











**TRAIL LONGO PT32K - STAGE 1**

**32 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
221	439	Maria Luisa do Espirito Santo	u.f. comércio e indústria atletismo	Veterana F50	04:47:19	+01:52:57	08:59
222	163	Luis Oliveira	grupo desportivo da parreira	Veterano M40	04:47:25	+01:53:03	08:59
223	261	Pedro Barbosa	individual	Veterano M45	04:47:50	+01:53:28	09:00
224	23	Carlos Pereira	afifense trail	Veterano M45	04:47:56	+01:53:34	09:00
225	134	José Córias	dap trail team	Senior Masculino	04:48:51	+01:54:28	09:02
226	115	Simão Petulante	coa - clube de orientação e aventura	Veterano M40	04:49:38	+01:55:15	09:03
227	231	JOSE ROBERTO SANCHEZ MORO	individual	Veterano M40	04:49:53	+01:55:30	09:04
228	366	Marilyne Rua Marques	runner's do demo	Senior Feminino	04:50:13	+01:55:50	09:04
229	124	Filipe Santos	coimbra trail running	Veterano M45	04:51:59	+01:57:37	09:07
230	185	Fausto Alberto Pereira	individual	Senior Masculino	04:52:10	+01:57:48	09:08
231	20	Ricardo Nunes	acrm silveirinha claras	Senior Masculino	04:52:25	+01:58:03	09:08
232	218	lete Marisa Vilela Gonçalves	individual	Veterana F45	04:53:15	+01:58:52	09:10
233	197	Luis Dias	individual	Senior Masculino	04:53:16	+01:58:53	09:10
234	407	Francisco Dias	stravistas vp	Veterano M45	04:53:46	+01:59:23	09:11
235	361	Bruno Julião	pés troikados - cscs	Senior Masculino	04:53:50	+01:59:28	09:11
236	6	Ana Miranda	acportalegre/utsm	Senior Feminino	04:54:06	+01:59:44	09:11
237	168	Paulo Alexandre Ferreira da Costa	improváveis	Veterano M40	04:54:17	+01:59:55	09:12
238	147	Ana Duarte	falcões selvagens	Veterana F45	04:54:39	+02:00:17	09:12
239	322	Sérgio Martins	o mundo da corrida	Veterano M40	04:54:55	+02:00:32	09:13
240	281	Nuno Filipe Lopes Baltazar	juventude vidigalense	Veterano M40	04:55:15	+02:00:53	09:14
241	154	Rogério Ribeiro	figueira kayak clube	Senior Masculino	04:55:52	+02:01:29	09:15
242	76	Rodrigo Dias Lopes	ccd cmt/smas tomar	Veterano M40	04:57:43	+02:03:21	09:18
243	66	Felisbela De Sousa	atr-algarve trail running	Veterana F50	04:59:10	+02:04:48	09:21
244	54	Sara Silva	atletismo clube da tocha	Senior Feminino	04:59:18	+02:04:55	09:21
245	315	Lurdes Gil	mountain trails	Veterana F45	04:59:49	+02:05:27	09:22
246	41	Marco Paulo Simões Oliveira	arcd venda da luisa	Senior Masculino	05:00:24	+02:06:02	09:23
247	392	Rodolfo Órfão	sinmetro	Veterano M40	05:01:18	+02:06:55	09:25
248	63	Bruno Rodrigues	atr-algarve trail running	Senior Masculino	05:01:19	+02:06:56	09:25
249	165	João Emanuel Gonçalves dos Santos	grupo desportivo de trancoso	Senior Masculino	05:03:35	+02:09:13	09:29
250	461	ANTÓNIO COSTA	casa do benfica em abrantés	Veterano M50	05:05:46	+02:11:23	09:33
251	263	Sérgio Osório	individual	Veterano M45	05:06:05	+02:11:43	09:34
252	400	Joel José Ginga	sport clube beira-mar	Senior Masculino	05:06:12	+02:11:50	09:34
253	207	Ricardo Conde	c.d."os águias" de alpiarça	Senior Masculino	05:06:16	+02:11:53	09:34
254	276	Cidália Martins	josé	Veterana F50	05:06:42	+02:12:19	09:35
255	204	Pedro Polónio	individual	Senior Masculino	05:06:44	+02:12:21	09:35
256	352	Sérgio Batista	os trinca espinhas	Veterano M40	05:06:46	+02:12:24	09:35
257	350	Luis Felício	os trinca espinhas	Senior Masculino	05:06:46	+02:12:24	09:35
258	460	Luis André	casa do benfica em abrantés	Senior Masculino	05:08:38	+02:14:16	09:39
259	213	Pedro Silva	individual	Sub 23 Masculino	05:09:03	+02:14:40	09:39
260	240	Sandro Rodrigues	individual	Veterano M40	05:09:22	+02:15:00	09:40
261	417	Lina Da Conceição Ribeiro Mateus	trilho perdido eventos / importlux	Senior Feminino	05:09:51	+02:15:28	09:41
262	177	André Cardão	individual	Senior Masculino	05:10:18	+02:15:56	09:42
263	224	Flávio Monteiro	individual	Veterano M40	05:10:30	+02:16:07	09:42
264	458	Tiago Manuel Fernandes Mateus	o praticante	Senior Masculino	05:11:06	+02:16:44	09:43
265	452	Pedro Castro	xl&s trail	Senior Masculino	05:11:34	+02:17:12	09:44

TRAIL LONGO PT32K - STAGE 1

32 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
266	420	João Vieira Dias	trilho perdido eventos / imporlux	Senior Masculino	05:12:31	+02:18:09	09:46
267	408	Luís Miguel Relvas Pedro	stravistas vp	Veterano M45	05:13:30	+02:19:07	09:48
268	371	Paulo Jorge Martins Veiga	runner's do demo	Senior Masculino	05:13:34	+02:19:12	09:48
269	381	José Magalhães	runner's do demo	Veterano M45	05:13:36	+02:19:13	09:48
270	450	Ana Cristina Alves de Miranda	xl&s trail	Senior Feminino	05:14:53	+02:20:30	09:50
271	145	Sonia Parente	edv - viana trail	Veterana F40	05:14:53	+02:20:30	09:50
272	413	António Lopes	trail runners da ponte	Senior Masculino	05:15:42	+02:21:19	09:52
273	156	João Vaz	figueira kayak clube	Veterano M40	05:16:07	+02:21:45	09:53
274	117	Luís Lobato	coa - clube de orientação e aventura	Veterano M45	05:16:32	+02:22:10	09:54
275	378	Moisés Martins Rodrigues	runner's do demo	Veterano M40	05:16:44	+02:22:21	09:54
276	81	Pedro Carmo	clac entroncamento	Veterano M40	05:17:19	+02:22:56	09:55
277	142	Rodolfo Brito da Silva	edv - viana trail	Senior Masculino	05:17:39	+02:23:17	09:56
278	242	António Manuel Ferreira	individual	Veterano M45	05:17:50	+02:23:28	09:56
279	254	José Raimundo Pereira Sousa23	individual	Veterano M45	05:19:16	+02:24:54	09:59
280	391	Cristina Barros	sinmetro	Veterana F40	05:20:34	+02:26:12	10:01
281	103	Jose Francisco Carvalho Eufrazio	cluve	Veterano M60	05:20:55	+02:26:33	10:02
282	37	Vitor Pinto	amcf - arrábida trail team	Veterano M40	05:21:09	+02:26:47	10:02
283	175	Vanessa de Araújo Simões Antunes	individual	Senior Feminino	05:22:04	+02:27:42	10:04
284	173	Rafaela Oliveira	individual	Senior Feminino	05:22:05	+02:27:42	10:04
285	75	Marcelo Silva	carapaus de corrida	Veterano M45	05:22:05	+02:27:43	10:04
286	457	Helder Camilo	moinhos run - adrm	Senior Masculino	05:22:20	+02:27:57	10:04
287	55	Bruno Marques	atletismo clube da tocha	Senior Masculino	05:22:35	+02:28:12	10:05
288	429	Nuno Miguel Neves	turres trail team	Veterano M45	05:22:37	+02:28:15	10:05
289	247	Fernando Jorge Reis	individual	Veterano M45	05:23:47	+02:29:25	10:07
290	178	André Serra	individual	Senior Masculino	05:23:49	+02:29:27	10:07
291	451	Susana Dantas Alves	xl&s trail	Senior Feminino	05:24:47	+02:30:24	10:09
292	232	José Rosa	individual	Veterano M40	05:24:51	+02:30:29	10:09
293	191	João César de Carvalho Caldeira Calado	individual	Senior Masculino	05:25:24	+02:31:01	10:10
294	412	Helena Gaspar	trail runners da ponte	Senior Feminino	05:25:43	+02:31:20	10:11
295	454	Ana Rita de Barros Carneiro	xl&s trail	Sub 23 Feminino	05:26:24	+02:32:02	10:12
296	409	Paulo J. Ferreira	tálenos team	Veterano M50	05:26:40	+02:32:17	10:13
297	255	Leonel Carlos Cardoso Teixeira Pinto	individual	Veterano M45	05:26:43	+02:32:20	10:13
298	354	Adriano Rocha	outsiders trail team	Veterano M45	05:27:42	+02:33:19	10:14
299	209	Rui Mota	individual	Senior Masculino	05:28:10	+02:33:47	10:15
300	217	Severina Almeida	individual	Veterana F40	05:28:44	+02:34:21	10:16
301	227	Humberto Almeida	individual	Veterano M40	05:28:46	+02:34:23	10:16
302	128	Sérgio Feliciano	correr lisboa	Veterano M40	05:29:22	+02:34:59	10:18
303	129	Paulo Ferreira	correr lisboa	Veterano M45	05:29:22	+02:35:00	10:18
304	219	Karina Moura	individual	Veterana F45	05:30:15	+02:35:52	10:19
305	176	Afonso Gonçalves	individual	Senior Masculino	05:30:43	+02:36:20	10:20
306	14	Ana Rita Maurício Ventura	aportalegre/utsm	Veterana F40	05:30:46	+02:36:24	10:20
307	15	José Manuel Cascalho Moisés	aportalegre/utsm	Veterano M45	05:30:47	+02:36:24	10:20
308	353	Nelson Duarte	outsiders trail team	Veterano M40	05:31:16	+02:36:54	10:21
309	444	Cidália Maria Serra Marques Martins	vendasnovas trail	Veterana F45	05:31:27	+02:37:05	10:22

**TRAIL LONGO PT32K - STAGE 1**

**32 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
310	220	MARIA JOSE FELISARDO	ocs/proaventuras	Veterana F45	05:32:17	+02:37:54	10:23
311	229	jorge paulino	individual	Veterano M40	05:32:33	+02:38:10	10:24
312	172	Mariana Passos	individual	Senior Feminino	05:32:33	+02:38:11	10:24
313	462	MANUEL SILVA	casa do benfica em abranfes	Veterano M40	05:32:52	+02:38:29	10:24
314	111	Carlos Matias	coa - clube de orientaao e aventura	Veterano M40	05:32:52	+02:38:29	10:24
315	104	Sonia Marques	coa - clube de orientaao e aventura	Senior Feminino	05:33:10	+02:38:47	10:25
316	250	Joaquim Caeiro	individual	Veterano M45	05:34:03	+02:39:41	10:26
317	226	Hugo Vitorino	individual	Veterano M40	05:35:03	+02:40:41	10:28
318	307	Ruben Borges	montanha clube trail running/efapel	Senior Masculino	05:35:28	+02:41:05	10:29
319	310	Rui Manuel Pereira Gaspar	montanha clube trail running/efapel	Veterano M45	05:35:28	+02:41:06	10:29
320	155	Armando Loureiro	figueira kayak clube	Veterano M40	05:37:41	+02:43:19	10:33
321	160	Antonio Carvalho	figueira kayak clube	Veterano M60	05:37:41	+02:43:19	10:33
322	159	Fernando Costa	figueira kayak clube	Veterano M55	05:37:42	+02:43:19	10:33
323	25	Paulo Manuel Rodrigues Ferreira	ahbestoris	Veterano M40	05:37:59	+02:43:36	10:34
324	463	EDGAR GASPAP	casa do benfica em abranfes	Senior Masculino	05:38:07	+02:43:45	10:34
325	237	Ricardo Carvalho	individual	Veterano M40	05:38:09	+02:43:46	10:34
326	215	carla sofia garcez	individual	Veterana F40	05:38:18	+02:43:56	10:34
327	386	Miguel Baptista	salamandreos	Veterano M50	05:38:24	+02:44:02	10:35
328	385	Natasha Planas	salamandreos	Veterana F45	05:38:24	+02:44:02	10:35
329	109	Nuno Figueiredo	coa - clube de orientaao e aventura	Senior Masculino	05:38:49	+02:44:26	10:35
330	118	Lus Gonalves	coa - clube de orientaao e aventura	Veterano M50	05:38:49	+02:44:27	10:35
331	309	Paulo Caada	montanha clube trail running/efapel	Veterano M40	05:39:07	+02:44:44	10:36
332	410	Fbio Daniel Pochino Silva	tarahumara	Senior Masculino	05:39:12	+02:44:49	10:36
333	112	Nuno Barata	coa - clube de orientaao e aventura	Veterano M40	05:39:18	+02:44:56	10:36
334	238	Ricardo Pinto Esteves da Silva	individual	Veterano M40	05:40:08	+02:45:45	10:38
335	126	SU RAPOSO	correr lisboa	Veterana F40	05:41:19	+02:46:57	10:40
336	422	Ana Paula Alves Tome	trilho perdido eventos / imporlux	Veterana F40	05:41:42	+02:47:20	10:41
337	418	Teresa Bemfeita	trilho perdido eventos / imporlux	Senior Feminino	05:41:42	+02:47:20	10:41
338	313	Firmino Mendes	montanha clube trail running/efapel	Veterano M55	05:42:31	+02:48:08	10:42
339	174	Solange Sousa	individual	Senior Feminino	05:43:10	+02:48:47	10:43
340	262	Rui Alves	individual	Veterano M45	05:45:03	+02:50:41	10:47
341	152	Manuel Moraes	farmcia Luciano e matos	Senior Masculino	05:45:15	+02:50:52	10:47
342	362	Daniel Taborda	ps troikados - cscs	Senior Masculino	05:45:15	+02:50:52	10:47
343	329	paulo Manuel Martins	ocs - proaventuras	Veterano M50	05:45:30	+02:51:08	10:48
344	324	Mara Azevedo Martins	ocs - proaventuras	Veterana F45	05:45:31	+02:51:08	10:48
345	288	Lus Almeida	lion runners - g. d. lees da guarda	Veterano M55	05:45:40	+02:51:18	10:48
346	149	Mlanie Duarte	farmcia Luciano e matos	Senior Feminino	05:46:04	+02:51:41	10:49
347	184	Fbio Rodrigues	individual	Senior Masculino	05:46:16	+02:51:54	10:49
348	62	Alexandra Vanstalle	atr-algarve trail running	Senior Feminino	05:46:22	+02:51:59	10:49
349	65	Cludia Guerreiro	atr-algarve trail running	Veterana F40	05:46:22	+02:52:00	10:49
350	26	Paulo Oliveira Lopes	alverca urban runners	Senior Masculino	05:46:55	+02:52:33	10:50
351	285	Diogo Ramalho	lion runners - g. d. lees da guarda	Senior Masculino	05:47:14	+02:52:52	10:51
352	244	Carlos Ferreira	individual	Veterano M45	05:48:21	+02:53:59	10:53
353	167	Joo Manuel Martins Lopes	improvveis	Veterano M40	05:50:21	+02:55:58	10:57
354	266	Martinho Santos	individual	Veterano M50	05:52:55	+02:58:33	11:02
355	260	paulo louro costa	individual	Veterano M45	05:54:53	+03:00:31	11:05





**trail longo pt32k**
**32 KM**
**OFFICIAL RESULT**

	Time	Temperature	Humidity
Start	09:45	-99°C	-99%
End	17:34	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
<b>Senior Feminino</b>							
1	337	Maria Areias	Oralklass-Amigos do Trail	Senior Feminino	03:53:49		07:18
2	339	Nádia Casteleiro	Oralklass-Amigos do Trail	Senior Feminino	04:13:22	+19:33	07:55
3	298	Inês moreira	Moinhos Run - ADRM	Senior Feminino	04:21:28	+27:39	08:10
4	171	Mafalda Moniz	GO!Runners	Senior Feminino	04:43:47	+49:58	08:52
5	336	Brigida Pinto	Oralklass-Amigos do Trail	Senior Feminino	04:46:49	+53:00	08:58
6	366	Marilyne Rua Marques	RUNNER'S DO DEMO	Senior Feminino	04:50:13	+56:23	09:04
7	6	Ana Miranda	ACPortalegre/UTSM	Senior Feminino	04:54:06	+01:00:17	09:11
8	54	Sara Silva	Atletismo Clube da Tocha	Senior Feminino	04:59:18	+01:05:28	09:21
9	417	Lina Da Conceição Ribeiro Mateus	Trilho Perdido Eventos / Importlux	Senior Feminino	05:09:51	+01:16:01	09:41
10	450	Ana Cristina Alves de Miranda	XL&S TRAIL	Senior Feminino	05:14:53	+01:21:03	09:50
11	175	Vanessa de Araújo Simões Antunes	Individual	Senior Feminino	05:22:04	+01:28:15	10:04
12	173	Rafaela Oliveira	Individual	Senior Feminino	05:22:05	+01:28:15	10:04
13	451	Susana Dantas Alves	XL&S TRAIL	Senior Feminino	05:24:47	+01:30:57	10:09
14	412	Helena Gaspar	Trail Runners da Ponte	Senior Feminino	05:25:43	+01:31:53	10:11
15	172	Mariana Passos	Individual	Senior Feminino	05:32:33	+01:38:44	10:24
16	104	Sónia Marques	COA - Clube de Orientação e Aventura	Senior Feminino	05:33:10	+01:39:20	10:25
17	418	Teresa Bemfeita	Trilho Perdido Eventos / Importlux	Senior Feminino	05:41:42	+01:47:53	10:41
18	174	Solange Sousa	Individual	Senior Feminino	05:43:10	+01:49:20	10:43
19	149	Mélanie Duarte	Farmácia Luciano e Matos	Senior Feminino	05:46:04	+01:52:14	10:49
20	62	Alexandra Vanstalle	ATR-Algarve trail running	Senior Feminino	05:46:22	+01:52:32	10:49

**Senior Masculino**

1	119	David Quelhas	Coimbra Trail Running	Senior Masculino	02:54:22		05:27
2	437	Tiago Romão	U.F. Comércio e Indústria Atletismo	Senior Masculino	02:57:04	+02:41	05:32
3	90	Fernando Gomes	Clube de Atletismo de Ferreira do Zêzere	Senior Masculino	02:57:35	+03:12	05:33
4	433	Luis Mário Fernandes	U.F. Comércio e Indústria Atletismo	Senior Masculino	02:59:43	+05:20	05:37
5	3	Luis Duarte Casaca Semedo	ACPortalegre/UTSM	Senior Masculino	03:00:39	+06:17	05:39
6	141	Ricardo Silva	EDV - Viana Trail	Senior Masculino	03:03:47	+09:25	05:45
7	456	Mário Elson	Dr. Merino/4moove	Senior Masculino	03:06:45	+12:22	05:50
8	140	Jerôme Rodrigues	EDV - Viana Trail	Senior Masculino	03:10:53	+16:30	05:58
9	344	Nuno Alves	Oralklass-Amigos do Trail	Senior Masculino	03:13:11	+18:49	06:02
10	4	Pedro Rodrigues	EDV - Viana Trail	Senior Masculino	03:14:34	+20:11	06:05
11	431	Fábio dos Santos Fontoura	U.F. Comércio e Indústria Atletismo	Senior Masculino	03:16:53	+22:31	06:09
12	455	José Silverio	ACPortalegre/UTSM	Senior Masculino	03:17:31	+23:08	06:10

**trail longo pt32k**

**32 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

13	345	Paulo Conde	Oralklass-Amigos do Trail	Senior Masculino	03:19:58	+25:36	06:15
14	290	Joel Filipe Alves Pereira	Minho e Lima Trail	Senior Masculino	03:24:07	+29:44	06:23
15	13	Pedro Salvador Trindade Azinhaga	ACPortalegre/UTSM	Senior Masculino	03:24:21	+29:58	06:23
16	133	Emanuel Machado	DAP Trail Team	Senior Masculino	03:25:02	+30:39	06:24
17	89	Fábio Ladeiras	Clube de Atletismo de Ferreira do Zêzere	Senior Masculino	03:29:37	+35:15	06:33
18	342	João Nogueira	Oralklass-Amigos do Trail	Senior Masculino	03:31:32	+37:09	06:37
19	12	Nuno Paiva	ACPortalegre/UTSM	Senior Masculino	03:31:33	+37:11	06:37
20	11	Marco Nabais	ACPortalegre/UTSM	Senior Masculino	03:33:31	+39:09	06:40
21	301	Gonçalo Henriques	Montanha Clube Trail Running/Efapel	Senior Masculino	03:35:28	+41:05	06:44
22	436	Rogério Costa	U.F. Comércio e Indústria Atletismo	Senior Masculino	03:35:48	+41:26	06:45
23	120	João Ferreira	Coimbra Trail Running	Senior Masculino	03:35:56	+41:33	06:45
24	139	Diogo Lopes	EDV - Viana Trail	Senior Masculino	03:37:34	+43:11	06:48
25	10	Luís Anacleto	ACPortalegre/UTSM	Senior Masculino	03:38:23	+44:00	06:49
26	406	Filipe Garcia	SpotCriativo Viseu Running Team	Senior Masculino	03:38:28	+44:06	06:50
27	179	Bruno Figueiredo	Individual	Senior Masculino	03:39:07	+44:44	06:51
28	284	Celso Oliveira	LION RUNNERS - G. D. Leões da Guarda	Senior Masculino	03:40:00	+45:38	06:53
29	434	Luis Silva	U.F. Comércio e Indústria Atletismo	Senior Masculino	03:40:24	+46:01	06:53
30	421	Miguel António Vicente Ribeiro	Trilho Perdido Eventos / imporlux	Senior Masculino	03:42:04	+47:41	06:56
31	122	Jorge Duarte	Coimbra Trail Running	Senior Masculino	03:44:15	+49:52	07:00
32	294	Rafael Brito Abreu Pereira	Minho e Lima Trail	Senior Masculino	03:45:10	+50:47	07:02
33	291	Jorge Serafim Nogueira Amorim	Minho e Lima Trail	Senior Masculino	03:45:10	+50:48	07:02
34	373	Paulo Pires	RUNNER'S DO DEMO	Senior Masculino	03:46:02	+51:39	07:04
35	305	Nuno Coelho	Montanha Clube Trail Running/Efapel	Senior Masculino	03:48:36	+54:13	07:09
36	332	Miguel Jaques	OLIMPICO VIANENSE TRAIL	Senior Masculino	03:49:05	+54:42	07:10
37	334	Nuno Pereira	OLIMPICO VIANENSE TRAIL	Senior Masculino	03:49:06	+54:43	07:10
38	341	Filipe Carneiro	Oralklass-Amigos do Trail	Senior Masculino	03:49:24	+55:01	07:10
39	98	Tiago Manuel Ferreira de Almeida	Clube de Montanha Alto Trilho (Javalis)	Senior Masculino	03:52:51	+58:28	07:17
40	331	João Castel-Branco	OLIMPICO VIANENSE TRAIL	Senior Masculino	03:52:52	+58:30	07:17
41	459	ANTÓNIO ALMEIDA	CASA DO BENFICA EM ABRANTES	Senior Masculino	03:52:55	+58:32	07:17
42	306	paulo noqueira	Montanha Clube Trail Running/Efapel	Senior Masculino	03:53:30	+59:08	07:18
43	69	Bruno Nalha	C.D."Os Águias" de Alpiarça	Senior Masculino	03:54:46	+01:00:24	07:20
44	465	José Bancaleiro	ACPortalegre/UTSM	Senior Masculino	03:55:54	+01:01:31	07:22
45	28	Diogo Oliveira	AMCF - Arrábida Trail Team	Senior Masculino	03:56:12	+01:01:50	07:23
46	299	Bruno Simões Rodrigues	Montanha Clube Trail Running/Efapel	Senior Masculino	03:56:19	+01:01:57	07:23
47	29	Luís trindade	AMCF - Arrábida Trail Team	Senior Masculino	03:56:36	+01:02:13	07:24
48	130	Nelson Teixeira	Crocodilos / MisterPC	Senior Masculino	03:56:41	+01:02:19	07:24
49	368	Daniel Rodrigues fonseca	RUNNER'S DO DEMO	Senior Masculino	03:57:17	+01:02:55	07:25
50	396	José Presado	DAP Trail Team	Senior Masculino	03:58:02	+01:03:39	07:26
51	208	Ricardo Leandro Lopes Luis	GO!Runners	Senior Masculino	03:58:14	+01:03:51	07:27
52	346	Sergio Suzano	Oralklass-Amigos do Trail	Senior Masculino	03:58:24	+01:04:02	07:27

Official Timekeeper: Lap2Go	2 / 11	generate 12-Feb-2017 17:39
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**trail longo pt32k****32 KM**

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**OFFICIAL RESULT**

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94	153	Gonçalo Daniel Nunes Relvão Lourenço	Farmácia Luciano e Matos / Coimbra Trail Running	Senior Masculino	04:34:14	+01:39:52	08:34
95	187	Filipe Carrão	Individual	Senior Masculino	04:34:46	+01:40:24	08:35
96	121	Joel Almeida Martinho	Coimbra Trail Running	Senior Masculino	04:37:04	+01:42:41	08:40
97	283	Bruno Batista	LION RUNNERS - G. D. Leões da Guarda	Senior Masculino	04:37:16	+01:42:53	08:40
98	335	Rui Pedro Brito de Faria	OLIMPICO VIANENSE TRAIL	Senior Masculino	04:37:47	+01:43:25	08:41
99	453	Rui Carmo	XL&S TRAIL	Senior Masculino	04:39:41	+01:45:18	08:44
100	363	Pedro de Brito	PÉS TROIKADOS - CSCS	Senior Masculino	04:39:41	+01:45:19	08:44
101	286	Fernando Sampaio	LION RUNNERS - G. D. Leões da Guarda	Senior Masculino	04:40:27	+01:46:04	08:46
102	397	André Manuel Martins Príncipe	Sport Clube Beira-Mar	Senior Masculino	04:41:03	+01:46:41	08:47
103	202	Pedro Monteiro	Individual	Senior Masculino	04:41:36	+01:47:13	08:48
104	357	Tiago Batista	Ozxtreme/ RDA	Senior Masculino	04:41:51	+01:47:29	08:48
105	106	Artur Oliveira	COA - Clube de Orientação e Aventura	Senior Masculino	04:42:06	+01:47:43	08:49
106	419	João Silva	Trilho Perdido Eventos / Importlux	Senior Masculino	04:43:44	+01:49:21	08:52
107	210	Sérgio Gonçalves	Individual	Senior Masculino	04:45:46	+01:51:24	08:56
108	180	Carlos Pereira	Individual	Senior Masculino	04:46:41	+01:52:19	08:58
109	200	Nuno Nunes	Individual	Senior Masculino	04:47:00	+01:52:37	08:58
110	134	José Cóias	DAP Trail Team	Senior Masculino	04:48:51	+01:54:28	09:02
111	185	Fausto Alberto Pereira	Individual	Senior Masculino	04:52:10	+01:57:48	09:08
112	20	Ricardo Nunes	ACRM Silveirinha Claras	Senior Masculino	04:52:25	+01:58:03	09:08
113	197	Luis Dias	Individual	Senior Masculino	04:53:16	+01:58:53	09:10
114	361	Bruno Julião	PÉS TROIKADOS - CSCS	Senior Masculino	04:53:50	+01:59:28	09:11
115	154	Rogério Ribeiro	Figueira Kayak Clube	Senior Masculino	04:55:52	+02:01:29	09:15
116	41	Marco Paulo Simões Oliveira	ARCD VENDA DA LUISA	Senior Masculino	05:00:24	+02:06:02	09:23
117	63	Bruno Rodrigues	ATR-Algarve Trail Running	Senior Masculino	05:01:19	+02:06:56	09:25
118	165	João Emanuel Gonçalves dos Santos	Grupo Desportivo de Trancoso	Senior Masculino	05:03:35	+02:09:13	09:29
119	400	Joel José Ginga	Sport Clube Beira-Mar	Senior Masculino	05:06:12	+02:11:50	09:34
120	207	Ricardo Conde	C.D."Os Águias" de Alpiarça	Senior Masculino	05:06:16	+02:11:53	09:34
121	204	Pedro Polónio	Individual	Senior Masculino	05:06:44	+02:12:21	09:35
122	350	Luis Felício	Os Trinca Espinhas	Senior Masculino	05:06:46	+02:12:24	09:35
123	460	Luis André	CASA DO BENFICA EM ABRANTES	Senior Masculino	05:08:38	+02:14:16	09:39
124	177	André Cardão	Individual	Senior Masculino	05:10:18	+02:15:56	09:42
125	458	Tiago Manuel Fernandes Mateus	O Praticante	Senior Masculino	05:11:06	+02:16:44	09:43
126	452	Pedro Castro	XL&S TRAIL	Senior Masculino	05:11:34	+02:17:12	09:44
127	420	João Vieira Dias	Trilho Perdido Eventos / Importlux	Senior Masculino	05:12:31	+02:18:09	09:46
128	371	Paulo Jorge Martins Veiga	RUNNER'S DO DEMO	Senior Masculino	05:13:34	+02:19:12	09:48
129	413	António Lopes	Trail Runners da Ponte	Senior Masculino	05:15:42	+02:21:19	09:52
130	142	Rodolfo Brito da Silva	EDV - Viana Trail	Senior Masculino	05:17:39	+02:23:17	09:56
131	457	Helder Camilo	Moinhos Run - ADRM	Senior Masculino	05:22:20	+02:27:57	10:04
132	55	Bruno Marques	Atletismo Clube da Tocha	Senior Masculino	05:22:35	+02:28:12	10:05
133	178	André Serra	Individual	Senior Masculino	05:23:49	+02:29:27	10:07
134	191	João César de Carvalho Caldeira Calado	Individual	Senior Masculino	05:25:24	+02:31:01	10:10
135	209	Rui Mota	Individual	Senior Masculino	05:28:10	+02:33:47	10:15

### trail longo pt32k

**32 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

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136	176	Afonso Gonçalves	Individual	Senior Masculino	05:30:43	+02:36:20	10:20
137	307	Ruben Borges	Montanha Clube Trail Running/Efapel	Senior Masculino	05:35:28	+02:41:05	10:29
138	463	EDGAR GASPAP	CASA DO BENFICA EM ABRANTES	Senior Masculino	05:38:07	+02:43:45	10:34
139	109	Nuno Figueiredo	COA - Clube de Orientação e Aventura	Senior Masculino	05:38:49	+02:44:26	10:35
140	410	Fábio Daniel Pocinho Silva	Tarahumara	Senior Masculino	05:39:12	+02:44:49	10:36
141	152	Manuel Morais	Farmácia Luciano e Matos	Senior Masculino	05:45:15	+02:50:52	10:47
142	362	Daniel Taborda	PÉS TROIKADOS - CSCS	Senior Masculino	05:45:15	+02:50:52	10:47
143	184	Fábio Rodrigues	Individual	Senior Masculino	05:46:16	+02:51:54	10:49
144	26	Paulo Oliveira Lopes	Alverca Urban Runners	Senior Masculino	05:46:55	+02:52:33	10:50
145	285	Diogo Ramalhão	LION RUNNERS - G. D. Leões da Guarda	Senior Masculino	05:47:14	+02:52:52	10:51
146	190	Gonçalo Rosa	Individual	Senior Masculino	06:08:33	+03:14:11	11:31
147	44	Hugo Caldeira	ARSM - Associação Recreativa de S. Miguel	Senior Masculino	06:10:40	+03:16:18	11:35
148	182	Daniel Pedrosa	Individual	Senior Masculino	06:20:21	+03:25:58	11:53
149	162	Pedro Gabriel Lopes Oliveira	Grupo Desportivo da Parreira	Senior Masculino	06:29:25	+03:35:03	12:10
150	356	Samuel Martinho	Ozxtreme/ RDA	Senior Masculino	06:59:30	+04:05:07	13:07
151	189	Gonçalo Dinis Santos	Individual	Senior Masculino	07:02:24	+04:08:01	13:12

### Sub 23 Feminino

1	454	Ana Rita de Barros Carneiro	XL&S TRAIL	Sub 23 Feminino	05:26:24		10:12
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### Sub 23 Masculino

1	387	Romeu Gouveia	SALOMON SUUNTO PORTUGAL	Sub 23 Masculino	02:55:26		05:29
2	347	António Braziela	Oralklass-Amigos do Trail	Sub 23 Masculino	03:09:02	+13:36	05:54
3	95	João Martins	Clube de Atletismo de Ferreira do Zêzere	Sub 23 Masculino	03:31:12	+35:46	06:36
4	211	Diogo Flamino	Individual	Sub 23 Masculino	04:02:38	+01:07:12	07:35
5	46	João Miguel da Costa Lopes	Grupo Desportivo da Parreira	Sub 23 Masculino	04:05:39	+01:10:14	07:41
6	390	João Dias	Seifitnes Trail Team	Sub 23 Masculino	04:40:25	+01:44:59	08:46
7	213	Pedro Silva	Individual	Sub 23 Masculino	05:09:03	+02:13:37	09:39

### Veterana F40

1	279	fatima alendouro	Juventude Vidigalense	Veterana F40	04:16:51		08:02
2	30	Margarida Amaro	AMCF - Arrábida Trail Team	Veterana F40	04:22:20	+05:29	08:12
3	52	Dina Rocha	Associação Académica de Coimbra	Veterana F40	04:37:17	+20:27	08:40
4	145	Sonia Parente	EDV - Viana Trail	Veterana F40	05:14:53	+58:02	09:50
5	391	Cristina Barros	Sinmetro	Veterana F40	05:20:34	+01:03:44	10:01
6	217	Severina Almeida	Individual	Veterana F40	05:28:44	+01:11:53	10:16
7	14	Ana Rita Maurício Ventura	ACPPortalegre/UTSM	Veterana F40	05:30:46	+01:13:56	10:20
8	215	carla sofia garcez	Individual	Veterana F40	05:38:18	+01:21:28	10:34

**trail longo pt32k**

**32 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

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9	126	SU RAPOSO	CORRER LISBOA	Veterana F40	05:41:19	+01:24:29	10:40
10	422	Ana Paula Alves Tomé	Trilho Perdido Eventos / Importlux	Veterana F40	05:41:42	+01:24:52	10:41
11	65	Cláudia Guerreiro	ATR-Algarve Trail Running	Veterana F40	05:46:22	+01:29:32	10:49
12	136	Célia Sampaio	Desnível Positivo	Veterana F40	05:55:14	+01:38:24	11:06
13	87	Sara Velho	Clube da Natureza de Alvito	Veterana F40	06:05:01	+01:48:10	11:24
14	216	Marisa Brissos	Individual	Veterana F40	07:48:36	+03:31:46	14:39

**Veterana F45**

1	438	Cristina Ponte	U.F. Comércio e Indústria Atletismo	Veterana F45	03:53:08		07:17
2	102	Carla Cristina Pimentel Castro Cunha Leite	Clube Sem	Veterana F45	04:24:55	+31:47	08:17
3	218	Iete Marisa Vilela Gonçalves	Individual	Veterana F45	04:53:15	+01:00:06	09:10
4	147	Ana Duarte	FALCÕES SELVAGENS	Veterana F45	04:54:39	+01:01:31	09:12
5	315	Lurdes Gil	Mountain trails	Veterana F45	04:59:49	+01:06:41	09:22
6	219	Karina Moura	Individual	Veterana F45	05:30:15	+01:37:06	10:19
7	444	Cidália Maria Serra Marques Martins	VendasNovas Trail	Veterana F45	05:31:27	+01:38:19	10:22
8	220	MARIA JOSE FELISARDO	OCS/PROAVENTURAS	Veterana F45	05:32:17	+01:39:08	10:23
9	385	Natasha Planas	Salamandrecos	Veterana F45	05:38:24	+01:45:16	10:35
10	324	Maria Azevedo Martins	OCS - PROAVENTURAS	Veterana F45	05:45:31	+01:52:22	10:48
11	22	Carolina Pereira	Afifense Trail	Veterana F45	05:55:15	+02:02:06	11:06

**Veterana F50**

1	439	Maria Luisa do Espirito Santo	U.F. Comércio e Indústria Atletismo	Veterana F50	04:47:19		08:59
2	66	Felisbela De Sousa	ATR-Algarve Trail Running	Veterana F50	04:59:10	+11:51	09:21
3	276	Cidália Martins	José	Veterana F50	05:06:42	+19:22	09:35

**Veterano M40**

1	36	Rui Pacheco	AMCF - Arrábida Trail Team	Veterano M40	03:09:32		05:55
2	96	Bének Morais	Clube de Atletismo de Ferreira do Zézere	Veterano M40	03:12:42	+03:11	06:01
3	132	Nelson Santos	Dão Nelas Runners	Veterano M40	03:17:44	+08:13	06:11
4	35	Rui Luz	AMCF - Arrábida Trail Team	Veterano M40	03:18:21	+08:50	06:12
5	359	Fernando Carvalho	Ozxtreme/ RDA	Veterano M40	03:21:55	+12:23	06:19
6	131	Armando Costa	Dão Nelas Runners	Veterano M40	03:25:33	+16:02	06:25
7	34	Nuno Torres	AMCF - Arrábida Trail Team	Veterano M40	03:25:56	+16:24	06:26
8	33	Rui Sequeira	AMCF - Arrábida Trail Team	Veterano M40	03:30:09	+20:37	06:34
9	157	Luis Cunha	Figueira Kayak Clube	Veterano M40	03:30:49	+21:18	06:35
10	404	Alex Tondela	Sport Clube Beira-Mar	Veterano M40	03:30:57	+21:25	06:36
11	48	Pedro Veríssimo	ARSM - Associação Recreativa de S. Miguel	Veterano M40	03:36:01	+26:30	06:45
12	234	Nuno Cardoso	Individual	Veterano M40	03:36:20	+26:49	06:46
13	280	jose rosario	Juventude Vidigalense	Veterano M40	03:37:17	+27:46	06:47
14	467	David Amaral	Coimbra Trail Running	Veterano M40	03:38:32	+29:01	06:50

trail longo pt32k

32 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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15	239	Rui Pedro Pinheiro da Fonseca	Individual	Veterano M40	03:44:23	+34:52	07:01
16	426	Francisco rodrigues	Turres Trail Team	Veterano M40	03:47:18	+37:46	07:06
17	427	João Santos	Turres Trail Team	Veterano M40	03:48:11	+38:39	07:08
18	343	Vitor Pinto	Oralklass-Amigos do Trail	Veterano M40	03:48:12	+38:41	07:08
19	97	Hélder Pereira	Clube de Atletismo de Ferreira do Zêzere	Veterano M40	03:51:58	+42:26	07:15
20	18	Ricardo Oliveira	ACRD/PSP Viseu Runners	Veterano M40	03:57:22	+47:50	07:25
21	2	João Oliveira	CHAVES RUNNING TEAM	Veterano M40	03:57:39	+48:08	07:26
22	164	vasco lopes	Grupo Desportivo da Parreira	Veterano M40	03:59:59	+50:28	07:30
23	77	Vitor Santos	CCD CMT/SMAS TOMAR	Veterano M40	04:02:19	+52:48	07:34
24	16	João Valério	ACRD/PSP Viseu Runners	Veterano M40	04:06:11	+56:39	07:42
25	376	Augusto Rua	RUNNER'S DO DEMO	Veterano M40	04:08:06	+58:35	07:45
26	225	guilherme hora	Individual	Veterano M40	04:08:52	+59:20	07:47
27	405	Carlos Charrua	Sporting Clube de Viana do Alentejo - Luis Branco Running Team	Veterano M40	04:09:03	+59:31	07:47
28	222	carlos manuel rodrigues barbosa	Individual	Veterano M40	04:09:04	+59:32	07:47
29	42	Victor Semedo	Arronches e Benfica / Clínica Sta Beatriz	Veterano M40	04:15:49	+01:06:17	08:00
30	379	Pedro Alexandre Afonso Sousa	RUNNER'S DO DEMO	Veterano M40	04:16:36	+01:07:05	08:01
31	195	João Moreira	Individual	Veterano M40	04:17:58	+01:08:27	08:04
32	5	Jorge Carvalho	Abutres Running Team	Veterano M40	04:20:13	+01:10:41	08:08
33	166	Paulo Gregorio	GTeam	Veterano M40	04:21:08	+01:11:36	08:10
34	71	Nuno Paulino	C.D."Os Águias" de Alpiarça	Veterano M40	04:21:50	+01:12:18	08:11
35	351	Luis David	Os Trinca Espinhas	Veterano M40	04:24:59	+01:15:27	08:17
36	308	Jorge Alexandre Correia Moita	Montanha Clube Trail Running/Efapel	Veterano M40	04:31:41	+01:22:10	08:29
37	60	Paulo Batista	Atletismo Clube da Tocha	Veterano M40	04:32:24	+01:22:52	08:31
38	58	António Batata	Atletismo Clube da Tocha	Veterano M40	04:32:24	+01:22:52	08:31
39	57	Adriano Tabanez	Atletismo Clube da Tocha	Veterano M40	04:35:58	+01:26:27	08:37
40	447	Luis Pedro dos Santos caridade	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	Veterano M40	04:38:04	+01:28:33	08:41
41	68	Antonio Silva	Bosch	Veterano M40	04:41:04	+01:31:32	08:47
42	428	Sérgio Nuno Nunes	Turres Trail Team	Veterano M40	04:44:34	+01:35:02	08:54
43	228	Joao Tralha	Individual	Veterano M40	04:45:22	+01:35:51	08:55
44	414	A. Filipe Garcia	Trail Runners da Ponte	Veterano M40	04:45:47	+01:36:15	08:56
45	78	Luís Paulo Ferreira de Almeida Carlos	Chitas de Alcobaça	Veterano M40	04:46:01	+01:36:29	08:56
46	364	Pedro Barbas	Pontevel a Mexer	Veterano M40	04:46:41	+01:37:09	08:58
47	365	Sergio Simão	Pontevel a Mexer	Veterano M40	04:46:41	+01:37:09	08:58
48	348	José Costa	Oralklass-Amigos do Trail	Veterano M40	04:46:49	+01:37:18	08:58
49	163	Luis Oliveira	Grupo Desportivo da Parreira	Veterano M40	04:47:25	+01:37:54	08:59
50	115	Simão Petulante	COA - Clube de Orientação e Aventura	Veterano M40	04:49:38	+01:40:06	09:03
51	231	JOSE ROBERTO SANCHEZ MORO	Individual	Veterano M40	04:49:53	+01:40:21	09:04
52	168	Paulo Alexandre Ferreira da Costa	IMPROVÁVEIS	Veterano M40	04:54:17	+01:44:46	09:12
53	322	Sérgio Martins	O Mundo da Corrida	Veterano M40	04:54:55	+01:45:23	09:13
54	281	Nuno Filipe Lopes Baltazar	Juventude Vidigalense	Veterano M40	04:55:15	+01:45:44	09:14
55	76	Rodrigo Dias Lopes	CCD CMT/SMAS TOMAR	Veterano M40	04:57:43	+01:48:12	09:18
56	392	Rodolfo Órfão	Sinmetro	Veterano M40	05:01:18	+01:51:46	09:25

Official Timekeeper: Lap2Go	7 / 11	generate 12-Feb-2017 17:39
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trail longo pt32k

32 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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57	352	Sérgio Batista	Os Trinca Espinhas	Veterano M40	05:06:46	+01:57:15	09:35
58	240	Sandro Rodrigues	Individual	Veterano M40	05:09:22	+01:59:51	09:40
59	224	Flavio Monteiro	Individual	Veterano M40	05:10:30	+02:00:58	09:42
60	156	João Vaz	Figueira Kayak Clube	Veterano M40	05:16:07	+02:06:36	09:53
61	378	Moisés Martins Rodrigues	RUNNER'S DO DEMO	Veterano M40	05:16:44	+02:07:12	09:54
62	81	Pedro Carmo	CLAC Entroncamento	Veterano M40	05:17:19	+02:07:47	09:55
63	37	Vitor Pinto	AMCF - Arrábida Trail Team	Veterano M40	05:21:09	+02:11:38	10:02
64	232	José Rosa	Individual	Veterano M40	05:24:51	+02:15:20	10:09
65	227	Humberto Almeida	Individual	Veterano M40	05:28:46	+02:19:14	10:16
66	128	Sérgio Feliciano	CORRER LISBOA	Veterano M40	05:29:22	+02:19:50	10:18
67	353	Nelson Duarte	outsiders trail team	Veterano M40	05:31:16	+02:21:45	10:21
68	229	jorge paulino	Individual	Veterano M40	05:32:33	+02:23:01	10:24
69	462	MANUEL SILVA	CASA DO BENFICA EM ABRANTES	Veterano M40	05:32:52	+02:23:20	10:24
70	111	Carlos Matias	COA - Clube de Orientação e Aventura	Veterano M40	05:32:52	+02:23:20	10:24
71	226	Hugo Vitorino	Individual	Veterano M40	05:35:03	+02:25:32	10:28
72	155	Armando Loureiro	Figueira Kayak Clube	Veterano M40	05:37:41	+02:28:10	10:33
73	25	Paulo Manuel Rodrigues Ferreira	AHBEstoris	Veterano M40	05:37:59	+02:28:27	10:34
74	237	Ricardo Carvalho	Individual	Veterano M40	05:38:09	+02:28:37	10:34
75	309	Paulo Calçada	Montanha Clube Trail Running/Efapel	Veterano M40	05:39:07	+02:29:35	10:36
76	112	Nuno Barata	COA - Clube de Orientação e Aventura	Veterano M40	05:39:18	+02:29:47	10:36
77	238	Ricardo Pinto Esteves da Silva	Individual	Veterano M40	05:40:08	+02:30:36	10:38
78	167	João Manuel Martins Lopes	IMPROVÁVEIS	Veterano M40	05:50:21	+02:40:49	10:57
79	113	Rodrigo Lopes	COA - Clube de Orientação e Aventura	Veterano M40	05:56:26	+02:46:54	11:08
80	59	Miguel Jesus	Atletismo Clube da Tocha	Veterano M40	05:58:17	+02:48:46	11:12
81	325	Pedro Miguel Teixeira calado	OCS - PROAVENTURAS	Veterano M40	06:03:07	+02:53:36	11:21
82	161	João Barreto	GO!Runners	Veterano M40	06:05:02	+02:55:30	11:24
83	114	Sérgio Dias de Jesus	COA - Clube de Orientação e Aventura	Veterano M40	06:10:39	+03:01:08	11:35
84	388	GUSTAVO BAETA	SANTIAGOBIKES	Veterano M40	06:26:12	+03:16:41	12:04

**Veterano M45**

1	440	Virgilio Gomes	U.F. Comércio e Indústria Atletismo	Veterano M45	03:12:58		06:02
2	38	Marcolino Verissimo	AMCF - Arrábida Trail Team	Veterano M45	03:13:40	+00:41	06:03
3	19	José Tomás	ACRD/PSP Viseu Runners	Veterano M45	03:27:12	+14:14	06:29
4	316	Paulo Santos	Mountain trails	Veterano M45	03:37:48	+24:49	06:48
5	248	Hélder Piedade	Individual	Veterano M45	03:46:10	+33:12	07:04
6	425	Paulo Manuel Gonçalves Roque	Trilho Perdido Eventos / Importlux	Veterano M45	03:48:12	+35:14	07:08
7	327	Rufino Pereira de Paiva	OCS - PROAVENTURAS	Veterano M45	03:49:08	+36:09	07:10
8	380	José Carlos Amaral Costa	RUNNER'S DO DEMO	Veterano M45	03:50:55	+37:56	07:13
9	424	José Narciso	Trilho Perdido Eventos / Importlux	Veterano M45	03:52:40	+39:42	07:16
10	295	José Carlos Roque da Costa	Minho e Lima Trail	Veterano M45	03:56:14	+43:15	07:23
11	246	Elisio Gonçalves	Individual	Veterano M45	04:03:33	+50:34	07:37



trail longo pt32k

32 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

Veterano M50

1	146	Vitor Cordeiro	EDV - Viana Trail	Veterano M50	03:02:59		05:43
2	265	Fernando Baltazar	Individual	Veterano M50	03:50:37	+47:38	07:12
3	311	António Fernandes	Montanha Clube Trail Running/Efapel	Veterano M50	04:05:20	+01:02:20	07:40
4	85	José Vital	CLAC Entroncamento	Veterano M50	04:07:30	+01:04:31	07:44
5	349	Sérgio Anunção	Oralklass-Amigos do Trail	Veterano M50	04:09:47	+01:06:48	07:48
6	382	Luís Filipe Martinho Salvador	RUNNER'S DO DEMO	Veterano M50	04:10:35	+01:07:36	07:50
7	328	Joao Nuno Fonseca	OCS - PROAVENTURAS	Veterano M50	04:11:30	+01:08:31	07:52
8	83	Carlos Antunes	CLAC Entroncamento	Veterano M50	04:12:47	+01:09:48	07:54
9	303	Júlio Marques	Montanha Clube Trail Running/Efapel	Veterano M50	04:19:17	+01:16:18	08:06
10	61	Vitor Faim	Atletismo Clube da Tocha	Veterano M50	04:24:33	+01:21:34	08:16
11	312	Renato Barros	Montanha Clube Trail Running/Efapel	Veterano M50	04:25:52	+01:22:52	08:19
12	317	PAULO MANUEL MELANDA AÇAFRÃO	Mountain trails	Veterano M50	04:42:38	+01:39:38	08:50
13	383	fernando jose nunes dos santos	runners motoclub de mangualde	Veterano M50	04:43:38	+01:40:38	08:52
14	289	Joaquim Lima	Matilha Running	Veterano M50	04:47:12	+01:44:12	08:59
15	461	ANTÓNIO COSTA	CASA DO BENFICA EM ABRANTES	Veterano M50	05:05:46	+02:02:46	09:33
16	409	Paulo J. Ferreira	Tálenos Team	Veterano M50	05:26:40	+02:23:40	10:13
17	386	Miguel Baptista	Salamandrecos	Veterano M50	05:38:24	+02:35:25	10:35
18	118	Luís Gonçalves	COA - Clube de Orientação e Aventura	Veterano M50	05:38:49	+02:35:50	10:35
19	329	paulo Manuel Martins	OCS - PROAVENTURAS	Veterano M50	05:45:30	+02:42:31	10:48
20	266	Martinho Santos	Individual	Veterano M50	05:52:55	+02:49:56	11:02
21	40	Carlos Martins	APROCRED	Veterano M50	06:23:45	+03:20:45	12:00
22	267	Pedro Vicente	Individual	Veterano M50	07:04:30	+04:01:30	13:16

Veterano M55

1	272	JUAN LUIS RAMOS BLANCO	Individual	Veterano M55	04:05:15		07:40
2	314	Manuel Pereira Moreno	Morcegos Trail	Veterano M55	04:29:36	+24:21	08:26
3	125	José Manuel Botelho da Costa de Aguiar da Câmara	Coimbra Trail Running	Veterano M55	04:30:42	+25:27	08:28
4	441	Eduardo Meireles	Umelga Runners	Veterano M55	04:43:03	+37:48	08:51
5	86	José Marçal	CLAC Entroncamento	Veterano M55	04:43:48	+38:33	08:52
6	268	alipio lopes	Individual	Veterano M55	04:44:29	+39:14	08:53
7	159	Fernando Costa	Figueira Kayak Clube	Veterano M55	05:37:42	+01:32:26	10:33
8	313	Firmino Mendes	Montanha Clube Trail Running/Efapel	Veterano M55	05:42:31	+01:37:15	10:42
9	288	Luís Almeida	LION RUNNERS - G. D. Leões da Guarda	Veterano M55	05:45:40	+01:40:25	10:48
10	273	Luis Afonso Carvalho	Individual	Veterano M55	05:57:04	+01:51:48	11:10
11	274	sergio rodrigues	Individual	Veterano M55	06:01:46	+01:56:30	11:18
12	271	José Carlos Melo	Individual	Veterano M55	06:17:08	+02:11:52	11:47
13	270	João Menezes Silva	Individual	Veterano M55	06:20:29	+02:15:13	11:53

**trail longo pt32k**
**32 KM**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
**OFFICIAL RESULT**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

14	277	José Martins	José	Veterano M55	06:59:30	+02:54:14	13:07
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**Veterano M60**

1	103	Jose Francisco Carvalho Eufrasio	Cluve	Veterano M60	05:20:55		10:02
2	160	António Carvalho	Figueira Kayak Clube	Veterano M60	05:37:41	+16:46	10:33
3	275	Manuel Dimas e Silva Cordeiro	Individual	Veterano M60	07:06:54	+01:45:58	13:20

## 32K - COLETIVA TOTAL

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	U.F. Comércio e Indústria Atletismo	3 + 5 + 14	22
2	EDV - Viana Trail	7 + 8 + 12	27
3	Oralklass-Amigos do Trail	10 + 15 + 22	47
4	Clube de Atletismo de Ferreira do Zézere	4 + 13 + 30	47
5	AMCF - Arrábida Trail Team	11 + 16 + 21	48
6	ACPortalegre/UTSM	6 + 19 + 25	50
7	Coimbra Trail Running	1 + 40 + 48	89
8	Minho e Lima Trail	24 + 55 + 56	135
9	Montanha Clube Trail Running/Éfapel	38 + 63 + 76	177
10	OLIMPICO VIANENSE TRAIL	64 + 65 + 73	202
11	RUNNER'S DO DEMO	57 + 69 + 85	211
12	ACRD/PSP Viseu Runners	29 + 86 + 109	224
13	Ozxtreme/ RDA	23 + 120 + 129	272
14	OCS - PROAVENTURAS	66 + 121 + 136	323
15	Sport Clube Beira-Mar	33 + 119 + 171	323
16	Turres Trail Team	59 + 60 + 208	327
17	Trilho Perdido Eventos / Importlux	62 + 71 + 204	337
18	DAP Trail Team	26 + 88 + 225	339
19	LION RUNNERS - G. D. Leões da Guarda	50 + 124 + 185	359
20	CLAC Entroncamento	111 + 125 + 134	370
21	C.D."Os Águias" de Alpiarça	78 + 154 + 164	396
22	Grupo Desportivo da Parreira	94 + 107 + 222	423
23	Juventude Vidigalense	43 + 141 + 240	424
24	Atletismo Clube da Tocha	110 + 160 + 176	446
25	COA - Clube de Orientação e Aventura	126 + 140 + 199	465
26	Mountain trails	45 + 201 + 245	491
27	O Mundo da Corrida	96 + 166 + 239	501
28	Figueira Kayak Clube	32 + 241 + 273	546
29	CASA DO BENFICA EM ABRANTES	74 + 250 + 258	582
30	ARSM - Associação Recreativa de S. Miguel	41 + 183 + 368	592
31	GOIRunners	89 + 205 + 364	658
32	Os Trinca Espinhas	162 + 256 + 257	675
33	XL&S TRAIL	190 + 265 + 270	725
34	PÉS TROIKADOS - CSCS	191 + 235 + 342	768
35	Trail Runners da Ponte	211 + 272 + 294	777
36	Farmácia Luciano e Matos	153 + 341 + 346	840
37	ATR-Algarve Trail Running	243 + 248 + 349	840
38	CORRER LISBOA	302 + 303 + 335	940

### 32K - COLETIVA FEMININA

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	Oralklass-Amigos do Trail	2 + 3 + 10	15
2	XL&S TRAIil	21 + 26 + 28	75
3	Trilho Perdido Eventos / Imporlux	20 + 39 + 40	99

### TRAIL CURTO PT17K - STAGE 1

**17 KM**

### OFFICIAL RESULT

	Time	Temperature	Humidity
Start	09:30	9.5°C	96%
End	14:17	9.5°C	96%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1476	Nelson Costa	o mundo da corrida	Senior Masculino	01:35:07		05:36
2	1162	João Patrício	cmm - escaravelhos team	Sub 23 Masculino	01:35:32	+00:25	05:37
3	1414	Messias dias	individual	Veterano M45	01:35:50	+00:43	05:38
4	1108	Rui Rodrigues	associação académica de coimbra	Veterano M40	01:36:04	+00:56	05:39
5	1063	André Miguel Lameiro Monteiro	arcd venda da luisa	Senior Masculino	01:36:13	+01:06	05:40
6	1572	Pedro Tiago Mendes	vikings trail runners / ccr alcabideque	Senior Masculino	01:38:14	+03:06	05:47
7	1228	Marcio Filipe Simoes Pereira	escola de atletismo de coimbra/jpaiva	Senior Masculino	01:39:04	+03:57	05:50
8	1227	Gustavo Barandas	escola de atletismo de coimbra/jpaiva	Senior Masculino	01:39:06	+03:58	05:50
9	1104	Orlando Pires	arsm - associação recreativa de s. miguel	Veterano M45	01:41:11	+06:03	05:57
10	1158	David Gouveia	cmm - escaravelhos team	Senior Masculino	01:43:36	+08:28	06:06
11	1574	Sérgio Lúcio	vikings trail runners / ccr alcabideque	Senior Masculino	01:43:36	+08:28	06:06
12	1183	Armindo Antunes	coimbra trail running	Veterano M40	01:44:16	+09:09	06:08
13	1146	Paulo Rafael dos Santos Palhinha	casa do povo de abrunheira	Senior Masculino	01:44:29	+09:21	06:09
14	1205	Paulo esteves	dão nelas runners	Senior Masculino	01:45:00	+09:52	06:11
15	1230	Miguel Pires	escola de atletismo de coimbra/jpaiva	Veterano M40	01:45:05	+09:58	06:11
16	1455	José António Rodrigues Sequeira	montanha clube trail running/efapel	Senior Masculino	01:45:08	+10:00	06:11
17	1533	DANIEL QUINTAS	trail bela bela	Senior Masculino	01:45:27	+10:19	06:12
18	1491	Nuno Pimenta	portugal running	Veterano M40	01:45:34	+10:26	06:13
19	1109	Paulo Antunes	associação académica de coimbra	Veterano M45	01:45:39	+10:31	06:13
20	1134	José Leal	bttrain	Veterano M45	01:45:57	+10:49	06:14
21	1231	Vítor M Godinho	escola de atletismo de coimbra/jpaiva	Veterano M45	01:47:00	+11:53	06:18
22	1215	joão dias	decathlon aveiro	Senior Masculino	01:47:04	+11:56	06:18
23	1169	Filipe Afonso	coimbra trail running	Senior Masculino	01:47:35	+12:28	06:20
24	1530	Carlos Ribeiro	tondela runners	Veterano M40	01:47:52	+12:45	06:21
25	1161	Fernando Santos	cmm - escaravelhos team	Sub 23 Masculino	01:48:20	+13:12	06:22
26	1174	Ricardo Fernandes	coimbra trail running	Senior Masculino	01:48:24	+13:16	06:23
27	1529	Luís Martins	tondela runners	Senior Masculino	01:48:26	+13:19	06:23
28	1159	JOÃO ALVES	cmm - escaravelhos team	Senior Masculino	01:48:48	+13:40	06:24
29	1118	RICARDO JORGE DA CRUZ AGUIAR	asssc ar livre e aventura	Veterano M40	01:49:05	+13:58	06:25
30	1198	Luis Rodrigues	cpt sobral de ceira	Senior Masculino	01:49:18	+14:11	06:26
31	1456	Hugo Conde	montanha clube trail running/efapel	Senior Masculino	01:49:25	+14:18	06:26
32	1225	André Fonte	escola de atletismo de coimbra/jpaiva	Senior Masculino	01:50:24	+15:17	06:30
33	1350	Vitor Cação	individual	Senior Masculino	01:50:41	+15:33	06:31
34	1226	Francisco Fonseca	escola de atletismo de coimbra/jpaiva	Senior Masculino	01:51:51	+16:44	06:35
35	1484	André Ferreira	ozxtreme/ rda	Senior Masculino	01:52:14	+17:07	06:36
36	1292	Alexandre Santos	individual	Senior Masculino	01:53:15	+18:07	06:40
37	1352	Vitor Francisco	individual	Senior Masculino	01:53:19	+18:11	06:40
38	1068	Joaquim Paulo Rodrigues Baltazar	arcd venda da luisa	Senior Masculino	01:54:05	+18:57	06:43
39	1294	André Miguel Jesus Simões	individual	Senior Masculino	01:54:34	+19:26	06:44
40	1431	Helder Lopes	montanha clube trail running/efapel	Senior Masculino	01:54:43	+19:35	06:45
41	1301	Daniel Correia	individual	Senior Masculino	01:54:45	+19:37	06:45

**TRAIL CURTO PT17K - STAGE 1****17 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

<b>RANK</b>	<b>BIB</b>	<b>NAME</b>	<b>TEAM</b>	<b>CAT</b>	<b>RESULT</b>	<b>DIFF</b>	<b>t/KM</b>
42	1102	PEDRO ANTÓNIO AMARO RAMOS	arism - associação recreativa de s. miguel	Veterano M40	01:54:53	+19:46	06:46
43	1138	Pedro Rodrigues	c.p.r. a-do-barbas	Veterano M50	01:54:59	+19:52	06:46
44	1517	Humberto Manuel Americano de Morais Teixeira	spotcriativo viseu running team	Veterano M45	01:55:01	+19:53	06:46
45	1458	NUNO LEONARDO CASSINDA VELOSO	montanha clube trail running/efapel	Senior Masculino	01:55:05	+19:58	06:46
46	1111	EDUARDO SILVA MOREIRA	assscc ar livre e aventura	Senior Masculino	01:55:24	+20:17	06:47
47	1115	JOSÉ MIGUEL MACHADO MARQUES DOS SANTOS	assscc ar livre e aventura	Veterano M40	01:55:25	+20:18	06:47
48	1066	César Diogo Mateus Ramalho	arcd venda da luisa	Senior Masculino	01:55:58	+20:50	06:49
49	1070	Paulo Jorge Teixeira Rodrigues	arcd venda da luisa	Senior Masculino	01:56:36	+21:29	06:52
50	1323	João Paulo Santos Domingues	individual	Senior Masculino	01:56:56	+21:49	06:53
51	1190	Fausto Pimentel	coimbra trail running	Veterano M45	01:57:00	+21:53	06:53
52	1131	Arnaldo Ferreira	bttrain	Veterano M40	01:57:27	+22:20	06:55
53	223	Carlos Sá	individual	Veterano M40	01:57:27	+22:20	06:55
54	1429	José Luís Fernandes Tavares	intercaimbike	Sub 23 Masculino	01:58:13	+23:06	06:57
55	1472	Jorge Pedro	mountain trails	Veterano M45	01:58:31	+23:23	06:58
56	1163	Hugo Manuel Fernandes pereira	cmm - escaravelhos team	Veterano M40	01:59:16	+24:08	07:01
57	1080	Carlos Manuel Lopes Quinteiro	arcd venda da luisa	Veterano M50	01:59:27	+24:19	07:02
58	1212	Diogo Pimenta	dci/ccdrpedrulha - mealhada	Senior Masculino	01:59:29	+24:21	07:02
59	1099	Luis Sousa	arism - associação recreativa de s. miguel	Veterano M40	01:59:30	+24:22	07:02
60	1106	José Correia	arism - associação recreativa de s. miguel	Veterano M50	01:59:32	+24:24	07:02
61	1314	Gonçalo Lindo	individual	Senior Masculino	01:59:38	+24:30	07:02
62	1042	Tiago dos Santos Silva	águeda action club   actib	Senior Masculino	01:59:48	+24:41	07:03
63	1160	Leonel Mendes	cmm - escaravelhos team	Senior Masculino	01:59:51	+24:44	07:03
64	1461	Tiago Daniel Correia Rodrigues	montanha clube trail running/efapel	Senior Masculino	02:00:11	+25:03	07:04
65	1443	Manuel Cabete	moinhos da gândara trail	Veterano M50	02:00:27	+25:19	07:05
66	1568	Jorge Humberto Correia Bento	vikings trail runners / ccr alcabideque	Senior Masculino	02:00:38	+25:30	07:06
67	1038	Marcelo André Almeida Silva	águeda action club   actib	Senior Masculino	02:00:52	+25:44	07:07
68	1437	Luis Neves	marinhais ac	Senior Masculino	02:01:11	+26:04	07:08
69	1544	Miguel José Pereira Neves	ugas trail running	Senior Masculino	02:01:28	+26:21	07:09
70	1422	Mário José Silva Ferreira Marinheiro	individual	Veterano M50	02:01:39	+26:31	07:09
71	1189	Álvaro Mano	coimbra trail running	Veterano M45	02:02:08	+27:01	07:11
72	1114	TIAGO FILIPE PEREIRA MENDES GREGÓRIO	assscc ar livre e aventura	Senior Masculino	02:02:12	+27:05	07:11
73	1393	Pedro Miguel Silvério da Cruz	individual	Veterano M40	02:02:25	+27:18	07:12
74	1564	André Braga de Oliveira Costa	vikings trail runners / ccr alcabideque	Senior Masculino	02:02:30	+27:22	07:12
75	1341	Rui Cortesao	individual	Senior Masculino	02:02:59	+27:51	07:14
76	1435	Pedro Santos	louzan team/ dental garden	Veterano M45	02:03:04	+27:56	07:14
77	1071	Pedro Miguel Alexandre Martins	arcd venda da luisa	Senior Masculino	02:03:10	+28:02	07:15
78	1116	MIGUEL JOÃO RIBEIRO	assscc ar livre e aventura	Veterano M40	02:03:15	+28:08	07:15
79	1561	António Manuel Mendes Soares	urb teodora running team	Veterano M40	02:03:18	+28:11	07:15
80	1407	Gildo Santos Equipe Fireteam	individual	Veterano M45	02:03:20	+28:12	07:15
81	1069	Nelson José Vaz Correia	arcd venda da luisa	Senior Masculino	02:03:51	+28:43	07:17
82	445	Ruben Dias	vikings trail runners / ccr alcabideque	Senior Masculino	02:03:56	+28:49	07:17
83	1562	Fernando Antonio Tarrafa Santos	urb teodora running team	Veterano M45	02:04:06	+28:58	07:18



## TRAIL CURTO PT17K - STAGE 1

**17 KM**

### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
84	1110	Paulo Pereira	associação académica de coimbra	Veterano M45	02:04:12	+29:04	07:18
85	1434	Armando Videira	louzan team/ dental garden	Veterano M45	02:04:24	+29:16	07:19
86	1014	Luis Miguel Cruz Rodrigues	acportalegre/utsm	Veterano M45	02:04:29	+29:22	07:19
87	1464	Miguel Xavier Cunha Fernandes	montanha clube trail running/efapel	Sub 23 Masculino	02:04:50	+29:43	07:21
88	1093	João Simões	arism - associação recreativa de s. miguel	Senior Masculino	02:04:55	+29:47	07:21
89	1206	Paulo Mendes	dão nelas runners	Senior Masculino	02:05:03	+29:55	07:21
90	1573	Rui Dias	vikings trail runners / ccr alcabideque	Senior Masculino	02:05:10	+30:03	07:22
91	1460	Pedro Sequeira	montanha clube trail running/efapel	Senior Masculino	02:05:12	+30:04	07:22
92	1586	Marisa Rodrigues	sport clube beira-mar	Senior Feminino	02:05:13	+30:05	07:22
93	1133	Acílio Noro	bttrain	Veterano M45	02:05:31	+30:23	07:23
94	1551	Pedro Gameiro	união fci tomar	Senior Masculino	02:06:25	+31:17	07:26
95	1145	Pedro Pires	casa do benfica em castelo branco	Senior Masculino	02:06:44	+31:36	07:27
96	1105	José Carlos Rodrigues	arism - associação recreativa de s. miguel	Veterano M50	02:06:44	+31:37	07:27
97	1112	João Pedro Martinho Heleno	assscc ar livre e aventura	Senior Masculino	02:06:45	+31:38	07:27
98	1135	Pedro Anselmo	bttrain	Veterano M45	02:06:56	+31:48	07:28
99	1532	BRUNO CARDOSO	trail bela bela	Senior Masculino	02:07:10	+32:02	07:29
100	1064	Artur Jorge Henriques Gândara	arcd venda da luisa	Senior Masculino	02:07:15	+32:08	07:29
101	1578	Luís Bernardo	viriatvys runners viseu	Veterano M40	02:07:48	+32:40	07:31
102	1207	Tony Figueiredo	dão nelas runners	Senior Masculino	02:08:10	+33:03	07:32
103	1549	Alexandre Emanuel Martins Pais Marques	união clube eirense	Senior Masculino	02:08:15	+33:08	07:33
104	1336	Nelson Neves	individual	Senior Masculino	02:08:30	+33:23	07:34
105	1028	João Carlos Rodrigues Miranda	aergóis trail running	Senior Masculino	02:09:09	+34:01	07:36
106	1355	joao pedro oliveira barbosa	individual	Sub 23 Masculino	02:09:18	+34:10	07:36
107	1566	Diogo Alves	vikings trail runners / ccr alcabideque	Senior Masculino	02:09:20	+34:12	07:36
108	1043	Vasco Oliveira Portugal Peixoto Lopes	águeda action club   actib	Senior Masculino	02:09:25	+34:17	07:37
109	1007	Mário Martins	abutres running team	Veterano M45	02:09:26	+34:19	07:37
110	1577	Bruno Manuel Oliveira Paiva	individual	Senior Masculino	02:09:26	+34:19	07:37
111	1453	Frederico Malta	montanha clube trail running/efapel	Senior Masculino	02:09:38	+34:31	07:38
112	1001	António Silva	arism - associação recreativa de s. miguel	Veterano M60	02:09:44	+34:37	07:38
113	1098	José Silva	arism - associação recreativa de s. miguel	Veterano M40	02:09:44	+34:37	07:38
114	1569	Mauro Daniel Silva Martins	vikings trail runners / ccr alcabideque	Senior Masculino	02:10:04	+34:56	07:39
115	1433	Albino Morais	louzan team/ dental garden	Veterano M45	02:10:15	+35:07	07:40
116	1081	José Manuel Castanheiro Dos Santos	arcd venda da luisa	Veterano M50	02:10:25	+35:18	07:40
117	1187	PAULO J CARVALHO	coimbra trail running	Veterano M40	02:10:26	+35:19	07:40
118	1236	Júlia Legkova	figueira kayak clube	Senior Feminino	02:10:37	+35:29	07:41
119	1067	João Pedro de Almeida Ferreira dos Reis	arcd venda da luisa	Senior Masculino	02:10:39	+35:31	07:41
120	1331	Marco Augusto Mata da Cunha	individual	Senior Masculino	02:10:41	+35:33	07:41
121	1010	João Farinha	acportalegre/utsm	Senior Masculino	02:10:47	+35:40	07:42
122	1428	Filipe Manuel Fernandes Tavares	intercaimbike	Senior Masculino	02:10:55	+35:47	07:42
123	1570	Miguel Moço	vikings trail runners / ccr alcabideque	Senior Masculino	02:10:57	+35:49	07:42
124	1468	Luis Vilela	montanha clube trail running/efapel	Veterano M40	02:10:58	+35:51	07:42
125	1117	PEDRO MIGUEL MADALENO CARDOSO	assscc ar livre e aventura	Veterano M40	02:11:08	+36:01	07:43

TRAIL CURTO PT17K - STAGE 1

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
126	1213	antónio Moreira	decathlon aveiro	Senior Masculino	02:11:11	+36:04	07:43
127	1526	ANTÓNIO JOÃO LOPES BATISTA	team rsi - tarsibus	Veterano M40	02:11:30	+36:22	07:44
128	1494	NUNO MIGUEL GARCIA	runners dao nelas	Senior Masculino	02:11:34	+36:27	07:44
129	1296	António Figueiredo	aergóis trail running	Senior Masculino	02:11:40	+36:32	07:45
130	1170	Henrique Domingues Pinto	coimbra trail running	Senior Masculino	02:11:55	+36:48	07:46
131	1152	André Ferro	clube de condeixa	Senior Masculino	02:12:02	+36:55	07:46
132	1097	João Rosinha	arism - associação recreativa de s. miguel	Veterano M40	02:12:09	+37:01	07:46
133	49	Bruno Querido	arism - associação recreativa de s. miguel	Veterano M45	02:12:15	+37:07	07:47
134	1184	Gonçalo Filipe Neves Padilha	coimbra trail running	Veterano M40	02:12:18	+37:11	07:47
135	1195	Pedro Pires Silva	coimbra trail running	Veterano M50	02:12:25	+37:17	07:47
136	1503	João Luís Vaz Trindade	sba/clinica sta beatriz	Senior Masculino	02:12:55	+37:48	07:49
137	1471	Luís Gil Andrade	mountain trails	Senior Masculino	02:13:23	+38:15	07:51
138	1438	António Leal	marinhais ac	Veterano M45	02:13:38	+38:30	07:52
139	1315	Gonçalo Mexia	individual	Senior Masculino	02:13:40	+38:33	07:52
140	1136	Nuno Ferreira	c.p.r. a-do-barbas	Senior Masculino	02:13:49	+38:41	07:52
141	1329	Luis Cesar Lobão Rego	individual	Senior Masculino	02:13:57	+38:50	07:53
142	1508	João Granja	sintrarunning	Veterano M45	02:14:44	+39:37	07:56
143	1127	Carlos Cardoso	bitrunners	Senior Masculino	02:15:03	+39:56	07:57
144	1172	Paulo Sarmiento	coimbra trail running	Senior Masculino	02:15:25	+40:17	07:58
145	1065	Bruno Alexandre Girão Almeida	arcd venda da luisa	Senior Masculino	02:15:50	+40:43	07:59
146	1416	Paulo José Santos	individual	Veterano M45	02:15:51	+40:44	08:00
147	1202	João Nepomuceno	da-lhe gaz	Veterano M40	02:15:53	+40:45	08:00
148	1200	Ricardo Henriques	da-lhe gaz	Senior Masculino	02:15:53	+40:46	08:00
149	1004	Rui Mendes	abutres running team	Senior Masculino	02:16:05	+40:57	08:00
150	1005	José Coelho	abutres running team	Veterano M40	02:16:05	+40:57	08:00
151	1137	António Ferreira	c.p.r. a-do-barbas	Veterano M50	02:16:09	+41:02	08:01
152	1029	Luís António Rodrigues Miranda	aergóis trail running	Senior Masculino	02:16:19	+41:12	08:01
153	1155	Marco Campos	clube de montanha alto trilho (javalis)	Senior Masculino	02:16:23	+41:15	08:01
154	1282	Margarida Simões	agueda action clubjactib	Senior Feminino	02:16:27	+41:20	08:02
155	1542	Duarte Nuno Pereira Neves	ugas trail running	Senior Masculino	02:17:19	+42:12	08:05
156	1193	Renato Ferreira	coimbra trail running	Veterano M45	02:17:31	+42:24	08:05
157	1317	Hernâni José Oliveira Nogueira	individual	Senior Masculino	02:18:40	+43:32	08:09
158	1332	MARCO COELHO	runner's do demo	Senior Masculino	02:18:41	+43:33	08:09
159	1132	Pedro Ferreira	bitrain	Veterano M40	02:18:47	+43:39	08:10
160	1059	Rui Carrito	alheiras team	Veterano M55	02:18:56	+43:49	08:10
161	1510	mario silva	sintrarunning	Veterano M50	02:19:01	+43:54	08:11
162	1499	Rui Figueiredo	runner's do demo	Senior Masculino	02:19:07	+43:59	08:11
163	1492	Luís Filipe Augusto Neto	run ohp	Senior Masculino	02:19:15	+44:07	08:11
164	1246	Luís Balula	formobike btt & trail running	Veterano M40	02:19:44	+44:37	08:13
165	1018	Marco Formoso	acrd/psp viseu runners	Senior Masculino	02:20:00	+44:52	08:14
166	1415	Miguel Marques	individual	Veterano M45	02:20:06	+44:59	08:15
167	1576	Miguel Póvoa Santos Ferreira	vikings trail runners / ccr alcabideque	Sub 23 Masculino	02:20:11	+45:04	08:15
168	1328	Luís Carlos Rodrigues Brandão	individual	Senior Masculino	02:20:14	+45:07	08:15
169	1019	Sandra Rocha	acrd/psp viseu runners	Veterana F40	02:20:16	+45:09	08:15
170	1436	José Carvalho	louzan team/ dental garden	Veterano M50	02:20:19	+45:12	08:15
171	1192	Pedro F. Silva	coimbra trail running	Veterano M45	02:20:40	+45:32	08:17

TRAIL CURTO PT17K - STAGE 1

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
172	1371	Sandra Arribança	individual	Veterana F45	02:21:05	+45:57	08:18
173	1216	João simões	decathlon aveiro	Senior Masculino	02:21:16	+46:08	08:19
174	1024	Carlos Pais	acrd/psp viseu runners	Veterano M55	02:21:52	+46:45	08:21
175	1330	Marco Alexandre Lourenço Martins	individual	Senior Masculino	02:21:59	+46:51	08:21
176	1313	Gonçalo Araújo Marques	individual	Senior Masculino	02:22:07	+46:59	08:22
177	1553	Antonio Manuel Ferreira Mendes	uniic_os	Senior Masculino	02:22:54	+47:47	08:24
178	1300	Cláudio Antero Carvalho Roças	individual	Senior Masculino	02:22:55	+47:47	08:24
179	1178	Catarina Alves	coimbra trail running	Veterana F40	02:23:19	+48:11	08:26
180	1062	André Filipe Ferreira Antunes	arcd venda da luisa	Senior Masculino	02:23:19	+48:11	08:26
181	1495	Andreia Oliveira	runner's do demo	Senior Feminino	02:23:44	+48:36	08:27
182	1310	emanuel da silva faim	individual	Senior Masculino	02:24:11	+49:03	08:29
183	1404	Arnaldo da Conceição Carvalho	individual	Veterano M45	02:24:33	+49:25	08:30
184	1563	Monica Sofia Oliveira Ribeiro	vikings trail runners / ccr alcabideque	Senior Feminino	02:24:53	+49:45	08:31
185	1565	Bruno Miguel de Oliveira Ribeiro	vikings trail runners / ccr alcabideque	Senior Masculino	02:24:53	+49:45	08:31
186	1327	Luís Antunes	individual	Senior Masculino	02:25:00	+49:52	08:32
187	1417	pedro saraiva	individual	Veterano M45	02:25:00	+49:52	08:32
188	1196	Fernando Venda	coimbra trail running	Veterano M60	02:25:02	+49:55	08:32
189	1305	david Madeira	individual	Senior Masculino	02:25:24	+50:17	08:33
190	1214	Henrique Dias	decathlon aveiro	Senior Masculino	02:25:49	+50:42	08:35
191	1244	Tiago José Leal da Costa	formobike btt & trail running	Senior Masculino	02:25:58	+50:51	08:35
192	1011	Rute Maria Fernandes Ferreira	acportalegre/utsm	Veterana F40	02:26:01	+50:54	08:35
193	1194	Carlos Galamba	coimbra trail running	Veterano M50	02:26:09	+51:01	08:36
194	1046	António Hernâni da Fonseca Santos	águeda action club   actib	Veterano M60	02:26:11	+51:03	08:36
195	1061	Luisa Teresa Monteiro da Costa Miranda	arcd venda da luisa	Senior Feminino	02:26:19	+51:11	08:36
196	1079	Carlos Manuel de Oliveira Canais	arcd venda da luisa	Veterano M45	02:26:23	+51:15	08:37
197	1078	Nelson Michael Dias Simões	arcd venda da luisa	Veterano M40	02:26:27	+51:19	08:37
198	1084	Paulo Galão	arronches e benfica / clínica sta beatriz	Senior Masculino	02:26:30	+51:23	08:37
199	1083	Sandra Rodrigues	arronches e benfica / clínica sta beatriz	Senior Feminino	02:26:30	+51:23	08:37
200	1567	Gonçalo Gonçalves	vikings trail runners / ccr alcabideque	Senior Masculino	02:27:01	+51:54	08:39
201	1446	João Almeida	mondego ultra trail	Senior Masculino	02:27:03	+51:55	08:39
202	1337	Nuno Jose Gois Coelho	formobike btt & trail running	Senior Masculino	02:27:21	+52:14	08:40
203	1056	Firmino Hernâni Roxo Paulo	ajc/glassdrive	Veterano M40	02:27:46	+52:38	08:42
204	1459	Pedro Filipe Santos Simões	montanha clube trail running/efapel	Senior Masculino	02:27:50	+52:42	08:42
205	1075	Tiago Miguel Figueira de Almeida	arcd venda da luisa	Sub 23 Masculino	02:28:08	+53:01	08:43
206	1157	André Coelho	cmm - escaravelhos team	Senior Masculino	02:28:10	+53:03	08:43
207	1057	Rodrigo Carvalho	alheiras team	Senior Masculino	02:28:15	+53:07	08:43
208	1525	JOAQUIM FIGUEIRA	team 33	Veterano M40	02:28:32	+53:25	08:44
209	1536	Sérgio Duarte	trepa montanhas	Senior Masculino	02:28:32	+53:25	08:44
210	1451	Carla Santos	montanha clube trail running/efapel	Senior Feminino	02:29:22	+54:14	08:47
211	1463	Tiago Lobo	montanha clube trail running/efapel	Senior Masculino	02:29:22	+54:14	08:47
212	1554	Cristiano Santos	uniic_os	Senior Masculino	02:29:30	+54:22	08:48
213	1334	Mauro André da Costa Gonçalves	individual	Senior Masculino	02:29:32	+54:25	08:48
214	1480	Lino Moreira	os turbomula	Veterano M60	02:29:37	+54:30	08:48
215	1258	Lígia Coelho	arsm - associação recreativa de s. miguel	Veterana F45	02:29:42	+54:34	08:48
216	1535	Bruno Duarte	trepa montanhas	Senior Masculino	02:30:10	+55:02	08:50



## TRAIL CURTO PT17K - STAGE 1

17 KM

## OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
263	1490	Joel Oliveira	piratas runners	Senior Masculino	02:38:40	+01:03:33	09:20
264	1197	Raquel Ferreira	correr +aguiar	Sub 23 Feminino	02:38:43	+01:03:35	09:20
265	1403	Armindo de Jesus Santos	individual	Veterano M45	02:38:43	+01:03:35	09:20
266	1086	Paulo Mendes	arronches e benfica / clínica sta beatriz	Veterano M50	02:39:26	+01:04:18	09:23
267	1349	Tomé Lopes	individual	Senior Masculino	02:39:40	+01:04:32	09:24
268	1156	NELSON NEVES	clube portugal telecom madeira	Veterano M40	02:39:51	+01:04:43	09:24
269	1335	Miguel André Vilaça dos Santos Patrão Silva	individual	Senior Masculino	02:40:13	+01:05:06	09:26
270	1037	Luis Manuel Saraiva Duarte	águeda action club   actib	Senior Masculino	02:40:18	+01:05:11	09:26
271	1154	Magda vieira	clube de condeixa	Veterana F40	02:40:41	+01:05:34	09:27
272	1400	André Dias	individual	Veterano M45	02:40:42	+01:05:35	09:27
273	1204	Nuno Salvador	dão nelas runners	Senior Masculino	02:40:58	+01:05:50	09:28
274	1402	António Jorge	individual	Veterano M45	02:40:59	+01:05:52	09:28
275	1391	Paulo Miguel Lourenço dos Santos	individual	Veterano M40	02:41:08	+01:06:00	09:29
276	1119	Daniel Gaspar	atletismo clube da tocha	Senior Masculino	02:41:28	+01:06:21	09:30
277	1412	Luis Moura	individual	Veterano M45	02:41:36	+01:06:28	09:30
278	1271	Bárbara Cruz	individual	Senior Feminino	02:41:56	+01:06:48	09:32
279	1599	Edgar Pires	arism - associação recreativa de s. miguel	Senior Masculino	02:42:17	+01:07:09	09:33
280	1518	José Ferreira	spotcriativo viseu running team	Veterano M40	02:42:19	+01:07:12	09:33
281	1303	DANIEL ESPINHAL	individual	Senior Masculino	02:42:32	+01:07:25	09:34
282	1457	Nuno Gonçalves	montanha clube trail running/efapel	Senior Masculino	02:42:41	+01:07:33	09:34
283	1351	Vitor Esteves	individual	Senior Masculino	02:42:42	+01:07:35	09:34
284	1034	David Emanuel Santos Coelho	águeda action club   actib	Senior Masculino	02:42:53	+01:07:45	09:35
285	1149	Manuel Julio	clac entroncamento	Veterano M55	02:42:55	+01:07:48	09:35
286	1343	Rui Palrinhas	individual	Senior Masculino	02:43:21	+01:08:13	09:37
287	1306	DAVID TEIXEIRA	individual	Senior Masculino	02:43:23	+01:08:16	09:37
288	1590	Nuno Daniel Rodrigues Fernandes	o praticante	Veterano M40	02:43:40	+01:08:32	09:38
289	1168	Atão	coimbra trail running	Senior Masculino	02:43:50	+01:08:42	09:38
290	1179	Catarina Lapa	coimbra trail running	Veterana F40	02:43:52	+01:08:45	09:38
291	1150	Luis Rei	clac entroncamento	Veterano M60	02:43:59	+01:08:52	09:39
292	1385	Julio Tome	individual	Veterano M40	02:44:19	+01:09:12	09:40
293	1470	José Gil Andrade	mountain trails	Senior Masculino	02:44:33	+01:09:25	09:41
294	1120	Eduardo Ferreira	atletismo clube da tocha	Senior Masculino	02:44:33	+01:09:25	09:41
295	1534	rui almeida nina	trail bela bela	Senior Masculino	02:44:39	+01:09:31	09:41
296	1041	Ricardo Jorge Baptista Ferreira	águeda action club   actib	Senior Masculino	02:44:54	+01:09:47	09:42
297	1384	JOSE MARTINS	individual	Veterano M40	02:45:08	+01:10:01	09:43
298	1531	Patrícia Pereira	trail bela bela	Senior Feminino	02:45:12	+01:10:04	09:43
299	1543	João Grilo Ramos	ugas trail running	Senior Masculino	02:45:31	+01:10:23	09:44
300	1448	Rui Carvalho	montanha clube trail running/efapel	Veterano M40	02:45:43	+01:10:35	09:45
301	1550	Ana Grácio	união fci tomar	Senior Feminino	02:46:00	+01:10:53	09:46
302	1224	Dina Isabel Neves dos Santos	escola de atletismo de coimbra/jpaiva	Senior Feminino	02:46:17	+01:11:10	09:47
303	1444	Bruno Filipe Sobrinho Leitão	molengas	Veterano M40	02:46:30	+01:11:23	09:48
304	1511	paulo schofield	sintrarunning	Veterano M50	02:46:44	+01:11:37	09:49
305	1449	Ana Filipa Rodrigues Sêco	montanha clube trail running/efapel	Senior Feminino	02:46:56	+01:11:49	09:49
306	1263	JOSÉ MIGUEL SIMÃO	hbl trail team	Veterano M40	02:46:57	+01:11:49	09:49
307	1359	Dora simao	individual	Veterana F40	02:47:13	+01:12:05	09:50



**TRAIL CURTO PT17K - STAGE 1****17 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
352	1333	Marco Santos - SPEM	individual	Senior Masculino	02:56:51	+01:21:43	10:24
353	1295	André Miguel Mendes Antunes	individual	Senior Masculino	02:56:52	+01:21:45	10:24
354	1030	Luis Carlos Marques Filipe	aergóis trail running	Senior Masculino	02:57:07	+01:21:59	10:25
355	1477	Maria da Conceição Rainho Trindade	os trinca espinhas	Veterana F45	02:57:38	+01:22:30	10:27
356	1452	Artur Jorge Rodrigues soares	montanha clube trail running/efapel	Senior Masculino	02:58:22	+01:23:15	10:30
357	1507	Tiago Alves	seifitness trail team	Senior Masculino	02:58:34	+01:23:26	10:30
358	7	Helena Janeiro	acportalegre/utsm	Senior Feminino	02:59:38	+01:24:31	10:34
359	1516	Carlos Ferreira Prado	spotcriativo viseu running team	Veterano M40	03:00:11	+01:25:04	10:36
360	1519	João Nuno	ss cgd	Senior Masculino	03:00:17	+01:25:09	10:36
361	1487	Antonio Fonseca	pés escaldados	Veterano M55	03:00:31	+01:25:23	10:37
362	1107	Élio Marcelo Agostinho Henriques	arsm - associação recreativa de s. miguel	Veterano M55	03:00:44	+01:25:37	10:38
363	43	Beatriz Branquinho Gomes	arsm - associação recreativa de s. miguel	Senior Feminino	03:00:44	+01:25:37	10:38
364	1504	Emanuel Dias	seifitness trail team	Senior Masculino	03:00:49	+01:25:42	10:38
365	1233	Joana Góis	mondego ultra trail	Senior Feminino	03:02:08	+01:27:01	10:43
366	1469	Joana Pardal	mor(e)fit	Senior Feminino	03:02:31	+01:27:23	10:44
367	1399	Adriano Emílio Ribeiro Cardoso	individual	Veterano M45	03:02:32	+01:27:25	10:44
368	1528	Filipe Aguiar	tondela runners	Senior Masculino	03:03:06	+01:27:58	10:46
369	1031	Carlos Alberto Fernandes Castanheira	aergóis trail running	Veterano M40	03:03:13	+01:28:05	10:47
370	1340	ricardo andre pereira da silva	individual	Senior Masculino	03:03:14	+01:28:06	10:47
371	1053	Pedro Miguel Sequeira Claudino	ajc/glassdrive	Senior Masculino	03:03:22	+01:28:15	10:47
372	1050	FILIPE DUARTE QUINTAS RASTEIRO	ajc/glassdrive	Senior Masculino	03:03:23	+01:28:15	10:47
373	1054	claudio miguel garçao esperancinha	ajc/glassdrive	Sub 23 Masculino	03:03:23	+01:28:15	10:47
374	1505	Luis Cunhal Henriques	seifitness trail team	Senior Masculino	03:03:27	+01:28:20	10:48
375	1238	Ana Maria Cintrão Leal	figueira kayak clube	Veterana F40	03:03:32	+01:28:24	10:48
376	1411	Luis brandão	individual	Veterano M45	03:03:56	+01:28:49	10:49
377	1286	Raquel Neves	individual	Senior Feminino	03:04:10	+01:29:03	10:50
378	1597	Nuno Pimenta	rentea	Senior Masculino	03:04:15	+01:29:07	10:50
379	1287	sandra gonçaves	individual	Senior Feminino	03:04:19	+01:29:11	10:51
380	1240	Maria joao simoes	figueira kayak clube	Veterana F45	03:04:27	+01:29:20	10:51
381	1006	Paulo Jorge Cardoso Gonçalves	abutres running team	Veterano M40	03:04:38	+01:29:31	10:52
382	1383	Joao Albuquerque	individual	Veterano M40	03:05:01	+01:29:53	10:53
383	1082	José Almeida Correia	arcd venda da luisa	Veterano M55	03:05:10	+01:30:03	10:54
384	1243	Carlos Almeida	figueira kayak clube	Veterano M45	03:05:26	+01:30:18	10:54
385	1076	Cidália Maria Barrico de Almeida Canais	arcd venda da luisa	Veterana F45	03:05:32	+01:30:25	10:55
386	1077	Cristina Isabel da Silva Melo	arcd venda da luisa	Veterana F45	03:05:33	+01:30:25	10:55
387	1089	SILVIA LEÃO	arsm - associação recreativa de s. miguel	Senior Feminino	03:05:59	+01:30:52	10:56
388	1143	MARISA ALMEIDA	casa do benfica de condeixa	Senior Feminino	03:06:05	+01:30:57	10:57
389	1220	Sara Pinheiro	desliza team	Veterana F40	03:06:12	+01:31:05	10:57
390	1309	Eduardo Luís Cortês Gonçalves	individual	Senior Masculino	03:06:27	+01:31:20	10:58
391	1002	Fausto Carvalho	arsm - associação recreativa de s. miguel	Veterano M60	03:06:41	+01:31:34	10:59
392	1182	Margarida Carvalho	coimbra trail running	Veterana F45	03:07:42	+01:32:35	11:03
393	1074	Jéssica Alexandra Dias Correia	arcd venda da luisa	Sub 23 Feminino	03:08:11	+01:33:04	11:04

**TRAIL CURTO PT17K - STAGE 1**

**17 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
394	1557	Pedro Casaca	uniic_os	Veterano M40	03:08:24	+01:33:16	11:05
395	1394	Pedro Ricardo Correia Henriques	individual	Veterano M40	03:08:32	+01:33:24	11:05
396	1269	Andrea Passeira	individual	Senior Feminino	03:08:41	+01:33:34	11:06
397	1123	Alexandre Costa	atletismo clube da tocha	Veterano M40	03:08:43	+01:33:35	11:06
398	1252	Sandrina Silva	gr-grandes rotas clube	Veterana F40	03:09:10	+01:34:03	11:08
399	1579	Mara Patricia Soares Pereira	xanacabeleireiros	Senior Feminino	03:09:23	+01:34:16	11:08
400	1346	Tiago Cruz	individual	Senior Masculino	03:09:34	+01:34:26	11:09
401	1124	Luis Marques	atletismo clube da tocha	Veterano M55	03:09:39	+01:34:32	11:09
402	1141	Susana Gonçalves	casa do benfica de castelo branco	Senior Feminino	03:10:05	+01:34:57	11:11
403	1380	Guilherme Rodolfo Leite Pereira Gonçalves	individual	Veterano M40	03:10:28	+01:35:21	11:12
404	1420	FERNANDO GASPAR	individual	Veterano M50	03:10:30	+01:35:22	11:12
405	1591	Zina Maria Dias Pedro Fernandes	o praticante	Veterana F40	03:10:32	+01:35:24	11:12
406	1247	Paulo Antunes	formobike btt & trail running	Veterano M45	03:10:37	+01:35:29	11:13
407	1279	Filipa Pereira Brites	individual	Senior Feminino	03:10:39	+01:35:31	11:13
408	1357	Cláudia Cravo	individual	Veterana F40	03:10:39	+01:35:32	11:13
409	1509	Jorge Manuel Silva Fernandes	sintrarunning	Veterano M45	03:10:42	+01:35:35	11:13
410	1342	Rui Jorge da Silva Rodrigues	individual	Senior Masculino	03:10:46	+01:35:38	11:13
411	1548	Cristina Meireles	umelga runners	Veterana F55	03:11:15	+01:36:08	11:15
412	1465	Célia Carvalho	montanha clube trail running/efapel	Veterana F40	03:11:51	+01:36:44	11:17
413	1338	NUNO MIGUEL DUARTE MARTINS	individual	Senior Masculino	03:11:59	+01:36:51	11:18
414	1326	Jorge Gamito	individual	Senior Masculino	03:12:01	+01:36:54	11:18
415	1297	Bruno Dias	individual	Senior Masculino	03:12:09	+01:37:01	11:18
416	1593	Vitor Sampaio	uniic_os	Veterano M40	03:12:59	+01:37:52	11:21
417	1009	Joana Melo	acportalegre/utsm	Senior Feminino	03:13:10	+01:38:03	11:22
418	1142	ORLANDO ALMEIDA	casa do benfica de condeixa	Senior Masculino	03:13:54	+01:38:46	11:24
419	1392	Paulo Sergio Pereira	individual	Veterano M40	03:13:55	+01:38:48	11:24
420	1262	MARIA JOÃO SIMÕES	hbl trail team	Veterana F45	03:13:55	+01:38:48	11:24
421	1479	Guilherme Jorge Reis Trindade	os trinca espinhas	Veterano M40	03:14:07	+01:38:59	11:25
422	1148	Hortense Baptista	cbrunning team	Veterana F55	03:14:09	+01:39:01	11:25
423	1147	Catarina Palmeiro	cbrunning team	Senior Feminino	03:14:31	+01:39:24	11:27
424	1284	Marta Maria Pleno da Fonseca	individual	Senior Feminino	03:14:38	+01:39:31	11:27
425	1285	Paula Gonçalves	individual	Senior Feminino	03:14:44	+01:39:37	11:27
426	1396	Ricardo Humberto	individual	Veterano M40	03:15:51	+01:40:44	11:31
427	1598	Luis Manuel Costa	individual	Veterano M50	03:16:01	+01:40:54	11:32
428	1191	Nuno Martins	coimbra trail running	Veterano M45	03:16:04	+01:40:57	11:32
429	1316	Henrique Zaldo	individual	Senior Masculino	03:16:17	+01:41:09	11:33
430	1552	André Filipe Marques Gomes	uniic_os	Senior Masculino	03:16:28	+01:41:21	11:33
431	1223	João Tiago Gonçalves Macedo Salgado	edv - viana trail	Senior Masculino	03:16:29	+01:41:22	11:34
432	1241	Isabel Gomes	figueira kayak clube	Veterana F50	03:16:45	+01:41:37	11:34
433	84	Carlos Mauricio	clac entroncamento	Veterano M50	03:16:51	+01:41:43	11:35
434	1299	Carlos Filipe Simões	individual	Senior Masculino	03:16:52	+01:41:44	11:35
435	1524	Sérgio Mateus Figueiredo Marques	táxis marialves running team	Veterano M40	03:17:01	+01:41:53	11:35
436	1523	Carlos Alexandre Serra Brito Marques	táxis marialves running team	Senior Masculino	03:17:01	+01:41:53	11:35



TRAIL CURTO PT17K - STAGE 1

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
437	1423	Victor Silva	individual	Veterano M50	03:17:03	+01:41:56	11:36
438	1401	Anselmo Maia	individual	Veterano M45	03:17:13	+01:42:05	11:36
439	1219	Inês Peres	desliza team	Senior Feminino	03:17:15	+01:42:07	11:36
440	1167	Natércia Carvalho	coimbra trail running	Veterana F45	03:17:19	+01:42:12	11:36
441	1580	Natercia Bento	xanacabeleiros	Veterana F40	03:17:27	+01:42:19	11:37
442	1242	João Quintas	figueira kayak clube	Veterano M40	03:17:28	+01:42:21	11:37
443	1239	Sandra Matias	figueira kayak clube	Veterana F40	03:17:28	+01:42:21	11:37
444	1358	Diana Martins	individual	Veterana F40	03:19:40	+01:44:32	11:45
445	1489	joao pedro marques	pés troikados - cscs	Senior Masculino	03:19:53	+01:44:46	11:46
446	1254	Gonçalo Casaleiro	gr-grandes rotas clube	Veterano M40	03:19:57	+01:44:50	11:46
447	1538	SANDRA MARIA GONÇALVES SIMOES	tribo nr	Senior Feminino	03:20:02	+01:44:54	11:46
448	1387	Luís Filipe Almeida Hilário	individual	Veterano M40	03:20:27	+01:45:20	11:48
449	1027	Josephine Marques	aergois trail running	Senior Feminino	03:20:27	+01:45:20	11:48
450	1218	Inês Isabel dos Santos Mendonça	desliza team	Senior Feminino	03:21:00	+01:45:52	11:49
451	1325	Joni Pandeirda Rocha	individual	Senior Masculino	03:21:20	+01:46:13	11:51
452	1166	Natália José	coimbra trail running	Senior Feminino	03:22:14	+01:47:06	11:54
453	1015	Célia Simões	acrd/psp viseu runners	Senior Feminino	03:23:03	+01:47:56	11:57
454	1318	Hugo Moreira Rodrigues	individual	Senior Masculino	03:25:48	+01:50:40	12:06
455	1222	carla alexandra aráujo pereira	edv - viana trail	Senior Feminino	03:26:06	+01:50:59	12:07
456	1348	Tiago Filipe das Neves Soares Domingues Pina	individual	Senior Masculino	03:26:23	+01:51:16	12:08
457	1283	Maria José Vasco Caceiro	individual	Senior Feminino	03:26:24	+01:51:17	12:09
458	1388	Luís Miguel Pato	individual	Veterano M40	03:26:40	+01:51:33	12:09
459	1419	Carlos Barroso	individual	Veterano M50	03:26:56	+01:51:49	12:10
460	1500	Maria da Graça Marques Costa	runner's do demo	Veterana F50	03:27:41	+01:52:34	12:13
461	1020	Susana Castro	acrd/psp viseu runners	Veterana F40	03:27:42	+01:52:35	12:13
462	1017	Fernando Marques	acrd/psp viseu runners	Senior Masculino	03:27:43	+01:52:36	12:13
463	1312	Fernando Jorge Ferreira	individual	Senior Masculino	03:28:23	+01:53:15	12:15
464	1376	Carla Carvalho	individual	Veterano M40	03:28:40	+01:53:33	12:17
465	1421	Filipe Carvalho	individual	Veterano M50	03:28:40	+01:53:33	12:17
466	1253	Rosário Ramos	gr-grandes rotas clube	Veterana F55	03:28:57	+01:53:49	12:17
467	1255	Paulo Ramos	gr-grandes rotas clube	Veterano M55	03:28:57	+01:53:49	12:17
468	1481	Rui Carvalho	out 2 run	Senior Masculino	03:29:07	+01:53:59	12:18
469	1441	Luís Gaspar	moinhos da gândara trail	Senior Masculino	03:30:32	+01:55:24	12:23
470	1439	Olga Felamino	moinhos da gândara trail	Senior Feminino	03:30:32	+01:55:24	12:23
471	1374	Isabel Semedo	individual	Veterana F50	03:30:59	+01:55:52	12:25
472	1478	Maria João Valério	os trinca espinhas	Veterana F45	03:31:17	+01:56:10	12:26
473	1302	Daniel Duarte	individual	Senior Masculino	03:32:26	+01:57:18	12:30
474	1450	Ana Garcia	montanha clube trail running/efapel	Senior Feminino	03:34:11	+01:59:03	12:36
475	1466	Ana Maria Vieira Loreto	montanha clube trail running/efapel	Veterana F45	03:34:11	+01:59:04	12:36
476	1473	Paulo Simões	município de vila nova de poiares	Veterano M40	03:34:17	+01:59:09	12:36
477	1372	Ana Oliveira	individual	Veterana F50	03:35:34	+02:00:26	12:41
478	1276	Cristina Costa	individual	Senior Feminino	03:35:34	+02:00:26	12:41
479	1096	Piedade Gonçalves	arsm - associação recreativa de s. miguel	Veterana F40	03:35:38	+02:00:30	12:41
480	1442	Carla Felamino	moinhos da gândara trail	Veterana F40	03:38:10	+02:03:03	12:50
481	1319	Joao Andre da Costa Rosado	individual	Senior Masculino	03:38:17	+02:03:10	12:50

Official Timekeeper: Lap2Go	11 / 13	generate 12-Feb-2017 17:38
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## TRAIL CURTO PT17K - STAGE 1

## 17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
482	1365	brigitte geria campos	individual	Veterana F45	03:38:23	+02:03:15	12:51
483	1558	Rafael António Marinho Marques	uniic_os	Veterano M40	03:39:19	+02:04:12	12:54
484	1209	Filipa Matias	dap trail team	Senior Feminino	03:39:29	+02:04:21	12:55
485	1277	Cristina Isabel Rodrigues Colaço	individual	Senior Feminino	03:40:14	+02:05:07	12:57
486	1261	HELGA MENDES	hbl trail team	Veterana F40	03:40:16	+02:05:09	12:57
487	1275	Claudia simoes	individual	Senior Feminino	03:41:44	+02:06:36	13:03
488	1363	Teresa Napita	individual	Veterana F40	03:42:22	+02:07:15	13:05
489	1052	Luís Miguel Gonçalves Afonso	ajc/glassdrive	Senior Masculino	03:42:45	+02:07:37	13:06
490	1091	BRUNO FERREIRA	arsm - associação recreativa de s. miguel	Senior Masculino	03:43:11	+02:08:03	13:08
491	1308	Diogo Reis	individual	Senior Masculino	03:43:33	+02:08:26	13:09
492	1274	Celia Janeiro	individual	Senior Feminino	03:43:34	+02:08:26	13:09
493	1266	Gonçalo Deus	individual	Junior Masculino	03:43:35	+02:08:28	13:09
494	1060	Ana Raquel Calhinda Valente	arcd venda da luisa	Senior Feminino	03:44:53	+02:09:45	13:14
495	1369	Luz Costa	individual	Veterana F45	03:45:00	+02:09:52	13:14
496	1390	Nuno Marques Vigário	individual	Veterano M40	03:47:04	+02:11:56	13:21
497	1537	LARA MARGARETE SILVA	tribo nr	Senior Feminino	03:47:47	+02:12:39	13:24
498	1129	Patrícia Ramalheiro	bora lá team- lousã	Veterana F40	03:49:25	+02:14:18	13:30
499	1130	Susana aria de Almeida Peres	bora lá team- lousã	Veterana F45	03:49:26	+02:14:18	13:30
500	1288	Sara Brandao	individual	Senior Feminino	03:50:08	+02:15:01	13:32
501	1360	Graça Simões	individual	Veterana F40	03:50:09	+02:15:01	13:32
502	1474	Ricardo Peneda	município de vila nova de poiares	Veterano M40	03:50:50	+02:15:43	13:35
503	1144	nuno miguel dias Alves	casa do benfica de condeixa	Veterano M45	03:56:44	+02:21:37	13:56
504	1373	cristina duarte	individual	Veterana F50	03:57:56	+02:22:48	14:00
505	1559	Fernando Simões	uniic_os	Veterano M45	03:57:58	+02:22:50	14:00
506	1424	Albino Neves	individual	Veterano M55	03:59:13	+02:24:06	14:04
507	1257	Rita coelho	grupo desportivo da parreira	Senior Feminino	04:00:19	+02:25:11	14:08
508	1256	Dora Ribeiro	grupo desportivo da parreira	Senior Feminino	04:00:19	+02:25:11	14:08
509	1397	Vasco Manuel Oliveira Melo	individual	Veterano M40	04:01:04	+02:25:57	14:11
510	1234	Ana Santos	figueira kayak clube	Senior Feminino	04:01:54	+02:26:46	14:14
511	1280	Liliana Cortez	individual	Senior Feminino	04:01:54	+02:26:47	14:14
512	1560	Sérgio Carvalho	uniic_os	Veterano M45	04:01:54	+02:26:47	14:14
513	1281	Margarida Santos	individual	Senior Feminino	04:02:21	+02:27:13	14:15
514	1339	Paulo Mendes	individual	Senior Masculino	04:03:43	+02:28:35	14:20
515	1094	Luis Verissimo	arsm - associação recreativa de s. miguel	Senior Masculino	04:03:58	+02:28:51	14:21
516	1095	Lucia Couceiro	arsm - associação recreativa de s. miguel	Veterana F40	04:04:01	+02:28:54	14:21
517	1362	Márcia Cristina Ferreira Mendes	individual	Veterana F40	04:06:16	+02:31:08	14:29
518	1539	Laura Luísa Pires Correia	ugas trail running	Junior Feminino	04:11:44	+02:36:37	14:49
519	1545	Angela Pires Escaroupa	ugas trail running	Sub 23 Feminino	04:11:45	+02:36:37	14:49
520	1546	Maria Beatriz Martins Grilo	ugas trail running	Sub 23 Feminino	04:11:45	+02:36:37	14:49
521	1592	Sílvia Maria Dias Pedro	o praticante	Veterana F45	04:13:07	+02:37:59	14:53
522	1367	Eduarda Maria Satiro Queimado	individual	Veterana F45	04:13:07	+02:38:00	14:53
523	1250	Celia Franja	fruta da 5ª	Veterana F45	04:14:59	+02:39:51	15:00
524	1585	Iracema Ferreira	individual	Veterana F50	04:19:33	+02:44:25	15:16
525	1087	Mariana Carvalho	arsm - associação recreativa de s. miguel	Senior Feminino	04:23:22	+02:48:14	15:30
526	1278	Diana Correia	individual	Senior Feminino	04:23:22	+02:48:14	15:30
527	1289	Sara Daniela Simões Gomes	individual	Senior Feminino	04:23:22	+02:48:14	15:30

**TRAIL CURTO PT17K - STAGE 1****17 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
528	1353	Ana Rita Queirós Dominguez	individual	Sub 23 Feminino	04:28:45	+02:53:38	15:49
529	1370	maria augusta sousa oliveira barbosa	individual	Veterana F45	04:28:47	+02:53:39	15:49
530	1361	Heloise Rodrigues	individual	Veterana F40	04:36:35	+03:01:27	16:16
531	1055	Ana Isabel França	ajc/glassdrive	Veterana F40	04:37:02	+03:01:55	16:18
532	1596	Sandra Morgado	individual	Veterana F40	04:37:02	+03:01:55	16:18
533	1583	Walter Palma	xanucha	Veterano M50	04:44:49	+03:09:42	16:45
534	1581	alexandra palma	xanucha	Veterana F50	04:46:24	+03:11:16	16:51
535	1582	Isabel Ucha	xanucha	Veterana F50	04:46:24	+03:11:16	16:51
536	1100	Oscar Simões	ar sm - associação recreativa de s. miguel	Veterano M40	04:46:24	+03:11:16	16:51

trail curto pt17k

17 KM

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	09:30	9.5°C	96%
End	14:17	9.5°C	96%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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**Junior Feminino**

1	1539	Laura Luísa Pires Correia	UGAS TRAIL Running	Junior Feminino	04:11:44		14:49
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**Junior Masculino**

1	1266	Gonçalo Deus	Individual	Junior Masculino	03:43:35		13:09
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**Senior Feminino**

1	1586	Marisa Rodrigues	Sport Clube Beira-Mar	Senior Feminino	02:05:13		07:22
2	1236	Júlia Legkova	Figueira Kayak Clube	Senior Feminino	02:10:37	+05:24	07:41
3	1282	Margarida Simões	Agueda Action Club ACTIB	Senior Feminino	02:16:27	+11:15	08:02
4	1495	Andreia Oliveira	RUNNER'S DO DEMO	Senior Feminino	02:23:44	+18:31	08:27
5	1563	Monica Sofia Oliveira Ribeiro	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	Senior Feminino	02:24:53	+19:40	08:31
6	1061	Luisa Teresa Monteiro da Costa Miranda	ARCD VENDA DA LUISA	Senior Feminino	02:26:19	+21:06	08:36
7	1083	Sandra Rodrigues	Arronches e Benfica / Clínica Sta Beatriz	Senior Feminino	02:26:30	+21:18	08:37
8	1451	Carla Santos	Montanha Clube Trail Running/Efapel	Senior Feminino	02:29:22	+24:09	08:47
9	1151	Sara Manuela Mendes Carvalho1	Clube de Condeixa	Senior Feminino	02:30:23	+25:10	08:51
10	1273	carla sofia	Individual	Senior Feminino	02:34:51	+29:38	09:07
11	1520	Cláudia Lopes	Tarahumara	Senior Feminino	02:37:26	+32:14	09:16
12	1496	Sónia Cristina Morais Gomes	RUNNER'S DO DEMO	Senior Feminino	02:38:17	+33:04	09:19
13	1271	Bárbara Cruz	Individual	Senior Feminino	02:41:56	+36:43	09:32
14	1531	Patrícia Pereira	TRAIL BELA BELA	Senior Feminino	02:45:12	+39:59	09:43
15	1550	Ana Grácio	União FCI Tomar	Senior Feminino	02:46:00	+40:48	09:46
16	1224	Dina Isabel Neves dos Santos	Escola de Atletismo de Coimbra/JPaiva	Senior Feminino	02:46:17	+41:05	09:47
17	1449	Ana Filipa Rodrigues Sêco	Montanha Clube Trail Running/Efapel	Senior Feminino	02:46:56	+41:44	09:49
18	1584	Matilde Brito	XL&S TRAIil	Senior Feminino	02:48:59	+43:47	09:56
19	1483	Eugénia Fernandes	Ozxtreme/ RDA	Senior Feminino	02:52:18	+47:05	10:08
20	1092	Catarina Gomes	ARSM - Associação Recreativa de S. Miguel	Senior Feminino	02:52:30	+47:17	10:09
21	1237	Vanessa Reboca	Figueira Kayak Clube	Senior Feminino	02:56:24	+51:12	10:23
22	7	Helena Janeiro	ACPortalegre/UTSM	Senior Feminino	02:59:38	+54:26	10:34
23	43	Beatriz Branquinho Gomes	ARSM - Associação Recreativa de S. Miguel	Senior Feminino	03:00:44	+55:32	10:38
24	1233	Joana Góis	Mondego Ultra Trail	Senior Feminino	03:02:08	+56:56	10:43
25	1469	Joana Pardal	Mor(e)Fit	Senior Feminino	03:02:31	+57:18	10:44



**trail curto pt17k**

**17 KM**

**OFFICIAL RESULT**

3	1572	Pedro Tiago Mendes	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	Senior Masculino	01:38:14	+03:06	05:47
4	1228	Marcio Filipe Simoes Pereira	Escola de Atletismo de Coimbra/JPaiva	Senior Masculino	01:39:04	+03:57	05:50
5	1227	Gustavo Barandas	Escola de Atletismo de Coimbra/JPaiva	Senior Masculino	01:39:06	+03:58	05:50
6	1158	David Gouveia	CMM - Escaravelhos Team	Senior Masculino	01:43:36	+08:28	06:06
7	1574	Sérgio Lúcio	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	Senior Masculino	01:43:36	+08:28	06:06
8	1146	Paulo Rafael dos Santos Palhinha	Casa do Povo de Abrunheira	Senior Masculino	01:44:29	+09:21	06:09
9	1205	Paulo esteves	Dão Nelas Runners	Senior Masculino	01:45:00	+09:52	06:11
10	1455	José António Rodrigues Sequeira	Montanha Clube Trail Running/Efapel	Senior Masculino	01:45:08	+10:00	06:11
11	1533	DANIEL QUINTAS	TRAIL BELA BELA	Senior Masculino	01:45:27	+10:19	06:12
12	1215	joão dias	DECATHLON AVEIRO	Senior Masculino	01:47:04	+11:56	06:18
13	1169	Filipe Afonso	Coimbra Trail Running	Senior Masculino	01:47:35	+12:28	06:20
14	1174	Ricardo Fernandes	Coimbra Trail Running	Senior Masculino	01:48:24	+13:16	06:23
15	1529	Luís Martins	Tondela Runners	Senior Masculino	01:48:26	+13:19	06:23
16	1159	JOÃO ALVES	CMM - Escaravelhos Team	Senior Masculino	01:48:48	+13:40	06:24
17	1198	Luis Rodrigues	Cpt sobral de ceira	Senior Masculino	01:49:18	+14:11	06:26
18	1456	Hugo Conde	Montanha Clube Trail Running/Efapel	Senior Masculino	01:49:25	+14:18	06:26
19	1225	André Fonte	Escola de Atletismo de Coimbra/JPaiva	Senior Masculino	01:50:24	+15:17	06:30
20	1350	Vitor Cação	Individual	Senior Masculino	01:50:41	+15:33	06:31
21	1226	Francisco Fonseca	Escola de Atletismo de Coimbra/JPaiva	Senior Masculino	01:51:51	+16:44	06:35
22	1484	André Ferreira	Ozxtreme/ RDA	Senior Masculino	01:52:14	+17:07	06:36
23	1292	Alexandre Santos	Individual	Senior Masculino	01:53:15	+18:07	06:40
24	1352	Vitor Francisco	Individual	Senior Masculino	01:53:19	+18:11	06:40
25	1068	Joaquim Paulo Rodrigues Baltazar	ARCD VENDA DA LUISA	Senior Masculino	01:54:05	+18:57	06:43
26	1294	André Miguel Jesus Simões	Individual	Senior Masculino	01:54:34	+19:26	06:44
27	1431	Helder Lopes	Montanha Clube Trail Running/Efapel	Senior Masculino	01:54:43	+19:35	06:45
28	1301	Daniel Correia	Individual	Senior Masculino	01:54:45	+19:37	06:45
29	1458	NUNO LEONARDO CASSINDA VELOSO	Montanha Clube Trail Running/Efapel	Senior Masculino	01:55:05	+19:58	06:46
30	1111	EDUARDO SILVA MOREIRA	ASSSCC Ar Livre e Aventura	Senior Masculino	01:55:24	+20:17	06:47
31	1066	César Diogo Mateus Ramalho	ARCD VENDA DA LUISA	Senior Masculino	01:55:58	+20:50	06:49
32	1070	Paulo Jorge Teixeira Rodrigues	ARCD VENDA DA LUISA	Senior Masculino	01:56:36	+21:29	06:52
33	1323	João Paulo Santos Domingues	Individual	Senior Masculino	01:56:56	+21:49	06:53
34	1212	Diogo Pimenta	DCI/CCDRPedrulha - Mealhada	Senior Masculino	01:59:29	+24:21	07:02
35	1314	Gonçalo Lindo	Individual	Senior Masculino	01:59:38	+24:30	07:02
36	1042	Tiago dos Santos Silva	Águeda Action Club   ACTIB	Senior Masculino	01:59:48	+24:41	07:03
37	1160	Leonel Mendes	CMM - Escaravelhos Team	Senior Masculino	01:59:51	+24:44	07:03
38	1461	Tiago Daniel Correia Rodrigues	Montanha Clube Trail Running/Efapel	Senior Masculino	02:00:11	+25:03	07:04
39	1568	Jorge Humberto Correia Bento	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	Senior Masculino	02:00:38	+25:30	07:06
40	1038	Marcelo André Almeida Silva	Águeda Action Club   ACTIB	Senior Masculino	02:00:52	+25:44	07:07







**trail curto pt17k**

**17 KM**

**OFFICIAL RESULT**

120	1488	Adriano Galante	PÉS TROIKADOS - CSCS	Senior Masculino	02:30:50	+55:42	08:52
121	1347	Tiago Filipe Andrade Silva	Individual	Senior Masculino	02:31:06	+55:58	08:53
122	1589	Nélio Girão	Formobike BTT & Trail Running	Senior Masculino	02:31:21	+56:14	08:54
123	1311	Fábio Costa	Individual	Senior Masculino	02:31:52	+56:45	08:56
124	1514	Hugo Costa	SpotCriativo Viseu Running Team	Senior Masculino	02:31:58	+56:51	08:56
125	1173	Ricardo Cesar Alves Ferreira	Coimbra Trail Running	Senior Masculino	02:33:59	+58:51	09:03
126	1051	jose filipe fernandes	AJC/GLASSDRIVE	Senior Masculino	02:34:04	+58:56	09:04
127	1217	Telmo Dias	DECATHLON AVEIRO	Senior Masculino	02:34:05	+58:58	09:04
128	1571	Pedro Martins	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	Senior Masculino	02:34:24	+59:17	09:05
129	1575	Tiago Matias	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	Senior Masculino	02:35:10	+01:00:03	09:08
130	1229	Ricardo André Pereira dos Santos	Escola de Atletismo de Coimbra/JPaiva	Senior Masculino	02:36:14	+01:01:06	09:11
131	1036	Hugo Henrique Parrança Guerra	Águeda Action Club   ACTIB	Senior Masculino	02:36:36	+01:01:29	09:13
132	1541	Daniel Marques dos Santos	UGAS TRAIL Running	Senior Masculino	02:36:44	+01:01:37	09:13
133	1320	João Bento	Individual	Senior Masculino	02:36:53	+01:01:46	09:14
134	1304	Daniel Serra	Individual	Senior Masculino	02:36:54	+01:01:46	09:14
135	1122	Nélio Oliveira	Atletismo Clube da Tocha	Senior Masculino	02:37:29	+01:02:21	09:16
136	1039	Mário André Pinheiro de Miranda	Águeda Action Club   ACTIB	Senior Masculino	02:37:37	+01:02:30	09:16
137	1322	João Mesquita	Individual	Senior Masculino	02:37:45	+01:02:37	09:17
138	1251	Jorge Simões	Gatões btt	Senior Masculino	02:38:01	+01:02:54	09:18
139	1490	Joel Oliveira	Piratas Runners	Senior Masculino	02:38:40	+01:03:33	09:20
140	1349	Tomé Lopes	Individual	Senior Masculino	02:39:40	+01:04:32	09:24
141	1335	Miguel André Vilaça dos Santos Patrão Silva	Individual	Senior Masculino	02:40:13	+01:05:06	09:26
142	1037	Luis Manuel Saraiva Duarte	Águeda Action Club   ACTIB	Senior Masculino	02:40:18	+01:05:11	09:26
143	1204	Nuno Salvador	Dão Nelas Runners	Senior Masculino	02:40:58	+01:05:50	09:28
144	1119	Daniel Gaspar	Atletismo Clube da Tocha	Senior Masculino	02:41:28	+01:06:21	09:30
145	1599	Edgar Pires	ARSM - Associação Recreativa de S. Miguel	Senior Masculino	02:42:17	+01:07:09	09:33
146	1303	DANIEL ESPINHAL	Individual	Senior Masculino	02:42:32	+01:07:25	09:34
147	1457	Nuno Gonçalves	Montanha Clube Trail Running/Efapel	Senior Masculino	02:42:41	+01:07:33	09:34
148	1351	Vitor Esteves	Individual	Senior Masculino	02:42:42	+01:07:35	09:34
149	1034	David Emanuel Santos Coelho	Águeda Action Club   ACTIB	Senior Masculino	02:42:53	+01:07:45	09:35
150	1343	Rui Palrinhas	Individual	Senior Masculino	02:43:21	+01:08:13	09:37
151	1306	DAVID TEIXEIRA	Individual	Senior Masculino	02:43:23	+01:08:16	09:37
152	1168	Atão	Coimbra Trail Running	Senior Masculino	02:43:50	+01:08:42	09:38
153	1470	José Gil Andrade	Mountain trails	Senior Masculino	02:44:33	+01:09:25	09:41
154	1120	Eduardo Ferreira	Atletismo Clube da Tocha	Senior Masculino	02:44:33	+01:09:25	09:41
155	1534	ruí almeida nina	TRAIL BELA BELA	Senior Masculino	02:44:39	+01:09:31	09:41
156	1041	Ricardo Jorge Baptista Ferreira	Águeda Action Club   ACTIB	Senior Masculino	02:44:54	+01:09:47	09:42
157	1543	João Grilo Ramos	UGAS TRAIL Running	Senior Masculino	02:45:31	+01:10:23	09:44
158	1025	Ricardo Lopes	ACRM Silveirinha Claras	Senior Masculino	02:47:38	+01:12:30	09:52
159	1175	vitor Cricas	Coimbra Trail Running	Senior Masculino	02:47:51	+01:12:43	09:52
160	1462	Tiago Figueiredo	Montanha Clube Trail Running/Efapel	Senior Masculino	02:47:57	+01:12:49	09:53
161	1171	João Carlos Silva	Coimbra Trail Running	Senior Masculino	02:48:17	+01:13:09	09:54

Official Timekeeper: Lap2Go	6 / 15	generate 12-Feb-2017 17:38
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**trail curto pt17k****17 KM**

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**OFFICIAL RESULT**

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162	1073	Rui Manuel Paiva Monteiro	ARCD VENDA DA LUISA	Senior Masculino	02:49:11	+01:14:04	09:57
163	1512	NUNO ANDRÉ LIBÓRIO CARDEAS	SPEM	Senior Masculino	02:49:19	+01:14:11	09:58
164	1072	Rubén Emanuel Pereira de Almeida	ARCD VENDA DA LUISA	Senior Masculino	02:49:26	+01:14:18	09:58
165	1199	Bruno B. Ferreira	CVP Maiorca	Senior Masculino	02:50:23	+01:15:16	10:01
166	1307	Diogo Alexandre Francisco Monteiro	Individual	Senior Masculino	02:51:48	+01:16:40	10:06
167	1485	José David	Ozxtreme/ RDA	Senior Masculino	02:52:18	+01:17:10	10:08
168	1321	João Fonseca	Individual	Senior Masculino	02:52:50	+01:17:43	10:10
169	1497	Eduardo Ferreira	RUNNER'S DO DEMO	Senior Masculino	02:53:05	+01:17:57	10:11
170	1344	Sérgio Cruz	Individual	Senior Masculino	02:53:11	+01:18:03	10:11
171	1440	Bruno Matos	Moinhos da Gândara Trail	Senior Masculino	02:53:40	+01:18:32	10:13
172	1498	Jose Carlos Oliveira	RUNNER'S DO DEMO	Senior Masculino	02:54:12	+01:19:05	10:15
173	1506	Sérgio Viana	Seifitness Trail Team	Senior Masculino	02:54:30	+01:19:23	10:16
174	1333	Marco Santos - SPEM	Individual	Senior Masculino	02:56:51	+01:21:43	10:24
175	1295	André Miguel Mendes Antunes	Individual	Senior Masculino	02:56:52	+01:21:45	10:24
176	1030	Luis Carlos Marques Filipe	AERGóis Trail Running	Senior Masculino	02:57:07	+01:21:59	10:25
177	1452	Artur Jorge Rodrigues soares	Montanha Clube Trail Running/Efapel	Senior Masculino	02:58:22	+01:23:15	10:30
178	1507	Tiago Alves	Seifitness Trail Team	Senior Masculino	02:58:34	+01:23:26	10:30
179	1519	João Nuno	SS CGD	Senior Masculino	03:00:17	+01:25:09	10:36
180	1504	Emanuel Dias	Seifitness Trail Team	Senior Masculino	03:00:49	+01:25:42	10:38
181	1528	Filipe Aguiar	Tondela Runners	Senior Masculino	03:03:06	+01:27:58	10:46
182	1340	ricardo andre pereira da silva	Individual	Senior Masculino	03:03:14	+01:28:06	10:47
183	1053	Pedro Miguel Sequeira Claudino	AJC/GLASSDRIVE	Senior Masculino	03:03:22	+01:28:15	10:47
184	1050	FILIPPE DUARTE QUINTAS RASTEIRO	AJC/GLASSDRIVE	Senior Masculino	03:03:23	+01:28:15	10:47
185	1505	Luís Cunhal Henriques	Seifitness Trail Team	Senior Masculino	03:03:27	+01:28:20	10:48
186	1597	Nuno Pimenta	RENTEA	Senior Masculino	03:04:15	+01:29:07	10:50
187	1309	Eduardo Luís Cortês Gonçalves	Individual	Senior Masculino	03:06:27	+01:31:20	10:58
188	1346	Tiago Cruz	Individual	Senior Masculino	03:09:34	+01:34:26	11:09
189	1342	Rui Jorge da Silva Rodrigues	Individual	Senior Masculino	03:10:46	+01:35:38	11:13
190	1338	NUNO MIGUEL DUARTE MARTINS	Individual	Senior Masculino	03:11:59	+01:36:51	11:18
191	1326	Jorge Gamito	Individual	Senior Masculino	03:12:01	+01:36:54	11:18
192	1297	Bruno Dias	Individual	Senior Masculino	03:12:09	+01:37:01	11:18
193	1142	ORLANDO ALMEIDA	Casa do Benfica de Condeixa	Senior Masculino	03:13:54	+01:38:46	11:24
194	1316	Henrique Zaldo	Individual	Senior Masculino	03:16:17	+01:41:09	11:33
195	1552	André Filipe Marques Gomes	UNIIC_OS	Senior Masculino	03:16:28	+01:41:21	11:33
196	1223	João Tiago Gonçalves Macedo Salgado	EDV - Viana Trail	Senior Masculino	03:16:29	+01:41:22	11:34
197	1299	Carlos Filipe Simões	Individual	Senior Masculino	03:16:52	+01:41:44	11:35
198	1523	Carlos Alexandre Serra Brito Marques	Táxis Marialves Running Team	Senior Masculino	03:17:01	+01:41:53	11:35
199	1489	joao pedro marques	PÉS TROIKADOS - CSCS	Senior Masculino	03:19:53	+01:44:46	11:46
200	1325	Joni Pandeirda Rocha	Individual	Senior Masculino	03:21:20	+01:46:13	11:51
201	1318	Hugo Moreira Rodrigues	Individual	Senior Masculino	03:25:48	+01:50:40	12:06
202	1348	Tiago Filipe das Neves Soares Domingues Pina	Individual	Senior Masculino	03:26:23	+01:51:16	12:08
203	1017	Fernando Marques	ACRD/PSP Viseu Runners	Senior Masculino	03:27:43	+01:52:36	12:13
204	1312	Fernando Jorge Ferreira	Individual	Senior Masculino	03:28:23	+01:53:15	12:15
205	1481	Rui Carvalho	out 2 run	Senior Masculino	03:29:07	+01:53:59	12:18
206	1441	Luís Gaspar	Moinhos da Gândara Trail	Senior Masculino	03:30:32	+01:55:24	12:23

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**trail curto pt17k**

**17 KM**

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**OFFICIAL RESULT**  
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12	1181	Fátima Videira	Coimbra Trail Running	Veterana F40	02:53:17	+33:01	10:12
13	1238	Ana Maria Cintrão Leal	Figueira Kayak Clube	Veterana F40	03:03:32	+43:15	10:48
14	1220	Sara Pinheiro	Desliza Team	Veterana F40	03:06:12	+45:56	10:57
15	1252	Sandrina Silva	GR-Grandes Rotas Clube	Veterana F40	03:09:10	+48:54	11:08
16	1591	Zina Maria Dias Pedro Fernandes	O Praticante	Veterana F40	03:10:32	+50:15	11:12
17	1357	Cláudia Cravo	Individual	Veterana F40	03:10:39	+50:23	11:13
18	1465	Célia Carvalho	Montanha Clube Trail Running/Efapel	Veterana F40	03:11:51	+51:35	11:17
19	1580	Natercia Bento	Xanacabeleiros	Veterana F40	03:17:27	+57:10	11:37
20	1239	Sandra Matias	Figueira Kayak Clube	Veterana F40	03:17:28	+57:12	11:37
21	1358	Diana Martins	Individual	Veterana F40	03:19:40	+59:23	11:45
22	1020	Susana Castro	ACRD/PSP Viseu Runners	Veterana F40	03:27:42	+01:07:26	12:13
23	1096	Piedade Gonçalves	ARSM - Associação Recreativa de S. Miguel	Veterana F40	03:35:38	+01:15:21	12:41
24	1442	Carla Felamino	Moinhos da Gândara Trail	Veterana F40	03:38:10	+01:17:54	12:50
25	1261	HELGA MENDES	HBL TRAIL TEAM	Veterana F40	03:40:16	+01:20:00	12:57
26	1363	Teresa Napita	Individual	Veterana F40	03:42:22	+01:22:06	13:05
27	1129	Patrícia Ramalheiro	Bora Lá Team- Lousã	Veterana F40	03:49:25	+01:29:09	13:30
28	1360	Graça Simões	Individual	Veterana F40	03:50:09	+01:29:52	13:32
29	1095	Lucia Couceiro	ARSM - Associação Recreativa de S. Miguel	Veterana F40	04:04:01	+01:43:45	14:21
30	1362	Márcia Cristina Ferreira Mendes	Individual	Veterana F40	04:06:16	+01:45:59	14:29
31	1361	Heloise Rodrigues	Individual	Veterana F40	04:36:35	+02:16:18	16:16
32	1055	Ana Isabel França	AJC/GLASSDRIVE	Veterana F40	04:37:02	+02:16:46	16:18
33	1596	Sandra Morgado	Individual	Veterana F40	04:37:02	+02:16:46	16:18

**Veterana F45**

1	1371	Sandra Arribança	Individual	Veterana F45	02:21:05		08:18
2	1258	Lúgia Coelho	ARSM - Associação Recreativa de S. Miguel	Veterana F45	02:29:42	+08:37	08:48
3	1008	Cidália Maria dos Santos Oliveira	ACDRS QUINHENDROS	Veterana F45	02:53:40	+32:35	10:13
4	1477	Maria da Conceição Rainho Trindade	Os Trinca Espinhas	Veterana F45	02:57:38	+36:33	10:27
5	1240	Maria joao simoes	Figueira Kayak Clube	Veterana F45	03:04:27	+43:23	10:51
6	1076	Cidália Maria Barrico de Almeida Canais	ARCD VENDA DA LUISA	Veterana F45	03:05:32	+44:28	10:55
7	1077	Cristina Isabel da Silva Melo	ARCD VENDA DA LUISA	Veterana F45	03:05:33	+44:28	10:55
8	1182	Margarida Carvalho	Coimbra Trail Running	Veterana F45	03:07:42	+46:38	11:03
9	1262	MARIA JOÃO SIMÕES	HBL TRAIL TEAM	Veterana F45	03:13:55	+52:51	11:24
10	1167	Natércia Carvalho	Coimbra Trail Running	Veterana F45	03:17:19	+56:15	11:36
11	1478	Maria João Valério	Os Trinca Espinhas	Veterana F45	03:31:17	+01:10:13	12:26
12	1466	Ana Maria Vieira Loreto	Montanha Clube Trail Running/Efapel	Veterana F45	03:34:11	+01:13:07	12:36
13	1365	brigitte geria campos	Individual	Veterana F45	03:38:23	+01:17:18	12:51
14	1369	Luz Costa	Individual	Veterana F45	03:45:00	+01:23:55	13:14
15	1130	Susana aria de Almeida Peres	Bora Lá Team- Lousã	Veterana F45	03:49:26	+01:28:21	13:30
16	1592	Sílvia Maria Dias Pedro	O Praticante	Veterana F45	04:13:07	+01:52:02	14:53
17	1367	Eduarda Maria Satiro Queimado	Individual	Veterana F45	04:13:07	+01:52:03	14:53

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**trail curto pt17k****17 KM****OFFICIAL RESULT**

19	1468	Luis Vilela	Montanha Clube Trail Running/Efapel	Veterano M40	02:10:58	+34:55	07:42
20	1117	PEDRO MIGUEL MADALENO CARDOSO	ASSSCC Ar Livre e Aventura	Veterano M40	02:11:08	+35:05	07:43
21	1526	ANTÓNIO JOÃO LOPES BATISTA	Team RSI - TARSIBUS	Veterano M40	02:11:30	+35:26	07:44
22	1097	João Rosinha	ARSM - Associação Recreativa de S. Miguel	Veterano M40	02:12:09	+36:05	07:46
23	1184	Gonçalo Filipe Neves Padilha	Coimbra Trail Running	Veterano M40	02:12:18	+36:15	07:47
24	1202	João Nepomuceno	Da-lhe gaz	Veterano M40	02:15:53	+39:49	08:00
25	1005	José Coelho	Abutres Running Team	Veterano M40	02:16:05	+40:01	08:00
26	1132	Pedro Ferreira	Bttrain	Veterano M40	02:18:47	+42:43	08:10
27	1246	Luís Balula	Formobike BTT & Trail Running	Veterano M40	02:19:44	+43:41	08:13
28	1078	Nelson Michael Dias Simões	ARCD VENDA DA LUISA	Veterano M40	02:26:27	+50:23	08:37
29	1056	Firmino Hernâni Roxo Paulo	AJC/GLASSDRIVE	Veterano M40	02:27:46	+51:42	08:42
30	1525	JOAQUIM FIGUEIRA	Team 33	Veterano M40	02:28:32	+52:29	08:44
31	1185	Hugo Bera	Coimbra Trail Running	Veterano M40	02:30:44	+54:40	08:52
32	1382	Hilário Louro	Individual	Veterano M40	02:30:44	+54:41	08:52
33	1467	Hermínio Jorge Cardoso Amaral	Montanha Clube Trail Running/Efapel	Veterano M40	02:31:06	+55:03	08:53
34	1386	Luís Almeida	Individual	Veterano M40	02:31:52	+55:49	08:56
35	1381	Henrique Simao	Individual	Veterano M40	02:32:30	+56:26	08:58
36	1125	Francisco Mendes	Bio Team Run	Veterano M40	02:32:53	+56:49	09:00
37	1595	Nuno Ribeiro	Viriathvs Runners Viseu	Veterano M40	02:33:01	+56:57	09:00
38	1021	Carlos Lopes	ACRD/PSP Viseu Runners	Veterano M40	02:33:30	+57:26	09:02
39	1186	João Pinho	Coimbra Trail Running	Veterano M40	02:35:06	+59:02	09:07
40	1221	Cláudio Sousa	Domplex	Veterano M40	02:35:20	+59:17	09:08
41	1398	Virgílio Neto	Individual	Veterano M40	02:37:55	+01:01:52	09:17
42	1377	Cláudio Nuno Santos Marques	Individual	Veterano M40	02:38:03	+01:01:59	09:18
43	1156	NELSON NEVES	CLUBE PORTUGAL TELECOM MADEIRA	Veterano M40	02:39:51	+01:03:47	09:24
44	1391	Paulo Miguel Lourenço dos Santos	Individual	Veterano M40	02:41:08	+01:05:04	09:29
45	1518	José Ferreira	SpotCriativo Viseu Running Team	Veterano M40	02:42:19	+01:06:16	09:33
46	1590	Nuno Daniel Rodrigues Fernandes	O Praticante	Veterano M40	02:43:40	+01:07:36	09:38
47	1385	Julio Tome	Individual	Veterano M40	02:44:19	+01:08:16	09:40
48	1384	JOSE MARTINS	Individual	Veterano M40	02:45:08	+01:09:05	09:43
49	1448	Rui Carvalho	Montanha Clube Trail Running/Efapel	Veterano M40	02:45:43	+01:09:39	09:45
50	1444	Bruno Filipe Sobrinho Leitão	Molengas	Veterano M40	02:46:30	+01:10:27	09:48
51	1263	JOSÉ MIGUEL SIMÃO	HBL TRAIL TEAM	Veterano M40	02:46:57	+01:10:53	09:49
52	137	Frank Domingues	Domplex	Veterano M40	02:47:29	+01:11:25	09:51
53	1378	filipe jordao	Individual	Veterano M40	02:48:59	+01:12:56	09:56
54	1188	Tiago de Castro Nunes Santos Silva	Coimbra Trail Running	Veterano M40	02:49:58	+01:13:54	10:00
55	1022	Vitor Marques	ACRD/PSP Viseu Runners	Veterano M40	02:50:35	+01:14:32	10:02
56	1389	NUNO ALMEIDA	Individual	Veterano M40	02:52:37	+01:16:34	10:09
57	415	Bruno Marquês	TRAIL RUNNERS DA PONTE	Veterano M40	02:53:02	+01:16:58	10:11
58	1375	António Jorge Carvalho Gouveia	Individual	Veterano M40	02:53:22	+01:17:19	10:12
59	1139	Nuno Miguel	Casa do Benfica da Figueira da Foz	Veterano M40	02:53:27	+01:17:24	10:12
60	1432	Paulo Almeida	Kondores Trail Running	Veterano M40	02:54:30	+01:18:26	10:16

Official Timekeeper: Lap2Go	11 / 15	generate 12-Feb-2017 17:38
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**trail curto pt17k**

**17 KM**

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**OFFICIAL RESULT**

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61	1516	Carlos Ferreira Prado	SpotCriativo Viseu Running Team	Veterano M40	03:00:11	+01:24:08	10:36
62	1031	Carlos Alberto Fernandes Castanheira	AERGóis Trail Running	Veterano M40	03:03:13	+01:27:09	10:47
63	1006	Paulo Jorge Cardoso Gonçalves	Abutres Running Team	Veterano M40	03:04:38	+01:28:35	10:52
64	1383	Joao Albuquerque	Individual	Veterano M40	03:05:01	+01:28:57	10:53
65	1557	Pedro Casaca	UNIIC_OS	Veterano M40	03:08:24	+01:32:20	11:05
66	1394	Pedro Ricardo Correia Henriques	Individual	Veterano M40	03:08:32	+01:32:28	11:05
67	1123	Alexandre Costa	Atletismo Clube da Tocha	Veterano M40	03:08:43	+01:32:39	11:06
68	1380	Guilherme Rodolfo Leite Pereira Gonçalves	Individual	Veterano M40	03:10:28	+01:34:25	11:12
69	1593	Vitor Sampaio	UNIIC_OS	Veterano M40	03:12:59	+01:36:56	11:21
70	1392	Paulo Sergio Pereira	Individual	Veterano M40	03:13:55	+01:37:52	11:24
71	1479	Guilherme Jorge Reis Trindade	Os Trinca Espinhas	Veterano M40	03:14:07	+01:38:03	11:25
72	1396	Ricardo Humberto	Individual	Veterano M40	03:15:51	+01:39:48	11:31
73	1524	Sérgio Mateus Figueiredo Marques	Táxis Marialves Running Team	Veterano M40	03:17:01	+01:40:57	11:35
74	1242	João Quintas	Figueira Kayak Clube	Veterano M40	03:17:28	+01:41:25	11:37
75	1254	Gonçalo Casaleiro	GR-Grandes Rotas Clube	Veterano M40	03:19:57	+01:43:54	11:46
76	1387	Luís Filipe Almeida Hilário	Individual	Veterano M40	03:20:27	+01:44:24	11:48
77	1388	Luís Miguel Pato	Individual	Veterano M40	03:26:40	+01:50:37	12:09
78	1376	Carla Carvalho	Individual	Veterano M40	03:28:40	+01:52:37	12:17
79	1473	Paulo Simões	Município de Vila Nova de Poiares	Veterano M40	03:34:17	+01:58:13	12:36
80	1558	Rafael António Marinho Marques	UNIIC_OS	Veterano M40	03:39:19	+02:03:16	12:54
81	1390	Nuno Marques Vigário	Individual	Veterano M40	03:47:04	+02:11:00	13:21
82	1474	Ricardo Peneda	Município de Vila Nova de Poiares	Veterano M40	03:50:50	+02:14:47	13:35
83	1397	Vasco Manuel Oliveira Melo	Individual	Veterano M40	04:01:04	+02:25:01	14:11
84	1100	Oscar Simões	ARSM - Associação Recreativa de S. Miguel	Veterano M40	04:46:24	+03:10:20	16:51

**Veterano M45**

1	1414	Messias dias	Individual	Veterano M45	01:35:50		05:38	
2	1104	Orlando Pires	ARSM - Associação Recreativa de S. Miguel	Veterano M45	01:41:11	+05:20	05:57	
3	1109	Paulo Antunes	Associação Académica de Coimbra	Veterano M45	01:45:39	+09:48	06:13	
4	1134	José Leal	Bttrain	Veterano M45	01:45:57	+10:06	06:14	
5	1231	Vitor M Godinho	Escola de Atletismo de Coimbra/JPaiva	Veterano M45	01:47:00	+11:10	06:18	
6	1517	Humberto Manuel Americano de Morais Teixeira	SpotCriativo Viseu Running Team	Veterano M45	01:55:01	+19:10	06:46	
7	1190	Fausto Pimentel	Coimbra Trail Running	Veterano M45	01:57:00	+21:10	06:53	
8	1472	Jorge Pedro	Mountain trails	Veterano M45	01:58:31	+22:40	06:58	
9	1189	Álvaro Mano	Coimbra Trail Running	Veterano M45	02:02:08	+26:18	07:11	
10	1435	Pedro Santos	Louzan Team/ Dental Garden	Veterano M45	02:03:04	+27:13	07:14	
11	1407	Gildo Santos	Equipe Fireteam	Individual	Veterano M45	02:03:20	+27:29	07:15
12	1562	Fernando Antonio Tarrafa Santos	URB TEODORA RUNNING TEAM	Veterano M45	02:04:06	+28:15	07:18	
13	1110	Paulo Pereira	Associação Académica de Coimbra	Veterano M45	02:04:12	+28:21	07:18	
14	1434	Armando Videira	Louzan Team/ Dental Garden	Veterano M45	02:04:24	+28:33	07:19	
15	1014	Luis Miguel Cruz Rodrigues	ACPortalegre/UTSM	Veterano M45	02:04:29	+28:39	07:19	
16	1133	Acílio Noro	Bttrain	Veterano M45	02:05:31	+29:40	07:23	

trail curto pt17k

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

17	1135	Pedro Anselmo	Bttrain	Veterano M45	02:06:56	+31:05	07:28
18	1007	Mário Martins	Abutres Running Team	Veterano M45	02:09:26	+33:36	07:37
19	1433	Albino Morais	Louzan Team/ Dental Garden	Veterano M45	02:10:15	+34:24	07:40
20	49	Bruno Querido	ARSM - Associação Recreativa de S. Miguel	Veterano M45	02:12:15	+36:24	07:47
21	1438	António Leal	MARINHAIS AC	Veterano M45	02:13:38	+37:47	07:52
22	1508	João Granja	Sintrarunning	Veterano M45	02:14:44	+38:54	07:56
23	1416	Paulo José Santos	Individual	Veterano M45	02:15:51	+40:01	08:00
24	1193	Renato Ferreira	Coimbra Trail Running	Veterano M45	02:17:31	+41:41	08:05
25	1415	Miguel Marques	Individual	Veterano M45	02:20:06	+44:16	08:15
26	1192	Pedro F. Silva	Coimbra Trail Running	Veterano M45	02:20:40	+44:49	08:17
27	1404	Arnaldo da Conceição Carvalho	Individual	Veterano M45	02:24:33	+48:42	08:30
28	1417	pedro saraiva	Individual	Veterano M45	02:25:00	+49:09	08:32
29	1079	Carlos Manuel de Oliveira Canais	ARCD VENDA DA LUISA	Veterano M45	02:26:23	+50:32	08:37
30	1203	Jose Dias	Da-lhe gaz	Veterano M45	02:32:27	+56:37	08:58
31	1103	Moisés Nunes	ARSM - Associação Recreativa de S. Miguel	Veterano M45	02:34:36	+58:46	09:06
32	1418	Rui Santos	Individual	Veterano M45	02:34:46	+58:56	09:06
33	1406	Edgar Filomeno Perestrelo da Silva	Individual	Veterano M45	02:37:50	+01:01:59	09:17
34	1208	Luis Filipe Rosa	Dão Nelas Runners	Veterano M45	02:38:40	+01:02:49	09:20
35	1403	Armindo de Jesus Santos	Individual	Veterano M45	02:38:43	+01:02:52	09:20
36	1400	André Dias	Individual	Veterano M45	02:40:42	+01:04:52	09:27
37	1402	António Jorge	Individual	Veterano M45	02:40:59	+01:05:09	09:28
38	1412	Luis Moura	Individual	Veterano M45	02:41:36	+01:05:45	09:30
39	1410	José Trindade	Individual	Veterano M45	02:56:03	+01:20:13	10:21
40	1399	Adriano Emílio Ribeiro Cardoso	Individual	Veterano M45	03:02:32	+01:26:42	10:44
41	1411	Luis brandão	Individual	Veterano M45	03:03:56	+01:28:06	10:49
42	1243	Carlos Almeida	Figueira Kayak Clube	Veterano M45	03:05:26	+01:29:35	10:54
43	1247	Paulo Antunes	Formobike BTT & Trail Running	Veterano M45	03:10:37	+01:34:46	11:13
44	1509	Jorge Manuel Silva Fernandes	sintrarunning	Veterano M45	03:10:42	+01:34:52	11:13
45	1191	Nuno Martins	Coimbra Trail Running	Veterano M45	03:16:04	+01:40:14	11:32
46	1401	Anselmo Maia	Individual	Veterano M45	03:17:13	+01:41:22	11:36
47	1144	nuno miguel dias Alves	Casa do Benfica de Condeixa	Veterano M45	03:56:44	+02:20:54	13:56
48	1559	Fernando Simões	UNIIC_OS	Veterano M45	03:57:58	+02:22:07	14:00
49	1560	Sérgio Carvalho	UNIIC_OS	Veterano M45	04:01:54	+02:26:04	14:14

Veterano M50

1	1138	Pedro Rodrigues	C.P.R. A-Do-Barbas	Veterano M50	01:54:59		06:46
2	1080	Carlos Manuel Lopes Quinteiro	ARCD VENDA DA LUISA	Veterano M50	01:59:27	+04:27	07:02
3	1106	José Correia	ARSM - Associação Recreativa de S. Miguel	Veterano M50	01:59:32	+04:32	07:02
4	1443	Manuel Cabete	Moinhos da Gândara Trail	Veterano M50	02:00:27	+05:27	07:05
5	1422	Mário José Silva Ferreira Marinheiro	Individual	Veterano M50	02:01:39	+06:39	07:09
6	1105	José Carlos Rodrigues	ARSM - Associação Recreativa de S. Miguel	Veterano M50	02:06:44	+11:45	07:27
7	1081	José Manuel Castanheiro Dos Santos	ARCD VENDA DA LUISA	Veterano M50	02:10:25	+15:26	07:40



**trail curto pt17k**

**17 KM**

**OFFICIAL RESULT**

8	1195	Pedro Pires Silva	Coimbra Trail Running	Veterano M50	02:12:25	+17:25	07:47
9	1137	António Ferreira	C.P.R. A-Do-Barbas	Veterano M50	02:16:09	+21:10	08:01
10	1510	mario silva	sintrunning	Veterano M50	02:19:01	+24:02	08:11
11	1436	José Carvalho	Louzan Team/ Dental Garden	Veterano M50	02:20:19	+25:20	08:15
12	1194	Carlos Galamba	Coimbra Trail Running	Veterano M50	02:26:09	+31:09	08:36
13	1023	José Silva	ACRD/PSP Viseu Runners	Veterano M50	02:31:23	+36:23	08:54
14	1547	Álvaro Manuel da Costa Centeio	UGAS TRAIL Running	Veterano M50	02:38:11	+43:11	09:18
15	1086	Paulo Mendes	Arronches e Benfica / Clínica Sta Beatriz	Veterano M50	02:39:26	+44:26	09:23
16	1511	paulo schofield	sintrunning	Veterano M50	02:46:44	+51:45	09:49
17	1232	Vitor Luis Pratas dos Santos	Escola de Atletismo de Coimbra/JPaiva	Veterano M50	02:49:56	+54:56	10:00
18	1085	João Feiteira	Arronches e Benfica / Clínica Sta Beatriz	Veterano M50	02:51:08	+56:09	10:04
19	1482	Celso Ferreira	out 2 run	Veterano M50	02:52:31	+57:32	10:09
20	1420	FERNANDO GASPAR	Individual	Veterano M50	03:10:30	+01:15:30	11:12
21	1598	Luis Manuel Costa	Individual	Veterano M50	03:16:01	+01:21:02	11:32
22	84	Carlos Mauricio	CLAC Entroncamento	Veterano M50	03:16:51	+01:21:51	11:35
23	1423	Victor Silva	Individual	Veterano M50	03:17:03	+01:22:04	11:36
24	1419	Carlos Barroso	Individual	Veterano M50	03:26:56	+01:31:57	12:10
25	1421	Filipe Carvalho	Individual	Veterano M50	03:28:40	+01:33:41	12:17
26	1583	Walter Palma	XanUcha	Veterano M50	04:44:49	+02:49:50	16:45

**Veterano M55**

1	1059	Rui Carrito	Alheiras Team	Veterano M55	02:18:56		08:10
2	1024	Carlos Pais	ACRD/PSP Viseu Runners	Veterano M55	02:21:52	+02:56	08:21
3	1164	Luis Antonio Pinto pereira	CMM - Escaravelhos Team	Veterano M55	02:36:09	+17:13	09:11
4	1149	Manuel Julio	CLAC Entroncamento	Veterano M55	02:42:55	+23:59	09:35
5	1425	Jaime Simões	Individual	Veterano M55	02:50:59	+32:02	10:03
6	1487	Antonio Fonseca	Pés Escaldados	Veterano M55	03:00:31	+41:34	10:37
7	1107	Élio Marcelo Agostinho Henriques	ARSM - Associação Recreativa de S. Miguel	Veterano M55	03:00:44	+41:48	10:38
8	1082	José Almeida Correia	ARCD VENDA DA LUISA	Veterano M55	03:05:10	+46:14	10:54
9	1124	Luis Marques	Atletismo Clube da Tocha	Veterano M55	03:09:39	+50:43	11:09
10	1255	Paulo Ramos	GR-Grandes Rotas Clube	Veterano M55	03:28:57	+01:10:00	12:17
11	1424	Albino Neves	Individual	Veterano M55	03:59:13	+01:40:17	14:04

**Veterano M60**

1	1001	António Silva	ARSM - Associação Recreativa de S. Miguel	Veterano M60	02:09:44		07:38
2	1196	Fernando Venda	Coimbra Trail Running	Veterano M60	02:25:02	+15:18	08:32
3	1046	António Hernâni da Fonseca Santos	Águeda Action Club   ACTIB	Veterano M60	02:26:11	+16:26	08:36
4	1480	Lino Moreira	Os TurboMula	Veterano M60	02:29:37	+19:53	08:48
5	1150	Luis Rei	CLAC Entroncamento	Veterano M60	02:43:59	+34:15	09:39
6	1426	JOAQUIM AMIEIRO	Individual	Veterano M60	02:48:42	+38:58	09:55

Official Timekeeper: Lap2Go	14 / 15	generate 12-Feb-2017 17:38
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## 17K - COLETIVA TOTAL

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	Escola de Atletismo de Coimbra/JPaiva	7 + 8 + 15	30
2	CMM - Escaravelhos Team	2 + 10 + 25	37
3	Coimbra Trail Running	12 + 23 + 26	61
4	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	6 + 11 + 66	83
5	Montanha Clube Trail Running/Efapel	16 + 31 + 40	87
6	ARCD VENDA DA LUISA	5 + 38 + 48	91
7	Associação Académica de Coimbra	4 + 19 + 84	107
8	ARSM - Associação Recreativa de S. Miguel	9 + 42 + 59	110
9	ASSSCC Ar Livre e Aventura	29 + 46 + 47	122
10	Bttrain	20 + 52 + 93	165
11	Dão Nelas Runners	14 + 89 + 102	205
12	Águeda Action Club   ACTIB	62 + 67 + 108	237
13	Louzan Team/ Dental Garden	76 + 85 + 115	276
14	DECATHLON AVEIRO	22 + 126 + 173	321
15	C.P.R. A-Do-Barbas	43 + 140 + 151	334
16	AERGóis Trail Running	105 + 129 + 152	386
17	ACPortalegre/UTSM	86 + 121 + 192	399
18	Abutres Running Team	109 + 149 + 150	408
19	TRAIL BELA BELA	17 + 99 + 295	411
20	Tondela Runners	24 + 27 + 368	419
21	UGAS TRAIL Running	69 + 155 + 248	472
22	Mountain trails	55 + 137 + 293	485
23	ACRD/PSP Viseu Runners	165 + 169 + 174	508
24	Da-lhe gaz	147 + 148 + 228	523
25	SpotCriativo Viseu Running Team	44 + 227 + 280	551
26	Formobike BTT & Trail Running	164 + 191 + 202	557
27	RUNNER'S DO DEMO	162 + 181 + 261	604
28	Clube de Condeixa	131 + 217 + 271	619
29	Arronches e Benfica / Clínica Sta Beatriz	198 + 199 + 266	663
30	Ozxtreme/ RDA	35 + 330 + 331	696
31	UNIIC_OS	177 + 212 + 394	783
32	AJC/GLASSDRIVE	203 + 235 + 371	809
33	Atletismo Clube da Tocha	253 + 276 + 294	823
34	Figueira Kayak Clube	118 + 351 + 375	844
35	sintrunning	161 + 304 + 409	874
36	Moinhos da Gândara Trail	65 + 342 + 469	876
37	CLAC Entroncamento	285 + 291 + 433	1009
38	Seifitness Trail Team	348 + 357 + 364	1069



## 17K - COLETIVA TOTAL

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

39	HBL TRAIL TEAM	306 + 420 + 486	1212
40	O Praticante	288 + 405 + 520	1213
41	Os Trinca Espinhas	355 + 421 + 472	1248
42	Desliza Team	389 + 439 + 450	1278
43	Casa do Benfica de Condeixa	388 + 418 + 502	1308
44	GR-Grandes Rotas Clube	398 + 446 + 466	1310
45	XanUcha	532 + 533 + 534	1599

## 17K - COLETIVA FEMININA

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

<b>RANK</b>	<b>TEAM</b>	<b>DESCRIPTION</b>	<b>POINTS</b>
1	Coimbra Trail Running	6 + 22 + 28	56
2	Clube de Condeixa	14 + 20 + 31	65
3	Figueira Kayak Clube	2 + 38 + 44	84
4	ARSM - Associação Recreativa de S. Miguel	13 + 34 + 41	88
5	Montanha Clube Trail Running/Efapel	12 + 26 + 63	101
6	ARCD VENDA DA LUISA	10 + 48 + 49	107
7	RUNNER'S DO DEMO	7 + 18 + 83	108
8	ACPortalegre/UTSM	9 + 40 + 64	113
9	ACRD/PSP Viseu Runners	4 + 80 + 84	168
10	Desliza Team	52 + 71 + 78	201
11	UGAS TRAIL Running	116 + 117 + 118	351