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**17 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
357	2232	Juliana Moreira de Sá	individual	Senior Feminino	03:29:34	+01:56:12	12:20
358	2409	Maria Fátima Vieira da Costa	individual	Veterana F40	03:30:00	+01:56:38	12:21
359	2380	Carla Leal	individual	Senior Feminino	03:30:10	+01:56:48	12:22
360	2196	António Queiroz	gondomar futsal clube	Veterano M50	03:30:13	+01:56:51	12:22
361	2561	VALDEMAR SILVA	individual	Veterano M50	03:30:14	+01:56:52	12:22
362	2165	Bruno Ferreira	individual	Senior Masculino	03:31:01	+01:57:39	12:25
363	2164	Luciana Aguiar	individual	Senior Feminino	03:31:01	+01:57:39	12:25
364	2556	miguel pereira	uma vez perdi-me no monte	Senior Masculino	03:31:15	+01:57:53	12:26
365	2254	Ana Paula F. O. Alves	zumbásticas	Veterana F40	03:31:16	+01:57:54	12:26
366	2210	Isabel Pinto	eu+ ginásio - lma	Junior Feminino	03:31:19	+01:57:57	12:26
367	2011	Bruno Sousa	ffit gaia trail	Senior Masculino	03:31:38	+01:58:16	12:27
368	2555	carla santos	uma vez perdi-me no monte	Senior Feminino	03:31:49	+01:58:27	12:28
369	2148	ZARA SILVA	portocargo	Senior Feminino	03:31:52	+01:58:30	12:28
370	2521	Sonia Marina Rocha Gonçalves	lagaresport	Senior Feminino	03:32:11	+01:58:49	12:29
371	2529	luis Ribeiro	individual	Senior Masculino	03:32:32	+01:59:10	12:30
372	2294	Susana Teixeira	family pinto	Senior Feminino	03:32:33	+01:59:11	12:30
373	2106	Pedro Alves	serviço urgência & friends	Senior Masculino	03:32:35	+01:59:13	12:30
374	2069	Manuel Pereira	amigos d'betão	Senior Masculino	03:33:30	+02:00:08	12:34
375	2055	Vera Lúcia Pinto de Sousa	individual	Senior Feminino	03:33:31	+02:00:09	12:34
376	2259	Jorge Filipe Regadas Moreira	foge foge bandido	Senior Masculino	03:33:31	+02:00:09	12:34
377	2341	Fernanda Maria Esteves Moreira Costa	individual	Veterana F50	03:33:59	+02:00:37	12:35
378	2079	branca maria oliveira marques	individual	Veterana F50	03:34:00	+02:00:38	12:35
379	2440	Lénio Fernando Nogueira Marinho	jobrinde-montes saloios	Veterano M50	03:34:40	+02:01:18	12:38
380	2017	Nuno Miguel Fonseca Ferreira	individual	Senior Masculino	03:34:46	+02:01:24	12:38
381	2375	Elvira Maria Ribeiro Almeida de Lima	beat your limit (byl)	Veterano M40	03:34:56	+02:01:34	12:39
382	1066	Miguel Angelo Rodrigues Pinto de Faria	individual	Veterano M40	03:35:00	+02:01:38	12:39
383	1032	Sérgio Carvalho	"os turbomula" d.o.c.	Veterano M40	03:35:00	+02:01:38	12:39
384	2610	marcia lopes	individual	Senior Feminino	03:35:33	+02:02:11	12:41
385	1318	Diogo Jorge Oliveira Ramalhao	individual	Senior Masculino	03:35:34	+02:02:12	12:41
386	2088	André Gomes	lusos xxi	Senior Masculino	03:35:51	+02:02:29	12:42
387	2174	Miguel Moreira	solmaia runners	Senior Masculino	03:36:27	+02:03:05	12:44
388	2172	Teresa Pinto	solmaia runners	Senior Masculino	03:36:27	+02:03:05	12:44
389	2468	Frederico Teixeira	vaindo	Senior Masculino	03:36:33	+02:03:11	12:44
390	2528	Miguel Pinto	individual	Veterano M40	03:37:41	+02:04:19	12:48
391	2118	Marcia Cristina Oliveira	ffit gaia trail	Veterana F40	03:38:27	+02:05:05	12:51
392	2600	Maria de Lurdes da Costa Rosendo Loureiro	individual	Senior Feminino	03:39:39	+02:06:17	12:55
393	2601	Ivo Joaquim Leal Loureiro	individual	Senior Masculino	03:39:40	+02:06:18	12:55
394	2275	SALETTE SILVA	nocturnos paredes	Veterana F40	03:39:45	+02:06:23	12:56
395	2049	Rosa Mendonça	funky runners	Senior Feminino	03:39:59	+02:06:37	12:56
396	2040	Claudia Coelho	funky runners	Senior Feminino	03:40:00	+02:06:38	12:56
397	2255	Mónica Alexandra de Barros Magalhães	zumbásticas	Senior Feminino	03:40:10	+02:06:48	12:57
398	2360	Vera Alexandra Oliveira Silva	ffit gaia trail	Senior Feminino	03:40:14	+02:06:52	12:57

TRAIL CURTO 17K

17 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
399	2414	ERMESINDA CARVALHO	prestigio	Veterana F40	03:40:24	+02:07:02	12:58
400	2263	Manuel Jorge Coelho Moreira	foge foge bandido	Veterano M50	03:40:46	+02:07:24	12:59
401	2261	Ana Cristina Regadas Moreira	foge foge bandido	Senior Feminino	03:40:46	+02:07:24	12:59
402	2093	Sandra Rocha	individual	Senior Feminino	03:40:53	+02:07:31	13:00
403	2605	Patricio Carvalho	calheiros runners	Senior Masculino	03:40:58	+02:07:36	13:00
404	2282	RITA FERREIRA	nocturnos paredes	Senior Feminino	03:41:12	+02:07:50	13:01
405	2283	MARIA JESUS	nocturnos paredes	Veterana F40	03:41:12	+02:07:50	13:01
406	2349	Altino Gomes Nobre	os dezavergonhados	Senior Masculino	03:41:33	+02:08:11	13:02
407	2025	Cristiana Filipa Bessa	individual	Senior Feminino	03:41:43	+02:08:21	13:03
408	2562	Ana Elisa Sousa	individual	Senior Feminino	03:41:43	+02:08:21	13:03
409	2193	João Barbosa	os lobos da alsácia	Senior Masculino	03:42:15	+02:08:53	13:04
410	1110	Ana Ferreira	individual	Senior Feminino	03:42:24	+02:09:02	13:05
411	2306	Isabel Maria Sousa Moreira	tartaruga genial	Senior Feminino	03:42:58	+02:09:36	13:07
412	2345	Cátia Patricia Silva Oliveira	individual	Senior Feminino	03:43:02	+02:09:40	13:07
413	2397	ivone nunes	individual	Senior Feminino	03:43:02	+02:09:40	13:07
414	2318	Alexandra Barradas	individual	Veterana F40	03:43:18	+02:09:56	13:08
415	2004	Sara Pereira	ffit gaia trail	Senior Feminino	03:44:01	+02:10:39	13:11
416	2068	Andreia Ferreira	amigos d'betão	Senior Feminino	03:44:07	+02:10:45	13:11
417	2455	Paulo André Soares Martins	goblin	Senior Masculino	03:44:45	+02:11:23	13:13
418	2484	Luis Filipe de Castro Moutinho	individual	Veterano M40	03:44:48	+02:11:26	13:13
419	2546	Marta Sofia Ferreira Alves	not run alone	Senior Feminino	03:45:54	+02:12:32	13:17
420	2547	Cristina Rodrigues Lopes	not run alone	Senior Feminino	03:45:54	+02:12:32	13:17
421	2056	José Carlos Teixeira Soares	individual	Veterano M40	03:46:25	+02:13:03	13:19
422	2023	Nuno Pires	lusos xxi	Senior Masculino	03:47:38	+02:14:16	13:23
423	2441	Nuno Henrique Morais da Silva Ferreira	individual	Veterano M40	03:48:09	+02:14:47	13:25
424	2464	Liliana Paula Vieira Couto Costa	individual	Senior Feminino	03:48:32	+02:15:10	13:27
425	2071	Marlene Duarte	amigos d'betão	Senior Feminino	03:49:19	+02:15:57	13:29
426	2070	Roberto Baltarejo	amigos d'betão	Senior Masculino	03:49:41	+02:16:19	13:31
427	2067	Raul Silva	amigos d'betão	Senior Masculino	03:49:41	+02:16:19	13:31
428	2066	Mónica Pereira	amigos d'betão	Senior Feminino	03:49:41	+02:16:19	13:31
429	2553	Helena Lobão	shots international runners	Senior Feminino	03:49:43	+02:16:21	13:31
430	2138	Marta Soares	touquenemosso	Senior Feminino	03:49:43	+02:16:21	13:31
431	2241	Emanuel Nunes	family pinto	Senior Masculino	03:50:43	+02:17:21	13:34
432	2248	Isa Pinto	family pinto	Senior Feminino	03:50:43	+02:17:21	13:34
433	2252	mafalda ferreira Alves	zumbásticas	Senior Feminino	03:50:48	+02:17:26	13:35
434	2253	Estela Marisa Ferreira Oliveira	zumbásticas	Senior Feminino	03:50:48	+02:17:26	13:35
435	2213	Sílvia Maia	individual	Senior Feminino	03:50:51	+02:17:29	13:35
436	2427	Celina Tomás	individual	Senior Feminino	03:51:06	+02:17:44	13:36
437	2054	PATRÍCIA SANTOS	factor x	Senior Feminino	03:51:12	+02:17:50	13:36
438	2018	BARBARA BARBOSA	individual	Senior Feminino	03:51:14	+02:17:52	13:36
439	2019	Mafalda Andrade	individual	Senior Feminino	03:51:14	+02:17:52	13:36
440	2550	Anabela Soares de Almeida	eu+ ginásio - lma	Senior Feminino	03:51:24	+02:18:02	13:37
441	2541	Agostinho Nogueira Brito	individual	Veterano M50	03:51:34	+02:18:12	13:37
442	2080	MANUELA AZEVEDO	individual	Senior Feminino	03:52:25	+02:19:03	13:40
443	2398	Carlos Trigo	individual	Senior Masculino	03:53:30	+02:20:08	13:44

**TRAIL CURTO 17K**

**17 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
444	2216	Maria Alzira Ferreira da Silva	individual	Veterana F40	03:54:09	+02:20:47	13:46
445	2082	GUILHERMINA ROCHA	lagaresport	Veterana F50	03:54:19	+02:20:57	13:47
446	2231	Pituxa Marques	funky runners	Senior Feminino	03:54:23	+02:21:01	13:47
447	2504	Pedro Teixeira	tranquilidade	Senior Masculino	03:55:22	+02:22:00	13:51
448	2211	ANA SOUSA	factor x	Veterana F40	03:56:41	+02:23:19	13:55
449	2217	Celeste Lopes	individual	Senior Feminino	03:56:54	+02:23:32	13:56
450	2157	PATRICIA MAGALHÃES	run4all	Senior Feminino	03:56:55	+02:23:33	13:56
451	2154	ANA ARRISCADO	run4all	Senior Feminino	03:56:55	+02:23:33	13:56
452	2159	SANDRA TEIXEIRA	run4all	Senior Feminino	03:56:55	+02:23:33	13:56
453	2030	Ricardo Lobo	tranquilidade	Senior Masculino	03:57:54	+02:24:32	14:00
454	2505	Rui Lobo	tranquilidade	Senior Masculino	03:57:54	+02:24:32	14:00
455	2503	Helder José Marinho Teixeira	nós acreditamos	Senior Masculino	03:58:46	+02:25:24	14:03
456	2497	Ana Fernanda Medeiros Rodrigues	nós acreditamos	Senior Feminino	03:58:46	+02:25:24	14:03
457	2557	rute gomes	uma vez perdi-me no monte	Senior Feminino	04:01:02	+02:27:40	14:11
458	2092	Carlos Alberto Pinto Pereira	individual	Senior Masculino	04:01:29	+02:28:07	14:12
459	2291	Constantino Pinto Nunes	ffit gaia trail	Veterano M50	04:01:42	+02:28:20	14:13
460	2246	Tiago Carneiro	family pinto	Senior Masculino	04:01:53	+02:28:31	14:14
461	2116	Carina Goncalves Ferreira	individual	Junior Feminino	04:02:08	+02:28:46	14:15
462	2243	Nuno Pinto	family pinto	Senior Masculino	04:02:10	+02:28:48	14:15
463	2218	Álvaro Ribeiro	individual	Senior Masculino	04:02:22	+02:29:00	14:15
464	2326	Sandra Dias	pernetas	Veterana F40	04:03:48	+02:30:26	14:20
465	2487	Lisa Maria de Oliveira Volta Rocha Pereira	pernetas	Senior Feminino	04:03:48	+02:30:26	14:20
466	2402	Ricardo Monteiro	individual	Senior Masculino	04:03:49	+02:30:27	14:21
467	2198	Elva Bonifacio Andrade	eu+ ginásio - lma	Senior Feminino	04:04:25	+02:31:03	14:23
468	2234	Begoña Pérez	eu+ ginásio - lma	Senior Feminino	04:04:26	+02:31:04	14:23
469	2168	Dulce Moreda	gd4caminhos	Veterana F40	04:07:21	+02:33:59	14:33
470	2359	Carla Frasco	individual	Senior Feminino	04:08:25	+02:35:03	14:37
471	2421	Carla Isabel Vieira	jc team trail	Senior Feminino	04:08:47	+02:35:25	14:38
472	2524	Joana Maria Cardoso Leite	individual	Senior Feminino	04:09:00	+02:35:38	14:39
473	2525	Carlos Fernando Sobreiras Teixeira	individual	Senior Masculino	04:09:00	+02:35:38	14:39
474	2267	Patricia Barbosa	os marretas	Senior Feminino	04:09:20	+02:35:58	14:40
475	2266	Marco Santos	os marretas	Senior Masculino	04:09:20	+02:35:58	14:40
476	2151	Ana Rita Nogueira Coelho	individual	Senior Feminino	04:09:55	+02:36:33	14:42
477	2184	Ana Isabel Oliveira Dias	individual	Senior Feminino	04:09:56	+02:36:34	14:42
478	2423	Telma Rocha	goncalves trail	Senior Feminino	04:09:56	+02:36:34	14:42
479	2379	mara freitas	os rotinhos	Senior Feminino	04:10:14	+02:36:52	14:43
480	2378	bruno fonseca	os rotinhos	Senior Masculino	04:10:15	+02:36:53	14:43
481	2200	Carla Costa	eu+ ginásio - lma	Senior Feminino	04:10:27	+02:37:05	14:44
482	2289	Tania Rebelo	individual	Senior Feminino	04:13:23	+02:40:01	14:54
483	2457	Sérgio Pereira	goblin	Senior Masculino	04:14:22	+02:41:00	14:58
484	2456	Renata Silva	goblin	Senior Feminino	04:14:23	+02:41:01	14:58
485	2176	Carla Morais	solmaia runners	Veterana F40	04:14:45	+02:41:23	14:59
486	2327	Tânia Santos	c.c.d.t.c.m.gondomar	Senior Feminino	04:16:05	+02:42:43	15:04
487	2037	CARLOS PAIVA	individual	Veterano M50	04:16:38	+02:43:16	15:06
488	2175	Ana Silva	solmaia runners	Veterana F40	04:17:45	+02:44:23	15:10

**TRAIL CURTO 17K**

**17 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
489	2120	Jose Jose Luis Aranha da Costa Ferreira	ffit gaia trail	Veterano M50	04:17:45	+02:44:23	15:10
490	2385	Susana Cambey	individual	Senior Feminino	04:18:30	+02:45:08	15:12
491	2136	Vânia Sousa	t&e	Senior Feminino	04:19:46	+02:46:24	15:17
492	2567	Liliana Campos	individual	Veterana F40	04:19:46	+02:46:24	15:17
493	2566	Miguel Paredes	individual	Senior Masculino	04:19:46	+02:46:24	15:17
494	2135	Vânia Faria	t&e	Senior Feminino	04:19:46	+02:46:24	15:17
495	2137	Sara Pinheiro	t&e	Senior Feminino	04:19:46	+02:46:24	15:17
496	2102	Silvia Martins Viana	serviço urgência & friends	Senior Feminino	04:24:46	+02:51:24	15:34
497	2104	Patrícia Antunes	serviço urgência & friends	Senior Feminino	04:24:47	+02:51:25	15:35
498	2105	Olinda vieira	serviço urgência & friends	Veterana F40	04:24:47	+02:51:25	15:35
499	2208	Maria João Fernandes	eu+ ginásio - lma	Senior Feminino	04:25:31	+02:52:09	15:37
500	2265	Rita Fernandes	eu+ ginásio - lma	Senior Feminino	04:25:32	+02:52:10	15:37
501	2264	Celso Amorim	eu+ ginásio - lma	Senior Masculino	04:25:32	+02:52:10	15:37
502	2548	Ana Abreu	eu+ ginásio - lma	Senior Feminino	04:25:32	+02:52:10	15:37
503	2422	Carla Teixeira	gonçalves trail	Senior Feminino	04:25:55	+02:52:33	15:39
504	2424	Vania Gonçalves	gonçalves trail	Senior Feminino	04:25:55	+02:52:33	15:39
505	2112	Raul Cunha	cunhax	Veterano M40	04:26:07	+02:52:45	15:39
506	2467	Rafael Gomes Pacheco	individual	Senior Masculino	04:26:39	+02:53:17	15:41
507	2466	Maria de Fátima de Sousa Ribeiro	individual	Senior Feminino	04:26:39	+02:53:17	15:41
508	2199	Catarina Preto	eu+ ginásio - lma	Junior Feminino	04:28:00	+02:54:38	15:46
509	2587	Cristina Gonçalves	falta muito?	Senior Feminino	04:30:41	+02:57:19	15:55
510	2382	Ana Sofia Felix da Silva Durães	sai da frente	Senior Feminino	04:30:54	+02:57:32	15:56
511	2381	Emanuel Fernando de Oliveira Durães	sai da frente	Veterano M40	04:30:54	+02:57:32	15:56
512	2485	ana maria peixoto oliveira dias	individual	Veterana F40	04:30:55	+02:57:33	15:56
513	2383	Carla Fernanda dos Santos Nunes	sai da frente	Senior Feminino	04:30:56	+02:57:34	15:56
514	2384	Carlos Valdemar Rodrigues Carvalho	sai da frente	Senior Masculino	04:30:57	+02:57:35	15:56
515	2588	Sandra Pereira	falta muito?	Veterana F40	04:31:06	+02:57:44	15:57
516	2336	António Fernando Lopes Soares	calheiros runners	Senior Masculino	04:37:18	+03:03:56	16:19
517	2526	José Fernandes de Sousa	individual	Veterano M40	04:37:19	+03:03:57	16:19
518	2443	bruno miguel silva pereira	individual	Senior Masculino	04:37:20	+03:03:58	16:19
519	2515	Rui Tiago Moreira das Neves	+50	Senior Masculino	04:41:19	+03:07:57	16:33
520	2559	Pedro Borges	individual	Veterano M40	04:41:19	+03:07:57	16:33
521	1232	ricardo alves	tool	Senior Masculino	04:45:19	+03:11:57	16:47
522	1231	marta pinheiro	tool	Senior Feminino	04:45:19	+03:11:57	16:47
523	2202	Cristiana Cardoso	eu+ ginásio - lma	Senior Feminino	04:56:04	+03:22:42	17:25
524	2201	Cristina Magalhães	eu+ ginásio - lma	Senior Feminino	04:56:07	+03:22:45	17:25
525	2340	Ana Margarida Meireles	star run	Senior Feminino	05:01:07	+03:27:45	17:43
526	2338	Susana Cristina Nunes	star run	Senior Feminino	05:01:07	+03:27:45	17:43
527	2339	Cidália Alexandra Barros	star run	Senior Feminino	05:01:07	+03:27:45	17:43
528	2035	Ângela Maria Oliveira da Fonseca e Silva	tranquilidade	Senior Feminino	05:07:53	+03:34:31	18:07
529	2128	Sara Andrade	individual	Senior Feminino	05:07:54	+03:34:32	18:07
530	2127	Ana Neves	individual	Senior Feminino	05:07:54	+03:34:32	18:07
531	2230	Susana Reis	funky runners	Veterana F40	05:13:31	+03:40:09	18:27



## Trail Curto 17K

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:30	12,5°C	74,1%
End	14:44	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
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### Junior Feminino

1	2447	Bebiana Felicia Ferreira Alves	Individual	Junior Feminino	03:16:06		
2	2210	Isabel Pinto	Eu+ Ginásio - LMA	Junior Feminino	03:31:19	+15:13	12:26
3	2116	Carina Goncalves Ferreira	Individual	Junior Feminino	04:02:08	+46:02	14:15
4	2199	Catarina Preto	Eu+ Ginásio - LMA	Junior Feminino	04:28:00	+01:11:54	15:46

### Junior Masculino

1	2146	Bruno Silva	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Junior Masculino	01:34:34		05:34
2	2535	renato barros coelho	Trail dos Moinhos capela	Junior Masculino	01:47:10	+12:36	06:18
3	2534	rui filipe coelho rodrigues	Trail dos Moinhos Capela	Junior Masculino	01:53:53	+19:19	06:42
4	2226	Pedro Emanuel Ferreira de Sousa	Individual	Junior Masculino	02:12:37	+38:03	07:48
5	2473	nuno mota	AIRORUN	Junior Masculino	02:13:27	+38:53	07:51
6	2027	Tiago Caetano	LUSOS XXI	Junior Masculino	02:30:59	+56:25	08:53
7	2026	André Botas	LUSOS XXI	Junior Masculino	02:36:30	+01:01:56	09:12
8	2530	Daniel Jose barros silva	Trail dos Moinhos Capela	Junior Masculino	02:40:35	+01:06:01	09:27
9	2445	Luis Joaquim Ferreira Alves	Individual	Junior Masculino	02:43:34	+01:09:00	09:37

### Senior Feminino

1	2002	Maria Isabel Areias	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Feminino	01:49:24		06:26
2	2250	Eva Cristiana Monteiro Coelho	Moinhos Run	Senior Feminino	02:06:07	+16:43	07:25
3	2531	monica isabel vieira coelho	Trail dos Moinhos Capela	Senior Feminino	02:11:11	+21:47	07:43
4	2119	Catarina Oliveira	FFit Gaia Trail	Senior Feminino	02:13:16	+23:52	07:50
5	2513	Madalena Casaca	+50	Senior Feminino	02:15:16	+25:52	07:57
6	2140	Andreia Barbosa	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Feminino	02:28:11	+38:47	08:43
7	2356	Joana Azevedo	Individual	Senior Feminino	02:30:24	+41:00	08:51
8	2144	Joana Gonçalves	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Feminino	02:33:51	+44:27	09:03
9	2343	Carla Freitas	Individual	Senior Feminino	02:35:53	+46:29	09:10
10	2328	Cristina Alexandra Barbosa Couto	Tecla 3 Runners	Senior Feminino	02:35:57	+46:33	09:10
11	2139	Rosa Pereira	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Feminino	02:36:35	+47:11	09:13
12	2251	Cláudia Patricia Silva Moreira	Moinhos Run	Senior Feminino	02:36:41	+47:17	09:13
13	2258	Carla Inês Silva Moreira	Moinhos Run	Senior Feminino	02:38:38	+49:14	09:20
14	2500	Sandra Benardete Fernandes	Individual	Senior Feminino	02:39:25	+50:01	09:23
15	2551	Cláudia Isabel Oliveira Lopes	Individual	Senior Feminino	02:39:53	+50:29	09:24
16	2354	Ana Rocha	Individual	Senior Feminino	02:43:00	+53:36	09:35

Official Timekeeper: Lap2Go	1 / 13	generate 19-abr-2015 17:43
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## Trail Curto 17K

## 17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

17	2581	Susana costa	Individual	Senior Feminino	02:43:50	+54:26	09:38
18	2471	Joana Coelho	Individual	Senior Feminino	02:43:57	+54:33	09:39
19	2344	Ana Carvalho	Individual	Senior Feminino	02:43:58	+54:34	09:39
20	2582	Ana Isabel Martins Oliveira	Individual	Senior Feminino	02:48:49	+59:25	09:56
21	2363	Angela Cardoso	Individual	Senior Feminino	02:49:21	+59:57	09:58
22	2482	Veronica Almeida	Individual	Senior Feminino	02:49:22	+59:58	09:58
23	2331	Andreia Patricia Martins Pacheco	Tecla 3 Runners	Senior Feminino	02:49:36	+01:00:12	09:59
24	2034	Rita Araújo	Individual	Senior Feminino	02:55:19	+01:05:55	10:19
25	2371	Liliana Costa	Pe de Chumbo	Senior Feminino	02:55:30	+01:06:06	10:19
26	2099	Joana Chaves Rebelo	Clube do Pessoal EDP - Delegação de Gaia	Senior Feminino	02:55:52	+01:06:28	10:21
27	2098	Rita Chaves Rebelo	Clube do Pessoal EDP - Delegação de Gaia	Senior Feminino	02:55:52	+01:06:28	10:21
28	2599	claudia filipa da silva pacheco e souza	Individual	Senior Feminino	02:56:06	+01:06:42	10:22
29	2461	Estela Moraes	Individual	Senior Feminino	02:56:28	+01:07:04	10:23
30	2244	Aldina Pires	Family Pinto	Senior Feminino	02:57:01	+01:07:37	10:25
31	2242	Daniela Pinto	Family Pinto	Senior Feminino	02:57:02	+01:07:38	10:25
32	2245	Alda Rocha	Family Pinto	Senior Feminino	02:57:02	+01:07:38	10:25
33	2276	RAQUEL RIBEIRO	NOCTURNOS PAREDES	Senior Feminino	02:58:15	+01:08:51	10:29
34	2006	Raquel Costa	LUSOS XXI	Senior Feminino	03:00:01	+01:10:37	10:35
35	2431	Marisa Sousa	"Os TurboMula" D.O.C.	Senior Feminino	03:00:05	+01:10:41	10:36
36	2271	Sónia Dulcineia Silveira Magalhães Moreira	Dr Merino Clínica Médica	Senior Feminino	03:01:15	+01:11:51	10:40
37	2249	Isabel Pinto	Solmaia Runners	Senior Feminino	03:01:36	+01:12:12	10:41
38	2451	Raquel Paiva	Corrida de pernas pro ar	Senior Feminino	03:03:47	+01:14:23	10:49
39	2412	Sónia Madureira	Trocopasso Runners	Senior Feminino	03:03:59	+01:14:35	10:49
40	2031	Bruna Nunes	GymRecarei	Senior Feminino	03:04:54	+01:15:30	10:53
41	2270	Marta Isabel Sousa	Clube Vodafone	Senior Feminino	03:05:28	+01:16:04	10:55
42	2178	Rita Maria Rangel Barbosa Pereira	LagareSport	Senior Feminino	03:06:03	+01:16:39	10:57
43	2153	IOLANDA BABO	Run4all	Senior Feminino	03:07:20	+01:17:56	11:01
44	2602	Alberta Rodrigues	Smiling Runners	Senior Feminino	03:07:59	+01:18:35	11:03
45	2603	Carla Rocha	Smiling Runners	Senior Feminino	03:08:00	+01:18:36	11:04
46	2298	Débora Vilas Boas	Individual	Senior Feminino	03:08:21	+01:18:57	11:05
47	2444	Anabela Henriques Barata	Individual	Senior Feminino	03:09:11	+01:19:47	11:08
48	2416	Marta Mota	"Os TurboMula" D.O.C.	Senior Feminino	03:09:27	+01:20:03	11:09
49	2334	Susana Braga	Individual	Senior Feminino	03:09:28	+01:20:04	11:09
50	2206	Liliana	Individual	Senior Feminino	03:10:24	+01:21:00	11:12
51	2305	Inês Catarina Sousa Rocha	Tartaruga Genial	Senior Feminino	03:11:51	+01:22:27	11:17
52	2047	FILIPA RAQUEL MOREIRA PINTO	Individual	Senior Feminino	03:13:08	+01:23:44	11:22
53	2322	Renata Daniela Azevedo Martins	Individual	Senior Feminino	03:13:23	+01:23:59	11:23
54	2272	Liliana Augusta da Rocha Gomes	Dr Merino Clínica Médica	Senior Feminino	03:15:05	+01:25:41	11:29
55	2498	Ana Irene Marinho Moura	Nós Acreditamos	Senior Feminino	03:15:11	+01:25:47	11:29
56	2386	Adélia Ferreira Bernardino	FFit Gaia Trail	Senior Feminino	03:15:54	+01:26:30	11:31
57	2131	Liliana Maria Cardoso	FFit Gaia Trail	Senior Feminino	03:15:55	+01:26:31	11:31
58	2299	mónica vilas boas	Individual	Senior Feminino	03:15:55	+01:26:31	11:31
59	2281	EVA MOREIRA	NOCTURNOS PAREDES	Senior Feminino	03:16:18	+01:26:54	11:33
60	2452	Simone Paiva	Corrida de pernas pro ar	Senior Feminino	03:17:16	+01:27:52	11:36

**Trail Curto 17K**
**17 KM**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
**OFFICIAL RESULT**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

61	2459	Elisabete Silva	Goblin	Senior Feminino	03:18:05	+01:28:41	11:39
62	2458	Liliana Almeida	Goblin	Senior Feminino	03:18:10	+01:28:46	11:39
63	2239	Juliana Coelho Moreira	Tartaruga Genial	Senior Feminino	03:19:42	+01:30:18	11:45
64	2565	Elke Kaat	Individual	Senior Feminino	03:22:20	+01:32:56	11:54
65	2324	CarlaVerónica Fontão Teixeira	Individual	Senior Feminino	03:22:35	+01:33:11	11:55
66	2502	Elsa Costa	Individual	Senior Feminino	03:23:32	+01:34:08	11:58
67	2158	RITA CERQUEIRA	Run4all	Senior Feminino	03:24:13	+01:34:49	12:01
68	2569	Marta de Oliveira Pinheiro	Individual	Senior Feminino	03:24:15	+01:34:51	12:01
69	2319	Paula Figueiredo	"Os TurboMula" D.O.C.	Senior Feminino	03:25:06	+01:35:42	12:04
70	2161	SARA RIBEIRO	Run4all	Senior Feminino	03:27:29	+01:38:05	12:12
71	2042	Cláudia Leitão	Individual	Senior Feminino	03:28:00	+01:38:36	12:14
72	2573	Rosa Araujo	Fardetas	Senior Feminino	03:28:15	+01:38:51	12:15
73	2571	Silvia Castelo	Fardetas	Senior Feminino	03:28:15	+01:38:51	12:15
74	2187	Carla Carvalho	Individual	Senior Feminino	03:28:28	+01:39:04	12:16
75	2232	Juliana Moreira de Sá	Individual	Senior Feminino	03:29:34	+01:40:10	12:20
76	2380	Carla Leal	Individual	Senior Feminino	03:30:10	+01:40:46	12:22
77	2164	Luciana Aguiar	Individual	Senior Feminino	03:31:01	+01:41:37	12:25
78	2555	carla santos	Uma Vez Perdi-me no Monte	Senior Feminino	03:31:49	+01:42:25	12:28
79	2148	ZARA SILVA	PORTOCARGO	Senior Feminino	03:31:52	+01:42:28	12:28
80	2521	Sonia Marina Rocha Gonçalves	LagareSport	Senior Feminino	03:32:11	+01:42:47	12:29
81	2294	Susana Teixeira	Family Pinto	Senior Feminino	03:32:33	+01:43:09	12:30
82	2055	Vera Lúcia Pinto de Sousa	Individual	Senior Feminino	03:33:31	+01:44:07	12:34
83	2610	marcia lopes	Individual	Senior Feminino	03:35:33	+01:46:09	12:41
84	2600	Maria de Lurdes da Costa Rosendo Loureiro	Individual	Senior Feminino	03:39:39	+01:50:15	12:55
85	2049	Rosa Mendonça	Funky Runners	Senior Feminino	03:39:59	+01:50:35	12:56
86	2040	Claudia Coelho	Funky Runners	Senior Feminino	03:40:00	+01:50:36	12:56
87	2255	Mónica Alexandra de Barros Magalhães	zumbásticas	Senior Feminino	03:40:10	+01:50:46	12:57
88	2360	Vera Alexandra Oliveira Silva	FFit Gaia Trail	Senior Feminino	03:40:14	+01:50:50	12:57
89	2261	Ana Cristina Regadas Moreira	Foge Foge Bandido	Senior Feminino	03:40:46	+01:51:22	12:59
90	2093	Sandra Rocha	Individual	Senior Feminino	03:40:53	+01:51:29	13:00
91	2282	RITA FERREIRA	NOCTURNOS PAREDES	Senior Feminino	03:41:12	+01:51:48	13:01
92	2025	Cristiana Filipa Bessa	Individual	Senior Feminino	03:41:43	+01:52:19	13:03
93	2562	Ana Elisa Sousa	Individual	Senior Feminino	03:41:43	+01:52:19	13:03
94	1110	Ana Ferreira	Individual	Senior Feminino	03:42:24	+01:53:00	13:05
95	2306	Isabel Maria Sousa Moreira	Tartaruga Genial	Senior Feminino	03:42:58	+01:53:34	13:07
96	2345	Cátia Patricia Silva Oliveira	Individual	Senior Feminino	03:43:02	+01:53:38	13:07
97	2397	ivone nunes	Individual	Senior Feminino	03:43:02	+01:53:38	13:07
98	2004	Sara Pereira	FFit Gaia Trail	Senior Feminino	03:44:01	+01:54:37	13:11
99	2068	Andreia Ferreira	Amigos d´Betão	Senior Feminino	03:44:07	+01:54:43	13:11
100	2546	Marta Sofia Ferreira Alves	Not Run Alone	Senior Feminino	03:45:54	+01:56:30	13:17
101	2547	Cristina Rodrigues Lopes	Not Run Alone	Senior Feminino	03:45:54	+01:56:30	13:17
102	2464	Liliana Paula Vieira Couto Costa	Individual	Senior Feminino	03:48:32	+01:59:08	13:27
103	2071	Marlene Duarte	Amigos d´Betão	Senior Feminino	03:49:19	+01:59:55	13:29
104	2066	Mónica Pereira	Amigos d´Betão	Senior Feminino	03:49:41	+02:00:17	13:31
105	2553	Helena Lobão	Shots International Runners	Senior Feminino	03:49:43	+02:00:19	13:31
106	2138	Marta Soares	TOUQUENEMOSSO	Senior Feminino	03:49:43	+02:00:19	13:31

Official Timekeeper: Lap2Go	3 / 13	generate 19-abr-2015 17:43
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Trail Curto 17K

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

107	2248	Isa Pinto	Family Pinto	Senior Feminino	03:50:43	+02:01:19	13:34
108	2252	mafalda ferreira Alves	zumbásticas	Senior Feminino	03:50:48	+02:01:24	13:35
109	2253	Estela Marisa Ferreira Oliveira	zumbásticas	Senior Feminino	03:50:48	+02:01:24	13:35
110	2213	Sílvia Maia	Individual	Senior Feminino	03:50:51	+02:01:27	13:35
111	2427	Celina Tomás	Individual	Senior Feminino	03:51:06	+02:01:42	13:36
112	2054	PATRÍCIA SANTOS	Factor X	Senior Feminino	03:51:12	+02:01:48	13:36
113	2018	BARBARA BARBOSA	Individual	Senior Feminino	03:51:14	+02:01:50	13:36
114	2019	Mafalda Andrade	Individual	Senior Feminino	03:51:14	+02:01:50	13:36
115	2550	Anabela Soares de Almeida	Eu+ Ginásio - LMA	Senior Feminino	03:51:24	+02:02:00	13:37
116	2080	MANUELA AZEVEDO	Individual	Senior Feminino	03:52:25	+02:03:01	13:40
117	2231	Pituxa Marques	Funky Runners	Senior Feminino	03:54:23	+02:04:59	13:47
118	2217	Celeste Lopes	Individual	Senior Feminino	03:56:54	+02:07:30	13:56
119	2157	PATRICIA MAGALHÃES	Run4all	Senior Feminino	03:56:55	+02:07:31	13:56
120	2154	ANA ARRISCADO	Run4all	Senior Feminino	03:56:55	+02:07:31	13:56
121	2159	SANDRA TEIXEIRA	Run4all	Senior Feminino	03:56:55	+02:07:31	13:56
122	2497	Ana Fernanda Medeiros Rodrigues	Nós Acreditamos	Senior Feminino	03:58:46	+02:09:22	14:03
123	2557	rute gomes	Uma Vez Perdi-me no Monte	Senior Feminino	04:01:02	+02:11:38	14:11
124	2487	Lisa Maria de Oliveira Volta Rocha Pereira	Pernetas	Senior Feminino	04:03:48	+02:14:24	14:20
125	2198	Elva Bonifacio Andrade	Eu+ Ginásio - LMA	Senior Feminino	04:04:25	+02:15:01	14:23
126	2234	Begoña Pérez	Eu+ Ginásio - LMA	Senior Feminino	04:04:26	+02:15:02	14:23
127	2359	Carla Frasco	Individual	Senior Feminino	04:08:25	+02:19:01	14:37
128	2421	Carla Isabel Vieira	JC Team Trail	Senior Feminino	04:08:47	+02:19:23	14:38
129	2524	Joana Maria Cardoso Leite	Individual	Senior Feminino	04:09:00	+02:19:36	14:39
130	2267	Patricia Barbosa	Os Marretas	Senior Feminino	04:09:20	+02:19:56	14:40
131	2151	Ana Rita Nogueira Coelho	Individual	Senior Feminino	04:09:55	+02:20:31	14:42
132	2184	Ana Isabel Oliveira Dias	Individual	Senior Feminino	04:09:56	+02:20:32	14:42
133	2423	Telma Rocha	Gonçalves Trail	Senior Feminino	04:09:56	+02:20:32	14:42
134	2379	mara Freitas	os rotinhos	Senior Feminino	04:10:14	+02:20:50	14:43
135	2200	Carla Costa	Eu+ Ginásio - LMA	Senior Feminino	04:10:27	+02:21:03	14:44
136	2289	Tania Rebelo	Individual	Senior Feminino	04:13:23	+02:23:59	14:54
137	2456	Renata Silva	Goblin	Senior Feminino	04:14:23	+02:24:59	14:58
138	2327	Tânia Santos	C.C.D.T.C.M.Gondomar	Senior Feminino	04:16:05	+02:26:41	15:04
139	2385	Susana Cambey	Individual	Senior Feminino	04:18:30	+02:29:06	15:12
140	2136	Vânia Sousa	T&E	Senior Feminino	04:19:46	+02:30:22	15:17
141	2135	Vânia Faria	T&E	Senior Feminino	04:19:46	+02:30:22	15:17
142	2137	Sara Pinheiro	T&E	Senior Feminino	04:19:46	+02:30:22	15:17
143	2102	Silvia Martins Viana	Serviço Urgência & Friends	Senior Feminino	04:24:46	+02:35:22	15:34
144	2104	Patricia Antunes	Serviço Urgência & Friends	Senior Feminino	04:24:47	+02:35:23	15:35
145	2208	Maria João Fernandes	Eu+ Ginásio - LMA	Senior Feminino	04:25:31	+02:36:07	15:37
146	2265	Rita Fernandes	Eu+ Ginásio - LMA	Senior Feminino	04:25:32	+02:36:08	15:37
147	2548	Ana Abreu	Eu+ Ginásio - LMA	Senior Feminino	04:25:32	+02:36:08	15:37
148	2422	Carla Teixeira	Gonçalves Trail	Senior Feminino	04:25:55	+02:36:31	15:39
149	2424	Vania Gonçalves	Gonçalves Trail	Senior Feminino	04:25:55	+02:36:31	15:39
150	2466	Maria de Fátima de Sousa Ribeiro	Individual	Senior Feminino	04:26:39	+02:37:15	15:41
151	2587	Cristina Gonçalves	FALTA MUITO?	Senior Feminino	04:30:41	+02:41:17	15:55
152	2382	Ana Sofia Felix da Silva Durães	SAI DA FRENTE	Senior Feminino	04:30:54	+02:41:30	15:56

### Trail Curto 17K

**17 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

153	2383	Carla Fernanda dos Santos Nunes	SAI DA FRENTE	Senior Feminino	04:30:56	+02:41:32	15:56
154	1231	marta pinheiro	tool	Senior Feminino	04:45:19	+02:55:55	16:47
155	2202	Cristiana Cardoso	Eu+ Ginásio - LMA	Senior Feminino	04:56:04	+03:06:40	17:25
156	2201	Cristina Magalhães	Eu+ Ginásio - LMA	Senior Feminino	04:56:07	+03:06:43	17:25
157	2340	Ana Margarida Meireles	Star Run	Senior Feminino	05:01:07	+03:11:43	17:43
158	2338	Susana Cristina Nunes	Star Run	Senior Feminino	05:01:07	+03:11:43	17:43
159	2339	Cidália Alexandra Barros	Star Run	Senior Feminino	05:01:07	+03:11:43	17:43
160	2035	Ângela Maria Oliveira da Fonseca e Silva	Tranquilidade	Senior Feminino	05:07:53	+03:18:29	18:07
161	2128	Sara Andrade	Individual	Senior Feminino	05:07:54	+03:18:30	18:07
162	2127	Ana Neves	Individual	Senior Feminino	05:07:54	+03:18:30	18:07
163	2204	Iolanda Cerqueira	Funky Runners	Senior Feminino	05:13:31	+03:24:07	18:27
164	2205	Carla Gomes	Funky Runners	Senior Feminino	05:13:31	+03:24:07	18:27

### Senior Masculino

1	2001	João Patrício Gonçalves Nogueira	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	01:33:22		05:30
2	2425	Rafael Cruz	MelresTrail Running	Senior Masculino	01:36:04	+02:42	05:39
3	2491	Filipe Carneiro	Individual	Senior Masculino	01:37:21	+03:59	05:44
4	2122	André Nogueira	Individual	Senior Masculino	01:38:05	+04:43	05:46
5	2286	CÉSAR LEÃO	Unidade Especial de Corrida	Senior Masculino	01:38:53	+05:31	05:49
6	2145	Jose Manuel Neto	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	01:41:26	+08:04	05:58
7	2236	ANTONIO PEREIRA	PORTOCARGO	Senior Masculino	01:46:49	+13:27	06:17
8	2450	José Luís Lima de Sousa	Individual	Senior Masculino	01:47:24	+14:02	06:19
9	2598	ALERTA Atleta 2598	Individual	Senior Masculino	01:49:34	+16:12	06:27
10	1405	Pedro Duarte	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	01:51:40	+18:18	06:34
11	1148	Nuno Jorge Moreira de Pinho	Dr Merino Clínica Médica	Senior Masculino	01:54:18	+20:56	06:43
12	2046	joaquim daniel ribeiro dias	Individual	Senior Masculino	01:54:39	+21:17	06:45
13	2460	Ricardo Miguel Magalhães Nunes	A.R.C.O.	Senior Masculino	01:55:43	+22:21	06:48
14	2609	Raul Lopez	Primos Baraga-Ferreira	Senior Masculino	01:57:24	+24:02	06:54
15	2228	sergio dias	Individual	Senior Masculino	01:58:36	+25:14	06:59
16	2156	ULISSES COSTA	Run4all	Senior Masculino	02:02:44	+29:22	07:13
17	2542	Filipe Alexandre Coelho Neves	Individual	Senior Masculino	02:02:48	+29:26	07:13
18	2554	Hugo Andrade	Individual	Senior Masculino	02:03:01	+29:39	07:14
19	2608	Bruno Ferreira	Individual	Senior Masculino	02:03:09	+29:47	07:15
20	2439	Ricardo Francisco Sousa Aires	Fridão Sem Limites	Senior Masculino	02:04:28	+31:06	07:19
21	2465	Bruno Filipe Ribeiro Teixeira	Individual	Senior Masculino	02:04:34	+31:12	07:20
22	2432	Pedro Figueiredo	"Os TurboMula" D.O.C.	Senior Masculino	02:04:47	+31:25	07:20
23	2166	Lionel sousa	Ordins Runners	Senior Masculino	02:04:47	+31:25	07:20
24	2538	José pereira	Club BTombos	Senior Masculino	02:05:31	+32:09	07:23
25	2488	Angelo Miguel Soares Vaz	Individual	Senior Masculino	02:06:29	+33:07	07:26
26	2617	Rui Soares	Primos Baraga-Ferreira	Senior Masculino	02:09:34	+36:12	07:37
27	2065	Rui Pedro Marinho Pinto	Individual	Senior Masculino	02:10:06	+36:44	07:39
28	2058	Carlos J. Rocha Ferreira	LUSOS XXI	Senior Masculino	02:10:15	+36:53	07:40

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**Trail Curto 17K**

**17 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

29	2362	ROBERTO GUEDES	Individual	Senior Masculino	02:10:34	+37:12	07:41
30	2613	José Luís Sá	Parjovem	Senior Masculino	02:10:34	+37:12	07:41
31	2405	Paulo Jorge Cunha	Ordins Runners	Senior Masculino	02:11:06	+37:44	07:43
32	2086	Pedro Cabral	P&J	Senior Masculino	02:12:30	+39:08	07:48
33	2365	Jorge Ribeiro	Individual	Senior Masculino	02:12:30	+39:08	07:48
34	2094	Pedro Machado	Individual	Senior Masculino	02:12:34	+39:12	07:48
35	2185	Paulo Gomes Belo	BADTEAM / RARISSIMAS	Senior Masculino	02:12:34	+39:12	07:48
36	2044	Ricardo Miguel Ferreira Soares	FFit Gaia Trail	Senior Masculino	02:12:38	+39:16	07:48
37	2574	Hugo Filipe Vieira Moura	Individual	Senior Masculino	02:14:29	+41:07	07:55
38	2247	Tiago Monteiro	Family Pinto	Senior Masculino	02:14:52	+41:30	07:56
39	2532	miguel Angelo	Linguas de Aço	Senior Masculino	02:15:16	+41:54	07:57
40	1397	Edgar Queiros	Individual	Senior Masculino	02:18:39	+45:17	08:09
41	2007	Sérgio Costa	LUSOS XXI	Senior Masculino	02:18:47	+45:25	08:10
42	2301	Luis Filipe Monteiro Silva	Individual	Senior Masculino	02:19:50	+46:28	08:14
43	2512	Leandro costa	Individual	Senior Masculino	02:23:05	+49:43	08:25
44	2511	João lopes	Individual	Senior Masculino	02:23:05	+49:43	08:25
45	2113	Ricardo Filipe Almeida Rodrigues	Individual	Senior Masculino	02:23:23	+50:01	08:26
46	2269	Raúl José Vieira de Moura	Individual	Senior Masculino	02:23:23	+50:01	08:26
47	2115	Tiago Vieira	Individual	Senior Masculino	02:23:23	+50:01	08:26
48	2237	Tomé barrosa pinto	Individual	Senior Masculino	02:23:32	+50:10	08:27
49	2347	Bruno Filipe da Costa Mendes	Os DEZavergonhados	Senior Masculino	02:24:39	+51:17	08:31
50	2395	Nuno Moreira	Moinhos Run	Senior Masculino	02:25:01	+51:39	08:32
51	2481	Ricardo Filipe Rocha Silva	Individual	Senior Masculino	02:25:08	+51:46	08:32
52	2480	Manuel António Dilva	Individual	Senior Masculino	02:25:08	+51:46	08:32
53	2045	Nelson Manuel Santos Couto	FFit Gaia Trail	Senior Masculino	02:25:23	+52:01	08:33
54	2333	Luís Lobão	Individual	Senior Masculino	02:25:58	+52:36	08:35
55	2167	Nuno souza	Ordins Runners	Senior Masculino	02:26:37	+53:15	08:37
56	2150	Nuno Teixeira	PORTOCARGO	Senior Masculino	02:27:37	+54:15	08:41
57	2492	Ivo Manuel Ferreira Figueiroa	Clube Zupper	Senior Masculino	02:28:58	+55:36	08:46
58	2462	Fábio Morais	Individual	Senior Masculino	02:29:25	+56:03	08:47
59	2406	CARLOS MANUEL DOS SANTOS ROCHA	Individual	Senior Masculino	02:29:27	+56:05	08:47
60	2389	Fábio Correia Castro	LUSOS XXI	Senior Masculino	02:29:57	+56:35	08:49
61	2022	Marcio Castro	quantos faltam?	Senior Masculino	02:30:00	+56:38	08:49
62	2399	Ricardo Sousa	Individual	Senior Masculino	02:30:37	+57:15	08:52
63	2408	Telmo Rodrigues	Individual	Senior Masculino	02:30:45	+57:23	08:52
64	2533	filipe oliveira	A.D.Cabroelo	Senior Masculino	02:31:44	+58:22	08:56
65	2509	Ricardo Sousa	Individual	Senior Masculino	02:34:30	+01:01:08	09:05
66	2575	Luis Filipe Moreira Silva Pinto	Individual	Senior Masculino	02:35:02	+01:01:40	09:07
67	2552	Nuno Vasconcelos	Eu+ Ginásio - LMA	Senior Masculino	02:35:16	+01:01:54	09:08
68	2407	Paulo Alexandre daCosta Vieira	Individual	Senior Masculino	02:35:28	+01:02:06	09:09
69	2357	ANDRE BORGES	Individual	Senior Masculino	02:35:56	+01:02:34	09:10
70	2020	Antero Silva	quantos faltam?	Senior Masculino	02:36:25	+01:03:03	09:12
71	2387	Eduardo Bernardino	FFit Gaia Trail	Senior Masculino	02:36:28	+01:03:06	09:12
72	2506	VALDEMAR GOUVEIA	NOCTURNOS PAREDES	Senior Masculino	02:36:39	+01:03:17	09:13
73	2507	JOÃO PAULO SOUSA	NOCTURNOS PAREDES	Senior Masculino	02:36:39	+01:03:17	09:13
74	2126	Marco António Marques Moreira	Individual	Senior Masculino	02:36:45	+01:03:23	09:13

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Trail Curto 17K

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

119	2570	Daniel Pinto	Individual	Senior Masculino	02:55:37	+01:22:15	10:20
120	2611	Filipe Oliveira	Ordins Runners	Senior Masculino	02:55:43	+01:22:21	10:20
121	2314	JOSE ARMANDO ALVES	Individual	Senior Masculino	02:55:46	+01:22:24	10:20
122	2303	João Pereira	Individual	Senior Masculino	02:55:48	+01:22:26	10:20
123	2229	Luis Vieira	Individual	Senior Masculino	02:55:50	+01:22:28	10:21
124	2089	Cristiano Silva	LUSOS XXI	Senior Masculino	02:56:07	+01:22:45	10:22
125	2041	Leandro Ramos	LUSOS XXI	Senior Masculino	02:56:23	+01:23:01	10:23
126	2490	Ricardo Vasconcelos	Trocopasso Runners	Senior Masculino	02:56:56	+01:23:34	10:24
127	2589	Hélder Maias	Feltrail	Senior Masculino	02:56:56	+01:23:34	10:24
128	2453	Hugo Ribeiro	Corrida de pernas pro ar	Senior Masculino	02:56:56	+01:23:34	10:24
129	2410	Domingos Jose Dos Santos Pereira	Individual	Senior Masculino	02:58:38	+01:25:16	10:30
130	2403	Carlos Henrique Soares dos Santos	Individual	Senior Masculino	02:58:43	+01:25:21	10:31
131	2050	Claudio Silva	Individual	Senior Masculino	02:59:58	+01:26:36	10:35
132	1371	Andre Leite	BOSCH Termotecnologia SA	Senior Masculino	03:00:11	+01:26:49	10:36
133	2309	Carlos Pinto	LUSOS XXI	Senior Masculino	03:00:42	+01:27:20	10:38
134	2352	Filipe Alves Lobo Guimarães	Os DEZavergonhados	Senior Masculino	03:02:39	+01:29:17	10:45
135	1321	Nuno Barbosa	Individual	Senior Masculino	03:02:47	+01:29:25	10:45
136	2009	Pedro Tavares	RUNNING TEAM MAIA	Senior Masculino	03:03:25	+01:30:03	10:47
137	2411	José Almeida	Trocopasso Runners	Senior Masculino	03:03:59	+01:30:37	10:49
138	2083	ABEL ANDRADE	Individual	Senior Masculino	03:04:03	+01:30:41	10:50
139	2330	Paulo Jorge Carvalho Pinto	Tecla 3 Runners	Senior Masculino	03:04:32	+01:31:10	10:51
140	2033	Sergio Rocha	GymRecarei	Senior Masculino	03:04:54	+01:31:32	10:53
141	2012	Ricardo Sousa	FFit Gaia Trail	Senior Masculino	03:05:50	+01:32:28	10:56
142	2048	BRUNO MIGUEL DA ROCHA MOREIRA	Individual	Senior Masculino	03:06:09	+01:32:47	10:57
143	2268	Jorge Miguel Sampaio da Costa	Eu+ Ginásio - LMA	Senior Masculino	03:06:55	+01:33:33	11:00
144	2540	Carlos Mendes	Individual	Senior Masculino	03:06:59	+01:33:37	11:00
145	2320	Nelson Montalvão	"Os TurboMula" D.O.C.	Senior Masculino	03:07:53	+01:34:31	11:03
146	1211	daniel da cunha alves	Individual	Senior Masculino	03:07:59	+01:34:37	11:04
147	2304	Sérgio Manuel Azevedo Fernandes	Individual	Senior Masculino	03:08:21	+01:34:59	11:05
148	2558	miguel silva	Uma Vez Perdi-me no Monte	Senior Masculino	03:09:44	+01:36:22	11:10
149	2103	Luís Miguel vieira	Serviço Urgência & Friends	Senior Masculino	03:10:58	+01:37:36	11:14
150	2310	Claudio Cerqueira	Individual	Senior Masculino	03:12:15	+01:38:53	11:19
151	2426	João Guilherme Rocha Pinto	Individual	Senior Masculino	03:12:48	+01:39:26	11:21
152	2036	Ricardo José Martins Alves Moreira	Tranquilidade	Senior Masculino	03:13:08	+01:39:46	11:22
153	2321	Delfim Manuel Anastácio Nogueira	Individual	Senior Masculino	03:13:23	+01:40:01	11:23
154	2191	Pedro Barros	Os Lobos da Alsácia	Senior Masculino	03:14:05	+01:40:43	11:25
155	2192	Ricardo Barbosa	Os Lobos da Alsácia	Senior Masculino	03:14:05	+01:40:43	11:25
156	2194	Carlos Lopes	Os Lobos da Alsácia	Senior Masculino	03:14:06	+01:40:44	11:25
157	2545	Carlos Daniel Cunha Fonseca	Goblin	Senior Masculino	03:14:51	+01:41:29	11:28
158	2616	Luis Garcia	Parjovem	Senior Masculino	03:18:10	+01:44:48	11:39
159	2257	Filipe Sousa	AFS Estofos AUTO	Senior Masculino	03:19:21	+01:45:59	11:44
160	2096	Rui Salvador	BitRunners	Senior Masculino	03:19:50	+01:46:28	11:45
161	2209	Élsio António Nunes Leite Leal	Individual	Senior Masculino	03:22:56	+01:49:34	11:56
162	2585	Amândio Pedro Branco Nunes	Individual	Senior Masculino	03:23:06	+01:49:44	11:57
163	2061	Tiago Campos	LUSOS XXI	Senior Masculino	03:23:49	+01:50:27	11:59
164	2060	Luís Marinho	LUSOS XXI	Senior Masculino	03:23:49	+01:50:27	11:59

**Trail Curto 17K**

**17 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

165	2005	João Paulo Andrade Carvalho	LUSOS XXI	Senior Masculino	03:23:49	+01:50:27	11:59
166	2155	ANTONIO ALMEIDA	Run4all	Senior Masculino	03:23:50	+01:50:28	11:59
167	2392	Pedro Alexandre Pereira	Individual	Senior Masculino	03:26:24	+01:53:02	12:08
168	2523	Nuno André Castro Cunha	Individual	Senior Masculino	03:27:14	+01:53:52	12:11
169	2160	JOÃO GUILHERME	Run4all	Senior Masculino	03:27:28	+01:54:06	12:12
170	2520	Paulo Roguerio Moreira das Neves	LagareSport	Senior Masculino	03:27:43	+01:54:21	12:13
171	2165	Bruno Ferreira	Individual	Senior Masculino	03:31:01	+01:57:39	12:25
172	2556	miguel pereira	Uma Vez Perdi-me no Monte	Senior Masculino	03:31:15	+01:57:53	12:26
173	2011	Bruno Sousa	FFit Gaia Trail	Senior Masculino	03:31:38	+01:58:16	12:27
174	2529	luis Ribeiro	Individual	Senior Masculino	03:32:32	+01:59:10	12:30
175	2106	Pedro Alves	Serviço Urgência & Friends	Senior Masculino	03:32:35	+01:59:13	12:30
176	2069	Manuel Pereira	Amigos d' Betão	Senior Masculino	03:33:30	+02:00:08	12:34
177	2259	Jorge Filipe Regadas Moreira	Foge Foge Bandido	Senior Masculino	03:33:31	+02:00:09	12:34
178	2017	Nuno Miguel Fonseca Ferreira	Individual	Senior Masculino	03:34:46	+02:01:24	12:38
179	1318	Diogo Jorge Oliveira Ramalhao	Individual	Senior Masculino	03:35:34	+02:02:12	12:41
180	2088	André Gomes	LUSOS XXI	Senior Masculino	03:35:51	+02:02:29	12:42
181	2174	Miguel Moreira	Solmaia Runners	Senior Masculino	03:36:27	+02:03:05	12:44
182	2172	Teresa Pinto	Solmaia Runners	Senior Masculino	03:36:27	+02:03:05	12:44
183	2468	Frederico Teixeira	VAINDO	Senior Masculino	03:36:33	+02:03:11	12:44
184	2601	Ivo Joaquim Leal Loureiro	Individual	Senior Masculino	03:39:40	+02:06:18	12:55
185	2605	Patricio Carvalho	Calheiros Runners	Senior Masculino	03:40:58	+02:07:36	13:00
186	2349	Altino Gomes Nobre	Os DEZavergonhados	Senior Masculino	03:41:33	+02:08:11	13:02
187	2193	João Barbosa	Os Lobos da Alsácia	Senior Masculino	03:42:15	+02:08:53	13:04
188	2455	Paulo André Soares Martins	Goblin	Senior Masculino	03:44:45	+02:11:23	13:13
189	2023	Nuno Pires	LUSOS XXI	Senior Masculino	03:47:38	+02:14:16	13:23
190	2070	Roberto Baltarejo	Amigos d' Betão	Senior Masculino	03:49:41	+02:16:19	13:31
191	2067	Raul Silva	Amigos d' Betão	Senior Masculino	03:49:41	+02:16:19	13:31
192	2241	Emanuel Nunes	Family Pinto	Senior Masculino	03:50:43	+02:17:21	13:34
193	2398	Carlos Trigo	Individual	Senior Masculino	03:53:30	+02:20:08	13:44
194	2504	Pedro Teixeira	Tranquilidade	Senior Masculino	03:55:22	+02:22:00	13:51
195	2030	Ricardo Lobo	Tranquilidade	Senior Masculino	03:57:54	+02:24:32	14:00
196	2505	Rui Lobo	Tranquilidade	Senior Masculino	03:57:54	+02:24:32	14:00
197	2503	Helder José Marinho Teixeira	Nós Acreditamos	Senior Masculino	03:58:46	+02:25:24	14:03
198	2092	Carlos Alberto Pinto Pereira	Individual	Senior Masculino	04:01:29	+02:28:07	14:12
199	2246	Tiago Carneiro	Family Pinto	Senior Masculino	04:01:53	+02:28:31	14:14
200	2243	Nuno Pinto	Family Pinto	Senior Masculino	04:02:10	+02:28:48	14:15
201	2218	Álvaro Ribeiro	Individual	Senior Masculino	04:02:22	+02:29:00	14:15
202	2402	Ricardo Monteiro	Individual	Senior Masculino	04:03:49	+02:30:27	14:21
203	2525	Carlos Fernando Sobreiras Teixeira	Individual	Senior Masculino	04:09:00	+02:35:38	14:39
204	2266	Marco Santos	Os Marretas	Senior Masculino	04:09:20	+02:35:58	14:40
205	2378	bruno fonseca	os rotinhos	Senior Masculino	04:10:15	+02:36:53	14:43
206	2457	Sérgio Pereira	Goblin	Senior Masculino	04:14:22	+02:41:00	14:58
207	2566	Miguel Paredes	Individual	Senior Masculino	04:19:46	+02:46:24	15:17
208	2264	Celso Amorim	Eu+ Ginásio - LMA	Senior Masculino	04:25:32	+02:52:10	15:37
209	2467	Rafael Gomes Pacheco	Individual	Senior Masculino	04:26:39	+02:53:17	15:41
210	2384	Carlos Valdemar Rodrigues Carvalho	SAI DA FRENTE	Senior Masculino	04:30:57	+02:57:35	15:56

**Trail Curto 17K**

**17 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

211	2336	António Fernando Lopes Soares	Calheiros Runners	Senior Masculino	04:37:18	+03:03:56	16:19
212	2443	bruno miguel silva pereira	Individual	Senior Masculino	04:37:20	+03:03:58	16:19
213	2515	Rui Tiago Moreira das Neves	+50	Senior Masculino	04:41:19	+03:07:57	16:33
214	1232	ricardo alves	tool	Senior Masculino	04:45:19	+03:11:57	16:47

**Veterana F40**

1	2518	Ana Maria Amaral	GONDOMAR FUTSAL CLUBE	Veterana F40	02:09:53		07:38
2	2476	deolinda faria	AIRORUN	Veterana F40	02:16:41	+06:48	08:02
3	2224	Adília Maria Coelho do Vale Teixeira	Individual	Veterana F40	02:42:33	+32:40	09:34
4	2296	MANUELA MOTA	Individual	Veterana F40	02:45:51	+35:58	09:45
5	2292	maria jose da silva teixeira	Individual	Veterana F40	02:55:26	+45:33	10:19
6	2302	Maria Manuela da Cunha Ferreira	Pernetas	Veterana F40	02:55:38	+45:45	10:20
7	2470	CARLA SOFIA SILVA SOUSA	USGUNAS	Veterana F40	02:59:40	+49:47	10:34
8	2469	ANA PAULA RIBEIRO CRAVEIRO NUNES	USGUNAS	Veterana F40	03:00:02	+50:09	10:35
9	2366	Gloria Monteiro	Individual	Veterana F40	03:03:36	+53:43	10:48
10	2016	marieta moreira	Individual	Veterana F40	03:04:50	+54:57	10:52
11	2015	ARMANDINA TORRES	TEAM GDCT INCM	Veterana F40	03:07:17	+57:24	11:01
12	2171	Cláudia Cunha	Solmaia Runners	Veterana F40	03:13:22	+01:03:29	11:22
13	2064	Sonia Teixeira	Individual	Veterana F40	03:14:11	+01:04:18	11:25
14	2273	Ivone Cristina Lopes Ganso	Dr Merino Clínica Médica	Veterana F40	03:15:05	+01:05:12	11:29
15	2499	Lúcia Teixeira de Oliveira	Nós Acreditamos	Veterana F40	03:15:11	+01:05:18	11:29
16	2514	Fernanda Maria Moreira Leão	+50	Veterana F40	03:15:46	+01:05:53	11:31
17	1226	Ana Paula Pinto	RUN TO BE ALIVE	Veterana F40	03:16:39	+01:06:46	11:34
18	2149	SONIA SILVA	PORTOCARGO	Veterana F40	03:19:20	+01:09:27	11:44
19	2495	Sandra Arribança	Individual	Veterana F40	03:21:20	+01:11:27	11:51
20	2479	vania pereira	AIRORUN	Veterana F40	03:22:38	+01:12:45	11:55
21	2474	deolinda pereira	AIRORUN	Veterana F40	03:22:38	+01:12:45	11:55
22	2221	Maria Lurdes Silva Mendes	Individual	Veterana F40	03:23:32	+01:13:39	11:58
23	2169	Maria Fonseca	Solmaia Runners	Veterana F40	03:24:27	+01:14:34	12:02
24	2177	Célia Aroso	Solmaia Runners	Veterana F40	03:27:07	+01:17:14	12:11
25	2519	Orlinda Cabral	LagareSport	Veterana F40	03:27:42	+01:17:49	12:13
26	2522	Susana Maria Nogueira Teixeira	LagareSport	Veterana F40	03:27:43	+01:17:50	12:13
27	1311	Anabela Cunha	Individual	Veterana F40	03:28:50	+01:18:57	12:17
28	2409	Maria Fátima Vieira da Costa	Individual	Veterana F40	03:30:00	+01:20:07	12:21
29	2254	Ana Paula F. O. Alves	zumbásticas	Veterana F40	03:31:16	+01:21:23	12:26
30	2118	Marcia Cristina Oliveira	FFit Gaia Trail	Veterana F40	03:38:27	+01:28:34	12:51
31	2275	SALETTE SILVA	NOCTURNOS PAREDES	Veterana F40	03:39:45	+01:29:52	12:56
32	2414	ERMESINDA CARVALHO	PRESTÍGIO	Veterana F40	03:40:24	+01:30:31	12:58
33	2283	MARIA JESUS	NOCTURNOS PAREDES	Veterana F40	03:41:12	+01:31:19	13:01
34	2318	Alexandra Barradas	Individual	Veterana F40	03:43:18	+01:33:25	13:08
35	2216	Maria Alzira Ferreira da Silva	Individual	Veterana F40	03:54:09	+01:44:16	13:46
36	2211	ANA SOUSA	Factor X	Veterana F40	03:56:41	+01:46:48	13:55
37	2326	Sandra Dias	Pernetas	Veterana F40	04:03:48	+01:53:55	14:20
38	2168	Dulce Moreda	GD4Caminhos	Veterana F40	04:07:21	+01:57:28	14:33

Official Timekeeper: Lap2Go	10 / 13	generate 19-abr-2015 17:43
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**Trail Curto 17K**

**17 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

39	2176	Carla Morais	Solmaia Runners	Veterana F40	04:14:45	+02:04:52	14:59
40	2175	Ana Silva	Solmaia Runners	Veterana F40	04:17:45	+02:07:52	15:10
41	2567	Liliana Campos	Individual	Veterana F40	04:19:46	+02:09:53	15:17
42	2105	Olinda vieira	Serviço Urgência & Friends	Veterana F40	04:24:47	+02:14:54	15:35
43	2485	ana maria peixoto oliveira dias	Individual	Veterana F40	04:30:55	+02:21:02	15:56
44	2588	Sandra Pereira	FALTA MUITO?	Veterana F40	04:31:06	+02:21:13	15:57
45	2230	Susana Reis	Funky Runners	Veterana F40	05:13:31	+03:03:38	18:27

**Veterana F50**

1	2240	Adelaide Vigário	FX Ginásio	Veterana F50	03:06:53		11:00
2	2446	Ana Rosa Ferreira Sousa Alves	Individual	Veterana F50	03:28:25	+21:32	12:16
3	2341	Fernanda Maria Esteves Moreira Costa	Individual	Veterana F50	03:33:59	+27:06	12:35
4	2079	branca maria oliveira marques	Individual	Veterana F50	03:34:00	+27:07	12:35
5	2082	GUILHERMINA ROCHA	LagareSport	Veterana F50	03:54:19	+47:26	13:47

**Veterano M40**

1	2516	Asdrubal Freitas	CENTRO CICLISTA DE GONDOMAR	Veterano M40	01:34:55		05:35
2	2486	bruno coutada	Individual	Veterano M40	01:55:08	+20:13	06:46
3	2463	Agostinho Paulo Teixeira Sousa	Individual	Veterano M40	01:55:55	+21:00	06:49
4	2348	Jorge Manuel Barbosa Moreira	Os DEZavergonhados	Veterano M40	01:56:38	+21:43	06:52
5	2448	Fernando Rocha	Individual	Veterano M40	01:56:49	+21:54	06:52
6	2475	jose pereira	AIRORUN	Veterano M40	02:00:14	+25:19	07:04
7	2449	José Vieira	Individual	Veterano M40	02:01:28	+26:33	07:09
8	2472	luis mota	AIRORUN	Veterano M40	02:02:01	+27:06	07:11
9	2597	Paulo Brás	Maia em Movimento	Veterano M40	02:03:59	+29:04	07:18
10	2612	Orlando nogueira	Individual	Veterano M40	02:06:12	+31:17	07:25
11	2141	Fernando Santos	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Veterano M40	02:09:18	+34:23	07:36
12	2207	Agostinho torres	Individual	Veterano M40	02:10:18	+35:23	07:40
13	2376	José Maria Santos Ferreira	Individual	Veterano M40	02:10:44	+35:49	07:41
14	2435	Nuno Costa	Grupo Desportivo Limpeza Urbana - CMP	Veterano M40	02:12:21	+37:26	07:47
15	2372	Rui Cunha	Pe de Chumbo	Veterano M40	02:16:04	+41:09	08:00
16	2183	pedro mouro	Individual	Veterano M40	02:16:39	+41:44	08:02
17	2436	Rui Pinto	Grupo Desportivo Limpeza Urbana - CMP	Veterano M40	02:18:26	+43:31	08:09
18	2584	jose pedro gomes meneses	Individual	Veterano M40	02:23:34	+48:39	08:27
19	2390	Rui Freitas	Individual	Veterano M40	02:23:55	+49:00	08:28
20	2393	Alcino Rodrigues	Individual	Veterano M40	02:24:44	+49:49	08:31
21	2358	JOSE CABRAL	Individual	Veterano M40	02:26:06	+51:11	08:36
22	2170	Francisco Fonseca	Solmaia Runners	Veterano M40	02:27:49	+52:54	08:42
23	2008	Luis Miguel Andrade Moreira Dias	Individual	Veterano M40	02:28:47	+53:52	08:45
24	2293	Salvador Manuel da Silva Santos	Individual	Veterano M40	02:29:49	+54:54	08:49
25	2536	Avelino Coelho	Trail dos Moinhos Capela	Veterano M40	02:31:44	+56:49	08:56



**Trail Curto 17K****17 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

26	2188	Pedro Sousa	Individual	Veterano M40	02:32:19	+57:24	08:58
27	2388	ACACIO TEIXEIRA	NOCTURNOS PAREDES	Veterano M40	02:32:28	+57:33	08:58
28	2212	ANTONIO ALBERTO MOREIRA DE SOUSA	Individual	Veterano M40	02:32:49	+57:54	08:59
29	2437	Vitor Máximo Silva	Grupo Desportivo Limpeza Urbana - CMP	Veterano M40	02:34:19	+59:24	09:05
30	2235	Mário António Dias Teixeira	Individual	Veterano M40	02:34:57	+01:00:02	09:07
31	2132	Álvaro Cardoso	Nós Acreditamos	Veterano M40	02:37:21	+01:02:26	09:15
32	1275	NUNO ANTÓNIO VIEIRA BARBOSA DE MOURA	Individual	Veterano M40	02:38:46	+01:03:51	09:20
33	2028	Jorge Gaspar	LUSOS XXI	Veterano M40	02:42:52	+01:07:57	09:35
34	2355	Arménio Ribeiro	Individual	Veterano M40	02:43:00	+01:08:05	09:35
35	1104	Mário Araújo	Solmaia Runners	Veterano M40	02:43:47	+01:08:52	09:38
36	2053	Francisco jose garcia moreira	Individual	Veterano M40	02:47:36	+01:12:41	09:52
37	2593	Sérgio Fonseca	Feltrail	Veterano M40	02:47:44	+01:12:49	09:52
38	2590	José Carlos Maias	Feltrail	Veterano M40	02:48:01	+01:13:06	09:53
39	2295	FILIPPE MOTA	Individual	Veterano M40	02:55:10	+01:20:15	10:18
40	2442	Jorge Suzano	Individual	Veterano M40	02:55:18	+01:20:23	10:19
41	2604	Avelino Rodrigues	Calheiros Runners	Veterano M40	02:55:39	+01:20:44	10:20
42	2284	JOSE SILVA	NOCTURNOS PAREDES	Veterano M40	02:58:15	+01:23:20	10:29
43	2342	Jorge Nogueira	Individual	Veterano M40	03:03:22	+01:28:27	10:47
44	2332	Mário Ribeiro	Individual	Veterano M40	03:03:26	+01:28:31	10:47
45	2057	António João da Rocha Machado	FFit Gaia Trail	Veterano M40	03:07:18	+01:32:23	11:01
46	2039	Rodrigo Ferraz	Funky Runners	Veterano M40	03:10:58	+01:36:03	11:14
47	2367	Luis Leitão	Individual	Veterano M40	03:11:18	+01:36:23	11:15
48	2527	Bruno Filipe Fernandes Rodrigues	Individual	Veterano M40	03:12:15	+01:37:20	11:19
49	2596	Manuel Sérgio	Maia em Movimento	Veterano M40	03:17:19	+01:42:24	11:36
50	2537	Paulo Ricardo da Cunha e Silva	Individual	Veterano M40	03:20:46	+01:45:51	11:49
51	2586	Miguel Fonseca	FALTA MUITO?	Veterano M40	03:21:20	+01:46:25	11:51
52	2568	António Manuel de Oliveira Pinheiro	Individual	Veterano M40	03:24:15	+01:49:20	12:01
53	1310	Manuel Diogenes Barros	Individual	Veterano M40	03:25:01	+01:50:06	12:04
54	2375	Elvira Maria Ribeiro Almeida de Lima	Beat Your Limit (BYL)	Veterano M40	03:34:56	+02:00:01	12:39
55	1066	Miguel Angelo Rodrigues Pinto de Faria	Individual	Veterano M40	03:35:00	+02:00:05	12:39
56	1032	Sérgio Carvalho	"Os TurboMula" D.O.C.	Veterano M40	03:35:00	+02:00:05	12:39
57	2528	Miguel Pinto	Individual	Veterano M40	03:37:41	+02:02:46	12:48
58	2484	Luis Filipe de Castro Moutinho	Individual	Veterano M40	03:44:48	+02:09:53	13:13
59	2056	José Carlos Teixeira Soares	Individual	Veterano M40	03:46:25	+02:11:30	13:19
60	2441	Nuno Henrique Morais da Silva Ferreira	Individual	Veterano M40	03:48:09	+02:13:14	13:25
61	2112	Raul Cunha	cUnHaX	Veterano M40	04:26:07	+02:51:12	15:39
62	2381	Emanuel Fernando de Oliveira Durães	SAI DA FRENTE	Veterano M40	04:30:54	+02:55:59	15:56
63	2526	José Fernandes de Sousa	Individual	Veterano M40	04:37:19	+03:02:24	16:19
64	2559	Pedro Borges	Individual	Veterano M40	04:41:19	+03:06:24	16:33

**Veterano M50**

1	2262	Adão José Teixeira Barbosa Regadas	Foge Foge Bandido	Veterano M50	01:49:25		06:26
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**COLETIVA 17K**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

<b>RANK</b>	<b>TEAM</b>	<b>DESCRIPTION</b>	<b>POINTS</b>
1	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	1 + 2 + 8	11
2	AIRORUN	28 + 30 + 63	121
3	Trail dos Moinhos Capela	17 + 54 + 112	183
4	Ordins Runners	39 + 53 + 95	187
5	FFit Gaia Trail	61 + 62 + 92	215
6	LUSOS XXI	48 + 75 + 104	227
7	Grupo Desportivo Limpeza Urbana - CMP	55 + 73 + 118	246
8	Moinhos Run	41 + 89 + 133	263
9	Os DEZavergonhados	23 + 87 + 171	281
10	Pe de Chumbo	27 + 70 + 206	303
11	"Os TurboMula" D.O.C.	38 + 83 + 238	359
12	NOCTURNOS PAREDES	114 + 131 + 132	377
13	Solmaia Runners	97 + 158 + 159	414
14	PORTOCARGO	9 + 96 + 316	421
15	Dr Merino Clínica Médica	18 + 203 + 241	462
16	Run4all	31 + 197 + 269	497
17	Family Pinto	66 + 226 + 227	519
18	Feltrail	177 + 178 + 179	534
19	Eu+ Ginásio - LMA	122 + 148 + 264	534
20	Foge Foge Bandido	13 + 145 + 376	534
21	Tecla 3 Runners	126 + 192 + 254	572
22	GONDOMAR FUTSAL CLUBE	46 + 221 + 360	627
23	Trocopasso Runners	223 + 251 + 252	726
24	Nós Acreditamos	135 + 300 + 301	736
25	Corrida de pernas pro ar	225 + 250 + 311	786
26	Serviço Urgência & Friends	175 + 282 + 373	830
27	Os Lobos da Alsácia	293 + 294 + 295	882
28	+50	67 + 302 + 519	888
29	Goblin	297 + 313 + 315	925
30	LagareSport	260 + 347 + 348	955
31	Uma Vez Perdi-me no Monte	279 + 364 + 368	1011
32	Fardetas	309 + 351 + 352	1012
33	Tartaruga Genial	284 + 318 + 411	1013
34	Funky Runners	281 + 395 + 396	1072
35	Calheiros Runners	211 + 403 + 516	1130
36	Pernetas	210 + 464 + 465	1139
37	Tranquilidade	289 + 447 + 453	1189
38	zumbásticas	365 + 397 + 433	1195

## COLETIVA 17K

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

39	Amigos d' Betão	374 + 416 + 425	1215
40	FALTA MUITO?	322 + 509 + 515	1346
41	T&E	491 + 494 + 495	1480
42	Gonçalves Trail	478 + 503 + 504	1485
43	SAI DA FRENTE	510 + 511 + 513	1534
44	Star Run	525 + 526 + 527	1578