Trail Amigos do Alianca 2016

Paredes

05-October-2016

TRAIL LONGO - STAGE 1

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	19.5ºC	58%
End	14:06	26ºC	42%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	25	António Martins	fugitivos urbanos - clínica + saúde	Veterano M40	02:15:14		05:25
2	23	Bruno Alcino Bessa Pinto	dr. merino/nutrifit	Senior Masculino	02:22:40	+07:26	05:42
3	45	Ricardo Santos	individual	Senior Masculino	02:23:09	+07:55	05:44
4	38	Agostinho Reis	individual	Senior Masculino	02:25:37	+10:23	05:50
5	43	Miguel Neves	individual	Senior Masculino	02:25:49	+10:35	05:50
6	73	Belmiro Moreira	oralklass-amigos do trail	Senior Masculino	02:30:29	+15:15	06:01
7	76	Rafael Miguel	oriestarreja	Senior Masculino	02:30:54	+15:40	06:02
8	54	João Manuel Sousa Moreira	individual	Veterano M40	02:39:19	+24:05	06:22
9	29	José Paulo Ribeiro	gondomar futsal clube	Veterano M40	02:41:08	+25:54	06:27
10	66	Tiago Soares	moinhos run adrm	Senior Masculino	02:41:11	+25:57	06:27
11	13	Jorge Manuel Barbosa Moreira	amigos do pedal trailagares	Veterano M40	02:44:05	+28:51	06:34
12	72	Daniela Russo	oralklass-amigos do trail	Senior Feminino	02:44:26	+29:12	06:35
13	75	Francisco Figueiredo	oralklass-amigos do trail	Senior Masculino	02:44:34	+29:20	06:35
14	77	António Amador	oriestarreja	Veterano M40	02:44:57	+29:43	06:36
15	74	Fernando Taborda	oralklass-amigos do trail	Senior Masculino	02:46:59	+31:45	06:41
16	14	Luis Carlos	associação desportiva de cabroelo	Senior Masculino	02:48:23	+33:09	06:44
17	32	António Moreira Gomes	grupo desportivo da portela	Veterano M40	02:50:26	+35:12	06:49
18	31	António Filipe Oliveira	grupo desportivo da portela	Veterano M40	02:50:27	+35:13	06:49
19	58	Paulo Baltasar Silveira Martins	individual	Veterano M40	02:50:59	+35:44	06:50
20	16	Maria Loureiro	associação desportiva de cabroelo	Veterana F40	02:52:11	+36:57	06:53
21	44	paulo jorge	gondomar futsal clube	Senior Masculino	02:53:00	+37:46	06:55
22	26	Bruno Macieira	gondomar futsal clube	Senior Masculino	02:53:51	+38:37	06:57
23	71	MIGUEL BARROS	opraticante.pt / associação desportiva amarante	Veterano M40	02:56:01	+40:46	07:02
24	27	Manuel Silva	gondomar futsal clube	Senior Masculino	02:58:03	+42:48	07:07
25	83	César Pais	team shark	Senior Masculino	02:58:47	+43:33	07:09
26	30	Pedro Matos	gondomar futsal clube	Veterano M40	03:01:15	+46:00	07:15
27	17	Paulo Ferreira	associação desportiva de cabroelo	Veterano M40	03:02:17	+47:02	07:17
28	18	Sérgio Pinto	associação desportiva de cabroelo	Veterano M40	03:02:17	+47:03	07:18
29	11	Ana Paula Vieira	amigos do pedal trailagares	Senior Feminino	03:07:25	+52:11	07:30
30	70	José Luís Martins Pinto	nocturnos de paredes	Veterano M40	03:09:53	+54:39	07:36
31	24	Ricardo Rocha	fast ao km	Veterano M40	03:11:45	+56:31	07:40
32	64	Inês Moreira	moinhos run adrm	Senior Feminino	03:13:04	+57:49	07:43
33	65	Helder Augusto Ferreira Camilo Camilo	moinhos run adrm	Senior Masculino	03:13:05	+57:50	07:43
34	60	vitor coelho	individual	Veterano M40	03:15:45	+01:00:31	07:50
35	8	Vitor Cavadas	all about	Senior Masculino	03:16:00	+01:00:45	07:50
36	92	Sandra Moreira	individual	Senior Feminino	03:18:36	+01:03:21	07:57
37	84	Daniel Pinto	team shark	Senior Masculino	03:20:44	+01:05:29	08:02
38	46	Vitor Manuel da Silva Pereira	individual	Senior Masculino	03:20:44	+01:05:30	08:02
39	67	Paulo Martins	moinhos run adrm	Veterano M40	03:21:15	+01:06:00	08:03
40	69	Paulo Colaço	nocturnos de paredes	Senior Masculino	03:21:18	+01:06:04	08:03
41	91	Hugo Filipe Fernandes Sousa	tecla 3 runners	Senior Masculino	03:21:21	+01:06:07	08:03

TRAIL LONGO - STAGE 1

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	90	Lucília Marlene Ferreira Silva	tecla 3 runners	Senior Feminino	03:21:21	+01:06:07	08:03
43	86	Paula Silva	team shark	Veterana F40	03:22:24	+01:07:09	08:06
44	50	Alvaro Cunha	individual	Veterano M40	03:22:50	+01:07:35	08:07
45	79	DANIEL RAMALHAO	portocargo	Senior Masculino	03:25:54	+01:10:40	08:14
46	80	MANUELA FARIA	portocargo	Veterana F40	03:25:55	+01:10:40	08:14
47	55	JOSE DUARTE	individual	Veterano M40	03:27:58	+01:12:44	08:19
48	39	Bruno andret ribeiro da silva	individual	Senior Masculino	03:27:59	+01:12:45	08:19
49	12	Fernando Ismael Oliveira Nogueira	amigos do pedal trailagares	Senior Masculino	03:30:38	+01:15:24	08:26
50	62	Helder Silva	la zinco	Senior Masculino	03:32:23	+01:17:08	08:30
51	88	Luis Torres	team shark	Veterano M40	03:37:00	+01:21:45	08:41
52	51	David Sousa	individual	Veterano M40	03:37:32	+01:22:18	08:42
53	93	Eduardo Pinto	all about	Veterano M40	03:37:33	+01:22:18	08:42
54	49	Sandra Arribança	individual	Veterana F40	03:38:52	+01:23:37	08:45
55	53	henrique Marques	individual	Veterano M40	03:38:52	+01:23:37	08:45
56	28	Rui Oliveira	gondomar futsal clube	Senior Masculino	03:39:47	+01:24:32	08:47
57	6	Bruno Cavadas	all about	Senior Masculino	03:40:03	+01:24:48	08:48
58	52	Eduardo Nascimento	individual	Veterano M40	03:43:27	+01:28:13	08:56
59	47	Alice Sousa	individual	Veterana F40	03:46:47	+01:31:32	09:04
60	15	Pedro Silva	associação desportiva de cabroelo	Senior Masculino	03:47:11	+01:31:56	09:05
61	63	Pedro Miguel Pereira Nogueira	marco runners	Senior Masculino	03:50:55	+01:35:41	09:14
62	78	TANIA BATEIRA	portocargo	Senior Feminino	03:53:14	+01:38:00	09:20
63	59	Rui Fernandes	individual	Veterano M40	03:54:18	+01:39:04	09:22
64	40	Carlos Leal	individual	Senior Masculino	04:00:13	+01:44:59	09:37
65	34	Hugo Alexandre Palmeira	gtt-armazém do caffé	Senior Masculino	04:01:54	+01:46:39	09:41
66	37	Teresa Sofia Almeida Alves	individual	Senior Feminino	04:01:54	+01:46:39	09:41
67	33	Liliana Araújo	gtt-armazém do caffé	Senior Feminino	04:01:54	+01:46:40	09:41
68	68	José Cunha	nocturnos de paredes	Senior Masculino	04:08:59	+01:53:45	09:58
69	19	Solange Sousa	biateam 2016	Senior Feminino	04:25:50	+02:10:36	10:38
70	20	Nelson Sousa	biateam 2016	Senior Masculino	04:25:51	+02:10:36	10:38
71	82	Cristina Rocha	team shark	Senior Feminino	04:28:18	+02:13:03	10:44
72	87	Sandra Pina	team shark	Veterana F40	04:59:01	+02:43:46	11:58
73	89	Rui Oliveira	team shark	Veterano M40	05:00:34	+02:45:20	12:01
74	85	Maria Luz Olivença	team shark	Veterana F40	05:01:27	+02:46:13	12:04

Trail Amigos do Alianca 2016
Paredes
05-October-2016

Trail Longo

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	19.5ºC	58%
End	14:06	26ºC	42%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	72	Daniela Russo	Oralklass-Amigos do Trail	Senior Feminino	02:44:26		06:35
2	11	Ana Paula Vieira	Amigos do Pedal TraiLagares	Senior Feminino	03:07:25	+22:59	07:30
3	64	Inês Moreira	Moinhos Run ADRM	Senior Feminino	03:13:04	+28:37	07:43
4	92	Sandra Moreira	Individual	Senior Feminino	03:18:36	+34:09	07:57
5	90	Lucília Marlene Ferreira Silva	TECLA 3 RUNNERS	Senior Feminino	03:21:21	+36:55	08:03
6	78	TANIA BATEIRA	PORTOCARGO	Senior Feminino	03:53:14	+01:08:48	09:20
7	37	Teresa Sofia Almeida Alves	Individual	Senior Feminino	04:01:54	+01:17:27	09:41
8	33	Liliana Araújo	GTT-Armazém do caffé	Senior Feminino	04:01:54	+01:17:28	09:41
9	19	Solange Sousa	BiaTeam 2016	Senior Feminino	04:25:50	+01:41:24	10:38
10	82	Cristina Rocha	Team Shark	Senior Feminino	04:28:18	+01:43:51	10:44

Senior Masculino

1	23	Bruno Alcino Bessa Pinto	DR. MERINO/NUTRIFIT	Senior Masculino	02:22:40		05:42
2	45	Ricardo Santos	Individual	Senior Masculino	02:23:09	+00:29	05:44
3	38	Agostinho Reis	Individual	Senior Masculino	02:25:37	+02:57	05:50
4	43	Miguel Neves	Individual	Senior Masculino	02:25:49	+03:09	05:50
5	73	Belmiro Moreira	Oralklass-Amigos do Trail	Senior Masculino	02:30:29	+07:49	06:01
6	76	Rafael Miguel	OriEstarreja	Senior Masculino	02:30:54	+08:14	06:02
7	66	Tiago Soares	Moinhos Run ADRM	Senior Masculino	02:41:11	+18:31	06:27
8	75	Francisco Figueiredo	Oralklass-Amigos do Trail	Senior Masculino	02:44:34	+21:54	06:35
9	74	Fernando Taborda	Oralklass-Amigos do Trail	Senior Masculino	02:46:59	+24:19	06:41
10	14	Luis Carlos	Associação Desportiva de Cabroelo	Senior Masculino	02:48:23	+25:43	06:44
11	44	paulo jorge	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:53:00	+30:20	06:55
12	26	Bruno Macieira	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:53:51	+31:11	06:57
13	27	Manuel Silva	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:58:03	+35:22	07:07
14	83	César Pais	Team Shark	Senior Masculino	02:58:47	+36:07	07:09
15	65	Helder Augusto Ferreira Camilo Camilo	Moinhos Run ADRM	Senior Masculino	03:13:05	+50:24	07:43
16	8	Vitor Cavadas	All About	Senior Masculino	03:16:00	+53:19	07:50
17	84	Daniel Pinto	Team Shark	Senior Masculino	03:20:44	+58:03	08:02
18	46	Vitor Manuel da Silva Pereira	Individual	Senior Masculino	03:20:44	+58:04	08:02
19	69	Paulo Colaço	Nocturnos de Paredes	Senior Masculino	03:21:18	+58:38	08:03
20	91	Hugo Filipe Fernandes Sousa	TECLA 3 RUNNERS	Senior Masculino	03:21:21	+58:41	08:03
21	79	DANIEL RAMALHAO	PORTOCARGO	Senior Masculino	03:25:54	+01:03:14	08:14
22	39	Bruno andret ribeiro da silva	Individual	Senior Masculino	03:27:59	+01:05:19	08:19
23	12	Fernando Ismael Oliveira Nogueira	Amigos do Pedal TraiLagares	Senior Masculino	03:30:38	+01:07:58	08:26
24	62	Helder Silva	LA Zinco	Senior Masculino	03:32:23	+01:09:42	08:30
25	28	Rui Oliveira	GONDOMAR FUTSAL CLUBE	Senior Masculino	03:39:47	+01:17:06	08:47

Trail Longo

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

26	6	Bruno Cavadas	All About	Senior Masculino	03:40:03	+01:17:22	08:48
27	15	Pedro Silva	Associação Desportiva de Cabroelo	Senior Masculino	03:47:11	+01:24:30	09:05
28	63	Pedro Miguel Pereira Nogueira	Marco Runners	Senior Masculino	03:50:55	+01:28:15	09:14
29	40	Carlos Leal	Individual	Senior Masculino	04:00:13	+01:37:33	09:37
30	34	Hugo Alexandre Palmeira	GTT-Armazém do caffé	Senior Masculino	04:01:54	+01:39:13	09:41
31	68	José Cunha	Nocturnos de Paredes	Senior Masculino	04:08:59	+01:46:19	09:58
32	20	Nelson Sousa	BiaTeam 2016	Senior Masculino	04:25:51	+02:03:10	10:38

Veterana F40

1	16	Maria Loureiro	Associação Desportiva de Cabroelo	Veterana F40	02:52:11		06:53
2	86	Paula Silva	Team Shark	Veterana F40	03:22:24	+30:12	08:06
3	80	MANUELA FARIA	PORTOCARGO	Veterana F40	03:25:55	+33:43	08:14
4	49	Sandra Arribança	Individual	Veterana F40	03:38:52	+46:40	08:45
5	47	Alice Sousa	Individual	Veterana F40	03:46:47	+54:35	09:04
6	87	Sandra Pina	Team Shark	Veterana F40	04:59:01	+02:06:49	11:58
7	85	Maria Luz Olivença	Team Shark	Veterana F40	05:01:27	+02:09:16	12:04

Veterano M40

1	25	António Martins	Fugitivos Urbanos - Clínica + Saúde	Veterano M40	02:15:14		05:25
2	54	João Manuel Sousa Moreira	Individual	Veterano M40	02:39:19	+24:05	06:22
3	29	José Paulo Ribeiro	GONDOMAR FUTSAL CLUBE	Veterano M40	02:41:08	+25:54	06:27
4	13	Jorge Manuel Barbosa Moreira	Amigos do Pedal TraiLagares	Veterano M40	02:44:05	+28:51	06:34
5	77	António Amador	OriEstarreja	Veterano M40	02:44:57	+29:43	06:36
6	32	António Moreira Gomes	Grupo Desportivo da Portela	Veterano M40	02:50:26	+35:12	06:49
7	31	António Filipe Oliveira	Grupo Desportivo da Portela	Veterano M40	02:50:27	+35:13	06:49
8	58	Paulo Baltasar Silveira Martins	Individual	Veterano M40	02:50:59	+35:44	06:50
9	71	MIGUEL BARROS	opraticante.pt / Associação Desportiva Amarante	Veterano M40	02:56:01	+40:46	07:02
10	30	Pedro Matos	GONDOMAR FUTSAL CLUBE	Veterano M40	03:01:15	+46:00	07:15
11	17	Paulo Ferreira	Associação Desportiva de Cabroelo	Veterano M40	03:02:17	+47:02	07:17
12	18	Sérgio Pinto	Associação Desportiva de Cabroelo	Veterano M40	03:02:17	+47:03	07:18
13	70	José Luís Martins Pinto	Nocturnos de Paredes	Veterano M40	03:09:53	+54:39	07:36
14	24	Ricardo Rocha	FAST AO KM	Veterano M40	03:11:45	+56:31	07:40
15	60	vitor coelho	Individual	Veterano M40	03:15:45	+01:00:31	07:50
16	67	Paulo Martins	Moinhos Run ADRM	Veterano M40	03:21:15	+01:06:00	08:03
17	50	Alvaro Cunha	Individual	Veterano M40	03:22:50	+01:07:35	08:07
18	55	JOSE DUARTE	Individual	Veterano M40	03:27:58	+01:12:44	08:19
19	88	Luis Torres	Team Shark	Veterano M40	03:37:00	+01:21:45	08:41
20	51	David Sousa	Individual	Veterano M40	03:37:32	+01:22:18	08:42
21	93	Eduardo Pinto	All About	Veterano M40	03:37:33	+01:22:18	08:42

Trail Longo

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

R REVISED

22	53	henrique Marques	Individual	Veterano M40	03:38:52	+01:23:37	08:45
23	52	Eduardo Nascimento	Individual	Veterano M40	03:43:27	+01:28:13	08:56
24	59	Rui Fernandes	Individual	Veterano M40	03:54:18	+01:39:04	09:22
25	89	Rui Oliveira	Team Shark	Veterano M40	05:00:34	+02:45:20	12:01

Trail Amigos do Alianca 2016
Paredes
05-October-2016

EQUIPAS 25K

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	Oralklass-Amigos do Trail	6 + 12 + 13	31
2	GONDOMAR FUTSAL CLUBE	9 + 21 + 22	52
3	Associação Desportiva de Cabroelo	16 + 20 + 27	63
4	Moinhos Run ADRM	10 + 32 + 33	75
5	Amigos do Pedal TraiLagares	11 + 29 + 49	89
6	Team Shark	25 + 37 + 43	105
7	Nocturnos de Paredes	30 + 40 + 68	138
8	All About	35 + 53 + 57	145
9	PORTOCARGO	45 + 46 + 62	153

Trail Amigos do Alianca 2016

Paredes

05-October-2016

TRAIL CURTO - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	19.5ºC	58%
End	13:08	26ºC	42%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1031	ARMANDINO TABORDA	satecnosol outdoor	Veterano M40	01:12:27		04:50
2	583	Nuno Carneiro	clube zupper	Senior Masculino	01:12:49	+00:22	04:51
3	705	HENRIQUE DIAS	grupo dramatico e recreativo da retorta	Veterano M40	01:13:26	+00:59	04:54
4	660	Pedro Santos	fugitivos urbanos - clínica + saúde	Veterano M40	01:14:32	+02:05	04:58
5	575	Alcino Silva	c. i. a. alpendurada	Veterano M40	01:18:24	+05:57	05:14
6	694	Pedro Rocha	gondomar futsal clube	Senior Masculino	01:22:06	+09:39	05:28
7	893	Hugo Romano	moinhos run adrm	Veterano M40	01:22:18	+09:51	05:29
8	763	Nuno Miguel Carvalho da Silva	individual	Senior Masculino	01:22:26	+09:59	05:30
9	834	Eurico Moura	kemedo team	Senior Masculino	01:22:36	+10:09	05:30
10	702	TIAGO LISBOA	grupo dramatico e recreativo da retorta	Senior Masculino	01:22:40	+10:12	05:31
11	621	Sérgio Santos	engomadoria l&a team	Veterano M40	01:22:45	+10:18	05:31
12	914	Seninho Ribeiro	oralklass-amigos do trail	Senior Masculino	01:24:33	+12:06	05:38
13	544	Renato Barros Coelho	amigos do pedal trailagares	Senior Masculino	01:24:50	+12:23	05:39
14	911	José Neto	oralklass-amigos do trail	Senior Masculino	01:25:33	+13:06	05:42
15	804	Fernando Neves	individual	Veterano M40	01:25:58	+13:31	05:44
16	636	Ricardo Pais	ermidafit	Senior Masculino	01:26:55	+14:28	05:48
17	792	Abílio Martins de Almeida	individual	Veterano M40	01:27:01	+14:34	05:48
18	543	Bruno Miguel Rodrigues Moreira	amigos do pedal trailagares	Senior Masculino	01:27:29	+15:02	05:50
19	568	Marco Barbosa	boavista f.c.	Senior Masculino	01:28:18	+15:51	05:53
20	650	Paulo teixeira Sousa	fridão sem limites	Veterano M40	01:28:37	+16:10	05:55
21	908	Maria Areias	oralklass-amigos do trail	Senior Feminino	01:28:55	+16:28	05:56
22	572	Pedro Dias	boavista f.c.	Veterano M40	01:29:16	+16:49	05:57
23	569	Vitor Caldeira	boavista f.c.	Senior Masculino	01:29:16	+16:49	05:57
24	540	Rui Lopes	amigos do pedal trailagares	Veterano M40	01:29:36	+17:09	05:58
25	913	Mário Taborda	oralklass-amigos do trail	Senior Masculino	01:30:07	+17:40	06:01
26	545	Ruben Vieira	amigos do pedal trailagares	Senior Masculino	01:30:08	+17:41	06:01
27	637	Sergio Pereira	ermidafit	Senior Masculino	01:31:04	+18:37	06:04
28	915	Orlando Nogueira	oralklass-amigos do trail	Veterano M40	01:31:40	+19:13	06:07
29	844	Fernando Gomes	kemedo team	Veterano M40	01:31:41	+19:14	06:07
30	750	José Barroso	individual	Senior Masculino	01:32:28	+20:01	06:10
31	581	João Carolo	clube zupper	Senior Masculino	01:32:44	+20:17	06:11
32	584	Nuno Ribeiro	clube zupper	Senior Masculino	01:33:09	+20:42	06:13
33	728	Adriano Pinto	individual	Senior Masculino	01:33:11	+20:44	06:13
34	836	Flávio Oliveira	kemedo team	Senior Masculino	01:33:26	+20:59	06:14
35	704	FILIPE SILVA	grupo dramatico e recreativo da retorta	Veterano M40	01:34:00	+21:33	06:16
36	547	Tiago André Moreira Durães	amigos do pedal trailagares	Senior Masculino	01:34:28	+22:01	06:18
37	625	Luis Neves	equipotência	Senior Masculino	01:34:42	+22:15	06:19
38	523	Pedro Soares	a.d.sebolido trail boneca douro	Senior Masculino	01:35:04	+22:37	06:20
39	1011	Fernando Coelho	trinca orelhas de gato	Veterano M40	01:35:24	+22:57	06:22
40	542	Adriano Jorge Oliveira Reis	amigos do pedal trailagares	Senior Masculino	01:35:38	+23:11	06:23
41	571	Luís Araújo	boavista f.c.	Veterano M40	01:36:45	+24:18	06:27
42	526	Rui Teixeira	a.d.sebolido trail boneca douro	Senior Masculino	01:36:48	+24:21	06:27

TRAIL CURTO - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
43	910	Ivo Dias	oralklass-amigos do trail	Senior Masculino	01:37:03	+24:36	06:28
44	739	Filipe Neves	individual	Senior Masculino	01:37:16	+24:49	06:29
45	900	José Maria Gouveia Martins	nast	Veterano M40	01:38:06	+25:39	06:32
46	588	António Teixeira	clube zupper	Veterano M40	01:38:43	+26:16	06:35
47	846	Laurindo Osório	kemedo team	Veterano M40	01:39:04	+26:37	06:36
48	882	Rui Madureira	marco runners	Senior Masculino	01:39:14	+26:47	06:37
49	610	Hélder Joaquim Moreira	danados	Senior Masculino	01:39:23	+26:56	06:38
50	903	Arnaldo Santos	nocturnos de paredes	Veterano M40	01:39:50	+27:23	06:39
51	901	Albertina Cunha	nocturnos de paredes	Senior Feminino	01:39:52	+27:25	06:40
52	536	Manuel Arcanjo Freitas Ferreira	amigos do pedal trailagares	Veterano M40	01:39:53	+27:26	06:40
53	944	Helder Querós	run4all	Senior Masculino	01:39:58	+27:31	06:40
54	746	Joao Filipe Leite	individual	Senior Masculino	01:40:01	+27:34	06:40
55	997	Luis Teixeira	too stupid to stop	Senior Masculino	01:40:38	+28:11	06:43
56	548	Vitor Rafael Sousa Moreira	amigos do pedal trailagares	Senior Masculino	01:40:52	+28:25	06:44
57	522	Manuel Lopes	a.d.sebolido trail boneca douro	Senior Masculino	01:41:27	+29:00	06:46
58	1021	Victor Cardoso	trinca orelhas de gato	Veterano M40	01:41:40	+29:13	06:47
59	759	Marco Sousa	individual	Senior Masculino	01:42:00	+29:33	06:48
60	831	Manu Cunha	javalis potugal	Senior Masculino	01:42:01	+29:34	06:48
61	600	António Malheiro	corre tascas running club	Veterano M40	01:42:01	+29:34	06:48
62	861	Hugo Moreira	leões de tardariz trail	Senior Masculino	01:42:03	+29:36	06:48
63	755	Manuel Ferreira de Sousa	individual	Senior Masculino	01:42:16	+29:49	06:49
64	525	Roberto Freitas	a.d.sebolido trail boneca douro	Senior Masculino	01:42:25	+29:58	06:50
65	906	Andreia Barbosa	oralklass-amigos do trail	Senior Feminino	01:42:36	+30:09	06:50
66	998	Vitor Moreira	too stupid to stop	Senior Masculino	01:43:04	+30:37	06:52
67	738	Ernesto Barbosa	individual	Senior Masculino	01:43:45	+31:17	06:55
68	690	Andreia Amorim	gondomar futsal clube	Senior Feminino	01:44:04	+31:37	06:56
69	791	Abilio Ferreira	individual	Veterano M40	01:44:10	+31:43	06:57
70	765	Nuno Sousa	individual	Senior Masculino	01:44:11	+31:44	06:57
71	757	marcio barreto	individual	Senior Masculino	01:45:06	+32:39	07:00
72	756	Manuel Martins Vieira	individual	Senior Masculino	01:45:14	+32:47	07:01
73	692	Sandra Pera	gondomar futsal clube	Senior Feminino	01:45:22	+32:55	07:02
74	813	Leonel Silva	individual	Veterano M40	01:45:40	+33:13	07:03
75	825	Tiago Mendes	individual	Veterano M40	01:45:40	+33:13	07:03
76	894	Pedro Vieira	moinhos run adrm	Veterano M40	01:45:54	+33:27	07:04
77	802	Carlos Manuel Vinha Lopes	individual	Veterano M40	01:45:55	+33:28	07:04
78	608	Carlos Barbosa	danados	Senior Masculino	01:45:55	+33:28	07:04
79	942	Manuel Carlos de Almeida Rola	run forrest run	Senior Masculino	01:45:55	+33:28	07:04
80	941	Luís Filipe Ferreira da Costa e Silva	run forrest run	Senior Masculino	01:46:02	+33:35	07:04
81	943	Ricardo da Silva Machado	run forrest run	Senior Masculino	01:46:02	+33:35	07:04
82	973	Carlos Gomes	team shark	Senior Masculino	01:46:04	+33:37	07:04
83	659	Tomé Marques	fugitivos urbanos - clínica + saúde	Senior Masculino	01:46:38	+34:11	07:07
84	768	Paulo Neves	individual	Senior Masculino	01:46:40	+34:13	07:07
85	507	Ricardo Silva	10temidos	Senior Masculino	01:46:52	+34:25	07:08
86	887	luisa cruz	moinhos run adrm	Senior Feminino	01:47:02	+34:35	07:08
87	793	ALBERTO CARVALHO	individual	Veterano M40	01:47:07	+34:40	07:09
88	1003	Vicente de Sousa	trinca orelhas de gato	Senior Masculino	01:47:08	+34:41	07:09

TRAIL CURTO - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
89	936	RENATO OLIVEIRA	portocargo	Veterano M40	01:47:09	+34:42	07:09
90	931	Américo Cunha	passatempo jornal fm	Veterano M40	01:47:59	+35:32	07:12
91	863	Miguel Alves	leões de tardariz trail	Senior Masculino	01:48:03	+35:36	07:12
92	1025	Estela Martins	vamos lá meninas	Senior Feminino	01:48:18	+35:51	07:13
93	647	AMERICO FRANÇA	França	Veterano M40	01:48:21	+35:54	07:13
94	835	Fernando Azevedo	kemedo team	Senior Masculino	01:48:26	+35:59	07:14
95	871	Mário Moura	leões de tardariz trail	Veterano M40	01:48:29	+36:02	07:14
96	907	Brígida Pinto	oralklass-amigos do trail	Senior Feminino	01:48:52	+36:25	07:16
97	632	Telma Duarte	ermidafit	Senior Feminino	01:49:00	+36:33	07:16
98	570	Eduardo Moreira	boavista f.c.	Veterano M40	01:49:06	+36:39	07:16
99	899	Rui pedro Rodrigues	montain runners	Senior Masculino	01:49:49	+37:22	07:19
100	1001	Pedro Sousa	trinca orelhas de gato	Senior Masculino	01:49:49	+37:22	07:19
101	840	Renato Almeida	kemedo team	Senior Masculino	01:49:49	+37:22	07:19
102	880	Filipe Rocha	marco runners	Senior Masculino	01:49:52	+37:25	07:20
103	891	Sérgio Andrade	moinhos run adrm	Senior Masculino	01:50:06	+37:39	07:20
104	527	Tiago Sousa	a.d.sebolido trail boneca douro	Senior Masculino	01:50:10	+37:43	07:21
105	745	ivo bras	individual	Senior Masculino	01:50:37	+38:10	07:23
106	838	José Pereira	kemedo team	Senior Masculino	01:50:43	+38:16	07:23
107	753	Leonardo Brito	individual	Senior Masculino	01:50:45	+38:18	07:23
108	999	Daniel Grandão	trinca orelhas de gato	Senior Masculino	01:50:52	+38:25	07:24
109	868	Joaquim Leite	leões de tardariz trail	Veterano M40	01:51:03	+38:36	07:24
110	990	Rui Rocha	team shark	Veterano M40	01:51:16	+38:48	07:25
111	627	Vítor Martins	equipotência	Senior Masculino	01:51:25	+38:58	07:26
112	829	Bruno Maia	javalis potugal	Senior Masculino	01:51:31	+39:04	07:26
113	747	João Pereira	individual	Senior Masculino	01:51:33	+39:06	07:26
114	546	Sérgio Filipe Lopes Silva	amigos do pedal trailagares	Senior Masculino	01:51:38	+39:11	07:27
115	524	PEDRO VIEIRA	a.d.sebolido trail boneca douro	Senior Masculino	01:51:39	+39:12	07:27
116	895	Rui Quinta	moinhos run adrm	Veterano M40	01:51:52	+39:25	07:28
117	996	Christophe Sousa	too stupid to stop	Senior Masculino	01:52:15	+39:48	07:29
118	1019	Sérgio Gomes	trinca orelhas de gato	Veterano M40	01:52:31	+40:04	07:30
119	932	Belmiro Gomes	passatempo jornal fm	Veterano M40	01:52:32	+40:05	07:30
120	930	José Lopes	passatempo jornal fm	Senior Masculino	01:52:33	+40:06	07:30
121	698	Fernando Ferreira	gondomar futsal clube	Veterano M40	01:52:39	+40:12	07:31
122	519	Bruno Rocha	a.d.sebolido trail boneca douro	Senior Masculino	01:52:59	+40:32	07:32
123	564	Lourenço Cardoso	baguim runners	Veterano M40	01:53:00	+40:33	07:32
124	595	Carla Malheiro	corre tascas running club	Senior Feminino	01:53:17	+40:50	07:33
125	593	Ana Rita Silva	corre tascas running club	Senior Feminino	01:53:17	+40:50	07:33
126	777	Vitor manuel ribeiro Dias	individual	Senior Masculino	01:53:18	+40:51	07:33
127	612	Joaquim Fernando Santos	danados	Senior Masculino	01:53:29	+41:02	07:34
128	565	Vitor Cardoso	baguim runners	Veterano M40	01:54:04	+41:37	07:36
129	920	Paulo Barbosa	padilha team	Veterano M40	01:54:05	+41:38	07:36
130	766	Paulo Assis	individual	Senior Masculino	01:54:10	+41:43	07:37
131	623	João Neves	equipotência	Senior Masculino	01:54:24	+41:57	07:38
132	885	Cláudia Moreira	moinhos run adrm	Senior Feminino	01:54:24	+41:57	07:38
133	644	Pedro Ferreira	factorx / s4l / medensefc	Veterano M40	01:54:49	+42:22	07:39
134	598	Nuno Meireles	corre tascas running club	Senior Masculino	01:55:08	+42:41	07:41

TRAIL CURTO - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
135	589	Armando Moreira	clube zupper	Veterano M40	01:55:19	+42:52	07:41
136	596	Manuel Silva	corre tascas running club	Senior Masculino	01:55:22	+42:54	07:41
137	567	Silvia Teixeira	boavista f.c.	Senior Feminino	01:55:25	+42:58	07:42
138	633	André Machado	ermidafit	Senior Masculino	01:55:26	+42:59	07:42
139	603	Andreia Cunha	danados	Senior Feminino	01:56:07	+43:40	07:45
140	872	Pedro Ferreira	leões de tardariz trail	Veterano M40	01:56:09	+43:42	07:45
141	824	sergio sousa	individual	Veterano M40	01:56:12	+43:45	07:45
142	892	Carla Pinto	moinhos run adrm	Veterana F40	01:56:35	+44:08	07:46
143	538	Maria José Pereira Leão	amigos do pedal trailagares	Senior Feminino	01:56:50	+44:23	07:47
144	733	Bruno José Borges duarte	individual	Senior Masculino	01:57:26	+44:59	07:50
145	909	Patrícia Santos	oralklass-amigos do trail	Senior Feminino	01:57:33	+45:06	07:50
146	912	José Santos	oralklass-amigos do trail	Senior Masculino	01:57:33	+45:06	07:50
147	994	Sérgio Cláudio Ferreira Silva	tecla 3 runners	Veterano M40	01:57:50	+45:23	07:51
148	993	Teresa Manuela Ferreira Moreira Silva	tecla 3 runners	Veterana F40	01:58:13	+45:46	07:53
149	975	Hélder Rodrigues	team shark	Senior Masculino	01:58:16	+45:49	07:53
150	711	Elisabete Maria Carvalho Sousa	individual	Senior Feminino	01:58:18	+45:51	07:53
151	889	Manuel Pereira	moinhos run adrm	Senior Masculino	01:58:31	+46:04	07:54
152	1013	Hélder Monteiro	trinca orelhas de gato	Veterano M40	01:58:36	+46:09	07:54
153	708	Andreia Sofia Santos Mota	individual	Senior Feminino	01:59:16	+46:49	07:57
154	809	jorge caria	individual	Veterano M40	01:59:16	+46:49	07:57
155	827	Vitor Almeida	individual	Veterano M40	01:59:28	+47:01	07:58
156	828	Vitor Mateus	individual	Veterano M40	01:59:34	+47:07	07:58
157	521	Isaque Silva	a.d.sebolido trail boneca douro	Senior Masculino	01:59:35	+47:08	07:58
158	511	Paulo Ribeiro	10temidos	Veterano M40	02:00:22	+47:55	08:02
159	785	MARIA DE FATIMA SILVA PAIS	individual	Veterana F40	02:00:34	+48:07	08:02
160	534	Lino Moreira	all about	Veterano M40	02:00:37	+48:10	08:03
161	656	Hugo Oliveira	fugitivos urbanos - clínica + saúde	Senior Masculino	02:00:51	+48:24	08:03
162	658	Sérgio Silva	fugitivos urbanos - clínica + saúde	Senior Masculino	02:01:28	+49:01	08:06
163	514	Wilson Fonseca	10temidos	Veterano M40	02:01:57	+49:30	08:08
164	503	Ana Campanhã	10temidos	Senior Feminino	02:01:57	+49:30	08:08
165	758	Marco Ferreira	individual	Senior Masculino	02:02:13	+49:46	08:09
166	783	Ivone Ferreira	individual	Veterana F40	02:02:13	+49:46	08:09
167	518	BANITA	a.d.sebolido trail boneca douro	Senior Feminino	02:02:17	+49:50	08:09
168	735	Carlos Daniel Moreira da Silva Azevedo	individual	Senior Masculino	02:02:23	+49:56	08:10
169	533	Alvaro Nunes	all about	Veterano M40	02:02:27	+50:00	08:10
170	1033	Rui Mota	corre tascas running club	Senior Masculino	02:02:53	+50:26	08:12
171	1018	Orlando Almeida	trinca orelhas de gato	Veterano M40	02:02:56	+50:29	08:12
172	737	Daniel Silva	individual	Senior Masculino	02:03:19	+50:52	08:13
173	991	Jorge Daniel Ferreira da Silva	tecla 3 runners	Senior Masculino	02:03:50	+51:23	08:15
174	657	MÁRCIO PEREIRA	fugitivos urbanos - clínica + saúde	Senior Masculino	02:04:19	+51:52	08:17
175	643	Pedro Torres Ferreira	factorx / s4l / medensefc	Senior Masculino	02:04:44	+52:17	08:19
176	645	Rui Alexander Freitas	factorx / s4l / medensefc	Veterano M40	02:04:44	+52:17	08:19
177	700	Pedro Sousa	gondomar futsal clube	Veterano M40	02:04:44	+52:17	08:19
178	563	Sandra Cardoso	baguim runners	Veterana F40	02:04:46	+52:19	08:19
179	815	Manuel Fernandes	individual	Veterano M40	02:04:47	+52:20	08:19

TRAIL CURTO - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
180	617	Filipe Lopes	engomadoria l&a team	Senior Masculino	02:04:59	+52:32	08:20
181	953	José Silva	silva trail team	Veterano M40	02:05:25	+52:58	08:22
182	865	Agostinho Cardoso	leões de tardariz trail	Veterano M40	02:05:44	+53:17	08:23
183	796	António domingos Cardoso Teixeira	individual	Veterano M40	02:05:53	+53:26	08:24
184	883	Sílvio Vieira	marco runners	Senior Masculino	02:06:02	+53:35	08:24
185	520	Fabio Correia	a.d.sebolido trail boneca douro	Senior Masculino	02:06:12	+53:45	08:25
186	881	João Bernardes	marco runners	Senior Masculino	02:06:32	+54:05	08:26
187	576	Ricardo peres	celina team	Senior Masculino	02:06:34	+54:07	08:26
188	774	Rui Ferreira	individual	Senior Masculino	02:06:35	+54:08	08:26
189	771	Ricardo Jorge Leão Sousa	individual	Senior Masculino	02:06:36	+54:09	08:26
190	515	cesar ribeiro	a. ribiero	Senior Masculino	02:06:42	+54:15	08:27
191	859	Luis Silva	la zinco	Senior Masculino	02:06:59	+54:32	08:28
192	742	Gonçalo Pereira de Oliveira	individual	Senior Masculino	02:07:30	+55:03	08:30
193	619	António Lourenço	engomadoria l&a team	Veterano M40	02:07:37	+55:10	08:31
194	971	Rosa Lopes	team shark	Senior Feminino	02:08:00	+55:33	08:32
195	897	Liliana Magalhães	montain runners	Senior Feminino	02:08:17	+55:50	08:33
196	591	Joaquim Madureira	clube zupper	Veterano M40	02:08:20	+55:53	08:33
197	539	Daniela Godinho	amigos do pedal trailagares	Senior Feminino	02:08:31	+56:04	08:34
198	905	EDUARDO RIBEIRO	opraticante.pt / associação desportiva amarante	Veterano M40	02:08:40	+56:13	08:35
199	904	ANDRE MARTINS	opraticante.pt / associação desportiva amarante	Senior Masculino	02:08:40	+56:13	08:35
200	624	Joaquim Ribeiro	equipotência	Senior Masculino	02:08:42	+56:15	08:35
201	832	Liliana Vieira	kemedo team	Senior Feminino	02:09:13	+56:46	08:37
202	811	José Caseiro	individual	Veterano M40	02:09:25	+56:58	08:38
203	981	Alberto Teixeira	team shark	Veterano M40	02:09:25	+56:58	08:38
204	966	Mónica Maria Ferreira Sá Costa Barbosa	tartarugas do asfalto	Senior Feminino	02:09:40	+57:13	08:39
205	1016	José Júnior	trinca orelhas de gato	Veterano M40	02:09:46	+57:19	08:39
206	1008	António Ribeiro	trinca orelhas de gato	Veterano M40	02:09:51	+57:24	08:39
207	822	Pedro Silva	individual	Veterano M40	02:10:01	+57:34	08:40
208	817	Manuel Reis	individual	Veterano M40	02:10:21	+57:54	08:41
209	715	Márcia Silva	individual	Senior Feminino	02:10:25	+57:58	08:42
210	751	José Ferreira	individual	Senior Masculino	02:10:25	+57:58	08:42
211	513	Rui Sá	10temidos	Veterano M40	02:10:35	+58:08	08:42
212	1015	José Jesus	trinca orelhas de gato	Veterano M40	02:11:00	+58:33	08:44
213	684	Joca Coelho	gandrafit ginasio	Senior Masculino	02:11:02	+58:35	08:44
214	729	André Santos	individual	Senior Masculino	02:11:05	+58:38	08:44
215	578	Miguel Moreira	chillout	Senior Masculino	02:11:09	+58:42	08:45
216	682	Firmino Leal	gandrafit ginasio	Senior Masculino	02:11:16	+58:49	08:45
217	770	Pedro Maia	individual	Senior Masculino	02:11:18	+58:51	08:45
218	531	Liliana Alves	alive runners	Senior Feminino	02:11:18	+58:51	08:45
219	693	Fábio Silva	gondomar futsal clube	Senior Masculino	02:11:22	+58:55	08:46
220	801	Carlos Manuel Silva Pascoal	individual	Veterano M40	02:11:25	+58:58	08:46
221	984	Fernando Mendes	team shark	Veterano M40	02:11:37	+59:10	08:47
222	970	Claudia Sofia Paula	team shark	Senior Feminino	02:11:37	+59:10	08:47
223	635	Francisco Daniel Martins da Rocha	ermidafit	Senior Masculino	02:12:07	+59:40	08:49

TRAIL CURTO - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
224	788	Nina Silva	individual	Veterana F40	02:12:23	+59:56	08:50
225	962	Henrique Sousa	soplabifana	Senior Masculino	02:12:31	+01:00:04	08:50
226	992	Emília Marília Barros Eusebio	tecla 3 runners	Veterana F40	02:12:36	+01:00:09	08:50
227	642	João Sousa	factorx / s4l / medensefc	Senior Masculino	02:12:37	+01:00:10	08:51
228	1012	Fernando Pereira	trinca orelhas de gato	Veterano M40	02:12:38	+01:00:11	08:51
229	730	André Vieira oliveira	individual	Senior Masculino	02:13:24	+01:00:57	08:54
230	734	Bruno Miguel Sousa Barros	individual	Senior Masculino	02:13:25	+01:00:58	08:54
231	701	António Pedro Rodrigues	grupo desportivo da portela	Veterano M40	02:13:52	+01:01:25	08:56
232	512	Pedro Sousa	10temidos	Veterano M40	02:14:14	+01:01:47	08:57
233	509	Valter Gouveia	10temidos	Senior Masculino	02:14:15	+01:01:48	08:57
234	898	Patrícia Ribeiro	montain runners	Senior Feminino	02:14:20	+01:01:53	08:57
235	528	Ricardo Sousa	a.d.sebolido trail boneca douro	Veterano M40	02:14:53	+01:02:26	09:00
236	847	Luís Gomes	kemedo team	Veterano M40	02:14:57	+01:02:30	09:00
237	754	Manuel Fernando Gomes	individual	Senior Masculino	02:15:32	+01:03:05	09:02
238	826	Vasco Tomás	individual	Veterano M40	02:15:45	+01:03:18	09:03
239	740	Filipe Pacheco	individual	Senior Masculino	02:16:02	+01:03:35	09:04
240	877	João Alberto Pinheiro	lousa team	Veterano M40	02:16:27	+01:04:00	09:06
241	870	Manuel Oliveira	leões de tardariz trail	Veterano M40	02:16:27	+01:04:00	09:06
242	668	Susana Magalhaes	futebol clube de penafiel	Veterana F40	02:16:37	+01:04:10	09:07
243	662	Graça Pinto	futebol clube de penafiel	Senior Feminino	02:16:37	+01:04:10	09:07
244	666	Ana Pinto	futebol clube de penafiel	Veterana F40	02:16:37	+01:04:10	09:07
245	671	Rui Pinto	futebol clube de penafiel	Veterano M40	02:16:37	+01:04:10	09:07
246	837	Flávio Silva	kemedo team	Senior Masculino	02:16:44	+01:04:17	09:07
247	718	Marlene Silva	individual	Senior Feminino	02:16:49	+01:04:22	09:07
248	744	Hugo Peixoto	individual	Senior Masculino	02:16:50	+01:04:23	09:07
249	928	Paulo Macedo	paripassu	Veterano M40	02:17:00	+01:04:33	09:08
250	613	José Pedro Dias	danados	Senior Masculino	02:17:09	+01:04:42	09:09
251	585	cândida vilas-boas	clube zupper	Veterana F40	02:18:11	+01:05:44	09:13
252	592	Vitor Viana	clube zupper	Veterano M40	02:18:13	+01:05:46	09:13
253	769	Paulo Pinto	individual	Senior Masculino	02:18:30	+01:06:03	09:14
254	655	HUGO DANIEL	fugitivos urbanos - clínica + saúde	Senior Masculino	02:18:38	+01:06:11	09:15
255	749	Jorge Miguel Ferreira da Cruz	individual	Senior Masculino	02:18:54	+01:06:27	09:16
256	566	Mónica Sofia	beat your limit	Senior Feminino	02:18:56	+01:06:29	09:16
257	641	Filipe Fonseca	factorx / s4l / medensefc	Senior Masculino	02:18:57	+01:06:30	09:16
258	860	Nuno Oliveira	la zinco	Senior Masculino	02:19:02	+01:06:35	09:16
259	856	Bruno Matos	la zinco	Senior Masculino	02:19:08	+01:06:41	09:17
260	1009	Carlos Anjos	trinca orelhas de gato	Veterano M40	02:19:27	+01:07:00	09:18
261	1000	Luís Martins	trinca orelhas de gato	Senior Masculino	02:19:27	+01:07:00	09:18
262	799	Armando Teixeira	individual	Veterano M40	02:19:28	+01:07:01	09:18
263	988	Paulo Jorge Carvalho	team shark	Veterano M40	02:19:42	+01:07:15	09:19
264	773	Rui Daniel Silva	individual	Senior Masculino	02:20:04	+01:07:37	09:20
265	814	Luis Melo	individual	Veterano M40	02:20:25	+01:07:58	09:22
266	857	Carlos Alves	la zinco	Senior Masculino	02:20:32	+01:08:05	09:22
267	634	Ezequiel Campelo	ermidafit	Senior Masculino	02:21:10	+01:08:43	09:25
268	517	Sofia Carvalho	a.d.sebolido trail boneca douro	Senior Feminino	02:21:50	+01:09:23	09:27
269	516	Ana Rodrigues	a.d.sebolido trail boneca douro	Senior Feminino	02:21:51	+01:09:24	09:27

TRAIL CURTO - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
270	780	Cacilda Maria Sousa Ramos	individual	Veterana F40	02:21:54	+01:09:27	09:28
271	820	Paulo Nuno Barbosa Sampaio	individual	Veterano M40	02:21:57	+01:09:30	09:28
272	982	António Oliveira	team shark	Veterano M40	02:22:07	+01:09:40	09:29
273	935	PAULO FERREIRA	portocargo	Veterano M40	02:22:22	+01:09:55	09:30
274	579	Cátia Moreira	clube zupper	Senior Feminino	02:22:27	+01:10:00	09:30
275	649	Ricardo Miguel Magalhães Nunes	fridão sem limites	Senior Masculino	02:22:38	+01:10:11	09:31
276	648	Andreia Ribeiro Almeida	fridão sem limites	Senior Feminino	02:22:38	+01:10:11	09:31
277	1007	António Neto	trinca orelhas de gato	Veterano M40	02:23:15	+01:10:47	09:33
278	727	Vanessa Filipa Soares dos Santos	individual	Senior Feminino	02:23:50	+01:11:23	09:35
279	709	CarinaPereira	individual	Senior Feminino	02:23:50	+01:11:23	09:35
280	800	Carlos Almeida	individual	Veterano M40	02:23:59	+01:11:32	09:36
281	646	Manuel Rocha	fast ao km	Veterano M40	02:24:44	+01:12:17	09:39
282	764	Nuno Miguel Pinto	individual	Senior Masculino	02:24:59	+01:12:32	09:40
283	879	Daniel Ferreira Magalhães Correia	marco runners	Senior Masculino	02:25:32	+01:13:05	09:42
284	752	José Manuel Ferreira Ribeiro	individual	Senior Masculino	02:25:43	+01:13:16	09:43
285	963	Jorge Almeida	soplabifana	Veterano M40	02:25:43	+01:13:16	09:43
286	557	Helena Ferreira	amotinados	Veterana F40	02:25:58	+01:13:31	09:44
287	586	Estefânia Martins	clube zupper	Veterana F40	02:26:08	+01:13:41	09:45
288	717	Maria Sá	individual	Senior Feminino	02:26:14	+01:13:47	09:45
289	818	Paulo Graça	individual	Veterano M40	02:26:15	+01:13:48	09:45
290	775	Rui Graça	individual	Senior Masculino	02:26:16	+01:13:49	09:45
291	778	Vitor Santos	individual	Senior Masculino	02:26:58	+01:14:31	09:48
292	810	JORGE SUZANO	individual	Veterano M40	02:27:26	+01:14:59	09:50
293	699	Mário Ribeiro	gondomar futsal clube	Veterano M40	02:27:26	+01:14:59	09:50
294	1006	Alcino Tavares	trinca orelhas de gato	Veterano M40	02:27:54	+01:15:27	09:52
295	552	Paula Ferreira	amigos do pedal trailagares	Veterana F40	02:28:09	+01:15:42	09:53
296	980	Sandra Matos	team shark	Veterana F40	02:28:37	+01:16:10	09:55
297	554	Carla Monteiro	amotinados	Senior Feminino	02:29:11	+01:16:44	09:57
298	1010	Carlos Conde	trinca orelhas de gato	Veterano M40	02:29:12	+01:16:45	09:57
299	948	Jorge Ferreirinha	salto´s runner	Senior Masculino	02:29:27	+01:17:00	09:58
300	852	António Rocha	kitty team	Senior Masculino	02:30:00	+01:17:33	10:00
301	779	Ana paula teixeira	individual	Veterana F40	02:30:08	+01:17:41	10:01
302	888	Carlos Gonçalves	moinhos run adrm	Senior Masculino	02:30:19	+01:17:52	10:01
303	896	Claudia Marisa Sousa	montain runners	Senior Feminino	02:30:35	+01:18:08	10:02
304	760	Miguel Ferreira	individual	Senior Masculino	02:30:37	+01:18:10	10:03
305	939	Tiago Meireles	r2v	Senior Masculino	02:30:53	+01:18:26	10:04
306	691	Patrícia Pereira	gondomar futsal clube	Senior Feminino	02:31:16	+01:18:49	10:05
307	695	Adelaide Vigário	gondomar futsal clube	Veterana F40	02:31:16	+01:18:49	10:05
308	724	Sonia Pinto	individual	Senior Feminino	02:31:43	+01:19:16	10:07
309	629	Abilio Neves	equipotência	Veterano M40	02:31:52	+01:19:25	10:08
310	839	Pedro Duarte	kemedo team	Senior Masculino	02:31:55	+01:19:28	10:08
311	582	Nelson Correira	clube zupper	Senior Masculino	02:32:45	+01:20:18	10:11
312	577	Ricardo Rocha	celina team	Senior Masculino	02:32:50	+01:20:23	10:11
313	559	Paulo Miranda	amotinados	Veterano M40	02:32:54	+01:20:27	10:12
314	977	Claudia Loma	team shark	Veterana F40	02:33:11	+01:20:44	10:13
315	976	Jorge Silva	team shark	Senior Masculino	02:33:11	+01:20:44	10:13

TRAIL CURTO - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
316	886	Luciana Camilo	moinhos run adrm	Senior Feminino	02:33:30	+01:21:03	10:14
317	1002	Tânia Susete Martins Lamas	trinca orelhas de gato	Senior Masculino	02:33:55	+01:21:28	10:16
318	1014	José António Freitas	trinca orelhas de gato	Veterano M40	02:33:55	+01:21:28	10:16
319	549	Carmen Moreira	amigos do pedal trailagares	Veterana F40	02:34:14	+01:21:47	10:17
320	807	João Manuel Lemos Rodrigues Sousa	individual	Veterano M40	02:34:18	+01:21:51	10:17
321	924	Mónica Magalhães	papatrails	Senior Feminino	02:34:21	+01:21:54	10:17
322	597	Nuno Gonçalves	corre tascas running club	Senior Masculino	02:34:30	+01:22:03	10:18
323	803	Fernando Ferreira	individual	Veterano M40	02:34:38	+01:22:11	10:19
324	663	Lídia Teles	futebol clube de penafiel	Senior Feminino	02:34:39	+01:22:12	10:19
325	949	Delfina Eiras	salto´s runner	Veterana F40	02:34:40	+01:22:13	10:19
326	798	Antonio Vasconcelos	individual	Veterano M40	02:34:43	+01:22:16	10:19
327	808	Joaquim Matos	individual	Veterano M40	02:34:53	+01:22:26	10:20
328	529	Eduarda Gonçalves Coelho	ad libitum	Senior Feminino	02:34:58	+01:22:31	10:20
329	560	Telmo Costa	amotinados	Veterano M40	02:35:07	+01:22:40	10:21
330	530	Jaime Coelho	ad libitum	Senior Masculino	02:35:08	+01:22:41	10:21
331	556	Guilhermina Temporão	amotinados	Veterana F40	02:35:17	+01:22:50	10:21
332	965	Hugo Luis Rocha martins	tartaruga rapida	Senior Masculino	02:35:46	+01:23:19	10:23
333	866	Gualter Castro	leões de tardariz trail	Veterano M40	02:35:50	+01:23:23	10:23
334	678	Juliana Martins	gandrafit ginasio	Senior Feminino	02:36:34	+01:24:07	10:26
335	806	Isaac Batista Pereira	individual	Veterano M40	02:36:41	+01:24:14	10:27
336	925	Vitor Teixeira	papatrails	Senior Masculino	02:37:24	+01:24:57	10:30
337	916	Manuela Arantes	oriestarreja	Veterana F40	02:37:36	+01:25:09	10:30
338	795	Amândio sousa	individual	Veterano M40	02:37:48	+01:25:21	10:31
339	848	Sónia Gonçalves	kinkipa	Senior Feminino	02:37:48	+01:25:21	10:31
340	849	Diogo Silva	kinkipa	Senior Masculino	02:37:48	+01:25:21	10:31
341	697	António José Queiroz	gondomar futsal clube	Veterano M40	02:37:49	+01:25:22	10:31
342	685	Vitor Ribeiro	gandrafit ginasio	Senior Masculino	02:38:07	+01:25:40	10:33
343	923	Mafalda Alves	papatrails	Senior Feminino	02:38:16	+01:25:49	10:33
344	669	Julio Alves	futebol clube de penafiel	Veterano M40	02:38:23	+01:25:56	10:34
345	665	Isaac Ferreira	futebol clube de penafiel	Senior Masculino	02:38:23	+01:25:56	10:34
346	884	CÉLIO SOARES	marco runners	Veterano M40	02:38:33	+01:26:06	10:34
347	922	Estela Oliveira	papatrails	Senior Feminino	02:38:33	+01:26:06	10:34
348	687	Anabela Ribeiro	gandrafit ginasio	Veterana F40	02:39:02	+01:26:35	10:36
349	661	Rui Coelho	fugitivos urbanos - clínica + saúde	Veterano M40	02:39:04	+01:26:37	10:36
350	686	Ana Dias	gandrafit ginasio	Veterana F40	02:39:56	+01:27:29	10:40
351	508	Tiago Castro	10temidos	Senior Masculino	02:40:24	+01:27:57	10:42
352	732	Bruno Fernandes	individual	Senior Masculino	02:40:24	+01:27:57	10:42
353	767	Paulo Henriques	individual	Senior Masculino	02:40:25	+01:27:58	10:42
354	797	António Manuel Rodrigues da Silva	individual	Veterano M40	02:40:25	+01:27:58	10:42
355	972	Sara Rocha	team shark	Senior Feminino	02:40:25	+01:27:58	10:42
356	979	Monica Matos	team shark	Veterana F40	02:40:25	+01:27:58	10:42
357	967	Alexandra de Fátima Teixeira de Bessa	team aguenta aí	Veterana F40	02:40:41	+01:28:14	10:43
358	723	SOFIA FERREIRA	individual	Senior Feminino	02:40:41	+01:28:14	10:43
359	964	Helena andreia barbosa cerqueda	tartaruga rapida	Senior Feminino	02:40:51	+01:28:24	10:43
360	561	Vitor Magalhaes	amotinados	Veterano M40	02:40:52	+01:28:25	10:44

TRAIL CURTO - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
361	555	Ana Cardoso	amotinados	Veterana F40	02:40:52	+01:28:25	10:44
362	875	Berta Pinheiro	lousa team	Veterana F40	02:40:57	+01:28:30	10:44
363	553	Carina Gonçalves Ferreira	amigos do pedal trailagares	Senior Feminino	02:41:05	+01:28:38	10:44
364	535	Ana Rita Nogueira Coelho	amigos do pedal trailagares	Senior Feminino	02:41:05	+01:28:38	10:44
365	541	Telma Filipa Teixeira Rocha	amigos do pedal trailagares	Senior Feminino	02:41:05	+01:28:38	10:44
366	841	Anabela Gomes	kemedo team	Veterana F40	02:42:44	+01:30:17	10:51
367	622	Andre Freitas	equipotência	Senior Masculino	02:43:33	+01:31:06	10:54
368	628	Vitor Sousa	equipotência	Senior Masculino	02:43:33	+01:31:06	10:54
369	712	Jesus Oliveira	individual	Senior Feminino	02:43:53	+01:31:26	10:56
370	812	JOSE MANUEL FERNANDES RODRIGUES	individual	Veterano M40	02:45:00	+01:32:33	11:00
371	664	Raquel Silva	futebol clube de penafiel	Senior Feminino	02:45:01	+01:32:34	11:00
372	714	mara freitas	individual	Senior Feminino	02:45:07	+01:32:40	11:01
373	874	JOANA MARTINS	lion runners - g. d. leões da guarda	Veterana F40	02:45:17	+01:32:50	11:01
374	873	Raquel Santos	lion runners - g. d. leões da guarda	Senior Feminino	02:45:55	+01:33:28	11:04
375	772	Rui Correia	individual	Senior Masculino	02:46:19	+01:33:52	11:05
376	927	Jorge Ferreira	paripassu	Veterano M40	02:47:03	+01:34:36	11:08
377	607	Susana Almeida	danados	Senior Feminino	02:47:15	+01:34:48	11:09
378	821	Paulo Sousa	individual	Veterano M40	02:47:44	+01:35:17	11:11
379	631	Mara Rocha	ermidafit	Senior Feminino	02:47:44	+01:35:17	11:11
380	673	Ângela Gomes	gandrafit ginasio	Senior Feminino	02:47:52	+01:35:25	11:12
381	550	Guilhermina Maria Vieira Pinto Rocha	amigos do pedal trailagares	Veterana F40	02:47:53	+01:35:26	11:12
382	842	Elisa Gomes	kemedo team	Veterana F40	02:48:19	+01:35:52	11:13
383	532	Sofia Pimentel	all about	Senior Feminino	02:48:45	+01:36:18	11:15
384	919	Sílvio Silva	padilha team	Senior Masculino	02:49:31	+01:37:04	11:18
385	917	Andreia Rocha	padilha team	Senior Feminino	02:49:32	+01:37:05	11:18
386	696	Ana Sousa	gondomar futsal clube	Veterana F40	02:49:52	+01:37:25	11:20
387	630	Cátia Ferreira da Costa	ermidafit	Senior Feminino	02:50:07	+01:37:40	11:21
388	670	Manuel Alves	futebol clube de penafiel	Veterano M40	02:50:15	+01:37:48	11:21
389	667	Isabel Galhardo	futebol clube de penafiel	Veterana F40	02:50:15	+01:37:48	11:21
390	934	ISABEL VIEIRA	portocargo	Veterana F40	02:50:16	+01:37:49	11:21
391	1020	Sérgio Rocha	trinca orelhas de gato	Veterano M40	02:50:52	+01:38:25	11:24
392	672	Ana Coelho	gandrafit ginasio	Senior Feminino	02:51:22	+01:38:54	11:25
393	677	Débora Vieira	gandrafit ginasio	Senior Feminino	02:51:22	+01:38:54	11:25
394	725	SUSANA FERREIRA	individual	Senior Feminino	02:51:53	+01:39:26	11:28
395	731	ANTONIO FILIPE PINTO	individual	Senior Masculino	02:51:53	+01:39:26	11:28
396	741	Filipe Sousa	individual	Senior Masculino	02:52:12	+01:39:44	11:29
397	674	Beatriz Fontes	gandrafit ginasio	Senior Feminino	02:53:07	+01:40:40	11:33
398	683	João Guedes	gandrafit ginasio	Senior Masculino	02:53:08	+01:40:41	11:33
399	688	Carla Sousa	gandrafit ginasio	Veterana F40	02:53:09	+01:40:42	11:33
400	926	Luis Marques	paripassu	Senior Masculino	02:54:13	+01:41:45	11:37
401	945	Lígia Eiras	salto´s runner	Senior Feminino	02:54:47	+01:42:20	11:39
402	946	Patricia Vieira	salto´s runner	Senior Feminino	02:54:48	+01:42:20	11:39
403	947	jorge ferreirinha	salto´s runner	Senior Masculino	02:54:48	+01:42:20	11:39
404	816	Manuel Fernando Martins de Sousa	individual	Veterano M40	02:54:48	+01:42:21	11:39
405	551	Natália Cecília da Rocha Ferreira	amigos do pedal trailagares	Veterana F40	02:54:54	+01:42:27	11:40

TRAIL CURTO - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
406	580	Liliana Correira	clube zupper	Senior Feminino	02:56:10	+01:43:42	11:45
407	869	José Ferreira	leões de tardariz trail	Veterano M40	02:56:25	+01:43:58	11:46
408	867	João Cardoso	leões de tardariz trail	Veterano M40	02:56:26	+01:43:58	11:46
409	614	Manuel Fernando Moreira	danados	Senior Masculino	02:56:47	+01:44:20	11:47
410	611	João Paulo Moreira	danados	Senior Masculino	02:57:00	+01:44:32	11:48
411	850	Ana Soraia Ferreira Silva	kitty team	Senior Feminino	02:57:32	+01:45:05	11:50
412	938	Ricardo Ribeiro	r2v	Senior Masculino	02:57:33	+01:45:06	11:50
413	851	Marlene Moreira	kitty team	Senior Feminino	02:57:34	+01:45:06	11:50
414	940	Vitor Aleixo	r2v	Senior Masculino	02:57:45	+01:45:18	11:51
415	651	FILIPA SILVA	fugitivos urbanos - clínica + saúde	Senior Feminino	02:57:53	+01:45:25	11:52
416	652	RITA SILVA	fugitivos urbanos - clínica + saúde	Senior Feminino	02:57:53	+01:45:25	11:52
417	995	Alice Taborda	too stupid to stop	Senior Feminino	02:58:11	+01:45:44	11:53
418	876	Natália Maria Moreira Vieira	lousa team	Veterana F40	02:58:14	+01:45:47	11:53
419	590	Ivo Correia	clube zupper	Veterano M40	02:58:20	+01:45:52	11:53
420	951	Álvaro Costa	sete	Veterano M40	02:58:59	+01:46:32	11:56
421	950	Mariana Costa	sete	Senior Feminino	02:58:59	+01:46:32	11:56
422	713	Joana Oliveira	individual	Senior Feminino	03:00:21	+01:47:53	12:01
423	978	Elsa Santos	team shark	Veterana F40	03:00:21	+01:47:54	12:01
424	986	Lenio Marinho	team shark	Veterano M40	03:00:21	+01:47:54	12:01
425	719	MARLENE SUSANA OLIVEIRA BARBOSA	individual	Senior Feminino	03:00:31	+01:48:03	12:02
426	743	HELDER FILIPE BARBOSA	individual	Senior Masculino	03:00:35	+01:48:07	12:02
427	722	Sara Raquel Pires Barbosa	individual	Senior Feminino	03:00:48	+01:48:20	12:03
428	782	Isabel Maria dos Santos Pires Barbosa	individual	Veterana F40	03:00:49	+01:48:21	12:03
429	786	Maria Guimarães Ferreira	individual	Veterana F40	03:01:25	+01:48:57	12:06
430	1022	Sandra Almendra	vamos lá meninas	Senior Feminino	03:02:16	+01:49:49	12:09
431	726	Susana Guimarães Ferreira	individual	Senior Feminino	03:03:12	+01:50:45	12:13
432	858	Joel Coelho	la zinco	Senior Masculino	03:03:14	+01:50:46	12:13
433	653	Sandra Silva	fugitivos urbanos - clínica + saúde	Senior Feminino	03:03:42	+01:51:15	12:15
434	654	Sofia Coelho	fugitivos urbanos - clínica + saúde	Senior Feminino	03:03:43	+01:51:15	12:15
435	676	Cátia Martins	gandrafit ginasio	Senior Feminino	03:06:31	+01:54:03	12:26
436	680	Daniel Gonçalves	gandrafit ginasio	Senior Masculino	03:06:32	+01:54:04	12:26
437	968	Manuel Jorge Nogueira Silva	team aguenta aí	Veterano M40	03:08:30	+01:56:02	12:34
438	853	Andreia Carvalho	la zinco	Senior Feminino	03:10:03	+01:57:36	12:40
439	640	Sérgio Sousa	espera por mim	Senior Masculino	03:11:10	+01:58:43	12:45
440	639	Carlos Santos	espera por mim	Senior Masculino	03:11:12	+01:58:45	12:45
441	855	Artur Mota	la zinco	Senior Masculino	03:15:50	+02:03:23	13:03
442	854	Paula Silva	la zinco	Senior Feminino	03:15:51	+02:03:23	13:03
443	1030	Vitor Borges	padilha team	Veterano M40	03:17:37	+02:05:10	13:11
444	679	Patrícia Silva	gandrafit ginasio	Senior Feminino	03:19:53	+02:07:25	13:20
445	1027	Carlos Miguel Ramos da Silva	viciados no pó	Senior Masculino	03:24:24	+02:11:56	13:38
446	960	Carlos Cunha	só descidas!!	Veterano M40	03:24:43	+02:12:16	13:39
447	604	Anita Silva	danados	Senior Feminino	03:27:11	+02:14:44	13:49
448	605	Marisa Vieira	danados	Senior Feminino	03:27:12	+02:14:44	13:49
449	606	Rute Liliana da Silva	danados	Senior Feminino	03:28:50	+02:16:23	13:55
450	615	Nuno Ricardo Sousa	danados	Senior Masculino	03:28:50	+02:16:23	13:55

TRAIL CURTO - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
451	956	Liliana Lopes	só descidas!!	Senior Feminino	03:33:59	+02:21:32	14:16
452	954	Carla Alves	só descidas!!	Senior Feminino	03:34:00	+02:21:32	14:16
453	958	Isolino Coelho	só descidas!!	Senior Masculino	03:34:01	+02:21:34	14:16
454	736	César Emanuel Jorge Coelho	individual	Senior Masculino	03:34:08	+02:21:41	14:17
455	957	Marta Oliveira	só descidas!!	Senior Feminino	03:34:08	+02:21:41	14:17
456	961	Paulo Barbosa	só descidas!!	Veterano M40	03:34:18	+02:21:50	14:17
457	955	Eliana Santos	só descidas!!	Senior Feminino	03:34:20	+02:21:52	14:17
458	937	Sandra Gomes	r2v	Senior Feminino	03:41:27	+02:28:59	14:46
459	707	Ana Sofia Magalhães	individual	Senior Feminino	03:41:35	+02:29:07	14:46
460	504	Claudia Moura	10temidos	Senior Feminino	03:49:56	+02:37:28	15:20
461	502	Alexandra Sá	10temidos	Senior Feminino	03:49:56	+02:37:28	15:20
462	506	Edgar Faria	10temidos	Senior Masculino	03:49:56	+02:37:28	15:20
463	510	Fernando Sá	10temidos	Veterano M40	03:49:56	+02:37:28	15:20
464	843	Marlene Rodrigues	kemedo team	Veterana F40	03:53:46	+02:41:18	15:35
465	845	Ivo Almeida	kemedo team	Veterano M40	03:53:46	+02:41:19	15:35
466	833	Mariana Almeida	kemedo team	Senior Feminino	03:53:46	+02:41:19	15:35
467	787	Marta Santos	individual	Veterana F40	04:03:35	+02:51:08	16:14
468	781	Carla Sousa	individual	Veterana F40	04:03:35	+02:51:08	16:14
469	790	Sara Amorim	individual	Veterana F40	04:03:36	+02:51:08	16:14

Trail Amigos do Alianca 2016

Paredes

05-October-2016

Trail Curto

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

R REVISED

	Time	Temperature	Humidity
Start	09:00	19.5ºC	58%
End	13:08	26ºC	42%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	908	Maria Areias	Oralklass-Amigos do Trail	Senior Feminino	01:28:55		05:56
2	901	Albertina Cunha	Nocturnos de Paredes	Senior Feminino	01:39:52	+10:57	06:40
3	906	Andreia Barbosa	Oralklass-Amigos do Trail	Senior Feminino	01:42:36	+13:41	06:50
4	690	Andreia Amorim	GONDOMAR FUTSAL CLUBE	Senior Feminino	01:44:04	+15:09	06:56
5	692	Sandra Pera	GONDOMAR FUTSAL CLUBE	Senior Feminino	01:45:22	+16:27	07:02
6	887	luisa cruz	Moinhos Run ADRM	Senior Feminino	01:47:02	+18:07	07:08
7	1025	Estela Martins	Vamos Lá Meninas	Senior Feminino	01:48:18	+19:23	07:13
8	907	Brígida Pinto	Oralklass-Amigos do Trail	Senior Feminino	01:48:52	+19:57	07:16
9	632	Telma Duarte	ErmidaFit	Senior Feminino	01:49:00	+20:05	07:16
10	595	Carla Malheiro	CORRE TASCAS RUNNING CLUB	Senior Feminino	01:53:17	+24:22	07:33
11	593	Ana Rita Silva	CORRE TASCAS RUNNING CLUB	Senior Feminino	01:53:17	+24:22	07:33
12	885	Cláudia Moreira	Moinhos Run ADRM	Senior Feminino	01:54:24	+25:29	07:38
13	567	Silvia Teixeira	Boavista F.C.	Senior Feminino	01:55:25	+26:30	07:42
14	603	Andreia Cunha	Danados	Senior Feminino	01:56:07	+27:12	07:45
15	538	Maria José Pereira Leão	Amigos do Pedal TraiLagares	Senior Feminino	01:56:50	+27:55	07:47
16	909	Patrícia Santos	Oralklass-Amigos do Trail	Senior Feminino	01:57:33	+28:38	07:50
17	711	Elisabete Maria Carvalho Sousa	Individual	Senior Feminino	01:58:18	+29:23	07:53
18	708	Andreia Sofia Santos Mota	Individual	Senior Feminino	01:59:16	+30:21	07:57
19	503	Ana Campanhã	10TEMIDOS	Senior Feminino	02:01:57	+33:02	08:08
20	518	BANITA	A.D.Sebolido Trail Boneca Douro	Senior Feminino	02:02:17	+33:22	08:09
21	971	Rosa Lopes	Team Shark	Senior Feminino	02:08:00	+39:05	08:32
22	897	Liliana Magalhães	Montain Runners	Senior Feminino	02:08:17	+39:22	08:33
23	539	Daniela Godinho	Amigos do Pedal TraiLagares	Senior Feminino	02:08:31	+39:36	08:34
24	832	Liliana Vieira	KeMedo Team	Senior Feminino	02:09:13	+40:18	08:37
25	966	Mónica Maria Ferreira Sá Costa Barbosa	Tartarugas do Asfalto	Senior Feminino	02:09:40	+40:45	08:39
26	715	Márcia Silva	Individual	Senior Feminino	02:10:25	+41:30	08:42
27	531	Liliana Alves	ALIVE RUNNERS	Senior Feminino	02:11:18	+42:23	08:45
28	970	Claudia Sofia Paula	Team Shark	Senior Feminino	02:11:37	+42:42	08:47
29	898	Patrícia Ribeiro	Montain Runners	Senior Feminino	02:14:20	+45:25	08:57
30	662	Graça Pinto	Futebol Clube de Penafiel	Senior Feminino	02:16:37	+47:42	09:07
31	718	Marlene Silva	Individual	Senior Feminino	02:16:49	+47:54	09:07
32	566	Mónica Sofia	Beat Your Limit	Senior Feminino	02:18:56	+50:01	09:16
33	517	Sofia Carvalho	A.D.Sebolido Trail Boneca Douro	Senior Feminino	02:21:50	+52:55	09:27
34	516	Ana Rodrigues	A.D.Sebolido Trail Boneca Douro	Senior Feminino	02:21:51	+52:56	09:27
35	579	Cátia Moreira	Clube Zupper	Senior Feminino	02:22:27	+53:32	09:30
36	648	Andreia Ribeiro Almeida	Fridão Sem Limites	Senior Feminino	02:22:38	+53:43	09:31
37	727	Vanessa Filipa Soares dos Santos	Individual	Senior Feminino	02:23:50	+54:55	09:35
38	709	CarinaPereira	Individual	Senior Feminino	02:23:50	+54:55	09:35
39	717	Maria Sá	Individual	Senior Feminino	02:26:14	+57:19	09:45

Trail Curto

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

40	554	Carla Monteiro	AMOTINADOS	Senior Feminino	02:29:11	+01:00:16	09:57
41	896	Claudia Marisa Sousa	Montain Runners	Senior Feminino	02:30:35	+01:01:40	10:02
42	691	Patrícia Pereira	GONDOMAR FUTSAL CLUBE	Senior Feminino	02:31:16	+01:02:21	10:05
43	724	Sonia Pinto	Individual	Senior Feminino	02:31:43	+01:02:48	10:07
44	886	Luciana Camilo	Moinhos Run ADRM	Senior Feminino	02:33:30	+01:04:35	10:14
45	924	Mónica Magalhães	PAPATRAILS	Senior Feminino	02:34:21	+01:05:26	10:17
46	663	Lídia Teles	Futebol Clube de Penafiel	Senior Feminino	02:34:39	+01:05:44	10:19
47	529	Eduarda Gonçalves Coelho	Ad libitum	Senior Feminino	02:34:58	+01:06:03	10:20
48	678	Juliana Martins	GANDRAFIT GINASIO	Senior Feminino	02:36:34	+01:07:39	10:26
49	848	Sónia Gonçalves	KinKipa	Senior Feminino	02:37:48	+01:08:53	10:31
50	923	Mafalda Alves	PAPATRAILS	Senior Feminino	02:38:16	+01:09:21	10:33
51	922	Estela Oliveira	PAPATRAILS	Senior Feminino	02:38:33	+01:09:38	10:34
52	972	Sara Rocha	Team Shark	Senior Feminino	02:40:25	+01:11:30	10:42
53	723	SOFIA FERREIRA	Individual	Senior Feminino	02:40:41	+01:11:46	10:43
54	964	Helena andreia barbosa cerqueda	Tartaruga rapida	Senior Feminino	02:40:51	+01:11:56	10:43
55	553	Carina Gonçalves Ferreira	Amigos do Pedal TraiLagares	Senior Feminino	02:41:05	+01:12:10	10:44
56	535	Ana Rita Nogueira Coelho	Amigos do Pedal TraiLagares	Senior Feminino	02:41:05	+01:12:10	10:44
57	541	Telma Filipa Teixeira Rocha	Amigos do Pedal TraiLagares	Senior Feminino	02:41:05	+01:12:10	10:44
58	712	Jesus Oliveira	Individual	Senior Feminino	02:43:53	+01:14:58	10:56
59	664	Raquel Silva	Futebol Clube de Penafiel	Senior Feminino	02:45:01	+01:16:06	11:00
60	714	mara freitas	Individual	Senior Feminino	02:45:07	+01:16:12	11:01
61	873	Raquel Santos	LION RUNNERS - G. D. Leões da Guarda	Senior Feminino	02:45:55	+01:17:00	11:04
62	607	Susana Almeida	Danados	Senior Feminino	02:47:15	+01:18:20	11:09
63	631	Mara Rocha	ErmidaFit	Senior Feminino	02:47:44	+01:18:49	11:11
64	673	Ângela Gomes	GANDRAFIT GINASIO	Senior Feminino	02:47:52	+01:18:57	11:12
65	532	Sofia Pimentel	All About	Senior Feminino	02:48:45	+01:19:50	11:15
66	917	Andreia Rocha	Padilha Team	Senior Feminino	02:49:32	+01:20:37	11:18
67	630	Cátia Ferreira da Costa	ErmidaFit	Senior Feminino	02:50:07	+01:21:12	11:21
68	672	Ana Coelho	GANDRAFIT GINASIO	Senior Feminino	02:51:22	+01:22:26	11:25
69	677	Débora Vieira	GANDRAFIT GINASIO	Senior Feminino	02:51:22	+01:22:26	11:25
70	725	SUSANA FERREIRA	Individual	Senior Feminino	02:51:53	+01:22:58	11:28
71	674	Beatriz Fontes	GANDRAFIT GINASIO	Senior Feminino	02:53:07	+01:24:12	11:33
72	945	Lígia Eiras	salto´s runner	Senior Feminino	02:54:47	+01:25:52	11:39
73	946	Patricia Vieira	salto´s runner	Senior Feminino	02:54:48	+01:25:52	11:39
74	580	Liliana Correira	Clube Zupper	Senior Feminino	02:56:10	+01:27:14	11:45
75	850	Ana Soraia Ferreira Silva	Kitty team	Senior Feminino	02:57:32	+01:28:37	11:50
76	851	Marlene Moreira	Kitty team	Senior Feminino	02:57:34	+01:28:38	11:50
77	651	FILIPA SILVA	Fugitivos Urbanos - Clínica + Saúde	Senior Feminino	02:57:53	+01:28:57	11:52
78	652	RITA SILVA	Fugitivos Urbanos - Clínica + Saúde	Senior Feminino	02:57:53	+01:28:57	11:52
79	995	Alice Taborda	Too Stupid to Stop	Senior Feminino	02:58:11	+01:29:16	11:53
80	950	Mariana Costa	SETE	Senior Feminino	02:58:59	+01:30:04	11:56
81	713	Joana Oliveira	Individual	Senior Feminino	03:00:21	+01:31:25	12:01
82	719	MARLENE SUSANA OLIVEIRA BARBOSA	Individual	Senior Feminino	03:00:31	+01:31:35	12:02
83	722	Sara Raquel Pires Barbosa	Individual	Senior Feminino	03:00:48	+01:31:52	12:03

Trail Curto

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

84	1022	Sandra Almendra	Vamos Lá Meninas	Senior Feminino	03:02:16	+01:33:21	12:09
85	726	Susana Guimarães Ferreira	Individual	Senior Feminino	03:03:12	+01:34:17	12:13
86	653	Sandra Silva	Fugitivos Urbanos - Clínica + Saúde	Senior Feminino	03:03:42	+01:34:47	12:15
87	654	Sofia Coelho	Fugitivos Urbanos - Clínica + Saúde	Senior Feminino	03:03:43	+01:34:47	12:15
88	676	Cátia Martins	GANDRAFIT GINASIO	Senior Feminino	03:06:31	+01:37:35	12:26
89	853	Andreia Carvalho	LA Zinco	Senior Feminino	03:10:03	+01:41:08	12:40
90	854	Paula Silva	LA Zinco	Senior Feminino	03:15:51	+01:46:55	13:03
91	679	Patrícia Silva	GANDRAFIT GINASIO	Senior Feminino	03:19:53	+01:50:57	13:20
92	604	Anita Silva	Danados	Senior Feminino	03:27:11	+01:58:16	13:49
93	605	Marisa Vieira	Danados	Senior Feminino	03:27:12	+01:58:16	13:49
94	606	Rute Liliana da Silva	Danados	Senior Feminino	03:28:50	+01:59:55	13:55
95	956	Liliana Lopes	Só Descidas!!	Senior Feminino	03:33:59	+02:05:04	14:16
96	954	Carla Alves	Só Descidas!!	Senior Feminino	03:34:00	+02:05:04	14:16
97	957	Marta Oliveira	Só Descidas!!	Senior Feminino	03:34:08	+02:05:13	14:17
98	955	Eliana Santos	Só Descidas!!	Senior Feminino	03:34:20	+02:05:24	14:17
99	937	Sandra Gomes	R2V	Senior Feminino	03:41:27	+02:12:31	14:46
100	707	Ana Sofia Magalhães	Individual	Senior Feminino	03:41:35	+02:12:39	14:46
101	504	Claudia Moura	10TEMIDOS	Senior Feminino	03:49:56	+02:21:00	15:20
102	502	Alexandra Sá	10TEMIDOS	Senior Feminino	03:49:56	+02:21:00	15:20
103	833	Mariana Almeida	KeMedo Team	Senior Feminino	03:53:46	+02:24:51	15:35

Senior Masculino

1	583	Nuno Carneiro	Clube Zupper	Senior Masculino	01:12:49		04:51
2	694	Pedro Rocha	GONDOMAR FUTSAL CLUBE	Senior Masculino	01:22:06	+09:17	05:28
3	763	Nuno Miguel Carvalho da Silva	Individual	Senior Masculino	01:22:26	+09:37	05:30
4	834	Eurico Moura	KeMedo Team	Senior Masculino	01:22:36	+09:47	05:30
5	702	TIAGO LISBOA	grupo dramatico e recreativo da retorta	Senior Masculino	01:22:40	+09:50	05:31
6	914	Seninho Ribeiro	Oralklass-Amigos do Trail	Senior Masculino	01:24:33	+11:44	05:38
7	544	Renato Barros Coelho	Amigos do Pedal TraiLagares	Senior Masculino	01:24:50	+12:01	05:39
8	911	José Neto	Oralklass-Amigos do Trail	Senior Masculino	01:25:33	+12:44	05:42
9	636	Ricardo Pais	ErmidaFit	Senior Masculino	01:26:55	+14:06	05:48
10	543	Bruno Miguel Rodrigues Moreira	Amigos do Pedal TraiLagares	Senior Masculino	01:27:29	+14:40	05:50
11	568	Marco Barbosa	Boavista F.C.	Senior Masculino	01:28:18	+15:29	05:53
12	569	Vitor Caldeira	Boavista F.C.	Senior Masculino	01:29:16	+16:27	05:57
13	913	Mário Taborda	Oralklass-Amigos do Trail	Senior Masculino	01:30:07	+17:18	06:01
14	545	Ruben Vieira	Amigos do Pedal TraiLagares	Senior Masculino	01:30:08	+17:19	06:01
15	637	Sergio Pereira	ErmidaFit	Senior Masculino	01:31:04	+18:15	06:04
16	750	José Barroso	Individual	Senior Masculino	01:32:28	+19:39	06:10
17	581	João Carolo	Clube Zupper	Senior Masculino	01:32:44	+19:55	06:11
18	584	Nuno Ribeiro	Clube Zupper	Senior Masculino	01:33:09	+20:20	06:13
19	728	Adriano Pinto	Individual	Senior Masculino	01:33:11	+20:22	06:13
20	836	Flávio Oliveira	KeMedo Team	Senior Masculino	01:33:26	+20:37	06:14
21	547	Tiago André Moreira Durães	Amigos do Pedal TraiLagares	Senior Masculino	01:34:28	+21:39	06:18

Trail Curto

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

R REVISED

22	625	Luis Neves	Equipotência	Senior Masculino	01:34:42	+21:53	06:19
23	523	Pedro Soares	A.D.Sebolido Trail Boneca Douro	Senior Masculino	01:35:04	+22:15	06:20
24	542	Adriano Jorge Oliveira Reis	Amigos do Pedal TraiLagares	Senior Masculino	01:35:38	+22:49	06:23
25	526	Rui Teixeira	A.D.Sebolido Trail Boneca Douro	Senior Masculino	01:36:48	+23:59	06:27
26	910	Ivo Dias	Oralklass-Amigos do Trail	Senior Masculino	01:37:03	+24:14	06:28
27	739	Filipe Neves	Individual	Senior Masculino	01:37:16	+24:27	06:29
28	882	Rui Madureira	Marco Runners	Senior Masculino	01:39:14	+26:25	06:37
29	610	Hélder Joaquim Moreira	Danados	Senior Masculino	01:39:23	+26:34	06:38
30	944	Helder Querós	Run4all	Senior Masculino	01:39:58	+27:09	06:40
31	746	Joao Filipe Leite	Individual	Senior Masculino	01:40:01	+27:12	06:40
32	997	Luis Teixeira	Too Stupid to Stop	Senior Masculino	01:40:38	+27:49	06:43
33	548	Vitor Rafael Sousa Moreira	Amigos do Pedal TraiLagares	Senior Masculino	01:40:52	+28:03	06:44
34	522	Manuel Lopes	A.D.Sebolido Trail Boneca Douro	Senior Masculino	01:41:27	+28:38	06:46
35	759	Marco Sousa	Individual	Senior Masculino	01:42:00	+29:11	06:48
36	831	Manu Cunha	Javalis Potugal	Senior Masculino	01:42:01	+29:12	06:48
37	861	Hugo Moreira	LEõES DE TARDARIZ TRAIL	Senior Masculino	01:42:03	+29:14	06:48
38	755	Manuel Ferreira de Sousa	Individual	Senior Masculino	01:42:16	+29:27	06:49
39	525	Roberto Freitas	A.D.Sebolido Trail Boneca Douro	Senior Masculino	01:42:25	+29:36	06:50
40	998	Vitor Moreira	Too Stupid to Stop	Senior Masculino	01:43:04	+30:15	06:52
41	738	Ernesto Barbosa	Individual	Senior Masculino	01:43:45	+30:55	06:55
42	765	Nuno Sousa	Individual	Senior Masculino	01:44:11	+31:22	06:57
43	757	marcio barreto	Individual	Senior Masculino	01:45:06	+32:17	07:00
44	756	Manuel Martins Vieira	Individual	Senior Masculino	01:45:14	+32:25	07:01
45	608	Carlos Barbosa	Danados	Senior Masculino	01:45:55	+33:06	07:04
46	942	Manuel Carlos de Almeida Rola	RUN FORREST RUN	Senior Masculino	01:45:55	+33:06	07:04
47	941	Luís Filipe Ferreira da Costa e Silva	RUN FORREST RUN	Senior Masculino	01:46:02	+33:13	07:04
48	943	Ricardo da Silva Machado	RUN FORREST RUN	Senior Masculino	01:46:02	+33:13	07:04
49	973	Carlos Gomes	Team Shark	Senior Masculino	01:46:04	+33:15	07:04
50	659	Tomé Marques	Fugitivos Urbanos - Clínica + Saúde	Senior Masculino	01:46:38	+33:49	07:07
51	768	Paulo Neves	Individual	Senior Masculino	01:46:40	+33:51	07:07
52	507	Ricardo Silva	10TEMIDOS	Senior Masculino	01:46:52	+34:03	07:08
53	1003	Vicente de Sousa	Trinca Orelhas de Gato	Senior Masculino	01:47:08	+34:19	07:09
54	863	Miguel Alves	LEõES DE TARDARIZ TRAIL	Senior Masculino	01:48:03	+35:14	07:12
55	835	Fernando Azevedo	KeMedo Team	Senior Masculino	01:48:26	+35:37	07:14
56	899	Rui pedro Rodrigues	Montain Runners	Senior Masculino	01:49:49	+37:00	07:19
57	1001	Pedro Sousa	Trinca Orelhas de Gato	Senior Masculino	01:49:49	+37:00	07:19
58	840	Renato Almeida	KeMedo Team	Senior Masculino	01:49:49	+37:00	07:19
59	880	Filipe Rocha	Marco Runners	Senior Masculino	01:49:52	+37:03	07:20
60	891	Sérgio Andrade	Moinhos Run ADRM	Senior Masculino	01:50:06	+37:17	07:20
61	527	Tiago Sousa	A.D.Sebolido Trail Boneca Douro	Senior Masculino	01:50:10	+37:21	07:21
62	745	ivo bras	Individual	Senior Masculino	01:50:37	+37:48	07:23
63	838	José Pereira	KeMedo Team	Senior Masculino	01:50:43	+37:54	07:23
64	753	Leonardo Brito	Individual	Senior Masculino	01:50:45	+37:56	07:23
65	999	Daniel Grandão	Trinca Orelhas de Gato	Senior Masculino	01:50:52	+38:03	07:24
66	627	Vítor Martins	Equipotência	Senior Masculino	01:51:25	+38:36	07:26
67	829	Bruno Maia	Javalis Potugal	Senior Masculino	01:51:31	+38:42	07:26

Trail Curto

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

68	747	João Pereira	Individual	Senior Masculino	01:51:33	+38:44	07:26
69	546	Sérgio Filipe Lopes Silva	Amigos do Pedal TraiLagares	Senior Masculino	01:51:38	+38:49	07:27
70	524	PEDRO VIEIRA	A.D.Sebolido Trail Boneca Douro	Senior Masculino	01:51:39	+38:50	07:27
71	996	Christophe Sousa	Too Stupid to Stop	Senior Masculino	01:52:15	+39:26	07:29
72	930	José Lopes	Passatempo Jornal FM	Senior Masculino	01:52:33	+39:44	07:30
73	519	Bruno Rocha	A.D.Sebolido Trail Boneca Douro	Senior Masculino	01:52:59	+40:10	07:32
74	777	Vitor manuel ribeiro Dias	Individual	Senior Masculino	01:53:18	+40:29	07:33
75	612	Joaquim Fernando Santos	Danados	Senior Masculino	01:53:29	+40:40	07:34
76	766	Paulo Assis	Individual	Senior Masculino	01:54:10	+41:21	07:37
77	623	João Neves	Equipotência	Senior Masculino	01:54:24	+41:35	07:38
78	598	Nuno Meireles	CORRE TASCAS RUNNING CLUB	Senior Masculino	01:55:08	+42:19	07:41
79	596	Manuel Silva	CORRE TASCAS RUNNING CLUB	Senior Masculino	01:55:22	+42:32	07:41
80	633	André Machado	ErmidaFit	Senior Masculino	01:55:26	+42:37	07:42
81	733	Bruno José Borges duarte	Individual	Senior Masculino	01:57:26	+44:37	07:50
82	912	José Santos	Oralklass-Amigos do Trail	Senior Masculino	01:57:33	+44:44	07:50
83	975	Hélder Rodrigues	Team Shark	Senior Masculino	01:58:16	+45:27	07:53
84	889	Manuel Pereira	Moinhos Run ADRM	Senior Masculino	01:58:31	+45:42	07:54
85	521	Isaque Silva	A.D.Sebolido Trail Boneca Douro	Senior Masculino	01:59:35	+46:46	07:58
86	656	Hugo Oliveira	Fugitivos Urbanos - Clínica + Saúde	Senior Masculino	02:00:51	+48:02	08:03
87	658	Sérgio Silva	Fugitivos Urbanos - Clínica + Saúde	Senior Masculino	02:01:28	+48:39	08:06
88	758	Marco Ferreira	Individual	Senior Masculino	02:02:13	+49:24	08:09
89	735	Carlos Daniel Moreira da Silva Azevedo	Individual	Senior Masculino	02:02:23	+49:34	08:10
90	1033	Rui Mota	CORRE TASCAS RUNNING CLUB	Senior Masculino	02:02:53	+50:04	08:12
91	737	Daniel Silva	Individual	Senior Masculino	02:03:19	+50:30	08:13
92	991	Jorge Daniel Ferreira da Silva	TECLA 3 RUNNERS	Senior Masculino	02:03:50	+51:01	08:15
93	657	MÁRCIO PEREIRA	Fugitivos Urbanos - Clínica + Saúde	Senior Masculino	02:04:19	+51:30	08:17
94	643	Pedro Torres Ferreira	FactorX / S4L / MedenseFC	Senior Masculino	02:04:44	+51:55	08:19
95	617	Filipe Lopes	Engomadoria L&A Team	Senior Masculino	02:04:59	+52:10	08:20
96	883	Sílvio Vieira	Marco Runners	Senior Masculino	02:06:02	+53:13	08:24
97	520	Fabio Correia	A.D.Sebolido Trail Boneca Douro	Senior Masculino	02:06:12	+53:23	08:25
98	881	João Bernardes	Marco Runners	Senior Masculino	02:06:32	+53:43	08:26
99	576	Ricardo peres	Celina Team	Senior Masculino	02:06:34	+53:45	08:26
100	774	Rui Ferreira	Individual	Senior Masculino	02:06:35	+53:46	08:26
101	771	Ricardo Jorge Leão Sousa	Individual	Senior Masculino	02:06:36	+53:47	08:26
102	515	cesar ribeiro	A. Ribiero	Senior Masculino	02:06:42	+53:53	08:27
103	859	Luis Silva	LA Zinco	Senior Masculino	02:06:59	+54:10	08:28
104	742	Gonçalo Pereira de Oliveira	Individual	Senior Masculino	02:07:30	+54:41	08:30
105	904	ANDRE MARTINS	opraticante.pt / Associação Desportiva Amarante	Senior Masculino	02:08:40	+55:51	08:35
106	624	Joaquim Ribeiro	Equipotência	Senior Masculino	02:08:42	+55:53	08:35
107	751	José Ferreira	Individual	Senior Masculino	02:10:25	+57:36	08:42
108	684	Joca Coelho	GANDRAFIT GINASIO	Senior Masculino	02:11:02	+58:13	08:44
109	729	André Santos	Individual	Senior Masculino	02:11:05	+58:16	08:44
110	578	Miguel Moreira	Chillout	Senior Masculino	02:11:09	+58:20	08:45
111	682	Firmino Leal	GANDRAFIT GINASIO	Senior Masculino	02:11:16	+58:27	08:45

Trail Curto

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

112	770	Pedro Maia	Individual	Senior Masculino	02:11:18	+58:29	08:45
113	693	Fábio Silva	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:11:22	+58:33	08:46
114	635	Francisco Daniel Martins da Rocha	ErmidaFit	Senior Masculino	02:12:07	+59:18	08:49
115	962	Henrique Sousa	Soplabifana	Senior Masculino	02:12:31	+59:42	08:50
116	642	João Sousa	FactorX / S4L / MedenseFC	Senior Masculino	02:12:37	+59:48	08:51
117	730	André Vieira oliveira	Individual	Senior Masculino	02:13:24	+01:00:35	08:54
118	734	Bruno Miguel Sousa Barros	Individual	Senior Masculino	02:13:25	+01:00:36	08:54
119	509	Valter Gouveia	10TEMIDOS	Senior Masculino	02:14:15	+01:01:26	08:57
120	754	Manuel Fernando Gomes	Individual	Senior Masculino	02:15:32	+01:02:43	09:02
121	740	Filipe Pacheco	Individual	Senior Masculino	02:16:02	+01:03:13	09:04
122	837	Flávio Silva	KeMedo Team	Senior Masculino	02:16:44	+01:03:55	09:07
123	744	Hugo Peixoto	Individual	Senior Masculino	02:16:50	+01:04:01	09:07
124	613	José Pedro Dias	Danados	Senior Masculino	02:17:09	+01:04:20	09:09
125	769	Paulo Pinto	Individual	Senior Masculino	02:18:30	+01:05:41	09:14
126	655	HUGO DANIEL	Fugitivos Urbanos - Clínica + Saúde	Senior Masculino	02:18:38	+01:05:49	09:15
127	749	Jorge Miguel Ferreira da Cruz	Individual	Senior Masculino	02:18:54	+01:06:05	09:16
128	641	Filipe Fonseca	FactorX / S4L / MedenseFC	Senior Masculino	02:18:57	+01:06:08	09:16
129	860	Nuno Oliveira	LA Zinco	Senior Masculino	02:19:02	+01:06:13	09:16
130	856	Bruno Matos	LA Zinco	Senior Masculino	02:19:08	+01:06:19	09:17
131	1000	Luís Martins	Trinca Orelhas de Gato	Senior Masculino	02:19:27	+01:06:38	09:18
132	773	Rui Daniel Silva	Individual	Senior Masculino	02:20:04	+01:07:15	09:20
133	857	Carlos Alves	LA Zinco	Senior Masculino	02:20:32	+01:07:43	09:22
134	634	Ezequiel Campelo	ErmidaFit	Senior Masculino	02:21:10	+01:08:21	09:25
135	649	Ricardo Miguel Magalhães Nunes	Fridão Sem Limites	Senior Masculino	02:22:38	+01:09:49	09:31
136	764	Nuno Miguel Pinto	Individual	Senior Masculino	02:24:59	+01:12:10	09:40
137	879	Daniel Ferreira Magalhães Correia	Marco Runners	Senior Masculino	02:25:32	+01:12:43	09:42
138	752	José Manuel Ferreira Ribeiro	Individual	Senior Masculino	02:25:43	+01:12:54	09:43
139	775	Rui Graça	Individual	Senior Masculino	02:26:16	+01:13:27	09:45
140	778	Vitor Santos	Individual	Senior Masculino	02:26:58	+01:14:09	09:48
141	948	Jorge Ferreirinha	salto´s runner	Senior Masculino	02:29:27	+01:16:38	09:58
142	852	António Rocha	Kitty team	Senior Masculino	02:30:00	+01:17:11	10:00
143	888	Carlos Gonçalves	Moinhos Run ADRM	Senior Masculino	02:30:19	+01:17:30	10:01
144	760	Miguel Ferreira	Individual	Senior Masculino	02:30:37	+01:17:48	10:03
145	939	Tiago Meireles	R2V	Senior Masculino	02:30:53	+01:18:04	10:04
146	839	Pedro Duarte	KeMedo Team	Senior Masculino	02:31:55	+01:19:06	10:08
147	582	Nelson Correira	Clube Zupper	Senior Masculino	02:32:45	+01:19:56	10:11
148	577	Ricardo Rocha	Celina Team	Senior Masculino	02:32:50	+01:20:01	10:11
149	976	Jorge Silva	Team Shark	Senior Masculino	02:33:11	+01:20:22	10:13
150	1002	Tânia Susete Martins Lamas	Trinca Orelhas de Gato	Senior Masculino	02:33:55	+01:21:06	10:16
151	597	Nuno Gonçalves	CORRE TASCAS RUNNING CLUB	Senior Masculino	02:34:30	+01:21:41	10:18
152	530	Jaime Coelho	Ad libitum	Senior Masculino	02:35:08	+01:22:19	10:21
153	965	Hugo Luis Rocha martins	Tartaruga rapida	Senior Masculino	02:35:46	+01:22:57	10:23
154	925	Vitor Teixeira	PAPATRAILS	Senior Masculino	02:37:24	+01:24:35	10:30
155	849	Diogo Silva	KinKipa	Senior Masculino	02:37:48	+01:24:59	10:31
156	685	Vitor Ribeiro	GANDRAFIT GINASIO	Senior Masculino	02:38:07	+01:25:18	10:33
157	665	Isaac Ferreira	Futebol Clube de Penafiel	Senior Masculino	02:38:23	+01:25:34	10:34

Trail Curto

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

158	508	Tiago Castro	10TEMIDOS	Senior Masculino	02:40:24	+01:27:35	10:42
159	732	Bruno Fernandes	Individual	Senior Masculino	02:40:24	+01:27:35	10:42
160	767	Paulo Henriques	Individual	Senior Masculino	02:40:25	+01:27:36	10:42
161	622	Andre Freitas	Equipotência	Senior Masculino	02:43:33	+01:30:44	10:54
162	628	Vitor Sousa	Equipotência	Senior Masculino	02:43:33	+01:30:44	10:54
163	772	Rui Correia	Individual	Senior Masculino	02:46:19	+01:33:30	11:05
164	919	Sílvio Silva	Padilha Team	Senior Masculino	02:49:31	+01:36:42	11:18
165	731	ANTONIO FILIPE PINTO	Individual	Senior Masculino	02:51:53	+01:39:04	11:28
166	741	Filipe Sousa	Individual	Senior Masculino	02:52:12	+01:39:22	11:29
167	683	João Guedes	GANDRAFIT GINASIO	Senior Masculino	02:53:08	+01:40:19	11:33
168	926	Luis Marques	PARIPASSU	Senior Masculino	02:54:13	+01:41:23	11:37
169	947	jorge ferreirinha	salto´s runner	Senior Masculino	02:54:48	+01:41:58	11:39
170	614	Manuel Fernando Moreira	Danados	Senior Masculino	02:56:47	+01:43:58	11:47
171	611	João Paulo Moreira	Danados	Senior Masculino	02:57:00	+01:44:10	11:48
172	938	Ricardo Ribeiro	R2V	Senior Masculino	02:57:33	+01:44:44	11:50
173	940	Vitor Aleixo	R2V	Senior Masculino	02:57:45	+01:44:56	11:51
174	743	HELDER FILIPE BARBOSA	Individual	Senior Masculino	03:00:35	+01:47:45	12:02
175	858	Joel Coelho	LA Zinco	Senior Masculino	03:03:14	+01:50:24	12:13
176	680	Daniel Gonçalves	GANDRAFIT GINASIO	Senior Masculino	03:06:32	+01:53:42	12:26
177	640	Sérgio Sousa	Espera por mim	Senior Masculino	03:11:10	+01:58:21	12:45
178	639	Carlos Santos	Espera por mim	Senior Masculino	03:11:12	+01:58:23	12:45
179	855	Artur Mota	LA Zinco	Senior Masculino	03:15:50	+02:03:01	13:03
180	1027	Carlos Miguel Ramos da Silva	Viciados no Pó	Senior Masculino	03:24:24	+02:11:34	13:38
181	615	Nuno Ricardo Sousa	Danados	Senior Masculino	03:28:50	+02:16:01	13:55
182	958	Isolino Coelho	Só Descidas!!	Senior Masculino	03:34:01	+02:21:12	14:16
183	736	César Emanuel Jorge Coelho	Individual	Senior Masculino	03:34:08	+02:21:19	14:17
184	506	Edgar Faria	10TEMIDOS	Senior Masculino	03:49:56	+02:37:06	15:20

Veterana F40

1	892	Carla Pinto	Moinhos Run ADRM	Veterana F40	01:56:35		07:46
2	993	Teresa Manuela Ferreira Moreira Silva	TECLA 3 RUNNERS	Veterana F40	01:58:13	+01:38	07:53
3	785	MARIA DE FATIMA SILVA PAIS	Individual	Veterana F40	02:00:34	+03:59	08:02
4	783	Ivone Ferreira	Individual	Veterana F40	02:02:13	+05:38	08:09
5	563	Sandra Cardoso	Baguim runners	Veterana F40	02:04:46	+08:11	08:19
6	788	Nina Silva	Individual	Veterana F40	02:12:23	+15:48	08:50
7	992	Emília Marília Barros Eusebio	TECLA 3 RUNNERS	Veterana F40	02:12:36	+16:01	08:50
8	668	Susana Magalhaes	Futebol Clube de Penafiel	Veterana F40	02:16:37	+20:02	09:07
9	666	Ana Pinto	Futebol Clube de Penafiel	Veterana F40	02:16:37	+20:02	09:07
10	585	cândida vilas-boas	Clube Zupper	Veterana F40	02:18:11	+21:36	09:13
11	780	Cacilda Maria Sousa Ramos	Individual	Veterana F40	02:21:54	+25:19	09:28
12	557	Helena Ferreira	AMOTINADOS	Veterana F40	02:25:58	+29:23	09:44
13	586	Estefânia Martins	Clube Zupper	Veterana F40	02:26:08	+29:33	09:45
14	552	Paula Ferreira	Amigos do Pedal TraiLagares	Veterana F40	02:28:09	+31:34	09:53
15	980	Sandra Matos	Team Shark	Veterana F40	02:28:37	+32:02	09:55
16	779	Ana paula teixeira	Individual	Veterana F40	02:30:08	+33:33	10:01

Trail Curto

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

17	695	Adelaide Vigário	GONDOMAR FUTSAL CLUBE	Veterana F40	02:31:16	+34:41	10:05
18	977	Claudia Loma	Team Shark	Veterana F40	02:33:11	+36:36	10:13
19	549	Carmen Moreira	Amigos do Pedal TraiLagares	Veterana F40	02:34:14	+37:39	10:17
20	949	Delfina Eiras	salto´s runner	Veterana F40	02:34:40	+38:05	10:19
21	556	Guilhermina Temporão	AMOTINADOS	Veterana F40	02:35:17	+38:42	10:21
22	916	Manuela Arantes	OriEstarreja	Veterana F40	02:37:36	+41:01	10:30
23	687	Anabela Ribeiro	GANDRAFIT GINASIO	Veterana F40	02:39:02	+42:27	10:36
24	686	Ana Dias	GANDRAFIT GINASIO	Veterana F40	02:39:56	+43:21	10:40
25	979	Monica Matos	Team Shark	Veterana F40	02:40:25	+43:50	10:42
26	967	Alexandra de Fátima Teixeira de Bessa	Team Aguenta Aí	Veterana F40	02:40:41	+44:06	10:43
27	555	Ana Cardoso	AMOTINADOS	Veterana F40	02:40:52	+44:17	10:44
28	875	Berta Pinheiro	Lousa Team	Veterana F40	02:40:57	+44:22	10:44
29	841	Anabela Gomes	KeMedo Team	Veterana F40	02:42:44	+46:09	10:51
30	874	JOANA MARTINS	LION RUNNERS - G. D. Leões da Guarda	Veterana F40	02:45:17	+48:42	11:01
31	550	Guilhermina Maria Vieira Pinto Rocha	Amigos do Pedal TraiLagares	Veterana F40	02:47:53	+51:18	11:12
32	842	Elisa Gomes	KeMedo Team	Veterana F40	02:48:19	+51:44	11:13
33	696	Ana Sousa	GONDOMAR FUTSAL CLUBE	Veterana F40	02:49:52	+53:17	11:20
34	667	Isabel Galhardo	Futebol Clube de Penafiel	Veterana F40	02:50:15	+53:40	11:21
35	934	ISABEL VIEIRA	PORTOCARGO	Veterana F40	02:50:16	+53:41	11:21
36	688	Carla Sousa	GANDRAFIT GINASIO	Veterana F40	02:53:09	+56:34	11:33
37	551	Natália Cecília da Rocha Ferreira	Amigos do Pedal TraiLagares	Veterana F40	02:54:54	+58:19	11:40
38	876	Natália Maria Moreira Vieira	Lousa Team	Veterana F40	02:58:14	+01:01:39	11:53
39	978	Elsa Santos	Team Shark	Veterana F40	03:00:21	+01:03:46	12:01
40	782	Isabel Maria dos Santos Pires Barbosa	Individual	Veterana F40	03:00:49	+01:04:13	12:03
41	786	Maria Guimarães Ferreira	Individual	Veterana F40	03:01:25	+01:04:49	12:06
42	843	Marlene Rodrigues	KeMedo Team	Veterana F40	03:53:46	+01:57:10	15:35
43	787	Marta Santos	Individual	Veterana F40	04:03:35	+02:07:00	16:14
44	781	Carla Sousa	Individual	Veterana F40	04:03:35	+02:07:00	16:14
45	790	Sara Amorim	Individual	Veterana F40	04:03:36	+02:07:00	16:14

Veterano M40

1	1031	ARMANDINO TABORDA	Satecnosol Outdoor	Veterano M40	01:12:27		04:50
2	705	HENRIQUE DIAS	grupo dramatico e recreativo da retorta	Veterano M40	01:13:26	+00:59	04:54
3	660	Pedro Santos	Fugitivos Urbanos - Clínica + Saúde	Veterano M40	01:14:32	+02:05	04:58
4	575	Alcino Silva	C. I. A. ALPENDURADA	Veterano M40	01:18:24	+05:57	05:14
5	893	Hugo Romano	Moinhos Run ADRM	Veterano M40	01:22:18	+09:51	05:29
6	621	Sérgio Santos	Engomadoria L&A Team	Veterano M40	01:22:45	+10:18	05:31
7	804	Fernando Neves	Individual	Veterano M40	01:25:58	+13:31	05:44
8	792	Abílio Martins de Almeida	Individual	Veterano M40	01:27:01	+14:34	05:48
9	650	Paulo teixeira Sousa	Fridão Sem Limites	Veterano M40	01:28:37	+16:10	05:55
10	572	Pedro Dias	Boavista F.C.	Veterano M40	01:29:16	+16:49	05:57
11	540	Rui Lopes	Amigos do Pedal TraiLagares	Veterano M40	01:29:36	+17:09	05:58
12	915	Orlando Nogueira	Oralklass-Amigos do Trail	Veterano M40	01:31:40	+19:13	06:07

Trail Curto

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

13	844	Fernando Gomes	KeMedo Team	Veterano M40	01:31:41	+19:14	06:07
14	704	FILIPE SILVA	grupo dramatico e recreativo da retorta	Veterano M40	01:34:00	+21:33	06:16
15	1011	Fernando Coelho	Trinca Orelhas de Gato	Veterano M40	01:35:24	+22:57	06:22
16	571	Luís Araújo	Boavista F.C.	Veterano M40	01:36:45	+24:18	06:27
17	900	José Maria Gouveia Martins	NAST	Veterano M40	01:38:06	+25:39	06:32
18	588	António Teixeira	Clube Zupper	Veterano M40	01:38:43	+26:16	06:35
19	846	Laurindo Osório	KeMedo Team	Veterano M40	01:39:04	+26:37	06:36
20	903	Arnaldo Santos	Nocturnos de Paredes	Veterano M40	01:39:50	+27:23	06:39
21	536	Manuel Arcanjo Freitas Ferreira	Amigos do Pedal TraiLagares	Veterano M40	01:39:53	+27:26	06:40
22	1021	Victor Cardoso	Trinca Orelhas de Gato	Veterano M40	01:41:40	+29:13	06:47
23	600	António Malheiro	CORRE TASCAS RUNNING CLUB	Veterano M40	01:42:01	+29:34	06:48
24	791	Abilio Ferreira	Individual	Veterano M40	01:44:10	+31:43	06:57
25	813	Leonel Silva	Individual	Veterano M40	01:45:40	+33:13	07:03
26	825	Tiago Mendes	Individual	Veterano M40	01:45:40	+33:13	07:03
27	894	Pedro Vieira	Moinhos Run ADRM	Veterano M40	01:45:54	+33:27	07:04
28	802	Carlos Manuel Vinha Lopes	Individual	Veterano M40	01:45:55	+33:28	07:04
29	793	ALBERTO CARVALHO	Individual	Veterano M40	01:47:07	+34:40	07:09
30	936	RENATO OLIVEIRA	PORTOCARGO	Veterano M40	01:47:09	+34:42	07:09
31	931	Américo Cunha	Passatempo Jornal FM	Veterano M40	01:47:59	+35:32	07:12
32	647	AMERICO FRANÇA	FRANÇA	Veterano M40	01:48:21	+35:54	07:13
33	871	Mário Moura	LEõES DE TARDARIZ TRAIL	Veterano M40	01:48:29	+36:02	07:14
34	570	Eduardo Moreira	Boavista F.C.	Veterano M40	01:49:06	+36:39	07:16
35	868	Joaquim Leite	LEõES DE TARDARIZ TRAIL	Veterano M40	01:51:03	+38:36	07:24
36	990	Rui Rocha	Team Shark	Veterano M40	01:51:16	+38:48	07:25
37	895	Rui Quinta	Moinhos Run ADRM	Veterano M40	01:51:52	+39:25	07:28
38	1019	Sérgio Gomes	Trinca Orelhas de Gato	Veterano M40	01:52:31	+40:04	07:30
39	932	Belmiro Gomes	Passatempo Jornal FM	Veterano M40	01:52:32	+40:05	07:30
40	698	Fernando Ferreira	GONDOMAR FUTSAL CLUBE	Veterano M40	01:52:39	+40:12	07:31
41	564	Lourenço Cardoso	Baguim runners	Veterano M40	01:53:00	+40:33	07:32
42	565	Vitor Cardoso	Baguim runners	Veterano M40	01:54:04	+41:37	07:36
43	920	Paulo Barbosa	Padilha Team	Veterano M40	01:54:05	+41:38	07:36
44	644	Pedro Ferreira	FactorX / S4L / MedenseFC	Veterano M40	01:54:49	+42:22	07:39
45	589	Armando Moreira	Clube Zupper	Veterano M40	01:55:19	+42:52	07:41
46	872	Pedro Ferreira	LEõES DE TARDARIZ TRAIL	Veterano M40	01:56:09	+43:42	07:45
47	824	sergio sousa	Individual	Veterano M40	01:56:12	+43:45	07:45
48	994	Sérgio Cláudio Ferreira Silva	TECLA 3 RUNNERS	Veterano M40	01:57:50	+45:23	07:51
49	1013	Hélder Monteiro	Trinca Orelhas de Gato	Veterano M40	01:58:36	+46:09	07:54
50	809	jorge caria	Individual	Veterano M40	01:59:16	+46:49	07:57
51	827	Vitor Almeida	Individual	Veterano M40	01:59:28	+47:01	07:58
52	828	Vitor Mateus	Individual	Veterano M40	01:59:34	+47:07	07:58
53	511	Paulo Ribeiro	10TEMIDOS	Veterano M40	02:00:22	+47:55	08:02
54	534	Lino Moreira	All About	Veterano M40	02:00:37	+48:10	08:03
55	514	Wilson Fonseca	10TEMIDOS	Veterano M40	02:01:57	+49:30	08:08
56	533	Alvaro Nunes	All About	Veterano M40	02:02:27	+50:00	08:10
57	1018	Orlando Almeida	Trinca Orelhas de Gato	Veterano M40	02:02:56	+50:29	08:12
58	645	Rui Alexander Freitas	FactorX / S4L / MedenseFC	Veterano M40	02:04:44	+52:17	08:19

Trail Curto

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

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59	700	Pedro Sousa	GONDOMAR FUTSAL CLUBE	Veterano M40	02:04:44	+52:17	08:19
60	815	Manuel Fernandes	Individual	Veterano M40	02:04:47	+52:20	08:19
61	953	José Silva	Silva Trail Team	Veterano M40	02:05:25	+52:58	08:22
62	865	Agostinho Cardoso	LEõES DE TARDARIZ TRAIL	Veterano M40	02:05:44	+53:17	08:23
63	796	António domingos Cardoso Teixeira	Individual	Veterano M40	02:05:53	+53:26	08:24
64	619	António Lourenço	Engomadoria L&A Team	Veterano M40	02:07:37	+55:10	08:31
65	591	Joaquim Madureira	Clube Zupper	Veterano M40	02:08:20	+55:53	08:33
66	905	EDUARDO RIBEIRO	opraticante.pt / Associação Desportiva Amarante	Veterano M40	02:08:40	+56:13	08:35
67	811	José Caseiro	Individual	Veterano M40	02:09:25	+56:58	08:38
68	981	Alberto Teixeira	Team Shark	Veterano M40	02:09:25	+56:58	08:38
69	1016	José Júnior	Trinca Orelhas de Gato	Veterano M40	02:09:46	+57:19	08:39
70	1008	António Ribeiro	Trinca Orelhas de Gato	Veterano M40	02:09:51	+57:24	08:39
71	822	Pedro Silva	Individual	Veterano M40	02:10:01	+57:34	08:40
72	817	Manuel Reis	Individual	Veterano M40	02:10:21	+57:54	08:41
73	513	Rui Sá	10TEMIDOS	Veterano M40	02:10:35	+58:08	08:42
74	1015	José Jesus	Trinca Orelhas de Gato	Veterano M40	02:11:00	+58:33	08:44
75	801	Carlos Manuel Silva Pascoal	Individual	Veterano M40	02:11:25	+58:58	08:46
76	984	Fernando Mendes	Team Shark	Veterano M40	02:11:37	+59:10	08:47
77	1012	Fernando Pereira	Trinca Orelhas de Gato	Veterano M40	02:12:38	+01:00:11	08:51
78	701	António Pedro Rodrigues	Grupo Desportivo da Portela	Veterano M40	02:13:52	+01:01:25	08:56
79	512	Pedro Sousa	10TEMIDOS	Veterano M40	02:14:14	+01:01:47	08:57
80	528	Ricardo Sousa	A.D.Sebolido Trail Boneca Douro	Veterano M40	02:14:53	+01:02:26	09:00
81	847	Luís Gomes	KeMedo Team	Veterano M40	02:14:57	+01:02:30	09:00
82	826	Vasco Tomás	Individual	Veterano M40	02:15:45	+01:03:18	09:03
83	877	João Alberto Pinheiro	Lousa Team	Veterano M40	02:16:27	+01:04:00	09:06
84	870	Manuel Oliveira	LEõES DE TARDARIZ TRAIL	Veterano M40	02:16:27	+01:04:00	09:06
85	671	Rui Pinto	Futebol Clube de Penafiel	Veterano M40	02:16:37	+01:04:10	09:07
86	928	Paulo Macedo	PARIPASSU	Veterano M40	02:17:00	+01:04:33	09:08
87	592	Vitor Viana	Clube Zupper	Veterano M40	02:18:13	+01:05:46	09:13
88	1009	Carlos Anjos	Trinca Orelhas de Gato	Veterano M40	02:19:27	+01:07:00	09:18
89	799	Armando Teixeira	Individual	Veterano M40	02:19:28	+01:07:01	09:18
90	988	Paulo Jorge Carvalho	Team Shark	Veterano M40	02:19:42	+01:07:15	09:19
91	814	Luis Melo	Individual	Veterano M40	02:20:25	+01:07:58	09:22
92	820	Paulo Nuno Barbosa Sampaio	Individual	Veterano M40	02:21:57	+01:09:30	09:28
93	982	António Oliveira	Team Shark	Veterano M40	02:22:07	+01:09:40	09:29
94	935	PAULO FERREIRA	PORTOCARGO	Veterano M40	02:22:22	+01:09:55	09:30
95	1007	António Neto	Trinca Orelhas de Gato	Veterano M40	02:23:15	+01:10:47	09:33
96	800	Carlos Almeida	Individual	Veterano M40	02:23:59	+01:11:32	09:36
97	646	Manuel Rocha	FAST AO KM	Veterano M40	02:24:44	+01:12:17	09:39
98	963	Jorge Almeida	Soplabifana	Veterano M40	02:25:43	+01:13:16	09:43
99	818	Paulo Graça	Individual	Veterano M40	02:26:15	+01:13:48	09:45
100	810	JORGE SUZANO	Individual	Veterano M40	02:27:26	+01:14:59	09:50
101	699	Mário Ribeiro	GONDOMAR FUTSAL CLUBE	Veterano M40	02:27:26	+01:14:59	09:50
102	1006	Alcino Tavares	Trinca Orelhas de Gato	Veterano M40	02:27:54	+01:15:27	09:52
103	1010	Carlos Conde	Trinca Orelhas de Gato	Veterano M40	02:29:12	+01:16:45	09:57
104	629	Abilio Neves	Equipotência	Veterano M40	02:31:52	+01:19:25	10:08

Trail Curto

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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R REVISED

105	559	Paulo Miranda	AMOTINADOS	Veterano M40	02:32:54	+01:20:27	10:12
106	1014	José António Freitas	Trinca Orelhas de Gato	Veterano M40	02:33:55	+01:21:28	10:16
107	807	João Manuel Lemos Rodrigues Sousa	Individual	Veterano M40	02:34:18	+01:21:51	10:17
108	803	Fernando Ferreira	Individual	Veterano M40	02:34:38	+01:22:11	10:19
109	798	Antonio Vasconcelos	Individual	Veterano M40	02:34:43	+01:22:16	10:19
110	808	Joaquim Matos	Individual	Veterano M40	02:34:53	+01:22:26	10:20
111	560	Telmo Costa	AMOTINADOS	Veterano M40	02:35:07	+01:22:40	10:21
112	866	Gualter Castro	LEõES DE TARDARIZ TRAIL	Veterano M40	02:35:50	+01:23:23	10:23
113	806	Isaac Batista Pereira	Individual	Veterano M40	02:36:41	+01:24:14	10:27
114	795	Amândio sousa	Individual	Veterano M40	02:37:48	+01:25:21	10:31
115	697	António José Queiroz	GONDOMAR FUTSAL CLUBE	Veterano M40	02:37:49	+01:25:22	10:31
116	669	Julio Alves	Futebol Clube de Penafiel	Veterano M40	02:38:23	+01:25:56	10:34
117	884	CÉLIO SOARES	Marco Runners	Veterano M40	02:38:33	+01:26:06	10:34
118	661	Rui Coelho	Fugitivos Urbanos - Clínica + Saúde	Veterano M40	02:39:04	+01:26:37	10:36
119	797	António Manuel Rodrigues da Silva	Individual	Veterano M40	02:40:25	+01:27:58	10:42
120	561	Vitor Magalhaes	AMOTINADOS	Veterano M40	02:40:52	+01:28:25	10:44
121	812	JOSE MANUEL FERNANDES RODRIGUES	Individual	Veterano M40	02:45:00	+01:32:33	11:00
122	927	Jorge Ferreira	PARIPASSU	Veterano M40	02:47:03	+01:34:36	11:08
123	821	Paulo Sousa	Individual	Veterano M40	02:47:44	+01:35:17	11:11
124	670	Manuel Alves	Futebol Clube de Penafiel	Veterano M40	02:50:15	+01:37:48	11:21
125	1020	Sérgio Rocha	Trinca Orelhas de Gato	Veterano M40	02:50:52	+01:38:25	11:24
126	816	Manuel Fernando Martins de Sousa	Individual	Veterano M40	02:54:48	+01:42:21	11:39
127	869	José Ferreira	LEõES DE TARDARIZ TRAIL	Veterano M40	02:56:25	+01:43:58	11:46
128	867	João Cardoso	LEõES DE TARDARIZ TRAIL	Veterano M40	02:56:26	+01:43:58	11:46
129	590	Ivo Correia	Clube Zupper	Veterano M40	02:58:20	+01:45:52	11:53
130	951	Álvaro Costa	SETE	Veterano M40	02:58:59	+01:46:32	11:56
131	986	Lenio Marinho	Team Shark	Veterano M40	03:00:21	+01:47:54	12:01
132	968	Manuel Jorge Nogueira Silva	Team Aguenta Aí	Veterano M40	03:08:30	+01:56:02	12:34
133	1030	Vitor Borges	Padilha Team	Veterano M40	03:17:37	+02:05:10	13:11
134	960	Carlos Cunha	Só Descidas!!	Veterano M40	03:24:43	+02:12:16	13:39
135	961	Paulo Barbosa	Só Descidas!!	Veterano M40	03:34:18	+02:21:50	14:17
136	510	Fernando Sá	10TEMIDOS	Veterano M40	03:49:56	+02:37:28	15:20
137	845	Ivo Almeida	KeMedo Team	Veterano M40	03:53:46	+02:41:19	15:35

EQUIPAS 15K

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RANK	TEAM	DESCRIPTION	POINTS
1	Oralklass-Amigos do Trail	12 + 14 + 21 + 25 + 28	100
2	Amigos do Pedal TraiLagares	13 + 18 + 24 + 26 + 36	117
3	Boavista F.C.	19 + 22 + 23 + 41 + 98	203
4	KeMedo Team	9 + 29 + 34 + 47 + 94	213
5	Clube Zupper	2 + 31 + 32 + 46 + 135	246
6	A.D.Sebolido Trail Boneca Douro	38 + 42 + 57 + 64 + 104	305
7	Moinhos Run ADRM	7 + 76 + 86 + 103 + 116	388
8	Trinca Orelhas de Gato	39 + 58 + 88 + 100 + 108	393
9	GONDOMAR FUTSAL CLUBE	6 + 68 + 73 + 121 + 177	445
10	LEõES DE TARDARIZ TRAIL	62 + 91 + 95 + 109 + 140	497
11	ErmidaFit	16 + 27 + 97 + 138 + 223	501
12	CORRE TASCAS RUNNING CLUB	61 + 124 + 125 + 134 + 136	580
13	Fugitivos Urbanos - Clínica + Saúde	4 + 83 + 161 + 162 + 174	584
14	Danados	49 + 78 + 127 + 139 + 250	643
15	Team Shark	82 + 110 + 149 + 194 + 203	738
16	10TEMIDOS	85 + 158 + 163 + 164 + 211	781
17	Equipotência	37 + 111 + 131 + 200 + 309	788
18	Marco Runners	48 + 102 + 184 + 186 + 283	803
19	FactorX / S4L / MedenseFC	133 + 175 + 176 + 227 + 257	968
20	Futebol Clube de Penafiel	242 + 243 + 244 + 245 + 324	1298
21	LA Zinco	191 + 258 + 259 + 266 + 432	1406
22	GANDRAFIT GINASIO	213 + 216 + 334 + 342 + 348	1453
23	AMOTINADOS	286 + 297 + 313 + 329 + 331	1556
24	salto´s runner	299 + 325 + 401 + 402 + 403	1830
25	Só Descidas!!	446 + 451 + 452 + 453 + 455	2257