# Trail do Almonda
## Torres Novas
## 10-July-2016

## TRAIL - STAGE 1 — 32 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| | Time | Temperature | Humidity |
|---|---|---|---|
| Start | 08:00 | 19.3ºC | 79% |
| End | 13:56 | 31ºC | 37% |

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 1 | 49 | Sergio Correia | udr zona alta - torres novas | Senior Masculino | 02:47:21 | | 05:14 |
| 2 | 13 | Pedro André de Freitas Ribeiro | caracol trail team | Senior Masculino | 02:48:54 | +01:33 | 05:17 |
| 3 | 42 | Paulo Rafael dos Santos Palhinha | casa do povo da abrunheira | Senior Masculino | 02:50:58 | +03:38 | 05:21 |
| 4 | 14 | Tiago Manuel Gomes Godinho | caracol trail team | Sub 23 Masculino | 02:54:29 | +07:08 | 05:27 |
| 5 | 79 | Miguel Baptista | o mundo da corrida | Senior Masculino | 02:56:13 | +08:52 | 05:30 |
| 6 | 53 | Bruno alexandre vieira conde pereira | caracol trail team | Veterano M40 | 02:59:49 | +12:29 | 05:37 |
| 7 | 66 | Mark Monteiro | individual | Veterano M45 | 03:08:23 | +21:03 | 05:53 |
| 8 | 81 | Tony Maia | ourém vida team | Senior Masculino | 03:08:51 | +21:30 | 05:54 |
| 9 | 100 | Aníbal Godinho | caracol trail team | Veterano M50 | 03:16:51 | +29:31 | 06:09 |
| 10 | 82 | Paulo Martins | ourém vida team | Veterano M40 | 03:20:29 | +33:08 | 06:16 |
| 11 | 16 | Gil Afonso Vicente | caracol trail team | Veterano M40 | 03:22:35 | +35:15 | 06:20 |
| 12 | 74 | luís Simões | individual | Veterano M55 | 03:22:40 | +35:19 | 06:20 |
| 13 | 22 | Miguel Nunes | cbtr - castelo branco trail running | Senior Masculino | 03:23:41 | +36:21 | 06:22 |
| 14 | 89 | Paulo Frade | sabores do paço/zatopeques | Veterano M45 | 03:26:44 | +39:23 | 06:28 |
| 15 | 63 | Manuel Silva | individual | Veterano M45 | 03:26:44 | +39:23 | 06:28 |
| 16 | 95 | Rui Leandro | udr zona alta - torres novas | Senior Masculino | 03:26:50 | +39:30 | 06:28 |
| 17 | 59 | AUGUSTO SOUSA | individual | Veterano M45 | 03:32:43 | +45:23 | 06:39 |
| 18 | 92 | Paulo Santos | serviços sociais montepio | Senior Masculino | 03:33:43 | +46:23 | 06:41 |
| 19 | 85 | Miguel Bertolo | sabores do paço/zatopeques | Senior Masculino | 03:36:34 | +49:13 | 06:46 |
| 20 | 80 | José Dias | os galgos de tancos | Veterano M50 | 03:37:38 | +50:18 | 06:48 |
| 21 | 87 | Joao Costa | sabores do paço/zatopeques | Veterano M40 | 03:39:40 | +52:20 | 06:52 |
| 22 | 97 | José Fonseca | união fci de tomar | Veterano M50 | 03:39:45 | +52:25 | 06:52 |
| 23 | 20 | PAULO GAIÃO | casa do povo de alcanena | Veterano M40 | 03:45:35 | +58:15 | 07:03 |
| 24 | 41 | Nuno Miguel Ferreira Passos | individual | Senior Masculino | 03:47:12 | +59:52 | 07:06 |
| 25 | 51 | Iete Gonçalves | individual | Veterana F40 | 03:48:07 | +01:00:46 | 07:08 |
| 26 | 75 | jose manuel vicente faustino | individual | Veterano M60 | 03:48:09 | +01:00:49 | 07:08 |
| 27 | 88 | Nelson Bertolo | sabores do paço/zatopeques | Veterano M40 | 03:48:15 | +01:00:54 | 07:08 |
| 28 | 12 | João Pedro Correia Fernandes | caracol trail team | Senior Masculino | 03:48:17 | +01:00:56 | 07:08 |
| 29 | 94 | Diogo Maia | udr zona alta - torres novas | Senior Masculino | 03:48:17 | +01:00:56 | 07:08 |
| 30 | 21 | vitor pires | casa do povo de alcanena | Veterano M45 | 03:49:05 | +01:01:44 | 07:10 |
| 31 | 55 | João Miguel Carapinha | individual | Veterano M40 | 03:53:05 | +01:05:45 | 07:17 |
| 32 | 58 | António Miguel Baptista | individual | Veterano M45 | 03:55:19 | +01:07:58 | 07:21 |
| 33 | 31 | Frederico Carreira | individual | Senior Masculino | 03:55:32 | +01:08:12 | 07:22 |
| 34 | 46 | Ricardo Mainha | individual | Senior Masculino | 03:55:54 | +01:08:33 | 07:22 |
| 35 | 24 | Manuel Victorino | ccd alvitejo | Veterano M60 | 04:00:39 | +01:13:18 | 07:31 |
| 36 | 7 | Cidalia Martins | aminhacorrida/kalenji | Veterana F50 | 04:02:23 | +01:15:02 | 07:34 |
| 37 | 44 | Paulo Silva | individual | Senior Masculino | 04:02:54 | +01:15:33 | 07:35 |
| 38 | 18 | João Martins | caracol trail team | Veterano M45 | 04:02:54 | +01:15:33 | 07:35 |
| 39 | 36 | Jorge Rosa | individual | Senior Masculino | 04:04:00 | +01:16:39 | 07:38 |
| 40 | 60 | Carlos Vitorino | individual | Veterano M45 | 04:06:30 | +01:19:10 | 07:42 |
| 41 | 35 | João Prta | individual | Senior Masculino | 04:07:11 | +01:19:50 | 07:43 |

## TRAIL - STAGE 1

## 32 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 42 | 98 | Alberto Graça | união fci de tomar | Veterano M60 | 04:08:36 | +01:21:15 | 07:46 |
| 43 | 11 | Mário Salgueiro | c.a.s.p.a. - clube amador só para atletismo | Veterano M40 | 04:12:04 | +01:24:43 | 07:53 |
| 44 | 29 | Bruno Lopes | individual | Senior Masculino | 04:13:09 | +01:25:48 | 07:55 |
| 45 | 15 | Catarina Neves | caracol trail team | Veterana F40 | 04:17:05 | +01:29:44 | 08:02 |
| 46 | 71 | António Manuel Madeira | individual | Veterano M55 | 04:18:34 | +01:31:14 | 08:05 |
| 47 | 45 | Pedro Costa | individual | Senior Masculino | 04:25:45 | +01:38:25 | 08:18 |
| 48 | 39 | Marco Henrique Lima Santos | individual | Senior Masculino | 04:25:54 | +01:38:33 | 08:19 |
| 49 | 47 | Rui Gonçalves | individual | Senior Masculino | 04:26:45 | +01:39:25 | 08:20 |
| 50 | 37 | Luis Manuel Torrado Boino | individual | Senior Masculino | 04:27:41 | +01:40:21 | 08:22 |
| 51 | 70 | carlos carreira major | individual | Veterano M50 | 04:32:52 | +01:45:31 | 08:32 |
| 52 | 6 | Helena Taube | aminhacorrida/kalenji | Veterana F40 | 04:34:21 | +01:47:01 | 08:34 |
| 53 | 8 | José António de Barros Martins | aminhacorrida/kalenji | Veterano M50 | 04:34:59 | +01:47:38 | 08:36 |
| 54 | 10 | Alexandre dos Santos | c.a.s.p.a. - clube amador só para atletismo | Senior Masculino | 04:37:10 | +01:49:49 | 08:40 |
| 55 | 76 | Nuno Giao | kalorias runners | Veterano M40 | 04:39:12 | +01:51:51 | 08:44 |
| 56 | 57 | simao petulante | individual | Veterano M40 | 04:39:45 | +01:52:24 | 08:45 |
| 57 | 50 | Anabela Santos | individual | Veterana F40 | 04:40:14 | +01:52:54 | 08:45 |
| 58 | 93 | Leonel A. Fernandes de São José | sport clube alfragide | Veterano M45 | 04:40:26 | +01:53:06 | 08:46 |
| 59 | 67 | paulo jose louro costa | individual | Veterano M45 | 04:42:25 | +01:55:04 | 08:50 |
| 60 | 38 | Marco António Carvalho | individual | Senior Masculino | 04:43:28 | +01:56:08 | 08:52 |
| 61 | 91 | Oscar Oliveira | sabores do paço/zatopeques | Veterano M50 | 04:49:20 | +02:02:00 | 09:03 |
| 62 | 19 | Helder Miguel Reis Camacho | casa do povo de alcanena | Senior Masculino | 04:54:10 | +02:06:49 | 09:12 |
| 63 | 86 | Ruben Sousa | sabores do paço/zatopeques | Sub 23 Masculino | 04:57:36 | +02:10:16 | 09:18 |
| 64 | 34 | João Pires | individual | Senior Masculino | 05:00:21 | +02:13:01 | 09:23 |
| 65 | 69 | Alexandre Maniés | individual | Veterano M50 | 05:01:32 | +02:14:11 | 09:25 |
| 66 | 17 | Luis Martins | caracol trail team | Veterano M40 | 05:02:53 | +02:15:32 | 09:28 |
| 67 | 96 | PAULA BRANCO | união fci de tomar | Veterana F40 | 05:12:44 | +02:25:23 | 09:46 |
| 68 | 62 | Manuel João Pires Cordeiro | individual | Veterano M45 | 05:12:44 | +02:25:24 | 09:46 |
| 69 | 25 | Maria da Luz Conchinha | clube do stress | Veterana F55 | 05:15:27 | +02:28:06 | 09:51 |
| 70 | 9 | NELSON BARREIROS | associação de atletismo lebres do sado | Veterano M45 | 05:15:47 | +02:28:27 | 09:52 |
| 71 | 61 | João Paulo Félix da Silva | individual | Veterano M45 | 05:15:47 | +02:28:27 | 09:52 |
| 72 | 77 | Katia Almeida | magical mushrooms | Veterana F40 | 05:17:28 | +02:30:08 | 09:55 |
| 73 | 78 | Duarte Lopes | magical mushrooms | Veterano M45 | 05:17:29 | +02:30:09 | 09:55 |
| 74 | 72 | António Simões | individual | Veterano M55 | 05:21:21 | +02:34:00 | 10:03 |
| 75 | 65 | Mário Baião | individual | Veterano M45 | 05:34:10 | +02:46:49 | 10:27 |
| 76 | 68 | Rui Primo Silva | individual | Veterano M45 | 05:42:25 | +02:55:04 | 10:42 |
| 77 | 64 | Marco Cardoso | individual | Veterano M45 | 05:55:50 | +03:08:29 | 11:07 |

# Trail do Almonda
## Torres Novas
## 10-July-2016

## Trail — 32 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| | Time | Temperature | Humidity |
|---|---|---|---|
| Start | 08:00 | 19.3ºC | 79% |
| End | 13:56 | 31ºC | 37% |

## Senior Masculino

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 1 | 49 | Sergio Correia | UDR ZONA ALTA - Torres Novas | Senior Masculino | 02:47:21 | | 05:14 |
| 2 | 13 | Pedro André de Freitas Ribeiro | Caracol Trail Team | Senior Masculino | 02:48:54 | +01:33 | 05:17 |
| 3 | 42 | Paulo Rafael dos Santos Palhinha | Casa do Povo da Abrunheira | Senior Masculino | 02:50:58 | +03:38 | 05:21 |
| 4 | 79 | Miguel Baptista | O Mundo da Corrida | Senior Masculino | 02:56:13 | +08:52 | 05:30 |
| 5 | 81 | Tony Maia | Ourém Vida Team | Senior Masculino | 03:08:51 | +21:30 | 05:54 |
| 6 | 22 | Miguel Nunes | CBTR - Castelo Branco Trail Running | Senior Masculino | 03:23:41 | +36:21 | 06:22 |
| 7 | 95 | Rui Leandro | UDR ZONA ALTA - Torres Novas | Senior Masculino | 03:26:50 | +39:30 | 06:28 |
| 8 | 92 | Paulo Santos | Serviços Sociais Montepio | Senior Masculino | 03:33:43 | +46:23 | 06:41 |
| 9 | 85 | Miguel Bertolo | Sabores do Paço/Zatopeques | Senior Masculino | 03:36:34 | +49:13 | 06:46 |
| 10 | 41 | Nuno Miguel Ferreira Passos | Individual | Senior Masculino | 03:47:12 | +59:52 | 07:06 |
| 11 | 12 | João Pedro Correia Fernandes | Caracol Trail Team | Senior Masculino | 03:48:17 | +01:00:56 | 07:08 |
| 12 | 94 | Diogo Maia | UDR ZONA ALTA - Torres Novas | Senior Masculino | 03:48:17 | +01:00:56 | 07:08 |
| 13 | 31 | Frederico Carreira | Individual | Senior Masculino | 03:55:32 | +01:08:12 | 07:22 |
| 14 | 46 | Ricardo Mainha | Individual | Senior Masculino | 03:55:54 | +01:08:33 | 07:22 |
| 15 | 44 | Paulo Silva | Individual | Senior Masculino | 04:02:54 | +01:15:33 | 07:35 |
| 16 | 36 | Jorge Rosa | Individual | Senior Masculino | 04:04:00 | +01:16:39 | 07:38 |
| 17 | 35 | João Prta | Individual | Senior Masculino | 04:07:11 | +01:19:50 | 07:43 |
| 18 | 29 | Bruno Lopes | Individual | Senior Masculino | 04:13:09 | +01:25:48 | 07:55 |
| 19 | 45 | Pedro Costa | Individual | Senior Masculino | 04:25:45 | +01:38:25 | 08:18 |
| 20 | 39 | Marco Henrique Lima Santos | Individual | Senior Masculino | 04:25:54 | +01:38:33 | 08:19 |
| 21 | 47 | Rui Gonçalves | Individual | Senior Masculino | 04:26:45 | +01:39:25 | 08:20 |
| 22 | 37 | Luis Manuel Torrado Boino | Individual | Senior Masculino | 04:27:41 | +01:40:21 | 08:22 |
| 23 | 10 | Alexandre dos Santos | C.A.S.P.A. - Clube Amador Só Para Atletismo | Senior Masculino | 04:37:10 | +01:49:49 | 08:40 |
| 24 | 38 | Marco António Carvalho | Individual | Senior Masculino | 04:43:28 | +01:56:08 | 08:52 |
| 25 | 19 | Helder Miguel Reis Camacho | CASA DO POVO DE ALCANENA | Senior Masculino | 04:54:10 | +02:06:49 | 09:12 |
| 26 | 34 | João Pires | Individual | Senior Masculino | 05:00:21 | +02:13:01 | 09:23 |

## Sub 23 Masculino

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 14 | Tiago Manuel Gomes Godinho | Caracol Trail Team | Sub 23 Masculino | 02:54:29 | | 05:27 |
| 2 | 86 | Ruben Sousa | Sabores do Paço/Zatopeques | Sub 23 Masculino | 04:57:36 | +02:03:08 | 09:18 |

## Veterana F40

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 51 | Iete Gonçalves | Individual | Veterana F40 | 03:48:07 | | 07:08 |
| 2 | 15 | Catarina Neves | Caracol Trail Team | Veterana F40 | 04:17:05 | +28:58 | 08:02 |
| 3 | 6 | Helena Taube | Aminhacorrida/Kalenji | Veterana F40 | 04:34:21 | +46:15 | 08:34 |

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 4 | 50 | Anabela Santos | Individual | Veterana F40 | 04:40:14 | +52:08 | 08:45 |
| 5 | 96 | PAULA BRANCO | UNIÃO FCI DE TOMAR | Veterana F40 | 05:12:44 | +01:24:37 | 09:46 |
| 6 | 77 | Katia Almeida | Magical Mushrooms | Veterana F40 | 05:17:28 | +01:29:22 | 09:55 |

## Veterana F50

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 7 | Cidalia Martins | Aminhacorrida/Kalenji | Veterana F50 | 04:02:23 | | 07:34 |

## Veterana F55

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 25 | Maria da Luz Conchinha | CLUBE DO STRESS | Veterana F55 | 05:15:27 | | 09:51 |

## Veterano M40

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 53 | Bruno alexandre vieira conde pereira | Caracol Trail Team | Veterano M40 | 02:59:49 | | 05:37 |
| 2 | 82 | Paulo Martins | Ourém Vida Team | Veterano M40 | 03:20:29 | +20:39 | 06:16 |
| 3 | 16 | Gil Afonso Vicente | Caracol Trail Team | Veterano M40 | 03:22:35 | +22:46 | 06:20 |
| 4 | 87 | Joao Costa | Sabores do Paço/Zatopeques | Veterano M40 | 03:39:40 | +39:51 | 06:52 |
| 5 | 20 | PAULO GAIÃO | CASA DO POVO DE ALCANENA | Veterano M40 | 03:45:35 | +45:46 | 07:03 |
| 6 | 88 | Nelson Bertolo | Sabores do Paço/Zatopeques | Veterano M40 | 03:48:15 | +48:25 | 07:08 |
| 7 | 55 | João Miguel Carapinha | Individual | Veterano M40 | 03:53:05 | +53:16 | 07:17 |
| 8 | 11 | Mário Salgueiro | C.A.S.P.A. - Clube Amador Só Para Atletismo | Veterano M40 | 04:12:04 | +01:12:14 | 07:53 |
| 9 | 76 | Nuno Giao | Kalorias Runners | Veterano M40 | 04:39:12 | +01:39:22 | 08:44 |
| 10 | 57 | simao petulante | Individual | Veterano M40 | 04:39:45 | +01:39:55 | 08:45 |
| 11 | 17 | Luis Martins | Caracol Trail Team | Veterano M40 | 05:02:53 | +02:03:03 | 09:28 |

## Veterano M45

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 66 | Mark Monteiro | Individual | Veterano M45 | 03:08:23 | | 05:53 |
| 2 | 89 | Paulo Frade | Sabores do Paço/Zatopeques | Veterano M45 | 03:26:44 | +18:20 | 06:28 |
| 3 | 63 | Manuel Silva | Individual | Veterano M45 | 03:26:44 | +18:20 | 06:28 |
| 4 | 59 | AUGUSTO SOUSA | Individual | Veterano M45 | 03:32:43 | +24:20 | 06:39 |
| 5 | 21 | vitor pires | CASA DO POVO DE ALCANENA | Veterano M45 | 03:49:05 | +40:41 | 07:10 |
| 6 | 58 | António Miguel Baptista | Individual | Veterano M45 | 03:55:19 | +46:55 | 07:21 |
| 7 | 18 | João Martins | Caracol Trail Team | Veterano M45 | 04:02:54 | +54:30 | 07:35 |
| 8 | 60 | Carlos Vitorino | Individual | Veterano M45 | 04:06:30 | +58:07 | 07:42 |
| 9 | 93 | Leonel A. Fernandes de São José | Sport Clube Alfragide | Veterano M45 | 04:40:26 | +01:32:03 | 08:46 |
| 10 | 67 | paulo jose louro costa | Individual | Veterano M45 | 04:42:25 | +01:34:01 | 08:50 |
| 11 | 62 | Manuel João Pires Cordeiro | Individual | Veterano M45 | 05:12:44 | +02:04:21 | 09:46 |
| 12 | 9 | NELSON BARREIROS | Associação de atletismo Lebres do sado | Veterano M45 | 05:15:47 | +02:07:24 | 09:52 |
| 13 | 61 | João Paulo Félix da Silva | Individual | Veterano M45 | 05:15:47 | +02:07:24 | 09:52 |
| 14 | 78 | Duarte Lopes | Magical Mushrooms | Veterano M45 | 05:17:29 | +02:09:06 | 09:55 |
| 15 | 65 | Mário Baião | Individual | Veterano M45 | 05:34:10 | +02:25:46 | 10:27 |

## Trail 32 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 16 | 68 | Rui Primo Silva | Individual | Veterano M45 | 05:42:25 | +02:34:01 | 10:42 |
| 17 | 64 | Marco Cardoso | Individual | Veterano M45 | 05:55:50 | +02:47:26 | 11:07 |

## Veterano M50

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 100 | Aníbal Godinho | Caracol Trail Team | Veterano M50 | 03:16:51 | | 06:09 |
| 2 | 80 | José Dias | Os Galgos de Tancos | Veterano M50 | 03:37:38 | +20:47 | 06:48 |
| 3 | 97 | José Fonseca | UNIÃO FCI DE TOMAR | Veterano M50 | 03:39:45 | +22:54 | 06:52 |
| 4 | 70 | carlos carreira major | Individual | Veterano M50 | 04:32:52 | +01:16:00 | 08:32 |
| 5 | 8 | José António de Barros Martins | Aminhacorrida/Kalenji | Veterano M50 | 04:34:59 | +01:18:07 | 08:36 |
| 6 | 91 | Oscar Oliveira | Sabores do Paço/Zatopeques | Veterano M50 | 04:49:20 | +01:32:29 | 09:03 |
| 7 | 69 | Alexandre Maniés | Individual | Veterano M50 | 05:01:32 | +01:44:40 | 09:25 |

## Veterano M55

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 74 | luís Simões | Individual | Veterano M55 | 03:22:40 | | 06:20 |
| 2 | 71 | António Manuel Madeira | Individual | Veterano M55 | 04:18:34 | +55:55 | 08:05 |
| 3 | 72 | António Simões | Individual | Veterano M55 | 05:21:21 | +01:58:41 | 10:03 |

## Veterano M60

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 75 | jose manuel vicente faustino | Individual | Veterano M60 | 03:48:09 | | 07:08 |
| 2 | 24 | Manuel Victorino | CCD ALVITEJO | Veterano M60 | 04:00:39 | +12:29 | 07:31 |
| 3 | 98 | Alberto Graça | UNIÃO FCI DE TOMAR | Veterano M60 | 04:08:36 | +20:26 | 07:46 |

## COLETIVA TRAIL

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

| RANK | TEAM | DESCRIPTION | POINTS |
|---|---|---|---|
| 1 | Caracol Trail Team | 2 + 4 + 6 | 12 |
| 2 | UDR ZONA ALTA - Torres Novas | 1 + 16 + 29 | 46 |
| 3 | Sabores do Paço/Zatopeques | 14 + 19 + 21 | 54 |
| 4 | CASA DO POVO DE ALCANENA | 23 + 30 + 62 | 115 |
| 5 | UNIÃO FCI DE TOMAR | 22 + 42 + 67 | 131 |
| 6 | Aminhacorrida/Kalenji | 36 + 52 + 53 | 141 |

lap2go TIMING SOLUTION

# Trail do Almonda
## Torres Novas
## 10-July-2016

## MINITRAIL - STAGE 1

## 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

R REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| | Time | Temperature | Humidity |
|---|---|---|---|
| Start | 08:30 | 20.6ºC | 75% |
| End | 11:27 | 31ºC | 37% |

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 1 | 605 | Nuno Goncalves | srjardoeira/runcrosstrail.com | Senior Masculino | 01:09:01 | | 04:36 |
| 2 | 604 | João Pascoal | srjardoeira/runcrosstrail.com | Senior Masculino | 01:11:34 | +02:33 | 04:46 |
| 3 | 610 | João Plácido | união fci de tomar | Senior Masculino | 01:13:09 | +04:09 | 04:53 |
| 4 | 559 | Luis Martins | individual | Senior Masculino | 01:13:38 | +04:37 | 04:55 |
| 5 | 563 | Miguel Pires | individual | Senior Masculino | 01:13:58 | +04:58 | 04:56 |
| 6 | 584 | joão sousa | núcleo sportinguista de torres novas | Veterano M40 | 01:15:30 | +06:29 | 05:02 |
| 7 | 509 | Pedro Freitas | caracol trail team | Senior Masculino | 01:15:53 | +06:53 | 05:04 |
| 8 | 525 | Helder Fernandes Pereira | clube de atletismo de ferreira do zêzere | Senior Masculino | 01:16:37 | +07:36 | 05:06 |
| 9 | 567 | Rui Filipe Lopes | individual | Senior Masculino | 01:18:50 | +09:49 | 05:15 |
| 10 | 521 | Ricardo Silva | clac entroncamento | Sub 23 Masculino | 01:20:02 | +11:01 | 05:20 |
| 11 | 569 | Rui Prazeres | srjardoeira/runcrosstrail.com | Senior Masculino | 01:22:02 | +13:02 | 05:28 |
| 12 | 585 | Jorge António Farinha Oliveira | individual | Veterano M40 | 01:23:08 | +14:07 | 05:33 |
| 13 | 599 | nuno marques | núcleo sportinguista de torres novas | Senior Masculino | 01:23:17 | +14:17 | 05:33 |
| 14 | 615 | Jose Francisco Hilario Carita Vital | clac entroncamento | Veterano M50 | 01:26:26 | +17:25 | 05:46 |
| 15 | 611 | Pedro Gameiro | união fci de tomar | Senior Masculino | 01:27:05 | +18:05 | 05:48 |
| 16 | 572 | Tiago Marques | individual | Senior Masculino | 01:28:09 | +19:08 | 05:53 |
| 17 | 564 | Pedro Jesus | individual | Senior Masculino | 01:28:30 | +19:29 | 05:54 |
| 18 | 510 | Pedro Mourão | caracol trail team | Veterano M40 | 01:28:34 | +19:33 | 05:54 |
| 19 | 522 | Rui Simões | clac entroncamento | Veterano M40 | 01:29:06 | +20:06 | 05:56 |
| 20 | 506 | João Paulo Vairinhos | associação de atletismo lebres do sado | Senior Masculino | 01:29:51 | +20:51 | 05:59 |
| 21 | 566 | Ricardo Jorge leal Henriques | individual | Senior Masculino | 01:31:06 | +22:05 | 06:04 |
| 22 | 583 | João Paulo Oliveira Nepomuceno | individual | Veterano M40 | 01:31:41 | +22:41 | 06:07 |
| 23 | 561 | Luís Sousa | rx runners | Senior Masculino | 01:32:39 | +23:39 | 06:11 |
| 24 | 527 | Fábio Ferreira | crossfit fatima | Senior Masculino | 01:32:45 | +23:44 | 06:11 |
| 25 | 573 | Vasco Antunes | centro municipal de marcha e corrida de torres novas | Senior Masculino | 01:32:50 | +23:50 | 06:11 |
| 26 | 582 | daniel ferreira calado | núcleo sportinguista de torres novas | Veterano M40 | 01:32:51 | +23:51 | 06:11 |
| 27 | 579 | silvia jorge | núcleo sportinguista de torres novas | Veterana F40 | 01:33:01 | +24:00 | 06:12 |
| 28 | 551 | Diogo Roberto | individual | Senior Masculino | 01:34:21 | +25:21 | 06:17 |
| 29 | 537 | PAULO RUBENS FERREIRA | giovanna martins assessoria esportiva | Veterano M50 | 01:34:29 | +25:29 | 06:18 |
| 30 | 595 | Armando Cruz | individual | Veterano M50 | 01:34:39 | +25:38 | 06:19 |
| 31 | 520 | Pedro Carmo | clac entroncamento | Senior Masculino | 01:34:40 | +25:39 | 06:19 |
| 32 | 511 | João Farinha | caracol trail team | Veterano M50 | 01:35:13 | +26:13 | 06:21 |
| 33 | 550 | David Nuno Vieira Gonçalves | individual | Senior Masculino | 01:35:17 | +26:16 | 06:21 |
| 34 | 557 | João Pedro Pereira Rosa | individual | Senior Masculino | 01:36:25 | +27:25 | 06:26 |
| 35 | 562 | Marco Paulo Duarte Oliveira | individual | Senior Masculino | 01:37:42 | +28:41 | 06:31 |
| 36 | 593 | Tozé Alves | porto de mós a correr | Veterano M40 | 01:39:43 | +30:42 | 06:39 |
| 37 | 543 | Jorge Mauricio | rx runners | Veterano M40 | 01:40:35 | +31:35 | 06:42 |
| 38 | 587 | Nelson Aguiar | individual | Veterano M40 | 01:40:39 | +31:38 | 06:43 |
| 39 | 548 | Angelo Lobo | individual | Senior Masculino | 01:41:41 | +32:41 | 06:47 |
| 40 | 507 | Joana Lopes Alves | caracol trail team | Senior Feminino | 01:41:43 | +32:43 | 06:47 |
| 41 | 571 | Samuel Pedro | individual | Senior Masculino | 01:42:08 | +33:08 | 06:49 |

## MINITRAIL - STAGE 1

**15 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 42 | 578 | Silvia Dias | individual | Veterana F40 | 01:44:18 | +35:17 | 06:57 |
| 43 | 586 | Jose Dias | individual | Veterano M40 | 01:44:18 | +35:18 | 06:57 |
| 44 | 529 | Nuno Ribeiro Gonçalves | friends | Veterano M40 | 01:44:23 | +35:23 | 06:58 |
| 45 | 606 | Sérgio Manuel Bento Lopes | superfresco trail team | Senior Masculino | 01:45:05 | +36:04 | 07:00 |
| 46 | 588 | PAULO NEVES | individual | Veterano M40 | 01:45:14 | +36:14 | 07:01 |
| 47 | 558 | José Seguro | individual | Senior Masculino | 01:45:28 | +36:27 | 07:02 |
| 48 | 590 | Pedro Jorge Bargão Rodrigues | individual | Veterano M40 | 01:46:00 | +37:00 | 07:04 |
| 49 | 601 | Nelson Faria | pace.makers | Senior Masculino | 01:47:28 | +38:27 | 07:10 |
| 50 | 592 | Ricardo Pereira Triães | rx runners | Veterano M40 | 01:47:28 | +38:28 | 07:10 |
| 51 | 503 | Rui Alves | aquae scalabis | Senior Masculino | 01:49:15 | +40:15 | 07:17 |
| 52 | 607 | Rui José Pouseiro Dias | superfresco trail team | Veterano M40 | 01:49:39 | +40:38 | 07:19 |
| 53 | 528 | Fernando Agrega | friends | Veterano M40 | 01:50:11 | +41:11 | 07:21 |
| 54 | 552 | Elio Batista | individual | Senior Masculino | 01:50:58 | +41:57 | 07:24 |
| 55 | 612 | Carolina Feliz | união fci de tomar | Veterana F50 | 01:51:02 | +42:02 | 07:24 |
| 56 | 600 | Carlos Grácio | os galgos de tancos | Veterano M50 | 01:51:11 | +42:10 | 07:25 |
| 57 | 32 | Hugo Ferreira | rx runners | Senior Masculino | 01:51:51 | +42:50 | 07:27 |
| 58 | 609 | Ana Patrícia Gracio | união fci de tomar | Senior Feminino | 01:51:54 | +42:54 | 07:28 |
| 59 | 553 | Frederico Oliveira | individual | Senior Masculino | 01:52:28 | +43:27 | 07:30 |
| 60 | 577 | Laetitia Gil | individual | Veterana F40 | 01:53:30 | +44:30 | 07:34 |
| 61 | 523 | Luis Rei | clac entroncamento | Veterano M50 | 01:53:31 | +44:31 | 07:34 |
| 62 | 534 | Ana Martins | furões do alentejo | Veterana F40 | 01:53:38 | +44:38 | 07:35 |
| 63 | 591 | Pedro Vieira | individual | Veterano M40 | 01:56:12 | +47:11 | 07:45 |
| 64 | 531 | Rogerio Palmeiro | fundão trail running | Senior Masculino | 01:56:21 | +47:20 | 07:45 |
| 65 | 504 | Luís Augusto | aquae scalabis | Veterano M40 | 01:57:28 | +48:27 | 07:50 |
| 66 | 580 | Ana Paula Pinto | individual | Veterana F50 | 01:57:28 | +48:28 | 07:50 |
| 67 | 539 | Filipa Vedor | individual | Senior Feminino | 01:59:25 | +50:24 | 07:58 |
| 68 | 524 | Vitor Silva | clac entroncamento | Veterano M50 | 01:59:43 | +50:43 | 07:59 |
| 69 | 519 | Francisco Vigário | ciáticos team | Senior Masculino | 01:59:59 | +50:59 | 08:00 |
| 70 | 518 | Catarina Alexandra Pereira Oliveira | ciáticos team | Senior Feminino | 02:00:00 | +50:59 | 08:00 |
| 71 | 538 | Eliana de Bastos Raimundo | individual | Senior Feminino | 02:00:51 | +51:50 | 08:03 |
| 72 | 594 | Vitor Rodrigues | individual | Veterano M40 | 02:01:21 | +52:20 | 08:05 |
| 73 | 530 | Paulo Ribeiro Proença | friends | Veterano M40 | 02:01:46 | +52:45 | 08:07 |
| 74 | 505 | Paulo Machado | aquae scalabis | Veterano M40 | 02:02:16 | +53:15 | 08:09 |
| 75 | 517 | Ismael Duarte | centro municipal de marcha e corrida de torres novas | Veterano M40 | 02:02:29 | +53:28 | 08:10 |
| 76 | 581 | Hortense Baptista | individual | Veterana F50 | 02:03:00 | +53:59 | 08:12 |
| 77 | 540 | INES VIDAL | individual | Senior Feminino | 02:03:19 | +54:18 | 08:13 |
| 78 | 549 | António J P Cebola | individual | Senior Masculino | 02:04:32 | +55:31 | 08:18 |
| 79 | 532 | Joao Rodrigues | fundão trail running | Veterano M50 | 02:05:28 | +56:27 | 08:22 |
| 80 | 614 | Ricardo Alberto Marques | centro municipal de marcha e corrida de torres novas | Veterano M50 | 02:12:27 | +01:03:26 | 08:50 |
| 81 | 526 | José Conchinha | clube do stress | Veterano M50 | 02:13:58 | +01:04:57 | 08:56 |
| 82 | 535 | Carla Garrett | ginásio quinta do valbom - aaalcochete | Senior Feminino | 02:14:10 | +01:05:09 | 08:57 |
| 83 | 536 | Valter martinho | ginásio quinta do valbom - aaalcochete | Senior Masculino | 02:14:10 | +01:05:10 | 08:57 |
| 84 | 513 | Catarina Costa | centro municipal de marcha e corrida de torres novas | Senior Feminino | 02:17:23 | +01:08:23 | 09:10 |
| 85 | 589 | Paulo Vieira | individual | Veterano M40 | 02:17:24 | +01:08:23 | 09:10 |

## MINITRAIL - STAGE 1

**15 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

**OFFICIAL RESULT**

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REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 86 | 502 | Pedro Bernardino | aquae scalabis | Senior Masculino | 02:17:44 | +01:08:43 | 09:11 |
| 87 | 512 | Ana Mlheiro | centro municipal de marcha e corrida de torres novas | Senior Feminino | 02:18:38 | +01:09:37 | 09:15 |
| 88 | 597 | João Gomes | jacklane & manda brasa running team | Veterano M40 | 02:20:31 | +01:11:30 | 09:22 |
| 89 | 516 | Manuela Silva | centro municipal de marcha e corrida de torres novas | Veterana F50 | 02:21:29 | +01:12:28 | 09:26 |
| 90 | 613 | Ana Sofia Presume Santos | urban corps family | Senior Feminino | 02:25:34 | +01:16:33 | 09:42 |
| 91 | 560 | Luis Santos | individual | Senior Masculino | 02:25:34 | +01:16:33 | 09:42 |
| 92 | 576 | Anabela Barradas Baião Cardoso | individual | Veterana F40 | 02:28:01 | +01:19:01 | 09:52 |
| 93 | 596 | Ricardo Vilchez | jacklane & manda brasa running team | Senior Masculino | 02:29:16 | +01:20:16 | 09:57 |
| 94 | 598 | Paulo Brito | jacklane & manda brasa running team | Veterano M40 | 02:29:17 | +01:20:17 | 09:57 |
| 95 | 514 | Clélia Conceição | centro municipal de marcha e corrida de torres novas | Veterana F40 | 02:33:23 | +01:24:22 | 10:14 |
| 96 | 515 | Ana Bela Gaspar | centro municipal de marcha e corrida de torres novas | Veterana F50 | 02:33:23 | +01:24:22 | 10:14 |
| 97 | 608 | Patricia Mirella Quispe da Silva Pinto | udr zona alta - torres novas | Senior Feminino | 02:33:58 | +01:24:57 | 10:16 |
| 98 | 556 | João Paulo Azevedo Lopes | individual | Senior Masculino | 02:53:43 | +01:44:43 | 11:35 |
| 99 | 554 | Gonçalo Antunes | individual | Senior Masculino | 02:57:58 | +01:48:57 | 11:52 |

# Trail do Almonda
## Torres Novas
## 10-July-2016

## MiniTrail

## 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

R REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| | Time | Temperature | Humidity |
|---|---|---|---|
| Start | 08:30 | 20.6ºC | 75% |
| End | 11:27 | 31ºC | 37% |

## Senior Feminino

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 1 | 507 | Joana Lopes Alves | Caracol Trail Team | Senior Feminino | 01:41:43 | | 06:47 |
| 2 | 609 | Ana Patrícia Gracio | UNIÃO FCI DE TOMAR | Senior Feminino | 01:51:54 | +10:11 | 07:28 |
| 3 | 539 | Filipa Vedor | Individual | Senior Feminino | 01:59:25 | +17:41 | 07:58 |
| 4 | 518 | Catarina Alexandra Pereira Oliveira | Ciáticos Team | Senior Feminino | 02:00:00 | +18:16 | 08:00 |
| 5 | 538 | Eliana de Bastos Raimundo | Individual | Senior Feminino | 02:00:51 | +19:07 | 08:03 |
| 6 | 540 | INES VIDAL | Individual | Senior Feminino | 02:03:19 | +21:35 | 08:13 |
| 7 | 535 | Carla Garrett | ginásio quinta do valbom - AAAlcochete | Senior Feminino | 02:14:10 | +32:26 | 08:57 |
| 8 | 513 | Catarina Costa | Centro Municipal De Marcha e Corrida de Torres Novas | Senior Feminino | 02:17:23 | +35:40 | 09:10 |
| 9 | 512 | Ana Mlheiro | Centro Municipal De Marcha e Corrida de Torres Novas | Senior Feminino | 02:18:38 | +36:54 | 09:15 |
| 10 | 613 | Ana Sofia Presume Santos | Urban Corps Family | Senior Feminino | 02:25:34 | +43:50 | 09:42 |
| 11 | 608 | Patricia Mirella Quispe da Silva Pinto | UDR ZONA ALTA - Torres Novas | Senior Feminino | 02:33:58 | +52:14 | 10:16 |

## Senior Masculino

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 605 | Nuno Goncalves | SRJardoeira/RUNCROSSTRAIL.COM | Senior Masculino | 01:09:01 | | 04:36 |
| 2 | 604 | João Pascoal | SRJardoeira/RUNCROSSTRAIL.COM | Senior Masculino | 01:11:34 | +02:33 | 04:46 |
| 3 | 610 | João Plácido | UNIÃO FCI DE TOMAR | Senior Masculino | 01:13:09 | +04:09 | 04:53 |
| 4 | 559 | Luis Martins | Individual | Senior Masculino | 01:13:38 | +04:37 | 04:55 |
| 5 | 563 | Miguel Pires | Individual | Senior Masculino | 01:13:58 | +04:58 | 04:56 |
| 6 | 509 | Pedro Freitas | Caracol Trail Team | Senior Masculino | 01:15:53 | +06:53 | 05:04 |
| 7 | 525 | Helder Fernandes Pereira | Clube de Atletismo de Ferreira do Zêzere | Senior Masculino | 01:16:37 | +07:36 | 05:06 |
| 8 | 567 | Rui Filipe Lopes | Individual | Senior Masculino | 01:18:50 | +09:49 | 05:15 |
| 9 | 569 | Rui Prazeres | SRJardoeira/RUNCROSSTRAIL.COM | Senior Masculino | 01:22:02 | +13:02 | 05:28 |
| 10 | 599 | nuno marques | núcleo sportinguista de torres novas | Senior Masculino | 01:23:17 | +14:17 | 05:33 |
| 11 | 611 | Pedro Gameiro | UNIÃO FCI DE TOMAR | Senior Masculino | 01:27:05 | +18:05 | 05:48 |
| 12 | 572 | Tiago Marques | Individual | Senior Masculino | 01:28:09 | +19:08 | 05:53 |
| 13 | 564 | Pedro Jesus | Individual | Senior Masculino | 01:28:30 | +19:29 | 05:54 |
| 14 | 506 | João Paulo Vairinhos | Associação de atletismo Lebres do sado | Senior Masculino | 01:29:51 | +20:51 | 05:59 |
| 15 | 566 | Ricardo Jorge leal Henriques | Individual | Senior Masculino | 01:31:06 | +22:05 | 06:04 |
| 16 | 561 | Luís Sousa | RX RUNNERS | Senior Masculino | 01:32:39 | +23:39 | 06:11 |
| 17 | 527 | Fábio Ferreira | Crossfit fatima | Senior Masculino | 01:32:45 | +23:44 | 06:11 |
| 18 | 573 | Vasco Antunes | Centro Municipal De Marcha e Corrida de Torres Novas | Senior Masculino | 01:32:50 | +23:50 | 06:11 |

## MiniTrail

**15 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

**OFFICIAL RESULT**

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 19 | 551 | Diogo Roberto | Individual | Senior Masculino | 01:34:21 | +25:21 | 06:17 |
| 20 | 520 | Pedro Carmo | CLAC Entroncamento | Senior Masculino | 01:34:40 | +25:39 | 06:19 |
| 21 | 550 | David Nuno Vieira Gonçalves | Individual | Senior Masculino | 01:35:17 | +26:16 | 06:21 |
| 22 | 557 | João Pedro Pereira Rosa | Individual | Senior Masculino | 01:36:25 | +27:25 | 06:26 |
| 23 | 562 | Marco Paulo Duarte Oliveira | Individual | Senior Masculino | 01:37:42 | +28:41 | 06:31 |
| 24 | 548 | Angelo Lobo | Individual | Senior Masculino | 01:41:41 | +32:41 | 06:47 |
| 25 | 571 | Samuel Pedro | Individual | Senior Masculino | 01:42:08 | +33:08 | 06:49 |
| 26 | 606 | Sérgio Manuel Bento Lopes | SUPERFRESCO TRAIL TEAM | Senior Masculino | 01:45:05 | +36:04 | 07:00 |
| 27 | 558 | José Seguro | Individual | Senior Masculino | 01:45:28 | +36:27 | 07:02 |
| 28 | 601 | Nelson Faria | pace.makers | Senior Masculino | 01:47:28 | +38:27 | 07:10 |
| 29 | 503 | Rui Alves | Aquae Scalabis | Senior Masculino | 01:49:15 | +40:15 | 07:17 |
| 30 | 552 | Elio Batista | Individual | Senior Masculino | 01:50:58 | +41:57 | 07:24 |
| 31 | 32 | Hugo Ferreira | RX RUNNERS | Senior Masculino | 01:51:51 | +42:50 | 07:27 |
| 32 | 553 | Frederico Oliveira | Individual | Senior Masculino | 01:52:28 | +43:27 | 07:30 |
| 33 | 531 | Rogerio Palmeiro | Fundão Trail Running | Senior Masculino | 01:56:21 | +47:20 | 07:45 |
| 34 | 519 | Francisco Vigário | Ciáticos Team | Senior Masculino | 01:59:59 | +50:59 | 08:00 |
| 35 | 549 | António J P Cebola | Individual | Senior Masculino | 02:04:32 | +55:31 | 08:18 |
| 36 | 536 | Valter martinho | ginásio quinta do valbom - AAAlcochete | Senior Masculino | 02:14:10 | +01:05:10 | 08:57 |
| 37 | 502 | Pedro Bernardino | Aquae Scalabis | Senior Masculino | 02:17:44 | +01:08:43 | 09:11 |
| 38 | 560 | Luis Santos | Individual | Senior Masculino | 02:25:34 | +01:16:33 | 09:42 |
| 39 | 596 | Ricardo Vilchez | JACKLANE & MANDA BRASA running team | Senior Masculino | 02:29:16 | +01:20:16 | 09:57 |
| 40 | 556 | João Paulo Azevedo Lopes | Individual | Senior Masculino | 02:53:43 | +01:44:43 | 11:35 |
| 41 | 554 | Gonçalo Antunes | Individual | Senior Masculino | 02:57:58 | +01:48:57 | 11:52 |

## Sub 23 Masculino

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 521 | Ricardo Silva | CLAC Entroncamento | Sub 23 Masculino | 01:20:02 | | 05:20 |

## Veterana F40

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 579 | silvia jorge | núcleo sportinguista de torres novas | Veterana F40 | 01:33:01 | | 06:12 |
| 2 | 578 | Silvia Dias | Individual | Veterana F40 | 01:44:18 | +11:17 | 06:57 |
| 3 | 577 | Laetitia Gil | Individual | Veterana F40 | 01:53:30 | +20:30 | 07:34 |
| 4 | 534 | Ana Martins | Furões do Alentejo | Veterana F40 | 01:53:38 | +20:38 | 07:35 |
| 5 | 576 | Anabela Barradas Baião Cardoso | Individual | Veterana F40 | 02:28:01 | +55:01 | 09:52 |
| 6 | 514 | Clélia Conceição | Centro Municipal De Marcha e Corrida de Torres Novas | Veterana F40 | 02:33:23 | +01:00:22 | 10:14 |

## Veterana F50

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 612 | Carolina Feliz | UNIÃO FCI DE TOMAR | Veterana F50 | 01:51:02 | | 07:24 |
| 2 | 580 | Ana Paula Pinto | Individual | Veterana F50 | 01:57:28 | +06:26 | 07:50 |
| 3 | 581 | Hortense Baptista | Individual | Veterana F50 | 02:03:00 | +11:57 | 08:12 |

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 4 | 516 | Manuela Silva | Centro Municipal De Marcha e Corrida de Torres Novas | Veterana F50 | 02:21:29 | +30:26 | 09:26 |
| 5 | 515 | Ana Bela Gaspar | Centro Municipal De Marcha e Corrida de Torres Novas | Veterana F50 | 02:33:23 | +42:20 | 10:14 |

## Veterano M40

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 584 | joão sousa | núcleo sportinguista de torres novas | Veterano M40 | 01:15:30 | | 05:02 |
| 2 | 585 | Jorge António Farinha Oliveira | Individual | Veterano M40 | 01:23:08 | +07:38 | 05:33 |
| 3 | 510 | Pedro Mourão | Caracol Trail Team | Veterano M40 | 01:28:34 | +13:04 | 05:54 |
| 4 | 522 | Rui Simões | CLAC Entroncamento | Veterano M40 | 01:29:06 | +13:37 | 05:56 |
| 5 | 583 | João Paulo Oliveira Nepomuceno | Individual | Veterano M40 | 01:31:41 | +16:12 | 06:07 |
| 6 | 582 | daniel ferreira calado | núcleo sportinguista de torres novas | Veterano M40 | 01:32:51 | +17:22 | 06:11 |
| 7 | 593 | Tozé Alves | Porto de Mós a Correr | Veterano M40 | 01:39:43 | +24:13 | 06:39 |
| 8 | 543 | Jorge Mauricio | RX RUNNERS | Veterano M40 | 01:40:35 | +25:06 | 06:42 |
| 9 | 587 | Nelson Aguiar | Individual | Veterano M40 | 01:40:39 | +25:09 | 06:43 |
| 10 | 586 | Jose Dias | Individual | Veterano M40 | 01:44:18 | +28:49 | 06:57 |
| 11 | 529 | Nuno Ribeiro Gonçalves | Friends | Veterano M40 | 01:44:23 | +28:54 | 06:58 |
| 12 | 588 | PAULO NEVES | Individual | Veterano M40 | 01:45:14 | +29:45 | 07:01 |
| 13 | 590 | Pedro Jorge Bargão Rodrigues | Individual | Veterano M40 | 01:46:00 | +30:31 | 07:04 |
| 14 | 592 | Ricardo Pereira Triães | RX RUNNERS | Veterano M40 | 01:47:28 | +31:59 | 07:10 |
| 15 | 607 | Rui José Pouseiro Dias | SUPERFRESCO TRAIL TEAM | Veterano M40 | 01:49:39 | +34:09 | 07:19 |
| 16 | 528 | Fernando Agrega | Friends | Veterano M40 | 01:50:11 | +34:42 | 07:21 |
| 17 | 591 | Pedro Vieira | Individual | Veterano M40 | 01:56:12 | +40:42 | 07:45 |
| 18 | 504 | Luís Augusto | Aquae Scalabis | Veterano M40 | 01:57:28 | +41:58 | 07:50 |
| 19 | 594 | Vitor Rodrigues | Individual | Veterano M40 | 02:01:21 | +45:51 | 08:05 |
| 20 | 530 | Paulo Ribeiro Proença | Friends | Veterano M40 | 02:01:46 | +46:16 | 08:07 |
| 21 | 505 | Paulo Machado | Aquae Scalabis | Veterano M40 | 02:02:16 | +46:46 | 08:09 |
| 22 | 517 | Ismael Duarte | Centro Municipal De Marcha e Corrida de Torres Novas | Veterano M40 | 02:02:29 | +46:59 | 08:10 |
| 23 | 589 | Paulo Vieira | Individual | Veterano M40 | 02:17:24 | +01:01:54 | 09:10 |
| 24 | 597 | João Gomes | JACKLANE & MANDA BRASA running team | Veterano M40 | 02:20:31 | +01:05:01 | 09:22 |
| 25 | 598 | Paulo Brito | JACKLANE & MANDA BRASA running team | Veterano M40 | 02:29:17 | +01:13:48 | 09:57 |

## Veterano M50

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 615 | Jose Francisco Hilario Carita Vital | CLAC Entroncamento | Veterano M50 | 01:26:26 | | 05:46 |
| 2 | 537 | PAULO RUBENS FERREIRA | GIOVANNA MARTINS ASSESSORIA ESPORTIVA | Veterano M50 | 01:34:29 | +08:04 | 06:18 |
| 3 | 595 | Armando Cruz | Individual | Veterano M50 | 01:34:39 | +08:13 | 06:19 |
| 4 | 511 | João Farinha | Caracol Trail Team | Veterano M50 | 01:35:13 | +08:48 | 06:21 |
| 5 | 600 | Carlos Grácio | Os Galgos de Tancos | Veterano M50 | 01:51:11 | +24:45 | 07:25 |
| 6 | 523 | Luis Rei | CLAC Entroncamento | Veterano M50 | 01:53:31 | +27:06 | 07:34 |
| 7 | 524 | Vitor Silva | CLAC Entroncamento | Veterano M50 | 01:59:43 | +33:18 | 07:59 |

## MiniTrail

## 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

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REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 8 | 532 | Joao Rodrigues | Fundão Trail Running | Veterano M50 | 02:05:28 | +39:02 | 08:22 |
| 9 | 614 | Ricardo Alberto Marques | Centro Municipal De Marcha e Corrida de Torres Novas | Veterano M50 | 02:12:27 | +46:01 | 08:50 |
| 10 | 526 | José Conchinha | CLUBE DO STRESS | Veterano M50 | 02:13:58 | +47:32 | 08:56 |

## COLETIVA MINI TRAIL

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

| RANK | TEAM | DESCRIPTION | POINTS |
|---|---|---|---|
| 1 | SRJardoeira/RUNCROSSTRAIL.COM | 1 + 2 + 11 | 14 |
| 2 | CLAC Entroncamento | 10 + 14 + 19 | 43 |
| 3 | núcleo sportinguista de torres novas | 6 + 13 + 26 | 45 |
| 4 | Caracol Trail Team | 7 + 18 + 32 | 57 |
| 5 | UNIÃO FCI DE TOMAR | 3 + 15 + 55 | 73 |
| 6 | RX RUNNERS | 23 + 37 + 50 | 110 |
| 7 | Friends | 44 + 53 + 73 | 170 |
| 8 | Centro Municipal De Marcha e Corrida de Torres Novas | 25 + 75 + 80 | 180 |
| 9 | Aquae Scalabis | 51 + 65 + 74 | 190 |
| 10 | JACKLANE & MANDA BRASA running team | 88 + 93 + 94 | 275 |