Corrida Urbana Terras de Santa Maria da Feira

Santa Maria da Feira

09-julho-2016

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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	Time	Temperature	Humidity
Start	21:30	25ºC	54%
End	23:30	25ºC	54%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	702	Vitor oliveira	maia ac criobaby	Senior Masculino	32:13		03:13
2	308	Artur Rodrigues	g.d.c. de guilhovai	Veterano M40	32:14	+00:01	03:13
3	564	Vítor Santos	individual	Senior Masculino	35:01	+02:48	03:30
4	302	paulo jorge soares pereira	g.d.c. de guilhovai	Senior Masculino	35:02	+02:48	03:30
5	338	sérgio rodrigues	grecas	Senior Masculino	35:11	+02:58	03:31
6	337	ricardo silva	grecas	Senior Masculino	37:08	+04:54	03:43
7	22	Mário Teixeira	a.r.casaense/escola de atletismo de coimbra	Veterano M40	37:10	+04:56	03:43
8	812	Tozé Castro	peraltafil runing	Senior Masculino	37:14	+05:00	03:43
9	298	António cristovao	g.d.c. de guilhovai	Senior Masculino	38:47	+06:34	03:53
10	292	PEDRO SANTOS	fugitivos urbanos	Veterano M40	38:50	+06:37	03:53
11	748	Luis Silva	núcleo de atletismo de cucujães	Senior Masculino	38:51	+06:37	03:53
12	605	Francelino Resende	individual	Veterano M40	38:53	+06:40	03:53
13	311	José Silva	núcleo de atletismo de cucujães	Veterano M40	39:00	+06:47	03:54
14	306	Alexandre Santos	g.d.c. de guilhovai	Veterano M40	39:02	+06:48	03:54
15	938	FÁBIO FERNANDES CORREIA	trail running clube btt sanguedo	Senior Masculino	41:01	+08:47	04:06
16	20	Márcio Pereira	a.r.casaense/escola de atletismo de coimbra	Senior Masculino	41:01	+08:47	04:06
17	453	David Ferreira	individual	Senior Masculino	41:02	+08:48	04:06
18	44	Carlos Sousa	adcc j clark - castelo de paiva	Senior Masculino	41:04	+08:51	04:06
19	848	Orlando Artur Valente	piscinas municipais de santa maria da feira	Veterano M40	41:18	+09:04	04:08
20	537	Ricardo Areias	not run alone	Senior Masculino	41:25	+09:12	04:09
21	774	Paulo Alexandre Santos Resende	os fumos	Veterano M40	41:39	+09:25	04:10
22	171	TOZÉ AMORIM	caldas s. jorge sport club	Veterano M40	41:40	+09:26	04:10
23	259	Alexandre Saraiva	feel free	Senior Masculino	41:41	+09:27	04:10
24	205	Ivan Silva	corridaurbana.com	Senior Masculino	41:43	+09:29	04:10
25	508	Miguel Angelo Pereira Valente	individual	Senior Masculino	41:44	+09:31	04:10
26	940	HUGO DANIEL FERNANDES DA SILVA	trail running clube btt sanguedo	Senior Masculino	41:45	+09:31	04:11
27	45	Marcelo Araujo	adcc j clark - castelo de paiva	Senior Masculino	41:46	+09:33	04:11
28	157	AUGUSTO ALUAI	cal - clube atletismo de lamas	Veterano M40	41:48	+09:35	04:11
29	141	António Silva	bosch termotecnologia sa	Senior Masculino	41:50	+09:37	04:11
30	661	FERNANDO SACRAMENTO	individual	Veterano M50	41:51	+09:37	04:11
31	233	PAULO PINTO	energia ginásio	Senior Masculino	41:52	+09:38	04:11
32	159	FILIPE FONTES	cal - clube atletismo de lamas	Veterano M40	41:52	+09:39	04:11
33	169	DAVID LEITE	caldas s. jorge sport club	Veterano M40	41:53	+09:39	04:11
34	669	José Soares Correia	individual	Veterano M50	41:55	+09:41	04:12
35	918	Joel Eduardo Baptista Peixoto	superrunners	Senior Masculino	42:06	+09:52	04:13
36	987	Nuno Faria	adcc j clark - castelo de paiva	Senior Masculino	42:06	+09:52	04:13
37	359	Ricardo moreira	grupo de corrida de argoncilhe	Senior Masculino	42:07	+09:53	04:13
38	68	Marco Silva	all about sport events	Veterano M40	42:10	+09:56	04:13
39	61	Filipe Sousa	all about sport events	Senior Masculino	42:10	+09:56	04:13
40	432	André Almeida	individual	Senior Masculino	42:11	+09:57	04:13

PROVA PRINCIPAL - STAGE 1 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	252	Pedro Pinto	família carneiro	Senior Masculino	42:13	+09:59	04:13
42	98	Nuno Miguel Marques da Silva Vaz	azeméis runners	Senior Masculino	42:14	+10:00	04:13
43	745	Pedro Barbosa	not run alone	Senior Masculino	42:14	+10:01	04:13
44	546	Rui Dias Oliveira	individual	Senior Masculino	42:19	+10:06	04:14
45	443	Bruno Miguel Oliveira Queirós	individual	Senior Masculino	42:31	+10:18	04:15
46	187	Jorge Silva	centro municipal de marcha e corrida de vale de cambra	Veterano M40	42:31	+10:18	04:15
47	481	José Alvarado	individual	Senior Masculino	42:36	+10:22	04:16
48	31	MIGUEL MAGALHÃES	acrde	Veterano M40	42:38	+10:25	04:16
49	810	Helder Robalo	peraltafil runing	Senior Masculino	43:37	+11:24	04:22
50	309	Joao Barbosa	g.d.c. de guilhovai	Veterano M40	43:37	+11:24	04:22
51	458	Fábio Miguel da Silva pinho	individual	Senior Masculino	44:31	+12:18	04:27
52	128	Leandro Neves	body & zen salão manos running	Senior Masculino	44:32	+12:18	04:27
53	79	Antonio Fernandes	amigos de grijo	Veterano M50	44:32	+12:18	04:27
54	32	PAULO SANTOS	acrde	Veterano M40	44:35	+12:22	04:28
55	196	José Sousa	clube desportivo feirense	Veterano M40	44:38	+12:24	04:28
56	752	Victor Correia	núcleo de atletismo de cucujães	Veterano M40	44:40	+12:27	04:28
57	784	Sérgio Correia	ozxtreme/gdcr/candongasbike	Senior Masculino	44:42	+12:28	04:28
58	492	Leandro Costa	individual	Senior Masculino	44:44	+12:30	04:28
59	671	Manuel Oliveira	individual	Veterano M50	44:44	+12:30	04:28
60	555	Tiago Carvalho	individual	Senior Masculino	44:46	+12:32	04:29
61	746	José Lopes	not run alone	Veterano M40	44:46	+12:32	04:29
62	167	ALBERTO NEVES	caldas s. jorge sport club	Veterano M40	44:46	+12:33	04:29
63	559	Vasco Rafael Gomes Prata	individual	Senior Masculino	44:48	+12:34	04:29
64	173	JOSÉ SILVA	caldas s. jorge sport club	Veterano M50	44:49	+12:36	04:29
65	46	JOSE NETO	adec-ms- ass.desp.cult.macieira de sarnes	Veterano M40	44:51	+12:38	04:29
66	871	Jose Oliveira	ria saude team run	Senior Masculino	44:51	+12:38	04:29
67	750	António Araújo	núcleo de atletismo de cucujães	Veterano M40	44:53	+12:40	04:29
68	882	Bruno Pinho	run2eat	Senior Masculino	44:54	+12:41	04:29
69	514	Nelson Silva	individual	Senior Masculino	44:55	+12:41	04:30
70	606	Francisco Tavares	individual	Veterano M40	44:56	+12:43	04:30
71	202	Mário Carvalho	clube os 5 a hora	Veterano M50	44:57	+12:43	04:30
72	587	Adelino Almeida	individual	Veterano M40	45:02	+12:49	04:30
73	87	Paulo Grilo	arcorun	Veterano M40	45:04	+12:50	04:30
74	29	António Paiva Santos	abc	Senior Masculino	45:05	+12:51	04:31
75	376	RUI MIGUEL DA SILVA TEIXEIRA	hst car	Senior Masculino	45:09	+12:56	04:31
76	271	Ricardo Oliveira	florista márcia graça	Senior Masculino	45:16	+13:03	04:32
77	269	César Costa	florista márcia graça	Senior Masculino	45:17	+13:04	04:32
78	782	David Felizardo	ozxtreme/gdcr/candongasbike	Senior Masculino	45:18	+13:04	04:32
79	796	Nelson Oliveira	papa-léguas	Senior Masculino	45:20	+13:06	04:32
80	692	Jorge Fernando Silva Marques Coelho	juventude cortegacense	Veterano M40	45:22	+13:09	04:32
81	366	Carlos Ferreira	grupo de corrida de argoncilhe	Veterano M40	45:29	+13:15	04:33
82	703	Carlos Fonseca	mancos	Senior Masculino	45:34	+13:20	04:33
83	760	Ricardo Correia	o regresso dos que nunca foram	Senior Masculino	45:38	+13:25	04:34
84	645	Sérgio Lourenço	individual	Veterano M40	45:42	+13:29	04:34
85	452	Danny Mateus	individual	Senior Masculino	45:48	+13:35	04:35

PROVA PRINCIPAL - STAGE 1 10 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
86	490	Josué Alberto França Moreira	individual	Senior Masculino	45:49	+13:36	04:35
87	197	António Castro	clube desportivo feirense	Veterano M50	45:54	+13:40	04:35
88	521	Nuno Miguel Araújo Pereira	individual	Senior Masculino	46:08	+13:54	04:37
89	945	MANUEL ALMEIDA CORREIA BASTOS	trail running clube btt sanguedo	Veterano M40	46:11	+13:58	04:37
90	601	Clemente Teixeira	individual	Veterano M40	46:12	+13:58	04:37
91	641	roberto carlos gomes silva	individual	Veterano M40	46:12	+13:59	04:37
92	301	Miguel Santos	g.d.c. de guilhovai	Senior Masculino	46:13	+13:59	04:37
93	162	ANTÓNIO NEVES	caldas s. jorge sport club	Senior Masculino	46:16	+14:03	04:38
94	946	RICHARD NOGUEIRA	trail running clube btt sanguedo	Veterano M40	46:17	+14:04	04:38
95	358	Nuno Pereira	grupo de corrida de argoncilhe	Senior Masculino	46:19	+14:05	04:38
96	751	José Correia	núcleo de atletismo de cucujães	Veterano M40	46:22	+14:08	04:38
97	624	Marco Neves	individual	Veterano M40	46:22	+14:09	04:38
98	399	Daniela Gregório	individual	Senior Feminino	46:29	+14:16	04:39
99	11	Andre Saraiva	5 ways 2 run	Senior Masculino	46:36	+14:22	04:40
100	14	Xavier Pinho	5 ways 2 run	Senior Masculino	46:36	+14:23	04:40
101	872	Luis Amaral	ria saude team run	Veterano M40	46:39	+14:26	04:40
102	263	Marco Peixoto	feel free	Senior Masculino	46:42	+14:28	04:40
103	163	Bruno Vidinha	caldas s. jorge sport club	Senior Masculino	46:42	+14:29	04:40
104	48	Noel Valadao	adm-orimondego	Senior Masculino	46:44	+14:31	04:40
105	266	António Nunes	feel free	Veterano M40	46:47	+14:33	04:41
106	798	Ricardo Oliveira	papa-léguas	Senior Masculino	46:51	+14:37	04:41
107	473	João Gomes	individual	Senior Masculino	46:55	+14:41	04:42
108	380	João Gonçalves	ilimitados	Veterano M40	47:12	+14:59	04:43
109	892	Manuel Teixeira	run2eat	Veterano M40	47:18	+15:04	04:44
110	589	António José da Cunha Lourenço	individual	Veterano M40	47:18	+15:04	04:44
111	248	PEDRO FERREIRA	factor x / s4l / medense fc	Veterano M40	47:18	+15:04	04:44
112	542	Ricardo Moreira	individual	Senior Masculino	47:33	+15:19	04:45
113	21	André Fernandes	a.r.casaense/escola de atletismo de coimbra	Veterano M40	47:35	+15:22	04:46
114	13	Vitor Saraiva	5 ways 2 run	Senior Masculino	47:36	+15:23	04:46
115	108	Edivaldo Maciel	beira mar atletismo	Senior Masculino	47:40	+15:27	04:46
116	686	Tiago Sousa Manarte	juventude cortegacense	Senior Masculino	47:41	+15:28	04:46
117	819	Miguel de Oliveira Almeida	physicus	Veterano M40	47:42	+15:29	04:46
118	818	Marco António Alves Miranda	physicus	Senior Masculino	47:42	+15:29	04:46
119	937	ANDRÉ SOUSA	trail running clube btt sanguedo	Senior Masculino	47:46	+15:32	04:47
120	623	Manuel Adriano Pires Mortágua	individual	Veterano M40	47:48	+15:35	04:47
121	368	Paulo Marques	grupo de corrida de argoncilhe	Veterano M40	47:49	+15:36	04:47
122	28	MANUEL GOMES	a.r.de negrelos	Veterano M50	47:51	+15:37	04:47
123	378	Artur Oliveira	ilimitados	Senior Masculino	47:55	+15:42	04:48
124	49	Pedro Leal	afis/ovar	Senior Masculino	47:56	+15:42	04:48
125	809	Fernando Gomes	peraltafil runing	Senior Masculino	47:56	+15:43	04:48
126	783	Pedro Isabel	ozxtreme/gdcr/candongasbike	Senior Masculino	47:57	+15:43	04:48
127	615	José Pedro Conde Pinto da Silva	individual	Veterano M40	47:59	+15:46	04:48
128	691	Joao Paulo Costa Oliveira	juventude cortegacense	Veterano M40	48:02	+15:49	04:48
129	629	PAULO BARBOSA	not run alone	Veterano M40	48:03	+15:50	04:48

PROVA PRINCIPAL - STAGE 1 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
130	24	Nuno Cortesão	a.r.casaense/escola de atletismo de coimbra	Veterano M40	48:04	+15:50	04:48
131	25	DAVID ALMEIDA	a.r.de negrelos	Senior Masculino	48:04	+15:51	04:48
132	611	Jorge Bruno Coelho Mota	individual	Veterano M40	48:05	+15:52	04:49
133	270	Helder Nogueira	florista márcia graça	Senior Masculino	48:06	+15:53	04:49
134	27	LUIS MARTINS	a.r.de negrelos	Veterano M50	48:07	+15:53	04:49
135	317	Norberto Oliveira	g.d.c. de guilhovai	Veterano M50	48:08	+15:54	04:49
136	165	Ricardo Rodrigues	caldas s. jorge sport club	Senior Masculino	48:08	+15:54	04:49
137	523	Nuno Santos	individual	Senior Masculino	48:08	+15:55	04:49
138	690	Ernesto Marques Alves	juventude cortegacense	Veterano M40	48:09	+15:55	04:49
139	655	Augusto José Correia Rachão	individual	Veterano M50	48:10	+15:57	04:49
140	193	Nelson Silva	centro municipal de marcha e corrida de vale de cambra	Veterano M50	48:11	+15:58	04:49
141	70	Rui Rocha	all about sport events	Veterano M40	48:14	+16:01	04:49
142	166	VITOR HUGO	caldas s. jorge sport club	Senior Masculino	48:15	+16:02	04:50
143	172	VITOR MARQUES	caldas s. jorge sport club	Veterano M40	48:15	+16:02	04:50
144	496	Luis Filipe Rocha	individual	Senior Masculino	48:17	+16:04	04:50
145	379	João Oliveira	ilimitados	Senior Masculino	48:19	+16:05	04:50
146	310	joao manuel soares pereira	g.d.c. de guilhovai	Veterano M40	48:19	+16:05	04:50
147	240	ANTONIO SILVA	energia ginásio	Veterano M50	48:19	+16:05	04:50
148	749	António Alves	núcleo de atletismo de cucujães	Veterano M40	48:19	+16:06	04:50
149	231	CARLOS VIEIRA	energia ginásio	Senior Masculino	48:24	+16:11	04:50
150	300	gersão machado	g.d.c. de guilhovai	Senior Masculino	48:25	+16:12	04:51
151	497	MACARIO SALCIDO JIMENEZ	individual	Senior Masculino	48:26	+16:12	04:51
152	234	PEDRO PINTO	energia ginásio	Senior Masculino	48:32	+16:18	04:51
153	529	Paulo Oliveira	individual	Senior Masculino	48:32	+16:19	04:51
154	222	Luis Tavares	é preciso é insistir e nunca desistir!!!	Senior Masculino	48:33	+16:20	04:51
155	603	Diamantino Jorge Valquaresma	individual	Veterano M40	48:39	+16:26	04:52
156	365	Antonio Silva	grupo de corrida de argoncilhe	Veterano M40	48:43	+16:29	04:52
157	594	Antonio Matias	individual	Veterano M40	48:43	+16:29	04:52
158	883	Daniel Rodrigues	run2eat	Senior Masculino	48:43	+16:30	04:52
159	40	José Manuel Teixeira Vieira	acrorunners	Veterano M40	48:46	+16:32	04:53
160	676	MATILDE BAPTISTA	jam - juventude atlética mozelense	Veterana F40	48:47	+16:33	04:53
161	622	Luiz Francisco	individual	Veterano M40	48:47	+16:34	04:53
162	971	Ivo Moura	villa de basto	Senior Masculino	48:48	+16:35	04:53
163	307	António Santos	g.d.c. de guilhovai	Veterano M40	48:52	+16:38	04:53
164	793	José Rodrigues	pajory	Veterano M40	49:02	+16:49	04:54
165	833	Nuno Antonio Gomes dos Santos	piscinas municipais de santa maria da feira	Senior Masculino	49:03	+16:49	04:54
166	982	Michalak Philippe	inscrições finais	Veterano M50	49:05	+16:52	04:55
167	506	Mario Baptista	individual	Senior Masculino	49:07	+16:53	04:55
168	314	Fernando Ferreira	g.d.c. de guilhovai	Veterano M50	49:09	+16:56	04:55
169	985	Antonio Pinto	individual	Veterano M40	49:11	+16:58	04:55
170	528	Paulo Fidalgo	individual	Senior Masculino	49:30	+17:17	04:57
171	377	JOSE PAULO DA SILVA GOMES	hst car	Veterano M40	49:31	+17:18	04:57
172	619	Luis Gomes	individual	Veterano M40	49:36	+17:22	04:58
173	527	Paulo Domingos Mota pinho	individual	Senior Masculino	49:42	+17:29	04:58
174	797	Ricardo Mendes	papa-léguas	Senior Masculino	50:01	+17:47	05:00

PROVA PRINCIPAL - STAGE 1 10 KM

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OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
175	610	Jorge Augusto Oliveira Guerra	individual	Veterano M40	50:04	+17:51	05:00
176	916	Dario Ferreira Teixeira	speed	Senior Masculino	50:05	+17:52	05:01
177	649	Vitor Rente	individual	Veterano M40	50:05	+17:52	05:01
178	361	Tiago oliveira	grupo de corrida de argoncilhe	Senior Masculino	50:09	+17:55	05:01
179	463	Frederico Ribeiro Picarote Paulino	individual	Senior Masculino	50:11	+17:58	05:01
180	78	Filipe Moura	amigos das sapatilhas	Veterano M40	50:14	+18:01	05:01
181	543	Ricardo Oliveira	individual	Senior Masculino	50:15	+18:02	05:02
182	491	Juliano Silva	individual	Senior Masculino	50:16	+18:02	05:02
183	145	Rui Pereira	bosch termotecnologia sa	Veterano M40	50:17	+18:03	05:02
184	42	Fernanda Oliveira	adcc j clark - castelo de paiva	Senior Feminino	50:18	+18:05	05:02
185	164	RICARDO FERRÃO	caldas s. jorge sport club	Senior Masculino	50:19	+18:06	05:02
186	168	ANTÓNIO CONCEIÇÃO	caldas s. jorge sport club	Veterano M40	50:22	+18:09	05:02
187	188	Paulo Martins	centro municipal de marcha e corrida de vale de cambra	Veterano M40	50:23	+18:09	05:02
188	275	Filipe Sá Coelho	fogaças com malapos	Senior Masculino	50:23	+18:10	05:02
189	446	Carlos Eduardo Almeida	individual	Senior Masculino	50:25	+18:12	05:03
190	637	Raul Silva	individual	Veterano M40	50:29	+18:15	05:03
191	170	MARTINHO SANTOS	caldas s. jorge sport club	Veterano M40	50:29	+18:15	05:03
192	445	Carlos André Queirós Madureira	individual	Senior Masculino	50:29	+18:16	05:03
193	436	André Filipe Ruge Padrão	individual	Senior Masculino	50:30	+18:16	05:03
194	849	José Joaquim Tavares Ruge	piscinas municipais de santa maria da feira	Veterano M50	50:30	+18:16	05:03
195	178	Daniel Bastos	centro municipal de marcha e corrida de vale de cambra	Senior Masculino	50:30	+18:17	05:03
196	741	Fernando Bastos	no stop team	Veterano M40	50:31	+18:17	05:03
197	646	sérgio pinto almeida	individual	Veterano M40	50:31	+18:18	05:03
198	281	Ricardo Teixeira	fogaças com malapos	Senior Masculino	50:34	+18:20	05:03
199	607	helder silva	individual	Veterano M40	50:36	+18:22	05:04
200	431	Aires Tavares Oliveira	individual	Senior Masculino	50:38	+18:25	05:04
201	742	José Correia	no stop team	Veterano M40	50:41	+18:27	05:04
202	972	Miguel Lemos	villa de basto	Senior Masculino	50:42	+18:28	05:04
203	239	ADRIANO MATIAS	energia ginásio	Veterano M50	50:43	+18:30	05:04
204	905	Luís Peixoto	savate-maia	Veterano M40	50:43	+18:30	05:04
205	235	RICARDO LOPES	energia ginásio	Senior Masculino	50:44	+18:31	05:04
206	951	José Jorge	turtles	Senior Masculino	50:45	+18:32	05:05
207	950	Lora Pereira	turtles	Senior Feminino	50:46	+18:33	05:05
208	134	Manuel Couto	body & zen salão manos running	Veterano M50	50:46	+18:33	05:05
209	142	Bruno Silva	bosch termotecnologia sa	Senior Masculino	50:47	+18:33	05:05
210	262	Márcio Pereira	feel free	Senior Masculino	50:47	+18:33	05:05
211	480	Jorge Santos	individual	Senior Masculino	50:47	+18:34	05:05
212	284	Joaquim Silva	fogaças com malapos	Veterano M50	50:47	+18:34	05:05
213	195	Jorge Gonçalves	clube desportivo feirense	Veterano M40	50:49	+18:36	05:05
214	198	Serafim Ramos	clube do pessoal edp - porto	Veterano M50	50:50	+18:36	05:05
215	811	Luis Guimarães	peraltafil runing	Senior Masculino	50:50	+18:37	05:05
216	194	Alberto rodrigues	clube desportivo feirense	Senior Masculino	50:50	+18:37	05:05
217	343	Rui Rocha	grunil	Senior Masculino	50:51	+18:38	05:05
218	347	Eduardo Ferreira	grunil	Veterano M40	50:52	+18:38	05:05
219	596	Bruno Cardoso Araujo	individual	Veterano M40	50:55	+18:41	05:06

PROVA PRINCIPAL - STAGE 1 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
220	362	Vasco Neves	grupo de corrida de argoncilhe	Senior Masculino	50:56	+18:43	05:06
221	768	João Costa	os botiga	Senior Masculino	50:56	+18:43	05:06
222	949	Pedro Soares	trapaceiros	Senior Masculino	50:56	+18:43	05:06
223	747	Susana Ribeiro	núcleo de atletismo de cucujães	Senior Feminino	50:57	+18:43	05:06
224	845	Luis Miguel Reis Oliveira	piscinas municipais de santa maria da feira	Veterano M40	51:00	+18:46	05:06
225	278	Pedro Pereira	fogaças com malapos	Senior Masculino	51:01	+18:47	05:06
226	83	Manuel Ferreira	amigos divertidos	Veterano M50	51:02	+18:48	05:06
227	505	Marco Andre Mota Oliveira	individual	Senior Masculino	51:04	+18:51	05:06
228	185	Susana Leite	centro municipal de marcha e corrida de vale de cambra	Veterana F40	51:05	+18:52	05:07
229	663	Gil da Costa	individual	Veterano M50	51:06	+18:53	05:07
230	161	LUCIDIO DIAS	cal - clube atletismo de lamas	Veterano M50	51:09	+18:55	05:07
231	554	Simão Cardoso	individual	Senior Masculino	51:11	+18:58	05:07
232	23	Mário Vaz	a.r.casaense/escola de atletismo de coimbra	Veterano M40	51:12	+18:58	05:07
233	312	Manuel Ferreira	g.d.c. de guilhovai	Veterano M40	51:13	+18:59	05:07
234	515	Nuno Alexandre Santos	individual	Senior Masculino	51:13	+18:59	05:07
235	958	GERMANO ALMEIDA FERREIRA NADAIS	valecambrenses	Veterano M50	51:15	+19:01	05:08
236	553	Silverio Emiliano Amorim Santos	individual	Senior Masculino	51:16	+19:03	05:08
237	813	Paulo Mota	peraltafil runing	Veterano M40	51:17	+19:03	05:08
238	440	Bruno Andret Ribeiro da Silva	individual	Senior Masculino	51:17	+19:03	05:08
239	530	paulo reis	individual	Senior Masculino	51:17	+19:04	05:08
240	808	Celso Silva	peraltafil runing	Senior Masculino	51:17	+19:04	05:08
241	15	André Martins	a. d. amarante	Senior Masculino	51:17	+19:04	05:08
242	947	VITOR SANTOS	trail running clube btt sanguedo	Veterano M40	51:17	+19:04	05:08
243	50	Américo Oliveira	afis/ovar	Veterano M40	51:18	+19:04	05:08
244	33	JOSÉ SILVA	acrde	Veterano M50	51:20	+19:07	05:08
245	815	Leonel Silva	peraltafil runing	Veterano M50	51:22	+19:09	05:08
246	295	carla alexandra fernandes de sousa	g.d.c. de guilhovai	Senior Feminino	51:23	+19:10	05:08
247	99	Rui Alexandre Almeida da Silva	azeméis runners	Senior Masculino	51:24	+19:10	05:08
248	759	Lucas Leitão	o regresso dos que nunca foram	Senior Masculino	51:24	+19:11	05:08
249	519	Nuno Leite	individual	Senior Masculino	51:26	+19:12	05:09
250	16	Eduardo Ribeiro	a. d. amarante	Veterano M40	51:27	+19:13	05:09
251	512	Miguel Mota	individual	Senior Masculino	51:37	+19:23	05:10
252	84	Pedro Vaz	amigos do titi	Senior Masculino	51:38	+19:25	05:10
253	563	Vitor santos	individual	Senior Masculino	51:41	+19:28	05:10
254	551	Sérgio Melo	individual	Senior Masculino	51:42	+19:28	05:10
255	477	Jorge Loureiro	individual	Senior Masculino	51:44	+19:30	05:10
256	434	André Ferro	individual	Senior Masculino	51:47	+19:34	05:11
257	881	Bruno Mesquita	run2eat	Senior Masculino	51:49	+19:35	05:11
258	957	RUI MIGUEL NEGRAIS PINHO	valecambrenses	Veterano M40	51:50	+19:36	05:11
259	565	aldina oliveira	individual	Veterana F40	51:50	+19:36	05:11
260	402	Dina Isabel Neves dos Santos	individual	Senior Feminino	51:51	+19:37	05:11
261	218	Sergio Gomes Costa	dragões de ovar/pés de chumbo/nem pias	Veterano M40	51:51	+19:37	05:11
262	544	Ricardo Seromenho	individual	Senior Masculino	51:51	+19:38	05:11
263	613	José Luís Saraiva Oliveira	individual	Veterano M40	51:52	+19:38	05:11

PROVA PRINCIPAL - STAGE 1 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
264	125	André Santos	body & zen salão manos running	Senior Masculino	51:54	+19:40	05:11
265	126	Carlos Sá	body & zen salão manos running	Senior Masculino	51:54	+19:40	05:11
266	373	Marco Paiva	hssrunners	Senior Masculino	51:55	+19:42	05:12
267	501	Manuel Dias Oliveira	individual	Senior Masculino	51:55	+19:42	05:12
268	635	Pedro Manuel Ribeiro Mendes Pinto	individual	Veterano M40	51:56	+19:42	05:12
269	237	RUI PINTO	energia ginásio	Veterano M40	52:01	+19:47	05:12
270	617	Luis Ferreira	individual	Veterano M40	52:02	+19:49	05:12
271	181	Cristina Silva	centro municipal de marcha e corrida de vale de cambra	Veterana F40	52:02	+19:49	05:12
272	260	Ricardo Ribeiro	feel free	Senior Masculino	52:07	+19:53	05:13
273	133	Ricardo Pedroso	body & zen salão manos running	Veterano M40	52:09	+19:55	05:13
274	539	Ricardo José Azevedo Pinho	individual	Senior Masculino	52:10	+19:56	05:13
275	249	Pedro Silva	factor x / s4l / medense fc	Veterano M40	52:13	+20:00	05:13
276	644	Rui Soares	individual	Veterano M40	52:21	+20:07	05:14
277	454	David Nogueira	individual	Senior Masculino	52:21	+20:07	05:14
278	638	Renato Paulo Silva Tavares	individual	Veterano M40	52:22	+20:08	05:14
279	786	Fábio Brito	paçosrunners	Senior Masculino	52:24	+20:11	05:14
280	837	Vitor Vieira	piscinas municipais de santa maria da feira	Senior Masculino	52:26	+20:13	05:15
281	464	Gabriel Viana	individual	Senior Masculino	52:26	+20:13	05:15
282	97	João Filipe Rios	azeméis runners	Senior Masculino	52:31	+20:18	05:15
283	466	Helder José Madureira Bernardo	individual	Senior Masculino	52:35	+20:21	05:16
284	101	Rogério Silva	azeméis runners	Veterano M40	52:41	+20:27	05:16
285	459	Fábio Mota Silva	individual	Senior Masculino	52:41	+20:27	05:16
286	54	Manuel Gomes	afis/ovar	Veterano M50	52:42	+20:29	05:16
287	923	João Reis	tartarugas	Senior Masculino	52:44	+20:31	05:16
288	369	Joaquim Vieira	grupo de corrida de argoncilhe	Veterano M50	52:45	+20:32	05:17
289	253	Raul Fontes	família carneiro	Senior Masculino	52:46	+20:32	05:17
290	836	Ruben Joel Pinho da Silva	piscinas municipais de santa maria da feira	Senior Masculino	52:47	+20:34	05:17
291	403	Elisabete Cunha	individual	Senior Feminino	52:48	+20:34	05:17
292	478	Jorge Manuel Faria Vilaça	individual	Senior Masculino	52:48	+20:35	05:17
293	256	Ricardo Faria	faria	Senior Masculino	52:48	+20:35	05:17
294	59	António Celeste	alegres & cansados	Veterano M50	52:51	+20:37	05:17
295	518	Nuno josé da cruz	individual	Senior Masculino	52:51	+20:38	05:17
296	547	Rui Gomes	individual	Senior Masculino	52:55	+20:41	05:18
297	51	Carlos Campos	afis/ovar	Veterano M40	52:58	+20:45	05:18
298	53	Sérgio Rodrigues	afis/ovar	Veterano M50	52:59	+20:45	05:18
299	627	Nuno Miguel Carneiro	individual	Veterano M40	52:59	+20:46	05:18
300	590	António José Pinheiro	individual	Veterano M40	53:00	+20:46	05:18
301	966	Manuel Conceição	villa cesari - flama	Veterano M40	53:00	+20:47	05:18
302	538	Ricardo Ferreira	individual	Senior Masculino	53:06	+20:52	05:19
303	354	António Ribeiro	grupo de corrida de argoncilhe	Senior Masculino	53:10	+20:56	05:19
304	876	Pedro Marques	rumo34	Senior Masculino	53:12	+20:58	05:19
305	177	Helena Silva	centro municipal de marcha e corrida de vale de cambra	Senior Feminino	53:14	+21:00	05:19
306	715	Joaquim Pereira	mozelos runners	Veterano M40	53:16	+21:02	05:20

PROVA PRINCIPAL - STAGE 1 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
307	694	Domingos Fernando Oliveira Camboa	juventude cortegacense	Veterano M50	53:19	+21:05	05:20
308	86	Paulo Vaz	amigos do titi	Veterano M40	53:21	+21:08	05:20
309	939	GUILHERME MARTINS	trail running clube btt sanguedo	Senior Masculino	53:23	+21:09	05:20
310	433	André cavadas	individual	Senior Masculino	53:24	+21:10	05:20
311	520	Nuno Marnoto	individual	Senior Masculino	53:24	+21:11	05:20
312	144	Carlos Ferreira	bosch termotecnologia sa	Veterano M40	53:25	+21:11	05:21
313	189	Antonio Oliveira	centro municipal de marcha e corrida de vale de cambra	Veterano M50	53:25	+21:12	05:21
314	948	EDGAR ROCHA	trail running clube btt sanguedo	Veterano M50	53:27	+21:13	05:21
315	30	Xavier Alves Paiva	abc	Senior Masculino	53:36	+21:22	05:22
316	700	José Oliveira	luisa	Veterano M50	53:38	+21:24	05:22
317	801	Ricardo Almeida	pé de atleta	Senior Masculino	53:39	+21:25	05:22
318	69	Mário Pereira	all about sport events	Veterano M40	53:45	+21:31	05:23
319	460	FERNANDO MENDES	individual	Senior Masculino	53:46	+21:32	05:23
320	780	Luis Branco	os trombinhas	Veterano M40	53:49	+21:36	05:23
321	236	VITOR QUEIROS	energia ginásio	Senior Masculino	53:56	+21:43	05:24
322	227	Rui Ferreira	eles andem ai...	Senior Masculino	53:57	+21:44	05:24
323	666	JOSE JOAQUIM GOMES PEREIRA	individual	Veterano M50	53:58	+21:45	05:24
324	186	Antonio Alberto Matos Gomes	centro municipal de marcha e corrida de vale de cambra	Veterano M40	53:58	+21:45	05:24
325	598	CARLOS ESTIMA	individual	Veterano M40	53:58	+21:45	05:24
326	250	RUI FREITAS	factor x / s4l / medense fc	Veterano M40	54:03	+21:49	05:24
327	648	Virgílio Neto	individual	Veterano M40	54:04	+21:51	05:24
328	107	Carlos Marques	bdm runners	Veterano M50	54:05	+21:52	05:25
329	158	BELMIRO LOPES	cal - clube atletismo de lamas	Veterano M40	54:07	+21:53	05:25
330	450	daniel da rocha lops	individual	Senior Masculino	54:09	+21:55	05:25
331	707	Abel Correia	mancos, coxos e limitados	Veterano M40	54:11	+21:57	05:25
332	631	Paulo Pinto	individual	Veterano M40	54:13	+21:59	05:25
333	660	Fernando Azevedo	individual	Veterano M50	54:17	+22:04	05:26
334	618	Luís Filipe P. Rodrigues	individual	Veterano M40	54:25	+22:12	05:27
335	891	Jorge Pacheco	run2eat	Veterano M40	54:29	+22:15	05:27
336	423	Rosa Maria Fernandes Batista	individual	Senior Feminino	54:40	+22:26	05:28
337	766	sergio oliveira	oliveirinhas	Senior Masculino	54:43	+22:30	05:28
338	854	Marco Abreu	poke-yoke	Senior Masculino	54:44	+22:30	05:28
339	224	André Filipe dos Santos Rebelo	eduart-componentes de calçado	Senior Masculino	54:44	+22:31	05:28
340	268	Artur Gomez	florista márcia graça	Senior Masculino	54:47	+22:33	05:29
341	976	Sonia Pinheiro	yoga run	Senior Feminino	54:48	+22:34	05:29
342	299	Artur Nadais	g.d.c. de guilhovai	Senior Masculino	54:56	+22:42	05:30
343	753	António Santos	núcleo de atletismo de cucujães	Veterano M50	54:57	+22:43	05:30
344	66	Alvaro Nunes	all about sport events	Veterano M40	54:59	+22:46	05:30
345	620	Luis Miguel Nunes Silva	individual	Veterano M40	55:00	+22:46	05:30
346	264	Ricardo Oliveira	feel free	Senior Masculino	55:01	+22:47	05:30
347	929	Miguel Moura	taylor's	Veterano M40	55:04	+22:50	05:30
348	928	Américo Santos	taylor's	Veterano M40	55:04	+22:50	05:30
349	977	Cláudio Ribeiro	yoga run	Senior Masculino	55:05	+22:51	05:31

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
350	532	Pedro Gomes Mota	individual	Senior Masculino	55:05	+22:51	05:31
351	557	Tiago Gomes Mota	individual	Senior Masculino	55:05	+22:52	05:31
352	35	Daniel Mendes Couto	acrorunners	Senior Masculino	55:05	+22:52	05:31
353	545	Romeu Ferreira	individual	Senior Masculino	55:08	+22:54	05:31
354	541	Ricardo Manuel Teixeira de Pinho	individual	Senior Masculino	55:08	+22:54	05:31
355	608	Ivo Almeida	individual	Veterano M40	55:11	+22:58	05:31
356	113	Jorge Monteiro	bicademia	Veterano M40	55:12	+22:58	05:31
357	114	Rui Peixoto	bicademia	Veterano M40	55:12	+22:58	05:31
358	476	Joel Ribeiro	individual	Senior Masculino	55:15	+23:02	05:32
359	131	Fatima Pais	body & zen salão manos running	Veterana F40	55:20	+23:06	05:32
360	814	Antonio Ferreira	peraltafil runing	Veterano M50	55:20	+23:06	05:32
361	816	Luis Cruz	peraltafil runing	Veterano M50	55:20	+23:06	05:32
362	969	André Mimi	villa de basto	Senior Masculino	55:22	+23:08	05:32
363	609	João Pinho	individual	Veterano M40	55:22	+23:08	05:32
364	970	Cristiano Carvalho	villa de basto	Senior Masculino	55:22	+23:09	05:32
365	895	Sara Amaral	runners on fire	Senior Feminino	55:23	+23:10	05:32
366	767	vitor oliveira	oliveirinhas	Senior Masculino	55:27	+23:14	05:33
367	39	Ilidio Paulo Pereira Almeida	acrorunners	Veterano M40	55:30	+23:17	05:33
368	772	Sergio Costa	os botiga	Veterano M40	55:35	+23:22	05:34
369	630	Paulo matos	individual	Veterano M40	55:43	+23:30	05:34
370	451	Daniel Moreira	individual	Senior Masculino	55:44	+23:30	05:34
371	226	Eduardo Tavares Rebelo	eduart-componentes de calçado	Veterano M50	55:44	+23:30	05:34
372	942	FERNANDO JOAQUIM DA SILVA RAMOS	trail running clube btt sanguedo	Veterano M40	55:44	+23:31	05:34
373	56	Renato Alexandre Campos Araújo	agdcr feira runners	Veterano M40	55:44	+23:31	05:34
374	225	Luís Filipe Martins Soares	eduart-componentes de calçado	Veterano M40	55:44	+23:31	05:35
375	375	JOAQUIM HUGO DA SILVA TEIXEIRA	hst car	Senior Masculino	55:45	+23:31	05:35
376	653	ANTONIO F A TEIXEIRA	individual	Veterano M50	55:45	+23:32	05:35
377	855	Nuno Gomes	poke-yoke	Senior Masculino	55:47	+23:33	05:35
378	247	PEDRO VIANA	factor x / s4l / medense fc	Senior Masculino	55:49	+23:36	05:35
379	60	Ana Reis	all about sport events	Senior Feminino	55:53	+23:39	05:35
380	903	Francisca Pereira	savate-maia	Veterana F40	55:53	+23:39	05:35
381	859	Joel Assunção	pp rt	Senior Masculino	55:55	+23:41	05:36
382	860	Marco Xavier	pp rt	Senior Masculino	55:55	+23:42	05:36
383	367	Fernando Pais	grupo de corrida de argoncilhe	Veterano M40	55:55	+23:42	05:36
384	913	Nuno Moreira	sorrisos populares	Senior Masculino	55:56	+23:42	05:36
385	351	Lurdes Tavares	grupo de corrida de argoncilhe	Senior Feminino	55:56	+23:42	05:36
386	962	António Almeida	villa cesari - flama	Senior Masculino	55:56	+23:43	05:36
387	687	Marcia Castro Costa	juventude cortegacense	Veterana F40	56:01	+23:48	05:36
388	662	Gaspar Oliveira Cadete	individual	Veterano M50	56:06	+23:53	05:37
389	954	JOÃO FILIPE ALMEIDA ALVES	valecambrenses	Senior Masculino	56:09	+23:55	05:37
390	245	JOAO SOUSA	factor x / s4l / medense fc	Senior Masculino	56:17	+24:03	05:38
391	956	TIAGO GOMES	valecambrenses	Senior Masculino	56:21	+24:07	05:38
392	967	Paulo Ribeiro	villa cesari - flama	Veterano M40	56:21	+24:07	05:38
393	900	DIOGO SANTOS	runrun	Senior Masculino	56:24	+24:11	05:38
394	934	Rui Almeida	teachers in slow motion	Senior Masculino	56:26	+24:12	05:39

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
395	968	Vítor Sá	villa cesari - flama	Veterano M40	56:28	+24:15	05:39
396	674	Bruno Bastos	invisíveis	Senior Masculino	56:29	+24:16	05:39
397	673	Marisa Gonçalves	invisíveis	Senior Feminino	56:29	+24:16	05:39
398	581	REGINA MARIA GONÇALVES DE ALMEIDA	individual	Veterana F40	56:31	+24:18	05:39
399	634	Pedro Manuel de Oliveira Pais	individual	Veterano M40	56:35	+24:21	05:40
400	353	Sónia Lei	grupo de corrida de argoncilhe	Senior Feminino	56:42	+24:28	05:40
401	561	Vitor Lemos	individual	Senior Masculino	56:43	+24:29	05:40
402	698	Sérgio Sá Quintas	lobos do mar	Senior Masculino	56:44	+24:30	05:40
403	503	Márcio Alexandre Pinho Pereira	individual	Senior Masculino	57:15	+25:01	05:44
404	280	Raul Pereira	fogaças com malapos	Senior Masculino	57:15	+25:02	05:44
405	279	Pedro Silva	fogaças com malapos	Senior Masculino	57:15	+25:02	05:44
406	276	Hugo Lima	fogaças com malapos	Senior Masculino	57:15	+25:02	05:44
407	215	Márcio Gomes Costa	dragões de ovar/pés de chumbo/nem pias	Senior Masculino	57:18	+25:05	05:44
408	213	Joana Patricia Santos Pinto	dragões de ovar/pés de chumbo/nem pias	Senior Feminino	57:19	+25:05	05:44
409	242	BRUNO SOUSA	factor x / s4l / medense fc	Senior Masculino	57:21	+25:07	05:44
410	357	Miguel Morais	grupo de corrida de argoncilhe	Senior Masculino	57:23	+25:10	05:44
411	705	João Rebelo	mancos, coxos e limitados	Senior Masculino	57:26	+25:12	05:45
412	175	Hugo José Miguel Pinto	ccpad - clube de caça e pesca do alto douro	Senior Masculino	57:27	+25:14	05:45
413	408	Luciana Castro	individual	Senior Feminino	57:35	+25:22	05:46
414	355	João Fontes	grupo de corrida de argoncilhe	Senior Masculino	57:36	+25:23	05:46
415	582	Silvie Couto	individual	Veterana F40	57:38	+25:24	05:46
416	184	Joana Freire	centro municipal de marcha e corrida de vale de cambra	Veterana F40	57:42	+25:29	05:46
417	578	Maria Irene Soares de Sá	individual	Veterana F40	57:49	+25:36	05:47
418	874	José Augusto	rio meão	Veterano M40	57:52	+25:39	05:47
419	873	Francisco Reis	rio meão	Veterano M40	57:52	+25:39	05:47
420	979	Maria Barbosa	feel free	Senior Feminino	57:53	+25:40	05:47
421	800	Carlos Dias	pé de atleta	Senior Masculino	57:53	+25:40	05:47
422	706	José Moreira	mancos, coxos e limitados	Senior Masculino	57:56	+25:43	05:48
423	973	António Porrão	x5	Veterano M50	58:00	+25:47	05:48
424	640	Ricardo Jorge Azenha Pires Pereira Monteiro	individual	Veterano M40	58:00	+25:47	05:48
425	974	José Riba	x5	Veterano M50	58:00	+25:47	05:48
426	489	José Paulo Amorim Costa de Castro couto	individual	Senior Masculino	58:01	+25:47	05:48
427	174	PAULO MILHEIRO	caldas s. jorge sport club	Veterano M50	58:01	+25:48	05:48
428	404	Inês Azevedo	individual	Senior Feminino	58:02	+25:48	05:48
429	230	DIANA ARAUJO	energia ginásio	Senior Feminino	58:05	+25:51	05:49
430	232	PAULO OLIVEIRA	energia ginásio	Senior Masculino	58:05	+25:51	05:49
431	525	Nuno Vieira	individual	Senior Masculino	58:05	+25:52	05:49
432	384	Ana Margarida Santos	individual	Senior Feminino	58:06	+25:53	05:49
433	865	MARCO DIAS	quenianos de estarreja	Veterano M40	58:07	+25:53	05:49
434	591	António Manuel Bastos Dias	individual	Veterano M40	58:07	+25:54	05:49
435	448	Carlos Oliveira	individual	Senior Masculino	58:08	+25:54	05:49
436	558	Tiago Pereira	individual	Senior Masculino	58:08	+25:54	05:49
437	282	Roberto Dias	fogaças com malapos	Senior Masculino	58:08	+25:55	05:49

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
438	211	Isabel Cristina Brandao Soares	divas do asfalto	Veterana F40	58:08	+25:55	05:49
439	625	Mario Silva	individual	Veterano M40	58:09	+25:55	05:49
440	52	Paulo Conde	afis/ovar	Veterano M40	58:10	+25:56	05:49
441	55	Mario Conde	afis/ovar	Veterano M50	58:10	+25:56	05:49
442	656	Carlos Alberto Alves da Silva	individual	Veterano M50	58:12	+25:58	05:49
443	251	RUI MOTA	factor x / s4l / medense fc	Veterano M40	58:13	+26:00	05:49
444	241	Tiago Miguel Soares Costa Pinto	ermesindenses	Senior Masculino	58:13	+26:00	05:49
445	341	Décio Mortágua	grunil	Senior Masculino	58:15	+26:02	05:50
446	106	André Quinta Nova	barra fit runners	Senior Masculino	58:18	+26:05	05:50
447	457	Fábio André Ferreira Lourenço	individual	Senior Masculino	58:22	+26:09	05:50
448	499	Manuel Aniceto	individual	Senior Masculino	58:22	+26:09	05:50
449	910	Célia Sousa	smfantastic	Veterana F40	58:22	+26:09	05:50
450	911	João Ribeiro	smfantastic	Veterano M40	58:23	+26:09	05:50
451	374	Pedro Sousa	hssrunners	Senior Masculino	58:27	+26:14	05:51
452	43	susana Sousa	adcc j clark - castelo de paiva	Senior Feminino	58:31	+26:17	05:51
453	471	Hugo Azevedo	individual	Senior Masculino	58:33	+26:19	05:51
454	600	Christopher Guimaraens	individual	Veterano M40	58:34	+26:20	05:51
455	105	Rosana Sofia	barra fit runners	Senior Feminino	58:39	+26:25	05:52
456	455	Diogo Dias	individual	Senior Masculino	58:42	+26:28	05:52
457	844	Jose Manuel Dias Gonçalves	piscinas municipais de santa maria da feira	Veterano M40	58:45	+26:31	05:53
458	633	Paulo Soares	individual	Veterano M40	58:46	+26:33	05:53
459	19	Paulo Jorge	a.n.a.	Veterano M40	58:50	+26:37	05:53
460	964	Miguel Moreira	villa cesari - flama	Senior Masculino	58:56	+26:42	05:54
461	100	Rui Pedro Henriques Oliveira	azeméis runners	Senior Masculino	58:57	+26:43	05:54
462	500	Manuel da Silva Ramos	individual	Senior Masculino	59:01	+26:47	05:54
463	571	Carmo Marinho	individual	Veterana F40	59:02	+26:49	05:54
464	562	Vítor Manuel Neves Nogueira	individual	Senior Masculino	59:10	+26:56	05:55
465	857	Rute Pacheco	potes running	Senior Feminino	59:11	+26:57	05:55
466	781	André Silva	ozxtreme/gdcr/candongasbike	Senior Masculino	59:15	+27:02	05:56
467	243	FERNADO DELINDRO	factor x / s4l / medense fc	Senior Masculino	59:18	+27:04	05:56
468	339	Marlene Guedes	grijó a correr	Senior Feminino	59:19	+27:05	05:56
469	632	Paulo Silva	individual	Veterano M40	59:20	+27:07	05:56
470	152	Nuno Rodrigues	budeguita runners	Veterano M40	59:23	+27:09	05:56
471	785	Maria Emília Dias Alves	paçosrunners	Senior Feminino	59:33	+27:19	05:57
472	183	Filomena Santos	centro municipal de marcha e corrida de vale de cambra	Veterana F40	59:33	+27:20	05:57
473	191	Joaquim Oliveira	centro municipal de marcha e corrida de vale de cambra	Veterano M50	59:33	+27:20	05:57
474	955	RICARDO MANUEL BASTOS TAVARES DA SILVA	valecambrenses	Senior Masculino	59:34	+27:20	05:57
475	835	Ricardo Sousa	piscinas municipais de santa maria da feira	Senior Masculino	59:34	+27:20	05:57
476	372	Patrícia Santos	hssrunners	Senior Feminino	59:37	+27:23	05:58
477	807	Bruno Neves	peraltafil runing	Senior Masculino	59:40	+27:27	05:58
478	842	Carlos Miguel Pires Carmo Henriques	piscinas municipais de santa maria da feira	Veterano M40	59:41	+27:27	05:58
479	441	Bruno Barbosa	individual	Senior Masculino	59:43	+27:29	05:58
480	667	José Manuel da Silva Pereira	individual	Veterano M50	59:44	+27:31	05:58

PROVA PRINCIPAL - STAGE 1 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
481	761	Rui Carapinha	o regresso dos que nunca foram	Senior Masculino	59:52	+27:38	05:59
482	409	Maria Alexandra Almeida da Silva Pereira	individual	Senior Feminino	59:53	+27:39	05:59
483	274	Bruno Silva	fogaças com malapos	Senior Masculino	59:53	+27:40	05:59
484	517	Nuno Filipe Cardoso Maia	individual	Senior Masculino	59:54	+27:40	05:59
485	383	Ana Maia	individual	Senior Feminino	59:54	+27:41	05:59
486	984	Fabio Bruno Tavares Sousa	piscinas municipais de santa maria da feira	Senior Masculino	59:55	+27:41	06:00
487	716	Bernardino Silva	mozelos runners	Veterano M50	59:56	+27:42	06:00
488	277	Hugo Oliveira	fogaças com malapos	Senior Masculino	01:00:00	+27:47	06:00
489	866	PAULO VIANA	quenianos de estarreja	Veterano M40	01:00:01	+27:48	06:00
490	414	Marta Melissa Dos Santos Paulos	individual	Senior Feminino	01:00:07	+27:54	06:01
491	348	Manuel Soares	grunil	Veterano M40	01:00:09	+27:55	06:01
492	643	Rui Jorge Moreira da Silva Lopes	individual	Veterano M40	01:00:15	+28:02	06:02
493	897	João Soares	runners on fire	Senior Masculino	01:00:18	+28:05	06:02
494	787	Duarte Manuel Barros Dias	paçosrunners	Veterano M40	01:00:20	+28:07	06:02
495	907	Paulo Santos	savate-maia	Veterano M50	01:00:20	+28:07	06:02
496	904	Ivone Pardal	savate-maia	Veterana F40	01:00:20	+28:07	06:02
497	902	Pedro Branco	saúde e companhia	Senior Masculino	01:00:21	+28:07	06:02
498	621	Luís Pessoa	individual	Veterano M40	01:00:22	+28:08	06:02
499	858	Jorge Ferreira	potes running	Senior Masculino	01:00:23	+28:09	06:02
500	575	Fernanda Gomes de Almeida	individual	Veterana F40	01:00:29	+28:15	06:03
501	906	Nuno Sousa	savate-maia	Veterano M40	01:00:31	+28:17	06:03
502	675	MARINHA BAPTISTA	jam - juventude atlética mozelense	Veterana F40	01:00:31	+28:18	06:03
503	647	Tiago Soares	individual	Veterano M40	01:00:33	+28:20	06:03
504	498	Manuel Abreu	individual	Senior Masculino	01:00:34	+28:20	06:03
505	360	Rui Alecrim	grupo de corrida de argoncilhe	Senior Masculino	01:00:38	+28:25	06:04
506	588	António Figueiredo	individual	Veterano M40	01:00:46	+28:33	06:05
507	986	Ricardo Bastos	inscrições finais	Veterano M50	01:00:47	+28:33	06:05
508	111	Manuela Monteiro	bicademia	Veterana F40	01:00:47	+28:33	06:05
509	908	Jorge Ribeiro	smfantastic	Senior Masculino	01:00:53	+28:40	06:05
510	475	Joaquim Magalhães Esteves da Silva	individual	Senior Masculino	01:00:57	+28:43	06:06
511	246	NUNO ANDRE	factor x / s4l / medense fc	Senior Masculino	01:01:03	+28:50	06:06
512	912	Sérgio Santos	smfantastic	Veterano M40	01:01:04	+28:51	06:06
513	444	Bruno Sá	individual	Senior Masculino	01:01:04	+28:51	06:06
514	487	jose mota	individual	Senior Masculino	01:01:05	+28:51	06:07
515	26	ANTÓNIO COUTINHO	a.r.de negrelos	Veterano M50	01:01:05	+28:52	06:07
516	417	Nathalie Martins	individual	Senior Feminino	01:01:05	+28:52	06:07
517	81	Paulo Martins	amigos divertidos	Veterano M40	01:01:08	+28:55	06:07
518	77	Silverio Francisco Ferreira Fernandes	amigos das sapatilhas	Senior Masculino	01:01:10	+28:56	06:07
519	806	Marco Costa	pe de chumbo team	Veterano M40	01:01:11	+28:57	06:07
520	664	João Nunes Rodrigues	individual	Veterano M50	01:01:13	+28:59	06:07
521	342	Frederico Marques	grunil	Senior Masculino	01:01:14	+29:01	06:07
522	688	Anabela dos Santos Marques	juventude cortegacense	Veterano M40	01:01:14	+29:01	06:07
523	124	Teresa Amorim	body & zen salão manos running	Senior Feminino	01:01:17	+29:03	06:08
524	980	Virgilio Fronteira Rodrigues	inscrições finais	Veterano M50	01:01:19	+29:05	06:08

PROVA PRINCIPAL - STAGE 1 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
525	290	HUGO OLIVEIRA	fugitivos urbanos	Senior Masculino	01:01:19	+29:05	06:08
526	602	David Alves Silva	individual	Veterano M40	01:01:19	+29:06	06:08
527	467	Helder José Novo Gonçalves	individual	Senior Masculino	01:01:20	+29:06	06:08
528	736	Cátia Caetano	never give up	Senior Feminino	01:01:20	+29:06	06:08
529	395	Claudia Castro	individual	Senior Feminino	01:01:20	+29:07	06:08
530	831	Bruno Gil da Silva Fernandes Pereira	piscinas municipais de santa maria da feira	Senior Masculino	01:01:21	+29:07	06:08
531	470	Hélder Santos	individual	Senior Masculino	01:01:21	+29:07	06:08
532	567	Ana Paula de Sousa Alves Lopes	individual	Veterana F40	01:01:21	+29:07	06:08
533	840	Maria Filomena Coelho da Silva Pinheiro	piscinas municipais de santa maria da feira	Veterana F40	01:01:21	+29:08	06:08
534	112	Manuela Silva	bicademia	Veterana F40	01:01:21	+29:08	06:08
535	593	António Manuel Rodrigues Castro	individual	Veterano M40	01:01:21	+29:08	06:08
536	574	Elisabete Silva	individual	Veterana F40	01:01:23	+29:09	06:08
537	38	Ricardo Filipe da Silva Brochado	acrorunners	Senior Masculino	01:01:26	+29:12	06:09
538	160	PEDRO SANTOS	cal - clube atletismo de lamas	Veterano M40	01:01:26	+29:13	06:09
539	586	Adao Ribeiro	individual	Veterano M40	01:01:27	+29:13	06:09
540	941	NUNO ANDRÉ PAIS SANTOS	trail running clube btt sanguedo	Senior Masculino	01:01:27	+29:13	06:09
541	154	VITOR SANTOS	cal - clube atletismo de lamas	Senior Masculino	01:01:28	+29:14	06:09
542	584	Virginia Oliveira	individual	Veterana F40	01:01:28	+29:14	06:09
543	82	José Valentim Oliveira	amigos divertidos	Veterano M50	01:01:30	+29:17	06:09
544	963	João Reis	villa cesari - flama	Senior Masculino	01:01:32	+29:18	06:09
545	738	Rafael Pires	never give up	Senior Masculino	01:01:34	+29:20	06:09
546	437	António Oliveira	individual	Senior Masculino	01:01:36	+29:22	06:10
547	773	Vasco Regadas	os fumos	Senior Masculino	01:01:38	+29:24	06:10
548	502	Manuel Leão Martins Adegas	individual	Senior Masculino	01:01:40	+29:26	06:10
549	488	José Oliveira	individual	Senior Masculino	01:01:48	+29:35	06:11
550	693	Augusto Santos Silva	juventude cortegacense	Veterano M50	01:01:50	+29:37	06:11
551	393	Catarina Lemos	individual	Senior Feminino	01:01:53	+29:39	06:11
552	345	Mª José Moreira	grunil	Veterana F40	01:02:01	+29:48	06:12
553	636	Pedro Mesquita	individual	Veterano M40	01:02:05	+29:51	06:13
554	579	Marta Neves	individual	Veterana F40	01:02:05	+29:52	06:13
555	182	Elsa Ferreira	centro municipal de marcha e corrida de vale de cambra	Veterana F40	01:02:11	+29:58	06:13
556	265	Rui Valente	feel free	Senior Masculino	01:02:13	+30:00	06:13
557	261	Márcio Jorge	feel free	Senior Masculino	01:02:15	+30:02	06:14
558	201	Armando Neves	clube os 5 a hora	Veterano M40	01:02:20	+30:07	06:14
559	917	Filipe Tavares	speed	Senior Masculino	01:02:21	+30:08	06:14
560	824	Carla Alexandra dos Santos Patela	piscinas municipais de santa maria da feira	Senior Feminino	01:02:23	+30:09	06:14
561	71	Vitor Vieira	all about sport events	Veterano M50	01:02:24	+30:10	06:14
562	670	Manuel António Oliveira Resende	individual	Veterano M50	01:02:31	+30:18	06:15
563	397	Cristina Rodrigues Teixeira Lopes	not run alone	Senior Feminino	01:02:35	+30:22	06:16
564	699	Casimiro Fernandes	luisa	Veterano M50	01:02:36	+30:23	06:16
565	944	JOSÉ CONCEIÇÃO	trail running clube btt sanguedo	Veterano M40	01:02:36	+30:23	06:16
566	63	Maria José Peres	all about sport events	Veterana F40	01:02:44	+30:30	06:16
567	67	Henrique Marques	all about sport events	Veterano M40	01:02:44	+30:31	06:16
568	884	Igor Cunha	run2eat	Senior Masculino	01:02:45	+30:32	06:17

PROVA PRINCIPAL - STAGE 1 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
569	696	José Augusto Dinis Mirra	lobos do mar	Senior Masculino	01:02:48	+30:34	06:17
570	190	Elisio Gomes	centro municipal de marcha e corrida de vale de cambra	Veterano M50	01:02:48	+30:35	06:17
571	135	Manuel Pinnho	body & zen salão manos running	Veterano M50	01:02:50	+30:36	06:17
572	139	Nelson José Martins Azevedo Oliveira	born to conquer	Senior Masculino	01:02:50	+30:36	06:17
573	140	Tito José Sousa Abreu	born to conquer	Senior Masculino	01:02:50	+30:37	06:17
574	792	António Bessa	pajory	Veterano M40	01:02:59	+30:45	06:18
575	709	Felisbela Queirós Campos Nogueira	manos e cunhadas	Senior Feminino	01:03:00	+30:47	06:18
576	642	Rui Jorge de Sá Neves	individual	Veterano M40	01:03:01	+30:47	06:18
577	597	Bruno Rodrigues	individual	Veterano M40	01:03:02	+30:49	06:18
578	719	sandra	multirunners	Senior Feminino	01:03:03	+30:49	06:18
579	718	mariana serra	multirunners	Senior Feminino	01:03:07	+30:53	06:19
580	420	Paula Alexandra Andrade Costa	individual	Senior Feminino	01:03:09	+30:56	06:19
581	965	Roberto Moreira	villa cesari - flama	Senior Masculino	01:03:10	+30:57	06:19
582	896	António Rodrigues	runners on fire	Senior Masculino	01:03:10	+30:57	06:19
583	961	Eliana Ferreira	villa cesari - flama	Senior Feminino	01:03:10	+30:57	06:19
584	764	Hugo Pinto	olhaquedois	Senior Masculino	01:03:20	+31:06	06:20
585	456	Emanuel Francisco Morgado Santos	individual	Senior Masculino	01:03:20	+31:07	06:20
586	714	Rui Jorge	mozelos runners	Senior Masculino	01:03:20	+31:07	06:20
587	595	Augusto Rodrigues	individual	Veterano M40	01:03:22	+31:09	06:20
588	415	Marta Monterio	individual	Senior Feminino	01:03:23	+31:09	06:20
589	370	Andreia Santos	hssrunners	Senior Feminino	01:03:23	+31:10	06:20
590	482	jose antonio lopes de pinho	individual	Senior Masculino	01:03:32	+31:19	06:21
591	665	Jorge Manuel de Almeida Martiins	individual	Veterano M50	01:03:41	+31:27	06:22
592	200	Alberto Alves	clube os 5 a hora	Veterano M40	01:03:41	+31:27	06:22
593	712	Sónia Moreira	moreira's clã	Senior Feminino	01:03:43	+31:29	06:22
594	713	João Moreira	moreira's clã	Veterano M40	01:03:43	+31:30	06:22
595	146	Carlos Martins	bosch termotecnologia sa	Veterano M50	01:03:43	+31:30	06:22
596	143	Paulo Ruela	bosch termotecnologia sa	Senior Masculino	01:03:43	+31:30	06:22
597	93	Eduardo Lemos	as gazelas	Veterano M40	01:03:44	+31:31	06:22
598	350	Gisela fontes	grupo de corrida de argoncilhe	Senior Feminino	01:03:48	+31:34	06:23
599	340	Manuel Couto	grijó a correr	Veterano M50	01:03:50	+31:37	06:23
600	981	Durand Marjolaine	inscrições finais	Senior Feminino	01:04:04	+31:50	06:24
601	616	Julio Augusto Morais Pereira	individual	Veterano M40	01:04:13	+32:00	06:25
602	657	Estêvão Ernesto Nabais Da Silva	individual	Veterano M50	01:04:14	+32:00	06:25
603	540	Ricardo Leite	individual	Senior Masculino	01:04:20	+32:07	06:26
604	386	Anabela Sousa	individual	Senior Feminino	01:04:21	+32:08	06:26
605	875	Sofia Azenha	rumo34	Senior Feminino	01:04:25	+32:12	06:27
606	332	Claudia Nogueira	grancinda's team	Senior Feminino	01:04:25	+32:12	06:27
607	334	Miguel Cardoso	grancinda's team	Senior Masculino	01:04:26	+32:12	06:27
608	479	Jorge Manuel Ferreira Duarte	individual	Senior Masculino	01:04:32	+32:18	06:27
609	429	Tânia Raquel Carreiro Soares	individual	Senior Feminino	01:04:35	+32:22	06:28
610	639	Ricardo Alexandre de Castro Portugal	individual	Veterano M40	01:04:40	+32:27	06:28
611	885	João Ribeiro	run2eat	Senior Masculino	01:04:45	+32:31	06:29

PROVA PRINCIPAL - STAGE 1 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
612	303	Alexandra Barbosa	g.d.c. de guilhovai	Veterana F40	01:04:48	+32:34	06:29
613	890	Isabel Cunha	run2eat	Veterana F40	01:04:52	+32:38	06:29
614	41	Ana Soraia Sousa	adcc j clark - castelo de paiva	Senior Feminino	01:04:58	+32:45	06:30
615	315	Germano Paiva	g.d.c. de guilhovai	Veterano M50	01:05:04	+32:51	06:30
616	316	Manuel Andrade	g.d.c. de guilhovai	Veterano M50	01:05:06	+32:52	06:31
617	400	Diana Carolina de Almeida Gonçalves	individual	Senior Feminino	01:05:07	+32:53	06:31
618	651	Andre Santos	individual	Veterano M50	01:05:08	+32:55	06:31
619	817	Douglas César Oliveira de Pinho	physicus	Senior Masculino	01:05:09	+32:56	06:31
620	493	Leandro Manuel Reis Leite	individual	Senior Masculino	01:05:10	+32:56	06:31
621	654	ANTONIO MANUEL DA COSTA FERREIRA	individual	Veterano M50	01:05:18	+33:04	06:32
622	576	MARIA CRISTINA ARAÚJO SILVA	individual	Veterana F40	01:05:18	+33:04	06:32
623	64	Paula Chaves	all about sport events	Veterana F40	01:05:21	+33:07	06:32
624	257	Jorge Faria	faria	Veterano M40	01:05:25	+33:12	06:33
625	604	Emanuel Mota	individual	Veterano M40	01:05:28	+33:14	06:33
626	828	Teresa Cristina oliveira Gonçalves	piscinas municipais de santa maria da feira	Senior Feminino	01:05:31	+33:18	06:33
627	847	Nelson Jorge de sousa das Neves	piscinas municipais de santa maria da feira	Veterano M40	01:05:31	+33:18	06:33
628	426	Sara braga	not run alone	Senior Feminino	01:05:36	+33:22	06:34
629	461	Fernando Ramos	individual	Senior Masculino	01:05:40	+33:26	06:34
630	392	Bruna Alexandra Gonçalves Cordeiro	individual	Senior Feminino	01:05:48	+33:35	06:35
631	329	Rosário Machado	ginasius	Veterana F40	01:05:49	+33:36	06:35
632	212	Luísa Brandão Soares	divas do asfalto	Veterana F40	01:05:55	+33:41	06:36
633	117	Dinis Baptista	bizinhos atletic club	Veterano M40	01:05:55	+33:42	06:36
634	352	Solange Correia	grupo de corrida de argoncilhe	Senior Feminino	01:06:00	+33:47	06:36
635	356	Jorge Chibante	grupo de corrida de argoncilhe	Senior Masculino	01:06:01	+33:47	06:36
636	869	Teresa Fileno	ria saude team run	Senior Feminino	01:06:01	+33:47	06:36
637	91	Rui Miranda	as gazelas	Senior Masculino	01:06:01	+33:47	06:36
638	898	Miguel Pimentel	runners on fire	Senior Masculino	01:06:02	+33:49	06:36
639	129	Pedro Neves	body & zen salão manos running	Senior Masculino	01:06:03	+33:49	06:36
640	123	Sara Silva	body & zen salão manos running	Senior Feminino	01:06:03	+33:49	06:36
641	398	Cristina Veloso	individual	Senior Feminino	01:06:05	+33:52	06:37
642	472	Hugo Homem Rocha	individual	Senior Masculino	01:06:06	+33:52	06:37
643	425	Sandra Silva	individual	Senior Feminino	01:06:06	+33:52	06:37
644	474	João Pedro Abreu Santos	individual	Senior Masculino	01:06:06	+33:53	06:37
645	723	Arminda Cardoso	mum's run	Veterana F40	01:06:09	+33:56	06:37
646	122	Maria Celeste	body & zen salão manos running	Senior Feminino	01:06:13	+33:59	06:37
647	326	Celeste Machado	ginasius	Senior Feminino	01:06:15	+34:02	06:38
648	65	Paula Santos	all about sport events	Veterana F40	01:06:18	+34:04	06:38
649	585	Zuleima García	individual	Veterana F40	01:06:18	+34:05	06:38
650	121	Lidia ferreira	body & zen salão manos running	Senior Feminino	01:06:18	+34:05	06:38
651	826	Sara Sá	piscinas municipais de santa maria da feira	Senior Feminino	01:06:20	+34:07	06:38
652	863	ANABELA MACHADO	quenianos de estarreja	Veterana F40	01:06:22	+34:08	06:38
653	864	CELESTE DIAS	quenianos de estarreja	Veterana F40	01:06:22	+34:08	06:38
654	914	Mariana de Sousa Azevedo	speed	Senior Feminino	01:06:22	+34:09	06:38
655	841	Zelia Pinto	piscinas municipais de santa maria da feira	Veterana F40	01:06:22	+34:09	06:38

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
656	363	Manuela Sousa	grupo de corrida de argoncilhe	Veterana F40	01:06:25	+34:11	06:39
657	119	Tiago Ferreira	bizinhos atletic club	Veterano M40	01:06:26	+34:13	06:39
658	116	Ana Moura	bizinhos atletic club	Veterana F40	01:06:27	+34:13	06:39
659	115	Sara Reis	bizinhos atletic club	Senior Feminino	01:06:27	+34:14	06:39
660	118	Nuno Manarte	bizinhos atletic club	Veterano M40	01:06:28	+34:14	06:39
661	734	José Andrade	nascidos para correr	Senior Masculino	01:06:32	+34:18	06:39
662	732	Sofia Reis	nascidos para correr	Senior Feminino	01:06:35	+34:22	06:40
663	229	Fernando Mota	eles andem ai...	Veterano M40	01:06:43	+34:29	06:40
664	978	Fernando Sá	yoga run	Senior Masculino	01:06:47	+34:33	06:41
665	364	Rosalina Fontes	grupo de corrida de argoncilhe	Veterana F40	01:06:49	+34:36	06:41
666	566	Alexandra Soares	individual	Veterana F40	01:06:49	+34:36	06:41
667	931	Rachel Crivelli	teachers in slow motion	Senior Feminino	01:06:50	+34:37	06:41
668	733	Jorge Rocha	nascidos para correr	Senior Masculino	01:06:51	+34:37	06:41
669	76	Nélson Silva	amigos das sapatilhas	Senior Masculino	01:06:55	+34:42	06:42
670	75	Cláudia Ramos	amigos das sapatilhas	Senior Feminino	01:06:56	+34:43	06:42
671	333	Raquel Linhares	grancinda's team	Senior Feminino	01:06:58	+34:45	06:42
672	678	Diana Leite	junta sjm	Senior Feminino	01:06:58	+34:45	06:42
673	335	Pedro Ribau	grancinda's team	Senior Masculino	01:06:59	+34:45	06:42
674	336	Maria José Soares	grancinda's team	Veterana F40	01:06:59	+34:46	06:42
675	739	Aristides Carneiro	night riders	Senior Masculino	01:07:00	+34:47	06:42
676	740	César Lima	night riders	Senior Masculino	01:07:01	+34:47	06:42
677	788	Daniel Costa	pajory	Senior Masculino	01:07:02	+34:49	06:42
678	789	Fábio Jesus	pajory	Senior Masculino	01:07:03	+34:49	06:42
679	795	Ricardo Costa	pajory	Veterano M40	01:07:03	+34:49	06:42
680	794	Pedro Estrela	pajory	Veterano M40	01:07:03	+34:49	06:42
681	791	Sandro Silva	pajory	Senior Masculino	01:07:03	+34:49	06:42
682	679	Sílvia Ferreira	junta sjm	Senior Feminino	01:07:04	+34:50	06:42
683	534	Pedro Xavier Moreira da Silva	individual	Senior Masculino	01:07:09	+34:55	06:43
684	659	FERNANDO ALVES SILVA	individual	Veterano M50	01:07:09	+34:56	06:43
685	127	Hugo Magalhaes	body & zen salão manos running	Senior Masculino	01:07:14	+35:01	06:43
686	120	Claudia Ribeiro	body & zen salão manos running	Senior Feminino	01:07:14	+35:01	06:43
687	209	Marta Cristina Almeida Gomes	divas do asfalto	Senior Feminino	01:07:19	+35:05	06:44
688	37	Pedro Miguel de Sousa Vieira	acrorunners	Senior Masculino	01:07:21	+35:08	06:44
689	327	Vasco Sá	ginasius	Senior Masculino	01:07:23	+35:10	06:44
690	244	FILIPE FONSECA	factor x / s4l / medense fc	Senior Masculino	01:07:25	+35:11	06:45
691	394	Cátia Magalhães	individual	Senior Feminino	01:07:34	+35:21	06:45
692	524	Nuno Silva	individual	Senior Masculino	01:07:34	+35:21	06:45
693	156	MARIA TERESA TAVARES	cal - clube atletismo de lamas	Veterana F40	01:07:35	+35:22	06:46
694	387	Andreia Leite	individual	Senior Feminino	01:07:37	+35:23	06:46
695	568	angela pinto	individual	Veterana F40	01:07:37	+35:24	06:46
696	430	Virgínia Leão Martins Adegas	individual	Senior Feminino	01:07:39	+35:25	06:46
697	531	Pedro Filipe Pinto Barbosa	individual	Senior Masculino	01:07:43	+35:29	06:46
698	385	Ana Monteiro	individual	Senior Feminino	01:07:43	+35:29	06:46
699	155	ANA CASTRO	cal - clube atletismo de lamas	Veterana F40	01:07:47	+35:33	06:47
700	176	Carla Silva	centro municipal de marcha e corrida de vale de cambra	Senior Feminino	01:07:54	+35:40	06:47

PROVA PRINCIPAL - STAGE 1 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
701	349	José Sousa	grupo 46	Senior Masculino	01:07:54	+35:41	06:47
702	533	Pedro Neto	individual	Senior Masculino	01:08:04	+35:51	06:48
703	682	Joao Pedro Andrade Rodrigues	just4fun	Senior Masculino	01:08:08	+35:55	06:49
704	486	José Miguel Sousa Azevedo	individual	Senior Masculino	01:08:09	+35:55	06:49
705	681	António Oliveira	junta sjm	Veterano M50	01:08:13	+35:59	06:49
706	870	Joao Afonso Oliveira	ria saude team run	Senior Masculino	01:08:15	+36:01	06:50
707	680	Rosario Gestosa	junta sjm	Veterana F40	01:08:20	+36:07	06:50
708	677	Daniela Leite	junta sjm	Senior Feminino	01:08:21	+36:08	06:50
709	90	Sónia Pereira	as gazelas	Senior Feminino	01:08:24	+36:10	06:50
710	130	Anabela Bastos	body & zen salão manos running	Veterana F40	01:08:24	+36:10	06:50
711	180	Céu Silva	centro municipal de marcha e corrida de vale de cambra	Veterana F40	01:08:24	+36:11	06:50
712	179	Ana Rosa Oliveira	centro municipal de marcha e corrida de vale de cambra	Veterana F40	01:08:25	+36:12	06:51
713	192	Jose Soares	centro municipal de marcha e corrida de vale de cambra	Veterano M50	01:08:25	+36:12	06:51
714	305	Sónia Jesus	g.d.c. de guilhovai	Veterana F40	01:08:32	+36:18	06:51
715	879	Catarina Cunha	run2eat	Senior Feminino	01:08:34	+36:20	06:51
716	658	Fausto Jorge Lopes Cardoso	individual	Veterano M50	01:08:36	+36:23	06:52
717	80	Susana Rocha	amigos divertidos	Veterana F40	01:08:37	+36:24	06:52
718	390	Angela Maria Tavares Oliveira	individual	Senior Feminino	01:08:39	+36:26	06:52
719	254	Rui Paiva	familia paiva	Senior Masculino	01:08:43	+36:29	06:52
720	447	Carlos Garcias	individual	Senior Masculino	01:08:45	+36:31	06:53
721	599	Carlos Vieira	individual	Veterano M40	01:08:57	+36:43	06:54
722	572	Célia Melo	individual	Veterana F40	01:08:57	+36:43	06:54
723	465	Hélder Emanuel da Silva Pinho	individual	Senior Masculino	01:08:58	+36:44	06:54
724	779	Marco Silva	os preguiças	Senior Masculino	01:09:00	+36:47	06:54
725	778	Diogo Baptista	os preguiças	Senior Masculino	01:09:01	+36:48	06:54
726	721	jorge oliveira	multirunners	Veterano M40	01:09:02	+36:49	06:54
727	720	carla novais	multirunners	Veterana F40	01:09:02	+36:49	06:54
728	318	Bruno Emanuel Lopes Garcias	gap	Senior Masculino	01:09:06	+36:53	06:55
729	320	Jorge Augusto Magano Maio	gap	Senior Masculino	01:09:07	+36:53	06:55
730	319	João Filipe Magano Maio	gap	Senior Masculino	01:09:07	+36:54	06:55
731	321	Luís André Martinez Vieira	gap	Senior Masculino	01:09:08	+36:54	06:55
732	899	SÍLVIA COUTO	runrun	Senior Feminino	01:09:11	+36:57	06:55
733	313	Manuel Urbano	g.d.c. de guilhovai	Veterano M40	01:09:12	+36:59	06:55
734	304	Sofia Leite	g.d.c. de guilhovai	Veterana F40	01:09:12	+36:59	06:55
735	89	Filipe Santos	arouca runners	Senior Masculino	01:09:16	+37:02	06:56
736	88	Marisa Santos	arouca runners	Senior Feminino	01:09:16	+37:02	06:56
737	36	João Filipe Teixeira Cunha	acrorunners	Senior Masculino	01:09:19	+37:06	06:56
738	34	Maria Rosa Teixeira Mendes	acrorunners	Senior Feminino	01:09:20	+37:06	06:56
739	726	Josefa Bastos	mum's run	Senior Feminino	01:09:21	+37:08	06:56
740	724	Fátima Costa	mum's run	Senior Feminino	01:09:21	+37:08	06:56
741	727	Maria João Peixoto	mum's run	Veterana F40	01:09:22	+37:08	06:56
742	495	Luís Faria	individual	Senior Masculino	01:09:23	+37:09	06:56
743	419	Patrícia Lopes	individual	Senior Feminino	01:09:23	+37:09	06:56
744	683	Marlene Alexandra Teles Andrade Rodrigues	just4fun	Veterana F40	01:09:26	+37:13	06:57

PROVA PRINCIPAL - STAGE 1 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
745	684	Joao Pedro Monteiro Rodrigues	just4fun	Veterano M40	01:09:26	+37:13	06:57
746	825	Rute Isabel Lima Pinto	piscinas municipais de santa maria da feira	Senior Feminino	01:09:41	+37:27	06:58
747	407	Liliana Patricia Santos Fagundes	individual	Senior Feminino	01:09:41	+37:27	06:58
748	830	Armindo Sergio Silva Alves	piscinas municipais de santa maria da feira	Senior Masculino	01:09:41	+37:27	06:58
749	396	Claudia Santos	individual	Senior Feminino	01:09:41	+37:28	06:58
750	509	Miguel Barbosa	individual	Senior Masculino	01:09:41	+37:28	06:58
751	494	Luis Equipa Boot	individual	Senior Masculino	01:09:42	+37:28	06:58
752	199	Maria Fernanda Costa	clube os 5 a hora	Veterana F40	01:09:42	+37:28	06:58
753	427	Sofia Gomes	individual	Senior Feminino	01:10:00	+37:47	07:00
754	805	Jose Almeida	pe de chumbo team	Veterano M40	01:10:11	+37:58	07:01
755	804	Antonio Real	pe de chumbo team	Veterano M40	01:10:11	+37:58	07:01
756	851	Pedro Arrojado	pobo	Senior Masculino	01:10:35	+38:22	07:04
757	850	Ana Abreu Freire	pobo	Senior Feminino	01:10:36	+38:22	07:04
758	894	Raquel Vilela	runners on fire	Senior Feminino	01:10:37	+38:23	07:04
759	283	Vitor Duarte	fogaças com malapos	Senior Masculino	01:10:37	+38:23	07:04
760	272	Adriano Sá	fogaças com malapos	Senior Masculino	01:10:37	+38:23	07:04
761	388	Andreia raquel ferreira martins	individual	Senior Feminino	01:10:38	+38:24	07:04
762	504	Marcio alexandre teixeira borges	individual	Senior Masculino	01:10:38	+38:24	07:04
763	717	anabela barata	multirunners	Senior Feminino	01:10:46	+38:32	07:05
764	293	RUI COELHO	fugitivos urbanos	Veterano M40	01:10:46	+38:32	07:05
765	291	ALBINO GOMES	fugitivos urbanos	Veterano M40	01:10:46	+38:32	07:05
766	424	sandra crestina pimenta ferreira	individual	Senior Feminino	01:10:47	+38:33	07:05
767	583	Sónia Veludo	individual	Veterana F40	01:10:47	+38:34	07:05
768	285	Raquel Carvalheira	fogea7pés	Senior Feminino	01:10:52	+38:38	07:05
769	286	João Soares	fogea7pés	Senior Masculino	01:10:52	+38:38	07:05
770	138	António Matos	borabora, vamos lá!	Veterano M40	01:10:53	+38:40	07:05
771	381	Ana Almeida	individual	Senior Feminino	01:11:01	+38:48	07:06
772	878	Ana Cunha	run2eat	Senior Feminino	01:11:10	+38:56	07:07
773	880	Sandra Bastos	run2eat	Senior Feminino	01:11:10	+38:57	07:07
774	148	Jose Amorim Alves Pereira	btt brandoense	Veterano M50	01:11:11	+38:58	07:07
775	147	Maria Filomena Mendes de Oliveira	btt brandoense	Veterana F40	01:11:12	+38:58	07:07
776	210	Sara Cristina Fernandes Duarte	divas do asfalto	Senior Feminino	01:11:12	+38:58	07:07
777	704	Alícia Rebelo	mancos, coxos e limitados	Senior Feminino	01:11:13	+38:59	07:07
778	421	Raquel Alves	individual	Senior Feminino	01:11:18	+39:04	07:08
779	483	José Faria	individual	Senior Masculino	01:11:18	+39:05	07:08
780	411	Mariana Marques Costa	individual	Senior Feminino	01:11:22	+39:08	07:08
781	405	Joana Marques Costa	individual	Senior Feminino	01:11:22	+39:09	07:08
782	412	Marisa Dias Ribeiro	individual	Senior Feminino	01:11:30	+39:16	07:09
783	672	Rui Avelino Neves da Silva	individual	Veterano M50	01:11:30	+39:17	07:09
784	328	Monica Oliveira	ginasius	Veterana F40	01:11:36	+39:23	07:10
785	330	Susana Fernandes	ginasius	Veterana F40	01:11:36	+39:23	07:10
786	827	Sara Santiago	piscinas municipais de santa maria da feira	Senior Feminino	01:11:37	+39:23	07:10
787	846	Miguel Pinheiro	piscinas municipais de santa maria da feira	Veterano M40	01:11:37	+39:23	07:10
788	861	Pedro Barreira	pp rt	Veterano M40	01:11:38	+39:25	07:10
789	862	Augusto Barreira	pp rt	Veterano M50	01:11:41	+39:28	07:10
790	821	Jorge Henrique Azevedo Gomes	piquito	Senior Masculino	01:11:49	+39:36	07:11

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
791	820	Rita da Costa Dias Gomes	piquito	Senior Feminino	01:11:50	+39:37	07:11
792	410	Maria Teixeira	individual	Senior Feminino	01:12:07	+39:54	07:13
793	936	SÓNIA ROCHA	trail running clube btt sanguedo	Senior Feminino	01:12:08	+39:55	07:13
794	695	Manuel Rocha	kerigma	Senior Masculino	01:12:11	+39:58	07:13
795	325	Veronica Sampaio	getfit2eat	Veterana F40	01:12:25	+40:12	07:15
796	926	Gina Fernandes	tartarugas	Veterana F40	01:12:27	+40:13	07:15
797	569	Carla Alexandra Brandão Campos	not run alone	Veterana F40	01:12:39	+40:25	07:16
798	344	ISABEL MARTINS	grunil	Veterana F40	01:12:43	+40:29	07:16
799	697	Ricardo Manuel Lopes da Costa	lobos do mar	Senior Masculino	01:12:43	+40:29	07:16
800	151	Luis Monteiro	budeguita runners	Veterano M40	01:12:43	+40:30	07:16
801	765	horacio ferreira	oliveirinhas	Senior Masculino	01:13:06	+40:53	07:19
802	769	ruben tavares	os botiga	Senior Masculino	01:13:15	+41:01	07:20
803	208	Ione Levi Ferreira Silva	divas do asfalto	Senior Feminino	01:13:21	+41:08	07:20
804	983	Inês Teixeira	luisa	Senior Feminino	01:13:38	+41:25	07:22
805	549	Rui Paulo Carneiro Miranda	individual	Senior Masculino	01:13:38	+41:25	07:22
806	416	Marta Sousa	individual	Senior Feminino	01:13:39	+41:25	07:22
807	96	jose Oliveira	azeitonas	Veterano M50	01:13:42	+41:29	07:22
808	95	Cristina Oliveira	azeitonas	Veterana F40	01:13:42	+41:29	07:22
809	57	Maria João Silva	alegres & cansados	Senior Feminino	01:13:43	+41:30	07:22
810	58	Maria de Lurdes Pereira	alegres & cansados	Veterana F40	01:13:44	+41:30	07:22
811	391	Bárbara Claro	individual	Senior Feminino	01:13:50	+41:36	07:23
812	711	António José Coutinho Nogueira	manos e cunhadas	Veterano M40	01:14:04	+41:50	07:24
813	708	Andreia Rocha	manos e cunhadas	Senior Feminino	01:14:05	+41:51	07:25
814	203	Cátia Santos	correr são bernardo	Senior Feminino	01:14:08	+41:55	07:25
815	204	Paivinha	correr são bernardo	Senior Feminino	01:14:08	+41:55	07:25
816	927	António Valente	tartarugas	Veterano M40	01:14:20	+42:07	07:26
817	921	Viviana Peralta	tartarugas	Senior Feminino	01:14:21	+42:08	07:26
818	924	Tiago Almeida	tartarugas	Senior Masculino	01:14:21	+42:08	07:26
819	920	Renata Barata	tartarugas	Senior Feminino	01:14:21	+42:08	07:26
820	925	Carla Machado	tartarugas	Veterana F40	01:14:22	+42:08	07:26
821	371	Diana Sousa	hssrunners	Senior Feminino	01:15:12	+42:59	07:31
822	221	José Lima Nogueira	é preciso é insistir e nunca desistir!!!	Senior Masculino	01:15:30	+43:16	07:33
823	220	Ana Isabel Montezinho	é preciso é insistir e nunca desistir!!!	Senior Feminino	01:15:30	+43:16	07:33
824	853	Fernando Silva	poke-yoke	Senior Masculino	01:15:59	+43:45	07:36
825	389	Andreia Vieira	individual	Senior Feminino	01:16:06	+43:53	07:37
826	838	Elisabete Teixeira Carvalho	piscinas municipais de santa maria da feira	Veterana F40	01:16:11	+43:57	07:37
827	843	Joaquim Encarnação	piscinas municipais de santa maria da feira	Veterano M40	01:16:11	+43:57	07:37
828	228	Paula Santos	eles andem ai...	Veterana F40	01:16:12	+43:59	07:37
829	136	Paula Julieta Santos	borabora, vamos lá!	Senior Feminino	01:16:26	+44:12	07:39
830	932	Vera Silva	teachers in slow motion	Senior Feminino	01:16:40	+44:26	07:40
831	935	Patricia Mesquita	teachers in slow motion	Veterana F40	01:16:40	+44:27	07:40
832	930	Carla Azevedo	teachers in slow motion	Senior Feminino	01:16:41	+44:27	07:40
833	915	Marta Sofia Azevedo Laureano	speed	Senior Feminino	01:16:44	+44:30	07:40
834	438	Artur Fonseca	individual	Senior Masculino	01:17:12	+44:59	07:43
835	668	José Remédios Furtado	individual	Veterano M50	01:17:34	+45:21	07:45

PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
836	484	José Manuel dos Santos Silva Pereira	individual	Senior Masculino	01:18:22	+46:09	07:50
837	223	Pedro Miguel Tavares Prata	é preciso é insistir e nunca desistir!!!	Senior Masculino	01:18:25	+46:12	07:51
838	776	Érica Cristina Lino Pereira	os preguiças	Senior Feminino	01:18:47	+46:34	07:53
839	777	Sara Sousa	os preguiças	Senior Feminino	01:18:52	+46:39	07:53
840	802	Sérgio Oliveira	pé de atleta	Senior Masculino	01:18:56	+46:43	07:54
841	799	Maria Sousa	pé de atleta	Senior Feminino	01:18:56	+46:43	07:54
842	267	Filipe Daniel Ferreira da Costa	fisugaia	Senior Masculino	01:18:57	+46:43	07:54
843	868	Luís Sá	realcast	Senior Masculino	01:19:34	+47:21	07:57
844	867	Nicole Alves	realcast	Senior Feminino	01:19:34	+47:21	07:57
845	592	Antònio Manuel dos Santos Couto	individual	Veterano M40	01:19:35	+47:22	07:58
846	109	Gisela Pereira	bicademia	Senior Feminino	01:19:38	+47:24	07:58
847	952	EDUARDO GONÇALVES	us & others	Veterano M50	01:19:38	+47:25	07:58
848	735	Cristina Moreira	nascidos para correr	Veterana F40	01:19:40	+47:26	07:58
849	17	Ana Vaz	a.n.a.	Veterana F40	01:19:43	+47:30	07:58
850	18	Clara Landolt	a.n.a.	Veterana F40	01:19:43	+47:30	07:58
851	413	Marta Juliana Tavares Vieira	individual	Senior Feminino	01:21:01	+48:48	08:06
852	442	Bruno Manuel Pereira Ramos	individual	Senior Masculino	01:21:01	+48:48	08:06
853	289	SOFIA COELHO	fugitivos urbanos	Senior Feminino	01:21:03	+48:49	08:06
854	288	SANDRA SILVA	fugitivos urbanos	Senior Feminino	01:21:03	+48:49	08:06
855	763	Paulo Pinto	o reumatismo	Veterano M40	01:23:04	+50:51	08:18
856	762	Isabel Patricia	o reumatismo	Veterana F40	01:23:05	+50:51	08:19
857	322	Cláudia Dias	getfit2eat	Senior Feminino	01:23:33	+51:20	08:21
858	324	Sónia Rodrigues	getfit2eat	Veterana F40	01:23:35	+51:22	08:22
859	577	Maria Elisabete de Sousa Marques	individual	Veterana F40	01:27:06	+54:52	08:43
860	323	Vânia Guedes	getfit2eat	Senior Feminino	01:27:14	+55:00	08:43
861	255	Silvio Paiva	familia paiva	Veterano M50	01:27:15	+55:01	08:44
862	94	Ricardo Teixeira	as gazelas	Veterano M40	01:28:48	+56:34	08:53
863	92	Susana Teixeira	as gazelas	Veterana F40	01:28:48	+56:35	08:53
864	102	Andreia Craveiro	barra fit runners	Senior Feminino	01:29:47	+57:34	08:59
865	103	Carolina Gomes	barra fit runners	Senior Feminino	01:29:47	+57:34	08:59
866	754	Carina Santos	o regresso dos que nunca foram	Senior Feminino	01:31:15	+59:02	09:08
867	756	Nicole Oliveira	o regresso dos que nunca foram	Senior Feminino	01:31:16	+59:02	09:08
868	755	Cinderela Santos	o regresso dos que nunca foram	Senior Feminino	01:31:16	+59:02	09:08
869	839	Leontina de Oliveira Coelho Correia	piscinas municipais de santa maria da feira	Veterana F40	01:32:45	+01:00:31	09:17
870	893	Marina Pereira	runners on fire	Senior Feminino	01:33:55	+01:01:41	09:24
871	731	Vitor Machado	muppets	Veterano M40	01:34:49	+01:02:36	09:29
872	730	Maria Correia	muppets	Senior Feminino	01:34:49	+01:02:36	09:29
873	507	Mário Rodrigues	individual	Senior Masculino	01:38:06	+01:05:53	09:49
874	382	Ana Guimarães	individual	Senior Feminino	01:38:07	+01:05:53	09:49
875	570	Carla Palmeiro	individual	Veterana F40	01:39:50	+01:07:36	09:59
876	580	Meg Garcia	individual	Veterana F40	01:39:51	+01:07:38	09:59
877	149	Tomas Rodrigues	budeguita runners	Senior Masculino	01:41:14	+01:09:00	10:07
878	150	Virginia Teixeira	budeguita runners	Veterana F40	01:42:15	+01:10:01	10:14
879	877	Ana Catarina Lopes	run2eat	Senior Feminino	01:42:57	+01:10:43	10:18
880	886	Luís Fernandes	run2eat	Senior Masculino	01:42:57	+01:10:44	10:18

PROVA PRINCIPAL - STAGE 1 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
881	757	Sara Cambra	o regresso dos que nunca foram	Senior Feminino	01:56:56	+01:24:43	11:42
882	758	Sara Dias	o regresso dos que nunca foram	Senior Feminino	01:56:57	+01:24:44	11:42

Corrida Urbana Terras de Santa Maria da Feira

Santa Maria da Feira

09-julho-2016

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	21:30	25ºC	54%
End	23:30	25ºC	54%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	399	Daniela Gregório	Individual	Senior Feminino	46:29		04:39
2	42	Fernanda Oliveira	ADCC J CLARK - Castelo de Paiva	Senior Feminino	50:18	+03:49	05:02
3	950	Lora Pereira	Turtles	Senior Feminino	50:46	+04:17	05:05
4	747	Susana Ribeiro	Núcleo de Atletismo de Cucujães	Senior Feminino	50:57	+04:27	05:06
5	295	carla alexandra fernandes de sousa	G.D.C. de Guilhovai	Senior Feminino	51:23	+04:54	05:08
6	402	Dina Isabel Neves dos Santos	Individual	Senior Feminino	51:51	+05:21	05:11
7	403	Elisabete Cunha	Individual	Senior Feminino	52:48	+06:18	05:17
8	177	Helena Silva	Centro Municipal de Marcha e Corrida de Vale de Cambra	Senior Feminino	53:14	+06:44	05:19
9	423	Rosa Maria Fernandes Batista	Individual	Senior Feminino	54:40	+08:10	05:28
10	976	Sonia Pinheiro	Yoga Run	Senior Feminino	54:48	+08:18	05:29
11	895	Sara Amaral	Runners on fire	Senior Feminino	55:23	+08:54	05:32
12	60	Ana Reis	All About Sport Events	Senior Feminino	55:53	+09:23	05:35
13	351	Lurdes Tavares	Grupo de Corrida de Argoncilhe	Senior Feminino	55:56	+09:26	05:36
14	673	Marisa Gonçalves	Invisíveis	Senior Feminino	56:29	+10:00	05:39
15	353	Sónia Lei	Grupo de Corrida de Argoncilhe	Senior Feminino	56:42	+10:12	05:40
16	213	Joana Patricia Santos Pinto	Dragões de ovar/pés de chumbo/nem pias	Senior Feminino	57:19	+10:49	05:44
17	408	Luciana Castro	Individual	Senior Feminino	57:35	+11:06	05:46
18	979	Maria Barbosa	FEEL FREE	Senior Feminino	57:53	+11:24	05:47
19	404	Inês Azevedo	Individual	Senior Feminino	58:02	+11:32	05:48
20	230	DIANA ARAUJO	ENERGIA GINÁSIO	Senior Feminino	58:05	+11:35	05:49
21	384	Ana Margarida Santos	Individual	Senior Feminino	58:06	+11:37	05:49
22	43	susana Sousa	ADCC J CLARK - Castelo de Paiva	Senior Feminino	58:31	+12:01	05:51
23	105	Rosana Sofia	BARRA FIT RUNNERS	Senior Feminino	58:39	+12:09	05:52
24	857	Rute Pacheco	Potes Running	Senior Feminino	59:11	+12:41	05:55
25	339	Marlene Guedes	GRIJÓ A CORRER	Senior Feminino	59:19	+12:49	05:56
26	785	Maria Emília Dias Alves	PaçosRunners	Senior Feminino	59:33	+13:03	05:57
27	372	Patrícia Santos	HSSRunners	Senior Feminino	59:37	+13:07	05:58
28	409	Maria Alexandra Almeida da Silva Pereira	Individual	Senior Feminino	59:53	+13:23	05:59
29	383	Ana Maia	Individual	Senior Feminino	59:54	+13:25	05:59
30	414	Marta Melissa Dos Santos Paulos	Individual	Senior Feminino	01:00:07	+13:38	06:01
31	417	Nathalie Martins	Individual	Senior Feminino	01:01:05	+14:36	06:07
32	124	Teresa Amorim	Body & Zen Salão Manos Running	Senior Feminino	01:01:17	+14:47	06:08
33	736	Cátia Caetano	Never Give Up	Senior Feminino	01:01:20	+14:50	06:08
34	395	Claudia Castro	Individual	Senior Feminino	01:01:20	+14:51	06:08
35	393	Catarina Lemos	Individual	Senior Feminino	01:01:53	+15:23	06:11
36	824	Carla Alexandra dos Santos Patela	Piscinas Municipais de Santa Maria da Feira	Senior Feminino	01:02:23	+15:53	06:14
37	397	Cristina Rodrigues Teixeira Lopes	Not Run Alone	Senior Feminino	01:02:35	+16:06	06:16

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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38	709	Felisbela Queirós Campos Nogueira	Manos e Cunhadas	Senior Feminino	01:03:00	+16:31	06:18
39	719	sandra	MultiRunners	Senior Feminino	01:03:03	+16:33	06:18
40	718	mariana serra	MultiRunners	Senior Feminino	01:03:07	+16:37	06:19
41	420	Paula Alexandra Andrade Costa	Individual	Senior Feminino	01:03:09	+16:40	06:19
42	961	Eliana Ferreira	Villa Cesari - Flama	Senior Feminino	01:03:10	+16:41	06:19
43	415	Marta Monterio	Individual	Senior Feminino	01:03:23	+16:53	06:20
44	370	Andreia Santos	HSSRunners	Senior Feminino	01:03:23	+16:54	06:20
45	712	Sónia Moreira	Moreira's Clã	Senior Feminino	01:03:43	+17:13	06:22
46	350	Gisela fontes	Grupo de Corrida de Argoncilhe	Senior Feminino	01:03:48	+17:18	06:23
47	981	Durand Marjolaine	Inscrições Finais	Senior Feminino	01:04:04	+17:34	06:24
48	386	Anabela Sousa	Individual	Senior Feminino	01:04:21	+17:52	06:26
49	875	Sofia Azenha	Rumo34	Senior Feminino	01:04:25	+17:56	06:27
50	332	Claudia Nogueira	GRANCINDA's TEAM	Senior Feminino	01:04:25	+17:56	06:27
51	429	Tânia Raquel Carreiro Soares	Individual	Senior Feminino	01:04:35	+18:06	06:28
52	41	Ana Soraia Sousa	ADCC J CLARK - Castelo de Paiva	Senior Feminino	01:04:58	+18:29	06:30
53	400	Diana Carolina de Almeida Gonçalves	Individual	Senior Feminino	01:05:07	+18:37	06:31
54	828	Teresa Cristina oliveira Gonçalves	Piscinas Municipais de Santa Maria da Feira	Senior Feminino	01:05:31	+19:02	06:33
55	426	Sara braga	Not Run Alone	Senior Feminino	01:05:36	+19:06	06:34
56	392	Bruna Alexandra Gonçalves Cordeiro	Individual	Senior Feminino	01:05:48	+19:19	06:35
57	352	Solange Correia	Grupo de Corrida de Argoncilhe	Senior Feminino	01:06:00	+19:31	06:36
58	869	Teresa Fileno	Ria Saude Team Run	Senior Feminino	01:06:01	+19:31	06:36
59	123	Sara Silva	Body & Zen Salão Manos Running	Senior Feminino	01:06:03	+19:33	06:36
60	398	Cristina Veloso	Individual	Senior Feminino	01:06:05	+19:36	06:37
61	425	Sandra Silva	Individual	Senior Feminino	01:06:06	+19:36	06:37
62	122	Maria Celeste	Body & Zen Salão Manos Running	Senior Feminino	01:06:13	+19:43	06:37
63	326	Celeste Machado	GINASIUS	Senior Feminino	01:06:15	+19:46	06:38
64	121	Lidia ferreira	Body & Zen Salão Manos Running	Senior Feminino	01:06:18	+19:49	06:38
65	826	Sara Sá	Piscinas Municipais de Santa Maria da Feira	Senior Feminino	01:06:20	+19:51	06:38
66	914	Mariana de Sousa Azevedo	Speed	Senior Feminino	01:06:22	+19:53	06:38
67	115	Sara Reis	Bizinhos Atletic Club	Senior Feminino	01:06:27	+19:58	06:39
68	732	Sofia Reis	Nascidos para Correr	Senior Feminino	01:06:35	+20:06	06:40
69	931	Rachel Crivelli	teachers in slow motion	Senior Feminino	01:06:50	+20:21	06:41
70	75	Cláudia Ramos	Amigos das Sapatilhas	Senior Feminino	01:06:56	+20:27	06:42
71	333	Raquel Linhares	GRANCINDA's TEAM	Senior Feminino	01:06:58	+20:29	06:42
72	678	Diana Leite	Junta sjm	Senior Feminino	01:06:58	+20:29	06:42
73	679	Sílvia Ferreira	Junta sjm	Senior Feminino	01:07:04	+20:34	06:42
74	120	Claudia Ribeiro	Body & Zen Salão Manos Running	Senior Feminino	01:07:14	+20:45	06:43
75	209	Marta Cristina Almeida Gomes	Divas do Asfalto	Senior Feminino	01:07:19	+20:49	06:44
76	394	Cátia Magalhães	Individual	Senior Feminino	01:07:34	+21:05	06:45
77	387	Andreia Leite	Individual	Senior Feminino	01:07:37	+21:07	06:46
78	430	Virgínia Leão Martins Adegas	Individual	Senior Feminino	01:07:39	+21:09	06:46
79	385	Ana Monteiro	Individual	Senior Feminino	01:07:43	+21:13	06:46
80	176	Carla Silva	Centro Municipal de Marcha e Corrida de Vale de Cambra	Senior Feminino	01:07:54	+21:24	06:47
81	677	Daniela Leite	Junta sjm	Senior Feminino	01:08:21	+21:52	06:50

82	90	Sónia Pereira	As Gazelas	Senior Feminino	01:08:24	+21:54	06:50
83	879	Catarina Cunha	run2eat	Senior Feminino	01:08:34	+22:04	06:51
84	390	Angela Maria Tavares Oliveira	Individual	Senior Feminino	01:08:39	+22:10	06:52
85	899	SÍLVIA COUTO	RunRun	Senior Feminino	01:09:11	+22:41	06:55
86	88	Marisa Santos	Arouca Runners	Senior Feminino	01:09:16	+22:46	06:56
87	34	Maria Rosa Teixeira Mendes	ACRORUNNERS	Senior Feminino	01:09:20	+22:50	06:56
88	726	Josefa Bastos	Mum's run	Senior Feminino	01:09:21	+22:52	06:56
89	724	Fátima Costa	Mum's run	Senior Feminino	01:09:21	+22:52	06:56
90	419	Patrícia Lopes	Individual	Senior Feminino	01:09:23	+22:53	06:56
91	825	Rute Isabel Lima Pinto	Piscinas Municipais de Santa Maria da Feira	Senior Feminino	01:09:41	+23:11	06:58
92	407	Liliana Patricia Santos Fagundes	Individual	Senior Feminino	01:09:41	+23:11	06:58
93	396	Claudia Santos	Individual	Senior Feminino	01:09:41	+23:12	06:58
94	427	Sofia Gomes	Individual	Senior Feminino	01:10:00	+23:31	07:00
95	850	Ana Abreu Freire	Pobo	Senior Feminino	01:10:36	+24:06	07:04
96	894	Raquel Vilela	Runners on fire	Senior Feminino	01:10:37	+24:07	07:04
97	388	Andreia raquel ferreira martins	Individual	Senior Feminino	01:10:38	+24:08	07:04
98	717	anabela barata	MultiRunners	Senior Feminino	01:10:46	+24:16	07:05
99	424	sandra crestina pimenta ferreira	Individual	Senior Feminino	01:10:47	+24:17	07:05
100	285	Raquel Carvalheira	Fogea7pés	Senior Feminino	01:10:52	+24:22	07:05
101	381	Ana Almeida	Individual	Senior Feminino	01:11:01	+24:32	07:06
102	878	Ana Cunha	run2eat	Senior Feminino	01:11:10	+24:40	07:07
103	880	Sandra Bastos	run2eat	Senior Feminino	01:11:10	+24:41	07:07
104	210	Sara Cristina Fernandes Duarte	Divas do Asfalto	Senior Feminino	01:11:12	+24:42	07:07
105	704	Alícia Rebelo	Mancos, Coxos e Limitados	Senior Feminino	01:11:13	+24:43	07:07
106	421	Raquel Alves	Individual	Senior Feminino	01:11:18	+24:48	07:08
107	411	Mariana Marques Costa	Individual	Senior Feminino	01:11:22	+24:52	07:08
108	405	Joana Marques Costa	Individual	Senior Feminino	01:11:22	+24:53	07:08
109	412	Marisa Dias Ribeiro	Individual	Senior Feminino	01:11:30	+25:00	07:09
110	827	Sara Santiago	Piscinas Municipais de Santa Maria da Feira	Senior Feminino	01:11:37	+25:07	07:10
111	820	Rita da Costa Dias Gomes	PIQUITO	Senior Feminino	01:11:50	+25:21	07:11
112	410	Maria Teixeira	Individual	Senior Feminino	01:12:07	+25:38	07:13
113	936	SÓNIA ROCHA	Trail Running Clube Btt Sanguedo	Senior Feminino	01:12:08	+25:39	07:13
114	208	Ione Levi Ferreira Silva	Divas do Asfalto	Senior Feminino	01:13:21	+26:52	07:20
115	983	Inês Teixeira	Luisa	Senior Feminino	01:13:38	+27:09	07:22
116	416	Marta Sousa	Individual	Senior Feminino	01:13:39	+27:09	07:22
117	57	Maria João Silva	Alegres & Cansados	Senior Feminino	01:13:43	+27:14	07:22
118	391	Bárbara Claro	Individual	Senior Feminino	01:13:50	+27:20	07:23
119	708	Andreia Rocha	Manos e Cunhadas	Senior Feminino	01:14:05	+27:35	07:25
120	203	Cátia Santos	Correr São Bernardo	Senior Feminino	01:14:08	+27:39	07:25
121	204	Paivinha	Correr São Bernardo	Senior Feminino	01:14:08	+27:39	07:25
122	921	Viviana Peralta	Tartarugas	Senior Feminino	01:14:21	+27:52	07:26
123	920	Renata Barata	Tartarugas	Senior Feminino	01:14:21	+27:52	07:26
124	371	Diana Sousa	HSSRunners	Senior Feminino	01:15:12	+28:43	07:31
125	220	Ana Isabel Montezinho	É PRECISO É INSISTIR E NUNCA DESISTIR!!!	Senior Feminino	01:15:30	+29:00	07:33

Prova Principal 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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126	389	Andreia Vieira	Individual	Senior Feminino	01:16:06	+29:37	07:37
127	136	Paula Julieta Santos	BoraBora, Vamos Lá!	Senior Feminino	01:16:26	+29:56	07:39
128	932	Vera Silva	teachers in slow motion	Senior Feminino	01:16:40	+30:10	07:40
129	930	Carla Azevedo	teachers in slow motion	Senior Feminino	01:16:41	+30:11	07:40
130	915	Marta Sofia Azevedo Laureano	Speed	Senior Feminino	01:16:44	+30:14	07:40
131	776	Érica Cristina Lino Pereira	Os Preguiças	Senior Feminino	01:18:47	+32:18	07:53
132	777	Sara Sousa	Os Preguiças	Senior Feminino	01:18:52	+32:23	07:53
133	799	Maria Sousa	PÉ DE ATLETA	Senior Feminino	01:18:56	+32:27	07:54
134	867	Nicole Alves	RealCast	Senior Feminino	01:19:34	+33:05	07:57
135	109	Gisela Pereira	Bicademia	Senior Feminino	01:19:38	+33:08	07:58
136	413	Marta Juliana Tavares Vieira	Individual	Senior Feminino	01:21:01	+34:32	08:06
137	289	SOFIA COELHO	Fugitivos Urbanos	Senior Feminino	01:21:03	+34:33	08:06
138	288	SANDRA SILVA	Fugitivos Urbanos	Senior Feminino	01:21:03	+34:33	08:06
139	322	Cláudia Dias	getfit2eat	Senior Feminino	01:23:33	+37:04	08:21
140	323	Vânia Guedes	getfit2eat	Senior Feminino	01:27:14	+40:44	08:43
141	102	Andreia Craveiro	BARRA FIT RUNNERS	Senior Feminino	01:29:47	+43:18	08:59
142	103	Carolina Gomes	BARRA FIT RUNNERS	Senior Feminino	01:29:47	+43:18	08:59
143	754	Carina Santos	O Regresso dos que Nunca Foram	Senior Feminino	01:31:15	+44:46	09:08
144	756	Nicole Oliveira	O Regresso dos que Nunca Foram	Senior Feminino	01:31:16	+44:46	09:08
145	755	Cinderela Santos	O Regresso dos que Nunca Foram	Senior Feminino	01:31:16	+44:46	09:08
146	893	Marina Pereira	Runners on fire	Senior Feminino	01:33:55	+47:25	09:24
147	730	Maria Correia	Muppets	Senior Feminino	01:34:49	+48:20	09:29
148	382	Ana Guimarães	Individual	Senior Feminino	01:38:07	+51:37	09:49
149	877	Ana Catarina Lopes	run2eat	Senior Feminino	01:42:57	+56:27	10:18
150	757	Sara Cambra	O Regresso dos que Nunca Foram	Senior Feminino	01:56:56	+01:10:27	11:42
151	758	Sara Dias	O Regresso dos que Nunca Foram	Senior Feminino	01:56:57	+01:10:28	11:42

Senior Masculino

1	702	Vitor oliveira	MAIA AC CRIOBABY	Senior Masculino	32:13		03:13
2	564	Vítor Santos	Individual	Senior Masculino	35:01	+02:48	03:30
3	302	paulo jorge soares pereira	G.D.C. de Guilhovai	Senior Masculino	35:02	+02:48	03:30
4	338	sérgio rodrigues	Grecas	Senior Masculino	35:11	+02:58	03:31
5	337	ricardo silva	Grecas	Senior Masculino	37:08	+04:54	03:43
6	812	Tozé Castro	Peraltafil runing	Senior Masculino	37:14	+05:00	03:43
7	298	António cristovao	G.D.C. de Guilhovai	Senior Masculino	38:47	+06:34	03:53
8	748	Luis Silva	Núcleo de Atletismo de Cucujães	Senior Masculino	38:51	+06:37	03:53
9	938	FÁBIO FERNANDES CORREIA	Trail Running Clube Btt Sanguedo	Senior Masculino	41:01	+08:47	04:06
10	20	Márcio Pereira	A.R.Casaense/Escola de Atletismo de Coimbra	Senior Masculino	41:01	+08:47	04:06
11	453	David Ferreira	Individual	Senior Masculino	41:02	+08:48	04:06
12	44	Carlos Sousa	ADCC J CLARK - Castelo de Paiva	Senior Masculino	41:04	+08:51	04:06
13	537	Ricardo Areias	Not Run Alone	Senior Masculino	41:25	+09:12	04:09
14	259	Alexandre Saraiva	FEEL FREE	Senior Masculino	41:41	+09:27	04:10
15	205	Ivan Silva	Corridaurbana.com	Senior Masculino	41:43	+09:29	04:10
16	508	Miguel Angelo Pereira Valente	Individual	Senior Masculino	41:44	+09:31	04:10

Prova Principal 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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17	940	HUGO DANIEL FERNANDES DA SILVA	Trail Running Clube Btt Sanguedo	Senior Masculino	41:45	+09:31	04:11
18	45	Marcelo Araujo	ADCC J CLARK - Castelo de Paiva	Senior Masculino	41:46	+09:33	04:11
19	141	António Silva	BOSCH Termotecnologia SA	Senior Masculino	41:50	+09:37	04:11
20	233	PAULO PINTO	ENERGIA GINÁSIO	Senior Masculino	41:52	+09:38	04:11
21	918	Joel Eduardo Baptista Peixoto	SuperRunners	Senior Masculino	42:06	+09:52	04:13
22	987	Nuno Faria	ADCC J CLARK - Castelo de Paiva	Senior Masculino	42:06	+09:52	04:13
23	359	Ricardo moreira	Grupo de Corrida de Argoncilhe	Senior Masculino	42:07	+09:53	04:13
24	61	Filipe Sousa	All About Sport Events	Senior Masculino	42:10	+09:56	04:13
25	432	André Almeida	Individual	Senior Masculino	42:11	+09:57	04:13
26	252	Pedro Pinto	Família Carneiro	Senior Masculino	42:13	+09:59	04:13
27	98	Nuno Miguel Marques da Silva Vaz	Azeméis Runners	Senior Masculino	42:14	+10:00	04:13
28	745	Pedro Barbosa	Not Run Alone	Senior Masculino	42:14	+10:01	04:13
29	546	Rui Dias Oliveira	Individual	Senior Masculino	42:19	+10:06	04:14
30	443	Bruno Miguel Oliveira Queirós	Individual	Senior Masculino	42:31	+10:18	04:15
31	481	José Alvarado	Individual	Senior Masculino	42:36	+10:22	04:16
32	810	Helder Robalo	Peraltafil runing	Senior Masculino	43:37	+11:24	04:22
33	458	Fábio Miguel da Silva pinho	Individual	Senior Masculino	44:31	+12:18	04:27
34	128	Leandro Neves	Body & Zen Salão Manos Running	Senior Masculino	44:32	+12:18	04:27
35	784	Sérgio Correia	OzXtreme/GDCR/CandongasBike	Senior Masculino	44:42	+12:28	04:28
36	492	Leandro Costa	Individual	Senior Masculino	44:44	+12:30	04:28
37	555	Tiago Carvalho	Individual	Senior Masculino	44:46	+12:32	04:29
38	559	Vasco Rafael Gomes Prata	Individual	Senior Masculino	44:48	+12:34	04:29
39	871	Jose Oliveira	Ria Saude Team Run	Senior Masculino	44:51	+12:38	04:29
40	882	Bruno Pinho	run2eat	Senior Masculino	44:54	+12:41	04:29
41	514	Nelson Silva	Individual	Senior Masculino	44:55	+12:41	04:30
42	29	António Paiva Santos	ABC	Senior Masculino	45:05	+12:51	04:31
43	376	RUI MIGUEL DA SILVA TEIXEIRA	HST CAR	Senior Masculino	45:09	+12:56	04:31
44	271	Ricardo Oliveira	Florista Márcia Graça	Senior Masculino	45:16	+13:03	04:32
45	269	César Costa	Florista Márcia Graça	Senior Masculino	45:17	+13:04	04:32
46	782	David Felizardo	OzXtreme/GDCR/CandongasBike	Senior Masculino	45:18	+13:04	04:32
47	796	Nelson Oliveira	PAPA-LÉGUAS	Senior Masculino	45:20	+13:06	04:32
48	703	Carlos Fonseca	Mancos	Senior Masculino	45:34	+13:20	04:33
49	760	Ricardo Correia	O Regresso dos que Nunca Foram	Senior Masculino	45:38	+13:25	04:34
50	452	Danny Mateus	Individual	Senior Masculino	45:48	+13:35	04:35
51	490	Josué Alberto França Moreira	Individual	Senior Masculino	45:49	+13:36	04:35
52	521	Nuno Miguel Araújo Pereira	Individual	Senior Masculino	46:08	+13:54	04:37
53	301	Miguel Santos	G.D.C. de Guilhovai	Senior Masculino	46:13	+13:59	04:37
54	162	ANTÓNIO NEVES	Caldas S. Jorge Sport Club	Senior Masculino	46:16	+14:03	04:38
55	358	Nuno Pereira	Grupo de Corrida de Argoncilhe	Senior Masculino	46:19	+14:05	04:38
56	11	Andre Saraiva	5 Ways 2 run	Senior Masculino	46:36	+14:22	04:40
57	14	Xavier Pinho	5 Ways 2 run	Senior Masculino	46:36	+14:23	04:40
58	263	Marco Peixoto	FEEL FREE	Senior Masculino	46:42	+14:28	04:40
59	163	Bruno Vidinha	Caldas S. Jorge Sport Club	Senior Masculino	46:42	+14:29	04:40
60	48	Noel Valadao	ADM-OriMondego	Senior Masculino	46:44	+14:31	04:40
61	798	Ricardo Oliveira	PAPA-LÉGUAS	Senior Masculino	46:51	+14:37	04:41
62	473	João Gomes	Individual	Senior Masculino	46:55	+14:41	04:42

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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63	542	Ricardo Moreira	Individual	Senior Masculino	47:33	+15:19	04:45
64	13	Vitor Saraiva	5 Ways 2 run	Senior Masculino	47:36	+15:23	04:46
65	108	Edivaldo Maciel	Beira Mar Atletismo	Senior Masculino	47:40	+15:27	04:46
66	686	Tiago Sousa Manarte	Juventude Cortegacense	Senior Masculino	47:41	+15:28	04:46
67	818	Marco António Alves Miranda	Physicus	Senior Masculino	47:42	+15:29	04:46
68	937	ANDRÉ SOUSA	Trail Running Clube Btt Sanguedo	Senior Masculino	47:46	+15:32	04:47
69	378	Artur Oliveira	Ilimitados	Senior Masculino	47:55	+15:42	04:48
70	49	Pedro Leal	AFIS/OVAR	Senior Masculino	47:56	+15:42	04:48
71	809	Fernando Gomes	Peraltafil runing	Senior Masculino	47:56	+15:43	04:48
72	783	Pedro Isabel	OzXtreme/GDCR/CandongasBike	Senior Masculino	47:57	+15:43	04:48
73	25	DAVID ALMEIDA	A.R.DE NEGRELOS	Senior Masculino	48:04	+15:51	04:48
74	270	Helder Nogueira	Florista Márcia Graça	Senior Masculino	48:06	+15:53	04:49
75	165	Ricardo Rodrigues	Caldas S. Jorge Sport Club	Senior Masculino	48:08	+15:54	04:49
76	523	Nuno Santos	Individual	Senior Masculino	48:08	+15:55	04:49
77	166	VITOR HUGO	Caldas S. Jorge Sport Club	Senior Masculino	48:15	+16:02	04:50
78	496	Luis Filipe Rocha	Individual	Senior Masculino	48:17	+16:04	04:50
79	379	João Oliveira	Ilimitados	Senior Masculino	48:19	+16:05	04:50
80	231	CARLOS VIEIRA	ENERGIA GINÁSIO	Senior Masculino	48:24	+16:11	04:50
81	300	gersão machado	G.D.C. de Guilhovai	Senior Masculino	48:25	+16:12	04:51
82	497	MACARIO SALCIDO JIMENEZ	Individual	Senior Masculino	48:26	+16:12	04:51
83	234	PEDRO PINTO	ENERGIA GINÁSIO	Senior Masculino	48:32	+16:18	04:51
84	529	Paulo Oliveira	Individual	Senior Masculino	48:32	+16:19	04:51
85	222	Luis Tavares	É PRECISO É INSISTIR E NUNCA DESISTIR!!!	Senior Masculino	48:33	+16:20	04:51
86	883	Daniel Rodrigues	run2eat	Senior Masculino	48:43	+16:30	04:52
87	971	Ivo Moura	Villa de Basto	Senior Masculino	48:48	+16:35	04:53
88	833	Nuno Antonio Gomes dos Santos	Piscinas Municipais de Santa Maria da Feira	Senior Masculino	49:03	+16:49	04:54
89	506	Mario Baptista	Individual	Senior Masculino	49:07	+16:53	04:55
90	528	Paulo Fidalgo	Individual	Senior Masculino	49:30	+17:17	04:57
91	527	Paulo Domingos Mota pinho	Individual	Senior Masculino	49:42	+17:29	04:58
92	797	Ricardo Mendes	PAPA-LÉGUAS	Senior Masculino	50:01	+17:47	05:00
93	916	Dario Ferreira Teixeira	Speed	Senior Masculino	50:05	+17:52	05:01
94	361	Tiago oliveira	Grupo de Corrida de Argoncilhe	Senior Masculino	50:09	+17:55	05:01
95	463	Frederico Ribeiro Picarote Paulino	Individual	Senior Masculino	50:11	+17:58	05:01
96	543	Ricardo Oliveira	Individual	Senior Masculino	50:15	+18:02	05:02
97	491	Juliano Silva	Individual	Senior Masculino	50:16	+18:02	05:02
98	164	RICARDO FERRÃO	Caldas S. Jorge Sport Club	Senior Masculino	50:19	+18:06	05:02
99	275	Filipe Sá Coelho	Fogaças com Malapos	Senior Masculino	50:23	+18:10	05:02
100	446	Carlos Eduardo Almeida	Individual	Senior Masculino	50:25	+18:12	05:03
101	445	Carlos André Queirós Madureira	Individual	Senior Masculino	50:29	+18:16	05:03
102	436	André Filipe Ruge Padrão	Individual	Senior Masculino	50:30	+18:16	05:03
103	178	Daniel Bastos	Centro Municipal de Marcha e Corrida de Vale de Cambra	Senior Masculino	50:30	+18:17	05:03
104	281	Ricardo Teixeira	Fogaças com Malapos	Senior Masculino	50:34	+18:20	05:03
105	431	Aires Tavares Oliveira	Individual	Senior Masculino	50:38	+18:25	05:04
106	972	Miguel Lemos	Villa de Basto	Senior Masculino	50:42	+18:28	05:04

107	235	RICARDO LOPES	ENERGIA GINÁSIO	Senior Masculino	50:44	+18:31	05:04
108	951	José Jorge	Turtles	Senior Masculino	50:45	+18:32	05:05
109	142	Bruno Silva	BOSCH Termotecnologia SA	Senior Masculino	50:47	+18:33	05:05
110	262	Márcio Pereira	FEEL FREE	Senior Masculino	50:47	+18:33	05:05
111	480	Jorge Santos	Individual	Senior Masculino	50:47	+18:34	05:05
112	811	Luis Guimarães	Peraltafil runing	Senior Masculino	50:50	+18:37	05:05
113	194	Alberto rodrigues	Clube Desportivo Feirense	Senior Masculino	50:50	+18:37	05:05
114	343	Rui Rocha	GRUNIL	Senior Masculino	50:51	+18:38	05:05
115	362	Vasco Neves	Grupo de Corrida de Argoncilhe	Senior Masculino	50:56	+18:43	05:06
116	768	João Costa	Os Botiga	Senior Masculino	50:56	+18:43	05:06
117	949	Pedro Soares	TRAPACEIROS	Senior Masculino	50:56	+18:43	05:06
118	278	Pedro Pereira	Fogaças com Malapos	Senior Masculino	51:01	+18:47	05:06
119	505	Marco Andre Mota Oliveira	Individual	Senior Masculino	51:04	+18:51	05:06
120	554	Simão Cardoso	Individual	Senior Masculino	51:11	+18:58	05:07
121	515	Nuno Alexandre Santos	Individual	Senior Masculino	51:13	+18:59	05:07
122	553	Silverio Emiliano Amorim Santos	Individual	Senior Masculino	51:16	+19:03	05:08
123	440	Bruno Andret Ribeiro da Silva	Individual	Senior Masculino	51:17	+19:03	05:08
124	530	paulo reis	Individual	Senior Masculino	51:17	+19:04	05:08
125	808	Celso Silva	Peraltafil runing	Senior Masculino	51:17	+19:04	05:08
126	15	André Martins	A. D. AMARANTE	Senior Masculino	51:17	+19:04	05:08
127	99	Rui Alexandre Almeida da Silva	Azeméis Runners	Senior Masculino	51:24	+19:10	05:08
128	759	Lucas Leitão	O Regresso dos que Nunca Foram	Senior Masculino	51:24	+19:11	05:08
129	519	Nuno Leite	Individual	Senior Masculino	51:26	+19:12	05:09
130	512	Miguel Mota	Individual	Senior Masculino	51:37	+19:23	05:10
131	84	Pedro Vaz	Amigos do TITI	Senior Masculino	51:38	+19:25	05:10
132	563	Vitor santos	Individual	Senior Masculino	51:41	+19:28	05:10
133	551	Sérgio Melo	Individual	Senior Masculino	51:42	+19:28	05:10
134	477	Jorge Loureiro	Individual	Senior Masculino	51:44	+19:30	05:10
135	434	André Ferro	Individual	Senior Masculino	51:47	+19:34	05:11
136	881	Bruno Mesquita	run2eat	Senior Masculino	51:49	+19:35	05:11
137	544	Ricardo Seromenho	Individual	Senior Masculino	51:51	+19:38	05:11
138	125	André Santos	Body & Zen Salão Manos Running	Senior Masculino	51:54	+19:40	05:11
139	126	Carlos Sá	Body & Zen Salão Manos Running	Senior Masculino	51:54	+19:40	05:11
140	373	Marco Paiva	HSSRunners	Senior Masculino	51:55	+19:42	05:12
141	501	Manuel Dias Oliveira	Individual	Senior Masculino	51:55	+19:42	05:12
142	260	Ricardo Ribeiro	FEEL FREE	Senior Masculino	52:07	+19:53	05:13
143	539	Ricardo José Azevedo Pinho	Individual	Senior Masculino	52:10	+19:56	05:13
144	454	David Nogueira	Individual	Senior Masculino	52:21	+20:07	05:14
145	786	Fábio Brito	PaçosRunners	Senior Masculino	52:24	+20:11	05:14
146	837	Vitor Vieira	Piscinas Municipais de Santa Maria da Feira	Senior Masculino	52:26	+20:13	05:15
147	464	Gabriel Viana	Individual	Senior Masculino	52:26	+20:13	05:15
148	97	João Filipe Rios	Azeméis Runners	Senior Masculino	52:31	+20:18	05:15
149	466	Helder José Madureira Bernardo	Individual	Senior Masculino	52:35	+20:21	05:16
150	459	Fábio Mota Silva	Individual	Senior Masculino	52:41	+20:27	05:16
151	923	João Reis	Tartarugas	Senior Masculino	52:44	+20:31	05:16
152	253	Raul Fontes	Família Carneiro	Senior Masculino	52:46	+20:32	05:17

153	836	Ruben Joel Pinho da Silva	Piscinas Municipais de Santa Maria da Feira	Senior Masculino	52:47	+20:34	05:17
154	478	Jorge Manuel Faria Vilaça	Individual	Senior Masculino	52:48	+20:35	05:17
155	256	Ricardo Faria	Faria	Senior Masculino	52:48	+20:35	05:17
156	518	Nuno josé da cruz	Individual	Senior Masculino	52:51	+20:38	05:17
157	547	Rui Gomes	Individual	Senior Masculino	52:55	+20:41	05:18
158	538	Ricardo Ferreira	Individual	Senior Masculino	53:06	+20:52	05:19
159	354	António Ribeiro	Grupo de Corrida de Argoncilhe	Senior Masculino	53:10	+20:56	05:19
160	876	Pedro Marques	Rumo34	Senior Masculino	53:12	+20:58	05:19
161	939	GUILHERME MARTINS	Trail Running Clube Btt Sanguedo	Senior Masculino	53:23	+21:09	05:20
162	433	André cavadas	Individual	Senior Masculino	53:24	+21:10	05:20
163	520	Nuno Marnoto	Individual	Senior Masculino	53:24	+21:11	05:20
164	30	Xavier Alves Paiva	ABC	Senior Masculino	53:36	+21:22	05:22
165	801	Ricardo Almeida	PÉ DE ATLETA	Senior Masculino	53:39	+21:25	05:22
166	460	FERNANDO MENDES	Individual	Senior Masculino	53:46	+21:32	05:23
167	236	VITOR QUEIROS	ENERGIA GINÁSIO	Senior Masculino	53:56	+21:43	05:24
168	227	Rui Ferreira	Eles andem ai...	Senior Masculino	53:57	+21:44	05:24
169	450	daniel da rocha lops	Individual	Senior Masculino	54:09	+21:55	05:25
170	766	sergio oliveira	Oliveirinhas	Senior Masculino	54:43	+22:30	05:28
171	854	Marco Abreu	Poke-Yoke	Senior Masculino	54:44	+22:30	05:28
172	224	André Filipe dos Santos Rebelo	EDUART-COMPONENTES DE CALÇADO	Senior Masculino	54:44	+22:31	05:28
173	268	Artur Gomez	Florista Márcia Graça	Senior Masculino	54:47	+22:33	05:29
174	299	Artur Nadais	G.D.C. de Guilhovai	Senior Masculino	54:56	+22:42	05:30
175	264	Ricardo Oliveira	FEEL FREE	Senior Masculino	55:01	+22:47	05:30
176	977	Cláudio Ribeiro	Yoga Run	Senior Masculino	55:05	+22:51	05:31
177	532	Pedro Gomes Mota	Individual	Senior Masculino	55:05	+22:51	05:31
178	557	Tiago Gomes Mota	Individual	Senior Masculino	55:05	+22:52	05:31
179	35	Daniel Mendes Couto	ACRORUNNERS	Senior Masculino	55:05	+22:52	05:31
180	545	Romeu Ferreira	Individual	Senior Masculino	55:08	+22:54	05:31
181	541	Ricardo Manuel Teixeira de Pinho	Individual	Senior Masculino	55:08	+22:54	05:31
182	476	Joel Ribeiro	Individual	Senior Masculino	55:15	+23:02	05:32
183	969	André Mimi	Villa de Basto	Senior Masculino	55:22	+23:08	05:32
184	970	Cristiano Carvalho	Villa de Basto	Senior Masculino	55:22	+23:09	05:32
185	767	vitor oliveira	Oliveirinhas	Senior Masculino	55:27	+23:14	05:33
186	451	Daniel Moreira	Individual	Senior Masculino	55:44	+23:30	05:34
187	375	JOAQUIM HUGO DA SILVA TEIXEIRA	HST CAR	Senior Masculino	55:45	+23:31	05:35
188	855	Nuno Gomes	Poke-Yoke	Senior Masculino	55:47	+23:33	05:35
189	247	PEDRO VIANA	FACTOR X / S4L / MEDENSE FC	Senior Masculino	55:49	+23:36	05:35
190	859	Joel Assunção	PP RT	Senior Masculino	55:55	+23:41	05:36
191	860	Marco Xavier	PP RT	Senior Masculino	55:55	+23:42	05:36
192	913	Nuno Moreira	Sorrisos Populares	Senior Masculino	55:56	+23:42	05:36
193	962	António Almeida	Villa Cesari - Flama	Senior Masculino	55:56	+23:43	05:36
194	954	JOÃO FILIPE ALMEIDA ALVES	VALECAMBRENSES	Senior Masculino	56:09	+23:55	05:37
195	245	JOAO SOUSA	FACTOR X / S4L / MEDENSE FC	Senior Masculino	56:17	+24:03	05:38
196	956	TIAGO GOMES	VALECAMBRENSES	Senior Masculino	56:21	+24:07	05:38
197	900	DIOGO SANTOS	RunRun	Senior Masculino	56:24	+24:11	05:38

198	934	Rui Almeida	teachers in slow motion	Senior Masculino	56:26	+24:12	05:39
199	674	Bruno Bastos	Invisíveis	Senior Masculino	56:29	+24:16	05:39
200	561	Vitor Lemos	Individual	Senior Masculino	56:43	+24:29	05:40
201	698	Sérgio Sá Quintas	Lobos do Mar	Senior Masculino	56:44	+24:30	05:40
202	503	Márcio Alexandre Pinho Pereira	Individual	Senior Masculino	57:15	+25:01	05:44
203	280	Raul Pereira	Fogaças com Malapos	Senior Masculino	57:15	+25:02	05:44
204	279	Pedro Silva	Fogaças com Malapos	Senior Masculino	57:15	+25:02	05:44
205	276	Hugo Lima	Fogaças com Malapos	Senior Masculino	57:15	+25:02	05:44
206	215	Márcio Gomes Costa	Dragões de ovar/pés de chumbo/nem pias	Senior Masculino	57:18	+25:05	05:44
207	242	BRUNO SOUSA	FACTOR X / S4L / MEDENSE FC	Senior Masculino	57:21	+25:07	05:44
208	357	Miguel Morais	Grupo de Corrida de Argoncilhe	Senior Masculino	57:23	+25:10	05:44
209	705	João Rebelo	Mancos, Coxos e Limitados	Senior Masculino	57:26	+25:12	05:45
210	175	Hugo José Miguel Pinto	CCPAD - CLUBE DE CAÇA E PESCA DO ALTO DOURO	Senior Masculino	57:27	+25:14	05:45
211	355	João Fontes	Grupo de Corrida de Argoncilhe	Senior Masculino	57:36	+25:23	05:46
212	800	Carlos Dias	PÉ DE ATLETA	Senior Masculino	57:53	+25:40	05:47
213	706	José Moreira	Mancos, Coxos e Limitados	Senior Masculino	57:56	+25:43	05:48
214	489	José Paulo Amorim Costa de Castro couto	Individual	Senior Masculino	58:01	+25:47	05:48
215	232	PAULO OLIVEIRA	ENERGIA GINÁSIO	Senior Masculino	58:05	+25:51	05:49
216	525	Nuno Vieira	Individual	Senior Masculino	58:05	+25:52	05:49
217	448	Carlos Oliveira	Individual	Senior Masculino	58:08	+25:54	05:49
218	558	Tiago Pereira	Individual	Senior Masculino	58:08	+25:54	05:49
219	282	Roberto Dias	Fogaças com Malapos	Senior Masculino	58:08	+25:55	05:49
220	241	Tiago Miguel Soares Costa Pinto	Ermesindenses	Senior Masculino	58:13	+26:00	05:49
221	341	Décio Mortágua	GRUNIL	Senior Masculino	58:15	+26:02	05:50
222	106	André Quinta Nova	BARRA FIT RUNNERS	Senior Masculino	58:18	+26:05	05:50
223	457	Fábio André Ferreira Lourenço	Individual	Senior Masculino	58:22	+26:09	05:50
224	499	Manuel Aniceto	Individual	Senior Masculino	58:22	+26:09	05:50
225	374	Pedro Sousa	HSSRunners	Senior Masculino	58:27	+26:14	05:51
226	471	Hugo Azevedo	Individual	Senior Masculino	58:33	+26:19	05:51
227	455	Diogo Dias	Individual	Senior Masculino	58:42	+26:28	05:52
228	964	Miguel Moreira	Villa Cesari - Flama	Senior Masculino	58:56	+26:42	05:54
229	100	Rui Pedro Henriques Oliveira	Azeméis Runners	Senior Masculino	58:57	+26:43	05:54
230	500	Manuel da Silva Ramos	Individual	Senior Masculino	59:01	+26:47	05:54
231	562	Vítor Manuel Neves Nogueira	Individual	Senior Masculino	59:10	+26:56	05:55
232	781	André Silva	OzXtreme/GDCR/CandongasBike	Senior Masculino	59:15	+27:02	05:56
233	243	FERNADO DELINDRO	FACTOR X / S4L / MEDENSE FC	Senior Masculino	59:18	+27:04	05:56
234	955	RICARDO MANUEL BASTOS TAVARES DA SILVA	VALECAMBRENSES	Senior Masculino	59:34	+27:20	05:57
235	835	Ricardo Sousa	Piscinas Municipais de Santa Maria da Feira	Senior Masculino	59:34	+27:20	05:57
236	807	Bruno Neves	Peraltafil runing	Senior Masculino	59:40	+27:27	05:58
237	441	Bruno Barbosa	Individual	Senior Masculino	59:43	+27:29	05:58
238	761	Rui Carapinha	O Regresso dos que Nunca Foram	Senior Masculino	59:52	+27:38	05:59
239	274	Bruno Silva	Fogaças com Malapos	Senior Masculino	59:53	+27:40	05:59
240	517	Nuno Filipe Cardoso Maia	Individual	Senior Masculino	59:54	+27:40	05:59

241	984	Fabio Bruno Tavares Sousa	Piscinas Municipais de Santa Maria da Feira	Senior Masculino	59:55	+27:41	06:00
242	277	Hugo Oliveira	Fogaças com Malapos	Senior Masculino	01:00:00	+27:47	06:00
243	897	João Soares	Runners on fire	Senior Masculino	01:00:18	+28:05	06:02
244	902	Pedro Branco	Saúde e Companhia	Senior Masculino	01:00:21	+28:07	06:02
245	858	Jorge Ferreira	Potes Running	Senior Masculino	01:00:23	+28:09	06:02
246	498	Manuel Abreu	Individual	Senior Masculino	01:00:34	+28:20	06:03
247	360	Rui Alecrim	Grupo de Corrida de Argoncilhe	Senior Masculino	01:00:38	+28:25	06:04
248	908	Jorge Ribeiro	SMFantastic	Senior Masculino	01:00:53	+28:40	06:05
249	475	Joaquim Magalhães Esteves da Silva	Individual	Senior Masculino	01:00:57	+28:43	06:06
250	246	NUNO ANDRE	FACTOR X / S4L / MEDENSE FC	Senior Masculino	01:01:03	+28:50	06:06
251	444	Bruno Sá	Individual	Senior Masculino	01:01:04	+28:51	06:06
252	487	jose mota	Individual	Senior Masculino	01:01:05	+28:51	06:07
253	77	Silverio Francisco Ferreira Fernandes	Amigos das Sapatilhas	Senior Masculino	01:01:10	+28:56	06:07
254	342	Frederico Marques	GRUNIL	Senior Masculino	01:01:14	+29:01	06:07
255	290	HUGO OLIVEIRA	Fugitivos Urbanos	Senior Masculino	01:01:19	+29:05	06:08
256	467	Helder José Novo Gonçalves	Individual	Senior Masculino	01:01:20	+29:06	06:08
257	831	Bruno Gil da Silva Fernandes Pereira	Piscinas Municipais de Santa Maria da Feira	Senior Masculino	01:01:21	+29:07	06:08
258	470	Hélder Santos	Individual	Senior Masculino	01:01:21	+29:07	06:08
259	38	Ricardo Filipe da Silva Brochado	ACRORUNNERS	Senior Masculino	01:01:26	+29:12	06:09
260	941	NUNO ANDRÉ PAIS SANTOS	Trail Running Clube Btt Sanguedo	Senior Masculino	01:01:27	+29:13	06:09
261	154	VITOR SANTOS	CAL - Clube Atletismo de Lamas	Senior Masculino	01:01:28	+29:14	06:09
262	963	João Reis	Villa Cesari - Flama	Senior Masculino	01:01:32	+29:18	06:09
263	738	Rafael Pires	Never Give Up	Senior Masculino	01:01:34	+29:20	06:09
264	437	António Oliveira	Individual	Senior Masculino	01:01:36	+29:22	06:10
265	773	Vasco Regadas	Os fumos	Senior Masculino	01:01:38	+29:24	06:10
266	502	Manuel Leão Martins Adegas	Individual	Senior Masculino	01:01:40	+29:26	06:10
267	488	José Oliveira	Individual	Senior Masculino	01:01:48	+29:35	06:11
268	265	Rui Valente	FEEL FREE	Senior Masculino	01:02:13	+30:00	06:13
269	261	Márcio Jorge	FEEL FREE	Senior Masculino	01:02:15	+30:02	06:14
270	917	Filipe Tavares	Speed	Senior Masculino	01:02:21	+30:08	06:14
271	884	Igor Cunha	run2eat	Senior Masculino	01:02:45	+30:32	06:17
272	696	José Augusto Dinis Mirra	Lobos do Mar	Senior Masculino	01:02:48	+30:34	06:17
273	139	Nelson José Martins Azevedo Oliveira	Born to Conquer	Senior Masculino	01:02:50	+30:36	06:17
274	140	Tito José Sousa Abreu	Born to Conquer	Senior Masculino	01:02:50	+30:37	06:17
275	965	Roberto Moreira	Villa Cesari - Flama	Senior Masculino	01:03:10	+30:57	06:19
276	896	António Rodrigues	Runners on fire	Senior Masculino	01:03:10	+30:57	06:19
277	764	Hugo Pinto	Olhaquedois	Senior Masculino	01:03:20	+31:06	06:20
278	456	Emanuel Francisco Morgado Santos	Individual	Senior Masculino	01:03:20	+31:07	06:20
279	714	Rui Jorge	Mozelos Runners	Senior Masculino	01:03:20	+31:07	06:20
280	482	jose antonio lopes de pinho	Individual	Senior Masculino	01:03:32	+31:19	06:21
281	143	Paulo Ruela	BOSCH Termotecnologia SA	Senior Masculino	01:03:43	+31:30	06:22
282	540	Ricardo Leite	Individual	Senior Masculino	01:04:20	+32:07	06:26
283	334	Miguel Cardoso	GRANCINDA's TEAM	Senior Masculino	01:04:26	+32:12	06:27
284	479	Jorge Manuel Ferreira Duarte	Individual	Senior Masculino	01:04:32	+32:18	06:27
285	885	João Ribeiro	run2eat	Senior Masculino	01:04:45	+32:31	06:29

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

286	817	Douglas César Oliveira de Pinho	Physicus	Senior Masculino	01:05:09	+32:56	06:31
287	493	Leandro Manuel Reis Leite	Individual	Senior Masculino	01:05:10	+32:56	06:31
288	461	Fernando Ramos	Individual	Senior Masculino	01:05:40	+33:26	06:34
289	356	Jorge Chibante	Grupo de Corrida de Argoncilhe	Senior Masculino	01:06:01	+33:47	06:36
290	91	Rui Miranda	As Gazelas	Senior Masculino	01:06:01	+33:47	06:36
291	898	Miguel Pimentel	Runners on fire	Senior Masculino	01:06:02	+33:49	06:36
292	129	Pedro Neves	Body & Zen Salão Manos Running	Senior Masculino	01:06:03	+33:49	06:36
293	472	Hugo Homem Rocha	Individual	Senior Masculino	01:06:06	+33:52	06:37
294	474	João Pedro Abreu Santos	Individual	Senior Masculino	01:06:06	+33:53	06:37
295	734	José Andrade	Nascidos para Correr	Senior Masculino	01:06:32	+34:18	06:39
296	978	Fernando Sá	Yoga Run	Senior Masculino	01:06:47	+34:33	06:41
297	733	Jorge Rocha	Nascidos para Correr	Senior Masculino	01:06:51	+34:37	06:41
298	76	Nélson Silva	Amigos das Sapatilhas	Senior Masculino	01:06:55	+34:42	06:42
299	335	Pedro Ribau	GRANCINDA's TEAM	Senior Masculino	01:06:59	+34:45	06:42
300	739	Aristides Carneiro	Night Riders	Senior Masculino	01:07:00	+34:47	06:42
301	740	César Lima	Night Riders	Senior Masculino	01:07:01	+34:47	06:42
302	788	Daniel Costa	Pajory	Senior Masculino	01:07:02	+34:49	06:42
303	789	Fábio Jesus	Pajory	Senior Masculino	01:07:03	+34:49	06:42
304	791	Sandro Silva	Pajory	Senior Masculino	01:07:03	+34:49	06:42
305	534	Pedro Xavier Moreira da Silva	Individual	Senior Masculino	01:07:09	+34:55	06:43
306	127	Hugo Magalhaes	Body & Zen Salão Manos Running	Senior Masculino	01:07:14	+35:01	06:43
307	37	Pedro Miguel de Sousa Vieira	ACRORUNNERS	Senior Masculino	01:07:21	+35:08	06:44
308	327	Vasco Sá	GINASIUS	Senior Masculino	01:07:23	+35:10	06:44
309	244	FILIPE FONSECA	FACTOR X / S4L / MEDENSE FC	Senior Masculino	01:07:25	+35:11	06:45
310	524	Nuno Silva	Individual	Senior Masculino	01:07:34	+35:21	06:45
311	531	Pedro Filipe Pinto Barbosa	Individual	Senior Masculino	01:07:43	+35:29	06:46
312	349	José Sousa	Grupo 46	Senior Masculino	01:07:54	+35:41	06:47
313	533	Pedro Neto	Individual	Senior Masculino	01:08:04	+35:51	06:48
314	682	Joao Pedro Andrade Rodrigues	JUST4FUN	Senior Masculino	01:08:08	+35:55	06:49
315	486	José Miguel Sousa Azevedo	Individual	Senior Masculino	01:08:09	+35:55	06:49
316	870	Joao Afonso Oliveira	Ria Saude Team Run	Senior Masculino	01:08:15	+36:01	06:50
317	254	Rui Paiva	Familia Paiva	Senior Masculino	01:08:43	+36:29	06:52
318	447	Carlos Garcias	Individual	Senior Masculino	01:08:45	+36:31	06:53
319	465	Hélder Emanuel da Silva Pinho	Individual	Senior Masculino	01:08:58	+36:44	06:54
320	779	Marco Silva	Os Preguiças	Senior Masculino	01:09:00	+36:47	06:54
321	778	Diogo Baptista	Os Preguiças	Senior Masculino	01:09:01	+36:48	06:54
322	318	Bruno Emanuel Lopes Garcias	GAP	Senior Masculino	01:09:06	+36:53	06:55
323	320	Jorge Augusto Magano Maio	GAP	Senior Masculino	01:09:07	+36:53	06:55
324	319	João Filipe Magano Maio	GAP	Senior Masculino	01:09:07	+36:54	06:55
325	321	Luís André Martinez Vieira	GAP	Senior Masculino	01:09:08	+36:54	06:55
326	89	Filipe Santos	Arouca Runners	Senior Masculino	01:09:16	+37:02	06:56
327	36	João Filipe Teixeira Cunha	ACRORUNNERS	Senior Masculino	01:09:19	+37:06	06:56
328	495	Luís Faria	Individual	Senior Masculino	01:09:23	+37:09	06:56
329	830	Armindo Sergio Silva Alves	Piscinas Municipais de Santa Maria da Feira	Senior Masculino	01:09:41	+37:27	06:58
330	509	Miguel Barbosa	Individual	Senior Masculino	01:09:41	+37:28	06:58
331	494	Luis Equipa Boot	Individual	Senior Masculino	01:09:42	+37:28	06:58

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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332	851	Pedro Arrojado	Pobo	Senior Masculino	01:10:35	+38:22	07:04
333	283	Vitor Duarte	Fogaças com Malapos	Senior Masculino	01:10:37	+38:23	07:04
334	272	Adriano Sá	Fogaças com Malapos	Senior Masculino	01:10:37	+38:23	07:04
335	504	Marcio alexandre teixeira borges	Individual	Senior Masculino	01:10:38	+38:24	07:04
336	286	João Soares	Fogea7pés	Senior Masculino	01:10:52	+38:38	07:05
337	483	José Faria	Individual	Senior Masculino	01:11:18	+39:05	07:08
338	821	Jorge Henrique Azevedo Gomes	PIQUITO	Senior Masculino	01:11:49	+39:36	07:11
339	695	Manuel Rocha	Kerigma	Senior Masculino	01:12:11	+39:58	07:13
340	697	Ricardo Manuel Lopes da Costa	Lobos do Mar	Senior Masculino	01:12:43	+40:29	07:16
341	765	horacio ferreira	Oliveirinhas	Senior Masculino	01:13:06	+40:53	07:19
342	769	ruben tavares	Os Botiga	Senior Masculino	01:13:15	+41:01	07:20
343	549	Rui Paulo Carneiro Miranda	Individual	Senior Masculino	01:13:38	+41:25	07:22
344	924	Tiago Almeida	Tartarugas	Senior Masculino	01:14:21	+42:08	07:26
345	221	José Lima Nogueira	É PRECISO É INSISTIR E NUNCA DESISTIR!!!	Senior Masculino	01:15:30	+43:16	07:33
346	853	Fernando Silva	Poke-Yoke	Senior Masculino	01:15:59	+43:45	07:36
347	438	Artur Fonseca	Individual	Senior Masculino	01:17:12	+44:59	07:43
348	484	José Manuel dos Santos Silva Pereira	Individual	Senior Masculino	01:18:22	+46:09	07:50
349	223	Pedro Miguel Tavares Prata	É PRECISO É INSISTIR E NUNCA DESISTIR!!!	Senior Masculino	01:18:25	+46:12	07:51
350	802	Sérgio Oliveira	PÉ DE ATLETA	Senior Masculino	01:18:56	+46:43	07:54
351	267	Filipe Daniel Ferreira da Costa	FISUGAIA	Senior Masculino	01:18:57	+46:43	07:54
352	868	Luís Sá	RealCast	Senior Masculino	01:19:34	+47:21	07:57
353	442	Bruno Manuel Pereira Ramos	Individual	Senior Masculino	01:21:01	+48:48	08:06
354	507	Mário Rodrigues	Individual	Senior Masculino	01:38:06	+01:05:53	09:49
355	149	Tomas Rodrigues	BUDEGUITA RUNNERS	Senior Masculino	01:41:14	+01:09:00	10:07
356	886	Luís Fernandes	run2eat	Senior Masculino	01:42:57	+01:10:44	10:18

Veterana F40

1	676	MATILDE BAPTISTA	JAM - Juventude Atlética Mozelense	Veterana F40	48:47		04:53
2	185	Susana Leite	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterana F40	51:05	+02:19	05:07
3	565	aldina oliveira	Individual	Veterana F40	51:50	+03:03	05:11
4	181	Cristina Silva	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterana F40	52:02	+03:16	05:12
5	131	Fatima Pais	Body & Zen Salão Manos Running	Veterana F40	55:20	+06:33	05:32
6	903	Francisca Pereira	Savate-Maia	Veterana F40	55:53	+07:06	05:35
7	687	Marcia Castro Costa	Juventude Cortegacense	Veterana F40	56:01	+07:15	05:36
8	581	REGINA MARIA GONÇALVES DE ALMEIDA	Individual	Veterana F40	56:31	+07:45	05:39
9	582	Silvie Couto	Individual	Veterana F40	57:38	+08:51	05:46
10	184	Joana Freire	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterana F40	57:42	+08:56	05:46
11	578	Maria Irene Soares de Sá	Individual	Veterana F40	57:49	+09:03	05:47
12	211	Isabel Cristina Brandao Soares	Divas do Asfalto	Veterana F40	58:08	+09:22	05:49
13	910	Célia Sousa	SMFantastic	Veterana F40	58:22	+09:36	05:50

14	571	Carmo Marinho	Individual	Veterana F40	59:02	+10:16	05:54
15	183	Filomena Santos	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterana F40	59:33	+10:47	05:57
16	904	Ivone Pardal	Savate-Maia	Veterana F40	01:00:20	+11:34	06:02
17	575	Fernanda Gomes de Almeida	Individual	Veterana F40	01:00:29	+11:42	06:03
18	675	MARINHA BAPTISTA	JAM - Juventude Atlética Mozelense	Veterana F40	01:00:31	+11:45	06:03
19	111	Manuela Monteiro	Bicademia	Veterana F40	01:00:47	+12:00	06:05
20	567	Ana Paula de Sousa Alves Lopes	Individual	Veterana F40	01:01:21	+12:34	06:08
21	840	Maria Filomena Coelho da Silva Pinheiro	Piscinas Municipais de Santa Maria da Feira	Veterana F40	01:01:21	+12:35	06:08
22	112	Manuela Silva	Bicademia	Veterana F40	01:01:21	+12:35	06:08
23	574	Elisabete Silva	Individual	Veterana F40	01:01:23	+12:36	06:08
24	584	Virginia Oliveira	Individual	Veterana F40	01:01:28	+12:41	06:09
25	345	Mª José Moreira	GRUNIL	Veterana F40	01:02:01	+13:15	06:12
26	579	Marta Neves	Individual	Veterana F40	01:02:05	+13:19	06:13
27	182	Elsa Ferreira	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterana F40	01:02:11	+13:25	06:13
28	63	Maria José Peres	All About Sport Events	Veterana F40	01:02:44	+13:57	06:16
29	303	Alexandra Barbosa	G.D.C. de Guilhovai	Veterana F40	01:04:48	+16:01	06:29
30	890	Isabel Cunha	run2eat	Veterana F40	01:04:52	+16:05	06:29
31	576	MARIA CRISTINA ARAÚJO SILVA	Individual	Veterana F40	01:05:18	+16:31	06:32
32	64	Paula Chaves	All About Sport Events	Veterana F40	01:05:21	+16:34	06:32
33	329	Rosário Machado	GINASIUS	Veterana F40	01:05:49	+17:03	06:35
34	212	Luísa Brandão Soares	Divas do Asfalto	Veterana F40	01:05:55	+17:08	06:36
35	723	Arminda Cardoso	Mum's run	Veterana F40	01:06:09	+17:23	06:37
36	65	Paula Santos	All About Sport Events	Veterana F40	01:06:18	+17:31	06:38
37	585	Zuleima García	Individual	Veterana F40	01:06:18	+17:32	06:38
38	863	ANABELA MACHADO	QUENIANOS DE ESTARREJA	Veterana F40	01:06:22	+17:35	06:38
39	864	CELESTE DIAS	QUENIANOS DE ESTARREJA	Veterana F40	01:06:22	+17:35	06:38
40	841	Zelia Pinto	Piscinas Municipais de Santa Maria da Feira	Veterana F40	01:06:22	+17:36	06:38
41	363	Manuela Sousa	Grupo de Corrida de Argoncilhe	Veterana F40	01:06:25	+17:38	06:39
42	116	Ana Moura	Bizinhos Atletic Club	Veterana F40	01:06:27	+17:40	06:39
43	364	Rosalina Fontes	Grupo de Corrida de Argoncilhe	Veterana F40	01:06:49	+18:03	06:41
44	566	Alexandra Soares	Individual	Veterana F40	01:06:49	+18:03	06:41
45	336	Maria José Soares	GRANCINDA's TEAM	Veterana F40	01:06:59	+18:13	06:42
46	156	MARIA TERESA TAVARES	CAL - Clube Atletismo de Lamas	Veterana F40	01:07:35	+18:49	06:46
47	568	angela pinto	Individual	Veterana F40	01:07:37	+18:51	06:46
48	155	ANA CASTRO	CAL - Clube Atletismo de Lamas	Veterana F40	01:07:47	+19:00	06:47
49	680	Rosario Gestosa	Junta sjm	Veterana F40	01:08:20	+19:34	06:50
50	130	Anabela Bastos	Body & Zen Salão Manos Running	Veterana F40	01:08:24	+19:37	06:50
51	180	Céu Silva	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterana F40	01:08:24	+19:38	06:50
52	179	Ana Rosa Oliveira	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterana F40	01:08:25	+19:39	06:51
53	305	Sónia Jesus	G.D.C. de Guilhovai	Veterana F40	01:08:32	+19:45	06:51
54	80	Susana Rocha	Amigos Divertidos	Veterana F40	01:08:37	+19:51	06:52
55	572	Célia Melo	Individual	Veterana F40	01:08:57	+20:10	06:54

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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56	720	carla novais	MultiRunners	Veterana F40	01:09:02	+20:16	06:54
57	304	Sofia Leite	G.D.C. de Guilhovai	Veterana F40	01:09:12	+20:26	06:55
58	727	Maria João Peixoto	Mum's run	Veterana F40	01:09:22	+20:35	06:56
59	683	Marlene Alexandra Teles Andrade Rodrigues	JUST4FUN	Veterana F40	01:09:26	+20:40	06:57
60	199	Maria Fernanda Costa	Clube Os 5 a Hora	Veterana F40	01:09:42	+20:55	06:58
61	583	Sónia Veludo	Individual	Veterana F40	01:10:47	+22:01	07:05
62	147	Maria Filomena Mendes de Oliveira	BTT BRANDOENSE	Veterana F40	01:11:12	+22:25	07:07
63	328	Monica Oliveira	GINASIUS	Veterana F40	01:11:36	+22:50	07:10
64	330	Susana Fernandes	GINASIUS	Veterana F40	01:11:36	+22:50	07:10
65	325	Veronica Sampaio	getfit2eat	Veterana F40	01:12:25	+23:39	07:15
66	926	Gina Fernandes	Tartarugas	Veterana F40	01:12:27	+23:40	07:15
67	569	Carla Alexandra Brandão Campos	Not Run Alone	Veterana F40	01:12:39	+23:52	07:16
68	344	ISABEL MARTINS	GRUNIL	Veterana F40	01:12:43	+23:56	07:16
69	95	Cristina Oliveira	Azeitonas	Veterana F40	01:13:42	+24:56	07:22
70	58	Maria de Lurdes Pereira	Alegres & Cansados	Veterana F40	01:13:44	+24:57	07:22
71	925	Carla Machado	Tartarugas	Veterana F40	01:14:22	+25:35	07:26
72	838	Elisabete Teixeira Carvalho	Piscinas Municipais de Santa Maria da Feira	Veterana F40	01:16:11	+27:24	07:37
73	228	Paula Santos	Eles andem ai...	Veterana F40	01:16:12	+27:26	07:37
74	935	Patricia Mesquita	teachers in slow motion	Veterana F40	01:16:40	+27:54	07:40
75	735	Cristina Moreira	Nascidos para Correr	Veterana F40	01:19:40	+30:53	07:58
76	17	Ana Vaz	A.N.A.	Veterana F40	01:19:43	+30:57	07:58
77	18	Clara Landolt	A.N.A.	Veterana F40	01:19:43	+30:57	07:58
78	762	Isabel Patricia	O Reumatismo	Veterana F40	01:23:05	+34:18	08:19
79	324	Sónia Rodrigues	getfit2eat	Veterana F40	01:23:35	+34:49	08:22
80	577	Maria Elisabete de Sousa Marques	Individual	Veterana F40	01:27:06	+38:19	08:43
81	92	Susana Teixeira	As Gazelas	Veterana F40	01:28:48	+40:02	08:53
82	839	Leontina de Oliveira Coelho Correia	Piscinas Municipais de Santa Maria da Feira	Veterana F40	01:32:45	+43:58	09:17
83	570	Carla Palmeiro	Individual	Veterana F40	01:39:50	+51:03	09:59
84	580	Meg Garcia	Individual	Veterana F40	01:39:51	+51:05	09:59
85	150	Virginia Teixeira	BUDEGUITA RUNNERS	Veterana F40	01:42:15	+53:28	10:14

Veterano M40

1	308	Artur Rodrigues	G.D.C. de Guilhovai	Veterano M40	32:14		03:13
2	22	Mário Teixeira	A.R.Casaense/Escola de Atletismo de Coimbra	Veterano M40	37:10	+04:55	03:43
3	292	PEDRO SANTOS	Fugitivos Urbanos	Veterano M40	38:50	+06:36	03:53
4	605	Francelino Resende	Individual	Veterano M40	38:53	+06:39	03:53
5	311	José Silva	Núcleo de Atletismo de Cucujães	Veterano M40	39:00	+06:46	03:54
6	306	Alexandre Santos	G.D.C. de Guilhovai	Veterano M40	39:02	+06:47	03:54
7	848	Orlando Artur Valente	Piscinas Municipais de Santa Maria da Feira	Veterano M40	41:18	+09:03	04:08
8	774	Paulo Alexandre Santos Resende	Os fumos	Veterano M40	41:39	+09:24	04:10
9	171	TOZÉ AMORIM	Caldas S. Jorge Sport Club	Veterano M40	41:40	+09:25	04:10
10	157	AUGUSTO ALUAI	CAL - Clube Atletismo de Lamas	Veterano M40	41:48	+09:34	04:11

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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11	159	FILIPE FONTES	CAL - Clube Atletismo de Lamas	Veterano M40	41:52	+09:38	04:11
12	169	DAVID LEITE	Caldas S. Jorge Sport Club	Veterano M40	41:53	+09:38	04:11
13	68	Marco Silva	All About Sport Events	Veterano M40	42:10	+09:55	04:13
14	187	Jorge Silva	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterano M40	42:31	+10:17	04:15
15	31	MIGUEL MAGALHÃES	ACRDE	Veterano M40	42:38	+10:24	04:16
16	309	Joao Barbosa	G.D.C. de Guilhovai	Veterano M40	43:37	+11:23	04:22
17	32	PAULO SANTOS	ACRDE	Veterano M40	44:35	+12:21	04:28
18	196	José Sousa	Clube Desportivo Feirense	Veterano M40	44:38	+12:23	04:28
19	752	Victor Correia	Núcleo de Atletismo de Cucujães	Veterano M40	44:40	+12:26	04:28
20	746	José Lopes	Not Run Alone	Veterano M40	44:46	+12:31	04:29
21	167	ALBERTO NEVES	Caldas S. Jorge Sport Club	Veterano M40	44:46	+12:32	04:29
22	46	JOSE NETO	ADEC-MS-ASS.DESP.CULT.MACIEIRA DE SARNES	Veterano M40	44:51	+12:37	04:29
23	750	António Araújo	Núcleo de Atletismo de Cucujães	Veterano M40	44:53	+12:39	04:29
24	606	Francisco Tavares	Individual	Veterano M40	44:56	+12:42	04:30
25	587	Adelino Almeida	Individual	Veterano M40	45:02	+12:48	04:30
26	87	Paulo Grilo	ARCORUN	Veterano M40	45:04	+12:49	04:30
27	692	Jorge Fernando Silva Marques Coelho	Juventude Cortegacense	Veterano M40	45:22	+13:08	04:32
28	366	Carlos Ferreira	Grupo de Corrida de Argoncilhe	Veterano M40	45:29	+13:14	04:33
29	645	Sérgio Lourenço	Individual	Veterano M40	45:42	+13:28	04:34
30	945	MANUEL ALMEIDA CORREIA BASTOS	Trail Running Clube Btt Sanguedo	Veterano M40	46:11	+13:57	04:37
31	601	Clemente Teixeira	Individual	Veterano M40	46:12	+13:57	04:37
32	641	roberto carlos gomes silva	Individual	Veterano M40	46:12	+13:58	04:37
33	946	RICHARD NOGUEIRA	Trail Running Clube Btt Sanguedo	Veterano M40	46:17	+14:03	04:38
34	751	José Correia	Núcleo de Atletismo de Cucujães	Veterano M40	46:22	+14:07	04:38
35	624	Marco Neves	Individual	Veterano M40	46:22	+14:08	04:38
36	872	Luis Amaral	Ria Saude Team Run	Veterano M40	46:39	+14:25	04:40
37	266	António Nunes	FEEL FREE	Veterano M40	46:47	+14:32	04:41
38	380	João Gonçalves	Ilimitados	Veterano M40	47:12	+14:58	04:43
39	892	Manuel Teixeira	run2eat	Veterano M40	47:18	+15:03	04:44
40	589	António José da Cunha Lourenço	Individual	Veterano M40	47:18	+15:03	04:44
41	248	PEDRO FERREIRA	FACTOR X / S4L / MEDENSE FC	Veterano M40	47:18	+15:03	04:44
42	21	André Fernandes	A.R.Casaense/Escola de Atletismo de Coimbra	Veterano M40	47:35	+15:21	04:46
43	819	Miguel de Oliveira Almeida	Physicus	Veterano M40	47:42	+15:28	04:46
44	623	Manuel Adriano Pires Mortágua	Individual	Veterano M40	47:48	+15:34	04:47
45	368	Paulo Marques	Grupo de Corrida de Argoncilhe	Veterano M40	47:49	+15:35	04:47
46	615	José Pedro Conde Pinto da Silva	Individual	Veterano M40	47:59	+15:45	04:48
47	691	Joao Paulo Costa Oliveira	Juventude Cortegacense	Veterano M40	48:02	+15:48	04:48
48	629	PAULO BARBOSA	Not Run Alone	Veterano M40	48:03	+15:49	04:48
49	24	Nuno Cortesão	A.R.Casaense/Escola de Atletismo de Coimbra	Veterano M40	48:04	+15:49	04:48
50	611	Jorge Bruno Coelho Mota	Individual	Veterano M40	48:05	+15:51	04:49
51	690	Ernesto Marques Alves	Juventude Cortegacense	Veterano M40	48:09	+15:54	04:49
52	70	Rui Rocha	All About Sport Events	Veterano M40	48:14	+16:00	04:49
53	172	VITOR MARQUES	Caldas S. Jorge Sport Club	Veterano M40	48:15	+16:01	04:50

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

54	310	joao manuel soares pereira	G.D.C. de Guilhovai	Veterano M40	48:19	+16:04	04:50
55	749	António Alves	Núcleo de Atletismo de Cucujães	Veterano M40	48:19	+16:05	04:50
56	603	Diamantino Jorge Valquaresma	Individual	Veterano M40	48:39	+16:25	04:52
57	365	Antonio Silva	Grupo de Corrida de Argoncilhe	Veterano M40	48:43	+16:28	04:52
58	594	Antonio Matias	Individual	Veterano M40	48:43	+16:28	04:52
59	40	José Manuel Teixeira Vieira	ACRORUNNERS	Veterano M40	48:46	+16:31	04:53
60	622	Luiz Francisco	Individual	Veterano M40	48:47	+16:33	04:53
61	307	António Santos	G.D.C. de Guilhovai	Veterano M40	48:52	+16:37	04:53
62	793	José Rodrigues	Pajory	Veterano M40	49:02	+16:48	04:54
63	985	Antonio Pinto	Individual	Veterano M40	49:11	+16:57	04:55
64	377	JOSE PAULO DA SILVA GOMES	HST CAR	Veterano M40	49:31	+17:17	04:57
65	619	Luis Gomes	Individual	Veterano M40	49:36	+17:21	04:58
66	610	Jorge Augusto Oliveira Guerra	Individual	Veterano M40	50:04	+17:50	05:00
67	649	Vitor Rente	Individual	Veterano M40	50:05	+17:51	05:01
68	78	Filipe Moura	Amigos das Sapatilhas	Veterano M40	50:14	+18:00	05:01
69	145	Rui Pereira	BOSCH Termotecnologia SA	Veterano M40	50:17	+18:02	05:02
70	168	ANTÓNIO CONCEIÇÃO	Caldas S. Jorge Sport Club	Veterano M40	50:22	+18:08	05:02
71	188	Paulo Martins	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterano M40	50:23	+18:08	05:02
72	637	Raul Silva	Individual	Veterano M40	50:29	+18:14	05:03
73	170	MARTINHO SANTOS	Caldas S. Jorge Sport Club	Veterano M40	50:29	+18:14	05:03
74	741	Fernando Bastos	NO STOP TEAM	Veterano M40	50:31	+18:16	05:03
75	646	sérgio pinto almeida	Individual	Veterano M40	50:31	+18:17	05:03
76	607	helder silva	Individual	Veterano M40	50:36	+18:21	05:04
77	742	José Correia	NO STOP TEAM	Veterano M40	50:41	+18:26	05:04
78	905	Luís Peixoto	Savate-Maia	Veterano M40	50:43	+18:29	05:04
79	195	Jorge Gonçalves	Clube Desportivo Feirense	Veterano M40	50:49	+18:35	05:05
80	347	Eduardo Ferreira	GRUNIL	Veterano M40	50:52	+18:37	05:05
81	596	Bruno Cardoso Araujo	Individual	Veterano M40	50:55	+18:40	05:06
82	845	Luis Miguel Reis Oliveira	Piscinas Municipais de Santa Maria da Feira	Veterano M40	51:00	+18:45	05:06
83	23	Mário Vaz	A.R.Casaense/Escola de Atletismo de Coimbra	Veterano M40	51:12	+18:57	05:07
84	312	Manuel Ferreira	G.D.C. de Guilhovai	Veterano M40	51:13	+18:58	05:07
85	813	Paulo Mota	Peraltafil runing	Veterano M40	51:17	+19:02	05:08
86	947	VITOR SANTOS	Trail Running Clube Btt Sanguedo	Veterano M40	51:17	+19:03	05:08
87	50	Américo Oliveira	AFIS/OVAR	Veterano M40	51:18	+19:03	05:08
88	16	Eduardo Ribeiro	A. D. AMARANTE	Veterano M40	51:27	+19:12	05:09
89	957	RUI MIGUEL NEGRAIS PINHO	VALECAMBRENSES	Veterano M40	51:50	+19:35	05:11
90	218	Sergio Gomes Costa	Dragões de ovar/pés de chumbo/nem pias	Veterano M40	51:51	+19:36	05:11
91	613	José Luís Saraiva Oliveira	Individual	Veterano M40	51:52	+19:37	05:11
92	635	Pedro Manuel Ribeiro Mendes Pinto	Individual	Veterano M40	51:56	+19:41	05:12
93	237	RUI PINTO	ENERGIA GINÁSIO	Veterano M40	52:01	+19:46	05:12
94	617	Luis Ferreira	Individual	Veterano M40	52:02	+19:48	05:12
95	133	Ricardo Pedroso	Body & Zen Salão Manos Running	Veterano M40	52:09	+19:54	05:13
96	249	Pedro Silva	FACTOR X / S4L / MEDENSE FC	Veterano M40	52:13	+19:59	05:13
97	644	Rui Soares	Individual	Veterano M40	52:21	+20:06	05:14

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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98	638	Renato Paulo Silva Tavares	Individual	Veterano M40	52:22	+20:07	05:14
99	101	Rogério Silva	Azeméis Runners	Veterano M40	52:41	+20:26	05:16
100	51	Carlos Campos	AFIS/OVAR	Veterano M40	52:58	+20:44	05:18
101	627	Nuno Miguel Carneiro	Individual	Veterano M40	52:59	+20:45	05:18
102	590	António José Pinheiro	Individual	Veterano M40	53:00	+20:45	05:18
103	966	Manuel Conceição	Villa Cesari - Flama	Veterano M40	53:00	+20:46	05:18
104	715	Joaquim Pereira	Mozelos Runners	Veterano M40	53:16	+21:01	05:20
105	86	Paulo Vaz	Amigos do TITI	Veterano M40	53:21	+21:07	05:20
106	144	Carlos Ferreira	BOSCH Termotecnologia SA	Veterano M40	53:25	+21:10	05:21
107	69	Mário Pereira	All About Sport Events	Veterano M40	53:45	+21:30	05:23
108	780	Luis Branco	OS TROMBINHAS	Veterano M40	53:49	+21:35	05:23
109	186	Antonio Alberto Matos Gomes	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterano M40	53:58	+21:44	05:24
110	598	CARLOS ESTIMA	Individual	Veterano M40	53:58	+21:44	05:24
111	250	RUI FREITAS	FACTOR X / S4L / MEDENSE FC	Veterano M40	54:03	+21:48	05:24
112	648	Virgílio Neto	Individual	Veterano M40	54:04	+21:50	05:24
113	158	BELMIRO LOPES	CAL - Clube Atletismo de Lamas	Veterano M40	54:07	+21:52	05:25
114	707	Abel Correia	Mancos, Coxos e Limitados	Veterano M40	54:11	+21:56	05:25
115	631	Paulo Pinto	Individual	Veterano M40	54:13	+21:58	05:25
116	618	Luís Filipe P. Rodrigues	Individual	Veterano M40	54:25	+22:11	05:27
117	891	Jorge Pacheco	run2eat	Veterano M40	54:29	+22:14	05:27
118	66	Alvaro Nunes	All About Sport Events	Veterano M40	54:59	+22:45	05:30
119	620	Luis Miguel Nunes Silva	Individual	Veterano M40	55:00	+22:45	05:30
120	929	Miguel Moura	Taylor's	Veterano M40	55:04	+22:49	05:30
121	928	Américo Santos	Taylor's	Veterano M40	55:04	+22:49	05:30
122	608	Ivo Almeida	Individual	Veterano M40	55:11	+22:57	05:31
123	113	Jorge Monteiro	Bicademia	Veterano M40	55:12	+22:57	05:31
124	114	Rui Peixoto	Bicademia	Veterano M40	55:12	+22:57	05:31
125	609	João Pinho	Individual	Veterano M40	55:22	+23:07	05:32
126	39	Ilidio Paulo Pereira Almeida	ACRORUNNERS	Veterano M40	55:30	+23:16	05:33
127	772	Sergio Costa	Os Botiga	Veterano M40	55:35	+23:21	05:34
128	630	Paulo matos	Individual	Veterano M40	55:43	+23:29	05:34
129	942	FERNANDO JOAQUIM DA SILVA RAMOS	Trail Running Clube Btt Sanguedo	Veterano M40	55:44	+23:30	05:34
130	56	Renato Alexandre Campos Araújo	AGDCR Feira Runners	Veterano M40	55:44	+23:30	05:34
131	225	Luís Filipe Martins Soares	EDUART-COMPONENTES DE CALÇADO	Veterano M40	55:44	+23:30	05:35
132	367	Fernando Pais	Grupo de Corrida de Argoncilhe	Veterano M40	55:55	+23:41	05:36
133	967	Paulo Ribeiro	Villa Cesari - Flama	Veterano M40	56:21	+24:06	05:38
134	968	Vítor Sá	Villa Cesari - Flama	Veterano M40	56:28	+24:14	05:39
135	634	Pedro Manuel de Oliveira Pais	Individual	Veterano M40	56:35	+24:20	05:40
136	874	José Augusto	Rio Meão	Veterano M40	57:52	+25:38	05:47
137	873	Francisco Reis	Rio Meão	Veterano M40	57:52	+25:38	05:47
138	640	Ricardo Jorge Azenha Pires Pereira Monteiro	Individual	Veterano M40	58:00	+25:46	05:48
139	865	MARCO DIAS	QUENIANOS DE ESTARREJA	Veterano M40	58:07	+25:52	05:49
140	591	António Manuel Bastos Dias	Individual	Veterano M40	58:07	+25:53	05:49
141	625	Mario Silva	Individual	Veterano M40	58:09	+25:54	05:49

142	52	Paulo Conde	AFIS/OVAR	Veterano M40	58:10	+25:55	05:49
143	251	RUI MOTA	FACTOR X / S4L / MEDENSE FC	Veterano M40	58:13	+25:59	05:49
144	911	João Ribeiro	SMFantastic	Veterano M40	58:23	+26:08	05:50
145	600	Christopher Guimaraens	Individual	Veterano M40	58:34	+26:19	05:51
146	844	Jose Manuel Dias Gonçalves	Piscinas Municipais de Santa Maria da Feira	Veterano M40	58:45	+26:30	05:53
147	633	Paulo Soares	Individual	Veterano M40	58:46	+26:32	05:53
148	19	Paulo Jorge	A.N.A.	Veterano M40	58:50	+26:36	05:53
149	632	Paulo Silva	Individual	Veterano M40	59:20	+27:06	05:56
150	152	Nuno Rodrigues	BUDEGUITA RUNNERS	Veterano M40	59:23	+27:08	05:56
151	842	Carlos Miguel Pires Carmo Henriques	Piscinas Municipais de Santa Maria da Feira	Veterano M40	59:41	+27:26	05:58
152	866	PAULO VIANA	QUENIANOS DE ESTARREJA	Veterano M40	01:00:01	+27:47	06:00
153	348	Manuel Soares	GRUNIL	Veterano M40	01:00:09	+27:54	06:01
154	643	Rui Jorge Moreira da Silva Lopes	Individual	Veterano M40	01:00:15	+28:01	06:02
155	787	Duarte Manuel Barros Dias	PaçosRunners	Veterano M40	01:00:20	+28:06	06:02
156	621	Luís Pessoa	Individual	Veterano M40	01:00:22	+28:07	06:02
157	906	Nuno Sousa	Savate-Maia	Veterano M40	01:00:31	+28:16	06:03
158	647	Tiago Soares	Individual	Veterano M40	01:00:33	+28:19	06:03
159	588	António Figueiredo	Individual	Veterano M40	01:00:46	+28:32	06:05
160	912	Sérgio Santos	SMFantastic	Veterano M40	01:01:04	+28:50	06:06
161	81	Paulo Martins	Amigos Divertidos	Veterano M40	01:01:08	+28:54	06:07
162	806	Marco Costa	Pe de chumbo Team	Veterano M40	01:01:11	+28:56	06:07
163	688	Anabela dos Santos Marques	Juventude Cortegacense	Veterano M40	01:01:14	+29:00	06:07
164	602	David Alves Silva	Individual	Veterano M40	01:01:19	+29:05	06:08
165	593	António Manuel Rodrigues Castro	Individual	Veterano M40	01:01:21	+29:07	06:08
166	160	PEDRO SANTOS	CAL - Clube Atletismo de Lamas	Veterano M40	01:01:26	+29:12	06:09
167	586	Adao Ribeiro	Individual	Veterano M40	01:01:27	+29:12	06:09
168	636	Pedro Mesquita	Individual	Veterano M40	01:02:05	+29:50	06:13
169	201	Armando Neves	Clube Os 5 a Hora	Veterano M40	01:02:20	+30:06	06:14
170	944	JOSÉ CONCEIÇÃO	Trail Running Clube Btt Sanguedo	Veterano M40	01:02:36	+30:22	06:16
171	67	Henrique Marques	All About Sport Events	Veterano M40	01:02:44	+30:30	06:16
172	792	António Bessa	Pajory	Veterano M40	01:02:59	+30:44	06:18
173	642	Rui Jorge de Sá Neves	Individual	Veterano M40	01:03:01	+30:46	06:18
174	597	Bruno Rodrigues	Individual	Veterano M40	01:03:02	+30:48	06:18
175	595	Augusto Rodrigues	Individual	Veterano M40	01:03:22	+31:08	06:20
176	200	Alberto Alves	Clube Os 5 a Hora	Veterano M40	01:03:41	+31:26	06:22
177	713	João Moreira	Moreira's Clã	Veterano M40	01:03:43	+31:29	06:22
178	93	Eduardo Lemos	As Gazelas	Veterano M40	01:03:44	+31:30	06:22
179	616	Julio Augusto Morais Pereira	Individual	Veterano M40	01:04:13	+31:59	06:25
180	639	Ricardo Alexandre de Castro Portugal	Individual	Veterano M40	01:04:40	+32:26	06:28
181	257	Jorge Faria	Faria	Veterano M40	01:05:25	+33:11	06:33
182	604	Emanuel Mota	Individual	Veterano M40	01:05:28	+33:13	06:33
183	847	Nelson Jorge de sousa das Neves	Piscinas Municipais de Santa Maria da Feira	Veterano M40	01:05:31	+33:17	06:33
184	117	Dinis Baptista	Bizinhos Atletic Club	Veterano M40	01:05:55	+33:41	06:36
185	119	Tiago Ferreira	Bizinhos Atletic Club	Veterano M40	01:06:26	+34:12	06:39

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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186	118	Nuno Manarte	Bizinhos Atletic Club	Veterano M40	01:06:28	+34:13	06:39
187	229	Fernando Mota	Eles andem ai...	Veterano M40	01:06:43	+34:28	06:40
188	795	Ricardo Costa	Pajory	Veterano M40	01:07:03	+34:48	06:42
189	794	Pedro Estrela	Pajory	Veterano M40	01:07:03	+34:48	06:42
190	599	Carlos Vieira	Individual	Veterano M40	01:08:57	+36:42	06:54
191	721	jorge oliveira	MultiRunners	Veterano M40	01:09:02	+36:48	06:54
192	313	Manuel Urbano	G.D.C. de Guilhovai	Veterano M40	01:09:12	+36:58	06:55
193	684	Joao Pedro Monteiro Rodrigues	JUST4FUN	Veterano M40	01:09:26	+37:12	06:57
194	805	Jose Almeida	Pe de chumbo Team	Veterano M40	01:10:11	+37:57	07:01
195	804	Antonio Real	Pe de chumbo Team	Veterano M40	01:10:11	+37:57	07:01
196	293	RUI COELHO	Fugitivos Urbanos	Veterano M40	01:10:46	+38:31	07:05
197	291	ALBINO GOMES	Fugitivos Urbanos	Veterano M40	01:10:46	+38:31	07:05
198	138	António Matos	BoraBora, Vamos Lá!	Veterano M40	01:10:53	+38:39	07:05
199	846	Miguel Pinheiro	Piscinas Municipais de Santa Maria da Feira	Veterano M40	01:11:37	+39:22	07:10
200	861	Pedro Barreira	PP RT	Veterano M40	01:11:38	+39:24	07:10
201	151	Luis Monteiro	BUDEGUITA RUNNERS	Veterano M40	01:12:43	+40:29	07:16
202	711	António José Coutinho Nogueira	Manos e Cunhadas	Veterano M40	01:14:04	+41:49	07:24
203	927	António Valente	Tartarugas	Veterano M40	01:14:20	+42:06	07:26
204	843	Joaquim Encarnação	Piscinas Municipais de Santa Maria da Feira	Veterano M40	01:16:11	+43:56	07:37
205	592	Antònio Manuel dos Santos Couto	Individual	Veterano M40	01:19:35	+47:21	07:58
206	763	Paulo Pinto	O Reumatismo	Veterano M40	01:23:04	+50:50	08:18
207	94	Ricardo Teixeira	As Gazelas	Veterano M40	01:28:48	+56:33	08:53
208	731	Vitor Machado	Muppets	Veterano M40	01:34:49	+01:02:35	09:29

Veterano M50

1	661	FERNANDO SACRAMENTO	Individual	Veterano M50	41:51		04:11
2	669	José Soares Correia	Individual	Veterano M50	41:55	+00:04	04:12
3	79	Antonio Fernandes	AMIGOS DE GRIJO	Veterano M50	44:32	+02:41	04:27
4	671	Manuel Oliveira	Individual	Veterano M50	44:44	+02:53	04:28
5	173	JOSÉ SILVA	Caldas S. Jorge Sport Club	Veterano M50	44:49	+02:59	04:29
6	202	Mário Carvalho	Clube Os 5 a Hora	Veterano M50	44:57	+03:06	04:30
7	197	António Castro	Clube Desportivo Feirense	Veterano M50	45:54	+04:03	04:35
8	28	MANUEL GOMES	A.R.DE NEGRELOS	Veterano M50	47:51	+06:00	04:47
9	27	LUIS MARTINS	A.R.DE NEGRELOS	Veterano M50	48:07	+06:16	04:49
10	317	Norberto Oliveira	G.D.C. de Guilhovai	Veterano M50	48:08	+06:17	04:49
11	655	Augusto José Correia Rachão	Individual	Veterano M50	48:10	+06:20	04:49
12	193	Nelson Silva	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterano M50	48:11	+06:21	04:49
13	240	ANTONIO SILVA	ENERGIA GINÁSIO	Veterano M50	48:19	+06:28	04:50
14	982	Michalak Philippe	Inscrições Finais	Veterano M50	49:05	+07:15	04:55
15	314	Fernando Ferreira	G.D.C. de Guilhovai	Veterano M50	49:09	+07:19	04:55
16	849	José Joaquim Tavares Ruge	Piscinas Municipais de Santa Maria da Feira	Veterano M50	50:30	+08:39	05:03
17	239	ADRIANO MATIAS	ENERGIA GINÁSIO	Veterano M50	50:43	+08:53	05:04

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

18	134	Manuel Couto	Body & Zen Salão Manos Running	Veterano M50	50:46	+08:56	05:05
19	284	Joaquim Silva	Fogaças com Malapos	Veterano M50	50:47	+08:57	05:05
20	198	Serafim Ramos	Clube do Pessoal EDP - Porto	Veterano M50	50:50	+08:59	05:05
21	83	Manuel Ferreira	Amigos Divertidos	Veterano M50	51:02	+09:11	05:06
22	663	Gil da Costa	Individual	Veterano M50	51:06	+09:16	05:07
23	161	LUCIDIO DIAS	CAL - Clube Atletismo de Lamas	Veterano M50	51:09	+09:18	05:07
24	958	GERMANO ALMEIDA FERREIRA NADAIS	VALECAMBRENSES	Veterano M50	51:15	+09:24	05:08
25	33	JOSÉ SILVA	ACRDE	Veterano M50	51:20	+09:30	05:08
26	815	Leonel Silva	Peraltafil runing	Veterano M50	51:22	+09:32	05:08
27	54	Manuel Gomes	AFIS/OVAR	Veterano M50	52:42	+10:52	05:16
28	369	Joaquim Vieira	Grupo de Corrida de Argoncilhe	Veterano M50	52:45	+10:55	05:17
29	59	António Celeste	Alegres & Cansados	Veterano M50	52:51	+11:00	05:17
30	53	Sérgio Rodrigues	AFIS/OVAR	Veterano M50	52:59	+11:08	05:18
31	694	Domingos Fernando Oliveira Camboa	Juventude Cortegacense	Veterano M50	53:19	+11:28	05:20
32	189	Antonio Oliveira	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterano M50	53:25	+11:35	05:21
33	948	EDGAR ROCHA	Trail Running Clube Btt Sanguedo	Veterano M50	53:27	+11:36	05:21
34	700	José Oliveira	Luisa	Veterano M50	53:38	+11:47	05:22
35	666	JOSE JOAQUIM GOMES PEREIRA	Individual	Veterano M50	53:58	+12:08	05:24
36	107	Carlos Marques	BDM Runners	Veterano M50	54:05	+12:15	05:25
37	660	Fernando Azevedo	Individual	Veterano M50	54:17	+12:27	05:26
38	753	António Santos	Núcleo de Atletismo de Cucujães	Veterano M50	54:57	+13:06	05:30
39	814	Antonio Ferreira	Peraltafil runing	Veterano M50	55:20	+13:29	05:32
40	816	Luis Cruz	Peraltafil runing	Veterano M50	55:20	+13:29	05:32
41	226	Eduardo Tavares Rebelo	EDUART-COMPONENTES DE CALÇADO	Veterano M50	55:44	+13:53	05:34
42	653	ANTONIO F A TEIXEIRA	Individual	Veterano M50	55:45	+13:55	05:35
43	662	Gaspar Oliveira Cadete	Individual	Veterano M50	56:06	+14:16	05:37
44	973	António Porrão	X5	Veterano M50	58:00	+16:10	05:48
45	974	José Riba	X5	Veterano M50	58:00	+16:10	05:48
46	174	PAULO MILHEIRO	Caldas S. Jorge Sport Club	Veterano M50	58:01	+16:11	05:48
47	55	Mario Conde	AFIS/OVAR	Veterano M50	58:10	+16:19	05:49
48	656	Carlos Alberto Alves da Silva	Individual	Veterano M50	58:12	+16:21	05:49
49	191	Joaquim Oliveira	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterano M50	59:33	+17:43	05:57
50	667	José Manuel da Silva Pereira	Individual	Veterano M50	59:44	+17:54	05:58
51	716	Bernardino Silva	Mozelos Runners	Veterano M50	59:56	+18:05	06:00
52	907	Paulo Santos	Savate-Maia	Veterano M50	01:00:20	+18:30	06:02
53	986	Ricardo Bastos	Inscrições Finais	Veterano M50	01:00:47	+18:56	06:05
54	26	ANTÓNIO COUTINHO	A.R.DE NEGRELOS	Veterano M50	01:01:05	+19:15	06:07
55	664	João Nunes Rodrigues	Individual	Veterano M50	01:01:13	+19:22	06:07
56	980	Virgilio Fronteira Rodrigues	Inscrições Finais	Veterano M50	01:01:19	+19:28	06:08
57	82	José Valentim Oliveira	Amigos Divertidos	Veterano M50	01:01:30	+19:40	06:09
58	693	Augusto Santos Silva	Juventude Cortegacense	Veterano M50	01:01:50	+20:00	06:11
59	71	Vitor Vieira	All About Sport Events	Veterano M50	01:02:24	+20:33	06:14
60	670	Manuel António Oliveira Resende	Individual	Veterano M50	01:02:31	+20:41	06:15
61	699	Casimiro Fernandes	Luisa	Veterano M50	01:02:36	+20:46	06:16

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

62	190	Elisio Gomes	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterano M50	01:02:48	+20:58	06:17
63	135	Manuel Pinnho	Body & Zen Salão Manos Running	Veterano M50	01:02:50	+20:59	06:17
64	665	Jorge Manuel de Almeida Martiins	Individual	Veterano M50	01:03:41	+21:50	06:22
65	146	Carlos Martins	BOSCH Termotecnologia SA	Veterano M50	01:03:43	+21:53	06:22
66	340	Manuel Couto	GRIJÓ A CORRER	Veterano M50	01:03:50	+22:00	06:23
67	657	Estêvão Ernesto Nabais Da Silva	Individual	Veterano M50	01:04:14	+22:23	06:25
68	315	Germano Paiva	G.D.C. de Guilhovai	Veterano M50	01:05:04	+23:14	06:30
69	316	Manuel Andrade	G.D.C. de Guilhovai	Veterano M50	01:05:06	+23:15	06:31
70	651	Andre Santos	Individual	Veterano M50	01:05:08	+23:18	06:31
71	654	ANTONIO MANUEL DA COSTA FERREIRA	Individual	Veterano M50	01:05:18	+23:27	06:32
72	659	FERNANDO ALVES SILVA	Individual	Veterano M50	01:07:09	+25:19	06:43
73	681	António Oliveira	Junta sjm	Veterano M50	01:08:13	+26:22	06:49
74	192	Jose Soares	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterano M50	01:08:25	+26:35	06:51
75	658	Fausto Jorge Lopes Cardoso	Individual	Veterano M50	01:08:36	+26:46	06:52
76	148	Jose Amorim Alves Pereira	BTT BRANDOENSE	Veterano M50	01:11:11	+29:21	07:07
77	672	Rui Avelino Neves da Silva	Individual	Veterano M50	01:11:30	+29:40	07:09
78	862	Augusto Barreira	PP RT	Veterano M50	01:11:41	+29:51	07:10
79	96	jose Oliveira	Azeitonas	Veterano M50	01:13:42	+31:52	07:22
80	668	José Remédios Furtado	Individual	Veterano M50	01:17:34	+35:44	07:45
81	952	EDUARDO GONÇALVES	US & OTHERS	Veterano M50	01:19:38	+37:48	07:58
82	255	Silvio Paiva	Familia Paiva	Veterano M50	01:27:15	+45:24	08:44

Corrida Urbana Terras de Santa Maria da Feira

Santa Maria da Feira

09-julho-2016

COLETIVA GERAL

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RANK	TEAM	DESCRIPTION	POINTS
1	G.D.C. de Guilhovai	2 + 4 + 9	15
2	Núcleo de Atletismo de Cucujães	11 + 13 + 56	80
3	ADCC J CLARK - Castelo de Paiva	18 + 27 + 36	81
4	Caldas S. Jorge Sport Club	22 + 33 + 62	117
5	Not Run Alone	20 + 43 + 61	124
6	Trail Running Clube Btt Sanguedo	15 + 26 + 89	130
7	A.R.Casaense/Escola de Atletismo de Coimbra	7 + 16 + 113	136
8	Peraltafil runing	8 + 49 + 125	182
9	Grupo de Corrida de Argoncilhe	37 + 81 + 95	213
10	All About Sport Events	38 + 39 + 141	218
11	FEEL FREE	23 + 102 + 105	230
12	OzXtreme/GDCR/CandongasBike	57 + 78 + 126	261
13	Florista Márcia Graça	76 + 77 + 133	286
14	CAL - Clube Atletismo de Lamas	28 + 32 + 230	290
15	5 Ways 2 run	99 + 100 + 114	313
16	Juventude Cortegacense	80 + 116 + 128	324
17	ENERGIA GINÁSIO	31 + 147 + 149	327
18	run2eat	68 + 109 + 158	335
19	ACRDE	48 + 54 + 244	346
20	Clube Desportivo Feirense	55 + 87 + 213	355
21	PAPA-LÉGUAS	79 + 106 + 174	359
22	Centro Municipal de Marcha e Corrida de Vale de Cambra	46 + 140 + 187	373
23	Ilimitados	108 + 123 + 145	376
24	Piscinas Municipais de Santa Maria da Feira	19 + 165 + 193	377
25	A.R.DE NEGRELOS	122 + 131 + 134	387
26	BOSCH Termotecnologia SA	29 + 183 + 209	421
27	Body & Zen Salão Manos Running	52 + 208 + 264	524
28	Azeméis Runners	42 + 247 + 282	571
29	Fogaças com Malapos	188 + 198 + 212	598
30	HST CAR	75 + 171 + 375	621
31	AFIS/OVAR	124 + 243 + 286	653
32	FACTOR X / S4L / MEDENSE FC	111 + 275 + 326	712
33	Villa de Basto	162 + 202 + 362	726
34	Ria Saude Team Run	66 + 101 + 636	803
35	O Regresso dos que Nunca Foram	83 + 248 + 481	812
36	Physicus	117 + 118 + 619	854
37	ACRORUNNERS	159 + 352 + 367	878
38	GRUNIL	217 + 218 + 445	880

COLETIVA GERAL

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39	VALECAMBRENSES	235 + 258 + 389	882
40	Dragões de ovar/pés de chumbo/nem pias	261 + 407 + 408	1076
41	Villa Cesari - Flama	301 + 386 + 392	1079
42	Savate-Maia	204 + 380 + 495	1079
43	EDUART-COMPONENTES DE CALÇADO	339 + 371 + 374	1084
44	Mancos, Coxos e Limitados	331 + 411 + 422	1164
45	HSSRunners	266 + 451 + 476	1193
46	Inscrições Finais	166 + 507 + 524	1197
47	Bicademia	356 + 357 + 508	1221
48	Clube Os 5 a Hora	71 + 558 + 592	1221
49	PaçosRunners	279 + 471 + 494	1244
50	Amigos Divertidos	226 + 517 + 543	1286
51	Fugitivos Urbanos	10 + 525 + 764	1299
52	Yoga Run	341 + 349 + 664	1354
53	Amigos das Sapatilhas	180 + 518 + 669	1367
54	Mozelos Runners	306 + 487 + 586	1379
55	Speed	176 + 559 + 654	1389
56	Os Botiga	221 + 368 + 802	1391
57	SMFantastic	449 + 450 + 509	1408
58	Pajory	164 + 574 + 677	1415
59	Runners on fire	365 + 493 + 582	1440
60	Oliveirinhas	337 + 366 + 801	1504
61	Poke-Yoke	338 + 377 + 824	1539
62	PP RT	381 + 382 + 788	1551
63	QUENIANOS DE ESTARREJA	433 + 489 + 652	1574
64	PÉ DE ATLETA	317 + 421 + 840	1578
65	Luisa	316 + 564 + 804	1684
66	Divas do Asfalto	438 + 632 + 687	1757
67	BARRA FIT RUNNERS	446 + 455 + 864	1765
68	Lobos do Mar	402 + 569 + 799	1770
69	É PRECISO É INSISTIR E NUNCA DESISTIR!!!	154 + 822 + 823	1799
70	Eles andem ai...	322 + 663 + 828	1813
71	MultiRunners	578 + 579 + 726	1883
72	GRANCINDA's TEAM	606 + 607 + 671	1884
73	teachers in slow motion	394 + 667 + 830	1891
74	Tartarugas	287 + 796 + 816	1899
75	Alegres & Cansados	294 + 809 + 810	1913
76	As Gazelas	597 + 637 + 709	1943
77	Bizinhos Atletic Club	633 + 657 + 658	1948
78	GINASIUS	631 + 647 + 689	1967

COLETIVA GERAL

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

79	Nascidos para Correr	661 + 662 + 668	1991
80	Pe de chumbo Team	519 + 754 + 755	2028
81	Junta sjm	672 + 682 + 705	2059
82	Mum's run	645 + 739 + 740	2124
83	BUDEGUITA RUNNERS	470 + 800 + 877	2147
84	A.N.A.	459 + 849 + 850	2158
85	GAP	728 + 729 + 730	2187
86	JUST4FUN	703 + 744 + 745	2192
87	Manos e Cunhadas	575 + 812 + 813	2200
88	Os Preguiças	724 + 725 + 838	2287
89	getfit2eat	795 + 857 + 858	2510