2ª Corrida Duas Léguas Gandaresas 2017

Cantanhede

01-July-2017

DUAS LÉGUAS GANDARESAS - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	19:00	29.7ºC	74%
End	20:37	29.7ºC	74%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	54	Osvaldo Barros	ccc praia de mira	Senior Masculino	33:56		03:24
2	53	Tiago Machado	casa povo mangualde	Senior Masculino	34:36	+00:40	03:28
3	152	messias dias	individual	Veterano M40	35:19	+01:23	03:32
4	85	Hugo Fontes	escola de atletismo de coimbra/jpaiva	Senior Masculino	35:42	+01:46	03:34
5	58	Rui Coimbra	centro de atletismo de tondela	Veterano M35	35:54	+01:58	03:35
6	154	Paulo Ferreira	individual	Veterano M45	35:55	+01:59	03:36
7	67	Filipe Rocha	dci/ccrdpedrulha-mealhada	Senior Masculino	36:10	+02:14	03:37
8	24	Rui Rodrigues	associação académica de coimbra	Veterano M40	36:56	+03:00	03:42
9	22	Alexandre Mestre	ascv associaçao socio cultural da valeirinha	Veterano M40	37:33	+03:36	03:45
10	59	Carlos Ribeiro	centro de atletismo de tondela	Veterano M40	37:38	+03:41	03:46
11	148	Carlos Pimenta	individual	Veterano M40	37:41	+03:45	03:46
12	57	Luis Martins	centro de atletismo de tondela	Veterano M35	37:47	+03:51	03:47
13	98	Miguel Figueira	gira sol	Senior Masculino	38:17	+04:21	03:50
14	8	Valter Lopes	acdrs quinhendros	Senior Masculino	38:26	+04:29	03:51
15	161	Telmo Almeida	individual	Veterano M40	38:36	+04:40	03:52
16	206	Paulo Cunha	pq	Veterano M40	38:40	+04:44	03:52
17	211	Rui Melo	sport clube beira-mar	Senior Masculino	38:42	+04:46	03:52
18	209	Ruben Cantante	quintantes	Senior Masculino	38:55	+04:59	03:54
19	192	José Rodrigues	moinhos da gandara	Senior Masculino	38:58	+05:02	03:54
20	70	João Almeida	dci/ccrdpedrulha-mealhada	Veterano M50	39:00	+05:04	03:54
21	31	Rafael Matias	atletismo clube da tocha	Senior Masculino	39:05	+05:09	03:55
22	69	Márcio Loureiro	dci/ccrdpedrulha-mealhada	Veterano M35	39:09	+05:12	03:55
23	200	Paulo Santos	mountain trails	Veterano M45	39:11	+05:15	03:55
24	167	Paulo Jorge António Martins Ferreira	individual	Veterano M40	39:14	+05:18	03:55
25	72	Vitor Manuel Jorge Oliveira	dci/ccrdpedrulha-mealhada	Veterano M50	39:17	+05:20	03:56
26	119	João Amândio	individual	Senior Masculino	40:03	+06:06	04:00
27	39	Ricardo Silva	atletismo clube da tocha	Veterano M35	40:03	+06:06	04:00
28	56	Mário Lopes	centro de atletismo de tondela	Senior Masculino	40:19	+06:23	04:02
29	163	Hélder Piedade	individual	Veterano M45	40:28	+06:32	04:03
30	158	RAFAEL GUEDES	individual	Veterano M40	40:40	+06:44	04:04
31	99	Nuno Sequeira	gira sol	Veterano M40	40:46	+06:49	04:05
32	86	Adérito Fontes	escola de atletismo de coimbra/jpaiva	Veterano M55	40:49	+06:53	04:05
33	25	Alberto Freches	associação académica de coimbra	Veterano M55	40:57	+07:00	04:06
34	92	Vitor Cação	gatões btt	Veterano M35	40:59	+07:02	04:06
35	32	Tiago Duarte	atletismo clube da tocha	Senior Masculino	41:18	+07:21	04:08
36	165	João Paulo Cunha Silva	individual	Veterano M45	41:30	+07:34	04:09
37	7	Tiago Moreno	acdrs quinhendros	Senior Masculino	41:33	+07:36	04:09
38	172	Carlos Cunha	individual	Veterano M50	41:36	+07:39	04:10
39	191	José Carlos Gomes	ligeirinhos	Veterano M55	41:44	+07:48	04:10
40	43	José Zananar	atletismo clube da tocha	Veterano M50	41:57	+08:01	04:12
41	38	Nélio Oliveira	atletismo clube da tocha	Veterano M35	42:12	+08:16	04:13

DUAS LÉGUAS GANDARESAS - STAGE 1 10 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	201	Francisco Manuel Pais	o mundo da corrida	Veterano M45	42:24	+08:27	04:14
43	35	Daniel Batata	atletismo clube da tocha	Veterano M35	42:24	+08:28	04:14
44	44	Vitor Faim	atletismo clube da tocha	Veterano M50	42:33	+08:37	04:15
45	26	Fernando Agante	associação académica de coimbra	Veterano M55	42:43	+08:47	04:16
46	173	joao castro	individual	Veterano M50	42:53	+08:57	04:17
47	21	Roberto Graça	ascv associaçao socio cultural da valeirinha	Senior Masculino	42:56	+09:00	04:18
48	137	Carlos Pereira	individual	Veterano M35	43:05	+09:09	04:19
49	30	José Sousa	atletismo clube da tocha	Senior Masculino	43:20	+09:24	04:20
50	199	Jorge Pedro	mountain trails	Veterano M40	43:24	+09:28	04:20
51	68	Bruno Gomes	dci/ccrdpedrulha-mealhada	Veterano M35	43:27	+09:31	04:21
52	12	Tó Zé	acdrs quinhendros	Veterano M45	43:47	+09:51	04:23
53	143	Paulo Fidalgo	individual	Veterano M35	43:57	+10:01	04:24
54	89	Gonçalo Batista	gatões btt	Senior Masculino	43:58	+10:02	04:24
55	23	Sara Silva	associação académica de coimbra	Senior Feminino	44:00	+10:04	04:24
56	100	Pedro Silva	gira sol	Veterano M40	44:02	+10:06	04:24
57	226	Célia Matias	individual	Veterana F35	44:19	+10:22	04:26
58	115	Daniel Ricardo Andrade Bexiga	individual	Senior Masculino	44:24	+10:27	04:26
59	73	Élio Oliveira	equipa 4 os papagaios	Veterano M35	44:28	+10:32	04:27
60	141	Miguel neves	individual	Veterano M35	44:51	+10:55	04:29
61	27	Joaquim Pocinho	associação académica de coimbra	Veterano M55	44:55	+10:59	04:30
62	153	Nuno Gonçalves	individual	Veterano M40	44:57	+11:01	04:30
63	84	Jorge Simões	equipa cadimarte	Veterano M35	44:58	+11:02	04:30
64	139	Filipe Carvalheiro	individual	Veterano M35	45:13	+11:16	04:31
65	101	Aderito Curto	gira sol	Veterano M55	45:21	+11:25	04:32
66	41	António Batata	atletismo clube da tocha	Veterano M40	45:33	+11:36	04:33
67	183	Marco Cunha	kaleijados	Veterano M35	45:37	+11:41	04:34
68	150	Jose carlos pimpao	individual	Veterano M40	45:41	+11:44	04:34
69	102	Rui Miguel O. Varanda	grupo cantarinhos	Veterano M40	45:46	+11:50	04:35
70	185	Luis Almeida	kaleijados	Veterano M40	46:04	+12:07	04:36
71	186	Luis Lima	kaleijados	Veterano M40	46:04	+12:08	04:36
72	75	José Gonçalves	equipa 4 os papagaios	Veterano M45	46:05	+12:09	04:37
73	207	Luis Neves	pq	Veterano M45	46:11	+12:14	04:37
74	188	Nuno Pessoa	kaleijados	Veterano M40	46:20	+12:23	04:38
75	34	Berto Almeida	atletismo clube da tocha	Veterano M35	46:22	+12:25	04:38
76	37	Eduardo Ferreira	atletismo clube da tocha	Veterano M35	46:27	+12:31	04:39
77	129	Renato Miguel Azenha Teixeira	individual	Senior Masculino	46:34	+12:38	04:39
78	204	Daniel Tabanez	portinsuranse	Veterano M40	46:43	+12:47	04:40
79	171	sérgio almeida	individual	Veterano M45	46:46	+12:50	04:41
80	170	Rui vieira	individual	Veterano M45	47:19	+13:23	04:44
81	117	Gabriel Santos	individual	Senior Masculino	47:19	+13:23	04:44
82	11	Bruno Torreira	acdrs quinhendros	Veterano M35	47:37	+13:41	04:46
83	74	Fernado Anastácio	equipa 4 os papagaios	Veterano M40	47:46	+13:50	04:47
84	83	Cesar Martins	equipa cadimarte	Veterano M35	47:50	+13:54	04:47
85	228	Ricardo Sebastiã	individual	Senior Masculino	47:53	+13:57	04:47
86	18	Orlando Pires	arsm\poiarestrail	Veterano M45	48:12	+14:16	04:49

DUAS LÉGUAS GANDARESAS - STAGE 1 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
87	10	Bruno Maciel	acdrs quinhendros	Veterano M35	48:14	+14:18	04:49
88	174	JOSÉ NEVES BATATA	individual	Veterano M50	48:31	+14:35	04:51
89	71	João Cavadas	dci/ccrdpedrulha-mealhada	Veterano M50	48:38	+14:42	04:52
90	76	José Pratas	equipa 4 os papagaios	Veterano M45	48:44	+14:48	04:52
91	202	Mario Manuel da Silva Pascoal	padaria silito	Veterano M40	48:47	+14:51	04:53
92	176	Narciso Arromba	cluve	Veterano M60	48:47	+14:51	04:53
93	189	Rosa Lídia Camarinha da Silva	ligeirinhos	Veterana F45	48:51	+14:55	04:53
94	208	Joana Quintã	quintantes	Senior Feminino	48:51	+14:55	04:53
95	131	Tiago José de Oliveira e Silva Gregório	individual	Senior Masculino	49:11	+15:15	04:55
96	64	Gabriel Dos Santos Maia	coração da gandara	Senior Masculino	49:15	+15:19	04:56
97	49	Antonio Gabriel A. Rolo	canto da chamusca	Senior Masculino	49:16	+15:20	04:56
98	66	Rodrigo José Oliveira Santos	coração da gandara	Senior Masculino	49:21	+15:24	04:56
99	80	Jorge Veloso	equipa 4 rapagaios	Veterano M45	49:23	+15:27	04:56
100	214	Carla Cardoso	sport clube beira-mar	Veterana F40	49:25	+15:28	04:57
101	81	Paulo Bento	equipa 4 rapagaios	Veterano M45	49:28	+15:31	04:57
102	145	Rui Gomes	individual	Veterano M35	49:36	+15:39	04:58
103	50	Micael Filipe Carvalho Ferreira	canto da chamusca	Senior Masculino	50:18	+16:22	05:02
104	223	Marco Camos	individual	Senior Masculino	50:33	+16:37	05:03
105	90	Tiago Cação	gatões btt	Senior Masculino	50:44	+16:48	05:04
106	52	Manuel Mauso	canto da chamusca	Veterano M60	50:46	+16:49	05:05
107	222	Tozé Lamão	individual	Senior Masculino	50:49	+16:53	05:05
108	95	Dinis Santos	gfsa	Senior Masculino	50:53	+16:57	05:05
109	198	Lurdes Gil	mountain trails	Veterana F40	50:58	+17:01	05:06
110	194	Tiago Oliveira	moinhos da gandara	Senior Masculino	51:01	+17:05	05:06
111	197	Célia Marinheiro	moinhos da gandara	Veterana F40	51:01	+17:05	05:06
112	82	Maurício Jaria	equipa 4 rapagaios	Veterano M60	51:07	+17:11	05:07
113	20	António Silva	arsm\poiarestrail	Veterano M60	51:11	+17:15	05:07
114	47	Rogerio Ribeiro	bio team run	Senior Masculino	52:02	+18:06	05:12
115	46	Liliana Caçoete	bio team run	Senior Feminino	52:02	+18:06	05:12
116	45	Joana Barraca	bio team run	Senior Feminino	52:03	+18:06	05:12
117	182	José Carlos Marques	kaleijados	Veterano M35	52:03	+18:07	05:12
118	224	Daniel Marques	individual	Senior Masculino	52:40	+18:43	05:16
119	51	Claudia Mauso	canto da chamusca	Veterana F35	52:52	+18:56	05:17
120	107	Guida Sofia Cardoso Gonçalves	individual	Senior Feminino	52:52	+18:56	05:17
121	221	Simão Almeida	individual	Senior Masculino	52:55	+18:59	05:18
122	109	Joana Pardal	individual	Senior Feminino	53:02	+19:05	05:18
123	178	Vitor Manuel Rodrigues	infortocha	Veterano M45	53:32	+19:35	05:21
124	157	Pedro Miguel Jorge lourenço	individual	Veterano M40	53:36	+19:39	05:22
125	190	Deolinda Rosa Camarinha da Silva	ligeirinhos	Veterana F55	53:37	+19:41	05:22
126	187	Luis Miguel Pato	kaleijados	Veterano M40	54:05	+20:09	05:25
127	212	Sara Santos	sport clube beira-mar	Veterana F35	54:14	+20:18	05:25
128	110	Juliana Rogério	individual	Senior Feminino	54:18	+20:21	05:26
129	130	Telmo Carvalheiro	individual	Senior Masculino	54:18	+20:22	05:26
130	9	Cidália Oliveira	acdrs quinhendros	Veterana F45	54:19	+20:23	05:26

DUAS LÉGUAS GANDARESAS - STAGE 1 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
131	36	Daniel Gaspar	atletismo clube da tocha	Veterano M35	54:25	+20:29	05:27
132	40	Alexandre Costa	atletismo clube da tocha	Veterano M40	54:26	+20:29	05:27
133	216	Juan Ferreira	sport clube beira-mar	Veterano M40	54:31	+20:34	05:27
134	225	Garcia Oliveira	individual	Veterano M45	54:36	+20:40	05:28
135	227	José Lucas	individual	Veterano M60	54:44	+20:48	05:28
136	195	Olga Felamino	moinhos da gandara	Veterana F35	54:53	+20:57	05:29
137	169	Rui Manuel Alves Abrantes	individual	Veterano M45	54:53	+20:57	05:29
138	79	Paulo Curado	equipa 4 rapagaios	Veterano M40	55:13	+21:16	05:31
139	15	Luis Silva	appacdm	Veterano M35	55:27	+21:31	05:33
140	166	Luis Silva	individual	Veterano M45	55:40	+21:44	05:34
141	144	Ricardo Almeida	individual	Veterano M35	55:55	+21:59	05:36
142	156	Pedro Abreu	individual	Veterano M40	56:11	+22:15	05:37
143	93	Laura Nadine Santos	gfsa	Senior Feminino	56:20	+22:24	05:38
144	60	Tânia Pascoal Ribeiro	chama amarela	Senior Feminino	56:21	+22:24	05:38
145	179	Fernando Teixeira	infortocha	Veterano M50	56:21	+22:25	05:38
146	33	André Pedreiro	atletismo clube da tocha	Veterano M35	56:56	+23:00	05:42
147	28	Liliana Domingues	atletismo clube da tocha	Senior Feminino	56:57	+23:00	05:42
148	122	Luis FiLipe Gimaro Azenha	individual	Senior Masculino	57:13	+23:17	05:43
149	175	Pedro Repas	individual	Veterano M50	57:18	+23:21	05:44
150	126	Pedro Fervença	individual	Senior Masculino	57:42	+23:46	05:46
151	94	Ademar Tereso	gfsa	Veterano M60	57:59	+24:03	05:48
152	142	Nelson Simões	individual	Veterano M35	58:04	+24:08	05:48
153	219	Cornelia Weis	tondela runners	Veterana F40	58:43	+24:46	05:52
154	229	Simão Mendes	individual	Veterano M40	59:13	+25:17	05:55
155	78	Sérgio Oliveira	equipa 4 rapagaios	Veterano M35	59:13	+25:17	05:55
156	205	Carlos Alves	pq	Veterano M35	59:30	+25:33	05:57
157	138	Eduardo Raposeiro	individual	Veterano M35	59:52	+25:56	05:59
158	193	Rodrigo Santos	moinhos da gandara	Senior Masculino	59:53	+25:56	05:59
159	65	Micael dos Santos Maia	coração da gandara	Senior Masculino	59:58	+26:02	06:00
160	160	Sérgio Matias Galvão	individual	Veterano M40	01:00:06	+26:10	06:01
161	220	Carla Cruz	individual	Veterana F35	01:00:17	+26:21	06:02
162	87	Carlos Morais	freguesia de sanguinheria	Veterano M60	01:00:19	+26:23	06:02
163	164	João Jorge	individual	Veterano M45	01:00:20	+26:23	06:02
164	61	Sérgio Miguel da Costa Teixeira	chama amarela	Veterano M35	01:00:20	+26:24	06:02
165	120	João Santos	individual	Senior Masculino	01:00:28	+26:32	06:03
166	155	Paulo Jorge Correia Faris	individual	Veterano M40	01:01:02	+27:05	06:06
167	151	Luís Miguel Laranjeira Couceiro	individual	Veterano M40	01:01:44	+27:47	06:10
168	196	Carla Felamino	moinhos da gandara	Veterana F40	01:02:09	+28:13	06:13
169	181	Cláudia Tomé	kaleijados	Veterana F35	01:03:45	+29:49	06:23
170	62	Rui Manuel Gomes dos Santos	chama amarela	Veterano M40	01:04:10	+30:14	06:25
171	104	Orlando Oliveira Neto	grupo mao	Veterano M60	01:04:10	+30:14	06:25
172	134	Dora Dourado	individual	Veterana F40	01:04:55	+30:59	06:30
173	103	Luis Varanda	grupo cantarinhos	Veterano M45	01:06:31	+32:35	06:39
174	108	Inês Tomaz da Conceição	individual	Senior Feminino	01:07:13	+33:17	06:43
175	118	Hélder jorge	individual	Senior Masculino	01:07:13	+33:17	06:43

DUAS LÉGUAS GANDARESAS - STAGE 1 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
176	125	Micael dos Santos Loureiro	individual	Senior Masculino	01:07:13	+33:17	06:43
177	106	Eliana Gomes Cantante	individual	Senior Feminino	01:09:32	+35:36	06:57
178	63	Joana Cavaleiro	conta tocha	Senior Feminino	01:13:12	+39:16	07:19
179	127	Pedro Vinagreiro	individual	Senior Masculino	01:13:29	+39:32	07:21
180	111	Sofia Milene Carvalho Ferreira	individual	Senior Feminino	01:13:29	+39:33	07:21
181	88	Beatriz Lopes	gatões btt	Senior Feminino	01:33:30	+59:33	09:21
182	91	Sonia Lopes	gatões btt	Veterana F40	01:33:31	+59:34	09:21

2ª Corrida Duas Léguas Gandaresas 2017

Cantanhede

01-July-2017

Duas Léguas Gandaresas — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	19:00	29.7ºC	74%
End	20:37	29.7ºC	74%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	23	Sara Silva	Associação Académica de Coimbra	Senior Feminino	44:00	+10:04	04:24
2	208	Joana Quintã	Quintantes	Senior Feminino	48:51	+14:55	04:53
3	46	Liliana Caçoete	Bio Team Run	Senior Feminino	52:02	+18:06	05:12
4	45	Joana Barraca	Bio Team Run	Senior Feminino	52:03	+18:06	05:12
5	107	Guida Sofia Cardoso Gonçalves	Individual	Senior Feminino	52:52	+18:56	05:17
6	109	Joana Pardal	Individual	Senior Feminino	53:02	+19:05	05:18
7	110	Juliana Rogério	Individual	Senior Feminino	54:18	+20:21	05:26
8	93	Laura Nadine Santos	GFSA	Senior Feminino	56:20	+22:24	05:38
9	60	Tânia Pascoal Ribeiro	Chama Amarela	Senior Feminino	56:21	+22:24	05:38
10	28	Liliana Domingues	Atletismo Clube da Tocha	Senior Feminino	56:57	+23:00	05:42
11	108	Inês Tomaz da Conceição	Individual	Senior Feminino	01:07:13	+33:17	06:43
12	106	Eliana Gomes Cantante	Individual	Senior Feminino	01:09:32	+35:36	06:57
13	63	Joana Cavaleiro	Conta tocha	Senior Feminino	01:13:12	+39:16	07:19
14	111	Sofia Milene Carvalho Ferreira	Individual	Senior Feminino	01:13:29	+39:33	07:21
15	88	Beatriz Lopes	Gatões BTT	Senior Feminino	01:33:30	+59:33	09:21

Senior Masculino

1	54	Osvaldo Barros	CCC Praia de Mira	Senior Masculino	33:56		03:24
2	53	Tiago Machado	Casa Povo Mangualde	Senior Masculino	34:36	+00:40	03:28
3	85	Hugo Fontes	Escola de Atletismo de Coimbra/JPaiva	Senior Masculino	35:42	+01:46	03:34
4	67	Filipe Rocha	DCI/CCRDPedrulha-Mealhada	Senior Masculino	36:10	+02:14	03:37
5	98	Miguel Figueira	Gira Sol	Senior Masculino	38:17	+04:21	03:50
6	8	Valter Lopes	ACDRS QUINHENDROS	Senior Masculino	38:26	+04:29	03:51
7	211	Rui Melo	Sport Clube Beira-Mar	Senior Masculino	38:42	+04:46	03:52
8	209	Ruben Cantante	Quintantes	Senior Masculino	38:55	+04:59	03:54
9	192	José Rodrigues	Moinhos da Gandara	Senior Masculino	38:58	+05:02	03:54
10	31	Rafael Matias	Atletismo Clube da Tocha	Senior Masculino	39:05	+05:09	03:55
11	119	João Amândio	Individual	Senior Masculino	40:03	+06:06	04:00
12	56	Mário Lopes	Centro de Atletismo de Tondela	Senior Masculino	40:19	+06:23	04:02
13	32	Tiago Duarte	Atletismo Clube da Tocha	Senior Masculino	41:18	+07:21	04:08
14	7	Tiago Moreno	ACDRS QUINHENDROS	Senior Masculino	41:33	+07:36	04:09
15	21	Roberto Graça	ASCV Associaçao Socio Cultural da Valeirinha	Senior Masculino	42:56	+09:00	04:18
16	30	José Sousa	Atletismo Clube da Tocha	Senior Masculino	43:20	+09:24	04:20
17	89	Gonçalo Batista	Gatões BTT	Senior Masculino	43:58	+10:02	04:24
18	115	Daniel Ricardo Andrade Bexiga	Individual	Senior Masculino	44:24	+10:27	04:26
19	129	Renato Miguel Azenha Teixeira	Individual	Senior Masculino	46:34	+12:38	04:39

Duas Léguas Gandaresas 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

20	117	Gabriel Santos	Individual	Senior Masculino	47:19	+13:23	04:44
21	228	Ricardo Sebastiã	Individual	Senior Masculino	47:53	+13:57	04:47
22	131	Tiago José de Oliveira e Silva Gregório	Individual	Senior Masculino	49:11	+15:15	04:55
23	64	Gabriel Dos Santos Maia	coração da gandara	Senior Masculino	49:15	+15:19	04:56
24	49	Antonio Gabriel A. Rolo	canto da chamusca	Senior Masculino	49:16	+15:20	04:56
25	66	Rodrigo José Oliveira Santos	coração da gandara	Senior Masculino	49:21	+15:24	04:56
26	50	Micael Filipe Carvalho Ferreira	canto da chamusca	Senior Masculino	50:18	+16:22	05:02
27	223	Marco Camos	Individual	Senior Masculino	50:33	+16:37	05:03
28	90	Tiago Cação	Gatões BTT	Senior Masculino	50:44	+16:48	05:04
29	222	Tozé Lamão	Individual	Senior Masculino	50:49	+16:53	05:05
30	95	Dinis Santos	GFSA	Senior Masculino	50:53	+16:57	05:05
31	194	Tiago Oliveira	Moinhos da Gandara	Senior Masculino	51:01	+17:05	05:06
32	47	Rogerio Ribeiro	Bio Team Run	Senior Masculino	52:02	+18:06	05:12
33	224	Daniel Marques	Individual	Senior Masculino	52:40	+18:43	05:16
34	221	Simão Almeida	Individual	Senior Masculino	52:55	+18:59	05:18
35	130	Telmo Carvalheiro	Individual	Senior Masculino	54:18	+20:22	05:26
36	122	Luis FiLipe Gimaro Azenha	Individual	Senior Masculino	57:13	+23:17	05:43
37	126	Pedro Fervença	Individual	Senior Masculino	57:42	+23:46	05:46
38	193	Rodrigo Santos	Moinhos da Gandara	Senior Masculino	59:53	+25:56	05:59
39	65	Micael dos Santos Maia	coração da gandara	Senior Masculino	59:58	+26:02	06:00
40	120	João Santos	Individual	Senior Masculino	01:00:28	+26:32	06:03
41	118	Hélder jorge	Individual	Senior Masculino	01:07:13	+33:17	06:43
42	125	Micael dos Santos Loureiro	Individual	Senior Masculino	01:07:13	+33:17	06:43
43	127	Pedro Vinagreiro	Individual	Senior Masculino	01:13:29	+39:32	07:21

Veterana F35

1	226	Célia Matias	Individual	Veterana F35	44:19	+10:22	04:26
2	51	Claudia Mauso	canto da chamusca	Veterana F35	52:52	+18:56	05:17
3	212	Sara Santos	Sport Clube Beira-Mar	Veterana F35	54:14	+20:18	05:25
4	195	Olga Felamino	Moinhos da Gandara	Veterana F35	54:53	+20:57	05:29
5	220	Carla Cruz	Individual	Veterana F35	01:00:17	+26:21	06:02
6	181	Cláudia Tomé	Kaleijados	Veterana F35	01:03:45	+29:49	06:23

Veterana F40

1	214	Carla Cardoso	Sport Clube Beira-Mar	Veterana F40	49:25	+15:28	04:57
2	198	Lurdes Gil	Mountain trails	Veterana F40	50:58	+17:01	05:06
3	197	Célia Marinheiro	Moinhos da Gandara	Veterana F40	51:01	+17:05	05:06
4	219	Cornelia Weis	Tondela Runners	Veterana F40	58:43	+24:46	05:52
5	196	Carla Felamino	Moinhos da Gandara	Veterana F40	01:02:09	+28:13	06:13
6	134	Dora Dourado	Individual	Veterana F40	01:04:55	+30:59	06:30
7	91	Sonia Lopes	Gatões BTT	Veterana F40	01:33:31	+59:34	09:21

Duas Léguas Gandaresas 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Veterana F45

1	189	Rosa Lídia Camarinha da Silva	Ligeirinhos	Veterana F45	48:51	+14:55	04:53
2	9	Cidália Oliveira	ACDRS QUINHENDROS	Veterana F45	54:19	+20:23	05:26

Veterana F55

1	190	Deolinda Rosa Camarinha da Silva	Ligeirinhos	Veterana F55	53:37	+19:41	05:22

Veterano M35

1	58	Rui Coimbra	Centro de Atletismo de Tondela	Veterano M35	35:54	+01:58	03:35
2	57	Luis Martins	Centro de Atletismo de Tondela	Veterano M35	37:47	+03:51	03:47
3	69	Márcio Loureiro	DCI/CCRDPedrulha-Mealhada	Veterano M35	39:09	+05:12	03:55
4	39	Ricardo Silva	Atletismo Clube da Tocha	Veterano M35	40:03	+06:06	04:00
5	92	Vitor Cação	Gatões BTT	Veterano M35	40:59	+07:02	04:06
6	38	Nélio Oliveira	Atletismo Clube da Tocha	Veterano M35	42:12	+08:16	04:13
7	35	Daniel Batata	Atletismo Clube da Tocha	Veterano M35	42:24	+08:28	04:14
8	137	Carlos Pereira	Individual	Veterano M35	43:05	+09:09	04:19
9	68	Bruno Gomes	DCI/CCRDPedrulha-Mealhada	Veterano M35	43:27	+09:31	04:21
10	143	Paulo Fidalgo	Individual	Veterano M35	43:57	+10:01	04:24
11	73	Élio Oliveira	Equipa 4 os Papagaios	Veterano M35	44:28	+10:32	04:27
12	141	Miguel neves	Individual	Veterano M35	44:51	+10:55	04:29
13	84	Jorge Simões	Equipa Cadimarte	Veterano M35	44:58	+11:02	04:30
14	139	Filipe Carvalheiro	Individual	Veterano M35	45:13	+11:16	04:31
15	183	Marco Cunha	Kaleijados	Veterano M35	45:37	+11:41	04:34
16	34	Berto Almeida	Atletismo Clube da Tocha	Veterano M35	46:22	+12:25	04:38
17	37	Eduardo Ferreira	Atletismo Clube da Tocha	Veterano M35	46:27	+12:31	04:39
18	11	Bruno Torreira	ACDRS QUINHENDROS	Veterano M35	47:37	+13:41	04:46
19	83	Cesar Martins	Equipa Cadimarte	Veterano M35	47:50	+13:54	04:47
20	10	Bruno Maciel	ACDRS QUINHENDROS	Veterano M35	48:14	+14:18	04:49
21	145	Rui Gomes	Individual	Veterano M35	49:36	+15:39	04:58
22	182	José Carlos Marques	Kaleijados	Veterano M35	52:03	+18:07	05:12
23	36	Daniel Gaspar	Atletismo Clube da Tocha	Veterano M35	54:25	+20:29	05:27
24	15	Luis Silva	APPACDM	Veterano M35	55:27	+21:31	05:33
25	144	Ricardo Almeida	Individual	Veterano M35	55:55	+21:59	05:36
26	33	André Pedreiro	Atletismo Clube da Tocha	Veterano M35	56:56	+23:00	05:42
27	142	Nelson Simões	Individual	Veterano M35	58:04	+24:08	05:48
28	78	Sérgio Oliveira	Equipa 4 Rapagaios	Veterano M35	59:13	+25:17	05:55
29	205	Carlos Alves	PQ	Veterano M35	59:30	+25:33	05:57
30	138	Eduardo Raposeiro	Individual	Veterano M35	59:52	+25:56	05:59
31	61	Sérgio Miguel da Costa Teixeira	Chama Amarela	Veterano M35	01:00:20	+26:24	06:02

Duas Léguas Gandaresas 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Veterano M40

1	152	messias dias	Individual	Veterano M40	35:19	+01:23	03:32
2	24	Rui Rodrigues	Associação Académica de Coimbra	Veterano M40	36:56	+03:00	03:42
3	22	Alexandre Mestre	ASCV Associaçao Socio Cultural da Valeirinha	Veterano M40	37:33	+03:36	03:45
4	59	Carlos Ribeiro	Centro de Atletismo de Tondela	Veterano M40	37:38	+03:41	03:46
5	148	Carlos Pimenta	Individual	Veterano M40	37:41	+03:45	03:46
6	161	Telmo Almeida	Individual	Veterano M40	38:36	+04:40	03:52
7	206	Paulo Cunha	PQ	Veterano M40	38:40	+04:44	03:52
8	167	Paulo Jorge António Martins Ferreira	Individual	Veterano M40	39:14	+05:18	03:55
9	158	RAFAEL GUEDES	Individual	Veterano M40	40:40	+06:44	04:04
10	99	Nuno Sequeira	Gira Sol	Veterano M40	40:46	+06:49	04:05
11	199	Jorge Pedro	Mountain trails	Veterano M40	43:24	+09:28	04:20
12	100	Pedro Silva	Gira Sol	Veterano M40	44:02	+10:06	04:24
13	153	Nuno Gonçalves	Individual	Veterano M40	44:57	+11:01	04:30
14	41	António Batata	Atletismo Clube da Tocha	Veterano M40	45:33	+11:36	04:33
15	150	Jose carlos pimpao	Individual	Veterano M40	45:41	+11:44	04:34
16	102	Rui Miguel O. Varanda	Grupo Cantarinhos	Veterano M40	45:46	+11:50	04:35
17	185	Luis Almeida	Kaleijados	Veterano M40	46:04	+12:07	04:36
18	186	Luis Lima	Kaleijados	Veterano M40	46:04	+12:08	04:36
19	188	Nuno Pessoa	Kaleijados	Veterano M40	46:20	+12:23	04:38
20	204	Daniel Tabanez	Portinsuranse	Veterano M40	46:43	+12:47	04:40
21	74	Fernado Anastácio	Equipa 4 os Papagaios	Veterano M40	47:46	+13:50	04:47
22	202	Mario Manuel da Silva Pascoal	Padaria Silito	Veterano M40	48:47	+14:51	04:53
23	157	Pedro Miguel Jorge lourenço	Individual	Veterano M40	53:36	+19:39	05:22
24	187	Luis Miguel Pato	Kaleijados	Veterano M40	54:05	+20:09	05:25
25	40	Alexandre Costa	Atletismo Clube da Tocha	Veterano M40	54:26	+20:29	05:27
26	216	Juan Ferreira	Sport Clube Beira-Mar	Veterano M40	54:31	+20:34	05:27
27	79	Paulo Curado	Equipa 4 Rapagaios	Veterano M40	55:13	+21:16	05:31
28	156	Pedro Abreu	Individual	Veterano M40	56:11	+22:15	05:37
29	229	Simão Mendes	Individual	Veterano M40	59:13	+25:17	05:55
30	160	Sérgio Matias Galvão	Individual	Veterano M40	01:00:06	+26:10	06:01
31	155	Paulo Jorge Correia Faris	Individual	Veterano M40	01:01:02	+27:05	06:06
32	151	Luís Miguel Laranjeira Couceiro	Individual	Veterano M40	01:01:44	+27:47	06:10
33	62	Rui Manuel Gomes dos Santos	Chama Amarela	Veterano M40	01:04:10	+30:14	06:25

Veterano M45

1	154	Paulo Ferreira	Individual	Veterano M45	35:55	+01:59	03:36
2	200	Paulo Santos	Mountain trails	Veterano M45	39:11	+05:15	03:55
3	163	Hélder Piedade	Individual	Veterano M45	40:28	+06:32	04:03
4	165	João Paulo Cunha Silva	Individual	Veterano M45	41:30	+07:34	04:09
5	201	Francisco Manuel Pais	O Mundo da Corrida	Veterano M45	42:24	+08:27	04:14
6	12	Tó Zé	ACDRS QUINHENDROS	Veterano M45	43:47	+09:51	04:23

Duas Léguas Gandaresas 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

7	75	José Gonçalves	Equipa 4 os Papagaios	Veterano M45	46:05	+12:09	04:37
8	207	Luis Neves	PQ	Veterano M45	46:11	+12:14	04:37
9	171	sérgio almeida	Individual	Veterano M45	46:46	+12:50	04:41
10	170	Rui vieira	Individual	Veterano M45	47:19	+13:23	04:44
11	18	Orlando Pires	arsm\poiarestrail	Veterano M45	48:12	+14:16	04:49
12	76	José Pratas	Equipa 4 os Papagaios	Veterano M45	48:44	+14:48	04:52
13	80	Jorge Veloso	Equipa 4 Rapagaios	Veterano M45	49:23	+15:27	04:56
14	81	Paulo Bento	Equipa 4 Rapagaios	Veterano M45	49:28	+15:31	04:57
15	178	Vitor Manuel Rodrigues	infortocha	Veterano M45	53:32	+19:35	05:21
16	225	Garcia Oliveira	Individual	Veterano M45	54:36	+20:40	05:28
17	169	Rui Manuel Alves Abrantes	Individual	Veterano M45	54:53	+20:57	05:29
18	166	Luis Silva	Individual	Veterano M45	55:40	+21:44	05:34
19	164	João Jorge	Individual	Veterano M45	01:00:20	+26:23	06:02
20	103	Luis Varanda	Grupo Cantarinhos	Veterano M45	01:06:31	+32:35	06:39

Veterano M50

1	70	João Almeida	DCI/CCRDPedrulha-Mealhada	Veterano M50	39:00	+05:04	03:54
2	72	Vitor Manuel Jorge Oliveira	DCI/CCRDPedrulha-Mealhada	Veterano M50	39:17	+05:20	03:56
3	172	Carlos Cunha	Individual	Veterano M50	41:36	+07:39	04:10
4	43	José Zananar	Atletismo Clube da Tocha	Veterano M50	41:57	+08:01	04:12
5	44	Vitor Faim	Atletismo Clube da Tocha	Veterano M50	42:33	+08:37	04:15
6	173	joao castro	Individual	Veterano M50	42:53	+08:57	04:17
7	174	JOSÉ NEVES BATATA	Individual	Veterano M50	48:31	+14:35	04:51
8	71	João Cavadas	DCI/CCRDPedrulha-Mealhada	Veterano M50	48:38	+14:42	04:52
9	179	Fernando Teixeira	infortocha	Veterano M50	56:21	+22:25	05:38
10	175	Pedro Repas	Individual	Veterano M50	57:18	+23:21	05:44

Veterano M55

1	86	Adérito Fontes	Escola de Atletismo de Coimbra/JPaiva	Veterano M55	40:49	+06:53	04:05
2	25	Alberto Freches	Associação Académica de Coimbra	Veterano M55	40:57	+07:00	04:06
3	191	José Carlos Gomes	Ligeirinhos	Veterano M55	41:44	+07:48	04:10
4	26	Fernando Agante	Associação Académica de Coimbra	Veterano M55	42:43	+08:47	04:16
5	27	Joaquim Pocinho	Associação Académica de Coimbra	Veterano M55	44:55	+10:59	04:30
6	101	Aderito Curto	Gira Sol	Veterano M55	45:21	+11:25	04:32

Veterano M60

1	176	Narciso Arromba	Cluve	Veterano M60	48:47	+14:51	04:53
2	52	Manuel Mauso	canto da chamusca	Veterano M60	50:46	+16:49	05:05
3	82	Maurício Jaria	Equipa 4 Rapagaios	Veterano M60	51:07	+17:11	05:07

Duas Léguas Gandaresas

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

4	20	António Silva	arsm\poiarestrail	Veterano M60	51:11	+17:15	05:07
5	227	José Lucas	Individual	Veterano M60	54:44	+20:48	05:28
6	94	Ademar Tereso	GFSA	Veterano M60	57:59	+24:03	05:48
7	87	Carlos Morais	Freguesia de Sanguinheria	Veterano M60	01:00:19	+26:23	06:02
8	104	Orlando Oliveira Neto	grupo mao	Veterano M60	01:04:10	+30:14	06:25

2ª Corrida Duas Léguas Gandaresas 2017

Cantanhede

01-July-2017

COLETIVO - DUAS LÉGUAS GANDARESAS

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	Centro de Atletismo de Tondela	5 + 10 + 12	27
2	DCI/CCRDPedrulha-Mealhada	7 + 20 + 22	49
3	Atletismo Clube da Tocha	21 + 27 + 35	83
4	Associação Académica de Coimbra	8 + 33 + 45	86
5	Gira Sol	13 + 31 + 56	100
6	ACDRS QUINHENDROS	14 + 37 + 52	103
7	Mountain trails	23 + 50 + 109	182
8	Gatões BTT	34 + 54 + 105	193
9	Kaleijados	67 + 70 + 71	208
10	Equipa 4 os Papagaios	59 + 72 + 83	214
11	Moinhos da Gandara	19 + 110 + 111	240
12	Sport Clube Beira-Mar	17 + 100 + 127	244
13	PQ	16 + 73 + 156	245
14	Ligeirinhos	39 + 93 + 125	257
15	canto da chamusca	97 + 103 + 106	306
16	Equipa 4 Rapagaios	99 + 101 + 112	312
17	Bio Team Run	114 + 115 + 116	345
18	coração da gandara	96 + 98 + 159	353
19	GFSA	108 + 143 + 151	402
20	Chama Amarela	144 + 164 + 170	478