

PROVA PRINCIPAL - STAGE 1

10 KM



OFFICIAL RESULT

| | Time | Temperature | Humidity |
|-------|-------|-------------|----------|
| Start | 17:00 | 28°C | 69% |
| End | 18:33 | 27°C | 74% |

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|------|------|--------------------------------|---------------------------|------------------|--------|--------|-------|
| 1 | 64 | Simao Manuel | 1ºdeagosto | Senior Masculino | 31:28 | | 03:09 |
| 2 | 15 | Alexandre João | inter de angola | Senior Masculino | 31:35 | +00:06 | 03:10 |
| 3 | 24 | David Elias | inter de angola | Senior Masculino | 31:36 | +00:08 | 03:10 |
| 4 | 20 | Avelino Afonso Sanganhala | 1ºdeagosto | Senior Masculino | 31:41 | +00:12 | 03:10 |
| 5 | 54 | Miguel Mota | 1ºdeagosto | Senior Masculino | 31:49 | +00:20 | 03:11 |
| 6 | 21 | Avelino Catongue Dumbo | petro de luanda | Senior Masculino | 32:13 | +00:45 | 03:13 |
| 7 | 48 | Manuel Andre Antonio | 1ºdeagosto | Senior Masculino | 32:18 | +00:49 | 03:14 |
| 8 | 22 | Basto Meneses Filipe | petro de luanda | Senior Masculino | 32:23 | +00:55 | 03:14 |
| 9 | 36 | Francisco Caluvi | inter de angola | Senior Masculino | 32:31 | +01:02 | 03:15 |
| 10 | 67 | Venâncio Daniel Xingombe | petro de luanda | Senior Masculino | 32:31 | +01:03 | 03:15 |
| 11 | 47 | Luís Kuingua | inter de angola | Senior Masculino | 32:35 | +01:06 | 03:15 |
| 12 | 16 | Antonio Domingos | inter de angola | Senior Masculino | 32:36 | +01:08 | 03:16 |
| 13 | 17 | Antonio Cabinda | petro de luanda | Senior Masculino | 32:40 | +01:12 | 03:16 |
| 14 | 61 | Rafael Epesse | 1ºdeagosto | Senior Masculino | 32:50 | +01:22 | 03:17 |
| 15 | 1096 | Fernando Chioco | popular | Senior Masculino | 32:55 | +01:26 | 03:18 |
| 16 | 142 | Joaquim Francisco Chamane | popular selecção da huila | Senior Masculino | 33:06 | +01:37 | 03:19 |
| 17 | 63 | Severino Vicente | 1ºdeagosto | Senior Masculino | 33:27 | +01:59 | 03:21 |
| 18 | 57 | Paulo Ndimondolo | petro de luanda | Senior Masculino | 33:42 | +02:14 | 03:22 |
| 19 | 102 | Aires Ilunga Leite | selecção da moxico | Senior Masculino | 33:52 | +02:23 | 03:23 |
| 20 | 169 | Silvestre Chissingue Ngula | paralimpico huila | Senior Masculino | 33:57 | +02:29 | 03:24 |
| 21 | 218 | Artur Santiago | popular | Senior Masculino | 34:00 | +02:31 | 03:24 |
| 22 | 110 | Atrasado Francisco | santa rita de cassia | Senior Masculino | 34:06 | +02:38 | 03:25 |
| 23 | 510 | Joost da Raeymaeker | luanda runner | Veterano M50 | 34:11 | +02:42 | 03:25 |
| 24 | 161 | Nilda Conceição | selecção de lunda- sul | Senior Masculino | 34:19 | +02:50 | 03:26 |
| 25 | 32 | Fernando Antonio | petro de luanda | Senior Masculino | 34:23 | +02:54 | 03:26 |
| 26 | 118 | David Francisco | selecção da moxico | Senior Masculino | 34:25 | +02:56 | 03:27 |
| 27 | 143 | Jorge Domingos Quintas | selecção do bie | Senior Masculino | 34:26 | +02:57 | 03:27 |
| 28 | 5 | Moises Chapo | lunda sul | Senior Masculino | 34:34 | +03:05 | 03:27 |
| 29 | 1396 | Mateus Valdemiro Caxicula Caba | popular | Senior Masculino | 34:38 | +03:09 | 03:28 |
| 30 | 51 | Mário Afonso | petro de luanda | Senior Masculino | 34:39 | +03:11 | 03:28 |
| 31 | 391 | Mendes Antonio | popular | Senior Masculino | 34:50 | +03:21 | 03:29 |
| 32 | 1144 | Gouveia Maquina Venancio | popular | Senior Masculino | 34:52 | +03:24 | 03:29 |
| 33 | 139 | Joao Avelino Viegas da Costa | cuanza-sul | Senior Masculino | 34:54 | +03:26 | 03:29 |
| 34 | 69 | Zacarias Jaime | petro de luanda | Senior Masculino | 35:09 | +03:40 | 03:31 |
| 35 | 131 | Fonseca Paulino Tchiyeva | selecção da huila | Senior Masculino | 35:17 | +03:49 | 03:32 |
| 36 | 126 | Fernando Tumbika Pongolola | independente do tombwa | Senior Masculino | 35:28 | +04:00 | 03:33 |
| 37 | 146 | jose Samulena | selecção do bie | Senior Masculino | 35:30 | +04:01 | 03:33 |
| 38 | 81 | Manuel Haveva Antonio | huila | Senior Masculino | 35:31 | +04:03 | 03:33 |
| 39 | 1164 | Henriques Antonio Martins | popular | Veterano M45 | 35:50 | +04:22 | 03:35 |
| 40 | 820 | Adao F. Augusto Buenda | popular | Senior Masculino | 35:54 | +04:25 | 03:35 |
| 41 | 94 | Elia Joao Miguel | popular huambo | Senior Masculino | 36:00 | +04:32 | 03:36 |

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| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|------|------|------------------------------------|-----------------------------|------------------|--------|--------|-------|
| 86 | 275 | Evaristo Benguela | domant fc bengo | Senior Masculino | 39:08 | +07:40 | 03:55 |
| 87 | 512 | Jose Alfredo | popular | Senior Masculino | 39:10 | +07:41 | 03:55 |
| 88 | 140 | Joao Feleciano | paralimpico selecção do bie | Senior Masculino | 39:10 | +07:42 | 03:55 |
| 89 | 419 | Pedro Zeferino Israel | popular | Senior Masculino | 39:14 | +07:46 | 03:55 |
| 90 | 403 | Pacheco Mateus Mota | popular | Veterano M40 | 39:17 | +07:49 | 03:56 |
| 91 | 781 | Jose Domingos Tenente | popular | Veterano M50 | 39:18 | +07:49 | 03:56 |
| 92 | 91 | Leonardo Ndala | popular huila | Senior Masculino | 39:19 | +07:50 | 03:56 |
| 93 | 368 | Luis Raul Diogo | popular | Senior Masculino | 39:19 | +07:51 | 03:56 |
| 94 | 155 | Manuel F. Domingos | santa rita de cassia | Senior Masculino | 39:27 | +07:59 | 03:57 |
| 95 | 124 | Emeloide Fernando Adelino | independente do tombwa | Senior Masculino | 39:34 | +08:06 | 03:57 |
| 96 | 138 | Jeremias Soma | paralimpico / huambo | Senior Masculino | 39:40 | +08:11 | 03:58 |
| 97 | 1117 | Francisco Domingos da Costa | popular | Senior Masculino | 39:41 | +08:12 | 03:58 |
| 98 | 457 | Ali Khatoun | luanda runner | Senior Masculino | 39:44 | +08:16 | 03:58 |
| 99 | 485 | Edgar Esteves Fonseca | popular | Senior Masculino | 39:45 | +08:16 | 03:59 |
| 100 | 203 | Andrade Fernando Yango | popular | Senior Masculino | 39:46 | +08:18 | 03:59 |
| 101 | 188 | Alberto Lopes | popular | Senior Masculino | 39:48 | +08:19 | 03:59 |
| 102 | 336 | Joao P.Gomes Pereira | popular | Senior Masculino | 39:50 | +08:22 | 03:59 |
| 103 | 1159 | Helder Venancio Justino | popular | Senior Masculino | 39:51 | +08:22 | 03:59 |
| 104 | 437 | Severina Chilala | popular | Senior Feminino | 39:53 | +08:25 | 03:59 |
| 105 | 314 | Hiquelua Josefa | popular | Senior Masculino | 39:59 | +08:30 | 04:00 |
| 106 | 1397 | Mateus Vitorino Fernando Morais | popular | Senior Masculino | 40:02 | +08:33 | 04:00 |
| 107 | 112 | Bernardo Francisco Lopes | paralimpico / huambo | Senior Masculino | 40:02 | +08:34 | 04:00 |
| 108 | 1119 | Francisco dos Santos T. Catuco | popular | Senior Masculino | 40:06 | +08:37 | 04:01 |
| 109 | 401 | Osvaldo A.Joao | popular | Senior Masculino | 40:06 | +08:37 | 04:01 |
| 110 | 444 | Vanio da Costa Ferreira | popular | Senior Masculino | 40:07 | +08:39 | 04:01 |
| 111 | 151 | Lourenço Mupi Muanguvo | selecção de lunda- sul | Veterano M45 | 40:08 | +08:39 | 04:01 |
| 112 | 338 | Joaquim C.V.Gonga | popular | Senior Masculino | 40:14 | +08:45 | 04:01 |
| 113 | 116 | Miguel Infeliz Sebastiao | popular | Senior Masculino | 40:14 | +08:46 | 04:01 |
| 114 | 27 | Domingos Muholo | inter de angola | Senior Masculino | 40:18 | +08:49 | 04:02 |
| 115 | 520 | Manuel Figueira Zua | popular | Senior Masculino | 40:19 | +08:50 | 04:02 |
| 116 | 280 | Felismino Hitucua Fernando | popular | Veterano M40 | 40:21 | +08:52 | 04:02 |
| 117 | 615 | Inacio Pataca da Silva | popular | Senior Masculino | 40:26 | +08:57 | 04:03 |
| 118 | 9 | Inacio Pedro | selecção do zaire | Senior Masculino | 40:27 | +08:58 | 04:03 |
| 119 | 381 | Maria Bimbi Candela | popular | Senior Feminino | 40:30 | +09:01 | 04:03 |
| 120 | 971 | Carlos Paulo Dinis Cachala | popular | Senior Masculino | 40:37 | +09:08 | 04:04 |
| 121 | 352 | Jose dos Santos P. Sobrinho | popular | Veterano M45 | 40:42 | +09:13 | 04:04 |
| 122 | 661 | Josemar Victor Jose Macamba | popular | Senior Masculino | 40:45 | +09:17 | 04:05 |
| 123 | 435 | Segunda Manuel Jose | popular | Senior Masculino | 40:48 | +09:19 | 04:05 |
| 124 | 141 | Joao Sola | santa rita de cassia | Senior Masculino | 40:52 | +09:23 | 04:05 |
| 125 | 1498 | Pedro Lourenço | popular | Senior Masculino | 40:57 | +09:29 | 04:06 |
| 126 | 40 | Inacio Pedro | selecção do zaire | Senior Masculino | 41:00 | +09:31 | 04:06 |
| 127 | 804 | Pascoal Fernando | popular | Senior Masculino | 41:01 | +09:32 | 04:06 |
| 128 | 1230 | Joaquim Jose Porane | popular | Senior Masculino | 41:07 | +09:39 | 04:07 |
| 129 | 458 | Amilcar Paulo Issac Lutucuta | popular | Senior Masculino | 41:09 | +09:40 | 04:07 |
| 130 | 196 | Alvaro Rodrigues Joaquim | popular | Senior Masculino | 41:11 | +09:42 | 04:07 |

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| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|------|------|-------------------------------------|-----------------------|------------------|--------|--------|-------|
| 176 | 93 | Zeferino V.Domingos | popular huila | Senior Masculino | 43:06 | +11:37 | 04:19 |
| 177 | 58 | Paulo Nkanu | selecção do zaire | Senior Masculino | 43:07 | +11:39 | 04:19 |
| 178 | 699 | Joao Diyabouza Massakala | popular | Senior Masculino | 43:08 | +11:39 | 04:19 |
| 179 | 1203 | Joao Batista F.H.Kanete | popular | Senior Masculino | 43:09 | +11:40 | 04:19 |
| 180 | 854 | Alfredo Vieira Martins | popular | Senior Masculino | 43:20 | +11:51 | 04:20 |
| 181 | 730 | Alberto Augusto Quinta | popular | Senior Masculino | 43:26 | +11:57 | 04:21 |
| 182 | 1284 | Jose N. Manuel Neto | popular | Veterano M45 | 43:27 | +11:59 | 04:21 |
| 183 | 1573 | Venancio Gabriel Gungos Andre | popular | Senior Masculino | 43:28 | +11:59 | 04:21 |
| 184 | 349 | Jose Chissango D.Muandjagi | g.d.sagrada esperança | Senior Masculino | 43:31 | +12:03 | 04:21 |
| 185 | 296 | Francsco Alberto Muameza | popular | Veterano M55 | 43:31 | +12:03 | 04:21 |
| 186 | 405 | Patricio Sanda Joao | popular | Senior Masculino | 43:34 | +12:05 | 04:21 |
| 187 | 1359 | Manuel Luciano | popular | Veterano M45 | 43:41 | +12:12 | 04:22 |
| 188 | 1381 | Mario Mitendo Selaquio | popular | Veterano M45 | 43:42 | +12:13 | 04:22 |
| 189 | 745 | Bruno Mateus Manuel | popular | Senior Masculino | 43:48 | +12:19 | 04:23 |
| 190 | 429 | Sainga Tiago Benjamim | popular | Veterano M55 | 43:48 | +12:20 | 04:23 |
| 191 | 727 | Adao Sebastiao Matias | popular | Senior Masculino | 43:58 | +12:29 | 04:24 |
| 192 | 1052 | Edvaldo da Cruz Baptista Andrade | popular | Senior Masculino | 44:01 | +12:33 | 04:24 |
| 193 | 1402 | Mauricio L Tchipaupau | popular | Senior Masculino | 44:04 | +12:36 | 04:24 |
| 194 | 394 | Miquelina Geraldo | popular | Senior Feminino | 44:06 | +12:37 | 04:25 |
| 195 | 409 | Paulo Antonio de Melo | popular | Senior Masculino | 44:08 | +12:39 | 04:25 |
| 196 | 1353 | Manuel joao Augusto | popular | Senior Masculino | 44:08 | +12:39 | 04:25 |
| 197 | 272 | Eugenio D.F.da Silva | popular | Senior Masculino | 44:11 | +12:42 | 04:25 |
| 198 | 564 | Jordao Luis Manuel | popular | Senior Masculino | 44:12 | +12:44 | 04:25 |
| 199 | 356 | Jose Quissanga V.P. Hango | popular | Senior Masculino | 44:14 | +12:45 | 04:25 |
| 200 | 878 | Andreu Pamuchegueri | popular | Senior Masculino | 44:14 | +12:45 | 04:25 |
| 201 | 1478 | Paulo Damião Chaculanda | popular | Senior Masculino | 44:16 | +12:47 | 04:26 |
| 202 | 626 | Luis Francisco Kissanga | popular | Senior Masculino | 44:19 | +12:51 | 04:26 |
| 203 | 923 | Assuncao de Jesus Paulo | popular | Senior Masculino | 44:20 | +12:51 | 04:26 |
| 204 | 505 | Joao Correia Tchipahuka | popular | Veterano M40 | 44:22 | +12:54 | 04:26 |
| 205 | 101 | Adriano N.N.Neto | sporting do bie | Senior Masculino | 44:34 | +13:05 | 04:27 |
| 206 | 937 | Avelino Fernando B. Capolo | popular | Veterano M45 | 44:38 | +13:10 | 04:28 |
| 207 | 1521 | Rodrigues Andre Manuel | popular | Veterano M45 | 44:39 | +13:11 | 04:28 |
| 208 | 750 | Damiao Domingos Mateus | popular | Senior Masculino | 44:42 | +13:13 | 04:28 |
| 209 | 995 | Crisantemo Ngonga Maria Kosi | popular | Senior Masculino | 44:44 | +13:15 | 04:28 |
| 210 | 1358 | Manuel Lourenço de Abreu | popular | Veterano M40 | 44:48 | +13:19 | 04:29 |
| 211 | 247 | David do Amaral C.Caluvuili | popular | Veterano M45 | 44:48 | +13:19 | 04:29 |
| 212 | 428 | Sabalo Simao | popular | Senior Masculino | 44:49 | +13:20 | 04:29 |
| 213 | 1114 | Francisco Conde Pito Cobaco | popular | Senior Masculino | 44:50 | +13:21 | 04:29 |
| 214 | 869 | Andre Aderito L. M. Sousa | popular | Senior Masculino | 44:51 | +13:22 | 04:29 |
| 215 | 209 | Antonio Eduardo Raimundo | popular | Senior Masculino | 44:56 | +13:27 | 04:30 |
| 216 | 889 | Antonio Domingos Quixi | popular | Senior Masculino | 44:56 | +13:27 | 04:30 |
| 217 | 880 | Antonio Aida Francisco | popular | Senior Masculino | 45:00 | +13:31 | 04:30 |
| 218 | 152 | Lúcia Chissapa Capiñgala | popular huambo | Senior Feminino | 45:00 | +13:31 | 04:30 |
| 219 | 1567 | Tourriar Emmanuel Luciane Didier | popular | Senior Masculino | 45:04 | +13:35 | 04:30 |

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10 KM
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 REVISED

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|------|------|---------------------------------|-----------------------------|------------------|--------|--------|-------|
| 220 | 464 | Antonio Francisco Eduardo | popular | Senior Masculino | 45:06 | +13:37 | 04:31 |
| 221 | 194 | Alexandre Francisco Samacaia | popular | Senior Masculino | 45:07 | +13:38 | 04:31 |
| 222 | 7 | Alberto Lussasse | paralimpico selecção do bie | Senior Masculino | 45:08 | +13:39 | 04:31 |
| 223 | 539 | Sergio Diamantinho Parente | popular | Senior Masculino | 45:12 | +13:44 | 04:31 |
| 224 | 1532 | Samir She Hady | popular | Senior Masculino | 45:18 | +13:49 | 04:32 |
| 225 | 767 | Fernando Felix Catumbela | popular | Senior Masculino | 45:22 | +13:53 | 04:32 |
| 226 | 1360 | Manuel Luis Figueiredo | popular | Veterano M55 | 45:25 | +13:56 | 04:33 |
| 227 | 288 | Filomeno D.C.Antonio | popular | Senior Masculino | 45:27 | +13:59 | 04:33 |
| 228 | 123 | Eduardo Dumbo Paulo | paralimpico / huambo | Senior Masculino | 45:28 | +14:00 | 04:33 |
| 229 | 97 | Arsenio Machado dos Santos | popular | Senior Masculino | 45:32 | +14:03 | 04:33 |
| 230 | 578 | Cipriano Sametuila | popular | Senior Masculino | 45:34 | +14:06 | 04:33 |
| 231 | 1263 | José Elvis Baptista Chiena | popular | Senior Masculino | 45:36 | +14:08 | 04:34 |
| 232 | 1438 | Nelson de Jesus Cordeiro Almada | popular | Senior Masculino | 45:37 | +14:08 | 04:34 |
| 233 | 616 | Jaime Luwawa Satula | popular | Senior Masculino | 45:38 | +14:09 | 04:34 |
| 234 | 42 | Donana Paula Benjamim | selecção do namibe | Senior Feminino | 45:43 | +14:14 | 04:34 |
| 235 | 85 | Adilson Bartolomeu | cpa bengo | Senior Masculino | 45:50 | +14:21 | 04:35 |
| 236 | 623 | Jose Luis Manguede Chicomo | popular | Senior Masculino | 45:53 | +14:24 | 04:35 |
| 237 | 636 | Pedro R.Mabiala Domingos | popular | Senior Masculino | 45:54 | +14:26 | 04:35 |
| 238 | 1223 | Joao Vemba Andre Simao | popular | Senior Masculino | 45:57 | +14:29 | 04:36 |
| 239 | 1470 | Pascoal Costa Mingonga | popular | Senior Masculino | 45:59 | +14:30 | 04:36 |
| 240 | 1400 | Mauricio Catumine Bengui | popular | Veterano M40 | 45:59 | +14:31 | 04:36 |
| 241 | 1436 | Nelcete António | popular | Veterano M40 | 46:01 | +14:32 | 04:36 |
| 242 | 641 | Agostinho Manuel Gongo | popular | Veterano M40 | 46:02 | +14:33 | 04:36 |
| 243 | 1394 | Mateus Ribeiro Marcos Albano | popular | Veterano M40 | 46:03 | +14:34 | 04:36 |
| 244 | 577 | Antonio Manuel da Silva | popular | Senior Masculino | 46:05 | +14:37 | 04:37 |
| 245 | 1424 | Mitilak F.Nunes texeira | popular | Veterano M40 | 46:06 | +14:38 | 04:37 |
| 246 | 223 | Benjamim Cardoso Rebeca | popular | Senior Masculino | 46:09 | +14:40 | 04:37 |
| 247 | 1196 | Jeronimo Coque Calumbi | popular | Senior Masculino | 46:11 | +14:42 | 04:37 |
| 248 | 13 | Adriano N.N.Netto | sp.benfica andulo | Senior Masculino | 46:14 | +14:45 | 04:37 |
| 249 | 1091 | Feleciano Magalhaes Rodrigues | popular | Senior Masculino | 46:16 | +14:47 | 04:38 |
| 250 | 979 | Celestino Sopalo | popular | Veterano M55 | 46:16 | +14:47 | 04:38 |
| 251 | 1465 | Oswaldo Lemos Martins da Costa | popular | Senior Masculino | 46:21 | +14:52 | 04:38 |
| 252 | 1197 | Jesus Joaquim Vunge André | popular | Senior Masculino | 46:21 | +14:53 | 04:38 |
| 253 | 1236 | Joaquim Serafim Sermao | popular | Veterano M45 | 46:26 | +14:57 | 04:39 |
| 254 | 1607 | Bartolomeu Milagre Domingos | popular | Senior Masculino | 46:28 | +14:59 | 04:39 |
| 255 | 290 | Francisco David Augusto | popular | Senior Masculino | 46:29 | +15:01 | 04:39 |
| 256 | 1536 | Sebastiao Diogo Miranda | popular | Veterano M40 | 46:30 | +15:01 | 04:39 |
| 257 | 1179 | Inocencio Sebastiao Luamba | popular | Senior Masculino | 46:35 | +15:06 | 04:40 |
| 258 | 1181 | Isaias Q. Mateus | popular | Senior Masculino | 46:36 | +15:07 | 04:40 |
| 259 | 432 | Samuel Ferramenta | popular | Veterano M50 | 46:37 | +15:08 | 04:40 |
| 260 | 1551 | Simao Inacio da Veja | popular | Senior Masculino | 46:43 | +15:15 | 04:40 |
| 261 | 386 | Mateus Francisco Zua | popular | Senior Masculino | 46:44 | +15:15 | 04:40 |
| 262 | 1316 | Lourenco Joao Cambaca Sapalo | popular | Senior Masculino | 46:46 | +15:17 | 04:41 |

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10 KM



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| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|------|------|----------------------------------|-----------------------------|------------------|--------|--------|-------|
| 307 | 548 | Adao Agostinho Sebastiao Joao | popular | Senior Masculino | 48:01 | +16:33 | 04:48 |
| 308 | 1246 | Jose Daniel | popular | Veterano M45 | 48:03 | +16:34 | 04:48 |
| 309 | 1410 | Miguel Domingos N. Bula | popular | Senior Masculino | 48:08 | +16:39 | 04:49 |
| 310 | 555 | Bunga Andre Capitao | popular | Senior Masculino | 48:09 | +16:40 | 04:49 |
| 311 | 1253 | Jorge Xavier Menezes | popular | Veterano M40 | 48:10 | +16:41 | 04:49 |
| 312 | 1388 | Martinho Hossi Henriques | popular | Senior Masculino | 48:10 | +16:42 | 04:49 |
| 313 | 1169 | Hugo Ariel Correio Figueredo | popular | Senior Masculino | 48:12 | +16:44 | 04:49 |
| 314 | 1292 | Jacimar Jacinto | popular | Senior Masculino | 48:15 | +16:47 | 04:50 |
| 315 | 984 | Changongo Galomao | popular | Senior Masculino | 48:16 | +16:48 | 04:50 |
| 316 | 1175 | Inacio haino pome | popular | Veterano M45 | 48:19 | +16:50 | 04:50 |
| 317 | 111 | Befilia Buya | paralimpico selecção do bie | Senior Feminino | 48:20 | +16:52 | 04:50 |
| 318 | 210 | Antonio Filipe | popular | Senior Masculino | 48:21 | +16:53 | 04:50 |
| 319 | 274 | Evaristo Antonio da Cruz | popular | Senior Masculino | 48:23 | +16:55 | 04:50 |
| 320 | 182 | Agostinho S,J.Miguel | popular | Senior Masculino | 48:25 | +16:56 | 04:51 |
| 321 | 1494 | Pedro Inacio ANTONIO | popular | Senior Masculino | 48:25 | +16:57 | 04:51 |
| 322 | 671 | Paulino Ventura da Silva | popular | Veterano M50 | 48:28 | +16:59 | 04:51 |
| 323 | 497 | Helder Quissaca Samba | popular | Senior Masculino | 48:28 | +17:00 | 04:51 |
| 324 | 877 | Andre Xavier J. Buila | popular | Veterano M45 | 48:31 | +17:03 | 04:51 |
| 325 | 1530 | Salomão Tiago | popular | Senior Masculino | 48:33 | +17:04 | 04:51 |
| 326 | 73 | Armindo L. Pitra | selecção de cabinda | Senior Masculino | 48:34 | +17:05 | 04:51 |
| 327 | 1318 | Luakikubikilua Joao Barroso | popular | Senior Masculino | 48:40 | +17:12 | 04:52 |
| 328 | 2 | Tereza Elias | desportivo da saude | Senior Feminino | 48:45 | +17:17 | 04:53 |
| 329 | 4 | Edivanilson Paulino | desportivo da saude | Senior Masculino | 48:46 | +17:17 | 04:53 |
| 330 | 270 | Ernesto Sebastiao Capitia | popular | Senior Masculino | 48:47 | +17:19 | 04:53 |
| 331 | 185 | Airlton da Silva Martins | popular | Senior Masculino | 48:49 | +17:21 | 04:53 |
| 332 | 1068 | Emerson Sergio dos Santos Lisboa | popular | Senior Masculino | 48:50 | +17:22 | 04:53 |
| 333 | 1493 | Pedro Heleira Maya | popular | Senior Masculino | 48:53 | +17:25 | 04:53 |
| 334 | 340 | Joaquim Jose João | popular | Senior Masculino | 48:55 | +17:26 | 04:54 |
| 335 | 1612 | Ernesto Cassinda Yosso | popular | Senior Masculino | 48:57 | +17:29 | 04:54 |
| 336 | 1605 | Antonio Jamba Americo | popular | Senior Masculino | 48:59 | +17:31 | 04:54 |
| 337 | 307 | Gustavo Leite Capao | popular | Senior Masculino | 49:00 | +17:31 | 04:54 |
| 338 | 234 | Cavimbi Joaquim | popular | Senior Masculino | 49:00 | +17:31 | 04:54 |
| 339 | 59 | Paulo Sebastião | petro de luanda | Senior Masculino | 49:00 | +17:32 | 04:54 |
| 340 | 477 | Clemente Alberto Vemba | popular | Senior Masculino | 49:01 | +17:33 | 04:54 |
| 341 | 168 | Salomé Junju Augusto | paralimpico / huambo | Senior Feminino | 49:02 | +17:33 | 04:54 |
| 342 | 891 | Antonio Ernesto Ngola | popular | Senior Masculino | 49:04 | +17:35 | 04:54 |
| 343 | 1601 | Andre Calumbo Silva | popular | Senior Masculino | 49:06 | +17:38 | 04:55 |
| 344 | 1249 | Jorge Faustino Santinho | popular | Senior Masculino | 49:07 | +17:38 | 04:55 |
| 345 | 1247 | Jorge de Oliveira Vicente | popular | Senior Masculino | 49:07 | +17:39 | 04:55 |
| 346 | 1441 | Nelson Luamba Serrote | popular | Senior Masculino | 49:09 | +17:40 | 04:55 |
| 347 | 1085 | Evaristo Luciano | popular | Senior Masculino | 49:10 | +17:41 | 04:55 |
| 348 | 633 | Nsuna Antonio Filipe Capitao | popular | Senior Masculino | 49:10 | +17:41 | 04:55 |
| 349 | 273 | Eugenio Mario Luanda | popular | Senior Masculino | 49:12 | +17:43 | 04:55 |
| 350 | 552 | Andre Manuel Nicolau | popular | Senior Masculino | 49:14 | +17:46 | 04:55 |
| 351 | 526 | Miala Antonio | popular | Senior Masculino | 49:15 | +17:46 | 04:55 |

PROVA PRINCIPAL - STAGE 1

10 KM

OFFICIAL RESULT

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|------|------|-------------------------------------|----------------------|------------------|--------|--------|-------|
| 397 | 1245 | Jorge ChiPalavela | popular | Senior Masculino | 50:35 | +19:06 | 05:04 |
| 398 | 1508 | Queaque camuele Clemente | popular | Senior Masculino | 50:36 | +19:08 | 05:04 |
| 399 | 229 | Cagliano Salvatore | popular | Veterano M40 | 50:37 | +19:08 | 05:04 |
| 400 | 1378 | Mario da Piedade Vieira Figueiredo | petro atletico | Senior Masculino | 50:40 | +19:11 | 05:04 |
| 401 | 333 | Joao J.M.Lima | popular | Veterano M40 | 50:41 | +19:12 | 05:04 |
| 402 | 1049 | Edson Herlander V. Castro Figueredo | popular | Senior Masculino | 50:41 | +19:12 | 05:04 |
| 403 | 66 | Tomas Farias | veterano | Senior Masculino | 50:50 | +19:21 | 05:05 |
| 404 | 37 | Francisco Gonçaves | petro de luanda | Senior Masculino | 50:51 | +19:23 | 05:05 |
| 405 | 881 | Antonio Alexandre Kicue Cabuenha | popular | Senior Masculino | 50:56 | +19:27 | 05:06 |
| 406 | 309 | Henriques Bernardo Domingos | popular | Senior Masculino | 50:57 | +19:28 | 05:06 |
| 407 | 322 | Janilson Facata da Gama | popular bfa | Senior Masculino | 51:01 | +19:33 | 05:06 |
| 408 | 864 | Analide Domingos Lussossa | popular | Senior Masculino | 51:05 | +19:36 | 05:06 |
| 409 | 1544 | Sergio mateus zangula | popular | Senior Masculino | 51:09 | +19:40 | 05:07 |
| 410 | 1342 | Manuel Bebeca de Sousa | popular | Senior Masculino | 51:25 | +19:57 | 05:09 |
| 411 | 1271 | Jose Henriques Alves de Sousa | popular | Veterano M40 | 51:31 | +20:03 | 05:09 |
| 412 | 1496 | Pedro jose dinis Domingos | popular | Senior Masculino | 51:34 | +20:05 | 05:09 |
| 413 | 648 | Carlos Wagner Fortes Penalta | popular | Senior Masculino | 51:35 | +20:06 | 05:09 |
| 414 | 631 | Nelson Figuira Mussunda | popular | Senior Masculino | 51:38 | +20:09 | 05:10 |
| 415 | 312 | Henriques Filipe Caholo | popular | Veterano M45 | 51:40 | +20:11 | 05:10 |
| 416 | 759 | Eduardo Antonio Quintas | popular | Senior Masculino | 51:40 | +20:11 | 05:10 |
| 417 | 755 | Domingos Mateus M.Gonçalo | popular | Senior Masculino | 51:41 | +20:12 | 05:10 |
| 418 | 107 | Anita Ngueve | paralimpico / huambo | Veterana F40 | 51:42 | +20:13 | 05:10 |
| 419 | 1070 | Epifanio Carlos Lino Combole | popular | Senior Masculino | 51:43 | +20:14 | 05:10 |
| 420 | 536 | Raul Falcao da Cunha | popular | Senior Masculino | 51:44 | +20:15 | 05:10 |
| 421 | 396 | Nama Mawete Serafim | popular | Veterano M40 | 51:44 | +20:16 | 05:10 |
| 422 | 1356 | Manuel Jose Fineza | popular | Senior Masculino | 51:44 | +20:16 | 05:10 |
| 423 | 1450 | Nilton de Assuncao Tomas Andre | popular | Senior Masculino | 51:47 | +20:19 | 05:11 |
| 424 | 456 | Alfredo Eusebio Madureira | popular | Senior Masculino | 51:48 | +20:20 | 05:11 |
| 425 | 1533 | Santos Antonio Francisco da Costa | popular | Senior Masculino | 51:50 | +20:21 | 05:11 |
| 426 | 294 | Francisco Pedro Samuel | popular | Senior Masculino | 51:51 | +20:22 | 05:11 |
| 427 | 874 | Andre Joaquim C. dos Santos | popular | Veterano M45 | 51:53 | +20:24 | 05:11 |
| 428 | 174 | Abel Alexandre Dala | popular | Senior Masculino | 51:53 | +20:24 | 05:11 |
| 429 | 1066 | Emanuel Nhiquiko Albino Paulino | popular | Senior Masculino | 51:55 | +20:27 | 05:12 |
| 430 | 1614 | Gildo Joao Agostinho | popular | Senior Masculino | 51:57 | +20:28 | 05:12 |
| 431 | 1217 | João Paulo Nzambi | popular | Veterano M50 | 51:57 | +20:28 | 05:12 |
| 432 | 277 | Fabio Ludy da Silva (DIP) | popular bfa | Veterano M40 | 51:58 | +20:29 | 05:12 |
| 433 | 1335 | Macedo Aniceito Francisco Coreira | popular | Senior Masculino | 51:58 | +20:29 | 05:12 |
| 434 | 1361 | Manuel Mutota Mutinda | popular | Senior Masculino | 51:58 | +20:29 | 05:12 |
| 435 | 521 | Marcos Paulino Lopes Bambo | popular | Senior Masculino | 51:58 | +20:30 | 05:12 |
| 436 | 373 | Manuel Antonio Kucuaama | popular | Senior Masculino | 51:59 | +20:30 | 05:12 |

PROVA PRINCIPAL - STAGE 1

10 KM



LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|------|------|----------------------------------|-------------|------------------|--------|--------|-------|
| 526 | 551 | Anacleto Cabanga Jose | popular | Senior Masculino | 55:23 | +23:55 | 05:32 |
| 527 | 1056 | Elias Chissolo Huambo | popular | Senior Masculino | 55:25 | +23:56 | 05:32 |
| 528 | 482 | Djairo Adalia Antonio Ebo | mama muxima | Senior Masculino | 55:25 | +23:57 | 05:33 |
| 529 | 642 | Alves Silva Armenio | popular | Senior Masculino | 55:26 | +23:57 | 05:33 |
| 530 | 1060 | Eliseu Pinto Zinga | popular | Senior Masculino | 55:27 | +23:59 | 05:33 |
| 531 | 244 | Creto Reginaldo Bento Bernardo | popular | Senior Masculino | 55:31 | +24:02 | 05:33 |
| 532 | 1386 | Mario Vanilson Bartolomeu | popular | Senior Masculino | 55:32 | +24:04 | 05:33 |
| 533 | 1418 | Miguel T.bebeca Dos Anjos | popular | Senior Masculino | 55:37 | +24:08 | 05:34 |
| 534 | 816 | Abelauo A. Dos santos Nurgulo | popular | Senior Masculino | 55:44 | +24:15 | 05:34 |
| 535 | 954 | Bruno F. Combulo Manuel | popular | Senior Masculino | 55:44 | +24:15 | 05:34 |
| 536 | 649 | Claudio Cristovao Henriques | popular | Senior Masculino | 55:44 | +24:16 | 05:34 |
| 537 | 1320 | Luciano Malungo David Joao | popular | Senior Masculino | 55:47 | +24:19 | 05:35 |
| 538 | 1321 | Luduvino Campos | popular | Senior Masculino | 55:48 | +24:19 | 05:35 |
| 539 | 1267 | Jose Francisco Q. Nganga | popular | Senior Masculino | 55:50 | +24:22 | 05:35 |
| 540 | 1364 | Manuel silveiro kanga | popular | Senior Masculino | 55:50 | +24:22 | 05:35 |
| 541 | 1552 | Simao Joao Antonio | popular | Veterano M55 | 55:52 | +24:23 | 05:35 |
| 542 | 493 | Francisco Filomeno H.Marques | mama muxima | Veterano M55 | 55:53 | +24:24 | 05:35 |
| 543 | 487 | Edgar Marques Martins | mama muxima | Veterano M40 | 55:54 | +24:25 | 05:35 |
| 544 | 890 | Antonio Eduardo bengo Neto | popular | Senior Masculino | 55:56 | +24:27 | 05:36 |
| 545 | 560 | Gomes Adelino Neto | popular | Senior Masculino | 55:59 | +24:30 | 05:36 |
| 546 | 855 | Almeida Francisco Bartolommeu | popular | Senior Masculino | 56:00 | +24:31 | 05:36 |
| 547 | 739 | Arguirene Mendes de Carvalho | popular | Senior Masculino | 56:10 | +24:42 | 05:37 |
| 548 | 1153 | Helder gala katewa | popular | Veterano M40 | 56:21 | +24:52 | 05:38 |
| 549 | 989 | Claudio Mateus Paulo | popular | Senior Masculino | 56:23 | +24:54 | 05:38 |
| 550 | 898 | Antonio Joao Manuel | popular | Veterano M40 | 56:24 | +24:55 | 05:38 |
| 551 | 838 | Ailton Matias Quissanga | popular | Senior Masculino | 56:25 | +24:57 | 05:39 |
| 552 | 1310 | Laurindo Bengue Kiala Maiara | popular | Veterano M40 | 56:28 | +25:00 | 05:39 |
| 553 | 803 | Pascoal Domingos Bernardo | popular | Senior Masculino | 56:28 | +25:00 | 05:39 |
| 554 | 439 | Tercio Bravo Fernandes | popular | Senior Masculino | 56:30 | +25:01 | 05:39 |
| 555 | 760 | Elucui da Silva Joao | popular | Senior Masculino | 56:31 | +25:03 | 05:39 |
| 556 | 1235 | Joaquim Sebastiao D. L. Jeronimo | popular | Senior Masculino | 56:32 | +25:03 | 05:39 |
| 557 | 707 | Mateus Fernando Andrade | popular | Senior Masculino | 56:34 | +25:05 | 05:39 |
| 558 | 516 | Junior M. J. Domingos | popular | Senior Masculino | 56:35 | +25:06 | 05:39 |
| 559 | 988 | Claudio Manuel Ribeiro Kiluanje | popular | Senior Masculino | 56:38 | +25:09 | 05:40 |
| 560 | 500 | Inara Dinamena dos Santos | popular | Senior Feminino | 56:39 | +25:10 | 05:40 |
| 561 | 1372 | Marcos Antonio Castro | popular | Senior Masculino | 56:42 | +25:13 | 05:40 |
| 562 | 1528 | Rui Teixeira | popular | Veterano M45 | 56:42 | +25:13 | 05:40 |
| 563 | 765 | Felipe Manuel Magalhaes | popular | Senior Masculino | 56:43 | +25:14 | 05:40 |
| 564 | 346 | Jose Antonio | popular | Veterano M55 | 56:45 | +25:16 | 05:40 |
| 565 | 1425 | Mnuel Quarenta Avelino Joaquim | popular | Senior Masculino | 56:45 | +25:16 | 05:41 |
| 566 | 824 | Adilson Miguel | popular | Senior Masculino | 56:46 | +25:17 | 05:41 |
| 567 | 1329 | Luis Ferreira Afonso | popular | Senior Masculino | 56:49 | +25:21 | 05:41 |

PROVA PRINCIPAL - STAGE 1

10 KM



OFFICIAL RESULT

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|------|------|------------------------------------|-------------------|------------------|--------|--------|-------|
| 613 | 1015 | Delcio de Jesus Ferreira | popular | Senior Masculino | 57:57 | +26:28 | 05:48 |
| 614 | 894 | António Felix Augusto | popular | Senior Masculino | 58:00 | +26:31 | 05:48 |
| 615 | 1556 | Stelio Cardiny Tavares Cocolinha | popular | Senior Masculino | 58:02 | +26:34 | 05:48 |
| 616 | 953 | Bruno Elizzer da Silva Coimbra | popular | Senior Masculino | 58:03 | +26:34 | 05:48 |
| 617 | 180 | Adriano Jacinto Duro Jose | popular | Veterano M40 | 58:03 | +26:34 | 05:48 |
| 618 | 1125 | Gaspar Antonio Joao Domingos | popular | Senior Masculino | 58:03 | +26:35 | 05:48 |
| 619 | 86 | Eva Jose | domant fc bengo | Veterana F35 | 58:08 | +26:39 | 05:49 |
| 620 | 1013 | David Gonçalves | popular | Senior Masculino | 58:12 | +26:43 | 05:49 |
| 621 | 360 | Josias Oseias Gouveia Nhanga | popular bfa | Senior Masculino | 58:13 | +26:44 | 05:49 |
| 622 | 792 | Manuel Rodrigues G. Gonçalves | popular | Senior Masculino | 58:14 | +26:46 | 05:49 |
| 623 | 1248 | Jorge Edgar Capapinha Cassule | popular | Senior Masculino | 58:17 | +26:48 | 05:50 |
| 624 | 532 | Patrick Jean | popular | Veterano M55 | 58:17 | +26:48 | 05:50 |
| 625 | 1558 | Tadeu Antonio de Costa Paulo | popular | Senior Masculino | 58:17 | +26:48 | 05:50 |
| 626 | 574 | Venancio Junior Quarenta | popular | Senior Masculino | 58:18 | +26:49 | 05:50 |
| 627 | 724 | Venancio Doloudo de O. Moreira | popular | Veterano M50 | 58:18 | +26:50 | 05:50 |
| 628 | 1077 | Eugénio dos Prazeres da Silva Dias | popular | Veterano M40 | 58:20 | +26:51 | 05:50 |
| 629 | 651 | Fontes Azevedo | popular | Senior Masculino | 58:22 | +26:53 | 05:50 |
| 630 | 1277 | Jose Manuel Chilalo Gonçalves | popular | Senior Masculino | 58:22 | +26:53 | 05:50 |
| 631 | 513 | Jose M.da Silva Pelinganga | mama muxima | Veterano M55 | 58:23 | +26:54 | 05:50 |
| 632 | 1256 | Jose Adelino Frascisco Monteiro | popular | Veterano M55 | 58:26 | +26:58 | 05:51 |
| 633 | 592 | Moises Roberto Makumba | popular | Senior Masculino | 58:30 | +27:01 | 05:51 |
| 634 | 1309 | Largeron Laic Rudi | popular | Senior Masculino | 58:34 | +27:05 | 05:51 |
| 635 | 802 | Oscar Baptista Calumba | popular | Senior Masculino | 58:34 | +27:06 | 05:51 |
| 636 | 756 | Domingos Nicolau Calambole | popular | Senior Masculino | 58:35 | +27:06 | 05:52 |
| 637 | 1288 | Jose SAMALESSO Samuambila | popular | Senior Masculino | 58:36 | +27:07 | 05:52 |
| 638 | 1218 | Joao pedro vicente | popular | Veterano M50 | 58:36 | +27:08 | 05:52 |
| 639 | 1294 | Juelson monteiro Zamba | popular | Senior Masculino | 58:37 | +27:09 | 05:52 |
| 640 | 1339 | Makies A .joao vamba | popular | Senior Masculino | 58:43 | +27:14 | 05:52 |
| 641 | 785 | Luis Francisco Avelino da Costa | popular | Senior Masculino | 58:44 | +27:15 | 05:52 |
| 642 | 45 | Lino Firmino Francisco | selecção do zaire | Senior Masculino | 58:56 | +27:27 | 05:54 |
| 643 | 1328 | Luis Fernando Rufino Baptista | popular | Senior Masculino | 58:56 | +27:28 | 05:54 |
| 644 | 927 | Augusto Cachimbamba | popular | Veterano M45 | 58:57 | +27:29 | 05:54 |
| 645 | 1409 | Miguel Chaves Baptista | popular | Veterano M50 | 59:00 | +27:31 | 05:54 |
| 646 | 1525 | Rubio jorge da fonseca | popular | Senior Masculino | 59:01 | +27:32 | 05:54 |
| 647 | 850 | Alex Monteiro Gaspar | popular | Veterano M40 | 59:01 | +27:33 | 05:54 |
| 648 | 1486 | Pedro Domingos X. Cavira | popular | Senior Masculino | 59:04 | +27:35 | 05:54 |
| 649 | 630 | Miguel Francisco Adolfo | popular | Senior Masculino | 59:08 | +27:39 | 05:55 |
| 650 | 1072 | Ernesto Jose Joaquim | popular | Senior Masculino | 59:08 | +27:40 | 05:55 |

PROVA PRINCIPAL - STAGE 1

10 KM

OFFICIAL RESULT



LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|------|------|------------------------------------|---------------------|------------------|----------|--------|-------|
| 651 | 171 | Vania B.F.Sassa | selecção de cabinda | Senior Masculino | 59:09 | +27:40 | 05:55 |
| 652 | 1279 | José Manuel Macedo | popular | Senior Masculino | 59:09 | +27:41 | 05:55 |
| 653 | 1349 | Manuel Domingos Quifamessa | popular | Veterano M40 | 59:10 | +27:42 | 05:55 |
| 654 | 1219 | Joao Petrok J. Victorino | popular | Senior Masculino | 59:12 | +27:43 | 05:55 |
| 655 | 207 | Antonio Casimiro Tavares | popular | Senior Masculino | 59:13 | +27:44 | 05:55 |
| 656 | 463 | Antonio Conceição Jose | popular | Senior Masculino | 59:20 | +27:51 | 05:56 |
| 657 | 1047 | Edmar Evaldo Rodrigues das Neves | popular | Senior Masculino | 59:21 | +27:53 | 05:56 |
| 658 | 795 | Marcos Zeu Antonio | popular | Senior Masculino | 59:22 | +27:54 | 05:56 |
| 659 | 1538 | Sebastião João Baptista | popular | Senior Masculino | 59:24 | +27:55 | 05:56 |
| 660 | 88 | Dulcinio Nascimento | popular | Senior Masculino | 59:24 | +27:56 | 05:56 |
| 661 | 794 | Marcio Jose de Sá Miguel | popular | Senior Masculino | 59:24 | +27:56 | 05:56 |
| 662 | 1151 | Helder A. De oliveira Antonio | popular | Senior Masculino | 59:27 | +27:58 | 05:57 |
| 663 | 934 | Augusto Moreira Martins | popular | Senior Masculino | 59:27 | +27:58 | 05:57 |
| 664 | 1334 | Lweje Bebeca | popular | Senior Feminino | 59:27 | +27:59 | 05:57 |
| 665 | 1212 | João Kituba de Nascimento Catalo | popular | Senior Masculino | 59:28 | +28:00 | 05:57 |
| 666 | 743 | Beto Jose Manaça | popular | Senior Masculino | 59:34 | +28:06 | 05:57 |
| 667 | 1487 | Pedro Eduardo Manuel AFONSO | popular | Veterano M40 | 59:40 | +28:12 | 05:58 |
| 668 | 903 | Antonio K. Jose Da costa | popular | Senior Masculino | 59:41 | +28:13 | 05:58 |
| 669 | 1140 | Gilberto M. Balanga vunge | popular | Veterano M40 | 59:42 | +28:13 | 05:58 |
| 670 | 1078 | Eugenio vassole Cuquemba | popular | Senior Masculino | 59:42 | +28:13 | 05:58 |
| 671 | 1369 | Marcia Aleixo da Costa Nunes | popular | Veterana F35 | 59:43 | +28:14 | 05:58 |
| 672 | 537 | Sebastiao Bernardo | popular | Senior Masculino | 59:43 | +28:15 | 05:58 |
| 673 | 445 | Vicente Jutulo Xirimimbi | popular | Veterano M50 | 59:56 | +28:27 | 06:00 |
| 674 | 1546 | Silva Jovenal Tambue Chicongo | popular | Senior Masculino | 59:56 | +28:27 | 06:00 |
| 675 | 1043 | Domingos Xavier | popular | Veterano M45 | 59:58 | +28:30 | 06:00 |
| 676 | 1142 | Gilmar Samara dos Santos Verissimo | popular | Senior Masculino | 01:00:00 | +28:31 | 06:00 |
| 677 | 498 | Helio Dias de Brito Teixeira | mama muxima | Senior Masculino | 01:00:01 | +28:32 | 06:00 |
| 678 | 523 | Mario Paulo Canganjo | popular | Senior Masculino | 01:00:01 | +28:32 | 06:00 |
| 679 | 530 | Norberto Canda Amorim Muando | popular | Senior Masculino | 01:00:01 | +28:32 | 06:00 |
| 680 | 650 | Donald Wynne | popular | Veterano M50 | 01:00:02 | +28:33 | 06:00 |
| 681 | 1460 | Olimpio Agostinho Dembo Gagarino | popular | Senior Masculino | 01:00:02 | +28:33 | 06:00 |
| 682 | 1491 | Pedro francisco ngunza | popular | Senior Masculino | 01:00:03 | +28:35 | 06:00 |
| 683 | 1132 | Gelson dos Santos Cassule Gongá | popular | Senior Masculino | 01:00:07 | +28:38 | 06:01 |
| 684 | 499 | Inacio Alvaro da Costa | mama muxima | Veterano M45 | 01:00:07 | +28:38 | 06:01 |
| 685 | 1374 | Mari0 J.De Jesus mendes | popular | Senior Masculino | 01:00:12 | +28:43 | 06:01 |
| 686 | 395 | Moises Rosario Pedro Cambuta | popular | Senior Masculino | 01:00:22 | +28:53 | 06:02 |
| 687 | 222 | Balde Mamadou | popular | Veterano M40 | 01:00:23 | +28:55 | 06:02 |
| 688 | 685 | Claudio Ndombe Kemongue | popular | Senior Masculino | 01:00:26 | +28:57 | 06:03 |
| 689 | 1391 | Mateus Chilombo Xavier | popular | Senior Masculino | 01:00:26 | +28:58 | 06:03 |
| 690 | 1193 | jean pierre Dardar | popular | Veterano M55 | 01:00:28 | +28:59 | 06:03 |

PROVA PRINCIPAL - STAGE 1

10 KM

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | TKM |
|------|------|----------------------------------|-------------------|------------------|----------|--------|-------|
| 691 | 1282 | Jose Miguel Domingos Mateus | popular | Senior Masculino | 01:00:30 | +29:01 | 06:03 |
| 692 | 827 | Adriano Francisco Tomas | popular | Senior Masculino | 01:00:33 | +29:05 | 06:03 |
| 693 | 632 | Nsevelo Mbala Daniel | popular | Senior Masculino | 01:00:36 | +29:07 | 06:04 |
| 694 | 291 | Francisco Luis Joao | popular | Veterano M50 | 01:00:42 | +29:13 | 06:04 |
| 695 | 366 | Luis Candido Camupe | popular | Senior Masculino | 01:00:46 | +29:18 | 06:05 |
| 696 | 213 | Antonio Manuel da Fonseca | popular | Senior Masculino | 01:00:47 | +29:18 | 06:05 |
| 697 | 1001 | Daniel Alberto Manuel | popular | Senior Masculino | 01:00:49 | +29:20 | 06:05 |
| 698 | 1187 | Jaime G.pedro solochi | popular | Senior Masculino | 01:00:50 | +29:21 | 06:05 |
| 699 | 862 | Amilcar Mamadou M. Livingui | popular | Senior Masculino | 01:00:55 | +29:26 | 06:05 |
| 700 | 99 | Henriques Deves Narciso | popular | Veterano M40 | 01:00:57 | +29:28 | 06:06 |
| 701 | 957 | Bruno Miguel de Aguiar Pereira | popular | Senior Masculino | 01:00:58 | +29:29 | 06:06 |
| 702 | 1512 | Reginaldo Alfredo | popular | Senior Masculino | 01:01:01 | +29:32 | 06:06 |
| 703 | 1467 | Osvaldo Marcio de Sousa Moreira | popular | Senior Masculino | 01:01:01 | +29:32 | 06:06 |
| 704 | 1413 | Miguel Lukano Sola | popular | Senior Masculino | 01:01:02 | +29:33 | 06:06 |
| 705 | 612 | Francisco Correia Caetano | popular | Senior Masculino | 01:01:02 | +29:33 | 06:06 |
| 706 | 1586 | Wilson Dos santos Albino | popular | Senior Masculino | 01:01:04 | +29:35 | 06:06 |
| 707 | 1129 | Gaspar Manuel da Silva | popular | Veterano M40 | 01:01:11 | +29:42 | 06:07 |
| 708 | 266 | Elvino Domingos dos Santos | popular | Senior Masculino | 01:01:11 | +29:42 | 06:07 |
| 709 | 942 | Batista Munana | popular | Senior Masculino | 01:01:12 | +29:43 | 06:07 |
| 710 | 852 | Alexandre Lemos Da costa | popular | Senior Masculino | 01:01:16 | +29:48 | 06:08 |
| 711 | 542 | Valdimir Manuel Ventura | popular | Senior Masculino | 01:01:16 | +29:48 | 06:08 |
| 712 | 31 | Luisa Isabel Gama | popular ugp | Senior Feminino | 01:01:17 | +29:48 | 06:08 |
| 713 | 1354 | Manuel João Coicia Quindamba | popular | Veterano M40 | 01:01:20 | +29:52 | 06:08 |
| 714 | 817 | Abílio Alcino Chindumba | popular | Veterano M40 | 01:01:22 | +29:53 | 06:08 |
| 715 | 833 | Agostinho Júlio Manuel | popular | Senior Masculino | 01:01:26 | +29:57 | 06:09 |
| 716 | 1446 | Nelson Ngunga Cabobi Nzinga | popular | Senior Masculino | 01:01:33 | +30:05 | 06:09 |
| 717 | 519 | Manuel de Jesus Cazengue Andre | popular | Senior Masculino | 01:01:39 | +30:10 | 06:10 |
| 718 | 753 | Daniel Tadeu dos Santos | popular | Senior Masculino | 01:01:41 | +30:12 | 06:10 |
| 719 | 961 | Cardoso Damiao joao | popular | Veterano M50 | 01:01:45 | +30:16 | 06:11 |
| 720 | 461 | Andre Jose da Cunha | popular | Veterano M40 | 01:01:47 | +30:18 | 06:11 |
| 721 | 511 | Jorge Kanguia Alvarito | popular | Senior Masculino | 01:01:51 | +30:22 | 06:11 |
| 722 | 534 | Placido dos Prazeres Contreiras | mama muxima | Veterano M40 | 01:01:52 | +30:23 | 06:11 |
| 723 | 1251 | Jorge Júlio Cardoso | popular | Senior Masculino | 01:01:52 | +30:23 | 06:11 |
| 724 | 1017 | Delfim dos Santos Paris Carvalho | popular | Veterano M40 | 01:01:52 | +30:24 | 06:11 |
| 725 | 678 | Aniceto Paulo Kiese | popular | Senior Masculino | 01:01:57 | +30:29 | 06:12 |
| 726 | 300 | Geovani Dondi | popular | Senior Masculino | 01:02:01 | +30:33 | 06:12 |
| 727 | 1412 | Miguel Francisco Samuel | popular | Senior Masculino | 01:02:01 | +30:33 | 06:12 |
| 728 | 418 | Pedro Simao Bernardo | popular | Senior Masculino | 01:02:02 | +30:33 | 06:12 |
| 729 | 390 | Mawer A.Costa Antonio | popular | Senior Masculino | 01:02:02 | +30:33 | 06:12 |
| 730 | 260 | Domingos Sambo | popular | Veterano M40 | 01:02:05 | +30:36 | 06:13 |
| 731 | 70 | Zau Isabel | selecção do zaire | Senior Masculino | 01:02:05 | +30:36 | 06:13 |
| 732 | 1171 | Ica Paulo Graciano | popular | Senior Feminino | 01:02:08 | +30:40 | 06:13 |

PROVA PRINCIPAL - STAGE 1**10 KM****OFFICIAL RESULT****R**
REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | ØKM |
|------|------|--|-------------------|------------------|----------|--------|-------|
| 862 | 1231 | Joaquim Miguel Cumba Maianga | popular | Senior Masculino | 01:11:41 | +40:12 | 07:10 |
| 863 | 735 | Antonio Faustino Sebastiao | popular | Senior Masculino | 01:11:43 | +40:14 | 07:10 |
| 864 | 529 | None Emilio de Carvalho | mama muxima | Senior Masculino | 01:11:43 | +40:15 | 07:10 |
| 865 | 44 | Justino Paulo Jose Pemela | sp.benfica andulo | Senior Masculino | 01:11:49 | +40:21 | 07:11 |
| 866 | 1189 | Jair Antonio dos santos | popular | Senior Masculino | 01:11:50 | +40:21 | 07:11 |
| 867 | 1477 | Paulo Costa | popular | Senior Masculino | 01:11:51 | +40:22 | 07:11 |
| 868 | 531 | Pascoal dos Santos M.Jeronimo | popular | Veterano M40 | 01:11:52 | +40:23 | 07:11 |
| 869 | 1285 | Jose Ndilu Buanga | popular | Senior Masculino | 01:12:05 | +40:36 | 07:12 |
| 870 | 708 | Menayarme Joaquim Vasco | popular | Senior Masculino | 01:12:17 | +40:48 | 07:14 |
| 871 | 249 | Delfina dos Santos Francisco | popular | Senior Feminino | 01:12:23 | +40:55 | 07:14 |
| 872 | 374 | Manuel Da Silva D. Domingos | popular | Senior Masculino | 01:12:23 | +40:55 | 07:14 |
| 873 | 553 | Andre Soares da Silva | popular | Senior Masculino | 01:12:32 | +41:04 | 07:15 |
| 874 | 865 | Anatorio Neto da Silva | popular | Senior Masculino | 01:12:32 | +41:04 | 07:15 |
| 875 | 1044 | Eder Loose Campeão Navalha | popular | Senior Masculino | 01:12:36 | +41:07 | 07:16 |
| 876 | 1602 | Antonio Amandio Muhongo | popular | Senior Masculino | 01:12:48 | +41:19 | 07:17 |
| 877 | 1167 | Hildebrando S. De fatima camacho | popular | Senior Masculino | 01:12:54 | +41:25 | 07:17 |
| 878 | 1115 | Francisco da Conceicao Manuel | popular | Veterano M45 | 01:13:44 | +42:15 | 07:22 |
| 879 | 1587 | Wongo piotagoras M. Malakita | popular | Senior Masculino | 01:13:57 | +42:28 | 07:24 |
| 880 | 1261 | José dos Santos Albino | popular | Senior Masculino | 01:14:00 | +42:31 | 07:24 |
| 881 | 1384 | Mario serrote Dal | popular | Senior Masculino | 01:14:09 | +42:41 | 07:25 |
| 882 | 1332 | Luis Monteiro | popular | Senior Masculino | 01:14:12 | +42:43 | 07:25 |
| 883 | 1524 | Rubem Maytuca Felipe | popular | Senior Masculino | 01:14:18 | +42:49 | 07:26 |
| 884 | 1431 | Nanga Samuel Bacala | popular | Senior Masculino | 01:14:20 | +42:51 | 07:26 |
| 885 | 411 | Paulo da Silva Baiao | popular | Senior Masculino | 01:14:29 | +43:00 | 07:27 |
| 886 | 1018 | Demostenes Ananaz da Costa | popular | Veterano M45 | 01:14:39 | +43:10 | 07:28 |
| 887 | 863 | Ana Sofia Marques | popular | Veterana F45 | 01:14:53 | +43:25 | 07:29 |
| 888 | 1563 | Telma A.Federico cabral | popular | Senior Masculino | 01:15:06 | +43:38 | 07:31 |
| 889 | 410 | Paulo Bernardo Diogo | popular bfa | Senior Masculino | 01:15:15 | +43:46 | 07:32 |
| 890 | 1619 | Joao Miguel Joana | popular | Senior Masculino | 01:15:41 | +44:13 | 07:34 |
| 891 | 220 | Augusto Cambundo Capitia | popular | Senior Masculino | 01:15:58 | +44:29 | 07:36 |
| 892 | 448 | Wilson Ferreira Manuel (Ag. Calemba 2) | popular bfa | Senior Masculino | 01:16:01 | +44:33 | 07:36 |
| 893 | 567 | Marisa Francisco Maia | popular | Senior Feminino | 01:16:18 | +44:49 | 07:38 |
| 894 | 660 | Joaquim Camatuide F. Nunes | popular | Senior Masculino | 01:16:29 | +45:00 | 07:39 |
| 895 | 1469 | Parson R. Diau jorge | popular | Senior Feminino | 01:16:41 | +45:12 | 07:40 |
| 896 | 1029 | Domingos Cesar Fistela | popular | Veterano M40 | 01:16:44 | +45:15 | 07:40 |
| 897 | 1585 | Wilson Alvaro Cassinda Kuingua | popular | Senior Masculino | 01:17:01 | +45:32 | 07:42 |
| 898 | 545 | Victoria da Conceição Costa | mama muxima | Veterana F35 | 01:17:10 | +45:42 | 07:43 |
| 899 | 522 | Maria Olimpia Alves Sardinha | mama muxima | Veterana F35 | 01:17:11 | +45:42 | 07:43 |
| 900 | 406 | Paulino A.Domingos Neves | popular | Senior Masculino | 01:17:46 | +46:18 | 07:47 |
| 901 | 543 | Vania Aurora Ferreira | mama muxima | Veterana F40 | 01:18:07 | +46:38 | 07:49 |
| 902 | 1570 | Vanilson de Carvalho Aleixo | popular | Senior Masculino | 01:18:12 | +46:43 | 07:49 |
| 903 | 1475 | Paula Eugenia da Piedade | popular | Senior Feminino | 01:18:12 | +46:44 | 07:49 |

PROVA PRINCIPAL - STAGE 1

10 KM



LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|------|------|-------------------------------------|-----------------|------------------|----------|-----------|-------|
| 904 | 654 | Gabriel Antonio Marques | popular | Senior Masculino | 01:18:35 | +47:06 | 07:51 |
| 905 | 986 | Claudio Figueireido de Andrade Neto | popular | Veterano M55 | 01:18:52 | +47:23 | 07:53 |
| 906 | 746 | Camila Alves | popular | Senior Masculino | 01:18:52 | +47:23 | 07:53 |
| 907 | 807 | Pedro Araujo | popular | Senior Masculino | 01:18:52 | +47:24 | 07:53 |
| 908 | 823 | Adilson Antonio Zua Sobi | popular | Senior Masculino | 01:19:19 | +47:50 | 07:56 |
| 909 | 667 | Luis da Conceicao Valente | petro de luanda | Senior Masculino | 01:19:32 | +48:03 | 07:57 |
| 910 | 1473 | Pascoal Sebastiao de Sousa | popular | Senior Masculino | 01:19:43 | +48:14 | 07:58 |
| 911 | 1213 | João Manuel Cândido | popular | Senior Masculino | 01:19:44 | +48:16 | 07:58 |
| 912 | 367 | Luis Felipe Raposo Gonçalves | popular | Veterano M40 | 01:19:55 | +48:26 | 07:59 |
| 913 | 814 | Vasco Humberto Henriques | popular | Senior Masculino | 01:20:12 | +48:44 | 08:01 |
| 914 | 496 | Helder Benedito Custodio | popular | Senior Masculino | 01:20:38 | +49:09 | 08:04 |
| 915 | 321 | Isaias Jose Guilherme (DIP) | popular bfa | Senior Masculino | 01:20:56 | +49:27 | 08:06 |
| 916 | 1507 | Pumba dos Santos Joao | popular | Senior Masculino | 01:21:43 | +50:14 | 08:10 |
| 917 | 738 | Antonio Jose Cardoso | popular | Senior Masculino | 01:22:02 | +50:34 | 08:12 |
| 918 | 479 | Cristina Maria B.J.Cunha | mama muxima | Veterana F35 | 01:23:46 | +52:17 | 08:23 |
| 919 | 637 | Quiamuangana Emanuel | popular | Veterano M55 | 01:25:27 | +53:59 | 08:33 |
| 920 | 325 | Jeronimo Miguel Neto | popular | Veterano M50 | 01:25:45 | +54:17 | 08:35 |
| 921 | 1166 | Hermenegildo Rosa de Almeida | popular | Senior Masculino | 01:25:46 | +54:17 | 08:35 |
| 922 | 977 | Catarina Iracema Ventura | popular | Veterana F35 | 01:31:29 | +01:00:01 | 09:09 |
| 923 | 1366 | Maravilha Franco Matos | popular | Senior Masculino | 01:33:18 | +01:01:49 | 09:20 |
| 924 | 1618 | Joao Antonio Felix Junior | popular | Veterano M55 | 01:33:46 | +01:02:17 | 09:23 |
| 925 | 331 | Joao Domingos Inacio | popular | Veterano M50 | 01:33:48 | +01:02:19 | 09:23 |

Prova Principal

10 KM

OFFICIAL RESULT

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| | | |
|-------|-------------|----------|
| Time | Temperature | Humidity |
| Start | 17:00 | 28°C |
| End | 18:33 | 27°C |
| | | 69% |
| | | 74% |

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | 1/KM |
|------|-----|------|------|-----|--------|------|------|
|------|-----|------|------|-----|--------|------|------|

Senior Feminino

| | | | | | | | |
|----|------|----------------------------------|----------------------------|-----------------|----------|--------|-------|
| 1 | 100 | Adelaide Machado | Inter de Angola | Senior Feminino | 36:41 | +05:12 | 03:40 |
| 2 | 46 | Luciana Viengo | Inter de Angola | Senior Feminino | 37:34 | +06:05 | 03:45 |
| 3 | 43 | Josefina Gabriel Batista | 1ºdeAgosto | Senior Feminino | 38:41 | +07:13 | 03:52 |
| 4 | 437 | Severina Chilala | Popular | Senior Feminino | 39:53 | +08:25 | 03:59 |
| 5 | 381 | Maria Bimbi Candela | Popular | Senior Feminino | 40:30 | +09:01 | 04:03 |
| 6 | 41 | Joana Gabriel Batista | 1ºdeAgosto | Senior Feminino | 41:29 | +10:00 | 04:09 |
| 7 | 166 | Regina Rebeca Januario | Sporting do Bie | Senior Feminino | 42:36 | +11:07 | 04:16 |
| 8 | 394 | Miquelina Geraldo | Popular | Senior Feminino | 44:06 | +12:37 | 04:25 |
| 9 | 152 | Lúcia Chissapa Capiñgala | Popular Huambo | Senior Feminino | 45:00 | +13:31 | 04:30 |
| 10 | 42 | Donana Paula Benjamim | Seleção do Namibe | Senior Feminino | 45:43 | +14:14 | 04:34 |
| 11 | 111 | Befilia Buya | Paralimpico Seleção do Bie | Senior Feminino | 48:20 | +16:52 | 04:50 |
| 12 | 2 | Tereza Elias | Desportivo da Saude | Senior Feminino | 48:45 | +17:17 | 04:53 |
| 13 | 168 | Salomé Junju Augusto | Paralimpico / Huambo | Senior Feminino | 49:02 | +17:33 | 04:54 |
| 14 | 114 | Cecília Chitumba | Paralimpico / Huambo | Senior Feminino | 52:36 | +21:07 | 05:16 |
| 15 | 384 | Marlene T.Xirimimbi | Popular | Senior Feminino | 53:28 | +21:59 | 05:21 |
| 16 | 500 | Inara Dinamena dos Santos | Popular | Senior Feminino | 56:39 | +25:10 | 05:40 |
| 17 | 1334 | Lweje Bebeca | Popular | Senior Feminino | 59:27 | +27:59 | 05:57 |
| 18 | 31 | Luisa Isabel Gama | Popular UGP | Senior Feminino | 01:01:17 | +29:48 | 06:08 |
| 19 | 1171 | Ica Paulo Graciano | Popular | Senior Feminino | 01:02:08 | +30:40 | 06:13 |
| 20 | 197 | Alzira S.C.Z.Miguel | Popular | Senior Feminino | 01:04:55 | +33:26 | 06:30 |
| 21 | 421 | Rita Bastos Francisco | Domant FC Bengo | Senior Feminino | 01:06:43 | +35:15 | 06:40 |
| 22 | 489 | Engracia Higino Basilio | Popular | Senior Feminino | 01:08:10 | +36:42 | 06:49 |
| 23 | 79 | Maria Fernando | Popular | Senior Feminino | 01:09:47 | +38:18 | 06:59 |
| 24 | 265 | Elizandra Janete Gourgel Wassuca | Popular | Senior Feminino | 01:10:07 | +38:39 | 07:01 |
| 25 | 1225 | Joaquim Aragão | Popular | Senior Feminino | 01:11:33 | +40:04 | 07:09 |
| 26 | 501 | Isabel Ngueve Doriana Laurindo | Popular | Senior Feminino | 01:11:34 | +40:05 | 07:09 |
| 27 | 249 | Delfina dos Santos Francisco | Popular | Senior Feminino | 01:12:23 | +40:55 | 07:14 |
| 28 | 567 | Marisa Francisco Maia | Popular | Senior Feminino | 01:16:18 | +44:49 | 07:38 |
| 29 | 1469 | Parson R. Diau Jorge | Popular | Senior Feminino | 01:16:41 | +45:12 | 07:40 |
| 30 | 1475 | Paula Eugenia da Piedade | Popular | Senior Feminino | 01:18:12 | +46:44 | 07:49 |

Senior Masculino

| | | | | | | | |
|---|----|---------------------------|-----------------|------------------|-------|--------|-------|
| 1 | 64 | Simao Manuel | 1ºdeAgosto | Senior Masculino | 31:28 | | 03:09 |
| 2 | 15 | Alexandre João | Inter de Angola | Senior Masculino | 31:35 | +00:06 | 03:10 |
| 3 | 24 | David Elias | Inter de Angola | Senior Masculino | 31:36 | +00:08 | 03:10 |
| 4 | 20 | Avelino Afonso Sanganhala | 1ºdeAgosto | Senior Masculino | 31:41 | +00:12 | 03:10 |
| 5 | 54 | Miguel Mota | 1ºdeAgosto | Senior Masculino | 31:49 | +00:20 | 03:11 |
| 6 | 21 | Avelino Catongue Dumbo | Petro de Luanda | Senior Masculino | 32:13 | +00:45 | 03:13 |

Official Timekeeper: Lap2Go

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generate 04-jan-2018 13:43

Prova Principal

10 KM



OFFICIAL RESULT

| | | | | | | | |
|----|------|---------------------------------|----------------------------|------------------|-------|--------|-------|
| 53 | 104 | Alberto Neves | Santa Rita de Cassia | Senior Masculino | 37:15 | +05:46 | 03:43 |
| 54 | 145 | José Pedro Fernando | Paralimpico / Huambo | Senior Masculino | 37:18 | +05:49 | 03:44 |
| 55 | 18 | Antonio Domingos | 1ºde Maio de Benguela | Senior Masculino | 37:20 | +05:52 | 03:44 |
| 56 | 1020 | Diniz Bernado Paulino | Popular | Senior Masculino | 37:22 | +05:53 | 03:44 |
| 57 | 892 | António Faria José Sousa Dala | Popular | Senior Masculino | 37:23 | +05:55 | 03:44 |
| 58 | 1501 | Pedro Sinde Chimuco | Popular | Senior Masculino | 37:27 | +05:58 | 03:45 |
| 59 | 216 | Armando Sebastiao | Domant FC Bengo | Senior Masculino | 37:37 | +06:09 | 03:46 |
| 60 | 241 | Conceição Jose Martins | Popular | Senior Masculino | 37:38 | +06:10 | 03:46 |
| 61 | 242 | Constantino Teca da Costa Mbaca | Popular BFA | Senior Masculino | 37:45 | +06:16 | 03:47 |
| 62 | 1194 | Jeremias Francisco Bessa | Popular | Senior Masculino | 37:55 | +06:26 | 03:48 |
| 63 | 153 | Lucio Gomes | Seleção de Cuanza- Sul | Senior Masculino | 38:09 | +06:40 | 03:49 |
| 64 | 80 | Josias Pereira Chinanga | Seleção da Huila | Senior Masculino | 38:14 | +06:45 | 03:49 |
| 65 | 239 | Clemente Chimanga | G.D.SAGRADA ESPERANÇA | Senior Masculino | 38:21 | +06:52 | 03:50 |
| 66 | 6 | Cesar Muamba | Lunda Sul | Senior Masculino | 38:23 | +06:54 | 03:50 |
| 67 | 645 | Aurelio Domingos Martins Manuel | Popular | Senior Masculino | 38:23 | +06:55 | 03:50 |
| 68 | 364 | Loureiro Rangel Domingos | Popular | Senior Masculino | 38:30 | +07:02 | 03:51 |
| 69 | 1026 | Domingos Antonio Kitunga | Popular | Senior Masculino | 38:38 | +07:10 | 03:52 |
| 70 | 1093 | Felix Katchimini Coyonda | Popular | Senior Masculino | 38:46 | +07:17 | 03:53 |
| 71 | 575 | Adilson Daniel Cangundo Vunda | Popular | Senior Masculino | 38:47 | +07:18 | 03:53 |
| 72 | 1427 | Moises Francisco Neto | Popular | Senior Masculino | 38:48 | +07:19 | 03:53 |
| 73 | 595 | Ricardo M. Kuanzambi Mendes | Popular | Senior Masculino | 38:56 | +07:27 | 03:54 |
| 74 | 206 | Angelo Fernando F.Morais | Popular | Senior Masculino | 39:04 | +07:35 | 03:54 |
| 75 | 275 | Evaristo Benguela | Domant FC Bengo | Senior Masculino | 39:08 | +07:40 | 03:55 |
| 76 | 512 | Jose Alfredo | Popular | Senior Masculino | 39:10 | +07:41 | 03:55 |
| 77 | 140 | Joao Feleciano | Paralimpico Seleção do Bie | Senior Masculino | 39:10 | +07:42 | 03:55 |
| 78 | 419 | Pedro Zeferino Israel | Popular | Senior Masculino | 39:14 | +07:46 | 03:55 |
| 79 | 91 | Leonardo Ndala | Popular Huila | Senior Masculino | 39:19 | +07:50 | 03:56 |
| 80 | 368 | Luis Raul Diogo | Popular | Senior Masculino | 39:19 | +07:51 | 03:56 |
| 81 | 155 | Manuel F. Domingos | Santa Rita de Cassia | Senior Masculino | 39:27 | +07:59 | 03:57 |
| 82 | 124 | Emeloide Fernando Adelino | Independente do Tombwa | Senior Masculino | 39:34 | +08:06 | 03:57 |
| 83 | 138 | Jeremias Soma | Paralimpico / Huambo | Senior Masculino | 39:40 | +08:11 | 03:58 |
| 84 | 1117 | Francisco Domingos da Costa | Popular | Senior Masculino | 39:41 | +08:12 | 03:58 |
| 85 | 457 | Ali Khatoun | Luanda Runner | Senior Masculino | 39:44 | +08:16 | 03:58 |
| 86 | 485 | Edgar Esteves Fonseca | Popular | Senior Masculino | 39:45 | +08:16 | 03:59 |
| 87 | 203 | Andrade Fernando Yango | Popular | Senior Masculino | 39:46 | +08:18 | 03:59 |
| 88 | 188 | Alberto Lopes | Popular | Senior Masculino | 39:48 | +08:19 | 03:59 |
| 89 | 336 | Joao P.Gomes Pereira | Popular | Senior Masculino | 39:50 | +08:22 | 03:59 |
| 90 | 1159 | Helder Venancio Justino | Popular | Senior Masculino | 39:51 | +08:22 | 03:59 |
| 91 | 314 | Hiquelua Josefa | Popular | Senior Masculino | 39:59 | +08:30 | 04:00 |
| 92 | 1397 | Mateus Vitorino Fernando Morais | Popular | Senior Masculino | 40:02 | +08:33 | 04:00 |
| 93 | 112 | Bernardo Francisco Lopes | Paralimpico / Huambo | Senior Masculino | 40:02 | +08:34 | 04:00 |
| 94 | 1119 | Francisco dos Santos T. Catuco | Popular | Senior Masculino | 40:06 | +08:37 | 04:01 |
| 95 | 401 | Oswaldo A.Joao | Popular | Senior Masculino | 40:06 | +08:37 | 04:01 |
| 96 | 444 | Vanio da Costa Ferreira | Popular | Senior Masculino | 40:07 | +08:39 | 04:01 |
| 97 | 338 | Joaquim C.V.Gonga | Popular | Senior Masculino | 40:14 | +08:45 | 04:01 |
| 98 | 116 | Miguel Infeliz Sebastiao | Popular | Senior Masculino | 40:14 | +08:46 | 04:01 |

Prova Principal

10 KM



OFFICIAL RESULT

| | | | | | | | |
|-----|------|----------------------------------|----------------------------|------------------|-------|--------|-------|
| 145 | 1534 | Santos Francisco Casseca | Popular | Senior Masculino | 42:46 | +11:17 | 04:17 |
| 146 | 82 | Pedro Mendes | CPA Bengo | Senior Masculino | 42:46 | +11:17 | 04:17 |
| 147 | 1505 | Pereira Antonio Segunda Costa | Popular | Senior Masculino | 42:54 | +11:26 | 04:17 |
| 148 | 494 | Hamilton Pedro Jose | Mama Muxima | Senior Masculino | 42:55 | +11:26 | 04:17 |
| 149 | 831 | Afonso David Rufino Armando | Popular | Senior Masculino | 42:57 | +11:28 | 04:18 |
| 150 | 93 | Zeferino V.Domingos | Popular Huila | Senior Masculino | 43:06 | +11:37 | 04:19 |
| 151 | 58 | Paulo Nkanu | Seleção do Zaire | Senior Masculino | 43:07 | +11:39 | 04:19 |
| 152 | 699 | Joao Diyoubouza Massakala | Popular | Senior Masculino | 43:08 | +11:39 | 04:19 |
| 153 | 1203 | Joao Batista F.H.Kanete | Popular | Senior Masculino | 43:09 | +11:40 | 04:19 |
| 154 | 854 | Alfredo Vieira Martins | Popular | Senior Masculino | 43:20 | +11:51 | 04:20 |
| 155 | 730 | Alberto Augusto Quinta | Popular | Senior Masculino | 43:26 | +11:57 | 04:21 |
| 156 | 1573 | Venancio Gabriel Gungos Andre | Popular | Senior Masculino | 43:28 | +11:59 | 04:21 |
| 157 | 349 | Jose Chissango D.Muandjagi | G.D.SAGRADA ESPERANÇA | Senior Masculino | 43:31 | +12:03 | 04:21 |
| 158 | 405 | Patricio Sanda Joao | Popular | Senior Masculino | 43:34 | +12:05 | 04:21 |
| 159 | 745 | Bruno Mateus Manuel | Popular | Senior Masculino | 43:48 | +12:19 | 04:23 |
| 160 | 727 | Adao Sebastiao Matias | Popular | Senior Masculino | 43:58 | +12:29 | 04:24 |
| 161 | 1052 | Edvaldo da Cruz Baptista Andrade | Popular | Senior Masculino | 44:01 | +12:33 | 04:24 |
| 162 | 1402 | Mauricio L Tchipaupau | Popular | Senior Masculino | 44:04 | +12:36 | 04:24 |
| 163 | 409 | Paulo Antonio de Melo | Popular | Senior Masculino | 44:08 | +12:39 | 04:25 |
| 164 | 1353 | Manuel joao Augusto | Popular | Senior Masculino | 44:08 | +12:39 | 04:25 |
| 165 | 272 | Eugenio D.F.da Silva | Popular | Senior Masculino | 44:11 | +12:42 | 04:25 |
| 166 | 564 | Jordao Luis Manuel | Popular | Senior Masculino | 44:12 | +12:44 | 04:25 |
| 167 | 356 | Jose Quissanga V.P. Hango | Popular | Senior Masculino | 44:14 | +12:45 | 04:25 |
| 168 | 878 | Andreu Pamuchegueri | Popular | Senior Masculino | 44:14 | +12:45 | 04:25 |
| 169 | 1478 | Paulo Damião Chaculanda | Popular | Senior Masculino | 44:16 | +12:47 | 04:26 |
| 170 | 626 | Luis Francisco Kissanga | Popular | Senior Masculino | 44:19 | +12:51 | 04:26 |
| 171 | 923 | Assuncao de Jesus Paulo | Popular | Senior Masculino | 44:20 | +12:51 | 04:26 |
| 172 | 101 | Adriano N.N.Netto | Sporting do Bie | Senior Masculino | 44:34 | +13:05 | 04:27 |
| 173 | 750 | Damiao Domingos Mateus | Popular | Senior Masculino | 44:42 | +13:13 | 04:28 |
| 174 | 995 | Crisantemo Ngonga Maria Kosi | Popular | Senior Masculino | 44:44 | +13:15 | 04:28 |
| 175 | 428 | Sabalo Simao | Popular | Senior Masculino | 44:49 | +13:20 | 04:29 |
| 176 | 1114 | Francisco Conde Pito Cobaco | Popular | Senior Masculino | 44:50 | +13:21 | 04:29 |
| 177 | 869 | Andre Aderito L. M. Sousa | Popular | Senior Masculino | 44:51 | +13:22 | 04:29 |
| 178 | 209 | Antonio Eduardo Raimundo | Popular | Senior Masculino | 44:56 | +13:27 | 04:30 |
| 179 | 889 | Antonio Domingos Quixi | Popular | Senior Masculino | 44:56 | +13:27 | 04:30 |
| 180 | 880 | Antonio Aida Francisco | Popular | Senior Masculino | 45:00 | +13:31 | 04:30 |
| 181 | 1567 | Tourriar Emmanuel Luciane Didier | Popular | Senior Masculino | 45:04 | +13:35 | 04:30 |
| 182 | 464 | Antonio Francisco Eduardo | Popular | Senior Masculino | 45:06 | +13:37 | 04:31 |
| 183 | 194 | Alexandre Francisco Samacaia | Popular | Senior Masculino | 45:07 | +13:38 | 04:31 |
| 184 | 7 | Alberto Lussasse | Paralimpico Seleção do Bie | Senior Masculino | 45:08 | +13:39 | 04:31 |
| 185 | 539 | Sergio Diamantinho Parente | Popular | Senior Masculino | 45:12 | +13:44 | 04:31 |
| 186 | 1532 | Samir She Hady | Popular | Senior Masculino | 45:18 | +13:49 | 04:32 |
| 187 | 767 | Fernando Felix Catumbela | Popular | Senior Masculino | 45:22 | +13:53 | 04:32 |
| 188 | 288 | Filomeno D.C.Antonio | Popular | Senior Masculino | 45:27 | +13:59 | 04:33 |
| 189 | 123 | Eduardo Dumbo Paulo | Paralimpico / Huambo | Senior Masculino | 45:28 | +14:00 | 04:33 |
| 190 | 97 | Arsenio Machado dos Santos | Popular | Senior Masculino | 45:32 | +14:03 | 04:33 |

Prova Principal

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OFFICIAL RESULT

| | | | | | | | |
|-----|------|---------------------------------|-------------------|------------------|-------|--------|-------|
| 191 | 578 | Cipriano Sametuila | Popular | Senior Masculino | 45:34 | +14:06 | 04:33 |
| 192 | 1263 | José Elvis Baptista Chiena | Popular | Senior Masculino | 45:36 | +14:08 | 04:34 |
| 193 | 1438 | Nelson de Jesus Cordeiro Almada | Popular | Senior Masculino | 45:37 | +14:08 | 04:34 |
| 194 | 616 | Jaime Luwawa Satula | Popular | Senior Masculino | 45:38 | +14:09 | 04:34 |
| 195 | 85 | Adilson Bartolomeu | CPA Bengo | Senior Masculino | 45:50 | +14:21 | 04:35 |
| 196 | 623 | Jose Luis Manguede Chicomo | Popular | Senior Masculino | 45:53 | +14:24 | 04:35 |
| 197 | 636 | Pedro R.Mabiala Domingos | Popular | Senior Masculino | 45:54 | +14:26 | 04:35 |
| 198 | 1223 | Joao Vemba Andre Simao | Popular | Senior Masculino | 45:57 | +14:29 | 04:36 |
| 199 | 1470 | Pascoal Costa Mingonga | Popular | Senior Masculino | 45:59 | +14:30 | 04:36 |
| 200 | 577 | Antonio Manuel da Silva | Popular | Senior Masculino | 46:05 | +14:37 | 04:37 |
| 201 | 223 | Benjamim Cardoso Rebeca | Popular | Senior Masculino | 46:09 | +14:40 | 04:37 |
| 202 | 1196 | Jeronimo Coque Calumbi | Popular | Senior Masculino | 46:11 | +14:42 | 04:37 |
| 203 | 13 | Adriano N.N.Neto | Sp.Benfica Andulo | Senior Masculino | 46:14 | +14:45 | 04:37 |
| 204 | 1091 | Feleciano Magalhaes Rodrigues | Popular | Senior Masculino | 46:16 | +14:47 | 04:38 |
| 205 | 1465 | Oswaldo Lemos Martins da Costa | Popular | Senior Masculino | 46:21 | +14:52 | 04:38 |
| 206 | 1197 | Jesus Joaquim Vunge André | Popular | Senior Masculino | 46:21 | +14:53 | 04:38 |
| 207 | 1607 | Bartolomeu Milagre Domingos | Popular | Senior Masculino | 46:28 | +14:59 | 04:39 |
| 208 | 290 | Francisco David Augusto | Popular | Senior Masculino | 46:29 | +15:01 | 04:39 |
| 209 | 1179 | Inocencio Sebastiao Luamba | Popular | Senior Masculino | 46:35 | +15:06 | 04:40 |
| 210 | 1181 | Isaias Q. Mateus | Popular | Senior Masculino | 46:36 | +15:07 | 04:40 |
| 211 | 1551 | Simao Inacio da Veja | Popular | Senior Masculino | 46:43 | +15:15 | 04:40 |
| 212 | 386 | Mateus Francisco Zua | Popular | Senior Masculino | 46:44 | +15:15 | 04:40 |
| 213 | 1316 | Lourenco Joao Cambaca Sapalo | Popular | Senior Masculino | 46:46 | +15:17 | 04:41 |
| 214 | 1188 | Jaime Helio de Carvalho Mguel | Popular | Senior Masculino | 46:49 | +15:20 | 04:41 |
| 215 | 344 | Jonas C.Wambo Chindambo | Popular | Senior Masculino | 46:51 | +15:22 | 04:41 |
| 216 | 1453 | Nsimba Sebastiao Mavunza | Popular | Senior Masculino | 46:51 | +15:23 | 04:41 |
| 217 | 1518 | Rita Jose Manuel | Popular | Senior Masculino | 46:51 | +15:23 | 04:41 |
| 218 | 1272 | Jose ilidios Americo | Popular | Senior Masculino | 46:54 | +15:25 | 04:41 |
| 219 | 835 | Agostinho L. Afonso | Popular | Senior Masculino | 46:57 | +15:28 | 04:42 |
| 220 | 190 | Alberto Manuel Geraldo | Popular | Senior Masculino | 47:00 | +15:31 | 04:42 |
| 221 | 940 | Baptista Bento Cachinguenga | Popular | Senior Masculino | 47:00 | +15:31 | 04:42 |
| 222 | 709 | Mwenjila Mohamed Abrao | Popular | Senior Masculino | 47:02 | +15:34 | 04:42 |
| 223 | 815 | Abel Diogo koque | Popular | Senior Masculino | 47:03 | +15:35 | 04:42 |
| 224 | 315 | Hugo David Cahaxide | Popular | Senior Masculino | 47:05 | +15:36 | 04:42 |
| 225 | 525 | Mauro Edilson da Costa Marques | Mama Muxima | Senior Masculino | 47:05 | +15:36 | 04:43 |
| 226 | 303 | Germano B. Dos S.Martins | Popular | Senior Masculino | 47:05 | +15:36 | 04:43 |
| 227 | 262 | Edvanio Manuel Barros | Popular | Senior Masculino | 47:07 | +15:38 | 04:43 |
| 228 | 1154 | Helder Gonsalves camugi | Popular | Senior Masculino | 47:08 | +15:40 | 04:43 |
| 229 | 591 | Massivi Amadeu | Popular | Senior Masculino | 47:09 | +15:41 | 04:43 |
| 230 | 198 | Americo Cortez Tavares | Popular | Senior Masculino | 47:15 | +15:46 | 04:44 |
| 231 | 1474 | Patrick Vasco de Sousa | Popular | Senior Masculino | 47:17 | +15:48 | 04:44 |
| 232 | 690 | Erineu Lourenço Matias | Popular | Senior Masculino | 47:17 | +15:48 | 04:44 |
| 233 | 1157 | Helder Mariano Paulo Oliveira | Popular | Senior Masculino | 47:17 | +15:48 | 04:44 |
| 234 | 1333 | Luzolo Nfutila Afonso | Popular | Senior Masculino | 47:18 | +15:49 | 04:44 |
| 235 | 202 | Andrade Candido Mateus | Popular | Senior Masculino | 47:18 | +15:50 | 04:44 |
| 236 | 570 | Rubem Cambinga S.Salussinga | Popular | Senior Masculino | 47:19 | +15:50 | 04:44 |

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| | | | | | | | |
|-----|------|----------------------------------|---------------------|------------------|-------|--------|-------|
| 237 | 662 | Julio Galiano Oliveira Neves | Popular | Senior Masculino | 47:22 | +15:53 | 04:44 |
| 238 | 1163 | Henrinque M. David joao | Popular | Senior Masculino | 47:23 | +15:54 | 04:44 |
| 239 | 1519 | Roberto M. Araujo | Popular | Senior Masculino | 47:30 | +16:01 | 04:45 |
| 240 | 397 | Nelson Passos Cariege | Popular | Senior Masculino | 47:33 | +16:05 | 04:45 |
| 241 | 84 | Gilberto Herbermarten | CPA Bengo | Senior Masculino | 47:40 | +16:11 | 04:46 |
| 242 | 1311 | Ledson das Anjas | Popular | Senior Masculino | 47:43 | +16:14 | 04:46 |
| 243 | 1355 | Manuel João Malanga | Popular | Senior Masculino | 47:43 | +16:14 | 04:46 |
| 244 | 1579 | Victoria T. Daniel francisco | Popular | Senior Masculino | 47:45 | +16:17 | 04:47 |
| 245 | 1461 | OscarLuis Duarte Codete | Popular | Senior Masculino | 47:46 | +16:17 | 04:47 |
| 246 | 217 | Armindo Jacinto Gola | Popular | Senior Masculino | 47:57 | +16:28 | 04:48 |
| 247 | 400 | Oswaldo A.Fitio Muhongo | Popular | Senior Masculino | 48:01 | +16:32 | 04:48 |
| 248 | 821 | Adenilda Ngola | Popular | Senior Masculino | 48:01 | +16:33 | 04:48 |
| 249 | 548 | Adao Agostinho Sebastiao Joao | Popular | Senior Masculino | 48:01 | +16:33 | 04:48 |
| 250 | 1410 | Miguel Domingos N. Bula | Popular | Senior Masculino | 48:08 | +16:39 | 04:49 |
| 251 | 555 | Bunga Andre Capitao | Popular | Senior Masculino | 48:09 | +16:40 | 04:49 |
| 252 | 1388 | Martinho Hossi Henriques | Popular | Senior Masculino | 48:10 | +16:42 | 04:49 |
| 253 | 1169 | Hugo Ariel Correio Figueredo | Popular | Senior Masculino | 48:12 | +16:44 | 04:49 |
| 254 | 1292 | Jacimar Jacinto | Popular | Senior Masculino | 48:15 | +16:47 | 04:50 |
| 255 | 984 | Changongo Galomao | Popular | Senior Masculino | 48:16 | +16:48 | 04:50 |
| 256 | 210 | Antonio Filipe | Popular | Senior Masculino | 48:21 | +16:53 | 04:50 |
| 257 | 274 | Evaristo Antonio da Cruz | Popular | Senior Masculino | 48:23 | +16:55 | 04:50 |
| 258 | 182 | Agostinho S,J.Miguel | Popular | Senior Masculino | 48:25 | +16:56 | 04:51 |
| 259 | 1494 | Pedro Inacio ANTONIO | Popular | Senior Masculino | 48:25 | +16:57 | 04:51 |
| 260 | 497 | Helder Quissaca Samba | Popular | Senior Masculino | 48:28 | +17:00 | 04:51 |
| 261 | 1530 | Salomão Tiago | Popular | Senior Masculino | 48:33 | +17:04 | 04:51 |
| 262 | 73 | Armindo L. Pitra | Seleção de Cabinda | Senior Masculino | 48:34 | +17:05 | 04:51 |
| 263 | 1318 | Luakikubikilua Joao Barroso | Popular | Senior Masculino | 48:40 | +17:12 | 04:52 |
| 264 | 4 | Edivanilson Paulino | Desportivo da Saude | Senior Masculino | 48:46 | +17:17 | 04:53 |
| 265 | 270 | Ernesto Sebastiao Capitia | Popular | Senior Masculino | 48:47 | +17:19 | 04:53 |
| 266 | 185 | Airlton da Silva Martins | Popular | Senior Masculino | 48:49 | +17:21 | 04:53 |
| 267 | 1068 | Emerson Sergio dos Santos Lisboa | Popular | Senior Masculino | 48:50 | +17:22 | 04:53 |
| 268 | 1493 | Pedro Heleira Maya | Popular | Senior Masculino | 48:53 | +17:25 | 04:53 |
| 269 | 340 | Joaquim Jose João | Popular | Senior Masculino | 48:55 | +17:26 | 04:54 |
| 270 | 1612 | Ernesto Cassinda Yosso | Popular | Senior Masculino | 48:57 | +17:29 | 04:54 |
| 271 | 1605 | Antonio Jamba Americo | Popular | Senior Masculino | 48:59 | +17:31 | 04:54 |
| 272 | 307 | Gustavo Leite Capao | Popular | Senior Masculino | 49:00 | +17:31 | 04:54 |
| 273 | 234 | Cavimbi Joaquim | Popular | Senior Masculino | 49:00 | +17:31 | 04:54 |
| 274 | 59 | Paulo Sebastião | Petro de Luanda | Senior Masculino | 49:00 | +17:32 | 04:54 |
| 275 | 477 | Clemente Alberto Vemba | Popular | Senior Masculino | 49:01 | +17:33 | 04:54 |
| 276 | 891 | Antonio Ernesto Ngola | Popular | Senior Masculino | 49:04 | +17:35 | 04:54 |
| 277 | 1601 | Andre Calumbo Silva | Popular | Senior Masculino | 49:06 | +17:38 | 04:55 |
| 278 | 1249 | Jorge Faustino Santinho | Popular | Senior Masculino | 49:07 | +17:38 | 04:55 |
| 279 | 1247 | Jorge de Oliveira Vicente | Popular | Senior Masculino | 49:07 | +17:39 | 04:55 |
| 280 | 1441 | Nelson Luamba Serrote | Popular | Senior Masculino | 49:09 | +17:40 | 04:55 |
| 281 | 1085 | Evaristo Luciano | Popular | Senior Masculino | 49:10 | +17:41 | 04:55 |
| 282 | 633 | Nsuna Antonio Filipe Capitao | Popular | Senior Masculino | 49:10 | +17:41 | 04:55 |

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OFFICIAL RESULT

| | | | | | | | |
|-----|------|-------------------------------------|-----------------|------------------|-------|--------|-------|
| 283 | 273 | Eugenio Mario Luanda | Popular | Senior Masculino | 49:12 | +17:43 | 04:55 |
| 284 | 552 | Andre Manuel Nicolau | Popular | Senior Masculino | 49:14 | +17:46 | 04:55 |
| 285 | 526 | Miala Antonio | Popular | Senior Masculino | 49:15 | +17:46 | 04:55 |
| 286 | 1343 | Manuel Bernabe Francisco | Popular | Senior Masculino | 49:18 | +17:49 | 04:56 |
| 287 | 1404 | Mavunza Antonio Domingos | Popular | Senior Masculino | 49:21 | +17:52 | 04:56 |
| 288 | 638 | Simao Joao Afonso | Popular | Senior Masculino | 49:21 | +17:52 | 04:56 |
| 289 | 1112 | Francisco Antonio Joao | Popular | Senior Masculino | 49:25 | +17:57 | 04:57 |
| 290 | 1557 | sydney magal S.Monteiro | Popular | Senior Masculino | 49:26 | +17:57 | 04:57 |
| 291 | 337 | Joaquim Antonio Jose | Popular | Senior Masculino | 49:27 | +17:58 | 04:57 |
| 292 | 1239 | Joelson Pascoal T. Matias | Popular | Senior Masculino | 49:28 | +18:00 | 04:57 |
| 293 | 302 | Geremias Simao Cavambo | Popular | Senior Masculino | 49:29 | +18:01 | 04:57 |
| 294 | 968 | Carlos Linguingue da Silva | Popular | Senior Masculino | 49:35 | +18:06 | 04:57 |
| 295 | 1444 | Nelson Manuel Muanha Jose | Popular | Senior Masculino | 49:44 | +18:15 | 04:58 |
| 296 | 1543 | Serafim Pedro Bonifacio | Popular | Senior Masculino | 49:44 | +18:16 | 04:58 |
| 297 | 828 | Adriano Luciano Vitcheke | Popular | Senior Masculino | 49:53 | +18:24 | 04:59 |
| 298 | 491 | Erwin Pedroso Krueck | Popular | Senior Masculino | 49:55 | +18:26 | 04:59 |
| 299 | 770 | Francisco Bento M.M.Catemo | Popular | Senior Masculino | 49:57 | +18:28 | 05:00 |
| 300 | 846 | Alcides David Alberto Hernany | Popular | Senior Masculino | 49:58 | +18:29 | 05:00 |
| 301 | 830 | Afonso cassinda Camuca | Popular | Senior Masculino | 50:01 | +18:33 | 05:00 |
| 302 | 1352 | Manuel jeremias Quimuanga | Popular | Senior Masculino | 50:01 | +18:33 | 05:00 |
| 303 | 700 | Joao Morais Zampasi | Popular | Senior Masculino | 50:05 | +18:36 | 05:00 |
| 304 | 250 | DelsonAndre Pascoal | Popular BFA | Senior Masculino | 50:07 | +18:38 | 05:01 |
| 305 | 535 | Raul Antonio Hossy | Popular | Senior Masculino | 50:07 | +18:38 | 05:01 |
| 306 | 579 | Domingos Joao de Melo | Popular | Senior Masculino | 50:08 | +18:39 | 05:01 |
| 307 | 913 | Ariclene do Nascimento Paixao | Popular | Senior Masculino | 50:11 | +18:43 | 05:01 |
| 308 | 1308 | Ladislau Jorge Francisco Pedro | Popular | Senior Masculino | 50:13 | +18:44 | 05:01 |
| 309 | 777 | Hernany Avelino Graça | Popular | Senior Masculino | 50:15 | +18:46 | 05:01 |
| 310 | 342 | Joaquim Tomas Cabeto | Popular | Senior Masculino | 50:16 | +18:47 | 05:02 |
| 311 | 1319 | Lucas Handanga Cobre | Popular | Senior Masculino | 50:16 | +18:47 | 05:02 |
| 312 | 1615 | Historia Antonio Joao | Popular | Senior Masculino | 50:17 | +18:49 | 05:02 |
| 313 | 600 | Tomas Salaquiaco | Popular | Senior Masculino | 50:17 | +18:49 | 05:02 |
| 314 | 440 | Tiago Freitas Pereira (DIP) | Popular BFA | Senior Masculino | 50:20 | +18:51 | 05:02 |
| 315 | 212 | Antonio Manuel Augusto | Popular | Senior Masculino | 50:22 | +18:54 | 05:02 |
| 316 | 506 | Joao Fiel Avelino Cassintura | Mama Muxima | Senior Masculino | 50:30 | +19:02 | 05:03 |
| 317 | 1245 | Jorge ChiPalavela | Popular | Senior Masculino | 50:35 | +19:06 | 05:04 |
| 318 | 1508 | Queaque camuele Clemente | Popular | Senior Masculino | 50:36 | +19:08 | 05:04 |
| 319 | 1378 | Mario da Piedade Vieira Figueiredo | Petro Atletico | Senior Masculino | 50:40 | +19:11 | 05:04 |
| 320 | 1049 | Edson Herlander V. Castro Figueredo | Popular | Senior Masculino | 50:41 | +19:12 | 05:04 |
| 321 | 66 | Tomas Farias | Veterano | Senior Masculino | 50:50 | +19:21 | 05:05 |
| 322 | 37 | Francisco Gonçalves | Petro de Luanda | Senior Masculino | 50:51 | +19:23 | 05:05 |
| 323 | 881 | Antonio Alexandre Kicue Cabuenha | Popular | Senior Masculino | 50:56 | +19:27 | 05:06 |
| 324 | 309 | Henriques Bernardo Domingos | Popular | Senior Masculino | 50:57 | +19:28 | 05:06 |
| 325 | 322 | Janilson Facata da Gama | Popular BFA | Senior Masculino | 51:01 | +19:33 | 05:06 |
| 326 | 864 | Analide Domingos Lussossa | Popular | Senior Masculino | 51:05 | +19:36 | 05:06 |
| 327 | 1544 | Sergio mateus zangula | Popular | Senior Masculino | 51:09 | +19:40 | 05:07 |
| 328 | 1342 | Manuel Bebeca de Sousa | Popular | Senior Masculino | 51:25 | +19:57 | 05:09 |

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| Official Timekeeper: Lap2Go | 8 / 21 | generate 04-jan-2018 13:43 |
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| | | | | | | | |
|-----|------|-------------------------------------|---------------------|------------------|-------|--------|-------|
| 375 | 1509 | Queta Manuel Nunes | Popular | Senior Masculino | 53:38 | +22:10 | 05:22 |
| 376 | 1266 | José Filipe de Fátima | Popular | Senior Masculino | 53:43 | +22:14 | 05:22 |
| 377 | 1063 | Elisio Joao Miguel | Popular | Senior Masculino | 53:46 | +22:17 | 05:23 |
| 378 | 1527 | Rui Pipa Dula | Popular | Senior Masculino | 53:48 | +22:19 | 05:23 |
| 379 | 949 | Bernardo Jose Cassinda | Popular | Senior Masculino | 53:50 | +22:21 | 05:23 |
| 380 | 1062 | Elisario Miguel Joaquim | Popular | Senior Masculino | 53:59 | +22:30 | 05:24 |
| 381 | 559 | Edvanio Jose Lemos Congo | Popular | Senior Masculino | 53:59 | +22:31 | 05:24 |
| 382 | 1016 | Delfim Antonio Somaliata | Popular | Senior Masculino | 53:59 | +22:31 | 05:24 |
| 383 | 3 | Julia Manuel | Desportivo da Saude | Senior Masculino | 54:01 | +22:32 | 05:24 |
| 384 | 797 | Michacx Kiuma Ntontila | Popular | Senior Masculino | 54:07 | +22:39 | 05:25 |
| 385 | 1594 | Yuri Augusto de Carvalho Ido | Popular | Senior Masculino | 54:15 | +22:46 | 05:25 |
| 386 | 191 | Alberto Mata Raiz | Popular | Senior Masculino | 54:19 | +22:50 | 05:26 |
| 387 | 1416 | Miguel S Andre francisco | Popular | Senior Masculino | 54:23 | +22:54 | 05:26 |
| 388 | 905 | Antonio Manuel Adriano | Popular | Senior Masculino | 54:25 | +22:56 | 05:27 |
| 389 | 423 | Rodolfo Joao Manuel | Popular | Senior Masculino | 54:26 | +22:57 | 05:27 |
| 390 | 581 | Eusebio Zacarias Chiovo | Popular | Senior Masculino | 54:26 | +22:57 | 05:27 |
| 391 | 518 | Luis Cuxita Mendes | Popular | Senior Masculino | 54:29 | +23:01 | 05:27 |
| 392 | 1625 | Manuel Ngola Mateus Calei | Popular | Senior Masculino | 54:33 | +23:04 | 05:27 |
| 393 | 1481 | Paulo samuel jose | Popular | Senior Masculino | 54:41 | +23:12 | 05:28 |
| 394 | 1351 | Manuel Fernando Alexandre | Popular | Senior Masculino | 54:42 | +23:13 | 05:28 |
| 395 | 1604 | Antonio Francisco Julio | Popular | Senior Masculino | 54:43 | +23:15 | 05:28 |
| 396 | 284 | Fernando Magalhaes Sobral | Popular | Senior Masculino | 54:44 | +23:15 | 05:28 |
| 397 | 83 | Conceição Bernardo | CPA Bengo | Senior Masculino | 54:46 | +23:17 | 05:29 |
| 398 | 228 | Braz M. DA Silva Araujo | Popular | Senior Masculino | 55:00 | +23:31 | 05:30 |
| 399 | 1055 | Eliandro Cardoso dos Reis Françonny | Popular | Senior Masculino | 55:00 | +23:31 | 05:30 |
| 400 | 902 | Antonio Junta Andrade | Popular | Senior Masculino | 55:00 | +23:32 | 05:30 |
| 401 | 258 | Domingos Leonardo Vihenga | Popular | Senior Masculino | 55:02 | +23:33 | 05:30 |
| 402 | 688 | Domingos Henriques Jose | Popular | Senior Masculino | 55:14 | +23:45 | 05:31 |
| 403 | 1537 | Sebastiao Gaicta Jose | Popular | Senior Masculino | 55:16 | +23:47 | 05:32 |
| 404 | 416 | Pedro Carlos Quingadi | Popular | Senior Masculino | 55:18 | +23:50 | 05:32 |
| 405 | 906 | Antonio Mauricio | Popular | Senior Masculino | 55:19 | +23:50 | 05:32 |
| 406 | 659 | Joao Miguel Andre | Popular | Senior Masculino | 55:20 | +23:52 | 05:32 |
| 407 | 551 | Anacleto Cabanga Jose | Popular | Senior Masculino | 55:23 | +23:55 | 05:32 |
| 408 | 1056 | Elias Chissolo Huambo | Popular | Senior Masculino | 55:25 | +23:56 | 05:32 |
| 409 | 482 | Djairo Adalia Antonio Ebo | Mama Muxima | Senior Masculino | 55:25 | +23:57 | 05:33 |
| 410 | 642 | Alves Silva Armenio | Popular | Senior Masculino | 55:26 | +23:57 | 05:33 |
| 411 | 1060 | Eliseu Pinto Zinga | Popular | Senior Masculino | 55:27 | +23:59 | 05:33 |
| 412 | 244 | Creto Reginaldo Bento Bernardo | Popular | Senior Masculino | 55:31 | +24:02 | 05:33 |
| 413 | 1386 | Mario Vanilson Bartolomeu | Popular | Senior Masculino | 55:32 | +24:04 | 05:33 |
| 414 | 1418 | Miguel T.bebeca Dos Anjos | Popular | Senior Masculino | 55:37 | +24:08 | 05:34 |
| 415 | 816 | Abelauo A. Dos santos Nurgulo | Popular | Senior Masculino | 55:44 | +24:15 | 05:34 |
| 416 | 954 | Bruno F. Combulo Manuel | Popular | Senior Masculino | 55:44 | +24:15 | 05:34 |
| 417 | 649 | Claudio Cristovao Henriques | Popular | Senior Masculino | 55:44 | +24:16 | 05:34 |
| 418 | 1320 | Luciano Malungo David Joao | Popular | Senior Masculino | 55:47 | +24:19 | 05:35 |
| 419 | 1321 | Luduvino Campos | Popular | Senior Masculino | 55:48 | +24:19 | 05:35 |
| 420 | 1267 | Jose Francisco Q. Nganga | Popular | Senior Masculino | 55:50 | +24:22 | 05:35 |

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| | | | | | | | |
|-----|------|----------------------------------|--------------------|------------------|-------|--------|-------|
| 467 | 1414 | Miguel Pedro Castelo | Popular | Senior Masculino | 57:42 | +26:14 | 05:46 |
| 468 | 179 | Adilson Patrick Pimentel (DIP) | Popular BFA | Senior Masculino | 57:43 | +26:15 | 05:46 |
| 469 | 585 | Isaac Costa Makumbo | Popular | Senior Masculino | 57:45 | +26:17 | 05:47 |
| 470 | 772 | Francisco Nelo Francisco | Popular | Senior Masculino | 57:46 | +26:17 | 05:47 |
| 471 | 443 | Tomas Manuel Ngunza | Popular | Senior Masculino | 57:46 | +26:18 | 05:47 |
| 472 | 1222 | João Sebastião Maxia | Popular | Senior Masculino | 57:47 | +26:18 | 05:47 |
| 473 | 285 | Fernando V.F.Marcos | Popular | Senior Masculino | 57:47 | +26:19 | 05:47 |
| 474 | 1126 | Gaspar Antonio Pereira | Popular | Senior Masculino | 57:53 | +26:24 | 05:47 |
| 475 | 1500 | Pedro Paulo Marcos Francisco | Popular | Senior Masculino | 57:55 | +26:26 | 05:47 |
| 476 | 514 | Jose Pedro | Mama Muxima | Senior Masculino | 57:56 | +26:27 | 05:48 |
| 477 | 392 | Mendonça Domingos Pedro | Popular | Senior Masculino | 57:57 | +26:28 | 05:48 |
| 478 | 1015 | Delcio de Jesus Ferreira | Popular | Senior Masculino | 57:57 | +26:28 | 05:48 |
| 479 | 894 | António Felix Augusto | Popular | Senior Masculino | 58:00 | +26:31 | 05:48 |
| 480 | 1556 | Stelio Cardiny Tavares Cocelinha | Popular | Senior Masculino | 58:02 | +26:34 | 05:48 |
| 481 | 953 | Bruno Elizzer da Silva Coimbra | Popular | Senior Masculino | 58:03 | +26:34 | 05:48 |
| 482 | 1125 | Gaspar Antonio Joao Domingos | Popular | Senior Masculino | 58:03 | +26:35 | 05:48 |
| 483 | 1013 | David Gonçalves | Popular | Senior Masculino | 58:12 | +26:43 | 05:49 |
| 484 | 360 | Josias Oseias Gouveia Nhangá | Popular BFA | Senior Masculino | 58:13 | +26:44 | 05:49 |
| 485 | 792 | Manuel Rodrigues G. Gonçalves | Popular | Senior Masculino | 58:14 | +26:46 | 05:49 |
| 486 | 1248 | Jorge Edgar Capapinha Cassule | Popular | Senior Masculino | 58:17 | +26:48 | 05:50 |
| 487 | 1558 | Tadeu Antonio de Costa Paulo | Popular | Senior Masculino | 58:17 | +26:48 | 05:50 |
| 488 | 574 | Venancio Junior Quarenta | Popular | Senior Masculino | 58:18 | +26:49 | 05:50 |
| 489 | 651 | Fontes Azevedo | Popular | Senior Masculino | 58:22 | +26:53 | 05:50 |
| 490 | 1277 | Jose Manuel Chilalo Gonçalves | Popular | Senior Masculino | 58:22 | +26:53 | 05:50 |
| 491 | 592 | Moises Roberto Makumba | Popular | Senior Masculino | 58:30 | +27:01 | 05:51 |
| 492 | 1309 | Largeron Laic Rudi | Popular | Senior Masculino | 58:34 | +27:05 | 05:51 |
| 493 | 802 | Oscar Baptista Calumba | Popular | Senior Masculino | 58:34 | +27:06 | 05:51 |
| 494 | 756 | Domingos Nicolau Calambole | Popular | Senior Masculino | 58:35 | +27:06 | 05:52 |
| 495 | 1288 | Jose SAMALESSO Samuambila | Popular | Senior Masculino | 58:36 | +27:07 | 05:52 |
| 496 | 1294 | Juelson monteiro Zamba | Popular | Senior Masculino | 58:37 | +27:09 | 05:52 |
| 497 | 1339 | Makies A .joao vembra | Popular | Senior Masculino | 58:43 | +27:14 | 05:52 |
| 498 | 785 | Luis Francisco Avelino da Costa | Popular | Senior Masculino | 58:44 | +27:15 | 05:52 |
| 499 | 45 | Lino Firmino Francisco | Seleção do Zaire | Senior Masculino | 58:56 | +27:27 | 05:54 |
| 500 | 1328 | Luis Fernando Rufino Baptista | Popular | Senior Masculino | 58:56 | +27:28 | 05:54 |
| 501 | 1525 | Rubio jorge da fonseca | Popular | Senior Masculino | 59:01 | +27:32 | 05:54 |
| 502 | 1486 | Pedro Domingos X. Cavira | Popular | Senior Masculino | 59:04 | +27:35 | 05:54 |
| 503 | 630 | Miguel Francisco Adolfo | Popular | Senior Masculino | 59:08 | +27:39 | 05:55 |
| 504 | 1072 | Ernesto Jose Joaquim | Popular | Senior Masculino | 59:08 | +27:40 | 05:55 |
| 505 | 171 | Vania B.F.Sassa | Seleção de Cabinda | Senior Masculino | 59:09 | +27:40 | 05:55 |
| 506 | 1279 | José Manuel Macedo | Popular | Senior Masculino | 59:09 | +27:41 | 05:55 |
| 507 | 1219 | Joao Petrok J. Victorino | Popular | Senior Masculino | 59:12 | +27:43 | 05:55 |
| 508 | 207 | Antonio Casimiro Tavares | Popular | Senior Masculino | 59:13 | +27:44 | 05:55 |
| 509 | 463 | Antonio Conceição Jose | Popular | Senior Masculino | 59:20 | +27:51 | 05:56 |
| 510 | 1047 | Edmar Evaldo Rodrigues das Neves | Popular | Senior Masculino | 59:21 | +27:53 | 05:56 |
| 511 | 795 | Marcos Zeu Antonio | Popular | Senior Masculino | 59:22 | +27:54 | 05:56 |
| 512 | 1538 | Sebastião João Baptista | Popular | Senior Masculino | 59:24 | +27:55 | 05:56 |

