Hard Trail Monte da Padela
Barroselas
11-June-2016

HARD TRAIL 45K - STAGE 1 — 45 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	08:00	12.2ºC	93%
End	15:33	21.7ºC	56%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	76	Andre Pedro Rodrigues	dr. merino/nutrifit	Senior Masculino	03:53:30		05:11
2	204	Bruno Coelho	satecnosol outdour / la sportiva	Senior Masculino	04:01:55	+08:25	05:23
3	78	Diogo da Silva Fernandes	dr. merino/nutrifit	Senior Masculino	04:03:15	+09:46	05:24
4	92	Ricardo Jorge Gonçalves da Silva	edv-viana trail	Senior Masculino	04:04:33	+11:04	05:26
5	29	Délio Jorge Alves Ferreira	ca barreira	Senior Masculino	04:05:55	+12:25	05:28
6	11	Vitor Cordeiro	ac portalegre / utsm	Veterano M50	04:08:38	+15:09	05:32
7	8	Luis Semedo	ac portalegre / utsm	Senior Masculino	04:08:39	+15:09	05:32
8	208	Pedro Sousa	satecnosol outdour / la sportiva	Senior Masculino	04:10:07	+16:38	05:34
9	207	Leonel Cunha	satecnosol outdour / la sportiva	Senior Masculino	04:11:48	+18:18	05:36
10	63	Victor Fernandes	ctad trilhos de cinfaes	Senior Masculino	04:19:03	+25:34	05:45
11	120	Joao Paulo Lima Rodrigues	individual	Senior Masculino	04:19:40	+26:10	05:46
12	95	Gabriel Fagundes Meira	edv-viana trail	Veterano M40	04:24:51	+31:22	05:53
13	91	Pedro Manuel Reis Caprichoso	edv-viana trail	Senior Masculino	04:25:24	+31:55	05:54
14	7	Luís Cerqueira Malheiro	ac portalegre / utsm	Senior Masculino	04:27:45	+34:16	05:57
15	205	Bruno Gazela	satecnosol outdour / la sportiva	Senior Masculino	04:32:31	+39:01	06:03
16	177	Carlos Miguel da Costa Ferreira	nast - núcleo associativo de santo tirso	Senior Masculino	04:33:40	+40:11	06:05
17	5	Vitor Costa	a.d.amarante trail running	Senior Masculino	04:34:23	+40:54	06:06
18	9	Marco Nabais	ac portalegre / utsm	Senior Masculino	04:37:00	+43:31	06:09
19	77	David António Correia Ferreira	dr. merino/nutrifit	Senior Masculino	04:37:14	+43:44	06:10
20	194	Nuno Torres	proaventuras	Senior Masculino	04:40:45	+47:15	06:14
21	99	Artur Manuel Ribeiro Cunha Matos	edv-viana trail	Veterano M45	04:40:56	+47:26	06:15
22	30	Nuno Dias	ca barreira	Senior Masculino	04:41:02	+47:33	06:15
23	94	Tiago Alexandre Martins Teixeira	edv-viana trail	Senior Masculino	04:41:12	+47:43	06:15
24	127	Miguel Antonio Vicente Ribeiro	individual	Senior Masculino	04:45:11	+51:41	06:20
25	31	Paulo Jorge Gomes Duarte	ca barreira	Senior Masculino	04:45:31	+52:02	06:21
26	176	António Domingos Moreira de Freitas	nast - núcleo associativo de santo tirso	Senior Masculino	04:46:43	+53:13	06:22
27	97	VICTOR CORREIA	edv-viana trail	Veterano M40	04:46:50	+53:20	06:22
28	84	Amândio Faria de Freitas	edv-viana trail	Senior Masculino	04:49:59	+56:29	06:27
29	79	Diogo Carvalho	nast	Veterano M45	04:50:35	+57:06	06:27
30	174	Jorge Filipe Vilas Boas Sabino	morcegos trail	Senior Masculino	04:50:42	+57:12	06:28
31	52	Miguel Coutinho Moreira Frutuoso e Melo	coimbra trail running	Senior Masculino	04:52:06	+58:36	06:29
32	62	Tiago Alexandre Teixeira de Aragão	ctad trilhos de cinfaes	Senior Masculino	04:52:08	+58:39	06:30
33	35	Sara de Brito	ca barreira	Veterana F45	04:52:30	+59:00	06:30
34	90	Pedro Andre Cerqueira Caldas	edv-viana trail	Senior Masculino	04:53:50	+01:00:20	06:32
35	160	Amadeu Teixeira	individual	Veterano M55	04:56:02	+01:02:32	06:35
36	123	José Miguel Fernandes da Gama Nogueira	individual	Senior Masculino	04:56:28	+01:02:59	06:35
37	16	Ana Rocha Gonçalves	alive fitness club	Senior Feminino	04:56:49	+01:03:20	06:36
38	57	Bruno Alexandre Sousa Pereira Pinho dos Santos	ctad trilhos de cinfaes	Senior Masculino	04:56:54	+01:03:24	06:36
39	19	Tiago Filipe Barreirinhas Gaspar	arsm - associação recreativa de s. miguel	Senior Masculino	04:57:34	+01:04:04	06:37

HARD TRAIL 45K - STAGE 1 45 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
40	18	Cristina Couceiro	arsm - associação recreativa de s. miguel	Senior Feminino	04:57:35	+01:04:05	06:37
41	189	Miguel Ângelo Azevedo Carvalho	ozxtreme/gdcr	Senior Masculino	04:58:47	+01:05:18	06:38
42	50	João André Lousada Ferreira	coimbra trail running	Senior Masculino	04:58:49	+01:05:19	06:38
43	113	Carlos Manuel Gonçalves Reis	individual	Senior Masculino	04:59:00	+01:05:30	06:39
44	38	Ricardo Silva	ccd renault cacia	Senior Masculino	05:01:51	+01:08:21	06:42
45	68	Artur Costa	desnível positivo	Senior Masculino	05:02:07	+01:08:38	06:43
46	98	Abílio Augusto Góios Mina	edv-viana trail	Veterano M45	05:02:10	+01:08:41	06:43
47	209	Tiago Pinheiro	satecnosol outdour / la sportiva	Senior Masculino	05:03:24	+01:09:54	06:45
48	118	João	individual	Senior Masculino	05:03:55	+01:10:26	06:45
49	32	Germano Capela	ca barreira	Veterano M45	05:04:07	+01:10:38	06:46
50	121	José Bancaleiro	individual	Senior Masculino	05:04:34	+01:11:05	06:46
51	75	Marisa Alexandra da Rocha Vieira	dr. merino/nutrifit	Senior Feminino	05:08:10	+01:14:40	06:51
52	37	Ricardo Manuel dos Santos Coutinho Barreiro	caac - clube de atletismo de arentim e cunha	Senior Masculino	05:08:41	+01:15:11	06:52
53	85	Diogo Lopes	edv-viana trail	Senior Masculino	05:10:18	+01:16:49	06:54
54	6	Dino Miguel Feiteira Mafra	ac portalegre / utsm	Senior Masculino	05:14:36	+01:21:06	06:59
55	200	Zo Vieira	proaventuras	Veterano M50	05:17:13	+01:23:43	07:03
56	20	José Guilherme Féteira	arsm - associação recreativa de s. miguel	Veterano M45	05:17:14	+01:23:45	07:03
57	88	Nuno Oliveira	edv-viana trail	Senior Masculino	05:17:40	+01:24:10	07:04
58	27	Pedro Jorge Ribeiro Pinto	associação desportiva da efacec	Veterano M40	05:18:01	+01:24:31	07:04
59	82	Paulo Machado	dr. merino/nutrifit	Veterano M40	05:18:50	+01:25:21	07:05
60	168	Márcio Carvalho	kemedo team	Senior Masculino	05:20:11	+01:26:41	07:07
61	139	Simão Seiça	individual	Senior Masculino	05:23:56	+01:30:26	07:12
62	185	António Amador	oriestarreja	Veterano M45	05:24:14	+01:30:44	07:12
63	87	Jérôme Rodrigues	edv-viana trail	Senior Masculino	05:25:31	+01:32:01	07:14
64	112	Bruno Costa	individual	Senior Masculino	05:27:46	+01:34:16	07:17
65	180	Jorge Rodrigues	naza-nucleo atletismo zona da abóboda	Veterano M50	05:28:40	+01:35:10	07:18
66	212	João Ramos	trail running esposende	Sub 23 Masculino	05:28:40	+01:35:10	07:18
67	36	Jorge Agostinho	ca barreira	Veterano M55	05:30:26	+01:36:57	07:21
68	72	Sérgio Santos	didáxis trail	Senior Masculino	05:32:30	+01:39:00	07:23
69	132	Ricardo Miranda	individual	Senior Masculino	05:32:57	+01:39:27	07:24
70	53	Rui Ferreira	coimbra trail running	Senior Masculino	05:34:45	+01:41:15	07:26
71	136	SÉRGIO ALMEIDA	individual	Senior Masculino	05:35:02	+01:41:33	07:27
72	134	RUI PEREIRA	individual	Senior Masculino	05:35:02	+01:41:33	07:27
73	96	josé Carlos alcobia	edv-viana trail	Veterano M40	05:37:50	+01:44:20	07:30
74	34	Paulo Eduardo Lopes da Cruz Oliveira	ca barreira	Veterano M45	05:37:53	+01:44:23	07:31
75	40	Hélder S G Pinto	ccrd burinhosa	Veterano M40	05:38:45	+01:45:15	07:32
76	167	Manuel Fernando Almeida Costa	kemedo team	Senior Masculino	05:39:19	+01:45:49	07:32
77	71	Arnaldo Rodrigues	desnível positivo	Veterano M50	05:42:03	+01:48:33	07:36
78	131	Paulo jorge reis filipe	individual	Senior Masculino	05:43:21	+01:49:52	07:38
79	130	Paulo Gomes	individual	Senior Masculino	05:43:22	+01:49:52	07:38
80	101	Bruno Carrudo	go!runners	Senior Masculino	05:43:38	+01:50:08	07:38
81	89	nuno Teixeira	edv-viana trail	Senior Masculino	05:44:02	+01:50:33	07:39
82	54	Fausto Pimentel	coimbra trail running	Veterano M45	05:44:18	+01:50:48	07:39
83	179	Paula Penedo	naza-nucleo atletismo zona da abóboda	Senior Feminino	05:45:55	+01:52:26	07:41
84	201	Inuo Filipe Melo	run 4 all	Senior Masculino	05:46:26	+01:52:56	07:42

HARD TRAIL 45K - STAGE 1 45 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
85	170	Carlos Justo	minho aventura	Veterano M55	05:48:50	+01:55:21	07:45
86	33	Miguel Saraiva	ca barreira	Veterano M45	05:49:04	+01:55:34	07:45
87	93	Sérgio Filipe Cunha Matos	edv-viana trail	Senior Masculino	05:49:09	+01:55:40	07:46
88	45	Fernando Homem	clube amador só para atletismo	Senior Masculino	05:49:59	+01:56:29	07:47
89	169	Pedro Filipe Couto Nóvoa	minho aventura	Veterano M50	05:51:03	+01:57:34	07:48
90	144	António Morais	individual	Veterano M40	05:56:27	+02:02:58	07:55
91	153	Jorge Mamede Abrantes	individual	Veterano M45	05:56:30	+02:03:00	07:55
92	215	Pedro Valentim Batista	unidade especial de corrida	Sub 23 Masculino	05:56:58	+02:03:29	07:56
93	81	Tiago Amaral	dr. merino/nutrifit	Senior Masculino	05:57:10	+02:03:41	07:56
94	202	Pedro Sá	running team maia	Senior Masculino	05:58:33	+02:05:04	07:58
95	74	Liliana Augusta da Rocha Gomes	dr. merino/nutrifit	Senior Feminino	05:58:34	+02:05:04	07:58
96	198	João Nuno Fonseca	proaventuras	Veterano M45	05:58:43	+02:05:13	07:58
97	56	Paulo Pelicano	corcodilos/mister pc	Veterano M45	05:59:24	+02:05:55	07:59
98	181	eduardo soares	novo doce trail	Senior Masculino	06:00:55	+02:07:25	08:01
99	43	André Relvas	centro vicentino da serra de portalegre	Senior Masculino	06:01:33	+02:08:03	08:02
100	140	tome pinto	individual	Senior Masculino	06:02:38	+02:09:09	08:04
101	111	António José Soares Duarte Gomes	individual	Senior Masculino	06:07:21	+02:13:51	08:10
102	157	José Capela	individual	Veterano M50	06:07:22	+02:13:52	08:10
103	46	FERNANDO EDUARDO TEIXEIRA VILELA	clube millennium bcp	Veterano M50	06:08:59	+02:15:29	08:12
104	129	NELSON NUNES	individual	Senior Masculino	06:11:05	+02:17:36	08:15
105	110	André Jorge Araújo Pinheiro	individual	Senior Masculino	06:12:36	+02:19:07	08:17
106	133	Rui Pedro Campos Pinto	individual	Senior Masculino	06:12:48	+02:19:18	08:17
107	73	Elisabete Vieira	dr. merino/nutrifit	Senior Feminino	06:12:52	+02:19:22	08:17
108	156	Paulo Brás	individual	Veterano M45	06:12:53	+02:19:23	08:17
109	183	RUI FARIA	olimpico vianense trail/nd sport	Senior Masculino	06:13:33	+02:20:04	08:18
110	100	FERNANDO CUNHA	edv-viana trail	Veterano M50	06:13:51	+02:20:21	08:18
111	80	Nuno Jorge Moreira Pinho	dr. merino/nutrifit	Senior Masculino	06:14:08	+02:20:38	08:19
112	116	FILIPE GONÇALVES	individual	Senior Masculino	06:14:09	+02:20:39	08:19
113	125	MARCO MACHADO	individual	Senior Masculino	06:14:28	+02:20:58	08:19
114	51	Joel Almeida Martinho	coimbra trail running	Senior Masculino	06:14:54	+02:21:25	08:20
115	23	Domingos Filipe Pereira Nogueira	associação desportiva da efacec	Senior Masculino	06:15:31	+02:22:01	08:21
116	152	Ricardo Meireles	individual	Veterano M40	06:16:48	+02:23:18	08:22
117	213	PAULO JOSÉ MOREIRA	turbulento	Veterano M50	06:17:54	+02:24:24	08:24
118	217	Soraia Pereira Lima Monteiro	xl&s trail	Senior Feminino	06:19:58	+02:26:28	08:27
119	219	Pedro Manuel Pereira Vieira Gonçalves de Castro	xl&s trail	Senior Masculino	06:20:00	+02:26:30	08:27
120	102	Ana Maria Amaral	gondomar futsal clube	Veterana F40	06:22:24	+02:28:54	08:30
121	146	Isaque Lucena	individual	Veterano M40	06:29:10	+02:35:41	08:39
122	143	Sofia Coelho	individual	Veterana F40	06:33:15	+02:39:45	08:44
123	107	Mariana Machado Ballester	individual	Senior Feminino	06:34:53	+02:41:24	08:47
124	122	José Manuel Santos Faria	individual	Senior Masculino	06:34:55	+02:41:25	08:47
125	119	João Manuel Maciel Linhares	individual	Senior Masculino	06:34:56	+02:41:26	08:47
126	24	Hugo Ricardo da Silva Barroso Pinto	associação desportiva da efacec	Senior Masculino	06:35:08	+02:41:39	08:47
127	28	Pascal Rodrigues	atr - algarve trail running	Veterano M40	06:36:34	+02:43:04	08:49

HARD TRAIL 45K - STAGE 1 45 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
128	178	Fernando Carneiro	nast - núcleo associativo de santo tirso	Senior Masculino	06:40:12	+02:46:43	08:54
129	114	EMANUEL MARTINS	individual	Senior Masculino	06:40:13	+02:46:43	08:54
130	58	Carlos Alberto Nogueira Soares	ctad trilhos de cinfaes	Senior Masculino	06:40:14	+02:46:44	08:54
131	59	Carlos Silva	ctad trilhos de cinfaes	Senior Masculino	06:40:56	+02:47:27	08:55
132	21	Arsénio Fernandes	arsm - associação recreativa de s. miguel	Veterano M60	06:41:03	+02:47:33	08:55
133	47	Susana Gabriela Costa Pinto da Neta	clube zupper	Veterana F40	06:42:26	+02:48:56	08:57
134	159	rui eduardo pereira	individual	Veterano M50	06:48:45	+02:55:15	09:05
135	70	Gisela Maria da Silva Pereira	desnível positivo	Veterana F40	06:51:40	+02:58:11	09:09
136	39	Ana Paula Santos	ccrd burinhosa	Veterana F50	06:56:29	+03:03:00	09:15
137	216	ANA CRISTINA ALVES DE MIRANDA	xl&s trail	Senior Feminino	06:58:52	+03:05:22	09:18
138	220	António José Costa Brito Ferreira	xl&s trail	Veterano M45	06:58:52	+03:05:22	09:19
139	109	ANDRE FILIPE QUINTAO AZEVEDO	individual	Senior Masculino	06:58:58	+03:05:28	09:19
140	163	Bruno Ribeiro	kaninos	Senior Masculino	07:00:27	+03:06:58	09:21
141	164	Humberto Barros	kaninos	Senior Masculino	07:00:28	+03:06:58	09:21
142	162	Manuel Faria Sampaio	individual	Veterano M60	07:03:18	+03:09:48	09:24
143	191	Antoine Calcada	padela natural team	Veterano M40	07:05:07	+03:11:37	09:27
144	190	Sylvain ROUX	padela natural team	Senior Masculino	07:05:10	+03:11:40	09:27
145	22	José Sousa	associação de atletismo lebres do sado	Veterano M40	07:16:14	+03:22:44	09:42
146	186	Fátima Pereira Gonçalves	os tugas	Veterana F45	07:16:14	+03:22:44	09:42
147	187	António Pereira Gonçalves	os tugas	Veterano M50	07:16:15	+03:22:46	09:42
148	175	Fernanda Pinho	moreira relax runners	Veterana F45	07:20:40	+03:27:11	09:48
149	26	Mário Jorge Ferreira	associação desportiva da efacec	Veterano M40	07:20:43	+03:27:14	09:48
150	158	MARIO RUI LEITE COSTA	individual	Veterano M50	07:20:44	+03:27:14	09:48
151	151	Paulo Seabra	individual	Veterano M40	07:20:46	+03:27:16	09:48
152	25	Miguel Cruz	associação desportiva da efacec	Senior Masculino	07:20:46	+03:27:17	09:48
153	161	Jaime de Almeida Coimbra da Silva	individual	Veterano M55	07:28:58	+03:35:28	09:59
154	108	Alexandre Miguel	individual	Senior Masculino	07:28:59	+03:35:29	09:59
155	184	Pedro Barbosa	olimpico vianense trail/nd sport	Veterano M45	07:32:45	+03:39:15	10:04
156	69	Célia Sampaio	desnível positivo	Veterana F40	07:32:46	+03:39:17	10:04

Hard Trail Monte da Padela

Barroselas

11-June-2016

hard trail 45k

45 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	08:00	12.2ºC	93%
End	15:33	21.7ºC	56%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	16	Ana Rocha Gonçalves	Alive Fitness Club	Senior Feminino	04:56:50		06:36
2	18	Cristina Couceiro	ARSM - Associação Recreativa de S. Miguel	Senior Feminino	04:57:35	+00:45	06:37
3	75	Marisa Alexandra da Rocha Vieira	Dr. Merino/Nutrifit	Senior Feminino	05:08:10	+11:20	06:51
4	179	Paula Penedo	NAZA-Nucleo Atletismo Zona da Abóboda	Senior Feminino	05:45:56	+49:06	07:41
5	74	Liliana Augusta da Rocha Gomes	Dr. Merino/Nutrifit	Senior Feminino	05:58:34	+01:01:44	07:58
6	73	Elisabete Vieira	Dr. Merino/Nutrifit	Senior Feminino	06:12:52	+01:16:02	08:17
7	217	Soraia Pereira Lima Monteiro	XL&S Trail	Senior Feminino	06:19:58	+01:23:08	08:27
8	107	Mariana Machado Ballester	Individual	Senior Feminino	06:34:54	+01:38:04	08:47
9	216	ANA CRISTINA ALVES DE MIRANDA	XL&S TRAil	Senior Feminino	06:58:52	+02:02:02	09:18

Senior Masculino

1	76	Andre Pedro Rodrigues	Dr. Merino/Nutrifit	Senior Masculino	03:53:30		05:11
2	204	Bruno Coelho	Satecnosol Outdour / La Sportiva	Senior Masculino	04:01:55	+08:25	05:23
3	78	Diogo da Silva Fernandes	Dr. Merino/Nutrifit	Senior Masculino	04:03:16	+09:46	05:24
4	92	Ricardo Jorge Gonçalves da Silva	EDV-VIANA TRAIL	Senior Masculino	04:04:34	+11:04	05:26
5	29	Délio Jorge Alves Ferreira	CA Barreira	Senior Masculino	04:05:55	+12:25	05:28
6	8	Luis Semedo	AC PORTALEGRE / UTSM	Senior Masculino	04:08:39	+15:09	05:32
7	208	Pedro Sousa	Satecnosol Outdour / La Sportiva	Senior Masculino	04:10:08	+16:38	05:34
8	207	Leonel Cunha	Satecnosol Outdour / La Sportiva	Senior Masculino	04:11:48	+18:18	05:36
9	63	Victor Fernandes	CTAD TRILHOS DE CINFAES	Senior Masculino	04:19:04	+25:34	05:45
10	120	Joao Paulo Lima Rodrigues	Individual	Senior Masculino	04:19:40	+26:10	05:46
11	91	Pedro Manuel Reis Caprichoso	EDV-VIANA TRAIL	Senior Masculino	04:25:25	+31:55	05:54
12	7	Luís Cerqueira Malheiro	AC PORTALEGRE / UTSM	Senior Masculino	04:27:46	+34:16	05:57
13	205	Bruno Gazela	Satecnosol Outdour / La Sportiva	Senior Masculino	04:32:31	+39:01	06:03
14	177	Carlos Miguel da Costa Ferreira	NAST - Núcleo Associativo de Santo Tirso	Senior Masculino	04:33:41	+40:11	06:05
15	5	Vitor Costa	A.D.Amarante trail running	Senior Masculino	04:34:24	+40:54	06:06
16	9	Marco Nabais	AC PORTALEGRE / UTSM	Senior Masculino	04:37:01	+43:31	06:09
17	77	David António Correia Ferreira	Dr. Merino/Nutrifit	Senior Masculino	04:37:14	+43:44	06:10
18	194	Nuno Torres	PROAVENTURAS	Senior Masculino	04:40:45	+47:15	06:14
19	30	Nuno Dias	CA Barreira	Senior Masculino	04:41:03	+47:33	06:15
20	94	Tiago Alexandre Martins Teixeira	EDV-VIANA TRAIL	Senior Masculino	04:41:13	+47:43	06:15
21	127	Miguel Antonio Vicente Ribeiro	Individual	Senior Masculino	04:45:11	+51:41	06:20
22	31	Paulo Jorge Gomes Duarte	CA Barreira	Senior Masculino	04:45:32	+52:02	06:21
23	176	António Domingos Moreira de Freitas	NAST - Núcleo Associativo de Santo Tirso	Senior Masculino	04:46:43	+53:13	06:22
24	84	Amândio Faria de Freitas	EDV-VIANA TRAIL	Senior Masculino	04:49:59	+56:29	06:27

hard trail 45k

45 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

25	174	Jorge Filipe Vilas Boas Sabino	Morcegos Trail	Senior Masculino	04:50:42	+57:12	06:28
26	52	Miguel Coutinho Moreira Frutuoso e Melo	Coimbra Trail Running	Senior Masculino	04:52:06	+58:36	06:29
27	62	Tiago Alexandre Teixeira de Aragão	CTAD TRILHOS DE CINFAES	Senior Masculino	04:52:09	+58:39	06:30
28	90	Pedro Andre Cerqueira Caldas	EDV-VIANA TRAIL	Senior Masculino	04:53:50	+01:00:20	06:32
29	123	José Miguel Fernandes da Gama Nogueira	Individual	Senior Masculino	04:56:29	+01:02:59	06:35
30	57	Bruno Alexandre Sousa Pereira Pinho dos Santos	CTAD TRILHOS DE CINFAES	Senior Masculino	04:56:54	+01:03:24	06:36
31	19	Tiago Filipe Barreirinhas Gaspar	ARSM - Associação Recreativa de S. Miguel	Senior Masculino	04:57:34	+01:04:04	06:37
32	189	Miguel Ângelo Azevedo Carvalho	OzXtreme/GDCR	Senior Masculino	04:58:48	+01:05:18	06:38
33	50	João André Lousada Ferreira	Coimbra Trail Running	Senior Masculino	04:58:49	+01:05:19	06:38
34	113	Carlos Manuel Gonçalves Reis	Individual	Senior Masculino	04:59:00	+01:05:30	06:39
35	38	Ricardo Silva	CCD RENAULT CACIA	Senior Masculino	05:01:51	+01:08:21	06:42
36	68	Artur Costa	Desnível Positivo	Senior Masculino	05:02:08	+01:08:38	06:43
37	209	Tiago Pinheiro	Satecnosol Outdour / La Sportiva	Senior Masculino	05:03:24	+01:09:54	06:45
38	118	João	Individual	Senior Masculino	05:03:56	+01:10:26	06:45
39	121	José Bancaleiro	Individual	Senior Masculino	05:04:35	+01:11:05	06:46
40	37	Ricardo Manuel dos Santos Coutinho Barreiro	CAAC - Clube de Atletismo de Arentim e Cunha	Senior Masculino	05:08:41	+01:15:11	06:52
41	85	Diogo Lopes	EDV-VIANA TRAIL	Senior Masculino	05:10:19	+01:16:49	06:54
42	6	Dino Miguel Feiteira Mafra	AC PORTALEGRE / UTSM	Senior Masculino	05:14:36	+01:21:06	06:59
43	88	Nuno Oliveira	EDV-VIANA TRAIL	Senior Masculino	05:17:40	+01:24:10	07:04
44	168	Márcio Carvalho	KeMedo Team	Senior Masculino	05:20:11	+01:26:41	07:07
45	139	Simão Seiça	Individual	Senior Masculino	05:23:56	+01:30:26	07:12
46	87	Jérôme Rodrigues	EDV-VIANA TRAIL	Senior Masculino	05:25:31	+01:32:01	07:14
47	112	Bruno Costa	Individual	Senior Masculino	05:27:46	+01:34:16	07:17
48	72	Sérgio Santos	Didáxis Trail	Senior Masculino	05:32:30	+01:39:00	07:23
49	132	Ricardo Miranda	Individual	Senior Masculino	05:32:57	+01:39:27	07:24
50	53	Rui Ferreira	Coimbra Trail Running	Senior Masculino	05:34:45	+01:41:15	07:26
51	136	SÉRGIO ALMEIDA	Individual	Senior Masculino	05:35:03	+01:41:33	07:27
52	134	RUI PEREIRA	Individual	Senior Masculino	05:35:03	+01:41:33	07:27
53	167	Manuel Fernando Almeida Costa	KeMedo Team	Senior Masculino	05:39:19	+01:45:49	07:32
54	131	Paulo jorge reis filipe	Individual	Senior Masculino	05:43:22	+01:49:52	07:38
55	130	Paulo Gomes	Individual	Senior Masculino	05:43:22	+01:49:52	07:38
56	101	Bruno Carrudo	GO!Runners	Senior Masculino	05:43:38	+01:50:08	07:38
57	89	nuno Teixeira	EDV-VIANA TRAIL	Senior Masculino	05:44:03	+01:50:33	07:39
58	201	Inuo Filipe Melo	Run 4 All	Senior Masculino	05:46:26	+01:52:56	07:42
59	93	Sérgio Filipe Cunha Matos	EDV-VIANA TRAIL	Senior Masculino	05:49:10	+01:55:40	07:46
60	45	Fernando Homem	Clube Amador Só Para Atletismo	Senior Masculino	05:49:59	+01:56:29	07:47
61	81	Tiago Amaral	Dr. Merino/Nutrifit	Senior Masculino	05:57:11	+02:03:41	07:56
62	202	Pedro Sá	RUNNING TEAM MAIA	Senior Masculino	05:58:34	+02:05:04	07:58
63	181	eduardo soares	Novo Doce Trail	Senior Masculino	06:00:55	+02:07:25	08:01
64	43	André Relvas	Centro Vicentino da Serra de Portalegre	Senior Masculino	06:01:33	+02:08:03	08:02
65	140	tome pinto	Individual	Senior Masculino	06:02:39	+02:09:09	08:04
66	111	António José Soares Duarte Gomes	Individual	Senior Masculino	06:07:21	+02:13:51	08:10

hard trail 45k

45 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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67	129	NELSON NUNES	Individual	Senior Masculino	06:11:06	+02:17:36	08:15
68	110	André Jorge Araújo Pinheiro	Individual	Senior Masculino	06:12:37	+02:19:07	08:17
69	133	Rui Pedro Campos Pinto	Individual	Senior Masculino	06:12:48	+02:19:18	08:17
70	183	RUI FARIA	OLIMPICO VIANENSE TRAIL/ND SPORT	Senior Masculino	06:13:34	+02:20:04	08:18
71	80	Nuno Jorge Moreira Pinho	Dr. Merino/Nutrifit	Senior Masculino	06:14:08	+02:20:38	08:19
72	116	FILIPE GONÇALVES	Individual	Senior Masculino	06:14:09	+02:20:39	08:19
73	125	MARCO MACHADO	Individual	Senior Masculino	06:14:28	+02:20:58	08:19
74	51	Joel Almeida Martinho	Coimbra Trail Running	Senior Masculino	06:14:55	+02:21:25	08:20
75	23	Domingos Filipe Pereira Nogueira	Associação Desportiva da Efacec	Senior Masculino	06:15:31	+02:22:01	08:21
76	219	Pedro Manuel Pereira Vieira Gonçalves de Castro	XL&S Trail	Senior Masculino	06:20:00	+02:26:30	08:27
77	122	José Manuel Santos Faria	Individual	Senior Masculino	06:34:55	+02:41:25	08:47
78	119	João Manuel Maciel Linhares	Individual	Senior Masculino	06:34:56	+02:41:26	08:47
79	24	Hugo Ricardo da Silva Barroso Pinto	Associação Desportiva da Efacec	Senior Masculino	06:35:09	+02:41:39	08:47
80	178	Fernando Carneiro	NAST - Núcleo Associativo de Santo Tirso	Senior Masculino	06:40:13	+02:46:43	08:54
81	114	EMANUEL MARTINS	Individual	Senior Masculino	06:40:13	+02:46:43	08:54
82	58	Carlos Alberto Nogueira Soares	CTAD TRILHOS DE CINFAES	Senior Masculino	06:40:14	+02:46:44	08:54
83	59	Carlos Silva	CTAD TRILHOS DE CINFAES	Senior Masculino	06:40:57	+02:47:27	08:55
84	109	ANDRE FILIPE QUINTAO AZEVEDO	Individual	Senior Masculino	06:58:58	+03:05:28	09:19
85	163	Bruno Ribeiro	Kaninos	Senior Masculino	07:00:28	+03:06:58	09:21
86	164	Humberto Barros	Kaninos	Senior Masculino	07:00:28	+03:06:58	09:21
87	190	Sylvain ROUX	PADELA NATURAL TEAM	Senior Masculino	07:05:10	+03:11:40	09:27
88	25	Miguel Cruz	Associação Desportiva da Efacec	Senior Masculino	07:20:47	+03:27:17	09:48
89	108	Alexandre Miguel	Individual	Senior Masculino	07:28:59	+03:35:29	09:59

Sub 23 Masculino

1	212	João Ramos	Trail Running Esposende	Sub 23 Masculino	05:28:40		07:18
2	215	Pedro Valentim Batista	Unidade Especial de Corrida	Sub 23 Masculino	05:56:59	+28:19	07:56

Veterana F40

1	102	Ana Maria Amaral	GONDOMAR FUTSAL CLUBE	Veterana F40	06:22:24		08:30
2	143	Sofia Coelho	Individual	Veterana F40	06:33:15	+10:51	08:44
3	47	Susana Gabriela Costa Pinto da Neta	Clube Zupper	Veterana F40	06:42:26	+20:02	08:57
4	70	Gisela Maria da Silva Pereira	Desnível Positivo	Veterana F40	06:51:41	+29:17	09:09
5	69	Célia Sampaio	Desnível Positivo	Veterana F40	07:32:47	+01:10:23	10:04

Veterana F45

1	35	Sara de Brito	CA Barreira	Veterana F45	04:52:30		06:30
2	186	Fátima Pereira Gonçalves	OS TUGAS	Veterana F45	07:16:14	+02:23:44	09:42
3	175	Fernanda Pinho	Moreira Relax Runners	Veterana F45	07:20:41	+02:28:11	09:48

hard trail 45k

45 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Veterana F50

1	39	Ana Paula Santos	CCRD Burinhosa	Veterana F50	06:56:30		09:15

Veterano M40

1	95	Gabriel Fagundes Meira	EDV-VIANA TRAIL	Veterano M40	04:24:52		05:53
2	97	VICTOR CORREIA	EDV-VIANA TRAIL	Veterano M40	04:46:50	+21:58	06:22
3	27	Pedro Jorge Ribeiro Pinto	Associação Desportiva da Efacec	Veterano M40	05:18:01	+53:09	07:04
4	82	Paulo Machado	Dr. Merino/Nutrifit	Veterano M40	05:18:51	+53:59	07:05
5	96	josé Carlos alcobia	EDV-VIANA TRAIL	Veterano M40	05:37:50	+01:12:58	07:30
6	40	Hélder S G Pinto	CCRD Burinhosa	Veterano M40	05:38:45	+01:13:53	07:32
7	144	António Morais	Individual	Veterano M40	05:56:28	+01:31:36	07:55
8	152	Ricardo Meireles	Individual	Veterano M40	06:16:48	+01:51:56	08:22
9	146	Isaque Lucena	Individual	Veterano M40	06:29:11	+02:04:19	08:39
10	28	Pascal Rodrigues	ATR - Algarve Trail Running	Veterano M40	06:36:34	+02:11:42	08:49
11	191	Antoine Calcada	PADELA NATURAL TEAM	Veterano M40	07:05:07	+02:40:15	09:27
12	22	José Sousa	Associação de atletismo Lebres do sado	Veterano M40	07:16:14	+02:51:22	09:42
13	26	Mário Jorge Ferreira	Associação Desportiva da Efacec	Veterano M40	07:20:44	+02:55:52	09:48
14	151	Paulo Seabra	Individual	Veterano M40	07:20:46	+02:55:54	09:48

Veterano M45

1	99	Artur Manuel Ribeiro Cunha Matos	EDV-VIANA TRAIL	Veterano M45	04:40:56		06:15
2	79	Diogo Carvalho	NAST	Veterano M45	04:50:36	+09:40	06:27
3	98	Abílio Augusto Góios Mina	EDV-VIANA TRAIL	Veterano M45	05:02:11	+21:15	06:43
4	32	Germano Capela	CA Barreira	Veterano M45	05:04:08	+23:12	06:46
5	20	José Guilherme Féteira	ARSM - Associação Recreativa de S. Miguel	Veterano M45	05:17:15	+36:19	07:03
6	185	António Amador	OriEstarreja	Veterano M45	05:24:14	+43:18	07:12
7	34	Paulo Eduardo Lopes da Cruz Oliveira	CA Barreira	Veterano M45	05:37:53	+56:57	07:31
8	54	Fausto Pimentel	Coimbra Trail Running	Veterano M45	05:44:18	+01:03:22	07:39
9	33	Miguel Saraiva	CA Barreira	Veterano M45	05:49:04	+01:08:08	07:45
10	153	Jorge Mamede Abrantes	Individual	Veterano M45	05:56:30	+01:15:34	07:55
11	198	João Nuno Fonseca	PROAVENTURAS	Veterano M45	05:58:43	+01:17:47	07:58
12	56	Paulo Pelicano	Corcodilos/Mister PC	Veterano M45	05:59:25	+01:18:29	07:59
13	156	Paulo Brás	Individual	Veterano M45	06:12:53	+01:31:57	08:17
14	220	António José Costa Brito Ferreira	XL&S TRAIL	Veterano M45	06:58:52	+02:17:56	09:19
15	184	Pedro Barbosa	OLIMPICO VIANENSE TRAIL/ND SPORT	Veterano M45	07:32:45	+02:51:49	10:04

Veterano M50

1	11	Vitor Cordeiro	AC PORTALEGRE / UTSM	Veterano M50	04:08:39		05:32

hard trail 45k

45 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

2	200	Zo Vieira	PROAVENTURAS	Veterano M50	05:17:13	+01:08:34	07:03
3	180	Jorge Rodrigues	NAZA-Nucleo Atletismo Zona da Abóboda	Veterano M50	05:28:40	+01:20:01	07:18
4	71	Arnaldo Rodrigues	Desnível Positivo	Veterano M50	05:42:03	+01:33:24	07:36
5	169	Pedro Filipe Couto Nóvoa	MINHO AVENTURA	Veterano M50	05:51:04	+01:42:25	07:48
6	157	José Capela	Individual	Veterano M50	06:07:22	+01:58:43	08:10
7	46	FERNANDO EDUARDO TEIXEIRA VILELA	Clube Millennium BCP	Veterano M50	06:08:59	+02:00:20	08:12
8	100	FERNANDO CUNHA	EDV-VIANA TRAIL	Veterano M50	06:13:51	+02:05:12	08:18
9	213	PAULO JOSÉ MOREIRA	TURBULENTO	Veterano M50	06:17:54	+02:09:15	08:24
10	159	rui eduardo pereira	Individual	Veterano M50	06:48:45	+02:40:06	09:05
11	187	António Pereira Gonçalves	OS TUGAS	Veterano M50	07:16:16	+03:07:37	09:42
12	158	MARIO RUI LEITE COSTA	Individual	Veterano M50	07:20:44	+03:12:05	09:48

Veterano M55

1	160	Amadeu Teixeira	Individual	Veterano M55	04:56:02		06:35
2	36	Jorge Agostinho	CA Barreira	Veterano M55	05:30:27	+34:25	07:21
3	170	Carlos Justo	MINHO AVENTURA	Veterano M55	05:48:51	+52:49	07:45
4	161	Jaime de Almeida Coimbra da Silva	Individual	Veterano M55	07:28:58	+02:32:56	09:59

Veterano M60

1	21	Arsénio Fernandes	ARSM - Associação Recreativa de S. Miguel	Veterano M60	06:41:03		08:55
2	162	Manuel Faria Sampaio	Individual	Veterano M60	07:03:18	+22:15	09:24

Hard Trail Monte da Padela
Barroselas
11-June-2016

COLETIVA 45KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	Satecnosol Outdour / La Sportiva	2 + 8 + 9	19
2	Dr. Merino/Nutrifit	1 + 3 + 19	23
3	AC PORTALEGRE / UTSM	6 + 7 + 14	27
4	EDV-VIANA TRAIL	4 + 12 + 13	29
5	CA Barreira	5 + 22 + 25	52
6	CTAD TRILHOS DE CINFAES	10 + 32 + 38	80
7	ARSM - Associação Recreativa de S. Miguel	39 + 40 + 56	135
8	Coimbra Trail Running	31 + 42 + 70	143
9	NAST - Núcleo Associativo de Santo Tirso	16 + 26 + 128	170
10	PROAVENTURAS	20 + 55 + 96	171
11	Desnível Positivo	45 + 77 + 135	257
12	Associação Desportiva da Efacec	58 + 115 + 126	299

Hard Trail Monte da Padela
Barroselas
11-June-2016

TRAIL 30K - STAGE 1 — 30 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	08:30	13.3ºC	92%
End	14:02	21.7ºC	56%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1019	Francisco João Cruz Fernandes	experienciar/barceltécnica/sportsonfire	Senior Masculino	02:50:45		05:42
2	1077	Nuno Alexandre Vale Ferreira Gonçalves Pereira	olimpico vianense trail/nd sport	Senior Masculino	02:52:37	+01:53	05:45
3	1068	Joel Filipe Alves Pereira	ker sports ponte de lima	Senior Masculino	02:53:07	+02:22	05:46
4	1001	Amândio Antunes	afifense trail	Senior Masculino	02:58:41	+07:57	05:57
5	1100	Ricardo miguel sousa amorim	xl&s trail	Senior Masculino	03:01:25	+10:41	06:03
6	1023	Patrick Marques	gondomar futsal clube	Veterano M40	03:12:49	+22:05	06:26
7	1081	Joao Castel-Branco	olimpico vianense trail/nd sport	Sub 23 Masculino	03:14:53	+24:08	06:30
8	1070	diego vaquero	kórpore arenteiro trail	Veterano M40	03:18:52	+28:08	06:38
9	1024	Ricardo Miranda	gtt - armazém do caffé	Senior Masculino	03:18:55	+28:11	06:38
10	1038	Luis Filipe Salgado Oliveira	individual	Senior Masculino	03:23:55	+33:11	06:48
11	1071	Fernando Garcia	kórpore arenteiro trail	Veterano M40	03:25:04	+34:20	06:50
12	1092	Vitor Rocha	slb 105	Veterano M40	03:26:58	+36:14	06:54
13	1025	César Canito	gtt - armazém do caffé	Veterano M40	03:31:16	+40:31	07:03
14	1078	Nuno Castel-Branco	olimpico vianense trail/nd sport	Senior Masculino	03:31:43	+40:59	07:03
15	1091	Paulo Alexandre Matos	slb 105	Senior Masculino	03:31:54	+41:09	07:04
16	1075	Miguel Jaques	olimpico vianense trail/nd sport	Senior Masculino	03:33:15	+42:30	07:07
17	1063	Paulo Guilherme Silva	individual	Veterano M45	03:34:28	+43:44	07:09
18	1037	Hugo Paço do Casal	olimpico vianense trail/nd sport	Senior Masculino	03:36:54	+46:09	07:14
19	1009	Pedro Meneses	associação desportiva da efacec	Veterano M40	03:37:10	+46:26	07:14
20	1042	Pedro Filipe Dias Alves	individual	Senior Masculino	03:38:00	+47:16	07:16
21	1090	Francisco Alves	slb 105	Senior Masculino	03:38:43	+47:58	07:17
22	1080	Sergio Martins	olimpico vianense trail/nd sport	Senior Masculino	03:39:54	+49:10	07:20
23	1034	Allan Apolónio	individual	Senior Masculino	03:41:44	+51:00	07:23
24	1057	Miguel Lira	individual	Veterano M40	03:42:52	+52:08	07:26
25	1016	Domingos Paulo Rocha	edv-viana trail	Veterano M45	03:46:51	+56:07	07:34
26	1002	Carlos Neto	afifense trail	Senior Masculino	03:49:00	+58:15	07:38
27	1013	João Cardoso	ctad trilhos de cinfaes	Senior Masculino	03:49:20	+58:35	07:39
28	1015	Vítor Ribeiro	didáxis trail	Senior Masculino	03:54:28	+01:03:44	07:49
29	1030	Rosa Alves Alves	individual	Senior Feminino	03:54:31	+01:03:46	07:49
30	1079	Nuno Paredinha	olimpico vianense trail/nd sport	Senior Masculino	03:54:36	+01:03:52	07:49
31	1074	Natalia Martins	olimpico vianense trail/nd sport	Senior Feminino	03:54:41	+01:03:56	07:49
32	1018	José Ponte	edv-viana trail	Veterano M55	03:55:06	+01:04:21	07:50
33	1039	Nuno Araujo	individual	Senior Masculino	03:56:25	+01:05:40	07:53
34	1084	Carlos Soares	os duros	Veterano M45	03:56:33	+01:05:48	07:53
35	1043	Pedro Henrique Torres Alves	individual	Senior Masculino	03:58:52	+01:08:07	07:58
36	1066	Manuel Oliveira	individual	Veterano M50	03:59:19	+01:08:35	07:59
37	1094	Joana Filipa Correia Barros	team workout 48	Senior Feminino	04:00:52	+01:10:07	08:02
38	1056	José Oliveira	individual	Veterano M40	04:02:24	+01:11:40	08:05
39	1026	FERNANDO AREZES	gtt - armazém do caffé	Veterano M45	04:04:16	+01:13:32	08:09
40	1088	João Meira	padela natural team	Senior Masculino	04:05:10	+01:14:26	08:10
41	1098	Paulo Cabrita	we runners	Senior Masculino	04:07:54	+01:17:10	08:16

TRAIL 30K - STAGE 1

30 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	1069	Belen Vidal	kórpore arenteiro trail	Veterana F40	04:08:59	+01:18:14	08:18
43	1067	Martins Dias Carlos	individual	Veterano M60	04:09:48	+01:19:03	08:20
44	1011	ADELINO LUCIANO SILVA BRITO	clube millennium bcp	Veterano M50	04:09:53	+01:19:08	08:20
45	1065	Rui Baptista	individual	Veterano M45	04:10:33	+01:19:48	08:21
46	1093	Marco	tartarugas trail	Senior Masculino	04:13:45	+01:23:01	08:28
47	1086	Mauro Pedro Mendes Gonçalves	os ílhavos	Veterano M40	04:19:07	+01:28:22	08:38
48	1076	André Fernando Marinho De Abreu Gomes	olimpico vianense trail/nd sport	Senior Masculino	04:19:39	+01:28:54	08:39
49	1049	Sandra Arribança	individual	Veterana F40	04:21:10	+01:30:25	08:42
50	1014	Margarida Magalhaes	desnível positivo	Veterana F45	04:22:17	+01:31:33	08:45
51	1040	Paulo Carlos Marques Miranda	individual	Senior Masculino	04:22:38	+01:31:53	08:45
52	1073	Daniela Barreto	olimpico vianense trail/nd sport	Senior Feminino	04:22:44	+01:32:00	08:45
53	1003	Carlos Pereira	afifense trail	Veterano M40	04:26:50	+01:36:05	08:54
54	1046	RUFINO FREITAS	individual	Senior Masculino	04:27:31	+01:36:47	08:55
55	1096	Luis Rafael Lima Coutinho	team workout 48	Senior Masculino	04:28:25	+01:37:41	08:57
56	1095	Bruno Daniel Morais Rodrigues	team workout 48	Senior Masculino	04:28:25	+01:37:41	08:57
57	1059	Wilson Fonseca	individual	Veterano M40	04:30:09	+01:39:24	09:00
58	1089	Luis Gil Caldeira	proaventuras	Veterano M40	04:32:35	+01:41:51	09:05
59	1083	RUI PEDRO BERNARDES DOA SANTOS	os contrabandistas	Senior Masculino	04:34:01	+01:43:16	09:08
60	1085	Ivone Correia	os estreloucados	Senior Feminino	04:34:08	+01:43:23	09:08
61	1060	carlos alberto	individual	Veterano M45	04:34:18	+01:43:34	09:09
62	1008	Miguel Barbosa	associação desportiva da efacec	Veterano M40	04:36:44	+01:46:00	09:13
63	1007	Nuno Filipe Gomes Moreira	associação desportiva da efacec	Senior Masculino	04:37:08	+01:46:24	09:14
64	1055	JOEL GUIMARÃES	individual	Veterano M40	04:37:41	+01:46:56	09:15
65	1017	MANUEL ARAÚJO	edv-viana trail	Veterano M45	04:39:47	+01:49:03	09:20
66	1031	Susana Machado	individual	Senior Feminino	04:40:47	+01:50:03	09:22
67	1033	Alexandre Manuel Esteves Ferreira	individual	Senior Masculino	04:45:01	+01:54:17	09:30
68	1028	Helena Passos	individual	Senior Feminino	04:47:33	+01:56:49	09:35
69	1045	Ricardo Santos	individual	Senior Masculino	04:55:00	+02:04:15	09:50
70	1072	Mário Soares	lion runners - g. d. leões da guarda	Veterano M55	04:55:01	+02:04:16	09:50
71	1058	Paulo Freitas	individual	Veterano M40	04:58:59	+02:08:15	09:58
72	1027	Alejandra Freitas	individual	Senior Feminino	04:59:00	+02:08:16	09:58
73	1097	Florinda Fernandes	team workout 48	Veterana F45	04:59:56	+02:09:12	10:00
74	1004	Ana Borges	amigos da onça	Senior Feminino	05:04:15	+02:13:30	10:09
75	1021	HENRIQUE MATOS	ffit gaia trail	Veterano M45	05:06:41	+02:15:57	10:13
76	1061	David Jorge Garcez Antunes	individual	Veterano M45	05:16:57	+02:26:12	10:34
77	1022	RUI SÁ	ffit gaia trail	Veterano M50	05:31:45	+02:41:01	11:04
78	1054	GOMES	individual	Veterano M40	05:31:45	+02:41:01	11:04
79	1006	Manuel Moura	associação desportiva da efacec	Senior Masculino	05:31:46	+02:41:01	11:04
80	1005	Diogo Ricardo Lopes Moreira	associação desportiva da efacec	Senior Masculino	05:31:46	+02:41:01	11:04

Hard Trail Monte da Padela
Barroselas
11-June-2016

trail 30k **30 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	08:30	13.3ºC	92%
End	14:02	21.7ºC	56%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1030	Rosa Alves Alves	Individual	Senior Feminino	03:54:31		07:49
2	1074	Natalia Martins	OLIMPICO VIANENSE TRAIL/ND SPORT	Senior Feminino	03:54:41	+00:10	07:49
3	1094	Joana Filipa Correia Barros	Team Workout 48	Senior Feminino	04:00:52	+06:21	08:02
4	1073	Daniela Barreto	OLIMPICO VIANENSE TRAIL/ND SPORT	Senior Feminino	04:22:45	+28:14	08:45
5	1085	Ivone Correia	OS ESTRELOUCADOS	Senior Feminino	04:34:08	+39:37	09:08
6	1031	Susana Machado	Individual	Senior Feminino	04:40:48	+46:17	09:22
7	1028	Helena Passos	Individual	Senior Feminino	04:47:34	+53:03	09:35
8	1027	Alejandra Freitas	Individual	Senior Feminino	04:59:01	+01:04:30	09:58
9	1004	Ana Borges	Amigos da Onça	Senior Feminino	05:04:15	+01:09:44	10:09

Senior Masculino

1	1019	Francisco João Cruz Fernandes	Experienciar/Barceltécnica/SportsonFire	Senior Masculino	02:50:45		05:42
2	1077	Nuno Alexandre Vale Ferreira Gonçalves Pereira	OLIMPICO VIANENSE TRAIL/ND SPORT	Senior Masculino	02:52:38	+01:53	05:45
3	1068	Joel Filipe Alves Pereira	KER SPORTS PONTE DE LIMA	Senior Masculino	02:53:07	+02:22	05:46
4	1001	Amândio Antunes	Afifense Trail	Senior Masculino	02:58:42	+07:57	05:57
5	1100	Ricardo miguel sousa amorim	XL&S TRAil	Senior Masculino	03:01:26	+10:41	06:03
6	1024	Ricardo Miranda	GTT - ARMAZÉM DO CAFFÉ	Senior Masculino	03:18:56	+28:11	06:38
7	1038	Luis Filipe Salgado Oliveira	Individual	Senior Masculino	03:23:56	+33:11	06:48
8	1078	Nuno Castel-Branco	OLIMPICO VIANENSE TRAIL/ND SPORT	Senior Masculino	03:31:44	+40:59	07:03
9	1091	Paulo Alexandre Matos	SLB 105	Senior Masculino	03:31:54	+41:09	07:04
10	1075	Miguel Jaques	OLIMPICO VIANENSE TRAIL/ND SPORT	Senior Masculino	03:33:15	+42:30	07:07
11	1037	Hugo Paço do Casal	OLIMPICO VIANENSE TRAIL/ND SPORT	Senior Masculino	03:36:54	+46:09	07:14
12	1042	Pedro Filipe Dias Alves	Individual	Senior Masculino	03:38:01	+47:16	07:16
13	1090	Francisco Alves	SLB 105	Senior Masculino	03:38:43	+47:58	07:17
14	1080	Sergio Martins	OLIMPICO VIANENSE TRAIL/ND SPORT	Senior Masculino	03:39:55	+49:10	07:20
15	1034	Allan Apolónio	Individual	Senior Masculino	03:41:45	+51:00	07:23
16	1002	Carlos Neto	Afifense Trail	Senior Masculino	03:49:00	+58:15	07:38
17	1013	João Cardoso	CTAD TRILHOS DE CINFAES	Senior Masculino	03:49:20	+58:35	07:39
18	1015	Vítor Ribeiro	Didáxis Trail	Senior Masculino	03:54:29	+01:03:44	07:49
19	1079	Nuno Paredinha	OLIMPICO VIANENSE TRAIL/ND SPORT	Senior Masculino	03:54:37	+01:03:52	07:49
20	1039	Nuno Araujo	Individual	Senior Masculino	03:56:25	+01:05:40	07:53
21	1043	Pedro Henrique Torres Alves	Individual	Senior Masculino	03:58:52	+01:08:07	07:58

trail 30k

30 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

22	1088	João Meira	PADELA NATURAL TEAM	Senior Masculino	04:05:11	+01:14:26	08:10
23	1098	Paulo Cabrita	We Runners	Senior Masculino	04:07:55	+01:17:10	08:16
24	1093	Marco	Tartarugas Trail	Senior Masculino	04:13:46	+01:23:01	08:28
25	1076	André Fernando Marinho De Abreu Gomes	OLIMPICO VIANENSE TRAIL/ND SPORT	Senior Masculino	04:19:39	+01:28:54	08:39
26	1040	Paulo Carlos Marques Miranda	Individual	Senior Masculino	04:22:38	+01:31:53	08:45
27	1046	RUFINO FREITAS	Individual	Senior Masculino	04:27:32	+01:36:47	08:55
28	1096	Luis Rafael Lima Coutinho	Team Workout 48	Senior Masculino	04:28:26	+01:37:41	08:57
29	1095	Bruno Daniel Morais Rodrigues	Team Workout 48	Senior Masculino	04:28:26	+01:37:41	08:57
30	1083	RUI PEDRO BERNARDES DOA SANTOS	Os contrabandistas	Senior Masculino	04:34:01	+01:43:16	09:08
31	1007	Nuno Filipe Gomes Moreira	Associação Desportiva da Efacec	Senior Masculino	04:37:09	+01:46:24	09:14
32	1033	Alexandre Manuel Esteves Ferreira	Individual	Senior Masculino	04:45:02	+01:54:17	09:30
33	1045	Ricardo Santos	Individual	Senior Masculino	04:55:00	+02:04:15	09:50
34	1006	Manuel Moura	Associação Desportiva da Efacec	Senior Masculino	05:31:46	+02:41:01	11:04
35	1005	Diogo Ricardo Lopes Moreira	Associação Desportiva da Efacec	Senior Masculino	05:31:46	+02:41:01	11:04

Sub 23 Masculino

1	1081	Joao Castel-Branco	OLIMPICO VIANENSE TRAIL/ND SPORT	Sub 23 Masculino	03:14:53		06:30

Veterana F40

1	1069	Belen Vidal	Kórpore Arenteiro Trail	Veterana F40	04:08:59		08:18
2	1049	Sandra Arribança	Individual	Veterana F40	04:21:10	+12:11	08:42

Veterana F45

1	1014	Margarida Magalhaes	Desnível Positivo	Veterana F45	04:22:18		08:45
2	1097	Florinda Fernandes	Team Workout 48	Veterana F45	04:59:57	+37:39	10:00

Veterano M40

1	1023	Patrick Marques	GONDOMAR FUTSAL CLUBE	Veterano M40	03:12:50		06:26
2	1070	diego vaquero	Kórpore Arenteiro Trail	Veterano M40	03:18:53	+06:03	06:38
3	1071	Fernando Garcia	Kórpore Arenteiro Trail	Veterano M40	03:25:05	+12:15	06:50
4	1092	Vitor Rocha	SLB 105	Veterano M40	03:26:59	+14:09	06:54
5	1025	César Canito	GTT - ARMAZÉM DO CAFFÉ	Veterano M40	03:31:16	+18:26	07:03
6	1009	Pedro Meneses	Associação Desportiva da Efacec	Veterano M40	03:37:11	+24:21	07:14
7	1057	Miguel Lira	Individual	Veterano M40	03:42:53	+30:03	07:26
8	1056	José Oliveira	Individual	Veterano M40	04:02:25	+49:35	08:05
9	1086	Mauro Pedro Mendes Gonçalves	Os Ílhavos	Veterano M40	04:19:07	+01:06:17	08:38
10	1003	Carlos Pereira	Afifense Trail	Veterano M40	04:26:50	+01:14:00	08:54
11	1059	Wilson Fonseca	Individual	Veterano M40	04:30:09	+01:17:19	09:00
12	1089	Luis Gil Caldeira	PROAVENTURAS	Veterano M40	04:32:36	+01:19:46	09:05

13	1008	Miguel Barbosa	Associação Desportiva da Efacec	Veterano M40	04:36:45	+01:23:55	09:13
14	1055	JOEL GUIMARÃES	Individual	Veterano M40	04:37:41	+01:24:51	09:15
15	1058	Paulo Freitas	Individual	Veterano M40	04:59:00	+01:46:10	09:58
16	1054	GOMES	Individual	Veterano M40	05:31:46	+02:18:56	11:04

Veterano M45

1	1063	Paulo Guilherme Silva	Individual	Veterano M45	03:34:29		07:09
2	1016	Domingos Paulo Rocha	EDV-VIANA TRAIL	Veterano M45	03:46:52	+12:23	07:34
3	1084	Carlos Soares	OS DUROS	Veterano M45	03:56:33	+22:04	07:53
4	1026	FERNANDO AREZES	GTT - ARMAZÉM DO CAFFÉ	Veterano M45	04:04:17	+29:48	08:09
5	1065	Rui Baptista	Individual	Veterano M45	04:10:33	+36:04	08:21
6	1060	carlos alberto	Individual	Veterano M45	04:34:19	+59:50	09:09
7	1017	MANUEL ARAÚJO	EDV-VIANA TRAIL	Veterano M45	04:39:48	+01:05:19	09:20
8	1021	HENRIQUE MATOS	FFit Gaia Trail	Veterano M45	05:06:42	+01:32:13	10:13
9	1061	David Jorge Garcez Antunes	Individual	Veterano M45	05:16:57	+01:42:28	10:34

Veterano M50

1	1066	Manuel Oliveira	Individual	Veterano M50	03:59:20		07:59
2	1011	ADELINO LUCIANO SILVA BRITO	Clube Millennium BCP	Veterano M50	04:09:53	+10:33	08:20
3	1022	RUI SÁ	FFit Gaia Trail	Veterano M50	05:31:46	+01:32:26	11:04

Veterano M55

1	1018	José Ponte	EDV-VIANA TRAIL	Veterano M55	03:55:06		07:50
2	1072	Mário Soares	LION RUNNERS - G. D. Leões da Guarda	Veterano M55	04:55:01	+59:55	09:50

Veterano M60

1	1067	Martins Dias Carlos	Individual	Veterano M60	04:09:48		08:20

Hard Trail Monte da Padela
Barroselas
11-June-2016

COLETIVA 30KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	OLIMPICO VIANENSE TRAIL/ND SPORT	2 + 7 + 14	23
2	SLB 105	12 + 15 + 21	48
3	GTT - ARMAZÉM DO CAFFÉ	9 + 13 + 39	61
4	Kórpore Arenteiro Trail	8 + 11 + 42	61
5	Afifense Trail	4 + 26 + 53	83
6	EDV-VIANA TRAIL	25 + 32 + 65	122
7	Associação Desportiva da Efacec	19 + 62 + 63	144
8	Team Workout 48	37 + 55 + 56	148

Hard Trail Monte da Padela
Barroselas
11-June-2016

MINI TRAIL 15K - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	14.4ºC	83%
End	13:10	21.7ºC	56%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	2179	Francisco Miguel da Costa Fontelo	padela natural team	Veterano M40	01:20:05		05:20
2	2199	Luís Magalhães	xl&s trail	Veterano M45	01:20:15	+00:09	05:21
3	2034	josé Inácio Lima Rodrigues	experienciar/barceltécnica/sportsonfire	Senior Masculino	01:20:51	+00:45	05:23
4	2046	Luís Pedro Ferreira de Sousa Martins	gtt - armazém do caffé	Senior Masculino	01:22:34	+02:28	05:30
5	2124	Fernando António Azevedo Silva	individual	Veterano M40	01:23:00	+02:54	05:32
6	2178	JOÃO AFONSO	padela natural team	Sub 23 Masculino	01:25:24	+05:18	05:42
7	2048	Nuno Figueiredo	gtt - armazém do caffé	Senior Masculino	01:26:50	+06:45	05:47
8	2092	Nuno Castro	individual	Senior Masculino	01:27:30	+07:24	05:50
9	2033	Filipe Santos Novais	experienciar/barceltécnica/sportsonfire	Senior Masculino	01:28:54	+08:49	05:56
10	2019	José Elísio Barbosa Lopes	centro de atletismo dos arcos de valdevez	Senior Masculino	01:29:43	+09:38	05:59
11	2157	VALTER LIMA	olimpico vianense trail/nd sport	Senior Masculino	01:30:22	+10:16	06:01
12	2049	Carlos Alberto Pereira Novais Gandra	gtt - armazém do caffé	Veterano M50	01:31:05	+11:00	06:04
13	2176	Bruno Miguel Ribeiro de Sá	padela natural team	Senior Masculino	01:33:44	+13:38	06:15
14	2089	MARÇAL AVELINO SALAZAR MARQUES MENDES	individual	Senior Masculino	01:35:30	+15:24	06:22
15	2032	Joaquim Coelho	ei team trail	Veterano M40	01:38:12	+18:06	06:33
16	2027	José Cruz	ei team trail	Senior Masculino	01:38:25	+18:19	06:34
17	2186	Manuel Alves	queiróz team/ nokárol	Veterano M50	01:39:09	+19:04	06:37
18	2013	Luciano Amaro	afifense trail	Sub 23 Masculino	01:39:47	+19:42	06:39
19	2084	Helder sobral	individual	Senior Masculino	01:40:26	+20:20	06:42
20	2011	José Augusto Leitão	ac terapias	Veterano M45	01:40:33	+20:27	06:42
21	2177	Marcelo Ramos Martins	padela natural team	Senior Masculino	01:40:45	+20:39	06:43
22	2094	Nuno Gonçalo Leite Gonçalves	individual	Senior Masculino	01:41:02	+20:57	06:44
23	2016	Vitor Silva	arca barcelos runners	Senior Masculino	01:42:42	+22:37	06:51
24	2077	Álvaro Faria Santos	individual	Senior Masculino	01:42:43	+22:38	06:51
25	2193	Jorge Emanuel Barbosa Jaques	vidaativarunners	Sub 23 Masculino	01:43:13	+23:07	06:53
26	2083	Eliseu Manuel Campos Leite	individual	Senior Masculino	01:43:50	+23:45	06:55
27	2122	Benjamim Cruz	individual	Veterano M40	01:44:04	+23:58	06:56
28	2047	MARCELO TELES	gtt - armazém do caffé	Senior Masculino	01:44:06	+24:00	06:56
29	2162	Leandro jose Mesquita Freitas	olimpico vianense trail/nd sport	Veterano M50	01:44:45	+24:40	06:59
30	2105	Vitor Paulo Duarte Caldeira	individual	Senior Masculino	01:44:50	+24:45	06:59
31	2017	José Carlos Cardoso	arca barcelos runners	Veterano M45	01:45:04	+24:58	07:00
32	2155	Fernando Alves	olimpico vianense trail/nd sport	Senior Masculino	01:46:20	+26:15	07:05
33	2078	Angelo Rego	individual	Senior Masculino	01:46:22	+26:16	07:05
34	2128	Manuel Joaquim da Silva Baptista Vale	individual	Veterano M40	01:47:30	+27:24	07:10
35	2166	Rui Crasto	os duros	Veterano M40	01:49:20	+29:14	07:17
36	2146	Alcino Carvalho	jerónimo	Veterano M45	01:49:37	+29:31	07:18
37	2087	José Paulo Lima	individual	Senior Masculino	01:50:37	+30:31	07:22
38	2137	LUÍS ANTÓNIO SOUSA PINTO	individual	Veterano M55	01:50:54	+30:48	07:24
39	2111	Gonçalo Maciel	individual	Sub 23 Masculino	01:51:52	+31:47	07:28

MINI TRAIL 15K - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
40	2182	Raimundo Castro	padela natural team	Veterano M55	01:52:10	+32:04	07:29
41	2031	filipe escobar	ei team trail	Veterano M40	01:52:25	+32:19	07:30
42	13	José Ribeiro	ac terapias	Veterano M50	01:52:29	+32:23	07:30
43	2085	João Tomás	individual	Senior Masculino	01:52:35	+32:29	07:30
44	2154	Carla Manuela Fernandes Pereira	olimpico vianense trail/nd sport	Senior Feminino	01:52:38	+32:32	07:31
45	2090	Mauro Roxo	individual	Senior Masculino	01:52:39	+32:33	07:31
46	2041	Rui Jorge da Silva Pinto	gd limpeza urbana - cmp	Veterano M40	01:53:58	+33:53	07:36
47	2161	Joao Jaques	olimpico vianense trail/nd sport	Veterano M45	01:54:01	+33:55	07:36
48	2172	João Leão	os estreloucados	Veterano M45	01:54:02	+33:56	07:36
49	2021	Rui Barreto	confecções sião/terapias alexandra carvalho	Veterano M40	01:54:03	+33:57	07:36
50	2200	Bruno Joel Fernandes Fonseca	zona bravo	Senior Masculino	01:54:03	+33:58	07:36
51	2158	Gonçalo Freitas	olimpico vianense trail/nd sport	Sub 23 Masculino	01:54:20	+34:15	07:37
52	2125	Joao Paulo Lopes Barbosa	individual	Veterano M40	01:54:23	+34:18	07:38
53	2018	Firmino Silva	arca barcelos runners	Veterano M50	01:54:33	+34:27	07:38
54	2131	Domingos Rego	individual	Veterano M45	01:55:02	+34:56	07:40
55	2164	Carlos Crasto	os duros	Senior Masculino	01:55:18	+35:13	07:41
56	2108	Ana Rita de Barros Carneiro	individual	Sub 23 Feminino	01:55:19	+35:14	07:41
57	2073	Susana Dantas Alves	individual	Senior Feminino	01:55:24	+35:19	07:42
58	2057	Carla Amorim	individual	Senior Feminino	01:56:00	+35:55	07:44
59	2068	Nilza Conde Paixão	individual	Senior Feminino	01:57:32	+37:27	07:50
60	2005	Ulisses Cabral	ac terapias	Senior Masculino	01:57:33	+37:28	07:50
61	2191	Eliana Pereira	team workout 48	Senior Feminino	01:57:34	+37:29	07:50
62	2100	Rui Raposo	individual	Senior Masculino	01:57:38	+37:33	07:51
63	2121	António Manuel Carvalho Gonçalves	individual	Veterano M40	01:58:11	+38:06	07:53
64	2184	Isabel Pisco	proaventuras	Veterana F45	01:58:40	+38:34	07:55
65	2174	Eva Santos	padela natural team	Senior Feminino	01:59:21	+39:16	07:57
66	2144	Alberto Sá	insanos	Veterano M60	01:59:24	+39:19	07:58
67	2030	Carlos Silva	ei team trail	Veterano M40	01:59:53	+39:47	08:00
68	2029	António João da Rocha Machado	ei team trail	Veterano M40	02:00:07	+40:02	08:01
69	2133	José Baltazar Lage de Matos	individual	Veterano M45	02:00:51	+40:46	08:03
70	2097	Ricardo Magalhães	individual	Senior Masculino	02:01:11	+41:06	08:05
71	2170	Paulino Gomes	os estreloucados	Senior Masculino	02:01:14	+41:09	08:05
72	2171	Paulo Rocha	os estreloucados	Senior Masculino	02:01:15	+41:10	08:05
73	2061	Juliana Lopes Onuma	individual	Senior Feminino	02:01:29	+41:24	08:06
74	2123	Carlos Campos	individual	Veterano M40	02:01:42	+41:37	08:07
75	2082	César Macedo	individual	Senior Masculino	02:02:17	+42:11	08:09
76	2023	Estela Neto	didáxis trail	Senior Feminino	02:03:13	+43:08	08:13
77	2203	Atleta 2203	individual	Senior Masculino	02:03:55	+43:49	08:16
78	2132	Francisco Manuel da Cunha Gonçalves	individual	Veterano M45	02:03:59	+43:53	08:16
79	2165	Sandro Chavarria	os duros	Senior Masculino	02:04:22	+44:16	08:17
80	2095	Patrique Lima	individual	Senior Masculino	02:04:44	+44:38	08:19
81	2039	Ricardo A. Silva Sousa	ffit gaia trail	Veterano M40	02:04:55	+44:49	08:20
82	2112	Julio do Monte Escrivaes	individual	Sub 23 Masculino	02:04:56	+44:50	08:20
83	2001	Ana Fael	ac terapias	Senior Feminino	02:05:58	+45:53	08:24

MINI TRAIL 15K - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
84	2042	Pedro Alves Carvalho Pereira	gd limpeza urbana - cmp	Veterano M45	02:06:13	+46:08	08:25
85	2076	ALBANO MANUEL DA SILVA CARDEIRAS	individual	Senior Masculino	02:08:17	+48:12	08:33
86	2142	Bruno Alves	insanos	Senior Masculino	02:08:29	+48:24	08:34
87	2062	Joaquim Gomes de Oliveira	insanus	Veterano M40	02:08:54	+48:48	08:36
88	2028	Catarina Pereira	ei team trail	Veterana F40	02:09:34	+49:28	08:38
89	2010	Humberto Ribeiro	ac terapias	Veterano M45	02:09:35	+49:29	08:38
90	2183	Filipa da Gama	proaventuras	Veterana F40	02:10:34	+50:28	08:42
91	2143	Julio Ferreira	insanos	Veterano M55	02:10:39	+50:33	08:43
92	2148	Maria Sílvia Viana	maratonistas do minho	Senior Feminino	02:11:39	+51:34	08:47
93	2149	Francisco Cerqueira	maratonistas do minho	Veterano M40	02:11:40	+51:34	08:47
94	2080	António José Mendes Grácio	individual	Senior Masculino	02:12:38	+52:32	08:51
95	2096	PEREIRA DA SILVA Jean-Marc	individual	Senior Masculino	02:13:11	+53:05	08:53
96	2020	Nuno Palma	confecções sião/terapias alexandra carvalho	Senior Masculino	02:13:24	+53:19	08:54
97	2079	António Ferreira	individual	Senior Masculino	02:13:30	+53:25	08:54
98	12	Solange Cabral	ac terapias	Veterana F40	02:13:38	+53:33	08:55
99	2153	Anabela Salgado	olimpico vianense trail/nd sport	Senior Feminino	02:14:09	+54:03	08:57
100	2156	Gonçalo Pinheiro	olimpico vianense trail/nd sport	Senior Masculino	02:14:10	+54:04	08:57
101	2147	Bruno Andrade	lacraus	Senior Masculino	02:17:10	+57:04	09:09
102	2044	Armandina da Silva Torres	gdct incm	Veterana F40	02:17:52	+57:46	09:11
103	2037	Paulo Jorge Santos	ffit gaia trail	Senior Masculino	02:17:53	+57:48	09:12
104	2024	ANDREA CAMPELO	edv-viana trail	Senior Feminino	02:19:07	+59:01	09:16
105	2136	Valentim Castro da Guia	individual	Veterano M50	02:19:07	+59:01	09:16
106	2115	Carmo Veiga	individual	Veterana F45	02:19:07	+59:01	09:16
107	2086	Joel Maciel Monteiro	individual	Senior Masculino	02:19:11	+59:06	09:17
108	2107	Ana Patricia Salgueiro	individual	Sub 23 Feminino	02:19:12	+59:07	09:17
109	2009	Fernando Edgar Araújo de Sousa	ac terapias	Veterano M40	02:19:56	+59:51	09:20
110	2173	Carina Verde	padela natural team	Senior Feminino	02:22:52	+01:02:46	09:31
111	2175	Joana da Silva Martins	padela natural team	Senior Feminino	02:22:52	+01:02:46	09:31
112	2069	Preciosa Branco	individual	Senior Feminino	02:22:56	+01:02:51	09:32
113	2127	José Sargaço	individual	Veterano M40	02:23:08	+01:03:03	09:33
114	2099	Rui Manuel Monteiro da Silva	individual	Senior Masculino	02:23:09	+01:03:03	09:33
115	2052	Ana Alpuim	individual	Senior Feminino	02:23:14	+01:03:09	09:33
116	2038	SANDRA MATOS	ffit gaia trail	Veterana F40	02:24:11	+01:04:06	09:37
117	2181	António Maciel	padela natural team	Veterano M55	02:24:25	+01:04:20	09:38
118	2134	José Manuel da Venda Lira	individual	Veterano M45	02:25:16	+01:05:11	09:41
119	2006	Isabel Leitão	ac terapias	Veterana F40	02:26:33	+01:06:27	09:46
120	2050	Nuno Manuel Esteves Campos Martins	happy runners	Senior Masculino	02:27:31	+01:07:26	09:50
121	2190	Ana Luisa De Sousa Ferreira	team workout 48	Senior Feminino	02:27:35	+01:07:30	09:50
122	2025	Carla Alexandra Araújo Pereira	edv-viana trail	Senior Feminino	02:28:10	+01:08:05	09:53
123	2043	Vitor Manuel Máximo Silva	gd limpeza urbana - cmp	Veterano M45	02:28:26	+01:08:20	09:54
124	2188	Jaime Pereira	tartarugas trail	Veterano M50	02:28:43	+01:08:37	09:55
125	2187	Elisabete Pereira	tartarugas trail	Veterana F45	02:28:44	+01:08:38	09:55
126	2104	Vasco Slveira	individual	Senior Masculino	02:29:08	+01:09:03	09:57
127	2067	Natália Sofia Dantas Martins	individual	Senior Feminino	02:29:21	+01:09:16	09:57

MINI TRAIL 15K - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
128	2163	Manuela Arantes	oriestarreja	Veterana F45	02:30:22	+01:10:16	10:01
129	2065	Marisa Cardoso Magalhães	individual	Senior Feminino	02:32:06	+01:12:00	10:08
130	2159	Adélia Lobo	olimpico vianense trail/nd sport	Veterana F45	02:32:28	+01:12:22	10:10
131	2051	José Manuel de Oliveira Amaro	happy runners	Veterano M45	02:32:30	+01:12:24	10:10
132	2007	Marta Amaral	ac terapias	Veterana F40	02:32:40	+01:12:34	10:11
133	2117	Isabel Gonçalves	individual	Veterana F45	02:33:05	+01:13:00	10:12
134	2120	Antonio Duarte Rodrigues Escoval	individual	Veterano M40	02:34:12	+01:14:06	10:17
135	2075	Abel Fernando da Silva Fernandes	individual	Senior Masculino	02:34:12	+01:14:06	10:17
136	2026	Célia Barros Azevedo Meira	edv-viana trail	Veterana F40	02:34:20	+01:14:15	10:17
137	2114	Susana Maria Azevedo Pereira Matos	individual	Veterana F40	02:34:21	+01:14:15	10:17
138	2141	Mário Jorge Esteves Novo	individual	Veterano M60	02:35:04	+01:14:59	10:20
139	2169	Liliana Gomes	os estreloucados	Senior Feminino	02:38:00	+01:17:54	10:32
140	2110	Tânia Faria Novo	individual	Sub 23 Feminino	02:38:40	+01:18:35	10:35
141	1010	MARIA CRISTINA BRAS OLIVEIRA VILELA	clube millennium bcp	Veterana F45	02:39:47	+01:19:42	10:39
142	2055	Andreia Raquel Rodrigues Leite	individual	Senior Feminino	02:41:25	+01:21:19	10:46
143	2118	pinto	individual	Veterana F50	02:41:26	+01:21:20	10:46
144	2091	Miguel Cruz	individual	Senior Masculino	02:43:48	+01:23:42	10:55
145	2197	João Alberto Costa Miranda	we runners	Sub 23 Masculino	02:45:11	+01:25:05	11:01
146	2189	Liliana Escudeiro	team lantemil	Senior Feminino	02:45:58	+01:25:53	11:04
147	2070	Raquel Neiva	individual	Senior Feminino	02:45:58	+01:25:53	11:04
148	2152	Lúcia Leite Ferreira	marco trail	Senior Feminino	02:48:38	+01:28:32	11:15
149	2151	Eunice Coelho	marco trail	Senior Feminino	02:48:38	+01:28:32	11:15
150	2150	Andrea Vieira	marco trail	Senior Feminino	02:48:38	+01:28:33	11:15
151	2072	Silvia Vilaça Lima	individual	Senior Feminino	02:52:29	+01:32:24	11:30
152	2088	Lima Cela	individual	Senior Masculino	02:54:43	+01:34:37	11:39
153	2012	Lília Amorim	afifense trail	Senior Feminino	02:54:45	+01:34:40	11:39
154	2014	Ana Vale	afifense trail	Veterana F40	02:54:46	+01:34:40	11:39
155	2201	Pedro Tiago de sousa Reis	zona bravo	Senior Masculino	02:57:18	+01:37:12	11:49
156	2109	Araci Queiroga	individual	Sub 23 Feminino	03:01:05	+01:41:00	12:04
157	2106	Ana Carmo	individual	Sub 23 Feminino	03:01:09	+01:41:03	12:05
158	2066	Marta Rocha	individual	Senior Feminino	03:01:09	+01:41:03	12:05
159	2053	Ana Cristina araujo da Cunha	individual	Senior Feminino	03:01:51	+01:41:46	12:07
160	2060	Isabel Queiroga	individual	Senior Feminino	03:01:54	+01:41:48	12:08
161	2194	Ana Peixinho Roque	we runners	Senior Feminino	03:17:56	+01:57:50	13:12
162	2196	Ivo Roque	we runners	Senior Masculino	03:17:56	+01:57:51	13:12
163	2195	Lara Filipa Bastos da Costa	we runners	Senior Feminino	03:17:57	+01:57:52	13:12
164	2040	Cristina Azurara	gd limpeza urbana - cmp	Veterana F45	03:25:52	+02:05:46	13:43
165	2140	Manuel Silveira	individual	Veterano M60	03:25:56	+02:05:50	13:44
166	2138	manuel ferreira	individual	Veterano M55	03:25:58	+02:05:53	13:44
167	2008	Maria Fonseca	ac terapias	Veterana F45	03:31:52	+02:11:47	14:08
168	2002	Diana Matias	ac terapias	Senior Feminino	03:31:56	+02:11:51	14:08
169	2059	Claudia Ferreira	individual	Senior Feminino	03:40:09	+02:20:03	14:41
170	2102	Rui Sousa	individual	Senior Masculino	03:40:09	+02:20:03	14:41
171	2071	Rita Correia	individual	Senior Feminino	03:40:09	+02:20:04	14:41
172	2074	Tânia Virgínia	individual	Senior Feminino	03:40:09	+02:20:04	14:41

MINI TRAIL 15K - STAGE 1 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Hard Trail Monte da Padela

Barroselas

11-June-2016

mini trail 15k

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	14.4ºC	83%
End	13:10	21.7ºC	56%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	2154	Carla Manuela Fernandes Pereira	OLIMPICO VIANENSE TRAIL/ND SPORT	Senior Feminino	01:52:38		07:31
2	2073	Susana Dantas Alves	Individual	Senior Feminino	01:55:25	+02:47	07:42
3	2057	Carla Amorim	Individual	Senior Feminino	01:56:01	+03:23	07:44
4	2068	Nilza Conde Paixão	Individual	Senior Feminino	01:57:33	+04:55	07:50
5	2191	Eliana Pereira	Team Workout 48	Senior Feminino	01:57:35	+04:57	07:50
6	2174	Eva Santos	PADELA NATURAL TEAM	Senior Feminino	01:59:22	+06:44	07:57
7	2061	Juliana Lopes Onuma	Individual	Senior Feminino	02:01:30	+08:52	08:06
8	2023	Estela Neto	Didáxis Trail	Senior Feminino	02:03:14	+10:36	08:13
9	2001	Ana Fael	AC TERAPIAS	Senior Feminino	02:05:59	+13:21	08:24
10	2148	Maria Sílvia Viana	MARATONISTAS DO MINHO	Senior Feminino	02:11:40	+19:02	08:47
11	2153	Anabela Salgado	OLIMPICO VIANENSE TRAIL/ND SPORT	Senior Feminino	02:14:09	+21:31	08:57
12	2024	ANDREA CAMPELO	EDV-VIANA TRAIL	Senior Feminino	02:19:07	+26:29	09:16
13	2173	Carina Verde	PADELA NATURAL TEAM	Senior Feminino	02:22:52	+30:14	09:31
14	2175	Joana da Silva Martins	PADELA NATURAL TEAM	Senior Feminino	02:22:52	+30:14	09:31
15	2069	Preciosa Branco	Individual	Senior Feminino	02:22:57	+30:19	09:32
16	2052	Ana Alpuim	Individual	Senior Feminino	02:23:15	+30:37	09:33
17	2190	Ana Luisa De Sousa Ferreira	Team Workout 48	Senior Feminino	02:27:36	+34:58	09:50
18	2025	Carla Alexandra Araújo Pereira	EDV-VIANA TRAIL	Senior Feminino	02:28:11	+35:33	09:53
19	2067	Natália Sofia Dantas Martins	Individual	Senior Feminino	02:29:22	+36:44	09:57
20	2065	Marisa Cardoso Magalhães	Individual	Senior Feminino	02:32:06	+39:28	10:08
21	2169	Liliana Gomes	OS ESTRELOUCADOS	Senior Feminino	02:38:00	+45:22	10:32
22	2055	Andreia Raquel Rodrigues Leite	Individual	Senior Feminino	02:41:25	+48:47	10:46
23	2189	Liliana Escudeiro	TEAM LANTEMIL	Senior Feminino	02:45:59	+53:21	11:04
24	2070	Raquel Neiva	Individual	Senior Feminino	02:45:59	+53:21	11:04
25	2152	Lúcia Leite Ferreira	Marco Trail	Senior Feminino	02:48:38	+56:00	11:15
26	2151	Eunice Coelho	Marco Trail	Senior Feminino	02:48:38	+56:00	11:15
27	2150	Andrea Vieira	Marco Trail	Senior Feminino	02:48:39	+56:01	11:15
28	2072	Silvia Vilaça Lima	Individual	Senior Feminino	02:52:30	+59:52	11:30
29	2012	Lília Amorim	Afifense Trail	Senior Feminino	02:54:46	+01:02:08	11:39
30	2066	Marta Rocha	Individual	Senior Feminino	03:01:09	+01:08:31	12:05
31	2053	Ana Cristina araujo da Cunha	Individual	Senior Feminino	03:01:52	+01:09:14	12:07
32	2060	Isabel Queiroga	Individual	Senior Feminino	03:01:54	+01:09:16	12:08
33	2194	Ana Peixinho Roque	We Runners	Senior Feminino	03:17:56	+01:25:18	13:12
34	2195	Lara Filipa Bastos da Costa	We Runners	Senior Feminino	03:17:58	+01:25:20	13:12
35	2002	Diana Matias	AC TERAPIAS	Senior Feminino	03:31:57	+01:39:19	14:08
36	2059	Claudia Ferreira	Individual	Senior Feminino	03:40:09	+01:47:31	14:41
37	2071	Rita Correia	Individual	Senior Feminino	03:40:10	+01:47:32	14:41
38	2074	Tânia Virgínia	Individual	Senior Feminino	03:40:10	+01:47:32	14:41

Senior Masculino

1	2034	josé Inácio Lima Rodrigues	Experienciar/Barceltécnica/SportsonFire	Senior Masculino	01:20:51		05:23
2	2046	Luís Pedro Ferreira de Sousa Martins	GTT - ARMAZÉM DO CAFFÉ	Senior Masculino	01:22:34	+01:43	05:30
3	2048	Nuno Figueiredo	GTT - ARMAZÉM DO CAFFÉ	Senior Masculino	01:26:51	+06:00	05:47
4	2092	Nuno Castro	Individual	Senior Masculino	01:27:30	+06:39	05:50
5	2033	Filipe Santos Novais	Experienciar/Barceltécnica/SportsonFire	Senior Masculino	01:28:55	+08:04	05:56
6	2019	José Elísio Barbosa Lopes	CENTRO DE ATLETISMO DOS ARCOS DE VALDEVEZ	Senior Masculino	01:29:44	+08:53	05:59
7	2157	VALTER LIMA	OLIMPICO VIANENSE TRAIL/ND SPORT	Senior Masculino	01:30:22	+09:31	06:01
8	2176	Bruno Miguel Ribeiro de Sá	PADELA NATURAL TEAM	Senior Masculino	01:33:44	+12:53	06:15
9	2089	MARÇAL AVELINO SALAZAR MARQUES MENDES	Individual	Senior Masculino	01:35:30	+14:39	06:22
10	2027	José Cruz	EI Team Trail	Senior Masculino	01:38:25	+17:34	06:34
11	2084	Helder sobral	Individual	Senior Masculino	01:40:26	+19:35	06:42
12	2177	Marcelo Ramos Martins	PADELA NATURAL TEAM	Senior Masculino	01:40:45	+19:54	06:43
13	2094	Nuno Gonçalo Leite Gonçalves	Individual	Senior Masculino	01:41:03	+20:12	06:44
14	2016	Vitor Silva	ARCA BarceloS runners	Senior Masculino	01:42:43	+21:52	06:51
15	2077	Álvaro Faria Santos	Individual	Senior Masculino	01:42:44	+21:53	06:51
16	2083	Eliseu Manuel Campos Leite	Individual	Senior Masculino	01:43:51	+23:00	06:55
17	2047	MARCELO TELES	GTT - ARMAZÉM DO CAFFÉ	Senior Masculino	01:44:06	+23:15	06:56
18	2105	Vitor Paulo Duarte Caldeira	Individual	Senior Masculino	01:44:51	+24:00	06:59
19	2155	Fernando Alves	OLIMPICO VIANENSE TRAIL/ND SPORT	Senior Masculino	01:46:21	+25:30	07:05
20	2078	Angelo Rego	Individual	Senior Masculino	01:46:22	+25:31	07:05
21	2087	José Paulo Lima	Individual	Senior Masculino	01:50:37	+29:46	07:22
22	2085	João Tomás	Individual	Senior Masculino	01:52:35	+31:44	07:30
23	2090	Mauro Roxo	Individual	Senior Masculino	01:52:39	+31:48	07:31
24	2200	Bruno Joel Fernandes Fonseca	Zona Bravo	Senior Masculino	01:54:04	+33:13	07:36
25	2164	Carlos Crasto	OS DUROS	Senior Masculino	01:55:19	+34:28	07:41
26	2005	Ulisses Cabral	AC TERAPIAS	Senior Masculino	01:57:34	+36:43	07:50
27	2100	Rui Raposo	Individual	Senior Masculino	01:57:39	+36:48	07:51
28	2097	Ricardo Magalhães	Individual	Senior Masculino	02:01:12	+40:21	08:05
29	2170	Paulino Gomes	OS ESTRELOUCADOS	Senior Masculino	02:01:15	+40:24	08:05
30	2171	Paulo Rocha	OS ESTRELOUCADOS	Senior Masculino	02:01:16	+40:25	08:05
31	2082	César Macedo	Individual	Senior Masculino	02:02:17	+41:26	08:09
32	2203	Atleta 2203	Individual	Senior Masculino	02:03:55	+43:04	08:16
33	2165	Sandro Chavarria	OS DUROS	Senior Masculino	02:04:22	+43:31	08:17
34	2095	Patrique Lima	Individual	Senior Masculino	02:04:44	+43:53	08:19
35	2076	ALBANO MANUEL DA SILVA CARDEIRAS	Individual	Senior Masculino	02:08:18	+47:27	08:33
36	2142	Bruno Alves	InsanOs	Senior Masculino	02:08:30	+47:39	08:34
37	2080	António José Mendes Grácio	Individual	Senior Masculino	02:12:38	+51:47	08:51
38	2096	PEREIRA DA SILVA Jean-Marc	Individual	Senior Masculino	02:13:11	+52:20	08:53

mini trail 15k

15 KM

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OFFICIAL RESULT

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39	2020	Nuno Palma	Confecções Sião/Terapias Alexandra Carvalho	Senior Masculino	02:13:25	+52:34	08:54
40	2079	António Ferreira	Individual	Senior Masculino	02:13:31	+52:40	08:54
41	2156	Gonçalo Pinheiro	OLIMPICO VIANENSE TRAIL/ND SPORT	Senior Masculino	02:14:10	+53:19	08:57
42	2147	Bruno Andrade	LACRAUS	Senior Masculino	02:17:10	+56:19	09:09
43	2037	Paulo Jorge Santos	FFit Gaia Trail	Senior Masculino	02:17:54	+57:03	09:12
44	2086	Joel Maciel Monteiro	Individual	Senior Masculino	02:19:12	+58:21	09:17
45	2099	Rui Manuel Monteiro da Silva	Individual	Senior Masculino	02:23:09	+01:02:18	09:33
46	2050	Nuno Manuel Esteves Campos Martins	Happy Runners	Senior Masculino	02:27:32	+01:06:41	09:50
47	2104	Vasco Slveira	Individual	Senior Masculino	02:29:09	+01:08:18	09:57
48	2075	Abel Fernando da Silva Fernandes	Individual	Senior Masculino	02:34:12	+01:13:21	10:17
49	2091	Miguel Cruz	Individual	Senior Masculino	02:43:48	+01:22:57	10:55
50	2088	Lima Cela	Individual	Senior Masculino	02:54:43	+01:33:52	11:39
51	2201	Pedro Tiago de sousa Reis	Zona bravo	Senior Masculino	02:57:18	+01:36:27	11:49
52	2196	Ivo Roque	We Runners	Senior Masculino	03:17:57	+01:57:06	13:12
53	2102	Rui Sousa	Individual	Senior Masculino	03:40:09	+02:19:18	14:41

Sub 23 Feminino

1	2108	Ana Rita de Barros Carneiro	Individual	Sub 23 Feminino	01:55:20		07:41
2	2107	Ana Patricia Salgueiro	Individual	Sub 23 Feminino	02:19:13	+23:53	09:17
3	2110	Tânia Faria Novo	Individual	Sub 23 Feminino	02:38:41	+43:21	10:35
4	2109	Araci Queiroga	Individual	Sub 23 Feminino	03:01:06	+01:05:46	12:04
5	2106	Ana Carmo	Individual	Sub 23 Feminino	03:01:09	+01:05:49	12:05

Sub 23 Masculino

1	2178	JOÃO AFONSO	PADELA NATURAL TEAM	Sub 23 Masculino	01:25:24		05:42
2	2013	Luciano Amaro	Afifense Trail	Sub 23 Masculino	01:39:48	+14:24	06:39
3	2193	Jorge Emanuel Barbosa Jaques	VIDAATIVARUNNERS	Sub 23 Masculino	01:43:13	+17:49	06:53
4	2111	Gonçalo Maciel	Individual	Sub 23 Masculino	01:51:53	+26:29	07:28
5	2158	Gonçalo Freitas	OLIMPICO VIANENSE TRAIL/ND SPORT	Sub 23 Masculino	01:54:21	+28:57	07:37
6	2112	Julio do Monte Escrivaes	Individual	Sub 23 Masculino	02:04:56	+39:32	08:20
7	2197	João Alberto Costa Miranda	We Runners	Sub 23 Masculino	02:45:11	+01:19:47	11:01

Veterana F40

1	2028	Catarina Pereira	EI Team Trail	Veterana F40	02:09:34		08:38
2	2183	Filipa da Gama	PROAVENTURAS	Veterana F40	02:10:34	+01:00	08:42
3	12	Solange Cabral	AC TERAPIAS	Veterana F40	02:13:39	+04:05	08:55
4	2044	Armandina da Silva Torres	GDCT INCM	Veterana F40	02:17:52	+08:18	09:11
5	2038	SANDRA MATOS	FFit Gaia Trail	Veterana F40	02:24:12	+14:38	09:37
6	2006	Isabel Leitão	AC TERAPIAS	Veterana F40	02:26:33	+16:59	09:46
7	2007	Marta Amaral	AC TERAPIAS	Veterana F40	02:32:40	+23:06	10:11

8	2026	Célia Barros Azevedo Meira	EDV-VIANA TRAIL	Veterana F40	02:34:21	+24:47	10:17
9	2114	Susana Maria Azevedo Pereira Matos	Individual	Veterana F40	02:34:21	+24:47	10:17
10	2014	Ana Vale	Afifense Trail	Veterana F40	02:54:46	+45:12	11:39

Veterana F45

1	2184	Isabel Pisco	PROAVENTURAS	Veterana F45	01:58:40		07:55
2	2115	Carmo Veiga	Individual	Veterana F45	02:19:07	+20:27	09:16
3	2187	Elisabete Pereira	Tartarugas Trail	Veterana F45	02:28:44	+30:04	09:55
4	2163	Manuela Arantes	OriEstarreja	Veterana F45	02:30:22	+31:42	10:01
5	2159	Adélia Lobo	OLIMPICO VIANENSE TRAIL/ND SPORT	Veterana F45	02:32:28	+33:48	10:10
6	2117	Isabel Gonçalves	Individual	Veterana F45	02:33:06	+34:26	10:12
7	1010	MARIA CRISTINA BRAS OLIVEIRA VILELA	Clube Millennium BCP	Veterana F45	02:39:48	+41:08	10:39
8	2040	Cristina Azurara	GD Limpeza Urbana - CMP	Veterana F45	03:25:52	+01:27:12	13:43
9	2008	Maria Fonseca	AC TERAPIAS	Veterana F45	03:31:53	+01:33:13	14:08

Veterana F50

1	2118	pinto	Individual	Veterana F50	02:41:26		10:46

Veterano M40

1	2179	Francisco Miguel da Costa Fontelo	PADELA NATURAL TEAM	Veterano M40	01:20:06		05:20
2	2124	Fernando António Azevedo Silva	Individual	Veterano M40	01:23:00	+02:54	05:32
3	2032	Joaquim Coelho	EI Team Trail	Veterano M40	01:38:12	+18:06	06:33
4	2122	Benjamim Cruz	Individual	Veterano M40	01:44:04	+23:58	06:56
5	2128	Manuel Joaquim da Silva Baptista Vale	Individual	Veterano M40	01:47:30	+27:24	07:10
6	2166	Rui Crasto	OS DUROS	Veterano M40	01:49:20	+29:14	07:17
7	2031	filipe escobar	EI Team Trail	Veterano M40	01:52:25	+32:19	07:30
8	2041	Rui Jorge da Silva Pinto	GD Limpeza Urbana - CMP	Veterano M40	01:53:59	+33:53	07:36
9	2021	Rui Barreto	Confecções Sião/Terapias Alexandra Carvalho	Veterano M40	01:54:03	+33:57	07:36
10	2125	Joao Paulo Lopes Barbosa	Individual	Veterano M40	01:54:24	+34:18	07:38
11	2121	António Manuel Carvalho Gonçalves	Individual	Veterano M40	01:58:12	+38:06	07:53
12	2030	Carlos Silva	EI Team Trail	Veterano M40	01:59:53	+39:47	08:00
13	2029	António João da Rocha Machado	EI Team Trail	Veterano M40	02:00:08	+40:02	08:01
14	2123	Carlos Campos	Individual	Veterano M40	02:01:43	+41:37	08:07
15	2039	Ricardo A. Silva Sousa	FFit Gaia Trail	Veterano M40	02:04:55	+44:49	08:20
16	2062	Joaquim Gomes de Oliveira	INSANUS	Veterano M40	02:08:54	+48:48	08:36
17	2149	Francisco Cerqueira	MARATONISTAS DO MINHO	Veterano M40	02:11:40	+51:34	08:47
18	2009	Fernando Edgar Araújo de Sousa	AC TERAPIAS	Veterano M40	02:19:57	+59:51	09:20
19	2127	José Sargaço	Individual	Veterano M40	02:23:09	+01:03:03	09:33
20	2120	Antonio Duarte Rodrigues Escoval	Individual	Veterano M40	02:34:12	+01:14:06	10:17

mini trail 15k **15 KM**

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Veterano M45

1	2199	Luís Magalhães	XL&S TRAil	Veterano M45	01:20:15		05:21
2	2011	José Augusto Leitão	AC TERAPIAS	Veterano M45	01:40:33	+20:18	06:42
3	2017	José Carlos Cardoso	ARCA BarceloS runners	Veterano M45	01:45:04	+24:49	07:00
4	2146	Alcino Carvalho	Jerónimo	Veterano M45	01:49:37	+29:22	07:18
5	2161	Joao Jaques	OLIMPICO VIANENSE TRAIL/ND SPORT	Veterano M45	01:54:01	+33:46	07:36
6	2172	João Leão	OS ESTRELOUCADOS	Veterano M45	01:54:02	+33:47	07:36
7	2131	Domingos Rego	Individual	Veterano M45	01:55:02	+34:47	07:40
8	2133	José Baltazar Lage de Matos	Individual	Veterano M45	02:00:52	+40:37	08:03
9	2132	Francisco Manuel da Cunha Gonçalves	Individual	Veterano M45	02:03:59	+43:44	08:16
10	2042	Pedro Alves Carvalho Pereira	GD Limpeza Urbana - CMP	Veterano M45	02:06:14	+45:59	08:25
11	2010	Humberto Ribeiro	AC TERAPIAS	Veterano M45	02:09:35	+49:20	08:38
12	2134	José Manuel da Venda Lira	Individual	Veterano M45	02:25:17	+01:05:02	09:41
13	2043	Vitor Manuel Máximo Silva	GD Limpeza Urbana - CMP	Veterano M45	02:28:26	+01:08:11	09:54
14	2051	José Manuel de Oliveira Amaro	Happy Runners	Veterano M45	02:32:30	+01:12:15	10:10

Veterano M50

1	2049	Carlos Alberto Pereira Novais Gandra	GTT - ARMAZÉM DO CAFFÉ	Veterano M50	01:31:06		06:04
2	2186	Manuel Alves	Queiróz Team/ NOKÁROL	Veterano M50	01:39:10	+08:04	06:37
3	2162	Leandro jose Mesquita Freitas	OLIMPICO VIANENSE TRAIL/ND SPORT	Veterano M50	01:44:46	+13:40	06:59
4	13	José Ribeiro	AC TERAPIAS	Veterano M50	01:52:29	+21:23	07:30
5	2018	Firmino Silva	ARCA BarceloS runners	Veterano M50	01:54:33	+23:27	07:38
6	2136	Valentim Castro da Guia	Individual	Veterano M50	02:19:07	+48:01	09:16
7	2188	Jaime Pereira	Tartarugas Trail	Veterano M50	02:28:43	+57:37	09:55

Veterano M55

1	2137	LUÍS ANTÓNIO SOUSA PINTO	Individual	Veterano M55	01:50:54		07:24
2	2182	Raimundo Castro	PADELA NATURAL TEAM	Veterano M55	01:52:10	+01:16	07:29
3	2143	Julio Ferreira	InsanOs	Veterano M55	02:10:39	+19:45	08:43
4	2181	António Maciel	PADELA NATURAL TEAM	Veterano M55	02:24:26	+33:32	09:38
5	2138	manuel ferreira	Individual	Veterano M55	03:25:59	+01:35:05	13:44

Veterano M60

1	2144	Alberto Sá	InsanOs	Veterano M60	01:59:25		07:58
2	2141	Mário Jorge Esteves Novo	Individual	Veterano M60	02:35:05	+35:40	10:20
3	2140	Manuel Silveira	Individual	Veterano M60	03:25:56	+01:26:31	13:44

Hard Trail Monte da Padela
Barroselas
11-June-2016

COLETIVA 15KM

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RANK	TEAM	DESCRIPTION	POINTS
1	PADELA NATURAL TEAM	1 + 6 + 13	20
2	GTT - ARMAZÉM DO CAFFÉ	4 + 7 + 12	23
3	OLIMPICO VIANENSE TRAIL/ND SPORT	11 + 29 + 32	72
4	EI Team Trail	15 + 16 + 41	72
5	ARCA BarceloS runners	23 + 31 + 53	107
6	AC TERAPIAS	20 + 42 + 60	122
7	OS DUROS	35 + 55 + 79	169
8	OS ESTRELOUCADOS	48 + 71 + 72	191
9	InsanOs	66 + 86 + 91	243
10	GD Limpeza Urbana - CMP	46 + 84 + 123	253
11	FFit Gaia Trail	81 + 103 + 116	300
12	Afifense Trail	18 + 153 + 154	325
13	EDV-VIANA TRAIL	104 + 122 + 136	362
14	Marco Trail	148 + 149 + 150	447
15	We Runners	145 + 161 + 162	468