lap2go TIMING SOLUTION

Trail dos 4 Caminhos
Alfena
07-junho-2015

TRAIL LONGO 25K - STAGE 1 — 25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	28,8ºC	41,1%
End	16:07	35,5ºC	28,9%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	91	Jose Gaspar	clube de atletismo odimarq	Senior Masculino	02:14:28		05:23
2	615	Armandino Taborda	oralklass-aliança-amigos do trail	Veterano M40	02:17:36	+03:08	05:30
3	187	Nelson Romeu Benido Gouveia	escaravelhos team	Sub 23 Masculino	02:26:04	+11:36	05:51
4	9	Nuno Miguel Gonçalves Gravito	aaubi	Senior Masculino	02:29:03	+14:35	05:58
5	566	Dinis Henrique Ferreira Guerra Gonçalves	multipower | gaia trail	Veterano M40	02:32:09	+17:41	06:05
6	103	Luis Gonçalves	clube naútico de ponte de lima	Senior Masculino	02:34:41	+20:13	06:11
7	191	Paulo Pinto	espinho runners	Veterano M45	02:35:06	+20:38	06:12
8	234	Belmiro Ferreira	grupo desportivo leões da guarda sport clube	Veterano M50	02:37:51	+23:23	06:19
9	43	Ricardo Ferreira	arsm - associação recreativa de s. miguel	Senior Masculino	02:38:20	+23:52	06:20
10	153	Tiago Alexandre Teixeira de Aragão	ctad trilhos de cinfães	Senior Masculino	02:39:44	+25:16	06:23
11	154	Victor Fernandes	ctad trilhos de cinfães	Senior Masculino	02:39:44	+25:16	06:23
12	618	Fernando Taborda	oralklass-aliança-amigos do trail	Senior Masculino	02:42:11	+27:43	06:29
13	5	Alexis João Lucas Serralheiro	aaubi	Sub 23 Masculino	02:42:22	+27:54	06:30
14	767	António Martins	individual	Veterano M45	02:42:22	+27:54	06:30
15	33	Carlos Manuel Simões	arsm - associação recreativa de s. miguel	Veterano M45	02:42:41	+28:13	06:30
16	575	Luis Miguel Marques Gil	multipower | gaia trail	Veterano M40	02:45:23	+30:55	06:37
17	449	Paulo Oliveira	individual	Senior Masculino	02:46:18	+31:50	06:39
18	564	Armando Ivo Silva Pereira	multipower | gaia trail	Senior Masculino	02:46:47	+32:19	06:40
19	7	André Abrantes Barros	aaubi	Senior Masculino	02:46:47	+32:19	06:40
20	89	Fábio Ladeiras	clube de atletismo de ferreira do zêzere	Senior Masculino	02:46:57	+32:29	06:41
21	354	joaquim manuel martins de freitas	retorta	Senior Masculino	02:47:43	+33:15	06:43
22	606	Patrícia Carreira	offtel runners	Sub 23 Feminino	02:49:50	+35:22	06:48
23	177	Nelson João Marques Constantino	eléctrico futebol clube	Senior Masculino	02:52:16	+37:48	06:53
24	646	Miguel António Vicente Ribeiro	"os saramagos"	Senior Masculino	02:52:23	+37:55	06:54
25	6	Amaro Jorge de Sousa Teixeira	aaubi	Senior Masculino	02:52:58	+38:30	06:55
26	185	João Carlos Nunes Patricio	escaravelhos team	Sub 23 Masculino	02:53:41	+39:13	06:57
27	201	Fernando Noronha	ginásio factor x	Veterano M50	02:54:15	+39:47	06:58
28	490	Sergio António dias dos santos	individual	Senior Masculino	02:54:29	+40:01	06:59
29	348	João Manuel do Vale Pereira Borges	individual	Senior Masculino	02:54:29	+40:01	06:59
30	298	David Tavares	individual	Veterano M50	02:55:47	+41:19	07:02
31	616	Belmiro Moreira	oralklass-aliança-amigos do trail	Senior Masculino	02:57:05	+42:37	07:05
32	132	Gonçalo Sousa	confraria trotamontes	Senior Masculino	02:57:37	+43:09	07:06
33	105	Pedro Manuel Pereira Vieira Gonçalves de Castro	clube naútico de ponte de lima	Senior Masculino	02:57:50	+43:22	07:07
34	764	Alberto Ferreira Bermudes Santos	u.porto	Senior Masculino	02:58:02	+43:34	07:07
35	582	António Domingos Moreira de Freitas	nast-nucleo associativo santo tirso	Senior Masculino	02:58:10	+43:42	07:08
36	37	José Guilherme Féteira	arsm - associação recreativa de s. miguel	Veterano M45	02:58:21	+43:53	07:08
37	28	Nuno Soares	amigos da montanha	Senior Masculino	02:58:37	+44:09	07:09
38	549	ARETINO VIEIRA MOTA	linda a pastora sporting clube	Veterano M50	02:58:40	+44:12	07:09

TRAIL LONGO 25K - STAGE 1

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
39	580	Rui Manuel Faria Gonçalves	multipower | gaia trail	Senior Masculino	02:59:03	+44:35	07:10
40	682	Nelson Valente	proaventuras	Senior Masculino	03:00:05	+45:37	07:12
41	102	Luís António da Rocha Magalhães	clube naútico de ponte de lima	Veterano M40	03:00:52	+46:24	07:14
42	573	Joaquim Machado Oliveira da Silva Pereira	multipower | gaia trail	Veterano M45	03:01:56	+47:28	07:17
43	232	Pedro Rocha	gondomar futsal clube	Senior Masculino	03:02:00	+47:32	07:17
44	271	Arsénio Fernandes	individual	Veterano M55	03:02:26	+47:58	07:18
45	3	Cristina Couceiro	arsm - associação recreativa de s. miguel	Senior Feminino	03:02:26	+47:58	07:18
46	183	David Rafael Benido Gouveia	escaravelhos team	Senior Masculino	03:04:03	+49:35	07:22
47	36	Horácio Ferreira	arsm - associação recreativa de s. miguel	Veterano M45	03:04:03	+49:35	07:22
48	188	Rafael José Chá-Chá Gomes	escaravelhos team	Sub 23 Masculino	03:04:03	+49:35	07:22
49	577	Miguel Teixeira	multipower | gaia trail	Senior Masculino	03:05:00	+50:32	07:24
50	376	José Miguel Fortuna Pinto	individual	Senior Masculino	03:05:10	+50:42	07:24
51	534	Nuno Filipe Baltazar	juventude vidigalense	Senior Masculino	03:05:27	+50:59	07:25
52	426	Nuno Miguel Maia	individual	Senior Masculino	03:06:31	+52:03	07:28
53	727	Filipe Adriano Bastos de Sousa	u.porto	Senior Masculino	03:06:43	+52:15	07:28
54	625	Sergio Suzano	oralklass-aliança-amigos do trail	Senior Masculino	03:07:01	+52:33	07:29
55	203	ALICE LOPES	ginasio fit4fun	Senior Feminino	03:07:06	+52:38	07:29
56	617	Carlos Silva	oralklass-aliança-amigos do trail	Veterano M45	03:07:07	+52:39	07:29
57	748	Vitor Silva	vimarunners	Senior Masculino	03:07:18	+52:50	07:30
58	42	Pedro Simões	arsm - associação recreativa de s. miguel	Veterano M40	03:07:21	+52:53	07:30
59	238	Filipe Lima	grupo desportivo santander totta	Senior Masculino	03:07:57	+53:29	07:31
60	310	Fernando Leite	individual	Senior Masculino	03:09:39	+55:11	07:35
61	123	Marco Vieira	clube zupper	Veterano M40	03:10:21	+55:53	07:37
62	140	Bruno Alexandre Sousa Pereira Pinho dos Santos	ctad trilhos de cinfães	Senior Masculino	03:10:24	+55:56	07:37
63	543	Pedro Costa	kemedo team	Senior Masculino	03:10:31	+56:03	07:37
64	565	Bruno Fernando Alves Santiago	multipower | gaia trail	Senior Masculino	03:10:32	+56:04	07:37
65	553	Zélia Borges	maia atlético clube	Veterana F40	03:11:29	+57:01	07:40
66	536	Eurico Moura	kemedo team	Senior Masculino	03:11:30	+57:02	07:40
67	483	Rui Manuel Tavares Fernandes	alive runners	Senior Masculino	03:11:42	+57:14	07:40
68	52	André Duarte	atr - algarve trail running	Senior Masculino	03:11:57	+57:29	07:41
69	54	Jorge António	atr - algarve trail running	Senior Masculino	03:11:57	+57:29	07:41
70	25	José Madureira	amigo	Senior Masculino	03:12:44	+58:16	07:43
71	585	Fernando Jorge Mendes Carneiro	nast-nucleo associativo santo tirso	Senior Masculino	03:12:45	+58:17	07:43
72	694	Carlos Ferreira	santo tirso runners	Senior Masculino	03:13:00	+58:32	07:43
73	90	Joaquim Manuel Correia Martins	clube de atletismo odimarq	Veterano M50	03:14:18	+59:50	07:46
74	657	helder camilo	paredes aventura	Senior Masculino	03:14:21	+59:53	07:46
75	415	Miguel Carvalho	individual	Senior Masculino	03:14:24	+59:56	07:47
76	567	Diogo João Loureiro	multipower | gaia trail	Senior Masculino	03:14:39	+01:00:11	07:47
77	39	José Manuel Simões	arsm - associação recreativa de s. miguel	Veterano M45	03:14:45	+01:00:17	07:47
78	239	Sergio Andre Da Silva Coelho	gtt - armazém do caffè	Senior Masculino	03:14:54	+01:00:26	07:48
79	220	LUIS PINHO	ginasio fit4fun	Veterano M40	03:14:59	+01:00:31	07:48
80	224	RICARDO RIBEIRO	ginasio fit4fun	Senior Masculino	03:14:59	+01:00:31	07:48
81	750	Sergio Branco	white running team	Senior Masculino	03:15:19	+01:00:51	07:49
82	262	André Mesquita Guimarães	individual	Senior Masculino	03:15:44	+01:01:16	07:50
83	222	PAULO MACHADO	ginasio fit4fun	Senior Masculino	03:16:06	+01:01:38	07:51

TRAIL LONGO 25K - STAGE 1

25 KM

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
84	99	Filipe Miguel Alves	clube naútico de ponte de lima	Senior Masculino	03:16:07	+01:01:39	07:51
85	325	Helder Braga	individual	Senior Masculino	03:16:38	+01:02:10	07:52
86	122	Joaquim madureira	clube zupper	Senior Masculino	03:17:40	+01:03:12	07:54
87	740	JOSÉ MANUEL RODRIGO NUNES	usgunas	Veterano M40	03:18:07	+01:03:39	07:55
88	604	Arnaldo Filipe Dias	o mundo da corrida	Veterano M40	03:18:12	+01:03:44	07:56
89	512	Vitor Paulo Duarte Caldeira	individual	Senior Masculino	03:18:25	+01:03:57	07:56
90	202	José Paulo Ribeiro	ginásio factor x	Senior Masculino	03:18:33	+01:04:05	07:57
91	659	Paula Lage	paredes aventura	Senior Feminino	03:18:40	+01:04:12	07:57
92	658	Manuel Quelhas	paredes aventura	Veterano M40	03:18:40	+01:04:12	07:57
93	768	Antonio Rocha	gondomar futsal clube	Veterano M55	03:19:04	+01:04:36	07:58
94	235	Carlos Frias	grupo desportivo leões da guarda sport clube	Veterano M55	03:19:24	+01:04:56	07:59
95	69	Jorge Maia	budeguita runners	Veterano M45	03:19:38	+01:05:10	07:59
96	645	Paulo Pinheiro	"os lebres" btt sai da frente	Senior Masculino	03:20:11	+01:05:43	08:00
97	176	José João Marques Constantino	eléctrico futebol clube	Senior Masculino	03:20:27	+01:05:59	08:01
98	414	MARTINHO COSTA	individual	Veterano M45	03:20:31	+01:06:03	08:01
99	300	Dionisio Sousa	individual	Veterano M45	03:20:32	+01:06:04	08:01
100	597	Pedro Barbosa	not run alone	Senior Masculino	03:21:01	+01:06:33	08:02
101	213	HELDER COSTA	ginasio fit4fun	Senior Masculino	03:21:24	+01:06:56	08:03
102	548	Almiro Henriques Feijão	linda a pastora sporting clube	Veterano M55	03:22:07	+01:07:39	08:05
103	98	António josé costa brito ferreira	clube naútico de ponte de lima	Veterano M40	03:23:30	+01:09:02	08:08
104	168	Renato Presa	desnível positivo	Senior Masculino	03:23:35	+01:09:07	08:09
105	190	Paulo Oliveira	espinho runners	Veterano M45	03:23:38	+01:09:10	08:09
106	41	Paulo Nogueira	arsm - associação recreativa de s. miguel	Senior Masculino	03:24:04	+01:09:36	08:10
107	156	Viriato Dias	ctad trilhos de cinfães	Veterano M40	03:24:05	+01:09:37	08:10
108	541	Marcio Carvalho	kemedo team	Senior Masculino	03:24:12	+01:09:44	08:10
109	579	Paulo Filipe Ferreira Madeira	multipower | gaia trail	Senior Masculino	03:24:12	+01:09:44	08:10
110	83	Américo Pinto	ccdtc.m.gondomar	Veterano M50	03:24:17	+01:09:49	08:10
111	749	Hugo Ferreira	white running team	Senior Masculino	03:24:42	+01:10:14	08:11
112	417	Miguel Lopes	individual	Senior Masculino	03:24:44	+01:10:16	08:11
113	631	bruno macedo	os caga tacos running team	Senior Masculino	03:26:14	+01:11:46	08:15
114	120	Hugo Moita	clube zupper	Senior Masculino	03:26:21	+01:11:53	08:15
115	406	Marco Alexandre Sousa Rosa	individual	Veterano M40	03:26:28	+01:12:00	08:16
116	420	Nelson Santos	individual	Veterano M40	03:27:09	+01:12:41	08:17
117	457	Pedro Joel da Silva Ribeiro	individual	Senior Masculino	03:27:23	+01:12:55	08:18
118	380	José Rosête Regueiras	individual	Veterano M40	03:27:34	+01:13:06	08:18
119	679	Luciano Correia	proaventuras	Veterano M40	03:27:37	+01:13:09	08:18
120	760	Mário Adriano Barroso Maia Oliveira	individual	Senior Masculino	03:27:53	+01:13:25	08:19
121	184	Fernando Luís Lopes Santos	escaravelhos team	Sub 23 Masculino	03:28:08	+01:13:40	08:20
122	571	Francisco José Carneiro Oliveira	multipower | gaia trail	Veterano M40	03:28:11	+01:13:43	08:20
123	620	Leonel Neves	oralklass-aliança-amigos do trail	Senior Masculino	03:28:32	+01:14:04	08:20
124	539	Hugo Duarte Teixeira	kemedo team	Senior Masculino	03:28:58	+01:14:30	08:22
125	160	Carla Sousa	desnível positivo	Senior Feminino	03:29:18	+01:14:50	08:22
126	328	Helder Rocha	individual	Senior Masculino	03:29:49	+01:15:21	08:24
127	677	José Gonçalves	proaventuras	Veterano M40	03:30:01	+01:15:33	08:24
128	596	Jose Lopes	not run alone	Veterano M45	03:31:07	+01:16:39	08:27

TRAIL LONGO 25K - STAGE 1

25 KM

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
129	706	Ricardo Dantas	team duas faces	Senior Masculino	03:31:40	+01:17:12	08:28
130	359	Jorge Anjos	individual	Veterano M40	03:31:52	+01:17:24	08:28
131	392	Luis Miguel Alves Monteiro	gdlu - grupo desportivo limpeza urbana cmp	Veterano M40	03:32:10	+01:17:42	08:29
132	112	PAULO SANTOS	clube novo banco - delegação do norte	Veterano M45	03:32:20	+01:17:52	08:30
133	296	David Simões	individual	Senior Masculino	03:32:29	+01:18:01	08:30
134	473	Ricardo Luís Sevilha Coelho	individual	Senior Masculino	03:32:29	+01:18:01	08:30
135	708	Cidália Maria Furtado da Costa Martins	tough trails alenquer	Veterana F50	03:33:52	+01:19:24	08:33
136	171	Manuel da Silva Garcêz Soares	edv - viana trail	Veterano M40	03:34:06	+01:19:38	08:34
137	245	alipio lopes	individual	Veterano M50	03:34:08	+01:19:40	08:34
138	210	DANIELA RUSSO	ginasio fit4fun	Senior Feminino	03:34:50	+01:20:22	08:36
139	158	André Castro	desnível positivo	Veterano M40	03:34:56	+01:20:28	08:36
140	583	Carlos Brás	nast-nucleo associativo santo tirso	Senior Masculino	03:34:58	+01:20:30	08:36
141	723	Nuno Oliveira	turbulentos	Senior Masculino	03:35:39	+01:21:11	08:38
142	53	António Manuel Fraga Miranda	atr - algarve trail running	Veterano M45	03:35:48	+01:21:20	08:38
143	88	António Teixeira	clínica dentária-dr.rui couto e dra sofia alves	Veterano M55	03:36:02	+01:21:34	08:38
144	623	Rui Costa	oralklass-aliança-amigos do trail	Sub 23 Masculino	03:36:49	+01:22:21	08:40
145	745	Marco Marques	viewpoint	Senior Masculino	03:37:10	+01:22:42	08:41
146	510	vitor coelho	individual	Veterano M45	03:37:18	+01:22:50	08:42
147	605	Bárbara de Carvalho Fernandes	offtel runners	Senior Feminino	03:37:37	+01:23:09	08:42
148	578	Paulo Alexandre da Fonseca Amadeu	multipower | gaia trail	Senior Masculino	03:37:46	+01:23:18	08:43
149	84	Miguel Pereira	ccdtc.m.gondomar	Veterano M40	03:38:56	+01:24:28	08:45
150	147	José Carlos Dias	ctad trilhos de cinfães	Veterano M45	03:39:09	+01:24:41	08:46
151	49	Maria Augusta Da Costa Loureiro	associação desportiva de cabroelo	Veterana F40	03:39:20	+01:24:52	08:46
152	68	João Pedro Carvalhal	budeguita runners	Veterano M40	03:39:34	+01:25:06	08:47
153	570	Fernando Manuel Vilar Patricio	multipower | gaia trail	Senior Masculino	03:39:59	+01:25:31	08:48
154	481	Rui Jorge Pereira Marinho Ribeiro	individual	Senior Masculino	03:40:12	+01:25:44	08:48
155	125	Paulo Silva	clube zupper	Senior Masculino	03:40:57	+01:26:29	08:50
156	80	Adelino Silva	ccd-siemens	Veterano M45	03:41:09	+01:26:41	08:51
157	511	Vitor Manuel Barbosa Moreira	individual	Veterano M50	03:41:11	+01:26:43	08:51
158	502	Tiago Gomes da Silva	individual	Senior Masculino	03:41:20	+01:26:52	08:51
159	765	Tiago Manuel Oliveira Pinto	aeismai	Sub 23 Masculino	03:41:37	+01:27:09	08:52
160	126	João Carolo	clube zupper	Senior Masculino	03:41:42	+01:27:14	08:52
161	537	Helder Gomes	kemedo team	Senior Masculino	03:41:58	+01:27:30	08:53
162	182	Miguel Teixeira	engomadoria l&a team	Senior Masculino	03:41:59	+01:27:31	08:53
163	644	Adelino Pinheiro	"os lebres" btt sai da frente	Senior Masculino	03:42:02	+01:27:34	08:53
164	408	Marco Pereira	individual	Senior Masculino	03:42:04	+01:27:36	08:53
165	385	Lieven Verraest	individual	Veterano M45	03:42:22	+01:27:54	08:54
166	335	Hugo Rosa	individual	Senior Masculino	03:42:52	+01:28:24	08:55
167	522	Maria Helena Carvalho Costa	invicta runners team	Sub 23 Feminino	03:43:01	+01:28:33	08:55
168	720	José Rodrigues	trocopasso runners	Veterano M40	03:43:07	+01:28:39	08:55
169	228	Ana Amaral	gondomar futsal clube	Veterana F40	03:43:24	+01:28:56	08:56
170	695	Paulo Domingues	shots international runners	Senior Masculino	03:43:49	+01:29:21	08:57
171	698	Ricardo Henriques	shots international runners	Senior Masculino	03:43:49	+01:29:21	08:57
172	35	Edgar Avelino Figueira Pires	arsm - associação recreativa de s. miguel	Senior Masculino	03:43:57	+01:29:29	08:57
173	452	Pedro Barbosa	individual	Veterano M40	03:44:43	+01:30:15	08:59

TRAIL LONGO 25K - STAGE 1

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
174	163	Gisela Maria da Silva Pereira	desnível positivo	Veterana F40	03:44:43	+01:30:15	08:59
175	726	Cristina Maria Pereira Coutinho	u.porto	Senior Feminino	03:44:48	+01:30:20	09:00
176	267	António Martins	individual	Veterano M40	03:45:22	+01:30:54	09:01
177	236	Leopoldo Fernandes	grupo desportivo leões da guarda sport clube	Veterano M60	03:45:31	+01:31:03	09:01
178	418	Milton César Miranda dos Santos	individual	Sub 23 Masculino	03:46:03	+01:31:35	09:03
179	470	Ricardo Carvalho	individual	Senior Masculino	03:46:28	+01:32:00	09:04
180	477	Ricardo Pires Cerejeira Leite	individual	Senior Masculino	03:46:29	+01:32:01	09:04
181	746	Bruno Emanuel oliveira Fernandes	vimarunners	Senior Masculino	03:46:36	+01:32:08	09:04
182	587	Nuno Ferreira	nast-nucleo associativo santo tirso	Senior Masculino	03:46:36	+01:32:08	09:04
183	319	FRANCISCO CARNEIRO	individual	Senior Masculino	03:46:41	+01:32:13	09:04
184	294	Dário Silva	individual	Senior Masculino	03:46:42	+01:32:14	09:04
185	295	David Camelo	individual	Senior Masculino	03:47:05	+01:32:37	09:05
186	144	Eduardo Paulo Pinto Teixeira	ctad trilhos de cinfães	Veterano M45	03:47:36	+01:33:08	09:06
187	165	Margarida Magalhães	desnível positivo	Veterana F45	03:48:09	+01:33:41	09:08
188	155	Victor Nelson Gomes Amaral	ctad trilhos de cinfães	Senior Masculino	03:48:15	+01:33:47	09:08
189	321	Francisco Pinheiro	individual	Veterano M40	03:49:00	+01:34:32	09:10
190	413	Marta silva	individual	Veterana F40	03:49:12	+01:34:44	09:10
191	419	NELSON FRIAS AMARAL	individual	Senior Masculino	03:49:19	+01:34:51	09:10
192	401	Manuel Henrique Pereira Barbosa	individual	Senior Masculino	03:49:24	+01:34:56	09:11
193	572	Hugo Miguel Mendes Gonçalves	multipower | gaia trail	Senior Masculino	03:49:26	+01:34:58	09:11
194	574	José Henrique Pinto de Oliveira	multipower | gaia trail	Senior Masculino	03:49:26	+01:34:58	09:11
195	557	Valdir Costa	minho aventura	Senior Masculino	03:49:30	+01:35:02	09:11
196	423	Nuno Guilherme Pinto Fontelonga	individual	Veterano M40	03:49:31	+01:35:03	09:11
197	435	PAULO BRÁS	individual	Veterano M45	03:49:52	+01:35:24	09:12
198	448	Paulo Neves	individual	Veterano M45	03:49:53	+01:35:25	09:12
199	48	Luís Fernando Castro Ferreira	associação desportiva de cabroelo	Sub 23 Masculino	03:49:54	+01:35:26	09:12
200	172	António Miguel Martins Serrano	eléctrico futebol clube	Senior Masculino	03:51:01	+01:36:33	09:14
201	459	pedro matos	individual	Senior Masculino	03:51:19	+01:36:51	09:15
202	747	Vítor Manuel Silva Oliveira	vimarunners	Senior Masculino	03:51:19	+01:36:51	09:15
203	283	Carlos Manuel Viana Saragoça	individual	Senior Masculino	03:51:30	+01:37:02	09:16
204	66	Ana Sousa	budeguita runners	Senior Feminino	03:52:08	+01:37:40	09:17
205	175	João Fernando Rana Paio	eléctrico futebol clube	Veterano M45	03:52:20	+01:37:52	09:18
206	531	David Santos	juventude vidigalense	Veterano M40	03:53:00	+01:38:32	09:19
207	143	Carlos Silva	ctad trilhos de cinfães	Senior Masculino	03:53:04	+01:38:36	09:19
208	78	Sérgio Forte	casa do povo de souselas	Senior Masculino	03:53:27	+01:38:59	09:20
209	736	Miguel José Pereira Neves	ugas trail running	Senior Masculino	03:53:49	+01:39:21	09:21
210	735	Leonel Fonseca Ramos	ugas trail running	Senior Masculino	03:53:50	+01:39:22	09:21
211	655	Pedro Guimaraes	p&j team	Veterano M45	03:54:02	+01:39:34	09:22
212	209	CARLOS MARTINS	ginasio fit4fun	Senior Masculino	03:54:14	+01:39:46	09:22
213	217	JOSE JESUS	ginasio fit4fun	Senior Masculino	03:54:15	+01:39:47	09:22
214	178	Orlando Duarte	em'força corremos com a esclerose múltipla	Veterano M55	03:54:16	+01:39:48	09:22
215	237	paulo rodrigues	grupo desportivo leoes do veneza	Veterano M50	03:54:19	+01:39:51	09:22
216	464	Pedro Teixeira	individual	Veterano M40	03:54:26	+01:39:58	09:23
217	666	Nuno Vieira	pipo	Sub 23 Masculino	03:55:05	+01:40:37	09:24
218	338	Iolanda Sofia de Sousa Mendes	individual	Senior Feminino	03:55:08	+01:40:40	09:24

TRAIL LONGO 25K - STAGE 1

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
219	688	Emanuel Almeida	s. s. montepio	Senior Masculino	03:55:11	+01:40:43	09:24
220	667	Óscar Mendes	pipo	Veterano M40	03:55:11	+01:40:43	09:24
221	167	Nuno Oliveira	desnível positivo	Senior Masculino	03:55:15	+01:40:47	09:25
222	149	Mariana Figueiredo Delgado	ctad trilhos de cinfães	Senior Feminino	03:55:16	+01:40:48	09:25
223	453	Pedro Barros	individual	Senior Masculino	03:55:17	+01:40:49	09:25
224	668	Rui Madeira	pipo	Veterano M45	03:55:21	+01:40:53	09:25
225	544	Pedro Marques	kemedo team	Senior Masculino	03:55:26	+01:40:58	09:25
226	487	RUI SOARES	individual	Senior Masculino	03:55:30	+01:41:02	09:25
227	63	Nelson Braga	boavista f.c	Senior Masculino	03:56:10	+01:41:42	09:27
228	518	Sergio Anunciação	inquipa	Veterano M45	03:56:54	+01:42:26	09:29
229	546	Rui Gomes	kintanos	Senior Masculino	03:57:15	+01:42:47	09:29
230	715	José Ribeiro	trilhando	Veterano M50	03:58:40	+01:44:12	09:33
231	200	Nuno Teixeira	ginásio eu+ | lma	Senior Masculino	03:58:53	+01:44:25	09:33
232	258	Andre Costa	individual	Senior Masculino	03:59:11	+01:44:43	09:34
233	366	josé alberto mendes	individual	Veterano M40	03:59:13	+01:44:45	09:34
234	478	Rodrigo Oliveira	individual	Senior Masculino	03:59:18	+01:44:50	09:34
235	288	Cláudio André Oliveira Trigais	individual	Senior Masculino	03:59:36	+01:45:08	09:35
236	32	Ana Maria Féteira	arsm - associação recreativa de s. miguel	Senior Feminino	03:59:43	+01:45:15	09:35
237	186	Luís António Pinto Pereira	escaravelhos team	Veterano M55	03:59:45	+01:45:17	09:35
238	501	Telmo José Santos Lages	individual	Senior Masculino	04:01:17	+01:46:49	09:39
239	383	Leandro Ricardo Oliveira Pinto Simões	individual	Senior Masculino	04:01:22	+01:46:54	09:39
240	256	Anabela Cordeiro	individual	Senior Feminino	04:01:24	+01:46:56	09:39
241	138	Paulo Pelicano	corridas de pernas pro ar	Veterano M45	04:01:32	+01:47:04	09:40
242	672	MANUELA FARIA	portocargo	Veterana F40	04:01:33	+01:47:05	09:40
243	669	ALCINDO PEREIRA	portocargo	Veterano M50	04:01:33	+01:47:05	09:40
244	690	Ivo Martins	s. s. montepio	Senior Masculino	04:01:34	+01:47:06	09:40
245	601	Manuel Antonio Reis Morais	nunca mais team	Senior Masculino	04:01:41	+01:47:13	09:40
246	563	André Peixoto Costa Assunção	multipower | gaia trail	Senior Masculino	04:01:59	+01:47:31	09:41
247	174	BRUNO MARQUEZ	eléctrico futebol clube	Senior Masculino	04:02:18	+01:47:50	09:42
248	284	Carlos Mendes	individual	Senior Masculino	04:02:38	+01:48:10	09:42
249	651	Nelson Montalvão	os turbomula d.o.c.	Senior Masculino	04:02:38	+01:48:10	09:42
250	649	Bruno Silva	"os turbo mula" d.o.c.	Senior Masculino	04:02:39	+01:48:11	09:42
251	74	Tiago P. Almeida	budeguita runners	Senior Masculino	04:03:13	+01:48:45	09:44
252	602	Nelson Domingues	nunca mais team	Veterano M40	04:03:25	+01:48:57	09:44
253	671	DANIEL RAMALHAO	portocargo	Senior Masculino	04:04:05	+01:49:37	09:46
254	55	Nuno Botelho	atr - algarve trail running	Senior Masculino	04:04:42	+01:50:14	09:47
255	196	Nuno Costa	gdlu - grupo desportivo limpeza urbana cmp	Veterano M40	04:05:15	+01:50:47	09:49
256	197	RUI PINTO	gdlu - grupo desportivo limpeza urbana cmp	Veterano M40	04:05:15	+01:50:47	09:49
257	242	Agostinho Sousa	individual	Veterano M60	04:05:34	+01:51:06	09:49
258	145	Isabel Maria Dias de Almeida	ctad trilhos de cinfães	Veterana F40	04:05:35	+01:51:07	09:49
259	142	Carlos Alberto Nogueira Soares	ctad trilhos de cinfães	Senior Masculino	04:05:35	+01:51:07	09:49
260	135	Paulo Correia Silva	confraria trotamontes	Veterano M45	04:05:35	+01:51:07	09:49
261	611	Rui Pereira	ofrunning	Senior Masculino	04:05:47	+01:51:19	09:50
262	170	Vítor Manuel Dias Gonçalves	edv - viana trail	Senior Masculino	04:06:06	+01:51:38	09:51
263	301	Elisabete Maria Soutulho Coelho Alves	individual	Senior Feminino	04:06:06	+01:51:38	09:51

TRAIL LONGO 25K - STAGE 1

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
264	347	João Graça	individual	Senior Masculino	04:06:08	+01:51:40	09:51
265	303	Estela Martins	individual	Senior Feminino	04:06:08	+01:51:40	09:51
266	738	Daniel Pinto	unrunners	Senior Masculino	04:06:11	+01:51:43	09:51
267	124	Paulo Morais	clube zupper	Senior Masculino	04:06:55	+01:52:27	09:53
268	15	Vitor Manuel Vieira Matos	adefacec	Senior Masculino	04:06:57	+01:52:29	09:53
269	526	carlos tadea	i-run	Veterano M50	04:08:24	+01:53:56	09:56
270	377	José Paulo Lima	individual	Senior Masculino	04:08:28	+01:54:00	09:56
271	96	ANA CRISTINA ALVES DE MIRANDA	clube naútico de ponte de lima	Senior Feminino	04:08:32	+01:54:04	09:56
272	24	Armando Ribeiro	amigo	Veterano M40	04:08:33	+01:54:05	09:57
273	254	Ana sofia fernandes	individual	Senior Feminino	04:08:36	+01:54:08	09:57
274	685	Sérgio Casal	proaventuras	Veterano M45	04:10:14	+01:55:46	10:01
275	316	Filipe Carvalho	individual	Senior Masculino	04:10:19	+01:55:51	10:01
276	320	Francisco Nogueira	individual	Veterano M45	04:10:47	+01:56:19	10:02
277	650	Lino Moreira	os turbomula d.o.c.	Veterano M60	04:11:10	+01:56:42	10:03
278	71	Paulo Lagoa	budeguita runners	Veterano M40	04:11:34	+01:57:06	10:04
279	73	Tiago Almeida	budeguita runners	Veterano M40	04:11:34	+01:57:06	10:04
280	358	jorge alberto Cadavez Pacheco Capucho Ferreira	individual	Senior Masculino	04:11:53	+01:57:25	10:05
281	569	Fernando Manuel Gonçalves Nunes	multipower | gaia trail	Veterano M50	04:12:35	+01:58:07	10:06
282	524	André Cunha	i-run	Senior Masculino	04:12:36	+01:58:08	10:06
283	4	Ricardo Dias	3hundred team	Senior Masculino	04:12:39	+01:58:11	10:06
284	425	Nuno Maia	individual	Senior Masculino	04:12:39	+01:58:11	10:06
285	44	Sérgio Miguel Aparício do Rosário	arsm - associação recreativa de s. miguel	Senior Masculino	04:12:41	+01:58:13	10:06
286	327	Helder Filipe Ferreira Oliveira Duarte Silva	individual	Senior Masculino	04:12:50	+01:58:22	10:07
287	247	ana coelho	individual	Senior Feminino	04:12:54	+01:58:26	10:07
288	115	RUI RODRIGUES	clube novo banco - delegação do norte	Veterano M40	04:12:55	+01:58:27	10:07
289	758	Emanuel Costa	individual	Senior Masculino	04:13:38	+01:59:10	10:09
290	434	Paulo Azevedo	individual	Veterano M45	04:13:48	+01:59:20	10:09
291	440	Paulo Jorge da Silva Seabra	individual	Veterano M40	04:14:43	+02:00:15	10:11
292	106	Rafael Brito Abreu Pereira	clube naútico de ponte de lima	Senior Masculino	04:14:48	+02:00:20	10:12
293	97	Andreia Carvalho Cunha	clube naútico de ponte de lima	Sub 23 Feminino	04:14:48	+02:00:20	10:12
294	215	IVO ALMEIDA	ginasio fit4fun	Veterano M40	04:15:08	+02:00:40	10:12
295	221	MARISA SANTOS	ginasio fit4fun	Senior Feminino	04:15:08	+02:00:40	10:12
296	349	Joao Marques	individual	Senior Masculino	04:16:20	+02:01:52	10:15
297	542	Nuno Marques	kemedo team	Senior Masculino	04:16:51	+02:02:23	10:16
298	463	Pedro Seabra	individual	Senior Masculino	04:16:57	+02:02:29	10:17
299	289	Cristiana Esteves	individual	Senior Feminino	04:17:01	+02:02:33	10:17
300	269	António Pais	individual	Veterano M45	04:17:07	+02:02:39	10:17
301	400	Manuel Gil	individual	Veterano M40	04:17:08	+02:02:40	10:17
302	130	Filipe Afonso	coimbra trail running	Senior Masculino	04:17:14	+02:02:46	10:17
303	129	Carlos Monteiro	coc - clube de orientação do centro	Veterano M55	04:17:25	+02:02:57	10:18
304	281	CARLOS DIAS	individual	Veterano M40	04:17:25	+02:02:57	10:18
305	275	blandine craveiro	individual	Senior Feminino	04:17:26	+02:02:58	10:18
306	705	Rui Gomes	solmaia runners	Senior Masculino	04:17:37	+02:03:09	10:18

TRAIL LONGO 25K - STAGE 1

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
307	194	Miguel Dias	falta de treino	Senior Masculino	04:19:14	+02:04:46	10:22
308	409	margarida figueiroa	individual	Senior Feminino	04:19:16	+02:04:48	10:22
309	560	Paulo Pires	moreira relax runners	Senior Masculino	04:19:31	+02:05:03	10:23
310	64	José Carlos Costa Bessa	btt matosinhos	Senior Masculino	04:19:31	+02:05:03	10:23
311	72	Rui Airosa	budeguita runners	Senior Masculino	04:20:05	+02:05:37	10:24
312	322	Geraldo Santos	individual	Senior Masculino	04:20:39	+02:06:11	10:26
313	393	Luis Miguel Araujo Pedrosa	individual	Senior Masculino	04:21:07	+02:06:39	10:27
314	223	PEDRO MAGALHAES	ginasio fit4fun	Senior Masculino	04:21:21	+02:06:53	10:27
315	324	Hélder Agostinho	individual	Senior Masculino	04:21:27	+02:06:59	10:27
316	687	Carlos Martins Silva	s. s. montepio	Veterano M40	04:22:12	+02:07:44	10:29
317	179	Ângelo Cabral	engomadoria l&a team	Senior Masculino	04:23:08	+02:08:40	10:32
318	207	CARLOS BASTOS	ginasio fit4fun	Senior Masculino	04:23:16	+02:08:48	10:32
319	345	João Cardoso	individual	Senior Masculino	04:23:34	+02:09:06	10:33
320	629	josé moura de sousa	os barriguitas	Veterano M60	04:24:43	+02:10:15	10:35
321	23	Augusto José Candoso Tavares	alive runners	Veterano M50	04:24:47	+02:10:19	10:35
322	437	Paulo Correia Alves	individual	Veterano M40	04:25:17	+02:10:49	10:37
323	118	Fernando Carneiro	clube zupper	Veterano M40	04:25:29	+02:11:01	10:37
324	702	Francisco Fonseca	solmaia runners	Veterano M45	04:25:55	+02:11:27	10:38
325	173	António Filipe da Silva Garcia	eléctrico futebol clube	Veterano M40	04:26:04	+02:11:36	10:39
326	277	Bruno Ramiro	individual	Senior Masculino	04:26:34	+02:12:06	10:40
327	230	Fernando Pereira	gondomar futsal clube	Veterano M45	04:26:56	+02:12:28	10:41
328	370	José Ferreira Costa	individual	Senior Masculino	04:26:59	+02:12:31	10:41
329	2	Antonio Souto	aguas de valongo	Veterano M55	04:27:13	+02:12:45	10:41
330	500	Susana moreira	individual	Senior Feminino	04:27:26	+02:12:58	10:42
331	57	Telma Ramires	atr - algarve trail running	Senior Feminino	04:27:38	+02:13:10	10:42
332	229	Andreia Amorim	gondomar futsal clube	Senior Feminino	04:27:38	+02:13:10	10:42
333	733	Daniel Marques dos Santos	ugas trail running	Senior Masculino	04:27:58	+02:13:30	10:43
334	427	Óscar Manuel Fonseca Figueiredo	individual	Senior Masculino	04:28:01	+02:13:33	10:43
335	529	Albertina Silva	juventude vidigalense	Veterana F50	04:28:37	+02:14:09	10:45
336	362	Jorge Filipe Pereira Fernandes	individual	Veterano M40	04:28:37	+02:14:09	10:45
337	545	João Gomes	kintanos	Senior Masculino	04:29:14	+02:14:46	10:46
338	743	Patrícia Madeira	vertical step	Senior Feminino	04:29:46	+02:15:18	10:47
339	365	Jorge Ribeiro	individual	Senior Masculino	04:29:48	+02:15:20	10:48
340	302	Ercilia Rosa Pereira	individual	Veterana F45	04:30:21	+02:15:53	10:49
341	31	Porfirio Pereira	aqui vamos nós!	Veterano M40	04:30:21	+02:15:53	10:49
342	334	Hugo Pinto	individual	Senior Masculino	04:30:21	+02:15:53	10:49
343	412	Mário Sequeira	individual	Veterano M45	04:30:27	+02:15:59	10:49
344	508	Vasco Oliveira	individual	Senior Masculino	04:30:28	+02:16:00	10:49
345	467	Raul Viana	individual	Senior Masculino	04:30:28	+02:16:00	10:49
346	109	HUGO COUTO	clube novo banco - delegação do norte	Senior Masculino	04:32:17	+02:17:49	10:53
347	729	Jorge Miguel de Sá Guimarães	u.porto	Senior Masculino	04:32:17	+02:17:49	10:53
348	653	Domingos Fernandes	osamigosdoatletismo@gmail.com	Veterano M60	04:32:25	+02:17:57	10:54
349	471	Ricardo Dias da Fonseca	individual	Senior Masculino	04:32:41	+02:18:13	10:54
350	576	Manuela Tavares	multipower | gaia trail	Senior Feminino	04:32:44	+02:18:16	10:55
351	243	Alexandre Manuel Viegas Maniés	individual	Veterano M50	04:32:48	+02:18:20	10:55
352	475	Ricardo Neves	individual	Veterano M45	04:33:27	+02:18:59	10:56

TRAIL LONGO 25K - STAGE 1

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
353	161	Celia Sampaio	desnível positivo	Veterana F40	04:34:16	+02:19:48	10:58
354	691	Joana Direito	s. s. montepio	Senior Feminino	04:34:19	+02:19:51	10:58
355	331	Henrique Marques	individual	Veterano M40	04:34:19	+02:19:51	10:58
356	398	Manuel Faria Sampaio	individual	Veterano M60	04:34:19	+02:19:51	10:58
357	559	Helder Silva	moreira relax runners	Veterano M40	04:34:41	+02:20:13	10:59
358	411	MARIO RUI LEITE COSTA	individual	Veterano M50	04:34:41	+02:20:13	10:59
359	521	António Pereira	invicta runners team	Veterano M55	04:34:56	+02:20:28	11:00
360	499	Susana Manuela pinhal Canhola	individual	Veterana F40	04:35:21	+02:20:53	11:01
361	711	Isabel Araújo	touquenemposso	Veterana F45	04:35:25	+02:20:57	11:01
362	265	Antonio Goncalves	individual	Senior Masculino	04:36:21	+02:21:53	11:03
363	180	Diogo Oliveira	engomadoria l&a team	Senior Masculino	04:36:23	+02:21:55	11:03
364	704	Pedro Meireles	solmaia runners	Senior Masculino	04:36:50	+02:22:22	11:04
365	260	Andre Filipe Pinto Barros	individual	Senior Masculino	04:36:53	+02:22:25	11:05
366	721	Luis Leça	trocopasso runners	Veterano M45	04:37:10	+02:22:42	11:05
367	513	Wilson Fonseca	individual	Veterano M40	04:37:41	+02:23:13	11:06
368	472	Ricardo Fernandes	individual	Senior Masculino	04:38:02	+02:23:34	11:07
369	675	TANIA BATEIRA	portocargo	Senior Feminino	04:38:22	+02:23:54	11:08
370	552	Paula Santos	locomotiva de paranhos	Veterana F45	04:38:47	+02:24:19	11:09
371	495	Simão Cardoso	individual	Senior Masculino	04:38:48	+02:24:20	11:09
372	402	Manuel Joaquim Martins da Silva	individual	Senior Masculino	04:38:51	+02:24:23	11:09
373	461	Pedro Nogueira	individual	Senior Masculino	04:39:09	+02:24:41	11:10
374	82	Nuno Filipe Faria Ferreira	ccd-siemens	Senior Masculino	04:39:09	+02:24:41	11:10
375	697	Raquel Campos	shots international runners	Senior Feminino	04:39:09	+02:24:41	11:10
376	81	Fernando Remelgado	ccd-siemens	Senior Masculino	04:39:09	+02:24:41	11:10
377	547	Carlos Manuel Barbosa Queirós	leone runners	Veterano M40	04:39:54	+02:25:26	11:12
378	121	Rui Felgueiras	clube zupper	Veterano M40	04:39:55	+02:25:27	11:12
379	584	CARLOS MANUEL MACHADO DE MATOS	nast-nucleo associativo santo tirso	Veterano M50	04:40:05	+02:25:37	11:12
380	308	FERNANDO GARCIA	individual	Veterano M40	04:40:08	+02:25:40	11:12
381	312	Fernando Pereira M Oliveira	individual	Veterano M50	04:40:35	+02:26:07	11:13
382	709	José António de Barros Martins	tough trails alenquer	Veterano M50	04:41:40	+02:27:12	11:16
383	192	Manuel Cunha Lima	experienciar	Veterano M55	04:41:55	+02:27:27	11:17
384	523	Bruno Manuel Pereira Nunes	ipp	Sub 23 Masculino	04:42:48	+02:28:20	11:19
385	22	Sara Nunes	atr - algarve trail running	Senior Feminino	04:43:08	+02:28:40	11:20
386	639	José Luis Marques	os finos	Veterano M45	04:43:19	+02:28:51	11:20
387	361	Jorge Borges	individual	Senior Masculino	04:43:21	+02:28:53	11:20
388	19	Carlos Miguel Almeida de Oliveira	aguedenses	Senior Masculino	04:43:32	+02:29:04	11:20
389	18	Bruno Jose Melo Corga	aguedenses	Senior Masculino	04:43:33	+02:29:05	11:21
390	436	Paulo Correia	individual	Senior Masculino	04:43:39	+02:29:11	11:21
391	438	PAULO FILIPE LOUREIRO MOREIRA	individual	Senior Masculino	04:44:33	+02:30:05	11:23
392	432	Paula Silva	individual	Veterana F45	04:44:38	+02:30:10	11:23
393	692	João Nuno Cardoso	s. s. montepio	Veterano M40	04:44:38	+02:30:10	11:23
394	454	Pedro de Sousa Martins Pereira	individual	Senior Masculino	04:44:39	+02:30:11	11:23
395	550	Ana Fernandes	locomotiva de paranhos	Veterana F45	04:44:52	+02:30:24	11:24
396	291	CRISTINA QUELHAS	individual	Veterana F40	04:45:00	+02:30:32	11:24
397	766	Pedro Manuel Sousa Guimarães		Senior Masculino	04:46:02	+02:31:34	11:26

TRAIL LONGO 25K - STAGE 1

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
398	757	Maria Arminda Moreira	individual	Veterana F40	04:46:07	+02:31:39	11:27
399	759	José Pedro Pinto Silva	individual	Veterano M40	04:47:31	+02:33:03	11:30
400	290	Cristina Maria Fundevila Teixeira	individual	Veterana F45	04:47:32	+02:33:04	11:30
401	609	Manuel Moreira	ofrunning	Senior Masculino	04:47:39	+02:33:11	11:30
402	460	Pedro Miguel Rodrigues Gavina	individual	Veterano M40	04:47:47	+02:33:19	11:31
403	397	Manuel António Correia Magalhães	individual	Veterano M45	04:48:10	+02:33:42	11:32
404	375	José Manuel Pinto Nogueira	individual	Veterano M55	04:50:10	+02:35:42	11:36
405	556	Carla Freitas	marretas#quase#atletas	Senior Feminino	04:50:12	+02:35:44	11:36
406	92	Serafim Ramos	clube do pessoal edp - porto	Veterano M55	04:50:28	+02:36:00	11:37
407	119	gabriel Moreira	clube zupper	Senior Masculino	04:51:51	+02:37:23	11:40
408	51	paula nascimento	atletico clube alfenense	Veterana F40	04:51:51	+02:37:23	11:40
409	507	Vasco Figueiredo	individual	Veterano M45	04:53:19	+02:38:51	11:44
410	86	Susana Lobo Santos	chegamos ao fim	Veterana F45	04:53:32	+02:39:04	11:44
411	410	maria pires	individual	Veterana F50	04:53:34	+02:39:06	11:45
412	712	Mário Soares	touquenemposso	Veterano M55	04:53:35	+02:39:07	11:45
413	519	Sónia Pereira	inquipa	Senior Feminino	04:54:22	+02:39:54	11:46
414	498	sonia sequeira	individual	Veterana F40	04:54:23	+02:39:55	11:47
415	157	Vítor André Silva Cardoso	ctad trilhos de cinfães	Senior Masculino	04:54:23	+02:39:55	11:47
416	462	Pedro São Simão	individual	Senior Masculino	04:54:35	+02:40:07	11:47
417	246	ÁLVARO AGUIAR	individual	Senior Masculino	04:56:27	+02:41:59	11:51
418	599	Daniel Reis dos Santos	nunca mais team	Senior Masculino	04:56:45	+02:42:17	11:52
419	628	SERAFIM FONSECA	os amigos de s.pedro da cova	Veterano M60	04:56:54	+02:42:26	11:53
420	367	José barbosa	individual	Veterano M40	04:58:30	+02:44:02	11:56
421	610	Mário Rui Carvalho	ofrunning	Senior Masculino	04:58:33	+02:44:05	11:57
422	244	Alice Capelas	individual	Senior Feminino	04:58:37	+02:44:09	11:57
423	326	HELDER FILIPE FERNANDES FERREIRA	individual	Sub 23 Masculino	04:58:38	+02:44:10	11:57
424	465	Pedro Vidal	individual	Veterano M40	04:58:53	+02:44:25	11:57
425	468	Renato Garrido	individual	Veterano M40	04:58:54	+02:44:26	11:57
426	323	Gourete Salvador	individual	Veterana F40	05:01:04	+02:46:36	12:03
427	309	Fernando João Rodrigues Moreira Alves	individual	Veterano M45	05:01:32	+02:47:04	12:04
428	466	Rafael Simões Almeida	individual	Senior Masculino	05:01:42	+02:47:14	12:04
429	60	Carlos Carvalho	blip.pt	Senior Masculino	05:01:43	+02:47:15	12:04
430	253	Ana Rito	individual	Veterana F40	05:03:05	+02:48:37	12:07
431	703	João Ferreira	solmaia runners	Senior Masculino	05:03:45	+02:49:17	12:09
432	700	Carlos Costa	solmaia runners	Senior Masculino	05:03:45	+02:49:17	12:09
433	594	Ana Luisa Dolores Ferreira da Silva	not fast....just furious	Senior Feminino	05:04:26	+02:49:58	12:11
434	595	Ricardo Jorge Ferreira Leite Teixeira	not fast....just furious	Senior Masculino	05:04:26	+02:49:58	12:11
435	562	Ana Sofia Correia Vieira	multipower | gaia trail	Senior Feminino	05:04:40	+02:50:12	12:11
436	342	JOANA PAULO DE SOUSA MARTINS	individual	Senior Feminino	05:06:16	+02:51:48	12:15
437	441	Paulo Jorge de Carvalho Macedo	individual	Veterano M45	05:06:18	+02:51:50	12:15
438	287	Cláudia Pereira Pinto	individual	Veterana F40	05:06:45	+02:52:17	12:16
439	137	CARMEN LIMA	confraria trotamontes	Senior Feminino	05:07:06	+02:52:38	12:17
440	416	Miguel Catarino	individual	Veterano M40	05:07:42	+02:53:14	12:18

TRAIL LONGO 25K - STAGE 1

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
441	532	Diana Bonifácio	juventude vidigalense	Senior Feminino	05:12:32	+02:58:04	12:30
442	458	Pedro Madureira	individual	Senior Masculino	05:12:34	+02:58:06	12:30
443	70	Maria do Carmo Loureiro	budeguita runners	Veterana F40	05:13:34	+02:59:06	12:33
444	75	Vitor Freitas Duarte	budeguita runners	Veterano M40	05:13:35	+02:59:07	12:33
445	65	Ana Dias	budeguita runners	Veterana F40	05:13:42	+02:59:14	12:33
446	638	João Couto	os finos	Veterano M40	05:14:38	+03:00:10	12:35
447	673	Nuno Teixeira	portocargo	Senior Masculino	05:15:38	+03:01:10	12:38
448	117	António Silva	clube zupper	Veterano M40	05:15:44	+03:01:16	12:38
449	661	Manuela Ferreira	pernetas	Veterana F40	05:16:17	+03:01:49	12:39
450	113	PEDRO LOURENÇO	clube novo banco - delegação do norte	Senior Masculino	05:16:18	+03:01:50	12:39
451	152	Rita Catarina Nunes Gaspar	ctad trilhos de cinfães	Senior Feminino	05:17:07	+03:02:39	12:41
452	469	Ricardo Almeida	individual	Senior Masculino	05:17:14	+03:02:46	12:41
453	647	Almerinda Velez	os trinca-espinhas tr	Veterana F50	05:17:28	+03:03:00	12:42
454	428	PASCOAL MOLEIRO	individual	Veterano M40	05:17:44	+03:03:16	12:43
455	193	Adelaide Vigário	factor x	Veterana F50	05:17:51	+03:03:23	12:43
456	592	Rita Dias	nel - pédatleta	Veterana F40	05:19:13	+03:04:45	12:46
457	198	Rui Ribeiro	gdlu - grupo desportivo limpeza urbana cmp	Veterano M40	05:19:26	+03:04:58	12:47
458	627	EMIDIO PONTES	os amigos de s.pedro da cova	Veterano M50	05:19:28	+03:05:00	12:47
459	533	M.Rosário Santos Barros	juventude vidigalense	Veterana F45	05:20:08	+03:05:40	12:48
460	530	Cristina Prioste	juventude vidigalense	Senior Feminino	05:20:31	+03:06:03	12:49
461	257	André Azevedo	individual	Senior Masculino	05:21:56	+03:07:28	12:53
462	87	Victor Ventura	chegamos ao fim	Veterano M45	05:25:53	+03:11:25	13:02
463	85	Pedro Miguel Meleiro Gonçalves Ribeiro	chegamos ao fim	Veterano M40	05:25:54	+03:11:26	13:02
464	739	Maria da Luz Olivença	unrunners	Veterana F45	05:25:58	+03:11:30	13:02
465	136	ANTÓNIO MORAIS	confraria trotamontes	Veterano M40	05:27:04	+03:12:36	13:05
466	134	Paula Gonçalves	confraria trotamontes	Senior Feminino	05:27:07	+03:12:39	13:05
467	433	Paulo Alexandre Cristóvão Próspero	individual	Veterano M40	05:27:58	+03:13:30	13:07
468	558	Fernanda Pinho	moreira relax runners	Veterana F45	05:29:22	+03:14:54	13:10
469	249	Ana Luisa Correia Da Silva Xavier	individual	Senior Feminino	05:29:22	+03:14:54	13:10
470	305	Fábio Resende	individual	Senior Masculino	05:29:27	+03:14:59	13:11
471	707	Fernando Gabriel Reis Leite	tnt - trilhos natura team	Senior Masculino	05:29:27	+03:14:59	13:11
472	561	Ricardo Beirão	moreira relax runners	Veterano M45	05:29:29	+03:15:01	13:11
473	311	Fernando Monteiro	individual	Veterano M45	05:29:29	+03:15:01	13:11
474	59	Rui Moura	bai k andas team	Senior Masculino	05:29:36	+03:15:08	13:11
475	58	Mafalda Almeida	bai k andas team	Senior Feminino	05:29:37	+03:15:09	13:11
476	307	Fernanda Alves	individual	Veterana F40	05:31:10	+03:16:42	13:15
477	476	RICARDO PINTO	individual	Senior Masculino	05:31:20	+03:16:52	13:15
478	280	Carla Sofia Martins Lopes	individual	Senior Feminino	05:31:21	+03:16:53	13:15
479	250	ANA PAULA MONTEIRO DA COSTA	individual	Veterana F45	05:31:23	+03:16:55	13:15
480	355	Joaquim Vidal	individual	Senior Masculino	05:31:25	+03:16:57	13:15
481	8	Jessica Raquel Carrola Guerra	aaubi	Sub 23 Feminino	05:32:59	+03:18:31	13:19
482	208	CARLOS CORREIA	ginasio fit4fun	Sub 23 Masculino	05:34:08	+03:19:40	13:22
483	214	ISABEL CRISTINA DE OLIVEIRA FERREIRA	ginasio fit4fun	Senior Feminino	05:34:08	+03:19:40	13:22

TRAIL LONGO 25K - STAGE 1

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
484	216	JORGE COSTA	ginasio fit4fun	Senior Masculino	05:34:08	+03:19:40	13:22
485	248	Ana Cristina Pereira da Rosa	individual	Senior Feminino	05:35:36	+03:21:08	13:25
486	439	Paulo Gama	individual	Veterano M45	05:38:36	+03:24:08	13:33
487	50	Pedro Alberto dos Santos Salazar Rodrigues	associação desportiva de cabroelo	Sub 23 Masculino	05:38:59	+03:24:31	13:34
488	636	Fernando Miguel Pereira	os finos	Veterano M40	05:40:50	+03:26:22	13:38
489	642	Luis Schumacher	os finos	Veterano M40	06:23:19	+04:08:51	15:20
490	635	Bárbara Fonseca	os finos	Senior Feminino	06:27:19	+04:12:51	15:30
491	634	António Franco	os finos	Veterano M40	06:27:23	+04:12:55	15:30
492	741	António Fonseca	vassouras	Veterano M50	06:27:28	+04:13:00	15:30
493	742	Sara Silva	vassouras	Veterana F40	06:27:28	+04:13:00	15:30

Trail dos 4 Caminhos
Alfena
07-junho-2015

Trail Longo 25K

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	28,8ºC	41,1%
End	16:07	35,5ºC	28,9%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
Senior Feminino							
1	3	Cristina Couceiro	ARSM - Associação Recreativa de S. Miguel	Senior Feminino	03:02:26		07:18
2	203	ALICE LOPES	Ginasio Fit4Fun	Senior Feminino	03:07:06	+04:40	07:29
3	659	Paula Lage	PAREDES AVENTURA	Senior Feminino	03:18:40	+16:14	07:57
4	160	Carla Sousa	Desnível Positivo	Senior Feminino	03:29:18	+26:52	08:22
5	210	DANIELA RUSSO	Ginasio Fit4Fun	Senior Feminino	03:34:50	+32:24	08:36
6	605	Bárbara de Carvalho Fernandes	OFFTEL RUNNERS	Senior Feminino	03:37:37	+35:11	08:42
7	726	Cristina Maria Pereira Coutinho	U.Porto	Senior Feminino	03:44:48	+42:22	09:00
8	66	Ana Sousa	BUDEGUITA RUNNERS	Senior Feminino	03:52:08	+49:42	09:17
9	338	Iolanda Sofia de Sousa Mendes	Individual	Senior Feminino	03:55:08	+52:42	09:24
10	149	Mariana Figueiredo Delgado	CTAD TRILHOS DE CINFÃES	Senior Feminino	03:55:16	+52:50	09:25
11	32	Ana Maria Féteira	ARSM - Associação Recreativa de S. Miguel	Senior Feminino	03:59:43	+57:17	09:35
12	256	Anabela Cordeiro	Individual	Senior Feminino	04:01:24	+58:58	09:39
13	301	Elisabete Maria Soutulho Coelho Alves	Individual	Senior Feminino	04:06:06	+01:03:40	09:51
14	303	Estela Martins	Individual	Senior Feminino	04:06:08	+01:03:42	09:51
15	96	ANA CRISTINA ALVES DE MIRANDA	Clube Naútico de Ponte de Lima	Senior Feminino	04:08:32	+01:06:06	09:56
16	254	Ana sofia fernandes	Individual	Senior Feminino	04:08:36	+01:06:10	09:57
17	247	ana coelho	Individual	Senior Feminino	04:12:54	+01:10:28	10:07
18	221	MARISA SANTOS	Ginasio Fit4Fun	Senior Feminino	04:15:08	+01:12:42	10:12
19	289	Cristiana Esteves	Individual	Senior Feminino	04:17:01	+01:14:35	10:17
20	275	blandine craveiro	Individual	Senior Feminino	04:17:26	+01:15:00	10:18
21	409	margarida figueiroa	Individual	Senior Feminino	04:19:16	+01:16:50	10:22
22	500	Susana moreira	Individual	Senior Feminino	04:27:26	+01:25:00	10:42
23	57	Telma Ramires	ATR - Algarve Trail Running	Senior Feminino	04:27:38	+01:25:12	10:42
24	229	Andreia Amorim	GONDOMAR FUTSAL CLUBE	Senior Feminino	04:27:38	+01:25:12	10:42
25	743	Patrícia Madeira	Vertical Step	Senior Feminino	04:29:46	+01:27:20	10:47
26	576	Manuela Tavares	MULTIPOWER | GAIA TRAIL	Senior Feminino	04:32:44	+01:30:18	10:55
27	691	Joana Direito	S. S. Montepio	Senior Feminino	04:34:19	+01:31:53	10:58
28	675	TANIA BATEIRA	PORTOCARGO	Senior Feminino	04:38:22	+01:35:56	11:08
29	697	Raquel Campos	Shots International Runners	Senior Feminino	04:39:09	+01:36:43	11:10
30	22	Sara Nunes	ATR - Algarve Trail Running	Senior Feminino	04:43:08	+01:40:42	11:20
31	556	Carla Freitas	Marretas#quase#atletas	Senior Feminino	04:50:12	+01:47:46	11:36
32	519	Sónia Pereira	Inquipa	Senior Feminino	04:54:22	+01:51:56	11:46
33	244	Alice Capelas	Individual	Senior Feminino	04:58:37	+01:56:11	11:57
34	594	Ana Luisa Dolores Ferreira da Silva	Not fast....just furious	Senior Feminino	05:04:26	+02:02:00	12:11
35	562	Ana Sofia Correia Vieira	MULTIPOWER | GAIA TRAIL	Senior Feminino	05:04:40	+02:02:14	12:11
36	342	JOANA PAULO DE SOUSA MARTINS	Individual	Senior Feminino	05:06:16	+02:03:50	12:15
37	137	CARMEN LIMA	Confraria Trotamontes	Senior Feminino	05:07:06	+02:04:40	12:17
38	532	Diana Bonifácio	Juventude Vidigalense	Senior Feminino	05:12:32	+02:10:06	12:30

Trail Longo 25K

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

39	152	Rita Catarina Nunes Gaspar	CTAD TRILHOS DE CINFÃES	Senior Feminino	05:17:07	+02:14:41	12:41
40	530	Cristina Prioste	Juventude Vidigalense	Senior Feminino	05:20:31	+02:18:05	12:49
41	134	Paula Gonçalves	Confraria Trotamontes	Senior Feminino	05:27:07	+02:24:41	13:05
42	249	Ana Luisa Correia Da Silva Xavier	Individual	Senior Feminino	05:29:22	+02:26:56	13:10
43	58	Mafalda Almeida	BAI K ANDAS TEAM	Senior Feminino	05:29:37	+02:27:11	13:11
44	280	Carla Sofia Martins Lopes	Individual	Senior Feminino	05:31:21	+02:28:55	13:15
45	214	ISABEL CRISTINA DE OLIVEIRA FERREIRA	Ginasio Fit4Fun	Senior Feminino	05:34:08	+02:31:42	13:22
46	248	Ana Cristina Pereira da Rosa	Individual	Senior Feminino	05:35:36	+02:33:10	13:25
47	635	Bárbara Fonseca	Os Finos	Senior Feminino	06:27:19	+03:24:53	15:30

Senior Masculino

1	91	Jose Gaspar	Clube de Atletismo Odimarq	Senior Masculino	02:14:28		05:23
2	9	Nuno Miguel Gonçalves Gravito	AAUBI	Senior Masculino	02:29:03	+14:35	05:58
3	103	Luis Gonçalves	Clube Naútico de Ponte de Lima	Senior Masculino	02:34:41	+20:13	06:11
4	43	Ricardo Ferreira	ARSM - Associação Recreativa de S. Miguel	Senior Masculino	02:38:20	+23:52	06:20
5	153	Tiago Alexandre Teixeira de Aragão	CTAD TRILHOS DE CINFÃES	Senior Masculino	02:39:44	+25:16	06:23
6	154	Victor Fernandes	CTAD TRILHOS DE CINFÃES	Senior Masculino	02:39:44	+25:16	06:23
7	618	Fernando Taborda	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	02:42:11	+27:43	06:29
8	449	Paulo Oliveira	Individual	Senior Masculino	02:46:18	+31:50	06:39
9	564	Armando Ivo Silva Pereira	MULTIPOWER | GAIA TRAIL	Senior Masculino	02:46:47	+32:19	06:40
10	7	André Abrantes Barros	AAUBI	Senior Masculino	02:46:47	+32:19	06:40
11	89	Fábio Ladeiras	Clube de Atletismo de Ferreira do Zêzere	Senior Masculino	02:46:57	+32:29	06:41
12	354	joaquim manuel martins de freitas	RETORTA	Senior Masculino	02:47:43	+33:15	06:43
13	177	Nelson João Marques Constantino	Eléctrico Futebol Clube	Senior Masculino	02:52:16	+37:48	06:53
14	646	Miguel António Vicente Ribeiro	"Os Saramagos"	Senior Masculino	02:52:23	+37:55	06:54
15	6	Amaro Jorge de Sousa Teixeira	AAUBI	Senior Masculino	02:52:58	+38:30	06:55
16	490	Sergio António dias dos santos	Individual	Senior Masculino	02:54:29	+40:01	06:59
17	348	João Manuel do Vale Pereira Borges	Individual	Senior Masculino	02:54:29	+40:01	06:59
18	616	Belmiro Moreira	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	02:57:05	+42:37	07:05
19	132	Gonçalo Sousa	Confraria Trotamontes	Senior Masculino	02:57:37	+43:09	07:06
20	105	Pedro Manuel Pereira Vieira Gonçalves de Castro	Clube Naútico de Ponte de Lima	Senior Masculino	02:57:50	+43:22	07:07
21	764	Alberto Ferreira Bermudes Santos	U.Porto	Senior Masculino	02:58:02	+43:34	07:07
22	582	António Domingos Moreira de Freitas	NAST-NUCLEO ASSOCIATIVO SANTO TIRSO	Senior Masculino	02:58:10	+43:42	07:08
23	28	Nuno Soares	Amigos da Montanha	Senior Masculino	02:58:37	+44:09	07:09
24	580	Rui Manuel Faria Gonçalves	MULTIPOWER | GAIA TRAIL	Senior Masculino	02:59:03	+44:35	07:10
25	682	Nelson Valente	PROAVENTURAS	Senior Masculino	03:00:05	+45:37	07:12
26	232	Pedro Rocha	GONDOMAR FUTSAL CLUBE	Senior Masculino	03:02:00	+47:32	07:17
27	183	David Rafael Benido Gouveia	Escaravelhos Team	Senior Masculino	03:04:03	+49:35	07:22
28	577	Miguel Teixeira	MULTIPOWER | GAIA TRAIL	Senior Masculino	03:05:00	+50:32	07:24
29	376	José Miguel Fortuna Pinto	Individual	Senior Masculino	03:05:10	+50:42	07:24

Trail Longo 25K

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

30	534	Nuno Filipe Baltazar	Juventude Vidigalense	Senior Masculino	03:05:27	+50:59	07:25
31	426	Nuno Miguel Maia	Individual	Senior Masculino	03:06:31	+52:03	07:28
32	727	Filipe Adriano Bastos de Sousa	U.Porto	Senior Masculino	03:06:43	+52:15	07:28
33	625	Sergio Suzano	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	03:07:01	+52:33	07:29
34	748	Vitor Silva	vimarunners	Senior Masculino	03:07:18	+52:50	07:30
35	238	Filipe Lima	GRUPO DESPORTIVO SANTANDER TOTTA	Senior Masculino	03:07:57	+53:29	07:31
36	310	Fernando Leite	Individual	Senior Masculino	03:09:39	+55:11	07:35
37	140	Bruno Alexandre Sousa Pereira Pinho dos Santos	CTAD TRILHOS DE CINFÃES	Senior Masculino	03:10:24	+55:56	07:37
38	543	Pedro Costa	KeMedo Team	Senior Masculino	03:10:31	+56:03	07:37
39	565	Bruno Fernando Alves Santiago	MULTIPOWER | GAIA TRAIL	Senior Masculino	03:10:32	+56:04	07:37
40	536	Eurico Moura	KeMedo Team	Senior Masculino	03:11:30	+57:02	07:40
41	483	Rui Manuel Tavares Fernandes	Alive Runners	Senior Masculino	03:11:42	+57:14	07:40
42	52	André Duarte	ATR - Algarve Trail Running	Senior Masculino	03:11:57	+57:29	07:41
43	54	Jorge António	ATR - Algarve Trail Running	Senior Masculino	03:11:57	+57:29	07:41
44	25	José Madureira	Amigo	Senior Masculino	03:12:44	+58:16	07:43
45	585	Fernando Jorge Mendes Carneiro	NAST-NUCLEO ASSOCIATIVO SANTO TIRSO	Senior Masculino	03:12:45	+58:17	07:43
46	694	Carlos Ferreira	SANTO TIRSO RUNNERS	Senior Masculino	03:13:00	+58:32	07:43
47	657	helder camilo	PAREDES AVENTURA	Senior Masculino	03:14:21	+59:53	07:46
48	415	Miguel Carvalho	Individual	Senior Masculino	03:14:24	+59:56	07:47
49	567	Diogo João Loureiro	MULTIPOWER | GAIA TRAIL	Senior Masculino	03:14:39	+01:00:11	07:47
50	239	Sergio Andre Da Silva Coelho	GTT - Armazém do Caffè	Senior Masculino	03:14:54	+01:00:26	07:48
51	224	RICARDO RIBEIRO	Ginasio Fit4Fun	Senior Masculino	03:14:59	+01:00:31	07:48
52	750	Sergio Branco	WHITE RUNNING TEAM	Senior Masculino	03:15:19	+01:00:51	07:49
53	262	André Mesquita Guimarães	Individual	Senior Masculino	03:15:44	+01:01:16	07:50
54	222	PAULO MACHADO	Ginasio Fit4Fun	Senior Masculino	03:16:06	+01:01:38	07:51
55	99	Filipe Miguel Alves	Clube Naútico de Ponte de Lima	Senior Masculino	03:16:07	+01:01:39	07:51
56	325	Helder Braga	Individual	Senior Masculino	03:16:38	+01:02:10	07:52
57	122	Joaquim madureira	Clube Zupper	Senior Masculino	03:17:40	+01:03:12	07:54
58	512	Vitor Paulo Duarte Caldeira	Individual	Senior Masculino	03:18:25	+01:03:57	07:56
59	202	José Paulo Ribeiro	Ginásio Factor X	Senior Masculino	03:18:33	+01:04:05	07:57
60	645	Paulo Pinheiro	"OS LEBRES" btt sai da frente	Senior Masculino	03:20:11	+01:05:43	08:00
61	176	José João Marques Constantino	Eléctrico Futebol Clube	Senior Masculino	03:20:27	+01:05:59	08:01
62	597	Pedro Barbosa	Not Run Alone	Senior Masculino	03:21:01	+01:06:33	08:02
63	213	HELDER COSTA	Ginasio Fit4Fun	Senior Masculino	03:21:24	+01:06:56	08:03
64	168	Renato Presa	Desnível Positivo	Senior Masculino	03:23:35	+01:09:07	08:09
65	41	Paulo Nogueira	ARSM - Associação Recreativa de S. Miguel	Senior Masculino	03:24:04	+01:09:36	08:10
66	541	Marcio Carvalho	KeMedo Team	Senior Masculino	03:24:12	+01:09:44	08:10
67	579	Paulo Filipe Ferreira Madeira	MULTIPOWER | GAIA TRAIL	Senior Masculino	03:24:12	+01:09:44	08:10
68	749	Hugo Ferreira	WHITE RUNNING TEAM	Senior Masculino	03:24:42	+01:10:14	08:11
69	417	Miguel Lopes	Individual	Senior Masculino	03:24:44	+01:10:16	08:11
70	631	bruno macedo	os caga tacos running team	Senior Masculino	03:26:14	+01:11:46	08:15
71	120	Hugo Moita	Clube Zupper	Senior Masculino	03:26:21	+01:11:53	08:15
72	457	Pedro Joel da Silva Ribeiro	Individual	Senior Masculino	03:27:23	+01:12:55	08:18

Trail Longo 25K

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

73	760	Mário Adriano Barroso Maia Oliveira	Individual	Senior Masculino	03:27:53	+01:13:25	08:19
74	620	Leonel Neves	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	03:28:32	+01:14:04	08:20
75	539	Hugo Duarte Teixeira	KeMedo Team	Senior Masculino	03:28:58	+01:14:30	08:22
76	328	Helder Rocha	Individual	Senior Masculino	03:29:49	+01:15:21	08:24
77	706	Ricardo Dantas	Team DUAS FACES	Senior Masculino	03:31:40	+01:17:12	08:28
78	296	David Simões	Individual	Senior Masculino	03:32:29	+01:18:01	08:30
79	473	Ricardo Luís Sevilha Coelho	Individual	Senior Masculino	03:32:29	+01:18:01	08:30
80	583	Carlos Brás	NAST-NUCLEO ASSOCIATIVO SANTO TIRSO	Senior Masculino	03:34:58	+01:20:30	08:36
81	723	Nuno Oliveira	TURBULENTOS	Senior Masculino	03:35:39	+01:21:11	08:38
82	745	Marco Marques	ViewPoint	Senior Masculino	03:37:10	+01:22:42	08:41
83	578	Paulo Alexandre da Fonseca Amadeu	MULTIPOWER | GAIA TRAIL	Senior Masculino	03:37:46	+01:23:18	08:43
84	570	Fernando Manuel Vilar Patricio	MULTIPOWER | GAIA TRAIL	Senior Masculino	03:39:59	+01:25:31	08:48
85	481	Rui Jorge Pereira Marinho Ribeiro	Individual	Senior Masculino	03:40:12	+01:25:44	08:48
86	125	Paulo Silva	Clube Zupper	Senior Masculino	03:40:57	+01:26:29	08:50
87	502	Tiago Gomes da Silva	Individual	Senior Masculino	03:41:20	+01:26:52	08:51
88	126	João Carolo	Clube Zupper	Senior Masculino	03:41:42	+01:27:14	08:52
89	537	Helder Gomes	KeMedo Team	Senior Masculino	03:41:58	+01:27:30	08:53
90	182	Miguel Teixeira	Engomadoria L&A Team	Senior Masculino	03:41:59	+01:27:31	08:53
91	644	Adelino Pinheiro	"OS LEBRES" btt sai da frente	Senior Masculino	03:42:02	+01:27:34	08:53
92	408	Marco Pereira	Individual	Senior Masculino	03:42:04	+01:27:36	08:53
93	335	Hugo Rosa	Individual	Senior Masculino	03:42:52	+01:28:24	08:55
94	695	Paulo Domingues	Shots International Runners	Senior Masculino	03:43:49	+01:29:21	08:57
95	698	Ricardo Henriques	Shots International Runners	Senior Masculino	03:43:49	+01:29:21	08:57
96	35	Edgar Avelino Figueira Pires	ARSM - Associação Recreativa de S. Miguel	Senior Masculino	03:43:57	+01:29:29	08:57
97	470	Ricardo Carvalho	Individual	Senior Masculino	03:46:28	+01:32:00	09:04
98	477	Ricardo Pires Cerejeira Leite	Individual	Senior Masculino	03:46:29	+01:32:01	09:04
99	746	Bruno Emanuel oliveira Fernandes	vimarunners	Senior Masculino	03:46:36	+01:32:08	09:04
100	587	Nuno Ferreira	NAST-NUCLEO ASSOCIATIVO SANTO TIRSO	Senior Masculino	03:46:36	+01:32:08	09:04
101	319	FRANCISCO CARNEIRO	Individual	Senior Masculino	03:46:41	+01:32:13	09:04
102	294	Dário Silva	Individual	Senior Masculino	03:46:42	+01:32:14	09:04
103	295	David Camelo	Individual	Senior Masculino	03:47:05	+01:32:37	09:05
104	155	Victor Nelson Gomes Amaral	CTAD TRILHOS DE CINFÃES	Senior Masculino	03:48:15	+01:33:47	09:08
105	419	NELSON FRIAS AMARAL	Individual	Senior Masculino	03:49:19	+01:34:51	09:10
106	401	Manuel Henrique Pereira Barbosa	Individual	Senior Masculino	03:49:24	+01:34:56	09:11
107	572	Hugo Miguel Mendes Gonçalves	MULTIPOWER | GAIA TRAIL	Senior Masculino	03:49:26	+01:34:58	09:11
108	574	José Henrique Pinto de Oliveira	MULTIPOWER | GAIA TRAIL	Senior Masculino	03:49:26	+01:34:58	09:11
109	557	Valdir Costa	MINHO AVENTURA	Senior Masculino	03:49:30	+01:35:02	09:11
110	172	António Miguel Martins Serrano	Eléctrico Futebol Clube	Senior Masculino	03:51:01	+01:36:33	09:14
111	459	pedro matos	Individual	Senior Masculino	03:51:19	+01:36:51	09:15
112	747	Vítor Manuel Silva Oliveira	vimarunners	Senior Masculino	03:51:19	+01:36:51	09:15
113	283	Carlos Manuel Viana Saragoça	Individual	Senior Masculino	03:51:30	+01:37:02	09:16
114	143	Carlos Silva	CTAD TRILHOS DE CINFÃES	Senior Masculino	03:53:04	+01:38:36	09:19
115	78	Sérgio Forte	Casa do Povo de Souselas	Senior Masculino	03:53:27	+01:38:59	09:20
116	736	Miguel José Pereira Neves	UGAS TRAIL Running	Senior Masculino	03:53:49	+01:39:21	09:21

Trail Longo 25K

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

117	735	Leonel Fonseca Ramos	UGAS TRAIL Running	Senior Masculino	03:53:50	+01:39:22	09:21
118	209	CARLOS MARTINS	Ginasio Fit4Fun	Senior Masculino	03:54:14	+01:39:46	09:22
119	217	JOSE JESUS	Ginasio Fit4Fun	Senior Masculino	03:54:15	+01:39:47	09:22
120	688	Emanuel Almeida	S. S. Montepio	Senior Masculino	03:55:11	+01:40:43	09:24
121	167	Nuno Oliveira	Desnível Positivo	Senior Masculino	03:55:15	+01:40:47	09:25
122	453	Pedro Barros	Individual	Senior Masculino	03:55:17	+01:40:49	09:25
123	544	Pedro Marques	KeMedo Team	Senior Masculino	03:55:26	+01:40:58	09:25
124	487	RUI SOARES	Individual	Senior Masculino	03:55:30	+01:41:02	09:25
125	63	Nelson Braga	BOAVISTA F.C	Senior Masculino	03:56:10	+01:41:42	09:27
126	546	Rui Gomes	Kintanos	Senior Masculino	03:57:15	+01:42:47	09:29
127	200	Nuno Teixeira	Ginásio EU+ | LMA	Senior Masculino	03:58:53	+01:44:25	09:33
128	258	Andre Costa	Individual	Senior Masculino	03:59:11	+01:44:43	09:34
129	478	Rodrigo Oliveira	Individual	Senior Masculino	03:59:18	+01:44:50	09:34
130	288	Cláudio André Oliveira Trigais	Individual	Senior Masculino	03:59:36	+01:45:08	09:35
131	501	Telmo José Santos Lages	Individual	Senior Masculino	04:01:17	+01:46:49	09:39
132	383	Leandro Ricardo Oliveira Pinto Simões	Individual	Senior Masculino	04:01:22	+01:46:54	09:39
133	690	Ivo Martins	S. S. Montepio	Senior Masculino	04:01:34	+01:47:06	09:40
134	601	Manuel Antonio Reis Morais	Nunca mais team	Senior Masculino	04:01:41	+01:47:13	09:40
135	563	André Peixoto Costa Assunção	MULTIPOWER | GAIA TRAIL	Senior Masculino	04:01:59	+01:47:31	09:41
136	174	BRUNO MARQUEZ	Eléctrico Futebol Clube	Senior Masculino	04:02:18	+01:47:50	09:42
137	284	Carlos Mendes	Individual	Senior Masculino	04:02:38	+01:48:10	09:42
138	651	Nelson Montalvão	Os TurboMula D.O.C.	Senior Masculino	04:02:38	+01:48:10	09:42
139	649	Bruno Silva	"Os Turbo Mula" D.O.C.	Senior Masculino	04:02:39	+01:48:11	09:42
140	74	Tiago P. Almeida	BUDEGUITA RUNNERS	Senior Masculino	04:03:13	+01:48:45	09:44
141	671	DANIEL RAMALHAO	PORTOCARGO	Senior Masculino	04:04:05	+01:49:37	09:46
142	55	Nuno Botelho	ATR - Algarve Trail Running	Senior Masculino	04:04:42	+01:50:14	09:47
143	142	Carlos Alberto Nogueira Soares	CTAD TRILHOS DE CINFÃES	Senior Masculino	04:05:35	+01:51:07	09:49
144	611	Rui Pereira	OFRunning	Senior Masculino	04:05:47	+01:51:19	09:50
145	170	Vítor Manuel Dias Gonçalves	EDV - Viana Trail	Senior Masculino	04:06:06	+01:51:38	09:51
146	347	João Graça	Individual	Senior Masculino	04:06:08	+01:51:40	09:51
147	738	Daniel Pinto	UNRUNNERS	Senior Masculino	04:06:11	+01:51:43	09:51
148	124	Paulo Morais	Clube Zupper	Senior Masculino	04:06:55	+01:52:27	09:53
149	15	Vitor Manuel Vieira Matos	ADEFACEC	Senior Masculino	04:06:57	+01:52:29	09:53
150	377	José Paulo Lima	Individual	Senior Masculino	04:08:28	+01:54:00	09:56
151	316	Filipe Carvalho	Individual	Senior Masculino	04:10:19	+01:55:51	10:01
152	358	jorge alberto Cadavez Pacheco Capucho Ferreira	Individual	Senior Masculino	04:11:53	+01:57:25	10:05
153	524	André Cunha	I-Run	Senior Masculino	04:12:36	+01:58:08	10:06
154	4	Ricardo Dias	3hundred team	Senior Masculino	04:12:39	+01:58:11	10:06
155	425	Nuno Maia	Individual	Senior Masculino	04:12:39	+01:58:11	10:06
156	44	Sérgio Miguel Aparício do Rosário	ARSM - Associação Recreativa de S. Miguel	Senior Masculino	04:12:41	+01:58:13	10:06
157	327	Helder Filipe Ferreira Oliveira Duarte Silva	Individual	Senior Masculino	04:12:50	+01:58:22	10:07
158	758	Emanuel Costa	Individual	Senior Masculino	04:13:38	+01:59:10	10:09
159	106	Rafael Brito Abreu Pereira	Clube Naútico de Ponte de Lima	Senior Masculino	04:14:48	+02:00:20	10:12
160	349	Joao Marques	Individual	Senior Masculino	04:16:20	+02:01:52	10:15

Trail Longo 25K

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

161	542	Nuno Marques	KeMedo Team	Senior Masculino	04:16:51	+02:02:23	10:16
162	463	Pedro Seabra	Individual	Senior Masculino	04:16:57	+02:02:29	10:17
163	130	Filipe Afonso	Coimbra Trail Running	Senior Masculino	04:17:14	+02:02:46	10:17
164	705	Rui Gomes	Solmaia Runners	Senior Masculino	04:17:37	+02:03:09	10:18
165	194	Miguel Dias	FALTA DE TREINO	Senior Masculino	04:19:14	+02:04:46	10:22
166	560	Paulo Pires	Moreira Relax Runners	Senior Masculino	04:19:31	+02:05:03	10:23
167	64	José Carlos Costa Bessa	BTT Matosinhos	Senior Masculino	04:19:31	+02:05:03	10:23
168	72	Rui Airosa	BUDEGUITA RUNNERS	Senior Masculino	04:20:05	+02:05:37	10:24
169	322	Geraldo Santos	Individual	Senior Masculino	04:20:39	+02:06:11	10:26
170	393	Luis Miguel Araujo Pedrosa	Individual	Senior Masculino	04:21:07	+02:06:39	10:27
171	223	PEDRO MAGALHAES	Ginasio Fit4Fun	Senior Masculino	04:21:21	+02:06:53	10:27
172	324	Hélder Agostinho	Individual	Senior Masculino	04:21:27	+02:06:59	10:27
173	179	Ângelo Cabral	Engomadoria L&A Team	Senior Masculino	04:23:08	+02:08:40	10:32
174	207	CARLOS BASTOS	Ginasio Fit4Fun	Senior Masculino	04:23:16	+02:08:48	10:32
175	345	João Cardoso	Individual	Senior Masculino	04:23:34	+02:09:06	10:33
176	277	Bruno Ramiro	Individual	Senior Masculino	04:26:34	+02:12:06	10:40
177	370	José Ferreira Costa	Individual	Senior Masculino	04:26:59	+02:12:31	10:41
178	733	Daniel Marques dos Santos	UGAS TRAIL Running	Senior Masculino	04:27:58	+02:13:30	10:43
179	427	Óscar Manuel Fonseca Figueiredo	Individual	Senior Masculino	04:28:01	+02:13:33	10:43
180	545	João Gomes	Kintanos	Senior Masculino	04:29:14	+02:14:46	10:46
181	365	Jorge Ribeiro	Individual	Senior Masculino	04:29:48	+02:15:20	10:48
182	334	Hugo Pinto	Individual	Senior Masculino	04:30:21	+02:15:53	10:49
183	508	Vasco Oliveira	Individual	Senior Masculino	04:30:28	+02:16:00	10:49
184	467	Raul Viana	Individual	Senior Masculino	04:30:28	+02:16:00	10:49
185	109	HUGO COUTO	CLUBE NOVO BANCO - DELEGAÇÃO DO NORTE	Senior Masculino	04:32:17	+02:17:49	10:53
186	729	Jorge Miguel de Sá Guimarães	U.Porto	Senior Masculino	04:32:17	+02:17:49	10:53
187	471	Ricardo Dias da Fonseca	Individual	Senior Masculino	04:32:41	+02:18:13	10:54
188	265	Antonio Goncalves	Individual	Senior Masculino	04:36:21	+02:21:53	11:03
189	180	Diogo Oliveira	Engomadoria L&A Team	Senior Masculino	04:36:23	+02:21:55	11:03
190	704	Pedro Meireles	Solmaia Runners	Senior Masculino	04:36:50	+02:22:22	11:04
191	260	Andre Filipe Pinto Barros	Individual	Senior Masculino	04:36:53	+02:22:25	11:05
192	472	Ricardo Fernandes	Individual	Senior Masculino	04:38:02	+02:23:34	11:07
193	495	Simão Cardoso	Individual	Senior Masculino	04:38:48	+02:24:20	11:09
194	402	Manuel Joaquim Martins da Silva	Individual	Senior Masculino	04:38:51	+02:24:23	11:09
195	461	Pedro Nogueira	Individual	Senior Masculino	04:39:09	+02:24:41	11:10
196	82	Nuno Filipe Faria Ferreira	CCD-Siemens	Senior Masculino	04:39:09	+02:24:41	11:10
197	81	Fernando Remelgado	CCD-Siemens	Senior Masculino	04:39:09	+02:24:41	11:10
198	361	Jorge Borges	Individual	Senior Masculino	04:43:21	+02:28:53	11:20
199	19	Carlos Miguel Almeida de Oliveira	Aguedenses	Senior Masculino	04:43:32	+02:29:04	11:20
200	18	Bruno Jose Melo Corga	Aguedenses	Senior Masculino	04:43:33	+02:29:05	11:21
201	436	Paulo Correia	Individual	Senior Masculino	04:43:39	+02:29:11	11:21
202	438	PAULO FILIPE LOUREIRO MOREIRA	Individual	Senior Masculino	04:44:33	+02:30:05	11:23
203	454	Pedro de Sousa Martins Pereira	Individual	Senior Masculino	04:44:39	+02:30:11	11:23
204	766	Pedro Manuel Sousa Guimarães		Senior Masculino	04:46:02	+02:31:34	11:26
205	609	Manuel Moreira	OFRunning	Senior Masculino	04:47:39	+02:33:11	11:30
206	119	gabriel Moreira	Clube Zupper	Senior Masculino	04:51:51	+02:37:23	11:40

Trail Longo 25K

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

207	157	Vítor André Silva Cardoso	CTAD TRILHOS DE CINFÃES	Senior Masculino	04:54:23	+02:39:55	11:47
208	462	Pedro São Simão	Individual	Senior Masculino	04:54:35	+02:40:07	11:47
209	246	ÁLVARO AGUIAR	Individual	Senior Masculino	04:56:27	+02:41:59	11:51
210	599	Daniel Reis dos Santos	Nunca mais team	Senior Masculino	04:56:45	+02:42:17	11:52
211	610	Mário Rui Carvalho	OFRunning	Senior Masculino	04:58:33	+02:44:05	11:57
212	466	Rafael Simões Almeida	Individual	Senior Masculino	05:01:42	+02:47:14	12:04
213	60	Carlos Carvalho	Blip.pt	Senior Masculino	05:01:43	+02:47:15	12:04
214	703	João Ferreira	Solmaia Runners	Senior Masculino	05:03:45	+02:49:17	12:09
215	700	Carlos Costa	Solmaia Runners	Senior Masculino	05:03:45	+02:49:17	12:09
216	595	Ricardo Jorge Ferreira Leite Teixeira	Not fast....just furious	Senior Masculino	05:04:26	+02:49:58	12:11
217	458	Pedro Madureira	Individual	Senior Masculino	05:12:34	+02:58:06	12:30
218	673	Nuno Teixeira	PORTOCARGO	Senior Masculino	05:15:38	+03:01:10	12:38
219	113	PEDRO LOURENÇO	CLUBE NOVO BANCO - DELEGAÇÃO DO NORTE	Senior Masculino	05:16:18	+03:01:50	12:39
220	469	Ricardo Almeida	Individual	Senior Masculino	05:17:14	+03:02:46	12:41
221	257	André Azevedo	Individual	Senior Masculino	05:21:56	+03:07:28	12:53
222	305	Fábio Resende	Individual	Senior Masculino	05:29:27	+03:14:59	13:11
223	707	Fernando Gabriel Reis Leite	TNT - Trilhos Natura Team	Senior Masculino	05:29:27	+03:14:59	13:11
224	59	Rui Moura	BAI K ANDAS TEAM	Senior Masculino	05:29:36	+03:15:08	13:11
225	476	RICARDO PINTO	Individual	Senior Masculino	05:31:20	+03:16:52	13:15
226	355	Joaquim Vidal	Individual	Senior Masculino	05:31:25	+03:16:57	13:15
227	216	JORGE COSTA	Ginasio Fit4Fun	Senior Masculino	05:34:08	+03:19:40	13:22

Sub 23 Feminino

1	606	Patrícia Carreira	OFFTEL RUNNERS	Sub 23 Feminino	02:49:50		06:48
2	522	Maria Helena Carvalho Costa	Invicta Runners Team	Sub 23 Feminino	03:43:01	+53:11	08:55
3	97	Andreia Carvalho Cunha	Clube Naútico de Ponte de Lima	Sub 23 Feminino	04:14:48	+01:24:58	10:12
4	8	Jessica Raquel Carrola Guerra	AAUBI	Sub 23 Feminino	05:32:59	+02:43:09	13:19

Sub 23 Masculino

1	187	Nelson Romeu Benido Gouveia	Escaravelhos Team	Sub 23 Masculino	02:26:04		05:51
2	5	Alexis João Lucas Serralheiro	AAUBI	Sub 23 Masculino	02:42:22	+16:18	06:30
3	185	João Carlos Nunes Patricio	Escaravelhos Team	Sub 23 Masculino	02:53:41	+27:37	06:57
4	188	Rafael José Chá-Chá Gomes	Escaravelhos Team	Sub 23 Masculino	03:04:03	+37:59	07:22
5	184	Fernando Luís Lopes Santos	Escaravelhos Team	Sub 23 Masculino	03:28:08	+01:02:04	08:20
6	623	Rui Costa	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Sub 23 Masculino	03:36:49	+01:10:45	08:40
7	765	Tiago Manuel Oliveira Pinto	AEISMAI	Sub 23 Masculino	03:41:37	+01:15:33	08:52
8	418	Milton César Miranda dos Santos	Individual	Sub 23 Masculino	03:46:03	+01:19:59	09:03
9	48	Luís Fernando Castro Ferreira	Associação Desportiva de Cabroelo	Sub 23 Masculino	03:49:54	+01:23:50	09:12
10	666	Nuno Vieira	PIPO	Sub 23 Masculino	03:55:05	+01:29:01	09:24
11	523	Bruno Manuel Pereira Nunes	IPP	Sub 23 Masculino	04:42:48	+02:16:44	11:19
12	326	HELDER FILIPE FERNANDES FERREIRA	Individual	Sub 23 Masculino	04:58:38	+02:32:34	11:57

13	208	CARLOS CORREIA	Ginasio Fit4Fun	Sub 23 Masculino	05:34:08	+03:08:04	13:22
14	50	Pedro Alberto dos Santos Salazar Rodrigues	Associação Desportiva de Cabroelo	Sub 23 Masculino	05:38:59	+03:12:55	13:34

Veterana F40

1	553	Zélia Borges	Maia Atlético Clube	Veterana F40	03:11:29		07:40
2	49	Maria Augusta Da Costa Loureiro	Associação Desportiva de Cabroelo	Veterana F40	03:39:20	+27:51	08:46
3	228	Ana Amaral	GONDOMAR FUTSAL CLUBE	Veterana F40	03:43:24	+31:55	08:56
4	163	Gisela Maria da Silva Pereira	Desnível Positivo	Veterana F40	03:44:43	+33:14	08:59
5	413	Marta silva	Individual	Veterana F40	03:49:12	+37:43	09:10
6	672	MANUELA FARIA	PORTOCARGO	Veterana F40	04:01:33	+50:04	09:40
7	145	Isabel Maria Dias de Almeida	CTAD TRILHOS DE CINFÃES	Veterana F40	04:05:35	+54:06	09:49
8	161	Celia Sampaio	Desnível Positivo	Veterana F40	04:34:16	+01:22:47	10:58
9	499	Susana Manuela pinhal Canhola	Individual	Veterana F40	04:35:21	+01:23:52	11:01
10	291	CRISTINA QUELHAS	Individual	Veterana F40	04:45:00	+01:33:31	11:24
11	757	Maria Arminda Moreira	Individual	Veterana F40	04:46:07	+01:34:38	11:27
12	51	paula nascimento	Atletico Clube Alfenense	Veterana F40	04:51:51	+01:40:22	11:40
13	498	sonia sequeira	Individual	Veterana F40	04:54:23	+01:42:54	11:47
14	323	Gourete Salvador	Individual	Veterana F40	05:01:04	+01:49:35	12:03
15	253	Ana Rito	Individual	Veterana F40	05:03:05	+01:51:36	12:07
16	287	Cláudia Pereira Pinto	Individual	Veterana F40	05:06:45	+01:55:16	12:16
17	70	Maria do Carmo Loureiro	BUDEGUITA RUNNERS	Veterana F40	05:13:34	+02:02:05	12:33
18	65	Ana Dias	BUDEGUITA RUNNERS	Veterana F40	05:13:42	+02:02:13	12:33
19	661	Manuela Ferreira	Pernetas	Veterana F40	05:16:17	+02:04:48	12:39
20	592	Rita Dias	NEL - Pédatleta	Veterana F40	05:19:13	+02:07:44	12:46
21	307	Fernanda Alves	Individual	Veterana F40	05:31:10	+02:19:41	13:15
22	742	Sara Silva	Vassouras	Veterana F40	06:27:28	+03:15:59	15:30

Veterana F45

1	165	Margarida Magalhães	Desnível Positivo	Veterana F45	03:48:09		09:08
2	302	Ercilia Rosa Pereira	Individual	Veterana F45	04:30:21	+42:12	10:49
3	711	Isabel Araújo	TOUQUENEMPOSSO	Veterana F45	04:35:25	+47:16	11:01
4	552	Paula Santos	LOCOMOTIVA DE PARANHOS	Veterana F45	04:38:47	+50:38	11:09
5	432	Paula Silva	Individual	Veterana F45	04:44:38	+56:29	11:23
6	550	Ana Fernandes	LOCOMOTIVA DE PARANHOS	Veterana F45	04:44:52	+56:43	11:24
7	290	Cristina Maria Fundevila Teixeira	Individual	Veterana F45	04:47:32	+59:23	11:30
8	86	Susana Lobo Santos	Chegamos ao fim	Veterana F45	04:53:32	+01:05:23	11:44
9	533	M.Rosário Santos Barros	Juventude Vidigalense	Veterana F45	05:20:08	+01:31:59	12:48
10	739	Maria da Luz Olivença	UNRUNNERS	Veterana F45	05:25:58	+01:37:49	13:02
11	558	Fernanda Pinho	Moreira Relax Runners	Veterana F45	05:29:22	+01:41:13	13:10
12	250	ANA PAULA MONTEIRO DA COSTA	Individual	Veterana F45	05:31:23	+01:43:14	13:15

Trail Longo 25K

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

R REVISED

Veterana F50

1	708	Cidália Maria Furtado da Costa Martins	Tough Trails Alenquer	Veterana F50	03:33:52		08:33
2	529	Albertina Silva	Juventude Vidigalense	Veterana F50	04:28:37	+54:45	10:45
3	410	maria pires	Individual	Veterana F50	04:53:34	+01:19:42	11:45
4	647	Almerinda Velez	Os Trinca-Espinhas TR	Veterana F50	05:17:28	+01:43:36	12:42
5	193	Adelaide Vigário	Factor X	Veterana F50	05:17:51	+01:43:59	12:43

Veterano M40

1	615	Armandino Taborda	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Veterano M40	02:17:36		05:30
2	566	Dinis Henrique Ferreira Guerra Gonçalves	MULTIPOWER | GAIA TRAIL	Veterano M40	02:32:09	+14:33	06:05
3	575	Luis Miguel Marques Gil	MULTIPOWER | GAIA TRAIL	Veterano M40	02:45:23	+27:47	06:37
4	102	Luís António da Rocha Magalhães	Clube Naútico de Ponte de Lima	Veterano M40	03:00:52	+43:16	07:14
5	42	Pedro Simões	ARSM - Associação Recreativa de S. Miguel	Veterano M40	03:07:21	+49:45	07:30
6	123	Marco Vieira	Clube Zupper	Veterano M40	03:10:21	+52:45	07:37
7	220	LUIS PINHO	Ginasio Fit4Fun	Veterano M40	03:14:59	+57:23	07:48
8	740	JOSÉ MANUEL RODRIGO NUNES	USGUNAS	Veterano M40	03:18:07	+01:00:31	07:55
9	604	Arnaldo Filipe Dias	O Mundo da Corrida	Veterano M40	03:18:12	+01:00:36	07:56
10	658	Manuel Quelhas	PAREDES AVENTURA	Veterano M40	03:18:40	+01:01:04	07:57
11	98	António josé costa brito ferreira	Clube Naútico de Ponte de Lima	Veterano M40	03:23:30	+01:05:54	08:08
12	156	Viriato Dias	CTAD TRILHOS DE CINFÃES	Veterano M40	03:24:05	+01:06:29	08:10
13	406	Marco Alexandre Sousa Rosa	Individual	Veterano M40	03:26:28	+01:08:52	08:16
14	420	Nelson Santos	Individual	Veterano M40	03:27:09	+01:09:33	08:17
15	380	José Rosête Regueiras	Individual	Veterano M40	03:27:34	+01:09:58	08:18
16	679	Luciano Correia	PROAVENTURAS	Veterano M40	03:27:37	+01:10:01	08:18
17	571	Francisco José Carneiro Oliveira	MULTIPOWER | GAIA TRAIL	Veterano M40	03:28:11	+01:10:35	08:20
18	677	José Gonçalves	PROAVENTURAS	Veterano M40	03:30:01	+01:12:25	08:24
19	359	Jorge Anjos	Individual	Veterano M40	03:31:52	+01:14:16	08:28
20	392	Luis Miguel Alves Monteiro	GDLU - Grupo Desportivo Limpeza Urbana CMP	Veterano M40	03:32:10	+01:14:34	08:29
21	171	Manuel da Silva Garcêz Soares	EDV - Viana Trail	Veterano M40	03:34:06	+01:16:30	08:34
22	158	André Castro	Desnível Positivo	Veterano M40	03:34:56	+01:17:20	08:36
23	84	Miguel Pereira	CCDTC.M.GONDOMAR	Veterano M40	03:38:56	+01:21:20	08:45
24	68	João Pedro Carvalhal	BUDEGUITA RUNNERS	Veterano M40	03:39:34	+01:21:58	08:47
25	720	José Rodrigues	Trocopasso Runners	Veterano M40	03:43:07	+01:25:31	08:55
26	452	Pedro Barbosa	Individual	Veterano M40	03:44:43	+01:27:07	08:59
27	267	António Martins	Individual	Veterano M40	03:45:22	+01:27:46	09:01
28	321	Francisco Pinheiro	Individual	Veterano M40	03:49:00	+01:31:24	09:10
29	423	Nuno Guilherme Pinto Fontelonga	Individual	Veterano M40	03:49:31	+01:31:55	09:11
30	531	David Santos	Juventude Vidigalense	Veterano M40	03:53:00	+01:35:24	09:19
31	464	Pedro Teixeira	Individual	Veterano M40	03:54:26	+01:36:50	09:23
32	667	Óscar Mendes	PIPO	Veterano M40	03:55:11	+01:37:35	09:24
33	366	josé alberto mendes	Individual	Veterano M40	03:59:13	+01:41:37	09:34

Trail Longo 25K

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

34	602	Nelson Domingues	Nunca mais team	Veterano M40	04:03:25	+01:45:49	09:44
35	196	Nuno Costa	GDLU - Grupo Desportivo Limpeza Urbana CMP	Veterano M40	04:05:15	+01:47:39	09:49
36	197	RUI PINTO	GDLU - Grupo Desportivo Limpeza Urbana CMP	Veterano M40	04:05:15	+01:47:39	09:49
37	24	Armando Ribeiro	Amigo	Veterano M40	04:08:33	+01:50:57	09:57
38	71	Paulo Lagoa	BUDEGUITA RUNNERS	Veterano M40	04:11:34	+01:53:58	10:04
39	73	Tiago Almeida	BUDEGUITA RUNNERS	Veterano M40	04:11:34	+01:53:58	10:04
40	115	RUI RODRIGUES	CLUBE NOVO BANCO - DELEGAÇÃO DO NORTE	Veterano M40	04:12:55	+01:55:19	10:07
41	440	Paulo Jorge da Silva Seabra	Individual	Veterano M40	04:14:43	+01:57:07	10:11
42	215	IVO ALMEIDA	Ginasio Fit4Fun	Veterano M40	04:15:08	+01:57:32	10:12
43	400	Manuel Gil	Individual	Veterano M40	04:17:08	+01:59:32	10:17
44	281	CARLOS DIAS	Individual	Veterano M40	04:17:25	+01:59:49	10:18
45	687	Carlos Martins Silva	S. S. Montepio	Veterano M40	04:22:12	+02:04:36	10:29
46	437	Paulo Correia Alves	Individual	Veterano M40	04:25:17	+02:07:41	10:37
47	118	Fernando Carneiro	Clube Zupper	Veterano M40	04:25:29	+02:07:53	10:37
48	173	António Filipe da Silva Garcia	Eléctrico Futebol Clube	Veterano M40	04:26:04	+02:08:28	10:39
49	362	Jorge Filipe Pereira Fernandes	Individual	Veterano M40	04:28:37	+02:11:01	10:45
50	31	Porfirio Pereira	Aqui Vamos Nós!	Veterano M40	04:30:21	+02:12:45	10:49
51	331	Henrique Marques	Individual	Veterano M40	04:34:19	+02:16:43	10:58
52	559	Helder Silva	Moreira Relax Runners	Veterano M40	04:34:41	+02:17:05	10:59
53	513	Wilson Fonseca	Individual	Veterano M40	04:37:41	+02:20:05	11:06
54	547	Carlos Manuel Barbosa Queirós	LEONE RUNNERS	Veterano M40	04:39:54	+02:22:18	11:12
55	121	Rui Felgueiras	Clube Zupper	Veterano M40	04:39:55	+02:22:19	11:12
56	308	FERNANDO GARCIA	Individual	Veterano M40	04:40:08	+02:22:32	11:12
57	692	João Nuno Cardoso	S. S. Montepio	Veterano M40	04:44:38	+02:27:02	11:23
58	759	José Pedro Pinto Silva	Individual	Veterano M40	04:47:31	+02:29:55	11:30
59	460	Pedro Miguel Rodrigues Gavina	Individual	Veterano M40	04:47:47	+02:30:11	11:31
60	367	José barbosa	Individual	Veterano M40	04:58:30	+02:40:54	11:56
61	465	Pedro Vidal	Individual	Veterano M40	04:58:53	+02:41:17	11:57
62	468	Renato Garrido	Individual	Veterano M40	04:58:54	+02:41:18	11:57
63	416	Miguel Catarino	Individual	Veterano M40	05:07:42	+02:50:06	12:18
64	75	Vitor Freitas Duarte	BUDEGUITA RUNNERS	Veterano M40	05:13:35	+02:55:59	12:33
65	638	João Couto	Os Finos	Veterano M40	05:14:38	+02:57:02	12:35
66	117	António Silva	Clube Zupper	Veterano M40	05:15:44	+02:58:08	12:38
67	428	PASCOAL MOLEIRO	Individual	Veterano M40	05:17:44	+03:00:08	12:43
68	198	Rui Ribeiro	GDLU - Grupo Desportivo Limpeza Urbana CMP	Veterano M40	05:19:26	+03:01:50	12:47
69	85	Pedro Miguel Meleiro Gonçalves Ribeiro	Chegamos ao fim	Veterano M40	05:25:54	+03:08:18	13:02
70	136	ANTÓNIO MORAIS	Confraria Trotamontes	Veterano M40	05:27:04	+03:09:28	13:05
71	433	Paulo Alexandre Cristóvão Próspero	Individual	Veterano M40	05:27:58	+03:10:22	13:07
72	636	Fernando Miguel Pereira	Os Finos	Veterano M40	05:40:50	+03:23:14	13:38
73	642	Luis Schumacher	Os Finos	Veterano M40	06:23:19	+04:05:43	15:20
74	634	António Franco	Os Finos	Veterano M40	06:27:23	+04:09:47	15:30

Trail Longo 25K

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

R REVISED

Veterano M45

1	191	Paulo Pinto	Espinho Runners	Veterano M45	02:35:06		06:12
2	767	António Martins	Individual	Veterano M45	02:42:22	+07:16	06:30
3	33	Carlos Manuel Simões	ARSM - Associação Recreativa de S. Miguel	Veterano M45	02:42:41	+07:35	06:30
4	37	José Guilherme Féteira	ARSM - Associação Recreativa de S. Miguel	Veterano M45	02:58:21	+23:15	07:08
5	573	Joaquim Machado Oliveira da Silva Pereira	MULTIPOWER | GAIA TRAIL	Veterano M45	03:01:56	+26:50	07:17
6	36	Horácio Ferreira	ARSM - Associação Recreativa de S. Miguel	Veterano M45	03:04:03	+28:57	07:22
7	617	Carlos Silva	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Veterano M45	03:07:07	+32:01	07:29
8	39	José Manuel Simões	ARSM - Associação Recreativa de S. Miguel	Veterano M45	03:14:45	+39:39	07:47
9	69	Jorge Maia	BUDEGUITA RUNNERS	Veterano M45	03:19:38	+44:32	07:59
10	414	MARTINHO COSTA	Individual	Veterano M45	03:20:31	+45:25	08:01
11	300	Dionisio Sousa	Individual	Veterano M45	03:20:32	+45:26	08:01
12	190	Paulo Oliveira	Espinho Runners	Veterano M45	03:23:38	+48:32	08:09
13	596	Jose Lopes	Not Run Alone	Veterano M45	03:31:07	+56:01	08:27
14	112	PAULO SANTOS	CLUBE NOVO BANCO - DELEGAÇÃO DO NORTE	Veterano M45	03:32:20	+57:14	08:30
15	53	António Manuel Fraga Miranda	ATR - Algarve Trail Running	Veterano M45	03:35:48	+01:00:42	08:38
16	510	vitor coelho	Individual	Veterano M45	03:37:18	+01:02:12	08:42
17	147	José Carlos Dias	CTAD TRILHOS DE CINFÃES	Veterano M45	03:39:09	+01:04:03	08:46
18	80	Adelino Silva	CCD-Siemens	Veterano M45	03:41:09	+01:06:03	08:51
19	385	Lieven Verraest	Individual	Veterano M45	03:42:22	+01:07:16	08:54
20	144	Eduardo Paulo Pinto Teixeira	CTAD TRILHOS DE CINFÃES	Veterano M45	03:47:36	+01:12:30	09:06
21	435	PAULO BRÁS	Individual	Veterano M45	03:49:52	+01:14:46	09:12
22	448	Paulo Neves	Individual	Veterano M45	03:49:53	+01:14:47	09:12
23	175	João Fernando Rana Paio	Eléctrico Futebol Clube	Veterano M45	03:52:20	+01:17:14	09:18
24	655	Pedro Guimaraes	P&J Team	Veterano M45	03:54:02	+01:18:56	09:22
25	668	Rui Madeira	PIPO	Veterano M45	03:55:21	+01:20:15	09:25
26	518	Sergio Anunciação	Inquipa	Veterano M45	03:56:54	+01:21:48	09:29
27	138	Paulo Pelicano	Corridas De Pernas Pro Ar	Veterano M45	04:01:32	+01:26:26	09:40
28	135	Paulo Correia Silva	Confraria Trotamontes	Veterano M45	04:05:35	+01:30:29	09:49
29	685	Sérgio Casal	PROAVENTURAS	Veterano M45	04:10:14	+01:35:08	10:01
30	320	Francisco Nogueira	Individual	Veterano M45	04:10:47	+01:35:41	10:02
31	434	Paulo Azevedo	Individual	Veterano M45	04:13:48	+01:38:42	10:09
32	269	António Pais	Individual	Veterano M45	04:17:07	+01:42:01	10:17
33	702	Francisco Fonseca	Solmaia Runners	Veterano M45	04:25:55	+01:50:49	10:38
34	230	Fernando Pereira	GONDOMAR FUTSAL CLUBE	Veterano M45	04:26:56	+01:51:50	10:41
35	412	Mário Sequeira	Individual	Veterano M45	04:30:27	+01:55:21	10:49
36	475	Ricardo Neves	Individual	Veterano M45	04:33:27	+01:58:21	10:56
37	721	Luis Leça	Trocopasso Runners	Veterano M45	04:37:10	+02:02:04	11:05
38	639	José Luis Marques	Os Finos	Veterano M45	04:43:19	+02:08:13	11:20
39	397	Manuel António Correia Magalhães	Individual	Veterano M45	04:48:10	+02:13:04	11:32

Trail Longo 25K

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

40	507	Vasco Figueiredo	Individual	Veterano M45	04:53:19	+02:18:13	11:44
41	309	Fernando João Rodrigues Moreira Alves	Individual	Veterano M45	05:01:32	+02:26:26	12:04
42	441	Paulo Jorge de Carvalho Macedo	Individual	Veterano M45	05:06:18	+02:31:12	12:15
43	87	Victor Ventura	Chegamos ao fim	Veterano M45	05:25:53	+02:50:47	13:02
44	561	Ricardo Beirão	Moreira Relax Runners	Veterano M45	05:29:29	+02:54:23	13:11
45	311	Fernando Monteiro	Individual	Veterano M45	05:29:29	+02:54:23	13:11
46	439	Paulo Gama	Individual	Veterano M45	05:38:36	+03:03:30	13:33

Veterano M50

1	234	Belmiro Ferreira	Grupo Desportivo Leões da Guarda Sport Clube	Veterano M50	02:37:51		06:19
2	201	Fernando Noronha	Ginásio Factor X	Veterano M50	02:54:15	+16:24	06:58
3	298	David Tavares	Individual	Veterano M50	02:55:47	+17:56	07:02
4	549	ARETINO VIEIRA MOTA	Linda a Pastora Sporting clube	Veterano M50	02:58:40	+20:49	07:09
5	90	Joaquim Manuel Correia Martins	Clube de Atletismo Odimarq	Veterano M50	03:14:18	+36:27	07:46
6	83	Américo Pinto	CCDTC.M.GONDOMAR	Veterano M50	03:24:17	+46:26	08:10
7	245	alipio lopes	Individual	Veterano M50	03:34:08	+56:17	08:34
8	511	Vitor Manuel Barbosa Moreira	Individual	Veterano M50	03:41:11	+01:03:20	08:51
9	237	paulo rodrigues	GRUPO DESPORTIVO LEOES DO VENEZA	Veterano M50	03:54:19	+01:16:28	09:22
10	715	José Ribeiro	TRILHando	Veterano M50	03:58:40	+01:20:49	09:33
11	669	ALCINDO PEREIRA	PORTOCARGO	Veterano M50	04:01:33	+01:23:42	09:40
12	526	carlos tadea	I-Run	Veterano M50	04:08:24	+01:30:33	09:56
13	569	Fernando Manuel Gonçalves Nunes	MULTIPOWER | GAIA TRAIL	Veterano M50	04:12:35	+01:34:44	10:06
14	23	Augusto José Candoso Tavares	Alive Runners	Veterano M50	04:24:47	+01:46:56	10:35
15	243	Alexandre Manuel Viegas Maniés	Individual	Veterano M50	04:32:48	+01:54:57	10:55
16	411	MARIO RUI LEITE COSTA	Individual	Veterano M50	04:34:41	+01:56:50	10:59
17	584	CARLOS MANUEL MACHADO DE MATOS	NAST-NUCLEO ASSOCIATIVO SANTO TIRSO	Veterano M50	04:40:05	+02:02:14	11:12
18	312	Fernando Pereira M Oliveira	Individual	Veterano M50	04:40:35	+02:02:44	11:13
19	709	José António de Barros Martins	Tough Trails Alenquer	Veterano M50	04:41:40	+02:03:49	11:16
20	627	EMIDIO PONTES	os amigos de s.pedro da cova	Veterano M50	05:19:28	+02:41:37	12:47
21	741	António Fonseca	Vassouras	Veterano M50	06:27:28	+03:49:37	15:30

Veterano M55

1	271	Arsénio Fernandes	Individual	Veterano M55	03:02:26		07:18
2	768	Antonio Rocha	GONDOMAR FUTSAL CLUBE	Veterano M55	03:19:04	+16:38	07:58
3	235	Carlos Frias	Grupo Desportivo Leões da Guarda Sport Clube	Veterano M55	03:19:24	+16:58	07:59
4	548	Almiro Henriques Feijão	Linda a Pastora Sporting clube	Veterano M55	03:22:07	+19:41	08:05
5	88	António Teixeira	Clínica Dentária-Dr.Rui Couto e Dra Sofia Alves	Veterano M55	03:36:02	+33:36	08:38
6	178	Orlando Duarte	EM'Força Corremos Com a Esclerose Múltipla	Veterano M55	03:54:16	+51:50	09:22
7	186	Luís António Pinto Pereira	Escaravelhos Team	Veterano M55	03:59:45	+57:19	09:35

Trail Longo 25K

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R
REVISED

8	129	Carlos Monteiro	COC - Clube de Orientação do Centro	Veterano M55	04:17:25	+01:14:59	10:18
9	2	Antonio Souto	Aguas de Valongo	Veterano M55	04:27:13	+01:24:47	10:41
10	521	António Pereira	Invicta Runners Team	Veterano M55	04:34:56	+01:32:30	11:00
11	192	Manuel Cunha Lima	experienciar	Veterano M55	04:41:55	+01:39:29	11:17
12	375	José Manuel Pinto Nogueira	Individual	Veterano M55	04:50:10	+01:47:44	11:36
13	92	Serafim Ramos	Clube do Pessoal EDP - Porto	Veterano M55	04:50:28	+01:48:02	11:37
14	712	Mário Soares	TOUQUENEMPOSSO	Veterano M55	04:53:35	+01:51:09	11:45

Veterano M60

1	236	Leopoldo Fernandes	Grupo Desportivo Leões da Guarda Sport Clube	Veterano M60	03:45:31		09:01
2	242	Agostinho Sousa	Individual	Veterano M60	04:05:34	+20:03	09:49
3	650	Lino Moreira	Os TurboMula D.O.C.	Veterano M60	04:11:10	+25:39	10:03
4	629	josé moura de sousa	OS BARRIGUITAS	Veterano M60	04:24:43	+39:12	10:35
5	653	Domingos Fernandes	osamigosdoatletismo@gmail.com	Veterano M60	04:32:25	+46:54	10:54
6	398	Manuel Faria Sampaio	Individual	Veterano M60	04:34:19	+48:48	10:58
7	628	SERAFIM FONSECA	os amigos de s.pedro da cova	Veterano M60	04:56:54	+01:11:23	11:53

Trail dos 4 Caminhos

Alfena

07-junho-2015

TRAIL CURTO 13K - STAGE 1

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

R
REVISED

	Time	Temperature	Humidity
Start	10:00	28,8ºC	43,6%
End	14:33	35,5ºC	28,9%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1150	Adelino Martins da Silva	retorta	Senior Masculino	01:11:51		05:32
2	1628	André Nogueira	uf08 runners	Senior Masculino	01:15:33	+03:42	05:49
3	1664	José Inácio	experienciar	Senior Masculino	01:16:45	+04:54	05:54
4	1497	Carlos Rodrigues	multipower | gaia trail	Senior Masculino	01:19:44	+07:53	06:08
5	1513	Joel Silva	oralklass-aliança-amigos do trail	Senior Masculino	01:19:51	+08:00	06:09
6	1475	André Fraga	locomotiva de paranhos	Senior Masculino	01:22:37	+10:46	06:21
7	1003	Maria Areias	oralklass-aliança-amigos do trail	Senior Feminino	01:22:55	+11:04	06:23
8	1007	José Castro	airórun	Senior Masculino	01:23:41	+11:50	06:26
9	1500	João Maria Albuquerque Trigueiros Rodrigues Alves	multipower | gaia trail	Senior Masculino	01:24:19	+12:28	06:29
10	1086	Nuno Ribeiro	clube zupper	Senior Masculino	01:24:59	+13:08	06:32
11	1041	JORGE FILIPE NETO MOREIRA	box ideal running team	Senior Masculino	01:25:36	+13:45	06:35
12	1635	Paulo Machado	uf08 runners	Senior Masculino	01:26:01	+14:10	06:37
13	1303	Laurindo Osório	individual	Senior Masculino	01:26:26	+14:35	06:39
14	1014	Emerson Thomé	alive runners	Senior Masculino	01:27:11	+15:20	06:42
15	1080	José Oliveira	clube pessoal aguas gaia	Senior Masculino	01:27:12	+15:21	06:42
16	1514	Jose Neto	oralklass-aliança-amigos do trail	Senior Masculino	01:27:15	+15:24	06:43
17	1590	Diogo Amaral	sprintolos	Senior Masculino	01:27:34	+15:43	06:44
18	1632	JOSÉ COELHO	uf08 runners	Senior Masculino	01:29:12	+17:21	06:52
19	1631	Francisco Ferreira	uf08 runners	Senior Masculino	01:29:13	+17:22	06:52
20	1107	Adão José Teixeira Barbosa Regadas	foge foge bandido	Senior Masculino	01:30:22	+18:31	06:57
21	1447	Tiago silva	individual	Senior Masculino	01:31:16	+19:25	07:01
22	1543	Artur Bernot	r3b5	Senior Masculino	01:31:51	+20:00	07:04
23	1019	Miguel Martins	alive runners	Senior Masculino	01:32:02	+20:11	07:05
24	1503	Pedro Pinto	multipower | gaia trail	Senior Masculino	01:32:34	+20:43	07:07
25	1569	Marco santos	siga	Senior Masculino	01:33:06	+21:15	07:10
26	1091	Joaquim Coelho	ei team trail	Senior Masculino	01:33:18	+21:27	07:11
27	1517	Orlando Nogueira	oralklass-aliança-amigos do trail	Senior Masculino	01:34:18	+22:27	07:15
28	1501	Manuel Silva	multipower | gaia trail	Senior Masculino	01:34:18	+22:27	07:15
29	1305	leandro marco roxo Pacheco	individual	Senior Masculino	01:34:32	+22:41	07:16
30	1083	André Sousa	clube zupper	Senior Masculino	01:34:36	+22:45	07:17
31	619	Jose Neves	oralklass-aliança-amigos do trail	Senior Masculino	01:34:38	+22:47	07:17
32	1346	maria rosário silva martins	individual	Senior Feminino	01:34:57	+23:06	07:18
33	1593	Paulo Figueiredo	sprintolos	Senior Masculino	01:35:03	+23:12	07:19
34	1016	Helder Filipe da Silva Martins	alive runners	Senior Masculino	01:35:11	+23:20	07:19
35	1009	luis mota	airórun	Senior Masculino	01:35:54	+24:03	07:23
36	1662	Armando Rosa	individual	Senior Masculino	01:37:11	+25:20	07:29
37	1008	jose pereira	airórun	Senior Masculino	01:37:18	+25:27	07:29
38	16	PAULO JORGE SILVA FREITAS	adrulsm	Senior Masculino	01:37:30	+25:39	07:30
39	1506	Pedro Machado	not run alone	Senior Masculino	01:37:40	+25:49	07:31
40	1085	Nuno Cunha	clube zupper	Senior Masculino	01:37:44	+25:53	07:31

TRAIL CURTO 13K - STAGE 1

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	1518	Rita Loureiro	oralklass-aliança-amigos do trail	Senior Feminino	01:37:59	+26:08	07:32
42	1476	Sérgio Santos	locomotiva de paranhos	Senior Masculino	01:38:45	+26:54	07:36
43	1502	Miguel Furtado	multipower | gaia trail	Senior Masculino	01:38:57	+27:06	07:37
44	1366	Nelson Noval	individual	Senior Masculino	01:39:44	+27:53	07:40
45	1304	Leandro Ferreira (MALAKATA)	individual	Senior Masculino	01:40:57	+29:06	07:46
46	1017	Hugo Monteiro	alive runners	Senior Masculino	01:41:43	+29:52	07:49
47	1526	Pedro Figueiredo	"os turbo mula" d.o.c.	Senior Masculino	01:42:09	+30:18	07:51
48	1626	Bruno Almeida	u.porto	Senior Masculino	01:42:40	+30:49	07:54
49	1006	José Araujo	airórun	Senior Masculino	01:43:03	+31:12	07:56
50	1485	António Pinto	mocidade sangemil ac	Senior Masculino	01:43:11	+31:20	07:56
51	1018	Luis Miguel Fernandes	alive runners	Senior Masculino	01:43:25	+31:34	07:57
52	1498	Francisco Marinho Araujo dos Santos	multipower | gaia trail	Senior Masculino	01:43:33	+31:42	07:58
53	1078	Avelino Sousa	clube pessoal aguas gaia	Senior Masculino	01:44:08	+32:17	08:01
54	1657	Ivo Silva	adefacec	Senior Masculino	01:45:07	+33:16	08:05
55	1155	Alberto Monteiro	individual	Senior Masculino	01:45:55	+34:04	08:09
56	1209	Carlos Lopes	individual	Senior Masculino	01:45:55	+34:04	08:09
57	1081	Manuel Resende	clube pessoal aguas gaia	Senior Masculino	01:46:00	+34:09	08:09
58	1509	David Morais	oralklass-aliança-amigos do trail	Senior Masculino	01:46:00	+34:09	08:09
59	1243	Filipe Duarte	individual	Senior Masculino	01:46:24	+34:33	08:11
60	1592	Márcio Oliveira	sprintolos	Senior Masculino	01:46:43	+34:52	08:13
61	1322	Manuel Silva	individual	Senior Masculino	01:46:47	+34:56	08:13
62	1061	Antonio Fidalgo	casa das bifanas	Senior Masculino	01:47:03	+35:12	08:14
63	1490	Miguel Oliveira	mocidade sangemil ac	Senior Masculino	01:47:05	+35:14	08:14
64	1040	CARLOS MANUEL FERREIRA MARTINS	box ideal running team	Senior Masculino	01:47:12	+35:21	08:15
65	1369	Nuno Filipe Carvalho	individual	Senior Masculino	01:47:38	+35:47	08:17
66	1616	Rui Pedro Gonçalves Borges	trailistas "eu é que sei"	Senior Masculino	01:47:46	+35:55	08:17
67	1637	TIAGO COELHO	uf08 runners	Senior Masculino	01:47:46	+35:55	08:17
68	1188	Aurora Merlene Candida da Silva	individual	Senior Feminino	01:47:53	+36:02	08:18
69	1005	deolinda faria	airórun	Senior Feminino	01:48:09	+36:18	08:19
70	1423	RUI MANUEL FERREIRA DE MIRANDA	individual	Senior Masculino	01:48:15	+36:24	08:20
71	1537	Agostinho Torres	pernetas	Senior Masculino	01:48:20	+36:29	08:20
72	1079	Jorge Santos	clube pessoal aguas gaia	Senior Masculino	01:48:28	+36:37	08:21
73	1298	José Rocha	individual	Senior Masculino	01:48:28	+36:37	08:21
74	1286	Jorge Vitoria	individual	Senior Masculino	01:48:29	+36:38	08:21
75	1187	Artur Miranda	individual	Senior Masculino	01:48:31	+36:40	08:21
76	1288	Jose Antonio Dias Duarte	individual	Senior Masculino	01:49:12	+37:21	08:24
77	1087	Pedro Cancelo	clube zupper	Senior Masculino	01:49:49	+37:58	08:27
78	1469	Alvaro Abreu	k1 raio	Senior Masculino	01:49:59	+38:08	08:28
79	1430	Sandra Miranda	individual	Senior Feminino	01:50:06	+38:15	08:28
80	1059	José Carlos Cunha	byl - beat your limit	Senior Masculino	01:51:16	+39:25	08:34
81	1026	Pedro Silva	amigos do sofá	Senior Masculino	01:51:20	+39:29	08:34
82	1402	Pedro Sousa	individual	Senior Masculino	01:51:35	+39:44	08:35
83	1578	João Morais	solmaia runners	Senior Masculino	01:51:38	+39:47	08:35
84	1542	JOSÉ RODRIGUES	prestígio	Senior Masculino	01:51:47	+39:56	08:36

TRAIL CURTO 13K - STAGE 1

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
85	1400	Pedro Policiano	individual	Senior Masculino	01:52:12	+40:21	08:38
86	1206	Carlos Daniel Bessa	individual	Senior Masculino	01:52:20	+40:29	08:38
87	1372	Nuno Mendes	multipower | gaia trail	Senior Masculino	01:52:23	+40:32	08:39
88	1515	José Paulo	oralklass-aliança-amigos do trail	Senior Masculino	01:53:05	+41:14	08:42
89	1510	Fernando Santos	oralklass-aliança-amigos do trail	Senior Masculino	01:53:06	+41:15	08:42
90	1508	Andreia Barbosa	oralklass-aliança-amigos do trail	Senior Feminino	01:53:06	+41:15	08:42
91	1419	Rui Fernando Rosas Oliveira	individual	Senior Masculino	01:53:18	+41:27	08:43
92	1566	Joao Martins	shots international runners	Senior Masculino	01:53:19	+41:28	08:43
93	1425	Rui Moreira	individual	Senior Masculino	01:53:21	+41:30	08:43
94	517	Maria Oliveira	inquipa	Senior Feminino	01:53:33	+41:42	08:44
95	1548	Ernesto Lareth	s. s. montepio	Senior Masculino	01:54:04	+42:13	08:46
96	1554	Olga Neto	s. s. montepio	Senior Feminino	01:54:05	+42:14	08:47
97	1142	Vitor Ribeiro	gondomar futsal clube	Senior Masculino	01:54:06	+42:15	08:47
98	1411	Ricardo Ramalho	individual	Senior Masculino	01:54:33	+42:42	08:49
99	1097	Marco Aurélio da Costa Veludo Pires	escaravelhos team	Senior Masculino	01:54:43	+42:52	08:49
100	1238	Eurico Fernando Portela Mendes	individual	Senior Masculino	01:54:58	+43:07	08:51
101	1052	Mario Gouveia	budeguita runners	Senior Masculino	01:55:16	+43:25	08:52
102	1056	Sergio Lagoa	budeguita runners	Senior Masculino	01:55:28	+43:37	08:53
103	1020	Nelson Carneiro	alive runners	Senior Masculino	01:55:32	+43:41	08:53
104	1289	JOSÉ AZEVEDO CARVALHO	individual	Senior Masculino	01:56:39	+44:48	08:58
105	1256	Homero Araujo	individual	Senior Masculino	01:56:51	+45:00	08:59
106	1082	Sérgio Castro	clube pessoal aguas gaia	Senior Masculino	01:57:21	+45:30	09:02
107	1544	Diamantino Rito	r3b5	Senior Masculino	01:57:43	+45:52	09:03
108	1642	SÉRGIO PAULO MACHADO SILVA	usgunas	Senior Masculino	01:57:43	+45:52	09:03
109	1311	Luís Augusto Paulo Pinheiro	individual	Senior Masculino	01:57:57	+46:06	09:04
110	1176	André queirós	individual	Senior Masculino	01:59:23	+47:32	09:11
111	1321	Manuel Fernando Máximo Pereira	individual	Senior Masculino	01:59:24	+47:33	09:11
112	1279	Joaquim Torres	individual	Senior Masculino	01:59:24	+47:33	09:11
113	1233	Eduardo Esteves	individual	Senior Masculino	01:59:25	+47:34	09:11
114	1299	José Rui Santos	individual	Senior Masculino	01:59:28	+47:37	09:11
115	1314	luis sousa	individual	Senior Masculino	01:59:28	+47:37	09:11
116	1557	Renato Costa	s. s. montepio	Senior Masculino	01:59:31	+47:40	09:12
117	1406	Ricardo Arruda	individual	Senior Masculino	01:59:51	+48:00	09:13
118	1192	Benigno Alberto Azevedo	individual	Senior Masculino	01:59:52	+48:01	09:13
119	1038	Andre Sousa	bluecloud team	Senior Masculino	01:59:53	+48:02	09:13
120	1410	Ricardo Neves	individual	Senior Masculino	02:00:14	+48:23	09:15
121	1144	Sandra Almendra Lima	grupo desportivo santander totta	Senior Feminino	02:00:16	+48:25	09:15
122	1229	Diana Martins	individual	Senior Feminino	02:00:16	+48:25	09:15
123	1426	Rui Vicente de Andrade Mendes	individual	Senior Masculino	02:00:36	+48:45	09:17
124	1494	Silvio Ferreira	mocidade sangemil ac	Senior Masculino	02:00:39	+48:48	09:17
125	1084	marisa pereira	clube zupper	Senior Feminino	02:00:39	+48:48	09:17
126	1511	Francisco Bogalho	oralklass-aliança-amigos do trail	Senior Masculino	02:01:06	+49:15	09:19
127	1240	fernando manuel dinis ferreira serôdio portela - FERNANDO DINIS	individual	Senior Masculino	02:02:04	+50:13	09:23

TRAIL CURTO 13K - STAGE 1

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
128	1044	Bruno Patrocinio Ferreira	budeguita runners	Senior Masculino	02:02:05	+50:14	09:23
129	1484	Pedro Duarte	melres trail running	Senior Masculino	02:02:29	+50:38	09:25
130	1075	PAULO CERQUEIRA	clube novo banco - delegação do norte	Senior Masculino	02:02:49	+50:58	09:27
131	1277	Joaquim Bento Alves Teixeira	individual	Senior Masculino	02:02:51	+51:00	09:27
132	1010	António Fangueiro	alive runners	Senior Masculino	02:02:57	+51:06	09:27
133	1388	Paulo Oliveira	individual	Senior Masculino	02:03:03	+51:12	09:28
134	1556	Pedro Miguel Alves Soares	s. s. montepio	Senior Masculino	02:03:08	+51:17	09:28
135	1320	MANUEL DIOGENES BARROS	individual	Senior Masculino	02:03:08	+51:17	09:28
136	1665	Joana Pinheiro	experienciar	Senior Feminino	02:03:09	+51:18	09:28
137	268	António Mota	individual	Senior Masculino	02:03:14	+51:23	09:29
138	1272	João Martins	individual	Senior Masculino	02:03:23	+51:32	09:29
139	1207	Carlos Figueiredo	individual	Senior Masculino	02:03:28	+51:37	09:30
140	1012	Diogo Tavares	alive runners	Senior Masculino	02:03:51	+52:00	09:32
141	1333	Marcos Santos	individual	Senior Masculino	02:03:56	+52:05	09:32
142	343	JOANA RODRIGUES SOUSA	individual	Senior Feminino	02:04:09	+52:18	09:33
143	1387	Paulo Martins	individual	Senior Masculino	02:04:47	+52:56	09:36
144	1432	Sandra Pereira de Sousa	individual	Senior Feminino	02:04:47	+52:56	09:36
145	1436	Sílvia Cunha	individual	Senior Feminino	02:04:47	+52:56	09:36
146	1588	Vitor Zenha	solmaia runners	Senior Masculino	02:04:55	+53:04	09:37
147	1302	Lá-Salete Pinto	individual	Senior Feminino	02:05:02	+53:11	09:37
148	1389	Pedro Alves	individual	Senior Masculino	02:05:16	+53:25	09:38
149	1205	Carlos Araújo	individual	Senior Masculino	02:05:25	+53:34	09:39
150	1022	António Moreira	amigos do sofá	Senior Masculino	02:05:31	+53:40	09:39
151	1418	Rui Carvalho	individual	Senior Masculino	02:05:40	+53:49	09:40
152	1030	João Barbosa Pereira	banda musical de lagares - sports	Senior Masculino	02:05:52	+54:01	09:41
153	12	Mario Jorge Abreu Goios Ferreira	adefacec	Senior Masculino	02:05:54	+54:03	09:41
154	494	Séverine Boiteau	individual	Senior Feminino	02:06:26	+54:35	09:44
155	1443	Susana Luís	individual	Senior Feminino	02:06:36	+54:45	09:44
156	1110	Tiago Daniel Bessa Ribeiro	foge foge bandido	Senior Masculino	02:06:43	+54:52	09:45
157	1489	Mário Vinhas	mocidade sangemil ac	Senior Masculino	02:06:45	+54:54	09:45
158	1074	MIGUEL RIBEIRO	clube novo banco - delegação do norte	Senior Masculino	02:07:03	+55:12	09:46
159	1072	HUGO MESQUITA	clube novo banco - delegação do norte	Senior Masculino	02:07:03	+55:12	09:46
160	1504	Sofia Patricia Oliveira Gonçalves	multipower | gaia trail	Senior Feminino	02:07:06	+55:15	09:47
161	1460	José Ferreira	inimigos do podium	Senior Masculino	02:07:15	+55:24	09:47
162	1591	Joana Alçada	sprintolos	Senior Feminino	02:07:38	+55:47	09:49
163	1068	Vitor Ribeiro	clínica do bonfim	Senior Masculino	02:07:38	+55:47	09:49
164	1046	Hendrik Wielinga	budeguita runners	Senior Masculino	02:09:19	+57:28	09:57
165	1619	DANIEL COSTA	trilha.dos runners	Senior Masculino	02:09:20	+57:29	09:57
166	1589	Cristiana Resende	sprintolos	Senior Feminino	02:09:39	+57:48	09:58
167	1241	Fernando Santos	individual	Senior Masculino	02:09:39	+57:48	09:58
168	1595	Rolando Ferreira	sprintolos	Senior Masculino	02:09:53	+58:02	09:59
169	1319	Manuel Barbosa	individual	Senior Masculino	02:10:02	+58:11	10:00
170	1106	Candido Rocha	fast ao km- prr/health&nutrition	Senior Masculino	02:10:04	+58:13	10:00
171	1413	Ricardo Wenceslau	individual	Senior Masculino	02:10:10	+58:19	10:01
172	1230	Diana Patrícia Teixeira Ribeiro	individual	Senior Feminino	02:10:10	+58:19	10:01
173	1572	Artur Cardoso	solmaia runners	Senior Masculino	02:10:26	+58:35	10:02

TRAIL CURTO 13K - STAGE 1

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
174	1242	Filipe Almeida Homem	individual	Senior Masculino	02:10:29	+58:38	10:02
175	1037	Ana Lousada	bluecloud team	Senior Feminino	02:10:33	+58:42	10:03
176	1461	fernando conceição	invicta runners team	Senior Masculino	02:10:33	+58:42	10:03
177	719	José Almeida	trocopasso runners	Senior Masculino	02:10:50	+58:59	10:04
178	1493	Ricardo Rocha	mocidade sangemil ac	Senior Masculino	02:10:53	+59:02	10:04
179	1488	Margarida Martins	mocidade sangemil ac	Senior Feminino	02:10:54	+59:03	10:04
180	1169	Ana Raquel Oliveira Lírio	individual	Senior Feminino	02:10:59	+59:08	10:05
181	1452	Verónica Almeida	individual	Senior Feminino	02:12:02	+01:00:11	10:09
182	1448	Valter Gonçalves	individual	Senior Masculino	02:12:03	+01:00:12	10:09
183	1417	Rosário Magalhães	gondomar futsal clube	Senior Feminino	02:12:07	+01:00:16	10:10
184	1160	Ana Brito	individual	Senior Feminino	02:12:25	+01:00:34	10:11
185	1577	Diana Teixeira	solmaia runners	Senior Feminino	02:13:03	+01:01:12	10:14
186	1114	Sérgio Brites	gangue das maçãs	Senior Masculino	02:13:26	+01:01:35	10:16
187	1152	Afonso Bonifácio	individual	Senior Masculino	02:13:34	+01:01:43	10:16
188	1491	Patricia Moreira	mocidade sangemil ac	Senior Feminino	02:13:42	+01:01:51	10:17
189	1193	Bruno Gomes	individual	Senior Masculino	02:13:43	+01:01:52	10:17
190	1215	Célio Cristiano Moreira Soares	individual	Senior Masculino	02:14:15	+01:02:24	10:20
191	1353	Marta Marques	individual	Senior Feminino	02:14:28	+01:02:37	10:21
192	1076	PAULO RIBEIRO	clube novo banco - delegação do norte	Senior Masculino	02:14:38	+01:02:47	10:21
193	1100	Manuel Hora	falta de treino	Senior Masculino	02:14:49	+01:02:58	10:22
194	1063	Avelino Pereira	ccdtc.m.gondomar	Senior Masculino	02:14:59	+01:03:08	10:23
195	1391	Pedro Ferreira de Almeida	individual	Senior Masculino	02:15:21	+01:03:30	10:25
196	1479	Pedro Tavares	los manos	Senior Masculino	02:15:29	+01:03:38	10:25
197	1455	Vítor Jorge Tavares Marques	individual	Senior Masculino	02:15:35	+01:03:44	10:26
198	1099	Conceição Silva	falta de treino	Senior Feminino	02:16:00	+01:04:09	10:28
199	1102	Teresa Sousa	falta de treino	Senior Feminino	02:16:00	+01:04:09	10:28
200	1249	Germano Moura	individual	Senior Masculino	02:16:15	+01:04:24	10:29
201	1148	ABILIO SOARES	individual	Senior Masculino	02:16:23	+01:04:32	10:29
202	1450	Vera Egerova Dias Leite	individual	Senior Feminino	02:16:23	+01:04:32	10:29
203	1507	Ana Cota	oralklass-aliança-amigos do trail	Senior Feminino	02:16:25	+01:04:34	10:30
204	1482	Hugo Pegas	melres trail running	Senior Masculino	02:16:26	+01:04:35	10:30
205	1174	Anabela Barata	individual	Senior Feminino	02:16:29	+01:04:38	10:30
206	1357	Michel Rolo	individual	Senior Masculino	02:16:51	+01:05:00	10:32
207	1210	Carlos Moutinho	individual	Senior Masculino	02:17:00	+01:05:09	10:32
208	1412	Ricardo Sousa	individual	Senior Masculino	02:17:00	+01:05:09	10:32
209	1374	Nuno Ricardo Almeida Truta	individual	Senior Masculino	02:17:26	+01:05:35	10:34
210	1025	Leandro Santos	amigos do sofá	Senior Masculino	02:17:39	+01:05:48	10:35
211	1221	Daniel Alexandre Mendes Lobão	individual	Senior Masculino	02:17:40	+01:05:49	10:35
212	1323	manuel vieira	individual	Senior Masculino	02:17:44	+01:05:53	10:36
213	1483	Lia Duarte	melres trail running	Senior Feminino	02:17:56	+01:06:05	10:37
214	1254	Helena Antunes	individual	Senior Feminino	02:17:59	+01:06:08	10:37
215	1415	Roberto Nogueira	individual	Senior Masculino	02:18:00	+01:06:09	10:37
216	1439	Sofia Azevedo	individual	Senior Feminino	02:18:00	+01:06:09	10:37
217	1287	José Alberto da Silva Pereira	individual	Senior Masculino	02:18:04	+01:06:13	10:37
218	1421	Rui Lopes	individual	Senior Masculino	02:18:23	+01:06:32	10:39
219	1069	Ricardo Fonseca	clínica saúde douro	Senior Masculino	02:18:49	+01:06:58	10:41

TRAIL CURTO 13K - STAGE 1

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
220	1070	Telmo Fernandes	clínica saúde douro	Senior Masculino	02:18:53	+01:07:02	10:41
221	1011	Carlos Silva	alive runners	Senior Masculino	02:19:03	+01:07:12	10:42
222	1024	José Costa	amigos do sofá	Senior Masculino	02:19:11	+01:07:20	10:42
223	1281	Jorge Miguel Rocha Esteves	individual	Senior Masculino	02:19:21	+01:07:30	10:43
224	1545	Alexandre Leite	s. s. montepio	Senior Masculino	02:19:27	+01:07:36	10:44
225	1431	sandra oliveira	individual	Senior Feminino	02:19:51	+01:08:00	10:45
226	1347	Mariana Oliveira Maia Serra	individual	Senior Feminino	02:19:52	+01:08:01	10:46
227	1199	Carla Oliveira	individual	Senior Feminino	02:19:55	+01:08:04	10:46
228	1284	Jorge Quintas Araújo	individual	Senior Masculino	02:19:56	+01:08:05	10:46
229	1159	alzira sousa	individual	Senior Feminino	02:20:21	+01:08:30	10:48
230	1297	Jose Ricardo Silva	individual	Senior Masculino	02:20:21	+01:08:30	10:48
231	1032	Luis Oliveira	banda musical de lagares - sports	Senior Masculino	02:20:33	+01:08:42	10:49
232	1553	Marcirio Silva	s. s. montepio	Senior Masculino	02:20:40	+01:08:49	10:49
233	1407	Ricardo Filipe Ferreira Pereira	individual	Senior Masculino	02:20:50	+01:08:59	10:50
234	1453	Vitor Fernando Alves da costa	individual	Senior Masculino	02:20:51	+01:09:00	10:50
235	1236	emanuel roberto santos costa	individual	Senior Masculino	02:20:58	+01:09:07	10:51
236	1335	maria adelina sousa	individual	Senior Feminino	02:20:58	+01:09:07	10:51
237	1282	jorge nogueira	individual	Senior Masculino	02:20:58	+01:09:07	10:51
238	1620	FERNANDO COSTA	trilha.dos runners	Senior Masculino	02:20:59	+01:09:08	10:51
239	1276	João Tedim	individual	Senior Masculino	02:21:00	+01:09:09	10:51
240	1404	Rafael Oliveira de Sousa	individual	Senior Masculino	02:21:01	+01:09:10	10:51
241	1363	Natália Manuela Teixeira da Silva	individual	Senior Feminino	02:21:08	+01:09:17	10:51
242	1239	Fátima Saraiva	individual	Senior Feminino	02:21:09	+01:09:18	10:51
243	1370	Nuno Guterres Nogueira	individual	Senior Masculino	02:21:16	+01:09:25	10:52
244	1350	Mário Ribeiro	individual	Senior Masculino	02:21:29	+01:09:38	10:53
245	1339	Maria Helena dos Santos Moura	individual	Senior Feminino	02:21:29	+01:09:38	10:53
246	1630	ELISABETE MAGALHÃES	uf08 runners	Senior Feminino	02:21:45	+01:09:54	10:54
247	1244	Filipe manuel moreira duarte lopes	individual	Senior Masculino	02:21:53	+01:10:02	10:55
248	1359	MIGUEL COUTO TEIXEIRA DA COSTA	individual	Senior Masculino	02:22:09	+01:10:18	10:56
249	1661	Hugo Costa	gondomar futsal clube	Senior Masculino	02:22:23	+01:10:32	10:57
250	1639	André Sousa	usgunas	Senior Masculino	02:22:34	+01:10:43	10:58
251	1459	Armando Ferreira	inimigos do podium	Senior Masculino	02:22:36	+01:10:45	10:58
252	1185	Armando Moreira	individual	Senior Masculino	02:22:38	+01:10:47	10:58
253	1194	Bruno Miguel Castro Carneiro	individual	Senior Masculino	02:22:53	+01:11:02	10:59
254	1283	Jorge Oliveira	individual	Senior Masculino	02:23:04	+01:11:13	11:00
255	1627	Fernando Remião	u.porto	Senior Masculino	02:23:08	+01:11:17	11:01
256	515	Aline Simeão	inquipa	Senior Feminino	02:23:10	+01:11:19	11:01
257	520	Virgilio Mascarenhas	inquipa	Senior Masculino	02:23:10	+01:11:19	11:01
258	1330	Márcia Silva	individual	Senior Feminino	02:23:18	+01:11:27	11:01
259	1392	Pedro Gomes	individual	Senior Masculino	02:23:18	+01:11:27	11:01
260	1036	Miguel Coutinho	blip.pt	Senior Masculino	02:23:33	+01:11:42	11:03
261	1332	Marco Peres	individual	Senior Masculino	02:24:15	+01:12:24	11:06
262	1471	ernesto lareth	keep running	Senior Masculino	02:24:15	+01:12:24	11:06
263	1399	Pedro Paulo	individual	Senior Masculino	02:24:16	+01:12:25	11:06
264	1649	Ricardo Gonçalves	wolf team	Senior Masculino	02:24:35	+01:12:44	11:07

TRAIL CURTO 13K - STAGE 1

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
265	1156	Alcino Fernando da Rocha Gomes	individual	Senior Masculino	02:24:39	+01:12:48	11:08
266	1640	CARLA SOFIA SILVA SOUSA	usgunas	Senior Feminino	02:25:22	+01:13:31	11:11
267	1151	Adriana Teresa Silva Rodrigues	individual	Senior Feminino	02:25:33	+01:13:42	11:12
268	1349	Mário Batista	individual	Senior Masculino	02:25:43	+01:13:52	11:13
269	1220	Cristina Rodrigues Teixeira Lopes	individual	Senior Feminino	02:25:47	+01:13:56	11:13
270	1638	ANA PAULA RIBEIRO CRAVEIRO NUNES	usgunas	Senior Feminino	02:25:49	+01:13:58	11:13
271	1405	Raquel Vieira da Silva	individual	Senior Feminino	02:25:56	+01:14:05	11:14
272	1113	Pedro Paixão	gangue das maçãs	Senior Masculino	02:26:04	+01:14:13	11:14
273	1334	Margarida Oliveira	individual	Senior Feminino	02:26:08	+01:14:17	11:14
274	1371	Nuno Jorge Soares Pinto Leão	individual	Senior Masculino	02:26:13	+01:14:22	11:15
275	1536	Tiago Marques	pernas de pau	Senior Masculino	02:26:15	+01:14:24	11:15
276	1403	Pedro Tiago Fonseca Costa	individual	Senior Masculino	02:26:18	+01:14:27	11:15
277	1525	Marta Mota	"os turbo mula" d.o.c.	Senior Feminino	02:26:28	+01:14:37	11:16
278	1158	Alexandre Ferreira Caetano	individual	Senior Masculino	02:27:00	+01:15:09	11:18
279	1345	MARIA ROSA SILVA PEREIRA COSTA	individual	Senior Feminino	02:27:11	+01:15:20	11:19
280	1060	Zélia Viana	caetano runners	Senior Feminino	02:27:34	+01:15:43	11:21
281	1045	Hélder Sousa	budeguita runners	Senior Masculino	02:27:52	+01:16:01	11:22
282	1203	Carla Verónica Fontão Teixeira	individual	Senior Feminino	02:27:59	+01:16:08	11:23
283	1575	Claudia Cunha	solmaia runners	Senior Feminino	02:28:00	+01:16:09	11:23
284	1576	Claudia Parodi	solmaia runners	Senior Feminino	02:28:32	+01:16:41	11:26
285	1228	David Teixeira	individual	Senior Masculino	02:29:07	+01:17:16	11:28
286	1624	RODOLFO MELO	trilha.dos runners	Senior Masculino	02:29:49	+01:17:58	11:31
287	1520	JOÃO FONSECA	os amigos de s.pedro da cova	Senior Masculino	02:29:50	+01:17:59	11:32
288	1039	Joana Sousa	bluecloud team	Senior Feminino	02:29:54	+01:18:03	11:32
289	1175	ANABELA CUNHA	individual	Senior Feminino	02:30:12	+01:18:21	11:33
290	1529	Susana Fonseca	p&a team	Senior Feminino	02:30:16	+01:18:25	11:34
291	1528	Pedro Antunes	p&a team	Senior Masculino	02:30:16	+01:18:25	11:34
292	1132	MIGUEL JESUS	ginasio fit4fun	Senior Masculino	02:30:22	+01:18:31	11:34
293	1157	Alexandra Barradas	individual	Senior Feminino	02:30:28	+01:18:37	11:34
294	1200	Carla Pinto	individual	Senior Feminino	02:30:30	+01:18:39	11:35
295	1454	Vitor Hélder da Silva Santos	individual	Senior Masculino	02:30:30	+01:18:39	11:35
296	1574	Célia Aroso	solmaia runners	Senior Feminino	02:30:44	+01:18:53	11:36
297	1131	LUCIANA FERNANDES	ginasio fit4fun	Senior Feminino	02:30:51	+01:19:00	11:36
298	1126	FERNANDA ALMEIDA	ginasio fit4fun	Senior Feminino	02:30:52	+01:19:01	11:36
299	1464	Pedro Pinheiro	já foste	Senior Masculino	02:31:10	+01:19:19	11:38
300	1462	Liliana Teixeira	já foste	Senior Feminino	02:31:10	+01:19:19	11:38
301	1367	Nilza Conde Paixão	individual	Senior Feminino	02:31:18	+01:19:27	11:38
302	1325	Manuela Arantes	individual	Senior Feminino	02:31:18	+01:19:27	11:38
303	1167	Ana Maria Silva do Vale	individual	Senior Feminino	02:31:19	+01:19:28	11:38
304	1409	Ricardo Miguel Oliveira Monteiro	individual	Senior Masculino	02:31:28	+01:19:37	11:39
305	1300	Júlio Xavier	individual	Senior Masculino	02:31:28	+01:19:37	11:39
306	1189	BbRANCA MARIA OLIVEIRA MARQUES	individual	Senior Feminino	02:31:30	+01:19:39	11:39
307	1119	MONICA CARVALHAIS	ginásio factor x	Senior Feminino	02:31:30	+01:19:39	11:39
308	1463	Nélson Coelho	já foste	Senior Masculino	02:31:31	+01:19:40	11:39

TRAIL CURTO 13K - STAGE 1

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
309	1055	Paulo Lobo	budeguita runners	Senior Masculino	02:31:33	+01:19:42	11:39
310	1023	Armindo Moreira	amigos do sofá	Senior Masculino	02:32:35	+01:20:44	11:44
311	1581	Maria Fonseca	solmaia runners	Senior Feminino	02:32:44	+01:20:53	11:45
312	1586	Teresa Pinto	solmaia runners	Senior Feminino	02:32:45	+01:20:54	11:45
313	1138	António Queiroz	gondomar futsal clube	Senior Masculino	02:32:50	+01:20:59	11:45
314	1013	Duarte Nuno Meireles	alive runners	Senior Masculino	02:32:56	+01:21:05	11:46
315	1246	Francisca Cruz Braga	individual	Senior Feminino	02:32:59	+01:21:08	11:46
316	1375	Patrícia Lopes	individual	Senior Feminino	02:33:22	+01:21:31	11:48
317	1551	José Costa	s. s. montepio	Senior Masculino	02:33:32	+01:21:41	11:49
318	1053	Minna Sillankorva	budeguita runners	Senior Feminino	02:33:45	+01:21:54	11:50
319	1043	Bárbara Almeida	budeguita runners	Senior Feminino	02:33:45	+01:21:54	11:50
320	1274	João Pedro Valente Serdoura dos Santos	individual	Senior Masculino	02:33:59	+01:22:08	11:51
321	1133	NATHALIE MARTINS	ginasio fit4fun	Senior Feminino	02:34:16	+01:22:25	11:52
322	1524	Marisa Sousa	"os turbo mula" d.o.c.	Senior Feminino	02:34:16	+01:22:25	11:52
323	1622	JOÃO OLIVEIRA	trilha.dos runners	Senior Masculino	02:34:27	+01:22:36	11:53
324	1618	BRUNO OLIVEIRA	trilha.dos runners	Senior Masculino	02:34:27	+01:22:36	11:53
325	1496	Ricardo Santos	mr team	Senior Masculino	02:34:27	+01:22:36	11:53
326	652	Paula Figueiredo	os turbomula d.o.c.	Senior Feminino	02:34:47	+01:22:56	11:54
327	1047	Isabel Ferreira	budeguita runners	Senior Feminino	02:34:52	+01:23:01	11:55
328	1585	Sónia Teles	solmaia runners	Senior Feminino	02:35:08	+01:23:17	11:56
329	1031	João Guilherme Rocha Pinto	banda musical de lagares - sports	Senior Masculino	02:35:16	+01:23:25	11:57
330	1171	Ana Sofia da Silva Borges	individual	Senior Feminino	02:35:24	+01:23:33	11:57
331	1360	Miguel Moreira	individual	Senior Masculino	02:35:34	+01:23:43	11:58
332	252	Ana Preto	individual	Senior Feminino	02:35:44	+01:23:53	11:59
333	1261	isaura almeida	individual	Senior Feminino	02:35:44	+01:23:53	11:59
334	1182	António Manuel de Oliveira Pinheiro	individual	Senior Masculino	02:35:51	+01:24:00	11:59
335	1121	ANA COUTINHO	ginasio fit4fun	Senior Feminino	02:36:04	+01:24:13	12:00
336	1429	Sandra Marisa de Araújo Pereira Pinto de Meneses	individual	Senior Feminino	02:36:26	+01:24:35	12:02
337	1420	Rui Filipe de Araújo Lopes Pinto de Meneses	individual	Senior Masculino	02:36:26	+01:24:35	12:02
338	1216	CLAUDIA ARAUJO	individual	Senior Feminino	02:37:04	+01:25:13	12:05
339	1058	Veslava Velentinovic	budeguita runners	Senior Feminino	02:37:35	+01:25:44	12:07
340	1117	ANA SOUSA	ginásio factor x	Senior Feminino	02:37:40	+01:25:49	12:08
341	1089	Elisabete Costa	costa sousa	Senior Feminino	02:37:51	+01:26:00	12:09
342	1090	Rui Sousa	costa sousa	Senior Masculino	02:37:52	+01:26:01	12:09
343	1112	Diogo Paixão	gangue das maçãs	Senior Masculino	02:37:53	+01:26:02	12:09
344	1128	HUGO BOSS	ginasio fit4fun	Senior Masculino	02:37:56	+01:26:05	12:09
345	1253	helder tiago leal duarte	individual	Senior Masculino	02:38:15	+01:26:24	12:10
346	1226	Daniela Lopes	individual	Senior Feminino	02:38:16	+01:26:25	12:10
347	1376	patricia moreira	individual	Senior Feminino	02:38:16	+01:26:25	12:10
348	1351	Marta André	individual	Senior Feminino	02:38:41	+01:26:50	12:12
349	1653	Luis Alves	individual	Senior Masculino	02:38:42	+01:26:51	12:12
350	1582	Maria Pedrosa	solmaia runners	Senior Feminino	02:38:43	+01:26:52	12:13
351	1583	Mónica Areias	solmaia runners	Senior Feminino	02:38:44	+01:26:53	12:13
352	1398	Pedro Neves	individual	Senior Masculino	02:38:48	+01:26:57	12:13

TRAIL CURTO 13K - STAGE 1

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
353	1365	Nelson França	individual	Senior Masculino	02:38:48	+01:26:57	12:13
354	279	Carla Moreira	individual	Senior Feminino	02:38:51	+01:27:00	12:13
355	1594	Rita Duarte	sprintolos	Senior Feminino	02:38:54	+01:27:03	12:13
356	489	Sandro Figueiredo Lopes Da Silva	individual	Senior Masculino	02:39:56	+01:28:05	12:18
357	1395	Pedro Miguel Loureiro Rodrigues	individual	Senior Masculino	02:40:14	+01:28:23	12:20
358	1278	Joaquim Ferreira	individual	Senior Masculino	02:40:14	+01:28:23	12:20
359	696	Pedro Ramos	shots international runners	Senior Masculino	02:41:09	+01:29:18	12:24
360	1163	Ana Gonçalves	individual	Senior Feminino	02:41:10	+01:29:19	12:24
361	1218	Claudio Manuel Cerqueira da Silva	individual	Senior Masculino	02:41:17	+01:29:26	12:24
362	1291	José Gonçalves	individual	Senior Masculino	02:41:30	+01:29:39	12:25
363	1231	Diana Pina	individual	Senior Feminino	02:41:30	+01:29:39	12:25
364	1094	Damião António da Silva Pacheco	elite nm	Senior Masculino	02:42:14	+01:30:23	12:29
365	1393	Pedro Miguel Cristóvão Próspero	individual	Senior Masculino	02:42:18	+01:30:27	12:29
366	1308	Liliana Marisa Pinto Sousa	individual	Senior Feminino	02:42:20	+01:30:29	12:29
367	1516	Nuno Alves	oralklass-aliança-amigos do trail	Senior Masculino	02:42:21	+01:30:30	12:29
368	1446	Tiago Miguel Carneiro Ribeiro	individual	Senior Masculino	02:42:39	+01:30:48	12:31
369	1355	Mauro Pena	individual	Senior Masculino	02:43:13	+01:31:22	12:33
370	1422	Rui Manuel Castelo Diniz	individual	Senior Masculino	02:43:15	+01:31:24	12:33
371	1225	Daniela Guimarães Lobato	individual	Senior Feminino	02:43:15	+01:31:24	12:33
372	1122	ANA MARIA BASTOS	ginasio fit4fun	Senior Feminino	02:43:17	+01:31:26	12:34
373	1204	Carlos almeida	individual	Senior Masculino	02:43:29	+01:31:38	12:35
374	1130	LUCIA ALMEIDA	ginasio fit4fun	Senior Feminino	02:45:40	+01:33:49	12:45
375	1124	ANDREIA BASTOS	ginasio fit4fun	Senior Feminino	02:45:40	+01:33:49	12:45
376	1123	ANDRE MOREIRA	ginasio fit4fun	Senior Masculino	02:45:40	+01:33:49	12:45
377	1125	FATIMA MATOS	ginasio fit4fun	Senior Feminino	02:45:40	+01:33:49	12:45
378	1614	Marta Soares	touquenemposso	Senior Feminino	02:46:06	+01:34:15	12:47
379	1021	António Martins	amigos do sofá	Senior Masculino	02:46:09	+01:34:18	12:47
380	1190	Beatriz Dias	individual	Senior Feminino	02:46:12	+01:34:21	12:47
381	1191	Beatriz Oliveira	individual	Senior Feminino	02:46:13	+01:34:22	12:47
382	1170	Ana Rita Capelo Antunes	individual	Senior Feminino	02:46:23	+01:34:32	12:48
383	1202	carla sousa	individual	Senior Feminino	02:46:24	+01:34:33	12:48
384	429	Patrick Borja	individual	Senior Masculino	02:46:51	+01:35:00	12:50
385	1378	Paula Borja	individual	Senior Feminino	02:46:51	+01:35:00	12:50
386	1659	Marta Santos	gondomar futsal clube	Senior Feminino	02:46:57	+01:35:06	12:51
387	1029	Carlos Alberto Pinto Pereira	banda musical de lagares - sports	Senior Masculino	02:47:20	+01:35:29	12:52
388	1050	Luís Espassandim	budeguita runners	Senior Masculino	02:47:48	+01:35:57	12:54
389	1317	Lurdes Monteiro	individual	Senior Feminino	02:48:30	+01:36:39	12:58
390	1154	alberto martins	individual	Senior Masculino	02:48:37	+01:36:46	12:58
391	1134	PEDRO COSTA	ginasio fit4fun	Senior Masculino	02:48:40	+01:36:49	12:58
392	1186	Armando Vinhas	individual	Senior Masculino	02:48:49	+01:36:58	12:59
393	1331	Marco Antonio Freire Valente Lopes Pinto	individual	Senior Masculino	02:48:49	+01:36:58	12:59
394	1143	ARMANDINO CRAMEZ	grupo desportivo leoes do veneza	Senior Masculino	02:49:19	+01:37:28	13:01
395	1527	Sara Isabel Freitas Moreira	"os turbo mula" d.o.c.	Senior Feminino	02:49:54	+01:38:03	13:04
396	1523	Filipe Miguel Mendes Nogueira	"os turbo mula" d.o.c.	Senior Masculino	02:49:54	+01:38:03	13:04
397	1028	Marta Sofia Couto Moreira	andorinhas	Senior Feminino	02:49:55	+01:38:04	13:04

TRAIL CURTO 13K - STAGE 1

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
398	1027	Liliana Rocha Oliveira	andorinhas	Senior Feminino	02:49:55	+01:38:04	13:04
399	1341	Maria Luís	individual	Senior Feminino	02:49:56	+01:38:05	13:04
400	1264	Joana Almeida	individual	Senior Feminino	02:50:18	+01:38:27	13:06
401	1064	Lénia Correia	clínica dentária-dr.rui couto e dra sofia alves	Senior Feminino	02:50:28	+01:38:37	13:07
402	1066	Rui Couto	clínica dentária-dr.rui couto e dra sofia alves	Senior Masculino	02:50:40	+01:38:49	13:08
403	1065	Liliana Teixeira	clínica dentária-dr.rui couto e dra sofia alves	Senior Feminino	02:50:40	+01:38:49	13:08
404	1172	Ana Sofia Lopes Espanha	individual	Senior Feminino	02:50:45	+01:38:54	13:08
405	1596	António Pinho	swat	Senior Masculino	02:50:48	+01:38:57	13:08
406	1164	Ana Isabel Maia Álvares	individual	Senior Feminino	02:50:48	+01:38:57	13:08
407	1598	Gisela Almeida	swat runners	Senior Feminino	02:50:48	+01:38:57	13:08
408	1597	Isabel Rangel	swat	Senior Feminino	02:50:48	+01:38:57	13:08
409	1599	Nuno Andrade	swat runners	Senior Masculino	02:50:48	+01:38:57	13:08
410	1465	Lénio Fernando Nogueira Marinho	jobrinde-montes saloios	Senior Masculino	02:51:05	+01:39:14	13:10
411	1607	Marlene Rodrigues	thunder team	Senior Feminino	02:51:35	+01:39:44	13:12
412	1609	Pedro Rodrigues	thunder team	Senior Masculino	02:51:35	+01:39:44	13:12
413	1104	Joana Ferreira	falta muito?	Senior Feminino	02:51:38	+01:39:47	13:12
414	1667	Marta Neves	magni7	Senior Feminino	02:51:40	+01:39:49	13:12
415	1105	Miguel Fonseca	falta muito?	Senior Masculino	02:51:40	+01:39:49	13:12
416	1329	Márcia Rocha	individual	Senior Feminino	02:51:52	+01:40:01	13:13
417	1201	Carla Sousa	individual	Senior Feminino	02:51:57	+01:40:06	13:14
418	1195	Cândida Vilas-Boas	individual	Senior Feminino	02:52:29	+01:40:38	13:16
419	1224	Daniela Filipa Moreira	individual	Senior Feminino	02:52:45	+01:40:54	13:17
420	1380	Paula Freitas	individual	Senior Feminino	02:52:53	+01:41:02	13:18
421	1354	Marta Raquel da Silva Ramos Lopes	individual	Senior Feminino	02:52:53	+01:41:02	13:18
422	1312	Luís Faria	individual	Senior Masculino	02:53:07	+01:41:16	13:19
423	1173	Ana Soraia de Pinho Garrido	individual	Senior Feminino	02:53:08	+01:41:17	13:19
424	1118	CIDÁLIA PEIXOTO	ginásio factor x	Senior Feminino	02:53:17	+01:41:26	13:20
425	1532	Ana Santos	pernas de pau	Senior Feminino	02:53:18	+01:41:27	13:20
426	1381	Paula Pinto	individual	Senior Feminino	02:53:21	+01:41:30	13:20
427	1383	Paulo Antonio Santos Poças Costelha	individual	Senior Masculino	02:53:35	+01:41:44	13:21
428	1183	António Silva	individual	Senior Masculino	02:53:41	+01:41:50	13:22
429	1441	Sonia Silva	individual	Senior Feminino	02:53:44	+01:41:53	13:22
430	1178	Antonio Barbosa	individual	Senior Masculino	02:53:45	+01:41:54	13:22
431	1474	Márcia Vasconcelos	kintanos	Senior Feminino	02:54:06	+01:42:15	13:24
432	1111	Ana Cristina Cunha de Azevedo Machado	gangue das maçãs	Senior Feminino	02:54:09	+01:42:18	13:24
433	1433	Sandra Silva	individual	Senior Feminino	02:54:16	+01:42:25	13:24
434	1051	Marco ferreira	budeguita runners	Senior Masculino	02:54:33	+01:42:42	13:26
435	1307	liliana guimaraes	individual	Senior Feminino	02:54:50	+01:42:59	13:27
436	1166	Ana magalhães	individual	Senior Feminino	02:54:50	+01:42:59	13:27
437	1316	Luísa Nogueira	individual	Senior Feminino	02:54:52	+01:43:01	13:27
438	1530	Maria João Cardoso	p&j team	Senior Feminino	02:55:14	+01:43:23	13:29
439	1103	Cristina Gonçalves	falta muito?	Senior Feminino	02:55:19	+01:43:28	13:29
440	1232	Diogo Jorge Olvieira Ramalhão	individual	Senior Masculino	02:55:21	+01:43:30	13:29
441	1327	marcia lopes	individual	Senior Feminino	02:55:22	+01:43:31	13:29

TRAIL CURTO 13K - STAGE 1

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
442	1328	Marcia Pinto	individual	Senior Feminino	02:55:41	+01:43:50	13:31
443	1480	Ana Silva	malo clinic team	Senior Feminino	02:56:21	+01:44:30	13:34
444	1481	Pedro Moreira	malo clinic team	Senior Masculino	02:56:21	+01:44:30	13:34
445	1584	Rita Gonçalves	solmaia runners	Senior Feminino	02:56:34	+01:44:43	13:35
446	1535	Rosalina Marques	pernas de pau	Senior Feminino	02:56:34	+01:44:43	13:35
447	1396	Pedro Miguel Mano Silva Reis	individual	Senior Masculino	02:57:50	+01:45:59	13:41
448	1290	José Filipe Rocha	individual	Senior Masculino	02:57:50	+01:45:59	13:41
449	1456	Vítor Machado	individual	Senior Masculino	02:57:51	+01:46:00	13:41
450	1549	Hugo Costa	s. s. montepio	Senior Masculino	02:57:51	+01:46:00	13:41
451	1550	Hugo Silva	s. s. montepio	Senior Masculino	02:57:51	+01:46:00	13:41
452	1539	Sandra Dias	pernetas	Senior Feminino	02:58:27	+01:46:36	13:44
453	1538	Lisa Pereira	pernetas	Senior Feminino	02:58:31	+01:46:40	13:44
454	580	Rui Manuel Faria Gonçalves	multipower | gaia trail	Senior Masculino	02:59:03	+01:47:12	13:46
455	1567	Liliana Pereira	shots international runners	Senior Feminino	02:59:28	+01:47:37	13:48
456	1562	Ana Claudia	shots international runners	Senior Feminino	02:59:28	+01:47:37	13:48
457	1541	ERMESINDA CARVALHO	prestígio	Senior Feminino	03:00:29	+01:48:38	13:53
458	1605	João Pedro Andrade Rodrigues	thunder team	Senior Masculino	03:00:51	+01:49:00	13:55
459	1077	RUTE RIBEIRO	clube novo banco - delegação do norte	Senior Feminino	03:01:00	+01:49:09	13:55
460	1168	Ana Monteiro	individual	Senior Feminino	03:01:14	+01:49:23	13:56
461	1394	Pedro Miguel Leal Teixeira	individual	Senior Masculino	03:01:16	+01:49:25	13:57
462	430	Paula Cristina Almeida de Oliveira	individual	Senior Feminino	03:01:20	+01:49:29	13:57
463	1162	Ana Ferreira	individual	Senior Feminino	03:01:20	+01:49:29	13:57
464	1547	Carla Barros	s. s. montepio	Senior Feminino	03:02:28	+01:50:37	14:02
465	1552	Julio Santos	s. s. montepio	Senior Masculino	03:02:28	+01:50:37	14:02
466	1165	Ana Luísa da Silva Pereira	individual	Senior Feminino	03:02:30	+01:50:39	14:02
467	1386	Paulo Lara	individual	Senior Masculino	03:03:05	+01:51:14	14:05
468	1237	Ermelinda Lara	individual	Senior Feminino	03:03:05	+01:51:14	14:05
469	1137	sofia martins	giras e boas	Senior Feminino	03:05:38	+01:53:47	14:17
470	1136	carla azevedo	giras e boas	Senior Feminino	03:05:38	+01:53:47	14:17
471	1379	Paula Castro	individual	Senior Feminino	03:05:40	+01:53:49	14:17
472	1495	Marta Franca	mr team	Senior Feminino	03:05:40	+01:53:49	14:17
473	1234	Elisabete Ribeiro	individual	Senior Feminino	03:06:32	+01:54:41	14:21
474	1309	LUCINDA MARQUES	individual	Senior Feminino	03:06:33	+01:54:42	14:21
475	1270	João Conceicao	individual	Senior Masculino	03:06:33	+01:54:42	14:21
476	1313	LUIS RIBEIRO	individual	Senior Masculino	03:07:19	+01:55:28	14:25
477	1147	Verónica Fernandes	i3s/380	Senior Feminino	03:09:26	+01:57:35	14:34
478	1145	Bruno Cavadas	i3s/380	Senior Masculino	03:09:26	+01:57:35	14:34
479	1214	Celina Tomás	individual	Senior Feminino	03:09:55	+01:58:04	14:37
480	1636	SANDRA DIAS	uf08 runners	Senior Feminino	03:10:04	+01:58:13	14:37
481	1561	Vasco Albuquerque	salta pocinhas	Senior Masculino	03:11:52	+02:00:01	14:46
482	1559	Elói Sousa	salta pocinhas	Senior Masculino	03:11:52	+02:00:01	14:46
483	1184	Armanda Sousa	individual	Senior Masculino	03:12:39	+02:00:48	14:49
484	1666	Bruno Lopes da Silva	magni7	Senior Masculino	03:13:02	+02:01:11	14:51
485	1668	Paulo Silva	magni7	Senior Masculino	03:13:03	+02:01:12	14:51
486	219	LILIANA SANTIAGO	ginasio fit4fun	Senior Feminino	03:13:21	+02:01:30	14:52
487	1440	Sónia Rocha	individual	Senior Feminino	03:13:30	+02:01:39	14:53

TRAIL CURTO 13K - STAGE 1

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
488	1197	Carla Ferreira	individual	Senior Feminino	03:13:30	+02:01:39	14:53
489	1252	Graça Silva	individual	Senior Feminino	03:13:49	+02:01:58	14:55
490	1337	Maria de Lurdes Pereira Ribeiro Silva	individual	Senior Feminino	03:13:49	+02:01:58	14:55
491	1109	Jorge Filipe Regadas Moreira	foge foge bandido	Senior Masculino	03:14:20	+02:02:29	14:57
492	1108	Ana Cristina Regadas Moreira	foge foge bandido	Senior Feminino	03:14:20	+02:02:29	14:57
493	1621	FRANCISCO SILVA	trilha.dos runners	Senior Masculino	03:16:01	+02:04:10	15:05
494	1306	Liliana Campos	individual	Senior Feminino	03:16:26	+02:04:35	15:07
495	1361	Miguel Paredes	individual	Senior Masculino	03:16:29	+02:04:38	15:07
496	1093	Carla filipa oliveira Araujo	elite nm	Senior Feminino	03:16:33	+02:04:42	15:07
497	1268	Joana Silva	individual	Senior Feminino	03:16:33	+02:04:42	15:07
498	1096	Joana Marques	elite nm	Senior Feminino	03:16:34	+02:04:43	15:07
499	1092	Ana Ferreira	elite nm	Senior Feminino	03:16:34	+02:04:43	15:07
500	1095	Joana Filipa Rocha Moura	elite nm	Senior Feminino	03:16:34	+02:04:43	15:07
501	1227	daniela maria barros sampaio	individual	Senior Feminino	03:16:35	+02:04:44	15:07
502	1444	Susana Mónica Almeida da Silva	individual	Senior Feminino	03:17:49	+02:05:58	15:13
503	1377	Paula Alexandra dos Santos Cardoso	individual	Senior Feminino	03:19:39	+02:07:48	15:21
504	1141	Pedro Goncalves	gondomar futsal clube	Senior Masculino	03:19:42	+02:07:51	15:22
505	1294	José Manuel Vieira Pinheiro	individual	Senior Masculino	03:19:44	+02:07:53	15:22
506	1623	MAURO VENTURA	trilha.dos runners	Senior Masculino	03:20:24	+02:08:33	15:25
507	1617	ANDRÉ LIBÂNIO	trilha.dos runners	Senior Masculino	03:20:25	+02:08:34	15:25
508	1049	Isabel Marques	budeguita runners	Senior Feminino	03:23:25	+02:11:34	15:39
509	1042	Ana Forte	budeguita runners	Senior Feminino	03:23:26	+02:11:35	15:39
510	1057	Sónia Forte	budeguita runners	Senior Feminino	03:23:26	+02:11:35	15:39
511	1568	Sofia Ferreira	shots international runners	Senior Feminino	03:25:53	+02:14:02	15:50
512	1248	Francisco Moreira da Silva	individual	Senior Masculino	03:25:59	+02:14:08	15:51
513	1434	Sara Filipa Loureiro da Silva	individual	Senior Feminino	03:25:59	+02:14:08	15:51
514	1650	Rui Silva	wolf team	Senior Masculino	03:29:01	+02:17:10	16:05
515	1648	Maria Silva	wolf team	Senior Feminino	03:29:02	+02:17:11	16:05
516	1437	Silvia Maia	individual	Senior Feminino	03:29:02	+02:17:11	16:05
517	1647	Julia Ribeiro	wolf team	Senior Feminino	03:29:06	+02:17:15	16:05
518	1348	Mariana Portilho Soares	individual	Senior Feminino	03:29:16	+02:17:25	16:06
519	1342	Maria Luisa Portela	individual	Senior Feminino	03:32:01	+02:20:10	16:19
520	1196	Carla brito	individual	Senior Feminino	03:32:02	+02:20:11	16:19
521	1219	Conceição Cruz	individual	Senior Feminino	03:32:02	+02:20:11	16:19
522	1608	Miguel Andrade	thunder team	Senior Masculino	03:34:08	+02:22:17	16:28
523	1606	Marco Monteiro	thunder team	Senior Masculino	03:34:08	+02:22:17	16:28
524	1438	silvina gama	individual	Senior Feminino	03:34:18	+02:22:27	16:29
525	1604	Ângela Ferreira	thunder team	Senior Feminino	03:34:29	+02:22:38	16:30
526	1414	Rita Leal	individual	Senior Feminino	03:35:40	+02:23:49	16:35
527	1208	Carlos Leal	individual	Senior Masculino	03:35:40	+02:23:49	16:35
528	1534	Jaime Marques	pernas de pau	Senior Masculino	03:36:13	+02:24:22	16:38
529	1533	Carla Marques	pernas de pau	Senior Feminino	03:36:13	+02:24:22	16:38
530	1127	FILIPA TAVARES	ginasio fit4fun	Senior Feminino	03:36:15	+02:24:24	16:38
531	1120	AFONSO MONTENEGRO	ginasio fit4fun	Senior Masculino	03:36:16	+02:24:25	16:38

TRAIL CURTO 13K - STAGE 1

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

R
REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
532	1338	Maria Filomena Venâncio Lopes Marcelo	individual	Senior Feminino	03:38:31	+02:26:40	16:49
533	1177	Andreia Rebelo	individual	Senior Feminino	03:40:48	+02:28:57	16:59
534	1048	Isabel Lima	budeguita runners	Senior Feminino	03:40:49	+02:28:58	16:59
535	1296	José Miguel Gonçalves Barreto Rufino	individual	Senior Masculino	03:42:38	+02:30:47	17:08
536	1263	Ivana Rufino	individual	Senior Feminino	03:42:38	+02:30:47	17:08
537	1579	Luis Barrigas	solmaia runners	Senior Masculino	03:44:35	+02:32:44	17:17
538	1180	António Carmo	individual	Senior Masculino	03:45:00	+02:33:09	17:18
539	1343	Maria Margarida Vilarinho Ribeiro	individual	Senior Feminino	03:47:00	+02:35:09	17:28
540	1643	Sónia Nunes	usgunas	Senior Feminino	03:48:29	+02:36:38	17:35
541	1656	Luís Ricardo Rosas Alves	individual	Senior Masculino	03:53:15	+02:41:24	17:57
542	1250	Goretti Lima	individual	Senior Feminino	03:53:15	+02:41:24	17:57
543	1382	Paula Teixeira	individual	Senior Feminino	03:54:58	+02:43:07	18:04
544	1315	Luísa Moreira	individual	Senior Feminino	03:55:00	+02:43:09	18:05
545	1641	Rui Gonçalves	usgunas	Senior Masculino	03:58:25	+02:46:34	18:20
546	1492	Paula Dias	mocidade sangemil ac	Senior Feminino	04:02:41	+02:50:50	18:40
547	1644	Ana Trigo	wolf team	Senior Feminino	04:02:50	+02:50:59	18:41
548	1646	Joana Casimiro	wolf team	Senior Feminino	04:02:52	+02:51:01	18:41
549	1645	Claudia Duarte	wolf team	Senior Feminino	04:02:53	+02:51:02	18:41
550	1247	Francisco Fernando Ferreira da Silva	individual	Senior Masculino	04:13:50	+03:01:59	19:32

25KM COLETIVA 4

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	AAUBI	10:51:09 [4 + 13 + 19 + 25]	0
2	MULTIPOWER | GAIA TRAIL	11:03:22 [5 + 16 + 18 + 39]	0
3	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	11:03:53 [2 + 12 + 31 + 54]	0
4	ARSM - Associação Recreativa de S. Miguel	11:21:47 [9 + 15 + 36 + 45]	0
5	Escaravelhos Team	11:27:51 [3 + 26 + 46 + 48]	0
6	Clube Naútico de Ponte de Lima	11:49:30 [6 + 33 + 41 + 84]	0
7	CTAD TRILHOS DE CINFÃES	11:53:56 [10 + 11 + 62 + 107]	0
8	Ginasio Fit4Fun	12:53:10 [55 + 79 + 80 + 83]	0
9	KeMedo Team	13:15:10 [63 + 66 + 108 + 124]	0
10	NAST-NUCLEO ASSOCIATIVO SANTO TIRSO	13:32:29 [35 + 71 + 140 + 182]	0
11	Clube Zupper	13:35:19 [61 + 86 + 114 + 155]	0
12	Eléctrico Futebol Clube	13:56:04 [23 + 97 + 200 + 205]	0
13	ATR - Algarve Trail Running	14:04:24 [68 + 69 + 142 + 254]	0
14	PROAVENTURAS	14:07:57 [40 + 119 + 127 + 274]	0
15	Desnível Positivo	14:12:32 [104 + 125 + 139 + 174]	0
16	U.Porto	14:21:50 [34 + 53 + 175 + 347]	0
17	GONDOMAR FUTSAL CLUBE	14:31:24 [43 + 93 + 169 + 327]	0
18	BUDEGUITA RUNNERS	14:54:33 [95 + 152 + 204 + 251]	0
19	Juventude Vidigalense	16:39:36 [51 + 206 + 335 + 441]	0
20	PORTOCARGO	16:45:32 [242 + 243 + 253 + 369]	0
21	S. S. Montepio	16:53:16 [219 + 244 + 316 + 354]	0
22	GDLU - Grupo Desportivo Limpeza Urbana CMP	17:02:04 [131 + 255 + 256 + 457]	0
23	CLUBE NOVO BANCO - DELEGAÇÃO DO NORTE	17:33:49 [132 + 288 + 346 + 450]	0
24	Confraria Trotamontes	17:37:22 [32 + 260 + 439 + 465]	0
25	Solmaia Runners	18:24:07 [306 + 324 + 364 + 431]	0
26	Moreira Relax Runners	19:53:02 [309 + 357 + 468 + 472]	0
27	Os Finos	22:02:05 [386 + 446 + 488 + 489]	0

25KM COLETIVA 10

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	MULTIPOWER | GAIA TRAIL	30:27:52 [5 + 16 + 18 + 39 + 42 + 49 + 64 + 76 + 109 + 122]	0
2	ARSM - Associação Recreativa de S. Miguel	31:55:40 [9 + 15 + 36 + 45 + 47 + 58 + 77 + 106 + 172 + 236]	0
3	CTAD TRILHOS DE CINFÃES	35:02:50 [10 + 11 + 62 + 107 + 150 + 186 + 188 + 207 + 222 + 258]	0
4	Ginasio Fit4Fun	36:08:10 [55 + 79 + 80 + 83 + 101 + 138 + 212 + 213 + 294 + 295]	0
5	Clube Zupper	40:36:54 [61 + 86 + 114 + 155 + 160 + 267 + 323 + 378 + 407 + 448]	0
6	BUDEGUITA RUNNERS	43:18:36 [95 + 152 + 204 + 251 + 278 + 279 + 311 + 443 + 444 + 445]	0

Trail dos 4 Caminhos
Alfena
07-junho-2015

13KM COLETIVA

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	UF08 RUNNERS	2 + 12 + 18 + 19	51
2	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	5 + 7 + 16 + 27	55
3	MULTIPOWER | GAIA TRAIL	4 + 9 + 24 + 28	65
4	Alive Runners	14 + 23 + 34 + 46	117
5	airórun	8 + 35 + 37 + 49	129
6	Clube Zupper	10 + 30 + 40 + 76	156
7	Clube Pessoal Aguas Gaia	15 + 53 + 57 + 71	196
8	Sprintolos	17 + 33 + 59 + 160	269
9	Mocidade Sangemil AC	50 + 62 + 122 + 155	389
10	S. S. Montepio	93 + 94 + 114 + 132	433
11	BUDEGUITA RUNNERS	99 + 100 + 126 + 162	487
12	Solmaia Runners	82 + 144 + 171 + 183	580
13	CLUBE NOVO BANCO - DELEGAÇÃO DO NORTE	128 + 156 + 157 + 190	631
14	Amigos do Sofá	80 + 148 + 208 + 220	656
15	GONDOMAR FUTSAL CLUBE	95 + 181 + 247 + 311	834
16	USGUNAS	106 + 248 + 264 + 268	886
17	TRILHA.DOS RUNNERS	163 + 236 + 284 + 321	1004
18	"Os Turbo Mula" D.O.C.	47 + 275 + 320 + 393	1035
19	Banda Musical de Lagares - Sports	150 + 229 + 327 + 385	1091
20	Foge Foge Bandido	20 + 154 + 489 + 490	1153
21	Ginasio Fit4Fun	290 + 295 + 296 + 319	1200
22	Gangue das Maçãs	184 + 270 + 341 + 430	1225
23	Shots International Runners	91 + 357 + 453 + 454	1355
24	Pernas de Pau	273 + 423 + 444 + 526	1666
25	Thunder Team	409 + 410 + 456 + 520	1795
26	Wolf Team	262 + 512 + 513 + 515	1802
27	Elite NM	362 + 494 + 496 + 497	1849

Trail dos 4 Caminhos
Alfena
07-Junho-2015

TRAIL LONGO 25K - CAMPEONATO NACIONAL UNIVERSITARIO

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	09:30	30,6ºC	36,3%
End	15:12	35,2ºC	31,4%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	9	Nuno Miguel Gonçalves Gravito	aaubi	Senior Masculino	02:29:03		05:58
2	5	Alexis João Lucas Serralheiro	aaubi	Sub 23 Masculino	02:42:22	+13:19	06:30
3	7	André Abrantes Barros	aaubi	Senior Masculino	02:46:47	+17:44	06:40
4	606	Patrícia Carreira	offtel runners	Sub 23 Feminino	02:49:50	+20:47	06:48
5	6	Amaro Jorge de Sousa Teixeira	aaubi	Senior Masculino	02:52:58	+23:55	06:55
6	764	Alberto Ferreira Bermudes Santos	u.porto	Senior Masculino	02:58:02	+28:59	07:07
7	727	Filipe Adriano Bastos de Sousa	u.porto	Senior Masculino	03:06:43	+37:40	07:28
8	765	Tiago Manuel Oliveira Pinto	aeismai	Sub 23 Masculino	03:41:37	+01:12:34	08:52
9	726	Cristina Maria Pereira Coutinho	u.porto	Senior Feminino	03:44:48	+01:15:45	09:00
10	546	Rui Gomes	kintanos	Senior Masculino	03:57:15	+01:28:12	09:29
11	545	João Gomes	kintanos	Senior Masculino	04:29:14	+02:00:11	10:46
12	729	Jorge Miguel de Sá Guimarães	u.porto	Senior Masculino	04:32:17	+02:03:14	10:53
13	523	Bruno Manuel Pereira Nunes	ipp	Sub 23 Masculino	04:42:48	+02:13:45	11:19
14	8	Jessica Raquel Carrola Guerra	aaubi	Sub 23 Feminino	05:32:59	+03:03:56	13:19