretas	Senior Feminino	03:20:21	+02:16:16	15:25
91	1357	Elsa Rocha	Oss Marretas	Senior Feminino	03:20:21	+02:16:16	15:25
92	1207	Cláudia Oliveira	Los Mexicanos	Senior Feminino	03:22:18	+02:18:13	15:34

Senior Masculino

1	1060	VITOR BARBOSA	grupo dramatico e recreativo da retorta	Senior Masculino	01:04:04		04:56
2	1122	Carlos Veloso	Individual	Senior Masculino	01:05:10	+01:05	05:01
3	1058	HENRIQUE DIAS	grupo dramatico e recreativo da retorta	Senior Masculino	01:05:25	+01:20	05:02
4	1030	Marco Faria	Dá-Lhe Gás	Senior Masculino	01:07:12	+03:08	05:10
5	1056	ADELINO SILVA	grupo dramatico e recreativo da retorta	Senior Masculino	01:09:09	+05:04	05:19
6	1059	TIAGO PINTO	grupo dramatico e recreativo da retorta	Senior Masculino	01:10:41	+06:36	05:26
7	1321	Marcio Pinto	Trinca Orelhas de Gato	Senior Masculino	01:11:06	+07:02	05:28
8	1347	Ricardo Barros	DouroConta	Senior Masculino	01:12:48	+08:43	05:36
9	1031	Paulo Silva	Dá-Lhe Gás	Senior Masculino	01:12:50	+08:46	05:36
10	1035	Diogo Ângelo Moreira Parente	DouroConta	Senior Masculino	01:13:08	+09:03	05:38
11	1055	Belmiro Ferreira	Grupo Desportivo Leões da Guarda	Senior Masculino	01:13:21	+09:17	05:39
12	1057	ANTONIO DIAS	grupo dramatico e recreativo da retorta	Senior Masculino	01:14:29	+10:25	05:44
13	1029	Carlos Prudêncio	Dá-Lhe Gás	Senior Masculino	01:15:01	+10:57	05:46
14	1027	Abilio Martins Almeida	Dá-Lhe Gás	Senior Masculino	01:16:23	+12:19	05:53
15	1119	CARLOS OLIVEIRA	Individual	Senior Masculino	01:16:44	+12:39	05:54
16	1111	André Silva	Individual	Senior Masculino	01:16:55	+12:50	05:55
17	1214	Diogo Amaral	Lux Team	Senior Masculino	01:17:08	+13:03	05:56
18	1346	Rafael Campos dos Santos	Individual	Senior Masculino	01:19:18	+15:13	06:06
19	1229	Sérgio Silva	MSS CONTABILIDADE	Senior Masculino	01:20:12	+16:07	06:10
20	1136	Gabriel Coutinho	Individual	Senior Masculino	01:20:50	+16:46	06:13
21	1360	José Paulo Ribeiro	GONDOMAR FUTSAL CLUBE	Senior Masculino	01:21:07	+17:02	06:14
22	193	Pedro Dias	Boavista FC	Senior Masculino	01:21:24	+17:20	06:16
23	1023	PAULO SANTOS	CLUBE NOVO BANCO - DELEGAÇÃO DO NORTE	Senior Masculino	01:23:47	+19:42	06:27
24	1361	Carlos Vinhas	NOCTURNOS DE PAREDES	Senior Masculino	01:24:54	+20:50	06:32
25	1052	Mario Jorge Soares Lopes	FACTOR X / S4L / MEDENSE FC	Senior Masculino	01:26:58	+22:53	06:41
26	1051	David Gonçalves	FACTOR X / S4L / MEDENSE FC	Senior Masculino	01:27:27	+23:23	06:44
27	1267	RENATO OLIVEIRA	PORTOCARGO	Senior Masculino	01:27:28	+23:23	06:44
28	1246	Pedro Guimarães	Oporto Wolves Sport Club	Senior Masculino	01:27:44	+23:39	06:45

Trail Curto — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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29	1184	Ricardo Pinto	Individual	Senior Masculino	01:28:25	+24:20	06:48
30	1250	José Manuel Pedrosa	Os Cunhados	Senior Masculino	01:28:45	+24:40	06:50
31	1249	Bruno Fontao	Os Cunhados	Senior Masculino	01:28:45	+24:41	06:50
32	1317	Jorge Beliago	Trinca Orelhas de Gato	Senior Masculino	01:29:08	+25:03	06:51
33	1110	Alcindo Pereira	Individual	Senior Masculino	01:29:27	+25:22	06:53
34	1143	Joaquim Alves	Individual	Senior Masculino	01:29:28	+25:23	06:53
35	1202	VALTER MULLER	Invictus Oporto Team	Senior Masculino	01:29:34	+25:29	06:53
36	1210	Paulo	Los Mexicanos	Senior Masculino	01:31:19	+27:15	07:02
37	1292	Francisco Moreira	SS MONTEPIO	Senior Masculino	01:31:23	+27:19	07:02
38	1226	Ibraim Sousa	MSS CONTABILIDADE	Senior Masculino	01:31:24	+27:19	07:02
39	1128	Eduardo Xavier	Individual	Senior Masculino	01:31:35	+27:30	07:03
40	1167	Nuno Sousa	Individual	Senior Masculino	01:32:01	+27:56	07:05
41	1323	Miguel Silva	Trinca Orelhas de Gato	Senior Masculino	01:32:11	+28:06	07:06
42	1116	Bruno Miguel Neves Cardoso	Individual	Senior Masculino	01:32:12	+28:07	07:06
43	1017	Henrique Guedes Vicêncio	Atlético Clube Alfenense	Senior Masculino	01:32:25	+28:21	07:07
44	1331	Nuno Cunha	Tristes Mas Duros	Senior Masculino	01:32:31	+28:27	07:07
45	1355	José Gaspar	Perdidos no trail	Senior Masculino	01:33:39	+29:34	07:12
46	1194	Valter Capela	Individual	Senior Masculino	01:33:42	+29:38	07:13
47	1262	Luis Silva	Perdidos no trail	Senior Masculino	01:34:14	+30:10	07:15
48	1170	Paulo Fernandes	Individual	Senior Masculino	01:34:14	+30:10	07:15
49	1245	Nuno Duarte	Oporto Wolves Sport Club	Senior Masculino	01:34:28	+30:23	07:16
50	1315	Carlos Silva	Trinca Orelhas de Gato	Senior Masculino	01:34:34	+30:30	07:17
51	1353	Carlos Pedro Araujo	Individual	Senior Masculino	01:35:00	+30:56	07:19
52	1354	Rui Cunha	Individual	Senior Masculino	01:35:01	+30:56	07:19
53	1209	Joel	Los Mexicanos	Senior Masculino	01:35:19	+31:15	07:20
54	1336	José Almeida	Trocopasso Runners	Senior Masculino	01:35:55	+31:51	07:23
55	1230	Victor Azevedo	MSS CONTABILIDADE	Senior Masculino	01:36:38	+32:33	07:26
56	1293	Pedro Machado	SS MONTEPIO	Senior Masculino	01:36:50	+32:46	07:27
57	1016	Aurélio Américo Carriço Costa	Atlético Clube Alfenense	Senior Masculino	01:37:00	+32:55	07:28
58	1028	Carlos Cunha	Dá-Lhe Gás	Senior Masculino	01:37:09	+33:04	07:28
59	1349	Leopoldo Fernandes	Grupo Desportivo Leões da Guarda	Senior Masculino	01:37:28	+33:23	07:30
60	1032	Ricardo Fernandes	DeniroVip	Senior Masculino	01:37:28	+33:23	07:30
61	1002	Octávio Andrade	.COM-Clube de Orientação do Minho	Senior Masculino	01:37:31	+33:26	07:30
62	1124	Claudio Oliveira	Individual	Senior Masculino	01:37:35	+33:31	07:30
63	1008	Frederico Máximo	Aesthetical Team Running	Senior Masculino	01:38:28	+34:23	07:35
64	1163	Nuno Correia	Individual	Senior Masculino	01:38:39	+34:35	07:35
65	1043	JOAO COELHO	ÉPRÓCUMBIBIU	Senior Masculino	01:38:58	+34:53	07:37
66	1186	Ruben Santos	Individual	Senior Masculino	01:38:58	+34:53	07:37
67	1326	Pedro Gomes	Trinca Orelhas de Gato	Senior Masculino	01:39:36	+35:31	07:40
68	1244	Martinho Monteiro	Nova Linha Trail Runners	Senior Masculino	01:39:43	+35:38	07:40
69	1324	Nuno Sousa	Trinca Orelhas de Gato	Senior Masculino	01:39:47	+35:43	07:41
70	1256	Rui Ferreira	Oss Marretas	Senior Masculino	01:39:54	+35:49	07:41
71	1047	Manuel Silva	Ermentão	Senior Masculino	01:40:18	+36:14	07:43
72	1125	Duarte dias	Individual	Senior Masculino	01:40:37	+36:32	07:44
73	1319	José Junior	Trinca Orelhas de Gato	Senior Masculino	01:40:49	+36:44	07:45

Trail Curto

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

74	1311	Adelino Guimarães	Trinca Orelhas de Gato	Senior Masculino	01:40:49	+36:44	07:45
75	1291	Fernando Carvalho	SS MONTEPIO	Senior Masculino	01:41:25	+37:20	07:48
76	1297	Manuel Gomes	TEAM SHARK	Senior Masculino	01:41:30	+37:26	07:49
77	1189	Sergio Albino Sousa Carvalho	Individual	Senior Masculino	01:41:49	+37:44	07:50
78	1211	Ricardo	Los Mexicanos	Senior Masculino	01:41:56	+37:52	07:51
79	1172	Paulo Martins	Individual	Senior Masculino	01:42:26	+38:22	07:53
80	1271	Miguel Barbosa	Powerrunners #1000pecadosparedes	Senior Masculino	01:42:41	+38:36	07:54
81	1149	José Manuel de Sá Ferreira	Individual	Senior Masculino	01:43:02	+38:57	07:56
82	1200	BRUNO LUIS DA COSTA MELO	Invictus Oporto Team	Senior Masculino	01:43:16	+39:11	07:57
83	1351	Hugo Santos	Individual	Senior Masculino	01:44:31	+40:27	08:02
84	1255	Ricardo Ribeiro	Oss Marretas	Senior Masculino	01:44:38	+40:34	08:03
85	1157	Manuel Guedes	Individual	Senior Masculino	01:45:44	+41:39	08:08
86	1251	André Figueiredo	Os Recos	Senior Masculino	01:45:44	+41:40	08:08
87	1243	Daniel Vieira	Nova Linha Trail Runners	Senior Masculino	01:45:50	+41:46	08:09
88	1113	António Silva	Individual	Senior Masculino	01:45:55	+41:50	08:09
89	1275	JOSÉ RODRIGUES	PRESTÍGIO	Senior Masculino	01:46:01	+41:57	08:09
90	1182	Pedro Vieira	Individual	Senior Masculino	01:46:09	+42:04	08:10
91	1156	Luís Vieira	Individual	Senior Masculino	01:46:11	+42:06	08:10
92	1236	Hugo Rocha	NorTrail	Senior Masculino	01:46:27	+42:22	08:11
93	1168	Nuno Tiago Ribeiro Botelho Lamego	Individual	Senior Masculino	01:46:55	+42:50	08:14
94	1274	BRUNO RODRIGUES	PRESTÍGIO	Senior Masculino	01:46:59	+42:54	08:14
95	1333	Rui Rocha	Tristes Mas Duros	Senior Masculino	01:47:09	+43:04	08:15
96	1115	Artur Morais	Individual	Senior Masculino	01:47:36	+43:31	08:17
97	157	Joel Ferreira	os aventureiros	Senior Masculino	01:47:42	+43:37	08:17
98	1284	andre pinho	reumatico team	Senior Masculino	01:47:52	+43:47	08:18
99	1199	ADRIANO BARROS PEREIRA	Invictus Oporto Team	Senior Masculino	01:48:01	+43:57	08:19
100	1053	Paulo Henriques	GONDOMAR FUTSAL CLUBE	Senior Masculino	01:48:08	+44:03	08:19
101	1013	Joaquim Seca	alto relevo	Senior Masculino	01:48:26	+44:22	08:21
102	1215	Rolando Freitas	Lux Team	Senior Masculino	01:48:31	+44:26	08:21
103	1049	Bruno Lopes	FACTOR X / S4L / MEDENSE FC	Senior Masculino	01:49:13	+45:08	08:24
104	1159	Márcio Castro	Individual	Senior Masculino	01:49:33	+45:29	08:26
105	1276	Bruno Cruz	Prova de Fogo	Senior Masculino	01:50:28	+46:23	08:30
106	1022	PAULO ANDRÉ CERQUEIRA	CLUBE NOVO BANCO - DELEGAÇÃO DO NORTE	Senior Masculino	01:50:41	+46:37	08:31
107	1024	RUI TEIXEIRA	CLUBE NOVO BANCO - DELEGAÇÃO DO NORTE	Senior Masculino	01:50:42	+46:37	08:31
108	1330	Duarte Nogueira	Tristes Mas Duros	Senior Masculino	01:50:43	+46:38	08:31
109	1290	Alexandre Leite	SS MONTEPIO	Senior Masculino	01:50:51	+46:46	08:32
110	1318	José Jesus	Trinca Orelhas de Gato	Senior Masculino	01:51:22	+47:17	08:34
111	1329	Bruno Gonçalves	Tristes Mas Duros	Senior Masculino	01:51:22	+47:18	08:34
112	1190	Sergio Alves	Individual	Senior Masculino	01:51:23	+47:18	08:34
113	1235	Henrique Joaquim Lopes Sousa	NOCTURNOS DE PAREDES	Senior Masculino	01:51:38	+47:33	08:35
114	1335	Alexandre Afonso	Trocopasso Runners	Senior Masculino	01:51:46	+47:42	08:36
115	1146	Jorge Miguel Fernandes Mateus Alves Soares	Individual	Senior Masculino	01:51:55	+47:50	08:37
116	1175	Pedro Dias	Individual	Senior Masculino	01:52:15	+48:10	08:38
117	1260	Fernando Maduro	Paredes Running	Senior Masculino	01:52:29	+48:24	08:39

Trail Curto — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

118	1037	Hugo Pereira	éjáli...clube de amigos trailrunners	Senior Masculino	01:52:56	+48:51	08:41
119	1038	Pedro Gomes	éjáli...clube de amigos trailrunners	Senior Masculino	01:52:56	+48:51	08:41
120	1338	João Moreira	Villa de Basto Trail	Senior Masculino	01:53:42	+49:37	08:45
121	1337	Bruno Cabral	Villa de Basto Trail	Senior Masculino	01:53:42	+49:38	08:45
122	1216	João Maia	Magnunssens	Senior Masculino	01:53:53	+49:48	08:46
123	1286	pedro ferreira	reumatico team	Senior Masculino	01:53:56	+49:51	08:46
124	1166	Nuno Reis	Individual	Senior Masculino	01:54:56	+50:51	08:50
125	1133	Filipe Matos Pereira	Individual	Senior Masculino	01:55:04	+50:59	08:51
126	1130	Fernando da Silva Teixeira	Individual	Senior Masculino	01:55:15	+51:10	08:52
127	1289	José Teixeira	Somos Nós Team	Senior Masculino	01:55:15	+51:10	08:52
128	1327	Ricardo Nogueira	Trinca Orelhas de Gato	Senior Masculino	01:55:15	+51:10	08:52
129	1313	Alcino Tavares	Trinca Orelhas de Gato	Senior Masculino	01:55:19	+51:14	08:52
130	1048	Nuno Moreira	Ermentão	Senior Masculino	01:57:21	+53:16	09:02
131	1261	Simão Castro	Pequerruchos	Senior Masculino	01:57:22	+53:17	09:02
132	1165	Nuno Miguel Magalhães da SIlva Cabral	Individual	Senior Masculino	01:57:49	+53:44	09:04
133	1003	PAULO FREITAS JORGE	A.N.A.	Senior Masculino	01:57:49	+53:44	09:04
134	1295	Rui Carvalho	SS MONTEPIO	Senior Masculino	01:57:54	+53:49	09:04
135	1204	Paulo Marques	Kome pó	Senior Masculino	01:58:09	+54:04	09:05
136	1177	Pedro Ernesto oliveira Dias	Individual	Senior Masculino	01:58:35	+54:30	09:07
137	1179	Pedro Leite Antunes	Individual	Senior Masculino	02:00:06	+56:01	09:14
138	1277	Luís Leal	Prova de Fogo	Senior Masculino	02:00:34	+56:29	09:16
139	1158	manuel vieira	Individual	Senior Masculino	02:00:42	+56:38	09:17
140	1178	Pedro Filipe Costa e Silva Lourenço	Individual	Senior Masculino	02:00:44	+56:39	09:17
141	1176	Pedro Dinis	Individual	Senior Masculino	02:02:20	+58:15	09:25
142	1140	Helder Vieira	Individual	Senior Masculino	02:03:01	+58:56	09:28
143	1296	Sérgio Oliveira	SS MONTEPIO	Senior Masculino	02:03:04	+58:59	09:28
144	1161	Miguel Sousa	Individual	Senior Masculino	02:03:41	+59:36	09:31
145	1183	PEIXINHO	Individual	Senior Masculino	02:03:43	+59:38	09:31
146	1114	ARMINDO SERRA MARTINS DOS SANTOS	Individual	Senior Masculino	02:03:44	+59:39	09:31
147	1147	José Augusto Ramos de Sousa Epifânio	Individual	Senior Masculino	02:03:54	+59:49	09:32
148	1135	FRANCISCO OLIVEIRA	Individual	Senior Masculino	02:04:05	+01:00:00	09:33
149	1162	Nuno Abel Silva	Individual	Senior Masculino	02:04:53	+01:00:48	09:36
150	1238	Pedro Torres	NotFastJustFurious	Senior Masculino	02:04:57	+01:00:52	09:37
151	1294	Pedro Soares	SS MONTEPIO	Senior Masculino	02:05:18	+01:01:13	09:38
152	1270	Hugo Barros	Powerrunners #1000pecadosparedes	Senior Masculino	02:05:22	+01:01:18	09:39
153	1285	nuno freitas	reumatico team	Senior Masculino	02:05:34	+01:01:29	09:40
154	1118	Carlos Fernandes	Individual	Senior Masculino	02:05:53	+01:01:48	09:41
155	1203	Joaquim Ferreira	Kome pó	Senior Masculino	02:06:27	+01:02:22	09:44
156	1237	Luís Tiago Vieira	NotFastJustFurious	Senior Masculino	02:06:45	+01:02:40	09:45
157	1117	Carlos almeida	Individual	Senior Masculino	02:06:58	+01:02:53	09:46
158	1264	Filipe Lima	Porto Run Team	Senior Masculino	02:07:00	+01:02:56	09:46
159	1228	Ricardo Marques Moreira	MSS CONTABILIDADE	Senior Masculino	02:07:07	+01:03:02	09:47
160	1219	Paulo Carneiro	Mouton Team	Senior Masculino	02:07:08	+01:03:03	09:47
161	1220	Sérgio Carneiro	Mouton Team	Senior Masculino	02:07:08	+01:03:03	09:47

Trail Curto

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

162	1281	RUI ALVES	RAMALVES	Senior Masculino	02:07:09	+01:03:04	09:47
163	1187	Rui Pinto	Individual	Senior Masculino	02:07:30	+01:03:25	09:49
164	1185	Ruben Alves	Individual	Senior Masculino	02:07:52	+01:03:47	09:50
165	1120	Carlos Rocha	Individual	Senior Masculino	02:07:53	+01:03:48	09:50
166	1050	Carlos Frutuoso	FACTOR X / S4L / MEDENSE FC	Senior Masculino	02:08:39	+01:04:34	09:54
167	1208	Fábio	Los Mexicanos	Senior Masculino	02:08:42	+01:04:38	09:54
168	1142	Hugo Andrade	Individual	Senior Masculino	02:08:45	+01:04:40	09:54
169	1181	Pedro Victoriano	Individual	Senior Masculino	02:08:51	+01:04:46	09:55
170	1151	José Saraiva	Individual	Senior Masculino	02:08:52	+01:04:47	09:55
171	1127	Eduardo Seabra	Individual	Senior Masculino	02:09:12	+01:05:07	09:56
172	1164	Nuno Filipe Freitas de Brito Lopes	Individual	Senior Masculino	02:09:12	+01:05:07	09:56
173	1145	Joaquim Vidal	Individual	Senior Masculino	02:09:23	+01:05:18	09:57
174	1112	António Alves	Individual	Senior Masculino	02:09:23	+01:05:18	09:57
175	1144	Joaquim Garcês	Individual	Senior Masculino	02:10:24	+01:06:19	10:02
176	1121	Carlos Russo	Individual	Senior Masculino	02:11:06	+01:07:01	10:05
177	1195	Valter Filipe Gomes Fernandes	Individual	Senior Masculino	02:11:26	+01:07:21	10:07
178	1217	Paulo Santos	Magnunssens	Senior Masculino	02:11:32	+01:07:27	10:07
179	1332	Rogério Leão	Tristes Mas Duros	Senior Masculino	02:12:33	+01:08:28	10:12
180	1302	Nuno Sousa	Tricotar Trails Ivone	Senior Masculino	02:12:55	+01:08:50	10:13
181	1129	Evaristo Moreira	Individual	Senior Masculino	02:13:10	+01:09:06	10:15
182	1201	MARCELO FERREIRA	Invictus Oporto Team	Senior Masculino	02:14:01	+01:09:56	10:19
183	1044	JORGE SILVA	ÉPRÓCUMBIBIU	Senior Masculino	02:14:25	+01:10:20	10:20
184	1348	Helder Marques	Salgueiros Running	Senior Masculino	02:16:13	+01:12:08	10:29
185	1288	rui machado	Salgueiros Running	Senior Masculino	02:16:13	+01:12:08	10:29
186	1188	SEBASTIEN SIMÕES	Individual	Senior Masculino	02:16:18	+01:12:13	10:29
187	1131	Fernando Oliveira	Individual	Senior Masculino	02:16:56	+01:12:51	10:32
188	1344	Armando amaro	Zangados com os tornozelos	Senior Masculino	02:17:26	+01:13:22	10:34
189	1345	Mário rego	Zangados com os tornozelos	Senior Masculino	02:17:38	+01:13:33	10:35
190	1225	Álvaro Silva	MSS CONTABILIDADE	Senior Masculino	02:18:02	+01:13:57	10:37
191	18	RUI BARBOSA	CLUBE NOVO BANCO - DELEGAÇÃO DO NORTE	Senior Masculino	02:18:03	+01:13:58	10:37
192	1197	Vitor Sousa	Individual	Senior Masculino	02:20:13	+01:16:08	10:47
193	1137	Germano Moura	Individual	Senior Masculino	02:20:19	+01:16:14	10:48
194	1180	Pedro Machado	Individual	Senior Masculino	02:20:25	+01:16:20	10:48
195	1005	António Picotês	Abutres do Douro	Senior Masculino	02:22:42	+01:18:37	10:59
196	1153	Júlio Costa	Individual	Senior Masculino	02:23:23	+01:19:18	11:02
197	1272	Rui Noddy	Powerrunners #1000pecadosparedes	Senior Masculino	02:24:53	+01:20:48	11:09
198	1325	Paulo Ferreira	Trinca Orelhas de Gato	Senior Masculino	02:24:57	+01:20:52	11:09
199	1254	João Batista	Oss Marretas	Senior Masculino	02:26:08	+01:22:03	11:14
200	1299	Ricardo vieira	The Next Level	Senior Masculino	02:26:51	+01:22:46	11:18
201	1155	Luís Alves	Individual	Senior Masculino	02:31:56	+01:27:51	11:41
202	1279	Vitor Vilela	Prova de Fogo	Senior Masculino	02:32:27	+01:28:22	11:44
203	1278	Luís Pinheiro	Prova de Fogo	Senior Masculino	02:32:27	+01:28:22	11:44
204	1314	Carlos Conde	Trinca Orelhas de Gato	Senior Masculino	02:34:25	+01:30:20	11:53
205	1350	Carlos Sampaio	Individual	Senior Masculino	02:36:01	+01:31:57	12:00
206	1042	HELDER SILVA	ÉPRÓCUMBIBIU	Senior Masculino	02:38:15	+01:34:10	12:10

Trail Curto

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

207	1320	Luís Morata	Trinca Orelhas de Gato	Senior Masculino	02:38:21	+01:34:16	12:11
208	1322	Miguel Costa	Trinca Orelhas de Gato	Senior Masculino	02:38:21	+01:34:16	12:11
209	1007	DANIEL FILIPE OLIVEIRA TORRES	ACV	Senior Masculino	02:45:33	+01:41:28	12:44
210	1045	PEDRO SILVA	ÉPRÓCUMBIBIU	Senior Masculino	02:50:39	+01:46:34	13:08
211	1041	GENE TORRES	ÉPRÓCUMBIBIU	Senior Masculino	02:50:40	+01:46:35	13:08
212	1301	jonathan teixeira	Tricotar Trails Ivone	Senior Masculino	02:53:02	+01:48:57	13:19
213	1239	Rogério Oliveira	NotFastJustFurious	Senior Masculino	02:54:04	+01:49:59	13:23
214	1150	José Manuel Pinto	Individual	Senior Masculino	02:56:49	+01:52:44	13:36
215	1134	Francisco Fernando Ferreira da Silva	Individual	Senior Masculino	03:17:39	+02:13:34	15:12
216	10	João Calado	BOSSRUNNERS TEAM	Senior Masculino	03:19:04	+02:14:59	15:19
217	11	Carlos Leitão	BOSSRUNNERS TEAM	Senior Masculino	03:25:40	+02:21:35	15:49
218	1196	Vítor Manuel Pinto Ribeiro	Individual	Senior Masculino	03:26:42	+02:22:38	15:54

COLETIVO - TRAIL CURTO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	grupo dramatico e recreativo da retorta	04:29:22 [1 + 3 + 5 + 6]	0
2	Dá-Lhe Gás	04:51:29 [4 + 9 + 13 + 14]	0
3	Trinca Orelhas de Gato	05:47:02 [7 + 34 + 43 + 52]	0
4	MSS CONTABILIDADE	06:35:24 [19 + 40 + 58 + 187]	0
5	SS MONTEPIO	06:40:32 [39 + 59 + 79 + 121]	0
6	FACTOR X / S4L / MEDENSE FC	06:52:20 [27 + 28 + 114 + 197]	0
7	Los Mexicanos	06:57:19 [38 + 55 + 82 + 198]	0
8	Tristes Mas Duros	07:01:48 [46 + 103 + 120 + 123]	0
9	Nova Linha Trail Runners	07:03:25 [71 + 94 + 95 + 128]	0
10	Invictus Oporto Team	07:14:54 [37 + 87 + 109 + 221]	0
11	CLUBE NOVO BANCO - DELEGAÇÃO DO NORTE	07:23:16 [24 + 118 + 119 + 236]	0
12	Oss Marretas	07:34:33 [73 + 88 + 91 + 255]	0
13	Atlético Clube Alfenense	07:42:11 [45 + 60 + 157 + 267]	0
14	Lux Team	07:48:56 [17 + 113 + 241 + 242]	0
15	reumatico team	07:52:59 [108 + 138 + 178 + 179]	0
16	Powerrunners #1000pecadosparedes	08:18:21 [85 + 176 + 177 + 250]	0
17	Paredes Running	08:52:29 [130 + 164 + 249 + 271]	0
18	Prova de Fogo	08:55:58 [117 + 158 + 268 + 269]	0