

TRAIL LONGO - STAGE 1

24 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	15:00	16.4°C	89%
End	19:36	16.4°C	89%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	26	MARIO FONSECA	centro desportivo e cultural de navais	Senior Masculino	01:54:14		04:46
2	154	NUNO PEREIRA	olimpico vianense trail/nd sport	Senior Masculino	02:02:29	+08:15	05:06
3	105	Ricardo Rego	individual	Senior Masculino	02:08:48	+14:34	05:22
4	170	José Cabral	individual	Veterano M40	02:12:43	+18:29	05:32
5	152	Nuno Castel-Branco	olimpico vianense trail/nd sport	Senior Masculino	02:22:24	+28:10	05:56
6	76	Carlos Martins	individual	Senior Masculino	02:23:05	+28:52	05:58
7	150	Joao Castel-Branco	olimpico vianense trail/nd sport	Senior Masculino	02:23:30	+29:16	05:59
8	53	Hugo Araujo	gtt - armazém do caffè	Senior Masculino	02:23:30	+29:16	05:59
9	86	João Pedro da Silva Ramos	individual	Senior Masculino	02:25:43	+31:30	06:04
10	55	Carlos Alberto Pereira Novais Gandra	gtt - armazém do caffè	Veterano M40	02:26:28	+32:15	06:06
11	54	Ricardo Andre Ramos Miranda	gtt - armazém do caffè	Senior Masculino	02:26:28	+32:15	06:06
12	151	MIGUEL JAQUES	olimpico vianense trail/nd sport	Senior Masculino	02:28:27	+34:13	06:11
13	44	Bruno Dias	fitspot	Senior Masculino	02:30:26	+36:12	06:16
14	149	Fernando Monteiro	moreira relax runners	Veterano M40	02:30:34	+36:20	06:16
15	24	Jose Fins	braguinhas runners	Veterano M40	02:31:27	+37:14	06:19
16	116	Dionísio Manuel Correia Sousa	individual	Veterano M40	02:32:45	+38:32	06:22
17	40	Sérgio Ramos	edv viana trail	Senior Masculino	02:34:02	+39:48	06:25
18	121	José Manuel Martins bernardino	individual	Veterano M40	02:34:18	+40:05	06:26
19	45	Filipe Carvalho	fitspot	Senior Masculino	02:36:31	+42:17	06:31
20	41	António Azevedo	egosport/irmandade da bike	Veterano M40	02:37:12	+42:59	06:33
21	153	NUNO PAREDINHA	olimpico vianense trail/nd sport	Senior Masculino	02:37:28	+43:15	06:34
22	74	Bruno Gonçalves	individual	Senior Masculino	02:38:40	+44:27	06:37
23	120	jose lopes	individual	Veterano M40	02:39:07	+44:54	06:38
24	178	Francisco Pinheiro	individual	Senior Masculino	02:39:15	+45:02	06:38
25	73	Bruno Andret Ribeiro da Silva	individual	Senior Masculino	02:39:16	+45:02	06:38
26	56	César Canito	gtt - armazém do caffè	Veterano M40	02:40:48	+46:35	06:42
27	68	Alexandre Lourenco	individual	Senior Masculino	02:42:33	+48:20	06:46
28	159	Emanuel Coelho	rodabike/porto sentido runners	Senior Masculino	02:42:40	+48:26	06:47
29	155	Pedro Barbosa	olimpico vianense trail/nd sport	Veterano M40	02:45:24	+51:10	06:54
30	28	Pedro Cunha	chegamos ao fim	Senior Masculino	02:45:28	+51:15	06:54
31	180	Rui Azevedo	individual	Veterano M40	02:45:29	+51:15	06:54
32	92	Mário Miguel Ferreira Barbosa	individual	Senior Masculino	02:46:23	+52:09	06:56
33	27	Susana Lobo Santos	chegamos ao fim	Veterana F40	02:46:45	+52:31	06:57
34	98	Paulino Daniel Azevedo Maia Alves	individual	Senior Masculino	02:46:45	+52:31	06:57
35	88	João Silva	individual	Senior Masculino	02:47:27	+53:13	06:59
36	43	Juliana Rodrigues	fitspot	Senior Feminino	02:48:02	+53:48	07:00
37	145	FERNANDO AREZES	luis	Veterano M40	02:50:02	+55:49	07:05
38	48	Rafael Almeida	fitspot	Senior Masculino	02:51:16	+57:03	07:08
39	75	Carlos Alheiro	individual	Senior Masculino	02:52:02	+57:49	07:10
40	52	Emanuel Moreira Costa	gtt - armazém do caffè	Senior Masculino	02:52:37	+58:24	07:12
41	57	Carla Sousa	individual	Senior Feminino	02:52:39	+58:26	07:12

TRAIL LONGO - STAGE 1

24 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	64	Raquel Patricia de Sousa Abreu	individual	Senior Feminino	02:53:14	+59:00	07:13
43	50	Rui Silva	fitspot	Veterano M40	02:53:15	+59:01	07:13
44	112	salvina costa	individual	Veterana F40	02:53:28	+59:14	07:14
45	133	Mika Magalhães	individual	Veterano M40	02:53:28	+59:15	07:14
46	10	JOSÉ SOUSA	associação de atletismo lebres	Veterano M40	02:53:45	+59:32	07:14
47	123	Licínio Cândido Ferreira Ribeiro	individual	Veterano M40	02:54:01	+59:48	07:15
48	7	Helder Faria	amigos da onça	Senior Masculino	02:54:10	+59:57	07:15
49	130	Marco Dias	individual	Veterano M40	02:54:28	+01:00:15	07:16
50	46	Micael Moraes	fitspot	Senior Masculino	02:54:48	+01:00:35	07:17
51	87	Joao Silva	individual	Senior Masculino	02:57:21	+01:03:07	07:23
52	93	Markus Renn	individual	Senior Masculino	02:57:24	+01:03:10	07:24
53	131	Mário Lima	individual	Veterano M40	02:58:34	+01:04:20	07:26
54	128	Manuel Nascimento	individual	Veterano M40	02:59:30	+01:05:17	07:29
55	84	Hugo Costa	individual	Senior Masculino	02:59:59	+01:05:46	07:30
56	49	Ricardo Ferreira	fitspot	Senior Masculino	03:00:03	+01:05:49	07:30
57	25	VITOR COELHO	cdc	Veterano M40	03:00:41	+01:06:27	07:32
58	21	Jose Pereira	braguinhas runners	Veterano M40	03:01:21	+01:07:07	07:33
59	90	Marco Silva	individual	Senior Masculino	03:02:19	+01:08:05	07:36
60	126	Manuel Alberto Nogueira Carriço	individual	Veterano M40	03:04:36	+01:10:22	07:42
61	85	Hugo Seco	individual	Senior Masculino	03:04:37	+01:10:24	07:42
62	134	Oswaldo Rebelo	individual	Veterano M40	03:05:10	+01:10:57	07:43
63	6	Leandro Ricardo Oliveira Pinto Simões	adega tia micas	Senior Masculino	03:05:25	+01:11:11	07:44
64	5	Hugo Barroso Pinto	adega tia micas	Senior Masculino	03:05:25	+01:11:12	07:44
65	179	delfim antonio nunes	individual	Veterano M40	03:05:36	+01:11:22	07:44
66	70	André Daniel da Cunha Fernandes	individual	Senior Masculino	03:06:48	+01:12:35	07:47
67	115	Americo Areias	individual	Veterano M40	03:06:50	+01:12:37	07:47
68	168	Simão Dias	individual	Veterano M40	03:07:06	+01:12:52	07:48
69	132	Miguel Alexandre Leitao marques	individual	Veterano M40	03:07:06	+01:12:53	07:48
70	72	Augusto Silva	individual	Senior Masculino	03:10:07	+01:15:54	07:55
71	71	António Pedro Peixoto Martins Vieira Vieira	individual	Senior Masculino	03:10:33	+01:16:20	07:56
72	101	Paulo Manuel Pereira Carvalho	individual	Senior Masculino	03:10:33	+01:16:20	07:56
73	100	paulo carlos marques miranda	individual	Senior Masculino	03:10:36	+01:16:23	07:57
74	69	Alexandre Manuel Esteves Ferreira	individual	Senior Masculino	03:11:23	+01:17:09	07:58
75	138	rodrigo moça	individual	Veterano M40	03:11:23	+01:17:09	07:58
76	118	João Miguel Moreira Natário	individual	Veterano M40	03:11:29	+01:17:15	07:59
77	156	João Couto	os finos	Veterano M40	03:11:29	+01:17:16	07:59
78	114	Albino Campos	individual	Veterano M40	03:12:17	+01:18:04	08:01
79	139	Rogério Arteiro	individual	Veterano M40	03:12:48	+01:18:35	08:02
80	32	Eugénia Morim	clube de atletismo da póvoa de varzim capv	Veterana F40	03:12:50	+01:18:36	08:02
81	23	António Vieira Rodrigues	braguinhas runners	Veterano M40	03:13:00	+01:18:46	08:03
82	81	Heber Fábio Lindo Silva Pires	individual	Senior Masculino	03:14:53	+01:20:39	08:07
83	129	Manuel Pegas Rodrigues	individual	Veterano M40	03:14:59	+01:20:45	08:07
84	135	PAULO MANUEL CUNHA REGUFE	individual	Veterano M40	03:15:03	+01:20:50	08:08
85	83	Helder Oliveira	individual	Senior Masculino	03:15:03	+01:20:50	08:08
86	124	Luis Miguel Lucas	individual	Veterano M40	03:15:32	+01:21:19	08:09

TRAIL LONGO - STAGE 1

24 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
87	82	helder oliveira	individual	Senior Masculino	03:18:25	+01:24:12	08:16
88	51	Sandra Pera	gondomar futsal clube	Senior Feminino	03:18:41	+01:24:28	08:17
89	162	José Carlos Araújo	team lantermil	Veterano M40	03:18:43	+01:24:29	08:17
90	161	Miguel Barqueiro	sunset runners	Veterano M40	03:18:49	+01:24:35	08:17
91	113	Sofia Coelho	individual	Veterana F40	03:19:55	+01:25:41	08:20
92	143	Wilson Fonseca	individual	Veterano M40	03:20:44	+01:26:31	08:22
93	11	paulo pereira	bota e siga	Senior Masculino	03:21:13	+01:26:59	08:23
94	66	Solange Sousa	individual	Senior Feminino	03:23:29	+01:29:15	08:29
95	47	Miguel Guimarães	fitspot	Senior Masculino	03:25:23	+01:31:09	08:33
96	79	Fábio André Martins Alves	individual	Senior Masculino	03:26:24	+01:32:10	08:36
97	160	José Silva	sunset runners	Veterano M40	03:26:24	+01:32:10	08:36
98	99	Paulo Assis	individual	Senior Masculino	03:26:55	+01:32:42	08:37
99	102	paulo miguel da costa pereira loureiro	individual	Senior Masculino	03:27:03	+01:32:49	08:38
100	137	Pedro Pereira	individual	Veterano M40	03:27:47	+01:33:33	08:39
101	167	Filipe Truta	individual	Senior Masculino	03:28:23	+01:34:10	08:41
102	35	João Vasco Ferreira	clube pessoal edp - delegação vila nova gaia	Veterano M40	03:28:24	+01:34:10	08:41
103	63	Merceana Maria Rebelo Pereira	individual	Senior Feminino	03:29:40	+01:35:26	08:44
104	58	Catarina Maria Borges de Barros	individual	Senior Feminino	03:29:54	+01:35:40	08:45
105	60	Helena Passos	individual	Senior Feminino	03:30:25	+01:36:12	08:46
106	111	Paula Oliveira	individual	Veterana F40	03:30:45	+01:36:32	08:47
107	89	José Sousa	individual	Senior Masculino	03:32:21	+01:38:07	08:51
108	125	Luis Miguel Silva	individual	Veterano M40	03:33:01	+01:38:47	08:53
109	33	Mariana Parente	clube de atletismo da póvoa de varzim capv	Veterana F40	03:34:07	+01:39:53	08:55
110	31	Conceição Rabaldo	clube de atletismo da póvoa de varzim capv	Veterana F40	03:34:07	+01:39:54	08:55
111	136	Paulo Nunes	individual	Veterano M40	03:37:01	+01:42:48	09:03
112	163	David Nuno Lopes Ribeiro	individual	Veterano M40	03:44:00	+01:49:46	09:20
113	80	FRANCISCO TEIXEIRA	individual	Senior Masculino	03:45:27	+01:51:14	09:24
114	119	José Henrique Ferreira da Silva	individual	Veterano M40	03:49:12	+01:54:59	09:33
115	15	Vera Fernandes	braguinhas runners	Senior Feminino	03:51:42	+01:57:29	09:39
116	20	Jose Ferreira	braguinhas runners	Veterano M40	03:51:42	+01:57:29	09:39
117	17	Nuno Ataide	braguinhas runners	Senior Masculino	03:51:42	+01:57:29	09:39
118	62	Maria Graça Dinis	individual	Senior Feminino	03:54:10	+01:59:56	09:45
119	142	Tiago Coutinho	individual	Veterano M40	03:54:10	+01:59:56	09:45
120	14	Jorge Costa	braga runners	Veterano M40	03:54:23	+02:00:10	09:46
121	12	Luis Peixoto	braga runners	Senior Masculino	03:54:23	+02:00:10	09:46
122	13	Joao Pedro Cunha	braga runners	Veterano M40	03:54:24	+02:00:10	09:46
123	158	Paulo Lourenço Marques	pto	Senior Masculino	03:55:49	+02:01:36	09:50
124	157	Inês Maria Falcão Pires Marques	pto	Senior Feminino	03:55:50	+02:01:36	09:50
125	110	Monica Claudia Correia de Sousa Matos	individual	Veterana F40	03:59:52	+02:05:38	10:00
126	103	Pedro Miguel Rodrigues da Cunha	individual	Senior Masculino	04:02:04	+02:07:50	10:05
127	16	Jose Maia	braguinhas runners	Senior Masculino	04:15:20	+02:21:07	10:38
128	78	Daniel Sampaio	individual	Senior Masculino	04:15:20	+02:21:07	10:38
129	22	Vitor Costa	braguinhas runners	Veterano M40	04:15:21	+02:21:08	10:38
130	61	joana silva	individual	Senior Feminino	04:18:27	+02:24:14	10:46

TRAIL LONGO - STAGE 1**24 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
131	94	Nelson Pinto	individual	Senior Masculino	04:18:31	+02:24:18	10:46
132	9	Vitor Manuel Bompastor da Costa	amigos vale silêncio	Veterano M40	04:19:54	+02:25:40	10:50
133	8	Sandra Bompastor da Costa	amigos vale silêncio	Senior Feminino	04:19:54	+02:25:41	10:50
134	106	Rui Paiva	individual	Senior Masculino	04:22:53	+02:28:39	10:57
135	91	Marcos Silva	individual	Senior Masculino	04:22:53	+02:28:40	10:57
136	122	José Pedro Mendes Caetano Matos Prego	individual	Veterano M40	04:35:38	+02:41:24	11:29
137	146	Filipe Leite	manos do trail	Senior Masculino	04:36:25	+02:42:11	11:31

Trail Longo

24 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	15:00	16.4°C	89%
End	19:36	16.4°C	89%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
------	-----	------	------	-----	--------	------	------

Senior Feminino

1	43	Juliana Rodrigues	Fitspot	Senior Feminino	02:48:02		07:00
2	57	Carla Sousa	Individual	Senior Feminino	02:52:40	+04:38	07:12
3	64	Raquel Patricia de Sousa Abreu	Individual	Senior Feminino	02:53:14	+05:12	07:13
4	51	Sandra Pera	GONDOMAR FUTSAL CLUBE	Senior Feminino	03:18:42	+30:40	08:17
5	66	Solange Sousa	Individual	Senior Feminino	03:23:29	+35:27	08:29
6	63	Merceana Maria Rebelo Pereira	Individual	Senior Feminino	03:29:40	+41:38	08:44
7	58	Catarina Maria Borges de Barros	Individual	Senior Feminino	03:29:54	+41:52	08:45
8	60	Helena Passos	Individual	Senior Feminino	03:30:26	+42:24	08:46
9	15	Vera Fernandes	BRAGUINHAS RUNNERS	Senior Feminino	03:51:43	+01:03:41	09:39
10	62	Maria Graça Dinis	Individual	Senior Feminino	03:54:10	+01:06:08	09:45
11	157	Inês Maria Falcão Pires Marques	PTO	Senior Feminino	03:55:50	+01:07:48	09:50
12	61	joana silva	Individual	Senior Feminino	04:18:28	+01:30:26	10:46
13	8	Sandra Bompastor da Costa	Amigos Vale Silêncio	Senior Feminino	04:19:55	+01:31:53	10:50

Senior Masculino

1	26	MARIO FONSECA	Centro Desportivo e Cultural de Navais	Senior Masculino	01:54:14		04:46
2	154	NUNO PEREIRA	OLIMPICO VIANENSE TRAIL/ND SPORT	Senior Masculino	02:02:29	+08:15	05:06
3	105	Ricardo Rego	Individual	Senior Masculino	02:08:48	+14:34	05:22
4	152	Nuno Castel-Branco	OLIMPICO VIANENSE TRAIL/ND SPORT	Senior Masculino	02:22:24	+28:10	05:56
5	76	Carlos Martins	Individual	Senior Masculino	02:23:06	+28:52	05:58
6	150	Joao Castel-Branco	OLIMPICO VIANENSE TRAIL/ND SPORT	Senior Masculino	02:23:30	+29:16	05:59
7	53	Hugo Araujo	GTT - Armazém do Caffè	Senior Masculino	02:23:30	+29:16	05:59
8	86	João Pedro da Silva Ramos	Individual	Senior Masculino	02:25:44	+31:30	06:04
9	54	Ricardo Andre Ramos Miranda	GTT - Armazém do Caffè	Senior Masculino	02:26:29	+32:15	06:06
10	151	MIGUEL JAQUES	OLIMPICO VIANENSE TRAIL/ND SPORT	Senior Masculino	02:28:27	+34:13	06:11
11	44	Bruno Dias	Fitspot	Senior Masculino	02:30:26	+36:12	06:16
12	40	Sérgio Ramos	EDV Viana Trail	Senior Masculino	02:34:02	+39:48	06:25
13	45	Filipe Carvalho	Fitspot	Senior Masculino	02:36:31	+42:17	06:31
14	153	NUNO PAREDINHA	OLIMPICO VIANENSE TRAIL/ND SPORT	Senior Masculino	02:37:29	+43:15	06:34
15	74	Bruno Gonçalves	Individual	Senior Masculino	02:38:41	+44:27	06:37
16	178	Francisco Pinheiro	Individual	Senior Masculino	02:39:16	+45:02	06:38
17	73	Bruno Andret Ribeiro da Silva	Individual	Senior Masculino	02:39:16	+45:02	06:38
18	68	Alexandre Lourenco	Individual	Senior Masculino	02:42:34	+48:20	06:46
19	159	Emanuel Coelho	Rodabike/Porto Sentido Runners	Senior Masculino	02:42:40	+48:26	06:47

Official Timekeeper: Lap2Go	1 / 4	generate 30-Apr-2016 19:37
-----------------------------	-------	----------------------------

Trail Longo

24 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

20	28	Pedro Cunha	Chegamos ao fim	Senior Masculino	02:45:29	+51:15	06:54
21	92	Mário Miguel Ferreira Barbosa	Individual	Senior Masculino	02:46:23	+52:09	06:56
22	98	Paulino Daniel Azevedo Maia Alves	Individual	Senior Masculino	02:46:45	+52:31	06:57
23	88	João Silva	Individual	Senior Masculino	02:47:27	+53:13	06:59
24	48	Rafael Almeida	Fitspot	Senior Masculino	02:51:17	+57:03	07:08
25	75	Carlos Alheiro	Individual	Senior Masculino	02:52:03	+57:49	07:10
26	52	Emanuel Moreira Costa	GTT - Armazém do Caffè	Senior Masculino	02:52:38	+58:24	07:12
27	7	Helder Faria	Amigos da Onça	Senior Masculino	02:54:11	+59:57	07:15
28	46	Micael Morais	Fitspot	Senior Masculino	02:54:49	+01:00:35	07:17
29	87	Joao Silva	Individual	Senior Masculino	02:57:21	+01:03:07	07:23
30	93	Markus Renn	Individual	Senior Masculino	02:57:24	+01:03:10	07:24
31	84	Hugo Costa	Individual	Senior Masculino	03:00:00	+01:05:46	07:30
32	49	Ricardo Ferreira	Fitspot	Senior Masculino	03:00:03	+01:05:49	07:30
33	90	Marco Silva	Individual	Senior Masculino	03:02:19	+01:08:05	07:36
34	85	Hugo Seco	Individual	Senior Masculino	03:04:38	+01:10:24	07:42
35	6	Leandro Ricardo Oliveira Pinto Simões	Adega Tia Micas	Senior Masculino	03:05:25	+01:11:11	07:44
36	5	Hugo Barroso Pinto	Adega Tia Micas	Senior Masculino	03:05:26	+01:11:12	07:44
37	70	André Daniel da Cunha Fernandes	Individual	Senior Masculino	03:06:49	+01:12:35	07:47
38	72	Augusto Silva	Individual	Senior Masculino	03:10:08	+01:15:54	07:55
39	71	António Pedro Peixoto Martins Vieira Vieira	Individual	Senior Masculino	03:10:34	+01:16:20	07:56
40	101	Paulo Manuel Pereira Carvalho	Individual	Senior Masculino	03:10:34	+01:16:20	07:56
41	100	paulo carlos marques miranda	Individual	Senior Masculino	03:10:37	+01:16:23	07:57
42	69	Alexandre Manuel Esteves Ferreira	Individual	Senior Masculino	03:11:23	+01:17:09	07:58
43	81	Heber Fábio Lindo Silva Pires	Individual	Senior Masculino	03:14:53	+01:20:39	08:07
44	83	Helder Oliveira	Individual	Senior Masculino	03:15:04	+01:20:50	08:08
45	82	helder oliveira	Individual	Senior Masculino	03:18:26	+01:24:12	08:16
46	11	paulo pereira	bota e siga	Senior Masculino	03:21:13	+01:26:59	08:23
47	47	Miguel Guimarães	Fitspot	Senior Masculino	03:25:23	+01:31:09	08:33
48	79	Fábio André Martins Alves	Individual	Senior Masculino	03:26:24	+01:32:10	08:36
49	99	Paulo Assis	Individual	Senior Masculino	03:26:56	+01:32:42	08:37
50	102	paulo miguel da costa pereira loureiro	Individual	Senior Masculino	03:27:03	+01:32:49	08:38
51	167	Filipe Truta	Individual	Senior Masculino	03:28:24	+01:34:10	08:41
52	89	José Sousa	Individual	Senior Masculino	03:32:21	+01:38:07	08:51
53	80	FRANCISCO TEIXEIRA	Individual	Senior Masculino	03:45:28	+01:51:14	09:24
54	17	Nuno Ataíde	BRAGUINHAS RUNNERS	Senior Masculino	03:51:43	+01:57:29	09:39
55	12	Luis Peixoto	BRAGA RUNNERS	Senior Masculino	03:54:24	+02:00:10	09:46
56	158	Paulo Lourenço Marques	PTO	Senior Masculino	03:55:50	+02:01:36	09:50
57	103	Pedro Miguel Rodrigues da Cunha	Individual	Senior Masculino	04:02:04	+02:07:50	10:05
58	16	Jose Maia	BRAGUINHAS RUNNERS	Senior Masculino	04:15:21	+02:21:07	10:38
59	78	Daniel Sampaio	Individual	Senior Masculino	04:15:21	+02:21:07	10:38
60	94	Nelson Pinto	Individual	Senior Masculino	04:18:32	+02:24:18	10:46
61	106	Rui Paiva	Individual	Senior Masculino	04:22:53	+02:28:39	10:57
62	91	Marcos Silva	Individual	Senior Masculino	04:22:54	+02:28:40	10:57
63	146	Filipe Leite	Manos do Trail	Senior Masculino	04:36:25	+02:42:11	11:31

Trail Longo

24 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

Veterana F40

1	27	Susana Lobo Santos	Chegamos ao fim	Veterana F40	02:46:45		06:57
2	112	salvina costa	Individual	Veterana F40	02:53:28	+06:43	07:14
3	32	Eugénia Morim	Clube de Atletismo da Póvoa de Varzim CAPV	Veterana F40	03:12:50	+26:05	08:02
4	113	Sofia Coelho	Individual	Veterana F40	03:19:55	+33:10	08:20
5	111	Paula Oliveira	Individual	Veterana F40	03:30:46	+44:01	08:47
6	33	Mariana Parente	Clube de Atletismo da Póvoa de Varzim CAPV	Veterana F40	03:34:07	+47:22	08:55
7	31	Conceição Rabaldo	Clube de Atletismo da Póvoa de Varzim CAPV	Veterana F40	03:34:08	+47:23	08:55
8	110	Monica Claudia Correia de Sousa Matos	Individual	Veterana F40	03:59:52	+01:13:07	10:00

Veterano M40

1	170	José Cabral	Individual	Veterano M40	02:12:43		05:32
2	55	Carlos Alberto Pereira Novais Gandra	GTT - Armazém do Caffè	Veterano M40	02:26:29	+13:46	06:06
3	149	Fernando Monteiro	Moreira Relax Runners	Veterano M40	02:30:34	+17:51	06:16
4	24	Jose Fins	BRAGUINHAS RUNNERS	Veterano M40	02:31:28	+18:45	06:19
5	116	Dionísio Manuel Correia Sousa	Individual	Veterano M40	02:32:46	+20:03	06:22
6	121	José Manuel Martins bernardino	Individual	Veterano M40	02:34:19	+21:36	06:26
7	41	António Azevedo	Egosport/Irmandade da Bike	Veterano M40	02:37:13	+24:30	06:33
8	120	jose lopes	Individual	Veterano M40	02:39:08	+26:25	06:38
9	56	César Canito	GTT - Armazém do Caffè	Veterano M40	02:40:49	+28:06	06:42
10	155	Pedro Barbosa	OLIMPICO VIANENSE TRAIL/ND SPORT	Veterano M40	02:45:24	+32:41	06:54
11	180	Rui Azevedo	Individual	Veterano M40	02:45:29	+32:46	06:54
12	145	FERNANDO AREZES	LUIS	Veterano M40	02:50:03	+37:20	07:05
13	50	Rui Silva	Fitspot	Veterano M40	02:53:15	+40:32	07:13
14	133	Mika Magalhães	Individual	Veterano M40	02:53:29	+40:46	07:14
15	10	JOSÉ SOUSA	ASSOCIAÇÃO DE ATLETISMO LEBRES	Veterano M40	02:53:46	+41:03	07:14
16	123	Licínio Cândido Ferreira Ribeiro	Individual	Veterano M40	02:54:02	+41:19	07:15
17	130	Marco Dias	Individual	Veterano M40	02:54:29	+41:46	07:16
18	131	Mário Lima	Individual	Veterano M40	02:58:34	+45:51	07:26
19	128	Manuel Nascimento	Individual	Veterano M40	02:59:31	+46:48	07:29
20	25	VITOR COELHO	CDC	Veterano M40	03:00:41	+47:58	07:32
21	21	Jose Pereira	BRAGUINHAS RUNNERS	Veterano M40	03:01:21	+48:38	07:33
22	126	Manuel Alberto Nogueira Carriço	Individual	Veterano M40	03:04:36	+51:53	07:42
23	134	Oswaldo Rebelo	Individual	Veterano M40	03:05:11	+52:28	07:43
24	179	delfim antonio nunes	Individual	Veterano M40	03:05:36	+52:53	07:44
25	115	Americo Areias	Individual	Veterano M40	03:06:51	+54:08	07:47
26	168	Simão Dias	Individual	Veterano M40	03:07:06	+54:23	07:48
27	132	Miguel Alexandre Leitao marques	Individual	Veterano M40	03:07:07	+54:24	07:48
28	138	rodrigo moça	Individual	Veterano M40	03:11:23	+58:40	07:58
29	118	João Miguel Moreira Natário	Individual	Veterano M40	03:11:29	+58:46	07:59

Trail Longo

24 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

30	156	João Couto	Os Finos	Veterano M40	03:11:30	+58:47	07:59
31	114	Albino Campos	Individual	Veterano M40	03:12:18	+59:35	08:01
32	139	Rogério Arteiro	Individual	Veterano M40	03:12:49	+01:00:06	08:02
33	23	António Vieira Rodrigues	BRAGUINHAS RUNNERS	Veterano M40	03:13:00	+01:00:17	08:03
34	129	Manuel Pegas Rodrigues	Individual	Veterano M40	03:14:59	+01:02:16	08:07
35	135	PAULO MANUEL CUNHA REGUFE	Individual	Veterano M40	03:15:04	+01:02:21	08:08
36	124	Luis Miguel Lucas	Individual	Veterano M40	03:15:33	+01:02:50	08:09
37	162	José Carlos Araújo	TEAM LANTEMIL	Veterano M40	03:18:43	+01:06:00	08:17
38	161	Miguel Barqueiro	Sunset Runners	Veterano M40	03:18:49	+01:06:06	08:17
39	143	Wilson Fonseca	Individual	Veterano M40	03:20:45	+01:08:02	08:22
40	160	José Silva	Sunset Runners	Veterano M40	03:26:24	+01:13:41	08:36
41	137	Pedro Pereira	Individual	Veterano M40	03:27:47	+01:15:04	08:39
42	35	João Vasco Ferreira	Clube Pessoal EDP - Delegação Vila Nova Gaia	Veterano M40	03:28:24	+01:15:41	08:41
43	125	Luis Miguel Silva	Individual	Veterano M40	03:33:01	+01:20:18	08:53
44	136	Paulo Nunes	Individual	Veterano M40	03:37:02	+01:24:19	09:03
45	163	David Nuno Lopes Ribeiro	Individual	Veterano M40	03:44:00	+01:31:17	09:20
46	119	José Henrique Ferreira da Silva	Individual	Veterano M40	03:49:13	+01:36:30	09:33
47	20	Jose Ferreira	BRAGUINHAS RUNNERS	Veterano M40	03:51:43	+01:39:00	09:39
48	142	Tiago Coutinho	Individual	Veterano M40	03:54:10	+01:41:27	09:45
49	14	Jorge Costa	BRAGA RUNNERS	Veterano M40	03:54:24	+01:41:41	09:46
50	13	Joao Pedro Cunha	BRAGA RUNNERS	Veterano M40	03:54:24	+01:41:41	09:46
51	22	Vitor Costa	BRAGUINHAS RUNNERS	Veterano M40	04:15:22	+02:02:39	10:38
52	9	Vitor Manuel Bompastor da Costa	Amigos Vale Silêncio	Veterano M40	04:19:54	+02:07:11	10:50
53	122	José Pedro Mendes Caetano Matos Prego	Individual	Veterano M40	04:35:38	+02:22:55	11:29

TRAIL CURTO - STAGE 1

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	15:00	16.4°C	89%
End	18:52	16.4°C	89%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1387	Nuno Cardoso	individual	Senior Masculino	01:12:41		05:12
2	1378	Bruno Rodrigues	umfca warriors	Senior Masculino	01:13:30	+00:49	05:15
3	1343	JOÃO GUILHERME AFONSO	padela natural team / terapias alexandra carvalho	Senior Masculino	01:15:51	+03:11	05:25
4	1341	Francisco Miguel da Costa Fontelo	padela natural team	Veterano M40	01:15:52	+03:11	05:25
5	1262	Fernando António Azevedo Silva	individual	Veterano M40	01:16:14	+03:33	05:27
6	1062	pedro oliveira	fama runners	Senior Masculino	01:16:17	+03:37	05:27
7	1186	Nelson filipe cruz fernandes	individual	Senior Masculino	01:18:10	+05:29	05:35
8	1061	nuno alves	fama runners	Senior Masculino	01:18:30	+05:49	05:36
9	1081	Nuno Figueiredo	gtt - armazém do caffè	Senior Masculino	01:18:46	+06:05	05:38
10	1033	Carlos Faria	clube de atletismo da póvoa de varzim capv	Veterano M40	01:18:57	+06:17	05:38
11	1160	Francisco Gomes	individual	Senior Masculino	01:19:53	+07:13	05:42
12	1050	Rui Manuel Campos Silva	experienciar / barceltécnica / sportsonfire	Senior Masculino	01:21:37	+08:57	05:50
13	1272	José Carlos Saldanha	individual	Veterano M40	01:23:13	+10:32	05:57
14	1388	bruno jose cruz fernandes	individual	Senior Masculino	01:23:14	+10:33	05:57
15	1390	Ivan Silva	trilhostermis.pt	Senior Masculino	01:23:59	+11:19	06:00
16	1192	Paulo Sérgio Lopes de Jesus	individual	Senior Masculino	01:24:14	+11:33	06:01
17	1083	Tiago Sá	gtt - armazém do caffè	Senior Masculino	01:24:21	+11:40	06:02
18	1079	Rafael Escrivães	gtt - armazém do caffè	Senior Masculino	01:24:21	+11:41	06:02
19	1010	jose pereira	airoron	Veterano M40	01:24:34	+11:54	06:03
20	1328	Antonio Borges	olimpico vianense trail/nd sport	Veterano M40	01:26:11	+13:30	06:09
21	1144	Alfredo Fragoso	individual	Senior Masculino	01:26:35	+13:54	06:11
22	1199	Pedro Pinheiro	individual	Senior Masculino	01:26:44	+14:04	06:12
23	1338	Paulo Reis	fama runners	Veterano M40	01:28:04	+15:23	06:17
24	1008	jose castro	airoron	Senior Masculino	01:28:08	+15:28	06:18
25	1143	adário Fragoso	individual	Senior Masculino	01:28:20	+15:39	06:19
26	1200	Pedro Ribeiro	individual	Senior Masculino	01:28:37	+15:56	06:20
27	1321	Adriana Gomes	minho aventura	Senior Feminino	01:29:36	+16:55	06:24
28	1201	Rafael Araújo	individual	Senior Masculino	01:30:42	+18:01	06:29
29	1329	Joao Jaques	olimpico vianense trail/nd sport	Veterano M40	01:31:01	+18:21	06:30
30	18	Paula Peixoto	braguinhas runners	Veterana F40	01:31:10	+18:29	06:31
31	1210	Rui Filipe Silva Ferreira	individual	Senior Masculino	01:31:36	+18:55	06:33
32	1029	Eduardo Vieira Cardoso	clube cultura e desporto de ribeirão	Senior Masculino	01:31:41	+19:01	06:33
33	1011	luis mota	airoron	Veterano M40	01:32:17	+19:37	06:36
34	1381	João Miguel Monteiro Ribeiro	umfca warriors	Senior Masculino	01:33:08	+20:28	06:39
35	1080	Marcelo Teles	gtt - armazém do caffè	Senior Masculino	01:33:39	+20:58	06:41
36	1172	João Pedro Correia da Silva	individual	Senior Masculino	01:34:23	+21:43	06:45
37	1269	joaquim baptista	individual	Veterano M40	01:35:05	+22:25	06:48
38	1379	Daniel Almeida	umfca warriors	Senior Masculino	01:35:08	+22:28	06:48
39	1078	Hugo Edgar Macedo Peixoto Pereira	gtt - armazém do caffè	Senior Masculino	01:35:25	+22:44	06:49
40	1145	Álvaro Faria Santos	individual	Senior Masculino	01:35:27	+22:46	06:49
41	1213	Sergio Filipe Sousa	individual	Senior Masculino	01:36:43	+24:03	06:55

TRAIL CURTO - STAGE 1

14 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
85	1345	Carlos Cardoso	red street team	Veterano M40	01:48:24	+35:44	07:45
86	1051	ana cardoso	fama runners	Senior Feminino	01:48:32	+35:52	07:45
87	37	Pedro Rodrigues	clube zupper	Senior Masculino	01:48:35	+35:55	07:45
88	1086	Adriana Mariz Figueiredo	individual	Senior Feminino	01:48:53	+36:12	07:47
89	1304	Joaquim Oliveira	insanos	Veterano M40	01:48:55	+36:15	07:47
90	1204	Ricardo Costa	individual	Senior Masculino	01:48:59	+36:19	07:47
91	1254	CARLOS AIRES PATRICIO DE SA	individual	Veterano M40	01:49:03	+36:23	07:47
92	1001	Nuno Fernando Ribeiro Pereira	100kmsteam	Senior Masculino	01:49:07	+36:27	07:48
93	1002	Rui Miguel Ferreira Marques	100kmsteam	Senior Masculino	01:49:08	+36:28	07:48
94	1375	Cristina Costa	umfca warriors	Senior Feminino	01:49:09	+36:28	07:48
95	1082	Tiago André da Silva Correia	gtt - armazém do caffè	Senior Masculino	01:49:49	+37:09	07:51
96	1005	André Filipe Miranda Amorim	águas de alvelos	Senior Masculino	01:49:50	+37:10	07:51
97	1249	antónio de Jesus pires	individual	Veterano M40	01:50:23	+37:42	07:53
98	1273	JOSÉ CARLOS SOUSA	individual	Veterano M40	01:50:54	+38:14	07:55
99	1223	ANA NEVES	individual	Veterana F40	01:51:29	+38:49	07:58
100	1151	Carlos Cadilhe	individual	Senior Masculino	01:51:36	+38:55	07:58
101	1191	Paulo Jorge Brunido Laranjo	individual	Senior Masculino	01:51:41	+39:00	07:59
102	1016	luis ribeiro	bota e siga	Senior Masculino	01:51:42	+39:02	07:59
103	1043	Marco Viana	edv viana trail	Veterano M40	01:51:45	+39:04	07:59
104	1206	Ricardo Nicolau	individual	Senior Masculino	01:51:52	+39:12	07:59
105	1197	Pedro Oliveira Andrade rocha	individual	Senior Masculino	01:51:54	+39:14	08:00
106	1139	Susana Maria Neto Carrasquinho	individual	Senior Feminino	01:52:00	+39:20	08:00
107	1113	Elisabete Cunha	individual	Senior Feminino	01:52:04	+39:24	08:00
108	1336	Joana da Silva Martins	padela natural team	Senior Feminino	01:52:18	+39:38	08:01
109	1337	Sara Meira	padela natural team	Senior Feminino	01:52:18	+39:38	08:01
110	1230	Florinda do Carmo	individual	Veterana F40	01:52:22	+39:41	08:02
111	1183	Manuel Vieira	individual	Senior Masculino	01:52:27	+39:46	08:02
112	1202	Renato Lopes	individual	Senior Masculino	01:52:27	+39:47	08:02
113	1209	Romeu Machado	individual	Senior Masculino	01:52:38	+39:58	08:03
114	1367	João Couto	team esposende 2000	Senior Masculino	01:52:48	+40:08	08:03
115	1164	Helder Silva	individual	Senior Masculino	01:53:01	+40:20	08:04
116	1069	Alexandre TIBET	free tibete/ vira lata/ husse	Senior Masculino	01:53:24	+40:43	08:06
117	1318	JOSE PEREIRA	leroy merlin braga	Senior Masculino	01:53:29	+40:49	08:06
118	1185	MIGUEL JOSE LOPES OLIVEIRA CRUZ	individual	Senior Masculino	01:53:38	+40:57	08:07
119	1280	Manuel Ramiro Catarino Batista	individual	Veterano M40	01:53:38	+40:57	08:07
120	1376	Cristina Ribeiro	umfca warriors	Senior Feminino	01:53:42	+41:02	08:07
121	1147	António jose mendes grácio	individual	Senior Masculino	01:53:42	+41:02	08:07
122	1395	alexandre teixeira	individual	Veterano M40	01:53:55	+41:14	08:08
123	1283	Mário Alberto de Jesus da Silva	individual	Veterano M40	01:53:56	+41:16	08:08
124	1189	Nuno Leites	individual	Senior Masculino	01:54:08	+41:27	08:09
125	1270	jorge caria	individual	Veterano M40	01:54:33	+41:53	08:11
126	1055	natalia santos	fama runners	Senior Feminino	01:54:38	+41:57	08:11
127	1057	fernando silva	fama runners	Senior Masculino	01:54:38	+41:57	08:11
128	1004	Eduardo Rodrigues	30over30marathon	Veterano M40	01:54:50	+42:09	08:12
129	1266	Francisco José Ramos Santos	individual	Veterano M40	01:54:53	+42:13	08:12

TRAIL CURTO - STAGE 1

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
130	1282	Marcos Gomes	individual	Veterano M40	01:55:14	+42:33	08:14
131	1207	Ricardo Oliveira Couto de Campos	individual	Senior Masculino	01:55:14	+42:34	08:14
132	1150	Bruno Pereira	individual	Senior Masculino	01:55:31	+42:50	08:15
133	1136	Simone Dinis Paiva	individual	Senior Feminino	01:55:35	+42:55	08:15
134	1314	susana coelho mendes	kandimba running	Veterana F40	01:56:02	+43:22	08:17
135	1073	Ricardo Maia	frezite	Senior Masculino	01:56:08	+43:28	08:18
136	1306	Julio Ferreira	insanos	Veterano M40	01:56:13	+43:32	08:18
137	1114	Francisca Anhas	individual	Senior Feminino	01:56:14	+43:34	08:18
138	1003	André Rodrigues	30over30marathon	Senior Masculino	01:57:39	+44:59	08:24
139	1007	bruno sousa	airorun	Senior Masculino	01:57:44	+45:03	08:25
140	1221	Tiago Silva	individual	Senior Masculino	01:57:44	+45:04	08:25
141	1227	Cristina Iglesias	individual	Veterana F40	01:59:07	+46:27	08:31
142	1332	Bruno Silva	os turbomula	Senior Masculino	02:00:01	+47:21	08:34
143	1214	Sérgio Pedro Ferreira	individual	Senior Masculino	02:00:01	+47:21	08:34
144	1194	Pedro Anes	individual	Senior Masculino	02:01:21	+48:40	08:40
145	1312	alexandre sousa	kandimba running	Senior Masculino	02:01:24	+48:43	08:40
146	1313	tiago neves	kandimba running	Senior Masculino	02:01:24	+48:43	08:40
147	1212	Rui Santos	individual	Senior Masculino	02:01:43	+49:03	08:42
148	1180	Luís Eduardo Monteiro Oliva Costa	individual	Senior Masculino	02:01:58	+49:17	08:43
149	1256	Carlos Anónio Lima Gonçalves	individual	Veterano M40	02:02:01	+49:21	08:43
150	1392	joao pinheiro	individual	Senior Masculino	02:02:14	+49:34	08:44
151	1193	Pedro Abreu	individual	Senior Masculino	02:02:22	+49:42	08:44
152	1299	vítor	individual	Veterano M40	02:02:23	+49:43	08:45
153	1288	PAULO JOSE REGO	individual	Veterano M40	02:02:30	+49:49	08:45
154	1154	David Teixeira	individual	Senior Masculino	02:02:41	+50:00	08:46
155	1420	Gilberto Moura	individual	Senior Masculino	02:02:48	+50:08	08:46
156	1119	Ines Sousa	individual	Senior Feminino	02:02:49	+50:08	08:46
157	1267	JAIME MACIEL	individual	Veterano M40	02:02:53	+50:13	08:47
158	1217	Tiago Dias	individual	Senior Masculino	02:03:13	+50:33	08:48
159	1146	Antonio Felix Costa	individual	Senior Masculino	02:05:07	+52:27	08:56
160	1106	Crisália Faria	individual	Senior Feminino	02:05:18	+52:38	08:57
161	1275	José Fernando Rodrigues	individual	Veterano M40	02:06:29	+53:49	09:02
162	1320	Carlos Almeida	miltrail	Veterano M40	02:06:37	+53:56	09:03
163	1353	Alberto Jorge Pereira Martins da Silva	sailorman and friends	Veterano M40	02:07:09	+54:28	09:05
164	1305	José Graça	insanos	Veterano M40	02:07:17	+54:36	09:06
165	1013	Ana Boaventura	amigos da onça	Senior Feminino	02:07:33	+54:53	09:07
166	1393	emanuel pinto vale	individual	Veterano M40	02:07:43	+55:03	09:07
167	1247	Sónia Santos	individual	Veterana F40	02:08:00	+55:20	09:09
168	1100	Carla Sofia Gonçalves Pinto	individual	Senior Feminino	02:08:01	+55:20	09:09
169	1048	Felisbela Queirós Campos Nogueira	eu e. ela	Senior Feminino	02:09:44	+57:04	09:16
170	1219	Tiago Filipe Vieira Fernandes	individual	Senior Masculino	02:09:46	+57:06	09:16
171	1290	Pedro Macedo	individual	Veterano M40	02:09:46	+57:06	09:16
172	1276	José Saraiva	individual	Veterano M40	02:09:49	+57:08	09:16
173	1121	Ju Sofia Silva Correia	individual	Senior Feminino	02:09:58	+57:18	09:17
174	1179	Luis Arantes	individual	Senior Masculino	02:09:59	+57:18	09:17

TRAIL CURTO - STAGE 1

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
175	1155	Durval Augusto Correia Campos	individual	Senior Masculino	02:10:13	+57:32	09:18
176	1259	Carlos Russo	individual	Veterano M40	02:10:22	+57:42	09:19
177	1196	Pedro Miguel Beirão de Sousa	individual	Senior Masculino	02:10:45	+58:04	09:20
178	1097	Andreia Silva	individual	Senior Feminino	02:11:10	+58:30	09:22
179	1047	Liliana Alves	ermidafit runners	Senior Feminino	02:11:11	+58:30	09:22
180	1173	JOAO PEDRO MARTINS SA	individual	Senior Masculino	02:11:12	+58:32	09:22
181	1059	joao 2 e 3/4	fama runners	Senior Masculino	02:11:56	+59:16	09:25
182	1053	daniela marques	fama runners	Senior Feminino	02:11:57	+59:16	09:26
183	1032	Cristina Flores	clube de atletismo da póvoa de varzim capv	Veterana F40	02:12:38	+59:57	09:28
184	1031	Marco Barros	clube de atletismo da póvoa de varzim capv	Senior Masculino	02:12:38	+59:58	09:28
185	1030	Sandra Veloso	clube de atletismo da póvoa de varzim capv	Senior Feminino	02:12:39	+59:58	09:29
186	1112	Elisabete Almeida	individual	Senior Feminino	02:12:47	+01:00:06	09:29
187	1241	marina salgueiro	individual	Veterana F40	02:13:09	+01:00:28	09:31
188	1401	Ines Ramalhosa	solinca pph	Senior Feminino	02:13:56	+01:01:15	09:34
189	1357	JOSE FERREIRA	solinca pph	Senior Masculino	02:13:56	+01:01:15	09:34
190	39	Neuza catarina morgado Caridade	edv viana trail	Senior Feminino	02:14:00	+01:01:20	09:34
191	1159	Flávio Ortins	individual	Senior Masculino	02:14:11	+01:01:30	09:35
192	1066	Sara Moreira	famelga	Senior Feminino	02:14:12	+01:01:31	09:35
193	1067	João Soares	famelga	Senior Masculino	02:14:12	+01:01:32	09:35
194	1167	Hugo Miguel Pinto Carvalho	individual	Senior Masculino	02:14:12	+01:01:32	09:35
195	1385	Gabriela Tavares	vl angels	Senior Feminino	02:14:23	+01:01:42	09:36
196	1384	Ana Luisa Ferreira Patricio	vl angels	Senior Feminino	02:14:24	+01:01:43	09:36
197	1165	Hugo Castro	individual	Senior Masculino	02:14:38	+01:01:58	09:37
198	1355	DANICA DRPIC	solinca pph	Senior Feminino	02:14:39	+01:01:58	09:37
199	1141	Vanessa Filipa Novo Serrão	individual	Senior Feminino	02:14:56	+01:02:16	09:38
200	1127	MarjorieCavallare	individual	Senior Feminino	02:14:57	+01:02:17	09:38
201	1216	Tiago Alvim	individual	Senior Masculino	02:15:12	+01:02:32	09:39
202	1222	Vítor Manuel Almeida Martins	individual	Senior Masculino	02:15:14	+01:02:34	09:40
203	1098	Angela Maia	individual	Senior Feminino	02:15:18	+01:02:38	09:40
204	1377	Inês Costa	umfca warriors	Senior Feminino	02:15:23	+01:02:42	09:40
205	1374	Ana Costa	umfca warriors	Senior Feminino	02:15:23	+01:02:43	09:40
206	1215	Sérgio Pinheiro Marques	individual	Senior Masculino	02:15:29	+01:02:49	09:41
207	1132	Paula Cristina Alves Campos	individual	Senior Feminino	02:15:51	+01:03:11	09:42
208	1257	Carlos Ferreira	individual	Veterano M40	02:15:53	+01:03:12	09:42
209	1135	Silvia Raquel dos Santos Antunes	individual	Senior Feminino	02:15:55	+01:03:14	09:43
210	1012	Fernando António Ferreira Carneiro	aliverrunners	Veterano M40	02:16:02	+01:03:21	09:43
211	1263	Fernando Fernandes de Miranda	individual	Veterano M40	02:16:05	+01:03:24	09:43
212	1129	Mónica Sofia Rafael Ferreira	individual	Senior Feminino	02:16:07	+01:03:26	09:43
213	1018	Susana Ribeiro	c	Senior Feminino	02:16:37	+01:03:57	09:46
214	1364	Ana Silva	team esposende 2000	Senior Feminino	02:16:40	+01:03:59	09:46
215	1394	vasco marta	individual	Senior Masculino	02:16:40	+01:03:59	09:46
216	1354	pedro pereira	sailorman and friends	Veterano M40	02:16:53	+01:04:12	09:47
217	1291	ricardo zamith passos	individual	Veterano M40	02:17:05	+01:04:24	09:48
218	1319	ALEXANDRE RIBEIRO	leroy merlin braga	Veterano M40	02:17:11	+01:04:31	09:48
219	1026	LUCIA CRISTINA RIBEIRO MENDES	chupamista	Senior Feminino	02:17:21	+01:04:41	09:49

TRAIL CURTO - STAGE 1

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
220	1281	Manuel Sousa	individual	Veterano M40	02:17:22	+01:04:41	09:49
221	1049	António José Coutinho Nogueira	eu e. ela	Veterano M40	02:18:13	+01:05:32	09:52
222	1285	Nelson Marques	individual	Veterano M40	02:18:57	+01:06:17	09:56
223	1322	Juliana Cristina da Silva Santos	muita tracao	Senior Feminino	02:19:22	+01:06:41	09:57
224	1068	Pedro João Silva	famelga	Senior Masculino	02:20:26	+01:07:45	10:02
225	1065	Joana Soares	famelga	Senior Feminino	02:20:26	+01:07:45	10:02
226	1019	Branca Nabais	ccdfpjp	Veterana F40	02:20:26	+01:07:46	10:02
227	1096	andrea filipa pires d araujo	individual	Senior Feminino	02:20:33	+01:07:52	10:02
228	1142	Wioletta Piekielek	individual	Senior Feminino	02:20:35	+01:07:55	10:03
229	1359	MADALENA FERREIRA	solinca pph	Veterana F40	02:21:05	+01:08:25	10:05
230	1358	MIGUEL MACEDO	solinca pph	Senior Masculino	02:21:05	+01:08:25	10:05
231	1094	Ana Sofia Fernandes de Sá	individual	Senior Feminino	02:21:48	+01:09:07	10:08
232	1103	Clara Patrícia Laundos Santos	individual	Senior Feminino	02:21:48	+01:09:07	10:08
233	1174	Jorge Miguel Serra Moreira	individual	Senior Masculino	02:21:48	+01:09:08	10:08
234	1156	Eduardo Batista	individual	Senior Masculino	02:22:10	+01:09:29	10:09
235	1124	Manuela Batista	individual	Senior Feminino	02:22:10	+01:09:29	10:09
236	1347	ana paula nunes	sailorman and friends	Senior Feminino	02:22:16	+01:09:35	10:10
237	1350	joao andrade	sailorman and friends	Senior Masculino	02:23:10	+01:10:30	10:14
238	1295	SERGIO IGLESIAS	individual	Veterano M40	02:23:15	+01:10:35	10:14
239	1366	Celso Vasco	team esposende 2000	Senior Masculino	02:23:56	+01:11:16	10:17
240	1297	Sérgio Silva	individual	Veterano M40	02:24:06	+01:11:26	10:18
241	1325	Sandra Machado	nocturnos de paredes	Senior Feminino	02:24:19	+01:11:38	10:19
242	1360	MANUELA GONÇALVES	solinca pph	Veterana F40	02:24:54	+01:12:13	10:21
243	1361	SARA CASTRO	solinca pph	Veterana F40	02:24:54	+01:12:14	10:21
244	1255	Carlos Alves	individual	Veterano M40	02:25:29	+01:12:49	10:24
245	1229	Florinda araujo Rodrigues Figueiredo	individual	Veterana F40	02:25:30	+01:12:50	10:24
246	1233	Isabel Gonçalves	individual	Veterana F40	02:26:25	+01:13:45	10:28
247	1335	Carla Ivone de Castro Pereira	padela natural team	Senior Feminino	02:26:26	+01:13:46	10:28
248	1232	ISABEL GOMES	individual	Veterana F40	02:26:26	+01:13:46	10:28
249	1137	Sonia grilo	individual	Senior Feminino	02:26:27	+01:13:46	10:28
250	1115	Heidi Manninen	individual	Senior Feminino	02:26:47	+01:14:06	10:29
251	1324	Adélio Lima	muita tracção running team	Senior Masculino	02:26:54	+01:14:13	10:30
252	1323	Ruben Jose Pereira Carvalho	muita tracao	Senior Masculino	02:26:54	+01:14:14	10:30
253	1386	José Moura	vl angels	Veterano M40	02:28:46	+01:16:05	10:38
254	1037	Helena Maia	duros vl	Veterana F40	02:28:46	+01:16:05	10:38
255	1126	Mariana Martins Guerra	individual	Senior Feminino	02:28:49	+01:16:09	10:38
256	144	Daniela Silva	lion runners - g.d. leões da guarda	Senior Feminino	02:29:46	+01:17:06	10:42
257	1371	Teresa Ferreira	trail team kick off	Senior Feminino	02:29:48	+01:17:08	10:42
258	1372	Rui Pedro Miranda Carvalho	trail team kick off	Senior Masculino	02:29:49	+01:17:08	10:42
259	1362	Max Vale	team corleone	Senior Masculino	02:30:12	+01:17:32	10:44
260	1363	Telmo Santos	team corleone	Senior Masculino	02:30:13	+01:17:32	10:44
261	147	Carla Caria	moreira relax runners	Veterana F40	02:30:33	+01:17:52	10:45
262	1087	ana carolina pereira	individual	Senior Feminino	02:31:29	+01:18:49	10:49
263	1195	Pedro Miguel Barbosa e Silva	individual	Senior Masculino	02:31:30	+01:18:49	10:49
264	1292	Rui Almeida	individual	Veterano M40	02:31:48	+01:19:07	10:51

Trail Curto

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	15:00	16.4°C	89%
End	18:52	16.4°C	89%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
------	-----	------	------	-----	--------	------	------

Senior Feminino

1	1321	Adriana Gomes	MINHO AVENTURA	Senior Feminino	01:29:36		06:24
2	1133	Raquel Dinis Paiva	Individual	Senior Feminino	01:42:00	+12:24	07:17
3	1099	Ariana Araújo	Individual	Senior Feminino	01:47:49	+18:13	07:42
4	1125	Márcia Ribeiro da Silva	Individual	Senior Feminino	01:47:49	+18:13	07:42
5	1348	susana guerra liberal	sailorman and friends	Senior Feminino	01:48:23	+18:47	07:45
6	1051	ana cardoso	FAMA RUNNERS	Senior Feminino	01:48:33	+18:57	07:45
7	1086	Adriana Mariz Figueiredo	Individual	Senior Feminino	01:48:53	+19:17	07:47
8	1375	Cristina Costa	UMFCA WARRIORS	Senior Feminino	01:49:09	+19:33	07:48
9	1139	Susana Maria Neto Carrasquinho	Individual	Senior Feminino	01:52:01	+22:25	08:00
10	1113	Elisabete Cunha	Individual	Senior Feminino	01:52:05	+22:29	08:00
11	1336	Joana da Silva Martins	PADELA NATURAL TEAM	Senior Feminino	01:52:19	+22:43	08:01
12	1337	Sara Meira	PADELA NATURAL TEAM	Senior Feminino	01:52:19	+22:43	08:01
13	1376	Cristina Ribeiro	UMFCA WARRIORS	Senior Feminino	01:53:43	+24:07	08:07
14	1055	natalia santos	FAMA RUNNERS	Senior Feminino	01:54:38	+25:02	08:11
15	1136	Simone Dinis Paiva	Individual	Senior Feminino	01:55:36	+26:00	08:15
16	1114	Francisca Anhas	Individual	Senior Feminino	01:56:15	+26:39	08:18
17	1119	Ines Sousa	Individual	Senior Feminino	02:02:49	+33:13	08:46
18	1106	Crisália Faria	Individual	Senior Feminino	02:05:19	+35:43	08:57
19	1013	Ana Boaventura	Amigos da Onça	Senior Feminino	02:07:34	+37:58	09:07
20	1100	Carla Sofia Gonçalves Pinto	Individual	Senior Feminino	02:08:01	+38:25	09:09
21	1048	Felisbela Queirós Campos Nogueira	Eu e. Ela	Senior Feminino	02:09:45	+40:09	09:16
22	1121	Ju Sofia Silva Correia	Individual	Senior Feminino	02:09:59	+40:23	09:17
23	1097	Andreia Silva	Individual	Senior Feminino	02:11:11	+41:35	09:22
24	1047	Liliana Alves	ERMIDAFIT Runners	Senior Feminino	02:11:11	+41:35	09:22
25	1053	daniela marques	FAMA RUNNERS	Senior Feminino	02:11:57	+42:21	09:26
26	1030	Sandra Veloso	Clube de Atletismo da Póvoa de Varzim CAPV	Senior Feminino	02:12:39	+43:03	09:29
27	1112	Elisabete Almeida	Individual	Senior Feminino	02:12:47	+43:11	09:29
28	1401	Ines Ramalhosa	SOLINCA PPH	Senior Feminino	02:13:56	+44:20	09:34
29	39	Neuza catarina morgado Caridade	EDV Viana Trail	Senior Feminino	02:14:01	+44:25	09:34
30	1066	Sara Moreira	Famelga	Senior Feminino	02:14:12	+44:36	09:35
31	1385	Gabriela Tavares	VL Angels	Senior Feminino	02:14:23	+44:47	09:36
32	1384	Ana Luisa Ferreira Patricio	VL Angels	Senior Feminino	02:14:24	+44:48	09:36
33	1355	DANICA DRPIC	SOLINCA PPH	Senior Feminino	02:14:39	+45:03	09:37
34	1141	Vanessa Filipa Novo Serrão	Individual	Senior Feminino	02:14:57	+45:21	09:38
35	1127	MarjorieCavallare	Individual	Senior Feminino	02:14:58	+45:22	09:38
36	1098	Angela Maia	Individual	Senior Feminino	02:15:19	+45:43	09:40
37	1377	Inês Costa	UMFCA WARRIORS	Senior Feminino	02:15:23	+45:47	09:40
38	1374	Ana Costa	UMFCA WARRIORS	Senior Feminino	02:15:24	+45:48	09:40
39	1132	Paula Cristina Alves Campos	Individual	Senior Feminino	02:15:52	+46:16	09:42

Official Timekeeper: Lap2Go	1 / 8	generate 30-Apr-2016 19:23
-----------------------------	-------	----------------------------

Trail Curto

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

40	1135	Silvia Raquel dos Santos Antunes	Individual	Senior Feminino	02:15:55	+46:19	09:43
41	1129	Mónica Sofia Rafael Ferreira	Individual	Senior Feminino	02:16:07	+46:31	09:43
42	1018	Susana Ribeiro	C	Senior Feminino	02:16:38	+47:02	09:46
43	1364	Ana Silva	Team Esposende 2000	Senior Feminino	02:16:40	+47:04	09:46
44	1026	LUCIA CRISTINA RIBEIRO MENDES	CHUPAMISTO	Senior Feminino	02:17:22	+47:46	09:49
45	1322	Juliana Cristina da Silva Santos	Muita tracao	Senior Feminino	02:19:22	+49:46	09:57
46	1065	Joana Soares	Famelga	Senior Feminino	02:20:26	+50:50	10:02
47	1096	andrea filipa pires d araujo	Individual	Senior Feminino	02:20:33	+50:57	10:02
48	1142	Wioletta Piekienik	Individual	Senior Feminino	02:20:36	+51:00	10:03
49	1094	Ana Sofia Fernandes de Sá	Individual	Senior Feminino	02:21:48	+52:12	10:08
50	1103	Clara Patricia Laundos Santos	Individual	Senior Feminino	02:21:48	+52:12	10:08
51	1124	Manuela Batista	Individual	Senior Feminino	02:22:10	+52:34	10:09
52	1347	ana paula nunes	sailorman and friends	Senior Feminino	02:22:16	+52:40	10:10
53	1325	Sandra Machado	NOCTURNOS DE PAREDES	Senior Feminino	02:24:19	+54:43	10:19
54	1335	Carla Ivone de Castro Pereira	PADELA NATURAL TEAM	Senior Feminino	02:26:27	+56:51	10:28
55	1137	Sonia grilo	Individual	Senior Feminino	02:26:27	+56:51	10:28
56	1115	Heidi Manninen	Individual	Senior Feminino	02:26:47	+57:11	10:29
57	1126	Mariana Martins Guerra	Individual	Senior Feminino	02:28:50	+59:14	10:38
58	144	Daniela Silva	LION RUNNERS - G.D. Leões da Guarda	Senior Feminino	02:29:47	+01:00:11	10:42
59	1371	Teresa Ferreira	Trail Team Kick Off	Senior Feminino	02:29:49	+01:00:13	10:42
60	1087	ana carolina pereira	Individual	Senior Feminino	02:31:30	+01:01:54	10:49
61	1333	Joana Machado	P & J	Senior Feminino	02:32:29	+01:02:53	10:53
62	1331	Barbara Fonseca	Os Finos	Senior Feminino	02:32:31	+01:02:55	10:54
63	19	Julieta Faria	BRAGUINHAS RUNNERS	Senior Feminino	02:34:06	+01:04:30	11:00
64	1054	juliana silva	FAMA RUNNERS	Senior Feminino	02:34:33	+01:04:57	11:02
65	1356	INES RAMALHOSA	SOLINCA PPH	Senior Feminino	02:34:34	+01:04:58	11:02
66	1109	Diana Castro	Individual	Senior Feminino	02:35:20	+01:05:44	11:06
67	1315	MAFALDA DIAS	LEROY MERLIN BRAGA	Senior Feminino	02:37:35	+01:07:59	11:15
68	1369	Oriana Moreira	Team Pupis	Senior Feminino	02:38:21	+01:08:45	11:19
69	1368	Georgina Santos	Team Pupis	Senior Feminino	02:38:21	+01:08:45	11:19
70	1370	Patricia Fernandes	Trail Team Kick Off	Senior Feminino	02:38:34	+01:08:58	11:20
71	1346	Maria Almeida	Rodabike/Porto Sentido Runners	Senior Feminino	02:39:43	+01:10:07	11:24
72	1092	Ana Patrícia Peixoto Gomes	Individual	Senior Feminino	02:45:51	+01:16:15	11:51
73	1307	Sofia Sousa	Já tive dias melhores....	Senior Feminino	02:45:53	+01:16:17	11:51
74	1105	Claudia Oliveira Mações	Individual	Senior Feminino	02:47:17	+01:17:41	11:57
75	1107	CRISTINA CARVALHO GOMES DE SOUSA	Individual	Senior Feminino	02:51:52	+01:22:16	12:17
76	1116	Helena Sofia Fernandes passeira	Individual	Senior Feminino	02:51:52	+01:22:16	12:17
77	1110	Diana Moura	Individual	Senior Feminino	02:54:43	+01:25:07	12:29
78	1102	Cátia Sofia Neves Braga	Individual	Senior Feminino	02:58:25	+01:28:49	12:45
79	1101	Cátia Figueiredo Molho	Individual	Senior Feminino	02:58:25	+01:28:49	12:45
80	1138	Sonia Pinheiro	Individual	Senior Feminino	02:59:31	+01:29:55	12:49
81	1131	Patricia Moreira	Individual	Senior Feminino	02:59:33	+01:29:57	12:49
82	1120	isabel marques	Individual	Senior Feminino	03:00:57	+01:31:21	12:55
83	1130	Patrícia Marques Maio da Costa Sá	Individual	Senior Feminino	03:11:32	+01:41:56	13:41
84	1090	Ana Emília Gonçalves da Silva Torres	Individual	Senior Feminino	03:21:01	+01:51:25	14:22

Official Timekeeper: Lap2Go	2 / 8	generate 30-Apr-2016 19:23
-----------------------------	-------	----------------------------

Trail Curto

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

85	1122	Juliana Afonso	Individual	Senior Feminino	03:46:50	+02:17:14	16:12
86	1128	Marlene Emilia Fernandes Vieira Martins	Individual	Senior Feminino	03:52:51	+02:23:15	16:38
87	1123	Liliane Carvalho	Individual	Senior Feminino	03:52:53	+02:23:17	16:38

Senior Masculino

1	1387	Nuno Cardoso	Individual	Senior Masculino	01:12:41		05:12
2	1378	Bruno Rodrigues	UMFCA WARRIORS	Senior Masculino	01:13:30	+00:49	05:15
3	1343	JOÃO GUILHERME AFONSO	Padela Natural Team / Terapias Alexandra Carvalho	Senior Masculino	01:15:52	+03:11	05:25
4	1062	pedro oliveira	FAMA RUNNERS	Senior Masculino	01:16:18	+03:37	05:27
5	1186	Nelson filipe cruz fernandes	Individual	Senior Masculino	01:18:10	+05:29	05:35
6	1061	nuno alves	FAMA RUNNERS	Senior Masculino	01:18:30	+05:49	05:36
7	1081	Nuno Figueiredo	GTT - Armazém do Caffè	Senior Masculino	01:18:46	+06:05	05:38
8	1160	Francisco Gomes	Individual	Senior Masculino	01:19:54	+07:13	05:42
9	1050	Rui Manuel Campos Silva	Experienciar / Barceltécnica / Sportsonfire	Senior Masculino	01:21:38	+08:57	05:50
10	1388	bruno jose cruz fernandes	Individual	Senior Masculino	01:23:14	+10:33	05:57
11	1390	Ivan Silva	trilhaostermais.pt	Senior Masculino	01:24:00	+11:19	06:00
12	1192	Paulo Sérgio Lopes de Jesus	Individual	Senior Masculino	01:24:14	+11:33	06:01
13	1083	Tiago Sá	GTT - Armazém do Caffè	Senior Masculino	01:24:21	+11:40	06:02
14	1079	Rafael Escrivães	GTT - Armazém do Caffè	Senior Masculino	01:24:22	+11:41	06:02
15	1144	Alfredo Fragoso	Individual	Senior Masculino	01:26:35	+13:54	06:11
16	1199	Pedro Pinheiro	Individual	Senior Masculino	01:26:45	+14:04	06:12
17	1008	jose castro	AIRORUN	Senior Masculino	01:28:09	+15:28	06:18
18	1143	adárico Fragoso	Individual	Senior Masculino	01:28:20	+15:39	06:19
19	1200	Pedro Ribeiro	Individual	Senior Masculino	01:28:37	+15:56	06:20
20	1201	Rafael Araújo	Individual	Senior Masculino	01:30:42	+18:01	06:29
21	1210	Rui Filipe Silva Ferreira	Individual	Senior Masculino	01:31:36	+18:55	06:33
22	1029	Eduardo Vieira Cardoso	Clube Cultura e Desporto de Ribeirão	Senior Masculino	01:31:42	+19:01	06:33
23	1381	João Miguel Monteiro Ribeiro	UMFCA WARRIORS	Senior Masculino	01:33:09	+20:28	06:39
24	1080	Marcelo Teles	GTT - Armazém do Caffè	Senior Masculino	01:33:39	+20:58	06:41
25	1172	João Pedro Correia da Silva	Individual	Senior Masculino	01:34:24	+21:43	06:45
26	1379	Daniel Almeida	UMFCA WARRIORS	Senior Masculino	01:35:09	+22:28	06:48
27	1078	Hugo Edgar Macedo Peixoto Pereira	GTT - Armazém do Caffè	Senior Masculino	01:35:25	+22:44	06:49
28	1145	Álvaro Faria Santos	Individual	Senior Masculino	01:35:27	+22:46	06:49
29	1213	Sergio Filipe Sousa	Individual	Senior Masculino	01:36:44	+24:03	06:55
30	1071	Emídio Marques	FREZITE	Senior Masculino	01:37:14	+24:33	06:57
31	1339	José Luís Maciel	PADELA NATURAL TEAM	Senior Masculino	01:38:25	+25:44	07:02
32	1027	JORGE ALBERTO CADAVEZ PACHECO CAPUCHO FERREIRA	CHUPAMISTO	Senior Masculino	01:39:07	+26:26	07:05
33	1317	JOAO VALE	LEROY MERLIN BRAGA	Senior Masculino	01:39:19	+26:38	07:06
34	1340	Marcelo Ramos Martins	PADELA NATURAL TEAM	Senior Masculino	01:39:27	+26:46	07:06
35	1163	HELDER COSTA	Individual	Senior Masculino	01:39:30	+26:49	07:06
36	1383	Nuno Caraça	UMFCA WARRIORS	Senior Masculino	01:40:15	+27:34	07:10
37	1176	José Diogo Ramos Ribeiro	Individual	Senior Masculino	01:41:12	+28:31	07:14

Official Timekeeper: Lap2Go	3 / 8	generate 30-Apr-2016 19:23
-----------------------------	-------	----------------------------

ESCADARIA

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	15:00	-99°C	-99%
End	18:30	-99°C	-99%

Lugar	Dorsal	NomeAtleta	NomeClube	TempoOficial
1	54	Ricardo Andre Ramos Miranda	GTT - Armazém do Caffè	00:01:38
2	26	MARIO FONSECA	Centro Desportivo e Cultural de Navais	00:01:49
3	97	Nuno Maia	Individual	00:01:49
4	1341	Francisco Miguel da Costa Fontelo	PADELA NATURAL TEAM	00:01:59
5	1361	SARA CASTRO	SOLINCA PPH	00:02:07
6	154	NUNO PEREIRA	OLIMPICO VIANENSE TRAIL/ND SPORT	00:02:15
7	1343	JOÃO GUILHERME AFONSO	Padela Natural Team / Terapias Alexandra Carvalho	00:02:16
8	76	Carlos Martins	Individual	00:02:16
9	1262	Fernando António Azevedo Silva	Individual	00:02:19
10	27	Susana Lobo Santos	Chegamos ao fim	00:02:22
11	1386	José Moura	VL Angels	00:02:23
12	1126	Mariana Martins Guerra	Individual	00:02:24
13	1289	Paulo Peixoto	Individual	00:02:24
14	155	Pedro Barbosa	OLIMPICO VIANENSE TRAIL/ND SPORT	00:02:24
15	53	Hugo Araujo	GTT - Armazém do Caffè	00:02:25
16	44	Bruno Dias	Fitspot	00:02:26
17	88	João Silva	Individual	00:02:26
18	1358	MIGUEL MACEDO	SOLINCA PPH	00:02:27
19	1084	Pedro Costa	GTT - Armazém do Caffè	00:02:27
20	1269	joaquim baptista	Individual	00:02:28
21	1394	vasco marta	Individual	00:02:28
22	1042	Rui Carvalho	DUROS VL	00:02:28
23	68	Alexandre Lourenco	Individual	00:02:34
24	1025	Luís Moura	CDRFPJBRAGA - RUNNERS	00:02:34
25	1062	pedro oliveira	FAMA RUNNERS	00:02:34
26	24	Jose Fins	BRAGUINHAS RUNNERS	00:02:35
27	1060	joao monteiro	FAMA RUNNERS	00:02:35
28	40	Sérgio Ramos	EDV Viana Trail	00:02:40
29	1387	Nuno Cardoso	Individual	00:02:40
30	150	Joao Castel-Branco	OLIMPICO VIANENSE TRAIL/ND SPORT	00:02:43
31	132	Miguel Alexandre Leitao marques	Individual	00:02:43
32	146	Filipe Leite	Manos do Trail	00:02:44
33	105	Ricardo Rego	Individual	00:02:44
34	1321	Adriana Gomes	MINHO AVENTURA	00:02:44
35	41	António Azevedo	Egosport/Irmandade da Bike	00:02:44
36	55	Carlos Alberto Pereira Novais Gandra	GTT - Armazém do Caffè	00:02:45
37	10	JOSÉ SOUSA	ASSOCIAÇÃO DE ATLETISMO LEBRES	00:02:47
38	1384	Ana Luisa Ferreira Patricio	VL Angels	00:02:48
39	1081	Nuno Figueiredo	GTT - Armazém do Caffè	00:02:48
40	170	José Cabral	Individual	00:02:48
41	178	Francisco Pinheiro	Individual	00:02:50
42	63	Merceana Maria Rebelo Pereira	Individual	00:02:51
43	1186	Nelson filipe cruz fernandes	Individual	00:02:52
44	1061	nuno alves	FAMA RUNNERS	00:02:52

Official Timekeeper: Lap2Go

1 / 1

generate 30-Jan-2016 16:21

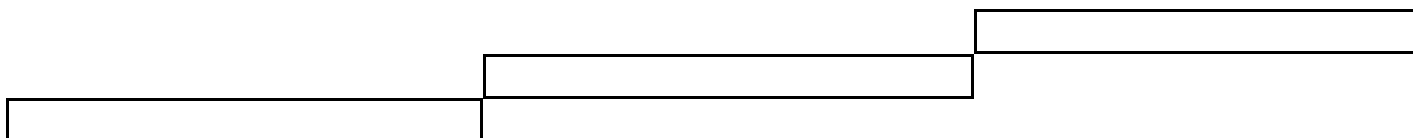
ESCADARIA

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

45	1033	Carlos Faria	Clube de Atletismo da Póvoa de Varzim CAPV	00:02:52
46	103	Pedro Miguel Rodrigues da Cunha	Individual	00:02:52
47	1272	José Carlos Saldanha	Individual	00:02:53
48	159	Emanuel Coelho	Rodabike/Porto Sentido Runners	00:02:53
49	162	José Carlos Araújo	TEAM LANTEMIL	00:02:53
50	1388	bruno jose cruz fernandes	Individual	00:02:54
51	1185	MIGUEL JOSE LOPES OLIVEIRA CRUZ	Individual	00:02:55
52	1068	Pedro João Silva	Famelga	00:02:55
53	133	Mika Magalhães	Individual	00:02:55
54	1078	Hugo Edgar Macedo Peixoto Pereira	GTT - Armazém do Caffè	00:02:55
55	116	Dionísio Manuel Correia Sousa	Individual	00:02:56
56	1228	Elisa Morim	Individual	00:02:56
57	86	João Pedro da Silva Ramos	Individual	00:02:57
58	1379	Daniel Almeida	UMFCA WARRIORS	00:02:57
59	1328	Antonio Borges	OLIMPICO VIANENSE TRAIL/ND SPORT	00:02:57
60	156	João Couto	Os Finos	00:02:57
61	1344	Jose Pedro Azevedo	RED STREET TEAM	00:02:57
62	1205	Ricardo dos santos	Individual	00:02:57
63	168	Simão Dias	Individual	00:02:58
64	118	João Miguel Moreira Natário	Individual	00:02:58
65	1161	Francisco Manuel Da Silva Sampaio	Individual	00:02:58
66	120	jose lopes	Individual	00:02:59
67	87	Joao Silva	Individual	00:02:59
68	152	Nuno Castel-Branco	OLIMPICO VIANENSE TRAIL/ND SPORT	00:03:00
69	1160	Francisco Gomes	Individual	00:03:02
70	1284	Moisés Ferreira	Individual	00:03:02
71	46	Micael Morais	Fitspot	00:03:02
72	1381	João Miguel Monteiro Ribeiro	UMFCA WARRIORS	00:03:03
73	151	MIGUEL JAQUES	OLIMPICO VIANENSE TRAIL/ND SPORT	00:03:03
74	45	Filipe Carvalho	Fitspot	00:03:03
75	1390	Ivan Silva	trilhostermis.pt	00:03:04
76	1378	Bruno Rodrigues	UMFCA WARRIORS	00:03:04
77	1213	Sergio Filipe Sousa	Individual	00:03:04
78	1083	Tiago Sá	GTT - Armazém do Caffè	00:03:04
79	5	Hugo Barroso Pinto	Adega Tia Micas	00:03:05
80	1029	Eduardo Vieira Cardoso	Clube Cultura e Desporto de Ribeirão	00:03:05
81	1113	Elisabete Cunha	Individual	00:03:06
82	85	Hugo Seco	Individual	00:03:07
83	1192	Paulo Sérgio Lopes de Jesus	Individual	00:03:07
84	1230	Florinda do Carmo	Individual	00:03:09
85	75	Carlos Alheiro	Individual	00:03:10
86	1199	Pedro Pinheiro	Individual	00:03:10
87	1001	Nuno Fernando Ribeiro Pereira	100KmsTeam	00:03:10
88	1293	Rui Pedro Fernandes	Individual	00:03:10
89	1169	Joao Alves	Individual	00:03:10
90	1067	João Soares	Famelga	00:03:10
91	73	Bruno Andret Ribeiro da Silva	Individual	00:03:11
92	1010	jose pereira	AIRORUN	00:03:11
93	1050	Rui Manuel Campos Silva	Experienciar / Barceltécnica / Sportsonfire	00:03:11



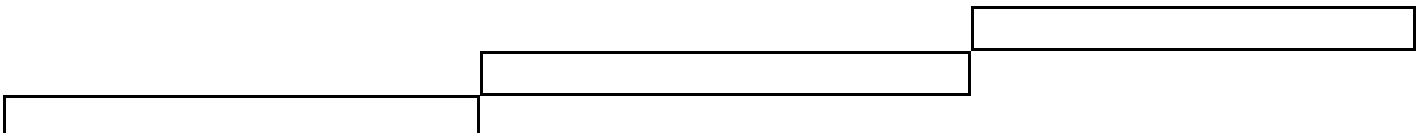
ESCADARIA

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

94	74	Bruno Gonçalves	Individual	00:03:13
95	6	Leandro Ricardo Oliveira Pinto Simões	Adega Tia Micas	00:03:14
96	90	Marco Silva	Individual	00:03:14
97	1144	Alfredo Fragoso	Individual	00:03:15
98	21	Jose Pereira	BRAGUINHAS RUNNERS	00:03:16
99	110	Monica Claudia Correia de Sousa Matos	Individual	00:03:17
100	56	César Canito	GTT - Armazém do Caffè	00:03:17
101	1080	Marcelo Teles	GTT - Armazém do Caffè	00:03:17
102	1189	Nuno Leites	Individual	00:03:17
103	1058	filipe oliveira	FAMA RUNNERS	00:03:18
104	1264	Filipe Casal Palmeiro	Individual	00:03:18
105	1334	Pedro Cabral	P & J	00:03:19
106	1082	Tiago André da Silva Correia	GTT - Armazém do Caffè	00:03:19
107	180	Rui Azevedo	Individual	00:03:20
108	28	Pedro Cunha	Chegamos ao fim	00:03:20
109	47	Miguel Guimarães	Fitspot	00:03:20
110	1207	Ricardo Oliveira Couto de Campos	Individual	00:03:20
111	1201	Rafael Araújo	Individual	00:03:20
112	1145	Álvaro Faria Santos	Individual	00:03:20
113	1200	Pedro Ribeiro	Individual	00:03:20
114	1382	Luís Lima	UMFCA WARRIORS	00:03:20
115	52	Emanuel Moreira Costa	GTT - Armazém do Caffè	00:03:21
116	92	Mário Miguel Ferreira Barbosa	Individual	00:03:21
117	1209	Romeu Machado	Individual	00:03:21
118	1221	Tiago Silva	Individual	00:03:21
119	131	Mário Lima	Individual	00:03:22
120	1338	Paulo Reis	FAMA RUNNERS	00:03:22
121	1260	Ciano Ribeiro	Individual	00:03:23
122	1143	adário Fragoso	Individual	00:03:23
123	1329	Joao Jaques	OLIMPICO VIANENSE TRAIL/ND SPORT	00:03:23
124	123	Licínio Cândido Ferreira Ribeiro	Individual	00:03:24
125	23	António Vieira Rodrigues	BRAGUINHAS RUNNERS	00:03:24
126	1365	Bruno Ferreira	Team Esposende 2000	00:03:24
127	1219	Tiago Filipe Vieira Fernandes	Individual	00:03:24
128	130	Marco Dias	Individual	00:03:25
129	49	Ricardo Ferreira	Fitspot	00:03:25
130	1357	JOSE FERREIRA	SOLINCA PPH	00:03:25
131	138	rodrigo moça	Individual	00:03:26
132	50	Rui Silva	Fitspot	00:03:26
133	69	Alexandre Manuel Esteves Ferreira	Individual	00:03:26
134	70	André Daniel da Cunha Fernandes	Individual	00:03:26
135	114	Albino Campos	Individual	00:03:26
136	1164	Helder Silva	Individual	00:03:26
137	1340	Marcelo Ramos Martins	PADELA NATURAL TEAM	00:03:27
138	153	NUNO PAREDINHA JORGE ALBERTO CADAVEZ PACHECO CAPUCHO	OLIMPICO VIANENSE TRAIL/ND SPORT	00:03:28
139	1027	FERREIRA	CHUPAMISTO	00:03:28
140	1339	José Luís Maciel	PADELA NATURAL TEAM	00:03:28
141	79	Fábio André Martins Alves	Individual	00:03:29
142	1279	Manuel Araujo	Individual	00:03:29



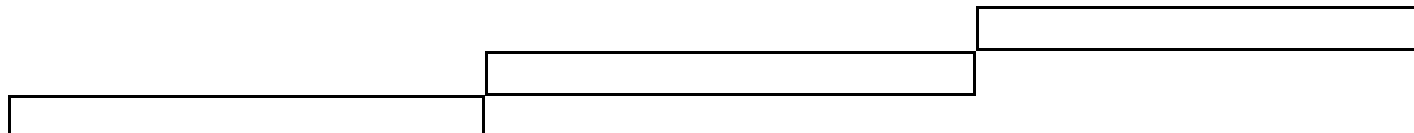
ESCADARIA

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

143	66	Solange Sousa	Individual	00:03:30
144	1149	Bruno Miguel Neves Cavalheiro Matias	Individual	00:03:30
145	101	Paulo Manuel Pereira Carvalho	Individual	00:03:31
146	93	Markus Renn	Individual	00:03:31
147	84	Hugo Costa	Individual	00:03:31
148	1210	Rui Filipe Silva Ferreira	Individual	00:03:31
149	1337	Sara Meira	PADELA NATURAL TEAM	00:03:31
150	1375	Cristina Costa	UMFCA WARRIORS	00:03:31
151	121	José Manuel Martins bernardino	Individual	00:03:32
152	1045	Manuel Araújo	EDV Viana Trail	00:03:32
153	1008	jose castro	AIRORUN	00:03:33
154	1176	José Diogo Ramos Ribeiro	Individual	00:03:33
155	1336	Joana da Silva Martins	PADELA NATURAL TEAM	00:03:33
156	1167	Hugo Miguel Pinto Carvalho	Individual	00:03:33
157	71	António Pedro Peixoto Martins Vieira Vieira	Individual	00:03:34
158	128	Manuel Nascimento	Individual	00:03:34
159	1183	Manuel Vieira	Individual	00:03:34
160	1317	JOAO VALE	LEROY MERLIN BRAGA	00:03:34
161	161	Miguel Barqueiro	Sunset Runners	00:03:35
162	160	José Silva	Sunset Runners	00:03:35
163	57	Carla Sousa	Individual	00:03:35
164	25	VITOR COELHO	CDC	00:03:35
165	1133	Raquel Dinis Paiva	Individual	00:03:35
166	1011	luis mota	AIRORUN	00:03:35
167	1202	Renato Lopes	Individual	00:03:35
168	1079	Rafael Escrivães	GTT - Armazém do Caffè	00:03:36
169	64	Raquel Patricia de Sousa Abreu	Individual	00:03:37
170	60	Helena Passos	Individual	00:03:37
171	7	Helder Faria	Amigos da Onça	00:03:37
172	1383	Nuno Caraça	UMFCA WARRIORS	00:03:37
173	1048	Felisbela Queirós Campos Nogueira	Eu e. Ela	00:03:38
174	1249	antónio de Jesus pires	Individual	00:03:38
175	1151	Carlos Cadilhe	Individual	00:03:38
176	1004	Eduardo Rodrigues	30over30marathon	00:03:38
177	1283	Mário Alberto de Jesus da Silva	Individual	00:03:38
178	98	Paulino Daniel Azevedo Maia Alves	Individual	00:03:39
179	115	Americo Areias	Individual	00:03:39
180	43	Juliana Rodrigues	Fitspot	00:03:39
181	179	delfim antonio nunes	Individual	00:03:39
182	1385	Gabriela Tavares	VL Angels	00:03:40
183	1035	Elisa Gonçalves	DUROS VL	00:03:40
184	1057	fernando silva	FAMA RUNNERS	00:03:41
185	1095	Ana Veloso	Individual	00:03:41
186	1005	André Filipe Miranda Amorim	Águias de Alvelos	00:03:41
187	1301	Alberto Sá	InsanOs	00:03:41
188	65	Paulo Abreu	Individual	00:03:41
189	1332	Bruno Silva	Os TurboMula	00:03:42
190	1271	Jorge silva	Individual	00:03:42
191	1099	Ariana Araújo	Individual	00:03:42



ESCADARIA

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

241	1223	ANA NEVES	Individual	00:03:57
242	1112	Elisabete Almeida	Individual	00:03:57
243	1121	Ju Sofia Silva Correia	Individual	00:03:57
244	1179	Luis Arantes	Individual	00:03:57
245	1342	Sergio Carlos Gonçalves Novo Fornelos	PADELA NATURAL TEAM	00:03:57
246	72	Augusto Silva	Individual	00:03:58
247	1194	Pedro Anes	Individual	00:03:58
248	1300	Vitor Almeida	Individual	00:03:58
249	1273	JOSÉ CARLOS SOUSA	Individual	00:03:58
250	1392	joao pinheiro	Individual	00:03:58
251	135	PAULO MANUEL CUNHA REGUFE	Individual	00:03:59
252	142	Tiago Coutinho	Individual	00:03:59
253	1159	Flávio Ortins	Individual	00:03:59
254	89	José Sousa	Individual	00:04:00
255	1180	Luís Eduardo Monteiro Oliva Costa	Individual	00:04:00
256	1175	José Daniel Gomes Figueiredo	Individual	00:04:00
257	129	Manuel Pegas Rodrigues	Individual	00:04:01
258	143	Wilson Fonseca	Individual	00:04:01
259	1276	José Saraiva	Individual	00:04:01
260	1395	alexandre teixeira	Individual	00:04:01
261	58	Catarina Maria Borges de Barros	Individual	00:04:02
262	62	Maria Graça Dinis	Individual	00:04:02
263	1266	Francisco José Ramos Santos	Individual	00:04:02
264	139	Rogério Arteiro	Individual	00:04:03
265	94	Nelson Pinto	Individual	00:04:03
266	102	paulo miguel da costa pereira loureiro	Individual	00:04:03
267	1086	Adriana Mariz Figueiredo	Individual	00:04:03
268	1212	Rui Santos	Individual	00:04:03
269	1043	Marco Viana	EDV Viana Trail	00:04:03
270	1181	Manuel Alves Rodrigues	Individual	00:04:04
271	15	Vera Fernandes	BRAGUINHAS RUNNERS	00:04:05
272	167	Filipe Truta	Individual	00:04:05
273	11	paulo pereira	bota e siga	00:04:05
274	1197	Pedro Oliveira Andrade rocha	Individual	00:04:05
275	1059	joao 2 e 3/4	FAMA RUNNERS	00:04:05
276	31	Conceição Rabaldo	Clube de Atletismo da Póvoa de Varzim CAPV	00:04:06
277	163	David Nuno Lopes Ribeiro	Individual	00:04:06
278	20	Jose Ferreira	BRAGUINHAS RUNNERS	00:04:06
279	1125	Márcia Ribeiro da Silva	Individual	00:04:06
280	1166	hugo leite	Individual	00:04:06
281	100	paulo carlos marques miranda	Individual	00:04:07
282	1280	Manuel Ramiro Catarino Batista	Individual	00:04:07
283	1254	CARLOS AIRES PATRICIO DE SA	Individual	00:04:07
284	1420	Gilberto Moura	Individual	00:04:07
285	1055	natalia santos	FAMA RUNNERS	00:04:07
286	1323	Ruben Jose Pereira Carvalho	Muita tracao	00:04:07
287	1030	Sandra Veloso	Clube de Atletismo da Póvoa de Varzim CAPV	00:04:07
288	1313	tiago neves	kandimba running	00:04:08
289	1364	Ana Silva	Team Esposende 2000	00:04:08

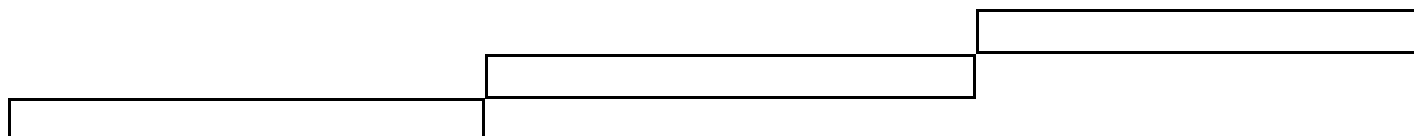
ESCADARIA

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

290	81	Heber Fábio Lindo Silva Pires	Individual	00:04:09
291	17	Nuno Ataide	BRAGUINHAS RUNNERS	00:04:09
292	1312	alexandre sousa	kandimba running	00:04:09
293	1314	susana coelho mendes	kandimba running	00:04:09
294	82	helder oliveira	Individual	00:04:10
295	149	Fernando Monteiro	Moreira Relax Runners	00:04:10
296	1158	Filipe Silva	Individual	00:04:10
297	1106	Crisália Faria	Individual	00:04:10
298	1119	Ines Sousa	Individual	00:04:10
299	1290	Pedro Macedo	Individual	00:04:10
300	1217	Tiago Dias	Individual	00:04:10
301	1255	Carlos Alves	Individual	00:04:11
302	1069	Alexandre TIBET	Free Tibete/ Vira Lata/ Husse	00:04:11
303	13	Joao Pedro Cunha	BRAGA RUNNERS	00:04:12
304	1132	Paula Cristina Alves Campos	Individual	00:04:12
305	1003	André Rodrigues	30over30marathon	00:04:12
306	32	Eugénia Morim	Clube de Atletismo da Póvoa de Varzim CAPV	00:04:13
307	1306	Julio Ferreira	InsanOs	00:04:13
308	12	Luis Peixoto	BRAGA RUNNERS	00:04:14
309	1146	Antonio Felix Costa	Individual	00:04:14
310	1156	Eduardo Batista	Individual	00:04:15
311	1191	Paulo Jorge Brunido Laranjo	Individual	00:04:15
312	39	Neuza catarina morgado Caridade	EDV Viana Trail	00:04:15
313	1252	ARLINDO SILVA	Individual	00:04:15
314	113	Sofia Coelho	Individual	00:04:16
315	1066	Sara Moreira	Famelga	00:04:16
316	37	Pedro Rodrigues	Clube Zupper	00:04:16
317	1299	vitor	Individual	00:04:16
318	111	Paula Oliveira	Individual	00:04:17
319	1305	José Graça	InsanOs	00:04:17
320	1275	José Fernando Rodrigues	Individual	00:04:17
321	158	Paulo Lourenço Marques	PTO	00:04:18
322	1147	António jose mendes grácio	Individual	00:04:19
323	1259	Carlos Russo	Individual	00:04:19
324	1356	INES RAMALHOSA	SOLINCA PPH	00:04:19
325	1136	Simone Dinis Paiva	Individual	00:04:19
326	1188	Nelson Rodrigues de Sousa	Individual	00:04:19
327	1102	Cátia Sofia Neves Braga	Individual	00:04:20
328	1288	PAULO JOSE REGO	Individual	00:04:20
329	1376	Cristina Ribeiro	UMFCA WARRIORS	00:04:20
330	1345	Carlos Cardoso	RED STREET TEAM	00:04:20
331	35	João Vasco Ferreira	Clube Pessoal EDP - Delegação Vila Nova Gaia	00:04:21
332	1100	Carla Sofia Gonçalves Pinto	Individual	00:04:21
333	14	Jorge Costa	BRAGA RUNNERS	00:04:22
334	1007	bruno sousa	AIRORUN	00:04:22
335	157	Inês Maria Falcão Pires Marques	PTO	00:04:25
336	1229	Florinda araujo Rodrigues Figueiredo	Individual	00:04:25
337	1135	Silvia Raquel dos Santos Antunes	Individual	00:04:25
338	1245	Silvia Costa	Individual	00:04:26



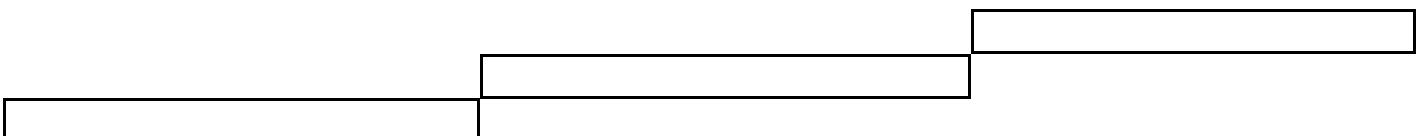
ESCADARIA

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

388	1142	Wioletta Piekielnik	Individual	00:04:48
389	1267	JAIME MACIEL	Individual	00:04:49
390	1393	emanuel pinto vale	Individual	00:04:53
391	1373	Sérgio Costa	Trail Team Kick Off	00:04:54
392	1016	luis ribeiro	bota e siga	00:04:55
393	1092	Ana Patrícia Peixoto Gomes	Individual	00:04:56
394	22	Vitor Costa	BRAGUINHAS RUNNERS	00:04:57
395	1243	Salvina M S Ferreira	Individual	00:04:57
396	1353	Alberto Jorge Pereira Martins da Silva	sailorman and friends	00:04:58
397	1370	Patricia Fernandes	Trail Team Kick Off	00:04:58
398	1295	SERGIO IGLESIAS	Individual	00:05:01
399	1324	Adélio Lima	MUITA TRACÇÃO RUNNING TEAM	00:05:02
400	1216	Tiago Alvim	Individual	00:05:04
401	1193	Pedro Abreu	Individual	00:05:04
402	1137	Sonia grilo	Individual	00:05:04
403	1286	Paulo Amaral	Individual	00:05:06
404	1047	Liliana Alves	ERMIDAFIT Runners	00:05:07
405	1115	Heidi Manninen	Individual	00:05:08
406	1319	ALEXANDRE RIBEIRO	LEROY MERLIN BRAGA	00:05:09
407	1347	ana paula nunes	sailorman and friends	00:05:09
408	1037	Helena Maia	DUROS VL	00:05:09
409	1097	Andreia Silva	Individual	00:05:10
410	1292	Rui Almeida	Individual	00:05:10
411	1322	Juliana Cristina da Silva Santos	Muita tracao	00:05:10
412	1325	Sandra Machado	NOCTURNOS DE PAREDES	00:05:11
413	1244	Sandra Gomes	Individual	00:05:13
414	1335	Carla Ivone de Castro Pereira	PADELA NATURAL TEAM	00:05:14
415	1327	Luís Alves	Ojúltimos	00:05:15
416	1032	Cristina Flores	Clube de Atletismo da Póvoa de Varzim CAPV	00:05:15
417	144	Daniela Silva	LION RUNNERS - G.D. Leões da Guarda	00:05:15
418	61	joana silva	Individual	00:05:17
419	1270	jorge caria	Individual	00:05:17
420	1109	Diana Castro	Individual	00:05:18
421	1350	joao andrade	sailorman and friends	00:05:18
422	1054	juliana silva	FAMA RUNNERS	00:05:18
423	30	Adelaide Morim	Clube de Atletismo da Póvoa de Varzim CAPV	00:05:19
424	1018	Susana Ribeiro	C	00:05:19
425	1369	Oriana Moreira	Team Pupis	00:05:19
426	1242	Patrícia Machado	Individual	00:05:19
427	1124	Manuela Batista	Individual	00:05:22
428	1105	Claudia Oliveira Mações	Individual	00:05:30
429	29	Marisa Xavier	Clube de Atletismo da Póvoa de Varzim CAPV	00:05:32
430	1195	Pedro Miguel Barbosa e Silva	Individual	00:05:34
431	1087	ana carolina pereira	Individual	00:05:35
432	1360	MANUELA GONÇALVES	SOLINCA PPH	00:05:35
433	1246	Sónia Oliveira	Individual	00:05:36
434	1316	FERNANDO PINHEIRO	LEROY MERLIN BRAGA	00:05:36
435	1363	Telmo Santos	Team Corleone	00:05:38
436	1331	Barbara Fonseca	Os Finos	00:05:43



ESCADARIA

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

437	1110	Diana Moura	Individual	00:05:45
438	1326	Maria Lima	Ojúltimos	00:05:46
439	19	Julieta Faria	BRAGUINHAS RUNNERS	00:05:46
440	1285	Nelson Marques	Individual	00:05:48
441	1257	Carlos Ferreira	Individual	00:05:49
442	1116	Helena Sofia Fernandes passeira	Individual	00:05:50
443	1076	Marina Terceiro	GONDOMAR FUTSAL CLUBE	00:05:50
444	1307	Sofia Sousa	Já tive dias melhores....	00:05:51
445	1231	helenia maria costa tavares	Individual	00:05:53
446	1310	José Magalhães	Já tive dias melhores....	00:05:53
447	1012	Fernando António Ferreira Carneiro	AliveRunners	00:05:54
448	1031	Marco Barros	Clube de Atletismo da Póvoa de Varzim CAPV	00:05:54
449	1346	Maria Almeida	Rodabike/Porto Sentido Runners	00:05:54
450	1308	Ana Paula Paiva	Já tive dias melhores....	00:05:55
451	1391	francisco preto	Individual	00:05:59
452	1131	Patricia Moreira	Individual	00:06:01
453	1359	MADALENA FERREIRA	SOLINCA PPH	00:06:02
454	1128	Marlene Emilia Fernandes Vieira Martins	Individual	00:06:11
455	1165	Hugo Castro	Individual	00:06:12
456	1075	Ricardo Santos	GONDOMAR FUTSAL CLUBE	00:06:13
457	1138	Sonia Pinheiro	Individual	00:06:25
458	1107	CRISTINA CARVALHO GOMES DE SOUSA	Individual	00:06:27
459	1123	Liliane Carvalho	Individual	00:06:28
460	1236	Mara Cristina da Costa Moreira	Individual	00:06:29
461	1024	MANUEL MORGADO	CDC	00:06:37
462	1234	isabel maria pereira silva	Individual	00:06:38
463	1237	margarida maria martins	Individual	00:06:38
464	1120	isabel marques	Individual	00:06:39
465	1023	SANDRA MORGADO	CDC	00:06:48
466	1036	Elisabete Rodrigues	DUROS VL	00:06:50
467	1225	Carla Palmeiro	Individual	00:06:58
468	1239	Maria Ermelinda Garcia	Individual	00:07:01
469	1017	Teresa Silva	BRAGUINHAS RUNNERS	00:07:16
470	1021	ANA SILVA	CDC	00:07:20
471	1039	Sameiro Lima	DUROS VL	00:07:24
472	1122	Juliana Afonso	Individual	00:07:25
473	1090	Ana Emilia Gonçalves da Silva Torres	Individual	00:07:31
474	1022	GABRIELA SILVA	CDC	00:07:32
475	1238	Maria Dias	Individual	00:07:32
476	1130	Patrícia Marques Maio da Costa Sá	Individual	00:08:10
477	1309	Joana Fernandes	Já tive dias melhores....	00:08:15

