

TRAIL CURTO - STAGE 1

14 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
42	1478	José Alberto Freitas	nova linha trail runners	Veterano M40	02:19:20	+35:34	09:57
43	1043	José Rito	all about spirit team	Senior Masculino	02:19:59	+36:13	10:00
44	1480	Bruno Pinto	oralklass - amigos do trail	Senior Masculino	02:21:55	+38:09	10:08
45	1124	Juca Teixeira	btt alegria // tubani	Veterano M40	02:22:05	+38:19	10:09
46	1179	Mário Pedro dos Santos Ferreira	factor x / s4l / medense fc	Veterano M40	02:22:07	+38:21	10:09
47	1177	Pedro Ricardo Cravo Viana	factor x / s4l / medense fc	Senior Masculino	02:22:18	+38:32	10:10
48	1574	Filipe Ferreira	porto sentido runners	Veterano M40	02:22:35	+38:49	10:11
49	1367	Fernando nunes	individual	Veterano M40	02:23:03	+39:17	10:13
50	1264	Domingos Martins	individual	Senior Masculino	02:23:06	+39:20	10:13
51	1263	Diogo Faria	individual	Senior Masculino	02:23:07	+39:20	10:13
52	1319	Tiago João Cerqueira Teles	individual	Senior Masculino	02:24:09	+40:23	10:18
53	1220	Andreia Azevedo	individual	Senior Feminino	02:24:15	+40:29	10:18
54	1049	Henrique Marques	all about spirit team	Veterano M40	02:24:50	+41:04	10:21
55	1430	Miguel Correia Gomes	liga-dura canoagem	Senior Masculino	02:25:41	+41:55	10:24
56	1612	sergio pinto	reumático	Veterano M40	02:26:00	+42:14	10:26
57	1373	Jorge Durães	individual	Veterano M40	02:26:08	+42:22	10:26
58	1087	PAULO GRILO	arcorun	Veterano M40	02:27:01	+43:15	10:30
59	1299	Nuno Fidalgo	individual	Senior Masculino	02:27:16	+43:30	10:31
60	1416	Bruno Maia	javallis portugal	Senior Masculino	02:27:18	+43:32	10:31
61	1512	José Gaspar	perdidos no trail	Senior Masculino	02:27:21	+43:34	10:32
62	1580	Laurindo Gomes	porto sentido runners	Veterano M40	02:27:32	+43:46	10:32
63	1629	Paulo Ferreira	team aguenta ai	Senior Masculino	02:28:59	+45:13	10:39
64	1017	José Alves	a. d. sebolido trail boneca douro	Veterano M50	02:29:15	+45:29	10:40
65	1423	José Augusto Coelho Abreu Costa	kemedo team	Veterano M40	02:29:17	+45:31	10:40
66	1390	Pedro Martins	individual	Veterano M40	02:29:29	+45:43	10:41
67	1421	Carlos Leal	kemedo team	Senior Masculino	02:29:55	+46:09	10:43
68	1376	José Augusto Moreira Leite	individual	Veterano M40	02:30:10	+46:23	10:44
69	1482	Élvio Ornelas	oralklass - amigos do trail	Senior Masculino	02:30:18	+46:32	10:44
70	1418	Fábio Bruno da Cunha Teixeira	javallis portugal	Senior Masculino	02:31:29	+47:43	10:49
71	1589	Rui Jesus	porto sentido runners	Veterano M50	02:31:32	+47:46	10:49
72	1513	Luis silva	perdidos no trail	Senior Masculino	02:32:32	+48:46	10:54
73	1642	Jose Oliveira	trepatrihos trail team	Veterano M40	02:32:36	+48:50	10:54
74	1279	Joel Gomes	individual	Senior Masculino	02:32:45	+48:58	10:55
75	1370	Henrique Silva	individual	Veterano M40	02:32:51	+49:05	10:55
76	1582	Miguel Silva	porto sentido runners	Veterano M40	02:33:49	+50:03	10:59
77	1305	Pedro Costa	individual	Senior Masculino	02:35:08	+51:22	11:05
78	1649	Simão Sousa	moinhos run adm	Senior Masculino	02:35:11	+51:25	11:05
79	25	Daniel Barbosa	btt alegria // tubani	Senior Masculino	02:35:15	+51:29	11:05
80	1007	Bruno Rocha	a. d. sebolido trail boneca douro	Senior Masculino	02:35:16	+51:30	11:05
81	1590	MARCO OLIVEIRA	portocargo	Senior Masculino	02:35:21	+51:35	11:06
82	1280	Joel Santos	individual	Senior Masculino	02:35:26	+51:40	11:06
83	1381	Jose Portugal	individual	Veterano M40	02:35:30	+51:44	11:06
84	1385	Paulo Fernandes	individual	Veterano M40	02:35:35	+51:49	11:07
85	1463	Paulo Rafael Silva	mountain runners	Senior Masculino	02:35:36	+51:50	11:07
86	1315	Rui sousa	individual	Senior Masculino	02:35:41	+51:55	11:07

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
87	1503	Lino Moreira	os turbomula	Veterano M50	02:35:46	+52:00	11:08
88	1144	MIGUEL LEAL	correr por um sorriso	Veterano M40	02:35:58	+52:12	11:08
89	1036	Paulo Sousa	aliança de gandra	Senior Masculino	02:36:14	+52:28	11:10
90	1030	Luís Leite	aliados trail running team	Senior Masculino	02:36:34	+52:47	11:11
91	1278	Joel Pinto	individual	Senior Masculino	02:36:38	+52:51	11:11
92	1297	Nelson Lopes	individual	Senior Masculino	02:36:41	+52:55	11:12
93	1300	NUNO FILIPE ALMEIDA TEIXEIRA	individual	Senior Masculino	02:36:47	+53:01	11:12
94	1407	Paulo Graça	individual	Veterano M50	02:36:51	+53:04	11:12
95	46	Alcino Vieira	factor x / s4l / medense fc	Veterano M50	02:37:01	+53:15	11:13
96	1080	António Jorge Coelho Sousa	amigos do pedal trailagares	Veterano M40	02:37:02	+53:15	11:13
97	1023	Frederico Máximo	aesthetical team running	Senior Masculino	02:37:02	+53:16	11:13
98	1585	Carlos Martins	porto sentido runners	Veterano M50	02:37:11	+53:25	11:14
99	1225	Cristiana Ferreira	individual	Senior Feminino	02:37:11	+53:25	11:14
100	1577	Joaquim Moreira	porto sentido runners	Veterano M40	02:37:11	+53:25	11:14
101	1168	Filipe Escobar	ei team trail	Veterano M40	02:37:31	+53:45	11:15
102	1481	Eduardo Quaresma	oralklass - amigos do trail	Senior Masculino	02:37:42	+53:56	11:16
103	1123	Joaquim Soares	btt alegria // tubani	Veterano M40	02:37:44	+53:58	11:16
104	1127	Adão Rocha	btt alegria // tubani	Veterano M50	02:38:00	+54:14	11:17
105	1012	Pedro Vieira	a. d. sebolido trail boneca douro	Senior Masculino	02:38:20	+54:34	11:19
106	1259	Carlos Nogueira	individual	Senior Masculino	02:38:25	+54:38	11:19
107	1207	Flávio Ortins	gtt - armazém do caffè	Senior Masculino	02:38:31	+54:44	11:19
108	1413	BRUNO MELO	invictus oporto team	Senior Masculino	02:38:31	+54:45	11:19
109	1042	Mário João Dias Coelho	alice manuela	Senior Masculino	02:38:34	+54:48	11:20
110	71	JOAO MIGUEL GOMES SOARES PIRES	individual	Senior Masculino	02:38:44	+54:58	11:20
111	1532	Dinis Sousa	porto sentido runners	Senior Masculino	02:38:46	+55:00	11:20
112	112	José Jeremias Cunha Barbosa	nocturnos de paredes	Senior Masculino	02:38:48	+55:02	11:21
113	1469	Albertina Cunha	nocturnos de paredes	Senior Feminino	02:38:54	+55:08	11:21
114	1456	Claudia Moreira	moinhos run adm	Senior Feminino	02:38:54	+55:08	11:21
115	1458	luisa cruz	moinhos run adm	Senior Feminino	02:38:55	+55:09	11:21
116	1439	António Ribeiro	lusitanus team	Veterano M50	02:39:15	+55:29	11:23
117	1617	André Manuel Maria Moreira	rumo ao reforço	Senior Masculino	02:39:24	+55:38	11:23
118	1021	Renato Lourenço	activegym	Senior Masculino	02:40:17	+56:30	11:27
119	1541	Pedro Ferreira	porto sentido runners	Senior Masculino	02:40:17	+56:31	11:27
120	1405	Manuel António da Silva Monteiro	individual	Veterano M50	02:40:20	+56:34	11:27
121	1570	Avelino Rocha	porto sentido runners	Veterano M40	02:40:35	+56:49	11:28
122	1320	Valter moreira	individual	Senior Masculino	02:40:45	+56:59	11:29
123	1289	Luís Maia	individual	Senior Masculino	02:40:57	+57:11	11:30
124	1321	Vitor manuel ribeiro Dias	individual	Senior Masculino	02:41:10	+57:24	11:31
125	1374	Jorge Nápoles	individual	Veterano M40	02:42:00	+58:13	11:34
126	1268	Fernado Jorge Soares Torrão	individual	Senior Masculino	02:42:43	+58:57	11:37
127	1060	Tó Faria	amigos 100 limites	Senior Masculino	02:42:56	+59:10	11:38
128	1308	Ricardo Novais	individual	Senior Masculino	02:43:06	+59:19	11:39
129	1392	Rui Manuel da Rocha Moreira	individual	Veterano M40	02:43:18	+59:32	11:40
130	1200	Pedro Sousa	gondomar futsal clube	Veterano M50	02:43:21	+59:35	11:40

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
131	1261	Davide Freitas	individual	Senior Masculino	02:43:23	+59:37	11:40
132	1313	Rui Sameiro	individual	Senior Masculino	02:44:05	+01:00:18	11:43
133	19	Nuno Fernandes	arcorun	Senior Masculino	02:44:36	+01:00:50	11:45
134	1364	Carlos Pereira	individual	Veterano M40	02:44:40	+01:00:54	11:46
135	1092	Sergio sousa	baltar trailrunners	Veterano M40	02:44:46	+01:01:00	11:46
136	1384	Miguel Ferreira	individual	Veterano M40	02:44:59	+01:01:13	11:47
137	1624	Jorge Almeida	soplalifana	Veterano M40	02:45:04	+01:01:18	11:47
138	1433	Manuel Sousa Gomes	liga-dura canoagem	Veterano M40	02:45:21	+01:01:35	11:49
139	1353	Fatima Pais	individual	Veterana F50	02:45:34	+01:01:48	11:50
140	1298	Nuno cunha	individual	Senior Masculino	02:45:43	+01:01:57	11:50
141	1477	Daniel Vieira	nova linha trail runners	Veterano M40	02:45:50	+01:02:04	11:51
142	1253	bruno aires	individual	Senior Masculino	02:46:06	+01:02:20	11:52
143	1588	Óscar Loureiro	porto sentido runners	Veterano M50	02:46:10	+01:02:23	11:52
144	1417	Bruno Miguel Bessa Ribeiro	javallis portugal	Senior Masculino	02:46:13	+01:02:27	11:52
145	1318	Telmo Andre Moreira cardo	individual	Senior Masculino	02:46:28	+01:02:42	11:53
146	1310	Rui Gomes	individual	Senior Masculino	02:46:35	+01:02:49	11:54
147	1622	Diogo Silva	soplalifana	Senior Masculino	02:47:16	+01:03:30	11:57
148	1070	António Manuel Moreira Barbosa	amigos do pedal trailagares	Senior Masculino	02:47:51	+01:04:05	11:59
149	1072	Fernando Ismael Oliveira Nogueira	amigos do pedal trailagares	Senior Masculino	02:47:51	+01:04:05	11:59
150	1176	Joaquim Carvalho	factor x / s4l / medense fc	Senior Masculino	02:48:59	+01:05:12	12:04
151	1055	Joaquim Augusto Teixeira Sec	alto relevo - clube de montanhismo	Veterano M50	02:49:38	+01:05:52	12:07
152	1531	Bruno Guedes	porto sentido runners	Senior Masculino	02:50:02	+01:06:16	12:09
153	1317	Sérgio Coelho	individual	Senior Masculino	02:50:06	+01:06:20	12:09
154	1394	Rui Rocha	individual	Veterano M40	02:50:37	+01:06:50	12:11
155	1337	Maria teixeira	individual	Veterana F40	02:50:41	+01:06:55	12:12
156	1429	Hugo Teixeira	liga-dura canoagem	Senior Masculino	02:50:55	+01:07:08	12:13
157	1438	António Gonçalves	lusitanus team	Senior Masculino	02:51:35	+01:07:49	12:15
158	111	Rui Quinta	moinhos run adrm	Veterano M50	02:51:40	+01:07:54	12:16
159	1206	Jose Leite da Rocha	grupo desportivo luz verde	Veterano M50	02:51:55	+01:08:09	12:17
160	1117	Jorge Cruz	btt alegria // tubani	Senior Masculino	02:52:08	+01:08:22	12:18
161	1479	Martinho Monteiro	nova linha trail runners	Veterano M50	02:53:19	+01:09:33	12:23
162	1474	Tania Monteiro	nova linha trail runners	Senior Feminino	02:53:25	+01:09:39	12:23
163	1145	ANTONIO MIRANDA	correr por um sorriso	Veterano M50	02:54:21	+01:10:35	12:27
164	1265	Duarte Dias	individual	Senior Masculino	02:54:36	+01:10:50	12:28
165	1111	Daniel Sousa	btt alegria // tubani	Senior Masculino	02:54:43	+01:10:57	12:29
166	1053	Artur Silva	all about spirit team	Veterano M50	02:55:17	+01:11:30	12:31
167	1476	Maria Joaquina Pinto	nova linha trail runners	Veterana F40	02:55:29	+01:11:43	12:32
168	1365	David Azevedo	individual	Veterano M40	02:55:40	+01:11:54	12:33
169	1214	Cédric Silva	índios de btrail	Senior Masculino	02:55:46	+01:12:00	12:33
170	1215	Filipe Gonçalves	índios de btrail	Senior Masculino	02:55:47	+01:12:01	12:33
171	1292	Mário Estêvão	individual	Senior Masculino	02:56:08	+01:12:22	12:35
172	1397	Artur Mário de Carvalho Moraes	individual	Veterano M50	02:58:06	+01:14:20	12:43
173	1122	Paulo Nunes	btt alegria // tubani	Veterano M40	02:58:20	+01:14:34	12:44
174	1088	Vitor Folgado	arcorun	Veterano M40	02:59:06	+01:15:20	12:48
175	1293	Mário Soares	individual	Senior Masculino	02:59:09	+01:15:23	12:48

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
176	1408	Paulo Manuel Ferreira da Silva	individual	Veterano M50	02:59:10	+01:15:24	12:48
177	1019	Jorge Lopes	activegym	Senior Masculino	02:59:40	+01:15:54	12:50
178	1306	Pedro Miguel Cerqueira Teles de Oliveira	individual	Senior Masculino	02:59:41	+01:15:55	12:50
179	1363	António Gaspar	individual	Veterano M40	02:59:44	+01:15:58	12:50
180	1281	Jorge Manuel Lopes Pereira	individual	Senior Masculino	03:00:29	+01:16:43	12:54
181	1533	Filipe Cardoso	porto sentido runners	Senior Masculino	03:00:34	+01:16:48	12:54
182	1611	rui teixeira	reumático	Veterano M40	03:01:20	+01:17:34	12:57
183	1534	Filipe Maria	porto sentido runners	Senior Masculino	03:01:28	+01:17:42	12:58
184	1098	Márcia Cunha	btt alegria // tubani	Senior Feminino	03:01:28	+01:17:42	12:58
185	1354	GRAÇA RIBEIRO	individual	Veterana F50	03:01:34	+01:17:47	12:58
186	1514	José Manuel Carneiro	perdidos no trail	Veterano M40	03:01:56	+01:18:10	13:00
187	1449	Vitor Hugo Lima dos Santos	mancos a vista	Senior Masculino	03:02:00	+01:18:14	13:00
188	1062	Sérgio Moreira	amigos 100 limites	Veterano M40	03:02:04	+01:18:18	13:00
189	1636	Manuel Gomes	team shark	Veterano M40	03:02:58	+01:19:11	13:04
190	1008	Fábio Correia	a. d. sebolido trail boneca douro	Senior Masculino	03:03:37	+01:19:51	13:07
191	1576	João Pinheiro	porto sentido runners	Veterano M40	03:03:45	+01:19:59	13:08
192	1181	Manuel Rocha	fast ao km	Veterano M50	03:03:51	+01:20:05	13:08
193	1581	Marco Caldas	porto sentido runners	Veterano M40	03:04:02	+01:20:16	13:09
194	1586	Fernando Ferraz	porto sentido runners	Veterano M50	03:04:02	+01:20:16	13:09
195	1558	Luísa Marques	porto sentido runners	Veterana F40	03:04:03	+01:20:17	13:09
196	1475	Cidália Ferreira	nova linha trail runners	Veterana F40	03:04:36	+01:20:50	13:11
197	1583	Vasco Luxo	porto sentido runners	Veterano M40	03:04:37	+01:20:51	13:11
198	1316	Sérgio Alves	individual	Senior Masculino	03:04:37	+01:20:51	13:11
199	1182	Ricardo A. Silva Sousa	fit gaia trail	Veterano M40	03:04:43	+01:20:57	13:12
200	21	Jorge Leite	arcorun	Veterano M40	03:04:43	+01:20:57	13:12
201	1625	Maria Sousa	team aguenta aí	Senior Feminino	03:04:52	+01:21:06	13:12
202	1105	Sofia Ferreira	btt alegria // tubani	Senior Feminino	03:04:53	+01:21:07	13:12
203	1627	Luís Teixeira	team aguenta aí	Senior Masculino	03:05:30	+01:21:44	13:15
204	1623	Henrique Sousa	soplábifana	Veterano M40	03:07:33	+01:23:47	13:24
205	1201	Diana Oliveira	grupo desportivo luz verde	Senior Feminino	03:07:33	+01:23:47	13:24
206	1621	Rafael Ornelas	sc espinho	Senior Masculino	03:07:48	+01:24:02	13:25
207	1607	helder rocha	reumático	Senior Masculino	03:07:54	+01:24:07	13:25
208	1307	Ricardo lento	individual	Senior Masculino	03:08:44	+01:24:58	13:29
209	1415	ADRIANO BARROS	invictus oporto team	Veterano M50	03:08:56	+01:25:10	13:30
210	1403	José Maria Teixeira	individual	Veterano M50	03:09:01	+01:25:14	13:30
211	1571	Carlos Duarte	porto sentido runners	Veterano M40	03:09:08	+01:25:22	13:31
212	1399	David da Silva Peixoto	individual	Veterano M50	03:09:29	+01:25:43	13:32
213	1040	Alice Manuela Dias Coelho	alice manuela	Senior Feminino	03:10:38	+01:26:52	13:37
214	1254	Bruno Gonçalves	individual	Senior Masculino	03:10:41	+01:26:55	13:37
215	1511	Eduardo Falcão	perdi o táxi	Veterano M40	03:10:42	+01:26:56	13:37
216	1419	Liliana Vieira	kemedo team	Senior Feminino	03:10:43	+01:26:57	13:37
217	1609	paulo teixeira	reumático	Veterano M40	03:10:48	+01:27:02	13:38
218	1272	helder rodrigues	individual	Senior Masculino	03:11:02	+01:27:16	13:39
219	1380	José Manuel de Sá Ferreira	individual	Veterano M40	03:11:07	+01:27:20	13:39
220	1428	Francisco Soares	liga-dura canoagem	Senior Masculino	03:12:24	+01:28:38	13:45

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	TKM
221	1309	Ruben Alves	individual	Senior Masculino	03:12:51	+01:29:05	13:47
222	1393	Rui Miguel de Castro Pereira	individual	Veterano M40	03:13:42	+01:29:56	13:50
223	1427	Filipe Silva	liga-dura canoagem	Senior Masculino	03:14:31	+01:30:45	13:54
224	1603	mara freitas	reumático	Senior Feminino	03:14:41	+01:30:55	13:54
225	1404	José Paulo Cardoso	individual	Veterano M50	03:14:56	+01:31:10	13:55
226	1600	claudia rocha	reumático	Senior Feminino	03:15:00	+01:31:13	13:56
227	1551	Cidália Soares	porto sentido runners	Veterana F40	03:15:01	+01:31:15	13:56
228	1595	PAULO FERREIRA	portocargo	Veterano M40	03:15:04	+01:31:18	13:56
229	1277	João Pedro Silva Gomes	individual	Senior Masculino	03:15:22	+01:31:36	13:57
230	1217	Francisco Cardoso	índios de btrail	Senior Masculino	03:15:33	+01:31:47	13:58
231	1022	Rui Silva	activegym	Senior Masculino	03:15:47	+01:32:01	13:59
232	1437	Ana Monteiro	lusitanus team	Senior Feminino	03:15:55	+01:32:08	14:00
233	1359	MARIA FERNANDA NUNES SANTOS	individual	Veterana F50	03:16:03	+01:32:16	14:00
234	1285	José Manuel Ferreira Ribeiro	individual	Senior Masculino	03:16:48	+01:33:02	14:03
235	1020	Orlando Vieira	activegym	Senior Masculino	03:18:14	+01:34:27	14:10
236	1406	Manuel Teixeira	individual	Veterano M50	03:18:17	+01:34:31	14:10
237	1186	Fernando Jorge	friends	Veterano M40	03:19:11	+01:35:25	14:14
238	1290	Manuel Ribeiro	individual	Senior Masculino	03:20:25	+01:36:39	14:19
239	1273	Hugo Jesus	individual	Senior Masculino	03:20:42	+01:36:56	14:20
240	1311	Rui Graça	individual	Senior Masculino	03:21:32	+01:37:46	14:24
241	1073	Fernando Micael Silva Ferreira	amigos do pedal trailagares	Senior Masculino	03:21:38	+01:37:52	14:24
242	1446	Bruno Oliveira	mancos a vista	Senior Masculino	03:21:39	+01:37:53	14:24
243	1110	Carlos Peres	btt alegria // tubani	Senior Masculino	03:21:47	+01:38:01	14:25
244	1294	Miguel Machado	individual	Senior Masculino	03:21:50	+01:38:04	14:25
245	1223	Carla Rocha	individual	Senior Feminino	03:21:50	+01:38:04	14:25
246	1455	hugo moura	mirras	Senior Masculino	03:22:08	+01:38:22	14:26
247	1454	gabriela madeira	mirras	Senior Feminino	03:22:08	+01:38:22	14:26
248	1173	Bruno Lopes	factor x / s4l / medense fc	Senior Masculino	03:22:28	+01:38:42	14:28
249	1619	maria lucinda barbosa moreira	s.luiz	Veterana F50	03:22:30	+01:38:44	14:28
250	1620	augusto pinto barbosa	s.luiz	Veterano M50	03:22:30	+01:38:44	14:28
251	1187	Miguel Bandeira	friends	Veterano M40	03:22:52	+01:39:06	14:29
252	1555	Fernanda Lopes	porto sentido runners	Veterana F40	03:23:10	+01:39:24	14:31
253	1548	Alice Sousa	porto sentido runners	Veterana F40	03:24:59	+01:41:13	14:39
254	1388	Pedro Cardoso	individual	Veterano M40	03:25:11	+01:41:25	14:39
255	1398	Carlos Almeida	individual	Veterano M50	03:25:24	+01:41:38	14:40
256	1470	Tania Cardoso	nocturnos de paredes	Senior Feminino	03:25:37	+01:41:51	14:41
257	1460	Claudia Marisa Sousa	mountain runners	Senior Feminino	03:25:54	+01:42:08	14:42
258	1287	José Pedro Freitas	individual	Senior Masculino	03:26:29	+01:42:43	14:45
259	1351	Cristina Maria da Silva Moreira	individual	Veterana F50	03:27:04	+01:43:18	14:47
260	1291	Márcio Silva	individual	Senior Masculino	03:27:58	+01:44:12	14:51
261	1077	Cristina Maria Ferreira Sousa	amigos do pedal trailagares	Veterana F40	03:29:04	+01:45:18	14:56
262	1547	Vitor Martins	porto sentido runners	Senior Masculino	03:29:14	+01:45:28	14:57
263	1014	Carla Alves	a. d. sebolido trail boneca douro	Veterana F40	03:29:19	+01:45:33	14:57
264	1227	Diana Marisa Vieira Paiva	individual	Senior Feminino	03:29:19	+01:45:33	14:57
265	1256	Bruno Nogueira	individual	Senior Masculino	03:29:29	+01:45:43	14:58

TRAIL CURTO - STAGE 1

14 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
266	1641	Ligia Lopes	trepatrinhos trail team	Senior Feminino	03:29:52	+01:46:06	14:59
267	1409	Sergio Pereira	individual	Veterano M50	03:29:52	+01:46:06	14:59
268	1606	andré pinho	reumático	Senior Masculino	03:31:48	+01:48:02	15:08
269	1276	Joao Filipe Moreira de Sousa	individual	Senior Masculino	03:31:51	+01:48:05	15:08
270	1550	Berta Ferreira	porto sentido runners	Veterana F40	03:31:54	+01:48:08	15:08
271	1199	Carlos Oliveira	gondomar futsal clube	Veterano M50	03:32:04	+01:48:18	15:09
272	1078	Sérgio Ferreira	amigos do pedal trailagares	Senior Masculino	03:32:06	+01:48:20	15:09
273	1057	Patrícia Conceição	amigos 100 limites	Senior Feminino	03:32:15	+01:48:29	15:10
274	1058	Alcino Silva	amigos 100 limites	Senior Masculino	03:32:15	+01:48:29	15:10
275	1269	Filipe Rocha	individual	Senior Masculino	03:32:37	+01:48:51	15:11
276	1537	Hugo Dias	porto sentido runners	Senior Masculino	03:32:41	+01:48:55	15:12
277	1174	Carlos Frutuoso	factor x / s4l / medense fc	Senior Masculino	03:34:46	+01:51:00	15:20
278	1115	Sergio sousa	btt alegria // tubani	Senior Masculino	03:35:01	+01:51:15	15:22
279	1189	Luis Espirito Santo	friends	Veterano M50	03:35:22	+01:51:36	15:23
280	1447	Carlos Santos	mancos a vista	Senior Masculino	03:37:09	+01:53:23	15:31
281	1420	Rita Leal	kemedo team	Senior Feminino	03:37:09	+01:53:23	15:31
282	1372	Jorge Caldas	individual	Veterano M40	03:37:09	+01:53:23	15:31
283	1464	Emílio João Carvalho	mountain runners	Veterano M40	03:38:18	+01:54:32	15:36
284	1546	Tiago Correia	porto sentido runners	Senior Masculino	03:38:35	+01:54:49	15:37
285	1377	José Bonifácio	individual	Veterano M40	03:38:36	+01:54:50	15:37
286	1441	Raquel Costa	lusos xxi	Senior Feminino	03:38:58	+01:55:12	15:38
287	1442	Helder Mota	lusos xxi	Senior Masculino	03:38:58	+01:55:12	15:38
288	1443	Sérgio Costa	lusos xxi	Senior Masculino	03:38:59	+01:55:13	15:39
289	1618	Sérgio Miguel Maria Moreira	rumo ao reforço	Senior Masculino	03:39:01	+01:55:14	15:39
290	1113	Filipe Cruz	btt alegria // tubani	Senior Masculino	03:41:15	+01:57:29	15:48
291	1328	Cândida Moreira	individual	Veterana F40	03:41:22	+01:57:36	15:49
292	1194	António Rodrigues	fugitivos urbanos - clínica + saude	Veterano M40	03:41:27	+01:57:41	15:49
293	1191	ERINA PEREIRA	fugitivos urbanos - clínica + saude	Senior Feminino	03:41:28	+01:57:42	15:49
294	1596	MANUEL PEREIRA	portocargo	Veterano M50	03:41:42	+01:57:56	15:50
295	1164	Ricardo Martins	ddt runners	Senior Masculino	03:41:43	+01:57:57	15:50
296	1076	Carmen Moreira	amigos do pedal trailagares	Veterana F40	03:41:45	+01:57:59	15:50
297	1205	Rosa Oliveira	grupo desportivo luz verde	Veterana F50	03:41:57	+01:58:10	15:51
298	1083	Marta Carvalho	arcorun	Senior Feminino	03:42:05	+01:58:19	15:52
299	1400	Isaac Batista Pereira	individual	Veterano M50	03:42:10	+01:58:24	15:52
300	1236	Lucia Gomes Sousa	individual	Senior Feminino	03:42:13	+01:58:27	15:52
301	1221	Andreia Cardoso	individual	Senior Feminino	03:42:15	+01:58:29	15:53
302	1345	sandra fereira	individual	Veterana F40	03:42:20	+01:58:34	15:53
303	1085	Glória Santos	arcorun	Veterana F50	03:42:20	+01:58:34	15:53
304	1540	Paulo Conde	porto sentido runners	Senior Masculino	03:42:22	+01:58:35	15:53
305	1528	Sara Nunes	porto sentido runners	Senior Feminino	03:42:22	+01:58:36	15:53
306	1436	Daniela Sarmento	lion runners - g. d. leões da guarda	Veterana F40	03:42:28	+01:58:42	15:53
307	1584	Agostinho Lopes	porto sentido runners	Veterano M50	03:42:30	+01:58:44	15:54
308	1209	Nuno Teixeira	imperadores	Senior Masculino	03:42:36	+01:58:50	15:54
309	1614	Nuno Vasco Martins Ferreira da Rocha	rocha's	Senior Masculino	03:42:44	+01:58:58	15:55
310	1396	Alcideo Figueiredo	individual	Veterano M50	03:42:49	+01:59:03	15:55

TRAIL CURTO - STAGE 1

14 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
311	1068	Susana Marisa da Cunha Melo Leal	amigos do pedal trailagares	Senior Feminino	03:42:50	+01:59:03	15:55
312	1066	Cátia Sofia Rodrigues Oliveira	amigos do pedal trailagares	Senior Feminino	03:42:50	+01:59:04	15:55
313	1605	veronica vieira	reumático	Senior Feminino	03:42:56	+01:59:10	15:55
314	1608	nuno Freitas	reumático	Senior Masculino	03:42:57	+01:59:10	15:56
315	1143	Cristina Rocha	comdor runners	Senior Feminino	03:43:02	+01:59:15	15:56
316	1108	Maria da Luz Pinto	btt alegria // tubani	Senior Feminino	03:43:02	+01:59:16	15:56
317	1166	Paulo Ferreira	ddt runners	Veterano M40	03:43:04	+01:59:18	15:56
318	1314	Rui Santos	individual	Senior Masculino	03:43:23	+01:59:37	15:57
319	1610	pedro ferreira	reumático	Veterano M40	03:43:45	+01:59:59	15:59
320	1100	Patrícia Pinto	btt alegria // tubani	Senior Feminino	03:44:06	+02:00:20	16:00
321	1346	Sandra Mendes	individual	Veterana F40	03:44:11	+02:00:25	16:01
322	1634	Maria Alves	team shark	Veterana F50	03:45:00	+02:01:14	16:04
323	1435	Victor Manuel de Sousa Gomes	liga-dura canoagem	Veterano M40	03:45:25	+02:01:39	16:06
324	1515	Alexandra Freitas	porto sentido runners	Senior Feminino	03:45:25	+02:01:39	16:06
325	1135	Flávio Soares	cal - clube atletismo de lamas	Veterano M40	03:47:31	+02:03:45	16:15
326	1134	Teresa Tavares	cal - clube atletismo de lamas	Veterana F40	03:47:31	+02:03:45	16:15
327	1647	Lurdes Tavares	cal - clube atletismo de lamas	Veterana F40	03:47:31	+02:03:45	16:15
328	1426	Luis Martins	kikas team	Veterano M40	03:48:19	+02:04:33	16:19
329	1425	Patrícia Alves	kikas team	Senior Feminino	03:48:20	+02:04:34	16:19
330	1349	Susana Leal	individual	Veterana F40	03:48:25	+02:04:39	16:19
331	1054	Célia Vieira	alto relevo - clube de montanhismo	Veterana F40	03:48:46	+02:05:00	16:20
332	1554	Elizabete Loureiro	porto sentido runners	Veterana F40	03:50:12	+02:06:26	16:27
333	1553	Delmina Oliveira	porto sentido runners	Veterana F40	03:50:12	+02:06:26	16:27
334	1517	Carla Pinto	porto sentido runners	Senior Feminino	03:50:12	+02:06:26	16:27
335	1160	Rui Pedro Mendes	dão nelas runners	Senior Masculino	03:50:14	+02:06:28	16:27
336	1219	José Cardoso	índios de btrail	Veterano M50	03:50:23	+02:06:37	16:27
337	1645	Paula Teixeira	individual	Veterana F50	03:51:43	+02:07:57	16:33
338	1444	Marisa Doreta	m&m	Senior Feminino	03:54:23	+02:10:37	16:45
339	1445	Miguel Queirós	m&m	Veterano M40	03:54:23	+02:10:37	16:45
340	1560	Margarida Sousa	porto sentido runners	Veterana F40	03:55:19	+02:11:33	16:49
341	1061	Pedro Silva	amigos 100 limites	Veterano M40	03:55:59	+02:12:13	16:51
342	1065	Carina Gonçalves Ferreira	amigos do pedal trailagares	Senior Feminino	03:57:08	+02:13:22	16:56
343	1389	Pedro Machado	individual	Veterano M40	03:57:41	+02:13:54	16:59
344	1244	Raquel Almeida	individual	Senior Feminino	03:57:45	+02:13:59	16:59
345	1366	Fernando Jorge Vieira Rocha	individual	Veterano M40	03:58:02	+02:14:16	17:00
346	1631	Alexandra Bessa	team aguenta aí	Veterana F40	03:58:06	+02:14:20	17:00
347	1591	NUNO NASCIMENTO	portocargo	Senior Masculino	03:58:35	+02:14:49	17:03
348	1633	Graça Silva	team shark	Veterana F50	03:58:35	+02:14:49	17:03
349	1331	Cláudia Ribeiro	individual	Veterana F40	03:58:44	+02:14:58	17:03
350	1526	Rute Rocha	porto sentido runners	Senior Feminino	03:58:44	+02:14:58	17:03
351	1323	Vítor Sousa	individual	Senior Masculino	03:58:46	+02:15:00	17:03
352	1248	Sara Rocha	individual	Senior Feminino	03:59:01	+02:15:15	17:04
353	1412	Antonio Oliveira	invicta runners team	Veterano M50	04:00:08	+02:16:22	17:09
354	1432	Vasco Andrade	liga-dura canoagem	Senior Masculino	04:01:52	+02:18:06	17:17
355	1424	Luis Gomes	kemedo team	Veterano M40	04:01:55	+02:18:09	17:17

TRAIL CURTO - STAGE 1

14 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
400	1005	Carina Alves	a. d. sebolido trail boneca douro	Senior Feminino	04:26:29	+02:42:43	19:02
401	1240	Marina rocha	individual	Senior Feminino	04:26:52	+02:43:06	19:04
402	1467	Ana Caetano	não se diz	Senior Feminino	04:26:53	+02:43:07	19:04
403	1015	Mãe Mina	a. d. sebolido trail boneca douro	Veterana F50	04:26:55	+02:43:09	19:04
404	1440	Daniela Sousa	lusos xxi	Senior Feminino	04:27:03	+02:43:17	19:05
405	1295	Miguel Moreira	individual	Senior Masculino	04:27:03	+02:43:17	19:05
406	1025	Tiago Marques	alegros	Senior Masculino	04:28:54	+02:45:08	19:12
407	1026	Olga Soares	alegros	Veterana F40	04:28:56	+02:45:10	19:13
408	1471	Tânia Ferreira	nocturnos de paredes	Senior Feminino	04:29:23	+02:45:37	19:15
409	1461	Daniela Filipa Machado	mountain runners	Senior Feminino	04:29:23	+02:45:37	19:15
410	1343	Rosa Maria Teixeira Barbosa	individual	Veterana F40	04:29:24	+02:45:38	19:15
411	1379	José Fernando Leal Pais Neto	individual	Veterano M40	04:29:25	+02:45:39	19:15
412	1604	marisa pinto	reumático	Senior Feminino	04:31:16	+02:47:30	19:23
413	1037	Fátima Ramos	aliança de gandra	Veterana F40	04:33:49	+02:50:03	19:34
414	1033	Joana Soares	aliança de gandra	Senior Feminino	04:33:49	+02:50:03	19:34
415	1369	HELDER CASTRO	individual	Veterano M40	04:33:57	+02:50:11	19:34
416	1360	Paula Teixeira	individual	Senior Feminino	04:34:29	+02:50:43	19:36
417	1530	André Oliveira	porto sentido runners	Senior Masculino	04:34:48	+02:51:02	19:38
418	1041	Carolina Isabel Alves Martins	alice manuela	Senior Feminino	04:39:06	+02:55:20	19:56
419	1572	Cláudio Cerqueira	porto sentido runners	Veterano M40	04:39:24	+02:55:38	19:57
420	1224	Cláudia Novais	individual	Senior Feminino	04:39:28	+02:55:42	19:58
421	1567	Maria Silva	porto sentido runners	Veterana F50	04:39:51	+02:56:05	19:59
422	1506	Ilidia Isabel da Rocha	pedais de aço btt	Senior Feminino	04:42:09	+02:58:23	20:09
423	1651	Bruno Vieira	os aceleras	Senior Masculino	04:43:23	+02:59:37	20:15
424	1116	Tiago Gomes	btt alegria // tubani	Senior Masculino	04:43:26	+02:59:40	20:15
425	1125	Manuel Ferreira	btt alegria // tubani	Veterano M40	04:43:26	+02:59:40	20:15
426	1652	Paulo Santos	os aceleras	Senior Masculino	04:43:27	+02:59:41	20:15
427	1034	Luísa Rocha	aliança de gandra	Senior Feminino	04:43:29	+02:59:43	20:15
428	1050	Paulo Joia	all about spirit team	Veterano M40	04:43:30	+02:59:44	20:15
429	1126	Tony Mendes	btt alegria // tubani	Veterano M40	04:43:30	+02:59:44	20:15
430	1101	Paula Ferreira	btt alegria // tubani	Senior Feminino	04:43:30	+02:59:44	20:15
431	1095	Cristina Neves	btt alegria // tubani	Senior Feminino	04:43:31	+02:59:45	20:15
432	1106	Susana Oliveira	btt alegria // tubani	Senior Feminino	04:43:31	+02:59:45	20:15
433	1213	André Rodrigues	índios de btrail	Senior Masculino	04:43:32	+02:59:46	20:15
434	1212	Raquel Sousa	índios de btrail	Senior Feminino	04:43:33	+02:59:47	20:15
435	1210	Filipa Cardoso	índios de btrail	Senior Feminino	04:43:33	+02:59:47	20:15
436	1594	CARLOS OLIVEIRA	portocargo	Veterano M40	04:43:34	+02:59:48	20:15
437	1038	Rosa Soares	aliança de gandra	Veterana F50	04:43:44	+02:59:58	20:16
438	1161	João Rijo Mendes	dão nelas runners	Veterano M50	04:43:57	+03:00:11	20:17
439	1159	João Pedro Mendes	dão nelas runners	Senior Masculino	04:44:00	+03:00:14	20:17
440	1172	Joana Machado	factor x / s4l / medense fc	Senior Feminino	04:44:00	+03:00:14	20:17
441	1518	Carmen Loureiro	porto sentido runners	Senior Feminino	04:44:00	+03:00:14	20:17
442	1593	LAURA VIEIRA	portocargo	Veterana F40	04:47:57	+03:04:11	20:34
443	1592	DULCE RESENDE	portocargo	Veterana F40	04:47:57	+03:04:11	20:34
444	1640	Vânia Santos	trail sra do salto	Senior Feminino	04:48:15	+03:04:28	20:35
445	1639	Sandra Lopes	trail sra do salto	Senior Feminino	04:48:16	+03:04:30	20:35

TRAIL CURTO - STAGE 1

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REVISED

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
446	1613	Sara Patrícia dos Santos Rocha	rocha's	Senior Feminino	04:48:27	+03:04:41	20:36
447	1615	Fernanda de Sousa Santos Neves da Rocha	rocha's	Veterana F40	04:48:27	+03:04:41	20:36
448	1616	José Neves da Rocha	rocha's	Veterano M50	04:48:27	+03:04:41	20:36
449	1086	Jorge Oliveira	arcorun	Veterano M40	04:48:31	+03:04:44	20:37
450	1082	Claudia Dias	arcorun	Senior Feminino	04:48:31	+03:04:45	20:37
451	1084	Veronica Sampaio	arcorun	Veterana F40	04:48:31	+03:04:45	20:37
452	1234	IVONE CATIA MARTINS ROCHA	individual	Senior Feminino	04:48:34	+03:04:48	20:37
453	1228	Elisabete Maia	individual	Senior Feminino	04:48:43	+03:04:57	20:37
454	1597	Andréia Carina Moreira Barbosa	resistentes	Senior Feminino	04:49:54	+03:06:07	20:42
455	1325	ANA JOSU	individual	Veterana F40	04:50:06	+03:06:20	20:43
456	1599	Manuel Joaquim Moreira Teixeira	resistentes	Veterano M50	04:50:44	+03:06:58	20:46
457	1410	JORGE ROCHA	invicta runners team	Senior Masculino	04:52:29	+03:08:43	20:54
458	1453	Joaninha silva	metralhas runners	Senior Feminino	04:52:29	+03:08:43	20:54
459	1327	Anabela reis	individual	Veterana F40	04:53:53	+03:10:06	21:00
460	1324	Ana Duarte	individual	Veterana F40	04:53:55	+03:10:09	21:00
461	1255	Bruno Miguel Moreira Pereira	individual	Senior Masculino	04:54:34	+03:10:48	21:02
462	1132	Pedro Miguel	buraco negro	Senior Masculino	04:56:47	+03:13:01	21:12
463	1130	Filipa Mendes	buraco negro	Senior Feminino	04:56:57	+03:13:10	21:13
464	1643	Ana Isabel de Freitas Lourenço	individual	Senior Feminino	04:59:26	+03:15:40	21:23
465	1644	Francisco Ricardo Pinto da Silva	individual	Senior Masculino	04:59:30	+03:15:44	21:24
466	1286	José Pedro Almeida Alves	individual	Senior Masculino	04:59:48	+03:16:02	21:25
467	1252	António Carlos Peixoto de Magalhães da Costa Gonçalves	individual	Senior Masculino	04:59:49	+03:16:03	21:25
468	11	Fernanda Magalhaes	all about spirit team	Veterana F40	05:01:05	+03:17:19	21:30
469	1047	Susana Rito	all about spirit team	Veterana F40	05:01:09	+03:17:23	21:31
470	1131	Inês Rodrigues	buraco negro	Senior Feminino	05:02:01	+03:18:15	21:34
471	1128	Ana Rosinhas	buraco negro	Senior Feminino	05:02:01	+03:18:15	21:34
472	1382	JOSUE DE ARAUJO LOURERIO	individual	Veterano M40	05:02:09	+03:18:23	21:35
473	1347	SARA FERREIRA MOREIRA	individual	Veterana F40	05:02:10	+03:18:24	21:35
474	1006	Telma Carina Teixeira Leite	a. d. sebolido trail boneca douro	Senior Feminino	05:02:17	+03:18:31	21:36
475	1563	Sandra Mascarenhas	porto sentido runners	Veterana F40	05:02:21	+03:18:35	21:36
476	1336	Luz Costa	individual	Veterana F40	05:02:22	+03:18:36	21:36
477	1601	helena ferreira	reumático	Senior Feminino	05:02:24	+03:18:38	21:36
478	1602	juliana mota	reumático	Senior Feminino	05:02:26	+03:18:40	21:36
479	1395	Victor Rodrigues	individual	Veterano M40	05:03:10	+03:19:24	21:39
480	1184	Conceição Pinto	friends	Veterana F40	05:03:10	+03:19:24	21:39
481	1188	Mohammed Moudnib	friends	Veterano M40	05:03:21	+03:19:34	21:40
482	1357	judite silva	individual	Veterana F50	05:06:10	+03:22:24	21:52
483	1638	Flávia Nogueira	trail sra do salto	Senior Feminino	05:06:33	+03:22:46	21:54
484	1490	Catia Leite	os marretas	Senior Feminino	05:06:36	+03:22:49	21:54
485	1491	Elsa Leite	os marretas	Senior Feminino	05:06:49	+03:23:03	21:55

TRAIL CURTO - STAGE 1

14 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	tkm
486	1024	Diogo Soares	alegros	Senior Masculino	05:07:15	+03:23:28	21:57
487	1229	Eloisa Andreia Araújo	individual	Senior Feminino	05:08:32	+03:24:45	22:02
488	1561	Maria Correia	porto sentido runners	Veterana F40	05:12:08	+03:28:21	22:18
489	1350	Bé Brazeta	individual	Veterana F50	05:12:08	+03:28:21	22:18
490	1401	José Guilherme Alecrim	individual	Veterano M50	05:13:51	+03:30:04	22:25
491	1183	Benedita Barreiros	friends	Senior Feminino	05:13:51	+03:30:04	22:25
492	1635	Paula salgado	team shark	Veterana F50	05:13:53	+03:30:07	22:25
493	1552	Cristina Silva	porto sentido runners	Veterana F40	05:18:10	+03:34:23	22:44
494	1587	Gaspar Silva	porto sentido runners	Veterano M50	05:18:10	+03:34:23	22:44
495	1340	Patricia Moreira	individual	Veterana F40	05:18:17	+03:34:31	22:44
496	1335	Luisa Valente	individual	Veterana F40	05:18:19	+03:34:32	22:44
497	1500	PAULO SOARES	os resistentes	Senior Masculino	05:25:25	+03:41:38	23:15
498	1498	VERA SOARES	os resistentes	Senior Feminino	05:25:26	+03:41:39	23:15
499	1497	ANDREIA SILVA	os resistentes	Senior Feminino	05:25:26	+03:41:39	23:15
500	1499	FERNANDO NETO	os resistentes	Senior Masculino	05:25:26	+03:41:40	23:15
501	1154	anita silva	danados	Senior Feminino	05:25:51	+03:42:04	23:17
502	1158	elsa dias	danados	Veterana F40	05:25:52	+03:42:05	23:17
503	1155	CARLOS BABOSA	danados	Senior Masculino	05:25:52	+03:42:05	23:17
504	1001	CLAUDIA MOURA	10 temidos	Senior Feminino	05:25:52	+03:42:06	23:17
505	1371	Ivo de Oliveira Almeida	individual	Veterano M40	05:28:58	+03:45:11	23:30
506	1338	Marlene Alexandra Andrade Teles Rodrigues	individual	Veterana F40	05:28:58	+03:45:12	23:30
507	1529	Tânia Gomes	porto sentido runners	Senior Feminino	05:32:47	+03:49:00	23:46
508	1557	Lia Costa	porto sentido runners	Veterana F40	05:32:48	+03:49:01	23:46
509	1564	Sandra Oliveira	porto sentido runners	Veterana F40	05:33:01	+03:49:14	23:47
510	1626	Rita Nogueira	team aguenta aí	Senior Feminino	05:33:13	+03:49:26	23:48
511	1628	Miguel Mota	team aguenta aí	Senior Masculino	05:33:14	+03:49:27	23:48
512	1342	Paula silva	individual	Veterana F40	05:33:14	+03:49:27	23:48
513	1046	Maria Jose Perez	all about spirit team	Veterana F40	05:36:11	+03:52:24	24:01
514	1052	Rui Santos	all about spirit team	Veterano M40	05:36:11	+03:52:25	24:01
515	1044	Ana Reis	all about spirit team	Veterana F40	05:36:12	+03:52:25	24:01
516	1522	Liliana Cerqueira	porto sentido runners	Senior Feminino	05:41:50	+03:58:04	24:25
517	1573	Filipe Coutinho	porto sentido runners	Veterano M40	05:42:13	+03:58:26	24:27
518	1579	José Sousa	porto sentido runners	Veterano M40	05:45:30	+04:01:43	24:41
519	1510	Laurindo Santos Moreira	pedais de aço btt	Veterano M50	05:49:33	+04:05:47	24:58
520	1508	Francisca Conceição Pacheco Ferreira	pedais de aço btt	Veterana F40	05:49:34	+04:05:47	24:58
521	1230	Flavia Teixeira	individual	Senior Feminino	05:49:38	+04:05:51	24:58
522	1568	Acilio Sousa	porto sentido runners	Veterano M40	05:49:40	+04:05:53	24:59
523	1559	Luisa Teixeira	porto sentido runners	Veterana F40	05:49:42	+04:05:55	24:59
524	1496	André Guedes	os marretas	Veterano M40	05:50:02	+04:06:15	25:00
525	1099	Marta Almeida	btt alegria // tubani	Senior Feminino	05:50:08	+04:06:22	25:01
526	1103	Paula Soares	btt alegria // tubani	Senior Feminino	05:50:08	+04:06:22	25:01
527	1118	Cristina Coelho	btt alegria // tubani	Veterana F40	05:50:18	+04:06:31	25:01
528	1140	Ricardo Monteiro	carro vassoura	Senior Masculino	05:50:26	+04:06:39	25:02
529	1137	Ana Guimarães	carro vassoura	Senior Feminino	05:50:27	+04:06:41	25:02
530	1138	Benedita Macedo	carro vassoura	Senior Feminino	05:50:28	+04:06:42	25:02

Trail Curto

14 KM

R
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OFFICIAL RESULT

40	1444	Marisa Doreta	M&M	Senior Feminino	03:54:23	+02:10:37	16:45
41	1065	Carina Gonçalves Ferreira	Amigos do Pedal TrailLagares	Senior Feminino	03:57:08	+02:13:22	16:56
42	1244	Raquel Almeida	Individual	Senior Feminino	03:57:45	+02:13:59	16:59
43	1526	Rute Rocha	Porto Sentido Runners	Senior Feminino	03:58:44	+02:14:58	17:03
44	1248	Sara Rocha	Individual	Senior Feminino	03:59:01	+02:15:15	17:04
45	1462	Diana Sofia Moreira	Mountain Runners	Senior Feminino	04:02:12	+02:18:26	17:18
46	1069	Telma Filipa Teixeira Rocha	Amigos do Pedal TrailLagares	Senior Feminino	04:07:05	+02:23:19	17:39
47	1242	Marisa Ornelas	Individual	Senior Feminino	04:07:47	+02:24:01	17:42
48	1064	Ana Rita Nogueira Coelho	Amigos do Pedal TrailLagares	Senior Feminino	04:07:56	+02:24:10	17:43
49	1148	Ana silva	Crossfitlavra	Senior Feminino	04:10:24	+02:26:38	17:53
50	1162	Marina Ramalho	DDT Runners	Senior Feminino	04:10:31	+02:26:45	17:54
51	37	andrea cunha	Danados	Senior Feminino	04:10:49	+02:27:02	17:55
52	1239	Maria João Cruz	Individual	Senior Feminino	04:11:05	+02:27:19	17:56
53	1249	Teresa Moreira	Individual	Senior Feminino	04:11:05	+02:27:19	17:56
54	1524	Patrícia Ribeiro	Porto Sentido Runners	Senior Feminino	04:11:09	+02:27:23	17:56
55	1516	Ana Nova	Porto Sentido Runners	Senior Feminino	04:11:10	+02:27:23	17:56
56	1149	Filipa monteiro	Crossfitlavra	Senior Feminino	04:11:17	+02:27:30	17:57
57	1232	Hélia Pimenta Dias	Individual	Senior Feminino	04:12:25	+02:28:39	18:02
58	1243	marta silva	Individual	Senior Feminino	04:13:53	+02:30:07	18:08
59	1245	Sandra ferreira	Individual	Senior Feminino	04:13:53	+02:30:07	18:08
60	1231	Francisca Martins	Individual	Senior Feminino	04:19:07	+02:35:21	18:31
61	1169	EMILIA OLIVEIRA	ENERGIA GINASIO	Senior Feminino	04:21:02	+02:37:16	18:39
62	1246	sandra oliveira	Individual	Senior Feminino	04:21:22	+02:37:36	18:40
63	1104	Sara Rocha	BTT Alegria // TUBANI	Senior Feminino	04:25:50	+02:42:04	18:59
64	1005	Carina Alves	A. D. Sebolido Trail Boneca Douro	Senior Feminino	04:26:29	+02:42:43	19:02
65	1240	Marina rocha	Individual	Senior Feminino	04:26:52	+02:43:06	19:04
66	1467	Ana Caetano	Não se diz	Senior Feminino	04:26:53	+02:43:07	19:04
67	1440	Daniela Sousa	LUSOS XXI	Senior Feminino	04:27:03	+02:43:17	19:05
68	1471	Tânia Ferreira	Nocturnos de Paredes	Senior Feminino	04:29:23	+02:45:37	19:15
69	1461	Daniela Filipa Machado	Mountain Runners	Senior Feminino	04:29:23	+02:45:37	19:15
70	1604	marisa pinto	Reumático	Senior Feminino	04:31:16	+02:47:30	19:23
71	1033	Joana Soares	Aliança de Gandra	Senior Feminino	04:33:49	+02:50:03	19:34
72	1360	Paula Teixeira	Individual	Senior Feminino	04:34:29	+02:50:43	19:36
73	1041	Carolina Isabel Alves Martins	Alice Manuela	Senior Feminino	04:39:06	+02:55:20	19:56
74	1224	Cláudia Novais	Individual	Senior Feminino	04:39:28	+02:55:42	19:58
75	1506	Ilidia Isabel da Rocha	pedais de aço btt	Senior Feminino	04:42:09	+02:58:23	20:09
76	1034	Luísa Rocha	Aliança de Gandra	Senior Feminino	04:43:29	+02:59:43	20:15
77	1101	Paula Ferreira	BTT Alegria // TUBANI	Senior Feminino	04:43:30	+02:59:44	20:15
78	1095	Cristina Neves	BTT Alegria // TUBANI	Senior Feminino	04:43:31	+02:59:45	20:15
79	1106	Susana Oliveira	BTT Alegria // TUBANI	Senior Feminino	04:43:31	+02:59:45	20:15
80	1212	Raquel Sousa	Índios de BTTRail	Senior Feminino	04:43:33	+02:59:47	20:15
81	1210	Filipa Cardoso	Índios de BTTRail	Senior Feminino	04:43:33	+02:59:47	20:15
82	1172	Joana Machado	Factor X / S4L / Medense FC	Senior Feminino	04:44:00	+03:00:14	20:17
83	1518	Carmen Loureiro	Porto Sentido Runners	Senior Feminino	04:44:00	+03:00:14	20:17
84	1640	Vânia Santos	Trail Sra do Salto	Senior Feminino	04:48:15	+03:04:28	20:35
85	1639	Sandra Lopes	Trail Sra do Salto	Senior Feminino	04:48:16	+03:04:30	20:35

Trail Curto

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R
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OFFICIAL RESULT

86	1613	Sara Patrícia dos Santos Rocha	Rocha's	Senior Feminino	04:48:27	+03:04:41	20:36
87	1082	Claudia Dias	ARCORUN	Senior Feminino	04:48:31	+03:04:45	20:37
88	1234	IVONE CATIA MARTINS ROCHA	Individual	Senior Feminino	04:48:34	+03:04:48	20:37
89	1228	Elisabete Maia	Individual	Senior Feminino	04:48:43	+03:04:57	20:37
90	1597	Andréia Carina Moreira Barbosa	Resistentes	Senior Feminino	04:49:54	+03:06:07	20:42
91	1453	Joaninha silva	Metralhas Runners	Senior Feminino	04:52:29	+03:08:43	20:54
92	1130	Filipa Mendes	Buraco Negro	Senior Feminino	04:56:57	+03:13:10	21:13
93	1643	Ana Isabel de Freitas Lourenço	Individual	Senior Feminino	04:59:26	+03:15:40	21:23
94	1131	Inês Rodrigues	Buraco Negro	Senior Feminino	05:02:01	+03:18:15	21:34
95	1128	Ana Rosinhas	Buraco Negro	Senior Feminino	05:02:01	+03:18:15	21:34
96	1006	Telma Carina Teixeira Leite	A. D. Sebolido Trail Boneca Douro	Senior Feminino	05:02:17	+03:18:31	21:36
97	1601	helen ferreira	Reumático	Senior Feminino	05:02:24	+03:18:38	21:36
98	1602	juliana mota	Reumático	Senior Feminino	05:02:26	+03:18:40	21:36
99	1638	Flávia Nogueira	Trail Sra do Salto	Senior Feminino	05:06:33	+03:22:46	21:54
100	1490	Catia Leite	Os Marretas	Senior Feminino	05:06:36	+03:22:49	21:54
101	1491	Elsa Leite	Os Marretas	Senior Feminino	05:06:49	+03:23:03	21:55
102	1229	Eloisa Andreia Araújo	Individual	Senior Feminino	05:08:32	+03:24:45	22:02
103	1183	Benedita Barreiros	FRIENDS	Senior Feminino	05:13:51	+03:30:04	22:25
104	1498	VERA SOARES	Os resistentes	Senior Feminino	05:25:26	+03:41:39	23:15
105	1497	ANDREIA SILVA	Os resistentes	Senior Feminino	05:25:26	+03:41:39	23:15
106	1154	anita silva	Danados	Senior Feminino	05:25:51	+03:42:04	23:17
107	1001	CLAUDIA MOURA	10 TEMIDOS	Senior Feminino	05:25:52	+03:42:06	23:17
108	1529	Tânia Gomes	Porto Sentido Runners	Senior Feminino	05:32:47	+03:49:00	23:46
109	1626	Rita Nogueira	Team Aguenta Ai	Senior Feminino	05:33:13	+03:49:26	23:48
110	1522	Liliana Cerqueira	Porto Sentido Runners	Senior Feminino	05:41:50	+03:58:04	24:25
111	1230	Flavia Teixeira	Individual	Senior Feminino	05:49:38	+04:05:51	24:58
112	1099	Marta Almeida	BTT Alegria // TUBANI	Senior Feminino	05:50:08	+04:06:22	25:01
113	1103	Paula Soares	BTT Alegria // TUBANI	Senior Feminino	05:50:08	+04:06:22	25:01
114	1137	Ana Guimaraes	Carro Vassoura	Senior Feminino	05:50:27	+04:06:41	25:02
115	1138	Benedita Macedo	Carro Vassoura	Senior Feminino	05:50:28	+04:06:42	25:02
116	1211	Inês Jales	Índios de BTTrail	Senior Feminino	05:50:50	+04:07:04	25:04
117	1527	Sandra Soares	Porto Sentido Runners	Senior Feminino	05:51:01	+04:07:14	25:04
118	1520	Diana Santos	Porto Sentido Runners	Senior Feminino	05:51:04	+04:07:17	25:05
119	1519	Cláudia Duraes	Porto Sentido Runners	Senior Feminino	05:51:07	+04:07:21	25:05
120	1235	Joana Inês Dias Correia	Individual	Senior Feminino	05:51:22	+04:07:36	25:06
121	1237	Luisa Maria Monteiro Pinto	Individual	Senior Feminino	06:03:20	+04:19:34	25:57
122	1493	Sandra Ferreira	Os Marretas	Senior Feminino	06:04:53	+04:21:06	26:04
123	1250	Vera Lúcia Sousa	Individual	Senior Feminino	06:04:57	+04:21:11	26:04

Senior Masculino

1	1027	André Nogueira	Aliados Trail Running Team	Senior Masculino	01:43:46		07:25
2	1028	Artur Barbosa	Aliados Trail Running Team	Senior Masculino	01:44:32	+00:46	07:28
3	1031	Paulo Machado	Aliados Trail Running Team	Senior Masculino	01:46:42	+02:56	07:37
4	1029	Francisco Ferreira	Aliados Trail Running Team	Senior Masculino	01:48:56	+05:10	07:47
5	1301	Paulo Jorge Teixeira Moreira	Individual	Senior Masculino	01:51:31	+07:45	07:58

Trail Curto

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OFFICIAL RESULT

6	1260	Cristiano José Moreira dos sant	Individual	Senior Masculino	01:55:25	+11:39	08:15
7	1035	Carlos Costa	Aliança de Gandra	Senior Masculino	01:57:37	+13:51	08:24
8	1114	Filipe Pinto	BTT Alegria // TUBANI	Senior Masculino	02:01:48	+18:02	08:42
9	1204	Luís Rodrigues	Grupo Desportivo Luz Verde	Senior Masculino	02:03:07	+19:21	08:48
10	1431	Tiago Sousa	Liga-Dura Canoagem	Senior Masculino	02:04:00	+20:14	08:51
11	1178	Vitor Moreira	Factor X / S4L / Medense FC	Senior Masculino	02:05:02	+21:16	08:56
12	1251	André Santos	Individual	Senior Masculino	02:05:56	+22:10	09:00
13	1208	Rui Pedro Reis	HospitalSantaMariaRT	Senior Masculino	02:08:47	+25:01	09:12
14	1535	Filipe Martins	Porto Sentido Runners	Senior Masculino	02:09:10	+25:24	09:14
15	1274	Jacinto Sousa	Individual	Senior Masculino	02:09:50	+26:04	09:16
16	1091	Marco Sousa	Baltar TrailRunners	Senior Masculino	02:11:01	+27:15	09:22
17	1011	Paulo Araújo	A. D. Sebolido Trail Boneca Douro	Senior Masculino	02:11:13	+27:27	09:22
18	1165	Rui Tavares	DDT Runners	Senior Masculino	02:12:07	+28:21	09:26
19	1175	David Gonçalves	Factor X / S4L / Medense FC	Senior Masculino	02:12:45	+28:59	09:29
20	1067	Paulo Jorge	Amigos do Pedal TrailLagares	Senior Masculino	02:13:53	+30:06	09:34
21	1013	Tiago Sousa	A. D. Sebolido Trail Boneca Douro	Senior Masculino	02:14:10	+30:24	09:35
22	1010	Manuel Lopes	A. D. Sebolido Trail Boneca Douro	Senior Masculino	02:14:26	+30:39	09:36
23	1074	Libânio José Rocha Alves	Amigos do Pedal TrailLagares	Senior Masculino	02:14:28	+30:42	09:36
24	1282	Jose barbosa fernandes	Individual	Senior Masculino	02:14:38	+30:52	09:37
25	1167	Ricardo Carvalho	Ei Team Trail	Senior Masculino	02:18:13	+34:27	09:52
26	1302	Paulo Miguel Ribeiro Gomes	Individual	Senior Masculino	02:18:30	+34:43	09:54
27	1266	Eduardo Xavier	Individual	Senior Masculino	02:18:58	+35:12	09:56
28	1043	José Rito	ALL ABOUT SPIRIT TEAM	Senior Masculino	02:19:59	+36:13	10:00
29	1480	Bruno Pinto	Oralklass - Amigos Do Trail	Senior Masculino	02:21:55	+38:09	10:08
30	1177	Pedro Ricardo Cravo Viana	Factor X / S4L / Medense FC	Senior Masculino	02:22:18	+38:32	10:10
31	1264	Domingos Martins	Individual	Senior Masculino	02:23:06	+39:20	10:13
32	1263	Diogo Faria	Individual	Senior Masculino	02:23:07	+39:20	10:13
33	1319	Tiago João Cerqueira Teles	Individual	Senior Masculino	02:24:09	+40:23	10:18
34	1430	Miguel Correia Gomes	Liga-Dura Canoagem	Senior Masculino	02:25:41	+41:55	10:24
35	1299	Nuno Fidalgo	Individual	Senior Masculino	02:27:16	+43:30	10:31
36	1416	Bruno Maia	Javallis Portugal	Senior Masculino	02:27:18	+43:32	10:31
37	1512	José Gaspar	Perdidos no trail	Senior Masculino	02:27:21	+43:34	10:32
38	1629	Paulo Ferreira	Team Aguenta Aí	Senior Masculino	02:28:59	+45:13	10:39
39	1421	Carlos Leal	KeMedo Team	Senior Masculino	02:29:55	+46:09	10:43
40	1482	Élvio Ornelas	Oralklass - Amigos Do Trail	Senior Masculino	02:30:18	+46:32	10:44
41	1418	Fábio Bruno da Cunha Teixeira	Javallis Portugal	Senior Masculino	02:31:29	+47:43	10:49
42	1513	Luis silva	Perdidos no trail	Senior Masculino	02:32:32	+48:46	10:54
43	1279	Joel Gomes	Individual	Senior Masculino	02:32:45	+48:58	10:55
44	1305	Pedro Costa	Individual	Senior Masculino	02:35:08	+51:22	11:05
45	1649	Simão Sousa	Moinhos Run ADRM	Senior Masculino	02:35:11	+51:25	11:05
46	25	Daniel Barbosa	BTT Alegria // TUBANI	Senior Masculino	02:35:15	+51:29	11:05
47	1007	Bruno Rocha	A. D. Sebolido Trail Boneca Douro	Senior Masculino	02:35:16	+51:30	11:05
48	1590	MARCO OLIVEIRA	PORTOCARGO	Senior Masculino	02:35:21	+51:35	11:06
49	1280	Joel Santos	Individual	Senior Masculino	02:35:26	+51:40	11:06
50	1463	Paulo Rafael Silva	Mountain Runners	Senior Masculino	02:35:36	+51:50	11:07
51	1315	Rui sousa	Individual	Senior Masculino	02:35:41	+51:55	11:07

Trail Curto

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52	1036	Paulo Sousa	Aliança de Gandra	Senior Masculino	02:36:14	+52:28	11:10
53	1030	Luís Leite	Aliados Trail Running Team	Senior Masculino	02:36:34	+52:47	11:11
54	1278	Joel Pinto	Individual	Senior Masculino	02:36:38	+52:51	11:11
55	1297	Nelson Lopes	Individual	Senior Masculino	02:36:41	+52:55	11:12
56	1300	NUNO FILIPE ALMEIDA TEIXEIRA	Individual	Senior Masculino	02:36:47	+53:01	11:12
57	1023	Frederico Máximo	Aesthetical Team Running	Senior Masculino	02:37:02	+53:16	11:13
58	1481	Eduardo Quaresma	Oralklass - Amigos Do Trail	Senior Masculino	02:37:42	+53:56	11:16
59	1012	Pedro Vieira	A. D. Sebolido Trail Boneca Douro	Senior Masculino	02:38:20	+54:34	11:19
60	1259	Carlos Nogueira	Individual	Senior Masculino	02:38:25	+54:38	11:19
61	1207	Flávio Ortins	GTT - ARMAZÉM DO CAFFÈ	Senior Masculino	02:38:31	+54:44	11:19
62	1413	BRUNO MELO	invictus oporto team	Senior Masculino	02:38:31	+54:45	11:19
63	1042	Mário João Dias Coelho	Alice Manuela	Senior Masculino	02:38:34	+54:48	11:20
64	71	JOAO MIGUEL GOMES SOARES PIRES	Individual	Senior Masculino	02:38:44	+54:58	11:20
65	1532	Dinis Sousa	Porto Sentido Runners	Senior Masculino	02:38:46	+55:00	11:20
66	112	José Jeremias Cunha Barbosa	Nocturnos de Paredes	Senior Masculino	02:38:48	+55:02	11:21
67	1617	André Manuel Maria Moreira	Rumo ao Reforço	Senior Masculino	02:39:24	+55:38	11:23
68	1021	Renato Lourenço	ActiveGym	Senior Masculino	02:40:17	+56:30	11:27
69	1541	Pedro Ferreira	Porto Sentido Runners	Senior Masculino	02:40:17	+56:31	11:27
70	1320	Valter moreira	Individual	Senior Masculino	02:40:45	+56:59	11:29
71	1289	Luís Maia	Individual	Senior Masculino	02:40:57	+57:11	11:30
72	1321	Vitor manuel ribeiro Dias	Individual	Senior Masculino	02:41:10	+57:24	11:31
73	1268	Fernado Jorge Soares Torrão	Individual	Senior Masculino	02:42:43	+58:57	11:37
74	1060	Tó Faria	Amigos 100 Limites	Senior Masculino	02:42:56	+59:10	11:38
75	1308	Ricardo Novais	Individual	Senior Masculino	02:43:06	+59:19	11:39
76	1261	Davide Freitas	Individual	Senior Masculino	02:43:23	+59:37	11:40
77	1313	Rui Sameiro	Individual	Senior Masculino	02:44:05	+01:00:18	11:43
78	19	Nuno Fernandes	ARCORUN	Senior Masculino	02:44:36	+01:00:50	11:45
79	1298	Nuno cunha	Individual	Senior Masculino	02:45:43	+01:01:57	11:50
80	1253	bruno aires	Individual	Senior Masculino	02:46:06	+01:02:20	11:52
81	1417	Bruno Miguel Bessa Ribeiro	Javallis Portugal	Senior Masculino	02:46:13	+01:02:27	11:52
82	1318	Telmo Andre Moreira cardo	Individual	Senior Masculino	02:46:28	+01:02:42	11:53
83	1310	Rui Gomes	Individual	Senior Masculino	02:46:35	+01:02:49	11:54
84	1622	Diogo Silva	Soplabifana	Senior Masculino	02:47:16	+01:03:30	11:57
85	1070	António Manuel Moreira Barbosa	Amigos do Pedal TrailLagares	Senior Masculino	02:47:51	+01:04:05	11:59
86	1072	Fernando Ismael Oliveira Nogueira	Amigos do Pedal TrailLagares	Senior Masculino	02:47:51	+01:04:05	11:59
87	1176	Joaquim Carvalho	Factor X / S4L / Medense FC	Senior Masculino	02:48:59	+01:05:12	12:04
88	1531	Bruno Guedes	Porto Sentido Runners	Senior Masculino	02:50:02	+01:06:16	12:09
89	1317	Sérgio Coelho	Individual	Senior Masculino	02:50:06	+01:06:20	12:09
90	1429	Hugo Teixeira	Liga-Dura Canoagem	Senior Masculino	02:50:55	+01:07:08	12:13
91	1438	António Gonçalves	Lusitanus Team	Senior Masculino	02:51:35	+01:07:49	12:15
92	1117	Jorge Cruz	BTT Alegria // TUBANI	Senior Masculino	02:52:08	+01:08:22	12:18
93	1265	Duarte Dias	Individual	Senior Masculino	02:54:36	+01:10:50	12:28
94	1111	Daniel Sousa	BTT Alegria // TUBANI	Senior Masculino	02:54:43	+01:10:57	12:29
95	1214	Cédric Silva	Índios de BTTRail	Senior Masculino	02:55:46	+01:12:00	12:33
96	1215	Filipe Gonçalves	Índios de BTTRail	Senior Masculino	02:55:47	+01:12:01	12:33
97	1292	Mário Estêvão	Individual	Senior Masculino	02:56:08	+01:12:22	12:35

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OFFICIAL RESULT

144	1442	Helder Mota	LUSOS XXI	Senior Masculino	03:38:58	+01:55:12	15:38
145	1443	Sérgio Costa	LUSOS XXI	Senior Masculino	03:38:59	+01:55:13	15:39
146	1618	Sérgio Miguel Maria Moreira	Rumo ao Reforço	Senior Masculino	03:39:01	+01:55:14	15:39
147	1113	Filipe Cruz	BTT Alegria // TUBANI	Senior Masculino	03:41:15	+01:57:29	15:48
148	1164	Ricardo Martins	DDT Runners	Senior Masculino	03:41:43	+01:57:57	15:50
149	1540	Paulo Conde	Porto Sentido Runners	Senior Masculino	03:42:22	+01:58:35	15:53
150	1209	Nuno Teixeira	IMPERADORES	Senior Masculino	03:42:36	+01:58:50	15:54
151	1614	Nuno Vasco Martins Ferreira da Rocha	Rocha's	Senior Masculino	03:42:44	+01:58:58	15:55
152	1608	nuno freitas	Reumático	Senior Masculino	03:42:57	+01:59:10	15:56
153	1314	Rui Santos	Individual	Senior Masculino	03:43:23	+01:59:37	15:57
154	1160	Rui Pedro Mendes	Dão Nelas Runners	Senior Masculino	03:50:14	+02:06:28	16:27
155	1591	NUNO NASCIMENTO	PORTOCARGO	Senior Masculino	03:58:35	+02:14:49	17:03
156	1323	Vítor Sousa	Individual	Senior Masculino	03:58:46	+02:15:00	17:03
157	1432	Vasco Andrade	Liga-Dura Canoagem	Senior Masculino	04:01:52	+02:18:06	17:17
158	1152	Rui santos	Crossfitlavra	Senior Masculino	04:02:04	+02:18:18	17:17
159	1009	Luis Sousa	A. D. Sebolido Trail Boneca Douro	Senior Masculino	04:10:11	+02:26:25	17:52
160	1163	Bruno Cardoso	DDT Runners	Senior Masculino	04:11:02	+02:27:16	17:56
161	1151	Jose santos	Crossfitlavra	Senior Masculino	04:11:16	+02:27:30	17:57
162	1296	Miguel Pimenta Dias	Individual	Senior Masculino	04:12:25	+02:28:39	18:02
163	1304	Pedro Chousal	Individual	Senior Masculino	04:13:52	+02:30:06	18:08
164	1507	Álvaro da Silva Ribeiro	pedais de aço btt	Senior Masculino	04:17:54	+02:34:07	18:25
165	1630	Ricardo Guerra	Team Aguenta Aí	Senior Masculino	04:20:01	+02:36:15	18:34
166	1170	FILIPE ARAUJO	ENERGIA GINASIO	Senior Masculino	04:21:02	+02:37:16	18:39
167	1295	Miguel Moreira	Individual	Senior Masculino	04:27:03	+02:43:17	19:05
168	1025	Tiago Marques	Alegros	Senior Masculino	04:28:54	+02:45:08	19:12
169	1530	André Oliveira	Porto Sentido Runners	Senior Masculino	04:34:48	+02:51:02	19:38
170	1651	Bruno Vieira	Os Aceleras	Senior Masculino	04:43:23	+02:59:37	20:15
171	1116	Tiago Gomes	BTT Alegria // TUBANI	Senior Masculino	04:43:26	+02:59:40	20:15
172	1652	Paulo Santos	Os Aceleras	Senior Masculino	04:43:27	+02:59:41	20:15
173	1213	André Rodrigues	Índios de BTTrail	Senior Masculino	04:43:32	+02:59:46	20:15
174	1159	João Pedro Mendes	Dão Nelas Runners	Senior Masculino	04:44:00	+03:00:14	20:17
175	1410	JORGE ROCHA	Invicta Runners Team	Senior Masculino	04:52:29	+03:08:43	20:54
176	1255	Bruno Miguel Moreira Pereira	Individual	Senior Masculino	04:54:34	+03:10:48	21:02
177	1132	Pedro Miguel	Buraco Negro	Senior Masculino	04:56:47	+03:13:01	21:12
178	1644	Francisco Ricardo Pinto da Silva	Individual	Senior Masculino	04:59:30	+03:15:44	21:24
179	1286	José Pedro Almeida Alves	Individual	Senior Masculino	04:59:48	+03:16:02	21:25
180	1252	António Carlos Peixoto de Magalhães da Costa Gonçalves	Individual	Senior Masculino	04:59:49	+03:16:03	21:25
181	1024	Diogo Soares	Alegros	Senior Masculino	05:07:15	+03:23:28	21:57
182	1500	PAULO SOARES	Os resistentes	Senior Masculino	05:25:25	+03:41:38	23:15
183	1499	FERNANDO NETO	Os resistentes	Senior Masculino	05:25:26	+03:41:40	23:15
184	1155	CARLOS BABOSA	Danados	Senior Masculino	05:25:52	+03:42:05	23:17
185	1628	Miguel Mota	Team Aguenta Aí	Senior Masculino	05:33:14	+03:49:27	23:48
186	1140	Ricardo Monteiro	Carro Vassoura	Senior Masculino	05:50:26	+04:06:39	25:02
187	1139	Nuno Rabiço	Carro Vassoura	Senior Masculino	05:50:31	+04:06:44	25:02
188	1216	Flávio Cardoso	Índios de BTTrail	Senior Masculino	05:50:50	+04:07:03	25:04
189	1538	José Ribeiro	Porto Sentido Runners	Senior Masculino	05:50:55	+04:07:08	25:04

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190	1539	Miguel Almeida	Porto Sentido Runners	Senior Masculino	05:50:59	+04:07:12	25:04
191	1545	Rui Pacheco	Porto Sentido Runners	Senior Masculino	05:51:11	+04:07:25	25:05
192	1283	José Fernando Dias Correia	Individual	Senior Masculino	05:51:22	+04:07:35	25:06
193	1543	Pedro Silva	Porto Sentido Runners	Senior Masculino	06:04:59	+04:21:12	26:04

Veterana F40

1	1337	Maria teixeira	Individual	Veterana F40	02:50:41	+01:06:55	12:12
2	1476	Maria Joaquina Pinto	Nova Linha TRAIL Runners	Veterana F40	02:55:29	+01:11:43	12:32
3	1558	Lúisa Marques	Porto Sentido Runners	Veterana F40	03:04:03	+01:20:17	13:09
4	1475	Cidália Ferreira	Nova Linha TRAIL Runners	Veterana F40	03:04:36	+01:20:50	13:11
5	1551	Cidália Soares	Porto Sentido Runners	Veterana F40	03:15:01	+01:31:15	13:56
6	1555	Fernanda Lopes	Porto Sentido Runners	Veterana F40	03:23:10	+01:39:24	14:31
7	1548	Alice Sousa	Porto Sentido Runners	Veterana F40	03:24:59	+01:41:13	14:39
8	1077	Cristina Maria Ferreira Sousa	Amigos do Pedal TrailLagares	Veterana F40	03:29:04	+01:45:18	14:56
9	1014	Carla Alves	A. D. Sebolido Trail Boneca Douro	Veterana F40	03:29:19	+01:45:33	14:57
10	1550	Berta Ferreira	Porto Sentido Runners	Veterana F40	03:31:54	+01:48:08	15:08
11	1328	Cândida Moreira	Individual	Veterana F40	03:41:22	+01:57:36	15:49
12	1076	Carmen Moreira	Amigos do Pedal TrailLagares	Veterana F40	03:41:45	+01:57:59	15:50
13	1345	sandra fereira	Individual	Veterana F40	03:42:20	+01:58:34	15:53
14	1436	Daniela Sarmento	LION RUNNERS - G. D. Leões da Guarda	Veterana F40	03:42:28	+01:58:42	15:53
15	1346	Sandra Mendes	Individual	Veterana F40	03:44:11	+02:00:25	16:01
16	1134	Teresa Tavares	CAL - Clube Atletismo de Lamas	Veterana F40	03:47:31	+02:03:45	16:15
17	1647	Lurdes Tavares	CAL - Clube Atletismo de Lamas	Veterana F40	03:47:31	+02:03:45	16:15
18	1349	Susana Leal	Individual	Veterana F40	03:48:25	+02:04:39	16:19
19	1054	Célia Vieira	Alto Relevo - Clube de Montanhismo	Veterana F40	03:48:46	+02:05:00	16:20
20	1554	Elizabete Loureiro	Porto Sentido Runners	Veterana F40	03:50:12	+02:06:26	16:27
21	1553	Delmina Oliveira	Porto Sentido Runners	Veterana F40	03:50:12	+02:06:26	16:27
22	1560	Margarida Sousa	Porto Sentido Runners	Veterana F40	03:55:19	+02:11:33	16:49
23	1631	Alexandra Bessa	Team Aguenta Aí	Veterana F40	03:58:06	+02:14:20	17:00
24	1331	Cláudia Ribeiro	Individual	Veterana F40	03:58:44	+02:14:58	17:03
25	1326	Ana Trigo	Individual	Veterana F40	04:15:29	+02:31:43	18:15
26	1598	Balbina Moreira Leite	Resistentes	Veterana F40	04:17:11	+02:33:25	18:22
27	1339	Monica Matos	Individual	Veterana F40	04:17:50	+02:34:04	18:25
28	1121	Rita Silva	BTT Alegria // TUBANI	Veterana F40	04:25:49	+02:42:03	18:59
29	1026	Olga Soares	Alegros	Veterana F40	04:28:56	+02:45:10	19:13
30	1343	Rosa Maria Teixeira Barbosa	Individual	Veterana F40	04:29:24	+02:45:38	19:15
31	1037	Fátima Ramos	Aliança de Gandra	Veterana F40	04:33:49	+02:50:03	19:34
32	1593	LAURA VIEIRA	PORTOCARGO	Veterana F40	04:47:57	+03:04:11	20:34
33	1592	DULCE RESENDE	PORTOCARGO	Veterana F40	04:47:57	+03:04:11	20:34
34	1615	Fernanda de Sousa Santos Neves da Rocha	Rocha's	Veterana F40	04:48:27	+03:04:41	20:36
35	1084	Veronica Sampaio	ARCORUN	Veterana F40	04:48:31	+03:04:45	20:37
36	1325	ANA JOSU	Individual	Veterana F40	04:50:06	+03:06:20	20:43
37	1327	Anabela reis	Individual	Veterana F40	04:53:53	+03:10:06	21:00

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OFFICIAL RESULT

38	1324	Ana Duarte	Individual	Veterana F40	04:53:55	+03:10:09	21:00
39	11	Fernanda Magalhaes	ALL ABOUT SPIRIT TEAM	Veterana F40	05:01:05	+03:17:19	21:30
40	1047	Susana Rito	ALL ABOUT SPIRIT TEAM	Veterana F40	05:01:09	+03:17:23	21:31
41	1347	SARA FERREIRA MOREIRA	Individual	Veterana F40	05:02:10	+03:18:24	21:35
42	1563	Sandra Mascarenhas	Porto Sentido Runners	Veterana F40	05:02:21	+03:18:35	21:36
43	1336	Luz Costa	Individual	Veterana F40	05:02:22	+03:18:36	21:36
44	1184	Conceição Pinto	FRIENDS	Veterana F40	05:03:10	+03:19:24	21:39
45	1561	Maria Correia	Porto Sentido Runners	Veterana F40	05:12:08	+03:28:21	22:18
46	1552	Cristina Silva	Porto Sentido Runners	Veterana F40	05:18:10	+03:34:23	22:44
47	1340	Patricia Moreira	Individual	Veterana F40	05:18:17	+03:34:31	22:44
48	1335	Luisa Valente	Individual	Veterana F40	05:18:19	+03:34:32	22:44
49	1158	elsa dias	Danados	Veterana F40	05:25:52	+03:42:05	23:17
50	1338	Marlene Alexandra Andrade Teles Rodrigues	Individual	Veterana F40	05:28:58	+03:45:12	23:30
51	1557	Lia Costa	Porto Sentido Runners	Veterana F40	05:32:48	+03:49:01	23:46
52	1564	Sandra Oliveira	Porto Sentido Runners	Veterana F40	05:33:01	+03:49:14	23:47
53	1342	Paula silva	Individual	Veterana F40	05:33:14	+03:49:27	23:48
54	1046	Maria Jose Perez	ALL ABOUT SPIRIT TEAM	Veterana F40	05:36:11	+03:52:24	24:01
55	1044	Ana Reis	ALL ABOUT SPIRIT TEAM	Veterana F40	05:36:12	+03:52:25	24:01
56	1508	Francisca Conceição Pacheco Ferreira	pedais de aço btt	Veterana F40	05:49:34	+04:05:47	24:58
57	1559	Luisa Teixeira	Porto Sentido Runners	Veterana F40	05:49:42	+04:05:55	24:59
58	1118	Cristina Coelho	BTT Alegria // TUBANI	Veterana F40	05:50:18	+04:06:31	25:01
59	1332	Elsa Júlia Dias Santos	Individual	Veterana F40	05:53:29	+04:09:42	25:15
60	1045	Fatima Sousa	ALL ABOUT SPIRIT TEAM	Veterana F40	05:53:29	+04:09:42	25:15
61	1348	Susana Cristina Monteiro Pinto	Individual	Veterana F40	06:03:56	+04:20:09	26:00
62	1494	Cristina Manuela da Silva Lopes Fernandes	Os Marretas	Veterana F40	06:04:57	+04:21:10	26:04

Veterana F50

1	1353	Fatima Pais	Individual	Veterana F50	02:45:34	+01:01:48	11:50
2	1354	GRAÇA RIBEIRO	Individual	Veterana F50	03:01:34	+01:17:47	12:58
3	1359	MARIA FERNANDA NUNES SANTOS	Individual	Veterana F50	03:16:03	+01:32:16	14:00
4	1619	maria lucinda barbosa moreira	s.luiz	Veterana F50	03:22:30	+01:38:44	14:28
5	1351	Cristina Maria da Silva Moreira	Individual	Veterana F50	03:27:04	+01:43:18	14:47
6	1205	Rosa Oliveira	Grupo Desportivo Luz Verde	Veterana F50	03:41:57	+01:58:10	15:51
7	1085	Glória Santos	ARCORUN	Veterana F50	03:42:20	+01:58:34	15:53
8	1634	Maria Alves	Team Shark	Veterana F50	03:45:00	+02:01:14	16:04
9	1645	Paula Teixeira	Individual	Veterana F50	03:51:43	+02:07:57	16:33
10	1633	Graça Silva	Team Shark	Veterana F50	03:58:35	+02:14:49	17:03
11	1079	Natália Cecília da Rocha Ferreira	Amigos do Pedal TrailLagares	Veterana F50	04:02:01	+02:18:15	17:17
12	1468	Ana paiva	Não se diz	Veterana F50	04:02:11	+02:18:24	17:18
13	1352	Dulcineia Maria Querido da Silva	Individual	Veterana F50	04:11:15	+02:27:29	17:57
14	1361	Rosa Sousa	Individual	Veterana F50	04:11:25	+02:27:39	17:58
15	1185	Rosário Guerra	FRIENDS	Veterana F50	04:11:31	+02:27:44	17:58
16	1015	Mãe Mina	A. D. Sebolido Trail Boneca Douro	Veterana F50	04:26:55	+02:43:09	19:04
17	1567	Maria Silva	Porto Sentido Runners	Veterana F50	04:39:51	+02:56:05	19:59

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OFFICIAL RESULT

85	1368	Filipe Moutinho	Individual	Veterano M40	04:23:39	+02:39:53	18:50
86	1379	José Fernando Leal Pais Neto	Individual	Veterano M40	04:29:25	+02:45:39	19:15
87	1369	HELDER CASTRO	Individual	Veterano M40	04:33:57	+02:50:11	19:34
88	1572	Cláudio Cerqueira	Porto Sentido Runners	Veterano M40	04:39:24	+02:55:38	19:57
89	1125	Manuel Ferreira	BTT Alegria // TUBANI	Veterano M40	04:43:26	+02:59:40	20:15
90	1050	Paulo Joia	ALL ABOUT SPIRIT TEAM	Veterano M40	04:43:30	+02:59:44	20:15
91	1126	Tony Mendes	BTT Alegria // TUBANI	Veterano M40	04:43:30	+02:59:44	20:15
92	1594	CARLOS OLIVEIRA	PORTOCARGO	Veterano M40	04:43:34	+02:59:48	20:15
93	1086	Jorge Oliveira	ARCORUN	Veterano M40	04:48:31	+03:04:44	20:37
94	1382	JOSUE DE ARAUJO LOURERIO	Individual	Veterano M40	05:02:09	+03:18:23	21:35
95	1395	Victor Rodrigues	Individual	Veterano M40	05:03:10	+03:19:24	21:39
96	1188	Mohammed Moudnib	FRIENDS	Veterano M40	05:03:21	+03:19:34	21:40
97	1371	Ivo de Oliveira Almeida	Individual	Veterano M40	05:28:58	+03:45:11	23:30
98	1052	Rui Santos	ALL ABOUT SPIRIT TEAM	Veterano M40	05:36:11	+03:52:25	24:01
99	1573	Filipe Coutinho	Porto Sentido Runners	Veterano M40	05:42:13	+03:58:26	24:27
100	1579	José Sousa	Porto Sentido Runners	Veterano M40	05:45:30	+04:01:43	24:41
101	1568	Acílio Sousa	Porto Sentido Runners	Veterano M40	05:49:40	+04:05:53	24:59
102	1496	André Guedes	Os Marretas	Veterano M40	05:50:02	+04:06:15	25:00
103	1051	Pedro Oliveira	ALL ABOUT SPIRIT TEAM	Veterano M40	05:53:29	+04:09:42	25:15
104	1378	José Carlos Soares	Individual	Veterano M40	06:04:53	+04:21:06	26:04

Veterano M50

1	1402	José Manuel Pinto Gomes	Individual	Veterano M50	02:09:01	+25:14	09:13
2	1171	ANTONIO SILVA	ENERGIA GINASIO	Veterano M50	02:11:39	+27:53	09:24
3	1472	Carlos Vinha	Nocturnos de Paredes	Veterano M50	02:12:05	+28:19	09:26
4	1017	José Alves	A. D. Sebolido Trail Boneca Douro	Veterano M50	02:29:15	+45:29	10:40
5	1589	Rui Jesus	Porto Sentido Runners	Veterano M50	02:31:32	+47:46	10:49
6	1503	Lino Moreira	Os TurboMula	Veterano M50	02:35:46	+52:00	11:08
7	1407	Paulo Graça	Individual	Veterano M50	02:36:51	+53:04	11:12
8	46	Alcino Vieira	Factor X / S4L / Medense FC	Veterano M50	02:37:01	+53:15	11:13
9	1585	Carlos Martins	Porto Sentido Runners	Veterano M50	02:37:11	+53:25	11:14
10	1127	Adão Rocha	BTT Alegria // TUBANI	Veterano M50	02:38:00	+54:14	11:17
11	1439	António Ribeiro	Lusitanus Team	Veterano M50	02:39:15	+55:29	11:23
12	1405	Manuel António da Silva Monteiro	Individual	Veterano M50	02:40:20	+56:34	11:27
13	1200	Pedro Sousa	GONDOMAR FUTSAL CLUBE	Veterano M50	02:43:21	+59:35	11:40
14	1588	Óscar Loureiro	Porto Sentido Runners	Veterano M50	02:46:10	+01:02:23	11:52
15	1055	Joaquim Augusto Teixeira Seca	Alto Relevo - Clube de Montanhismo	Veterano M50	02:49:38	+01:05:52	12:07
16	111	Rui Quinta	Moinhos Run ADRM	Veterano M50	02:51:40	+01:07:54	12:16
17	1206	Jose Leite da Rocha	Grupo Desportivo Luz Verde	Veterano M50	02:51:55	+01:08:09	12:17
18	1479	Martinho Monteiro	Nova Linha TRAIL Runners	Veterano M50	02:53:19	+01:09:33	12:23
19	1145	ANTONIO MIRANDA	CORRER POR UM SORRISO	Veterano M50	02:54:21	+01:10:35	12:27
20	1053	Artur Silva	ALL ABOUT SPIRIT TEAM	Veterano M50	02:55:17	+01:11:30	12:31
21	1397	Artur Mário de Carvalho Morais	Individual	Veterano M50	02:58:06	+01:14:20	12:43
22	1408	Paulo Manuel Ferreira da Silva	Individual	Veterano M50	02:59:10	+01:15:24	12:48

