

ULTRA TRILHOS DO PALEOZOICO 45K

45 KM



OFFICIAL RESULT

	Time	Temperature	Humidity
Start	08:00	7,5°C	53%
End	18:00	15,9°C	35,6%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	2	David Castan	la sportiva	Senior Masculino	04:28:16		05:58
2	3	Luís Duarte	run.pt	Senior Masculino	04:28:55	+00:39	05:59
3	400	Helder Ferreira	união fci tomar	Senior Masculino	04:34:25	+06:09	06:06
4	347	Bruno Sousa	paredes aventura	Senior Masculino	04:38:18	+10:02	06:11
5	104	Ricardo Jorge Gonçalves da Silva	edv - viana trail	Senior Masculino	04:41:05	+12:49	06:15
6	88	Diogo Fernandes	dr merino clínica médica	Senior Masculino	04:44:04	+15:48	06:19
7	206	Nelson Graça	individual	Senior Masculino	04:49:43	+21:27	06:26
8	359	Pedro Marques	paredes aventura	Veterano M45	04:49:52	+21:36	06:26
9	76	Telmo Veloso	desnível positivo	Senior Masculino	04:51:04	+22:48	06:28
10	129	Tiago Teixeira	ginásio factor x	Senior Masculino	04:56:49	+28:33	06:36
11	392	Paulo José da Silva Lopes	tough trails alenquer	Veterano M40	05:01:43	+33:27	06:42
12	66	Victor Fernandes	ctad - trilhos de cinfães	Senior Masculino	05:02:23	+34:07	06:43
13	143	Vitor Serafim Santos Ferreira	grupo dramático e recreativo da retorta	Veterano M40	05:04:27	+36:11	06:46
14	188	João Paulo Lima Rodrigues	individual	Senior Masculino	05:06:21	+38:05	06:48
15	356	Paulo Silva	paredes aventura	Veterano M40	05:06:25	+38:09	06:49
16	140	Joaquim Manuel Martins de Freitas	grupo dramático e recreativo da retorta	Senior Masculino	05:12:11	+43:55	06:56
17	95	Jérôme Rocha Rodrigues	edv - viana trail	Senior Masculino	05:12:21	+44:05	06:56
18	137	Paulo César Ferreira	gondomar futsal clube	Senior Masculino	05:15:23	+47:07	07:01
19	109	Gabriel Fagundes Meira	edv - viana trail	Veterano M40	05:17:59	+49:43	07:04
20	406	Rui Filipe Taipa Santos	unidade especial de corrida	Senior Masculino	05:19:08	+50:52	07:06
21	17	Pedro Miguel Batista	arsm - associação recreativa de s. miguel	Senior Masculino	05:22:42	+54:26	07:10
22	319	Henrique cavaleiro	mundo da corrida	Senior Masculino	05:22:46	+54:30	07:10
23	328	Victor Manuel Fonseca Teixeira	nast	Veterano M40	05:22:53	+54:37	07:11
24	107	Telmo Sampaio Ferreira	edv - viana trail	Senior Masculino	05:22:53	+54:37	07:11
25	101	PAULO ALEXANDRE CARVALHO FONSECA	edv - viana trail	Senior Masculino	05:23:54	+55:38	07:12
26	221	Pedro Manuel Reis Caprichoso	individual	Senior Masculino	05:24:41	+56:25	07:13
27	18	Ricardo Ferreira	arsm - associação recreativa de s. miguel	Senior Masculino	05:24:45	+56:29	07:13
28	383	Paulo Domingues	shots international runners	Senior Masculino	05:25:04	+56:48	07:13
29	186	João Manuel do Vale Pereira Borges	individual	Senior Masculino	05:25:04	+56:48	07:13
30	113	Artur Manuel Ribeiro Cunha Matos	edv - viana trail	Veterano M45	05:26:38	+58:22	07:16
31	64	Nelson Amaral	ctad - trilhos de cinfães	Senior Masculino	05:26:45	+58:29	07:16
32	239	Vitor Manuel Monteiro da Costa	individual	Senior Masculino	05:31:37	+01:03:21	07:22
33	65	Tiago Aragão	ctad - trilhos de cinfães	Senior Masculino	05:31:42	+01:03:26	07:22
34	93	Amândio Faria de Freitas	edv - viana trail	Senior Masculino	05:31:48	+01:03:32	07:22
35	87	David Ferreira	dr merino clínica médica	Senior Masculino	05:31:55	+01:03:39	07:23
36	72	Artur Costa	desnível positivo	Senior Masculino	05:32:08	+01:03:52	07:23
37	100	Nuno Miguel Carvalhido Gomes	edv - viana trail	Senior Masculino	05:34:03	+01:05:47	07:25
38	99	Nuno Alexandre Martins Abílio	edv - viana trail	Senior Masculino	05:36:13	+01:07:57	07:28
39	97	Jorge Manuel Meira Rocha	edv - viana trail	Senior Masculino	05:36:37	+01:08:21	07:29
40	336	Alexandre Cunha	o mundo da corrida	Veterano M45	05:36:46	+01:08:30	07:29

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REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
86	355	Manuel Quelhas	paredes aventura	Veterano M40	06:20:20	+01:52:04	08:27
87	92	Alexandro Cravo Ribeiro	edv - viana trail	Senior Masculino	06:21:22	+01:53:06	08:28
88	216	Paulo Oliveira	individual	Senior Masculino	06:22:34	+01:54:18	08:30
89	111	José Carlos Mesquita Alcobia	edv - viana trail	Veterano M40	06:23:38	+01:55:22	08:32
90	338	Oscar Rodrigues	oraklass - aliança - amigos do trail	Senior Masculino	06:23:55	+01:55:39	08:32
91	393	Ricardo Teixeira	trailistas "eu é que sei"	Senior Masculino	06:24:34	+01:56:18	08:33
92	44	Fernando Remelgado	ccd siemens	Senior Masculino	06:24:34	+01:56:18	08:33
93	90	Tiago José Vieira e Castro do Amaral	dr merino clínica médica	Senior Masculino	06:24:37	+01:56:21	08:33
94	257	Jorge Marques	individual	Veterano M40	06:25:29	+01:57:13	08:34
95	324	Nuno Adérito Ferreira	nast	Senior Masculino	06:25:50	+01:57:34	08:34
96	16	Paulo Alexandre Nogueira	arsm - associação recreativa de s. miguel	Senior Masculino	06:26:11	+01:57:55	08:35
97	349	Orlando Costa Marques	paredes aventura	Senior Masculino	06:26:28	+01:58:12	08:35
98	209	Nuno Miguel Maia	individual	Senior Masculino	06:26:29	+01:58:13	08:35
99	40	Jorge Maia	budeguita runners	Veterano M45	06:26:46	+01:58:30	08:36
100	340	bruno macedo	os caga tacos running team	Senior Masculino	06:27:09	+01:58:53	08:36
101	175	Hélder S G Pinto	individual	Senior Masculino	06:28:02	+01:59:46	08:37
102	205	Mark Macedo	individual	Senior Masculino	06:28:28	+02:00:12	08:38
103	172	Helder Campos	individual	Senior Masculino	06:29:38	+02:01:22	08:40
104	142	Rolando Martins Moreira Santos	grupo dramático e recreativo da retorta	Veterano M40	06:30:27	+02:02:11	08:41
105	275	jose Manuel Pacheco	individual	Veterano M45	06:30:33	+02:02:17	08:41
106	37	Carlos Jesus	beat your limit!	Senior Masculino	06:30:35	+02:02:19	08:41
107	171	Francisco Rebelo	individual	Senior Masculino	06:30:36	+02:02:20	08:41
108	295	JOSÉ MANUEL RODRIGO NUNES	jn running	Veterano M40	06:30:50	+02:02:34	08:41
109	407	Marco Marques	viewpoint	Senior Masculino	06:30:58	+02:02:42	08:41
110	25	Daniel Ferreira	associação desportiva de cabroelo	Senior Masculino	06:32:17	+02:04:01	08:43
111	181	Humberto Barros	individual	Senior Masculino	06:33:29	+02:05:13	08:45
112	134	LUIS PINHO	ginasio fit4fun	Veterano M40	06:33:55	+02:05:39	08:45
113	158	Alexandre Pinto	individual	Senior Masculino	06:34:07	+02:05:51	08:45
114	352	Augusto Oliveira	paredes aventura	Veterano M40	06:34:21	+02:06:05	08:46
115	331	Duarte Gil Ribeiro Barbosa	not run alone	Veterano M40	06:34:25	+02:06:09	08:46
116	310	Flávio Francisco	monsanto running team	Veterano M40	06:34:26	+02:06:10	08:46
117	311	Túlio Alexandre de Seabra Pires Coelho	monsanto running team	Veterano M45	06:34:26	+02:06:10	08:46
118	245	Júlia Conceição	individual	Veterana F45	06:35:00	+02:06:44	08:47
119	374	Pedro oliveira	running team lantermil	Senior Masculino	06:35:16	+02:07:00	08:47
120	345	Rui Vieira	os homens do laço	Veterano M40	06:35:35	+02:07:19	08:47
121	372	Inuo Filipe Melo	run4all	Senior Masculino	06:38:57	+02:10:41	08:52
122	98	Luis Miguel	edv - viana trail	Senior Masculino	06:39:11	+02:10:55	08:52
123	122	Luís Vieira	entre os montes	Veterano M45	06:39:49	+02:11:33	08:53
124	404	Luís Miguel Azevedo da Silva	unidade especial de corrida	Senior Masculino	06:39:51	+02:11:35	08:53
125	179	Hugo Filipe Nunes Gonçalves	individual	Senior Masculino	06:40:28	+02:12:12	08:54
126	353	Christophe Ferreira	paredes aventura	Veterano M40	06:41:27	+02:13:11	08:55
127	31	Luís Veríssimo	ateam fkc	Veterano M40	06:43:00	+02:14:44	08:57
128	249	Augusto Joaquim Pinto de Oliveira	individual	Veterano M40	06:43:11	+02:14:55	08:58
129	260	José Regueiras	individual	Veterano M40	06:43:43	+02:15:27	08:58
130	12	Fábio Mendes	amigos da montanha	Senior Masculino	06:44:08	+02:15:52	08:59

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45 KM

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
176	337	Sofia Agostinho	offtel runners	Senior Feminino	07:04:05	+02:35:49	09:25
177	285	António Carlos Teixeira	individual	Veterano M50	07:04:05	+02:35:49	09:25
178	204	Mário Miguel Ferreira Barbosa	individual	Senior Masculino	07:05:13	+02:36:57	09:27
179	384	Filipe Sousa	sousas	Senior Masculino	07:06:01	+02:37:45	09:28
180	138	Ricardo Couto	gondomar futsal clube	Senior Masculino	07:06:10	+02:37:54	09:28
181	296	Helder Gomes	kemedo team	Senior Masculino	07:06:17	+02:38:01	09:28
182	298	Manuel Fernando Teixeira	lousada runners	Veterano M50	07:06:30	+02:38:14	09:29
183	47	Joao Paiva	clube anacom	Veterano M40	07:06:45	+02:38:29	09:29
184	11	Paula Santos	all about	Veterana F40	07:07:19	+02:39:03	09:30
185	80	André Castro	desnível positivo	Veterano M40	07:07:54	+02:39:38	09:31
186	147	Carla Oliveira	individual	Senior Feminino	07:07:54	+02:39:38	09:31
187	41	Alexandre Neves	c.c.d.t.c.m.gondomar	Senior Masculino	07:08:03	+02:39:47	09:31
188	360	Luís Andrade	melrestrail - running	Veterano M40	07:11:02	+02:42:46	09:35
189	342	paulo marques	os caga tacos running team	Veterano M40	07:11:28	+02:43:12	09:35
190	289	José Luis Loureiro	individual	Veterano M50	07:12:19	+02:44:03	09:36
191	89	Nuno Jorge Moreira de Pinho	dr merino clínica médica	Senior Masculino	07:12:38	+02:44:22	09:37
192	385	Bruno Pereira	sport training	Senior Masculino	07:13:23	+02:45:07	09:38
193	32	Gastão Sousa	ateam fkc	Veterano M45	07:13:48	+02:45:32	09:38
194	286	Carlos Justo	minho aventura	Veterano M50	07:13:49	+02:45:33	09:38
195	116	Joaquim Carlos da Silva Coelho	ei team trail	Veterano M40	07:14:14	+02:45:58	09:39
196	115	José Manuel Santos Cruz	ei team trail	Senior Masculino	07:14:14	+02:45:58	09:39
197	291	Arsénio Jorge Martins Fernandes	individual	Veterano M55	07:14:16	+02:46:00	09:39
198	46	Adelino Fernando Bessa da Silva	ccd siemens	Veterano M45	07:14:36	+02:46:20	09:39
199	119	Angelo Cabral	engomadoria l&a team	Senior Masculino	07:14:37	+02:46:21	09:39
200	168	Fábio Bezerra	individual	Senior Masculino	07:14:42	+02:46:26	09:40
201	198	Manuel Filipe Oliveira Garcia	individual	Senior Masculino	07:14:46	+02:46:30	09:40
202	50	Lano Valente	clube zupper	Senior Masculino	07:15:10	+02:46:54	09:40
203	315	Hugo Miguel Mendes Gonçalves	multipower gaia trail	Senior Masculino	07:17:10	+02:48:54	09:43
204	163	Carlos Azevedo	individual	Senior Masculino	07:17:14	+02:48:58	09:43
205	202	Marco Dias	individual	Senior Masculino	07:17:16	+02:49:00	09:43
206	135	Alexandra Fernandes	gira	Veterana F45	07:18:11	+02:49:55	09:44
207	22	Mário Ferreira	associação desportiva da efacec	Veterano M40	07:18:17	+02:50:01	09:44
208	309	Pedro Lizardo	monsanto running team	Senior Masculino	07:19:49	+02:51:33	09:46
209	292	José Barroco	individual	Veterano M55	07:20:32	+02:52:16	09:47
210	128	Nuno Teixeira	ginásio factor x	Senior Masculino	07:21:19	+02:53:03	09:48
211	228	Sandro Rodrigues	individual	Senior Masculino	07:21:29	+02:53:13	09:49
212	316	João Trigueiros	multipower gaia trail	Sub 23 Masculino	07:22:37	+02:54:21	09:50
213	231	Sérgio Moreira	individual	Senior Masculino	07:22:37	+02:54:21	09:50
214	281	Paulo Machado	individual	Veterano M45	07:23:00	+02:54:44	09:51
215	376	Helio Borges	running team lanthemil	Senior Masculino	07:25:37	+02:57:21	09:54
216	375	vitor coelho	running team lanthemil	Veterano M40	07:25:37	+02:57:21	09:54
217	4	José Carlos Jorge Pinto Sousa	a.a. lebres do sado	Veterano M40	07:25:37	+02:57:21	09:54
218	78	Fátima Alendouro	desnível positivo	Veterana F40	07:26:39	+02:58:23	09:56
219	166	Diogo Silva	individual	Senior Masculino	07:27:25	+02:59:09	09:57
220	48	Susana Gabriela Costa Pinto da Neta	clube zupper	Senior Feminino	07:29:31	+03:01:15	09:59

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221	54	Paulo Alexandre Pinto Martins da Neta	clube zupper	Veterano M40	07:29:31	+03:01:15	09:59
222	185	João Graça	individual	Senior Masculino	07:32:09	+03:03:53	10:03
223	211	Oswaldo Manuel Dias Ferreira	individual	Senior Masculino	07:32:09	+03:03:53	10:03
224	346	Nuno Ferreira	os homens do laço	Veterano M45	07:32:17	+03:04:01	10:03
225	176	HUGO ALMEIDA	individual	Senior Masculino	07:32:57	+03:04:41	10:04
226	203	Marco Rodrigues	individual	Senior Masculino	07:32:57	+03:04:41	10:04
227	351	Vitor Andrade	paredes aventura	Senior Masculino	07:34:21	+03:06:05	10:06
228	174	Hélder Paulo Gonçalves Costa	individual	Senior Masculino	07:37:29	+03:09:13	10:10
229	34	Paulo Jorge Nogueira Marques	badteam raríssimas	Veterano M40	07:37:45	+03:09:29	10:10
230	36	Rui Manuel Almeida Gaspar	bando dos trilhos e trilhos, associação betetista.	Veterano M40	07:39:11	+03:10:55	10:12
231	57	Óscar Pinto	coimbra trail running	Veterano M45	07:39:21	+03:11:05	10:12
232	246	Ana Paula Santos	individual	Veterana F50	07:39:29	+03:11:13	10:13
233	256	Joao Valente	individual	Veterano M40	07:39:49	+03:11:33	10:13
234	160	andre Pinheiro	individual	Senior Masculino	07:39:49	+03:11:33	10:13
235	144	Jorge Lemos	guimarães corre corre	Veterano M40	07:41:08	+03:12:52	10:15
236	173	Hélder Jorge Ferreira de Castro	individual	Senior Masculino	07:42:06	+03:13:50	10:16
237	244	Elena labanji	individual	Veterana F45	07:42:17	+03:14:01	10:16
238	159	Alexandre Solposto	individual	Senior Masculino	07:43:31	+03:15:15	10:18
239	378	CARLOS NAVEGA	sem rota	Veterano M45	07:44:53	+03:16:37	10:20
240	56	Gonçalo Filipe Neves Padilha	coimbra trail running	Senior Masculino	07:46:22	+03:18:06	10:22
241	399	Miguel Pereira Neves	ugas trail running	Senior Masculino	07:46:49	+03:18:33	10:22
242	398	Daniel Marques Santos	ugas trail running	Senior Masculino	07:46:49	+03:18:33	10:22
243	226	Rodrigo Miguel Pereira de Oliveira	individual	Senior Masculino	07:48:02	+03:19:46	10:24
244	262	Nuno Faro Beirão	individual	Veterano M40	07:48:04	+03:19:48	10:24
245	409	Manuel Costa	voltarenis vincit omnia	Veterano M45	07:48:05	+03:19:49	10:24
246	282	Pedro Neiva Correia	individual	Veterano M45	07:48:43	+03:20:27	10:25
247	208	nuno marques	individual	Senior Masculino	07:48:47	+03:20:31	10:25
248	220	Pedro Magalhães	individual	Senior Masculino	07:49:38	+03:21:22	10:26
249	200	Márcio Silva	individual	Senior Masculino	07:49:53	+03:21:37	10:27
250	271	Rui Pena	individual	Veterano M40	07:50:17	+03:22:01	10:27
251	411	Rui Pinho	jn running	Veterano M40	07:50:32	+03:22:16	10:27
252	269	Rui Francisco Fernandes	individual	Veterano M40	07:50:32	+03:22:16	10:27
253	23	Tiago André Sousa	associação desportiva da efacec	Senior Masculino	07:52:04	+03:23:48	10:29
254	6	Joaquim Barbosa	a.d. rio largo c.e.	Senior Masculino	07:52:32	+03:24:16	10:30
255	27	João Vaz	ateam fkc	Senior Masculino	07:53:09	+03:24:53	10:31
256	247	Antonio Franco	individual	Veterano M40	07:53:09	+03:24:53	10:31
257	29	Armando Loureiro	ateam fkc	Veterano M40	07:54:33	+03:26:17	10:33
258	234	Telmo José Santos Lages	individual	Senior Masculino	07:54:57	+03:26:41	10:33
259	377	Paulo Pereira	running team maia	Senior Masculino	07:55:10	+03:26:54	10:34
260	60	Paulo Silva	confraria trotamontes	Veterano M45	07:57:48	+03:29:32	10:37
261	59	Mário Gouveia	confraria trotamontes	Veterano M40	07:57:48	+03:29:32	10:37
262	187	João Marques	individual	Senior Masculino	07:57:58	+03:29:42	10:37
263	253	Francisco Moreira	individual	Veterano M40	07:58:05	+03:29:49	10:37
264	14	José Andrade	amigos da montanha	Veterano M45	07:58:06	+03:29:50	10:37
265	279	Paulo Jorge Cabral Lucas	individual	Veterano M45	07:59:29	+03:31:13	10:39

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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266	43	PAULO ALEXANDRE ESPINHA CORREIA DE JESUS ALVES	caetano runners	Veterano M40	08:00:35	+03:32:19	10:41
267	83	Frederico Esteves	desnível positivo	Veterano M50	08:00:45	+03:32:29	10:41
268	313	Fernanda Pinho	moreira relax runners	Veterana F45	08:00:50	+03:32:34	10:41
269	194	Jose Jesus	individual	Senior Masculino	08:04:15	+03:35:59	10:46
270	299	Armindo Miguel Pinheiro	mete água	Veterano M40	08:05:38	+03:37:22	10:48
271	45	Nuno Filipe Faria Ferreira	ccd siemens	Senior Masculino	08:06:03	+03:37:47	10:48
272	49	Hugo Moita	clube zipper	Senior Masculino	08:07:45	+03:39:29	10:50
273	151	Daniela Fernandes	individual	Senior Feminino	08:08:45	+03:40:29	10:52
274	225	Rodolfo Carvalho	individual	Senior Masculino	08:08:46	+03:40:30	10:52
275	306	Filipa Siopa	monsanto running team	Senior Feminino	08:09:19	+03:41:03	10:52
276	408	Vítor Silva	vimarunners	Senior Masculino	08:10:01	+03:41:45	10:53
277	63	João Carlos Fernandes	ctad - trilhos de cinfães	Senior Masculino	08:10:34	+03:42:18	10:54
278	312	Paulo Pires	moreira relax runners	Senior Masculino	08:10:37	+03:42:21	10:54
279	314	Helder F. B. Silva	moreira relax runners	Veterano M40	08:10:38	+03:42:22	10:54
280	300	Tiago Faro Pedroso	mete água	Veterano M40	08:11:28	+03:43:12	10:55
281	397	Paulo Valente	trailistas "eu é que sei"	Veterano M50	08:13:24	+03:45:08	10:58
282	169	Filipe Amorim Moreira Sousa	individual	Senior Masculino	08:15:27	+03:47:11	11:01
283	184	João Emanuel Gonçalves dos Santos	individual	Senior Masculino	08:16:29	+03:48:13	11:02
284	273	Viriato Gil Tavares Almeida	individual	Veterano M40	08:17:47	+03:49:31	11:04
285	268	Rui Ferreira	individual	Veterano M40	08:18:44	+03:50:28	11:05
286	146	Ana Ferreira	individual	Senior Feminino	08:19:21	+03:51:05	11:06
287	156	Tânia bateira	individual	Senior Feminino	08:23:47	+03:55:31	11:12
288	167	Eduardo Magalhães Santos	individual	Senior Masculino	08:26:42	+03:58:26	11:16
289	412	Nuno Gonçalves	individual	Senior Masculino	08:26:51	+03:58:35	11:16
290	38	Telmo Mendonça	bikes & friends	Senior Masculino	08:27:01	+03:58:45	11:16
291	368	Liliana Silva	rainha club	Senior Feminino	08:27:39	+03:59:23	11:17
292	39	José Carlos Costa Bessa	btt matosinhos	Senior Masculino	08:28:04	+03:59:48	11:17
293	77	Célia Sampaio	desnível positivo	Veterana F40	08:29:34	+04:01:18	11:19
294	164	Carlos Silva	individual	Senior Masculino	08:29:54	+04:01:38	11:20
295	288	João Paulo Marques Fonseca	individual	Veterano M50	08:30:05	+04:01:49	11:20
296	52	Fernando Carneiro	clube zipper	Veterano M40	08:30:09	+04:01:53	11:20
297	58	Artur Costa	companhia do bazófiás	Senior Masculino	08:33:19	+04:05:03	11:24
298	308	Soraia ferreira	monsanto running team	Senior Feminino	08:33:19	+04:05:03	11:24
299	133	ANSELMO ALMEIDA	ginasio fit4fun	Veterano M40	08:33:53	+04:05:37	11:25
300	28	Esmeralda Melo	ateam fkc	Veterana F50	08:36:38	+04:08:22	11:29
301	26	Vanessa Reboca	ateam fkc	Senior Feminino	08:36:42	+04:08:26	11:29
302	35	Bruno Alexandre Oliveira Graça	bando dos trilhos e trilhos, associação betetista.	Senior Masculino	08:36:42	+04:08:26	11:29
303	68	Renato Viana	dental doctors	Veterano M40	08:36:46	+04:08:30	11:29
304	371	Paulo Paiva	run to be alive	Senior Masculino	08:36:55	+04:08:39	11:29
305	155	margarida figueiroa	individual	Senior Feminino	08:36:55	+04:08:39	11:29
306	84	Joaquim Sampaio	desnível positivo	Veterano M60	08:37:29	+04:09:13	11:30
307	236	Tiago Miguel Veleda Moreirinhas Soeiro	individual	Senior Masculino	08:40:23	+04:12:07	11:34
308	276	Luis Pedro Nogueira	individual	Veterano M45	08:43:44	+04:15:28	11:38

Ultra trilhos do paleozoico 45K

45 KM

OFFICIAL RESULT

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	Time	Temperature	Humidity
Start	08:00	7,5°C	53%
End	18:00	15,9°C	35,6%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	tkm
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Senior Feminino

1	71	Fernanda Verde	Desnível Positivo	Senior Feminino	06:02:28		08:03
2	15	Cristina Couceiro	ARSM - Associação Recreativa de S. Miguel	Senior Feminino	06:03:26	+00:58	08:05
3	132	ALICE LOPES	Ginasio Fit4Fun	Senior Feminino	06:06:13	+03:45	08:08
4	388	Elisabete Vieira	Sunset Runners	Senior Feminino	06:17:25	+14:57	08:23
5	157	Tuxa Negri	Individual	Senior Feminino	06:51:26	+48:58	09:09
6	148	Carla Sousa	Individual	Senior Feminino	06:52:59	+50:31	09:11
7	401	Raquel Ferreira	Unidade Especial de Corrida	Senior Feminino	06:54:12	+51:44	09:12
8	379	Raquel Campos	Shots International Runners	Senior Feminino	06:55:21	+52:53	09:14
9	85	Liliana Gomes	Dr Merino Clínica Médica	Senior Feminino	06:57:25	+54:57	09:17
10	307	Sónia Maria Janeiro Túbal	Monsanto Running Team	Senior Feminino	07:04:05	+01:01:37	09:25
11	337	Sofia Agostinho	OFFTEL RUNNERS	Senior Feminino	07:04:05	+01:01:37	09:25
12	147	Carla Oliveira	Individual	Senior Feminino	07:07:54	+01:05:26	09:31
13	48	Susana Gabriela Costa Pinto da Neta	Clube Zupper	Senior Feminino	07:29:31	+01:27:03	09:59
14	151	Daniela Fernandes	Individual	Senior Feminino	08:08:45	+02:06:17	10:52
15	306	Filipa Siopa	Monsanto Running Team	Senior Feminino	08:09:19	+02:06:51	10:52
16	146	Ana Ferreira	Individual	Senior Feminino	08:19:21	+02:16:53	11:06
17	156	Tânia bateira	Individual	Senior Feminino	08:23:47	+02:21:19	11:12
18	368	Liliana Silva	Rainha Club	Senior Feminino	08:27:39	+02:25:11	11:17
19	308	Soraia ferreira	Monsanto Running Team	Senior Feminino	08:33:19	+02:30:51	11:24
20	26	Vanessa Reboca	Ateam FKC	Senior Feminino	08:36:42	+02:34:14	11:29
21	155	margarida figueiroa	Individual	Senior Feminino	08:36:55	+02:34:27	11:29
22	154	Helena Dias	Individual	Senior Feminino	09:06:14	+03:03:46	12:08
23	149	Carmen Lima	Individual	Senior Feminino	09:28:12	+03:25:44	12:38

Senior Masculino

1	2	David Castan	La Sportiva	Senior Masculino	04:28:16		05:58
2	3	Luís Duarte	RUN.PT	Senior Masculino	04:28:55	+00:39	05:59
3	400	Helder Ferreira	União FCI Tomar	Senior Masculino	04:34:25	+06:09	06:06
4	347	Bruno Sousa	PAREDES AVENTURA	Senior Masculino	04:38:18	+10:02	06:11
5	104	Ricardo Jorge Gonçalves da Silva	EDV - Viana Trail	Senior Masculino	04:41:05	+12:49	06:15
6	88	Diogo Fernandes	Dr Merino Clínica Médica	Senior Masculino	04:44:04	+15:48	06:19
7	206	Nelson Graça	Individual	Senior Masculino	04:49:43	+21:27	06:26
8	76	Telmo Veloso	Desnível Positivo	Senior Masculino	04:51:04	+22:48	06:28
9	129	Tiago Teixeira	Ginásio Factor X	Senior Masculino	04:56:49	+28:33	06:36
10	66	Victor Fernandes	CTAD - Trilhos de Cinfães	Senior Masculino	05:02:23	+34:07	06:43
11	188	João Paulo Lima Rodrigues	Individual	Senior Masculino	05:06:21	+38:05	06:48
12	140	Joaquim Manuel Martins de Freitas	Grupo Dramático e Recreativo da Retorta	Senior Masculino	05:12:11	+43:55	06:56

Ultra trilhos do paleozoico 45K
45 KM
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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

13	95	Jérôme Rocha Rodrigues	EDV - Viana Trail	Senior Masculino	05:12:21	+44:05	06:56
14	137	Paulo César Ferreira	GONDOMAR FUTSAL CLUBE	Senior Masculino	05:15:23	+47:07	07:01
15	406	Rui Filipe Taipa Santos	Unidade Especial de Corrida	Senior Masculino	05:19:08	+50:52	07:06
16	17	Pedro Miguel Batista	ARSM - Associação Recreativa de S. Miguel	Senior Masculino	05:22:42	+54:26	07:10
17	319	Henrique cavaleiro	Mundo da Corrida	Senior Masculino	05:22:46	+54:30	07:10
18	107	Telmo Sampaio Ferreira	EDV - Viana Trail	Senior Masculino	05:22:53	+54:37	07:11
19	101	PAULO ALEXANDRE CARVALHO FONSECA	EDV - Viana Trail	Senior Masculino	05:23:54	+55:38	07:12
20	221	Pedro Manuel Reis Caprichoso	Individual	Senior Masculino	05:24:41	+56:25	07:13
21	18	Ricardo Ferreira	ARSM - Associação Recreativa de S. Miguel	Senior Masculino	05:24:45	+56:29	07:13
22	383	Paulo Domingues	Shots International Runners	Senior Masculino	05:25:04	+56:48	07:13
23	186	João Manuel do Vale Pereira Borges	Individual	Senior Masculino	05:25:04	+56:48	07:13
24	64	Nelson Amaral	CTAD - Trilhos de Cinfães	Senior Masculino	05:26:45	+58:29	07:16
25	239	Vitor Manuel Monteiro da Costa	Individual	Senior Masculino	05:31:37	+01:03:21	07:22
26	65	Tiago Aragão	CTAD - Trilhos de Cinfães	Senior Masculino	05:31:42	+01:03:26	07:22
27	93	Amândio Faria de Freitas	EDV - Viana Trail	Senior Masculino	05:31:48	+01:03:32	07:22
28	87	David Ferreira	Dr Merino Clínica Médica	Senior Masculino	05:31:55	+01:03:39	07:23
29	72	Artur Costa	Desnível Positivo	Senior Masculino	05:32:08	+01:03:52	07:23
30	100	Nuno Miguel Carvalhido Gomes	EDV - Viana Trail	Senior Masculino	05:34:03	+01:05:47	07:25
31	99	Nuno Alexandre Martins Abílio	EDV - Viana Trail	Senior Masculino	05:36:13	+01:07:57	07:28
32	97	Jorge Manuel Meira Rocha	EDV - Viana Trail	Senior Masculino	05:36:37	+01:08:21	07:29
33	94	Diogo Lopes	EDV - Viana Trail	Senior Masculino	05:41:23	+01:13:07	07:35
34	365	Nuno Torres	PROAVENTURAS	Senior Masculino	05:42:07	+01:13:51	07:36
35	139	Flávio Miguel Pastor Oliveira	Grupo Dramático e Recreativo da Retorta	Senior Masculino	05:43:39	+01:15:23	07:38
36	227	Rui Sequeira	Monsanto Running Team	Senior Masculino	05:43:52	+01:15:36	07:38
37	361	Pedro Pinto	POE ESMORIZ	Senior Masculino	05:48:43	+01:20:27	07:45
38	62	Bruno Santos	CTAD - Trilhos de Cinfães	Senior Masculino	05:48:59	+01:20:43	07:45
39	55	Filipe Manuel Vicente Afonso	Coimbra Trail Running	Senior Masculino	05:49:52	+01:21:36	07:46
40	212	Patrick Marques	Individual	Senior Masculino	05:50:32	+01:22:16	07:47
41	402	César Edgar de Sousa Leão	Unidade Especial de Corrida	Senior Masculino	05:51:19	+01:23:03	07:48
42	403	Filipe Miguel Grilo Teixeira	Unidade Especial de Corrida	Senior Masculino	05:51:20	+01:23:04	07:48
43	380	Joel Araujo	Shots International Runners	Senior Masculino	05:53:34	+01:25:18	07:51
44	369	joão tavares	Rainha Club	Senior Masculino	05:53:45	+01:25:29	07:52
45	325	Sérgio Paulo dos Santos Sá	NAST	Senior Masculino	05:53:52	+01:25:36	07:52
46	165	Carlos Vieira	Individual	Senior Masculino	05:56:05	+01:27:49	07:55
47	103	Pedro Andre Cerqueira Caldas	EDV - Viana Trail	Senior Masculino	05:58:36	+01:30:20	07:58
48	323	Miguel Martins	NAST	Senior Masculino	05:59:36	+01:31:20	07:59
49	348	Helder Silva	PAREDES AVENTURA	Senior Masculino	06:00:08	+01:31:52	08:00
50	67	Vitor André da Silva Cardoso	CTAD - Trilhos de Cinfães	Senior Masculino	06:02:13	+01:33:57	08:03
51	73	Jorge Alves	Desnível Positivo	Senior Masculino	06:02:28	+01:34:12	08:03
52	75	Ricardo Taxa	Desnível Positivo	Senior Masculino	06:02:28	+01:34:12	08:03
53	192	João Pinheiro	Trailistas "Eu é que sei"	Senior Masculino	06:05:23	+01:37:07	08:07
54	214	Paulo Machado	Individual	Senior Masculino	06:05:37	+01:37:21	08:07
55	170	Filipe Lima	Individual	Senior Masculino	06:05:43	+01:37:27	08:08
56	233	Simão Pedro Neves Seïça	Individual	Senior Masculino	06:12:21	+01:44:05	08:16

Ultra trilhos do paleozoico 45K

45 KM



OFFICIAL RESULT

57	74	Pedro Pinho	Desnível Positivo	Senior Masculino	06:19:31	+01:51:15	08:26
58	92	Alexandro Cravo Ribeiro	EDV - Viana Trail	Senior Masculino	06:21:22	+01:53:06	08:28
59	216	Paulo Oliveira	Individual	Senior Masculino	06:22:34	+01:54:18	08:30
60	338	Oscar Rodrigues	Oralklass - Aliança - Amigos do Trail	Senior Masculino	06:23:55	+01:55:39	08:32
61	393	Ricardo Teixeira	Trailistas "Eu é que sei"	Senior Masculino	06:24:34	+01:56:18	08:33
62	44	Fernando Remelgado	CCD Siemens	Senior Masculino	06:24:34	+01:56:18	08:33
63	90	Tiago José Vieira e Castro do Amaral	Dr Merino Clínica Médica	Senior Masculino	06:24:37	+01:56:21	08:33
64	324	Nuno Adérito Ferreira	NAST	Senior Masculino	06:25:50	+01:57:34	08:34
65	16	Paulo Alexandre Nogueira	ARSM - Associação Recreativa de S. Miguel	Senior Masculino	06:26:11	+01:57:55	08:35
66	349	Orlando Costa Marques	PAREDES AVENTURA	Senior Masculino	06:26:28	+01:58:12	08:35
67	209	Nuno Miguel Maia	Individual	Senior Masculino	06:26:29	+01:58:13	08:35
68	340	bruno macedo	os caga tacos running team	Senior Masculino	06:27:09	+01:58:53	08:36
69	175	Hélder S G Pinto	Individual	Senior Masculino	06:28:02	+01:59:46	08:37
70	205	Mark Macedo	Individual	Senior Masculino	06:28:28	+02:00:12	08:38
71	172	Helder Campos	Individual	Senior Masculino	06:29:38	+02:01:22	08:40
72	37	Carlos Jesus	Beat Your Limit!	Senior Masculino	06:30:35	+02:02:19	08:41
73	171	Francisco Rebelo	Individual	Senior Masculino	06:30:36	+02:02:20	08:41
74	407	Marco Marques	ViewPoint	Senior Masculino	06:30:58	+02:02:42	08:41
75	25	Daniel Ferreira	Associação Desportiva de Cabroelo	Senior Masculino	06:32:17	+02:04:01	08:43
76	181	Humberto Barros	Individual	Senior Masculino	06:33:29	+02:05:13	08:45
77	158	Alexandre Pinto	Individual	Senior Masculino	06:34:07	+02:05:51	08:45
78	374	Pedro oliveira	Running Team Lantemil	Senior Masculino	06:35:16	+02:07:00	08:47
79	372	Inuo Filipe Melo	Run4all	Senior Masculino	06:38:57	+02:10:41	08:52
80	98	Luis Miguel	EDV - Viana Trail	Senior Masculino	06:39:11	+02:10:55	08:52
81	404	Luís Miguel Azevedo da Silva	Unidade Especial de Corrida	Senior Masculino	06:39:51	+02:11:35	08:53
82	179	Hugo Filipe Nunes Gonçalves	Individual	Senior Masculino	06:40:28	+02:12:12	08:54
83	12	Fábio Mendes	Amigos da Montanha	Senior Masculino	06:44:08	+02:15:52	08:59
84	86	Bernardino José das Neves Alves Moreira Pinto	Dr Merino Clínica Médica	Senior Masculino	06:44:09	+02:15:53	08:59
85	224	pedro seabra	Individual	Senior Masculino	06:44:45	+02:16:29	09:00
86	303	Mário Jorge Pereira Martins	Moka Team	Senior Masculino	06:44:48	+02:16:32	09:00
87	382	Nuno Abreu	Shots International Runners	Senior Masculino	06:45:25	+02:17:09	09:01
88	219	Pedro Costa	Individual	Senior Masculino	06:46:18	+02:18:02	09:02
89	21	Fábio Silva	Associação Desportiva da Efacec	Senior Masculino	06:46:58	+02:18:42	09:03
90	237	Valdir Filipe Costa Pereira	Individual	Senior Masculino	06:47:25	+02:19:09	09:03
91	217	Paulo Rodrigues	Individual	Senior Masculino	06:47:25	+02:19:09	09:03
92	177	Hugo Duarte Teixeira	Individual	Senior Masculino	06:47:34	+02:19:18	09:03
93	232	Sergio Silva	Individual	Senior Masculino	06:48:49	+02:20:33	09:05
94	51	Nuno Ribeiro	Clube Zupper	Senior Masculino	06:50:41	+02:22:25	09:08
95	61	Filipe Serrazina	CRP RIBAFRIA	Senior Masculino	06:50:52	+02:22:36	09:08
96	195	Lourenço Bray	Individual	Senior Masculino	06:53:55	+02:25:39	09:12
97	405	Ricardo Zeferino Ribeiro Costa	Unidade Especial de Corrida	Senior Masculino	06:54:11	+02:25:55	09:12
98	145	Marco silva	Hot Runners	Senior Masculino	06:55:19	+02:27:03	09:14
99	121	António Chilão	Entre os Montes	Senior Masculino	06:56:09	+02:27:53	09:15
100	210	Nuno Oliveira	Individual	Senior Masculino	06:56:41	+02:28:25	09:16

Official Timekeeper: Lap2Go	3 / 9	generate 17-mar-2015 22:38
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Ultra trilhos do paleozoico 45K

45 KM

OFFICIAL RESULT

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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101	20	Domingos Nogueira	Associação Desportiva da Efacec	Senior Masculino	06:57:16	+02:29:00	09:16
102	180	Hugo Manuel G. P. Ferreira	Individual	Senior Masculino	06:57:47	+02:29:31	09:17
103	330	PEDRO BARBOSA	Not Run Alone	Senior Masculino	06:58:32	+02:30:16	09:18
104	108	Vítor Manuel Dias Gonçalves	EDV - Viana Trail	Senior Masculino	06:59:10	+02:30:54	09:19
105	106	Stephane Jose Gallud Simoes	EDV - Viana Trail	Senior Masculino	06:59:10	+02:30:54	09:19
106	197	Luis Gaspar	Individual	Senior Masculino	06:59:34	+02:31:18	09:19
107	215	Paulo Manuel Marques Rodrigues	Individual	Senior Masculino	07:01:05	+02:32:49	09:21
108	120	Hélder Ferreira	Engomadoria L&A Team	Senior Masculino	07:04:04	+02:35:48	09:25
109	238	Vítor Manuel da Silva Pereira	Individual	Senior Masculino	07:04:05	+02:35:49	09:25
110	204	Mário Miguel Ferreira Barbosa	Individual	Senior Masculino	07:05:13	+02:36:57	09:27
111	384	Filipe Sousa	Sousas	Senior Masculino	07:06:01	+02:37:45	09:28
112	138	Ricardo Couto	GONDOMAR FUTSAL CLUBE	Senior Masculino	07:06:10	+02:37:54	09:28
113	296	Helder Gomes	KeMedo Team	Senior Masculino	07:06:17	+02:38:01	09:28
114	41	Alexandre Neves	C.C.D.T.C.M.Gondomar	Senior Masculino	07:08:03	+02:39:47	09:31
115	89	Nuno Jorge Moreira de Pinho	Dr Merino Clínica Médica	Senior Masculino	07:12:38	+02:44:22	09:37
116	385	Bruno Pereira	Sport Training	Senior Masculino	07:13:23	+02:45:07	09:38
117	115	José Manuel Santos Cruz	El Team Trail	Senior Masculino	07:14:14	+02:45:58	09:39
118	119	Angelo Cabral	Engomadoria L&A Team	Senior Masculino	07:14:37	+02:46:21	09:39
119	168	Fábio Bezerra	Individual	Senior Masculino	07:14:42	+02:46:26	09:40
120	198	Manuel Filipe Oliveira Garcia	Individual	Senior Masculino	07:14:46	+02:46:30	09:40
121	50	Lano Valente	Clube Zupper	Senior Masculino	07:15:10	+02:46:54	09:40
122	315	Hugo Miguel Mendes Gonçalves	MULTIPOWER GAIA TRAIL	Senior Masculino	07:17:10	+02:48:54	09:43
123	163	Carlos Azevedo	Individual	Senior Masculino	07:17:14	+02:48:58	09:43
124	202	Marco Dias	Individual	Senior Masculino	07:17:16	+02:49:00	09:43
125	309	Pedro Lizardo	Monsanto Running Team	Senior Masculino	07:19:49	+02:51:33	09:46
126	128	Nuno Teixeira	Ginásio Factor X	Senior Masculino	07:21:19	+02:53:03	09:48
127	228	Sandro Rodrigues	Individual	Senior Masculino	07:21:29	+02:53:13	09:49
128	231	Sérgio Moreira	Individual	Senior Masculino	07:22:37	+02:54:21	09:50
129	376	Helio Borges	Running Team Lanternil	Senior Masculino	07:25:37	+02:57:21	09:54
130	166	Diogo Silva	Individual	Senior Masculino	07:27:25	+02:59:09	09:57
131	185	João Graça	Individual	Senior Masculino	07:32:09	+03:03:53	10:03
132	211	Osvaldo Manuel Dias Ferreira	Individual	Senior Masculino	07:32:09	+03:03:53	10:03
133	176	HUGO ALMEIDA	Individual	Senior Masculino	07:32:57	+03:04:41	10:04
134	203	Marco Rodrigues	Individual	Senior Masculino	07:32:57	+03:04:41	10:04
135	351	Vitor Andrade	PAREDES AVENTURA	Senior Masculino	07:34:21	+03:06:05	10:06
136	174	Hélder Paulo Gonçalves Costa	Individual	Senior Masculino	07:37:29	+03:09:13	10:10
137	160	andre Pinheiro	Individual	Senior Masculino	07:39:49	+03:11:33	10:13
138	173	Hélder Jorge Ferreira de Castro	Individual	Senior Masculino	07:42:06	+03:13:50	10:16
139	159	Alexandre Solposto	Individual	Senior Masculino	07:43:31	+03:15:15	10:18
140	56	Gonçalo Filipe Neves Padilha	Coimbra Trail Running	Senior Masculino	07:46:22	+03:18:06	10:22
141	399	Miguel Pereira Neves	UGAS TRAIL Running	Senior Masculino	07:46:49	+03:18:33	10:22
142	398	Daniel Marques Santos	UGAS TRAIL Running	Senior Masculino	07:46:49	+03:18:33	10:22
143	226	Rodrigo Miguel Pereira de Oliveira	Individual	Senior Masculino	07:48:02	+03:19:46	10:24
144	208	nuno marques	Individual	Senior Masculino	07:48:47	+03:20:31	10:25
145	220	Pedro Magalhães	Individual	Senior Masculino	07:49:38	+03:21:22	10:26
146	200	Márcio Silva	Individual	Senior Masculino	07:49:53	+03:21:37	10:27

Ultra trilhos do paleozoico 45K
45 KM
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OFFICIAL RESULT

147	23	Tiago André Sousa	Associação Desportiva da Efacec	Senior Masculino	07:52:04	+03:23:48	10:29
148	6	Joaquim Barbosa	A.D. Rio Largo C.E.	Senior Masculino	07:52:32	+03:24:16	10:30
149	27	João Vaz	ATeam FKc	Senior Masculino	07:53:09	+03:24:53	10:31
150	234	Telmo José Santos Lages	Individual	Senior Masculino	07:54:57	+03:26:41	10:33
151	377	Paulo Pereira	RUNNING TEAM MAIA	Senior Masculino	07:55:10	+03:26:54	10:34
152	187	João Marques	Individual	Senior Masculino	07:57:58	+03:29:42	10:37
153	194	Jose Jesus	Individual	Senior Masculino	08:04:15	+03:35:59	10:46
154	45	Nuno Filipe Faria Ferreira	CCD Siemens	Senior Masculino	08:06:03	+03:37:47	10:48
155	49	Hugo Moita	Clube Zupper	Senior Masculino	08:07:45	+03:39:29	10:50
156	225	Rodolfo Carvalho	Individual	Senior Masculino	08:08:46	+03:40:30	10:52
157	408	Vítor Silva	vimarunners	Senior Masculino	08:10:01	+03:41:45	10:53
158	63	João Carlos Fernandes	CTAD - Trilhos de Cinfães	Senior Masculino	08:10:34	+03:42:18	10:54
159	312	Paulo Pires	Moreira Relax Runners	Senior Masculino	08:10:37	+03:42:21	10:54
160	169	Filipe Amorim Moreira Sousa	Individual	Senior Masculino	08:15:27	+03:47:11	11:01
161	184	João Emanuel Gonçalves dos Santos	Individual	Senior Masculino	08:16:29	+03:48:13	11:02
162	167	Eduardo Magalhães Santos	Individual	Senior Masculino	08:26:42	+03:58:26	11:16
163	412	Nuno Gonçalves	Individual	Senior Masculino	08:26:51	+03:58:35	11:16
164	38	Telmo Mendonça	Bikes & Friends	Senior Masculino	08:27:01	+03:58:45	11:16
165	39	José Carlos Costa Bessa	BTT Matosinhos	Senior Masculino	08:28:04	+03:59:48	11:17
166	164	Carlos Silva	Individual	Senior Masculino	08:29:54	+04:01:38	11:20
167	58	Artur Costa	Companhia do Bazófiás	Senior Masculino	08:33:19	+04:05:03	11:24
168	35	Bruno Alexandre Oliveira Graça	Bando dos Trilhos e Tralhos, Associação Betetista.	Senior Masculino	08:36:42	+04:08:26	11:29
169	371	Paulo Paiva	RUN TO BE ALIVE	Senior Masculino	08:36:55	+04:08:39	11:29
170	236	Tiago Miguel Veleda Moreirinhas Soeiro	Individual	Senior Masculino	08:40:23	+04:12:07	11:34
171	322	Helder Fernando Vieira Azevedo	NAST	Senior Masculino	08:43:51	+04:15:35	11:38
172	350	Rui Filipe Silva	PAREDES AVENTURA	Senior Masculino	08:59:39	+04:31:23	12:00
173	223	Pedro Santos	Individual	Senior Masculino	08:59:39	+04:31:23	12:00
174	229	Sérgio Alexandre Abrantes Varela	Individual	Senior Masculino	09:18:08	+04:49:52	12:24
175	161	Angelo Senra	Individual	Senior Masculino	09:32:04	+05:03:48	12:43
176	389	António Pinheiro	Team DUAS FACES	Senior Masculino	09:43:17	+05:15:01	12:58
177	218	Paulo Serra	Individual	Senior Masculino	09:43:18	+05:15:02	12:58
178	199	Márcio Castro	Individual	Senior Masculino	09:48:36	+05:20:20	13:05
179	189	João Pedro Castanheira	Individual	Senior Masculino	10:00:24	+05:32:08	13:21

Sub 23 Masculino

1	316	João Trigueiros	MULTIPOWER GAIA TRAIL	Sub 23 Masculino	07:22:37	09:50
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Veterana F40

1	79	Susana Simões	Desnível Positivo	Veterana F40	05:52:34	07:50
2	11	Paula Santos	All About	Veterana F40	07:07:19	+01:14:45 09:30
3	78	Fátima Alendouro	Desnível Positivo	Veterana F40	07:26:39	+01:34:05 09:56
4	77	Célia Sampaio	Desnível Positivo	Veterana F40	08:29:34	+02:37:00 11:19
5	326	Ana Carolina Lopes Ferreira	NAST	Veterana F40	08:43:51	+02:51:17 11:38

Ultra trilhos do paleozoico 45K**45 KM**

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6	241	Paula Cristina Oliveita	Individual	Veterana F40	08:50:54	+02:58:20	11:48
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Veterana F45

1	245	Júlia Conceição	Individual	Veterana F45	06:35:00		08:47
2	135	Alexandra Fernandes	GIRA	Veterana F45	07:18:11	+43:11	09:44
3	244	Elena labanji	Individual	Veterana F45	07:42:17	+01:07:17	10:16
4	313	Fernanda Pinho	Moreira Relax Runners	Veterana F45	08:00:50	+01:25:50	10:41
5	243	Ana luisa vidal da silva	Individual	Veterana F45	09:18:08	+02:43:08	12:24

Veterana F50

1	246	Ana Paula Santos	Individual	Veterana F50	07:39:29		10:13
2	28	Esmeralda Melo	ATeam FKc	Veterana F50	08:36:38	+57:09	11:29
3	363	Ana Luísa Coelho	PROAVENTURAS	Veterana F50	09:19:46	+01:40:17	12:26

Veterano M40

1	392	Paulo José da Silva Lopes	Tough Trails Alenquer	Veterano M40	05:01:43		06:42
2	143	Vitor Serafim Santos Ferreira	Grupo Dramático e Recreativo da Retorta	Veterano M40	05:04:27	+02:44	06:46
3	356	Paulo Silva	PAREDES AVENTURA	Veterano M40	05:06:25	+04:42	06:49
4	109	Gabriel Fagundes Meira	EDV - Viana Trail	Veterano M40	05:17:59	+16:16	07:04
5	328	Victor Manuel Fonseca Teixeira	NAST	Veterano M40	05:22:53	+21:10	07:11
6	335	Paulo Costa	O Mundo da Corrida	Veterano M40	05:37:48	+36:05	07:30
7	339	Jose Neves	Oralklass - Aliança - Amigos do Trail	Veterano M40	05:38:59	+37:16	07:32
8	141	Rogério Manuel Almeida Coelho	Grupo Dramático e Recreativo da Retorta	Veterano M40	05:45:20	+43:37	07:40
9	258	Jose manuel gomes da silva	MINHO AVENTURA	Veterano M40	05:47:56	+46:13	07:44
10	69	Rogério Vicente	Dental Doctors	Veterano M40	05:51:20	+49:37	07:48
11	327	Ricardo Orlando Dias Queirós	NAST	Veterano M40	05:59:36	+57:53	07:59
12	329	Paulo Gomes	NO TOMORROW RUNNING TEAM	Veterano M40	05:59:38	+57:55	08:00
13	354	Fernando Salvador	PAREDES AVENTURA	Veterano M40	06:03:32	+01:01:49	08:05
14	263	Pascoal Dias de Melo	MINHO AVENTURA	Veterano M40	06:10:51	+01:09:08	08:14
15	255	João Neto	Individual	Veterano M40	06:17:13	+01:15:30	08:23
16	355	Manuel Quelhas	PAREDES AVENTURA	Veterano M40	06:20:20	+01:18:37	08:27
17	111	José Carlos Mesquita Alcobia	EDV - Viana Trail	Veterano M40	06:23:38	+01:21:55	08:32
18	257	Jorge Marques	Individual	Veterano M40	06:25:29	+01:23:46	08:34
19	142	Rolando Martins Moreira Santos	Grupo Dramático e Recreativo da Retorta	Veterano M40	06:30:27	+01:28:44	08:41
20	295	JOSÉ MANUEL RODRIGO NUNES	JN Running	Veterano M40	06:30:50	+01:29:07	08:41
21	134	LUIS PINHO	Ginasio Fit4Fun	Veterano M40	06:33:55	+01:32:12	08:45
22	352	Augusto Oliveira	PAREDES AVENTURA	Veterano M40	06:34:21	+01:32:38	08:46

Ultra trilhos do paleozoico 45K

45 KM



OFFICIAL RESULT

23	331	Duarte Gil Ribeiro Barbosa	Not Run Alone	Veterano M40	06:34:25	+01:32:42	08:46
24	310	Flávio Francisco	Monsanto Running Team	Veterano M40	06:34:26	+01:32:43	08:46
25	345	Rui Vieira	Os homens do laço	Veterano M40	06:35:35	+01:33:52	08:47
26	353	Christophe Ferreira	PAREDES AVENTURA	Veterano M40	06:41:27	+01:39:44	08:55
27	31	Luis Verissimo	ATeam FKC	Veterano M40	06:43:00	+01:41:17	08:57
28	249	Augusto Joaquim Pinto de Oliveira	Individual	Veterano M40	06:43:11	+01:41:28	08:58
29	260	José Regueiras	Individual	Veterano M40	06:43:43	+01:42:00	08:58
30	53	Marco Vieira	Clube Zupper	Veterano M40	06:44:45	+01:43:02	09:00
31	250	Emanuel Oliveira Lourenço	Individual	Veterano M40	06:45:51	+01:44:08	09:01
32	357	Pedro Pratas	PAREDES AVENTURA	Veterano M40	06:47:41	+01:45:58	09:04
33	252	Fernando Pinheiro Mendes	Individual	Veterano M40	06:52:09	+01:50:26	09:10
34	333	Arnaldo Filipe Dias	O Mundo da Corrida	Veterano M40	06:52:12	+01:50:29	09:10
35	259	José Miguel Dinis Ferreira Silva	Individual	Veterano M40	06:54:11	+01:52:28	09:12
36	24	Pedro Pinto	Associação Desportiva da Efacec	Veterano M40	06:57:17	+01:55:34	09:16
37	266	Pedro Moreira	Individual	Veterano M40	07:00:52	+01:59:09	09:21
38	47	Joao Paiva	CLUBE ANACOM	Veterano M40	07:06:45	+02:05:02	09:29
39	80	André Castro	Desnível Positivo	Veterano M40	07:07:54	+02:06:11	09:31
40	360	Luis Andrade	MelresTrail - Running	Veterano M40	07:11:02	+02:09:19	09:35
41	342	paulo marques	os caga tacos running team	Veterano M40	07:11:28	+02:09:45	09:35
42	116	Joaquim Carlos da Silva Coelho	El Team Trail	Veterano M40	07:14:14	+02:12:31	09:39
43	22	Mário Ferreira	Associação Desportiva da Efacec	Veterano M40	07:18:17	+02:16:34	09:44
44	375	vitor coelho	Running Team Lanternil	Veterano M40	07:25:37	+02:23:54	09:54
45	4	José Carlos Jorge Pinto Sousa	A.A. Lebres do Sado	Veterano M40	07:25:37	+02:23:54	09:54
46	54	Paulo Alexandre Pinto Martins da Neta	Clube Zupper	Veterano M40	07:29:31	+02:27:48	09:59
47	34	Paulo Jorge Nogueira Marques	BADTEAM RARÍSSIMAS	Veterano M40	07:37:45	+02:36:02	10:10
48	36	Rui Manuel Almeida Gaspar	Bando dos Trilhos e Tralhos, Associação Betetista.	Veterano M40	07:39:11	+02:37:28	10:12
49	256	Joao Valente	Individual	Veterano M40	07:39:49	+02:38:06	10:13
50	144	Jorge Lemos	Guimarães Corre Corre	Veterano M40	07:41:08	+02:39:25	10:15
51	262	Nuno Faro Beirão	Individual	Veterano M40	07:48:04	+02:46:21	10:24
52	271	Rui Pena	Individual	Veterano M40	07:50:17	+02:48:34	10:27
53	411	Rui Pinho	JN Running	Veterano M40	07:50:32	+02:48:49	10:27
54	269	Rui Francisco Fernandes	Individual	Veterano M40	07:50:32	+02:48:49	10:27
55	247	Antonio Franco	Individual	Veterano M40	07:53:09	+02:51:26	10:31
56	29	Armando Loureiro	ATeam FKC	Veterano M40	07:54:33	+02:52:50	10:33
57	59	Mário Gouveia	Confraria Trotamontes	Veterano M40	07:57:48	+02:56:05	10:37
58	253	Francisco Moreira	Individual	Veterano M40	07:58:05	+02:56:22	10:37
59	43	PAULO ALEXANDRE ESPINHA CORREIA DE JESUS ALVES	CAETANO RUNNERS	Veterano M40	08:00:35	+02:58:52	10:41
60	299	Armindo Miguel Pinheiro	Mete Água	Veterano M40	08:05:38	+03:03:55	10:48
61	314	Helder F. B. Silva	Moreira Relax Runners	Veterano M40	08:10:38	+03:08:55	10:54
62	300	Tiago Faro Pedroso	Mete Água	Veterano M40	08:11:28	+03:09:45	10:55
63	273	Viriato Gil Tavares Almeida	Individual	Veterano M40	08:17:47	+03:16:04	11:04
64	268	Rui Ferreira	Individual	Veterano M40	08:18:44	+03:17:01	11:05
65	52	Fernando Carneiro	Clube Zupper	Veterano M40	08:30:09	+03:28:26	11:20
66	133	ANSELMO ALMEIDA	Ginasio Fit4Fun	Veterano M40	08:33:53	+03:32:10	11:25
67	68	Renato Viana	Dental Doctors	Veterano M40	08:36:46	+03:35:03	11:29

Ultra trilhos do paleozoico 45K

45 KM



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OFFICIAL RESULT

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68	251	Fernando Monteiro	Individual	Veterano M40	08:50:54	+03:49:11	11:48
69	334	Nuno Costa Mendes	O Mundo da Corrida	Veterano M40	08:50:58	+03:49:15	11:48
70	30	Fredy Otão	ATeam FKC	Veterano M40	08:52:00	+03:50:17	11:49
71	343	João Couto	Os Finos	Veterano M40	09:07:08	+04:05:25	12:10
72	344	João Paulo Dias	Os homens do laço	Veterano M40	09:20:39	+04:18:56	12:28
73	254	João Filipe Teixeira Morais	Individual	Veterano M40	09:38:40	+04:36:57	12:52
74	9	Carlos De Gouveia freire	ADCR Polícia Judiciária	Veterano M40	09:50:28	+04:48:45	13:07
75	265	Paulo Soares	Individual	Veterano M40	09:53:21	+04:51:38	13:11

Veterano M45

1	359	Pedro Marques	PAREDES AVENTURA	Veterano M45	04:49:52		06:26
2	113	Artur Manuel Ribeiro Cunha Matos	EDV - Viana Trail	Veterano M45	05:26:38	+36:46	07:16
3	336	Alexandre Cunha	O Mundo da Corrida	Veterano M45	05:36:46	+46:54	07:29
4	114	José Domingos Fernades dos Santos	EDV - Viana Trail	Veterano M45	05:49:28	+59:36	07:46
5	19	José Guilherme feteira	ARSM - Associação Recreativa de S. Miguel	Veterano M45	05:52:35	+01:02:43	07:50
6	301	Manuel Augusto Rodrigues Marques	MINHO AVENTURA	Veterano M45	06:10:48	+01:20:56	08:14
7	123	Manuel Chantre	Entre os Montes	Veterano M45	06:11:57	+01:22:05	08:16
8	40	Jorge Maia	BUDEGUITA RUNNERS	Veterano M45	06:26:46	+01:36:54	08:36
9	275	jose Manuel Pacheco	Individual	Veterano M45	06:30:33	+01:40:41	08:41
10	311	Túlio Alexandre de Seabra Pires Coelho	Monsanto Running Team	Veterano M45	06:34:26	+01:44:34	08:46
11	122	Luís Vieira	Entre os Montes	Veterano M45	06:39:49	+01:49:57	08:53
12	394	Avelino Faria	Trailistas "Eu é que sei"	Veterano M45	06:51:13	+02:01:21	09:08
13	42	Nuno Paiva	Cães de avenida	Veterano M45	06:52:40	+02:02:48	09:10
14	136	Antonio Fernandes	GIRA	Veterano M45	06:52:51	+02:02:59	09:10
15	387	Lieven Verraest	Sunday Training	Veterano M45	06:53:12	+02:03:20	09:11
16	32	Gastão Sousa	ATeam FKC	Veterano M45	07:13:48	+02:23:56	09:38
17	46	Adelino Fernando Bessa da Silva	CCD Siemens	Veterano M45	07:14:36	+02:24:44	09:39
18	281	Paulo Machado	Individual	Veterano M45	07:23:00	+02:33:08	09:51
19	346	Nuno Ferreira	Os homens do laço	Veterano M45	07:32:17	+02:42:25	10:03
20	57	Óscar Pinto	Coimbra Trail Running	Veterano M45	07:39:21	+02:49:29	10:12
21	378	CARLOS NAVEGA	Sem Rota	Veterano M45	07:44:53	+02:55:01	10:20
22	409	Manuel Costa	Voltarenis Vincit Omnia	Veterano M45	07:48:05	+02:58:13	10:24
23	282	Pedro Neiva Correia	Individual	Veterano M45	07:48:43	+02:58:51	10:25
24	60	Paulo Silva	Confraria Trotamontes	Veterano M45	07:57:48	+03:07:56	10:37
25	14	José Andrade	Amigos da Montanha	Veterano M45	07:58:06	+03:08:14	10:37
26	279	Paulo Jorge Cabral Lucas	Individual	Veterano M45	07:59:29	+03:09:37	10:39
27	276	Luis Pedro Nogueira	Individual	Veterano M45	08:43:44	+03:53:52	11:38
28	362	Luis Santos Poeira	Porto Runners	Veterano M45	08:47:22	+03:57:30	11:43
29	396	Paulo Miguel Carvalho	Trailistas "Eu é que sei"	Veterano M45	08:53:05	+04:03:13	11:51

Veterano M50

1	302	JOSÉ CAPELA	MINHO AVENTURA	Veterano M50	06:10:42		08:14
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Official Timekeeper: Lap2Go	8 / 9	generate 17-mar-2015 22:38
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TRILHOS DO PALEOZOICO 23K**23 KM****OFFICIAL RESULT****R**
REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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	Time	Temperature	Humidity
Start	09:30	14,3°C	39,9%
End	15:20	15,9°C	35,6%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1550	Luís Fernandes	ludens machico - fx hotelaria	Senior Masculino	01:58:39		05:10
2	1	Tófol Castanyer	individual	Veterano M40	02:02:05	+03:26	05:18
3	1099	Amândio Antunes	desnível positivo	Senior Masculino	02:04:49	+06:10	05:26
4	1631	Armandino Tabora	oralklass - aliança - amigos do trail	Veterano M40	02:05:21	+06:42	05:27
5	1771	Luis Miguel Marques Gil	multipower gaia trail	Senior Masculino	02:05:29	+06:50	05:27
6	1578	Dinis Gonçalves	multipower gaia trail	Veterano M40	02:08:47	+10:08	05:36
7	1130	Romeu Gouveia	escaravelhos team	Sub 23 Masculino	02:11:15	+12:36	05:42
8	1731	André Guedes	sneakers power/aprt	Veterano M40	02:12:07	+13:28	05:45
9	1569	João Pedro Pedrosa Nunes	multipower gaia trail	Senior Masculino	02:12:11	+13:32	05:45
10	1778	Simão Pedro Pacheco Fernandes	nast	Senior Masculino	02:12:59	+14:20	05:47
11	1628	Joel Silva	oralklass - aliança - amigos do trail	Sub 23 Masculino	02:16:01	+17:22	05:55
12	1216	Adelino Martins Silva	grupo dramático e recreativo da retorta	Veterano M40	02:16:38	+17:59	05:56
13	1783	Armando Teixeira	individual	Senior Masculino	02:17:23	+18:44	05:58
14	1666	Rafael Da Rocha Cruz	melrestrail - running	Senior Masculino	02:17:29	+18:50	05:59
15	1527	JOSE MOTA	individual	Veterano M50	02:19:43	+21:04	06:04
16	1105	Eduardo Merino	dr merino clínica médica	Senior Masculino	02:19:58	+21:19	06:05
17	1588	João Colaço	nel pédatleta	Veterano M40	02:20:06	+21:27	06:05
18	1129	João Carlos Nunes Patricio	escaravelhos team	Sub 23 Masculino	02:20:09	+21:30	06:06
19	1107	Pedro Miguel Costa Leite	dr merino clínica médica	Sub 23 Masculino	02:20:20	+21:41	06:06
20	1566	Carlos Daniel Loureiro Alves	multipower gaia trail	Senior Masculino	02:20:26	+21:47	06:06
21	1022	Ivan Joel Rocha	armazém do fitness	Senior Masculino	02:20:35	+21:56	06:07
22	1611	Andre Nogueira	oralklass - aliança - amigos do trail	Senior Masculino	02:22:15	+23:36	06:11
23	1565	Armando Ivo Silva Pereira	multipower gaia trail	Senior Masculino	02:22:30	+23:51	06:12
24	1579	Joaquim Machado Oliveira da Silva Pereira	multipower gaia trail	Veterano M45	02:23:24	+24:45	06:14
25	1730	Nelson Santos	sneakers power/aprt	Senior Masculino	02:24:29	+25:50	06:17
26	1584	Ricardo Oliveira	nast	Senior Masculino	02:24:30	+25:51	06:17
27	1190	Victor Correia	ginásio factor x	Veterano M40	02:25:30	+26:51	06:20
28	1617	Fernando Tabora	oralklass - aliança - amigos do trail	Senior Masculino	02:25:31	+26:52	06:20
29	1317	Joaquim Alves	individual	Senior Masculino	02:26:31	+27:52	06:22
30	1116	Anthony Lopes	engomadoria l&a team	Senior Masculino	02:26:37	+27:58	06:22
31	1460	Luís Barata da Rocha	individual	Veterano M40	02:27:35	+28:56	06:25
32	1205	PEDRO ROCHA	gondomar futsal clube	Senior Masculino	02:27:57	+29:18	06:26
33	1612	Belmiro Moreira	oralklass - aliança - amigos do trail	Senior Masculino	02:28:11	+29:32	06:27
34	1517	Américo Pinto	individual	Veterano M50	02:28:15	+29:36	06:27
35	1719	Carlos Ferreira	santo tirso runners	Senior Masculino	02:28:16	+29:37	06:27
36	1194	Fernando Noronha	ginásio factor x	Veterano M50	02:28:53	+30:14	06:28
37	1729	Luís Letra	sneakers power/aprt	Senior Masculino	02:28:57	+30:18	06:29
38	1533	José Manuel Cabral e Silva	individual	Veterano M55	02:29:31	+30:52	06:30
39	1571	Pedro Valentim Batista	unidade especial de corrida	Sub 23 Masculino	02:29:55	+31:16	06:31
40	1573	Nelson Sousa Marques	multipower gaia trail	Senior Masculino	02:29:59	+31:20	06:31
41	1188	Paulo Jorge	ginásio factor x	Senior Masculino	02:30:05	+31:26	06:32

TRILHOS DO PALEOZOICO 23K
23 KM
OFFICIAL RESULT


LAP2GO - TIMING SOLUTION · LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
220	1400	Vitor Santos	individual	Senior Masculino	03:11:14	+01:12:35	08:19
221	1126	Francisco Neto	entre os montes	Sub 23 Masculino	03:11:35	+01:12:56	08:20
222	1632	João Marques	oralklass - aliança - amigos do trail	Veterano M40	03:12:02	+01:13:23	08:21
223	1700	JOSÉ FERNANDO T. SILVA	run4all	Senior Masculino	03:12:04	+01:13:25	08:21
224	1063	PAULO JORGE GONÇALVES SOARES	ciclistas cosmicos - gislotica	Veterano M40	03:12:09	+01:13:30	08:21
225	1064	JOSE MIGUEL CRUZ PINTO	ciclistas cosmicos - gislotica	Veterano M45	03:12:09	+01:13:30	08:21
226	1475	Paulo Jorge Jaquel Pinto	individual	Veterano M40	03:12:14	+01:13:35	08:21
227	1031	Nuno Moreira	associação desportiva da efacec	Senior Masculino	03:12:15	+01:13:36	08:22
228	1465	Miguel Ângelo Costa Teixeira	individual	Veterano M40	03:12:28	+01:13:49	08:22
229	1504	José Fernandes Ferreira	individual	Veterano M45	03:12:36	+01:13:57	08:22
230	1474	Paulo Jorge Ferreira Oliveira	individual	Veterano M40	03:12:42	+01:14:03	08:23
231	1280	Carlos Rebola	individual	Senior Masculino	03:12:49	+01:14:10	08:23
232	1134	Flávia Vieira	esv	Senior Feminino	03:13:07	+01:14:28	08:24
233	1103	Camilo Neto	desnível positivo	Veterano M45	03:13:07	+01:14:28	08:24
234	1320	Jorge Ribeiro	individual	Senior Masculino	03:13:20	+01:14:41	08:24
235	1387	Simão Cardoso	individual	Senior Masculino	03:13:21	+01:14:42	08:24
236	1218	José Manuel Abreu Carvalho	grupo dramático e recreativo da retorta	Veterano M40	03:13:23	+01:14:44	08:24
237	1509	Paulo Ribeiro	individual	Veterano M45	03:13:44	+01:15:05	08:25
238	1246	Manuela Tavares	individual	Senior Feminino	03:13:46	+01:15:07	08:25
239	1522	Fernando Pereira Moreira Oliveira	individual	Veterano M50	03:13:55	+01:15:16	08:26
240	1653	Pedro José Lacerda Figueiredo	os turbomula d.o.c.	Senior Masculino	03:13:57	+01:15:18	08:26
241	1305	Helder Filipe da Silva Martins	individual	Senior Masculino	03:14:04	+01:15:25	08:26
242	1212	Sergio Tavares	goweb	Senior Masculino	03:14:06	+01:15:27	08:26
243	1616	David Morais	oralklass - aliança - amigos do trail	Senior Masculino	03:14:12	+01:15:33	08:27
244	1371	Romeu Fernandes	individual	Senior Masculino	03:14:15	+01:15:36	08:27
245	1367	Ricardo Miguel Pocinho Silva	individual	Senior Masculino	03:14:17	+01:15:38	08:27
246	1076	Pedro Cancelo	clube zupper	Senior Masculino	03:14:31	+01:15:52	08:27
247	1464	Marco Magalhães	individual	Veterano M40	03:14:35	+01:15:56	08:28
248	1225	Anabela Cordeiro	individual	Senior Feminino	03:14:45	+01:16:06	08:28
249	1127	José Neto	entre os montes	Veterano M50	03:14:47	+01:16:08	08:28
250	1683	isabel santos	rainha club	Senior Feminino	03:15:11	+01:16:32	08:29
251	1032	Paulo Roberto Dias Oliveira Borges	associação desportiva da efacec	Senior Masculino	03:15:32	+01:16:53	08:30
252	1590	Marco Oliveira	nortebike trail team	Senior Masculino	03:15:33	+01:16:54	08:30
253	1010	Luis Carlos Ferreira Campos Lobo	all- titudes trail team	Veterano M40	03:15:34	+01:16:55	08:30
254	1054	Paulo Baptista	bosch termotecnologia sa	Senior Masculino	03:15:55	+01:17:16	08:31
255	1544	Nuno Marques	kemedo team	Senior Masculino	03:16:13	+01:17:34	08:32
256	1800	Ercília Pereira	individual	Veterana F45	03:16:48	+01:18:09	08:33
257	1146	César Filipe Martins Ferreira	eu+lma	Sub 23 Masculino	03:16:48	+01:18:09	08:33
258	1160	Ricardo Francisco Sousa Aires	fridão sem limites	Senior Masculino	03:17:04	+01:18:25	08:34
259	1349	Nuno Reis	individual	Senior Masculino	03:17:22	+01:18:43	08:35
260	1117	Diogo Oliveira	engomadoria l&a team	Senior Masculino	03:17:24	+01:18:45	08:35
261	1193	Pedro Sousa	ginásio factor x	Veterano M45	03:17:27	+01:18:48	08:35
262	1477	Paulo Pedra	individual	Veterano M40	03:17:28	+01:18:49	08:35
263	1764	Nuno Fonseca	turtles	Senior Masculino	03:17:31	+01:18:52	08:35
264	1602	Rui Filipe Gonçalves de Sousa Lopes Pereira	ofrrunning	Senior Masculino	03:17:32	+01:18:53	08:35

TRILHOS DO PALEOZOICO 23K

23 KM

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
265	1209	Fernando Pereira	gondomar futsal clube	Veterano M45	03:17:41	+01:19:02	08:36
266	1356	pedro alexandre silva	individual	Senior Masculino	03:17:48	+01:19:09	08:36
267	1152	João Vieira Mendes	fafe runners	Senior Masculino	03:17:56	+01:19:17	08:36
268	1153	Pedro Miguel Soares Pinto	fafe runners	Senior Masculino	03:17:56	+01:19:17	08:36
269	1455	JORGE RODRIGUES	individual	Veterano M40	03:18:02	+01:19:23	08:37
270	1090	Pedro Serrazina	crp ribafria	Senior Masculino	03:18:03	+01:19:24	08:37
271	1480	Pedro Carvalhido	individual	Veterano M40	03:18:03	+01:19:24	08:37
272	1613	Bruno André	oralklass - aliança - amigos do trail	Senior Masculino	03:18:04	+01:19:25	08:37
273	1355	paulo miguel da costa pereira loureiro	individual	Senior Masculino	03:18:04	+01:19:25	08:37
274	1415	Marta Manuela Torres Oliveira e Silva	individual	Veterana F40	03:18:10	+01:19:31	08:37
275	1110	Sónia Parente	edv - viana trail	Senior Feminino	03:18:13	+01:19:34	08:37
276	1109	Iva Mafalda Alexandre Gonçalves Campelo da Silva	edv - viana trail	Senior Feminino	03:18:13	+01:19:34	08:37
277	1293	Filipe Gonçalves	individual	Senior Masculino	03:18:17	+01:19:38	08:37
278	1298	FRANCISCO PACHECO	individual	Senior Masculino	03:18:57	+01:20:18	08:39
279	1622	Mário Jorge Sousa Almeida	oralklass - aliança - amigos do trail	Senior Masculino	03:19:02	+01:20:23	08:39
280	1005	David Sousa	all about	Veterano M40	03:19:12	+01:20:33	08:40
281	1586	Ricardo Bailão	nast	Veterano M40	03:19:18	+01:20:39	08:40
282	1406	Rui André Ribeiro	individual	Sub 23 Masculino	03:19:28	+01:20:49	08:40
283	1748	Angelo Semedo	swat runners	Senior Masculino	03:19:39	+01:21:00	08:41
284	1558	Sérgio Teixeira	maiacrossteam	Senior Masculino	03:19:44	+01:21:05	08:41
285	1540	Helder Marques	kemedo team	Senior Masculino	03:19:49	+01:21:10	08:41
286	1206	Ana Maria Amaral	gondomar futsal clube	Veterana F40	03:20:09	+01:21:30	08:42
287	1200	JOSE LUIS JESUS	ginasio fit4fun	Senior Masculino	03:20:27	+01:21:48	08:43
288	1488	Rui Moreira	individual	Veterano M40	03:20:30	+01:21:51	08:43
289	1726	Rui Santos Pereira	shots international runners	Senior Masculino	03:20:46	+01:22:07	08:44
290	1036	Daniela Alves	associação desportiva de cabroelo	Senior Feminino	03:21:00	+01:22:21	08:44
291	1176	FRANCISCO FREITAS	gaia-running	Veterano M45	03:21:08	+01:22:29	08:45
292	1443	Franco Costa	individual	Veterano M40	03:21:43	+01:23:04	08:46
293	1627	Ivo Dias	oralklass - aliança - amigos do trail	Sub 23 Masculino	03:21:44	+01:23:05	08:46
294	1236	Estela Martins	individual	Senior Feminino	03:22:06	+01:23:27	08:47
295	1269	Álvaro José Gomes Ferreira dos Santos	individual	Senior Masculino	03:22:06	+01:23:27	08:47
296	1351	Óscar Manuel da Fonseca Figueiredo	individual	Senior Masculino	03:22:07	+01:23:28	08:47
297	1319	Jorge Borges	individual	Senior Masculino	03:22:32	+01:23:53	08:48
298	1242	Laura Santos	individual	Senior Feminino	03:22:33	+01:23:54	08:48
299	290	rui eduardo pereira	individual	Veterano M50	03:22:39	+01:24:00	08:49
300	1023	Rui Guedes	armazém do fitness	Senior Masculino	03:22:39	+01:24:00	08:49
301	1058	Leonardo Martins Crisóstomo	budeguita runners	Senior Masculino	03:22:42	+01:24:03	08:49
302	1048	Joao Lima	blip	Senior Masculino	03:22:49	+01:24:10	08:49
303	124	CÉSAR TEIXEIRA	gaia-running	Veterano M40	03:23:00	+01:24:21	08:50
304	125	VÍTOR FERNANDES	gaia-running	Veterano M40	03:23:00	+01:24:21	08:50
305	1016	Sara Peixoto	amigos da montanha	Sub 23 Feminino	03:23:04	+01:24:25	08:50
306	1015	Daniela clara de Freitas Vieira	amigos da montanha	Sub 23 Feminino	03:23:04	+01:24:25	08:50

TRILHOS DO PALEOZOICO 23K

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT



LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
307	1750	Miguel Aroso	swat runners	Senior Masculino	03:23:26	+01:24:47	08:51
308	1191	Jorge Suzano	ginásio factor x	Veterano M45	03:23:27	+01:24:48	08:51
309	1769	José Nelson da Silva Nunes	unidade especial de corrida	Senior Masculino	03:23:30	+01:24:51	08:51
310	1432	Alberto Guimaraes	individual	Veterano M40	03:24:01	+01:25:22	08:52
311	1447	João Guimarães	individual	Veterano M40	03:24:01	+01:25:22	08:52
312	1283	Celestino Manuel Soares Gomes	individual	Senior Masculino	03:24:16	+01:25:37	08:53
313	1718	Maria João Silva	s. s. montepio	Senior Feminino	03:24:22	+01:25:43	08:53
314	1755	Fábio Resende	tnt - trilhos natura team	Senior Masculino	03:24:24	+01:25:45	08:53
315	1281	Carlos Santos	individual	Senior Masculino	03:24:25	+01:25:46	08:53
316	1440	Eurico Fernando Portela Mendes	individual	Veterano M40	03:24:28	+01:25:49	08:53
317	222	Pedro Marinho	individual	Senior Masculino	03:24:33	+01:25:54	08:54
318	1555	António Marques	maiacrossteam	Senior Masculino	03:24:41	+01:26:02	08:54
319	1556	João Miranda	maiacrossteam	Senior Masculino	03:24:41	+01:26:02	08:54
320	1265	Susana Pereira	individual	Senior Feminino	03:24:58	+01:26:19	08:55
321	1526	José Mendes	individual	Veterano M50	03:25:03	+01:26:24	08:55
322	1155	Pedro Miguel Siva	falta de treino	Senior Masculino	03:26:06	+01:27:27	08:58
323	1302	Gilberto Orlando	individual	Senior Masculino	03:26:09	+01:27:30	08:58
324	1081	Rui Felgueiras	clube zipper	Veterano M45	03:26:10	+01:27:31	08:58
325	1369	Ricardo Ribeiro	individual	Senior Masculino	03:26:10	+01:27:31	08:58
326	1462	Luis Rego Lamas	individual	Veterano M40	03:26:22	+01:27:43	08:58
327	1766	Duarte Neves	ugas trail running	Senior Masculino	03:26:24	+01:27:45	08:58
328	1029	Manuel Neto Moura	associação desportiva da efacec	Senior Masculino	03:26:54	+01:28:15	09:00
329	1068	Cândido Silva	clube spiridon de gaia	Veterano M40	03:27:05	+01:28:26	09:00
330	1197	CARLOS BASTOS	ginasio fit4fun	Senior Masculino	03:27:12	+01:28:33	09:01
331	1202	DURBALINO FERREIRA	ginasio fit4fun	Veterano M50	03:27:13	+01:28:34	09:01
332	1336	Márcio Sérgio Rocha Sousa	individual	Senior Masculino	03:27:24	+01:28:45	09:01
333	1598	PAULO JORGE BARBOSA DA ROCHA	not run alone	Veterano M40	03:27:25	+01:28:46	09:01
334	1145	Rui Filipe Fernandes de Vasconcelos	eu+lma	Senior Masculino	03:27:31	+01:28:52	09:01
335	1086	José Correia	corredores noturnos de paredes	Senior Masculino	03:28:09	+01:29:30	09:03
336	1164	António Carvalho	funky	Veterano M50	03:28:35	+01:29:56	09:04
337	1114	Nuno Miguel Costa Santos	emogis	Senior Masculino	03:28:53	+01:30:14	09:05
338	1405	José Tiago Dias Garcia	individual	Sub 23 Masculino	03:29:12	+01:30:33	09:06
339	1249	Marlene Barbosa	individual	Senior Feminino	03:29:14	+01:30:35	09:06
340	1525	JOAO FERNANDO DE SOUSA FERREIRA	individual	Veterano M50	03:29:18	+01:30:39	09:06
341	1529	MARIO RUI LEITE COSTA	individual	Veterano M50	03:29:25	+01:30:46	09:06
342	1629	Ruben martins	oralklass - aliança - amigos do trail	Sub 23 Masculino	03:29:36	+01:30:57	09:07
343	1208	Paulo César Silva	gondomar futsal clube	Veterano M40	03:29:51	+01:31:12	09:07
344	1785	Miguel Pinheiro	solmaia runners	Senior Masculino	03:30:07	+01:31:28	09:08
345	1142	Miguel Baía	eu+lma	Senior Masculino	03:30:28	+01:31:49	09:09
346	1343	Nuno Filipe Monteiro Moreira Silva	individual	Senior Masculino	03:30:29	+01:31:50	09:09
347	1759	Ernesto Martins	touquenemosso	Veterano M50	03:30:36	+01:31:57	09:09
348	1774	josé miguel neves	voleibol runners	Veterano M45	03:30:38	+01:31:59	09:09
349	1705	CELESTINO MIGUEL CASTRO	run4all	Sub 23 Masculino	03:30:42	+01:32:03	09:10
350	1402	Bruno Filipe Ribeiro Ferreira	individual	Sub 23 Masculino	03:31:11	+01:32:32	09:11

TRILHOS DO PALEOZOICO 23K

23 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
530	1266	Túlia Pinto Aires	individual	Senior Feminino	04:02:44	+02:04:05	10:33
531	1264	Susana Dantas	individual	Senior Feminino	04:02:47	+02:04:08	10:33
532	1532	José Carlos Ramos	individual	Veterano M55	04:02:49	+02:04:10	10:33
533	1635	JOÃO FONSECA	os amigos de s.pedro da cova	Senior Masculino	04:03:03	+02:04:24	10:34
534	1250	Marlene Soutulho Coelho Alves	individual	Senior Feminino	04:03:23	+02:04:44	10:35
535	1765	João Augusto	turtles	Veterano M40	04:03:27	+02:04:48	10:35
536	1003	Mário Jorge Coelho	aa lebres do sado	Veterano M45	04:03:33	+02:04:54	10:35
537	1251	Marta Sofia Sousa Ribeiro	individual	Senior Feminino	04:03:42	+02:05:03	10:36
538	1382	Sergio Brochado	individual	Senior Masculino	04:03:57	+02:05:18	10:36
539	1554	Patricia Rosas	maiacrossteam	Senior Feminino	04:03:59	+02:05:20	10:36
540	1690	pedro henriques	rainha club	Senior Masculino	04:04:18	+02:05:39	10:37
541	1681	claudia silva	rainha club	Senior Feminino	04:04:18	+02:05:39	10:37
542	1689	Luís Ramos	rainha club	Senior Masculino	04:04:18	+02:05:39	10:37
543	1393	Tiago da Cunha Ricardo	individual	Senior Masculino	04:05:01	+02:06:22	10:39
544	1179	HELDER OLIVEIRA	gaia-running	Veterano M50	04:05:04	+02:06:25	10:39
545	1189	Rita Sousa	ginásio factor x	Sub 23 Feminino	04:05:05	+02:06:26	10:39
546	1523	Henrique Pereira	individual	Veterano M50	04:05:30	+02:06:51	10:40
547	1592	Ana Isabel da Rocha Campanhã	not run alone	Senior Feminino	04:05:40	+02:07:01	10:41
548	1597	Cacilda Maria Sousa Ramos	not run alone	Veterana F45	04:05:40	+02:07:01	10:41
549	1417	Sónia Almeida	individual	Veterana F40	04:06:14	+02:07:35	10:42
550	1078	Elisabete Gonçalves	clube zipper	Veterana F45	04:06:24	+02:07:45	10:43
551	1084	Vera Silva	companhia do bazófiás	Senior Feminino	04:06:31	+02:07:52	10:43
552	1279	Bruno Alves Silva	individual	Senior Masculino	04:06:35	+02:07:56	10:43
553	1238	Helena Tonini Passos	individual	Senior Feminino	04:06:35	+02:07:56	10:43
554	1366	Ricardo Jose Rodrigues Alves Dias	individual	Senior Masculino	04:06:39	+02:08:00	10:43
555	1017	Ana Sousa	ana & miguel running team	Senior Feminino	04:06:41	+02:08:02	10:44
556	1224	Ana Xavier	individual	Senior Feminino	04:06:41	+02:08:02	10:44
557	1018	João Domingues	ana & miguel running team	Senior Masculino	04:06:41	+02:08:02	10:44
558	1430	Abílio João Carneiro Malheiro	individual	Veterano M40	04:06:42	+02:08:03	10:44
559	1416	séverine boiteau	individual	Veterana F40	04:06:46	+02:08:07	10:44
560	1688	helder santos	rainha club	Senior Masculino	04:06:47	+02:08:08	10:44
561	1781	Nuno Gonçalves	individual	Senior Masculino	04:06:48	+02:08:09	10:44
562	1467	Miguel Catarino	individual	Veterano M40	04:07:00	+02:08:21	10:44
563	1696	sérgio pinheiro	rainha club	Veterano M45	04:07:28	+02:08:49	10:46
564	1080	António Silva	clube zipper	Veterano M40	04:07:45	+02:09:06	10:46
565	1775	Ana Patricio	xtrail running team	Senior Feminino	04:08:40	+02:10:01	10:49
566	1777	Mário Luis	xtrail running team	Senior Masculino	04:08:40	+02:10:01	10:49
567	1776	Fernando Ramos	xtrail running team	Senior Masculino	04:08:40	+02:10:01	10:49
568	1120	Miguel Teixeira	engomadoria l&a team	Senior Masculino	04:08:57	+02:10:18	10:49
569	1479	Paulo Vilarinho	individual	Veterano M40	04:09:04	+02:10:25	10:50
570	1463	Manuel António Meneses de Araújo	individual	Veterano M40	04:09:13	+02:10:34	10:50
571	1763	Miguel Costa	turtles	Senior Masculino	04:09:54	+02:11:15	10:52
572	1239	Isabel Marisa Teixeira Pinto	individual	Senior Feminino	04:10:19	+02:11:40	10:53
573	1067	Ivo Ricardo Freitas Araújo	clube do pessoal edp - delegação de gaia	Senior Masculino	04:10:26	+02:11:47	10:53
574	1327	Luís Babo Silva	individual	Senior Masculino	04:10:26	+02:11:47	10:53
575	1722	Tiago Salgueiro	sawadee	Senior Masculino	04:10:32	+02:11:53	10:54

TRILHOS DO PALEOZOICO 23K

23 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
620	1466	Miguel Angelo Rodrigues Pinto de Faria	individual	Veterano M40	04:24:03	+02:25:24	11:29
621	1483	Pedro Miguel Cabral Campos Pereira	individual	Veterano M40	04:24:07	+02:25:28	11:29
622	1312	João Brito	individual	Senior Masculino	04:24:07	+02:25:28	11:29
623	1552	Joana Rodrigues Martins	maiacrossteam	Senior Feminino	04:24:21	+02:25:42	11:30
624	1412	isabel ribeiro	individual	Veterana F40	04:24:26	+02:25:47	11:30
625	1427	angela lopes	individual	Veterana F50	04:24:54	+02:26:15	11:31
626	1168	Joana Paulo de Sousa Martins	gaia-running	Senior Feminino	04:25:04	+02:26:25	11:31
627	1182	David Vasquez Barros	gangue das maçãs	Senior Masculino	04:26:18	+02:27:39	11:35
628	1248	marina pinheiro	individual	Senior Feminino	04:26:59	+02:28:20	11:36
629	1646	Marisa Carla Reis Marques Correia de Sousa	os turbomula d.o.c.	Senior Feminino	04:27:35	+02:28:56	11:38
630	1744	Bruno Miguel Faria de Araújo Silva	sunday training	Senior Masculino	04:27:36	+02:28:57	11:38
631	1645	Dulce Ribeiro	os turbomula d.o.c.	Senior Feminino	04:27:36	+02:28:57	11:38
632	1183	Sérgio André Cunha Brites	gangue das maçãs	Senior Masculino	04:27:58	+02:29:19	11:39
633	1166	Adelaide Vígário	fx ginásio	Veterana F50	04:28:21	+02:29:42	11:40
634	1580	Domingos Gomes Pinto	multipower gaia trail	Veterano M55	04:28:42	+02:30:03	11:41
635	1484	Pedro Miguel Marques Nunes	individual	Veterano M40	04:29:08	+02:30:29	11:42
636	1657	Andreia Paulo	paulo & fragata team	Senior Feminino	04:30:43	+02:32:04	11:46
637	1372	RUI ALVES	individual	Senior Masculino	04:32:14	+02:33:35	11:50
638	1649	Sara Moreira	os turbomula d.o.c.	Senior Feminino	04:34:39	+02:36:00	11:56
639	1605	Helder Magalhães	one more mile	Senior Masculino	04:35:12	+02:36:33	11:58
640	1604	Fábio Neves	one more mile	Senior Masculino	04:35:37	+02:36:58	11:59
641	1606	Pedro Leite	one more mile	Senior Masculino	04:35:38	+02:36:59	11:59
642	1441	Fernando Antonio Resende Rodrigues	individual	Veterano M40	04:35:46	+02:37:07	11:59
643	1137	Cristina Gonçalves	eu+lma	Senior Feminino	04:36:10	+02:37:31	12:00
644	1147	Miguel Fonseca	eu+lma	Veterano M40	04:36:10	+02:37:31	12:00
645	1426	Paula Teixeira	individual	Veterana F45	04:36:14	+02:37:35	12:01
646	1261	Sonia Azevedo	individual	Senior Feminino	04:37:41	+02:39:02	12:04
647	1262	Sónia Patrícia Pinto de Sousa	individual	Senior Feminino	04:37:45	+02:39:06	12:05
648	1374	Rui Castro Martins	individual	Senior Masculino	04:37:45	+02:39:06	12:05
649	1697	Sérgio Borges	rock'n'roll running team	Senior Masculino	04:38:21	+02:39:42	12:06
650	1596	Carla Alexandra Brandão Campos	not run alone	Veterana F40	04:38:44	+02:40:05	12:07
651	1699	Hélder Couto	rock'n'roll running team	Veterano M40	04:39:07	+02:40:28	12:08
652	1582	Natália Oliveira Pereira	nast	Senior Feminino	04:39:09	+02:40:30	12:08
653	1057	Sandra Oliveira	budeguita runners	Senior Feminino	04:39:56	+02:41:17	12:10
654	1698	André Figueiredo	rock'n'roll running team	Veterano M40	04:40:10	+02:41:31	12:11
655	1535	José Miguens	invicta runners team	Veterano M40	04:41:37	+02:42:58	12:15
656	1472	Nuno ferreira	individual	Veterano M40	04:45:56	+02:47:17	12:26
657	1673	Ana Ferreira	poteentes	Senior Feminino	04:47:02	+02:48:23	12:29
658	1784	Joana Moura	poteentes	Senior Feminino	04:47:02	+02:48:23	12:29
659	1089	Joaquim Teixeira	couple	Senior Masculino	04:48:20	+02:49:41	12:32
660	1263	Susama Costa Ramos	individual	Senior Feminino	04:48:57	+02:50:18	12:34
661	1353	Paulo Jorge Romão de Campos	individual	Senior Masculino	04:48:57	+02:50:18	12:34
662	1098	Carlos Miranda Azevedo	dental doctors	Senior Masculino	04:49:46	+02:51:07	12:36

TRILHOS DO PALEOZOICO 23K
23 KM

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REVISED**
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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
663	1650	Filipe Nogueira	os turbomula d.o.c.	Senior Masculino	04:49:47	+02:51:08	12:36
664	1640	Daniel Machado	os fugitivos da crise	Senior Masculino	04:52:08	+02:53:29	12:42
665	1639	Diana Carneiro	os fugitivos da crise	Senior Feminino	04:52:08	+02:53:29	12:42
666	1687	Carla Silva	rainha club	Senior Masculino	04:53:22	+02:54:43	12:45
667	1692	andre silva	rainha club	Sub 23 Masculino	04:53:22	+02:54:43	12:45
668	1694	fernando ribeiro	rainha club	Veterano M40	04:53:25	+02:54:46	12:45
669	1695	Victor Paiva	rainha club	Veterano M40	04:53:25	+02:54:46	12:45
670	1245	Liliana José Alves Moreira	individual	Senior Feminino	04:54:47	+02:56:08	12:49
671	1260	Sofia Correia	individual	Senior Feminino	04:55:26	+02:56:47	12:51
672	1330	Luís Pedro Pereira Teixeira	individual	Senior Masculino	04:58:29	+02:59:50	12:59
673	1235	Elisabete Monteiro	individual	Senior Feminino	04:58:31	+02:59:52	12:59
674	1228	Cláudia Leitão	individual	Senior Feminino	05:03:35	+03:04:56	13:12
675	1256	Rita Araújo	individual	Senior Feminino	05:03:35	+03:04:56	13:12
676	1418	Sonia Teixeira	individual	Veterana F40	05:03:40	+03:05:01	13:12
677	1201	FERNANDA ALMEIDA	ginasio fit4fun	Veterana F55	05:03:57	+03:05:18	13:13
678	1196	LILIANA SANTIAGO	ginasio fit4fun	Senior Feminino	05:03:57	+03:05:18	13:13
679	1181	Ana Cristina C.A.Machado	gangue das maçãs	Senior Feminino	05:04:42	+03:06:03	13:15
680	1684	Sara Martins	rainha club	Senior Feminino	05:11:21	+03:12:42	13:32
681	1637	andreia valente	os caga tacos running team	Senior Feminino	05:19:47	+03:21:08	13:54
682	1581	Elisabete Maria Fernandes Ferreira	nast	Senior Feminino	05:20:52	+03:22:13	13:57
683	1747	Graça Silva	sunday training	Veterana F50	05:22:42	+03:24:03	14:02
684	1244	Liliana Brandão	individual	Senior Feminino	05:22:42	+03:24:03	14:02
685	1513	Rui Paulo Alexandre Dias Zilhão	individual	Veterano M45	05:22:49	+03:24:10	14:02
686	1468	Miguel leal	individual	Veterano M40	05:50:32	+03:51:53	15:14

Trilhos do paleozoico 23K

23 KM



OFFICIAL RESULT

	Time	Temperature	Humidity
Start	09:30	14,3°C	39,9%
End	15:20	15,9°C	35,6%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
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Senior Feminino

1	1104	Maria Casimira Ferreira de Moura	Dr Merino Clínica Médica	Senior Feminino	02:30:12		06:32
2	1609	Maria Areias	Oraklass - Aliança - Amigos do Trail	Senior Feminino	02:43:15	+13:03	07:06
3	1255	Paula Iage	PAREDES AVENTURA	Senior Feminino	02:44:26	+14:14	07:09
4	1227	Barbara Baldaia	Individual	Senior Feminino	02:48:59	+18:47	07:21
5	1167	INÊS SAPAGE	GAIA-RUNNING	Senior Feminino	02:51:21	+21:09	07:27
6	1214	Sarina Guimarães	Grupo Dramático e Recreativo da Retorta	Senior Feminino	02:58:02	+27:50	07:44
7	1185	Joana Cardoso	Ginásio Factor X	Senior Feminino	02:59:52	+29:40	07:49
8	1134	Flávia Vieira	ESV	Senior Feminino	03:13:07	+42:55	08:24
9	1246	Manuela Tavares	Individual	Senior Feminino	03:13:46	+43:34	08:25
10	1225	Anabela Cordeiro	Individual	Senior Feminino	03:14:45	+44:33	08:28
11	1683	isabel santos	Rainha Club	Senior Feminino	03:15:11	+44:59	08:29
12	1110	Sónia Parente	EDV - Viana Trail	Senior Feminino	03:18:13	+48:01	08:37
13	1109	Iva Mafalda Alexandre Gonçalves Campelo da Silva	EDV - Viana Trail	Senior Feminino	03:18:13	+48:01	08:37
14	1036	Daniela Alves	Associação Desportiva de Cabroelo	Senior Feminino	03:21:00	+50:48	08:44
15	1236	Estela Martins	Individual	Senior Feminino	03:22:06	+51:54	08:47
16	1242	Laura Santos	Individual	Senior Feminino	03:22:33	+52:21	08:48
17	1718	Maria João Silva	S. S. Montepio	Senior Feminino	03:24:22	+54:10	08:53
18	1265	Susana Pereira	Individual	Senior Feminino	03:24:58	+54:46	08:55
19	1249	Marlene Barbosa	Individual	Senior Feminino	03:29:14	+59:02	09:06
20	1091	Margarida Pedro	CTAD - Trilhos de Cinfães	Senior Feminino	03:31:33	+01:01:21	09:12
21	1056	Ana Sousa	BUDEGUITA RUNNERS	Senior Feminino	03:33:24	+01:03:12	09:17
22	1671	Mónica Lousada	Pernas de Gafanhoto	Senior Feminino	03:34:10	+01:03:58	09:19
23	1259	Salomé Mourisco	Individual	Senior Feminino	03:35:30	+01:05:18	09:22
24	1593	Ana Margarida Coelho	Not Run Alone	Senior Feminino	03:35:39	+01:05:27	09:23
25	1725	Sandra Faria	Shots International Runners	Senior Feminino	03:36:51	+01:06:39	09:26
26	1203	Andreia Amorim	GONDOMAR FUTSAL CLUBE	Senior Feminino	03:38:28	+01:08:16	09:30
27	1686	silvia jesus	Rainha Club	Senior Feminino	03:38:32	+01:08:20	09:30
28	1685	Sara Santos	Rainha Club	Senior Feminino	03:40:25	+01:10:13	09:35
29	1044	Sandra Isabel Lopes Pera	Bikes & Friends	Senior Feminino	03:41:20	+01:11:08	09:37
30	1055	Ana Dias	BUDEGUITA RUNNERS	Senior Feminino	03:41:33	+01:11:21	09:38
31	1234	Elisabete Maria Soutulho Coelho Alves	Individual	Senior Feminino	03:43:42	+01:13:30	09:44
32	1243	Liliana Araújo	Individual	Senior Feminino	03:43:49	+01:13:37	09:44
33	1223	Ana Santos	Individual	Senior Feminino	03:44:43	+01:14:31	09:46
34	1723	Carmen Almeida	Serviços Sociais Montepio Geral	Senior Feminino	03:47:04	+01:16:52	09:52
35	1708	monica martins	Running Team Lantemil	Senior Feminino	03:48:23	+01:18:11	09:56
36	1229	Cristiana Cardoso Rodrigues	Individual	Senior Feminino	03:48:51	+01:18:39	09:57
37	1551	Cristiana Nunes Rodrigues	MaiaCrossTeam	Senior Feminino	03:50:20	+01:20:08	10:01

Official Timekeeper: Lap2Go	1 / 17	generate 17-mar-2015 22:38
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Trilhos do paleozoico 23K

23 KM



OFFICIAL RESULT

84	1057	Sandra Oliveira	BUDEGUITA RUNNERS	Senior Feminino	04:39:56	+02:09:44	12:10
85	1673	Ana Ferreira	POTEEENTES	Senior Feminino	04:47:02	+02:16:50	12:29
86	1784	Joana Moura	POTEEENTES	Senior Feminino	04:47:02	+02:16:50	12:29
87	1263	Susama Costa Ramos	Individual	Senior Feminino	04:48:57	+02:18:45	12:34
88	1639	Diana Carneiro	OS FUGITIVOS DA CRISE	Senior Feminino	04:52:08	+02:21:56	12:42
89	1245	Liliana José Alves Moreira	Individual	Senior Feminino	04:54:47	+02:24:35	12:49
90	1260	Sofia Correia	Individual	Senior Feminino	04:55:26	+02:25:14	12:51
91	1235	Elisabete Monteiro	Individual	Senior Feminino	04:58:31	+02:28:19	12:59
92	1228	Cláudia Leitão	Individual	Senior Feminino	05:03:35	+02:33:23	13:12
93	1256	Rita Araújo	Individual	Senior Feminino	05:03:35	+02:33:23	13:12
94	1196	LILIANA SANTIAGO	Ginasio Fit4Fun	Senior Feminino	05:03:57	+02:33:45	13:13
95	1181	Ana Cristina C.A.Machado	Gangue das Maças	Senior Feminino	05:04:42	+02:34:30	13:15
96	1684	Sara Martins	Rainha Club	Senior Feminino	05:11:21	+02:41:09	13:32
97	1637	andrea valente	os caga tacos running team	Senior Feminino	05:19:47	+02:49:35	13:54
98	1581	Elisabete Maria Fernandes Ferreira	NAST	Senior Feminino	05:20:52	+02:50:40	13:57
99	1244	Liliana Brandão	Individual	Senior Feminino	05:22:42	+02:52:30	14:02

Senior Masculino

1	1550	Luís Fernandes	Ludens Machico - FX Hotelaria	Senior Masculino	01:58:39		05:10
2	1099	Amândio Antunes	Desnível Positivo	Senior Masculino	02:04:49	+06:10	05:26
3	1771	Luis Miguel Marques Gil	MULTIPOWER GAIA TRAIL	Senior Masculino	02:05:29	+06:50	05:27
4	1569	João Pedro Pedrosa Nunes	MULTIPOWER GAIA TRAIL	Senior Masculino	02:12:11	+13:32	05:45
5	1778	Simão Pedro Pacheco Fernandes	NAST	Senior Masculino	02:12:59	+14:20	05:47
6	1783	Armando Teixeira	Individual	Senior Masculino	02:17:23	+18:44	05:58
7	1666	Rafael Da Rocha Cruz	MelresTrail - Running	Senior Masculino	02:17:29	+18:50	05:59
8	1105	Eduardo Merino	Dr Merino Clínica Médica	Senior Masculino	02:19:58	+21:19	06:05
9	1566	Carlos Daniel Loureiro Alves	MULTIPOWER GAIA TRAIL	Senior Masculino	02:20:26	+21:47	06:06
10	1022	Ivan Joel Rocha	Armazém do Fitness	Senior Masculino	02:20:35	+21:56	06:07
11	1611	Andre Nogueira	Oralklass - Aliança - Amigos do Trail	Senior Masculino	02:22:15	+23:36	06:11
12	1565	Armando Ivo Silva Pereira	MULTIPOWER GAIA TRAIL	Senior Masculino	02:22:30	+23:51	06:12
13	1730	Nelson Santos	Sneakers Power/APRT	Senior Masculino	02:24:29	+25:50	06:17
14	1584	Ricardo Oliveira	NAST	Senior Masculino	02:24:30	+25:51	06:17
15	1617	Fernando Taborda	Oralklass - Aliança - Amigos do Trail	Senior Masculino	02:25:31	+26:52	06:20
16	1317	Joaquim Alves	Individual	Senior Masculino	02:26:31	+27:52	06:22
17	1116	Anthony Lopes	Engomadoria L&A Team	Senior Masculino	02:26:37	+27:58	06:22
18	1205	PEDRO ROCHA	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:27:57	+29:18	06:26
19	1612	Belmiro Moreira	Oralklass - Aliança - Amigos do Trail	Senior Masculino	02:28:11	+29:32	06:27
20	1719	Carlos Ferreira	SANTO TIRSO RUNNERS	Senior Masculino	02:28:16	+29:37	06:27
21	1729	Luís Letra	Sneakers Power/APRT	Senior Masculino	02:28:57	+30:18	06:29
22	1573	Nelson Sousa Marques	MULTIPOWER GAIA TRAIL	Senior Masculino	02:29:59	+31:20	06:31
23	1188	Paulo Jorge	Ginásio Factor X	Senior Masculino	02:30:05	+31:26	06:32
24	1271	André Moreira Pinto	Individual	Senior Masculino	02:30:12	+31:33	06:32
25	1311	Ivo Pereira	Individual	Senior Masculino	02:31:04	+32:25	06:34

Trilhos do paleozoico 23K

23 KM



OFFICIAL RESULT

111	1154	Miguel Maia Dias	FALTA DE TREINO	Senior Masculino	03:06:34	+01:07:55	08:07
112	1286	Daniel Lacerda	Individual	Senior Masculino	03:06:46	+01:08:07	08:07
113	1165	Sergio Vale	Funky Runner	Senior Masculino	03:07:06	+01:08:27	08:08
114	1007	Geraldo Miguel Campos dos Santos	ALL- TITUDES TRAIL TEAM	Senior Masculino	03:07:16	+01:08:37	08:09
115	1284	Cláudio Cândido	Individual	Senior Masculino	03:07:39	+01:09:00	08:10
116	1085	António Brito	Corredores Noturnos de Paredes	Senior Masculino	03:08:05	+01:09:26	08:11
117	1047	Carlos Carvalho	Blip	Senior Masculino	03:08:15	+01:09:36	08:11
118	1075	Paulo Silva	Clube Zupper	Senior Masculino	03:08:23	+01:09:44	08:11
119	1072	João Carolo	Clube Zupper	Senior Masculino	03:08:24	+01:09:45	08:11
120	1292	Fernando Soares	Individual	Senior Masculino	03:08:36	+01:09:57	08:12
121	1557	Pedro Gonçalves	MaiaCrossTeam	Senior Masculino	03:08:39	+01:10:00	08:12
122	1220	HELDER SILVA	GTT - TEAM	Senior Masculino	03:08:40	+01:10:01	08:12
123	1296	Francisco Aragão	Individual	Senior Masculino	03:08:41	+01:10:02	08:12
124	1093	Paulo Magano	CTAD - Trilhos de Cinfães	Senior Masculino	03:08:41	+01:10:02	08:12
125	1270	André Manuel Moreira Queirós	Individual	Senior Masculino	03:09:07	+01:10:28	08:13
126	1030	Marco António	Associação Desportiva da Efacec	Senior Masculino	03:09:19	+01:10:40	08:14
127	1290	Fernando Alves	Individual	Senior Masculino	03:09:53	+01:11:14	08:15
128	1354	Paulo Martins	Individual	Senior Masculino	03:10:02	+01:11:23	08:16
129	1734	Daniel Coelho	Solmaia Runners	Senior Masculino	03:10:26	+01:11:47	08:17
130	1043	Tiago Miguel Reitor Dias	Beat Your Limit!	Senior Masculino	03:10:30	+01:11:51	08:17
131	1772	Rui Almeida	vimarunners	Senior Masculino	03:10:39	+01:12:00	08:17
132	1348	Nuno Raposo	Individual	Senior Masculino	03:10:47	+01:12:08	08:18
133	1392	Tiago Costa	Individual	Senior Masculino	03:10:47	+01:12:08	08:18
134	1115	Pedro Antonio Moreira Machado Costa	Emogis	Senior Masculino	03:10:59	+01:12:20	08:18
135	1400	Vitor Santos	Individual	Senior Masculino	03:11:14	+01:12:35	08:19
136	1700	JOSÉ FERNANDO T. SILVA	Run4all	Senior Masculino	03:12:04	+01:13:25	08:21
137	1031	Nuno Moreira	Associação Desportiva da Efacec	Senior Masculino	03:12:15	+01:13:36	08:22
138	1280	Carlos Rebola	Individual	Senior Masculino	03:12:49	+01:14:10	08:23
139	1320	Jorge Ribeiro	Individual	Senior Masculino	03:13:20	+01:14:41	08:24
140	1387	Simão Cardoso	Individual	Senior Masculino	03:13:21	+01:14:42	08:24
141	1653	Pedro José Lacerda Figueiredo	Os TurboMula D.O.C.	Senior Masculino	03:13:57	+01:15:18	08:26
142	1305	Helder Filipe da Silva Martins	Individual	Senior Masculino	03:14:04	+01:15:25	08:26
143	1212	Sergio Tavares	GOWEB	Senior Masculino	03:14:06	+01:15:27	08:26
144	1616	David Morais	Oralklass - Aliança - Amigos do Trail	Senior Masculino	03:14:12	+01:15:33	08:27
145	1371	Romeu Fernandes	Individual	Senior Masculino	03:14:15	+01:15:36	08:27
146	1367	Ricardo Miguel Pocinho Silva	Individual	Senior Masculino	03:14:17	+01:15:38	08:27
147	1076	Pedro Cancelo	Clube Zupper	Senior Masculino	03:14:31	+01:15:52	08:27
148	1032	Paulo Roberto Dias Oliveira Borges	Associação Desportiva da Efacec	Senior Masculino	03:15:32	+01:16:53	08:30
149	1590	Marco Oliveira	Nortebike Trail Team	Senior Masculino	03:15:33	+01:16:54	08:30
150	1054	Paulo Baptista	BOSCH Termotecnologia SA	Senior Masculino	03:15:55	+01:17:16	08:31
151	1544	Nuno Marques	KeMedo Team	Senior Masculino	03:16:13	+01:17:34	08:32
152	1160	Ricardo Francisco Sousa Aires	Fridão Sem Limites	Senior Masculino	03:17:04	+01:18:25	08:34
153	1349	Nuno Reis	Individual	Senior Masculino	03:17:22	+01:18:43	08:35
154	1117	Diogo Oliveira	Engomadoria L&A Team	Senior Masculino	03:17:24	+01:18:45	08:35
155	1764	Nuno Fonseca	Turtles	Senior Masculino	03:17:31	+01:18:52	08:35

Trilhos do paleozoico 23K

23 KM

OFFICIAL RESULT

R
REVISED

LAP2GO - TIMING SOLUTION · LAP2GO - TIMING SOLUTION

29	1489	Adriano rocha	Individual	Veterano M45	03:40:22	+01:16:58	09:35
30	1506	Paulo Jorge da Silva Gama	Individual	Veterano M45	03:41:46	+01:18:22	09:39
31	1514	Victor Manuel Morgado Ventura	Individual	Veterano M45	03:43:13	+01:19:49	09:42
32	1507	Paulo Marçal	Individual	Veterano M45	03:45:28	+01:22:04	09:48
33	1498	FRANCISCO JOSÉ RAMOS SANTOS	Individual	Veterano M45	03:46:46	+01:23:22	09:52
34	1510	Paulo Sousa	Individual	Veterano M45	03:47:01	+01:23:37	09:52
35	1500	Joao Soares	Individual	Veterano M45	03:50:46	+01:27:22	10:02
36	1495	Fernando João Rodrigues Moreira Alves	Individual	Veterano M45	03:54:35	+01:31:11	10:12
37	1003	Mário Jorge Coelho	AA Lebres do Sado	Veterano M45	04:03:33	+01:40:09	10:35
38	1696	sérgio pinheiro	Rainha Club	Veterano M45	04:07:28	+01:44:04	10:46
39	1192	Mário Ribeiro	Ginásio Factor X	Veterano M45	04:11:34	+01:48:10	10:56
40	1742	António Cardoso	Solmaia Runners	Veterano M45	04:12:30	+01:49:06	10:59
41	1177	JOSÉ RODRIGUES	GAIA-RUNNING	Veterano M45	04:14:15	+01:50:51	11:03
42	1561	Joaquim Vilarinho	MaiaCrossTeam	Veterano M45	04:16:53	+01:53:29	11:10
43	1502	José Carlos Araújo	Individual	Veterano M45	04:22:04	+01:58:40	11:24
44	1150	Ricardo José Machado cabral Beirao	EU+LMA	Veterano M45	04:23:36	+02:00:12	11:28
45	1513	Rui Paulo Alexandre Dias Zilhão	Individual	Veterano M45	05:22:49	+02:59:25	14:02

Veterano M50

1	1527	JOSE MOTA	Individual	Veterano M50	02:19:43		06:04
2	1517	Américo Pinto	Individual	Veterano M50	02:28:15	+08:32	06:27
3	1194	Fernando Noronha	Ginásio Factor X	Veterano M50	02:28:53	+09:10	06:28
4	1520	David Fernando da Rocha Tavares	Individual	Veterano M50	02:40:19	+20:36	06:58
5	1046	Luís Fontinha	BilaRunners	Veterano M50	02:41:09	+21:26	07:00
6	1518	Antonio Azevedo	Individual	Veterano M50	02:44:03	+24:20	07:08
7	1528	Leandro Freitas	Individual	Veterano M50	02:52:15	+32:32	07:29
8	1178	CARLOS PINTO	GAIA-RUNNING	Veterano M50	02:59:52	+40:09	07:49
9	1039	António Ferreira	Associação Desportiva de Cabroelo	Veterano M50	03:09:24	+49:41	08:14
10	1522	Fernando Pereira Moreira Oliveira	Individual	Veterano M50	03:13:55	+54:12	08:26
11	1127	José Neto	Entre os Montes	Veterano M50	03:14:47	+55:04	08:28
12	290	ruí eduardo pereira	Individual	Veterano M50	03:22:39	+01:02:56	08:49
13	1526	José Mendes	Individual	Veterano M50	03:25:03	+01:05:20	08:55
14	1202	DURBALINO FERREIRA	Ginasio Fit4Fun	Veterano M50	03:27:13	+01:07:30	09:01
15	1164	António Carvalho	Funky	Veterano M50	03:28:35	+01:08:52	09:04
16	1525	JOAO FERNANDO DE SOUSA FERREIRA	Individual	Veterano M50	03:29:18	+01:09:35	09:06
17	1529	MARIO RUI LEITE COSTA	Individual	Veterano M50	03:29:25	+01:09:42	09:06
18	1759	Ernesto Martins	TOUQUENEMOSSO	Veterano M50	03:30:36	+01:10:53	09:09
19	1524	Henrique Pinhão Martins	Individual	Veterano M50	03:33:20	+01:13:37	09:17
20	1521	Emidio Pontes	Individual	Veterano M50	03:38:03	+01:18:20	09:29
21	1012	Lucinda Alves	Alves	Veterano M50	03:41:12	+01:21:29	09:37
22	1706	Antonio Medeiros	RUNNERS MONTE AVENTINO	Veterano M50	03:42:53	+01:23:10	09:41
23	1599	José Antonio Leite Rodrigues	Not Run Alone	Veterano M50	03:45:25	+01:25:42	09:48
24	1587	Carlos Manuel Machado Matos	NAST	Veterano M50	03:47:04	+01:27:21	09:52

Trilhos do paleozoico 23K**23 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

25	1195	Joaquim Matos	Ginásio Factor X	Veterano M50	03:48:58	+01:29:15	09:57
26	1516	Abel Álvaro Duarte Gomes	Individual	Veterano M50	03:49:20	+01:29:37	09:58
27	1011	Abílio Alves	Alves	Veterano M50	03:49:20	+01:29:37	09:58
28	1179	HELDER OLIVEIRA	GAIA-RUNNING	Veterano M50	04:05:04	+01:45:21	10:39
29	1523	Henrique Pereira	Individual	Veterano M50	04:05:30	+01:45:47	10:40
30	1760	Paulo Henriques	TOUQUENEMOSSO	Veterano M50	04:24:03	+02:04:20	11:29

Veterano M55

1	1533	José Manuel Cabral e Silva	Individual	Veterano M55	02:29:31		06:30
2	1211	António Rocha	GONDOMAR FUTSAL CLUBE	Veterano M55	02:34:24	+04:53	06:43
3	1111	JOSÉ PONTE	EDV - Viana Trail	Veterano M55	02:48:35	+19:04	07:20
4	1066	António Teixeira	Clínica Dentária-Dr.Rui Couto e Sofia Alves	Veterano M55	02:55:18	+25:47	07:37
5	1530	avelino alves da silva	Individual	Veterano M55	03:07:41	+38:10	08:10
6	1761	Mário Soares	TOUQUENEMOSSO	Veterano M55	03:48:50	+01:19:19	09:57
7	1743	Alcino Sousa	Sousas	Veterano M55	03:53:23	+01:23:52	10:09
8	1180	FERNANDO VIEIRA	GAIA-RUNNING	Veterano M55	03:58:01	+01:28:30	10:21
9	1661	Luis Paulo	Paulo & Fragata Team	Veterano M55	03:59:07	+01:29:36	10:24
10	1532	José Carlos Ramos	Individual	Veterano M55	04:02:49	+01:33:18	10:33
11	1151	Alfredo Manuel de Faria da Cunha Lima	experienciar	Veterano M55	04:17:20	+01:47:49	11:11
12	1580	Domingos Gomes Pinto	MULTIPOWER GAIA TRAIL	Veterano M55	04:28:42	+01:59:11	11:41

Veterano M60

1	1656	Lino Moreira	Os TurboMula D.O.C.	Veterano M60	03:39:46		09:33
2	1157	Candido Rocha	FAST AO KM	Veterano M60	03:56:39	+16:53	10:17
3	1636	SERAFIM FONSECA	os amigos de s.pedro da cova	Veterano M60	04:02:25	+22:39	10:32

MINI TRILHOS DO PALEOZOICO 12K
12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT


LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
177	2218	Vera Lúcia Pinto de Sousa	individual	Senior Feminino	01:53:58	+59:09	09:30
178	2449	José Carlos Teixeira Soares	individual	Senior Masculino	01:53:58	+59:09	09:30
179	2409	Inês Neves	swat runners	Senior Feminino	01:54:09	+59:20	09:31
180	2009	Carla Sousa	all about	Senior Masculino	01:54:09	+59:20	09:31
181	1779	Ana Silva	individual	Senior Feminino	01:54:27	+59:38	09:32
182	1780	Pedro Azenha	individual	Senior Masculino	01:54:27	+59:38	09:32
183	2195	Mónica Pereira	individual	Senior Feminino	01:54:53	+01:00:04	09:34
184	2123	Andreia Maria Rodrigues Ferreira	individual	Senior Feminino	01:54:53	+01:00:04	09:34
185	1009	Luis Filipe Santos Silva	all- titudes trail team	Senior Masculino	01:55:35	+01:00:46	09:38
186	1006	Bruno Daniel Rocha Monteiro	all- titudes trail team	Senior Masculino	01:55:35	+01:00:46	09:38
187	2328	Carla Reis	run team valbom	Senior Feminino	01:55:35	+01:00:46	09:38
188	2360	Ana Raquel	solmaia runners	Senior Feminino	01:56:19	+01:01:30	09:42
189	2372	Inês Almeida	solmaia runners	Senior Feminino	01:56:19	+01:01:30	09:42
190	2245	José Carlos Teixeira Soares	individual	Senior Masculino	01:56:51	+01:02:02	09:44
191	2410	Isabel Rangel	swat runners	Senior Feminino	01:56:56	+01:02:07	09:45
192	2390	Luís Ascenção	solmaia runners	Senior Masculino	01:58:05	+01:03:16	09:50
193	2067	Maria Jesus	corredores noturnos de paredes	Senior Masculino	01:59:19	+01:04:30	09:57
194	2349	Rita Ferreira	corredores noturnos de paredes	Senior Feminino	01:59:20	+01:04:31	09:57
195	1567	Fernando Manuel Vilar Patrício	multipower gaia trail	Senior Masculino	01:59:40	+01:04:51	09:58
196	2401	Pedro Alves	sportlast/inov8/flexorsport	Senior Masculino	01:59:40	+01:04:51	09:58
197	2400	José Conceição	sportlast/inov8/flexorsport	Senior Masculino	01:59:43	+01:04:54	09:59
198	2331	Daniela Ferreira	run team valbom	Senior Feminino	01:59:48	+01:04:59	09:59
199	2139	Dora Teresa Dias Cardoso da Costa	individual	Senior Feminino	02:00:10	+01:05:21	10:01
200	2095	Emília Costa	gangue das maçãs	Senior Feminino	02:00:12	+01:05:23	10:01
201	1323	Jose Eduardo Moreira	individual	Senior Masculino	02:00:20	+01:05:31	10:02
202	2102	João Paulo Coimbra	ginásio factor x	Senior Masculino	02:00:24	+01:05:35	10:02
203	2098	Andreia Gilde	ginásio factor x	Senior Feminino	02:00:24	+01:05:35	10:02
204	2104	Nuno Barra	ginásio factor x	Senior Masculino	02:00:24	+01:05:35	10:02
205	2269	Rui Costa	individual	Senior Masculino	02:01:00	+01:06:11	10:05
206	2132	Cristina Costa	individual	Senior Feminino	02:01:00	+01:06:11	10:05
207	2361	Ana Silva	solmaia runners	Senior Feminino	02:01:08	+01:06:19	10:06
208	2154	Helena Figueiredo	individual	Senior Feminino	02:01:09	+01:06:20	10:06
209	2163	Joana Passos	individual	Senior Feminino	02:01:09	+01:06:20	10:06
210	2200	Prazeres Pires	individual	Senior Feminino	02:01:09	+01:06:20	10:06
211	2330	Daniela Costa	run team valbom	Senior Feminino	02:01:10	+01:06:21	10:06
212	2182	Maria Helena Nunes	individual	Senior Feminino	02:01:17	+01:06:28	10:06
213	2365	Cátia Sousa	solmaia runners	Senior Feminino	02:02:33	+01:07:44	10:13
214	2106	Helena Cardoso	gondomar futsal clube	Senior Feminino	02:02:39	+01:07:50	10:13
215	2241	Joaquim da silva vasconcelos	individual	Senior Masculino	02:02:40	+01:07:51	10:13
216	2219	Abel Manuel da Silva Vasconcelos	individual	Senior Masculino	02:02:40	+01:07:51	10:13
217	2115	Ana Alves	individual	Senior Feminino	02:02:44	+01:07:55	10:14
218	2210	Silvina Maria Ferraz da Silva Gama	individual	Senior Feminino	02:04:00	+01:09:11	10:20
219	2121	Ana Sousa	individual	Senior Feminino	02:04:14	+01:09:25	10:21
220	2378	Paula Campos	solmaia runners	Senior Feminino	02:04:23	+01:09:34	10:22
221	2164	Leticia Andrade	individual	Senior Feminino	02:05:00	+01:10:11	10:25

MINI TRILHOS DO PALEOZOICO 12K

12 KM

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REVISED

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
222	2201	Raquel Cunha Pacheco	individual	Senior Feminino	02:05:37	+01:10:48	10:28
223	2048	Sílvia Carvalho	carvalho team	Senior Feminino	02:05:37	+01:10:48	10:28
224	2443	Sónia Reis	individual	Senior Feminino	02:05:56	+01:11:07	10:30
225	2088	Bruna Filipa de Sousa Pereira	falta de treino	Senior Feminino	02:05:57	+01:11:08	10:30
226	2091	Humberto Miguel Pinheiro Torres	falta de treino	Senior Masculino	02:05:58	+01:11:09	10:30
227	2040	DIANA FERREIRA	babes club	Senior Masculino	02:06:29	+01:11:40	10:32
228	2183	Maria Inês Pereira	individual	Senior Feminino	02:07:41	+01:12:52	10:38
229	2252	Nuno Filipe Pinho Nogueira	individual	Senior Masculino	02:07:41	+01:12:52	10:38
230	2078	Carla Silvia Mina Preto da Costa	eu+lma	Senior Feminino	02:08:02	+01:13:13	10:40
231	2376	Maria Martins	solmaia runners	Senior Feminino	02:08:07	+01:13:18	10:41
232	2186	Maria Lopes	individual	Senior Feminino	02:08:17	+01:13:28	10:41
233	2203	Regina Sá	individual	Senior Feminino	02:08:57	+01:14:08	10:45
234	2038	Zara Sousa	babes club	Senior Feminino	02:09:00	+01:14:11	10:45
235	2082	Elva Bonifácio	eu+lma	Senior Feminino	02:09:04	+01:14:15	10:45
236	2301	CRISTINA RODRIGUES TEIXEIRA LOPES	not run alone	Senior Feminino	02:09:16	+01:14:27	10:46
237	2077	Begoña Perez	eu+lma	Senior Feminino	02:09:19	+01:14:30	10:47
238	2287	Marta Rosas	maiacrossteam	Senior Feminino	02:09:38	+01:14:49	10:48
239	2285	Cristina Araújo	maiacrossteam	Senior Feminino	02:09:38	+01:14:49	10:48
240	2069	Elisabete Costa	costa souza	Senior Feminino	02:10:04	+01:15:15	10:50
241	2070	Rui Sosua	costa souza	Senior Masculino	02:10:05	+01:15:16	10:50
242	2194	Martine cunha	individual	Senior Feminino	02:10:18	+01:15:29	10:52
243	2134	Daniela Lobato	individual	Senior Feminino	02:10:23	+01:15:34	10:52
244	2270	Rui Diniz	individual	Senior Masculino	02:10:23	+01:15:34	10:52
245	2135	Diana Ferreira	individual	Senior Feminino	02:10:33	+01:15:44	10:53
246	2118	Ana Filipa Loureiro Marques	individual	Senior Feminino	02:10:33	+01:15:44	10:53
247	2003	Ana Isabel Abreu Mendonça	a.d.amarante trail running	Senior Feminino	02:10:35	+01:15:46	10:53
248	2233	Francisco Emanuel Sampaio Silva	individual	Senior Masculino	02:10:35	+01:15:46	10:53
249	2343	ANA ARRISCADO	run4all	Senior Feminino	02:10:36	+01:15:47	10:53
250	2433	Sandra Dias	uf08 runners	Senior Feminino	02:10:56	+01:16:07	10:55
251	2008	Helena Soares da Costa	all about	Senior Feminino	02:11:11	+01:16:22	10:56
252	2192	Marta Rossini	individual	Senior Feminino	02:11:38	+01:16:49	10:58
253	2190	marisa raquel fonseca de carvalho	individual	Senior Feminino	02:11:43	+01:16:54	10:59
254	2262	pedro miguel feitaira torrão	individual	Senior Masculino	02:11:44	+01:16:55	10:59
255	2254	Paulo Alexandre Cristóvão Próspero	individual	Senior Masculino	02:11:50	+01:17:01	10:59
256	2198	Paula Cristina das Neves Ribeiro Próspero	individual	Senior Feminino	02:11:51	+01:17:02	10:59
257	2429	Raquel Silva	turtles	Senior Feminino	02:11:58	+01:17:09	11:00
258	2430	Susana Almeida	turtles	Senior Feminino	02:12:01	+01:17:12	11:00
259	2350	SANDRA TEIXEIRA	run4all	Senior Feminino	02:12:04	+01:17:15	11:00
260	2187	Maria Rocha	individual	Senior Feminino	02:12:12	+01:17:23	11:01
261	2041	Cristina Jesus	beat your limit!	Senior Feminino	02:12:19	+01:17:30	11:02
262	2422	Sofia Esteves	the aa ladies team	Senior Feminino	02:12:41	+01:17:52	11:03
263	2251	Nelson Eocha	individual	Senior Masculino	02:12:53	+01:18:04	11:04
264	2214	Sonia Moreira	individual	Senior Feminino	02:12:53	+01:18:04	11:04
265	2196	Noémia Vaz	individual	Senior Feminino	02:13:34	+01:18:45	11:08

MINI TRILHOS DO PALEOZOICO 12K

12 KM

OFFICIAL RESULT



LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
352	2022	José Miguel Rodrigues Duarte	alvorada	Senior Masculino	02:49:14	+01:54:25	14:06
353	2181	maria filomena venâncio lopes marcelo	individual	Senior Feminino	02:49:38	+01:54:49	14:08
354	2339	José Santos	run team valbom	Senior Masculino	02:49:45	+01:54:56	14:09
355	2423	Alice Costa	touquenemosso	Senior Feminino	02:50:06	+01:55:17	14:11
356	2424	Isabel Lopes	touquenemosso	Senior Feminino	02:50:07	+01:55:18	14:11
357	2176	Margarida Ribeiro	individual	Senior Feminino	02:50:19	+01:55:30	14:12
358	2282	Patricia Carvalho	la zinco	Senior Feminino	02:50:44	+01:55:55	14:14
359	2337	Vitor Costa	run team valbom	Senior Feminino	02:52:14	+01:57:25	14:21
360	2256	Paulo Jorge Madureira Ribeiro	individual	Senior Masculino	02:52:20	+01:57:31	14:22
361	2020	João Paulo Pereira Moura Coutinho	alvorada	Senior Masculino	02:52:50	+01:58:01	14:24
362	2335	Rosa Maria Costa	run team valbom	Senior Feminino	02:53:27	+01:58:38	14:27
363	2184	Maria João Mesquita	individual	Senior Feminino	02:53:28	+01:58:39	14:27
364	2341	Rosa Castro	run team valbom	Senior Masculino	02:53:28	+01:58:39	14:27
365	2211	Sónia Amaro	individual	Senior Feminino	02:54:46	+01:59:57	14:34
366	2146	Fernanda Maia	individual	Senior Feminino	02:55:35	+02:00:46	14:38
367	2327	Belmira Moreira	run team valbom	Senior Feminino	02:57:20	+02:02:31	14:47
368	2035	Ana Pinto	babes club	Senior Feminino	02:57:36	+02:02:47	14:48
369	2037	MONICA ROCHA	babes club	Senior Feminino	02:57:39	+02:02:50	14:48
370	2011	Ana Catarina Aguiar Rodrigues	alvorada	Senior Feminino	02:57:50	+02:03:01	14:49
371	2179	Maria de Fatima Alves	individual	Senior Feminino	02:58:44	+02:03:55	14:54
372	2320	PATRICIA PIRES	pentelheiros runners	Senior Feminino	02:59:02	+02:04:13	14:55
373	2126	Carla Santos	individual	Senior Feminino	02:59:05	+02:04:16	14:55
374	2231	Fábio Santos	individual	Senior Masculino	02:59:05	+02:04:16	14:55
375	2178	Maria Adelaide Madureira Pereira	individual	Senior Feminino	02:59:08	+02:04:19	14:56
376	2212	Sonia Maria Madureira Ribeiro	individual	Senior Feminino	02:59:09	+02:04:20	14:56
377	2018	Sandra Ferreira	alvorada	Senior Feminino	03:02:11	+02:07:22	15:11
378	2014	Lurdes Ferreira	alvorada	Senior Feminino	03:02:11	+02:07:22	15:11
379	2329	Cristina Campos	run team valbom	Senior Feminino	03:02:44	+02:07:55	15:14
380	2332	Juliana Monteiro	run team valbom	Senior Feminino	03:02:45	+02:07:56	15:14
381	2357	M Conceicao Salgueiro	sawadee	Senior Feminino	03:05:32	+02:10:43	15:28
382	2358	Manuel Salgueiro	sawadee	Senior Masculino	03:05:33	+02:10:44	15:28
383	2428	Cristina Magalhães	turtles	Senior Feminino	03:06:12	+02:11:23	15:31
384	2431	Verónica Costa	turtles	Senior Feminino	03:06:12	+02:11:23	15:31
385	2427	Ana Monteiro	turtles	Senior Feminino	03:06:12	+02:11:23	15:31
386	2004	Bruno Pereira	aa team	Senior Masculino	03:23:25	+02:28:36	16:57
387	2421	Liliana Fonte	the aa ladies team	Senior Feminino	03:23:26	+02:28:37	16:57
388	2420	Dani Ferreira	the aa ladies team	Senior Feminino	03:23:26	+02:28:37	16:57
389	2407	Dulce Fernandes	swat runners	Senior Feminino	03:32:49	+02:38:00	17:44
390	2411	Linete Saraiva	swat runners	Senior Feminino	03:32:49	+02:38:00	17:44
391	2412	Patrícia Leitão	swat runners	Senior Feminino	03:32:52	+02:38:03	17:44
392	2017	Patricia Carla Nunes Almeida Meireles	alvorada	Senior Feminino	03:36:00	+02:41:11	18:00
393	2019	Carlos Jorge Martins Duarte	alvorada	Senior Masculino	03:36:00	+02:41:11	18:00
394	2013	Claudia Maria Aguiar Rodrigues Duarte	alvorada	Senior Feminino	03:37:45	+02:42:56	18:09
395	2016	Maria Miguel Pinto da Silva Pereira	alvorada	Senior Feminino	03:37:46	+02:42:57	18:09

MINI TRILHOS DO PALEOZOICO 12K**12 KM**LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION**OFFICIAL RESULT**LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
396	2015	Maria Marisa Moreira Santos	alvorada	Senior Feminino	03:37:48	+02:42:59	18:09

Mini trilhos do paleozoico 12K

12 KM

OFFICIAL RESULT

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REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

81	2218	Vera Lúcia Pinto de Sousa	Individual	Senior Feminino	01:53:58	+36:20	09:30
82	2409	Inês Neves	Swat Runners	Senior Feminino	01:54:09	+36:31	09:31
83	1779	Ana Silva	Individual	Senior Feminino	01:54:27	+36:49	09:32
84	2195	Mónica Pereira	Individual	Senior Feminino	01:54:53	+37:15	09:34
85	2123	Andreia Maria Rodrigues Ferreira	Individual	Senior Feminino	01:54:53	+37:15	09:34
86	2328	Carla Reis	Run Team Valbom	Senior Feminino	01:55:35	+37:57	09:38
87	2360	Ana Raquel	Solmaia Runners	Senior Feminino	01:56:19	+38:41	09:42
88	2372	Inês Almeida	Solmaia Runners	Senior Feminino	01:56:19	+38:41	09:42
89	2410	Isabel Rangel	Swat Runners	Senior Feminino	01:56:56	+39:18	09:45
90	2349	Rita Ferreira	Corredores Noturnos de Paredes	Senior Feminino	01:59:20	+41:42	09:57
91	2331	Daniela Ferreira	Run Team Valbom	Senior Feminino	01:59:48	+42:10	09:59
92	2139	Dora Teresa Dias Cardoso da Costa	Individual	Senior Feminino	02:00:10	+42:32	10:01
93	2095	Emília Costa	Gangue das Maças	Senior Feminino	02:00:12	+42:34	10:01
94	2098	Andreia Gilde	Ginásio Factor X	Senior Feminino	02:00:24	+42:46	10:02
95	2132	Cristina Costa	Individual	Senior Feminino	02:01:00	+43:22	10:05
96	2361	Ana Silva	Solmaia Runners	Senior Feminino	02:01:08	+43:30	10:06
97	2154	Helena Figueiredo	Individual	Senior Feminino	02:01:09	+43:31	10:06
98	2163	Joana Passos	Individual	Senior Feminino	02:01:09	+43:31	10:06
99	2200	Prazeres Pires	Individual	Senior Feminino	02:01:09	+43:31	10:06
100	2330	Daniela Costa	Run Team Valbom	Senior Feminino	02:01:10	+43:32	10:06
101	2182	Maria Helena Nunes	Individual	Senior Feminino	02:01:17	+43:39	10:06
102	2365	Cátia Sousa	Solmaia Runners	Senior Feminino	02:02:33	+44:55	10:13
103	2106	Helena Cardoso	GONDOMAR FUTSAL CLUBE	Senior Feminino	02:02:39	+45:01	10:13
104	2115	Ana Alves	Individual	Senior Feminino	02:02:44	+45:06	10:14
105	2210	Silvina Maria Ferraz da Silva Gama	Individual	Senior Feminino	02:04:00	+46:22	10:20
106	2121	Ana Sousa	Individual	Senior Feminino	02:04:14	+46:36	10:21
107	2378	Paula Campos	Solmaia Runners	Senior Feminino	02:04:23	+46:45	10:22
108	2164	Leticia Andrade	Individual	Senior Feminino	02:05:00	+47:22	10:25
109	2201	Raquel Cunha Pacheco	Individual	Senior Feminino	02:05:37	+47:59	10:28
110	2048	Sílvia Carvalho	Carvalho Team	Senior Feminino	02:05:37	+47:59	10:28
111	2443	Sónia Reis	Individual	Senior Feminino	02:05:56	+48:18	10:30
112	2088	Bruna Filipa de Sousa Pereira	FALTA DE TREINO	Senior Feminino	02:05:57	+48:19	10:30
113	2183	Maria Inês Pereira	Individual	Senior Feminino	02:07:41	+50:03	10:38
114	2078	Carla Silvia Mina Preto da Costa	EU+LMA	Senior Feminino	02:08:02	+50:24	10:40
115	2376	Maria Martins	Solmaia Runners	Senior Feminino	02:08:07	+50:29	10:41
116	2186	Maria Lopes	Individual	Senior Feminino	02:08:17	+50:39	10:41
117	2203	Regina Sá	Individual	Senior Feminino	02:08:57	+51:19	10:45
118	2038	Zara Sousa	Babes Club	Senior Feminino	02:09:00	+51:22	10:45
119	2082	Elva Bonifácio	EU+LMA	Senior Feminino	02:09:04	+51:26	10:45
120	2301	CRISTINA RODRIGUES TEIXEIRA LOPES	Not Run Alone	Senior Feminino	02:09:16	+51:38	10:46
121	2077	Begoña Perez	EU+LMA	Senior Feminino	02:09:19	+51:41	10:47
122	2287	Marta Rosas	MaiaCrossTeam	Senior Feminino	02:09:38	+52:00	10:48
123	2285	Cristina Araújo	MaiaCrossTeam	Senior Feminino	02:09:38	+52:00	10:48
124	2069	Elisabete Costa	Costa Sousa	Senior Feminino	02:10:04	+52:26	10:50
125	2194	Martine cunha	Individual	Senior Feminino	02:10:18	+52:40	10:52
126	2134	Daniela Lobato	Individual	Senior Feminino	02:10:23	+52:45	10:52

Mini trilhos do paleozoico 12K

12 KM



OFFICIAL RESULT

127	2135	Diana Ferreira	Individual	Senior Feminino	02:10:33	+52:55	10:53
128	2118	Ana Filipa Loureiro Marques	Individual	Senior Feminino	02:10:33	+52:55	10:53
129	2003	Ana Isabel Abreu Mendonça	A.D.Amarante trail running	Senior Feminino	02:10:35	+52:57	10:53
130	2343	ANA ARRISCADO	Run4all	Senior Feminino	02:10:36	+52:58	10:53
131	2433	Sandra Dias	UF08 RUNNERS	Senior Feminino	02:10:56	+53:18	10:55
132	2008	Helena Soares da Costa	All About	Senior Feminino	02:11:11	+53:33	10:56
133	2192	Marta Rossini	Individual	Senior Feminino	02:11:38	+54:00	10:58
134	2190	marisa raquel fonseca de carvalho	Individual	Senior Feminino	02:11:43	+54:05	10:59
135	2198	Paula Cristina das Neves Ribeiro Próspero	Individual	Senior Feminino	02:11:51	+54:13	10:59
136	2429	Raquel Silva	Turtles	Senior Feminino	02:11:58	+54:20	11:00
137	2430	Susana Almeida	Turtles	Senior Feminino	02:12:01	+54:23	11:00
138	2350	SANDRA TEIXEIRA	Run4all	Senior Feminino	02:12:04	+54:26	11:00
139	2187	Maria Rocha	Individual	Senior Feminino	02:12:12	+54:34	11:01
140	2041	Cristina Jesus	Beat Your Limit!	Senior Feminino	02:12:19	+54:41	11:02
141	2422	Sofia Esteves	The AA Ladies Team	Senior Feminino	02:12:41	+55:03	11:03
142	2214	Sonia Moreira	Individual	Senior Feminino	02:12:53	+55:15	11:04
143	2196	Noémia Vaz	Individual	Senior Feminino	02:13:34	+55:56	11:08
144	2189	Marina Soares	Individual	Senior Feminino	02:13:35	+55:57	11:08
145	2147	Fernanda Neves	Individual	Senior Feminino	02:13:35	+55:57	11:08
146	2087	PATRÍCIA SANTOS	Factor X	Senior Feminino	02:13:40	+56:02	11:08
147	2403	Lúcia Manuela Correia Arantes	Sunday Training	Senior Feminino	02:14:08	+56:30	11:11
148	2283	Alexandra Dias	Lótus e Lírios	Senior Feminino	02:14:11	+56:33	11:11
149	2281	Andreia Carvalho	LA Zinco	Senior Feminino	02:14:34	+56:56	11:13
150	2167	Lisa Maria de Oliveira Volta Pereira	Individual	Senior Feminino	02:14:48	+57:10	11:14
151	2206	Sandra Dias	Individual	Senior Feminino	02:14:48	+57:10	11:14
152	2036	Irene	Babes Club	Senior Feminino	02:15:26	+57:48	11:17
153	2034	Alice Borges	Babes Club	Senior Feminino	02:15:26	+57:48	11:17
154	2308	Bárbara Neto	Oralklass - Aliança - Amigos do Trail	Senior Feminino	02:16:11	+58:33	11:21
155	2321	sandra nova	pipb	Senior Feminino	02:16:12	+58:34	11:21
156	2199	Paula Pais	Individual	Senior Feminino	02:17:59	+01:00:21	11:30
157	2425	Marta Soares	TOUQUENEMOSSO	Senior Feminino	02:17:59	+01:00:21	11:30
158	2160	Isabel Vieira	Individual	Senior Feminino	02:18:09	+01:00:31	11:31
159	2177	Margarida Silvano	Individual	Senior Feminino	02:18:09	+01:00:31	11:31
160	2150	Gisela César	Individual	Senior Feminino	02:18:13	+01:00:35	11:31
161	2302	MARTA SOFIA FERREIRA ALVES	Not Run Alone	Senior Feminino	02:19:07	+01:01:29	11:36
162	2300	ANABELA DE MAGALHAES LEMOS	Not Run Alone	Senior Feminino	02:19:13	+01:01:35	11:36
163	2202	Raquel Duarte Rodrigues	Individual	Senior Feminino	02:19:16	+01:01:38	11:36
164	2193	Marta Santos	Individual	Senior Feminino	02:19:16	+01:01:38	11:36
165	2170	mara freitas	Individual	Senior Feminino	02:19:23	+01:01:45	11:37
166	1429	MARIA ROSA SILVA PEREIRA COSTA	Individual	Senior Feminino	02:19:28	+01:01:50	11:37
167	2402	Leonor Araújo	Sunday Training	Senior Feminino	02:19:40	+01:02:02	11:38
168	2119	Ana Luisa de Sá	Individual	Senior Feminino	02:19:57	+01:02:19	11:40
169	2127	Carla Sofia Moreira Martins	Individual	Senior Feminino	02:19:58	+01:02:20	11:40
170	2047	Tânia Santos	C.C.D.T.C.M.Gondomar	Senior Feminino	02:21:19	+01:03:41	11:47
171	2096	Telma Vieira	Gangue das Maças	Senior Feminino	02:21:39	+01:04:01	11:48

Mini trilhos do paleozoico 12K

12 KM



OFFICIAL RESULT

216	2011	Ana Catarina Aguiar Rodrigues	ALVORADA	Senior Feminino	02:57:50	+01:40:12	14:49
217	2179	Maria de Fatima Alves	Individual	Senior Feminino	02:58:44	+01:41:06	14:54
218	2320	PATRICIA PIRES	PENTELHEIROS RUNNERS	Senior Feminino	02:59:02	+01:41:24	14:55
219	2126	Carla Santos	Individual	Senior Feminino	02:59:05	+01:41:27	14:55
220	2178	Maria Adelaide Madureira Pereira	Individual	Senior Feminino	02:59:08	+01:41:30	14:56
221	2212	Sonia Maria Madureira Ribeiro	Individual	Senior Feminino	02:59:09	+01:41:31	14:56
222	2018	Sandra Ferreira	ALVORADA	Senior Feminino	03:02:11	+01:44:33	15:11
223	2014	Lurdes Ferreira	ALVORADA	Senior Feminino	03:02:11	+01:44:33	15:11
224	2329	Cristina Campos	Run Team Valbom	Senior Feminino	03:02:44	+01:45:06	15:14
225	2332	Juliana Monteiro	Run Team Valbom	Senior Feminino	03:02:45	+01:45:07	15:14
226	2357	M Conceicao Salgueiro	Sawadee	Senior Feminino	03:05:32	+01:47:54	15:28
227	2428	Cristina Magalhães	Turtles	Senior Feminino	03:06:12	+01:48:34	15:31
228	2431	Verónica Costa	Turtles	Senior Feminino	03:06:12	+01:48:34	15:31
229	2427	Ana Monteiro	Turtles	Senior Feminino	03:06:12	+01:48:34	15:31
230	2421	Liliana Fonte	The AA Ladies Team	Senior Feminino	03:23:26	+02:05:48	16:57
231	2420	Dani Ferreira	The AA Ladies Team	Senior Feminino	03:23:26	+02:05:48	16:57
232	2407	Dulce Fernandes	Swat Runners	Senior Feminino	03:32:49	+02:15:11	17:44
233	2411	Linete Saraiva	Swat Runners	Senior Feminino	03:32:49	+02:15:11	17:44
234	2412	Patrícia Leitão	Swat Runners	Senior Feminino	03:32:52	+02:15:14	17:44
235	2017	Patricia Carla Nunes Almeida Meireles	ALVORADA	Senior Feminino	03:36:00	+02:18:22	18:00
236	2013	Claudia Maria Aguiar Rodrigues Duarte	ALVORADA	Senior Feminino	03:37:45	+02:20:07	18:09
237	2016	Maria Miguel Pinto da Silva Pereira	ALVORADA	Senior Feminino	03:37:46	+02:20:08	18:09
238	2015	Maria Marisa Moreira Santos	ALVORADA	Senior Feminino	03:37:48	+02:20:10	18:09

Senior Masculino

1	2002	Vitor Hugo Neves Barbosa	Grupo Dramático e Recreativo da Retorta	Senior Masculino	54:49		04:34
2	2112	Henrique Carlos Rodrigues Dias	Grupo Dramático e Recreativo da Retorta	Senior Masculino	54:49		04:34
3	2111	Fernando Filipe Ferreira Silva	Grupo Dramático e Recreativo da Retorta	Senior Masculino	54:49		04:34
4	2312	João Nogueira	Oralklass - Aliança - Amigos do Trail	Senior Masculino	55:20	+00:31	04:37
5	2110	Amadeu Fernando Pinto Rocha	Grupo Dramático e Recreativo da Retorta	Senior Masculino	56:28	+01:39	04:42
6	2419	Fernando Miguel da Silva Neves	Team Trail da Cal	Senior Masculino	57:13	+02:24	04:46
7	2113	Joaquim Manuel Teixeira Rocha	Grupo Dramático e Recreativo da Retorta	Senior Masculino	57:17	+02:28	04:46
8	2001	Camilo Guedes	Clube Pessoal Aguas Gaia	Senior Masculino	01:00:02	+05:13	05:00
9	2434	André Nogueira	UF08 RUNNERS	Senior Masculino	01:00:30	+05:41	05:02
10	2418	Fernando Leal Neves	Team Trail da Cal	Senior Masculino	01:01:28	+06:39	05:07
11	2435	Francisco Ferreira	UF08 RUNNERS	Senior Masculino	01:04:27	+09:38	05:22
12	2259	Pedro Jorge Ferreira Borges Da Costa	Individual	Senior Masculino	01:04:36	+09:47	05:23
13	2438	Paulo Machado	UF08 RUNNERS	Senior Masculino	01:06:11	+11:22	05:31
14	2114	Tiago Manuel Lisboa Neves	Grupo Dramático e Recreativo da Retorta	Senior Masculino	01:08:56	+14:07	05:45
15	2073	Ricardo Barros	Engomadoria L&A Team	Senior Masculino	01:09:02	+14:13	05:45

Mini trilhos do paleozoico 12K

12 KM

OFFICIAL RESULT

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REVISED

16	2232	Filipe Alexandre Coelho Neves	Individual	Senior Masculino	01:12:09	+17:20	06:01
17	2109	Jorge Nuno Silva	GPE RUNNERS	Senior Masculino	01:12:18	+17:29	06:01
18	2303	Bruno Areias	Not Run Alone	Senior Masculino	01:12:56	+18:07	06:05
19	1322	José Amaro Encarnação	Individual	Senior Masculino	01:13:50	+19:01	06:09
20	2227	Carlos A .C .MACEDO Moure BTT	Individual	Senior Masculino	01:15:10	+20:21	06:16
21	2313	Joaquim Manuel Teixeira	Oralklass - Aliança - Amigos do Trail	Senior Masculino	01:15:37	+20:48	06:18
22	1118	Filipe Lopes	Engomadoria L&A Team	Senior Masculino	01:16:27	+21:38	06:22
23	2439	Orlando Sousa	Individual	Senior Masculino	01:16:29	+21:40	06:22
24	2260	Pedro Miguel Alves Novais	Individual	Senior Masculino	01:17:05	+22:16	06:25
25	2351	ALBERTO ANTÓNIO PINHEIRO MAGALHÃES	Run4all	Senior Masculino	01:17:14	+22:25	06:26
26	2237	Joao Conceicao	Individual	Senior Masculino	01:18:07	+23:18	06:31
27	2398	José Antonio Rodrigues Sousa	Sousas	Senior Masculino	01:18:20	+23:31	06:32
28	2026	jorge manuel marques dos santos silva	ARCORUN	Senior Masculino	01:18:39	+23:50	06:33
29	2072	José Moreira	Engomadoria L&A Team	Senior Masculino	01:18:48	+23:59	06:34
30	2267	Rui António Alves Pinto	Individual	Senior Masculino	01:19:07	+24:18	06:36
31	2243	Jorge Mota	Individual	Senior Masculino	01:20:21	+25:32	06:42
32	1619	Jose Paulo Neto	Oralklass - Aliança - Amigos do Trail	Senior Masculino	01:20:53	+26:04	06:44
33	2060	Nuno Sousa	Clube Zupper	Senior Masculino	01:21:42	+26:53	06:49
34	2025	jorge filipe pereira	ARCORUN	Senior Masculino	01:21:49	+27:00	06:49
35	2290	Alexandre Ferreira	Moure Trail Running	Senior Masculino	01:22:46	+27:57	06:54
36	2318	Hélder Augusto Ferreira Camilo	PAREDES AVENTURA	Senior Masculino	01:23:45	+28:56	06:59
37	2289	Nuno João Ferreira Moreira	Moinhos Run	Senior Masculino	01:23:46	+28:57	06:59
38	2291	Álvaro Ribeiro	Moure Trail Running	Senior Masculino	01:24:24	+29:35	07:02
39	2293	Hélder Peixoto	Moure Trail Running	Senior Masculino	01:24:24	+29:35	07:02
40	2272	Rui Freitas	Individual	Senior Masculino	01:24:29	+29:40	07:02
41	2039	CARLOS AVELINO	Babes Club	Senior Masculino	01:24:38	+29:49	07:03
42	2271	Rui Filipe Gonçalves Ramos	Individual	Senior Masculino	01:25:12	+30:23	07:06
43	2053	Vitor Manuel Coelho Almeida	Clínica Dentária-Dr.Rui Couto e Sofia Alves	Senior Masculino	01:25:19	+30:30	07:07
44	2220	Adriano Gonçalves Galante	Individual	Senior Masculino	01:25:28	+30:39	07:07
45	2297	Rui Daniel Sousa Matos	NAST	Senior Masculino	01:25:39	+30:50	07:08
46	2062	Tiago Ramalho	Clube Zupper	Senior Masculino	01:25:50	+31:01	07:09
47	2027	Bruno Miguel Cunha	Associação Desportiva da Efacec	Senior Masculino	01:25:54	+31:05	07:10
48	2224	Bruno Borges	Individual	Senior Masculino	01:25:54	+31:05	07:10
49	2030	Luís Fernando Castro Ferreira	Associação Desportiva de Cabroelo	Senior Masculino	01:26:13	+31:24	07:11
50	2221	Antero Silva	Individual	Senior Masculino	01:27:49	+33:00	07:19
51	2032	Miguel Moreira	Associação Desportiva de Cabroelo	Senior Masculino	01:29:28	+34:39	07:27
52	2253	Nuno Teixeira	Individual	Senior Masculino	01:29:53	+35:04	07:29
53	2266	Ricardo Dias da Fonseca	Individual	Senior Masculino	01:30:20	+35:31	07:32
54	2105	Rui Miguel Moura	Ginásio Factor X	Senior Masculino	01:30:36	+35:47	07:33
55	2276	Sergio Filipe Maia de Sousa	Individual	Senior Masculino	01:31:55	+37:06	07:40
56	2223	BALTAZAR FERREIRA	Individual	Senior Masculino	01:32:40	+37:51	07:43
57	2352	BRUNO MAGALHÃES	Run4all	Senior Masculino	01:33:03	+38:14	07:45

Mini trilhos do paleozoico 12K

12 KM



OFFICIAL RESULT

58	2391	Manuel Mota	Solmaia Runners	Senior Masculino	01:33:16	+38:27	07:46
59	2392	Mário Araújo	Solmaia Runners	Senior Masculino	01:33:16	+38:27	07:46
60	2395	Rui Gomes	Solmaia Runners	Senior Masculino	01:33:16	+38:27	07:46
61	2029	Ricardo Silva Ribeiro	Associação Desportiva da Efacec	Senior Masculino	01:34:19	+39:30	07:52
62	2010	Paulo Lima	All About	Senior Masculino	01:34:47	+39:58	07:54
63	2031	Marcelo Moreira	Associação Desportiva de Cabroelo	Senior Masculino	01:37:04	+42:15	08:05
64	2230	Diogo Santos Ferreira	Individual	Senior Masculino	01:37:16	+42:27	08:06
65	2292	Gualter Peixoto	Moure Trail Running	Senior Masculino	01:38:46	+43:57	08:14
66	2225	Bruno Fernandes	Individual	Senior Masculino	01:38:46	+43:57	08:14
67	2228	Carlos Mendes	Individual	Senior Masculino	01:39:23	+44:34	08:17
68	2240	João Tedim	Individual	Senior Masculino	01:39:30	+44:41	08:17
69	2338	Filipe Coutinho	Run Team Valbom	Senior Masculino	01:39:33	+44:44	08:18
70	2028	José Miguel Gomes	Associação Desportiva da Efacec	Senior Masculino	01:40:48	+45:59	08:24
71	2257	Paulo Peixoto	Individual	Senior Masculino	01:42:28	+47:39	08:32
72	2043	Fábio Vieira Nascimento	Bicafé	Senior Masculino	01:42:28	+47:39	08:32
73	2417	Luis Neves	Swat Runners	Senior Masculino	01:42:42	+47:53	08:34
74	2324	Fernando Malvar	Proactive Bike Team	Senior Masculino	01:43:09	+48:20	08:36
75	2236	Januário Silva	Individual	Senior Masculino	01:43:14	+48:25	08:36
76	2405	António Bogado	Sunday Training	Senior Masculino	01:43:30	+48:41	08:37
77	2086	Nuno Vasconcelos	EU+LMA	Senior Masculino	01:43:31	+48:42	08:38
78	2085	Luis Filipe Moura P. Ferraz de Liz	EU+LMA	Senior Masculino	01:43:31	+48:42	08:38
79	2234	Germano Moura	Individual	Senior Masculino	01:44:00	+49:11	08:40
80	2061	Rui Carolo	Clube Zupper	Senior Masculino	01:45:03	+50:14	08:45
81	2304	Jorge Queirós	Not Run Alone	Senior Masculino	01:45:18	+50:29	08:46
82	2244	jorge teixeira	Individual	Senior Masculino	01:45:58	+51:09	08:50
83	2388	Carlos Costa	Solmaia Runners	Senior Masculino	01:46:34	+51:45	08:53
84	2250	Manuel Moura	Individual	Senior Masculino	01:47:10	+52:21	08:56
85	2325	Jorge Sousa	Proactive Bike Team	Senior Masculino	01:48:03	+53:14	09:00
86	2222	antonino jose dias de castro pereira	Individual	Senior Masculino	01:48:27	+53:38	09:02
87	2393	Miguel Moreira	Solmaia Runners	Senior Masculino	01:48:42	+53:53	09:04
88	2044	José Vitor Gama	Bicafé	Senior Masculino	01:48:44	+53:55	09:04
89	2389	João Carvalho	Solmaia Runners	Senior Masculino	01:49:01	+54:12	09:05
90	2239	João Pedro Mota Rodrigues	Individual	Senior Masculino	01:49:53	+55:04	09:09
91	1470	Nelson Castro	Individual	Senior Masculino	01:50:33	+55:44	09:13
92	2353	Miguel Meleiro	Run4all	Senior Masculino	01:50:36	+55:47	09:13
93	2275	RUI SOUSA	Individual	Senior Masculino	01:51:39	+56:50	09:18
94	2108	Pedro Gonçalves	GONDOMAR FUTSAL CLUBE	Senior Masculino	01:51:51	+57:02	09:19
95	2107	António José Queiroz	GONDOMAR FUTSAL CLUBE	Senior Masculino	01:53:40	+58:51	09:28
96	2354	TIAGO ALBERTO SOUSA	Run4all	Senior Masculino	01:53:52	+59:03	09:29
97	2449	José Carlos Teixeira Soares	Individual	Senior Masculino	01:53:58	+59:09	09:30
98	2009	Carla Sousa	All About	Senior Masculino	01:54:09	+59:20	09:31
99	1780	Pedro Azenha	Individual	Senior Masculino	01:54:27	+59:38	09:32
100	1009	Luis Filipe Santos Silva	ALL- TITUDES TRAIL TEAM	Senior Masculino	01:55:35	+01:00:46	09:38
101	1006	Bruno Daniel Rocha Monteiro	ALL- TITUDES TRAIL TEAM	Senior Masculino	01:55:35	+01:00:46	09:38
102	2245	José Carlos Teixeira Soares	Individual	Senior Masculino	01:56:51	+01:02:02	09:44
103	2390	Luis Ascenção	Solmaia Runners	Senior Masculino	01:58:05	+01:03:16	09:50

Official Timekeeper: Lap2Go	8 / 10	generate 17-mar-2015 22:38
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