Trail ADT Águeda

Águeda

11-January-2015

25K

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	10:00	7.9ºC	82%
End	13:58	13.4ºC	66.8%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	23	Romeu Benido Gouveia	escaravelhos team	Senior Masculino	01:59:24		04:47
2	28	João Pimentel	holmes place health clubs	Senior Masculino	02:00:07	+00:43	04:48
3	100	Carlos Correia	o mundo da corrida	Senior Masculino	02:02:00	+02:36	04:53
4	101	Fernando carvalho	o mundo da corrida	Senior Masculino	02:05:06	+05:42	05:00
5	38	Carlos Ramos	individual	Senior Masculino	02:05:48	+06:24	05:02
6	76	José Sousa	individual	Veterano M40	02:05:55	+06:31	05:02
7	75	José António Prazeres Ferreira	individual	Veterano M40	02:06:29	+07:05	05:04
8	102	Paulo Amaral	o mundo da corrida	Senior Masculino	02:07:02	+07:38	05:05
9	74	Hilário Pinto	individual	Veterano M40	02:07:58	+08:34	05:07
10	96	Paulo Santos	mountain trails	Veterano M45	02:08:14	+08:50	05:08
11	98	Paulo Jorge Dionísio Fernandes	núcleo do desporto amador de pombal	Senior Masculino	02:10:08	+10:44	05:12
12	54	Miguel Jorge Santos Ferreira	individual	Senior Masculino	02:10:37	+11:13	05:13
13	16	Marco Ferreira	desportivo atlético recardães	Senior Masculino	02:11:49	+12:25	05:16
14	19	Tiago Ferreira	desportivo atlético recardães	Senior Masculino	02:11:50	+12:26	05:16
15	35	Carlos Abreu	individual	Senior Masculino	02:14:41	+15:17	05:23
16	81	jaime manuel oliveira	individual	Veterano M45	02:15:35	+16:11	05:25
17	104	Jorge Justo	o mundo da corrida	Veterano M45	02:16:07	+16:43	05:27
18	103	Francisco Pais	o mundo da corrida	Veterano M45	02:16:33	+17:09	05:28
19	61	Rui Melo	individual	Senior Masculino	02:18:16	+18:52	05:32
20	58	Pedro Rodrigues	individual	Senior Masculino	02:20:33	+21:09	05:37
21	34	Alexandre Miguel Batista Casimiro	individual	Senior Masculino	02:20:33	+21:09	05:37
22	10	Viriato Dias	ctad - trilhos de cinfães	Veterano M40	02:20:33	+21:09	05:37
23	36	Carlos Manuel Matos Marques	individual	Senior Masculino	02:21:19	+21:55	05:39
24	22	Fábio André Barbosa	escaravelhos team	Senior Masculino	02:21:24	+22:00	05:39
25	18	Rui Santos	desportivo atlético recardães	Senior Masculino	02:21:42	+22:18	05:40
26	14	Celso Morreira	desportivo atlético recardães	Senior Masculino	02:22:22	+22:58	05:42
27	123	FILIPE SANTOS	individual	Senior Masculino	02:23:30	+24:06	05:44
28	52	Márcio Cruz	individual	Senior Masculino	02:23:54	+24:30	05:45
29	85	PAULO CONCEICAO	individual	Veterano M45	02:24:01	+24:37	05:46
30	50	José Manuel Gomes Nunes	individual	Senior Masculino	02:24:09	+24:45	05:46
31	45	João Almeida	individual	Senior Masculino	02:26:17	+26:53	05:51
32	94	Jorge Pedro	mountain trails	Veterano M40	02:28:25	+29:01	05:56
33	121	BRUNO FERNANDES	vimarunners	Senior Masculino	02:28:55	+29:31	05:57
34	78	Rui Oliveira	individual	Veterano M40	02:30:38	+31:14	06:02
35	44	Hugo Emanuel Pereira Fardilha	individual	Senior Masculino	02:30:42	+31:18	06:02
36	69	Williams da Conceição Rodriguez	individual	Senior Masculino	02:31:19	+31:55	06:03
37	91	Valdemar Oliveira	ko trail running	Veterano M45	02:31:35	+32:11	06:04
38	13	Vitor Campos	dar - desportivo atlético de recardães	Veterano M45	02:31:52	+32:28	06:04
39	42	Filipe Silvano	individual	Senior Masculino	02:33:13	+33:49	06:08
40	86	Paulo Jorge Pinho Ferreira	individual	Veterano M45	02:34:32	+35:08	06:11
41	39	Diamantino Linhares	individual	Senior Masculino	02:34:48	+35:24	06:12
42	66	Tiago Gregório	individual	Senior Masculino	02:35:03	+35:39	06:12

25K

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
43	5	Pedro Guimaraes	bai k andas team	Veterano M45	02:35:37	+36:13	06:13
44	59	Ricardo Fernandes	individual	Senior Masculino	02:36:02	+36:38	06:14
45	119	Rui Oliveira	run@figueira - teambala	Veterano M40	02:38:08	+38:44	06:20
46	41	Fernando Coelho	individual	Senior Masculino	02:38:58	+39:34	06:22
47	57	Nuno Nunes	individual	Senior Masculino	02:39:32	+40:08	06:23
48	111	Andre Santos	rainha club	Senior Masculino	02:39:32	+40:08	06:23
49	24	Fernando Santos	escaravelhos team	Senior Masculino	02:39:53	+40:29	06:24
50	25	Marco Veludo	escaravelhos team	Senior Masculino	02:39:56	+40:32	06:24
51	55	Nuno Branco	individual	Senior Masculino	02:40:18	+40:54	06:25
52	95	Paulo Açafrão	mountain trails	Veterano M45	02:40:32	+41:08	06:25
53	90	Arnaldo Santos	ko trail running	Veterano M45	02:40:55	+41:31	06:26
54	64	Sergio	individual	Senior Masculino	02:41:26	+42:02	06:27
55	17	Miguel Oliveira	desportivo atlético recardães	Senior Masculino	02:42:50	+43:26	06:31
56	79	Samuel Guerra	individual	Veterano M40	02:44:43	+45:19	06:35
57	112	Hugo Costa	rainha club	Senior Masculino	02:44:48	+45:24	06:36
58	83	José Filipe da Costa	individual	Veterano M45	02:44:51	+45:27	06:36
59	65	Telmo José Santos Lages	individual	Senior Masculino	02:44:52	+45:28	06:36
60	106	Bruno Miguel Dos Santos Mendes	prt/ad quinta	Senior Masculino	02:45:49	+46:25	06:38
61	87	Paulo Marçal	individual	Veterano M45	02:45:58	+46:34	06:38
62	7	Miguel Dominguez	banana runners	Veterano M40	02:46:25	+47:01	06:39
63	8	Paulo Vicente	banana runners	Veterano M40	02:46:25	+47:01	06:39
64	77	RENATO FERREIRA	individual	Veterano M40	02:47:18	+47:54	06:42
65	67	Tiago Nunes	individual	Senior Masculino	02:47:38	+48:14	06:42
66	73	Carlos Augusto Martins da Silva	individual	Veterano M40	02:47:38	+48:14	06:42
67	51	Luís Andrade	individual	Senior Masculino	02:48:22	+48:58	06:44
68	6	Mário Coutinho	banana runners	Senior Masculino	02:48:55	+49:31	06:45
69	9	Renato Cruz	banana runners	Veterano M40	02:48:55	+49:31	06:45
70	43	Francisco Aragão	individual	Senior Masculino	02:49:06	+49:42	06:46
71	71	Ana luisa vidal da silva	individual	Veterana F45	02:50:49	+51:25	06:50
72	122	RUI FERNANDES	vimarunners	Senior Masculino	02:50:50	+51:26	06:50
73	49	Joaquim Lúcio Pires Ribeiro	individual	Senior Masculino	02:51:20	+51:56	06:51
74	82	joão pedro de almeida liberal	individual	Veterano M45	02:53:43	+54:19	06:57
75	47	João Ferreira	individual	Senior Masculino	02:55:41	+56:17	07:02
76	37	Carlos Manuel Póvoa dos Santos	individual	Senior Masculino	02:55:42	+56:18	07:02
77	109	Liliana Silva	rainha club	Senior Feminino	02:55:45	+56:21	07:02
78	29	Daniela Silva	individual	Senior Feminino	02:57:39	+58:15	07:06
79	97	Jorge Martins	núcleo do desporto amador de pombal	Senior Masculino	02:57:40	+58:16	07:06
80	48	João Melo	individual	Senior Masculino	03:00:22	+01:00:58	07:13
81	46	João André Varela Coelho	individual	Senior Masculino	03:00:29	+01:01:05	07:13
82	88	Filipe Silva	ko trail running	Senior Masculino	03:01:01	+01:01:37	07:14
83	89	João Couto	ko trail running	Senior Masculino	03:01:01	+01:01:37	07:14
84	84	Nuno Rocha	individual	Veterano M45	03:01:32	+01:02:08	07:16
85	80	António Silva	individual	Veterano M45	03:04:18	+01:04:54	07:22
86	31	Filipa Cancela	individual	Senior Feminino	03:17:14	+01:17:50	07:53
87	68	Vladimiro Cancela	individual	Senior Masculino	03:17:15	+01:17:51	07:53
88	26	Manuel Cunha Lima	experienciar	Veterano M45	03:17:16	+01:17:52	07:53

25K

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
89	108	Claudia Silva	rainha club	Senior Feminino	03:22:30	+01:23:06	08:06
90	115	Pedro Henriques	rainha club	Senior Masculino	03:22:31	+01:23:07	08:06
91	114	Luis Ramos	rainha club	Senior Masculino	03:22:31	+01:23:07	08:06
92	117	Sergio Pinheiro	rainha club	Veterano M45	03:22:31	+01:23:07	08:06
93	63	Rui Vilar	individual	Senior Masculino	03:24:20	+01:24:56	08:10
94	56	Nuno Jorge Oliveira e Almeida	individual	Senior Masculino	03:25:39	+01:26:15	08:14
95	33	marlene Soutulho Coelho Alves	individual	Senior Feminino	03:30:14	+01:30:50	08:25
96	30	Elisabete Maria Soutulho Coelho Alves	individual	Senior Feminino	03:30:22	+01:30:58	08:25
97	21	Vítor Manuel Dias Gonçalves	edv-viana trail	Senior Masculino	03:30:22	+01:30:58	08:25
98	116	Ricardo Sousa	rainha club	Senior Masculino	03:47:15	+01:47:51	09:05
99	113	Joao Paulo Pereira	rainha club	Senior Masculino	03:47:17	+01:47:53	09:05

Trail ADT Águeda

Águeda

11-January-2015

25K **25 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	10:00	7.9ºC	82%
End	13:58	13.4ºC	66.8%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
Senior Feminino							
1	109	Liliana Silva	Rainha Club	Senior Feminino	02:55:45		07:02
2	29	Daniela Silva	Individual	Senior Feminino	02:57:39	+01:54	07:06
3	31	Filipa Cancela	Individual	Senior Feminino	03:17:14	+21:29	07:53
4	108	Claudia Silva	Rainha Club	Senior Feminino	03:22:30	+26:45	08:06
5	33	marlene Soutulho Coelho Alves	Individual	Senior Feminino	03:30:14	+34:29	08:25
6	30	Elisabete Maria Soutulho Coelho Alves	Individual	Senior Feminino	03:30:22	+34:37	08:25
Senior Masculino							
1	23	Romeu Benido Gouveia	Escaravelhos Team	Senior Masculino	01:59:24		04:47
2	28	João Pimentel	Holmes Place Health Clubs	Senior Masculino	02:00:07	+00:43	04:48
3	100	Carlos Correia	O Mundo da Corrida	Senior Masculino	02:02:00	+02:36	04:53
4	101	Fernando carvalho	O Mundo da Corrida	Senior Masculino	02:05:06	+05:42	05:00
5	38	Carlos Ramos	Individual	Senior Masculino	02:05:48	+06:24	05:02
6	102	Paulo Amaral	O Mundo da Corrida	Senior Masculino	02:07:02	+07:38	05:05
7	98	Paulo Jorge Dionísio Fernandes	Núcleo do Desporto Amador de Pombal	Senior Masculino	02:10:08	+10:44	05:12
8	54	Miguel Jorge Santos Ferreira	Individual	Senior Masculino	02:10:37	+11:13	05:13
9	16	Marco Ferreira	Desportivo Atlético Recardães	Senior Masculino	02:11:49	+12:25	05:16
10	19	Tiago Ferreira	Desportivo Atlético Recardães	Senior Masculino	02:11:50	+12:26	05:16
11	35	Carlos Abreu	Individual	Senior Masculino	02:14:41	+15:17	05:23
12	61	Rui Melo	Individual	Senior Masculino	02:18:16	+18:52	05:32
13	58	Pedro Rodrigues	Individual	Senior Masculino	02:20:33	+21:09	05:37
14	34	Alexandre Miguel Batista Casimiro	Individual	Senior Masculino	02:20:33	+21:09	05:37
15	36	Carlos Manuel Matos Marques	Individual	Senior Masculino	02:21:19	+21:55	05:39
16	22	Fábio André Barbosa	Escaravelhos Team	Senior Masculino	02:21:24	+22:00	05:39
17	18	Rui Santos	Desportivo Atlético Recardães	Senior Masculino	02:21:42	+22:18	05:40
18	14	Celso Morreira	Desportivo Atlético Recardães	Senior Masculino	02:22:22	+22:58	05:42
19	123	FILIPE SANTOS	Individual	Senior Masculino	02:23:30	+24:06	05:44
20	52	Márcio Cruz	Individual	Senior Masculino	02:23:54	+24:30	05:45
21	50	José Manuel Gomes Nunes	Individual	Senior Masculino	02:24:09	+24:45	05:46
22	45	João Almeida	Individual	Senior Masculino	02:26:17	+26:53	05:51
23	121	BRUNO FERNANDES	vimarunners	Senior Masculino	02:28:55	+29:31	05:57
24	44	Hugo Emanuel Pereira Fardilha	Individual	Senior Masculino	02:30:42	+31:18	06:02
25	69	Williams da Conceição Rodriguez	Individual	Senior Masculino	02:31:19	+31:55	06:03
26	42	Filipe Silvano	Individual	Senior Masculino	02:33:13	+33:49	06:08
27	39	Diamantino Linhares	Individual	Senior Masculino	02:34:48	+35:24	06:12
28	66	Tiago Gregório	Individual	Senior Masculino	02:35:03	+35:39	06:12
29	59	Ricardo Fernandes	Individual	Senior Masculino	02:36:02	+36:38	06:14

25K **25 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

30	41	Fernando Coelho	Individual	Senior Masculino	02:38:58	+39:34	06:22
31	57	Nuno Nunes	Individual	Senior Masculino	02:39:32	+40:08	06:23
32	111	Andre Santos	Rainha Club	Senior Masculino	02:39:32	+40:08	06:23
33	24	Fernando Santos	Escaravelhos Team	Senior Masculino	02:39:53	+40:29	06:24
34	25	Marco Veludo	Escaravelhos Team	Senior Masculino	02:39:56	+40:32	06:24
35	55	Nuno Branco	Individual	Senior Masculino	02:40:18	+40:54	06:25
36	64	Sergio	Individual	Senior Masculino	02:41:26	+42:02	06:27
37	17	Miguel Oliveira	Desportivo Atlético Recardães	Senior Masculino	02:42:50	+43:26	06:31
38	112	Hugo Costa	Rainha Club	Senior Masculino	02:44:48	+45:24	06:36
39	65	Telmo José Santos Lages	Individual	Senior Masculino	02:44:52	+45:28	06:36
40	106	Bruno Miguel Dos Santos Mendes	PRT/AD QUINTA	Senior Masculino	02:45:49	+46:25	06:38
41	67	Tiago Nunes	Individual	Senior Masculino	02:47:38	+48:14	06:42
42	51	Luís Andrade	Individual	Senior Masculino	02:48:22	+48:58	06:44
43	6	Mário Coutinho	Banana Runners	Senior Masculino	02:48:55	+49:31	06:45
44	43	Francisco Aragão	Individual	Senior Masculino	02:49:06	+49:42	06:46
45	122	RUI FERNANDES	vimarunners	Senior Masculino	02:50:50	+51:26	06:50
46	49	Joaquim Lúcio Pires Ribeiro	Individual	Senior Masculino	02:51:20	+51:56	06:51
47	47	João Ferreira	Individual	Senior Masculino	02:55:41	+56:17	07:02
48	37	Carlos Manuel Póvoa dos Santos	Individual	Senior Masculino	02:55:42	+56:18	07:02
49	97	Jorge Martins	Núcleo do Desporto Amador de Pombal	Senior Masculino	02:57:40	+58:16	07:06
50	48	João Melo	Individual	Senior Masculino	03:00:22	+01:00:58	07:13
51	46	João André Varela Coelho	Individual	Senior Masculino	03:00:29	+01:01:05	07:13
52	88	Filipe Silva	KO TRAIL RUNNING	Senior Masculino	03:01:01	+01:01:37	07:14
53	89	João Couto	KO TRAIL RUNNING	Senior Masculino	03:01:01	+01:01:37	07:14
54	68	Vladimiro Cancela	Individual	Senior Masculino	03:17:15	+01:17:51	07:53
55	115	Pedro Henriques	Rainha Club	Senior Masculino	03:22:31	+01:23:07	08:06
56	114	Luis Ramos	Rainha Club	Senior Masculino	03:22:31	+01:23:07	08:06
57	63	Rui Vilar	Individual	Senior Masculino	03:24:20	+01:24:56	08:10
58	56	Nuno Jorge Oliveira e Almeida	Individual	Senior Masculino	03:25:39	+01:26:15	08:14
59	21	Vítor Manuel Dias Gonçalves	EDV-VIANA TRAIL	Senior Masculino	03:30:22	+01:30:58	08:25
60	116	Ricardo Sousa	Rainha Club	Senior Masculino	03:47:15	+01:47:51	09:05
61	113	Joao Paulo Pereira	Rainha Club	Senior Masculino	03:47:17	+01:47:53	09:05

Veterana F45

1	71	Ana luisa vidal da silva	Individual	Veterana F45	02:50:49		06:50

Veterano M40

1	76	José Sousa	Individual	Veterano M40	02:05:55		05:02
2	75	José António Prazeres Ferreira	Individual	Veterano M40	02:06:29	+00:34	05:04
3	74	Hilário Pinto	Individual	Veterano M40	02:07:58	+02:03	05:07
4	10	Viriato Dias	CTAD - Trilhos de Cinfães	Veterano M40	02:20:33	+14:38	05:37
5	94	Jorge Pedro	Mountain Trails	Veterano M40	02:28:25	+22:30	05:56
6	78	Rui Oliveira	Individual	Veterano M40	02:30:38	+24:43	06:02

25K **25 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

7	119	Rui Oliveira	Run@Figueira - TeamBala	Veterano M40	02:38:08	+32:13	06:20
8	79	Samuel Guerra	Individual	Veterano M40	02:44:43	+38:48	06:35
9	7	Miguel Dominguez	Banana Runners	Veterano M40	02:46:25	+40:30	06:39
10	8	Paulo Vicente	Banana Runners	Veterano M40	02:46:25	+40:30	06:39
11	77	RENATO FERREIRA	Individual	Veterano M40	02:47:18	+41:23	06:42
12	73	Carlos Augusto Martins da Silva	Individual	Veterano M40	02:47:38	+41:43	06:42
13	9	Renato Cruz	Banana Runners	Veterano M40	02:48:55	+43:00	06:45

Veterano M45

1	96	Paulo Santos	Mountain Trails	Veterano M45	02:08:14		05:08
2	81	jaime manuel oliveira	Individual	Veterano M45	02:15:35	+07:21	05:25
3	104	Jorge Justo	O Mundo da Corrida	Veterano M45	02:16:07	+07:53	05:27
4	103	Francisco Pais	O Mundo da Corrida	Veterano M45	02:16:33	+08:19	05:28
5	85	PAULO CONCEICAO	Individual	Veterano M45	02:24:01	+15:47	05:46
6	91	Valdemar Oliveira	KO TRAIL RUNNING	Veterano M45	02:31:35	+23:21	06:04
7	13	Vitor Campos	DAR - Desportivo Atlético de Recardães	Veterano M45	02:31:52	+23:38	06:04
8	86	Paulo Jorge Pinho Ferreira	Individual	Veterano M45	02:34:32	+26:18	06:11
9	5	Pedro Guimaraes	BAI K ANDAS TEAM	Veterano M45	02:35:37	+27:23	06:13
10	95	Paulo Açafrão	Mountain Trails	Veterano M45	02:40:32	+32:18	06:25
11	90	Arnaldo Santos	KO TRAIL RUNNING	Veterano M45	02:40:55	+32:41	06:26
12	83	José Filipe da Costa	Individual	Veterano M45	02:44:51	+36:37	06:36
13	87	Paulo Marçal	Individual	Veterano M45	02:45:58	+37:44	06:38
14	82	joão pedro de almeida liberal	Individual	Veterano M45	02:53:43	+45:29	06:57
15	84	Nuno Rocha	Individual	Veterano M45	03:01:32	+53:18	07:16
16	80	António Silva	Individual	Veterano M45	03:04:18	+56:04	07:22
17	26	Manuel Cunha Lima	EXPERIENCIAR	Veterano M45	03:17:16	+01:09:02	07:53
18	117	Sergio Pinheiro	Rainha Club	Veterano M45	03:22:31	+01:14:17	08:06

Trail ADT Águeda
Águeda
11-January-2015

15K **15 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	10:00	7.9ºC	82%
End	13:27	13.4ºC	66.8%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	710	Maria Isabel Areias	Oralklass-Amigos do Trail	Senior Feminino	01:23:21		05:33
2	575	Vera Lúcia Dias de Figueiredo	Individual	Senior Feminino	01:40:25	+17:04	06:42
3	567	Marlene Brito	Individual	Senior Feminino	01:41:50	+18:29	06:47
4	517	elisabete chaves	CASA DO POVO DE TONDA	Senior Feminino	01:43:08	+19:47	06:53
5	569	Micaela Mafalda Martins Dionísio	Individual	Senior Feminino	01:44:42	+21:21	06:59
6	566	Marisa Silva	Individual	Senior Feminino	01:44:48	+21:27	06:59
7	572	Rita Glória	Individual	Senior Feminino	01:45:49	+22:28	07:03
8	541	Liliana Martins	Cross Training	Senior Feminino	01:46:21	+23:00	07:05
9	574	Sofia Figueiredo	Individual	Senior Feminino	01:47:50	+24:29	07:11
10	568	Marlene Filipa Nascimento dos Santos	Individual	Senior Feminino	01:49:11	+25:50	07:17
11	516	andreia dias	CASA DO POVO DE TONDA	Senior Feminino	01:50:06	+26:45	07:20
12	546	Diana Marques	Desportivo Atlético Recardães	Senior Feminino	01:51:03	+27:42	07:24
13	560	Carina Bernardo	Individual	Senior Feminino	01:53:55	+30:34	07:36
14	558	Ana Luísa Melo	Individual	Senior Feminino	01:54:22	+31:01	07:37
15	526	Vania Baptista	Cross Training	Senior Feminino	01:54:31	+31:10	07:38
16	718	Carla Silva	Rainha Club	Senior Feminino	02:01:47	+38:26	08:07
17	729	HELGA PATRÍCIA DA SILVA	Individual	Senior Feminino	02:01:51	+38:30	08:07
18	559	Ana Teresa Morais Melo	Individual	Senior Feminino	02:01:55	+38:34	08:08
19	571	Rita Alexandra Santos Ferreira	Individual	Senior Feminino	02:03:05	+39:44	08:12
20	524	Cristina Almeida Ribeiro	Cross Training	Senior Feminino	02:03:18	+39:57	08:13
21	722	Marta Simoes	Run@Figueira - TeamBala	Senior Feminino	02:03:20	+39:59	08:13
22	686	Ana Carla Amaro	KO TRAIL RUNNING	Senior Feminino	02:04:26	+41:05	08:18
23	687	Catarina Lopes	KO TRAIL RUNNING	Senior Feminino	02:06:40	+43:19	08:27
24	553	Carla Ferreira	Green Trace Runners	Senior Feminino	02:07:52	+44:31	08:31
25	565	MARIA LUÍSA	Individual	Senior Feminino	02:09:55	+46:34	08:40
26	110	Sara Martins	Rainha Club	Senior Feminino	02:14:21	+51:00	08:57
27	525	Helena Cristina de Almeida Pereira	Cross Training	Senior Feminino	02:17:51	+54:30	09:11
28	564	Ivone Goreti Matos Marques	Individual	Senior Feminino	02:20:39	+57:18	09:23
29	508	Marta Chaves	BTT 100 Rumo	Senior Feminino	02:22:30	+59:09	09:30
30	570	Neiza Lima	Individual	Senior Feminino	02:26:49	+01:03:28	09:47
31	562	Elisa Ferreira	Individual	Senior Feminino	02:45:40	+01:22:19	11:03
32	504	Daniela Fontes	as gajas do PM	Senior Feminino	02:51:21	+01:28:00	11:25
33	563	Inês Margarida Ferreira Marques	Individual	Senior Feminino	03:15:50	+01:52:29	13:03

Senior Masculino

1	547	Giovanni Diaz	Desportivo Atlético Recardães	Senior Masculino	01:12:56		04:52
2	627	Renato Amaral	Individual	Senior Masculino	01:13:52	+00:56	04:55
3	507	Ricardo Coelho	BOSCH Termotecnologia SA	Senior Masculino	01:16:26	+03:30	05:06

15K

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

4	604	João Martins Cruz	Individual	Senior Masculino	01:16:45	+03:49	05:07
5	554	Gustavo Barros	Green Trace Runners	Senior Masculino	01:16:55	+03:59	05:08
6	577	André Simões	Individual	Senior Masculino	01:19:10	+06:14	05:17
7	506	João Andrade	Aveiro Rookie Team	Senior Masculino	01:21:40	+08:44	05:27
8	550	Rafael José Chá-Chá Gomes	Escaravelhos Team	Senior Masculino	01:22:17	+09:21	05:29
9	531	Emanuel António Pinto Rodrigues	Cross Training	Senior Masculino	01:23:16	+10:20	05:33
10	523	Fausto Moreira	Clube PT Aveiro	Senior Masculino	01:23:19	+10:23	05:33
11	578	António Trigueiro	Individual	Senior Masculino	01:23:36	+10:40	05:34
12	514	Ricardo Gama	BTT 100 Rumo	Senior Masculino	01:23:42	+10:46	05:35
13	552	David Gouveia	Escaravelhos Team	Senior Masculino	01:26:21	+13:25	05:45
14	704	José Oliveira	LOJA DO ATLETA	Senior Masculino	01:27:21	+14:25	05:49
15	586	Daniel Filipe Rodrigues Almeida	Individual	Senior Masculino	01:27:25	+14:29	05:50
16	691	Henrique Dias	KO TRAIL RUNNING	Senior Masculino	01:27:26	+14:30	05:50
17	602	jacinto silva	Individual	Senior Masculino	01:27:30	+14:34	05:50
18	634	Rui Zi	Individual	Senior Masculino	01:27:59	+15:03	05:52
19	703	Hélder Silva	LOJA DO ATLETA	Senior Masculino	01:28:02	+15:06	05:52
20	583	Carlos André dos Reis Ferreira	Individual	Senior Masculino	01:28:53	+15:57	05:56
21	549	Leonardo André Rodrigues Sousa	Escaravelhos Team	Senior Masculino	01:29:10	+16:14	05:57
22	585	Carlos Vila Nova	Individual	Senior Masculino	01:29:33	+16:37	05:58
23	527	Bruno Rodrigues	Cross Training	Senior Masculino	01:29:41	+16:45	05:59
24	635	Sérgio Cardoso Rodrigues	Individual	Senior Masculino	01:29:42	+16:46	05:59
25	621	Paulo Rogério Lopes Pires	Individual	Senior Masculino	01:29:45	+16:49	05:59
26	640	Victor Calçada	Individual	Senior Masculino	01:29:59	+17:03	06:00
27	599	Gonçalo Arada Martins	Individual	Senior Masculino	01:30:53	+17:57	06:04
28	601	Gonçalo Ribeiro	Individual	Senior Masculino	01:31:00	+18:04	06:04
29	616	NELSON AMARAL	Individual	Senior Masculino	01:31:24	+18:28	06:06
30	587	Davide Marques da Silva	Individual	Senior Masculino	01:32:22	+19:26	06:09
31	595	FIDEL CONDE	Individual	Senior Masculino	01:33:10	+20:14	06:13
32	638	Tiago Esteves	Individual	Senior Masculino	01:33:14	+20:18	06:13
33	518	Pedro Ferraz	CASA DO POVO DE TONDA	Senior Masculino	01:33:14	+20:18	06:13
34	607	joão Salvaterra	Individual	Senior Masculino	01:33:19	+20:23	06:13
35	597	Filipe Nogueira Santos	Individual	Senior Masculino	01:33:56	+21:00	06:16
36	535	Pedro Miguel Oliveira	cross training	Senior Masculino	01:34:19	+21:23	06:17
37	705	Josias Meira	LOJA DO ATLETA	Senior Masculino	01:34:20	+21:24	06:17
38	596	Filipe Costa	Individual	Senior Masculino	01:35:31	+22:35	06:22
39	618	Nuno Filipe Duarte Oliveira	Individual	Senior Masculino	01:35:33	+22:37	06:22
40	619	Nuno Lemos Silva Ferreira	Individual	Senior Masculino	01:35:38	+22:42	06:23
41	534	Paulo Abrantes	Cross Training	Senior Masculino	01:36:36	+23:40	06:26
42	614	Mário Sequeira	Individual	Senior Masculino	01:36:59	+24:03	06:28
43	630	Ricardo Diogo	Individual	Senior Masculino	01:37:35	+24:39	06:30
44	694	Rui Mesquita	KO TRAIL RUNNING	Senior Masculino	01:37:55	+24:59	06:32
45	533	José Silva	Cross Training	Senior Masculino	01:38:05	+25:09	06:32
46	593	Fernando Jorge Lemos Antunes	Individual	Senior Masculino	01:38:33	+25:37	06:34
47	590	Elisio Simão Cardoso	Individual	Senior Masculino	01:40:04	+27:08	06:40
48	520	tomás alves	CASA DO POVO DE TONDA	Senior Masculino	01:40:10	+27:14	06:41
49	519	rúben campos	CASA DO POVO DE TONDA	Senior Masculino	01:40:10	+27:14	06:41

50	610	Júlio Gonçalo Ribeiro Pinho	Individual	Senior Masculino	01:40:16	+27:20	06:41
51	702	Abílio Freitas	LOJA DO ATLETA	Senior Masculino	01:40:19	+27:23	06:41
52	501	Joel André Vieira Vieira	ADREP BTT Voltrish/Luis Optica	Senior Masculino	01:40:26	+27:30	06:42
53	581	Bruno Martins	Individual	Senior Masculino	01:40:32	+27:36	06:42
54	613	Luis Marques	Individual	Senior Masculino	01:40:33	+27:37	06:42
55	636	Sérgio Miguel Simões Gonçalo	Individual	Senior Masculino	01:40:46	+27:50	06:43
56	592	Fábio Simões Alves	Individual	Senior Masculino	01:41:32	+28:36	06:46
57	626	Rafael Costa Carlos	Individual	Senior Masculino	01:41:32	+28:36	06:46
58	623	Paulo Sérgio dos Santos Rocha Menezes	Individual	Senior Masculino	01:41:56	+29:00	06:48
59	600	Gonçalo Narciso	Individual	Senior Masculino	01:42:06	+29:10	06:48
60	629	Ricardo Dias Fernandes	Individual	Senior Masculino	01:42:07	+29:11	06:48
61	576	Adriano Gonçalves Galante	Individual	Senior Masculino	01:43:15	+30:19	06:53
62	542	Francisco Santos	Cross Training	Senior Masculino	01:43:39	+30:43	06:55
63	580	Bruno José da Silva Branco	Individual	Senior Masculino	01:44:41	+31:45	06:59
64	609	José Israel Henriques Tavares	Individual	Senior Masculino	01:44:46	+31:50	06:59
65	637	Telmo Dias	Individual	Senior Masculino	01:44:48	+31:52	06:59
66	598	Gabriel Oliveira Marques Arsénio	Individual	Senior Masculino	01:46:02	+33:06	07:04
67	701	Pedro Lobo	Lap2Go	Senior Masculino	01:46:30	+33:34	07:06
68	632	Rui Filipe Gonçalves Ramos	Individual	Senior Masculino	01:46:59	+34:03	07:08
69	692	Hugo Panão	KO TRAIL RUNNING	Senior Masculino	01:46:59	+34:03	07:08
70	594	Fernando Manuel de Oliveira Moreira	Individual	Senior Masculino	01:48:19	+35:23	07:13
71	641	Vidal Ferreira	Individual	Senior Masculino	01:48:19	+35:23	07:13
72	40	Eduardo Oliveira	Individual	Senior Masculino	01:48:31	+35:35	07:14
73	688	Apolinario Ferreira	KO TRAIL RUNNING	Senior Masculino	01:48:36	+35:40	07:14
74	693	Joaquim Mota	KO TRAIL RUNNING	Senior Masculino	01:48:36	+35:40	07:14
75	521	Franco Lourenço	Cirúrgicos	Senior Masculino	01:49:03	+36:07	07:16
76	617	Nuno Aleknavicius Ferreira da Silva	Individual	Senior Masculino	01:49:10	+36:14	07:17
77	538	Sérgio Simões Baptista	Cross Training	Senior Masculino	01:52:56	+40:00	07:32
78	536	Sergio Mendes	Cross Training	Senior Masculino	01:53:44	+40:48	07:35
79	625	Pedro Henriques	Individual	Senior Masculino	01:54:20	+41:24	07:37
80	615	Miguel Ferreira	Individual	Senior Masculino	01:54:21	+41:25	07:37
81	530	DAVIDE MARTINS	Cross Training	Senior Masculino	01:54:31	+41:35	07:38
82	532	ISMAEL ALMEIDA	Cross Training	Senior Masculino	01:54:31	+41:35	07:38
83	633	Rui Furtado	Individual	Senior Masculino	01:55:51	+42:55	07:43
84	642	Vitor Santos	Individual	Senior Masculino	01:55:51	+42:55	07:43
85	611	Luís Filipe Pinto Rodrigues	Individual	Senior Masculino	01:57:00	+44:04	07:48
86	712	Nuno Cardoso	Os Lendários Kenyanos Albinos de Aveiro	Senior Masculino	01:57:16	+44:20	07:49
87	628	Renato André Pinto Martins	Individual	Senior Masculino	01:57:16	+44:20	07:49
88	620	Paulo Ferreira	Individual	Senior Masculino	01:58:18	+45:22	07:53
89	543	Carlos Alberto Tavares Saraiva	CrossPro	Senior Masculino	02:00:11	+47:15	08:01
90	608	José Filipe Gonçalves Garcia	Individual	Senior Masculino	02:00:12	+47:16	08:01
91	588	Diogo Samuel Tavares Pereira da Silva	Individual	Senior Masculino	02:00:14	+47:18	08:01
92	544	Davide Gouveia	CrossPro	Senior Masculino	02:00:24	+47:28	08:02
93	711	Francisco Bispo Lamas	Os Lendários Kenyanos Albinos de Aveiro	Senior Masculino	02:01:13	+48:17	08:05

94	584	Carlos Miguel Almeida Oliveira	Individual	Senior Masculino	02:01:50	+48:54	08:07
95	515	Alexandre Alberto Lourenço Pereira	Caminhantes Team	Senior Masculino	02:01:51	+48:55	08:07
96	606	João Rebelo	Individual	Senior Masculino	02:01:52	+48:56	08:07
97	591	Emanuel Figueiredo	Individual	Senior Masculino	02:03:05	+50:09	08:12
98	555	Luis Matias	Green Trace Runners	Senior Masculino	02:07:51	+54:55	08:31
99	624	Pedro Alexandre de Almeida Gomes	Individual	Senior Masculino	02:11:51	+58:55	08:47
100	684	Renato Carvalho	JOMI	Senior Masculino	02:12:46	+59:50	08:51
101	689	Carlos Caria	KO TRAIL RUNNING	Senior Masculino	02:17:01	+01:04:05	09:08
102	529	Daniel Castro Marques	Cross Training	Senior Masculino	02:17:51	+01:04:55	09:11
103	582	Bruno Miguel Fernandes Simões	Individual	Senior Masculino	02:20:39	+01:07:43	09:23
104	522	Frederico Teixeira	Cirúrgicos	Senior Masculino	02:23:34	+01:10:38	09:34

Veterana F40

1	648	Susana Mafalda de Almeida Marques	Individual	Veterana F40	01:30:52		06:03
2	706	Cristina Santos	LOJA DO ATLETA	Veterana F40	01:46:36	+15:44	07:06
3	707	Dina Sousa	LOJA DO ATLETA	Veterana F40	01:46:36	+15:44	07:06
4	643	Aida Pereira	Individual	Veterana F40	01:50:49	+19:57	07:23
5	646	Elza Cordeiro	Individual	Veterana F40	01:51:55	+21:03	07:28
6	695	Leonor Ferreira	KO TRAIL RUNNING	Veterana F40	01:58:15	+27:23	07:53
7	645	Elisabete Costa	Individual	Veterana F40	01:58:17	+27:25	07:53
8	708	Maria Fátima Outeiro	LOJA DO ATLETA	Veterana F40	02:00:44	+29:52	08:03
9	644	Dulce Carvalho	Individual	Veterana F40	02:02:27	+31:35	08:10
10	685	Cláudia Leite	JOMI	Veterana F40	02:12:46	+41:54	08:51
11	696	Sonia Pires Pereira	KO TRAIL RUNNING	Veterana F40	02:16:28	+45:36	09:06
12	505	Emília Lima Silva	as gajas do PM	Veterana F40	02:51:19	+01:20:27	11:25

Veterana F45

1	649	Alda	Individual	Veterana F45	01:47:02		07:08
2	654	Maria Oliveira	Individual	Veterana F45	01:55:28	+08:26	07:42
3	651	MARGARIDA CARVALHO	Individual	Veterana F45	01:55:30	+08:28	07:42
4	652	Maria Isilda Marinho Araújo	Individual	Veterana F45	02:28:28	+41:26	09:54
5	650	Edna Fernandes Tavares Marques	Individual	Veterana F45	03:15:50	+01:28:48	13:03

Veterano M40

1	715	Jorge Manuel Vieira Brites	Pé na Rota	Veterano M40	01:23:03		05:32
2	661	Miguel Santos	Individual	Veterano M40	01:31:37	+08:34	06:06
3	658	João Ponces	Individual	Veterano M40	01:33:06	+10:03	06:12
4	699	Rui Gateira	KO TRAIL RUNNING	Veterano M40	01:35:30	+12:27	06:22
5	660	Luís Miguel Coelho Santos Marques	Individual	Veterano M40	01:35:30	+12:27	06:22
6	140	MIGUEL LOPES	Individual	Veterano M40	01:36:17	+13:14	06:25
7	697	Nuno Guerra	KO TRAIL RUNNING	Veterano M40	01:37:31	+14:28	06:30
8	720	filipe almeida	Recreio Desportivo Agueda	Veterano M40	01:38:54	+15:51	06:36

15K **15 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

9	655	Adérito Silva	Individual	Veterano M40	01:41:45	+18:42	06:47
10	709	Emanuel Posse	LOJA DO ATLETA	Veterano M40	01:42:18	+19:15	06:49
11	539	Celso Augusto Jesus Amaral	Cross Training	Veterano M40	01:43:02	+19:59	06:52
12	665	Pedro Ferreira	Individual	Veterano M40	01:43:14	+20:11	06:53
13	656	Alberto Freitas	Individual	Veterano M40	01:46:27	+23:24	07:06
14	662	Nuno Filipe Pereira	Individual	Veterano M40	01:47:07	+24:04	07:08
15	698	Pedro Saraiva	KO TRAIL RUNNING	Veterano M40	01:48:35	+25:32	07:14
16	663	Óscar Bastos	Individual	Veterano M40	01:53:57	+30:54	07:36
17	666	Pedro Guedes	Individual	Veterano M40	01:56:11	+33:08	07:45
18	727	JOSÉ FIGUEIREDO	Individual	Veterano M40	01:58:12	+35:09	07:53
19	723	Rui Faria	Run@Figueira - TeamBala	Veterano M40	01:59:44	+36:41	07:59
20	714	Pedro Tavares	Os Lendários Kenyanos Albinos de Aveiro	Veterano M40	02:01:54	+38:51	08:08
21	730	TAPIO MAKI	Individual	Veterano M40	02:08:00	+44:57	08:32
22	659	José Alberto Dias Martins	Individual	Veterano M40	02:10:04	+47:01	08:40
23	719	Victor Paiva	Rainha Club	Veterano M40	02:14:21	+51:18	08:57

Veterano M45

1	725	Joaquim Martins	www.dci.pt/mealhada	Veterano M45	01:20:06		05:20
2	683	Vasco Morais Pinheiro de Sousa	Individual	Veterano M45	01:22:46	+02:40	05:31
3	678	Emilio Leal Santos	Individual	Veterano M45	01:27:11	+07:05	05:49
4	677	Daniel Nascimento	Individual	Veterano M45	01:29:36	+09:30	05:58
5	679	FERNANDO MORAIS	Individual	Veterano M45	01:31:23	+11:17	06:06
6	681	Jorge Peixoto	Individual	Veterano M45	01:32:17	+12:11	06:09
7	721	jose santos	Recreio Desportivo Agueda	Veterano M45	01:35:33	+15:27	06:22
8	675	carlos rocha	Individual	Veterano M45	01:36:17	+16:11	06:25
9	680	Joaquim Amieiro	Individual	Veterano M45	01:37:11	+17:05	06:29
10	672	Arsenio da silva matos	Individual	Veterano M45	01:38:12	+18:06	06:33
11	676	Cesario Rocha	Individual	Veterano M45	01:39:55	+19:49	06:40
12	551	Luis António Pinto Pereira	Escaravelhos Team	Veterano M45	01:40:52	+20:46	06:43
13	674	CARLOS ESTIMA	Individual	Veterano M45	01:45:52	+25:46	07:03
14	670	António José Fonseca Cunha	Individual	Veterano M45	01:46:10	+26:04	07:05
15	700	Herculano Gomes	KO TRAIL RUNNING	Veterano M45	01:48:36	+28:30	07:14
16	548	Pedro Tavares	Desportivo Atlético Recardães	Veterano M45	01:49:04	+28:58	07:16
17	545	Arlindo Santos	DAR - Desportivo Atlético de Recardães	Veterano M45	01:51:03	+30:57	07:24
18	503	Carlos Martins	APROCRED	Veterano M45	01:51:56	+31:50	07:28
19	682	Paulo Morais da Conceição	Individual	Veterano M45	01:57:16	+37:10	07:49
20	673	carlos dias	Individual	Veterano M45	02:01:53	+41:47	08:08
21	724	Filipe Rito	Run@Figueira - TeamBala	Veterano M45	02:05:14	+45:08	08:21
22	669	Amilcar Rainho	Individual	Veterano M45	02:11:50	+51:44	08:47
23	540	rui ferreira	Cross Training	Veterano M45	02:12:56	+52:50	08:52
24	671	António José Oliveira Melo	Individual	Veterano M45	02:28:39	+01:08:33	09:55

Trail ADT Águeda
Águeda
11-January-2015

15K **15 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	10:00	7.9ºC	82%
End	13:27	13.4ºC	66.8%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	710	Maria Isabel Areias	Oralklass-Amigos do Trail	Senior Feminino	01:23:21		05:33
2	575	Vera Lúcia Dias de Figueiredo	Individual	Senior Feminino	01:40:25	+17:04	06:42
3	567	Marlene Brito	Individual	Senior Feminino	01:41:50	+18:29	06:47
4	517	elisabete chaves	CASA DO POVO DE TONDA	Senior Feminino	01:43:08	+19:47	06:53
5	569	Micaela Mafalda Martins Dionísio	Individual	Senior Feminino	01:44:42	+21:21	06:59
6	566	Marisa Silva	Individual	Senior Feminino	01:44:48	+21:27	06:59
7	572	Rita Glória	Individual	Senior Feminino	01:45:49	+22:28	07:03
8	541	Liliana Martins	Cross Training	Senior Feminino	01:46:21	+23:00	07:05
9	574	Sofia Figueiredo	Individual	Senior Feminino	01:47:50	+24:29	07:11
10	568	Marlene Filipa Nascimento dos Santos	Individual	Senior Feminino	01:49:11	+25:50	07:17
11	516	andreia dias	CASA DO POVO DE TONDA	Senior Feminino	01:50:06	+26:45	07:20
12	546	Diana Marques	Desportivo Atlético Recardães	Senior Feminino	01:51:03	+27:42	07:24
13	560	Carina Bernardo	Individual	Senior Feminino	01:53:55	+30:34	07:36
14	558	Ana Luísa Melo	Individual	Senior Feminino	01:54:22	+31:01	07:37
15	526	Vania Baptista	Cross Training	Senior Feminino	01:54:31	+31:10	07:38
16	718	Carla Silva	Rainha Club	Senior Feminino	02:01:47	+38:26	08:07
17	729	HELGA PATRÍCIA DA SILVA	Individual	Senior Feminino	02:01:51	+38:30	08:07
18	559	Ana Teresa Morais Melo	Individual	Senior Feminino	02:01:55	+38:34	08:08
19	571	Rita Alexandra Santos Ferreira	Individual	Senior Feminino	02:03:05	+39:44	08:12
20	524	Cristina Almeida Ribeiro	Cross Training	Senior Feminino	02:03:18	+39:57	08:13
21	722	Marta Simoes	Run@Figueira - TeamBala	Senior Feminino	02:03:20	+39:59	08:13
22	686	Ana Carla Amaro	KO TRAIL RUNNING	Senior Feminino	02:04:26	+41:05	08:18
23	687	Catarina Lopes	KO TRAIL RUNNING	Senior Feminino	02:06:40	+43:19	08:27
24	553	Carla Ferreira	Green Trace Runners	Senior Feminino	02:07:52	+44:31	08:31
25	565	MARIA LUÍSA	Individual	Senior Feminino	02:09:55	+46:34	08:40
26	110	Sara Martins	Rainha Club	Senior Feminino	02:14:21	+51:00	08:57
27	525	Helena Cristina de Almeida Pereira	Cross Training	Senior Feminino	02:17:51	+54:30	09:11
28	564	Ivone Goreti Matos Marques	Individual	Senior Feminino	02:20:39	+57:18	09:23
29	508	Marta Chaves	BTT 100 Rumo	Senior Feminino	02:22:30	+59:09	09:30
30	570	Neiza Lima	Individual	Senior Feminino	02:26:49	+01:03:28	09:47
31	562	Elisa Ferreira	Individual	Senior Feminino	02:45:40	+01:22:19	11:03
32	504	Daniela Fontes	as gajas do PM	Senior Feminino	02:51:21	+01:28:00	11:25
33	563	Inês Margarida Ferreira Marques	Individual	Senior Feminino	03:15:50	+01:52:29	13:03

Senior Masculino

1	547	Giovanni Diaz	Desportivo Atlético Recardães	Senior Masculino	01:12:56		04:52
2	627	Renato Amaral	Individual	Senior Masculino	01:13:52	+00:56	04:55
3	507	Ricardo Coelho	BOSCH Termotecnologia SA	Senior Masculino	01:16:26	+03:30	05:06

15K

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

4	604	João Martins Cruz	Individual	Senior Masculino	01:16:45	+03:49	05:07
5	554	Gustavo Barros	Green Trace Runners	Senior Masculino	01:16:55	+03:59	05:08
6	577	André Simões	Individual	Senior Masculino	01:19:10	+06:14	05:17
7	506	João Andrade	Aveiro Rookie Team	Senior Masculino	01:21:40	+08:44	05:27
8	550	Rafael José Chá-Chá Gomes	Escaravelhos Team	Senior Masculino	01:22:17	+09:21	05:29
9	531	Emanuel António Pinto Rodrigues	Cross Training	Senior Masculino	01:23:16	+10:20	05:33
10	523	Fausto Moreira	Clube PT Aveiro	Senior Masculino	01:23:19	+10:23	05:33
11	578	António Trigueiro	Individual	Senior Masculino	01:23:36	+10:40	05:34
12	514	Ricardo Gama	BTT 100 Rumo	Senior Masculino	01:23:42	+10:46	05:35
13	552	David Gouveia	Escaravelhos Team	Senior Masculino	01:26:21	+13:25	05:45
14	704	José Oliveira	LOJA DO ATLETA	Senior Masculino	01:27:21	+14:25	05:49
15	586	Daniel Filipe Rodrigues Almeida	Individual	Senior Masculino	01:27:25	+14:29	05:50
16	691	Henrique Dias	KO TRAIL RUNNING	Senior Masculino	01:27:26	+14:30	05:50
17	602	jacinto silva	Individual	Senior Masculino	01:27:30	+14:34	05:50
18	634	Rui Zi	Individual	Senior Masculino	01:27:59	+15:03	05:52
19	703	Hélder Silva	LOJA DO ATLETA	Senior Masculino	01:28:02	+15:06	05:52
20	583	Carlos André dos Reis Ferreira	Individual	Senior Masculino	01:28:53	+15:57	05:56
21	549	Leonardo André Rodrigues Sousa	Escaravelhos Team	Senior Masculino	01:29:10	+16:14	05:57
22	585	Carlos Vila Nova	Individual	Senior Masculino	01:29:33	+16:37	05:58
23	527	Bruno Rodrigues	Cross Training	Senior Masculino	01:29:41	+16:45	05:59
24	635	Sérgio Cardoso Rodrigues	Individual	Senior Masculino	01:29:42	+16:46	05:59
25	621	Paulo Rogério Lopes Pires	Individual	Senior Masculino	01:29:45	+16:49	05:59
26	640	Victor Calçada	Individual	Senior Masculino	01:29:59	+17:03	06:00
27	599	Gonçalo Arada Martins	Individual	Senior Masculino	01:30:53	+17:57	06:04
28	601	Gonçalo Ribeiro	Individual	Senior Masculino	01:31:00	+18:04	06:04
29	616	NELSON AMARAL	Individual	Senior Masculino	01:31:24	+18:28	06:06
30	587	Davide Marques da Silva	Individual	Senior Masculino	01:32:22	+19:26	06:09
31	595	FIDEL CONDE	Individual	Senior Masculino	01:33:10	+20:14	06:13
32	638	Tiago Esteves	Individual	Senior Masculino	01:33:14	+20:18	06:13
33	518	Pedro Ferraz	CASA DO POVO DE TONDA	Senior Masculino	01:33:14	+20:18	06:13
34	607	joão Salvaterra	Individual	Senior Masculino	01:33:19	+20:23	06:13
35	597	Filipe Nogueira Santos	Individual	Senior Masculino	01:33:56	+21:00	06:16
36	535	Pedro Miguel Oliveira	cross training	Senior Masculino	01:34:19	+21:23	06:17
37	705	Josias Meira	LOJA DO ATLETA	Senior Masculino	01:34:20	+21:24	06:17
38	596	Filipe Costa	Individual	Senior Masculino	01:35:31	+22:35	06:22
39	618	Nuno Filipe Duarte Oliveira	Individual	Senior Masculino	01:35:33	+22:37	06:22
40	619	Nuno Lemos Silva Ferreira	Individual	Senior Masculino	01:35:38	+22:42	06:23
41	534	Paulo Abrantes	Cross Training	Senior Masculino	01:36:36	+23:40	06:26
42	614	Mário Sequeira	Individual	Senior Masculino	01:36:59	+24:03	06:28
43	630	Ricardo Diogo	Individual	Senior Masculino	01:37:35	+24:39	06:30
44	694	Rui Mesquita	KO TRAIL RUNNING	Senior Masculino	01:37:55	+24:59	06:32
45	533	José Silva	Cross Training	Senior Masculino	01:38:05	+25:09	06:32
46	593	Fernando Jorge Lemos Antunes	Individual	Senior Masculino	01:38:33	+25:37	06:34
47	590	Elisio Simão Cardoso	Individual	Senior Masculino	01:40:04	+27:08	06:40
48	520	tomás alves	CASA DO POVO DE TONDA	Senior Masculino	01:40:10	+27:14	06:41
49	519	rúben campos	CASA DO POVO DE TONDA	Senior Masculino	01:40:10	+27:14	06:41

50	610	Júlio Gonçalo Ribeiro Pinho	Individual	Senior Masculino	01:40:16	+27:20	06:41
51	702	Abílio Freitas	LOJA DO ATLETA	Senior Masculino	01:40:19	+27:23	06:41
52	501	Joel André Vieira Vieira	ADREP BTT Voltrish/Luis Optica	Senior Masculino	01:40:26	+27:30	06:42
53	581	Bruno Martins	Individual	Senior Masculino	01:40:32	+27:36	06:42
54	613	Luis Marques	Individual	Senior Masculino	01:40:33	+27:37	06:42
55	636	Sérgio Miguel Simões Gonçalo	Individual	Senior Masculino	01:40:46	+27:50	06:43
56	592	Fábio Simões Alves	Individual	Senior Masculino	01:41:32	+28:36	06:46
57	626	Rafael Costa Carlos	Individual	Senior Masculino	01:41:32	+28:36	06:46
58	623	Paulo Sérgio dos Santos Rocha Menezes	Individual	Senior Masculino	01:41:56	+29:00	06:48
59	600	Gonçalo Narciso	Individual	Senior Masculino	01:42:06	+29:10	06:48
60	629	Ricardo Dias Fernandes	Individual	Senior Masculino	01:42:07	+29:11	06:48
61	576	Adriano Gonçalves Galante	Individual	Senior Masculino	01:43:15	+30:19	06:53
62	542	Francisco Santos	Cross Training	Senior Masculino	01:43:39	+30:43	06:55
63	580	Bruno José da Silva Branco	Individual	Senior Masculino	01:44:41	+31:45	06:59
64	609	José Israel Henriques Tavares	Individual	Senior Masculino	01:44:46	+31:50	06:59
65	637	Telmo Dias	Individual	Senior Masculino	01:44:48	+31:52	06:59
66	598	Gabriel Oliveira Marques Arsénio	Individual	Senior Masculino	01:46:02	+33:06	07:04
67	701	Pedro Lobo	Lap2Go	Senior Masculino	01:46:30	+33:34	07:06
68	632	Rui Filipe Gonçalves Ramos	Individual	Senior Masculino	01:46:59	+34:03	07:08
69	692	Hugo Panão	KO TRAIL RUNNING	Senior Masculino	01:46:59	+34:03	07:08
70	594	Fernando Manuel de Oliveira Moreira	Individual	Senior Masculino	01:48:19	+35:23	07:13
71	641	Vidal Ferreira	Individual	Senior Masculino	01:48:19	+35:23	07:13
72	40	Eduardo Oliveira	Individual	Senior Masculino	01:48:31	+35:35	07:14
73	688	Apolinario Ferreira	KO TRAIL RUNNING	Senior Masculino	01:48:36	+35:40	07:14
74	693	Joaquim Mota	KO TRAIL RUNNING	Senior Masculino	01:48:36	+35:40	07:14
75	521	Franco Lourenço	Cirúrgicos	Senior Masculino	01:49:03	+36:07	07:16
76	617	Nuno Aleknavicius Ferreira da Silva	Individual	Senior Masculino	01:49:10	+36:14	07:17
77	538	Sérgio Simões Baptista	Cross Training	Senior Masculino	01:52:56	+40:00	07:32
78	536	Sergio Mendes	Cross Training	Senior Masculino	01:53:44	+40:48	07:35
79	625	Pedro Henriques	Individual	Senior Masculino	01:54:20	+41:24	07:37
80	615	Miguel Ferreira	Individual	Senior Masculino	01:54:21	+41:25	07:37
81	530	DAVIDE MARTINS	Cross Training	Senior Masculino	01:54:31	+41:35	07:38
82	532	ISMAEL ALMEIDA	Cross Training	Senior Masculino	01:54:31	+41:35	07:38
83	633	Rui Furtado	Individual	Senior Masculino	01:55:51	+42:55	07:43
84	642	Vitor Santos	Individual	Senior Masculino	01:55:51	+42:55	07:43
85	611	Luís Filipe Pinto Rodrigues	Individual	Senior Masculino	01:57:00	+44:04	07:48
86	712	Nuno Cardoso	Os Lendários Kenyanos Albinos de Aveiro	Senior Masculino	01:57:16	+44:20	07:49
87	628	Renato André Pinto Martins	Individual	Senior Masculino	01:57:16	+44:20	07:49
88	620	Paulo Ferreira	Individual	Senior Masculino	01:58:18	+45:22	07:53
89	543	Carlos Alberto Tavares Saraiva	CrossPro	Senior Masculino	02:00:11	+47:15	08:01
90	608	José Filipe Gonçalves Garcia	Individual	Senior Masculino	02:00:12	+47:16	08:01
91	588	Diogo Samuel Tavares Pereira da Silva	Individual	Senior Masculino	02:00:14	+47:18	08:01
92	544	Davide Gouveia	CrossPro	Senior Masculino	02:00:24	+47:28	08:02
93	711	Francisco Bispo Lamas	Os Lendários Kenyanos Albinos de Aveiro	Senior Masculino	02:01:13	+48:17	08:05

94	584	Carlos Miguel Almeida Oliveira	Individual	Senior Masculino	02:01:50	+48:54	08:07
95	515	Alexandre Alberto Lourenço Pereira	Caminhantes Team	Senior Masculino	02:01:51	+48:55	08:07
96	606	João Rebelo	Individual	Senior Masculino	02:01:52	+48:56	08:07
97	591	Emanuel Figueiredo	Individual	Senior Masculino	02:03:05	+50:09	08:12
98	555	Luis Matias	Green Trace Runners	Senior Masculino	02:07:51	+54:55	08:31
99	624	Pedro Alexandre de Almeida Gomes	Individual	Senior Masculino	02:11:51	+58:55	08:47
100	684	Renato Carvalho	JOMI	Senior Masculino	02:12:46	+59:50	08:51
101	689	Carlos Caria	KO TRAIL RUNNING	Senior Masculino	02:17:01	+01:04:05	09:08
102	529	Daniel Castro Marques	Cross Training	Senior Masculino	02:17:51	+01:04:55	09:11
103	582	Bruno Miguel Fernandes Simões	Individual	Senior Masculino	02:20:39	+01:07:43	09:23
104	522	Frederico Teixeira	Cirúrgicos	Senior Masculino	02:23:34	+01:10:38	09:34

Veterana F40

1	648	Susana Mafalda de Almeida Marques	Individual	Veterana F40	01:30:52		06:03
2	706	Cristina Santos	LOJA DO ATLETA	Veterana F40	01:46:36	+15:44	07:06
3	707	Dina Sousa	LOJA DO ATLETA	Veterana F40	01:46:36	+15:44	07:06
4	643	Aida Pereira	Individual	Veterana F40	01:50:49	+19:57	07:23
5	646	Elza Cordeiro	Individual	Veterana F40	01:51:55	+21:03	07:28
6	695	Leonor Ferreira	KO TRAIL RUNNING	Veterana F40	01:58:15	+27:23	07:53
7	645	Elisabete Costa	Individual	Veterana F40	01:58:17	+27:25	07:53
8	708	Maria Fátima Outeiro	LOJA DO ATLETA	Veterana F40	02:00:44	+29:52	08:03
9	644	Dulce Carvalho	Individual	Veterana F40	02:02:27	+31:35	08:10
10	685	Cláudia Leite	JOMI	Veterana F40	02:12:46	+41:54	08:51
11	696	Sonia Pires Pereira	KO TRAIL RUNNING	Veterana F40	02:16:28	+45:36	09:06
12	505	Emília Lima Silva	as gajas do PM	Veterana F40	02:51:19	+01:20:27	11:25

Veterana F45

1	649	Alda	Individual	Veterana F45	01:47:02		07:08
2	654	Maria Oliveira	Individual	Veterana F45	01:55:28	+08:26	07:42
3	651	MARGARIDA CARVALHO	Individual	Veterana F45	01:55:30	+08:28	07:42
4	652	Maria Isilda Marinho Araújo	Individual	Veterana F45	02:28:28	+41:26	09:54
5	650	Edna Fernandes Tavares Marques	Individual	Veterana F45	03:15:50	+01:28:48	13:03

Veterano M40

1	715	Jorge Manuel Vieira Brites	Pé na Rota	Veterano M40	01:23:03		05:32
2	661	Miguel Santos	Individual	Veterano M40	01:31:37	+08:34	06:06
3	658	João Ponces	Individual	Veterano M40	01:33:06	+10:03	06:12
4	699	Rui Gateira	KO TRAIL RUNNING	Veterano M40	01:35:30	+12:27	06:22
5	660	Luís Miguel Coelho Santos Marques	Individual	Veterano M40	01:35:30	+12:27	06:22
6	140	MIGUEL LOPES	Individual	Veterano M40	01:36:17	+13:14	06:25
7	697	Nuno Guerra	KO TRAIL RUNNING	Veterano M40	01:37:31	+14:28	06:30
8	720	filipe almeida	Recreio Desportivo Agueda	Veterano M40	01:38:54	+15:51	06:36

15K **15 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

9	655	Adérito Silva	Individual	Veterano M40	01:41:45	+18:42	06:47
10	709	Emanuel Posse	LOJA DO ATLETA	Veterano M40	01:42:18	+19:15	06:49
11	539	Celso Augusto Jesus Amaral	Cross Training	Veterano M40	01:43:02	+19:59	06:52
12	665	Pedro Ferreira	Individual	Veterano M40	01:43:14	+20:11	06:53
13	656	Alberto Freitas	Individual	Veterano M40	01:46:27	+23:24	07:06
14	662	Nuno Filipe Pereira	Individual	Veterano M40	01:47:07	+24:04	07:08
15	698	Pedro Saraiva	KO TRAIL RUNNING	Veterano M40	01:48:35	+25:32	07:14
16	663	Óscar Bastos	Individual	Veterano M40	01:53:57	+30:54	07:36
17	666	Pedro Guedes	Individual	Veterano M40	01:56:11	+33:08	07:45
18	727	JOSÉ FIGUEIREDO	Individual	Veterano M40	01:58:12	+35:09	07:53
19	723	Rui Faria	Run@Figueira - TeamBala	Veterano M40	01:59:44	+36:41	07:59
20	714	Pedro Tavares	Os Lendários Kenyanos Albinos de Aveiro	Veterano M40	02:01:54	+38:51	08:08
21	730	TAPIO MAKI	Individual	Veterano M40	02:08:00	+44:57	08:32
22	659	José Alberto Dias Martins	Individual	Veterano M40	02:10:04	+47:01	08:40
23	719	Victor Paiva	Rainha Club	Veterano M40	02:14:21	+51:18	08:57

Veterano M45

1	725	Joaquim Martins	www.dci.pt/mealhada	Veterano M45	01:20:06		05:20
2	683	Vasco Morais Pinheiro de Sousa	Individual	Veterano M45	01:22:46	+02:40	05:31
3	678	Emilio Leal Santos	Individual	Veterano M45	01:27:11	+07:05	05:49
4	677	Daniel Nascimento	Individual	Veterano M45	01:29:36	+09:30	05:58
5	679	FERNANDO MORAIS	Individual	Veterano M45	01:31:23	+11:17	06:06
6	681	Jorge Peixoto	Individual	Veterano M45	01:32:17	+12:11	06:09
7	721	jose santos	Recreio Desportivo Agueda	Veterano M45	01:35:33	+15:27	06:22
8	675	carlos rocha	Individual	Veterano M45	01:36:17	+16:11	06:25
9	680	Joaquim Amieiro	Individual	Veterano M45	01:37:11	+17:05	06:29
10	672	Arsenio da silva matos	Individual	Veterano M45	01:38:12	+18:06	06:33
11	676	Cesario Rocha	Individual	Veterano M45	01:39:55	+19:49	06:40
12	551	Luis António Pinto Pereira	Escaravelhos Team	Veterano M45	01:40:52	+20:46	06:43
13	674	CARLOS ESTIMA	Individual	Veterano M45	01:45:52	+25:46	07:03
14	670	António José Fonseca Cunha	Individual	Veterano M45	01:46:10	+26:04	07:05
15	700	Herculano Gomes	KO TRAIL RUNNING	Veterano M45	01:48:36	+28:30	07:14
16	548	Pedro Tavares	Desportivo Atlético Recardães	Veterano M45	01:49:04	+28:58	07:16
17	545	Arlindo Santos	DAR - Desportivo Atlético de Recardães	Veterano M45	01:51:03	+30:57	07:24
18	503	Carlos Martins	APROCRED	Veterano M45	01:51:56	+31:50	07:28
19	682	Paulo Morais da Conceição	Individual	Veterano M45	01:57:16	+37:10	07:49
20	673	carlos dias	Individual	Veterano M45	02:01:53	+41:47	08:08
21	724	Filipe Rito	Run@Figueira - TeamBala	Veterano M45	02:05:14	+45:08	08:21
22	669	Amilcar Rainho	Individual	Veterano M45	02:11:50	+51:44	08:47
23	540	rui ferreira	Cross Training	Veterano M45	02:12:56	+52:50	08:52
24	671	António José Oliveira Melo	Individual	Veterano M45	02:28:39	+01:08:33	09:55