

PROVA PRINCIPAL - STAGE 1

17 KM

[illegible]

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	21:00	21,2°C	67%
End	00:06	15.7°C	75.9%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
1	159	Artur Rodrigues	individual	Senior Masculino	01:08:16		04:01
2	232	Tiago pinho	individual	Senior Masculino	01:08:20	+00:04	04:01
3	212	Paulo Jorge Soares Pereira	individual	Senior Masculino	01:10:07	+01:51	04:07
4	56	Bruno Silva	bruno silva	Senior Masculino	01:13:22	+05:06	04:19
5	79	Asdrubal Freitas	centro ciclista de gondomar	Senior Masculino	01:14:43	+06:27	04:24
6	64	Renato Silva	caldas de s.jorge sport clube	Senior Masculino	01:14:56	+06:40	04:24
7	66	Tozé Amorim	caldas de s.jorge sport clube	Senior Masculino	01:17:31	+09:15	04:3
8	157	Armando Pereira	individual	Senior Masculino	01:17:33	+09:17	04:34
9	3	Pedro Pinho	desnível positivo	Senior Masculino	01:17:34	+09:18	04:34
10	78	Antonio Martins	centro ciclista de gondomar	Senior Masculino	01:18:19	+10:03	04:36
11	61	David Leite	caldas de s.jorge sport clube	Senior Masculino	01:18:48	+10:32	04:38
12	82	paulo pinto	centro ciclista de gondomar	Senior Masculino	01:19:10	+10:54	04:39
13	2	Telmo Veloso	desnível positivo	Senior Masculino	01:20:00	+11:44	04:42
14	105	Camilo Guedes	clube pessoal aguas gaia	Senior Masculino	01:21:26	+13:10	04:47
15	73	Agostinho Costa	ccdr fundo vila	Senior Masculino	01:21:42	+13:26	04:48
16	181	João Lacerda	individual	Senior Masculino	01:21:43	+13:27	04:48
17	213	Paulo Oliveira	individual	Senior Masculino	01:23:48	+15:32	04:56
18	57	Antonio Vaz Silva	caldas de s.jorge sport clube	Senior Masculino	01:24:24	+16:08	04:58
19	164	Duarte Gil Ribeiro Barbosa	individual	Senior Masculino	01:25:36	+17:20	05:02
20	233	Vasco Rafael Gomes Prata	individual	Senior Masculino	01:25:44	+17:28	05:03
21	169	Filipe José Martins Baptista	individual	Senior Masculino	01:25:50	+17:34	05:03
22	75	Mário Oliveira	ccdr fundo vila	Senior Masculino	01:25:52	+17:36	05:03
23	135	Lucinda Sousa	gondomar futsal clube	Senior Feminino	01:26:25	+18:09	05:05
24	172	francisco tavares	individual	Senior Masculino	01:26:26	+18:10	05:05
25	44	andré silva	body & zen/ salão manos running	Senior Masculino	01:26:55	+18:39	05:07
26	118	Luis Miguel	edv - viana trail	Senior Masculino	01:27:00	+18:44	05:07
27	235	Helder Gomes	kemedo team	Senior Masculino	01:27:29	+19:13	05:09
28	122	Pedro Costa	epic portalegre	Senior Masculino	01:27:50	+19:34	05:10
29	74	Manuel Ferreira	ccdr fundo vila	Senior Masculino	01:27:53	+19:37	05:10
30	162	Cláudio Ferreira	individual	Senior Masculino	01:27:55	+19:39	05:10
31	62	José Carvalho	caldas de s.jorge sport clube	Senior Masculino	01:28:03	+19:47	05:11
32	246	Paulo Gomes	núcleo de montanha de espinho	Senior Masculino	01:28:10	+19:54	05:11
33	33	PAULO GRILO	arcorun	Senior Masculino	01:28:15	+19:59	05:11
34	10	Bruno Mendes	ad quinta - atletismo	Senior Masculino	01:28:51	+20:35	05:14
35	81	Jorge Silva	centro ciclista de gondomar	Senior Masculino	01:29:00	+20:44	05:14
36	165	Eduardo Martins	individual	Senior Masculino	01:29:41	+21:25	05:17
37	260	Manuel António Bastos Migueis	piscinas municipais de santa maria da feira	Senior Masculino	01:30:02	+21:46	05:18
38	243	Nuno Miguel Coelho Fofoni	núcleo de montanha de espinho	Senior Masculino	01:30:03	+21:47	05:18
39	298	Paulo Pinto	inscrições finais	Senior Masculino	01:30:03	+21:47	05:18
40	6	Paulo Jorge Gomes Santos	acrde	Senior Masculino	01:30:37	+22:21	05:20
41	54	raul silva	body & zen/ salão manos running	Senior Masculino	01:31:03	+22:47	05:21

Official Timekeeper: Lap2Go	1 / 7	generate 17-mai-2015 00:10
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PROVA PRINCIPAL - STAGE 1

17 KM

[illegible]

OFFICIAL RESULT

PROVA PRINCIPAL - STAGE 1

17 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
87	195	Luis Oliveira	individual	Senior Masculino	01:41:06	+32:50	05:57
88	189	Jorge Silva	individual	Senior Masculino	01:41:13	+32:57	05:57
89	183	joao Pedro Baptista Salvaterra	individual	Senior Masculino	01:41:18	+33:02	05:58
90	302	Fernando Silva	inscrições finais	Senior Masculino	01:41:22	+33:06	05:58
91	32	NUNO FILIPE FERNANDES	arcorun	Senior Masculino	01:41:38	+33:22	05:59
92	42	Elisabete Carvalho	body & zen/ salão manos running	Senior Feminino	01:41:40	+33:24	05:59
93	76	Ana Maria Amaral	gondomar futsal clube	Senior Feminino	01:41:53	+33:37	06:00
94	137	Vitor Ribeiro	gondomar futsal clube	Senior Masculino	01:41:53	+33:37	06:00
95	203	Nuno Andre Regal Sousa	individual	Senior Masculino	01:42:36	+34:20	06:02
96	51	José Rodrigues	body & zen/ salão manos running	Senior Masculino	01:42:59	+34:43	06:03
97	174	helder silva	individual	Senior Masculino	01:43:36	+35:20	06:06
98	186	Joel Silva	individual	Senior Masculino	01:43:51	+35:35	06:07
99	177	JACINTO SILVA	individual	Senior Masculino	01:45:57	+37:41	06:14
100	168	Fernando Pereira	individual	Senior Masculino	01:45:57	+37:41	06:14
101	88	Hélder Silva	clube atletismo de lamas	Senior Masculino	01:46:18	+38:02	06:15
102	229	Simão Cardoso	individual	Senior Masculino	01:46:18	+38:02	06:15
103	1	Susana Simões	desnível positivo	Senior Feminino	01:46:23	+38:07	06:15
104	227	Rui Santos	individual	Senior Masculino	01:46:23	+38:07	06:15
105	136	Fernando Pereira	gondomar futsal clube	Senior Masculino	01:46:37	+38:21	06:16
106	276	Bruno Barge	run4fun	Senior Masculino	01:46:44	+38:28	06:17
107	175	Helder Silva	individual	Senior Masculino	01:46:56	+38:40	06:17
108	47	carlos sá	body & zen/ salão manos running	Senior Masculino	01:47:04	+38:48	06:18
109	43	andré santos	body & zen/ salão manos running	Senior Masculino	01:47:05	+38:49	06:18
110	222	Ricardo Jorge Monarca Conceição	individual	Senior Masculino	01:48:04	+39:48	06:21
111	179	João Cardoso	individual	Senior Masculino	01:48:04	+39:48	06:21
112	208	Óscar Magolo	individual	Senior Masculino	01:48:06	+39:50	06:22
113	204	Nuno Bonifácio	individual	Senior Masculino	01:48:09	+39:53	06:22
114	144	maria gerardo	individual	Senior Feminino	01:48:16	+40:00	06:22
115	209	paolo giacosa	individual	Senior Masculino	01:48:16	+40:00	06:22
116	300	António Alves	inscrições finais	Senior Masculino	01:48:40	+40:24	06:24
117	299	Rui Pinto	inscrições finais	Senior Masculino	01:48:41	+40:25	06:24
118	251	Rui Filipe Fernandes Vasconcelos Rocha	os imparaveis	Senior Masculino	01:48:44	+40:28	06:24
119	55	sergio silva	body & zen/ salão manos running	Senior Masculino	01:48:51	+40:35	06:24
120	198	Marco Soares	individual	Senior Masculino	01:49:16	+41:00	06:26
121	215	PAULO SILVA	individual	Senior Masculino	01:49:46	+41:30	06:27
122	101	Marcos André Roldão	clube nortada - murtosa night runners	Senior Masculino	01:50:17	+42:01	06:29
123	259	Jose Fernando Oliveira	piscinas municipais de santa maria da feira	Senior Masculino	01:50:25	+42:09	06:30
124	245	Nuno Tamagnini	núcleo de montanha de espinho	Senior Masculino	01:51:03	+42:47	06:32
125	89	Américo Gomes	clube atletismo de lamas	Senior Masculino	01:51:08	+42:52	06:32
126	269	Pedro Tiago Costa Paiva	rolls runners	Senior Masculino	01:51:09	+42:53	06:32
127	268	Filipe Marques Oliveira	rolls runners	Senior Masculino	01:51:11	+42:55	06:32
128	106	Virginia Adelaide Gonçalves Pais	crossfit couto	Senior Feminino	01:51:12	+42:56	06:32
129	265	Luís Costa	ripolins.com	Senior Masculino	01:51:31	+43:15	06:34
130	193	José Manuel Oliveira	individual	Senior Masculino	01:51:34	+43:18	06:34
131	262	Sérgio Miguel Oliveira Correia	piscinas municipais de santa maria da feira	Senior Masculino	01:51:36	+43:20	06:34

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17 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
132	308	Fabio Silva	individual	Senior Masculino	01:51:38	+43:22	06:34
133	188	Jorge Rodrigues	individual	Senior Masculino	01:52:22	+44:06	06:37
134	281	Ivo Almeida	step by step	Senior Masculino	01:52:27	+44:11	06:37
135	143	Elisabete Cunha	individual	Senior Feminino	01:52:38	+44:22	06:38
136	147	Sergia Ariana Pinto	individual	Senior Feminino	01:52:45	+44:29	06:38
137	129	Carlos Oliveira	fogaças com malapos	Senior Masculino	01:52:49	+44:33	06:38
138	176	Hugo Homem Rocha	individual	Senior Masculino	01:52:49	+44:33	06:38
139	131	Roberto Dias	fogaças com malapos	Senior Masculino	01:52:49	+44:33	06:38
140	130	Hugo Ricardo Soares de Pinho Lima	fogaças com malapos	Senior Masculino	01:52:49	+44:33	06:38
141	158	Armando Pinho	individual	Senior Masculino	01:52:55	+44:39	06:39
142	228	Silvério Oliveira Santos	individual	Senior Masculino	01:53:06	+44:50	06:39
143	210	PAULO ALEXANDRE ESPINHA CORREIA DE JESUS ALVES	individual	Senior Masculino	01:53:31	+45:15	06:41
144	220	Rafael Manuel da Silva Alves	individual	Senior Masculino	01:53:41	+45:25	06:41
145	200	Mario Lança	individual	Senior Masculino	01:54:20	+46:04	06:44
146	250	Jorge Oliveira	oliveira & rola	Senior Masculino	01:54:48	+46:32	06:45
147	126	Tiago Camboa	falta d'ar run na villa	Senior Masculino	01:55:05	+46:49	06:46
148	225	Richard Touret	individual	Senior Masculino	01:55:17	+47:01	06:47
149	160	Bernardo Manuel Pimenta Guimarães	individual	Senior Masculino	01:55:17	+47:01	06:47
150	8	Jose Loureiro	ad quinta - atletismo	Senior Masculino	01:55:19	+47:03	06:47
151	249	Filipe Rôla	oliveira & rola	Senior Masculino	01:55:34	+47:18	06:48
152	305	Daniel Albergaria	inscrições finais	Senior Masculino	01:55:57	+47:41	06:49
153	270	Ricardo Machado	rolls runners	Senior Masculino	01:56:05	+47:49	06:50
154	271	Rui Claro	rolls runners	Senior Masculino	01:56:05	+47:49	06:50
155	148	Sílvia Cunha	individual	Senior Feminino	01:56:24	+48:08	06:51
156	41	Carla Neves	body & zen/ salão manos running	Senior Feminino	01:56:24	+48:08	06:51
157	167	Fernando Montenegro	individual	Senior Masculino	01:56:45	+48:29	06:52
158	27	ANTÓNIO REIS	arcorun	Senior Masculino	01:56:49	+48:33	06:52
159	216	Pedro Arlindo Vieira Madureira	individual	Senior Masculino	01:57:05	+48:49	06:53
160	17	Augusto Jose Cadoso Tavares	alive	Senior Masculino	01:57:17	+49:01	06:54
161	114	Tiago António da Silva Vaz Neves	crossfit couto	Senior Masculino	01:57:25	+49:09	06:54
162	146	Paula Montenegro	individual	Senior Feminino	01:57:31	+49:15	06:55
163	29	JORGE LEITE	arcorun	Senior Masculino	01:58:34	+50:18	06:59
164	48	Fátima Costa	body & zen/ salão manos running	Senior Masculino	01:58:47	+50:31	06:59
165	67	Vitor Marques	caldas de s.jorge sport clube	Senior Masculino	01:58:47	+50:31	06:59
166	150	Agostinho Marco Soares de Castro	individual	Senior Masculino	01:59:14	+50:58	07:01
167	7	António José Fonseca Lourenço	ad quinta - atletismo	Senior Masculino	01:59:37	+51:21	07:02
168	224	Ricardo José Neves Moreira	individual	Senior Masculino	01:59:41	+51:25	07:02
169	140	Cristiana Raquel de Sousa Ferreira	individual	Senior Feminino	01:59:42	+51:26	07:02
170	115	Wilson Silva Santos	crossfit couto	Senior Masculino	02:00:35	+52:19	07:06
171	108	Carlos Alberto Andrade Gomes	crossfit couto	Senior Masculino	02:00:35	+52:19	07:06
172	72	Rui Manuel Lopes Silva	cansados	Senior Masculino	02:01:43	+53:27	07:10
173	69	Marcelo Ramalho Fernandes	cansados	Senior Masculino	02:01:44	+53:28	07:10
174	70	Pedro Joel Lopes Silva	cansados	Senior Masculino	02:01:44	+53:28	07:10
175	205	Nuno Fontoura de Oliveira	individual	Senior Masculino	02:02:16	+54:00	07:12

PROVA PRINCIPAL - STAGE 1

17 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
176	15	Pedro Duarte	aguias d'ouro	Senior Masculino	02:02:42	+54:26	07:13
177	256	Adão Artur Magalhães da Rocha	piscinas municipais de santa maria da feira	Senior Masculino	02:03:44	+55:28	07:17
178	201	Michel Rolo	individual	Senior Masculino	02:04:36	+56:20	07:20
179	128	sandra oliveira	fantastic duo	Senior Feminino	02:04:42	+56:26	07:20
180	226	Rui Marcial Cardoso	individual	Senior Masculino	02:05:44	+57:28	07:24
181	254	Sara Tavares Melo	piscinas municipais de santa maria da feira	Senior Feminino	02:05:45	+57:29	07:24
182	297	Elisabete Gonçalves	zupper	Senior Feminino	02:05:59	+57:43	07:25
183	219	Pedro Maciel Barbosa	individual	Senior Masculino	02:06:03	+57:47	07:25
184	20	André Pedrosa	apcor	Senior Masculino	02:06:15	+57:59	07:26
185	301	João Rui	inscrições finais	Senior Masculino	02:06:15	+57:59	07:26
186	231	Tiago Filipe Ferreira da Rocha	individual	Senior Masculino	02:06:16	+58:00	07:26
187	217	Pedro Brandão	individual	Senior Masculino	02:06:16	+58:00	07:26
188	68	FERNANDO FERREIRA	caminheiros de fiães	Senior Masculino	02:06:17	+58:01	07:26
189	113	Rui Manel Pinho Silva	crossfit couto	Senior Masculino	02:06:17	+58:01	07:26
190	261	Manuel Leão Martins Adegas	piscinas municipais de santa maria da feira	Senior Masculino	02:06:18	+58:02	07:26
191	25	Pedro Bastos	apcor	Senior Masculino	02:06:23	+58:07	07:26
192	45	andre sousa	body & zen/ salão manos running	Senior Masculino	02:06:31	+58:15	07:27
193	96	ADRIANO COUTINHO	clube nortada - murtosa night runners	Senior Masculino	02:06:34	+58:18	07:27
194	211	Paulo Jorge de Carvalho Macedo	individual	Senior Masculino	02:06:37	+58:21	07:27
195	9	William Duarte Mauricio	ad quinta - atletismo	Senior Masculino	02:06:44	+58:28	07:27
196	13	João Santos	aguias d'ouro	Senior Masculino	02:07:02	+58:46	07:28
197	16	Vítor Santos	aguias d'ouro	Senior Masculino	02:07:03	+58:47	07:28
198	4	Vera Maria dos Santos Nogueira	4 any1	Senior Feminino	02:07:38	+59:22	07:30
199	187	Jorge Nunes	individual	Senior Masculino	02:07:42	+59:26	07:31
200	117	Pedro Costa	dmps	Senior Masculino	02:08:14	+59:58	07:33
201	278	André Leite	runners	Senior Masculino	02:09:25	+01:01:09	07:37
202	134	Rita Resende	girls4run	Senior Feminino	02:10:03	+01:01:47	07:39
203	133	Aida Presa	girls4run	Senior Feminino	02:10:04	+01:01:48	07:39
204	152	André Campos Cunha	individual	Senior Masculino	02:10:30	+01:02:14	07:41
205	197	marco peixoto	individual	Senior Masculino	02:10:30	+01:02:14	07:41
206	199	Mário João da Silva Ibarra	individual	Senior Masculino	02:12:20	+01:04:04	07:47
207	36	José Granja	armazém do fitness / crosstheline	Senior Masculino	02:12:39	+01:04:23	07:48
208	109	Fabio Alexandre Pinto Soares	crossfit couto	Senior Masculino	02:12:55	+01:04:39	07:49
209	14	Manuel José Sousa Ribeiro	aguias d'ouro	Senior Masculino	02:13:04	+01:04:48	07:50
210	34	Isa Mateus	armazém do fitness / crosstheline	Senior Feminino	02:13:10	+01:04:54	07:50
211	37	Orlando Rogério Henriques	armazém do fitness / crosstheline	Senior Masculino	02:13:11	+01:04:55	07:50
212	38	Rui Guedes	armazém do fitness / crosstheline	Senior Masculino	02:13:12	+01:04:56	07:50
213	252	Edgar Seabra	peter team	Senior Masculino	02:13:33	+01:05:17	07:51
214	103	Pedro oliveira	clube nortada - murtosa night runners	Senior Masculino	02:13:46	+01:05:30	07:52
215	102	Miguel Oliveira	clube nortada - murtosa night runners	Senior Masculino	02:13:52	+01:05:36	07:52
216	180	João Fontoura de Oliveira	individual	Senior Masculino	02:13:55	+01:05:39	07:53
217	237	Hélder Pinho	luminwall.pt	Senior Masculino	02:13:58	+01:05:42	07:53
218	234	Xavier de Sousa Coutinho	individual	Senior Masculino	02:14:09	+01:05:53	07:53
219	258	João Pedro Silva Simões	piscinas municipais de santa maria da feira	Senior Masculino	02:14:19	+01:06:03	07:54
220	253	Ana Lúcia Caetano Sousa Amorim	piscinas municipais de santa maria da feira	Senior Feminino	02:14:19	+01:06:03	07:54
221	255	Viviana Marta Silva Pinho	piscinas municipais de santa maria da feira	Senior Feminino	02:14:24	+01:06:08	07:54

PROVA PRINCIPAL - STAGE 1

17 KM

[illegible]

OFFICIAL RESULT

17 KM

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
266	294	Gustavo Faria	uns a passo outros a correr	Senior Masculino	02:50:38	+01:42:22	10:02
267	291	Catarina Silva	uns a passo outros a correr	Senior Feminino	02:50:38	+01:42:22	10:02
268	94	Jeanette Marques	clube nortada - murtosa night runners	Senior Feminino	02:50:55	+01:42:39	10:03
269	93	Eulália Gomes	clube nortada - murtosa night runners	Senior Feminino	02:51:02	+01:42:46	10:04
270	155	António Ferreira	individual	Senior Masculino	02:57:40	+01:49:24	10:27

Prova Principal

17 KM

[illegible]

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	21:00	21,2°C	67%
End	00:06	15,7°C	75.9%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	135	Lucinda Sousa	GONDOMAR FUTSAL CLUBE	Senior Feminino	01:26:25	05:05
2	77	Rosário Martins	CENTRO CICLISTA DE GONDOMAR	Senior Feminino	01:36:44	+10:19 05:41
3	242	Virginia Bezzi	Núcleo de Montanha de Espinho	Senior Feminino	01:37:51	+11:26 05:45
4	142	Daniela Marlene de Pinho Russo	Individual	Senior Feminino	01:38:11	+11:46 05:47
5	280	Sara Pinto	STEP BY STEP	Senior Feminino	01:38:52	+12:27 05:49
6	42	Elisabete Carvalho	BODY & ZEN/ SALÃO MANOS RUNNING	Senior Feminino	01:41:40	+15:15 05:59
7	76	Ana Maria Amaral	GONDOMAR FUTSAL CLUBE	Senior Feminino	01:41:53	+15:28 06:00
8	1	Susana Simões	Desnível Positivo	Senior Feminino	01:46:23	+19:58 06:15
9	144	maria gerardo	Individual	Senior Feminino	01:48:16	+21:51 06:22
10	106	Virginia Adelaide Gonçalves Pais	CrossFit Couto	Senior Feminino	01:51:12	+24:47 06:32
11	143	Elisabete Cunha	Individual	Senior Feminino	01:52:38	+26:13 06:38
12	147	Sergia Ariana Pinto	Individual	Senior Feminino	01:52:45	+26:20 06:38
13	148	Sílvia Cunha	Individual	Senior Feminino	01:56:24	+29:59 06:51
14	41	Carla Neves	BODY & ZEN/ SALÃO MANOS RUNNING	Senior Feminino	01:56:24	+29:59 06:51
15	146	Paula Montenegro	Individual	Senior Feminino	01:57:31	+31:06 06:55
16	140	Cristiana Raquel de Sousa Ferreira	Individual	Senior Feminino	01:59:42	+33:17 07:02
17	128	sandra oliveira	fantastic duo	Senior Feminino	02:04:42	+38:17 07:20
18	254	Sara Tavares Melo	Piscinas Municipais de Santa Maria da Feira	Senior Feminino	02:05:45	+39:20 07:24
19	297	Elisabete Gonçalves	ZUPPER	Senior Feminino	02:05:59	+39:34 07:25
20	4	Vera Maria dos Santos Nogueira	4 Any1	Senior Feminino	02:07:38	+41:13 07:30
21	134	Rita Resende	Girls4Run	Senior Feminino	02:10:03	+43:38 07:39
22	133	Aida Presa	Girls4Run	Senior Feminino	02:10:04	+43:39 07:39
23	34	Isa Mateus	Armazém do Fitness / CrossTheLine	Senior Feminino	02:13:10	+46:45 07:50
24	253	Ana Lúcia Caetano Sousa Amorim	Piscinas Municipais de Santa Maria da Feira	Senior Feminino	02:14:19	+47:54 07:54
25	255	Viviana Marta Silva Pinho	Piscinas Municipais de Santa Maria da Feira	Senior Feminino	02:14:24	+47:59 07:54
26	284	sara santos	Tartarugas	Senior Feminino	02:16:20	+49:55 08:01
27	285	vania santos	Tartarugas	Senior Feminino	02:16:20	+49:55 08:01
28	283	daniela cruz	Tartarugas	Senior Feminino	02:16:20	+49:55 08:01
29	127	anabela barata	fantastic duo	Senior Feminino	02:17:15	+50:50 08:04
30	145	Maria Trindade Coelho Silva	Individual	Senior Feminino	02:17:48	+51:23 08:06
31	91	Ana Isabel Barbosa Valente de Sousa	Clube Nortada - Murtosa Night Runners	Senior Feminino	02:19:42	+53:17 08:13
32	90	Ana Filipa Couto Marques Rodrigues	Clube Nortada - Murtosa Night Runners	Senior Feminino	02:19:52	+53:27 08:14
33	266	Ana Luísa Abreu de Sousa	Rolls Runners	Senior Feminino	02:23:03	+56:38 08:25

Official Timekeeper: Lap2Go	1 / 7	generate 17-mai-2015 00:10
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Prova Principal

17 KM

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OFFICIAL RESULT

34	303	Sandra Marques	Inscrições Finais	Senior Feminino	02:23:04	+56:39	08:25
35	141	Daniela Filipa Moreira	Individual	Senior Feminino	02:24:26	+58:01	08:30
36	92	Ana Luísa Vieira Henriques	Clube Nortada - Murtosa Night Runners	Senior Feminino	02:25:43	+59:18	08:34
37	83	cristiana marques	Centro Clínico S. Jorge	Senior Feminino	02:25:46	+59:21	08:34
38	292	Paula mota	Uns a passo outros a correr	Senior Feminino	02:27:24	+01:00:59	08:40
39	138	angela PINTO	Individual	Senior Feminino	02:31:21	+01:04:56	08:54
40	139	Barbara Andreia Vaz Vieira Maia	Individual	Senior Feminino	02:31:24	+01:04:59	08:54
41	289	Sara Oliveira	Travinca	Senior Feminino	02:40:45	+01:14:20	09:27
42	95	Maria do Carmo Araújo Miranda Sardo	Clube Nortada - Murtosa Night Runners	Senior Feminino	02:49:59	+01:23:34	10:00
43	291	Catarina Silva	Uns a passo outros a correr	Senior Feminino	02:50:38	+01:24:13	10:02
44	94	Jeanette Marques	Clube Nortada - Murtosa Night Runners	Senior Feminino	02:50:55	+01:24:30	10:03
45	93	Eulália Gomes	Clube Nortada - Murtosa Night Runners	Senior Feminino	02:51:02	+01:24:37	10:04

Senior Masculino

1	159	Artur Rodrigues	Individual	Senior Masculino	01:08:16		04:01
2	232	Tiago pinho	Individual	Senior Masculino	01:08:20	+00:04	04:01
3	212	Paulo Jorge Soares Pereira	Individual	Senior Masculino	01:10:07	+01:51	04:07
4	56	Bruno Silva	Bruno Silva	Senior Masculino	01:13:22	+05:06	04:19
5	79	Asdrubal Freitas	CENTRO CICLISTA DE GONDOMAR	Senior Masculino	01:14:43	+06:27	04:24
6	64	Renato Silva	Caldas de S.Jorge Sport Clube	Senior Masculino	01:14:56	+06:40	04:24
7	66	Tozé Amorim	Caldas de S.Jorge Sport Clube	Senior Masculino	01:17:31	+09:15	04:34
8	157	Armando Pereira	Individual	Senior Masculino	01:17:33	+09:17	04:34
9	3	Pedro Pinho	Desnível Positivo	Senior Masculino	01:17:34	+09:18	04:34
10	78	Antonio Martins	CENTRO CICLISTA DE GONDOMAR	Senior Masculino	01:18:19	+10:03	04:36
11	61	David Leite	Caldas de S.Jorge Sport Clube	Senior Masculino	01:18:48	+10:32	04:38
12	82	paulo Pinto	CENTRO CICLISTA DE GONDOMAR	Senior Masculino	01:19:10	+10:54	04:39
13	2	Telmo Veloso	Desnível Positivo	Senior Masculino	01:20:00	+11:44	04:42
14	105	Camilo Guedes	Clube Pessoal Aguas Gaia	Senior Masculino	01:21:26	+13:10	04:47
15	73	Agostinho Costa	CCDR FUNDO VILA	Senior Masculino	01:21:42	+13:26	04:48
16	181	João Lacerda	Individual	Senior Masculino	01:21:43	+13:27	04:48
17	213	Paulo Oliveira	Individual	Senior Masculino	01:23:48	+15:32	04:56
18	57	Antonio Vaz Silva	Caldas de S.Jorge Sport Clube	Senior Masculino	01:24:24	+16:08	04:58
19	164	Duarte Gil Ribeiro Barbosa	Individual	Senior Masculino	01:25:36	+17:20	05:02
20	233	Vasco Rafael Gomes Prata	Individual	Senior Masculino	01:25:44	+17:28	05:03
21	169	Filipe José Martins Baptista	Individual	Senior Masculino	01:25:50	+17:34	05:03
22	75	Mário Oliveira	CCDR FUNDO VILA	Senior Masculino	01:25:52	+17:36	05:03
23	172	francisco tavares	Individual	Senior Masculino	01:26:26	+18:10	05:05
24	44	andré silva	BODY & ZEN/ SALÃO MANOS RUNNING	Senior Masculino	01:26:55	+18:39	05:07
25	118	Luis Miguel	EDV - Viana Trail	Senior Masculino	01:27:00	+18:44	05:07

Official Timekeeper: Lap2Go	2 / 7	generate 17-mai-2015 00:10
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Prova Principal

17 KM

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OFFICIAL RESULT

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26	235	Helder Gomes	KeMedo Team	Senior Masculino	01:27:29	+19:13	05:09
27	122	Pedro Costa	EPIC PORTALEGRE	Senior Masculino	01:27:50	+19:34	05:10
28	74	Manuel Ferreira	CCDR FUNDO VILA	Senior Masculino	01:27:53	+19:37	05:10
29	162	Cláudio Ferreira	Individual	Senior Masculino	01:27:55	+19:39	05:10
30	62	José Carvalho	Caldas de S.Jorge Sport Clube	Senior Masculino	01:28:03	+19:47	05:11
31	246	Paulo Gomes	Núcleo de Montanha de Espinho	Senior Masculino	01:28:10	+19:54	05:11
32	33	PAULO GRILO	ARCORUN	Senior Masculino	01:28:15	+19:59	05:11
33	10	Bruno Mendes	AD Quinta - Atletismo	Senior Masculino	01:28:51	+20:35	05:14
34	81	Jorge Silva	CENTRO CICLISTA DE GONDOMAR	Senior Masculino	01:29:00	+20:44	05:14
35	165	Eduardo Martins	Individual	Senior Masculino	01:29:41	+21:25	05:17
36	260	Manuel António Bastos Migueis	Piscinas Municipais de Santa Maria da Feira	Senior Masculino	01:30:02	+21:46	05:18
37	243	Nuno Miguel Coelho Fofoni	Núcleo de Montanha de Espinho	Senior Masculino	01:30:03	+21:47	05:18
38	298	Paulo Pinto	Inscrições Finais	Senior Masculino	01:30:03	+21:47	05:18
39	6	Paulo Jorge Gomes Santos	ACRDE	Senior Masculino	01:30:37	+22:21	05:20
40	54	raul silva	BODY & ZEN/ SALÃO MANOS RUNNING	Senior Masculino	01:31:03	+22:47	05:21
41	58	Alberto Neves	Caldas de S.Jorge Sport Clube	Senior Masculino	01:31:03	+22:47	05:21
42	207	Nuno Silva	Individual	Senior Masculino	01:31:15	+22:59	05:22
43	182	João Moreira	Individual	Senior Masculino	01:31:21	+23:05	05:22
44	26	ALEXANDRE FERNANDES	ARCORUN	Senior Masculino	01:32:24	+24:08	05:26
45	39	Alcino Gouveia	Ascários de Escariz	Senior Masculino	01:33:03	+24:47	05:28
46	40	José Oliveira	Ascários de Escariz	Senior Masculino	01:33:03	+24:47	05:28
47	87	Ricardo Topa	Centro Clínico S. Jorge	Senior Masculino	01:33:24	+25:08	05:30
48	84	António Marques	Centro Clínico S. Jorge	Senior Masculino	01:33:24	+25:08	05:30
49	86	Júlio Oliveira	Centro Clínico S. Jorge	Senior Masculino	01:33:24	+25:08	05:30
50	121	Hugo Daniel Fernandes da Silva	EPIC PORTALEGRE	Senior Masculino	01:33:28	+25:12	05:30
51	223	Ricardo Jorge Teixeira Duarte	Individual	Senior Masculino	01:34:14	+25:58	05:33
52	196	Manuel oliveira	Individual	Senior Masculino	01:35:13	+26:57	05:36
53	65	Ricardo Ferrão	Caldas de S.Jorge Sport Clube	Senior Masculino	01:35:13	+26:57	05:36
54	124	Carlos Fazendeiro	Falta D'Ar Run na Villa	Senior Masculino	01:35:13	+26:57	05:36
55	282	Ricardo Trigo	STEP BY STEP	Senior Masculino	01:35:29	+27:13	05:37
56	309	Tiago Barros	Individual	Senior Masculino	01:35:30	+27:14	05:37
57	28	CARLOS COUTO	ARCORUN	Senior Masculino	01:35:31	+27:15	05:37
58	59	Alcino Santos	Caldas de S.Jorge Sport Clube	Senior Masculino	01:35:32	+27:16	05:37
59	123	Richard Nogueira	EPIC PORTALEGRE	Senior Masculino	01:36:19	+28:03	05:40
60	5	Nuno Miguel Azevedo Santos	4 Any1	Senior Masculino	01:36:25	+28:09	05:40
61	63	Martinho Santos	Caldas de S.Jorge Sport Clube	Senior Masculino	01:36:37	+28:21	05:41
62	170	Filipe Quelhas	Individual	Senior Masculino	01:36:43	+28:27	05:41
63	80	Filipe Sousa	CENTRO CICLISTA DE GONDOMAR	Senior Masculino	01:36:44	+28:28	05:41
64	53	Manuel Grilo	BODY & ZEN/ SALÃO MANOS RUNNING	Senior Masculino	01:36:45	+28:29	05:41
65	206	nuno jose fonseca freitas	Individual	Senior Masculino	01:36:51	+28:35	05:42
66	151	Alex Tondela	Individual	Senior Masculino	01:37:21	+29:05	05:44
67	214	paulo pinho	Individual	Senior Masculino	01:37:42	+29:26	05:45
68	244	Nuno Raposo	Núcleo de Montanha de Espinho	Senior Masculino	01:37:50	+29:34	05:46

Official Timekeeper: Lap2Go	3 / 7	generate 17-mai-2015 00:10
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Prova Principal

17 KM

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69	247	Tiago Costa	Núcleo de Montanha de Espinho	Senior Masculino	01:38:03	+29:47	05:46
70	171	Francisco Martins de Figueiredo	Individual	Senior Masculino	01:38:11	+29:55	05:47
71	184	João Silva	Individual	Senior Masculino	01:38:29	+30:13	05:48
72	166	fernando lopes	Individual	Senior Masculino	01:38:33	+30:17	05:48
73	46	Carlos Magalhães	BODY & ZEN/ SALÃO MANOS RUNNING	Senior Masculino	01:38:48	+30:32	05:49
74	153	ANDRE MANUEL MARQUES GONÇALVES	Individual	Senior Masculino	01:39:01	+30:45	05:49
75	154	Antonio Bernardo	Individual	Senior Masculino	01:39:08	+30:52	05:50
76	49	Filipe Silva	BODY & ZEN/ SALÃO MANOS RUNNING	Senior Masculino	01:39:13	+30:57	05:50
77	52	Luis Leça	BODY & ZEN/ SALÃO MANOS RUNNING	Senior Masculino	01:39:16	+31:00	05:50
78	99	Jorge Maia	Clube Nortada - Murtosa Night Runners	Senior Masculino	01:39:31	+31:15	05:51
79	125	Rui Teixeira Pinto	Falta D'Ar Run na Villa	Senior Masculino	01:40:17	+32:01	05:54
80	218	Pedro Gomes	Individual	Senior Masculino	01:40:46	+32:30	05:56
81	240	MIKA MAGALHÃES	NME - Núcleo de Montanha de Espinho	Senior Masculino	01:41:01	+32:45	05:57
82	195	Luis Oliveira	Individual	Senior Masculino	01:41:06	+32:50	05:57
83	189	Jorge Silva	Individual	Senior Masculino	01:41:13	+32:57	05:57
84	183	joao Pedro Baptista Salvaterra	Individual	Senior Masculino	01:41:18	+33:02	05:58
85	302	Fernando Silva	Inscrições Finais	Senior Masculino	01:41:22	+33:06	05:58
86	32	NUNO FILIPE FERNANDES	ARCORUN	Senior Masculino	01:41:38	+33:22	05:59
87	137	Vitor Ribeiro	GONDOMAR FUTSAL CLUBE	Senior Masculino	01:41:53	+33:37	06:00
88	203	Nuno Andre Regal Sousa	Individual	Senior Masculino	01:42:36	+34:20	06:02
89	51	José Rodrigues	BODY & ZEN/ SALÃO MANOS RUNNING	Senior Masculino	01:42:59	+34:43	06:03
90	174	helder silva	Individual	Senior Masculino	01:43:36	+35:20	06:06
91	186	Joel Silva	Individual	Senior Masculino	01:43:51	+35:35	06:07
92	177	JACINTO SILVA	Individual	Senior Masculino	01:45:57	+37:41	06:14
93	168	Fernando Pereira	Individual	Senior Masculino	01:45:57	+37:41	06:14
94	88	Hélder Silva	CLUBE ATLETISMO DE LAMAS	Senior Masculino	01:46:18	+38:02	06:15
95	229	Simão Cardoso	Individual	Senior Masculino	01:46:18	+38:02	06:15
96	227	Rui Santos	Individual	Senior Masculino	01:46:23	+38:07	06:15
97	136	Fernando Pereira	GONDOMAR FUTSAL CLUBE	Senior Masculino	01:46:37	+38:21	06:16
98	276	Bruno Barge	run4fun	Senior Masculino	01:46:44	+38:28	06:17
99	175	Helder Silva	Individual	Senior Masculino	01:46:56	+38:40	06:17
100	47	carlos sá	BODY & ZEN/ SALÃO MANOS RUNNING	Senior Masculino	01:47:04	+38:48	06:18
101	43	andré santos	BODY & ZEN/ SALÃO MANOS RUNNING	Senior Masculino	01:47:05	+38:49	06:18
102	222	Ricardo Jorge Monarca Conceição	Individual	Senior Masculino	01:48:04	+39:48	06:21
103	179	João Cardoso	Individual	Senior Masculino	01:48:04	+39:48	06:21
104	208	Óscar Magolo	Individual	Senior Masculino	01:48:06	+39:50	06:22
105	204	Nuno Bonifácio	Individual	Senior Masculino	01:48:09	+39:53	06:22
106	209	paolo giacosa	Individual	Senior Masculino	01:48:16	+40:00	06:22
107	300	António Alves	Inscrições Finais	Senior Masculino	01:48:40	+40:24	06:24
108	299	Rui Pinto	Inscrições Finais	Senior Masculino	01:48:41	+40:25	06:24

Official Timekeeper: Lap2Go	4 / 7	generate 17-mai-2015 00:10
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Prova Principal

17 KM

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OFFICIAL RESULT

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109	251	Rui Filipe Fernandes Vasconcelos Rocha	Os Imparaveis	Senior Masculino	01:48:44	+40:28	06:24
110	55	sergio silva	BODY & ZEN/ SALÃO MANOS RUNNING	Senior Masculino	01:48:51	+40:35	06:24
111	198	Marco Soares	Individual	Senior Masculino	01:49:16	+41:00	06:26
112	215	PAULO SILVA	Individual	Senior Masculino	01:49:46	+41:30	06:27
113	101	Marcos André Roldão	Clube Nortada - Murtosa Night Runners	Senior Masculino	01:50:17	+42:01	06:29
114	259	Jose Fernando Oliveira	Piscinas Municipais de Santa Maria da Feira	Senior Masculino	01:50:25	+42:09	06:30
115	245	Nuno Tamagnini	Núcleo de Montanha de Espinho	Senior Masculino	01:51:03	+42:47	06:32
116	89	Américo Gomes	CLUBE ATLETISMO DE LAMAS	Senior Masculino	01:51:08	+42:52	06:32
117	269	Pedro Tiago Costa Paiva	Rolls Runners	Senior Masculino	01:51:09	+42:53	06:32
118	268	Filipe Marques Oliveira	Rolls Runners	Senior Masculino	01:51:11	+42:55	06:32
119	265	Luís Costa	RIPOLINS.COM	Senior Masculino	01:51:31	+43:15	06:34
120	193	José Manuel Oliveira	Individual	Senior Masculino	01:51:34	+43:18	06:34
121	262	Sérgio Miguel Oliveira Correia	Piscinas Municipais de Santa Maria da Feira	Senior Masculino	01:51:36	+43:20	06:34
122	308	Fabio Silva	Individual	Senior Masculino	01:51:38	+43:22	06:34
123	188	Jorge Rodrigues	Individual	Senior Masculino	01:52:22	+44:06	06:37
124	281	Ivo Almeida	STEP BY STEP	Senior Masculino	01:52:27	+44:11	06:37
125	129	Carlos Oliveira	Fogaças com Malapos	Senior Masculino	01:52:49	+44:33	06:38
126	176	Hugo Homem Rocha	Individual	Senior Masculino	01:52:49	+44:33	06:38
127	131	Roberto Dias	Fogaças com Malapos	Senior Masculino	01:52:49	+44:33	06:38
128	130	Hugo Ricardo Soares de Pinho Lima	Fogaças com Malapos	Senior Masculino	01:52:49	+44:33	06:38
129	158	Armando Pinho	Individual	Senior Masculino	01:52:55	+44:39	06:39
130	228	Silvério Oliveira Santos	Individual	Senior Masculino	01:53:06	+44:50	06:39
131	210	PAULO ALEXANDRE ESPINHA CORREIA DE JESUS ALVES	Individual	Senior Masculino	01:53:31	+45:15	06:41
132	220	Rafael Manuel da Silva Alves	Individual	Senior Masculino	01:53:41	+45:25	06:41
133	200	Mario Lança	Individual	Senior Masculino	01:54:20	+46:04	06:44
134	250	Jorge Oliveira	Oliveira & Rola	Senior Masculino	01:54:48	+46:32	06:45
135	126	Tiago Camboa	Falta D'Ar Run na Villa	Senior Masculino	01:55:05	+46:49	06:46
136	225	Richard Touret	Individual	Senior Masculino	01:55:17	+47:01	06:47
137	160	Bernardo Manuel Pimenta Guimarães	Individual	Senior Masculino	01:55:17	+47:01	06:47
138	8	Jose Loureiro	AD Quinta - Atletismo	Senior Masculino	01:55:19	+47:03	06:47
139	249	Filipe Rôla	Oliveira & Rola	Senior Masculino	01:55:34	+47:18	06:48
140	305	Daniel Albergaria	Inscrições Finais	Senior Masculino	01:55:57	+47:41	06:49
141	270	Ricardo Machado	Rolls Runners	Senior Masculino	01:56:05	+47:49	06:50
142	271	Rui Claro	Rolls Runners	Senior Masculino	01:56:05	+47:49	06:50
143	167	Fernando Montenegro	Individual	Senior Masculino	01:56:45	+48:29	06:52
144	27	ANTÓNIO REIS	ARCORUN	Senior Masculino	01:56:49	+48:33	06:52
145	216	Pedro Arlindo Vieira Madureira	Individual	Senior Masculino	01:57:05	+48:49	06:53
146	17	Augusto Jose Cadoso Tavares	ALIVE	Senior Masculino	01:57:17	+49:01	06:54
147	114	Tiago António da Silva Vaz Neves	CrossFit Couto	Senior Masculino	01:57:25	+49:09	06:54
148	29	JORGE LEITE	ARCORUN	Senior Masculino	01:58:34	+50:18	06:59
149	48	Fátima Costa	BODY & ZEN/ SALÃO MANOS RUNNING	Senior Masculino	01:58:47	+50:31	06:59
150	67	Vitor Marques	Caldas de S.Jorge Sport Clube	Senior Masculino	01:58:47	+50:31	06:59

Official Timekeeper: Lap2Go	5 / 7	generate 17-mai-2015 00:10
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Prova Principal

17 KM

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OFFICIAL RESULT

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151	150	Agostinho Marco Soares de Castro	Individual	Senior Masculino	01:59:14	+50:58	07:01
152	7	António José Fonseca Lourenço	AD Quinta - Atletismo	Senior Masculino	01:59:37	+51:21	07:02
153	224	Ricardo José Neves Moreira	Individual	Senior Masculino	01:59:41	+51:25	07:02
154	115	Wilson Silva Santos	CrossFit Couto	Senior Masculino	02:00:35	+52:19	07:06
155	108	Carlos Alberto Andrade Gomes	CrossFit Couto	Senior Masculino	02:00:35	+52:19	07:06
156	72	Rui Manuel Lopes Silva	Cansados	Senior Masculino	02:01:43	+53:27	07:10
157	69	Marcelo Ramalho Fernandes	Cansados	Senior Masculino	02:01:44	+53:28	07:10
158	70	Pedro Joel Lopes Silva	Cansados	Senior Masculino	02:01:44	+53:28	07:10
159	205	Nuno Fontoura de Oliveira	Individual	Senior Masculino	02:02:16	+54:00	07:12
160	15	Pedro Duarte	Aguias D'Ouro	Senior Masculino	02:02:42	+54:26	07:13
161	256	Adão Artur Magalhães da Rocha	Piscinas Municipais de Santa Maria da Feira	Senior Masculino	02:03:44	+55:28	07:17
162	201	Michel Rolo	Individual	Senior Masculino	02:04:36	+56:20	07:20
163	226	Rui Marcial Cardoso	Individual	Senior Masculino	02:05:44	+57:28	07:24
164	219	Pedro Maciel Barbosa	Individual	Senior Masculino	02:06:03	+57:47	07:25
165	20	André Pedrosa	APCOR	Senior Masculino	02:06:15	+57:59	07:26
166	301	João Rui	Inscrições Finais	Senior Masculino	02:06:15	+57:59	07:26
167	231	Tiago Filipe Ferreira da Rocha	Individual	Senior Masculino	02:06:16	+58:00	07:26
168	217	Pedro Brandão	Individual	Senior Masculino	02:06:16	+58:00	07:26
169	68	FERNANDO FERREIRA	CAMINHEIROS DE FIÃES	Senior Masculino	02:06:17	+58:01	07:26
170	113	Rui Manel Pinho Silva	CrossFit Couto	Senior Masculino	02:06:17	+58:01	07:26
171	261	Manuel Leão Martins Adegas	Piscinas Municipais de Santa Maria da Feira	Senior Masculino	02:06:18	+58:02	07:26
172	25	Pedro Bastos	APCOR	Senior Masculino	02:06:23	+58:07	07:26
173	45	andre sousa	BODY & ZEN/ SALÃO MANOS RUNNING	Senior Masculino	02:06:31	+58:15	07:27
174	96	ADRIANO COUTINHO	Clube Nortada - Murtosa Night Runners	Senior Masculino	02:06:34	+58:18	07:27
175	211	Paulo Jorge de Carvalho Macedo	Individual	Senior Masculino	02:06:37	+58:21	07:27
176	9	William Duarte Mauricio	AD Quinta - Atletismo	Senior Masculino	02:06:44	+58:28	07:27
177	13	João Santos	Aguias D'Ouro	Senior Masculino	02:07:02	+58:46	07:28
178	16	Vitor Santos	Aguias D'Ouro	Senior Masculino	02:07:03	+58:47	07:28
179	187	Jorge Nunes	Individual	Senior Masculino	02:07:42	+59:26	07:31
180	117	Pedro Costa	DMPS	Senior Masculino	02:08:14	+59:58	07:33
181	278	André Leite	Runners	Senior Masculino	02:09:25	+01:01:09	07:37
182	152	André Campos Cunha	Individual	Senior Masculino	02:10:30	+01:02:14	07:41
183	197	marco peixoto	Individual	Senior Masculino	02:10:30	+01:02:14	07:41
184	199	Mário João da Silva Ibarra	Individual	Senior Masculino	02:12:20	+01:04:04	07:47
185	36	José Granja	Armazém do Fitness / CrossTheLine	Senior Masculino	02:12:39	+01:04:23	07:48
186	109	Fabio Alexandre Pinto Soares	CrossFit Couto	Senior Masculino	02:12:55	+01:04:39	07:49
187	14	Manuel José Sousa Ribeiro	Aguias D'Ouro	Senior Masculino	02:13:04	+01:04:48	07:50
188	37	Orlando Rogério Henriques	Armazém do Fitness / CrossTheLine	Senior Masculino	02:13:11	+01:04:55	07:50
189	38	Rui Guedes	Armazém do Fitness / CrossTheLine	Senior Masculino	02:13:12	+01:04:56	07:50
190	252	Edgar Seabra	Peter Team	Senior Masculino	02:13:33	+01:05:17	07:51
191	103	Pedro oliveira	Clube Nortada - Murtosa Night Runners	Senior Masculino	02:13:46	+01:05:30	07:52

Official Timekeeper: Lap2Go	6 / 7	generate 17-mai-2015 00:10
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Prova Principal

17 KM

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OFFICIAL RESULT

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192	102	Miguel Oliveira	Clube Nortada - Murtosa Night Runners	Senior Masculino	02:13:52	+01:05:36	07:52
193	180	João Fontoura de Oliveira	Individual	Senior Masculino	02:13:55	+01:05:39	07:53
194	237	Hélder Pinho	LUMINWALL.PT	Senior Masculino	02:13:58	+01:05:42	07:53
195	234	Xavier de Sousa Coutinho	Individual	Senior Masculino	02:14:09	+01:05:53	07:53
196	258	João Pedro Silva Simões	Piscinas Municipais de Santa Maria da Feira	Senior Masculino	02:14:19	+01:06:03	07:54
197	257	André Filipe Lopes Pinho Barges	Piscinas Municipais de Santa Maria da Feira	Senior Masculino	02:14:24	+01:06:08	07:54
198	50	jose conceição	BODY & ZEN/ SALÃO MANOS RUNNING	Senior Masculino	02:15:51	+01:07:35	07:59
199	286	domingos ventura	Tartarugas	Senior Masculino	02:16:20	+01:08:04	08:01
200	287	enrique cunha	Tartarugas	Senior Masculino	02:16:21	+01:08:05	08:01
201	173	Gabriel Magalhães	Individual	Senior Masculino	02:17:03	+01:08:47	08:04
202	21	Anibal Abreu	APCOR	Senior Masculino	02:17:31	+01:09:15	08:05
203	304	Atleta 304	Individual	Senior Masculino	02:17:45	+01:09:29	08:06
204	112	Roberto Filipe Vieira Silva	CrossFit Couto	Senior Masculino	02:17:49	+01:09:33	08:06
205	110	Ivo Duarte Gonçalves Pais	CrossFit Couto	Senior Masculino	02:17:49	+01:09:33	08:06
206	111	Nuno Henrique Pinto Gil	CrossFit Couto	Senior Masculino	02:17:49	+01:09:33	08:06
207	107	Andrés Manuel Melo Soares	CrossFit Couto	Senior Masculino	02:17:49	+01:09:33	08:06
208	267	Daniela Pereira Santos	Rolls Runners	Senior Masculino	02:23:14	+01:14:58	08:26
209	238	Pedro Paiva	LUMINWALL.PT	Senior Masculino	02:24:27	+01:16:11	08:30
210	104	Rui VA lente	Clube Nortada - Murtosa Night Runners	Senior Masculino	02:25:43	+01:17:27	08:34
211	85	Jorge Filipe Amorim Pinto	Centro Clínico S. Jorge	Senior Masculino	02:25:47	+01:17:31	08:35
212	11	André Borges	Aguias D'Ouro	Senior Masculino	02:26:49	+01:18:33	08:38
213	293	Fernando Faria silva	Uns a passo outros a correr	Senior Masculino	02:27:24	+01:19:08	08:40
214	97	Hélder Vieira	Clube Nortada - Murtosa Night Runners	Senior Masculino	02:31:22	+01:23:06	08:54
215	192	Jose Manuel Lisboa Barros Maia	Individual	Senior Masculino	02:31:23	+01:23:07	08:54
216	277	Rufino Moura	run4fun	Senior Masculino	02:31:32	+01:23:16	08:55
217	12	André Viana	Aguias D'Ouro	Senior Masculino	02:38:04	+01:29:48	09:18
218	290	Hugo Teixeira	Travinca	Senior Masculino	02:40:45	+01:32:29	09:27
219	100	Luis Miguel de Castro Faria	Clube Nortada - Murtosa Night Runners	Senior Masculino	02:41:38	+01:33:22	09:30
220	273	Filipe Almeida	RUN FOREST RUN	Senior Masculino	02:41:40	+01:33:24	09:31
221	295	Hugo Casto	Uns a passo outros a correr	Senior Masculino	02:48:46	+01:40:30	09:56
222	296	João Costa	Uns a passo outros a correr	Senior Masculino	02:48:48	+01:40:32	09:56
223	98	João Carlos Marques Sardo	Clube Nortada - Murtosa Night Runners	Senior Masculino	02:50:00	+01:41:44	10:00
224	294	Gustavo Faria	Uns a passo outros a correr	Senior Masculino	02:50:38	+01:42:22	10:02
225	155	António Ferreira	Individual	Senior Masculino	02:57:40	+01:49:24	10:27

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