

PROVA PRINCIPAL - STAGE 1

10 KM

OFFICIAL RESULT

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REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	11:00	14°C	100%
End	22:25	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	66	João Pedro Rodrigues	gesinserde team	Senior Masculino	42:07		04:13
2	90	Helder Rodrigues	individual	Senior Masculino	44:59	+02:52	04:30
3	1058	Marco Santos	correio de albergaria trail running	Senior Masculino	45:15	+03:08	04:32
4	62	Filipe Vieira	equipa alpha	Senior Masculino	45:54	+03:47	04:35
5	64	Hilário Fernando Silva Pinto	gesinserde team	Senior Masculino	46:30	+04:23	04:39
6	26	Diogo Araújo	b.t.m.	Senior Masculino	46:36	+04:29	04:40
7	27	Francisco Fernandes	b.t.m.	Senior Masculino	46:36	+04:29	04:40
8	33	Pedro Moreira	b.t.m.	Senior Masculino	46:36	+04:29	04:40
9	1410	Baitik Diushembiev	hot water	Senior Masculino	46:48	+04:40	04:41
10	10	DAVIDE SILVA	adtravassô	Senior Masculino	47:14	+05:06	04:43
11	146	Fábio Manuel Santo Pinho	workout wellness and body care	Senior Masculino	47:14	+05:07	04:43
12	6	João Francisco dos Santos Silva	a.d.r.quintas	Senior Masculino	47:35	+05:28	04:46
13	136	Danny Simões Mateus	wild worses	Senior Masculino	47:49	+05:42	04:47
14	29	João Duarte	b.t.m.	Senior Masculino	47:57	+05:50	04:48
15	147	Hélder José Gonçalves Garcia	workout wellness and body care	Senior Masculino	48:05	+05:58	04:48
16	28	Helder Torres	b.t.m.	Senior Masculino	48:33	+06:26	04:51
17	1755	Vanda Ribeiro	os lusitanos	Senior Feminino	48:41	+06:33	04:52
18	1761	Marco Gaspar	os lusitanos	Senior Masculino	48:41	+06:34	04:52
19	142	Arménio Luís de Bastos Vidal Dias	workout wellness and body care	Senior Masculino	48:58	+06:51	04:54
20	1017	José Vitor Sereno	corpo culto	Senior Masculino	48:59	+06:51	04:54
21	1067	Sergio Lourenço	correio de albergaria trail running	Senior Masculino	49:08	+07:01	04:55
22	2217	Nuno Oliveira	tropa de elite	Senior Masculino	49:14	+07:06	04:55
23	1169	João Vinha	downuts	Senior Masculino	49:22	+07:15	04:56
24	84	Ines Jordao	individual	Senior Feminino	49:29	+07:22	04:57
25	532	Liliana Lamego da Silva Santos	100sacionais	Senior Feminino	49:33	+07:26	04:57
26	140	Pedro Guilherme Sarabando Pereira	wild worses	Senior Masculino	49:46	+07:39	04:59
27	1105	Luís Miguel Silva Oliveira	crossfit couto	Senior Masculino	50:04	+07:57	05:00
28	1184	João Portugal	duravit raceteam	Senior Masculino	50:15	+08:07	05:01
29	1815	Paulo Pereira	ovar hc	Senior Masculino	50:20	+08:13	05:02
30	1207	Miguel Marques	dynamic life - muaythai	Senior Masculino	50:23	+08:15	05:02
31	1202	João Lucas Lessa Gomes	dynamic life - muaythai	Senior Masculino	50:25	+08:18	05:03
32	1064	Pedro Lopes	correio de albergaria trail running	Senior Masculino	50:27	+08:20	05:03
33	1667	André da Silva Nunes Henriques	ori-estarreja	Senior Masculino	50:29	+08:22	05:03
34	1197	David Santos	dynamic life - muaythai	Senior Masculino	50:29	+08:22	05:03
35	1181	Filipe Fonseca	duravit raceteam	Senior Masculino	50:29	+08:22	05:03
36	1451	Fabio andre rodrigues ferreira	individual	Senior Masculino	50:31	+08:24	05:03
37	1182	Hugo Silva	duravit raceteam	Senior Masculino	50:34	+08:27	05:03
38	49	Ricardo Silva	be5team by be-fit aveiro	Senior Masculino	50:53	+08:46	05:05

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	TKM
39	1227	Duarte Silva	equipa alpha	Senior Masculino	50:54	+08:47	05:05
40	46	Isaac Gonçalves	be5team by be-fit aveiro	Senior Masculino	50:58	+08:51	05:06
41	545	Paulo Albino Matos Santos	100sacionais	Senior Masculino	51:00	+08:52	05:06
42	717	Ricardo Rodrigues Esteves	arsenal de canelas	Senior Masculino	51:03	+08:56	05:06
43	707	Carlos Alexandre Tavares	arsenal de canelas	Senior Masculino	51:03	+08:56	05:06
44	1056	Jorge Coelho	correio de albergaria trail running	Senior Masculino	51:09	+09:02	05:07
45	65	João Martinho de Azevedo Sousa	gesinserde team	Senior Masculino	51:25	+09:18	05:08
46	1733	Bruno Ferreira	os impecáveis	Senior Masculino	51:26	+09:19	05:09
47	715	Mário Pedro Queirós Coutinho	arsenal de canelas	Senior Masculino	51:28	+09:21	05:09
48	32	Nuno Dantas	b.t.m.	Senior Masculino	51:40	+09:32	05:10
49	1068	Sergio Paulo Pires Freitas	correio de albergaria trail running	Senior Masculino	51:45	+09:38	05:10
50	1706	Bruno Macedo	os todo o terreno	Senior Masculino	51:52	+09:44	05:11
51	1170	Manuel Cardoso	downuts	Senior Masculino	52:05	+09:58	05:13
52	2198	Eduardo Sardo	torreira runners	Senior Masculino	52:10	+10:03	05:13
53	145	Daniel António Matos da Silva	workout wellness and body care	Senior Masculino	52:21	+10:14	05:14
54	1675	Tiago Figueiredo	ori-estarreja	Senior Masculino	52:30	+10:23	05:15
55	1670	Pedro Miguel Barbosa da Silva	ori-estarreja	Senior Masculino	52:52	+10:44	05:17
56	858	David Simões	bioracers	Senior Masculino	52:52	+10:45	05:17
57	16	Diana Ferreira	b.t.m.	Senior Feminino	52:56	+10:49	05:18
58	74	Nuno Lourenço	ginásio elite corpus	Senior Masculino	52:58	+10:51	05:18
59	1673	Rui Oliveira	ori-estarreja	Senior Masculino	53:03	+10:56	05:18
60	1304	Pedro Manuel Rocha Camarinho	gesinserde team	Senior Masculino	53:17	+11:10	05:20
61	999	Renato Ferreira	clube desportivo de estarreja - secção de natação	Senior Masculino	53:41	+11:34	05:22
62	1337	JOSÉ MOUTELA FONSECA FARIA TAVARES	gs morenos	Senior Masculino	53:42	+11:35	05:22
63	73	Miguel Marquês	ginásio elite corpus	Senior Masculino	53:54	+11:46	05:23
64	996	Hugo Miguel Machado	clube desportivo de estarreja - secção de natação	Senior Masculino	54:08	+12:00	05:25
65	1999	José Félix	rijos e potentes	Senior Masculino	54:10	+12:03	05:25
66	1719	Tiago Ribeiro	os fo(d)tes!	Senior Masculino	54:16	+12:08	05:26
67	9	Rui Miguel Sousa Tavares	a.d.r.quintas	Senior Masculino	54:18	+12:10	05:26
68	139	Jorge Ribeiro	wild worses	Senior Masculino	54:19	+12:12	05:26
69	1716	André Ferreira	os fo(d)tes!	Senior Masculino	54:22	+12:15	05:26
70	720	Tiago Manuel Oliveira Silva	arsenal de canelas	Senior Masculino	54:33	+12:26	05:27
71	978	João Ferreira	cires_running-team	Senior Masculino	54:39	+12:31	05:28
72	2432	Diogo Vieira	os únicos	Senior Masculino	54:47	+12:40	05:29
73	1062	Paulo Marques	correio de albergaria trail running	Senior Masculino	54:48	+12:41	05:29
74	1063	Pedro Alexandre Nunes Monteiro	correio de albergaria trail running	Senior Masculino	54:53	+12:46	05:29
75	1050	Evaristo Bastos	correio de albergaria trail running	Senior Masculino	55:01	+12:54	05:30
76	8	Pedro Miguel Matos Santos	a.d.r.quintas	Senior Masculino	55:04	+12:57	05:30
77	138	João Sarabando Santos	wild worses	Senior Masculino	55:09	+13:01	05:31
78	1626	Miguel Soares	no fear for beer	Senior Masculino	55:14	+13:07	05:31
79	1015	Filipe Carvalho	corpo culto	Senior Masculino	55:16	+13:09	05:32
80	1628	Zé Manel	no fear for beer	Senior Masculino	55:17	+13:10	05:32

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	TKM
81	1055	João Paulo da Silva Baptista	correio de albergaria trail running	Senior Masculino	55:18	+13:11	05:32
82	1911	Carlos Manuel Santos Figueiredo Almeida	polisport	Senior Masculino	55:21	+13:13	05:32
83	1016	João Meireles	corpo culto	Senior Masculino	55:24	+13:16	05:32
84	50	Sergio Sousa	be5team by be-fit aveiro	Senior Masculino	55:25	+13:18	05:33
85	1205	Luís Santos	dynamic life - muaythai	Senior Masculino	55:37	+13:30	05:34
86	646	João Luís Barreto Garcia de Sousa	altice labs	Senior Masculino	55:37	+13:30	05:34
87	1208	Pedro Duarte	dynamic life - muaythai	Senior Masculino	55:37	+13:30	05:34
88	106	Fernando Matos	ko health club	Senior Masculino	55:38	+13:31	05:34
89	1735	Ivo Ferreira	os impecáveis	Senior Masculino	55:47	+13:40	05:35
90	643	Filipe José Delgado	altice labs	Senior Masculino	55:48	+13:41	05:35
91	1044	Bruno Pereira Moreira	correio de albergaria trail running	Senior Masculino	55:51	+13:44	05:35
92	1467	Raúl Rodríguez Collazo	individual	Senior Masculino	55:53	+13:46	05:35
93	2222	Levi Fernandes	tropa elite	Senior Masculino	56:05	+13:58	05:36
94	711	João Miguel Almeida Dias	arsenal de canelas	Senior Masculino	56:23	+14:16	05:38
95	1061	nelson santiago	correio de albergaria trail running	Senior Masculino	56:31	+14:24	05:39
96	2216	Jorge Venâncio	tropa de elite	Senior Masculino	56:33	+14:26	05:39
97	1419	Paulo Batista	hot water	Senior Masculino	56:38	+14:31	05:40
98	1078	Armando Godinho Silva Henriques	cr&f	Senior Masculino	56:39	+14:32	05:40
99	679	João Dias	amupb bmx	Senior Masculino	56:39	+14:32	05:40
100	51	Diogo Maria Azevedo Coutinho Magalhães Crespo	casa da ria - turismo rural	Senior Masculino	56:39	+14:32	05:40
101	2010	Rui Baptista	rijos e potentes	Senior Masculino	56:42	+14:34	05:40
102	71	João Romano	ginásio elite corpus	Senior Masculino	56:57	+14:50	05:42
103	150	Ricardo Manuel Resende Pereira	workout wellness and body care	Senior Masculino	57:06	+14:59	05:43
104	69	Claudio Pinto	ginásio elite corpus	Senior Masculino	57:07	+15:00	05:43
105	143	Bruno José Vilaranda Borges	workout wellness and body care	Senior Masculino	57:07	+15:00	05:43
106	997	Nuno Miguel Azevedo	clube desportivo de estarreja - secção de natação	Senior Masculino	57:07	+15:00	05:43
107	680	DIOGO FILIPE	amupb bmx	Senior Masculino	57:08	+15:01	05:43
108	114	Patrick Vaz	ko health club	Senior Masculino	57:08	+15:01	05:43
109	681	LUÍS MIGUEL	amupb bmx	Senior Masculino	57:20	+15:13	05:44
110	998	Pedro Torres	clube desportivo de estarreja - secção de natação	Senior Masculino	57:46	+15:39	05:47
111	2153	Manuel Lopes	the guardian runners	Senior Masculino	57:51	+15:44	05:47
112	2152	Armindo Soares	the guardian runners	Senior Masculino	57:51	+15:44	05:47
113	2154	Vitor Marques	the guardian runners	Senior Masculino	57:51	+15:44	05:47
114	1018	Leandro Lourenço	corpo culto	Senior Masculino	57:52	+15:45	05:47
115	148	João Fernando Banca	workout wellness and body care	Senior Masculino	57:57	+15:49	05:48
116	152	Rogério Filipe Gonçalves Vieira	workout wellness and body care	Senior Masculino	57:57	+15:50	05:48
117	1303	Carlos Manuel dos Santos Vidal	gesinserde team	Senior Masculino	57:57	+15:50	05:48
118	1305	Vitor Emanuel Fonseca Sousa	gesinserde team	Senior Masculino	57:57	+15:50	05:48
119	137	Fábio Manuel Martins Ferreira	wild worses	Senior Masculino	58:04	+15:57	05:48

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	tkm
160	2148	MARCO FILIPE NABAIS BALSINHA	tensai	Senior Masculino	01:01:26	+19:19	06:09
161	542	Bruno César Oliveira Melo	100sacionais	Senior Masculino	01:01:33	+19:26	06:09
162	31	Nelson Pinto	b.t.m.	Senior Masculino	01:01:35	+19:28	06:09
163	1734	Daniel Figueiro	os impecáveis	Senior Masculino	01:01:36	+19:29	06:10
164	503	Fábio Gomes	#deusnocomando	Senior Masculino	01:01:37	+19:30	06:10
165	110	João Correia	ko health club	Senior Masculino	01:01:39	+19:32	06:10
166	1993	Carlos Ferreira	rijos e potentes	Senior Masculino	01:01:41	+19:34	06:10
167	17	Eunice Moreira	b.t.m.	Senior Feminino	01:01:42	+19:35	06:10
168	1054	Humberto Manuel Colaço de Almeida	correio de albergaria trail running	Senior Masculino	01:01:44	+19:36	06:10
169	1160	Carlos Miguel Tavares de Oliveira	dos senhores e das senhoras	Senior Masculino	01:01:47	+19:40	06:11
170	1758	Gabriel Sarabando	os lusitanos	Senior Masculino	01:01:54	+19:46	06:11
171	70	Fábio Ferreira	ginásio elite corpus	Senior Masculino	01:01:56	+19:49	06:12
172	2413	Fernando Mendes	downuts	Senior Masculino	01:02:06	+19:58	06:13
173	507	Tiago Pereira	#deusnocomando	Senior Masculino	01:02:10	+20:03	06:13
174	24	Vania Peixoto	b.t.m.	Senior Feminino	01:02:13	+20:06	06:13
175	1468	Ricardo Lopes	individual	Senior Masculino	01:02:14	+20:07	06:13
176	1710	José Oliveira	os duros	Senior Masculino	01:02:14	+20:07	06:13
177	1711	Pedro Almeida	os duros	Senior Masculino	01:02:14	+20:07	06:13
178	709	Gonçalo Lopes Costa	arsenal de canelas	Senior Masculino	01:02:17	+20:10	06:14
179	724	Vitor Miguel de Oliveira e Silva	arsenal de canelas	Senior Masculino	01:02:17	+20:10	06:14
180	1614	Paulo Filipe Garrido	ninja team	Senior Masculino	01:02:27	+20:19	06:15
181	25	Bruno Santos	b.t.m.	Senior Masculino	01:02:27	+20:19	06:15
182	1615	Rúben Neves Gonçalves	ninja team	Senior Masculino	01:02:27	+20:19	06:15
183	2165	Miguel Almeida	tiago	Senior Masculino	01:02:28	+20:21	06:15
184	1069	Telmo Martins	correio de albergaria trail running	Senior Masculino	01:02:29	+20:22	06:15
185	2166	Pedro sousa	tiago	Senior Masculino	01:02:31	+20:23	06:15
186	672	Duarte Barbosa	amigos do brock	Senior Masculino	01:02:32	+20:25	06:15
187	676	Nuno Serra	amigos do brock	Senior Masculino	01:02:33	+20:25	06:15
188	30	Miguel Fernandes	b.t.m.	Senior Masculino	01:02:33	+20:25	06:15
189	2167	Tiago Cruz	tiago	Senior Masculino	01:02:33	+20:26	06:15
190	1192	Marisa Barbosa	dynamic life - muaythai	Senior Feminino	01:02:37	+20:30	06:16
191	1522	Horácio Neri	ltpmudlabs	Senior Masculino	01:02:48	+20:41	06:17
192	36	Sergio Fernandes	b.t.m.	Senior Masculino	01:03:11	+21:04	06:19
193	638	André Filipe Alves	altice labs	Senior Masculino	01:03:13	+21:06	06:19
194	1913	Diogo Martins	polisport	Senior Masculino	01:03:15	+21:08	06:20
195	1912	David Camelo	polisport	Senior Masculino	01:03:16	+21:09	06:20
196	1672	Rui Jorge Morais	ori-estarreja	Senior Masculino	01:03:18	+21:11	06:20
197	1525	Paulo Sousa	ltpmudlabs	Senior Masculino	01:03:18	+21:11	06:20
198	1213	ALFREDO CUSTODIO MARTINS ANTONIO	emborasimborala	Senior Masculino	01:03:19	+21:12	06:20
199	1274	Maria Lurdes Bastos Pinto Resende	fit race	Senior Feminino	01:03:25	+21:18	06:21
200	541	Adriano Manuel Mortágua	100sacionais	Senior Masculino	01:03:30	+21:23	06:21
201	21	Paula Ferreira	b.t.m.	Senior Feminino	01:03:37	+21:30	06:22

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
202	1459	José Armando Ferreira Gonçalves	individual	Senior Masculino	01:03:39	+21:31	06:22
203	706	Amílcar Manuel Pereira da Silva	arsenal de canelas	Senior Masculino	01:03:41	+21:34	06:22
204	1428	Carlos Alberto Simões	hrv	Senior Masculino	01:03:51	+21:44	06:23
205	1810	Ivo Sousa	ovar hc	Senior Masculino	01:03:56	+21:49	06:24
206	1460	Jose Manuel Pereira Rodrigues	individual	Senior Masculino	01:04:00	+21:53	06:24
207	67	Lia Ferreira	ginásio elite corpus	Senior Feminino	01:04:02	+21:55	06:24
208	1043	Belmiro Resgate	correio de albergaria trail running	Senior Masculino	01:04:09	+22:02	06:25
209	1046	Carlos Cachulo	correio de albergaria trail running	Senior Masculino	01:04:09	+22:02	06:25
210	2088	Carmo Silva	talamal radical	Senior Feminino	01:04:20	+22:13	06:26
211	2067	Filipe de Almeida	sportcamp	Senior Masculino	01:04:25	+22:18	06:27
212	2061	Carlos Guerra	sportcamp	Senior Masculino	01:04:25	+22:18	06:27
213	1708	Alexandre Fernandes	os duros	Senior Masculino	01:04:28	+22:21	06:27
214	809	João Silva	bioapasso	Senior Masculino	01:04:31	+22:23	06:27
215	2085	Ana Maria Almeida	talamal radical	Senior Feminino	01:04:39	+22:31	06:28
216	1301	Tiago Gamelas	garrações100fundo	Senior Masculino	01:04:43	+22:36	06:28
217	1292	Renato Costa	garrações100fundo	Senior Masculino	01:04:44	+22:37	06:28
218	1845	ARMANDO DIAS	pavanca	Senior Masculino	01:04:47	+22:39	06:29
219	1901	Marisa Andreia Pires dos Santos	polisport	Senior Feminino	01:04:53	+22:45	06:29
220	1922	Rui Miguel Oliveira Fernandes	polisport	Senior Masculino	01:04:53	+22:46	06:29
221	1817	Vítor Soares	ovar hc	Senior Masculino	01:04:54	+22:47	06:29
222	2050	Carlos Madail	somamaratonas	Senior Masculino	01:04:54	+22:47	06:29
223	2374	Júlio Cesar Matos Pinho	workout wellness and body care	Senior Masculino	01:04:55	+22:48	06:30
224	1707	João Pinho	os todo o terreno	Senior Masculino	01:04:56	+22:49	06:30
225	2302	Pedrito Arrojado	vai quem quer	Senior Masculino	01:04:59	+22:51	06:30
226	1108	Pedro Pombal	crossfit couto	Senior Masculino	01:05:02	+22:55	06:30
227	2276	Catarina Nascimento	unbroken fun	Senior Feminino	01:05:03	+22:56	06:30
228	2009	Rómulo Pinto	rijos e potentes	Senior Masculino	01:05:04	+22:56	06:30
229	2278	Ailton Cruz	unbroken fun	Senior Masculino	01:05:04	+22:56	06:30
230	1014	Cesário Rocha	corpo culto	Senior Masculino	01:05:08	+23:01	06:31
231	2053	Paulo Pires	somamaratonas	Senior Masculino	01:05:09	+23:01	06:31
232	141	António Manuel Matos Cavilhas Alves da Costa	workout wellness and body care	Senior Masculino	01:05:15	+23:08	06:31
233	88	António José Matos Guerra Alves da Costa	individual	Senior Masculino	01:05:15	+23:08	06:32
234	151	Ricardo Remédio Coelhos	workout wellness and body care	Senior Masculino	01:05:20	+23:13	06:32
235	811	Miguel Almeida	bioapasso	Senior Masculino	01:05:21	+23:14	06:32
236	2375	Luis Carlos Santos Picote	workout wellness and body care	Senior Masculino	01:05:23	+23:16	06:32
237	2041	Nuno Oliveira	samba tribal	Senior Masculino	01:05:25	+23:18	06:33
238	2210	Sandra Oliveira	tropa de elite	Senior Feminino	01:05:27	+23:20	06:33
239	807	Diogo couras	bioapasso	Senior Masculino	01:05:30	+23:22	06:33
240	2038	Dinarte Vieira	samba tribal	Senior Masculino	01:05:31	+23:23	06:33
241	1989	André Valente Oliveira	rijos e potentes	Senior Masculino	01:05:34	+23:27	06:33
242	980	José Almeida	cires_running-team	Senior Masculino	01:05:38	+23:31	06:34
243	722	Victor Manuel Tavares da Luz	arsenal de canelas	Senior Masculino	01:05:47	+23:40	06:35

PROVA PRINCIPAL - STAGE 1

10 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	TKM
244	1007	Anabela Jorge	corpo culto	Senior Feminino	01:05:48	+23:41	06:35
245	847	António Humberto Gonçalves Tavares	bionelas	Senior Masculino	01:05:51	+23:43	06:35
246	859	Joaquim Fernando Rodrigues de Sousa	bioracers	Senior Masculino	01:05:51	+23:44	06:35
247	857	Daniela Casal de Sousa	bioracers	Senior Feminino	01:05:51	+23:44	06:35
248	639	António Manuel Valente	altice labs	Senior Masculino	01:05:52	+23:45	06:35
249	501	Bruna Gomes	#deusnocomando	Senior Feminino	01:05:52	+23:45	06:35
250	868	Luís Ferreira	botapaquebrá	Senior Masculino	01:05:56	+23:48	06:36
251	1520	Daniel Pereira	ltpmudlabs	Senior Masculino	01:06:03	+23:56	06:36
252	993	Diana santos	clube desportivo de estarreja - secção de natação	Senior Feminino	01:06:19	+24:11	06:38
253	994	Inês de Oliveira Teixeira	clube desportivo de estarreja - secção de natação	Senior Feminino	01:06:19	+24:12	06:38
254	1709	Carlos Borges	os duros	Senior Masculino	01:06:21	+24:13	06:38
255	1736	João Carreira	os impecáveis	Senior Masculino	01:06:23	+24:16	06:38
256	13	Carla Salgado	b.t.m.	Senior Feminino	01:06:24	+24:16	06:38
257	1191	Liliana Souto	dynamic life - muaythai	Senior Feminino	01:06:26	+24:19	06:39
258	649	Luis Miguel Inácio	altice labs	Senior Masculino	01:06:31	+24:23	06:39
259	969	Carla Cardoso	cires_running-team	Senior Feminino	01:06:39	+24:32	06:40
260	977	Francisco Tavares	cires_running-team	Senior Masculino	01:06:39	+24:32	06:40
261	98	Mariana Pires	ko health club	Senior Feminino	01:06:42	+24:35	06:40
262	1417	João Santana	hot water	Senior Masculino	01:06:56	+24:48	06:42
263	1413	Aventino Lima	hot water	Senior Masculino	01:06:59	+24:52	06:42
264	1335	JOÃO NUNES DA SILVA	gs morenos	Senior Masculino	01:07:03	+24:55	06:42
265	1422	Vitor Ribau	hot water	Senior Masculino	01:07:03	+24:56	06:42
266	958	Sara barradas	challenge force	Senior Feminino	01:07:07	+25:00	06:43
267	962	Ricardo Bessa	challenge force	Senior Masculino	01:07:07	+25:00	06:43
268	955	Adriana Neves	challenge force	Senior Feminino	01:07:10	+25:03	06:43
269	1465	Nuno Oliveira	individual	Senior Masculino	01:07:12	+25:05	06:43
270	1066	Samuel Proença	correio de albergaria trail running	Senior Masculino	01:07:24	+25:17	06:44
271	1038	Sílvia Gomes	correio de albergaria trail running	Senior Feminino	01:07:25	+25:18	06:45
272	2150	PAULO EUGENIO MENDES VILELA	tensai	Senior Masculino	01:07:30	+25:23	06:45
273	1036	Sara Quinta	correio de albergaria trail running	Senior Feminino	01:07:42	+25:35	06:46
274	1037	Severina Almeida	correio de albergaria trail running	Senior Feminino	01:07:42	+25:35	06:46
275	1048	Diogo Malheiro	correio de albergaria trail running	Senior Masculino	01:07:46	+25:39	06:47
276	2220	Domingos Martins	tropa elite	Senior Masculino	01:07:50	+25:43	06:47
277	2225	Pedro Almeida	tropa elite	Senior Masculino	01:07:50	+25:43	06:47
278	2219	André Vidinha	tropa elite	Senior Masculino	01:07:50	+25:43	06:47
279	2226	Nuno Pinho	tropa elite	Senior Masculino	01:07:50	+25:43	06:47
280	1188	Danielle Duque	dynamic life - muaythai	Senior Feminino	01:07:56	+25:49	06:48
281	154	Daniel Martins	ginásio elite corpus	Senior Masculino	01:07:57	+25:50	06:48
282	1446	Raquel Figueiredo	individual	Senior Feminino	01:08:03	+25:56	06:48
283	2261	Bruno Soares Bessa	tuttifritti	Senior Masculino	01:08:04	+25:57	06:48
284	1420	Hugo Portela	hot water	Senior Masculino	01:08:07	+25:59	06:49
285	2425	Jorge Fernandes	os únicos	Senior Masculino	01:08:12	+26:05	06:49
286	1057	Manuel Carlos Santos Dias	correio de albergaria trail running	Senior Masculino	01:08:12	+26:05	06:49

PROVA PRINCIPAL - STAGE 1

10 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
329	1161	Ivan Maurício Marques Valente Couras	dos senhores e das senhoras	Senior Masculino	01:10:15	+28:07	07:01
330	1166	Rogério Nuno Almeida Castilho Cortes Marques	dos senhores e das senhoras	Senior Masculino	01:10:16	+28:08	07:02
331	657	Ana Moutela	amigos do brock	Senior Feminino	01:10:20	+28:13	07:02
332	1421	Rui Soares	hot water	Senior Masculino	01:10:21	+28:13	07:02
333	2204	Marco Ferreira	triskel team	Senior Masculino	01:10:22	+28:14	07:02
334	1210	Ricardo Pascoal	dynamic life - muaythai	Senior Masculino	01:10:24	+28:17	07:02
335	1916	Marcelo Figueiredo	polisport	Senior Masculino	01:10:24	+28:17	07:02
336	1914	Eugénio José da Silva Pires Tavares	polisport	Senior Masculino	01:10:24	+28:17	07:02
337	1917	Miguel Martinho	polisport	Senior Masculino	01:10:25	+28:17	07:02
338	2214	Jorge André Carvalhal	tropa de elite	Senior Masculino	01:10:35	+28:28	07:04
339	934	Luis Grilo	century21 salinas	Senior Masculino	01:10:37	+28:29	07:04
340	933	Fernando Pinto	century21 salinas	Senior Masculino	01:10:37	+28:30	07:04
341	102	Agostinho Moreira	ko health club	Senior Masculino	01:10:49	+28:41	07:05
342	2384	Sérgio Manuel da Silva Pinto Bandeira	workout wellness and body care	Senior Masculino	01:10:58	+28:51	07:06
343	1398	Pedro Guimarães	gympro	Senior Masculino	01:10:59	+28:51	07:06
344	976	Carlos Dias	cires_running-team	Senior Masculino	01:10:59	+28:52	07:06
345	1816	Vasco Rios	ovar hc	Senior Masculino	01:11:11	+29:04	07:07
346	144	Bruno Tarola	workout wellness and body care	Senior Masculino	01:11:12	+29:05	07:07
347	2348	Sara Filipa Lopes Almeida	workout wellness and body care	Senior Feminino	01:11:12	+29:05	07:07
348	1664	Inês Aires	ori-estarreja	Senior Feminino	01:11:18	+29:11	07:08
349	2133	Filipe Pereira	telhadela runners	Senior Masculino	01:11:23	+29:16	07:08
350	1955	José Narciso do Carmo pascoal	resistentes de azeméis	Senior Masculino	01:11:25	+29:18	07:08
351	1962	Telmo Rui Aguiar leite	resistentes de azeméis	Senior Masculino	01:11:25	+29:18	07:08
352	2136	Pedro Pinho	telhadela runners	Senior Masculino	01:11:29	+29:22	07:09
353	1098	Gustavo Pinho	crossfit couto	Senior Masculino	01:11:33	+29:25	07:09
354	1111	Rui Silva	crossfit couto	Senior Masculino	01:11:33	+29:25	07:09
355	1107	Carlos Duarte	crossfit couto	Senior Masculino	01:11:35	+29:27	07:09
356	1811	José Pinto	ovar hc	Senior Masculino	01:11:36	+29:29	07:10
357	2134	José Pereira	telhadela runners	Senior Masculino	01:11:40	+29:33	07:10
358	1199	Emanuel Silva	dynamic life - muaythai	Senior Masculino	01:11:45	+29:37	07:10
359	1791	Paulo Melo	os todo o terreno	Senior Masculino	01:11:49	+29:41	07:11
360	2132	Carlos Campos	telhadela runners	Senior Masculino	01:11:49	+29:42	07:11
361	1851	TIAGO MARQUES	pavanca	Senior Masculino	01:12:00	+29:52	07:12
362	1418	Hugo Gonçalves	hot water	Senior Masculino	01:12:00	+29:53	07:12
363	1843	ADÉRITO VIDEIRA	pavanca	Senior Masculino	01:12:02	+29:55	07:12
364	2135	Nuno Filipe Ferreira Capela	telhadela runners	Senior Masculino	01:12:03	+29:56	07:12
365	716	Miguel Costa	arsenal de canelas	Senior Masculino	01:12:04	+29:56	07:12
366	1106	Paulo Alexandre Gomes Gregório	crossfit couto	Senior Masculino	01:12:12	+30:05	07:13
367	44	Cristiano Rodrigues	be5team by be-fit aveiro	Senior Masculino	01:12:12	+30:05	07:13
368	1094	Carlos Alberto Andrade Gomes	crossfit couto	Senior Masculino	01:12:12	+30:05	07:13
369	641	Bruno Marques Silva	altice labs	Senior Masculino	01:12:12	+30:05	07:13
370	133	Hilário Costa	oiteameia	Senior Masculino	01:12:13	+30:06	07:13

PROVA PRINCIPAL - STAGE 1

10 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
371	131	Feranando Varanda	oiteameia	Senior Masculino	01:12:13	+30:06	07:13
372	132	fernando mautempo	oiteameia	Senior Masculino	01:12:14	+30:06	07:13
373	134	Valter Barbosa	oiteameia	Senior Masculino	01:12:14	+30:07	07:13
374	1712	Tiago Almeida	os duros	Senior Masculino	01:12:15	+30:08	07:14
375	1185	Joaquim Justino	duravit raceteam	Senior Masculino	01:12:25	+30:17	07:14
376	648	José Luís da Silva Rosa	altice labs	Senior Masculino	01:12:25	+30:18	07:14
377	708	Gabriel António Cravo de Pinho	arsenal de canelas	Senior Masculino	01:12:26	+30:19	07:15
378	651	Miguel Santos	altice labs	Senior Masculino	01:12:26	+30:19	07:15
379	691	Adriana Carolina Lopes Amador de Pinho	arsenal de canelas	Senior Feminino	01:12:26	+30:19	07:15
380	1407	Anabela Leite	hot water	Senior Feminino	01:12:31	+30:24	07:15
381	1458	Jorge Miguel Marques Bastos	individual	Senior Masculino	01:12:32	+30:25	07:15
382	1907	Helena Oliveira	polisport	Senior Feminino	01:12:43	+30:36	07:16
383	1921	Ricardo João Rodrigues de Azevedo	polisport	Senior Masculino	01:12:44	+30:37	07:16
384	813	Nuno conde	bioapasso	Senior Masculino	01:12:47	+30:40	07:17
385	1571	Ana Margarida Monteiro Peixoto	med runners	Senior Feminino	01:12:49	+30:41	07:17
386	1951	Florabela Marques Queiroz	resistentes de azeméis	Senior Feminino	01:12:56	+30:49	07:18
387	1371	Cristina Oliveira	gympro	Senior Feminino	01:12:59	+30:52	07:18
388	111	José Canha	ko health club	Senior Masculino	01:13:00	+30:53	07:18
389	107	Gustavo Pinto	ko health club	Senior Masculino	01:13:01	+30:54	07:18
390	96	Isabel Araujo	ko health club	Senior Feminino	01:13:02	+30:55	07:18
391	699	Margarida Alves de Sousa	arsenal de canelas	Senior Feminino	01:13:09	+31:02	07:19
392	692	Adriana Isabel Pereira de Sousa	arsenal de canelas	Senior Feminino	01:13:10	+31:03	07:19
393	1809	Bruno Pereira	ovar hc	Senior Masculino	01:13:19	+31:12	07:20
394	1790	Orlando Santos	os todo o terreno	Senior Masculino	01:13:20	+31:13	07:20
395	99	Ni Pinto	ko health club	Senior Feminino	01:13:20	+31:13	07:20
396	1786	António Pereira	os todo o terreno	Senior Masculino	01:13:20	+31:13	07:20
397	1151	Fernando Manuel da Costa e Silva	danipack team power	Senior Masculino	01:13:23	+31:16	07:20
398	1714	Daniela Silva	os fo(d)tes!	Senior Feminino	01:13:24	+31:17	07:20
399	1713	Ana Luísa Silva	os fo(d)tes!	Senior Feminino	01:13:24	+31:17	07:20
400	1715	Manuela Marques	os fo(d)tes!	Senior Feminino	01:13:24	+31:17	07:20
401	1718	Sérgio Varela	os fo(d)tes!	Senior Masculino	01:13:24	+31:17	07:20
402	1717	João Pedro Liberal	os fo(d)tes!	Senior Masculino	01:13:24	+31:17	07:20
403	2366	João Dias Simões Tavares	workout wellness and body care	Senior Masculino	01:13:32	+31:25	07:21
404	1302	Ana Sofia Vidal	gesinserde team	Senior Feminino	01:13:32	+31:25	07:21
405	1013	António Salgueiredo	corpo culto	Senior Masculino	01:13:32	+31:25	07:21
406	1010	Eunice Quintas	corpo culto	Senior Feminino	01:13:32	+31:25	07:21
407	1011	Karina Martins Amarante	corpo culto	Senior Feminino	01:13:32	+31:25	07:21
408	1009	Dina Sereno	corpo culto	Senior Feminino	01:13:32	+31:25	07:21
409	1685	Joni José Amorim Vivas	os artistas	Senior Masculino	01:13:34	+31:27	07:21
410	92	Catarina Gomes Campos	ko health club	Senior Feminino	01:13:36	+31:29	07:22
411	808	Diogo Eurico	bioapasso	Senior Masculino	01:13:42	+31:34	07:22
412	1537	Bruno Ferreira	lux health club	Senior Masculino	01:13:42	+31:34	07:22

PROVA PRINCIPAL - STAGE 1

10 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	tkm
413	1526	Pedro Schuller	ltpmudlabs	Senior Masculino	01:13:47	+31:40	07:23
414	43	Sónia Rodrigues	be5team by be-fit aveiro	Senior Feminino	01:13:48	+31:41	07:23
415	1530	Andreia Ferreira	lux health club	Senior Feminino	01:13:58	+31:51	07:24
416	2197	Mónica Paiva	torreira runners	Senior Feminino	01:14:00	+31:53	07:24
417	1342	RENATO MIGUEL GIL SOUSA MOEDAS	gs morenos	Senior Masculino	01:14:02	+31:55	07:24
418	2436	José António Lopes	altice labs	Senior Masculino	01:14:06	+31:59	07:25
419	2378	Nuno Filipe de Almeida Pinho	workout wellness and body care	Senior Masculino	01:14:07	+32:00	07:25
420	650	Marco Aurélio Borges	altice labs	Senior Masculino	01:14:14	+32:07	07:25
421	652	Pedro Manuel Bento	altice labs	Senior Masculino	01:14:14	+32:07	07:25
422	647	José Filipe Dias Rego	altice labs	Senior Masculino	01:14:14	+32:07	07:25
423	802	Mariana Tavares	bioapasso	Senior Feminino	01:14:15	+32:08	07:25
424	644	Gonçalo Silva Pereira	altice labs	Senior Masculino	01:14:15	+32:08	07:26
425	1660	Ana Jorge Silva	ori-estarreja	Senior Feminino	01:14:17	+32:10	07:26
426	1579	João Oliveira	melindra team	Senior Masculino	01:14:20	+32:13	07:26
427	1577	Bruno Silva	melindra team	Senior Masculino	01:14:21	+32:13	07:26
428	1580	Marco Silva	melindra team	Senior Masculino	01:14:21	+32:14	07:26
429	1581	Ricardo Melindra	melindra team	Senior Masculino	01:14:22	+32:15	07:26
430	1576	Solange Oliveira	melindra team	Senior Feminino	01:14:22	+32:15	07:26
431	973	Maria Alves	cires_running-team	Senior Feminino	01:14:25	+32:18	07:26
432	1229	ANTÓNIO ESTEVES	equipa de elite	Senior Masculino	01:14:27	+32:20	07:27
433	1239	RICARDO MATOS	equipa de elite	Senior Masculino	01:14:27	+32:20	07:27
434	2224	Paulo Vidinha	tropa elite	Senior Masculino	01:14:27	+32:20	07:27
435	1228	ANDRÉ SILVA	equipa de elite	Senior Masculino	01:14:27	+32:20	07:27
436	1464	Miguel A.Martins	individual	Senior Masculino	01:14:28	+32:21	07:27
437	714	Luís Miguel Santos Castro	arsenal de canelas	Senior Masculino	01:14:35	+32:28	07:28
438	1175	SEGIO REIS	draguialeões	Senior Masculino	01:14:45	+32:38	07:28
439	1174	PAULO VIEIRA	draguialeões	Senior Masculino	01:14:45	+32:38	07:29
440	89	Francisco Paulo Santos Fonseca	individual	Senior Masculino	01:14:51	+32:44	07:29
441	86	Marta Melissa dos Santos Paulos	individual	Senior Feminino	01:14:51	+32:44	07:29
442	1885	Sérgio Lino Moura	photo runners	Senior Masculino	01:14:53	+32:46	07:29
443	1881	José Manuel Tavares	photo runners	Senior Masculino	01:14:54	+32:46	07:29
444	504	Filipe Pinto	#deusnocomando	Senior Masculino	01:14:57	+32:50	07:30
445	718	Richard Costa Frade	arsenal de canelas	Senior Masculino	01:15:07	+32:59	07:31
446	75	Paulo Moura	ginásio elite corpus	Senior Masculino	01:15:08	+33:00	07:31
447	78	Rafael Moura	ginásio elite corpus	Senior Masculino	01:15:08	+33:00	07:31
448	2386	Tiago Manuel Lopes Tavares	workout wellness and body care	Senior Masculino	01:15:09	+33:01	07:31
449	2361	Duarte Planas Raposo de Almeida Costa	workout wellness and body care	Senior Masculino	01:15:14	+33:06	07:31
450	2328	Andreia Sofia Marques Pereira	workout wellness and body care	Senior Feminino	01:15:17	+33:09	07:32
451	2149	PAULO ANTONIO DE OLIVEIRA CABRAL	tensai	Senior Masculino	01:15:27	+33:19	07:33
452	907	CARLOS GOMES	cal - clube atletismo de lamas	Senior Masculino	01:15:27	+33:19	07:33
453	1888	Ana Márcia	phunkeiros	Senior Feminino	01:15:33	+33:26	07:33
454	2190	LUIS DE SA VINHAS DIAS	torre	Senior Masculino	01:15:36	+33:29	07:34

PROVA PRINCIPAL - STAGE 1

10 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	TKM
455	2181	CARLOS ALBERTO CORREIA DA ROCHA	torre	Senior Masculino	01:15:36	+33:29	07:34
456	2176	ANDRÉ FILIPE SOUSA RIBEIRO	torre	Senior Masculino	01:15:36	+33:29	07:34
457	2191	MÁRCIO FERNANDO DE SOUSA RIBEIRO	torre	Senior Masculino	01:15:36	+33:29	07:34
458	2300	Manuel Maria Martins Moreira	vai quem quer	Senior Masculino	01:15:37	+33:29	07:34
459	2180	BRUNO EMANUEL SANTOS	torre	Senior Masculino	01:15:37	+33:30	07:34
460	1890	Barnabé Almeida	phunkeiros	Senior Masculino	01:15:37	+33:30	07:34
461	12	Beckas Nascimento	b.t.m.	Senior Feminino	01:15:43	+33:36	07:34
462	22	Sara Nascimento	b.t.m.	Senior Feminino	01:15:44	+33:36	07:34
463	1433	Ana Patricia Martins Nunes	individual	Senior Feminino	01:15:53	+33:46	07:35
464	1454	Filipe Emanuel Nogueira da Silva	individual	Senior Masculino	01:15:53	+33:46	07:35
465	2260	André Rafael Cruz Onofre	tuttifrutti	Senior Masculino	01:16:02	+33:54	07:36
466	1895	Rúben Cunha	phunkeiros	Senior Masculino	01:16:08	+34:01	07:37
467	645	Guilherme Marques Gonçalves	altice labs	Senior Masculino	01:16:14	+34:07	07:37
468	1391	Jorge Azevedo	gympro	Senior Masculino	01:16:18	+34:11	07:38
469	1401	Vítor Hugo Figueiredo Tavares	gympro	Senior Masculino	01:16:18	+34:11	07:38
470	1893	Nuno gomes	phunkeiros	Senior Masculino	01:16:34	+34:27	07:39
471	1026	Isabel Marques	correio de albergaria trail running	Senior Feminino	01:16:34	+34:27	07:39
472	1040	Teresa Cristina Santos	correio de albergaria trail running	Senior Feminino	01:16:35	+34:27	07:39
473	2138	Carla Alexandra Pinho Barbosa Dias	temporal team	Senior Feminino	01:16:44	+34:37	07:40
474	2142	Luís Filipe Peralta Pimenta Alves	temporal team	Senior Masculino	01:16:44	+34:37	07:40
475	2012	Hélder Pais	run forest run	Senior Masculino	01:16:44	+34:37	07:40
476	871	Alice Moreira	bravoalfa5	Senior Feminino	01:16:45	+34:37	07:40
477	872	Rute Ribeiro	bravoalfa5	Senior Feminino	01:16:45	+34:37	07:40
478	2139	Liliana Gomes	temporal team	Senior Feminino	01:16:45	+34:37	07:40
479	2014	Maksym Snigirov	run forest run	Senior Masculino	01:16:46	+34:38	07:41
480	93	Célia Mendes	ko health club	Senior Feminino	01:16:47	+34:40	07:41
481	2013	Jorge Acúrcio	run forest run	Senior Masculino	01:16:49	+34:41	07:41
482	1827	Renato Filipe Rodrigues Ramos	overmotor running	Senior Masculino	01:17:00	+34:53	07:42
483	41	Inês Pinto	be5team by be-fit aveiro	Senior Feminino	01:17:01	+34:54	07:42
484	1824	Mauro Pinheiro	overmotor running	Senior Masculino	01:17:09	+35:02	07:43
485	1796	Ana Paula Lima Mariano	ovar hc	Senior Feminino	01:17:19	+35:12	07:44
486	1957	Manuel Firmino Martins Soares	resistentes de azeméis	Senior Masculino	01:17:25	+35:18	07:45
487	2011	Sérgio Amaro	rijos e potentes	Senior Masculino	01:17:27	+35:20	07:45
488	1856	André Ferreira	pé na lama	Senior Masculino	01:17:36	+35:28	07:46
489	1950	Célia Aguiar	resistentes de azeméis	Senior Feminino	01:17:41	+35:34	07:46
490	1284	António Ballejo	fourfriends	Senior Masculino	01:17:54	+35:47	07:47
491	2364	Humberto José Resende Martins	workout wellness and body care	Senior Masculino	01:18:05	+35:57	07:48
492	678	Renato Gaspar Matos Brás	amigos do brock	Senior Masculino	01:18:11	+36:03	07:49
493	668	Antonio Neves	amigos do brock	Senior Masculino	01:18:13	+36:06	07:49
494	675	Joel Gaspar Matos Brás	amigos do brock	Senior Masculino	01:18:14	+36:06	07:49

PROVA PRINCIPAL - STAGE 1

10 KM

R
REVISED

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	⌚/KM
495	1523	Luís Guimarães	ltpmudlabs	Senior Masculino	01:18:16	+36:09	07:50
496	2293	António Augusto Mendes de Lemos	vai quem quer	Senior Masculino	01:18:17	+36:10	07:50
497	741	Leandro Costa	avancarec	Senior Masculino	01:18:18	+36:11	07:50
498	739	Sérgio Emanuel da Costa Dias	avancarec	Senior Masculino	01:18:18	+36:11	07:50
499	740	Vitor Joaquim da Costa Dias	avancarec	Senior Masculino	01:18:18	+36:11	07:50
500	738	José Pedro Oliveira Silva	avancarec	Senior Masculino	01:18:18	+36:11	07:50
501	1518	Raquel Vieira	ltpmudlabs	Senior Feminino	01:18:21	+36:14	07:50
502	1883	Nuno Oliveira	photo runners	Senior Masculino	01:18:47	+36:40	07:53
503	1884	Paulo Cardoso	photo runners	Senior Masculino	01:18:47	+36:40	07:53
504	1876	Susana Nunes	photo runners	Senior Feminino	01:18:47	+36:40	07:53
505	1915	Filipe André da Costa Teixeira	polisport	Senior Masculino	01:18:48	+36:41	07:53
506	1490	MÁRCIO ANDRÉ DA SILVA SALGADO	limass	Senior Masculino	01:18:52	+36:44	07:53
507	1369	Carla Ferreira	gympro	Senior Feminino	01:18:53	+36:46	07:53
508	1389	Francisco Matos	gympro	Senior Masculino	01:18:53	+36:46	07:53
509	1373	Diana Leite Costa	gympro	Senior Feminino	01:18:53	+36:46	07:53
510	2419	João Costa	os únicos	Senior Masculino	01:18:55	+36:48	07:54
511	2416	Leonardo Amorim	os únicos	Senior Masculino	01:18:56	+36:49	07:54
512	1689	Walter Manuel Marques Valente	os artistas	Senior Masculino	01:18:59	+36:52	07:54
513	2120	Leandro Anjos	team lá de casa	Senior Masculino	01:18:59	+36:52	07:54
514	1489	LILIANA RAQUEL LIMA COSTA	limass	Senior Feminino	01:19:00	+36:53	07:54
515	2119	Rita Madeil	team lá de casa	Senior Feminino	01:19:01	+36:53	07:54
516	2049	Alberto Martins	somamaratonas	Senior Masculino	01:19:10	+37:02	07:55
517	1859	Rodrigo Santos	pé na lama	Senior Masculino	01:19:19	+37:12	07:56
518	863	davide carvalho	boa "vai" ela	Senior Masculino	01:19:23	+37:15	07:56
519	862	Sandra Almeida	boa "vai" ela	Senior Feminino	01:19:23	+37:16	07:56
520	860	Ana Castro	boa "vai" ela	Senior Feminino	01:19:23	+37:16	07:56
521	865	Tiago Estima	boa "vai" ela	Senior Masculino	01:19:23	+37:16	07:56
522	1952	Maria José Soares Moreira	resistentes de azeméis	Senior Feminino	01:19:24	+37:17	07:56
523	1956	Leandro Daniel Pinho lavoura	resistentes de azeméis	Senior Masculino	01:19:25	+37:18	07:56
524	1960	Rogério de Pinho e Silva	resistentes de azeméis	Senior Masculino	01:19:25	+37:18	07:56
525	1289	Luís André Martínez Vieira	gap	Senior Masculino	01:19:29	+37:22	07:57
526	2360	David Miguel Belo Rebelo	workout wellness and body care	Senior Masculino	01:19:32	+37:25	07:57
527	2319	Ana Eva Tavares Salgueiro	workout wellness and body care	Senior Feminino	01:19:32	+37:25	07:57
528	1288	Jorge Augusto Magano Maio	gap	Senior Masculino	01:19:33	+37:26	07:57
529	1287	João Filipe Magano Maio	gap	Senior Masculino	01:19:44	+37:37	07:58
530	1286	Fernando Jorge Vieira Ramos	gap	Senior Masculino	01:19:45	+37:38	07:59
531	1524	Paulinho Pereira	ltpmudlabs	Senior Masculino	01:19:55	+37:47	07:59
532	1065	Pedro Miguel Domingues Paiva	correio de albergaria trail running	Senior Masculino	01:20:00	+37:53	08:00
533	1860	Rui de Almeida	pé na lama	Senior Masculino	01:20:00	+37:53	08:00
534	1021	ANA BAPTISTA	correio de albergaria trail running	Senior Feminino	01:20:00	+37:53	08:00
535	1578	Fabio Costa	melindra team	Senior Masculino	01:20:02	+37:55	08:00
536	975	Carlos Alves	cires_running-team	Senior Masculino	01:20:09	+38:02	08:01

PROVA PRINCIPAL - STAGE 1
10 KM
OFFICIAL RESULT
R
 REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
537	2287	DENISE ARROJADO SILVA	vai quem quer	Senior Feminino	01:20:22	+38:15	08:02
538	1487	Bernrdo de Sá Melo e Castro	just 4 fun	Senior Masculino	01:20:24	+38:17	08:02
539	1484	Maria Inês Teixeira Mão-Cheia	just 4 fun	Senior Feminino	01:20:24	+38:17	08:02
540	105	Carlos Parracho	ko health club	Senior Masculino	01:20:27	+38:20	08:03
541	104	Bruno Carvalho	ko health club	Senior Masculino	01:20:28	+38:20	08:03
542	95	Fatima Costa	ko health club	Senior Feminino	01:20:28	+38:20	08:03
543	103	Apolinário Pereira	ko health club	Senior Masculino	01:20:28	+38:21	08:03
544	586	SMonica	8.2 arrosinhos	Senior Feminino	01:20:34	+38:27	08:03
545	1923	Tiago Emanuel Magalhaes Teixeira	polisport	Senior Masculino	01:20:35	+38:28	08:04
546	1187	Daniela Branco	dynamic life - muaythai	Senior Feminino	01:20:37	+38:30	08:04
547	1204	Luis Sampaio	dynamic life - muaythai	Senior Masculino	01:20:38	+38:31	08:04
548	2052	Sandra Rocha	somamaratonas	Senior Feminino	01:20:45	+38:38	08:05
549	2051	César Oliveira	somamaratonas	Senior Masculino	01:20:45	+38:38	08:05
550	2046	Catarina Oliveira	somamaratonas	Senior Feminino	01:20:46	+38:38	08:05
551	2174	ADÉRITO MANUEL MENDES CARNIM	torre	Senior Masculino	01:20:47	+38:40	08:05
552	931	Anaís Pinto	century21 salinas	Senior Feminino	01:20:54	+38:47	08:05
553	2089	Joana Martins Vaz Santiago	talamal radical	Senior Feminino	01:20:58	+38:50	08:06
554	974	Alexandre Henriques	cires_running-team	Senior Masculino	01:20:59	+38:52	08:06
555	1880	Filipe David Dória	photo runners	Senior Masculino	01:21:01	+38:53	08:06
556	1953	Artur França	resistentes de azeméis	Senior Masculino	01:21:02	+38:55	08:06
557	2001	Luís Aguiar	rijos e potentes	Senior Masculino	01:21:15	+39:08	08:07
558	1295	Gonçalo Paião	garrações100fundo	Senior Masculino	01:21:24	+39:17	08:08
559	972	Lígia Casimiro	cires_running-team	Senior Feminino	01:21:26	+39:19	08:09
560	1939	João Pereira	rainha albergaria	Senior Masculino	01:21:27	+39:20	08:09
561	1940	José Pereira	rainha albergaria	Senior Masculino	01:21:28	+39:21	08:09
562	2000	Leandro Aguiar	rijos e potentes	Senior Masculino	01:21:29	+39:21	08:09
563	1942	Rafael Marques	rainha albergaria	Senior Masculino	01:21:29	+39:22	08:09
564	1938	Miriam Rodrigues Oliveira Fernandes	rainha albergaria	Senior Feminino	01:21:31	+39:24	08:09
565	1294	David Inácio	garrações100fundo	Senior Masculino	01:21:34	+39:27	08:09
566	1941	Nelson Filipe Nogueira Valente	rainha albergaria	Senior Masculino	01:21:39	+39:32	08:10
567	2433	José Vieira	os únicos	Senior Masculino	01:21:48	+39:41	08:11
568	1297	José Duarte	garrações100fundo	Senior Masculino	01:21:49	+39:42	08:11
569	1455	Filipe Fonseca	individual	Senior Masculino	01:21:50	+39:42	08:11
570	1439	Inês Matos	individual	Senior Feminino	01:21:50	+39:43	08:11
571	1985	Solange Silva	rijos e potentes	Senior Feminino	01:21:52	+39:45	08:11
572	1998	Ilídio António Araujo Costa Pinto	rijos e potentes	Senior Masculino	01:21:52	+39:45	08:11
573	2070	Ricardo Fonseca	sportcamp	Senior Masculino	01:21:55	+39:47	08:11
574	1089	Sandra Catarina de Almeida Morais	crossfit couto	Senior Feminino	01:22:05	+39:58	08:13
575	1112	Wilson da Silva Santos	crossfit couto	Senior Masculino	01:22:05	+39:58	08:13
576	2003	Miguel Félix	rijos e potentes	Senior Masculino	01:22:06	+39:59	08:13
577	1110	Roberto Silva	crossfit couto	Senior Masculino	01:22:08	+40:00	08:13
578	908	PAULO MELO	cal - clube atletismo de lamas	Senior Masculino	01:22:08	+40:01	08:13

PROVA PRINCIPAL - STAGE 1

10 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
579	1299	Rui Baptista	garrações100fundo	Senior Masculino	01:22:10	+40:02	08:13
580	2283	ANABELA ARROJADO	vai quem quer	Senior Feminino	01:22:16	+40:09	08:14
581	1293	Bruno Cunha	garrações100fundo	Senior Masculino	01:22:17	+40:09	08:14
582	2357	António Manuel Da Silva Valente	workout wellness and body care	Senior Masculino	01:22:28	+40:21	08:15
583	1327	ANTÓNIO FERNANDO MACEDO SILVA	gs morenos	Senior Masculino	01:22:29	+40:22	08:15
584	1276	Sonia Cristina Soares Silva	fit race	Senior Feminino	01:22:31	+40:23	08:15
585	80	Renato Marques	golden team	Senior Masculino	01:22:32	+40:25	08:15
586	1323	MÁRCIA CATARINA DA SILVA FONSECA	gs morenos	Senior Feminino	01:22:32	+40:25	08:15
587	2144	ANGELA MARIA MELRO CORREIA	tensai	Senior Feminino	01:22:39	+40:31	08:16
588	982	Paulino Dias	cires_running-team	Senior Masculino	01:22:45	+40:38	08:16
589	981	Marco Resende	cires_running-team	Senior Masculino	01:22:45	+40:38	08:17
590	1275	Rita Maria Dias Fonseca Arrojado	fit race	Senior Feminino	01:22:46	+40:39	08:17
591	1278	Carla Correia	fit race	Senior Masculino	01:22:46	+40:39	08:17
592	1279	Pedro Alexandre Baptista Silva	fit race	Senior Masculino	01:22:46	+40:39	08:17
593	1457	João tavares	individual	Senior Masculino	01:22:47	+40:40	08:17
594	971	Isabel Enes	cires_running-team	Senior Feminino	01:22:54	+40:47	08:17
595	1892	Luis Duarte	phunkeiros	Senior Masculino	01:22:55	+40:48	08:18
596	81	tiago ricciulli	golden team	Senior Masculino	01:22:58	+40:51	08:18
597	1023	Catarina silva	correio de albergaria trail running	Senior Feminino	01:22:58	+40:51	08:18
598	1035	Rita Coelho	correio de albergaria trail running	Senior Feminino	01:23:00	+40:53	08:18
599	2146	FABIO DIONISIO MALHEIRO PRETO	tensai	Senior Masculino	01:23:01	+40:54	08:18
600	2218	Pedro Pinto	tropa de elite	Senior Masculino	01:23:03	+40:56	08:18
601	2206	Ângela Ferreira	tropa de elite	Senior Feminino	01:23:04	+40:56	08:18
602	2143	ANA CAROLINA BATISTA LIMA	tensai	Senior Feminino	01:23:04	+40:56	08:18
603	1825	Nuno Miguel Rosário de Almeida	overmotor running	Senior Masculino	01:23:11	+41:03	08:19
604	1235	LUIS CARINHA	equipa de elite	Senior Masculino	01:23:11	+41:04	08:19
605	1828	Ricardo Jorge Gomes de Carvalho	overmotor running	Senior Masculino	01:23:11	+41:04	08:19
606	2296	HUGO MIGUEL BASTOS ALMEIDA	vai quem quer	Senior Masculino	01:23:12	+41:04	08:19
607	1053	Gaspar Alves Santiago	correio de albergaria trail running	Senior Masculino	01:23:20	+41:13	08:20
608	1238	RICARDO FONTOURA	equipa de elite	Senior Masculino	01:23:28	+41:20	08:21
609	1470	Tiago Mota	individual	Senior Masculino	01:23:30	+41:23	08:21
610	2382	Paulo Silva	workout wellness and body care	Senior Masculino	01:23:32	+41:25	08:21
611	1233	ISIDRO SOUSA	equipa de elite	Senior Masculino	01:23:35	+41:28	08:22
612	1521	Diogo Pereira da Silva	ltpmudlabs	Senior Masculino	01:23:40	+41:33	08:22
613	1527	Tiago Alexandre Abreu Silva	ltpmudlabs	Senior Masculino	01:23:44	+41:37	08:22
614	2380	Paulo Alexandre Silva Caldas Oliveira Mendonça	workout wellness and body care	Senior Masculino	01:23:51	+41:44	08:23
615	1052	Frederico Henriques	correio de albergaria trail running	Senior Masculino	01:23:54	+41:47	08:23
616	2054	Ana Paula	sport rugby	Senior Feminino	01:23:56	+41:49	08:24

PROVA PRINCIPAL - STAGE 1**10 KM****R**
REVISED

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OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
654	1814	Paulo Alexandre Pereira da Costa Lavrador	ovar hc	Senior Masculino	01:26:04	+43:57	08:36
655	1412	Sara Branco	hot water	Senior Feminino	01:26:08	+44:01	08:37
656	1409	Catarina Ribães	hot water	Senior Feminino	01:26:08	+44:01	08:37
657	1801	MARTA BASTOS	ovar hc	Senior Feminino	01:26:08	+44:01	08:37
658	2279	Carlos Brito	unbroken fun	Senior Masculino	01:26:12	+44:04	08:37
659	2277	Sandra Valente	unbroken fun	Senior Feminino	01:26:12	+44:05	08:37
660	2280	Fábio Andrade	unbroken fun	Senior Masculino	01:26:13	+44:06	08:37
661	1471	Vitor Manuel De Pinho Gonçalves	individual	Senior Masculino	01:26:14	+44:07	08:37
662	1774	Pedro Almeida	salta-pocinhas	Senior Masculino	01:26:24	+44:17	08:38
663	2039	Diogo Rafael da Silva de Melo	samba tribal	Senior Masculino	01:26:25	+44:18	08:39
664	2042	Valter Rafael Jesus Leite Soares	samba tribal	Senior Masculino	01:26:25	+44:18	08:39
665	1553	Filipe Homem	máquinas em movimento	Senior Masculino	01:26:33	+44:25	08:39
666	1695	Elísio Oliveira Maia	os brancos do race	Senior Masculino	01:26:36	+44:29	08:40
667	1690	Carla Alexandra Silva Guedes	os brancos do race	Senior Feminino	01:26:36	+44:29	08:40
668	1694	Sylvia dos Santos Perdigão	os brancos do race	Senior Feminino	01:26:36	+44:29	08:40
669	1698	Manuel Joaquim Sousa Oliveira	os brancos do race	Senior Masculino	01:26:36	+44:29	08:40
670	1691	Cristiana Marisa dos Santos Gomes Oliveira	os brancos do race	Senior Feminino	01:26:36	+44:29	08:40
671	1699	Paulo Jorge Soares Duarte	os brancos do race	Senior Masculino	01:26:36	+44:29	08:40
672	1696	Francisco Manuel Silva oliveira	os brancos do race	Senior Masculino	01:26:36	+44:29	08:40
673	1692	Elisabete Carla de Jesus Pinto Coutinho	os brancos do race	Senior Feminino	01:26:37	+44:29	08:40
674	1700	Paulo Sérgio Coutinho Almeida	os brancos do race	Senior Masculino	01:26:37	+44:30	08:40
675	1693	Elvira Sousa Silva	os brancos do race	Senior Feminino	01:26:37	+44:30	08:40
676	1149	Rosa Pires	danipack team power	Senior Feminino	01:26:59	+44:51	08:42
677	1154	Ricardo Antão	danipack team power	Senior Masculino	01:27:01	+44:54	08:42
678	1779	RUI CORREIA	salta-pocinhas	Senior Masculino	01:27:03	+44:55	08:42
679	1776	MIGUEL NUNES	salta-pocinhas	Senior Masculino	01:27:03	+44:56	08:42
680	1333	GONçALO FIGUEIREDO SILVA	gs morenos	Senior Masculino	01:27:04	+44:57	08:42
681	2301	Nuno Filipe Silva Tavares Amador	vai quem quer	Senior Masculino	01:27:05	+44:57	08:42
682	1150	Carlos Alves	danipack team power	Senior Masculino	01:27:05	+44:57	08:42
683	2007	Ricardo Miguel Matos Confraria	rijos e potentes	Senior Masculino	01:27:07	+45:00	08:43
684	1153	Luciano Mortágua	danipack team power	Senior Masculino	01:27:10	+45:02	08:43
685	1148	Rita Sá	danipack team power	Senior Feminino	01:27:11	+45:03	08:43
686	1449	António Soares	individual	Senior Masculino	01:27:13	+45:06	08:43
687	38	Carla Santos	be5team by be-fit aveiro	Senior Feminino	01:27:13	+45:06	08:43
688	37	Ana Pires	be5team by be-fit aveiro	Senior Feminino	01:27:13	+45:06	08:43
689	48	Paulo Valente	be5team by be-fit aveiro	Senior Masculino	01:27:14	+45:06	08:43
690	1663	Filipa Castro	ori-estarreja	Senior Feminino	01:27:24	+45:16	08:44
691	1661	Carina Castro	ori-estarreja	Senior Feminino	01:27:31	+45:24	08:45
692	2341	Marta Alexandra Aguiar Marques	workout wellness and body care	Senior Feminino	01:27:57	+45:50	08:48

PROVA PRINCIPAL - STAGE 1

10 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
693	2379	Nuno Miguel Costa Gomes	workout wellness and body care	Senior Masculino	01:27:58	+45:50	08:48
694	674	João Pires	amigos do brock	Senior Masculino	01:27:59	+45:52	08:48
695	502	Maria Gil	#deusnocomando	Senior Feminino	01:28:02	+45:55	08:48
696	505	Gilberto Branco	#deusnocomando	Senior Masculino	01:28:03	+45:56	08:48
697	2330	Claúdia Marisa Rodrigues Fernandes	workout wellness and body care	Senior Feminino	01:28:03	+45:56	08:48
698	1469	Sandro Paulo Tavares Casalinho	individual	Senior Masculino	01:28:08	+46:01	08:49
699	2035	António José Lopes Fernandes	samba tribal	Senior Masculino	01:28:17	+46:10	08:50
700	2424	Acácio Sequeira	os únicos	Senior Masculino	01:28:18	+46:11	08:50
701	719	Rui Sérgio Correia Dias da Silva	arsenal de canelas	Senior Masculino	01:28:32	+46:25	08:51
702	894	Nuno Ferreira	brigada de incêndio bosch	Senior Masculino	01:28:39	+46:32	08:52
703	895	Paulo Miguel Marques Ruela	brigada de incêndio bosch	Senior Masculino	01:28:39	+46:32	08:52
704	883	António Silva	brigada de incêndio bosch	Senior Masculino	01:28:40	+46:33	08:52
705	890	José Almeida	brigada de incêndio bosch	Senior Masculino	01:28:41	+46:34	08:52
706	891	José Luis Martins	brigada de incêndio bosch	Senior Masculino	01:28:44	+46:37	08:52
707	892	Manuel Ribeiro	brigada de incêndio bosch	Senior Masculino	01:28:44	+46:37	08:52
708	884	António Sousa	brigada de incêndio bosch	Senior Masculino	01:28:46	+46:39	08:53
709	889	João Pinto	brigada de incêndio bosch	Senior Masculino	01:28:46	+46:39	08:53
710	886	Carlos Martins	brigada de incêndio bosch	Senior Masculino	01:28:47	+46:39	08:53
711	521	Alexandra Mortágua	100sacionais	Senior Feminino	01:28:47	+46:40	08:53
712	19	Monica Soares	b.t.m.	Senior Feminino	01:28:48	+46:41	08:53
713	888	João Carvalho	brigada de incêndio bosch	Senior Masculino	01:28:48	+46:41	08:53
714	887	Felisberto Teixeira	brigada de incêndio bosch	Senior Masculino	01:28:48	+46:41	08:53
715	35	Rui Pereira	b.t.m.	Senior Masculino	01:28:57	+46:50	08:54
716	15	Cris Oliveira	b.t.m.	Senior Feminino	01:28:58	+46:51	08:54
717	1392	José Agostinho Padeiro da Costa	gympro	Senior Masculino	01:29:01	+46:54	08:54
718	1380	Maria Vitória Marques Tavares	gympro	Senior Feminino	01:29:01	+46:54	08:54
719	14	Catarina Melo	b.t.m.	Senior Feminino	01:29:04	+46:57	08:54
720	2033	Inês Patrício Barbosa da Fonseca	samba tribal	Senior Feminino	01:29:12	+47:04	08:55
721	2028	Cristiana Barbosa Matias das Neves	samba tribal	Senior Feminino	01:29:12	+47:05	08:55
722	2060	Cristina Xavier	sportcamp	Senior Feminino	01:29:18	+47:10	08:56
723	2040	Gonçalo Marques	samba tribal	Senior Masculino	01:29:18	+47:11	08:56
724	1092	Ana Sofia Ferreira da Costa	crossfit couto	Senior Masculino	01:29:19	+47:12	08:56
725	1461	Jose Teixeira	individual	Senior Masculino	01:29:26	+47:18	08:57
726	929	Sérgio André Pires Marques	ccdveiros	Senior Masculino	01:29:26	+47:19	08:57
727	928	João Bernardo Tavares Melo	ccdveiros	Senior Masculino	01:29:26	+47:19	08:57
728	1980	Matilde Alegria Marçal	rijos e potentes	Senior Feminino	01:29:32	+47:25	08:57
729	1074	André da Costa Coelho	cougars	Senior Masculino	01:29:36	+47:29	08:58
730	1073	Carolina da Silva Tavares	cougars	Senior Feminino	01:29:36	+47:29	08:58
731	1927	NUNO CRUZ	power race team	Senior Masculino	01:29:36	+47:29	08:58
732	1928	SÉRGIO CUNHA	power race team	Senior Masculino	01:29:38	+47:31	08:58
733	1519	Bruno Batista	ltpmudlabs	Senior Masculino	01:29:43	+47:36	08:58
734	1183	João Abrantes	duravit raceteam	Senior Masculino	01:29:49	+47:42	08:59

PROVA PRINCIPAL - STAGE 1

10 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
735	874	Hugo Piedade	bravoalfa5	Senior Masculino	01:29:56	+47:48	09:00
736	875	João Machado	bravoalfa5	Senior Masculino	01:29:56	+47:49	09:00
737	1976	Carla Sofia Ribeiro Alegria	rijos e potentes	Senior Feminino	01:29:57	+47:50	09:00
738	1034	Paula Isabel Baptista dos Santos e Paiva	correio de albergaria trail running	Senior Feminino	01:30:00	+47:53	09:00
739	1051	fernando chaló	correio de albergaria trail running	Senior Masculino	01:30:00	+47:53	09:00
740	873	Fernando Magalhães	bravoalfa5	Senior Masculino	01:30:02	+47:55	09:00
741	2430	Nuno Leite	os únicos	Senior Masculino	01:30:05	+47:58	09:01
742	2431	Débora Vieira	os únicos	Senior Feminino	01:30:05	+47:58	09:01
743	1925	DIANA FRANCISCO	power race team	Senior Feminino	01:30:07	+48:00	09:01
744	1926	VÂNIA COSTA	power race team	Senior Feminino	01:30:08	+48:00	09:01
745	2312	Eduardo Guerra	wild runners	Senior Masculino	01:30:08	+48:01	09:01
746	710	João António Tavares Afonso	arsenal de canelas	Senior Masculino	01:30:12	+48:05	09:01
747	1372	Daniela Oliveira	gympro	Senior Feminino	01:30:20	+48:13	09:02
748	2188	JOSÉ AGOSTINHO OLIVEIRA PINTO	torre	Senior Masculino	01:30:26	+48:19	09:03
749	670	Bruno Ferreira	amigos do brock	Senior Masculino	01:30:32	+48:25	09:03
750	76	Nuno Magalhães	ginásio elite corpus	Senior Masculino	01:30:46	+48:39	09:05
751	1826	Paulo Teixeira	overmotor running	Senior Masculino	01:30:48	+48:41	09:05
752	1829	Rui Moura	overmotor running	Senior Masculino	01:30:48	+48:41	09:05
753	1822	Diogo Miller	overmotor running	Senior Masculino	01:30:49	+48:41	09:05
754	1823	José Oliveira	overmotor running	Senior Masculino	01:30:49	+48:41	09:05
755	2091	Luzia Soares	talamal radical	Senior Feminino	01:30:54	+48:47	09:05
756	72	Marta Lima	ginásio elite corpus	Senior Feminino	01:30:55	+48:48	09:06
757	2186	JOEL FERNANDO OLIVEIRA BORGES	torre	Senior Masculino	01:31:04	+48:57	09:06
758	1272	Helena Edite Dias Reis Silva	fit race	Senior Feminino	01:31:07	+49:00	09:07
759	2315	Pedro Matos	wild runners	Senior Masculino	01:31:07	+49:00	09:07
760	677	Quim	amigos do brock	Senior Masculino	01:31:09	+49:01	09:07
761	1195	Sandra Vieira	dynamic life - muaythai	Senior Feminino	01:31:11	+49:03	09:07
762	1201	João Ferreira	dynamic life - muaythai	Senior Masculino	01:31:11	+49:03	09:07
763	1209	Pedro Silva	dynamic life - muaythai	Senior Masculino	01:31:11	+49:03	09:07
764	1194	Rita Ferreira	dynamic life - muaythai	Senior Feminino	01:31:11	+49:04	09:07
765	1189	Diana Correia	dynamic life - muaythai	Senior Feminino	01:31:11	+49:04	09:07
766	1234	JOHNNY OSÓRIO	equipa de elite	Senior Masculino	01:31:11	+49:04	09:07
767	1190	Inês pinto	dynamic life - muaythai	Senior Feminino	01:31:11	+49:04	09:07
768	1203	Jorge Cruz	dynamic life - muaythai	Senior Masculino	01:31:11	+49:04	09:07
769	2270	Rodrigo Camões Marques Pereira	tuttifrutti	Senior Masculino	01:31:16	+49:08	09:08
770	1994	Diogo Valente	rijos e potentes	Senior Masculino	01:31:18	+49:11	09:08
771	1996	Filipe Esteves	rijos e potentes	Senior Masculino	01:31:19	+49:11	09:08
772	1291	André Pereira	garrações100fundo	Senior Masculino	01:31:27	+49:20	09:09
773	1290	Cláudia Pinto	garrações100fundo	Senior Feminino	01:31:28	+49:20	09:09
774	1266	Paulo Martins	feel free health club	Senior Masculino	01:31:29	+49:22	09:09
775	1267	Paulo Santareno	feel free health club	Senior Masculino	01:31:29	+49:22	09:09
776	1257	Andreia Almeida	feel free health club	Senior Feminino	01:31:30	+49:22	09:09
777	1260	André Carneiro	feel free health club	Senior Masculino	01:31:30	+49:22	09:09

PROVA PRINCIPAL - STAGE 1

10 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	TKM
778	1262	João Simões	feel free health club	Senior Masculino	01:31:30	+49:23	09:09
779	1261	Carlos Marques	feel free health club	Senior Masculino	01:31:30	+49:23	09:09
780	1268	Tiago Leite	feel free health club	Senior Masculino	01:31:30	+49:23	09:09
781	1263	José Pedro Pinho	feel free health club	Senior Masculino	01:31:30	+49:23	09:09
782	1259	Maria Neves	feel free health club	Senior Feminino	01:31:30	+49:23	09:09
783	1265	Miguel Leal	feel free health club	Senior Masculino	01:31:32	+49:25	09:09
784	1394	Luis Garrido	gympro	Senior Masculino	01:31:33	+49:25	09:09
785	1348	António Seiça	guerreiros madrugadores loucos por meias	Senior Masculino	01:31:40	+49:33	09:10
786	2068	Francisco Sarmiento	sportcamp	Senior Masculino	01:31:42	+49:35	09:10
787	2066	Susana Conde	sportcamp	Senior Feminino	01:31:42	+49:35	09:10
788	1983	Rafela Ribeiro	rijos e potentes	Senior Feminino	01:31:50	+49:43	09:11
789	1878	Alexandre Martins	photo runners	Senior Masculino	01:32:02	+49:55	09:12
790	688	Antero Jorge Pinto	arrastados	Senior Masculino	01:32:02	+49:55	09:12
791	685	Mafalda Ribeiro	arrastados	Senior Feminino	01:32:02	+49:55	09:12
792	684	Filipa Caneira Lopes	arrastados	Senior Feminino	01:32:03	+49:55	09:12
793	683	elisabete Silva	arrastados	Senior Feminino	01:32:03	+49:55	09:12
794	690	Hugo Marques	arrastados	Senior Masculino	01:32:03	+49:56	09:12
795	52	JOÃO PAULO MAGALHÃES CRESPO	casa da ria - turismo rural	Senior Masculino	01:32:04	+49:57	09:12
796	598	Pedro Azevedo	8.2 arrosinhos	Senior Masculino	01:32:09	+50:02	09:13
797	588	Sónia Campos	8.2 arrosinhos	Senior Feminino	01:32:10	+50:02	09:13
798	2311	Angela Santos	wild runners	Senior Feminino	01:32:22	+50:15	09:14
799	2015	Ana Raquel Tavares	run4fun	Senior Feminino	01:32:23	+50:16	09:14
800	927	Gonçalo Alexandre Rogriguez Matos	ccdveiros	Senior Masculino	01:32:25	+50:17	09:14
801	1270	Célia Maria Silva Ferreira	fit race	Senior Feminino	01:32:25	+50:18	09:14
802	1277	Clemente Manuel Jesus Gonçalves Ferreira	fit race	Senior Masculino	01:32:25	+50:18	09:14
803	697	Inês Pires Correia Dias	arsenal de canelas	Senior Feminino	01:32:29	+50:22	09:15
804	2435	Augusto Paulo	individual	Senior Masculino	01:32:43	+50:36	09:16
805	2314	José Pinto	wild runners	Senior Masculino	01:32:46	+50:39	09:17
806	2310	Gisélia Braga	wild runners	Senior Feminino	01:32:48	+50:41	09:17
807	1605	Sandra Vale	ninja team	Senior Feminino	01:33:04	+50:56	09:18
808	1601	Lúcia Carneiro Neves	ninja team	Senior Feminino	01:33:04	+50:56	09:18
809	1611	Mário Logarinho	ninja team	Senior Masculino	01:33:04	+50:57	09:18
810	1775	João Matos	os salta pocinhas	Senior Masculino	01:33:17	+51:10	09:20
811	1173	MANUEL VALENTE	draguialeões	Senior Masculino	01:33:39	+51:32	09:22
812	1296	João Silva	garrafões100fundo	Senior Masculino	01:33:42	+51:34	09:22
813	1171	FRANCISCO SANTOS	draguialeões	Senior Masculino	01:33:43	+51:36	09:22
814	1378	João Pedro Costa Valente Couras	gympro	Senior Feminino	01:33:44	+51:36	09:22
815	1396	Marcelo Silva	gympro	Senior Masculino	01:33:44	+51:37	09:22
816	1172	JOSÉ PEREIRA	draguialeões	Senior Masculino	01:33:45	+51:38	09:23
817	2412	João Marques	comandos da tv	Senior Masculino	01:34:07	+51:59	09:25
818	58	Davide Gouveia	comandos da tv	Senior Masculino	01:34:19	+52:12	09:26
819	59	Francisco Soares	comandos da tv	Senior Masculino	01:34:20	+52:12	09:26
820	57	Miguel Costa	comandos da tv	Senior Masculino	01:34:20	+52:12	09:26

PROVA PRINCIPAL - STAGE 1

10 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
866	869	Raphael Rochefort	botapaquebrá	Senior Masculino	01:34:57	+52:50	09:30
867	797	Ricardo Silva	beirão na setrit	Senior Masculino	01:35:30	+53:23	09:33
868	793	Alice Silva	beirão na setrit	Senior Feminino	01:35:30	+53:23	09:33
869	794	Diana Martins	beirão na setrit	Senior Feminino	01:35:31	+53:24	09:33
870	795	Andre Silva	beirão na setrit	Senior Masculino	01:35:31	+53:24	09:33
871	1030	Maria Helena Tavares	correio de albergaria trail running	Senior Feminino	01:35:34	+53:27	09:33
872	1031	Maria Lucília Tavares	correio de albergaria trail running	Senior Feminino	01:35:35	+53:27	09:33
873	1045	Carlos Amílcar silva	correio de albergaria trail running	Senior Masculino	01:35:35	+53:27	09:33
874	983	Rui Barros	cires_running-team	Senior Masculino	01:35:40	+53:33	09:34
875	970	Eva Seabra	cires_running-team	Senior Feminino	01:35:40	+53:33	09:34
876	109	Humberto Silva	ko health club	Senior Masculino	01:35:41	+53:34	09:34
877	968	Vasco Rafael Oliveira Valente	cheios d'lama	Senior Masculino	01:35:41	+53:34	09:34
878	965	Filipe Manuel Ramos Tavares	cheios d'lama	Senior Masculino	01:35:41	+53:34	09:34
879	100	Rute Claro	ko health club	Senior Feminino	01:35:41	+53:34	09:34
880	964	Bruno Domingos Ramos Tavares	cheios d'lama	Senior Masculino	01:35:41	+53:34	09:34
881	963	Andre Campos Viana	cheios d'lama	Senior Masculino	01:35:43	+53:36	09:34
882	1874	Conceição Santos	photo runners	Senior Feminino	01:35:47	+53:39	09:35
883	1875	Lucinda Bento	photo runners	Senior Feminino	01:35:48	+53:40	09:35
884	1879	Bárbaro Leite Oliveira Borges Santos	photo runners	Senior Masculino	01:35:48	+53:40	09:35
885	1877	Vera Nogueira	photo runners	Senior Feminino	01:35:48	+53:40	09:35
886	1886	Tozé Pinho	photo runners	Senior Masculino	01:35:48	+53:41	09:35
887	1882	José Miguel Pinto Leite	photo runners	Senior Masculino	01:35:48	+53:41	09:35
888	663	Maria do Ceu	amigos do brock	Senior Feminino	01:35:48	+53:41	09:35
889	1232	FLÁVIO RAMOS	equipa de elite	Senior Masculino	01:35:55	+53:48	09:36
890	1624	Juvenal Carvalho	no fear for beer	Senior Masculino	01:36:01	+53:54	09:36
891	1627	Pedro Carvalho	no fear for beer	Senior Masculino	01:36:03	+53:56	09:36
892	1619	Lila Reis	no fear for beer	Senior Feminino	01:36:04	+53:56	09:36
893	1618	Inês Pereira	no fear for beer	Senior Feminino	01:36:04	+53:56	09:36
894	1623	Bruno Brandão	no fear for beer	Senior Masculino	01:36:04	+53:56	09:36
895	1617	Ana Torres	no fear for beer	Senior Feminino	01:36:04	+53:57	09:36
896	1621	Vilma Rosário	no fear for beer	Senior Feminino	01:36:05	+53:58	09:37
897	1622	António Costa	no fear for beer	Senior Masculino	01:36:05	+53:58	09:37
898	1620	Patrícia Lemos	no fear for beer	Senior Feminino	01:36:07	+53:59	09:37
899	1974	Andrea Assunção	rijos e potentes	Senior Feminino	01:36:17	+54:10	09:38
900	1724	Hélder Ferreira	os fôtes	Senior Masculino	01:36:21	+54:14	09:38
901	595	Luís Pacheco	8.2 arrosinhos	Senior Masculino	01:36:26	+54:19	09:39
902	1370	Carla Figueira	gympro	Senior Feminino	01:36:28	+54:21	09:39
903	1393	José Ricardo Forte Pinho Costa	gympro	Senior Masculino	01:36:28	+54:21	09:39
904	1168	João Samagaio	downuts	Senior Masculino	01:36:31	+54:24	09:39
905	861	Ana Gomes	boa "vai" ela	Senior Feminino	01:36:33	+54:25	09:39
906	864	Jorge Pinto	boa "vai" ela	Senior Masculino	01:36:33	+54:25	09:39
907	682	Elisabete Baptista	arrastados	Senior Feminino	01:36:34	+54:27	09:39
908	689	António Gomes Leite	arrastados	Senior Masculino	01:36:35	+54:27	09:39

PROVA PRINCIPAL - STAGE 1

10 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
909	1071	Typhanie Gomes Ferreira Macedo	cósmicos	Senior Feminino	01:36:35	+54:28	09:40
910	1072	João António Lopes Guedes	cósmicos	Senior Masculino	01:36:35	+54:28	09:40
911	1070	Daniela Patrícia Passos de Azevedo	cósmicos	Senior Feminino	01:36:35	+54:28	09:40
912	590	Alberto Aroso	8.2 arrosinhos	Senior Masculino	01:36:45	+54:38	09:41
913	574	Carla Bozzano	8.2 arrosinhos	Senior Feminino	01:36:45	+54:38	09:41
914	2207	Joana Paula	tropa de elite	Senior Feminino	01:36:45	+54:38	09:41
915	2211	Susana Oliveira	tropa de elite	Senior Feminino	01:36:46	+54:38	09:41
916	2208	Margarida Paula	tropa de elite	Senior Feminino	01:36:46	+54:38	09:41
917	2209	Marta Marques	tropa de elite	Senior Feminino	01:36:46	+54:39	09:41
918	939	Carla Dias	cfa spartans	Senior Feminino	01:36:59	+54:52	09:42
919	947	Emanuel Leal	cfa spartans	Senior Masculino	01:36:59	+54:52	09:42
920	954	Ricardo Alexandre De Jesus Oliveira	cfa spartans	Senior Masculino	01:36:59	+54:52	09:42
921	945	Diogo Garcia Almeida	cfa spartans	Senior Masculino	01:36:59	+54:52	09:42
922	952	Paulo Calisto	cfa spartans	Senior Masculino	01:36:59	+54:52	09:42
923	53	paulo sergio	cfa spartans	Senior Masculino	01:36:59	+54:52	09:42
924	944	Cláudio Emanuel da Cunha Santos	cfa spartans	Senior Masculino	01:36:59	+54:52	09:42
925	951	Nuno Miguel Costa Pinho	cfa spartans	Senior Masculino	01:36:59	+54:52	09:42
926	935	Ana Carla Migueis Amaro	cfa spartans	Senior Feminino	01:36:59	+54:52	09:42
927	923	Nuno Santos	cfa spartans	Senior Masculino	01:36:59	+54:52	09:42
928	946	Eduardo Jorge Santos Simões	cfa spartans	Senior Masculino	01:36:59	+54:52	09:42
929	936	Ana Cristina Pereira Gonçalves	cfa spartans	Senior Feminino	01:37:00	+54:52	09:42
930	941	Liliana Brandão da Silva Correia Marques	cfa spartans	Senior Feminino	01:37:00	+54:52	09:42
931	942	Linda Noronha	cfa spartans	Senior Feminino	01:37:00	+54:52	09:42
932	943	Mariana Sardo Gonçalves	cfa spartans	Senior Feminino	01:37:00	+54:52	09:42
933	937	Ana Paula Esteves de Oliveira	cfa spartans	Senior Feminino	01:37:00	+54:53	09:42
934	2440	José Pedro Magalhães	cfa spartans	Senior Masculino	01:37:00	+54:53	09:42
935	938	Brigite Silva	cfa spartans	Senior Feminino	01:37:00	+54:53	09:42
936	940	Joana Queiros	cfa spartans	Senior Feminino	01:37:00	+54:53	09:42
937	953	Pedro Creoulo	cfa spartans	Senior Masculino	01:37:00	+54:53	09:42
938	948	José Miguel Castro Gonçalves	cfa spartans	Senior Masculino	01:37:00	+54:53	09:42
939	2045	Ana Paiva	somamaratonas	Senior Feminino	01:37:01	+54:54	09:42
940	2048	Maria Soares	somamaratonas	Senior Feminino	01:37:02	+54:54	09:42
941	565	João Almeida	4 sat, comércio de telecomunicações lda	Senior Masculino	01:37:08	+55:01	09:43
942	564	Gonçalo lalim	4 sat, comércio de telecomunicações lda	Senior Masculino	01:37:15	+55:08	09:43
943	749	Bruno José Alves Martins	barriguitas	Senior Masculino	01:37:21	+55:14	09:44
944	799	Carolina cunha	bioapasso	Senior Feminino	01:37:33	+55:26	09:45
945	801	Inês Castro	bioapasso	Senior Feminino	01:37:33	+55:26	09:45
946	562	Sílvia Santos	4 sat, comércio de telecomunicações lda	Senior Feminino	01:37:40	+55:33	09:46
947	747	Joana Isabel Rodrigues Amado	barriguitas	Senior Feminino	01:37:43	+55:36	09:46
948	746	Cláudia Sofia Soares de Barros	barriguitas	Senior Feminino	01:37:43	+55:36	09:46
949	748	Lígia Filipa Pinto Peixoto	barriguitas	Senior Feminino	01:37:43	+55:36	09:46

PROVA PRINCIPAL - STAGE 1

10 KM

R
REVISED

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
950	2265	Henrique Marques Valente Oliveira	tuttifrutti	Senior Masculino	01:37:46	+55:39	09:47
951	2269	José Eduardo Mendes Duarte	tuttifrutti	Senior Masculino	01:37:46	+55:39	09:47
952	567	Marco Silva	4 sat, comércio de telecomunicações lda	Senior Masculino	01:37:50	+55:43	09:47
953	538	Mónica Sofia Bastos Silva	100sacionais	Senior Feminino	01:37:59	+55:52	09:48
954	524	Érica Sofia Almeida Gama	100sacionais	Senior Feminino	01:37:59	+55:52	09:48
955	519	Adelina Sofia Cardoso Costa	100sacionais	Senior Feminino	01:37:59	+55:52	09:48
956	546	Paulo Jorge Miguel Valente da Silva	100sacionais	Senior Masculino	01:37:59	+55:52	09:48
957	548	Vitor Pinto	100sacionais	Senior Masculino	01:37:59	+55:52	09:48
958	2439	Emma Soras	ponto e virgula	Senior Feminino	01:38:10	+56:03	09:49
959	2437	João Oliveira	ponto e virgula	Senior Masculino	01:38:10	+56:03	09:49
960	2438	Rui Rodrigues	ponto e virgula	Senior Masculino	01:38:10	+56:03	09:49
961	1768	MADALENA CORREIA	salta-pocinhas	Senior Feminino	01:38:11	+56:04	09:49
962	1060	Miguel Quinta	correio de albergaria trail running	Senior Masculino	01:38:14	+56:06	09:49
963	1024	Cristina Redondo	correio de albergaria trail running	Senior Feminino	01:38:14	+56:06	09:49
964	2409	Maria Marques	torreira runners	Senior Feminino	01:38:18	+56:11	09:50
965	2410	Marta Marques	torreira runners	Senior Feminino	01:38:19	+56:11	09:50
966	1891	João Rocha	phunkeiros	Senior Masculino	01:38:35	+56:27	09:51
967	1887	Alexandra Rocha	phunkeiros	Senior Feminino	01:38:35	+56:28	09:52
968	1889	Claudia Duarte	phunkeiros	Senior Feminino	01:38:36	+56:29	09:52
969	1440	Isaura Vaz	individual	Senior Feminino	01:38:49	+56:41	09:53
970	957	Mónica Fernandes	challenge force	Senior Feminino	01:38:51	+56:43	09:53
971	1399	Rui Moura	gympro	Senior Masculino	01:38:56	+56:48	09:54
972	1382	Paula Barreira	gympro	Senior Feminino	01:38:56	+56:49	09:54
973	1377	Joana Raquel da Costa Sá	gympro	Senior Feminino	01:38:56	+56:49	09:54
974	1375	Elisabete Oliveira	gympro	Senior Feminino	01:38:56	+56:49	09:54
975	1702	Andreia Valente	os todo o terreno	Senior Feminino	01:39:09	+57:02	09:55
976	2093	Tália Martins	talamal radical	Senior Feminino	01:39:17	+57:10	09:56
977	2094	Fernando Marques	talamal radical	Senior Masculino	01:39:17	+57:10	09:56
978	1595	Gilberto Pereira Valente de Matos	muchachos	Senior Masculino	01:39:28	+57:21	09:57
979	1594	Zaida Cristina da Silva Pereira	muchachos	Senior Feminino	01:39:28	+57:21	09:57
980	1597	Ricardo Jorge Varandas dos Santos Tojal	muchachos	Senior Masculino	01:39:28	+57:21	09:57
981	1596	Jorge André Pinho Figueiredo	muchachos	Senior Masculino	01:39:28	+57:21	09:57
982	1598	Rui Filipe Pereira Figueiredo	muchachos	Senior Masculino	01:39:28	+57:21	09:57
983	2385	Tiago Filipe Couto Marques Figueira	workout wellness and body care	Senior Masculino	01:39:29	+57:21	09:57
984	1517	Beatriz Carrapatoso	ltpmudlabs	Senior Feminino	01:39:43	+57:36	09:58
985	1612	Ana Sofia Oliveira	ninja team	Senior Feminino	01:39:50	+57:43	09:59
986	506	Ricardo Soares	#deusnocomando	Senior Masculino	01:39:51	+57:44	09:59
987	130	Tiago Manuel Carvalho Macedo Ferreira	mudproof	Senior Masculino	01:40:19	+58:12	10:02
988	125	Joana Nobre Macedo Ferreira Leite	mudproof	Senior Feminino	01:40:19	+58:12	10:02
989	2354	António Carvalho	workout wellness and body care	Senior Masculino	01:40:20	+58:13	10:02

PROVA PRINCIPAL - STAGE 1

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
990	2318	Ana Daniela Homem da Silva Leite	workout wellness and body care	Senior Feminino	01:40:28	+58:21	10:03
991	2350	Tânia Silva	workout wellness and body care	Senior Feminino	01:40:28	+58:21	10:03
992	2370	Joni Brandão	workout wellness and body care	Senior Masculino	01:40:28	+58:21	10:03
993	2340	Marisa Silva	workout wellness and body care	Senior Feminino	01:40:28	+58:21	10:03
994	2346	Sandra Correia	workout wellness and body care	Senior Feminino	01:40:29	+58:21	10:03
995	2365	João Carlos Lopes Valente da Silva	workout wellness and body care	Senior Masculino	01:40:30	+58:23	10:03
996	2343	Mónica Maria Valente Pinho	workout wellness and body care	Senior Feminino	01:40:31	+58:23	10:03
997	2158	Carlos Augusto Oliveira Valente	the racing stones	Senior Masculino	01:40:41	+58:34	10:04
998	2156	António Jorge Borges	the racing stones	Senior Masculino	01:40:41	+58:34	10:04
999	2159	Joaquim Orlando Silva Cardoso	the racing stones	Senior Masculino	01:40:42	+58:34	10:04
1000	2160	José Manuel Tavares Pereira	the racing stones	Senior Masculino	01:40:42	+58:34	10:04
1001	2163	Pedro Miguel Branco Rodrigues Figueira	the racing stones	Senior Masculino	01:40:42	+58:35	10:04
1002	2331	Daniela Filipa Teixeira Ribeiro	workout wellness and body care	Senior Feminino	01:40:42	+58:35	10:04
1003	2162	Pedro Jorge Baptista Rodrigues	the racing stones	Senior Masculino	01:40:42	+58:35	10:04
1004	2155	António Alexandre Fonseca Guimarães	the racing stones	Senior Masculino	01:40:43	+58:35	10:04
1005	2157	Bruno Miguel Soares Tavares	the racing stones	Senior Masculino	01:40:44	+58:37	10:04
1006	2164	Rui Paulo Fonseca Guimarães	the racing stones	Senior Masculino	01:40:46	+58:39	10:05
1007	2117	Tiago Silva	tartarugas	Senior Masculino	01:40:51	+58:44	10:05
1008	2111	Edmundo Rilho	tartarugas	Senior Masculino	01:40:51	+58:44	10:05
1009	2338	Maria Alexandrina da Silva Marques	workout wellness and body care	Senior Feminino	01:40:52	+58:45	10:05
1010	2344	Mónica Raquel Valente	workout wellness and body care	Senior Feminino	01:40:57	+58:50	10:06
1011	2383	Pedro Bruno Ferreira Aguiar	workout wellness and body care	Senior Masculino	01:40:57	+58:50	10:06
1012	837	Nuno Miguel Oliveira Tavares	bio-lentos	Senior Masculino	01:41:10	+59:03	10:07
1013	834	Mónica de Oliveira Tavares	bio-lentos	Senior Feminino	01:41:11	+59:03	10:07
1014	833	Joana Rodrigues	bio-lentos	Senior Feminino	01:41:11	+59:04	10:07
1015	835	Carlos Eduardo Vieira Amador	bio-lentos	Senior Masculino	01:41:11	+59:04	10:07
1016	836	Carlos Manuel de Oliveira Tavares	bio-lentos	Senior Masculino	01:41:12	+59:04	10:07
1017	1730	Pedro Costa	os franciscos	Senior Masculino	01:41:37	+59:29	10:10
1018	1727	Raquel Costa	os franciscos	Senior Feminino	01:41:37	+59:30	10:10
1019	1731	Rafael Simões	os franciscos	Senior Masculino	01:41:39	+59:32	10:10
1020	1503	Jannet Pereira	lt2 consulting	Senior Feminino	01:41:40	+59:32	10:10
1021	1729	Nuno Simões	os franciscos	Senior Masculino	01:41:42	+59:35	10:10
1022	1726	Patrícia Ferreira	os franciscos	Senior Feminino	01:41:44	+59:37	10:10
1023	1728	João Almeida	os franciscos	Senior Masculino	01:41:45	+59:38	10:11
1024	1677	Ana Maria Castro Godinho	os artistas	Senior Feminino	01:41:46	+59:39	10:11
1025	2004	Oscar Ribeiro	rijos e potentes	Senior Masculino	01:41:46	+59:39	10:11
1026	1678	Claudia Maria Leite Marques	os artistas	Senior Feminino	01:41:46	+59:39	10:11
1027	1725	Andrea do Vale	os franciscos	Senior Feminino	01:41:46	+59:39	10:11
1028	1979	Maria João Santana	rijos e potentes	Senior Feminino	01:41:47	+59:39	10:11
1029	1969	Ana Catarina Santana	rijos e potentes	Senior Feminino	01:41:49	+59:42	10:11

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1030	1972	Ana Pereira	rijos e potentes	Senior Feminino	01:42:01	+59:54	10:12
1031	1992	Carlos dos Santos	rijos e potentes	Senior Masculino	01:42:02	+59:55	10:12
1032	1995	Fernando Martins	rijos e potentes	Senior Masculino	01:42:03	+59:56	10:12
1033	1033	Mónica Sofia de Oliveira Pires	correio de albergaria trail running	Senior Feminino	01:42:21	+01:00:13	10:14
1034	1978	Isabel Cristina Martins Andrade	rijos e potentes	Senior Feminino	01:42:23	+01:00:16	10:14
1035	2006	Ricardo Félix	rijos e potentes	Senior Masculino	01:42:24	+01:00:16	10:14
1036	2391	Filipe Miguel Silva Pinheiro	wowfit	Senior Masculino	01:42:36	+01:00:29	10:16
1037	1032	Marta Sousa	correio de albergaria trail running	Senior Feminino	01:42:36	+01:00:29	10:16
1038	1041	Teresa Malheiro	correio de albergaria trail running	Senior Feminino	01:42:36	+01:00:29	10:16
1039	2389	Alfredo Manuel Ferreira dos Santos	wowfit	Senior Masculino	01:42:36	+01:00:29	10:16
1040	2392	Flávio Alexandre Matias Arrais	wowfit	Senior Masculino	01:42:36	+01:00:29	10:16
1041	2390	Filipe Marques Sequeira	wowfit	Senior Masculino	01:42:37	+01:00:29	10:16
1042	2388	Catarina Barros Ré	wowfit	Senior Feminino	01:42:37	+01:00:29	10:16
1043	1723	Inês Silva Simões	os fôtes	Senior Feminino	01:42:38	+01:00:30	10:16
1044	1720	Bélen Lopez	os fôtes	Senior Feminino	01:42:38	+01:00:31	10:16
1045	1721	Denise Machado	os fôtes	Senior Feminino	01:42:38	+01:00:31	10:16
1046	1022	Anabela Nogueira Dias Resgate	correio de albergaria trail running	Senior Feminino	01:42:40	+01:00:33	10:16
1047	1254	Diogo Carvalho	fast and lazy	Senior Masculino	01:42:40	+01:00:33	10:16
1048	1606	Susana Patrícia Silva	ninja team	Senior Feminino	01:42:41	+01:00:33	10:16
1049	1616	Sérgio Paulo Franco	ninja team	Senior Masculino	01:42:41	+01:00:34	10:16
1050	1256	Tiago Carvalho	fast and lazy	Senior Masculino	01:42:41	+01:00:34	10:16
1051	1253	Fernanda Jesus	fast and lazy	Senior Feminino	01:42:41	+01:00:34	10:16
1052	1602	Maria de Lurdes Marques	ninja team	Senior Feminino	01:42:41	+01:00:34	10:16
1053	1255	Rodrigo Carvalho	fast and lazy	Senior Masculino	01:42:43	+01:00:36	10:16
1054	1760	Hugo Abreu	os lusitanos	Senior Masculino	01:42:46	+01:00:39	10:17
1055	1241	VITOR COSTEIRA	equipa de elite	Senior Masculino	01:42:52	+01:00:45	10:17
1056	1543	Rolando	lux health club	Senior Masculino	01:42:56	+01:00:49	10:18
1057	1538	Daniel Oliveira	lux health club	Senior Masculino	01:42:56	+01:00:49	10:18
1058	1541	Manuel Jorge	lux health club	Senior Masculino	01:42:56	+01:00:49	10:18
1059	1544	Rui Assunção	lux health club	Senior Masculino	01:42:56	+01:00:49	10:18
1060	1540	Leandro Resende	lux health club	Senior Masculino	01:42:56	+01:00:49	10:18
1061	1533	Isabel	lux health club	Senior Feminino	01:42:56	+01:00:49	10:18
1062	1532	Cristiana Mendes	lux health club	Senior Feminino	01:42:56	+01:00:49	10:18
1063	535	Maria Pereira Tavares	100sacionais	Senior Feminino	01:43:00	+01:00:52	10:18
1064	543	Gabriel Borges Silva	100sacionais	Senior Masculino	01:43:00	+01:00:52	10:18
1065	1236	NUNO RIBEIRO	equipa de elite	Senior Masculino	01:43:01	+01:00:54	10:18
1066	1362	David Praia	gymbuddies	Senior Masculino	01:43:10	+01:01:03	10:19
1067	1360	Sofia Caleiro	gymbuddies	Senior Feminino	01:43:10	+01:01:03	10:19
1068	1363	David Sanchez	gymbuddies	Senior Masculino	01:43:10	+01:01:03	10:19
1069	1357	Irene Valente	gymbuddies	Senior Feminino	01:43:10	+01:01:03	10:19
1070	1361	Teresa Martins	gymbuddies	Senior Feminino	01:43:10	+01:01:03	10:19
1071	1366	Rui Batista	gymbuddies	Senior Masculino	01:43:10	+01:01:03	10:19
1072	1435	Bárbara Chaló	individual	Senior Feminino	01:43:11	+01:01:03	10:19
1073	1356	Helena Abreu	gymbuddies	Senior Feminino	01:43:11	+01:01:03	10:19
1074	1365	Nuno Vieira	gymbuddies	Senior Masculino	01:43:11	+01:01:03	10:19

PROVA PRINCIPAL - STAGE 1

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	tkm
1075	1359	Marta Pereira	gymbuddies	Senior Feminino	01:43:11	+01:01:04	10:19
1076	1355	Catarina Gomes	gymbuddies	Senior Feminino	01:43:11	+01:01:04	10:19
1077	1358	Maria João Cardoso	gymbuddies	Senior Feminino	01:43:11	+01:01:04	10:19
1078	127	Fábio Miguel Oliveira	mudproof	Senior Masculino	01:43:11	+01:01:04	10:19
1079	1353	Adriana Sousa	gymbuddies	Senior Feminino	01:43:12	+01:01:04	10:19
1080	1364	Fernando Carvalho	gymbuddies	Senior Masculino	01:43:12	+01:01:05	10:19
1081	1853	Diana Teixeira	pé na lama	Senior Feminino	01:43:14	+01:01:06	10:19
1082	1855	Marina Vinhas	pé na lama	Senior Feminino	01:43:14	+01:01:07	10:19
1083	1852	Ana Raquel Santos	pé na lama	Senior Feminino	01:43:15	+01:01:07	10:19
1084	1854	Lídia Sacramento	pé na lama	Senior Feminino	01:43:15	+01:01:08	10:20
1085	1858	Renato Rodrigues	pé na lama	Senior Masculino	01:43:15	+01:01:08	10:20
1086	1857	José Carlos Ferreira	pé na lama	Senior Masculino	01:43:15	+01:01:08	10:20
1087	1684	Eduardo Manuel Ribeiro da Silva	os artistas	Senior Masculino	01:43:17	+01:01:10	10:20
1088	637	Cátia Marisa dos Santos Valente	altice labs	Senior Feminino	01:43:22	+01:01:15	10:20
1089	2017	Sónia Oliveira	run4fun	Senior Feminino	01:43:34	+01:01:27	10:21
1090	2018	Vera Oliveira	run4fun	Senior Feminino	01:43:34	+01:01:27	10:21
1091	2016	Fátima Oliveira	run4fun	Senior Feminino	01:43:34	+01:01:27	10:21
1092	661	Joana Rocha	amigos do brock	Senior Feminino	01:43:39	+01:01:32	10:22
1093	667	André Marques	amigos do brock	Senior Masculino	01:43:43	+01:01:35	10:22
1094	1781	Daniela Santos Moreira	os ticos	Senior Feminino	01:43:44	+01:01:36	10:22
1095	1783	Joao Carlos Almeida Sousa Moreira	os ticos	Senior Masculino	01:43:44	+01:01:37	10:22
1096	1782	Maria Teresa Amaral de Almeida Correia	os ticos	Senior Feminino	01:43:44	+01:01:37	10:22
1097	1784	Rui Miguel Amaral de Almeida Correia	os ticos	Senior Masculino	01:43:44	+01:01:37	10:22
1098	1583	Ana Oliveira	misturas tónicas	Senior Feminino	01:43:46	+01:01:39	10:23
1099	1584	Joana Valente	misturas tónicas	Senior Feminino	01:43:47	+01:01:39	10:23
1100	1586	Maria Teresa Guimarães	misturas tónicas	Senior Feminino	01:43:47	+01:01:39	10:23
1101	1591	Duarte Nno Costa Pina	misturas tónicas	Senior Masculino	01:43:47	+01:01:40	10:23
1102	2115	Renato Sona	tartarugas	Senior Masculino	01:43:48	+01:01:41	10:23
1103	1686	José António Ribeiro da Silva	os artistas	Senior Masculino	01:43:57	+01:01:50	10:24
1104	1508	Susana Franklin	lt2 consulting	Senior Feminino	01:44:04	+01:01:57	10:24
1105	124	Joana Castro Alves Ribeiro	mudproof	Senior Feminino	01:44:04	+01:01:57	10:24
1106	1099	Henrique Moreira	crossfit couto	Senior Masculino	01:44:11	+01:02:03	10:25
1107	2147	JOAO MONTEIRO MARTINS	tensai	Senior Masculino	01:44:29	+01:02:21	10:27
1108	2145	TANIA MARIA LIMA DE JESUS MOREIRA	tensai	Senior Feminino	01:44:29	+01:02:22	10:27
1109	1280	Ana Catarina Costa	fourfriends	Senior Feminino	01:44:50	+01:02:43	10:29
1110	1285	Ricardo Nunes	fourfriends	Senior Masculino	01:44:50	+01:02:43	10:29
1111	126	Sara Adriana Carneiro Cerqueira	mudproof	Senior Feminino	01:44:50	+01:02:43	10:29
1112	128	João Orlando da Rocha Amara	mudproof	Senior Masculino	01:44:52	+01:02:45	10:29
1113	129	Mário Rui Vieira Rodrigues	mudproof	Senior Masculino	01:44:54	+01:02:47	10:29
1114	68	Paula Pinto	ginásio elite corpus	Senior Feminino	01:44:58	+01:02:51	10:30
1115	617	EUNICE SANTOS	atravassô	Senior Feminino	01:45:03	+01:02:56	10:30

PROVA PRINCIPAL - STAGE 1

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1116	613	Andreia paulos	adtravassô	Senior Feminino	01:45:03	+01:02:56	10:30
1117	616	Célia Aguiar	adtravassô	Senior Feminino	01:45:03	+01:02:56	10:30
1118	618	INES MARTINS	adtravassô	Senior Feminino	01:45:04	+01:02:56	10:30
1119	619	Jéssica Rodrigues	adtravassô	Senior Feminino	01:45:04	+01:02:56	10:30
1120	622	Aderito Silva	adtravassô	Senior Masculino	01:45:04	+01:02:57	10:30
1121	624	ANTONIO GARCIA	adtravassô	Senior Masculino	01:45:04	+01:02:57	10:30
1122	628	JORGE GARCIA	adtravassô	Senior Masculino	01:45:04	+01:02:57	10:30
1123	629	JOSE PAULOS	adtravassô	Senior Masculino	01:45:05	+01:02:57	10:30
1124	615	CAROLINA MARTINS	adtravassô	Senior Feminino	01:45:05	+01:02:58	10:30
1125	632	PEDRO GARCIA	adtravassô	Senior Masculino	01:45:05	+01:02:58	10:31
1126	626	DANIEL MELO	adtravassô	Senior Masculino	01:45:06	+01:02:58	10:31
1127	614	CARMO GONÇALO	adtravassô	Senior Feminino	01:45:06	+01:02:58	10:31
1128	634	ROBERTO BASTOS	adtravassô	Senior Masculino	01:45:06	+01:02:59	10:31
1129	610	ALEXANDRA FERREIRA	adtravassô	Senior Feminino	01:45:06	+01:02:59	10:31
1130	625	BRUNO SIMOES	adtravassô	Senior Masculino	01:45:07	+01:03:00	10:31
1131	630	Nuno reis	adtravassô	Senior Masculino	01:45:08	+01:03:01	10:31
1132	620	MARA PIRES	adtravassô	Senior Feminino	01:45:09	+01:03:01	10:31
1133	621	Patricia Costa	adtravassô	Senior Feminino	01:45:09	+01:03:02	10:31
1134	631	PAULO PIRES	adtravassô	Senior Masculino	01:45:09	+01:03:02	10:31
1135	623	ALEXANDRE PIRES	adtravassô	Senior Masculino	01:45:10	+01:03:03	10:31
1136	627	ISRAEL TAVARES	adtravassô	Senior Masculino	01:45:10	+01:03:03	10:31
1137	611	ALEXANDRINA VIDAL	adtravassô	Senior Feminino	01:45:10	+01:03:03	10:31
1138	612	ANA MORAIS	adtravassô	Senior Feminino	01:45:11	+01:03:04	10:31
1139	1163	Márcio Rafael Oliveira Granja	dos senhores e das senhoras	Senior Masculino	01:45:12	+01:03:04	10:31
1140	1406	Udine Peixe	hashtag	Senior Masculino	01:45:13	+01:03:05	10:31
1141	1404	João Peixe	hashtag	Senior Masculino	01:45:13	+01:03:05	10:31
1142	2183	FÁBIO MARCELO DA SILVA ROBALINHO	torre	Senior Masculino	01:45:14	+01:03:07	10:31
1143	2168	ANA FILIPA ALMEIDA	torre	Senior Feminino	01:45:14	+01:03:07	10:31
1144	1405	José Abreu	hashtag	Senior Masculino	01:45:16	+01:03:09	10:32
1145	1162	José David Valente da Silva	dos senhores e das senhoras	Senior Masculino	01:45:18	+01:03:11	10:32
1146	1156	Maria de Fátima Magina Silva	dos senhores e das senhoras	Senior Feminino	01:45:19	+01:03:12	10:32
1147	1164	Ricardo Daniel Granja Oliveira	dos senhores e das senhoras	Senior Masculino	01:45:22	+01:03:15	10:32
1148	730	Beatriz Pereira Vidal	associação cultural de salreu	Senior Feminino	01:45:26	+01:03:18	10:33
1149	731	CRISTIANA OLIVEIRA	associação cultural de salreu	Senior Feminino	01:45:28	+01:03:21	10:33
1150	729	ANA MIRANDA	associação cultural de salreu	Senior Feminino	01:45:29	+01:03:21	10:33
1151	734	RENATA JESUS	associação cultural de salreu	Senior Feminino	01:45:29	+01:03:22	10:33
1152	1005	Bruno Rei	coimbra team	Senior Masculino	01:45:29	+01:03:22	10:33
1153	737	PEDRO AFONSO	associação cultural de salreu	Senior Masculino	01:45:29	+01:03:22	10:33
1154	1003	Vanessa Costa	coimbra team	Senior Feminino	01:45:30	+01:03:22	10:33
1155	1004	André Ferro	coimbra team	Senior Masculino	01:45:30	+01:03:23	10:33
1156	1002	Magda Vieira	coimbra team	Senior Feminino	01:45:30	+01:03:23	10:33
1157	728	ANA FERREIRA	associação cultural de salreu	Senior Feminino	01:45:30	+01:03:23	10:33
1158	1001	Diana Costa	coimbra team	Senior Feminino	01:45:30	+01:03:23	10:33
1159	1000	Bruna Cordeiro	coimbra team	Senior Feminino	01:45:30	+01:03:23	10:33
1160	735	FRANCISCO FIGUEIREDO	associação cultural de salreu	Senior Masculino	01:45:31	+01:03:24	10:33

PROVA PRINCIPAL - STAGE 1

10 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1161	1609	João Oliveira	ninja team	Senior Masculino	01:45:45	+01:03:38	10:34
1162	1603	Marisa Ferreira Peixe	ninja team	Senior Feminino	01:45:45	+01:03:38	10:34
1163	1991	Carlos Almeida	rijos e potentes	Senior Masculino	01:45:45	+01:03:38	10:35
1164	1986	Tatiana Esteves	rijos e potentes	Senior Feminino	01:45:46	+01:03:38	10:35
1165	1086	elvira cristiana da silva correia	crossfit couto	Senior Feminino	01:46:04	+01:03:56	10:36
1166	1097	felisberto manuel de pinho rodrigues	crossfit couto	Senior Masculino	01:46:04	+01:03:57	10:36
1167	1084	Ruben Pinho	crossfit couto	Senior Masculino	01:46:04	+01:03:57	10:36
1168	1093	Andrés Manuel Melo Soares	crossfit couto	Senior Masculino	01:46:04	+01:03:57	10:36
1169	1090	Sara Aurélia Correia Teixeira Freitas	crossfit couto	Senior Feminino	01:46:04	+01:03:57	10:36
1170	1087	Marlene Salomé da Silva Pereira	crossfit couto	Senior Feminino	01:46:04	+01:03:57	10:36
1171	1100	Isac Manuel Martins da Silva	crossfit couto	Senior Masculino	01:46:04	+01:03:57	10:36
1172	1101	João Ferreira	crossfit couto	Senior Masculino	01:46:04	+01:03:57	10:36
1173	1091	Tatiana Oliveira	crossfit couto	Senior Feminino	01:46:05	+01:03:57	10:36
1174	1104	Joaquim Silva	crossfit couto	Senior Masculino	01:46:05	+01:03:58	10:37
1175	1083	Carla Fernandes	crossfit couto	Senior Feminino	01:46:08	+01:04:01	10:37
1176	1109	Roberto Nunes	crossfit couto	Senior Masculino	01:46:08	+01:04:01	10:37
1177	2170	EMILIA CARVALHO	torre	Senior Feminino	01:46:18	+01:04:11	10:38
1178	2196	VITOR MANUEL RODRIGUES PEREIRA	torre	Senior Masculino	01:46:19	+01:04:12	10:38
1179	790	Ricardo Silva	batatas fit	Senior Masculino	01:46:30	+01:04:23	10:39
1180	1704	Rosinda Macedo	os todo o terreno	Senior Feminino	01:46:34	+01:04:27	10:39
1181	1705	António Macedo	os todo o terreno	Senior Masculino	01:46:35	+01:04:27	10:39
1182	1910	Albano Teixeira	polisport	Senior Masculino	01:46:41	+01:04:34	10:40
1183	781	Miguel Ribeiro	batatas fit	Senior Masculino	01:46:44	+01:04:36	10:40
1184	783	Nuno Lago	batatas fit	Senior Masculino	01:46:47	+01:04:40	10:41
1185	785	Paulo Cardoso	batatas fit	Senior Masculino	01:46:48	+01:04:41	10:41
1186	791	Rui Costa	batatas fit	Senior Masculino	01:46:51	+01:04:43	10:41
1187	776	José Bonifácio	batatas fit	Senior Masculino	01:46:53	+01:04:46	10:41
1188	789	Ricardo Moutinho	batatas fit	Senior Masculino	01:47:00	+01:04:53	10:42
1189	660	Janete Dione	amigos do brock	Senior Feminino	01:47:26	+01:05:19	10:45
1190	662	Liliana Marques	amigos do brock	Senior Feminino	01:47:26	+01:05:19	10:45
1191	2332	Diana de Matos Rodrigues	workout wellness and body care	Senior Feminino	01:47:29	+01:05:22	10:45
1192	2362	Hélder Agostinho Teixeira dos Santos	workout wellness and body care	Senior Masculino	01:47:29	+01:05:22	10:45
1193	664	Maria João	amigos do brock	Senior Feminino	01:47:37	+01:05:29	10:46
1194	1196	Tatiana Soraia de Jesus Antunes	dynamic life - muaythai	Senior Feminino	01:47:43	+01:05:36	10:46
1195	573	Carla Barbosa	8.2 arrosinhos	Senior Feminino	01:47:48	+01:05:40	10:47
1196	587	Sofia Peixoto	8.2 arrosinhos	Senior Feminino	01:47:48	+01:05:41	10:47
1197	575	Clara Jil	8.2 arrosinhos	Senior Feminino	01:47:49	+01:05:42	10:47
1198	585	Patrícia Magalhães	8.2 arrosinhos	Senior Feminino	01:47:51	+01:05:43	10:47
1199	569	Ana Gomes	8.2 arrosinhos	Senior Feminino	01:47:51	+01:05:44	10:47
1200	2295	Francisco Manuel Leite da Silva	vai quem quer	Senior Masculino	01:48:03	+01:05:56	10:48
1201	702	Patrícia da Silva de Sousa Luz	arsenal de canelas	Senior Feminino	01:48:08	+01:06:00	10:49

PROVA PRINCIPAL - STAGE 1

10 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1202	1113	Ana Rita Ferreira	crossfit crest	Senior Feminino	01:48:08	+01:06:01	10:49
1203	1117	Maria Almeida	crossfit crest	Senior Feminino	01:48:10	+01:06:03	10:49
1204	580	Inês Santos	8.2 arrosinhos	Senior Feminino	01:48:14	+01:06:06	10:49
1205	2333	Eva Sofia Silva Afonso	workout wellness and body care	Senior Feminino	01:48:20	+01:06:13	10:50
1206	2339	Maria João Henriques da Costa Paiva	workout wellness and body care	Senior Feminino	01:48:20	+01:06:13	10:50
1207	2353	Alexandre João Henriques Valente Santos	workout wellness and body care	Senior Masculino	01:48:20	+01:06:13	10:50
1208	2193	PEDRO FILIPE GOMES CASTRO	torre	Senior Masculino	01:48:21	+01:06:13	10:50
1209	2184	FILIPE MIGUEL DE SÁ RODRIGUES MARQUES	torre	Senior Masculino	01:48:23	+01:06:15	10:50
1210	2179	AUGUSTO MIGUEL RODRIGUES PINHAL	torre	Senior Masculino	01:48:23	+01:06:16	10:50
1211	2187	JORGE MANUEL PEREIRA DA SILVA	torre	Senior Masculino	01:48:24	+01:06:17	10:50
1212	2171	FERNANDA SILVA	torre	Senior Feminino	01:48:24	+01:06:17	10:50
1213	2173	VERA MONICA PEREIRA DA SILVA	torre	Senior Feminino	01:48:25	+01:06:18	10:51
1214	1968	Amílcar Gonçalves	riders in the storm	Senior Masculino	01:48:28	+01:06:21	10:51
1215	1966	Vera Lima	riders in the storm	Senior Feminino	01:48:28	+01:06:21	10:51
1216	1964	Filipa Daniela Fernandes Lima	riders in the storm	Senior Feminino	01:48:28	+01:06:21	10:51
1217	1965	Marisa Aires	riders in the storm	Senior Feminino	01:48:28	+01:06:21	10:51
1218	1122	Luis Patusco	crossfit crest	Senior Masculino	01:48:35	+01:06:28	10:52
1219	1121	José Miguel Correia Dias	crossfit crest	Senior Masculino	01:48:35	+01:06:28	10:52
1220	11	Ana Patrícia	b.t.m.	Senior Feminino	01:48:36	+01:06:29	10:52
1221	34	Ricardo Rocha	b.t.m.	Senior Masculino	01:48:36	+01:06:29	10:52
1222	18	Margarida Faria	b.t.m.	Senior Feminino	01:48:37	+01:06:30	10:52
1223	1127	Ricardo Jorge Oliveira Tavares	crossfit crest	Senior Masculino	01:48:53	+01:06:46	10:53
1224	1118	Patricia Vargas Cruz	crossfit crest	Senior Feminino	01:48:53	+01:06:46	10:53
1225	1114	Ângela Maria Santos Morais	crossfit crest	Senior Feminino	01:48:53	+01:06:46	10:53
1226	1116	Inês Pilré	crossfit crest	Senior Feminino	01:48:54	+01:06:46	10:53
1227	1119	Rita Laranjeira Domingues	crossfit crest	Senior Feminino	01:48:54	+01:06:46	10:53
1228	1120	Silvana Araújo Conceição	crossfit crest	Senior Feminino	01:48:54	+01:06:46	10:53
1229	1123	Manuel Pilré	crossfit crest	Senior Masculino	01:48:54	+01:06:46	10:53
1230	1115	Clara Alexandra Gouveia Alves	crossfit crest	Senior Feminino	01:48:54	+01:06:47	10:53
1231	1126	Paulo Soares	crossfit crest	Senior Masculino	01:48:55	+01:06:48	10:53
1232	1128	Thiago Buçard	crossfit crest	Senior Masculino	01:48:55	+01:06:48	10:54
1233	1124	Miguel Soares	crossfit crest	Senior Masculino	01:48:55	+01:06:48	10:54
1234	1125	Paulo Rosado	crossfit crest	Senior Masculino	01:48:56	+01:06:49	10:54
1235	579	Gisela Vaz Santos	8.2 arrosinhos	Senior Feminino	01:49:19	+01:07:12	10:56
1236	603	Rui Pacheco	8.2 arrosinhos	Senior Masculino	01:49:19	+01:07:12	10:56
1237	601	Rafael Reis	8.2 arrosinhos	Senior Masculino	01:49:20	+01:07:13	10:56
1238	582	Joana Silva	8.2 arrosinhos	Senior Feminino	01:49:20	+01:07:13	10:56
1239	570	Ana Mendes	8.2 arrosinhos	Senior Feminino	01:49:21	+01:07:14	10:56
1240	2294	Bruno Filipe Duarte Cêpa inscrito	vai quem quer	Senior Masculino	01:49:25	+01:07:18	10:56
1241	1654	André Almeida	opticaliaestarreja	Senior Masculino	01:49:47	+01:07:39	10:59

PROVA PRINCIPAL - STAGE 1

10 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1242	904	Vasco Monteiro	caju	Senior Masculino	01:49:47	+01:07:40	10:59
1243	901	João Lemos	caju	Senior Masculino	01:49:47	+01:07:40	10:59
1244	899	Filipa Soares	caju	Senior Feminino	01:49:47	+01:07:40	10:59
1245	898	Catarina Rodrigues	caju	Senior Feminino	01:49:48	+01:07:40	10:59
1246	897	Ana Barros	caju	Senior Feminino	01:49:48	+01:07:40	10:59
1247	903	Ricardo Mendes	caju	Senior Masculino	01:49:48	+01:07:40	10:59
1248	1656	Carlos Miguel Miranda Fonseca	opticaliaestarreja	Senior Masculino	01:49:48	+01:07:40	10:59
1249	902	Jorge Ribeiro	caju	Senior Masculino	01:49:48	+01:07:40	10:59
1250	900	Liliana Curado	caju	Senior Feminino	01:49:48	+01:07:41	10:59
1251	1650	Ana Margarida Costa	opticaliaestarreja	Senior Feminino	01:49:50	+01:07:43	10:59
1252	1659	Vitor Oliveira	opticaliaestarreja	Senior Masculino	01:49:50	+01:07:43	10:59
1253	1042	Viviana Bastos	correio de albergaria trail running	Senior Feminino	01:50:05	+01:07:57	11:00
1254	2240	Mario Jorge Jesus Almeida Reis	troublemakers	Senior Masculino	01:50:09	+01:08:02	11:01
1255	2292	Vera Rocha	vai quem quer	Senior Feminino	01:50:10	+01:08:03	11:01
1256	1682	Vera Monica Costa Oliveira	os artistas	Senior Feminino	01:50:12	+01:08:05	11:01
1257	1680	Katia Silva	os artistas	Senior Feminino	01:50:12	+01:08:05	11:01
1258	1679	Diana Vivas	os artistas	Senior Feminino	01:50:12	+01:08:05	11:01
1259	1567	Elisabete Candido	maximianos	Senior Feminino	01:50:26	+01:08:19	11:03
1260	1569	Helder CAndido	maximianos	Senior Masculino	01:50:27	+01:08:20	11:03
1261	1568	Gabriel Candido	maximianos	Senior Masculino	01:50:27	+01:08:20	11:03
1262	2238	Daniel Rodrigues	troublemakers	Senior Masculino	01:50:39	+01:08:32	11:04
1263	2229	Fátima Ferreira	troublemakers	Senior Feminino	01:50:39	+01:08:32	11:04
1264	2232	Mariana Cruz	troublemakers	Senior Feminino	01:50:39	+01:08:32	11:04
1265	2236	Vilma Maia	troublemakers	Senior Feminino	01:50:40	+01:08:32	11:04
1266	2233	Paula Santos	troublemakers	Senior Feminino	01:50:40	+01:08:33	11:04
1267	2234	Rui Martins	troublemakers	Senior Feminino	01:50:40	+01:08:33	11:04
1268	2235	Sandra Rodrigues	troublemakers	Senior Feminino	01:50:40	+01:08:33	11:04
1269	2239	Hugues Almeida	troublemakers	Senior Masculino	01:50:40	+01:08:33	11:04
1270	2231	Isabel afonso	troublemakers	Senior Feminino	01:50:40	+01:08:33	11:04
1271	2228	Daniela Marques	troublemakers	Senior Feminino	01:50:40	+01:08:33	11:04
1272	2230	Florbela Rodrigues	troublemakers	Senior Feminino	01:50:40	+01:08:33	11:04
1273	1480	José Correia	iron team	Senior Masculino	01:50:55	+01:08:48	11:06
1274	1475	Filipa Amendoeira	iron team	Senior Feminino	01:50:58	+01:08:51	11:06
1275	1473	Ana Valente	iron team	Senior Feminino	01:50:59	+01:08:52	11:06
1276	1479	Filipe Pinheiro	iron team	Senior Masculino	01:51:00	+01:08:52	11:06
1277	1476	Lúcia Pinho	iron team	Senior Feminino	01:51:00	+01:08:52	11:06
1278	1474	Carla Pinho	iron team	Senior Feminino	01:51:00	+01:08:53	11:06
1279	1482	Nuno Ferreira	iron team	Senior Masculino	01:51:00	+01:08:53	11:06
1280	1477	Mafalda Valente	iron team	Senior Feminino	01:51:01	+01:08:53	11:06
1281	1481	José Dias	iron team	Senior Masculino	01:51:01	+01:08:54	11:06
1282	1478	André Quintinha	iron team	Senior Masculino	01:51:02	+01:08:54	11:06
1283	2349	Sílvia Cristina Tavares Valente Santos Fonseca	workout wellness and body care	Senior Feminino	01:51:02	+01:08:54	11:06
1284	2323	Ana Luísa Rocha Sarabando	workout wellness and body care	Senior Feminino	01:51:02	+01:08:55	11:06

PROVA PRINCIPAL - STAGE 1

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1285	2352	Vânia Cristina Almeida Coutinho	workout wellness and body care	Senior Feminino	01:51:02	+01:08:55	11:06
1286	2342	Mónica Alexandra Tavares Valente dos Santos	workout wellness and body care	Senior Feminino	01:51:03	+01:08:56	11:06
1287	1832	Marisol Valente	papa corridas	Senior Feminino	01:51:04	+01:08:56	11:06
1288	1830	Daniela Valente	papa corridas	Senior Feminino	01:51:04	+01:08:56	11:06
1289	2320	Ana Filipa Tavares Magalhães	workout wellness and body care	Senior Feminino	01:51:05	+01:08:58	11:07
1290	2321	Ana Isabel Tavares Vieira	workout wellness and body care	Senior Feminino	01:51:06	+01:08:59	11:07
1291	2322	Ana Lúcia Almeida Couto	workout wellness and body care	Senior Feminino	01:51:06	+01:08:59	11:07
1292	2358	Carlos Marcelo Dias Marques	workout wellness and body care	Senior Masculino	01:51:07	+01:09:00	11:07
1293	1512	Jorge Cruz	lt2 consulting	Senior Masculino	01:51:10	+01:09:03	11:07
1294	2400	José Jorge	wtf - where's the finish	Senior Masculino	01:51:11	+01:09:04	11:07
1295	2398	Sara Pereira Santos	wtf - where's the finish	Senior Feminino	01:51:11	+01:09:04	11:07
1296	2399	Cristiano da Silva Santos	wtf - where's the finish	Senior Masculino	01:51:11	+01:09:04	11:07
1297	2401	Paulo Ferreira	wtf - where's the finish	Senior Masculino	01:51:11	+01:09:04	11:07
1298	2394	Cristina Cachulo	wtf - where's the finish	Senior Feminino	01:51:11	+01:09:04	11:07
1299	2396	Idalina Mota	wtf - where's the finish	Senior Feminino	01:51:11	+01:09:04	11:07
1300	2395	Eva Miriam Mendes	wtf - where's the finish	Senior Feminino	01:51:11	+01:09:04	11:07
1301	2393	Carla Polónio	wtf - where's the finish	Senior Feminino	01:51:12	+01:09:04	11:07
1302	1500	Alexandra Mateus	lt2 consulting	Senior Feminino	01:51:12	+01:09:04	11:07
1303	2397	Sandra Secília	wtf - where's the finish	Senior Feminino	01:51:12	+01:09:04	11:07
1304	2172	MÓNICA CLÁUDIA MARQUES DA SILVA	torre	Senior Feminino	01:51:27	+01:09:20	11:09
1305	1789	Fernando Marques	os todo o terreno	Senior Masculino	01:51:28	+01:09:20	11:09
1306	1787	Daniel Gomes	os todo o terreno	Senior Masculino	01:51:28	+01:09:20	11:09
1307	810	Ana Paula Batista	bioapasso	Senior Feminino	01:51:30	+01:09:22	11:09
1308	2185	HELDER MANUEL MALTA DE CARVALHO	torre	Senior Masculino	01:51:30	+01:09:23	11:09
1309	800	Catarina baptista	bioapasso	Senior Feminino	01:51:30	+01:09:23	11:09
1310	1785	Fátima Paiva	os todo o terreno	Senior Feminino	01:51:40	+01:09:33	11:10
1311	1799	Maria Monteiro	ovar hc	Senior Feminino	01:51:54	+01:09:47	11:11
1312	1812	MIGUEL ANGELO DA SILVA MIRANDA	ovar hc	Senior Masculino	01:52:02	+01:09:55	11:12
1313	1806	RUTE MARINA COUTO SANTOS	ovar hc	Senior Feminino	01:52:03	+01:09:56	11:12
1314	1804	POLIANA SILVA	ovar hc	Senior Feminino	01:52:08	+01:10:01	11:13
1315	967	Alexandra Ribeiro	cheios d'lama	Senior Feminino	01:52:11	+01:10:04	11:13
1316	656	Alexandra Oliveira	amigos do brock	Senior Feminino	01:52:11	+01:10:04	11:13
1317	1214	ANTONIO JOSE MATOS	emborasimbotala	Senior Masculino	01:52:14	+01:10:06	11:13
1318	552	André Silveira	100travões	Senior Masculino	01:52:14	+01:10:07	11:13
1319	1215	JOSE LUIS SILVA	emborasimbotala	Senior Masculino	01:52:14	+01:10:07	11:13
1320	550	Carla Pires	100travões	Senior Feminino	01:52:14	+01:10:07	11:13
1321	549	Alda Vasco	100travões	Senior Feminino	01:52:14	+01:10:07	11:13
1322	551	Verónica Pinho	100travões	Senior Feminino	01:52:15	+01:10:07	11:13
1323	557	Tatiana Carneiro	20comer	Senior Feminino	01:52:16	+01:10:09	11:14
1324	1805	Rosa Augusta Pereira da Silva	ovar hc	Senior Feminino	01:52:16	+01:10:09	11:14
1325	558	Bártolo Ferreira	20comer	Senior Masculino	01:52:16	+01:10:09	11:14
1326	556	Rosetta Cunha	20comer	Senior Feminino	01:52:17	+01:10:09	11:14

PROVA PRINCIPAL - STAGE 1

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1327	555	Filipa Marques	20comer	Senior Feminino	01:52:17	+01:10:09	11:14
1328	559	Hugo Seabra	20comer	Senior Masculino	01:52:17	+01:10:09	11:14
1329	553	Bárbara Marques	20comer	Senior Feminino	01:52:17	+01:10:10	11:14
1330	554	Daniela Duarte	20comer	Senior Feminino	01:52:17	+01:10:10	11:14
1331	560	Paulo Costa	20comer	Senior Masculino	01:52:17	+01:10:10	11:14
1332	1211	MARIA CRUZ	emborasimborala	Senior Feminino	01:52:19	+01:10:12	11:14
1333	1212	SANDRA MATOS	emborasimborala	Senior Feminino	01:52:19	+01:10:12	11:14
1334	1701	Andreia Raquel Macedo	os todo o terreno	Senior Feminino	01:52:29	+01:10:22	11:15
1335	659	Isabel Nogueira	amigos do brock	Senior Feminino	01:52:30	+01:10:23	11:15
1336	1703	Maria de Fátima Lopes	os todo o terreno	Senior Feminino	01:52:38	+01:10:31	11:16
1337	1754	Sindy Martinez	os lusitanos	Senior Feminino	01:52:40	+01:10:33	11:16
1338	1749	Ana Moutela	os lusitanos	Senior Feminino	01:52:43	+01:10:36	11:16
1339	593	João Martins	8.2 arrosinhos	Senior Masculino	01:52:47	+01:10:39	11:17
1340	2273	Samuel Filipe Ferreira Ribeiro	tuttifrutti	Senior Masculino	01:52:58	+01:10:50	11:18
1341	1970	Ana Esteves	rijos e potentes	Senior Feminino	01:53:00	+01:10:53	11:18
1342	1997	Henrique Barbeta	rijos e potentes	Senior Masculino	01:53:01	+01:10:53	11:18
1343	1157	Maria João Silva Ferreira	dos senhores e das senhoras	Senior Feminino	01:53:08	+01:11:01	11:19
1344	1158	Maria Lúcia Oliveira Sá	dos senhores e das senhoras	Senior Feminino	01:53:08	+01:11:01	11:19
1345	1800	Marisa Raquel Fernancio da silva	ovar hc	Senior Feminino	01:53:17	+01:11:10	11:20
1346	1798	Liliana Ferreira	ovar hc	Senior Feminino	01:53:18	+01:11:10	11:20
1347	1802	Melisa Ferreira Silva	ovar hc	Senior Feminino	01:53:18	+01:11:10	11:20
1348	1795	Ana Catarina Rodrigues Sona	ovar hc	Senior Feminino	01:53:18	+01:11:10	11:20
1349	854	Ricardo Fernando de Oliveira	bionelas	Senior Masculino	01:53:23	+01:11:16	11:20
1350	840	Catarina Alexandra Martins Costeira	bionelas	Senior Feminino	01:53:23	+01:11:16	11:20
1351	846	Rita Araújo	bionelas	Senior Feminino	01:53:23	+01:11:16	11:20
1352	845	Marta Sofia de Andrade Pires Canteiro	bionelas	Senior Feminino	01:53:24	+01:11:16	11:20
1353	849	Gabriel Alexandre Silva	bionelas	Senior Masculino	01:53:24	+01:11:16	11:20
1354	2044	Alexandra Vale	somamaratonas	Senior Feminino	01:53:24	+01:11:16	11:20
1355	2047	Cátia Santos	somamaratonas	Senior Feminino	01:53:24	+01:11:16	11:20
1356	839	Carla Daniela Martins Costeira	bionelas	Senior Feminino	01:53:24	+01:11:16	11:20
1357	844	MARINE PINHEIRO CORREIA	bionelas	Senior Feminino	01:53:24	+01:11:17	11:20
1358	843	Maria Alice Gonçalves Oliveira	bionelas	Senior Feminino	01:53:24	+01:11:17	11:20
1359	855	RICARDO MIGUEL DA SILVA ALVAREZ	bionelas	Senior Masculino	01:53:24	+01:11:17	11:20
1360	853	Nuno Fernando Leonor Canteiro	bionelas	Senior Masculino	01:53:24	+01:11:17	11:20
1361	850	Jorge Filipe Andrade Pires	bionelas	Senior Masculino	01:53:24	+01:11:17	11:20
1362	838	Ana Paula Miranda Pinto da Silva	bionelas	Senior Feminino	01:53:24	+01:11:17	11:20
1363	841	Lucibel de Fátima Valente	bionelas	Senior Feminino	01:53:24	+01:11:17	11:20
1364	852	Manuel António Alves Candeias	bionelas	Senior Masculino	01:53:25	+01:11:17	11:20
1365	856	SANDRO MANUEL OLIVEIRA GOMES	bionelas	Senior Masculino	01:53:25	+01:11:17	11:20
1366	848	Daniel Cruz	bionelas	Senior Masculino	01:53:25	+01:11:17	11:20

PROVA PRINCIPAL - STAGE 1

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1367	851	Jorge Miguel Pinto da Silva	bionelas	Senior Masculino	01:53:25	+01:11:18	11:20
1368	842	Margarida Maria Silva	bionelas	Senior Feminino	01:53:25	+01:11:18	11:21
1369	1231	FÁVIO VIEIRA	equipa de elite	Senior Masculino	01:53:36	+01:11:29	11:22
1370	2264	Francisco Soares Melo	tuttifrutti	Senior Masculino	01:53:37	+01:11:30	11:22
1371	1237	RICARDO FERNANDES	equipa de elite	Senior Masculino	01:53:38	+01:11:31	11:22
1372	1919	José Pinho	polisport	Senior Masculino	01:53:45	+01:11:38	11:22
1373	1909	Sónia Silva	polisport	Senior Feminino	01:53:45	+01:11:38	11:23
1374	1920	Pedro Miguel Almeida Magalhães	polisport	Senior Masculino	01:53:45	+01:11:38	11:23
1375	1908	Nádia Andrade	polisport	Senior Feminino	01:53:46	+01:11:38	11:23
1376	1249	João Vieira	era ovar	Senior Masculino	01:53:47	+01:11:39	11:23
1377	1244	Joana Nataly	era ovar	Senior Feminino	01:53:48	+01:11:41	11:23
1378	2025	Ana Beatriz Tavares Frade	samba tribal	Senior Feminino	01:53:50	+01:11:43	11:23
1379	2030	Filipa Ramos Carvalho de Oliveira	samba tribal	Senior Feminino	01:53:51	+01:11:44	11:23
1380	2306	Maria Adelaide Figueiredo Candido	vamos nessa	Senior Feminino	01:54:18	+01:12:11	11:26
1381	2064	Sofia Silva	sportcamp	Senior Feminino	01:54:25	+01:12:18	11:26
1382	591	António Pinho	8.2 arrosinhos	Senior Masculino	01:54:25	+01:12:18	11:26
1383	2065	Sónia Brandão	sportcamp	Senior Feminino	01:54:25	+01:12:18	11:27
1384	597	Nuno Andrade	8.2 arrosinhos	Senior Masculino	01:54:26	+01:12:18	11:27
1385	2307	PEDRO MIGUEL MONTEIRO COUTO	vamos nessa	Senior Masculino	01:54:29	+01:12:22	11:27
1386	2308	Ricardo Filipe Oliveira Sequeira	vamos nessa	Senior Masculino	01:54:31	+01:12:24	11:27
1387	2305	FÁTIMA SOFIA FIGUEIREDO CANDIDO	vamos nessa	Senior Feminino	01:54:31	+01:12:24	11:27
1388	584	Lisa Falhas	8.2 arrosinhos	Senior Feminino	01:54:32	+01:12:24	11:27
1389	2309	SEBASTIÃO MOISÉS SANTOS CALVO	vamos nessa	Senior Masculino	01:54:33	+01:12:26	11:27
1390	578	Gisela Almeida	8.2 arrosinhos	Senior Feminino	01:54:33	+01:12:26	11:27
1391	576	Cláudia Amaral	8.2 arrosinhos	Senior Feminino	01:54:33	+01:12:26	11:27
1392	581	Isabel Rangel	8.2 arrosinhos	Senior Feminino	01:54:34	+01:12:27	11:27
1393	568	Ana Álvares	8.2 arrosinhos	Senior Feminino	01:54:35	+01:12:27	11:27
1394	592	Carlos Pereira	8.2 arrosinhos	Senior Masculino	01:54:35	+01:12:28	11:28
1395	1427	Lília Figueiras	hrv	Senior Feminino	01:55:18	+01:13:11	11:32
1396	1429	Daniel Marques Rocha Vieira	hrv	Senior Masculino	01:55:18	+01:13:11	11:32
1397	1425	Carla Carapinheira	hrv	Senior Feminino	01:55:18	+01:13:11	11:32
1398	1426	Cecília Amanda da Silva Rodrigues	hrv	Senior Feminino	01:55:18	+01:13:11	11:32
1399	1424	Ana Rita Baptista Vieira	hrv	Senior Feminino	01:55:19	+01:13:11	11:32
1400	1431	Nuno Frederico Miranda Leite	hrv	Senior Masculino	01:55:19	+01:13:11	11:32
1401	1778	PEDRO SANTOS	salta-pocinhas	Senior Masculino	01:55:35	+01:13:27	11:33
1402	1590	Antonio Paulo Guimarães	misturas tónicas	Senior Masculino	01:55:37	+01:13:30	11:34
1403	1582	Alzira Maria Guimarães	misturas tónicas	Senior Feminino	01:55:41	+01:13:34	11:34
1404	1557	Ana Rita Espanha	máquinas em movimento	Senior Feminino	01:55:51	+01:13:43	11:35
1405	1547	Andreia Rosas	máquinas em movimento	Senior Feminino	01:55:51	+01:13:44	11:35
1406	1554	Joao Figueiredo	máquinas em movimento	Senior Masculino	01:55:51	+01:13:44	11:35

PROVA PRINCIPAL - STAGE 1

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1407	1545	Agostinha Fernandes	máquinas em movimento	Senior Feminino	01:55:51	+01:13:44	11:35
1408	1552	Sara Antunes	máquinas em movimento	Senior Feminino	01:55:51	+01:13:44	11:35
1409	1896	Ana Maria Sousa de Abreu Freire	pobo	Senior Feminino	01:55:52	+01:13:45	11:35
1410	1897	Beatriz Cirne de Almeida	pobo	Senior Feminino	01:55:53	+01:13:46	11:35
1411	1906	Vítor Rafael Pereira Petiz da Cunha Baptista	pobo	Senior Masculino	01:55:54	+01:13:47	11:35
1412	1904	António Miguel Lopes Tavares	pobo	Senior Masculino	01:55:56	+01:13:48	11:36
1413	1905	João Tiago dos Santos Sousa	pobo	Senior Masculino	01:55:58	+01:13:51	11:36
1414	1903	Sandra Fidalgo	pobo	Senior Feminino	01:55:59	+01:13:52	11:36
1415	1899	Inês Tavares Rodrigues	pobo	Senior Feminino	01:56:04	+01:13:57	11:36
1416	1902	Patrícia Lamego	pobo	Senior Feminino	01:56:04	+01:13:57	11:36
1417	1900	Isabel Costa	pobo	Senior Feminino	01:56:05	+01:13:57	11:36
1418	1898	Fátima Elizabeth Lopes dos Santos	pobo	Senior Feminino	01:56:07	+01:14:00	11:37
1419	2072	Joana Maria Morais Pereira	squash girls	Senior Feminino	01:56:19	+01:14:12	11:38
1420	2021	Andrew Peres	sai da frente	Senior Masculino	01:56:23	+01:14:15	11:38
1421	2020	Liliana Guiomar	sai da frente	Senior Feminino	01:56:23	+01:14:15	11:38
1422	2022	Carlos Castro	sai da frente	Senior Masculino	01:56:24	+01:14:17	11:38
1423	2074	Sara Brandao Tavares	squash girls	Senior Feminino	01:56:25	+01:14:18	11:39
1424	2023	Marco Lima	sai da frente	Senior Masculino	01:56:25	+01:14:18	11:39
1425	1770	MARIA VENÂNCIO	salta-pocinhas	Senior Feminino	01:56:26	+01:14:19	11:39
1426	2024	Rui Rocha	sai da frente	Senior Masculino	01:56:27	+01:14:20	11:39
1427	2019	Karina Marques	sai da frente	Senior Feminino	01:56:28	+01:14:21	11:39
1428	2073	Laura Gabriela Pereira Olim	squash girls	Senior Feminino	01:56:35	+01:14:27	11:39
1429	2246	Ilda Ruela	turminha	Senior Feminino	01:56:45	+01:14:38	11:41
1430	2245	Fátima Ribeiro	turminha	Senior Feminino	01:56:45	+01:14:38	11:41
1431	2243	Carla Ferreira	turminha	Senior Feminino	01:56:47	+01:14:39	11:41
1432	2244	Carla Rodrigues	turminha	Senior Feminino	01:56:47	+01:14:40	11:41
1433	2241	Ana Pereira	turminha	Senior Feminino	01:56:47	+01:14:40	11:41
1434	2249	António Pereira	turminha	Senior Masculino	01:56:47	+01:14:40	11:41
1435	1165	Bruno Ricardo Fonseca Valente	dos senhores e das senhoras	Senior Masculino	01:56:47	+01:14:40	11:41
1436	2247	Liliana Silva	turminha	Senior Feminino	01:56:49	+01:14:42	11:41
1437	2195	RUI FILIPE PAIXÃO DA ROCHA	torre	Senior Masculino	01:56:54	+01:14:46	11:41
1438	700	Maria Balbina Oliveira Pires Silva	arsenal de canelas	Senior Feminino	01:56:54	+01:14:47	11:41
1439	1442	Maria Teresa Carvalho	individual	Senior Feminino	01:57:14	+01:15:07	11:43
1440	2376	Luís Miguel Fernandes Couto	workout wellness and body care	Senior Masculino	01:57:16	+01:15:09	11:44
1441	2329	Beatriz dos Santos Grilo	workout wellness and body care	Senior Feminino	01:57:17	+01:15:10	11:44
1442	2335	Joana Teixeira	workout wellness and body care	Senior Feminino	01:57:17	+01:15:10	11:44
1443	2289	Maria João Pinho	vai quem quer	Senior Feminino	01:57:25	+01:15:18	11:44
1444	1437	Cristina Sofia Fernandes Torcato	individual	Senior Feminino	01:57:28	+01:15:21	11:45
1445	989	Renata Patricia de Moura Fontes	clínica veterinária santa marinha	Senior Feminino	01:57:57	+01:15:50	11:48
1446	2221	Filipe Reis	tropa elite	Senior Masculino	01:58:13	+01:16:06	11:49

PROVA PRINCIPAL - STAGE 1

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1490	1763	Beatriz Costa	os salta pocinhas	Senior Feminino	02:00:53	+01:18:46	12:05
1491	1766	Diana Neves	os salta pocinhas	Senior Feminino	02:00:53	+01:18:46	12:05
1492	1765	Daniela Fonseca	os salta pocinhas	Senior Feminino	02:00:53	+01:18:46	12:05
1493	1764	Cristina Cerveira	salta pocinhas	Senior Feminino	02:01:12	+01:19:05	12:07
1494	1773	Davide Portovedo	salta pocinhas	Senior Masculino	02:01:13	+01:19:06	12:07
1495	1767	Inês Moura	salta pocinhas	Senior Feminino	02:01:13	+01:19:06	12:07
1496	1762	Ana Raquel Félix Resende	salta pocinhas	Senior Feminino	02:01:14	+01:19:07	12:07
1497	1777	Pedro Cerveira	salta pocinhas	Senior Masculino	02:01:14	+01:19:07	12:07
1498	1495	Eugenia Tavares	lontras	Senior Feminino	02:01:23	+01:19:16	12:08
1499	1497	Marina Jorge	lontras	Senior Feminino	02:01:24	+01:19:16	12:08
1500	1498	Mónica Lopez	lontras	Senior Feminino	02:01:24	+01:19:17	12:08
1501	1499	Sandra Resende	lontras	Senior Feminino	02:01:26	+01:19:19	12:09
1502	1494	Catarina Cardoso	lontras	Senior Feminino	02:01:28	+01:19:20	12:09
1503	1496	Inês Silva	lontras	Senior Feminino	02:01:28	+01:19:21	12:09
1504	1506	Nicole Oliveira	lt2 consulting	Senior Feminino	02:01:32	+01:19:25	12:09
1505	1501	Carina Santos	lt2 consulting	Senior Feminino	02:01:36	+01:19:29	12:10
1506	1515	Ricardo Correia	lt2 consulting	Senior Masculino	02:01:36	+01:19:29	12:10
1507	1283	Sara Margarida Nunes Oliveira	fourfriends	Senior Feminino	02:01:52	+01:19:45	12:11
1508	1281	Anabela do Carmo Tavares Duarte	fourfriends	Senior Feminino	02:01:52	+01:19:45	12:11
1509	1282	Maria Elizabeth Osório	fourfriends	Senior Feminino	02:01:52	+01:19:45	12:11
1510	2325	Ana Paula Rosmaninho Camboa da Silva Melo	workout wellness and body care	Senior Feminino	02:02:19	+01:20:11	12:14
1511	2356	António Manuel da Silva Melo	workout wellness and body care	Senior Masculino	02:02:19	+01:20:12	12:14
1512	2336	Lígia Vieira	workout wellness and body care	Senior Feminino	02:02:19	+01:20:12	12:14
1513	817	Francisca Costa	biofit racer's	Senior Feminino	02:02:27	+01:20:20	12:15
1514	819	Joana Sabino	biofit racer's	Senior Feminino	02:02:30	+01:20:22	12:15
1515	1539	Helder Vieira	lux health club	Senior Masculino	02:02:42	+01:20:35	12:16
1516	1534	Sara Rodrigues	lux health club	Senior Feminino	02:02:42	+01:20:35	12:16
1517	1542	Paulo Osório	lux health club	Senior Masculino	02:02:42	+01:20:35	12:16
1518	1536	Armando Andrade	lux health club	Senior Masculino	02:02:43	+01:20:35	12:16
1519	1531	Angela Rodrigues	lux health club	Senior Feminino	02:02:43	+01:20:35	12:16
1520	1529	Ana Paula Silva Andrade	lux health club	Senior Feminino	02:02:43	+01:20:36	12:16
1521	1528	Ana Almeida	lux health club	Senior Feminino	02:02:43	+01:20:36	12:16
1522	1642	Joana Guimarães	nucleares	Senior Feminino	02:03:16	+01:21:09	12:20
1523	1641	Isabel Oliveira	nucleares	Senior Feminino	02:03:16	+01:21:09	12:20
1524	1643	Marta Oliveira	nucleares	Senior Feminino	02:03:16	+01:21:09	12:20
1525	1645	Susana Quintinha	nucleares	Senior Feminino	02:03:16	+01:21:09	12:20
1526	1640	Gisela Oliveira	nucleares	Senior Feminino	02:03:16	+01:21:09	12:20
1527	2194	RICARDO MIGUEL BASTOS MONTEIRO	torre	Senior Masculino	02:03:31	+01:21:23	12:21
1528	2175	AMÉRICO DE JESUS SILVA DA ROCHA	torre	Senior Masculino	02:03:31	+01:21:24	12:21
1529	2189	JOSE ALEXANDRE MARQUES DA SILVA FERREIRA	torre	Senior Masculino	02:03:32	+01:21:24	12:21
1530	1076	Rita da Silva Ferreira da Costa	cr&f	Senior Feminino	02:03:56	+01:21:49	12:24
1531	1082	Luis Miguel Tavares lagoeiro	cr&f	Senior Masculino	02:03:56	+01:21:49	12:24

PROVA PRINCIPAL - STAGE 1

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1532	1080	Gonçalo João Lamego da Silva Henriques	cr&f	Senior Masculino	02:03:56	+01:21:49	12:24
1533	1079	Carlos Manuel dos Santos Ferreira da Costa	cr&f	Senior Masculino	02:03:56	+01:21:49	12:24
1534	1077	Salome Gomes Nunes	cr&f	Senior Feminino	02:03:56	+01:21:49	12:24
1535	1075	Maria Rosa Lamego da Silva	cr&f	Senior Feminino	02:03:56	+01:21:49	12:24
1536	1936	Samuel Vaz Oliveira	radio locomotiva	Senior Masculino	02:04:17	+01:22:09	12:26
1537	1937	Steven Fonseca Almeida	radio locomotiva	Senior Masculino	02:04:24	+01:22:17	12:26
1538	1935	Marco Filipe Miranda da Fonseca	radio locomotiva	Senior Masculino	02:04:26	+01:22:19	12:27
1539	1865	Silvia Manuela Monica Ribeiro	pega na lancheira	Senior Feminino	02:04:59	+01:22:52	12:30
1540	1869	Helder Figueira Maia	pega na lancheira	Senior Masculino	02:04:59	+01:22:52	12:30
1541	1867	Carlos Manuel Monica Ribeiro	pega na lancheira	Senior Masculino	02:04:59	+01:22:52	12:30
1542	1863	Patricia Teixeira Campos	pega na lancheira	Senior Feminino	02:04:59	+01:22:52	12:30
1543	1864	rosa marisa ferreira parada	pega na lancheira	Senior Feminino	02:04:59	+01:22:52	12:30
1544	1868	Celso Figueira Maia	pega na lancheira	Senior Masculino	02:05:00	+01:22:52	12:30
1545	1870	Óscar Filipe Fernandes Lopes	pega na lancheira	Senior Masculino	02:05:00	+01:22:53	12:30
1546	1861	Alice sofia da Silva Baptista	pega na lancheira	Senior Feminino	02:05:00	+01:22:53	12:30
1547	1866	Sónia Emanuela da Silva Baptista	pega na lancheira	Senior Feminino	02:05:01	+01:22:53	12:30
1548	1933	José Ricardo Godinho Ferreira	radio locomotiva	Senior Masculino	02:05:34	+01:23:27	12:33
1549	1934	Luís Miguel Miranda Brandão	radio locomotiva	Senior Masculino	02:06:12	+01:24:05	12:37
1550	1931	Lia Miguel Barroso Dias	radio locomotiva	Senior Feminino	02:06:13	+01:24:06	12:37
1551	1932	Sandra Cristina Amador de Almeida	radio locomotiva	Senior Feminino	02:06:13	+01:24:06	12:37
1552	1977	Catarina Santos	rijos e potentes	Senior Feminino	02:06:31	+01:24:24	12:39
1553	1988	Adriano Santos	rijos e potentes	Senior Masculino	02:06:31	+01:24:24	12:39
1554	1982	Paula Gonçalves	rijos e potentes	Senior Feminino	02:06:31	+01:24:24	12:39
1555	2005	Pedro Soares	rijos e potentes	Senior Masculino	02:06:31	+01:24:24	12:39
1556	1975	Carla Peralta	rijos e potentes	Senior Feminino	02:06:32	+01:24:24	12:39
1557	1971	Ana Fonseca	rijos e potentes	Senior Feminino	02:06:32	+01:24:24	12:39
1558	1834	Daniela Silva	pára-lamas	Senior Feminino	02:06:39	+01:24:32	12:40
1559	1836	Sofia Instrumento	pára-lamas	Senior Feminino	02:06:39	+01:24:32	12:40
1560	1833	Ana Beatriz Santos	pára-lamas	Senior Feminino	02:06:40	+01:24:32	12:40
1561	1838	Fábio Ferreira	pára-lamas	Senior Masculino	02:06:40	+01:24:32	12:40
1562	1840	Pedro Silva	pára-lamas	Senior Masculino	02:06:40	+01:24:33	12:40
1563	753	Fernanda Rocha	batatas fit	Senior Feminino	02:06:40	+01:24:33	12:40
1564	1835	Patrícia Diogo	pára-lamas	Senior Feminino	02:06:40	+01:24:33	12:40
1565	1681	Rosa Vivas	os artistas	Senior Feminino	02:06:41	+01:24:33	12:40
1566	1839	Luis Lopes	pára-lamas	Senior Masculino	02:06:41	+01:24:33	12:40
1567	1688	Rui Pinto	os artistas	Senior Masculino	02:06:42	+01:24:34	12:40
1568	1837	Bruno Valente	pára-lamas	Senior Masculino	02:06:43	+01:24:36	12:40
1569	772	Gonçalo Faustino	batatas fit	Senior Masculino	02:06:49	+01:24:41	12:41
1570	770	Fernando Magalhães	batatas fit	Senior Masculino	02:06:51	+01:24:44	12:41
1571	1841	Sandra Silva	passito a passito	Senior Feminino	02:06:51	+01:24:44	12:41
1572	1842	Luis Peixoto	passito a passito	Senior Masculino	02:06:51	+01:24:44	12:41
1573	765	Susana Matos	batatas fit	Senior Feminino	02:06:55	+01:24:48	12:42

PROVA PRINCIPAL - STAGE 1
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R
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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1574	779	Luis Melo	batatas fit	Senior Masculino	02:06:55	+01:24:48	12:42
1575	755	Ines Martins	batatas fit	Senior Feminino	02:06:56	+01:24:49	12:42
1576	2059	Cecília Silva	sportcamp	Senior Feminino	02:07:22	+01:25:15	12:44
1577	2057	Carolina Tavares	sportcamp	Senior Feminino	02:07:30	+01:25:22	12:45
1578	2069	João moutinho	sportcamp	Senior Masculino	02:07:30	+01:25:23	12:45
1579	1746	Paulo Pedras	os intocáveis	Senior Masculino	02:07:48	+01:25:41	12:47
1580	1743	Sandra Bento	os intocáveis	Senior Feminino	02:07:50	+01:25:43	12:47
1581	1747	Pedro Santos	os intocáveis	Senior Masculino	02:07:51	+01:25:43	12:47
1582	1745	Mário Silva	os intocáveis	Senior Masculino	02:07:51	+01:25:44	12:47
1583	2351	Teresa Daniela Andrade	workout wellness and body care	Senior Feminino	02:07:56	+01:25:49	12:48
1584	1742	Mónica Pedras	os intocáveis	Senior Feminino	02:08:00	+01:25:52	12:48
1585	1740	Ana Bento	os intocáveis	Senior Feminino	02:08:03	+01:25:56	12:48
1586	1744	Frederico Sismeiro	os intocáveis	Senior Masculino	02:08:07	+01:26:00	12:49
1587	831	Pedro Freire	biofit racer's	Senior Masculino	02:08:22	+01:26:15	12:50
1588	824	Vera Valente	biofit racer's	Senior Feminino	02:08:22	+01:26:15	12:50
1589	825	Andre Cardoso	biofit racer's	Senior Masculino	02:08:22	+01:26:15	12:50
1590	829	Narciso Assunção	biofit racer's	Senior Masculino	02:08:22	+01:26:15	12:50
1591	823	Sonia Lourenço	biofit racer's	Senior Feminino	02:08:23	+01:26:15	12:50
1592	1485	Marta Isabel Silva Santos	just 4 fun	Senior Feminino	02:08:25	+01:26:18	12:50
1593	763	Raquel de Sousa	batatas fit	Senior Feminino	02:08:27	+01:26:20	12:51
1594	775	Jorge Caldas	batatas fit	Senior Masculino	02:08:27	+01:26:20	12:51
1595	750	Ana Maia	batatas fit	Senior Feminino	02:08:27	+01:26:20	12:51
1596	780	Mário Rocha	batatas fit	Senior Masculino	02:08:27	+01:26:20	12:51
1597	787	Pedro Sá	batatas fit	Senior Masculino	02:08:27	+01:26:20	12:51
1598	758	Mónica Carvalho	batatas fit	Senior Feminino	02:08:27	+01:26:20	12:51
1599	764	Sandra Rocha	batatas fit	Senior Feminino	02:08:27	+01:26:20	12:51
1600	771	Filipe Duarte	batatas fit	Senior Masculino	02:08:28	+01:26:20	12:51
1601	1488	Tiago Miguel Conceição Almeida	just 4 fun	Senior Masculino	02:08:28	+01:26:20	12:51
1602	777	José Couto	batatas fit	Senior Masculino	02:08:28	+01:26:21	12:51
1603	761	Patricia Salgado	batatas fit	Senior Feminino	02:08:28	+01:26:21	12:51
1604	767	Amadeu Gomes	batatas fit	Senior Masculino	02:08:29	+01:26:21	12:51
1605	766	Alberto Martins	batatas fit	Senior Masculino	02:08:29	+01:26:22	12:51
1606	759	Patricia Dias	batatas fit	Senior Feminino	02:08:29	+01:26:22	12:51
1607	769	Claudio Vilela	batatas fit	Senior Masculino	02:08:30	+01:26:22	12:51
1608	784	Nuno Pereira	batatas fit	Senior Masculino	02:08:31	+01:26:24	12:51
1609	774	Ivo Trindade	batatas fit	Senior Masculino	02:08:31	+01:26:24	12:51
1610	756	Joana Casimiro	batatas fit	Senior Feminino	02:08:32	+01:26:24	12:51
1611	1741	Ana Rita Santos	os intocáveis	Senior Feminino	02:08:33	+01:26:26	12:51
1612	2063	Sara Silva	sportcamp	Senior Feminino	02:08:38	+01:26:30	12:52
1613	752	Cláudia Duarte	batatas fit	Senior Feminino	02:08:38	+01:26:31	12:52
1614	786	Paulo Rodrigues	batatas fit	Senior Masculino	02:08:41	+01:26:34	12:52
1615	1310	Baltasar de Vasconcelos Dias Aroso	green gang	Senior Masculino	02:08:46	+01:26:39	12:53
1616	1309	Anabela Machado Reigoto	green gang	Senior Feminino	02:08:46	+01:26:39	12:53
1617	1312	Tiago Alves Borrego	green gang	Senior Masculino	02:08:46	+01:26:39	12:53
1618	1311	Fábio André Moreira da Silva	green gang	Senior Masculino	02:08:47	+01:26:39	12:53

PROVA PRINCIPAL - STAGE 1

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R
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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1619	1308	Ana Luísa Arteiro	green gang	Senior Feminino	02:08:47	+01:26:39	12:53
1620	1306	Alexandra Cruz	green gang	Senior Feminino	02:08:47	+01:26:39	12:53
1621	1307	Ana Beatriz Cruz	green gang	Senior Feminino	02:08:47	+01:26:39	12:53
1622	818	Joana Lemos	biofit racer's	Senior Feminino	02:08:48	+01:26:41	12:53
1623	816	Cristina Cardoso	biofit racer's	Senior Feminino	02:08:49	+01:26:41	12:53
1624	815	Carla Lacerda	biofit racer's	Senior Feminino	02:08:49	+01:26:42	12:53
1625	821	Maria Branco	biofit racer's	Senior Feminino	02:08:49	+01:26:42	12:53
1626	827	João Santos	biofit racer's	Senior Masculino	02:08:50	+01:26:42	12:53
1627	822	Maria João Tavares	biofit racer's	Senior Feminino	02:08:50	+01:26:42	12:53
1628	830	Paulo Capucho	biofit racer's	Senior Masculino	02:08:50	+01:26:43	12:53
1629	528	Inês Rafaela Fernandes Silva	100sacionais	Senior Feminino	02:08:53	+01:26:46	12:53
1630	525	Eva Beatriz da Silva Almeida	100sacionais	Senior Feminino	02:08:53	+01:26:46	12:53
1631	530	Joana Marques Castro	100sacionais	Senior Feminino	02:08:54	+01:26:47	12:53
1632	520	Adriana Neiva Mortágua	100sacionais	Senior Feminino	02:08:55	+01:26:47	12:53
1633	533	Maeva Lourenço Pereira	100sacionais	Senior Feminino	02:08:55	+01:26:48	12:54
1634	1585	Liliana Isabel Almeida Guimarães	misturas tónicas	Senior Feminino	02:09:35	+01:27:28	12:57
1635	1589	Teresa Manuela Vigário	misturas tónicas	Senior Feminino	02:09:35	+01:27:28	12:58
1636	1593	Marisa Samuel	misturas tónicas	Senior Feminino	02:09:35	+01:27:28	12:58
1637	2058	Catarina Rodrigues	sportcamp	Senior Feminino	02:09:54	+01:27:47	12:59
1638	2062	Sandra Oliveira	sportcamp	Senior Feminino	02:09:56	+01:27:48	13:00
1639	1948	João Conceição	ratapumbas 2nd round	Senior Masculino	02:11:05	+01:28:58	13:06
1640	1945	Cristiano Almeida	ratapumbas 2nd round	Senior Masculino	02:11:06	+01:28:59	13:07
1641	1944	Lucilia Silva	ratapumbas 2nd round	Senior Feminino	02:11:07	+01:28:59	13:07
1642	1947	Helder Lopes	ratapumbas 2nd round	Senior Masculino	02:11:07	+01:29:00	13:07
1643	1946	Domingos Rodrigues da Silva Vaz	ratapumbas 2nd round	Senior Masculino	02:11:07	+01:29:00	13:07
1644	1943	Andreia Silva	ratapumbas 2nd round	Senior Feminino	02:11:07	+01:29:00	13:07
1645	2031	Helga Cristina Pereira Mortágua	samba tribal	Senior Feminino	02:11:11	+01:29:03	13:07
1646	2026	Andreia Sofia Fonseca Pinto	samba tribal	Senior Feminino	02:11:11	+01:29:03	13:07
1647	2032	Inês Marques	samba tribal	Senior Feminino	02:11:11	+01:29:03	13:07
1648	2029	Diana Sousa Ribas	samba tribal	Senior Feminino	02:11:11	+01:29:04	13:07
1649	536	Mariana Pereira da Silva	100sacionais	Senior Feminino	02:11:57	+01:29:50	13:12
1650	529	Joana Couras	100sacionais	Senior Feminino	02:11:58	+01:29:50	13:12
1651	522	Ana Rita Brilhante Ferreira	100sacionais	Senior Feminino	02:11:58	+01:29:50	13:12
1652	537	Marta da Silva Ferreira da Costa	100sacionais	Senior Feminino	02:11:58	+01:29:51	13:12
1653	2267	José Carlos Cruz Lopes	tuttifrutti	Senior Masculino	02:12:15	+01:30:07	13:13
1654	2254	Lara Manuela Sousa Domingues	tuttifrutti	Senior Feminino	02:12:15	+01:30:08	13:14
1655	2256	Raquel Quadros Melo	tuttifrutti	Senior Feminino	02:12:16	+01:30:08	13:14
1656	523	Catarina Fernandes Lemos	100sacionais	Senior Feminino	02:12:21	+01:30:14	13:14
1657	539	Silvia Alexandra Soares Moura	100sacionais	Senior Feminino	02:12:22	+01:30:14	13:14
1658	2128	Pedro Aguiar	team sodida	Senior Masculino	02:12:48	+01:30:40	13:17
1659	2123	Rita Nunes	team sodida	Senior Feminino	02:12:48	+01:30:40	13:17
1660	2121	Ana Moreira	team sodida	Senior Feminino	02:12:48	+01:30:40	13:17

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1661	2126	Joaquim Mendes	team sodida	Senior Masculino	02:12:48	+01:30:41	13:17
1662	2131	Sandro Almeida	team sodida	Senior Masculino	02:12:48	+01:30:41	13:17
1663	2130	Rui Nunes	team sodida	Senior Masculino	02:12:48	+01:30:41	13:17
1664	2122	Filomena Silva	team sodida	Senior Feminino	02:12:48	+01:30:41	13:17
1665	2129	Pedro Silva	team sodida	Senior Masculino	02:12:48	+01:30:41	13:17
1666	2127	Paulo Valente	team sodida	Senior Masculino	02:12:48	+01:30:41	13:17
1667	2125	Armando Resende	team sodida	Senior Masculino	02:12:48	+01:30:41	13:17
1668	2124	André Mendes	team sodida	Senior Masculino	02:12:48	+01:30:41	13:17
1669	2414	Rui Santos	os únicos	Senior Masculino	02:13:18	+01:31:11	13:20
1670	2415	Liliana Soares	os únicos	Senior Feminino	02:13:19	+01:31:11	13:20
1671	2417	Andreia Correia	os únicos	Senior Feminino	02:13:31	+01:31:24	13:21
1672	1334	IGOR FRANCISCO NETO RODRIGUES	gs morenos	Senior Masculino	02:14:03	+01:31:56	13:24
1673	1223	teresa faria	equilíbrio e saude	Senior Feminino	02:14:09	+01:32:02	13:25
1674	1221	maria bastos	equilíbrio e saude	Senior Feminino	02:14:10	+01:32:02	13:25
1675	727	Soraia Pinho Duarte	as vareiras	Senior Feminino	02:15:16	+01:33:09	13:32
1676	725	Andréa Ventura	as vareiras	Senior Feminino	02:15:16	+01:33:09	13:32
1677	726	Filipa Pinho Duarte	as vareiras	Senior Feminino	02:15:17	+01:33:09	13:32
1678	2027	Beatriz Ramos	samba tribal	Senior Feminino	02:15:38	+01:33:31	13:34
1679	2034	Rita Fernanda Reis Coleta Portas	samba tribal	Senior Feminino	02:15:38	+01:33:31	13:34
1680	2043	Vitor Ramos	samba tribal	Senior Masculino	02:15:38	+01:33:31	13:34
1681	589	Tânia Pimenta	8.2 arrosinhos	Senior Feminino	02:15:42	+01:33:35	13:34
1682	596	Miguel Correia	8.2 arrosinhos	Senior Masculino	02:15:42	+01:33:35	13:34
1683	602	Ricardo Gonçalves	8.2 arrosinhos	Senior Masculino	02:15:42	+01:33:35	13:34
1684	926	Bruna Catarina Henriques da Silva Gonçalves	ccdveiros	Senior Feminino	02:16:44	+01:34:37	13:40
1685	924	Ana Carolina Teixeira Granja	ccdveiros	Senior Feminino	02:16:45	+01:34:37	13:40
1686	925	Barbara Melo	ccdveiros	Senior Feminino	02:16:45	+01:34:37	13:40
1687	1320	JOANA ALEXANDRA PINTO MOREIRA	gs morenos	Senior Feminino	02:16:58	+01:34:51	13:42
1688	1316	CLÁUDIA FILIPA FERREIRA DA SILVA	gs morenos	Senior Feminino	02:17:01	+01:34:54	13:42
1689	1330	DANIEL JOAQUIM PEREIRA MARTINS	gs morenos	Senior Masculino	02:17:56	+01:35:48	13:48
1690	1328	ANTÓNIO JOSÉ TEIXEIRA REBELO	gs morenos	Senior Masculino	02:17:57	+01:35:50	13:48
1691	2177	ANTÓNIO MANUEL DOS SANTOS SOARES	torre	Senior Masculino	02:18:17	+01:36:10	13:50
1692	2182	DIAMANTINO FERNANDO GOMES VIEIRA	torre	Senior Masculino	02:18:18	+01:36:11	13:50
1693	2169	ANA RAMALHO	torre	Senior Feminino	02:18:20	+01:36:12	13:50
1694	2286	Conceição Maria Pereira Pessoa	vai quem quer	Senior Feminino	02:19:05	+01:36:58	13:55
1695	1565	Micael Cunha	marretas	Senior Masculino	02:19:50	+01:37:43	13:59
1696	1563	Marta Couras	marretas	Senior Feminino	02:19:50	+01:37:43	13:59
1697	1559	Dora Sofia Oliveira Silva	marretas	Senior Feminino	02:19:50	+01:37:43	13:59
1698	1560	Elise Cunha	marretas	Senior Feminino	02:19:51	+01:37:44	13:59
1699	1561	Isabel Maria Oliveira Silva	marretas	Senior Feminino	02:19:53	+01:37:46	13:59

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1700	1564	João Couras	marretas	Senior Masculino	02:19:54	+01:37:46	13:59
1701	930	Adelaide Pereira	century21 salinas	Senior Feminino	02:21:17	+01:39:10	14:08
1702	1226	nuno barbosa	equilibrio e saude	Senior Masculino	02:21:21	+01:39:14	14:08
1703	1220	maria barbosa	equilibrio e saude	Senior Feminino	02:21:22	+01:39:15	14:08
1704	2080	horacio abrantas pereira	talabrigae ex libris	Senior Masculino	02:21:29	+01:39:21	14:09
1705	2075	anabela moreira de bastos vidal	talabrigae ex libris	Senior Feminino	02:21:29	+01:39:22	14:09
1706	2076	isabel fernanda marques fonseca	talabrigae ex libris	Senior Feminino	02:21:29	+01:39:22	14:09
1707	2078	marina isabel andrade abranche	talabrigae ex libris	Senior Feminino	02:21:29	+01:39:22	14:09
1708	2082	marco filipe marques araujo	talabrigae ex libris	Senior Masculino	02:21:29	+01:39:22	14:09
1709	2083	paulo manuel marcelino marques	talabrigae ex libris	Senior Masculino	02:21:29	+01:39:22	14:09
1710	2077	maria augusta pereira marques	talabrigae ex libris	Senior Feminino	02:21:30	+01:39:22	14:09
1711	2084	ricardo antonio rodrigues marcelino	talabrigae ex libris	Senior Masculino	02:21:30	+01:39:23	14:09
1712	1102	João Paulo Castro Martins	crossfit couto	Senior Masculino	02:22:03	+01:39:55	14:12
1713	1096	Fábio Miguel Correia dos Santos	crossfit couto	Senior Masculino	02:22:03	+01:39:56	14:12
1714	1088	Patrícia Santos Nogueira	crossfit couto	Senior Feminino	02:22:12	+01:40:05	14:13
1715	1085	Catarina Maria Santos Barbosa	crossfit couto	Senior Feminino	02:22:18	+01:40:11	14:14
1716	2272	Rui Miguel Rodrigues Soares	tuttifrutti	Senior Masculino	02:22:23	+01:40:16	14:14
1717	1095	Diogo Oliveira Paiva	crossfit couto	Senior Masculino	02:22:23	+01:40:16	14:14
1718	2255	Maria Dolores Garrido Soares Melo	tuttifrutti	Senior Feminino	02:22:24	+01:40:17	14:14
1719	2263	Carlos Miguel Marques Melo	tuttifrutti	Senior Masculino	02:22:27	+01:40:20	14:15
1720	1217	ana soares	equilibrio e saude	Senior Feminino	02:22:29	+01:40:21	14:15
1721	1222	silvia domingos tomaz	equilibrio e saude	Senior Feminino	02:22:29	+01:40:21	14:15
1722	2274	Tiago José Dias Valente	tuttifrutti	Senior Masculino	02:22:29	+01:40:22	14:15
1723	1224	francisco oliveira	equilibrio e saude	Senior Masculino	02:22:29	+01:40:22	14:15
1724	2253	Inês Quadros Lopes	tuttifrutti	Senior Feminino	02:22:30	+01:40:22	14:15
1725	2259	Sónia Marina Gomes Seabra	tuttifrutti	Senior Feminino	02:23:15	+01:41:07	14:19
1726	920	Luis Paulo Nunes Caldeira	caracóis do asfalto	Senior Masculino	02:23:19	+01:41:11	14:20
1727	2258	Silvia Maria Fontoura de Sousa	tuttifrutti	Senior Feminino	02:23:20	+01:41:13	14:20
1728	2252	Fernanda Zulmira Oliveira Quadros	tuttifrutti	Senior Feminino	02:23:20	+01:41:13	14:20
1729	2250	Carla Alexandra Quadros Lopes	tuttifrutti	Senior Feminino	02:23:20	+01:41:13	14:20
1730	2251	Claudia Marina Rodrigues Terceiro Serafino	tuttifrutti	Senior Feminino	02:23:21	+01:41:14	14:20
1731	2271	Rui Manuel Lemos Dias	tuttifrutti	Senior Masculino	02:23:21	+01:41:14	14:20
1732	2266	José Augusto Sá Melo	tuttifrutti	Senior Masculino	02:23:21	+01:41:14	14:20
1733	2268	José Carlos Quadros Antão	tuttifrutti	Senior Masculino	02:23:21	+01:41:14	14:20
1734	921	Mario Alexandre Campos Pinto	caracóis do asfalto	Senior Masculino	02:23:23	+01:41:16	14:20
1735	1658	Tiago Pinho Freitas Pinheiro	opticaliaestarreja	Senior Masculino	02:23:24	+01:41:17	14:20
1736	1652	Maria Manuela Jesus Craveiro	opticaliaestarreja	Senior Feminino	02:23:26	+01:41:19	14:21
1737	1655	Bruno Miguel Fernandes Pereira	opticaliaestarreja	Senior Masculino	02:23:27	+01:41:20	14:21

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1738	914	Vitória Loureiro dos Louros	caracóis do asfalto	Senior Feminino	02:23:28	+01:41:20	14:21
1739	509	Diana Arrojado Rodrigues	@'s	Senior Feminino	02:23:34	+01:41:27	14:21
1740	508	Ana Cláudia Valente Arrojado Rodrigues	@'s	Senior Feminino	02:23:37	+01:41:29	14:22
1741	510	Susana Isabel Pereira de Castro	@'s	Senior Feminino	02:23:37	+01:41:30	14:22
1742	910	Claudia Sofia Verdade Simões	caracóis do asfalto	Senior Feminino	02:24:02	+01:41:55	14:24
1743	1456	Ivo de Oliveira Almeida	individual	Senior Masculino	02:24:26	+01:42:19	14:27
1744	2291	Marlene Alexandra eles Andrade Rodrigues	vai quem quer	Senior Feminino	02:24:26	+01:42:19	14:27
1745	1444	Mariana Vale Almeida	individual	Senior Feminino	02:24:26	+01:42:19	14:27
1746	2290	Mariana Andreia Teles Andrad	vai quem quer	Senior Feminino	02:24:26	+01:42:19	14:27
1747	2298	João Pedro Monteiro Rodrigues	vai quem quer	Senior Masculino	02:24:26	+01:42:19	14:27
1748	2297	João Pedro Andrade Rodrigue	vai quem quer	Senior Masculino	02:24:26	+01:42:19	14:27
1749	1324	MARTA MARQUES CORREIA	gs morenos	Senior Feminino	02:25:34	+01:43:27	14:33
1750	1318	FILIPA MUGEIRO DE CARVALHO	gs morenos	Senior Feminino	02:25:35	+01:43:28	14:33
1751	1338	LUÍS FILIPE FERNANDES CORREIA	gs morenos	Senior Masculino	02:25:37	+01:43:30	14:34
1752	1332	GABRIEL DINIS CARDOSO SILVA	gs morenos	Senior Masculino	02:25:38	+01:43:31	14:34
1753	915	André Filipe Moreira dos Santos	caracóis do asfalto	Senior Masculino	02:25:41	+01:43:34	14:34
1754	1331	FÁBIO EMANUEL SIMÕES CARDOSO	gs morenos	Senior Masculino	02:25:42	+01:43:35	14:34
1755	1315	CÉLIA MARIA SILVA PINTO	gs morenos	Senior Feminino	02:25:43	+01:43:36	14:34
1756	1314	CARLA SOFIA SILVA REBEL	gs morenos	Senior Feminino	02:25:43	+01:43:36	14:34
1757	1317	CRISTINA MARIA MARQUES SOARES CASTRO	gs morenos	Senior Feminino	02:25:44	+01:43:37	14:34
1758	1313	ANA SOFIA DA CONCEIÇÃO ALMEIDA	gs morenos	Senior Feminino	02:25:45	+01:43:37	14:34
1759	1339	LUIS MIGUEL CONCEIÇÃO ALMEIDA	gs morenos	Senior Masculino	02:25:45	+01:43:38	14:35
1760	1329	APOLO MANUEL MORTÁGUA CORREIA	gs morenos	Senior Masculino	02:25:46	+01:43:39	14:35
1761	1340	MARIO SERGIO LOPES CASTRO	gs morenos	Senior Masculino	02:25:48	+01:43:40	14:35
1762	912	Sofia Maria Conceição Maia	caracóis do asfalto	Senior Feminino	02:25:54	+01:43:47	14:35
1763	922	Simão Pedro Pereira de Oliveira	caracóis do asfalto	Senior Masculino	02:25:59	+01:43:51	14:36
1764	913	Sónia Maria Conceição Maia	caracóis do asfalto	Senior Feminino	02:26:00	+01:43:53	14:36
1765	1516	Rui Carapinha	lt2 consulting	Senior Masculino	02:26:00	+01:43:53	14:36
1766	1502	Helena Nogueira	lt2 consulting	Senior Feminino	02:26:01	+01:43:54	14:36
1767	1505	Maria Nogueira	lt2 consulting	Senior Feminino	02:26:03	+01:43:55	14:36
1768	911	Sandra Cristina Cardoso da Ana	caracóis do asfalto	Senior Feminino	02:26:03	+01:43:56	14:36
1769	919	Luis Miguel Simões	caracóis do asfalto	Senior Masculino	02:26:19	+01:44:12	14:38
1770	534	Maria de Luz Lario de Jesus	100sacionais	Senior Feminino	02:27:30	+01:45:23	14:45
1771	526	Gabriela de Jesus Campos	100sacionais	Senior Feminino	02:28:02	+01:45:54	14:48
1772	1129	Ana Silva	da bitchez	Senior Feminino	02:28:42	+01:46:35	14:52

PROVA PRINCIPAL - STAGE 1

10 KM

R
REVISED

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1773	547	Ricardo Lopes	100sacionais	Senior Masculino	02:28:50	+01:46:42	14:53
1774	531	Joana Soares de Almeida	100sacionais	Senior Feminino	02:28:50	+01:46:43	14:53
1775	1141	Gersão Machado	da bitchez	Senior Masculino	02:29:05	+01:46:58	14:55
1776	1137	Tânia Gonçalves	da bitchez	Senior Feminino	02:29:06	+01:46:59	14:55
1777	1132	Margarida Prata	da bitchez	Senior Feminino	02:29:07	+01:47:00	14:55
1778	1130	Daniela Ferreira	da bitchez	Senior Feminino	02:29:07	+01:47:00	14:55
1779	1146	Rui Mota	da bitchez	Senior Masculino	02:29:07	+01:47:00	14:55
1780	1139	André Mota	da bitchez	Senior Masculino	02:29:08	+01:47:01	14:55
1781	1135	Sandra Carvalho	da bitchez	Senior Feminino	02:29:08	+01:47:01	14:55
1782	1131	Joana Amaro	da bitchez	Senior Feminino	02:29:08	+01:47:01	14:55
1783	1140	Diogo Pestana	da bitchez	Senior Masculino	02:29:08	+01:47:01	14:55
1784	1142	Jorge Vivas	da bitchez	Senior Masculino	02:29:08	+01:47:01	14:55
1785	1136	Sofia Vilela	da bitchez	Senior Feminino	02:29:09	+01:47:01	14:55
1786	1138	Teresa Machado	da bitchez	Senior Feminino	02:29:09	+01:47:02	14:55
1787	1143	Manuel João Sousa	da bitchez	Senior Masculino	02:29:09	+01:47:02	14:55
1788	1144	Paulo Alexandre	da bitchez	Senior Masculino	02:29:09	+01:47:02	14:55
1789	1133	Maria Antónia Ferreira	da bitchez	Senior Feminino	02:29:10	+01:47:02	14:55
1790	1604	Fernando Marques	ninja team	Senior Masculino	02:29:39	+01:47:32	14:58
1791	1509	Fernando Silva	lt2 consulting	Senior Masculino	02:30:04	+01:47:57	15:00
1792	1511	Hugo Moreira	lt2 consulting	Senior Masculino	02:30:05	+01:47:58	15:01
1793	1507	Rosa Ascensão	lt2 consulting	Senior Feminino	02:30:09	+01:48:01	15:01
1794	1504	Magda Leitão	lt2 consulting	Senior Feminino	02:30:11	+01:48:04	15:01
1795	1513	Lucas Leitão	lt2 consulting	Senior Masculino	02:30:11	+01:48:04	15:01
1796	1514	Paulo Leitão	lt2 consulting	Senior Masculino	02:30:11	+01:48:04	15:01
1797	1510	Francisco Oliveira	lt2 consulting	Senior Masculino	02:30:11	+01:48:04	15:01
1798	751	Carla Canha	batatas fit	Senior Feminino	02:31:43	+01:49:36	15:10
1799	754	Fernanda Teixeira	batatas fit	Senior Feminino	02:31:43	+01:49:36	15:10
1800	762	Paula Moura	batatas fit	Senior Feminino	02:31:44	+01:49:36	15:10
1801	577	Dulce Fernandes	8.2 arrosinhos	Senior Feminino	02:39:08	+01:57:00	15:55
1802	572	Angelina Oliveira	8.2 arrosinhos	Senior Feminino	02:39:10	+01:57:03	15:55
1803	583	Linete Saraiva	8.2 arrosinhos	Senior Feminino	02:39:10	+01:57:03	15:55
1804	1653	Solange Machado	opticaliaestarreja	Senior Feminino	02:39:32	+01:57:25	15:57
1805	1651	Graciosa Silva	opticaliaestarreja	Senior Feminino	02:39:32	+01:57:25	15:57
1806	1657	Roberto Barbosa	opticaliaestarreja	Senior Masculino	02:39:32	+01:57:25	15:57
1807	1219	estefania costa	equilibrio e saude	Senior Feminino	02:43:29	+02:01:22	16:21
1808	1216	ana rebelo	equilibrio e saude	Senior Feminino	02:43:32	+02:01:25	16:21
1809	1225	nelson lages	equilibrio e saude	Senior Masculino	02:43:33	+02:01:26	16:21
1810	693	Ana Filipa Cordeiro Pires	arsenal de canelas	Senior Feminino	02:50:34	+02:08:27	17:03
1811	696	Florbela Irene Montenegro Osório da Vinha	arsenal de canelas	Senior Feminino	02:50:34	+02:08:27	17:03
1812	701	Maria de Fátima da Silva Pereira Vaz	arsenal de canelas	Senior Feminino	02:50:34	+02:08:27	17:03
1813	703	Sandra Isabel Conceição Almeida	arsenal de canelas	Senior Feminino	02:50:34	+02:08:27	17:03
1814	698	Janeth Ferreira Sousa	arsenal de canelas	Senior Feminino	02:50:34	+02:08:27	17:03
1815	704	Vera Sandra Montenegro Osório da Vinha	arsenal de canelas	Senior Feminino	02:50:35	+02:08:27	17:03

PROVA PRINCIPAL - STAGE 1

10 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1816	695	Ana Sofia Tavares Católico	arsenal de canelas	Senior Feminino	02:50:35	+02:08:27	17:03
1817	694	Ana Rita Esteves Costa	arsenal de canelas	Senior Feminino	02:50:35	+02:08:28	17:03
1818	723	Vitor Manuel da Silva Oliveira	arsenal de canelas	Senior Masculino	02:50:35	+02:08:28	17:04
1819	2112	João Reis	tartarugas	Senior Masculino	02:51:35	+02:09:28	17:09
1820	2105	Paula Sona	tartarugas	Senior Feminino	02:51:38	+02:09:30	17:10
1821	2108	Susana Silva	tartarugas	Senior Feminino	02:51:38	+02:09:31	17:10
1822	2101	Gina Fernandes	tartarugas	Senior Feminino	02:54:14	+02:12:07	17:25
1823	2109	Vânia Fonseca	tartarugas	Senior Feminino	02:54:14	+02:12:07	17:25
1824	2099	Emília Vaz	tartarugas	Senior Feminino	03:02:46	+02:20:39	18:17
1825	2103	Márcia Pereira	tartarugas	Senior Feminino	03:02:47	+02:20:39	18:17
1826	2102	Liliana Batista	tartarugas	Senior Feminino	03:02:47	+02:20:40	18:17
1827	2104	Nini	tartarugas	Senior Feminino	03:02:47	+02:20:40	18:17
1828	2114	Paulo Gomes	tartarugas	Senior Masculino	03:02:47	+02:20:40	18:17
1829	2110	Viviana Peralta	tartarugas	Senior Feminino	03:02:49	+02:20:41	18:17
1830	2098	Daniela Pinto	tartarugas	Senior Feminino	03:02:49	+02:20:41	18:17
1831	2113	Jorge Machado	tartarugas	Senior Masculino	03:02:49	+02:20:42	18:17
1832	2116	Tiago Almeida	tartarugas	Senior Masculino	03:02:50	+02:20:42	18:17
1833	2095	Ana Cláudia	tartarugas	Senior Feminino	03:02:50	+02:20:42	18:17
1834	2097	Carla Machado	tartarugas	Senior Feminino	03:02:50	+02:20:43	18:17
1835	2107	Sónia Pereira	tartarugas	Senior Feminino	03:02:50	+02:20:43	18:17
1836	2118	Toninho	tartarugas	Senior Masculino	03:02:50	+02:20:43	18:17
1837	2096	Ana Santos	tartarugas	Senior Feminino	03:02:50	+02:20:43	18:17

Prova Principal

10 KM



OFFICIAL RESULT

38	1325	PATRICIA ALEXANDRA CARDOSO SILVA	GS MORENOS	Senior Feminino	01:09:10	+27:03	06:55
39	742	Manuela Abelha	Aventureiros	Senior Feminino	01:09:17	+27:10	06:56
40	2242	Carina Pereira	Turminha	Senior Feminino	01:09:21	+27:13	06:56
41	1949	Ana Catarina Venda da Fonseca	Resistentes de Azeméis	Senior Feminino	01:09:22	+27:14	06:56
42	82	Alda Patrícia Azevedo Ribeiro	Individual	Senior Feminino	01:09:25	+27:18	06:56
43	1981	Monica Raquel Diogo Coimbra	RIJOS E POTENTES	Senior Feminino	01:09:43	+27:36	06:58
44	1666	Joana Silva Marques	Ori-Estarreja	Senior Feminino	01:09:49	+27:41	06:59
45	1572	Joselina Reis Antunes	Med Runners	Senior Feminino	01:09:55	+27:48	07:00
46	97	Maria João Almeida	KO Health Club	Senior Feminino	01:09:55	+27:48	07:00
47	2275	Aida Queirós	Unbroken Fun	Senior Feminino	01:10:11	+28:04	07:01
48	1012	Mary Lourenço	Corpo Culto	Senior Feminino	01:10:14	+28:07	07:01
49	657	Ana Moutela	Amigos do Brock	Senior Feminino	01:10:20	+28:13	07:02
50	2348	Sara Filipa Lopes Almeida	WorKOut Wellness and Body care	Senior Feminino	01:11:12	+29:05	07:07
51	1664	Inês Aires	Ori-Estarreja	Senior Feminino	01:11:18	+29:11	07:08
52	691	Adriana Carolina Lopes Amador de Pinho	Arsenal de Canelas	Senior Feminino	01:12:26	+30:19	07:15
53	1407	Anabela Leite	Hot Water	Senior Feminino	01:12:31	+30:24	07:15
54	1907	Helena Oliveira	Polisport	Senior Feminino	01:12:43	+30:36	07:16
55	1571	Ana Margarida Monteiro Peixoto	Med Runners	Senior Feminino	01:12:49	+30:41	07:17
56	1951	Florbelas Marques Queiroz	Resistentes de Azeméis	Senior Feminino	01:12:56	+30:49	07:18
57	1371	Cristina Oliveira	GYMPRO	Senior Feminino	01:12:59	+30:52	07:18
58	96	Isabel Araujo	KO Health Club	Senior Feminino	01:13:02	+30:55	07:18
59	699	Margarida Alves de Sousa	Arsenal de Canelas	Senior Feminino	01:13:09	+31:02	07:19
60	692	Adriana Isabel Pereira de Sousa	Arsenal de Canelas	Senior Feminino	01:13:10	+31:03	07:19
61	99	Ni Pinto	KO Health Club	Senior Feminino	01:13:20	+31:13	07:20
62	1714	Daniela Silva	Os Fo(d)tes!	Senior Feminino	01:13:24	+31:17	07:20
63	1713	Ana Luísa Silva	Os Fo(d)tes!	Senior Feminino	01:13:24	+31:17	07:20
64	1715	Manuela Marques	Os Fo(d)tes!	Senior Feminino	01:13:24	+31:17	07:20
65	1302	Ana Sofia Vidal	GESINSERDE TEAM	Senior Feminino	01:13:32	+31:25	07:21
66	1010	Eunice Quintas	Corpo Culto	Senior Feminino	01:13:32	+31:25	07:21
67	1011	Karina Martins Amarante	Corpo Culto	Senior Feminino	01:13:32	+31:25	07:21
68	1009	Dina Sereno	Corpo Culto	Senior Feminino	01:13:32	+31:25	07:21
69	92	Catarina Gomes Campos	KO Health Club	Senior Feminino	01:13:36	+31:29	07:22
70	43	Sónia Rodrigues	Be5Team by Be-Fit Aveiro	Senior Feminino	01:13:48	+31:41	07:23
71	1530	Andreia Ferreira	Lux Health Club	Senior Feminino	01:13:58	+31:51	07:24
72	2197	Mónica Paiva	Torreira Runners	Senior Feminino	01:14:00	+31:53	07:24
73	802	Mariana Tavares	Bioapasso	Senior Feminino	01:14:15	+32:08	07:25
74	1660	Ana Jorge Silva	Ori-Estarreja	Senior Feminino	01:14:17	+32:10	07:26
75	1576	Solange Oliveira	Melindra Team	Senior Feminino	01:14:22	+32:15	07:26
76	973	Maria Alves	CIRES_RUNNING-TEAM	Senior Feminino	01:14:25	+32:18	07:26
77	86	Marta Melissa dos Santos Paulos	Individual	Senior Feminino	01:14:51	+32:44	07:29
78	2328	Andreia Sofia Marques Pereira	WorKOut Wellness and Body care	Senior Feminino	01:15:17	+33:09	07:32
79	1888	Ana Márcia	Phunkeiros	Senior Feminino	01:15:33	+33:26	07:33
80	12	Beckas Nascimento	B.T.M.	Senior Feminino	01:15:43	+33:36	07:34
81	22	Sara Nascimento	B.T.M.	Senior Feminino	01:15:44	+33:36	07:34
82	1433	Ana Patricia Martins Nunes	Individual	Senior Feminino	01:15:53	+33:46	07:35

Prova Principal**10 KM****R**
REVISEDLAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

83	1026	Isabel Marques	Correio de Albergaria Trail Running	Senior Feminino	01:16:34	+34:27	07:39
84	1040	Teresa Cristina Santos	Correio de Albergaria Trail Running	Senior Feminino	01:16:35	+34:27	07:39
85	2138	Carla Alexandra Pinho Barbosa Dias	Temporal Team	Senior Feminino	01:16:44	+34:37	07:40
86	871	Alice Moreira	BravoAlfa5	Senior Feminino	01:16:45	+34:37	07:40
87	872	Rute Ribeiro	BravoAlfa5	Senior Feminino	01:16:45	+34:37	07:40
88	2139	Liliana Gomes	Temporal Team	Senior Feminino	01:16:45	+34:37	07:40
89	93	Célia Mendes	KO Health Club	Senior Feminino	01:16:47	+34:40	07:41
90	41	Inês Pinto	Be5Team by Be-Fit Aveiro	Senior Feminino	01:17:01	+34:54	07:42
91	1796	Ana Paula Lima Mariano	Ovar HC	Senior Feminino	01:17:19	+35:12	07:44
92	1950	Célia Aguiar	Resistentes de Azeméis	Senior Feminino	01:17:41	+35:34	07:46
93	1518	Raquel Vieira	LTPmudlabs	Senior Feminino	01:18:21	+36:14	07:50
94	1876	Susana Nunes	Photo Runners	Senior Feminino	01:18:47	+36:40	07:53
95	1369	Carla Ferreira	GYMPRO	Senior Feminino	01:18:53	+36:46	07:53
96	1373	Diana Leite Costa	GYMPRO	Senior Feminino	01:18:53	+36:46	07:53
97	1489	LILIANA RAQUEL LIMA COSTA	LIMASS	Senior Feminino	01:19:00	+36:53	07:54
98	2119	Rita Madeil	Team lá de casa	Senior Feminino	01:19:01	+36:53	07:54
99	862	Sandra Almeida	Boa "Vai" Ela	Senior Feminino	01:19:23	+37:16	07:56
100	860	Ana Castro	Boa "Vai" Ela	Senior Feminino	01:19:23	+37:16	07:56
101	1952	Maria José Soares Moreira	Resistentes de Azeméis	Senior Feminino	01:19:24	+37:17	07:56
102	2319	Ana Eva Tavares Salgueiro	WorkOut Wellness and Body care	Senior Feminino	01:19:32	+37:25	07:57
103	1021	ANA BAPTISTA	Correio de Albergaria Trail Running	Senior Feminino	01:20:00	+37:53	08:00
104	2287	DENISE ARROJADO SILVA	VAI QUEM QUER	Senior Feminino	01:20:22	+38:15	08:02
105	1484	Maria Inês Teixeira Mão-Cheia	just 4 fun	Senior Feminino	01:20:24	+38:17	08:02
106	95	Fatima Costa	KO Health Club	Senior Feminino	01:20:28	+38:20	08:03
107	586	SMonica	8.2 Arroshinhos	Senior Feminino	01:20:34	+38:27	08:03
108	1187	Daniela Branco	Dynamic Life - MuayThai	Senior Feminino	01:20:37	+38:30	08:04
109	2052	Sandra Rocha	Somamaratonas	Senior Feminino	01:20:45	+38:38	08:05
110	2046	Catarina Oliveira	Somamaratonas	Senior Feminino	01:20:46	+38:38	08:05
111	931	Anaís Pinto	CENTURY21 Salinas	Senior Feminino	01:20:54	+38:47	08:05
112	2089	Joana Martins Vaz Santiago	TALAMAL RADICAL	Senior Feminino	01:20:58	+38:50	08:06
113	972	Ligia Casimiro	CIRES_RUNNING-TEAM	Senior Feminino	01:21:26	+39:19	08:09
114	1938	Miriam Rodrigues Oliveira Fernandes	Rainha Albergaria	Senior Feminino	01:21:31	+39:24	08:09
115	1439	Inês Matos	Individual	Senior Feminino	01:21:50	+39:43	08:11
116	1985	Solange Silva	RIJOS E POTENTES	Senior Feminino	01:21:52	+39:45	08:11
117	1089	Sandra Catarina de Almeida Morais	CrossFit Couto	Senior Feminino	01:22:05	+39:58	08:13
118	2283	ANABELA ARROJADO	VAI QUEM QUER	Senior Feminino	01:22:16	+40:09	08:14
119	1276	Sonia Cristina Soares Silva	Fit Race	Senior Feminino	01:22:31	+40:23	08:15
120	1323	MÁRCIA CATARINA DA SILVA FONSECA	GS MORENOS	Senior Feminino	01:22:32	+40:25	08:15
121	2144	ANGELA MARIA MELRO CORREIA	TENSAI	Senior Feminino	01:22:39	+40:31	08:16
122	1275	Rita Maria Dias Fonseca Arrojado	Fit Race	Senior Feminino	01:22:46	+40:39	08:17
123	971	Isabel Enes	CIRES_RUNNING-TEAM	Senior Feminino	01:22:54	+40:47	08:17
124	1023	Catarina silva	Correio de Albergaria Trail Running	Senior Feminino	01:22:58	+40:51	08:18
125	1035	Rita Coelho	Correio de Albergaria Trail Running	Senior Feminino	01:23:00	+40:53	08:18
126	2206	Ângela Ferreira	Tropa de Elite	Senior Feminino	01:23:04	+40:56	08:18
127	2143	ANA CAROLINA BATISTA LIMA	TENSAI	Senior Feminino	01:23:04	+40:56	08:18
128	2054	Ana Paula	Sport Rugby	Senior Feminino	01:23:56	+41:49	08:24

Prova Principal

10 KM

OFFICIAL RESULT

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129	2056	Vanessa Santos	Sport Rugby	Senior Feminino	01:23:56	+41:49	08:24
130	2055	Daniela Correia	Sport Rugby	Senior Feminino	01:23:56	+41:49	08:24
131	1818	Ana Mafalda Santos Alves	Ovarinos	Senior Feminino	01:24:13	+42:06	08:25
132	992	Ana Luisa Marques Mano	Clube Desportivo De Estarreja - Secção de Natação	Senior Feminino	01:24:37	+42:30	08:28
133	1748	Ana Abreu	Os Lusitanos	Senior Feminino	01:24:45	+42:38	08:29
134	1751	Gabriela Domingues	Os Lusitanos	Senior Feminino	01:24:45	+42:38	08:29
135	956	Juliana Carvalho	Challenge Force	Senior Feminino	01:24:47	+42:40	08:29
136	2092	Susana Cristina da Silva Alegria	TALAMAL RADICAL	Senior Feminino	01:24:50	+42:42	08:29
137	2086	Ana Maria Silva Fonseca	TALAMAL RADICAL	Senior Feminino	01:24:50	+42:43	08:29
138	1411	João Loureiro	Hot Water	Senior Feminino	01:25:19	+43:12	08:32
139	1752	Mariana Pandeirada	Os Lusitanos	Senior Feminino	01:25:19	+43:12	08:32
140	906	SUSANA DUARTE	CAL - Clube Atletismo de Lamas	Senior Feminino	01:25:41	+43:34	08:34
141	905	SARA COELHO	CAL - Clube Atletismo de Lamas	Senior Feminino	01:25:41	+43:34	08:34
142	1347	Margarida Maia	Guerreiros Madrugadores Loucos por Meias	Senior Feminino	01:25:44	+43:37	08:34
143	1343	Carla Rosa	Guerreiros Madrugadores Loucos por Meias	Senior Feminino	01:25:44	+43:37	08:34
144	1344	Ana Sousa	Guerreiros Madrugadores Loucos por Meias	Senior Feminino	01:25:44	+43:37	08:34
145	1346	Laura Oliveira	Guerreiros Madrugadores Loucos por Meias	Senior Feminino	01:25:44	+43:37	08:34
146	1345	Inês Martins	Guerreiros Madrugadores Loucos por Meias	Senior Feminino	01:25:44	+43:37	08:34
147	1412	Sara Branco	Hot Water	Senior Feminino	01:26:08	+44:01	08:37
148	1409	Catarina Ribães	Hot Water	Senior Feminino	01:26:08	+44:01	08:37
149	1801	MARTA BASTOS	Ovar HC	Senior Feminino	01:26:08	+44:01	08:37
150	2277	Sandra Valente	Unbroken Fun	Senior Feminino	01:26:12	+44:05	08:37
151	1690	Carla Alexandra Silva Guedes	OS BRANCOS DO RACE	Senior Feminino	01:26:36	+44:29	08:40
152	1694	Sylvia dos Santos Perdigão	OS BRANCOS DO RACE	Senior Feminino	01:26:36	+44:29	08:40
153	1691	Cristiana Marisa dos Santos Gomes Oliveira	OS BRANCOS DO RACE	Senior Feminino	01:26:36	+44:29	08:40
154	1692	Elisabete Carla de Jesus Pinto Coutinho	OS BRANCOS DO RACE	Senior Feminino	01:26:37	+44:29	08:40
155	1693	Elvira Sousa Silva	OS BRANCOS DO RACE	Senior Feminino	01:26:37	+44:30	08:40
156	1149	Rosa Pires	Danipack Team Power	Senior Feminino	01:26:59	+44:51	08:42
157	1148	Rita Sá	Danipack Team Power	Senior Feminino	01:27:11	+45:03	08:43
158	38	Carla Santos	Be5Team by Be-Fit Aveiro	Senior Feminino	01:27:13	+45:06	08:43
159	37	Ana Pires	Be5Team by Be-Fit Aveiro	Senior Feminino	01:27:13	+45:06	08:43
160	1663	Filipa Castro	Ori-Estarreja	Senior Feminino	01:27:24	+45:16	08:44
161	1661	Carina Castro	Ori-Estarreja	Senior Feminino	01:27:31	+45:24	08:45
162	2341	Marta Alexandra Aguiar Marques	WorkOut Wellness and Body care	Senior Feminino	01:27:57	+45:50	08:48
163	502	Maria Gil	#DeusNoComando	Senior Feminino	01:28:02	+45:55	08:48
164	2330	Cláudia Marisa Rodrigues Fernandes	WorkOut Wellness and Body care	Senior Feminino	01:28:03	+45:56	08:48
165	521	Alexandra Mortágua	100sacionais	Senior Feminino	01:28:47	+46:40	08:53
166	19	Monica Soares	B.T.M.	Senior Feminino	01:28:48	+46:41	08:53
167	15	Cris Oliveira	B.T.M.	Senior Feminino	01:28:58	+46:51	08:54
168	1380	Maria Vitória Marques Tavares	GYMPRO	Senior Feminino	01:29:01	+46:54	08:54
169	14	Catarina Melo	B.T.M.	Senior Feminino	01:29:04	+46:57	08:54

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170	2033	Inês Patrício Barbosa da Fonseca	Samba Tribal	Senior Feminino	01:29:12	+47:04	08:55
171	2028	Cristiana Barbosa Matias das Neves	Samba Tribal	Senior Feminino	01:29:12	+47:05	08:55
172	2060	Cristina Xavier	SPORTCAMP	Senior Feminino	01:29:18	+47:10	08:56
173	1980	Matilde Alegria Marçal	RIJOS E POTENTES	Senior Feminino	01:29:32	+47:25	08:57
174	1073	Carolina da Silva Tavares	Cougars	Senior Feminino	01:29:36	+47:29	08:58
175	1976	Carla Sofia Ribeiro Alegria	RIJOS E POTENTES	Senior Feminino	01:29:57	+47:50	09:00
176	1034	Paula Isabel Baptista dos Santos e Paiva	Correio de Albergaria Trail Running	Senior Feminino	01:30:00	+47:53	09:00
177	2431	Débora Vieira	Os únicos	Senior Feminino	01:30:05	+47:58	09:01
178	1925	DIANA FRANCISCO	POWER RACE TEAM	Senior Feminino	01:30:07	+48:00	09:01
179	1926	VÂNIA COSTA	POWER RACE TEAM	Senior Feminino	01:30:08	+48:00	09:01
180	1372	Daniela Oliveira	GYMPRO	Senior Feminino	01:30:20	+48:13	09:02
181	2091	Luzia Soares	TALAMAL RADICAL	Senior Feminino	01:30:54	+48:47	09:05
182	72	Marta Lima	Ginásio Elite Corpus	Senior Feminino	01:30:55	+48:48	09:06
183	1272	Helena Edite Dias Reis Silva	Fit Race	Senior Feminino	01:31:07	+49:00	09:07
184	1195	Sandra Vieira	Dynamic Life - MuayThai	Senior Feminino	01:31:11	+49:03	09:07
185	1194	Rita Ferreira	Dynamic Life - MuayThai	Senior Feminino	01:31:11	+49:04	09:07
186	1189	Diana Correia	Dynamic Life - MuayThai	Senior Feminino	01:31:11	+49:04	09:07
187	1190	Inês pinto	Dynamic Life - MuayThai	Senior Feminino	01:31:11	+49:04	09:07
188	1290	Cláudia Pinto	Garraões100fundo	Senior Feminino	01:31:28	+49:20	09:09
189	1257	Andreia Almeida	Feel Free Health Club	Senior Feminino	01:31:30	+49:22	09:09
190	1259	Maria Neves	Feel Free Health Club	Senior Feminino	01:31:30	+49:23	09:09
191	2066	Susana Conde	SPORTCAMP	Senior Feminino	01:31:42	+49:35	09:10
192	1983	Rafela Ribeiro	RIJOS E POTENTES	Senior Feminino	01:31:50	+49:43	09:11
193	685	Mafalda Ribeiro	Arrastados	Senior Feminino	01:32:02	+49:55	09:12
194	684	Filipa Caneira Lopes	Arrastados	Senior Feminino	01:32:03	+49:55	09:12
195	683	elisabete Silva	Arrastados	Senior Feminino	01:32:03	+49:55	09:12
196	588	Sónia Campos	8.2 Arrosinhos	Senior Feminino	01:32:10	+50:02	09:13
197	2311	Angela Santos	Wild runners	Senior Feminino	01:32:22	+50:15	09:14
198	2015	Ana Raquel Tavares	run4fun	Senior Feminino	01:32:23	+50:16	09:14
199	1270	Célia Maria Silva Ferreira	Fit Race	Senior Feminino	01:32:25	+50:18	09:14
200	697	Inês Pires Correia Dias	Arsenal de Canelas	Senior Feminino	01:32:29	+50:22	09:15
201	2310	Gisélia Braga	Wild runners	Senior Feminino	01:32:48	+50:41	09:17
202	1605	Sandra Vale	Ninja Team	Senior Feminino	01:33:04	+50:56	09:18
203	1601	Lúcia Carneiro Neves	Ninja Team	Senior Feminino	01:33:04	+50:56	09:18
204	1378	João Pedro Costa Valente Couras	GYMPRO	Senior Feminino	01:33:44	+51:36	09:22
205	54	Vera Pereira	Comandos da TV	Senior Feminino	01:34:20	+52:13	09:26
206	2316	Ana Catarina Bastos Vidal Dias	WorKOut Wellness and Body care	Senior Feminino	01:34:20	+52:13	09:26
207	2337	Liliana Campos	WorKOut Wellness and Body care	Senior Feminino	01:34:23	+52:16	09:26
208	1646	Maria Isabel Silva Silva	Nuñez & Compañía	Senior Feminino	01:34:30	+52:23	09:27
209	2202	Rosa Soares	Triskel Team	Senior Feminino	01:34:41	+52:34	09:28
210	2201	Margarida Teixeira	Triskel Team	Senior Feminino	01:34:41	+52:34	09:28
211	119	Vanda Jeronimo	Microbox	Senior Feminino	01:34:43	+52:36	09:28
212	1549	Filipa Fernandes	Máquinas em movimento	Senior Feminino	01:34:43	+52:36	09:28
213	118	CRISTINA GASPAR SANTOS	Microbox	Senior Feminino	01:34:43	+52:36	09:28
214	116	Ana Botas	Microbox	Senior Feminino	01:34:43	+52:36	09:28
215	1546	Ana Sofia Lopes Espanha	Máquinas em movimento	Senior Feminino	01:34:44	+52:37	09:28

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216	117	CARINA CARVALHO	Microbox	Senior Feminino	01:34:44	+52:37	09:28
217	1551	Lisa Ribeiro	Máquinas em movimento	Senior Feminino	01:34:44	+52:37	09:28
218	1548	Barbara Cruz	Máquinas em movimento	Senior Feminino	01:34:44	+52:37	09:28
219	1550	Joana Almeida	Máquinas em movimento	Senior Feminino	01:34:44	+52:37	09:28
220	606	Daniela Leite	A Bela e os Monstros	Senior Feminino	01:34:55	+52:47	09:29
221	866	Natália Rochefort	BotaPaQuebrá	Senior Feminino	01:34:57	+52:50	09:30
222	793	Alice Silva	Beirão na Setrit	Senior Feminino	01:35:30	+53:23	09:33
223	794	Diana Martins	Beirão na Setrit	Senior Feminino	01:35:31	+53:24	09:33
224	1030	Maria Helena Tavares	Correio de Albergaria Trail Running	Senior Feminino	01:35:34	+53:27	09:33
225	1031	Maria Lucília Tavares	Correio de Albergaria Trail Running	Senior Feminino	01:35:35	+53:27	09:33
226	970	Eva Seabra	CIRES_RUNNING-TEAM	Senior Feminino	01:35:40	+53:33	09:34
227	100	Rute Claro	KO Health Club	Senior Feminino	01:35:41	+53:34	09:34
228	1874	Conceição Santos	Photo Runners	Senior Feminino	01:35:47	+53:39	09:35
229	1875	Lucinda Bento	Photo Runners	Senior Feminino	01:35:48	+53:40	09:35
230	1877	Vera Nogueira	Photo Runners	Senior Feminino	01:35:48	+53:40	09:35
231	663	Maria do Ceu	Amigos do Brock	Senior Feminino	01:35:48	+53:41	09:35
232	1619	Lila Reis	No Fear for Beer	Senior Feminino	01:36:04	+53:56	09:36
233	1618	Inês Pereira	No Fear for Beer	Senior Feminino	01:36:04	+53:56	09:36
234	1617	Ana Torres	No Fear for Beer	Senior Feminino	01:36:04	+53:57	09:36
235	1621	Vilma Rosário	No Fear for Beer	Senior Feminino	01:36:05	+53:58	09:37
236	1620	Patrícia Lemos	No Fear for Beer	Senior Feminino	01:36:07	+53:59	09:37
237	1974	Andrea Assunção	RIJOS E POTENTES	Senior Feminino	01:36:17	+54:10	09:38
238	1370	Carla Figueira	GYMPRO	Senior Feminino	01:36:28	+54:21	09:39
239	861	Ana Gomes	Boa "Vai" Ela	Senior Feminino	01:36:33	+54:25	09:39
240	682	Elisabete Baptista	Arrastados	Senior Feminino	01:36:34	+54:27	09:39
241	1071	Typhanie Gomes Ferreira Macedo	Cósmicos	Senior Feminino	01:36:35	+54:28	09:40
242	1070	Daniela Patrícia Passos de Azevedo	Cósmicos	Senior Feminino	01:36:35	+54:28	09:40
243	574	Carla Bozzano	8.2 Arrosinhos	Senior Feminino	01:36:45	+54:38	09:41
244	2207	Joana Paula	Tropa de Elite	Senior Feminino	01:36:45	+54:38	09:41
245	2211	Susana Oliveira	Tropa de Elite	Senior Feminino	01:36:46	+54:38	09:41
246	2208	Margarida Paula	Tropa de Elite	Senior Feminino	01:36:46	+54:38	09:41
247	2209	Marta Marques	Tropa de Elite	Senior Feminino	01:36:46	+54:39	09:41
248	939	Carla Dias	CFA Spartans	Senior Feminino	01:36:59	+54:52	09:42
249	935	Ana Carla Migueis Amaro	CFA SPARTANS	Senior Feminino	01:36:59	+54:52	09:42
250	936	Ana Cristina Pereira Gonçalves	CFA Spartans	Senior Feminino	01:37:00	+54:52	09:42
251	941	Liliana Brandão da Silva Correia Marques	CFA Spartans	Senior Feminino	01:37:00	+54:52	09:42
252	942	Linda Noronha	CFA SPARTANS	Senior Feminino	01:37:00	+54:52	09:42
253	943	Mariana Sardo Gonçalves	CFA SPARTANS	Senior Feminino	01:37:00	+54:52	09:42
254	937	Ana Paula Esteves de Oliveira	CFA SPARTANS	Senior Feminino	01:37:00	+54:53	09:42
255	938	Brigite Silva	CFA Spartans	Senior Feminino	01:37:00	+54:53	09:42
256	940	Joana Queiros	CFA Spartans	Senior Feminino	01:37:00	+54:53	09:42
257	2045	Ana Paiva	Somamaratonas	Senior Feminino	01:37:01	+54:54	09:42
258	2048	Maria Soares	Somamaratonas	Senior Feminino	01:37:02	+54:54	09:42
259	799	Carolina cunha	Bioapasso	Senior Feminino	01:37:33	+55:26	09:45
260	801	Inês Castro	Bioapasso	Senior Feminino	01:37:33	+55:26	09:45

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261	562	Sílvia Santos	4 SAT, Comércio de Telecomunicações Lda	Senior Feminino	01:37:40	+55:33	09:46
262	747	Joana Isabel Rodrigues Amado	Barriguitas	Senior Feminino	01:37:43	+55:36	09:46
263	746	Cláudia Sofia Soares de Barros	Barriguitas	Senior Feminino	01:37:43	+55:36	09:46
264	748	Lígia Filipa Pinto Peixoto	Barriguitas	Senior Feminino	01:37:43	+55:36	09:46
265	538	Mónica Sofia Bastos Silva	100sacionais	Senior Feminino	01:37:59	+55:52	09:48
266	524	Érica Sofia Almeida Gama	100sacionais	Senior Feminino	01:37:59	+55:52	09:48
267	519	Adelina Sofia Cardoso Costa	100sacionais	Senior Feminino	01:37:59	+55:52	09:48
268	2439	Emma Soras	Ponto e Virgula	Senior Feminino	01:38:10	+56:03	09:49
269	1768	MADALENA CORREIA	Salta-Pocinhas	Senior Feminino	01:38:11	+56:04	09:49
270	1024	Cristina Redondo	Correio de Albergaria Trail Running	Senior Feminino	01:38:14	+56:06	09:49
271	2409	Maria Marques	Torreira Runners	Senior Feminino	01:38:18	+56:11	09:50
272	2410	Marta Marques	Torreira Runners	Senior Feminino	01:38:19	+56:11	09:50
273	1887	Alexandra Rocha	Phunkeiros	Senior Feminino	01:38:35	+56:28	09:52
274	1889	Claudia Duarte	Phunkeiros	Senior Feminino	01:38:36	+56:29	09:52
275	1440	Isaura Vaz	Individual	Senior Feminino	01:38:49	+56:41	09:53
276	957	Mónica Fernandes	Challenge Force	Senior Feminino	01:38:51	+56:43	09:53
277	1382	Paula Barreira	GYMPRO	Senior Feminino	01:38:56	+56:49	09:54
278	1377	Joana Raquel da Costa Sá	GYMPRO	Senior Feminino	01:38:56	+56:49	09:54
279	1375	Elisabete Oliveira	GYMPRO	Senior Feminino	01:38:56	+56:49	09:54
280	1702	Andreia Valente	Os todo o terreno	Senior Feminino	01:39:09	+57:02	09:55
281	2093	Tália Martins	TALAMAL RADICAL	Senior Feminino	01:39:17	+57:10	09:56
282	1594	Zaida Cristina da Silva Pereira	MUCHACHOS	Senior Feminino	01:39:28	+57:21	09:57
283	1517	Beatriz Carrapatoso	LTPmudlabs	Senior Feminino	01:39:43	+57:36	09:58
284	1612	Ana Sofia Oliveira	Ninja Team	Senior Feminino	01:39:50	+57:43	09:59
285	125	Joana Nobre Macedo Ferreira Leite	MudProof	Senior Feminino	01:40:19	+58:12	10:02
286	2318	Ana Daniela Homem da Silva Leite	WorKOut Wellness and Body care	Senior Feminino	01:40:28	+58:21	10:03
287	2350	Tânia Silva	WorKOut Wellness and Body care	Senior Feminino	01:40:28	+58:21	10:03
288	2340	Marisa Silva	WorKOut Wellness and Body care	Senior Feminino	01:40:28	+58:21	10:03
289	2346	Sandra Correia	WorKOut Wellness and Body care	Senior Feminino	01:40:29	+58:21	10:03
290	2343	Mónica Maria Valente Pinho	WorKOut Wellness and Body care	Senior Feminino	01:40:31	+58:23	10:03
291	2331	Daniela Filipa Teixeira Ribeiro	WorKOut Wellness and Body care	Senior Feminino	01:40:42	+58:35	10:04
292	2338	Maria Alexandrina da Silva Marques	WorKOut Wellness and Body care	Senior Feminino	01:40:52	+58:45	10:05
293	2344	Mónica Raquel Valente	WorKOut Wellness and Body care	Senior Feminino	01:40:57	+58:50	10:06
294	834	Mónica de Oliveira Tavares	Bio-Lentos	Senior Feminino	01:41:11	+59:03	10:07
295	833	Joana Rodrigues	Bio-Lentos	Senior Feminino	01:41:11	+59:04	10:07
296	1727	Raquel Costa	Os Franciscos	Senior Feminino	01:41:37	+59:30	10:10
297	1503	Jannet Pereira	LT2 Consulting	Senior Feminino	01:41:40	+59:32	10:10
298	1726	Patrícia Ferreira	Os Franciscos	Senior Feminino	01:41:44	+59:37	10:10
299	1677	Ana Maria Castro Godinho	Os Artistas	Senior Feminino	01:41:46	+59:39	10:11
300	1678	Claudia Maria Leite Marques	Os Artistas	Senior Feminino	01:41:46	+59:39	10:11
301	1725	Andrea do Vale	Os Franciscos	Senior Feminino	01:41:46	+59:39	10:11
302	1979	Maria João Santana	RIJOS E POTENTES	Senior Feminino	01:41:47	+59:39	10:11
303	1969	Ana Catarina Santana	RIJOS E POTENTES	Senior Feminino	01:41:49	+59:42	10:11
304	1972	Ana Pereira	RIJOS E POTENTES	Senior Feminino	01:42:01	+59:54	10:12
305	1033	Mónica Sofia de Oliveira Pires	Correio de Albergaria Trail Running	Senior Feminino	01:42:21	+01:00:13	10:14
306	1978	Isabel Cristina Martins Andrade	RIJOS E POTENTES	Senior Feminino	01:42:23	+01:00:16	10:14

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307	1032	Marta Sousa	Correio de Albergaria Trail Running	Senior Feminino	01:42:36	+01:00:29	10:16
308	1041	Teresa Malheiro	Correio de Albergaria Trail Running	Senior Feminino	01:42:36	+01:00:29	10:16
309	2388	Catarina Barros Ré	WowFit	Senior Feminino	01:42:37	+01:00:29	10:16
310	1723	Inês Silva Simões	Os Fótes	Senior Feminino	01:42:38	+01:00:30	10:16
311	1720	Bélen Lopez	Os Fótes	Senior Feminino	01:42:38	+01:00:31	10:16
312	1721	Denise Machado	Os Fótes	Senior Feminino	01:42:38	+01:00:31	10:16
313	1022	Anabela Nogueira Dias Resgate	Correio de Albergaria Trail Running	Senior Feminino	01:42:40	+01:00:33	10:16
314	1606	Susana Patrícia Silva	Ninja Team	Senior Feminino	01:42:41	+01:00:33	10:16
315	1253	Fernanda Jesus	Fast and Lazy	Senior Feminino	01:42:41	+01:00:34	10:16
316	1602	Maria de Lurdes Marques	Ninja Team	Senior Feminino	01:42:41	+01:00:34	10:16
317	1533	Isabel	Lux Health Club	Senior Feminino	01:42:56	+01:00:49	10:18
318	1532	Cristiana Mendes	Lux Health Club	Senior Feminino	01:42:56	+01:00:49	10:18
319	535	Maria Pereira Tavares	100sacionais	Senior Feminino	01:43:00	+01:00:52	10:18
320	1360	Sofia Caleiro	GymBuddies	Senior Feminino	01:43:10	+01:01:03	10:19
321	1357	Irene Valente	GymBuddies	Senior Feminino	01:43:10	+01:01:03	10:19
322	1361	Teresa Martins	GymBuddies	Senior Feminino	01:43:10	+01:01:03	10:19
323	1435	Bárbara Chaló	Individual	Senior Feminino	01:43:11	+01:01:03	10:19
324	1356	Helena Abreu	GymBuddies	Senior Feminino	01:43:11	+01:01:03	10:19
325	1359	Marta Pereira	GymBuddies	Senior Feminino	01:43:11	+01:01:04	10:19
326	1355	Catarina Gomes	GymBuddies	Senior Feminino	01:43:11	+01:01:04	10:19
327	1358	Maria João Cardoso	GymBuddies	Senior Feminino	01:43:11	+01:01:04	10:19
328	1353	Adriana Sousa	GymBuddies	Senior Feminino	01:43:12	+01:01:04	10:19
329	1853	Diana Teixeira	Pé na lama	Senior Feminino	01:43:14	+01:01:06	10:19
330	1855	Marina Vinhas	Pé na lama	Senior Feminino	01:43:14	+01:01:07	10:19
331	1852	Ana Raquel Santos	Pé na lama	Senior Feminino	01:43:15	+01:01:07	10:19
332	1854	Lidia Sacramento	Pé na lama	Senior Feminino	01:43:15	+01:01:08	10:20
333	637	Cátia Marisa dos Santos Valente	Altice Labs	Senior Feminino	01:43:22	+01:01:15	10:20
334	2017	Sónia Oliveira	run4fun	Senior Feminino	01:43:34	+01:01:27	10:21
335	2018	Vera Oliveira	run4fun	Senior Feminino	01:43:34	+01:01:27	10:21
336	2016	Fátima Oliveira	run4fun	Senior Feminino	01:43:34	+01:01:27	10:21
337	661	Joana Rocha	Amigos do Brock	Senior Feminino	01:43:39	+01:01:32	10:22
338	1781	Daniela Santos Moreira	Os Ticos	Senior Feminino	01:43:44	+01:01:36	10:22
339	1782	Maria Teresa Amaral de Almeida Correia	Os Ticos	Senior Feminino	01:43:44	+01:01:37	10:22
340	1583	Ana Oliveira	Misturas Tónicas	Senior Feminino	01:43:46	+01:01:39	10:23
341	1584	Joana Valente	Misturas Tónicas	Senior Feminino	01:43:47	+01:01:39	10:23
342	1586	Maria Teresa Guimaraes	Misturas Tónicas	Senior Feminino	01:43:47	+01:01:39	10:23
343	1508	Susana Franklin	LT2 Consulting	Senior Feminino	01:44:04	+01:01:57	10:24
344	124	Joana Castro Alves Ribeiro	MudProof	Senior Feminino	01:44:04	+01:01:57	10:24
345	2145	TANIA MARIA LIMA DE JESUS MOREIRA	TENSAI	Senior Feminino	01:44:29	+01:02:22	10:27
346	1280	Ana Catarina Costa	FourFriends	Senior Feminino	01:44:50	+01:02:43	10:29
347	126	Sara Adriana Carneiro Cerqueira	MudProof	Senior Feminino	01:44:50	+01:02:43	10:29
348	68	Paula Pinto	Ginásio Elite Corpus	Senior Feminino	01:44:58	+01:02:51	10:30
349	617	EUNICE SANTOS	ADTravassô	Senior Feminino	01:45:03	+01:02:56	10:30
350	613	Andreia paulos	ADTravassô	Senior Feminino	01:45:03	+01:02:56	10:30
351	616	Célia Aguiar	ADTravassô	Senior Feminino	01:45:03	+01:02:56	10:30

Prova Principal

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352	618	INES MARTINS	ADTravassô	Senior Feminino	01:45:04	+01:02:56	10:30
353	619	Jéssica Rodrigues	ADTravassô	Senior Feminino	01:45:04	+01:02:56	10:30
354	615	CAROLINA MARTINS	ADTravassô	Senior Feminino	01:45:05	+01:02:58	10:30
355	614	CARMO GONÇALO	ADTravassô	Senior Feminino	01:45:06	+01:02:58	10:31
356	610	ALEXANDRA FERREIRA	ADTravassô	Senior Feminino	01:45:06	+01:02:59	10:31
357	620	MARA PIRES	ADTravassô	Senior Feminino	01:45:09	+01:03:01	10:31
358	621	Patrícia Costa	ADTravassô	Senior Feminino	01:45:09	+01:03:02	10:31
359	611	ALEXANDRINA VIDAL	ADTravassô	Senior Feminino	01:45:10	+01:03:03	10:31
360	612	ANA MORAIS	ADTravassô	Senior Feminino	01:45:11	+01:03:04	10:31
361	2168	ANA FILIPA ALMEIDA	TORRE	Senior Feminino	01:45:14	+01:03:07	10:31
362	1156	Maria de Fátima Magina Silva	Dos Senhores e das Senhoras	Senior Feminino	01:45:19	+01:03:12	10:32
363	730	Beatriz Pereira Vidal	ASSOCIAÇÃO CULTURAL DE SALREU	Senior Feminino	01:45:26	+01:03:18	10:33
364	731	CRISTIANA OLIVEIRA	ASSOCIAÇÃO CULTURAL DE SALREU	Senior Feminino	01:45:28	+01:03:21	10:33
365	729	ANA MIRANDA	ASSOCIAÇÃO CULTURAL DE SALREU	Senior Feminino	01:45:29	+01:03:21	10:33
366	734	RENATA JESUS	ASSOCIAÇÃO CULTURAL DE SALREU	Senior Feminino	01:45:29	+01:03:22	10:33
367	1003	Vanessa Costa	Coimbra Team	Senior Feminino	01:45:30	+01:03:22	10:33
368	1002	Magda Vieira	Coimbra Team	Senior Feminino	01:45:30	+01:03:23	10:33
369	728	ANA FERREIRA	ASSOCIAÇÃO CULTURAL DE SALREU	Senior Feminino	01:45:30	+01:03:23	10:33
370	1001	Diana Costa	Coimbra Team	Senior Feminino	01:45:30	+01:03:23	10:33
371	1000	Bruna Cordeiro	Coimbra Team	Senior Feminino	01:45:30	+01:03:23	10:33
372	1603	Marisa Ferreira Peixe	Ninja Team	Senior Feminino	01:45:45	+01:03:38	10:34
373	1986	Tatiana Esteves	RIJOS E POTENTES	Senior Feminino	01:45:46	+01:03:38	10:35
374	1086	elvira cristiana da silva correia	CrossFit Couto	Senior Feminino	01:46:04	+01:03:56	10:36
375	1090	Sara Aurélia Correia Teixeira Freitas	CrossFit Couto	Senior Feminino	01:46:04	+01:03:57	10:36
376	1087	Marlene Salomé da Silva Pereira	CrossFit Couto	Senior Feminino	01:46:04	+01:03:57	10:36
377	1091	Tatiana Oliveira	CrossFit Couto	Senior Feminino	01:46:05	+01:03:57	10:36
378	1083	Carla Fernandes	CrossFit Couto	Senior Feminino	01:46:08	+01:04:01	10:37
379	2170	EMILIA CARVALHO	TORRE	Senior Feminino	01:46:18	+01:04:11	10:38
380	1704	Rosinda Macedo	Os todo o terreno	Senior Feminino	01:46:34	+01:04:27	10:39
381	660	Janete Dione	Amigos do Brock	Senior Feminino	01:47:26	+01:05:19	10:45
382	662	Liliana Marques	Amigos do Brock	Senior Feminino	01:47:26	+01:05:19	10:45
383	2332	Diana de Matos Rodrigues	WorKOut Wellness and Body care	Senior Feminino	01:47:29	+01:05:22	10:45
384	664	Maria João	Amigos do Brock	Senior Feminino	01:47:37	+01:05:29	10:46
385	1196	Tatiana Soraia de Jesus Antunes	Dynamic Life - MuayThai	Senior Feminino	01:47:43	+01:05:36	10:46
386	573	Carla Barbosa	8.2 Arrosinhos	Senior Feminino	01:47:48	+01:05:40	10:47
387	587	Sofia Peixoto	8.2 Arrosinhos	Senior Feminino	01:47:48	+01:05:41	10:47
388	575	Clara Jil	8.2 Arrosinhos	Senior Feminino	01:47:49	+01:05:42	10:47
389	585	Patrícia Magalhães	8.2 Arrosinhos	Senior Feminino	01:47:51	+01:05:43	10:47
390	569	Ana Gomes	8.2 Arrosinhos	Senior Feminino	01:47:51	+01:05:44	10:47
391	702	Patrícia da Silva de Sousa Luz	Arsenal de Canelas	Senior Feminino	01:48:08	+01:06:00	10:49
392	1113	Ana Rita Ferreira	Crossfit Crest	Senior Feminino	01:48:08	+01:06:01	10:49
393	1117	Maria Almeida	Crossfit Crest	Senior Feminino	01:48:10	+01:06:03	10:49
394	580	Inês Santos	8.2 Arrosinhos	Senior Feminino	01:48:14	+01:06:06	10:49

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395	2333	Eva Sofia Silva Afonso	WorkOut Wellness and Body care	Senior Feminino	01:48:20	+01:06:13	10:50
396	2339	Maria João Henriques da Costa Paiva	WorkOut Wellness and Body care	Senior Feminino	01:48:20	+01:06:13	10:50
397	2171	FERNANDA SILVA	TORRE	Senior Feminino	01:48:24	+01:06:17	10:50
398	2173	VERA MONICA PEREIRA DA SILVA	TORRE	Senior Feminino	01:48:25	+01:06:18	10:51
399	1966	Vera Lima	Riders in the storm	Senior Feminino	01:48:28	+01:06:21	10:51
400	1964	Filipa Daniela Fernandes Lima	Riders in the storm	Senior Feminino	01:48:28	+01:06:21	10:51
401	1965	Marisa Aires	Riders in the storm	Senior Feminino	01:48:28	+01:06:21	10:51
402	11	Ana Patrícia	B.T.M.	Senior Feminino	01:48:36	+01:06:29	10:52
403	18	Margarida Faria	B.T.M.	Senior Feminino	01:48:37	+01:06:30	10:52
404	1118	Patricia Vargas Cruz	Crossfit Crest	Senior Feminino	01:48:53	+01:06:46	10:53
405	1114	Ângela Maria Santos Morais	Crossfit Crest	Senior Feminino	01:48:53	+01:06:46	10:53
406	1116	Inês Pílré	Crossfit Crest	Senior Feminino	01:48:54	+01:06:46	10:53
407	1119	Rita Laranjeira Domingues	Crossfit Crest	Senior Feminino	01:48:54	+01:06:46	10:53
408	1120	Silvana Araújo Conceição	Crossfit Crest	Senior Feminino	01:48:54	+01:06:46	10:53
409	1115	Clara Alexandra Gouveia Alves	Crossfit Crest	Senior Feminino	01:48:54	+01:06:47	10:53
410	579	Gisela Vaz Santos	8.2 Arrosinhos	Senior Feminino	01:49:19	+01:07:12	10:56
411	582	Joana Silva	8.2 Arrosinhos	Senior Feminino	01:49:20	+01:07:13	10:56
412	570	Ana Mendes	8.2 Arrosinhos	Senior Feminino	01:49:21	+01:07:14	10:56
413	899	Filipa Soares	CAJU	Senior Feminino	01:49:47	+01:07:40	10:59
414	898	Catarina Rodrigues	CAJU	Senior Feminino	01:49:48	+01:07:40	10:59
415	897	Ana Barros	CAJU	Senior Feminino	01:49:48	+01:07:40	10:59
416	900	Liliana Curado	CAJU	Senior Feminino	01:49:48	+01:07:41	10:59
417	1650	Ana Margarida Costa	OpticaliaEstarreja	Senior Feminino	01:49:50	+01:07:43	10:59
418	1042	Viviana Bastos	Correio de Albergaria Trail Running	Senior Feminino	01:50:05	+01:07:57	11:00
419	2292	Vera Rocha	VAI QUEM QUER	Senior Feminino	01:50:10	+01:08:03	11:01
420	1682	Vera Monica Costa Oliveira	Os Artistas	Senior Feminino	01:50:12	+01:08:05	11:01
421	1680	Katia Silva	Os Artistas	Senior Feminino	01:50:12	+01:08:05	11:01
422	1679	Diana Vivas	Os Artistas	Senior Feminino	01:50:12	+01:08:05	11:01
423	1567	Elisabete Candido	Maximianos	Senior Feminino	01:50:26	+01:08:19	11:03
424	2229	Fátima Ferreira	TroubleMakers	Senior Feminino	01:50:39	+01:08:32	11:04
425	2232	Mariana Cruz	TroubleMakers	Senior Feminino	01:50:39	+01:08:32	11:04
426	2236	Vilma Maia	TroubleMakers	Senior Feminino	01:50:40	+01:08:32	11:04
427	2233	Paula Santos	TroubleMakers	Senior Feminino	01:50:40	+01:08:33	11:04
428	2234	Rui Martins	TroubleMakers	Senior Feminino	01:50:40	+01:08:33	11:04
429	2235	Sandra Rodrigues	TroubleMakers	Senior Feminino	01:50:40	+01:08:33	11:04
430	2231	Isabel afonso	TroubleMakers	Senior Feminino	01:50:40	+01:08:33	11:04
431	2228	Daniela Marques	TroubleMakers	Senior Feminino	01:50:40	+01:08:33	11:04
432	2230	Florbela Rodrigues	TroubleMakers	Senior Feminino	01:50:40	+01:08:33	11:04
433	1475	Filipa Amendoeira	Iron Team	Senior Feminino	01:50:58	+01:08:51	11:06
434	1473	Ana Valente	Iron Team	Senior Feminino	01:50:59	+01:08:52	11:06
435	1476	Lúcia Pinho	Iron Team	Senior Feminino	01:51:00	+01:08:52	11:06
436	1474	Carla Pinho	Iron Team	Senior Feminino	01:51:00	+01:08:53	11:06
437	1477	Mafalda Valente	Iron Team	Senior Feminino	01:51:01	+01:08:53	11:06
438	2349	Sílvia Cristina Tavares Valente Santos Fonseca	WorkOut Wellness and Body care	Senior Feminino	01:51:02	+01:08:54	11:06
439	2323	Ana Luísa Rocha Sarabando	WorkOut Wellness and Body care	Senior Feminino	01:51:02	+01:08:55	11:06
440	2352	Vânia Cristina Almeida Coutinho	WorkOut Wellness and Body care	Senior Feminino	01:51:02	+01:08:55	11:06

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441	2342	Mónica Alexandra Tavares Valente dos Santos	WorkOut Wellness and Body care	Senior Feminino	01:51:03	+01:08:56	11:06
442	1832	Marisol Valente	Papa Corridas	Senior Feminino	01:51:04	+01:08:56	11:06
443	1830	Daniela Valente	Papa Corridas	Senior Feminino	01:51:04	+01:08:56	11:06
444	2320	Ana Filipa Tavares Magalhães	WorkOut Wellness and Body care	Senior Feminino	01:51:05	+01:08:58	11:07
445	2321	Ana Isabel Tavares Vieira	WorkOut Wellness and Body care	Senior Feminino	01:51:06	+01:08:59	11:07
446	2322	Ana Lídia Almeida Couto	WorkOut Wellness and Body care	Senior Feminino	01:51:06	+01:08:59	11:07
447	2398	Sara Pereira Santos	WTF - Where's the finish	Senior Feminino	01:51:11	+01:09:04	11:07
448	2394	Cristina Cachulo	WTF - Where's the finish	Senior Feminino	01:51:11	+01:09:04	11:07
449	2396	Idalina Mota	WTF - Where's the finish	Senior Feminino	01:51:11	+01:09:04	11:07
450	2395	Eva Miriam Mendes	WTF - Where's the finish	Senior Feminino	01:51:11	+01:09:04	11:07
451	2393	Carla Polónio	WTF - Where's the finish	Senior Feminino	01:51:12	+01:09:04	11:07
452	1500	Alexandra Mateus	LT2 Consulting	Senior Feminino	01:51:12	+01:09:04	11:07
453	2397	Sandra Secília	WTF - Where's the finish	Senior Feminino	01:51:12	+01:09:04	11:07
454	2172	MÓNICA CLÁUDIA MARQUES DA SILVA	TORRE	Senior Feminino	01:51:27	+01:09:20	11:09
455	810	Ana Paula Batista	Bioapasso	Senior Feminino	01:51:30	+01:09:22	11:09
456	800	Catarina baptista	Bioapasso	Senior Feminino	01:51:30	+01:09:23	11:09
457	1785	Fátima Paiva	Os todo o terreno	Senior Feminino	01:51:40	+01:09:33	11:10
458	1799	Maria Monteiro	Ovar HC	Senior Feminino	01:51:54	+01:09:47	11:11
459	1806	RUTE MARINA COUTO SANTOS	Ovar HC	Senior Feminino	01:52:03	+01:09:56	11:12
460	1804	POLIANA SILVA	Ovar HC	Senior Feminino	01:52:08	+01:10:01	11:13
461	967	Alexandra Ribeiro	Cheios D'Lama	Senior Feminino	01:52:11	+01:10:04	11:13
462	656	Alexandra Oliveira	Amigos do Brock	Senior Feminino	01:52:11	+01:10:04	11:13
463	550	Carla Pires	100travões	Senior Feminino	01:52:14	+01:10:07	11:13
464	549	Alda Vasco	100travões	Senior Feminino	01:52:14	+01:10:07	11:13
465	551	Verónica Pinho	100travões	Senior Feminino	01:52:15	+01:10:07	11:13
466	557	Tatiana Carneiro	20comer	Senior Feminino	01:52:16	+01:10:09	11:14
467	1805	Rosa Augusta Pereira da Silva	Ovar HC	Senior Feminino	01:52:16	+01:10:09	11:14
468	556	Rosetta Cunha	20comer	Senior Feminino	01:52:17	+01:10:09	11:14
469	555	Filipa Marques	20comer	Senior Feminino	01:52:17	+01:10:09	11:14
470	553	Bárbara Marques	20comer	Senior Feminino	01:52:17	+01:10:10	11:14
471	554	Daniela Duarte	20comer	Senior Feminino	01:52:17	+01:10:10	11:14
472	1211	MARIA CRUZ	EMBORASIMBORALA	Senior Feminino	01:52:19	+01:10:12	11:14
473	1212	SANDRA MATOS	EMBORASIMBORALA	Senior Feminino	01:52:19	+01:10:12	11:14
474	1701	Andreia Raquel Macedo	Os todo o terreno	Senior Feminino	01:52:29	+01:10:22	11:15
475	659	Isabel Nogueira	Amigos do Brock	Senior Feminino	01:52:30	+01:10:23	11:15
476	1703	Maria de Fátima Lopes	Os todo o terreno	Senior Feminino	01:52:38	+01:10:31	11:16
477	1754	Sindy Martinez	Os Lusitanos	Senior Feminino	01:52:40	+01:10:33	11:16
478	1749	Ana Moutela	Os Lusitanos	Senior Feminino	01:52:43	+01:10:36	11:16
479	1970	Ana Esteves	RIJOS E POTENTES	Senior Feminino	01:53:00	+01:10:53	11:18
480	1157	Maria João Silva Ferreira	Dos Senhores e das Senhoras	Senior Feminino	01:53:08	+01:11:01	11:19
481	1158	Maria Lúcia Oliveira Sá	Dos Senhores e das Senhoras	Senior Feminino	01:53:08	+01:11:01	11:19
482	1800	Marisa Raquel Fernancio da silva	Ovar HC	Senior Feminino	01:53:17	+01:11:10	11:20
483	1798	Liliana Ferreira	Ovar HC	Senior Feminino	01:53:18	+01:11:10	11:20
484	1802	Melisa Ferreira Silva	Ovar HC	Senior Feminino	01:53:18	+01:11:10	11:20
485	1795	Ana Catarina Rodrigues Sona	Ovar HC	Senior Feminino	01:53:18	+01:11:10	11:20

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486	840	Catarina Alexandra Martins Costeira	Bionelas	Senior Feminino	01:53:23	+01:11:16	11:20
487	846	Rita Araújo	Bionelas	Senior Feminino	01:53:23	+01:11:16	11:20
488	845	Marta Sofia de Andrade Pires Canteiro	Bionelas	Senior Feminino	01:53:24	+01:11:16	11:20
489	2044	Alexandra Vale	Somamaratonas	Senior Feminino	01:53:24	+01:11:16	11:20
490	2047	Cátia Santos	Somamaratonas	Senior Feminino	01:53:24	+01:11:16	11:20
491	839	Carla Daniela Martins Costeira	Bionelas	Senior Feminino	01:53:24	+01:11:16	11:20
492	844	MARINE PINHEIRO CORREIA	Bionelas	Senior Feminino	01:53:24	+01:11:17	11:20
493	843	Maria Alice Gonçalves Oliveira	Bionelas	Senior Feminino	01:53:24	+01:11:17	11:20
494	838	Ana Paula Miranda Pinto da Silva	Bionelas	Senior Feminino	01:53:24	+01:11:17	11:20
495	841	Lucibel de Fátima Valente	Bionelas	Senior Feminino	01:53:24	+01:11:17	11:20
496	842	Margarida Maria Silva	Bionelas	Senior Feminino	01:53:25	+01:11:18	11:21
497	1909	Sónia Silva	Polisport	Senior Feminino	01:53:45	+01:11:38	11:23
498	1908	Nádia Andrade	Polisport	Senior Feminino	01:53:46	+01:11:38	11:23
499	1244	Joana Nataly	ERA Ovar	Senior Feminino	01:53:48	+01:11:41	11:23
500	2025	Ana Beatriz Tavares Frade	Samba Tribal	Senior Feminino	01:53:50	+01:11:43	11:23
501	2030	Filipa Ramos Carvalho de Oliveira	Samba Tribal	Senior Feminino	01:53:51	+01:11:44	11:23
502	2306	Maria Adelaide Figueiredo Candido	Vamos Nessa	Senior Feminino	01:54:18	+01:12:11	11:26
503	2064	Sofia Silva	SPORTCAMP	Senior Feminino	01:54:25	+01:12:18	11:26
504	2065	Sónia Brandão	SPORTCAMP	Senior Feminino	01:54:25	+01:12:18	11:27
505	2305	FÁTIMA SOFIA FIGUEIREDO CANDIDO	Vamos Nessa	Senior Feminino	01:54:31	+01:12:24	11:27
506	584	Lisa Falhas	8.2 Arrosinhos	Senior Feminino	01:54:32	+01:12:24	11:27
507	578	Gisela Almeida	8.2 Arrosinhos	Senior Feminino	01:54:33	+01:12:26	11:27
508	576	Cláudia Amaral	8.2 Arrosinhos	Senior Feminino	01:54:33	+01:12:26	11:27
509	581	Isabel Rangel	8.2 Arrosinhos	Senior Feminino	01:54:34	+01:12:27	11:27
510	568	Ana Álvares	8.2 Arrosinhos	Senior Feminino	01:54:35	+01:12:27	11:27
511	1427	Lília Figueiras	HRV	Senior Feminino	01:55:18	+01:13:11	11:32
512	1425	Carla Carapinheira	HRV	Senior Feminino	01:55:18	+01:13:11	11:32
513	1426	Cecília Amanda da Silva Rodrigues	HRV	Senior Feminino	01:55:18	+01:13:11	11:32
514	1424	Ana Rita Baptista Vieira	HRV	Senior Feminino	01:55:19	+01:13:11	11:32
515	1582	Alzira Maria Guimarães	Misturas Tónicas	Senior Feminino	01:55:41	+01:13:34	11:34
516	1557	Ana Rita Espanha	Máquinas em movimento	Senior Feminino	01:55:51	+01:13:43	11:35
517	1547	Andreia Rosas	Máquinas em movimento	Senior Feminino	01:55:51	+01:13:44	11:35
518	1545	Agostinha Fernandes	Máquinas em movimento	Senior Feminino	01:55:51	+01:13:44	11:35
519	1552	Sara Antunes	Máquinas em movimento	Senior Feminino	01:55:51	+01:13:44	11:35
520	1896	Ana Maria Sousa de Abreu Freire	Pobo	Senior Feminino	01:55:52	+01:13:45	11:35
521	1897	Beatriz Cirne de Almeida	Pobo	Senior Feminino	01:55:53	+01:13:46	11:35
522	1903	Sandra Fidalgo	Pobo	Senior Feminino	01:55:59	+01:13:52	11:36
523	1899	Inês Tavares Rodrigues	Pobo	Senior Feminino	01:56:04	+01:13:57	11:36
524	1902	Patrícia Lamego	Pobo	Senior Feminino	01:56:04	+01:13:57	11:36
525	1900	Isabel Costa	Pobo	Senior Feminino	01:56:05	+01:13:57	11:36
526	1898	Fátima Elizabeth Lopes dos Santos	Pobo	Senior Feminino	01:56:07	+01:14:00	11:37
527	2072	Joana Maria Morais Pereira	Squash Girls	Senior Feminino	01:56:19	+01:14:12	11:38
528	2020	Liliana Guiomar	Sai da Frente	Senior Feminino	01:56:23	+01:14:15	11:38
529	2074	Sara Brandao Tavares	Squash Girls	Senior Feminino	01:56:25	+01:14:18	11:39
530	1770	MARIA VENÂNCIO	Salta-Pocinhas	Senior Feminino	01:56:26	+01:14:19	11:39
531	2019	Karina Marques	Sai da Frente	Senior Feminino	01:56:28	+01:14:21	11:39

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532	2073	Laura Gabriela Pereira Olim	Squash Girls	Senior Feminino	01:56:35	+01:14:27	11:39
533	2246	Ilda Ruela	Turminha	Senior Feminino	01:56:45	+01:14:38	11:41
534	2245	Fátima Ribeiro	Turminha	Senior Feminino	01:56:45	+01:14:38	11:41
535	2243	Carla Ferreira	Turminha	Senior Feminino	01:56:47	+01:14:39	11:41
536	2244	Carla Rodrigues	Turminha	Senior Feminino	01:56:47	+01:14:40	11:41
537	2241	Ana Pereira	Turminha	Senior Feminino	01:56:47	+01:14:40	11:41
538	2247	Liliana Silva	Turminha	Senior Feminino	01:56:49	+01:14:42	11:41
539	700	Maria Balbina Oliveira Pires Silva	Arsenal de Canelas	Senior Feminino	01:56:54	+01:14:47	11:41
540	1442	Maria Teresa Carvalho	Individual	Senior Feminino	01:57:14	+01:15:07	11:43
541	2329	Beatriz dos Santos Grilo	WorKOut Wellness and Body care	Senior Feminino	01:57:17	+01:15:10	11:44
542	2335	Joana Teixeira	WorKOut Wellness and Body care	Senior Feminino	01:57:17	+01:15:10	11:44
543	2289	Maria João Pinho	VAI QUEM QUER	Senior Feminino	01:57:25	+01:15:18	11:44
544	1437	Cristina Sofia Fernandes Torcato	Individual	Senior Feminino	01:57:28	+01:15:21	11:45
545	989	Renata Patricia de Moura Fontes	Clínica Veterinária Santa Marinha	Senior Feminino	01:57:57	+01:15:50	11:48
546	561	Carolina Franco	4 SAT, Comércio de Telecomunicações Lda	Senior Feminino	01:58:22	+01:16:15	11:50
547	988	Patricia Pinto Ferreira	Clínica Veterinária Santa Marinha	Senior Feminino	01:58:49	+01:16:42	11:53
548	984	Ana Vidal	Clínica Veterinária Santa Marinha	Senior Feminino	01:58:50	+01:16:42	11:53
549	987	Maria da Conceição Rocha de Moura Fontes	Clínica Veterinária Santa Marinha	Senior Feminino	01:58:50	+01:16:43	11:53
550	985	Andrea Cravo Amorim	Clínica Veterinária Santa Marinha	Senior Feminino	01:58:50	+01:16:43	11:53
551	986	Márcia Andreia Soares e Silva de Sousa	Clínica Veterinária Santa Marinha	Senior Feminino	01:58:50	+01:16:43	11:53
552	563	Susana Franco	4 SAT, Comércio de Telecomunicações Lda	Senior Feminino	01:59:13	+01:17:06	11:55
553	1973	Ana Sofia Confraria Oliveira	RIJOS E POTENTES	Senior Feminino	01:59:13	+01:17:06	11:55
554	1385	Sónia Pires Bandeira	GYMPRO	Senior Feminino	01:59:24	+01:17:17	11:56
555	1029	Maria Fernanda Martins	Correio de Albergaria Trail Running	Senior Feminino	01:59:24	+01:17:17	11:56
556	1376	Joana Isabel Bastos Ferreira da Silva	GYMPRO	Senior Feminino	01:59:24	+01:17:17	11:56
557	1383	Rita Sousa	GYMPRO	Senior Feminino	01:59:24	+01:17:17	11:56
558	1027	Isaura Costa	Correio de Albergaria Trail Running	Senior Feminino	01:59:24	+01:17:17	11:56
559	1381	Mariana Pinho Silva	GYMPRO	Senior Feminino	01:59:24	+01:17:17	11:56
560	1368	Ana Salomé Ramos	GYMPRO	Senior Feminino	01:59:24	+01:17:17	11:56
561	1379	Maria Ascensão Silva	GYMPRO	Senior Feminino	01:59:25	+01:17:17	11:56
562	1025	Iolanda Babo	Correio de Albergaria Trail Running	Senior Feminino	01:59:30	+01:17:22	11:57
563	1630	Flávia Silva	NovosTeam	Senior Feminino	02:00:08	+01:18:01	12:01
564	1631	Sara Coelho	NovosTeam	Senior Feminino	02:00:08	+01:18:01	12:01
565	1629	Filipa Gandaio	NovosTeam	Senior Feminino	02:00:09	+01:18:01	12:01
566	1438	Helena Coelho	Individual	Senior Feminino	02:00:39	+01:18:31	12:04
567	932	Cristina Pinto	CENTURY21 Salinas	Senior Feminino	02:00:39	+01:18:31	12:04
568	1448	Sónia Patricia da Silva Vaz de Oliveira Cirne	Individual	Senior Feminino	02:00:39	+01:18:32	12:04
569	1445	Marta Marques Silva	Individual	Senior Feminino	02:00:39	+01:18:32	12:04
570	1436	Carina Sofia da Silva Pinto	Individual	Senior Feminino	02:00:39	+01:18:32	12:04
571	1807	Tânia de Sá Varandas	Ovar HC	Senior Feminino	02:00:49	+01:18:42	12:05
572	1803	Patrícia Ferreira	Ovar HC	Senior Feminino	02:00:50	+01:18:42	12:05
573	1763	Beatriz Costa	Os Salta Pocinhas	Senior Feminino	02:00:53	+01:18:46	12:05
574	1766	Diana Neves	Os Salta Pocinhas	Senior Feminino	02:00:53	+01:18:46	12:05

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575	1765	Daniela Fonseca	Os Salta Pocinhas	Senior Feminino	02:00:53	+01:18:46	12:05
576	1764	Cristina Cerveira	Salta Pocinhas	Senior Feminino	02:01:12	+01:19:05	12:07
577	1767	Inês Moura	Salta Pocinhas	Senior Feminino	02:01:13	+01:19:06	12:07
578	1762	Ana Raquel Félix Resende	Salta Pocinhas	Senior Feminino	02:01:14	+01:19:07	12:07
579	1495	Eugenia Tavares	Lontras	Senior Feminino	02:01:23	+01:19:16	12:08
580	1497	Marina Jorge	Lontras	Senior Feminino	02:01:24	+01:19:16	12:08
581	1498	Mónica Lopez	Lontras	Senior Feminino	02:01:24	+01:19:17	12:08
582	1499	Sandra Resende	Lontras	Senior Feminino	02:01:26	+01:19:19	12:09
583	1494	Catarina Cardoso	Lontras	Senior Feminino	02:01:28	+01:19:20	12:09
584	1496	Inês Silva	Lontras	Senior Feminino	02:01:28	+01:19:21	12:09
585	1506	Nicole Oliveira	LT2 Consulting	Senior Feminino	02:01:32	+01:19:25	12:09
586	1501	Carina Santos	LT2 Consulting	Senior Feminino	02:01:36	+01:19:29	12:10
587	1283	Sara Margarida Nunes Oliveira	FourFriends	Senior Feminino	02:01:52	+01:19:45	12:11
588	1281	Anabela do Carmo Tavares Duarte	FourFriends	Senior Feminino	02:01:52	+01:19:45	12:11
589	1282	Maria Elizabeth Osório	FourFriends	Senior Feminino	02:01:52	+01:19:45	12:11
590	2325	Ana Paula Rosmaninho Camboa da Silva Melo	WorkOut Wellness and Body care	Senior Feminino	02:02:19	+01:20:11	12:14
591	2336	Lígia Vieira	WorkOut Wellness and Body care	Senior Feminino	02:02:19	+01:20:12	12:14
592	817	Francisca Costa	BioFit Racer's	Senior Feminino	02:02:27	+01:20:20	12:15
593	819	Joana Sabino	BioFit Racer's	Senior Feminino	02:02:30	+01:20:22	12:15
594	1534	Sara Rodrigues	Lux Health Club	Senior Feminino	02:02:42	+01:20:35	12:16
595	1531	Angela Rodrigues	Lux Health Club	Senior Feminino	02:02:43	+01:20:35	12:16
596	1529	Ana Paula Silva Andrade	Lux Health Club	Senior Feminino	02:02:43	+01:20:36	12:16
597	1528	Ana Almeida	Lux Health Club	Senior Feminino	02:02:43	+01:20:36	12:16
598	1642	Joana Guimarães	Nucleares	Senior Feminino	02:03:16	+01:21:09	12:20
599	1641	Isabel Oliveira	Nucleares	Senior Feminino	02:03:16	+01:21:09	12:20
600	1643	Marta Oliveira	Nucleares	Senior Feminino	02:03:16	+01:21:09	12:20
601	1645	Susana Quintinha	Nucleares	Senior Feminino	02:03:16	+01:21:09	12:20
602	1640	Gisela Oliveira	Nucleares	Senior Feminino	02:03:16	+01:21:09	12:20
603	1076	Rita da Silva Ferreira da Costa	CR&F	Senior Feminino	02:03:56	+01:21:49	12:24
604	1077	Salome Gomes Nunes	CR&F	Senior Feminino	02:03:56	+01:21:49	12:24
605	1075	Maria Rosa Lamego da Silva	CR&F	Senior Feminino	02:03:56	+01:21:49	12:24
606	1865	Silvia Manuela Monica Ribeiro	Pega na lancheira	Senior Feminino	02:04:59	+01:22:52	12:30
607	1863	Patricia Teixeira Campos	Pega na lancheira	Senior Feminino	02:04:59	+01:22:52	12:30
608	1864	rosa marisa ferreira parada	Pega na lancheira	Senior Feminino	02:04:59	+01:22:52	12:30
609	1861	Alice sofia da Silva Baptista	Pega na lancheira	Senior Feminino	02:05:00	+01:22:53	12:30
610	1866	Sónia Emanuela da Silva Baptista	Pega na lancheira	Senior Feminino	02:05:01	+01:22:53	12:30
611	1931	Lia Miguel Barroso Dias	Radio Locomotiva	Senior Feminino	02:06:13	+01:24:06	12:37
612	1932	Sandra Cristina Amador de Almeida	Radio Locomotiva	Senior Feminino	02:06:13	+01:24:06	12:37
613	1977	Catarina Santos	RIJOS E POTENTES	Senior Feminino	02:06:31	+01:24:24	12:39
614	1982	Paula Gonçalves	RIJOS E POTENTES	Senior Feminino	02:06:31	+01:24:24	12:39
615	1975	Carla Peralta	RIJOS E POTENTES	Senior Feminino	02:06:32	+01:24:24	12:39
616	1971	Ana Fonseca	RIJOS E POTENTES	Senior Feminino	02:06:32	+01:24:24	12:39
617	1834	Daniela Silva	Pára-Lamas	Senior Feminino	02:06:39	+01:24:32	12:40
618	1836	Sofia Instrumento	Pára-Lamas	Senior Feminino	02:06:39	+01:24:32	12:40
619	1833	Ana Beatriz Santos	Pára-Lamas	Senior Feminino	02:06:40	+01:24:32	12:40
620	753	Fernanda Rocha	Batatas Fit	Senior Feminino	02:06:40	+01:24:33	12:40

Prova Principal
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OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION									
621	1835	Patrícia Diogo	Pára-Lamas	Senior Feminino	02:06:40	+01:24:33	12:40		
622	1681	Rosa Vivas	Os Artistas	Senior Feminino	02:06:41	+01:24:33	12:40		
623	1841	Sandra Silva	Passito a Passito	Senior Feminino	02:06:51	+01:24:44	12:41		
624	765	Susana Matos	Batatas Fit	Senior Feminino	02:06:55	+01:24:48	12:42		
625	755	Ines Martins	Batatas Fit	Senior Feminino	02:06:56	+01:24:49	12:42		
626	2059	Cecília Silva	SPORTCAMP	Senior Feminino	02:07:22	+01:25:15	12:44		
627	2057	Carolina Tavares	SPORTCAMP	Senior Feminino	02:07:30	+01:25:22	12:45		
628	1743	Sandra Bento	Os Intocáveis	Senior Feminino	02:07:50	+01:25:43	12:47		
629	2351	Teresa Daniela Andrade	WorKOut Wellness and Body care	Senior Feminino	02:07:56	+01:25:49	12:48		
630	1742	Mónica Pedras	Os Intocáveis	Senior Feminino	02:08:00	+01:25:52	12:48		
631	1740	Ana Bento	Os Intocáveis	Senior Feminino	02:08:03	+01:25:56	12:48		
632	824	Vera Valente	BioFit Racer's	Senior Feminino	02:08:22	+01:26:15	12:50		
633	823	Sonia Lourenço	BioFit Racer's	Senior Feminino	02:08:23	+01:26:15	12:50		
634	1485	Marta Isabel Silva Santos	just 4 fun	Senior Feminino	02:08:25	+01:26:18	12:50		
635	763	Raquel de Sousa	Batatas Fit	Senior Feminino	02:08:27	+01:26:20	12:51		
636	750	Ana Maia	Batatas Fit	Senior Feminino	02:08:27	+01:26:20	12:51		
637	758	Mónica Carvalho	Batatas Fit	Senior Feminino	02:08:27	+01:26:20	12:51		
638	764	Sandra Rocha	Batatas Fit	Senior Feminino	02:08:27	+01:26:20	12:51		
639	761	Patrícia Salgado	Batatas Fit	Senior Feminino	02:08:28	+01:26:21	12:51		
640	759	Patrícia Dias	Batatas Fit	Senior Feminino	02:08:29	+01:26:22	12:51		
641	756	Joana Casimiro	Batatas Fit	Senior Feminino	02:08:32	+01:26:24	12:51		
642	1741	Ana Rita Santos	Os Intocáveis	Senior Feminino	02:08:33	+01:26:26	12:51		
643	2063	Sara Silva	SPORTCAMP	Senior Feminino	02:08:38	+01:26:30	12:52		
644	752	Cláudia Duarte	Batatas Fit	Senior Feminino	02:08:38	+01:26:31	12:52		
645	1309	Anabela Machado Reigoto	Green Gang	Senior Feminino	02:08:46	+01:26:39	12:53		
646	1308	Ana Luísa Arteiro	Green Gang	Senior Feminino	02:08:47	+01:26:39	12:53		
647	1306	Alexandra Cruz	Green Gang	Senior Feminino	02:08:47	+01:26:39	12:53		
648	1307	Ana Beatriz Cruz	Green Gang	Senior Feminino	02:08:47	+01:26:39	12:53		
649	818	Joana Lemos	BioFit Racer's	Senior Feminino	02:08:48	+01:26:41	12:53		
650	816	Cristina Cardoso	BioFit Racer's	Senior Feminino	02:08:49	+01:26:41	12:53		
651	815	Carla Lacerda	BioFit Racer's	Senior Feminino	02:08:49	+01:26:42	12:53		
652	821	Maria Branco	BioFit Racer's	Senior Feminino	02:08:49	+01:26:42	12:53		
653	822	Maria João Tavares	BioFit Racer's	Senior Feminino	02:08:50	+01:26:42	12:53		
654	528	Inês Rafaela Fernandes Silva	100sacionais	Senior Feminino	02:08:53	+01:26:46	12:53		
655	525	Eva Beatriz da Silva Almeida	100sacionais	Senior Feminino	02:08:53	+01:26:46	12:53		
656	530	Joana Marques Castro	100sacionais	Senior Feminino	02:08:54	+01:26:47	12:53		
657	520	Adriana Neiva Mortágua	100sacionais	Senior Feminino	02:08:55	+01:26:47	12:53		
658	533	Maeva Lourenço Pereira	100sacionais	Senior Feminino	02:08:55	+01:26:48	12:54		
659	1585	Liliana Isabel Almeida Guimarães	Misturas Tónicas	Senior Feminino	02:09:35	+01:27:28	12:57		
660	1589	Teresa Manuela Vigário	Misturas Tónicas	Senior Feminino	02:09:35	+01:27:28	12:58		
661	1593	Marisa Samuel	Misturas Tónicas	Senior Feminino	02:09:35	+01:27:28	12:58		
662	2058	Catarina Rodrigues	SPORTCAMP	Senior Feminino	02:09:54	+01:27:47	12:59		
663	2062	Sandra Oliveira	SPORTCAMP	Senior Feminino	02:09:56	+01:27:48	13:00		
664	1944	Lucilia Silva	Ratapumbas 2nd Round	Senior Feminino	02:11:07	+01:28:59	13:07		
665	1943	Andreia Silva	Ratapumbas 2nd Round	Senior Feminino	02:11:07	+01:29:00	13:07		
666	2031	Helga Cristina Pereira Mortágua	Samba Tribal	Senior Feminino	02:11:11	+01:29:03	13:07		

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OFFICIAL RESULT**R**
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667	2026	Andreia Sofia Fonseca Pinto	Samba Tribal	Senior Feminino	02:11:11	+01:29:03	13:07
668	2032	Inês Marques	Samba Tribal	Senior Feminino	02:11:11	+01:29:03	13:07
669	2029	Diana Sousa Ribas	Samba Tribal	Senior Feminino	02:11:11	+01:29:04	13:07
670	536	Mariana Pereira da Silva	100sacionais	Senior Feminino	02:11:57	+01:29:50	13:12
671	529	Joana Couras	100sacionais	Senior Feminino	02:11:58	+01:29:50	13:12
672	522	Ana Rita Brilhante Ferreira	100sacionais	Senior Feminino	02:11:58	+01:29:50	13:12
673	537	Marta da Silva Ferreira da Costa	100sacionais	Senior Feminino	02:11:58	+01:29:51	13:12
674	2254	Lara Manuela Sousa Domingues	Tuttifrutti	Senior Feminino	02:12:15	+01:30:08	13:14
675	2256	Raquel Quadros Melo	Tuttifrutti	Senior Feminino	02:12:16	+01:30:08	13:14
676	523	Catarina Fernandes Lemos	100sacionais	Senior Feminino	02:12:21	+01:30:14	13:14
677	539	Sílvia Alexandra Soares Moura	100sacionais	Senior Feminino	02:12:22	+01:30:14	13:14
678	2123	Rita Nunes	Team Sodida	Senior Feminino	02:12:48	+01:30:40	13:17
679	2121	Ana Moreira	Team Sodida	Senior Feminino	02:12:48	+01:30:40	13:17
680	2122	Filomena Silva	Team Sodida	Senior Feminino	02:12:48	+01:30:41	13:17
681	2415	Liliana Soares	Os únicos	Senior Feminino	02:13:19	+01:31:11	13:20
682	2417	Andreia Correia	Os únicos	Senior Feminino	02:13:31	+01:31:24	13:21
683	1223	teresa faria	equilibrio e saude	Senior Feminino	02:14:09	+01:32:02	13:25
684	1221	maria bastos	equilibrio e saude	Senior Feminino	02:14:10	+01:32:02	13:25
685	727	Soraia Pinho Duarte	As Vareiras	Senior Feminino	02:15:16	+01:33:09	13:32
686	725	Andréa Ventura	As Vareiras	Senior Feminino	02:15:16	+01:33:09	13:32
687	726	Filipa Pinho Duarte	As Vareiras	Senior Feminino	02:15:17	+01:33:09	13:32
688	2027	Beatriz Ramos	Samba Tribal	Senior Feminino	02:15:38	+01:33:31	13:34
689	2034	Rita Fernanda Reis Coleta Portas	Samba Tribal	Senior Feminino	02:15:38	+01:33:31	13:34
690	589	Tânia Pimenta	8.2 Arrosinhos	Senior Feminino	02:15:42	+01:33:35	13:34
691	926	Bruna Catarina Henriques da Silva Gonçalves	CCDVeiros	Senior Feminino	02:16:44	+01:34:37	13:40
692	924	Ana Carolina Teixeira Granja	CCDVeiros	Senior Feminino	02:16:45	+01:34:37	13:40
693	925	Barbara Melo	CCDVeiros	Senior Feminino	02:16:45	+01:34:37	13:40
694	1320	JOANA ALEXANDRA PINTO MOREIR	GS MORENOS	Senior Feminino	02:16:58	+01:34:51	13:42
695	1316	CLÁUDIA FILIPA FERREIRA DA SILVA	GS MORENOS	Senior Feminino	02:17:01	+01:34:54	13:42
696	2169	ANA RAMALHO	TORRE	Senior Feminino	02:18:20	+01:36:12	13:50
697	2286	Conceição Maria Pereira Pessoa	VAI QUEM QUER	Senior Feminino	02:19:05	+01:36:58	13:55
698	1563	Marta Couras	Marretas	Senior Feminino	02:19:50	+01:37:43	13:59
699	1559	Dora Sofia Oliveira Silva	Marretas	Senior Feminino	02:19:50	+01:37:43	13:59
700	1560	Elise Cunha	Marretas	Senior Feminino	02:19:51	+01:37:44	13:59
701	1561	Isabel Maria Oliveira Silva	Marretas	Senior Feminino	02:19:53	+01:37:46	13:59
702	930	Adelaide Pereira	CENTURY21 Salinas	Senior Feminino	02:21:17	+01:39:10	14:08
703	1220	maria barbosa	equilibrio e saude	Senior Feminino	02:21:22	+01:39:15	14:08
704	2075	anabela moreira de bastos vidal	talabrigae ex libris	Senior Feminino	02:21:29	+01:39:22	14:09
705	2076	isabel fernanda marques fonseca	talabrigae ex libris	Senior Feminino	02:21:29	+01:39:22	14:09
706	2078	marina isabel andrade abanches	talabrigae ex libris	Senior Feminino	02:21:29	+01:39:22	14:09
707	2077	maria augusta pereira marques	talabrigae ex libris	Senior Feminino	02:21:30	+01:39:22	14:09
708	1088	Patrícia Santos Nogueira	CrossFit Couto	Senior Feminino	02:22:12	+01:40:05	14:13
709	1085	Catarina Maria Santos Barbosa	CrossFit Couto	Senior Feminino	02:22:18	+01:40:11	14:14
710	2255	Maria Dolores Garrido Soares Melo	Tuttifrutti	Senior Feminino	02:22:24	+01:40:17	14:14
711	1217	ana soares	equilibrio e saude	Senior Feminino	02:22:29	+01:40:21	14:15
712	1222	silvia domingos tomaz	equilibrio e saude	Senior Feminino	02:22:29	+01:40:21	14:15

Prova Principal
10 KM

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713	2253	Inês Quadros Lopes	Tuttifrutti	Senior Feminino	02:22:30	+01:40:22	14:15
714	2259	Sónia Marina Gomes Seabra	Tuttifrutti	Senior Feminino	02:23:15	+01:41:07	14:19
715	2258	Sílvia Maria Fontoura de Sousa	Tuttifrutti	Senior Feminino	02:23:20	+01:41:13	14:20
716	2252	Fernanda Zulmira Oliveira Quadros	Tuttifrutti	Senior Feminino	02:23:20	+01:41:13	14:20
717	2250	Carla Alexandra Quadros Lopes	Tuttifrutti	Senior Feminino	02:23:20	+01:41:13	14:20
718	2251	Claudia Marina Rodrigues Terceiro Serafino	Tuttifrutti	Senior Feminino	02:23:21	+01:41:14	14:20
719	1652	Maria Manuela Jesus Craveiro	OpticaliaEstarreja	Senior Feminino	02:23:26	+01:41:19	14:21
720	914	Vitória Loureiro dos Louros	Caracóis do Asfalto	Senior Feminino	02:23:28	+01:41:20	14:21
721	509	Diana Arrojado Rodrigues	@'s	Senior Feminino	02:23:34	+01:41:27	14:21
722	508	Ana Cláudia Valente Arrojado Rodrigues	@'s	Senior Feminino	02:23:37	+01:41:29	14:22
723	510	Susana Isabel Pereira de Castro	@'s	Senior Feminino	02:23:37	+01:41:30	14:22
724	910	Claudia Sofia Verdade Simões	Caracóis do Asfalto	Senior Feminino	02:24:02	+01:41:55	14:24
725	2291	Marlene Alexandra eles Andrade Rodrigues	VAI QUEM QUER	Senior Feminino	02:24:26	+01:42:19	14:27
726	1444	Mariana Vale Almeida	Individual	Senior Feminino	02:24:26	+01:42:19	14:27
727	2290	Mariana Andreia Teles Andrade	VAI QUEM QUER	Senior Feminino	02:24:26	+01:42:19	14:27
728	1324	MARTA MARQUES CORREIA	GS MORENOS	Senior Feminino	02:25:34	+01:43:27	14:33
729	1318	FILIPA MUGEIRO DE CARVALHO	GS MORENOS	Senior Feminino	02:25:35	+01:43:28	14:33
730	1315	CÉLIA MARIA SILVA PINTO	GS MORENOS	Senior Feminino	02:25:43	+01:43:36	14:34
731	1314	CARLA SOFIA SILVA REBELO	GS MORENOS	Senior Feminino	02:25:43	+01:43:36	14:34
732	1317	CRISTINA MARIA MARQUES SOARES CASTRO	GS MORENOS	Senior Feminino	02:25:44	+01:43:37	14:34
733	1313	ANA SOFIA DA CONCEIÇÃO ALMEID	GS MORENOS	Senior Feminino	02:25:45	+01:43:37	14:34
734	912	Sofia Maria Conceição Maia	Caracóis do Asfalto	Senior Feminino	02:25:54	+01:43:47	14:35
735	913	Sónia Maria Conceição Maia	Caracóis do Asfalto	Senior Feminino	02:26:00	+01:43:53	14:36
736	1502	Helena Nogueira	LT2 Consulting	Senior Feminino	02:26:01	+01:43:54	14:36
737	1505	Maria Nogueira	LT2 Consulting	Senior Feminino	02:26:03	+01:43:55	14:36
738	911	Sandra Cristina Cardoso da Ana	Caracóis do Asfalto	Senior Feminino	02:26:03	+01:43:56	14:36
739	534	Maria de Luz Lario de Jesus	100sacionais	Senior Feminino	02:27:30	+01:45:23	14:45
740	526	Gabriela de Jesus Campos	100sacionais	Senior Feminino	02:28:02	+01:45:54	14:48
741	1129	Ana Silva	Da Bitchezzz	Senior Feminino	02:28:42	+01:46:35	14:52
742	531	Joana Soares de Almeida	100sacionais	Senior Feminino	02:28:50	+01:46:43	14:53
743	1137	Tânia Gonçalves	Da Bitchezzz	Senior Feminino	02:29:06	+01:46:59	14:55
744	1132	Margarida Prata	Da Bitchezzz	Senior Feminino	02:29:07	+01:47:00	14:55
745	1130	Daniela Ferreira	Da Bitchezzz	Senior Feminino	02:29:07	+01:47:00	14:55
746	1135	Sandra Carvalho	Da Bitchezzz	Senior Feminino	02:29:08	+01:47:01	14:55
747	1131	Joana Amaro	Da Bitchezzz	Senior Feminino	02:29:08	+01:47:01	14:55
748	1136	Sofia Vilela	Da Bitchezzz	Senior Feminino	02:29:09	+01:47:01	14:55
749	1138	Teresa Machado	Da Bitchezzz	Senior Feminino	02:29:09	+01:47:02	14:55
750	1133	Maria Antónia Ferreira	Da Bitchezzz	Senior Feminino	02:29:10	+01:47:02	14:55
751	1507	Rosa Ascenção	LT2 Consulting	Senior Feminino	02:30:09	+01:48:01	15:01
752	1504	Magda Leitão	LT2 Consulting	Senior Feminino	02:30:11	+01:48:04	15:01
753	751	Carla Canha	Batatas Fit	Senior Feminino	02:31:43	+01:49:36	15:10
754	754	Fernanda Teixeira	Batatas Fit	Senior Feminino	02:31:43	+01:49:36	15:10
755	762	Paula Moura	Batatas Fit	Senior Feminino	02:31:44	+01:49:36	15:10
756	577	Dulce Fernandes	8.2 Arroshos	Senior Feminino	02:39:08	+01:57:00	15:55

Prova Principal

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OFFICIAL RESULT

757	572	Angelina Oliveira	8.2 Arrosinhos	Senior Feminino	02:39:10	+01:57:03	15:55
758	583	Linete Saraiva	8.2 Arrosinhos	Senior Feminino	02:39:10	+01:57:03	15:55
759	1653	Solange Machado	OpticaliaEstarreja	Senior Feminino	02:39:32	+01:57:25	15:57
760	1651	Graciosa Silva	OpticaliaEstarreja	Senior Feminino	02:39:32	+01:57:25	15:57
761	1219	estefania costa	equilibrio e saude	Senior Feminino	02:43:29	+02:01:22	16:21
762	1216	ana rebelo	equilibrio e saude	Senior Feminino	02:43:32	+02:01:25	16:21
763	693	Ana Filipa Cordeiro Pires	Arsenal de Canelas	Senior Feminino	02:50:34	+02:08:27	17:03
764	696	Florbela Irene Montenegro Osório da Vinha	Arsenal de Canelas	Senior Feminino	02:50:34	+02:08:27	17:03
765	701	Maria de Fátima da Silva Pereira Vaz	Arsenal de Canelas	Senior Feminino	02:50:34	+02:08:27	17:03
766	703	Sandra Isabel Conceição Almeida	Arsenal de Canelas	Senior Feminino	02:50:34	+02:08:27	17:03
767	698	Janeth Ferreira Sousa	Arsenal de Canelas	Senior Feminino	02:50:34	+02:08:27	17:03
768	704	Vera Sandra Montenegro Osório da Vinha	Arsenal de Canelas	Senior Feminino	02:50:35	+02:08:27	17:03
769	695	Ana Sofia Tavares Católico	Arsenal de Canelas	Senior Feminino	02:50:35	+02:08:27	17:03
770	694	Ana Rita Esteves Costa	Arsenal de Canelas	Senior Feminino	02:50:35	+02:08:28	17:03
771	2105	Paula Sona	Tartarugas	Senior Feminino	02:51:38	+02:09:30	17:10
772	2108	Susana Silva	Tartarugas	Senior Feminino	02:51:38	+02:09:31	17:10
773	2101	Gina Fernandes	Tartarugas	Senior Feminino	02:54:14	+02:12:07	17:25
774	2109	Vânia Fonseca	Tartarugas	Senior Feminino	02:54:14	+02:12:07	17:25
775	2099	Emília Vaz	Tartarugas	Senior Feminino	03:02:46	+02:20:39	18:17
776	2103	Márcia Pereira	Tartarugas	Senior Feminino	03:02:47	+02:20:39	18:17
777	2102	Liliana Batista	Tartarugas	Senior Feminino	03:02:47	+02:20:40	18:17
778	2104	Nini	Tartarugas	Senior Feminino	03:02:47	+02:20:40	18:17
779	2110	Viviana Peralta	Tartarugas	Senior Feminino	03:02:49	+02:20:41	18:17
780	2098	Daniela Pinto	Tartarugas	Senior Feminino	03:02:49	+02:20:41	18:17
781	2095	Ana Cláudia	Tartarugas	Senior Feminino	03:02:50	+02:20:42	18:17
782	2097	Carla Machado	Tartarugas	Senior Feminino	03:02:50	+02:20:43	18:17
783	2107	Sónia Pereira	Tartarugas	Senior Feminino	03:02:50	+02:20:43	18:17
784	2096	Ana Santos	Tartarugas	Senior Feminino	03:02:50	+02:20:43	18:17

Senior Masculino

1	66	João Pedro Rodrigues	GESINSERDE TEAM	Senior Masculino	42:07		04:13
2	90	Helder Rodrigues	Individual	Senior Masculino	44:59	+02:52	04:30
3	1058	Marco Santos	Correio de Albergaria Trail Running	Senior Masculino	45:15	+03:08	04:32
4	62	Filipe Vieira	EQUIPA ALPHA	Senior Masculino	45:54	+03:47	04:35
5	64	Hilário Fernando Silva Pinto	GESINSERDE TEAM	Senior Masculino	46:30	+04:23	04:39
6	26	Diogo Araújo	B.T.M.	Senior Masculino	46:36	+04:29	04:40
7	27	Francisco Fernandes	B.T.M.	Senior Masculino	46:36	+04:29	04:40
8	33	Pedro Moreira	B.T.M.	Senior Masculino	46:36	+04:29	04:40
9	1410	Baitik Diushembiev	Hot Water	Senior Masculino	46:48	+04:40	04:41
10	10	DAVIDE SILVA	ADTravassô	Senior Masculino	47:14	+05:06	04:43
11	146	Fábio Manuel Santo Pinho	WorKOut Wellness and Body care	Senior Masculino	47:14	+05:07	04:43
12	6	João Francisco dos Santos Silva	A.D.R.Quintas	Senior Masculino	47:35	+05:28	04:46
13	136	Danny Simões Mateus	Wild Worses	Senior Masculino	47:49	+05:42	04:47
14	29	João Duarte	B.T.M.	Senior Masculino	47:57	+05:50	04:48

Official Timekeeper: Lap2Go	18 / 42	generate 28-Sep-2017 10:12
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Prova Principal
10 KM
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OFFICIAL RESULT

15	147	Hélder José Gonçalves Garcia	WorkOut Wellness and Body care	Senior Masculino	48:05	+05:58	04:48
16	28	Helder Torres	B.T.M.	Senior Masculino	48:33	+06:26	04:51
17	1761	Marco Gaspar	Os Lusitanos	Senior Masculino	48:41	+06:34	04:52
18	142	Arménio Luís de Bastos Vidal Dias	WorkOut Wellness and Body care	Senior Masculino	48:58	+06:51	04:54
19	1017	José Vitor Sereno	Corpo Culto	Senior Masculino	48:59	+06:51	04:54
20	1067	Sergio Lourenço	Correio de Albergaria Trail Running	Senior Masculino	49:08	+07:01	04:55
21	2217	Nuno Oliveira	Tropa de Elite	Senior Masculino	49:14	+07:06	04:55
22	1169	João Vinha	DowNuts	Senior Masculino	49:22	+07:15	04:56
23	140	Pedro Guilherme Sarabando Pereira	Wild Worses	Senior Masculino	49:46	+07:39	04:59
24	1105	Luís Miguel Silva Oliveira	CrossFit Couto	Senior Masculino	50:04	+07:57	05:00
25	1184	João Portugal	DURAVIT RACETEAM	Senior Masculino	50:15	+08:07	05:01
26	1815	Paulo Pereira	Ovar HC	Senior Masculino	50:20	+08:13	05:02
27	1207	Miguel Marques	Dynamic Life - MuayThai	Senior Masculino	50:23	+08:15	05:02
28	1202	João Lucas Lessa Gomes	Dynamic Life - MuayThai	Senior Masculino	50:25	+08:18	05:03
29	1064	Pedro Lopes	Correio de Albergaria Trail Running	Senior Masculino	50:27	+08:20	05:03
30	1667	André da Silva Nunes Henriques	Ori-Estarreja	Senior Masculino	50:29	+08:22	05:03
31	1197	David Santos	Dynamic Life - MuayThai	Senior Masculino	50:29	+08:22	05:03
32	1181	Filipe Fonseca	DURAVIT RACETEAM	Senior Masculino	50:29	+08:22	05:03
33	1451	Fabio andre rodrigues ferreira	Individual	Senior Masculino	50:31	+08:24	05:03
34	1182	Hugo Silva	DURAVIT RACETEAM	Senior Masculino	50:34	+08:27	05:03
35	49	Ricardo Silva	Be5Team by Be-Fit Aveiro	Senior Masculino	50:53	+08:46	05:05
36	1227	Duarte Silva	EQUIPA ALPHA	Senior Masculino	50:54	+08:47	05:05
37	46	Isaac Gonçalves	Be5Team by Be-Fit Aveiro	Senior Masculino	50:58	+08:51	05:06
38	545	Paulo Albino Matos Santos	100sacionais	Senior Masculino	51:00	+08:52	05:06
39	717	Ricardo Rodrigues Esteves	Arsenal de Canelas	Senior Masculino	51:03	+08:56	05:06
40	707	Carlos Alexandre Tavares	Arsenal de Canelas	Senior Masculino	51:03	+08:56	05:06
41	1056	Jorge Coelho	Correio de Albergaria Trail Running	Senior Masculino	51:09	+09:02	05:07
42	65	João Martinho de Azevedo Sousa	GESINSERDE TEAM	Senior Masculino	51:25	+09:18	05:08
43	1733	Bruno Ferreira	Os Impecáveis	Senior Masculino	51:26	+09:19	05:09
44	715	Mário Pedro Queirós Coutinho	Arsenal de Canelas	Senior Masculino	51:28	+09:21	05:09
45	32	Nuno Dantas	B.T.M.	Senior Masculino	51:40	+09:32	05:10
46	1068	Sergio Paulo Pires Freitas	Correio de Albergaria Trail Running	Senior Masculino	51:45	+09:38	05:10
47	1706	Bruno Macedo	Os todo o terreno	Senior Masculino	51:52	+09:44	05:11
48	1170	Manuel Cardoso	DowNuts	Senior Masculino	52:05	+09:58	05:13
49	2198	Eduardo Sardo	Torreira Runners	Senior Masculino	52:10	+10:03	05:13
50	145	Daniel António Matos da Silva	WorkOut Wellness and Body care	Senior Masculino	52:21	+10:14	05:14
51	1675	Tiago Figueiredo	Ori-Estarreja	Senior Masculino	52:30	+10:23	05:15
52	1670	Pedro Miguel Barbosa da Silva	Ori-Estarreja	Senior Masculino	52:52	+10:44	05:17
53	858	David Simões	BioRacers	Senior Masculino	52:52	+10:45	05:17
54	74	Nuno Lourenço	Ginásio Elite Corpus	Senior Masculino	52:58	+10:51	05:18
55	1673	Rui Oliveira	Ori-Estarreja	Senior Masculino	53:03	+10:56	05:18
56	1304	Pedro Manuel Rocha Camarinho	GESINSERDE TEAM	Senior Masculino	53:17	+11:10	05:20
57	999	Renato Ferreira	Clube Desportivo De Estarreja - Secção De Natação	Senior Masculino	53:41	+11:34	05:22
58	1337	JOSÉ MOUTELA FONSECA FARIA TAVARES	GS MORENOS	Senior Masculino	53:42	+11:35	05:22
59	73	Miguel Marquês	Ginásio Elite Corpus	Senior Masculino	53:54	+11:46	05:23

Prova Principal
10 KM

OFFICIAL RESULT

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60	996	Hugo Miguel Machado	Clube Desportivo De Estarreja - Secção de Nataçāo	Senior Masculino	54:08	+12:00	05:25
61	1999	José Félix	RIJOS E POTENTES	Senior Masculino	54:10	+12:03	05:25
62	1719	Tiago Ribeiro	Os Fo(d)tes!	Senior Masculino	54:16	+12:08	05:26
63	9	Rui Miguel Sousa Tavares	A.D.R.Quintas	Senior Masculino	54:18	+12:10	05:26
64	139	Jorge Ribeiro	Wild Worses	Senior Masculino	54:19	+12:12	05:26
65	1716	André Ferreira	Os Fo(d)tes!	Senior Masculino	54:22	+12:15	05:26
66	720	Tiago Manuel Oliveira Silva	Arsenal de Canelas	Senior Masculino	54:33	+12:26	05:27
67	978	João Ferreira	CIRES_RUNNING-TEAM	Senior Masculino	54:39	+12:31	05:28
68	2432	Diogo Vieira	Os únicos	Senior Masculino	54:47	+12:40	05:29
69	1062	Paulo Marques	Correio de Albergaria Trail Running	Senior Masculino	54:48	+12:41	05:29
70	1063	Pedro Alexandre Nunes Monteiro	Correio de Albergaria Trail Running	Senior Masculino	54:53	+12:46	05:29
71	1050	Evaristo Bastos	Correio de Albergaria Trail Running	Senior Masculino	55:01	+12:54	05:30
72	8	Pedro Miguel Matos Santos	A.D.R.Quintas	Senior Masculino	55:04	+12:57	05:30
73	138	João Sarabando Santos	Wild Worses	Senior Masculino	55:09	+13:01	05:31
74	1626	Miguel Soares	No Fear for Beer	Senior Masculino	55:14	+13:07	05:31
75	1015	Filipe Carvalho	Corpo Culto	Senior Masculino	55:16	+13:09	05:32
76	1628	Zé Manel	No Fear for Beer	Senior Masculino	55:17	+13:10	05:32
77	1055	João Paulo da Silva Baptista	Correio de Albergaria Trail Running	Senior Masculino	55:18	+13:11	05:32
78	1911	Carlos Manuel Santos Figueiredo Almeida	Polisport	Senior Masculino	55:21	+13:13	05:32
79	1016	João Meireles	Corpo Culto	Senior Masculino	55:24	+13:16	05:32
80	50	Sergio Sousa	Be5Team by Be-Fit Aveiro	Senior Masculino	55:25	+13:18	05:33
81	1205	Luís Santos	Dynamic Life - MuayThai	Senior Masculino	55:37	+13:30	05:34
82	646	João Luís Barreto Garcia de Sousa	Altice Labs	Senior Masculino	55:37	+13:30	05:34
83	1208	Pedro Duarte	Dynamic Life - MuayThai	Senior Masculino	55:37	+13:30	05:34
84	106	Fernando Matos	KO Health Club	Senior Masculino	55:38	+13:31	05:34
85	1735	Ivo Ferreira	Os Impecáveis	Senior Masculino	55:47	+13:40	05:35
86	643	Filipe José Delgado	Altice Labs	Senior Masculino	55:48	+13:41	05:35
87	1044	Bruno Pereira Moreira	Correio de Albergaria Trail Running	Senior Masculino	55:51	+13:44	05:35
88	1467	Raúl Rodríguez Collazo	Individual	Senior Masculino	55:53	+13:46	05:35
89	2222	Levi Fernandes	Tropa Elite	Senior Masculino	56:05	+13:58	05:36
90	711	João Miguel Almeida Dias	Arsenal de Canelas	Senior Masculino	56:23	+14:16	05:38
91	1061	nelson santiago	Correio de Albergaria Trail Running	Senior Masculino	56:31	+14:24	05:39
92	2216	Jorge Venâncio	Tropa de Elite	Senior Masculino	56:33	+14:26	05:39
93	1419	Paulo Batista	Hot Water	Senior Masculino	56:38	+14:31	05:40
94	1078	Armando Godinho Silva Henriques	CR&F	Senior Masculino	56:39	+14:32	05:40
95	679	João Dias	AMUPB BMX	Senior Masculino	56:39	+14:32	05:40
96	51	Diogo Maria Azevedo Coutinho Magalhães Crespo	CASA DA RIA - TURISMO RURAL	Senior Masculino	56:39	+14:32	05:40
97	2010	Rui Baptista	RIJOS E POTENTES	Senior Masculino	56:42	+14:34	05:40
98	71	João Romano	Ginásio Elite Corpus	Senior Masculino	56:57	+14:50	05:42
99	150	Ricardo Manuel Resende Pereira	WorkOut Wellness and Body care	Senior Masculino	57:06	+14:59	05:43
100	69	Claudio Pinto	Ginásio Elite Corpus	Senior Masculino	57:07	+15:00	05:43
101	143	Bruno José Vilaranda Borges	WorkOut Wellness and Body care	Senior Masculino	57:07	+15:00	05:43
102	997	Nuno Miguel Azevedo	Clube Desportivo De Estarreja - Secção de Nataçāo	Senior Masculino	57:07	+15:00	05:43
103	680	DIOGO FILIPE	AMUPB BMX	Senior Masculino	57:08	+15:01	05:43

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149	2371	José Miguel Ferreira Félix	WorkOut Wellness and Body care	Senior Masculino	01:01:14	+19:07	06:07
150	712	Joao Pedro Luz Afonso	Arsenal de Canelas	Senior Masculino	01:01:16	+19:09	06:08
151	1059	Mário Tavares	Correio de Albergaria Trail Running	Senior Masculino	01:01:17	+19:10	06:08
152	2377	Manuel Rodrigo Rosmaninho Camboa da Silva Melo	WorkOut Wellness and Body care	Senior Masculino	01:01:23	+19:16	06:08
153	2148	MARCO FILIPE NABAIS BALSINHA	TENSAI	Senior Masculino	01:01:26	+19:19	06:09
154	542	Bruno César Oliveira Melo	100sacionais	Senior Masculino	01:01:33	+19:26	06:09
155	31	Nelson Pinto	B.T.M.	Senior Masculino	01:01:35	+19:28	06:09
156	1734	Daniel Figueiro	Os Impecáveis	Senior Masculino	01:01:36	+19:29	06:10
157	503	Fábio Gomes	#DeusNoComando	Senior Masculino	01:01:37	+19:30	06:10
158	110	João Correia	KO Health Club	Senior Masculino	01:01:39	+19:32	06:10
159	1993	Carlos Ferreira	RIJOS E POTENTES	Senior Masculino	01:01:41	+19:34	06:10
160	1054	Humberto Manuel Colaço de Almeida	Correio de Albergaria Trail Running	Senior Masculino	01:01:44	+19:36	06:10
161	1160	Carlos Miguel Tavares de Oliveira	Dos Senhores e das Senhoras	Senior Masculino	01:01:47	+19:40	06:11
162	1758	Gabriel Sarabando	Os Lusitanos	Senior Masculino	01:01:54	+19:46	06:11
163	70	Fábio Ferreira	Ginásio Elite Corpus	Senior Masculino	01:01:56	+19:49	06:12
164	2413	Fernando Mendes	DowNuts	Senior Masculino	01:02:06	+19:58	06:13
165	507	Tiago Pereira	#DeusNoComando	Senior Masculino	01:02:10	+20:03	06:13
166	1468	Ricardo Lopes	Individual	Senior Masculino	01:02:14	+20:07	06:13
167	1710	José Oliveira	OS DUROS	Senior Masculino	01:02:14	+20:07	06:13
168	1711	Pedro Almeida	OS DUROS	Senior Masculino	01:02:14	+20:07	06:13
169	709	Gonçalo Lopes Costa	Arsenal de Canelas	Senior Masculino	01:02:17	+20:10	06:14
170	724	Vitor Miguel de Oliveira e Silva	Arsenal de Canelas	Senior Masculino	01:02:17	+20:10	06:14
171	1614	Paulo Filipe Garrido	Ninja Team	Senior Masculino	01:02:27	+20:19	06:15
172	25	Bruno Santos	B.T.M.	Senior Masculino	01:02:27	+20:19	06:15
173	1615	Rúben Neves Gonçalves	Ninja Team	Senior Masculino	01:02:27	+20:19	06:15
174	2165	Miguel Almeida	Tiago	Senior Masculino	01:02:28	+20:21	06:15
175	1069	Telmo Martins	Correio de Albergaria Trail Running	Senior Masculino	01:02:29	+20:22	06:15
176	2166	Pedro sousa	Tiago	Senior Masculino	01:02:31	+20:23	06:15
177	672	Duarte Barbosa	Amigos do Brock	Senior Masculino	01:02:32	+20:25	06:15
178	676	Nuno Serra	Amigos do Brock	Senior Masculino	01:02:33	+20:25	06:15
179	30	Miguel Fernandes	B.T.M.	Senior Masculino	01:02:33	+20:25	06:15
180	2167	Tiago Cruz	Tiago	Senior Masculino	01:02:33	+20:26	06:15
181	1522	Horácio Neri	LTPmudlabs	Senior Masculino	01:02:48	+20:41	06:17
182	36	Sergio Fernandes	B.T.M.	Senior Masculino	01:03:11	+21:04	06:19
183	638	André Filipe Alves	Altice Labs	Senior Masculino	01:03:13	+21:06	06:19
184	1913	Diogo Martins	Polisport	Senior Masculino	01:03:15	+21:08	06:20
185	1912	David Camelo	Polisport	Senior Masculino	01:03:16	+21:09	06:20
186	1672	Rui Jorge Morais	Ori-Estarreja	Senior Masculino	01:03:18	+21:11	06:20
187	1525	Paulo Sousa	LTPmudlabs	Senior Masculino	01:03:18	+21:11	06:20
188	1213	ALFREDO CUSTODIO MARTINS ANTONIO	EMBORASIMBORALA	Senior Masculino	01:03:19	+21:12	06:20
189	541	Adriano Manuel Mortágua	100sacionais	Senior Masculino	01:03:30	+21:23	06:21
190	1459	José Armando Ferreira Gonçalves	Individual	Senior Masculino	01:03:39	+21:31	06:22
191	706	Amílcar Manuel Pereira da Silva	Arsenal de Canelas	Senior Masculino	01:03:41	+21:34	06:22
192	1428	Carlos Alberto Simões	HRV	Senior Masculino	01:03:51	+21:44	06:23
193	1810	Ivo Sousa	Ovar HC	Senior Masculino	01:03:56	+21:49	06:24

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194	1460	Jose Manuel Pereira Rodrigues	Individual	Senior Masculino	01:04:00	+21:53	06:24
195	1043	Belmiro Resgate	Correio de Albergaria Trail Running	Senior Masculino	01:04:09	+22:02	06:25
196	1046	Carlos Cachulo	Correio de Albergaria Trail Running	Senior Masculino	01:04:09	+22:02	06:25
197	2067	Filipe de Almeida	SPORTCAMP	Senior Masculino	01:04:25	+22:18	06:27
198	2061	Carlos Guerra	SPORTCAMP	Senior Masculino	01:04:25	+22:18	06:27
199	1708	Alexandre Fernandes	OS DUROS	Senior Masculino	01:04:28	+22:21	06:27
200	809	João Silva	Bioapasso	Senior Masculino	01:04:31	+22:23	06:27
201	1301	Tiago Gamelas	Garrafões100fundo	Senior Masculino	01:04:43	+22:36	06:28
202	1292	Renato Costa	Garrafões100fundo	Senior Masculino	01:04:44	+22:37	06:28
203	1845	ARMANDO DIAS	PAVANCA	Senior Masculino	01:04:47	+22:39	06:29
204	1922	Rui Miguel Oliveira Fernandes	Polisport	Senior Masculino	01:04:53	+22:46	06:29
205	1817	Vitor Soares	Ovar HC	Senior Masculino	01:04:54	+22:47	06:29
206	2050	Carlos Madail	Somamaratonas	Senior Masculino	01:04:54	+22:47	06:29
207	2374	Júlio Cesar Matos Pinho	WorkOut Wellness and Body care	Senior Masculino	01:04:55	+22:48	06:30
208	1707	João Pinho	Os todo o terreno	Senior Masculino	01:04:56	+22:49	06:30
209	2302	Pedrito Arrojado	VAI QUEM QUER	Senior Masculino	01:04:59	+22:51	06:30
210	1108	Pedro Pombal	CrossFit Couto	Senior Masculino	01:05:02	+22:55	06:30
211	2009	Rómulo Pinto	RIJOS E POTENTES	Senior Masculino	01:05:04	+22:56	06:30
212	2278	Ailton Cruz	Unbroken Fun	Senior Masculino	01:05:04	+22:56	06:30
213	1014	Cesário Rocha	Corpo Culto	Senior Masculino	01:05:08	+23:01	06:31
214	2053	Paulo Pires	Somamaratonas	Senior Masculino	01:05:09	+23:01	06:31
215	141	António Manuel Matos Cavilhas Alves da Costa	WorkOut Wellness and Body care	Senior Masculino	01:05:15	+23:08	06:31
216	88	António José Matos Guerra Alves da Costa	Individual	Senior Masculino	01:05:15	+23:08	06:32
217	151	Ricardo Remédio Coelho	WorkOut Wellness and Body care	Senior Masculino	01:05:20	+23:13	06:32
218	811	Miguel Almeida	Bioapasso	Senior Masculino	01:05:21	+23:14	06:32
219	2375	Luís Carlos Santos Picote	WorkOut Wellness and Body care	Senior Masculino	01:05:23	+23:16	06:32
220	2041	Nuno Oliveira	Samba Tribal	Senior Masculino	01:05:25	+23:18	06:33
221	807	Diogo couras	Bioapasso	Senior Masculino	01:05:30	+23:22	06:33
222	2038	Dinarte Vieira	Samba Tribal	Senior Masculino	01:05:31	+23:23	06:33
223	1989	André Valente Oliveira	RIJOS E POTENTES	Senior Masculino	01:05:34	+23:27	06:33
224	980	José Almeida	CIRES_RUNNING-TEAM	Senior Masculino	01:05:38	+23:31	06:34
225	722	Victor Manuel Tavares da Luz	Arsenal de Canelas	Senior Masculino	01:05:47	+23:40	06:35
226	847	António Humberto Gonçalves Tavares	Bionelas	Senior Masculino	01:05:51	+23:43	06:35
227	859	Joaquim Fernando Rodrigues de Sousa	BioRacers	Senior Masculino	01:05:51	+23:44	06:35
228	639	António Manuel Valente	Altice Labs	Senior Masculino	01:05:52	+23:45	06:35
229	868	Luís Ferreira	BotaPaQuebrá	Senior Masculino	01:05:56	+23:48	06:36
230	1520	Daniel Pereira	LTPmudlabs	Senior Masculino	01:06:03	+23:56	06:36
231	1709	Carlos Borges	OS DUROS	Senior Masculino	01:06:21	+24:13	06:38
232	1736	João Carreira	Os Impecáveis	Senior Masculino	01:06:23	+24:16	06:38
233	649	Luis Miguel Inácio	Altice Labs	Senior Masculino	01:06:31	+24:23	06:39
234	977	Francisco Tavares	CIRES_RUNNING-TEAM	Senior Masculino	01:06:39	+24:32	06:40
235	1417	João Santana	Hot Water	Senior Masculino	01:06:56	+24:48	06:42
236	1413	Aventino Lima	Hot Water	Senior Masculino	01:06:59	+24:52	06:42
237	1335	JOÃO NUNES DA SILVA	GS MORENOS	Senior Masculino	01:07:03	+24:55	06:42
238	1422	Vitor Ribau	Hot Water	Senior Masculino	01:07:03	+24:56	06:42

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285	1210	Ricardo Pascoal	Dynamic Life - MuayThai	Senior Masculino	01:10:24	+28:17	07:02
286	1916	Marcelo Figueiredo	Polisport	Senior Masculino	01:10:24	+28:17	07:02
287	1914	Eugénio José da Silva Pires Tavares	Polisport	Senior Masculino	01:10:24	+28:17	07:02
288	1917	Miguel Martinho	Polisport	Senior Masculino	01:10:25	+28:17	07:02
289	2214	Jorge André Carvalhal	Tropa de Elite	Senior Masculino	01:10:35	+28:28	07:04
290	934	Luis Grilo	CENTURY21 Salinas	Senior Masculino	01:10:37	+28:29	07:04
291	933	Fernando Pinto	CENTURY21 Salinas	Senior Masculino	01:10:37	+28:30	07:04
292	102	Agostinho Moreira	KO Health Club	Senior Masculino	01:10:49	+28:41	07:05
293	2384	Sérgio Manuel da Silva Pinto Bandeira	WorkOut Wellness and Body care	Senior Masculino	01:10:58	+28:51	07:06
294	1398	Pedro Guimarães	GYMPRO	Senior Masculino	01:10:59	+28:51	07:06
295	976	Carlos Dias	CIRES_RUNNING-TEAM	Senior Masculino	01:10:59	+28:52	07:06
296	1816	Vasco Rios	Ovar HC	Senior Masculino	01:11:11	+29:04	07:07
297	144	Bruno Tarola	WorkOut Wellness and Body care	Senior Masculino	01:11:12	+29:05	07:07
298	2133	Filipe Pereira	Telhadela Runners	Senior Masculino	01:11:23	+29:16	07:08
299	1955	José Narciso do Carmo pascoal	Resistentes de Azeméis	Senior Masculino	01:11:25	+29:18	07:08
300	1962	Telmo Rui Aguiar leite	Resistentes de Azeméis	Senior Masculino	01:11:25	+29:18	07:08
301	2136	Pedro Pinho	Telhadela Runners	Senior Masculino	01:11:29	+29:22	07:09
302	1098	Gustavo Pinho	CrossFit Couto	Senior Masculino	01:11:33	+29:25	07:09
303	1111	Rui Silva	CrossFit Couto	Senior Masculino	01:11:33	+29:25	07:09
304	1107	Carlos Duarte	CrossFit Couto	Senior Masculino	01:11:35	+29:27	07:09
305	1811	José Pinto	Ovar HC	Senior Masculino	01:11:36	+29:29	07:10
306	2134	José Pereira	Telhadela Runners	Senior Masculino	01:11:40	+29:33	07:10
307	1199	Emanuel Silva	Dynamic Life - MuayThai	Senior Masculino	01:11:45	+29:37	07:10
308	1791	Paulo Melo	Os todo o terreno	Senior Masculino	01:11:49	+29:41	07:11
309	2132	Carlos Campos	Telhadela Runners	Senior Masculino	01:11:49	+29:42	07:11
310	1851	TIAGO MARQUES	PAVANCA	Senior Masculino	01:12:00	+29:52	07:12
311	1418	Hugo Gonçalves	Hot Water	Senior Masculino	01:12:00	+29:53	07:12
312	1843	ADÉRITO VIDEIRA	PAVANCA	Senior Masculino	01:12:02	+29:55	07:12
313	2135	Nuno Filipe Ferreira Capela	Telhadela Runners	Senior Masculino	01:12:03	+29:56	07:12
314	716	Miguel Costa	Arsenal de Canelas	Senior Masculino	01:12:04	+29:56	07:12
315	1106	Paulo Alexandre Gomes Gregório	CrossFit Couto	Senior Masculino	01:12:12	+30:05	07:13
316	44	Cristiano Rodrigues	Be5Team by Be-Fit Aveiro	Senior Masculino	01:12:12	+30:05	07:13
317	1094	Carlos Alberto Andrade Gomes	CrossFit Couto	Senior Masculino	01:12:12	+30:05	07:13
318	641	Bruno Marques Silva	Altice Labs	Senior Masculino	01:12:12	+30:05	07:13
319	133	Hilário Costa	oiteameia	Senior Masculino	01:12:13	+30:06	07:13
320	131	Fernando Varanda	oiteameia	Senior Masculino	01:12:13	+30:06	07:13
321	132	fernando mautempo	oiteameia	Senior Masculino	01:12:14	+30:06	07:13
322	134	Valter Barbosa	oiteameia	Senior Masculino	01:12:14	+30:07	07:13
323	1712	Tiago Almeida	OS DUROS	Senior Masculino	01:12:15	+30:08	07:14
324	1185	Joaquim Justino	DURAVIT RACETEAM	Senior Masculino	01:12:25	+30:17	07:14
325	648	José Luís da Silva Rosa	Altice Labs	Senior Masculino	01:12:25	+30:18	07:14
326	708	Gabriel António Cravo de Pinho	Arsenal de Canelas	Senior Masculino	01:12:26	+30:19	07:15
327	651	Miguel Santos	Altice Labs	Senior Masculino	01:12:26	+30:19	07:15
328	1458	Jorge Miguel Marques Bastos	Individual	Senior Masculino	01:12:32	+30:25	07:15
329	1921	Ricardo João Rodrigues de Azevedo	Polisport	Senior Masculino	01:12:44	+30:37	07:16
330	813	Nuno conde	Bioapasso	Senior Masculino	01:12:47	+30:40	07:17

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420	863	davide carvalho	Boa "Vai" Ela	Senior Masculino	01:19:23	+37:15	07:56
421	865	Tiago Estima	Boa "Vai" Ela	Senior Masculino	01:19:23	+37:16	07:56
422	1956	Leandro Daniel Pinho lavoura	Resistentes de Azeméis	Senior Masculino	01:19:25	+37:18	07:56
423	1960	Rogério de Pinho e Silva	Resistentes de Azeméis	Senior Masculino	01:19:25	+37:18	07:56
424	1289	Luís André Martinez Vieira	GAP	Senior Masculino	01:19:29	+37:22	07:57
425	2360	David Miguel Belo Rebelo	WorkOut Wellness and Body care	Senior Masculino	01:19:32	+37:25	07:57
426	1288	Jorge Augusto Magano Maio	GAP	Senior Masculino	01:19:33	+37:26	07:57
427	1287	João Filipe Magano Maio	GAP	Senior Masculino	01:19:44	+37:37	07:58
428	1286	Fernando Jorge Vieira Ramos	GAP	Senior Masculino	01:19:45	+37:38	07:59
429	1524	Paulinho Pereira	LTPmudlabs	Senior Masculino	01:19:55	+37:47	07:59
430	1065	Pedro Miguel Domingues Paiva	Correio de Albergaria Trail Running	Senior Masculino	01:20:00	+37:53	08:00
431	1860	Rui de Almeida	Pé na lama	Senior Masculino	01:20:00	+37:53	08:00
432	1578	Fabio Costa	Melindra Team	Senior Masculino	01:20:02	+37:55	08:00
433	975	Carlos Alves	CIRES_RUNNING-TEAM	Senior Masculino	01:20:09	+38:02	08:01
434	1487	Bernrdo de Sá Melo e Castro	just 4 fun	Senior Masculino	01:20:24	+38:17	08:02
435	105	Carlos Parracho	KO Health Club	Senior Masculino	01:20:27	+38:20	08:03
436	104	Bruno Carvalho	KO Health Club	Senior Masculino	01:20:28	+38:20	08:03
437	103	Apolinário Pereira	KO Health Club	Senior Masculino	01:20:28	+38:21	08:03
438	1923	Tiago Emanuel Magalhaes Teixeira	Polisport	Senior Masculino	01:20:35	+38:28	08:04
439	1204	Luis Sampaio	Dynamic Life - MuayThai	Senior Masculino	01:20:38	+38:31	08:04
440	2051	César Oliveira	Somamaratonas	Senior Masculino	01:20:45	+38:38	08:05
441	2174	ADÉRITO MANUEL MENDES CARNIM	TORRE	Senior Masculino	01:20:47	+38:40	08:05
442	974	Alexandre Henriques	CIRES_RUNNING-TEAM	Senior Masculino	01:20:59	+38:52	08:06
443	1880	Filipe David Dória	Photo Runners	Senior Masculino	01:21:01	+38:53	08:06
444	1953	Artur França	Resistentes de Azeméis	Senior Masculino	01:21:02	+38:55	08:06
445	2001	Luís Aguiar	RIJOS E POTENTES	Senior Masculino	01:21:15	+39:08	08:07
446	1295	Gonçalo Paião	Garrações100fundo	Senior Masculino	01:21:24	+39:17	08:08
447	1939	João Pereira	Rainha Albergaria	Senior Masculino	01:21:27	+39:20	08:09
448	1940	José Pereira	Rainha Albergaria	Senior Masculino	01:21:28	+39:21	08:09
449	2000	Leandro Aguiar	RIJOS E POTENTES	Senior Masculino	01:21:29	+39:21	08:09
450	1942	Rafael Marques	Rainha Albergaria	Senior Masculino	01:21:29	+39:22	08:09
451	1294	David Inácio	Garrações100fundo	Senior Masculino	01:21:34	+39:27	08:09
452	1941	Nelson Filipe Nogueira Valente	Rainha Albergaria	Senior Masculino	01:21:39	+39:32	08:10
453	2433	José Vieira	Os únicos	Senior Masculino	01:21:48	+39:41	08:11
454	1297	José Duarte	Garrações100fundo	Senior Masculino	01:21:49	+39:42	08:11
455	1455	Filipe Fonseca	Individual	Senior Masculino	01:21:50	+39:42	08:11
456	1998	Ilídio António Araujo Costa Pinto	RIJOS E POTENTES	Senior Masculino	01:21:52	+39:45	08:11
457	2070	Ricardo Fonseca	SPORTCAMP	Senior Masculino	01:21:55	+39:47	08:11
458	1112	Wilson da Silva Santos	CrossFit Couto	Senior Masculino	01:22:05	+39:58	08:13
459	2003	Miguel Félix	RIJOS E POTENTES	Senior Masculino	01:22:06	+39:59	08:13
460	1110	Roberto Silva	CrossFit Couto	Senior Masculino	01:22:08	+40:00	08:13
461	908	PAULO MELO	CAL - Clube Atletismo de Lamas	Senior Masculino	01:22:08	+40:01	08:13
462	1299	Rui Baptista	Garrações100fundo	Senior Masculino	01:22:10	+40:02	08:13
463	1293	Bruno Cunha	Garrações100fundo	Senior Masculino	01:22:17	+40:09	08:14
464	2357	António Manuel Da Silva Valente	WorkOut Wellness and Body care	Senior Masculino	01:22:28	+40:21	08:15
465	1327	ANTÓNIO FERNANDO MACEDO SILVA	GS MORENOS	Senior Masculino	01:22:29	+40:22	08:15

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466	80	Renato Marques	golden team	Senior Masculino	01:22:32	+40:25	08:15
467	982	Paulino Dias	CIRES_RUNNING-TEAM	Senior Masculino	01:22:45	+40:38	08:16
468	981	Marco Resende	CIRES_RUNNING-TEAM	Senior Masculino	01:22:45	+40:38	08:17
469	1278	Carla Correia	Fit Race	Senior Masculino	01:22:46	+40:39	08:17
470	1279	Pedro Alexandre Baptista Silva	Fit Race	Senior Masculino	01:22:46	+40:39	08:17
471	1457	João tavares	Individual	Senior Masculino	01:22:47	+40:40	08:17
472	1892	Luis Duarte	Phunkeiros	Senior Masculino	01:22:55	+40:48	08:18
473	81	tiago ricciulli	golden team	Senior Masculino	01:22:58	+40:51	08:18
474	2146	FABIO DIONISIO MALHEIRO PRETO	TENSAI	Senior Masculino	01:23:01	+40:54	08:18
475	2218	Pedro Pinto	Tropa de Elite	Senior Masculino	01:23:03	+40:56	08:18
476	1825	Nuno Miguel Rosário de Almeida	overmotor running	Senior Masculino	01:23:11	+41:03	08:19
477	1235	LUIS CARINHA	EQUIPA DE ELITE	Senior Masculino	01:23:11	+41:04	08:19
478	1828	Ricardo Jorge Gomes de Carvalho	overmotor running	Senior Masculino	01:23:11	+41:04	08:19
479	2296	HUGO MIGUEL BASTOS ALMEIDA	VAI QUEM QUER	Senior Masculino	01:23:12	+41:04	08:19
480	1053	Gaspar Alves Santiago	Correio de Albergaria Trail Running	Senior Masculino	01:23:20	+41:13	08:20
481	1238	RICARDO FONTOURA	EQUIPA DE ELITE	Senior Masculino	01:23:28	+41:20	08:21
482	1470	Tiago Mota	Individual	Senior Masculino	01:23:30	+41:23	08:21
483	2382	Paulo Silva	WorkOut Wellness and Body care	Senior Masculino	01:23:32	+41:25	08:21
484	1233	ISIDRO SOUSA	EQUIPA DE ELITE	Senior Masculino	01:23:35	+41:28	08:22
485	1521	Diogo Pereira da Silva	LTPmudlabs	Senior Masculino	01:23:40	+41:33	08:22
486	1527	Tiago Alexandre Abreu Silva	LTPmudlabs	Senior Masculino	01:23:44	+41:37	08:22
487	2380	Paulo Alexandre Silva Caldas Oliveira Mendonça	WorkOut Wellness and Body care	Senior Masculino	01:23:51	+41:44	08:23
488	1052	Frederico Henriques	Correio de Albergaria Trail Running	Senior Masculino	01:23:54	+41:47	08:23
489	1820	José Mendes Soares Alves	Ovarinos	Senior Masculino	01:24:13	+42:06	08:25
490	1821	Rui Jaime Nogueira Silveiro	Ovarinos	Senior Masculino	01:24:13	+42:06	08:25
491	1819	António Manuel Abreu dos Santos	Ovarinos	Senior Masculino	01:24:13	+42:06	08:25
492	1300	Rui Sarmiento	Garraões100fundo	Senior Masculino	01:24:15	+42:08	08:25
493	1759	Gilberto Sarabando	Os Lusitanos	Senior Masculino	01:24:37	+42:30	08:28
494	1780	Rui Oliveira	Os Salta Pocinhas	Senior Masculino	01:24:42	+42:35	08:28
495	1772	Arnaldo Oliveira	Os Salta Pocinhas	Senior Masculino	01:24:49	+42:42	08:29
496	2223	Miguel Melo	Tropa Elite	Senior Masculino	01:24:57	+42:50	08:30
497	640	António Melo	Altice Labs	Senior Masculino	01:25:02	+42:55	08:30
498	153	Paulo Magalhães	Ginásio Elite Corpus	Senior Masculino	01:25:19	+43:12	08:32
499	1352	Ricardo Gonçalves	Guerreiros Madrugadores Loucos por Meias	Senior Masculino	01:25:44	+43:37	08:34
500	1350	Francisco Bastos	Guerreiros Madrugadores Loucos por Meias	Senior Masculino	01:25:44	+43:37	08:34
501	1351	Nelson Vieira	Guerreiros Madrugadores Loucos por Meias	Senior Masculino	01:25:44	+43:37	08:34
502	1566	Nuno Miguel Valente Pinto Silva	Marretas	Senior Masculino	01:25:46	+43:39	08:35
503	1600	Nelson Pinho	NeCa	Senior Masculino	01:25:48	+43:41	08:35
504	1599	Carlos Pereira	NeCa	Senior Masculino	01:25:49	+43:41	08:35
505	1349	Carlos Gandaio	Guerreiros Madrugadores Loucos por Meias	Senior Masculino	01:25:51	+43:44	08:35
506	1472	Vitor Manuel Ribeiro Magalhães	Individual	Senior Masculino	01:25:55	+43:47	08:35
507	950	Luis Rodrigues	CFA Spartans	Senior Masculino	01:25:59	+43:51	08:36

Prova Principal

10 KM

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REVISED

OFFICIAL RESULT

554	929	Sérgio André Pires Marques	CCDVeiros	Senior Masculino	01:29:26	+47:19	08:57
555	928	João Bernardo Tavares Melo	CCDVeiros	Senior Masculino	01:29:26	+47:19	08:57
556	1074	André da Costa Coelho	Cougars	Senior Masculino	01:29:36	+47:29	08:58
557	1927	NUNO CRUZ	POWER RACE TEAM	Senior Masculino	01:29:36	+47:29	08:58
558	1928	SÉRGIO CUNHA	POWER RACE TEAM	Senior Masculino	01:29:38	+47:31	08:58
559	1519	Bruno Batista	LTPmudlabs	Senior Masculino	01:29:43	+47:36	08:58
560	1183	João Abrantes	DURAVIT RACETEAM	Senior Masculino	01:29:49	+47:42	08:59
561	874	Hugo Piedade	BravoAlfa5	Senior Masculino	01:29:56	+47:48	09:00
562	875	João Machado	BravoAlfa5	Senior Masculino	01:29:56	+47:49	09:00
563	1051	fernando chaló	Correio de Albergaria Trail Running	Senior Masculino	01:30:00	+47:53	09:00
564	873	Fernando Magalhães	BravoAlfa5	Senior Masculino	01:30:02	+47:55	09:00
565	2430	Nuno Leite	Os únicos	Senior Masculino	01:30:05	+47:58	09:01
566	2312	Eduardo Guerra	Wild runners	Senior Masculino	01:30:08	+48:01	09:01
567	710	João António Tavares Afonso	Arsenal de Canelas	Senior Masculino	01:30:12	+48:05	09:01
568	2188	JOSÉ AGOSTINHO OLIVEIRA PINTO	TORRE	Senior Masculino	01:30:26	+48:19	09:03
569	670	Bruno Ferreira	Amigos do Brock	Senior Masculino	01:30:32	+48:25	09:03
570	76	Nuno Magalhães	Ginásio Elite Corpus	Senior Masculino	01:30:46	+48:39	09:05
571	1826	Paulo Teixeira	overmotor running	Senior Masculino	01:30:48	+48:41	09:05
572	1829	Rui Moura	overmotor running	Senior Masculino	01:30:48	+48:41	09:05
573	1822	Diogo Miller	overmotor running	Senior Masculino	01:30:49	+48:41	09:05
574	1823	José Oliveira	overmotor running	Senior Masculino	01:30:49	+48:41	09:05
575	2186	JOEL FERNANDO OLIVEIRA BORGE	TORRE	Senior Masculino	01:31:04	+48:57	09:06
576	2315	Pedro Matos	Wild runners	Senior Masculino	01:31:07	+49:00	09:07
577	677	Quim	Amigos do Brock	Senior Masculino	01:31:09	+49:01	09:07
578	1201	João Ferreira	Dynamic Life - MuayThai	Senior Masculino	01:31:11	+49:03	09:07
579	1209	Pedro Silva	Dynamic Life - MuayThai	Senior Masculino	01:31:11	+49:03	09:07
580	1234	JOHNNY OSÓRIO	EQUIPA DE ELITE	Senior Masculino	01:31:11	+49:04	09:07
581	1203	Jorge Cruz	Dynamic Life - MuayThai	Senior Masculino	01:31:11	+49:04	09:07
582	2270	Rodrigo Camões Marques Pereira	Tuttifritti	Senior Masculino	01:31:16	+49:08	09:08
583	1994	Diogo Valente	RIJOS E POTENTES	Senior Masculino	01:31:18	+49:11	09:08
584	1996	Filipe Esteves	RIJOS E POTENTES	Senior Masculino	01:31:19	+49:11	09:08
585	1291	André Pereira	Garrafões100fundo	Senior Masculino	01:31:27	+49:20	09:09
586	1266	Paulo Martins	Feel Free Health Club	Senior Masculino	01:31:29	+49:22	09:09
587	1267	Paulo Santareno	Feel Free Health Club	Senior Masculino	01:31:29	+49:22	09:09
588	1260	André Carneiro	Feel Free Health Club	Senior Masculino	01:31:30	+49:22	09:09
589	1262	João Simões	Feel Free Health Club	Senior Masculino	01:31:30	+49:23	09:09
590	1261	Carlos Marques	Feel Free Health Club	Senior Masculino	01:31:30	+49:23	09:09
591	1268	Tiago Leite	Feel Free Health Club	Senior Masculino	01:31:30	+49:23	09:09
592	1263	José Pedro Pinho	Feel Free Health Club	Senior Masculino	01:31:30	+49:23	09:09
593	1265	Miguel Leal	Feel Free Health Club	Senior Masculino	01:31:32	+49:25	09:09
594	1394	Luis Garrido	GYMPRO	Senior Masculino	01:31:33	+49:25	09:09
595	1348	António Seiça	Guerreiros Madrugadores Loucos por Meias	Senior Masculino	01:31:40	+49:33	09:10
596	2068	Francisco Sarmento	SPORTCAMP	Senior Masculino	01:31:42	+49:35	09:10
597	1878	Alexandre Martins	Photo Runners	Senior Masculino	01:32:02	+49:55	09:12
598	688	Antero Jorge Pinto	Arrastados	Senior Masculino	01:32:02	+49:55	09:12
599	690	Hugo Marques	Arrastados	Senior Masculino	01:32:03	+49:56	09:12

Prova Principal

10 KM



OFFICIAL RESULT

600	52	JOÃO PAULO MAGALHÃES CRESPO	CASA DA RIA - TURISMO RURAL	Senior Masculino	01:32:04	+49:57	09:12
601	598	Pedro Azevedo	8.2 Arrosinhos	Senior Masculino	01:32:09	+50:02	09:13
602	927	Gonçalo Alexandre Rogriguez Matos	CCDVeiros	Senior Masculino	01:32:25	+50:17	09:14
603	1277	Clemente Manuel Jesus Gonçalves Ferreira	Fit Race	Senior Masculino	01:32:25	+50:18	09:14
604	2435	Augusto Paulo	Individual	Senior Masculino	01:32:43	+50:36	09:16
605	2314	José Pinto	Wild runners	Senior Masculino	01:32:46	+50:39	09:17
606	1611	Mário Logarinho	Ninja Team	Senior Masculino	01:33:04	+50:57	09:18
607	1775	João Matos	Os Salta Pocinhas	Senior Masculino	01:33:17	+51:10	09:20
608	1173	MANUEL VALENTE	DRAGUIALEÕES	Senior Masculino	01:33:39	+51:32	09:22
609	1296	João Silva	Garrafões100fundo	Senior Masculino	01:33:42	+51:34	09:22
610	1171	FRANCISCO SANTOS	DRAGUIALEÕES	Senior Masculino	01:33:43	+51:36	09:22
611	1396	Marcelo Silva	GYMPRO	Senior Masculino	01:33:44	+51:37	09:22
612	1172	JOSÉ PEREIRA	DRAGUIALEÕES	Senior Masculino	01:33:45	+51:38	09:23
613	2412	João Marques	Comandos da TV	Senior Masculino	01:34:07	+51:59	09:25
614	58	Davide Gouveia	Comandos da TV	Senior Masculino	01:34:19	+52:12	09:26
615	59	Francisco Soares	Comandos da TV	Senior Masculino	01:34:20	+52:12	09:26
616	57	Miguel Costa	Comandos da TV	Senior Masculino	01:34:20	+52:12	09:26
617	56	Cristovão Flores	Comandos da TV	Senior Masculino	01:34:20	+52:12	09:26
618	55	Carlos Rodrigues	Comandos da TV	Senior Masculino	01:34:20	+52:13	09:26
619	2411	Carlos Saraiva	Comandos da TV	Senior Masculino	01:34:20	+52:13	09:26
620	61	Sérgio Silva	Comandos da TV	Senior Masculino	01:34:20	+52:13	09:26
621	60	Paulo Mesquita	Comandos da TV	Senior Masculino	01:34:20	+52:13	09:26
622	2355	António César Rodrigues Águiar	WorkOut Wellness and Body care	Senior Masculino	01:34:21	+52:14	09:26
623	2408	Tiago Campos	XAVIER	Senior Masculino	01:34:23	+52:16	09:26
624	2404	Filipe Sousa	XAVIER	Senior Masculino	01:34:24	+52:16	09:26
625	2406	João Rodrigues	XAVIER	Senior Masculino	01:34:24	+52:17	09:26
626	2405	Gonçalo Rendeiro	XAVIER	Senior Masculino	01:34:24	+52:17	09:26
627	2403	Damião Rodrigues	XAVIER	Senior Masculino	01:34:24	+52:17	09:26
628	2407	Luís Carvalho	XAVIER	Senior Masculino	01:34:28	+52:21	09:27
629	1647	Alvaro Manuel Graça Costa	Nuñez & Compañía	Senior Masculino	01:34:30	+52:23	09:27
630	1649	Habeeb Carlos Nuñez Diaz	Nuñez & Compañía	Senior Masculino	01:34:30	+52:23	09:27
631	798	Sergio Silva	Beirão na Setrit	Senior Masculino	01:34:40	+52:33	09:28
632	123	PEDRO GASPASANTOS	Microbox	Senior Masculino	01:34:41	+52:34	09:28
633	120	Fábio José dos Remédios Ferreira	Microbox	Senior Masculino	01:34:43	+52:36	09:28
634	1322	Bruno Sena	Máquinas em movimento	Senior Masculino	01:34:44	+52:36	09:28
635	122	MIGUEL LOPES	Microbox	Senior Masculino	01:34:44	+52:36	09:28
636	121	Luis Martins	Microbox	Senior Masculino	01:34:44	+52:36	09:28
637	1555	Leonel Almeida	Máquinas em movimento	Senior Masculino	01:34:44	+52:37	09:28
638	1556	Levi Arrepiã	Máquinas em movimento	Senior Masculino	01:34:44	+52:37	09:28
639	1558	Ricardo Martins	Máquinas em movimento	Senior Masculino	01:34:44	+52:37	09:28
640	1625	Luís Ferreira	No Fear for Beer	Senior Masculino	01:34:46	+52:39	09:29
641	608	Ivo Andrade	A Bela e os Monstros	Senior Masculino	01:34:55	+52:47	09:29
642	607	António Andrade	A Bela e os Monstros	Senior Masculino	01:34:55	+52:48	09:29
643	867	João Roberto Gomes Ramos	BotaPaQuebrá	Senior Masculino	01:34:57	+52:50	09:30
644	870	Ricardo Pereira	BotaPaQuebrá	Senior Masculino	01:34:57	+52:50	09:30
645	869	Raphael Rochefort	BotaPaQuebrá	Senior Masculino	01:34:57	+52:50	09:30

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OFFICIAL RESULT

646	797	Ricardo Silva	Beirão na Setrit	Senior Masculino	01:35:30	+53:23	09:33
647	795	Andre Silva	Beirão na Setrit	Senior Masculino	01:35:31	+53:24	09:33
648	1045	Carlos Amílcar silva	Correio de Albergaria Trail Running	Senior Masculino	01:35:35	+53:27	09:33
649	983	Rui Barros	CIRES_RUNNING-TEAM	Senior Masculino	01:35:40	+53:33	09:34
650	109	Humberto Silva	KO Health Club	Senior Masculino	01:35:41	+53:34	09:34
651	968	Vasco Rafael Oliveira Valente	Cheios D'Lama	Senior Masculino	01:35:41	+53:34	09:34
652	965	Filipe Manuel Ramos Tavares	Cheios D'Lama	Senior Masculino	01:35:41	+53:34	09:34
653	964	Bruno Domingos Ramos Tavares	Cheios D'Lama	Senior Masculino	01:35:41	+53:34	09:34
654	963	Andre Campos Viana	Cheios D'Lama	Senior Masculino	01:35:43	+53:36	09:34
655	1879	Bárbaro Leite Oliveira Borges Santos	Photo Runners	Senior Masculino	01:35:48	+53:40	09:35
656	1886	Tozé Pinho	Photo Runners	Senior Masculino	01:35:48	+53:41	09:35
657	1882	José Miguel Pinto Leite	Photo Runners	Senior Masculino	01:35:48	+53:41	09:35
658	1232	FLÁVIO RAMOS	EQUIPA DE ELITE	Senior Masculino	01:35:55	+53:48	09:36
659	1624	Juvenal Carvalho	No Fear for Beer	Senior Masculino	01:36:01	+53:54	09:36
660	1627	Pedro Carvalho	No Fear for Beer	Senior Masculino	01:36:03	+53:56	09:36
661	1623	Bruno Brandão	No Fear for Beer	Senior Masculino	01:36:04	+53:56	09:36
662	1622	António Costa	No Fear for Beer	Senior Masculino	01:36:05	+53:58	09:37
663	1724	Hélder Ferreira	Os Fótes	Senior Masculino	01:36:21	+54:14	09:38
664	595	Luís Pacheco	8.2 Arrosinhos	Senior Masculino	01:36:26	+54:19	09:39
665	1393	José Ricardo Forte Pinho Costa	GYMPRO	Senior Masculino	01:36:28	+54:21	09:39
666	1168	João Samagaio	DowNuts	Senior Masculino	01:36:31	+54:24	09:39
667	864	Jorge Pinto	Boa "Vai" Ela	Senior Masculino	01:36:33	+54:25	09:39
668	689	António Gomes Leite	Arrastados	Senior Masculino	01:36:35	+54:27	09:39
669	1072	João António Lopes Guedes	Cósmicos	Senior Masculino	01:36:35	+54:28	09:40
670	590	Alberto Aroso	8.2 Arrosinhos	Senior Masculino	01:36:45	+54:38	09:41
671	947	Emanuel Leal	CFA SPARTANS	Senior Masculino	01:36:59	+54:52	09:42
672	954	Ricardo Alexandre De Jesus Oliveira	CFA SPARTANS	Senior Masculino	01:36:59	+54:52	09:42
673	945	Diogo Garcia Almeida	CFA SPARTANS	Senior Masculino	01:36:59	+54:52	09:42
674	952	Paulo Calisto	CFA SPARTANS	Senior Masculino	01:36:59	+54:52	09:42
675	53	paulo sergio	CFA SPARTANS	Senior Masculino	01:36:59	+54:52	09:42
676	944	Cláudio Emanuel da Cunha Santos	CFA Spartans	Senior Masculino	01:36:59	+54:52	09:42
677	951	Nuno Miguel Costa Pinho	CFA Spartans	Senior Masculino	01:36:59	+54:52	09:42
678	923	Nuno Santos	CFA SPARTANS	Senior Masculino	01:36:59	+54:52	09:42
679	946	Eduardo Jorge Santos Simões	CFA SPARTANS	Senior Masculino	01:36:59	+54:52	09:42
680	2440	José Pedro Magalhães	CFA SPARTANS	Senior Masculino	01:37:00	+54:53	09:42
681	953	Pedro Creoulo	CFA SPARTANS	Senior Masculino	01:37:00	+54:53	09:42
682	948	José Miguel Castro Gonçalves	CFA Spartans	Senior Masculino	01:37:00	+54:53	09:42
683	565	João Almeida	4 SAT, Comércio de Telecomunicações Lda	Senior Masculino	01:37:08	+55:01	09:43
684	564	Gonçalo Ialim	4 SAT, Comércio de Telecomunicações Lda	Senior Masculino	01:37:15	+55:08	09:43
685	749	Bruno José Alves Martins	Barriguitas	Senior Masculino	01:37:21	+55:14	09:44
686	2265	Henrique Marques Valente Oliveira	Tuttifrutti	Senior Masculino	01:37:46	+55:39	09:47
687	2269	José Eduardo Mendes Duarte	Tuttifrutti	Senior Masculino	01:37:46	+55:39	09:47
688	567	Marco Silva	4 SAT, Comércio de Telecomunicações Lda	Senior Masculino	01:37:50	+55:43	09:47
689	546	Paulo Jorge Miguel Valente da Silva	100sacionais	Senior Masculino	01:37:59	+55:52	09:48

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OFFICIAL RESULT

690	548	Vitor Pinto	100sacionais	Senior Masculino	01:37:59	+55:52	09:48
691	2437	João Oliveira	Ponto e Virgula	Senior Masculino	01:38:10	+56:03	09:49
692	2438	Rui Rodrigues	Ponto e Virgula	Senior Masculino	01:38:10	+56:03	09:49
693	1060	Miguel Quinta	Correio de Albergaria Trail Running	Senior Masculino	01:38:14	+56:06	09:49
694	1891	João Rocha	Phunkeiros	Senior Masculino	01:38:35	+56:27	09:51
695	1399	Rui Moura	GYMPRO	Senior Masculino	01:38:56	+56:48	09:54
696	2094	Fernando Marques	TALAMAL RADICAL	Senior Masculino	01:39:17	+57:10	09:56
697	1595	Gilberto Pereira Valente de Matos	MUCHACHOS	Senior Masculino	01:39:28	+57:21	09:57
698	1597	Ricardo Jorge Varandas dos Santos Tojal	MUCHACHOS	Senior Masculino	01:39:28	+57:21	09:57
699	1596	Jorge André Pinho Figueiredo	MUCHACHOS	Senior Masculino	01:39:28	+57:21	09:57
700	1598	Rui Filipe Pereira Figueiredo	MUCHACHOS	Senior Masculino	01:39:28	+57:21	09:57
701	2385	Tiago Filipe Couto Marques Figueira	WorKOut Wellness and Body care	Senior Masculino	01:39:29	+57:21	09:57
702	506	Ricardo Soares	#DeusNoComando	Senior Masculino	01:39:51	+57:44	09:59
703	130	Tiago Manuel Carvalho Macedo Ferreira	MudProof	Senior Masculino	01:40:19	+58:12	10:02
704	2354	António Carvalho	WorKOut Wellness and Body care	Senior Masculino	01:40:20	+58:13	10:02
705	2370	Joni Brandão	WorKOut Wellness and Body care	Senior Masculino	01:40:28	+58:21	10:03
706	2365	João Carlos Lopes Valente da Silva	WorKOut Wellness and Body care	Senior Masculino	01:40:30	+58:23	10:03
707	2158	Carlos Augusto Oliveira Valente	The Racing Stones	Senior Masculino	01:40:41	+58:34	10:04
708	2156	António Jorge Borges	The Racing Stones	Senior Masculino	01:40:41	+58:34	10:04
709	2159	Joaquim Orlando Silva Cardoso	The Racing Stones	Senior Masculino	01:40:42	+58:34	10:04
710	2160	José Manuel Tavares Pereira	The Racing Stones	Senior Masculino	01:40:42	+58:34	10:04
711	2163	Pedro Miguel Branco Rodrigues Figueira	The Racing Stones	Senior Masculino	01:40:42	+58:35	10:04
712	2162	Pedro Jorge Baptista Rodrigues	The Racing Stones	Senior Masculino	01:40:42	+58:35	10:04
713	2155	António Alexandre Fonseca Guimarães	The Racing Stones	Senior Masculino	01:40:43	+58:35	10:04
714	2157	Bruno Miguel Soares Tavares	The Racing Stones	Senior Masculino	01:40:44	+58:37	10:04
715	2164	Rui Paulo Fonseca Guimarães	The Racing Stones	Senior Masculino	01:40:46	+58:39	10:05
716	2117	Tiago Silva	Tartarugas	Senior Masculino	01:40:51	+58:44	10:05
717	2111	Edmundo Rilho	Tartarugas	Senior Masculino	01:40:51	+58:44	10:05
718	2383	Pedro Bruno Ferreira Aguiar	WorKOut Wellness and Body care	Senior Masculino	01:40:57	+58:50	10:06
719	837	Nuno Miguel Oliveira Tavares	Bio-Lentos	Senior Masculino	01:41:10	+59:03	10:07
720	835	Carlos Eduardo Vieira Amador	Bio-Lentos	Senior Masculino	01:41:11	+59:04	10:07
721	836	Carlos Manuel de Oliveira Tavares	Bio-Lentos	Senior Masculino	01:41:12	+59:04	10:07
722	1730	Pedro Costa	Os Franciscos	Senior Masculino	01:41:37	+59:29	10:10
723	1731	Rafael Simões	Os Franciscos	Senior Masculino	01:41:39	+59:32	10:10
724	1729	Nuno Simões	Os Franciscos	Senior Masculino	01:41:42	+59:35	10:10
725	1728	João Almeida	Os Franciscos	Senior Masculino	01:41:45	+59:38	10:11
726	2004	Oscar Ribeiro	RIJOS E POTENTES	Senior Masculino	01:41:46	+59:39	10:11
727	1992	Carlos dos Santos	RIJOS E POTENTES	Senior Masculino	01:42:02	+59:55	10:12
728	1995	Fernando Martins	RIJOS E POTENTES	Senior Masculino	01:42:03	+59:56	10:12
729	2006	Ricardo Félix	RIJOS E POTENTES	Senior Masculino	01:42:24	+01:00:16	10:14
730	2391	Filipe Miguel Silva Pinheiro	WowFit	Senior Masculino	01:42:36	+01:00:29	10:16
731	2389	Alfredo Manuel Ferreira dos Santos	WowFit	Senior Masculino	01:42:36	+01:00:29	10:16
732	2392	Flávio Alexandre Matias Arrais	WowFit	Senior Masculino	01:42:36	+01:00:29	10:16
733	2390	Filipe Marques Sequeira	WowFit	Senior Masculino	01:42:37	+01:00:29	10:16

Prova Principal
10 KM
R
 REVISED

OFFICIAL RESULT

734	1254	Diogo Carvalho	Fast and Lazy	Senior Masculino	01:42:40	+01:00:33	10:16
735	1616	Sérgio Paulo Franco	Ninja Team	Senior Masculino	01:42:41	+01:00:34	10:16
736	1256	Tiago Carvalho	Fast and Lazy	Senior Masculino	01:42:41	+01:00:34	10:16
737	1255	Rodrigo Carvalho	Fast and Lazy	Senior Masculino	01:42:43	+01:00:36	10:16
738	1760	Hugo Abreu	Os Lusitanos	Senior Masculino	01:42:46	+01:00:39	10:17
739	1241	VITOR COSTEIRA	EQUIPA DE ELITE	Senior Masculino	01:42:52	+01:00:45	10:17
740	1543	Rolando	Lux Health Club	Senior Masculino	01:42:56	+01:00:49	10:18
741	1538	Daniel Oliveira	Lux Health Club	Senior Masculino	01:42:56	+01:00:49	10:18
742	1541	Manuel Jorge	Lux Health Club	Senior Masculino	01:42:56	+01:00:49	10:18
743	1544	Rui Assunção	Lux Health Club	Senior Masculino	01:42:56	+01:00:49	10:18
744	1540	Leandro Resende	Lux Health Club	Senior Masculino	01:42:56	+01:00:49	10:18
745	543	Gabriel Borges Silva	100sacionais	Senior Masculino	01:43:00	+01:00:52	10:18
746	1236	NUNO RIBEIRO	EQUIPA DE ELITE	Senior Masculino	01:43:01	+01:00:54	10:18
747	1362	David Praia	GymBuddies	Senior Masculino	01:43:10	+01:01:03	10:19
748	1363	David Sanchez	GymBuddies	Senior Masculino	01:43:10	+01:01:03	10:19
749	1366	Rui Batista	GymBuddies	Senior Masculino	01:43:10	+01:01:03	10:19
750	1365	Nuno Vieira	GymBuddies	Senior Masculino	01:43:11	+01:01:03	10:19
751	127	Fábio Miguel Oliveira	MudProof	Senior Masculino	01:43:11	+01:01:04	10:19
752	1364	Fernando Carvalho	GymBuddies	Senior Masculino	01:43:12	+01:01:05	10:19
753	1858	Renato Rodrigues	Pé na lama	Senior Masculino	01:43:15	+01:01:08	10:20
754	1857	José Carlos Ferreira	Pé na lama	Senior Masculino	01:43:15	+01:01:08	10:20
755	1684	Eduardo Manuel Ribeiro da Silva	Os Artistas	Senior Masculino	01:43:17	+01:01:10	10:20
756	667	André Marques	Amigos do Brock	Senior Masculino	01:43:43	+01:01:35	10:22
757	1783	Joao Carlos Almeida Sousa Moreira	Os Ticos	Senior Masculino	01:43:44	+01:01:37	10:22
758	1784	Rui Miguel Amaral de Almeida Correia	Os Ticos	Senior Masculino	01:43:44	+01:01:37	10:22
759	1591	Duarte Nno Costa Pina	Misturas Tónicas	Senior Masculino	01:43:47	+01:01:40	10:23
760	2115	Renato Sona	Tartarugas	Senior Masculino	01:43:48	+01:01:41	10:23
761	1686	José António Ribeiro da Silva	Os Artistas	Senior Masculino	01:43:57	+01:01:50	10:24
762	1099	Henrique Moreira	CrossFit Couto	Senior Masculino	01:44:11	+01:02:03	10:25
763	2147	JOAO MONTEIRO MARTINS	TENSAI	Senior Masculino	01:44:29	+01:02:21	10:27
764	1285	Ricardo Nunes	FourFriends	Senior Masculino	01:44:50	+01:02:43	10:29
765	128	João Orlando da Rocha Amaral	MudProof	Senior Masculino	01:44:52	+01:02:45	10:29
766	129	Mário Rui Vieira Rodrigues	MudProof	Senior Masculino	01:44:54	+01:02:47	10:29
767	622	Aderito Silva	ADTravassô	Senior Masculino	01:45:04	+01:02:57	10:30
768	624	ANTONIO GARCIA	ADTravassô	Senior Masculino	01:45:04	+01:02:57	10:30
769	628	JORGE GARCIA	ADTravassô	Senior Masculino	01:45:04	+01:02:57	10:30
770	629	JOSE PAULOS	ADTravassô	Senior Masculino	01:45:05	+01:02:57	10:30
771	632	PEDRO GARCIA	ADTravassô	Senior Masculino	01:45:05	+01:02:58	10:31
772	626	DANIEL MELO	ADTravassô	Senior Masculino	01:45:06	+01:02:58	10:31
773	634	ROBERTO BASTOS	ADTravassô	Senior Masculino	01:45:06	+01:02:59	10:31
774	625	BRUNO SIMOES	ADTravassô	Senior Masculino	01:45:07	+01:03:00	10:31
775	630	Nuno reis	ADTravassô	Senior Masculino	01:45:08	+01:03:01	10:31
776	631	PAULO PIRES	ADTravassô	Senior Masculino	01:45:09	+01:03:02	10:31
777	623	ALEXANDRE PIRES	ADTravassô	Senior Masculino	01:45:10	+01:03:03	10:31
778	627	ISRAEL TAVARES	ADTravassô	Senior Masculino	01:45:10	+01:03:03	10:31
779	1163	Márcio Rafael Oliveira Granja	Dos Senhores e das Senhoras	Senior Masculino	01:45:12	+01:03:04	10:31

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780	1406	Udine Peixe	Hashtag	Senior Masculino	01:45:13	+01:03:05	10:31
781	1404	João Peixe	Hashtag	Senior Masculino	01:45:13	+01:03:05	10:31
782	2183	FÁBIO MARCELO DA SILVA ROBALINHO	TORRE	Senior Masculino	01:45:14	+01:03:07	10:31
783	1405	José Abreu	Hashtag	Senior Masculino	01:45:16	+01:03:09	10:32
784	1162	José David Valente da Silva	Dos Senhores e das Senhoras	Senior Masculino	01:45:18	+01:03:11	10:32
785	1164	Ricardo Daniel Granja Oliveira	Dos Senhores e das Senhoras	Senior Masculino	01:45:22	+01:03:15	10:32
786	1005	Bruno Rei	Coimbra Team	Senior Masculino	01:45:29	+01:03:22	10:33
787	737	PEDRO AFONSO	ASSOCIAÇÃO CULTURAL DE SALREU	Senior Masculino	01:45:29	+01:03:22	10:33
788	1004	André Ferro	Coimbra Team	Senior Masculino	01:45:30	+01:03:23	10:33
789	735	FRANCISCO FIGUEIREDO	ASSOCIAÇÃO CULTURAL DE SALREU	Senior Masculino	01:45:31	+01:03:24	10:33
790	1609	João Oliveira	Ninja Team	Senior Masculino	01:45:45	+01:03:38	10:34
791	1991	Carlos Almeida	RIJOS E POTENTES	Senior Masculino	01:45:45	+01:03:38	10:35
792	1097	felisberto manuel de pinho rodrigues	CrossFit Couto	Senior Masculino	01:46:04	+01:03:57	10:36
793	1084	Ruben Pinho	CrossFit Couto	Senior Masculino	01:46:04	+01:03:57	10:36
794	1093	Andrés Manuel Melo Soares	CrossFit Couto	Senior Masculino	01:46:04	+01:03:57	10:36
795	1100	Isac Manuel Martins da Silva	CrossFit Couto	Senior Masculino	01:46:04	+01:03:57	10:36
796	1101	João Ferreira	CrossFit Couto	Senior Masculino	01:46:04	+01:03:57	10:36
797	1104	Joaquim Silva	CrossFit Couto	Senior Masculino	01:46:05	+01:03:58	10:37
798	1109	Roberto Nunes	CrossFit Couto	Senior Masculino	01:46:08	+01:04:01	10:37
799	2196	VITOR MANUEL RODRIGUES PEREIRA	TORRE	Senior Masculino	01:46:19	+01:04:12	10:38
800	790	Ricardo Silva	Batatas Fit	Senior Masculino	01:46:30	+01:04:23	10:39
801	1705	António Macedo	Os todo o terreno	Senior Masculino	01:46:35	+01:04:27	10:39
802	1910	Albano Teixeira	Polisport	Senior Masculino	01:46:41	+01:04:34	10:40
803	781	Miguel Ribeiro	Batatas Fit	Senior Masculino	01:46:44	+01:04:36	10:40
804	783	Nuno Lago	Batatas Fit	Senior Masculino	01:46:47	+01:04:40	10:41
805	785	Paulo Cardoso	Batatas Fit	Senior Masculino	01:46:48	+01:04:41	10:41
806	791	Rui Costa	Batatas Fit	Senior Masculino	01:46:51	+01:04:43	10:41
807	776	José Bonifácio	Batatas Fit	Senior Masculino	01:46:53	+01:04:46	10:41
808	789	Ricardo Moutinho	Batatas Fit	Senior Masculino	01:47:00	+01:04:53	10:42
809	2362	Hélder Agostinho Teixeira dos Santos	WorkOut Wellness and Body care	Senior Masculino	01:47:29	+01:05:22	10:45
810	2295	Francisco Manuel Leite da Silva	VAI QUEM QUER	Senior Masculino	01:48:03	+01:05:56	10:48
811	2353	Alexandre João Henriques Valente Santos	WorkOut Wellness and Body care	Senior Masculino	01:48:20	+01:06:13	10:50
812	2193	PEDRO FILIPE GOMES CASTRO	TORRE	Senior Masculino	01:48:21	+01:06:13	10:50
813	2184	FILIPE MIGUEL DE SÁ RODRIGUES MARQUES	TORRE	Senior Masculino	01:48:23	+01:06:15	10:50
814	2179	AUGUSTO MIGUEL RODRIGUES PINHAL	TORRE	Senior Masculino	01:48:23	+01:06:16	10:50
815	2187	JORGE MANUEL PEREIRA DA SILVA	TORRE	Senior Masculino	01:48:24	+01:06:17	10:50
816	1968	Amílcar Gonçalves	Riders in the storm	Senior Masculino	01:48:28	+01:06:21	10:51
817	1122	Luis Patusco	Crossfit Crest	Senior Masculino	01:48:35	+01:06:28	10:52
818	1121	José Miguel Correia Dias	Crossfit Crest	Senior Masculino	01:48:35	+01:06:28	10:52
819	34	Ricardo Rocha	B.T.M.	Senior Masculino	01:48:36	+01:06:29	10:52
820	1127	Ricardo Jorge Oliveira Tavares	Crossfit Crest	Senior Masculino	01:48:53	+01:06:46	10:53
821	1123	Manuel Pilré	Crossfit Crest	Senior Masculino	01:48:54	+01:06:46	10:53

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822	1126	Paulo Soares	Crossfit Crest	Senior Masculino	01:48:55	+01:06:48	10:53
823	1128	Thiago Buçard	Crossfit Crest	Senior Masculino	01:48:55	+01:06:48	10:54
824	1124	Miguel Soares	Crossfit Crest	Senior Masculino	01:48:55	+01:06:48	10:54
825	1125	Paulo Rosado	Crossfit Crest	Senior Masculino	01:48:56	+01:06:49	10:54
826	603	Rui Pacheco	8.2 Arrosinhos	Senior Masculino	01:49:19	+01:07:12	10:56
827	601	Rafael Reis	8.2 Arrosinhos	Senior Masculino	01:49:20	+01:07:13	10:56
828	2294	Bruno Filipe Duarte Cêpa inscrito	VAI QUEM QUER	Senior Masculino	01:49:25	+01:07:18	10:56
829	1654	André Almeida	OpticaliaEstarreja	Senior Masculino	01:49:47	+01:07:39	10:59
830	904	Vasco Monteiro	CAJU	Senior Masculino	01:49:47	+01:07:40	10:59
831	901	João Lemos	CAJU	Senior Masculino	01:49:47	+01:07:40	10:59
832	903	Ricardo Mendes	CAJU	Senior Masculino	01:49:48	+01:07:40	10:59
833	1656	Carlos Miguel Miranda Fonseca	OpticaliaEstarreja	Senior Masculino	01:49:48	+01:07:40	10:59
834	902	Jorge Ribeiro	CAJU	Senior Masculino	01:49:48	+01:07:40	10:59
835	1659	Vitor Oliveira	OpticaliaEstarreja	Senior Masculino	01:49:50	+01:07:43	10:59
836	2240	Mario Jorge Jesus Almeida Reis	TroubleMakers	Senior Masculino	01:50:09	+01:08:02	11:01
837	1569	Helder CAndido	Maximianos	Senior Masculino	01:50:27	+01:08:20	11:03
838	1568	Gabriel Candido	Maximianos	Senior Masculino	01:50:27	+01:08:20	11:03
839	2238	Daniel Rodrigues	TroubleMakers	Senior Masculino	01:50:39	+01:08:32	11:04
840	2239	Hugues Almeida	TroubleMakers	Senior Masculino	01:50:40	+01:08:33	11:04
841	1480	José Correia	Iron Team	Senior Masculino	01:50:55	+01:08:48	11:06
842	1479	Filipe Pinheiro	Iron Team	Senior Masculino	01:51:00	+01:08:52	11:06
843	1482	Nuno Ferreira	Iron Team	Senior Masculino	01:51:00	+01:08:53	11:06
844	1481	José Dias	Iron Team	Senior Masculino	01:51:01	+01:08:54	11:06
845	1478	André Quintinha	Iron Team	Senior Masculino	01:51:02	+01:08:54	11:06
846	2358	Carlos Marcelo Dias Marques	WorkOut Wellness and Body care	Senior Masculino	01:51:07	+01:09:00	11:07
847	1512	Jorge Cruz	LT2 Consulting	Senior Masculino	01:51:10	+01:09:03	11:07
848	2400	José Jorge	WTF - Where's the finish	Senior Masculino	01:51:11	+01:09:04	11:07
849	2399	Cristiano da Silva Santos	WTF - Where's the finish	Senior Masculino	01:51:11	+01:09:04	11:07
850	2401	Paulo Ferreira	WTF - Where's the finish	Senior Masculino	01:51:11	+01:09:04	11:07
851	1789	Fernando Marques	Os todo o terreno	Senior Masculino	01:51:28	+01:09:20	11:09
852	1787	Daniel Gomes	Os todo o terreno	Senior Masculino	01:51:28	+01:09:20	11:09
853	2185	HELDER MANUEL MALTA DE CARVALHO	TORRE	Senior Masculino	01:51:30	+01:09:23	11:09
854	1812	MIGUEL ANGELO DA SILVA MIRANDA	Ovar HC	Senior Masculino	01:52:02	+01:09:55	11:12
855	1214	ANTONIO JOSE MATOS	EMBORASIMBORALA	Senior Masculino	01:52:14	+01:10:06	11:13
856	552	André Silveira	100travões	Senior Masculino	01:52:14	+01:10:07	11:13
857	1215	JOSE LUIS SILVA	EMBORASIMBORALA	Senior Masculino	01:52:14	+01:10:07	11:13
858	558	Bártolo Ferreira	20comer	Senior Masculino	01:52:16	+01:10:09	11:14
859	559	Hugo Seabra	20comer	Senior Masculino	01:52:17	+01:10:09	11:14
860	560	Paulo Costa	20comer	Senior Masculino	01:52:17	+01:10:10	11:14
861	593	João Martins	8.2 Arrosinhos	Senior Masculino	01:52:47	+01:10:39	11:17
862	2273	Samuel Filipe Ferreira Ribeiro	Tuttifrutti	Senior Masculino	01:52:58	+01:10:50	11:18
863	1997	Henrique Barbeta	RIJOS E POTENTES	Senior Masculino	01:53:01	+01:10:53	11:18
864	854	Ricardo Fernando de Oliveira	Bionelas	Senior Masculino	01:53:23	+01:11:16	11:20
865	849	Gabriel Alexandre Silva	Bionelas	Senior Masculino	01:53:24	+01:11:16	11:20
866	855	RICARDO MIGUEL DA SILVA ALVAREZ	Bionelas	Senior Masculino	01:53:24	+01:11:17	11:20

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867	853	Nuno Fernando Leonor Canteiro	Bionelas	Senior Masculino	01:53:24	+01:11:17	11:20
868	850	Jorge Filipe Andrade Pires	Bionelas	Senior Masculino	01:53:24	+01:11:17	11:20
869	852	Manuel António Alves Candeias	Bionelas	Senior Masculino	01:53:25	+01:11:17	11:20
870	856	SANDRO MANUEL OLIVEIRA GOMES	Bionelas	Senior Masculino	01:53:25	+01:11:17	11:20
871	848	Daniel Cruz	Bionelas	Senior Masculino	01:53:25	+01:11:17	11:20
872	851	Jorge Miguel Pinto da Silva	Bionelas	Senior Masculino	01:53:25	+01:11:18	11:20
873	1231	FÁVIO VIEIRA	EQUIPA DE ELITE	Senior Masculino	01:53:36	+01:11:29	11:22
874	2264	Francisco Soares Melo	Tuttifrutti	Senior Masculino	01:53:37	+01:11:30	11:22
875	1237	RICARDO FERNANDES	EQUIPA DE ELITE	Senior Masculino	01:53:38	+01:11:31	11:22
876	1919	José Pinho	Polisport	Senior Masculino	01:53:45	+01:11:38	11:22
877	1920	Pedro Miguel Almeida Magalhães	Polisport	Senior Masculino	01:53:45	+01:11:38	11:23
878	1249	João Vieira	ERA Ovar	Senior Masculino	01:53:47	+01:11:39	11:23
879	591	António Pinho	8.2 Arrosinhos	Senior Masculino	01:54:25	+01:12:18	11:26
880	597	Nuno Andrade	8.2 Arrosinhos	Senior Masculino	01:54:26	+01:12:18	11:27
881	2307	PEDRO MIGUEL MONTEIRO COUTO	Vamos Nessa	Senior Masculino	01:54:29	+01:12:22	11:27
882	2308	Ricardo Filipe Oliveira Sequeira	Vamos Nessa	Senior Masculino	01:54:31	+01:12:24	11:27
883	2309	SEBASTIÃO MOISÉS SANTOS CALV	Vamos Nessa	Senior Masculino	01:54:33	+01:12:26	11:27
884	592	Carlos Pereira	8.2 Arrosinhos	Senior Masculino	01:54:35	+01:12:28	11:28
885	1429	Daniel Marques Rocha Vieira	HRV	Senior Masculino	01:55:18	+01:13:11	11:32
886	1431	Nuno Frederico Miranda Leite	HRV	Senior Masculino	01:55:19	+01:13:11	11:32
887	1778	PEDRO SANTOS	Salta-Pocinhas	Senior Masculino	01:55:35	+01:13:27	11:33
888	1590	Antonio Paulo Guimarães	Misturas Tónicas	Senior Masculino	01:55:37	+01:13:30	11:34
889	1554	Joao Figueiredo	Máquinas em movimento	Senior Masculino	01:55:51	+01:13:44	11:35
890	1906	Vitor Rafael Pereira Petiz da Cunha Baptista	Pobo	Senior Masculino	01:55:54	+01:13:47	11:35
891	1904	António Miguel Lopes Tavares	Pobo	Senior Masculino	01:55:56	+01:13:48	11:36
892	1905	João Tiago dos Santos Sousa	Pobo	Senior Masculino	01:55:58	+01:13:51	11:36
893	2021	Andrew Peres	Sai da Frente	Senior Masculino	01:56:23	+01:14:15	11:38
894	2022	Carlos Castro	Sai da Frente	Senior Masculino	01:56:24	+01:14:17	11:38
895	2023	Marco Lima	Sai da Frente	Senior Masculino	01:56:25	+01:14:18	11:39
896	2024	Rui Rocha	Sai da Frente	Senior Masculino	01:56:27	+01:14:20	11:39
897	2249	António Pereira	Turminha	Senior Masculino	01:56:47	+01:14:40	11:41
898	1165	Bruno Ricardo Fonseca Valente	Dos Senhores e das Senhoras	Senior Masculino	01:56:47	+01:14:40	11:41
899	2195	RUI FILIPE PAIXÃO DA ROCHA	TORRE	Senior Masculino	01:56:54	+01:14:46	11:41
900	2376	Luís Miguel Fernandes Couto	WorkOut Wellness and Body care	Senior Masculino	01:57:16	+01:15:09	11:44
901	2221	Filipe Reis	Tropa Elite	Senior Masculino	01:58:13	+01:16:06	11:49
902	1894	Pedro Duarte	Phunkeiros	Senior Masculino	01:58:25	+01:16:17	11:50
903	991	João Pinto	Clínica Veterinária Santa Marinha	Senior Masculino	01:58:49	+01:16:42	11:53
904	566	José Lalim	4 SAT, Comércio de Telecomunicações Lda	Senior Masculino	01:59:13	+01:17:05	11:55
905	1388	Daniel Castro	GYMPRO	Senior Masculino	01:59:24	+01:17:17	11:56
906	1047	João Covas	Correio de Albergaria Trail Running	Senior Masculino	01:59:25	+01:17:17	11:56
907	918	Luis Filipe de Bastos Martins	Caracóis do Asfalto	Senior Masculino	01:59:46	+01:17:39	11:59
908	916	David de Jesus Amaro	Caracóis do Asfalto	Senior Masculino	01:59:48	+01:17:40	11:59
909	1808	António Silva	Ovar HC	Senior Masculino	02:00:00	+01:17:53	12:00
910	1633	Ari Duarte	NovosTeam	Senior Masculino	02:00:08	+01:18:01	12:01
911	1634	Daniel Magalhães	NovosTeam	Senior Masculino	02:00:08	+01:18:01	12:01

Prova Principal

10 KM



OFFICIAL RESULT

955	1744	Frederico Sismeiro	Os Intocáveis	Senior Masculino	02:08:07	+01:26:00	12:49
956	831	Pedro Freire	BioFit Racer's	Senior Masculino	02:08:22	+01:26:15	12:50
957	825	Andre Cardoso	BioFit Racer's	Senior Masculino	02:08:22	+01:26:15	12:50
958	829	Narciso Assunção	BioFit Racer's	Senior Masculino	02:08:22	+01:26:15	12:50
959	775	Jorge Caldas	Batatas Fit	Senior Masculino	02:08:27	+01:26:20	12:51
960	780	Mário Rocha	Batatas Fit	Senior Masculino	02:08:27	+01:26:20	12:51
961	787	Pedro Sá	Batatas Fit	Senior Masculino	02:08:27	+01:26:20	12:51
962	771	Filipe Duarte	Batatas Fit	Senior Masculino	02:08:28	+01:26:20	12:51
963	1488	Tiago Miguel Conceição Almeida	just 4 fun	Senior Masculino	02:08:28	+01:26:20	12:51
964	777	José Couto	Batatas Fit	Senior Masculino	02:08:28	+01:26:21	12:51
965	767	Amadeu Gomes	Batatas Fit	Senior Masculino	02:08:29	+01:26:21	12:51
966	766	Alberto Martins	Batatas Fit	Senior Masculino	02:08:29	+01:26:22	12:51
967	769	Claudio Vilela	Batatas Fit	Senior Masculino	02:08:30	+01:26:22	12:51
968	784	Nuno Pereira	Batatas Fit	Senior Masculino	02:08:31	+01:26:24	12:51
969	774	Ivo Trindade	Batatas Fit	Senior Masculino	02:08:31	+01:26:24	12:51
970	786	Paulo Rodrigues	Batatas Fit	Senior Masculino	02:08:41	+01:26:34	12:52
971	1310	Baltasar de Vasconcelos Dias Aroso	Green Gang	Senior Masculino	02:08:46	+01:26:39	12:53
972	1312	Tiago Alves Borrego	Green Gang	Senior Masculino	02:08:46	+01:26:39	12:53
973	1311	Fábio André Moreira da Silva	Green Gang	Senior Masculino	02:08:47	+01:26:39	12:53
974	827	João Santos	BioFit Racer's	Senior Masculino	02:08:50	+01:26:42	12:53
975	830	Paulo Capucho	BioFit Racer's	Senior Masculino	02:08:50	+01:26:43	12:53
976	1948	João Conceição	Ratapumbas 2nd Round	Senior Masculino	02:11:05	+01:28:58	13:06
977	1945	Cristiano Almeida	Ratapumbas 2nd Round	Senior Masculino	02:11:06	+01:28:59	13:07
978	1947	Helder Lopes	Ratapumbas 2nd Round	Senior Masculino	02:11:07	+01:29:00	13:07
979	1946	Domingos Rodrigues da Silva Vaz	Ratapumbas 2nd Round	Senior Masculino	02:11:07	+01:29:00	13:07
980	2267	José Carlos Cruz Lopes	Tuttifrutti	Senior Masculino	02:12:15	+01:30:07	13:13
981	2128	Pedro Aguiar	Team Sodida	Senior Masculino	02:12:48	+01:30:40	13:17
982	2126	Joaquim Mendes	Team Sodida	Senior Masculino	02:12:48	+01:30:41	13:17
983	2131	Sandro Almeida	Team Sodida	Senior Masculino	02:12:48	+01:30:41	13:17
984	2130	Rui Nunes	Team Sodida	Senior Masculino	02:12:48	+01:30:41	13:17
985	2129	Pedro Silva	Team Sodida	Senior Masculino	02:12:48	+01:30:41	13:17
986	2127	Paulo Valente	Team Sodida	Senior Masculino	02:12:48	+01:30:41	13:17
987	2125	Armando Resende	Team Sodida	Senior Masculino	02:12:48	+01:30:41	13:17
988	2124	André Mendes	Team Sodida	Senior Masculino	02:12:48	+01:30:41	13:17
989	2414	Rui Santos	Os únicos	Senior Masculino	02:13:18	+01:31:11	13:20
990	1334	IGOR FRANCISCO NETO RODRIGUES	GS MORENOS	Senior Masculino	02:14:03	+01:31:56	13:24
991	2043	Vitor Ramos	Samba Tribal	Senior Masculino	02:15:38	+01:33:31	13:34
992	596	Miguel Correia	8.2 Arroshinhos	Senior Masculino	02:15:42	+01:33:35	13:34
993	602	Ricardo Gonçalves	8.2 Arroshinhos	Senior Masculino	02:15:42	+01:33:35	13:34
994	1330	DANIEL JOAQUIM PEREIRA MARTIN	GS MORENOS	Senior Masculino	02:17:56	+01:35:48	13:48
995	1328	ANTÓNIO JOSÉ TEIXEIRA REBELO	GS MORENOS	Senior Masculino	02:17:57	+01:35:50	13:48
996	2177	ANTÓNIO MANUEL DOS SANTOS SOARES	TORRE	Senior Masculino	02:18:17	+01:36:10	13:50
997	2182	DIAMANTINO FERNANDO GOMES VIEIRA	TORRE	Senior Masculino	02:18:18	+01:36:11	13:50
998	1565	Micael Cunha	Marretas	Senior Masculino	02:19:50	+01:37:43	13:59

Prova Principal

10 KM

R
REVISED

OFFICIAL RESULT

999	1564	João Couras	Marretas	Senior Masculino	02:19:54	+01:37:46	13:59
1000	1226	nuno barbosa	equilibrio e saude	Senior Masculino	02:21:21	+01:39:14	14:08
1001	2080	horacio abrantès pereira	talabrigae ex libris	Senior Masculino	02:21:29	+01:39:21	14:09
1002	2082	marco filipe marques araujo	talabrigae ex libris	Senior Masculino	02:21:29	+01:39:22	14:09
1003	2083	paulo manuel marcelino marques	talabrigae ex libris	Senior Masculino	02:21:29	+01:39:22	14:09
1004	2084	ricardo antonio rodrigues marcelino	talabrigae ex libris	Senior Masculino	02:21:30	+01:39:23	14:09
1005	1102	João Paulo Castro Martins	CrossFit Couto	Senior Masculino	02:22:03	+01:39:55	14:12
1006	1096	Fábio Miguel Correia dos Santos	CrossFit Couto	Senior Masculino	02:22:03	+01:39:56	14:12
1007	2272	Rui Miguel Rodrigues Soares	Tuttifrutti	Senior Masculino	02:22:23	+01:40:16	14:14
1008	1095	Diogo Oliveira Paiva	CrossFit Couto	Senior Masculino	02:22:23	+01:40:16	14:14
1009	2263	Carlos Miguel Marques Melo	Tuttifrutti	Senior Masculino	02:22:27	+01:40:20	14:15
1010	2274	Tiago José Dias Valente	Tuttifrutti	Senior Masculino	02:22:29	+01:40:22	14:15
1011	1224	francisco oliveira	equilibrio e saude	Senior Masculino	02:22:29	+01:40:22	14:15
1012	920	Luis Paulo Nunes Caldeira	Caracóis do Asfalto	Senior Masculino	02:23:19	+01:41:11	14:20
1013	2271	Rui Manuel Lemos Dias	Tuttifrutti	Senior Masculino	02:23:21	+01:41:14	14:20
1014	2266	José Augusto Sá Melo	Tuttifrutti	Senior Masculino	02:23:21	+01:41:14	14:20
1015	2268	José Carlos Quadros Antão	Tuttifrutti	Senior Masculino	02:23:21	+01:41:14	14:20
1016	921	Mario Alexandre Campos Pinto	Caracóis do Asfalto	Senior Masculino	02:23:23	+01:41:16	14:20
1017	1658	Tiago Pinho Freitas Pinheiro	OpticaliaEstarreja	Senior Masculino	02:23:24	+01:41:17	14:20
1018	1655	Bruno Miguel Fernandes Pereira	OpticaliaEstarreja	Senior Masculino	02:23:27	+01:41:20	14:21
1019	1456	Ivo de Oliveira Almeida	Individual	Senior Masculino	02:24:26	+01:42:19	14:27
1020	2298	João Pedro Monteiro Rodrigues	VAI QUEM QUER	Senior Masculino	02:24:26	+01:42:19	14:27
1021	2297	João Pedro Andrade Rodrigues	VAI QUEM QUER	Senior Masculino	02:24:26	+01:42:19	14:27
1022	1338	LUÍS FILIPE FERNANDES CORREIA	GS MORENOS	Senior Masculino	02:25:37	+01:43:30	14:34
1023	1332	GABRIEL DINIS CARDOSO SILVA	GS MORENOS	Senior Masculino	02:25:38	+01:43:31	14:34
1024	915	André Filipe Moreira dos Santos	Caracóis do Asfalto	Senior Masculino	02:25:41	+01:43:34	14:34
1025	1331	FÁBIO EMANUEL SIMÕES CARDOSO	GS MORENOS	Senior Masculino	02:25:42	+01:43:35	14:34
1026	1339	LUIS MIGUEL CONCEIÇÃO ALMEIDA	GS MORENOS	Senior Masculino	02:25:45	+01:43:38	14:35
1027	1329	APOLO MANUEL MORTÁGUA CORREIA	GS MORENOS	Senior Masculino	02:25:46	+01:43:39	14:35
1028	1340	MARIO SERGIO LOPES CASTRO	GS MORENOS	Senior Masculino	02:25:48	+01:43:40	14:35
1029	922	Simão Pedro Pereira de Oliveira	Caracóis do Asfalto	Senior Masculino	02:25:59	+01:43:51	14:36
1030	1516	Rui Carapinha	LT2 Consulting	Senior Masculino	02:26:00	+01:43:53	14:36
1031	919	Luis Miguel Simões	Caracóis do Asfalto	Senior Masculino	02:26:19	+01:44:12	14:38
1032	547	Ricardo Lopes	100sacionais	Senior Masculino	02:28:50	+01:46:42	14:53
1033	1141	Gersão Machado	Da Bitchezzz	Senior Masculino	02:29:05	+01:46:58	14:55
1034	1146	Rui Mota	Da Bitchezzz	Senior Masculino	02:29:07	+01:47:00	14:55
1035	1139	André Mota	Da Bitchezzz	Senior Masculino	02:29:08	+01:47:01	14:55
1036	1140	Diogo Pestana	Da Bitchezzz	Senior Masculino	02:29:08	+01:47:01	14:55
1037	1142	Jorge Vivas	Da Bitchezzz	Senior Masculino	02:29:08	+01:47:01	14:55
1038	1143	Manuel João Sousa	Da Bitchezzz	Senior Masculino	02:29:09	+01:47:02	14:55
1039	1144	Paulo Alexandre	Da Bitchezzz	Senior Masculino	02:29:09	+01:47:02	14:55
1040	1604	Fernando Marques	Ninja Team	Senior Masculino	02:29:39	+01:47:32	14:58
1041	1509	Fernando Silva	LT2 Consulting	Senior Masculino	02:30:04	+01:47:57	15:00
1042	1511	Hugo Moreira	LT2 Consulting	Senior Masculino	02:30:05	+01:47:58	15:01
1043	1513	Lucas Leitão	LT2 Consulting	Senior Masculino	02:30:11	+01:48:04	15:01
1044	1514	Paulo Leitão	LT2 Consulting	Senior Masculino	02:30:11	+01:48:04	15:01

Prova Principal**10 KM****R**
REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

1045	1510	Francisco Oliveira	LT2 Consulting	Senior Masculino	02:30:11	+01:48:04	15:01
1046	1657	Roberto Barbosa	OpticaliaEstarreja	Senior Masculino	02:39:32	+01:57:25	15:57
1047	1225	nelson lages	equilibrio e saude	Senior Masculino	02:43:33	+02:01:26	16:21
1048	723	Vitor Manuel da Silva Oliveira	Arsenal de Canelas	Senior Masculino	02:50:35	+02:08:28	17:04
1049	2112	João Reis	Tartarugas	Senior Masculino	02:51:35	+02:09:28	17:09
1050	2114	Paulo Gomes	Tartarugas	Senior Masculino	03:02:47	+02:20:40	18:17
1051	2113	Jorge Machado	Tartarugas	Senior Masculino	03:02:49	+02:20:42	18:17
1052	2116	Tiago Almeida	Tartarugas	Senior Masculino	03:02:50	+02:20:42	18:17
1053	2118	Toninho	Tartarugas	Senior Masculino	03:02:50	+02:20:43	18:17

COLETIVO - PROVA PRINCIPAL

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

79	overmotor running	482 + 484 + 603	1569
80	GAP	525 + 528 + 529	1582
81	Rainha Albergaria	560 + 561 + 563	1684
82	BravoAlfa5	476 + 477 + 734	1687
83	DRAGUIALEÕES	438 + 439 + 810	1687
84	CR&F	98 + 132 + 1529	1759
85	Sport Rugby	616 + 617 + 618	1851
86	Ovarinos	619 + 620 + 621	1860
87	Lux Health Club	412 + 415 + 1055	1882
88	Guerreiros Madrugadores Loucos por Meias	639 + 640 + 641	1920
89	BotaPaQuebrá	250 + 862 + 863	1975
90	OS BRANCOS DO RACE	665 + 666 + 667	1998
91	@'s	126 + 134 + 1738	1998
92	Triskel Team	333 + 840 + 841	2014
93	Salta-Pocinhas	661 + 677 + 678	2016
94	Os Salta Pocinhas	626 + 629 + 809	2064
95	Brigada de Incêndio Bosch	701 + 702 + 703	2106
96	8.2 Arrosinhos	544 + 795 + 796	2135
97	POWER RACE TEAM	730 + 731 + 742	2203
98	ADTravassô	10 + 1114 + 1115	2239
99	CCDVeiros	725 + 726 + 799	2250
100	Wild runners	744 + 758 + 797	2299
101	Feel Free Health Club	773 + 774 + 775	2322
102	Máquinas em movimento	664 + 843 + 847	2354
103	Arrastados	789 + 790 + 791	2370
104	Comandos da TV	816 + 817 + 818	2451
105	XAVIER	829 + 830 + 831	2490
106	CFA Spartans	652 + 917 + 923	2492
107	Nuñez & Compañía	835 + 836 + 837	2508
108	Microbox	839 + 842 + 844	2525
109	Beirão na Setrit	838 + 866 + 867	2571
110	A Bela e os Monstros	859 + 860 + 861	2580
111	Cheios D'Lama	876 + 877 + 879	2632
112	FourFriends	490 + 1108 + 1109	2707
113	Cósmicos	908 + 909 + 910	2727
114	CFA SPARTANS	918 + 919 + 920	2757
115	4 SAT, Comércio de Telecomunicações Lda	940 + 941 + 945	2826
116	EMBORASIMBORALA	198 + 1316 + 1318	2832
117	Barriguitas	942 + 946 + 947	2835
118	Ponto e Virgula	957 + 958 + 959	2874

COLETIVO - PROVA PRINCIPAL

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

119	MUCHACHOS	977 + 978 + 979	2934
120	Bionelas	245 + 1348 + 1349	2942
121	run4fun	798 + 1088 + 1089	2975
122	Os Fótes	899 + 1042 + 1043	2984
123	The Racing Stones	996 + 997 + 998	2991
124	HRV	204 + 1394 + 1395	2993
125	Bio-Lentos	1011 + 1012 + 1013	3036
126	MudProof	986 + 987 + 1077	3050
127	Os Franciscos	1016 + 1017 + 1018	3051
128	WowFit	1035 + 1038 + 1039	3112
129	Tartarugas	1006 + 1007 + 1101	3114
130	Fast and Lazy	1046 + 1049 + 1050	3145
131	Turminha	301 + 1428 + 1429	3158
132	GymBuddies	1065 + 1066 + 1067	3198
133	Os Ticos	1093 + 1094 + 1095	3282
134	Misturas Tónicas	1097 + 1098 + 1099	3294
135	LT2 Consulting	1019 + 1103 + 1292	3414
136	Hashtag	1139 + 1140 + 1143	3422
137	ASSOCIAÇÃO CULTURAL DE SALREU	1147 + 1148 + 1149	3444
138	Coimbra Team	1151 + 1153 + 1154	3458
139	Batatas Fit	1178 + 1182 + 1183	3543
140	Crossfit Crest	1201 + 1202 + 1217	3620
141	Riders in the storm	1213 + 1214 + 1215	3642
142	CAJU	1241 + 1242 + 1243	3726
143	OpticaliaEstarreja	1240 + 1247 + 1250	3737
144	TroubleMakers	1253 + 1261 + 1262	3776
145	Maximianos	1258 + 1259 + 1260	3777
146	Iron Team	1272 + 1273 + 1274	3819
147	WTF - Where's the finish	1293 + 1294 + 1295	3882
148	100travões	1317 + 1319 + 1320	3956
149	20comer	1322 + 1324 + 1325	3971
150	Marretas	647 + 1694 + 1695	4036
151	Vamos Nessa	1379 + 1384 + 1385	4148
152	Pobo	1408 + 1409 + 1410	4227
153	Sai da Frente	1419 + 1420 + 1421	4260
154	Squash Girls	1418 + 1422 + 1427	4267
155	Clínica Veterinária Santa Marinha	1444 + 1448 + 1449	4341
156	NovosTeam	1471 + 1472 + 1473	4416
157	Salta Pocinhas	1492 + 1493 + 1494	4479
158	Lontras	1497 + 1498 + 1499	4494

COLETIVO - PROVA PRINCIPAL

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

159	Nucleares	1521 + 1522 + 1523	4566
160	Radio Locomotiva	1535 + 1536 + 1537	4608
161	BioFit Racer's	1512 + 1513 + 1586	4611
162	Pega na lancheira	1538 + 1539 + 1540	4617
163	Caracóis do Asfalto	1468 + 1469 + 1725	4662
164	Pára-Lamas	1557 + 1558 + 1559	4674
165	Os Intocáveis	1578 + 1579 + 1580	4737
166	Green Gang	1614 + 1615 + 1616	4845
167	Ratapumbas 2nd Round	1638 + 1639 + 1640	4917
168	Team Sodida	1657 + 1658 + 1659	4974
169	As Vareiras	1674 + 1675 + 1676	5025
170	equilíbrio e saúde	1672 + 1673 + 1701	5046
171	talabrigae ex libris	1703 + 1704 + 1705	5112
172	Da Bitchezzz	1771 + 1774 + 1775	5320

INFANTIS - STAGE 1
2 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	10:30	12.8°C	100%
End	15:53	12.8°C	100%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	3003	IUIS FRAZÃO	amupb bmx	Infantil Masculino	13:18		06:39
2	3008	Carlos Gabriel de Sousa Luz	arsenal de canelas	Infantil Masculino	13:31	+00:12	06:46
3	3087	David Madail	somamaratonas	Infantil Masculino	13:59	+00:40	07:00
4	3070	João Oliveira	individual	Infantil Masculino	14:01	+00:43	07:01
5	3118	José Oliveira	individual	Infantil Masculino	14:12	+00:54	07:06
6	3023	João Carlos Lopes Branco	ccdveiros junior	Infantil Masculino	14:22	+01:04	07:11
7	3033	Gonçalo Diogo Baptista	clube desportivo de estarreja - secção de nataçao	Infantil Masculino	14:57	+01:38	07:29
8	3068	Joao Ferreira	individual	Infantil Masculino	15:03	+01:44	07:32
9	3037	miguel vila	equilibrio e saude	Infantil Masculino	15:09	+01:50	07:35
10	3061	Beatriz de Fátima Henriques da Silva Gonçalves	individual	Infantil Feminino	15:12	+01:54	07:36
11	3034	Luis Afonso Torres Silva	clube desportivo de estarreja - secção de nataçao	Infantil Masculino	15:18	+02:00	07:39
12	3088	Francisco Martins	somamaratonas	Infantil Masculino	15:34	+02:15	07:47
13	3017	José Luís Pinto da Silva	bionelas	Infantil Masculino	15:37	+02:18	07:49
14	3071	João Tiago Lopes de Jesus	individual	Infantil Masculino	15:54	+02:35	07:57
15	3072	MANUEL JORGE DOS SANTOS	individual	Infantil Masculino	16:06	+02:47	08:03
16	3103	Mariana Marques	individual	Infantil Feminino	16:13	+02:54	08:07
17	3102	João Mendes	individual	Infantil Masculino	16:21	+03:03	08:11
18	3066	Francisco Brandao Tavares	individual	Infantil Masculino	16:44	+03:25	08:22
19	3010	Tomás Manuel Castro Folques	arsenal de canelas	Infantil Masculino	16:47	+03:29	08:24
20	3009	Rafael da Silva Paiva	arsenal de canelas	Infantil Masculino	16:52	+03:33	08:26
21	3067	Francisco Mega Fontes Pais	individual	Infantil Masculino	16:57	+03:39	08:29
22	3007	Maria Gomes Silva	arsenal de canelas	Infantil Feminino	17:07	+03:49	08:34
23	3005	Ana Miguel Montenegro Oliveira	arsenal de canelas	Infantil Feminino	17:07	+03:49	08:34
24	3016	André Valente Russo	bionelas	Infantil Masculino	17:13	+03:54	08:37
25	3063	rosa carinha	individual	Infantil Feminino	17:19	+04:01	08:40
26	3090	Miguel Coutinho	somamaratonas	Infantil Masculino	18:02	+04:44	09:01
27	3030	Margarida Santos Lopes	clube desportivo de estarreja - secção de nataçao	Infantil Feminino	18:31	+05:12	09:16
28	3027	Ana Luísa Garrido Cardoso	clube desportivo de estarreja - secção de nataçao	Infantil Feminino	18:46	+05:28	09:23
29	3032	Renata Soares Bandeira Simão	clube desportivo de estarreja - secção de nataçao	Infantil Feminino	18:56	+05:37	09:28
30	3006	Diana Raquel Afonso Chaves	arsenal de canelas	Infantil Feminino	19:52	+06:34	09:56
31	3069	João Miguel Valente Pinto Silva	individual	Infantil Masculino	19:58	+06:39	09:59
32	3031	Marta Cecilia Quintinha Santos	clube desportivo de estarreja - secção de nataçao	Infantil Feminino	20:37	+07:18	10:18
33	3002	DANIEL MATOS	amupb bmx	Infantil Masculino	22:14	+08:55	11:07
34	3028	Cíntia Cardoso Rodrigues	clube desportivo de estarreja - secção de nataçao	Infantil Feminino	22:28	+09:09	11:14
35	3089	Henrique Pires	somamaratonas	Infantil Masculino	22:29	+09:11	11:15

INFANTIS - STAGE 1

2 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
36	3044	DIOGO SOARES DE CASTRO	gs morenos	Infantil Masculino	22:54	+09:35	11:27
37	3065	Duarte Miguel Couto da Silva mendonça	individual	Infantil Masculino	22:54	+09:35	11:27
38	3046	RAFAEL SILVA	gs morenos	Infantil Masculino	22:54	+09:35	11:27
39	3047	RENATO PINTO CORREIA	gs morenos	Infantil Masculino	22:54	+09:35	11:27
40	3040	Gonçalo Almeida	gs morenos	Infantil Masculino	22:54	+09:35	11:27
41	3086	Marta Martins	somamaratonas	Infantil Feminino	24:02	+10:43	12:01
42	3085	Beatriz Coelho	somamaratonas	Infantil Feminino	24:02	+10:44	12:01
43	3074	Rúben Miguel Marques Matos	individual	Infantil Masculino	25:16	+11:57	12:38
44	3020	Ana Barbara Moreira Valente	ccdveiros junior	Infantil Feminino	25:18	+11:59	12:39
45	3021	Ana Beatriz Silva Tavares	ccdveiros junior	Infantil Feminino	25:19	+12:00	12:39
46	3022	Inês Raquel Silva Valente	ccdveiros junior	Infantil Feminino	25:19	+12:00	12:40
47	3015	Maria Silva Cruz	bionelas	Infantil Feminino	28:12	+14:53	14:06
48	3077	Inês Sousa Antão	mini tuttifrutti	Infantil Feminino	28:12	+14:53	14:06
49	3076	Beatriz Quadros Lopes Soares	mini tuttifrutti	Infantil Feminino	28:12	+14:53	14:06
50	3035	mariana almeida	equilibrio e saude	Infantil Feminino	29:15	+15:56	14:37
51	3099	Ana Luísa Aguiar Valente	workout wellness and body care	Infantil Feminino	29:19	+16:00	14:39
52	3078	David Quadros Melo	mini tuttifrutti	Infantil Masculino	29:56	+16:38	14:58
53	3104	Afonso Cruz	individual	Infantil Masculino	05:24:00	+05:10:42	02:42:00

Infantis

2 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	10:30	12.8°C	100%
End	15:53	12.8°C	100%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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Infantil Feminino

1	3061	Beatriz de Fátima Henriques da Silva Gonçalves	Individual	Infantil Feminino	15:12	+01:54	07:36
2	3103	Mariana Marques	Individual	Infantil Feminino	16:13	+02:54	08:07
3	3007	Maria Gomes Silva	Arsenal de Canelas	Infantil Feminino	17:07	+03:49	08:34
4	3005	Ana Miguel Montenegro Oliveira	Arsenal de Canelas	Infantil Feminino	17:07	+03:49	08:34
5	3063	rosa carinha	Individual	Infantil Feminino	17:19	+04:01	08:40
6	3030	Margarida Santos Lopes	Clube Desportivo De Estarreja - Secção De Natação	Infantil Feminino	18:31	+05:12	09:16
7	3027	Ana Luísa Garrido Cardoso	Clube Desportivo De Estarreja - Secção De Natação	Infantil Feminino	18:46	+05:28	09:23
8	3032	Renata Soares Bandeira Simão	Clube Desportivo De Estarreja - Secção De Natação	Infantil Feminino	18:56	+05:37	09:28
9	3006	Diana Raquel Afonso Chaves	Arsenal de Canelas	Infantil Feminino	19:52	+06:34	09:56
10	3031	Marta Cecilia Quintinha Santos	Clube Desportivo De Estarreja - Secção De Natação	Infantil Feminino	20:37	+07:18	10:18
11	3028	Cíntia Cardoso Rodrigues	Clube Desportivo De Estarreja - Secção De Natação	Infantil Feminino	22:28	+09:09	11:14
12	3086	Marta Martins	Somamaratonas	Infantil Feminino	24:02	+10:43	12:01
13	3085	Beatriz Coelho	Somamaratonas	Infantil Feminino	24:02	+10:44	12:01
14	3020	Ana Barbara Moreira Valente	CCDVeiros Junior	Infantil Feminino	25:18	+11:59	12:39
15	3021	Ana Beatriz Silva Tavares	CCDVeiros Junior	Infantil Feminino	25:19	+12:00	12:39
16	3022	Inês Raquel Silva Valente	CCDVeiros Junior	Infantil Feminino	25:19	+12:00	12:40
17	3015	Maria Silva Cruz	Bionelas	Infantil Feminino	28:12	+14:53	14:06
18	3077	Inês Sousa Antão	Mini Tuttifrutti	Infantil Feminino	28:12	+14:53	14:06
19	3076	Beatriz Quadros Lopes Soares	Mini Tuttifrutti	Infantil Feminino	28:12	+14:53	14:06
20	3035	mariana almeida	equilíbrio e saude	Infantil Feminino	29:15	+15:56	14:37
21	3099	Ana Luísa Aguiar Valente	WorkOut Wellness and Body care	Infantil Feminino	29:19	+16:00	14:39

Infantil Masculino

1	3003	IUIS FRAZÃO	AMUPB BMX	Infantil Masculino	13:18		06:39
2	3008	Carlos Gabriel de Sousa Luz	Arsenal de Canelas	Infantil Masculino	13:31	+00:12	06:46
3	3087	David Madail	Somamaratonas	Infantil Masculino	13:59	+00:40	07:00
4	3070	João Oliveira	Individual	Infantil Masculino	14:01	+00:43	07:01
5	3118	José Oliveira	Individual	Infantil Masculino	14:12	+00:54	07:06
6	3023	João Carlos Lopes Branco	CCDVeiros Junior	Infantil Masculino	14:22	+01:04	07:11
7	3033	Gonçalo Diogo Baptista	Clube Desportivo De Estarreja - Secção De Natação	Infantil Masculino	14:57	+01:38	07:29
8	3068	Joao Ferreira	Individual	Infantil Masculino	15:03	+01:44	07:32
9	3037	miguel vila	equilíbrio e saude	Infantil Masculino	15:09	+01:50	07:35

Infantis
2 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

10	3034	Luís Afonso Torres Silva	Clube Desportivo De Estarreja - Secção De Nataç�o	Infantil Masculino	15:18	+02:00	07:39
11	3088	Francisco Martins	Somamaratonas	Infantil Masculino	15:34	+02:15	07:47
12	3017	Jos�e Lu�s Pinto da Silva	Bionelas	Infantil Masculino	15:37	+02:18	07:49
13	3071	Jo�o Tiago Lopes de Jesus	Individual	Infantil Masculino	15:54	+02:35	07:57
14	3072	MANUEL JORGE DOS SANTOS	Individual	Infantil Masculino	16:06	+02:47	08:03
15	3102	Jo�o Mendes	Individual	Infantil Masculino	16:21	+03:03	08:11
16	3066	Francisco Brandao Tavares	Individual	Infantil Masculino	16:44	+03:25	08:22
17	3010	Tom�s Manuel Castro Folques	Arsenal de Canelas	Infantil Masculino	16:47	+03:29	08:24
18	3009	Rafael da Silva Paiva	Arsenal de Canelas	Infantil Masculino	16:52	+03:33	08:26
19	3067	Francisco Mega Fontes Pais	Individual	Infantil Masculino	16:57	+03:39	08:29
20	3016	Andr� Valente Russo	Bionelas	Infantil Masculino	17:13	+03:54	08:37
21	3090	Miguel Coutinho	Somamaratonas	Infantil Masculino	18:02	+04:44	09:01
22	3069	Jo�o Miguel Valente Pinto Silva	Individual	Infantil Masculino	19:58	+06:39	09:59
23	3002	DANIEL MATOS	AMUPB BMX	Infantil Masculino	22:14	+08:55	11:07
24	3089	Henrique Pires	Somamaratonas	Infantil Masculino	22:29	+09:11	11:15
25	3044	DIOGO SOARES DE CASTRO	GS MORENOS	Infantil Masculino	22:54	+09:35	11:27
26	3065	Duarte Miguel Couto da Silva mendon�a	Individual	Infantil Masculino	22:54	+09:35	11:27
27	3046	RAFAEL SILVA	GS MORENOS	Infantil Masculino	22:54	+09:35	11:27
28	3047	RENATO PINTO CORREIA	GS MORENOS	Infantil Masculino	22:54	+09:35	11:27
29	3040	Gon�alo Almeida	GS MORENOS	Infantil Masculino	22:54	+09:35	11:27
30	3074	R�ben Miguel Marques Matos	Individual	Infantil Masculino	25:16	+11:57	12:38
31	3078	David Quadros Melo	Mini Tuttifrutti	Infantil Masculino	29:56	+16:38	14:58
32	3104	Afonso Cruz	Individual	Infantil Masculino	05:24:00	+05:10:42	02:42:00

Benjamins

0.9 KM

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	10:30	12.8°C	100%
End	10:52	12.8°C	100%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Benjamim Feminino

1	3039	Iara Vidal	GESINSERDE TEAM	Benjamim Feminino	07:16	+00:27	-
2	3038	Bárbara dos Santos Cancela	GESINSERDE TEAM	Benjamim Feminino	08:39	+01:50	-
3	3075	Ana Margarida Sousa Antão	Mini Tuttifrutti	Benjamim Feminino	09:11	+02:23	-
4	3025	Catarina dos Santos Castro Casalinho	Clube Desportivo De Estarreja - Secção De Natação	Benjamim Feminino	09:42	+02:53	-
5	3119	Anita Oliveira	Individual	Benjamim Feminino	10:36	+03:47	-
6	3079	Eva Ribeiro	Os Lusitanos	Benjamim Feminino	10:49	+04:00	-
7	3050	Carolina Mendes Nunes	Individual	Benjamim Feminino	10:51	+04:02	-
8	3024	Anita Soares Bandeira Simão	Clube Desportivo De Estarreja - Secção De Natação	Benjamim Feminino	10:59	+04:10	-
9	3048	Ana Jorge Valente Gonçalves	Individual	Benjamim Feminino	11:00	+04:11	-
10	3026	Sara Margarida Quintinha Santos	Clube Desportivo De Estarreja - Secção De Natação	Benjamim Feminino	11:05	+04:16	-
11	3013	Lara Simões	Be5Team by Be-Fit Aveiro	Benjamim Feminino	11:22	+04:34	-
12	3082	Maria Abreu Freire Arrojado	Pobo	Benjamim Feminino	11:25	+04:37	-
13	3011	Helena Arrojado	Be5Team by Be-Fit Aveiro	Benjamim Feminino	11:41	+04:52	-
14	3052	Leonor Pinto	Individual	Benjamim Feminino	11:47	+04:58	-
15	3012	Kyara Silva	Be5Team by Be-Fit Aveiro	Benjamim Feminino	11:53	+05:04	-
16	3051	Lara Matos Brilhante	Individual	Benjamim Feminino	12:00	+05:11	-

Benjamim Masculino

1	3054	Bernardo Montenegro Oliveira	Individual	Benjamim Masculino	06:48		-
2	3101	Afonso Vidal	Individual	Benjamim Masculino	07:18	+00:30	-
3	3057	Martim Dinis Resende Pinto	Individual	Benjamim Masculino	07:21	+00:33	-
4	3084	Bernardo Oliveira	Somamaratonas	Benjamim Masculino	07:57	+01:08	-
5	3100	João Ricardo Rodrigues	Individual	Benjamim Masculino	08:02	+01:14	-
6	3053	Afonso Miguel Almeida Lopres	Individual	Benjamim Masculino	08:24	+01:35	-
7	3097	João Tiago Paiva Mendonça	WorKOut Wellness and Body care	Benjamim Masculino	08:40	+01:52	-
8	3055	Duarte Marques Figueiredo	Individual	Benjamim Masculino	08:43	+01:54	-
9	3056	Henrique Soares de Almeida	Individual	Benjamim Masculino	08:47	+01:58	-
10	3014	Pedro Afonso Pinto da Silva	Bionelas	Benjamim Masculino	08:49	+02:01	-
11	3083	Tomás Andrade Félix Almeida	RIJOS E POTENTES	Benjamim Masculino	09:05	+02:16	-
12	3080	Tomé Sarabando	Os Lusitanos	Benjamim Masculino	09:14	+02:25	-
13	3093	Manel Pato	Torreira Runners	Benjamim Masculino	09:20	+02:32	-
14	3058	Nuno Francisco Venâncio Morais	Individual	Benjamim Masculino	09:20	+02:32	-
15	3059	Rodrigo Pinho Rodrigues	Individual	Benjamim Masculino	09:23	+02:34	-
16	3043	TOMÉ SILVA	GS MORENOS	Benjamim Masculino	09:29	+02:41	-
17	3041	FRANCISCO GIL DOS SANTOS MOEDAS	GS MORENOS	Benjamim Masculino	10:19	+03:31	-

Benjamins**0.9 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

18	3120	Rui Santos	Individual	Benjamim Masculino	10:36	+03:48	-
19	3060	Vicente Mega Fontes Pais	Individual	Benjamim Masculino	10:42	+03:53	-