2º Trail da Raposa
Paredes
31-maio-2015

TRAIL LONGO 42K - STAGE 1 — 42 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	19,4ºC	61,7%
End	20:04	20,3ºC	61%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1	Armando teixeira	individual	Senior Masculino	04:48:34		06:52
2	4	Bruno Coelho	paredes aventura	Senior Masculino	04:52:24	+03:50	06:58
3	24	Leonel Rodrigues da Cunha	amigos do pedal/trailagares	Senior Masculino	04:52:36	+04:02	06:58
4	217	JOÃO RODRIGUES	vidaativarunners	Senior Masculino	05:02:33	+13:59	07:12
5	71	Rosa Madureira	futebol clube de penafiel	Senior Feminino	05:06:40	+18:06	07:18
6	83	JOAQUIM MANUEL MARTINS FREITAS	grupo dramático e recreativo da retorta	Senior Masculino	05:18:25	+29:51	07:35
7	45	Antonio Martins	centro ciclista de gondomar	Veterano M40	05:18:26	+29:52	07:35
8	5	João Nogueira	oralklass-aliança-amigos do trail	Senior Masculino	05:25:15	+36:41	07:45
9	11	Victor Manuel Monteiro da Costa	a.d.amarante trail running	Senior Masculino	05:25:47	+37:13	07:45
10	184	António Moreira	paredes aventura	Veterano M40	05:26:46	+38:12	07:47
11	37	André Amorim	budeguita runners	Veterano M40	05:43:45	+55:11	08:11
12	62	Diogo Lopes	edv-viana trail	Senior Masculino	05:43:50	+55:16	08:11
13	82	Pedro Rocha	gondomar futsal clube	Senior Masculino	05:45:35	+57:01	08:14
14	57	Rui Rebelo	dr merino clínica médica	Senior Masculino	05:45:35	+57:01	08:14
15	173	Belmiro Moreira	oralklass-aliança-amigos do trail	Senior Masculino	05:46:35	+58:01	08:15
16	192	Andre Silva	rainha club	Senior Masculino	05:50:15	+01:01:41	08:20
17	171	Duarte Gil Ribeiro Barbosa	not run alone	Veterano M40	05:51:08	+01:02:34	08:22
18	159	Hélder Silva	ironman team	Senior Masculino	05:52:48	+01:04:14	08:24
19	9	cesar duarte	a.d.amarante trail running	Senior Masculino	06:00:19	+01:11:45	08:35
20	119	Paulo Jorge Fernandes Oliveira	individual	Senior Masculino	06:01:15	+01:12:41	08:36
21	177	José Neves	oralklass-aliança-amigos do trail	Veterano M40	06:04:11	+01:15:37	08:40
22	176	VITOR MIGUEL FERREIRA PINTO	oralklass-aliança-amigos do trail	Senior Masculino	06:04:12	+01:15:38	08:40
23	65	Stephane Simoes	edv-viana trail	Senior Masculino	06:09:51	+01:21:17	08:48
24	64	Sérgio Miguel Mesquita Ramos	edv-viana trail	Senior Masculino	06:09:51	+01:21:17	08:48
25	144	jorge marques	individual	Veterano M40	06:11:01	+01:22:27	08:50
26	187	Manuel Quelhas	paredes aventura	Veterano M40	06:11:18	+01:22:44	08:50
27	52	Sérgio Santos	didáxis trail	Senior Masculino	06:14:28	+01:25:54	08:55
28	117	Paulo Almiro Borges Sampaio	individual	Senior Masculino	06:19:49	+01:31:15	09:03
29	59	Ricardo Monteiro	dragoes do vale de vizela	Senior Masculino	06:28:49	+01:40:15	09:15
30	60	Paulo Faia	dragoes do vale de vizela	Veterano M40	06:28:50	+01:40:16	09:15
31	197	INUO MELO	run4all	Senior Masculino	06:30:44	+01:42:10	09:18
32	44	Angelo Pereira	centro ciclista de gondomar	Veterano M40	06:32:51	+01:44:17	09:21
33	128	Vítor Paulo Duarte Caldeira	individual	Senior Masculino	06:32:54	+01:44:20	09:21
34	63	Pedro Caldas	edv-viana trail	Senior Masculino	06:32:58	+01:44:24	09:21
35	168	Fernando Carneiro	nast	Senior Masculino	06:37:56	+01:49:22	09:28
36	181	Ricardo Bomtempo	paredes aventura	Senior Masculino	06:42:01	+01:53:27	09:34
37	76	RICARDO RIBEIRO	ginasio fit4fun	Senior Masculino	06:43:41	+01:55:07	09:37
38	72	ALICE LOPES	ginasio fit4fun	Senior Feminino	06:43:42	+01:55:08	09:37
39	79	LUIS PINHO	ginasio fit4fun	Veterano M40	06:43:42	+01:55:08	09:37
40	161	Jorge David Barbosa	jc team trail	Senior Masculino	06:44:06	+01:55:32	09:37

TRAIL LONGO 42K - STAGE 1 — 42 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	212	JOSÉ MANUEL RODRIGO NUNES	usgunas	Veterano M40	06:45:24	+01:56:50	09:39
42	28	ROGERIO NUNO FERRAZ MACHADO	brigada do trail	Senior Masculino	06:47:27	+01:58:53	09:42
43	174	Óscar Rodrigues	oralklass-aliança-amigos do trail	Senior Masculino	06:49:28	+02:00:54	09:45
44	175	Tiago Ribeiro	oralklass-aliança-amigos do trail	Senior Masculino	06:49:28	+02:00:54	09:45
45	53	Casimira Moura	dr merino clínica médica	Senior Feminino	06:50:29	+02:01:55	09:46
46	100	Hélder S G Pinto	individual	Senior Masculino	06:53:00	+02:04:26	09:50
47	139	Francisco Teotónio	individual	Veterano M40	06:53:50	+02:05:16	09:51
48	50	Paulo Jorge Pinho Ferreira	ctr vale de cambra	Veterano M40	06:56:39	+02:08:05	09:55
49	201	Ricardo Moreira	shots international runners	Senior Masculino	06:56:39	+02:08:05	09:55
50	126	Tiago Andre Costa Bastos	individual	Senior Masculino	06:56:39	+02:08:05	09:55
51	22	Rui Pedro Ferreira Alves	amigos da quinta das freiras	Veterano M40	07:02:51	+02:14:17	10:04
52	43	Rosário Martins	centro ciclista de gondomar	Veterana F40	07:03:08	+02:14:34	10:04
53	118	paulo Filipe	individual	Senior Masculino	07:04:12	+02:15:38	10:06
54	185	Augusto Oliveira	paredes aventura	Veterano M40	07:05:00	+02:16:26	10:07
55	41	Hugo Azevedo	byl! beat your limit!	Senior Masculino	07:05:15	+02:16:41	10:08
56	115	Nuno Nunes	individual	Senior Masculino	07:06:18	+02:17:44	10:09
57	49	João Carlos Fernandes	ctad trilhos de cinfães	Senior Masculino	07:09:15	+02:20:41	10:13
58	151	manuel f teixeira	individual	Veterano M40	07:09:40	+02:21:06	10:14
59	21	Paulo Alexandre Pereira de Almeida	amigos da quinta das freiras	Veterano M40	07:09:40	+02:21:06	10:14
60	95	Fernando Jorge da Costa Pereira	individual	Senior Masculino	07:12:42	+02:24:08	10:18
61	142	Joao Paulo Loureiro Ferreira	paredes aventura	Veterano M40	07:14:43	+02:26:09	10:21
62	121	Pedro Azevedo	individual	Senior Masculino	07:15:10	+02:26:36	10:22
63	109	Mário Miguel Ferreira Barbosa	individual	Senior Masculino	07:17:01	+02:28:27	10:24
64	30	Ana Sousa	budeguita runners	Senior Feminino	07:19:59	+02:31:25	10:29
65	198	Ulisses Costa	run4all	Senior Masculino	07:20:05	+02:31:31	10:29
66	132	Adelino Silva	individual	Veterano M40	07:21:49	+02:33:15	10:31
67	220	Nuno Miguel Cruz	vidaativarunners	Senior Masculino	07:24:24	+02:35:50	10:35
68	179	Bruno Macedo	os caga tacos running team	Senior Masculino	07:24:31	+02:35:57	10:35
69	211	Ricardo Zeferino Ribeiro Costa	unidade especial de corrida	Senior Masculino	07:24:39	+02:36:05	10:35
70	23	Victor Lima	amigos da quinta das freiras	Veterano M40	07:25:19	+02:36:45	10:36
71	178	paulo marques	os caga tacos running team	Veterano M40	07:25:29	+02:36:55	10:36
72	147	José Luis Loureiro	individual	Veterano M40	07:26:06	+02:37:32	10:37
73	26	Maria Augusta Da Costa Loureiro	associação desportiva de cabroelo	Veterana F40	07:26:12	+02:37:38	10:37
74	172	Brígida Pinto	oralklass-aliança-amigos do trail	Senior Feminino	07:26:20	+02:37:46	10:38
75	20	Alberto Marques	amigos da quinta das freiras	Veterano M40	07:26:22	+02:37:48	10:38
76	91	Daniel Filipe Mansinho Neto	individual	Senior Masculino	07:26:50	+02:38:16	10:38
77	162	Carlos da Fonseca	jc team trail	Veterano M40	07:27:17	+02:38:43	10:39
78	124	Rui Gomes	individual	Senior Masculino	07:28:04	+02:39:30	10:40
79	200	Sara da Costa Sá Correia	sempre a correr	Senior Feminino	07:30:32	+02:41:58	10:44
80	149	Luis Miguel Alves Monteiro	individual	Veterano M40	07:31:43	+02:43:09	10:45
81	156	Paulo Ferreira	individual	Veterano M40	07:32:07	+02:43:33	10:46
82	134	Anselmo pinto	individual	Veterano M40	07:32:07	+02:43:33	10:46
83	113	Nuno Miguel Martins	individual	Senior Masculino	07:33:56	+02:45:22	10:48
84	195	luis gaspar	rainha club	Senior Masculino	07:35:42	+02:47:08	10:51
85	108	Manuel Mendes	individual	Senior Masculino	07:35:44	+02:47:10	10:51

TRAIL LONGO 42K - STAGE 1 — 42 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
86	47	Paulino Alves	corridas de pernas pro ar	Senior Masculino	07:36:16	+02:47:42	10:52
87	29	JORGE MANUEL COELHO	brigada do trail	Veterano M40	07:37:56	+02:49:22	10:54
88	7	Ana Isabel Pereira Ferreira	a.d.amarante trail running	Senior Feminino	07:38:12	+02:49:38	10:55
89	138	Carlos Correia	individual	Veterano M40	07:41:24	+02:52:50	10:59
90	87	Suzana Silva Andrade	individual	Senior Feminino	07:42:19	+02:53:45	11:00
91	150	Luís Sá	individual	Veterano M40	07:44:57	+02:56:23	11:04
92	116	Osvaldo Manuel Dias Ferreira	individual	Senior Masculino	07:45:01	+02:56:27	11:04
93	196	ALBERTO MAGALHÃES	run4all	Senior Masculino	07:47:14	+02:58:40	11:07
94	38	João Carvalhal	budeguita runners	Veterano M40	07:47:58	+02:59:24	11:09
95	135	ANTONIO CARLOS TEIXEIRA	individual	Veterano M40	07:55:38	+03:07:04	11:19
96	105	Jose Jesus	individual	Senior Masculino	07:55:41	+03:07:07	11:20
97	27	CLÁUDIA MEDEIROS	atlético clube são mamede	Veterana F40	07:57:16	+03:08:42	11:22
98	48	TIAGO FRUTUOSO	corridas de pernas pro ar	Senior Masculino	07:57:17	+03:08:43	11:22
99	183	Paula Moreira	paredes aventura	Veterana F40	07:59:24	+03:10:50	11:25
100	188	Rui Moreira	paredes aventura	Veterano M40	07:59:24	+03:10:50	11:25
101	199	Carlos Navega	sem rota	Veterano M40	07:59:51	+03:11:17	11:25
102	170	JOSE CORREIA	nocturnos de paredes	Senior Masculino	08:00:30	+03:11:56	11:26
103	180	Miguel Ângelo Costa Teixeira	outdouro	Veterano M40	08:00:33	+03:11:59	11:27
104	190	Hugo Costa	rainha club	Senior Feminino	08:03:55	+03:15:21	11:31
105	120	Pedro Antonio Moreira Machado Costa	individual	Senior Masculino	08:04:14	+03:15:40	11:32
106	186	Jorge Oliveira	paredes aventura	Veterano M40	08:04:38	+03:16:04	11:32
107	203	Eduardo Pinto	solmaia runners	Veterano M40	08:05:51	+03:17:17	11:34
108	98	Hélder Jorge Ferreira de Castro	individual	Senior Masculino	08:07:06	+03:18:32	11:36
109	17	Manuel Brandão	all about	Veterano M40	08:07:07	+03:18:33	11:36
110	18	Paulo Sousa	all about	Veterano M40	08:07:07	+03:18:33	11:36
111	80	RUI FERREIRA	ginasio fit4fun	Veterano M40	08:08:31	+03:19:57	11:38
112	75	JOSE JESUS	ginasio fit4fun	Senior Masculino	08:08:31	+03:19:57	11:38
113	73	CARLOS MARTINS	ginasio fit4fun	Senior Masculino	08:08:31	+03:19:57	11:38
114	51	Paulo Eusebio	desportonolimite	Senior Masculino	08:08:44	+03:20:10	11:38
115	123	Porfirio da Silva pereira	individual	Senior Masculino	08:13:36	+03:25:02	11:45
116	204	ana coelho	spem	Senior Feminino	08:13:37	+03:25:03	11:45
117	205	rui rodrigues	spem	Senior Masculino	08:13:38	+03:25:04	11:45
118	111	Nuno Maia	individual	Senior Masculino	08:27:45	+03:39:11	12:05
119	69	Francisco Aragão	eu+ ginásio | lma	Senior Masculino	08:34:22	+03:45:48	12:15
120	114	Nuno Nunes	individual	Senior Masculino	08:34:22	+03:45:48	12:15
121	78	ANSELMO ALMEIDA	ginasio fit4fun	Veterano M40	08:34:34	+03:46:00	12:15
122	32	Rui Airosa	budeguita runners	Senior Masculino	08:34:34	+03:46:00	12:15
123	19	Agostinho Gonçalves Costa	amigos da quinta das freiras	Veterano M40	08:40:07	+03:51:33	12:23
124	157	rui eduardo pereira	individual	Veterano M40	08:40:07	+03:51:33	12:23
125	146	José Graça	individual	Veterano M40	08:40:36	+03:52:02	12:24
126	112	nuno marques	individual	Senior Masculino	08:45:59	+03:57:25	12:31
127	182	Rui Silva	paredes aventura	Senior Masculino	08:46:00	+03:57:26	12:31
128	166	MARIO RUI LEITE COSTA	moreira relax runners	Veterano M40	08:56:00	+04:07:26	12:46
129	140	Gil Megre	individual	Veterano M40	08:56:01	+04:07:27	12:46
130	165	Fernanda Pinho	moreira relax runners	Veterana F40	08:56:01	+04:07:27	12:46

TRAIL LONGO 42K - STAGE 1 42 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
131	155	Nelson Ramos	individual	Veterano M40	08:56:02	+04:07:28	12:46
132	137	Cândido Silva	individual	Veterano M40	08:57:43	+04:09:09	12:48
133	25	paulo rodrigues	armandino cramez	Veterano M40	08:57:44	+04:09:10	12:48
134	85	Marlene Fonseca	individual	Senior Feminino	08:57:44	+04:09:10	12:48
135	191	liliana silva	rainha club	Senior Feminino	08:57:44	+04:09:10	12:48
136	12	Carlos Carreira	academia fernando ribeiro	Senior Masculino	08:57:45	+04:09:11	12:48
137	131	Paula Cristina Oliveira	individual	Veterana F40	08:58:35	+04:10:01	12:49
138	15	Pedro Magalhães	all about	Senior Masculino	08:59:31	+04:10:57	12:51
139	152	Manuel Faria Sampaio	individual	Veterano M40	09:13:20	+04:24:46	13:10
140	143	Joaquim Dias	individual	Veterano M40	09:24:43	+04:36:09	13:27
141	31	Nuno Amorim	budeguita runners	Senior Masculino	09:48:33	+04:59:59	14:01
142	34	Helena Dias	budeguita runners	Veterana F40	09:48:48	+05:00:14	14:01
143	33	Ana Dias	budeguita runners	Veterana F40	09:48:48	+05:00:14	14:01
144	39	Tiago Almeida	budeguita runners	Veterano M40	09:48:48	+05:00:14	14:01
145	88	Amaury Joaquim Gomez Pinho	individual	Senior Masculino	09:48:51	+05:00:17	14:01
146	210	António Pinheiro	team duas faces	Senior Masculino	10:07:17	+05:18:43	14:28
147	164	Manuel Teixeira	lusos xxi	Senior Masculino	10:19:10	+05:30:36	14:45
148	209	jose fernando moreira da silva	team 6afundo	Veterano M40	10:19:11	+05:30:37	14:45
149	3046	Luis Pedro Nogueira	all about	Veterano M40	10:21:32	+05:32:58	14:48
150	130	Fernanda Alves	individual	Veterana F40	10:21:33	+05:32:59	14:48

2º Trail da Raposa
Paredes
31-maio-2015

Trail Longo 42K — 42 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	19,4ºC	61,7%
End	20:04	20,3ºC	61%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	71	Rosa Madureira	Futebol Clube de Penafiel	Senior Feminino	05:06:40		07:18
2	72	ALICE LOPES	Ginasio Fit4Fun	Senior Feminino	06:43:42	+01:37:02	09:37
3	53	Casimira Moura	Dr Merino Clínica Médica	Senior Feminino	06:50:29	+01:43:49	09:46
4	30	Ana Sousa	BUDEGUITA RUNNERS	Senior Feminino	07:19:59	+02:13:19	10:29
5	172	Brígida Pinto	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Feminino	07:26:20	+02:19:40	10:38
6	200	Sara da Costa Sá Correia	sempre a correr	Senior Feminino	07:30:32	+02:23:52	10:44
7	7	Ana Isabel Pereira Ferreira	A.D.Amarante trail running	Senior Feminino	07:38:12	+02:31:32	10:55
8	87	Suzana Silva Andrade	Individual	Senior Feminino	07:42:19	+02:35:39	11:00
9	190	Hugo Costa	Rainha Club	Senior Feminino	08:03:55	+02:57:15	11:31
10	204	ana coelho	SPEM	Senior Feminino	08:13:37	+03:06:57	11:45
11	85	Marlene Fonseca	Individual	Senior Feminino	08:57:44	+03:51:04	12:48
12	191	liliana silva	Rainha Club	Senior Feminino	08:57:44	+03:51:04	12:48

Senior Masculino

1	1	Armando teixeira	Individual	Senior Masculino	04:48:34		06:52
2	4	Bruno Coelho	PAREDES AVENTURA	Senior Masculino	04:52:24	+03:50	06:58
3	24	Leonel Rodrigues da Cunha	Amigos do Pedal/Trailagares	Senior Masculino	04:52:36	+04:02	06:58
4	217	JOÃO RODRIGUES	vidaativarunners	Senior Masculino	05:02:33	+13:59	07:12
5	83	JOAQUIM MANUEL MARTINS FREITAS	Grupo Dramático e Recreativo da Retorta	Senior Masculino	05:18:25	+29:51	07:35
6	5	João Nogueira	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	05:25:15	+36:41	07:45
7	11	Victor Manuel Monteiro da Costa	A.D.Amarante trail running	Senior Masculino	05:25:47	+37:13	07:45
8	62	Diogo Lopes	EDV-VIANA TRAIL	Senior Masculino	05:43:50	+55:16	08:11
9	82	Pedro Rocha	GONDOMAR FUTSAL CLUBE	Senior Masculino	05:45:35	+57:01	08:14
10	57	Rui Rebelo	Dr Merino Clínica Médica	Senior Masculino	05:45:35	+57:01	08:14
11	173	Belmiro Moreira	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	05:46:35	+58:01	08:15
12	192	Andre Silva	Rainha Club	Senior Masculino	05:50:15	+01:01:41	08:20
13	159	Hélder Silva	Ironman Team	Senior Masculino	05:52:48	+01:04:14	08:24
14	9	cesar duarte	A.D.Amarante trail running	Senior Masculino	06:00:19	+01:11:45	08:35
15	119	Paulo Jorge Fernandes Oliveira	Individual	Senior Masculino	06:01:15	+01:12:41	08:36
16	176	VITOR MIGUEL FERREIRA PINTO	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	06:04:12	+01:15:38	08:40
17	65	Stephane Simoes	EDV-VIANA TRAIL	Senior Masculino	06:09:51	+01:21:17	08:48
18	64	Sérgio Miguel Mesquita Ramos	EDV-VIANA TRAIL	Senior Masculino	06:09:51	+01:21:17	08:48
19	52	Sérgio Santos	Didáxis Trail	Senior Masculino	06:14:28	+01:25:54	08:55
20	117	Paulo Almiro Borges Sampaio	Individual	Senior Masculino	06:19:49	+01:31:15	09:03

Trail Longo 42K

42 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

21	59	Ricardo Monteiro	Dragoes do vale de vizela	Senior Masculino	06:28:49	+01:40:15	09:15
22	197	INUO MELO	Run4all	Senior Masculino	06:30:44	+01:42:10	09:18
23	128	Vítor Paulo Duarte Caldeira	Individual	Senior Masculino	06:32:54	+01:44:20	09:21
24	63	Pedro Caldas	EDV-VIANA TRAIL	Senior Masculino	06:32:58	+01:44:24	09:21
25	168	Fernando Carneiro	NAST	Senior Masculino	06:37:56	+01:49:22	09:28
26	181	Ricardo Bomtempo	PAREDES AVENTURA	Senior Masculino	06:42:01	+01:53:27	09:34
27	76	RICARDO RIBEIRO	Ginasio Fit4Fun	Senior Masculino	06:43:41	+01:55:07	09:37
28	161	Jorge David Barbosa	JC Team Trail	Senior Masculino	06:44:06	+01:55:32	09:37
29	28	ROGERIO NUNO FERRAZ MACHADO	BRIGADA DO TRAIL	Senior Masculino	06:47:27	+01:58:53	09:42
30	174	Óscar Rodrigues	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	06:49:28	+02:00:54	09:45
31	175	Tiago Ribeiro	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	06:49:28	+02:00:54	09:45
32	100	Hélder S G Pinto	Individual	Senior Masculino	06:53:00	+02:04:26	09:50
33	201	Ricardo Moreira	Shots International Runners	Senior Masculino	06:56:39	+02:08:05	09:55
34	126	Tiago Andre Costa Bastos	Individual	Senior Masculino	06:56:39	+02:08:05	09:55
35	118	paulo Filipe	Individual	Senior Masculino	07:04:12	+02:15:38	10:06
36	41	Hugo Azevedo	BYL! BEAT YOUR LIMIT!	Senior Masculino	07:05:15	+02:16:41	10:08
37	115	Nuno Nunes	Individual	Senior Masculino	07:06:18	+02:17:44	10:09
38	49	João Carlos Fernandes	CTAD TRILHOS DE CINFÃES	Senior Masculino	07:09:15	+02:20:41	10:13
39	95	Fernando Jorge da Costa Pereira	Individual	Senior Masculino	07:12:42	+02:24:08	10:18
40	121	Pedro Azevedo	Individual	Senior Masculino	07:15:10	+02:26:36	10:22
41	109	Mário Miguel Ferreira Barbosa	Individual	Senior Masculino	07:17:01	+02:28:27	10:24
42	198	Ulisses Costa	Run4all	Senior Masculino	07:20:05	+02:31:31	10:29
43	220	Nuno Miguel Cruz	VIDAATIVARUNNERS	Senior Masculino	07:24:24	+02:35:50	10:35
44	179	Bruno Macedo	os caga tacos running team	Senior Masculino	07:24:31	+02:35:57	10:35
45	211	Ricardo Zeferino Ribeiro Costa	Unidade Especial de Corrida	Senior Masculino	07:24:39	+02:36:05	10:35
46	91	Daniel Filipe Mansinho Neto	Individual	Senior Masculino	07:26:50	+02:38:16	10:38
47	124	Rui Gomes	Individual	Senior Masculino	07:28:04	+02:39:30	10:40
48	113	Nuno Miguel Martins	Individual	Senior Masculino	07:33:56	+02:45:22	10:48
49	195	luis gaspar	Rainha Club	Senior Masculino	07:35:42	+02:47:08	10:51
50	108	Manuel Mendes	Individual	Senior Masculino	07:35:44	+02:47:10	10:51
51	47	Paulino Alves	Corridas De Pernas Pro Ar	Senior Masculino	07:36:16	+02:47:42	10:52
52	116	Osvaldo Manuel Dias Ferreira	Individual	Senior Masculino	07:45:01	+02:56:27	11:04
53	196	ALBERTO MAGALHÃES	Run4all	Senior Masculino	07:47:14	+02:58:40	11:07
54	105	Jose Jesus	Individual	Senior Masculino	07:55:41	+03:07:07	11:20
55	48	TIAGO FRUTUOSO	Corridas De Pernas Pro Ar	Senior Masculino	07:57:17	+03:08:43	11:22
56	170	JOSE CORREIA	NOCTURNOS DE PAREDES	Senior Masculino	08:00:30	+03:11:56	11:26
57	120	Pedro Antonio Moreira Machado Costa	Individual	Senior Masculino	08:04:14	+03:15:40	11:32
58	98	Hélder Jorge Ferreira de Castro	Individual	Senior Masculino	08:07:06	+03:18:32	11:36
59	75	JOSE JESUS	Ginasio Fit4Fun	Senior Masculino	08:08:31	+03:19:57	11:38
60	73	CARLOS MARTINS	Ginasio Fit4Fun	Senior Masculino	08:08:31	+03:19:57	11:38
61	51	Paulo Eusebio	Desportonolimite	Senior Masculino	08:08:44	+03:20:10	11:38
62	123	Porfirio da Silva pereira	Individual	Senior Masculino	08:13:36	+03:25:02	11:45
63	205	rui rodrigues	SPEM	Senior Masculino	08:13:38	+03:25:04	11:45
64	111	Nuno Maia	Individual	Senior Masculino	08:27:45	+03:39:11	12:05
65	69	Francisco Aragão	Eu+ Ginásio | LMA	Senior Masculino	08:34:22	+03:45:48	12:15

Trail Longo 42K

42 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

66	114	Nuno Nunes	Individual	Senior Masculino	08:34:22	+03:45:48	12:15
67	32	Rui Airosa	BUDEGUITA RUNNERS	Senior Masculino	08:34:34	+03:46:00	12:15
68	112	nuno marques	Individual	Senior Masculino	08:45:59	+03:57:25	12:31
69	182	Rui Silva	PAREDES AVENTURA	Senior Masculino	08:46:00	+03:57:26	12:31
70	12	Carlos Carreira	Academia Fernando Ribeiro	Senior Masculino	08:57:45	+04:09:11	12:48
71	15	Pedro Magalhães	All About	Senior Masculino	08:59:31	+04:10:57	12:51
72	31	Nuno Amorim	BUDEGUITA RUNNERS	Senior Masculino	09:48:33	+04:59:59	14:01
73	88	Amaury Joaquim Gomez Pinho	Individual	Senior Masculino	09:48:51	+05:00:17	14:01
74	210	António Pinheiro	Team DUAS FACES	Senior Masculino	10:07:17	+05:18:43	14:28
75	164	Manuel Teixeira	LUSOS XXI	Senior Masculino	10:19:10	+05:30:36	14:45

Veterana F40

1	43	Rosário Martins	CENTRO CICLISTA DE GONDOMAR	Veterana F40	07:03:08		10:04
2	26	Maria Augusta Da Costa Loureiro	Associação Desportiva de Cabroelo	Veterana F40	07:26:12	+23:04	10:37
3	27	CLÁUDIA MEDEIROS	ATLÉTICO CLUBE SÃO MAMEDE	Veterana F40	07:57:16	+54:08	11:22
4	183	Paula Moreira	PAREDES AVENTURA	Veterana F40	07:59:24	+56:16	11:25
5	165	Fernanda Pinho	Moreira Relax Runners	Veterana F40	08:56:01	+01:52:53	12:46
6	131	Paula Cristina Oliveira	Individual	Veterana F40	08:58:35	+01:55:27	12:49
7	34	Helena Dias	BUDEGUITA RUNNERS	Veterana F40	09:48:48	+02:45:40	14:01
8	33	Ana Dias	BUDEGUITA RUNNERS	Veterana F40	09:48:48	+02:45:40	14:01
9	130	Fernanda Alves	Individual	Veterana F40	10:21:33	+03:18:25	14:48

Veterano M40

1	45	Antonio Martins	CENTRO CICLISTA DE GONDOMAR	Veterano M40	05:18:26		07:35
2	184	António Moreira	PAREDES AVENTURA	Veterano M40	05:26:46	+08:20	07:47
3	37	André Amorim	BUDEGUITA RUNNERS	Veterano M40	05:43:45	+25:19	08:11
4	171	Duarte Gil Ribeiro Barbosa	Not Run Alone	Veterano M40	05:51:08	+32:42	08:22
5	177	José Neves	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Veterano M40	06:04:11	+45:45	08:40
6	144	jorge marques	Individual	Veterano M40	06:11:01	+52:35	08:50
7	187	Manuel Quelhas	PAREDES AVENTURA	Veterano M40	06:11:18	+52:52	08:50
8	60	Paulo Faia	Dragoes do vale de vizela	Veterano M40	06:28:50	+01:10:24	09:15
9	44	Angelo Pereira	CENTRO CICLISTA DE GONDOMAR	Veterano M40	06:32:51	+01:14:25	09:21
10	79	LUIS PINHO	Ginasio Fit4Fun	Veterano M40	06:43:42	+01:25:16	09:37
11	212	JOSÉ MANUEL RODRIGO NUNES	USGUNAS	Veterano M40	06:45:24	+01:26:58	09:39
12	139	Francisco Teotónio	Individual	Veterano M40	06:53:50	+01:35:24	09:51
13	50	Paulo Jorge Pinho Ferreira	CTR Vale de Cambra	Veterano M40	06:56:39	+01:38:13	09:55
14	22	Rui Pedro Ferreira Alves	Amigos da Quinta das Freiras	Veterano M40	07:02:51	+01:44:25	10:04
15	185	Augusto Oliveira	PAREDES AVENTURA	Veterano M40	07:05:00	+01:46:34	10:07
16	151	manuel f teixeira	Individual	Veterano M40	07:09:40	+01:51:14	10:14
17	21	Paulo Alexandre Pereira de Almeida	Amigos da Quinta das Freiras	Veterano M40	07:09:40	+01:51:14	10:14

Trail Longo 42K

42 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

18	142	Joao Paulo Loureiro Ferreira	PAREDES AVENTURA	Veterano M40	07:14:43	+01:56:17	10:21
19	132	Adelino Silva	Individual	Veterano M40	07:21:49	+02:03:23	10:31
20	23	Victor Lima	Amigos da Quinta das Freiras	Veterano M40	07:25:19	+02:06:53	10:36
21	178	paulo marques	os caga tacos running team	Veterano M40	07:25:29	+02:07:03	10:36
22	147	José Luis Loureiro	Individual	Veterano M40	07:26:06	+02:07:40	10:37
23	20	Alberto Marques	Amigos da Quinta das Freiras	Veterano M40	07:26:22	+02:07:56	10:38
24	162	Carlos da Fonseca	JC Team Trail	Veterano M40	07:27:17	+02:08:51	10:39
25	149	Luis Miguel Alves Monteiro	Individual	Veterano M40	07:31:43	+02:13:17	10:45
26	156	Paulo Ferreira	Individual	Veterano M40	07:32:07	+02:13:41	10:46
27	134	Anselmo pinto	Individual	Veterano M40	07:32:07	+02:13:41	10:46
28	29	JORGE MANUEL COELHO	BRIGADA DO TRAIL	Veterano M40	07:37:56	+02:19:30	10:54
29	138	Carlos Correia	Individual	Veterano M40	07:41:24	+02:22:58	10:59
30	150	Luís Sá	Individual	Veterano M40	07:44:57	+02:26:31	11:04
31	38	João Carvalhal	BUDEGUITA RUNNERS	Veterano M40	07:47:58	+02:29:32	11:09
32	135	ANTONIO CARLOS TEIXEIRA	Individual	Veterano M40	07:55:38	+02:37:12	11:19
33	188	Rui Moreira	PAREDES AVENTURA	Veterano M40	07:59:24	+02:40:58	11:25
34	199	Carlos Navega	Sem Rota	Veterano M40	07:59:51	+02:41:25	11:25
35	180	Miguel Ângelo Costa Teixeira	OUTDOURO	Veterano M40	08:00:33	+02:42:07	11:27
36	186	Jorge Oliveira	PAREDES AVENTURA	Veterano M40	08:04:38	+02:46:12	11:32
37	203	Eduardo Pinto	Solmaia Runners	Veterano M40	08:05:51	+02:47:25	11:34
38	17	Manuel Brandão	All About	Veterano M40	08:07:07	+02:48:41	11:36
39	18	Paulo Sousa	All About	Veterano M40	08:07:07	+02:48:41	11:36
40	80	RUI FERREIRA	Ginasio Fit4Fun	Veterano M40	08:08:31	+02:50:05	11:38
41	78	ANSELMO ALMEIDA	Ginasio Fit4Fun	Veterano M40	08:34:34	+03:16:08	12:15
42	19	Agostinho Gonçalves Costa	Amigos da Quinta das Freiras	Veterano M40	08:40:07	+03:21:41	12:23
43	157	rui eduardo pereira	Individual	Veterano M40	08:40:07	+03:21:41	12:23
44	146	José Graça	Individual	Veterano M40	08:40:36	+03:22:10	12:24
45	166	MARIO RUI LEITE COSTA	Moreira Relax Runners	Veterano M40	08:56:00	+03:37:34	12:46
46	140	Gil Megre	Individual	Veterano M40	08:56:01	+03:37:35	12:46
47	155	Nelson Ramos	Individual	Veterano M40	08:56:02	+03:37:36	12:46
48	137	Cândido Silva	Individual	Veterano M40	08:57:43	+03:39:17	12:48
49	25	paulo rodrigues	armandino cramez	Veterano M40	08:57:44	+03:39:18	12:48
50	152	Manuel Faria Sampaio	Individual	Veterano M40	09:13:20	+03:54:54	13:10
51	143	Joaquim Dias	Individual	Veterano M40	09:24:43	+04:06:17	13:27
52	39	Tiago Almeida	BUDEGUITA RUNNERS	Veterano M40	09:48:48	+04:30:22	14:01
53	209	jose fernando moreira da silva	team 6afundo	Veterano M40	10:19:11	+05:00:45	14:45
54	3046	Luis Pedro Nogueira	All About	Veterano M40	10:21:32	+05:03:06	14:48

COLETIVA 42KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	PAREDES AVENTURA	23:12:28 [2 + 10 + 26 + 36]	0
2	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	23:20:13 [8 + 15 + 21 + 22]	0
3	EDV-VIANA TRAIL	24:36:29 [12 + 23 + 24 + 34]	0
4	Ginasio Fit4Fun	28:19:35 [37 + 38 + 39 + 111]	0
5	Amigos da Quinta das Freiras	29:04:11 [51 + 59 + 70 + 75]	0
6	BUDEGUITA RUNNERS	29:26:16 [11 + 64 + 94 + 122]	0
7	Rainha Club	30:27:36 [16 + 84 + 104 + 135]	0
8	All About	35:35:17 [109 + 110 + 138 + 149]	0

2º Trail da Raposa
Paredes
31-maio-2015

TRAIL 23K - STAGE 1 — 23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	19,6ºC	58,5%
End	18:51	20,3ºC	61%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1286	Paulo César Ferreira	gondomar futsal clube	Senior Masculino	02:23:40		06:15
2	1041	CARLOS MARTINS	arrasta o pe	Senior Masculino	02:25:56	+02:16	06:21
3	1095	Asdrubal Freitas	centro ciclista de gondomar	Veterano M40	02:28:05	+04:25	06:26
4	1891	Miguel Martins	nast	Senior Masculino	02:34:07	+10:27	06:42
5	2133	André Guedes	dr merino clínica médica	Veterano M40	02:34:41	+11:01	06:44
6	1094	Miguel Neves	centro ciclista de gondomar	Senior Masculino	02:35:15	+11:35	06:45
7	1963	Armandino Taborda	oralklass-aliança-amigos do trail	Veterano M40	02:37:32	+13:52	06:51
8	2017	André Teixeira	paredes aventura	Senior Masculino	02:38:20	+14:40	06:53
9	1950	Bruno Silva	oralklass-aliança-amigos do trail	Senior Masculino	02:38:22	+14:42	06:53
10	1009	Paulo manuel monteiro da costa	a.d.amarante trail running	Senior Masculino	02:39:47	+16:07	06:57
11	1097	Paulo Pinto	centro ciclista de gondomar	Veterano M40	02:40:23	+16:43	06:58
12	1996	Marco André Oliveira Lopes MendesFerreira	os lobos do saibro	Senior Masculino	02:41:13	+17:33	07:01
13	1133	David Ferreira	dr merino clínica médica	Senior Masculino	02:42:00	+18:20	07:03
14	1551	Paulo Rebelo	individual	Veterano M40	02:43:13	+19:33	07:06
15	1506	Ivo Pereira	individual	Senior Masculino	02:43:22	+19:42	07:06
16	1132	Bruno Alcino Bessa Pinto	dr merino clínica médica	Senior Masculino	02:45:01	+21:21	07:10
17	1034	Fernando Neves	amigos do pedal/trailagares	Veterano M40	02:45:32	+21:52	07:12
18	2117	Paulo Domingues	shots international runners	Senior Masculino	02:46:31	+22:51	07:14
19	1948	Andre Nogueira	oralklass-aliança-amigos do trail	Senior Masculino	02:49:42	+26:02	07:23
20	1167	Anthony Lopes	engomadoria l&a team	Senior Masculino	02:49:59	+26:19	07:23
21	1043	FRANSCISCO LEMOS	arrasta o pe	Veterano M40	02:50:06	+26:26	07:24
22	1494	Fernando Noronha	individual	Veterano M40	02:50:06	+26:26	07:24
23	1227	Ricardo Rocha	fast ao km- prr/health&nutrition	Senior Masculino	02:50:24	+26:44	07:25
24	1258	Jorge Pereira	gaia-running	Veterano M40	02:51:12	+27:32	07:27
25	1421	André Sampaio	individual	Senior Masculino	02:55:09	+31:29	07:37
26	1173	Sérgio Santos	engomadoria l&a team	Senior Masculino	02:56:46	+33:06	07:41
27	1430	Artur Barbosa	individual	Senior Masculino	02:58:42	+35:02	07:46
28	1033	António Manuel Dias Moreira	amigos do pedal/trailagares	Senior Masculino	02:58:42	+35:02	07:46
29	1150	Nuno Gomes	edv-viana trail	Senior Masculino	02:58:51	+35:11	07:47
30	1155	Manuel Soares	edv-viana trail	Veterano M40	02:58:51	+35:11	07:47
31	1645	Sergio Andre da Silva Coelho	individual	Senior Masculino	02:58:51	+35:11	07:47
32	1126	Vitor Ribeiro	didáxis trail	Senior Masculino	02:58:58	+35:18	07:47
33	1638	Rui Manuel Alves Monteiro Araújo	individual	Senior Masculino	02:58:58	+35:18	07:47
34	1216	Nuno Alves	fama runners	Senior Masculino	02:59:44	+36:04	07:49
35	1224	Jorge Maia	fama runners	Veterano M40	02:59:45	+36:05	07:49
36	93	Diogo João	individual	Senior Masculino	03:00:15	+36:35	07:50
37	1953	Fernando Taborda	oralklass-aliança-amigos do trail	Senior Masculino	03:01:15	+37:35	07:53
38	1639	Rui Matos	individual	Senior Masculino	03:01:17	+37:37	07:53
39	1424	António José Oliveira Marques de Sousa	individual	Senior Masculino	03:01:18	+37:38	07:53
40	2018	Helder Camilo	paredes aventura	Senior Masculino	03:01:54	+38:14	07:55

TRAIL 23K - STAGE 1 — 23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	1731	antonio pereira	individual	Veterano M40	03:01:57	+38:17	07:55
42	1648	Sérgio Carneiro	individual	Senior Masculino	03:02:10	+38:30	07:55
43	1057	Carlos Jesus	beat your limit!	Senior Masculino	03:02:10	+38:30	07:55
44	2131	Luís Letra	dr merino clínica médica	Senior Masculino	03:02:17	+38:37	07:56
45	1618	Ricardo Ferreira	individual	Senior Masculino	03:02:31	+38:51	07:56
46	1184	Ricardo Martins Henriques Pais	ermidafit runners	Senior Masculino	03:02:55	+39:15	07:57
47	2249	Pedro Valentim Batista	unidade especial de corrida	Senior Masculino	03:03:04	+39:24	07:58
48	1420	André Mesquita Guimarães	individual	Senior Masculino	03:03:26	+39:46	07:59
49	1096	Paulo Oliveira	centro ciclista de gondomar	Veterano M40	03:03:28	+39:48	07:59
50	2291	Paula Lage	paredes aventura	Senior Feminino	03:03:50	+40:10	08:00
51	1815	PAULO JORGE MOREIRA DA SILVA	individual	Veterano M40	03:03:51	+40:11	08:00
52	2030	Carlos Rocha	porto runners	Veterano M40	03:03:51	+40:11	08:00
53	1956	José Neto	oralklass-aliança-amigos do trail	Senior Masculino	03:03:51	+40:11	08:00
54	2251	André Ribeiro Almeida	vaindo	Senior Masculino	03:05:02	+41:22	08:03
55	1964	Carlos Silva	oralklass-aliança-amigos do trail	Veterano M40	03:05:13	+41:33	08:03
56	1978	Jorge Manuel Barbosa Moreira	os dezavergonhados	Veterano M40	03:05:48	+42:08	08:05
57	1438	Bruno Miguel Gonçalves de Freitas	individual	Senior Masculino	03:07:28	+43:48	08:09
58	1168	Celso Santos	engomadoria l&a team	Senior Masculino	03:07:32	+43:52	08:09
59	2130	Fábio Carvalho	sneakers power/aprt	Senior Masculino	03:07:51	+44:11	08:10
60	1071	Antonio Azevedo	boavista fc	Veterano M40	03:08:48	+45:08	08:13
61	1523	Joaquim dias	individual	Senior Masculino	03:09:02	+45:22	08:13
62	2248	Luis Miguel Azevedo da Silva	unidade especial de corrida	Senior Masculino	03:09:33	+45:53	08:14
63	1497	Helder Campos	individual	Senior Masculino	03:09:36	+45:56	08:15
64	1171	Hélder Ferreira	engomadoria l&a team	Senior Masculino	03:09:38	+45:58	08:15
65	1879	Nelson Marques	multipower | gaia trail | cfod	Senior Masculino	03:09:43	+46:03	08:15
66	1960	Pedro Duarte	oralklass-aliança-amigos do trail	Senior Masculino	03:09:48	+46:08	08:15
67	1746	DIONISIO MANUEL CORREIA SOUSA	individual	Veterano M40	03:09:51	+46:11	08:15
68	1946	Rita Loureiro	oralklass-aliança-amigos do trail	Senior Feminino	03:09:52	+46:12	08:15
69	1952	Fernando Grabulho	oralklass-aliança-amigos do trail	Senior Masculino	03:09:52	+46:12	08:15
70	1266	José Paulo Pereira Ribeiro	ginásio factor x	Senior Masculino	03:10:02	+46:22	08:16
71	1044	Horácio Henrique Santos Ferreira	arsm - associação reciativa de s. miguel	Veterano M40	03:10:02	+46:22	08:16
72	1966	Orlando Nogueira	oralklass-aliança-amigos do trail	Veterano M40	03:10:25	+46:45	08:17
73	1736	Augusto Oliveira	individual	Veterano M40	03:10:35	+46:55	08:17
74	1219	Vitor Santos Carneiro	fama runners	Senior Masculino	03:10:42	+47:02	08:17
75	1011	Ricardo Miguel Magalhaes Nunes	a.r.c.o.	Senior Masculino	03:11:34	+47:54	08:20
76	2277	Hugo Ferreira	white running team	Senior Masculino	03:11:48	+48:08	08:20
77	2016	Ricardo Fernandes	papakm	Senior Masculino	03:11:57	+48:17	08:21
78	1482	Fernando Leite	individual	Senior Masculino	03:12:29	+48:49	08:22
79	1330	Cláudia Santos	individual	Senior Feminino	03:14:04	+50:24	08:26
80	1743	Carlos Ferreira	individual	Veterano M40	03:14:05	+50:25	08:26
81	1136	Tiago Amaral	dr merino clínica médica	Senior Masculino	03:14:10	+50:30	08:27
82	1631	Rúben Alves	individual	Senior Masculino	03:14:41	+51:01	08:28
83	1522	Joaquim Alves	individual	Senior Masculino	03:15:10	+51:30	08:29
84	1545	José Miguel Fortuna Pinto	individual	Senior Masculino	03:15:18	+51:38	08:29

TRAIL 23K - STAGE 1 — 23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
85	1517	João Maria Albuquerque Trigueiros Rodrigues Alves	individual	Senior Masculino	03:15:38	+51:58	08:30
86	1007	Luís Carlos Pinto Mendes	a.d.amarante trail running	Senior Masculino	03:15:46	+52:06	08:31
87	2208	Ricardo Marques	team idealkorpus	Senior Masculino	03:16:25	+52:45	08:32
88	1782	Luis Fernando Lopes	individual	Veterano M40	03:16:28	+52:48	08:33
89	1929	ARNALDO SANTOS	nocturnos de paredes	Veterano M40	03:16:32	+52:52	08:33
90	1911	MAURO CARDOSO	nocturnos de paredes	Senior Masculino	03:16:32	+52:52	08:33
91	1918	ROGERIO SOUSA	nocturnos de paredes	Senior Masculino	03:16:33	+52:53	08:33
92	1919	SERGIO VALE	nocturnos de paredes	Senior Masculino	03:16:33	+52:53	08:33
93	1134	Nuno Pinho	dr merino clínica médica	Senior Masculino	03:16:50	+53:10	08:33
94	2193	Bruno Loureiro	team duas faces	Senior Masculino	03:17:03	+53:23	08:34
95	1388	Sarina Carneiro Guimarães	individual	Senior Feminino	03:17:20	+53:40	08:35
96	1159	Ricardo Carvalho	ei team trail	Senior Masculino	03:17:28	+53:48	08:35
97	1957	Leonel Neves	oralklass-aliança-amigos do trail	Senior Masculino	03:18:16	+54:36	08:37
98	2007	domingos barros	os selvagens	Veterano M40	03:19:29	+55:49	08:40
99	1947	Agostinho Sousa	oralklass-aliança-amigos do trail	Senior Masculino	03:19:50	+56:10	08:41
100	2127	Dário Ribeiro	smiling runners	Senior Masculino	03:19:51	+56:11	08:41
101	2013	Daniel Fonseca	papakm	Senior Masculino	03:20:15	+56:35	08:42
102	2257	Luis Pereira	veloses & furiosos	Veterano M40	03:20:22	+56:42	08:43
103	2107	antonio coelho	sapadores invicta	Veterano M40	03:20:37	+56:57	08:43
104	1624	Ricardo Jorge Teixeira Duarte	individual	Senior Masculino	03:20:43	+57:03	08:44
105	1753	Fernando Jorge Soares da Rocha	individual	Veterano M40	03:21:05	+57:25	08:45
106	1434	Bruno Filipe Ribeiro Teixeira	individual	Senior Masculino	03:21:19	+57:39	08:45
107	1118	romeu filipe pacheco pereira	crossfit vale do ave	Senior Masculino	03:21:27	+57:47	08:46
108	1148	Bruno Simões	edv-viana trail	Senior Masculino	03:21:38	+57:58	08:46
109	2200	Ricardo Dantas	team duas faces	Senior Masculino	03:21:38	+57:58	08:46
110	1569	Micael cunha	individual	Senior Masculino	03:21:45	+58:05	08:46
111	189	Pedro Lizardo	pedro lizardo	Senior Masculino	03:22:32	+58:52	08:48
112	1157	José Cruz	ei team trail	Senior Masculino	03:22:40	+59:00	08:49
113	1715	alipio lopes	individual	Veterano M40	03:22:46	+59:06	08:49
114	2132	Rui Oliveira	sneakers power/aprt	Senior Masculino	03:22:53	+59:13	08:49
115	1727	António Maria Moreira Gomes	individual	Veterano M40	03:24:19	+01:00:39	08:53
116	1423	António Filipe de Sousa Teixeira	individual	Senior Masculino	03:24:22	+01:00:42	08:53
117	1273	DANIELA RUSSO	ginasio fit4fun	Senior Feminino	03:24:22	+01:00:42	08:53
118	1535	jorge sousa	individual	Senior Masculino	03:24:55	+01:01:15	08:55
119	1162	Joaquim Coelho	ei team trail	Veterano M40	03:25:19	+01:01:39	08:56
120	1553	Luís Lobão	individual	Senior Masculino	03:25:40	+01:02:00	08:57
121	1274	FRANCISCO FIGUEIREDO	ginasio fit4fun	Senior Masculino	03:25:58	+01:02:18	08:57
122	2162	Joel Simplício	sunday training	Senior Masculino	03:26:02	+01:02:22	08:57
123	2108	joaquim nunes	sapadores invicta	Veterano M40	03:26:02	+01:02:22	08:57
124	1117	Felisberto Carvalho Arcipreste	crossfit vale do ave	Senior Masculino	03:26:03	+01:02:23	08:58
125	1466	Diogo Carvalho	individual	Senior Masculino	03:26:04	+01:02:24	08:58
126	1729	António Osório Pinto	individual	Veterano M40	03:26:26	+01:02:46	08:59
127	1384	sara braga	individual	Senior Feminino	03:26:49	+01:03:09	09:00
128	1455	Cipriano Cunha	individual	Senior Masculino	03:27:16	+01:03:36	09:01
129	1042	eugenio lopes cunha	arrasta o pe	Veterano M40	03:27:29	+01:03:49	09:01

TRAIL 23K - STAGE 1 — 23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
130	2198	Nuno Sobral	team duas faces	Senior Masculino	03:27:37	+01:03:57	09:02
131	1810	Paulo Ferreira Morais	individual	Veterano M40	03:28:01	+01:04:21	09:03
132	1808	Paulo Augusto Oliveira Pacheco	individual	Veterano M40	03:28:15	+01:04:35	09:03
133	1562	Márcio Rocha	individual	Senior Masculino	03:28:25	+01:04:45	09:04
134	1962	Rui Costa	oralklass-aliança-amigos do trail	Senior Masculino	03:28:27	+01:04:47	09:04
135	1961	Rúben Martins	oralklass-aliança-amigos do trail	Senior Masculino	03:28:27	+01:04:47	09:04
136	1492	Francisco CArneiro	individual	Senior Masculino	03:28:32	+01:04:52	09:04
137	1792	Manuel pinheiro	individual	Veterano M40	03:28:33	+01:04:53	09:04
138	1871	Carlos Ferreira	lusos xxi	Senior Masculino	03:28:34	+01:04:54	09:04
139	2195	João Neves Moutinho	team duas faces	Senior Masculino	03:28:40	+01:05:00	09:04
140	1711	Agostinho Paulo Teixeira Sousa	individual	Veterano M40	03:29:09	+01:05:29	09:06
141	2152	Abel Carvalho	sport remo	Senior Masculino	03:29:18	+01:05:38	09:06
142	1791	Manuel Oliveira	individual	Veterano M40	03:29:20	+01:05:40	09:06
143	1498	Helder Carvalho	individual	Senior Masculino	03:29:38	+01:05:58	09:07
144	1418	André Daniel da Cunha Fernandes	individual	Senior Masculino	03:29:38	+01:05:58	09:07
145	1722	ANTONIO CUNHA	individual	Veterano M40	03:29:53	+01:06:13	09:08
146	1225	José Alves	fama runners	Veterano M40	03:30:47	+01:07:07	09:10
147	4160	Pedro manuel Pita	individual	Senior Masculino	03:31:00	+01:07:20	09:10
148	1906	FERNANDO ALMEIDA	nocturnos de paredes	Senior Masculino	03:31:04	+01:07:24	09:11
149	1591	Paulo Jorge Mota Da Silva	individual	Senior Masculino	03:31:54	+01:08:14	09:13
150	2173	Helder Barbosa	sweet runners	Senior Masculino	03:31:59	+01:08:19	09:13
151	1755	Filipe Campelo Lemos	individual	Veterano M40	03:32:06	+01:08:26	09:13
152	1781	Lieven Verraest	individual	Veterano M40	03:32:24	+01:08:44	09:14
153	1798	Nuno filipe Peixoto duarte	individual	Veterano M40	03:32:26	+01:08:46	09:14
154	1191	Miguel Rocha	esmoriz runners	Veterano M40	03:32:33	+01:08:53	09:14
155	1728	António Martins	individual	Veterano M40	03:33:22	+01:09:42	09:17
156	1606	Pedro matos	individual	Senior Masculino	03:33:26	+01:09:46	09:17
157	2174	Joel Neves	sweet runners	Senior Masculino	03:33:26	+01:09:46	09:17
158	1244	Ricardo Francisco Sousa Aires	fridão sem limites	Senior Masculino	03:33:29	+01:09:49	09:17
159	1777	José Manuel Teixeira Vieira	individual	Veterano M40	03:33:55	+01:10:15	09:18
160	1508	João Pinto	individual	Senior Masculino	03:34:14	+01:10:34	09:19
161	2279	Viriato Rocha	white running team	Senior Masculino	03:34:17	+01:10:37	09:19
162	2278	Sérgio Branco	white running team	Senior Masculino	03:34:18	+01:10:38	09:19
163	1988	Carlos Fazendeiro	os falta d'ar / run na villa	Veterano M40	03:34:28	+01:10:48	09:19
164	1529	Joel Malveiro	individual	Senior Masculino	03:34:47	+01:11:07	09:20
165	1566	mario gonçalves	individual	Senior Masculino	03:34:54	+01:11:14	09:21
166	1765	Joaquim Manuel Sousa Gomes	individual	Veterano M40	03:34:54	+01:11:14	09:21
167	2266	Joaquim Miranda	vidaativarunners	Senior Masculino	03:35:10	+01:11:30	09:21
168	1921	TIAGO MOREIRA	nocturnos de paredes	Senior Masculino	03:35:36	+01:11:56	09:22
169	1710	agostinho moreira	individual	Veterano M40	03:35:40	+01:12:00	09:23
170	2294	Agostinho Carlos da Rocha Sousa	individual	Veterano M40	03:36:24	+01:12:44	09:25
171	1264	Joana Cardoso	ginásio factor x	Senior Feminino	03:36:45	+01:13:05	09:25
172	1625	Ricardo Miguel Dos Santos Rocha	individual	Senior Masculino	03:36:46	+01:13:06	09:25
173	67	Diogo Oliveira	engomadoria l&a team	Senior Masculino	03:36:49	+01:13:09	09:26
174	2118	Ricardo Henriques	shots international runners	Senior Masculino	03:36:50	+01:13:10	09:26
175	1665	Tomé barrosa pinto	individual	Senior Masculino	03:36:57	+01:13:17	09:26

TRAIL 23K - STAGE 1 — 23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
176	1441	Bruno Ricardo Vieira Dias	individual	Senior Masculino	03:37:07	+01:13:27	09:26
177	2194	Fernando Lopes	team duas faces	Senior Masculino	03:37:14	+01:13:34	09:27
178	1788	manuel arcanjo freitas ferreira	individual	Veterano M40	03:37:31	+01:13:51	09:27
179	1485	Filipe Carvalho	individual	Senior Masculino	03:38:18	+01:14:38	09:29
180	1050	Alcino Gouveia	ascários de escariz	Veterano M40	03:38:18	+01:14:38	09:29
181	1106	Pedro Cancelo	clube zupper	Senior Masculino	03:38:28	+01:14:48	09:30
182	1823	pedro mouro	individual	Veterano M40	03:38:45	+01:15:05	09:31
183	1073	João Lázaro	boccasballs	Veterano M40	03:38:53	+01:15:13	09:31
184	2012	alfredo costa	oursense-o desporto a vossa medida	Veterano M40	03:39:02	+01:15:22	09:31
185	1051	José Oliveira	ascários de escariz	Veterano M40	03:39:20	+01:15:40	09:32
186	2191	Ferreira da Silva	team @venida	Veterano M40	03:39:22	+01:15:42	09:32
187	1770	José Ferreira	individual	Veterano M40	03:39:34	+01:15:54	09:33
188	1718	Ângelo César Jorge Vieira Neto	individual	Veterano M40	03:39:41	+01:16:01	09:33
189	1949	Bruno Pinto	oralklass-aliança-amigos do trail	Senior Masculino	03:39:42	+01:16:02	09:33
190	1440	Bruno Resende	individual	Senior Masculino	03:39:57	+01:16:17	09:34
191	1314	Anabela Freitas	individual	Senior Feminino	03:40:03	+01:16:23	09:34
192	1737	Avelino dos Santos Coelho	individual	Veterano M40	03:40:11	+01:16:31	09:34
193	1575	Nelson Silva	individual	Senior Masculino	03:40:31	+01:16:51	09:35
194	1811	Paulo Gama	individual	Veterano M40	03:41:07	+01:17:27	09:37
195	1468	domingos jerónimo ribeiro gomes	individual	Senior Masculino	03:41:15	+01:17:35	09:37
196	1037	nuno machado	anonymous prosports challenger	Senior Masculino	03:41:27	+01:17:47	09:38
197	2134	Moisés Silva	só chocolate	Senior Masculino	03:41:31	+01:17:51	09:38
198	1019	Sérgio Ferreira	afrikan runners	Senior Masculino	03:41:34	+01:17:54	09:38
199	1016	Filipe Gonçalves	afrikan runners	Senior Masculino	03:41:34	+01:17:54	09:38
200	1017	Marco Machado	afrikan runners	Senior Masculino	03:41:34	+01:17:54	09:38
201	1018	Nelson Nunes	afrikan runners	Senior Masculino	03:41:34	+01:17:54	09:38
202	1075	Vitor Castro	brabus runners	Senior Masculino	03:41:35	+01:17:55	09:38
203	1844	Vitor Sousa	individual	Veterano M40	03:42:18	+01:18:38	09:40
204	1942	PAULO JORGE BARBOSA DA ROCHA	not run alone	Veterano M40	03:42:31	+01:18:51	09:40
205	1593	Paulo Martins	individual	Senior Masculino	03:42:47	+01:19:07	09:41
206	1065	Daniel Ribeiro	bitrunners	Senior Masculino	03:42:48	+01:19:08	09:41
207	1166	Ângelo Cabral	engomadoria l&a team	Senior Masculino	03:43:08	+01:19:28	09:42
208	1172	José Conceição	engomadoria l&a team	Senior Masculino	03:43:08	+01:19:28	09:42
209	1443	Carlos Daniel Moreira da Silva Azevedo	individual	Senior Masculino	03:43:09	+01:19:29	09:42
210	1623	Ricardo Jorge Rosas De Oliveira	individual	Senior Masculino	03:43:11	+01:19:31	09:42
211	1572	Miguel Paredes	individual	Senior Masculino	03:43:21	+01:19:41	09:43
212	1445	Carlos Manuel Ribeiro Magalhães	individual	Senior Masculino	03:43:39	+01:19:59	09:43
213	2047	Pedro Henriques	rainha club	Senior Masculino	03:43:48	+01:20:08	09:44
214	1649	sergio dias	individual	Senior Masculino	03:43:59	+01:20:19	09:44
215	1124	Eduardo Paulo Pinto Teixeira	ctad trilhos de cinfães	Veterano M40	03:44:17	+01:20:37	09:45
216	1156	António Pereira	ei team trail	Senior Masculino	03:44:36	+01:20:56	09:46
217	2109	Sara Manuela Peixoto Dias	sempre a correr	Senior Feminino	03:44:37	+01:20:57	09:46
218	1241	sandra fernandes	fridão sem limites	Senior Feminino	03:44:37	+01:20:57	09:46
219	169	João Marques	no tomorrow running team	Senior Masculino	03:44:42	+01:21:02	09:46
220	1539	José Ferreira Costa	individual	Senior Masculino	03:44:44	+01:21:04	09:46

TRAIL 23K - STAGE 1 — 23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
221	2019	Pedro Pratas	paredes aventura	Veterano M40	03:44:47	+01:21:07	09:46
222	1809	Paulo Brás	individual	Veterano M40	03:45:10	+01:21:30	09:47
223	1021	Paula Barbosa	afs estofos auto	Senior Feminino	03:45:12	+01:21:32	09:47
224	2116	Francisco Gomes	shots international runners	Senior Masculino	03:45:12	+01:21:32	09:47
225	2301	Joaquim Duarte	individual	Senior Masculino	03:45:47	+01:22:07	09:49
226	2201	Rui Juvenal Rodrigues de Andrade	team duas faces	Senior Masculino	03:45:50	+01:22:10	09:49
227	90	CARLOS FERNANDES	individual	Senior Masculino	03:45:51	+01:22:11	09:49
228	1183	pedro maia	ermidafit runners	Senior Masculino	03:45:53	+01:22:13	09:49
229	2240	Vitor Santos	trepa paredes	Senior Masculino	03:45:58	+01:22:18	09:49
230	1713	Alexandre Moreira	individual	Veterano M40	03:46:02	+01:22:22	09:50
231	2302	José Pedro Dias	individual	Senior Masculino	03:46:03	+01:22:23	09:50
232	2180	Ricardo Oliveira	sweet runners	Senior Masculino	03:46:07	+01:22:27	09:50
233	1367	Monica Isabel Vieira Coelho	individual	Senior Feminino	03:46:42	+01:23:02	09:51
234	1565	Marco Paulo Costa e Sousa Sousa	individual	Senior Masculino	03:47:03	+01:23:23	09:52
235	1819	Paulo SC Martins	individual	Veterano M40	03:47:10	+01:23:30	09:53
236	2207	Júlio Magalhães	team idealkorpus	Senior Masculino	03:47:12	+01:23:32	09:53
237	1351	Juliana Rodrigues	individual	Senior Feminino	03:47:22	+01:23:42	09:53
238	1538	Jose Fernando Rocha Moreira	individual	Senior Masculino	03:47:53	+01:24:13	09:54
239	1032	Ana Paula Soares Vieira	amigos do pedal/trailagares	Senior Feminino	03:48:07	+01:24:27	09:55
240	2025	Fernando costa	pernetas	Veterano M40	03:48:08	+01:24:28	09:55
241	2099	Albino Pinto	sai da frente	Senior Masculino	03:48:11	+01:24:31	09:55
242	2199	Pedro Miguel Leão Santos	team duas faces	Senior Masculino	03:48:29	+01:24:49	09:56
243	1725	Antonio jesus	individual	Veterano M40	03:48:32	+01:24:52	09:56
244	1726	António Lino Ferreira Souto	individual	Veterano M40	03:48:47	+01:25:07	09:57
245	1275	JORGE COSTA	ginasio fit4fun	Senior Masculino	03:48:48	+01:25:08	09:57
246	1260	Vitor Fernandes	gaia-running	Veterano M40	03:48:51	+01:25:11	09:57
247	1763	Joaquim Alberto Oliveira Gonçalves	individual	Veterano M40	03:49:04	+01:25:24	09:58
248	1105	Pedro Leandro Guedes Nogueira	clube vodafone	Senior Masculino	03:49:32	+01:25:52	09:59
249	1666	Virgílio Maia Teixeira	individual	Senior Masculino	03:49:45	+01:26:05	09:59
250	1500	HELDER LUIS NUNES PACHECO	individual	Senior Masculino	03:49:55	+01:26:15	10:00
251	1237	Fernando Jorge Oliveira	ffit gaia trail	Veterano M40	03:50:03	+01:26:23	10:00
252	2223	Márcio Sérgio Rocha Sousa	tecla 3 runners	Senior Masculino	03:50:27	+01:26:47	10:01
253	2140	Juliana Cristina Silva Santos	solinca running tribe dragão	Senior Feminino	03:52:01	+01:28:21	10:05
254	1063	Bruno Flávio Ferreira Macieira	bikes & friends	Senior Masculino	03:52:01	+01:28:21	10:05
255	1663	Tiago Miguel Prada veiga	individual	Senior Masculino	03:52:05	+01:28:25	10:05
256	2069	LUIS LEAL	run4all	Senior Masculino	03:52:15	+01:28:35	10:06
257	1088	Carlos Viana	caetano runners	Senior Masculino	03:52:19	+01:28:39	10:06
258	1650	Sérgio Edgar Rodrigues Moreira	individual	Senior Masculino	03:52:22	+01:28:42	10:06
259	1457	cristiano ventura	individual	Senior Masculino	03:52:22	+01:28:42	10:06
260	1412	Adérito Silva	individual	Senior Masculino	03:52:25	+01:28:45	10:06
261	1779	jose morais	individual	Veterano M40	03:52:25	+01:28:45	10:06
262	1959	Mario Almeida	oralklass-aliança-amigos do trail	Senior Masculino	03:52:29	+01:28:49	10:06
263	1965	Fernando santos	oralklass-aliança-amigos do trail	Veterano M40	03:52:29	+01:28:49	10:06
264	2186	António Dias	sweet runners	Veterano M40	03:52:38	+01:28:58	10:07
265	1220	Vitor Teixeira	fama runners	Senior Masculino	03:53:17	+01:29:37	10:09
266	1149	Manuel Jesus	edv-viana trail	Senior Masculino	03:53:41	+01:30:01	10:10

TRAIL 23K - STAGE 1 — 23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
267	2270	José Lopes	vidaativarunners	Senior Masculino	03:53:42	+01:30:02	10:10
268	1883	Nuria Martins Ferreira	nast	Senior Feminino	03:53:48	+01:30:08	10:10
269	1720	António Alexandre Pinto da Costa Mota	individual	Veterano M40	03:53:48	+01:30:08	10:10
270	1816	Paulo José Garcês Pacheco	individual	Veterano M40	03:53:49	+01:30:09	10:10
271	1280	JOSE DUARTE	ginasio pura forma	Veterano M40	03:54:03	+01:30:23	10:11
272	1127	Liliana Gomes	dr merino clínica médica	Senior Feminino	03:54:06	+01:30:26	10:11
273	1135	Pedro Leite	dr merino clínica médica	Senior Masculino	03:54:07	+01:30:27	10:11
274	2011	Lino Moreira	"os turbomula" d.o.c.	Veterano M40	03:55:18	+01:31:38	10:14
275	2039	Silvia Jesus	rainha club	Senior Feminino	03:55:19	+01:31:39	10:14
276	1573	Nadine Coelho	individual	Senior Masculino	03:55:33	+01:31:53	10:14
277	1008	Nuno Carvalho	a.d.amarante trail running	Senior Masculino	03:55:55	+01:32:15	10:15
278	1052	Daniela Alves	associação desportiva de cabroelo	Senior Feminino	03:56:19	+01:32:39	10:16
279	1054	Daniel Ferreira	associação desportiva de cabroelo	Senior Masculino	03:56:20	+01:32:40	10:17
280	206	Williams Rodriguez	step by step team	Senior Masculino	03:56:28	+01:32:48	10:17
281	1854	Abilio Malheiro	inquipa	Veterano M40	03:56:33	+01:32:53	10:17
282	1955	Ivo Dias	oralklass-aliança-amigos do trail	Senior Masculino	03:56:33	+01:32:53	10:17
283	1958	Luis Lopes	oralklass-aliança-amigos do trail	Senior Masculino	03:57:06	+01:33:26	10:19
284	1945	Andreia Barbosa	oralklass-aliança-amigos do trail	Senior Feminino	03:57:06	+01:33:26	10:19
285	1993	Jorge Ferreirinha	os feras	Senior Masculino	03:57:21	+01:33:41	10:19
286	1994	José Lopes	os feras	Senior Masculino	03:57:21	+01:33:41	10:19
287	1556	Luís Miguel Machado Rodrigues	individual	Senior Masculino	03:57:22	+01:33:42	10:19
288	2256	Luis Ribeiro	veloses & furiosos	Senior Masculino	03:57:34	+01:33:54	10:20
289	2114	Raquel Campos	shots international runners	Senior Feminino	03:57:36	+01:33:56	10:20
290	1170	Gustavo Santos	engomadoria l&a team	Senior Masculino	03:57:49	+01:34:09	10:20
291	1654	Sérgio Paulo de Sousa Almeida	individual	Senior Masculino	03:58:11	+01:34:31	10:21
292	1581	Nuno Reis	individual	Senior Masculino	03:58:15	+01:34:35	10:22
293	1036	Bruno Neves	andamazé	Senior Masculino	03:59:04	+01:35:24	10:24
294	1937	André Queirós	not run alone	Senior Masculino	03:59:04	+01:35:24	10:24
295	1230	Helder Tiago Gonçalves Gomes	ffit gaia trail	Senior Masculino	03:59:22	+01:35:42	10:24
296	1416	Álvaro Daniel Silva Cardoso	individual	Senior Masculino	03:59:28	+01:35:48	10:25
297	1208	Rui Rocha	eu+ ginásio | lma	Senior Masculino	03:59:49	+01:36:09	10:26
298	1125	Jorge Barbosa	desportonolimite	Veterano M40	03:59:53	+01:36:13	10:26
299	1767	Jorge Cruz	individual	Veterano M40	04:00:02	+01:36:22	10:26
300	1944	Nelson Jorge Gameiro Rodrigues	nunca mais team	Veterano M40	04:00:31	+01:36:51	10:27
301	2170	Madalena Casaca	sweet runners	Senior Feminino	04:00:59	+01:37:19	10:29
302	2212	José Cabral	team idealkorpus	Veterano M40	04:01:17	+01:37:37	10:29
303	2230	Paulo Nobre	the stigs-life club	Senior Masculino	04:01:45	+01:38:05	10:31
304	2229	Diogo Aguiar	the stigs-life club	Senior Masculino	04:01:46	+01:38:06	10:31
305	1880	Anita Sofia Costa Gomes da Rocha	n14	Senior Feminino	04:01:52	+01:38:12	10:31
306	1882	Mário Andre Oliveira	n14	Senior Masculino	04:01:52	+01:38:12	10:31
307	1778	José Mendes	individual	Veterano M40	04:02:26	+01:38:46	10:32
308	1801	Nuno Jesus	individual	Veterano M40	04:02:29	+01:38:49	10:33
309	1761	João Fernando De Sousa Ferreira	individual	Veterano M40	04:02:41	+01:39:01	10:33
310	1974	Bruno Filipe da Costa Mendes	os dezavergonhados	Senior Masculino	04:02:46	+01:39:06	10:33
311	1433	Bruno Faria	individual	Senior Masculino	04:02:55	+01:39:15	10:34

TRAIL 23K - STAGE 1 — 23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
312	1640	Rui Pedro Marinho Pinto	individual	Senior Masculino	04:02:57	+01:39:17	10:34
313	1686	Helena Costa	individual	Veterana F40	04:03:01	+01:39:21	10:34
314	1030	David Sousa	all about	Veterano M40	04:03:01	+01:39:21	10:34
315	1730	António Pais	individual	Veterano M40	04:03:08	+01:39:28	10:34
316	1659	Telmo Mendonça	individual	Senior Masculino	04:03:09	+01:39:29	10:34
317	1174	Fernando Oliveira	engomadoria l&a team	Veterano M40	04:03:28	+01:39:48	10:35
318	2264	César Carvalho	vidaativarunners	Senior Masculino	04:03:30	+01:39:50	10:35
319	2073	Rui Rebelo	run4all	Senior Masculino	04:04:12	+01:40:32	10:37
320	1010	Marco Paulo Miranda Coelho Magalhães	a.d.amarante trail running	Veterano M40	04:04:17	+01:40:37	10:37
321	1542	jose manuel ferreira dos santos	individual	Senior Masculino	04:04:18	+01:40:38	10:37
322	1462	David Filipe Todo Bom Polido	individual	Senior Masculino	04:04:50	+01:41:10	10:39
323	2293	Rui Gomes	kintanos	Senior Masculino	04:05:07	+01:41:27	10:39
324	1025	Maria Fátima da Silva O. A. Almeida	ainda falta muito?	Veterana F40	04:05:16	+01:41:36	10:40
325	1943	Manuel Antonio Reis Morais	nunca mais team	Senior Masculino	04:05:20	+01:41:40	10:40
326	1446	Carlos Manuel Santos Cruz	individual	Senior Masculino	04:05:26	+01:41:46	10:40
327	1120	Sandro Filipe Sampaio de Oliveira	crossfit vale do ave	Senior Masculino	04:05:27	+01:41:47	10:40
328	4158	Domingos Santos	individual	Senior Masculino	04:05:28	+01:41:48	10:40
329	1597	pedro alexandre domingos branco silva	individual	Senior Masculino	04:05:45	+01:42:05	10:41
330	1587	Óscar Manuel Fonseca Figueiredo	individual	Senior Masculino	04:06:25	+01:42:45	10:43
331	1541	José Luís Pinto	individual	Senior Masculino	04:06:26	+01:42:46	10:43
332	4180	Paulo Alves	gondomar futsal clube	Veterano M40	04:06:28	+01:42:48	10:43
333	1655	Simão Cardoso	individual	Senior Masculino	04:06:34	+01:42:54	10:43
334	2042	Cipriano Moreira	rainha club	Senior Masculino	04:06:37	+01:42:57	10:43
335	1896	João Pinto	no tomorrow running team	Senior Masculino	04:07:07	+01:43:27	10:45
336	1360	Maria Helena Carvalho Costa	individual	Senior Feminino	04:07:26	+01:43:46	10:45
337	1561	Manuel Brabosa	individual	Senior Masculino	04:07:48	+01:44:08	10:46
338	2153	Pedro Neves	sport remo	Senior Masculino	04:07:49	+01:44:09	10:46
339	2067	HUGO LOBO	run4all	Senior Masculino	04:07:57	+01:44:17	10:47
340	1145	Iva Silva	edv-viana trail	Senior Feminino	04:07:59	+01:44:19	10:47
341	2271	Miguel Oliveira	vidaativarunners	Veterano M40	04:08:22	+01:44:42	10:48
342	2265	Hélder Torres	vidaativarunners	Senior Masculino	04:08:22	+01:44:42	10:48
343	2161	Andreia Ferreira	sunday training	Senior Feminino	04:08:51	+01:45:11	10:49
344	1342	Estela Martins	individual	Senior Feminino	04:08:51	+01:45:11	10:49
345	1453	Célio Roberto Andrade Pereira	individual	Senior Masculino	04:08:52	+01:45:12	10:49
346	1179	Telma Diana Pinto Duarte	ermidafit runners	Senior Feminino	04:08:53	+01:45:13	10:49
347	1318	Andreia Sofia Silva Morais	individual	Senior Feminino	04:09:02	+01:45:22	10:50
348	1584	Nuno Silva	individual	Senior Masculino	04:09:02	+01:45:22	10:50
349	1822	Pedro Bastos	individual	Veterano M40	04:09:48	+01:46:08	10:52
350	2029	Joao Paulo Dias	play runners	Veterano M40	04:10:01	+01:46:21	10:52
351	1058	• José Pinto Leal	bifase	Veterano M40	04:10:05	+01:46:25	10:52
352	1928	ANTONIO MIRANDA	nocturnos de paredes	Veterano M40	04:10:22	+01:46:42	10:53
353	1319	Angela Cardoso	individual	Senior Feminino	04:10:34	+01:46:54	10:54
354	1020	Jorge Nunes	afrikan runners	Veterano M40	04:10:44	+01:47:04	10:54
355	2072	PEDRO CARVALHO	run4all	Senior Masculino	04:10:46	+01:47:06	10:54

TRAIL 23K - STAGE 1 — 23 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
356	1724	António Gaspar Vieira Moreira	individual	Veterano M40	04:11:26	+01:47:46	10:56
357	1483	Fernando Vieira Pereira	individual	Senior Masculino	04:11:48	+01:48:08	10:57
358	1005	Paulo Leite	4all road - runners	Veterano M40	04:12:32	+01:48:52	10:59
359	1552	Luis Filipe Moreira Silva Pinto	individual	Senior Masculino	04:13:51	+01:50:11	11:02
360	1223	Carlos Espírito Santo	fama runners	Veterano M40	04:13:52	+01:50:12	11:02
361	2100	Filipe Barbosa	sai da frente	Senior Masculino	04:14:05	+01:50:25	11:03
362	2273	José Miguel Casal Cardoso Neves	voleibol runners	Veterano M40	04:14:07	+01:50:27	11:03
363	1709	Adriano Rocha	individual	Veterano M40	04:14:21	+01:50:41	11:04
364	1926	AMERICO CUNHA	nocturnos de paredes	Veterano M40	04:14:22	+01:50:42	11:04
365	1530	Joel Marques	individual	Senior Masculino	04:14:23	+01:50:43	11:04
366	1285	Andreia Amorim	gondomar futsal clube	Senior Feminino	04:14:24	+01:50:44	11:04
367	1267	Manuel Silva	ginásio factor x	Senior Masculino	04:15:10	+01:51:30	11:06
368	2050	Victor paiva	rainha club	Veterano M40	04:15:19	+01:51:39	11:06
369	1536	José Amorim	individual	Senior Masculino	04:15:21	+01:51:41	11:06
370	2021	Marco Costa	pe de chumbo	Senior Masculino	04:15:27	+01:51:47	11:06
371	2235	MÁRIO SOARES	tou que nem posso	Veterano M40	04:15:27	+01:51:47	11:06
372	1357	Manuela Tavares	individual	Senior Feminino	04:15:29	+01:51:49	11:06
373	1652	Sergio Moreira	individual	Senior Masculino	04:15:29	+01:51:49	11:06
374	1520	João Pedro Baptista Salvaterra	individual	Senior Masculino	04:15:37	+01:51:57	11:07
375	1346	Joana Azevedo	individual	Senior Feminino	04:15:37	+01:51:57	11:07
376	1699	Paula Silva	individual	Veterana F40	04:15:42	+01:52:02	11:07
377	2088	João Nuno Cardoso	s. s. montepio	Veterano M40	04:15:43	+01:52:03	11:07
378	2309	Maria João Silva	individual	Senior Feminino	04:15:43	+01:52:03	11:07
379	1780	Julio Braga	individual	Veterano M40	04:16:17	+01:52:37	11:09
380	1185	Sergio Pereira	ermidafit runners	Senior Masculino	04:16:45	+01:53:05	11:10
381	1842	Vítor Gabriel Lopes Venâncio	individual	Veterano M40	04:16:50	+01:53:10	11:10
382	1895	Pedro Teixeira	ninja team	Senior Masculino	04:16:54	+01:53:14	11:10
383	1278	FERNANDO BASTOS	ginasio fit4fun	Veterano M40	04:17:02	+01:53:22	11:11
384	1276	CONCEIÇAO FERREIRA	ginasio fit4fun	Veterana F40	04:17:02	+01:53:22	11:11
385	1279	PEDRO BASTOS	ginasio fit4fun	Veterano M40	04:17:02	+01:53:22	11:11
386	1560	Manuel António Martins Vieira	individual	Senior Masculino	04:17:31	+01:53:51	11:12
387	2219	Alexandre Gomes Silva Soares	tecla 3 runners	Senior Masculino	04:17:59	+01:54:19	11:13
388	2216	Lucilia Marlene Ferreira Silva	tecla 3 runners	Senior Feminino	04:17:59	+01:54:19	11:13
389	1759	Henrique Pereira	individual	Veterano M40	04:18:15	+01:54:35	11:14
390	1476	FÁBIO RODRIGUES	individual	Senior Masculino	04:18:18	+01:54:38	11:14
391	1502	helder silva	individual	Senior Masculino	04:18:52	+01:55:12	11:15
392	2226	Tiago André Ribeiro Borges	tecla 3 runners	Senior Masculino	04:19:01	+01:55:21	11:16
393	2221	Hugo Filipe ernandes Sousa	tecla 3 runners	Senior Masculino	04:19:01	+01:55:21	11:16
394	1923	GORETI ROCHA	nocturnos de paredes	Veterana F40	04:19:04	+01:55:24	11:16
395	202	Rui Santos Pereira	shots international runners	Senior Masculino	04:19:11	+01:55:31	11:16
396	1147	Sonia Parente	edv-viana trail	Senior Feminino	04:19:11	+01:55:31	11:16
397	1605	Pedro Martins	individual	Senior Masculino	04:19:13	+01:55:33	11:16
398	1382	Sandra Martins	individual	Senior Feminino	04:20:01	+01:56:21	11:18
399	1062	Sandra Isabel Lopes Pera	bikes & friends	Senior Feminino	04:20:01	+01:56:21	11:18
400	1887	Rui Manuel Soares do Rêgo	nast	Senior Masculino	04:20:04	+01:56:24	11:18
401	1834	RUI MIGUEL SANTOS BARBOSA	individual	Veterano M40	04:20:30	+01:56:50	11:20

TRAIL 23K - STAGE 1 — 23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
402	2135	Nelson Nunes	só chocolate	Senior Masculino	04:20:36	+01:56:56	11:20
403	1789	Manuel Costa	individual	Veterano M40	04:20:45	+01:57:05	11:20
404	2006	amelia moreira	os selvagens	Veterana F40	04:20:48	+01:57:08	11:20
405	1449	Carlos Miguel Martins Teixeira Seca	individual	Senior Masculino	04:20:49	+01:57:09	11:20
406	127	Tiago Marques Pereira	individual	Senior Masculino	04:20:52	+01:57:12	11:21
407	1130	António Luís Rocha Santos Correia Peixoto	dr merino clínica médica	Senior Masculino	04:20:53	+01:57:13	11:21
408	1752	Fernando Gomes	individual	Veterano M40	04:20:55	+01:57:15	11:21
409	1799	Nuno Guilherme Pinto Fontelonga	individual	Veterano M40	04:20:57	+01:57:17	11:21
410	1571	Miguel Guimarães	individual	Senior Masculino	04:21:07	+01:57:27	11:21
411	1288	Alcino Vieira	gondomar futsal clube	Veterano M40	04:21:07	+01:57:27	11:21
412	1415	Alex Tondela	individual	Senior Masculino	04:21:07	+01:57:27	11:21
413	1678	Esmeralda Melo	individual	Veterana F40	04:21:07	+01:57:27	11:21
414	1633	Rui Balbeira	individual	Senior Masculino	04:21:22	+01:57:42	11:22
415	1751	Fernando Augusto do Couto Ribeiro	individual	Veterano M40	04:21:45	+01:58:05	11:23
416	1894	Leandro Especial	ninja team	Senior Masculino	04:21:48	+01:58:08	11:23
417	1232	Nelson Manuel Santos Couto	ffit gaia trail	Senior Masculino	04:21:49	+01:58:09	11:23
418	1775	Jose M A Silva	individual	Veterano M40	04:22:01	+01:58:21	11:24
419	1744	Carlos Freixo'	individual	Veterano M40	04:22:22	+01:58:42	11:24
420	2150	Pedro Meireles	solmaia runners	Veterano M40	04:23:09	+01:59:29	11:26
421	2054	Luís Costa	ripolins.com	Senior Masculino	04:23:21	+01:59:41	11:27
422	1846	wilson fonseca	individual	Veterano M40	04:23:26	+01:59:46	11:27
423	1200	Vania Raposo	eu+ ginásio | lma	Senior Feminino	04:23:27	+01:59:47	11:27
424	1205	Miguel Baía	eu+ ginásio | lma	Senior Masculino	04:23:27	+01:59:47	11:27
425	1814	Paulo Jorge Ferreira oliveira	individual	Veterano M40	04:23:31	+01:59:51	11:27
426	1217	Ricardo Costa	fama runners	Senior Masculino	04:23:32	+01:59:52	11:27
427	1001	Ricardo Gomes	4all road - runners	Senior Masculino	04:23:33	+01:59:53	11:28
428	1657	Simão Sousa	individual	Senior Masculino	04:23:33	+01:59:53	11:28
429	2145	Adolfo Almeida	solmaia runners	Senior Masculino	04:23:51	+02:00:11	11:28
430	1577	Nuno Filipe Monteiro Moreira Silva	individual	Senior Masculino	04:24:03	+02:00:23	11:29
431	2149	Rui Gomes	solmaia runners	Senior Masculino	04:24:03	+02:00:23	11:29
432	2097	Paulo Borges	sai ao pai	Senior Masculino	04:24:03	+02:00:23	11:29
433	2095	Bruno Cunha	sai ao pai	Senior Masculino	04:24:04	+02:00:24	11:29
434	1735	arnaldo Pinto	individual	Veterano M40	04:24:11	+02:00:31	11:29
435	1872	Carla Inês Silva Moreira	moinhos run	Senior Feminino	04:24:13	+02:00:33	11:29
436	1431	Bernardo Mouta	individual	Senior Masculino	04:24:14	+02:00:34	11:29
437	1927	ANTONIO CARVALHO	nocturnos de paredes	Veterano M40	04:24:27	+02:00:47	11:30
438	1826	Pedro Sousa	individual	Veterano M40	04:24:29	+02:00:49	11:30
439	1383	sandra oliveira	individual	Senior Feminino	04:25:05	+02:01:25	11:32
440	1312	Anabela Barata	individual	Senior Feminino	04:25:09	+02:01:29	11:32
441	2137	Paulo Pereira	sol	Senior Masculino	04:25:16	+02:01:36	11:32
442	1612	Rafael Simões de Almeida	individual	Senior Masculino	04:25:25	+02:01:45	11:32
443	2176	Luís Meireles	sweet runners	Senior Masculino	04:25:36	+02:01:56	11:33
444	1452	carlos vicente	individual	Senior Masculino	04:26:16	+02:02:36	11:35
445	2287	Marta Regina Queirós Couto	unidade especial de corrida	Senior Feminino	04:26:30	+02:02:50	11:35

TRAIL 23K - STAGE 1 — 23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
446	1064	Gisela Sousa	bitrunners	Senior Feminino	04:26:31	+02:02:51	11:35
447	1070	Margarida Sousa	bitrunners	Veterana F40	04:26:32	+02:02:52	11:35
448	1326	Carolina carvalho	individual	Senior Feminino	04:26:35	+02:02:55	11:35
449	2297	João Pinto	individual	Senior Masculino	04:26:35	+02:02:55	11:35
450	1916	PEDRO NOGUEIRA	nocturnos de paredes	Senior Masculino	04:26:42	+02:03:02	11:36
451	1110	Ricardo Teixeira	colégio júlio dinis	Senior Masculino	04:26:59	+02:03:19	11:36
452	1129	Telma Marisa da Silva Pacheco e Sousa Castro	dr merino clínica médica	Senior Feminino	04:27:18	+02:03:38	11:37
453	1704	Sandra Miranda	individual	Veterana F40	04:27:29	+02:03:49	11:38
454	1469	Eliandro Bruno Lopes da Silva	individual	Senior Masculino	04:27:35	+02:03:55	11:38
455	1493	Francisco Fernandes	individual	Senior Masculino	04:27:36	+02:03:56	11:38
456	1617	Ricardo Emanuel Silva Carvalho	individual	Senior Masculino	04:27:42	+02:04:02	11:38
457	1622	Ricardo Jorge Paiva Ferreira dos Santos	individual	Senior Masculino	04:28:29	+02:04:49	11:40
458	1123	Pedro Ferreirinha	ctad trilhos de cinfães	Senior Masculino	04:28:33	+02:04:53	11:41
459	1467	Diogo melo	individual	Senior Masculino	04:28:51	+02:05:11	11:41
460	1099	Américo Gomes	clube atletismo de lamas	Veterano M40	04:28:56	+02:05:16	11:42
461	1608	Pedro Nunes	individual	Senior Masculino	04:29:08	+02:05:28	11:42
462	1762	João Miguel Pereira Ferreira	individual	Veterano M40	04:29:10	+02:05:30	11:42
463	1464	David Sousa	individual	Senior Masculino	04:29:13	+02:05:33	11:42
464	1634	Rui Bernardo	individual	Senior Masculino	04:29:13	+02:05:33	11:42
465	1786	LUIS PEIXOTO	individual	Veterano M40	04:29:19	+02:05:39	11:43
466	2289	Olga Alexandra Almeida	individual	Senior Feminino	04:29:19	+02:05:39	11:43
467	2023	susana canhola	pernetas	Veterana F40	04:29:20	+02:05:40	11:43
468	1259	PAULO PIRES	gaia-running	Veterano M40	04:29:22	+02:05:42	11:43
469	1941	josé rodrigues	not run alone	Veterano M40	04:29:35	+02:05:55	11:43
470	1804	octavio moreira	individual	Veterano M40	04:29:35	+02:05:55	11:43
471	1049	teresa pinho	as cinco	Veterana F40	04:29:41	+02:06:01	11:44
472	1936	Ana Margarida Nogueira Coelho	not run alone	Senior Feminino	04:29:47	+02:06:07	11:44
473	1719	ANTÓNIO ALBERTO MOREIRA DE SOUSA	individual	Veterano M40	04:29:49	+02:06:09	11:44
474	1603	Pedro Jorge	individual	Senior Masculino	04:29:55	+02:06:15	11:44
475	1436	Bruno Machado	individual	Senior Masculino	04:30:33	+02:06:53	11:46
476	1547	Jose Pedro Maia Junqueiro Vilas	individual	Senior Masculino	04:30:33	+02:06:53	11:46
477	2123	Ana Vieira	smiling runners	Senior Feminino	04:30:46	+02:07:06	11:46
478	1308	Ana Rocha	individual	Senior Feminino	04:30:46	+02:07:06	11:46
479	1734	Arménio Ribeiro	individual	Veterano M40	04:30:46	+02:07:06	11:46
480	1161	Carlos Silva	ei team trail	Veterano M40	04:30:52	+02:07:12	11:47
481	1590	PAULO FILIPE LOUREIRO MOREIRA	individual	Senior Masculino	04:31:21	+02:07:41	11:48
482	1505	HUGO PALMEIRA	individual	Senior Masculino	04:31:37	+02:07:57	11:49
483	1353	Liliana Araujo	individual	Senior Feminino	04:31:37	+02:07:57	11:49
484	1829	Rui Cunha	individual	Veterano M40	04:31:56	+02:08:16	11:49
485	1268	Ricardo Silva	ginásio factor x	Senior Masculino	04:32:16	+02:08:36	11:50
486	2159	Pedro Vidal	sport remo	Veterano M40	04:32:26	+02:08:46	11:51
487	1817	PAULO RENATO MACEDO VILA COVA	individual	Veterano M40	04:32:33	+02:08:53	11:51

TRAIL 23K - STAGE 1 — 23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
488	1877	Filipe Barros	moure trail running	Senior Masculino	04:32:36	+02:08:56	11:51
489	1188	vitor andrade	ermidafit runners	Veterano M40	04:32:47	+02:09:07	11:52
490	1764	Joaquim Carneiro	individual	Veterano M40	04:32:48	+02:09:08	11:52
491	1683	Filomena da Silva Peixoto da Costa Neto	individual	Veterana F40	04:32:52	+02:09:12	11:52
492	1771	José Joaquim Rodrigues Silva	individual	Veterano M40	04:33:37	+02:09:57	11:54
493	1758	Henrique Marques	individual	Veterano M40	04:33:37	+02:09:57	11:54
494	1229	Adriano Marinho	feltrail	Senior Masculino	04:33:57	+02:10:17	11:55
495	2068	Carlos Moreira	run4all	Senior Masculino	04:34:01	+02:10:21	11:55
496	4156	José Lemos	individual	Senior Masculino	04:34:03	+02:10:23	11:55
497	1450	Carlos Sousa	individual	Senior Masculino	04:34:45	+02:11:05	11:57
498	1362	MARIA JOAO SILVA	individual	Senior Feminino	04:34:51	+02:11:11	11:57
499	2040	André Cancela	rainha club	Senior Masculino	04:35:29	+02:11:49	11:59
500	1616	Ricardo Dias da Fonseca	individual	Senior Masculino	04:35:30	+02:11:50	11:59
501	2258	EURICO RAINHO	vicio do café	Senior Masculino	04:35:32	+02:11:52	11:59
502	1103	Pedro Oliveira	clube galpenergia norte	Veterano M40	04:35:32	+02:11:52	11:59
503	1086	Paulo Lima	byl! beat your limit!	Veterano M40	04:35:38	+02:11:58	11:59
504	1079	Bruno Miguel Ferreira	budeguita runners	Senior Masculino	04:35:41	+02:12:01	11:59
505	2215	Cristina Alexandra Barbosa do Couto	tecla 3 runners	Senior Feminino	04:35:42	+02:12:02	11:59
506	1029	Frederico Rocha	all about	Senior Masculino	04:35:52	+02:12:12	12:00
507	1040	Augusto Rodrigues	arcorun	Veterano M40	04:35:52	+02:12:12	12:00
508	1028	Elisabete Araújo	all about	Senior Feminino	04:35:52	+02:12:12	12:00
509	1620	Ricardo Jesus	individual	Senior Masculino	04:36:34	+02:12:54	12:01
510	1687	Helena Gomes	individual	Veterana F40	04:36:40	+02:13:00	12:02
511	1579	Nuno Miguel Ferreira Pacheco	individual	Senior Masculino	04:36:43	+02:13:03	12:02
512	1417	André Azevedo	individual	Senior Masculino	04:36:51	+02:13:11	12:02
513	1862	Joao Gomes	kintanos	Senior Masculino	04:36:51	+02:13:11	12:02
514	2155	César Araújo	sport remo	Veterano M40	04:36:56	+02:13:16	12:02
515	1600	Pedro Costa	individual	Senior Masculino	04:37:02	+02:13:22	12:03
516	2043	Helder Santos	rainha club	Senior Masculino	04:37:03	+02:13:23	12:03
517	4157	Carlos Manuel Soares Moreira	individual	Senior Masculino	04:37:29	+02:13:49	12:04
518	1213	Maria Machado	fama runners	Senior Feminino	04:37:39	+02:13:59	12:04
519	1410	Acácio Santos	individual	Senior Masculino	04:37:40	+02:14:00	12:04
520	1336	Daniela Fernandez	individual	Senior Feminino	04:37:40	+02:14:00	12:04
521	1629	Rodolfo Alexandre Carvalho	individual	Senior Masculino	04:37:42	+02:14:02	12:04
522	2148	Manuel Mota	solmaia runners	Senior Masculino	04:37:43	+02:14:03	12:04
523	2303	Juan Jose Esteban Gutierrez	individual	Senior Masculino	04:37:56	+02:14:16	12:05
524	1716	Álvaro Saraiva	individual	Veterano M40	04:38:11	+02:14:31	12:06
525	1876	Diogo Gonçalves	moure trail running	Senior Masculino	04:38:18	+02:14:38	12:06
526	1878	Lucio Cunha	moure trail running	Veterano M40	04:38:18	+02:14:38	12:06
527	1680	Eugénia Teixeira	individual	Veterana F40	04:38:20	+02:14:40	12:06
528	1596	Paulo Sérgio Matos Sousa	individual	Senior Masculino	04:38:26	+02:14:46	12:06
529	1772	José Leite	individual	Veterano M40	04:38:45	+02:15:05	12:07
530	1742	Carlos Avelino	individual	Veterano M40	04:38:45	+02:15:05	12:07
531	1533	Jorge Manuel Ferreira do Couto	individual	Senior Masculino	04:38:48	+02:15:08	12:07
532	2269	Susana Silva	vidaativarunners	Veterana F40	04:38:50	+02:15:10	12:07

TRAIL 23K - STAGE 1 — 23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
533	2268	Maria da Graça Caleiro da Costa	vidaativarunners	Veterana F40	04:38:50	+02:15:10	12:07
534	2238	Ricardo Campos	toyota 4runner	Senior Masculino	04:38:53	+02:15:13	12:08
535	1039	Rui Campos	anonymous prosports challenger	Veterano M40	04:38:53	+02:15:13	12:08
536	2237	Paulo Gomes Belo	toyota 4runner	Senior Masculino	04:38:53	+02:15:13	12:08
537	1027	Augusto José Candoso Tavares	alive	Veterano M40	04:39:14	+02:15:34	12:08
538	1643	RUI SANTOS	individual	Senior Masculino	04:39:33	+02:15:53	12:09
539	1830	Rui Freitas	individual	Veterano M40	04:39:45	+02:16:05	12:10
540	1785	Luis Miguel Andrade Moreira Dias	individual	Veterano M40	04:39:45	+02:16:05	12:10
541	1456	Cristiano Silva	individual	Senior Masculino	04:39:50	+02:16:10	12:10
542	1428	Armando Pinto	individual	Senior Masculino	04:39:51	+02:16:11	12:10
543	1574	Nelson Almeida	individual	Senior Masculino	04:39:51	+02:16:11	12:10
544	1550	Luís Babo Silva	individual	Senior Masculino	04:40:05	+02:16:25	12:11
545	1693	Luisa Almeida	individual	Veterana F40	04:40:11	+02:16:31	12:11
546	2178	Nuno Meireles	sweet runners	Senior Masculino	04:41:16	+02:17:36	12:14
547	1976	Michel Moreira da Rocha	os dezavergonhados	Senior Masculino	04:41:16	+02:17:36	12:14
548	1228	Candido Rocha	fast ao km- prr/health&nutrition	Veterano M40	04:41:24	+02:17:44	12:14
549	1837	Salvador Manuel da Silva Santos	individual	Veterano M40	04:42:21	+02:18:41	12:17
550	2146	Carlos Costa	solmaia runners	Senior Masculino	04:42:40	+02:19:00	12:17
551	1400	Susana Maria Silva Costa	individual	Senior Feminino	04:42:51	+02:19:11	12:18
552	1802	Nuno Miguel Marcos Preto	individual	Veterano M40	04:42:52	+02:19:12	12:18
553	1850	Sonia Pereira	inquipa	Senior Feminino	04:43:23	+02:19:43	12:19
554	1917	RENATO PINTO	nocturnos de paredes	Senior Masculino	04:43:45	+02:20:05	12:20
555	1893	Mariana Ortigoso	nel pé de atleta	Senior Feminino	04:44:31	+02:20:51	12:22
556	1083	Rodolfo Jose Melo de Sousa	budeguita runners	Veterano M40	04:44:35	+02:20:55	12:22
557	1480	Fernando Emanuel de Oliveira Ferreira	individual	Senior Masculino	04:44:43	+02:21:03	12:23
558	1234	Paulo Jorge Santos	ffit gaia trail	Senior Masculino	04:44:54	+02:21:14	12:23
559	1580	Nuno Pedro Rodrigues Dos Santos	individual	Senior Masculino	04:45:01	+02:21:21	12:24
560	1526	Joaquim Vidal	individual	Senior Masculino	04:45:03	+02:21:23	12:24
561	2122	Alberta Rodrigues	smiling runners	Senior Feminino	04:45:07	+02:21:27	12:24
562	2236	PAULO HENRIQUES	tou que nem posso	Veterano M40	04:45:08	+02:21:28	12:24
563	2001	Ricardo Dias	os penduras	Senior Masculino	04:45:08	+02:21:28	12:24
564	2075	JOSE SOUSA	run4fun	Senior Masculino	04:45:17	+02:21:37	12:24
565	1243	Filipe Reis Pinheiro	fridão sem limites	Senior Masculino	04:45:21	+02:21:41	12:24
566	1242	António Joaquim Teixeira Alves	fridão sem limites	Senior Masculino	04:45:22	+02:21:42	12:24
567	1140	Luis de Almeida	duros & rijos	Veterano M40	04:45:50	+02:22:10	12:26
568	1146	Neuza Caridade	edv-viana trail	Senior Feminino	04:45:50	+02:22:10	12:26
569	1913	NUNO ROCHA	nocturnos de paredes	Senior Masculino	04:46:22	+02:22:42	12:27
570	1060	Carlos Manuel Malheiro Coelho silva	bifase	Veterano M40	04:46:25	+02:22:45	12:27
571	1460	Daniel Leal	individual	Senior Masculino	04:46:33	+02:22:53	12:28
572	1444	CARLOS MANUEL DOS SANTOS ROCHA	individual	Senior Masculino	04:46:44	+02:23:04	12:28
573	2102	Emanuel Fernando de Oliveira Durães	sai da frente	Veterano M40	04:46:44	+02:23:04	12:28
574	1595	Paulo Pereira	individual	Senior Masculino	04:46:52	+02:23:12	12:28
575	1304	Ana Costa	individual	Senior Feminino	04:46:53	+02:23:13	12:28

TRAIL 23K - STAGE 1 — 23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
576	1870	paulo leite	lotus&lirios	Veterano M40	04:46:58	+02:23:18	12:29
577	1427	Armando Pinho	individual	Senior Masculino	04:47:02	+02:23:22	12:29
578	1828	Rolando Bessa	individual	Veterano M40	04:47:12	+02:23:32	12:29
579	1805	Orlando Miguel Rocha Branco Teixeira	individual	Veterano M40	04:47:15	+02:23:35	12:29
580	1158	Mário Araújo	ei team trail	Senior Masculino	04:47:33	+02:23:53	12:30
581	1142	Anabela Silva	edv-viana trail	Senior Feminino	04:47:34	+02:23:54	12:30
582	1143	Andrea Silva	edv-viana trail	Senior Feminino	04:47:44	+02:24:04	12:31
583	1137	Maria Alice Ferreira Sousa	dr merino clínica médica	Veterana F40	04:47:44	+02:24:04	12:31
584	1121	Francisco Bartolomeu	crossfit vale do ave	Veterano M40	04:47:52	+02:24:12	12:31
585	1675	Carla Oliveira	individual	Veterana F40	04:47:59	+02:24:19	12:31
586	2111	Luis Miguel Vieira	serviço urgência & friends	Senior Masculino	04:48:15	+02:24:35	12:32
587	1813	Paulo Jorge da Silva Seabra	individual	Veterano M40	04:48:18	+02:24:38	12:32
588	1291	Sergio Rocha	gymrecarei	Senior Masculino	04:48:38	+02:24:58	12:33
589	1222	Rosa Vilhena	fama runners	Veterana F40	04:48:50	+02:25:10	12:34
590	1592	Paulo Jorge Pereira Alves	individual	Senior Masculino	04:48:57	+02:25:17	12:34
591	2213	José Dias	team idealkorpus	Veterano M40	04:49:21	+02:25:41	12:35
592	1647	Sérgio Brochado	individual	Senior Masculino	04:49:26	+02:25:46	12:35
593	1985	Rui Teixeira Pinto	os falta d'ar / run na villa	Senior Masculino	04:49:27	+02:25:47	12:35
594	1984	Nelson Ferreira	os falta d'ar / run na villa	Senior Masculino	04:49:28	+02:25:48	12:35
595	1986	Tiago Camboa	os falta d'ar / run na villa	Senior Masculino	04:49:29	+02:25:49	12:35
596	2210	Manuela Mota	team idealkorpus	Veterana F40	04:49:58	+02:26:18	12:36
597	2211	Filipe Mota	team idealkorpus	Veterano M40	04:49:58	+02:26:18	12:36
598	2232	VERA MARTINS	tou que nem posso	Senior Feminino	04:50:33	+02:26:53	12:38
599	2156	Hugo Bártolo	sport remo	Veterano M40	04:50:38	+02:26:58	12:38
600	1396	Susana	individual	Senior Feminino	04:50:38	+02:26:58	12:38
601	1750	Fernando Alexandre Pereira silva	individual	Veterano M40	04:50:47	+02:27:07	12:39
602	2250	Joana Santos Ferreira	vaindo	Senior Feminino	04:50:47	+02:27:07	12:39
603	1932	Álvaro Cardoso	"nos acreditamos"	Veterano M40	04:50:48	+02:27:08	12:39
604	1773	José Luís Moreiras Ferreira Nunes	individual	Veterano M40	04:51:11	+02:27:31	12:40
605	1615	Ricardo André Vale Monteiro	individual	Senior Masculino	04:51:11	+02:27:31	12:40
606	1607	Pedro Miguel Araújo Oliveira	individual	Senior Masculino	04:51:11	+02:27:31	12:40
607	1059	Abilio José Moreira Pacheco	bifase	Veterano M40	04:51:33	+02:27:53	12:41
608	1061	Joaquim Fernando Carneiro Rocha	bifase	Veterano M40	04:51:33	+02:27:53	12:41
609	1221	Alzira Ferreira	fama runners	Veterana F40	04:51:34	+02:27:54	12:41
610	1328	Claudia Pereira	individual	Senior Feminino	04:51:36	+02:27:56	12:41
611	2045	Luís Ramos	rainha club	Senior Masculino	04:51:43	+02:28:03	12:41
612	2187	Helder Manuel Gomes Pereira	sweet runners	Veterano M40	04:52:07	+02:28:27	12:42
613	1954	Francisco Bogalho	oralklass-aliança-amigos do trail	Senior Masculino	04:52:10	+02:28:30	12:42
614	2005	Ricardo João Fernandes Teixeira	os potentes	Senior Masculino	04:52:13	+02:28:33	12:42
615	1206	Pedro Machado	eu+ ginásio | lma	Senior Masculino	04:52:30	+02:28:50	12:43
616	1207	Renato Barros	eu+ ginásio | lma	Senior Masculino	04:52:30	+02:28:50	12:43
617	1113	Raquel Paiva	corridas de pernas pro ar	Senior Feminino	04:52:40	+02:29:00	12:43
618	1023	Mariana Azevedo Almeida	ainda falta muito?	Senior Feminino	04:52:52	+02:29:12	12:44
619	1026	Alfredo da Costa Baptista Almeida	ainda falta muito?	Veterano M40	04:52:52	+02:29:12	12:44
620	1024	Gustavo Assunção	ainda falta muito?	Senior Masculino	04:52:53	+02:29:13	12:44

TRAIL 23K - STAGE 1 — 23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
621	2026	Joel Pinto	pintinhos	Senior Masculino	04:52:58	+02:29:18	12:44
622	1084	Gil Castro	byl! beat your limit!	Senior Masculino	04:53:03	+02:29:23	12:44
623	1458	Daniel Barbosa	individual	Senior Masculino	04:53:04	+02:29:24	12:45
624	2234	ERNESTO MARTINS	tou que nem posso	Veterano M40	04:53:53	+02:30:13	12:47
625	1690	ISABEL CARVALHO	individual	Veterana F40	04:54:04	+02:30:24	12:47
626	1843	Vitor Manuel Coelho de Almeida	individual	Veterano M40	04:54:44	+02:31:04	12:49
627	1630	Rodolfo Orfão	individual	Senior Masculino	04:55:52	+02:32:12	12:52
628	1334	Cristina Barros	individual	Senior Feminino	04:55:52	+02:32:12	12:52
629	1557	Luis Teixeira	individual	Senior Masculino	04:55:59	+02:32:19	12:52
630	1609	Pedro Nuno Magalhães Barbosa Garcez	individual	Senior Masculino	04:56:08	+02:32:28	12:53
631	1139	José Afonso	duros & rijos	Veterano M40	04:56:24	+02:32:44	12:53
632	1448	Carlos Mendes	individual	Senior Masculino	04:56:29	+02:32:49	12:53
633	1290	Américo Ribeiro	gosto de trail	Veterano M40	04:57:07	+02:33:27	12:55
634	1507	Jaime António de Azevedo Soares	individual	Senior Masculino	04:57:20	+02:33:40	12:56
635	1235	Ricardo Antonio Silva Sousa	ffit gaia trail	Senior Masculino	04:57:29	+02:33:49	12:56
636	1364	Marisa pinto	individual	Senior Feminino	04:57:35	+02:33:55	12:56
637	1422	António Abel Nunes de Bessa	individual	Senior Masculino	04:57:45	+02:34:05	12:57
638	2255	Rui Barbosa	vamos embora	Senior Masculino	04:57:46	+02:34:06	12:57
639	2027	Rui Pinto	pintinhos	Senior Masculino	04:58:43	+02:35:03	12:59
640	1201	Bruno Quelhas	eu+ ginásio | lma	Senior Masculino	04:58:46	+02:35:06	12:59
641	2217	Maria Rosa Teixeira Mendes	tecla 3 runners	Senior Feminino	04:59:27	+02:35:47	13:01
642	2222	João Filipe Teixeira Cunha	tecla 3 runners	Senior Masculino	04:59:28	+02:35:48	13:01
643	1912	NUNO PINTO	nocturnos de paredes	Senior Masculino	04:59:29	+02:35:49	13:01
644	1688	Iria de Fátima de Sousa Pacheco Cruz	individual	Veterana F40	05:00:05	+02:36:25	13:03
645	2285	Emanuel Roberto Santos Costa	individual	Senior Masculino	05:00:07	+02:36:27	13:03
646	1852	Carla Gil	inquipa	Veterana F40	05:00:07	+02:36:27	13:03
647	2286	Maria Adelina Sousa	individual	Senior Feminino	05:00:07	+02:36:27	13:03
648	1356	Liliana Paula Vieira Couto Costa	individual	Senior Feminino	05:00:08	+02:36:28	13:03
649	1555	Luis Miguel da silva ribeiro	individual	Senior Masculino	05:00:10	+02:36:30	13:03
650	1831	RUI JORGE MOREIRA DA SILVA LOPES	individual	Veterano M40	05:00:35	+02:36:55	13:04
651	1238	RUI SÁ	ffit gaia trail	Veterano M40	05:00:41	+02:37:01	13:04
652	2115	Sandra Faria	shots international runners	Senior Feminino	05:00:49	+02:37:09	13:05
653	2113	Liliana Pereira	shots international runners	Senior Feminino	05:00:49	+02:37:09	13:05
654	1694	Maria Arminda Moreira	individual	Veterana F40	05:00:52	+02:37:12	13:05
655	1307	Ana Rita Nunes Pinto Carvalho	individual	Senior Feminino	05:00:54	+02:37:14	13:05
656	1489	Filipe Miguel Lopes Miranda	individual	Senior Masculino	05:01:09	+02:37:29	13:06
657	1371	Paula Cristina Soares Varela Montenegro	individual	Senior Feminino	05:01:12	+02:37:32	13:06
658	2126	Marcia Ferreira	smiling runners	Senior Feminino	05:01:17	+02:37:37	13:06
659	2129	Pedro Sampaio	smiling runners	Veterano M40	05:01:18	+02:37:38	13:06
660	1380	Sandra Helena Soares Varela	individual	Senior Feminino	05:01:24	+02:37:44	13:06
661	1478	Fernando Augusto Sousa Guedes Teles Montenegro	individual	Senior Masculino	05:01:25	+02:37:45	13:06
662	2225	Pedro Miguel Sousa Vieira	tecla 3 runners	Senior Masculino	05:01:51	+02:38:11	13:07

TRAIL 23K - STAGE 1 — 23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
663	1442	Calica	individual	Senior Masculino	05:02:15	+02:38:35	13:08
664	2154	Carlos Vilaça	sport remo	Veterano M40	05:02:30	+02:38:50	13:09
665	1332	CRISTIANA ESTEVES	individual	Senior Feminino	05:02:41	+02:39:01	13:10
666	1869	antonio kirsch ferreira	lotus&lirios	Veterano M40	05:03:53	+02:40:13	13:13
667	1212	Inês Matos	fama runners	Senior Feminino	05:04:01	+02:40:21	13:13
668	1215	Filipe Fonseca	fama runners	Senior Masculino	05:04:01	+02:40:21	13:13
669	1861	Alexandre Teixeira	kemedo team	Senior Masculino	05:04:04	+02:40:24	13:13
670	1820	Paulo Sérgio Costa Nunes	individual	Veterano M40	05:04:05	+02:40:25	13:13
671	1885	Helder Fernando Vieira Azevedo	nast	Senior Masculino	05:04:29	+02:40:49	13:14
672	1888	Ana Carolina Lopes Ferreira	nast	Veterana F40	05:04:29	+02:40:49	13:14
673	2065	CELESTINO CASTRO	run4all	Senior Masculino	05:04:30	+02:40:50	13:14
674	1651	Sergio Filipe Maia de Sousa	individual	Senior Masculino	05:04:31	+02:40:51	13:14
675	1331	Claudia Silva	individual	Senior Feminino	05:04:32	+02:40:52	13:14
676	1646	Sérgio Azevedo	individual	Senior Masculino	05:04:33	+02:40:53	13:14
677	2204	Sara Santos	team idealkorpus	Senior Feminino	05:04:33	+02:40:53	13:14
678	1739	Carlindo Martins	individual	Veterano M40	05:04:33	+02:40:53	13:14
679	1832	rui jorge pereira carvalho	individual	Veterano M40	05:04:37	+02:40:57	13:15
680	1292	Celso Lopes	halcon viagens de paredes	Senior Masculino	05:04:55	+02:41:15	13:15
681	1408	Vânia Gonçalves	individual	Senior Feminino	05:04:59	+02:41:19	13:16
682	1732	Antonio Ribeiro	individual	Veterano M40	05:05:00	+02:41:20	13:16
683	1366	Milene Machado	individual	Senior Feminino	05:05:24	+02:41:44	13:17
684	2172	Gil Leal	sweet runners	Senior Masculino	05:05:49	+02:42:09	13:18
685	1107	Belinda Celeste Marques Costa	código musical	Senior Feminino	05:05:59	+02:42:19	13:18
686	1641	Rui Pereira	individual	Senior Masculino	05:06:00	+02:42:20	13:18
687	1122	Silverio Alberto	crossfit vale do ave	Veterano M40	05:06:15	+02:42:35	13:19
688	2034	Carina Teixeira	rainha club	Senior Feminino	05:07:25	+02:43:45	13:22
689	2167	Joana Montenegro	sweet runners	Senior Feminino	05:07:25	+02:43:45	13:22
690	1296	Pedro Costa	hard and wild 2	Senior Masculino	05:07:25	+02:43:45	13:22
691	1069	Rui Silva	bitrunners	Senior Masculino	05:07:26	+02:43:46	13:22
692	1022	Filipe Sousa	afs estofos auto	Senior Masculino	05:08:08	+02:44:28	13:24
693	2033	Aurora Godinho	rainha club	Senior Feminino	05:08:38	+02:44:58	13:25
694	2083	Nelson Vasco Freitas Campos	running mates	Veterano M40	05:09:05	+02:45:25	13:26
695	2037	Diana Vieira	rainha club	Senior Feminino	05:09:08	+02:45:28	13:26
696	2261	CARLA GONÇALVES	vidaativarunners	Senior Feminino	05:09:15	+02:45:35	13:27
697	2262	Joana correia	vidaativarunners	Senior Feminino	05:09:16	+02:45:36	13:27
698	2263	Mariana Correia	vidaativarunners	Senior Feminino	05:09:16	+02:45:36	13:27
699	2267	VITOR SILVA	vidaativarunners	Senior Masculino	05:09:16	+02:45:36	13:27
700	1447	CARLOS MARQUES	individual	Senior Masculino	05:10:19	+02:46:39	13:30
701	1301	ANA CARDOSO	individual	Senior Feminino	05:10:19	+02:46:39	13:30
702	2184	Fernanda Leão	sweet runners	Veterana F40	05:10:47	+02:47:07	13:31
703	1116	LUIS PEREIRA	corridas de pernas pro ar	Veterano M40	05:10:59	+02:47:19	13:31
704	1495	Frederico Moreira	individual	Senior Masculino	05:11:05	+02:47:25	13:32
705	1006	Ana Isabel Abreu Mendonça	a.d.amarante trail running	Senior Feminino	05:11:44	+02:48:04	13:33
706	1703	Sandra Maria Lopes Arribança	individual	Veterana F40	05:12:02	+02:48:22	13:34
707	2290	Vitor Helder Silva Santos	individual	Veterano M40	05:12:03	+02:48:23	13:34
708	1528	Joel José Ginga	individual	Senior Masculino	05:12:03	+02:48:23	13:34

TRAIL 23K - STAGE 1 — 23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
709	1611	Philip Manteidas	individual	Senior Masculino	05:13:14	+02:49:34	13:37
710	2254	Paulo César Gonçalves Cruz	vamos embora	Senior Masculino	05:13:16	+02:49:36	13:37
711	1372	Paula Soares	individual	Senior Feminino	05:13:48	+02:50:08	13:39
712	2197	Nuno Santos	team duas faces	Senior Masculino	05:13:54	+02:50:14	13:39
713	1193	Ana Teixeira	eu+ ginásio | lma	Senior Feminino	05:13:54	+02:50:14	13:39
714	2179	Pedro Leal	sweet runners	Senior Masculino	05:13:57	+02:50:17	13:39
715	1473	Fábio Correia	individual	Senior Masculino	05:14:12	+02:50:32	13:40
716	1684	Glória Monteiro	individual	Veterana F40	05:15:05	+02:51:25	13:42
717	2183	Elsa Dias	sweet runners	Veterana F40	05:15:16	+02:51:36	13:42
718	1794	Marcos Quintas	individual	Veterano M40	05:15:36	+02:51:56	13:43
719	1204	Jorge Miguel Sampaio da Costa	eu+ ginásio | lma	Senior Masculino	05:15:37	+02:51:57	13:43
720	1203	Gil Ferreira da Silva	eu+ ginásio | lma	Senior Masculino	05:15:37	+02:51:57	13:43
721	1425	António Mota	individual	Senior Masculino	05:15:44	+02:52:04	13:44
722	1419	André Filipe pinto Barros	individual	Senior Masculino	05:15:45	+02:52:05	13:44
723	1992	Jose Castelo	os fardetas	Veterano M40	05:15:52	+02:52:12	13:44
724	2119	Pedro Ramos	shots international runners	Veterano M40	05:16:09	+02:52:29	13:45
725	1696	Maria Noémia Rolla	individual	Veterana F40	05:16:25	+02:52:45	13:45
726	1344	Helena Isabel Andrade Alves	individual	Senior Feminino	05:16:26	+02:52:46	13:45
727	1821	paulo silvas	individual	Veterano M40	05:16:27	+02:52:47	13:46
728	1470	Élsio António Nunes Leite Leal	individual	Senior Masculino	05:16:27	+02:52:47	13:46
729	1934	Ricardo Jorge Teixeira	not fast...just furious!	Senior Masculino	05:16:28	+02:52:48	13:46
730	1933	Ana Luisa Silva	not fast...just furious!	Senior Feminino	05:16:28	+02:52:48	13:46
731	2253	José Ribeiro	vamos embora	Senior Masculino	05:16:29	+02:52:49	13:46
732	1035	Ana Marques	andamazé	Senior Feminino	05:17:21	+02:53:41	13:48
733	2053	José Sousa	red line	Senior Masculino	05:18:05	+02:54:25	13:50
734	2052	Hugo Pereira	red line	Senior Masculino	05:18:06	+02:54:26	13:50
735	1115	Hugo ribeiro	corridas de pernas pro ar	Senior Masculino	05:18:30	+02:54:50	13:51
736	2181	Romeu Rodrigues	sweet runners	Senior Masculino	05:18:31	+02:54:51	13:51
737	2177	Mário Silva	sweet runners	Senior Masculino	05:18:31	+02:54:51	13:51
738	1868	Pedro Silva	lordelo btt	Senior Masculino	05:18:31	+02:54:51	13:51
739	1486	Filipe Coutinho	individual	Senior Masculino	05:18:33	+02:54:53	13:51
740	1848	Cristiana Barbosa	inquipa	Senior Feminino	05:18:39	+02:54:59	13:51
741	1851	Rui Amaro	inquipa	Senior Masculino	05:18:39	+02:54:59	13:51
742	1847	Aline Simeão	inquipa	Senior Feminino	05:18:39	+02:54:59	13:51
743	1849	Maria Oliveira	inquipa	Senior Feminino	05:18:39	+02:54:59	13:51
744	1465	Delfim Manuel Anastácio Nogueira	individual	Senior Masculino	05:19:10	+02:55:30	13:53
745	1374	Renata Daniela Azevedo Martins	individual	Senior Feminino	05:19:11	+02:55:31	13:53
746	1138	Rui Quinta	dr merino clínica médica	Veterano M40	05:19:28	+02:55:48	13:53
747	1315	AnaRita Silva	individual	Senior Feminino	05:19:32	+02:55:52	13:54
748	1637	Rui de Matos	individual	Senior Masculino	05:19:33	+02:55:53	13:54
749	1463	David José Andrade Pereira	individual	Senior Masculino	05:19:47	+02:56:07	13:54
750	1211	Miguel Fonseca	falta muito?	Veterano M40	05:20:22	+02:56:42	13:56
751	1531	Jonas Faria	individual	Senior Masculino	05:20:24	+02:56:44	13:56
752	2188	ANDRÉ BUFFON	taludos pá	Senior Masculino	05:20:24	+02:56:44	13:56
753	2057	Marisa Sousa	run & fitness	Senior Feminino	05:20:39	+02:56:59	13:56
754	1841	VALDEMAR SILVA	individual	Veterano M40	05:20:39	+02:56:59	13:56

TRAIL 23K - STAGE 1 — 23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
755	1265	Veronica Almeida	ginásio factor x	Senior Feminino	05:22:39	+02:58:59	14:02
756	1269	Valter Gonçalves	ginásio factor x	Senior Masculino	05:22:40	+02:59:00	14:02
757	1378	Rita Sousa	individual	Senior Feminino	05:22:40	+02:59:00	14:02
758	2092	Nuno André Correia	s4l runners	Senior Masculino	05:22:41	+02:59:01	14:02
759	1045	ana pimentel	as cinco	Senior Feminino	05:22:42	+02:59:02	14:02
760	1048	helena barbosa	as cinco	Veterana F40	05:22:43	+02:59:03	14:02
761	1543	Jose Manuel Lopes Faria	individual	Senior Masculino	05:22:44	+02:59:04	14:02
762	2008	Marta Mota	"os turbomula" d.o.c.	Senior Feminino	05:22:55	+02:59:15	14:02
763	2010	Nelson Montalvão	"os turbomula" d.o.c.	Senior Masculino	05:22:55	+02:59:15	14:02
764	2024	Agostinho Torres	pernetas	Veterano M40	05:23:23	+02:59:43	14:04
765	2022	Liliana Pinto	pernetas	Senior Feminino	05:23:24	+02:59:44	14:04
766	1501	Helder Oliveira	individual	Senior Masculino	05:23:27	+02:59:47	14:04
767	1915	PEDRO FERRAZ	nocturnos de paredes	Senior Masculino	05:23:38	+02:59:58	14:04
768	1671	Ana Rocha	individual	Veterana F40	05:23:38	+02:59:58	14:04
769	1309	Ana Rodrigues	individual	Senior Feminino	05:23:41	+03:00:01	14:04
770	1101	Rita Chaves Rebelo	clube do pessoal edp - delegação de gaia	Senior Feminino	05:23:42	+03:00:02	14:04
771	1100	Joana Chaves Rebelo	clube do pessoal edp - delegação de gaia	Senior Feminino	05:23:42	+03:00:02	14:04
772	1859	Joana Vaz	j&l	Senior Feminino	05:23:48	+03:00:08	14:05
773	1860	Luís Saraiva	j&l	Senior Masculino	05:23:48	+03:00:08	14:05
774	1795	Miguel Pereira Resende	individual	Veterano M40	05:23:50	+03:00:10	14:05
775	1881	Helder Fernando Ferreira Saraiva Santos	n14	Senior Masculino	05:23:53	+03:00:13	14:05
776	1512	João Fontoura de Oliveira	individual	Senior Masculino	05:24:06	+03:00:26	14:05
777	1604	pedro maciel	individual	Senior Masculino	05:24:06	+03:00:26	14:05
778	2080	MARIO SILVA	run4fun	Veterano M40	05:24:12	+03:00:32	14:06
779	1518	João Miguel Cerqueira de Brito	individual	Senior Masculino	05:24:22	+03:00:42	14:06
780	1754	Fernando Queirós	individual	Veterano M40	05:24:22	+03:00:42	14:06
781	1189	Liliana Ribeiro	esmoriz runners	Senior Feminino	05:24:23	+03:00:43	14:06
782	1409	Vera Ferreira	individual	Senior Feminino	05:24:23	+03:00:43	14:06
783	1413	Afonso Guedes	individual	Senior Masculino	05:24:35	+03:00:55	14:07
784	1914	NUNO SANTOS	nocturnos de paredes	Senior Masculino	05:24:37	+03:00:57	14:07
785	2064	Vitor Nuno	run4all	Senior Masculino	05:24:45	+03:01:05	14:07
786	1190	Sílvia Rocha	esmoriz runners	Senior Feminino	05:24:51	+03:01:11	14:07
787	2070	MIGUEL MELEIRO	run4all	Senior Masculino	05:24:55	+03:01:15	14:08
788	1499	Helder Eduardo Barros Cabral	individual	Senior Masculino	05:25:12	+03:01:32	14:08
789	1973	Joana Ferreira Direito	os dezavergonhados	Senior Feminino	05:26:00	+03:02:20	14:10
790	1977	Pedro Ivo Teixeira de Freitas Martins	os dezavergonhados	Senior Masculino	05:26:01	+03:02:21	14:10
791	1681	Fátima António	individual	Veterana F40	05:26:07	+03:02:27	14:11
792	1491	Flávio Ortins Ferreira da Silva	individual	Senior Masculino	05:26:13	+03:02:33	14:11
793	1114	Simone Paiva	corridas de pernas pro ar	Senior Feminino	05:26:30	+03:02:50	14:12
794	1935	Ana Isabel da Rocha Campanhã	not run alone	Senior Feminino	05:26:47	+03:03:07	14:12
795	1695	Maria Fernanda Sousa	individual	Veterana F40	05:26:48	+03:03:08	14:13
796	2002	Sílvia MArgarida Teixeira da Silva	os potentes	Senior Feminino	05:27:13	+03:03:33	14:14
797	2071	NUNO SOUSA	run4all	Senior Masculino	05:27:13	+03:03:33	14:14
798	1740	Carlos Alberto da Rocha Cruz	individual	Veterano M40	05:27:25	+03:03:45	14:14
799	1907	HUGO CORTEZ MARQUES	nocturnos de paredes	Senior Masculino	05:27:53	+03:04:13	14:15

TRAIL 23K - STAGE 1 — 23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
800	1825	PEDRO RICARDO MACHADO VALENTE GONÇALVES	individual	Veterano M40	05:28:08	+03:04:28	14:16
801	1341	Elke Kaat	individual	Senior Feminino	05:28:17	+03:04:37	14:16
802	1839	Sergio Rocha	individual	Veterano M40	05:28:26	+03:04:46	14:17
803	4159	Abilio Diz	individual	Senior Masculino	05:28:26	+03:04:46	14:17
804	1046	mónica vilela	as cinco	Senior Feminino	05:30:44	+03:07:04	14:23
805	1262	Armandina da Silva Torres	gdct incm	Veterana F40	05:31:43	+03:08:03	14:25
806	2082	Jose Henrique Santos Soares Matos	running mates	Veterano M40	05:31:43	+03:08:03	14:25
807	2081	Orlando Jorge Barroso Magalhaes	running mates	Senior Masculino	05:31:44	+03:08:04	14:25
808	2084	Pedro Miguel santos matos	running mates	Veterano M40	05:31:44	+03:08:04	14:25
809	2056	Isaura Sousa	run & fitness	Senior Feminino	05:32:36	+03:08:56	14:28
810	1706	Sônia Teixeira	individual	Veterana F40	05:33:00	+03:09:20	14:29
811	1865	Mário Santos	kunalama adportela rotaromânico btt	Senior Masculino	05:34:40	+03:11:00	14:33
812	1858	jose moura	invicta runners team	Senior Masculino	05:34:40	+03:11:00	14:33
813	2157	Jorge Romão	sport remo	Veterano M40	05:35:05	+03:11:25	14:34
814	1908	LUIS CARDOSO	nocturnos de paredes	Senior Masculino	05:35:10	+03:11:30	14:34
815	1930	JOSE SILVA	nocturnos de paredes	Veterano M40	05:35:11	+03:11:31	14:34
816	1903	RAQUEL RIBEIRO	nocturnos de paredes	Senior Feminino	05:35:11	+03:11:31	14:34
817	1345	Helena Tonini Passos	individual	Senior Feminino	05:35:31	+03:11:51	14:35
818	2055	Isabel Sousa	run & fitness	Senior Feminino	05:35:53	+03:12:13	14:36
819	1394	Sónia Azevedo	individual	Senior Feminino	05:35:59	+03:12:19	14:36
820	1796	miguel pinto	individual	Veterano M40	05:35:59	+03:12:19	14:36
821	1670	Ana Guimarães	individual	Veterana F40	05:36:03	+03:12:23	14:37
822	1255	Pedro Costelha	funky runners	Veterano M40	05:36:22	+03:12:42	14:37
823	1514	João Luís da Silva Martins Cura	individual	Senior Masculino	05:36:34	+03:12:54	14:38
824	1165	Damião Pacheco	elite n m	Veterano M40	05:37:59	+03:14:19	14:42
825	1939	Cacilda Maria Sousa Ramos	not run alone	Veterana F40	05:38:30	+03:14:50	14:43
826	1757	Germano Moura	individual	Veterano M40	05:39:36	+03:15:56	14:46
827	1210	Manuel Cunha Lima	experienciar	Veterano M40	05:39:43	+03:16:03	14:46
828	1340	Edite Gonçalves	individual	Senior Feminino	05:39:47	+03:16:07	14:46
829	1329	Claudia Rodrigues	individual	Senior Feminino	05:39:48	+03:16:08	14:46
830	1747	eduardo castro	individual	Veterano M40	05:39:50	+03:16:10	14:47
831	1343	Fátima Soares	individual	Senior Feminino	05:40:04	+03:16:24	14:47
832	1454	Celso reis	individual	Senior Masculino	05:40:05	+03:16:25	14:47
833	1429	Artur Amorim	individual	Senior Masculino	05:40:29	+03:16:49	14:48
834	1546	Jose Miguel Nunes Correia	individual	Senior Masculino	05:40:35	+03:16:55	14:49
835	1376	Rita Araújo	individual	Senior Feminino	05:41:02	+03:17:22	14:50
836	2142	José Mário Alves	solinca running tribe dragão	Veterano M40	05:41:15	+03:17:35	14:50
837	2141	Rúben José Pereira Carvalho	solinca running tribe dragão	Senior Masculino	05:41:16	+03:17:36	14:50
838	2125	Isabel Monteiro	smiling runners	Senior Feminino	05:41:41	+03:18:01	14:51
839	1669	Alexandra Bessa	individual	Veterana F40	05:41:42	+03:18:02	14:51
840	1644	sandro sousa	individual	Senior Masculino	05:41:42	+03:18:02	14:51
841	2120	Luciana Aguiar	slow motion	Senior Feminino	05:42:05	+03:18:25	14:52
842	1012	DIANA TAVARES	ad quinta - atletismo	Senior Feminino	05:42:07	+03:18:27	14:52
843	1323	Carla Monteiro	individual	Senior Feminino	05:42:43	+03:19:03	14:54
844	1358	Maria do Rosário Pinto de Sousa	individual	Senior Feminino	05:42:44	+03:19:04	14:54

TRAIL 23K - STAGE 1 — 23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
845	1104	Marta Sousa	clube vodafone	Senior Feminino	05:43:04	+03:19:24	14:55
846	1975	Filipe Alves Lobo Guimarães	os dezavergonhados	Senior Masculino	05:43:22	+03:19:42	14:56
847	1078	Veslava Velentinovic	budeguita runners	Senior Feminino	05:44:08	+03:20:28	14:58
848	2049	Sergio Pinheiro	rainha club	Veterano M40	05:44:16	+03:20:36	14:58
849	1800	Nuno Henrique Morais da Silva Ferreira	individual	Veterano M40	05:44:17	+03:20:37	14:58
850	1327	Cláudia Leitão	individual	Senior Feminino	05:44:28	+03:20:48	14:59
851	1270	CIDÁLIA PEIXOTO	ginásio factor x	Veterana F40	05:44:57	+03:21:17	15:00
852	2124	Carla Rocha	smiling runners	Senior Feminino	05:45:47	+03:22:07	15:02
853	2128	Jorge Fonseca	smiling runners	Senior Masculino	05:45:47	+03:22:07	15:02
854	1477	Fabio silva	individual	Senior Masculino	05:45:51	+03:22:11	15:02
855	2087	Nuno Ferreira	running team maia	Senior Masculino	05:45:53	+03:22:13	15:02
856	1899	IRINA OLIVEIRA	nocturnos de paredes	Senior Feminino	05:45:54	+03:22:14	15:02
857	1898	EVA MOREIRA	nocturnos de paredes	Senior Feminino	05:46:25	+03:22:45	15:04
858	1209	Vitor Manuel Nogueira Tomás	eu+ ginásio | lma	Senior Masculino	05:47:52	+03:24:12	15:07
859	1195	Daniela Alexandra Oliveira Martins	eu+ ginásio | lma	Senior Feminino	05:47:52	+03:24:12	15:07
860	1705	Sandra Silva	individual	Veterana F40	05:47:57	+03:24:17	15:08
861	1700	paula teixeira	individual	Veterana F40	05:48:24	+03:24:44	15:09
862	1525	Joaquim Teixeira	individual	Senior Masculino	05:48:24	+03:24:44	15:09
863	1176	liliana alves	ermidafit runners	Senior Feminino	05:48:45	+03:25:05	15:10
864	1187	paula silva	ermidafit runners	Veterana F40	05:48:45	+03:25:05	15:10
865	2144	Vera Oliveira	solmaia runners	Senior Feminino	05:49:16	+03:25:36	15:11
866	2143	Ana Raquel	solmaia runners	Senior Feminino	05:49:16	+03:25:36	15:11
867	1368	Neuza Filipa Pereira Ribeiro	individual	Senior Feminino	05:50:44	+03:27:04	15:15
868	1558	Luis Vale	individual	Senior Masculino	05:50:44	+03:27:04	15:15
869	1392	Sofia Correia	individual	Senior Feminino	05:51:33	+03:27:53	15:17
870	2020	Liliana Costa	pe de chumbo	Senior Feminino	05:51:42	+03:28:02	15:17
871	2288	Carla Guerra	individual	Senior Feminino	05:51:42	+03:28:02	15:17
872	1002	Maria Helena Carvalho	4all road - runners	Veterana F40	05:53:07	+03:29:27	15:21
873	1689	Isabel Alexandra oliveira Santos Silva	individual	Veterana F40	05:53:11	+03:29:31	15:21
874	1672	Ana varela	individual	Veterana F40	05:53:11	+03:29:31	15:21
875	1774	José Luís Silva	individual	Veterano M40	05:53:13	+03:29:33	15:21
876	2282	Nuno Silva	wolves	Senior Masculino	05:56:11	+03:32:31	15:29
877	2281	Cláudio Silva	wolves	Senior Masculino	05:56:12	+03:32:32	15:29
878	2283	Rui Sousa	wolves	Senior Masculino	05:56:12	+03:32:32	15:29
879	2280	Bruno Henriques	wolves	Senior Masculino	05:56:12	+03:32:32	15:29
880	1679	Estefânia Matias	individual	Veterana F40	05:56:40	+03:33:00	15:30
881	1845	Vitor Viana	individual	Veterano M40	05:56:40	+03:33:00	15:30
882	1853	Cristina Amaral	inquipa	Veterana F40	05:58:12	+03:34:32	15:34
883	2241	Carla Leal	uh lá lá	Senior Feminino	05:59:03	+03:35:23	15:37
884	1085	Elvira Maria Ribeiro Almeida de Lima	byl! beat your limit!	Veterana F40	05:59:04	+03:35:24	15:37
885	1856	Paulo Alexandre Costa	inquipa	Veterano M40	06:00:06	+03:36:26	15:39
886	1144	Beatriz Rocha	edv-viana trail	Senior Feminino	06:00:25	+03:36:45	15:40
887	1324	Carla Moreira	individual	Senior Feminino	06:00:26	+03:36:46	15:40
888	1544	Jose Manuel Silva Gonçalves	individual	Senior Masculino	06:00:26	+03:36:46	15:40

TRAIL 23K - STAGE 1 — 23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
889	1835	Rui Paulo A. D. Zilhão	individual	Veterano M40	06:01:14	+03:37:34	15:42
890	2085	Rui Avelino Silva	running mates	Veterano M40	06:01:30	+03:37:50	15:43
891	2098	Ricardo Ribeiro	sai ao pai	Senior Masculino	06:01:41	+03:38:01	15:44
892	1199	Telma patrícia Araújo do Amaral	eu+ ginásio | lma	Senior Feminino	06:01:42	+03:38:02	15:44
893	1741	Carlos Almeida	individual	Veterano M40	06:01:53	+03:38:13	15:44
894	1112	CARLA PEREIRA	corridas de pernas pro ar	Senior Feminino	06:02:32	+03:38:52	15:46
895	1972	Andreia Valente	os caga tacos running team	Senior Feminino	06:02:32	+03:38:52	15:46
896	1349	Juliana Gonçalves	individual	Senior Feminino	06:02:33	+03:38:53	15:46
897	2169	Liliana Oliveira	sweet runners	Senior Feminino	06:03:26	+03:39:46	15:48
898	1359	Maria Fernanda Nunes Moutinho	individual	Senior Feminino	06:03:41	+03:40:01	15:49
899	2239	Nuno Filipe Antunes Silva	transpousada trail team	Senior Masculino	06:03:46	+03:40:06	15:49
900	1685	Graça Silva	individual	Veterana F40	06:06:33	+03:42:53	15:56
901	2091	Fernando Nunes	s4l runners	Senior Masculino	06:06:35	+03:42:55	15:56
902	1047	sónia ribeiro	as cinco	Senior Feminino	06:06:47	+03:43:07	15:57
903	1807	Paulo Alexandre Cristóvão Próspero	individual	Veterano M40	06:07:05	+03:43:25	15:58
904	2276	Pedro Justo	vulpes vulpes	Veterano M40	06:08:52	+03:45:12	16:02
905	2275	Cláudia Castro Morais	vulpes vulpes	Senior Feminino	06:08:52	+03:45:12	16:02
906	35	Maria do Carmo Loureiro	budeguita runners	Veterana F40	06:11:14	+03:47:34	16:08
907	36	Sandra Oliveira	budeguita runners	Veterana F40	06:11:14	+03:47:34	16:08
908	1077	Isabel Ferreira	budeguita runners	Senior Feminino	06:11:14	+03:47:34	16:08
909	2063	ANABELA GARCIA	run4all	Senior Feminino	06:11:19	+03:47:39	16:09
910	2062	ANA ARRISCADO	run4all	Senior Feminino	06:11:19	+03:47:39	16:09
911	1991	Silvia Castelo	os fardetas	Senior Feminino	06:11:39	+03:47:59	16:10
912	1990	Rosa Araujo	os fardetas	Senior Feminino	06:11:39	+03:47:59	16:10
913	1632	Rui Almeida	individual	Senior Masculino	06:11:39	+03:47:59	16:10
914	1186	tiago araujo	ermidafit runners	Senior Masculino	06:12:01	+03:48:21	16:10
915	1405	Vanessa Martins	individual	Senior Feminino	06:12:01	+03:48:21	16:10
916	1381	Sandra Machado	individual	Senior Feminino	06:12:02	+03:48:22	16:11
917	1570	Miguel Costa	individual	Senior Masculino	06:12:02	+03:48:22	16:11
918	1352	katia pereira	individual	Senior Feminino	06:12:09	+03:48:29	16:11
919	1414	Alberto Machado	individual	Senior Masculino	06:15:29	+03:51:49	16:20
920	2175	Luis Alves	sweet runners	Senior Masculino	06:17:25	+03:53:45	16:25
921	1194	Carina Barbosa	eu+ ginásio | lma	Senior Feminino	06:18:28	+03:54:48	16:27
922	1202	César Filipe Martins Ferreira	eu+ ginásio | lma	Senior Masculino	06:18:28	+03:54:48	16:27
923	1451	Carlos Trigo	individual	Senior Masculino	06:19:05	+03:55:25	16:29
924	1305	Ana Ferreira	individual	Senior Feminino	06:19:28	+03:55:48	16:30
925	1163	Sonia Machado	el team trail	Senior Feminino	06:19:54	+03:56:14	16:31
926	2160	Rui Rodrigues	sport remo	Veterano M40	06:19:55	+03:56:15	16:31
927	2171	Bruno Martins	sweet runners	Senior Masculino	06:22:29	+03:58:49	16:38
928	1003	José António Oliveira	4all road - runners	Veterano M40	06:22:45	+03:59:05	16:38
929	1884	Sónia Ferreira Alves	nast	Senior Feminino	06:26:16	+04:02:36	16:48
930	1890	Elisabete ferreira	nast	Senior Feminino	06:26:16	+04:02:36	16:48
931	1697	Marieta Viana	individual	Veterana F40	06:26:19	+04:02:39	16:48
932	1698	Paula Cristina das Neves Ribeiro Próspero	individual	Veterana F40	06:26:35	+04:02:55	16:48
933	1904	RITA FERREIRA	nocturnos de paredes	Senior Feminino	06:26:38	+04:02:58	16:49

TRAIL 23K - STAGE 1 — 23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
934	1924	MARIA JESUS	nocturnos de paredes	Veterana F40	06:26:39	+04:02:59	16:49
935	1931	RUI SILVA	nocturnos de paredes	Veterano M40	06:26:39	+04:02:59	16:49
936	1970	Emilia Costa	os aventureiros	Senior Feminino	06:30:00	+04:06:20	16:57
937	1968	Cristiana Ribeiro	os aventureiros	Senior Feminino	06:30:01	+04:06:21	16:57
938	1971	Márcio Silva	os aventureiros	Senior Masculino	06:30:01	+04:06:21	16:57
939	1969	Elisabete Barroso	os aventureiros	Senior Feminino	06:30:02	+04:06:22	16:57
940	2165	Carla Dias	sweet runners	Senior Feminino	06:31:12	+04:07:32	17:01
941	2163	Anabela Barbosa	sweet runners	Senior Feminino	06:31:12	+04:07:32	17:01
942	2164	Andreia Costa	sweet runners	Senior Feminino	06:31:13	+04:07:33	17:01
943	2110	Silvia Borges Viana	serviço urgência & friends	Senior Feminino	06:32:03	+04:08:23	17:03
944	1361	Maria Isabel da Silva Carvalho	individual	Senior Feminino	06:34:02	+04:10:22	17:08
945	1363	Maria José Tejo	individual	Senior Feminino	06:34:03	+04:10:23	17:08
946	1920	TELMO MOTA	nocturnos de paredes	Senior Masculino	06:37:34	+04:13:54	17:17
947	1247	Iolanda Cerqueira	funky runners	Senior Feminino	06:38:47	+04:15:07	17:20
948	2158	Paulo Ferreira	sport remo	Veterano M40	06:39:00	+04:15:20	17:21
949	2151	Diana Neto	sport remo	Senior Feminino	06:39:00	+04:15:20	17:21
950	1245	Claudia Coelho	funky runners	Senior Feminino	06:39:24	+04:15:44	17:22
951	1246	Ines Borges	funky runners	Senior Feminino	06:39:25	+04:15:45	17:22
952	1256	Rodrigo Ferraz	funky runners	Veterano M40	06:39:25	+04:15:45	17:22
953	2166	Inês Machado	sweet runners	Senior Feminino	06:41:59	+04:18:19	17:29
954	2168	Ligia Silva	sweet runners	Senior Feminino	06:41:59	+04:18:19	17:29
955	2185	Ângelo Machado	sweet runners	Veterano M40	06:42:01	+04:18:21	17:29
956	1982	Marta Ferreira	os falta d'ar / run na villa	Senior Feminino	06:42:21	+04:18:41	17:30
957	1980	Cátia Fernandes	os falta d'ar / run na villa	Senior Feminino	06:42:22	+04:18:42	17:30
958	1989	Rui Santos	os falta d'ar / run na villa	Veterano M40	06:42:22	+04:18:42	17:30
959	1481	Fernando Jorge Martins Pinheiro	individual	Senior Masculino	06:44:15	+04:20:35	17:35
960	2000	José Eduardo Oliveira Marques	os matraquilhos	Senior Masculino	06:45:38	+04:21:58	17:38
961	1998	Vera Lúcia Da Costa Ferreira	os matraquilhos	Senior Feminino	06:45:39	+04:21:59	17:38
962	1297	Rui Sousa	hard and wild 2	Senior Masculino	06:45:40	+04:22:00	17:38
963	1295	Aurélio Neto	hard and wild 2	Senior Masculino	06:45:40	+04:22:00	17:38
964	1293	Irene Torres	hard and wild 2	Senior Feminino	06:45:41	+04:22:01	17:38
965	1999	Diogo Filipe Pedrosa da Silva	os matraquilhos	Senior Masculino	06:45:55	+04:22:15	17:39
966	1997	Paula Cristina Oliveira Marques	os matraquilhos	Senior Feminino	06:46:28	+04:22:48	17:40
967	2136	Jenny Nunes	sol	Senior Feminino	07:00:10	+04:36:30	18:16
968	2104	Renata Silva	saídos da casca	Senior Feminino	07:00:14	+04:36:34	18:16
969	2103	Liliana Almeida	saídos da casca	Senior Feminino	07:00:17	+04:36:37	18:16
970	1299	Alexandra Reis	individual	Senior Feminino	07:00:22	+04:36:42	18:17
971	1594	Paulo Martins	individual	Senior Masculino	07:00:29	+04:36:49	18:17
972	1320	Ângela Maria Ferreira Morais	individual	Senior Feminino	07:00:31	+04:36:51	18:17
973	2112	Helena Lobão	shots international runners	Senior Feminino	07:02:05	+04:38:25	18:21
974	2231	MARTA SOARES	tou que nem posso	Senior Feminino	07:02:06	+04:38:26	18:21
975	1317	Andreia Patricia Ferreira da Silva	individual	Senior Feminino	07:17:18	+04:53:38	19:01
976	1403	Tânia Ferreira	individual	Senior Feminino	07:17:18	+04:53:38	19:01
977	1385	Sara Cristina Pinheiro	individual	Senior Feminino	07:17:25	+04:53:45	19:01
978	1406	Vânia Carreirinha Faria	individual	Senior Feminino	07:17:25	+04:53:45	19:01
979	1393	sonia	individual	Senior Feminino	07:32:30	+05:08:50	19:40

TRAIL 23K - STAGE 1 — 23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
980	1588	paulo aguiar	individual	Senior Masculino	07:32:30	+05:08:50	19:40
981	2074	LILIANA SANTOS	run4fun	Senior Feminino	07:32:34	+05:08:54	19:41
982	1369	patricia coutinho	individual	Senior Feminino	07:32:55	+05:09:15	19:42
983	2307	Isabel mesquita	individual	Veterana F40	09:01:38	+06:37:58	23:33
984	1294	Teresa Machado	hard and wild 2	Senior Feminino	09:01:38	+06:37:58	23:33

2º Trail da Raposa
Paredes
31-maio-2015

Trail 23K

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	19,6ºC	58,5%
End	18:51	20,3ºC	61%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	2291	Paula Lage	PAREDES AVENTURA	Senior Feminino	03:03:50		08:00
2	1946	Rita Loureiro	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Feminino	03:09:52	+06:02	08:15
3	1330	Cláudia Santos	Individual	Senior Feminino	03:14:04	+10:14	08:26
4	1388	Sarina Carneiro Guimarães	Individual	Senior Feminino	03:17:20	+13:30	08:35
5	1273	DANIELA RUSSO	Ginasio Fit4Fun	Senior Feminino	03:24:22	+20:32	08:53
6	1384	sara braga	Individual	Senior Feminino	03:26:49	+22:59	09:00
7	1264	Joana Cardoso	Ginásio Factor X	Senior Feminino	03:36:45	+32:55	09:25
8	1314	Anabela Freitas	Individual	Senior Feminino	03:40:03	+36:13	09:34
9	2109	Sara Manuela Peixoto Dias	sempre a correr	Senior Feminino	03:44:37	+40:47	09:46
10	1241	sandra fernandes	Fridão Sem Limites	Senior Feminino	03:44:37	+40:47	09:46
11	1021	Paula Barbosa	AFS Estofos AUTO	Senior Feminino	03:45:12	+41:22	09:47
12	1367	Monica Isabel Vieira Coelho	Individual	Senior Feminino	03:46:42	+42:52	09:51
13	1351	Juliana Rodrigues	Individual	Senior Feminino	03:47:22	+43:32	09:53
14	1032	Ana Paula Soares Vieira	Amigos do Pedal/Trailagares	Senior Feminino	03:48:07	+44:17	09:55
15	2140	Juliana Cristina Silva Santos	SOLINCA RUNNING TRIBE DRAGÃO	Senior Feminino	03:52:01	+48:11	10:05
16	1883	Nuria Martins Ferreira	NAST	Senior Feminino	03:53:48	+49:58	10:10
17	1127	Liliana Gomes	Dr Merino Clínica Médica	Senior Feminino	03:54:06	+50:16	10:11
18	2039	Silvia Jesus	Rainha Club	Senior Feminino	03:55:19	+51:29	10:14
19	1052	Daniela Alves	Associação Desportiva de Cabroelo	Senior Feminino	03:56:19	+52:29	10:16
20	1945	Andreia Barbosa	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Feminino	03:57:06	+53:16	10:19
21	2114	Raquel Campos	Shots International Runners	Senior Feminino	03:57:36	+53:46	10:20
22	2170	Madalena Casaca	Sweet Runners	Senior Feminino	04:00:59	+57:09	10:29
23	1880	Anita Sofia Costa Gomes da Rocha	N14	Senior Feminino	04:01:52	+58:02	10:31
24	1360	Maria Helena Carvalho Costa	Individual	Senior Feminino	04:07:26	+01:03:36	10:45
25	1145	Iva Silva	EDV-VIANA TRAIL	Senior Feminino	04:07:59	+01:04:09	10:47
26	2161	Andreia Ferreira	Sunday Training	Senior Feminino	04:08:51	+01:05:01	10:49
27	1342	Estela Martins	Individual	Senior Feminino	04:08:51	+01:05:01	10:49
28	1179	Telma Diana Pinto Duarte	ERMIDAFIT Runners	Senior Feminino	04:08:53	+01:05:03	10:49
29	1318	Andreia Sofia Silva Morais	Individual	Senior Feminino	04:09:02	+01:05:12	10:50
30	1319	Angela Cardoso	Individual	Senior Feminino	04:10:34	+01:06:44	10:54
31	1285	Andreia Amorim	GONDOMAR FUTSAL CLUBE	Senior Feminino	04:14:24	+01:10:34	11:04
32	1357	Manuela Tavares	Individual	Senior Feminino	04:15:29	+01:11:39	11:06
33	1346	Joana Azevedo	Individual	Senior Feminino	04:15:37	+01:11:47	11:07
34	2309	Maria João Silva	Individual	Senior Feminino	04:15:43	+01:11:53	11:07
35	2216	Lucilia Marlene Ferreira Silva	Tecla 3 Runners	Senior Feminino	04:17:59	+01:14:09	11:13
36	1147	Sonia Parente	EDV-VIANA TRAIL	Senior Feminino	04:19:11	+01:15:21	11:16
37	1382	Sandra Martins	Individual	Senior Feminino	04:20:01	+01:16:11	11:18

Trail 23K

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

38	1062	Sandra Isabel Lopes Pera	Bikes & Friends	Senior Feminino	04:20:01	+01:16:11	11:18
39	1200	Vania Raposo	Eu+ Ginásio | LMA	Senior Feminino	04:23:27	+01:19:37	11:27
40	1872	Carla Inês Silva Moreira	Moinhos Run	Senior Feminino	04:24:13	+01:20:23	11:29
41	1383	sandra oliveira	Individual	Senior Feminino	04:25:05	+01:21:15	11:32
42	1312	Anabela Barata	Individual	Senior Feminino	04:25:09	+01:21:19	11:32
43	2287	Marta Regina Queirós Couto	Unidade Especial de Corrida	Senior Feminino	04:26:30	+01:22:40	11:35
44	1064	Gisela Sousa	BitRunners	Senior Feminino	04:26:31	+01:22:41	11:35
45	1326	Carolina carvalho	Individual	Senior Feminino	04:26:35	+01:22:45	11:35
46	1129	Telma Marisa da Silva Pacheco e Sousa Castro	Dr Merino Clínica Médica	Senior Feminino	04:27:18	+01:23:28	11:37
47	2289	Olga Alexandra Almeida	Individual	Senior Feminino	04:29:19	+01:25:29	11:43
48	1936	Ana Margarida Nogueira Coelho	Not Run Alone	Senior Feminino	04:29:47	+01:25:57	11:44
49	2123	Ana Vieira	Smiling Runners	Senior Feminino	04:30:46	+01:26:56	11:46
50	1308	Ana Rocha	Individual	Senior Feminino	04:30:46	+01:26:56	11:46
51	1353	Liliana Araujo	Individual	Senior Feminino	04:31:37	+01:27:47	11:49
52	1362	MARIA JOAO SILVA	Individual	Senior Feminino	04:34:51	+01:31:01	11:57
53	2215	Cristina Alexandra Barbosa do Couto	Tecla 3 Runners	Senior Feminino	04:35:42	+01:31:52	11:59
54	1028	Elisabete Araújo	All About	Senior Feminino	04:35:52	+01:32:02	12:00
55	1213	Maria Machado	FAMA RUNNERS	Senior Feminino	04:37:39	+01:33:49	12:04
56	1336	Daniela Fernandez	Individual	Senior Feminino	04:37:40	+01:33:50	12:04
57	1400	Susana Maria Silva Costa	Individual	Senior Feminino	04:42:51	+01:39:01	12:18
58	1850	Sonia Pereira	Inquipa	Senior Feminino	04:43:23	+01:39:33	12:19
59	1893	Mariana Ortigoso	Nel Pé de Atleta	Senior Feminino	04:44:31	+01:40:41	12:22
60	2122	Alberta Rodrigues	Smiling Runners	Senior Feminino	04:45:07	+01:41:17	12:24
61	1146	Neuza Caridade	EDV-VIANA TRAIL	Senior Feminino	04:45:50	+01:42:00	12:26
62	1304	Ana Costa	Individual	Senior Feminino	04:46:53	+01:43:03	12:28
63	1142	Anabela Silva	EDV-VIANA TRAIL	Senior Feminino	04:47:34	+01:43:44	12:30
64	1143	Andrea Silva	EDV-VIANA TRAIL	Senior Feminino	04:47:44	+01:43:54	12:31
65	2232	VERA MARTINS	TOU QUE NEM POSSO	Senior Feminino	04:50:33	+01:46:43	12:38
66	1396	Susana	Individual	Senior Feminino	04:50:38	+01:46:48	12:38
67	2250	Joana Santos Ferreira	VAINDO	Senior Feminino	04:50:47	+01:46:57	12:39
68	1328	Claudia Pereira	Individual	Senior Feminino	04:51:36	+01:47:46	12:41
69	1113	Raquel Paiva	Corridas De Pernas Pro Ar	Senior Feminino	04:52:40	+01:48:50	12:43
70	1023	Mariana Azevedo Almeida	Ainda Falta Muito?	Senior Feminino	04:52:52	+01:49:02	12:44
71	1334	Cristina Barros	Individual	Senior Feminino	04:55:52	+01:52:02	12:52
72	1364	Marisa pinto	Individual	Senior Feminino	04:57:35	+01:53:45	12:56
73	2217	Maria Rosa Teixeira Mendes	Tecla 3 Runners	Senior Feminino	04:59:27	+01:55:37	13:01
74	2286	Maria Adelina Sousa	Individual	Senior Feminino	05:00:07	+01:56:17	13:03
75	1356	Liliana Paula Vieira Couto Costa	Individual	Senior Feminino	05:00:08	+01:56:18	13:03
76	2115	Sandra Faria	Shots International Runners	Senior Feminino	05:00:49	+01:56:59	13:05
77	2113	Liliana Pereira	Shots International Runners	Senior Feminino	05:00:49	+01:56:59	13:05
78	1307	Ana Rita Nunes Pinto Carvalho	Individual	Senior Feminino	05:00:54	+01:57:04	13:05
79	1371	Paula Cristina Soares Varela Montenegro	Individual	Senior Feminino	05:01:12	+01:57:22	13:06
80	2126	Marcia Ferreira	Smiling Runners	Senior Feminino	05:01:17	+01:57:27	13:06
81	1380	Sandra Helena Soares Varela	Individual	Senior Feminino	05:01:24	+01:57:34	13:06
82	1332	CRISTIANA ESTEVES	Individual	Senior Feminino	05:02:41	+01:58:51	13:10

Trail 23K

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

83	1212	Inês Matos	FAMA RUNNERS	Senior Feminino	05:04:01	+02:00:11	13:13
84	1331	Claudia Silva	Individual	Senior Feminino	05:04:32	+02:00:42	13:14
85	2204	Sara Santos	Team Idealkorpus	Senior Feminino	05:04:33	+02:00:43	13:14
86	1408	Vânia Gonçalves	Individual	Senior Feminino	05:04:59	+02:01:09	13:16
87	1366	Milene Machado	Individual	Senior Feminino	05:05:24	+02:01:34	13:17
88	1107	Belinda Celeste Marques Costa	Código Musical	Senior Feminino	05:05:59	+02:02:09	13:18
89	2034	Carina Teixeira	Rainha Club	Senior Feminino	05:07:25	+02:03:35	13:22
90	2167	Joana Montenegro	Sweet Runners	Senior Feminino	05:07:25	+02:03:35	13:22
91	2033	Aurora Godinho	Rainha Club	Senior Feminino	05:08:38	+02:04:48	13:25
92	2037	Diana Vieira	Rainha Club	Senior Feminino	05:09:08	+02:05:18	13:26
93	2261	CARLA GONÇALVES	VIDAATIVARUNNERS	Senior Feminino	05:09:15	+02:05:25	13:27
94	2262	Joana correia	VIDAATIVARUNNERS	Senior Feminino	05:09:16	+02:05:26	13:27
95	2263	Mariana Correia	VIDAATIVARUNNERS	Senior Feminino	05:09:16	+02:05:26	13:27
96	1301	ANA CARDOSO	Individual	Senior Feminino	05:10:19	+02:06:29	13:30
97	1006	Ana Isabel Abreu Mendonça	A.D.Amarante trail running	Senior Feminino	05:11:44	+02:07:54	13:33
98	1372	Paula Soares	Individual	Senior Feminino	05:13:48	+02:09:58	13:39
99	1193	Ana Teixeira	Eu+ Ginásio | LMA	Senior Feminino	05:13:54	+02:10:04	13:39
100	1344	Helena Isabel Andrade Alves	Individual	Senior Feminino	05:16:26	+02:12:36	13:45
101	1933	Ana Luisa Silva	Not fast...just furious!	Senior Feminino	05:16:28	+02:12:38	13:46
102	1035	Ana Marques	andamazé	Senior Feminino	05:17:21	+02:13:31	13:48
103	1848	Cristiana Barbosa	Inquipa	Senior Feminino	05:18:39	+02:14:49	13:51
104	1847	Aline Simeão	Inquipa	Senior Feminino	05:18:39	+02:14:49	13:51
105	1849	Maria Oliveira	Inquipa	Senior Feminino	05:18:39	+02:14:49	13:51
106	1374	Renata Daniela Azevedo Martins	Individual	Senior Feminino	05:19:11	+02:15:21	13:53
107	1315	AnaRita Silva	Individual	Senior Feminino	05:19:32	+02:15:42	13:54
108	2057	Marisa Sousa	Run & Fitness	Senior Feminino	05:20:39	+02:16:49	13:56
109	1265	Veronica Almeida	Ginásio Factor X	Senior Feminino	05:22:39	+02:18:49	14:02
110	1378	Rita Sousa	Individual	Senior Feminino	05:22:40	+02:18:50	14:02
111	1045	ana pimentel	as cinco	Senior Feminino	05:22:42	+02:18:52	14:02
112	2008	Marta Mota	"Os TurboMula" D.O.C.	Senior Feminino	05:22:55	+02:19:05	14:02
113	2022	Liliana Pinto	Pernetas	Senior Feminino	05:23:24	+02:19:34	14:04
114	1309	Ana Rodrigues	Individual	Senior Feminino	05:23:41	+02:19:51	14:04
115	1101	Rita Chaves Rebelo	Clube do Pessoal EDP - Delegação de Gaia	Senior Feminino	05:23:42	+02:19:52	14:04
116	1100	Joana Chaves Rebelo	Clube do Pessoal EDP - Delegação de Gaia	Senior Feminino	05:23:42	+02:19:52	14:04
117	1859	Joana Vaz	J&L	Senior Feminino	05:23:48	+02:19:58	14:05
118	1189	Liliana Ribeiro	Esmoriz runners	Senior Feminino	05:24:23	+02:20:33	14:06
119	1409	Vera Ferreira	Individual	Senior Feminino	05:24:23	+02:20:33	14:06
120	1190	Sílvia Rocha	Esmoriz runners	Senior Feminino	05:24:51	+02:21:01	14:07
121	1973	Joana Ferreira Direito	Os DEZavergonhados	Senior Feminino	05:26:00	+02:22:10	14:10
122	1114	Simone Paiva	Corridas De Pernas Pro Ar	Senior Feminino	05:26:30	+02:22:40	14:12
123	1935	Ana Isabel da Rocha Campanhã	Not Run Alone	Senior Feminino	05:26:47	+02:22:57	14:12
124	2002	Sílvia MArgarida Teixeira da Silva	Os Potentes	Senior Feminino	05:27:13	+02:23:23	14:14
125	1341	Elke Kaat	Individual	Senior Feminino	05:28:17	+02:24:27	14:16
126	1046	mónica vilela	as cinco	Senior Feminino	05:30:44	+02:26:54	14:23
127	2056	Isaura Sousa	Run & Fitness	Senior Feminino	05:32:36	+02:28:46	14:28

Trail 23K

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

128	1903	RAQUEL RIBEIRO	NOCTURNOS DE PAREDES	Senior Feminino	05:35:11	+02:31:21	14:34
129	1345	Helena Tonini Passos	Individual	Senior Feminino	05:35:31	+02:31:41	14:35
130	2055	Isabel Sousa	Run & Fitness	Senior Feminino	05:35:53	+02:32:03	14:36
131	1394	Sónia Azevedo	Individual	Senior Feminino	05:35:59	+02:32:09	14:36
132	1340	Edite Gonçalves	Individual	Senior Feminino	05:39:47	+02:35:57	14:46
133	1329	Claudia Rodrigues	Individual	Senior Feminino	05:39:48	+02:35:58	14:46
134	1343	Fátima Soares	Individual	Senior Feminino	05:40:04	+02:36:14	14:47
135	1376	Rita Araújo	Individual	Senior Feminino	05:41:02	+02:37:12	14:50
136	2125	Isabel Monteiro	Smiling Runners	Senior Feminino	05:41:41	+02:37:51	14:51
137	2120	Luciana Aguiar	Slow Motion	Senior Feminino	05:42:05	+02:38:15	14:52
138	1012	DIANA TAVARES	AD Quinta - Atletismo	Senior Feminino	05:42:07	+02:38:17	14:52
139	1323	Carla Monteiro	Individual	Senior Feminino	05:42:43	+02:38:53	14:54
140	1358	Maria do Rosário Pinto de Sousa	Individual	Senior Feminino	05:42:44	+02:38:54	14:54
141	1104	Marta Sousa	Clube Vodafone	Senior Feminino	05:43:04	+02:39:14	14:55
142	1078	Veslava Velentinovic	BUDEGUITA RUNNERS	Senior Feminino	05:44:08	+02:40:18	14:58
143	1327	Cláudia Leitão	Individual	Senior Feminino	05:44:28	+02:40:38	14:59
144	2124	Carla Rocha	Smiling Runners	Senior Feminino	05:45:47	+02:41:57	15:02
145	1899	IRINA OLIVEIRA	NOCTURNOS DE PAREDES	Senior Feminino	05:45:54	+02:42:04	15:02
146	1898	EVA MOREIRA	NOCTURNOS DE PAREDES	Senior Feminino	05:46:25	+02:42:35	15:04
147	1195	Daniela Alexandra Oliveira Martins	Eu+ Ginásio | LMA	Senior Feminino	05:47:52	+02:44:02	15:07
148	1176	liliana alves	ERMIDAFIT Runners	Senior Feminino	05:48:45	+02:44:55	15:10
149	2144	Vera Oliveira	Solmaia Runners	Senior Feminino	05:49:16	+02:45:26	15:11
150	2143	Ana Raquel	Solmaia Runners	Senior Feminino	05:49:16	+02:45:26	15:11
151	1368	Neuza Filipa Pereira Ribeiro	Individual	Senior Feminino	05:50:44	+02:46:54	15:15
152	1392	Sofia Correia	Individual	Senior Feminino	05:51:33	+02:47:43	15:17
153	2020	Liliana Costa	Pe de Chumbo	Senior Feminino	05:51:42	+02:47:52	15:17
154	2288	Carla Guerra	Individual	Senior Feminino	05:51:42	+02:47:52	15:17
155	2241	Carla Leal	Uh Lá Lá	Senior Feminino	05:59:03	+02:55:13	15:37
156	1144	Beatriz Rocha	EDV-VIANA TRAIL	Senior Feminino	06:00:25	+02:56:35	15:40
157	1324	Carla Moreira	Individual	Senior Feminino	06:00:26	+02:56:36	15:40
158	1199	Telma patrícia Araújo do Amaral	Eu+ Ginásio | LMA	Senior Feminino	06:01:42	+02:57:52	15:44
159	1112	CARLA PEREIRA	Corridas De Pernas Pro Ar	Senior Feminino	06:02:32	+02:58:42	15:46
160	1972	Andreia Valente	os caga tacos running team	Senior Feminino	06:02:32	+02:58:42	15:46
161	1349	Juliana Gonçalves	Individual	Senior Feminino	06:02:33	+02:58:43	15:46
162	2169	Liliana Oliveira	Sweet Runners	Senior Feminino	06:03:26	+02:59:36	15:48
163	1359	Maria Fernanda Nunes Moutinho	Individual	Senior Feminino	06:03:41	+02:59:51	15:49
164	1047	sónia ribeiro	as cinco	Senior Feminino	06:06:47	+03:02:57	15:57
165	2275	Cláudia Castro Morais	Vulpes Vulpes	Senior Feminino	06:08:52	+03:05:02	16:02
166	1077	Isabel Ferreira	BUDEGUITA RUNNERS	Senior Feminino	06:11:14	+03:07:24	16:08
167	2063	ANABELA GARCIA	Run4all	Senior Feminino	06:11:19	+03:07:29	16:09
168	2062	ANA ARRISCADO	Run4all	Senior Feminino	06:11:19	+03:07:29	16:09
169	1991	Silvia Castelo	Os Fardetas	Senior Feminino	06:11:39	+03:07:49	16:10
170	1990	Rosa Araujo	Os Fardetas	Senior Feminino	06:11:39	+03:07:49	16:10
171	1405	Vanessa Martins	Individual	Senior Feminino	06:12:01	+03:08:11	16:10
172	1381	Sandra Machado	Individual	Senior Feminino	06:12:02	+03:08:12	16:11
173	1352	katia pereira	Individual	Senior Feminino	06:12:09	+03:08:19	16:11

Trail 23K

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

174	1194	Carina Barbosa	Eu+ Ginásio | LMA	Senior Feminino	06:18:28	+03:14:38	16:27
175	1305	Ana Ferreira	Individual	Senior Feminino	06:19:28	+03:15:38	16:30
176	1163	Sonia Machado	El Team Trail	Senior Feminino	06:19:54	+03:16:04	16:31
177	1884	Sónia Ferreira Alves	NAST	Senior Feminino	06:26:16	+03:22:26	16:48
178	1890	Elisabete ferreira	NAST	Senior Feminino	06:26:16	+03:22:26	16:48
179	1904	RITA FERREIRA	NOCTURNOS DE PAREDES	Senior Feminino	06:26:38	+03:22:48	16:49
180	1970	Emilia Costa	os aventureiros	Senior Feminino	06:30:00	+03:26:10	16:57
181	1968	Cristiana Ribeiro	os aventureiros	Senior Feminino	06:30:01	+03:26:11	16:57
182	1969	Elisabete Barroso	os aventureiros	Senior Feminino	06:30:02	+03:26:12	16:57
183	2165	Carla Dias	Sweet Runners	Senior Feminino	06:31:12	+03:27:22	17:01
184	2163	Anabela Barbosa	Sweet Runners	Senior Feminino	06:31:12	+03:27:22	17:01
185	2164	Andreia Costa	Sweet Runners	Senior Feminino	06:31:13	+03:27:23	17:01
186	2110	Silvia Borges Viana	Serviço Urgência & Friends	Senior Feminino	06:32:03	+03:28:13	17:03
187	1361	Maria Isabel da Silva Carvalho	Individual	Senior Feminino	06:34:02	+03:30:12	17:08
188	1363	Maria José Tejo	Individual	Senior Feminino	06:34:03	+03:30:13	17:08
189	1247	Iolanda Cerqueira	Funky Runners	Senior Feminino	06:38:47	+03:34:57	17:20
190	2151	Diana Neto	Sport Remo	Senior Feminino	06:39:00	+03:35:10	17:21
191	1245	Claudia Coelho	Funky Runners	Senior Feminino	06:39:24	+03:35:34	17:22
192	1246	Ines Borges	Funky Runners	Senior Feminino	06:39:25	+03:35:35	17:22
193	2166	Inês Machado	Sweet Runners	Senior Feminino	06:41:59	+03:38:09	17:29
194	2168	Ligia Silva	Sweet Runners	Senior Feminino	06:41:59	+03:38:09	17:29
195	1982	Marta Ferreira	OS FALTA D'AR / RUN NA VILLA	Senior Feminino	06:42:21	+03:38:31	17:30
196	1980	Cátia Fernandes	OS FALTA D'AR / RUN NA VILLA	Senior Feminino	06:42:22	+03:38:32	17:30
197	1998	Vera Lúcia Da Costa Ferreira	Os matraquilhos	Senior Feminino	06:45:39	+03:41:49	17:38
198	1293	Irene Torres	Hard and Wild 2	Senior Feminino	06:45:41	+03:41:51	17:38
199	1997	Paula Cristina Oliveira Marques	Os matraquilhos	Senior Feminino	06:46:28	+03:42:38	17:40
200	2136	Jenny Nunes	SOL	Senior Feminino	07:00:10	+03:56:20	18:16
201	2104	Renata Silva	saídos da casca	Senior Feminino	07:00:14	+03:56:24	18:16
202	2103	Liliana Almeida	saídos da casca	Senior Feminino	07:00:17	+03:56:27	18:16
203	1299	Alexandra Reis	Individual	Senior Feminino	07:00:22	+03:56:32	18:17
204	1320	Ângela Maria Ferreira Morais	Individual	Senior Feminino	07:00:31	+03:56:41	18:17
205	2112	Helena Lobão	Shots International Runners	Senior Feminino	07:02:05	+03:58:15	18:21
206	2231	MARTA SOARES	TOU QUE NEM POSSO	Senior Feminino	07:02:06	+03:58:16	18:21
207	1317	Andreia Patricia Ferreira da Silva	Individual	Senior Feminino	07:17:18	+04:13:28	19:01
208	1403	Tânia Ferreira	Individual	Senior Feminino	07:17:18	+04:13:28	19:01
209	1385	Sara Cristina Pinheiro	Individual	Senior Feminino	07:17:25	+04:13:35	19:01
210	1406	Vânia Carreirinha Faria	Individual	Senior Feminino	07:17:25	+04:13:35	19:01
211	1393	sonia	Individual	Senior Feminino	07:32:30	+04:28:40	19:40
212	2074	LILIANA SANTOS	run4fun	Senior Feminino	07:32:34	+04:28:44	19:41
213	1369	patricia coutinho	Individual	Senior Feminino	07:32:55	+04:29:05	19:42
214	1294	Teresa Machado	Hard and Wild 2	Senior Feminino	09:01:38	+05:57:48	23:33

Senior Masculino

1	1286	Paulo César Ferreira	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:23:40		06:15
2	1041	CARLOS MARTINS	ARRASTA O PE	Senior Masculino	02:25:56	+02:16	06:21

Trail 23K

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

3	1891	Miguel Martins	NAST	Senior Masculino	02:34:07	+10:27	06:42
4	1094	Miguel Neves	CENTRO CICLISTA DE GONDOMAR	Senior Masculino	02:35:15	+11:35	06:45
5	2017	André Teixeira	PAREDES AVENTURA	Senior Masculino	02:38:20	+14:40	06:53
6	1950	Bruno Silva	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	02:38:22	+14:42	06:53
7	1009	Paulo manuel monteiro da costa	A.D.Amarante trail running	Senior Masculino	02:39:47	+16:07	06:57
8	1996	Marco André Oliveira Lopes MendesFerreira	Os Lobos do Saibro	Senior Masculino	02:41:13	+17:33	07:01
9	1133	David Ferreira	Dr Merino Clínica Médica	Senior Masculino	02:42:00	+18:20	07:03
10	1506	Ivo Pereira	Individual	Senior Masculino	02:43:22	+19:42	07:06
11	1132	Bruno Alcino Bessa Pinto	Dr Merino Clínica Médica	Senior Masculino	02:45:01	+21:21	07:10
12	2117	Paulo Domingues	Shots International Runners	Senior Masculino	02:46:31	+22:51	07:14
13	1948	Andre Nogueira	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	02:49:42	+26:02	07:23
14	1167	Anthony Lopes	Engomadoria L&A Team	Senior Masculino	02:49:59	+26:19	07:23
15	1227	Ricardo Rocha	FAST AO KM-PRR/Health&Nutrition	Senior Masculino	02:50:24	+26:44	07:25
16	1421	André Sampaio	Individual	Senior Masculino	02:55:09	+31:29	07:37
17	1173	Sérgio Santos	Engomadoria L&A Team	Senior Masculino	02:56:46	+33:06	07:41
18	1430	Artur Barbosa	Individual	Senior Masculino	02:58:42	+35:02	07:46
19	1033	António Manuel Dias Moreira	Amigos do Pedal/Trailagares	Senior Masculino	02:58:42	+35:02	07:46
20	1150	Nuno Gomes	EDV-VIANA TRAIL	Senior Masculino	02:58:51	+35:11	07:47
21	1645	Sergio Andre da Silva Coelho	Individual	Senior Masculino	02:58:51	+35:11	07:47
22	1126	Vitor Ribeiro	Didáxis Trail	Senior Masculino	02:58:58	+35:18	07:47
23	1638	Rui Manuel Alves Monteiro Araújo	Individual	Senior Masculino	02:58:58	+35:18	07:47
24	1216	Nuno Alves	FAMA RUNNERS	Senior Masculino	02:59:44	+36:04	07:49
25	93	Diogo João	Individual	Senior Masculino	03:00:15	+36:35	07:50
26	1953	Fernando Taborda	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	03:01:15	+37:35	07:53
27	1639	Rui Matos	Individual	Senior Masculino	03:01:17	+37:37	07:53
28	1424	António José Oliveira Marques de Sousa	Individual	Senior Masculino	03:01:18	+37:38	07:53
29	2018	Helder Camilo	PAREDES AVENTURA	Senior Masculino	03:01:54	+38:14	07:55
30	1648	Sérgio Carneiro	Individual	Senior Masculino	03:02:10	+38:30	07:55
31	1057	Carlos Jesus	Beat Your Limit!	Senior Masculino	03:02:10	+38:30	07:55
32	2131	Luís Letra	Dr Merino Clínica Médica	Senior Masculino	03:02:17	+38:37	07:56
33	1618	Ricardo Ferreira	Individual	Senior Masculino	03:02:31	+38:51	07:56
34	1184	Ricardo Martins Henriques Pais	ERMIDAFIT Runners	Senior Masculino	03:02:55	+39:15	07:57
35	2249	Pedro Valentim Batista	Unidade Especial de Corrida	Senior Masculino	03:03:04	+39:24	07:58
36	1420	André Mesquita Guimarães	Individual	Senior Masculino	03:03:26	+39:46	07:59
37	1956	José Neto	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	03:03:51	+40:11	08:00
38	2251	André Ribeiro Almeida	VAINDO	Senior Masculino	03:05:02	+41:22	08:03
39	1438	Bruno Miguel Gonçalves de Freitas	Individual	Senior Masculino	03:07:28	+43:48	08:09
40	1168	Celso Santos	Engomadoria L&A Team	Senior Masculino	03:07:32	+43:52	08:09
41	2130	Fábio Carvalho	Sneakers Power/APRT	Senior Masculino	03:07:51	+44:11	08:10
42	1523	Joaquim dias	Individual	Senior Masculino	03:09:02	+45:22	08:13
43	2248	Luis Miguel Azevedo da Silva	Unidade Especial de Corrida	Senior Masculino	03:09:33	+45:53	08:14

Trail 23K

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

44	1497	Helder Campos	Individual	Senior Masculino	03:09:36	+45:56	08:15
45	1171	Hélder Ferreira	Engomadoria L&A Team	Senior Masculino	03:09:38	+45:58	08:15
46	1879	Nelson Marques	Multipower | Gaia Trail | CFOD	Senior Masculino	03:09:43	+46:03	08:15
47	1960	Pedro Duarte	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	03:09:48	+46:08	08:15
48	1952	Fernando Grabulho	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	03:09:52	+46:12	08:15
49	1266	José Paulo Pereira Ribeiro	Ginásio Factor X	Senior Masculino	03:10:02	+46:22	08:16
50	1219	Vitor Santos Carneiro	FAMA RUNNERS	Senior Masculino	03:10:42	+47:02	08:17
51	1011	Ricardo Miguel Magalhaes Nunes	A.R.C.O.	Senior Masculino	03:11:34	+47:54	08:20
52	2277	Hugo Ferreira	WHITE RUNNING TEAM	Senior Masculino	03:11:48	+48:08	08:20
53	2016	Ricardo Fernandes	PAPAKM	Senior Masculino	03:11:57	+48:17	08:21
54	1482	Fernando Leite	Individual	Senior Masculino	03:12:29	+48:49	08:22
55	1136	Tiago Amaral	Dr Merino Clínica Médica	Senior Masculino	03:14:10	+50:30	08:27
56	1631	Rúben Alves	Individual	Senior Masculino	03:14:41	+51:01	08:28
57	1522	Joaquim Alves	Individual	Senior Masculino	03:15:10	+51:30	08:29
58	1545	José Miguel Fortuna Pinto	Individual	Senior Masculino	03:15:18	+51:38	08:29
59	1517	João Maria Albuquerque Trigueiros Rodrigues Alves	Individual	Senior Masculino	03:15:38	+51:58	08:30
60	1007	Luís Carlos Pinto Mendes	A.D.Amarante trail running	Senior Masculino	03:15:46	+52:06	08:31
61	2208	Ricardo Marques	Team Idealkorpus	Senior Masculino	03:16:25	+52:45	08:32
62	1911	MAURO CARDOSO	NOCTURNOS DE PAREDES	Senior Masculino	03:16:32	+52:52	08:33
63	1918	ROGERIO SOUSA	NOCTURNOS DE PAREDES	Senior Masculino	03:16:33	+52:53	08:33
64	1919	SERGIO VALE	NOCTURNOS DE PAREDES	Senior Masculino	03:16:33	+52:53	08:33
65	1134	Nuno Pinho	Dr Merino Clínica Médica	Senior Masculino	03:16:50	+53:10	08:33
66	2193	Bruno Loureiro	Team DUAS FACES	Senior Masculino	03:17:03	+53:23	08:34
67	1159	Ricardo Carvalho	EI Team Trail	Senior Masculino	03:17:28	+53:48	08:35
68	1957	Leonel Neves	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	03:18:16	+54:36	08:37
69	1947	Agostinho Sousa	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	03:19:50	+56:10	08:41
70	2127	Dário Ribeiro	Smiling Runners	Senior Masculino	03:19:51	+56:11	08:41
71	2013	Daniel Fonseca	PAPAKM	Senior Masculino	03:20:15	+56:35	08:42
72	1624	Ricardo Jorge Teixeira Duarte	Individual	Senior Masculino	03:20:43	+57:03	08:44
73	1434	Bruno Filipe Ribeiro Teixeira	Individual	Senior Masculino	03:21:19	+57:39	08:45
74	1118	romeu filipe pacheco pereira	CrossFit Vale do Ave	Senior Masculino	03:21:27	+57:47	08:46
75	1148	Bruno Simões	EDV-VIANA TRAIL	Senior Masculino	03:21:38	+57:58	08:46
76	2200	Ricardo Dantas	Team DUAS FACES	Senior Masculino	03:21:38	+57:58	08:46
77	1569	Micael cunha	Individual	Senior Masculino	03:21:45	+58:05	08:46
78	189	Pedro Lizardo	Pedro Lizardo	Senior Masculino	03:22:32	+58:52	08:48
79	1157	José Cruz	EI Team Trail	Senior Masculino	03:22:40	+59:00	08:49
80	2132	Rui Oliveira	Sneakers Power/APRT	Senior Masculino	03:22:53	+59:13	08:49
81	1423	António Filipe de Sousa Teixeira	Individual	Senior Masculino	03:24:22	+01:00:42	08:53
82	1535	jorge sousa	Individual	Senior Masculino	03:24:55	+01:01:15	08:55
83	1553	Luís Lobão	Individual	Senior Masculino	03:25:40	+01:02:00	08:57
84	1274	FRANCISCO FIGUEIREDO	Ginasio Fit4Fun	Senior Masculino	03:25:58	+01:02:18	08:57
85	2162	Joel Simplício	Sunday Training	Senior Masculino	03:26:02	+01:02:22	08:57
86	1117	Felisberto Carvalho Arcipreste	CrossFit Vale do Ave	Senior Masculino	03:26:03	+01:02:23	08:58

Trail 23K

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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87	1466	Diogo Carvalho	Individual	Senior Masculino	03:26:04	+01:02:24	08:58
88	1455	Cipriano Cunha	Individual	Senior Masculino	03:27:16	+01:03:36	09:01
89	2198	Nuno Sobral	Team DUAS FACES	Senior Masculino	03:27:37	+01:03:57	09:02
90	1562	Márcio Rocha	Individual	Senior Masculino	03:28:25	+01:04:45	09:04
91	1962	Rui Costa	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	03:28:27	+01:04:47	09:04
92	1961	Rúben Martins	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	03:28:27	+01:04:47	09:04
93	1492	Francisco CArneiro	Individual	Senior Masculino	03:28:32	+01:04:52	09:04
94	1871	Carlos Ferreira	LUSOS XXI	Senior Masculino	03:28:34	+01:04:54	09:04
95	2195	João Neves Moutinho	Team DUAS FACES	Senior Masculino	03:28:40	+01:05:00	09:04
96	2152	Abel Carvalho	Sport Remo	Senior Masculino	03:29:18	+01:05:38	09:06
97	1498	Helder Carvalho	Individual	Senior Masculino	03:29:38	+01:05:58	09:07
98	1418	André Daniel da Cunha Fernandes	Individual	Senior Masculino	03:29:38	+01:05:58	09:07
99	4160	Pedro manuel Pita	Individual	Senior Masculino	03:31:00	+01:07:20	09:10
100	1906	FERNANDO ALMEIDA	NOCTURNOS DE PAREDES	Senior Masculino	03:31:04	+01:07:24	09:11
101	1591	Paulo Jorge Mota Da Silva	Individual	Senior Masculino	03:31:54	+01:08:14	09:13
102	2173	Helder Barbosa	Sweet Runners	Senior Masculino	03:31:59	+01:08:19	09:13
103	1606	Pedro matos	Individual	Senior Masculino	03:33:26	+01:09:46	09:17
104	2174	Joel Neves	Sweet Runners	Senior Masculino	03:33:26	+01:09:46	09:17
105	1244	Ricardo Francisco Sousa Aires	Fridão Sem Limites	Senior Masculino	03:33:29	+01:09:49	09:17
106	1508	João Pinto	Individual	Senior Masculino	03:34:14	+01:10:34	09:19
107	2279	Viriato Rocha	WHITE RUNNING TEAM	Senior Masculino	03:34:17	+01:10:37	09:19
108	2278	Sérgio Branco	WHITE RUNNING TEAM	Senior Masculino	03:34:18	+01:10:38	09:19
109	1529	Joel Malveiro	Individual	Senior Masculino	03:34:47	+01:11:07	09:20
110	1566	mario gonçalves	Individual	Senior Masculino	03:34:54	+01:11:14	09:21
111	2266	Joaquim Miranda	VIDAATIVARUNNERS	Senior Masculino	03:35:10	+01:11:30	09:21
112	1921	TIAGO MOREIRA	NOCTURNOS DE PAREDES	Senior Masculino	03:35:36	+01:11:56	09:22
113	1625	Ricardo Miguel Dos Santos Rocha	Individual	Senior Masculino	03:36:46	+01:13:06	09:25
114	67	Diogo Oliveira	Engomadoria L&A Team	Senior Masculino	03:36:49	+01:13:09	09:26
115	2118	Ricardo Henriques	Shots International Runners	Senior Masculino	03:36:50	+01:13:10	09:26
116	1665	Tomé barrosa pinto	Individual	Senior Masculino	03:36:57	+01:13:17	09:26
117	1441	Bruno Ricardo Vieira Dias	Individual	Senior Masculino	03:37:07	+01:13:27	09:26
118	2194	Fernando Lopes	Team DUAS FACES	Senior Masculino	03:37:14	+01:13:34	09:27
119	1485	Filipe Carvalho	Individual	Senior Masculino	03:38:18	+01:14:38	09:29
120	1106	Pedro Cancelo	Clube Zupper	Senior Masculino	03:38:28	+01:14:48	09:30
121	1949	Bruno Pinto	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	03:39:42	+01:16:02	09:33
122	1440	Bruno Resende	Individual	Senior Masculino	03:39:57	+01:16:17	09:34
123	1575	Nelson Silva	Individual	Senior Masculino	03:40:31	+01:16:51	09:35
124	1468	domingos jerónimo ribeiro gomes	Individual	Senior Masculino	03:41:15	+01:17:35	09:37
125	1037	nuno machado	ANONYMOUS PROSPORTS CHALLENGER	Senior Masculino	03:41:27	+01:17:47	09:38
126	2134	Moisés Silva	Só Chocolate	Senior Masculino	03:41:31	+01:17:51	09:38
127	1019	Sérgio Ferreira	Afrikan Runners	Senior Masculino	03:41:34	+01:17:54	09:38
128	1016	Filipe Gonçalves	Afrikan Runners	Senior Masculino	03:41:34	+01:17:54	09:38
129	1017	Marco Machado	Afrikan Runners	Senior Masculino	03:41:34	+01:17:54	09:38
130	1018	Nelson Nunes	Afrikan Runners	Senior Masculino	03:41:34	+01:17:54	09:38

Trail 23K

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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131	1075	Vitor Castro	Brabus Runners	Senior Masculino	03:41:35	+01:17:55	09:38
132	1593	Paulo Martins	Individual	Senior Masculino	03:42:47	+01:19:07	09:41
133	1065	Daniel Ribeiro	BitRunners	Senior Masculino	03:42:48	+01:19:08	09:41
134	1166	Ângelo Cabral	Engomadoria L&A Team	Senior Masculino	03:43:08	+01:19:28	09:42
135	1172	José Conceição	Engomadoria L&A Team	Senior Masculino	03:43:08	+01:19:28	09:42
136	1443	Carlos Daniel Moreira da Silva Azevedo	Individual	Senior Masculino	03:43:09	+01:19:29	09:42
137	1623	Ricardo Jorge Rosas De Oliveira	Individual	Senior Masculino	03:43:11	+01:19:31	09:42
138	1572	Miguel Paredes	Individual	Senior Masculino	03:43:21	+01:19:41	09:43
139	1445	Carlos Manuel Ribeiro Magalhães	Individual	Senior Masculino	03:43:39	+01:19:59	09:43
140	2047	Pedro Henriques	Rainha Club	Senior Masculino	03:43:48	+01:20:08	09:44
141	1649	sergio dias	Individual	Senior Masculino	03:43:59	+01:20:19	09:44
142	1156	António Pereira	El Team Trail	Senior Masculino	03:44:36	+01:20:56	09:46
143	169	João Marques	NO TOMORROW RUNNING TEAM	Senior Masculino	03:44:42	+01:21:02	09:46
144	1539	José Ferreira Costa	Individual	Senior Masculino	03:44:44	+01:21:04	09:46
145	2116	Francisco Gomes	Shots International Runners	Senior Masculino	03:45:12	+01:21:32	09:47
146	2301	Joaquim Duarte	Individual	Senior Masculino	03:45:47	+01:22:07	09:49
147	2201	Rui Juvenal Rodrigues de Andrade	Team DUAS FACES	Senior Masculino	03:45:50	+01:22:10	09:49
148	90	CARLOS FERNANDES	Individual	Senior Masculino	03:45:51	+01:22:11	09:49
149	1183	pedro maia	ERMIDAFIT Runners	Senior Masculino	03:45:53	+01:22:13	09:49
150	2240	Vitor Santos	Trepa Paredes	Senior Masculino	03:45:58	+01:22:18	09:49
151	2302	José Pedro Dias	Individual	Senior Masculino	03:46:03	+01:22:23	09:50
152	2180	Ricardo Oliveira	Sweet Runners	Senior Masculino	03:46:07	+01:22:27	09:50
153	1565	Marco Paulo Costa e Sousa Sousa	Individual	Senior Masculino	03:47:03	+01:23:23	09:52
154	2207	Júlio Magalhães	Team Idealkorpus	Senior Masculino	03:47:12	+01:23:32	09:53
155	1538	Jose Fernando Rocha Moreira	Individual	Senior Masculino	03:47:53	+01:24:13	09:54
156	2099	Albino Pinto	SAI DA FRENTE	Senior Masculino	03:48:11	+01:24:31	09:55
157	2199	Pedro Miguel Leão Santos	Team DUAS FACES	Senior Masculino	03:48:29	+01:24:49	09:56
158	1275	JORGE COSTA	Ginasio Fit4Fun	Senior Masculino	03:48:48	+01:25:08	09:57
159	1105	Pedro Leandro Guedes Nogueira	Clube Vodafone	Senior Masculino	03:49:32	+01:25:52	09:59
160	1666	Virgílio Maia Teixeira	Individual	Senior Masculino	03:49:45	+01:26:05	09:59
161	1500	HELDER LUIS NUNES PACHECO	Individual	Senior Masculino	03:49:55	+01:26:15	10:00
162	2223	Márcio Sérgio Rocha Sousa	Tecla 3 Runners	Senior Masculino	03:50:27	+01:26:47	10:01
163	1063	Bruno Flávio Ferreira Macieira	Bikes & Friends	Senior Masculino	03:52:01	+01:28:21	10:05
164	1663	Tiago Miguel Prada veiga	Individual	Senior Masculino	03:52:05	+01:28:25	10:05
165	2069	LUIS LEAL	Run4all	Senior Masculino	03:52:15	+01:28:35	10:06
166	1088	Carlos Viana	CAETANO RUNNERS	Senior Masculino	03:52:19	+01:28:39	10:06
167	1650	Sérgio Edgar Rodrigues Moreira	Individual	Senior Masculino	03:52:22	+01:28:42	10:06
168	1457	cristiano ventura	Individual	Senior Masculino	03:52:22	+01:28:42	10:06
169	1412	Adérito Silva	Individual	Senior Masculino	03:52:25	+01:28:45	10:06
170	1959	Mario Almeida	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	03:52:29	+01:28:49	10:06
171	1220	Vitor Teixeira	FAMA RUNNERS	Senior Masculino	03:53:17	+01:29:37	10:09
172	1149	Manuel Jesus	EDV-VIANA TRAIL	Senior Masculino	03:53:41	+01:30:01	10:10
173	2270	José Lopes	VIDAATIVARUNNERS	Senior Masculino	03:53:42	+01:30:02	10:10
174	1135	Pedro Leite	Dr Merino Clínica Médica	Senior Masculino	03:54:07	+01:30:27	10:11
175	1573	Nadine Coelho	Individual	Senior Masculino	03:55:33	+01:31:53	10:14

Trail 23K

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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176	1008	Nuno Carvalho	A.D.Amarante trail running	Senior Masculino	03:55:55	+01:32:15	10:15
177	1054	Daniel Ferreira	Associação Desportiva de Cabroelo	Senior Masculino	03:56:20	+01:32:40	10:17
178	206	Williams Rodriguez	Step by Step Team	Senior Masculino	03:56:28	+01:32:48	10:17
179	1955	Ivo Dias	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	03:56:33	+01:32:53	10:17
180	1958	Luis Lopes	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	03:57:06	+01:33:26	10:19
181	1993	Jorge Ferreirinha	OS FERAS	Senior Masculino	03:57:21	+01:33:41	10:19
182	1994	José Lopes	OS FERAS	Senior Masculino	03:57:21	+01:33:41	10:19
183	1556	Luís Miguel Machado Rodrigues	Individual	Senior Masculino	03:57:22	+01:33:42	10:19
184	2256	Luis Ribeiro	Veloses & Furiosos	Senior Masculino	03:57:34	+01:33:54	10:20
185	1170	Gustavo Santos	Engomadoria L&A Team	Senior Masculino	03:57:49	+01:34:09	10:20
186	1654	Sérgio Paulo de Sousa Almeida	Individual	Senior Masculino	03:58:11	+01:34:31	10:21
187	1581	Nuno Reis	Individual	Senior Masculino	03:58:15	+01:34:35	10:22
188	1036	Bruno Neves	andamazé	Senior Masculino	03:59:04	+01:35:24	10:24
189	1937	André Queirós	Not Run Alone	Senior Masculino	03:59:04	+01:35:24	10:24
190	1230	Helder Tiago Gonçalves Gomes	FFit Gaia Trail	Senior Masculino	03:59:22	+01:35:42	10:24
191	1416	Álvaro Daniel Silva Cardoso	Individual	Senior Masculino	03:59:28	+01:35:48	10:25
192	1208	Rui Rocha	Eu+ Ginásio | LMA	Senior Masculino	03:59:49	+01:36:09	10:26
193	2230	Paulo Nobre	The Stigs-Life Club	Senior Masculino	04:01:45	+01:38:05	10:31
194	2229	Diogo Aguiar	The Stigs-Life Club	Senior Masculino	04:01:46	+01:38:06	10:31
195	1882	Mário Andre Oliveira	N14	Senior Masculino	04:01:52	+01:38:12	10:31
196	1974	Bruno Filipe da Costa Mendes	Os DEZavergonhados	Senior Masculino	04:02:46	+01:39:06	10:33
197	1433	Bruno Faria	Individual	Senior Masculino	04:02:55	+01:39:15	10:34
198	1640	Rui Pedro Marinho Pinto	Individual	Senior Masculino	04:02:57	+01:39:17	10:34
199	1659	Telmo Mendonça	Individual	Senior Masculino	04:03:09	+01:39:29	10:34
200	2264	César Carvalho	VIDAATIVARUNNERS	Senior Masculino	04:03:30	+01:39:50	10:35
201	2073	Rui Rebelo	Run4all	Senior Masculino	04:04:12	+01:40:32	10:37
202	1542	jose manuel ferreira dos santos	Individual	Senior Masculino	04:04:18	+01:40:38	10:37
203	1462	David Filipe Todo Bom Polido	Individual	Senior Masculino	04:04:50	+01:41:10	10:39
204	2293	Rui Gomes	Kintanos	Senior Masculino	04:05:07	+01:41:27	10:39
205	1943	Manuel Antonio Reis Morais	Nunca mais team	Senior Masculino	04:05:20	+01:41:40	10:40
206	1446	Carlos Manuel Santos Cruz	Individual	Senior Masculino	04:05:26	+01:41:46	10:40
207	1120	Sandro Filipe Sampaio de Oliveira	CrossFit Vale do Ave	Senior Masculino	04:05:27	+01:41:47	10:40
208	4158	Domingos Santos	Individual	Senior Masculino	04:05:28	+01:41:48	10:40
209	1597	pedro alexandre domingos branco silva	Individual	Senior Masculino	04:05:45	+01:42:05	10:41
210	1587	Óscar Manuel Fonseca Figueiredo	Individual	Senior Masculino	04:06:25	+01:42:45	10:43
211	1541	José Luís Pinto	Individual	Senior Masculino	04:06:26	+01:42:46	10:43
212	1655	Simão Cardoso	Individual	Senior Masculino	04:06:34	+01:42:54	10:43
213	2042	Cipriano Moreira	Rainha Club	Senior Masculino	04:06:37	+01:42:57	10:43
214	1896	João Pinto	NO TOMORROW RUNNING TEAM	Senior Masculino	04:07:07	+01:43:27	10:45
215	1561	Manuel Brabosa	Individual	Senior Masculino	04:07:48	+01:44:08	10:46
216	2153	Pedro Neves	Sport Remo	Senior Masculino	04:07:49	+01:44:09	10:46
217	2067	HUGO LOBO	Run4all	Senior Masculino	04:07:57	+01:44:17	10:47
218	2265	Hélder Torres	VIDAATIVARUNNERS	Senior Masculino	04:08:22	+01:44:42	10:48
219	1453	Célio Roberto Andrade Pereira	Individual	Senior Masculino	04:08:52	+01:45:12	10:49

Trail 23K

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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220	1584	Nuno Silva	Individual	Senior Masculino	04:09:02	+01:45:22	10:50
221	2072	PEDRO CARVALHO	Run4all	Senior Masculino	04:10:46	+01:47:06	10:54
222	1483	Fernando Vieira Pereira	Individual	Senior Masculino	04:11:48	+01:48:08	10:57
223	1552	Luis Filipe Moreira Silva Pinto	Individual	Senior Masculino	04:13:51	+01:50:11	11:02
224	2100	Filipe Barbosa	SAI DA FRENTE	Senior Masculino	04:14:05	+01:50:25	11:03
225	1530	Joel Marques	Individual	Senior Masculino	04:14:23	+01:50:43	11:04
226	1267	Manuel Silva	Ginásio Factor X	Senior Masculino	04:15:10	+01:51:30	11:06
227	1536	José Amorim	Individual	Senior Masculino	04:15:21	+01:51:41	11:06
228	2021	Marco Costa	Pe de Chumbo	Senior Masculino	04:15:27	+01:51:47	11:06
229	1652	Sergio Moreira	Individual	Senior Masculino	04:15:29	+01:51:49	11:06
230	1520	João Pedro Baptista Salvaterra	Individual	Senior Masculino	04:15:37	+01:51:57	11:07
231	1185	Sergio Pereira	ERMIDAFIT Runners	Senior Masculino	04:16:45	+01:53:05	11:10
232	1895	Pedro Teixeira	Ninja Team	Senior Masculino	04:16:54	+01:53:14	11:10
233	1560	Manuel António Martins Vieira	Individual	Senior Masculino	04:17:31	+01:53:51	11:12
234	2219	Alexandre Gomes Silva Soares	Tecla 3 Runners	Senior Masculino	04:17:59	+01:54:19	11:13
235	1476	FÁBIO RODRIGUES	Individual	Senior Masculino	04:18:18	+01:54:38	11:14
236	1502	helder silva	Individual	Senior Masculino	04:18:52	+01:55:12	11:15
237	2226	Tiago André Ribeiro Borges	Tecla 3 Runners	Senior Masculino	04:19:01	+01:55:21	11:16
238	2221	Hugo Filipe ernandes Sousa	Tecla 3 Runners	Senior Masculino	04:19:01	+01:55:21	11:16
239	202	Rui Santos Pereira	Shots International Runners	Senior Masculino	04:19:11	+01:55:31	11:16
240	1605	Pedro Martins	Individual	Senior Masculino	04:19:13	+01:55:33	11:16
241	1887	Rui Manuel Soares do Rêgo	NAST	Senior Masculino	04:20:04	+01:56:24	11:18
242	2135	Nelson Nunes	Só Chocolate	Senior Masculino	04:20:36	+01:56:56	11:20
243	1449	Carlos Miguel Martins Teixeira Seca	Individual	Senior Masculino	04:20:49	+01:57:09	11:20
244	127	Tiago Marques Pereira	Individual	Senior Masculino	04:20:52	+01:57:12	11:21
245	1130	António Luís Rocha Santos Correia Peixoto	Dr Merino Clínica Médica	Senior Masculino	04:20:53	+01:57:13	11:21
246	1571	Miguel Guimarães	Individual	Senior Masculino	04:21:07	+01:57:27	11:21
247	1415	Alex Tondela	Individual	Senior Masculino	04:21:07	+01:57:27	11:21
248	1633	Rui Balbeira	Individual	Senior Masculino	04:21:22	+01:57:42	11:22
249	1894	Leandro Especial	Ninja Team	Senior Masculino	04:21:48	+01:58:08	11:23
250	1232	Nelson Manuel Santos Couto	FFit Gaia Trail	Senior Masculino	04:21:49	+01:58:09	11:23
251	2054	Luís Costa	RIPOLINS.COM	Senior Masculino	04:23:21	+01:59:41	11:27
252	1205	Miguel Baía	Eu+ Ginásio | LMA	Senior Masculino	04:23:27	+01:59:47	11:27
253	1217	Ricardo Costa	FAMA RUNNERS	Senior Masculino	04:23:32	+01:59:52	11:27
254	1001	Ricardo Gomes	4all Road - Runners	Senior Masculino	04:23:33	+01:59:53	11:28
255	1657	Simão Sousa	Individual	Senior Masculino	04:23:33	+01:59:53	11:28
256	2145	Adolfo Almeida	Solmaia Runners	Senior Masculino	04:23:51	+02:00:11	11:28
257	1577	Nuno Filipe Monteiro Moreira Silva	Individual	Senior Masculino	04:24:03	+02:00:23	11:29
258	2149	Rui Gomes	Solmaia Runners	Senior Masculino	04:24:03	+02:00:23	11:29
259	2097	Paulo Borges	Sai ao Pai	Senior Masculino	04:24:03	+02:00:23	11:29
260	2095	Bruno Cunha	Sai ao Pai	Senior Masculino	04:24:04	+02:00:24	11:29
261	1431	Bernardo Mouta	Individual	Senior Masculino	04:24:14	+02:00:34	11:29
262	2137	Paulo Pereira	SOL	Senior Masculino	04:25:16	+02:01:36	11:32
263	1612	Rafael Simões de Almeida	Individual	Senior Masculino	04:25:25	+02:01:45	11:32
264	2176	Luís Meireles	Sweet Runners	Senior Masculino	04:25:36	+02:01:56	11:33
265	1452	carlos vicente	Individual	Senior Masculino	04:26:16	+02:02:36	11:35

Trail 23K

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

266	2297	João Pinto	Individual	Senior Masculino	04:26:35	+02:02:55	11:35
267	1916	PEDRO NOGUEIRA	NOCTURNOS DE PAREDES	Senior Masculino	04:26:42	+02:03:02	11:36
268	1110	Ricardo Teixeira	Colégio Júlio Dinis	Senior Masculino	04:26:59	+02:03:19	11:36
269	1469	Eliandro Bruno Lopes da Silva	Individual	Senior Masculino	04:27:35	+02:03:55	11:38
270	1493	Francisco Fernandes	Individual	Senior Masculino	04:27:36	+02:03:56	11:38
271	1617	Ricardo Emanuel Silva Carvalho	Individual	Senior Masculino	04:27:42	+02:04:02	11:38
272	1622	Ricardo Jorge Paiva Ferreira dos Santos	Individual	Senior Masculino	04:28:29	+02:04:49	11:40
273	1123	Pedro Ferreirinha	CTAD TRILHOS DE CINFÃES	Senior Masculino	04:28:33	+02:04:53	11:41
274	1467	Diogo melo	Individual	Senior Masculino	04:28:51	+02:05:11	11:41
275	1608	Pedro Nunes	Individual	Senior Masculino	04:29:08	+02:05:28	11:42
276	1464	David Sousa	Individual	Senior Masculino	04:29:13	+02:05:33	11:42
277	1634	Rui Bernardo	Individual	Senior Masculino	04:29:13	+02:05:33	11:42
278	1603	Pedro Jorge	Individual	Senior Masculino	04:29:55	+02:06:15	11:44
279	1436	Bruno Machado	Individual	Senior Masculino	04:30:33	+02:06:53	11:46
280	1547	Jose Pedro Maia Junqueiro Vilas	Individual	Senior Masculino	04:30:33	+02:06:53	11:46
281	1590	PAULO FILIPE LOUREIRO MOREIRA	Individual	Senior Masculino	04:31:21	+02:07:41	11:48
282	1505	HUGO PALMEIRA	Individual	Senior Masculino	04:31:37	+02:07:57	11:49
283	1268	Ricardo Silva	Ginásio Factor X	Senior Masculino	04:32:16	+02:08:36	11:50
284	1877	Filipe Barros	Moure Trail Running	Senior Masculino	04:32:36	+02:08:56	11:51
285	1229	Adriano Marinho	Feltrail	Senior Masculino	04:33:57	+02:10:17	11:55
286	2068	Carlos Moreira	Run4all	Senior Masculino	04:34:01	+02:10:21	11:55
287	4156	José Lemos	Individual	Senior Masculino	04:34:03	+02:10:23	11:55
288	1450	Carlos Sousa	Individual	Senior Masculino	04:34:45	+02:11:05	11:57
289	2040	André Cancela	Rainha Club	Senior Masculino	04:35:29	+02:11:49	11:59
290	1616	Ricardo Dias da Fonseca	Individual	Senior Masculino	04:35:30	+02:11:50	11:59
291	2258	EURICO RAINHO	VICIO DO CAFÉ	Senior Masculino	04:35:32	+02:11:52	11:59
292	1079	Bruno Miguel Ferreira	BUDEGUITA RUNNERS	Senior Masculino	04:35:41	+02:12:01	11:59
293	1029	Frederico Rocha	All About	Senior Masculino	04:35:52	+02:12:12	12:00
294	1620	Ricardo Jesus	Individual	Senior Masculino	04:36:34	+02:12:54	12:01
295	1579	Nuno Miguel Ferreira Pacheco	Individual	Senior Masculino	04:36:43	+02:13:03	12:02
296	1417	André Azevedo	Individual	Senior Masculino	04:36:51	+02:13:11	12:02
297	1862	Joao Gomes	Kintanos	Senior Masculino	04:36:51	+02:13:11	12:02
298	1600	Pedro Costa	Individual	Senior Masculino	04:37:02	+02:13:22	12:03
299	2043	Helder Santos	Rainha Club	Senior Masculino	04:37:03	+02:13:23	12:03
300	4157	Carlos Manuel Soares Moreira	Individual	Senior Masculino	04:37:29	+02:13:49	12:04
301	1410	Acácio Santos	Individual	Senior Masculino	04:37:40	+02:14:00	12:04
302	1629	Rodolfo Alexandre Carvalho	Individual	Senior Masculino	04:37:42	+02:14:02	12:04
303	2148	Manuel Mota	Solmaia Runners	Senior Masculino	04:37:43	+02:14:03	12:04
304	2303	Juan Jose Esteban Gutierrez	Individual	Senior Masculino	04:37:56	+02:14:16	12:05
305	1876	Diogo Gonçalves	Moure Trail Running	Senior Masculino	04:38:18	+02:14:38	12:06
306	1596	Paulo Sérgio Matos Sousa	Individual	Senior Masculino	04:38:26	+02:14:46	12:06
307	1533	Jorge Manuel Ferreira do Couto	Individual	Senior Masculino	04:38:48	+02:15:08	12:07
308	2238	Ricardo Campos	Toyota 4Runner	Senior Masculino	04:38:53	+02:15:13	12:08
309	2237	Paulo Gomes Belo	Toyota 4Runner	Senior Masculino	04:38:53	+02:15:13	12:08
310	1643	RUI SANTOS	Individual	Senior Masculino	04:39:33	+02:15:53	12:09
311	1456	Cristiano Silva	Individual	Senior Masculino	04:39:50	+02:16:10	12:10

Trail 23K

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

312	1428	Armando Pinto	Individual	Senior Masculino	04:39:51	+02:16:11	12:10
313	1574	Nelson Almeida	Individual	Senior Masculino	04:39:51	+02:16:11	12:10
314	1550	Luís Babo Silva	Individual	Senior Masculino	04:40:05	+02:16:25	12:11
315	2178	Nuno Meireles	Sweet Runners	Senior Masculino	04:41:16	+02:17:36	12:14
316	1976	Michel Moreira da Rocha	Os DEZavergonhados	Senior Masculino	04:41:16	+02:17:36	12:14
317	2146	Carlos Costa	Solmaia Runners	Senior Masculino	04:42:40	+02:19:00	12:17
318	1917	RENATO PINTO	NOCTURNOS DE PAREDES	Senior Masculino	04:43:45	+02:20:05	12:20
319	1480	Fernando Emanuel de Oliveira Ferreira	Individual	Senior Masculino	04:44:43	+02:21:03	12:23
320	1234	Paulo Jorge Santos	FFit Gaia Trail	Senior Masculino	04:44:54	+02:21:14	12:23
321	1580	Nuno Pedro Rodrigues Dos Santos	Individual	Senior Masculino	04:45:01	+02:21:21	12:24
322	1526	Joaquim Vidal	Individual	Senior Masculino	04:45:03	+02:21:23	12:24
323	2001	Ricardo Dias	Os Penduras	Senior Masculino	04:45:08	+02:21:28	12:24
324	2075	JOSE SOUSA	run4fun	Senior Masculino	04:45:17	+02:21:37	12:24
325	1243	Filipe Reis Pinheiro	Fridão Sem Limites	Senior Masculino	04:45:21	+02:21:41	12:24
326	1242	António Joaquim Teixeira Alves	Fridão Sem Limites	Senior Masculino	04:45:22	+02:21:42	12:24
327	1913	NUNO ROCHA	NOCTURNOS DE PAREDES	Senior Masculino	04:46:22	+02:22:42	12:27
328	1460	Daniel Leal	Individual	Senior Masculino	04:46:33	+02:22:53	12:28
329	1444	CARLOS MANUEL DOS SANTOS ROCHA	Individual	Senior Masculino	04:46:44	+02:23:04	12:28
330	1595	Paulo Pereira	Individual	Senior Masculino	04:46:52	+02:23:12	12:28
331	1427	Armando Pinho	Individual	Senior Masculino	04:47:02	+02:23:22	12:29
332	1158	Mário Araújo	El Team Trail	Senior Masculino	04:47:33	+02:23:53	12:30
333	2111	Luis Miguel Vieira	Serviço Urgência & Friends	Senior Masculino	04:48:15	+02:24:35	12:32
334	1291	Sergio Rocha	GymRecarei	Senior Masculino	04:48:38	+02:24:58	12:33
335	1592	Paulo Jorge Pereira Alves	Individual	Senior Masculino	04:48:57	+02:25:17	12:34
336	1647	Sérgio Brochado	Individual	Senior Masculino	04:49:26	+02:25:46	12:35
337	1985	Rui Teixeira Pinto	OS FALTA D'AR / RUN NA VILLA	Senior Masculino	04:49:27	+02:25:47	12:35
338	1984	Nelson Ferreira	OS FALTA D'AR / RUN NA VILLA	Senior Masculino	04:49:28	+02:25:48	12:35
339	1986	Tiago Camboa	OS FALTA D'AR / RUN NA VILLA	Senior Masculino	04:49:29	+02:25:49	12:35
340	1615	Ricardo André Vale Monteiro	Individual	Senior Masculino	04:51:11	+02:27:31	12:40
341	1607	Pedro Miguel Araújo Oliveira	Individual	Senior Masculino	04:51:11	+02:27:31	12:40
342	2045	Luís Ramos	Rainha Club	Senior Masculino	04:51:43	+02:28:03	12:41
343	1954	Francisco Bogalho	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	04:52:10	+02:28:30	12:42
344	2005	Ricardo João Fernandes Teixeira	Os Potentes	Senior Masculino	04:52:13	+02:28:33	12:42
345	1206	Pedro Machado	Eu+ Ginásio | LMA	Senior Masculino	04:52:30	+02:28:50	12:43
346	1207	Renato Barros	Eu+ Ginásio | LMA	Senior Masculino	04:52:30	+02:28:50	12:43
347	1024	Gustavo Assunção	Ainda Falta Muito?	Senior Masculino	04:52:53	+02:29:13	12:44
348	2026	Joel Pinto	Pintinhos	Senior Masculino	04:52:58	+02:29:18	12:44
349	1084	Gil Castro	BYL! BEAT YOUR LIMIT!	Senior Masculino	04:53:03	+02:29:23	12:44
350	1458	Daniel Barbosa	Individual	Senior Masculino	04:53:04	+02:29:24	12:45
351	1630	Rodolfo Orfão	Individual	Senior Masculino	04:55:52	+02:32:12	12:52
352	1557	Luis Teixeira	Individual	Senior Masculino	04:55:59	+02:32:19	12:52
353	1609	Pedro Nuno Magalhães Barbosa Garcez	Individual	Senior Masculino	04:56:08	+02:32:28	12:53
354	1448	Carlos Mendes	Individual	Senior Masculino	04:56:29	+02:32:49	12:53
355	1507	Jaime António de Azevedo Soares	Individual	Senior Masculino	04:57:20	+02:33:40	12:56

Trail 23K

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

356	1235	Ricardo Antonio Silva Sousa	FFit Gaia Trail	Senior Masculino	04:57:29	+02:33:49	12:56
357	1422	António Abel Nunes de Bessa	Individual	Senior Masculino	04:57:45	+02:34:05	12:57
358	2255	Rui Barbosa	Vamos Embora	Senior Masculino	04:57:46	+02:34:06	12:57
359	2027	Rui Pinto	Pintinhos	Senior Masculino	04:58:43	+02:35:03	12:59
360	1201	Bruno Quelhas	Eu+ Ginásio | LMA	Senior Masculino	04:58:46	+02:35:06	12:59
361	2222	João Filipe Teixeira Cunha	Tecla 3 Runners	Senior Masculino	04:59:28	+02:35:48	13:01
362	1912	NUNO PINTO	NOCTURNOS DE PAREDES	Senior Masculino	04:59:29	+02:35:49	13:01
363	2285	Emanuel Roberto Santos Costa	Individual	Senior Masculino	05:00:07	+02:36:27	13:03
364	1555	Luis Miguel da silva ribeiro	Individual	Senior Masculino	05:00:10	+02:36:30	13:03
365	1489	Filipe Miguel Lopes Miranda	Individual	Senior Masculino	05:01:09	+02:37:29	13:06
366	1478	Fernando Augusto Sousa Guedes Teles Montenegro	Individual	Senior Masculino	05:01:25	+02:37:45	13:06
367	2225	Pedro Miguel Sousa Vieira	Tecla 3 Runners	Senior Masculino	05:01:51	+02:38:11	13:07
368	1442	Calica	Individual	Senior Masculino	05:02:15	+02:38:35	13:08
369	1215	Filipe Fonseca	FAMA RUNNERS	Senior Masculino	05:04:01	+02:40:21	13:13
370	1861	Alexandre Teixeira	KeMedo Team	Senior Masculino	05:04:04	+02:40:24	13:13
371	1885	Helder Fernando Vieira Azevedo	NAST	Senior Masculino	05:04:29	+02:40:49	13:14
372	2065	CELESTINO CASTRO	Run4all	Senior Masculino	05:04:30	+02:40:50	13:14
373	1651	Sergio Filipe Maia de Sousa	Individual	Senior Masculino	05:04:31	+02:40:51	13:14
374	1646	Sérgio Azevedo	Individual	Senior Masculino	05:04:33	+02:40:53	13:14
375	1292	Celso Lopes	Halcon Viagens de Paredes	Senior Masculino	05:04:55	+02:41:15	13:15
376	2172	Gil Leal	Sweet Runners	Senior Masculino	05:05:49	+02:42:09	13:18
377	1641	Rui Pereira	Individual	Senior Masculino	05:06:00	+02:42:20	13:18
378	1296	Pedro Costa	Hard and Wild 2	Senior Masculino	05:07:25	+02:43:45	13:22
379	1069	Rui Silva	BitRunners	Senior Masculino	05:07:26	+02:43:46	13:22
380	1022	Filipe Sousa	AFS Estofos AUTO	Senior Masculino	05:08:08	+02:44:28	13:24
381	2267	VITOR SILVA	VIDAATIVARUNNERS	Senior Masculino	05:09:16	+02:45:36	13:27
382	1447	CARLOS MARQUES	Individual	Senior Masculino	05:10:19	+02:46:39	13:30
383	1495	Frederico Moreira	Individual	Senior Masculino	05:11:05	+02:47:25	13:32
384	1528	Joel José Ginga	Individual	Senior Masculino	05:12:03	+02:48:23	13:34
385	1611	Philip Manteidas	Individual	Senior Masculino	05:13:14	+02:49:34	13:37
386	2254	Paulo César Gonçalves Cruz	Vamos Embora	Senior Masculino	05:13:16	+02:49:36	13:37
387	2197	Nuno Santos	Team DUAS FACES	Senior Masculino	05:13:54	+02:50:14	13:39
388	2179	Pedro Leal	Sweet Runners	Senior Masculino	05:13:57	+02:50:17	13:39
389	1473	Fábio Correia	Individual	Senior Masculino	05:14:12	+02:50:32	13:40
390	1204	Jorge Miguel Sampaio da Costa	Eu+ Ginásio | LMA	Senior Masculino	05:15:37	+02:51:57	13:43
391	1203	Gil Ferreira da Silva	Eu+ Ginásio | LMA	Senior Masculino	05:15:37	+02:51:57	13:43
392	1425	António Mota	Individual	Senior Masculino	05:15:44	+02:52:04	13:44
393	1419	André Filipe pinto Barros	Individual	Senior Masculino	05:15:45	+02:52:05	13:44
394	1470	Élsio António Nunes Leite Leal	Individual	Senior Masculino	05:16:27	+02:52:47	13:46
395	1934	Ricardo Jorge Teixeira	Not fast...just furious!	Senior Masculino	05:16:28	+02:52:48	13:46
396	2253	José Ribeiro	Vamos Embora	Senior Masculino	05:16:29	+02:52:49	13:46
397	2053	José Sousa	RED LINE	Senior Masculino	05:18:05	+02:54:25	13:50
398	2052	Hugo Pereira	RED LINE	Senior Masculino	05:18:06	+02:54:26	13:50
399	1115	Hugo ribeiro	Corridas De Pernas Pro Ar	Senior Masculino	05:18:30	+02:54:50	13:51
400	2181	Romeu Rodrigues	Sweet Runners	Senior Masculino	05:18:31	+02:54:51	13:51
401	2177	Mário Silva	Sweet Runners	Senior Masculino	05:18:31	+02:54:51	13:51

Trail 23K

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

402	1868	Pedro Silva	Lordelo BTT	Senior Masculino	05:18:31	+02:54:51	13:51
403	1486	Filipe Coutinho	Individual	Senior Masculino	05:18:33	+02:54:53	13:51
404	1851	Rui Amaro	Inquipa	Senior Masculino	05:18:39	+02:54:59	13:51
405	1465	Delfim Manuel Anastácio Nogueira	Individual	Senior Masculino	05:19:10	+02:55:30	13:53
406	1637	Rui de Matos	Individual	Senior Masculino	05:19:33	+02:55:53	13:54
407	1463	David José Andrade Pereira	Individual	Senior Masculino	05:19:47	+02:56:07	13:54
408	1531	Jonas Faria	Individual	Senior Masculino	05:20:24	+02:56:44	13:56
409	2188	ANDRÉ BUFFON	TALUDOS PÁ	Senior Masculino	05:20:24	+02:56:44	13:56
410	1269	Valter Gonçalves	Ginásio Factor X	Senior Masculino	05:22:40	+02:59:00	14:02
411	2092	Nuno André Correia	S4L Runners	Senior Masculino	05:22:41	+02:59:01	14:02
412	1543	Jose Manuel Lopes Faria	Individual	Senior Masculino	05:22:44	+02:59:04	14:02
413	2010	Nelson Montalvão	"Os TurboMula" D.O.C.	Senior Masculino	05:22:55	+02:59:15	14:02
414	1501	Helder Oliveira	Individual	Senior Masculino	05:23:27	+02:59:47	14:04
415	1915	PEDRO FERRAZ	NOCTURNOS DE PAREDES	Senior Masculino	05:23:38	+02:59:58	14:04
416	1860	Luís Saraiva	J&L	Senior Masculino	05:23:48	+03:00:08	14:05
417	1881	Helder Fernando Ferreira Saraiva Santos	N14	Senior Masculino	05:23:53	+03:00:13	14:05
418	1512	João Fontoura de Oliveira	Individual	Senior Masculino	05:24:06	+03:00:26	14:05
419	1604	pedro maciel	Individual	Senior Masculino	05:24:06	+03:00:26	14:05
420	1518	João Miguel Cerqueira de Brito	Individual	Senior Masculino	05:24:22	+03:00:42	14:06
421	1413	Afonso Guedes	Individual	Senior Masculino	05:24:35	+03:00:55	14:07
422	1914	NUNO SANTOS	NOCTURNOS DE PAREDES	Senior Masculino	05:24:37	+03:00:57	14:07
423	2064	Vitor Nuno	Run4all	Senior Masculino	05:24:45	+03:01:05	14:07
424	2070	MIGUEL MELEIRO	Run4all	Senior Masculino	05:24:55	+03:01:15	14:08
425	1499	Helder Eduardo Barros Cabral	Individual	Senior Masculino	05:25:12	+03:01:32	14:08
426	1977	Pedro Ivo Teixeira de Freitas Martins	Os DEZavergonhados	Senior Masculino	05:26:01	+03:02:21	14:10
427	1491	Flávio Ortins Ferreira da Silva	Individual	Senior Masculino	05:26:13	+03:02:33	14:11
428	2071	NUNO SOUSA	Run4all	Senior Masculino	05:27:13	+03:03:33	14:14
429	1907	HUGO CORTEZ MARQUES	NOCTURNOS DE PAREDES	Senior Masculino	05:27:53	+03:04:13	14:15
430	4159	Abilio Diz	Individual	Senior Masculino	05:28:26	+03:04:46	14:17
431	2081	Orlando Jorge Barroso Magalhaes	Running Mates	Senior Masculino	05:31:44	+03:08:04	14:25
432	1865	Mário Santos	Kunalama Adportela RotaRomânico Btt	Senior Masculino	05:34:40	+03:11:00	14:33
433	1858	jose moura	Invicta Runners Team	Senior Masculino	05:34:40	+03:11:00	14:33
434	1908	LUIS CARDOSO	NOCTURNOS DE PAREDES	Senior Masculino	05:35:10	+03:11:30	14:34
435	1514	João Luís da Silva Martins Cura	Individual	Senior Masculino	05:36:34	+03:12:54	14:38
436	1454	Celso reis	Individual	Senior Masculino	05:40:05	+03:16:25	14:47
437	1429	Artur Amorim	Individual	Senior Masculino	05:40:29	+03:16:49	14:48
438	1546	Jose Miguel Nunes Correia	Individual	Senior Masculino	05:40:35	+03:16:55	14:49
439	2141	Rúben José Pereira Carvalho	SOLINCA RUNNING TRIBE DRAGÃO	Senior Masculino	05:41:16	+03:17:36	14:50
440	1644	sandro sousa	Individual	Senior Masculino	05:41:42	+03:18:02	14:51
441	1975	Filipe Alves Lobo Guimarães	Os DEZavergonhados	Senior Masculino	05:43:22	+03:19:42	14:56
442	2128	Jorge Fonseca	Smiling Runners	Senior Masculino	05:45:47	+03:22:07	15:02
443	1477	Fabio silva	Individual	Senior Masculino	05:45:51	+03:22:11	15:02
444	2087	Nuno Ferreira	RUNNING TEAM MAIA	Senior Masculino	05:45:53	+03:22:13	15:02
445	1209	Vitor Manuel Nogueira Tomás	Eu+ Ginásio | LMA	Senior Masculino	05:47:52	+03:24:12	15:07

Trail 23K

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

446	1525	Joaquim Teixeira	Individual	Senior Masculino	05:48:24	+03:24:44	15:09
447	1558	Luis Vale	Individual	Senior Masculino	05:50:44	+03:27:04	15:15
448	2282	Nuno Silva	WOLVES	Senior Masculino	05:56:11	+03:32:31	15:29
449	2281	Cláudio Silva	WOLVES	Senior Masculino	05:56:12	+03:32:32	15:29
450	2283	Rui Sousa	WOLVES	Senior Masculino	05:56:12	+03:32:32	15:29
451	2280	Bruno Henriques	WOLVES	Senior Masculino	05:56:12	+03:32:32	15:29
452	1544	Jose Manuel Silva Gonçalves	Individual	Senior Masculino	06:00:26	+03:36:46	15:40
453	2098	Ricardo Ribeiro	Sai ao Pai	Senior Masculino	06:01:41	+03:38:01	15:44
454	2239	Nuno Filipe Antunes Silva	TransPousada Trail Team	Senior Masculino	06:03:46	+03:40:06	15:49
455	2091	Fernando Nunes	S4L Runners	Senior Masculino	06:06:35	+03:42:55	15:56
456	1632	Rui Almeida	Individual	Senior Masculino	06:11:39	+03:47:59	16:10
457	1186	tiago araujo	ERMIDAFIT Runners	Senior Masculino	06:12:01	+03:48:21	16:10
458	1570	Miguel Costa	Individual	Senior Masculino	06:12:02	+03:48:22	16:11
459	1414	Alberto Machado	Individual	Senior Masculino	06:15:29	+03:51:49	16:20
460	2175	Luis Alves	Sweet Runners	Senior Masculino	06:17:25	+03:53:45	16:25
461	1202	César Filipe Martins Ferreira	Eu+ Ginásio | LMA	Senior Masculino	06:18:28	+03:54:48	16:27
462	1451	Carlos Trigo	Individual	Senior Masculino	06:19:05	+03:55:25	16:29
463	2171	Bruno Martins	Sweet Runners	Senior Masculino	06:22:29	+03:58:49	16:38
464	1971	Márcio Silva	os aventureiros	Senior Masculino	06:30:01	+04:06:21	16:57
465	1920	TELMO MOTA	NOCTURNOS DE PAREDES	Senior Masculino	06:37:34	+04:13:54	17:17
466	1481	Fernando Jorge Martins Pinheiro	Individual	Senior Masculino	06:44:15	+04:20:35	17:35
467	2000	José Eduardo Oliveira Marques	Os matraquilhos	Senior Masculino	06:45:38	+04:21:58	17:38
468	1297	Rui Sousa	Hard and Wild 2	Senior Masculino	06:45:40	+04:22:00	17:38
469	1295	Aurélio Neto	Hard and Wild 2	Senior Masculino	06:45:40	+04:22:00	17:38
470	1999	Diogo Filipe Pedrosa da Silva	Os matraquilhos	Senior Masculino	06:45:55	+04:22:15	17:39
471	1594	Paulo Martins	Individual	Senior Masculino	07:00:29	+04:36:49	18:17
472	1588	paulo aguiar	Individual	Senior Masculino	07:32:30	+05:08:50	19:40

Veterana F40

1	1686	Helena Costa	Individual	Veterana F40	04:03:01		10:34
2	1025	Maria Fátima da Silva O. A. Almeida	Ainda Falta Muito?	Veterana F40	04:05:16	+02:15	10:40
3	1699	Paula Silva	Individual	Veterana F40	04:15:42	+12:41	11:07
4	1276	CONCEIÇAO FERREIRA	Ginasio Fit4Fun	Veterana F40	04:17:02	+14:01	11:11
5	1923	GORETI ROCHA	NOCTURNOS DE PAREDES	Veterana F40	04:19:04	+16:03	11:16
6	2006	amelia moreira	os selvagens	Veterana F40	04:20:48	+17:47	11:20
7	1678	Esmeralda Melo	Individual	Veterana F40	04:21:07	+18:06	11:21
8	1070	Margarida Sousa	BitRunners	Veterana F40	04:26:32	+23:31	11:35
9	1704	Sandra Miranda	Individual	Veterana F40	04:27:29	+24:28	11:38
10	2023	susana canhola	Pernetas	Veterana F40	04:29:20	+26:19	11:43
11	1049	teresa pinho	as cinco	Veterana F40	04:29:41	+26:40	11:44
12	1683	Filomena da Silva Peixoto da Costa Neto	Individual	Veterana F40	04:32:52	+29:51	11:52
13	1687	Helena Gomes	Individual	Veterana F40	04:36:40	+33:39	12:02
14	1680	Eugénia Teixeira	Individual	Veterana F40	04:38:20	+35:19	12:06
15	2269	Susana Silva	VIDAATIVARUNNERS	Veterana F40	04:38:50	+35:49	12:07

Trail 23K

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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16	2268	Maria da Graça Caleiro da Costa	VIDAATIVARUNNERS	Veterana F40	04:38:50	+35:49	12:07
17	1693	Luisa Almeida	Individual	Veterana F40	04:40:11	+37:10	12:11
18	1137	Maria Alice Ferreira Sousa	Dr Merino Clínica Médica	Veterana F40	04:47:44	+44:43	12:31
19	1675	Carla Oliveira	Individual	Veterana F40	04:47:59	+44:58	12:31
20	1222	Rosa Vilhena	FAMA RUNNERS	Veterana F40	04:48:50	+45:49	12:34
21	2210	Manuela Mota	Team Idealkorpus	Veterana F40	04:49:58	+46:57	12:36
22	1221	Alzira Ferreira	FAMA RUNNERS	Veterana F40	04:51:34	+48:33	12:41
23	1690	ISABEL CARVALHO	Individual	Veterana F40	04:54:04	+51:03	12:47
24	1688	Iria de Fátima de Sousa Pacheco Cruz	Individual	Veterana F40	05:00:05	+57:04	13:03
25	1852	Carla Gil	Inquipa	Veterana F40	05:00:07	+57:06	13:03
26	1694	Maria Arminda Moreira	Individual	Veterana F40	05:00:52	+57:51	13:05
27	1888	Ana Carolina Lopes Ferreira	NAST	Veterana F40	05:04:29	+01:01:28	13:14
28	2184	Fernanda Leão	Sweet Runners	Veterana F40	05:10:47	+01:07:46	13:31
29	1703	Sandra Maria Lopes Arribança	Individual	Veterana F40	05:12:02	+01:09:01	13:34
30	1684	Glória Monteiro	Individual	Veterana F40	05:15:05	+01:12:04	13:42
31	2183	Elsa Dias	Sweet Runners	Veterana F40	05:15:16	+01:12:15	13:42
32	1696	Maria Noémia Rolla	Individual	Veterana F40	05:16:25	+01:13:24	13:45
33	1048	helena barbosa	as cinco	Veterana F40	05:22:43	+01:19:42	14:02
34	1671	Ana Rocha	Individual	Veterana F40	05:23:38	+01:20:37	14:04
35	1681	Fátima António	Individual	Veterana F40	05:26:07	+01:23:06	14:11
36	1695	Maria Fernanda Sousa	Individual	Veterana F40	05:26:48	+01:23:47	14:13
37	1262	Armandina da Silva Torres	GDCT INCM	Veterana F40	05:31:43	+01:28:42	14:25
38	1706	Sônia Teixeira	Individual	Veterana F40	05:33:00	+01:29:59	14:29
39	1670	Ana Guimarães	Individual	Veterana F40	05:36:03	+01:33:02	14:37
40	1939	Cacilda Maria Sousa Ramos	Not Run Alone	Veterana F40	05:38:30	+01:35:29	14:43
41	1669	Alexandra Bessa	Individual	Veterana F40	05:41:42	+01:38:41	14:51
42	1270	CIDÁLIA PEIXOTO	Ginásio Factor X	Veterana F40	05:44:57	+01:41:56	15:00
43	1705	Sandra Silva	Individual	Veterana F40	05:47:57	+01:44:56	15:08
44	1700	paula teixeira	Individual	Veterana F40	05:48:24	+01:45:23	15:09
45	1187	paula silva	ERMIDAFIT Runners	Veterana F40	05:48:45	+01:45:44	15:10
46	1002	Maria Helena Carvalho	4all Road - Runners	Veterana F40	05:53:07	+01:50:06	15:21
47	1689	Isabel Alexandra oliveira Santos Silva	Individual	Veterana F40	05:53:11	+01:50:10	15:21
48	1672	Ana varela	Individual	Veterana F40	05:53:11	+01:50:10	15:21
49	1679	Estefânia Matias	Individual	Veterana F40	05:56:40	+01:53:39	15:30
50	1853	Cristina Amaral	Inquipa	Veterana F40	05:58:12	+01:55:11	15:34
51	1085	Elvira Maria Ribeiro Almeida de Lima	BYL! BEAT YOUR LIMIT!	Veterana F40	05:59:04	+01:56:03	15:37
52	1685	Graça Silva	Individual	Veterana F40	06:06:33	+02:03:32	15:56
53	35	Maria do Carmo Loureiro	BUDEGUITA RUNNERS	Veterana F40	06:11:14	+02:08:13	16:08
54	36	Sandra Oliveira	BUDEGUITA RUNNERS	Veterana F40	06:11:14	+02:08:13	16:08
55	1697	Marieta Viana	Individual	Veterana F40	06:26:19	+02:23:18	16:48
56	1698	Paula Cristina das Neves Ribeiro Próspero	Individual	Veterana F40	06:26:35	+02:23:34	16:48
57	1924	MARIA JESUS	NOCTURNOS DE PAREDES	Veterana F40	06:26:39	+02:23:38	16:49
58	2307	Isabel mesquita	Individual	Veterana F40	09:01:38	+04:58:37	23:33

Trail 23K

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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Veterano M40

1	1095	Asdrubal Freitas	CENTRO CICLISTA DE GONDOMAR	Veterano M40	02:28:05		06:26
2	2133	André Guedes	Dr Merino Clínica Médica	Veterano M40	02:34:41	+06:36	06:44
3	1963	Armandino Taborda	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Veterano M40	02:37:32	+09:27	06:51
4	1097	Paulo Pinto	CENTRO CICLISTA DE GONDOMAR	Veterano M40	02:40:23	+12:18	06:58
5	1551	Paulo Rebelo	Individual	Veterano M40	02:43:13	+15:08	07:06
6	1034	Fernando Neves	Amigos do Pedal/Trailagares	Veterano M40	02:45:32	+17:27	07:12
7	1043	FRANSCISCO LEMOS	ARRASTA O PE	Veterano M40	02:50:06	+22:01	07:24
8	1494	Fernando Noronha	Individual	Veterano M40	02:50:06	+22:01	07:24
9	1258	Jorge Pereira	GAIA-RUNNING	Veterano M40	02:51:12	+23:07	07:27
10	1155	Manuel Soares	EDV-VIANA TRAIL	Veterano M40	02:58:51	+30:46	07:47
11	1224	Jorge Maia	FAMA RUNNERS	Veterano M40	02:59:45	+31:40	07:49
12	1731	antonio pereira	Individual	Veterano M40	03:01:57	+33:52	07:55
13	1096	Paulo Oliveira	CENTRO CICLISTA DE GONDOMAR	Veterano M40	03:03:28	+35:23	07:59
14	1815	PAULO JORGE MOREIRA DA SILVA	Individual	Veterano M40	03:03:51	+35:46	08:00
15	2030	Carlos Rocha	Porto Runners	Veterano M40	03:03:51	+35:46	08:00
16	1964	Carlos Silva	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Veterano M40	03:05:13	+37:08	08:03
17	1978	Jorge Manuel Barbosa Moreira	Os DEZavergonhados	Veterano M40	03:05:48	+37:43	08:05
18	1071	Antonio Azevedo	BOAVISTA FC	Veterano M40	03:08:48	+40:43	08:13
19	1746	DIONISIO MANUEL CORREIA SOUSA	Individual	Veterano M40	03:09:51	+41:46	08:15
20	1044	Horácio Henrique Santos Ferreira	ARSM - Associação Reciativa de S. Miguel	Veterano M40	03:10:02	+41:57	08:16
21	1966	Orlando Nogueira	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Veterano M40	03:10:25	+42:20	08:17
22	1736	Augusto Oliveira	Individual	Veterano M40	03:10:35	+42:30	08:17
23	1743	Carlos Ferreira	Individual	Veterano M40	03:14:05	+46:00	08:26
24	1782	Luis Fernando Lopes	Individual	Veterano M40	03:16:28	+48:23	08:33
25	1929	ARNALDO SANTOS	NOCTURNOS DE PAREDES	Veterano M40	03:16:32	+48:27	08:33
26	2007	domingos barros	os selvagens	Veterano M40	03:19:29	+51:24	08:40
27	2257	Luis Pereira	Veloses & Furiosos	Veterano M40	03:20:22	+52:17	08:43
28	2107	antonio coelho	SAPADORES INVICTA	Veterano M40	03:20:37	+52:32	08:43
29	1753	Fernando Jorge Soares da Rocha	Individual	Veterano M40	03:21:05	+53:00	08:45
30	1715	alipio lopes	Individual	Veterano M40	03:22:46	+54:41	08:49
31	1727	António Maria Moreira Gomes	Individual	Veterano M40	03:24:19	+56:14	08:53
32	1162	Joaquim Coelho	EI Team Trail	Veterano M40	03:25:19	+57:14	08:56
33	2108	joaquim nunes	SAPADORES INVICTA	Veterano M40	03:26:02	+57:57	08:57
34	1729	António Osório Pinto	Individual	Veterano M40	03:26:26	+58:21	08:59
35	1042	eugenio lopes cunha	ARRASTA O PE	Veterano M40	03:27:29	+59:24	09:01
36	1810	Paulo Ferreira Morais	Individual	Veterano M40	03:28:01	+59:56	09:03
37	1808	Paulo Augusto Oliveira Pacheco	Individual	Veterano M40	03:28:15	+01:00:10	09:03
38	1792	Manuel pinheiro	Individual	Veterano M40	03:28:33	+01:00:28	09:04
39	1711	Agostinho Paulo Teixeira Sousa	Individual	Veterano M40	03:29:09	+01:01:04	09:06

Trail 23K

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

40	1791	Manuel Oliveira	Individual	Veterano M40	03:29:20	+01:01:15	09:06
41	1722	ANTONIO CUNHA	Individual	Veterano M40	03:29:53	+01:01:48	09:08
42	1225	José Alves	FAMA RUNNERS	Veterano M40	03:30:47	+01:02:42	09:10
43	1755	Filipe Campelo Lemos	Individual	Veterano M40	03:32:06	+01:04:01	09:13
44	1781	Lieven Verraest	Individual	Veterano M40	03:32:24	+01:04:19	09:14
45	1798	Nuno filipe Peixoto duarte	Individual	Veterano M40	03:32:26	+01:04:21	09:14
46	1191	Miguel Rocha	Esmoriz runners	Veterano M40	03:32:33	+01:04:28	09:14
47	1728	António Martins	Individual	Veterano M40	03:33:22	+01:05:17	09:17
48	1777	José Manuel Teixeira Vieira	Individual	Veterano M40	03:33:55	+01:05:50	09:18
49	1988	Carlos Fazendeiro	OS FALTA D'AR / RUN NA VILLA	Veterano M40	03:34:28	+01:06:23	09:19
50	1765	Joaquim Manuel Sousa Gomes	Individual	Veterano M40	03:34:54	+01:06:49	09:21
51	1710	agostinho moreira	Individual	Veterano M40	03:35:40	+01:07:35	09:23
52	2294	Agostinho Carlos da Rocha Sousa	Individual	Veterano M40	03:36:24	+01:08:19	09:25
53	1788	manuel arcanjo freitas ferreira	Individual	Veterano M40	03:37:31	+01:09:26	09:27
54	1050	Alcino Gouveia	Ascários de Escariz	Veterano M40	03:38:18	+01:10:13	09:29
55	1823	pedro mouro	Individual	Veterano M40	03:38:45	+01:10:40	09:31
56	1073	João Lázaro	Boccasballs	Veterano M40	03:38:53	+01:10:48	09:31
57	2012	alfredo costa	oursense-o desporto a vossa medida	Veterano M40	03:39:02	+01:10:57	09:31
58	1051	José Oliveira	Ascários de Escariz	Veterano M40	03:39:20	+01:11:15	09:32
59	2191	Ferreira da Silva	TEAM @VENIDA	Veterano M40	03:39:22	+01:11:17	09:32
60	1770	José Ferreira	Individual	Veterano M40	03:39:34	+01:11:29	09:33
61	1718	Ângelo César Jorge Vieira Neto	Individual	Veterano M40	03:39:41	+01:11:36	09:33
62	1737	Avelino dos Santos Coelho	Individual	Veterano M40	03:40:11	+01:12:06	09:34
63	1811	Paulo Gama	Individual	Veterano M40	03:41:07	+01:13:02	09:37
64	1844	Vitor Sousa	Individual	Veterano M40	03:42:18	+01:14:13	09:40
65	1942	PAULO JORGE BARBOSA DA ROCHA	Not Run Alone	Veterano M40	03:42:31	+01:14:26	09:40
66	1124	Eduardo Paulo Pinto Teixeira	CTAD TRILHOS DE CINFÃES	Veterano M40	03:44:17	+01:16:12	09:45
67	2019	Pedro Pratas	PAREDES AVENTURA	Veterano M40	03:44:47	+01:16:42	09:46
68	1809	Paulo Brás	Individual	Veterano M40	03:45:10	+01:17:05	09:47
69	1713	Alexandre Moreira	Individual	Veterano M40	03:46:02	+01:17:57	09:50
70	1819	Paulo SC Martins	Individual	Veterano M40	03:47:10	+01:19:05	09:53
71	2025	Fernando costa	Pernetas	Veterano M40	03:48:08	+01:20:03	09:55
72	1725	Antonio jesus	Individual	Veterano M40	03:48:32	+01:20:27	09:56
73	1726	António Lino Ferreira Souto	Individual	Veterano M40	03:48:47	+01:20:42	09:57
74	1260	Vitor Fernandes	GAIA-RUNNING	Veterano M40	03:48:51	+01:20:46	09:57
75	1763	Joaquim Alberto Oliveira Gonçalves	Individual	Veterano M40	03:49:04	+01:20:59	09:58
76	1237	Fernando Jorge Oliveira	FFit Gaia Trail	Veterano M40	03:50:03	+01:21:58	10:00
77	1779	jose morais	Individual	Veterano M40	03:52:25	+01:24:20	10:06
78	1965	Fernando santos	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Veterano M40	03:52:29	+01:24:24	10:06
79	2186	António Dias	Sweet Runners	Veterano M40	03:52:38	+01:24:33	10:07
80	1720	António Alexandre Pinto da Costa Mota	Individual	Veterano M40	03:53:48	+01:25:43	10:10
81	1816	Paulo José Garcês Pacheco	Individual	Veterano M40	03:53:49	+01:25:44	10:10
82	1280	JOSE DUARTE	GINASIO PURA FORMA	Veterano M40	03:54:03	+01:25:58	10:11
83	2011	Lino Moreira	"Os TurboMula" D.O.C.	Veterano M40	03:55:18	+01:27:13	10:14
84	1854	Abilio Malheiro	Inquipa	Veterano M40	03:56:33	+01:28:28	10:17

Trail 23K

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

85	1125	Jorge Barbosa	Desportonolimite	Veterano M40	03:59:53	+01:31:48	10:26
86	1767	Jorge Cruz	Individual	Veterano M40	04:00:02	+01:31:57	10:26
87	1944	Nelson Jorge Gameiro Rodrigues	Nunca mais team	Veterano M40	04:00:31	+01:32:26	10:27
88	2212	José Cabral	Team Idealkorpus	Veterano M40	04:01:17	+01:33:12	10:29
89	1778	José Mendes	Individual	Veterano M40	04:02:26	+01:34:21	10:32
90	1801	Nuno Jesus	Individual	Veterano M40	04:02:29	+01:34:24	10:33
91	1761	João Fernando De Sousa Ferreira	Individual	Veterano M40	04:02:41	+01:34:36	10:33
92	1030	David Sousa	All About	Veterano M40	04:03:01	+01:34:56	10:34
93	1730	António Pais	Individual	Veterano M40	04:03:08	+01:35:03	10:34
94	1174	Fernando Oliveira	Engomadoria L&A Team	Veterano M40	04:03:28	+01:35:23	10:35
95	1010	Marco Paulo Miranda Coelho Magalhães	A.D.Amarante trail running	Veterano M40	04:04:17	+01:36:12	10:37
96	4180	Paulo Alves	GONDOMAR FUTSAL CLUBE	Veterano M40	04:06:28	+01:38:23	10:43
97	2271	Miguel Oliveira	VIDAATIVARUNNERS	Veterano M40	04:08:22	+01:40:17	10:48
98	1822	Pedro Bastos	Individual	Veterano M40	04:09:48	+01:41:43	10:52
99	2029	Joao Paulo Dias	PLAY RUNNERS	Veterano M40	04:10:01	+01:41:56	10:52
100	1058	• José Pinto Leal	Bifase	Veterano M40	04:10:05	+01:42:00	10:52
101	1928	ANTONIO MIRANDA	NOCTURNOS DE PAREDES	Veterano M40	04:10:22	+01:42:17	10:53
102	1020	Jorge Nunes	Afrikan Runners	Veterano M40	04:10:44	+01:42:39	10:54
103	1724	António Gaspar Vieira Moreira	Individual	Veterano M40	04:11:26	+01:43:21	10:56
104	1005	Paulo Leite	4all Road - Runners	Veterano M40	04:12:32	+01:44:27	10:59
105	1223	Carlos Espírito Santo	FAMA RUNNERS	Veterano M40	04:13:52	+01:45:47	11:02
106	2273	José Miguel Casal Cardoso Neves	Voleibol Runners	Veterano M40	04:14:07	+01:46:02	11:03
107	1709	Adriano Rocha	Individual	Veterano M40	04:14:21	+01:46:16	11:04
108	1926	AMERICO CUNHA	NOCTURNOS DE PAREDES	Veterano M40	04:14:22	+01:46:17	11:04
109	2050	Victor paiva	Rainha Club	Veterano M40	04:15:19	+01:47:14	11:06
110	2235	MÁRIO SOARES	TOU QUE NEM POSSO	Veterano M40	04:15:27	+01:47:22	11:06
111	2088	João Nuno Cardoso	S. S. Montepio	Veterano M40	04:15:43	+01:47:38	11:07
112	1780	Julio Braga	Individual	Veterano M40	04:16:17	+01:48:12	11:09
113	1842	Vítor Gabriel Lopes Venâncio	Individual	Veterano M40	04:16:50	+01:48:45	11:10
114	1278	FERNANDO BASTOS	Ginasio Fit4Fun	Veterano M40	04:17:02	+01:48:57	11:11
115	1279	PEDRO BASTOS	Ginasio Fit4Fun	Veterano M40	04:17:02	+01:48:57	11:11
116	1759	Henrique Pereira	Individual	Veterano M40	04:18:15	+01:50:10	11:14
117	1834	RUI MIGUEL SANTOS BARBOSA	Individual	Veterano M40	04:20:30	+01:52:25	11:20
118	1789	Manuel Costa	Individual	Veterano M40	04:20:45	+01:52:40	11:20
119	1752	Fernando Gomes	Individual	Veterano M40	04:20:55	+01:52:50	11:21
120	1799	Nuno Guilherme Pinto Fontelonga	Individual	Veterano M40	04:20:57	+01:52:52	11:21
121	1288	Alcino Vieira	GONDOMAR FUTSAL CLUBE	Veterano M40	04:21:07	+01:53:02	11:21
122	1751	Fernando Augusto do Couto Ribeiro	Individual	Veterano M40	04:21:45	+01:53:40	11:23
123	1775	Jose M A Silva	Individual	Veterano M40	04:22:01	+01:53:56	11:24
124	1744	Carlos Freixo'	Individual	Veterano M40	04:22:22	+01:54:17	11:24
125	2150	Pedro Meireles	Solmaia Runners	Veterano M40	04:23:09	+01:55:04	11:26
126	1846	wilson fonseca	Individual	Veterano M40	04:23:26	+01:55:21	11:27
127	1814	Paulo Jorge Ferreira oliveira	Individual	Veterano M40	04:23:31	+01:55:26	11:27
128	1735	arnaldo Pinto	Individual	Veterano M40	04:24:11	+01:56:06	11:29
129	1927	ANTONIO CARVALHO	NOCTURNOS DE PAREDES	Veterano M40	04:24:27	+01:56:22	11:30
130	1826	Pedro Sousa	Individual	Veterano M40	04:24:29	+01:56:24	11:30

Trail 23K

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

131	1099	Américo Gomes	Clube Atletismo de Lamas	Veterano M40	04:28:56	+02:00:51	11:42
132	1762	João Miguel Pereira Ferreira	Individual	Veterano M40	04:29:10	+02:01:05	11:42
133	1786	LUIS PEIXOTO	Individual	Veterano M40	04:29:19	+02:01:14	11:43
134	1259	PAULO PIRES	GAIA-RUNNING	Veterano M40	04:29:22	+02:01:17	11:43
135	1941	josé rodrigues	Not Run Alone	Veterano M40	04:29:35	+02:01:30	11:43
136	1804	octavio moreira	Individual	Veterano M40	04:29:35	+02:01:30	11:43
137	1719	ANTÓNIO ALBERTO MOREIRA DE SOUSA	Individual	Veterano M40	04:29:49	+02:01:44	11:44
138	1734	Arménio Ribeiro	Individual	Veterano M40	04:30:46	+02:02:41	11:46
139	1161	Carlos Silva	EI Team Trail	Veterano M40	04:30:52	+02:02:47	11:47
140	1829	Rui Cunha	Individual	Veterano M40	04:31:56	+02:03:51	11:49
141	2159	Pedro Vidal	Sport Remo	Veterano M40	04:32:26	+02:04:21	11:51
142	1817	PAULO RENATO MACEDO VILA COVA	Individual	Veterano M40	04:32:33	+02:04:28	11:51
143	1188	vitor andrade	ERMIDAFIT Runners	Veterano M40	04:32:47	+02:04:42	11:52
144	1764	Joaquim Carneiro	Individual	Veterano M40	04:32:48	+02:04:43	11:52
145	1771	José Joaquim Rodrigues Silva	Individual	Veterano M40	04:33:37	+02:05:32	11:54
146	1758	Henrique Marques	Individual	Veterano M40	04:33:37	+02:05:32	11:54
147	1103	Pedro Oliveira	Clube Galpenergia Norte	Veterano M40	04:35:32	+02:07:27	11:59
148	1086	Paulo Lima	BYL! BEAT YOUR LIMIT!	Veterano M40	04:35:38	+02:07:33	11:59
149	1040	Augusto Rodrigues	ARCORUN	Veterano M40	04:35:52	+02:07:47	12:00
150	2155	César Araújo	Sport Remo	Veterano M40	04:36:56	+02:08:51	12:02
151	1716	Álvaro Saraiva	Individual	Veterano M40	04:38:11	+02:10:06	12:06
152	1878	Lucio Cunha	Moure Trail Running	Veterano M40	04:38:18	+02:10:13	12:06
153	1772	José Leite	Individual	Veterano M40	04:38:45	+02:10:40	12:07
154	1742	Carlos Avelino	Individual	Veterano M40	04:38:45	+02:10:40	12:07
155	1039	Rui Campos	ANONYMOUS PROSPORTS CHALLENGER	Veterano M40	04:38:53	+02:10:48	12:08
156	1027	Augusto José Candoso Tavares	ALIVE	Veterano M40	04:39:14	+02:11:09	12:08
157	1830	Rui Freitas	Individual	Veterano M40	04:39:45	+02:11:40	12:10
158	1785	Luis Miguel Andrade Moreira Dias	Individual	Veterano M40	04:39:45	+02:11:40	12:10
159	1228	Candido Rocha	FAST AO KM-PRR/Health&Nutrition	Veterano M40	04:41:24	+02:13:19	12:14
160	1837	Salvador Manuel da Silva Santos	Individual	Veterano M40	04:42:21	+02:14:16	12:17
161	1802	Nuno Miguel Marcos Preto	Individual	Veterano M40	04:42:52	+02:14:47	12:18
162	1083	Rodolfo Jose Melo de Sousa	BUDEGUITA RUNNERS	Veterano M40	04:44:35	+02:16:30	12:22
163	2236	PAULO HENRIQUES	TOU QUE NEM POSSO	Veterano M40	04:45:08	+02:17:03	12:24
164	1140	Luis de Almeida	Duros & Rijos	Veterano M40	04:45:50	+02:17:45	12:26
165	1060	Carlos Manuel Malheiro Coelho silva	Bifase	Veterano M40	04:46:25	+02:18:20	12:27
166	2102	Emanuel Fernando de Oliveira Durães	SAI DA FRENTE	Veterano M40	04:46:44	+02:18:39	12:28
167	1870	paulo leite	Lotus&Lirios	Veterano M40	04:46:58	+02:18:53	12:29
168	1828	Rolando Bessa	Individual	Veterano M40	04:47:12	+02:19:07	12:29
169	1805	Orlando Miguel Rocha Branco Teixeira	Individual	Veterano M40	04:47:15	+02:19:10	12:29
170	1121	Francisco Bartolomeu	CrossFit Vale do Ave	Veterano M40	04:47:52	+02:19:47	12:31
171	1813	Paulo Jorge da Silva Seabra	Individual	Veterano M40	04:48:18	+02:20:13	12:32
172	2213	José Dias	Team Idealkorpus	Veterano M40	04:49:21	+02:21:16	12:35
173	2211	Filipe Mota	Team Idealkorpus	Veterano M40	04:49:58	+02:21:53	12:36
174	2156	Hugo Bártolo	Sport Remo	Veterano M40	04:50:38	+02:22:33	12:38

Trail 23K

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

175	1750	Fernando Alexandre Pereira silva	Individual	Veterano M40	04:50:47	+02:22:42	12:39
176	1932	Álvaro Cardoso	"Nos acreditamos"	Veterano M40	04:50:48	+02:22:43	12:39
177	1773	José Luís Moreiras Ferreira Nunes	Individual	Veterano M40	04:51:11	+02:23:06	12:40
178	1059	Abilio José Moreira Pacheco	Bifase	Veterano M40	04:51:33	+02:23:28	12:41
179	1061	Joaquim Fernando Carneiro Rocha	Bifase	Veterano M40	04:51:33	+02:23:28	12:41
180	2187	Helder Manuel Gomes Pereira	Sweet Runners	Veterano M40	04:52:07	+02:24:02	12:42
181	1026	Alfredo da Costa Baptista Almeida	Ainda Falta Muito?	Veterano M40	04:52:52	+02:24:47	12:44
182	2234	ERNESTO MARTINS	TOU QUE NEM POSSO	Veterano M40	04:53:53	+02:25:48	12:47
183	1843	Vitor Manuel Coelho de Almeida	Individual	Veterano M40	04:54:44	+02:26:39	12:49
184	1139	José Afonso	Duros & Rijos	Veterano M40	04:56:24	+02:28:19	12:53
185	1290	Américo Ribeiro	Gosto de Trail	Veterano M40	04:57:07	+02:29:02	12:55
186	1831	RUI JORGE MOREIRA DA SILVA LOPES	Individual	Veterano M40	05:00:35	+02:32:30	13:04
187	1238	RUI SÁ	FFit Gaia Trail	Veterano M40	05:00:41	+02:32:36	13:04
188	2129	Pedro Sampaio	Smiling Runners	Veterano M40	05:01:18	+02:33:13	13:06
189	2154	Carlos Vilaça	Sport Remo	Veterano M40	05:02:30	+02:34:25	13:09
190	1869	antonio kirsch ferreira	Lotus&Lirios	Veterano M40	05:03:53	+02:35:48	13:13
191	1820	Paulo Sérgio Costa Nunes	Individual	Veterano M40	05:04:05	+02:36:00	13:13
192	1739	Carlindo Martins	Individual	Veterano M40	05:04:33	+02:36:28	13:14
193	1832	rui jorge pereira carvalho	Individual	Veterano M40	05:04:37	+02:36:32	13:15
194	1732	Antonio Ribeiro	Individual	Veterano M40	05:05:00	+02:36:55	13:16
195	1122	Silverio Alberto	CrossFit Vale do Ave	Veterano M40	05:06:15	+02:38:10	13:19
196	2083	Nelson Vasco Freitas Campos	Running Mates	Veterano M40	05:09:05	+02:41:00	13:26
197	1116	LUIS PEREIRA	Corridas De Pernas Pro Ar	Veterano M40	05:10:59	+02:42:54	13:31
198	2290	Vitor Helder Silva Santos	Individual	Veterano M40	05:12:03	+02:43:58	13:34
199	1794	Marcos Quintas	Individual	Veterano M40	05:15:36	+02:47:31	13:43
200	1992	Jose Castelo	Os Fardetas	Veterano M40	05:15:52	+02:47:47	13:44
201	2119	Pedro Ramos	Shots International Runners	Veterano M40	05:16:09	+02:48:04	13:45
202	1821	paulo silvas	Individual	Veterano M40	05:16:27	+02:48:22	13:46
203	1138	Rui Quinta	Dr Merino Clínica Médica	Veterano M40	05:19:28	+02:51:23	13:53
204	1211	Miguel Fonseca	FALTA MUITO?	Veterano M40	05:20:22	+02:52:17	13:56
205	1841	VALDEMAR SILVA	Individual	Veterano M40	05:20:39	+02:52:34	13:56
206	2024	Agostinho Torres	Pernetas	Veterano M40	05:23:23	+02:55:18	14:04
207	1795	Miguel Pereira Resende	Individual	Veterano M40	05:23:50	+02:55:45	14:05
208	2080	MARIO SILVA	run4fun	Veterano M40	05:24:12	+02:56:07	14:06
209	1754	Fernando Queirós	Individual	Veterano M40	05:24:22	+02:56:17	14:06
210	1740	Carlos Alberto da Rocha Cruz	Individual	Veterano M40	05:27:25	+02:59:20	14:14
211	1825	PEDRO RICARDO MACHADO VALENTE GONÇALVES	Individual	Veterano M40	05:28:08	+03:00:03	14:16
212	1839	Sergio Rocha	Individual	Veterano M40	05:28:26	+03:00:21	14:17
213	2082	Jose Henrique Santos Soares Matos	Running Mates	Veterano M40	05:31:43	+03:03:38	14:25
214	2084	Pedro Miguel santos matos	Running Mates	Veterano M40	05:31:44	+03:03:39	14:25
215	2157	Jorge Romão	Sport Remo	Veterano M40	05:35:05	+03:07:00	14:34
216	1930	JOSE SILVA	NOCTURNOS DE PAREDES	Veterano M40	05:35:11	+03:07:06	14:34
217	1796	miguel pinto	Individual	Veterano M40	05:35:59	+03:07:54	14:36
218	1255	Pedro Costelha	Funky Runners	Veterano M40	05:36:22	+03:08:17	14:37
219	1165	Damião Pacheco	Elite N M	Veterano M40	05:37:59	+03:09:54	14:42

Trail 23K

23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

220	1757	Germano Moura	Individual	Veterano M40	05:39:36	+03:11:31	14:46
221	1210	Manuel Cunha Lima	experienciar	Veterano M40	05:39:43	+03:11:38	14:46
222	1747	eduardo castro	Individual	Veterano M40	05:39:50	+03:11:45	14:47
223	2142	José Mário Alves	SOLINCA RUNNING TRIBE DRAGÃO	Veterano M40	05:41:15	+03:13:10	14:50
224	2049	Sergio Pinheiro	Rainha Club	Veterano M40	05:44:16	+03:16:11	14:58
225	1800	Nuno Henrique Morais da Silva Ferreira	Individual	Veterano M40	05:44:17	+03:16:12	14:58
226	1774	José Luís Silva	Individual	Veterano M40	05:53:13	+03:25:08	15:21
227	1845	Vitor Viana	Individual	Veterano M40	05:56:40	+03:28:35	15:30
228	1856	Paulo Alexandre Costa	Inquipa	Veterano M40	06:00:06	+03:32:01	15:39
229	1835	Rui Paulo A. D. Zilhão	Individual	Veterano M40	06:01:14	+03:33:09	15:42
230	2085	Rui Avelino Silva	Running Mates	Veterano M40	06:01:30	+03:33:25	15:43
231	1741	Carlos Almeida	Individual	Veterano M40	06:01:53	+03:33:48	15:44
232	1807	Paulo Alexandre Cristóvão Próspero	Individual	Veterano M40	06:07:05	+03:39:00	15:58
233	2276	Pedro Justo	Vulpes Vulpes	Veterano M40	06:08:52	+03:40:47	16:02
234	2160	Rui Rodrigues	Sport Remo	Veterano M40	06:19:55	+03:51:50	16:31
235	1003	José António Oliveira	4all Road - Runners	Veterano M40	06:22:45	+03:54:40	16:38
236	1931	RUI SILVA	NOCTURNOS DE PAREDES	Veterano M40	06:26:39	+03:58:34	16:49
237	2158	Paulo Ferreira	Sport Remo	Veterano M40	06:39:00	+04:10:55	17:21
238	1256	Rodrigo Ferraz	Funky Runners	Veterano M40	06:39:25	+04:11:20	17:22
239	2185	Ângelo Machado	Sweet Runners	Veterano M40	06:42:01	+04:13:56	17:29
240	1989	Rui Santos	OS FALTA D'AR / RUN NA VILLA	Veterano M40	06:42:22	+04:14:17	17:30

COLETIVA 23KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	CENTRO CICLISTA DE GONDOMAR	10:47:12 [3 + 6 + 11 + 49]	0
2	Dr Merino Clínica Médica	11:03:59 [5 + 13 + 16 + 44]	0
3	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	11:06:51 [7 + 9 + 19 + 37]	0
4	Engomadoria L&A Team	12:03:55 [20 + 26 + 58 + 64]	0
5	PAREDES AVENTURA	12:28:51 [8 + 40 + 50 + 221]	0
6	FAMA RUNNERS	12:40:57 [34 + 35 + 74 + 146]	0
7	NOCTURNOS DE PAREDES	13:06:10 [89 + 90 + 91 + 92]	0
8	EDV-VIANA TRAIL	13:13:01 [29 + 30 + 108 + 266]	0
9	Team DUAS FACES	13:34:58 [94 + 109 + 130 + 139]	0
10	EI Team Trail	13:50:03 [96 + 112 + 119 + 216]	0
11	A.D.Amarante trail running	13:55:44 [10 + 86 + 277 + 320]	0
12	Shots International Runners	14:06:08 [18 + 174 + 224 + 289]	0
13	Sweet Runners	14:44:10 [150 + 157 + 232 + 264]	0
14	Afrikan Runners	14:46:17 [198 + 199 + 200 + 201]	0
15	Ginasio Fit4Fun	14:56:10 [117 + 121 + 245 + 383]	0
16	GONDOMAR FUTSAL CLUBE	15:05:39 [1 + 332 + 366 + 411]	0
17	ERMIDAFIT Runners	15:14:26 [46 + 228 + 346 + 380]	0
18	Ginásio Factor X	15:34:12 [70 + 171 + 367 + 485]	0
19	VIDAATIVARUNNERS	15:40:43 [167 + 267 + 318 + 341]	0
20	CrossFit Vale do Ave	15:40:49 [107 + 124 + 327 + 584]	0
21	NAST	15:52:28 [4 + 268 + 400 + 671]	0
22	Team Idealkorpus	15:54:14 [87 + 236 + 302 + 591]	0
23	Rainha Club	16:01:02 [213 + 275 + 334 + 368]	0
24	Run4all	16:15:09 [256 + 319 + 339 + 355]	0
25	Not Run Alone	16:40:56 [204 + 294 + 469 + 472]	0
26	Tecla 3 Runners	16:45:26 [252 + 387 + 388 + 392]	0
27	Sport Remo	16:46:28 [141 + 338 + 486 + 514]	0
28	Fridão Sem Limites	16:48:48 [158 + 218 + 565 + 566]	0
29	FFit Gaia Trail	16:56:07 [251 + 295 + 417 + 558]	0
30	Os DEZavergonhados	17:15:50 [56 + 310 + 547 + 789]	0
31	Smiling Runners	17:37:01 [100 + 477 + 561 + 658]	0
32	Eu+ Ginásio | LMA	17:39:12 [297 + 423 + 424 + 615]	0
33	BitRunners	17:43:16 [206 + 446 + 447 + 691]	0
34	Solmaia Runners	17:48:46 [420 + 429 + 431 + 522]	0
35	OS FALTA D'AR / RUN NA VILLA	18:02:51 [163 + 593 + 594 + 595]	0
36	Bifase	18:39:35 [351 + 570 + 607 + 608]	0
37	Ainda Falta Muito?	18:43:52 [324 + 618 + 619 + 620]	0
38	TOU QUE NEM POSSO	18:45:00 [371 + 562 + 598 + 624]	0

COLETIVA 23KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

39	Inquipa	18:58:42 [281 + 553 + 646 + 740]	0
40	Pernetas	19:04:14 [240 + 467 + 764 + 765]	0
41	as cinco	20:45:50 [471 + 759 + 760 + 804]	0
42	Corridas De Pernas Pro Ar	20:48:39 [617 + 703 + 735 + 793]	0
43	4all Road - Runners	20:51:56 [358 + 427 + 872 + 928]	0
44	BUDEGUITA RUNNERS	21:15:38 [504 + 556 + 847 + 906]	0
45	Running Mates	21:44:15 [694 + 806 + 807 + 808]	0
46	WOLVES	23:44:46 [876 + 877 + 878 + 879]	0
47	Hard and Wild 2	25:24:26 [690 + 962 + 963 + 964]	0
48	Funky Runners	25:33:57 [822 + 947 + 950 + 951]	0
49	os aventureiros	26:00:04 [936 + 937 + 938 + 939]	0
50	Os matraquilhos	27:03:39 [960 + 961 + 965 + 966]	0

lap2go TIMING SOLUTION

2º Trail da Raposa
Paredes
31-maio-2015

CORRIDA CAMINHADA 12K - STAGE 1 — 12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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	Time	Temperature	Humidity
Start	09:30	18,5ºC	63,4%
End	14:30	20,3ºC	61%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	3745	Renato Barros Coelho	individual	Senior Masculino	01:23:26		06:57
2	3756	Rui Filipe Coelho Rodrigues	individual	Senior Masculino	01:23:27	+00:01	06:57
3	2306	Tiago Moura	individual	Senior Masculino	01:23:27	+00:01	06:57
4	3065	jorge ferreira gomes	arcorun	Senior Masculino	01:23:27	+00:01	06:57
5	3164	Luis Miguel Ferreira Neves	equipotência	Senior Masculino	01:23:27	+00:01	06:57
6	4051	Agostinho Ferreira Alves	sweet runners	Senior Masculino	01:26:38	+03:12	07:13
7	3140	Ricardo Barros	engomadoria l&a team	Senior Masculino	01:30:15	+06:49	07:31
8	3218	Sérgio Fonseca	feltrail	Senior Masculino	01:30:29	+07:03	07:32
9	3225	Jose Luis Aranha	ffit gaia trail	Senior Masculino	01:30:54	+07:28	07:35
10	4009	Luis Silva	solmaia runners	Senior Masculino	01:31:00	+07:34	07:35
11	3064	Carlos Couto	arcorun	Senior Masculino	01:31:02	+07:36	07:35
12	3067	Leonel fernando Pinto do couto	arcorun	Senior Masculino	01:31:29	+08:03	07:37
13	3975	João Martins	shots international runners	Senior Masculino	01:34:45	+11:19	07:54
14	3798	Hugo Barros	lordelo btt	Senior Masculino	01:35:23	+11:57	07:57
15	3732	Paulo Ferreira	individual	Senior Masculino	01:36:20	+12:54	08:02
16	3138	João Rebelo	engomadoria l&a team	Senior Masculino	01:36:47	+13:21	08:04
17	3226	Mário Santiago	ffit gaia trail	Senior Masculino	01:37:45	+14:19	08:09
18	3216	Hélder Maias	feltrail	Senior Masculino	01:37:46	+14:20	08:09
19	3217	José Carlos Maias	feltrail	Senior Masculino	01:37:46	+14:20	08:09
20	3974	Artur Pereira	shots international runners	Senior Masculino	01:37:48	+14:22	08:09
21	3066	Jorge Manuel Marques dos Santos Silva	arcorun	Senior Masculino	01:38:07	+14:41	08:11
22	3418	Iolanda Sofia de Sousa Mendes	individual	Senior Feminino	01:39:02	+15:36	08:15
23	3137	António Lourenço	engomadoria l&a team	Senior Masculino	01:39:12	+15:46	08:16
24	3752	Rogério Tavares Grabulho	individual	Senior Masculino	01:40:08	+16:42	08:21
25	3800	Jorge Moreira	lordelo btt	Senior Masculino	01:41:10	+17:44	08:26
26	2305	Afonso Moura	individual	Veterano M40	01:41:30	+18:04	08:27
27	3937	José Álvaro da Silva Ribeiro	run4all	Senior Masculino	01:41:53	+18:27	08:29
28	4005	João Morais	solmaia runners	Senior Masculino	01:43:35	+20:09	08:38
29	3175	antonio coelho	ermidafit runners	Senior Masculino	01:44:30	+21:04	08:42
30	3801	Miguel Pinho	lordelo btt	Senior Masculino	01:44:39	+21:13	08:43
31	3214	António Fonseca	feltrail	Senior Masculino	01:45:10	+21:44	08:46
32	3224	Eduardo Jorge Teixeira Bernardino	ffit gaia trail	Senior Masculino	01:46:10	+22:44	08:51
33	3176	francisco silva	ermidafit runners	Senior Masculino	01:46:13	+22:47	08:51
34	3705	Manuel Fernando Máximo Pereira	individual	Senior Masculino	01:46:58	+23:32	08:55
35	2003	´Hugo Vladimiro teixeira da Silva	os potentes	Senior Masculino	01:47:05	+23:39	08:55
36	3096	Ernesto Ribeiro	calheiros runners	Senior Masculino	01:47:09	+23:43	08:56
37	4131	FILIPE OLIVEIRA	tou que nem posso	Senior Masculino	01:47:28	+24:02	08:57
38	3651	fernando carneiro	individual	Senior Masculino	01:47:32	+24:06	08:58
39	3913	Mª Manuela Ferreira	pernetas	Senior Feminino	01:47:35	+24:09	08:58
40	3095	Avelino Rodrigues	calheiros runners	Senior Masculino	01:47:42	+24:16	08:58
41	4136	MIGUEL ÂNGELO	tou que nem posso	Senior Masculino	01:47:43	+24:17	08:59

CORRIDA CAMINHADA 12K - STAGE 1 — 12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	3658	gil silva	individual	Senior Masculino	01:48:02	+24:36	09:00
43	4002	Vasco Fonseca	solmaia runners	Senior Masculino	01:48:02	+24:36	09:00
44	3675	João Pedro de Sousa Meneses	individual	Senior Masculino	01:48:07	+24:41	09:01
45	3733	Pedro Alves	individual	Senior Masculino	01:48:14	+24:48	09:01
46	3724	Nuno Miguel Dos Santos Gaio	individual	Senior Masculino	01:48:16	+24:50	09:01
47	4055	Fernando Alves	sweet runners	Senior Masculino	01:48:40	+25:14	09:03
48	2224	Paulo Jorge Carvalho Pinto	tecla 3 runners	Senior Masculino	01:49:04	+25:38	09:05
49	3947	Jose Antonio Ferras Barbosa	s. s. montepio	Senior Masculino	01:49:55	+26:29	09:10
50	1549	Leandro Correia Ferreira	individual	Senior Masculino	01:50:10	+26:44	09:11
51	3948	Júlio Santos	s. s. montepio	Senior Masculino	01:50:26	+27:00	09:12
52	1875	Nuno Moreira	moinhos run	Senior Masculino	01:50:34	+27:08	09:13
53	3799	Jorge Barbosa	lordelo btt	Senior Masculino	01:50:44	+27:18	09:14
54	3101	Patrício Carvalho	calheiros runners	Senior Masculino	01:51:44	+28:18	09:19
55	3751	roberto rios	individual	Senior Masculino	01:52:12	+28:46	09:21
56	3474	Maria Arminda Silva Coleho	individual	Senior Feminino	01:52:15	+28:49	09:21
57	1437	Bruno Miguel da Costa Ferreira	individual	Senior Masculino	01:53:52	+30:26	09:29
58	3734	pedro bastos	individual	Senior Masculino	01:53:52	+30:26	09:29
59	4177	Nuno Reis	individual	Senior Masculino	01:54:02	+30:36	09:30
60	3037	Vitor Costa	aerodance trail running	Senior Masculino	01:54:09	+30:43	09:31
61	4004	Francisco Fonseca	solmaia runners	Senior Masculino	01:54:44	+31:18	09:34
62	3681	Joaquim Torres	individual	Senior Masculino	01:54:44	+31:18	09:34
63	3099	Hugo Sousa	calheiros runners	Senior Masculino	01:54:46	+31:20	09:34
64	3320	Ana Sofia Gonçalves Freitas	individual	Senior Feminino	01:54:48	+31:22	09:34
65	3731	Paulo Alexandre Babo Ferreira Soares	individual	Senior Masculino	01:54:53	+31:27	09:34
66	3202	Maria Albertina Sá	family pinto	Senior Feminino	01:54:56	+31:30	09:35
67	1014	Joao Silva	adc	Senior Masculino	01:55:16	+31:50	09:36
68	1015	Pedro Moreira	adc	Senior Masculino	01:55:16	+31:50	09:36
69	3299	Ana Isabel Silva Morais	individual	Senior Feminino	01:55:52	+32:26	09:39
70	3491	Maria Fátima Viera da Costa	individual	Senior Feminino	01:55:53	+32:27	09:39
71	3198	Sílvia Cardoso	fama runners	Senior Feminino	01:56:08	+32:42	09:41
72	3717	Michel Rolo	individual	Senior Masculino	01:56:36	+33:10	09:43
73	3648	Diogo Jorge Rodrigues Afonso	individual	Senior Masculino	01:56:48	+33:22	09:44
74	3712	Marcio André Gonçalves Pereira	individual	Senior Masculino	01:58:15	+34:49	09:51
75	3180	nuno miguel	ermidafit runners	Senior Masculino	01:58:52	+35:26	09:54
76	4133	IVO PITBULL	tou que nem posso	Senior Masculino	01:59:30	+36:04	09:58
77	3685	jorge nogueira	individual	Senior Masculino	01:59:54	+36:28	09:59
78	3916	Anabela Chorao	play runners	Senior Feminino	02:00:05	+36:39	10:00
79	3657	GENTIL OLIVEIRA	individual	Senior Masculino	02:00:42	+37:16	10:03
80	1708	teresa mota	individual	Veterana F40	02:00:42	+37:16	10:03
81	3084	Vanda Assunção	budeguita runners	Senior Feminino	02:00:42	+37:16	10:03
82	3551	Sandra Cavalheiro	individual	Senior Feminino	02:01:16	+37:50	10:06
83	3667	Hugo Angelo Ferraz Duarte	individual	Senior Masculino	02:03:03	+39:37	10:15
84	3697	Jose Rafael Bras Pinto	individual	Senior Masculino	02:03:04	+39:38	10:15
85	3210	José Francisco Brandão Batista	fantastic four	Senior Masculino	02:03:07	+39:41	10:16
86	4134	JORGE BARBOSA	tou que nem posso	Senior Masculino	02:03:29	+40:03	10:17

CORRIDA CAMINHADA 12K - STAGE 1 — 12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
87	3750	Ricardo Sousa	individual	Senior Masculino	02:03:38	+40:12	10:18
88	3162	Andre Freitas	equipotência	Senior Masculino	02:04:11	+40:45	10:21
89	3181	vitor magalhaes	ermidafit runners	Senior Masculino	02:05:10	+41:44	10:26
90	3365	Céu Vieira	individual	Senior Feminino	02:05:13	+41:47	10:26
91	3165	Vitor Martins	equipotência	Senior Masculino	02:06:50	+43:24	10:34
92	3100	Miguel Carvalho	calheiros runners	Senior Masculino	02:07:24	+43:58	10:37
93	3141	Sérgio Rocha	engomadoria l&a team	Senior Masculino	02:07:31	+44:05	10:38
94	3139	José Moreira	engomadoria l&a team	Senior Masculino	02:07:31	+44:05	10:38
95	1745	Carlos Lopes	individual	Veterano M40	02:07:50	+44:24	10:39
96	4148	ANA PAULA RIBEIRO CRAVEIRO NUNES	usgunas	Senior Feminino	02:07:51	+44:25	10:39
97	3282	Adriana Teresa Silva Rodrigues	individual	Senior Feminino	02:08:00	+44:34	10:40
98	3009	Inês Gonçalves	a.d.amarante trail running	Senior Feminino	02:08:01	+44:35	10:40
99	3773	Tiago Mendes Rocha	individual	Senior Masculino	02:08:13	+44:47	10:41
100	3245	Joao Rocha	funky runners	Senior Masculino	02:09:03	+45:37	10:45
101	3636	Carlos Gomes	individual	Senior Masculino	02:09:32	+46:06	10:48
102	4105	Laurindo Costa	team idealkorpus	Senior Masculino	02:09:34	+46:08	10:48
103	2059	Bruno Silva	run & fitness	Senior Masculino	02:09:37	+46:11	10:48
104	3531	Patrícia Ferreira	individual	Senior Feminino	02:09:43	+46:17	10:49
105	3719	Nelson Ferreira	individual	Senior Masculino	02:09:43	+46:17	10:49
106	3668	Hugo Neto	individual	Senior Masculino	02:09:53	+46:27	10:49
107	3641	Célio Moreira	individual	Senior Masculino	02:10:41	+47:15	10:53
108	3642	Cristiano Silva	individual	Senior Masculino	02:11:02	+47:36	10:55
109	2295	Maria de Fátima Ferreira Coelho	individual	Senior Feminino	02:11:38	+48:12	10:58
110	3498	Maria Jose Ferreira Soares Moreira	individual	Senior Feminino	02:11:39	+48:13	10:58
111	3110	Luis Marques da Silva	clube do pessoal edp - delegação de gaia	Senior Masculino	02:11:44	+48:18	10:59
112	3709	MANUEL PINTO	individual	Senior Masculino	02:11:45	+48:19	10:59
113	4001	Teresa Pinto	solmaia runners	Senior Feminino	02:12:21	+48:55	11:02
114	3670	João Manuel Sousa	individual	Senior Masculino	02:12:23	+48:57	11:02
115	3336	Branca Maria Oliveira Marques	individual	Senior Feminino	02:12:30	+49:04	11:02
116	3687	José Carlos da Rocha Moreira	individual	Senior Masculino	02:13:14	+49:48	11:06
117	3031	Filipe Coutinho	aerodance trail running	Senior Masculino	02:13:21	+49:55	11:07
118	1717	André Gilvaia	individual	Veterano M40	02:14:20	+50:54	11:12
119	1748	FATIMA CARVALHO	individual	Veterano M40	02:14:20	+50:54	11:12
120	3792	Rita Pereira	lagaresport	Senior Feminino	02:14:23	+50:57	11:12
121	2296	Fernando Bruno Caetano Rocha	rompe solas	Senior Masculino	02:14:26	+51:00	11:12
122	3220	Liliana Cardoso	ffit gaia trail	Senior Feminino	02:14:33	+51:07	11:13
123	3755	Rui Eusebio	individual	Senior Masculino	02:14:45	+51:19	11:14
124	3748	Ricardo Pereira	individual	Senior Masculino	02:14:46	+51:20	11:14
125	3629	António Pedro Tavares	individual	Senior Masculino	02:14:46	+51:20	11:14
126	3763	sergio alberto costa sousa	individual	Senior Masculino	02:14:58	+51:32	11:15
127	2228	Isabel Maria da Silva Henriques	terrores do asfalto	Senior Feminino	02:15:13	+51:47	11:16
128	3078	Fátima Costa	bitrunners	Senior Feminino	02:15:26	+52:00	11:17
129	3079	Carlos Moreira	bitrunners	Senior Masculino	02:15:26	+52:00	11:17
130	4092	Eva Ferreira	team idealkorpus	Senior Feminino	02:15:26	+52:00	11:17
131	3172	soraia costa	ermidafit runners	Senior Feminino	02:15:35	+52:09	11:18

CORRIDA CAMINHADA 12K - STAGE 1 — 12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
132	3166	catia costa	ermidafit runners	Senior Feminino	02:15:36	+52:10	11:18
133	3389	Elisabete Faria	individual	Senior Feminino	02:15:57	+52:31	11:20
134	3710	Manuel Silva	individual	Senior Masculino	02:15:59	+52:33	11:20
135	3211	Patricio Renato Vidal da Silva	fantastic four	Senior Masculino	02:16:02	+52:36	11:20
136	3664	Helder marques	individual	Senior Masculino	02:16:25	+52:59	11:22
137	3391	Elisabete Pinto	individual	Senior Feminino	02:16:25	+52:59	11:22
138	3298	Ana Gonçalves	individual	Senior Feminino	02:16:38	+53:12	11:23
139	3740	Pedro Nogueira	individual	Senior Masculino	02:16:38	+53:12	11:23
140	3413	Inês Carlos	individual	Senior Feminino	02:16:42	+53:16	11:23
141	3656	Filipe Patrício	individual	Senior Masculino	02:16:42	+53:16	11:24
142	3676	joão silva martins	individual	Senior Masculino	02:16:43	+53:17	11:24
143	3633	BRUNO MOREIRA	individual	Senior Masculino	02:16:43	+53:17	11:24
144	4143	Pedro Reis	toyota 4runner	Senior Masculino	02:17:12	+53:46	11:26
145	3322	ana teresa silva	individual	Senior Feminino	02:17:37	+54:11	11:28
146	3952	Marieta Moreira	sai da frente	Senior Feminino	02:17:43	+54:17	11:29
147	3822	Joana Raquel Ferreira Moreira	moinhos run	Senior Feminino	02:17:48	+54:22	11:29
148	3456	LUCINDA MARQUES	individual	Senior Feminino	02:17:56	+54:30	11:30
149	3097	Fernando Ferraz	calheiros runners	Senior Masculino	02:18:04	+54:38	11:30
150	3331	Arlete Xavier costa Sousa	individual	Senior Feminino	02:18:16	+54:50	11:31
151	4079	Prazeres Pires	team duas faces	Senior Feminino	02:18:16	+54:50	11:31
152	3340	carina alexandra branco da cruz	individual	Senior Feminino	02:18:17	+54:51	11:31
153	3106	Miguel Garcez	cds paredes	Senior Masculino	02:18:33	+55:07	11:33
154	3834	CARINA MOREIRA	nocturnos de paredes	Senior Feminino	02:19:20	+55:54	11:37
155	3678	Joaquim Manuel Ferreira Carvalhinho	individual	Senior Masculino	02:19:20	+55:54	11:37
156	2061	Maria José Teixeira	run & fitness	Veterana F40	02:19:40	+56:14	11:38
157	3991	Maria Fonseca	solmaia runners	Senior Feminino	02:20:03	+56:37	11:40
158	3556	sandra patricia pinto de sousa	individual	Senior Feminino	02:20:03	+56:37	11:40
159	3980	Célia Aroso	solmaia runners	Senior Feminino	02:20:52	+57:26	11:44
160	3713	Marco Azevedo de Carvalho	individual	Senior Masculino	02:21:07	+57:41	11:46
161	3284	Albertina Cunha	individual	Senior Feminino	02:21:15	+57:49	11:46
162	3554	Sandra Ferreira Ramos	individual	Senior Feminino	02:21:16	+57:50	11:46
163	3829	ALEXANDRA TEIXEIRA	nocturnos de paredes	Senior Feminino	02:21:27	+58:01	11:47
164	4012	Ricardo Almeida	solmaia runners	Senior Masculino	02:21:42	+58:16	11:48
165	4098	Marcia de Sousa	team idealkorpus	Senior Feminino	02:21:45	+58:19	11:49
166	3555	sandra madureira	individual	Senior Feminino	02:23:29	+01:00:03	11:57
167	3357	CELIA COELHO DA SILVA	individual	Senior Feminino	02:23:29	+01:00:03	11:57
168	3728	Osvaldo Ferreira	individual	Senior Masculino	02:23:29	+01:00:03	11:57
169	3635	CARLOS AUGUSTO BRAS PINTO NUNES	individual	Senior Masculino	02:23:29	+01:00:03	11:57
170	3839	JULIA PINTO	nocturnos de paredes	Senior Feminino	02:23:41	+01:00:15	11:58
171	3700	Luís Filipe Ribeiro Gonçalves	individual	Senior Masculino	02:24:06	+01:00:40	12:01
172	3776	Lénio Fernando Nogueira Marinho	jobrinde-montes saloios	Senior Masculino	02:24:07	+01:00:41	12:01
173	3995	Rita Oliveira	solmaia runners	Senior Feminino	02:24:14	+01:00:48	12:01
174	3989	Isabel Pinto	solmaia runners	Senior Feminino	02:24:14	+01:00:48	12:01
175	4139	Patrícia Oliveira	toyota 4runner	Senior Feminino	02:24:19	+01:00:53	12:02
176	4144	Rui Costa	toyota 4runner	Senior Masculino	02:24:19	+01:00:53	12:02

CORRIDA CAMINHADA 12K - STAGE 1 — 12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
177	3721	Nelson Ribeiro	individual	Senior Masculino	02:24:22	+01:00:56	12:02
178	3640	Carlos Moutinho	individual	Senior Masculino	02:24:22	+01:00:56	12:02
179	3588	Susana Granja	individual	Senior Feminino	02:24:23	+01:00:57	12:02
180	3855	SOFIA AZEVEDO	nocturnos de paredes	Senior Feminino	02:24:41	+01:01:15	12:03
181	3868	GONÇALO CASTRO	nocturnos de paredes	Senior Masculino	02:24:49	+01:01:23	12:04
182	1783	Luis Filipe Lopes dos Santos	individual	Veterano M40	02:24:54	+01:01:28	12:05
183	3316	Ana Rocha	individual	Senior Feminino	02:25:00	+01:01:34	12:05
184	3655	Fernando Ribeiro	individual	Senior Masculino	02:25:05	+01:01:39	12:05
185	1287	Celeste Vieira	gondomar futsal clube	Senior Feminino	02:25:11	+01:01:45	12:06
186	3489	Maria Fatima Santos Ferreira	individual	Senior Feminino	02:25:11	+01:01:45	12:06
187	3945	Sónia Castro	s&r	Senior Feminino	02:25:34	+01:02:08	12:08
188	3946	Ricardo Ribeiro	s&r	Senior Masculino	02:25:34	+01:02:08	12:08
189	3294	Ana de Sá Moreira	individual	Senior Feminino	02:25:35	+01:02:09	12:08
190	3622	Amaro Manuel Barros Moreira	individual	Senior Masculino	02:25:35	+01:02:09	12:08
191	4081	Sílvia Teixeira	team duas faces	Senior Feminino	02:25:44	+01:02:18	12:09
192	3371	Cristina Aleixo	individual	Senior Feminino	02:25:50	+01:02:24	12:09
193	4138	Cristina Costa	toyota 4runner	Senior Feminino	02:25:51	+01:02:25	12:09
194	4142	Pedro Gonçalves	toyota 4runner	Senior Masculino	02:25:51	+01:02:25	12:09
195	3998	Sara Espojeira	solmaia runners	Senior Feminino	02:26:03	+01:02:37	12:10
196	3981	Cláudia Cunha	solmaia runners	Senior Feminino	02:26:10	+01:02:44	12:11
197	3992	Maria Pedrosa	solmaia runners	Senior Feminino	02:26:10	+01:02:44	12:11
198	3996	Sandra Ribeiro	solmaia runners	Senior Feminino	02:26:10	+01:02:44	12:11
199	3988	Inês Almeida	solmaia runners	Senior Feminino	02:26:11	+01:02:45	12:11
200	3626	Antonio Albuquerque	individual	Senior Masculino	02:26:18	+01:02:52	12:12
201	3566	silvia Maciel	individual	Senior Feminino	02:26:18	+01:02:52	12:12
202	3071	Vitor Manuel Fontes Folgado	arcorun	Senior Masculino	02:26:19	+01:02:53	12:12
203	4011	Pedro Sousa	solmaia runners	Senior Masculino	02:27:14	+01:03:48	12:16
204	3930	JOANA QUEIRÓS	run4all	Senior Feminino	02:28:16	+01:04:50	12:21
205	3935	ANTONIO ALMEIDA	run4all	Senior Masculino	02:28:16	+01:04:50	12:21
206	3933	PATRICIA MAGALHÃES	run4all	Senior Feminino	02:28:16	+01:04:50	12:21
207	3986	Diana Teixeira	solmaia runners	Senior Feminino	02:28:25	+01:04:59	12:22
208	4014	Isabel Rangel	swat	Senior Feminino	02:28:27	+01:05:01	12:22
209	3843	MARGARIDA TEIXEIRA	nocturnos de paredes	Senior Feminino	02:29:27	+01:06:01	12:27
210	3209	Fernanda Marília Cardoso Casaca	fantastic four	Senior Feminino	02:29:44	+01:06:18	12:29
211	3848	MARTA COSTA	nocturnos de paredes	Senior Feminino	02:29:44	+01:06:18	12:29
212	3703	Manuel Azevedo	individual	Senior Masculino	02:29:59	+01:06:33	12:30
213	3275	Bruna Nunes	gymrecarei	Senior Feminino	02:30:06	+01:06:40	12:31
214	3276	Luis Cunha	gymrecarei	Senior Masculino	02:30:07	+01:06:41	12:31
215	3192	José Diogo Nunes Magro Dias	eu+ ginásio | lma	Senior Masculino	02:30:07	+01:06:41	12:31
216	4101	Maria João Campos	team idealkorpus	Senior Feminino	02:30:08	+01:06:42	12:31
217	4100	Maria Armanda Santos	team idealkorpus	Senior Feminino	02:30:09	+01:06:43	12:31
218	3237	Pituxa Marques	funky runners	Senior Feminino	02:30:17	+01:06:51	12:31
219	3268	António Queiroz	gondomar futsal clube	Senior Masculino	02:31:02	+01:07:36	12:35
220	3205	Nuno Pinto	family pinto	Senior Masculino	02:31:07	+01:07:41	12:36
221	3199	Aldina Pires	family pinto	Senior Feminino	02:31:10	+01:07:44	12:36
222	3204	Emanuel Nunes	family pinto	Senior Masculino	02:31:10	+01:07:44	12:36

CORRIDA CAMINHADA 12K - STAGE 1 — 12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
223	3203	Susana Teixeira	family pinto	Senior Feminino	02:31:10	+01:07:44	12:36
224	3200	Daniela Pinto	family pinto	Senior Feminino	02:31:11	+01:07:45	12:36
225	3403	FILIPA PINTO	individual	Senior Feminino	02:31:30	+01:08:04	12:37
226	3999	Sónia Teles	solmaia runners	Senior Feminino	02:31:39	+01:08:13	12:38
227	3219	Adélia Mª Oliveira Ferreira Bernardino	ffit gaia trail	Senior Feminino	02:31:42	+01:08:16	12:38
228	3221	Sara Pereira	ffit gaia trail	Senior Feminino	02:31:42	+01:08:16	12:39
229	3614	Vera Alexandra Oliveira Silva	individual	Senior Feminino	02:31:43	+01:08:17	12:39
230	3661	Hélder almeida	individual	Senior Masculino	02:31:43	+01:08:17	12:39
231	4015	António Pinho	swat	Senior Masculino	02:32:28	+01:09:02	12:42
232	3592	Susana Magalhães	individual	Senior Feminino	02:32:29	+01:09:03	12:42
233	3278	Adelaide Ruão	individual	Senior Feminino	02:32:29	+01:09:03	12:42
234	3270	Pedro Goncalves	gondomar futsal clube	Senior Masculino	02:32:42	+01:09:16	12:43
235	3030	Elias Costa	aerodance trail running	Senior Masculino	02:32:46	+01:09:20	12:44
236	3682	JORGE CARDOSO	individual	Senior Masculino	02:32:57	+01:09:31	12:45
237	1300	Ana Aguiar	individual	Senior Feminino	02:32:57	+01:09:31	12:45
238	3052	Andreia Ferreira	anda-me apanhar	Senior Feminino	02:33:05	+01:09:39	12:45
239	3055	Raul Silva	anda-me apanhar	Senior Masculino	02:33:05	+01:09:39	12:45
240	3054	Manuel Pereira	anda-me apanhar	Senior Masculino	02:33:05	+01:09:39	12:45
241	4165	Monica Pereira	anda-me apanhar	Senior Feminino	02:33:05	+01:09:39	12:45
242	3616	Vera Lúcia Sousa	individual	Senior Feminino	02:33:05	+01:09:39	12:45
243	3804	Pedro Tavares	los manos	Senior Masculino	02:33:08	+01:09:42	12:46
244	3058	Jaime Fernando Moura Teixeira Sousa	andarilhos	Senior Masculino	02:33:12	+01:09:46	12:46
245	2298	Manuel pedro rodrigues	clube praça da armada	Senior Masculino	02:33:20	+01:09:54	12:47
246	3907	César Moreira	pena team	Senior Masculino	02:33:25	+01:09:59	12:47
247	3908	Rui Gomes	pena team	Senior Masculino	02:33:25	+01:09:59	12:47
248	3295	Ana do Vale	individual	Senior Feminino	02:33:47	+01:10:21	12:49
249	3549	Rute Pinto	individual	Senior Feminino	02:33:47	+01:10:21	12:49
250	3955	Rita coelho	sapadores invicta	Senior Feminino	02:34:29	+01:11:03	12:52
251	2227	Carla Carvalho	terrores do asfalto	Senior Feminino	02:34:35	+01:11:09	12:53
252	1338	Daniela Patrícia Soares Ferreira	individual	Senior Feminino	02:35:02	+01:11:36	12:55
253	3376	Daniela Cardoso	individual	Senior Feminino	02:35:11	+01:11:45	12:56
254	3383	Diana Fernanda Dos Santos Gonçalves	individual	Senior Feminino	02:35:11	+01:11:45	12:56
255	3312	Ana Rafaela da Rocha Ferreira	individual	Senior Feminino	02:35:14	+01:11:48	12:56
256	3206	Tiago Carneiro	family pinto	Senior Masculino	02:35:16	+01:11:50	12:56
257	3878	cristina Rodrigues Teixeira Lopes	not run alone	Senior Feminino	02:35:17	+01:11:51	12:56
258	4010	Miguel Moreira	solmaia runners	Senior Masculino	02:35:17	+01:11:51	12:56
259	4000	Susana Coelho	solmaia runners	Senior Feminino	02:35:18	+01:11:52	12:56
260	3519	Marta Pereira	individual	Senior Feminino	02:35:32	+01:12:06	12:58
261	3285	Albertina da Rocha Ferreira	individual	Senior Feminino	02:35:36	+01:12:10	12:58
262	3625	André Mota	individual	Senior Masculino	02:35:36	+01:12:10	12:58
263	3337	Brigida Duarte	individual	Senior Feminino	02:35:36	+01:12:10	12:58
264	3342	Carine Ferreiro Fraga	individual	Senior Feminino	02:35:40	+01:12:14	12:58
265	3178	joao coelho	ermidafit runners	Senior Masculino	02:35:50	+01:12:24	12:59
266	3201	Isa Pereira	family pinto	Senior Feminino	02:35:59	+01:12:33	13:00

CORRIDA CAMINHADA 12K - STAGE 1 — 12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
267	3741	Pedro Tiago Teixeira Gomes	individual	Senior Masculino	02:36:14	+01:12:48	13:01
268	3541	Raquel Moreira	individual	Senior Feminino	02:36:35	+01:13:09	13:03
269	3525	Nádia Guedes	individual	Senior Feminino	02:36:41	+01:13:15	13:03
270	3098	Filipe Maria	calheiros runners	Senior Masculino	02:36:41	+01:13:15	13:03
271	3404	Gabriela Cardoso	individual	Senior Feminino	02:36:47	+01:13:21	13:04
272	3136	Monica Jesus	duros & rijos	Senior Feminino	02:36:56	+01:13:30	13:05
273	3861	ANTONIO MADUREIRA	nocturnos de paredes	Senior Masculino	02:37:03	+01:13:37	13:05
274	3034	Ricardo Araújo	aerodance trail running	Senior Masculino	02:38:20	+01:14:54	13:12
275	3023	Marta Neves	aerodance trail running	Senior Feminino	02:38:20	+01:14:54	13:12
276	4077	Paula Alves Soares Garcia	team duas faces	Senior Feminino	02:38:43	+01:15:17	13:14
277	4021	Cristina Barbosa	sweet runners	Senior Feminino	02:38:49	+01:15:23	13:14
278	3222	Bruno Daniel da Silva Sousa	ffit gaia trail	Senior Masculino	02:39:08	+01:15:42	13:16
279	3274	Bruno Tavares	gulpi trail team	Senior Masculino	02:39:08	+01:15:42	13:16
280	3246	Pedro Reis	funky runners	Senior Masculino	02:39:17	+01:15:51	13:16
281	3375	Cristina Pereira Durães Silva	individual	Senior Feminino	02:39:22	+01:15:56	13:17
282	3823	João Moreira	moinhos run	Senior Masculino	02:39:46	+01:16:20	13:19
283	3821	Edite Lopes	moinhos run	Senior Feminino	02:39:47	+01:16:21	13:19
284	3194	Joana Ferreira	falta muito?	Senior Feminino	02:40:46	+01:17:20	13:24
285	3195	Judite Ferreira	falta muito?	Senior Feminino	02:40:47	+01:17:21	13:24
286	3266	Helena Cardoso	gondomar futsal clube	Senior Feminino	02:40:53	+01:17:27	13:24
287	1601	Pedro Daniel Ferreira Teixeira	individual	Senior Masculino	02:40:53	+01:17:27	13:24
288	2121	Bruno Ferreira	slow motion	Senior Masculino	02:41:02	+01:17:36	13:25
289	4146	Luis António Costa Pereira	trofa team	Senior Masculino	02:41:40	+01:18:14	13:28
290	4145	Leonardo Costa Pereira	trofa team	Senior Masculino	02:41:40	+01:18:14	13:28
291	4147	Manuel Teixeira Gonçalves	trofa team	Senior Masculino	02:41:42	+01:18:16	13:29
292	3288	Alice Viveiros	individual	Senior Feminino	02:41:43	+01:18:17	13:29
293	3074	Bebiana Alves	associação desportiva de cabroelo	Senior Feminino	02:41:43	+01:18:17	13:29
294	3327	ANDREA CRISTIANA TEIXEIRA DA CUNHA	individual	Senior Feminino	02:41:55	+01:18:29	13:30
295	3688	JOSE CARLOS FERREIRA FARIA	individual	Senior Masculino	02:42:03	+01:18:37	13:30
296	4087	Nuno Miguel da Silva Dias	team duas faces	Senior Masculino	02:42:05	+01:18:39	13:30
297	4086	José Manuel Silva Matos	team duas faces	Senior Masculino	02:42:07	+01:18:41	13:31
298	3362	Celina Tomas	individual	Senior Feminino	02:42:09	+01:18:43	13:31
299	1712	alberto martins	individual	Veterano M40	02:42:52	+01:19:26	13:34
300	3557	Sara Marisa Neves Gonçalves	individual	Senior Feminino	02:43:03	+01:19:37	13:35
301	4007	Luis Barrigas	solmaia runners	Senior Masculino	02:43:08	+01:19:42	13:36
302	3366	Clara Costa	individual	Senior Feminino	02:43:11	+01:19:45	13:36
303	3570	Sofia Martins	individual	Senior Feminino	02:43:21	+01:19:55	13:37
304	3702	LUIS RIBEIRO	individual	Senior Masculino	02:43:22	+01:19:56	13:37
305	3247	Sergio Reis	funky runners	Senior Masculino	02:43:22	+01:19:56	13:37
306	3849	MONICA CASTRO	nocturnos de paredes	Senior Feminino	02:43:27	+01:20:01	13:37
307	3448	Liliana	individual	Senior Feminino	02:43:29	+01:20:03	13:37
308	1459	daniel da cunha alves	individual	Senior Masculino	02:43:32	+01:20:06	13:38
309	3438	Joana Sofia Ferreira Oliveira	individual	Senior Feminino	02:43:33	+01:20:07	13:38
310	3116	Joaquim Fernando Moreira Rocha	código musical	Senior Masculino	02:43:38	+01:20:12	13:38
311	3122	Pedro António Garcez Mota	código musical	Senior Masculino	02:43:38	+01:20:12	13:38

CORRIDA CAMINHADA 12K - STAGE 1 — 12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
312	3120	Miguel Angelo Pacheco Cruz	código musical	Senior Masculino	02:43:38	+01:20:12	13:38
313	3121	Nelson Diogo Pinto Sousa e Silva	código musical	Senior Masculino	02:43:38	+01:20:12	13:38
314	3113	Tânia Celina Moreira Magalhães	código musical	Senior Feminino	02:43:38	+01:20:12	13:38
315	3370	Cristiana Susete Martins Seabra	individual	Senior Feminino	02:43:40	+01:20:14	13:38
316	3330	Andreia Machado	individual	Senior Feminino	02:43:52	+01:20:26	13:39
317	1886	Ricardo Oliveira	nast	Senior Masculino	02:43:52	+01:20:26	13:39
318	3287	Alice Susana Pinto Ribeiro	individual	Senior Feminino	02:44:26	+01:21:00	13:42
319	3056	Manuela Cristina Simões Machado	andarilhos	Senior Feminino	02:44:31	+01:21:05	13:43
320	3057	Daniel Nascimento Machado Neto	andarilhos	Senior Masculino	02:44:31	+01:21:05	13:43
321	3318	Ana Silva	individual	Senior Feminino	02:44:46	+01:21:20	13:44
322	3716	Mário Jorge Teixeira Gomes	individual	Senior Masculino	02:44:47	+01:21:21	13:44
323	3457	Luísa Aguiar	individual	Senior Feminino	02:44:48	+01:21:22	13:44
324	3399	Fátima Silva	individual	Senior Feminino	02:44:52	+01:21:26	13:44
325	3522	Mónica Magalhães	individual	Senior Feminino	02:44:56	+01:21:30	13:45
326	3305	Ana Paula Alves	individual	Senior Feminino	02:44:57	+01:21:31	13:45
327	3045	Vera Ribeiro	afrikan runners	Senior Feminino	02:45:42	+01:22:16	13:49
328	3458	Luisa Maria de Castro Tavares	individual	Senior Feminino	02:45:49	+01:22:23	13:49
329	3690	José Gonçalves	individual	Senior Masculino	02:45:53	+01:22:27	13:49
330	3384	Diana Pina	individual	Senior Feminino	02:45:54	+01:22:28	13:49
331	1198	Selma Brigite	eu+ ginásio | lma	Senior Feminino	02:45:55	+01:22:29	13:50
332	3966	Jose Diogo dos Santos Sousa	shark tale	Senior Masculino	02:45:55	+01:22:29	13:50
333	3267	Silvia Ferreira	gondomar futsal clube	Senior Feminino	02:45:56	+01:22:30	13:50
334	3431	Isilda Fernanda Pinto Leal	individual	Senior Feminino	02:46:07	+01:22:41	13:51
335	3465	Manuela Vale	individual	Senior Feminino	02:46:09	+01:22:43	13:51
336	3482	Maria de Lurdes da Costa Rosendo Loureiro	individual	Senior Feminino	02:46:13	+01:22:47	13:51
337	3669	Ivo Joaquim Leal Loureiro	individual	Senior Masculino	02:46:13	+01:22:47	13:51
338	4052	Álvaro Ribeiro	sweet runners	Senior Masculino	02:46:16	+01:22:50	13:51
339	4112	Tânia Ribeiro	tecla 3 runners	Senior Feminino	02:46:22	+01:22:56	13:52
340	4109	Liliana Pereira	tecla 3 runners	Senior Feminino	02:46:24	+01:22:58	13:52
341	4110	Maria João Gomes	tecla 3 runners	Senior Feminino	02:46:28	+01:23:02	13:52
342	3167	claudia ferreira	ermidafit runners	Senior Feminino	02:46:40	+01:23:14	13:53
343	3171	natalia pereira	ermidafit runners	Senior Feminino	02:46:45	+01:23:19	13:54
344	3722	Nelson Ricardo Moreira	individual	Senior Masculino	02:46:48	+01:23:22	13:54
345	3059	Luís Pedro Pedra Gomes Ribeiro	andarilhos	Senior Masculino	02:46:51	+01:23:25	13:54
346	3060	Marco José Martins Nunes Mendes	andarilhos	Senior Masculino	02:46:51	+01:23:25	13:54
347	3422	Isabel Maria Moura castro	individual	Senior Feminino	02:47:20	+01:23:54	13:57
348	3380	Debora Azevedo	individual	Senior Feminino	02:47:21	+01:23:55	13:57
349	3469	Márcia Pinto	individual	Senior Feminino	02:47:21	+01:23:55	13:57
350	3934	SANDRA TEIXEIRA	run4all	Senior Feminino	02:47:30	+01:24:04	13:57
351	3726	Nuno Oliveira Reis Correia	individual	Senior Masculino	02:47:41	+01:24:15	13:58
352	3529	Olga Marisa Barbosa da Silva	individual	Senior Feminino	02:47:41	+01:24:15	13:58
353	3692	José Manuel Nunes Barbosa	individual	Senior Masculino	02:47:42	+01:24:16	13:58
354	3909	Ana Canez	pernetas	Senior Feminino	02:47:52	+01:24:26	13:59
355	3984	Daniela Quelhas	solmaia runners	Senior Feminino	02:47:52	+01:24:26	13:59
356	3572	Sofia Sousa	individual	Senior Feminino	02:47:54	+01:24:28	14:00

CORRIDA CAMINHADA 12K - STAGE 1 — 12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
357	3043	Sandra Freitas	afrikan runners	Senior Feminino	02:47:56	+01:24:30	14:00
358	3256	PATRÍCIA SANTOS	ginásio factor x	Senior Feminino	02:48:27	+01:25:01	14:02
359	3326	Anabela Salgueiro Oliveira	individual	Senior Feminino	02:48:30	+01:25:04	14:02
360	3714	Mário Alexandre Ferreira dos Santos	individual	Senior Masculino	02:48:31	+01:25:05	14:03
361	3353	Cátia Cândida Barbosa Fonseca	individual	Senior Feminino	02:48:33	+01:25:07	14:03
362	3957	José Da Rocha Rodrigues	saúde viva	Senior Masculino	02:48:40	+01:25:14	14:03
363	3956	Salete Maria Mendes Soares	saúde viva	Senior Feminino	02:48:40	+01:25:14	14:03
364	3041	Miguela monteiro	afrikan runners	Senior Feminino	02:48:41	+01:25:15	14:03
365	4044	Patrícia Barbosa	sweet runners	Senior Feminino	02:48:50	+01:25:24	14:04
366	4060	Marco Santos	sweet runners	Senior Masculino	02:48:51	+01:25:25	14:04
367	3293	Ana Cláudia da Silva Almeida	individual	Senior Feminino	02:49:10	+01:25:44	14:06
368	4084	Diogo Garcia	team duas faces	Senior Masculino	02:49:21	+01:25:55	14:07
369	3693	José Manuel Teixeira Pinto	individual	Senior Masculino	02:49:31	+01:26:05	14:08
370	3470	Margarida Pinto	individual	Senior Feminino	02:49:31	+01:26:05	14:08
371	3424	Isabel Pereira	individual	Senior Feminino	02:49:34	+01:26:08	14:08
372	3691	José Manuel Gomes Lima	individual	Senior Masculino	02:50:12	+01:26:46	14:11
373	3594	Susana Maria Costa Carrilho	individual	Senior Feminino	02:50:23	+01:26:57	14:12
374	3596	Susana Maria Gomes Garcias Monteiro	individual	Senior Feminino	02:50:23	+01:26:57	14:12
375	1516	Joao Manuel Esteves Penas	individual	Senior Masculino	02:50:24	+01:26:58	14:12
376	3571	Sofia Naldinho	individual	Senior Feminino	02:50:30	+01:27:04	14:13
377	3436	Joana Naldinho	individual	Senior Feminino	02:50:30	+01:27:04	14:13
378	3291	Ana Almeida	individual	Senior Feminino	02:52:02	+01:28:36	14:20
379	3574	Sónia Margarida Ribeiro Ferreira de Brito	individual	Senior Feminino	02:52:04	+01:28:38	14:20
380	3631	António Pinto da Silva	individual	Senior Masculino	02:52:11	+01:28:45	14:21
381	3279	Adelina Marlene Lopes Faria	individual	Senior Feminino	02:52:17	+01:28:51	14:21
382	3277	adelaide maria de sousa teixeira	individual	Senior Feminino	02:52:17	+01:28:51	14:21
383	3760	Rui Pedro Moreira Morais de Sousa	individual	Senior Masculino	02:52:20	+01:28:54	14:22
384	3903	Ana Maria Moreira	"os turbomula" d.o.c.	Senior Feminino	02:52:31	+01:29:05	14:23
385	2009	Paula Figueiredo	"os turbomula" d.o.c.	Senior Feminino	02:52:31	+01:29:05	14:23
386	1313	Anabela Ferreira Dias	individual	Senior Feminino	02:52:32	+01:29:06	14:23
387	4149	carla Alves Barbosa	vê se me apanhas	Senior Feminino	02:52:42	+01:29:16	14:24
388	4150	Marco Moreira	vê se me apanhas	Senior Masculino	02:52:43	+01:29:17	14:24
389	1391	Sílvia Marta Soares do Rêgo	individual	Senior Feminino	02:52:46	+01:29:20	14:24
390	3179	mara rocha	ermidafit runners	Senior Masculino	02:52:46	+01:29:20	14:24
391	3972	Bruna Meireles	shots international runners	Senior Feminino	02:52:54	+01:29:28	14:25
392	3973	Sofia Ferreira	shots international runners	Senior Feminino	02:52:54	+01:29:28	14:25
393	3591	Susana Leal	individual	Senior Feminino	02:53:21	+01:29:55	14:27
394	4124	Susana Ferreira	thunder team	Senior Feminino	02:53:35	+01:30:09	14:28
395	4128	Miguel Andrade	thunder team	Senior Masculino	02:53:35	+01:30:09	14:28
396	3197	Carla Barbosa	fama runners	Senior Feminino	02:53:44	+01:30:18	14:29
397	4104	João Gaspar	team idealkorpus	Senior Masculino	02:53:45	+01:30:19	14:29
398	4091	Avelina Rocha	team idealkorpus	Senior Feminino	02:53:45	+01:30:19	14:29
399	3419	Isabel Carvalho	individual	Senior Feminino	02:53:48	+01:30:22	14:29
400	3068	Luis Manuel Ferreira Gomes	arcorun	Senior Masculino	02:53:52	+01:30:26	14:29

CORRIDA CAMINHADA 12K - STAGE 1 — 12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
401	3303	Ana Maria Rebocho Nunes	individual	Senior Feminino	02:54:34	+01:31:08	14:33
402	3775	Carla Isabel Vieira	jc team trail	Senior Feminino	02:54:35	+01:31:09	14:33
403	3803	André Mota	los manos	Senior Masculino	02:54:47	+01:31:21	14:34
404	3802	Daniela Martins	los manos	Senior Feminino	02:54:48	+01:31:22	14:34
405	3704	Manuel Fernando Dos Santos Freitas	individual	Senior Masculino	02:54:56	+01:31:30	14:35
406	3077	Cristina Jesus	beat your limit!	Senior Feminino	02:55:05	+01:31:39	14:35
407	1398	Susana Cambey	individual	Senior Feminino	02:55:05	+01:31:39	14:35
408	3086	Carla Castro	byl! beat your limit!	Senior Feminino	02:55:05	+01:31:39	14:35
409	3777	ELISABETE FONSECA	kunalama adportela rotaromânico btt	Senior Feminino	02:55:33	+01:32:07	14:38
410	1373	Raquel Cristina Barbosa Sousa	individual	Senior Feminino	02:55:34	+01:32:08	14:38
411	3093	Sandra Costa	caetano runners	Senior Feminino	02:56:05	+01:32:39	14:40
412	1087	Zélia Viana	caetano runners	Senior Feminino	02:56:05	+01:32:39	14:40
413	3092	Lourenço Marques	caetano runners	Senior Masculino	02:56:05	+01:32:39	14:40
414	3091	Susana Costa	caetano runners	Senior Feminino	02:56:06	+01:32:40	14:40
415	3411	Helena Lopes	individual	Senior Feminino	02:56:18	+01:32:52	14:42
416	3932	MARLENE LEITE	run4all	Senior Feminino	02:56:43	+01:33:17	14:44
417	3406	Gisela Morais	individual	Senior Feminino	02:56:50	+01:33:24	14:44
418	3851	RAFAELA CORTEZ MARQUES	nocturnos de paredes	Senior Feminino	02:56:53	+01:33:27	14:44
419	3073	ANA ROSA FERREIRA DE SOUSA ALVES	associação desportiva de cabroelo	Senior Feminino	02:57:02	+01:33:36	14:45
420	3576	Sonia Neves Coelho Rodrigues	individual	Senior Feminino	02:57:02	+01:33:36	14:45
421	3072	ANA JANINE FERREIRA ALVES	associação desportiva de cabroelo	Senior Feminino	02:57:04	+01:33:38	14:45
422	3914	Sandra Dias	pernetas	Senior Feminino	02:57:34	+01:34:08	14:48
423	3302	Ana Mafalda Santos	individual	Senior Feminino	02:57:59	+01:34:33	14:50
424	3163	Hello Ribeiro	equipotência	Senior Masculino	02:58:03	+01:34:37	14:50
425	4050	Zita Costa	sweet runners	Senior Feminino	02:58:05	+01:34:39	14:50
426	4054	Ernesto Carneiro	sweet runners	Senior Masculino	02:58:05	+01:34:39	14:50
427	3906	Salomé Gomes	pena team	Senior Feminino	02:58:18	+01:34:52	14:51
428	3904	Bernardina Oliveira	pena team	Senior Feminino	02:58:18	+01:34:52	14:52
429	3905	Cátia Torres	pena team	Senior Feminino	02:58:19	+01:34:53	14:52
430	4019	Claúdia Ferreira	sweet runners	Senior Feminino	02:58:20	+01:34:54	14:52
431	4042	Palmira Coelho Almeida	sweet runners	Senior Feminino	02:58:20	+01:34:54	14:52
432	3780	PEDRO ANDRÉ PINTO ROCHA	kunalama adportela rotaromânico btt	Senior Masculino	02:58:23	+01:34:57	14:52
433	3778	ISABEL MARIA LOPES FONSECA	kunalama adportela rotaromânico btt	Senior Feminino	02:58:24	+01:34:58	14:52
434	3462	Magali Negri	individual	Senior Feminino	02:58:35	+01:35:09	14:53
435	3865	FERNANDO ROCHA	nocturnos de paredes	Senior Masculino	02:58:35	+01:35:09	14:53
436	3852	SALETE SOUSA	nocturnos de paredes	Senior Feminino	02:58:36	+01:35:10	14:53
437	4034	Maria Celeste Lopes	sweet runners	Senior Feminino	02:58:47	+01:35:21	14:54
438	1733	Armando Moreira	individual	Veterano M40	02:58:48	+01:35:22	14:54
439	3787	Andreia Carvalho	la zinco	Senior Feminino	02:58:57	+01:35:31	14:55
440	3378	Daniela Pinto	individual	Senior Feminino	02:59:00	+01:35:34	14:55
441	3408	GUILERMINA MARIA VIEIRA PINTO ROCHA	individual	Senior Feminino	02:59:06	+01:35:40	14:55
442	3885	Ana Ribeiro	os feras	Senior Feminino	02:59:09	+01:35:43	14:56
443	3886	Patrícia Ferreirinha	os feras	Senior Feminino	02:59:09	+01:35:43	14:56
444	3402	Filipa da Conceição Alves Rego	individual	Senior Feminino	02:59:11	+01:35:45	14:56

CORRIDA CAMINHADA 12K - STAGE 1 — 12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
445	3461	Mafalda Alves	individual	Senior Feminino	02:59:21	+01:35:55	14:57
446	3990	Jacinta Antunes	solmaia runners	Senior Feminino	02:59:42	+01:36:16	14:58
447	3395	Estela Oliveira	individual	Senior Feminino	02:59:52	+01:36:26	14:59
448	3455	Liliana Truta	individual	Senior Feminino	03:00:00	+01:36:34	15:00
449	4125	João Rodrigues	thunder team	Senior Masculino	03:00:07	+01:36:41	15:01
450	4122	Marlene Rodrigues	thunder team	Senior Feminino	03:00:10	+01:36:44	15:01
451	3582	SUSANA ALMEIDA	individual	Senior Feminino	03:00:14	+01:36:48	15:01
452	4032	Juliana Barbosa	sweet runners	Senior Feminino	03:00:28	+01:37:02	15:02
453	4061	Rui Alves	sweet runners	Senior Masculino	03:00:29	+01:37:03	15:02
454	3263	carla azevedo	giras e boas	Senior Feminino	03:00:35	+01:37:09	15:03
455	3264	sofia martins	giras e boas	Senior Feminino	03:00:35	+01:37:09	15:03
456	3040	maria joão moreira	afrikan runners	Senior Feminino	03:00:45	+01:37:19	15:04
457	3044	Sofia Moreira	afrikan runners	Senior Feminino	03:00:58	+01:37:32	15:05
458	3621	Alexandre Teles	individual	Senior Masculino	03:01:10	+01:37:44	15:06
459	3600	Susana patricia Castro	individual	Senior Feminino	03:01:12	+01:37:46	15:06
460	1411	Adelino Jesus Cunha Lopes Videira	individual	Senior Masculino	03:01:17	+01:37:51	15:06
461	3117	Luís Filipe Dias Ribeiro	código musical	Senior Masculino	03:01:17	+01:37:51	15:06
462	2190	Ana Paula P. Ferreira	team @venida	Veterana F40	03:02:04	+01:38:38	15:10
463	3737	Pedro Miguel Cristóvão Próspero	individual	Senior Masculino	03:02:33	+01:39:07	15:13
464	3428	Isabel Susana da Silva Moreira Próspero	individual	Senior Feminino	03:02:33	+01:39:07	15:13
465	3877	Beatriz Rodrigues	not run alone	Senior Feminino	03:02:37	+01:39:11	15:13
466	3779	MARIA FÁTIMA PEREIRA SOUSA	kunalama adportela rotaromânico btt	Senior Feminino	03:02:38	+01:39:12	15:13
467	3475	Maria Augusta Pereira Sousa	individual	Senior Feminino	03:02:38	+01:39:12	15:13
468	3230	Ana Neves	funky runners	Senior Feminino	03:02:44	+01:39:18	15:14
469	3235	Mafalda Duarte	funky runners	Senior Feminino	03:02:44	+01:39:18	15:14
470	3463	Magda Cardoso	individual	Senior Feminino	03:02:45	+01:39:19	15:14
471	3208	Eunice Silva Valente Leal	fantastic four	Senior Feminino	03:02:45	+01:39:19	15:14
472	3874	TIAGO BARROS	nocturnos de paredes	Senior Masculino	03:02:52	+01:39:26	15:14
473	3109	João Couto	clube do pessoal edp - delegação de gaia	Senior Masculino	03:02:59	+01:39:33	15:15
474	3108	Anabela Lemos	clube do pessoal edp - delegação de gaia	Senior Feminino	03:03:03	+01:39:37	15:15
475	3870	JOAQUIM SANTOS	nocturnos de paredes	Senior Masculino	03:03:05	+01:39:39	15:15
476	3857	SUSANA BARROS	nocturnos de paredes	Senior Feminino	03:03:06	+01:39:40	15:16
477	3449	Liliana Brandão	individual	Senior Feminino	03:03:38	+01:40:12	15:18
478	3090	Filipe Silva	caderneta de cromos	Senior Masculino	03:03:43	+01:40:17	15:19
479	3089	Cátia Francisco	caderneta de cromos	Senior Feminino	03:03:44	+01:40:18	15:19
480	3565	Sílvia Liliana Ferreira Ribeiro	individual	Senior Feminino	03:03:48	+01:40:22	15:19
481	3485	Maria Elisabete Barbosa Ferreira	individual	Senior Feminino	03:03:51	+01:40:25	15:19
482	3879	Maria Sameiro Morais	not run alone	Senior Feminino	03:04:10	+01:40:44	15:21
483	1677	Emilia Maria Nogueira Rodrigues	individual	Veterana F40	03:04:18	+01:40:52	15:22
484	1840	Tomas Alberto de Sousa Ferreira	individual	Veterano M40	03:04:18	+01:40:52	15:22
485	1738	Bruno Filipe Fernandes Rodrigues	individual	Veterano M40	03:04:20	+01:40:54	15:22
486	4053	Domingos Freitas	sweet runners	Senior Masculino	03:04:31	+01:41:05	15:23
487	3910	carina sequeira	pernetas	Senior Feminino	03:04:32	+01:41:06	15:23
488	3605	Tânia Alves	individual	Senior Feminino	03:04:48	+01:41:22	15:24
489	1673	Bernardina de Jesus Nogueira Rodrigues	individual	Veterana F40	03:05:19	+01:41:53	15:27

CORRIDA CAMINHADA 12K - STAGE 1 — 12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
490	3450	Liliana Campos	individual	Senior Feminino	03:06:17	+01:42:51	15:31
491	4026	Helena Abeu	sweet runners	Senior Feminino	03:06:29	+01:43:03	15:32
492	4049	Teresa Carvalho	sweet runners	Senior Feminino	03:06:30	+01:43:04	15:32
493	4067	Sara Carneiro	tangerinas	Senior Feminino	03:06:32	+01:43:06	15:33
494	3515	Marta isabel Lopes silva	individual	Senior Feminino	03:06:50	+01:43:24	15:34
495	3604	Susete Barbosa	individual	Senior Feminino	03:06:50	+01:43:24	15:34
496	3372	Cristina Fernanda Ferreira Neto	individual	Senior Feminino	03:06:51	+01:43:25	15:34
497	3412	Idalina Fernandes	individual	Senior Feminino	03:06:51	+01:43:25	15:34
498	4013	Raquel Rodriguez	step by step team	Senior Feminino	03:06:53	+01:43:27	15:34
499	4078	Paula Maia	team duas faces	Senior Feminino	03:07:21	+01:43:55	15:37
500	4074	Fátima Silva	team duas faces	Senior Feminino	03:07:28	+01:44:02	15:37
501	4080	Raquel Garcia	team duas faces	Senior Feminino	03:07:28	+01:44:02	15:37
502	1806	Oscar Luis Oliveira Novais	individual	Veterano M40	03:08:05	+01:44:39	15:40
503	3584	Susana Cristina Sousa	individual	Senior Feminino	03:08:09	+01:44:43	15:41
504	3694	Jose Maria Gaspar Garcez	individual	Senior Masculino	03:08:13	+01:44:47	15:41
505	3361	Celina Gomes Pacheco	individual	Senior Feminino	03:09:11	+01:45:45	15:46
506	3478	Maria de Fátima de Sousa Ribeiro	individual	Senior Feminino	03:09:11	+01:45:45	15:46
507	3744	Rafael Gomes Pacheco	individual	Senior Masculino	03:09:12	+01:45:46	15:46
508	3487	Maria Fátima Marques Alves	individual	Senior Feminino	03:10:21	+01:46:55	15:52
509	4062	Filipa Costa	tangerinas	Senior Feminino	03:10:54	+01:47:28	15:54
510	3982	Cláudia Frade	solmaia runners	Senior Feminino	03:10:55	+01:47:29	15:55
511	3994	Rita Gonçalves	solmaia runners	Senior Feminino	03:10:55	+01:47:29	15:55
512	3407	Goretti lima	individual	Senior Feminino	03:10:56	+01:47:30	15:55
513	3118	Luis Manuel Santos Gonçalves	código musical	Senior Masculino	03:10:58	+01:47:32	15:55
514	3953	Angelo Almeida Nunes	sai da frente	Senior Masculino	03:10:58	+01:47:32	15:55
515	3950	Ana Sofia Félix da Silva Durães	sai da frente	Senior Feminino	03:10:58	+01:47:32	15:55
516	3951	Carla Nunes	sai da frente	Senior Feminino	03:10:58	+01:47:32	15:55
517	3954	Carlos Carvalho	sai da frente	Senior Masculino	03:10:58	+01:47:32	15:55
518	4059	Manuel Barbosa	sweet runners	Senior Masculino	03:11:03	+01:47:37	15:55
519	3759	Rui Merino	individual	Senior Masculino	03:11:20	+01:47:54	15:57
520	3488	Maria Fátima Rocha	individual	Senior Feminino	03:11:20	+01:47:54	15:57
521	3236	Patricia Granja	funky runners	Senior Feminino	03:11:26	+01:48:00	15:57
522	3231	Ana Paiva	funky runners	Senior Feminino	03:11:26	+01:48:00	15:57
523	3533	Paula Alexandra Porto Maia Torres	individual	Senior Feminino	03:11:58	+01:48:32	16:00
524	3560	Sara Teixeira	individual	Senior Feminino	03:11:59	+01:48:33	16:00
525	3382	Diana Arminda Moreira da Silva	individual	Senior Feminino	03:12:01	+01:48:35	16:00
526	3846	MARISA GOÇALVES	nocturnos de paredes	Senior Feminino	03:12:09	+01:48:43	16:01
527	1784	Luis Leitão	individual	Veterano M40	03:12:12	+01:48:46	16:01
528	4161	Luis Pedro Moreira e Silva	individual	Senior Masculino	03:12:55	+01:49:29	16:05
529	3796	Ana Trindade	liketomove.com	Senior Feminino	03:13:07	+01:49:41	16:06
530	3797	Paula Costa Soares	liketomove.com	Senior Feminino	03:13:07	+01:49:41	16:06
531	3548	Rosário Cunha	individual	Senior Feminino	03:13:07	+01:49:41	16:06
532	3552	Sandra Cristina Ribeiro da Silva	individual	Senior Feminino	03:13:21	+01:49:55	16:07
533	3927	Joana Filipa de Sousa Pinto	rompe solas	Senior Feminino	03:13:21	+01:49:55	16:07
534	3628	António Bogado	individual	Senior Masculino	03:13:33	+01:50:07	16:08
535	3963	Verónica Vilma dos Santos Sousa	shark tale	Senior Feminino	03:13:33	+01:50:07	16:08

CORRIDA CAMINHADA 12K - STAGE 1 — 12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
536	3964	Fernando Jorge Moreira Magalhães	shark tale	Senior Masculino	03:13:33	+01:50:07	16:08
537	3962	Ana Carolina Coelho	shark tale	Senior Feminino	03:13:43	+01:50:17	16:09
538	3824	MARIA ROSA SILVA PEREIRA COSTA	moreira relax runners	Senior Feminino	03:14:04	+01:50:38	16:10
539	3083	Sónia Forte	budeguita runners	Senior Feminino	03:14:05	+01:50:39	16:10
540	1076	Ana Forte	budeguita runners	Senior Feminino	03:14:06	+01:50:40	16:10
541	3459	Mª Cândida Moreira da Silva Ramos Seabra	individual	Senior Feminino	03:14:08	+01:50:42	16:11
542	3537	Paula Oliveira	individual	Senior Feminino	03:14:09	+01:50:43	16:11
543	3398	Fátima Barbosa	individual	Senior Feminino	03:15:01	+01:51:35	16:15
544	3782	Inês Catarina Sousa Rocha	kunochão	Senior Feminino	03:15:02	+01:51:36	16:15
545	3783	Isabel Maria Sousa Moreira	kunochão	Senior Feminino	03:15:03	+01:51:37	16:15
546	3784	Paula Cristina LOurenço Freitas	kunochão	Senior Feminino	03:15:04	+01:51:38	16:15
547	3781	Carla Manuela Camilo Sousa	kunochão	Senior Feminino	03:15:04	+01:51:38	16:15
548	3786	Pedro Miguel Soares Neves	kunochão	Senior Masculino	03:15:04	+01:51:38	16:15
549	4126	Jorge Manuel Ferreira	thunder team	Senior Masculino	03:15:12	+01:51:46	16:16
550	4127	Marco Monteiro	thunder team	Senior Masculino	03:15:12	+01:51:46	16:16
551	4119	Ângela Ferreira	thunder team	Senior Feminino	03:15:14	+01:51:48	16:16
552	3613	Vânia Soares	individual	Senior Feminino	03:15:20	+01:51:54	16:17
553	3281	Adriana Duarte	individual	Senior Feminino	03:15:20	+01:51:54	16:17
554	3686	Jorge Silva	individual	Senior Masculino	03:15:20	+01:51:54	16:17
555	3174	vivalda mouta	ermidafit runners	Senior Feminino	03:15:47	+01:52:21	16:19
556	3173	tania magalhaes	ermidafit runners	Senior Feminino	03:15:47	+01:52:21	16:19
557	3417	Inês Vilela	individual	Senior Feminino	03:16:00	+01:52:34	16:20
558	3568	silvina gama	individual	Senior Feminino	03:16:06	+01:52:40	16:20
559	3853	SALOME GOMES	nocturnos de paredes	Senior Feminino	03:16:21	+01:52:55	16:22
560	1321	Bárbara Neto	individual	Senior Feminino	03:16:23	+01:52:57	16:22
561	3518	Marta Oliveira	individual	Senior Feminino	03:16:55	+01:53:29	16:25
562	3672	João Martins	individual	Senior Masculino	03:16:58	+01:53:32	16:25
563	3880	Rosinda Macedo	os caga tacos running team	Senior Feminino	03:17:04	+01:53:38	16:25
564	3881	António Macedo	os caga tacos running team	Senior Masculino	03:17:05	+01:53:39	16:25
565	3516	Marta Lima	individual	Senior Feminino	03:17:12	+01:53:46	16:26
566	3332	augusta martins	individual	Senior Feminino	03:17:12	+01:53:46	16:26
567	3334	AURORA MORAIS	individual	Senior Feminino	03:17:13	+01:53:47	16:26
568	3311	Ana Pinheiro	individual	Senior Feminino	03:17:14	+01:53:48	16:26
569	3725	Nuno Moreira	individual	Senior Masculino	03:17:15	+01:53:49	16:26
570	2138	Elisabete Melo	soldado desconhecido	Veterana F40	03:17:52	+01:54:26	16:29
571	2139	Paulo Melo	soldado desconhecido	Veterano M40	03:17:53	+01:54:27	16:29
572	3900	Eliseu Lopes	os penduras	Senior Masculino	03:18:58	+01:55:32	16:35
573	3468	Márcia Patricia Lopes Moreira	individual	Senior Feminino	03:19:05	+01:55:39	16:35
574	3967	Paulo Miguel Areal de Sousa	shark tale	Senior Masculino	03:19:20	+01:55:54	16:37
575	3290	Amelia Cardoso	individual	Senior Feminino	03:19:43	+01:56:17	16:39
576	3319	Ana Silva	individual	Senior Feminino	03:19:45	+01:56:19	16:39
577	3746	Ricardo Barbosa	individual	Senior Masculino	03:19:45	+01:56:19	16:39
578	3707	Manuel Joaquim Moreira Soares	individual	Senior Masculino	03:19:46	+01:56:20	16:39
579	3753	Rolando Adolfo Andrade Almeida	individual	Senior Masculino	03:19:46	+01:56:20	16:39
580	3484	Maria Dulce Silva Pereira	individual	Senior Feminino	03:19:46	+01:56:20	16:39

CORRIDA CAMINHADA 12K - STAGE 1 — 12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
581	3646	Daniel Sousa	individual	Senior Masculino	03:19:47	+01:56:21	16:39
582	3467	marcia lopes	individual	Senior Feminino	03:19:53	+01:56:27	16:39
583	3647	Diogo Jorge Oliveira Ramalhão	individual	Senior Masculino	03:19:53	+01:56:27	16:39
584	3193	Cristina Gonçalves	falta muito?	Senior Feminino	03:19:53	+01:56:27	16:39
585	3189	Isabel Pinto	eu+ ginásio | lma	Senior Feminino	03:20:18	+01:56:52	16:42
586	3929	Joana Barbosa	run4all	Senior Feminino	03:20:40	+01:57:14	16:43
587	3931	Lara Andrade	run4all	Senior Feminino	03:20:40	+01:57:14	16:43
588	3578	Sonia Silva	individual	Senior Feminino	03:20:46	+01:57:20	16:44
589	3627	Antonio Barbosa	individual	Senior Masculino	03:20:46	+01:57:20	16:44
590	3577	Sónia Raquel Ferras Silva	individual	Senior Feminino	03:20:59	+01:57:33	16:45
591	3882	Alexandra Sofia Duarte Caldeira	os caldeiras	Senior Feminino	03:21:05	+01:57:39	16:45
592	3884	Jorge Armando de Almeida Caldeira	os caldeiras	Senior Masculino	03:21:05	+01:57:39	16:45
593	3356	celia carvalho	individual	Senior Feminino	03:21:17	+01:57:51	16:46
594	3608	Teresa Montenegro	individual	Senior Feminino	03:21:42	+01:58:16	16:48
595	3400	Fátima Susana Gomes Recarei Azevedo de Carvalho	individual	Senior Feminino	03:21:42	+01:58:16	16:49
596	3363	CELSA MOREIRA DO ESPIRITO SANTO	individual	Senior Feminino	03:21:50	+01:58:24	16:49
597	1404	Tania Isabel Nogueira Rebelo	individual	Senior Feminino	03:21:52	+01:58:26	16:49
598	3315	Ana Rita VRimo Ferreira Oliveira	individual	Senior Feminino	03:21:56	+01:58:30	16:50
599	3595	Susana Maria Ferreira de Oliveira	individual	Senior Feminino	03:21:57	+01:58:31	16:50
600	4057	Lionel Ribeiro	sweet runners	Senior Masculino	03:22:09	+01:58:43	16:51
601	4155	Cristiana Marina Soares Barbosa Pinto do Couto	individual	Senior Feminino	03:22:09	+01:58:43	16:51
602	3742	Pedro Vieira	individual	Senior Masculino	03:22:45	+01:59:19	16:54
603	3757	Rui Fonseca	individual	Senior Masculino	03:22:45	+01:59:19	16:54
604	3377	Daniela Lopes	individual	Senior Feminino	03:22:46	+01:59:20	16:54
605	3248	Nuno Almeida	gaia-running	Senior Masculino	03:22:46	+01:59:20	16:54
606	3615	vera lucia moreira bessa	individual	Senior Feminino	03:22:59	+01:59:33	16:55
607	3639	carlos manuel pinto moreira	individual	Senior Masculino	03:22:59	+01:59:33	16:55
608	4038	Marta Fonseca	sweet runners	Senior Feminino	03:23:00	+01:59:34	16:55
609	4017	Ana Rita Ribeiro	sweet runners	Senior Feminino	03:23:00	+01:59:34	16:55
610	3794	Carlos Manuel da Fonseca Leão	lagaresport	Senior Masculino	03:23:01	+01:59:35	16:55
611	3349	Carla Susana Ferreira Pinto	individual	Senior Feminino	03:23:04	+01:59:38	16:55
612	3569	Silvina Mota	individual	Senior Feminino	03:23:04	+01:59:38	16:55
613	3426	ISABEL REBELO	individual	Senior Feminino	03:23:14	+01:59:48	16:56
614	3730	PAULA SOUSA	individual	Senior Masculino	03:23:15	+01:59:49	16:56
615	3296	Ana Ferro	individual	Senior Feminino	03:23:18	+01:59:52	16:57
616	3553	Sandra Daniela Ferreira Pinto da Costa	individual	Senior Feminino	03:23:19	+01:59:53	16:57
617	3558	Sara Marisa Pinto Ribeiro	individual	Senior Feminino	03:23:27	+02:00:01	16:57
618	3186	Carla Costa	eu+ ginásio | lma	Senior Feminino	03:23:31	+02:00:05	16:58
619	3369	Cláudia Isabel Pinto Gonçalves	individual	Senior Feminino	03:23:54	+02:00:28	17:00
620	3869	JACINTO GOMES	nocturnos de paredes	Senior Masculino	03:23:55	+02:00:29	17:00
621	3423	Isabel Maria Pinto Lopes	individual	Senior Feminino	03:23:55	+02:00:29	17:00
622	3791	Luzia da Conceição Sousa Azevedo	lagaresport	Senior Feminino	03:23:56	+02:00:30	17:00

CORRIDA CAMINHADA 12K - STAGE 1 12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
623	3666	Hugo Alexandre Teixeira Gaspar	individual	Senior Masculino	03:23:56	+02:00:30	17:00
624	4033	Maria Alzira Silva	sweet runners	Senior Feminino	03:24:56	+02:01:30	17:05
625	4037	Marina Pinheiro	sweet runners	Senior Feminino	03:24:57	+02:01:31	17:05
626	4029	Irene Bento	sweet runners	Senior Feminino	03:24:57	+02:01:31	17:05
627	3662	Helder Eduardo Martins Coelho	individual	Senior Masculino	03:25:03	+02:01:37	17:05
628	3348	carla susana durães ferreira	individual	Senior Feminino	03:25:03	+02:01:37	17:05
629	3433	Joana Barbosa	individual	Senior Feminino	03:25:29	+02:02:03	17:07
630	3544	Rosa Maria Castro Moreira	individual	Senior Feminino	03:26:30	+02:03:04	17:12
631	3213	Gustavo Filipe Macedo da Rocha	fast ao km- prr/health&nutrition	Senior Masculino	03:27:18	+02:03:52	17:17
632	4099	Maria Almeida	team idealkorpus	Senior Feminino	03:27:26	+02:04:00	17:17
633	4096	Isabel Delgado	team idealkorpus	Senior Feminino	03:27:26	+02:04:00	17:17
634	3212	Paula Cristina Mesquita Macedo da Rocha	fast ao km- prr/health&nutrition	Senior Feminino	03:27:30	+02:04:04	17:18
635	3271	Ana Ribeiro	gosto de trail	Senior Masculino	03:27:53	+02:04:27	17:19
636	3354	Cátia Soraia Dias Pinto	individual	Senior Feminino	03:27:53	+02:04:27	17:19
637	3272	Margarida Moreira	gosto de trail	Senior Masculino	03:27:53	+02:04:27	17:19
638	3347	Carla Sofia da Rocha Dias	individual	Senior Feminino	03:27:53	+02:04:27	17:19
639	3273	Vasco Lucena	gosto de trail	Senior Masculino	03:27:54	+02:04:28	17:20
640	1365	marta martins	individual	Senior Feminino	03:27:57	+02:04:31	17:20
641	3602	Susana Ribeiro	individual	Senior Feminino	03:27:58	+02:04:32	17:20
642	3761	Rui Ribeiro	individual	Senior Masculino	03:27:58	+02:04:32	17:20
643	3652	Fernando Garces	individual	Senior Masculino	03:28:08	+02:04:42	17:21
644	3564	Silvia Ferreira	individual	Senior Feminino	03:28:08	+02:04:42	17:21
645	3184	Tomás Cardoso Costa	esinval	Senior Masculino	03:28:12	+02:04:46	17:21
646	3183	José Fernando Queiros Costa	esinval	Senior Masculino	03:28:12	+02:04:46	17:21
647	3309	Ana Paula Soares Freitas	individual	Senior Feminino	03:28:36	+02:05:10	17:23
648	3774	Vitor Emanuel de Sousa Ribeiro	individual	Senior Masculino	03:28:37	+02:05:11	17:23
649	3386	Dulce Fernandes	individual	Senior Feminino	03:29:21	+02:05:55	17:27
650	3766	Sérgio Rodrigues	individual	Senior Masculino	03:29:26	+02:06:00	17:27
651	3379	daniela rodrigues	individual	Senior Feminino	03:29:26	+02:06:00	17:27
652	3187	Catarina Preto	eu+ ginásio | lma	Senior Feminino	03:29:29	+02:06:03	17:27
653	3253	Paula Rodrigues	gente do norte	Senior Feminino	03:29:48	+02:06:22	17:29
654	3254	Rita Rocha	gente do norte	Senior Feminino	03:29:48	+02:06:22	17:29
655	3252	Marlene Andrade	gente do norte	Senior Feminino	03:29:48	+02:06:22	17:29
656	3250	Luz Mendes	gente do norte	Senior Feminino	03:29:49	+02:06:23	17:29
657	3255	Rui Mendes	gente do norte	Senior Masculino	03:29:49	+02:06:23	17:29
658	2028	pedro brizido	pipb	Veterano M40	03:29:50	+02:06:24	17:29
659	3251	Maria Rosa Taipa	gente do norte	Senior Feminino	03:29:52	+02:06:26	17:29
660	3788	Patrícia Carvalho	la zinco	Senior Feminino	03:29:53	+02:06:27	17:29
661	3831	ANA P.DIAS	nocturnos de paredes	Senior Feminino	03:30:20	+02:06:54	17:32
662	3833	CARINA ALMEIDA	nocturnos de paredes	Senior Feminino	03:30:20	+02:06:54	17:32
663	3841	LILIANA COELHO	nocturnos de paredes	Senior Feminino	03:30:20	+02:06:54	17:32
664	3983	Conceição Martins	solmaia runners	Senior Feminino	03:30:34	+02:07:08	17:33
665	3977	Ana Mota	solmaia runners	Senior Feminino	03:30:34	+02:07:08	17:33
666	3978	Ana Silva	solmaia runners	Senior Feminino	03:30:34	+02:07:08	17:33
667	3997	Sandra Santos	solmaia runners	Senior Feminino	03:30:34	+02:07:08	17:33

CORRIDA CAMINHADA 12K - STAGE 1 — 12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
668	3985	Diana Pereira	solmaia runners	Senior Feminino	03:30:35	+02:07:09	17:33
669	3979	Carla Morais	solmaia runners	Senior Feminino	03:30:36	+02:07:10	17:33
670	4162	Luis Baldemar Ribeiro da Silva	individual	Senior Masculino	03:30:44	+02:07:18	17:34
671	3168	isabel araujo	ermidafit runners	Senior Feminino	03:30:56	+02:07:30	17:35
672	3170	marisa dias	ermidafit runners	Senior Feminino	03:30:56	+02:07:30	17:35
673	3169	manuela dias	ermidafit runners	Senior Feminino	03:30:56	+02:07:30	17:35
674	3126	Rui Miguel Coelho monteiro	coelho bravo	Senior Masculino	03:31:07	+02:07:41	17:36
675	3191	Ismael Andrade	eu+ ginásio | lma	Senior Masculino	03:31:07	+02:07:41	17:36
676	3190	Joana Andrade	eu+ ginásio | lma	Senior Feminino	03:31:08	+02:07:42	17:36
677	3125	Eliana Anderia Miranda de Sousa	coelho bravo	Senior Masculino	03:31:08	+02:07:42	17:36
678	3532	Patricia Isabel Leal Moreira	individual	Senior Feminino	03:31:42	+02:08:16	17:39
679	3359	Célia Rocha	individual	Senior Feminino	03:31:43	+02:08:17	17:39
680	1951	David Morais	oralklass-aliança-amigos do trail	Senior Masculino	03:31:44	+02:08:18	17:39
681	1967	Pedro Seixas	oralklass-aliança-amigos do trail	Veterano M40	03:31:44	+02:08:18	17:39
682	4121	Mariana Andrade	thunder team	Senior Feminino	03:31:58	+02:08:32	17:40
683	4123	Rosa Branca Andrade	thunder team	Senior Feminino	03:32:18	+02:08:52	17:42
684	3665	HELDER VIEIRA MOREIRA	individual	Senior Masculino	03:32:19	+02:08:53	17:42
685	3494	MARIA ISABEL DE SOUSA GONÇALVES	individual	Senior Feminino	03:32:19	+02:08:53	17:42
686	3114	David Joaquim Rodrigues Ferreira	código musical	Senior Masculino	03:32:37	+02:09:11	17:43
687	3112	Helena Isabel Gonçalves Ferreira	código musical	Senior Feminino	03:32:38	+02:09:12	17:43
688	3111	Ana Torres	código musical	Senior Feminino	03:32:38	+02:09:12	17:43
689	3119	Luis Miguel Rodrigues Carvalho	código musical	Senior Masculino	03:32:39	+02:09:13	17:43
690	3699	julio borges	individual	Senior Masculino	03:32:59	+02:09:33	17:45
691	3828	ALDINA GOMES	nocturnos de paredes	Senior Feminino	03:33:03	+02:09:37	17:45
692	3624	André Alexandre de Sousa Bessa	individual	Senior Masculino	03:33:04	+02:09:38	17:45
693	3381	Delfina Pereira	individual	Senior Feminino	03:33:11	+02:09:45	17:46
694	3873	MIGUEL MOREIRA	nocturnos de paredes	Senior Masculino	03:33:16	+02:09:50	17:46
695	3836	ISABEL MOREIRA	nocturnos de paredes	Senior Feminino	03:33:16	+02:09:50	17:46
696	3249	Cristina Silva	gente do norte	Senior Feminino	03:33:37	+02:10:11	17:48
697	3501	Maria josé Teixeira Duraes	individual	Senior Feminino	03:33:41	+02:10:15	17:48
698	4130	M ALICE COSTA	tou que nem posso	Senior Feminino	03:33:52	+02:10:26	17:49
699	3585	Susana Cristina Sousa Moreira	individual	Senior Feminino	03:33:54	+02:10:28	17:50
700	3325	Anabela Rocha Moreira	individual	Senior Feminino	03:33:56	+02:10:30	17:50
701	3611	Vania Carla Sousa Matos	individual	Senior Feminino	03:33:56	+02:10:30	17:50
702	3771	Tiago Barbosa da Cunha	individual	Senior Masculino	03:34:10	+02:10:44	17:51
703	3343	Carla Manuela Vieira Pinheiro	individual	Senior Feminino	03:34:21	+02:10:55	17:52
704	3160	Micaela Sabina Moreira Santos	equipotência	Senior Feminino	03:35:34	+02:12:08	17:58
705	3161	Susana Filipa Ferreira Taipa	equipotência	Senior Feminino	03:35:34	+02:12:08	17:58
706	1925	ACACIO TEIXEIRA	nocturnos de paredes	Veterano M40	03:35:37	+02:12:11	17:58
707	1578	NUNO MATOS	individual	Senior Masculino	03:35:37	+02:12:11	17:58
708	3158	Ana Moreira	equipotência	Senior Feminino	03:35:53	+02:12:27	17:59
709	3159	Cristina Meireles	equipotência	Senior Feminino	03:35:54	+02:12:28	17:59
710	4065	Patricia Duarte	tangerinas	Senior Feminino	03:36:21	+02:12:55	18:02
711	3832	ANGELA SILVA	nocturnos de paredes	Senior Feminino	03:36:57	+02:13:31	18:05
712	4056	Jorge Augusto Silva	sweet runners	Senior Masculino	03:37:15	+02:13:49	18:06

CORRIDA CAMINHADA 12K - STAGE 1 — 12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
713	3308	Ana Paula Santos	individual	Senior Feminino	03:37:26	+02:14:00	18:07
714	3473	Maria Amélia Oliveira Silva	individual	Senior Feminino	03:37:26	+02:14:00	18:07
715	3718	MIGUEL PINTO	individual	Senior Masculino	03:37:48	+02:14:22	18:09
716	3341	Carina MAria Gonçalves Sousa	individual	Senior Feminino	03:37:50	+02:14:24	18:09
717	3793	Rosa Manuela Sousa Azevedo	lagaresport	Senior Feminino	03:37:51	+02:14:25	18:09
718	3471	MARIA ALICE VIEIRA PINTO	individual	Senior Feminino	03:37:52	+02:14:26	18:09
719	3466	Márcia do Rosário da Silva Oliveira	individual	Senior Feminino	03:37:53	+02:14:27	18:09
720	3609	Teresa Raquel da Silva Oliveira	individual	Senior Feminino	03:37:53	+02:14:27	18:09
721	3521	MAVI GONÇALVES	individual	Senior Feminino	03:38:20	+02:14:54	18:12
722	3352	CATARINA MONTEIRO	individual	Senior Feminino	03:38:43	+02:15:17	18:14
723	3637	Carlos José Barbosa Vieira	individual	Senior Masculino	03:39:09	+02:15:43	18:16
724	4043	Patricia Andreia Soares da Rocha	sweet runners	Senior Feminino	03:39:39	+02:16:13	18:18
725	4018	Carla Sousa	sweet runners	Senior Feminino	03:39:39	+02:16:13	18:18
726	3020	Maria Ferreira	aerodance trail running	Senior Feminino	03:40:25	+02:16:59	18:22
727	3017	Liliana Cerqueira	aerodance trail running	Senior Feminino	03:40:25	+02:16:59	18:22
728	3026	Rosalina Pedroso	aerodance trail running	Senior Feminino	03:40:25	+02:16:59	18:22
729	3025	Rosa Maria Costa	aerodance trail running	Senior Feminino	03:40:25	+02:16:59	18:22
730	3028	Adão Ferreira	aerodance trail running	Senior Masculino	03:40:27	+02:17:01	18:22
731	3765	Sérgio Marco Moreira Lavrador	individual	Senior Masculino	03:40:33	+02:17:07	18:23
732	3350	Catarina Lucas	individual	Senior Feminino	03:40:35	+02:17:09	18:23
733	3768	Sérgio Sousa	individual	Senior Masculino	03:40:35	+02:17:09	18:23
734	3630	Antonio Pedroso	individual	Senior Masculino	03:40:36	+02:17:10	18:23
735	3022	Marina Pereira	aerodance trail running	Senior Feminino	03:40:48	+02:17:22	18:24
736	3036	Sérgio Pereira	aerodance trail running	Senior Masculino	03:40:49	+02:17:23	18:24
737	3680	Joaquim Moreira Morais	individual	Senior Masculino	03:41:44	+02:18:18	18:29
738	3795	Alexandra Ribeiro	liketomove.com	Senior Feminino	03:42:01	+02:18:35	18:30
739	3039	Carina Moreira	afrikan runners	Senior Feminino	03:42:01	+02:18:35	18:30
740	3038	Ariana Martins	afrikan runners	Senior Feminino	03:42:01	+02:18:35	18:30
741	4008	Luís Dias	solmaia runners	Senior Masculino	03:42:03	+02:18:37	18:30
742	3987	Helena Lopes	solmaia runners	Senior Feminino	03:42:04	+02:18:38	18:30
743	3993	Paula Campos	solmaia runners	Senior Feminino	03:42:04	+02:18:38	18:30
744	3644	Daniel Jesus Magalhaes	individual	Senior Masculino	03:42:07	+02:18:41	18:31
745	3767	Sergio Rui Ferreira Sousa	individual	Senior Masculino	03:42:08	+02:18:42	18:31
746	3452	Liliana Patricia Ferreira Amarante	individual	Senior Feminino	03:42:10	+02:18:44	18:31
747	3085	Ana Ferreira	byl! beat your limit!	Senior Feminino	03:42:25	+02:18:59	18:32
748	3480	Maria de Fátima Silva Teixeira	individual	Senior Feminino	03:42:47	+02:19:21	18:34
749	3289	Amália Maria Miranda Ferreira dos Santos	individual	Senior Feminino	03:42:48	+02:19:22	18:34
750	3479	MARIA DE FATIMA OLIVEIRA SILVA	individual	Senior Feminino	03:42:52	+02:19:26	18:34
751	3227	Alexandra Benedita Azevedo Loureiro Carvalho Graça	fox	Senior Feminino	03:43:15	+02:19:49	18:36
752	3695	jose morais	individual	Senior Masculino	03:43:29	+02:20:03	18:37
753	3542	Raquel Ramos Vilaça	individual	Senior Feminino	03:43:34	+02:20:08	18:38
754	3432	JOANA AMARO	individual	Senior Feminino	03:43:34	+02:20:08	18:38
755	3550	Sandra Carvalho	individual	Senior Feminino	03:43:36	+02:20:10	18:38
756	3527	Olena Myarkovska	individual	Senior Feminino	03:43:36	+02:20:10	18:38

CORRIDA CAMINHADA 12K - STAGE 1 — 12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
757	3507	Maria paula cabral	individual	Senior Feminino	03:43:36	+02:20:10	18:38
758	3660	Gonçalo Paixão	individual	Senior Masculino	03:43:38	+02:20:12	18:38
759	3520	Marta Ribeiro	individual	Senior Feminino	03:43:38	+02:20:12	18:38
760	3035	Rúben Costa	aerodance trail running	Senior Masculino	03:44:01	+02:20:35	18:40
761	3012	Cátia Ferreira	aerodance trail running	Senior Feminino	03:44:01	+02:20:35	18:40
762	3238	Sandra Almeida	funky runners	Senior Feminino	03:44:05	+02:20:39	18:40
763	3292	Ana Bárbara Valente de Castro	individual	Senior Feminino	03:44:13	+02:20:47	18:41
764	3405	Gisela de Oliveira Santiago	individual	Senior Feminino	03:44:14	+02:20:48	18:41
765	3969	Raquel Alexandra de Almeida Jesus	sharm el sheikh	Senior Feminino	03:44:14	+02:20:48	18:41
766	3968	Ana Patricia Pinto Oliveira	sharm el sheikh	Senior Feminino	03:44:18	+02:20:52	18:42
767	1426	Antonio Oliveira	individual	Senior Masculino	03:44:18	+02:20:52	18:42
768	3970	João Pedro Monteiro de Sousa	sharm el sheikh	Senior Masculino	03:44:22	+02:20:56	18:42
769	3971	Pedro Alexandre Moreira de Almeida	sharm el sheikh	Senior Masculino	03:44:22	+02:20:56	18:42
770	3497	Maria João Teixeira Rocha	individual	Senior Feminino	03:44:49	+02:21:23	18:44
771	3492	Maria Ferreira Nunes	individual	Senior Feminino	03:44:50	+02:21:24	18:44
772	3727	Nuno Santos Gonçalves	individual	Senior Masculino	03:44:53	+02:21:27	18:44
773	3526	Natalia Cecilia da Rocha Ferreira	individual	Senior Feminino	03:44:53	+02:21:27	18:44
774	3323	Anabela Ferreira Nogueira	individual	Senior Feminino	03:44:54	+02:21:28	18:44
775	3061	Isa Paula Tomé Mateus	arcorun	Senior Feminino	03:45:20	+02:21:54	18:47
776	3063	Rafaela Cerdeira Silva	arcorun	Senior Feminino	03:45:20	+02:21:54	18:47
777	3062	Marta Monteiro	arcorun	Senior Feminino	03:45:20	+02:21:54	18:47
778	3300	Ana Lúcia Teixeira Correia Vieira	individual	Senior Feminino	03:45:41	+02:22:15	18:48
779	3923	Natércia Flora Nunes	raposas do porto	Senior Feminino	03:46:51	+02:23:25	18:54
780	3606	Tânia Manuela Ferreira Rocha	individual	Senior Feminino	03:46:52	+02:23:26	18:54
781	3818	Ilidio Jose da Silva Meireles	meireles & cia.	Senior Masculino	03:47:18	+02:23:52	18:56
782	3817	Filipe Alexandre Pacheco Neto Duarte Geada	meireles & cia.	Senior Masculino	03:47:18	+02:23:52	18:57
783	3820	Jose Nuno Gomes Meireles	meireles & cia.	Senior Masculino	03:47:19	+02:23:53	18:57
784	3388	Elisa Lopes	individual	Senior Feminino	03:47:24	+02:23:58	18:57
785	3499	Maria José Neves	individual	Senior Feminino	03:47:27	+02:24:01	18:57
786	3743	PEDRO VIEIRA	individual	Senior Masculino	03:47:57	+02:24:31	19:00
787	3304	Ana Melo	individual	Senior Feminino	03:48:00	+02:24:34	19:00
788	3645	Daniel Soares	individual	Senior Masculino	03:48:00	+02:24:34	19:00
789	3082	Tiago Azevedo	bitrunners	Senior Masculino	03:48:08	+02:24:42	19:01
790	3638	Carlos Manuel da Rocha Gomes	individual	Senior Masculino	03:48:14	+02:24:48	19:01
791	3434	Joana Daniela Silva Pereira	individual	Senior Feminino	03:48:15	+02:24:49	19:01
792	3581	Susana Alexandra Vaz Santos Freitas	individual	Senior Feminino	03:48:27	+02:25:01	19:02
793	3563	Sílvia de Jesus Bessa Xavier	individual	Senior Feminino	03:48:27	+02:25:01	19:02
794	4089	Victor Moreira	team duas faces	Senior Masculino	03:48:28	+02:25:02	19:02
795	4082	Artur Salazar	team duas faces	Senior Masculino	03:48:30	+02:25:04	19:02
796	4072	Ascenção Barbosa	team duas faces	Senior Feminino	03:48:35	+02:25:09	19:03
797	4073	Claudia Ferreira	team duas faces	Senior Feminino	03:48:35	+02:25:09	19:03
798	3182	Célia Maria Cardoso Silva	esinval	Senior Feminino	03:48:36	+02:25:10	19:03
799	3928	José Fernando Bessa da Silva	rompe solas	Senior Masculino	03:48:42	+02:25:16	19:03

CORRIDA CAMINHADA 12K - STAGE 1 — 12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
800	3926	Ana Maria Caetano Rocha	rompe solas	Senior Feminino	03:48:42	+02:25:16	19:04
801	3397	Eva Natália Borges Oliveira	individual	Senior Feminino	03:49:01	+02:25:35	19:05
802	3654	Fernando Manuel Sousa Maduro	individual	Senior Masculino	03:49:02	+02:25:36	19:05
803	2300	Maria Sofia Arrepia Ferreira	individual	Senior Feminino	03:49:22	+02:25:56	19:07
804	2299	Helena Maria Carneiro Almeida Arrepia Ferreira	individual	Senior Feminino	03:49:22	+02:25:56	19:07
805	4024	Fernanda Rocha	sweet runners	Senior Feminino	03:49:23	+02:25:57	19:07
806	3583	Susana Carneiro	individual	Senior Feminino	03:49:37	+02:26:11	19:08
807	4039	Micaela Rodrigues	sweet runners	Senior Feminino	03:50:03	+02:26:37	19:10
808	3416	Ines Silva	individual	Senior Feminino	03:50:04	+02:26:38	19:10
809	3535	Paula cristina Catarino reis dos anjos	individual	Senior Feminino	03:50:04	+02:26:38	19:10
810	3486	Maria Emília da fonte	individual	Senior Feminino	03:50:05	+02:26:39	19:10
811	4040	Nicole Rodrigues	sweet runners	Senior Feminino	03:50:05	+02:26:39	19:10
812	4097	Marcia Bessa	team idealkorpus	Senior Feminino	03:50:27	+02:27:01	19:12
813	4093	Fabia Santos	team idealkorpus	Senior Feminino	03:50:28	+02:27:02	19:12
814	4090	Ana Bessa	team idealkorpus	Senior Feminino	03:50:29	+02:27:03	19:12
815	4064	Luisa Moreno	tangerinas	Senior Feminino	03:50:36	+02:27:10	19:13
816	4022	Deolinda Barros	sweet runners	Senior Feminino	03:50:55	+02:27:29	19:15
817	4027	Idalina Alves	sweet runners	Senior Feminino	03:50:56	+02:27:30	19:15
818	3390	Elisabete Maia	individual	Senior Feminino	03:50:57	+02:27:31	19:15
819	3762	Rui Teixeira	individual	Senior Masculino	03:50:57	+02:27:31	19:15
820	3429	Isabel Susano	individual	Senior Feminino	03:51:05	+02:27:39	19:15
821	3446	Lídia Vale	individual	Senior Feminino	03:51:05	+02:27:39	19:15
822	3464	Manuela Soares Silva	individual	Senior Feminino	03:51:40	+02:28:14	19:18
823	3562	Sílvia Coelho	individual	Senior Feminino	03:51:41	+02:28:15	19:18
824	3539	Paula Soares Silva	individual	Senior Feminino	03:51:41	+02:28:15	19:18
825	4063	Joana Ferreira	tangerinas	Senior Feminino	03:51:42	+02:28:16	19:18
826	4066	Paula Cardoso	tangerinas	Senior Feminino	03:51:42	+02:28:16	19:19
827	4129	EMILIA PEIXOTO	tou que nem posso	Senior Feminino	03:51:48	+02:28:22	19:19
828	4132	ISABEL LOPES	tou que nem posso	Senior Masculino	03:51:49	+02:28:23	19:19
829	4135	LUÍS PEIXOTO	tou que nem posso	Senior Masculino	03:51:49	+02:28:23	19:19
830	3811	Vanessa Barbosa	mankinhas	Senior Feminino	03:51:53	+02:28:27	19:19
831	3806	Carla Brinco	mankinhas	Senior Feminino	03:51:54	+02:28:28	19:20
832	1812	Paulo Jorge da Silva Costa	individual	Veterano M40	03:52:12	+02:28:46	19:21
833	3530	Olivia Coelho	individual	Senior Feminino	03:52:13	+02:28:47	19:21
834	3241	Susana Meireles	funky runners	Senior Feminino	03:52:17	+02:28:51	19:21
835	3244	Carlos Viana	funky runners	Senior Masculino	03:52:18	+02:28:52	19:21
836	3528	Olga Cristina Moreira Rodrigues	individual	Senior Feminino	03:52:19	+02:28:53	19:22
837	3715	Mário Emanuel Barbosa Ribeiro	individual	Senior Masculino	03:52:20	+02:28:54	19:22
838	3650	Fábio Rafael Machado Nogueira	individual	Senior Masculino	03:52:21	+02:28:55	19:22
839	3447	Lígia Maria Cepeda Machado	individual	Senior Feminino	03:52:21	+02:28:55	19:22
840	3940	RICARDO ALVES	run4fun	Senior Masculino	03:52:23	+02:28:57	19:22
841	3749	Ricardo Santos	individual	Senior Masculino	03:52:23	+02:28:57	19:22
842	3505	Maria Natividade Pereira Esteves	individual	Senior Feminino	03:52:44	+02:29:18	19:24
843	3368	Cláudia Cristina Casimiro Gomes	individual	Senior Feminino	03:52:45	+02:29:19	19:24
844	3895	Mariana Oliveira	os penduras	Senior Feminino	03:53:30	+02:30:04	19:28

CORRIDA CAMINHADA 12K - STAGE 1 — 12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
845	3894	Leonor Teixeira	os penduras	Senior Feminino	03:53:31	+02:30:05	19:28
846	3414	Ines LOBO Moreira	individual	Senior Feminino	03:53:47	+02:30:21	19:29
847	3545	Rosa Maria Santos Lobo Moreira	individual	Senior Feminino	03:53:47	+02:30:21	19:29
848	3439	Julia Maria dos Santos Lobo Goncalves Monteiro	individual	Senior Feminino	03:53:48	+02:30:22	19:29
849	4028	Inês Alves	sweet runners	Senior Feminino	03:53:53	+02:30:27	19:29
850	3918	Filipa Rocha	primus run	Senior Feminino	03:54:20	+02:30:54	19:32
851	3919	Isabel Nogueira	primus run	Senior Feminino	03:54:20	+02:30:54	19:32
852	3917	Carla Pacheco	primus run	Senior Feminino	03:54:21	+02:30:55	19:32
853	3019	Manuela Loureiro	aerodance trail running	Senior Feminino	03:54:21	+02:30:55	19:32
854	3016	Juliana Monteiro	aerodance trail running	Senior Feminino	03:54:22	+02:30:56	19:32
855	3867	FLAVIO AGUDO	nocturnos de paredes	Senior Masculino	03:54:22	+02:30:56	19:32
856	3013	Cristina Campos	aerodance trail running	Senior Feminino	03:54:22	+02:30:56	19:32
857	3597	SUSANA MARIA TENTÚGAL COSTA FERREIRA	individual	Senior Feminino	03:54:27	+02:31:01	19:32
858	3739	PEDRO NOEL REIMÃO TORRES INÁCIO	individual	Senior Masculino	03:54:27	+02:31:01	19:32
859	3010	Alexandra Samtos	aerodance trail running	Senior Feminino	03:54:34	+02:31:08	19:33
860	3015	Isabete Miranda	aerodance trail running	Senior Feminino	03:54:35	+02:31:09	19:33
861	3735	Pedro Miguel Barbosa Pinto Ramos	individual	Senior Masculino	03:54:59	+02:31:33	19:35
862	3599	Susana Monteiro Pinto	individual	Senior Feminino	03:55:12	+02:31:46	19:36
863	3961	Joana Filipa dos Santos Neto	sem medo nenhum.	Senior Feminino	03:55:31	+02:32:05	19:38
864	3959	Ana Rita Moreira Alves	sem medo nenhum.	Senior Feminino	03:55:31	+02:32:05	19:38
865	4016	Ana Leal	sweet runners	Senior Feminino	03:55:36	+02:32:10	19:38
866	3021	Maria João Mesquita	aerodance trail running	Senior Feminino	03:55:43	+02:32:17	19:39
867	3024	Rosa Castro	aerodance trail running	Senior Feminino	03:55:43	+02:32:17	19:39
868	3014	Irene Bastos	aerodance trail running	Senior Feminino	03:55:44	+02:32:18	19:39
869	3847	MARISA MOREIRA	nocturnos de paredes	Senior Feminino	03:56:09	+02:32:43	19:41
870	3864	DIOGO CASTRO	nocturnos de paredes	Senior Masculino	03:56:10	+02:32:44	19:41
871	3770	Tadeu de Jesus da Rocha Ferreira	individual	Senior Masculino	03:56:18	+02:32:52	19:42
872	3027	Susana Santos	aerodance trail running	Senior Feminino	03:56:25	+02:32:59	19:42
873	3018	Manuela Antunes	aerodance trail running	Senior Feminino	03:56:25	+02:32:59	19:42
874	3420	Isabel Cristina Freitas Marques	individual	Senior Feminino	03:56:28	+02:33:02	19:42
875	3938	MARTA PINHEIRO	run4fun	Senior Feminino	03:56:28	+02:33:02	19:42
876	3858	SUSANA MAGALHAES	nocturnos de paredes	Senior Feminino	03:56:45	+02:33:19	19:44
877	3103	Lucia Lemos	cds paredes	Senior Feminino	03:57:13	+02:33:47	19:46
878	3105	Suse Rocha	cds paredes	Senior Feminino	03:57:13	+02:33:47	19:46
879	3850	MONICA FERREIRA	nocturnos de paredes	Senior Feminino	03:57:32	+02:34:06	19:48
880	3854	SANDRA PINTO	nocturnos de paredes	Senior Feminino	03:57:33	+02:34:07	19:48
881	3673	João Miguel Pereira da Silva Lopes	individual	Senior Masculino	03:58:23	+02:34:57	19:52
882	3435	Joana Freitas	individual	Senior Feminino	03:58:23	+02:34:57	19:52
883	1379	sabrina katia pedone	individual	Senior Feminino	03:59:18	+02:35:52	19:57
884	4102	Maria Nunes	team idealkorpus	Senior Feminino	03:59:19	+02:35:53	19:57
885	3472	Maria Alzira Rocha Silva	individual	Senior Feminino	03:59:28	+02:36:02	19:57
886	3367	Cláudia Catarina Silva Pereira	individual	Senior Feminino	03:59:29	+02:36:03	19:57
887	1902	MARIANA PINTO	nocturnos de paredes	Senior Feminino	03:59:45	+02:36:19	19:59
888	3835	INES URBANO	nocturnos de paredes	Senior Feminino	03:59:45	+02:36:19	19:59

CORRIDA CAMINHADA 12K - STAGE 1 — 12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
889	3838	JOANA VILARINHO	nocturnos de paredes	Senior Feminino	03:59:48	+02:36:22	19:59
890	3451	Liliana Maria Almeida Borges	individual	Senior Feminino	03:59:50	+02:36:24	19:59
891	3827	Paulo Araújo	"não sei se aguento"	Senior Masculino	03:59:56	+02:36:30	20:00
892	3912	Fatima Lopes	pernetas	Senior Feminino	03:59:56	+02:36:30	20:00
893	3826	teresa sousa	"não sei se aguento"	Senior Feminino	03:59:57	+02:36:31	20:00
894	3911	Diana Caetano	pernetas	Senior Feminino	03:59:57	+02:36:31	20:00
895	3825	Florbela Santos	"não sei se aguento"	Senior Feminino	03:59:57	+02:36:31	20:00
896	3232	Carla Gomes	funky runners	Senior Feminino	04:01:30	+02:38:04	20:08
897	3240	Sónia Ferreirinha	funky runners	Senior Feminino	04:01:32	+02:38:06	20:08
898	3239	Sara Mota	funky runners	Senior Feminino	04:01:32	+02:38:06	20:08
899	3649	Fábio Daniel Alves Moura	individual	Senior Masculino	04:01:35	+02:38:09	20:08
900	3150	Raquel Daniela Lopes Vieira da Cruz	equipa ebc	Senior Feminino	04:01:35	+02:38:09	20:08
901	3157	Hugo Joaquim da Costa Santos	equipa ebc	Senior Masculino	04:02:07	+02:38:41	20:11
902	3156	Flávio Manuel Brito da Mota Soares	equipa ebc	Senior Masculino	04:02:07	+02:38:41	20:11
903	3147	Joana Margarida Fernandes Ribeiro da Silva	equipa ebc	Senior Feminino	04:02:08	+02:38:42	20:11
904	3148	Noémia Maria de Sousa Barbosa	equipa ebc	Senior Feminino	04:02:08	+02:38:42	20:11
905	3149	Raquel Andreia Ferreira da Rocha	equipa ebc	Senior Feminino	04:02:08	+02:38:42	20:11
906	3143	Fátima Cecília Pereira Barbosa	equipa ebc	Senior Feminino	04:02:09	+02:38:43	20:11
907	4106	Ana Sofia Cunha Ferreira	tecla 3 runners	Senior Feminino	04:02:21	+02:38:55	20:12
908	4111	Marta Filipa Gomes Vieira Ribeiro da Silva	tecla 3 runners	Senior Feminino	04:02:21	+02:38:55	20:12
909	4107	Ângela Sofia Monteiro Vieira	tecla 3 runners	Senior Feminino	04:02:23	+02:38:57	20:12
910	4108	Catarina Rocha	tecla 3 runners	Senior Feminino	04:02:23	+02:38:57	20:12
911	1905	ANTONIO BRITO	nocturnos de paredes	Senior Masculino	04:03:20	+02:39:54	20:17
912	3534	Paula Cardoso de Pinho	individual	Senior Feminino	04:03:44	+02:40:18	20:19
913	3360	Celia Soares Mauricio	individual	Senior Feminino	04:03:44	+02:40:18	20:19
914	3358	Célia Maria Teixeira dos Santos	individual	Senior Feminino	04:03:55	+02:40:29	20:20
915	3339	Candida. Alves	individual	Senior Feminino	04:03:55	+02:40:29	20:20
916	3587	Susana Fernandes	individual	Senior Feminino	04:03:55	+02:40:29	20:20
917	3696	José Pinto	individual	Senior Masculino	04:03:56	+02:40:30	20:20
918	4031	Joana Mota	sweet runners	Senior Feminino	04:04:40	+02:41:14	20:23
919	4058	Luis Silva	sweet runners	Senior Masculino	04:04:40	+02:41:14	20:23
920	2189	Alexandra Flor	team @venida	Veterana F40	04:04:48	+02:41:22	20:24
921	3003	Fatima Borges	@venida team	Senior Feminino	04:04:48	+02:41:22	20:24
922	3410	Helena da Conceição Sousa Silva	individual	Senior Feminino	04:05:08	+02:41:42	20:26
923	3720	Nelson Manuel Dias Gomes	individual	Senior Masculino	04:05:09	+02:41:43	20:26
924	3513	Marlene Dias Gonçalves	individual	Senior Feminino	04:05:13	+02:41:47	20:26
925	4047	Sandra Silva	sweet runners	Senior Feminino	04:05:15	+02:41:49	20:26
926	4020	Cristiana Leal	sweet runners	Senior Feminino	04:05:15	+02:41:49	20:26
927	3151	Sofia Raque Nunes da Rocha	equipa ebc	Senior Feminino	04:05:29	+02:42:03	20:27
928	3153	Susana Patricia da Costa Silva	equipa ebc	Senior Feminino	04:05:29	+02:42:03	20:27
929	1692	Isilda Maria Lima Oliveira	individual	Veterana F40	04:05:47	+02:42:21	20:29
930	3128	Claudia Rocha	desportonolimite	Senior Feminino	04:06:44	+02:43:18	20:34
931	4048	Silvia Ribeiro	sweet runners	Senior Feminino	04:07:05	+02:43:39	20:35

CORRIDA CAMINHADA 12K - STAGE 1 — 12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
932	3142	Célia Maria da Silva Barbosa Pereira	equipa ebc	Senior Feminino	04:07:06	+02:43:40	20:36
933	3144	Isabel Filomena dos Santos Barbosa	equipa ebc	Senior Feminino	04:07:06	+02:43:40	20:36
934	3152	Susana Filipa Soares de Barros	equipa ebc	Senior Feminino	04:07:07	+02:43:41	20:36
935	3146	Isabel Maria Rocha Moreira	equipa ebc	Senior Feminino	04:07:07	+02:43:41	20:36
936	3188	Elva Bonifacio Andrade	eu+ ginásio | lma	Senior Feminino	04:07:07	+02:43:41	20:36
937	3185	Begoña Perez	eu+ ginásio | lma	Senior Feminino	04:07:08	+02:43:42	20:36
938	3229	Ana Meireles	funky runners	Senior Feminino	04:08:45	+02:45:19	20:44
939	3234	Cidália Barros	funky runners	Senior Feminino	04:08:46	+02:45:20	20:44
940	4141	Fernando Graça Pinto	toyota 4runner	Senior Masculino	04:08:53	+02:45:27	20:44
941	4140	Rita Martins	toyota 4runner	Senior Feminino	04:08:53	+02:45:27	20:44
942	3321	Ana Teresa Oliveira Teixeira Pinto	individual	Senior Feminino	04:09:07	+02:45:41	20:46
943	3460	Madalena couto	individual	Senior Feminino	04:09:22	+02:45:56	20:47
944	3427	Isabel ribeiro	individual	Senior Feminino	04:09:22	+02:45:56	20:47
945	1402	Susana Rito	individual	Senior Feminino	04:09:24	+02:45:58	20:47
946	3758	Rui maltez	individual	Senior Masculino	04:09:28	+02:46:02	20:47
947	3333	aurora manuela santos costa	individual	Senior Feminino	04:09:40	+02:46:14	20:48
948	3355	Celeste Barros Lopes	individual	Senior Feminino	04:09:41	+02:46:15	20:48
949	3677	Joaquim Augusto Moreira da Silva	individual	Senior Masculino	04:09:41	+02:46:15	20:48
950	3711	Manuel Silva Alves	individual	Senior Masculino	04:09:42	+02:46:16	20:48
951	4094	Fátima Carvalho	team idealkorpus	Senior Feminino	04:10:31	+02:47:05	20:53
952	4095	Goreti Cruz	team idealkorpus	Senior Feminino	04:10:31	+02:47:05	20:53
953	3286	Alice Matilde Barbosa Ribeiro	individual	Senior Feminino	04:10:47	+02:47:21	20:54
954	3586	Susana Cristina Teixeira Ferreira	individual	Senior Feminino	04:11:39	+02:48:13	20:58
955	3029	Bruno Silva	aerodance trail running	Senior Masculino	04:12:24	+02:48:58	21:02
956	3033	Paulo Silva	aerodance trail running	Senior Masculino	04:12:25	+02:48:59	21:02
957	3011	Carla Reis	aerodance trail running	Senior Feminino	04:12:35	+02:49:09	21:03
958	3032	Manuel Santos	aerodance trail running	Senior Masculino	04:12:35	+02:49:09	21:03
959	3922	Angelico Jorge	rainha club	Senior Masculino	04:12:37	+02:49:11	21:03
960	3921	Cristina Silva	rainha club	Senior Feminino	04:12:37	+02:49:11	21:03
961	1196	Raquel Fernandes	eu+ ginásio | lma	Senior Feminino	04:12:41	+02:49:15	21:03
962	1197	Sara Ferreira	eu+ ginásio | lma	Senior Feminino	04:12:41	+02:49:15	21:03
963	1303	Ana Catarina Martins	individual	Senior Feminino	04:12:52	+02:49:26	21:04
964	3440	Juliana castro	individual	Senior Feminino	04:12:53	+02:49:27	21:04
965	3385	Diana Portas	individual	Senior Feminino	04:12:54	+02:49:28	21:04
966	3328	Andreia Alice moreira	individual	Senior Feminino	04:12:54	+02:49:28	21:05
967	3307	Ana paula ribeiro	individual	Senior Feminino	04:12:55	+02:49:29	21:05
968	3590	Susana Jorge	individual	Senior Feminino	04:12:56	+02:49:30	21:05
969	3706	Manuel Guimarães	individual	Senior Masculino	04:15:09	+02:51:43	21:16
970	3324	Anabela Guimarães	individual	Senior Feminino	04:15:13	+02:51:47	21:16
971	4025	Filipa Silva	sweet runners	Senior Feminino	04:16:31	+02:53:05	21:23
972	4036	Maria Gloria Dias	sweet runners	Senior Feminino	04:16:31	+02:53:05	21:23
973	4046	Rosária Dias	sweet runners	Senior Feminino	04:16:31	+02:53:05	21:23
974	4035	Maria Freitas	sweet runners	Senior Feminino	04:16:41	+02:53:15	21:23
975	3810	Susana Castro	mankinhas	Senior Feminino	04:17:00	+02:53:34	21:25
976	3807	Mafalda Costa	mankinhas	Senior Feminino	04:17:00	+02:53:34	21:25

CORRIDA CAMINHADA 12K - STAGE 1 — 12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
977	3942	Michelle ferreira	rungo	Senior Feminino	04:17:55	+02:54:29	21:30
978	3943	Luís sousa	rungo	Senior Masculino	04:17:55	+02:54:29	21:30
979	1325	Carla Salomé Freitas Lopes dos Santos	individual	Senior Feminino	04:17:58	+02:54:32	21:30
980	1682	fernanda nogueira rodrigues	individual	Veterana F40	04:17:59	+02:54:33	21:30
981	3941	Joana Sousa	rungo	Senior Feminino	04:18:08	+02:54:42	21:31
982	4041	Otacilia Silva	sweet runners	Senior Feminino	04:18:20	+02:54:54	21:32
983	4023	Elisete Viega	sweet runners	Senior Feminino	04:18:20	+02:54:54	21:32
984	4045	Raquel de Jesus Barbosa Leal Gomes	sweet runners	Senior Feminino	04:18:20	+02:54:54	21:32
985	1532	Jonathan Dos Santos	individual	Senior Masculino	04:18:49	+02:55:23	21:34
986	3364	César Filipe Moreira Magalhães	individual	Senior Feminino	04:19:05	+02:55:39	21:35
987	3764	sergio dinis pinto santos	individual	Senior Masculino	04:19:05	+02:55:39	21:35
988	3503	Maria Luisa Pinto Ribeiro	individual	Senior Feminino	04:19:08	+02:55:42	21:36
989	3345	Carla Mariana Moreira Campos	individual	Senior Feminino	04:19:37	+02:56:11	21:38
990	3514	Marlene Manuela Pinto Moreira	individual	Senior Feminino	04:19:37	+02:56:11	21:38
991	3437	Joana sofia Calvario Areal	individual	Senior Feminino	04:19:38	+02:56:12	21:38
992	3840	LIDIA MOTA	nocturnos de paredes	Senior Feminino	04:19:38	+02:56:12	21:38
993	3809	Sara Dias	mankinhas	Senior Feminino	04:20:05	+02:56:39	21:40
994	3897	Suzana Ribeiro	os penduras	Senior Feminino	04:23:29	+03:00:03	21:57
995	3896	Marlene Fernandes	os penduras	Senior Feminino	04:23:30	+03:00:04	21:57
996	3898	Álvaro Gonçalves	os penduras	Senior Masculino	04:23:30	+03:00:04	21:57
997	3346	Carla Natercia Barros Teixeira Moura	individual	Senior Feminino	04:23:52	+03:00:26	21:59
998	3663	Helder Filipe Castro Moura	individual	Senior Masculino	04:23:52	+03:00:26	21:59
999	3659	Gonçalo Costa	individual	Senior Masculino	04:24:08	+03:00:42	22:01
1000	3242	Susana Nunes	funky runners	Senior Feminino	04:24:08	+03:00:42	22:01
1001	3536	Paula Gomes	individual	Senior Feminino	04:24:08	+03:00:42	22:01
1002	3306	ANA PAULA ALVES	individual	Senior Feminino	04:24:41	+03:01:15	22:03
1003	3623	Ana Marta Ribeiro Resende Dias	individual	Senior Masculino	04:26:20	+03:02:54	22:12
1004	3344	Carla Maria Ribeiro de Oliveira	individual	Senior Feminino	04:26:22	+03:02:56	22:12
1005	3453	Liliana Rodrigues	individual	Senior Feminino	04:26:23	+03:02:57	22:12
1006	3612	Vania Patricia Bragança Saraiva	individual	Senior Feminino	04:26:24	+03:02:58	22:12
1007	3297	Ana Filipa Fonseca Nascimento	individual	Senior Feminino	04:26:25	+03:02:59	22:12
1008	3394	Erica Patricia Rodrigues de Almeida e Silva	individual	Senior Feminino	04:26:25	+03:02:59	22:12
1009	3430	Isabel Vitelo	individual	Senior Feminino	04:26:25	+03:02:59	22:12
1010	3607	Tatiana Ferreira	individual	Senior Feminino	04:26:25	+03:02:59	22:12
1011	3373	Cristina Maria Pacheco Barbosa	individual	Senior Feminino	04:26:48	+03:03:22	22:14
1012	3415	ines Pereira da Silva	individual	Senior Feminino	04:26:49	+03:03:23	22:14
1013	3301	Ana Luis Carneiro	individual	Senior Feminino	04:26:49	+03:03:23	22:14
1014	4117	Rosaria Cruz	tecla 3 walking	Senior Feminino	04:26:52	+03:03:26	22:14
1015	4113	Cleonice de Andrade Delgado Mendes	tecla 3 walking	Senior Feminino	04:26:53	+03:03:27	22:14
1016	4114	Maria Esperança Couto Silva Moreira	tecla 3 walking	Senior Feminino	04:26:55	+03:03:29	22:15
1017	3102	Juliana Lemos	cds paredes	Senior Feminino	04:27:35	+03:04:09	22:18
1018	3104	Sandra Lemos	cds paredes	Senior Feminino	04:27:35	+03:04:09	22:18

CORRIDA CAMINHADA 12K - STAGE 1 — 12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1019	1399	Susana Manuela Vieira Marques	individual	Senior Feminino	04:27:35	+03:04:09	22:18
1020	3338	Bruna Fabiana Lopes Magalhães	individual	Senior Feminino	04:27:43	+03:04:17	22:19
1021	3329	Andreia Filipa Sousa Monteiro	individual	Senior Feminino	04:27:43	+03:04:17	22:19
1022	3483	Maria de Lurdes Saraiva de Sousa Monteiro	individual	Senior Feminino	04:27:44	+03:04:18	22:19
1023	3772	Tiago Daniel Sousa Monteiro	individual	Senior Masculino	04:27:44	+03:04:18	22:19
1024	4085	Eduarda Lopes	team duas faces	Senior Masculino	04:28:06	+03:04:40	22:21
1025	4083	Diniz Ribeiro	team duas faces	Senior Masculino	04:28:06	+03:04:40	22:21
1026	4075	Maria da Glória da Silva Duarte	team duas faces	Senior Feminino	04:28:09	+03:04:43	22:21
1027	4076	Patricia Andrade	team duas faces	Senior Feminino	04:28:09	+03:04:43	22:21
1028	3005	Cesário Costa	@venida team	Senior Masculino	04:29:37	+03:06:11	22:28
1029	3523	Mónica Rocha	individual	Senior Feminino	04:30:15	+03:06:49	22:31
1030	3859	VIVIANA OLIVEIRA	nocturnos de paredes	Senior Feminino	04:30:32	+03:07:06	22:33
1031	3845	MARIA OLIVEIRA	nocturnos de paredes	Senior Feminino	04:30:38	+03:07:12	22:33
1032	3862	ANTONIO OLIVEIRA	nocturnos de paredes	Senior Masculino	04:30:38	+03:07:12	22:33
1033	3893	Inês Couto	os penduras	Senior Feminino	04:33:29	+03:10:03	22:47
1034	3901	Hugo Couto	os penduras	Senior Masculino	04:33:29	+03:10:03	22:47
1035	3441	Juliana Oliveira	individual	Senior Feminino	04:34:13	+03:10:47	22:51
1036	3127	Ilda Maia Teixeira	crossfit vale do ave	Senior Feminino	04:34:14	+03:10:48	22:51
1037	3543	Rita Rodrigues	individual	Senior Feminino	04:34:14	+03:10:48	22:51
1038	1519	João Oliveira	individual	Senior Masculino	04:34:15	+03:10:49	22:51
1039	3002	Cristina Moreira Leão	@venida team	Senior Feminino	04:34:53	+03:11:27	22:54
1040	3001	Cristiana Vieira	@venida team	Senior Feminino	04:34:54	+03:11:28	22:55
1041	3580	Sónia Teixeira	individual	Senior Feminino	04:34:58	+03:11:32	22:55
1042	3506	Maria Nogueira	individual	Senior Feminino	04:34:58	+03:11:32	22:55
1043	3454	Liliana Teixeira	individual	Senior Feminino	04:35:05	+03:11:39	22:55
1044	3196	Sandra Pereira	falta muito?	Senior Feminino	04:35:05	+03:11:39	22:55
1045	3310	ANA PAULA VIEIRA GARCÊS RIBEIRO	individual	Senior Feminino	04:35:09	+03:11:43	22:56
1046	3601	SUSANA PATRICIA LOPES ROCHA	individual	Senior Feminino	04:35:10	+03:11:44	22:56
1047	3738	PEDRO MIGUEL FONTE ROCHA	individual	Senior Masculino	04:35:10	+03:11:44	22:56
1048	3392	ELSA MARIA LOPES MOREIRA ROCHA	individual	Senior Feminino	04:35:11	+03:11:45	22:56
1049	3540	Pureza Silva	individual	Senior Feminino	04:35:27	+03:12:01	22:57
1050	3561	Sílvia Alexandra Rodrigues da Mota	individual	Senior Feminino	04:38:07	+03:14:41	23:11
1051	3589	Susana Idalina Rodrigues Mota	individual	Senior Feminino	04:38:08	+03:14:42	23:11
1052	3603	Susana Simão	individual	Senior Feminino	04:38:09	+03:14:43	23:11
1053	3443	Kelly Florencio	individual	Senior Feminino	04:38:09	+03:14:43	23:11
1054	1714	Alexandrina Bastos	individual	Veterano M40	04:39:44	+03:16:18	23:19
1055	3257	ISABEL FERREIRA	ginasio fit4fun	Senior Feminino	04:39:45	+03:16:19	23:19
1056	3258	JOANA MATOS	ginasio fit4fun	Senior Feminino	04:39:45	+03:16:19	23:19
1057	3259	JULIA JESUS	ginasio fit4fun	Senior Feminino	04:39:45	+03:16:19	23:19
1058	3261	CARLOS CORREIA	ginasio fit4fun	Senior Masculino	04:39:46	+03:16:20	23:19
1059	3262	MARCO JESUS	ginasio fit4fun	Senior Masculino	04:39:46	+03:16:20	23:19
1060	3260	LILIANA SANTIAGO	ginasio fit4fun	Senior Feminino	04:39:52	+03:16:26	23:19
1061	3490	Maria Fatima Silva Fonseca	individual	Senior Feminino	04:47:36	+03:24:10	23:58

CORRIDA CAMINHADA 12K - STAGE 1 — 12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1062	3051	Pedro Lima	amigos da quinta das freiras	Senior Masculino	04:47:48	+03:24:22	23:59
1063	3050	Teresa Maria Conceição Neves	amigos da quinta das freiras	Senior Feminino	04:47:50	+03:24:24	23:59
1064	3047	Catarina Alexandra Ribeiro Almeida	amigos da quinta das freiras	Senior Feminino	04:47:50	+03:24:24	23:59
1065	3049	Rosa Maria Almeida Ribeiro	amigos da quinta das freiras	Senior Feminino	04:47:50	+03:24:24	23:59
1066	3048	Cristina Lemos	amigos da quinta das freiras	Senior Feminino	04:47:50	+03:24:24	23:59

lap2go TIMING SOLUTION

2º Trail da Raposa
Paredes
31-maio-2015

Corrida Caminhada 12K

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	18,5ºC	63,4%
End	14:30	20,3ºC	61%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	3418	Iolanda Sofia de Sousa Mendes	Individual	Senior Feminino	01:39:02		08:15
2	3913	Mª Manuela Ferreira	Pernetas	Senior Feminino	01:47:35	+08:33	08:58
3	3474	Maria Arminda Silva Coleho	Individual	Senior Feminino	01:52:15	+13:13	09:21
4	3320	Ana Sofia Gonçalves Freitas	Individual	Senior Feminino	01:54:48	+15:46	09:34
5	3202	Maria Albertina Sá	Family Pinto	Senior Feminino	01:54:56	+15:54	09:35
6	3299	Ana Isabel Silva Morais	Individual	Senior Feminino	01:55:52	+16:50	09:39
7	3491	Maria Fátima Viera da Costa	Individual	Senior Feminino	01:55:53	+16:51	09:39
8	3198	Sílvia Cardoso	FAMA RUNNERS	Senior Feminino	01:56:08	+17:06	09:41
9	3916	Anabela Chorao	PLAY RUNNERS	Senior Feminino	02:00:05	+21:03	10:00
10	3084	Vanda Assunção	BUDEGUITA RUNNERS	Senior Feminino	02:00:42	+21:40	10:03
11	3551	Sandra Cavalheiro	Individual	Senior Feminino	02:01:16	+22:14	10:06
12	3365	Céu Vieira	Individual	Senior Feminino	02:05:13	+26:11	10:26
13	4148	ANA PAULA RIBEIRO CRAVEIRO NUNES	USGUNAS	Senior Feminino	02:07:51	+28:49	10:39
14	3282	Adriana Teresa Silva Rodrigues	Individual	Senior Feminino	02:08:00	+28:58	10:40
15	3009	Inês Gonçalves	A.D.Amarante trail running	Senior Feminino	02:08:01	+28:59	10:40
16	3531	Patrícia Ferreira	Individual	Senior Feminino	02:09:43	+30:41	10:49
17	2295	Maria de Fátima Ferreira Coelho	Individual	Senior Feminino	02:11:38	+32:36	10:58
18	3498	Maria Jose Ferreira Soares Moreira	Individual	Senior Feminino	02:11:39	+32:37	10:58
19	4001	Teresa Pinto	Solmaia Runners	Senior Feminino	02:12:21	+33:19	11:02
20	3336	Branca Maria Oliveira Marques	Individual	Senior Feminino	02:12:30	+33:28	11:02
21	3792	Rita Pereira	LagareSport	Senior Feminino	02:14:23	+35:21	11:12
22	3220	Liliana Cardoso	FFit Gaia Trail	Senior Feminino	02:14:33	+35:31	11:13
23	2228	Isabel Maria da Silva Henriques	Terrores do Asfalto	Senior Feminino	02:15:13	+36:11	11:16
24	3078	Fátima Costa	BitRunners	Senior Feminino	02:15:26	+36:24	11:17
25	4092	Eva Ferreira	Team Idealkorpus	Senior Feminino	02:15:26	+36:24	11:17
26	3172	soraia costa	ERMIDAFIT Runners	Senior Feminino	02:15:35	+36:33	11:18
27	3166	catia costa	ERMIDAFIT Runners	Senior Feminino	02:15:36	+36:34	11:18
28	3389	Elisabete Faria	Individual	Senior Feminino	02:15:57	+36:55	11:20
29	3391	Elisabete Pinto	Individual	Senior Feminino	02:16:25	+37:23	11:22
30	3298	Ana Gonçalves	Individual	Senior Feminino	02:16:38	+37:36	11:23
31	3413	Inês Carlos	Individual	Senior Feminino	02:16:42	+37:40	11:23
32	3322	ana teresa silva	Individual	Senior Feminino	02:17:37	+38:35	11:28
33	3952	Marieta Moreira	SAI DA FRENTE	Senior Feminino	02:17:43	+38:41	11:29
34	3822	Joana Raquel Ferreira Moreira	Moinhos Run	Senior Feminino	02:17:48	+38:46	11:29
35	3456	LUCINDA MARQUES	Individual	Senior Feminino	02:17:56	+38:54	11:30
36	3331	Arlete Xavier costa Sousa	Individual	Senior Feminino	02:18:16	+39:14	11:31
37	4079	Prazeres Pires	Team DUAS FACES	Senior Feminino	02:18:16	+39:14	11:31
38	3340	carina alexandra branco da cruz	Individual	Senior Feminino	02:18:17	+39:15	11:31
39	3834	CARINA MOREIRA	NOCTURNOS DE PAREDES	Senior Feminino	02:19:20	+40:18	11:37

Corrida Caminhada 12K

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

40	3991	Maria Fonseca	Solmaia Runners	Senior Feminino	02:20:03	+41:01	11:40
41	3556	sandra patricia pinto de sousa	Individual	Senior Feminino	02:20:03	+41:01	11:40
42	3980	Célia Aroso	Solmaia Runners	Senior Feminino	02:20:52	+41:50	11:44
43	3284	Albertina Cunha	Individual	Senior Feminino	02:21:15	+42:13	11:46
44	3554	Sandra Ferreira Ramos	Individual	Senior Feminino	02:21:16	+42:14	11:46
45	3829	ALEXANDRA TEIXEIRA	NOCTURNOS DE PAREDES	Senior Feminino	02:21:27	+42:25	11:47
46	4098	Marcia de Sousa	Team Idealkorpus	Senior Feminino	02:21:45	+42:43	11:49
47	3555	sandra madureira	Individual	Senior Feminino	02:23:29	+44:27	11:57
48	3357	CELIA COELHO DA SILVA	Individual	Senior Feminino	02:23:29	+44:27	11:57
49	3839	JULIA PINTO	NOCTURNOS DE PAREDES	Senior Feminino	02:23:41	+44:39	11:58
50	3995	Rita Oliveira	Solmaia Runners	Senior Feminino	02:24:14	+45:12	12:01
51	3989	Isabel Pinto	Solmaia Runners	Senior Feminino	02:24:14	+45:12	12:01
52	4139	Patrícia Oliveira	Toyota 4Runner	Senior Feminino	02:24:19	+45:17	12:02
53	3588	Susana Granja	Individual	Senior Feminino	02:24:23	+45:21	12:02
54	3855	SOFIA AZEVEDO	NOCTURNOS DE PAREDES	Senior Feminino	02:24:41	+45:39	12:03
55	3316	Ana Rocha	Individual	Senior Feminino	02:25:00	+45:58	12:05
56	1287	Celeste Vieira	GONDOMAR FUTSAL CLUBE	Senior Feminino	02:25:11	+46:09	12:06
57	3489	Maria Fatima Santos Ferreira	Individual	Senior Feminino	02:25:11	+46:09	12:06
58	3945	Sónia Castro	S&R	Senior Feminino	02:25:34	+46:32	12:08
59	3294	Ana de Sá Moreira	Individual	Senior Feminino	02:25:35	+46:33	12:08
60	4081	Sílvia Teixeira	Team DUAS FACES	Senior Feminino	02:25:44	+46:42	12:09
61	3371	Cristina Aleixo	Individual	Senior Feminino	02:25:50	+46:48	12:09
62	4138	Cristina Costa	Toyota 4Runner	Senior Feminino	02:25:51	+46:49	12:09
63	3998	Sara Espojeira	Solmaia Runners	Senior Feminino	02:26:03	+47:01	12:10
64	3981	Cláudia Cunha	Solmaia Runners	Senior Feminino	02:26:10	+47:08	12:11
65	3992	Maria Pedrosa	Solmaia Runners	Senior Feminino	02:26:10	+47:08	12:11
66	3996	Sandra Ribeiro	Solmaia Runners	Senior Feminino	02:26:10	+47:08	12:11
67	3988	Inês Almeida	Solmaia Runners	Senior Feminino	02:26:11	+47:09	12:11
68	3566	silvia Maciel	Individual	Senior Feminino	02:26:18	+47:16	12:12
69	3930	JOANA QUEIRÓS	Run4all	Senior Feminino	02:28:16	+49:14	12:21
70	3933	PATRICIA MAGALHÃES	Run4all	Senior Feminino	02:28:16	+49:14	12:21
71	3986	Diana Teixeira	Solmaia Runners	Senior Feminino	02:28:25	+49:23	12:22
72	4014	Isabel Rangel	SWAT	Senior Feminino	02:28:27	+49:25	12:22
73	3843	MARGARIDA TEIXEIRA	NOCTURNOS DE PAREDES	Senior Feminino	02:29:27	+50:25	12:27
74	3209	Fernanda Marília Cardoso Casaca	Fantastic Four	Senior Feminino	02:29:44	+50:42	12:29
75	3848	MARTA COSTA	NOCTURNOS DE PAREDES	Senior Feminino	02:29:44	+50:42	12:29
76	3275	Bruna Nunes	GymRecarei	Senior Feminino	02:30:06	+51:04	12:31
77	4101	Maria João Campos	Team Idealkorpus	Senior Feminino	02:30:08	+51:06	12:31
78	4100	Maria Armanda Santos	Team Idealkorpus	Senior Feminino	02:30:09	+51:07	12:31
79	3237	Pituxa Marques	Funky Runners	Senior Feminino	02:30:17	+51:15	12:31
80	3199	Aldina Pires	Family Pinto	Senior Feminino	02:31:10	+52:08	12:36
81	3203	Susana Teixeira	Family Pinto	Senior Feminino	02:31:10	+52:08	12:36
82	3200	Daniela Pinto	Family Pinto	Senior Feminino	02:31:11	+52:09	12:36
83	3403	FILIPA PINTO	Individual	Senior Feminino	02:31:30	+52:28	12:37
84	3999	Sónia Teles	Solmaia Runners	Senior Feminino	02:31:39	+52:37	12:38
85	3219	Adélia Mª Oliveira Ferreira Bernardino	FFit Gaia Trail	Senior Feminino	02:31:42	+52:40	12:38

Corrida Caminhada 12K

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

86	3221	Sara Pereira	FFit Gaia Trail	Senior Feminino	02:31:42	+52:40	12:39
87	3614	Vera Alexandra Oliveira Silva	Individual	Senior Feminino	02:31:43	+52:41	12:39
88	3592	Susana Magalhães	Individual	Senior Feminino	02:32:29	+53:27	12:42
89	3278	Adelaide Ruão	Individual	Senior Feminino	02:32:29	+53:27	12:42
90	1300	Ana Aguiar	Individual	Senior Feminino	02:32:57	+53:55	12:45
91	3052	Andreia Ferreira	Anda-me Apanhar	Senior Feminino	02:33:05	+54:03	12:45
92	4165	Monica Pereira	Anda-me Apanhar	Senior Feminino	02:33:05	+54:03	12:45
93	3616	Vera Lúcia Sousa	Individual	Senior Feminino	02:33:05	+54:03	12:45
94	3295	Ana do Vale	Individual	Senior Feminino	02:33:47	+54:45	12:49
95	3549	Rute Pinto	Individual	Senior Feminino	02:33:47	+54:45	12:49
96	3955	Rita coelho	SAPADORES INVICTA	Senior Feminino	02:34:29	+55:27	12:52
97	2227	Carla Carvalho	Terrores do Asfalto	Senior Feminino	02:34:35	+55:33	12:53
98	1338	Daniela Patrícia Soares Ferreira	Individual	Senior Feminino	02:35:02	+56:00	12:55
99	3376	Daniela Cardoso	Individual	Senior Feminino	02:35:11	+56:09	12:56
100	3383	Diana Fernanda Dos Santos Gonçalves	Individual	Senior Feminino	02:35:11	+56:09	12:56
101	3312	Ana Rafaela da Rocha Ferreira	Individual	Senior Feminino	02:35:14	+56:12	12:56
102	3878	cristina Rodrigues Teixeira Lopes	Not Run Alone	Senior Feminino	02:35:17	+56:15	12:56
103	4000	Susana Coelho	Solmaia Runners	Senior Feminino	02:35:18	+56:16	12:56
104	3519	Marta Pereira	Individual	Senior Feminino	02:35:32	+56:30	12:58
105	3285	Albertina da Rocha Ferreira	Individual	Senior Feminino	02:35:36	+56:34	12:58
106	3337	Brigida Duarte	Individual	Senior Feminino	02:35:36	+56:34	12:58
107	3342	Carine Ferreiro Fraga	Individual	Senior Feminino	02:35:40	+56:38	12:58
108	3201	Isa Pereira	Family Pinto	Senior Feminino	02:35:59	+56:57	13:00
109	3541	Raquel Moreira	Individual	Senior Feminino	02:36:35	+57:33	13:03
110	3525	Nádia Guedes	Individual	Senior Feminino	02:36:41	+57:39	13:03
111	3404	Gabriela Cardoso	Individual	Senior Feminino	02:36:47	+57:45	13:04
112	3136	Monica Jesus	Duros & Rijos	Senior Feminino	02:36:56	+57:54	13:05
113	3023	Marta Neves	Aerodance Trail Running	Senior Feminino	02:38:20	+59:18	13:12
114	4077	Paula Alves Soares Garcia	Team DUAS FACES	Senior Feminino	02:38:43	+59:41	13:14
115	4021	Cristina Barbosa	Sweet Runners	Senior Feminino	02:38:49	+59:47	13:14
116	3375	Cristina Pereira Durães Silva	Individual	Senior Feminino	02:39:22	+01:00:20	13:17
117	3821	Edite Lopes	Moinhos Run	Senior Feminino	02:39:47	+01:00:45	13:19
118	3194	Joana Ferreira	FALTA MUITO?	Senior Feminino	02:40:46	+01:01:44	13:24
119	3195	Judite Ferreira	FALTA MUITO?	Senior Feminino	02:40:47	+01:01:45	13:24
120	3266	Helena Cardoso	GONDOMAR FUTSAL CLUBE	Senior Feminino	02:40:53	+01:01:51	13:24
121	3288	Alice Viveiros	Individual	Senior Feminino	02:41:43	+01:02:41	13:29
122	3074	Bebiana Alves	Associação Desportiva de Cabroelo	Senior Feminino	02:41:43	+01:02:41	13:29
123	3327	ANDREA CRISTIANA TEIXEIRA DA CUNHA	Individual	Senior Feminino	02:41:55	+01:02:53	13:30
124	3362	Celina Tomas	Individual	Senior Feminino	02:42:09	+01:03:07	13:31
125	3557	Sara Marisa Neves Gonçalves	Individual	Senior Feminino	02:43:03	+01:04:01	13:35
126	3366	Clara Costa	Individual	Senior Feminino	02:43:11	+01:04:09	13:36
127	3570	Sofia Martins	Individual	Senior Feminino	02:43:21	+01:04:19	13:37
128	3849	MONICA CASTRO	NOCTURNOS DE PAREDES	Senior Feminino	02:43:27	+01:04:25	13:37
129	3448	Liliana	Individual	Senior Feminino	02:43:29	+01:04:27	13:37
130	3438	Joana Sofia Ferreira Oliveira	Individual	Senior Feminino	02:43:33	+01:04:31	13:38

Corrida Caminhada 12K

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

131	3113	Tânia Celina Moreira Magalhães	Código Musical	Senior Feminino	02:43:38	+01:04:36	13:38
132	3370	Cristiana Susete Martins Seabra	Individual	Senior Feminino	02:43:40	+01:04:38	13:38
133	3330	Andreia Machado	Individual	Senior Feminino	02:43:52	+01:04:50	13:39
134	3287	Alice Susana Pinto Ribeiro	Individual	Senior Feminino	02:44:26	+01:05:24	13:42
135	3056	Manuela Cristina Simões Machado	Andarilhos	Senior Feminino	02:44:31	+01:05:29	13:43
136	3318	Ana Silva	Individual	Senior Feminino	02:44:46	+01:05:44	13:44
137	3457	Luísa Aguiar	Individual	Senior Feminino	02:44:48	+01:05:46	13:44
138	3399	Fátima Silva	Individual	Senior Feminino	02:44:52	+01:05:50	13:44
139	3522	Mónica Magalhães	Individual	Senior Feminino	02:44:56	+01:05:54	13:45
140	3305	Ana Paula Alves	Individual	Senior Feminino	02:44:57	+01:05:55	13:45
141	3045	Vera Ribeiro	Afrikan Runners	Senior Feminino	02:45:42	+01:06:40	13:49
142	3458	Luisa Maria de Castro Tavares	Individual	Senior Feminino	02:45:49	+01:06:47	13:49
143	3384	Diana Pina	Individual	Senior Feminino	02:45:54	+01:06:52	13:49
144	1198	Selma Brigite	Eu+ Ginásio | LMA	Senior Feminino	02:45:55	+01:06:53	13:50
145	3267	Silvia Ferreira	GONDOMAR FUTSAL CLUBE	Senior Feminino	02:45:56	+01:06:54	13:50
146	3431	Isilda Fernanda Pinto Leal	Individual	Senior Feminino	02:46:07	+01:07:05	13:51
147	3465	Manuela Vale	Individual	Senior Feminino	02:46:09	+01:07:07	13:51
148	3482	Maria de Lurdes da Costa Rosendo Loureiro	Individual	Senior Feminino	02:46:13	+01:07:11	13:51
149	4112	Tânia Ribeiro	Tecla 3 Runners	Senior Feminino	02:46:22	+01:07:20	13:52
150	4109	Liliana Pereira	Tecla 3 Runners	Senior Feminino	02:46:24	+01:07:22	13:52
151	4110	Maria João Gomes	Tecla 3 Runners	Senior Feminino	02:46:28	+01:07:26	13:52
152	3167	claudia ferreira	ERMIDAFIT Runners	Senior Feminino	02:46:40	+01:07:38	13:53
153	3171	natalia pereira	ERMIDAFIT Runners	Senior Feminino	02:46:45	+01:07:43	13:54
154	3422	Isabel Maria Moura castro	Individual	Senior Feminino	02:47:20	+01:08:18	13:57
155	3380	Debora Azevedo	Individual	Senior Feminino	02:47:21	+01:08:19	13:57
156	3469	Márcia Pinto	Individual	Senior Feminino	02:47:21	+01:08:19	13:57
157	3934	SANDRA TEIXEIRA	Run4all	Senior Feminino	02:47:30	+01:08:28	13:57
158	3529	Olga Marisa Barbosa da Silva	Individual	Senior Feminino	02:47:41	+01:08:39	13:58
159	3909	Ana Canez	Pernetas	Senior Feminino	02:47:52	+01:08:50	13:59
160	3984	Daniela Quelhas	Solmaia Runners	Senior Feminino	02:47:52	+01:08:50	13:59
161	3572	Sofia Sousa	Individual	Senior Feminino	02:47:54	+01:08:52	14:00
162	3043	Sandra Freitas	Afrikan Runners	Senior Feminino	02:47:56	+01:08:54	14:00
163	3256	PATRÍCIA SANTOS	Ginásio Factor X	Senior Feminino	02:48:27	+01:09:25	14:02
164	3326	Anabela Salgueiro Oliveira	Individual	Senior Feminino	02:48:30	+01:09:28	14:02
165	3353	Cátia Cândida Barbosa Fonseca	Individual	Senior Feminino	02:48:33	+01:09:31	14:03
166	3956	Salete Maria Mendes Soares	Saúde Viva	Senior Feminino	02:48:40	+01:09:38	14:03
167	3041	Miguela monteiro	Afrikan Runners	Senior Feminino	02:48:41	+01:09:39	14:03
168	4044	Patrícia Barbosa	Sweet Runners	Senior Feminino	02:48:50	+01:09:48	14:04
169	3293	Ana Cláudia da Silva Almeida	Individual	Senior Feminino	02:49:10	+01:10:08	14:06
170	3470	Margarida Pinto	Individual	Senior Feminino	02:49:31	+01:10:29	14:08
171	3424	Isabel Pereira	Individual	Senior Feminino	02:49:34	+01:10:32	14:08
172	3594	Susana Maria Costa Carrilho	Individual	Senior Feminino	02:50:23	+01:11:21	14:12
173	3596	Susana Maria Gomes Garcias Monteiro	Individual	Senior Feminino	02:50:23	+01:11:21	14:12
174	3571	Sofia Naldinho	Individual	Senior Feminino	02:50:30	+01:11:28	14:13
175	3436	Joana Naldinho	Individual	Senior Feminino	02:50:30	+01:11:28	14:13
176	3291	Ana Almeida	Individual	Senior Feminino	02:52:02	+01:13:00	14:20

Corrida Caminhada 12K

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

177	3574	Sónia Margarida Ribeiro Ferreira de Brito	Individual	Senior Feminino	02:52:04	+01:13:02	14:20
178	3279	Adelina Marlene Lopes Faria	Individual	Senior Feminino	02:52:17	+01:13:15	14:21
179	3277	adelaide maria de sousa teixeira	Individual	Senior Feminino	02:52:17	+01:13:15	14:21
180	3903	Ana Maria Moreira	"Os TurboMula" D.O.C.	Senior Feminino	02:52:31	+01:13:29	14:23
181	2009	Paula Figueiredo	"Os TurboMula" D.O.C.	Senior Feminino	02:52:31	+01:13:29	14:23
182	1313	Anabela Ferreira Dias	Individual	Senior Feminino	02:52:32	+01:13:30	14:23
183	4149	carla Alves Barbosa	vê se me apanhas	Senior Feminino	02:52:42	+01:13:40	14:24
184	1391	Sílvia Marta Soares do Rêgo	Individual	Senior Feminino	02:52:46	+01:13:44	14:24
185	3972	Bruna Meireles	Shots International Runners	Senior Feminino	02:52:54	+01:13:52	14:25
186	3973	Sofia Ferreira	Shots International Runners	Senior Feminino	02:52:54	+01:13:52	14:25
187	3591	Susana Leal	Individual	Senior Feminino	02:53:21	+01:14:19	14:27
188	4124	Susana Ferreira	Thunder Team	Senior Feminino	02:53:35	+01:14:33	14:28
189	3197	Carla Barbosa	FAMA RUNNERS	Senior Feminino	02:53:44	+01:14:42	14:29
190	4091	Avelina Rocha	Team Idealkorpus	Senior Feminino	02:53:45	+01:14:43	14:29
191	3419	Isabel Carvalho	Individual	Senior Feminino	02:53:48	+01:14:46	14:29
192	3303	Ana Maria Rebocho Nunes	Individual	Senior Feminino	02:54:34	+01:15:32	14:33
193	3775	Carla Isabel Vieira	JC Team Trail	Senior Feminino	02:54:35	+01:15:33	14:33
194	3802	Daniela Martins	Los Manos	Senior Feminino	02:54:48	+01:15:46	14:34
195	3077	Cristina Jesus	Beat Your Limit!	Senior Feminino	02:55:05	+01:16:03	14:35
196	1398	Susana Cambey	Individual	Senior Feminino	02:55:05	+01:16:03	14:35
197	3086	Carla Castro	BYL! BEAT YOUR LIMIT!	Senior Feminino	02:55:05	+01:16:03	14:35
198	3777	ELISABETE FONSECA	Kunalama Adportela RotaRomânico Btt	Senior Feminino	02:55:33	+01:16:31	14:38
199	1373	Raquel Cristina Barbosa Sousa	Individual	Senior Feminino	02:55:34	+01:16:32	14:38
200	3093	Sandra Costa	CAETANO RUNNERS	Senior Feminino	02:56:05	+01:17:03	14:40
201	1087	Zélia Viana	CAETANO RUNNERS	Senior Feminino	02:56:05	+01:17:03	14:40
202	3091	Susana Costa	CAETANO RUNNERS	Senior Feminino	02:56:06	+01:17:04	14:40
203	3411	Helena Lopes	Individual	Senior Feminino	02:56:18	+01:17:16	14:42
204	3932	MARLENE LEITE	Run4all	Senior Feminino	02:56:43	+01:17:41	14:44
205	3406	Gisela Morais	Individual	Senior Feminino	02:56:50	+01:17:48	14:44
206	3851	RAFAELA CORTEZ MARQUES	NOCTURNOS DE PAREDES	Senior Feminino	02:56:53	+01:17:51	14:44
207	3073	ANA ROSA FERREIRA DE SOUSA ALVES	Associação Desportiva de Cabroelo	Senior Feminino	02:57:02	+01:18:00	14:45
208	3576	Sonia Neves Coelho Rodrigues	Individual	Senior Feminino	02:57:02	+01:18:00	14:45
209	3072	ANA JANINE FERREIRA ALVES	Associação Desportiva de Cabroelo	Senior Feminino	02:57:04	+01:18:02	14:45
210	3914	Sandra Dias	Pernetas	Senior Feminino	02:57:34	+01:18:32	14:48
211	3302	Ana Mafalda Santos	Individual	Senior Feminino	02:57:59	+01:18:57	14:50
212	4050	Zita Costa	Sweet Runners	Senior Feminino	02:58:05	+01:19:03	14:50
213	3906	Salomé Gomes	Pena Team	Senior Feminino	02:58:18	+01:19:16	14:51
214	3904	Bernardina Oliveira	Pena Team	Senior Feminino	02:58:18	+01:19:16	14:52
215	3905	Cátia Torres	Pena Team	Senior Feminino	02:58:19	+01:19:17	14:52
216	4019	Claúdia Ferreira	Sweet Runners	Senior Feminino	02:58:20	+01:19:18	14:52
217	4042	Palmira Coelho Almeida	Sweet Runners	Senior Feminino	02:58:20	+01:19:18	14:52
218	3778	ISABEL MARIA LOPES FONSECA	Kunalama Adportela RotaRomânico Btt	Senior Feminino	02:58:24	+01:19:22	14:52
219	3462	Magali Negri	Individual	Senior Feminino	02:58:35	+01:19:33	14:53

Corrida Caminhada 12K

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

220	3852	SALETE SOUSA	NOCTURNOS DE PAREDES	Senior Feminino	02:58:36	+01:19:34	14:53
221	4034	Maria Celeste Lopes	Sweet Runners	Senior Feminino	02:58:47	+01:19:45	14:54
222	3787	Andreia Carvalho	LA Zinco	Senior Feminino	02:58:57	+01:19:55	14:55
223	3378	Daniela Pinto	Individual	Senior Feminino	02:59:00	+01:19:58	14:55
224	3408	GUILERMINA MARIA VIEIRA PINTO ROCHA	Individual	Senior Feminino	02:59:06	+01:20:04	14:55
225	3885	Ana Ribeiro	OS FERAS	Senior Feminino	02:59:09	+01:20:07	14:56
226	3886	Patrícia Ferreirinha	OS FERAS	Senior Feminino	02:59:09	+01:20:07	14:56
227	3402	Filipa da Conceição Alves Rego	Individual	Senior Feminino	02:59:11	+01:20:09	14:56
228	3461	Mafalda Alves	Individual	Senior Feminino	02:59:21	+01:20:19	14:57
229	3990	Jacinta Antunes	Solmaia Runners	Senior Feminino	02:59:42	+01:20:40	14:58
230	3395	Estela Oliveira	Individual	Senior Feminino	02:59:52	+01:20:50	14:59
231	3455	Liliana Truta	Individual	Senior Feminino	03:00:00	+01:20:58	15:00
232	4122	Marlene Rodrigues	Thunder Team	Senior Feminino	03:00:10	+01:21:08	15:01
233	3582	SUSANA ALMEIDA	Individual	Senior Feminino	03:00:14	+01:21:12	15:01
234	4032	Juliana Barbosa	Sweet Runners	Senior Feminino	03:00:28	+01:21:26	15:02
235	3263	carla azevedo	GIRAS E BOAS	Senior Feminino	03:00:35	+01:21:33	15:03
236	3264	sofia martins	GIRAS E BOAS	Senior Feminino	03:00:35	+01:21:33	15:03
237	3040	maria joão moreira	Afrikan Runners	Senior Feminino	03:00:45	+01:21:43	15:04
238	3044	Sofia Moreira	Afrikan Runners	Senior Feminino	03:00:58	+01:21:56	15:05
239	3600	Susana patricia Castro	Individual	Senior Feminino	03:01:12	+01:22:10	15:06
240	3428	Isabel Susana da Silva Moreira Próspero	Individual	Senior Feminino	03:02:33	+01:23:31	15:13
241	3877	Beatriz Rodrigues	Not Run Alone	Senior Feminino	03:02:37	+01:23:35	15:13
242	3779	MARIA FÁTIMA PEREIRA SOUSA	Kunalama Adportela RotaRomânico Btt	Senior Feminino	03:02:38	+01:23:36	15:13
243	3475	Maria Augusta Pereira Sousa	Individual	Senior Feminino	03:02:38	+01:23:36	15:13
244	3230	Ana Neves	Funky Runners	Senior Feminino	03:02:44	+01:23:42	15:14
245	3235	Mafalda Duarte	Funky Runners	Senior Feminino	03:02:44	+01:23:42	15:14
246	3463	Magda Cardoso	Individual	Senior Feminino	03:02:45	+01:23:43	15:14
247	3208	Eunice Silva Valente Leal	Fantastic Four	Senior Feminino	03:02:45	+01:23:43	15:14
248	3108	Anabela Lemos	Clube do Pessoal EDP - Delegação de Gaia	Senior Feminino	03:03:03	+01:24:01	15:15
249	3857	SUSANA BARROS	NOCTURNOS DE PAREDES	Senior Feminino	03:03:06	+01:24:04	15:16
250	3449	Liliana Brandão	Individual	Senior Feminino	03:03:38	+01:24:36	15:18
251	3089	Cátia Francisco	caderneta de cromos	Senior Feminino	03:03:44	+01:24:42	15:19
252	3565	Sílvia Liliana Ferreira Ribeiro	Individual	Senior Feminino	03:03:48	+01:24:46	15:19
253	3485	Maria Elisabete Barbosa Ferreira	Individual	Senior Feminino	03:03:51	+01:24:49	15:19
254	3879	Maria Sameiro Morais	Not Run Alone	Senior Feminino	03:04:10	+01:25:08	15:21
255	3910	carina sequeira	Pernetas	Senior Feminino	03:04:32	+01:25:30	15:23
256	3605	Tânia Alves	Individual	Senior Feminino	03:04:48	+01:25:46	15:24
257	3450	Liliana Campos	Individual	Senior Feminino	03:06:17	+01:27:15	15:31
258	4026	Helena Abeu	Sweet Runners	Senior Feminino	03:06:29	+01:27:27	15:32
259	4049	Teresa Carvalho	Sweet Runners	Senior Feminino	03:06:30	+01:27:28	15:32
260	4067	Sara Carneiro	Tangerinas	Senior Feminino	03:06:32	+01:27:30	15:33
261	3515	Marta isabel Lopes silva	Individual	Senior Feminino	03:06:50	+01:27:48	15:34
262	3604	Susete Barbosa	Individual	Senior Feminino	03:06:50	+01:27:48	15:34
263	3372	Cristina Fernanda Ferreira Neto	Individual	Senior Feminino	03:06:51	+01:27:49	15:34

Corrida Caminhada 12K

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

264	3412	Idalina Fernandes	Individual	Senior Feminino	03:06:51	+01:27:49	15:34
265	4013	Raquel Rodriguez	Step by Step Team	Senior Feminino	03:06:53	+01:27:51	15:34
266	4078	Paula Maia	Team DUAS FACES	Senior Feminino	03:07:21	+01:28:19	15:37
267	4074	Fátima Silva	Team DUAS FACES	Senior Feminino	03:07:28	+01:28:26	15:37
268	4080	Raquel Garcia	Team DUAS FACES	Senior Feminino	03:07:28	+01:28:26	15:37
269	3584	Susana Cristina Sousa	Individual	Senior Feminino	03:08:09	+01:29:07	15:41
270	3361	Celina Gomes Pacheco	Individual	Senior Feminino	03:09:11	+01:30:09	15:46
271	3478	Maria de Fátima de Sousa Ribeiro	Individual	Senior Feminino	03:09:11	+01:30:09	15:46
272	3487	Maria Fátima Marques Alves	Individual	Senior Feminino	03:10:21	+01:31:19	15:52
273	4062	Filipa Costa	Tangerinas	Senior Feminino	03:10:54	+01:31:52	15:54
274	3982	Cláudia Frade	Solmaia Runners	Senior Feminino	03:10:55	+01:31:53	15:55
275	3994	Rita Gonçalves	Solmaia Runners	Senior Feminino	03:10:55	+01:31:53	15:55
276	3407	Goretti lima	Individual	Senior Feminino	03:10:56	+01:31:54	15:55
277	3950	Ana Sofia Félix da Silva Durães	SAI DA FRENTE	Senior Feminino	03:10:58	+01:31:56	15:55
278	3951	Carla Nunes	SAI DA FRENTE	Senior Feminino	03:10:58	+01:31:56	15:55
279	3488	Maria Fátima Rocha	Individual	Senior Feminino	03:11:20	+01:32:18	15:57
280	3236	Patricia Granja	Funky Runners	Senior Feminino	03:11:26	+01:32:24	15:57
281	3231	Ana Paiva	Funky Runners	Senior Feminino	03:11:26	+01:32:24	15:57
282	3533	Paula Alexandra Porto Maia Torres	Individual	Senior Feminino	03:11:58	+01:32:56	16:00
283	3560	Sara Teixeira	Individual	Senior Feminino	03:11:59	+01:32:57	16:00
284	3382	Diana Arminda Moreira da Silva	Individual	Senior Feminino	03:12:01	+01:32:59	16:00
285	3846	MARISA GOÇALVES	NOCTURNOS DE PAREDES	Senior Feminino	03:12:09	+01:33:07	16:01
286	3796	Ana Trindade	liketomove.com	Senior Feminino	03:13:07	+01:34:05	16:06
287	3797	Paula Costa Soares	liketomove.com	Senior Feminino	03:13:07	+01:34:05	16:06
288	3548	Rosário Cunha	Individual	Senior Feminino	03:13:07	+01:34:05	16:06
289	3552	Sandra Cristina Ribeiro da Silva	Individual	Senior Feminino	03:13:21	+01:34:19	16:07
290	3927	Joana Filipa de Sousa Pinto	Rompe Solas	Senior Feminino	03:13:21	+01:34:19	16:07
291	3963	Verónica Vilma dos Santos Sousa	Shark Tale	Senior Feminino	03:13:33	+01:34:31	16:08
292	3962	Ana Carolina Coelho	Shark Tale	Senior Feminino	03:13:43	+01:34:41	16:09
293	3824	MARIA ROSA SILVA PEREIRA COSTA	Moreira Relax Runners	Senior Feminino	03:14:04	+01:35:02	16:10
294	3083	Sónia Forte	BUDEGUITA RUNNERS	Senior Feminino	03:14:05	+01:35:03	16:10
295	1076	Ana Forte	BUDEGUITA RUNNERS	Senior Feminino	03:14:06	+01:35:04	16:10
296	3459	Mª Cândida Moreira da Silva Ramos Seabra	Individual	Senior Feminino	03:14:08	+01:35:06	16:11
297	3537	Paula Oliveira	Individual	Senior Feminino	03:14:09	+01:35:07	16:11
298	3398	Fátima Barbosa	Individual	Senior Feminino	03:15:01	+01:35:59	16:15
299	3782	Inês Catarina Sousa Rocha	kunochão	Senior Feminino	03:15:02	+01:36:00	16:15
300	3783	Isabel Maria Sousa Moreira	kunochão	Senior Feminino	03:15:03	+01:36:01	16:15
301	3784	Paula Cristina LOurenço Freitas	kunochão	Senior Feminino	03:15:04	+01:36:02	16:15
302	3781	Carla Manuela Camilo Sousa	kunochão	Senior Feminino	03:15:04	+01:36:02	16:15
303	4119	Ângela Ferreira	Thunder Team	Senior Feminino	03:15:14	+01:36:12	16:16
304	3613	Vânia Soares	Individual	Senior Feminino	03:15:20	+01:36:18	16:17
305	3281	Adriana Duarte	Individual	Senior Feminino	03:15:20	+01:36:18	16:17
306	3174	vivalda mouta	ERMIDAFIT Runners	Senior Feminino	03:15:47	+01:36:45	16:19
307	3173	tania magalhaes	ERMIDAFIT Runners	Senior Feminino	03:15:47	+01:36:45	16:19
308	3417	Inês Vilela	Individual	Senior Feminino	03:16:00	+01:36:58	16:20
309	3568	silvina gama	Individual	Senior Feminino	03:16:06	+01:37:04	16:20

Corrida Caminhada 12K

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

310	3853	SALOME GOMES	NOCTURNOS DE PAREDES	Senior Feminino	03:16:21	+01:37:19	16:22
311	1321	Bárbara Neto	Individual	Senior Feminino	03:16:23	+01:37:21	16:22
312	3518	Marta Oliveira	Individual	Senior Feminino	03:16:55	+01:37:53	16:25
313	3880	Rosinda Macedo	os caga tacos running team	Senior Feminino	03:17:04	+01:38:02	16:25
314	3516	Marta Lima	Individual	Senior Feminino	03:17:12	+01:38:10	16:26
315	3332	augusta martins	Individual	Senior Feminino	03:17:12	+01:38:10	16:26
316	3334	AURORA MORAIS	Individual	Senior Feminino	03:17:13	+01:38:11	16:26
317	3311	Ana Pinheiro	Individual	Senior Feminino	03:17:14	+01:38:12	16:26
318	3468	Márcia Patricia Lopes Moreira	Individual	Senior Feminino	03:19:05	+01:40:03	16:35
319	3290	Amelia Cardoso	Individual	Senior Feminino	03:19:43	+01:40:41	16:39
320	3319	Ana Silva	Individual	Senior Feminino	03:19:45	+01:40:43	16:39
321	3484	Maria Dulce Silva Pereira	Individual	Senior Feminino	03:19:46	+01:40:44	16:39
322	3467	marcia lopes	Individual	Senior Feminino	03:19:53	+01:40:51	16:39
323	3193	Cristina Gonçalves	FALTA MUITO?	Senior Feminino	03:19:53	+01:40:51	16:39
324	3189	Isabel Pinto	Eu+ Ginásio | LMA	Senior Feminino	03:20:18	+01:41:16	16:42
325	3929	Joana Barbosa	Run4all	Senior Feminino	03:20:40	+01:41:38	16:43
326	3931	Lara Andrade	Run4all	Senior Feminino	03:20:40	+01:41:38	16:43
327	3578	Sonia Silva	Individual	Senior Feminino	03:20:46	+01:41:44	16:44
328	3577	Sónia Raquel Ferras Silva	Individual	Senior Feminino	03:20:59	+01:41:57	16:45
329	3882	Alexandra Sofia Duarte Caldeira	Os Caldeiras	Senior Feminino	03:21:05	+01:42:03	16:45
330	3356	celia carvalho	Individual	Senior Feminino	03:21:17	+01:42:15	16:46
331	3608	Teresa Montenegro	Individual	Senior Feminino	03:21:42	+01:42:40	16:48
332	3400	Fátima Susana Gomes Recarei Azevedo de Carvalho	Individual	Senior Feminino	03:21:42	+01:42:40	16:49
333	3363	CELSA MOREIRA DO ESPIRITO SANTO	Individual	Senior Feminino	03:21:50	+01:42:48	16:49
334	1404	Tania Isabel Nogueira Rebelo	Individual	Senior Feminino	03:21:52	+01:42:50	16:49
335	3315	Ana Rita VRimo Ferreira Oliveira	Individual	Senior Feminino	03:21:56	+01:42:54	16:50
336	3595	Susana Maria Ferreira de Oliveira	Individual	Senior Feminino	03:21:57	+01:42:55	16:50
337	4155	Cristiana Marina Soares Barbosa Pinto do Couto	Individual	Senior Feminino	03:22:09	+01:43:07	16:51
338	3377	Daniela Lopes	Individual	Senior Feminino	03:22:46	+01:43:44	16:54
339	3615	vera lucia moreira bessa	Individual	Senior Feminino	03:22:59	+01:43:57	16:55
340	4038	Marta Fonseca	Sweet Runners	Senior Feminino	03:23:00	+01:43:58	16:55
341	4017	Ana Rita Ribeiro	Sweet Runners	Senior Feminino	03:23:00	+01:43:58	16:55
342	3349	Carla Susana Ferreira Pinto	Individual	Senior Feminino	03:23:04	+01:44:02	16:55
343	3569	Silvina Mota	Individual	Senior Feminino	03:23:04	+01:44:02	16:55
344	3426	ISABEL REBELO	Individual	Senior Feminino	03:23:14	+01:44:12	16:56
345	3296	Ana Ferro	Individual	Senior Feminino	03:23:18	+01:44:16	16:57
346	3553	Sandra Daniela Ferreira Pinto da Costa	Individual	Senior Feminino	03:23:19	+01:44:17	16:57
347	3558	Sara Marisa Pinto Ribeiro	Individual	Senior Feminino	03:23:27	+01:44:25	16:57
348	3186	Carla Costa	Eu+ Ginásio | LMA	Senior Feminino	03:23:31	+01:44:29	16:58
349	3369	Cláudia Isabel Pinto Gonçalves	Individual	Senior Feminino	03:23:54	+01:44:52	17:00
350	3423	Isabel Maria Pinto Lopes	Individual	Senior Feminino	03:23:55	+01:44:53	17:00
351	3791	Luzia da Conceição Sousa Azevedo	LagareSport	Senior Feminino	03:23:56	+01:44:54	17:00
352	4033	Maria Alzira Silva	Sweet Runners	Senior Feminino	03:24:56	+01:45:54	17:05
353	4037	Marina Pinheiro	Sweet Runners	Senior Feminino	03:24:57	+01:45:55	17:05

Corrida Caminhada 12K

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

354	4029	Irene Bento	Sweet Runners	Senior Feminino	03:24:57	+01:45:55	17:05
355	3348	carla susana durães ferreira	Individual	Senior Feminino	03:25:03	+01:46:01	17:05
356	3433	Joana Barbosa	Individual	Senior Feminino	03:25:29	+01:46:27	17:07
357	3544	Rosa Maria Castro Moreira	Individual	Senior Feminino	03:26:30	+01:47:28	17:12
358	4099	Maria Almeida	Team Idealkorpus	Senior Feminino	03:27:26	+01:48:24	17:17
359	4096	Isabel Delgado	Team Idealkorpus	Senior Feminino	03:27:26	+01:48:24	17:17
360	3212	Paula Cristina Mesquita Macedo da Rocha	FAST AO KM-PRR/Health&Nutrition	Senior Feminino	03:27:30	+01:48:28	17:18
361	3354	Cátia Soraia Dias Pinto	Individual	Senior Feminino	03:27:53	+01:48:51	17:19
362	3347	Carla Sofia da Rocha Dias	Individual	Senior Feminino	03:27:53	+01:48:51	17:19
363	1365	marta martins	Individual	Senior Feminino	03:27:57	+01:48:55	17:20
364	3602	Susana Ribeiro	Individual	Senior Feminino	03:27:58	+01:48:56	17:20
365	3564	Silvia Ferreira	Individual	Senior Feminino	03:28:08	+01:49:06	17:21
366	3309	Ana Paula Soares Freitas	Individual	Senior Feminino	03:28:36	+01:49:34	17:23
367	3386	Dulce Fernandes	Individual	Senior Feminino	03:29:21	+01:50:19	17:27
368	3379	daniela rodrigues	Individual	Senior Feminino	03:29:26	+01:50:24	17:27
369	3187	Catarina Preto	Eu+ Ginásio | LMA	Senior Feminino	03:29:29	+01:50:27	17:27
370	3253	Paula Rodrigues	Gente do Norte	Senior Feminino	03:29:48	+01:50:46	17:29
371	3254	Rita Rocha	Gente do Norte	Senior Feminino	03:29:48	+01:50:46	17:29
372	3252	Marlene Andrade	Gente do Norte	Senior Feminino	03:29:48	+01:50:46	17:29
373	3250	Luz Mendes	Gente do Norte	Senior Feminino	03:29:49	+01:50:47	17:29
374	3251	Maria Rosa Taipa	Gente do Norte	Senior Feminino	03:29:52	+01:50:50	17:29
375	3788	Patrícia Carvalho	LA Zinco	Senior Feminino	03:29:53	+01:50:51	17:29
376	3831	ANA P.DIAS	NOCTURNOS DE PAREDES	Senior Feminino	03:30:20	+01:51:18	17:32
377	3833	CARINA ALMEIDA	NOCTURNOS DE PAREDES	Senior Feminino	03:30:20	+01:51:18	17:32
378	3841	LILIANA COELHO	NOCTURNOS DE PAREDES	Senior Feminino	03:30:20	+01:51:18	17:32
379	3983	Conceição Martins	Solmaia Runners	Senior Feminino	03:30:34	+01:51:32	17:33
380	3977	Ana Mota	Solmaia Runners	Senior Feminino	03:30:34	+01:51:32	17:33
381	3978	Ana Silva	Solmaia Runners	Senior Feminino	03:30:34	+01:51:32	17:33
382	3997	Sandra Santos	Solmaia Runners	Senior Feminino	03:30:34	+01:51:32	17:33
383	3985	Diana Pereira	Solmaia Runners	Senior Feminino	03:30:35	+01:51:33	17:33
384	3979	Carla Morais	Solmaia Runners	Senior Feminino	03:30:36	+01:51:34	17:33
385	3168	isabel araujo	ERMIDAFIT Runners	Senior Feminino	03:30:56	+01:51:54	17:35
386	3170	marisa dias	ERMIDAFIT Runners	Senior Feminino	03:30:56	+01:51:54	17:35
387	3169	manuela dias	ERMIDAFIT Runners	Senior Feminino	03:30:56	+01:51:54	17:35
388	3190	Joana Andrade	Eu+ Ginásio | LMA	Senior Feminino	03:31:08	+01:52:06	17:36
389	3532	Patricia Isabel Leal Moreira	Individual	Senior Feminino	03:31:42	+01:52:40	17:39
390	3359	Célia Rocha	Individual	Senior Feminino	03:31:43	+01:52:41	17:39
391	4121	Mariana Andrade	Thunder Team	Senior Feminino	03:31:58	+01:52:56	17:40
392	4123	Rosa Branca Andrade	Thunder Team	Senior Feminino	03:32:18	+01:53:16	17:42
393	3494	MARIA ISABEL DE SOUSA GONÇALVES	Individual	Senior Feminino	03:32:19	+01:53:17	17:42
394	3112	Helena Isabel Gonçalves Ferreira	Código Musical	Senior Feminino	03:32:38	+01:53:36	17:43
395	3111	Ana Torres	Código Musical	Senior Feminino	03:32:38	+01:53:36	17:43
396	3828	ALDINA GOMES	NOCTURNOS DE PAREDES	Senior Feminino	03:33:03	+01:54:01	17:45
397	3381	Delfina Pereira	Individual	Senior Feminino	03:33:11	+01:54:09	17:46
398	3836	ISABEL MOREIRA	NOCTURNOS DE PAREDES	Senior Feminino	03:33:16	+01:54:14	17:46

Corrida Caminhada 12K

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

399	3249	Cristina Silva	Gente do Norte	Senior Feminino	03:33:37	+01:54:35	17:48
400	3501	Maria josé Teixeira Duraes	Individual	Senior Feminino	03:33:41	+01:54:39	17:48
401	4130	M ALICE COSTA	TOU QUE NEM POSSO	Senior Feminino	03:33:52	+01:54:50	17:49
402	3585	Susana Cristina Sousa Moreira	Individual	Senior Feminino	03:33:54	+01:54:52	17:50
403	3325	Anabela Rocha Moreira	Individual	Senior Feminino	03:33:56	+01:54:54	17:50
404	3611	Vania Carla Sousa Matos	Individual	Senior Feminino	03:33:56	+01:54:54	17:50
405	3343	Carla Manuela Vieira Pinheiro	Individual	Senior Feminino	03:34:21	+01:55:19	17:52
406	3160	Micaela Sabina Moreira Santos	Equipotência	Senior Feminino	03:35:34	+01:56:32	17:58
407	3161	Susana Filipa Ferreira Taipa	Equipotência	Senior Feminino	03:35:34	+01:56:32	17:58
408	3158	Ana Moreira	Equipotência	Senior Feminino	03:35:53	+01:56:51	17:59
409	3159	Cristina Meireles	Equipotência	Senior Feminino	03:35:54	+01:56:52	17:59
410	4065	Patricia Duarte	Tangerinas	Senior Feminino	03:36:21	+01:57:19	18:02
411	3832	ANGELA SILVA	NOCTURNOS DE PAREDES	Senior Feminino	03:36:57	+01:57:55	18:05
412	3308	Ana Paula Santos	Individual	Senior Feminino	03:37:26	+01:58:24	18:07
413	3473	Maria Amélia Oliveira Silva	Individual	Senior Feminino	03:37:26	+01:58:24	18:07
414	3341	Carina MAria Gonçalves Sousa	Individual	Senior Feminino	03:37:50	+01:58:48	18:09
415	3793	Rosa Manuela Sousa Azevedo	LagareSport	Senior Feminino	03:37:51	+01:58:49	18:09
416	3471	MARIA ALICE VIEIRA PINTO	Individual	Senior Feminino	03:37:52	+01:58:50	18:09
417	3466	Márcia do Rosário da Silva Oliveira	Individual	Senior Feminino	03:37:53	+01:58:51	18:09
418	3609	Teresa Raquel da Silva Oliveira	Individual	Senior Feminino	03:37:53	+01:58:51	18:09
419	3521	MAVI GONÇALVES	Individual	Senior Feminino	03:38:20	+01:59:18	18:12
420	3352	CATARINA MONTEIRO	Individual	Senior Feminino	03:38:43	+01:59:41	18:14
421	4043	Patricia Andreia Soares da Rocha	Sweet Runners	Senior Feminino	03:39:39	+02:00:37	18:18
422	4018	Carla Sousa	Sweet Runners	Senior Feminino	03:39:39	+02:00:37	18:18
423	3020	Maria Ferreira	Aerodance Trail Running	Senior Feminino	03:40:25	+02:01:23	18:22
424	3017	Liliana Cerqueira	Aerodance Trail Running	Senior Feminino	03:40:25	+02:01:23	18:22
425	3026	Rosalina Pedroso	Aerodance Trail Running	Senior Feminino	03:40:25	+02:01:23	18:22
426	3025	Rosa Maria Costa	Aerodance Trail Running	Senior Feminino	03:40:25	+02:01:23	18:22
427	3350	Catarina Lucas	Individual	Senior Feminino	03:40:35	+02:01:33	18:23
428	3022	Marina Pereira	Aerodance Trail Running	Senior Feminino	03:40:48	+02:01:46	18:24
429	3795	Alexandra Ribeiro	liketomove.com	Senior Feminino	03:42:01	+02:02:59	18:30
430	3039	Carina Moreira	Afrikan Runners	Senior Feminino	03:42:01	+02:02:59	18:30
431	3038	Ariana Martins	Afrikan Runners	Senior Feminino	03:42:01	+02:02:59	18:30
432	3987	Helena Lopes	Solmaia Runners	Senior Feminino	03:42:04	+02:03:02	18:30
433	3993	Paula Campos	Solmaia Runners	Senior Feminino	03:42:04	+02:03:02	18:30
434	3452	Liliana Patricia Ferreira Amarante	Individual	Senior Feminino	03:42:10	+02:03:08	18:31
435	3085	Ana Ferreira	BYL! BEAT YOUR LIMIT!	Senior Feminino	03:42:25	+02:03:23	18:32
436	3480	Maria de Fátima Silva Teixeira	Individual	Senior Feminino	03:42:47	+02:03:45	18:34
437	3289	Amália Maria Miranda Ferreira dos Santos	Individual	Senior Feminino	03:42:48	+02:03:46	18:34
438	3479	MARIA DE FATIMA OLIVEIRA SILVA	Individual	Senior Feminino	03:42:52	+02:03:50	18:34
439	3227	Alexandra Benedita Azevedo Loureiro Carvalho Graça	Fox	Senior Feminino	03:43:15	+02:04:13	18:36
440	3542	Raquel Ramos Vilaça	Individual	Senior Feminino	03:43:34	+02:04:32	18:38
441	3432	JOANA AMARO	Individual	Senior Feminino	03:43:34	+02:04:32	18:38
442	3550	Sandra Carvalho	Individual	Senior Feminino	03:43:36	+02:04:34	18:38
443	3527	Olena Myarkovska	Individual	Senior Feminino	03:43:36	+02:04:34	18:38

Corrida Caminhada 12K

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

444	3507	Maria paula cabral	Individual	Senior Feminino	03:43:36	+02:04:34	18:38
445	3520	Marta Ribeiro	Individual	Senior Feminino	03:43:38	+02:04:36	18:38
446	3012	Cátia Ferreira	Aerodance Trail Running	Senior Feminino	03:44:01	+02:04:59	18:40
447	3238	Sandra Almeida	Funky Runners	Senior Feminino	03:44:05	+02:05:03	18:40
448	3292	Ana Bárbara Valente de Castro	Individual	Senior Feminino	03:44:13	+02:05:11	18:41
449	3405	Gisela de Oliveira Santiago	Individual	Senior Feminino	03:44:14	+02:05:12	18:41
450	3969	Raquel Alexandra de Almeida Jesus	Sharm el sheikh	Senior Feminino	03:44:14	+02:05:12	18:41
451	3968	Ana Patricia Pinto Oliveira	Sharm el sheikh	Senior Feminino	03:44:18	+02:05:16	18:42
452	3497	Maria João Teixeira Rocha	Individual	Senior Feminino	03:44:49	+02:05:47	18:44
453	3492	Maria Ferreira Nunes	Individual	Senior Feminino	03:44:50	+02:05:48	18:44
454	3526	Natalia Cecilia da Rocha Ferreira	Individual	Senior Feminino	03:44:53	+02:05:51	18:44
455	3323	Anabela Ferreira Nogueira	Individual	Senior Feminino	03:44:54	+02:05:52	18:44
456	3061	Isa Paula Tomé Mateus	ARCORUN	Senior Feminino	03:45:20	+02:06:18	18:47
457	3063	Rafaela Cerdeira Silva	ARCORUN	Senior Feminino	03:45:20	+02:06:18	18:47
458	3062	Marta Monteiro	ARCORUN	Senior Feminino	03:45:20	+02:06:18	18:47
459	3300	Ana Lúcia Teixeira Correia Vieira	Individual	Senior Feminino	03:45:41	+02:06:39	18:48
460	3923	Natércia Flora Nunes	raposas do porto	Senior Feminino	03:46:51	+02:07:49	18:54
461	3606	Tânia Manuela Ferreira Rocha	Individual	Senior Feminino	03:46:52	+02:07:50	18:54
462	3388	Elisa Lopes	Individual	Senior Feminino	03:47:24	+02:08:22	18:57
463	3499	Maria José Neves	Individual	Senior Feminino	03:47:27	+02:08:25	18:57
464	3304	Ana Melo	Individual	Senior Feminino	03:48:00	+02:08:58	19:00
465	3434	Joana Daniela Silva Pereira	Individual	Senior Feminino	03:48:15	+02:09:13	19:01
466	3581	Susana Alexandra Vaz Santos Freitas	Individual	Senior Feminino	03:48:27	+02:09:25	19:02
467	3563	Sílvia de Jesus Bessa Xavier	Individual	Senior Feminino	03:48:27	+02:09:25	19:02
468	4072	Ascenção Barbosa	Team DUAS FACES	Senior Feminino	03:48:35	+02:09:33	19:03
469	4073	Claudia Ferreira	Team DUAS FACES	Senior Feminino	03:48:35	+02:09:33	19:03
470	3182	Célia Maria Cardoso Silva	Esinval	Senior Feminino	03:48:36	+02:09:34	19:03
471	3926	Ana Maria Caetano Rocha	Rompe Solas	Senior Feminino	03:48:42	+02:09:40	19:04
472	3397	Eva Natália Borges Oliveira	Individual	Senior Feminino	03:49:01	+02:09:59	19:05
473	2300	Maria Sofia Arrepia Ferreira	Individual	Senior Feminino	03:49:22	+02:10:20	19:07
474	2299	Helena Maria Carneiro Almeida Arrepia Ferreira	Individual	Senior Feminino	03:49:22	+02:10:20	19:07
475	4024	Fernanda Rocha	Sweet Runners	Senior Feminino	03:49:23	+02:10:21	19:07
476	3583	Susana Carneiro	Individual	Senior Feminino	03:49:37	+02:10:35	19:08
477	4039	Micaela Rodrigues	Sweet Runners	Senior Feminino	03:50:03	+02:11:01	19:10
478	3416	Ines Silva	Individual	Senior Feminino	03:50:04	+02:11:02	19:10
479	3535	Paula cristina Catarino reis dos anjos	Individual	Senior Feminino	03:50:04	+02:11:02	19:10
480	3486	Maria Emília da fonte	Individual	Senior Feminino	03:50:05	+02:11:03	19:10
481	4040	Nicole Rodrigues	Sweet Runners	Senior Feminino	03:50:05	+02:11:03	19:10
482	4097	Marcia Bessa	Team Idealkorpus	Senior Feminino	03:50:27	+02:11:25	19:12
483	4093	Fabia Santos	Team Idealkorpus	Senior Feminino	03:50:28	+02:11:26	19:12
484	4090	Ana Bessa	Team Idealkorpus	Senior Feminino	03:50:29	+02:11:27	19:12
485	4064	Luisa Moreno	Tangerinas	Senior Feminino	03:50:36	+02:11:34	19:13
486	4022	Deolinda Barros	Sweet Runners	Senior Feminino	03:50:55	+02:11:53	19:15
487	4027	Idalina Alves	Sweet Runners	Senior Feminino	03:50:56	+02:11:54	19:15
488	3390	Elisabete Maia	Individual	Senior Feminino	03:50:57	+02:11:55	19:15
489	3429	Isabel Susano	Individual	Senior Feminino	03:51:05	+02:12:03	19:15

Corrida Caminhada 12K

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

490	3446	Lídia Vale	Individual	Senior Feminino	03:51:05	+02:12:03	19:15
491	3464	Manuela Soares Silva	Individual	Senior Feminino	03:51:40	+02:12:38	19:18
492	3562	Sílvia Coelho	Individual	Senior Feminino	03:51:41	+02:12:39	19:18
493	3539	Paula Soares Silva	Individual	Senior Feminino	03:51:41	+02:12:39	19:18
494	4063	Joana Ferreira	Tangerinas	Senior Feminino	03:51:42	+02:12:40	19:18
495	4066	Paula Cardoso	Tangerinas	Senior Feminino	03:51:42	+02:12:40	19:19
496	4129	EMILIA PEIXOTO	TOU QUE NEM POSSO	Senior Feminino	03:51:48	+02:12:46	19:19
497	3811	Vanessa Barbosa	Mankinhas	Senior Feminino	03:51:53	+02:12:51	19:19
498	3806	Carla Brinco	Mankinhas	Senior Feminino	03:51:54	+02:12:52	19:20
499	3530	Olivia Coelho	Individual	Senior Feminino	03:52:13	+02:13:11	19:21
500	3241	Susana Meireles	Funky Runners	Senior Feminino	03:52:17	+02:13:15	19:21
501	3528	Olga Cristina Moreira Rodrigues	Individual	Senior Feminino	03:52:19	+02:13:17	19:22
502	3447	Lígia Maria Cepeda Machado	Individual	Senior Feminino	03:52:21	+02:13:19	19:22
503	3505	Maria Natividade Pereira Esteves	Individual	Senior Feminino	03:52:44	+02:13:42	19:24
504	3368	Cláudia Cristina Casimiro Gomes	Individual	Senior Feminino	03:52:45	+02:13:43	19:24
505	3895	Mariana Oliveira	Os Penduras	Senior Feminino	03:53:30	+02:14:28	19:28
506	3894	Leonor Teixeira	Os Penduras	Senior Feminino	03:53:31	+02:14:29	19:28
507	3414	Ines LOBO Moreira	Individual	Senior Feminino	03:53:47	+02:14:45	19:29
508	3545	Rosa Maria Santos Lobo Moreira	Individual	Senior Feminino	03:53:47	+02:14:45	19:29
509	3439	Julia Maria dos Santos Lobo Goncalves Monteiro	Individual	Senior Feminino	03:53:48	+02:14:46	19:29
510	4028	Inês Alves	Sweet Runners	Senior Feminino	03:53:53	+02:14:51	19:29
511	3918	Filipa Rocha	PRIMUS RUN	Senior Feminino	03:54:20	+02:15:18	19:32
512	3919	Isabel Nogueira	PRIMUS RUN	Senior Feminino	03:54:20	+02:15:18	19:32
513	3917	Carla Pacheco	PRIMUS RUN	Senior Feminino	03:54:21	+02:15:19	19:32
514	3019	Manuela Loureiro	Aerodance Trail Running	Senior Feminino	03:54:21	+02:15:19	19:32
515	3016	Juliana Monteiro	Aerodance Trail Running	Senior Feminino	03:54:22	+02:15:20	19:32
516	3013	Cristina Campos	Aerodance Trail Running	Senior Feminino	03:54:22	+02:15:20	19:32
517	3597	SUSANA MARIA TENTÚGAL COSTA FERREIRA	Individual	Senior Feminino	03:54:27	+02:15:25	19:32
518	3010	Alexandra Samtos	Aerodance Trail Running	Senior Feminino	03:54:34	+02:15:32	19:33
519	3015	Isabete Miranda	Aerodance Trail Running	Senior Feminino	03:54:35	+02:15:33	19:33
520	3599	Susana Monteiro Pinto	Individual	Senior Feminino	03:55:12	+02:16:10	19:36
521	3961	Joana Filipa dos Santos Neto	Sem Medo Nenhum.	Senior Feminino	03:55:31	+02:16:29	19:38
522	3959	Ana Rita Moreira Alves	Sem Medo Nenhum.	Senior Feminino	03:55:31	+02:16:29	19:38
523	4016	Ana Leal	Sweet Runners	Senior Feminino	03:55:36	+02:16:34	19:38
524	3021	Maria João Mesquita	Aerodance Trail Running	Senior Feminino	03:55:43	+02:16:41	19:39
525	3024	Rosa Castro	Aerodance Trail Running	Senior Feminino	03:55:43	+02:16:41	19:39
526	3014	Irene Bastos	Aerodance Trail Running	Senior Feminino	03:55:44	+02:16:42	19:39
527	3847	MARISA MOREIRA	NOCTURNOS DE PAREDES	Senior Feminino	03:56:09	+02:17:07	19:41
528	3027	Susana Santos	Aerodance Trail Running	Senior Feminino	03:56:25	+02:17:23	19:42
529	3018	Manuela Antunes	Aerodance Trail Running	Senior Feminino	03:56:25	+02:17:23	19:42
530	3420	Isabel Cristina Freitas Marques	Individual	Senior Feminino	03:56:28	+02:17:26	19:42
531	3938	MARTA PINHEIRO	run4fun	Senior Feminino	03:56:28	+02:17:26	19:42
532	3858	SUSANA MAGALHAES	NOCTURNOS DE PAREDES	Senior Feminino	03:56:45	+02:17:43	19:44
533	3103	Lucia Lemos	CDS Paredes	Senior Feminino	03:57:13	+02:18:11	19:46
534	3105	Suse Rocha	CDS Paredes	Senior Feminino	03:57:13	+02:18:11	19:46

Corrida Caminhada 12K

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

535	3850	MONICA FERREIRA	NOCTURNOS DE PAREDES	Senior Feminino	03:57:32	+02:18:30	19:48
536	3854	SANDRA PINTO	NOCTURNOS DE PAREDES	Senior Feminino	03:57:33	+02:18:31	19:48
537	3435	Joana Freitas	Individual	Senior Feminino	03:58:23	+02:19:21	19:52
538	1379	sabrina katia pedone	Individual	Senior Feminino	03:59:18	+02:20:16	19:57
539	4102	Maria Nunes	Team Idealkorpus	Senior Feminino	03:59:19	+02:20:17	19:57
540	3472	Maria Alzira Rocha Silva	Individual	Senior Feminino	03:59:28	+02:20:26	19:57
541	3367	Cláudia Catarina Silva Pereira	Individual	Senior Feminino	03:59:29	+02:20:27	19:57
542	1902	MARIANA PINTO	NOCTURNOS DE PAREDES	Senior Feminino	03:59:45	+02:20:43	19:59
543	3835	INES URBANO	NOCTURNOS DE PAREDES	Senior Feminino	03:59:45	+02:20:43	19:59
544	3838	JOANA VILARINHO	NOCTURNOS DE PAREDES	Senior Feminino	03:59:48	+02:20:46	19:59
545	3451	Liliana Maria Almeida Borges	Individual	Senior Feminino	03:59:50	+02:20:48	19:59
546	3912	Fatima Lopes	Pernetas	Senior Feminino	03:59:56	+02:20:54	20:00
547	3826	teresa sousa	"Não sei se aguento"	Senior Feminino	03:59:57	+02:20:55	20:00
548	3911	Diana Caetano	Pernetas	Senior Feminino	03:59:57	+02:20:55	20:00
549	3825	Florbela Santos	"Não sei se aguento"	Senior Feminino	03:59:57	+02:20:55	20:00
550	3232	Carla Gomes	Funky Runners	Senior Feminino	04:01:30	+02:22:28	20:08
551	3240	Sónia Ferreirinha	Funky Runners	Senior Feminino	04:01:32	+02:22:30	20:08
552	3239	Sara Mota	Funky Runners	Senior Feminino	04:01:32	+02:22:30	20:08
553	3150	Raquel Daniela Lopes Vieira da Cruz	Equipa EBC	Senior Feminino	04:01:35	+02:22:33	20:08
554	3147	Joana Margarida Fernandes Ribeiro da Silva	Equipa EBC	Senior Feminino	04:02:08	+02:23:06	20:11
555	3148	Noémia Maria de Sousa Barbosa	Equipa EBC	Senior Feminino	04:02:08	+02:23:06	20:11
556	3149	Raquel Andreia Ferreira da Rocha	Equipa EBC	Senior Feminino	04:02:08	+02:23:06	20:11
557	3143	Fátima Cecília Pereira Barbosa	Equipa EBC	Senior Feminino	04:02:09	+02:23:07	20:11
558	4106	Ana Sofia Cunha Ferreira	Tecla 3 Runners	Senior Feminino	04:02:21	+02:23:19	20:12
559	4111	Marta Filipa Gomes Vieira Ribeiro da Silva	Tecla 3 Runners	Senior Feminino	04:02:21	+02:23:19	20:12
560	4107	Ângela Sofia Monteiro Vieira	Tecla 3 Runners	Senior Feminino	04:02:23	+02:23:21	20:12
561	4108	Catarina Rocha	Tecla 3 Runners	Senior Feminino	04:02:23	+02:23:21	20:12
562	3534	Paula Cardoso de Pinho	Individual	Senior Feminino	04:03:44	+02:24:42	20:19
563	3360	Celia Soares Mauricio	Individual	Senior Feminino	04:03:44	+02:24:42	20:19
564	3358	Célia Maria Teixeira dos Santos	Individual	Senior Feminino	04:03:55	+02:24:53	20:20
565	3339	Candida. Alves	Individual	Senior Feminino	04:03:55	+02:24:53	20:20
566	3587	Susana Fernandes	Individual	Senior Feminino	04:03:55	+02:24:53	20:20
567	4031	Joana Mota	Sweet Runners	Senior Feminino	04:04:40	+02:25:38	20:23
568	3003	Fatima Borges	@venida Team	Senior Feminino	04:04:48	+02:25:46	20:24
569	3410	Helena da Conceição Sousa Silva	Individual	Senior Feminino	04:05:08	+02:26:06	20:26
570	3513	Marlene Dias Gonçalves	Individual	Senior Feminino	04:05:13	+02:26:11	20:26
571	4047	Sandra Silva	Sweet Runners	Senior Feminino	04:05:15	+02:26:13	20:26
572	4020	Cristiana Leal	Sweet Runners	Senior Feminino	04:05:15	+02:26:13	20:26
573	3151	Sofia Raque Nunes da Rocha	Equipa EBC	Senior Feminino	04:05:29	+02:26:27	20:27
574	3153	Susana Patricia da Costa Silva	Equipa EBC	Senior Feminino	04:05:29	+02:26:27	20:27
575	3128	Claudia Rocha	Desportonolimite	Senior Feminino	04:06:44	+02:27:42	20:34
576	4048	Silvia Ribeiro	Sweet Runners	Senior Feminino	04:07:05	+02:28:03	20:35
577	3142	Célia Maria da Silva Barbosa Pereira	Equipa EBC	Senior Feminino	04:07:06	+02:28:04	20:36
578	3144	Isabel Filomena dos Santos Barbosa	Equipa EBC	Senior Feminino	04:07:06	+02:28:04	20:36
579	3152	Susana Filipa Soares de Barros	Equipa EBC	Senior Feminino	04:07:07	+02:28:05	20:36

Corrida Caminhada 12K

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

580	3146	Isabel Maria Rocha Moreira	Equipa EBC	Senior Feminino	04:07:07	+02:28:05	20:36
581	3188	Elva Bonifacio Andrade	Eu+ Ginásio | LMA	Senior Feminino	04:07:07	+02:28:05	20:36
582	3185	Begoña Perez	Eu+ Ginásio | LMA	Senior Feminino	04:07:08	+02:28:06	20:36
583	3229	Ana Meireles	Funky Runners	Senior Feminino	04:08:45	+02:29:43	20:44
584	3234	Cidália Barros	Funky Runners	Senior Feminino	04:08:46	+02:29:44	20:44
585	4140	Rita Martins	Toyota 4Runner	Senior Feminino	04:08:53	+02:29:51	20:44
586	3321	Ana Teresa Oliveira Teixeira Pinto	Individual	Senior Feminino	04:09:07	+02:30:05	20:46
587	3460	Madalena couto	Individual	Senior Feminino	04:09:22	+02:30:20	20:47
588	3427	Isabel ribeiro	Individual	Senior Feminino	04:09:22	+02:30:20	20:47
589	1402	Susana Rito	Individual	Senior Feminino	04:09:24	+02:30:22	20:47
590	3333	aurora manuela santos costa	Individual	Senior Feminino	04:09:40	+02:30:38	20:48
591	3355	Celeste Barros Lopes	Individual	Senior Feminino	04:09:41	+02:30:39	20:48
592	4094	Fátima Carvalho	Team Idealkorpus	Senior Feminino	04:10:31	+02:31:29	20:53
593	4095	Goreti Cruz	Team Idealkorpus	Senior Feminino	04:10:31	+02:31:29	20:53
594	3286	Alice Matilde Barbosa Ribeiro	Individual	Senior Feminino	04:10:47	+02:31:45	20:54
595	3586	Susana Cristina Teixeira Ferreira	Individual	Senior Feminino	04:11:39	+02:32:37	20:58
596	3011	Carla Reis	Aerodance Trail Running	Senior Feminino	04:12:35	+02:33:33	21:03
597	3921	Cristina Silva	Rainha Club	Senior Feminino	04:12:37	+02:33:35	21:03
598	1196	Raquel Fernandes	Eu+ Ginásio | LMA	Senior Feminino	04:12:41	+02:33:39	21:03
599	1197	Sara Ferreira	Eu+ Ginásio | LMA	Senior Feminino	04:12:41	+02:33:39	21:03
600	1303	Ana Catarina Martins	Individual	Senior Feminino	04:12:52	+02:33:50	21:04
601	3440	Juliana castro	Individual	Senior Feminino	04:12:53	+02:33:51	21:04
602	3385	Diana Portas	Individual	Senior Feminino	04:12:54	+02:33:52	21:04
603	3328	Andreia Alice moreira	Individual	Senior Feminino	04:12:54	+02:33:52	21:05
604	3307	Ana paula ribeiro	Individual	Senior Feminino	04:12:55	+02:33:53	21:05
605	3590	Susana Jorge	Individual	Senior Feminino	04:12:56	+02:33:54	21:05
606	3324	Anabela Guimarães	Individual	Senior Feminino	04:15:13	+02:36:11	21:16
607	4025	Filipa Silva	Sweet Runners	Senior Feminino	04:16:31	+02:37:29	21:23
608	4036	Maria Gloria Dias	Sweet Runners	Senior Feminino	04:16:31	+02:37:29	21:23
609	4046	Rosária Dias	Sweet Runners	Senior Feminino	04:16:31	+02:37:29	21:23
610	4035	Maria Freitas	Sweet Runners	Senior Feminino	04:16:41	+02:37:39	21:23
611	3810	Susana Castro	mankinhas	Senior Feminino	04:17:00	+02:37:58	21:25
612	3807	Mafalda Costa	Mankinhas	Senior Feminino	04:17:00	+02:37:58	21:25
613	3942	Michelle ferreira	rungo	Senior Feminino	04:17:55	+02:38:53	21:30
614	1325	Carla Salomé Freitas Lopes dos Santos	Individual	Senior Feminino	04:17:58	+02:38:56	21:30
615	3941	Joana Sousa	rungo	Senior Feminino	04:18:08	+02:39:06	21:31
616	4041	Otacilia Silva	Sweet Runners	Senior Feminino	04:18:20	+02:39:18	21:32
617	4023	Elisete Viega	Sweet Runners	Senior Feminino	04:18:20	+02:39:18	21:32
618	4045	Raquel de Jesus Barbosa Leal Gomes	Sweet Runners	Senior Feminino	04:18:20	+02:39:18	21:32
619	3364	César Filipe Moreira Magalhães	Individual	Senior Feminino	04:19:05	+02:40:03	21:35
620	3503	Maria Luisa Pinto Ribeiro	Individual	Senior Feminino	04:19:08	+02:40:06	21:36
621	3345	Carla Mariana Moreira Campos	Individual	Senior Feminino	04:19:37	+02:40:35	21:38
622	3514	Marlene Manuela Pinto Moreira	Individual	Senior Feminino	04:19:37	+02:40:35	21:38
623	3437	Joana sofia Calvario Areal	Individual	Senior Feminino	04:19:38	+02:40:36	21:38
624	3840	LIDIA MOTA	NOCTURNOS DE PAREDES	Senior Feminino	04:19:38	+02:40:36	21:38
625	3809	Sara Dias	Mankinhas	Senior Feminino	04:20:05	+02:41:03	21:40

Corrida Caminhada 12K

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

626	3897	Suzana Ribeiro	Os Penduras	Senior Feminino	04:23:29	+02:44:27	21:57
627	3896	Marlene Fernandes	Os Penduras	Senior Feminino	04:23:30	+02:44:28	21:57
628	3346	Carla Natercia Barros Teixeira Moura	Individual	Senior Feminino	04:23:52	+02:44:50	21:59
629	3242	Susana Nunes	Funky Runners	Senior Feminino	04:24:08	+02:45:06	22:01
630	3536	Paula Gomes	Individual	Senior Feminino	04:24:08	+02:45:06	22:01
631	3306	ANA PAULA ALVES	Individual	Senior Feminino	04:24:41	+02:45:39	22:03
632	3344	Carla Maria Ribeiro de Oliveira	Individual	Senior Feminino	04:26:22	+02:47:20	22:12
633	3453	Liliana Rodrigues	Individual	Senior Feminino	04:26:23	+02:47:21	22:12
634	3612	Vania Patricia Bragança Saraiva	Individual	Senior Feminino	04:26:24	+02:47:22	22:12
635	3297	Ana Filipa Fonseca Nascimento	Individual	Senior Feminino	04:26:25	+02:47:23	22:12
636	3394	Erica Patricia Rodrigues de Almeida e Silva	Individual	Senior Feminino	04:26:25	+02:47:23	22:12
637	3430	Isabel Vitelo	Individual	Senior Feminino	04:26:25	+02:47:23	22:12
638	3607	Tatiana Ferreira	Individual	Senior Feminino	04:26:25	+02:47:23	22:12
639	3373	Cristina Maria Pacheco Barbosa	Individual	Senior Feminino	04:26:48	+02:47:46	22:14
640	3415	ines Pereira da Silva	Individual	Senior Feminino	04:26:49	+02:47:47	22:14
641	3301	Ana Luis Carneiro	Individual	Senior Feminino	04:26:49	+02:47:47	22:14
642	4117	Rosaria Cruz	Tecla 3 Walking	Senior Feminino	04:26:52	+02:47:50	22:14
643	4113	Cleonice de Andrade Delgado Mendes	Tecla 3 Walking	Senior Feminino	04:26:53	+02:47:51	22:14
644	4114	Maria Esperança Couto Silva Moreira	Tecla 3 Walking	Senior Feminino	04:26:55	+02:47:53	22:15
645	3102	Juliana Lemos	CDS Paredes	Senior Feminino	04:27:35	+02:48:33	22:18
646	3104	Sandra Lemos	CDS Paredes	Senior Feminino	04:27:35	+02:48:33	22:18
647	1399	Susana Manuela Vieira Marques	Individual	Senior Feminino	04:27:35	+02:48:33	22:18
648	3338	Bruna Fabiana Lopes Magalhães	Individual	Senior Feminino	04:27:43	+02:48:41	22:19
649	3329	Andreia Filipa Sousa Monteiro	Individual	Senior Feminino	04:27:43	+02:48:41	22:19
650	3483	Maria de Lurdes Saraiva de Sousa Monteiro	Individual	Senior Feminino	04:27:44	+02:48:42	22:19
651	4075	Maria da Glória da Silva Duarte	Team DUAS FACES	Senior Feminino	04:28:09	+02:49:07	22:21
652	4076	Patricia Andrade	Team DUAS FACES	Senior Feminino	04:28:09	+02:49:07	22:21
653	3523	Mónica Rocha	Individual	Senior Feminino	04:30:15	+02:51:13	22:31
654	3859	VIVIANA OLIVEIRA	NOCTURNOS DE PAREDES	Senior Feminino	04:30:32	+02:51:30	22:33
655	3845	MARIA OLIVEIRA	NOCTURNOS DE PAREDES	Senior Feminino	04:30:38	+02:51:36	22:33
656	3893	Inês Couto	Os Penduras	Senior Feminino	04:33:29	+02:54:27	22:47
657	3441	Juliana Oliveira	Individual	Senior Feminino	04:34:13	+02:55:11	22:51
658	3127	Ilda Maia Teixeira	CrossFit Vale do Ave	Senior Feminino	04:34:14	+02:55:12	22:51
659	3543	Rita Rodrigues	Individual	Senior Feminino	04:34:14	+02:55:12	22:51
660	3002	Cristina Moreira Leão	@venida Team	Senior Feminino	04:34:53	+02:55:51	22:54
661	3001	Cristiana Vieira	@venida Team	Senior Feminino	04:34:54	+02:55:52	22:55
662	3580	Sónia Teixeira	Individual	Senior Feminino	04:34:58	+02:55:56	22:55
663	3506	Maria Nogueira	Individual	Senior Feminino	04:34:58	+02:55:56	22:55
664	3454	Liliana Teixeira	Individual	Senior Feminino	04:35:05	+02:56:03	22:55
665	3196	Sandra Pereira	FALTA MUITO?	Senior Feminino	04:35:05	+02:56:03	22:55
666	3310	ANA PAULA VIEIRA GARCÊS RIBEIRO	Individual	Senior Feminino	04:35:09	+02:56:07	22:56
667	3601	SUSANA PATRICIA LOPES ROCHA	Individual	Senior Feminino	04:35:10	+02:56:08	22:56
668	3392	ELSA MARIA LOPES MOREIRA ROCHA	Individual	Senior Feminino	04:35:11	+02:56:09	22:56
669	3540	Pureza Silva	Individual	Senior Feminino	04:35:27	+02:56:25	22:57

Corrida Caminhada 12K

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

670	3561	Sílvia Alexandra Rodrigues da Mota	Individual	Senior Feminino	04:38:07	+02:59:05	23:11
671	3589	Susana Idalina Rodrigues Mota	Individual	Senior Feminino	04:38:08	+02:59:06	23:11
672	3603	Susana Simão	Individual	Senior Feminino	04:38:09	+02:59:07	23:11
673	3443	Kelly Florencio	Individual	Senior Feminino	04:38:09	+02:59:07	23:11
674	3257	ISABEL FERREIRA	Ginasio Fit4Fun	Senior Feminino	04:39:45	+03:00:43	23:19
675	3258	JOANA MATOS	Ginasio Fit4Fun	Senior Feminino	04:39:45	+03:00:43	23:19
676	3259	JULIA JESUS	Ginasio Fit4Fun	Senior Feminino	04:39:45	+03:00:43	23:19
677	3260	LILIANA SANTIAGO	Ginasio Fit4Fun	Senior Feminino	04:39:52	+03:00:50	23:19
678	3490	Maria Fatima Silva Fonseca	Individual	Senior Feminino	04:47:36	+03:08:34	23:58
679	3050	Teresa Maria Conceição Neves	Amigos da Quinta das Freiras	Senior Feminino	04:47:50	+03:08:48	23:59
680	3047	Catarina Alexandra Ribeiro Almeida	Amigos da Quinta das Freiras	Senior Feminino	04:47:50	+03:08:48	23:59
681	3049	Rosa Maria Almeida Ribeiro	Amigos da Quinta das Freiras	Senior Feminino	04:47:50	+03:08:48	23:59
682	3048	Cristina Lemos	Amigos da Quinta das Freiras	Senior Feminino	04:47:50	+03:08:48	23:59

Senior Masculino

1	3745	Renato Barros Coelho	Individual	Senior Masculino	01:23:26		06:57
2	3756	Rui Filipe Coelho Rodrigues	Individual	Senior Masculino	01:23:27	+00:01	06:57
3	2306	Tiago Moura	Individual	Senior Masculino	01:23:27	+00:01	06:57
4	3065	jorge ferreira gomes	ARCORUN	Senior Masculino	01:23:27	+00:01	06:57
5	3164	Luis Miguel Ferreira Neves	Equipotência	Senior Masculino	01:23:27	+00:01	06:57
6	4051	Agostinho Ferreira Alves	Sweet Runners	Senior Masculino	01:26:38	+03:12	07:13
7	3140	Ricardo Barros	Engomadoria L&A Team	Senior Masculino	01:30:15	+06:49	07:31
8	3218	Sérgio Fonseca	Feltrail	Senior Masculino	01:30:29	+07:03	07:32
9	3225	Jose Luis Aranha	FFit Gaia Trail	Senior Masculino	01:30:54	+07:28	07:35
10	4009	Luis Silva	Solmaia Runners	Senior Masculino	01:31:00	+07:34	07:35
11	3064	Carlos Couto	ARCORUN	Senior Masculino	01:31:02	+07:36	07:35
12	3067	Leonel fernando Pinto do couto	ARCORUN	Senior Masculino	01:31:29	+08:03	07:37
13	3975	João Martins	Shots International Runners	Senior Masculino	01:34:45	+11:19	07:54
14	3798	Hugo Barros	Lordelo BTT	Senior Masculino	01:35:23	+11:57	07:57
15	3732	Paulo Ferreira	Individual	Senior Masculino	01:36:20	+12:54	08:02
16	3138	João Rebelo	Engomadoria L&A Team	Senior Masculino	01:36:47	+13:21	08:04
17	3226	Mário Santiago	FFit Gaia Trail	Senior Masculino	01:37:45	+14:19	08:09
18	3216	Hélder Maias	Feltrail	Senior Masculino	01:37:46	+14:20	08:09
19	3217	José Carlos Maias	Feltrail	Senior Masculino	01:37:46	+14:20	08:09
20	3974	Artur Pereira	Shots International Runners	Senior Masculino	01:37:48	+14:22	08:09
21	3066	Jorge Manuel Marques dos Santos Silva	ARCORUN	Senior Masculino	01:38:07	+14:41	08:11
22	3137	António Lourenço	Engomadoria L&A Team	Senior Masculino	01:39:12	+15:46	08:16
23	3752	Rogério Tavares Grabulho	Individual	Senior Masculino	01:40:08	+16:42	08:21
24	3800	Jorge Moreira	Lordelo BTT	Senior Masculino	01:41:10	+17:44	08:26
25	3937	José Álvaro da Silva Ribeiro	Run4all	Senior Masculino	01:41:53	+18:27	08:29
26	4005	João Morais	Solmaia Runners	Senior Masculino	01:43:35	+20:09	08:38
27	3175	antonio coelho	ERMIDAFIT Runners	Senior Masculino	01:44:30	+21:04	08:42
28	3801	Miguel Pinho	Lordelo BTT	Senior Masculino	01:44:39	+21:13	08:43
29	3214	António Fonseca	Feltrail	Senior Masculino	01:45:10	+21:44	08:46

Corrida Caminhada 12K

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

30	3224	Eduardo Jorge Teixeira Bernardino	FFit Gaia Trail	Senior Masculino	01:46:10	+22:44	08:51
31	3176	francisco silva	ERMIDAFIT Runners	Senior Masculino	01:46:13	+22:47	08:51
32	3705	Manuel Fernando Máximo Pereira	Individual	Senior Masculino	01:46:58	+23:32	08:55
33	2003	´Hugo Vladimiro teixeira da Silva	Os Potentes	Senior Masculino	01:47:05	+23:39	08:55
34	3096	Ernesto Ribeiro	Calheiros Runners	Senior Masculino	01:47:09	+23:43	08:56
35	4131	FILIPE OLIVEIRA	TOU QUE NEM POSSO	Senior Masculino	01:47:28	+24:02	08:57
36	3651	fernando carneiro	Individual	Senior Masculino	01:47:32	+24:06	08:58
37	3095	Avelino Rodrigues	Calheiros Runners	Senior Masculino	01:47:42	+24:16	08:58
38	4136	MIGUEL ÂNGELO	TOU QUE NEM POSSO	Senior Masculino	01:47:43	+24:17	08:59
39	3658	gil silva	Individual	Senior Masculino	01:48:02	+24:36	09:00
40	4002	Vasco Fonseca	Solmaia Runners	Senior Masculino	01:48:02	+24:36	09:00
41	3675	João Pedro de Sousa Meneses	Individual	Senior Masculino	01:48:07	+24:41	09:01
42	3733	Pedro Alves	Individual	Senior Masculino	01:48:14	+24:48	09:01
43	3724	Nuno Miguel Dos Santos Gaio	Individual	Senior Masculino	01:48:16	+24:50	09:01
44	4055	Fernando Alves	Sweet Runners	Senior Masculino	01:48:40	+25:14	09:03
45	2224	Paulo Jorge Carvalho Pinto	Tecla 3 Runners	Senior Masculino	01:49:04	+25:38	09:05
46	3947	Jose Antonio Ferras Barbosa	S. S. Montepio	Senior Masculino	01:49:55	+26:29	09:10
47	1549	Leandro Correia Ferreira	Individual	Senior Masculino	01:50:10	+26:44	09:11
48	3948	Júlio Santos	S. S. Montepio	Senior Masculino	01:50:26	+27:00	09:12
49	1875	Nuno Moreira	Moinhos Run	Senior Masculino	01:50:34	+27:08	09:13
50	3799	Jorge Barbosa	Lordelo BTT	Senior Masculino	01:50:44	+27:18	09:14
51	3101	Patrício Carvalho	Calheiros Runners	Senior Masculino	01:51:44	+28:18	09:19
52	3751	roberto rios	Individual	Senior Masculino	01:52:12	+28:46	09:21
53	1437	Bruno Miguel da Costa Ferreira	Individual	Senior Masculino	01:53:52	+30:26	09:29
54	3734	pedro bastos	Individual	Senior Masculino	01:53:52	+30:26	09:29
55	4177	Nuno Reis	Individual	Senior Masculino	01:54:02	+30:36	09:30
56	3037	Vitor Costa	Aerodance Trail Running	Senior Masculino	01:54:09	+30:43	09:31
57	4004	Francisco Fonseca	Solmaia Runners	Senior Masculino	01:54:44	+31:18	09:34
58	3681	Joaquim Torres	Individual	Senior Masculino	01:54:44	+31:18	09:34
59	3099	Hugo Sousa	Calheiros Runners	Senior Masculino	01:54:46	+31:20	09:34
60	3731	Paulo Alexandre Babo Ferreira Soares	Individual	Senior Masculino	01:54:53	+31:27	09:34
61	1014	Joao Silva	ADC	Senior Masculino	01:55:16	+31:50	09:36
62	1015	Pedro Moreira	ADC	Senior Masculino	01:55:16	+31:50	09:36
63	3717	Michel Rolo	Individual	Senior Masculino	01:56:36	+33:10	09:43
64	3648	Diogo Jorge Rodrigues Afonso	Individual	Senior Masculino	01:56:48	+33:22	09:44
65	3712	Marcio André Gonçalves Pereira	Individual	Senior Masculino	01:58:15	+34:49	09:51
66	3180	nuno miguel	ERMIDAFIT Runners	Senior Masculino	01:58:52	+35:26	09:54
67	4133	IVO PITBULL	TOU QUE NEM POSSO	Senior Masculino	01:59:30	+36:04	09:58
68	3685	jorge nogueira	Individual	Senior Masculino	01:59:54	+36:28	09:59
69	3657	GENTIL OLIVEIRA	Individual	Senior Masculino	02:00:42	+37:16	10:03
70	3667	Hugo Angelo Ferraz Duarte	Individual	Senior Masculino	02:03:03	+39:37	10:15
71	3697	Jose Rafael Bras Pinto	Individual	Senior Masculino	02:03:04	+39:38	10:15
72	3210	José Francisco Brandão Batista	Fantastic Four	Senior Masculino	02:03:07	+39:41	10:16
73	4134	JORGE BARBOSA	TOU QUE NEM POSSO	Senior Masculino	02:03:29	+40:03	10:17
74	3750	Ricardo Sousa	Individual	Senior Masculino	02:03:38	+40:12	10:18
75	3162	Andre Freitas	Equipotência	Senior Masculino	02:04:11	+40:45	10:21

Corrida Caminhada 12K

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

76	3181	vitor magalhaes	ERMIDAFIT Runners	Senior Masculino	02:05:10	+41:44	10:26
77	3165	Vitor Martins	Equipotência	Senior Masculino	02:06:50	+43:24	10:34
78	3100	Miguel Carvalho	Calheiros Runners	Senior Masculino	02:07:24	+43:58	10:37
79	3141	Sérgio Rocha	Engomadoria L&A Team	Senior Masculino	02:07:31	+44:05	10:38
80	3139	José Moreira	Engomadoria L&A Team	Senior Masculino	02:07:31	+44:05	10:38
81	3773	Tiago Mendes Rocha	Individual	Senior Masculino	02:08:13	+44:47	10:41
82	3245	Joao Rocha	Funky Runners	Senior Masculino	02:09:03	+45:37	10:45
83	3636	Carlos Gomes	Individual	Senior Masculino	02:09:32	+46:06	10:48
84	4105	Laurindo Costa	Team Idealkorpus	Senior Masculino	02:09:34	+46:08	10:48
85	2059	Bruno Silva	Run & Fitness	Senior Masculino	02:09:37	+46:11	10:48
86	3719	Nelson Ferreira	Individual	Senior Masculino	02:09:43	+46:17	10:49
87	3668	Hugo Neto	Individual	Senior Masculino	02:09:53	+46:27	10:49
88	3641	Célio Moreira	Individual	Senior Masculino	02:10:41	+47:15	10:53
89	3642	Cristiano Silva	Individual	Senior Masculino	02:11:02	+47:36	10:55
90	3110	Luis Marques da Silva	Clube do Pessoal EDP - Delegação de Gaia	Senior Masculino	02:11:44	+48:18	10:59
91	3709	MANUEL PINTO	Individual	Senior Masculino	02:11:45	+48:19	10:59
92	3670	João Manuel Sousa	Individual	Senior Masculino	02:12:23	+48:57	11:02
93	3687	José Carlos da Rocha Moreira	Individual	Senior Masculino	02:13:14	+49:48	11:06
94	3031	Filipe Coutinho	Aerodance Trail Running	Senior Masculino	02:13:21	+49:55	11:07
95	2296	Fernando Bruno Caetano Rocha	Rompe Solas	Senior Masculino	02:14:26	+51:00	11:12
96	3755	Rui Eusebio	Individual	Senior Masculino	02:14:45	+51:19	11:14
97	3748	Ricardo Pereira	Individual	Senior Masculino	02:14:46	+51:20	11:14
98	3629	António Pedro Tavares	Individual	Senior Masculino	02:14:46	+51:20	11:14
99	3763	sergio alberto costa sousa	Individual	Senior Masculino	02:14:58	+51:32	11:15
100	3079	Carlos Moreira	BitRunners	Senior Masculino	02:15:26	+52:00	11:17
101	3710	Manuel Silva	Individual	Senior Masculino	02:15:59	+52:33	11:20
102	3211	Patricio Renato Vidal da Silva	Fantastic Four	Senior Masculino	02:16:02	+52:36	11:20
103	3664	Helder marques	Individual	Senior Masculino	02:16:25	+52:59	11:22
104	3740	Pedro Nogueira	Individual	Senior Masculino	02:16:38	+53:12	11:23
105	3656	Filipe Patrício	Individual	Senior Masculino	02:16:42	+53:16	11:24
106	3676	joão silva martins	Individual	Senior Masculino	02:16:43	+53:17	11:24
107	3633	BRUNO MOREIRA	Individual	Senior Masculino	02:16:43	+53:17	11:24
108	4143	Pedro Reis	Toyota 4Runner	Senior Masculino	02:17:12	+53:46	11:26
109	3097	Fernando Ferraz	Calheiros Runners	Senior Masculino	02:18:04	+54:38	11:30
110	3106	Miguel Garcez	CDS Paredes	Senior Masculino	02:18:33	+55:07	11:33
111	3678	Joaquim Manuel Ferreira Carvalhinho	Individual	Senior Masculino	02:19:20	+55:54	11:37
112	3713	Marco Azevedo de Carvalho	Individual	Senior Masculino	02:21:07	+57:41	11:46
113	4012	Ricardo Almeida	Solmaia Runners	Senior Masculino	02:21:42	+58:16	11:48
114	3728	Osvaldo Ferreira	Individual	Senior Masculino	02:23:29	+01:00:03	11:57
115	3635	CARLOS AUGUSTO BRAS PINTO NUNES	Individual	Senior Masculino	02:23:29	+01:00:03	11:57
116	3700	Luís Filipe Ribeiro Gonçalves	Individual	Senior Masculino	02:24:06	+01:00:40	12:01
117	3776	Lénio Fernando Nogueira Marinho	Jobrinde-Montes Saloios	Senior Masculino	02:24:07	+01:00:41	12:01
118	4144	Rui Costa	Toyota 4Runner	Senior Masculino	02:24:19	+01:00:53	12:02
119	3721	Nelson Ribeiro	Individual	Senior Masculino	02:24:22	+01:00:56	12:02
120	3640	Carlos Moutinho	Individual	Senior Masculino	02:24:22	+01:00:56	12:02

Corrida Caminhada 12K

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

121	3868	GONÇALO CASTRO	NOCTURNOS DE PAREDES	Senior Masculino	02:24:49	+01:01:23	12:04
122	3655	Fernando Ribeiro	Individual	Senior Masculino	02:25:05	+01:01:39	12:05
123	3946	Ricardo Ribeiro	S&R	Senior Masculino	02:25:34	+01:02:08	12:08
124	3622	Amaro Manuel Barros Moreira	Individual	Senior Masculino	02:25:35	+01:02:09	12:08
125	4142	Pedro Gonçalves	Toyota 4Runner	Senior Masculino	02:25:51	+01:02:25	12:09
126	3626	Antonio Albuquerque	Individual	Senior Masculino	02:26:18	+01:02:52	12:12
127	3071	Vitor Manuel Fontes Folgado	ARCORUN	Senior Masculino	02:26:19	+01:02:53	12:12
128	4011	Pedro Sousa	Solmaia Runners	Senior Masculino	02:27:14	+01:03:48	12:16
129	3935	ANTONIO ALMEIDA	Run4all	Senior Masculino	02:28:16	+01:04:50	12:21
130	3703	Manuel Azevedo	Individual	Senior Masculino	02:29:59	+01:06:33	12:30
131	3276	Luis Cunha	GymRecarei	Senior Masculino	02:30:07	+01:06:41	12:31
132	3192	José Diogo Nunes Magro Dias	Eu+ Ginásio | LMA	Senior Masculino	02:30:07	+01:06:41	12:31
133	3268	António Queiroz	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:31:02	+01:07:36	12:35
134	3205	Nuno Pinto	Family Pinto	Senior Masculino	02:31:07	+01:07:41	12:36
135	3204	Emanuel Nunes	Family Pinto	Senior Masculino	02:31:10	+01:07:44	12:36
136	3661	Hélder almeida	Individual	Senior Masculino	02:31:43	+01:08:17	12:39
137	4015	António Pinho	SWAT	Senior Masculino	02:32:28	+01:09:02	12:42
138	3270	Pedro Goncalves	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:32:42	+01:09:16	12:43
139	3030	Elias Costa	Aerodance Trail Running	Senior Masculino	02:32:46	+01:09:20	12:44
140	3682	JORGE CARDOSO	Individual	Senior Masculino	02:32:57	+01:09:31	12:45
141	3055	Raul Silva	Anda-me Apanhar	Senior Masculino	02:33:05	+01:09:39	12:45
142	3054	Manuel Pereira	Anda-me Apanhar	Senior Masculino	02:33:05	+01:09:39	12:45
143	3804	Pedro Tavares	Los Manos	Senior Masculino	02:33:08	+01:09:42	12:46
144	3058	Jaime Fernando Moura Teixeira Sousa	Andarilhos	Senior Masculino	02:33:12	+01:09:46	12:46
145	2298	Manuel pedro rodrigues	clube praça da armada	Senior Masculino	02:33:20	+01:09:54	12:47
146	3907	César Moreira	Pena Team	Senior Masculino	02:33:25	+01:09:59	12:47
147	3908	Rui Gomes	Pena Team	Senior Masculino	02:33:25	+01:09:59	12:47
148	3206	Tiago Carneiro	Family Pinto	Senior Masculino	02:35:16	+01:11:50	12:56
149	4010	Miguel Moreira	Solmaia Runners	Senior Masculino	02:35:17	+01:11:51	12:56
150	3625	André Mota	Individual	Senior Masculino	02:35:36	+01:12:10	12:58
151	3178	joao coelho	ERMIDAFIT Runners	Senior Masculino	02:35:50	+01:12:24	12:59
152	3741	Pedro Tiago Teixeira Gomes	Individual	Senior Masculino	02:36:14	+01:12:48	13:01
153	3098	Filipe Maria	Calheiros Runners	Senior Masculino	02:36:41	+01:13:15	13:03
154	3861	ANTONIO MADUREIRA	NOCTURNOS DE PAREDES	Senior Masculino	02:37:03	+01:13:37	13:05
155	3034	Ricardo Araújo	Aerodance Trail Running	Senior Masculino	02:38:20	+01:14:54	13:12
156	3222	Bruno Daniel da Silva Sousa	FFit Gaia Trail	Senior Masculino	02:39:08	+01:15:42	13:16
157	3274	Bruno Tavares	Gulpi Trail Team	Senior Masculino	02:39:08	+01:15:42	13:16
158	3246	Pedro Reis	Funky Runners	Senior Masculino	02:39:17	+01:15:51	13:16
159	3823	João Moreira	Moinhos Run	Senior Masculino	02:39:46	+01:16:20	13:19
160	1601	Pedro Daniel Ferreira Teixeira	Individual	Senior Masculino	02:40:53	+01:17:27	13:24
161	2121	Bruno Ferreira	Slow Motion	Senior Masculino	02:41:02	+01:17:36	13:25
162	4146	Luis António Costa Pereira	Trofa Team	Senior Masculino	02:41:40	+01:18:14	13:28
163	4145	Leonardo Costa Pereira	Trofa Team	Senior Masculino	02:41:40	+01:18:14	13:28
164	4147	Manuel Teixeira Gonçalves	Trofa Team	Senior Masculino	02:41:42	+01:18:16	13:29
165	3688	JOSE CARLOS FERREIRA FARIA	Individual	Senior Masculino	02:42:03	+01:18:37	13:30
166	4087	Nuno Miguel da Silva Dias	Team DUAS FACES	Senior Masculino	02:42:05	+01:18:39	13:30

Corrida Caminhada 12K

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

167	4086	José Manuel Silva Matos	Team DUAS FACES	Senior Masculino	02:42:07	+01:18:41	13:31
168	4007	Luis Barrigas	Solmaia Runners	Senior Masculino	02:43:08	+01:19:42	13:36
169	3702	LUIS RIBEIRO	Individual	Senior Masculino	02:43:22	+01:19:56	13:37
170	3247	Sergio Reis	Funky Runners	Senior Masculino	02:43:22	+01:19:56	13:37
171	1459	daniel da cunha alves	Individual	Senior Masculino	02:43:32	+01:20:06	13:38
172	3116	Joaquim Fernando Moreira Rocha	Código Musical	Senior Masculino	02:43:38	+01:20:12	13:38
173	3122	Pedro António Garcez Mota	Código Musical	Senior Masculino	02:43:38	+01:20:12	13:38
174	3120	Miguel Angelo Pacheco Cruz	Código Musical	Senior Masculino	02:43:38	+01:20:12	13:38
175	3121	Nelson Diogo Pinto Sousa e Silva	Código Musical	Senior Masculino	02:43:38	+01:20:12	13:38
176	1886	Ricardo Oliveira	NAST	Senior Masculino	02:43:52	+01:20:26	13:39
177	3057	Daniel Nascimento Machado Neto	Andarilhos	Senior Masculino	02:44:31	+01:21:05	13:43
178	3716	Mário Jorge Teixeira Gomes	Individual	Senior Masculino	02:44:47	+01:21:21	13:44
179	3690	José Gonçalves	Individual	Senior Masculino	02:45:53	+01:22:27	13:49
180	3966	Jose Diogo dos Santos Sousa	Shark Tale	Senior Masculino	02:45:55	+01:22:29	13:50
181	3669	Ivo Joaquim Leal Loureiro	Individual	Senior Masculino	02:46:13	+01:22:47	13:51
182	4052	Álvaro Ribeiro	Sweet Runners	Senior Masculino	02:46:16	+01:22:50	13:51
183	3722	Nelson Ricardo Moreira	Individual	Senior Masculino	02:46:48	+01:23:22	13:54
184	3059	Luís Pedro Pedra Gomes Ribeiro	Andarilhos	Senior Masculino	02:46:51	+01:23:25	13:54
185	3060	Marco José Martins Nunes Mendes	Andarilhos	Senior Masculino	02:46:51	+01:23:25	13:54
186	3726	Nuno Oliveira Reis Correia	Individual	Senior Masculino	02:47:41	+01:24:15	13:58
187	3692	José Manuel Nunes Barbosa	Individual	Senior Masculino	02:47:42	+01:24:16	13:58
188	3714	Mário Alexandre Ferreira dos Santos	Individual	Senior Masculino	02:48:31	+01:25:05	14:03
189	3957	José Da Rocha Rodrigues	Saúde Viva	Senior Masculino	02:48:40	+01:25:14	14:03
190	4060	Marco Santos	Sweet Runners	Senior Masculino	02:48:51	+01:25:25	14:04
191	4084	Diogo Garcia	Team DUAS FACES	Senior Masculino	02:49:21	+01:25:55	14:07
192	3693	José Manuel Teixeira Pinto	Individual	Senior Masculino	02:49:31	+01:26:05	14:08
193	3691	José Manuel Gomes Lima	Individual	Senior Masculino	02:50:12	+01:26:46	14:11
194	1516	Joao Manuel Esteves Penas	Individual	Senior Masculino	02:50:24	+01:26:58	14:12
195	3631	António Pinto da Silva	Individual	Senior Masculino	02:52:11	+01:28:45	14:21
196	3760	Rui Pedro Moreira Morais de Sousa	Individual	Senior Masculino	02:52:20	+01:28:54	14:22
197	4150	Marco Moreira	vê se me apanhas	Senior Masculino	02:52:43	+01:29:17	14:24
198	3179	mara rocha	ERMIDAFIT Runners	Senior Masculino	02:52:46	+01:29:20	14:24
199	4128	Miguel Andrade	Thunder Team	Senior Masculino	02:53:35	+01:30:09	14:28
200	4104	João Gaspar	Team Idealkorpus	Senior Masculino	02:53:45	+01:30:19	14:29
201	3068	Luis Manuel Ferreira Gomes	ARCORUN	Senior Masculino	02:53:52	+01:30:26	14:29
202	3803	André Mota	Los Manos	Senior Masculino	02:54:47	+01:31:21	14:34
203	3704	Manuel Fernando Dos Santos Freitas	Individual	Senior Masculino	02:54:56	+01:31:30	14:35
204	3092	Lourenço Marques	CAETANO RUNNERS	Senior Masculino	02:56:05	+01:32:39	14:40
205	3163	Hello Ribeiro	Equipotência	Senior Masculino	02:58:03	+01:34:37	14:50
206	4054	Ernesto Carneiro	Sweet Runners	Senior Masculino	02:58:05	+01:34:39	14:50
207	3780	PEDRO ANDRÉ PINTO ROCHA	Kunalama Adportela RotaRomânico Btt	Senior Masculino	02:58:23	+01:34:57	14:52
208	3865	FERNANDO ROCHA	NOCTURNOS DE PAREDES	Senior Masculino	02:58:35	+01:35:09	14:53
209	4125	João Rodrigues	Thunder Team	Senior Masculino	03:00:07	+01:36:41	15:01
210	4061	Rui Alves	Sweet Runners	Senior Masculino	03:00:29	+01:37:03	15:02
211	3621	Alexandre Teles	Individual	Senior Masculino	03:01:10	+01:37:44	15:06
212	1411	Adelino Jesus Cunha Lopes Videira	Individual	Senior Masculino	03:01:17	+01:37:51	15:06

Corrida Caminhada 12K

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

213	3117	Luís Filipe Dias Ribeiro	Código Musical	Senior Masculino	03:01:17	+01:37:51	15:06
214	3737	Pedro Miguel Cristóvão Próspero	Individual	Senior Masculino	03:02:33	+01:39:07	15:13
215	3874	TIAGO BARROS	NOCTURNOS DE PAREDES	Senior Masculino	03:02:52	+01:39:26	15:14
216	3109	João Couto	Clube do Pessoal EDP - Delegação de Gaia	Senior Masculino	03:02:59	+01:39:33	15:15
217	3870	JOAQUIM SANTOS	NOCTURNOS DE PAREDES	Senior Masculino	03:03:05	+01:39:39	15:15
218	3090	Filipe Silva	caderneta de cromos	Senior Masculino	03:03:43	+01:40:17	15:19
219	4053	Domingos Freitas	Sweet Runners	Senior Masculino	03:04:31	+01:41:05	15:23
220	3694	Jose Maria Gaspar Garcez	Individual	Senior Masculino	03:08:13	+01:44:47	15:41
221	3744	Rafael Gomes Pacheco	Individual	Senior Masculino	03:09:12	+01:45:46	15:46
222	3118	Luis Manuel Santos Gonçalves	Código Musical	Senior Masculino	03:10:58	+01:47:32	15:55
223	3953	Angelo Almeida Nunes	SAI DA FRENTE	Senior Masculino	03:10:58	+01:47:32	15:55
224	3954	Carlos Carvalho	SAI DA FRENTE	Senior Masculino	03:10:58	+01:47:32	15:55
225	4059	Manuel Barbosa	Sweet Runners	Senior Masculino	03:11:03	+01:47:37	15:55
226	3759	Rui Merino	Individual	Senior Masculino	03:11:20	+01:47:54	15:57
227	4161	Luis Pedro Moreira e Silva	Individual	Senior Masculino	03:12:55	+01:49:29	16:05
228	3628	António Bogado	Individual	Senior Masculino	03:13:33	+01:50:07	16:08
229	3964	Fernando Jorge Moreira Magalhães	Shark Tale	Senior Masculino	03:13:33	+01:50:07	16:08
230	3786	Pedro Miguel Soares Neves	kunochão	Senior Masculino	03:15:04	+01:51:38	16:15
231	4126	Jorge Manuel Ferreira	Thunder Team	Senior Masculino	03:15:12	+01:51:46	16:16
232	4127	Marco Monteiro	Thunder Team	Senior Masculino	03:15:12	+01:51:46	16:16
233	3686	Jorge Silva	Individual	Senior Masculino	03:15:20	+01:51:54	16:17
234	3672	João Martins	Individual	Senior Masculino	03:16:58	+01:53:32	16:25
235	3881	António Macedo	os caga tacos running team	Senior Masculino	03:17:05	+01:53:39	16:25
236	3725	Nuno Moreira	Individual	Senior Masculino	03:17:15	+01:53:49	16:26
237	3900	Eliseu Lopes	Os Penduras	Senior Masculino	03:18:58	+01:55:32	16:35
238	3967	Paulo Miguel Areal de Sousa	Shark Tale	Senior Masculino	03:19:20	+01:55:54	16:37
239	3746	Ricardo Barbosa	Individual	Senior Masculino	03:19:45	+01:56:19	16:39
240	3707	Manuel Joaquim Moreira Soares	Individual	Senior Masculino	03:19:46	+01:56:20	16:39
241	3753	Rolando Adolfo Andrade Almeida	Individual	Senior Masculino	03:19:46	+01:56:20	16:39
242	3646	Daniel Sousa	Individual	Senior Masculino	03:19:47	+01:56:21	16:39
243	3647	Diogo Jorge Oliveira Ramalhão	Individual	Senior Masculino	03:19:53	+01:56:27	16:39
244	3627	Antonio Barbosa	Individual	Senior Masculino	03:20:46	+01:57:20	16:44
245	3884	Jorge Armando de Almeida Caldeira	Os Caldeiras	Senior Masculino	03:21:05	+01:57:39	16:45
246	4057	Lionel Ribeiro	Sweet Runners	Senior Masculino	03:22:09	+01:58:43	16:51
247	3742	Pedro Vieira	Individual	Senior Masculino	03:22:45	+01:59:19	16:54
248	3757	Rui Fonseca	Individual	Senior Masculino	03:22:45	+01:59:19	16:54
249	3248	Nuno Almeida	GAIA-RUNNING	Senior Masculino	03:22:46	+01:59:20	16:54
250	3639	carlos manuel pinto moreira	Individual	Senior Masculino	03:22:59	+01:59:33	16:55
251	3794	Carlos Manuel da Fonseca Leão	LagareSport	Senior Masculino	03:23:01	+01:59:35	16:55
252	3730	PAULA SOUSA	Individual	Senior Masculino	03:23:15	+01:59:49	16:56
253	3869	JACINTO GOMES	NOCTURNOS DE PAREDES	Senior Masculino	03:23:55	+02:00:29	17:00
254	3666	Hugo Alexandre Teixeira Gaspar	Individual	Senior Masculino	03:23:56	+02:00:30	17:00
255	3662	Helder Eduardo Martins Coelho	Individual	Senior Masculino	03:25:03	+02:01:37	17:05
256	3213	Gustavo Filipe Macedo da Rocha	FAST AO KM-PRR/Health&Nutrition	Senior Masculino	03:27:18	+02:03:52	17:17
257	3271	Ana Ribeiro	Gosto de Trail	Senior Masculino	03:27:53	+02:04:27	17:19

Corrida Caminhada 12K

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

258	3272	Margarida Moreira	Gosto de Trail	Senior Masculino	03:27:53	+02:04:27	17:19
259	3273	Vasco Lucena	Gosto de Trail	Senior Masculino	03:27:54	+02:04:28	17:20
260	3761	Rui Ribeiro	Individual	Senior Masculino	03:27:58	+02:04:32	17:20
261	3652	Fernando Garces	Individual	Senior Masculino	03:28:08	+02:04:42	17:21
262	3184	Tomás Cardoso Costa	Esinval	Senior Masculino	03:28:12	+02:04:46	17:21
263	3183	José Fernando Queiros Costa	Esinval	Senior Masculino	03:28:12	+02:04:46	17:21
264	3774	Vitor Emanuel de Sousa Ribeiro	Individual	Senior Masculino	03:28:37	+02:05:11	17:23
265	3766	Sérgio Rodrigues	Individual	Senior Masculino	03:29:26	+02:06:00	17:27
266	3255	Rui Mendes	Gente do Norte	Senior Masculino	03:29:49	+02:06:23	17:29
267	4162	Luis Baldemar Ribeiro da Silva	Individual	Senior Masculino	03:30:44	+02:07:18	17:34
268	3126	Rui Miguel Coelho monteiro	Coelho Bravo	Senior Masculino	03:31:07	+02:07:41	17:36
269	3191	Ismael Andrade	Eu+ Ginásio | LMA	Senior Masculino	03:31:07	+02:07:41	17:36
270	3125	Eliana Anderia Miranda de Sousa	Coelho Bravo	Senior Masculino	03:31:08	+02:07:42	17:36
271	1951	David Morais	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	03:31:44	+02:08:18	17:39
272	3665	HELDER VIEIRA MOREIRA	Individual	Senior Masculino	03:32:19	+02:08:53	17:42
273	3114	David Joaquim Rodrigues Ferreira	Código Musical	Senior Masculino	03:32:37	+02:09:11	17:43
274	3119	Luis Miguel Rodrigues Carvalho	Código Musical	Senior Masculino	03:32:39	+02:09:13	17:43
275	3699	julio borges	Individual	Senior Masculino	03:32:59	+02:09:33	17:45
276	3624	André Alexandre de Sousa Bessa	Individual	Senior Masculino	03:33:04	+02:09:38	17:45
277	3873	MIGUEL MOREIRA	NOCTURNOS DE PAREDES	Senior Masculino	03:33:16	+02:09:50	17:46
278	3771	Tiago Barbosa da Cunha	Individual	Senior Masculino	03:34:10	+02:10:44	17:51
279	1578	NUNO MATOS	Individual	Senior Masculino	03:35:37	+02:12:11	17:58
280	4056	Jorge Augusto Silva	Sweet Runners	Senior Masculino	03:37:15	+02:13:49	18:06
281	3718	MIGUEL PINTO	Individual	Senior Masculino	03:37:48	+02:14:22	18:09
282	3637	Carlos José Barbosa Vieira	Individual	Senior Masculino	03:39:09	+02:15:43	18:16
283	3028	Adão Ferreira	Aerodance Trail Running	Senior Masculino	03:40:27	+02:17:01	18:22
284	3765	Sérgio Marco Moreira Lavrador	Individual	Senior Masculino	03:40:33	+02:17:07	18:23
285	3768	Sérgio Sousa	Individual	Senior Masculino	03:40:35	+02:17:09	18:23
286	3630	Antonio Pedroso	Individual	Senior Masculino	03:40:36	+02:17:10	18:23
287	3036	Sérgio Pereira	Aerodance Trail Running	Senior Masculino	03:40:49	+02:17:23	18:24
288	3680	Joaquim Moreira Morais	Individual	Senior Masculino	03:41:44	+02:18:18	18:29
289	4008	Luís Dias	Solmaia Runners	Senior Masculino	03:42:03	+02:18:37	18:30
290	3644	Daniel Jesus Magalhaes	Individual	Senior Masculino	03:42:07	+02:18:41	18:31
291	3767	Sergio Rui Ferreira Sousa	Individual	Senior Masculino	03:42:08	+02:18:42	18:31
292	3695	jose morais	Individual	Senior Masculino	03:43:29	+02:20:03	18:37
293	3660	Gonçalo Paixão	Individual	Senior Masculino	03:43:38	+02:20:12	18:38
294	3035	Rúben Costa	Aerodance Trail Running	Senior Masculino	03:44:01	+02:20:35	18:40
295	1426	Antonio Oliveira	Individual	Senior Masculino	03:44:18	+02:20:52	18:42
296	3970	João Pedro Monteiro de Sousa	Sharm el sheikh	Senior Masculino	03:44:22	+02:20:56	18:42
297	3971	Pedro Alexandre Moreira de Almeida	Sharm el sheikh	Senior Masculino	03:44:22	+02:20:56	18:42
298	3727	Nuno Santos Gonçalves	Individual	Senior Masculino	03:44:53	+02:21:27	18:44
299	3818	Ilidio Jose da Silva Meireles	Meireles & Cia.	Senior Masculino	03:47:18	+02:23:52	18:56
300	3817	Filipe Alexandre Pacheco Neto Duarte Geada	Meireles & Cia.	Senior Masculino	03:47:18	+02:23:52	18:57
301	3820	Jose Nuno Gomes Meireles	Meireles & Cia.	Senior Masculino	03:47:19	+02:23:53	18:57
302	3743	PEDRO VIEIRA	Individual	Senior Masculino	03:47:57	+02:24:31	19:00

Corrida Caminhada 12K

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

303	3645	Daniel Soares	Individual	Senior Masculino	03:48:00	+02:24:34	19:00
304	3082	Tiago Azevedo	BitRunners	Senior Masculino	03:48:08	+02:24:42	19:01
305	3638	Carlos Manuel da Rocha Gomes	Individual	Senior Masculino	03:48:14	+02:24:48	19:01
306	4089	Victor Moreira	Team DUAS FACES	Senior Masculino	03:48:28	+02:25:02	19:02
307	4082	Artur Salazar	Team DUAS FACES	Senior Masculino	03:48:30	+02:25:04	19:02
308	3928	José Fernando Bessa da Silva	Rompe Solas	Senior Masculino	03:48:42	+02:25:16	19:03
309	3654	Fernando Manuel Sousa Maduro	Individual	Senior Masculino	03:49:02	+02:25:36	19:05
310	3762	Rui Teixeira	Individual	Senior Masculino	03:50:57	+02:27:31	19:15
311	4132	ISABEL LOPES	TOU QUE NEM POSSO	Senior Masculino	03:51:49	+02:28:23	19:19
312	4135	LUÍS PEIXOTO	TOU QUE NEM POSSO	Senior Masculino	03:51:49	+02:28:23	19:19
313	3244	Carlos Viana	Funky Runners	Senior Masculino	03:52:18	+02:28:52	19:21
314	3715	Mário Emanuel Barbosa Ribeiro	Individual	Senior Masculino	03:52:20	+02:28:54	19:22
315	3650	Fábio Rafael Machado Nogueira	Individual	Senior Masculino	03:52:21	+02:28:55	19:22
316	3940	RICARDO ALVES	run4fun	Senior Masculino	03:52:23	+02:28:57	19:22
317	3749	Ricardo Santos	Individual	Senior Masculino	03:52:23	+02:28:57	19:22
318	3867	FLAVIO AGUDO	NOCTURNOS DE PAREDES	Senior Masculino	03:54:22	+02:30:56	19:32
319	3739	PEDRO NOEL REIMÃO TORRES INÁCIO	Individual	Senior Masculino	03:54:27	+02:31:01	19:32
320	3735	Pedro Miguel Barbosa Pinto Ramos	Individual	Senior Masculino	03:54:59	+02:31:33	19:35
321	3864	DIOGO CASTRO	NOCTURNOS DE PAREDES	Senior Masculino	03:56:10	+02:32:44	19:41
322	3770	Tadeu de Jesus da Rocha Ferreira	Individual	Senior Masculino	03:56:18	+02:32:52	19:42
323	3673	João Miguel Pereira da Silva Lopes	Individual	Senior Masculino	03:58:23	+02:34:57	19:52
324	3827	Paulo Araújo	"Não sei se aguento"	Senior Masculino	03:59:56	+02:36:30	20:00
325	3649	Fábio Daniel Alves Moura	Individual	Senior Masculino	04:01:35	+02:38:09	20:08
326	3157	Hugo Joaquim da Costa Santos	Equipa EBC	Senior Masculino	04:02:07	+02:38:41	20:11
327	3156	Flávio Manuel Brito da Mota Soares	Equipa EBC	Senior Masculino	04:02:07	+02:38:41	20:11
328	1905	ANTONIO BRITO	NOCTURNOS DE PAREDES	Senior Masculino	04:03:20	+02:39:54	20:17
329	3696	José Pinto	Individual	Senior Masculino	04:03:56	+02:40:30	20:20
330	4058	Luis Silva	Sweet Runners	Senior Masculino	04:04:40	+02:41:14	20:23
331	3720	Nelson Manuel Dias Gomes	Individual	Senior Masculino	04:05:09	+02:41:43	20:26
332	4141	Fernando Graça Pinto	Toyota 4Runner	Senior Masculino	04:08:53	+02:45:27	20:44
333	3758	Rui maltez	Individual	Senior Masculino	04:09:28	+02:46:02	20:47
334	3677	Joaquim Augusto Moreira da Silva	Individual	Senior Masculino	04:09:41	+02:46:15	20:48
335	3711	Manuel Silva Alves	Individual	Senior Masculino	04:09:42	+02:46:16	20:48
336	3029	Bruno Silva	Aerodance Trail Running	Senior Masculino	04:12:24	+02:48:58	21:02
337	3033	Paulo Silva	Aerodance Trail Running	Senior Masculino	04:12:25	+02:48:59	21:02
338	3032	Manuel Santos	Aerodance Trail Running	Senior Masculino	04:12:35	+02:49:09	21:03
339	3922	Angelico Jorge	Rainha Club	Senior Masculino	04:12:37	+02:49:11	21:03
340	3706	Manuel Guimarães	Individual	Senior Masculino	04:15:09	+02:51:43	21:16
341	3943	Luís sousa	rungo	Senior Masculino	04:17:55	+02:54:29	21:30
342	1532	Jonathan Dos Santos	Individual	Senior Masculino	04:18:49	+02:55:23	21:34
343	3764	sergio dinis pinto santos	Individual	Senior Masculino	04:19:05	+02:55:39	21:35
344	3898	Álvaro Gonçalves	Os Penduras	Senior Masculino	04:23:30	+03:00:04	21:57
345	3663	Helder Filipe Castro Moura	Individual	Senior Masculino	04:23:52	+03:00:26	21:59
346	3659	Gonçalo Costa	Individual	Senior Masculino	04:24:08	+03:00:42	22:01
347	3623	Ana Marta Ribeiro Resende Dias	Individual	Senior Masculino	04:26:20	+03:02:54	22:12
348	3772	Tiago Daniel Sousa Monteiro	Individual	Senior Masculino	04:27:44	+03:04:18	22:19

Corrida Caminhada 12K

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

349	4085	Eduarda Lopes	Team DUAS FACES	Senior Masculino	04:28:06	+03:04:40	22:21
350	4083	Diniz Ribeiro	Team DUAS FACES	Senior Masculino	04:28:06	+03:04:40	22:21
351	3005	Cesário Costa	@venida Team	Senior Masculino	04:29:37	+03:06:11	22:28
352	3862	ANTONIO OLIVEIRA	NOCTURNOS DE PAREDES	Senior Masculino	04:30:38	+03:07:12	22:33
353	3901	Hugo Couto	Os Penduras	Senior Masculino	04:33:29	+03:10:03	22:47
354	1519	João Oliveira	Individual	Senior Masculino	04:34:15	+03:10:49	22:51
355	3738	PEDRO MIGUEL FONTE ROCHA	Individual	Senior Masculino	04:35:10	+03:11:44	22:56
356	3261	CARLOS CORREIA	Ginasio Fit4Fun	Senior Masculino	04:39:46	+03:16:20	23:19
357	3262	MARCO JESUS	Ginasio Fit4Fun	Senior Masculino	04:39:46	+03:16:20	23:19
358	3051	Pedro Lima	Amigos da Quinta das Freiras	Senior Masculino	04:47:48	+03:24:22	23:59

Veterana F40

1	1708	teresa mota	Individual	Veterana F40	02:00:42		10:03
2	2061	Maria José Teixeira	Run & Fitness	Veterana F40	02:19:40	+18:58	11:38
3	2190	Ana Paula P. Ferreira	TEAM @VENIDA	Veterana F40	03:02:04	+01:01:22	15:10
4	1677	Emilia Maria Nogueira Rodrigues	Individual	Veterana F40	03:04:18	+01:03:36	15:22
5	1673	Bernardina de Jesus Nogueira Rodrigues	Individual	Veterana F40	03:05:19	+01:04:37	15:27
6	2138	Elisabete Melo	Soldado Desconhecido	Veterana F40	03:17:52	+01:17:10	16:29
7	2189	Alexandra Flor	TEAM @VENIDA	Veterana F40	04:04:48	+02:04:06	20:24
8	1692	Isilda Maria Lima Oliveira	Individual	Veterana F40	04:05:47	+02:05:05	20:29
9	1682	fernanda nogueira rodrigues	Individual	Veterana F40	04:17:59	+02:17:17	21:30

Veterano M40

1	2305	Afonso Moura	Individual	Veterano M40	01:41:30		08:27
2	1745	Carlos Lopes	Individual	Veterano M40	02:07:50	+26:20	10:39
3	1717	André Gilvaia	Individual	Veterano M40	02:14:20	+32:50	11:12
4	1748	FATIMA CARVALHO	Individual	Veterano M40	02:14:20	+32:50	11:12
5	1783	Luis Filipe Lopes dos Santos	Individual	Veterano M40	02:24:54	+43:24	12:05
6	1712	alberto martins	Individual	Veterano M40	02:42:52	+01:01:22	13:34
7	1733	Armando Moreira	Individual	Veterano M40	02:58:48	+01:17:18	14:54
8	1840	Tomas Alberto de Sousa Ferreira	Individual	Veterano M40	03:04:18	+01:22:48	15:22
9	1738	Bruno Filipe Fernandes Rodrigues	Individual	Veterano M40	03:04:20	+01:22:50	15:22
10	1806	Oscar Luis Oliveira Novais	Individual	Veterano M40	03:08:05	+01:26:35	15:40
11	1784	Luis Leitão	Individual	Veterano M40	03:12:12	+01:30:42	16:01
12	2139	Paulo Melo	Soldado Desconhecido	Veterano M40	03:17:53	+01:36:23	16:29
13	2028	pedro brizido	pipb	Veterano M40	03:29:50	+01:48:20	17:29
14	1967	Pedro Seixas	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Veterano M40	03:31:44	+01:50:14	17:39
15	1925	ACACIO TEIXEIRA	NOCTURNOS DE PAREDES	Veterano M40	03:35:37	+01:54:07	17:58
16	1812	Paulo Jorge da Silva Costa	Individual	Veterano M40	03:52:12	+02:10:42	19:21
17	1714	Alexandrina Bastos	Individual	Veterano M40	04:39:44	+02:58:14	23:19

COLETIVA 12KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	ARCORUN	06:04:05 [4 + 11 + 12 + 21]	0
2	Feltrail	06:31:10 [8 + 18 + 19 + 31]	0
3	Lordelo BTT	06:51:55 [14 + 25 + 30 + 53]	0
4	Engomadoria L&A Team	06:53:45 [7 + 16 + 23 + 93]	0
5	Solmaia Runners	06:57:20 [10 + 28 + 43 + 61]	0
6	FFit Gaia Trail	07:09:21 [9 + 17 + 32 + 122]	0
7	Calheiros Runners	07:21:21 [36 + 40 + 54 + 63]	0
8	ERMIDAFIT Runners	07:34:44 [29 + 33 + 75 + 89]	0
9	TOU QUE NEM POSSO	07:38:10 [37 + 41 + 76 + 86]	0
10	Equipotência	08:32:30 [5 + 88 + 91 + 424]	0
11	Sweet Runners	08:40:23 [6 + 47 + 277 + 338]	0
12	Shots International Runners	08:58:20 [13 + 20 + 391 + 392]	0
13	Run4all	09:06:40 [27 + 204 + 205 + 206]	0
14	Team Idealkorpus	09:16:53 [102 + 130 + 165 + 216]	0
15	Aerodance Trail Running	09:18:36 [60 + 117 + 235 + 274]	0
16	Moinhos Run	09:27:55 [52 + 147 + 282 + 283]	0
17	Family Pinto	09:28:23 [66 + 220 + 221 + 222]	0
18	NOCTURNOS DE PAREDES	09:29:09 [154 + 163 + 170 + 180]	0
19	Toyota 4Runner	09:31:40 [144 + 175 + 176 + 193]	0
20	Fantastic Four	09:51:38 [85 + 135 + 210 + 471]	0
21	Funky Runners	10:01:59 [100 + 218 + 280 + 305]	0
22	Team DUAS FACES	10:04:47 [151 + 191 + 276 + 296]	0
23	Tecla 3 Runners	10:08:18 [48 + 339 + 340 + 341]	0
24	GONDOMAR FUTSAL CLUBE	10:09:47 [185 + 219 + 234 + 286]	0
25	Anda-me Apanhar	10:12:18 [238 + 239 + 240 + 241]	0
26	Pernetas	10:37:32 [39 + 354 + 422 + 487]	0
27	Andarilhos	10:49:05 [244 + 319 + 320 + 345]	0
28	Código Musical	10:54:31 [310 + 311 + 312 + 313]	0
29	Pena Team	11:03:25 [246 + 247 + 427 + 428]	0
30	Afrikan Runners	11:23:04 [327 + 357 + 364 + 456]	0
31	CAETANO RUNNERS	11:44:21 [411 + 412 + 413 + 414]	0
32	Thunder Team	11:47:27 [394 + 395 + 449 + 450]	0
33	SAI DA FRENTE	11:50:36 [146 + 514 + 515 + 516]	0
34	Kunalama Adportela RotaRomânico Btt	11:54:58 [409 + 432 + 433 + 466]	0
35	Eu+ Ginásio | LMA	11:59:51 [215 + 331 + 585 + 618]	0
36	Shark Tale	12:26:44 [332 + 535 + 536 + 537]	0
37	LagareSport	12:39:10 [120 + 610 + 622 + 717]	0
38	kunochão	13:00:12 [544 + 545 + 546 + 547]	0

COLETIVA 12KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

39	Rompe Solas	13:05:11 [121 + 533 + 799 + 800]	0
40	FALTA MUITO?	13:16:30 [284 + 285 + 584 + 1044]	0
41	Tangerinas	13:44:22 [493 + 509 + 710 + 815]	0
42	Gente do Norte	13:59:12 [653 + 654 + 655 + 656]	0
43	CDS Paredes	14:40:34 [153 + 877 + 878 + 1017]	0
44	Sharm el sheikh	14:57:16 [765 + 766 + 768 + 769]	0
45	Os Penduras	15:29:28 [572 + 844 + 845 + 994]	0
46	Equipa EBC	16:07:56 [900 + 901 + 902 + 903]	0
47	Mankinhas	16:20:51 [830 + 831 + 976 + 993]	0
48	@venida Team	17:44:11 [921 + 1028 + 1039 + 1040]	0
49	Ginasio Fit4Fun	18:39:00 [1055 + 1056 + 1057 + 1058]	0
50	Amigos da Quinta das Freiras	19:11:17 [1062 + 1063 + 1064 + 1065]	0