Trail das Nozes 2016
Gondomar
30-October-2016

TRAIL LONGO 25K - STAGE 1 — 25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	16.2ºC	86%
End	14:28	24.8ºC	56%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	230	ARMANDINO TABORDA	satecnosol outdoor lasportiva	Veterano M40	02:03:35		04:57
2	63	PEDRO SANTOS	fugitivos urbanos - clínica + saúde	Veterano M40	02:09:56	+06:21	05:12
3	128	António Martins	individual	Veterano M40	02:10:10	+06:35	05:12
4	64	Joaquim Manuel Martins Freitas	gdr retorta	Veterano M40	02:14:01	+10:26	05:22
5	70	Pedro Rocha	gondomar futsal clube	Senior Masculino	02:17:25	+13:50	05:30
6	248	Hugo Romano	moinhos run adrm	Veterano M40	02:18:21	+14:46	05:32
7	46	Helder Rocha	douroconta - gabinete de apoio e contabilidade	Senior Masculino	02:19:08	+15:33	05:34
8	151	David Fernando da Rocha Tavares	centro ciclista de gondomar	Veterano M50	02:20:59	+17:24	05:38
9	197	DAVID SOUSA	mss contabilidade	Senior Masculino	02:25:49	+22:14	05:50
10	157	Manuel Sousa	individual	Veterano M50	02:25:56	+22:21	05:50
11	72	Lucinda Sousa	gondomar futsal clube	Veterana F40	02:26:34	+22:59	05:52
12	238	José Miguel Pinto	team rede ambiente	Senior Masculino	02:26:45	+23:10	05:52
13	9	sergio almeida	afrikanrunners	Senior Masculino	02:30:16	+26:41	06:01
14	48	Vitor Rio	douroconta - gabinete de apoio e contabilidade	Senior Masculino	02:30:41	+27:07	06:02
15	242	Henrique Faria	individual	Veterano M40	02:30:43	+27:09	06:02
16	62	Vitor Barroso	fontainhas runners	Veterano M40	02:31:01	+27:26	06:02
17	191	Pedro Gilvaz	monte dos amigos/juventude ribeiras	Senior Masculino	02:31:33	+27:58	06:04
18	31	Carlos fernandes	as belas e eles	Veterano M40	02:31:35	+28:00	06:04
19	44	José Carlos F. Dias	ctad - trilhos de cinfães	Veterano M40	02:31:44	+28:09	06:04
20	74	José Paulo Ribeiro	gondomar futsal clube	Veterano M40	02:32:35	+29:01	06:06
21	17	Filipe Sousa	all about	Senior Masculino	02:32:45	+29:10	06:07
22	111	paulo jorge	gondomar futsal clube	Senior Masculino	02:35:55	+32:21	06:14
23	188	Leandro Pacheco	monte dos amigos/juventude ribeiras	Senior Masculino	02:36:10	+32:36	06:15
24	212	António Borges	porto sentido runners	Veterano M40	02:37:44	+34:09	06:19
25	181	António Pinto	mocidade sangemil	Senior Masculino	02:38:10	+34:36	06:20
26	206	Bruno Rafael Marrucho Lemos	olímpico vianense trail / nd sport	Senior Masculino	02:39:24	+35:50	06:23
27	177	Ciano Ribeiro	mjs runners	Veterano M40	02:39:29	+35:55	06:23
28	47	Rogério Moreira	douroconta - gabinete de apoio e contabilidade	Senior Masculino	02:39:46	+36:11	06:23
29	150	Carlos Natividade Silva	individual	Veterano M50	02:39:58	+36:24	06:24
30	50	MIGUEL NETO	ei team trail	Senior Masculino	02:40:17	+36:42	06:25
31	250	Filipe Almeida	moinhos run adrm	Senior Masculino	02:40:40	+37:05	06:26
32	215	Ricardo Reis	quinta de paramos - atletismo	Senior Masculino	02:40:48	+37:14	06:26
33	77	António Rocha	gondomar futsal clube	Veterano M60	02:41:28	+37:53	06:28
34	110	Nelson Teixeira	individual	Senior Masculino	02:42:37	+39:02	06:30
35	211	Rosa Rodrigues	pit power	Senior Feminino	02:45:37	+42:03	06:38
36	68	César Pais	gondomar futsal clube	Senior Masculino	02:45:38	+42:03	06:38
37	61	Ricardo Rocha	fast ao km	Veterano M40	02:47:14	+43:39	06:41
38	149	Telmo Da Silva	individual	Veterano M40	02:47:24	+43:50	06:42
39	14	Pedro Azevedo	afrikanrunners	Veterano M40	02:48:15	+44:40	06:44
40	91	Brunelo Silva	individual	Senior Masculino	02:48:23	+44:48	06:44

TRAIL LONGO 25K - STAGE 1 — 25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	69	Manuel Silva	gondomar futsal clube	Senior Masculino	02:48:41	+45:06	06:45
42	116	Ricardo Ferreira	individual	Senior Masculino	02:48:46	+45:12	06:45
43	246	Miguel Santos	moinhos run adrm	Senior Masculino	02:48:48	+45:13	06:45
44	148	Sérgio Miguel Batista Couto	individual	Veterano M40	02:49:25	+45:50	06:47
45	52	Joaquim Coelho	ei team trail	Veterano M40	02:49:40	+46:06	06:47
46	200	Bruno Moura	nascidos para correr	Senior Masculino	02:49:42	+46:07	06:47
47	202	Alexandra Fernandes	nascidos para correr	Veterana F40	02:49:46	+46:12	06:47
48	32	Lúcia Lourenço	avf auto	Senior Feminino	02:49:47	+46:13	06:48
49	194	Jorge Pinheiro	monte dos amigos/juventude ribeiras	Veterano M40	02:49:48	+46:14	06:48
50	146	Rui Silva	individual	Veterano M40	02:50:18	+46:43	06:49
51	208	Jorge Bastos	pernetas	Senior Masculino	02:50:34	+46:59	06:49
52	101	HELDER PACHECO	individual	Senior Masculino	02:51:29	+47:55	06:52
53	241	António Marinho	individual	Senior Masculino	02:53:22	+49:47	06:56
54	140	Miguel Moura	individual	Veterano M40	02:53:35	+50:01	06:57
55	201	Ricardo Sousa	nascidos para correr	Senior Masculino	02:53:51	+50:16	06:57
56	166	Miguel Alves	leões de tardariz trail	Senior Masculino	02:55:31	+51:56	07:01
57	131	Francisco JS Silva	individual	Veterano M40	02:56:11	+52:36	07:03
58	164	Agostinho Sousa	kunalama runners	Veterano M60	02:56:56	+53:22	07:05
59	138	LUIS MIGUEL ALVES DE FREITAS RIBEIRO	individual	Veterano M40	02:57:24	+53:50	07:06
60	205	Manuel Sampaio	nascidos para correr	Veterano M60	02:58:39	+55:05	07:09
61	13	Nelson Nunes	afrikanrunners	Veterano M40	02:58:59	+55:24	07:10
62	12	jorge nunes	afrikanrunners	Veterano M40	02:58:59	+55:25	07:10
63	249	Pedro Vieira	moinhos run adrm	Veterano M40	03:00:11	+56:36	07:12
64	106	José Andrade	individual	Senior Masculino	03:00:31	+56:56	07:13
65	251	Luis Lobo	altitudes trail team	Veterano M40	03:00:32	+56:57	07:13
66	114	PEDRO SILVA	individual	Senior Masculino	03:00:37	+57:02	07:13
67	219	Cristiano Anjos	rollingaventura/grupovc	Veterano M50	03:00:43	+57:09	07:14
68	218	Prieto Morais	rollingaventura/grupovc	Veterano M40	03:00:45	+57:10	07:14
69	159	Ercilia Pereira	invicta runners team	Veterana F40	03:00:48	+57:13	07:14
70	41	VITOR COELHO	clube desportivo cepsa	Veterano M40	03:01:17	+57:43	07:15
71	245	Manuel Pereira	moinhos run adrm	Senior Masculino	03:02:19	+58:44	07:18
72	137	José Manuel Ferreira	individual	Veterano M40	03:02:19	+58:44	07:18
73	260	Inês Moreira	moinhos run adrm	Senior Feminino	03:02:19	+58:44	07:18
74	135	JORGE AMADEU MOREIRA DE SOUSA	individual	Veterano M40	03:02:20	+58:45	07:18
75	49	Manuel Santos	douroconta - gabinete de apoio e contabilidade	Veterano M40	03:02:59	+59:24	07:19
76	228	Ana azevedo	santa apolonia	Senior Feminino	03:02:59	+59:25	07:19
77	8	Rufino Freitas	afrikanrunners	Senior Masculino	03:03:14	+59:39	07:20
78	253	Mira Matias	nascidos para correr	Veterana F40	03:03:18	+59:44	07:20
79	227	Justino Soares	runners on fire	Veterano M40	03:03:20	+59:45	07:20
80	217	Luis Ribeiro	rollingaventura/grupovc	Veterano M40	03:03:31	+59:56	07:20
81	229	Mariana Machado	santa apolonia	Senior Feminino	03:03:31	+59:57	07:20
82	204	Manuel Carriço	nascidos para correr	Veterano M50	03:04:05	+01:00:31	07:22
83	143	Nelson Santos	individual	Veterano M40	03:04:15	+01:00:40	07:22
84	207	Pedro Pratas	paredes aventura	Veterano M40	03:04:15	+01:00:41	07:22

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
85	95	Daniel Silva	individual	Senior Masculino	03:04:46	+01:01:12	07:23
86	236	José Conceição	team coreevo portugal	Senior Masculino	03:04:46	+01:01:12	07:23
87	67	Bruno Vigário	gondomar futsal clube	Senior Masculino	03:04:56	+01:01:21	07:24
88	51	Filipe Escobar	ei team trail	Veterano M40	03:05:51	+01:02:17	07:26
89	115	Renato da Conceição Lourenço	individual	Senior Masculino	03:05:53	+01:02:18	07:26
90	154	JOSE DUARTE	individual	Veterano M50	03:05:56	+01:02:21	07:26
91	7	Ricardo Fernandes	afrikanrunners	Senior Masculino	03:06:02	+01:02:28	07:27
92	108	Marcos Silva	individual	Senior Masculino	03:06:16	+01:02:42	07:27
93	244	Paulo Martins	moinhos run adrm	Veterano M40	03:06:24	+01:02:49	07:27
94	58	Orlando Costa	equipa joao ferreira	Veterano M40	03:06:27	+01:02:52	07:27
95	85	Mafalda Luís	individual	Senior Feminino	03:06:37	+01:03:03	07:28
96	76	Pedro Matos	gondomar futsal clube	Veterano M40	03:06:38	+01:03:04	07:28
97	129	David Martims	individual	Veterano M40	03:06:42	+01:03:08	07:28
98	213	Carlos Duarte	porto sentido runners	Veterano M40	03:06:45	+01:03:10	07:28
99	80	Conceição Queiroz	gtt - armazém do caffè	Veterana F50	03:06:47	+01:03:12	07:28
100	256	Hugo Couto	equipa joao ferreira	Senior Masculino	03:06:47	+01:03:13	07:28
101	59	SÉRGIO DIAS	equipa joao ferreira	Veterano M40	03:06:47	+01:03:13	07:28
102	11	Emanuel Martins	afrikanrunners	Veterano M40	03:07:35	+01:04:00	07:30
103	20	Eduardo Pinto	individual	Veterano M40	03:07:53	+01:04:19	07:31
104	220	Serafim Bastos	rollingaventura/grupovc	Veterano M50	03:07:59	+01:04:24	07:31
105	176	Renato Lopes	mjs runners	Senior Masculino	03:09:03	+01:05:29	07:34
106	171	Joaquim Leite	leões de tardariz trail	Veterano M50	03:09:32	+01:05:58	07:35
107	156	Manuel da Cunha Póvoas	individual	Veterano M50	03:10:19	+01:06:44	07:37
108	123	Sofia Coelho	individual	Veterana F40	03:10:56	+01:07:21	07:38
109	22	Paulo Melo	all about	Veterano M40	03:11:01	+01:07:27	07:38
110	21	Mário Pereira	all about	Veterano M40	03:11:02	+01:07:27	07:38
111	89	andré de gonçalves	individual	Senior Masculino	03:11:40	+01:08:06	07:40
112	169	Pedro Ferreira	leões de tardariz trail	Veterano M40	03:11:52	+01:08:18	07:41
113	27	Fernando Ismael Oliveira Nogueira	amigos do pedal trailagares	Senior Masculino	03:12:05	+01:08:30	07:41
114	155	Manuel António Rocha Ribeiro	individual	Veterano M50	03:12:25	+01:08:50	07:42
115	243	Cláudia Moreira	moinhos run adrm	Senior Feminino	03:12:39	+01:09:04	07:42
116	216	José Moita	rollingaventura/grupovc	Veterano M40	03:13:15	+01:09:40	07:44
117	141	Miguel Rocha	individual	Veterano M40	03:14:10	+01:10:36	07:46
118	39	Tiago Amorim	budeguitas runners	Veterano M40	03:14:37	+01:11:02	07:47
119	98	Gilberto Sousa	individual	Senior Masculino	03:14:49	+01:11:15	07:48
120	147	rui sousa martins	individual	Veterano M40	03:16:14	+01:12:39	07:51
121	107	Marco Paulo Sousa Ferreira	individual	Senior Masculino	03:17:06	+01:13:32	07:53
122	136	Jorge Rodrigues	individual	Veterano M40	03:17:41	+01:14:06	07:54
123	40	Nuno Ribeiro	ccd - siemens	Senior Masculino	03:17:53	+01:14:18	07:55
124	121	Carla Gonçalves	individual	Veterana F40	03:18:49	+01:15:14	07:57
125	119	Telmo António Sousa Ferreira	individual	Senior Masculino	03:19:05	+01:15:30	07:58
126	239	Fernando Leite	tnt - trilhos natura team	Senior Masculino	03:20:37	+01:17:03	08:02
127	42	Bruno Gomes	crocodilos/misterpc	Senior Masculino	03:20:44	+01:17:09	08:02
128	112	Paulo Renato Cardoso Pinto de Sá	individual	Senior Masculino	03:20:48	+01:17:13	08:02
129	167	Lá Salete Pinto	leões de tardariz trail	Veterana F40	03:21:24	+01:17:50	08:03
130	132	Francisco Monteiro	individual	Veterano M40	03:21:25	+01:17:51	08:03

TRAIL LONGO 25K - STAGE 1 — 25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
131	240	JOsé Carlos Pereira Gomes	weteach run team	Veterano M60	03:22:04	+01:18:30	08:05
132	10	Domingos Gonçalves	afrikanrunners	Veterano M40	03:22:23	+01:18:48	08:06
133	254	Virgilio Palmeiro	nascidos para correr	Veterano M60	03:22:25	+01:18:50	08:06
134	144	Pedro Pereira	individual	Veterano M40	03:22:25	+01:18:50	08:06
135	234	Fátima Vieira	somos nós team	Veterana F40	03:23:25	+01:19:50	08:08
136	65	Aida Presa	girls4run	Veterana F40	03:25:07	+01:21:33	08:12
137	37	Paulo Nunes	btt alegria / tubani	Veterano M40	03:25:07	+01:21:33	08:12
138	105	Jorge Ascenção	individual	Senior Masculino	03:25:44	+01:22:10	08:14
139	158	EDUARDO MEDEIROS	individual	Veterano M60	03:27:42	+01:24:08	08:19
140	6	Marco Machado	afrikanrunners	Senior Masculino	03:28:21	+01:24:46	08:20
141	75	Paulo Gama	gondomar futsal clube	Veterano M40	03:28:40	+01:25:06	08:21
142	104	Hugo ferreira	individual	Senior Masculino	03:29:50	+01:26:16	08:24
143	247	Simão Sousa	moinhos run adrm	Senior Masculino	03:30:03	+01:26:29	08:24
144	153	João Silva	individual	Veterano M50	03:30:41	+01:27:07	08:26
145	36	Francisco Silva	btt alegria / tubani	Veterano M40	03:30:46	+01:27:12	08:26
146	35	Daniel Barbosa	btt alegria / tubani	Veterano M40	03:30:46	+01:27:12	08:26
147	96	Eurico Mateus	individual	Senior Masculino	03:30:48	+01:27:14	08:26
148	26	Maria José Pereira Leão	amigos do pedal trailagares	Senior Feminino	03:31:41	+01:28:06	08:28
149	142	Nelson Manuel Mamede de Castro	individual	Veterano M40	03:31:41	+01:28:07	08:28
150	28	emidio pontes	amigos s.pedro da cova	Veterano M50	03:35:46	+01:32:11	08:38
151	210	Mario Cardoso	pernetas	Veterano M40	03:36:12	+01:32:38	08:39
152	209	Vitor Manuel Oliveira Coelho	pernetas	Senior Masculino	03:36:12	+01:32:38	08:39
153	126	Alexandre Sousa	individual	Veterano M40	03:36:26	+01:32:51	08:39
154	60	Manuel Cunha Lima	experienciar	Veterano M50	03:36:45	+01:33:11	08:40
155	170	António Pinto	leões de tardariz trail	Veterano M50	03:37:18	+01:33:44	08:42
156	120	Toni Ferreira	individual	Senior Masculino	03:37:28	+01:33:53	08:42
157	187	João Alves	monte dos amigos/juventude ribeiras	Senior Masculino	03:37:42	+01:34:07	08:42
158	189	Miguel Pinto	monte dos amigos/juventude ribeiras	Senior Masculino	03:37:43	+01:34:08	08:43
159	163	Rómulo Silva	kemedo team	Veterano M40	03:38:04	+01:34:29	08:43
160	79	Luis Vaz	gtt - armazém do caffè	Senior Masculino	03:38:30	+01:34:55	08:44
161	122	Ivone Ferreira	individual	Veterana F40	03:41:03	+01:37:29	08:51
162	224	João Soares	runners on fire	Senior Masculino	03:41:19	+01:37:45	08:51
163	100	Helder José da rocha Oliveira	individual	Senior Masculino	03:41:42	+01:38:07	08:52
164	1497	Sofia Mendes	nascidos para correr	Senior Feminino	03:41:58	+01:38:23	08:53
165	38	João Pedro Monteiro	budeguitas runners	Senior Masculino	03:43:36	+01:40:01	08:57
166	30	serafim fonseca	amigos s.pedro da cova	Veterano M60	03:43:41	+01:40:06	08:57
167	139	Luís Sousa	individual	Veterano M40	03:43:41	+01:40:07	08:57
168	29	paulo fonseca	amigos s.pedro da cova	Veterano M50	03:44:25	+01:40:50	08:59
169	88	Telma Catarina Pereira da silva	individual	Senior Feminino	03:44:47	+01:41:12	08:59
170	90	António Veríssimo de Freitas	individual	Senior Masculino	03:44:47	+01:41:12	08:59
171	183	Margarida Martins	mocidade sangemil	Veterana F50	03:45:22	+01:41:47	09:01
172	182	Ricardo Rocha	mocidade sangemil	Senior Masculino	03:45:22	+01:41:47	09:01
173	125	Adalberto Figueiredo	individual	Veterano M40	03:45:58	+01:42:24	09:02
174	34	Nelson Sousa	biateam 2016	Senior Masculino	03:46:59	+01:43:25	09:05
175	33	Solange Sousa	biateam 2016	Senior Feminino	03:46:59	+01:43:25	09:05
176	179	Ricardo Jorge Landim Pinto	mocidade invicta fc	Senior Masculino	03:48:12	+01:44:37	09:08

TRAIL LONGO 25K - STAGE 1 — 25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
177	180	Ricardo Manuel Vasconcelos Carvalho	mocidade invicta fc	Senior Masculino	03:48:12	+01:44:37	09:08
178	53	ISABEL PINTO	equipa joao ferreira	Senior Feminino	03:48:45	+01:45:10	09:09
179	56	SANDRA CUNHA	equipa joao ferreira	Veterana F40	03:48:45	+01:45:10	09:09
180	160	Isabel Mariani	invicta runners team	Veterana F40	03:49:48	+01:46:14	09:12
181	162	Bernardino Andrade	invicta runners team	Veterano M40	03:49:48	+01:46:14	09:12
182	225	Manuel Aires	runners on fire	Senior Masculino	03:50:09	+01:46:34	09:12
183	127	Antonio Luis Rebelo Azevedo	individual	Veterano M40	03:50:20	+01:46:45	09:13
184	97	Filipe Daniel Pereira Bessa	individual	Senior Masculino	03:51:44	+01:48:09	09:16
185	233	Andreia Morais	somos nós team	Senior Feminino	03:52:09	+01:48:35	09:17
186	235	Minda Coelho	somos nós team	Veterana F40	03:52:10	+01:48:36	09:17
187	94	Bruno Pereira	individual	Senior Masculino	03:53:23	+01:49:49	09:20
188	185	Rosa Almeida	monte dos amigos/juventude ribeiras	Senior Feminino	03:53:57	+01:50:22	09:21
189	190	Paulo Morais	monte dos amigos/juventude ribeiras	Veterano M40	03:53:58	+01:50:24	09:22
190	237	António Pinheiro	team duas faces	Senior Masculino	04:02:11	+01:58:37	09:41
191	168	Manuel Alvarino	leões de tardariz trail	Veterano M40	04:05:11	+02:01:36	09:48
192	124	Susana Luís	individual	Veterana F40	04:10:22	+02:06:48	10:01
193	43	Cristina Dias	ctad - trilhos de cinfães	Veterana F40	04:10:23	+02:06:48	10:01
194	118	Rui Miguel Dias Quntas	individual	Senior Masculino	04:10:23	+02:06:49	10:01
195	93	Bruno Miguel Araújo Pinto	individual	Senior Masculino	04:15:55	+02:12:20	10:14
196	161	Paula Chaves	invicta runners team	Veterana F50	04:17:23	+02:13:49	10:18
197	87	Sónia Alves	individual	Senior Feminino	04:21:46	+02:18:12	10:28
198	81	Ana Carvalho	individual	Senior Feminino	04:26:30	+02:22:56	10:40
199	195	Carla Caria	moreira relax runners	Veterana F40	04:27:48	+02:24:14	10:43
200	196	Fernando Monteiro	moreira relax runners	Veterano M40	04:27:49	+02:24:14	10:43
201	174	Igor Emanuel de Castro Couto	maia & couto	Senior Masculino	04:30:27	+02:26:52	10:49
202	223	Alfredo Daniel Sousa	runners on fire	Senior Masculino	04:30:28	+02:26:54	10:49
203	117	Rúben Augusto Rocha Sousa Pinhão Maia	individual	Senior Masculino	04:30:34	+02:26:59	10:49
204	82	ELISABETE FERREIRA	individual	Senior Feminino	04:39:37	+02:36:02	11:11
205	222	Agostinho Ribeiro	runners on fire	Senior Masculino	04:41:03	+02:37:29	11:15
206	231	Mariana Costa	sete	Senior Feminino	04:44:04	+02:40:29	11:22
207	232	Álvaro Costa	sete	Veterano M40	04:44:04	+02:40:30	11:22
208	255	Rui Cardoso	individual	Veterano M40	04:46:03	+02:42:28	11:27
209	16	Filipe Medeiros	all about	Senior Masculino	04:56:33	+02:52:59	11:52
210	15	Sofia Pimentel	all about	Senior Feminino	04:56:33	+02:52:59	11:52
211	221	Raquel Vilela	runners on fire	Senior Feminino	05:06:10	+03:02:35	12:15
212	203	Sonia Lima	nascidos para correr	Veterana F40	05:22:01	+03:18:26	12:53
213	199	Bruno Lima	nascidos para correr	Senior Masculino	05:22:02	+03:18:27	12:53

Trail das Nozes 2016
Gondomar
30-October-2016

Trail Longo 25K

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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	Time	Temperature	Humidity
Start	09:00	16.2ºC	86%
End	14:28	24.8ºC	56%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	211	Rosa Rodrigues	Pit Power	Senior Feminino	02:45:37		06:38
2	32	Lúcia Lourenço	AVF auto	Senior Feminino	02:49:47	+04:10	06:48
3	260	Inês Moreira	Moinhos RUn ADRM	Senior Feminino	03:02:19	+16:41	07:18
4	228	Ana azevedo	Santa Apolonia	Senior Feminino	03:02:59	+17:22	07:19
5	229	Mariana Machado	Santa Apolonia	Senior Feminino	03:03:31	+17:54	07:20
6	85	Mafalda Luís	Individual	Senior Feminino	03:06:37	+21:00	07:28
7	243	Cláudia Moreira	Moinhos RUn ADRM	Senior Feminino	03:12:39	+27:01	07:42
8	26	Maria José Pereira Leão	Amigos do Pedal TraiLagares	Senior Feminino	03:31:41	+46:03	08:28
9	1497	Sofia Mendes	Nascidos Para Correr	Senior Feminino	03:41:58	+56:20	08:53
10	88	Telma Catarina Pereira da silva	Individual	Senior Feminino	03:44:47	+59:09	08:59
11	33	Solange Sousa	BiaTeam 2016	Senior Feminino	03:46:59	+01:01:22	09:05
12	53	ISABEL PINTO	EQUIPA JOAO FERREIRA	Senior Feminino	03:48:45	+01:03:07	09:09
13	233	Andreia Morais	Somos Nós Team	Senior Feminino	03:52:09	+01:06:32	09:17
14	185	Rosa Almeida	Monte dos Amigos/Juventude Ribeiras	Senior Feminino	03:53:57	+01:08:19	09:21
15	87	Sónia Alves	Individual	Senior Feminino	04:21:46	+01:36:09	10:28
16	81	Ana Carvalho	Individual	Senior Feminino	04:26:30	+01:40:53	10:40
17	82	ELISABETE FERREIRA	Individual	Senior Feminino	04:39:37	+01:53:59	11:11
18	231	Mariana Costa	SETE	Senior Feminino	04:44:04	+01:58:26	11:22
19	15	Sofia Pimentel	All About	Senior Feminino	04:56:33	+02:10:56	11:52
20	221	Raquel Vilela	Runners On Fire	Senior Feminino	05:06:10	+02:20:32	12:15

Senior Masculino

1	70	Pedro Rocha	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:17:25		05:30
2	46	Helder Rocha	Douroconta - Gabinete de Apoio e Contabilidade	Senior Masculino	02:19:08	+01:43	05:34
3	197	DAVID SOUSA	MSS CONTABILIDADE	Senior Masculino	02:25:49	+08:24	05:50
4	238	José Miguel Pinto	Team Rede Ambiente	Senior Masculino	02:26:45	+09:20	05:52
5	9	sergio almeida	Afrikanrunners	Senior Masculino	02:30:16	+12:51	06:01
6	48	Vitor Rio	Douroconta - Gabinete de Apoio e Contabilidade	Senior Masculino	02:30:41	+13:17	06:02
7	191	Pedro Gilvaz	Monte dos Amigos/Juventude Ribeiras	Senior Masculino	02:31:33	+14:08	06:04
8	17	Filipe Sousa	All About	Senior Masculino	02:32:45	+15:20	06:07
9	111	paulo jorge	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:35:55	+18:31	06:14
10	188	Leandro Pacheco	Monte dos Amigos/Juventude Ribeiras	Senior Masculino	02:36:10	+18:46	06:15
11	181	António Pinto	Mocidade SanGemil	Senior Masculino	02:38:10	+20:46	06:20
12	206	Bruno Rafael Marrucho Lemos	Olímpico Vianense Trail / ND Sport	Senior Masculino	02:39:24	+22:00	06:23

Trail Longo 25K

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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13	47	Rogério Moreira	Douroconta - Gabinete de Apoio e Contabilidade	Senior Masculino	02:39:46	+22:21	06:23
14	50	MIGUEL NETO	Ei Team Trail	Senior Masculino	02:40:17	+22:52	06:25
15	250	Filipe Almeida	Moinhos RUn ADRM	Senior Masculino	02:40:40	+23:15	06:26
16	215	Ricardo Reis	Quinta de Paramos - Atletismo	Senior Masculino	02:40:48	+23:24	06:26
17	110	Nelson Teixeira	Individual	Senior Masculino	02:42:37	+25:12	06:30
18	68	César Pais	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:45:38	+28:13	06:38
19	91	Brunelo Silva	Individual	Senior Masculino	02:48:23	+30:58	06:44
20	69	Manuel Silva	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:48:41	+31:16	06:45
21	116	Ricardo Ferreira	Individual	Senior Masculino	02:48:46	+31:22	06:45
22	246	Miguel Santos	Moinhos RUn ADRM	Senior Masculino	02:48:48	+31:23	06:45
23	200	Bruno Moura	Nascidos Para Correr	Senior Masculino	02:49:42	+32:17	06:47
24	208	Jorge Bastos	Pernetas	Senior Masculino	02:50:34	+33:09	06:49
25	101	HELDER PACHECO	Individual	Senior Masculino	02:51:29	+34:05	06:52
26	241	António Marinho	Individual	Senior Masculino	02:53:22	+35:57	06:56
27	201	Ricardo Sousa	Nascidos Para Correr	Senior Masculino	02:53:51	+36:26	06:57
28	166	Miguel Alves	LEõES DE TARDARIZ TRAIL	Senior Masculino	02:55:31	+38:06	07:01
29	106	José Andrade	Individual	Senior Masculino	03:00:31	+43:06	07:13
30	114	PEDRO SILVA	Individual	Senior Masculino	03:00:37	+43:12	07:13
31	245	Manuel Pereira	Moinhos RUn ADRM	Senior Masculino	03:02:19	+44:54	07:18
32	8	Rufino Freitas	Afrikanrunners	Senior Masculino	03:03:14	+45:49	07:20
33	95	Daniel Silva	Individual	Senior Masculino	03:04:46	+47:22	07:23
34	236	José Conceição	Team Coreevo Portugal	Senior Masculino	03:04:46	+47:22	07:23
35	67	Bruno Vigário	GONDOMAR FUTSAL CLUBE	Senior Masculino	03:04:56	+47:31	07:24
36	115	Renato da Conceição Lourenço	Individual	Senior Masculino	03:05:53	+48:28	07:26
37	7	Ricardo Fernandes	Afrikanrunners	Senior Masculino	03:06:02	+48:38	07:27
38	108	Marcos Silva	Individual	Senior Masculino	03:06:16	+48:52	07:27
39	256	Hugo Couto	EQUIPA JOAO FERREIRA	Senior Masculino	03:06:47	+49:23	07:28
40	176	Renato Lopes	MJS RUNNERS	Senior Masculino	03:09:03	+51:39	07:34
41	89	andré de gonçalves	Individual	Senior Masculino	03:11:40	+54:16	07:40
42	27	Fernando Ismael Oliveira Nogueira	Amigos do Pedal TraiLagares	Senior Masculino	03:12:05	+54:40	07:41
43	98	Gilberto Sousa	Individual	Senior Masculino	03:14:49	+57:25	07:48
44	107	Marco Paulo Sousa Ferreira	Individual	Senior Masculino	03:17:06	+59:42	07:53
45	40	Nuno Ribeiro	CCD - SIEMENS	Senior Masculino	03:17:53	+01:00:28	07:55
46	119	Telmo António Sousa Ferreira	Individual	Senior Masculino	03:19:05	+01:01:40	07:58
47	239	Fernando Leite	TNT - Trilhos Natura Team	Senior Masculino	03:20:37	+01:03:13	08:02
48	42	Bruno Gomes	CROCODILOS/MISTERPC	Senior Masculino	03:20:44	+01:03:19	08:02
49	112	Paulo Renato Cardoso Pinto de Sá	Individual	Senior Masculino	03:20:48	+01:03:23	08:02
50	105	Jorge Ascenção	Individual	Senior Masculino	03:25:44	+01:08:20	08:14
51	6	Marco Machado	Afrikanrunners	Senior Masculino	03:28:21	+01:10:56	08:20
52	104	Hugo ferreira	Individual	Senior Masculino	03:29:50	+01:12:26	08:24
53	247	Simão Sousa	Moinhos RUn ADRM	Senior Masculino	03:30:03	+01:12:39	08:24
54	96	Eurico Mateus	Individual	Senior Masculino	03:30:48	+01:13:24	08:26
55	209	Vitor Manuel Oliveira Coelho	Pernetas	Senior Masculino	03:36:12	+01:18:48	08:39
56	120	Toni Ferreira	Individual	Senior Masculino	03:37:28	+01:20:03	08:42
57	187	João Alves	Monte dos Amigos/Juventude Ribeiras	Senior Masculino	03:37:42	+01:20:17	08:42

Trail Longo 25K

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

58	189	Miguel Pinto	Monte dos Amigos/Juventude Ribeiras	Senior Masculino	03:37:43	+01:20:18	08:43
59	79	Luis Vaz	GTT - ARMAZÉM DO CAFFÈ	Senior Masculino	03:38:30	+01:21:05	08:44
60	224	João Soares	Runners On Fire	Senior Masculino	03:41:19	+01:23:55	08:51
61	100	Helder José da rocha Oliveira	Individual	Senior Masculino	03:41:42	+01:24:17	08:52
62	38	João Pedro Monteiro	Budeguitas Runners	Senior Masculino	03:43:36	+01:26:11	08:57
63	90	António Veríssimo de Freitas	Individual	Senior Masculino	03:44:47	+01:27:22	08:59
64	182	Ricardo Rocha	Mocidade Sangemil	Senior Masculino	03:45:22	+01:27:57	09:01
65	34	Nelson Sousa	BiaTeam 2016	Senior Masculino	03:46:59	+01:29:35	09:05
66	179	Ricardo Jorge Landim Pinto	Mocidade Invicta FC	Senior Masculino	03:48:12	+01:30:47	09:08
67	180	Ricardo Manuel Vasconcelos Carvalho	Mocidade Invicta FC	Senior Masculino	03:48:12	+01:30:47	09:08
68	225	Manuel Aires	Runners On Fire	Senior Masculino	03:50:09	+01:32:44	09:12
69	97	Filipe Daniel Pereira Bessa	Individual	Senior Masculino	03:51:44	+01:34:19	09:16
70	94	Bruno Pereira	Individual	Senior Masculino	03:53:23	+01:35:59	09:20
71	237	António Pinheiro	Team DUAS FACES	Senior Masculino	04:02:11	+01:44:47	09:41
72	118	Rui Miguel Dias Quntas	Individual	Senior Masculino	04:10:23	+01:52:59	10:01
73	93	Bruno Miguel Araújo Pinto	Individual	Senior Masculino	04:15:55	+01:58:30	10:14
74	174	Igor Emanuel de Castro Couto	Maia & Couto	Senior Masculino	04:30:27	+02:13:02	10:49
75	223	Alfredo Daniel Sousa	Runners On Fire	Senior Masculino	04:30:28	+02:13:04	10:49
76	117	Rúben Augusto Rocha Sousa Pinhão Maia	Individual	Senior Masculino	04:30:34	+02:13:09	10:49
77	222	Agostinho Ribeiro	Runners On Fire	Senior Masculino	04:41:03	+02:23:39	11:15
78	16	Filipe Medeiros	All About	Senior Masculino	04:56:33	+02:39:09	11:52
79	199	Bruno Lima	Nascidos Para Correr	Senior Masculino	05:22:02	+03:04:37	12:53

Veterana F40

1	72	Lucinda Sousa	GONDOMAR FUTSAL CLUBE	Veterana F40	02:26:34		05:52
2	202	Alexandra Fernandes	Nascidos Para Correr	Veterana F40	02:49:46	+23:13	06:47
3	159	Ercilia Pereira	Invicta Runners Team	Veterana F40	03:00:48	+34:14	07:14
4	253	Mira Matias	Nascidos Para Correr	Veterana F40	03:03:18	+36:45	07:20
5	123	Sofia Coelho	Individual	Veterana F40	03:10:56	+44:22	07:38
6	121	Carla Gonçalves	Individual	Veterana F40	03:18:49	+52:15	07:57
7	167	Lá Salete Pinto	LEõES DE TARDARIZ TRAIL	Veterana F40	03:21:24	+54:51	08:03
8	234	Fátima Vieira	Somos Nós Team	Veterana F40	03:23:25	+56:51	08:08
9	65	Aida Presa	Girls4run	Veterana F40	03:25:07	+58:34	08:12
10	122	Ivone Ferreira	Individual	Veterana F40	03:41:03	+01:14:30	08:51
11	56	SANDRA CUNHA	EQUIPA JOAO FERREIRA	Veterana F40	03:48:45	+01:22:11	09:09
12	160	Isabel Mariani	Invicta Runners Team	Veterana F40	03:49:48	+01:23:15	09:12
13	235	Minda Coelho	Somos Nós Team	Veterana F40	03:52:10	+01:25:37	09:17
14	124	Susana Luís	Individual	Veterana F40	04:10:22	+01:43:49	10:01
15	43	Cristina Dias	CTAD - Trilhos de Cinfães	Veterana F40	04:10:23	+01:43:49	10:01
16	195	Carla Caria	Moreira Relax Runners	Veterana F40	04:27:48	+02:01:15	10:43
17	203	Sonia Lima	Nascidos Para Correr	Veterana F40	05:22:01	+02:55:27	12:53

Trail Longo 25K

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Veterana F50

1	80	Conceição Queiroz	GTT - ARMAZÉM DO CAFFÈ	Veterana F50	03:06:47		07:28
2	183	Margarida Martins	Mocidade Sangemil	Veterana F50	03:45:22	+38:35	09:01
3	161	Paula Chaves	Invicta Runners Team	Veterana F50	04:17:23	+01:10:37	10:18

Veterano M40

1	230	ARMANDINO TABORDA	SATECNOSOL OUTDOOR LASPORTIVA	Veterano M40	02:03:35		04:57
2	63	PEDRO SANTOS	Fugitivos Urbanos - Clínica + Saúde	Veterano M40	02:09:56	+06:21	05:12
3	128	António Martins	Individual	Veterano M40	02:10:10	+06:35	05:12
4	64	Joaquim Manuel Martins Freitas	GDR RETORTA	Veterano M40	02:14:01	+10:26	05:22
5	248	Hugo Romano	Moinhos RUn ADRM	Veterano M40	02:18:21	+14:46	05:32
6	242	Henrique Faria	Individual	Veterano M40	02:30:43	+27:09	06:02
7	62	Vitor Barroso	fontainhas runners	Veterano M40	02:31:01	+27:26	06:02
8	31	Carlos fernandes	AS BELAS E ELES	Veterano M40	02:31:35	+28:00	06:04
9	44	José Carlos F. Dias	CTAD - Trilhos de Cinfães	Veterano M40	02:31:44	+28:09	06:04
10	74	José Paulo Ribeiro	GONDOMAR FUTSAL CLUBE	Veterano M40	02:32:35	+29:01	06:06
11	212	António Borges	Porto Sentido Runners	Veterano M40	02:37:44	+34:09	06:19
12	177	Ciano Ribeiro	MJS RUNNERS	Veterano M40	02:39:29	+35:55	06:23
13	61	Ricardo Rocha	FAST AO KM	Veterano M40	02:47:14	+43:39	06:41
14	149	Telmo Da Silva	Individual	Veterano M40	02:47:24	+43:50	06:42
15	14	Pedro Azevedo	Afrikanrunners	Veterano M40	02:48:15	+44:40	06:44
16	148	Sérgio Miguel Batista Couto	Individual	Veterano M40	02:49:25	+45:50	06:47
17	52	Joaquim Coelho	Ei Team Trail	Veterano M40	02:49:40	+46:06	06:47
18	194	Jorge Pinheiro	Monte dos Amigos/Juventude Ribeiras	Veterano M40	02:49:48	+46:14	06:48
19	146	Rui Silva	Individual	Veterano M40	02:50:18	+46:43	06:49
20	140	Miguel Moura	Individual	Veterano M40	02:53:35	+50:01	06:57
21	131	Francisco JS Silva	Individual	Veterano M40	02:56:11	+52:36	07:03
22	138	LUIS MIGUEL ALVES DE FREITAS RIBEIRO	Individual	Veterano M40	02:57:24	+53:50	07:06
23	13	Nelson Nunes	Afrikanrunners	Veterano M40	02:58:59	+55:24	07:10
24	12	jorge nunes	Afrikanrunners	Veterano M40	02:58:59	+55:25	07:10
25	249	Pedro Vieira	Moinhos RUn ADRM	Veterano M40	03:00:11	+56:36	07:12
26	251	Luis Lobo	Altitudes Trail Team	Veterano M40	03:00:32	+56:57	07:13
27	218	Prieto Morais	RollingAventura/GrupoVC	Veterano M40	03:00:45	+57:10	07:14
28	41	VITOR COELHO	Clube Desportivo Cepsa	Veterano M40	03:01:17	+57:43	07:15
29	137	José Manuel Ferreira	Individual	Veterano M40	03:02:19	+58:44	07:18
30	135	JORGE AMADEU MOREIRA DE SOUSA	Individual	Veterano M40	03:02:20	+58:45	07:18
31	49	Manuel Santos	Douroconta - Gabinete de Apoio e Contabilidade	Veterano M40	03:02:59	+59:24	07:19
32	227	Justino Soares	Runners On Fire	Veterano M40	03:03:20	+59:45	07:20
33	217	Luis Ribeiro	RollingAventura/GrupoVC	Veterano M40	03:03:31	+59:56	07:20
34	143	Nelson Santos	Individual	Veterano M40	03:04:15	+01:00:40	07:22

Trail Longo 25K

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

35	207	Pedro Pratas	PAREDES AVENTURA	Veterano M40	03:04:15	+01:00:41	07:22
36	51	Filipe Escobar	Ei Team Trail	Veterano M40	03:05:51	+01:02:17	07:26
37	244	Paulo Martins	Moinhos RUn ADRM	Veterano M40	03:06:24	+01:02:49	07:27
38	58	Orlando Costa	EQUIPA JOAO FERREIRA	Veterano M40	03:06:27	+01:02:52	07:27
39	76	Pedro Matos	GONDOMAR FUTSAL CLUBE	Veterano M40	03:06:38	+01:03:04	07:28
40	129	David Martims	Individual	Veterano M40	03:06:42	+01:03:08	07:28
41	213	Carlos Duarte	Porto Sentido Runners	Veterano M40	03:06:45	+01:03:10	07:28
42	59	SÉRGIO DIAS	EQUIPA JOAO FERREIRA	Veterano M40	03:06:47	+01:03:13	07:28
43	11	Emanuel Martins	Afrikanrunners	Veterano M40	03:07:35	+01:04:00	07:30
44	20	Eduardo Pinto	Individual	Veterano M40	03:07:53	+01:04:19	07:31
45	22	Paulo Melo	All About	Veterano M40	03:11:01	+01:07:27	07:38
46	21	Mário Pereira	All About	Veterano M40	03:11:02	+01:07:27	07:38
47	169	Pedro Ferreira	LEõES DE TARDARIZ TRAIL	Veterano M40	03:11:52	+01:08:18	07:41
48	216	José Moita	RollingAventura/GrupoVC	Veterano M40	03:13:15	+01:09:40	07:44
49	141	Miguel Rocha	Individual	Veterano M40	03:14:10	+01:10:36	07:46
50	39	Tiago Amorim	Budeguitas Runners	Veterano M40	03:14:37	+01:11:02	07:47
51	147	rui sousa martins	Individual	Veterano M40	03:16:14	+01:12:39	07:51
52	136	Jorge Rodrigues	Individual	Veterano M40	03:17:41	+01:14:06	07:54
53	132	Francisco Monteiro	Individual	Veterano M40	03:21:25	+01:17:51	08:03
54	10	Domingos Gonçalves	Afrikanrunners	Veterano M40	03:22:23	+01:18:48	08:06
55	144	Pedro Pereira	Individual	Veterano M40	03:22:25	+01:18:50	08:06
56	37	Paulo Nunes	BTT Alegria / TUBANI	Veterano M40	03:25:07	+01:21:33	08:12
57	75	Paulo Gama	GONDOMAR FUTSAL CLUBE	Veterano M40	03:28:40	+01:25:06	08:21
58	36	Francisco Silva	BTT Alegria / TUBANI	Veterano M40	03:30:46	+01:27:12	08:26
59	35	Daniel Barbosa	BTT Alegria / TUBANI	Veterano M40	03:30:46	+01:27:12	08:26
60	142	Nelson Manuel Mamede de Castro	Individual	Veterano M40	03:31:41	+01:28:07	08:28
61	210	Mario Cardoso	Pernetas	Veterano M40	03:36:12	+01:32:38	08:39
62	126	Alexandre Sousa	Individual	Veterano M40	03:36:26	+01:32:51	08:39
63	163	Rómulo Silva	KeMedo Team	Veterano M40	03:38:04	+01:34:29	08:43
64	139	Luís Sousa	Individual	Veterano M40	03:43:41	+01:40:07	08:57
65	125	Adalberto Figueiredo	Individual	Veterano M40	03:45:58	+01:42:24	09:02
66	162	Bernardino Andrade	Invicta Runners Team	Veterano M40	03:49:48	+01:46:14	09:12
67	127	Antonio Luis Rebelo Azevedo	Individual	Veterano M40	03:50:20	+01:46:45	09:13
68	190	Paulo Morais	Monte dos Amigos/Juventude Ribeiras	Veterano M40	03:53:58	+01:50:24	09:22
69	168	Manuel Alvarino	LEõES DE TARDARIZ TRAIL	Veterano M40	04:05:11	+02:01:36	09:48
70	196	Fernando Monteiro	Moreira Relax Runners	Veterano M40	04:27:49	+02:24:14	10:43
71	232	Álvaro Costa	SETE	Veterano M40	04:44:04	+02:40:30	11:22
72	255	Rui Cardoso	Individual	Veterano M40	04:46:03	+02:42:28	11:27

Veterano M50

1	151	David Fernando da Rocha Tavares	CENTRO CICLISTA DE GONDOMAR	Veterano M50	02:20:59		05:38
2	157	Manuel Sousa	Individual	Veterano M50	02:25:56	+04:57	05:50
3	150	Carlos Natividade Silva	Individual	Veterano M50	02:39:58	+19:00	06:24
4	219	Cristiano Anjos	RollingAventura/GrupoVC	Veterano M50	03:00:43	+39:45	07:14

Trail Longo 25K

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

5	204	Manuel Carriço	Nascidos Para Correr	Veterano M50	03:04:05	+43:07	07:22
6	154	JOSE DUARTE	Individual	Veterano M50	03:05:56	+44:57	07:26
7	220	Serafim Bastos	RollingAventura/GrupoVC	Veterano M50	03:07:59	+47:00	07:31
8	171	Joaquim Leite	LEõES DE TARDARIZ TRAIL	Veterano M50	03:09:32	+48:34	07:35
9	156	Manuel da Cunha Póvoas	Individual	Veterano M50	03:10:19	+49:20	07:37
10	155	Manuel António Rocha Ribeiro	Individual	Veterano M50	03:12:25	+51:26	07:42
11	153	João Silva	Individual	Veterano M50	03:30:41	+01:09:43	08:26
12	28	emidio pontes	amigos s.pedro da cova	Veterano M50	03:35:46	+01:14:47	08:38
13	60	Manuel Cunha Lima	EXPERIENCIAR	Veterano M50	03:36:45	+01:15:47	08:40
14	170	António Pinto	LEõES DE TARDARIZ TRAIL	Veterano M50	03:37:18	+01:16:20	08:42
15	29	paulo fonseca	amigos s.pedro da cova	Veterano M50	03:44:25	+01:23:26	08:59

Veterano M60

1	77	António Rocha	GONDOMAR FUTSAL CLUBE	Veterano M60	02:41:28		06:28
2	164	Agostinho Sousa	Kunalama Runners	Veterano M60	02:56:56	+15:29	07:05
3	205	Manuel Sampaio	Nascidos Para Correr	Veterano M60	02:58:39	+17:12	07:09
4	240	JOsé Carlos Pereira Gomes	Weteach Run Team	Veterano M60	03:22:04	+40:37	08:05
5	254	Virgilio Palmeiro	Nascidos Para Correr	Veterano M60	03:22:25	+40:57	08:06
6	158	EDUARDO MEDEIROS	Individual	Veterano M60	03:27:42	+46:15	08:19
7	30	serafim fonseca	amigos s.pedro da cova	Veterano M60	03:43:41	+01:02:13	08:57

EQUIPAS 25K

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	GONDOMAR FUTSAL CLUBE	5 + 11 + 20	36
2	Douroconta - Gabinete de Apoio e Contabilidade	7 + 14 + 28	49
3	Moinhos RUn ADRM	6 + 31 + 43	80
4	Monte dos Amigos/Juventude Ribeiras	17 + 23 + 49	89
5	Afrikanrunners	13 + 39 + 61	113
6	Nascidos Para Correr	46 + 47 + 55	148
7	Ei Team Trail	30 + 45 + 88	163
8	RollingAventura/GrupoVC	67 + 68 + 80	215
9	All About	21 + 109 + 110	240
10	LEõES DE TARDARIZ TRAIL	56 + 106 + 112	274
11	EQUIPA JOAO FERREIRA	94 + 100 + 101	295
12	Pernetas	51 + 151 + 152	354
13	Mocidade Sangemil	25 + 171 + 172	368
14	Runners On Fire	79 + 162 + 182	423
15	BTT Alegria / TUBANI	137 + 145 + 146	428
16	Invicta Runners Team	69 + 180 + 181	430
17	amigos s.pedro da cova	150 + 166 + 168	484
18	Somos Nós Team	135 + 185 + 186	506

lap2go TIMING SOLUTION

Trail das Nozes 2016
Gondomar
30-October-2016

TRAIL CURTO 12 K - STAGE 1 — 12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	16.2ºC	86%
End	12:46	24.8ºC	56%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1297	Bruno Silva	afacycles	Senior Masculino	50:31		04:13
2	1102	Miguel Neves	centro ciclista de gondomar	Senior Masculino	53:08	+02:37	04:26
3	1396	Paulo César Ferreira	individual	Veterano M40	53:14	+02:43	04:26
4	1155	Rui Gomes	douroconta - gabinete de apoio e contabilidade	Senior Masculino	53:33	+03:02	04:28
5	1156	Tiago Pinto	douroconta - gabinete de apoio e contabilidade	Senior Masculino	53:57	+03:26	04:30
6	1056	Fernando Leal	amigos do pedal trailagares	Veterano M50	56:57	+06:26	04:45
7	1439	Ivan Silva	individual	Senior Masculino	57:05	+06:34	04:45
8	1108	Carlos Barroso	clube atletismo gaienses/toyota	Veterano M40	57:23	+06:52	04:47
9	1020	José Carlos Coelho	afacycles	Veterano M40	57:31	+07:00	04:48
10	1127	Joaquim Madureira	clube zupper	Veterano M40	57:39	+07:08	04:48
11	1494	SÉRGIO SILVA	mss contabilidade	Senior Masculino	58:17	+07:46	04:51
12	1622	Vitor Ferreira	trinca orelhas de gato	Veterano M40	58:51	+08:20	04:54
13	1338	Rafael campos dos santos	individual	Senior Masculino	58:57	+08:26	04:55
14	1407	António Rocha	individual	Veterano M50	59:10	+08:39	04:56
15	1128	Paulo Domingues	clube zupper	Veterano M40	59:41	+09:10	04:58
16	1446	Josué Moreira	leões de tardariz trail	Senior Masculino	01:00:16	+09:45	05:01
17	1154	Ricardo Barros	douroconta - gabinete de apoio e contabilidade	Senior Masculino	01:00:44	+10:13	05:04
18	1101	Miguel Martins	centro ciclista de gondomar	Senior Masculino	01:00:57	+10:26	05:05
19	1153	Bruno Santos	douroconta - gabinete de apoio e contabilidade	Senior Masculino	01:01:11	+10:40	05:06
20	1591	Pedro Silva	porto sentido runners	Senior Masculino	01:01:57	+11:26	05:10
21	1039	António Pacheco	aliança de gandra	Veterano M40	01:02:00	+11:29	05:10
22	1248	Andreia Santos	individual	Senior Feminino	01:02:04	+11:33	05:10
23	1610	Manuel Alves	queiroz team/ nokarol	Veterano M50	01:03:34	+13:03	05:18
24	1665	Rogério Vicente	dental doctors	Veterano M40	01:04:02	+13:31	05:20
25	1437	Laurindo Osório	kemedo team	Veterano M40	01:04:29	+13:58	05:22
26	1296	Bruno Rocha	individual	Senior Masculino	01:04:40	+14:09	05:23
27	1623	João Oliveira	trinca orelhas de gato	Senior Masculino	01:04:41	+14:10	05:23
28	1132	Albino Silva	corre tascas running club	Senior Masculino	01:04:41	+14:10	05:23
29	1333	Paulo António Cunha Ferreira	individual	Senior Masculino	01:05:15	+14:44	05:26
30	1374	António Zeferino Fernandes	individual	Veterano M40	01:05:38	+15:07	05:28
31	1188	Ricardo Miguel Magalhães Nunes	fridão sem limites	Senior Masculino	01:05:40	+15:09	05:28
32	1103	Angelo Pereira	centro ciclista de gondomar	Veterano M50	01:05:42	+15:11	05:29
33	1625	Pedro Sousa	trinca orelhas de gato	Senior Masculino	01:05:46	+15:15	05:29
34	1053	Jose Bento Morais	amigos do atletismo magna	Veterano M50	01:06:14	+15:43	05:31
35	1177	João Araújo	ermentão	Senior Masculino	01:06:17	+15:46	05:31
36	1294	Bruno Fernando Lima Vieira	individual	Senior Masculino	01:06:27	+15:56	05:32
37	1008	Valter Gouveia	10temidos	Senior Masculino	01:06:33	+16:02	05:33
38	1436	José Augusto Coelho Abreu Costa	kemedo team	Veterano M40	01:06:42	+16:11	05:34
39	1516	Albertina Cunha	nocturnos de paredes	Senior Feminino	01:06:53	+16:22	05:34
40	1408	Carlos Manuel Vinha Lopes	individual	Veterano M50	01:07:06	+16:35	05:36

TRAIL CURTO 12 K - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	1327	Mario Taborda	individual	Senior Masculino	01:07:20	+16:49	05:37
42	1256	Cristiana Raquel de Sousa Ferreira	individual	Senior Feminino	01:07:27	+16:56	05:37
43	1404	victor almeida	individual	Veterano M40	01:08:29	+17:58	05:42
44	1603	Miguel Silva	porto sentido runners	Veterano M40	01:08:32	+18:01	05:43
45	1138	António Malheiro	corre tascas running club	Veterano M40	01:08:33	+18:02	05:43
46	1528	João Jaques	olímpico vianense trail / nd sport	Veterano M40	01:08:45	+18:14	05:44
47	1389	José Pires	individual	Veterano M40	01:08:54	+18:23	05:45
48	1384	Hugo Landolt	individual	Veterano M40	01:09:01	+18:30	05:45
49	1293	Bruno Daniel Carvalho Castro	individual	Senior Masculino	01:09:02	+18:31	05:45
50	1635	Paulo Nunes	trinca orelhas de gato	Veterano M40	01:09:14	+18:43	05:46
51	1312	Helder Cruz	individual	Senior Masculino	01:09:16	+18:45	05:46
52	1003	Estela Martins	10temidos	Senior Feminino	01:09:26	+18:55	05:47
53	1027	Hélder Moreira	aliança de gandra	Senior Masculino	01:09:26	+18:55	05:47
54	1427	Angelo Vaz	invictus oporto team	Senior Masculino	01:09:52	+19:21	05:49
55	1090	Ricardo Barbosa	btt alegria / tubani	Senior Masculino	01:10:05	+19:34	05:50
56	1175	FRANCISCO FONSECA	equipa joao ferreira	Veterano M40	01:10:05	+19:34	05:50
57	1145	CARLOS BARBOSA	danados	Senior Masculino	01:10:12	+19:41	05:51
58	1637	Sérgio Gomes	trinca orelhas de gato	Veterano M40	01:10:38	+20:07	05:53
59	1645	Emanuel Fundo	monte dos amigos/ juventude ribeira	Senior Masculino	01:10:46	+20:15	05:54
60	1159	Manuel Teixeira	douroconta - gabinete de apoio e contabilidade	Veterano M50	01:10:50	+20:19	05:54
61	1028	José Carvalho	aliança de gandra	Veterano M40	01:10:53	+20:22	05:54
62	1304	Ernesto Barbosa	individual	Senior Masculino	01:10:53	+20:22	05:54
63	1083	Vitor Cardoso	baguim runners	Veterano M40	01:10:55	+20:24	05:55
64	1554	Bruno Martins	papatrails	Senior Masculino	01:11:01	+20:30	05:55
65	1054	Vitor Rafael Sousa Moreira	amigos do pedal trailagares	Senior Masculino	01:11:13	+20:42	05:56
66	1317	Hugo pinto rocha	individual	Senior Masculino	01:11:16	+20:45	05:56
67	1393	Marco Magalhães	individual	Veterano M40	01:11:17	+20:46	05:56
68	1420	Alberto Sá	insanos	Veterano M60	01:11:21	+20:50	05:57
69	1640	Vítor Cardoso	trinca orelhas de gato	Veterano M40	01:11:23	+20:52	05:57
70	1636	Salomão Abreu	trinca orelhas de gato	Veterano M40	01:11:31	+21:00	05:58
71	1328	Miguel Ângelo de Oliveira Pinto	individual	Senior Masculino	01:11:42	+21:11	05:59
72	1134	Nuno Gonçalves	corre tascas running club	Senior Masculino	01:11:52	+21:21	05:59
73	198	Raquel Andrade	nascidos para correr	Senior Feminino	01:11:54	+21:23	06:00
74	1500	Antonio Fernandes	nascidos para correr	Veterano M50	01:11:54	+21:23	06:00
75	1566	Jorge Conceiçao	papatrails	Veterano M50	01:12:20	+21:49	06:02
76	1510	Ruben Gonçalves	ninja team	Senior Masculino	01:12:23	+21:52	06:02
77	1176	JOAQUIM BENTO	equipa joao ferreira	Veterano M60	01:12:33	+22:02	06:03
78	1135	Nuno Meireles	corre tascas running club	Senior Masculino	01:12:46	+22:15	06:04
79	1344	Rui Pedro Lima dos Santos Mota	individual	Senior Masculino	01:12:46	+22:15	06:04
80	1224	Sandra Pera	gondomar futsal clube	Senior Feminino	01:12:54	+22:23	06:05
81	1029	Ricardo Peres	aliança de gandra	Senior Masculino	01:12:55	+22:24	06:05
82	1186	AMERICO FRANÇA	França	Veterano M40	01:12:57	+22:26	06:05
83	1323	Jorge Ferreirinha	individual	Senior Masculino	01:13:25	+22:54	06:07
84	1133	António Silva	corre tascas running club	Senior Masculino	01:13:26	+22:55	06:07
85	1336	Pedro Alexandre Silva Mota	individual	Senior Masculino	01:13:29	+22:58	06:07

TRAIL CURTO 12 K - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
86	1298	Carlos Sousa	individual	Senior Masculino	01:13:36	+23:05	06:08
87	1019	Pedro Vieira	a.d.sebolido trail boneca d`ouro	Senior Masculino	01:13:42	+23:11	06:09
88	1311	Helder Antonio de Oliveira Mendes	individual	Senior Masculino	01:13:50	+23:19	06:09
89	1401	Rui José Teixeira da Rocha	individual	Veterano M40	01:14:23	+23:52	06:12
90	1605	Carlos Martins	porto sentido runners	Veterano M50	01:14:27	+23:56	06:12
91	1589	Bruno Ricardo Marques Guedes	porto sentido runners	Senior Masculino	01:14:28	+23:57	06:12
92	1490	Rui Rodrigues	mountain runners	Senior Masculino	01:14:35	+24:04	06:13
93	1324	jose alexandre teixeira pinto	individual	Senior Masculino	01:15:00	+24:29	06:15
94	1626	Vicente Sousa	trinca orelhas de gato	Senior Masculino	01:15:21	+24:50	06:17
95	1080	Nelson Azevedo	azevedos	Senior Masculino	01:15:23	+24:52	06:17
96	1370	FATIMA PAIS	individual	Veterana F50	01:15:33	+25:02	06:18
97	1201	NUNO FERREIRA	fugitivos urbanos - clínica + saúde	Senior Masculino	01:15:33	+25:02	06:18
98	1318	João conceição	individual	Senior Masculino	01:15:41	+25:10	06:18
99	1341	Ricardo Martins	individual	Senior Masculino	01:15:41	+25:10	06:18
100	1237	Jorge Borges	gtt - armazém do caffè	Senior Masculino	01:15:45	+25:14	06:19
101	1052	Hugo Filipe Sousa	amadoras	Veterano M40	01:15:58	+25:27	06:20
102	1232	Manuel Rocha	gondomar futsal clube	Veterano M50	01:16:08	+25:37	06:21
103	1433	Fernando Azevedo	kemedo team	Senior Masculino	01:16:08	+25:37	06:21
104	1107	Carlos Araújo	challenge force	Veterano M40	01:16:18	+25:47	06:22
105	1202	SÉRGIO SILVA	fugitivos urbanos - clínica + saúde	Senior Masculino	01:16:26	+25:55	06:22
106	1241	Filipe Oliveira	imperadores	Senior Masculino	01:16:32	+26:01	06:23
107	1242	Nuno Silva	imperadores	Senior Masculino	01:16:33	+26:02	06:23
108	1499	Nelson Silva	nascidos para correr	Veterano M40	01:16:35	+26:04	06:23
109	1016	Wilson Fonseca	10temidos	Veterano M40	01:16:49	+26:18	06:24
110	1137	Rui Mota	corre tascas running club	Senior Masculino	01:16:58	+26:27	06:25
111	1088	Daniel Sousa	btt alegria / tubani	Senior Masculino	01:16:59	+26:28	06:25
112	1602	Miguel Azevedo	porto sentido runners	Veterano M40	01:16:59	+26:28	06:25
113	1129	AnaRita Silva	corre tascas running club	Senior Feminino	01:17:03	+26:32	06:25
114	1130	Carla Malheiro	corre tascas running club	Senior Feminino	01:17:03	+26:32	06:25
115	1200	Hugo Oliveira	fugitivos urbanos - clínica + saúde	Senior Masculino	01:17:07	+26:36	06:26
116	1079	Angelo Azevedo	azevedos	Senior Masculino	01:17:17	+26:46	06:26
117	1082	Lourenço Cardoso	baguim runners	Veterano M40	01:17:29	+26:58	06:27
118	1141	ANDREA CUNHA	danados	Senior Feminino	01:17:37	+27:06	06:28
119	1609	Maria Ribeiro	queiroz team/ nokarol	Veterana F40	01:17:42	+27:11	06:29
120	1326	Manuel Ricardo Lúcio de Carvalho	individual	Senior Masculino	01:17:43	+27:12	06:29
121	1081	Sandra Cardoso	baguim runners	Veterana F40	01:17:48	+27:17	06:29
122	1469	joaquim Paulo Madureira Queirós	mocidade invicta fc	Veterano M40	01:18:25	+27:54	06:32
123	1178	Manuel Silva	ermentão	Veterano M50	01:18:34	+28:03	06:33
124	1584	Miguel Teixeira	pm	Veterano M40	01:18:52	+28:21	06:34
125	1345	Rui Sousa	individual	Senior Masculino	01:18:54	+28:23	06:35
126	1405	Vitor santos	individual	Veterano M40	01:19:08	+28:37	06:36
127	1070	CLAUDIA CRISTINA FERNANDES	amotinados	Senior Feminino	01:19:11	+28:40	06:36
128	1392	Manuel Paiva	individual	Veterano M40	01:19:17	+28:46	06:36
129	1157	Rui Marques	douroconta - gabinete de apoio e contabilidade	Veterano M40	01:19:19	+28:48	06:37
130	1590	Filipe Maria	porto sentido runners	Senior Masculino	01:19:22	+28:51	06:37

TRAIL CURTO 12 K - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
131	1057	joão fonseca	amigos s.pedro da cova	Senior Masculino	01:19:23	+28:52	06:37
132	1414	ABILIO SOARES	individual	Veterano M60	01:19:37	+29:06	06:38
133	1092	Tony Mendes	btt alegria / tubani	Veterano M40	01:19:52	+29:21	06:39
134	175	Marco Peixoto	mjs runners	Senior Masculino	01:20:00	+29:29	06:40
135	1136	Rui DeMatos	corre tascas running club	Senior Masculino	01:20:09	+29:38	06:41
136	1032	Sérgio Pereira	aliança de gandra	Senior Masculino	01:20:10	+29:39	06:41
137	1595	Luísa Marques	porto sentido runners	Veterana F40	01:20:12	+29:41	06:41
138	1418	Manuel Emidio	individual	Veterano M60	01:20:13	+29:42	06:41
139	1399	Pedro Silva	individual	Veterano M40	01:20:15	+29:44	06:41
140	1620	Salomé Leitão	sempre em forma	Veterana F40	01:20:17	+29:46	06:41
141	1349	Vitinho	individual	Senior Masculino	01:20:18	+29:47	06:42
142	1313	Helder Manuel Moreira Teles	individual	Senior Masculino	01:20:21	+29:50	06:42
143	1633	Hélder Monteiro	trinca orelhas de gato	Veterano M40	01:20:22	+29:51	06:42
144	1112	ALBERTO BRANDÃO	clube desportivo cepsa	Veterano M40	01:20:27	+29:56	06:42
145	1504	JOSÉ MARQUES BRITES	navegantes	Veterano M60	01:20:27	+29:56	06:42
146	1043	Ricardo Oliveira	all about	Senior Masculino	01:20:28	+29:57	06:42
147	1367	susana coelho	individual	Veterana F40	01:20:33	+30:02	06:43
148	1624	Luís Morata	trinca orelhas de gato	Senior Masculino	01:20:36	+30:05	06:43
149	1563	Hugo Almeida	papatrails	Veterano M40	01:20:53	+30:22	06:44
150	1434	Flavio Andre Silva	kemedo team	Senior Masculino	01:21:08	+30:37	06:46
151	1511	Marta Sousa	ninja team	Veterana F40	01:21:17	+30:46	06:46
152	1650	Álvaro Nunes	all-about	Veterano M40	01:21:30	+30:59	06:48
153	1031	Roberto Moreira	aliança de gandra	Senior Masculino	01:21:30	+30:59	06:48
154	1379	David Sousa	individual	Veterano M40	01:21:34	+31:03	06:48
155	1014	Pedro Sousa	10temidos	Veterano M40	01:21:35	+31:04	06:48
156	1305	Fábio Pereira	individual	Senior Masculino	01:21:47	+31:16	06:49
157	1074	MIGUEL EDMUNDO	amotinados	Veterano M40	01:21:48	+31:17	06:49
158	1319	João Manuel de Carvalho Teles Rodrigues	individual	Senior Masculino	01:21:48	+31:17	06:49
159	1649	Rui Sousa	mountain runners	Senior Masculino	01:21:49	+31:18	06:49
160	1160	Alice Sousa	dr. merino/nutrifit	Veterana F40	01:21:52	+31:21	06:49
161	1231	Carlos Oliveira	gondomar futsal clube	Veterano M50	01:21:53	+31:22	06:49
162	1042	Dália Teixeira	all about	Senior Feminino	01:21:55	+31:24	06:50
163	1187	Andreia Ribeiro Almeida	fridão sem limites	Senior Feminino	01:22:26	+31:55	06:52
164	1089	Pedro Pestana	btt alegria / tubani	Senior Masculino	01:22:39	+32:08	06:53
165	1619	Fernanda Nunes	sempre em forma	Veterana F40	01:22:50	+32:19	06:54
166	1531	Helder Magalhães	one more mile	Senior Masculino	01:22:55	+32:24	06:55
167	1199	HUGO DANIEL	fugitivos urbanos - clínica + saúde	Senior Masculino	01:22:59	+32:28	06:55
168	1163	Renata Martins	ei team trail	Senior Feminino	01:23:10	+32:39	06:56
169	1164	Delfim Manuel Anastácio Nogueira	ei team trail	Veterano M40	01:23:10	+32:39	06:56
170	1541	NUNO TEIXEIRA	os felizes	Veterano M40	01:23:12	+32:41	06:56
171	1315	Hugo Mendes	individual	Senior Masculino	01:23:28	+32:57	06:57
172	1329	Miguel Sousa	individual	Senior Masculino	01:23:33	+33:02	06:58
173	1093	DAVID TEIXEIRA	c+ runners	Senior Masculino	01:23:39	+33:08	06:58
174	1618	Amélia Taipa Andrade	sempre em forma	Veterana F40	01:23:51	+33:20	06:59
175	1227	Rosa Mendes	gondomar futsal clube	Veterana F50	01:24:00	+33:29	07:00

TRAIL CURTO 12 K - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
176	1549	Joana Silva	papatrails	Senior Feminino	01:24:04	+33:33	07:00
177	1308	Frederico Costa	individual	Senior Masculino	01:24:05	+33:34	07:00
178	1026	Sara Raquel Costa Rafel	aliança de gandra	Senior Feminino	01:24:10	+33:39	07:01
179	1498	Sandra Amorin	nascidos para correr	Veterana F40	01:24:15	+33:44	07:01
180	1413	Mário Jorge Neves Sousa Magalhães	individual	Veterano M50	01:24:18	+33:47	07:02
181	1184	Ricardo A. Silva Sousa	ffit gaia trail	Veterano M40	01:24:20	+33:49	07:02
182	1025	Fernanda Machado	aliança de gandra	Senior Feminino	01:24:24	+33:53	07:02
183	1594	Elisabete Loureiro	porto sentido runners	Veterana F40	01:24:24	+33:53	07:02
184	1485	Liliana Magalhães	mountain runners	Senior Feminino	01:24:44	+34:13	07:04
185	1643	Carla Lopes	individual	Veterana F40	01:24:45	+34:14	07:04
186	1211	Patricia Teixeira	generosos runners	Senior Feminino	01:24:54	+34:23	07:05
187	1470	João Paulo Vila	mocidade invicta fc	Veterano M50	01:24:54	+34:23	07:05
188	1100	Marlene Martins	centro ciclista de gondomar	Senior Feminino	01:25:06	+34:35	07:06
189	1007	Tiago Castro	10temidos	Senior Masculino	01:25:10	+34:39	07:06
190	1530	Emanuel Dias	one more mile	Senior Masculino	01:25:33	+35:02	07:08
191	1630	António Neto	trinca orelhas de gato	Veterano M40	01:25:45	+35:14	07:09
192	1596	Paula Coutinho	porto sentido runners	Veterana F40	01:25:52	+35:21	07:09
193	1557	Sergio Santos	papatrails	Senior Masculino	01:25:58	+35:27	07:10
194	1391	Manuel Diogenes Barros	individual	Veterano M40	01:26:02	+35:31	07:10
195	1410	joaquim augusto teixeira seca	individual	Veterano M50	01:26:21	+35:50	07:12
196	1183	Manuel Rocha	fast ao km	Veterano M60	01:26:28	+35:57	07:12
197	1064	Tó Faria	amigos sem limites	Senior Masculino	01:26:28	+35:57	07:12
198	1534	António Pinheiro	os bora lá andar	Veterano M40	01:26:29	+35:58	07:12
199	1607	Celeste Silva	quebra_galhos	Veterana F40	01:26:34	+36:03	07:13
200	1608	Paulo Sousa	quebra_galhos	Veterano M40	01:26:34	+36:03	07:13
201	1486	Patrícia Ribeiro	mountain runners	Senior Feminino	01:26:39	+36:08	07:13
202	1521	Fernanda Leão	nocturnos de paredes	Veterana F40	01:26:58	+36:27	07:15
203	1523	António Carvalho	nocturnos de paredes	Veterano M50	01:26:58	+36:27	07:15
204	1416	António Fernandes	individual	Veterano M60	01:27:00	+36:29	07:15
205	1542	RUI MIRANDA	os felizes	Veterano M40	01:27:02	+36:31	07:15
206	1632	Carlos Conde	trinca orelhas de gato	Veterano M40	01:27:03	+36:32	07:15
207	1264	Isabel Dias	individual	Senior Feminino	01:27:14	+36:43	07:16
208	1448	Agostinho Cardoso	leões de tardariz trail	Veterano M40	01:27:16	+36:45	07:16
209	1562	Fatima Nunes	papatrails	Veterana F50	01:27:17	+36:46	07:16
210	1412	Manuel Joaquim de Jesus Teixeira	individual	Veterano M50	01:27:32	+37:01	07:18
211	1094	JOAO LOURENÇO	c+ runners	Veterano M40	01:27:53	+37:22	07:19
212	1290	André Freitas	individual	Senior Masculino	01:27:55	+37:24	07:20
213	1198	DANIEL SILVA	fugitivos urbanos - clínica + saúde	Senior Masculino	01:28:01	+37:30	07:20
214	1030	Ricardo Rocha	aliança de gandra	Senior Masculino	01:28:06	+37:35	07:21
215	1348	Tito José Sousa Abreu	individual	Senior Masculino	01:28:27	+37:56	07:22
216	1371	Manuela Sousa	individual	Veterana F50	01:28:34	+38:03	07:23
217	1482	Jose Moura	monte dos amigos/juventude ribeiras	Veterano M40	01:28:42	+38:11	07:24
218	1634	Miguel Costa	trinca orelhas de gato	Veterano M40	01:28:55	+38:24	07:25
219	1543	José Ribeiro	os felizes	Veterano M50	01:28:57	+38:26	07:25
220	1204	armandina Torres	gdct incm	Veterana F40	01:29:03	+38:32	07:25

TRAIL CURTO 12 K - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
221	1492	IBRAIM SOUSA	mss contabilidade	Senior Masculino	01:29:05	+38:34	07:25
222	1495	FERNANDO BRANCO	mss contabilidade	Veterano M40	01:29:05	+38:34	07:25
223	1077	VITOR MANUEL TEIXEIRA	amotinados	Veterano M40	01:29:07	+38:36	07:26
224	1426	Sofia Gonçalves	invictus oporto team	Senior Feminino	01:29:11	+38:40	07:26
225	1425	Sara Cardoso	invictus oporto team	Senior Feminino	01:29:26	+38:55	07:27
226	1307	Flávio Miguel Gomes Teixeira	individual	Senior Masculino	01:29:27	+38:56	07:27
227	18	Vitor Cavadas	all about	Senior Masculino	01:29:29	+38:58	07:27
228	1398	Pedro Pereira	individual	Veterano M40	01:30:02	+39:31	07:30
229	1106	Leonel Silva	challenge force	Senior Masculino	01:30:06	+39:35	07:31
230	1585	Paulo Lopes	pm	Veterano M40	01:30:10	+39:39	07:31
231	1229	Mário Ribeiro	gondomar futsal clube	Veterano M40	01:30:10	+39:39	07:31
232	1424	Sara Barbosa	invictus oporto team	Senior Feminino	01:30:16	+39:45	07:31
233	1105	Adriana Neves	challenge force	Senior Feminino	01:30:20	+39:49	07:32
234	1466	António Castro	metralhas runners	Veterano M50	01:30:24	+39:53	07:32
235	1322	Jorge A Silva	individual	Senior Masculino	01:30:36	+40:05	07:33
236	1352	CLÁUDIA PATRÍCIA PEREIRA ALVES LIMA	individual	Veterana F40	01:30:36	+40:05	07:33
237	1362	Manuela Monteiro	individual	Veterana F40	01:30:37	+40:06	07:33
238	1075	PAULO JORGE MIRANDA	amotinados	Veterano M40	01:30:38	+40:07	07:33
239	1366	Salete Maria Mendes Soares	individual	Veterana F40	01:30:48	+40:17	07:34
240	1388	José da Rocha Rodrigues	individual	Veterano M40	01:30:48	+40:17	07:34
241	1592	Vitor Martins	porto sentido runners	Senior Masculino	01:30:59	+40:28	07:35
242	1169	PEDRO GOMES	equipa joao ferreira	Senior Masculino	01:30:59	+40:28	07:35
243	54	João Ferreira	equipa joao ferreira	Senior Masculino	01:31:00	+40:29	07:35
244	1309	germano Manuel Nunes de Sousa	individual	Senior Masculino	01:31:10	+40:39	07:36
245	1435	Pedro Duarte	kemedo team	Senior Masculino	01:31:11	+40:40	07:36
246	1402	Rui Oliveira	individual	Veterano M40	01:31:27	+40:56	07:37
247	1363	Maria de Fátima Marques Ribeiro	individual	Veterana F40	01:31:29	+40:58	07:37
248	1381	FERNANDO JORGE CORREIA OLIVEIRA	individual	Veterano M40	01:31:46	+41:15	07:39
249	1651	Patricia Pereira	gondomar futsal clube	Senior Feminino	01:31:54	+41:23	07:40
250	1004	Mariana Ribeiro	10temidos	Senior Feminino	01:32:00	+41:29	07:40
251	1011	Ana Campanhã	10temidos	Senior Feminino	01:32:00	+41:29	07:40
252	1458	Miguel Bandeira	mb & comp	Veterano M40	01:32:43	+42:12	07:44
253	1593	Cidália Soares	porto sentido runners	Veterana F40	01:32:45	+42:14	07:44
254	1148	Cristina Mota	dental doctors team	Veterana F40	01:32:53	+42:22	07:44
255	1459	Luis Espirito Santo	mb & comp	Veterano M50	01:33:02	+42:31	07:45
256	1628	Agostinho Costa	trinca orelhas de gato	Veterano M40	01:33:10	+42:39	07:46
257	1496	Noelia Moreira	nascidos para correr	Senior Feminino	01:33:11	+42:40	07:46
258	1023	Carla Pereira	aliança de gandra	Senior Feminino	01:33:12	+42:41	07:46
259	1233	JOSE SOUSA	gondomar futsal clube	Veterano M60	01:33:15	+42:44	07:46
260	1506	Patricia Ramoa	ninja team	Senior Feminino	01:33:16	+42:45	07:46
261	1397	Paulo Ferreira	individual	Veterano M40	01:33:19	+42:48	07:47
262	1110	PAULO BRANDÃO	clube desportivo cepsa	Senior Masculino	01:33:34	+43:03	07:48
263	1069	CARLA SUSANA MONTEIRO	amotinados	Senior Feminino	01:33:34	+43:03	07:48
264	1421	José Carneiro	insanos	Veterano M60	01:33:41	+43:10	07:48
265	1378	Daniel Gomes	individual	Veterano M40	01:33:48	+43:17	07:49

TRAIL CURTO 12 K - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
266	1123	sónia Pereira	clube galp energia	Veterana F40	01:34:06	+43:35	07:51
267	1124	Pedro Oliveira	clube galp energia	Veterano M40	01:34:06	+43:35	07:51
268	1346	Sérgio Pereira	individual	Senior Masculino	01:34:08	+43:37	07:51
269	1638	Sérgio Rocha	trinca orelhas de gato	Veterano M40	01:34:08	+43:37	07:51
270	1269	mara freitas	individual	Senior Feminino	01:34:09	+43:38	07:51
271	1257	Edite Vilar	individual	Senior Feminino	01:34:31	+44:00	07:53
272	1529	Cristiana Nogueira	one more mile	Senior Feminino	01:34:39	+44:08	07:53
273	1621	José Teixeira	somos nós team	Veterano M50	01:34:39	+44:08	07:53
274	1559	Ana Alves	papatrails	Veterana F40	01:34:41	+44:10	07:53
275	1168	SONIA MOREIRA	equipa joao ferreira	Senior Feminino	01:34:41	+44:10	07:53
276	1299	Carlos Teixeira	individual	Senior Masculino	01:34:51	+44:20	07:54
277	1255	céu cordeiro	individual	Senior Feminino	01:34:56	+44:25	07:55
278	1063	Diogo Barbosa	amigos sem limites	Senior Masculino	01:34:58	+44:27	07:55
279	1629	Alcino Tavares	trinca orelhas de gato	Veterano M40	01:35:04	+44:33	07:55
280	1639	Silvio Dias	trinca orelhas de gato	Veterano M40	01:35:04	+44:33	07:55
281	1050	Vitor Vieira	all about	Veterano M50	01:35:24	+44:53	07:57
282	55	CLAUDIA CUNHA	equipa joao ferreira	Veterana F40	01:35:24	+44:53	07:57
283	1265	Isabel oliveira	individual	Senior Feminino	01:35:29	+44:58	07:57
284	1364	Maria Fernanda Ferreira Carvalho	individual	Veterana F40	01:35:31	+45:00	07:58
285	1073	MANUEL JOSE GOMES	amotinados	Veterano M40	01:35:39	+45:08	07:58
286	1279	Sandra Ramos	individual	Senior Feminino	01:35:39	+45:08	07:58
287	1386	Joaquim Ramoa	individual	Veterano M40	01:35:40	+45:09	07:58
288	1300	Carvalho LUSOS XXI	individual	Senior Masculino	01:35:47	+45:16	07:59
289	1301	Daniel LUSOS XXI	individual	Senior Masculino	01:35:48	+45:17	07:59
290	1600	José Carlos Soares	porto sentido runners	Veterano M40	01:36:15	+45:44	08:01
291	1588	Vera Lúcia Sousa	porto sentido runners	Senior Feminino	01:36:15	+45:44	08:01
292	1567	Rui Coelho	papatrails	Veterano M60	01:36:16	+45:45	08:01
293	1076	TELMO JOEL COSTA	amotinados	Veterano M50	01:36:19	+45:48	08:02
294	1533	lindolfo Sol	os bora lá andar	Senior Masculino	01:36:20	+45:49	08:02
295	1243	Nuno Teixeira	imperadores	Senior Masculino	01:36:21	+45:50	08:02
296	1038	Verónica Fontes	aliança de gandra	Veterana F40	01:36:48	+46:17	08:04
297	1035	Fernanda Leal	aliança de gandra	Veterana F40	01:36:48	+46:17	08:04
298	1540	José Bonifácio	os felizes	Veterano M40	01:36:53	+46:22	08:04
299	1484	Andreia Moreira	mountain runners	Senior Feminino	01:36:57	+46:26	08:05
300	1487	Sandra Carvalho	mountain runners	Senior Feminino	01:36:57	+46:26	08:05
301	1489	Ricardo Couto	mountain runners	Senior Masculino	01:36:57	+46:26	08:05
302	1067	Pedro Silva	amigos sem limites	Veterano M40	01:37:00	+46:29	08:05
303	1270	Maria Silva	individual	Senior Feminino	01:37:18	+46:47	08:07
304	1375	ARMINDO SERRA MARTINS DOS SANTOS	individual	Veterano M40	01:37:29	+46:58	08:07
305	1033	Carla Sousa	aliança de gandra	Veterana F40	01:37:31	+47:00	08:08
306	1173	MARIA FONSECA	equipa joao ferreira	Veterana F40	01:37:31	+47:00	08:08
307	1087	Carlos Vieira	btt alegria / tubani	Senior Masculino	01:37:33	+47:02	08:08
308	1152	Tânia Rocha	douroconta - gabinete de apoio e contabilidade	Senior Feminino	01:37:33	+47:02	08:08
309	1171	GORETI VARELA	equipa joao ferreira	Veterana F40	01:37:34	+47:03	08:08
310	1058	Clara Teixeira	amigos sem limites	Senior Feminino	01:37:43	+47:12	08:09

TRAIL CURTO 12 K - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

R REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
311	1342	Rui Correia	individual	Senior Masculino	01:38:04	+47:33	08:10
312	1245	Ana Sofia Espanha	individual	Senior Feminino	01:38:14	+47:43	08:11
313	1502	DAVID MANUEL COIMBRA DE SÁ CRUZ	navegantes	Veterano M40	01:38:15	+47:44	08:11
314	1518	Eva Moreira	nocturnos de paredes	Senior Feminino	01:38:16	+47:45	08:11
315	1571	Gabriela Bi Madeira	pipo	Senior Feminino	01:38:30	+47:59	08:13
316	1564	Joaquim Leal	papatrails	Veterano M40	01:38:48	+48:17	08:14
317	1575	Patrícia Sanches	pit power	Senior Feminino	01:38:49	+48:18	08:14
318	1551	Mónica Magalhães	papatrails	Senior Feminino	01:39:22	+48:51	08:17
319	1501	ANGELO FERNANDO RAMOS FERNANDES	navegantes	Senior Masculino	01:39:22	+48:51	08:17
320	1558	Vitor Teixeira	papatrails	Senior Masculino	01:39:25	+48:54	08:17
321	1277	Paula Martins	individual	Senior Feminino	01:39:26	+48:55	08:17
322	1488	Sónia Silva	mountain runners	Senior Feminino	01:39:39	+49:08	08:18
323	1281	Sónia Pereira	individual	Senior Feminino	01:39:57	+49:26	08:20
324	1411	Jose carlos martins carneiro	individual	Veterano M50	01:40:23	+49:52	08:22
325	1205	Claudia Coelho	generosos runners	Senior Feminino	01:40:30	+49:59	08:23
326	1236	Pedro Sá Pereira	grupo 46	Veterano M40	01:40:57	+50:26	08:25
327	1009	Carmen Sousa	10temidos	Veterana F40	01:41:00	+50:29	08:25
328	1013	Paulo Ribeiro	10temidos	Veterano M40	01:41:01	+50:30	08:25
329	1454	Daniel José Mesquita Andrade	m&m	Senior Masculino	01:41:06	+50:35	08:26
330	1646	Eva Riberiro	monte dos amigos/ juventude ribeira	Veterana F40	01:41:11	+50:40	08:26
331	1471	Andreia Dias	monte dos amigos/juventude ribeiras	Senior Feminino	01:41:11	+50:40	08:26
332	1481	Joaquim Pinto	monte dos amigos/juventude ribeiras	Veterano M40	01:41:11	+50:40	08:26
333	1474	Tiago Neiva	monte dos amigos/juventude ribeiras	Senior Masculino	01:41:26	+50:55	08:27
334	1114	DOMINGOS SOARES	clube desportivo cepsa	Veterano M50	01:41:30	+50:59	08:28
335	1203	RUI COELHO	fugitivos urbanos - clínica + saúde	Veterano M40	01:41:38	+51:07	08:28
336	1525	Luís Vieira	not fast, just furious	Senior Masculino	01:41:40	+51:09	08:28
337	1272	Marta Alexandra Silva Moreira	individual	Senior Feminino	01:41:41	+51:10	08:28
338	1330	Narciso Gomes	individual	Senior Masculino	01:41:41	+51:10	08:28
339	1573	Óscar Mendes	pipo	Veterano M40	01:41:55	+51:24	08:30
340	1572	Márcia Bi Madeira	pipo	Veterana F40	01:41:56	+51:25	08:30
341	1440	Antonio rocha	kitty team	Senior Masculino	01:41:56	+51:25	08:30
342	1574	Rui Bi Madeira	pipo	Veterano M40	01:41:56	+51:25	08:30
343	1161	Márcia Coelho	ei team trail	Senior Feminino	01:41:57	+51:26	08:30
344	1139	Nuno Morgado	correr leça	Veterano M40	01:42:02	+51:31	08:30
345	1387	Jorge Pinheiro	individual	Veterano M40	01:42:02	+51:31	08:30
346	1339	Ricardo Couto	individual	Senior Masculino	01:42:03	+51:32	08:30
347	1452	Gualter Castro	leões de tardariz trail	Veterano M50	01:42:04	+51:33	08:30
348	1380	Delfim Soares	individual	Veterano M40	01:42:05	+51:34	08:30
349	1022	Ângela Gomes	aliança de gandra	Senior Feminino	01:42:06	+51:35	08:31
350	1548	Estela Oliveira	papatrails	Senior Feminino	01:42:26	+51:55	08:32
351	252	Ilidio Freitas	gondomar futsal clube	Veterano M50	01:42:38	+52:07	08:33
352	1652	José Lascasas	gondomar futsal clube	Veterano M40	01:42:38	+52:07	08:33
353	1235	Paulo Ferreira	grupo 46	Veterano M40	01:42:41	+52:10	08:33
354	1206	Cristiana Coelho	generosos runners	Senior Feminino	01:42:50	+52:19	08:34
355	1078	Lurdes moreira	as belas e eles	Veterana F40	01:42:51	+52:20	08:34

TRAIL CURTO 12 K - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

R REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
356	1095	Marco Martins	câmara municipal gondomar	Senior Masculino	01:43:01	+52:30	08:35
357	1644	Hélder Figueiredo	câmara municipal gondomar	Senior Masculino	01:43:01	+52:30	08:35
358	1060	Liliana Loureiro	amigos sem limites	Senior Feminino	01:43:05	+52:34	08:35
359	1071	GUILHERMINA TEMPORAO	amotinados	Veterana F40	01:43:32	+53:01	08:38
360	1493	IGOR PEREIRA	mss contabilidade	Senior Masculino	01:43:37	+53:06	08:38
361	1266	Joana Almeida	individual	Senior Feminino	01:43:48	+53:17	08:39
362	1099	Branca Nabais	ccdfpjp	Veterana F40	01:43:55	+53:24	08:40
363	1409	Fernando Oliveira	individual	Veterano M50	01:43:55	+53:24	08:40
364	1170	CELIA AROSO	equipa joao ferreira	Veterana F40	01:44:00	+53:29	08:40
365	1369	Ângela Pinto	individual	Veterana F50	01:44:11	+53:40	08:41
366	1556	Pedro Rangel	papatrails	Senior Masculino	01:44:17	+53:46	08:41
367	1550	Mafalda Alves	papatrails	Senior Feminino	01:44:17	+53:46	08:41
368	1565	José Alves	papatrails	Veterano M40	01:44:17	+53:46	08:41
369	1555	Fernando Magalhaes	papatrails	Senior Masculino	01:44:17	+53:46	08:41
370	1166	INES RIBEIRO	equipa joao ferreira	Senior Feminino	01:44:18	+53:47	08:42
371	1131	Carmen Ferreira	corre tascas running club	Senior Feminino	01:44:46	+54:15	08:44
372	1282	SUSANA LATOURRETTE	individual	Senior Feminino	01:44:51	+54:20	08:44
373	1422	Ana Barbosa	invictus oporto team	Senior Feminino	01:44:52	+54:21	08:44
374	1428	Jorge Lima	invictus oporto team	Senior Masculino	01:44:54	+54:23	08:45
375	1126	Dulce Morêda	clube zupper	Veterana F40	01:45:07	+54:36	08:46
376	1491	CARLA MARAVILHAS	mss contabilidade	Senior Feminino	01:45:25	+54:54	08:47
377	1247	Andreia Leite	individual	Senior Feminino	01:45:37	+55:06	08:48
378	1509	Michael Silvia	ninja team	Senior Masculino	01:45:53	+55:22	08:49
379	1578	Elsa Leite	pit power	Veterana F40	01:45:55	+55:24	08:50
380	1582	Laurindo Leite	pit power	Veterano M40	01:45:55	+55:24	08:50
381	1337	Pedro Gil Almeida	individual	Senior Masculino	01:45:57	+55:26	08:50
382	1021	Miguela Monteiro	afrikanrunners	Veterana F40	01:46:15	+55:44	08:51
383	1438	Ana Soraia silva	kitty team	Senior Feminino	01:46:25	+55:54	08:52
384	1292	Artur Fonseca	individual	Senior Masculino	01:46:32	+56:01	08:53
385	1355	Eduarda Maria Vieira Magalhães Freitas	individual	Veterana F40	01:46:37	+56:06	08:53
386	1217	Carla Pimentel	generosos runners	Veterana F40	01:46:37	+56:06	08:53
387	1259	Fátima Almeida	individual	Senior Feminino	01:46:54	+56:23	08:55
388	1017	Sara Silva	2 dance	Senior Feminino	01:46:54	+56:23	08:55
389	1018	José Gama	2 dance	Senior Masculino	01:46:54	+56:23	08:55
390	1520	Francisco Cortez Marques	nocturnos de paredes	Senior Masculino	01:47:05	+56:34	08:55
391	1522	Hugo Cortez Marques	nocturnos de paredes	Veterano M40	01:47:06	+56:35	08:56
392	1455	Carla Neves	maugénio	Senior Feminino	01:47:06	+56:35	08:56
393	1456	Noémia Pinto	maugénio	Senior Feminino	01:47:06	+56:35	08:56
394	1598	Lurdes Conceição	porto sentido runners	Veterana F50	01:47:08	+56:37	08:56
395	1601	José Ricardo	porto sentido runners	Veterano M40	01:47:09	+56:38	08:56
396	1287	VANESSA DIAS	individual	Senior Feminino	01:47:10	+56:39	08:56
397	1117	Elsa Ribeiro	clube galp energia	Senior Feminino	01:47:13	+56:42	08:56
398	1121	Rui Sequeira	clube galp energia	Senior Masculino	01:47:13	+56:42	08:56
399	1423	Joana Silva	invictus oporto team	Senior Feminino	01:47:33	+57:02	08:58
400	1653	Joana Silva	papatrails	Senior Feminino	01:47:33	+57:02	08:58

TRAIL CURTO 12 K - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
401	1532	Manuel Moura	os barriguitas	Veterano M60	01:47:44	+57:13	08:59
402	1062	Alcino Silva	amigos sem limites	Senior Masculino	01:47:54	+57:23	09:00
403	1230	António José Queiroz	gondomar futsal clube	Veterano M50	01:47:59	+57:28	09:00
404	1429	Paulo Amorim	invictus oporto team	Senior Masculino	01:48:02	+57:31	09:00
405	1383	Herculano Pacheco	individual	Veterano M40	01:48:15	+57:44	09:01
406	1072	Jorge Verde	amotinados	Veterano M40	01:48:24	+57:53	09:02
407	1151	Lilia Santos	douroconta - gabinete de apoio e contabilidade	Senior Feminino	01:48:26	+57:55	09:02
408	1150	Célia Guilherme	douroconta - gabinete de apoio e contabilidade	Senior Feminino	01:48:26	+57:55	09:02
409	1024	Celina Ferreira	aliança de gandra	Senior Feminino	01:48:32	+58:01	09:03
410	1036	Fernanda Oliveira	aliança de gandra	Veterana F40	01:48:32	+58:01	09:03
411	1162	Filipe Pinto	ei team trail	Senior Masculino	01:48:35	+58:04	09:03
412	1196	VERA MENDES	fugitivos urbanos - clínica + saúde	Senior Feminino	01:48:38	+58:07	09:03
413	1462	Sandra Sa Novo	metralhas runners	Senior Feminino	01:48:38	+58:07	09:03
414	1149	Celso Mota	dental doctors team	Veterano M40	01:48:45	+58:14	09:04
415	1250	Barbara Cruz	individual	Senior Feminino	01:49:19	+58:48	09:07
416	1258	Elisabete ribeiro	individual	Senior Feminino	01:49:20	+58:49	09:07
417	1460	Joana Silva	metralhas runners	Senior Feminino	01:49:25	+58:54	09:07
418	1467	Artur Saraiva	metralhas runners	Veterano M50	01:49:25	+58:54	09:07
419	1244	Ana Lages	individual	Senior Feminino	01:49:26	+58:55	09:07
420	1278	Rita Lei	individual	Senior Feminino	01:49:26	+58:55	09:07
421	1041	Carla Cardoso	all about	Senior Feminino	01:49:31	+59:00	09:08
422	1045	Elisabete Melo	all about	Veterana F40	01:49:31	+59:00	09:08
423	1514	Lurdes Júnior	ninja team	Veterana F50	01:49:39	+59:08	09:08
424	1268	Liliana Marques	individual	Senior Feminino	01:49:40	+59:09	09:08
425	1513	Lucia Neves	ninja team	Veterana F50	01:49:45	+59:14	09:09
426	1303	Diogo Parente	individual	Senior Masculino	01:50:05	+59:34	09:10
427	1536	JORGE CALDAS	os felizes	Senior Masculino	01:50:13	+59:42	09:11
428	1599	Cláudio Cerqueira	porto sentido runners	Veterano M40	01:50:13	+59:42	09:11
429	1240	João Pedro Nogueira	gundemarus	Veterano M40	01:50:27	+59:56	09:12
430	1158	Manuel Silva	douroconta - gabinete de apoio e contabilidade	Veterano M50	01:50:27	+59:56	09:12
431	1579	Graça Farelo	pit power	Veterana F40	01:50:38	+01:00:07	09:13
432	1508	Fernando Nascimento	ninja team	Senior Masculino	01:50:46	+01:00:15	09:14
433	1505	Márcia Santos	ninja team	Senior Feminino	01:50:47	+01:00:16	09:14
434	1515	Maria Santos	ninja team	Veterana F50	01:50:47	+01:00:16	09:14
435	1306	Fernando lopes	individual	Senior Masculino	01:51:41	+01:01:10	09:18
436	1382	Filipe Moutinho	individual	Veterano M40	01:51:50	+01:01:19	09:19
437	1218	Manuela Rosas	generosos runners	Veterana F40	01:51:52	+01:01:21	09:19
438	1055	Natália Cecília da Rocha Ferreira	amigos do pedal trailagares	Veterana F50	01:52:01	+01:01:30	09:20
439	1015	Rui Sá	10temidos	Veterano M40	01:52:17	+01:01:46	09:21
440	1010	Lilia Sá	10temidos	Veterana F40	01:52:18	+01:01:47	09:22
441	1568	Ana Canez	pernetas	Senior Feminino	01:53:06	+01:02:35	09:26
442	1570	Fátima Meinedo	pernetas	Veterana F40	01:53:06	+01:02:35	09:26
443	1569	Catarina Alexandra Pinto Nogueira	pernetas	Senior Feminino	01:53:06	+01:02:35	09:26
444	1475	Elsa Fernandes	monte dos amigos/juventude ribeiras	Veterana F40	01:53:13	+01:02:42	09:26

TRAIL CURTO 12 K - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
445	1480	Sonia Silva	monte dos amigos/juventude ribeiras	Veterana F40	01:53:13	+01:02:42	09:26
446	1356	eduarda mesquita	individual	Veterana F40	01:53:13	+01:02:42	09:26
447	1215	Ana Paula Ferreira	generosos runners	Veterana F40	01:53:25	+01:02:54	09:27
448	1365	Paula Próspero	individual	Veterana F40	01:53:40	+01:03:09	09:28
449	1167	INES SOARES	equipa joao ferreira	Senior Feminino	01:53:46	+01:03:15	09:29
450	1195	SOFIA COELHO	fugitivos urbanos - clínica + saúde	Senior Feminino	01:53:57	+01:03:26	09:30
451	1194	SANDRA SILVA	fugitivos urbanos - clínica + saúde	Senior Feminino	01:53:57	+01:03:26	09:30
452	1208	Isabel Rocha	generosos runners	Senior Feminino	01:54:08	+01:03:37	09:31
453	1140	Raul Cunha	cunhax	Veterano M40	01:54:22	+01:03:51	09:32
454	1048	Isaura Alves	all about	Veterana F50	01:54:22	+01:03:51	09:32
455	1432	Lénio Fernando Nogueira Marinho	jobrinde-montes saloios	Veterano M60	01:54:25	+01:03:54	09:32
456	1172	INES ALMEIDA	equipa joao ferreira	Veterana F40	01:55:17	+01:04:46	09:36
457	1545	Rui Bastos	os papa-abastecimentos	Senior Masculino	01:55:18	+01:04:47	09:37
458	1544	José Teixeira	os papa-abastecimentos	Senior Masculino	01:55:19	+01:04:48	09:37
459	1223	Patrícia Santos	gondomar futsal clube	Senior Feminino	01:55:46	+01:05:15	09:39
460	1212	Sofia Tadeu	generosos runners	Senior Feminino	01:55:49	+01:05:18	09:39
461	1220	Rodrigo Ferraz	generosos runners	Veterano M40	01:55:49	+01:05:18	09:39
462	1210	Natercia Teixeira	generosos runners	Senior Feminino	01:55:49	+01:05:18	09:39
463	1254	carla marinho	individual	Senior Feminino	01:55:50	+01:05:19	09:39
464	1260	Fátima Ferreira	individual	Senior Feminino	01:56:06	+01:05:35	09:41
465	1310	Gilberto Ferreira	individual	Senior Masculino	01:56:06	+01:05:35	09:41
466	1373	Maria Filomena Venâncio Lopes Marcelo	individual	Veterana F60	01:56:23	+01:05:52	09:42
467	1289	Alexandre Teles	individual	Senior Masculino	01:56:25	+01:05:54	09:42
468	1377	Daniel Branco	individual	Veterano M40	01:56:25	+01:05:54	09:42
469	1641	Sandra Ribeiro	vamos nessa!!!!	Senior Feminino	01:56:49	+01:06:18	09:44
470	1468	António Manuel Lopes Gomes	mocidade invicta fc	Veterano M40	01:57:10	+01:06:39	09:46
471	1251	Benedita Barreiros	individual	Senior Feminino	01:57:25	+01:06:54	09:47
472	1394	Mohammed Moudnib	individual	Veterano M40	01:57:25	+01:06:54	09:47
473	1185	FERNANDA FRANÇA	França	Veterana F40	01:57:31	+01:07:00	09:48
474	1213	Sonia Sousa	generosos runners	Senior Feminino	01:57:42	+01:07:11	09:49
475	1457	Mónica Bandeira	mb & comp	Senior Feminino	01:57:43	+01:07:12	09:49
476	1261	Fátima Freitas	individual	Senior Feminino	01:57:44	+01:07:13	09:49
477	1430	José Silva	jfm	Veterano M40	01:57:45	+01:07:14	09:49
478	1431	Manuel Brandao	jfm	Veterano M40	01:57:45	+01:07:14	09:49
479	1246	Andrei Marques	individual	Senior Feminino	01:58:01	+01:07:30	09:50
480	1234	Nuno Miguel Patrício	grupo 46	Senior Masculino	01:58:14	+01:07:43	09:51
481	1144	susana almeida	danados	Senior Feminino	01:58:16	+01:07:45	09:51
482	1274	Mónica Alexandra Oliveira da Cunha	individual	Senior Feminino	01:58:21	+01:07:50	09:52
483	1331	Nuno Maio	individual	Senior Masculino	01:58:22	+01:07:51	09:52
484	1113	MANUEL MORGADO	clube desportivo cepsa	Veterano M40	01:58:33	+01:08:02	09:53
485	1143	MARISA VIEIRA	danados	Senior Feminino	01:58:46	+01:08:15	09:54
486	1142	ANITA SILVA	danados	Senior Feminino	01:58:46	+01:08:15	09:54
487	1037	Natalia Moreira	aliança de gandra	Veterana F40	01:58:48	+01:08:17	09:54
488	71	Ana Sousa	gondomar futsal clube	Veterana F50	01:58:52	+01:08:21	09:54
489	1226	Alexandra Barradas	gondomar futsal clube	Veterana F40	01:58:52	+01:08:21	09:54

TRAIL CURTO 12 K - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
490	1109	MARISA SILVA	clube desportivo cepsa	Senior Feminino	01:59:02	+01:08:31	09:55
491	1445	Alípio Silva	leões de tardariz trail	Senior Masculino	01:59:08	+01:08:37	09:56
492	1441	Rute Gomes	leões de tardariz trail	Senior Feminino	01:59:09	+01:08:38	09:56
493	1252	Carine Vasconcelos	individual	Senior Feminino	01:59:10	+01:08:39	09:56
494	1360	Idalina Fontes	individual	Veterana F40	01:59:10	+01:08:39	09:56
495	1507	Diogo Gonçalves	ninja team	Senior Masculino	01:59:23	+01:08:52	09:57
496	1512	Paula Gomes	ninja team	Veterana F40	01:59:24	+01:08:53	09:57
497	1357	Elsa Santos	individual	Veterana F40	01:59:44	+01:09:13	09:59
498	1061	Vera Silva	amigos sem limites	Senior Feminino	01:59:45	+01:09:14	09:59
499	1191	FILIPA SILVA	fugitivos urbanos - clínica + saúde	Senior Feminino	01:59:46	+01:09:15	09:59
500	1034	Elisabete Silva	aliança de gandra	Veterana F40	02:00:10	+01:09:39	10:01
501	1085	Maria José Vieira	btt alegria / tubani	Senior Feminino	02:00:24	+01:09:53	10:02
502	1340	Ricardo Jorge Alves Oliveira	individual	Senior Masculino	02:00:47	+01:10:16	10:04
503	1284	Susana Mateus	individual	Senior Feminino	02:00:48	+01:10:17	10:04
504	1002	Claudia Moura	10temidos	Senior Feminino	02:00:55	+01:10:24	10:05
505	1519	RAFAELA MARQUES	nocturnos de paredes	Senior Feminino	02:01:26	+01:10:55	10:07
506	1444	Tânia Santos	leões de tardariz trail	Senior Feminino	02:01:41	+01:11:10	10:08
507	1453	José Ferreira	leões de tardariz trail	Veterano M50	02:01:41	+01:11:10	10:08
508	1449	João Cardoso	leões de tardariz trail	Veterano M40	02:01:41	+01:11:10	10:08
509	1451	Damião Pontes	leões de tardariz trail	Veterano M50	02:02:18	+01:11:47	10:12
510	1253	Carla Brinco	individual	Senior Feminino	02:02:31	+01:12:01	10:13
511	1613	miguel dias	run to eat	Veterano M40	02:02:31	+01:12:01	10:13
512	1450	Sandro Oliveira	leões de tardariz trail	Veterano M40	02:02:38	+01:12:07	10:13
513	1368	Susana Silva	individual	Veterana F40	02:03:03	+01:12:33	10:15
514	1046	Maria José Peres	all about	Veterana F40	02:03:03	+01:12:33	10:15
515	1286	Teresa Catarina Ramos Santos Faria	individual	Senior Feminino	02:03:26	+01:12:55	10:17
516	1285	Tânia Sofia Cardoso Ribeiro Rebelo	individual	Senior Feminino	02:03:26	+01:12:55	10:17
517	1343	Rui Manuel Mota Fontes Rebelo	individual	Senior Masculino	02:03:26	+01:12:56	10:17
518	1547	Helder Silva	os silvas	Senior Masculino	02:03:51	+01:13:20	10:19
519	1546	Joana Silva	os silvas	Senior Feminino	02:03:51	+01:13:20	10:19
520	1221	Vitor Ganço	generosos runners	Veterano M40	02:04:11	+01:13:41	10:21
521	1647	Helena Roxo	monte dos amigos/ juventude ribeira	Veterana F40	02:04:15	+01:13:44	10:21
522	173	Marta Neves	magni 7	Veterana F40	02:04:19	+01:13:49	10:22
523	1465	Maria Carneiro	metralhas runners	Veterana F40	02:04:19	+01:13:49	10:22
524	1463	Sara Vigario	metralhas runners	Senior Feminino	02:04:20	+01:13:49	10:22
525	1415	Almerindo Freitas	individual	Veterano M60	02:05:04	+01:14:34	10:25
526	1642	Sérgio Sousa	vamos nessa!!!!	Veterano M40	02:05:30	+01:14:59	10:28
527	1597	Suzete Correia	porto sentido runners	Veterana F40	02:05:47	+01:15:17	10:29
528	1587	Raquel Martins	porto sentido runners	Senior Feminino	02:05:47	+01:15:17	10:29
529	1552	Sabrina Pedone	papatrails	Senior Feminino	02:05:53	+01:15:23	10:29
530	1314	Hugo Borges	individual	Senior Masculino	02:06:00	+01:15:30	10:30
531	1334	Paulo Neves	individual	Senior Masculino	02:06:26	+01:15:55	10:32
532	1275	Monica Borges	individual	Senior Feminino	02:07:20	+01:16:49	10:37
533	1271	Marisa borges silva	individual	Senior Feminino	02:07:20	+01:16:49	10:37
534	1086	Paula Silva	btt alegria / tubani	Senior Feminino	02:07:28	+01:16:57	10:37

TRAIL CURTO 12 K - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
535	1181	Isabel Silva	família silva	Veterana F40	02:07:36	+01:17:05	10:38
536	24	Daniela oliveira	amigas	Senior Feminino	02:07:36	+01:17:06	10:38
537	1419	Manuela Lisete Sousa Ramos	infinito	Senior Feminino	02:07:36	+01:17:06	10:38
538	1291	António Ferreira	individual	Senior Masculino	02:07:36	+01:17:06	10:38
539	25	Joana Cunha	amigas	Senior Feminino	02:07:37	+01:17:06	10:38
540	23	Ana Salgado	amigas	Senior Feminino	02:07:37	+01:17:06	10:38
541	1535	RAQUEL SOUSA	os felizes	Senior Feminino	02:07:40	+01:17:10	10:38
542	1538	FELICIDADE CARNEIRO	os felizes	Veterana F40	02:07:40	+01:17:10	10:38
543	1372	Maria Conceição Alves	individual	Veterana F50	02:07:44	+01:17:13	10:39
544	1280	Sandra Reis	individual	Senior Feminino	02:07:44	+01:17:14	10:39
545	1146	RICARDO FERREIRA	danados	Senior Masculino	02:07:46	+01:17:15	10:39
546	1005	Helder Lopes	10temidos	Senior Masculino	02:07:57	+01:17:26	10:40
547	1358	Fernanda Maria Moreira Leal	individual	Veterana F40	02:08:23	+01:17:52	10:42
548	1084	Claudia Carmo	btt alegria / tubani	Senior Feminino	02:08:23	+01:17:53	10:42
549	1560	Cristina Soares	papatrails	Veterana F40	02:08:23	+01:17:53	10:42
550	1583	José Pereira	pm	Senior Masculino	02:08:48	+01:18:17	10:44
551	1586	Ricardo Lacerda	pm	Veterano M40	02:08:48	+01:18:17	10:44
552	1147	ELSA DIAS	danados	Veterana F40	02:09:33	+01:19:02	10:48
553	1359	Francisca maria Alves Pereira	individual	Veterana F40	02:11:43	+01:21:13	10:59
554	1403	Rui Santis	individual	Veterano M40	02:11:44	+01:21:13	10:59
555	1044	Ana Reis	all about	Veterana F40	02:11:45	+01:21:14	10:59
556	1561	Sonia Marcelo	papatrails	Veterana F40	02:11:53	+01:21:22	10:59
557	1627	Paula Anjos	trinca orelhas de gato	Veterana F40	02:12:11	+01:21:41	11:01
558	1214	Vania Sousa	generosos runners	Senior Feminino	02:12:53	+01:22:23	11:04
559	1207	Ines Borges	generosos runners	Senior Feminino	02:12:53	+01:22:23	11:04
560	1479	Sonia Gilvaz	monte dos amigos/juventude ribeiras	Veterana F40	02:12:57	+01:22:27	11:05
561	1288	Virgínia Adrião	individual	Senior Feminino	02:13:08	+01:22:38	11:06
562	1321	John Brito	individual	Senior Masculino	02:13:08	+01:22:38	11:06
563	1631	Carlos Anjos	trinca orelhas de gato	Veterano M40	02:13:33	+01:23:02	11:08
564	1190	ANA MOREIRA	fugitivos urbanos - clínica + saúde	Senior Feminino	02:14:29	+01:23:58	11:12
565	1192	MANUELA SILVA	fugitivos urbanos - clínica + saúde	Senior Feminino	02:14:32	+01:24:01	11:13
566	1478	Sandra Lopes	monte dos amigos/juventude ribeiras	Veterana F40	02:14:49	+01:24:18	11:14
567	1267	Joana Maria Dias leite de Barros Marques	individual	Senior Feminino	02:14:49	+01:24:18	11:14
568	1615	Carla Martins	sawadee	Senior Feminino	02:14:52	+01:24:22	11:14
569	1616	Pedro Salgueiro	sawadee	Senior Masculino	02:14:52	+01:24:22	11:14
570	1617	Tiago Salgueiro	sawadee	Senior Masculino	02:14:53	+01:24:23	11:14
571	1473	Patricia Ferraz	monte dos amigos/juventude ribeiras	Senior Feminino	02:16:15	+01:25:44	11:21
572	1477	Paula Coutinho	monte dos amigos/juventude ribeiras	Veterana F40	02:16:15	+01:25:45	11:21
573	1476	Paula Almeida	monte dos amigos/juventude ribeiras	Veterana F40	02:16:18	+01:25:48	11:22
574	1483	Vitor Costa	monte dos amigos/juventude ribeiras	Veterano M40	02:16:22	+01:25:51	11:22
575	1193	MARTA COELHO	fugitivos urbanos - clínica + saúde	Senior Feminino	02:16:42	+01:26:12	11:24
576	1283	Susana Magalhães	individual	Senior Feminino	02:17:19	+01:26:49	11:27
577	1249	ARMANDINA PAIVA	individual	Senior Feminino	02:18:11	+01:27:40	11:31
578	1464	Marcia Pinto	metralhas runners	Veterana F40	02:19:12	+01:28:41	11:36
579	1091	Fernanda Soares	btt alegria / tubani	Veterana F40	02:22:06	+01:31:35	11:51

TRAIL CURTO 12 K - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
580	1238	Natália Pinto	gundemarus	Veterana F40	02:24:58	+01:34:28	12:05
581	1047	Susana Rito	all about	Veterana F40	02:26:07	+01:35:36	12:11
582	1350	Carla Barros	individual	Veterana F40	02:26:07	+01:35:37	12:11
583	1189	ANA BESSA	fugitivos urbanos - clínica + saúde	Senior Feminino	02:31:30	+01:40:59	12:38
584	1197	DANIEL	fugitivos urbanos - clínica + saúde	Senior Masculino	02:31:30	+01:41:00	12:38
585	1361	Manela Dias	individual	Veterana F40	02:36:29	+01:45:59	13:02
586	1115	JOSÉ TEIXEIRA	clube desportivo cepsa	Veterano M50	02:48:19	+01:57:48	14:02
587	1111	FERNANDA FERREIRA	clube desportivo cepsa	Veterana F50	02:48:19	+01:57:49	14:02
588	1006	Manuel Gonçalves	10temidos	Senior Masculino	02:53:38	+02:03:07	14:28

lap2go TIMING SOLUTION

Trail das Nozes 2016
Gondomar
30-October-2016

Trail Curto 12 K

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	16.2ºC	86%
End	12:46	24.8ºC	56%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1248	Andreia Santos	Individual	Senior Feminino	01:02:04		05:10
2	1516	Albertina Cunha	Nocturnos de Paredes	Senior Feminino	01:06:53	+04:49	05:34
3	1256	Cristiana Raquel de Sousa Ferreira	Individual	Senior Feminino	01:07:27	+05:23	05:37
4	1003	Estela Martins	10TEMIDOS	Senior Feminino	01:09:26	+07:22	05:47
5	198	Raquel Andrade	Nascidos Para Correr	Senior Feminino	01:11:54	+09:50	06:00
6	1224	Sandra Pera	GONDOMAR FUTSAL CLUBE	Senior Feminino	01:12:54	+10:50	06:05
7	1129	AnaRita Silva	CORRE TASCAS RUNNING CLUB	Senior Feminino	01:17:03	+14:59	06:25
8	1130	Carla Malheiro	CORRE TASCAS RUNNING CLUB	Senior Feminino	01:17:03	+14:59	06:25
9	1141	ANDREA CUNHA	Danados	Senior Feminino	01:17:37	+15:33	06:28
10	1070	CLAUDIA CRISTINA FERNANDES	AMOTINADOS	Senior Feminino	01:19:11	+17:07	06:36
11	1042	Dália Teixeira	All About	Senior Feminino	01:21:55	+19:51	06:50
12	1187	Andreia Ribeiro Almeida	Fridão Sem Limites	Senior Feminino	01:22:26	+20:22	06:52
13	1163	Renata Martins	Ei Team Trail	Senior Feminino	01:23:10	+21:06	06:56
14	1549	Joana Silva	PAPATRAILS	Senior Feminino	01:24:04	+22:00	07:00
15	1026	Sara Raquel Costa Rafel	Aliança de Gandra	Senior Feminino	01:24:10	+22:06	07:01
16	1025	Fernanda Machado	Aliança de Gandra	Senior Feminino	01:24:24	+22:20	07:02
17	1485	Liliana Magalhães	Mountain Runners	Senior Feminino	01:24:44	+22:40	07:04
18	1211	Patricia Teixeira	GENEROSOS RUNNERS	Senior Feminino	01:24:54	+22:50	07:05
19	1100	Marlene Martins	CENTRO CICLISTA DE GONDOMAR	Senior Feminino	01:25:06	+23:02	07:06
20	1486	Patrícia Ribeiro	Mountain Runners	Senior Feminino	01:26:39	+24:35	07:13
21	1264	Isabel Dias	Individual	Senior Feminino	01:27:14	+25:10	07:16
22	1426	Sofia Gonçalves	invictus oporto team	Senior Feminino	01:29:11	+27:07	07:26
23	1425	Sara Cardoso	invictus oporto team	Senior Feminino	01:29:26	+27:22	07:27
24	1424	Sara Barbosa	invictus oporto team	Senior Feminino	01:30:16	+28:12	07:31
25	1105	Adriana Neves	Challenge Force	Senior Feminino	01:30:20	+28:16	07:32
26	1651	Patricia Pereira	GONDOMAR FUTSAL CLUBE	Senior Feminino	01:31:54	+29:50	07:40
27	1004	Mariana Ribeiro	10TEMIDOS	Senior Feminino	01:32:00	+29:56	07:40
28	1011	Ana Campanhã	10TEMIDOS	Senior Feminino	01:32:00	+29:56	07:40
29	1496	Noelia Moreira	Nascidos Para Correr	Senior Feminino	01:33:11	+31:07	07:46
30	1023	Carla Pereira	Aliança de Gandra	Senior Feminino	01:33:12	+31:08	07:46
31	1506	Patricia Ramoa	Ninja Team	Senior Feminino	01:33:16	+31:12	07:46
32	1069	CARLA SUSANA MONTEIRO	AMOTINADOS	Senior Feminino	01:33:34	+31:30	07:48
33	1269	mara freitas	Individual	Senior Feminino	01:34:09	+32:05	07:51
34	1257	Edite Vilar	Individual	Senior Feminino	01:34:31	+32:27	07:53
35	1529	Cristiana Nogueira	ONE MORE MILE	Senior Feminino	01:34:39	+32:35	07:53
36	1168	SONIA MOREIRA	EQUIPA JOAO FERREIRA	Senior Feminino	01:34:41	+32:37	07:53
37	1255	céu cordeiro	Individual	Senior Feminino	01:34:56	+32:52	07:55
38	1265	Isabel oliveira	Individual	Senior Feminino	01:35:29	+33:25	07:57
39	1279	Sandra Ramos	Individual	Senior Feminino	01:35:39	+33:35	07:58

Trail Curto 12 K

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

40	1588	Vera Lúcia Sousa	Porto Sentido Runners	Senior Feminino	01:36:15	+34:11	08:01
41	1484	Andreia Moreira	Mountain Runners	Senior Feminino	01:36:57	+34:53	08:05
42	1487	Sandra Carvalho	Mountain Runners	Senior Feminino	01:36:57	+34:53	08:05
43	1270	Maria Silva	Individual	Senior Feminino	01:37:18	+35:14	08:07
44	1152	Tânia Rocha	Douroconta - Gabinete de Apoio e Contabilidade	Senior Feminino	01:37:33	+35:29	08:08
45	1058	Clara Teixeira	Amigos Sem Limites	Senior Feminino	01:37:43	+35:39	08:09
46	1245	Ana Sofia Espanha	Individual	Senior Feminino	01:38:14	+36:10	08:11
47	1518	Eva Moreira	Nocturnos de Paredes	Senior Feminino	01:38:16	+36:12	08:11
48	1571	Gabriela Bi Madeira	PIPO	Senior Feminino	01:38:30	+36:26	08:13
49	1575	Patrícia Sanches	Pit Power	Senior Feminino	01:38:49	+36:45	08:14
50	1551	Mónica Magalhães	PAPATRAILS	Senior Feminino	01:39:22	+37:18	08:17
51	1277	Paula Martins	Individual	Senior Feminino	01:39:26	+37:22	08:17
52	1488	Sónia Silva	Mountain Runners	Senior Feminino	01:39:39	+37:35	08:18
53	1281	Sónia Pereira	Individual	Senior Feminino	01:39:57	+37:53	08:20
54	1205	Claudia Coelho	GENEROSOS RUNNERS	Senior Feminino	01:40:30	+38:26	08:23
55	1471	Andreia Dias	Monte dos Amigos/Juventude Ribeiras	Senior Feminino	01:41:11	+39:07	08:26
56	1272	Marta Alexandra Silva Moreira	Individual	Senior Feminino	01:41:41	+39:37	08:28
57	1161	Márcia Coelho	Ei Team Trail	Senior Feminino	01:41:57	+39:53	08:30
58	1022	Ângela Gomes	Aliança de Gandra	Senior Feminino	01:42:06	+40:02	08:31
59	1548	Estela Oliveira	PAPATRAILS	Senior Feminino	01:42:26	+40:22	08:32
60	1206	Cristiana Coelho	GENEROSOS RUNNERS	Senior Feminino	01:42:50	+40:46	08:34
61	1060	Liliana Loureiro	Amigos Sem Limites	Senior Feminino	01:43:05	+41:01	08:35
62	1266	Joana Almeida	Individual	Senior Feminino	01:43:48	+41:44	08:39
63	1550	Mafalda Alves	PAPATRAILS	Senior Feminino	01:44:17	+42:13	08:41
64	1166	INES RIBEIRO	EQUIPA JOAO FERREIRA	Senior Feminino	01:44:18	+42:14	08:42
65	1131	Carmen Ferreira	CORRE TASCAS RUNNING CLUB	Senior Feminino	01:44:46	+42:42	08:44
66	1282	SUSANA LATOURRETTE	Individual	Senior Feminino	01:44:51	+42:47	08:44
67	1422	Ana Barbosa	invictus oporto team	Senior Feminino	01:44:52	+42:48	08:44
68	1491	CARLA MARAVILHAS	MSS CONTABILIDADE	Senior Feminino	01:45:25	+43:21	08:47
69	1247	Andreia Leite	Individual	Senior Feminino	01:45:37	+43:33	08:48
70	1438	Ana Soraia silva	Kitty team	Senior Feminino	01:46:25	+44:21	08:52
71	1259	Fátima Almeida	Individual	Senior Feminino	01:46:54	+44:50	08:55
72	1017	Sara Silva	2 Dance	Senior Feminino	01:46:54	+44:50	08:55
73	1455	Carla Neves	Maugénio	Senior Feminino	01:47:06	+45:02	08:56
74	1456	Noémia Pinto	Maugénio	Senior Feminino	01:47:06	+45:02	08:56
75	1287	VANESSA DIAS	Individual	Senior Feminino	01:47:10	+45:06	08:56
76	1117	Elsa Ribeiro	Clube Galp energia	Senior Feminino	01:47:13	+45:09	08:56
77	1423	Joana Silva	invictus oporto team	Senior Feminino	01:47:33	+45:29	08:58
78	1653	Joana Silva	PAPATRAILS	Senior Feminino	01:47:33	+45:29	08:58
79	1151	Lilia Santos	Douroconta - Gabinete de Apoio e Contabilidade	Senior Feminino	01:48:26	+46:22	09:02
80	1150	Célia Guilherme	Douroconta - Gabinete de Apoio e Contabilidade	Senior Feminino	01:48:26	+46:22	09:02
81	1024	Celina Ferreira	Aliança de Gandra	Senior Feminino	01:48:32	+46:28	09:03
82	1196	VERA MENDES	Fugitivos Urbanos - Clínica + Saúde	Senior Feminino	01:48:38	+46:34	09:03

Trail Curto 12 K

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

83	1462	Sandra Sa Novo	Metralhas Runners	Senior Feminino	01:48:38	+46:34	09:03
84	1250	Barbara Cruz	Individual	Senior Feminino	01:49:19	+47:15	09:07
85	1258	Elisabete ribeiro	Individual	Senior Feminino	01:49:20	+47:16	09:07
86	1460	Joana Silva	Metralhas Runners	Senior Feminino	01:49:25	+47:21	09:07
87	1244	Ana Lages	Individual	Senior Feminino	01:49:26	+47:22	09:07
88	1278	Rita Lei	Individual	Senior Feminino	01:49:26	+47:22	09:07
89	1041	Carla Cardoso	All About	Senior Feminino	01:49:31	+47:27	09:08
90	1268	Liliana Marques	Individual	Senior Feminino	01:49:40	+47:36	09:08
91	1505	Márcia Santos	Ninja Team	Senior Feminino	01:50:47	+48:43	09:14
92	1568	Ana Canez	Pernetas	Senior Feminino	01:53:06	+51:02	09:26
93	1569	Catarina Alexandra Pinto Nogueira	Pernetas	Senior Feminino	01:53:06	+51:02	09:26
94	1167	INES SOARES	EQUIPA JOAO FERREIRA	Senior Feminino	01:53:46	+51:42	09:29
95	1195	SOFIA COELHO	Fugitivos Urbanos - Clínica + Saúde	Senior Feminino	01:53:57	+51:53	09:30
96	1194	SANDRA SILVA	Fugitivos Urbanos - Clínica + Saúde	Senior Feminino	01:53:57	+51:53	09:30
97	1208	Isabel Rocha	GENEROSOS RUNNERS	Senior Feminino	01:54:08	+52:04	09:31
98	1223	Patrícia Santos	GONDOMAR FUTSAL CLUBE	Senior Feminino	01:55:46	+53:42	09:39
99	1212	Sofia Tadeu	GENEROSOS RUNNERS	Senior Feminino	01:55:49	+53:45	09:39
100	1210	Natercia Teixeira	GENEROSOS RUNNERS	Senior Feminino	01:55:49	+53:45	09:39
101	1254	carla marinho	Individual	Senior Feminino	01:55:50	+53:46	09:39
102	1260	Fátima Ferreira	Individual	Senior Feminino	01:56:06	+54:02	09:41
103	1641	Sandra Ribeiro	Vamos nessa!!!!	Senior Feminino	01:56:49	+54:45	09:44
104	1251	Benedita Barreiros	Individual	Senior Feminino	01:57:25	+55:21	09:47
105	1213	Sonia Sousa	GENEROSOS RUNNERS	Senior Feminino	01:57:42	+55:38	09:49
106	1457	Mónica Bandeira	MB & Comp	Senior Feminino	01:57:43	+55:39	09:49
107	1261	Fátima Freitas	Individual	Senior Feminino	01:57:44	+55:40	09:49
108	1246	Andrei Marques	Individual	Senior Feminino	01:58:01	+55:57	09:50
109	1144	susana almeida	Danados	Senior Feminino	01:58:16	+56:12	09:51
110	1274	Mónica Alexandra Oliveira da Cunha	Individual	Senior Feminino	01:58:21	+56:17	09:52
111	1143	MARISA VIEIRA	Danados	Senior Feminino	01:58:46	+56:42	09:54
112	1142	ANITA SILVA	Danados	Senior Feminino	01:58:46	+56:42	09:54
113	1109	MARISA SILVA	Clube Desportivo Cepsa	Senior Feminino	01:59:02	+56:58	09:55
114	1441	Rute Gomes	LEõES DE TARDARIZ TRAIL	Senior Feminino	01:59:09	+57:05	09:56
115	1252	Carine Vasconcelos	Individual	Senior Feminino	01:59:10	+57:06	09:56
116	1061	Vera Silva	Amigos Sem Limites	Senior Feminino	01:59:45	+57:41	09:59
117	1191	FILIPA SILVA	Fugitivos Urbanos - Clínica + Saúde	Senior Feminino	01:59:46	+57:42	09:59
118	1085	Maria José Vieira	BTT Alegria / TUBANI	Senior Feminino	02:00:24	+58:20	10:02
119	1284	Susana Mateus	Individual	Senior Feminino	02:00:48	+58:44	10:04
120	1002	Claudia Moura	10TEMIDOS	Senior Feminino	02:00:55	+58:51	10:05
121	1519	RAFAELA MARQUES	Nocturnos de Paredes	Senior Feminino	02:01:26	+59:22	10:07
122	1444	Tânia Santos	LEõES DE TARDARIZ TRAIL	Senior Feminino	02:01:41	+59:37	10:08
123	1253	Carla Brinco	Individual	Senior Feminino	02:02:31	+01:00:28	10:13
124	1286	Teresa Catarina Ramos Santos Faria	Individual	Senior Feminino	02:03:26	+01:01:22	10:17
125	1285	Tânia Sofia Cardoso Ribeiro Rebelo	Individual	Senior Feminino	02:03:26	+01:01:22	10:17
126	1546	Joana Silva	OS SILVAS	Senior Feminino	02:03:51	+01:01:47	10:19

Trail Curto 12 K

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

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127	1463	Sara Vigario	Metralhas Runners	Senior Feminino	02:04:20	+01:02:16	10:22
128	1587	Raquel Martins	Porto Sentido Runners	Senior Feminino	02:05:47	+01:03:44	10:29
129	1552	Sabrina Pedone	PAPATRAILS	Senior Feminino	02:05:53	+01:03:50	10:29
130	1275	Monica Borges	Individual	Senior Feminino	02:07:20	+01:05:16	10:37
131	1271	Marisa borges silva	Individual	Senior Feminino	02:07:20	+01:05:16	10:37
132	1086	Paula Silva	BTT Alegria / TUBANI	Senior Feminino	02:07:28	+01:05:24	10:37
133	24	Daniela oliveira	AMIGAS	Senior Feminino	02:07:36	+01:05:33	10:38
134	1419	Manuela Lisete Sousa Ramos	infinito	Senior Feminino	02:07:36	+01:05:33	10:38
135	25	Joana Cunha	AMIGAS	Senior Feminino	02:07:37	+01:05:33	10:38
136	23	Ana Salgado	AMIGAS	Senior Feminino	02:07:37	+01:05:33	10:38
137	1535	RAQUEL SOUSA	OS FELIZES	Senior Feminino	02:07:40	+01:05:37	10:38
138	1280	Sandra Reis	Individual	Senior Feminino	02:07:44	+01:05:41	10:39
139	1084	Claudia Carmo	BTT Alegria / TUBANI	Senior Feminino	02:08:23	+01:06:20	10:42
140	1214	Vania Sousa	GENEROSOS RUNNERS	Senior Feminino	02:12:53	+01:10:50	11:04
141	1207	Ines Borges	GENEROSOS RUNNERS	Senior Feminino	02:12:53	+01:10:50	11:04
142	1288	Virgínia Adrião	Individual	Senior Feminino	02:13:08	+01:11:05	11:06
143	1190	ANA MOREIRA	Fugitivos Urbanos - Clínica + Saúde	Senior Feminino	02:14:29	+01:12:25	11:12
144	1192	MANUELA SILVA	Fugitivos Urbanos - Clínica + Saúde	Senior Feminino	02:14:32	+01:12:28	11:13
145	1267	Joana Maria Dias leite de Barros Marques	Individual	Senior Feminino	02:14:49	+01:12:45	11:14
146	1615	Carla Martins	Sawadee	Senior Feminino	02:14:52	+01:12:49	11:14
147	1473	Patricia Ferraz	Monte dos Amigos/Juventude Ribeiras	Senior Feminino	02:16:15	+01:14:11	11:21
148	1193	MARTA COELHO	Fugitivos Urbanos - Clínica + Saúde	Senior Feminino	02:16:42	+01:14:39	11:24
149	1283	Susana Magalhães	Individual	Senior Feminino	02:17:19	+01:15:16	11:27
150	1249	ARMANDINA PAIVA	Individual	Senior Feminino	02:18:11	+01:16:07	11:31
151	1189	ANA BESSA	Fugitivos Urbanos - Clínica + Saúde	Senior Feminino	02:31:30	+01:29:26	12:38

Senior Masculino

1	1297	Bruno Silva	AFACYCLES	Senior Masculino	50:31		04:13
2	1102	Miguel Neves	CENTRO CICLISTA DE GONDOMAR	Senior Masculino	53:08	+02:37	04:26
3	1155	Rui Gomes	Douroconta - Gabinete de Apoio e Contabilidade	Senior Masculino	53:33	+03:02	04:28
4	1156	Tiago Pinto	Douroconta - Gabinete de Apoio e Contabilidade	Senior Masculino	53:57	+03:26	04:30
5	1439	Ivan Silva	Individual	Senior Masculino	57:05	+06:34	04:45
6	1494	SÉRGIO SILVA	MSS CONTABILIDADE	Senior Masculino	58:17	+07:46	04:51
7	1338	Rafael campos dos santos	Individual	Senior Masculino	58:57	+08:26	04:55
8	1446	Josué Moreira	LEõES DE TARDARIZ TRAIL	Senior Masculino	01:00:16	+09:45	05:01
9	1154	Ricardo Barros	Douroconta - Gabinete de Apoio e Contabilidade	Senior Masculino	01:00:44	+10:13	05:04
10	1101	Miguel Martins	CENTRO CICLISTA DE GONDOMAR	Senior Masculino	01:00:57	+10:26	05:05

Trail Curto 12 K

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

11	1153	Bruno Santos	Douroconta - Gabinete de Apoio e Contabilidade	Senior Masculino	01:01:11	+10:40	05:06
12	1591	Pedro Silva	Porto Sentido Runners	Senior Masculino	01:01:57	+11:26	05:10
13	1296	Bruno Rocha	Individual	Senior Masculino	01:04:40	+14:09	05:23
14	1623	João Oliveira	Trinca Orelhas de Gato	Senior Masculino	01:04:41	+14:10	05:23
15	1132	Albino Silva	CORRE TASCAS RUNNING CLUB	Senior Masculino	01:04:41	+14:10	05:23
16	1333	Paulo António Cunha Ferreira	Individual	Senior Masculino	01:05:15	+14:44	05:26
17	1188	Ricardo Miguel Magalhães Nunes	Fridão Sem Limites	Senior Masculino	01:05:40	+15:09	05:28
18	1625	Pedro Sousa	Trinca Orelhas de Gato	Senior Masculino	01:05:46	+15:15	05:29
19	1177	João Araújo	Ermentão	Senior Masculino	01:06:17	+15:46	05:31
20	1294	Bruno Fernando Lima Vieira	Individual	Senior Masculino	01:06:27	+15:56	05:32
21	1008	Valter Gouveia	10TEMIDOS	Senior Masculino	01:06:33	+16:02	05:33
22	1327	Mario Taborda	Individual	Senior Masculino	01:07:20	+16:49	05:37
23	1293	Bruno Daniel Carvalho Castro	Individual	Senior Masculino	01:09:02	+18:31	05:45
24	1312	Helder Cruz	Individual	Senior Masculino	01:09:16	+18:45	05:46
25	1027	Hélder Moreira	Aliança de Gandra	Senior Masculino	01:09:26	+18:55	05:47
26	1427	Angelo Vaz	invictus oporto team	Senior Masculino	01:09:52	+19:21	05:49
27	1090	Ricardo Barbosa	BTT Alegria / TUBANI	Senior Masculino	01:10:05	+19:34	05:50
28	1145	CARLOS BARBOSA	Danados	Senior Masculino	01:10:12	+19:41	05:51
29	1645	Emanuel Fundo	Monte dos Amigos/ Juventude Ribeira	Senior Masculino	01:10:46	+20:15	05:54
30	1304	Ernesto Barbosa	Individual	Senior Masculino	01:10:53	+20:22	05:54
31	1554	Bruno Martins	PAPATRAILS	Senior Masculino	01:11:01	+20:30	05:55
32	1054	Vitor Rafael Sousa Moreira	Amigos do Pedal TraiLagares	Senior Masculino	01:11:13	+20:42	05:56
33	1317	Hugo pinto rocha	Individual	Senior Masculino	01:11:16	+20:45	05:56
34	1328	Miguel Ângelo de Oliveira Pinto	Individual	Senior Masculino	01:11:42	+21:11	05:59
35	1134	Nuno Gonçalves	CORRE TASCAS RUNNING CLUB	Senior Masculino	01:11:52	+21:21	05:59
36	1510	Ruben Gonçalves	Ninja Team	Senior Masculino	01:12:23	+21:52	06:02
37	1135	Nuno Meireles	CORRE TASCAS RUNNING CLUB	Senior Masculino	01:12:46	+22:15	06:04
38	1344	Rui Pedro Lima dos Santos Mota	Individual	Senior Masculino	01:12:46	+22:15	06:04
39	1029	Ricardo Peres	Aliança de Gandra	Senior Masculino	01:12:55	+22:24	06:05
40	1323	Jorge Ferreirinha	Individual	Senior Masculino	01:13:25	+22:54	06:07
41	1133	António Silva	CORRE TASCAS RUNNING CLUB	Senior Masculino	01:13:26	+22:55	06:07
42	1336	Pedro Alexandre Silva Mota	Individual	Senior Masculino	01:13:29	+22:58	06:07
43	1298	Carlos Sousa	Individual	Senior Masculino	01:13:36	+23:05	06:08
44	1019	Pedro Vieira	A.D.Sebolido Trail Boneca D`Ouro	Senior Masculino	01:13:42	+23:11	06:09
45	1311	Helder Antonio de Oliveira Mendes	Individual	Senior Masculino	01:13:50	+23:19	06:09
46	1589	Bruno Ricardo Marques Guedes	Porto Sentido Runners	Senior Masculino	01:14:28	+23:57	06:12
47	1490	Rui Rodrigues	Mountain Runners	Senior Masculino	01:14:35	+24:04	06:13
48	1324	jose alexandre teixeira pinto	Individual	Senior Masculino	01:15:00	+24:29	06:15
49	1626	Vicente Sousa	Trinca Orelhas de Gato	Senior Masculino	01:15:21	+24:50	06:17
50	1080	Nelson Azevedo	Azevedos	Senior Masculino	01:15:23	+24:52	06:17
51	1201	NUNO FERREIRA	Fugitivos Urbanos - Clínica + Saúde	Senior Masculino	01:15:33	+25:02	06:18
52	1318	João conceição	Individual	Senior Masculino	01:15:41	+25:10	06:18
53	1341	Ricardo Martins	Individual	Senior Masculino	01:15:41	+25:10	06:18
54	1237	Jorge Borges	GTT - ARMAZÉM DO CAFFÈ	Senior Masculino	01:15:45	+25:14	06:19

Trail Curto 12 K

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

55	1433	Fernando Azevedo	KeMedo Team	Senior Masculino	01:16:08	+25:37	06:21
56	1202	SÉRGIO SILVA	Fugitivos Urbanos - Clínica + Saúde	Senior Masculino	01:16:26	+25:55	06:22
57	1241	Filipe Oliveira	IMPERADORES	Senior Masculino	01:16:32	+26:01	06:23
58	1242	Nuno Silva	IMPERADORES	Senior Masculino	01:16:33	+26:02	06:23
59	1137	Rui Mota	CORRE TASCAS RUNNING CLUB	Senior Masculino	01:16:58	+26:27	06:25
60	1088	Daniel Sousa	BTT Alegria / TUBANI	Senior Masculino	01:16:59	+26:28	06:25
61	1200	Hugo Oliveira	Fugitivos Urbanos - Clínica + Saúde	Senior Masculino	01:17:07	+26:36	06:26
62	1079	Angelo Azevedo	Azevedos	Senior Masculino	01:17:17	+26:46	06:26
63	1326	Manuel Ricardo Lúcio de Carvalho	Individual	Senior Masculino	01:17:43	+27:12	06:29
64	1345	Rui Sousa	Individual	Senior Masculino	01:18:54	+28:23	06:35
65	1590	Filipe Maria	Porto Sentido Runners	Senior Masculino	01:19:22	+28:51	06:37
66	1057	joão fonseca	amigos s.pedro da cova	Senior Masculino	01:19:23	+28:52	06:37
67	175	Marco Peixoto	MJS RUNNERS	Senior Masculino	01:20:00	+29:29	06:40
68	1136	Rui DeMatos	CORRE TASCAS RUNNING CLUB	Senior Masculino	01:20:09	+29:38	06:41
69	1032	Sérgio Pereira	Aliança de Gandra	Senior Masculino	01:20:10	+29:39	06:41
70	1349	Vitinho	Individual	Senior Masculino	01:20:18	+29:47	06:42
71	1313	Helder Manuel Moreira Teles	Individual	Senior Masculino	01:20:21	+29:50	06:42
72	1043	Ricardo Oliveira	All About	Senior Masculino	01:20:28	+29:57	06:42
73	1624	Luís Morata	Trinca Orelhas de Gato	Senior Masculino	01:20:36	+30:05	06:43
74	1434	Flavio Andre Silva	KeMedo Team	Senior Masculino	01:21:08	+30:37	06:46
75	1031	Roberto Moreira	Aliança de Gandra	Senior Masculino	01:21:30	+30:59	06:48
76	1305	Fábio Pereira	Individual	Senior Masculino	01:21:47	+31:16	06:49
77	1319	João Manuel de Carvalho Teles Rodrigues	Individual	Senior Masculino	01:21:48	+31:17	06:49
78	1649	Rui Sousa	Mountain runners	Senior Masculino	01:21:49	+31:18	06:49
79	1089	Pedro Pestana	BTT Alegria / TUBANI	Senior Masculino	01:22:39	+32:08	06:53
80	1531	Helder Magalhães	ONE MORE MILE	Senior Masculino	01:22:55	+32:24	06:55
81	1199	HUGO DANIEL	Fugitivos Urbanos - Clínica + Saúde	Senior Masculino	01:22:59	+32:28	06:55
82	1315	Hugo Mendes	Individual	Senior Masculino	01:23:28	+32:57	06:57
83	1329	Miguel Sousa	Individual	Senior Masculino	01:23:33	+33:02	06:58
84	1093	DAVID TEIXEIRA	C+ RUNNERS	Senior Masculino	01:23:39	+33:08	06:58
85	1308	Frederico Costa	Individual	Senior Masculino	01:24:05	+33:34	07:00
86	1007	Tiago Castro	10TEMIDOS	Senior Masculino	01:25:10	+34:39	07:06
87	1530	Emanuel Dias	ONE MORE MILE	Senior Masculino	01:25:33	+35:02	07:08
88	1557	Sergio Santos	PAPATRAILS	Senior Masculino	01:25:58	+35:27	07:10
89	1064	Tó Faria	Amigos Sem Limites	Senior Masculino	01:26:28	+35:57	07:12
90	1290	André Freitas	Individual	Senior Masculino	01:27:55	+37:24	07:20
91	1198	DANIEL SILVA	Fugitivos Urbanos - Clínica + Saúde	Senior Masculino	01:28:01	+37:30	07:20
92	1030	Ricardo Rocha	Aliança de Gandra	Senior Masculino	01:28:06	+37:35	07:21
93	1348	Tito José Sousa Abreu	Individual	Senior Masculino	01:28:27	+37:56	07:22
94	1492	IBRAIM SOUSA	MSS CONTABILIDADE	Senior Masculino	01:29:05	+38:34	07:25
95	1307	Flávio Miguel Gomes Teixeira	Individual	Senior Masculino	01:29:27	+38:56	07:27
96	18	Vitor Cavadas	All About	Senior Masculino	01:29:29	+38:58	07:27
97	1106	Leonel Silva	Challenge Force	Senior Masculino	01:30:06	+39:35	07:31

Trail Curto 12 K

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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98	1322	Jorge A Silva	Individual	Senior Masculino	01:30:36	+40:05	07:33
99	1592	Vitor Martins	Porto Sentido Runners	Senior Masculino	01:30:59	+40:28	07:35
100	1169	PEDRO GOMES	EQUIPA JOAO FERREIRA	Senior Masculino	01:30:59	+40:28	07:35
101	54	João Ferreira	EQUIPA JOAO FERREIRA	Senior Masculino	01:31:00	+40:29	07:35
102	1309	germano Manuel Nunes de Sousa	Individual	Senior Masculino	01:31:10	+40:39	07:36
103	1435	Pedro Duarte	KeMedo Team	Senior Masculino	01:31:11	+40:40	07:36
104	1110	PAULO BRANDÃO	Clube Desportivo Cepsa	Senior Masculino	01:33:34	+43:03	07:48
105	1346	Sérgio Pereira	Individual	Senior Masculino	01:34:08	+43:37	07:51
106	1299	Carlos Teixeira	Individual	Senior Masculino	01:34:51	+44:20	07:54
107	1063	Diogo Barbosa	Amigos Sem Limites	Senior Masculino	01:34:58	+44:27	07:55
108	1300	Carvalho LUSOS XXI	Individual	Senior Masculino	01:35:47	+45:16	07:59
109	1301	Daniel LUSOS XXI	Individual	Senior Masculino	01:35:48	+45:17	07:59
110	1533	lindolfo Sol	Os Bora Lá Andar	Senior Masculino	01:36:20	+45:49	08:02
111	1243	Nuno Teixeira	IMPERADORES	Senior Masculino	01:36:21	+45:50	08:02
112	1489	Ricardo Couto	Mountain Runners	Senior Masculino	01:36:57	+46:26	08:05
113	1087	Carlos Vieira	BTT Alegria / TUBANI	Senior Masculino	01:37:33	+47:02	08:08
114	1342	Rui Correia	Individual	Senior Masculino	01:38:04	+47:33	08:10
115	1501	ANGELO FERNANDO RAMOS FERNANDES	NAVEGANTES	Senior Masculino	01:39:22	+48:51	08:17
116	1558	Vitor Teixeira	PAPATRAILS	Senior Masculino	01:39:25	+48:54	08:17
117	1454	Daniel José Mesquita Andrade	M&M	Senior Masculino	01:41:06	+50:35	08:26
118	1474	Tiago Neiva	Monte dos Amigos/Juventude Ribeiras	Senior Masculino	01:41:26	+50:55	08:27
119	1525	Luís Vieira	Not Fast, Just Furious	Senior Masculino	01:41:40	+51:09	08:28
120	1330	Narciso Gomes	Individual	Senior Masculino	01:41:41	+51:10	08:28
121	1440	Antonio rocha	Kitty team	Senior Masculino	01:41:56	+51:25	08:30
122	1339	Ricardo Couto	Individual	Senior Masculino	01:42:03	+51:32	08:30
123	1095	Marco Martins	Câmara Municipal Gondomar	Senior Masculino	01:43:01	+52:30	08:35
124	1644	Hélder Figueiredo	Câmara Municipal Gondomar	Senior Masculino	01:43:01	+52:30	08:35
125	1493	IGOR PEREIRA	MSS CONTABILIDADE	Senior Masculino	01:43:37	+53:06	08:38
126	1556	Pedro Rangel	PAPATRAILS	Senior Masculino	01:44:17	+53:46	08:41
127	1555	Fernando Magalhaes	PAPATRAILS	Senior Masculino	01:44:17	+53:46	08:41
128	1428	Jorge Lima	invictus oporto team	Senior Masculino	01:44:54	+54:23	08:45
129	1509	Michael Silvia	Ninja Team	Senior Masculino	01:45:53	+55:22	08:49
130	1337	Pedro Gil Almeida	Individual	Senior Masculino	01:45:57	+55:26	08:50
131	1292	Artur Fonseca	Individual	Senior Masculino	01:46:32	+56:01	08:53
132	1018	José Gama	2 Dance	Senior Masculino	01:46:54	+56:23	08:55
133	1520	Francisco Cortez Marques	Nocturnos de Paredes	Senior Masculino	01:47:05	+56:34	08:55
134	1121	Rui Sequeira	Clube Galp energia	Senior Masculino	01:47:13	+56:42	08:56
135	1062	Alcino Silva	Amigos Sem Limites	Senior Masculino	01:47:54	+57:23	09:00
136	1429	Paulo Amorim	invictus oporto team	Senior Masculino	01:48:02	+57:31	09:00
137	1162	Filipe Pinto	Ei Team Trail	Senior Masculino	01:48:35	+58:04	09:03
138	1303	Diogo Parente	Individual	Senior Masculino	01:50:05	+59:34	09:10
139	1536	JORGE CALDAS	OS FELIZES	Senior Masculino	01:50:13	+59:42	09:11
140	1508	Fernando Nascimento	Ninja Team	Senior Masculino	01:50:46	+01:00:15	09:14
141	1306	Fernando lopes	Individual	Senior Masculino	01:51:41	+01:01:10	09:18
142	1545	Rui Bastos	Os papa-abastecimentos	Senior Masculino	01:55:18	+01:04:47	09:37

Trail Curto 12 K

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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143	1544	José Teixeira	Os papa-abastecimentos	Senior Masculino	01:55:19	+01:04:48	09:37
144	1310	Gilberto Ferreira	Individual	Senior Masculino	01:56:06	+01:05:35	09:41
145	1289	Alexandre Teles	Individual	Senior Masculino	01:56:25	+01:05:54	09:42
146	1234	Nuno Miguel Patrício	Grupo 46	Senior Masculino	01:58:14	+01:07:43	09:51
147	1331	Nuno Maio	Individual	Senior Masculino	01:58:22	+01:07:51	09:52
148	1445	Alípio Silva	LEõES DE TARDARIZ TRAIL	Senior Masculino	01:59:08	+01:08:37	09:56
149	1507	Diogo Gonçalves	Ninja Team	Senior Masculino	01:59:23	+01:08:52	09:57
150	1340	Ricardo Jorge Alves Oliveira	Individual	Senior Masculino	02:00:47	+01:10:16	10:04
151	1343	Rui Manuel Mota Fontes Rebelo	Individual	Senior Masculino	02:03:26	+01:12:56	10:17
152	1547	Helder Silva	OS SILVAS	Senior Masculino	02:03:51	+01:13:20	10:19
153	1314	Hugo Borges	Individual	Senior Masculino	02:06:00	+01:15:30	10:30
154	1334	Paulo Neves	Individual	Senior Masculino	02:06:26	+01:15:55	10:32
155	1291	António Ferreira	Individual	Senior Masculino	02:07:36	+01:17:06	10:38
156	1146	RICARDO FERREIRA	Danados	Senior Masculino	02:07:46	+01:17:15	10:39
157	1005	Helder Lopes	10TEMIDOS	Senior Masculino	02:07:57	+01:17:26	10:40
158	1583	José Pereira	PM	Senior Masculino	02:08:48	+01:18:17	10:44
159	1321	John Brito	Individual	Senior Masculino	02:13:08	+01:22:38	11:06
160	1616	Pedro Salgueiro	Sawadee	Senior Masculino	02:14:52	+01:24:22	11:14
161	1617	Tiago Salgueiro	Sawadee	Senior Masculino	02:14:53	+01:24:23	11:14
162	1197	DANIEL	Fugitivos Urbanos - Clínica + Saúde	Senior Masculino	02:31:30	+01:41:00	12:38
163	1006	Manuel Gonçalves	10TEMIDOS	Senior Masculino	02:53:38	+02:03:07	14:28

Veterana F40

1	1609	Maria Ribeiro	Queiroz Team/ NOKAROL	Veterana F40	01:17:42		06:29
2	1081	Sandra Cardoso	Baguim runners	Veterana F40	01:17:48	+00:06	06:29
3	1595	Luísa Marques	Porto Sentido Runners	Veterana F40	01:20:12	+02:30	06:41
4	1620	Salomé Leitão	SEMPRE EM FORMA	Veterana F40	01:20:17	+02:35	06:41
5	1367	susana coelho	Individual	Veterana F40	01:20:33	+02:51	06:43
6	1511	Marta Sousa	Ninja Team	Veterana F40	01:21:17	+03:35	06:46
7	1160	Alice Sousa	DR. MERINO/NUTRIFIT	Veterana F40	01:21:52	+04:10	06:49
8	1619	Fernanda Nunes	SEMPRE EM FORMA	Veterana F40	01:22:50	+05:08	06:54
9	1618	Amélia Taipa Andrade	SEMPRE EM FORMA	Veterana F40	01:23:51	+06:09	06:59
10	1498	Sandra Amorin	Nascidos Para Correr	Veterana F40	01:24:15	+06:33	07:01
11	1594	Elisabete Loureiro	Porto Sentido Runners	Veterana F40	01:24:24	+06:42	07:02
12	1643	Carla Lopes	Individual	Veterana F40	01:24:45	+07:03	07:04
13	1596	Paula Coutinho	Porto Sentido Runners	Veterana F40	01:25:52	+08:10	07:09
14	1607	Celeste Silva	Quebra_Galhos	Veterana F40	01:26:34	+08:52	07:13
15	1521	Fernanda Leão	Nocturnos de Paredes	Veterana F40	01:26:58	+09:16	07:15
16	1204	armandina Torres	GDCT INCM	Veterana F40	01:29:03	+11:21	07:25
17	1352	CLÁUDIA PATRÍCIA PEREIRA ALVES LIMA	Individual	Veterana F40	01:30:36	+12:54	07:33
18	1362	Manuela Monteiro	Individual	Veterana F40	01:30:37	+12:55	07:33
19	1366	Salete Maria Mendes Soares	Individual	Veterana F40	01:30:48	+13:06	07:34
20	1363	Maria de Fátima Marques Ribeiro	Individual	Veterana F40	01:31:29	+13:47	07:37
21	1593	Cidália Soares	Porto Sentido Runners	Veterana F40	01:32:45	+15:03	07:44

Trail Curto 12 K

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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22	1148	Cristina Mota	DENTAL DOCTORS Team	Veterana F40	01:32:53	+15:11	07:44
23	1123	sónia Pereira	Clube Galp energia	Veterana F40	01:34:06	+16:24	07:51
24	1559	Ana Alves	PAPATRAILS	Veterana F40	01:34:41	+16:59	07:53
25	55	CLAUDIA CUNHA	EQUIPA JOAO FERREIRA	Veterana F40	01:35:24	+17:42	07:57
26	1364	Maria Fernanda Ferreira Carvalho	Individual	Veterana F40	01:35:31	+17:49	07:58
27	1038	Verónica Fontes	Aliança de Gandra	Veterana F40	01:36:48	+19:06	08:04
28	1035	Fernanda Leal	Aliança de Gandra	Veterana F40	01:36:48	+19:06	08:04
29	1033	Carla Sousa	Aliança de Gandra	Veterana F40	01:37:31	+19:49	08:08
30	1173	MARIA FONSECA	EQUIPA JOAO FERREIRA	Veterana F40	01:37:31	+19:49	08:08
31	1171	GORETI VARELA	EQUIPA JOAO FERREIRA	Veterana F40	01:37:34	+19:52	08:08
32	1009	Carmen Sousa	10TEMIDOS	Veterana F40	01:41:00	+23:18	08:25
33	1646	Eva Riberiro	Monte dos Amigos/ Juventude Ribeira	Veterana F40	01:41:11	+23:29	08:26
34	1572	Márcia Bi Madeira	PIPO	Veterana F40	01:41:56	+24:14	08:30
35	1078	Lurdes moreira	AS BELAS E ELES	Veterana F40	01:42:51	+25:09	08:34
36	1071	GUILHERMINA TEMPORAO	AMOTINADOS	Veterana F40	01:43:32	+25:50	08:38
37	1099	Branca Nabais	CCDFPJP	Veterana F40	01:43:55	+26:13	08:40
38	1170	CELIA AROSO	EQUIPA JOAO FERREIRA	Veterana F40	01:44:00	+26:18	08:40
39	1126	Dulce Morêda	Clube Zupper	Veterana F40	01:45:07	+27:25	08:46
40	1578	Elsa Leite	Pit Power	Veterana F40	01:45:55	+28:13	08:50
41	1021	Miguela Monteiro	Afrikanrunners	Veterana F40	01:46:15	+28:33	08:51
42	1355	Eduarda Maria Vieira Magalhães Freitas	Individual	Veterana F40	01:46:37	+28:55	08:53
43	1217	Carla Pimentel	GENEROSOS RUNNERS	Veterana F40	01:46:37	+28:55	08:53
44	1036	Fernanda Oliveira	Aliança de Gandra	Veterana F40	01:48:32	+30:50	09:03
45	1045	Elisabete Melo	All About	Veterana F40	01:49:31	+31:49	09:08
46	1579	Graça Farelo	Pit Power	Veterana F40	01:50:38	+32:56	09:13
47	1218	Manuela Rosas	GENEROSOS RUNNERS	Veterana F40	01:51:52	+34:10	09:19
48	1010	Lilia Sá	10TEMIDOS	Veterana F40	01:52:18	+34:36	09:22
49	1570	Fátima Meinedo	Pernetas	Veterana F40	01:53:06	+35:24	09:26
50	1475	Elsa Fernandes	Monte dos Amigos/Juventude Ribeiras	Veterana F40	01:53:13	+35:31	09:26
51	1480	Sonia Silva	Monte dos Amigos/Juventude Ribeiras	Veterana F40	01:53:13	+35:31	09:26
52	1356	eduarda mesquita	Individual	Veterana F40	01:53:13	+35:31	09:26
53	1215	Ana Paula Ferreira	GENEROSOS RUNNERS	Veterana F40	01:53:25	+35:43	09:27
54	1365	Paula Próspero	Individual	Veterana F40	01:53:40	+35:58	09:28
55	1172	INES ALMEIDA	EQUIPA JOAO FERREIRA	Veterana F40	01:55:17	+37:35	09:36
56	1185	FERNANDA FRANÇA	FRANÇA	Veterana F40	01:57:31	+39:49	09:48
57	1037	Natalia Moreira	Aliança de Gandra	Veterana F40	01:58:48	+41:06	09:54
58	1226	Alexandra Barradas	GONDOMAR FUTSAL CLUBE	Veterana F40	01:58:52	+41:10	09:54
59	1360	Idalina Fontes	Individual	Veterana F40	01:59:10	+41:28	09:56
60	1512	Paula Gomes	Ninja Team	Veterana F40	01:59:24	+41:42	09:57
61	1357	Elsa Santos	Individual	Veterana F40	01:59:44	+42:02	09:59
62	1034	Elisabete Silva	Aliança de Gandra	Veterana F40	02:00:10	+42:28	10:01
63	1368	Susana Silva	Individual	Veterana F40	02:03:03	+45:22	10:15
64	1046	Maria José Peres	All About	Veterana F40	02:03:03	+45:22	10:15

Trail Curto 12 K

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

65	1647	Helena Roxo	Monte dos Amigos/ Juventude Ribeira	Veterana F40	02:04:15	+46:33	10:21
66	173	Marta Neves	Magni 7	Veterana F40	02:04:19	+46:38	10:22
67	1465	Maria Carneiro	Metralhas Runners	Veterana F40	02:04:19	+46:38	10:22
68	1597	Suzete Correia	Porto Sentido Runners	Veterana F40	02:05:47	+48:06	10:29
69	1181	Isabel Silva	Família Silva	Veterana F40	02:07:36	+49:54	10:38
70	1538	FELICIDADE CARNEIRO	OS FELIZES	Veterana F40	02:07:40	+49:59	10:38
71	1358	Fernanda Maria Moreira Leal	Individual	Veterana F40	02:08:23	+50:41	10:42
72	1560	Cristina Soares	PAPATRAILS	Veterana F40	02:08:23	+50:42	10:42
73	1147	ELSA DIAS	Danados	Veterana F40	02:09:33	+51:51	10:48
74	1359	Francisca maria Alves Pereira	Individual	Veterana F40	02:11:43	+54:02	10:59
75	1044	Ana Reis	All About	Veterana F40	02:11:45	+54:03	10:59
76	1561	Sonia Marcelo	PAPATRAILS	Veterana F40	02:11:53	+54:11	10:59
77	1627	Paula Anjos	Trinca Orelhas de Gato	Veterana F40	02:12:11	+54:30	11:01
78	1479	Sonia Gilvaz	Monte dos Amigos/Juventude Ribeiras	Veterana F40	02:12:57	+55:16	11:05
79	1478	Sandra Lopes	Monte dos Amigos/Juventude Ribeiras	Veterana F40	02:14:49	+57:07	11:14
80	1477	Paula Coutinho	Monte dos Amigos/Juventude Ribeiras	Veterana F40	02:16:15	+58:34	11:21
81	1476	Paula Almeida	Monte dos Amigos/Juventude Ribeiras	Veterana F40	02:16:18	+58:37	11:22
82	1464	Marcia Pinto	Metralhas Runners	Veterana F40	02:19:12	+01:01:30	11:36
83	1091	Fernanda Soares	BTT Alegria / TUBANI	Veterana F40	02:22:06	+01:04:24	11:51
84	1238	Natália Pinto	Gundemarus	Veterana F40	02:24:58	+01:07:17	12:05
85	1047	Susana Rito	All About	Veterana F40	02:26:07	+01:08:25	12:11
86	1350	Carla Barros	Individual	Veterana F40	02:26:07	+01:08:26	12:11
87	1361	Manela Dias	Individual	Veterana F40	02:36:29	+01:18:48	13:02

Veterana F50

1	1370	FATIMA PAIS	Individual	Veterana F50	01:15:33		06:18
2	1227	Rosa Mendes	GONDOMAR FUTSAL CLUBE	Veterana F50	01:24:00	+08:27	07:00
3	1562	Fatima Nunes	PAPATRAILS	Veterana F50	01:27:17	+11:44	07:16
4	1371	Manuela Sousa	Individual	Veterana F50	01:28:34	+13:01	07:23
5	1369	Ângela Pinto	Individual	Veterana F50	01:44:11	+28:38	08:41
6	1598	Lurdes Conceição	Porto Sentido Runners	Veterana F50	01:47:08	+31:35	08:56
7	1514	Lurdes Júnior	Ninja Team	Veterana F50	01:49:39	+34:06	09:08
8	1513	Lucia Neves	Ninja Team	Veterana F50	01:49:45	+34:12	09:09
9	1515	Maria Santos	Ninja Team	Veterana F50	01:50:47	+35:14	09:14
10	1055	Natália Cecília da Rocha Ferreira	Amigos do Pedal TraiLagares	Veterana F50	01:52:01	+36:28	09:20
11	1048	Isaura Alves	All About	Veterana F50	01:54:22	+38:49	09:32
12	71	Ana Sousa	GONDOMAR FUTSAL CLUBE	Veterana F50	01:58:52	+43:19	09:54
13	1372	Maria Conceição Alves	Individual	Veterana F50	02:07:44	+52:11	10:39
14	1111	FERNANDA FERREIRA	Clube Desportivo Cepsa	Veterana F50	02:48:19	+01:32:47	14:02

Trail Curto 12 K

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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Veterana F60

1	1373	Maria Filomena Venâncio Lopes Marcelo	Individual	Veterana F60	01:56:23		09:42

Veterano M40

1	1396	Paulo César Ferreira	Individual	Veterano M40	53:14		04:26
2	1108	Carlos Barroso	Clube Atletismo Gaienses/Toyota	Veterano M40	57:23	+04:09	04:47
3	1020	José Carlos Coelho	AFACYCLES	Veterano M40	57:31	+04:17	04:48
4	1127	Joaquim Madureira	Clube Zupper	Veterano M40	57:39	+04:25	04:48
5	1622	Vitor Ferreira	Trinca Orelhas de Gato	Veterano M40	58:51	+05:37	04:54
6	1128	Paulo Domingues	Clube Zupper	Veterano M40	59:41	+06:27	04:58
7	1039	António Pacheco	Aliança de Gandra	Veterano M40	01:02:00	+08:46	05:10
8	1665	Rogério Vicente	Dental Doctors	Veterano M40	01:04:02	+10:48	05:20
9	1437	Laurindo Osório	KeMedo Team	Veterano M40	01:04:29	+11:15	05:22
10	1374	António Zeferino Fernandes	Individual	Veterano M40	01:05:38	+12:24	05:28
11	1436	José Augusto Coelho Abreu Costa	KeMedo Team	Veterano M40	01:06:42	+13:28	05:34
12	1404	victor almeida	Individual	Veterano M40	01:08:29	+15:15	05:42
13	1603	Miguel Silva	Porto Sentido Runners	Veterano M40	01:08:32	+15:18	05:43
14	1138	António Malheiro	CORRE TASCAS RUNNING CLUB	Veterano M40	01:08:33	+15:19	05:43
15	1528	João Jaques	Olímpico Vianense Trail / ND Sport	Veterano M40	01:08:45	+15:31	05:44
16	1389	José Pires	Individual	Veterano M40	01:08:54	+15:40	05:45
17	1384	Hugo Landolt	Individual	Veterano M40	01:09:01	+15:47	05:45
18	1635	Paulo Nunes	Trinca Orelhas de Gato	Veterano M40	01:09:14	+16:00	05:46
19	1175	FRANCISCO FONSECA	EQUIPA JOAO FERREIRA	Veterano M40	01:10:05	+16:51	05:50
20	1637	Sérgio Gomes	Trinca Orelhas de Gato	Veterano M40	01:10:38	+17:24	05:53
21	1028	José Carvalho	Aliança de Gandra	Veterano M40	01:10:53	+17:39	05:54
22	1083	Vitor Cardoso	Baguim runners	Veterano M40	01:10:55	+17:41	05:55
23	1393	Marco Magalhães	Individual	Veterano M40	01:11:17	+18:03	05:56
24	1640	Vítor Cardoso	Trinca Orelhas de Gato	Veterano M40	01:11:23	+18:09	05:57
25	1636	Salomão Abreu	Trinca Orelhas de Gato	Veterano M40	01:11:31	+18:17	05:58
26	1186	AMERICO FRANÇA	FRANÇA	Veterano M40	01:12:57	+19:43	06:05
27	1401	Rui José Teixeira da Rocha	Individual	Veterano M40	01:14:23	+21:09	06:12
28	1052	Hugo Filipe Sousa	Amadoras	Veterano M40	01:15:58	+22:44	06:20
29	1107	Carlos Araújo	Challenge Force	Veterano M40	01:16:18	+23:04	06:22
30	1499	Nelson Silva	Nascidos Para Correr	Veterano M40	01:16:35	+23:21	06:23
31	1016	Wilson Fonseca	10TEMIDOS	Veterano M40	01:16:49	+23:35	06:24
32	1602	Miguel Azevedo	Porto Sentido Runners	Veterano M40	01:16:59	+23:45	06:25
33	1082	Lourenço Cardoso	Baguim runners	Veterano M40	01:17:29	+24:15	06:27
34	1469	joaquim Paulo Madureira Queirós	Mocidade Invicta FC	Veterano M40	01:18:25	+25:11	06:32
35	1584	Miguel Teixeira	PM	Veterano M40	01:18:52	+25:38	06:34
36	1405	Vitor santos	Individual	Veterano M40	01:19:08	+25:54	06:36
37	1392	Manuel Paiva	Individual	Veterano M40	01:19:17	+26:03	06:36

Trail Curto 12 K

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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38	1157	Rui Marques	Douroconta - Gabinete de Apoio e Contabilidade	Veterano M40	01:19:19	+26:05	06:37
39	1092	Tony Mendes	BTT Alegria / TUBANI	Veterano M40	01:19:52	+26:38	06:39
40	1399	Pedro Silva	Individual	Veterano M40	01:20:15	+27:01	06:41
41	1633	Hélder Monteiro	Trinca Orelhas de Gato	Veterano M40	01:20:22	+27:08	06:42
42	1112	ALBERTO BRANDÃO	Clube Desportivo Cepsa	Veterano M40	01:20:27	+27:13	06:42
43	1563	Hugo Almeida	PAPATRAILS	Veterano M40	01:20:53	+27:39	06:44
44	1650	Álvaro Nunes	All-About	Veterano M40	01:21:30	+28:16	06:48
45	1379	David Sousa	Individual	Veterano M40	01:21:34	+28:20	06:48
46	1014	Pedro Sousa	10TEMIDOS	Veterano M40	01:21:35	+28:21	06:48
47	1074	MIGUEL EDMUNDO	AMOTINADOS	Veterano M40	01:21:48	+28:34	06:49
48	1164	Delfim Manuel Anastácio Nogueira	Ei Team Trail	Veterano M40	01:23:10	+29:56	06:56
49	1541	NUNO TEIXEIRA	OS FELIZES	Veterano M40	01:23:12	+29:58	06:56
50	1184	Ricardo A. Silva Sousa	FFIT GAIA TRAIL	Veterano M40	01:24:20	+31:06	07:02
51	1630	António Neto	Trinca Orelhas de Gato	Veterano M40	01:25:45	+32:31	07:09
52	1391	Manuel Diogenes Barros	Individual	Veterano M40	01:26:02	+32:48	07:10
53	1534	António Pinheiro	Os Bora Lá Andar	Veterano M40	01:26:29	+33:15	07:12
54	1608	Paulo Sousa	Quebra_Galhos	Veterano M40	01:26:34	+33:20	07:13
55	1542	RUI MIRANDA	OS FELIZES	Veterano M40	01:27:02	+33:48	07:15
56	1632	Carlos Conde	Trinca Orelhas de Gato	Veterano M40	01:27:03	+33:49	07:15
57	1448	Agostinho Cardoso	LEõES DE TARDARIZ TRAIL	Veterano M40	01:27:16	+34:02	07:16
58	1094	JOAO LOURENÇO	C+ RUNNERS	Veterano M40	01:27:53	+34:39	07:19
59	1482	Jose Moura	Monte dos Amigos/Juventude Ribeiras	Veterano M40	01:28:42	+35:28	07:24
60	1634	Miguel Costa	Trinca Orelhas de Gato	Veterano M40	01:28:55	+35:41	07:25
61	1495	FERNANDO BRANCO	MSS CONTABILIDADE	Veterano M40	01:29:05	+35:51	07:25
62	1077	VITOR MANUEL TEIXEIRA	AMOTINADOS	Veterano M40	01:29:07	+35:53	07:26
63	1398	Pedro Pereira	Individual	Veterano M40	01:30:02	+36:48	07:30
64	1585	Paulo Lopes	PM	Veterano M40	01:30:10	+36:56	07:31
65	1229	Mário Ribeiro	GONDOMAR FUTSAL CLUBE	Veterano M40	01:30:10	+36:56	07:31
66	1075	PAULO JORGE MIRANDA	AMOTINADOS	Veterano M40	01:30:38	+37:24	07:33
67	1388	José da Rocha Rodrigues	Individual	Veterano M40	01:30:48	+37:34	07:34
68	1402	Rui Oliveira	Individual	Veterano M40	01:31:27	+38:13	07:37
69	1381	FERNANDO JORGE CORREIA OLIVEIRA	Individual	Veterano M40	01:31:46	+38:32	07:39
70	1458	Miguel Bandeira	MB & Comp	Veterano M40	01:32:43	+39:29	07:44
71	1628	Agostinho Costa	Trinca Orelhas de Gato	Veterano M40	01:33:10	+39:56	07:46
72	1397	Paulo Ferreira	Individual	Veterano M40	01:33:19	+40:05	07:47
73	1378	Daniel Gomes	Individual	Veterano M40	01:33:48	+40:34	07:49
74	1124	Pedro Oliveira	Clube Galp energia	Veterano M40	01:34:06	+40:52	07:51
75	1638	Sérgio Rocha	Trinca Orelhas de Gato	Veterano M40	01:34:08	+40:54	07:51
76	1629	Alcino Tavares	Trinca Orelhas de Gato	Veterano M40	01:35:04	+41:50	07:55
77	1639	Silvio Dias	Trinca Orelhas de Gato	Veterano M40	01:35:04	+41:50	07:55
78	1073	MANUEL JOSE GOMES	AMOTINADOS	Veterano M40	01:35:39	+42:25	07:58
79	1386	Joaquim Ramoa	Individual	Veterano M40	01:35:40	+42:26	07:58
80	1600	José Carlos Soares	Porto Sentido Runners	Veterano M40	01:36:15	+43:01	08:01
81	1540	José Bonifácio	OS FELIZES	Veterano M40	01:36:53	+43:39	08:04

Trail Curto 12 K

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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82	1067	Pedro Silva	Amigos Sem Limites	Veterano M40	01:37:00	+43:46	08:05
83	1375	ARMINDO SERRA MARTINS DOS SANTOS	Individual	Veterano M40	01:37:29	+44:15	08:07
84	1502	DAVID MANUEL COIMBRA DE SÁ CRUZ	NAVEGANTES	Veterano M40	01:38:15	+45:01	08:11
85	1564	Joaquim Leal	PAPATRAILS	Veterano M40	01:38:48	+45:34	08:14
86	1236	Pedro Sá Pereira	Grupo 46	Veterano M40	01:40:57	+47:43	08:25
87	1013	Paulo Ribeiro	10TEMIDOS	Veterano M40	01:41:01	+47:47	08:25
88	1481	Joaquim Pinto	Monte dos Amigos/Juventude Ribeiras	Veterano M40	01:41:11	+47:57	08:26
89	1203	RUI COELHO	Fugitivos Urbanos - Clínica + Saúde	Veterano M40	01:41:38	+48:24	08:28
90	1573	Óscar Mendes	PIPO	Veterano M40	01:41:55	+48:41	08:30
91	1574	Rui Bi Madeira	PIPO	Veterano M40	01:41:56	+48:42	08:30
92	1139	Nuno Morgado	CORRER LEÇA	Veterano M40	01:42:02	+48:48	08:30
93	1387	Jorge Pinheiro	Individual	Veterano M40	01:42:02	+48:48	08:30
94	1380	Delfim Soares	Individual	Veterano M40	01:42:05	+48:51	08:30
95	1652	José Lascasas	GONDOMAR FUTSAL CLUBE	Veterano M40	01:42:38	+49:24	08:33
96	1235	Paulo Ferreira	Grupo 46	Veterano M40	01:42:41	+49:27	08:33
97	1565	José Alves	PAPATRAILS	Veterano M40	01:44:17	+51:03	08:41
98	1582	Laurindo Leite	Pit Power	Veterano M40	01:45:55	+52:41	08:50
99	1522	Hugo Cortez Marques	Nocturnos de Paredes	Veterano M40	01:47:06	+53:52	08:56
100	1601	José Ricardo	Porto Sentido Runners	Veterano M40	01:47:09	+53:55	08:56
101	1383	Herculano Pacheco	Individual	Veterano M40	01:48:15	+55:01	09:01
102	1072	Jorge Verde	AMOTINADOS	Veterano M40	01:48:24	+55:10	09:02
103	1149	Celso Mota	DENTAL DOCTORS Team	Veterano M40	01:48:45	+55:31	09:04
104	1599	Cláudio Cerqueira	Porto Sentido Runners	Veterano M40	01:50:13	+56:59	09:11
105	1240	João Pedro Nogueira	Gundemarus	Veterano M40	01:50:27	+57:13	09:12
106	1382	Filipe Moutinho	Individual	Veterano M40	01:51:50	+58:36	09:19
107	1015	Rui Sá	10TEMIDOS	Veterano M40	01:52:17	+59:03	09:21
108	1140	Raul Cunha	cUnHaX	Veterano M40	01:54:22	+01:01:08	09:32
109	1220	Rodrigo Ferraz	GENEROSOS RUNNERS	Veterano M40	01:55:49	+01:02:35	09:39
110	1377	Daniel Branco	Individual	Veterano M40	01:56:25	+01:03:11	09:42
111	1468	António Manuel Lopes Gomes	Mocidade Invicta FC	Veterano M40	01:57:10	+01:03:56	09:46
112	1394	Mohammed Moudnib	Individual	Veterano M40	01:57:25	+01:04:11	09:47
113	1430	José Silva	JFM	Veterano M40	01:57:45	+01:04:31	09:49
114	1431	Manuel Brandao	JFM	Veterano M40	01:57:45	+01:04:31	09:49
115	1113	MANUEL MORGADO	Clube Desportivo Cepsa	Veterano M40	01:58:33	+01:05:19	09:53
116	1449	João Cardoso	LEõES DE TARDARIZ TRAIL	Veterano M40	02:01:41	+01:08:27	10:08
117	1613	miguel dias	RUN TO EAT	Veterano M40	02:02:31	+01:09:18	10:13
118	1450	Sandro Oliveira	LEõES DE TARDARIZ TRAIL	Veterano M40	02:02:38	+01:09:24	10:13
119	1221	Vitor Ganço	GENEROSOS RUNNERS	Veterano M40	02:04:11	+01:10:58	10:21
120	1642	Sérgio Sousa	Vamos nessa!!!!	Veterano M40	02:05:30	+01:12:16	10:28
121	1586	Ricardo Lacerda	PM	Veterano M40	02:08:48	+01:15:34	10:44
122	1403	Rui Santis	Individual	Veterano M40	02:11:44	+01:18:30	10:59
123	1631	Carlos Anjos	Trinca Orelhas de Gato	Veterano M40	02:13:33	+01:20:19	11:08
124	1483	Vitor Costa	Monte dos Amigos/Juventude Ribeiras	Veterano M40	02:16:22	+01:23:08	11:22

Trail Curto 12 K

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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Veterano M50

1	1056	Fernando Leal	Amigos do Pedal TraiLagares	Veterano M50	56:57		04:45
2	1407	António Rocha	Individual	Veterano M50	59:10	+02:13	04:56
3	1610	Manuel Alves	Queiroz Team/ NOKAROL	Veterano M50	01:03:34	+06:37	05:18
4	1103	Angelo Pereira	CENTRO CICLISTA DE GONDOMAR	Veterano M50	01:05:42	+08:45	05:29
5	1053	Jose Bento Morais	Amigos do Atletismo Magna	Veterano M50	01:06:14	+09:17	05:31
6	1408	Carlos Manuel Vinha Lopes	Individual	Veterano M50	01:07:06	+10:09	05:36
7	1159	Manuel Teixeira	Douroconta - Gabinete de Apoio e Contabilidade	Veterano M50	01:10:50	+13:53	05:54
8	1500	Antonio Fernandes	Nascidos Para Correr	Veterano M50	01:11:54	+14:57	06:00
9	1566	Jorge Conceiçao	PAPATRAILS	Veterano M50	01:12:20	+15:23	06:02
10	1605	Carlos Martins	Porto Sentido Runners	Veterano M50	01:14:27	+17:30	06:12
11	1232	Manuel Rocha	GONDOMAR FUTSAL CLUBE	Veterano M50	01:16:08	+19:11	06:21
12	1178	Manuel Silva	Ermentão	Veterano M50	01:18:34	+21:37	06:33
13	1231	Carlos Oliveira	GONDOMAR FUTSAL CLUBE	Veterano M50	01:21:53	+24:56	06:49
14	1413	Mário Jorge Neves Sousa Magalhães	Individual	Veterano M50	01:24:18	+27:21	07:02
15	1470	João Paulo Vila	Mocidade Invicta FC	Veterano M50	01:24:54	+27:57	07:05
16	1410	joaquim augusto teixeira seca	Individual	Veterano M50	01:26:21	+29:24	07:12
17	1523	António Carvalho	Nocturnos de Paredes	Veterano M50	01:26:58	+30:01	07:15
18	1412	Manuel Joaquim de Jesus Teixeira	Individual	Veterano M50	01:27:32	+30:35	07:18
19	1543	José Ribeiro	OS FELIZES	Veterano M50	01:28:57	+32:00	07:25
20	1466	António Castro	Metralhas Runners	Veterano M50	01:30:24	+33:27	07:32
21	1459	Luis Espirito Santo	MB & Comp	Veterano M50	01:33:02	+36:05	07:45
22	1621	José Teixeira	Somos Nós Team	Veterano M50	01:34:39	+37:42	07:53
23	1050	Vitor Vieira	All About	Veterano M50	01:35:24	+38:27	07:57
24	1076	TELMO JOEL COSTA	AMOTINADOS	Veterano M50	01:36:19	+39:22	08:02
25	1411	Jose carlos martins carneiro	Individual	Veterano M50	01:40:23	+43:26	08:22
26	1114	DOMINGOS SOARES	Clube Desportivo Cepsa	Veterano M50	01:41:30	+44:33	08:28
27	1452	Gualter Castro	LEõES DE TARDARIZ TRAIL	Veterano M50	01:42:04	+45:07	08:30
28	252	Ilidio Freitas	GONDOMAR FUTSAL CLUBE	Veterano M50	01:42:38	+45:41	08:33
29	1409	Fernando Oliveira	Individual	Veterano M50	01:43:55	+46:58	08:40
30	1230	António José Queiroz	GONDOMAR FUTSAL CLUBE	Veterano M50	01:47:59	+51:02	09:00
31	1467	Artur Saraiva	Metralhas Runners	Veterano M50	01:49:25	+52:28	09:07
32	1158	Manuel Silva	Douroconta - Gabinete de Apoio e Contabilidade	Veterano M50	01:50:27	+53:30	09:12
33	1453	José Ferreira	LEõES DE TARDARIZ TRAIL	Veterano M50	02:01:41	+01:04:44	10:08
34	1451	Damião Pontes	LEõES DE TARDARIZ TRAIL	Veterano M50	02:02:18	+01:05:21	10:12
35	1115	JOSÉ TEIXEIRA	Clube Desportivo Cepsa	Veterano M50	02:48:19	+01:51:22	14:02

Veterano M60

1	1420	Alberto Sá	InsanOs	Veterano M60	01:11:21		05:57
2	1176	JOAQUIM BENTO	EQUIPA JOAO FERREIRA	Veterano M60	01:12:33	+01:12	06:03

Trail Curto 12 K

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

R REVISED

3	1414	ABILIO SOARES	Individual	Veterano M60	01:19:37	+08:16	06:38
4	1418	Manuel Emidio	Individual	Veterano M60	01:20:13	+08:52	06:41
5	1504	JOSÉ MARQUES BRITES	NAVEGANTES	Veterano M60	01:20:27	+09:06	06:42
6	1183	Manuel Rocha	FAST AO KM	Veterano M60	01:26:28	+15:07	07:12
7	1416	António Fernandes	Individual	Veterano M60	01:27:00	+15:39	07:15
8	1233	JOSE SOUSA	GONDOMAR FUTSAL CLUBE	Veterano M60	01:33:15	+21:54	07:46
9	1421	José Carneiro	InsanOs	Veterano M60	01:33:41	+22:20	07:48
10	1567	Rui Coelho	PAPATRAILS	Veterano M60	01:36:16	+24:55	08:01
11	1532	Manuel Moura	OS BARRIGUITAS	Veterano M60	01:47:44	+36:23	08:59
12	1432	Lénio Fernando Nogueira Marinho	Jobrinde-Montes Saloios	Veterano M60	01:54:25	+43:04	09:32
13	1415	Almerindo Freitas	Individual	Veterano M60	02:05:04	+53:44	10:25

EQUIPAS 12K

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	Douroconta - Gabinete de Apoio e Contabilidade	4 + 5 + 17	26
2	CENTRO CICLISTA DE GONDOMAR	2 + 18 + 32	52
3	Trinca Orelhas de Gato	12 + 27 + 33	72
4	Aliança de Gandra	21 + 53 + 61	135
5	CORRE TASCAS RUNNING CLUB	28 + 45 + 72	145
6	Porto Sentido Runners	20 + 44 + 90	154
7	KeMedo Team	25 + 38 + 103	166
8	10TEMIDOS	37 + 52 + 109	198
9	Nascidos Para Correr	73 + 74 + 108	255
10	PAPATRAILS	64 + 75 + 149	288
11	BTT Alegria / TUBANI	55 + 112 + 133	300
12	Baguim runners	63 + 117 + 121	301
13	Fugitivos Urbanos - Clínica + Saúde	97 + 105 + 115	317
14	GONDOMAR FUTSAL CLUBE	80 + 102 + 161	343
15	EQUIPA JOAO FERREIRA	56 + 77 + 242	375
16	Clube Zupper	10 + 15 + 374	399
17	Nocturnos de Paredes	39 + 202 + 203	444
18	MSS CONTABILIDADE	11 + 221 + 222	454
19	Mountain Runners	92 + 184 + 201	477
20	SEMPRE EM FORMA	140 + 165 + 174	479
21	Ninja Team	76 + 151 + 260	487
22	invictus oporto team	54 + 224 + 225	503
23	AMOTINADOS	127 + 157 + 223	507
24	IMPERADORES	106 + 107 + 295	508
25	Amigos do Pedal TraiLagares	6 + 65 + 437	508
26	All About	146 + 162 + 227	535
27	Challenge Force	104 + 229 + 233	566
28	LEõES DE TARDARIZ TRAIL	16 + 208 + 346	570
29	OS FELIZES	170 + 205 + 219	594
30	ONE MORE MILE	166 + 190 + 272	628
31	Danados	57 + 118 + 480	655
32	Ei Team Trail	168 + 169 + 343	680
33	Clube Desportivo Cepsa	144 + 262 + 334	740
34	Amigos Sem Limites	197 + 278 + 302	777
35	NAVEGANTES	145 + 313 + 319	777
36	Mocidade Invicta FC	122 + 187 + 469	778
37	GENEROSOS RUNNERS	186 + 325 + 353	864
38	Monte dos Amigos/Juventude Ribeiras	217 + 331 + 332	880

EQUIPAS 12K

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

39	PM	124 + 230 + 549	903
40	Monte dos Amigos/ Juventude Ribeira	59 + 330 + 520	909
41	Clube Galp energia	266 + 267 + 396	929
42	MB & Comp	252 + 255 + 474	981
43	PIPO	315 + 339 + 340	994
44	Metralhas Runners	234 + 412 + 416	1062
45	Pit Power	317 + 378 + 379	1074
46	Grupo 46	326 + 352 + 479	1157
47	Pernetas	440 + 441 + 442	1323
48	AMIGAS	535 + 538 + 539	1612
49	Sawadee	567 + 568 + 569	1704