

**PROVA PRINCIPAL - STAGE 1**
**10 KM**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
**OFFICIAL RESULT**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	19:00	31,1°C	38%
End	20:32	31,1°C	38%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	651	Rui Pinto	sl benfica	Senior Masculino	30:11		03:01
2	427	Ricardo Serrano Camison	individual	Veterano M35	30:11	+00:01	03:01
3	557	Helder Santos	maia ac	Senior Masculino	30:18	+00:07	03:02
4	79	Bruno M. S. Paixão	beja atlético clube	Senior Masculino	30:21	+00:11	03:02
5	83	Nuno Lopes	c a de seia	Senior Masculino	30:48	+00:38	03:05
6	673	Licínio Pimentel	sporting clube de portugal	Veterano M35	31:06	+00:55	03:07
7	672	Samuel Freire	sporting clube de portugal	Senior Masculino	31:07	+00:57	03:07
8	223	Pedro Cruz	g.d. j. cruz & irmãos	Senior Masculino	31:10	+01:00	03:07
9	285	Artur Rodrigues	grupo desportivo e cultural de guilhovai	Veterano M40	31:14	+01:04	03:07
10	323	Cesar Ignacio Fernández Lázaro	individual	Senior Masculino	31:50	+01:39	03:11
11	692	Carlos Costa	cd s. salvador do campo	Senior Masculino	32:09	+01:58	03:13
12	721	Tiago Madureira	dciccdr pedrulha	Senior Masculino	32:12	+02:02	03:13
13	7	Gonçalo Borges	a.c.r. sra desterro-napo	Senior Masculino	32:40	+02:30	03:16
14	111	Mário Fonseca	cdc navais	Veterano M35	33:17	+03:06	03:20
15	403	Diego Fernández Lázaro	individual	Veterano M35	33:33	+03:22	03:21
16	24	BRUNO GASPAS	ac vermoil	Senior Masculino	33:42	+03:32	03:22
17	19	Mário Teixeira	a.r. casaense / escola de atletismo de coimbra	Veterano M40	34:02	+03:52	03:24
18	693	Daniela Cunha	sporting clube de portugal	Senior Feminino	34:13	+04:02	03:25
19	277	Fernando Matos	grupo convívio amizade donas	Veterano M50	34:13	+04:03	03:25
20	234	Luis Gomes	gac-grupo de atletismo da caranguejeira	Veterano M35	34:25	+04:14	03:27
21	288	Manuel Ferreira	grupo desportivo e cultural de guilhovai	Veterano M45	34:33	+04:22	03:27
22	222	tozé velha	g d 3 santos populares	Veterano M50	34:38	+04:28	03:28
23	122	Emanuel Cardoso	clube atletismo de marinha grande	Senior Masculino	34:40	+04:29	03:28
24	289	Manuel Urbano	grupo desportivo e cultural de guilhovai	Veterano M45	34:43	+04:33	03:28
25	615	Rui Rodrigues	peregrinos de coimbra	Veterano M40	34:45	+04:35	03:29
26	196	Paulo Alexandre	escola atletismo cartaxo	Veterano M35	34:55	+04:45	03:30
27	691	Marisa Barros	sc salgueiros	Veterana F35	34:56	+04:46	03:30
28	611	Fábio Abrantes	peregrinos de coimbra	Senior Masculino	35:01	+04:51	03:30
29	567	João Ferreira	núcleo sporting torres novas	Senior Masculino	35:12	+05:02	03:31
30	687	Fernando Gomes	corpo de intervenção	Senior Masculino	35:20	+05:09	03:32
31	290	Manuel Ferreira	grupo desportivo e cultural de guilhovai	Veterano M50	35:21	+05:11	03:32
32	649	Emília Pissoeiro	sl benfica	Senior Feminino	35:25	+05:15	03:33
33	225	Luis Martins	g.d.r. figueiras mª grande	Veterano M35	35:26	+05:15	03:33
34	284	Alexandre Santos	grupo desportivo e cultural de guilhovai	Veterano M40	35:37	+05:27	03:34
35	89	JOSÉ DURÃO	casa do benfica em abranes	Veterano M50	35:43	+05:33	03:34
36	168	RICARDO HENRIQUES	cr amieirinhense	Senior Masculino	35:50	+05:39	03:35
37	33	MIGUEL ANGELO	ac vermoil	Veterano M40	35:51	+05:40	03:35
38	564	António Branco	núcleo de atletismo do penteado	Veterano M50	35:53	+05:42	03:35
39	218	ricardo costa	g d 3 santos populares	Veterano M35	35:56	+05:46	03:36
40	52	Ricardo Jordão	aminhacorrida/kalenji	Senior Masculino	35:59	+05:49	03:36
41	613	Vítor Pleno	peregrinos de coimbra	Senior Masculino	35:59	+05:49	03:36

## PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	373	Pedro Miguel Venâncio Rodrigues	individual	Senior Masculino	36:00	+05:50	03:36
43	526	JORGE MARCELINO	industrial desportivo vieirense	Veterano M40	36:02	+05:52	03:36
44	700	Nuno Valente	grupo desportivo e cultural de guilhovai	Senior Masculino	36:04	+05:54	03:36
45	279	paulo pontes	grupo de amigos dos casais do vento	Veterano M45	36:06	+05:56	03:37
46	193	Rodrigo Costa	escola atletismo cartaxo	Senior Masculino	36:10	+06:00	03:37
47	145	jose custodio	clube futebol "os belenenses"	Veterano M50	36:11	+06:01	03:37
48	36	SERGIY CHONKA	ac vermoil	Veterano M40	36:15	+06:05	03:38
49	301	Catarina da Luz Fazendeiro Carvalho	individual	Senior Feminino	36:25	+06:14	03:39
50	112	Cesário Simões	centro de atletismo de seia	Veterano M45	36:27	+06:16	03:39
51	671	Sara Pinho	sporting clube de portugal	Senior Feminino	36:31	+06:20	03:39
52	533	GABRIEL RODRIGUES	industrial desportivo vieirense	Veterano M50	36:32	+06:22	03:39
53	131	Nuno Dias	clube de atletismo da barreira	Veterano M35	36:33	+06:23	03:39
54	84	Benjamim Soares	c p t bairro carcavelos	Veterano M55	36:36	+06:25	03:40
55	20	Adérito Fontes	a.r. casaense / escola de atletismo de coimbra	Veterano M50	36:38	+06:27	03:40
56	139	Marco Franco	clube de atletismo de ferreira do zêzere	Veterano M35	36:39	+06:28	03:40
57	585	Peter Romão	peniche a correr	Senior Masculino	36:40	+06:29	03:40
58	18	Márcio Filipe Simões Pereira	a.r. casaense / escola de atletismo de coimbra	Veterano M35	36:51	+06:41	03:41
59	468	António Ferreira	individual	Veterano M45	36:53	+06:42	03:41
60	537	LICÍNIO PEREIRA	industrial desportivo vieirense	Veterano M60	36:55	+06:45	03:42
61	554	José Carlos Camacho	linda-a-pastora sporting clube	Senior Masculino	36:58	+06:47	03:42
62	553	Susana Cunha	linda-a-pastora sporting clube	Senior Feminino	36:58	+06:48	03:42
63	684	Carla Machado	ud várzea	Veterana F40	37:03	+06:53	03:42
64	37	MÁRIO HENRIQUES	ac vermoil	Veterano M45	37:08	+06:58	03:43
65	167	EDUARDO CARDEIRA	cr amieirinhense	Senior Masculino	37:12	+07:01	03:43
66	606	Rui Pereira	peniche a correr	Veterano M40	37:14	+07:03	03:43
67	350	Jorge Filipe Dos Santos	individual	Senior Masculino	37:21	+07:10	03:44
68	25	CARLOS ALVES	ac vermoil	Senior Masculino	37:23	+07:12	03:44
69	238	Luis Guarda	gac-grupo de atletismo da caranguejeira	Veterano M50	37:23	+07:13	03:44
70	616	António Oliveira	peregrinos de coimbra	Veterano M45	37:25	+07:14	03:45
71	263	Pedro Capela	grupo alegre unido baixouca	Veterano M35	37:29	+07:19	03:45
72	160	Hugo Rito	cpr. a-do-barbas	Senior Masculino	37:31	+07:20	03:45
73	132	Paulo Duarte	clube de atletismo da barreira	Veterano M35	37:33	+07:22	03:45
74	23	AMILCAR BRITO	ac vermoil	Senior Masculino	37:37	+07:27	03:46
75	8	Miguel Jorge	a.c.r. sra desterro-napo	Senior Masculino	37:42	+07:32	03:46
76	331	Fábio Durão	individual	Senior Masculino	37:45	+07:34	03:47
77	27	PEDRO FREIRE	ac vermoil	Senior Masculino	37:45	+07:35	03:47
78	34	NARCISO FABIÃO	ac vermoil	Veterano M40	37:46	+07:35	03:47
79	675	André Veloso	srjardoeira	Veterano M35	37:57	+07:46	03:48
80	555	Aires Pratas	linda-a-pastora sporting clube	Veterano M60	37:59	+07:48	03:48
81	235	Nuno Casalinho	gac-grupo de atletismo da caranguejeira	Veterano M35	38:02	+07:51	03:48
82	456	Paulo P. Miguel	individual	Veterano M40	38:07	+07:56	03:49
83	170	JOSE RAIMUNDO	cr amieirinhense	Veterano M50	38:08	+07:57	03:49
84	53	Margarida Dionísio	associação cultural e recreativa senhora do desterro	Senior Feminino	38:08	+07:57	03:49
85	233	Helio Ferreira	gac-grupo de atletismo da caranguejeira	Senior Masculino	38:09	+07:59	03:49

**PROVA PRINCIPAL - STAGE 1****10 KM**

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**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
86	532	PAULINO SOUSA	industrial desportivo vieirense	Veterano M45	38:09	+07:59	03:49
87	527	ARTUR LOPES	industrial desportivo vieirense	Veterano M45	38:11	+08:00	03:49
88	281	Raquel Cristina Frade Cabaço	grupo desportivo diana	Senior Feminino	38:12	+08:01	03:49
89	282	João Manuel dos Santos André	grupo desportivo diana	Senior Masculino	38:12	+08:02	03:49
90	136	Rui Roberto	clube de atletismo da barreira	Veterano M45	38:15	+08:04	03:50
91	535	ANTÓNIO POEIRAS	industrial desportivo vieirense	Veterano M55	38:21	+08:10	03:50
92	118	José Gomes	clac - entroncamento	Veterano M50	38:27	+08:16	03:51
93	276	Luis Matos	grupo convivio amizade donas	Veterano M45	38:30	+08:19	03:51
94	35	PEDRO FERREIRA	ac vermoil	Veterano M40	38:36	+08:26	03:52
95	221	jose fernandes	g d 3 santos populares	Veterano M50	38:39	+08:29	03:52
96	629	João Pedro Marques Gonçalves	pulse - movement factory	Senior Masculino	38:39	+08:29	03:52
97	199	Luís Amorim	escola atletismo cartaxo	Veterano M45	38:40	+08:29	03:52
98	38	AQUILINO FERREIRA	ac vermoil	Veterano M55	38:45	+08:34	03:53
99	30	NELSON FERREIRA	ac vermoil	Veterano M35	38:50	+08:39	03:53
100	442	filipe matias lourenco	individual	Veterano M40	38:56	+08:45	03:54
101	173	Alexandre araujo	crp / profiserv	Veterano M35	39:01	+08:50	03:54
102	105	Miguel Gonçalves	ccd crédito agrícola mútuo	Veterano M35	39:02	+08:51	03:54
103	176	Joao canas	crp / profiserv	Veterano M40	39:05	+08:55	03:55
104	268	José Gonçalves	grupo alegre unido bajouca	Veterano M45	39:07	+08:56	03:55
105	116	Nelson Oliveira	clac - entroncamento	Veterano M35	39:08	+08:57	03:55
106	534	ACÁCIO CAMPOS	industrial desportivo vieirense	Veterano M55	39:08	+08:58	03:55
107	119	Abreu Moura	clac - entroncamento	Veterano M60	39:13	+09:02	03:55
108	117	Alcino Nunes	clac - entroncamento	Veterano M40	39:13	+09:02	03:55
109	31	JOAQUIM QUITÉRIO	ac vermoil	Veterano M40	39:16	+09:06	03:56
110	670	Sandra Protásio	sporting clube de portugal	Senior Feminino	39:18	+09:08	03:56
111	529	JOÃO DOMINGOS	industrial desportivo vieirense	Veterano M45	39:19	+09:08	03:56
112	524	PETRO PASKAR	industrial desportivo vieirense	Senior Masculino	39:21	+09:10	03:56
113	45	Ricardo Ventura Ferreira Lopes	acrm silveirinha grande claras	Senior Masculino	39:28	+09:17	03:57
114	610	Carlos Costa	peregrinos de coimbra	Senior Masculino	39:29	+09:18	03:57
115	178	Paulo Leandro	crp / profiserv	Veterano M45	39:29	+09:18	03:57
116	154	Miguel Caetano	conquista ginásio	Senior Masculino	39:31	+09:20	03:57
117	80	Helena Miranda	belavista	Senior Feminino	39:31	+09:21	03:57
118	135	PAULO CRUZ	clube de atletismo da barreira	Veterano M45	39:33	+09:23	03:57
119	91	PAULO PEREIRA	casa do povo de alcanena	Senior Masculino	39:38	+09:28	03:58
120	694	Bruno Marques dos Reis	individual	Senior Masculino	39:40	+09:30	03:58
121	506	João Mendes	individual	Veterano M55	39:43	+09:33	03:58
122	32	JOSÉ SANTOS	ac vermoil	Veterano M40	39:46	+09:35	03:59
123	476	Luis Junqueira	individual	Veterano M45	39:52	+09:41	03:59
124	617	Fernando Antunes	peregrinos de coimbra	Veterano M45	39:53	+09:42	03:59
125	198	José Gabriel Alves	escola atletismo cartaxo	Veterano M45	39:54	+09:43	03:59
126	287	Joaquim Ferreira	grupo desportivo e cultural de guilhovai	Veterano M45	39:58	+09:48	04:00
127	623	Álvaro Coelho	peregrinos de coimbra	Veterano M60	40:02	+09:52	04:00
128	153	Daniel Batata	colnatur - especialistas em colagénio	Senior Masculino	40:09	+09:59	04:01
129	109	Pedro Costa	ccd crédito agrícola mútuo	Veterano M45	40:10	+10:00	04:01
130	197	Fernando Pelarigo	escola atletismo cartaxo	Veterano M45	40:11	+10:01	04:01
131	164	Nuno Jorge	cpr. a-do-barbas	Veterano M40	40:14	+10:04	04:01

## PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
132	291	David Fernandes	grupo desportivo e cultural de guilhovai	Veterano M55	40:17	+10:06	04:02
133	317	Bruno Neves	individual	Senior Masculino	40:17	+10:07	04:02
134	410	João Fonseca	individual	Veterano M35	40:20	+10:10	04:02
135	236	Diamantino de Jesus Lopes	gac-grupo de atletismo da caranguejeira	Veterano M45	40:22	+10:12	04:02
136	245	José Alberto Pereira Monteiro	gdc banco de portugal	Veterano M60	40:25	+10:14	04:03
137	458	paulo roque	individual	Veterano M40	40:30	+10:20	04:03
138	134	Germano Capela	clube de atletismo da barreira	Veterano M45	40:30	+10:20	04:03
139	351	José Pedro Moreira Ribeiro da Mota	individual	Senior Masculino	40:31	+10:21	04:03
140	58	FRANCISCO BRIGIDO	atlético clube batalha	Veterano M35	40:32	+10:22	04:03
141	293	Carlos Oliveira	grupo desportivo e cultural de guilhovai	Veterano M60	40:34	+10:23	04:03
142	148	DIOGO FERREIRA	clube veteranos do lis-leiria	Veterano M35	40:35	+10:24	04:04
143	158	Pedro Marques	conquista ginásio	Veterano M50	40:36	+10:26	04:04
144	549	Carlos Carmino	leiria marcha atlética clube	Veterano M55	40:43	+10:33	04:04
145	192	Pedro Santos	escola atletismo cartaxo	Senior Masculino	40:44	+10:33	04:04
146	270	Filipe Carvalheiro	grupo alegre unido baixouca	Veterano M50	40:46	+10:35	04:05
147	516	BRAZ Virgilio	individual	Veterano M60	40:53	+10:43	04:05
148	271	Jorge Silva	grupo alegre unido baixouca	Veterano M50	40:56	+10:45	04:06
149	471	Hélder Batista Ferreira Piedade	individual	Veterano M45	40:57	+10:46	04:06
150	247	João Pedro Ferreira Fernandes	gim running team	Senior Masculino	41:00	+10:50	04:06
151	264	Pedro Pedrosa	grupo alegre unido baixouca	Veterano M35	41:03	+10:52	04:06
152	165	Pedro Rodrigues	cpr. a-do-barbas	Veterano M45	41:07	+10:56	04:07
153	169	JOAO GOMES	cr amieirinhense	Veterano M50	41:07	+10:56	04:07
154	138	Jorge Agostinho	clube de atletismo da barreira	Veterano M55	41:07	+10:57	04:07
155	483	Rui Manuel Faria Ferreira	individual	Veterano M45	41:07	+10:57	04:07
156	602	Rui D'Ascenção	peniche a correr	Veterano M35	41:07	+10:57	04:07
157	85	João Nuno Ferreira Santos	casa do benfica da figueira da foz	Senior Masculino	41:15	+11:05	04:08
158	719	Monica Vieira	c. atletico povense	Veterana F40	41:17	+11:07	04:08
159	357	Michael Mendes	individual	Senior Masculino	41:18	+11:07	04:08
160	542	Pedro Barros Roberto	juventude vidigalense	Senior Masculino	41:19	+11:09	04:08
161	503	António Neves Alves	individual	Veterano M55	41:22	+11:12	04:08
162	324	Cláudio Bica	individual	Senior Masculino	41:22	+11:12	04:08
163	120	Rute Sofia Gonçalves Ferreira	club sport marítimo	Senior Feminino	41:23	+11:12	04:08
164	487	alfredo valente	individual	Veterano M50	41:24	+11:13	04:08
165	56	CASIMIRO GOMES	atlético clube batalha	Veterano M35	41:25	+11:15	04:09
166	541	Jorge Luis Gonçalves Vieira	juventude vidigalense	Senior Masculino	41:27	+11:16	04:09
167	248	Joel Filipe Ramos Oliveira	gim running team	Senior Masculino	41:30	+11:19	04:09
168	632	JOEL DA SILVA	pulse - movement factory	Veterano M40	41:34	+11:24	04:09
169	674	Emmanuel Mendes	srjardoeira	Senior Masculino	41:37	+11:26	04:10
170	201	Fernando José Garção da Silva	escola atletismo cartaxo	Veterano M50	41:39	+11:28	04:10
171	430	Sergio Junqueira	individual	Veterano M35	41:40	+11:29	04:10
172	478	Mario Mendes	individual	Veterano M45	41:42	+11:31	04:10
173	232	Bernardo Pereira	gac-grupo de atletismo da caranguejeira	Senior Masculino	41:43	+11:33	04:10
174	155	Adriano Araújo	conquista ginásio	Veterano M35	41:45	+11:35	04:11
175	177	Paulo jesuino	crp / profiserv	Veterano M40	41:48	+11:37	04:11
176	513	Torres António	individual	Veterano M55	41:51	+11:41	04:11

**PROVA PRINCIPAL - STAGE 1**
**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
177	137	João Valentim	clube de atletismo da barreira	Veterano M55	41:54	+11:43	04:11
178	552	José Carlos Gomes	ligeirinhos	Veterano M55	41:57	+11:46	04:12
179	619	Pedro Varela	peregrinos de coimbra	Veterano M45	41:58	+11:47	04:12
180	536	CELESTINO MARQUES	industrial desportivo vieirense	Veterano M55	42:04	+11:53	04:12
181	622	Fernando Agante	peregrinos de coimbra	Veterano M55	42:05	+11:54	04:13
182	151	Paulo J. Carvalho	coimbra trail running	Veterano M40	42:05	+11:55	04:13
183	44	Ricardo Nunes	acrm silveirinha grande claras	Senior Masculino	42:06	+11:55	04:13
184	239	Carlos Jacinto	gasouts-grupo atlético dos soutos	Veterano M40	42:07	+11:57	04:13
185	364	Patrício Martins	individual	Senior Masculino	42:08	+11:58	04:13
186	237	Sergio Santos	gac-grupo de atletismo da caranguejeira	Veterano M45	42:11	+12:00	04:13
187	548	Hugo Horta	leiria marcha atlética clube	Veterano M35	42:13	+12:03	04:13
188	722	Ricardo Santos	individual	Senior Masculino	42:15	+12:04	04:14
189	9	Márcio Lopes Catarino	a.d.c. de proença-a-nova	Veterano M35	42:19	+12:09	04:14
190	328	Edgar Domingues	individual	Senior Masculino	42:20	+12:09	04:14
191	690	Vítor Gonçalves	corpo de intervenção	Veterano M45	42:21	+12:11	04:14
192	334	Fábio Santos	individual	Senior Masculino	42:26	+12:15	04:15
193	42	João Pedro da Silva Dâmaso	acrm silveirinha grande claras	Senior Masculino	42:29	+12:18	04:15
194	530	JOÃO MARCELINO	industrial desportivo vieirense	Veterano M45	42:30	+12:19	04:15
195	29	DEONILDE COSTA	ac vermoil	Veterana F40	42:33	+12:22	04:15
196	599	Mário Remigio	peniche a correr	Veterano M35	42:37	+12:26	04:16
197	48	Fernando Pato	adrep	Veterano M60	42:39	+12:28	04:16
198	210	Luis Silva	fonte nova runners	Veterano M35	42:41	+12:30	04:16
199	474	Jorge Rodrigues	individual	Veterano M45	42:41	+12:31	04:16
200	347	João Mário Lopes Sacramento	individual	Senior Masculino	42:47	+12:36	04:17
201	556	Jorge Henriques	lourival bike team	Senior Masculino	42:48	+12:37	04:17
202	322	Carlos Manuel Cruz Silva	individual	Senior Masculino	42:48	+12:37	04:17
203	544	Nuno Filipe Baltazar	juventude vidigalense	Veterano M40	42:49	+12:39	04:17
204	601	Rafael Silva	peniche a correr	Veterano M35	42:50	+12:39	04:17
205	439	emidio jorge gonçalves alves	individual	Veterano M40	42:53	+12:42	04:17
206	531	LUIS PEDROSA	industrial desportivo vieirense	Veterano M45	42:55	+12:44	04:18
207	363	Nuno Miguel Silva Coutinho	individual	Senior Masculino	42:55	+12:45	04:18
208	283	Miguel Santos	grupo desportivo e cultural de guilhovai	Veterano M35	42:56	+12:45	04:18
209	161	Marcio Sousa	cpr. a-do-barbas	Senior Masculino	42:58	+12:48	04:18
210	523	MIGUEL COELHO	industrial desportivo vieirense	Senior Masculino	43:00	+12:49	04:18
211	133	Daniel Lourenço	clube de atletismo da barreira	Veterano M40	43:01	+12:50	04:18
212	620	Carlos Garrido	peregrinos de coimbra	Veterano M55	43:06	+12:55	04:19
213	142	Miguel Ginetó	clube desportivo ribeirense	Veterano M40	43:07	+12:57	04:19
214	512	orlando cordeiro ribeiro	individual	Veterano M55	43:07	+12:57	04:19
215	54	RUI LAMEIRO	atlético clube batalha	Senior Masculino	43:08	+12:57	04:19
216	59	PAULO MONTEIRO	atlético clube batalha	Veterano M45	43:08	+12:57	04:19
217	627	Diogo Nunes	pulse - movement factory	Senior Masculino	43:11	+13:00	04:19
218	113	Luis Bidarra	centro de atletismo de seia	Veterano M45	43:13	+13:03	04:19
219	163	Nuno Ferreira	cpr. a-do-barbas	Veterano M35	43:14	+13:03	04:19
220	101	Abel Domingues	cavalinhos runners	Veterano M40	43:16	+13:05	04:20
221	106	Nuno Rosa	ccd crédito agrícola mútuo	Veterano M35	43:17	+13:06	04:20
222	241	Rui Carreira	gasouts-grupo atlético dos soutos	Veterano M50	43:21	+13:10	04:20





**PROVA PRINCIPAL - STAGE 1**
**10 KM**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
**OFFICIAL RESULT**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
268	640	Filipe Rafael Ramos Cantante Martinho	run4fun	Veterano M35	45:03	+14:53	04:30
269	433	Albano Manuel Fernandes Silva	individual	Veterano M40	45:03	+14:53	04:30
270	353	Marco lopes	individual	Senior Masculino	45:05	+14:55	04:31
271	435	ANTONIO MEL MIRANDA NOGUEIRA	individual	Veterano M40	45:07	+14:56	04:31
272	477	Luís Manuel dos Santos Silva	individual	Veterano M45	45:07	+14:57	04:31
273	171	JOAO PROSPERO	cr amieirinhense	Veterano M60	45:09	+14:59	04:31
274	265	André Fernandes	grupo alegre unido bajouca	Veterano M40	45:10	+15:00	04:31
275	175	Rafael Lourenço	crp / profiserv	Veterano M35	45:11	+15:00	04:31
276	374	RICARDO DIAS	individual	Senior Masculino	45:14	+15:03	04:31
277	215	eurico gameiro joao	freerunners	Veterano M35	45:16	+15:05	04:32
278	49	Nuno Vitorino	adm mata	Senior Masculino	45:17	+15:06	04:32
279	47	Manuel Fernandes	acrm silveirinha grande claras	Veterano M60	45:17	+15:06	04:32
280	315	Baptiste Huon	individual	Senior Masculino	45:18	+15:07	04:32
281	411	João Pedro de Oliveira Rodrigues	individual	Veterano M35	45:18	+15:07	04:32
282	141	João Justo	clube desportivo ribeirense	Veterano M40	45:18	+15:08	04:32
283	496	Pascal Huon	individual	Veterano M50	45:19	+15:08	04:32
284	308	Sara Santos Pedrosa	individual	Senior Feminino	45:22	+15:12	04:32
285	528	JOÃO BENTO	industrial desportivo vieirense	Veterano M45	45:24	+15:13	04:32
286	102	Gil Duarte	cavalinhos runners	Veterano M40	45:24	+15:14	04:32
287	211	Pedro José Gomes	fonte nova runners	Veterano M35	45:27	+15:16	04:33
288	498	Paulo Santos Fonseca	individual	Veterano M50	45:27	+15:17	04:33
289	28	RUI DUARTE	ac vermoil	Senior Masculino	45:28	+15:18	04:33
290	227	Adriano Fonte	g.d.r. figueiras mª grande	Veterano M55	45:29	+15:19	04:33
291	73	Gonçalo Nuno Moreira Ferreira	batalhabikers	Veterano M35	45:30	+15:20	04:33
292	249	Nelson Pedrosa Mota	gim running team	Senior Masculino	45:30	+15:20	04:33
293	669	Miguel Cunha	sport clube beira-mar	Senior Masculino	45:32	+15:22	04:33
294	256	João Sintra Marques	gim running team	Veterano M55	45:33	+15:23	04:33
295	157	Artur Costa	conquista ginásio	Veterano M50	45:34	+15:23	04:33
296	143	Rodolfo Deyllot	clube desportivo ribeirense	Veterano M45	45:35	+15:24	04:34
297	594	Marisa Figueiredo	peniche a correr	Veterana F40	45:35	+15:25	04:34
298	159	Gonçalo Januario	cpr. a-do-barbas	Senior Masculino	45:35	+15:25	04:34
299	607	Jacinto Ferreira	peniche a correr	Veterano M45	45:35	+15:25	04:34
300	586	Ana Pescandinha	peniche a correr	Veterana F35	45:36	+15:25	04:34
301	203	Vitor Santos	escola atletismo cartaxo	Veterano M50	45:36	+15:26	04:34
302	252	João Pedro Batista	gim running team	Veterano M35	45:38	+15:28	04:34
303	162	Luis Fernandes	cpr. a-do-barbas	Veterano M35	45:39	+15:29	04:34
304	140	Nuno Moleano	clube desportivo ribeirense	Veterano M35	45:40	+15:30	04:34
305	67	Bruno Miguel Teles Crespo Franco da Silva	batalhabikers	Senior Masculino	45:44	+15:34	04:34
306	39	EUGÉNIO MENDES	ac vermoil	Veterano M55	45:48	+15:37	04:35
307	445	Henrique Manuel Fernandes Lavaredas	individual	Veterano M40	45:48	+15:38	04:35
308	689	Jorge Robalo	corpo de intervenção	Veterano M50	45:51	+15:41	04:35
309	228	Diamantino Cruz	g.d.r. figueiras mª grande	Veterano M55	45:52	+15:41	04:35
310	729	Joao Cardoso	pulse - movement factory	Senior Masculino	45:53	+15:42	04:35

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
311	365	Patrick Pinto	individual	Senior Masculino	46:03	+15:53	04:36
312	115	Vitor Nelson Esteves Torres da Silva	ceveira team running - clube celtas do minho	Veterano M45	46:04	+15:54	04:36
313	633	Fernando Neves Estrela	pulse - movement factory	Veterano M50	46:08	+15:58	04:37
314	413	José Miguel Santos	individual	Veterano M35	46:09	+15:59	04:37
315	500	António Leitão	individual	Veterano M55	46:11	+16:01	04:37
316	637	João Santos	rocket team	Veterano M35	46:12	+16:02	04:37
317	319	BRUNO SANTOS	individual	Senior Masculino	46:13	+16:03	04:37
318	492	Francisco José Duarte Silva Ferreira	individual	Veterano M50	46:14	+16:04	04:37
319	96	Clara Miguel	cavalinhos runners	Veterana F35	46:16	+16:06	04:38
320	318	Bruno Onofre Monteiro Araújo	individual	Senior Masculino	46:19	+16:09	04:38
321	194	Suzete Silva	escola atletismo cartaxo	Veterana F40	46:20	+16:10	04:38
322	605	Nuno Silva	peniche a correr	Veterano M40	46:22	+16:11	04:38
323	412	JOSE CARLOS MENDES	individual	Veterano M35	46:22	+16:11	04:38
324	569	Pedro Ribeiro	osprimos	Veterano M35	46:24	+16:13	04:38
325	150	JOSÉ MARTINS	clube veteranos do lis- leiria	Veterano M50	46:28	+16:17	04:39
326	461	Ricardo Nuno Pedrosa da Silva	individual	Veterano M40	46:29	+16:18	04:39
327	454	Pascoal Moleiro	individual	Veterano M40	46:30	+16:19	04:39
328	180	Alexandre rafael Costa Lourenço	cscrfchameca	Senior Masculino	46:33	+16:22	04:39
329	356	Micael Santos	individual	Senior Masculino	46:33	+16:23	04:39
330	436	Brito FERREIRA	individual	Veterano M40	46:39	+16:28	04:40
331	485	Rui Miguel Ferreira Gaspar	individual	Veterano M45	46:42	+16:31	04:40
332	329	Eduardo Costa	individual	Senior Masculino	46:46	+16:35	04:41
333	354	Marco Pimenta	individual	Senior Masculino	46:51	+16:40	04:41
334	147	LILIANA NEVES	clube veteranos do lis- leiria	Veterana F35	46:52	+16:41	04:41
335	335	Fernando Lopes	individual	Senior Masculino	46:52	+16:42	04:41
336	187	Pedro Miguel Lopes Vieira	cscrfchameca	Veterano M40	46:57	+16:46	04:42
337	417	NELSON FERRAZ MOREIRA	individual	Veterano M35	46:58	+16:47	04:42
338	272	Sérgio Marcelino	grupo alegre unido bajouca	Veterano M50	47:03	+16:53	04:42
339	255	Fernando da Silva Parracho	gim running team	Veterano M55	47:06	+16:55	04:43
340	501	ANTONIO MANUEL MARQUES CARREIRA	individual	Veterano M55	47:06	+16:55	04:43
341	677	Nuno Rosa	team pipoca	Veterano M40	47:09	+16:58	04:43
342	327	Diogo Silveiro	individual	Senior Masculino	47:10	+17:00	04:43
343	253	José António da Cruz Silveirinha	gim running team	Veterano M35	47:11	+17:01	04:43
344	560	Jorge Lopes	mondegopeças	Veterano M35	47:12	+17:01	04:43
345	464	Virgílio Neto	individual	Veterano M40	47:12	+17:02	04:43
346	656	Vitor João Carpalhoso	slow runners pombal	Senior Masculino	47:13	+17:03	04:43
347	181	ANDRÉ RAFAEL DA COSTA LOPES	cscrfchameca	Senior Masculino	47:16	+17:05	04:44
348	77	Lino Miguel Moreira Ferreira	batalhakers	Veterano M40	47:17	+17:07	04:44
349	338	Frederico Neves	individual	Senior Masculino	47:19	+17:08	04:44
350	382	WILSON GONÇALVES RODRIGUES	individual	Senior Masculino	47:19	+17:09	04:44
351	348	João Pedro Rodrigues da Silva	individual	Senior Masculino	47:20	+17:10	04:44
352	451	Nelson Norte	individual	Veterano M40	47:22	+17:11	04:44



**PROVA PRINCIPAL - STAGE 1**
**10 KM**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
**OFFICIAL RESULT**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
353	369	Pedro Alberto Fernandes	individual	Senior Masculino	47:30	+17:20	04:45
354	597	Eduardo Baptista	peniche a correr	Veterano M35	47:33	+17:22	04:45
355	286	António Santos	grupo desportivo e cultural de guilhovai	Veterano M45	47:35	+17:25	04:46
356	278	Tomé Pereira	grupo de amigos dos casais do vento	Senior Masculino	47:36	+17:26	04:46
358	72	Rui Miguel Costa e Silva	batalhabikers	Senior Masculino	47:39	+17:28	04:46
359	688	Ricardo Calado	corpo de intervenção	Senior Masculino	47:41	+17:30	04:46
360	466	Alberto Branco	individual	Veterano M45	47:43	+17:33	04:46
361	631	David Miguel Mota Lopes	pulse - movement factory	Veterano M40	47:46	+17:36	04:47
362	337	Frederico Grilo	individual	Senior Masculino	47:49	+17:38	04:47
363	254	Manuel António Rodrigues dos Santos	gim running team	Veterano M45	47:50	+17:39	04:47
364	408	Henrique Ferreira dos Santos	individual	Veterano M35	47:50	+17:39	04:47
365	380	Vasco André dos Santos Guedes	individual	Senior Masculino	47:50	+17:40	04:47
366	186	Miguel Ângelo Duarte das Neves Matias	cscrffcharneca	Veterano M40	48:00	+17:49	04:48
367	418	NELSON SILVA LOPES	individual	Veterano M35	48:02	+17:51	04:48
368	41	ALFREDO SANTOS	ac vermeil	Veterano M60	48:04	+17:53	04:48
369	662	Joao Pedro Monteiro	slow runners pombal	Veterano M35	48:10	+17:59	04:49
370	420	Nuno Moreira	individual	Veterano M35	48:11	+18:00	04:49
371	667	Vitor Manuel Borges Fontes	sport castanheira de pera e benfica	Veterano M55	48:13	+18:02	04:49
372	189	Luís Fernando Rocha das Neves	cscrffcharneca	Veterano M50	48:14	+18:03	04:49
373	409	Humberto Oliveira	individual	Veterano M35	48:21	+18:11	04:50
374	55	MARIA PEREIRA	atletico clube batalha	Veterana F40	48:22	+18:11	04:50
375	635	Yvo Matias	rocket team	Senior Masculino	48:22	+18:12	04:50
376	342	Guilherme Oliveira	individual	Senior Masculino	48:23	+18:12	04:50
377	367	Paulo Marques	individual	Senior Masculino	48:24	+18:13	04:50
378	489	Arlindo da Silva Santos	individual	Veterano M50	48:26	+18:16	04:51
379	313	André Mendes	individual	Senior Masculino	48:27	+18:16	04:51
380	110	Rui Graça	ccd crédito agrícola mútuo	Veterano M50	48:28	+18:17	04:51
381	296	Adriana Alina Majer	individual	Senior Feminino	48:32	+18:21	04:51
382	429	Sérgio Alexandre Mendes Vinagre Ferreira Artilheiro	individual	Veterano M35	48:33	+18:23	04:51
383	397	Alexandre Portilha	individual	Veterano M35	48:37	+18:26	04:52
384	551	Rosa Lúcia Silva	ligeirinhos	Veterana F35	48:39	+18:28	04:52
385	340	Gonçalo da Silva Bregieiro	individual	Senior Masculino	48:39	+18:29	04:52
386	426	Ricardo Páscoa	individual	Veterano M35	48:39	+18:29	04:52
387	94	Leandro Santos	cavalinhos runners	Senior Masculino	48:40	+18:29	04:52
388	665	Pedro Pimpão	slow runners pombal	Veterano M35	48:43	+18:32	04:52
389	344	Henrique Costa	individual	Senior Masculino	48:43	+18:32	04:52
390	603	Carlos Lopes	peniche a correr	Veterano M40	48:46	+18:36	04:53
391	604	Nuno Chicharro	peniche a correr	Veterano M40	48:47	+18:36	04:53
392	325	Daniel Rodrigues	individual	Senior Masculino	48:48	+18:38	04:53
393	460	PEDRO NATARIO	individual	Veterano M40	48:51	+18:41	04:53
394	648	Rodolfo Orfão	sinmetro	Veterano M35	48:52	+18:41	04:53
395	144	Domingos Lavinha	clube desportivo ribeirense	Veterano M55	48:57	+18:47	04:54
396	250	Tiago Filipe Gomes Dias	gim running team	Senior Masculino	48:58	+18:47	04:54
397	561	Pedro Ferreira	mondegopeças	Veterano M35	48:58	+18:47	04:54

## PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
398	482	Paulo Martins	individual	Veterano M45	49:01	+18:51	04:54
399	491	Fernando Pereira Marques	individual	Veterano M50	49:03	+18:53	04:54
400	509	José Lourenço	individual	Veterano M55	49:04	+18:54	04:54
401	125	Marina Felix	clube atletismo de marinha grande	Veterana F35	49:05	+18:54	04:55
402	518	José Luis PINTO FERNANDES	individual	Veterano M60	49:07	+18:56	04:55
403	280	Manuel Alves	grupo de amigos dos casais do vento	Veterano M50	49:09	+18:59	04:55
404	414	justino manuel r silva	individual	Veterano M35	49:09	+18:59	04:55
405	93	João Reis	cavalinhos runners	Senior Masculino	49:11	+19:00	04:55
406	505	António Sousa	individual	Veterano M55	49:13	+19:03	04:55
407	618	Jorge Henriques	peregrinos de coimbra	Veterano M45	49:21	+19:11	04:56
408	368	Paulo Mauricio	individual	Senior Masculino	49:29	+19:18	04:57
409	46	João Graça	acrm silveirinha grande claras	Veterano M60	49:30	+19:20	04:57
410	450	Miguel Ferreira	individual	Veterano M40	49:32	+19:22	04:57
411	415	Luís Filipe Ferreira Mendes	individual	Veterano M35	49:42	+19:31	04:58
412	206	Blandina Lourenço	flechas bike running	Veterana F35	49:48	+19:37	04:59
413	207	Helder Miranda	flechas bike running	Veterano M35	49:48	+19:37	04:59
414	204	Maria Herminia Fonseca Rodrigues	escola de atletismo rosa oliveira	Veterana F40	49:52	+19:42	04:59
415	183	Nicolau Cravo Ferreira	cscrcharneca	Senior Masculino	49:53	+19:43	04:59
416	521	Narciso Arromba	individual	Veterano M60	49:55	+19:44	05:00
417	103	Paulo Ferreira	cavalinhos runners	Veterano M40	50:00	+19:49	05:00
418	493	MANUEL GONÇALVES DOS SANTOS	individual	Veterano M50	50:03	+19:52	05:00
419	383	Zé Cardinho	individual	Senior Masculino	50:11	+20:01	05:01
420	438	Eduardo Jorge Faustino Vieira	individual	Veterano M40	50:18	+20:08	05:02
421	685	João	zcontas	Senior Masculino	50:20	+20:10	05:02
422	441	Fernando Parreira	individual	Veterano M40	50:22	+20:11	05:02
423	609	José Julio Anastácio	peniche a correr	Veterano M55	50:27	+20:17	05:03
424	40	LEANDRO SANTOS	ac vermeil	Veterano M55	50:34	+20:24	05:03
425	6	João Lima	4 ao km	Veterano M55	50:36	+20:26	05:04
426	269	Virgílio Alberto	grupo alegre unido bajouca	Veterano M45	50:41	+20:31	05:04
427	341	Gonçalo Duarte Gonçalves	individual	Senior Masculino	50:44	+20:33	05:04
428	217	liliana rangel	g d 3 santos populares	Veterana F40	50:45	+20:35	05:05
429	312	André Filipe da Costa Monteiro	individual	Senior Masculino	50:48	+20:38	05:05
430	517	Custodio Neto	individual	Veterano M60	50:50	+20:39	05:05
431	202	Jorge Barata	escola atletismo cartaxo	Veterano M50	50:52	+20:41	05:05
432	361	Nelson Miguel Ferreira Pedro	individual	Senior Masculino	50:53	+20:43	05:05
433	246	Heitor Gomes	georunners	Veterano M40	51:00	+20:50	05:06
434	274	Ramiro Rodrigues	grupo alegre unido bajouca	Veterano M55	51:01	+20:51	05:06
435	69	Nuno Alexandre Carreira Leal	batalhabikers	Senior Masculino	51:03	+20:53	05:06
436	628	Jhonny Pereira	pulse - movement factory	Senior Masculino	51:06	+20:55	05:07
437	129	Cármem Silva	clube de atletismo da barreira	Veterana F35	51:07	+20:56	05:07
438	231	Leonel Rodrigues	g.d.r. figueiras mª grande	Veterano M60	51:07	+20:57	05:07
439	332	Fábio Gonçalves	individual	Senior Masculino	51:08	+20:58	05:07
440	400	Bruno Pimenta	individual	Veterano M35	51:10	+20:59	05:07
441	724	Tiago Jordão	grupo desportivo e cultural de guilhovai	Senior Masculino	51:15	+21:04	05:08
442	316	Bruno Alexandre da Silva Cordeiro	individual	Senior Masculino	51:24	+21:13	05:08

**PROVA PRINCIPAL - STAGE 1**

**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
443	448	Manuel Tomás	individual	Veterano M40	51:31	+21:20	05:09
444	261	Rosa Henriques	grupo alegre unido bajouca	Veterana F35	51:32	+21:22	05:09
445	449	Mario Gonçalves Salgado	individual	Veterano M40	51:35	+21:24	05:10
446	407	gilberto dos santos marques	individual	Veterano M35	51:35	+21:25	05:10
447	185	Carlos António Mota Longo da Conceição	cscrfcharneca	Veterano M40	51:39	+21:28	05:10
448	647	Cristina Barros	sinmetro	Veterana F40	51:41	+21:30	05:10
449	419	Nuno Alexandre Duarte da Mota	individual	Veterano M35	51:47	+21:36	05:11
450	182	Bruno Miguel Ferreira Simões Lima	cscrfcharneca	Senior Masculino	51:52	+21:41	05:11
451	661	Gina Domingues	slow runners pombal	Veterana F40	51:56	+21:45	05:12
452	406	Francisco Sousa	individual	Veterano M35	52:02	+21:51	05:12
453	386	Elsa Maria Lopes Soares	individual	Veterana F35	52:10	+21:59	05:13
454	480	Nuno Pinheiro	individual	Veterano M45	52:10	+22:00	05:13
455	275	Marta Matos	grupo convivio amizade donas	Senior Feminino	52:11	+22:00	05:13
456	502	António Mota	individual	Veterano M55	52:19	+22:09	05:14
457	360	Nelson dos Santos Vieira	individual	Senior Masculino	52:21	+22:10	05:14
458	570	Beto Oliveira	osprimos	Veterano M40	52:23	+22:13	05:14
459	68	Cristiano Quitério	batalhabikers	Senior Masculino	52:26	+22:16	05:15
460	405	Filipe Miguel Pena Rodrigues Videira Eusébio	individual	Veterano M35	52:34	+22:23	05:15
461	309	Sofia Faria	individual	Senior Feminino	52:39	+22:28	05:16
462	399	BRUNO MANUEL DA SILVA PEDROSA	individual	Veterano M35	52:41	+22:31	05:16
463	107	Filipe Simões	ccd crédito agrícola mútuo	Veterano M40	52:45	+22:34	05:17
464	730	Tania Ferreira	gym running team	Senior Feminino	52:47	+22:36	05:17
465	453	Nuno Da Silva	individual	Veterano M40	53:04	+22:54	05:18
466	86	Armando Delgado	casa do benfica da figueira da foz	Veterano M55	53:04	+22:54	05:18
467	463	Samuel Ferraz Costa	individual	Veterano M40	53:11	+23:00	05:19
468	659	Natalia Mendes	slow runners pombal	Veterana F35	53:14	+23:03	05:19
469	212	Sérgio Ribeiro	fonte nova runners	Veterano M40	53:17	+23:06	05:20
470	514	Alexandrino Silveiro	individual	Veterano M60	53:20	+23:09	05:20
471	452	Nuno Cruz	individual	Veterano M40	53:30	+23:20	05:21
472	242	José Lucas	gasoutos-grupo atlético dos soutos	Veterano M60	53:42	+23:31	05:22
473	97	Liliana Martins	cavalinhos runners	Veterana F35	53:47	+23:37	05:23
474	99	David Francisco	cavalinhos runners	Veterano M35	53:47	+23:37	05:23
475	297	Adriana Costa	individual	Senior Feminino	53:50	+23:40	05:23
476	395	ANA PAULA PINTO	individual	Veterana F40	54:00	+23:50	05:24
477	470	Carlos Vitorino	individual	Veterano M45	54:00	+23:50	05:24
478	184	Álvaro José Vieira Lopes	cscrfcharneca	Veterano M35	54:08	+23:57	05:25
479	191	MARCO PASCOAL	dream team	Senior Masculino	54:10	+24:00	05:25
480	431	Sidónio Ferreira dos Santos	individual	Veterano M35	54:13	+24:02	05:25
481	598	Marcio Marques	peniche a correr	Veterano M35	54:19	+24:09	05:26
482	188	Pascoal Duarte Oliveira	cscrfcharneca	Veterano M45	54:23	+24:12	05:26
483	473	Jorge Martins dos Santos	individual	Veterano M45	54:27	+24:17	05:27
484	510	Luís Barroso	individual	Veterano M55	54:31	+24:21	05:27
485	423	PEDRO FILIPE COSTA PEREIRA	individual	Veterano M35	54:34	+24:24	05:27
486	587	Julia Rica	peniche a correr	Veterana F35	54:36	+24:25	05:28

## PROVA PRINCIPAL - STAGE 1

## 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
487	626	Elodie Pedrosa Costa	pulse - movement factory	Senior Feminino	54:38	+24:27	05:28
488	294	Raquel Madeira	gym runners	Senior Feminino	54:38	+24:27	05:28
489	434	António Gomes	individual	Veterano M40	54:43	+24:32	05:28
490	391	Sara Domingues	individual	Veterana F35	54:43	+24:32	05:28
491	479	Mário Silva	individual	Veterano M45	54:47	+24:36	05:29
492	444	Helder Monteiro	individual	Veterano M40	54:47	+24:37	05:29
493	584	Nuno Barata	peniche a correr	Senior Masculino	54:48	+24:37	05:29
494	591	Vânia Zarro	peniche a correr	Veterana F35	54:48	+24:37	05:29
495	401	David Mota	individual	Veterano M35	54:50	+24:39	05:29
496	550	Deolinda Silva	ligeirinhos	Veterana F35	54:54	+24:43	05:29
497	515	António Correia	individual	Veterano M60	55:00	+24:50	05:30
498	465	Agostinho Barros	individual	Veterano M45	55:05	+24:55	05:31
499	108	João Rodrigues	ccd crédito agrícola mútuo	Veterano M40	55:32	+25:22	05:33
500	728	Francisco Tavares	grupo desportivo e cultural de guilhovai	Veterano M50	55:43	+25:32	05:34
501	130	Sílvia Coelho	clube de atletismo da barreira	Veterana F35	55:47	+25:36	05:35
502	226	Fernando Ferreira	g.d.r. figueiras mª grande	Veterano M50	55:49	+25:38	05:35
503	639	Pedro Figueiredo	rocket team	Veterano M40	55:51	+25:41	05:35
504	562	Luis Pedro Reis	mondegopeças	Veterano M40	56:06	+25:56	05:37
505	520	Manuel Pereira	individual	Veterano M60	56:13	+26:03	05:37
506	664	Pedro Moreira	slow runners pombal	Veterano M35	56:13	+26:03	05:37
507	402	David Rodrigues Fernandes	individual	Veterano M35	56:26	+26:16	05:39
508	546	Catarina Sintra	lama solta	Veterana F35	56:28	+26:17	05:39
509	545	Marina Barroca	lama solta	Senior Feminino	56:28	+26:18	05:39
510	224	Manuel António Lopes Sequeira	g.d.c.t. repsol polímeros	Veterano M60	56:37	+26:26	05:40
511	660	SILVIA DOMINGUES	slow runners pombal	Veterana F35	56:41	+26:30	05:40
512	540	Adélia Pedrsa	jogging lovers coimbra	Veterana F35	56:41	+26:31	05:40
513	625	Carolina Meco Rosa Estrela	pulse - movement factory	Senior Feminino	56:43	+26:33	05:40
514	624	Carolina Longo	pulse - movement factory	Senior Feminino	56:44	+26:33	05:40
515	646	Bruno Fernandes	simito	Senior Masculino	56:44	+26:34	05:40
516	2	Sónia Ferreira	individual	Veterana F35	56:45	+26:35	05:41
517	655	Gonçalo Freitas	slow runners pombal	Senior Masculino	56:46	+26:35	05:41
518	362	Nuno Emanuel Sotto Mayor	individual	Senior Masculino	56:46	+26:35	05:41
519	244	HELDER GONÇALVES	gaspar & costa lda	Veterano M40	56:53	+26:42	05:41
520	243	CARLOS GASPAR	gaspar & costa lda	Veterano M40	56:53	+26:42	05:41
521	61	Liliana Brites	batalhabikers	Senior Feminino	56:59	+26:48	05:42
522	490	Carlos Barroso	individual	Veterano M50	57:01	+26:50	05:42
523	472	Horácio Cândido Mendes da Costa	individual	Veterano M45	57:05	+26:54	05:43
524	372	Pedro Maia	individual	Senior Masculino	57:15	+27:04	05:44
525	260	Anabela Fernandes	grupo alegre unido bajouca	Veterana F35	57:19	+27:08	05:44
526	370	Pedro Joel Silva Pedrosa	individual	Senior Masculino	57:44	+27:34	05:46
527	306	Lúcia Ferreira	individual	Senior Feminino	57:52	+27:42	05:47
528	504	António Seródio	individual	Veterano M55	57:52	+27:42	05:47
529	396	Cláudia Sofia Sousa Mendes Mota	individual	Veterana F40	58:07	+27:56	05:49
530	387	Maria Antónia Portilha	individual	Veterana F35	58:08	+27:58	05:49
531	630	Adelino António Neves Gaspar	pulse - movement factory	Veterano M35	58:29	+28:18	05:51
532	484	Rui Manuel Gomes Brunheta	individual	Veterano M45	58:38	+28:28	05:52

**PROVA PRINCIPAL - STAGE 1**

**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
533	543	MARIA DO ROSARIO SANTOS BARROS	juventude vidigalense	Veterana F35	59:09	+28:59	05:55
534	559	Sónia Neto	mondegopeças	Veterana F40	59:21	+29:11	05:56
535	486	Vitor Gariso	individual	Veterano M45	59:28	+29:17	05:57
536	172	Maria Anastácio Luis	crp / profiserv	Senior Feminino	59:34	+29:24	05:57
537	678	Ricardo Carrasqueira	tlc	Veterano M35	59:34	+29:24	05:57
538	494	Manuel R Gameiro	individual	Veterano M50	59:36	+29:26	05:58
539	522	Rogério Freire Luís	individual	Veterano M60	59:39	+29:28	05:58
540	725	Kelly Silva	individual	Senior Feminino	59:44	+29:33	05:58
541	592	Ana Fortunato	peniche a correr	Veterana F40	01:00:14	+30:04	06:01
542	12	Zulmira Godinho Ferreira Silva	a.d.r.águas belas	Veterana F40	01:00:14	+30:04	06:01
543	679	Ana Roma	trio de aristides	Veterana F40	01:00:18	+30:07	06:02
544	300	Andreia Alves	individual	Senior Feminino	01:00:21	+30:11	06:02
545	304	Lídia Neto Ferreira	individual	Senior Feminino	01:00:30	+30:19	06:03
546	375	Rodrigo José Augusta Luis	individual	Senior Masculino	01:00:43	+30:33	06:04
547	336	Francisco Miguel Coelho Serra	individual	Senior Masculino	01:00:44	+30:33	06:04
548	303	Juliana Silva Oliveira	individual	Senior Feminino	01:00:46	+30:35	06:05
549	681	Artur Pires	trio de aristides	Veterano M45	01:01:48	+31:37	06:11
550	636	Liliana Pedrosa	rocket team	Veterana F35	01:01:57	+31:47	06:12
551	314	André Pinto	individual	Senior Masculino	01:02:03	+31:53	06:12
552	98	Sonia Batista	cavalinhos runners	Veterana F35	01:02:21	+32:10	06:14
553	462	RUI TERCEIRO	individual	Veterano M40	01:02:21	+32:11	06:14
554	214	Patrícia Gaspar	freerunners	Veterana F35	01:02:30	+32:19	06:15
555	499	Albino PACHECO	individual	Veterano M55	01:02:33	+32:23	06:15
556	680	Estefânia Pires	trio de aristides	Veterana F40	01:02:39	+32:28	06:16
557	676	Eva Ferreira	team pipoca	Senior Feminino	01:02:44	+32:33	06:16
558	588	Marta Baptista	peniche a correr	Veterana F35	01:03:06	+32:55	06:19
559	582	Inês Romão	peniche a correr	Senior Feminino	01:03:06	+32:55	06:19
560	720	Luis Pedro	individual	Veterano M40	01:03:19	+33:08	06:20
561	389	Monica Cristina Santos Pedras	individual	Veterana F35	01:03:23	+33:13	06:20
562	82	JORGE ALVES OLIVEIRA	bitrain	Veterano M60	01:04:43	+34:32	06:28
563	589	Nélia Anastácio Pereira	peniche a correr	Veterana F35	01:04:51	+34:40	06:29
564	251	Elisabete Maria dos Santos Pedrosa	gim running team	Veterana F35	01:05:08	+34:57	06:31
565	355	Mendes	individual	Senior Masculino	01:05:08	+34:57	06:31
566	388	Maria Cecília Mendes de oliveira	individual	Veterana F35	01:05:20	+35:10	06:32
567	488	Almerindo	individual	Veterano M50	01:05:21	+35:10	06:32
568	539	Vania João	joão paulo	Veterana F35	01:05:23	+35:13	06:32
569	538	Rodrigo Paulo	joão paulo	Senior Masculino	01:05:23	+35:13	06:32
570	608	Joaquim Cação	peniche a correr	Veterano M50	01:05:31	+35:20	06:33
571	583	Marta Cação	peniche a correr	Senior Feminino	01:05:31	+35:21	06:33
572	593	Maria Fátima Anastácio	peniche a correr	Veterana F40	01:05:31	+35:21	06:33
573	75	Henrique Jorge de Sousa Dionísio	batalhábikers	Veterano M40	01:05:35	+35:24	06:34
574	65	Vitória Moreira	batalhábikers	Senior Feminino	01:06:16	+36:06	06:38
575	63	Patrícia Maria Ferreira Faustino	batalhábikers	Senior Feminino	01:06:16	+36:06	06:38
576	600	Mário Zarro	peniche a correr	Veterano M35	01:07:06	+36:56	06:43
577	590	Susana Silva	peniche a correr	Veterana F35	01:07:07	+36:56	06:43



**PROVA PRINCIPAL - STAGE 1**

**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
578	686	Vasco	zcontas	Veterano M40	01:07:59	+37:49	06:48
579	668	DEOLINDA HENRIQUES SILVA ALVES	sport club conimbricense	Veterana F40	01:09:09	+38:58	06:55
580	384	Ana Homem	individual	Veterana F35	01:10:08	+39:57	07:01
581	104	Pedro Sousa	cavalinhos runners	Veterano M40	01:10:26	+40:16	07:03
582	310	Teresa Raquel Marques Zuna	individual	Senior Feminino	01:12:14	+42:03	07:13

**Prova Principal**
**10 KM**
**OFFICIAL RESULT**

	Time	Temperature	Humidity
Start	19:00	31,1°C	38%
End	20:32	31,1°C	38%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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**Senior Feminino**

1	693	Daniela Cunha	Sporting Clube de Portugal	Senior Feminino	34:13		03:25
2	649	Emilia Piseiro	SL Benfica	Senior Feminino	35:25	+01:13	03:33
3	301	Catarina da Luz Fazendeiro Carvalho	Individual	Senior Feminino	36:25	+02:12	03:39
4	671	Sara Pinho	Sporting Clube de Portugal	Senior Feminino	36:31	+02:18	03:39
5	553	Susana Cunha	Linda-A-Pastora Sporting Clube	Senior Feminino	36:58	+02:46	03:42
6	53	Margarida Dionísio	Associação Cultural e Recreativa Senhora do Desterro	Senior Feminino	38:08	+03:55	03:49
7	281	Raquel Cristina Frade Cabaço	Grupo Desportivo Diana	Senior Feminino	38:12	+03:59	03:49
8	670	Sandra Protásio	Sporting Clube de Portugal	Senior Feminino	39:18	+05:06	03:56
9	80	Helena Miranda	Belavista	Senior Feminino	39:31	+05:19	03:57
10	120	Rute Sofia Gonçalves Ferreira	Club Sport Marítimo	Senior Feminino	41:23	+07:10	04:08
11	547	Vera Portela	Leiria Marcha Atlético Clube	Senior Feminino	43:36	+09:24	04:22
12	22	MANUELA MARTINS	AC VERMOIL	Senior Feminino	43:53	+09:40	04:23
13	21	CAROLINA MATIAS	AC VERMOIL	Senior Feminino	44:06	+09:54	04:25
14	308	Sara Santos Pedrosa	Individual	Senior Feminino	45:22	+11:10	04:32
15	296	Adriana Alina Majer	Individual	Senior Feminino	48:32	+14:19	04:51
16	275	Marta Matos	grupo convivio amizade donas	Senior Feminino	52:11	+17:58	05:13
17	309	Sofia Faria	Individual	Senior Feminino	52:39	+18:26	05:16
18	730	Tania Ferreira	Gym Running Team	Senior Feminino	52:47	+18:34	05:17
19	297	Adriana Costa	Individual	Senior Feminino	53:50	+19:38	05:23
20	626	Elodie Pedrosa Costa	Pulse - Movement Factory	Senior Feminino	54:38	+20:25	05:28
21	294	Raquel Madeira	Gym Runners	Senior Feminino	54:38	+20:25	05:28
22	545	Marina Barroca	Lama Solta	Senior Feminino	56:28	+22:16	05:39
23	625	Carolina Meco Rosa Estrela	Pulse - Movement Factory	Senior Feminino	56:43	+22:31	05:40
24	624	Carolina Longo	Pulse - Movement Factory	Senior Feminino	56:44	+22:31	05:40
25	61	Liliana Brites	Batalhabikers	Senior Feminino	56:59	+22:46	05:42
26	306	Lúcia Ferreira	Individual	Senior Feminino	57:52	+23:40	05:47
27	172	Maria Anastácio luis	CRP / Profiserv	Senior Feminino	59:34	+25:22	05:57
28	725	Kelly Silva	Individual	Senior Feminino	59:44	+25:31	05:58
29	300	Andreia Alves	Individual	Senior Feminino	01:00:21	+26:09	06:02
30	304	Lídia Neto Ferreira	Individual	Senior Feminino	01:00:30	+26:17	06:03
31	303	Juliana Silva Oliveira	Individual	Senior Feminino	01:00:46	+26:33	06:05
32	676	Eva Ferreira	Team Pipoca	Senior Feminino	01:02:44	+28:31	06:16
33	582	Inês Romão	Peniche a Correr	Senior Feminino	01:03:06	+28:53	06:19
34	583	Marta Cação	Peniche a Correr	Senior Feminino	01:05:31	+31:19	06:33
35	65	Vitória Moreira	Batalhabikers	Senior Feminino	01:06:16	+32:04	06:38
36	63	Patrícia Maria Ferreira Faustino	Batalhabikers	Senior Feminino	01:06:16	+32:04	06:38
37	310	Teresa Raquel Marques Zuna	Individual	Senior Feminino	01:12:14	+38:01	07:13



Prova Principal

10 KM

OFFICIAL RESULT

42	317	Bruno Neves	Individual	Senior Masculino	40:17	+10:07	04:02
43	351	José Pedro Moreira Ribeiro da Mota	Individual	Senior Masculino	40:31	+10:21	04:03
44	192	Pedro Santos	Escola Atletismo Cartaxo	Senior Masculino	40:44	+10:33	04:04
45	247	João Pedro Ferreira Fernandes	GIM Running Team	Senior Masculino	41:00	+10:50	04:06
46	85	João Nuno Ferreira Santos	Casa do Benfica da Figueira da Foz	Senior Masculino	41:15	+11:05	04:08
47	357	Michael Mendes	Individual	Senior Masculino	41:18	+11:07	04:08
48	542	Pedro Barros Roberto	Juventude Vidigalense	Senior Masculino	41:19	+11:09	04:08
49	324	Cláudio Bica	Individual	Senior Masculino	41:22	+11:12	04:08
50	541	Jorge Luis Gonçalves Vieira	Juventude Vidigalense	Senior Masculino	41:27	+11:16	04:09
51	248	Joel Filipe Ramos Oliveira	GIM Running Team	Senior Masculino	41:30	+11:19	04:09
52	674	Emmanuel Mendes	SRJardoeira	Senior Masculino	41:37	+11:26	04:10
53	232	Bernardo Pereira	GAC-Grupo de Atletismo da Caranguejeira	Senior Masculino	41:43	+11:33	04:10
54	44	Ricardo Nunes	ACRM Silveirinha Grande Claras	Senior Masculino	42:06	+11:55	04:13
55	364	Patrício Martins	Individual	Senior Masculino	42:08	+11:58	04:13
56	722	Ricardo Santos	Individual	Senior Masculino	42:15	+12:04	04:14
57	328	Edgar Domingues	Individual	Senior Masculino	42:20	+12:09	04:14
58	334	Fábio Santos	Individual	Senior Masculino	42:26	+12:15	04:15
59	42	João Pedro da Silva Dâmaso	ACRM Silveirinha Grande Claras	Senior Masculino	42:29	+12:18	04:15
60	347	João Mário Lopes Sacramento	Individual	Senior Masculino	42:47	+12:36	04:17
61	556	Jorge Henriques	Lourival Bike Team	Senior Masculino	42:48	+12:37	04:17
62	322	Carlos Manuel Cruz Silva	Individual	Senior Masculino	42:48	+12:37	04:17
63	363	Nuno Miguel Silva Coutinho	Individual	Senior Masculino	42:55	+12:45	04:18
64	161	Marcio Sousa	CPR. A-do-Barbas	Senior Masculino	42:58	+12:48	04:18
65	523	MIGUEL COELHO	INDUSTRIAL DESPORTIVO VIEIRENSE	Senior Masculino	43:00	+12:49	04:18
66	54	RUI LAMEIRO	Atlético Clube Batalha	Senior Masculino	43:08	+12:57	04:19
67	627	Diogo Nunes	Pulse - Movement Factory	Senior Masculino	43:11	+13:00	04:19
68	43	Joel Santos	ACRM Silveirinha Grande Claras	Senior Masculino	43:49	+13:39	04:23
69	345	João Alves	Individual	Senior Masculino	43:51	+13:40	04:23
70	326	Dinis Maurício	Individual	Senior Masculino	43:55	+13:44	04:24
71	358	Miguel Ângelo Tavares Freire	Individual	Senior Masculino	43:59	+13:49	04:24
72	371	Pedro José Neves Marques	Individual	Senior Masculino	44:03	+13:53	04:24
73	190	JONI CORREIA	DREAM TEAM	Senior Masculino	44:04	+13:54	04:24
74	333	Fábio Roxo	Individual	Senior Masculino	44:09	+13:58	04:25
75	321	Carlos José Santos	Individual	Senior Masculino	44:19	+14:08	04:26
76	359	Miguel Lopes Costa	Individual	Senior Masculino	44:26	+14:15	04:27
77	666	Nuno Miguel Pimentel	Sport Castanheira De Pera e Benfica	Senior Masculino	44:28	+14:18	04:27
78	343	Guillaume-Henri HUON	Individual	Senior Masculino	44:49	+14:38	04:29
79	366	Paulo Alexandre Ramalho Rodrigues	Individual	Senior Masculino	45:03	+14:52	04:30
80	353	Marco lopes	Individual	Senior Masculino	45:05	+14:55	04:31
81	374	RICARDO DIAS	Individual	Senior Masculino	45:14	+15:03	04:31
82	49	Nuno Vitorino	ADRM MATA	Senior Masculino	45:17	+15:06	04:32
83	315	Baptiste Huon	Individual	Senior Masculino	45:18	+15:07	04:32
84	28	RUI DUARTE	AC VERMOIL	Senior Masculino	45:28	+15:18	04:33
85	249	Nelson Pedrosa Mota	GIM Running Team	Senior Masculino	45:30	+15:20	04:33

Official Timekeeper: Lap2Go	3 / 15	generate 30-jul-2016 20:54
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**Prova Principal**

**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

86	669	Miguel Cunha	Sport Clube Beira-Mar	Senior Masculino	45:32	+15:22	04:33
87	159	Gonçalo Januario	CPR. A-do-Barbas	Senior Masculino	45:35	+15:25	04:34
88	67	Bruno Miguel Teles Crespo Franco da Silva	Batalhabikers	Senior Masculino	45:44	+15:34	04:34
89	729	Joao Cardoso	Pulse - Movement Factory	Senior Masculino	45:53	+15:42	04:35
90	365	Patrick Pinto	Individual	Senior Masculino	46:03	+15:53	04:36
91	319	BRUNO SANTOS	Individual	Senior Masculino	46:13	+16:03	04:37
92	318	Bruno Onofre Monteiro Araújo	Individual	Senior Masculino	46:19	+16:09	04:38
93	180	Alexandre rafael Costa Lourenço	cscrcharneca	Senior Masculino	46:33	+16:22	04:39
94	356	Micael Santos	Individual	Senior Masculino	46:33	+16:23	04:39
95	329	Eduardo Costa	Individual	Senior Masculino	46:46	+16:35	04:41
96	354	Marco Pimenta	Individual	Senior Masculino	46:51	+16:40	04:41
97	335	Fernando Lopes	Individual	Senior Masculino	46:52	+16:42	04:41
98	327	Diogo Silveiro	Individual	Senior Masculino	47:10	+17:00	04:43
99	656	Vitor João Carpalhoso	Slow Runners Pombal	Senior Masculino	47:13	+17:03	04:43
100	181	ANDRÉ RAFAEL DA COSTA LOPES	cscrcharneca	Senior Masculino	47:16	+17:05	04:44
101	338	Frederico Neves	Individual	Senior Masculino	47:19	+17:08	04:44
102	382	WILSON GONÇALVES RODRIGUES	Individual	Senior Masculino	47:19	+17:09	04:44
103	348	João Pedro Rodrigues da Silva	Individual	Senior Masculino	47:20	+17:10	04:44
104	369	Pedro Alberto Fernandes	Individual	Senior Masculino	47:30	+17:20	04:45
105	278	Tomé Pereira	Grupo de Amigos dos Casais do Vento	Senior Masculino	47:36	+17:26	04:46
106	72	Rui Miguel Costa e Silva	Batalhabikers	Senior Masculino	47:39	+17:28	04:46
107	688	Ricardo Calado	Corpo de Intervenção	Senior Masculino	47:41	+17:30	04:46
108	337	Frederico Grilo	Individual	Senior Masculino	47:49	+17:38	04:47
109	380	Vasco André dos Santos Guedes	Individual	Senior Masculino	47:50	+17:40	04:47
110	635	Yvo Matias	Rocket Team	Senior Masculino	48:22	+18:12	04:50
111	342	Guilherme Oliveira	Individual	Senior Masculino	48:23	+18:12	04:50
112	367	Paulo Marques	Individual	Senior Masculino	48:24	+18:13	04:50
113	313	André Mendes	Individual	Senior Masculino	48:27	+18:16	04:51
114	340	Gonçalo da Silva Bregieiro	Individual	Senior Masculino	48:39	+18:29	04:52
115	94	Leandro Santos	Cavalinhos runners	Senior Masculino	48:40	+18:29	04:52
116	344	Henrique Costa	Individual	Senior Masculino	48:43	+18:32	04:52
117	325	Daniel Rodrigues	Individual	Senior Masculino	48:48	+18:38	04:53
118	250	Tiago Filipe Gomes Dias	GIM Running Team	Senior Masculino	48:58	+18:47	04:54
119	93	João Reis	Cavalinhos runners	Senior Masculino	49:11	+19:00	04:55
120	368	Paulo Mauricio	Individual	Senior Masculino	49:29	+19:18	04:57
121	183	Nicolau Cravo Ferreira	cscrcharneca	Senior Masculino	49:53	+19:43	04:59
122	383	Zé Cardinho	Individual	Senior Masculino	50:11	+20:01	05:01
123	685	João	Zcontas	Senior Masculino	50:20	+20:10	05:02
124	341	Gonçalo Duarte Gonçalves	Individual	Senior Masculino	50:44	+20:33	05:04
125	312	André Filipe da Costa Monteiro	Individual	Senior Masculino	50:48	+20:38	05:05
126	361	Nelson Miguel Ferreira Pedro	Individual	Senior Masculino	50:53	+20:43	05:05
127	69	Nuno Alexandre Carreira Leal	Batalhabikers	Senior Masculino	51:03	+20:53	05:06
128	628	Jhonny Pereira	Pulse - Movement Factory	Senior Masculino	51:06	+20:55	05:07
129	332	Fábio Gonçalves	Individual	Senior Masculino	51:08	+20:58	05:07



## Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

130	724	Tiago Jordão	Grupo Desportivo e Cultural de Guilhovai	Senior Masculino	51:15	+21:04	05:08
131	316	Bruno Alexandre da Silva Cordeiro	Individual	Senior Masculino	51:24	+21:13	05:08
132	182	Bruno Miguel Ferreira Simões Lima	cscrcharneca	Senior Masculino	51:52	+21:41	05:11
133	360	Nelson dos Santos Vieira	Individual	Senior Masculino	52:21	+22:10	05:14
134	68	Cristiano Quitério	Batalhabikers	Senior Masculino	52:26	+22:16	05:15
135	191	MARCO PASCOAL	DREAM TEAM	Senior Masculino	54:10	+24:00	05:25
136	584	Nuno Barata	Peniche a Correr	Senior Masculino	54:48	+24:37	05:29
137	646	Bruno Fernandes	SIMITO	Senior Masculino	56:44	+26:34	05:40
138	655	Gonçalo Freitas	Slow Runners Pombal	Senior Masculino	56:46	+26:35	05:41
139	362	Nuno Emanuel Sotto Mayor	Individual	Senior Masculino	56:46	+26:35	05:41
140	372	Pedro Maia	Individual	Senior Masculino	57:15	+27:04	05:44
141	370	Pedro Joel Silva Pedrosa	Individual	Senior Masculino	57:44	+27:34	05:46
142	375	Rodrigo José Augusta Luis	Individual	Senior Masculino	01:00:43	+30:33	06:04
143	336	Francisco Miguel Coelho Serra	Individual	Senior Masculino	01:00:44	+30:33	06:04
144	314	André Pinto	Individual	Senior Masculino	01:02:03	+31:53	06:12
145	355	Mendes	Individual	Senior Masculino	01:05:08	+34:57	06:31
146	538	Rodrigo Paulo	João Paulo	Senior Masculino	01:05:23	+35:13	06:32

## Veterana F35

1	691	Marisa Barros	SC Salgueiros	Veterana F35	34:56		03:30
2	586	Ana Pescandinha	Peniche a Correr	Veterana F35	45:36	+10:39	04:34
3	96	Clara Miguel	Cavalinhos runners	Veterana F35	46:16	+11:20	04:38
4	147	LILIANA NEVES	CLUBE VETERANOS DO LIS-LEIRIA	Veterana F35	46:52	+11:55	04:41
5	551	Rosa Lídia Silva	Ligeirinhos	Veterana F35	48:39	+13:42	04:52
6	125	Marina Felix	CLUBE ATLETISMO DE MARINHA GRANDE	Veterana F35	49:05	+14:08	04:55
7	206	Blandina Lourenço	Flechas Bike Running	Veterana F35	49:48	+14:51	04:59
8	129	Cármén Silva	Clube de Atletismo da Barreira	Veterana F35	51:07	+16:10	05:07
9	261	Rosa Henriques	Grupo Alegre Unido Bajouca	Veterana F35	51:32	+16:36	05:09
10	386	Elsa Maria Lopes Soares	Individual	Veterana F35	52:10	+17:13	05:13
11	659	Natalia Mendes	Slow Runners Pombal	Veterana F35	53:14	+18:17	05:19
12	97	Liliana Martins	Cavalinhos runners	Veterana F35	53:47	+18:51	05:23
13	587	Julia Rica	Peniche a Correr	Veterana F35	54:36	+19:39	05:28
14	391	Sara Domingues	Individual	Veterana F35	54:43	+19:46	05:28
15	591	Vânia Zarro	Peniche a Correr	Veterana F35	54:48	+19:51	05:29
16	550	Deolinda Silva	Ligeirinhos	Veterana F35	54:54	+19:57	05:29
17	130	Sílvia Coelho	Clube de Atletismo da Barreira	Veterana F35	55:47	+20:50	05:35
18	546	Catarina Sintra	Lama Solta	Veterana F35	56:28	+21:31	05:39
19	660	SILVIA DOMINGUES	Slow Runners Pombal	Veterana F35	56:41	+21:44	05:40
20	540	Adélia Pedrsa	Jogging Lovers Coimbra	Veterana F35	56:41	+21:45	05:40
21	2	Sónia Ferreira	Individual	Veterana F35	56:45	+21:49	05:41
22	260	Anabela Fernandes	Grupo Alegre Unido Bajouca	Veterana F35	57:19	+22:22	05:44
23	387	Maria Antónia Portilha	Individual	Veterana F35	58:08	+23:12	05:49



**Prova Principal**
**10 KM**
**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION							
7	225	Luis Martins	G.D.R. Figueiras Mª Grande	Veterano M35	35:26	+05:14	03:33
8	218	ricardo costa	G D 3 SANTOS POPULARES	Veterano M35	35:56	+05:45	03:36
9	131	Nuno Dias	Clube de Atletismo da Barreira	Veterano M35	36:33	+06:22	03:39
10	139	Marco Franco	Clube de Atletismo de Ferreira do Zêzere	Veterano M35	36:39	+06:27	03:40
11	18	Márcio Filipe Simões Pereira	A.R. Casaense / Escola de Atletismo de Coimbra	Veterano M35	36:51	+06:40	03:41
12	263	Pedro Capela	Grupo Alegre Unido Bajouca	Veterano M35	37:29	+07:18	03:45
13	132	Paulo Duarte	Clube de Atletismo da Barreira	Veterano M35	37:33	+07:21	03:45
14	675	André Veloso	SRJardoeira	Veterano M35	37:57	+07:45	03:48
15	235	Nuno Casalinho	GAC-Grupo de Atletismo da Caranguejeira	Veterano M35	38:02	+07:50	03:48
16	30	NELSON FERREIRA	AC VERMOIL	Veterano M35	38:50	+08:38	03:53
17	173	Alexandre araujo	CRP / Profiserv	Veterano M35	39:01	+08:49	03:54
18	105	Miguel Gonçalves	CCD Crédito Agrícola Mútuo	Veterano M35	39:02	+08:50	03:54
19	116	Nelson Oliveira	CLAC - ENTRONCAMENTO	Veterano M35	39:08	+08:56	03:55
20	410	João Fonseca	Individual	Veterano M35	40:20	+10:09	04:02
21	58	FRANCISCO BRIGÏDO	Atlético Clube Batalha	Veterano M35	40:32	+10:21	04:03
22	148	DIOGO FERREIRA	CLUBE VETERANOS DO LIS-LEIRIA	Veterano M35	40:35	+10:23	04:04
23	264	Pedro Pedrosa	Grupo Alegre Unido Bajouca	Veterano M35	41:03	+10:51	04:06
24	602	Rui DÂscenção	Peniche a Correr	Veterano M35	41:07	+10:56	04:07
25	56	CASIMIRO GOMES	Atlético Clube Batalha	Veterano M35	41:25	+11:14	04:09
26	430	Sergio Junqueira	Individual	Veterano M35	41:40	+11:28	04:10
27	155	Adriano Araújo	Conquista Ginásio	Veterano M35	41:45	+11:34	04:11
28	548	Hugo Horta	Leiria Marcha Atlética Clube	Veterano M35	42:13	+12:02	04:13
29	9	Márcio Lopes Catarino	A.D.C. de Proença-a-Nova	Veterano M35	42:19	+12:08	04:14
30	599	Mário Remigio	Peniche a Correr	Veterano M35	42:37	+12:25	04:16
31	210	Luis Silva	Fonte Nova Runners	Veterano M35	42:41	+12:29	04:16
32	601	Rafael Silva	Peniche a Correr	Veterano M35	42:50	+12:38	04:17
33	283	Miguel Santos	Grupo Desportivo e Cultural de Guilhovai	Veterano M35	42:56	+12:44	04:18
34	163	Nuno Ferreira	CPR. A-do-Barbas	Veterano M35	43:14	+13:02	04:19
35	106	Nuno Rosa	CCD Crédito Agrícola Mútuo	Veterano M35	43:17	+13:05	04:20
36	422	Pedro Fernandes	Individual	Veterano M35	43:32	+13:20	04:21
37	663	Leonardo José Rodrigues Araújo	Slow Runners Pombal	Veterano M35	43:38	+13:26	04:22
38	428	Rui Silva	Individual	Veterano M35	44:12	+14:00	04:25
39	209	FILIPE JORGE DE SOUSA MOREIRA	Fonte Nova Runners	Veterano M35	44:19	+14:07	04:26
40	432	VITOR PIMENTA	Individual	Veterano M35	44:20	+14:09	04:26
41	100	Nuno Ribeiro	Cavalinhos runners	Veterano M35	44:28	+14:16	04:27
42	60	Eduardo Manuel Coelho Luís	Atómicos	Veterano M35	44:46	+14:34	04:29
43	195	Jorge Luis	Escola Atletismo Cartaxo	Veterano M35	44:54	+14:42	04:29
44	640	Filipe Rafael Ramos Cantante Martinho	run4fun	Veterano M35	45:03	+14:52	04:30
45	175	Rafael Lourenço	CRP / Profiserv	Veterano M35	45:11	+14:59	04:31
46	215	eurico gameiro joao	FreeRunners	Veterano M35	45:16	+15:04	04:32
47	411	João Pedro de Oliveira Rodrigues	Individual	Veterano M35	45:18	+15:06	04:32
48	211	Pedro José Gomes	Fonte Nova Runners	Veterano M35	45:27	+15:15	04:33
49	73	Gonçalo Nuno Moreira Ferreira	Batalhabikers	Veterano M35	45:30	+15:19	04:33

**Prova Principal**
**10 KM**
**OFFICIAL RESULT**

50	252	João Pedro Batista	GIM Running Team	Veterano M35	45:38	+15:27	04:34
51	162	Luis Fernandes	CPR. A-do-Barbas	Veterano M35	45:39	+15:28	04:34
52	140	Nuno Moleano	Clube Desportivo Ribereense	Veterano M35	45:40	+15:29	04:34
53	413	José Miguel Santos	Individual	Veterano M35	46:09	+15:58	04:37
54	637	João Santos	Rocket Team	Veterano M35	46:12	+16:01	04:37
55	412	JOSE CARLOS MENDES	Individual	Veterano M35	46:22	+16:10	04:38
56	569	Pedro Ribeiro	osPrimos	Veterano M35	46:24	+16:12	04:38
57	417	NELSON FERRAZ MOREIRA	Individual	Veterano M35	46:58	+16:46	04:42
58	253	José António da Cruz Silveirinha	GIM Running Team	Veterano M35	47:11	+17:00	04:43
59	560	Jorge Lopes	MONDEGOPEÇAS	Veterano M35	47:12	+17:00	04:43
60	597	Eduardo Baptista	Peniche a Correr	Veterano M35	47:33	+17:21	04:45
61	408	Henrique Ferreira dos Santos	Individual	Veterano M35	47:50	+17:38	04:47
62	418	NELSON SILVA LOPES	Individual	Veterano M35	48:02	+17:50	04:48
63	662	Joao Pedro Monteiro	Slow Runners Pombal	Veterano M35	48:10	+17:58	04:49
64	420	Nuno Moreira	Individual	Veterano M35	48:11	+17:59	04:49
65	409	Humberto Oliveira	Individual	Veterano M35	48:21	+18:10	04:50
66	429	Sérgio Alexandre Mendes Vinagre Ferreira Artilheiro	Individual	Veterano M35	48:33	+18:22	04:51
67	397	Alexandre Portilha	Individual	Veterano M35	48:37	+18:25	04:52
68	426	Ricardo Páscoa	Individual	Veterano M35	48:39	+18:28	04:52
69	665	Pedro Pimpão	Slow Runners Pombal	Veterano M35	48:43	+18:31	04:52
70	648	Rodolfo Orfão	Sinmetro	Veterano M35	48:52	+18:40	04:53
71	561	Pedro Ferreira	MONDEGOPEÇAS	Veterano M35	48:58	+18:46	04:54
72	414	justino manuel r silva	Individual	Veterano M35	49:09	+18:58	04:55
73	415	Luís Filipe Ferreira Mendes	Individual	Veterano M35	49:42	+19:30	04:58
74	207	Helder Miranda	Flechas Bike Running	Veterano M35	49:48	+19:36	04:59
75	400	Bruno Pimenta	Individual	Veterano M35	51:10	+20:58	05:07
76	407	gilberto dos santos marques	Individual	Veterano M35	51:35	+21:24	05:10
77	419	Nuno Alexandre Duarte da Mota	Individual	Veterano M35	51:47	+21:35	05:11
78	406	Francisco Sousa	Individual	Veterano M35	52:02	+21:50	05:12
79	405	Filipe Miguel Pena Rodrigues Videira Eusébio	Individual	Veterano M35	52:34	+22:22	05:15
80	399	BRUNO MANUEL DA SILVA PEDROSA	Individual	Veterano M35	52:41	+22:30	05:16
81	99	David Francisco	Cavalinhos runners	Veterano M35	53:47	+23:36	05:23
82	184	Álvaro José Vieira Lopes	cscrcharneca	Veterano M35	54:08	+23:56	05:25
83	431	Sidónio Ferreira dos Santos	Individual	Veterano M35	54:13	+24:01	05:25
84	598	Marcio Marques	Peniche a Correr	Veterano M35	54:19	+24:08	05:26
85	423	PEDRO FILIPE COSTA PEREIRA	Individual	Veterano M35	54:34	+24:23	05:27
86	401	David Mota	Individual	Veterano M35	54:50	+24:38	05:29
87	664	Pedro Moreira	Slow Runners Pombal	Veterano M35	56:13	+26:02	05:37
88	402	David Rodrigues Fernandes	Individual	Veterano M35	56:26	+26:15	05:39
89	630	Adelino António Neves Gaspar	Pulse - Movement Factory	Veterano M35	58:29	+28:17	05:51
90	678	Ricardo Carrasqueira	TLC	Veterano M35	59:34	+29:23	05:57
91	600	Mário Zarro	Peniche a Correr	Veterano M35	01:07:06	+36:55	06:43

**Prova Principal**
**10 KM**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
**OFFICIAL RESULT**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
**Veterano M40**

1	285	Artur Rodrigues	Grupo Desportivo e Cultural de Guilhovai	Veterano M40	31:14		03:07
2	19	Mário Teixeira	A.R. Casaense / Escola de Atletismo de Coimbra	Veterano M40	34:02	+02:48	03:24
3	615	Rui Rodrigues	PEREGRINOS DE COIMBRA	Veterano M40	34:45	+03:31	03:29
4	284	Alexandre Santos	Grupo Desportivo e Cultural de Guilhovai	Veterano M40	35:37	+04:23	03:34
5	33	MIGUEL ANGELO	AC VERMOIL	Veterano M40	35:51	+04:36	03:35
6	526	JORGE MARCELINO	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M40	36:02	+04:48	03:36
7	36	SERGIY CHONKA	AC VERMOIL	Veterano M40	36:15	+05:01	03:38
8	606	Rui Pereira	Peniche a Correr	Veterano M40	37:14	+05:59	03:43
9	34	NARCISO FABIÃO	AC VERMOIL	Veterano M40	37:46	+06:31	03:47
10	456	Paulo P. Miguel	Individual	Veterano M40	38:07	+06:52	03:49
11	35	PEDRO FERREIRA	AC VERMOIL	Veterano M40	38:36	+07:22	03:52
12	442	filipe matias lourenco	Individual	Veterano M40	38:56	+07:41	03:54
13	176	Joao canas	CRP / Profiserv	Veterano M40	39:05	+07:51	03:55
14	117	Alcino Nunes	CLAC - ENTRONCAMENTO	Veterano M40	39:13	+07:58	03:55
15	31	JOAQUIM QUITÉRIO	AC VERMOIL	Veterano M40	39:16	+08:02	03:56
16	32	JOSÉ SANTOS	AC VERMOIL	Veterano M40	39:46	+08:31	03:59
17	164	Nuno Jorge	CPR. A-do-Barbas	Veterano M40	40:14	+09:00	04:01
18	458	paulo roque	Individual	Veterano M40	40:30	+09:16	04:03
19	632	JOEL DA SILVA	Pulse - Movement Factory	Veterano M40	41:34	+10:20	04:09
20	177	Paulo jesuino	CRP / Profiserv	Veterano M40	41:48	+10:33	04:11
21	151	Paulo J. Carvalho	Coimbra Trail Running	Veterano M40	42:05	+10:51	04:13
22	239	Carlos Jacinto	GASOUTOS-Grupo Atlético dos Soutos	Veterano M40	42:07	+10:53	04:13
23	544	Nuno Filipe Baltazar	Juventude Vidigalense	Veterano M40	42:49	+11:35	04:17
24	439	emidio jorge gonçalves alves	Individual	Veterano M40	42:53	+11:38	04:17
25	133	Daniel Lourenço	Clube de Atletismo da Barreira	Veterano M40	43:01	+11:46	04:18
26	142	Miguel Gineto	Clube Desportivo Ribeirense	Veterano M40	43:07	+11:53	04:19
27	101	Abel Domingues	Cavalinhos runners	Veterano M40	43:16	+12:01	04:20
28	447	Luiz António de Souza Ferreira	Individual	Veterano M40	43:55	+12:41	04:24
29	440	Fernando Neves	Individual	Veterano M40	44:12	+12:58	04:25
30	50	António Carreira	ADRM MATA	Veterano M40	44:16	+13:02	04:26
31	446	Jorge Rodrigues	Individual	Veterano M40	44:59	+13:45	04:30
32	433	Albano Manuel Fernandes Silva	Individual	Veterano M40	45:03	+13:49	04:30
33	435	ANTONIO MEL MIRANDA NOGUEIRA	Individual	Veterano M40	45:07	+13:52	04:31
34	265	André Fernandes	Grupo Alegre Unido Bajouca	Veterano M40	45:10	+13:56	04:31
35	141	João Justo	Clube Desportivo Ribeirense	Veterano M40	45:18	+14:04	04:32
36	102	Gil Duarte	Cavalinhos runners	Veterano M40	45:24	+14:10	04:32
37	445	Henrique Manuel Fernandes Lavaredas	Individual	Veterano M40	45:48	+14:34	04:35
38	605	Nuno Silva	Peniche a Correr	Veterano M40	46:22	+15:07	04:38
39	461	Ricardo Nuno Pedrosa da Silva	Individual	Veterano M40	46:29	+15:14	04:39
40	454	Pascoal Moleiro	Individual	Veterano M40	46:30	+15:15	04:39
41	436	Brito FERREIRA	Individual	Veterano M40	46:39	+15:24	04:40

Official Timekeeper: Lap2Go

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generate 30-jul-2016 20:54



## Prova Principal

10 KM

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### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

42	187	Pedro Miguel Lopes Vieira	cscrcharneca	Veterano M40	46:57	+15:42	04:42
43	677	Nuno Rosa	Team Pipoca	Veterano M40	47:09	+15:54	04:43
44	464	Virgílio Neto	Individual	Veterano M40	47:12	+15:58	04:43
45	77	Lino Miguel Moreira Ferreira	Batalhabikers	Veterano M40	47:17	+16:03	04:44
46	451	Nelson Norte	Individual	Veterano M40	47:22	+16:07	04:44
47	631	David Miguel Mota Lopes	Pulse - Movement Factory	Veterano M40	47:46	+16:32	04:47
48	186	Miguel Ângelo Duarte das Neves Matias	cscrcharneca	Veterano M40	48:00	+16:45	04:48
49	603	Carlos Lopes	Peniche a Correr	Veterano M40	48:46	+17:32	04:53
50	604	Nuno Chicharro	Peniche a Correr	Veterano M40	48:47	+17:32	04:53
51	460	PEDRO NATARIO	Individual	Veterano M40	48:51	+17:37	04:53
52	450	Miguel Ferreira	Individual	Veterano M40	49:32	+18:18	04:57
53	103	Paulo Ferreira	Cavalinhos runners	Veterano M40	50:00	+18:45	05:00
54	438	Eduardo Jorge Faustino Vieira	Individual	Veterano M40	50:18	+19:04	05:02
55	441	Fernando Parreira	Individual	Veterano M40	50:22	+19:07	05:02
56	246	Heitor Gomes	Georunners	Veterano M40	51:00	+19:46	05:06
57	448	Manuel Tomás	Individual	Veterano M40	51:31	+20:16	05:09
58	449	Mario Gonçalves Salgado	Individual	Veterano M40	51:35	+20:20	05:10
59	185	Carlos António Mota Longo da Conceição	cscrcharneca	Veterano M40	51:39	+20:24	05:10
60	570	Beto Oliveira	osPrimos	Veterano M40	52:23	+21:09	05:14
61	107	Filipe Simões	CCD Crédito Agrícola Mútuo	Veterano M40	52:45	+21:30	05:17
62	453	Nuno Da Silva	Individual	Veterano M40	53:04	+21:50	05:18
63	463	Samuel Ferraz Costa	Individual	Veterano M40	53:11	+21:56	05:19
64	212	Sérgio Ribeiro	Fonte Nova Runners	Veterano M40	53:17	+22:02	05:20
65	452	Nuno Cruz	Individual	Veterano M40	53:30	+22:16	05:21
66	434	António Gomes	Individual	Veterano M40	54:43	+23:28	05:28
67	444	Helder Monteiro	Individual	Veterano M40	54:47	+23:33	05:29
68	108	João Rodrigues	CCD Crédito Agrícola Mútuo	Veterano M40	55:32	+24:18	05:33
69	72	Sérgio Silva	Individual	Veterano M40	55:33	+24:19	05:33
70	639	Pedro Figueiredo	Rocket Team	Veterano M40	55:51	+24:37	05:35
71	562	Luis Pedro Reis	MONDEGOPEÇAS	Veterano M40	56:06	+24:52	05:37
72	244	HELDER GONÇALVES	GASPAR & COSTA LDA	Veterano M40	56:53	+25:38	05:41
73	243	CARLOS GASPAR	GASPAR & COSTA LDA	Veterano M40	56:53	+25:38	05:41
74	462	RUI TERCEIRO	Individual	Veterano M40	01:02:21	+31:07	06:14
75	720	Luis Pedro	Individual	Veterano M40	01:03:19	+32:04	06:20
76	75	Henrique Jorge de Sousa Dionísio	Batalhabikers	Veterano M40	01:05:35	+34:20	06:34
77	686	Vasco	Zcontas	Veterano M40	01:07:59	+36:45	06:48
78	104	Pedro Sousa	Cavalinhos runners	Veterano M40	01:10:26	+39:12	07:03

## Veterano M45

1	288	Manuel Ferreira	Grupo Desportivo e Cultural de Guilhovai	Veterano M45	34:33		03:27
2	289	Manuel Urbano	Grupo Desportivo e Cultural de Guilhovai	Veterano M45	34:43	+00:11	03:28
3	279	paulo pontes	Grupo de Amigos dos Casais do Vento	Veterano M45	36:06	+01:34	03:37

Prova Principal

10 KM

OFFICIAL RESULT

4	112	Cesário Simões	Centro de Atletismo de Seia	Veterano M45	36:27	+01:54	03:39
5	468	António Ferreira	Individual	Veterano M45	36:53	+02:20	03:41
6	37	MÁRIO HENRIQUES	AC VERMOIL	Veterano M45	37:08	+02:36	03:43
7	616	António Oliveira	PEREGRINOS DE COIMBRA	Veterano M45	37:25	+02:52	03:45
8	532	PAULINO SOUSA	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M45	38:09	+03:37	03:49
9	527	ARTUR LOPES	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M45	38:11	+03:38	03:49
10	136	Rui Roberto	Clube de Atletismo da Barreira	Veterano M45	38:15	+03:42	03:50
11	276	Luis Matos	grupo convivio amizade donas	Veterano M45	38:30	+03:57	03:51
12	199	Luís Amorim	Escola Atletismo Cartaxo	Veterano M45	38:40	+04:07	03:52
13	268	José Gonçalves	Grupo Alegre Unido Bajouca	Veterano M45	39:07	+04:34	03:55
14	529	JOÃO DOMINGOS	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M45	39:19	+04:46	03:56
15	178	Paulo Leandro	CRP / Profiserv	Veterano M45	39:29	+04:56	03:57
16	135	PAULO CRUZ	Clube de Atletismo da Barreira	Veterano M45	39:33	+05:01	03:57
17	476	Luis Junqueira	Individual	Veterano M45	39:52	+05:19	03:59
18	617	Fernando Antunes	PEREGRINOS DE COIMBRA	Veterano M45	39:53	+05:20	03:59
19	198	José Gabriel Alves	Escola Atletismo Cartaxo	Veterano M45	39:54	+05:21	03:59
20	287	Joaquim Ferreira	Grupo Desportivo e Cultural de Guilhovai	Veterano M45	39:58	+05:26	04:00
21	109	Pedro Costa	CCD Crédito Agrícola Mútuo	Veterano M45	40:10	+05:38	04:01
22	197	Fernando Pelarigo	Escola Atletismo Cartaxo	Veterano M45	40:11	+05:39	04:01
23	236	Diamantino de Jesus Lopes	GAC-Grupo de Atletismo da Caranguejeira	Veterano M45	40:22	+05:50	04:02
24	134	Germano Capela	Clube de Atletismo da Barreira	Veterano M45	40:30	+05:58	04:03
25	471	Hélder Batista Ferreira Piedade	Individual	Veterano M45	40:57	+06:24	04:06
26	165	Pedro Rodrigues	CPR. A-do-Barbas	Veterano M45	41:07	+06:34	04:07
27	483	Rui Manuel Faria Ferreira	Individual	Veterano M45	41:07	+06:35	04:07
28	478	Mario Mendes	Individual	Veterano M45	41:42	+07:09	04:10
29	619	Pedro Varela	PEREGRINOS DE COIMBRA	Veterano M45	41:58	+07:25	04:12
30	237	Sergio Santos	GAC-Grupo de Atletismo da Caranguejeira	Veterano M45	42:11	+07:38	04:13
31	690	Vítor Gonçalves	Corpo de Intervenção	Veterano M45	42:21	+07:49	04:14
32	530	JOÃO MARCELINO	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M45	42:30	+07:57	04:15
33	474	Jorge Rodrigues	Individual	Veterano M45	42:41	+08:09	04:16
34	531	LUIS PEDROSA	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M45	42:55	+08:22	04:18
35	59	PAULO MONTEIRO	Atlético Clube Batalha	Veterano M45	43:08	+08:35	04:19
36	113	Luis Bidarra	Centro de Atletismo de Seia	Veterano M45	43:13	+08:41	04:19
37	92	antonio silva	CASA DO POVO DE ALCANENA	Veterano M45	43:28	+08:56	04:21
38	475	José Fonseca	Individual	Veterano M45	43:36	+09:04	04:22
39	581	Paulo Oliveira	PelaEstradaFora	Veterano M45	44:00	+09:28	04:24
40	200	Luís Monteiro	Escola Atletismo Cartaxo	Veterano M45	44:01	+09:29	04:24
41	467	Amilcar Jordão da Costa	Individual	Veterano M45	44:13	+09:41	04:25
42	213	Nuno Ferreira	Fonte Nova Runners	Veterano M45	44:26	+09:54	04:27
43	240	Fernando Jacinto	GASOUTOS-Grupo Atlético dos Soutos	Veterano M45	44:37	+10:05	04:28

**Prova Principal**

**10 KM**

**OFFICIAL RESULT**

44	477	Luís Manuel dos Santos Silva	Individual	Veterano M45	45:07	+10:35	04:31
45	528	JOÃO BENTO	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M45	45:24	+10:51	04:32
46	143	Rodolfo Deyllot	Clube Desportivo Ribeirense	Veterano M45	45:35	+11:02	04:34
47	607	Jacinto Ferreira	Peniche a Correr	Veterano M45	45:35	+11:03	04:34
48	115	Vitor Nelson Esteves Torres da Silva	Cerveira Team Running - Clube Celtas do Minho	Veterano M45	46:04	+11:32	04:36
49	485	Rui Miguel Ferreira Gaspar	Individual	Veterano M45	46:42	+12:09	04:40
50	286	António Santos	Grupo Desportivo e Cultural de Guilhovai	Veterano M45	47:35	+13:03	04:46
51	466	Alberto Branco	Individual	Veterano M45	47:43	+13:11	04:46
52	254	Manuel António Rodrigues dos Santos	GIM Running Team	Veterano M45	47:50	+13:17	04:47
53	482	Paulo Martins	Individual	Veterano M45	49:01	+14:29	04:54
54	618	Jorge Henriques	PEREGRINOS DE COIMBRA	Veterano M45	49:21	+14:49	04:56
55	269	Virgílio Alberto	Grupo Alegre Unido Bajouca	Veterano M45	50:41	+16:09	05:04
56	480	Nuno Pinheiro	Individual	Veterano M45	52:10	+17:38	05:13
57	470	Carlos Vitorino	Individual	Veterano M45	54:00	+19:28	05:24
58	188	Pascoal Duarte Oliveira	cscrcharneca	Veterano M45	54:23	+19:50	05:26
59	473	Jorge Martins dos Santos	Individual	Veterano M45	54:27	+19:55	05:27
60	479	Mário Silva	Individual	Veterano M45	54:47	+20:14	05:29
61	465	Agostinho Barros	Individual	Veterano M45	55:05	+20:33	05:31
62	472	Horácio Cândido Mendes da Costa	Individual	Veterano M45	57:05	+22:32	05:43
63	484	Rui Manuel Gomes Brunheta	Individual	Veterano M45	58:38	+24:06	05:52
64	486	Vitor Gariso	Individual	Veterano M45	59:28	+24:55	05:57
65	681	Artur Pires	Trio de Aristides	Veterano M45	01:01:48	+27:15	06:11

**Veterano M50**

1	277	Fernando Matos	grupo convivio amizade donas	Veterano M50	34:13		03:25
2	222	tozé velha	G D 3 SANTOS POPULARES	Veterano M50	34:38	+00:25	03:28
3	290	Manuel Ferreira	Grupo Desportivo e Cultural de Guilhovai	Veterano M50	35:21	+01:08	03:32
4	89	JOSÉ DURÃO	CASA DO BENFICA EM ABRANTES	Veterano M50	35:43	+01:30	03:34
5	564	António Branco	Núcleo de Atletismo do Penteado	Veterano M50	35:53	+01:39	03:35
6	145	jose custodio	clube futebol "Os Belenenses"	Veterano M50	36:11	+01:58	03:37
7	533	GABRIEL RODRIGUES	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M50	36:32	+02:19	03:39
8	20	Adérito Fontes	A.R. Casaense / Escola de Atletismo de Coimbra	Veterano M50	36:38	+02:24	03:40
9	238	Luis Guarda	GAC-Grupo de Atletismo da Caranguejeira	Veterano M50	37:23	+03:10	03:44
10	170	JOSE RAIMUNDO	CR AMIEIRINHENSE	Veterano M50	38:08	+03:54	03:49
11	118	José Gomes	CLAC - ENTRONCAMENTO	Veterano M50	38:27	+04:13	03:51
12	221	jose fernandes	G D 3 SANTOS POPULARES	Veterano M50	38:39	+04:26	03:52
13	158	Pedro Marques	Conquista Ginásio	Veterano M50	40:36	+06:23	04:04
14	270	Filipe Carvalheiro	Grupo Alegre Unido Bajouca	Veterano M50	40:46	+06:32	04:05
15	271	Jorge Silva	Grupo Alegre Unido Bajouca	Veterano M50	40:56	+06:42	04:06









## COLETIVA

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	Grupo Desportivo e Cultural de Guilhovai	9 + 21 + 24 + 31 + 34 + 44 + 126	289
2	AC VERMOIL	16 + 37 + 48 + 64 + 68 + 74 + 77	384
3	INDUSTRIAL DESPORTIVO VIEIRENSE	43 + 52 + 60 + 86 + 87 + 91 + 106	525
4	PEREGRINOS DE COIMBRA	25 + 28 + 41 + 70 + 114 + 124 + 127	529
5	Escola Atletismo Cartaxo	26 + 46 + 97 + 125 + 130 + 145 + 170	739
6	GAC-Grupo de Atletismo da Caranguejeira	20 + 69 + 81 + 85 + 135 + 173 + 186	749
7	Clube de Atletismo da Barreira	53 + 73 + 90 + 118 + 138 + 154 + 177	803
8	Grupo Alegre Unido Bajouca	71 + 104 + 146 + 148 + 151 + 240 + 274	1134
9	Peniche a Correr	57 + 66 + 156 + 196 + 204 + 297 + 299	1275
10	CPR. A-do-Barbas	72 + 131 + 152 + 209 + 219 + 223 + 298	1304
11	CRP / Profiserv	101 + 103 + 115 + 175 + 264 + 275 + 536	1569
12	GIM Running Team	150 + 167 + 292 + 294 + 302 + 339 + 343	1887
13	Pulse - Movement Factory	96 + 168 + 217 + 310 + 313 + 360 + 435	1899
14	G.D.R. Figueiras Mª Grande	33 + 253 + 261 + 290 + 309 + 437 + 502	2085
15	Cavalinhos runners	220 + 256 + 286 + 319 + 386 + 404 + 416	2287
16	cscrfcharneca	328 + 336 + 347 + 365 + 371 + 414 + 446	2607
17	Batalhabikers	291 + 305 + 348 + 357 + 434 + 458 + 521	2714
18	Slow Runners Pombal	229 + 346 + 368 + 387 + 450 + 467 + 506	2753

**CORRIDA DAS FARTURAS - STAGE 1**
**3,3 KM**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
**OFFICIAL RESULT**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	20:00	31,1°C	38%
End	20:32	31,1°C	38%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1008	Bruno Miguel Calado Gomes	bairro dos anjos	Senior Masculino	10:22		03:09
2	1009	João Eduardo Mota Ferreira	bairro dos anjos	Senior Masculino	10:26	+00:04	03:10
3	1014	André Ferreira	centro popular de trabalhadores do sobral de ceira	Senior Masculino	11:03	+00:41	03:21
4	1095	Ricardo Santos	individual	Senior Masculino	11:09	+00:47	03:23
5	1005	DANIEL ANTUNES	ac vermeil	Senior Masculino	11:20	+00:58	03:26
6	1045	Leonardo Jerónimo	individual	Senior Masculino	11:33	+01:11	03:30
7	1047	Marcio Monteiro	individual	Senior Masculino	12:18	+01:56	03:44
8	1046	Lucas Leitão	individual	Senior Masculino	12:22	+02:00	03:45
9	1053	Joana Branco	núcleo de atletismo do penteado	Senior Feminino	12:34	+02:12	03:49
10	1025	Joana Pontes	grupo de amigos dos casais do vento	Senior Feminino	12:45	+02:22	03:52
11	1070	João Gonçalves	pokeruners	Senior Masculino	12:54	+02:32	03:55
12	1076	Sérgio Simões	pulse - movement factory	Senior Masculino	12:59	+02:36	03:56
13	1038	Bruno Antunes	individual	Senior Masculino	13:56	+03:33	04:13
14	1042	João Monteiro	individual	Senior Masculino	13:58	+03:36	04:14
15	1001	ANA PEDROSA	ac vermeil	Senior Feminino	14:00	+03:38	04:15
16	1004	BRYAN RODRIGUES	ac vermeil	Senior Masculino	14:01	+03:38	04:15
17	1048	Nuno André Martins dos Santos	individual	Senior Masculino	14:10	+03:48	04:18
18	1108	Tomás Santos	individual	Senior Masculino	14:21	+03:58	04:21
19	1027	Miguel Pontes	grupo de amigos dos casais do vento	Senior Masculino	14:55	+04:33	04:32
20	1012	Ilidio Santos	bodémons	Senior Masculino	14:56	+04:34	04:32
21	1072	Vitor Monteiro	pokeruners	Senior Masculino	15:00	+04:37	04:33
22	1015	Anaísa Lucena	clube de atletismo prof. emília pisoeiro	Senior Feminino	15:24	+05:01	04:40
23	1063	Bárbara Monteiro	pokeruners	Senior Feminino	15:26	+05:03	04:41
24	1051	Renato Pascoal	individual	Senior Masculino	15:49	+05:26	04:48
25	1040	Guilherme de Sousa Martins	individual	Senior Masculino	16:02	+05:40	04:52
26	1049	Paulo Jorge dos Santos Ferreira	individual	Senior Masculino	16:14	+05:52	04:55
27	1039	Dylan Denizon	individual	Senior Masculino	16:19	+05:56	04:57
28	1050	Pedro de Sousa Mota Gameiro	individual	Senior Masculino	16:21	+05:58	04:57
29	1024	Ana Glória Martins oliveira	gim running team	Senior Feminino	16:52	+06:29	05:07
30	1043	João Silva	individual	Senior Masculino	17:00	+06:37	05:09
31	1031	Cindy matias rainho	individual	Senior Feminino	17:00	+06:37	05:09
32	1020	Alexandre Filipe Santos Carreira	equipa dos governos	Senior Masculino	17:05	+06:42	05:11
33	1033	Quélia Raquel Caneira Ribeiro	individual	Senior Feminino	17:08	+06:46	05:12
34	1028	Carolina Bento Valeiro	individual	Senior Feminino	17:14	+06:52	05:14
35	1026	Marta Ferreira	grupo de amigos dos casais do vento	Senior Feminino	17:17	+06:55	05:14
36	1107	Martin Santos	individual	Senior Masculino	17:30	+07:07	05:18
37	1037	Ana Isabel Silva Mendes	individual	Senior Masculino	17:40	+07:17	05:21
38	1110	Ilbérico Ribeiro	individual	Senior Masculino	17:41	+07:18	05:22
39	1068	Márcia Lopes	pokeruners	Senior Feminino	17:43	+07:20	05:22
40	1052	Rogério da Conceição Ribeiro	individual	Senior Masculino	17:45	+07:23	05:23
41	1022	Carina Gonçalves	fonte nova runners	Senior Feminino	17:51	+07:29	05:25



**Corrida das Faturas**
**3,3 KM**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
**OFFICIAL RESULT**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	20:00	31,1°C	38%
End	20:32	31,1°C	38%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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**Senior Feminino**

1	1053	Joana Branco	Núcleo de Atletismo do Penteado	Senior Feminino	12:34		03:49
2	1025	Joana Pontes	Grupo de Amigos dos Casais do Vento	Senior Feminino	12:45	+00:10	03:52
3	1001	ANA PEDROSA	AC VERMOIL	Senior Feminino	14:00	+01:26	04:15
4	1015	Anaísa Lucena	Clube de Atletismo Prof. Emilia Pisoeiro	Senior Feminino	15:24	+02:49	04:40
5	1063	Bárbara Monteiro	Pokeruners	Senior Feminino	15:26	+02:51	04:41
6	1024	Ana Glória Martins oliveira	GIM Running Team	Senior Feminino	16:52	+04:17	05:07
7	1031	Cindy matias rainho	Individual	Senior Feminino	17:00	+04:25	05:09
8	1033	Quélia Raquel Caneira Ribeiro	Individual	Senior Feminino	17:08	+04:34	05:12
9	1028	Carolina Bento Valeiro	Individual	Senior Feminino	17:14	+04:40	05:14
10	1026	Marta Ferreira	Grupo de Amigos dos Casais do Vento	Senior Feminino	17:17	+04:43	05:14
11	1068	Márcia Lopes	Pokeruners	Senior Feminino	17:43	+05:08	05:22
12	1022	Carina Gonçalves	Fonte Nova Runners	Senior Feminino	17:51	+05:17	05:25
13	1034	Rita Mendes	Individual	Senior Feminino	17:58	+05:23	05:27
14	1036	Ticha Ribeiro	Individual	Senior Feminino	17:59	+05:25	05:27
15	1065	Elisabete Gonçalves	Pokeruners	Senior Feminino	18:11	+05:37	05:31
16	1032	joana coucelo	Individual	Senior Feminino	18:18	+05:44	05:33
17	1069	Marine Cabral	Pokeruners	Senior Feminino	18:25	+05:50	05:35
18	1021	Isabel Santos	Escola Atletismo Cartaxo	Senior Feminino	19:00	+06:25	05:45
19	1003	PATRICIA CRAVO	AC VERMOIL	Senior Feminino	19:06	+06:31	05:47
20	1023	Inês Ferreira	Fonte Nova Runners	Senior Feminino	19:18	+06:43	05:51
21	1067	Catarina dos Santos	Pokeruners	Senior Feminino	19:34	+06:59	05:56
22	1074	MAFALDA FERREIRA	Pulse - Movement Factory	Senior Feminino	19:37	+07:02	05:57
23	1064	Célia Marisa Mendes Gonçalves	Pokeruners	Senior Feminino	19:42	+07:07	05:58
24	1016	FERNANDA JORGE	CR AMIEIRINHENSE	Senior Feminino	20:29	+07:54	06:13
25	1017	PATRICIA MONTEIRO	CR AMIEIRINHENSE	Senior Feminino	20:52	+08:18	06:20
26	1066	Irene Domingues	Pokeruners	Senior Feminino	21:51	+09:17	06:37
27	1030	Cátia Alexandra Silva Agostinho	Individual	Senior Feminino	22:13	+09:38	06:44
28	1059	Maria do Céu Reis	Peniche a Correr	Senior Feminino	22:24	+09:50	06:47
29	1029	Catarina Alexandra Sérgio da Silva	Individual	Senior Feminino	22:29	+09:55	06:49
30	1073	LAURA RUIVO	Pulse - Movement Factory	Senior Feminino	22:48	+10:13	06:55
31	1075	Sofia Margarida Jorge Gonçalves	Pulse - Movement Factory	Senior Feminino	22:49	+10:14	06:55
32	1056	Cristiana Fonseca	Peniche a Correr	Senior Feminino	25:07	+12:32	07:37
33	1054	Maria Irene Gaspar	Os Cágados	Senior Feminino	25:27	+12:53	07:43
34	1035	sandra maria domingues de amorim	Individual	Senior Feminino	26:52	+14:18	08:09
35	1061	Rosa Chuvas	Peniche a Correr	Senior Feminino	28:00	+15:25	08:29
36	1057	Isabel Silva	Peniche a Correr	Senior Feminino	28:00	+15:26	08:29
37	1058	Luisa Gorjão	Peniche a Correr	Senior Feminino	32:29	+19:55	09:51

**Corrida das Farturas**

**3,3 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

38	1060	Paula Romão	Peniche a Correr	Senior Feminino	32:29	+19:55	09:51
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**Senior Masculino**

1	1008	Bruno Miguel Calado Gomes	Bairro dos Anjos	Senior Masculino	10:22		03:09
2	1009	João Eduardo Mota Ferreira	Bairro dos Anjos	Senior Masculino	10:26	+00:04	03:10
3	1014	André Ferreira	Centro Popular de Trabalhadores do Sobral de Ceira	Senior Masculino	11:03	+00:41	03:21
4	1095	Ricardo Santos	Individual	Senior Masculino	11:09	+00:47	03:23
5	1005	DANIEL ANTUNES	AC VERMOIL	Senior Masculino	11:20	+00:58	03:26
6	1045	Leonardo Jerónimo	Individual	Senior Masculino	11:33	+01:11	03:30
7	1047	Marcio Monteiro	Individual	Senior Masculino	12:18	+01:56	03:44
8	1046	Lucas Leitão	Individual	Senior Masculino	12:22	+02:00	03:45
9	1070	João Gonçalves	Pokeruners	Senior Masculino	12:54	+02:32	03:55
10	1076	Sérgio Simões	Pulse - Movement Factory	Senior Masculino	12:59	+02:36	03:56
11	1038	Bruno Antunes	Individual	Senior Masculino	13:56	+03:33	04:13
12	1042	João Monteiro	Individual	Senior Masculino	13:58	+03:36	04:14
13	1004	BRYAN RODRIGUES	AC VERMOIL	Senior Masculino	14:01	+03:38	04:15
14	1048	Nuno André Martins dos Santos	Individual	Senior Masculino	14:10	+03:48	04:18
15	1108	Tomás Santos	Individual	Senior Masculino	14:21	+03:58	04:21
16	1027	Miguel Pontes	Grupo de Amigos dos Casais do Vento	Senior Masculino	14:55	+04:33	04:32
17	1012	Ilidio Santos	Bodémõns	Senior Masculino	14:56	+04:34	04:32
18	1072	Vitor Monteiro	Pokeruners	Senior Masculino	15:00	+04:37	04:33
19	1051	Renato Pascoal	Individual	Senior Masculino	15:49	+05:26	04:48
20	1040	Guilherme de Sousa Martins	Individual	Senior Masculino	16:02	+05:40	04:52
21	1049	Paulo Jorge dos Santos Ferreira	Individual	Senior Masculino	16:14	+05:52	04:55
22	1039	Dylan Denizon	Individual	Senior Masculino	16:19	+05:56	04:57
23	1050	Pedro de Sousa Mota Gameiro	Individual	Senior Masculino	16:21	+05:58	04:57
24	1043	João Silva	Individual	Senior Masculino	17:00	+06:37	05:09
25	1020	Alexandre Filipe Santos Carreira	equipa dos governos	Senior Masculino	17:05	+06:42	05:11
26	1107	Martin Santos	Individual	Senior Masculino	17:30	+07:07	05:18
27	1037	Ana Isabel Silva Mendes	Individual	Senior Masculino	17:40	+07:17	05:21
28	1110	Ilbérico Ribeiro	Individual	Senior Masculino	17:41	+07:18	05:22
29	1052	Rogério da Conceição Ribeiro	Individual	Senior Masculino	17:45	+07:23	05:23
30	1109	Carlos Gomes	Individual	Senior Masculino	17:57	+07:34	05:26
31	1044	Jorge Mateus Simão dos Santos	Individual	Senior Masculino	17:57	+07:35	05:27
32	1006	DANIEL COVAS	AC VERMOIL	Senior Masculino	17:57	+07:35	05:27
33	1007	GONÇALO NÓBREGA	AC VERMOIL	Senior Masculino	19:05	+08:42	05:47
34	1055	Nuno José Fonseca	Os Cágados	Senior Masculino	19:36	+09:14	05:57
35	1018	CLÁUDIO PRUDENCIO	CR AMIEIRINHENSE	Senior Masculino	20:29	+10:06	06:13