Montalegre Urban Fit
Montalegre
04-March-2017

PROVA PRINCIPAL - STAGE 1 — 8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	15:00	7.9ºC	71%
End	17:59	7.9ºC	71%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	32	Ricardo Rego	b.t.m.	Senior Masculino	37:54		04:44
2	30	Francisco Fernandes	b.t.m.	Senior Masculino	37:58	+00:04	04:45
3	63	Pablo	individual	Senior Masculino	38:10	+00:16	04:46
4	53	Germán Montoto	individual	Senior Masculino	40:35	+02:41	05:04
5	66	Rui Loureiro	individual	Senior Masculino	40:50	+02:55	05:06
6	65	Pedro Pascoal	individual	Senior Masculino	41:05	+03:10	05:08
7	61	MARCELO BARROSO OLIVEIRA	individual	Senior Masculino	41:16	+03:22	05:10
8	23	Telmo Pinho	#aminhamaenaodeixa	Senior Masculino	42:31	+04:36	05:19
9	31	Pedro Moreira	b.t.m.	Senior Masculino	42:46	+04:51	05:21
10	1128	JOAO PAULO RODRIGUES DE ABREU	n14 crossfit	Senior Masculino	43:03	+05:09	05:23
11	77	Rui Pedro Figueiredo	oestesport ocr	Senior Masculino	43:10	+05:16	05:24
12	46	Bruno Sousa	individual	Senior Masculino	44:11	+06:16	05:31
13	70	Marco Rocha	legião urbana	Senior Masculino	44:13	+06:19	05:32
14	29	Diogo Araújo	b.t.m.	Senior Masculino	44:15	+06:21	05:32
15	50	Filipe Amorim	individual	Senior Masculino	44:33	+06:39	05:34
16	87	Toni Bento	individual	Senior Masculino	44:37	+06:42	05:35
17	84	Ferrer	individual	Senior Masculino	45:01	+07:07	05:38
18	71	Pedro Aleixo	legião urbana	Senior Masculino	45:10	+07:15	05:39
19	74	Rui Martins	legião urbana	Senior Masculino	45:20	+07:26	05:40
20	1017	Nuno Dantas	b.t.m.	Senior Masculino	45:59	+08:05	05:45
21	1063	Emanuel Cardoso	crossfit famalicão	Senior Masculino	46:40	+08:45	05:50
22	69	Luís Gonçalves	legião urbana	Senior Masculino	46:46	+08:52	05:51
23	1302	NUNO DANIEL MARÇAL BARROS	best cross amares	Senior Masculino	47:11	+09:17	05:54
24	55	Jefferson Dos Santos Ferreira	individual	Senior Masculino	47:15	+09:21	05:54
25	86	João Duarte	b.t.m.	Senior Masculino	47:26	+09:31	05:56
26	1037	Vitor Manuel Pereira da Silva	best cross amares	Senior Masculino	47:32	+09:37	05:57
27	24	Germano Canedo	100fobias	Senior Masculino	47:38	+09:44	05:57
28	49	Duarte Nuno Borges Alves	individual	Senior Masculino	48:02	+10:07	06:00
29	45	bruno proenca	individual	Senior Masculino	48:09	+10:15	06:01
30	1031	José Gonçalves	best cross amares	Senior Masculino	48:17	+10:22	06:02
31	88	José Oliveira	abb-fm (atletas baixo barroso-ferral-montalegre)	Senior Masculino	48:28	+10:34	06:04
32	1011	Daniel Botelho	b.t.m.	Senior Masculino	48:59	+11:05	06:07
33	1010	Andre Loureiro	b.t.m.	Senior Masculino	49:36	+11:42	06:12
34	1145	José Rodrigues	s+q6	Senior Masculino	49:46	+11:51	06:13
35	90	Daniel Oliveira	abb-fm (atletas baixo barroso-ferral-montalegre)	Senior Masculino	50:15	+12:20	06:17
36	1253	Renato São João	individual	Senior Masculino	50:41	+12:47	06:20
37	25	Hugo Evaristo	100fobias	Senior Masculino	50:57	+13:02	06:22
38	62	Nuno Martins	individual	Senior Masculino	51:00	+13:05	06:23
39	67	Rui Miguel dias da Silva	individual	Senior Masculino	51:09	+13:14	06:24
40	27	Diana Ferreira	b.t.m.	Senior Feminino	51:26	+13:31	06:26

PROVA PRINCIPAL - STAGE 1 8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	89	Silvino Patrão	abb-fm (atletas baixo barroso-ferral-montalegre)	Senior Masculino	51:43	+13:48	06:28
42	34	Vitor Ramalho	b.t.m.	Senior Masculino	52:48	+14:54	06:36
43	44	Sofia Lobo	individual	Senior Feminino	53:14	+15:20	06:39
44	1013	Fabio Pinto	b.t.m.	Senior Masculino	53:22	+15:28	06:40
45	47	CARLOS YEBRA PIMENTEL BREA	individual	Senior Masculino	53:33	+15:38	06:42
46	1098	AGOSTINHO CUNHA	individual	Senior Masculino	53:50	+15:55	06:44
47	1192	Rafael de Sousa	tropa de elite	Senior Masculino	54:59	+17:04	06:52
48	1127	FLAVIO CALDAS	n14 crossfit	Senior Masculino	55:47	+17:52	06:58
49	1126	EDUARDO MANUEL LOUREIRO CAMPOS	n14 crossfit	Senior Masculino	55:56	+18:01	07:00
50	1132	RICARDO MIGUEL BAÍA DA S. CERDEIRA LEITE	n14 crossfit	Senior Masculino	56:01	+18:07	07:00
51	1209	Leonel Fernandes	agrifer/proposal	Senior Masculino	56:02	+18:07	07:00
52	1005	Eunice Moreira	b.t.m.	Senior Feminino	56:26	+18:31	07:03
53	1117	HELENA FERNANDES	n14 crossfit	Senior Feminino	56:32	+18:37	07:04
54	59	José Teixeira	individual	Senior Masculino	56:37	+18:43	07:05
55	1258	Paulo Jorge Pereira de Sousa	minas da borralha team	Senior Masculino	56:39	+18:45	07:05
56	1256	Hugo Carreira	minas da borralha team	Senior Masculino	56:40	+18:45	07:05
57	1257	José Amândio Martins Faria	minas da borralha team	Senior Masculino	56:40	+18:45	07:05
58	78	Simao Carvalho	solinca gmr	Senior Masculino	56:52	+18:58	07:07
59	1144	Hélder Barbosa	s+q6	Senior Masculino	56:57	+19:02	07:07
60	1019	Ricardo Rocha	b.t.m.	Senior Masculino	56:59	+19:05	07:07
61	1016	Luis Fernandes	b.t.m.	Senior Masculino	57:23	+19:29	07:10
62	1021	Tiago Moreira	b.t.m.	Senior Masculino	58:20	+20:26	07:18
63	1306	Fernando Sousa da Silva	n14 crossfit	Senior Masculino	59:14	+21:19	07:24
64	1123	CARLOS FERREIRA JUNIOR	n14 crossfit	Senior Masculino	59:51	+21:56	07:29
65	1028	César Sousa Cunha	best cross amares	Senior Masculino	01:00:30	+22:35	07:34
66	1303	Favio Ricardo Ferreira Costa	best cross amares	Senior Masculino	01:00:32	+22:38	07:34
67	1143	Clemente Pereira	s+q6	Senior Masculino	01:00:38	+22:43	07:35
68	1191	João Santos	tropa de elite	Senior Masculino	01:01:44	+23:49	07:43
69	1148	Vitor Marques	s+q6	Senior Masculino	01:02:06	+24:11	07:46
70	1210	Rui Filipe Mota Bastos	agrifer/proposal	Senior Masculino	01:02:14	+24:20	07:47
71	1254	Reny Manuel Vilela Xavier	individual	Senior Masculino	01:02:30	+24:36	07:49
72	1082	Victor Stelgitskig	crossfit famalicão	Senior Masculino	01:02:58	+25:04	07:52
73	1015	Helder Torres	b.t.m.	Senior Masculino	01:03:01	+25:06	07:53
74	1075	Pedro Carneiro	crossfit famalicão	Senior Masculino	01:03:04	+25:10	07:53
75	1029	Daniel silva Gonçalves	best cross amares	Senior Masculino	01:03:06	+25:11	07:53
76	57	Joaquim Ricardo de Sousa Borges	individual	Senior Masculino	01:03:08	+25:14	07:54
77	1009	Andre Amorim	b.t.m.	Senior Masculino	01:03:20	+25:26	07:55
78	1012	Edgar Costa	b.t.m.	Senior Masculino	01:03:25	+25:31	07:56
79	1086	Inês Capitão Figueiredo	guerreiras do minho	Senior Feminino	01:03:57	+26:03	08:00
80	1309	Antonio Baptista	guerreiras do minho	Senior Masculino	01:04:16	+26:21	08:02
81	58	José Ricardo Peixe	individual	Senior Masculino	01:04:16	+26:22	08:02
82	1020	Sergio Fernandes	b.t.m.	Senior Masculino	01:04:17	+26:23	08:02
83	1130	LUIS QUEIROS	n14 crossfit	Senior Masculino	01:04:20	+26:25	08:03

PROVA PRINCIPAL - STAGE 1 8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
84	1124	DANIEL QUEIROS	n14 crossfit	Senior Masculino	01:04:20	+26:26	08:03
85	1083	Ana Vinhas	guerreiras do minho	Senior Feminino	01:04:41	+26:47	08:05
86	54	Hugo Miguel do Val Ramos	individual	Senior Masculino	01:04:55	+27:00	08:07
87	1059	André Rodrigues	crossfit famalicão	Senior Masculino	01:04:56	+27:02	08:07
88	73	Rui Gonçalves	legião urbana	Senior Masculino	01:05:13	+27:19	08:09
89	1147	Rui Lopes	s+q6	Senior Masculino	01:05:31	+27:37	08:11
90	81	Hugo Cardoso	wild lynx team	Senior Masculino	01:05:48	+27:54	08:14
91	82	Jose Pereira	wild lynx team	Senior Masculino	01:05:59	+28:05	08:15
92	1106	Raúl Rodríguez Collazo	individual	Senior Masculino	01:06:04	+28:10	08:16
93	1084	Anabela Neves	guerreiras do minho	Senior Feminino	01:06:45	+28:51	08:21
94	1313	Miguel Oliveira	b.t.m.	Senior Masculino	01:06:46	+28:52	08:21
95	83	Ricardo Ramos	wild lynx team	Senior Masculino	01:07:40	+29:45	08:28
96	1035	Tiago Filipe Pereira da Silva	best cross amares	Senior Masculino	01:08:58	+31:03	08:37
97	1032	Marco José Araújo Lima	best cross amares	Senior Masculino	01:09:03	+31:09	08:38
98	1109	Nuno Miguel de Matos Pereira	melides power team	Senior Masculino	01:09:16	+31:22	08:40
99	1247	Rafaela Bento	individual	Senior Feminino	01:09:30	+31:36	08:41
100	1249	JOSE LUIS VILLAVERDE SANISIDRO	individual	Senior Masculino	01:10:09	+32:14	08:46
101	1070	José Castro	crossfit famalicão	Senior Masculino	01:10:36	+32:41	08:50
102	1108	Augusto Carlos Chainho Nunes Salgado	melides power team	Senior Masculino	01:10:47	+32:53	08:51
103	1110	Ricardo Parreira do Nascimento	melides power team	Senior Masculino	01:10:47	+32:53	08:51
104	1107	Inês Oliveira Nunes Mateus	melides power team	Senior Feminino	01:10:48	+32:53	08:51
105	1133	Carla Alves	s+q6	Senior Feminino	01:11:25	+33:31	08:56
106	1074	Paulo Fonseca	crossfit famalicão	Senior Masculino	01:11:43	+33:48	08:58
107	1039	Ana Dinis	crossfit famalicão	Senior Feminino	01:11:57	+34:03	09:00
108	52	Francisco Seoane Condeço Bento	individual	Senior Masculino	01:12:10	+34:16	09:01
109	1104	LUIS LOBO	individual	Senior Masculino	01:12:11	+34:16	09:01
110	1316	Adriana Salgado	individual	Senior Feminino	01:12:11	+34:16	09:01
111	68	Gonçalo Costa	legião urbana	Senior Masculino	01:12:55	+35:01	09:07
112	1071	Luís Moreira	crossfit famalicão	Senior Masculino	01:13:33	+35:38	09:12
113	1169	André Luís Calçada Duarte	team bracara crossfit	Senior Masculino	01:13:36	+35:42	09:12
114	1113	BRUNA CATARINA SILVA FONSECA	n14 crossfit	Senior Feminino	01:13:39	+35:45	09:12
115	1049	Helena Alves	crossfit famalicão	Senior Feminino	01:13:44	+35:49	09:13
116	1167	Helena Isabel Azevedo Martins	team bracara crossfit	Senior Feminino	01:13:58	+36:04	09:15
117	1003	Ana Nascimento	b.t.m.	Senior Feminino	01:14:12	+36:17	09:17
118	1141	Patrícia Carvalho	s+q6	Senior Feminino	01:14:15	+36:21	09:17
119	1036	Vitor David Silva Vieira	best cross amares	Senior Masculino	01:14:24	+36:29	09:18
120	1008	Sara Nascimento	b.t.m.	Senior Feminino	01:14:51	+36:57	09:21
121	1190	Maria Martins	tropa de elite	Senior Feminino	01:15:00	+37:05	09:23
122	1007	Paula Ferreira	b.t.m.	Senior Feminino	01:15:00	+37:05	09:23
123	1027	António Fernandes Araújo Silva	best cross amares	Senior Masculino	01:15:02	+37:07	09:23
124	1006	Marta Figueiredo	b.t.m.	Senior Feminino	01:15:18	+37:23	09:25
125	1033	Ricardo José Peixoto Coelho	best cross amares	Senior Masculino	01:15:22	+37:27	09:25
126	1206	Sandra Marques	100fobias	Senior Feminino	01:15:30	+37:36	09:26
127	75	Vitor Gonçalves	legião urbana	Senior Masculino	01:15:42	+37:47	09:28

PROVA PRINCIPAL - STAGE 1 8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
128	1091	Raquel Lopes	guerreiras do minho	Senior Feminino	01:15:47	+37:52	09:28
129	1001	Paula Cristina S .Jesus Félix	100fobias	Senior Feminino	01:16:21	+38:26	09:33
130	1295	Rúben Costa	tropa de elite	Senior Masculino	01:16:34	+38:40	09:34
131	1220	Daniel Caetano	challenge force	Senior Masculino	01:17:10	+39:15	09:39
132	1088	Judite Costa	guerreiras do minho	Senior Feminino	01:17:28	+39:34	09:41
133	28	Vânia Peixoto	b.t.m.	Senior Feminino	01:17:34	+39:40	09:42
134	1034	Stephane Ribeiro de Sousa	best cross amares	Senior Masculino	01:17:57	+40:03	09:45
135	1214	Marta Ramos	challenge force	Senior Feminino	01:18:04	+40:09	09:46
136	1030	Eduardo Manuel Peixoto Coelho	best cross amares	Senior Masculino	01:18:09	+40:14	09:46
137	1092	Raquel Manuel	guerreiras do minho	Senior Feminino	01:18:28	+40:34	09:49
138	1211	Adriana Neves	challenge force	Senior Feminino	01:18:35	+40:41	09:49
139	1218	Carlos Araújo	challenge force	Senior Masculino	01:18:37	+40:42	09:50
140	1090	Paloma Vincent	guerreiras do minho	Senior Feminino	01:18:41	+40:47	09:50
141	1024	Joana Pinheiro da Fonseca Barbosa	best cross amares	Senior Feminino	01:19:04	+41:09	09:53
142	1085	Fernanda Fernandes	guerreiras do minho	Senior Feminino	01:19:08	+41:13	09:54
143	1216	Paula Soares	challenge force	Senior Feminino	01:19:23	+41:29	09:55
144	1217	Sara Barradas	challenge force	Senior Feminino	01:19:25	+41:31	09:56
145	1222	Miguel Silva	challenge force	Senior Masculino	01:19:25	+41:31	09:56
146	1089	Maria Goreti Dias	guerreiras do minho	Senior Feminino	01:19:43	+41:49	09:58
147	1115	CELINA BARROS	n14 crossfit	Senior Feminino	01:19:57	+42:03	10:00
148	1140	Maria Teresa Martins	s+q6	Senior Feminino	01:19:57	+42:03	10:00
149	1135	Eduarda Martins	s+q6	Senior Feminino	01:19:57	+42:03	10:00
150	1223	Ricardo Bessa	challenge force	Senior Masculino	01:20:01	+42:06	10:00
151	1213	Daniela Barbosa	challenge force	Senior Feminino	01:20:15	+42:21	10:02
152	1219	Carlos Samagaio	challenge force	Senior Masculino	01:20:21	+42:26	10:03
153	1212	Cândida Silva	challenge force	Senior Feminino	01:20:31	+42:36	10:04
154	1221	João Couto	challenge force	Senior Masculino	01:20:33	+42:39	10:04
155	1026	Vanessa Afonso da Costa	best cross amares	Senior Feminino	01:20:50	+42:55	10:06
156	72	Pedro Serra	legião urbana	Senior Masculino	01:20:53	+42:59	10:07
157	1103	Edgar José Costa Machado	individual	Senior Masculino	01:21:16	+43:22	10:10
158	1022	Daniela Filipa da Silva Carvalho	best cross amares	Senior Feminino	01:21:55	+44:00	10:14
159	1025	Lígia Maria Fernandes Gonçalves	best cross amares	Senior Feminino	01:22:32	+44:37	10:19
160	22	João Filipe Rodrigues Gaspar	#aminhamaenaodeixa	Senior Masculino	01:22:51	+44:56	10:21
161	85	Helder Domingos	individual	Senior Masculino	01:22:56	+45:02	10:22
162	1215	Mónica Fernandes	challenge force	Senior Feminino	01:23:54	+45:59	10:29
163	1204	Ana Sofia Augusto	100fobias	Senior Feminino	01:23:55	+46:00	10:29
164	1294	Anabela Sousa	tropa de elite	Senior Feminino	01:23:59	+46:04	10:30
165	1205	Daniela Varandas	100fobias	Senior Feminino	01:24:12	+46:18	10:32
166	39	Joana Cristina Correia Alves	individual	Senior Feminino	01:24:32	+46:37	10:34
167	1189	Filipa Alves	tropa de elite	Senior Feminino	01:24:47	+46:52	10:36
168	1264	Sandra Vale	ninja team	Senior Feminino	01:24:47	+46:53	10:36
169	41	Rebeca	individual	Senior Feminino	01:25:09	+47:14	10:39
170	1261	Lucia Neves	ninja team	Senior Feminino	01:25:33	+47:38	10:42
171	1187	Pedro Daniel Sá	tockandar	Senior Masculino	01:26:00	+48:06	10:45
172	1269	Mário logarinho	ninja team	Senior Masculino	01:26:38	+48:44	10:50

PROVA PRINCIPAL - STAGE 1 8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
173	1186	Jose Silva	tockandar	Senior Masculino	01:26:41	+48:46	10:50
174	1188	Pedro Pinto de Almeida	tockandar	Senior Masculino	01:26:48	+48:54	10:51
175	21	Diana Cardoso	#aminhamaenaodeixa	Senior Feminino	01:26:59	+49:04	10:52
176	1184	Claudia Ramos	tockandar	Senior Feminino	01:27:04	+49:10	10:53
177	1185	Luisa Gonçalves	tockandar	Senior Feminino	01:27:06	+49:11	10:53
178	1023	Emília conceição Vieira Faria	best cross amares	Senior Feminino	01:27:06	+49:12	10:53
179	1224	Alice Coelho	éprócumbibio	Senior Feminino	01:27:24	+49:29	10:56
180	1293	João Moura	tockandar	Senior Masculino	01:27:42	+49:48	10:58
181	1226	Jorge Silva	éprócumbibio	Senior Masculino	01:28:32	+50:38	11:04
182	1227	Pedro Silva	éprócumbibio	Senior Masculino	01:28:46	+50:51	11:06
183	1255	Simão Pedro da Costa Ferreira	individual	Senior Masculino	01:29:01	+51:06	11:08
184	1248	Sara Filipa Carneiro de Oliveira	individual	Senior Feminino	01:29:01	+51:07	11:08
185	1259	Catarina Ribeiro	ninja team	Senior Feminino	01:29:18	+51:24	11:10
186	1271	Ruben Gonçalves	ninja team	Senior Masculino	01:29:18	+51:24	11:10
187	1268	João Oliveira	ninja team	Senior Masculino	01:29:19	+51:24	11:10
188	1262	Lurdes Júnior	ninja team	Senior Feminino	01:29:19	+51:24	11:10
189	1263	Patricia Ramoa	ninja team	Senior Feminino	01:29:19	+51:25	11:10
190	1266	Cosme Fula	ninja team	Senior Masculino	01:29:20	+51:25	11:10
191	1267	Diogo Gonçalves	ninja team	Senior Masculino	01:29:20	+51:25	11:10
192	1225	Mafalda Rodrigues	éprócumbibio	Senior Feminino	01:29:40	+51:45	11:13
193	1149	Catarina Moreira	swatcamp	Senior Feminino	01:30:16	+52:22	11:17
194	1162	Paulo Silva	swatcamp	Senior Masculino	01:30:19	+52:25	11:17
195	1159	Filipe Vieira	swatcamp	Senior Masculino	01:30:20	+52:26	11:18
196	1163	RICARDO GERALDO	swatcamp	Senior Masculino	01:30:28	+52:34	11:19
197	1230	Tania Ribeiro	falsa fama	Senior Feminino	01:30:46	+52:51	11:21
198	1229	fernanda pires	falsa fama	Senior Feminino	01:30:46	+52:51	11:21
199	1231	bruno pires	falsa fama	Senior Masculino	01:30:46	+52:51	11:21
200	1233	vitor mauricio	falsa fama	Senior Masculino	01:30:46	+52:51	11:21
201	1300	Rui Bruno	vparacers	Senior Masculino	01:31:05	+53:11	11:23
202	1301	Tiago Fernandes	vparacers	Senior Masculino	01:31:06	+53:11	11:23
203	1297	Tânia Coelho	vparacers	Senior Feminino	01:31:06	+53:11	11:23
204	1298	Francisco Manuel Matos Violante	vparacers	Senior Masculino	01:31:06	+53:12	11:23
205	1299	Paulo Alves	vparacers	Senior Masculino	01:31:06	+53:12	11:23
206	1282	Felicia abreu	swatcamp	Senior Feminino	01:31:12	+53:17	11:24
207	1150	Catarina Pereira	swatcamp	Senior Feminino	01:31:57	+54:03	11:30
208	1165	Rui Vieira	swatcamp	Senior Masculino	01:32:18	+54:23	11:32
209	1155	SOFIA ABREU	swatcamp	Senior Feminino	01:32:41	+54:47	11:35
210	1285	Carlos Atilano	swatcamp	Senior Masculino	01:32:42	+54:47	11:35
211	1208	Filipe Almeida	100fobias	Senior Masculino	01:33:10	+55:16	11:39
212	1105	Luis Peixoto	individual	Senior Masculino	01:33:50	+55:56	11:44
213	1087	Joana Prim	guerreiras do minho	Senior Feminino	01:34:25	+56:31	11:48
214	1239	Monica Oliveira	ginasius team	Senior Feminino	01:35:13	+57:19	11:54
215	1243	José Luís Sousa	ginasius team	Senior Masculino	01:35:18	+57:24	11:55
216	1236	Mafalda Carvalho	ginasius team	Senior Feminino	01:37:23	+59:29	12:10
217	1237	Maria Costa	ginasius team	Senior Feminino	01:37:24	+59:30	12:11
218	1235	Fernanda Rocha	ginasius team	Senior Feminino	01:37:26	+59:31	12:11

PROVA PRINCIPAL - STAGE 1 8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
219	1244	Óscar Magôlo	ginasius team	Senior Masculino	01:40:14	+01:02:20	12:32
220	1161	Miguel ferreira	swatcamp	Senior Masculino	01:41:51	+01:03:56	12:44
221	1158	Filipe Pereira	swatcamp	Senior Masculino	01:42:00	+01:04:05	12:45
222	1112	ANGELA VIEIRA DE JESUS	n14 crossfit	Senior Feminino	01:42:27	+01:04:32	12:48
223	1120	SILVIA BARROS	n14 crossfit	Senior Feminino	01:42:27	+01:04:33	12:48
224	1111	ANDREIA FERNANDES	n14 crossfit	Senior Feminino	01:42:29	+01:04:34	12:49
225	1275	Maria Gonçalves	solinca gmr	Senior Feminino	01:44:03	+01:06:08	13:00
226	1286	Rúben Sousa	swatcamp	Senior Masculino	01:44:36	+01:06:41	13:05
227	1280	Pierre Pinheiro	solinca gmr	Senior Masculino	01:44:36	+01:06:41	13:05
228	1278	Miguel Macedo	solinca gmr	Senior Masculino	01:44:37	+01:06:43	13:05
229	1272	Ana Ferreira	solinca gmr	Senior Feminino	01:44:38	+01:06:43	13:05
230	1274	Ines Rosinha	solinca gmr	Senior Feminino	01:44:38	+01:06:44	13:05
231	1277	Luis Estanislau	solinca gmr	Senior Masculino	01:44:39	+01:06:45	13:05
232	1276	Carlos Silva	solinca gmr	Senior Masculino	01:44:40	+01:06:45	13:05
233	1273	Catarina Pinheiro	solinca gmr	Senior Feminino	01:44:41	+01:06:46	13:05
234	1307	Monica Sofia	swatcamp	Senior Feminino	01:45:05	+01:07:10	13:08
235	1151	Elsa Carolina	swatcamp	Senior Feminino	01:45:40	+01:07:46	13:13
236	1152	Maria Ferreira	swatcamp	Senior Feminino	01:45:41	+01:07:47	13:13
237	1164	Rui Coimbra	swatcamp	Senior Masculino	01:46:28	+01:08:33	13:19
238	1154	Natália Teixeira	swatcamp	Senior Feminino	01:46:28	+01:08:34	13:19
239	1245	Virgílio Sousa	ginasius team	Senior Masculino	01:47:01	+01:09:06	13:23
240	1242	João Bernardes	ginasius team	Senior Masculino	01:47:03	+01:09:08	13:23
241	1234	Ana Bernardes	ginasius team	Senior Feminino	01:47:03	+01:09:08	13:23
242	1238	Maria José Silva	ginasius team	Senior Feminino	01:47:04	+01:09:09	13:23
243	1240	Patrícia Ferreira	ginasius team	Senior Feminino	01:47:05	+01:09:10	13:23
244	1241	Fernando Sousa	ginasius team	Senior Masculino	01:47:08	+01:09:14	13:24
245	1283	Jani pereira	swatcamp	Senior Feminino	01:47:10	+01:09:16	13:24
246	1291	Daniel Gomes	things.com.pt	Senior Masculino	01:47:20	+01:09:26	13:25
247	1153	Marlene Freitas	swatcamp	Senior Feminino	01:47:53	+01:09:58	13:29
248	1281	Anabela Cristina	swatcamp	Senior Feminino	01:48:12	+01:10:18	13:32
249	1180	Alexandre Miguel Portela de Brito	the warriors	Senior Masculino	01:48:51	+01:10:56	13:36
250	1156	Sofia Pereira	swatcamp	Senior Feminino	01:49:04	+01:11:09	13:38
251	1157	Bruno Fernandes	swatcamp	Senior Masculino	01:49:09	+01:11:15	13:39
252	1252	Pedro Rego	individual	Senior Masculino	01:49:32	+01:11:37	13:42
253	1246	Cátia Sousa	individual	Senior Feminino	01:49:32	+01:11:38	13:42
254	1136	Filipa Gonçalves	s+q6	Senior Feminino	01:50:40	+01:12:46	13:50
255	1139	Maria José Martins	s+q6	Senior Feminino	01:50:40	+01:12:46	13:50
256	1134	Diana Santos	s+q6	Senior Feminino	01:50:40	+01:12:46	13:50
257	1146	Manuel Martins	s+q6	Senior Masculino	01:50:41	+01:12:46	13:50
258	1142	António Martins	s+q6	Senior Masculino	01:50:42	+01:12:47	13:50
259	1138	Joana Martins	s+q6	Senior Feminino	01:50:42	+01:12:48	13:50
260	1176	Catarina das Dores da Cunha Cerqueira	the warriors	Senior Feminino	01:50:57	+01:13:02	13:52
261	1179	Abraão Miguel Mendes de Carvalho	the warriors	Senior Masculino	01:50:57	+01:13:02	13:52
262	1182	Manuel Ricardo Amorim Cunha	the warriors	Senior Masculino	01:50:57	+01:13:02	13:52
263	1183	Nuno Ricardo Amorim da Cunha	the warriors	Senior Masculino	01:50:57	+01:13:02	13:52

PROVA PRINCIPAL - STAGE 1 8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
264	1181	Luis Filipe Lopes de Araujo	the warriors	Senior Masculino	01:50:57	+01:13:03	13:52
265	1178	Márcia Patricia da Silva Freitas	the warriors	Senior Feminino	01:50:57	+01:13:03	13:52
266	1177	Ines Coturela da Cunha	the warriors	Senior Feminino	01:50:57	+01:13:03	13:52
267	1290	Maria Jose Lopes	things.com.pt	Senior Feminino	01:51:28	+01:13:34	13:56
268	1292	Paulo Carneiro	things.com.pt	Senior Masculino	01:51:32	+01:13:38	13:57
269	1288	Andreia Filipa Lopes Gomes	things.com.pt	Senior Feminino	01:51:33	+01:13:38	13:57
270	1198	Zélia Carina Monteiro Pereira	wild vets	Senior Feminino	01:57:20	+01:19:25	14:40
271	1195	Inês de Figueiredo Pires	wild vets	Senior Feminino	01:57:22	+01:19:27	14:40
272	1197	Patricia Alexandra Curado Quintas Dinis Poeta	wild vets	Senior Feminino	01:57:24	+01:19:29	14:41
273	1203	Miguel Nuno Pinheiro Quaresma	wild vets	Senior Masculino	01:57:30	+01:19:36	14:41
274	1196	Katia Maria Gomes dos Santos	wild vets	Senior Feminino	01:59:17	+01:21:22	14:55
275	1200	João Morais	wild vets	Senior Masculino	01:59:17	+01:21:23	14:55
276	1202	João Pedro Mendes de Oliveira	wild vets	Senior Masculino	02:00:25	+01:22:30	15:03
277	1064	Estêvão Ferreira	crossfit famalicão	Senior Masculino	02:02:02	+01:24:08	15:15
278	1080	Rui Alpoim	crossfit famalicão	Senior Masculino	02:02:04	+01:24:09	15:16
279	1060	Carlos Rodrigues	crossfit famalicão	Senior Masculino	02:02:32	+01:24:38	15:19
280	1065	Francisco Ferreira	crossfit famalicão	Senior Masculino	02:04:50	+01:26:56	15:36
281	1055	Sandra Araújo	crossfit famalicão	Senior Feminino	02:04:50	+01:26:56	15:36
282	1054	Rita Azevedo	crossfit famalicão	Senior Feminino	02:05:51	+01:27:56	15:44
283	1062	Diogo Freitas	crossfit famalicão	Senior Masculino	02:05:52	+01:27:57	15:44
284	1052	Lúcia Carneiro	crossfit famalicão	Senior Feminino	02:06:41	+01:28:46	15:50
285	1069	João Veloso	crossfit famalicão	Senior Masculino	02:06:41	+01:28:47	15:50
286	1040	Ana João	crossfit famalicão	Senior Feminino	02:06:41	+01:28:47	15:50
287	1053	Maria Tereza	crossfit famalicão	Senior Feminino	02:07:55	+01:30:00	15:59
288	1077	Pedro Moreira	crossfit famalicão	Senior Masculino	02:07:55	+01:30:01	15:59
289	1043	Cristiana Costa	crossfit famalicão	Senior Feminino	02:09:16	+01:31:21	16:10
290	1078	Ricardo Machado	crossfit famalicão	Senior Masculino	02:11:42	+01:33:48	16:28
291	1056	Sandra Carvalho	crossfit famalicão	Senior Feminino	02:14:12	+01:36:18	16:47
292	1076	Pedro Machado	crossfit famalicão	Senior Masculino	02:15:30	+01:37:35	16:56
293	1072	Magno Almeida	crossfit famalicão	Senior Masculino	02:17:20	+01:39:26	17:10
294	1045	Daniela Gonçalves	crossfit famalicão	Senior Feminino	02:17:21	+01:39:26	17:10
295	1041	Ana Simões	crossfit famalicão	Senior Feminino	02:17:21	+01:39:27	17:10
296	1048	Fernanda Silva	crossfit famalicão	Senior Feminino	02:17:22	+01:39:28	17:10
297	1038	Alexandra Teixeira	crossfit famalicão	Senior Feminino	02:17:22	+01:39:28	17:10
298	1046	Diana Dias	crossfit famalicão	Senior Feminino	02:17:22	+01:39:28	17:10
299	1044	Cristina Ferreira	crossfit famalicão	Senior Feminino	02:17:22	+01:39:28	17:10
300	1047	Elsa Cunha	crossfit famalicão	Senior Feminino	02:17:22	+01:39:28	17:10
301	1050	Isabel Lagoa Costa	crossfit famalicão	Senior Feminino	02:17:23	+01:39:28	17:10
302	1057	Sandra Costa	crossfit famalicão	Senior Feminino	02:17:23	+01:39:29	17:10
303	1066	Frederico Rocha	crossfit famalicão	Senior Masculino	02:17:23	+01:39:29	17:10
304	1068	João Salgado	crossfit famalicão	Senior Masculino	02:17:24	+01:39:29	17:11
305	1081	Rui Miguel	crossfit famalicão	Senior Masculino	02:17:25	+01:39:31	17:11
306	1042	Carina Oliveira	crossfit famalicão	Senior Feminino	02:17:25	+01:39:31	17:11
307	1061	Daniel Dias	crossfit famalicão	Senior Masculino	02:17:26	+01:39:31	17:11
308	1079	Roberto Martins	crossfit famalicão	Senior Masculino	02:17:28	+01:39:33	17:11

PROVA PRINCIPAL - STAGE 1 8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
309	1058	Tânia Silva	crossfit famalicão	Senior Feminino	02:17:31	+01:39:37	17:11
310	1051	Liliana Sousa	crossfit famalicão	Senior Feminino	02:17:52	+01:39:57	17:14
311	1073	Mario Martins	crossfit famalicão	Senior Masculino	02:19:28	+01:41:34	17:26

Montalegre Urban Fit
Montalegre
04-March-2017

Prova Principal — 8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	15:00	7.9ºC	71%
End	17:59	7.9ºC	71%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	27	Diana Ferreira	B.T.M.	Senior Feminino	51:26		06:26
2	44	Sofia Lobo	Individual	Senior Feminino	53:15	+01:49	06:39
3	1005	Eunice Moreira	B.T.M.	Senior Feminino	56:26	+05:00	07:03
4	1117	HELENA FERNANDES	N14 CROSSFIT	Senior Feminino	56:32	+05:06	07:04
5	1086	Inês Capitão Figueiredo	Guerreiras do Minho	Senior Feminino	01:03:58	+12:32	08:00
6	1083	Ana Vinhas	Guerreiras do Minho	Senior Feminino	01:04:42	+13:16	08:05
7	1084	Anabela Neves	Guerreiras do Minho	Senior Feminino	01:06:46	+15:20	08:21
8	1247	Rafaela Bento	Individual	Senior Feminino	01:09:31	+18:05	08:41
9	1107	Inês Oliveira Nunes Mateus	Melides Power Team	Senior Feminino	01:10:48	+19:22	08:51
10	1133	Carla Alves	S+Q6	Senior Feminino	01:11:26	+20:00	08:56
11	1039	Ana Dinis	CrossFit Famalicão	Senior Feminino	01:11:58	+20:32	09:00
12	1316	Adriana Salgado	Individual	Senior Feminino	01:12:11	+20:45	09:01
13	1113	BRUNA CATARINA SILVA FONSECA	N14 CROSSFIT	Senior Feminino	01:13:40	+22:14	09:12
14	1049	Helena Alves	CrossFit Famalicão	Senior Feminino	01:13:44	+22:18	09:13
15	1167	Helena Isabel Azevedo Martins	Team Bracara Crossfit	Senior Feminino	01:13:59	+22:33	09:15
16	1003	Ana Nascimento	B.T.M.	Senior Feminino	01:14:12	+22:46	09:17
17	1141	Patrícia Carvalho	S+Q6	Senior Feminino	01:14:16	+22:50	09:17
18	1008	Sara Nascimento	B.T.M.	Senior Feminino	01:14:52	+23:26	09:21
19	1190	Maria Martins	Tropa de Elite	Senior Feminino	01:15:00	+23:34	09:23
20	1007	Paula Ferreira	B.T.M.	Senior Feminino	01:15:00	+23:34	09:23
21	1006	Marta Figueiredo	B.T.M.	Senior Feminino	01:15:18	+23:52	09:25
22	1206	Sandra Marques	100fobias	Senior Feminino	01:15:31	+24:05	09:26
23	1091	Raquel Lopes	Guerreiras do Minho	Senior Feminino	01:15:47	+24:21	09:28
24	1001	Paula Cristina S .Jesus Félix	100fobias	Senior Feminino	01:16:21	+24:55	09:33
25	1088	Judite Costa	Guerreiras do Minho	Senior Feminino	01:17:29	+26:03	09:41
26	28	Vânia Peixoto	B.T.M.	Senior Feminino	01:17:35	+26:09	09:42
27	1214	Marta Ramos	CHALLENGE FORCE	Senior Feminino	01:18:04	+26:38	09:46
28	1092	Raquel Manuel	Guerreiras do Minho	Senior Feminino	01:18:29	+27:03	09:49
29	1211	Adriana Neves	CHALLENGE FORCE	Senior Feminino	01:18:36	+27:10	09:49
30	1090	Paloma Vincent	Guerreiras do Minho	Senior Feminino	01:18:42	+27:16	09:50
31	1024	Joana Pinheiro da Fonseca Barbosa	BEST CROSS AMARES	Senior Feminino	01:19:04	+27:38	09:53
32	1085	Fernanda Fernandes	Guerreiras do Minho	Senior Feminino	01:19:08	+27:42	09:54
33	1216	Paula Soares	CHALLENGE FORCE	Senior Feminino	01:19:24	+27:58	09:55
34	1217	Sara Barradas	CHALLENGE FORCE	Senior Feminino	01:19:26	+28:00	09:56
35	1089	Maria Goreti Dias	Guerreiras do Minho	Senior Feminino	01:19:44	+28:18	09:58
36	1115	CELINA BARROS	N14 CROSSFIT	Senior Feminino	01:19:58	+28:32	10:00
37	1140	Maria Teresa Martins	S+Q6	Senior Feminino	01:19:58	+28:32	10:00
38	1135	Eduarda Martins	S+Q6	Senior Feminino	01:19:58	+28:32	10:00
39	1213	Daniela Barbosa	CHALLENGE FORCE	Senior Feminino	01:20:16	+28:50	10:02

Prova Principal

8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

40	1212	Cândida Silva	CHALLENGE FORCE	Senior Feminino	01:20:31	+29:05	10:04
41	1026	Vanessa Afonso da Costa	BEST CROSS AMARES	Senior Feminino	01:20:50	+29:24	10:06
42	1022	Daniela Filipa da Silva Carvalho	BEST CROSS AMARES	Senior Feminino	01:21:55	+30:29	10:14
43	1025	Lígia Maria Fernandes Gonçalves	BEST CROSS AMARES	Senior Feminino	01:22:32	+31:06	10:19
44	1215	Mónica Fernandes	CHALLENGE FORCE	Senior Feminino	01:23:54	+32:28	10:29
45	1204	Ana Sofia Augusto	100fobias	Senior Feminino	01:23:55	+32:29	10:29
46	1294	Anabela Sousa	Tropa de Elite	Senior Feminino	01:23:59	+32:33	10:30
47	1205	Daniela Varandas	100fobias	Senior Feminino	01:24:13	+32:47	10:32
48	39	Joana Cristina Correia Alves	Individual	Senior Feminino	01:24:32	+33:06	10:34
49	1189	Filipa Alves	Tropa de Elite	Senior Feminino	01:24:47	+33:21	10:36
50	1264	Sandra Vale	Ninja Team	Senior Feminino	01:24:48	+33:22	10:36
51	41	Rebeca	Individual	Senior Feminino	01:25:09	+33:43	10:39
52	1261	Lucia Neves	Ninja Team	Senior Feminino	01:25:33	+34:07	10:42
53	21	Diana Cardoso	#aminhamaenaodeixa	Senior Feminino	01:26:59	+35:33	10:52
54	1184	Claudia Ramos	TocKandar	Senior Feminino	01:27:05	+35:39	10:53
55	1185	Luisa Gonçalves	TocKandar	Senior Feminino	01:27:06	+35:40	10:53
56	1023	Emília conceição Vieira Faria	BEST CROSS AMARES	Senior Feminino	01:27:07	+35:41	10:53
57	1224	Alice Coelho	Éprócumbibio	Senior Feminino	01:27:24	+35:58	10:56
58	1248	Sara Filipa Carneiro de Oliveira	Individual	Senior Feminino	01:29:02	+37:36	11:08
59	1259	Catarina Ribeiro	Ninja Team	Senior Feminino	01:29:19	+37:53	11:10
60	1262	Lurdes Júnior	Ninja Team	Senior Feminino	01:29:19	+37:53	11:10
61	1263	Patricia Ramoa	Ninja Team	Senior Feminino	01:29:20	+37:54	11:10
62	1225	Mafalda Rodrigues	Éprócumbibio	Senior Feminino	01:29:40	+38:14	11:13
63	1149	Catarina Moreira	SWATcamp	Senior Feminino	01:30:17	+38:51	11:17
64	1230	Tania Ribeiro	Falsa Fama	Senior Feminino	01:30:46	+39:20	11:21
65	1229	fernanda pires	Falsa Fama	Senior Feminino	01:30:46	+39:20	11:21
66	1297	Tânia Coelho	VPAracers	Senior Feminino	01:31:06	+39:40	11:23
67	1282	Felicia abreu	SWATcamp	Senior Feminino	01:31:12	+39:46	11:24
68	1150	Catarina Pereira	SWATcamp	Senior Feminino	01:31:58	+40:32	11:30
69	1155	SOFIA ABREU	SWATcamp	Senior Feminino	01:32:42	+41:16	11:35
70	1087	Joana Prim	Guerreiras do Minho	Senior Feminino	01:34:26	+43:00	11:48
71	1239	Monica Oliveira	Ginasius Team	Senior Feminino	01:35:14	+43:48	11:54
72	1236	Mafalda Carvalho	Ginasius Team	Senior Feminino	01:37:24	+45:58	12:10
73	1237	Maria Costa	Ginasius Team	Senior Feminino	01:37:25	+45:59	12:11
74	1235	Fernanda Rocha	Ginasius Team	Senior Feminino	01:37:26	+46:00	12:11
75	1112	ANGELA VIEIRA DE JESUS	N14 CROSSFIT	Senior Feminino	01:42:27	+51:01	12:48
76	1120	SILVIA BARROS	N14 CROSSFIT	Senior Feminino	01:42:28	+51:02	12:48
77	1111	ANDREIA FERNANDES	N14 CROSSFIT	Senior Feminino	01:42:29	+51:03	12:49
78	1275	Maria Gonçalves	Solinca GMR	Senior Feminino	01:44:03	+52:37	13:00
79	1272	Ana Ferreira	Solinca GMR	Senior Feminino	01:44:38	+53:12	13:05
80	1274	Ines Rosinha	Solinca GMR	Senior Feminino	01:44:39	+53:13	13:05
81	1273	Catarina Pinheiro	Solinca GMR	Senior Feminino	01:44:41	+53:15	13:05
82	1307	Monica Sofia	SWATcamp	Senior Feminino	01:45:05	+53:39	13:08
83	1151	Elsa Carolina	SWATcamp	Senior Feminino	01:45:41	+54:15	13:13
84	1152	Maria Ferreira	SWATcamp	Senior Feminino	01:45:42	+54:16	13:13
85	1154	Natália Teixeira	SWATcamp	Senior Feminino	01:46:29	+55:03	13:19

Prova Principal

8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

86	1234	Ana Bernardes	Ginasius Team	Senior Feminino	01:47:03	+55:37	13:23
87	1238	Maria José Silva	Ginasius Team	Senior Feminino	01:47:04	+55:38	13:23
88	1240	Patrícia Ferreira	Ginasius Team	Senior Feminino	01:47:05	+55:39	13:23
89	1283	Jani pereira	SWATcamp	Senior Feminino	01:47:11	+55:45	13:24
90	1153	Marlene Freitas	SWATcamp	Senior Feminino	01:47:53	+56:27	13:29
91	1281	Anabela Cristina	SWATcamp	Senior Feminino	01:48:13	+56:47	13:32
92	1156	Sofia Pereira	SWATcamp	Senior Feminino	01:49:04	+57:38	13:38
93	1246	Cátia Sousa	Individual	Senior Feminino	01:49:33	+58:07	13:42
94	1136	Filipa Gonçalves	S+Q6	Senior Feminino	01:50:41	+59:15	13:50
95	1139	Maria José Martins	S+Q6	Senior Feminino	01:50:41	+59:15	13:50
96	1134	Diana Santos	S+Q6	Senior Feminino	01:50:41	+59:15	13:50
97	1138	Joana Martins	S+Q6	Senior Feminino	01:50:43	+59:17	13:50
98	1176	Catarina das Dores da Cunha Cerqueira	The Warriors	Senior Feminino	01:50:57	+59:31	13:52
99	1178	Márcia Patricia da Silva Freitas	The Warriors	Senior Feminino	01:50:58	+59:32	13:52
100	1177	Ines Coturela da Cunha	The Warriors	Senior Feminino	01:50:58	+59:32	13:52
101	1290	Maria Jose Lopes	THINGS.COM.PT	Senior Feminino	01:51:29	+01:00:03	13:56
102	1288	Andreia Filipa Lopes Gomes	THINGS.COM.PT	Senior Feminino	01:51:33	+01:00:07	13:57
103	1198	Zélia Carina Monteiro Pereira	Wild Vets	Senior Feminino	01:57:20	+01:05:54	14:40
104	1195	Inês de Figueiredo Pires	Wild Vets	Senior Feminino	01:57:22	+01:05:56	14:40
105	1197	Patricia Alexandra Curado Quintas Dinis Poeta	Wild Vets	Senior Feminino	01:57:24	+01:05:58	14:41
106	1196	Katia Maria Gomes dos Santos	Wild Vets	Senior Feminino	01:59:17	+01:07:51	14:55
107	1055	Sandra Araújo	CrossFit Famalicão	Senior Feminino	02:04:51	+01:13:25	15:36
108	1054	Rita Azevedo	CrossFit Famalicão	Senior Feminino	02:05:51	+01:14:25	15:44
109	1052	Lúcia Carneiro	CrossFit Famalicão	Senior Feminino	02:06:41	+01:15:15	15:50
110	1040	Ana João	CrossFit Famalicão	Senior Feminino	02:06:42	+01:15:16	15:50
111	1053	Maria Tereza	CrossFit Famalicão	Senior Feminino	02:07:55	+01:16:29	15:59
112	1043	Cristiana Costa	CrossFit Famalicão	Senior Feminino	02:09:16	+01:17:50	16:10
113	1056	Sandra Carvalho	CrossFit Famalicão	Senior Feminino	02:14:13	+01:22:47	16:47
114	1045	Daniela Gonçalves	CrossFit Famalicão	Senior Feminino	02:17:21	+01:25:55	17:10
115	1041	Ana Simões	CrossFit Famalicão	Senior Feminino	02:17:22	+01:25:56	17:10
116	1048	Fernanda Silva	CrossFit Famalicão	Senior Feminino	02:17:23	+01:25:57	17:10
117	1038	Alexandra Teixeira	CrossFit Famalicão	Senior Feminino	02:17:23	+01:25:57	17:10
118	1046	Diana Dias	CrossFit Famalicão	Senior Feminino	02:17:23	+01:25:57	17:10
119	1044	Cristina Ferreira	CrossFit Famalicão	Senior Feminino	02:17:23	+01:25:57	17:10
120	1047	Elsa Cunha	CrossFit Famalicão	Senior Feminino	02:17:23	+01:25:57	17:10
121	1050	Isabel Lagoa Costa	CrossFit Famalicão	Senior Feminino	02:17:23	+01:25:57	17:10
122	1057	Sandra Costa	CrossFit Famalicão	Senior Feminino	02:17:24	+01:25:58	17:10
123	1042	Carina Oliveira	CrossFit Famalicão	Senior Feminino	02:17:26	+01:26:00	17:11
124	1058	Tânia Silva	CrossFit Famalicão	Senior Feminino	02:17:32	+01:26:06	17:11
125	1051	Liliana Sousa	CrossFit Famalicão	Senior Feminino	02:17:52	+01:26:26	17:14

Senior Masculino

1	32	Ricardo Rego	B.T.M.	Senior Masculino	37:55		04:44
2	30	Francisco Fernandes	B.T.M.	Senior Masculino	37:59	+00:04	04:45

Prova Principal

8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

3	63	Pablo	Individual	Senior Masculino	38:11	+00:16	04:46
4	53	Germán Montoto	Individual	Senior Masculino	40:36	+02:41	05:04
5	66	Rui Loureiro	Individual	Senior Masculino	40:50	+02:55	05:06
6	65	Pedro Pascoal	Individual	Senior Masculino	41:05	+03:10	05:08
7	61	MARCELO BARROSO OLIVEIRA	Individual	Senior Masculino	41:17	+03:22	05:10
8	23	Telmo Pinho	#aminhamaenaodeixa	Senior Masculino	42:31	+04:36	05:19
9	31	Pedro Moreira	B.T.M.	Senior Masculino	42:46	+04:51	05:21
10	1128	JOAO PAULO RODRIGUES DE ABREU	N14 CROSSFIT	Senior Masculino	43:04	+05:09	05:23
11	77	Rui Pedro Figueiredo	Oestesport OCR	Senior Masculino	43:11	+05:16	05:24
12	46	Bruno Sousa	Individual	Senior Masculino	44:11	+06:16	05:31
13	70	Marco Rocha	Legião Urbana	Senior Masculino	44:14	+06:19	05:32
14	29	Diogo Araújo	B.T.M.	Senior Masculino	44:16	+06:21	05:32
15	50	Filipe Amorim	Individual	Senior Masculino	44:34	+06:39	05:34
16	87	Toni Bento	Individual	Senior Masculino	44:37	+06:42	05:35
17	84	Ferrer	Individual	Senior Masculino	45:02	+07:07	05:38
18	71	Pedro Aleixo	Legião Urbana	Senior Masculino	45:10	+07:15	05:39
19	74	Rui Martins	Legião Urbana	Senior Masculino	45:21	+07:26	05:40
20	1017	Nuno Dantas	B.T.M.	Senior Masculino	46:00	+08:05	05:45
21	1063	Emanuel Cardoso	CrossFit Famalicão	Senior Masculino	46:40	+08:45	05:50
22	69	Luís Gonçalves	Legião Urbana	Senior Masculino	46:47	+08:52	05:51
23	1302	NUNO DANIEL MARÇAL BARROS	BEST CROSS AMARES	Senior Masculino	47:12	+09:17	05:54
24	55	Jefferson Dos Santos Ferreira	Individual	Senior Masculino	47:16	+09:21	05:54
25	86	João Duarte	B.T.M.	Senior Masculino	47:26	+09:31	05:56
26	1037	Vitor Manuel Pereira da Silva	BEST CROSS AMARES	Senior Masculino	47:32	+09:37	05:57
27	24	Germano Canedo	100fobias	Senior Masculino	47:39	+09:44	05:57
28	49	Duarte Nuno Borges Alves	Individual	Senior Masculino	48:02	+10:07	06:00
29	45	bruno proenca	Individual	Senior Masculino	48:10	+10:15	06:01
30	1031	José Gonçalves	BEST CROSS AMARES	Senior Masculino	48:17	+10:22	06:02
31	88	José Oliveira	ABB-FM (Atletas Baixo Barroso-Ferral-Montalegre)	Senior Masculino	48:29	+10:34	06:04
32	1011	Daniel Botelho	B.T.M.	Senior Masculino	49:00	+11:05	06:07
33	1010	Andre Loureiro	B.T.M.	Senior Masculino	49:37	+11:42	06:12
34	1145	José Rodrigues	S+Q6	Senior Masculino	49:46	+11:51	06:13
35	90	Daniel Oliveira	ABB-FM (Atletas Baixo Barroso-Ferral-Montalegre)	Senior Masculino	50:15	+12:20	06:17
36	1253	Renato São João	Individual	Senior Masculino	50:42	+12:47	06:20
37	25	Hugo Evaristo	100fobias	Senior Masculino	50:57	+13:02	06:22
38	62	Nuno Martins	Individual	Senior Masculino	51:00	+13:05	06:23
39	67	Rui Miguel dias da Silva	Individual	Senior Masculino	51:09	+13:14	06:24
40	89	Silvino Patrão	ABB-FM (Atletas Baixo Barroso-Ferral-Montalegre)	Senior Masculino	51:43	+13:48	06:28
41	34	Vitor Ramalho	B.T.M.	Senior Masculino	52:49	+14:54	06:36
42	1013	Fabio Pinto	B.T.M.	Senior Masculino	53:23	+15:28	06:40
43	47	CARLOS YEBRA PIMENTEL BREA	Individual	Senior Masculino	53:33	+15:38	06:42
44	1098	AGOSTINHO CUNHA	Individual	Senior Masculino	53:50	+15:55	06:44
45	1192	Rafael de Sousa	Tropa de Elite	Senior Masculino	54:59	+17:04	06:52
46	1127	FLAVIO CALDAS	N14 CROSSFIT	Senior Masculino	55:47	+17:52	06:58

Prova Principal

8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

47	1126	EDUARDO MANUEL LOUREIRO CAMPOS	N14 CROSSFIT	Senior Masculino	55:56	+18:01	07:00
48	1132	RICARDO MIGUEL BAÍA DA S. CERDEIRA LEITE	N14 CROSSFIT	Senior Masculino	56:02	+18:07	07:00
49	1209	Leonel Fernandes	Agrifer/Proposal	Senior Masculino	56:02	+18:07	07:00
50	59	José Teixeira	Individual	Senior Masculino	56:38	+18:43	07:05
51	1258	Paulo Jorge Pereira de Sousa	Minas da Borralha Team	Senior Masculino	56:40	+18:45	07:05
52	1256	Hugo Carreira	Minas da Borralha Team	Senior Masculino	56:40	+18:45	07:05
53	1257	José Amândio Martins Faria	Minas da Borralha Team	Senior Masculino	56:40	+18:45	07:05
54	78	Simao Carvalho	Solinca GMR	Senior Masculino	56:53	+18:58	07:07
55	1144	Hélder Barbosa	S+Q6	Senior Masculino	56:57	+19:02	07:07
56	1019	Ricardo Rocha	B.T.M.	Senior Masculino	57:00	+19:05	07:07
57	1016	Luis Fernandes	B.T.M.	Senior Masculino	57:24	+19:29	07:10
58	1021	Tiago Moreira	B.T.M.	Senior Masculino	58:21	+20:26	07:18
59	1306	Fernando Sousa da Silva	N14 CROSSFIT	Senior Masculino	59:14	+21:19	07:24
60	1123	CARLOS FERREIRA JUNIOR	N14 CROSSFIT	Senior Masculino	59:51	+21:56	07:29
61	1028	César Sousa Cunha	BEST CROSS AMARES	Senior Masculino	01:00:30	+22:35	07:34
62	1303	Favio Ricardo Ferreira Costa	BEST CROSS AMARES	Senior Masculino	01:00:33	+22:38	07:34
63	1143	Clemente Pereira	S+Q6	Senior Masculino	01:00:38	+22:43	07:35
64	1191	João Santos	Tropa de Elite	Senior Masculino	01:01:44	+23:49	07:43
65	1148	Vitor Marques	S+Q6	Senior Masculino	01:02:06	+24:11	07:46
66	1210	Rui Filipe Mota Bastos	Agrifer/Proposal	Senior Masculino	01:02:15	+24:20	07:47
67	1254	Reny Manuel Vilela Xavier	Individual	Senior Masculino	01:02:31	+24:36	07:49
68	1082	Victor Stelgitskig	CrossFit Famalicão	Senior Masculino	01:02:59	+25:04	07:52
69	1015	Helder Torres	B.T.M.	Senior Masculino	01:03:01	+25:06	07:53
70	1075	Pedro Carneiro	CrossFit Famalicão	Senior Masculino	01:03:05	+25:10	07:53
71	1029	Daniel silva Gonçalves	BEST CROSS AMARES	Senior Masculino	01:03:06	+25:11	07:53
72	57	Joaquim Ricardo de Sousa Borges	Individual	Senior Masculino	01:03:09	+25:14	07:54
73	1009	Andre Amorim	B.T.M.	Senior Masculino	01:03:21	+25:26	07:55
74	1012	Edgar Costa	B.T.M.	Senior Masculino	01:03:26	+25:31	07:56
75	1309	Antonio Baptista	Guerreiras do Minho	Senior Masculino	01:04:16	+26:21	08:02
76	58	José Ricardo Peixe	Individual	Senior Masculino	01:04:17	+26:22	08:02
77	1020	Sergio Fernandes	B.T.M.	Senior Masculino	01:04:18	+26:23	08:02
78	1130	LUIS QUEIROS	N14 CROSSFIT	Senior Masculino	01:04:20	+26:25	08:03
79	1124	DANIEL QUEIROS	N14 CROSSFIT	Senior Masculino	01:04:21	+26:26	08:03
80	54	Hugo Miguel do Val Ramos	Individual	Senior Masculino	01:04:55	+27:00	08:07
81	1059	André Rodrigues	CrossFit Famalicão	Senior Masculino	01:04:57	+27:02	08:07
82	73	Rui Gonçalves	Legião Urbana	Senior Masculino	01:05:14	+27:19	08:09
83	1147	Rui Lopes	S+Q6	Senior Masculino	01:05:32	+27:37	08:11
84	81	Hugo Cardoso	Wild Lynx Team	Senior Masculino	01:05:49	+27:54	08:14
85	82	Jose Pereira	Wild Lynx Team	Senior Masculino	01:06:00	+28:05	08:15
86	1106	Raúl Rodríguez Collazo	Individual	Senior Masculino	01:06:05	+28:10	08:16
87	1313	Miguel Oliveira	B.T.M.	Senior Masculino	01:06:47	+28:52	08:21
88	83	Ricardo Ramos	Wild Lynx Team	Senior Masculino	01:07:40	+29:45	08:28
89	1035	Tiago Filipe Pereira da Silva	BEST CROSS AMARES	Senior Masculino	01:08:58	+31:03	08:37
90	1032	Marco José Araújo Lima	BEST CROSS AMARES	Senior Masculino	01:09:04	+31:09	08:38
91	1109	Nuno Miguel de Matos Pereira	Melides Power Team	Senior Masculino	01:09:17	+31:22	08:40

Prova Principal

8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

92	1249	JOSE LUIS VILLAVERDE SANISIDRO	Individual	Senior Masculino	01:10:09	+32:14	08:46
93	1070	José Castro	CrossFit Famalicão	Senior Masculino	01:10:36	+32:41	08:50
94	1108	Augusto Carlos Chainho Nunes Salgado	Melides Power Team	Senior Masculino	01:10:48	+32:53	08:51
95	1110	Ricardo Parreira do Nascimento	Melides Power Team	Senior Masculino	01:10:48	+32:53	08:51
96	1074	Paulo Fonseca	CrossFit Famalicão	Senior Masculino	01:11:43	+33:48	08:58
97	52	Francisco Seoane Condeço Bento	Individual	Senior Masculino	01:12:11	+34:16	09:01
98	1104	LUIS LOBO	Individual	Senior Masculino	01:12:11	+34:16	09:01
99	68	Gonçalo Costa	Legião Urbana	Senior Masculino	01:12:56	+35:01	09:07
100	1071	Luís Moreira	CrossFit Famalicão	Senior Masculino	01:13:33	+35:38	09:12
101	1169	André Luís Calçada Duarte	Team Bracara Crossfit	Senior Masculino	01:13:37	+35:42	09:12
102	1036	Vitor David Silva Vieira	BEST CROSS AMARES	Senior Masculino	01:14:24	+36:29	09:18
103	1027	António Fernandes Araújo Silva	BEST CROSS AMARES	Senior Masculino	01:15:02	+37:07	09:23
104	1033	Ricardo José Peixoto Coelho	BEST CROSS AMARES	Senior Masculino	01:15:22	+37:27	09:25
105	75	Vitor Gonçalves	Legião Urbana	Senior Masculino	01:15:42	+37:47	09:28
106	1295	Rúben Costa	Tropa de Elite	Senior Masculino	01:16:35	+38:40	09:34
107	1220	Daniel Caetano	CHALLENGE FORCE	Senior Masculino	01:17:10	+39:15	09:39
108	1034	Stephane Ribeiro de Sousa	BEST CROSS AMARES	Senior Masculino	01:17:58	+40:03	09:45
109	1030	Eduardo Manuel Peixoto Coelho	BEST CROSS AMARES	Senior Masculino	01:18:09	+40:14	09:46
110	1218	Carlos Araújo	CHALLENGE FORCE	Senior Masculino	01:18:37	+40:42	09:50
111	1222	Miguel Silva	CHALLENGE FORCE	Senior Masculino	01:19:26	+41:31	09:56
112	1223	Ricardo Bessa	CHALLENGE FORCE	Senior Masculino	01:20:01	+42:06	10:00
113	1219	Carlos Samagaio	CHALLENGE FORCE	Senior Masculino	01:20:21	+42:26	10:03
114	1221	João Couto	CHALLENGE FORCE	Senior Masculino	01:20:34	+42:39	10:04
115	72	Pedro Serra	Legião Urbana	Senior Masculino	01:20:54	+42:59	10:07
116	1103	Edgar José Costa Machado	Individual	Senior Masculino	01:21:17	+43:22	10:10
117	22	João Filipe Rodrigues Gaspar	#aminhamaenaodeixa	Senior Masculino	01:22:51	+44:56	10:21
118	85	Helder Domingos	Individual	Senior Masculino	01:22:57	+45:02	10:22
119	1187	Pedro Daniel Sá	TocKandar	Senior Masculino	01:26:01	+48:06	10:45
120	1269	Mário logarinho	Ninja Team	Senior Masculino	01:26:39	+48:44	10:50
121	1186	Jose Silva	TocKandar	Senior Masculino	01:26:41	+48:46	10:50
122	1188	Pedro Pinto de Almeida	TocKandar	Senior Masculino	01:26:49	+48:54	10:51
123	1293	João Moura	TocKandar	Senior Masculino	01:27:43	+49:48	10:58
124	1226	Jorge Silva	Éprócumbibio	Senior Masculino	01:28:33	+50:38	11:04
125	1227	Pedro Silva	Éprócumbibio	Senior Masculino	01:28:46	+50:51	11:06
126	1255	Simão Pedro da Costa Ferreira	Individual	Senior Masculino	01:29:01	+51:06	11:08
127	1271	Ruben Gonçalves	Ninja Team	Senior Masculino	01:29:19	+51:24	11:10
128	1268	João Oliveira	Ninja Team	Senior Masculino	01:29:19	+51:24	11:10
129	1266	Cosme Fula	Ninja Team	Senior Masculino	01:29:20	+51:25	11:10
130	1267	Diogo Gonçalves	Ninja Team	Senior Masculino	01:29:20	+51:25	11:10
131	1162	Paulo Silva	SWATcamp	Senior Masculino	01:30:20	+52:25	11:17
132	1159	Filipe Vieira	SWATcamp	Senior Masculino	01:30:21	+52:26	11:18
133	1163	RICARDO GERALDO	SWATcamp	Senior Masculino	01:30:29	+52:34	11:19
134	1231	bruno pires	Falsa Fama	Senior Masculino	01:30:46	+52:51	11:21
135	1233	vitor mauricio	Falsa Fama	Senior Masculino	01:30:46	+52:51	11:21
136	1300	Rui Bruno	VPAracers	Senior Masculino	01:31:06	+53:11	11:23
137	1301	Tiago Fernandes	VPAracers	Senior Masculino	01:31:06	+53:11	11:23

Prova Principal

8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

138	1298	Francisco Manuel Matos Violante	VPAracers	Senior Masculino	01:31:07	+53:12	11:23
139	1299	Paulo Alves	VPAracers	Senior Masculino	01:31:07	+53:12	11:23
140	1165	Rui Vieira	SWATcamp	Senior Masculino	01:32:18	+54:23	11:32
141	1285	Carlos Atilano	SWATcamp	Senior Masculino	01:32:42	+54:47	11:35
142	1208	Filipe Almeida	100fobias	Senior Masculino	01:33:11	+55:16	11:39
143	1105	Luis Peixoto	Individual	Senior Masculino	01:33:51	+55:56	11:44
144	1243	José Luís Sousa	Ginasius Team	Senior Masculino	01:35:19	+57:24	11:55
145	1244	Óscar Magôlo	Ginasius Team	Senior Masculino	01:40:15	+01:02:20	12:32
146	1161	Miguel ferreira	SWATcamp	Senior Masculino	01:41:51	+01:03:56	12:44
147	1158	Filipe Pereira	SWATcamp	Senior Masculino	01:42:00	+01:04:05	12:45
148	1286	Rúben Sousa	SWATcamp	Senior Masculino	01:44:36	+01:06:41	13:05
149	1280	Pierre Pinheiro	Solinca GMR	Senior Masculino	01:44:36	+01:06:41	13:05
150	1278	Miguel Macedo	Solinca GMR	Senior Masculino	01:44:38	+01:06:43	13:05
151	1277	Luis Estanislau	Solinca GMR	Senior Masculino	01:44:40	+01:06:45	13:05
152	1276	Carlos Silva	Solinca GMR	Senior Masculino	01:44:40	+01:06:45	13:05
153	1164	Rui Coimbra	SWATcamp	Senior Masculino	01:46:28	+01:08:33	13:19
154	1245	Virgílio Sousa	Ginasius Team	Senior Masculino	01:47:01	+01:09:06	13:23
155	1242	João Bernardes	Ginasius Team	Senior Masculino	01:47:03	+01:09:08	13:23
156	1241	Fernando Sousa	Ginasius Team	Senior Masculino	01:47:09	+01:09:14	13:24
157	1291	Daniel Gomes	THINGS.COM.PT	Senior Masculino	01:47:21	+01:09:26	13:25
158	1180	Alexandre Miguel Portela de Brito	The Warriors	Senior Masculino	01:48:51	+01:10:56	13:36
159	1157	Bruno Fernandes	SWATcamp	Senior Masculino	01:49:10	+01:11:15	13:39
160	1252	Pedro Rego	Individual	Senior Masculino	01:49:32	+01:11:37	13:42
161	1146	Manuel Martins	S+Q6	Senior Masculino	01:50:41	+01:12:46	13:50
162	1142	António Martins	S+Q6	Senior Masculino	01:50:42	+01:12:47	13:50
163	1179	Abraão Miguel Mendes de Carvalho	The Warriors	Senior Masculino	01:50:57	+01:13:02	13:52
164	1182	Manuel Ricardo Amorim Cunha	The Warriors	Senior Masculino	01:50:57	+01:13:02	13:52
165	1183	Nuno Ricardo Amorim da Cunha	The Warriors	Senior Masculino	01:50:57	+01:13:02	13:52
166	1181	Luis Filipe Lopes de Araujo	The Warriors	Senior Masculino	01:50:58	+01:13:03	13:52
167	1292	Paulo Carneiro	THINGS.COM.PT	Senior Masculino	01:51:33	+01:13:38	13:57
168	1203	Miguel Nuno Pinheiro Quaresma	Wild Vets	Senior Masculino	01:57:31	+01:19:36	14:41
169	1200	João Morais	Wild Vets	Senior Masculino	01:59:18	+01:21:23	14:55
170	1202	João Pedro Mendes de Oliveira	Wild Vets	Senior Masculino	02:00:25	+01:22:30	15:03
171	1064	Estêvão Ferreira	CrossFit Famalicão	Senior Masculino	02:02:03	+01:24:08	15:15
172	1080	Rui Alpoim	CrossFit Famalicão	Senior Masculino	02:02:04	+01:24:09	15:16
173	1060	Carlos Rodrigues	CrossFit Famalicão	Senior Masculino	02:02:33	+01:24:38	15:19
174	1065	Francisco Ferreira	CrossFit Famalicão	Senior Masculino	02:04:51	+01:26:56	15:36
175	1062	Diogo Freitas	CrossFit Famalicão	Senior Masculino	02:05:52	+01:27:57	15:44
176	1069	João Veloso	CrossFit Famalicão	Senior Masculino	02:06:42	+01:28:47	15:50
177	1077	Pedro Moreira	CrossFit Famalicão	Senior Masculino	02:07:56	+01:30:01	15:59
178	1078	Ricardo Machado	CrossFit Famalicão	Senior Masculino	02:11:43	+01:33:48	16:28
179	1076	Pedro Machado	CrossFit Famalicão	Senior Masculino	02:15:30	+01:37:35	16:56
180	1072	Magno Almeida	CrossFit Famalicão	Senior Masculino	02:17:21	+01:39:26	17:10
181	1066	Frederico Rocha	CrossFit Famalicão	Senior Masculino	02:17:24	+01:39:29	17:10
182	1068	João Salgado	CrossFit Famalicão	Senior Masculino	02:17:24	+01:39:29	17:11
183	1081	Rui Miguel	CrossFit Famalicão	Senior Masculino	02:17:26	+01:39:31	17:11

Prova Principal

8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

184	1061	Daniel Dias	CrossFit Famalicão	Senior Masculino	02:17:26	+01:39:31	17:11
185	1079	Roberto Martins	CrossFit Famalicão	Senior Masculino	02:17:28	+01:39:33	17:11
186	1073	Mario Martins	CrossFit Famalicão	Senior Masculino	02:19:29	+01:41:34	17:26

COLECTIVA-GUERREIROS

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	B.T.M.	01:58:39 [1 + 2 + 9]	0
2	Legião Urbana	02:14:44 [13 + 18 + 19]	0
3	BEST CROSS AMARES	02:23:01 [23 + 26 + 30]	0
4	ABB-FM (Atletas Baixo Barroso-Ferral-Montalegre)	02:30:27 [31 + 35 + 41]	0
5	N14 CROSSFIT	02:34:47 [10 + 48 + 49]	0
6	S+Q6	02:47:21 [34 + 59 + 67]	0
7	Minas da Borralha Team	02:50:00 [55 + 56 + 57]	0
8	CrossFit Famalicão	02:52:43 [21 + 72 + 74]	0
9	100fobias	02:54:06 [27 + 37 + 126]	0
10	Tropa de Elite	03:11:43 [47 + 68 + 121]	0
11	Guerreiras do Minho	03:12:56 [79 + 80 + 85]	0
12	Wild Lynx Team	03:19:28 [90 + 91 + 95]	0
13	Melides Power Team	03:30:51 [98 + 102 + 103]	0
14	#aminhamaenaodeixa	03:32:21 [8 + 160 + 175]	0
15	CHALLENGE FORCE	03:53:50 [131 + 135 + 138]	0
16	Ninja Team	04:16:59 [168 + 170 + 172]	0
17	TocKandar	04:19:30 [171 + 173 + 174]	0
18	Éprócumbibio	04:24:43 [179 + 181 + 182]	0
19	Solinca GMR	04:25:32 [58 + 225 + 227]	0
20	SWATcamp	04:30:57 [193 + 194 + 195]	0
21	Falsa Fama	04:32:18 [197 + 198 + 199]	0
22	VPAracers	04:33:18 [201 + 202 + 203]	0
23	Ginasius Team	04:47:56 [214 + 215 + 216]	0
24	THINGS.COM.PT	05:30:22 [246 + 267 + 268]	0
25	The Warriors	05:30:45 [249 + 260 + 261]	0
26	Wild Vets	05:52:06 [270 + 271 + 272]	0