

TRAIL LONGO - STAGE 1**25 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:30	-99°C	-99%
End	16:24	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	5	Amândio Antunes	afifense trail	Senior Masculino	02:14:55		05:24
2	15	PAULO MANUEL MONTEIRO DA COSTA	a.d.amarante trail running	Senior Masculino	02:17:30	+02:35	05:30
3	63	Rui Laranjeira	experienciar	Veterano M40	02:18:55	+04:00	05:33
4	295	Helder Silva	paredes aventura	Senior Masculino	02:19:15	+04:20	05:34
5	62	Ricardo Rego	experienciar	Senior Masculino	02:20:29	+05:34	05:37
6	8	José Pereira	a.c.s.d. de pedraído	Senior Masculino	02:22:44	+07:49	05:43
7	61	Francisco Fernandes	experienciar	Senior Masculino	02:23:19	+08:24	05:44
8	44	Ricardo Dias	corre conosco felgueiras	Senior Masculino	02:24:29	+09:34	05:47
9	17	Vitor Costa	a.d.amarante trail running	Senior Masculino	02:25:20	+10:25	05:49
10	177	Rafael Brito Abreu Pereira	individual	Senior Masculino	02:27:22	+12:27	05:54
11	182	Rui José Mendes Rodrigues	individual	Senior Masculino	02:28:43	+13:48	05:57
12	52	Bruno Santos	ctad - trilhos de cinfães	Senior Masculino	02:29:07	+14:12	05:58
13	331	ANDRÉ CUNHA	vimarunners	Senior Masculino	02:31:58	+17:03	06:05
14	13	Jose Luis Ferreira Pereira	a.d.amarante trail running	Senior Masculino	02:32:11	+17:16	06:05
15	256	Ivan rocha	limitless	Senior Masculino	02:33:10	+18:15	06:08
16	117	Eurico Emanuel Miranda Ferreira Moura	individual	Senior Masculino	02:33:57	+19:02	06:09
17	264	Valdir Costa	minho aventura	Senior Masculino	02:34:35	+19:40	06:11
18	175	Pedro Tiago Dias Pereira	individual	Senior Masculino	02:35:37	+20:42	06:13
19	3	Domingos Jorge Costa Gomes	individual	Veterano M40	02:35:59	+21:04	06:14
20	205	Amadeu Teixeira	individual	Veterano M40	02:36:40	+21:45	06:16
21	45	Francisco Lemos	corre conosco felgueiras	Veterano M40	02:36:54	+21:59	06:17
22	126	Gabriel Pereira Alves	individual	Senior Masculino	02:38:06	+23:11	06:19
23	55	Arnaldo Rodrigues	desnivel positivo	Veterano M40	02:38:23	+23:28	06:20
24	297	Jose Oliveira	petro basto	Veterano M40	02:39:24	+24:29	06:23
25	40	José Fins	braguinhas runners	Veterano M40	02:39:59	+25:04	06:24
26	288	Paulo Ribeiro	os santa apolónia	Veterano M40	02:40:57	+26:02	06:26
27	342	José Miguel Pinto	team rede ambiente	Senior Masculino	02:42:49	+27:54	06:31
28	120	Filipe Saraiva Fernandes	individual	Senior Masculino	02:43:04	+28:09	06:31
29	322	Bruno Dias	trail running vilar de perdizes / opraticante	Veterano M40	02:43:11	+28:16	06:32
30	225	Nelson Santos	individual	Veterano M40	02:43:27	+28:32	06:32
31	167	Orlando Costa Marques	paredes aventura	Senior Masculino	02:43:52	+28:57	06:33
32	10	António Daniel Pinto Mendes	a.d.amarante trail running	Senior Masculino	02:45:02	+30:07	06:36
33	49	Romeu Pereira	crossfit vale do ave	Senior Masculino	02:45:20	+30:25	06:37
34	207	Domingos Jorge Costa Gomes	individual	Veterano M40	02:45:51	+30:56	06:38
35	227	Paulo Araújo Costa	individual	Veterano M40	02:45:52	+30:57	06:38
36	274	Mauro Cardoso	nocturnos de paredes	Senior Masculino	02:46:45	+31:50	06:40
37	107	Bruno Costa	individual	Senior Masculino	02:47:27	+32:32	06:42
38	215	João Alexandre Carlos de Almeida	individual	Veterano M40	02:47:41	+32:46	06:42
39	37	Ricardo Machado	bota&sigla	Senior Masculino	02:48:03	+33:08	06:43
40	335	Mario Augusto Silva Soares	vitor daniel pinto da cunha	Veterano M40	02:48:17	+33:22	06:44

TRAIL LONGO - STAGE 1

25 KM

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	162	Nuno Machado	individual	Senior Masculino	02:48:37	+33:42	06:45
42	144	Lourenço Emanuel Carvalho Pinto Teixeira	individual	Senior Masculino	02:49:49	+34:54	06:48
43	178	Renato Reis	individual	Senior Masculino	02:50:16	+35:21	06:49
44	122	Filipe Teixeira	individual	Senior Masculino	02:50:53	+35:58	06:50
45	187	Sérgio Daniel Costa Peixoto	individual	Senior Masculino	02:51:06	+36:11	06:51
46	60	Ricardo Pais	ermidafit runners	Senior Masculino	02:51:14	+36:19	06:51
47	209	Ezequiel Fernandes	individual	Veterano M40	02:51:26	+36:31	06:51
48	298	José Manuel Costa Pinto	pretinho	Senior Masculino	02:51:34	+36:39	06:52
49	57	Sérgio Augusto Pereira Lima	domplex btt	Veterano M40	02:52:00	+37:05	06:53
50	29	ricardo pereira	arranca_troços	Senior Masculino	02:53:45	+38:50	06:57
51	253	José Carlos Gomes	ligirinhos	Veterano M40	02:53:51	+38:56	06:57
52	147	Luis Teixeira	individual	Senior Masculino	02:54:03	+39:08	06:58
53	129	Hélder Emanuel Leite Lemos	individual	Senior Masculino	02:54:06	+39:11	06:58
54	65	Eurico Marinho	falcões selvagens	Senior Masculino	02:54:16	+39:21	06:58
55	313	Williams Conceição Rodriguez	step by step	Senior Masculino	02:54:19	+39:24	06:58
56	35	Hélder Silva	bota&sigma	Senior Masculino	02:54:27	+39:32	06:59
57	102	André Goncalves	individual	Senior Masculino	02:54:34	+39:39	06:59
58	329	Pedro Cunha	vidaativarunners	Senior Masculino	02:54:59	+40:04	07:00
59	75	Hélder Ferreira	gramidense ifc	Senior Masculino	02:55:00	+40:05	07:00
60	190	Sérgio Suzano	individual	Senior Masculino	02:56:34	+41:39	07:04
61	236	Sérgio Anunciacao	individual	Veterano M40	02:56:34	+41:39	07:04
62	237	Telmo Manuel Msrtns Cardoso	individual	Veterano M40	02:57:02	+42:07	07:05
63	149	Manuel Armando Ferreira Alves Novais Freitas	individual	Senior Masculino	02:57:16	+42:21	07:05
64	56	Nuno Angélico	dolcefarma	Senior Masculino	02:57:16	+42:21	07:05
65	343	Heitor Leite	individual	Veterano M40	02:57:16	+42:21	07:05
66	131	Hugo Fernandes	individual	Senior Masculino	02:57:48	+42:53	07:07
67	320	Augusto Ferreira	trail dos moinhos	Veterano M40	02:58:44	+43:49	07:09
68	189	Sergio Lopes	individual	Senior Masculino	02:59:06	+44:11	07:10
69	180	Ricardo Miguelote	individual	Senior Masculino	02:59:15	+44:20	07:10
70	98	Álvaro Mendes	individual	Senior Masculino	02:59:25	+44:30	07:11
71	208	EUGENIO CUNHA	individual	Veterano M40	02:59:40	+44:45	07:11
72	69	Paulo Sarmiento	ffit gaia trail	Senior Masculino	03:00:12	+45:17	07:12
73	157	Mário Miguel Ferreira Barbosa	individual	Senior Masculino	03:00:14	+45:19	07:13
74	9	Ana Ferreira	a.d.amarante trail running	Senior Feminino	03:00:18	+45:23	07:13
75	128	Helder Cristiano Leite Ribeiro	individual	Senior Masculino	03:00:22	+45:27	07:13
76	112	DA SILVA FERREIRA JORGE	individual	Senior Masculino	03:00:24	+45:29	07:13
77	306	A. Joaquim Pereira	só trilhos	Veterano M40	03:01:56	+47:01	07:17
78	229	Andreia Amorim	gondomar futsal clube	Senior Feminino	03:02:13	+47:18	07:17
79	140	José Ferreira Costa	individual	Senior Masculino	03:02:31	+47:36	07:18
80	76	Emanuel Moreira da Costa	gtt - armazém do caffè	Senior Masculino	03:02:40	+47:45	07:18
81	269	GONÇALO MOTA	nast	Veterano M40	03:02:42	+47:47	07:19
82	270	José Maria Gouveia Martins	nast	Veterano M40	03:02:43	+47:48	07:19
83	150	MARÇAL AVELINO SALAZAR MARQUES MENDES	individual	Senior Masculino	03:02:52	+47:57	07:19
84	104	António Manso	individual	Senior Masculino	03:02:58	+48:03	07:19

TRAIL LONGO - STAGE 1

25 KM

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
85	41	Nuno Vasconcelos	celorico btt team	Veterano M40	03:02:59	+48:04	07:19
86	282	Arnaldo Santos	nocturnos de paredes	Veterano M40	03:03:15	+48:20	07:20
87	299	Cidália Novais	rinus fafe	Senior Feminino	03:04:30	+49:35	07:23
88	333	Filipe Lages	vimarunners	Veterano M40	03:04:30	+49:35	07:23
89	314	Susana Lobo Santos	tartarugas do asfalto	Veterana F40	03:04:42	+49:47	07:23
90	154	Marco Sérgio Cunha da Silva	individual	Senior Masculino	03:05:16	+50:21	07:25
91	160	Miguel Soares	individual	Senior Masculino	03:05:20	+50:25	07:25
92	18	Filipe Gonçalves	afrikanrunners	Senior Masculino	03:05:37	+50:42	07:25
93	11	Hélder Manuel da Silva Pinto	a.d.amarante trail running	Senior Masculino	03:05:46	+50:51	07:26
94	211	Hélio David Silva	individual	Veterano M40	03:06:19	+51:24	07:27
95	91	Olga Marisa Sousa Martins	individual	Senior Feminino	03:06:20	+51:25	07:27
96	136	Jorge António Vieira Gomes	individual	Senior Masculino	03:06:41	+51:46	07:28
97	304	Joao Cardoso	s. s. montepio	Veterano M40	03:06:47	+51:52	07:28
98	245	José Cunha	jatapanho	Veterano M40	03:07:51	+52:56	07:31
99	319	Paulo Jorge Sousa	trail dos moinhos	Senior Masculino	03:07:52	+52:57	07:31
100	203	ALBINO DE OLIVEIRA RIBEIRO	individual	Veterano M40	03:08:23	+53:28	07:32
101	174	Pedro Nuno Dias Magalhães	individual	Senior Masculino	03:08:47	+53:52	07:33
102	118	Fábio Monteiro	individual	Senior Masculino	03:08:51	+53:56	07:33
103	81	Cristiana Esteves	individual	Senior Feminino	03:08:52	+53:57	07:33
104	228	Paulo Brás	individual	Veterano M40	03:09:18	+54:23	07:34
105	179	Ricardo Gonçalves	individual	Senior Masculino	03:09:40	+54:45	07:35
106	77	Pedro Costa	gtt - armazém do caffè	Veterano M40	03:09:54	+54:59	07:36
107	141	Jose Gomes Dias	individual	Senior Masculino	03:10:36	+55:41	07:37
108	278	Tiago Moreira	nocturnos de paredes	Senior Masculino	03:10:37	+55:42	07:37
109	224	LUIS MIGUEL ALVES DE FREITAS RIBEIRO	individual	Veterano M40	03:10:40	+55:45	07:38
110	143	JOSÉ RUI BASTOS	individual	Senior Masculino	03:10:50	+55:55	07:38
111	74	Gustavo Santos	gramidense ifc	Senior Masculino	03:11:14	+56:19	07:39
112	294	José Meira Rodrigues	paredes aventura	Veterano M40	03:11:34	+56:39	07:40
113	39	Sérgio Fernandes	brabus runners	Senior Masculino	03:11:36	+56:41	07:40
114	271	Antonio Brito	nocturnos de paredes	Senior Masculino	03:12:03	+57:08	07:41
115	192	Telmo Silva	individual	Senior Masculino	03:12:45	+57:50	07:43
116	221	Lina Besada Porto	individual	Veterana F40	03:12:46	+57:51	07:43
117	188	Sergio Filipe Maia de Sousa	individual	Senior Masculino	03:13:10	+58:15	07:44
118	26	helder rodrigues	antónio	Veterano M40	03:13:37	+58:42	07:45
119	16	Urbano Filipe de Abreu Vitorino Ribeiro	a.d.amarante trail running	Senior Masculino	03:13:45	+58:50	07:45
120	137	Jorge Miguel Abreu Barbosa	individual	Senior Masculino	03:15:04	+01:00:09	07:48
121	31	Ricardo Dias	be fitness	Senior Masculino	03:15:11	+01:00:16	07:48
122	2	Atleta 2	individual	Senior Masculino	03:15:17	+01:00:22	07:49
123	30	Paulo Pereira Machado	atletismo rúa	Veterano M40	03:16:59	+01:02:04	07:53
124	133	Hugo Samuel de Melo Barreiro	individual	Senior Masculino	03:17:06	+01:02:11	07:53
125	183	Rui Miguel Teixeira Mendes	individual	Senior Masculino	03:17:43	+01:02:48	07:55
126	194	Tiago Filipe Rodrigues Carvalho	individual	Senior Masculino	03:17:52	+01:02:57	07:55
127	111	Cristiano Barbosa	individual	Senior Masculino	03:18:49	+01:03:54	07:57
128	156	Mário André Carneiro Rego	individual	Senior Masculino	03:19:05	+01:04:10	07:58
129	311	Domingos Manuel Oliveira Peixoto	sparta team	Veterano M40	03:19:06	+01:04:11	07:58

TRAIL LONGO - STAGE 1

25 KM

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
130	125	Frederico Silva Pinto	individual	Senior Masculino	03:19:12	+01:04:17	07:58
131	321	Armando Fontão	trail running vilar de perdizes / opraticante	Veterano M40	03:19:20	+01:04:25	07:58
132	32	Ruben Cunha	be fitness	Senior Masculino	03:19:26	+01:04:31	07:59
133	106	Carlos Eduardo Oliveira Freitas Novais Teixeira	individual	Senior Masculino	03:19:51	+01:04:56	08:00
134	324	Ricardo Sousa	transpousada trail team	Senior Masculino	03:20:06	+01:05:11	08:00
135	145	Luis Filipe Rocha	individual	Senior Masculino	03:20:14	+01:05:19	08:01
136	310	josé Manuel Rodrigues Costa	sparta team	Senior Masculino	03:20:19	+01:05:24	08:01
137	230	PAULO JORGE LOPES FERNANDES	individual	Veterano M40	03:20:46	+01:05:51	08:02
138	100	André Alberto Loureiro dos Santos	individual	Senior Masculino	03:21:32	+01:06:37	08:04
139	254	Filipe Carvalho	limitless	Senior Masculino	03:21:55	+01:07:00	08:05
140	255	Hugo Miguel Moreira Ribeiro	limitless	Senior Masculino	03:21:56	+01:07:01	08:05
141	166	Nuno Sá	individual	Senior Masculino	03:22:04	+01:07:09	08:05
142	201	Margarida Magalhães	individual	Veterana F40	03:22:20	+01:07:25	08:06
143	71	Sandra Pera	gondomar futsal clube	Senior Feminino	03:22:26	+01:07:31	08:06
144	73	Pedro Matos	gondomar futsal clube	Senior Masculino	03:22:27	+01:07:32	08:06
145	206	Camilo Neto	individual	Veterano M40	03:22:50	+01:07:55	08:07
146	259	Antonio Rbeiro	lusitanusteam	Veterano M40	03:22:50	+01:07:55	08:07
147	309	VPinhel	soulmates trail team	Veterano M40	03:23:30	+01:08:35	08:08
148	312	José Augusto Lopes Ferreira	sparta team	Veterano M40	03:23:48	+01:08:53	08:09
149	214	João Alberto Vasconcelos Freitas	individual	Veterano M40	03:24:22	+01:09:27	08:10
150	89	Márcia Raquel Fernandes Meira	individual	Senior Feminino	03:24:35	+01:09:40	08:11
151	249	Carmo Marinho	ligirinhos	Veterana F40	03:25:05	+01:10:10	08:12
152	186	Rui Sousa	individual	Senior Masculino	03:25:23	+01:10:28	08:13
153	68	JOSÉ DUARTE	familia pereira	Veterano M40	03:25:47	+01:10:52	08:14
154	6	SÉRGIO COSTA	a d esmeriz running	Senior Masculino	03:25:54	+01:10:59	08:14
155	159	Miguel Seca	individual	Senior Masculino	03:25:59	+01:11:04	08:14
156	130	Hugo André Couto	individual	Senior Masculino	03:27:24	+01:12:29	08:18
157	327	Daniel Pinto	trocópasso	Senior Masculino	03:27:24	+01:12:29	08:18
158	268	NURIA FERREIRA	nast	Senior Feminino	03:27:25	+01:12:30	08:18
159	163	Nuno Maia	individual	Senior Masculino	03:27:32	+01:12:37	08:18
160	105	Artur Caetano	individual	Senior Masculino	03:28:04	+01:13:09	08:19
161	226	Nuno Cunha	individual	Veterano M40	03:28:34	+01:13:39	08:21
162	263	Nuno de Oliveira	medi lixa	Senior Masculino	03:28:43	+01:13:48	08:21
163	212	Henrique Marques	individual	Veterano M40	03:29:13	+01:14:18	08:22
164	153	Marco Paulo Ribeiro Nunes	individual	Senior Masculino	03:29:28	+01:14:33	08:23
165	287	Pedro Dias	opticalia running team	Veterano M40	03:29:38	+01:14:43	08:23
166	38	Antonio de Oliveira	brabus runners	Senior Masculino	03:29:44	+01:14:49	08:23
167	170	Pedro André Faria	individual	Senior Masculino	03:30:02	+01:15:07	08:24
168	23	JOAO OLIVEIRA	amigos atletismo povoense	Veterano M40	03:30:08	+01:15:13	08:24
169	22	ANTONIO LOURENÇO	amigos atletismo povoense	Veterano M40	03:30:08	+01:15:13	08:24
170	46	susana silva rodrigues	corrida da primavera	Senior Feminino	03:30:15	+01:15:20	08:25
171	36	Paulo Pereira	bota&sgia	Senior Masculino	03:30:55	+01:16:00	08:26
172	323	Paulo Carvalho	trailistas "eu é que sei"	Veterano M40	03:31:15	+01:16:20	08:27
173	272	Daniela Ferreira	nocturnos de paredes	Senior Masculino	03:31:19	+01:16:24	08:27
174	59	Telma Duarte	ermidafit runners	Senior Feminino	03:31:24	+01:16:29	08:27

TRAIL LONGO - STAGE 1

25 KM

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
175	239	tony	individual	Veterano M40	03:32:00	+01:17:05	08:29
176	164	Nuno Oliveira	individual	Senior Masculino	03:32:19	+01:17:24	08:30
177	27	helder rodrigues	antónio	Veterano M40	03:33:18	+01:18:23	08:32
178	97	Álvaro Aguiar	individual	Senior Masculino	03:33:21	+01:18:26	08:32
179	24	alcino araujo	antónio	Veterano M40	03:33:23	+01:18:28	08:32
180	83	Eunice Salgado	individual	Senior Feminino	03:34:16	+01:19:21	08:34
181	330	Alexandra Pimenta	vimarunners	Senior Feminino	03:34:16	+01:19:21	08:34
182	318	Rui Jorge Ribeiro	team2	Senior Masculino	03:34:49	+01:19:54	08:36
183	317	Luis Miguel Araujo Pedrosa	team2	Senior Masculino	03:34:50	+01:19:55	08:36
184	148	Luís Teixeira	individual	Senior Masculino	03:36:14	+01:21:19	08:39
185	151	Márcio Dinis Vilaverde Pereira	individual	Senior Masculino	03:37:24	+01:22:29	08:42
186	216	Joaquim Pereira	individual	Veterano M40	03:37:26	+01:22:31	08:42
187	305	Jose Nuno Costa	s. s. montepio	Veterano M40	03:37:26	+01:22:31	08:42
188	90	Natália Patrícia Carvalho Leite da Cunha	individual	Senior Feminino	03:37:37	+01:22:42	08:42
189	293	Helder ~Camilo	paredes aventura	Senior Masculino	03:37:38	+01:22:43	08:42
190	301	Rui Manuel Lobo de Castro	rinus fafe	Senior Masculino	03:37:39	+01:22:44	08:42
191	276	Renato Pinto	nocturnos de paredes	Senior Masculino	03:38:49	+01:23:54	08:45
192	280	Acacio Teixeira	nocturnos de paredes	Veterano M40	03:38:49	+01:23:54	08:45
193	275	Pedro Nogueira	nocturnos de paredes	Senior Masculino	03:38:49	+01:23:54	08:45
194	279	Goreti Rocha	nocturnos de paredes	Veterana F40	03:38:50	+01:23:55	08:45
195	33	Eurico Mendes	blocos	Veterano M40	03:39:05	+01:24:10	08:46
196	184	Rui Pedro Marinho Pinto	individual	Senior Masculino	03:39:29	+01:24:34	08:47
197	266	Fernanda Pinho	moreira relax runners	Veterana F40	03:39:41	+01:24:46	08:47
198	134	João Pedro Felix Costa	individual	Senior Masculino	03:39:43	+01:24:48	08:47
199	231	Paulo Seabra	individual	Veterano M40	03:39:51	+01:24:56	08:48
200	265	Alexandre MPR Rodrigues	monçãotrail	Senior Masculino	03:40:42	+01:25:47	08:50
201	248	Paulo Nunes	legion combat	Veterano M40	03:40:54	+01:25:59	08:50
202	252	João Gil da Costa	ligirinhos	Veterano M40	03:42:26	+01:27:31	08:54
203	80	ÂNGELA MENDES	individual	Senior Feminino	03:42:51	+01:27:56	08:55
204	121	FILIPÉ SOUSA	individual	Senior Masculino	03:42:51	+01:27:56	08:55
205	135	Joaquim Teixeira	individual	Senior Masculino	03:43:28	+01:28:33	08:56
206	238	Tiago João murta Costa Coutinho	individual	Veterano M40	03:43:51	+01:28:56	08:57
207	334	Rafael Galvão	vimarunners	Veterano M40	03:44:12	+01:29:17	08:58
208	220	José Paulo Gonçalves Jordão	individual	Veterano M40	03:44:13	+01:29:18	08:58
209	58	António João da Rocha Machado	ei team trail	Veterano M40	03:44:20	+01:29:25	08:58
210	267	Nuno Albuquerque	nadv.pt running team	Veterano M40	03:44:32	+01:29:37	08:59
211	302	Vitor Gabriel marinho alves	rinus fafe	Veterano M40	03:44:38	+01:29:43	08:59
212	219	José Alberto Ribeiro Machado	individual	Veterano M40	03:46:41	+01:31:46	09:04
213	86	Luísa Rodrigues	individual	Senior Feminino	03:47:27	+01:32:32	09:06
214	142	José Miguel Fernandes Teixeira	individual	Senior Masculino	03:47:37	+01:32:42	09:06
215	51	Francisco Bartolomeu	crossfit vale do ave	Veterano M40	03:48:04	+01:33:09	09:07
216	114	David Rodrigues	individual	Senior Masculino	03:49:20	+01:34:25	09:10
217	251	Rosa Lúcia Silva	ligirinhos	Veterana F40	03:49:24	+01:34:29	09:11
218	326	José Ribeiro	trilhando	Veterano M40	03:49:25	+01:34:30	09:11
219	139	José Beira	individual	Senior Masculino	03:50:14	+01:35:19	09:13

TRAIL LONGO - STAGE 1**25 KM****OFFICIAL RESULT****R**
REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
220	152	Marco Nicolau	individual	Senior Masculino	03:50:17	+01:35:22	09:13
221	4	Atleta Dorsal 4	individual	Senior Masculino	03:50:17	+01:35:22	09:13
222	110	César Pais	individual	Senior Masculino	03:51:10	+01:36:15	09:15
223	300	Marisa Novais	rinus fafe	Senior Feminino	03:51:21	+01:36:26	09:15
224	232	Raul Macedo	individual	Veterano M40	03:52:19	+01:37:24	09:18
225	181	Rui Filipe Martins Fernandes Cunha	individual	Senior Masculino	03:52:31	+01:37:36	09:18
226	336	Pedro Amendoeira	www.schoolembassy.com	Veterano M40	03:52:31	+01:37:36	09:18
227	303	Marcio Silva	s. s. monteio	Senior Masculino	03:52:32	+01:37:37	09:18
228	185	Rui Quintão Gomes	individual	Senior Masculino	03:53:25	+01:38:30	09:20
229	217	Jorge Aguiar	individual	Veterano M40	03:54:08	+01:39:13	09:22
230	200	elsa carina sousa rodrigues	individual	Veterana F40	03:54:17	+01:39:22	09:22
231	222	luis claudio ferreira marques	individual	Veterano M40	03:54:17	+01:39:22	09:22
232	296	Henrique Velon	petro basto	Senior Masculino	03:54:54	+01:39:59	09:24
233	19	Ana Luisa Dolores Ferreira da Silva	all about	Senior Feminino	03:54:56	+01:40:01	09:24
234	20	Ricardo Jorge Ferreira Leite Teixeira	all about	Veterano M40	03:54:56	+01:40:01	09:24
235	258	Orlando Rogério Azevedo Henriques	limitless	Senior Masculino	03:55:54	+01:40:59	09:26
236	292	Nuno Marques	padelanatural team	Senior Masculino	03:57:14	+01:42:19	09:29
237	173	Pedro Miguel Martins Faria	individual	Senior Masculino	03:58:36	+01:43:41	09:33
238	223	Luis Martins	individual	Veterano M40	04:00:07	+01:45:12	09:36
239	284	Adélio Lima	opticalia running team	Senior Masculino	04:00:27	+01:45:32	09:37
240	47	Carlos Alexandre Macedo	corrida da primavera	Senior Masculino	04:03:33	+01:48:38	09:45
241	325	Solange Cabral	trilhando	Senior Feminino	04:04:29	+01:49:34	09:47
242	262	Pedro Emanuel Madureira Assis Miranda	marco runners	Senior Masculino	04:04:57	+01:50:02	09:48
243	260	Capitão Soares	marco runners	Senior Masculino	04:05:03	+01:50:08	09:48
244	196	Zé Luis Lopes	individual	Senior Masculino	04:05:30	+01:50:35	09:49
245	14	Miguel Monteiro Pereira	a.d.amarante trail running	Senior Masculino	04:05:34	+01:50:39	09:49
246	202	Severine Boiteau	vimarunners	Veterana F40	04:06:20	+01:51:25	09:51
247	94	sonia bras	individual	Senior Feminino	04:10:22	+01:55:27	10:01
248	308	João Pena Gil	soulmates trail team	Veterano M40	04:10:23	+01:55:28	10:01
249	70	RUI SÁ	ffit gaia trail	Veterano M40	04:13:24	+01:58:29	10:08
250	43	Pedro Ribeiro	chegamos ao fim	Veterano M40	04:13:39	+01:58:44	10:09
251	210	Feliciano Ferreira	individual	Veterano M40	04:13:58	+01:59:03	10:10
252	28	paulo sousa	antónio	Veterano M40	04:15:22	+02:00:27	10:13
253	93	Solange Sousa	individual	Senior Feminino	04:15:43	+02:00:48	10:14
254	161	Nelson Manuel Marques de Sousa	individual	Senior Masculino	04:15:44	+02:00:49	10:14
255	84	Gi Bessa	individual	Senior Feminino	04:16:23	+02:01:28	10:15
256	337	António Porrão	x5	Veterano M40	04:17:34	+02:02:39	10:18
257	171	Pedro Ferreira	individual	Senior Masculino	04:17:39	+02:02:44	10:18
258	34	Carlos Silva	bota&sig	Senior Masculino	04:17:40	+02:02:45	10:18
259	64	Joana Teixeira	fafé runners	Senior Feminino	04:18:11	+02:03:16	10:20
260	155	Marcos Silva	individual	Senior Masculino	04:18:38	+02:03:43	10:21
261	213	Humberto Fontes	individual	Veterano M40	04:19:27	+02:04:32	10:23
262	261	Nuno Amorim	marco runners	Senior Masculino	04:19:32	+02:04:37	10:23

TRAIL LONGO - STAGE 1

25 KM

OFFICIAL RESULT

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REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
263	146	Luis Filipe Salgado Oliveira	individual	Senior Masculino	04:19:56	+02:05:01	10:24
264	67	Nuno Miguel Pinto	fama runners	Senior Masculino	04:21:02	+02:06:07	10:26
265	127	Gonçalo Antunes	individual	Senior Masculino	04:22:57	+02:08:02	10:31
266	7	Rui Parreira	à margem	Senior Masculino	04:23:22	+02:08:27	10:32
267	281	Antonio Carvalho	nocturnos de paredes	Veterano M40	04:25:04	+02:10:09	10:36
268	87	Márcia Ferreira	individual	Senior Feminino	04:29:03	+02:14:08	10:46
269	169	paulo porfirio felix oliveira	individual	Senior Masculino	04:29:06	+02:14:11	10:46
270	95	TÂNIA FILIPA MIRANDA SALGADO	individual	Senior Feminino	04:29:06	+02:14:11	10:46
271	242	Jorge Antunes	jatapanho	Senior Masculino	04:29:51	+02:14:56	10:48
272	241	Bruno Vale	jatapanho	Senior Masculino	04:29:53	+02:14:58	10:48
273	244	Fernando Cunha	jatapanho	Veterano M40	04:29:54	+02:14:59	10:48
274	247	Francisco Magalhaes	legion combat	Senior Masculino	04:33:18	+02:18:23	10:56
275	246	Rute Silva	legion combat	Senior Feminino	04:33:19	+02:18:24	10:56
276	108	Bruno Pinheiro	individual	Senior Masculino	04:34:28	+02:19:33	10:59
277	273	Leandro Ramos	nocturnos de paredes	Senior Masculino	04:37:52	+02:22:57	11:07
278	193	Tiago André Cunha Freitas	individual	Senior Masculino	04:40:36	+02:25:41	11:13
279	240	Vitor Alberto Fernandes Macedo	individual	Veterano M40	04:42:56	+02:28:01	11:19
280	72	Filipe Leitão	gondomar futsal clube	Senior Masculino	04:44:42	+02:29:47	11:23
281	88	Márcia Ferreira	individual	Senior Feminino	04:45:41	+02:30:46	11:26
282	99	Amaury Pinho	individual	Senior Masculino	04:48:35	+02:33:40	11:33
283	113	Daniel Silva	individual	Senior Masculino	04:48:44	+02:33:49	11:33
284	338	José Cunha	zombie runners - fafe	Senior Masculino	04:54:25	+02:39:30	11:47
285	339	Nelson Fernandes	zombie runners - fafe	Senior Masculino	04:54:25	+02:39:30	11:47
286	341	Vasco Neves	zombie runners - fafe	Senior Masculino	04:54:26	+02:39:31	11:47
287	328	Maria da Luz Olivença	trocópasso	Veterana F40	05:00:36	+02:45:41	12:01
288	235	Rui Miguel Oliveira	individual	Veterano M40	05:00:40	+02:45:45	12:02
289	82	Cristina Rocha	individual	Senior Feminino	05:00:41	+02:45:46	12:02
290	132	Hugo Marques	individual	Senior Masculino	05:08:50	+02:53:55	12:21
291	198	Ana Oliveira	individual	Veterana F40	05:09:07	+02:54:12	12:22
292	123	Francisco Correia	individual	Senior Masculino	05:41:07	+03:26:12	13:39
293	291	Paulo Jorge de Sousa Magalhães	ou vai ou racha	Veterano M40	06:53:52	+04:38:57	16:33
294	289	Cátia Sofia Neves Braga	ou vai ou racha	Senior Feminino	06:54:05	+04:39:10	16:34
295	290	Ana Rita Barros Neves Magalhães	ou vai ou racha	Veterana F40	06:54:05	+04:39:10	16:34

Trail Longo

25 KM

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REVISED

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	09:30	-99°C	-99%
End	16:24	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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Senior Feminino

1	9	Ana Ferreira	A.D.Amarante trail running	Senior Feminino	03:00:18		07:13
2	229	Andreia Amorim	GONDOMAR FUTSAL CLUBE	Senior Feminino	03:02:13	+01:55	07:17
3	299	Cidália Novais	RINUS FAFE	Senior Feminino	03:04:30	+04:12	07:23
4	91	Olga Marisa Sousa Martins	Individual	Senior Feminino	03:06:20	+06:02	07:27
5	81	Cristiana Esteves	Individual	Senior Feminino	03:08:52	+08:34	07:33
6	71	Sandra Pera	GONDOMAR FUTSAL CLUBE	Senior Feminino	03:22:26	+22:08	08:06
7	89	Márcia Raquel Fernandes Meira	Individual	Senior Feminino	03:24:35	+24:17	08:11
8	268	NURIA FERREIRA	NAST	Senior Feminino	03:27:25	+27:07	08:18
9	46	susana silva rodrigues	Corrida da Primavera	Senior Feminino	03:30:15	+29:57	08:25
10	59	Telma Duarte	ERMIDAFIT Runners	Senior Feminino	03:31:24	+31:06	08:27
11	83	Eunice Salgado	Individual	Senior Feminino	03:34:16	+33:58	08:34
12	330	Alexandra Pimenta	vimarunners	Senior Feminino	03:34:16	+33:58	08:34
13	90	Natália Patrícia Carvalho Leite da Cunha	Individual	Senior Feminino	03:37:37	+37:19	08:42
14	80	ÂNGELA MENDES	Individual	Senior Feminino	03:42:51	+42:33	08:55
15	86	Luísa Rodrigues	Individual	Senior Feminino	03:47:27	+47:09	09:06
16	300	Marisa Novais	RINUS FAFE	Senior Feminino	03:51:21	+51:03	09:15
17	19	Ana Luisa Dolores Ferreira da Silva	All About	Senior Feminino	03:54:56	+54:38	09:24
18	325	Solange Cabral	TRILHando	Senior Feminino	04:04:29	+01:04:11	09:47
19	94	sonia bras	Individual	Senior Feminino	04:10:22	+01:10:04	10:01
20	93	Solange Sousa	Individual	Senior Feminino	04:15:43	+01:15:25	10:14
21	84	Gi Bessa	Individual	Senior Feminino	04:16:23	+01:16:05	10:15
22	64	Joana Teixeira	Fafe Runners	Senior Feminino	04:18:11	+01:17:53	10:20
23	87	Márcia Ferreira	Individual	Senior Feminino	04:29:03	+01:28:45	10:46
24	95	TÂNIA FILIPA MIRANDA SALGADO	Individual	Senior Feminino	04:29:06	+01:28:48	10:46
25	246	Rute Silva	Legion Combat	Senior Feminino	04:33:19	+01:33:01	10:56
26	88	Márcia Ferreira	Individual	Senior Feminino	04:45:41	+01:45:23	11:26
27	82	Cristina Rocha	Individual	Senior Feminino	05:00:41	+02:00:23	12:02
28	289	Cátia Sofia Neves Braga	Ou vai ou Racha	Senior Feminino	06:54:05	+03:53:47	16:34

Senior Masculino

1	5	Amândio Antunes	Afifense Trail	Senior Masculino	02:14:55		05:24
2	15	PAULO MANUEL MONTEIRO DA COSTA	A.D.Amarante trail running	Senior Masculino	02:17:30	+02:35	05:30
3	295	Helder Silva	PARADES AVENTURA	Senior Masculino	02:19:15	+04:20	05:34
4	62	Ricardo Rego	experiençar	Senior Masculino	02:20:29	+05:34	05:37
5	8	José Pereira	A.C.S.D. de Pedraído	Senior Masculino	02:22:44	+07:49	05:43
6	61	Francisco Fernandes	experiençar	Senior Masculino	02:23:19	+08:24	05:44
7	44	Ricardo Dias	Corre Conosco Felgueiras	Senior Masculino	02:24:29	+09:34	05:47

Official Timekeeper: Lap2Go	1 / 7	generate 20-Mar-2016 15:21
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Trail Longo

25 KM

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

8	17	Vitor Costa	A.D.Amarante trail running	Senior Masculino	02:25:20	+10:25	05:49
9	177	Rafael Brito Abreu Pereira	Individual	Senior Masculino	02:27:22	+12:27	05:54
10	182	Rui José Mendes Rodrigues	Individual	Senior Masculino	02:28:43	+13:48	05:57
11	52	Bruno Santos	CTAD - Trilhos de Cinfães	Senior Masculino	02:29:07	+14:12	05:58
12	331	ANDRÉ CUNHA	vimarunners	Senior Masculino	02:31:58	+17:03	06:05
13	13	Jose Luis Ferreira Pereira	A.D.Amarante trail running	Senior Masculino	02:32:11	+17:16	06:05
14	256	Ivan rocha	Limitless	Senior Masculino	02:33:10	+18:15	06:08
15	117	Eurico Emanuel Miranda Ferreira Moura	Individual	Senior Masculino	02:33:57	+19:02	06:09
16	264	Valdir Costa	MINHO AVENTURA	Senior Masculino	02:34:35	+19:40	06:11
17	175	Pedro Tiago Dias Pereira	Individual	Senior Masculino	02:35:37	+20:42	06:13
18	126	Gabriel Pereira Alves	Individual	Senior Masculino	02:38:06	+23:11	06:19
19	342	José Miguel Pinto	team Rede Ambiente	Senior Masculino	02:42:49	+27:54	06:31
20	120	Filipe Saraiva Fernandes	Individual	Senior Masculino	02:43:04	+28:09	06:31
21	167	Orlando Costa Marques	PAREDES AVENTURA	Senior Masculino	02:43:52	+28:57	06:33
22	10	António Daniel Pinto Mendes	A.D.Amarante trail running	Senior Masculino	02:45:02	+30:07	06:36
23	49	Romeu Pereira	CrossFit Vale do Ave	Senior Masculino	02:45:20	+30:25	06:37
24	274	Mauro Cardoso	NOCTURNOS DE PAREDES	Senior Masculino	02:46:45	+31:50	06:40
25	107	Bruno Costa	Individual	Senior Masculino	02:47:27	+32:32	06:42
26	37	Ricardo Machado	Bota&Siga	Senior Masculino	02:48:03	+33:08	06:43
27	162	Nuno Machado	Individual	Senior Masculino	02:48:37	+33:42	06:45
28	144	Lourenço Emanuel Carvalho Pinto Teixeira	Individual	Senior Masculino	02:49:49	+34:54	06:48
29	178	Renato Reis	Individual	Senior Masculino	02:50:16	+35:21	06:49
30	122	Filipe Teixeira	Individual	Senior Masculino	02:50:53	+35:58	06:50
31	187	Sérgio Daniel Costa Peixoto	Individual	Senior Masculino	02:51:06	+36:11	06:51
32	60	Ricardo Pais	ERMIDAFIT Runners	Senior Masculino	02:51:14	+36:19	06:51
33	298	José Manuel Costa Pinto	Pretinho	Senior Masculino	02:51:34	+36:39	06:52
34	29	ricardo pereira	arranca_troços	Senior Masculino	02:53:45	+38:50	06:57
35	147	Luis Teixeira	Individual	Senior Masculino	02:54:03	+39:08	06:58
36	129	Hélder Emanuel Leite Lemos	Individual	Senior Masculino	02:54:06	+39:11	06:58
37	65	Eurico Marinho	FALCÕES SELVAGENS	Senior Masculino	02:54:16	+39:21	06:58
38	313	Williams Conceição Rodriguez	STEP BY STEP	Senior Masculino	02:54:19	+39:24	06:58
39	35	Hélder Silva	Bota&Siga	Senior Masculino	02:54:27	+39:32	06:59
40	102	André Goncalves	Individual	Senior Masculino	02:54:34	+39:39	06:59
41	329	Pedro Cunha	VIDAATIVARUNNERS	Senior Masculino	02:54:59	+40:04	07:00
42	75	Hélder Ferreira	Gramidense IFC	Senior Masculino	02:55:00	+40:05	07:00
43	190	Sérgio Suzano	Individual	Senior Masculino	02:56:34	+41:39	07:04
44	149	Manuel Armando Ferreira Alves Novais Freitas	Individual	Senior Masculino	02:57:16	+42:21	07:05
45	56	Nuno Angélico	DOLCEFARMA	Senior Masculino	02:57:16	+42:21	07:05
46	131	Hugo Fernandes	Individual	Senior Masculino	02:57:48	+42:53	07:07
47	189	Sergio Lopes	Individual	Senior Masculino	02:59:06	+44:11	07:10
48	180	Ricardo Miguelote	Individual	Senior Masculino	02:59:15	+44:20	07:10
49	98	Álvaro Mendes	Individual	Senior Masculino	02:59:25	+44:30	07:11
50	69	Paulo Sarmento	FFit Gaia Trail	Senior Masculino	03:00:12	+45:17	07:12
51	157	Mário Miguel Ferreira Barbosa	Individual	Senior Masculino	03:00:14	+45:19	07:13

Trail Longo

25 KM



OFFICIAL RESULT

52	128	Helder Cristiano Leite Ribeiro	Individual	Senior Masculino	03:00:22	+45:27	07:13
53	112	DA SILVA FERREIRA JORGE	Individual	Senior Masculino	03:00:24	+45:29	07:13
54	140	José Ferreira Costa	Individual	Senior Masculino	03:02:31	+47:36	07:18
55	76	Emanuel Moreira da Costa	GTT - Armazém do Caffè	Senior Masculino	03:02:40	+47:45	07:18
56	150	MARÇAL AVELINO SALAZAR MARQUES MENDES	Individual	Senior Masculino	03:02:52	+47:57	07:19
57	104	António Manso	Individual	Senior Masculino	03:02:58	+48:03	07:19
58	154	Marco Sérgio Cunha da Silva	Individual	Senior Masculino	03:05:16	+50:21	07:25
59	160	Miguel Soares	Individual	Senior Masculino	03:05:20	+50:25	07:25
60	18	Filipe Gonçalves	AfrikanRunners	Senior Masculino	03:05:37	+50:42	07:25
61	11	Hélder Manuel da Silva Pinto	A.D.Amarante trail running	Senior Masculino	03:05:46	+50:51	07:26
62	136	Jorge António Vieira Gomes	Individual	Senior Masculino	03:06:41	+51:46	07:28
63	319	Paulo Jorge Sousa	Trail dos Moinhos	Senior Masculino	03:07:52	+52:57	07:31
64	174	Pedro Nuno Dias Magalhães	Individual	Senior Masculino	03:08:47	+53:52	07:33
65	118	Fábio Monteiro	Individual	Senior Masculino	03:08:51	+53:56	07:33
66	179	Ricardo Gonçalves	Individual	Senior Masculino	03:09:40	+54:45	07:35
67	141	Jose Gomes Dias	Individual	Senior Masculino	03:10:36	+55:41	07:37
68	278	Tiago Moreira	NOCTURNOS DE PAREDES	Senior Masculino	03:10:37	+55:42	07:37
69	143	JOSÉ RUI BASTOS	Individual	Senior Masculino	03:10:50	+55:55	07:38
70	74	Gustavo Santos	Gramidense IFC	Senior Masculino	03:11:14	+56:19	07:39
71	39	Sérgio Fernandes	Brabus Runners	Senior Masculino	03:11:36	+56:41	07:40
72	271	Antonio Brito	NOCTURNOS DE PAREDES	Senior Masculino	03:12:03	+57:08	07:41
73	192	Telmo silva	Individual	Senior Masculino	03:12:45	+57:50	07:43
74	188	Sergio Filipe Maia de Sousa	Individual	Senior Masculino	03:13:10	+58:15	07:44
75	16	Urbano Filipe de Abreu Vitorino Ribeiro	A.D.Amarante trail running	Senior Masculino	03:13:45	+58:50	07:45
76	137	Jorge Miguel Abreu Barbosa	Individual	Senior Masculino	03:15:04	+01:00:09	07:48
77	31	Ricardo Dias	Be Fitness	Senior Masculino	03:15:11	+01:00:16	07:48
78	2	Atleta 2	Individual	Senior Masculino	03:15:17	+01:00:22	07:49
79	133	Hugo Samuel de Melo Barreiro	Individual	Senior Masculino	03:17:06	+01:02:11	07:53
80	183	Rui Miguel Teixeira Mendes	Individual	Senior Masculino	03:17:43	+01:02:48	07:55
81	194	Tiago Filipe Rodrigues Carvalho	Individual	Senior Masculino	03:17:52	+01:02:57	07:55
82	111	Cristiano Barbosa	Individual	Senior Masculino	03:18:49	+01:03:54	07:57
83	156	Mário André Carneiro Rego	Individual	Senior Masculino	03:19:05	+01:04:10	07:58
84	125	Frederico Silva Pinto	Individual	Senior Masculino	03:19:12	+01:04:17	07:58
85	32	Ruben Cunha	Be Fitness	Senior Masculino	03:19:26	+01:04:31	07:59
86	106	Carlos Eduardo Oliveira Freitas Novais Teixeira	Individual	Senior Masculino	03:19:51	+01:04:56	08:00
87	324	Ricardo Sousa	TransPousada Trail Team	Senior Masculino	03:20:06	+01:05:11	08:00
88	145	Luis Filipe Rocha	Individual	Senior Masculino	03:20:14	+01:05:19	08:01
89	310	josé Manuel Rodrigues Costa	Sparta team	Senior Masculino	03:20:19	+01:05:24	08:01
90	100	André Alberto Loureiro dos Santos	Individual	Senior Masculino	03:21:32	+01:06:37	08:04
91	254	Filipe Carvalho	Limitless	Senior Masculino	03:21:55	+01:07:00	08:05
92	255	Hugo Miguel Moreira Ribeiro	Limitless	Senior Masculino	03:21:56	+01:07:01	08:05
93	166	Nuno Sá	Individual	Senior Masculino	03:22:04	+01:07:09	08:05
94	73	Pedro Matos	GONDOMAR FUTSAL CLUBE	Senior Masculino	03:22:27	+01:07:32	08:06
95	186	Rui Sousa	Individual	Senior Masculino	03:25:23	+01:10:28	08:13
96	6	SÉRGIO COSTA	A D ESMERIZ RUNNING	Senior Masculino	03:25:54	+01:10:59	08:14

Trail Longo

25 KM

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REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

97	159	Miguel Seca	Individual	Senior Masculino	03:25:59	+01:11:04	08:14
98	130	Hugo André Couto	Individual	Senior Masculino	03:27:24	+01:12:29	08:18
99	327	Daniel Pinto	TROCÓPASSO	Senior Masculino	03:27:24	+01:12:29	08:18
100	163	Nuno Maia	Individual	Senior Masculino	03:27:32	+01:12:37	08:18
101	105	Artur Caetano	Individual	Senior Masculino	03:28:04	+01:13:09	08:19
102	263	Nuno de Oliveira	Medi Lixa	Senior Masculino	03:28:43	+01:13:48	08:21
103	153	Marco Paulo Ribeiro Nunes	Individual	Senior Masculino	03:29:28	+01:14:33	08:23
104	38	Antonio de Oliveira	Brabus Runners	Senior Masculino	03:29:44	+01:14:49	08:23
105	170	Pedro André Faria	Individual	Senior Masculino	03:30:02	+01:15:07	08:24
106	36	Paulo Pereira	Bota&Siga	Senior Masculino	03:30:55	+01:16:00	08:26
107	272	Daniela Ferreira	NOCTURNOS DE PAREDES	Senior Masculino	03:31:19	+01:16:24	08:27
108	164	Nuno Oliveira	Individual	Senior Masculino	03:32:19	+01:17:24	08:30
109	97	Álvaro Aguiar	Individual	Senior Masculino	03:33:21	+01:18:26	08:32
110	318	Rui Jorge Ribeiro	Team2	Senior Masculino	03:34:49	+01:19:54	08:36
111	317	Luis Miguel Araujo Pedrosa	Team2	Senior Masculino	03:34:50	+01:19:55	08:36
112	148	Luís Teixeira	Individual	Senior Masculino	03:36:14	+01:21:19	08:39
113	151	Márcio Dinis Vilaverde Pereira	Individual	Senior Masculino	03:37:24	+01:22:29	08:42
114	293	Helder ~Camilo	PAREDES AVENTURA	Senior Masculino	03:37:38	+01:22:43	08:42
115	301	Rui Manuel Lobo de Castro	RINUS FAFE	Senior Masculino	03:37:39	+01:22:44	08:42
116	276	Renato Pinto	NOCTURNOS DE PAREDES	Senior Masculino	03:38:49	+01:23:54	08:45
117	275	Pedro Nogueira	NOCTURNOS DE PAREDES	Senior Masculino	03:38:49	+01:23:54	08:45
118	184	Rui Pedro Marinho Pinto	Individual	Senior Masculino	03:39:29	+01:24:34	08:47
119	134	João Pedro Felix Costa	Individual	Senior Masculino	03:39:43	+01:24:48	08:47
120	265	Alexandre MPR Rodrigues	Monçãotrail	Senior Masculino	03:40:42	+01:25:47	08:50
121	121	FILIPE SOUSA	Individual	Senior Masculino	03:42:51	+01:27:56	08:55
122	135	Joaquim Teixeira	Individual	Senior Masculino	03:43:28	+01:28:33	08:56
123	142	José Miguel Fernandes Teixeira	Individual	Senior Masculino	03:47:37	+01:32:42	09:06
124	114	David Rodrigues	Individual	Senior Masculino	03:49:20	+01:34:25	09:10
125	139	José Beira	Individual	Senior Masculino	03:50:14	+01:35:19	09:13
126	152	Marco Nicolau	Individual	Senior Masculino	03:50:17	+01:35:22	09:13
127	4	Atleta Dorsal 4	Individual	Senior Masculino	03:50:17	+01:35:22	09:13
128	110	César Pais	Individual	Senior Masculino	03:51:10	+01:36:15	09:15
129	181	Rui Filipe Martins Fernandes Cunha	Individual	Senior Masculino	03:52:31	+01:37:36	09:18
130	303	Marcio Silva	S. S. Montepio	Senior Masculino	03:52:32	+01:37:37	09:18
131	185	Rui Quintão Gomes	Individual	Senior Masculino	03:53:25	+01:38:30	09:20
132	296	Henrique Velon	PETRO BASTO	Senior Masculino	03:54:54	+01:39:59	09:24
133	258	Orlando Rogério Azevedo Henriques	Limitless	Senior Masculino	03:55:54	+01:40:59	09:26
134	292	Nuno Marques	Padelanatural Team	Senior Masculino	03:57:14	+01:42:19	09:29
135	173	Pedro Miguel Martins Faria	Individual	Senior Masculino	03:58:36	+01:43:41	09:33
136	284	Adélio Lima	Opticalia Running Team	Senior Masculino	04:00:27	+01:45:32	09:37
137	47	Carlos Alexandre Macedo	Corrida da Primavera	Senior Masculino	04:03:33	+01:48:38	09:45
138	262	Pedro Emanuel Madureira Assis Miranda	Marco Runners	Senior Masculino	04:04:57	+01:50:02	09:48
139	260	Capitão Soares	Marco Runners	Senior Masculino	04:05:03	+01:50:08	09:48
140	196	Zé Luis Lopes	Individual	Senior Masculino	04:05:30	+01:50:35	09:49
141	14	Miguel Monteiro Pereira	A.D.Amarante trail running	Senior Masculino	04:05:34	+01:50:39	09:49
142	161	Nelson Manuel Marques de Sousa	Individual	Senior Masculino	04:15:44	+02:00:49	10:14

Trail Longo

25 KM



OFFICIAL RESULT

6	297	Jose Oliveira	PETRO BASTO	Veterano M40	02:39:24	+20:29	06:23
7	40	José Fins	BRAGUINHAS RUNNERS	Veterano M40	02:39:59	+21:04	06:24
8	288	Paulo Ribeiro	Os Santa Apolónia	Veterano M40	02:40:57	+22:02	06:26
9	322	Bruno Dias	Trail Running Vilar de Perdizes / Opraticante	Veterano M40	02:43:11	+24:16	06:32
10	225	Nelson Santos	Individual	Veterano M40	02:43:27	+24:32	06:32
11	207	Domingos Jorge Costa Gomes	Individual	Veterano M40	02:45:51	+26:56	06:38
12	227	Paulo Araújo Costa	Individual	Veterano M40	02:45:52	+26:57	06:38
13	215	João Alexandre Carlos de Almeida	Individual	Veterano M40	02:47:41	+28:46	06:42
14	335	Mario Augusto Silva Soares	Vitor Daniel Pinto da Cunha	Veterano M40	02:48:17	+29:22	06:44
15	209	Ezequiel Fernandes	Individual	Veterano M40	02:51:26	+32:31	06:51
16	57	Sérgio Augusto Pereira Lima	Domplex BTT	Veterano M40	02:52:00	+33:05	06:53
17	253	José Carlos Gomes	Ligirinhos	Veterano M40	02:53:51	+34:56	06:57
18	236	Sérgio Anunciacao	Individual	Veterano M40	02:56:34	+37:39	07:04
19	237	Telmo Manuel Msrtns Cardoso	Individual	Veterano M40	02:57:02	+38:07	07:05
20	343	Heitor Leite	Individual	Veterano M40	02:57:16	+38:21	07:05
21	320	Augusto Ferreira	Trail dos Moinhos	Veterano M40	02:58:44	+39:49	07:09
22	208	EUGENIO CUNHA	Individual	Veterano M40	02:59:40	+40:45	07:11
23	306	A. Joaquim Pereira	Só Trilhos	Veterano M40	03:01:56	+43:01	07:17
24	269	GONÇALO MOTA	NAST	Veterano M40	03:02:42	+43:47	07:19
25	270	José Maria Gouveia Martins	NAST	Veterano M40	03:02:43	+43:48	07:19
26	41	Nuno Vasconcelos	Celorico BTT Team	Veterano M40	03:02:59	+44:04	07:19
27	282	Arnaldo Santos	NOCTURNOS DE PAREDES	Veterano M40	03:03:15	+44:20	07:20
28	333	Filipe Lages	vimarunners	Veterano M40	03:04:30	+45:35	07:23
29	211	Hélio David Silva	Individual	Veterano M40	03:06:19	+47:24	07:27
30	304	Joao Cardoso	S. S. Montepio	Veterano M40	03:06:47	+47:52	07:28
31	245	José Cunha	Jatapanho	Veterano M40	03:07:51	+48:56	07:31
32	203	ALBINO DE OLIVEIRA RIBEIRO	Individual	Veterano M40	03:08:23	+49:28	07:32
33	228	Paulo Brás	Individual	Veterano M40	03:09:18	+50:23	07:34
34	77	Pedro Costa	GTT - Armazém do Caffè	Veterano M40	03:09:54	+50:59	07:36
35	224	LUIS MIGUEL ALVES DE FREITAS RIBEIRO	Individual	Veterano M40	03:10:40	+51:45	07:38
36	294	José Meira Rodrigues	PAREDES AVENTURA	Veterano M40	03:11:34	+52:39	07:40
37	26	helder rodrigues	António	Veterano M40	03:13:37	+54:42	07:45
38	30	Paulo Pereira Machado	Atletismo Rúa	Veterano M40	03:16:59	+58:04	07:53
39	311	Domingos Manuel Oliveira Peixoto	Sparta team	Veterano M40	03:19:06	+01:00:11	07:58
40	321	Armando Fontão	Trail Running Vilar de Perdizes / Opraticante	Veterano M40	03:19:20	+01:00:25	07:58
41	230	PAULO JORGE LOPES FERNANDES	Individual	Veterano M40	03:20:46	+01:01:51	08:02
42	206	Camilo Neto	Individual	Veterano M40	03:22:50	+01:03:55	08:07
43	259	Antonio Rbeiro	lusitanusteam	Veterano M40	03:22:50	+01:03:55	08:07
44	309	VPinhel	Soulmates Trail Team	Veterano M40	03:23:30	+01:04:35	08:08
45	312	José Augusto Lopes Ferreira	Sparta team	Veterano M40	03:23:48	+01:04:53	08:09
46	214	João Alberto Vasconcelos Freitas	Individual	Veterano M40	03:24:22	+01:05:27	08:10
47	68	JOSÉ DUARTE	FAMILIA PEREIRA	Veterano M40	03:25:47	+01:06:52	08:14
48	226	Nuno Cunha	Individual	Veterano M40	03:28:34	+01:09:39	08:21
49	212	Henrique Marques	Individual	Veterano M40	03:29:13	+01:10:18	08:22

COLETIVA TRAIL LONGO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	experenciariar	3 + 5 + 7	15
2	A.D.Amarante trail running	2 + 9 + 14	25
3	PAREDES AVENTURA	4 + 31 + 112	147
4	NOCTURNOS DE PAREDES	36 + 86 + 108	230
5	Bota&Siga	39 + 56 + 171	266
6	vimarunners	13 + 88 + 181	282
7	Limitless	15 + 139 + 140	294
8	NAST	81 + 82 + 158	321
9	GONDOMAR FUTSAL CLUBE	78 + 143 + 144	365
10	Ligirinhos	51 + 151 + 202	404
11	Sparta team	129 + 136 + 148	413
12	António	118 + 177 + 179	474
13	RINUS FAFE	87 + 190 + 211	488
14	S. S. Montepio	97 + 187 + 227	511
15	Jatapanho	98 + 271 + 272	641
16	Marco Runners	242 + 243 + 262	747
17	Legion Combat	201 + 274 + 275	750
18	ZOMBIE RUNNERS - FAFE	284 + 285 + 286	855
19	Ou vai ou Racha	293 + 294 + 295	882

TRAIL LONGO - CORRIDA DA PRIMAVERA**25 KM****OFFICIAL RESULT****R**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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**REVISE
D**

	Time	Temperature	Humidity
Start	09:30	-99°C	-99%
End	16:24	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	46	susana silva rodrigues	corrida da primavera	Senior Feminino	03:30:15	+01:15:20	08:25
2	47	Carlos Alexandre Macedo	corrida da primavera	Senior Masculino	04:03:33	+01:48:38	09:45

TRAIL CURTO - STAGE 1

17 KM

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REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
358	1490	Catia Sequeira	s. s. montepio	Senior Feminino	02:46:03	+01:18:47	09:46
359	1502	Susana Fontes	s. s. montepio	Veterano M40	02:46:04	+01:18:48	09:46
360	1554	Alberto Ricardo Fernandes Lucas	vimarunners	Senior Masculino	02:46:04	+01:18:48	09:46
361	1112	Luís Coelho	ermidafit runners	Veterano M40	02:46:06	+01:18:50	09:46
362	1520	Sofia Rodrigues	sociedade recreio cepanense	Veterana F40	02:46:14	+01:18:58	09:47
363	1509	Sandrine Freitas	sociedade recreio cepanense	Senior Feminino	02:46:15	+01:18:59	09:47
364	1505	Daniela Miranda	sociedade recreio cepanense	Senior Feminino	02:46:15	+01:18:59	09:47
365	1513	Rafael Freitas	sociedade recreio cepanense	Senior Masculino	02:46:26	+01:19:10	09:47
366	1308	Maria Faria	individual	Veterana F40	02:46:37	+01:19:21	09:48
367	1318	artur jorge castro salgueiro	individual	Veterano M40	02:46:54	+01:19:38	09:49
368	1076	Vitor Costa	braguihas runners	Veterano M40	02:47:00	+01:19:44	09:49
369	1006	Rui Pereira	à margem	Senior Masculino	02:48:21	+01:21:05	09:54
370	1004	Octávio Cravo	à margem	Senior Masculino	02:48:26	+01:21:10	09:54
371	1320	Carlos Fialho	individual	Veterano M40	02:48:27	+01:21:11	09:55
372	1013	Ricardo vale	a.c.s.d. de pedraído	Senior Masculino	02:48:27	+01:21:11	09:55
373	1009	Andrea Ribeiro	a.c.s.d. de pedraído	Senior Feminino	02:48:28	+01:21:12	09:55
374	1560	Bruno Henriques	wolves run trail	Senior Masculino	02:48:42	+01:21:26	09:55
375	1449	Ana Alves	papa trails	Veterana F40	02:48:53	+01:21:37	09:56
376	1445	Estela Oliveira	papa trails	Senior Feminino	02:48:53	+01:21:37	09:56
377	1187	Juliana Filipa Rocha Costa	individual	Senior Feminino	02:48:54	+01:21:38	09:56
378	1561	Nuno Silva	wolves run trail	Senior Masculino	02:49:09	+01:21:53	09:57
379	1327	Francisco José Carvalho Coutinho	individual	Veterano M40	02:49:20	+01:22:04	09:58
380	85	Leonor Tato	individual	Senior Feminino	02:49:20	+01:22:04	09:58
381	1550	Paulo Ricardo Barreira Cunha	udarquinchães	Senior Masculino	02:49:31	+01:22:15	09:58
382	1549	Carla Silva	udarquinchães	Senior Feminino	02:49:32	+01:22:16	09:58
383	1121	ISABEL SOFIA	familia pereira	Senior Feminino	02:49:36	+01:22:20	09:59
384	1241	henrique teixeira	individual	Senior Masculino	02:49:59	+01:22:43	10:00
385	1130	Mário Leite	fun friends	Senior Masculino	02:50:17	+01:23:01	10:01
386	1468	Francisco Marques	profisio team	Veterano M40	02:51:03	+01:23:47	10:04
387	1467	Eugénio Rodrigues	profisio team	Veterano M40	02:51:04	+01:23:48	10:04
388	1220	Celso André de Sousa Lopes	individual	Senior Masculino	02:51:04	+01:23:48	10:04
389	1546	Pedro Rodrigues	thunder team	Veterano M40	02:51:16	+01:24:00	10:04
390	1545	Marlene Rodrigues	thunder team	Senior Feminino	02:51:16	+01:24:00	10:04
391	1015	Elke Kaat Nele D'Haeyer	a.d.amarante trail running	Senior Feminino	02:51:23	+01:24:07	10:05
392	1181	Hélia Pimenta Dias	individual	Senior Feminino	02:52:00	+01:24:44	10:07
393	1262	Miguel Pimenta Dias	individual	Senior Masculino	02:52:00	+01:24:44	10:07
394	1063	Ângela Fernandes	brabus runners	Senior Feminino	02:52:06	+01:24:50	10:07
395	1562	Rui Sousa	wolves run trail	Senior Masculino	02:52:07	+01:24:51	10:07
396	1198	Sílvia Faria	individual	Senior Feminino	02:52:13	+01:24:57	10:08
397	1234	Francisco Luís Costa Teixeira	individual	Senior Masculino	02:52:26	+01:25:10	10:09
398	1253	José Carlos Gonçalves Ribeiro	individual	Senior Masculino	02:52:29	+01:25:13	10:09
399	1136	Diogo Pereira	generosos	Senior Masculino	02:52:29	+01:25:13	10:09
400	1135	Cristiana Coelho	generosos	Senior Feminino	02:52:30	+01:25:14	10:09
401	199	Carla Moreira	individual	Veterana F40	02:52:30	+01:25:14	10:09
402	1242	Ilídio Carvalho Morais	individual	Senior Masculino	02:53:16	+01:26:00	10:12
403	1177	Elsa Marisa F Costa	individual	Senior Feminino	02:53:17	+01:26:01	10:12

TRAIL CURTO - STAGE 1

17 KM

OFFICIAL RESULT



LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
404	283	Luis F.Santos	nocturnos de paredes	Veterano M40	02:53:22	+01:26:06	10:12
405	1174	Diana Castro	individual	Senior Feminino	02:53:40	+01:26:24	10:13
406	1425	José Pereira	os pereiras	Veterano M40	02:54:28	+01:27:12	10:16
407	1376	Andrea Vieira	marco trail running	Senior Feminino	02:55:05	+01:27:49	10:18
408	1377	Eunice Coelho	marco trail running	Senior Feminino	02:55:05	+01:27:49	10:18
409	1516	Agostinha Gonçalves	sociedade recreio cepanense	Veterana F40	02:55:48	+01:28:32	10:20
410	1256	Jose Manuel Magalhaes Cardoso	individual	Senior Masculino	02:55:50	+01:28:34	10:21
411	1346	Paulo Jorge Ferreira Sousa	individual	Veterano M40	02:55:50	+01:28:34	10:21
412	1567	Ricardo Bruno Salgueiro	individual	Senior Masculino	02:55:51	+01:28:35	10:21
413	1190	Maria João Pinto Monteiro Alves	individual	Senior Feminino	02:55:52	+01:28:36	10:21
414	1365	Pedro Gonçalves	legion combat	Senior Masculino	02:56:08	+01:28:52	10:22
415	1184	Joana Filipa Almeida	individual	Senior Feminino	02:56:12	+01:28:56	10:22
416	1285	Ricardo Teles	individual	Senior Masculino	02:56:13	+01:28:57	10:22
417	1080	João Lago	cnp	Senior Masculino	02:56:45	+01:29:29	10:24
418	1448	Vitor Teixeira	papa trails	Senior Masculino	02:56:47	+01:29:31	10:24
419	1447	Mónica Magalhães	papa trails	Senior Feminino	02:56:47	+01:29:31	10:24
420	1199	susana almeida	individual	Senior Feminino	02:56:52	+01:29:36	10:24
421	1083	Nelson Gomes	cnp	Senior Masculino	02:56:52	+01:29:36	10:24
422	1191	marisa vieira	individual	Senior Feminino	02:56:54	+01:29:38	10:24
423	1397	Maria Jesus	nocturnos de paredes	Veterana F40	02:57:12	+01:29:56	10:25
424	1501	Rui Silva	s. s. montepio	Veterano M40	02:57:12	+01:29:56	10:25
425	1358	Joana Magalhães	legion combat	Senior Feminino	02:57:15	+01:29:59	10:26
426	1411	Diogo Mota	oficina do corpo	Senior Masculino	02:57:36	+01:30:20	10:27
427	1416	Irene Miranda	oficina do corpo	Veterana F40	02:57:37	+01:30:21	10:27
428	1075	Francisco Artur Ferreira Silva	braguinhas runners	Veterano M40	02:58:09	+01:30:53	10:29
429	1074	Maria Teresa Dias Gomes Silva	braguinhas runners	Veterana F40	02:58:09	+01:30:53	10:29
430	1065	Mariana Oliveira	brabus runners	Senior Feminino	02:58:11	+01:30:55	10:29
431	1424	Samuel Pereira	os pereiras	Senior Masculino	02:58:18	+01:31:02	10:29
432	1138	Rodrigo Ferraz	generosos	Veterano M40	02:59:21	+01:32:05	10:33
433	1336	José Raminho	individual	Veterano M40	02:59:22	+01:32:06	10:33
434	1134	Claudia Coelho	generosos	Senior Feminino	02:59:22	+01:32:06	10:33
435	1170	Cristina Baptista	individual	Senior Feminino	02:59:45	+01:32:29	10:34
436	1233	Flavio andre pereira ferreira	individual	Senior Masculino	03:00:30	+01:33:14	10:37
437	1259	Marco Gomes	individual	Senior Masculino	03:00:47	+01:33:31	10:38
438	1300	Candida Seabra	individual	Veterana F40	03:01:27	+01:34:11	10:40
439	1506	Lucinda Ramos	sociedade recreio cepanense	Senior Feminino	03:03:08	+01:35:52	10:46
440	1240	Henrique Gonçalves	individual	Senior Masculino	03:03:18	+01:36:02	10:47
441	1510	Sofia Miranda	sociedade recreio cepanense	Senior Feminino	03:03:31	+01:36:15	10:48
442	1517	Catarina Freitas	sociedade recreio cepanense	Veterana F40	03:03:33	+01:36:17	10:48
443	1359	Layla Taiwane	legion combat	Senior Feminino	03:03:49	+01:36:33	10:49
444	1363	João Barbosa	legion combat	Senior Masculino	03:05:53	+01:38:37	10:56
445	1193	Marlene Faria	individual	Senior Feminino	03:05:58	+01:38:42	10:56
446	1360	Sofia Alves	legion combat	Senior Feminino	03:06:00	+01:38:44	10:56
447	1357	Isabel Cortez	legion combat	Senior Feminino	03:06:18	+01:39:02	10:58
448	1105	Joana Sofia Silva Pinheiro	ermidafit runners	Senior Feminino	03:07:27	+01:40:11	11:02
449	1155	Ana Catarina Moreira Carneiro	individual	Senior Feminino	03:07:29	+01:40:13	11:02

Trail Curto

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	10:00	-99°C	-99%
End	14:45	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	1154	Adriana Gomes	Individual	Senior Feminino	01:45:58		06:14
2	1379	Inês Moreira	Moinhos Run	Senior Feminino	02:01:24	+15:26	07:08
3	1201	Vera Lúcia Cruz Fernandes	Individual	Senior Feminino	02:02:00	+16:02	07:11
4	79	Andreia Carvalho Cunha	Individual	Senior Feminino	02:02:49	+16:51	07:13
5	1161	andrea cunha	Individual	Senior Feminino	02:05:17	+19:19	07:22
6	1183	Ivone Trigo	Individual	Senior Feminino	02:07:13	+21:15	07:29
7	1504	Cláudia Marinho	SOCIEDADE RECREIO CEPANENSE	Senior Feminino	02:10:44	+24:46	07:41
8	1162	Ariana Araújo	Individual	Senior Feminino	02:13:19	+27:21	07:51
9	1002	Celina Silva	A D ESMERIZ RUNNING	Senior Feminino	02:13:55	+27:57	07:53
10	1050	Cristina Melo	Aventureiros	Senior Feminino	02:14:23	+28:25	07:54
11	1046	susana dias	António	Senior Feminino	02:14:40	+28:42	07:55
12	1539	Vânia Isabel Carvalho Moura	Soulmates Trail Team	Senior Feminino	02:15:09	+29:11	07:57
13	1538	Diana Rosalina Gonçalves Oliveira	Soulmates Trail Team	Senior Feminino	02:16:15	+30:17	08:01
14	1400	Sandra Pereira	Nós Acreditamos	Senior Feminino	02:18:00	+32:02	08:07
15	1197	Sidónia Isabela Martins Henriques	Individual	Senior Feminino	02:18:14	+32:16	08:08
16	1419	Margarida Dos Anjos Soares	Os Gauleses	Senior Feminino	02:19:39	+33:41	08:13
17	1056	Helena Castro	Befitness Runners	Senior Feminino	02:20:15	+34:17	08:15
18	1374	Sara Dantas	M.S.	Senior Feminino	02:20:35	+34:37	08:16
19	1503	Auréli Freitas	SOCIEDADE RECREIO CEPANENSE	Senior Feminino	02:20:37	+34:39	08:16
20	1192	Marlene Alves silva	Individual	Senior Feminino	02:22:38	+36:40	08:23
21	1182	Isabel Fernandes Nogueira	Individual	Senior Feminino	02:25:15	+39:17	08:33
22	1507	Rita Ramos	SOCIEDADE RECREIO CEPANENSE	Senior Feminino	02:25:42	+39:44	08:34
23	1189	Mafalda Luís	Individual	Senior Feminino	02:26:00	+40:02	08:35
24	1186	Joana Moura	Individual	Senior Feminino	02:26:00	+40:02	08:35
25	1157	Ana Ferreira	Individual	Senior Feminino	02:26:00	+40:02	08:35
26	1599	Cláudia Patrícia Moreira	Moinhos Run	Senior Feminino	02:26:07	+40:09	08:36
27	1179	Francisca Alexandra Teixeira de Sousa	Individual	Senior Feminino	02:26:24	+40:26	08:37
28	1173	Delfina Maria Rodrigues Costa	Individual	Senior Feminino	02:27:26	+41:28	08:40
29	1064	Elisabete Pinto	Brabus Runners	Senior Feminino	02:27:29	+41:31	08:41
30	1508	Sandra Costa	SOCIEDADE RECREIO CEPANENSE	Senior Feminino	02:27:43	+41:45	08:41
31	1389	Irina Oliveira	NOCTURNOS DE PAREDES	Senior Feminino	02:28:01	+42:03	08:42
32	1033	Filipa Pereira Alves	All About	Senior Feminino	02:28:56	+42:58	08:46
33	1165	Carla Alves	Individual	Senior Feminino	02:30:08	+44:10	08:50
34	1387	Carina Moreira	NOCTURNOS DE PAREDES	Senior Feminino	02:30:19	+44:21	08:51
35	1371	Andreia Araújo Carvalho	Limitless	Senior Feminino	02:30:22	+44:24	08:51
36	1001	ANA SILVA	A D ESMERIZ RUNNING	Senior Feminino	02:30:29	+44:31	08:51
37	1195	Patrícia Soares	Individual	Senior Feminino	02:30:54	+44:56	08:53

Official Timekeeper: Lap2Go	1 / 12	generate 17-Mar-2016 13:51
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Trail Curto

17 KM

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REVISEDLAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT

38	1185	Joana Gonçalves	Individual	Senior Feminino	02:30:59	+45:01	08:53
39	1450	Marisa Sousa	Pes de chumbo	Senior Feminino	02:31:10	+45:12	08:54
40	1558	Fátima Araújo	Wild Bears	Senior Feminino	02:31:24	+45:26	08:54
41	78	Ana Torres	Individual	Senior Feminino	02:32:48	+46:50	08:59
42	1175	Elda Lopes	Individual	Senior Feminino	02:33:30	+47:32	09:02
43	1027	Ana Soraia Freitas Sousa	ADCCJCLARK	Senior Feminino	02:33:54	+47:56	09:03
44	1014	Ana Isabel Abreu Mendonça	A.D.Amarante trail running	Senior Feminino	02:35:55	+49:57	09:10
45	1167	Carla Lopes	Individual	Senior Feminino	02:36:15	+50:17	09:11
46	1166	Carla Fernandes	Individual	Senior Feminino	02:37:06	+51:08	09:14
47	1007	Ana Soares	A voar	Senior Feminino	02:37:18	+51:20	09:15
48	1010	Helena Gonçalves	A.C.S.D. de Pedraído	Senior Feminino	02:37:29	+51:31	09:16
49	1172	Daniela Queirós	Individual	Senior Feminino	02:39:12	+53:14	09:22
50	1169	Catarina Ribeiro	Individual	Senior Feminino	02:39:12	+53:14	09:22
51	1008	Paula Carneiro	A voar	Senior Feminino	02:39:47	+53:49	09:24
52	1202	Vera Pires	Individual	Senior Feminino	02:39:54	+53:56	09:24
53	1168	Carmo Ferreira	Individual	Senior Feminino	02:40:08	+54:10	09:25
54	1446	Mafalda Alves	PAPA TRAILS	Senior Feminino	02:40:19	+54:21	09:26
55	1200	Susana Lima	Individual	Senior Feminino	02:40:49	+54:51	09:28
56	1072	Vera Fernandes	BRAGUINHAS RUNNERS	Senior Feminino	02:40:57	+54:59	09:28
57	1071	Elisabete Costa	BRAGUINHAS RUNNERS	Senior Feminino	02:40:58	+55:00	09:28
58	1178	Ema Guerra	Individual	Senior Feminino	02:43:05	+57:07	09:36
59	1156	Ana Catarina Moreira Carneiro	Individual	Senior Feminino	02:45:23	+59:25	09:44
60	1106	Liliana Alves	ERMIDAFIT Runners	Senior Feminino	02:45:23	+59:25	09:44
61	1490	Catia Sequeira	S. S. Montepio	Senior Feminino	02:46:03	+01:00:05	09:46
62	1509	Sandrine Freitas	SOCIEDADE RECREIO CEPANENSE	Senior Feminino	02:46:15	+01:00:17	09:47
63	1505	Daniela Miranda	SOCIEDADE RECREIO CEPANENSE	Senior Feminino	02:46:15	+01:00:17	09:47
64	1009	Andrea Ribeiro	A.C.S.D. de Pedraído	Senior Feminino	02:48:28	+01:02:30	09:55
65	1445	Estela Oliveira	PAPA TRAILS	Senior Feminino	02:48:53	+01:02:55	09:56
66	1187	Juliana Filipa Rocha Costa	Individual	Senior Feminino	02:48:54	+01:02:56	09:56
67	85	Leonor Tato	Individual	Senior Feminino	02:49:20	+01:03:22	09:58
68	1549	Carla Silva	UDARQUINCHÃES	Senior Feminino	02:49:32	+01:03:34	09:58
69	1121	ISABEL SOFIA	FAMILIA PEREIRA	Senior Feminino	02:49:36	+01:03:38	09:59
70	1545	Marlene Rodrigues	Thunder Team	Senior Feminino	02:51:16	+01:05:18	10:04
71	1015	Elke Kaat Nele D'Haeyer	A.D.Amarante trail running	Senior Feminino	02:51:23	+01:05:25	10:05
72	1181	Hélia Pimenta Dias	Individual	Senior Feminino	02:52:00	+01:06:02	10:07
73	1063	Ângela Fernandes	Brabus Runners	Senior Feminino	02:52:06	+01:06:08	10:07
74	1198	Sílvia Faria	Individual	Senior Feminino	02:52:13	+01:06:15	10:08
75	1135	Cristiana Coelho	GENEROSOS	Senior Feminino	02:52:30	+01:06:32	10:09
76	1177	Elsa Marisa F Costa	Individual	Senior Feminino	02:53:17	+01:07:19	10:12
77	1174	Diana Castro	Individual	Senior Feminino	02:53:40	+01:07:42	10:13
78	1376	Andrea Vieira	Marco Trail Running	Senior Feminino	02:55:05	+01:09:07	10:18
79	1377	Eunice Coelho	Marco Trail Running	Senior Feminino	02:55:05	+01:09:07	10:18
80	1190	Maria João Pinto Monteiro Alves	Individual	Senior Feminino	02:55:52	+01:09:54	10:21
81	1184	Joana Filipa Almeida	Individual	Senior Feminino	02:56:12	+01:10:14	10:22
82	1447	Mónica Magalhães	PAPA TRAILS	Senior Feminino	02:56:47	+01:10:49	10:24

Official Timekeeper: Lap2Go	2 / 12	generate 17-Mar-2016 13:51
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Trail Curto

17 KM

OFFICIAL RESULT

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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10	1029	Hélder Pereira Borges	AFIPRE Team	Senior Masculino	01:41:31	+12:23	05:58
11	1077	Ruben Barbosa	CAAC	Senior Masculino	01:41:39	+12:31	05:59
12	1422	Filipe Pinto	Os Lobos do Saibro	Senior Masculino	01:41:54	+12:46	06:00
13	1153	Bruno Lemos	IAT Imobiliária	Senior Masculino	01:42:51	+13:43	06:03
14	1246	João Marcelo Fernandes Costa	Individual	Senior Masculino	01:43:29	+14:21	06:05
15	1230	Fernando Jorge da Costa Pereira	Individual	Senior Masculino	01:44:43	+15:35	06:10
16	1260	Marco Silva	Individual	Senior Masculino	01:48:12	+19:04	06:22
17	1011	Henrique Ferreira	A.C.S.D. de Pedraído	Senior Masculino	01:48:34	+19:26	06:23
18	1215	Carlos Jorge Silva Ferreira	Individual	Senior Masculino	01:48:40	+19:32	06:24
19	1295	Vitor Hugo Ribeiro Gonçalves	Individual	Senior Masculino	01:49:22	+20:14	06:26
20	1293	Vitor cruz	Individual	Senior Masculino	01:49:23	+20:15	06:26
21	1584	Atleta Sem Nome	NOCTURNOS DE PAREDES	Senior Masculino	01:49:44	+20:36	06:27
22	1210	bruno andret ribeiro da silva	Individual	Senior Masculino	01:49:48	+20:40	06:28
23	1261	Mário Gonçalves	NOCTURNOS DE PAREDES	Senior Masculino	01:49:55	+20:47	06:28
24	1147	Sérgio Macieira	GUIMARUNNING MOSCADA	Senior Masculino	01:51:06	+21:58	06:32
25	1146	Rafael Freitas	GUIMARUNNING MOSCADA	Senior Masculino	01:51:07	+21:59	06:32
26	1110	Sérgio Miguel santos pereira	ERMIDAFIT Runners	Senior Masculino	01:52:45	+23:37	06:38
27	1284	Ricardo Morais da Costa Nogueira	Individual	Senior Masculino	01:54:03	+24:55	06:43
28	1100	Ricardo Costa	Corrida da Primavera	Senior Masculino	01:54:04	+24:56	06:43
29	1090	Cristiano Moreira	Corrida da Primavera	Senior Masculino	01:54:05	+24:57	06:43
30	1017	Hugo Ângelo Ferraz Duarte	A.D.Amarante trail running	Senior Masculino	01:54:39	+25:31	06:45
31	1030	Rúben Henrique Cardoso Borges	AFIPRE Team	Senior Masculino	01:55:45	+26:37	06:49
32	1203	Amílcar Manuel Antunes Barbosa	Individual	Senior Masculino	01:55:58	+26:50	06:49
33	1118	Daniel Vieira	FAMA RUNNERS	Senior Masculino	01:56:09	+27:01	06:50
34	1225	Davide Freitas	Individual	Senior Masculino	01:56:13	+27:05	06:50
35	1471	Miguel Antunes	PuppyCat Team	Senior Masculino	01:57:23	+28:15	06:54
36	1213	carlos barbosa	Individual	Senior Masculino	01:57:37	+28:29	06:55
37	1152	Samuel José Carvalho Silva	GYM PURA FORMA LIXA	Senior Masculino	01:57:59	+28:51	06:56
38	1081	Luís Sousa	CNP	Senior Masculino	01:58:22	+29:14	06:58
39	1373	Rui Guedes	Limitless	Senior Masculino	01:58:37	+29:29	06:59
40	1252	José Ricardo Sousa Brás	Individual	Senior Masculino	01:59:18	+30:10	07:01
41	1091	Diogo Mendes	Corrida da Primavera	Senior Masculino	01:59:24	+30:16	07:01
42	1035	Duarte Ricardo	AMA - Mondim Atletismo	Senior Masculino	01:59:39	+30:31	07:02
43	1235	Frederico Ribeiro Almeida	Individual	Senior Masculino	01:59:42	+30:34	07:02
44	1268	óscar nuno silva lemos	Individual	Senior Masculino	02:01:18	+32:10	07:08
45	1555	Carlos Manuel Abrunhosa Borges	vimarunners	Senior Masculino	02:01:35	+32:27	07:09
46	1223	Damião Duarte	Individual	Senior Masculino	02:02:08	+33:00	07:11
47	1270	Paulo Lopes	Individual	Senior Masculino	02:02:12	+33:04	07:11
48	1245	João Filipe Meneses Espinheira Rio	Individual	Senior Masculino	02:02:32	+33:24	07:12
49	1238	Helder M C A Magalhães	Individual	Senior Masculino	02:03:18	+34:10	07:15
50	1217	Carlos pinheiro	Individual	Senior Masculino	02:03:37	+34:29	07:16
51	1401	Fábio Silva	Nós Acreditamos	Senior Masculino	02:03:38	+34:30	07:16
52	1214	Carlos Jorge Silva Ferreira	Individual	Senior Masculino	02:03:42	+34:34	07:17
53	1098	Paulo Jorge Oliveira Freitas	Corrida da Primavera	Senior Masculino	02:03:44	+34:36	07:17
54	1101	Tiago André Vaz	Corrida da Primavera	Senior Masculino	02:03:44	+34:36	07:17
55	1271	Paulo Ricardo Pereira Teixeira	Individual	Senior Masculino	02:03:47	+34:39	07:17

