

PROVA PRINCIPAL - STAGE 1

10 KM

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REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	19:00	-99°C	-99%
End	20:57	13.9°C	68%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1477	José Gaspar	individual	Veterano M35	37:21		03:44
2	1460	Adolfo Leal	restaurante o cartaxeiro - caneaças	Veterano M45	44:07	+06:46	04:25
3	1293	Sérgio Eduardo Pereira Tavares	friends2run	Veterano M35	45:01	+07:40	04:30
4	1461	Arlindo Costa Paixão	restaurante o cartaxeiro - caneaças	Veterano M45	45:20	+07:59	04:32
5	1110	Nuno Silva	m&b	Veterano M35	45:31	+08:10	04:33
6	1160	Bruno Dias	adraga btteam	Veterano M35	45:41	+08:20	04:34
7	1163	Fábio Anselmo	duros ls 68	Senior Masculino	47:35	+10:14	04:46
8	1164	Mário B. Duarte	duros ls 68	Veterano M35	47:35	+10:14	04:46
9	1472	Daniel Miguel	individual	Senior Masculino	47:44	+10:23	04:46
10	1240	Fábio Jorge Pinto da Silva	associação jorge pina	Senior Masculino	48:40	+11:19	04:52
11	1380	Jorge Anjos	gsk	Veterano M45	49:19	+11:58	04:56
12	1086	jose gomes	individual	Veterano M55	49:29	+12:08	04:57
13	1287	Maciej Szopa	vege runners	Veterano M35	49:33	+12:12	04:57
14	1037	João Duarte	people family turtles	Senior Masculino	50:30	+13:09	05:03
15	1462	Rui Ferreira	restaurante o cartaxeiro - caneaças	Veterano M35	50:32	+13:11	05:03
16	1408	Rui Salvado	corrida noturna	Veterano M35	50:41	+13:20	05:04
17	1149	Edgar Alberto Serdoura Trigo	individual	Veterano M45	50:59	+13:38	05:06
18	1213	Carlos Manuel Marques	individual	Veterano M35	51:17	+13:56	05:08
19	1463	Fernando Carreiro	restaurante o cartaxeiro - caneaças	Veterano M45	51:57	+14:36	05:12
20	1162	Silvino A. Patrão	duros ls 68	Senior Masculino	52:18	+14:57	05:14
21	1454	Rogério Paulo de Amorim Fernandes	gindungo	Veterano M35	52:33	+15:12	05:15
22	1369	Bruno Caetano	individual	Senior Masculino	52:39	+15:18	05:16
23	1456	Pedro Machado	tough trails alenquer	Veterano M35	53:01	+15:40	05:18
24	1085	João Prisal	100fitclub	Veterano M35	53:24	+16:03	05:20
25	1059	Ricardo Morgado	panquecas	Veterano M35	53:29	+16:08	05:21
26	1449	Sérgio Mateus	individual	Veterano M35	53:30	+16:09	05:21
27	1128	Diogo Inácio	individual	Senior Masculino	53:33	+16:12	05:21
28	1313	Carlos Ribeiro	individual	Senior Masculino	53:58	+16:37	05:24
29	1306	Antônio barata	individual	Veterano M55	53:59	+16:38	05:24
30	1012	joao pedro marques	individual	Veterano M35	54:08	+16:47	05:25
31	1205	João Rosa	individual	Senior Masculino	54:10	+16:49	05:25
32	1288	Cédric Monteiro	1° direito	Senior Masculino	54:13	+16:52	05:25
33	1177	Anabela Branco da Costa	100fitclub	Senior Feminino	54:15	+16:54	05:25
34	1058	VALTER MARTIM	individual	Senior Masculino	54:33	+17:12	05:27
35	1018	João Louro	individual	Senior Masculino	54:35	+17:14	05:28
36	1368	Daniel Inca	individual	Veterano M35	54:43	+17:22	05:28
37	1242	Nuno Matias	individual	Veterano M35	55:02	+17:41	05:30
38	1423	Luís Rosa	individual	Veterano M35	55:04	+17:43	05:30
39	1204	António Espinheira	individual	Senior Masculino	55:15	+17:54	05:31
40	1365	Raimundo Pechilga	tartarugas solidárias	Veterano M45	55:42	+18:21	05:34
41	1484	Atleta 1484	individual	Senior Masculino	55:52	+18:31	05:35

PROVA PRINCIPAL - STAGE 1

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
87	1442	Pedro Sousa	z-gym	Senior Masculino	01:02:19	+24:58	06:14
88	1345	Tiago Dias	individual	Senior Masculino	01:02:23	+25:02	06:14
89	1386	Rodolfo Ferreira	gsk	Senior Masculino	01:02:26	+25:05	06:15
90	1249	Fabio Emauel Ferreira Querido	fantastik for	Senior Masculino	01:02:34	+25:13	06:15
91	1428	Filipe Junot	monte da lua	Senior Masculino	01:02:35	+25:14	06:16
92	1185	Luís Miguel Alves	individual	Veterano M45	01:02:58	+25:37	06:18
93	1251	Artiom trostnestky	fantastik for	Senior Masculino	01:03:03	+25:42	06:18
94	1061	Diogo Marques	team pinto	Senior Masculino	01:03:28	+26:07	06:21
95	1469	Patricio Tavares	nucase	Senior Masculino	01:03:45	+26:24	06:23
96	1372	Joao Rosa	individual	Veterano M35	01:03:49	+26:28	06:23
97	1091	David Silva	nature	Senior Masculino	01:03:59	+26:38	06:24
98	1006	Vasco Braz	hellvolt	Veterano M35	01:04:00	+26:39	06:24
99	1452	Hugo Jorge	gindungo	Senior Masculino	01:04:08	+26:47	06:25
100	1347	André Tomaz Lopes	cfs	Veterano M35	01:04:17	+26:56	06:26
101	1374	José Caiado Silva	individual	Veterano M45	01:04:22	+27:01	06:26
102	1417	Manuel Aço	pepsico portugal	Veterano M45	01:04:49	+27:28	06:29
103	1500	Atleta 1500	individual	Senior Masculino	01:04:51	+27:30	06:29
104	1322	Renato Guilherme	caracóis de pedra	Veterano M35	01:05:02	+27:41	06:30
105	1113	JORGE HUMBERTO PEREIRA	individual	Veterano M45	01:05:11	+27:50	06:31
106	1044	Nuno Bóia	individual	Veterano M35	01:05:17	+27:56	06:32
107	1319	Paulo Alexandre Sadio	individual	Senior Masculino	01:05:18	+27:57	06:32
108	1184	Daniela Santos	correr por um sorriso	Veterana F35	01:05:18	+27:57	06:32
109	1350	João Pita	cfs	Veterano M35	01:05:24	+28:03	06:32
110	1062	Nuno Jesus	nós	Veterano M35	01:05:29	+28:08	06:33
111	1092	Carlos Luis	amigos do sabugo	Veterano M45	01:05:50	+28:29	06:35
112	1093	Fernando Monteiro	amigos do sabugo	Veterano M45	01:05:50	+28:29	06:35
113	1073	Carlos Eduardo Bastos Dias	individual	Senior Masculino	01:05:51	+28:30	06:35
114	1263	Tiago Alexandre Marques Cairrão	individual	Senior Masculino	01:05:51	+28:30	06:35
115	1167	Mário Louro	individual	Veterano M45	01:05:53	+28:32	06:35
116	1400	Carla Figueira	o praticante	Veterana F35	01:05:55	+28:34	06:35
117	1014	Ana Mendes	individual	Veterana F35	01:05:55	+28:34	06:36
118	1145	Ana Teixeira	ana teixeira	Senior Feminino	01:06:02	+28:41	06:36
119	1366	Sara Agostinho	individual	Senior Feminino	01:06:02	+28:41	06:36
120	1455	Ricardo Mendes Esteves	individual	Senior Masculino	01:06:05	+28:44	06:37
121	1089	Luis Cruz	individual	Veterano M35	01:06:07	+28:46	06:37
122	1266	Marisa Chemela	urban hiit mafra	Veterana F35	01:06:07	+28:46	06:37
123	1150	Claudia Elvas	claudia elvas	Senior Feminino	01:06:16	+28:55	06:38
124	1375	Juan Costa	arizona	Senior Masculino	01:06:18	+28:57	06:38
125	1348	Sérgio Vicente	cfs	Veterano M35	01:06:26	+29:05	06:39
126	1197	Hugo Reis	rush team	Veterano M35	01:06:31	+29:10	06:39
127	1024	Ana Vences	amazon	Veterana F35	01:06:33	+29:12	06:39
128	1315	Ruben Gonçalves	salsamotorsport	Senior Masculino	01:06:40	+29:19	06:40
129	1399	David Silva	o praticante	Veterano M45	01:06:44	+29:23	06:40
130	1179	Pedro Martins	people team	Veterano M35	01:07:02	+29:41	06:42
131	1107	Nuno Valente	os valentes	Senior Masculino	01:07:23	+30:02	06:44
132	1108	Pedro Valente	os valentes	Veterano M35	01:07:23	+30:02	06:44

PROVA PRINCIPAL - STAGE 1
10 KM
OFFICIAL RESULT
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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
133	1312	Paulo Soberano	individual	Veterano M45	01:07:26	+30:05	06:45
134	1416	Luís Horta	pepsico portugal	Senior Masculino	01:07:33	+30:12	06:45
135	1401	Carlos Figueira	o praticante	Veterano M35	01:07:37	+30:16	06:46
136	1258	Paulo Soares	ccd siemens	Veterano M35	01:07:43	+30:22	06:46
137	1016	Helena Moreira	casa do benfica algueirão/mem martins	Veterana F35	01:07:43	+30:22	06:46
138	1115	MANUELA FOLGADO	falcões selvagens	Veterana F55	01:07:51	+30:30	06:47
139	1121	André Filipe Tavares Castanheira	individual	Senior Masculino	01:07:53	+30:32	06:47
140	1377	Vilma Colaço	ana teixeira	Veterana F35	01:07:53	+30:32	06:47
141	1431	Diogo Cardoso	frutas campo	Senior Masculino	01:07:53	+30:32	06:47
142	1376	Rute Silva	vilma	Veterana F35	01:08:00	+30:39	06:48
143	1020	Susana Mendes	individual	Senior Feminino	01:08:01	+30:40	06:48
144	1129	Natacha Aguiar	individual	Veterana F35	01:08:03	+30:42	06:48
145	1318	Luísa Lopes	novos trilhos	Veterana F45	01:08:42	+31:21	06:52
146	1439	Angela da Costa	z-gym	Senior Feminino	01:09:33	+32:12	06:57
147	1039	Tânia Santana	people family turtles	Senior Feminino	01:09:35	+32:14	06:58
148	1088	André Jorge	nature	Senior Masculino	01:09:46	+32:25	06:59
149	1244	Manuel António	rail runners	Veterano M45	01:09:53	+32:32	06:59
150	1358	Pedro Cortegaça	individual	Senior Masculino	01:09:59	+32:38	07:00
151	1364	Paula Faria	individual	Veterana F35	01:10:19	+32:58	07:02
152	1363	Isidro Filipe	individual	Veterano M45	01:10:20	+32:59	07:02
153	1471	Inês Leal	individual	Senior Feminino	01:10:53	+33:32	07:05
154	1470	João Jacinto	individual	Senior Masculino	01:10:54	+33:33	07:05
155	1026	Ana Henrique	amazon	Veterana F35	01:10:55	+33:34	07:05
156	1136	Nuno Carvalho Araújo	jaquinhos de corrida	Senior Masculino	01:10:58	+33:37	07:06
157	1284	Maria do Céu Miguel	novos trilhos	Veterana F45	01:11:02	+33:41	07:06
158	1285	Pedro Fernandes	novos trilhos	Veterano M45	01:11:02	+33:41	07:06
159	1382	Claudia Pimentel	gsk	Senior Feminino	01:11:04	+33:43	07:06
160	1137	Tiago Nunes	jaquinhos de corrida	Senior Masculino	01:11:06	+33:45	07:07
161	1268	Sérgio Faia	urban hiit mafra	Veterano M35	01:11:41	+34:20	07:10
162	1022	Pedro Vader	os do poder da força do jedi	Senior Masculino	01:12:04	+34:43	07:12
163	1436	Manuel Pedro	individual	Veterano M35	01:12:21	+35:00	07:14
164	1425	André Cipriano Brás Lopes	individual	Senior Masculino	01:12:25	+35:04	07:15
165	1308	Dinis Morais	ccd siemens	Veterano M45	01:12:30	+35:09	07:15
166	1084	Neusa Almeida	100fitclub	Veterana F35	01:12:31	+35:10	07:15
167	1448	Ana Teixeira	ana teixeira	Senior Feminino	01:12:31	+35:10	07:15
168	1152	Mónica Guerreiro	individual	Senior Feminino	01:12:32	+35:11	07:15
169	1140	Paulo Isménio	individual	Veterano M35	01:12:33	+35:12	07:15
170	1174	Luis Monteiro	piratas	Veterano M35	01:12:58	+35:37	07:18
171	1175	Fátima Sargento	piratas	Senior Feminino	01:12:59	+35:38	07:18
172	1337	Luisa Alexandra Guerra Santos	novos trilhos	Veterana F45	01:13:10	+35:49	07:19
173	1254	Paula Calisto	individual	Senior Feminino	01:13:45	+36:24	07:23
174	1479	João Delgado	individual	Senior Masculino	01:14:06	+36:45	07:25
175	1499	Carlos Cagica	ccd siemens	Veterano M45	01:14:14	+36:53	07:25
176	1126	Maria João Almeida	já foste!	Veterana F35	01:14:18	+36:57	07:26
177	1125	Olga Martins	já foste!	Veterana F35	01:14:18	+36:57	07:26
178	1124	Nuno Alves da Silva	já foste!	Senior Masculino	01:14:18	+36:57	07:26

PROVA PRINCIPAL - STAGE 1
10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
179	1357	Paula Cristina Figueiredo Vieira	individual	Senior Feminino	01:14:21	+37:00	07:26
180	1142	Cristina Coelho	100fitclub	Veterana F45	01:14:23	+37:02	07:26
181	1289	Palo Martins	1° direito	Veterano M45	01:14:33	+37:12	07:27
182	1252	Filipe Miguel Matias Costa	fantastik for	Senior Masculino	01:15:16	+37:55	07:32
183	1317	Johanna Molina	estratego distribution	Veterana F45	01:15:17	+37:56	07:32
184	1316	Pedro Campos Oliveira	estratego distribution	Veterano M45	01:15:17	+37:56	07:32
185	1340	David Simao	individual	Senior Masculino	01:15:18	+37:57	07:32
186	1159	Ana Rita Gomes Lopes	ana teixeira	Senior Feminino	01:15:20	+37:59	07:32
187	1373	Joao Cunha	individual	Senior Masculino	01:15:20	+37:59	07:32
188	1273	Inez Correa de Sa	individual	Veterana F35	01:15:30	+38:09	07:33
189	1103	Luis Miguel Silva Neves Calheiros	100fitclub	Veterano M35	01:15:36	+38:15	07:34
190	1104	Sandra Paula Neiva Senas	100fitclub	Veterana F35	01:15:36	+38:15	07:34
191	1478	Manuel Delgado	individual	Senior Masculino	01:15:38	+38:17	07:34
192	1070	Joao Marcelino	falcões selvagens	Veterano M35	01:15:48	+38:27	07:35
193	1453	Nuno Jose Lima Tomás	gindungo	Veterano M35	01:16:22	+39:01	07:38
194	1198	Rui Pavia	rush team	Senior Masculino	01:16:25	+39:04	07:39
195	1215	CATARINA ALVES	team pinto	Senior Feminino	01:16:26	+39:05	07:39
196	1154	susana moreira	chega à frente	Senior Feminino	01:16:33	+39:12	07:39
197	1301	Kerstin Hillringhaus	individual	Senior Feminino	01:16:33	+39:12	07:39
198	1311	Arminda Dias	tank runners	Senior Feminino	01:16:34	+39:13	07:39
199	1211	abilio paulo moitinho de campos	individual	Veterano M35	01:16:54	+39:33	07:41
200	1187	Ana Correia	wonderwomen	Veterana F35	01:17:26	+40:05	07:45
201	1060	Catarina Marques	team pinto	Senior Feminino	01:17:46	+40:25	07:47
202	1352	Celia Luz	individual	Veterana F35	01:17:49	+40:28	07:47
203	1095	Joana Margarida Correia	dois pandas	Senior Feminino	01:18:06	+40:45	07:49
204	1096	Nuno Lemos Mancelos	dois pandas	Senior Masculino	01:18:07	+40:46	07:49
205	1075	Paulo Dias	ajp	Veterano M35	01:18:20	+40:59	07:50
206	1475	Mario Lopes	individual	Senior Masculino	01:18:20	+40:59	07:50
207	1464	Ana Maria Felix Silvestre Jacob	rocha top team	Veterana F45	01:18:27	+41:06	07:51
208	1111	Andreia Costa	m&b	Veterana F35	01:19:31	+42:10	07:57
209	1114	Teresa Leal	margemsultop	Senior Feminino	01:19:46	+42:25	07:59
210	1157	Cristina Argente Coelho	margemsultop	Senior Feminino	01:19:46	+42:25	07:59
211	1262	Tânia Sofia Taveira Silva	individual	Senior Feminino	01:19:57	+42:36	08:00
212	1410	Cristiana Reis	nucase	Veterana F35	01:19:57	+42:36	08:00
213	1134	Cláudia Palma	jaquinzinhos de corrida	Senior Feminino	01:20:48	+43:27	08:05
214	1133	Susana Martinho	jaquinzinhos de corrida	Senior Feminino	01:20:49	+43:28	08:05
215	1002	Pedro Miguel Rato Vieira Dias	panquecas	Veterano M35	01:21:30	+44:09	08:09
216	1193	Patricia Xavier Silva	rail runners	Veterana F35	01:21:49	+44:28	08:11
217	1141	Dulce Taborda	100fitclub	Veterana F35	01:21:50	+44:29	08:11
218	1094	Paula Cristina Soares de Jesus Félix	100fitclub	Veterana F35	01:21:50	+44:29	08:11
219	1178	Manuela Rêgo	100fitclub	Veterana F45	01:21:51	+44:30	08:11
220	1330	Marília sofia silva abreu	individual	Veterana F35	01:21:54	+44:33	08:11
221	1307	Filipe Alexandre Nabais Marques	individual	Senior Masculino	01:21:55	+44:34	08:12
222	1004	Nuno De Almeida	individual	Veterano M35	01:22:07	+44:46	08:13
223	1005	Raquel Lemos	individual	Senior Feminino	01:22:08	+44:47	08:13

PROVA PRINCIPAL - STAGE 1

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
224	1295	HELGA GONÇALVES CARDOSO MARTINS	power team	Senior Feminino	01:22:28	+45:07	08:15
225	1296	MARINA RAQUEL RODRIGUES LEITAO	power team	Senior Feminino	01:22:28	+45:07	08:15
226	1165	Simone Neves Reis	100fitclub	Senior Feminino	01:23:28	+46:07	08:21
227	1166	Nuno Gonzaga	individual	Veterano M35	01:23:30	+46:09	08:21
228	1209	joana rodrigues	100fitclub	Senior Feminino	01:23:34	+46:13	08:21
229	1261	Nuno Sousa	os resistentes	Senior Masculino	01:23:54	+46:33	08:23
230	1260	Fabiola Mesquita	os resistentes	Veterana F35	01:23:54	+46:33	08:23
231	1451	Joana Filipa Nalha Dias Caeiro	gindungo	Senior Feminino	01:24:11	+46:50	08:25
232	1021	Patrícia Vader	os do poder da força do jedi	Senior Feminino	01:25:31	+48:10	08:33
233	1105	Hugo Colaço	rpc	Veterano M35	01:26:54	+49:33	08:41
234	1106	Sara Afonso	rpc	Senior Feminino	01:26:55	+49:34	08:41
235	1276	Gabriel Francisco Pires	100fitclub	Junior Masculino	01:28:20	+50:59	08:50
236	1158	Ana Cristina Rodrigues De Caïres Pereira	100fitclub	Veterana F35	01:28:20	+50:59	08:50
237	1274	Flávio Encarnação	100fitclub	Junior Masculino	01:28:21	+51:00	08:50
238	1255	Anabela Rodrigues	individual	Veterana F35	01:29:40	+52:19	08:58
239	1196	Inês Ferreira	individual	Senior Feminino	01:30:36	+53:15	09:04
240	1210	Mariana Fernandes	individual	Senior Feminino	01:30:37	+53:16	09:04
241	1437	Arlete Ferreira	individual	Veterana F35	01:30:52	+53:31	09:05
242	1331	Ana Paula Albano	individual	Veterana F45	01:31:29	+54:08	09:09
243	1459	Bárbara Teixeira	panquecas	Senior Feminino	01:31:43	+54:22	09:10
244	1065	Ricardo Garvão	individual	Senior Masculino	01:32:09	+54:48	09:13
245	1480	Atleta 1480	individual	Senior Masculino	01:32:21	+55:00	09:14
246	1143	Noémia Lopes	100fitclub	Veterana F35	01:32:22	+55:01	09:14
247	1025	Ana Cagica	amazon	Veterana F45	01:32:37	+55:16	09:16
248	1023	Cristina Moura	amazon	Veterana F35	01:32:38	+55:17	09:16
249	1139	Maria do Rosário Januário	leogym	Veterana F55	01:34:36	+57:15	09:28
250	1138	Teresa Ferreira	leogym	Veterana F45	01:34:36	+57:15	09:28
251	1230	Ana Dias	leogym	Senior Feminino	01:34:37	+57:16	09:28
252	1231	Zélia Leite	individual	Veterana F35	01:34:37	+57:16	09:28
253	1236	Helena Paredes	leogym	Veterana F45	01:41:39	+01:04:18	10:10
254	1229	Sónia Alexandra	leogym	Veterana F35	01:41:47	+01:04:26	10:11
255	1232	Maria do Céu Almeida	leogym	Veterana F35	01:43:18	+01:05:57	10:20
256	1333	Sara Pedro	individual	Senior Feminino	01:45:23	+01:08:02	10:32
257	1278	Celia Maria Martins Almeida	individual	Veterana F35	01:45:23	+01:08:02	10:32
258	1277	Adelino fontes Gomes	individual	Veterano M45	01:45:23	+01:08:02	10:32
259	1234	Carlos Mourão	leogym	Veterano M45	01:47:46	+01:10:25	10:47
260	1233	Carla Mourão	leogym	Senior Feminino	01:47:46	+01:10:25	10:47
261	1192	Cátia Fernandes	leogym	Veterana F35	01:47:57	+01:10:36	10:48
262	1228	João Ferreira	leogym	Veterano M35	01:47:57	+01:10:36	10:48

Prova Principal

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OFFICIAL RESULT

29	1202	Tiago Alves Pereira	Individual	Senior Masculino	01:02:00	+14:25	06:12
30	1442	Pedro Sousa	Z-Gym	Senior Masculino	01:02:19	+14:44	06:14
31	1345	Tiago Dias	Individual	Senior Masculino	01:02:23	+14:48	06:14
32	1386	Rodolfo Ferreira	GSK	Senior Masculino	01:02:26	+14:51	06:15
33	1249	Fabio Emauel Ferreira Querido	Fantastik for	Senior Masculino	01:02:34	+14:59	06:15
34	1428	Filipe Junot	Monte da Lua	Senior Masculino	01:02:35	+15:00	06:16
35	1251	Artiom trostnestky	Fantastik for	Senior Masculino	01:03:03	+15:28	06:18
36	1061	Diogo Marques	Team Pinto	Senior Masculino	01:03:28	+15:53	06:21
37	1469	Patricio Tavares	NUCASE	Senior Masculino	01:03:45	+16:10	06:23
38	1091	David Silva	Nature	Senior Masculino	01:03:59	+16:24	06:24
39	1452	Hugo Jorge	Gindungo	Senior Masculino	01:04:08	+16:33	06:25
40	1500	Atleta 1500	Individual	Senior Masculino	01:04:51	+17:16	06:29
41	1319	Paulo Alexandre Sadio	Individual	Senior Masculino	01:05:18	+17:43	06:32
42	1073	Carlos Eduardo Bastos Dias	Individual	Senior Masculino	01:05:51	+18:16	06:35
43	1263	Tiago Alexandre Marques Cairrão	Individual	Senior Masculino	01:05:51	+18:16	06:35
44	1455	Ricardo Mendes Esteves	Individual	Senior Masculino	01:06:05	+18:30	06:37
45	1375	Juan Costa	Arizona	Senior Masculino	01:06:18	+18:43	06:38
46	1315	Ruben Gonçalves	SalsaMotorsport	Senior Masculino	01:06:40	+19:05	06:40
47	1107	Nuno Valente	Os Valentos	Senior Masculino	01:07:23	+19:48	06:44
48	1416	Luís Horta	PepsiCo Portugal	Senior Masculino	01:07:33	+19:58	06:45
49	1121	André Filipe Tavares Castanheira	Individual	Senior Masculino	01:07:53	+20:18	06:47
50	1431	Diogo Cardoso	Frutas Campo	Senior Masculino	01:07:53	+20:18	06:47
51	1088	André Jorge	Nature	Senior Masculino	01:09:46	+22:11	06:59
52	1358	Pedro Cortegaça	Individual	Senior Masculino	01:09:59	+22:24	07:00
53	1470	João Jacinto	Individual	Senior Masculino	01:10:54	+23:19	07:05
54	1136	Nuno Carvalho Araújo	Jaquinzinhos de corrida	Senior Masculino	01:10:58	+23:23	07:06
55	1137	Tiago Nunes	Jaquinzinhos de corrida	Senior Masculino	01:11:06	+23:31	07:07
56	1022	Pedro Vader	Os do poder da força do Jedi	Senior Masculino	01:12:04	+24:29	07:12
57	1425	André Cipriano Brás Lopes	Individual	Senior Masculino	01:12:25	+24:50	07:15
58	1479	João Delgado	Individual	Senior Masculino	01:14:06	+26:31	07:25
59	1124	Nuno Alves da Silva	Já Foste!	Senior Masculino	01:14:18	+26:43	07:26
60	1252	Filipe Miguel Matias Costa	Fantastik for	Senior Masculino	01:15:16	+27:41	07:32
61	1340	David Simao	Individual	Senior Masculino	01:15:18	+27:43	07:32
62	1373	Joao Cunha	Individual	Senior Masculino	01:15:20	+27:45	07:32
63	1478	Manuel Delgado	Individual	Senior Masculino	01:15:38	+28:03	07:34
64	1198	Rui Pavia	RUSH TEAM	Senior Masculino	01:16:25	+28:50	07:39
65	1096	Nuno Lemos Mancelos	Dois PANDAS	Senior Masculino	01:18:07	+30:32	07:49
66	1475	Mario Lopes	Individual	Senior Masculino	01:18:20	+30:45	07:50
67	1307	Filipe Alexandre Nabais Marques	Individual	Senior Masculino	01:21:55	+34:20	08:12
68	1261	Nuno Sousa	Os resistentes	Senior Masculino	01:23:54	+36:19	08:23
69	1065	Ricardo Garvão	Individual	Senior Masculino	01:32:09	+44:34	09:13
70	1480	Atleta 1480	Individual	Senior Masculino	01:32:21	+44:46	09:14

Veterana F35

1	1256	Alexandra Matias	Associação Jorge Pina	Veterana F35	57:44	05:46
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Official Timekeeper: Lap2Go	3 / 7	generate 06-Jun-2016 20:49
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Prova Principal

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OFFICIAL RESULT

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2	1272	Elisabete Oliveira	Urban Hiit Mafra	Veterana F35	01:01:30	+03:46	06:09
3	1184	Daniela Santos	Correr por um Sorriso	Veterana F35	01:05:18	+07:34	06:32
4	1400	Carla Figueira	O PRATICANTE	Veterana F35	01:05:55	+08:11	06:35
5	1014	Ana Mendes	Individual	Veterana F35	01:05:55	+08:11	06:36
6	1266	Marisa Chemela	Urban Hiit Mafra	Veterana F35	01:06:07	+08:23	06:37
7	1024	Ana Vences	Amazon	Veterana F35	01:06:33	+08:49	06:39
8	1016	Helena Moreira	Casa do Benfica Algueirão/Mem Martins	Veterana F35	01:07:43	+09:59	06:46
9	1377	Vilma Colaço	Ana Teixeira	Veterana F35	01:07:53	+10:09	06:47
10	1376	Rute Silva	Vilma	Veterana F35	01:08:00	+10:16	06:48
11	1129	Natacha Aguiar	Individual	Veterana F35	01:08:03	+10:19	06:48
12	1364	Paula Faria	Individual	Veterana F35	01:10:19	+12:35	07:02
13	1026	Ana Henrique	Amazon	Veterana F35	01:10:55	+13:11	07:05
14	1084	Neusa Almeida	100Fitclub	Veterana F35	01:12:31	+14:47	07:15
15	1126	Maria João Almeida	Já Foste!	Veterana F35	01:14:18	+16:34	07:26
16	1125	Olga Martins	Já Foste!	Veterana F35	01:14:18	+16:34	07:26
17	1273	Inez Correa de Sa	Individual	Veterana F35	01:15:30	+17:46	07:33
18	1104	Sandra Paula Neiva Senas	100Fitclub	Veterana F35	01:15:36	+17:52	07:34
19	1187	Ana Correia	Wonderwomen	Veterana F35	01:17:26	+19:42	07:45
20	1352	Celia Luz	Individual	Veterana F35	01:17:49	+20:05	07:47
21	1111	Andreia Costa	M&B	Veterana F35	01:19:31	+21:47	07:57
22	1410	Cristiana Reis	NUCASE	Veterana F35	01:19:57	+22:13	08:00
23	1193	Patricia Xavier Silva	Rail Runners	Veterana F35	01:21:49	+24:05	08:11
24	1141	Dulce Taborda	100Fitclub	Veterana F35	01:21:50	+24:06	08:11
25	1094	Paula Cristina Soares de Jesus Félix	100Fitclub	Veterana F35	01:21:50	+24:06	08:11
26	1330	Marilia sofia silva abreu	Individual	Veterana F35	01:21:54	+24:10	08:11
27	1260	Fabiola Mesquita	Os resistentes	Veterana F35	01:23:54	+26:10	08:23
28	1158	Ana Cristina Rodrigues De Caires Pereira	100Fitclub	Veterana F35	01:28:20	+30:36	08:50
29	1255	Anabela Rodrigues	Individual	Veterana F35	01:29:40	+31:56	08:58
30	1437	Arlete Ferreira	Individual	Veterana F35	01:30:52	+33:08	09:05
31	1143	Noémia Lopes	100Fitclub	Veterana F35	01:32:22	+34:38	09:14
32	1023	Cristina Moura	Amazon	Veterana F35	01:32:38	+34:54	09:16
33	1231	Zélia Leite	Individual	Veterana F35	01:34:37	+36:53	09:28
34	1229	Sónia Alexandra	leogym	Veterana F35	01:41:47	+44:03	10:11
35	1232	Maria do Céu Almeida	leogym	Veterana F35	01:43:18	+45:34	10:20
36	1278	Celia Maria Martins Almeida	Individual	Veterana F35	01:45:23	+47:39	10:32
37	1192	Cátia Fernandes	leogym	Veterana F35	01:47:57	+50:13	10:48

Veterana F45

1	1367	Anabela Ferreira	Individual	Veterana F45	59:28		05:57
2	1318	Lúisa Lopes	Novos Trilhos	Veterana F45	01:08:42	+09:14	06:52
3	1284	Maria do Céu Miguel	Novos Trilhos	Veterana F45	01:11:02	+11:34	07:06
4	1337	Luisa Alexandra Guerra Santos	Novos Trilhos	Veterana F45	01:13:10	+13:42	07:19
5	1142	Cristina Coelho	100Fitclub	Veterana F45	01:14:23	+14:55	07:26
6	1317	Johanna Molina	Estratego Distribution	Veterana F45	01:15:17	+15:49	07:32

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7	1464	Ana Maria Felix Silvestre Jacob	Rocha Top Team	Veterana F45	01:18:27	+18:59	07:51
8	1178	Manuela Rêgo	100Fitclub	Veterana F45	01:21:51	+22:23	08:11
9	1331	Ana Paula Albano	Individual	Veterana F45	01:31:29	+32:01	09:09
10	1025	Ana Cagica	Amazon	Veterana F45	01:32:37	+33:09	09:16
11	1138	Teresa Ferreira	leogym	Veterana F45	01:34:36	+35:08	09:28
12	1236	Helena Paredes	leogym	Veterana F45	01:41:39	+42:11	10:10

Veterana F55

1	1115	MANUELA FOLGADO	Falcões Selvagens	Veterana F55	01:07:51		06:47
2	1139	Maria do Rosário Januário	leogym	Veterana F55	01:34:36	+26:45	09:28

Veterano M35

1	1477	José Gaspar	Individual	Veterano M35	37:21		03:44
2	1293	Sérgio Eduardo Pereira Tavares	Friends2Run	Veterano M35	45:01	+07:40	04:30
3	1110	Nuno Silva	M&B	Veterano M35	45:31	+08:10	04:33
4	1160	Bruno Dias	Adraga BTTeam	Veterano M35	45:41	+08:20	04:34
5	1164	Mário B. Duarte	Duros LS 68	Veterano M35	47:35	+10:14	04:46
6	1287	Maciej Szopa	Vege Runners	Veterano M35	49:33	+12:12	04:57
7	1462	Rui Ferreira	Restaurante O Cartaxeiro - Caneças	Veterano M35	50:32	+13:11	05:03
8	1408	Rui Salvado	Corrida Noturna	Veterano M35	50:41	+13:20	05:04
9	1213	Carlos Manuel Marques	Individual	Veterano M35	51:17	+13:56	05:08
10	1454	Rogério Paulo de Amorim Fernandes	Gindungo	Veterano M35	52:33	+15:12	05:15
11	1456	Pedro Machado	Tough Trails Alenquer	Veterano M35	53:01	+15:40	05:18
12	1085	João Prisal	100Fitclub	Veterano M35	53:24	+16:03	05:20
13	1059	Ricardo Morgado	Panquecas	Veterano M35	53:29	+16:08	05:21
14	1449	Sérgio Mateus	Individual	Veterano M35	53:30	+16:09	05:21
15	1012	joao pedro marques	Individual	Veterano M35	54:08	+16:47	05:25
16	1368	Daniel Inca	Individual	Veterano M35	54:43	+17:22	05:28
17	1242	Nuno Matias	Individual	Veterano M35	55:02	+17:41	05:30
18	1423	Luís Rosa	Individual	Veterano M35	55:04	+17:43	05:30
19	1009	Nuno Miguel Dias dos Santos	udrs btt team	Veterano M35	55:53	+18:32	05:35
20	1082	Ricardo Domingues Leitão	Bolelas team	Veterano M35	56:06	+18:45	05:37
21	1081	Luís Miguel Jesus Ferreira	Bolelas team	Veterano M35	56:07	+18:46	05:37
22	1351	Sergio Carvalho Santos	Individual	Veterano M35	56:58	+19:37	05:42
23	1430	Jorge Silva	Frutas Campo	Veterano M35	57:09	+19:48	05:43
24	1238	Ricardo domingos	100Fitclub	Veterano M35	57:15	+19:54	05:43
25	1171	Pedro Jose Mesquita Gigante	100Fitclub	Veterano M35	57:31	+20:10	05:45
26	1183	Paulo Libânio	Asas nos pés	Veterano M35	57:44	+20:23	05:46
27	1257	Agostinho Matias	Associação Jorge Pina	Veterano M35	57:44	+20:23	05:46
28	1132	Artur Ramos	leogym	Veterano M35	58:22	+21:01	05:50
29	1034	Rodrigo Sousa	RunLovers	Veterano M35	59:49	+22:28	05:59
30	1327	Bruno Fernandes	JORGE FERNANDES	Veterano M35	01:00:03	+22:42	06:00
31	1336	Nuno Carreira	JORGE FERNANDES	Veterano M35	01:00:03	+22:42	06:00

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32	1339	Nuno Brunheta	Individual	Veterano M35	01:01:51	+24:30	06:11
33	1370	Mario Carvalho	People	Veterano M35	01:01:52	+24:31	06:11
34	1372	Joao Rosa	Individual	Veterano M35	01:03:49	+26:28	06:23
35	1006	Vasco Braz	Helivolt	Veterano M35	01:04:00	+26:39	06:24
36	1347	André Tomaz Lopes	CFS	Veterano M35	01:04:17	+26:56	06:26
37	1322	Renato Guilherme	Caracóis de Pedra	Veterano M35	01:05:02	+27:41	06:30
38	1044	Nuno Bóia	Individual	Veterano M35	01:05:17	+27:56	06:32
39	1350	João Pita	CFS	Veterano M35	01:05:24	+28:03	06:32
40	1062	Nuno Jesus	Nós	Veterano M35	01:05:29	+28:08	06:33
41	1089	Luis Cruz	Individual	Veterano M35	01:06:07	+28:46	06:37
42	1348	Sérgio Vicente	CFS	Veterano M35	01:06:26	+29:05	06:39
43	1197	Hugo Reis	RUSH TEAM	Veterano M35	01:06:31	+29:10	06:39
44	1179	Pedro Martins	People Team	Veterano M35	01:07:02	+29:41	06:42
45	1108	Pedro Valente	Os Valentes	Veterano M35	01:07:23	+30:02	06:44
46	1401	Carlos Figueira	O PRATICANTE	Veterano M35	01:07:37	+30:16	06:46
47	1258	Paulo Soares	CCD Siemens	Veterano M35	01:07:43	+30:22	06:46
48	1268	Sérgio Faia	Urban Hiit Mafra	Veterano M35	01:11:41	+34:20	07:10
49	1436	Manuel Pedro	Individual	Veterano M35	01:12:21	+35:00	07:14
50	1140	Paulo Isménio	Individual	Veterano M35	01:12:33	+35:12	07:15
51	1174	Luis Monteiro	Piratas	Veterano M35	01:12:58	+35:37	07:18
52	1103	Luis Miguel Silva Neves Calheiros	100Fitclub	Veterano M35	01:15:36	+38:15	07:34
53	1070	Joao Marcelino	Falcões Selvagens	Veterano M35	01:15:48	+38:27	07:35
54	1453	Nuno Jose Lima Tomás	Gindungo	Veterano M35	01:16:22	+39:01	07:38
55	1211	abilio paulo moitinho de campos	Individual	Veterano M35	01:16:54	+39:33	07:41
56	1075	Paulo Dias	AJP	Veterano M35	01:18:20	+40:59	07:50
57	1002	Pedro Miguel Rato Vieira Dias	Panquecas	Veterano M35	01:21:30	+44:09	08:09
58	1004	Nuno De Almeida	Individual	Veterano M35	01:22:07	+44:46	08:13
59	1166	Nuno Gonzaga	Individual	Veterano M35	01:23:30	+46:09	08:21
60	1105	Hugo Colaço	RPC	Veterano M35	01:26:54	+49:33	08:41
61	1228	João Ferreira	leogym	Veterano M35	01:47:57	+01:10:36	10:48

Veterano M45

1	1460	Adolfo Leal	Restaurante O Cartaxeiro - Caneças	Veterano M45	44:07		04:25
2	1461	Arlindo Costa Paixão	Restaurante O Cartaxeiro - Caneças	Veterano M45	45:20	+01:13	04:32
3	1380	Jorge Anjos	GSK	Veterano M45	49:19	+05:12	04:56
4	1149	Edgar Alberto Serdoura Trigo	Individual	Veterano M45	50:59	+06:52	05:06
5	1463	Fernando Carreiro	Restaurante O Cartaxeiro - Caneças	Veterano M45	51:57	+07:50	05:12
6	1365	Raimundo Pechilga	Tartarugas Solidárias	Veterano M45	55:42	+11:35	05:34
7	1153	Germano Canedo	100Fitclub	Veterano M45	56:06	+11:59	05:37
8	1033	Luis Ferreira	RunLovers	Veterano M45	57:15	+13:08	05:43
9	1055	Alexandre Dâmaso	Individual	Veterano M45	01:00:00	+15:53	06:00
10	1338	Marcelo Pinto	Individual	Veterano M45	01:02:17	+18:10	06:14
11	1185	Luis Miguel Alves	Individual	Veterano M45	01:02:58	+18:51	06:18

