

**TRAIL LONGO - STAGE 1****30 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:00	22°C	83%
End	14:38	21°C	77%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	401	Henrique Silva	braguinhas runners	Veterano M40	03:27:44		06:56
2	403	João Leal	diagonal porto	Senior Masculino	03:30:55	+03:10	07:02
3	413	Nuno Sá	individual	Senior Masculino	03:41:46	+14:01	07:24
4	405	Ricardo Silva	diagonal porto	Senior Masculino	03:50:52	+23:07	07:42
5	407	Armanda Barroso	individual	Senior Feminino	04:11:43	+43:58	08:23
6	409	Clemente Pinto	individual	Senior Masculino	04:11:45	+44:00	08:24
7	423	Jorge Costa	individual	Senior Masculino	04:13:52	+46:07	08:28
8	408	André Dias	individual	Senior Masculino	04:20:49	+53:04	08:42
9	414	CARLOS FERNANDO ESPERANÇA	individual	Veterano M40	04:21:18	+53:33	08:43
10	416	José Henrique Moutinho Pereira de Barros	individual	Veterano M40	04:21:18	+53:33	08:43
11	406	Rui Pereira	diagonal porto	Senior Masculino	04:28:34	+01:00:49	08:57
12	402	Flávio Silva	diagonal porto	Senior Masculino	04:28:34	+01:00:49	08:57
13	411	Gil	individual	Senior Masculino	04:30:06	+01:02:21	09:00
14	410	Filipe Cardoso	individual	Senior Masculino	04:31:06	+01:03:21	09:02
15	412	José Dias	individual	Senior Masculino	04:32:34	+01:04:50	09:05
16	417	Nuno Cunha	individual	Veterano M40	04:45:52	+01:18:07	09:32
17	420	Renato Mendes	puppycat team	Senior Masculino	05:07:02	+01:39:17	10:14
18	415	Jorge Martins	individual	Veterano M40	05:19:14	+01:51:29	10:38
19	419	João Gonçalves	puppycat team	Senior Masculino	05:21:40	+01:53:55	10:43
20	418	Armando Mendes	puppycat team	Senior Masculino	05:21:40	+01:53:55	10:43

## Trail Longo

30 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:00	22°C	83%
End	14:38	21°C	77%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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### Senior Feminino

1	407	Armanda Barroso	Individual	Senior Feminino	04:11:43	+43:58	08:23
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### Senior Masculino

1	403	João Leal	Diagonal Porto	Senior Masculino	03:30:55	+03:10	07:02
2	413	Nuno Sá	Individual	Senior Masculino	03:41:46	+14:01	07:24
3	405	Ricardo Silva	Diagonal Porto	Senior Masculino	03:50:52	+23:07	07:42
4	409	Clemente Pinto	Individual	Senior Masculino	04:11:45	+44:00	08:24
5	423	Jorge Costa	Individual	Senior Masculino	04:13:52	+46:07	08:28
6	408	André Dias	Individual	Senior Masculino	04:20:49	+53:04	08:42
7	406	Rui Pereira	Diagonal Porto	Senior Masculino	04:28:34	+01:00:49	08:57
8	402	Flávio Silva	Diagonal Porto	Senior Masculino	04:28:34	+01:00:49	08:57
9	411	Gil	Individual	Senior Masculino	04:30:06	+01:02:21	09:00
10	410	Filipe Cardoso	Individual	Senior Masculino	04:31:06	+01:03:21	09:02
11	412	José Dias	Individual	Senior Masculino	04:32:34	+01:04:50	09:05
12	420	Renato Mendes	Puppycat team	Senior Masculino	05:07:02	+01:39:17	10:14
13	419	João Gonçalves	PuppyCat team	Senior Masculino	05:21:40	+01:53:55	10:43
14	418	Armando Mendes	Puppycat team	Senior Masculino	05:21:40	+01:53:55	10:43

### Veterano M40

1	401	Henrique Silva	Braguinhas Runners	Veterano M40	03:27:44		06:56
2	414	CARLOS FERNANDO ESPERANÇA	Individual	Veterano M40	04:21:18	+53:33	08:43
3	416	José Henrique Moutinho Pereira de Barros	Individual	Veterano M40	04:21:18	+53:33	08:43
4	417	Nuno Cunha	Individual	Veterano M40	04:45:52	+01:18:07	09:32
5	415	Jorge Martins	Individual	Veterano M40	05:19:14	+01:51:29	10:38

## TRAIL CURTO - STAGE 1

**18 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:00	22°C	83%
End	12:29	22°C	83%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	568	Adelino Lousa	individual	Senior Masculino	01:31:30		05:05
2	503	Abel António Alves Rodrigues	gd mosteiro	Senior Masculino	01:36:09	+04:39	05:21
3	543	Jose guimaraes	individual	Veterano M40	01:42:53	+11:23	05:43
4	565	Eduardo Sousa	individual	Senior Masculino	01:44:37	+13:07	05:49
5	541	Alberto Leite	individual	Veterano M40	01:47:10	+15:40	05:57
6	548	Pedro Miguel Fernandes Vieira	os irmãos matracas	Senior Masculino	01:47:58	+16:28	06:00
7	549	João Prazeres	os irmãos matracas	Veterano M40	01:47:59	+16:29	06:00
8	508	Luís Pedro Gomes Batoca	gd mosteiro	Senior Masculino	01:48:23	+16:53	06:01
9	517	Cláudio Manuel Pereira Tavares	individual	Senior Masculino	01:51:20	+19:50	06:11
10	514	Álvaro Abreu	individual	Senior Masculino	01:51:30	+20:00	06:12
11	516	Bruno Fernandes	individual	Senior Masculino	01:51:50	+20:20	06:13
12	528	João Paulo Rodrigues novais	individual	Senior Masculino	01:52:25	+20:55	06:15
13	553	rui lobo	rinus-fafe	Senior Masculino	01:52:29	+20:59	06:15
14	536	Tito Vieira	individual	Senior Masculino	01:53:52	+22:22	06:20
15	532	oscar costa	individual	Senior Masculino	01:57:29	+25:59	06:32
16	530	Leandro santos	individual	Senior Masculino	02:03:13	+31:43	06:51
17	523	Gil José Vieira Rebelo	individual	Senior Masculino	02:03:19	+31:49	06:51
18	522	Filipe Da Silva Cruzinha Oliveira	individual	Senior Masculino	02:05:36	+34:06	06:59
19	558	Catarina Barbosa	vassouras - trail curto	Senior Feminino	02:07:12	+35:42	07:04
20	559	António Graça	vassouras - trail curto	Senior Masculino	02:07:12	+35:42	07:04
21	542	Frederico Vieira	individual	Veterano M40	02:07:30	+36:00	07:05
22	529	Jorge Cardoso	individual	Senior Masculino	02:08:04	+36:34	07:07
23	519	DANIEL MIRANDA	individual	Senior Masculino	02:08:12	+36:42	07:07
24	546	Paulo Pereira	individual	Veterano M40	02:08:32	+37:02	07:08
25	551	marisa novais	rinus-fafe	Senior Feminino	02:09:03	+37:33	07:10
26	555	vitór alves	rinus-fafe	Veterano M40	02:09:04	+37:34	07:10
27	554	cidalia novais	rinus-fafe	Veterana F40	02:09:09	+37:39	07:11
28	505	Bruno Filipe Pereira Martins	gd mosteiro	Senior Masculino	02:09:15	+37:45	07:11
29	567	Alberto Fernandes	individual	Senior Masculino	02:09:23	+37:53	07:11
30	504	André Fernando Sousa Dias Foncesa	gd mosteiro	Senior Masculino	02:10:18	+38:48	07:14
31	545	Luis Pereira	individual	Veterano M40	02:11:28	+39:58	07:18
32	507	João Filipe Moreira Vieira	gd mosteiro	Senior Masculino	02:14:22	+42:52	07:28
33	524	Hélder Antunes	individual	Senior Masculino	02:18:05	+46:35	07:40
34	506	Eurico Xavier Freitas Martins Sousa	gd mosteiro	Senior Masculino	02:20:06	+48:36	07:47
35	502	Diogo Andre Aguiar da Silva	fama explorers	Senior Masculino	02:20:12	+48:42	07:47
36	544	LUÍS CARLOS FERNANDES DA ROCHA	individual	Veterano M40	02:22:52	+51:22	07:56
37	556	Miguel Pereira	tiptop café	Senior Masculino	02:22:53	+51:23	07:56
38	525	Hélder Rocha	individual	Senior Masculino	02:23:01	+51:31	07:57

**TRAIL CURTO - STAGE 1**

**18 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
39	535	Sergio Torre	individual	Senior Masculino	02:33:40	+01:02:10	08:32
40	509	Eduarda Barros	individual	Senior Feminino	02:33:40	+01:02:10	08:32
41	404	Pedro Duarte	diagonal porto	Senior Masculino	02:33:41	+01:02:11	08:32
42	570	Silvia Sousa	individual	Senior Feminino	02:34:20	+01:02:50	08:34
43	566	Jaime Lameira	individual	Veterano M40	02:37:45	+01:06:15	08:46
44	512	Nadine Silva	individual	Senior Feminino	02:37:46	+01:06:16	08:46
45	547	Victor Rebelo	individual	Veterano M40	02:42:03	+01:10:33	09:00
46	564	Sandra Zeferino	bikeservice	Senior Feminino	02:59:05	+01:27:35	09:57
47	561	Diana Fernandes	bikeservice	Senior Feminino	02:59:05	+01:27:35	09:57
48	563	Ricardo Ferreira	bikeservice	Senior Masculino	02:59:05	+01:27:35	09:57
49	534	Ricardo Silva	individual	Senior Masculino	03:00:06	+01:28:36	10:00
50	518	Cristiano cunha	individual	Senior Masculino	03:10:32	+01:39:02	10:35
51	510	Marlene Fernandes	individual	Senior Feminino	03:11:14	+01:39:44	10:37
52	531	Luis pinho	individual	Senior Masculino	03:11:15	+01:39:45	10:38
53	511	Morgana Pacheco Almeida	individual	Senior Feminino	03:11:16	+01:39:46	10:38
54	537	Isabel Barbosa	individual	Veterana F40	03:12:49	+01:41:19	10:43
55	538	MARIA AUGUSTA ESPERANÇA	individual	Veterana F40	03:12:49	+01:41:19	10:43
56	540	Vânia Cunha	individual	Veterana F40	03:12:49	+01:41:19	10:43
57	539	Paula Peixoto	individual	Veterana F40	03:12:49	+01:41:19	10:43
58	526	Hernâni Veríssimo	individual	Senior Masculino	03:12:50	+01:41:20	10:43
59	560	Ana Soares	individual	Senior Feminino	03:12:50	+01:41:20	10:43
60	501	Marta Valentina	bragazelas	Veterana F40	03:12:50	+01:41:20	10:43

**Trail Curto**

**18 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:00	22°C	83%
End	12:29	21°C	77%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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**Senior Feminino**

1	558	Catarina Barbosa	Vassouras - Trail Curto	Senior Feminino	02:07:12	+35:42	07:04
2	551	marisa novais	rinus-fafe	Senior Feminino	02:09:03	+37:33	07:10
3	509	Eduarda Barros	Individual	Senior Feminino	02:33:40	+01:02:10	08:32
4	570	Silvia Sousa	Individual	Senior Feminino	02:34:20	+01:02:50	08:34
5	512	Nadine Silva	Individual	Senior Feminino	02:37:46	+01:06:16	08:46
6	564	Sandra Zeferino	Bikeservice	Senior Feminino	02:59:05	+01:27:35	09:57
7	561	Diana Fernandes	Bikeservice	Senior Feminino	02:59:05	+01:27:35	09:57
8	510	Marlene Fernandes	Individual	Senior Feminino	03:11:14	+01:39:44	10:37
9	511	Morgana Pacheco Almeida	Individual	Senior Feminino	03:11:16	+01:39:46	10:38
10	560	Ana Soares	Individual	Senior Feminino	03:12:50	+01:41:20	10:43

**Senior Masculino**

1	568	Adelino Lousa	Individual	Senior Masculino	01:31:30		05:05
2	503	Abel António Alves Rodrigues	GD Mosteiro	Senior Masculino	01:36:09	+04:39	05:21
3	565	Eduardo Sousa	Individual	Senior Masculino	01:44:37	+13:07	05:49
4	548	Pedro Miguel Fernandes Vieira	Os irmãos matracas	Senior Masculino	01:47:58	+16:28	06:00
5	508	Luís Pedro Gomes Batoca	GD Mosteiro	Senior Masculino	01:48:23	+16:53	06:01
6	517	Cláudio Manuel Pereira Tavares	Individual	Senior Masculino	01:51:20	+19:50	06:11
7	514	Álvaro Abreu	Individual	Senior Masculino	01:51:30	+20:00	06:12
8	516	Bruno Fernandes	Individual	Senior Masculino	01:51:50	+20:20	06:13
9	528	João Paulo Rodrigues novais	Individual	Senior Masculino	01:52:25	+20:55	06:15
10	553	rui lobo	rinus-fafe	Senior Masculino	01:52:29	+20:59	06:15
11	536	Tito Vieira	Individual	Senior Masculino	01:53:52	+22:22	06:20
12	532	oscar costa	Individual	Senior Masculino	01:57:29	+25:59	06:32
13	530	Leandro santos	Individual	Senior Masculino	02:03:13	+31:43	06:51
14	523	Gil José Vieira Rebelo	Individual	Senior Masculino	02:03:19	+31:49	06:51
15	522	Filipe Da Silva Cruzinha Oliveira	Individual	Senior Masculino	02:05:36	+34:06	06:59
16	559	António Graça	Vassouras - Trail Curto	Senior Masculino	02:07:12	+35:42	07:04
17	529	Jorge Cardoso	Individual	Senior Masculino	02:08:04	+36:34	07:07
18	519	DANIEL MIRANDA	Individual	Senior Masculino	02:08:12	+36:42	07:07
19	505	Bruno Filipe Pereira Martins	GD Mosteiro	Senior Masculino	02:09:15	+37:45	07:11
20	567	Alberto Fernandes	Individual	Senior Masculino	02:09:23	+37:53	07:11
21	504	André Fernando Sousa Dias Fonseca	GD Mosteiro	Senior Masculino	02:10:18	+38:48	07:14
22	507	João Filipe Moreira Vieira	GD Mosteiro	Senior Masculino	02:14:22	+42:52	07:28
23	524	Hélder Antunes	Individual	Senior Masculino	02:18:05	+46:35	07:40
24	506	Eurico Xavier Freitas Martins Sousa	GD Mosteiro	Senior Masculino	02:20:06	+48:36	07:47
25	502	Diogo Andre Aguiar da Silva	FAMA EXPLORERS	Senior Masculino	02:20:12	+48:42	07:47
26	556	Miguel Pereira	TipTop Café	Senior Masculino	02:22:53	+51:23	07:56

## Trail Curto

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

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27	525	Hélder Rocha	Individual	Senior Masculino	02:23:01	+51:31	07:57
28	535	Sergio Torre	Individual	Senior Masculino	02:33:40	+01:02:10	08:32
29	404	Pedro Duarte	Diagonal Porto	Senior Masculino	02:33:41	+01:02:11	08:32
30	563	Ricardo Ferreira	Bikeservice	Senior Masculino	02:59:05	+01:27:35	09:57
31	534	Ricardo Silva	Individual	Senior Masculino	03:00:06	+01:28:36	10:00
32	518	Cristiano cunha	Individual	Senior Masculino	03:10:32	+01:39:02	10:35
33	531	Luis pinho	Individual	Senior Masculino	03:11:15	+01:39:45	10:38
34	526	Hernâni Veríssimo	Individual	Senior Masculino	03:12:50	+01:41:20	10:43

## Veterana F40

1	554	cidalia novais	rinus-fafe	Veterana F40	02:09:09	+37:39	07:11
2	537	Isabel Barbosa	Individual	Veterana F40	03:12:49	+01:41:19	10:43
3	538	MARIA AUGUSTA ESPERANÇA	Individual	Veterana F40	03:12:49	+01:41:19	10:43
4	540	Vânia Cunha	Individual	Veterana F40	03:12:49	+01:41:19	10:43
5	539	Paula Peixoto	Individual	Veterana F40	03:12:49	+01:41:19	10:43
6	501	Marta Valentina	Bragazelas	Veterana F40	03:12:50	+01:41:20	10:43

## Veterano M40

1	543	Jose guimaraes	Individual	Veterano M40	01:42:53	+11:23	05:43
2	541	Alberto Leite	Individual	Veterano M40	01:47:10	+15:40	05:57
3	549	João Prazeres	Os irmãos matracas	Veterano M40	01:47:59	+16:29	06:00
4	542	Frederico Vieira	Individual	Veterano M40	02:07:30	+36:00	07:05
5	546	Paulo Pereira	Individual	Veterano M40	02:08:32	+37:02	07:08
6	555	vitor alves	rinus-fafe	Veterano M40	02:09:04	+37:34	07:10
7	545	Luis Pereira	Individual	Veterano M40	02:11:28	+39:58	07:18
8	544	LUÍS CARLOS FERNANDES DA ROCHA	Individual	Veterano M40	02:22:52	+51:22	07:56
9	566	Jaime Lameira	Individual	Veterano M40	02:37:45	+01:06:15	08:46
10	547	Victor Rebelo	Individual	Veterano M40	02:42:03	+01:10:33	09:00