

TRAIL LONGO 23KM - STAGE 1

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	68	FRANCISCO FIGUEIREDO	estamos juntos	Senior Masculino	02:45:09	+44:14	07:11
43	248	Luis Miguel Alves Monteiro	individual	Veterano M40	02:45:10	+44:14	07:11
44	126	Bruno Ramiro	individual	Senior Masculino	02:45:33	+44:37	07:12
45	13	Hugo Barroso Pinto	adega tia micas	Senior Masculino	02:45:53	+44:57	07:13
46	393	José Rodrigues	trocopasso runners	Veterano M40	02:46:12	+45:17	07:14
47	394	Luis Leça	trocopasso runners	Veterano M40	02:46:13	+45:17	07:14
48	255	MARTINHO JORGE DA SILVA COSTA	individual	Veterano M40	02:46:23	+45:28	07:14
49	309	Josué Moreira	leões de tardariz trail	Senior Masculino	02:46:46	+45:51	07:15
50	197	Vitor Caldeira	individual	Senior Masculino	02:46:49	+45:53	07:15
51	365	António Borges	porto sentido runners	Veterano M40	02:46:52	+45:56	07:15
52	241	Laurindo Osório	kemedo team	Veterano M40	02:47:51	+46:55	07:18
53	172	Miguel Torres	individual	Senior Masculino	02:47:52	+46:56	07:18
54	287	Vasco Figueiredo	individual	Veterano M50	02:47:54	+46:58	07:18
55	299	Hélder Gomes	kemedo team	Veterano M40	02:47:57	+47:01	07:18
56	281	Vitor manuel ribeiro coelho	individual	Veterano M40	02:48:08	+47:13	07:19
57	29	Maria Augusta Da Costa Loureiro	associação desportiva de cabroelo	Veterana F40	02:48:13	+47:18	07:19
58	23	Leonel Neves	aliança de gandra	Veterano M40	02:48:21	+47:26	07:19
59	32	José Luis Machado Loureiro	autistic runners	Veterano M50	02:48:48	+47:52	07:20
60	356	Paulo Pinheiro	os lebres btt sai da frente	Senior Masculino	02:49:04	+48:09	07:21
61	190	Rui Pereira	individual	Senior Masculino	02:49:21	+48:26	07:22
62	320	Carlos Daniel Alves	multipower gaia trail	Senior Masculino	02:49:26	+48:30	07:22
63	127	Carlos Azevedo	individual	Senior Masculino	02:49:28	+48:33	07:22
64	296	jose magalhaes	jose magalhaes	Veterano M60	02:49:31	+48:36	07:22
65	324	Micael Cunha	multipower gaia trail	Senior Masculino	02:50:20	+49:24	07:24
66	312	Manuel Oliveira	leões de tardariz trail	Veterano M40	02:50:20	+49:24	07:24
67	327	Paulo Madeira	multipower gaia trail	Senior Masculino	02:50:26	+49:30	07:25
68	219	Fernando Abilio Santos Vieira	individual	Veterano M40	02:50:33	+49:37	07:25
69	288	Vitor Manuel Barbosa Moreira	individual	Veterano M50	02:50:46	+49:50	07:25
70	222	Fernando Martins	individual	Veterano M40	02:50:57	+50:01	07:26
71	275	Rui Azevedo	individual	Veterano M40	02:51:18	+50:22	07:27
72	187	Ricardo Jorge Teixeira Duarte	individual	Senior Masculino	02:51:39	+50:44	07:28
73	258	Miguel Moura	individual	Veterano M40	02:52:00	+51:05	07:29
74	169	Mário Galhano	individual	Senior Masculino	02:52:16	+51:21	07:29
75	347	Rolando Santos	olha eu trail running team	Veterano M40	02:52:18	+51:22	07:29
76	213	António Maria Moreira Gomes	individual	Veterano M40	02:52:27	+51:32	07:30
77	310	Miguel Alves	leões de tardariz trail	Senior Masculino	02:53:42	+52:46	07:33
78	331	Diogo João	multipower gaia trail	Veterano M40	02:54:04	+53:08	07:34
79	326	Paulo Amadeu	multipower gaia trail	Senior Masculino	02:54:06	+53:10	07:34
80	385	Ivo Almeida	step by step	Veterano M40	02:54:54	+53:58	07:36
81	272	Ricardo Alexandre Gonçalves Moreira	individual	Veterano M40	02:54:58	+54:02	07:36
82	102	Bruno Rafael marrucho lemos	iat imobiliária esposende	Senior Masculino	02:54:58	+54:03	07:36
83	19	António Oliveira	aliança de gandra	Veterano M40	02:55:00	+54:05	07:37
84	343	Antonio Azevedo	nascidos para correr	Veterano M50	02:55:01	+54:06	07:37
85	339	Nuno Ribeiro	nascidos para correr	Senior Masculino	02:55:01	+54:06	07:37
86	295	António Morais	ela corre com eles	Veterano M40	02:55:22	+54:27	07:38

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
87	337	Rosa Oliveira	nascidos para correr	Senior Feminino	02:55:27	+54:31	07:38
88	158	Jorge Ribeiro	individual	Senior Masculino	02:56:01	+55:06	07:39
89	355	Adelino Pinheiro	os lebres btt sai da frente	Senior Masculino	02:56:08	+55:12	07:39
90	155	Joao Pereira	individual	Senior Masculino	02:56:23	+55:28	07:40
91	400	miguel pereira	velozes e furiosos	Veterano M40	02:56:32	+55:36	07:41
92	215	Arsénio Barros	individual	Veterano M40	02:56:38	+55:43	07:41
93	186	Ricardo Fernandes	individual	Senior Masculino	02:56:42	+55:47	07:41
94	76	Cláudio Fernando de Almeida Taveira	fontainhas runners	Senior Masculino	02:56:54	+55:58	07:41
95	77	Vitor Armando Gonçalves Barroso	fontainhas runners	Veterano M40	02:56:54	+55:58	07:41
96	252	manuel antonio ferreira pinto teixeira	individual	Veterano M40	02:57:28	+56:33	07:43
97	161	José Ferreira Costa	individual	Senior Masculino	02:58:14	+57:19	07:45
98	84	VITOR COELHO	gdc	Veterano M40	02:58:48	+57:53	07:46
99	75	Alcino Vieira	fitspot - parque nascente	Veterano M50	02:59:10	+58:14	07:47
100	38	Albino Dias	budeguita runners	Veterano M40	02:59:10	+58:15	07:47
101	74	Rui Silva	fitspot - parque nascente	Veterano M40	02:59:27	+58:31	07:48
102	156	João Pereira	individual	Senior Masculino	02:59:28	+58:32	07:48
103	235	José Maria Leal	individual	Veterano M40	02:59:40	+58:45	07:49
104	389	Elisabete Carvalho	trocopasso runners	Senior Feminino	02:59:43	+58:48	07:49
105	243	LUIS ALMEIDA	individual	Veterano M40	02:59:46	+58:50	07:49
106	265	Paulo Jorge Jaquel Pinto	individual	Veterano M40	02:59:54	+58:58	07:49
107	189	Rodrigo Oliveira	individual	Senior Masculino	02:59:54	+58:58	07:49
108	401	Pedro Leandro Nogueira	vodafone	Senior Masculino	02:59:54	+58:58	07:49
109	238	José Paulo Mesquita	individual	Veterano M40	03:00:11	+59:15	07:50
110	399	fausto teixeira	velozes e furiosos	Veterano M40	03:00:15	+59:19	07:50
111	128	Carlos Silva	individual	Senior Masculino	03:00:48	+59:53	07:52
112	159	José António R Sousa	individual	Senior Masculino	03:01:18	+01:00:23	07:53
113	362	Jorge Bastos	pernetas	Senior Masculino	03:01:36	+01:00:40	07:54
114	361	Juliana Rodrigues	pernetas	Senior Feminino	03:01:36	+01:00:40	07:54
115	181	Pedro Cruz	individual	Senior Masculino	03:01:48	+01:00:53	07:54
116	14	Leandro Ricardo Oliveira Pinto Simões	adeiga tia micas	Senior Masculino	03:01:50	+01:00:54	07:54
117	279	Rui Pinto	individual	Veterano M40	03:01:59	+01:01:03	07:55
118	51	Aureliano Valente	clube zipper	Senior Masculino	03:02:02	+01:01:06	07:55
119	301	Agostinho Sousa	kunalama runners	Veterano M60	03:02:31	+01:01:35	07:56
120	242	Licínio Cândido Ferreira Ribeiro	individual	Veterano M40	03:03:09	+01:02:14	07:58
121	372	RUI PEDRO REIS	runriver - escola de atletismo de rio tinto	Senior Masculino	03:03:10	+01:02:14	07:58
122	121	André Costa	individual	Senior Masculino	03:03:26	+01:02:31	07:59
123	196	Vasco Fernandes	individual	Senior Masculino	03:03:33	+01:02:37	07:59
124	35	Bruno Graça	bando dos trilhos e tralhos, associação betetista	Veterano M40	03:04:47	+01:03:52	08:02
125	31	António José Machado Loureiro	autistic runners	Veterano M50	03:05:15	+01:04:19	08:03
126	149	Hugo Miguel Sousa da Silva	individual	Senior Masculino	03:05:15	+01:04:19	08:03
127	4	Nuno Martins	individual	Senior Masculino	03:05:33	+01:04:37	08:04
128	146	Hugo Duarte Teixeira	individual	Senior Masculino	03:05:33	+01:04:37	08:04
129	257	Miguel Dias	individual	Veterano M40	03:06:41	+01:05:45	08:07

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
130	269	pedro mouro	individual	Veterano M40	03:06:57	+01:06:01	08:08
131	28	António Conceição Silva Pereira	amigos quinta das freiras	Veterano M50	03:06:57	+01:06:02	08:08
132	60	Paulo Neta	clube zipper	Veterano M40	03:07:00	+01:06:05	08:08
133	93	HUGO PALMEIRA	gtt - armazém do caffè	Senior Masculino	03:07:28	+01:06:32	08:09
134	382	Jose Costa	ss montepio	Veterano M40	03:07:37	+01:06:41	08:09
135	298	Nuno Marques	kemedo team	Senior Masculino	03:07:54	+01:06:58	08:10
136	66	Francisco Fonseca	equipa joão ferreira	Veterano M40	03:08:07	+01:07:11	08:11
137	132	DELFINO ANTONIO FERREIRA NUNES	individual	Senior Masculino	03:08:39	+01:07:43	08:12
138	12	Carlos Carreira	academia fernanda ribeiro	Senior Masculino	03:08:40	+01:07:44	08:12
139	65	Vasco Escobar	ei team trail	Senior Masculino	03:08:41	+01:07:46	08:12
140	62	Ricardo Estevão Ribeiro Carvalho	ctad - trilhos de cinfães	Senior Masculino	03:08:41	+01:07:46	08:12
141	264	PAULO JORGE BARBOSA	individual	Veterano M40	03:09:11	+01:08:16	08:14
142	86	arnaldo marinho	grupo desportivo leoes de veneza	Veterano M50	03:09:22	+01:08:26	08:14
143	254	Mário Jorge Ferreira	individual	Veterano M40	03:09:43	+01:08:48	08:15
144	170	Miguel Cruz	individual	Senior Masculino	03:09:44	+01:08:48	08:15
145	160	José Carlos Branco	individual	Senior Masculino	03:10:06	+01:09:11	08:16
146	110	Cristina Coutinho	individual	Senior Feminino	03:10:59	+01:10:03	08:18
147	237	JOSE MARTINS	individual	Veterano M40	03:11:27	+01:10:31	08:19
148	297	Jose Pereira	kemedo team	Senior Masculino	03:11:33	+01:10:37	08:20
149	262	nuno freitas	individual	Veterano M40	03:11:39	+01:10:44	08:20
150	335	Rui Vicente de Andrade Mendes	multipower gaia trail	Veterano M40	03:12:25	+01:11:29	08:22
151	380	Carlos Silva	ss montepio	Veterano M40	03:12:45	+01:11:49	08:23
152	208	Adriano Rocha	individual	Veterano M40	03:14:33	+01:13:38	08:28
153	194	Tiago Rocha	individual	Senior Masculino	03:14:34	+01:13:38	08:28
154	290	José Carlos pereira Gomes	individual	Veterano M60	03:15:24	+01:14:29	08:30
155	246	Luis Manuel da Silva Medeiros Pereira	individual	Veterano M40	03:15:26	+01:14:31	08:30
156	367	RICARDO PEREIRA	portocargo	Senior Masculino	03:15:39	+01:14:44	08:30
157	85	Paulo Gama	gondomar futsal clube	Veterano M40	03:16:00	+01:15:05	08:31
158	122	António Carlos Tavares de Paiva	individual	Senior Masculino	03:16:15	+01:15:20	08:32
159	98	António Matos	halp	Senior Masculino	03:16:41	+01:15:45	08:33
160	366	TANIA BATEIRA	portocargo	Senior Feminino	03:16:54	+01:15:58	08:34
161	368	MANUELA FARIA	portocargo	Veterana F40	03:16:54	+01:15:58	08:34
162	370	RUI MIRANDA	rumo à aventura	Senior Masculino	03:17:33	+01:16:37	08:35
163	371	GABRIEL MIRANDA	rumo à aventura	Veterano M40	03:17:33	+01:16:37	08:35
164	37	Armando Pinho	brandão pinho	Veterano M40	03:17:38	+01:16:42	08:36
165	33	Nuno Castro	aventura marão clube - amarante	Veterano M40	03:17:52	+01:16:56	08:36
166	334	Miguel Furtado	multipower gaia trail	Veterano M40	03:17:58	+01:17:02	08:36
167	163	José Miguel Pinheiro Rocha	individual	Senior Masculino	03:17:58	+01:17:02	08:36
168	151	Javier Molina	individual	Senior Masculino	03:18:07	+01:17:12	08:37
169	317	Anabela Freitas	multipower gaia trail	Senior Feminino	03:18:27	+01:17:31	08:38
170	136	Fernando Azevedo	kemedo team	Senior Masculino	03:20:07	+01:19:12	08:42
171	90	Demétrio Matos	gtt - armazém do caffè	Senior Masculino	03:20:24	+01:19:28	08:43
172	271	Pedro Vidal	individual	Veterano M40	03:20:26	+01:19:31	08:43
173	267	Paulo Seabra	individual	Veterano M40	03:20:38	+01:19:43	08:43
174	83	Bernardino Andrade	gd4c	Veterano M40	03:20:58	+01:20:03	08:44

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23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
175	209	Americo Areias	individual	Veterano M40	03:21:01	+01:20:06	08:44
176	253	Marco Pinto	individual	Veterano M40	03:21:20	+01:20:25	08:45
177	42	Rui Miguel Moreira Dias	clube galp energia norte	Senior Masculino	03:21:58	+01:21:03	08:47
178	95	Keta Batista	gtt - armazém do caffè	Veterana F40	03:22:09	+01:21:14	08:47
179	353	Sónia Mota	oralklass-amigos do trail	Veterana F40	03:22:10	+01:21:14	08:47
180	168	Marcos Silva	individual	Senior Masculino	03:22:29	+01:21:33	08:48
181	284	António Pais	individual	Veterano M50	03:24:28	+01:23:33	08:53
182	133	Eurico Mateus	individual	Senior Masculino	03:24:28	+01:23:33	08:53
183	318	Andre Peixoto	multiplier gaia trail	Senior Masculino	03:25:13	+01:24:17	08:55
184	82	Luis Oliveira	gd santander totta	Veterano M40	03:25:14	+01:24:18	08:55
185	217	Eduardo Nascimento	individual	Veterano M40	03:28:50	+01:27:54	09:05
186	216	Cândido Silva	individual	Veterano M40	03:29:08	+01:28:13	09:06
187	354	Pedro Seixas	oralklass-amigos do trail	Veterano M40	03:29:17	+01:28:21	09:06
188	289	EDUARDO MEDEIROS	individual	Veterano M60	03:29:19	+01:28:24	09:06
189	70	Filipe Cunha	faurecia runners	Senior Masculino	03:29:19	+01:28:24	09:06
190	30	Pedro Policiano	atletico clube alfenense	Senior Masculino	03:29:26	+01:28:30	09:06
191	99	Henrique Matos	halp	Senior Masculino	03:29:44	+01:28:49	09:07
192	381	Joao Cardoso	ss montepio	Veterano M40	03:29:58	+01:29:02	09:08
193	205	Paula Silva	individual	Veterana F40	03:29:59	+01:29:04	09:08
194	282	Wilson Fonseca	individual	Veterano M40	03:30:05	+01:29:10	09:08
195	251	Luis Terencio	individual	Veterano M40	03:30:35	+01:29:39	09:09
196	316	Vitor Queirós	marco trail	Senior Masculino	03:30:45	+01:29:50	09:10
197	71	Miguel Guimarães	fitspot - parque nascente	Senior Masculino	03:30:54	+01:29:59	09:10
198	87	PAULO RODRIGUES	grupo desportivo leoes de veneza	Veterano M50	03:30:54	+01:29:59	09:10
199	180	Pedro Arlindo Vieira Madureira	individual	Senior Masculino	03:31:14	+01:30:19	09:11
200	285	Fernando Oliveira	individual	Veterano M50	03:31:36	+01:30:41	09:12
201	131	Daniel Silva	individual	Senior Masculino	03:34:13	+01:33:17	09:19
202	200	Isabel Gonçalves	individual	Veterana F40	03:34:20	+01:33:25	09:19
203	147	Hugo fernandes	individual	Senior Masculino	03:34:38	+01:33:43	09:20
204	233	jose alberto jesus mendes	individual	Veterano M40	03:35:09	+01:34:13	09:21
205	15	Vitor Matos	adega tia micás	Senior Masculino	03:35:10	+01:34:15	09:21
206	11	GABRIELA MADEIRA	#mirras	Senior Feminino	03:35:56	+01:35:01	09:23
207	26	Fernando Ismael Oliveira Nogueira	amigos do pedal trailagares	Senior Masculino	03:36:01	+01:35:05	09:24
208	191	Sergio Filipe Maia de Sousa	individual	Senior Masculino	03:36:35	+01:35:40	09:25
209	369	Arlindo PEREIRA	portocargo	Veterano M60	03:36:45	+01:35:50	09:25
210	203	Marta Silva	individual	Veterana F40	03:36:46	+01:35:51	09:26
211	171	Miguel Pessanha Moreira	caes d avenida	Senior Masculino	03:37:01	+01:36:05	09:26
212	244	Luís Barata da Rocha	caes d avenida	Veterano M40	03:37:01	+01:36:05	09:26
213	226	Francisco Gonçalves	caes d avenida	Veterano M40	03:37:01	+01:36:06	09:26
214	286	João Paulo Rocha	caes d avenida	Veterano M50	03:37:02	+01:36:06	09:26
215	308	José Santos	leões de tardariz trail	Senior Masculino	03:37:08	+01:36:13	09:26
216	274	Ricardo Ribeiro	individual	Veterano M40	03:37:39	+01:36:43	09:28
217	89	LILIANA ARAUJO	gtt - armazém do caffè	Senior Feminino	03:38:25	+01:37:29	09:30
218	346	Natalia Silva	olha eu trail running team	Senior Feminino	03:39:18	+01:38:23	09:32
219	225	Filipe Duarte Castro	individual	Veterano M40	03:39:48	+01:38:52	09:33
220	125	Bruno Miguel da Costa Fontao	individual	Senior Masculino	03:39:49	+01:38:53	09:33

TRAIL LONGO 23KM - STAGE 1
23 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
221	386	Luis Miguel Araujo Pedrosa	team 2	Senior Masculino	03:39:49	+01:38:54	09:33
222	211	Antero Cunha	individual	Veterano M40	03:41:10	+01:40:15	09:37
223	303	Helder Silva	la zinco	Senior Masculino	03:41:14	+01:40:18	09:37
224	304	Nuno Oliveira	la zinco	Senior Masculino	03:41:14	+01:40:19	09:37
225	261	Nuno Almeida	individual	Veterano M40	03:41:15	+01:40:20	09:37
226	50	André Cavadas	clube zupper	Senior Masculino	03:41:15	+01:40:20	09:37
227	392	M. João Ricardo	trocopasso runners	Veterana F40	03:41:30	+01:40:35	09:38
228	273	Ricardo Neves	individual	Veterano M40	03:41:33	+01:40:38	09:38
229	314	Pedro Lourenço	loureços adventures	Senior Masculino	03:41:39	+01:40:44	09:38
230	388	Tiago Borges	team lantermil	Senior Masculino	03:42:31	+01:41:35	09:40
231	139	Filipe Silva	individual	Senior Masculino	03:42:31	+01:41:36	09:41
232	55	Helena Barbosa	clube zupper	Veterana F40	03:42:32	+01:41:36	09:41
233	52	Fernando Leite	clube zupper	Senior Masculino	03:42:33	+01:41:38	09:41
234	313	Joaquim Leite	leões de tardariz trail	Veterano M50	03:42:52	+01:41:57	09:41
235	259	Mike Dias	individual	Veterano M40	03:42:52	+01:41:57	09:41
236	185	Pedro Tiago Oliveira Nunes	individual	Senior Masculino	03:44:03	+01:43:08	09:45
237	135	FÁBIO RODRIGUES	individual	Senior Masculino	03:44:04	+01:43:08	09:45
238	291	Manuel Emidio	individual	Veterano M60	03:44:34	+01:43:39	09:46
239	78	Alexandre XANGO Tibet	free tibete/ vira lata/ husse	Senior Masculino	03:45:37	+01:44:42	09:49
240	384	Fernando Carvalho	ss montepio	Veterano M50	03:46:13	+01:45:17	09:50
241	236	José Mário da Silva Costa	individual	Veterano M40	03:46:19	+01:45:23	09:50
242	202	Maria de Fátima Marques Ribeiro	individual	Veterana F40	03:46:38	+01:45:42	09:51
243	277	Rui Freitas	individual	Veterano M40	03:49:09	+01:48:14	09:58
244	119	Alexandre Lourenco	individual	Senior Masculino	03:49:48	+01:48:53	10:00
245	111	Filipa Pinheiro	individual	Senior Feminino	03:49:48	+01:48:53	10:00
246	250	Luís Sousa	individual	Veterano M40	03:50:15	+01:49:19	10:01
247	178	PAULO FERREIRA	individual	Senior Masculino	03:50:20	+01:49:24	10:01
248	117	sofia fernandes	individual	Senior Feminino	03:50:54	+01:49:58	10:02
249	195	Valério Saleiro	individual	Senior Masculino	03:51:40	+01:50:45	10:04
250	145	Antonio Pereira	individual	Veterano M60	03:51:43	+01:50:47	10:04
251	294	fernando jorge	invicta runners team	Veterano M40	03:51:43	+01:50:47	10:04
252	173	Nuno Filipe C A Teixeira	individual	Senior Masculino	03:51:43	+01:50:47	10:04
253	293	Paulo Festa	invicta runners team	Senior Masculino	03:51:44	+01:50:48	10:05
254	154	João Pedro Monteiro	individual	Senior Masculino	03:52:35	+01:51:40	10:07
255	397	Márcia Cardoso	urbanfit runners	Senior Masculino	03:53:44	+01:52:48	10:10
256	398	Mário Moreira	urbanfit runners	Senior Masculino	03:53:45	+01:52:49	10:10
257	69	Manuel Cunha Lima	experienciar	Veterano M50	03:54:22	+01:53:26	10:11
258	214	ARMANDO MANUEL COELHO DE LIMA	individual	Veterano M40	03:54:57	+01:54:01	10:13
259	377	Fátima Vieira	somos nós team	Veterana F40	03:55:13	+01:54:18	10:14
260	240	JOSE RODRIGUES COSTA	individual	Veterano M40	03:55:29	+01:54:33	10:14
261	106	Andreia Costa	individual	Senior Feminino	03:55:36	+01:54:41	10:15
262	24	Ana Luisa Dolores Silva	all about spirit team	Senior Feminino	03:56:05	+01:55:09	10:16
263	25	Ricardo Jorge Teixeira	all about spirit team	Veterano M40	03:56:05	+01:55:09	10:16
264	43	sonia pereira	clube galp energia norte	Veterana F40	03:57:38	+01:56:43	10:20
265	44	Pedro Miguel Fernandes Oliveira	clube galp energia norte	Veterano M40	03:57:38	+01:56:43	10:20

TRAIL LONGO 23KM - STAGE 1

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
266	153	João Miguel Cerqueira de Brito	individual	Senior Masculino	04:00:18	+01:59:22	10:27
267	374	Elói SOusa	salta pocinhas	Senior Masculino	04:00:18	+01:59:23	10:27
268	280	Rui Schumacher	individual	Veterano M40	04:00:29	+01:59:34	10:27
269	234	José Luís Marques	individual	Veterano M40	04:00:29	+01:59:34	10:27
270	230	João Graça	individual	Veterano M40	04:01:34	+02:00:39	10:30
271	176	Oswaldo Dias Ferreira	individual	Senior Masculino	04:01:34	+02:00:39	10:30
272	268	Pedro Costelha	individual	Veterano M40	04:01:56	+02:01:00	10:31
273	344	Paula Oliveira	nomeiodonada	Veterana F40	04:04:20	+02:03:25	10:37
274	97	Liliana Neto	halp	Senior Feminino	04:05:08	+02:04:12	10:39
275	100	Pedro Marques	halp	Senior Masculino	04:05:09	+02:04:13	10:40
276	183	Pedro Manuel Santos Ribeiro	individual	Senior Masculino	04:05:24	+02:04:29	10:40
277	148	Hugo Mendes	individual	Senior Masculino	04:05:24	+02:04:29	10:40
278	221	Fernando Henrique Almeida Soares	individual	Veterano M40	04:05:41	+02:04:46	10:41
279	150	Hugo Ricardo de Oliveira Ventura	individual	Senior Masculino	04:05:42	+02:04:47	10:41
280	338	Nuno Ferreira	nascidos para correr	Senior Masculino	04:07:22	+02:06:27	10:45
281	57	José Pinto	clube zipper	Veterano M40	04:08:42	+02:07:47	10:49
282	54	Jorge Gonçalves	clube zipper	Senior Masculino	04:08:42	+02:07:47	10:49
283	218	Estefânio pinto	individual	Veterano M40	04:09:55	+02:09:00	10:52
284	120	Alvaro Saraiva	individual	Senior Masculino	04:10:28	+02:09:33	10:53
285	210	Angelo Manuel Senra	individual	Veterano M40	04:11:10	+02:10:14	10:55
286	101	PEDRO BARROS	happyrun	Veterano M40	04:12:10	+02:11:14	10:58
287	94	Jorge Borges	gtt - armazém do caffè	Senior Masculino	04:12:10	+02:11:15	10:58
288	115	Monica Borges	individual	Senior Feminino	04:12:12	+02:11:16	10:58
289	292	José Ferreira	inimigos do podium	Veterano M40	04:15:47	+02:14:51	11:07
290	61	Silvio Barbosa	clube zipper	Veterano M40	04:18:50	+02:17:54	11:15
291	56	António Silva	clube zipper	Veterano M40	04:18:50	+02:17:55	11:15
292	116	Rute Silva	individual	Senior Feminino	04:23:52	+02:22:56	11:28
293	34	Lúcia Lourenço	avf auto	Senior Feminino	04:23:53	+02:22:57	11:28
294	112	Joana Magalhães	individual	Senior Feminino	04:23:53	+02:22:57	11:28
295	266	Paulo Manuel Soares	individual	Veterano M40	04:27:14	+02:26:19	11:37
296	105	Ana Xavier	individual	Senior Feminino	04:27:14	+02:26:19	11:37
297	256	Miguel Catarino	individual	Veterano M40	04:27:36	+02:26:40	11:38
298	342	Antonio Angelino	nascidos para correr	Veterano M40	04:27:41	+02:26:46	11:38
299	336	Patricia Cavaleiro	nascidos para correr	Senior Feminino	04:27:42	+02:26:46	11:38
300	223	Fernando Miguel Pereira	individual	Veterano M40	04:30:52	+02:29:56	11:47
301	162	José Manuel Fernandes Ferreira	individual	Senior Masculino	04:43:40	+02:42:45	12:20
302	175	Nuno Morais	individual	Senior Masculino	04:43:42	+02:42:46	12:20
303	104	Ana Silva	individual	Senior Feminino	04:43:42	+02:42:47	12:20
304	18	Álvaro Cunha	aliança de gandra	Veterano M40	04:43:52	+02:42:56	12:21
305	22	Juvenal Cardoso	aliança de gandra	Veterano M40	04:43:53	+02:42:57	12:21
306	108	Carla Lopes	individual	Senior Feminino	04:45:55	+02:44:59	12:26
307	188	Ricardo Pinto	individual	Senior Masculino	04:45:56	+02:45:01	12:26
308	364	Diogo	porto sentido runners	Senior Masculino	04:45:56	+02:45:01	12:26
309	199	Eugénia Monteiro	individual	Veterana F40	04:45:57	+02:45:01	12:26
310	363	Sara Magalhães	porto sentido runners	Senior Feminino	04:45:57	+02:45:02	12:26
311	249	Luis Schumacher	individual	Veterano M40	05:07:41	+03:06:46	13:23

TRAIL LONGO 23KM - STAGE 1

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
312	184	Pedro Miguel Afonseca Goncalves	individual	Senior Masculino	05:07:44	+03:06:49	13:23
313	359	paulo jorge sousa magalhaes	ou vai ou racha	Veterano M40	05:07:57	+03:07:01	13:23
314	358	jose gentilf almeida ferreira	ou vai ou racha	Veterano M40	05:07:57	+03:07:02	13:23
315	220	Fernando Antonio Resende Rodrigues	individual	Veterano M40	05:09:12	+03:08:16	13:27
316	402	Jorge Pinheiro	wild sultans	Veterano M40	05:09:48	+03:08:52	13:28
317	403	nuno morgado	wild sultans	Veterano M40	05:09:48	+03:08:53	13:28
318	114	Marilene Freitas	individual	Senior Feminino	05:13:29	+03:12:34	13:38
319	204	Natacha freitas	individual	Veterana F40	05:13:29	+03:12:34	13:38

Trail Longo 23Km

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:00	13,9°C	89%
End	14:13	20°C	65%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	67	DANIELA RUSSO	ESTAMOS JUNTOS	Senior Feminino	02:45:08		07:11
2	337	Rosa Oliveira	Nascidos para Correr	Senior Feminino	02:55:27	+10:19	07:38
3	389	Elisabete Carvalho	Trocopasso Runners	Senior Feminino	02:59:44	+14:36	07:49
4	361	Juliana Rodrigues	Pernetas	Senior Feminino	03:01:36	+16:28	07:54
5	110	Cristina Coutinho	Individual	Senior Feminino	03:10:59	+25:51	08:18
6	366	TANIA BATEIRA	PORTOCARGO	Senior Feminino	03:16:54	+31:46	08:34
7	317	Anabela Freitas	MULTIPOWER GAIA TRAIL	Senior Feminino	03:18:27	+33:19	08:38
8	11	GABRIELA MADEIRA	#MIRRAS	Senior Feminino	03:35:57	+50:49	09:23
9	89	LILIANA ARAUJO	GTT - Armazém do Caffè	Senior Feminino	03:38:25	+53:17	09:30
10	346	Natalia Silva	Olha eu trail running team	Senior Feminino	03:39:19	+54:11	09:32
11	111	Filipa Pinheiro	Individual	Senior Feminino	03:49:49	+01:04:41	10:00
12	117	sofia fernandes	Individual	Senior Feminino	03:50:54	+01:05:46	10:02
13	106	Andreia Costa	Individual	Senior Feminino	03:55:37	+01:10:29	10:15
14	24	Ana Luisa Dolores Silva	All About Spirit Team	Senior Feminino	03:56:05	+01:10:57	10:16
15	97	Liliana Neto	HALP	Senior Feminino	04:05:08	+01:20:00	10:39
16	115	Monica Borges	Individual	Senior Feminino	04:12:12	+01:27:04	10:58
17	116	Rute Silva	Individual	Senior Feminino	04:23:52	+01:38:44	11:28
18	34	Lúcia Lourenço	AVF auto	Senior Feminino	04:23:53	+01:38:45	11:28
19	112	Joana Magalhães	Individual	Senior Feminino	04:23:53	+01:38:45	11:28
20	105	Ana Xavier	Individual	Senior Feminino	04:27:15	+01:42:07	11:37
21	336	Patricia Cavalero	Nascidos para Correr	Senior Feminino	04:27:42	+01:42:34	11:38
22	104	Ana Silva	Individual	Senior Feminino	04:43:43	+01:58:35	12:20
23	108	Carla Lopes	Individual	Senior Feminino	04:45:55	+02:00:47	12:26
24	363	Sara Magalhães	PORTO SENTIDO RUNNERS	Senior Feminino	04:45:58	+02:00:50	12:26
25	114	Marilene Freitas	Individual	Senior Feminino	05:13:30	+02:28:22	13:38

Senior Masculino

1	321	Fernando Lemos	MULTIPOWER GAIA TRAIL	Senior Masculino	02:00:56		05:15
2	378	César Barros	Sport Club Beira-Mar	Senior Masculino	02:09:39	+08:43	05:38
3	1	João Oliveira	Individual	Senior Masculino	02:12:04	+11:08	05:45
4	300	Joel Filipe Alves Pereira	KER SPORTS PONTE DE LIMA	Senior Masculino	02:12:04	+11:08	05:45
5	134	Fabio Daniel Lopes Coelho	Individual	Senior Masculino	02:16:41	+15:45	05:57
6	323	João Nunes	MULTIPOWER GAIA TRAIL	Senior Masculino	02:20:48	+19:52	06:07
7	164	José Pereira	Individual	Senior Masculino	02:22:15	+21:19	06:11
8	349	Antonio Pinto	Oralklass-Amigos do Trail	Senior Masculino	02:24:18	+23:22	06:16
9	319	Bruno Santiago	MULTIPOWER GAIA TRAIL	Senior Masculino	02:25:01	+24:05	06:18
10	47	Gonçalo Torres	CAES D AVENIDA	Senior Masculino	02:26:04	+25:08	06:21
11	92	HUGO ARAUJO	GTT - Armazém do Caffè	Senior Masculino	02:28:32	+27:36	06:27

Trail Longo 23Km

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

12	325	Nuno Miguel Maia	MULTIPOWER GAIA TRAIL	Senior Masculino	02:28:35	+27:39	06:28
13	329	Zé Bruno Soares	MULTIPOWER GAIA TRAIL	Senior Masculino	02:28:49	+27:53	06:28
14	123	Bruno José Melo Corga	Individual	Senior Masculino	02:29:04	+28:08	06:29
15	328	Pedro Sabugueiro	MULTIPOWER GAIA TRAIL	Senior Masculino	02:29:34	+28:38	06:30
16	174	Nuno Miguel Carvalho da Silva	Individual	Senior Masculino	02:30:09	+29:13	06:32
17	88	Filipe Lima	GRUPO DESPORTIVO SANTANDER TOTTA	Senior Masculino	02:32:28	+31:32	06:38
18	91	Emanuel Costa	GTT - Armazém do Caffè	Senior Masculino	02:32:28	+31:32	06:38
19	165	Luis Filipe Rego Lemos	Individual	Senior Masculino	02:34:15	+33:19	06:42
20	144	Henrique Barbosa	Individual	Senior Masculino	02:37:59	+37:03	06:52
21	80	Rafael Valente	Gangue das Maças	Senior Masculino	02:42:00	+41:04	07:03
22	138	Filipe Saraiva Fernandes	Individual	Senior Masculino	02:42:37	+41:41	07:04
23	68	FRANCISCO FIGUEIREDO	ESTAMOS JUNTOS	Senior Masculino	02:45:10	+44:14	07:11
24	126	Bruno Ramiro	Individual	Senior Masculino	02:45:33	+44:37	07:12
25	13	Hugo Barroso Pinto	Adega Tia Micas	Senior Masculino	02:45:53	+44:57	07:13
26	309	Josué Moreira	Leões de Tardariz Trail	Senior Masculino	02:46:47	+45:51	07:15
27	197	Vitor Caldeira	Individual	Senior Masculino	02:46:49	+45:53	07:15
28	172	Miguel Torres	Individual	Senior Masculino	02:47:52	+46:56	07:18
29	356	Paulo Pinheiro	os lebres btt sai da frente	Senior Masculino	02:49:05	+48:09	07:21
30	190	Rui Pereira	Individual	Senior Masculino	02:49:22	+48:26	07:22
31	320	Carlos Daniel Alves	MULTIPOWER GAIA TRAIL	Senior Masculino	02:49:26	+48:30	07:22
32	127	Carlos Azevedo	Individual	Senior Masculino	02:49:29	+48:33	07:22
33	324	Micael Cunha	MULTIPOWER GAIA TRAIL	Senior Masculino	02:50:20	+49:24	07:24
34	327	Paulo Madeira	MULTIPOWER GAIA TRAIL	Senior Masculino	02:50:26	+49:30	07:25
35	187	Ricardo Jorge Teixeira Duarte	Individual	Senior Masculino	02:51:40	+50:44	07:28
36	169	Mário Galhano	Individual	Senior Masculino	02:52:17	+51:21	07:29
37	310	Miguel Alves	Leões de Tardariz Trail	Senior Masculino	02:53:42	+52:46	07:33
38	326	Paulo Amadeu	MULTIPOWER GAIA TRAIL	Senior Masculino	02:54:06	+53:10	07:34
39	102	Bruno Rafael marrucho lemos	IAT Imobiliária Esposende	Senior Masculino	02:54:59	+54:03	07:36
40	339	Nuno Ribeiro	Nascidos para Correr	Senior Masculino	02:55:02	+54:06	07:37
41	158	Jorge Ribeiro	Individual	Senior Masculino	02:56:02	+55:06	07:39
42	355	Adelino Pinheiro	os lebres btt sai da frente	Senior Masculino	02:56:08	+55:12	07:39
43	155	Joao Pereira	Individual	Senior Masculino	02:56:24	+55:28	07:40
44	186	Ricardo Fernandes	Individual	Senior Masculino	02:56:43	+55:47	07:41
45	76	Cláudio Fernando de Almeida Taveira	Fontainhas runners	Senior Masculino	02:56:54	+55:58	07:41
46	161	José Ferreira Costa	Individual	Senior Masculino	02:58:15	+57:19	07:45
47	156	João Pereira	Individual	Senior Masculino	02:59:28	+58:32	07:48
48	189	Rodrigo Oliveira	Individual	Senior Masculino	02:59:54	+58:58	07:49
49	401	Pedro Leandro Nogueira	VODAFONE	Senior Masculino	02:59:54	+58:58	07:49
50	128	Carlos Silva	Individual	Senior Masculino	03:00:49	+59:53	07:52
51	159	José António R Sousa	Individual	Senior Masculino	03:01:19	+01:00:23	07:53
52	362	Jorge Bastos	Pernetas	Senior Masculino	03:01:36	+01:00:40	07:54
53	181	Pedro Cruz	Individual	Senior Masculino	03:01:49	+01:00:53	07:54
54	14	Leandro Ricardo Oliveira Pinto Simões	Adega Tia Micas	Senior Masculino	03:01:50	+01:00:54	07:54
55	51	Aureliano Valente	Clube Zupper	Senior Masculino	03:02:02	+01:01:06	07:55
56	372	RUI PEDRO REIS	RUNRIVER - Escola de Atletismo de Rio Tinto	Senior Masculino	03:03:10	+01:02:14	07:58

Trail Longo 23Km

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

57	121	André Costa	Individual	Senior Masculino	03:03:27	+01:02:31	07:59
58	196	Vasco Fernandes	Individual	Senior Masculino	03:03:33	+01:02:37	07:59
59	149	Hugo Miguel Sousa da Silva	Individual	Senior Masculino	03:05:15	+01:04:19	08:03
60	4	Nuno Martins	Individual	Senior Masculino	03:05:33	+01:04:37	08:04
61	146	Hugo Duarte Teixeira	Individual	Senior Masculino	03:05:33	+01:04:37	08:04
62	93	HUGO PALMEIRA	GTT - Armazém do Caffè	Senior Masculino	03:07:28	+01:06:32	08:09
63	298	Nuno Marques	KeMedo Team	Senior Masculino	03:07:54	+01:06:58	08:10
64	132	DELFIN ANTONIO FERREIRA NUNES	Individual	Senior Masculino	03:08:39	+01:07:43	08:12
65	12	Carlos Carreira	ACADEMIA FERNANDA RIBEIRO	Senior Masculino	03:08:40	+01:07:44	08:12
66	65	Vasco Escobar	EI Team Trail	Senior Masculino	03:08:42	+01:07:46	08:12
67	62	Ricardo Estevão Ribeiro Carvalho	CTAD - Trilhos de Cinfães	Senior Masculino	03:08:42	+01:07:46	08:12
68	170	Miguel Cruz	Individual	Senior Masculino	03:09:44	+01:08:48	08:15
69	160	José Carlos Branco	Individual	Senior Masculino	03:10:07	+01:09:11	08:16
70	297	Jose Pereira	KeMedo Team	Senior Masculino	03:11:33	+01:10:37	08:20
71	194	Tiago Rocha	Individual	Senior Masculino	03:14:34	+01:13:38	08:28
72	367	RICARDO PEREIRA	PORTOCARGO	Senior Masculino	03:15:40	+01:14:44	08:30
73	122	António Carlos Tavares de Paiva	Individual	Senior Masculino	03:16:16	+01:15:20	08:32
74	98	António Matos	HALP	Senior Masculino	03:16:41	+01:15:45	08:33
75	370	RUI MIRANDA	Rumo à Aventura	Senior Masculino	03:17:33	+01:16:37	08:35
76	163	José Miguel Pinheiro Rocha	Individual	Senior Masculino	03:17:58	+01:17:02	08:36
77	151	Javier Molina	Individual	Senior Masculino	03:18:08	+01:17:12	08:37
78	136	Fernando Azevedo	KeMedo Team	Senior Masculino	03:20:08	+01:19:12	08:42
79	90	Demétrio Matos	GTT - Armazém do Caffè	Senior Masculino	03:20:24	+01:19:28	08:43
80	42	Rui Miguel Moreira Dias	Clube Galp Energia Norte	Senior Masculino	03:21:59	+01:21:03	08:47
81	168	Marcos Silva	Individual	Senior Masculino	03:22:29	+01:21:33	08:48
82	133	Eurico Mateus	Individual	Senior Masculino	03:24:29	+01:23:33	08:53
83	318	Andre Peixoto	MULTIPOWER GAIA TRAIL	Senior Masculino	03:25:13	+01:24:17	08:55
84	70	Filipe Cunha	Faurecia runners	Senior Masculino	03:29:20	+01:28:24	09:06
85	30	Pedro Policiano	Atletico Clube Alfenense	Senior Masculino	03:29:26	+01:28:30	09:06
86	99	Henrique Matos	HALP	Senior Masculino	03:29:45	+01:28:49	09:07
87	316	Vítor Queirós	Marco Trail	Senior Masculino	03:30:46	+01:29:50	09:10
88	71	Miguel Guimarães	Fitspot - Parque Nascente	Senior Masculino	03:30:55	+01:29:59	09:10
89	180	Pedro Arlindo Vieira Madureira	Individual	Senior Masculino	03:31:15	+01:30:19	09:11
90	131	Daniel Silva	Individual	Senior Masculino	03:34:13	+01:33:17	09:19
91	147	Hugo fernandes	Individual	Senior Masculino	03:34:39	+01:33:43	09:20
92	15	Vitor Matos	Adega Tia Micas	Senior Masculino	03:35:11	+01:34:15	09:21
93	26	Fernando Ismael Oliveira Nogueira	AMIGOS DO PEDAL TRAILAGARES	Senior Masculino	03:36:01	+01:35:05	09:24
94	191	Sergio Filipe Maia de Sousa	Individual	Senior Masculino	03:36:36	+01:35:40	09:25
95	171	Miguel Pessanha Moreira	CAES D AVENIDA	Senior Masculino	03:37:01	+01:36:05	09:26
96	308	José Santos	Leões de Tardariz Trail	Senior Masculino	03:37:09	+01:36:13	09:26
97	125	Bruno Miguel da Costa Fontao	Individual	Senior Masculino	03:39:49	+01:38:53	09:33
98	386	Luis Miguel Araujo Pedrosa	Team 2	Senior Masculino	03:39:50	+01:38:54	09:33
99	303	Helder Silva	LA Zinco	Senior Masculino	03:41:14	+01:40:18	09:37
100	304	Nuno Oliveira	LA Zinco	Senior Masculino	03:41:15	+01:40:19	09:37
101	50	André Cavadas	Clube Zupper	Senior Masculino	03:41:16	+01:40:20	09:37
102	314	Pedro Lourenço	Lourenços Adventures	Senior Masculino	03:41:40	+01:40:44	09:38

Official Timekeeper: Lap2Go	3 / 8	generate 05-jun-2016 14:18
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Trail Longo 23Km

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

103	388	Tiago Borges	TEAM LANTEMIL	Senior Masculino	03:42:31	+01:41:35	09:40
104	139	Filipe Silva	Individual	Senior Masculino	03:42:32	+01:41:36	09:41
105	52	Fernando Leite	Clube Zupper	Senior Masculino	03:42:34	+01:41:38	09:41
106	185	Pedro Tiago Oliveira Nunes	Individual	Senior Masculino	03:44:04	+01:43:08	09:45
107	135	FÁBIO RODRIGUES	Individual	Senior Masculino	03:44:04	+01:43:08	09:45
108	78	Alexandre XANGO Tibet	Free Tibete/ Vira Lata/ Husse	Senior Masculino	03:45:38	+01:44:42	09:49
109	119	Alexandre Lourenco	Individual	Senior Masculino	03:49:49	+01:48:53	10:00
110	178	PAULO FERREIRA	Individual	Senior Masculino	03:50:20	+01:49:24	10:01
111	195	Valério Saleiro	Individual	Senior Masculino	03:51:41	+01:50:45	10:04
112	173	Nuno Filipe C A Teixeira	Individual	Senior Masculino	03:51:43	+01:50:47	10:04
113	293	Paulo Festa	Invicta Runners Team	Senior Masculino	03:51:44	+01:50:48	10:05
114	154	João Pedro Monteiro	Individual	Senior Masculino	03:52:36	+01:51:40	10:07
115	397	Márcia Cardoso	urbanfit runners	Senior Masculino	03:53:44	+01:52:48	10:10
116	398	Mário Moreira	urbanfit runners	Senior Masculino	03:53:45	+01:52:49	10:10
117	153	João Miguel Cerqueira de Brito	Individual	Senior Masculino	04:00:18	+01:59:22	10:27
118	374	Elói SOusa	Salta Pocinhas	Senior Masculino	04:00:19	+01:59:23	10:27
119	176	Osvaldo Dias Ferreira	Individual	Senior Masculino	04:01:35	+02:00:39	10:30
120	100	Pedro Marques	HALP	Senior Masculino	04:05:09	+02:04:13	10:40
121	183	Pedro Manuel Santos Ribeiro	Individual	Senior Masculino	04:05:25	+02:04:29	10:40
122	148	Hugo Mendes	Individual	Senior Masculino	04:05:25	+02:04:29	10:40
123	150	Hugo Ricardo de Oliveira Ventura	Individual	Senior Masculino	04:05:43	+02:04:47	10:41
124	338	Nuno Ferreira	Nascidos para Correr	Senior Masculino	04:07:23	+02:06:27	10:45
125	54	Jorge Gonçalves	Clube Zupper	Senior Masculino	04:08:43	+02:07:47	10:49
126	120	Alvaro Saraiva	Individual	Senior Masculino	04:10:29	+02:09:33	10:53
127	94	Jorge Borges	GTT - Armazém do Caffè	Senior Masculino	04:12:11	+02:11:15	10:58
128	162	José Manuel Fernandes Ferreira	Individual	Senior Masculino	04:43:41	+02:42:45	12:20
129	175	Nuno Morais	Individual	Senior Masculino	04:43:42	+02:42:46	12:20
130	188	Ricardo Pinto	Individual	Senior Masculino	04:45:57	+02:45:01	12:26
131	364	Diogo	PORTO SENTIDO RUNNERS	Senior Masculino	04:45:57	+02:45:01	12:26
132	184	Pedro Miguel Afonseca Goncalves	Individual	Senior Masculino	05:07:45	+03:06:49	13:23

Veterana F40

1	29	Maria Augusta Da Costa Loureiro	Associação Desportiva de Cabroelo	Veterana F40	02:48:14		07:19
2	368	MANUELA FARIA	PORTOCARGO	Veterana F40	03:16:54	+28:40	08:34
3	95	Keta Batista	GTT - Armazém do Caffè	Veterana F40	03:22:10	+33:56	08:47
4	353	Sónia Mota	Oralklass-Amigos do Trail	Veterana F40	03:22:10	+33:56	08:47
5	205	Paula Silva	Individual	Veterana F40	03:30:00	+41:46	09:08
6	200	Isabel Gonçalves	Individual	Veterana F40	03:34:21	+46:07	09:19
7	203	Marta Silva	Individual	Veterana F40	03:36:47	+48:33	09:26
8	392	M. João Ricardo	Trocopasso Runners	Veterana F40	03:41:31	+53:17	09:38
9	55	Helena Barbosa	Clube Zupper	Veterana F40	03:42:32	+54:18	09:41
10	202	Maria de Fátima Marques Ribeiro	Individual	Veterana F40	03:46:38	+58:24	09:51
11	377	Fátima Vieira	Somos Nós Team	Veterana F40	03:55:14	+01:07:00	10:14
12	43	sonia pereira	Clube Galp Energia Norte	Veterana F40	03:57:39	+01:09:25	10:20

Trail Longo 23Km

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

13	344	Paula Oliveira	NOMEIODONADA	Veterana F40	04:04:21	+01:16:07	10:37
14	199	Eugénia Monteiro	Individual	Veterana F40	04:45:57	+01:57:43	12:26
15	204	Natacha Freitas	Individual	Veterana F40	05:13:30	+02:25:16	13:38

Veterano M40

1	376	Armandino Tabora	Satecnosol Outdoor / LaSportiva	Veterano M40	02:03:17		05:22
2	333	Luis Gil	MULTIPOWER GAIA TRAIL	Veterano M40	02:15:05	+11:48	05:52
3	330	Dinis Gonçalves	MULTIPOWER GAIA TRAIL	Veterano M40	02:19:23	+16:06	06:04
4	332	Joaquim Pereira	MULTIPOWER GAIA TRAIL	Veterano M40	02:26:23	+23:06	06:22
5	212	António Amador	Individual	Veterano M40	02:30:24	+27:07	06:32
6	27	Jorge Manuel Barbosa Moreira	AMIGOS DO PEDAL TRAILAGARES	Veterano M40	02:33:59	+30:42	06:42
7	239	José Paulo Pereira Ribeiro	GONDOMAR FUTSAL CLUBE	Veterano M40	02:36:18	+33:01	06:48
8	59	Marco Vieira	Clube Zupper	Veterano M40	02:37:03	+33:46	06:50
9	39	Miguel Pereira	CCDTC.M.GONDOMAR	Veterano M40	02:38:10	+34:53	06:53
10	227	Henrique Santos	Individual	Veterano M40	02:40:08	+36:51	06:58
11	64	Paulo Machado	Dr. Merino Nutrifit	Veterano M40	02:41:00	+37:43	07:00
12	20	Carlos Silva	ALIANÇA DE GANDRA	Veterano M40	02:41:57	+38:40	07:02
13	58	Madureira Rodrigues	Clube Zupper	Veterano M40	02:42:45	+39:28	07:05
14	260	Nelson Santos	Individual	Veterano M40	02:44:21	+41:04	07:09
15	248	Luis Miguel Alves Monteiro	Individual	Veterano M40	02:45:10	+41:53	07:11
16	393	José Rodrigues	Trocopasso Runners	Veterano M40	02:46:13	+42:56	07:14
17	394	Luis Leça	Trocopasso Runners	Veterano M40	02:46:13	+42:56	07:14
18	255	MARTINHO JORGE DA SILVA COSTA	Individual	Veterano M40	02:46:24	+43:07	07:14
19	365	António Borges	PORTO SENTIDO RUNNERS	Veterano M40	02:46:52	+43:35	07:15
20	241	Laurindo Osório	KeMedo Team	Veterano M40	02:47:51	+44:34	07:18
21	299	Hélder Gomes	KeMedo Team	Veterano M40	02:47:57	+44:40	07:18
22	281	Vitor manuel ribeiro coelho	Individual	Veterano M40	02:48:09	+44:52	07:19
23	23	Leonel Neves	ALIANÇA DE GANDRA	Veterano M40	02:48:22	+45:05	07:19
24	312	Manuel Oliveira	Leões de Tardariz Trail	Veterano M40	02:50:20	+47:03	07:24
25	219	Fernando Abilio Santos Vieira	Individual	Veterano M40	02:50:33	+47:16	07:25
26	222	Fernando Martins	Individual	Veterano M40	02:50:57	+47:40	07:26
27	275	Rui Azevedo	Individual	Veterano M40	02:51:18	+48:01	07:27
28	258	Miguel Moura	Individual	Veterano M40	02:52:01	+48:44	07:29
29	347	Rolando Santos	Olha eu trail running team	Veterano M40	02:52:18	+49:01	07:29
30	213	António Maria Moreira Gomes	Individual	Veterano M40	02:52:28	+49:11	07:30
31	331	Diogo João	MULTIPOWER GAIA TRAIL	Veterano M40	02:54:04	+50:47	07:34
32	385	Ivo Almeida	STEP BY STEP	Veterano M40	02:54:54	+51:37	07:36
33	272	Ricardo Alexandre Gonçalves Moreira	Individual	Veterano M40	02:54:58	+51:41	07:36
34	19	António Oliveira	ALIANÇA DE GANDRA	Veterano M40	02:55:01	+51:44	07:37
35	295	António Morais	Ela corre com eles	Veterano M40	02:55:23	+52:06	07:38
36	400	miguel pereira	velozes e furiosos	Veterano M40	02:56:32	+53:15	07:41
37	215	Arsénio Barros	Individual	Veterano M40	02:56:39	+53:22	07:41
38	77	Vitor Armando Gonçalves Barroso	Fontainhas runners	Veterano M40	02:56:54	+53:37	07:41
39	252	manuel antonio ferreira pinto teixeira	Individual	Veterano M40	02:57:29	+54:12	07:43

Trail Longo 23Km

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

40	84	VITOR COELHO	GDC	Veterano M40	02:58:49	+55:32	07:46
41	38	Albino Dias	BUDEGUITA RUNNERS	Veterano M40	02:59:11	+55:54	07:47
42	74	Rui Silva	Fitspot - Parque Nascente	Veterano M40	02:59:27	+56:10	07:48
43	235	José Maria Leal	Individual	Veterano M40	02:59:41	+56:24	07:49
44	243	LUIS ALMEIDA	Individual	Veterano M40	02:59:46	+56:29	07:49
45	265	Paulo Jorge Jaquel Pinto	Individual	Veterano M40	02:59:54	+56:37	07:49
46	238	José Paulo Mesquita	Individual	Veterano M40	03:00:11	+56:54	07:50
47	399	fausto teixeira	velozes e furiosos	Veterano M40	03:00:15	+56:58	07:50
48	279	Rui Pinto	Individual	Veterano M40	03:01:59	+58:42	07:55
49	242	Licínio Cândido Ferreira Ribeiro	Individual	Veterano M40	03:03:10	+59:53	07:58
50	35	Bruno Graça	Bando dos Trilhos e Tralhos, Associação Betetista	Veterano M40	03:04:48	+01:01:31	08:02
51	257	Miguel Dias	Individual	Veterano M40	03:06:41	+01:03:24	08:07
52	269	pedro mouro	Individual	Veterano M40	03:06:57	+01:03:40	08:08
53	60	Paulo Neta	Clube Zupper	Veterano M40	03:07:01	+01:03:44	08:08
54	382	Jose Costa	SS MONTEPIO	Veterano M40	03:07:37	+01:04:20	08:09
55	66	Francisco Fonseca	Equipa João Ferreira	Veterano M40	03:08:07	+01:04:50	08:11
56	264	PAULO JORGE BARBOSA	Individual	Veterano M40	03:09:12	+01:05:55	08:14
57	254	Mário Jorge Ferreira	Individual	Veterano M40	03:09:44	+01:06:27	08:15
58	237	JOSE MARTINS	Individual	Veterano M40	03:11:27	+01:08:10	08:19
59	262	nuno freitas	Individual	Veterano M40	03:11:40	+01:08:23	08:20
60	335	Rui Vicente de Andrade Mendes	MULTIPOWER GAIA TRAIL	Veterano M40	03:12:25	+01:09:08	08:22
61	380	Carlos Silva	SS MONTEPIO	Veterano M40	03:12:45	+01:09:28	08:23
62	208	Adriano Rocha	Individual	Veterano M40	03:14:34	+01:11:17	08:28
63	246	Luis Manuel da Silva Medeiros Pereira	Individual	Veterano M40	03:15:27	+01:12:10	08:30
64	85	Paulo Gama	GONDOMAR FUTSAL CLUBE	Veterano M40	03:16:01	+01:12:44	08:31
65	371	GABRIEL MIRANDA	Rumo à Aventura	Veterano M40	03:17:33	+01:14:16	08:35
66	37	Armando Pinho	Brandão Pinho	Veterano M40	03:17:38	+01:14:21	08:36
67	33	Nuno Castro	Aventura Marão Clube - Amarante	Veterano M40	03:17:52	+01:14:35	08:36
68	334	Miguel Furtado	MULTIPOWER GAIA TRAIL	Veterano M40	03:17:58	+01:14:41	08:36
69	271	Pedro Vidal	Individual	Veterano M40	03:20:27	+01:17:10	08:43
70	267	Paulo Seabra	Individual	Veterano M40	03:20:39	+01:17:22	08:43
71	83	Bernardino Andrade	GD4C	Veterano M40	03:20:59	+01:17:42	08:44
72	209	Americo Areias	Individual	Veterano M40	03:21:02	+01:17:45	08:44
73	253	Marco Pinto	Individual	Veterano M40	03:21:21	+01:18:04	08:45
74	82	Luis Oliveira	GD santander totta	Veterano M40	03:25:14	+01:21:57	08:55
75	217	Eduardo Nascimento	Individual	Veterano M40	03:28:50	+01:25:33	09:05
76	216	Cândido Silva	Individual	Veterano M40	03:29:09	+01:25:52	09:06
77	354	Pedro Seixas	Oralklass-Amigos do Trail	Veterano M40	03:29:17	+01:26:00	09:06
78	381	Joao Cardoso	SS MONTEPIO	Veterano M40	03:29:58	+01:26:41	09:08
79	282	Wilson Fonseca	Individual	Veterano M40	03:30:06	+01:26:49	09:08
80	251	Luis Terencio	Individual	Veterano M40	03:30:35	+01:27:18	09:09
81	233	jose alberto jesus mendes	Individual	Veterano M40	03:35:09	+01:31:52	09:21
82	244	Luís Barata da Rocha	CAES D AVENIDA	Veterano M40	03:37:01	+01:33:44	09:26
83	226	Francisco Gonçalves	CAES D AVENIDA	Veterano M40	03:37:02	+01:33:45	09:26
84	274	Ricardo Ribeiro	Individual	Veterano M40	03:37:39	+01:34:22	09:28
85	225	Filipe Duarte Castro	Individual	Veterano M40	03:39:48	+01:36:31	09:33

Official Timekeeper: Lap2Go	6 / 8	generate 05-jun-2016 14:18
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Trail Longo 23Km

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

86	211	Antero Cunha	Individual	Veterano M40	03:41:11	+01:37:54	09:37
87	261	Nuno Almeida	Individual	Veterano M40	03:41:16	+01:37:59	09:37
88	273	Ricardo Neves	Individual	Veterano M40	03:41:34	+01:38:17	09:38
89	259	Mike Dias	Individual	Veterano M40	03:42:53	+01:39:36	09:41
90	236	José Mário da Silva Costa	Individual	Veterano M40	03:46:19	+01:43:02	09:50
91	277	Rui Freitas	Individual	Veterano M40	03:49:10	+01:45:53	09:58
92	250	Luís Sousa	Individual	Veterano M40	03:50:15	+01:46:58	10:01
93	294	fernando jorge	Invicta Runners Team	Veterano M40	03:51:43	+01:48:26	10:04
94	214	ARMANDO MANUEL COELHO DE LIMA	Individual	Veterano M40	03:54:57	+01:51:40	10:13
95	240	JOSE RODRIGUES COSTA	Individual	Veterano M40	03:55:29	+01:52:12	10:14
96	25	Ricardo Jorge Teixeira	All About Spirit Team	Veterano M40	03:56:05	+01:52:48	10:16
97	44	Pedro Miguel Fernandes Oliveira	Clube Galp Energia Norte	Veterano M40	03:57:39	+01:54:22	10:20
98	280	Rui Schumacher	Individual	Veterano M40	04:00:30	+01:57:13	10:27
99	234	José Luís Marques	Individual	Veterano M40	04:00:30	+01:57:13	10:27
100	230	João Graça	Individual	Veterano M40	04:01:35	+01:58:18	10:30
101	268	Pedro Costelha	Individual	Veterano M40	04:01:56	+01:58:39	10:31
102	221	Fernando Henrique Almeida Soares	Individual	Veterano M40	04:05:42	+02:02:25	10:41
103	57	José Pinto	Clube Zupper	Veterano M40	04:08:43	+02:05:26	10:49
104	218	Estefânio pinto	Individual	Veterano M40	04:09:56	+02:06:39	10:52
105	210	Angelo Manuel Senra	Individual	Veterano M40	04:11:10	+02:07:53	10:55
106	101	PEDRO BARROS	HappyRun	Veterano M40	04:12:10	+02:08:53	10:58
107	292	José Ferreira	Inimigos do Podium	Veterano M40	04:15:47	+02:12:30	11:07
108	61	Silvio Barbosa	Clube Zupper	Veterano M40	04:18:50	+02:15:33	11:15
109	56	António Silva	Clube Zupper	Veterano M40	04:18:51	+02:15:34	11:15
110	266	Paulo Manuel Soares	Individual	Veterano M40	04:27:15	+02:23:58	11:37
111	256	Miguel Catarino	Individual	Veterano M40	04:27:36	+02:24:19	11:38
112	342	Antonio Angelino	Nascidos para Correr	Veterano M40	04:27:42	+02:24:25	11:38
113	223	Fernando Miguel Pereira	Individual	Veterano M40	04:30:52	+02:27:35	11:47
114	18	Álvaro Cunha	ALIANÇA DE GANDRA	Veterano M40	04:43:52	+02:40:35	12:21
115	22	Juvenal Cardoso	ALIANÇA DE GANDRA	Veterano M40	04:43:53	+02:40:36	12:21
116	249	Luis Schumacher	Individual	Veterano M40	05:07:42	+03:04:25	13:23
117	359	paulo jorge sousa magalhaes	Ou vai ou racha	Veterano M40	05:07:57	+03:04:40	13:23
118	358	jose gentilf almeida ferreira	Ou vai ou racha	Veterano M40	05:07:58	+03:04:41	13:23
119	220	Fernando Antonio Resende Rodrigues	Individual	Veterano M40	05:09:12	+03:05:55	13:27
120	402	Jorge Pinheiro	WILD Sultans	Veterano M40	05:09:48	+03:06:31	13:28
121	403	nuno morgado	WILD Sultans	Veterano M40	05:09:49	+03:06:32	13:28

Veterano M50

1	41	JOSÉ MOTA	CICLISTAS CÔSMICOS GISLÓTICA	Veterano M50	02:21:52		06:10
2	345	José Cabral	NOMEIODONADA	Veterano M50	02:24:49	+02:57	06:18
3	40	Américo Pinto	CCDTC.M.GONDOMAR	Veterano M50	02:28:16	+06:24	06:27
4	96	Carlos Alberto Pereira Novais Gandra	GTT - Armazém do Caffè	Veterano M50	02:36:59	+15:07	06:50
5	287	Vasco Figueiredo	Individual	Veterano M50	02:47:54	+26:02	07:18
6	32	José Luis Machado Loureiro	Autistic Runners	Veterano M50	02:48:48	+26:56	07:20

Trail Longo 23Km

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

7	288	Vitor Manuel Barbosa Moreira	Individual	Veterano M50	02:50:46	+28:54	07:25
8	343	Antonio Azevedo	Nascidos para Correr	Veterano M50	02:55:02	+33:10	07:37
9	75	Alcino Vieira	Fitspot - Parque Nascente	Veterano M50	02:59:10	+37:18	07:47
10	31	António José Machado Loureiro	Autistic Runners	Veterano M50	03:05:15	+43:23	08:03
11	28	António Conceição Silva Pereira	AMIGOS QUINTA DAS FREIRAS	Veterano M50	03:06:58	+45:06	08:08
12	86	arnaldo marinho	grupo desportivo leoes de veneza	Veterano M50	03:09:22	+47:30	08:14
13	284	António Pais	Individual	Veterano M50	03:24:29	+01:02:37	08:53
14	87	PAULO RODRIGUES	grupo desportivo leoes de veneza	Veterano M50	03:30:55	+01:09:03	09:10
15	285	Fernando Oliveira	Individual	Veterano M50	03:31:37	+01:09:45	09:12
16	286	João Paulo Rocha	CAES D AVENIDA	Veterano M50	03:37:02	+01:15:10	09:26
17	313	Joaquim Leite	Leões de Tardariz Trail	Veterano M50	03:42:53	+01:21:01	09:41
18	384	Fernando Carvalho	SS MONTEPIO	Veterano M50	03:46:13	+01:24:21	09:50
19	69	Manuel Cunha Lima	experienciar	Veterano M50	03:54:22	+01:32:30	10:11

Veterano M60

1	296	jose magalhaes	jose magalhaes	Veterano M60	02:49:32		07:22
2	301	Agostinho Sousa	Kunalama runners	Veterano M60	03:02:31	+12:59	07:56
3	290	José Carlos pereira Gomes	Individual	Veterano M60	03:15:25	+25:53	08:30
4	289	EDUARDO MEDEIROS	Individual	Veterano M60	03:29:20	+39:48	09:06
5	369	Arlindo PEREIRA	PORTOCARGO	Veterano M60	03:36:46	+47:14	09:25
6	291	Manuel Emidio	Individual	Veterano M60	03:44:35	+55:03	09:46
7	145	Antonio Pereira	Individual	Veterano M60	03:51:43	+01:02:11	10:04

TRAIL CURTO 12KM - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:30	15,6°C	80%
End	12:36	15,6°C	80%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1468	Bruno Silva	oralklass-amigos do trail	Senior Masculino	01:04:45		05:24
2	1097	Nuno Carneiro	clube zipper	Senior Masculino	01:04:45		05:24
3	1155	Belmiro Moreira Ferreira	grupo desportivo leões da guarda sport clube	Senior Masculino	01:06:11	+01:27	05:31
4	1083	Adelino Martins da silva	clube recreativo retorta	Senior Masculino	01:06:51	+02:06	05:34
5	1588	Bruno Miguel Amorim Rodrigues	umfca warriors	Senior Masculino	01:07:29	+02:45	05:37
6	1436	Hugo Gonçalves	marco trail	Senior Masculino	01:09:26	+04:42	05:47
7	1099	Nuno Ribeiro	clube zipper	Senior Masculino	01:11:33	+06:49	05:58
8	351	Fernando Taborda	oralklass-amigos do trail	Senior Masculino	01:11:58	+07:13	06:00
9	1122	Hélder Rocha	douroconta trail team	Senior Masculino	01:12:09	+07:24	06:01
10	1077	Camilo Guedes	clube pessoal aguas gaia	Senior Masculino	01:12:34	+07:50	06:03
11	1252	António Cabral	individual	Senior Masculino	01:12:51	+08:06	06:04
12	1157	Nuno Figueiredo	gtt - armazém do caffè	Senior Masculino	01:13:53	+09:08	06:09
13	1112	Aderito Oliveira	da-lhe gas	Senior Masculino	01:14:38	+09:54	06:13
14	1237	Abílio Martins Almeida	individual	Senior Masculino	01:14:51	+10:06	06:14
15	1079	José Adelino	clube pessoal aguas gaia	Senior Masculino	01:15:12	+10:27	06:16
16	1105	Ricardo Rego	clube zipper	Senior Masculino	01:15:21	+10:36	06:17
17	1398	José Carlos F. Dias	josé carlos f. dias	Senior Masculino	01:15:29	+10:45	06:17
18	1320	Joel Sousa Pinto	individual	Senior Masculino	01:15:54	+11:10	06:20
19	1599	António Mendes	multipower gaia trail	Senior Masculino	01:16:10	+11:25	06:21
20	1035	Fernando Oliveira	aliança de gandra	Senior Masculino	01:17:13	+12:29	06:26
21	1308	Joao barbosa	individual	Senior Masculino	01:17:16	+12:32	06:26
22	1590	Diogo Leandro Ferreira da Silva	umfca warriors	Senior Masculino	01:17:16	+12:32	06:26
23	1121	Bruno Santos	douroconta trail team	Senior Masculino	01:18:13	+13:28	06:31
24	1104	Pedro Cancelo	clube zipper	Senior Masculino	01:18:25	+13:40	06:32
25	17	Filipe Moreira	aliança de gandra	Senior Masculino	01:18:48	+14:03	06:34
26	1470	João Pinti	oralklass-amigos do trail	Senior Masculino	01:19:12	+14:27	06:36
27	1363	Rafael campos dos santos	individual	Senior Masculino	01:19:13	+14:28	06:36
28	1002	Tania Covas Costa	.com-clube orientação minho	Senior Feminino	01:19:18	+14:34	06:37
29	1098	Nuno Cunha	clube zipper	Senior Masculino	01:19:52	+15:07	06:39
30	1113	Carlos Prudêncio	da-lhe gas	Senior Masculino	01:19:57	+15:13	06:40
31	1290	Francisco Miguel Matias Travassos	individual	Senior Masculino	01:20:08	+15:24	06:41
32	1103	Paulo Silva	clube zipper	Senior Masculino	01:20:27	+15:42	06:42
33	16	Agostinho Sousa	aliança de gandra	Senior Masculino	01:20:31	+15:47	06:43
34	1519	Lourenço Marques	porto sentido runners	Senior Masculino	01:20:33	+15:48	06:43
35	1241	Alcino Gomes	individual	Senior Masculino	01:20:44	+15:59	06:44
36	1124	Vítor Rio	douroconta trail team	Senior Masculino	01:20:54	+16:10	06:45
37	1291	Francisco Pinheiro	individual	Senior Masculino	01:21:09	+16:24	06:46
38	1465	Ivo Dias	oralklass-amigos do trail	Senior Masculino	01:22:27	+17:42	06:52
39	1076	RUI TEIXEIRA	clube novo banco - del. norte	Senior Masculino	01:22:31	+17:47	06:53
40	1074	PAULO SANTOS	clube novo banco - del. norte	Senior Masculino	01:22:31	+17:47	06:53
41	1263	Carlos André Teixeira Campos	individual	Senior Masculino	01:23:01	+18:17	06:55

TRAIL CURTO 12KM - STAGE 1
12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	1476	Sara Carvalho	sc salgueiros 08	Senior Feminino	01:23:05	+18:21	06:55
43	1404	Filipe Pereira	kemedo team	Senior Masculino	01:23:27	+18:42	06:57
44	1591	João Miguel Monteiro Ribeiro	umfca warriors	Senior Masculino	01:24:28	+19:43	07:02
45	1297	Helder Ferreira	individual	Senior Masculino	01:24:32	+19:48	07:03
46	1041	Mário Almeida	aliança de gandra	Senior Masculino	01:24:43	+19:58	07:04
47	1115	José Pedro Sousa	da-lhe gas	Senior Masculino	01:24:48	+20:04	07:04
48	1114	José Carlos Rodrigues Gonçalves	da-lhe gas	Senior Masculino	01:24:48	+20:04	07:04
49	1082	Silvério Santos	clube pessoal aguas gaia	Senior Masculino	01:25:16	+20:32	07:06
50	1093	João Carolo	clube zipper	Senior Masculino	01:25:30	+20:46	07:08
51	1289	Filipe Neves	individual	Senior Masculino	01:25:45	+21:01	07:09
52	1316	João Valente	individual	Senior Masculino	01:25:45	+21:01	07:09
53	1059	Mário Rui Torres Gouveia	budeguita runners	Senior Masculino	01:25:52	+21:08	07:09
54	1036	Fernando Santos	aliança de gandra	Senior Masculino	01:26:05	+21:21	07:10
55	1472	José Santos	oralklass-amigos do trail	Senior Masculino	01:26:25	+21:41	07:12
56	1154	Nelson Moura	grande trilho santa maria	Senior Masculino	01:26:29	+21:45	07:12
57	1467	Rita Loureiro	oralklass-amigos do trail	Senior Feminino	01:26:34	+21:49	07:13
58	21	José Neves	aliança de gandra	Senior Masculino	01:26:59	+22:14	07:15
59	1501	Lucinda Marques	paredes running	Senior Feminino	01:27:06	+22:21	07:16
60	1009	Pedro Vieira	a.d.sebolido trail boneca d'ouro	Senior Masculino	01:27:47	+23:03	07:19
61	1246	André Maria	individual	Senior Masculino	01:28:04	+23:19	07:20
62	1429	Sérgio Costa	lusos xxi	Senior Masculino	01:28:14	+23:30	07:21
63	1008	Tiago Castro	10temidos	Senior Masculino	01:28:28	+23:44	07:22
64	1275	David Filipe Gomes Henriques	individual	Senior Masculino	01:28:32	+23:47	07:23
65	1247	André Montenegro Ferreira	individual	Senior Masculino	01:29:08	+24:24	07:26
66	1534	Jorge Pacheco	ramalves	Senior Masculino	01:29:22	+24:38	07:27
67	1187	Hortense Tenda	individual	Senior Feminino	01:29:22	+24:38	07:27
68	1383	Sérgio Miguel Batista Couto	individual	Senior Masculino	01:29:42	+24:57	07:29
69	1420	Hugo Moreira	leões de tardariz trail	Senior Masculino	01:30:09	+25:24	07:31
70	1016	Carla Pinto	aliança de gandra	Senior Feminino	01:30:39	+25:54	07:33
71	1033	Carlos Campos	aliança de gandra	Senior Masculino	01:31:22	+26:37	07:37
72	1204	Margarida Pinto	individual	Senior Feminino	01:31:26	+26:41	07:37
73	1458	Marco Almeida	nascidos para correr	Senior Masculino	01:31:26	+26:41	07:37
74	1038	Hélder Moreira	aliança de gandra	Senior Masculino	01:31:43	+26:58	07:39
75	1058	Ricardo Barbosa	btt alegria / tubani	Senior Masculino	01:31:52	+27:07	07:39
76	1100	Paulo Alexandre Rodrigues	clube zipper	Senior Masculino	01:31:56	+27:11	07:40
77	143	Helder Parracho	individual	Senior Masculino	01:32:04	+27:19	07:40
78	1312	João Paulo Ferreira	individual	Senior Masculino	01:32:38	+27:54	07:43
79	379	Hugo Lopes	ss montepio	Senior Masculino	01:32:38	+27:54	07:43
80	1054	Bruno Filipe da Costa Mendes	amigos do pedal trailagares	Senior Masculino	01:33:15	+28:31	07:46
81	1462	Nuno Duarte	oporto blue whippets	Senior Masculino	01:33:17	+28:32	07:46
82	1329	José Pires	individual	Senior Masculino	01:33:26	+28:41	07:47
83	1088	António Teixeira	clube zipper	Senior Masculino	01:33:31	+28:46	07:48
84	1391	Tiago Santos	individual	Senior Masculino	01:33:38	+28:53	07:48
85	1505	Manuel Barbosa	paredes running	Senior Masculino	01:33:39	+28:54	07:48
86	46	Miguel Dias	clube novo banco - del. norte	Senior Masculino	01:33:40	+28:55	07:48
87	1464	Andreia Barbosa	oralklass-amigos do trail	Senior Feminino	01:33:42	+28:58	07:49

TRAIL CURTO 12KM - STAGE 1
12 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
88	1028	Sara Rafael	aliança de gandra	Senior Feminino	01:33:54	+29:09	07:50
89	1039	José Dias	aliança de gandra	Senior Masculino	01:34:01	+29:16	07:50
90	1396	Bruno Maia	javalis portugal	Senior Masculino	01:34:14	+29:29	07:51
91	1529	Joaquim Mesquita	profisio team	Senior Masculino	01:34:30	+29:46	07:53
92	1004	Octávio Andrade	.com-clube orientação minho	Senior Masculino	01:34:38	+29:53	07:53
93	1463	Pedro Sousa	oporto blue whippets	Senior Masculino	01:34:53	+30:08	07:54
94	1509	Afonso Bonifacio	pernetas	Senior Masculino	01:35:13	+30:28	07:56
95	1517	Ernesto Ribeiro	porto sentido runners	Senior Masculino	01:35:13	+30:28	07:56
96	1328	José Manuel Silva Oliveira	individual	Senior Masculino	01:35:16	+30:32	07:56
97	1516	Carlos Martins	porto sentido runners	Senior Masculino	01:35:24	+30:40	07:57
98	1305	Hugo Sousa	individual	Senior Masculino	01:35:41	+30:57	07:58
99	1106	Tiago Ramalho	clube zupper	Senior Masculino	01:35:45	+31:01	07:59
100	1426	Ricardo Fernandes	locomotiva de paranhos	Senior Masculino	01:35:48	+31:03	07:59
101	1342	Nelson Fernando Cardoso Leite	individual	Senior Masculino	01:36:02	+31:17	08:00
102	1594	Ricardo Filipe das Neves Brás	umfca warriors	Senior Masculino	01:36:09	+31:24	08:01
103	1593	Nuno Henrique Leirão Caraça	umfca warriors	Senior Masculino	01:36:09	+31:24	08:01
104	1231	Tânia Margarida Simões Rino	individual	Senior Feminino	01:36:14	+31:29	08:01
105	1250	André Santos	individual	Senior Masculino	01:36:20	+31:36	08:02
106	1052	Monica Isabel Vieira Coelho	amigos do pedal trailagares	Senior Feminino	01:36:45	+32:00	08:04
107	1279	Eduardo Esteves	individual	Senior Masculino	01:36:45	+32:01	08:04
108	1262	Bruno José Gomes Monteiro	individual	Senior Masculino	01:36:45	+32:01	08:04
109	1276	David Sousa	individual	Senior Masculino	01:36:48	+32:04	08:04
110	1350	Paulo Assis	individual	Senior Masculino	01:36:57	+32:13	08:05
111	1068	EUGÉNIO GONÇALVES	clube novo banco - del. norte	Senior Masculino	01:37:04	+32:19	08:05
112	1515	Bruno Guedes	porto sentido runners	Senior Masculino	01:37:07	+32:23	08:06
113	1128	BRUNO SOUSA	ele e ela	Senior Masculino	01:37:09	+32:25	08:06
114	1102	Paulo Sergio Ferreira	clube zupper	Senior Masculino	01:37:11	+32:27	08:06
115	1123	Tiago Pinto	douroconta trail team	Senior Masculino	01:37:24	+32:39	08:07
116	130	César Lopes	individual	Senior Masculino	01:37:26	+32:41	08:07
117	1323	Jorge Martinho Ribeiro	individual	Senior Masculino	01:37:36	+32:52	08:08
118	1080	José Barbosa	clube pessoal aguas gaia	Senior Masculino	01:37:41	+32:57	08:08
119	1380	sergio alberto costa sousa	individual	Senior Masculino	01:37:47	+33:02	08:09
120	1037	Francisco Bogalho	aliança de gandra	Senior Masculino	01:37:50	+33:05	08:09
121	1042	Paulo Sousa	aliança de gandra	Senior Masculino	01:37:50	+33:05	08:09
122	1090	Fernando Carneiro	clube zupper	Senior Masculino	01:37:52	+33:08	08:09
123	1034	Carlos Martins	aliança de gandra	Senior Masculino	01:37:54	+33:10	08:10
124	1324	José Adriano Mota	individual	Senior Masculino	01:38:02	+33:18	08:10
125	1261	Bruno Cardoso Araujo	individual	Senior Masculino	01:38:04	+33:20	08:10
126	1051	Maria José Pereira Leão	amigos do pedal trailagares	Senior Feminino	01:38:06	+33:22	08:11
127	1192	Joana Azevedo	individual	Senior Feminino	01:38:09	+33:24	08:11
128	1091	Filipe Sousa	clube zupper	Senior Masculino	01:38:12	+33:28	08:11
129	1119	Ricardo Fernandes	denirovip	Senior Masculino	01:38:48	+34:04	08:14
130	1393	Vitor Almeida	individual	Senior Masculino	01:38:56	+34:11	08:15
131	1571	Rui Vasques	ss montepio	Senior Masculino	01:39:04	+34:19	08:15
132	1586	Cristina Isabel Morais da Costa	umfca warriors	Senior Feminino	01:39:07	+34:23	08:16
133	1332	Leonel Belarmino Faria Alves	individual	Senior Masculino	01:39:32	+34:47	08:18

TRAIL CURTO 12KM - STAGE 1
12 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
134	1355	Pedro Ferreira	individual	Senior Masculino	01:39:38	+34:53	08:18
135	1092	Gabriel Moreira	clube zipper	Senior Masculino	01:39:51	+35:07	08:19
136	1455	Antonio Fernandes	nascidos para correr	Senior Masculino	01:39:57	+35:12	08:20
137	1449	Joaquim Pereira	mozelos runners	Senior Masculino	01:40:05	+35:20	08:20
138	1146	AMERICO FRANÇA	frança	Senior Masculino	01:40:11	+35:26	08:21
139	1287	Filipe Manuel Ferreira da Conceição	locomotiva de paranhos	Senior Masculino	01:40:29	+35:44	08:22
140	1070	JORGE FERNANDES	clube novo banco - del. norte	Senior Masculino	01:40:31	+35:46	08:23
141	1543	Maria Manuela da Silva Freitas	rumo à aventura	Senior Feminino	01:40:36	+35:52	08:23
142	1385	Sérgio Moreira	individual	Senior Masculino	01:40:39	+35:55	08:23
143	1388	Simão Castro	individual	Senior Masculino	01:40:40	+35:55	08:23
144	1326	José Carlos Santos Coelho Pereira	individual	Senior Masculino	01:40:42	+35:58	08:24
145	1310	João Filipe Meneses Espinheira Rio	individual	Senior Masculino	01:40:50	+36:06	08:24
146	53	Helder Vieira	clube zipper	Senior Masculino	01:40:52	+36:08	08:24
147	1096	José Martins	clube zipper	Senior Masculino	01:41:12	+36:28	08:26
148	1294	Gilberto Orlando	individual	Senior Masculino	01:41:14	+36:30	08:26
149	1373	ricardoribeiro	individual	Senior Masculino	01:41:14	+36:30	08:26
150	1072	PAULO CERQUEIRA	clube novo banco - del. norte	Senior Masculino	01:41:38	+36:53	08:28
151	1514	Avelino Rodrigues	porto sentido runners	Senior Masculino	01:41:39	+36:55	08:28
152	1095	Joel Santos	clube zipper	Senior Masculino	01:41:46	+37:02	08:29
153	1349	Osmar Machado	individual	Senior Masculino	01:41:49	+37:05	08:29
154	1535	Rui Alves	ramalves	Senior Masculino	01:41:53	+37:09	08:29
155	1293	Gerson alves	individual	Senior Masculino	01:42:30	+37:46	08:33
156	1394	vitor campos	individual	Senior Masculino	01:42:35	+37:51	08:33
157	1433	Paulo Cardoso	manos rt	Senior Masculino	01:42:36	+37:51	08:33
158	1012	Alexandra Padilha	aliança de gandra	Senior Feminino	01:42:40	+37:56	08:33
159	1013	Ana Pinto	aliança de gandra	Senior Feminino	01:42:41	+37:56	08:33
160	1057	Juca Teixeira	btt alegria / tubani	Senior Masculino	01:43:03	+38:19	08:35
161	1348	nuno sousa	individual	Senior Masculino	01:43:04	+38:19	08:35
162	1446	António Rodrigues	mozelos runners	Senior Masculino	01:43:07	+38:23	08:36
163	1387	SILVIO MIGUEL ALVES FERREIRA	individual	Senior Masculino	01:43:07	+38:23	08:36
164	1403	Fernando barata	kemedo team	Senior Masculino	01:43:28	+38:43	08:37
165	1239	ALBERTO CARVALHO	individual	Senior Masculino	01:43:32	+38:48	08:38
166	1504	Luis Ribeiro	paredes running	Senior Masculino	01:43:37	+38:53	08:38
167	1148	Bruno Marques	fura trilhos	Senior Masculino	01:43:53	+39:09	08:39
168	306	José Castro	leões de tardariz trail	Senior Masculino	01:43:58	+39:13	08:40
169	1089	Carlos Freixo	clube zipper	Senior Masculino	01:44:32	+39:47	08:43
170	1196	liliana vieira	individual	Senior Feminino	01:44:36	+39:52	08:43
171	1280	Eduardo Ferreira	individual	Senior Masculino	01:44:37	+39:53	08:43
172	1272	Cesar goncalves carneiro	individual	Senior Masculino	01:44:39	+39:55	08:43
173	1319	Joaquim Vidal	individual	Senior Masculino	01:44:39	+39:55	08:43
174	1518	Fernando Ferraz	porto sentido runners	Senior Masculino	01:44:48	+40:04	08:44
175	1071	JOSÉ MIRANDA	clube novo banco - del. norte	Senior Masculino	01:45:19	+40:35	08:47
176	1371	Ricardo Pinto	individual	Senior Masculino	01:45:21	+40:36	08:47
177	1466	Patricia Santos	oralklass-amigos do trail	Senior Feminino	01:45:23	+40:39	08:47
178	1005	Ana Campanhã	10temidos	Senior Feminino	01:45:26	+40:41	08:47

TRAIL CURTO 12KM - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
179	1006	Paulo Ribeiro	10temidos	Senior Masculino	01:45:26	+40:42	08:47
180	1045	Telmo Almeida	aliança de gandra	Senior Masculino	01:45:47	+41:02	08:49
181	1392	Vicente de Sousa	individual	Senior Masculino	01:45:47	+41:02	08:49
182	1149	Martinho Lopes	fura trilhos	Senior Masculino	01:45:53	+41:09	08:49
183	1303	Hugo Manuel Sousa Moreira	individual	Senior Masculino	01:46:10	+41:25	08:51
184	1161	Alzira	individual	Senior Feminino	01:46:29	+41:45	08:52
185	1376	Rogério de Almeida Pacheco	individual	Senior Masculino	01:46:30	+41:46	08:53
186	1450	Ana Vieira	multipower gaia trail	Senior Feminino	01:46:42	+41:58	08:54
187	1452	Fernando Patrício	multipower gaia trail	Senior Masculino	01:46:42	+41:58	08:54
188	1443	Helena Gomes	moinhos run - adrm	Senior Feminino	01:46:47	+42:02	08:54
189	1339	Manuel Vieira	individual	Senior Masculino	01:46:51	+42:07	08:54
190	1567	Pedro Soares	ss montepio	Senior Masculino	01:46:58	+42:13	08:55
191	1511	Dario lopes	pernetas	Senior Masculino	01:47:01	+42:17	08:55
192	1295	Goncalo Aroso	individual	Senior Masculino	01:47:02	+42:17	08:55
193	1444	Isabel Carvalho	moinhos run - adrm	Senior Feminino	01:47:07	+42:23	08:56
194	1550	paulo cunha	sogima	Senior Masculino	01:47:27	+42:42	08:57
195	1296	Gustavo Rangel	individual	Senior Masculino	01:47:40	+42:55	08:58
196	1147	António Ribeiro	fura trilhos	Senior Masculino	01:48:12	+43:28	09:01
197	1139	Pedro Silva	falta de treino	Senior Masculino	01:48:32	+43:47	09:03
198	1043	Roberto Moreira	aliança de gandra	Senior Masculino	01:48:32	+43:48	09:03
199	1318	Joaquim Torres	individual	Senior Masculino	01:48:34	+43:49	09:03
200	1267	carlos jorge oliveira figueiredo	individual	Senior Masculino	01:48:34	+43:49	09:03
201	1527	Vasco Ortigão Oliveira	portucale	Senior Masculino	01:48:35	+43:50	09:03
202	1564	Hugo Costa	ss montepio	Senior Masculino	01:49:28	+44:43	09:07
203	383	Julio Santos	ss montepio	Senior Masculino	01:49:36	+44:52	09:08
204	1565	Hugo Silva	ss montepio	Senior Masculino	01:49:40	+44:55	09:08
205	1378	Rui Miguel Oliveira Pinto Ferreira	individual	Senior Masculino	01:49:42	+44:58	09:09
206	1335	Luís Gomes	individual	Senior Masculino	01:49:56	+45:12	09:10
207	1087	Paula Nascimento	clube zipper	Senior Feminino	01:50:14	+45:29	09:11
208	1086	Marisa Pereira	clube zipper	Senior Feminino	01:50:14	+45:29	09:11
209	1075	PEDRO MIGUEL	clube novo banco - del. norte	Senior Masculino	01:50:25	+45:40	09:12
210	1064	MARTA PASSOS	clube novo banco - del. norte	Senior Feminino	01:50:25	+45:41	09:12
211	1049	serafim fonseca	amigos de s.pedro da covã	Senior Masculino	01:50:31	+45:46	09:13
212	1048	joão fonseca	amigos de s.pedro da covã	Senior Masculino	01:50:31	+45:47	09:13
213	1047	emidio pontes	amigos de s.pedro da covã	Senior Masculino	01:50:31	+45:47	09:13
214	1460	Emanuel Dias	one more mile	Senior Masculino	01:50:33	+45:48	09:13
215	1007	Rui Sá	10temidos	Senior Masculino	01:50:37	+45:52	09:13
216	1063	Avelino Pereira	ccdtc.m.gondomar	Senior Masculino	01:50:46	+46:01	09:14
217	276	Rui Fernandes	individual	Senior Masculino	01:50:46	+46:02	09:14
218	1539	helder rocha	reumatico	Senior Masculino	01:50:47	+46:02	09:14
219	1249	André Resende Vilar de figueiredo	individual	Senior Masculino	01:50:51	+46:06	09:14
220	1360	Pedro Resende	individual	Senior Masculino	01:50:51	+46:07	09:14
221	1214	Patrícia rocha	locomotiva de paranhos	Senior Feminino	01:51:04	+46:19	09:15
222	1427	Sérgio Santos	locomotiva de paranhos	Senior Masculino	01:51:04	+46:20	09:15
223	1425	André Fraga	locomotiva de paranhos	Senior Masculino	01:51:04	+46:20	09:15
224	1359	Pedro Monteiro	individual	Senior Masculino	01:51:08	+46:23	09:16

TRAIL CURTO 12KM - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
316	1030	Verónica Fontes	aliança de gandra	Senior Feminino	02:01:55	+57:11	10:10
317	1031	Ângelo Monteiro	aliança de gandra	Senior Masculino	02:01:55	+57:11	10:10
318	1174	CatarinaVidal	individual	Senior Feminino	02:02:00	+57:15	10:10
319	1507	Luís Marques	pari passu	Senior Masculino	02:02:02	+57:17	10:10
320	360	Paulo Macedo	pari passu	Senior Masculino	02:02:02	+57:18	10:10
321	1520	Vitor Martins	porto sentido runners	Senior Masculino	02:02:23	+57:39	10:12
322	1236	Verónica Maia	individual	Senior Feminino	02:02:34	+57:50	10:13
323	1307	Ivo Almeida	individual	Senior Masculino	02:02:34	+57:50	10:13
324	1066	TERESA PINTO	clube novo banco - del. norte	Senior Feminino	02:02:43	+57:58	10:14
325	1073	PAULO RIBEIRO	clube novo banco - del. norte	Senior Masculino	02:02:43	+57:59	10:14
326	1352	Paulo Marques	individual	Senior Masculino	02:02:45	+58:01	10:14
327	1415	David Alves	la zinco	Senior Masculino	02:02:51	+58:06	10:14
328	1412	Mariana Oliveira	la zinco	Senior Feminino	02:02:51	+58:06	10:14
329	1109	Cristina Dias	ctad - trilhos de cinfães	Senior Feminino	02:02:53	+58:09	10:14
330	1537	rosana martins	reumatico	Senior Feminino	02:03:01	+58:16	10:15
331	1540	sergio pereira	reumatico	Senior Masculino	02:03:01	+58:16	10:15
332	1259	ARMINDO SERRA MARTINS DOS SANTOS	individual	Senior Masculino	02:03:20	+58:35	10:17
333	1524	MANUEL PEREIRA	portocargo	Senior Masculino	02:03:23	+58:39	10:17
334	1292	Germano Sousa	individual	Senior Masculino	02:03:27	+58:42	10:17
335	1498	Monica Magalhaes	papa trails	Senior Feminino	02:03:57	+59:13	10:20
336	1132	Liliana Alves	ermida fit runners	Senior Feminino	02:04:07	+59:23	10:21
337	1133	Marisa Andreia Neves Dias	ermida fit runners	Senior Feminino	02:04:08	+59:24	10:21
338	1441	Carlos Almeida	miltrail	Senior Masculino	02:04:09	+59:24	10:21
339	1216	Rita João Marcelino Pereira	individual	Senior Feminino	02:04:11	+59:27	10:21
340	1583	Marlene Rodrigues	thunder team	Senior Feminino	02:04:25	+59:40	10:22
341	1584	Pedro Rodrigues	thunder team	Senior Masculino	02:04:25	+59:41	10:22
342	1368	Ricardo Jorge Castanheira Cardoso	individual	Senior Masculino	02:04:44	+59:59	10:24
343	1268	Carlos Miguel Castro	individual	Senior Masculino	02:04:44	+01:00:00	10:24
344	1229	Susana santos simao	individual	Senior Feminino	02:04:54	+01:00:09	10:25
345	1382	Sérgio Dinis	individual	Senior Masculino	02:04:56	+01:00:11	10:25
346	1499	Vitor Teixeira	papa trails	Senior Masculino	02:04:56	+01:00:12	10:25
347	1572	Sergio Oliveira	ss montepio	Senior Masculino	02:05:15	+01:00:31	10:26
348	1165	ana Paula Teixeira	individual	Senior Feminino	02:05:21	+01:00:37	10:27
349	1554	Fatima Leal	ss montepio	Senior Feminino	02:05:22	+01:00:37	10:27
350	1536	mara freitas	reumatico	Senior Feminino	02:05:30	+01:00:46	10:28
351	1375	Rodolfo Rangel	individual	Senior Masculino	02:05:40	+01:00:56	10:28
352	1233	Vanessa Santos	individual	Senior Feminino	02:05:47	+01:01:02	10:29
353	1256	António Manuel Freitas	individual	Senior Masculino	02:05:48	+01:01:03	10:29
354	1405	Pedro Duarte	kemedo team	Senior Masculino	02:05:50	+01:01:06	10:29
355	1136	Sergio Sousa	espera por mim	Senior Masculino	02:07:24	+01:02:40	10:37
356	1284	Fernando Manuel Carvalho Santos Silva	individual	Senior Masculino	02:07:40	+01:02:55	10:38
357	1399	susana coelho mendes	kandimba running	Senior Feminino	02:07:51	+01:03:07	10:39
358	1400	albino coelho mendes	kandimba running	Senior Masculino	02:07:51	+01:03:07	10:39
359	1314	João Pedro	individual	Senior Masculino	02:07:54	+01:03:09	10:40
360	1559	Susana Fontes	ss montepio	Senior Feminino	02:08:08	+01:03:23	10:41

TRAIL CURTO 12KM - STAGE 1
12 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
361	1060	Zélia Campos Viana	caetano runners	Senior Feminino	02:08:13	+01:03:28	10:41
362	1502	Sonia Silva	paredes running	Senior Feminino	02:08:36	+01:03:51	10:43
363	1135	José Carlos Martins Carneiro	ermida fit runners	Senior Masculino	02:08:42	+01:03:57	10:44
364	1062	Branca Nabais	ccdfppj	Senior Feminino	02:08:44	+01:03:59	10:44
365	1486	cristina costa	ou vai ou racha	Senior Feminino	02:08:45	+01:04:00	10:44
366	1435	Ricardo Cardoso	manos rt	Senior Masculino	02:08:51	+01:04:06	10:44
367	1110	André Cunha	cunhax	Senior Masculino	02:08:54	+01:04:09	10:45
368	1234	Vânia Monteiro	individual	Senior Feminino	02:09:03	+01:04:19	10:45
369	1454	Paula Ferreira	nascidos para correr	Senior Feminino	02:09:03	+01:04:19	10:45
370	1144	Celeste Vieira	fitspot - parque nascente	Senior Feminino	02:09:20	+01:04:35	10:47
371	1193	Karina Vasconcelos	individual	Senior Feminino	02:09:22	+01:04:38	10:47
372	1177	Cristina Rodrigues Teixeira Lopes	individual	Senior Feminino	02:09:25	+01:04:41	10:47
373	1022	Isabel Neves	aliança de gandra	Senior Feminino	02:09:36	+01:04:51	10:48
374	1017	Catarina Tavares	aliança de gandra	Senior Feminino	02:09:36	+01:04:51	10:48
375	1040	Marco Moreira	aliança de gandra	Senior Masculino	02:09:36	+01:04:51	10:48
376	1570	Rui Carvalho	ss montepio	Senior Masculino	02:09:37	+01:04:52	10:48
377	1448	Fernando Sousa	mozelos runners	Senior Masculino	02:10:04	+01:05:20	10:50
378	1541	Isaura Mesquita	rumo à aventura	Senior Feminino	02:10:17	+01:05:33	10:51
379	1542	Margarida Miranda	rumo à aventura	Senior Feminino	02:10:18	+01:05:33	10:52
380	1544	Patrícia Miranda	rumo à aventura	Senior Feminino	02:10:18	+01:05:33	10:52
381	1327	José Fernando Ribeiro Lopes	individual	Senior Masculino	02:10:22	+01:05:37	10:52
382	1055	maria lucinda barbosa moreira	barbosa	Senior Feminino	02:10:31	+01:05:47	10:53
383	1056	augusto pinto barbosa	barbosa	Senior Masculino	02:10:31	+01:05:47	10:53
384	1563	Francisco Moreira	ss montepio	Senior Masculino	02:10:40	+01:05:56	10:53
385	1153	Pedro Rodrigues	gondomar futsal clube	Senior Masculino	02:10:50	+01:06:05	10:54
386	1344	Nuno Almeida	individual	Senior Masculino	02:10:50	+01:06:06	10:54
387	1553	Catia Sequeira	ss montepio	Senior Feminino	02:11:18	+01:06:34	10:57
388	1557	Patrícia Abreu	ss montepio	Senior Feminino	02:11:18	+01:06:34	10:57
389	1569	Ricardo Rui Silva	ss montepio	Senior Masculino	02:11:18	+01:06:34	10:57
390	1561	Alfredo Abreu	ss montepio	Senior Masculino	02:11:18	+01:06:34	10:57
391	1568	Raul Pereira	ss montepio	Senior Masculino	02:11:19	+01:06:34	10:57
392	1434	Pedro Cardoso	manos rt	Senior Masculino	02:11:33	+01:06:49	10:58
393	1194	Leonilde Macedo	individual	Senior Feminino	02:11:55	+01:07:10	11:00
394	1067	ALBERTO LIZARDO	clube novo banco - del. norte	Senior Masculino	02:12:08	+01:07:24	11:01
395	1238	Agostinho Costa	individual	Senior Masculino	02:12:27	+01:07:43	11:02
396	1265	Carlos Conde	individual	Senior Masculino	02:12:27	+01:07:43	11:02
397	1496	Estela Oliveira	papa trails	Senior Feminino	02:12:51	+01:08:07	11:04
398	1377	Rui Almeida	individual	Senior Masculino	02:13:06	+01:08:22	11:06
399	1334	Luís Faria	individual	Senior Masculino	02:13:22	+01:08:37	11:07
400	1176	Cornelia Stoeckli	individual	Senior Feminino	02:13:52	+01:09:08	11:09
401	1173	Catarina Maria Campos Ferreira	individual	Senior Feminino	02:13:55	+01:09:11	11:10
402	1508	Paulo Oliveira	pari passu	Senior Masculino	02:14:55	+01:10:10	11:15
403	1506	Jorge Ferreira	pari passu	Senior Masculino	02:14:55	+01:10:10	11:15
404	1301	Hugo Adriano Ferreira Maia	individual	Senior Masculino	02:15:13	+01:10:29	11:16
405	1274	Daniel Ferreira	individual	Senior Masculino	02:15:14	+01:10:29	11:16
406	1232	Vanessa Lara Silva Martins	locomotiva de paranhos	Senior Feminino	02:15:45	+01:11:01	11:19

TRAIL CURTO 12KM - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
453	1417	Alexandra Correia	leões de tardariz trail	Senior Feminino	02:29:10	+01:24:26	12:26
454	1131	Rita Gonçalves	equipa João Ferreira	Senior Feminino	02:29:19	+01:24:35	12:27
455	1130	Maria Fonseca	equipa João Ferreira	Senior Feminino	02:29:19	+01:24:35	12:27
456	1560	Tania Rebelo	ss montepio	Senior Feminino	02:30:11	+01:25:27	12:31
457	1558	Patricia Rebelo	ss montepio	Senior Feminino	02:30:36	+01:25:52	12:33
458	1547	Jose Pinheiro	sogima	Senior Masculino	02:32:00	+01:27:16	12:40
459	1370	Ricardo Nogueira	individual	Senior Masculino	02:32:03	+01:27:19	12:40
460	1138	Gene Gomes Torres	falta de treino	Senior Masculino	02:32:26	+01:27:42	12:42
461	1258	Armindo Moura	individual	Senior Masculino	02:32:39	+01:27:55	12:43
462	1597	Paulo Graça	individual	Senior Masculino	02:32:40	+01:27:55	12:43
463	1598	Ângela Graça	individual	Senior Feminino	02:32:40	+01:27:55	12:43
464	1410	Andreia Carvalho	la zinco	Senior Feminino	02:32:57	+01:28:13	12:45
465	1413	Paula Silva	la zinco	Senior Feminino	02:32:58	+01:28:13	12:45
466	1282	Elisabete Santos	individual	Senior Masculino	02:33:16	+01:28:31	12:46
467	1181	Elsa Maria Flor Fernandes	individual	Senior Feminino	02:33:16	+01:28:31	12:46
468	1227	SUSANA BAGULHO GUERRA	individual	Senior Feminino	02:33:30	+01:28:45	12:48
469	1386	Sérgio Sousa	individual	Senior Masculino	02:33:56	+01:29:12	12:50
470	1220	Sara Daniela Cunha Russo	individual	Senior Feminino	02:34:17	+01:29:33	12:51
471	1500	Ana Ferreira	paredes running	Senior Feminino	02:34:29	+01:29:44	12:52
472	1330	José Saraiva	individual	Senior Masculino	02:35:31	+01:30:46	12:58
473	1201	MANUELA AZEVEDO	individual	Senior Feminino	02:36:12	+01:31:28	13:01
474	1011	António Picotês	abutres do douro	Senior Masculino	02:36:18	+01:31:33	13:02
475	1010	Carla Carvalho	abutres do douro	Senior Feminino	02:36:18	+01:31:33	13:02
476	1395	Antónia Ferreira	inimigos do podium	Senior Feminino	02:36:26	+01:31:41	13:02
477	1538	bruno fonseca	reumatico	Senior Masculino	02:36:27	+01:31:43	13:02
478	1137	Alice Manuela Dias Coelho	falta de treino	Senior Feminino	02:36:38	+01:31:54	13:03
479	1024	Maria Oliveira	aliança de gandra	Senior Feminino	02:36:46	+01:32:02	13:04
480	1018	Celina Ferreira	aliança de gandra	Senior Feminino	02:36:46	+01:32:02	13:04
481	1487	Fernanda Magalhães	ou vai ou racha	Senior Feminino	02:37:18	+01:32:34	13:07
482	1484	Carla Gabriel	ou vai ou racha	Senior Feminino	02:37:18	+01:32:34	13:07
483	1205	Maria Filomena Venâncio Lopes Marcelo	individual	Senior Feminino	02:37:47	+01:33:02	13:09
484	1556	Olga Malheiro	ss montepio	Senior Feminino	02:38:24	+01:33:40	13:12
485	1117	Diana Brito	dbearth	Senior Feminino	02:38:35	+01:33:50	13:13
486	1118	Nuno Ribeiro	dbearth	Senior Masculino	02:38:35	+01:33:50	13:13
487	1189	Isabel Gonçalves	individual	Senior Feminino	02:38:45	+01:34:01	13:14
488	1199	M.Joao Nogueira	individual	Senior Feminino	02:39:31	+01:34:46	13:18
489	1306	Hugo Vítor Gomes Correia	individual	Senior Masculino	02:40:35	+01:35:51	13:23
490	1253	Antonio Carlos Fernandes da Costa	individual	Senior Masculino	02:40:35	+01:35:51	13:23
491	1151	MARISA SILVA	gdc	Senior Feminino	02:40:36	+01:35:51	13:23
492	1198	Luzia Conceição Sousa Azevedo	individual	Senior Feminino	02:40:37	+01:35:52	13:23
493	1522	Dinis Sousa	portocargo	Senior Masculino	02:40:40	+01:35:55	13:23
494	1521	Carme Loureiro	portocargo	Senior Feminino	02:40:40	+01:35:56	13:23
495	1185	Guilhermina maria beira pinto rocha	individual	Senior Feminino	02:40:41	+01:35:56	13:23
496	1065	RUTE RIBEIRO	clube novo banco - del. norte	Senior Feminino	02:40:42	+01:35:57	13:24
497	1585	vania santos	trail sra do salto	Senior Feminino	02:40:48	+01:36:03	13:24

TRAIL CURTO 12KM - STAGE 1
12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
498	1369	Ricardo Macedo	individual	Senior Masculino	02:40:48	+01:36:04	13:24
499	1207	Maria João Silva	individual	Senior Feminino	02:40:48	+01:36:04	13:24
500	1281	Élio Veiga	individual	Senior Masculino	02:41:53	+01:37:08	13:29
501	1190	Isabel Mesquita	individual	Senior Feminino	02:42:18	+01:37:33	13:32
502	1162	Ana Catarina Lino Delerue	individual	Senior Feminino	02:42:19	+01:37:34	13:32
503	1358	Pedro Miguel Cristóvão Próspero	individual	Senior Masculino	02:42:50	+01:38:05	13:34
504	1191	Isabel Susana da Silva Moreira Próspero	individual	Senior Feminino	02:42:50	+01:38:05	13:34
505	1156	Sandra Almendra	grupo desportivo santander totta	Senior Feminino	02:43:21	+01:38:36	13:37
506	1575	Irene Madeira	su team & friends	Senior Feminino	02:44:59	+01:40:14	13:45
507	1574	Daniela Dias	su team & friends	Senior Feminino	02:45:00	+01:40:15	13:45
508	1573	Andreia Moura	su team & friends	Senior Feminino	02:45:00	+01:40:16	13:45
509	1577	Patricia Antunes	su team & friends	Senior Feminino	02:45:05	+01:40:20	13:45
510	1485	catia sofia neves braga	ou vai ou racha	Senior Feminino	02:46:43	+01:41:59	13:54
511	1492	Paula Sousa	ou vai ou racha	Senior Feminino	02:46:57	+01:42:13	13:55
512	1493	Silvia Rute Maciel	ou vai ou racha	Senior Feminino	02:46:59	+01:42:14	13:55
513	1343	Norberto Simões Eustáquio	individual	Senior Masculino	02:47:06	+01:42:22	13:56
514	1025	Natália Moreira	aliança de gandra	Senior Feminino	02:47:16	+01:42:31	13:56
515	1490	Maria Fátima Martins Paiva	ou vai ou racha	Senior Feminino	02:47:21	+01:42:37	13:57
516	1019	Elisabete Silva	aliança de gandra	Senior Feminino	02:47:22	+01:42:37	13:57
517	1217	Rosalina Marques	individual	Senior Feminino	02:47:36	+01:42:52	13:58
518	1183	Gisela Ferreira	individual	Senior Feminino	02:47:37	+01:42:52	13:58
519	1523	MANUEL ALMEIDA	portocargo	Senior Masculino	02:47:45	+01:43:01	13:59
520	1195	Liliana Marques	individual	Senior Feminino	02:48:12	+01:43:27	14:01
521	1483	ana rita barros neves magalhaes	ou vai ou racha	Senior Feminino	02:48:26	+01:43:42	14:02
522	1416	Luis Silva	la zinco	Senior Masculino	02:48:48	+01:44:04	14:04
523	1411	Joana Ferreira	la zinco	Senior Feminino	02:48:48	+01:44:04	14:04
524	1488	maria arminda faria maciel	ou vai ou racha	Senior Feminino	02:49:00	+01:44:15	14:05
525	1482	Adília Baltazar	ou vai ou racha	Senior Feminino	02:49:22	+01:44:37	14:07
526	1029	Silvia Pinto	aliança de gandra	Senior Feminino	02:50:54	+01:46:09	14:15
527	1014	Angela Almeida	aliança de gandra	Senior Feminino	02:50:54	+01:46:10	14:15
528	1432	Raquel Santos	manos rt	Senior Feminino	02:53:14	+01:48:30	14:26
529	1219	sandra Reis	individual	Senior Feminino	02:55:15	+01:50:30	14:36
530	1223	Sara Soares	individual	Senior Feminino	03:06:40	+02:01:55	15:33
531	1170	Carla Sousa	individual	Senior Feminino	03:06:40	+02:01:56	15:33

Trail Curto 12Km
12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:30	15,6°C	80%
End	12:36	15,6°C	80%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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Senior Feminino

1	1002	Tania Covas Costa	.COM-Clube Orientação Minho	Senior Feminino	01:19:19		06:37
2	1476	Sara Carvalho	SC Salgueiros 08	Senior Feminino	01:23:06	+03:47	06:55
3	1467	Rita Loureiro	Oralklass-Amigos do Trail	Senior Feminino	01:26:34	+07:15	07:13
4	1501	Lucinda Marques	Paredes Running	Senior Feminino	01:27:06	+07:47	07:16
5	1187	Hortense Tenda	Individual	Senior Feminino	01:29:23	+10:04	07:27
6	1016	Carla Pinto	ALIANÇA DE GANDRA	Senior Feminino	01:30:39	+11:20	07:33
7	1204	Margarida Pinto	Individual	Senior Feminino	01:31:26	+12:07	07:37
8	1464	Andreia Barbosa	Oralklass-Amigos do Trail	Senior Feminino	01:33:43	+14:24	07:49
9	1028	Sara Rafael	ALIANÇA DE GANDRA	Senior Feminino	01:33:54	+14:35	07:50
10	1231	Tânia Margarida Simões Rino	Individual	Senior Feminino	01:36:14	+16:55	08:01
11	1052	Monica Isabel Vieira Coelho	AMIGOS DO PEDAL TRAILAGARES	Senior Feminino	01:36:45	+17:26	08:04
12	1051	Maria José Pereira Leão	AMIGOS DO PEDAL TRAILAGARES	Senior Feminino	01:38:07	+18:48	08:11
13	1192	Joana Azevedo	Individual	Senior Feminino	01:38:09	+18:50	08:11
14	1586	Cristina Isabel Morais da Costa	UMFCA WARRIORS	Senior Feminino	01:39:08	+19:49	08:16
15	1543	Maria Manuela da Silva Freitas	Rumo à Aventura	Senior Feminino	01:40:37	+21:18	08:23
16	1012	Alexandra Padilha	ALIANÇA DE GANDRA	Senior Feminino	01:42:41	+23:22	08:33
17	1013	Ana Pinto	ALIANÇA DE GANDRA	Senior Feminino	01:42:41	+23:22	08:33
18	1196	liliana vieira	Individual	Senior Feminino	01:44:37	+25:18	08:43
19	1466	Patricia Santos	Oralklass-Amigos do Trail	Senior Feminino	01:45:24	+26:05	08:47
20	1005	Ana Campanhã	10TEMIDOS	Senior Feminino	01:45:26	+26:07	08:47
21	1161	Alzira	Individual	Senior Feminino	01:46:30	+27:11	08:52
22	1450	Ana Vieira	MULTIPOWER GAIA TRAIL	Senior Feminino	01:46:43	+27:24	08:54
23	1443	Helena Gomes	Moinhos Run - ADRM	Senior Feminino	01:46:47	+27:28	08:54
24	1444	Isabel Carvalho	Moinhos Run - ADRM	Senior Feminino	01:47:08	+27:49	08:56
25	1087	Paula Nascimento	Clube Zupper	Senior Feminino	01:50:14	+30:55	09:11
26	1086	Marisa Pereira	Clube Zupper	Senior Feminino	01:50:14	+30:55	09:11
27	1064	MARTA PASSOS	CLUBE NOVO BANCO - DEL. NORTE	Senior Feminino	01:50:26	+31:07	09:12
28	1214	Patricia rocha	LOCOMOTIVA DE PARANHOS	Senior Feminino	01:51:04	+31:45	09:15
29	1085	Cátia Moreira	Clube Zupper	Senior Feminino	01:52:00	+32:41	09:20
30	1180	Elisabete Cunha	Individual	Senior Feminino	01:52:18	+32:59	09:21
31	1167	Cacilda Maria Sousa Ramos	Individual	Senior Feminino	01:54:10	+34:51	09:31
32	1050	Carmen Moreira	AMIGOS DO PEDAL TRAILAGARES	Senior Feminino	01:54:16	+34:57	09:31
33	1202	Márcia Silva	Individual	Senior Feminino	01:54:42	+35:23	09:34
34	1212	Marlene Martins	Individual	Senior Feminino	01:54:59	+35:40	09:35
35	1163	Ana Cláudia Pinheiro Marques	Individual	Senior Feminino	01:55:45	+36:26	09:39
36	1215	Paula Fonseca	Individual	Senior Feminino	01:56:05	+36:46	09:40
37	1026	Paula Silva	ALIANÇA DE GANDRA	Senior Feminino	01:56:18	+36:59	09:42

Official Timekeeper: Lap2Go	1 / 13	generate 05-jun-2016 13:38
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Trail Curto 12Km
12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

38	1188	Idalina Martins	Individual	Senior Feminino	01:56:59	+37:40	09:45
39	1552	Carla Barros	SS MONTEPIO	Senior Feminino	01:56:59	+37:40	09:45
40	1021	Fernanda Machado	ALIANÇA DE GANDRA	Senior Feminino	01:57:32	+38:13	09:48
41	1224	Sílvia Ferreira	Individual	Senior Feminino	01:57:33	+38:14	09:48
42	1186	Helena Antunes	Individual	Senior Feminino	01:57:43	+38:24	09:49
43	1430	Marta marques	Maia AC	Senior Feminino	01:58:31	+39:12	09:53
44	1210	Marina Sofia Ribeiro Rodrigues	Individual	Senior Feminino	01:58:53	+39:34	09:54
45	1015	Carla Pereira	ALIANÇA DE GANDRA	Senior Feminino	01:59:01	+39:42	09:55
46	1125	Arlete Dias	Dupla Imbatível	Senior Feminino	01:59:05	+39:46	09:55
47	1555	Joana Direito	SS MONTEPIO	Senior Feminino	01:59:12	+39:53	09:56
48	1084	Cândida Vilas-Boas	Clube Zupper	Senior Feminino	01:59:12	+39:53	09:56
49	1513	Raquel Pereira	PORTO SENTIDO RUNNERS	Senior Feminino	01:59:25	+40:06	09:57
50	1512	Elisabete Loureiro	PORTO SENTIDO RUNNERS	Senior Feminino	01:59:25	+40:06	09:57
51	1182	Fatima Saraiva	Individual	Senior Feminino	01:59:29	+40:10	09:57
52	1528	Teresa Oliveira	Profisio Team	Senior Feminino	01:59:46	+40:27	09:59
53	1459	Cristiana Nogueira	ONE MORE MILE	Senior Feminino	01:59:48	+40:29	09:59
54	1211	Marisa Martins	Individual	Senior Feminino	02:00:07	+40:48	10:01
55	1166	ANABELA R MOREIRA	Individual	Senior Feminino	02:00:47	+41:28	10:04
56	1228	Susana Luís	Individual	Senior Feminino	02:01:06	+41:47	10:06
57	1453	Patrícia fernandes	Nascidos para Correr	Senior Feminino	02:01:24	+42:05	10:07
58	1030	Verónica Fontes	ALIANÇA DE GANDRA	Senior Feminino	02:01:56	+42:37	10:10
59	1174	CatarinaVidal	Individual	Senior Feminino	02:02:00	+42:41	10:10
60	1236	Verónica Maia	Individual	Senior Feminino	02:02:35	+43:16	10:13
61	1066	TERESA PINTO	CLUBE NOVO BANCO - DEL. NORTE	Senior Feminino	02:02:43	+43:24	10:14
62	1412	Mariana Oliveira	LA Zinco	Senior Feminino	02:02:51	+43:32	10:14
63	1109	Cristina Dias	CTAD - Trilhos de Cinfães	Senior Feminino	02:02:54	+43:35	10:14
64	1537	rosana martins	reumatico	Senior Feminino	02:03:01	+43:42	10:15
65	1498	Monica Magalhaes	PAPA TRAILS	Senior Feminino	02:03:58	+44:39	10:20
66	1132	Liliana Alves	Ermida Fit Runners	Senior Feminino	02:04:08	+44:49	10:21
67	1133	Marisa Andreia Neves Dias	Ermida Fit Runners	Senior Feminino	02:04:09	+44:50	10:21
68	1216	Rita João Marcelino Pereira	Individual	Senior Feminino	02:04:12	+44:53	10:21
69	1583	Marlene Rodrigues	Thunder Team	Senior Feminino	02:04:25	+45:06	10:22
70	1229	Susana santos simao	Individual	Senior Feminino	02:04:54	+45:35	10:25
71	1165	ana Paula Teixeira	Individual	Senior Feminino	02:05:22	+46:03	10:27
72	1554	Fatima Leal	SS MONTEPIO	Senior Feminino	02:05:22	+46:03	10:27
73	1536	mara Freitas	reumatico	Senior Feminino	02:05:31	+46:12	10:28
74	1233	Vanessa Santos	Individual	Senior Feminino	02:05:47	+46:28	10:29
75	1399	susana coelho mendes	kandimba running	Senior Feminino	02:07:52	+48:33	10:39
76	1559	Susana Fontes	SS MONTEPIO	Senior Feminino	02:08:08	+48:49	10:41
77	1060	Zélia Campos Viana	CAETANO RUNNERS	Senior Feminino	02:08:13	+48:54	10:41
78	1502	Sonia Silva	Paredes Running	Senior Feminino	02:08:36	+49:17	10:43
79	1062	Branca Nabais	CCDFJP	Senior Feminino	02:08:44	+49:25	10:44
80	1486	cristina costa	Ou vai ou racha	Senior Feminino	02:08:45	+49:26	10:44
81	1234	Vânia Monteiro	Individual	Senior Feminino	02:09:04	+49:45	10:45
82	1454	Paula Ferreira	Nascidos para Correr	Senior Feminino	02:09:04	+49:45	10:45
83	1144	Celeste Vieira	Fitspot - Parque Nascente	Senior Feminino	02:09:20	+50:01	10:47

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Trail Curto 12Km

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

84	1193	Karina Vasconcelos	Individual	Senior Feminino	02:09:23	+50:04	10:47
85	1177	Cristina Rodrigues Teixeira Lopes	Individual	Senior Feminino	02:09:26	+50:07	10:47
86	1022	Isabel Neves	ALIANÇA DE GANDRA	Senior Feminino	02:09:36	+50:17	10:48
87	1017	Catarina Tavares	ALIANÇA DE GANDRA	Senior Feminino	02:09:36	+50:17	10:48
88	1541	Isaura Mesquita	Rumo à Aventura	Senior Feminino	02:10:18	+50:59	10:51
89	1542	Margarida Miranda	Rumo à Aventura	Senior Feminino	02:10:18	+50:59	10:52
90	1544	Patrícia Miranda	Rumo à Aventura	Senior Feminino	02:10:18	+50:59	10:52
91	1055	maria lucinda barbosa moreira	barbosa	Senior Feminino	02:10:32	+51:13	10:53
92	1553	Catia Sequeira	SS MONTEPIO	Senior Feminino	02:11:19	+52:00	10:57
93	1557	Patricia Abreu	SS MONTEPIO	Senior Feminino	02:11:19	+52:00	10:57
94	1194	Leonilde Macedo	Individual	Senior Feminino	02:11:55	+52:36	11:00
95	1496	Estela Oliveira	PAPA TRAILS	Senior Feminino	02:12:52	+53:33	11:04
96	1176	Cornelia Stoeckli	Individual	Senior Feminino	02:13:53	+54:34	11:09
97	1173	Catarina Maria Campos Ferreira	Individual	Senior Feminino	02:13:56	+54:37	11:10
98	1232	Vanessa Lara Silva Martins	LOCOMOTIVA DE PARANHOS	Senior Feminino	02:15:46	+56:27	11:19
99	1027	Sandra Ferreira	ALIANÇA DE GANDRA	Senior Feminino	02:17:31	+58:12	11:28
100	1020	Fernanda Leal	ALIANÇA DE GANDRA	Senior Feminino	02:17:34	+58:15	11:28
101	1145	FERNANDA FRANÇA	frança	Senior Feminino	02:18:33	+59:14	11:33
102	1171	Carla Teixeira	Individual	Senior Feminino	02:18:34	+59:15	11:33
103	1424	Sónia Santos	LOCOMOTIVA DE PARANHOS	Senior Feminino	02:19:01	+59:42	11:35
104	1418	Sara Gomes	Leões de Tardariz Trail	Senior Feminino	02:19:07	+59:48	11:36
105	1160	Alexandra Pereira Lopes	Individual	Senior Feminino	02:19:20	+01:00:01	11:37
106	1442	Edite Lopes	Moinhos Run - ADRM	Senior Feminino	02:19:42	+01:00:23	11:38
107	1053	Natalia Ferreira	AMIGOS DO PEDAL TRAILAGARES	Senior Feminino	02:19:55	+01:00:36	11:40
108	1001	Angela Silva	#MIRRAS	Senior Feminino	02:20:30	+01:01:11	11:43
109	1172	Catarina Campos	Individual	Senior Feminino	02:20:34	+01:01:15	11:43
110	36	Liliana Brandão	Brandão Pinho	Senior Feminino	02:20:42	+01:01:23	11:44
111	1158	Alexandra mouta	Individual	Senior Feminino	02:20:56	+01:01:37	11:45
112	1423	Rita Freitas	LOCOMOTIVA DE PARANHOS	Senior Feminino	02:21:09	+01:01:50	11:46
113	1474	camila pinto	Os Aceleras	Senior Feminino	02:21:23	+01:02:04	11:47
114	1023	Maria Neves	ALIANÇA DE GANDRA	Senior Feminino	02:21:50	+01:02:31	11:49
115	1178	Dalila Teixeira	Individual	Senior Feminino	02:22:43	+01:03:24	11:54
116	1221	Sara Pereira	Individual	Senior Feminino	02:23:39	+01:04:20	11:58
117	1533	Raquel Santos	Pupis	Senior Feminino	02:23:57	+01:04:38	12:00
118	1532	Oriana Moreira	Pupis	Senior Feminino	02:24:00	+01:04:41	12:00
119	1197	Luisa Nogueira	Individual	Senior Feminino	02:24:33	+01:05:14	12:03
120	1140	Rita Leal	Familia Patanisca	Senior Feminino	02:25:07	+01:05:48	12:06
121	1595	Gisélia Braga	Wild Runners	Senior Feminino	02:26:46	+01:07:27	12:14
122	341	Cristina Moreira	Nascidos para Correr	Senior Feminino	02:26:59	+01:07:40	12:15
123	1184	Goreti Ferraz	Individual	Senior Feminino	02:27:54	+01:08:35	12:20
124	1230	Susy Costa	Individual	Senior Feminino	02:28:01	+01:08:42	12:20
125	1142	Silvia Castelo	Fardetas	Senior Feminino	02:28:01	+01:08:42	12:20
126	1179	Elisa Pereira	Individual	Senior Feminino	02:28:30	+01:09:11	12:23
127	1169	Carla Maia	Individual	Senior Feminino	02:28:59	+01:09:40	12:25
128	1235	Vera alexandra gonçalves lima	Individual	Senior Feminino	02:29:10	+01:09:51	12:26
129	1417	Alexandra Correia	Leões de Tardariz Trail	Senior Feminino	02:29:11	+01:09:52	12:26

Trail Curto 12Km
12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

130	1131	Rita Gonçalves	Equipa João Ferreira	Senior Feminino	02:29:20	+01:10:01	12:27
131	1130	Maria Fonseca	Equipa João Ferreira	Senior Feminino	02:29:20	+01:10:01	12:27
132	1560	Tania Rebelo	SS MONTEPIO	Senior Feminino	02:30:12	+01:10:53	12:31
133	1558	Patricia Rebelo	SS MONTEPIO	Senior Feminino	02:30:37	+01:11:18	12:33
134	1598	Ângela Graça	Individual	Senior Feminino	02:32:40	+01:13:21	12:43
135	1410	Andreia Carvalho	LA Zinco	Senior Feminino	02:32:58	+01:13:39	12:45
136	1413	Paula Silva	LA Zinco	Senior Feminino	02:32:58	+01:13:39	12:45
137	1181	Elsa Maria Flor Fernandes	Individual	Senior Feminino	02:33:16	+01:13:57	12:46
138	1227	SUSANA BAGULHO GUERRA	Individual	Senior Feminino	02:33:30	+01:14:11	12:48
139	1220	Sara Daniela Cunha Russo	Individual	Senior Feminino	02:34:18	+01:14:59	12:51
140	1500	Ana Ferreira	Paredes Running	Senior Feminino	02:34:29	+01:15:10	12:52
141	1201	MANUELA AZEVEDO	Individual	Senior Feminino	02:36:13	+01:16:54	13:01
142	1010	Carla Carvalho	Abutres do Douro	Senior Feminino	02:36:18	+01:16:59	13:02
143	1395	Antónia Ferreira	Inimigos do Podium	Senior Feminino	02:36:26	+01:17:07	13:02
144	1137	Alice Manuela Dias Coelho	FALTA DE TREINO	Senior Feminino	02:36:39	+01:17:20	13:03
145	1024	Maria Oliveira	ALIANÇA DE GANDRA	Senior Feminino	02:36:47	+01:17:28	13:04
146	1018	Celina Ferreira	ALIANÇA DE GANDRA	Senior Feminino	02:36:47	+01:17:28	13:04
147	1487	Fernanda Magalhães	Ou vai ou racha	Senior Feminino	02:37:19	+01:18:00	13:07
148	1484	Carla Gabriel	Ou vai ou racha	Senior Feminino	02:37:19	+01:18:00	13:07
149	1205	Maria Filomena Venâncio Lopes Marcelo	Individual	Senior Feminino	02:37:47	+01:18:28	13:09
150	1556	Olga Malheiro	SS MONTEPIO	Senior Feminino	02:38:25	+01:19:06	13:12
151	1117	Diana Brito	dbearth	Senior Feminino	02:38:35	+01:19:16	13:13
152	1189	Isabel Gonçalves	Individual	Senior Feminino	02:38:46	+01:19:27	13:14
153	1199	M.Joao Nogueira	Individual	Senior Feminino	02:39:31	+01:20:12	13:18
154	1151	MARISA SILVA	GDC	Senior Feminino	02:40:36	+01:21:17	13:23
155	1198	Luzia Conceição Sousa Azevedo	Individual	Senior Feminino	02:40:37	+01:21:18	13:23
156	1521	Carme Loureiro	PORTOCARGO	Senior Feminino	02:40:41	+01:21:22	13:23
157	1185	Guilhermina maria beira pinto rocha	Individual	Senior Feminino	02:40:41	+01:21:22	13:23
158	1065	RUTE RIBEIRO	CLUBE NOVO BANCO - DEL. NORTE	Senior Feminino	02:40:42	+01:21:23	13:24
159	1585	vania santos	Trail Sra do Salto	Senior Feminino	02:40:48	+01:21:29	13:24
160	1207	Maria João Silva	Individual	Senior Feminino	02:40:49	+01:21:30	13:24
161	1190	Isabel Mesquita	Individual	Senior Feminino	02:42:18	+01:22:59	13:32
162	1162	Ana Catarina Lino Delerue	Individual	Senior Feminino	02:42:19	+01:23:00	13:32
163	1191	Isabel Susana da Silva Moreira Próspero	Individual	Senior Feminino	02:42:50	+01:23:31	13:34
164	1156	Sandra Almendra	GRUPO DESPORTIVO SANTANDER TOTTA	Senior Feminino	02:43:21	+01:24:02	13:37
165	1575	Irene Madeira	SU TEAM & FRIENDS	Senior Feminino	02:44:59	+01:25:40	13:45
166	1574	Daniela Dias	SU TEAM & FRIENDS	Senior Feminino	02:45:00	+01:25:41	13:45
167	1573	Andreia Moura	SU TEAM & FRIENDS	Senior Feminino	02:45:01	+01:25:42	13:45
168	1577	Patricia Antunes	SU TEAM & FRIENDS	Senior Feminino	02:45:05	+01:25:46	13:45
169	1485	catia sofia neves braga	Ou vai ou racha	Senior Feminino	02:46:44	+01:27:25	13:54
170	1492	Paula Sousa	Ou vai ou racha	Senior Feminino	02:46:58	+01:27:39	13:55
171	1493	Silvia Rute Maciel	Ou vai ou racha	Senior Feminino	02:46:59	+01:27:40	13:55
172	1025	Natália Moreira	ALIANÇA DE GANDRA	Senior Feminino	02:47:16	+01:27:57	13:56
173	1490	Maria Fátima Martins Paiva	Ou vai ou racha	Senior Feminino	02:47:22	+01:28:03	13:57

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Trail Curto 12Km
12 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

174	1019	Elisabete Silva	ALIANÇA DE GANDRA	Senior Feminino	02:47:22	+01:28:03	13:57
175	1217	Rosalina Marques	Individual	Senior Feminino	02:47:37	+01:28:18	13:58
176	1183	Gisela Ferreira	Individual	Senior Feminino	02:47:37	+01:28:18	13:58
177	1195	Liliana Marques	Individual	Senior Feminino	02:48:12	+01:28:53	14:01
178	1483	ana rita barros neves magalhaes	Ou vai ou racha	Senior Feminino	02:48:27	+01:29:08	14:02
179	1411	Joana Ferreira	LA Zinco	Senior Feminino	02:48:49	+01:29:30	14:04
180	1488	maria arminda faria maciel	Ou vai ou racha	Senior Feminino	02:49:00	+01:29:41	14:05
181	1482	Adília Baltazar	Ou vai ou racha	Senior Feminino	02:49:22	+01:30:03	14:07
182	1029	Silvia Pinto	ALIANÇA DE GANDRA	Senior Feminino	02:50:54	+01:31:35	14:15
183	1014	Angela Almeida	ALIANÇA DE GANDRA	Senior Feminino	02:50:55	+01:31:36	14:15
184	1432	Raquel Santos	Manos RT	Senior Feminino	02:53:15	+01:33:56	14:26
185	1219	sandra Reis	Individual	Senior Feminino	02:55:15	+01:35:56	14:36
186	1223	Sara Soares	Individual	Senior Feminino	03:06:40	+01:47:21	15:33
187	1170	Carla Sousa	Individual	Senior Feminino	03:06:41	+01:47:22	15:33

Senior Masculino

1	1468	Bruno Silva	Oralklass-Amigos do Trail	Senior Masculino	01:04:45		05:24
2	1097	Nuno Carneiro	Clube Zupper	Senior Masculino	01:04:45		05:24
3	1155	Belmiro Moreira Ferreira	Grupo Desportivo Leões da Guarda Sport Clube	Senior Masculino	01:06:12	+01:27	05:31
4	1083	Adelino Martins da silva	clube recreativo retorta	Senior Masculino	01:06:51	+02:06	05:34
5	1588	Bruno Miguel Amorim Rodrigues	UMFCA WARRIORS	Senior Masculino	01:07:30	+02:45	05:37
6	1436	Hugo Gonçalves	MARCO TRAIL	Senior Masculino	01:09:27	+04:42	05:47
7	1099	Nuno Ribeiro	Clube Zupper	Senior Masculino	01:11:34	+06:49	05:58
8	351	Fernando Taborda	Oralklass-Amigos do Trail	Senior Masculino	01:11:58	+07:13	06:00
9	1122	Hélder Rocha	DOUROCONTA TRAIL TEAM	Senior Masculino	01:12:09	+07:24	06:01
10	1077	Camilo Guedes	Clube Pessoal Aguas Gaia	Senior Masculino	01:12:35	+07:50	06:03
11	1252	António Cabral	Individual	Senior Masculino	01:12:51	+08:06	06:04
12	1157	Nuno Figueiredo	GTT - Armazém do Caffè	Senior Masculino	01:13:53	+09:08	06:09
13	1112	Aderito Oliveira	Da-Ihe Gas	Senior Masculino	01:14:39	+09:54	06:13
14	1237	Abílio Martins Almeida	Individual	Senior Masculino	01:14:51	+10:06	06:14
15	1079	José Adelino	Clube Pessoal Aguas Gaia	Senior Masculino	01:15:12	+10:27	06:16
16	1105	Ricardo Rego	Clube Zupper	Senior Masculino	01:15:21	+10:36	06:17
17	1398	José Carlos F. Dias	José Carlos F. Dias	Senior Masculino	01:15:30	+10:45	06:17
18	1320	Joel Sousa Pinto	Individual	Senior Masculino	01:15:55	+11:10	06:20
19	1599	António Mendes	MULTIPOWER GAIA TRAIL	Senior Masculino	01:16:10	+11:25	06:21
20	1035	Fernando Oliveira	ALIANÇA DE GANDRA	Senior Masculino	01:17:14	+12:29	06:26
21	1308	Joao barbosa	Individual	Senior Masculino	01:17:17	+12:32	06:26
22	1590	Diogo Leandro Ferreira da Silva	UMFCA WARRIORS	Senior Masculino	01:17:17	+12:32	06:26
23	1121	Bruno Santos	DOUROCONTA TRAIL TEAM	Senior Masculino	01:18:13	+13:28	06:31
24	1104	Pedro Cancelo	Clube Zupper	Senior Masculino	01:18:25	+13:40	06:32
25	17	Filipe Moreira	ALIANÇA DE GANDRA	Senior Masculino	01:18:48	+14:03	06:34
26	1470	João Pinti	Oralklass-Amigos do Trail	Senior Masculino	01:19:12	+14:27	06:36
27	1363	Rafael campos dos santos	Individual	Senior Masculino	01:19:13	+14:28	06:36
28	1098	Nuno Cunha	Clube Zupper	Senior Masculino	01:19:52	+15:07	06:39

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Trail Curto 12Km

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

29	1113	Carlos Prudêncio	Da-lhe Gas	Senior Masculino	01:19:58	+15:13	06:40
30	1290	Francisco Miguel Matias Travassos	Individual	Senior Masculino	01:20:09	+15:24	06:41
31	1103	Paulo Silva	Clube Zupper	Senior Masculino	01:20:27	+15:42	06:42
32	16	Agostinho Sousa	ALIANÇA DE GANDRA	Senior Masculino	01:20:32	+15:47	06:43
33	1519	Lourenço Marques	PORTO SENTIDO RUNNERS	Senior Masculino	01:20:33	+15:48	06:43
34	1241	Alcino Gomes	Individual	Senior Masculino	01:20:44	+15:59	06:44
35	1124	Vitor Rio	DOUROCONTA TRAIL TEAM	Senior Masculino	01:20:55	+16:10	06:45
36	1291	Francisco Pinheiro	Individual	Senior Masculino	01:21:09	+16:24	06:46
37	1465	Ivo Dias	Oralklass-Amigos do Trail	Senior Masculino	01:22:27	+17:42	06:52
38	1076	RUI TEIXEIRA	CLUBE NOVO BANCO - DEL. NORTE	Senior Masculino	01:22:32	+17:47	06:53
39	1074	PAULO SANTOS	CLUBE NOVO BANCO - DEL. NORTE	Senior Masculino	01:22:32	+17:47	06:53
40	1263	Carlos André Teixeira Campos	Individual	Senior Masculino	01:23:02	+18:17	06:55
41	1404	Filipe Pereira	KeMedo Team	Senior Masculino	01:23:27	+18:42	06:57
42	1591	João Miguel Monteiro Ribeiro	UMFCA WARRIORS	Senior Masculino	01:24:28	+19:43	07:02
43	1297	Helder Ferreira	Individual	Senior Masculino	01:24:33	+19:48	07:03
44	1041	Mário Almeida	ALIANÇA DE GANDRA	Senior Masculino	01:24:43	+19:58	07:04
45	1115	José Pedro Sousa	Da-lhe Gas	Senior Masculino	01:24:49	+20:04	07:04
46	1114	José Carlos Rodrigues Gonçalves	Da-lhe Gas	Senior Masculino	01:24:49	+20:04	07:04
47	1082	Silvério Santos	Clube Pessoal Aguas Gaia	Senior Masculino	01:25:17	+20:32	07:06
48	1093	João Carolo	Clube Zupper	Senior Masculino	01:25:31	+20:46	07:08
49	1289	Filipe Neves	Individual	Senior Masculino	01:25:46	+21:01	07:09
50	1316	João Valente	Individual	Senior Masculino	01:25:46	+21:01	07:09
51	1059	Mário Rui Torres Gouveia	BUDEGUITA RUNNERS	Senior Masculino	01:25:53	+21:08	07:09
52	1036	Fernando Santos	ALIANÇA DE GANDRA	Senior Masculino	01:26:06	+21:21	07:10
53	1472	José Santos	Oralklass-Amigos do Trail	Senior Masculino	01:26:26	+21:41	07:12
54	1154	Nelson Moura	Grande Trilho Santa Maria	Senior Masculino	01:26:30	+21:45	07:12
55	21	José Neves	ALIANÇA DE GANDRA	Senior Masculino	01:26:59	+22:14	07:15
56	1009	Pedro Vieira	A.D.Sebolido Trail Boneca D'Ouro	Senior Masculino	01:27:48	+23:03	07:19
57	1246	André Maria	Individual	Senior Masculino	01:28:04	+23:19	07:20
58	1429	Sérgio Costa	LUSOS XXI	Senior Masculino	01:28:15	+23:30	07:21
59	1008	Tiago Castro	10TEMIDOS	Senior Masculino	01:28:29	+23:44	07:22
60	1275	David Filipe Gomes Henriques	Individual	Senior Masculino	01:28:32	+23:47	07:23
61	1247	André Montenegro Ferreira	Individual	Senior Masculino	01:29:09	+24:24	07:26
62	1534	Jorge Pacheco	RAMALVES	Senior Masculino	01:29:23	+24:38	07:27
63	1383	Sérgio Miguel Batista Couto	Individual	Senior Masculino	01:29:42	+24:57	07:29
64	1420	Hugo Moreira	Leões de Tardariz Trail	Senior Masculino	01:30:09	+25:24	07:31
65	1033	Carlos Campos	ALIANÇA DE GANDRA	Senior Masculino	01:31:22	+26:37	07:37
66	1458	Marco Almeida	Nascidos para Correr	Senior Masculino	01:31:26	+26:41	07:37
67	1038	Hélder Moreira	ALIANÇA DE GANDRA	Senior Masculino	01:31:43	+26:58	07:39
68	1058	Ricardo Barbosa	BTT Alegria / TUBANI	Senior Masculino	01:31:52	+27:07	07:39
69	1100	Paulo Alexandre Rodrigues	Clube Zupper	Senior Masculino	01:31:56	+27:11	07:40
70	143	Helder Parracho	Individual	Senior Masculino	01:32:04	+27:19	07:40
71	1312	João Paulo Ferreira	Individual	Senior Masculino	01:32:39	+27:54	07:43
72	379	Hugo Lopes	SS MONTEPIO	Senior Masculino	01:32:39	+27:54	07:43

Trail Curto 12Km
12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

73	1054	Bruno Filipe da Costa Mendes	AMIGOS DO PEDAL TRAILAGARES	Senior Masculino	01:33:16	+28:31	07:46
74	1462	Nuno Duarte	Oporto Blue Whippets	Senior Masculino	01:33:17	+28:32	07:46
75	1329	José Pires	Individual	Senior Masculino	01:33:26	+28:41	07:47
76	1088	António Teixeira	Clube Zupper	Senior Masculino	01:33:31	+28:46	07:48
77	1391	Tiago Santos	Individual	Senior Masculino	01:33:38	+28:53	07:48
78	1505	Manuel Barbosa	Paredes Running	Senior Masculino	01:33:39	+28:54	07:48
79	46	Miguel Dias	CLUBE NOVO BANCO - DEL. NORTE	Senior Masculino	01:33:40	+28:55	07:48
80	1039	José Dias	ALIANÇA DE GANDRA	Senior Masculino	01:34:01	+29:16	07:50
81	1396	Bruno Maia	Javalis Portugal	Senior Masculino	01:34:14	+29:29	07:51
82	1529	Joaquim Mesquita	Profisio Team	Senior Masculino	01:34:31	+29:46	07:53
83	1004	Octávio Andrade	.COM-Clube Orientação Minho	Senior Masculino	01:34:38	+29:53	07:53
84	1463	Pedro Sousa	Oporto Blue Whippets	Senior Masculino	01:34:53	+30:08	07:54
85	1509	Afonso Bonifacio	Pernetas	Senior Masculino	01:35:13	+30:28	07:56
86	1517	Ernesto Ribeiro	PORTO SENTIDO RUNNERS	Senior Masculino	01:35:13	+30:28	07:56
87	1328	José Manuel Silva Oliveira	Individual	Senior Masculino	01:35:17	+30:32	07:56
88	1516	Carlos Martins	PORTO SENTIDO RUNNERS	Senior Masculino	01:35:25	+30:40	07:57
89	1305	Hugo Sousa	Individual	Senior Masculino	01:35:42	+30:57	07:58
90	1106	Tiago Ramalho	Clube Zupper	Senior Masculino	01:35:46	+31:01	07:59
91	1426	Ricardo Fernandes	LOCOMOTIVA DE PARANHOS	Senior Masculino	01:35:48	+31:03	07:59
92	1342	Nelson Fernando Cardoso Leite	Individual	Senior Masculino	01:36:02	+31:17	08:00
93	1594	Ricardo Filipe das Neves Brás	UMFCA WARRIORS	Senior Masculino	01:36:09	+31:24	08:01
94	1593	Nuno Henrique Leirão Caraça	UMFCA WARRIORS	Senior Masculino	01:36:09	+31:24	08:01
95	1250	André Santos	Individual	Senior Masculino	01:36:21	+31:36	08:02
96	1279	Eduardo Esteves	Individual	Senior Masculino	01:36:46	+32:01	08:04
97	1262	Bruno José Gomes Monteiro	Individual	Senior Masculino	01:36:46	+32:01	08:04
98	1276	David Sousa	Individual	Senior Masculino	01:36:49	+32:04	08:04
99	1350	Paulo Assis	Individual	Senior Masculino	01:36:58	+32:13	08:05
100	1068	EUGÉNIO GONÇALVES	CLUBE NOVO BANCO - DEL. NORTE	Senior Masculino	01:37:04	+32:19	08:05
101	1515	Bruno Guedes	PORTO SENTIDO RUNNERS	Senior Masculino	01:37:08	+32:23	08:06
102	1128	BRUNO SOUSA	ele e ela	Senior Masculino	01:37:10	+32:25	08:06
103	1102	Paulo Sergio Ferreira	Clube Zupper	Senior Masculino	01:37:12	+32:27	08:06
104	1123	Tiago Pinto	DOUROCONTA TRAIL TEAM	Senior Masculino	01:37:24	+32:39	08:07
105	130	César Lopes	Individual	Senior Masculino	01:37:26	+32:41	08:07
106	1323	Jorge Martinho Ribeiro	Individual	Senior Masculino	01:37:37	+32:52	08:08
107	1080	José Barbosa	Clube Pessoal Aguas Gaia	Senior Masculino	01:37:42	+32:57	08:08
108	1380	sergio alberto costa sousa	Individual	Senior Masculino	01:37:47	+33:02	08:09
109	1037	Francisco Bogalho	ALIANÇA DE GANDRA	Senior Masculino	01:37:50	+33:05	08:09
110	1042	Paulo Sousa	ALIANÇA DE GANDRA	Senior Masculino	01:37:50	+33:05	08:09
111	1090	Fernando Carneiro	Clube Zupper	Senior Masculino	01:37:53	+33:08	08:09
112	1034	Carlos Martins	ALIANÇA DE GANDRA	Senior Masculino	01:37:55	+33:10	08:10
113	1324	José Adriano Mota	Individual	Senior Masculino	01:38:03	+33:18	08:10
114	1261	Bruno Cardoso Araujo	Individual	Senior Masculino	01:38:05	+33:20	08:10
115	1091	Filipe Sousa	Clube Zupper	Senior Masculino	01:38:13	+33:28	08:11
116	1119	Ricardo Fernandes	DeniroVip	Senior Masculino	01:38:49	+34:04	08:14

Trail Curto 12Km
12 KM
OFFICIAL RESULT

117	1393	Vitor Almeida	Individual	Senior Masculino	01:38:56	+34:11	08:15
118	1571	Rui Vasques	SS MONTEPIO	Senior Masculino	01:39:04	+34:19	08:15
119	1332	Leonel Belarmino Faria Alves	Individual	Senior Masculino	01:39:32	+34:47	08:18
120	1355	Pedro Ferreira	Individual	Senior Masculino	01:39:38	+34:53	08:18
121	1092	Gabriel Moreira	Clube Zupper	Senior Masculino	01:39:52	+35:07	08:19
122	1455	Antonio Fernandes	Nascidos para Correr	Senior Masculino	01:39:57	+35:12	08:20
123	1449	Joaquim Pereira	Mozelos Runners	Senior Masculino	01:40:05	+35:20	08:20
124	1146	AMERICO FRANÇA	frança	Senior Masculino	01:40:11	+35:26	08:21
125	1287	Filipe Manuel Ferreira da Conceição	LOCOMOTIVA DE PARANHOS	Senior Masculino	01:40:29	+35:44	08:22
126	1070	JORGE FERNANDES	CLUBE NOVO BANCO - DEL. NORTE	Senior Masculino	01:40:31	+35:46	08:23
127	1385	Sérgio Moreira	Individual	Senior Masculino	01:40:40	+35:55	08:23
128	1388	Simão Castro	Individual	Senior Masculino	01:40:40	+35:55	08:23
129	1326	José Carlos Santos Coelho Pereira	Individual	Senior Masculino	01:40:43	+35:58	08:24
130	1310	João Filipe Meneses Espinheira Rio	Individual	Senior Masculino	01:40:51	+36:06	08:24
131	53	Helder Vieira	Clube Zupper	Senior Masculino	01:40:53	+36:08	08:24
132	1096	José Martins	Clube Zupper	Senior Masculino	01:41:13	+36:28	08:26
133	1294	Gilberto Orlando	Individual	Senior Masculino	01:41:15	+36:30	08:26
134	1373	ricardoribeiro	Individual	Senior Masculino	01:41:15	+36:30	08:26
135	1072	PAULO CERQUEIRA	CLUBE NOVO BANCO - DEL. NORTE	Senior Masculino	01:41:38	+36:53	08:28
136	1514	Avelino Rodrigues	PORTO SENTIDO RUNNERS	Senior Masculino	01:41:40	+36:55	08:28
137	1095	Joel Santos	Clube Zupper	Senior Masculino	01:41:47	+37:02	08:29
138	1349	Osmar Machado	Individual	Senior Masculino	01:41:50	+37:05	08:29
139	1535	Rui Alves	RAMALVES	Senior Masculino	01:41:54	+37:09	08:29
140	1293	Gerson alves	Individual	Senior Masculino	01:42:31	+37:46	08:33
141	1394	vitor campos	Individual	Senior Masculino	01:42:36	+37:51	08:33
142	1433	Paulo Cardoso	Manos RT	Senior Masculino	01:42:36	+37:51	08:33
143	1057	Juca Teixeira	BTT Alegria / TUBANI	Senior Masculino	01:43:04	+38:19	08:35
144	1348	nuno sousa	Individual	Senior Masculino	01:43:04	+38:19	08:35
145	1446	António Rodrigues	Mozelos Runners	Senior Masculino	01:43:08	+38:23	08:36
146	1387	SILVIO MIGUEL ALVES FERREIRA	Individual	Senior Masculino	01:43:08	+38:23	08:36
147	1403	Fernando barata	KeMedo Team	Senior Masculino	01:43:28	+38:43	08:37
148	1239	ALBERTO CARVALHO	Individual	Senior Masculino	01:43:33	+38:48	08:38
149	1504	Luis Ribeiro	Paredes Running	Senior Masculino	01:43:38	+38:53	08:38
150	1148	Bruno Marques	Fura Trilhos	Senior Masculino	01:43:54	+39:09	08:39
151	306	José Castro	Leões de Tardariz Trail	Senior Masculino	01:43:58	+39:13	08:40
152	1089	Carlos Freixo	Clube Zupper	Senior Masculino	01:44:32	+39:47	08:43
153	1280	Eduardo Ferreira	Individual	Senior Masculino	01:44:38	+39:53	08:43
154	1272	Cesar goncalves carneiro	Individual	Senior Masculino	01:44:40	+39:55	08:43
155	1319	Joaquim Vidal	Individual	Senior Masculino	01:44:40	+39:55	08:43
156	1518	Fernando Ferraz	PORTO SENTIDO RUNNERS	Senior Masculino	01:44:49	+40:04	08:44
157	1071	JOSÉ MIRANDA	CLUBE NOVO BANCO - DEL. NORTE	Senior Masculino	01:45:20	+40:35	08:47
158	1371	Ricardo Pinto	Individual	Senior Masculino	01:45:21	+40:36	08:47
159	1006	Paulo Ribeiro	10TEMIDOS	Senior Masculino	01:45:27	+40:42	08:47
160	1045	Telmo Almeida	ALIANÇA DE GANDRA	Senior Masculino	01:45:47	+41:02	08:49

Trail Curto 12Km

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

161	1392	Vicente de Sousa	Individual	Senior Masculino	01:45:47	+41:02	08:49
162	1149	Martinho Lopes	Fura Trilhos	Senior Masculino	01:45:54	+41:09	08:49
163	1303	Hugo Manuel Sousa Moreira	Individual	Senior Masculino	01:46:10	+41:25	08:51
164	1376	Rogério de Almeida Pacheco	Individual	Senior Masculino	01:46:31	+41:46	08:53
165	1452	Fernando Patricio	MULTIPOWER GAIA TRAIL	Senior Masculino	01:46:43	+41:58	08:54
166	1339	Manuel Vieira	Individual	Senior Masculino	01:46:52	+42:07	08:54
167	1567	Pedro Soares	SS MONTEPIO	Senior Masculino	01:46:58	+42:13	08:55
168	1511	Dario lopes	Pernetas	Senior Masculino	01:47:02	+42:17	08:55
169	1295	Goncalo Aroso	Individual	Senior Masculino	01:47:02	+42:17	08:55
170	1550	paulo cunha	sogima	Senior Masculino	01:47:27	+42:42	08:57
171	1296	Gustavo Rangel	Individual	Senior Masculino	01:47:40	+42:55	08:58
172	1147	António Ribeiro	Fura Trilhos	Senior Masculino	01:48:13	+43:28	09:01
173	1139	Pedro Silva	FALTA DE TREINO	Senior Masculino	01:48:32	+43:47	09:03
174	1043	Roberto Moreira	ALIANÇA DE GANDRA	Senior Masculino	01:48:33	+43:48	09:03
175	1318	Joaquim Torres	Individual	Senior Masculino	01:48:34	+43:49	09:03
176	1267	carlos jorge oliveira figueiredo	Individual	Senior Masculino	01:48:34	+43:49	09:03
177	1527	Vasco Ortigão Oliveira	Portucale	Senior Masculino	01:48:35	+43:50	09:03
178	1564	Hugo Costa	SS MONTEPIO	Senior Masculino	01:49:28	+44:43	09:07
179	383	Julio Santos	SS MONTEPIO	Senior Masculino	01:49:37	+44:52	09:08
180	1565	Hugo Silva	SS MONTEPIO	Senior Masculino	01:49:40	+44:55	09:08
181	1378	Rui Miguel Oliveira Pinto Ferreira	Individual	Senior Masculino	01:49:43	+44:58	09:09
182	1335	Luís Gomes	Individual	Senior Masculino	01:49:57	+45:12	09:10
183	1075	PEDRO MIGUEL	CLUBE NOVO BANCO - DEL. NORTE	Senior Masculino	01:50:25	+45:40	09:12
184	1049	serafim fonseca	amigos de s.pedro da cova	Senior Masculino	01:50:31	+45:46	09:13
185	1048	joão fonseca	amigos de s.pedro da cova	Senior Masculino	01:50:32	+45:47	09:13
186	1047	emidio pontes	amigos de s.pedro da cova	Senior Masculino	01:50:32	+45:47	09:13
187	1460	Emanuel Dias	ONE MORE MILE	Senior Masculino	01:50:33	+45:48	09:13
188	1007	Rui Sá	10TEMIDOS	Senior Masculino	01:50:37	+45:52	09:13
189	1063	Avelino Pereira	CCDTC.M.GONDOMAR	Senior Masculino	01:50:46	+46:01	09:14
190	276	Rui Fernandes	Individual	Senior Masculino	01:50:47	+46:02	09:14
191	1539	helder rocha	reumatico	Senior Masculino	01:50:47	+46:02	09:14
192	1249	André Resende Vilar de figueiredo	Individual	Senior Masculino	01:50:51	+46:06	09:14
193	1360	Pedro Resende	Individual	Senior Masculino	01:50:52	+46:07	09:14
194	1427	Sérgio Santos	LOCOMOTIVA DE PARANHOS	Senior Masculino	01:51:05	+46:20	09:15
195	1425	André Fraga	LOCOMOTIVA DE PARANHOS	Senior Masculino	01:51:05	+46:20	09:15
196	1359	Pedro Monteiro	Individual	Senior Masculino	01:51:08	+46:23	09:16
197	1548	manuel vieira	sogima	Senior Masculino	01:51:10	+46:25	09:16
198	1414	Carlos Alves	LA Zinco	Senior Masculino	01:51:24	+46:39	09:17
199	1365	Ricardo Costa	Individual	Senior Masculino	01:51:39	+46:54	09:18
200	1094	João Rodrigues	Clube Zupper	Senior Masculino	01:51:59	+47:14	09:20
201	1101	Paulo Morais	Clube Zupper	Senior Masculino	01:52:11	+47:26	09:21
202	1421	Filipe Pereira	LION RUNNERS – G. D. Leões da Guarda	Senior Masculino	01:52:16	+47:31	09:21
203	1381	Sérgio Carneiro	Individual	Senior Masculino	01:52:25	+47:40	09:22
204	1351	Paulo Carneiro	Individual	Senior Masculino	01:52:25	+47:40	09:22
205	1257	António Rocha	Individual	Senior Masculino	01:52:39	+47:54	09:23

Trail Curto 12Km
12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

206	1345	nuno braga	Individual	Senior Masculino	01:52:48	+48:03	09:24
207	1447	Bernardino Silva	Mozelos Runners	Senior Masculino	01:52:57	+48:12	09:25
208	1384	Sérgio Miguel Durana Valente	Individual	Senior Masculino	01:53:02	+48:17	09:25
209	1266	Carlos Filipe Pinto Silva Rola	Individual	Senior Masculino	01:53:20	+48:35	09:27
210	1402	tiago neves	kandimba running	Senior Masculino	01:53:58	+49:13	09:30
211	1340	Mário Batista	Individual	Senior Masculino	01:54:06	+49:21	09:31
212	1304	Hugo Peixoto	Individual	Senior Masculino	01:54:21	+49:36	09:32
213	1356	Pedro Gomes	Individual	Senior Masculino	01:54:42	+49:57	09:34
214	1431	Nuno truta	Maia AC	Senior Masculino	01:54:59	+50:14	09:35
215	1551	Cláudio Silva	Somos Nós Team	Senior Masculino	01:55:11	+50:26	09:36
216	1260	Bruno André	Individual	Senior Masculino	01:55:23	+50:38	09:37
217	1361	Pedro Travassos	Individual	Senior Masculino	01:55:23	+50:38	09:37
218	1032	António Paiva	ALIANÇA DE GANDRA	Senior Masculino	01:55:36	+50:51	09:38
219	1530	Pedro Anjos	Pupilos	Senior Masculino	01:55:39	+50:54	09:38
220	1531	Sara Soares	Pupilos	Senior Masculino	01:55:39	+50:54	09:38
221	1322	Jorge Manuel Borges Ferreira	Individual	Senior Masculino	01:55:42	+50:57	09:38
222	1244	Alvaro Cardoso	Individual	Senior Masculino	01:56:04	+51:19	09:40
223	1285	Fernando Silva.	Individual	Senior Masculino	01:56:05	+51:20	09:40
224	49	RUI RODRIGUES	CLUBE NOVO BANCO - DEL. NORTE	Senior Masculino	01:56:45	+52:00	09:44
225	1277	Diogo Trindade	Individual	Senior Masculino	01:56:45	+52:00	09:44
226	1347	Nuno Mendes	Individual	Senior Masculino	01:56:52	+52:07	09:44
227	1526	Miguel Soares Vieira	Portucale	Senior Masculino	01:57:03	+52:18	09:45
228	1503	Antonio Barbosa	Paredes Running	Senior Masculino	01:57:33	+52:48	09:48
229	1525	Filipe Soares Vieira	Portucale	Senior Masculino	01:57:38	+52:53	09:48
230	1346	Nuno Felgueiras	Individual	Senior Masculino	01:57:40	+52:55	09:48
231	1374	Roberto Nogueira	Individual	Senior Masculino	01:57:43	+52:58	09:49
232	1248	André Oliveira	Individual	Senior Masculino	01:57:44	+52:59	09:49
233	1243	Alfredo Rocha Astorga Viana	Individual	Senior Masculino	01:57:52	+53:07	09:49
234	1325	Jose Carlos da Fonseca Magalhaes	Individual	Senior Masculino	01:57:52	+53:07	09:49
235	1299	HENRIQUE GUEDES VICÊNCIO	Individual	Senior Masculino	01:58:03	+53:18	09:50
236	1286	fernando teixeira	Individual	Senior Masculino	01:59:03	+54:18	09:55
237	1126	Helder Santos	Dupla Imbatível	Senior Masculino	01:59:05	+54:20	09:55
238	1313	João Paulo Regal de Sousa	Individual	Senior Masculino	01:59:07	+54:22	09:56
239	1566	Ivo Martins	SS MONTEPIO	Senior Masculino	01:59:12	+54:27	09:56
240	1390	Tiago Mendes	Individual	Senior Masculino	01:59:40	+54:55	09:58
241	1461	Helder Magalhães	ONE MORE MILE	Senior Masculino	01:59:48	+55:03	09:59
242	1353	Paulo Sampaio	Individual	Senior Masculino	01:59:56	+55:11	10:00
243	1044	Sérgio Pereira	ALIANÇA DE GANDRA	Senior Masculino	02:00:05	+55:20	10:00
244	1278	Eduardo César Santos Guerra Ramalho	Individual	Senior Masculino	02:00:09	+55:24	10:01
245	1270	Carlos Russo	Individual	Senior Masculino	02:00:20	+55:35	10:02
246	1357	Pedro Manuel Silva	Individual	Senior Masculino	02:00:28	+55:43	10:02
247	1397	Artur Cardoso	João Ferreira	Senior Masculino	02:00:54	+56:09	10:04
248	1061	Quim	CAETANO RUNNERS	Senior Masculino	02:00:54	+56:09	10:05
249	45	Rui Manuel Almeida Dias	Clube Galp Energia Norte	Senior Masculino	02:00:57	+56:12	10:05
250	1331	JOSE SOUSA PEREIRA	Individual	Senior Masculino	02:00:57	+56:12	10:05
251	1401	alexandre souza	kandimba running	Senior Masculino	02:00:58	+56:13	10:05

Trail Curto 12Km

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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296	1569	Ricardo Rui Silva	SS MONTEPIO	Senior Masculino	02:11:19	+01:06:34	10:57
297	1561	Alfredo Abreu	SS MONTEPIO	Senior Masculino	02:11:19	+01:06:34	10:57
298	1568	Raul Pereira	SS MONTEPIO	Senior Masculino	02:11:19	+01:06:34	10:57
299	1434	Pedro Cardoso	Manos RT	Senior Masculino	02:11:34	+01:06:49	10:58
300	1067	ALBERTO LIZARDO	CLUBE NOVO BANCO - DEL. NORTE	Senior Masculino	02:12:09	+01:07:24	11:01
301	1238	Agostinho Costa	Individual	Senior Masculino	02:12:28	+01:07:43	11:02
302	1265	Carlos Conde	Individual	Senior Masculino	02:12:28	+01:07:43	11:02
303	1377	Rui Almeida	Individual	Senior Masculino	02:13:07	+01:08:22	11:06
304	1334	Luís Faria	Individual	Senior Masculino	02:13:22	+01:08:37	11:07
305	1508	Paulo Oliveira	Pari Passu	Senior Masculino	02:14:55	+01:10:10	11:15
306	1506	Jorge Ferreira	Pari Passu	Senior Masculino	02:14:55	+01:10:10	11:15
307	1301	Hugo Adriano Ferreira Maia	Individual	Senior Masculino	02:15:14	+01:10:29	11:16
308	1274	Daniel Ferreira	Individual	Senior Masculino	02:15:14	+01:10:29	11:16
309	1364	Ricardo Augusto Rafael Arruda	Individual	Senior Masculino	02:16:48	+01:12:03	11:24
310	1269	Carlos Miguel da Silva Rocha	Individual	Senior Masculino	02:17:03	+01:12:18	11:25
311	1302	Hugo Alves	Individual	Senior Masculino	02:17:07	+01:12:22	11:26
312	1456	Antonio Rebocho	Nascidos para Correr	Senior Masculino	02:17:53	+01:13:08	11:29
313	1475	paulo santos	Os Aceleras	Senior Masculino	02:18:12	+01:13:27	11:31
314	1242	Alexandre Joao Lopes	Individual	Senior Masculino	02:19:20	+01:14:35	11:37
315	1389	Telmo Rodrigues	Individual	Senior Masculino	02:19:25	+01:14:40	11:37
316	1445	Nuno Moreira	Moinhos Run - ADRM	Senior Masculino	02:19:42	+01:14:57	11:39
317	1046	Vitor Rocha	ALIANÇA DE GANDRA	Senior Masculino	02:22:51	+01:18:06	11:54
318	1111	Raul Cunha	cUnHaX	Senior Masculino	02:23:26	+01:18:41	11:57
319	1273	Cláudio Filipe da Silva Tereso	Individual	Senior Masculino	02:23:43	+01:18:58	11:59
320	1141	Carlos Leal	Familia Patanisca	Senior Masculino	02:25:06	+01:20:21	12:06
321	1596	David Silva	Wild Runners	Senior Masculino	02:26:46	+01:22:01	12:14
322	1354	Paulo Sousa	Individual	Senior Masculino	02:28:01	+01:23:16	12:20
323	1143	José Castelo	Fardetas	Senior Masculino	02:28:02	+01:23:17	12:20
324	1333	Luís Alves	Individual	Senior Masculino	02:28:38	+01:23:53	12:23
325	1547	jose Pinheiro	sogima	Senior Masculino	02:32:01	+01:27:16	12:40
326	1370	Ricardo Nogueira	Individual	Senior Masculino	02:32:04	+01:27:19	12:40
327	1138	Gene Gomes Torres	FALTA DE TREINO	Senior Masculino	02:32:27	+01:27:42	12:42
328	1258	Armindo Moura	Individual	Senior Masculino	02:32:40	+01:27:55	12:43
329	1597	Paulo Graça	Individual	Senior Masculino	02:32:40	+01:27:55	12:43
330	1282	Elisabete Santos	Individual	Senior Masculino	02:33:16	+01:28:31	12:46
331	1386	Sérgio Sousa	Individual	Senior Masculino	02:33:57	+01:29:12	12:50
332	1330	José Saraiva	Individual	Senior Masculino	02:35:31	+01:30:46	12:58
333	1011	António Picotês	Abutres do Douro	Senior Masculino	02:36:18	+01:31:33	13:02
334	1538	bruno fonseca	reumatico	Senior Masculino	02:36:28	+01:31:43	13:02
335	1118	Nuno Ribeiro	dbearth	Senior Masculino	02:38:35	+01:33:50	13:13
336	1306	Hugo Vitor Gomes Correia	Individual	Senior Masculino	02:40:36	+01:35:51	13:23
337	1253	Antonio Carlos Fernandes da Costa	Individual	Senior Masculino	02:40:36	+01:35:51	13:23
338	1522	Dinis Sousa	PORTOCARGO	Senior Masculino	02:40:40	+01:35:55	13:23
339	1369	Ricardo Macedo	Individual	Senior Masculino	02:40:49	+01:36:04	13:24
340	1281	Élio Veiga	Individual	Senior Masculino	02:41:53	+01:37:08	13:29
341	1358	Pedro Miguel Cristóvão Próspero	Individual	Senior Masculino	02:42:50	+01:38:05	13:34

Trail Curto 12Km

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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342	1343	Norberto Simões Eustáquio	Individual	Senior Masculino	02:47:07	+01:42:22	13:56
343	1523	MANUEL ALMEIDA	PORTOCARGO	Senior Masculino	02:47:46	+01:43:01	13:59
344	1416	Luis Silva	LA Zinco	Senior Masculino	02:48:49	+01:44:04	14:04

23KM TEAM PERFORMANCE LONGO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	MULTIPOWER GAIA TRAIL	06:35:23 [1 + 6 + 8]	0
2	GTT - Armazém do Caffè	07:37:58 [18 + 26 + 30]	0
3	Clube Zupper	08:21:49 [31 + 39 + 118]	0
4	ALIANÇA DE GANDRA	08:25:19 [36 + 58 + 83]	0
5	Leões de Tardariz Trail	08:30:49 [49 + 66 + 77]	0
6	Trocopasso Runners	08:32:09 [46 + 47 + 104]	0
7	KeMedo Team	08:43:42 [52 + 55 + 135]	0
8	Nascidos para Correr	08:45:30 [84 + 85 + 87]	0
9	Oralklass-Amigos do Trail	09:15:44 [12 + 179 + 187]	0
10	Adega Tia Micas	09:22:54 [45 + 116 + 205]	0
11	Fitspot - Parque Nascente	09:29:32 [99 + 101 + 197]	0
12	CAES D AVENIDA	09:40:06 [15 + 211 + 212]	0
13	PORTOCARGO	09:49:27 [156 + 160 + 161]	0
14	SS MONTEPIO	09:50:20 [134 + 151 + 192]	0
15	HALP	10:51:34 [159 + 191 + 274]	0
16	Clube Galp Energia Norte	11:17:15 [177 + 264 + 265]	0
17	PORTO SENTIDO RUNNERS	12:18:46 [51 + 308 + 310]	0

12K Team Building Curto (4 Atletas)

Rk	Clube
1	CLUBE ZUPPER
2	ORALKLASS-AMIGOS DO TRAIL
3	ALIANÇA DE GANDRA
4	DA-LHE GAS
5	UMFCA WARRIORS
6	CLUBE NOVO BANCO - DEL. NORTE
7	PORTO SENTIDO RUNNERS
8	DOUROCONTA TRAIL TEAM
9	CLUBE PESSOAL AGUAS GAIA
10	SS MONTEPIO
11	10TEMIDOS
12	LOCOMOTIVA DE PARANHOS
13	AMIGOS DO PEDAL TRAILAGARES
14	PAREDES RUNNING
15	REUMATICO
16	KANDIMBA RUNNING
17	NASCIDOS PARA CORRER
18	MOZELOS RUNNERS
19	RUMO À AVENTURA
20	PARI PASSU
21	MOINHOS RUN - ADRM
22	LEÕES DE TARDARIZ TRAIL
23	LA ZINCO
24	OU VAI OU RACHA
25	PORTOCARGO
26	MANOS RT

23K Team Building Longo (10 Atletas)

Rk	Clube
1	MULTIPOWER GAIA TRAIL
2	CLUBE ZUPPER