

CORRIDA 12KM - STAGE 1

12 KM

[illegible]

OFFICIAL RESULT

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	Time	Temperature	Humidity
Start	10:30	25,1°C	60%
End	12:12	27,2°C	55.9%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
1	1	Hermano Ferreira	sporting clube de portugal	Senior Masculino	36:19		03:02
2	4	Youssef El Kalai	sport lisboa e benfica	Senior Masculino	36:23	+00:04	03:02
3	3	Antonio Silva	sporting clube de portugal	Senior Masculino	36:27	+00:08	03:02
4	9	Ricardo Vale	sporting clube de braga	Senior Masculino	38:28	+02:09	03:12
5	56	Fábio Silva	escola de atletismo de coimbra	Senior Masculino	38:40	+02:21	03:13
6	58	José Sousa	escola de atletismo de coimbra	Senior Masculino	39:12	+02:53	03:16
7	61	Nuno Tinoco	escola de atletismo de coimbra	Senior Masculino	39:36	+03:17	03:18
8	57	João Ferreira	escola de atletismo de coimbra	Senior Masculino	39:42	+03:23	03:19
9	90	messias dias	g d 3 santos populares	Veterano M40	41:11	+04:52	03:26
10	361	Vasco Pereira	individual	Senior Masculino	41:31	+05:12	03:28
11	91	jose fernandes	g d 3 santos populares	Veterano M50	41:59	+05:40	03:30
12	287	Gary Blesson	individual	Veterano M50	42:08	+05:49	03:31
13	165	Filipe Rocha	individual	Senior Masculino	42:36	+06:17	03:33
14	366	Bruno Vieira	individual	Junior Masculino	42:37	+06:18	03:33
15	8	Vera Nunes	sport lisboa e benfica	Senior Feminino	42:40	+06:21	03:33
16	95	Ricardo Jorge Henriques Costa	gdp 3 santos populares	Senior Masculino	42:46	+06:27	03:34
17	54	Fábio Abrantes	comissão melhoramentos percelada	Senior Masculino	42:56	+06:37	03:35
18	7	Susana Godinho	sport lisboa e benfica	Senior Feminino	42:58	+06:39	03:35
19	2	Solange Jesus	sporting clube de portugal	Senior Feminino	43:06	+06:47	03:36
20	181	Licínio Pimentel	individual	Senior Masculino	43:09	+06:50	03:36
21	20	José Veiga	associação académica de coimbra	Senior Masculino	43:09	+06:50	03:36
22	59	Márcio Pereira	escola de atletismo de coimbra	Senior Masculino	44:29	+08:10	03:42
23	62	Raul Bicho	escola de atletismo de coimbra	Senior Masculino	44:29	+08:10	03:42
24	168	Gil Cunha	associação académica de coimbra	Senior Masculino	44:32	+08:13	03:43
25	241	Carlos Pimenta	individual	Veterano M40	45:02	+08:43	03:45
26	150	Alexandre Mestre	individual	Senior Masculino	45:13	+08:54	03:46
27	10	Nuno Amaral	individual	Senior Masculino	45:17	+08:58	03:46
28	92	joaquim godinho	g d 3 santos populares	Veterano M55	46:03	+09:44	03:50
29	65	Augusto Manuel Canelas Figueiredo	escola de atletismo de coimbra	Veterano M40	46:05	+09:46	03:50
30	149	Alexandre Marques	individual	Senior Masculino	46:18	+09:59	03:51
31	70	Álvaro Coelho	escola de atletismo de coimbra	Veterano M55	46:25	+10:06	03:52
32	55	Emanuel Correia	escola de atletismo de coimbra	Senior Masculino	46:36	+10:17	03:53
33	206	RICARDO CARV	individual	Senior Masculino	46:47	+10:28	03:54
34	224	Valter Lopes	individual	Senior Masculino	46:48	+10:29	03:54
35	356	Joaquim Martins	associação académica de coimbra	Veterano M45	47:26	+11:07	03:57
36	179	joseferreira	individual	Senior Masculino	47:32	+11:13	03:58
37	208	Ricardo Gaspar	individual	Senior Masculino	47:40	+11:21	03:58
38	32	Renato Rodrigues	centro popular de trabalhadores do sobral de ceira	Senior Masculino	48:29	+12:10	04:02
39	84	Belmiro Santos	fit&fun	Veterano M40	48:29	+12:10	04:02
40	88	nuno lopes	g d 3 santos populares	Senior Masculino	48:38	+12:19	04:03
41	290	vitor ribeiro	individual	Veterano M50	48:41	+12:22	04:03

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	226	dulcínea silva	individual	Veterana F40	48:52	+12:33	04:04
43	170	Heber Fábio Lindo da Silva Pires	individual	Senior Masculino	48:53	+12:34	04:04
44	68	Nelson Silvestre Santos	escola de atletismo de coimbra	Veterano M45	49:06	+12:47	04:05
45	42	Artur Jorge Henriques Gandara	cni	Senior Masculino	49:06	+12:47	04:06
46	289	Mario Carapinho	clube - clube de veteranos de atletismo de coimbra	Veterano M50	49:09	+12:50	04:06
47	261	António José Rodrigues Ribeiro	individual	Veterano M45	49:16	+12:57	04:06
48	214	RUI FIGUEIREDO	individual	Senior Masculino	49:28	+13:09	04:07
49	270	Jorge Adelino Fonseca Alves	individual	Veterano M45	49:31	+13:12	04:08
50	36	António Catorza	centro popular de trabalhadores do sobral de ceira	Veterano M55	49:39	+13:20	04:08
51	49	Vitor Manuel Rodrigues Nunes	cni	Veterano M40	50:02	+13:43	04:10
52	243	Elísio Gonçalves	individual	Veterano M40	50:08	+13:49	04:11
53	63	Ricardo Monteiro	escola de atletismo de coimbra	Senior Masculino	50:13	+13:54	04:11
54	135	Maria Mafalda Sousa do Carmo Fernando	individual	Senior Feminino	50:17	+13:58	04:11
55	159	Calisto José Protasio Faria	individual	Senior Masculino	50:22	+14:03	04:12
56	160	Cristiano V. M. Araújo	individual	Senior Masculino	50:30	+14:11	04:12
57	188	Manuel Conesa Valverde	individual	Senior Masculino	50:30	+14:11	04:13
58	370	Mark Sarkara	individual	Senior Masculino	50:40	+14:21	04:13
59	157	Bruno Ratinho	individual	Senior Masculino	50:58	+14:39	04:15
60	17	Fernando Pato	adrep	Veterano M55	51:23	+15:04	04:17
61	272	Luis Miguel Abade	individual	Veterano M45	51:29	+15:10	04:17
62	244	Filipe Baptista	individual	Veterano M40	51:40	+15:21	04:18
63	194	NELSON FERRAZ MOREIRA	individual	Senior Masculino	51:48	+15:29	04:19
64	318	Telmo Almeida	lágrimas team - cantanhede	Veterano M40	51:54	+15:35	04:20
65	41	André Miguel Lameiro Monteiro	cni	Senior Masculino	51:56	+15:37	04:20
66	292	Fernando Santos	individual	Veterano M55	51:59	+15:40	04:20
67	258	RUI ALEXANDRE DOMINGUES SILVA	individual	Veterano M40	51:59	+15:40	04:20
68	205	Ricardo Bica	individual	Senior Masculino	52:10	+15:51	04:21
69	328	David Jesus	pascoalitos	Senior Masculino	52:16	+15:57	04:21
70	190	Miguel Cunha	individual	Senior Masculino	52:16	+15:57	04:21
71	82	João Veríssimo	fit&fun	Senior Masculino	52:18	+15:59	04:22
72	312	Luc Hennetier	jogging lovers coimbra	Veterano M40	52:20	+16:01	04:22
73	254	PEDRO JACINTO	individual	Veterano M40	52:24	+16:05	04:22
74	38	Adriano Tabanez	charon	Veterano M40	52:33	+16:14	04:23
75	359	PAULO CARVALHO CEREJA	individual	Veterano M40	52:40	+16:21	04:23
76	33	Ricardo Simões	centro popular de trabalhadores do sobral de ceira	Senior Masculino	52:50	+16:31	04:24
77	178	José Augusto Nobre Torres	individual	Senior Masculino	52:50	+16:31	04:24
78	309	Rui Branco Lopes	jogging lovers coimbra	Senior Masculino	52:56	+16:37	04:25
79	184	Luís Machado	individual	Senior Masculino	53:02	+16:43	04:25
80	221	TIAGO FONTES	individual	Senior Masculino	53:05	+16:46	04:25
81	305	Aurégio Saúde	jogging lovers coimbra	Senior Masculino	53:06	+16:47	04:26
82	98	Leandro Caetano	hm training group	Senior Feminino	53:07	+16:48	04:26
83	267	Gabriel Maria Dias Teixeira Costa Anacleto	individual	Veterano M45	53:10	+16:51	04:26

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
84	285	Fernando Manuel Machado Alhau	individual	Veterano M50	53:26	+17:07	04:27
85	250	José Lourenço Gomes	individual	Veterano M40	53:32	+17:13	04:28
86	180	Joselito Simões Pereira	individual	Senior Masculino	53:36	+17:17	04:28
87	308	Nuno Cabral	jogging lovers coimbra	Senior Masculino	53:46	+17:27	04:29
88	337	Igor Castro	peace-udos	Senior Masculino	53:58	+17:39	04:30
89	240	Bruno Miguel Quintal	individual	Veterano M40	54:04	+17:45	04:30
90	315	Victor Santos	jogging lovers coimbra	Veterano M50	54:14	+17:55	04:31
91	132	Lara Azambujo	individual	Senior Feminino	54:15	+17:56	04:31
92	349	Francisco António Alves	vila seca run team	Senior Masculino	54:25	+18:06	04:32
93	139	Nathalie Silva	individual	Senior Feminino	54:25	+18:06	04:32
94	93	Helena Mourão	g.d.c. castelo de paiva	Veterana F50	54:32	+18:13	04:33
95	101	Carlos Moreira	hm training group	Senior Masculino	54:32	+18:13	04:33
96	117	Adriano Queiroz	hm training group	Veterano M55	54:33	+18:14	04:33
97	155	Bruno Gil	individual	Senior Masculino	54:37	+18:18	04:33
98	192	Miguel Oliva	individual	Senior Masculino	54:37	+18:18	04:33
99	60	Mário Vaz	escola de atletismo de coimbra	Senior Masculino	54:44	+18:25	04:34
100	52	Oscar Pinto	coimbra trail running	Veterano M45	54:59	+18:40	04:35
101	217	Samuel de Oliveira Martinho	individual	Senior Masculino	55:00	+18:41	04:35
102	163	Fábio Costa	individual	Senior Masculino	55:00	+18:41	04:35
103	39	Paulo Faria	charon	Veterano M40	55:32	+19:13	04:38
104	216	Rui Miguel Serralha Gonçalves	individual	Senior Masculino	55:38	+19:19	04:38
105	185	Luís Nuno Lopes Santos	individual	Senior Masculino	55:40	+19:21	04:38
106	161	Daniel González	individual	Senior Masculino	55:41	+19:22	04:38
107	37	Bruno Marques	charon	Senior Masculino	55:46	+19:27	04:39
108	46	Marcos Daniel Ribeiro Dias	cni	Senior Masculino	55:46	+19:27	04:39
109	200	Paulo Ricardo Oliveira Vicente	individual	Senior Masculino	55:46	+19:27	04:39
110	301	Rafael Pragana	jogging lovers coimbra	Junior Masculino	55:48	+19:29	04:39
111	311	Vítor Monteiro	jogging lovers coimbra	Senior Masculino	55:48	+19:29	04:39
112	344	Daniel Mendes	run@figueira	Veterano M40	55:52	+19:33	04:39
113	86	Vitor Oliveira	fit&fun	Veterano M55	55:53	+19:34	04:39
114	369	José Figueiredo	individual	Senior Masculino	56:08	+19:49	04:41
115	275	Pedro Alexandre Fernando	individual	Veterano M45	56:14	+19:55	04:41
116	158	Bruno Rodrigues	individual	Senior Masculino	56:16	+19:57	04:41
117	74	André Paiva	farmácia luciano e matos	Senior Masculino	56:20	+20:01	04:42
118	336	David Moreira	peace-udos	Senior Masculino	56:25	+20:06	04:42
119	119	Daniel da Costa Calvão	individual	Junior Masculino	56:28	+20:09	04:42
120	368	Paulo Jacob	individual	Senior Masculino	56:29	+20:10	04:42
121	85	Helder Araújo	fit&fun	Veterano M55	56:29	+20:10	04:42
122	27	Fábio Rafael Tomás Loureiro	centro cultural e recreativo de bruscos	Senior Masculino	56:36	+20:17	04:43
123	365	Helder Filipe da Costa	equipe running	Senior Masculino	56:37	+20:18	04:43
124	87	Luís Balula	formobike, btt & trail running	Veterano M40	56:47	+20:28	04:44
125	299	Narciso Arromba	cluve - clube de veteranos de atletismo de coimbra	Veterano M55	56:49	+20:30	04:44
126	22	Paulo Abrantes	barc	Senior Masculino	57:09	+20:50	04:46
127	307	Jorge Ribeiro	jogging lovers coimbra	Senior Masculino	57:11	+20:52	04:46
128	147	TAÍS RIEPING	individual	Senior Feminino	57:24	+21:05	04:47

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
129	280	Salvador Mascarenhas	individual	Veterano M45	57:24	+21:05	04:47
130	43	Bruno Emanuel Conceição Gomes	cni	Senior Masculino	57:47	+21:28	04:49
131	45	João Manuel Dias P R Seica	cni	Senior Masculino	57:47	+21:28	04:49
132	16	rui andrade	2run4guidedogs	Veterano M50	57:50	+21:31	04:49
133	51	Edgar Semedo	coimbra trail running	Veterano M40	57:52	+21:33	04:49
134	300	Rui Manuel Lima Gomes	individual	Veterano M55	57:56	+21:37	04:50
135	164	Fernando Luís Pinheiro Arede	individual	Senior Masculino	57:56	+21:37	04:50
136	213	Rui de Abreu Botinas	individual	Senior Masculino	58:19	+22:00	04:52
137	246	Henrique Miguel da Cruz Simões	individual	Veterano M40	58:21	+22:02	04:52
138	204	Pedro Silva	individual	Senior Masculino	58:35	+22:16	04:53
139	279	Rui Simões	individual	Veterano M45	58:36	+22:17	04:53
140	112	José Sousa	hm training group	Veterano M45	58:42	+22:23	04:53
141	35	Mário Martins	centro popular de trabalhadores do sobral de ceira	Veterano M50	58:58	+22:39	04:55
142	256	Pedro Miguel Belo Neves	individual	Veterano M40	59:10	+22:51	04:56
143	338	Rafael Santos	peace-udos	Senior Masculino	59:11	+22:52	04:56
144	78	Mónica Marques	fit&fun	Senior Feminino	59:14	+22:55	04:56
145	89	liliana rangel	g d 3 santos populares	Veterana F40	59:14	+22:55	04:56
146	345	Fernando Lopes	saldo válido	Veterano M45	59:25	+23:06	04:57
147	195	Nelson Joaquim Paiva Cancela de Castro	individual	Senior Masculino	59:26	+23:07	04:57
148	346	Rui Feijão	saldo válido	Veterano M45	59:26	+23:07	04:57
149	114	António Teixeira	hm training group	Veterano M50	59:32	+23:13	04:58
150	278	Rui Monteiro	individual	Veterano M45	59:34	+23:15	04:58
151	242	Claudio Gonçalves	individual	Veterano M40	59:39	+23:20	04:58
152	40	Enrique Manuel Leitão Ferreira	clube - clube de veteranos de atletismo de coimbra	Veterano M40	59:46	+23:27	04:59
153	317	Rui Manuel Pacheco Duarte	karrapateira 1919	Veterano M50	59:49	+23:30	04:59
154	260	ALEXANDRE DA FONSECA RODRIGUES	individual	Veterano M45	01:00:05	+23:46	05:00
155	156	Bruno Miguel de Jesus Brandão	individual	Senior Masculino	01:00:12	+23:53	05:01
156	277	Rui Barros	individual	Veterano M45	01:00:13	+23:54	05:01
157	79	António Calheiros	fit&fun	Senior Masculino	01:00:28	+24:09	05:02
158	141	RITA SILVA	individual	Senior Feminino	01:00:32	+24:13	05:03
159	182	Luís Cavaleiro	individual	Senior Masculino	01:00:39	+24:20	05:03
160	237	Alexandre Ritchie	individual	Veterano M40	01:00:39	+24:20	05:03
161	306	Emanuel Ferreira	jogging lovers coimbra	Senior Masculino	01:01:05	+24:46	05:05
162	209	Ricardo Miguel Gaspar	individual	Senior Masculino	01:01:10	+24:51	05:06
163	199	Paulo Costa	individual	Senior Masculino	01:01:36	+25:17	05:08
164	218	Telmo Matos	individual	Senior Masculino	01:01:36	+25:17	05:08
165	353	João Salustiano	individual	Veterano M40	01:01:37	+25:18	05:08
166	293	Fernando Venda	individual	Veterano M55	01:01:49	+25:30	05:09
167	286	Fernando Trino	individual	Veterano M50	01:01:58	+25:39	05:10
168	97	Elizabete Santos	hm training group	Senior Feminino	01:01:59	+25:40	05:10
169	26	André Filipe Tomás Loureiro	centro cultural e recreativo de bruscos	Junior Masculino	01:02:13	+25:54	05:11
170	81	João Bento	fit&fun	Senior Masculino	01:02:32	+26:13	05:13
171	253	Paulo Lopes	individual	Veterano M40	01:02:41	+26:22	05:13

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
172	323	Manuel Montezuma Fonseca	os fonsecas	Senior Masculino	01:02:42	+26:23	05:14
173	50	Fátima Videira	coimbra trail running	Senior Feminino	01:02:44	+26:25	05:14
174	116	Rui Brochado	hm training group	Veterano M50	01:02:44	+26:25	05:14
175	351	Pedro Craveiro	individual	Veterano M50	01:02:48	+26:29	05:14
176	339	José Carlos Teixeira	portuguese united training association	Senior Masculino	01:02:51	+26:32	05:14
177	334	Paulo Jesus	pascoalitos	Veterano M40	01:03:02	+26:43	05:15
178	352	George Grangeia	individual	Senior Masculino	01:03:10	+26:51	05:16
179	252	Olivier Jean Agostinho Wasterlain	individual	Veterano M40	01:03:17	+26:58	05:16
180	266	Filipe José Santos de Carvalho	individual	Veterano M45	01:03:25	+27:06	05:17
181	225	Carla Alexandra Gonçalves Correia de Carvalho	individual	Veterana F40	01:03:25	+27:06	05:17
182	80	Damien Gonçalves	fit&fun	Senior Masculino	01:04:03	+27:44	05:20
183	238	António Manuel Lourenço Guedes	individual	Veterano M40	01:04:06	+27:47	05:21
184	329	Frederico Martins	pascoalitos	Senior Masculino	01:04:10	+27:51	05:21
185	171	Hugo Jorge Pires Ferreira	individual	Senior Masculino	01:04:16	+27:57	05:21
186	187	MAnuel Carona Coelho Figueiredo Costa	individual	Senior Masculino	01:04:29	+28:10	05:22
187	302	Liliana Pragana	jogging lovers coimbra	Senior Feminino	01:04:29	+28:10	05:22
188	127	Catarina Joana dos Santos Graça	individual	Senior Feminino	01:04:30	+28:11	05:22
189	314	Pedro Lemos	jogging lovers coimbra	Veterano M45	01:04:30	+28:11	05:22
190	324	Tomás Montezuma Fonseca	os fonsecas	Senior Masculino	01:04:31	+28:12	05:23
191	83	Samuel Pedrosa	fit&fun	Senior Masculino	01:04:34	+28:15	05:23
192	316	Joaquim Pragana	jogging lovers coimbra	Veterano M55	01:04:55	+28:36	05:25
193	198	NUNO MOINHO	individual	Senior Masculino	01:05:00	+28:41	05:25
194	122	Ana Morais	individual	Senior Feminino	01:05:05	+28:46	05:25
195	138	Marlene Marques	individual	Senior Feminino	01:05:06	+28:47	05:25
196	220	Tiago Figo	individual	Senior Masculino	01:05:08	+28:49	05:26
197	364	Tiago Abreu	individual	Senior Masculino	01:05:12	+28:53	05:26
198	177	João Rainho	individual	Senior Masculino	01:05:12	+28:53	05:26
199	145	Soraia Roxo	individual	Senior Feminino	01:05:18	+28:59	05:26
200	23	Sergio Mendes	barc	Senior Masculino	01:05:18	+28:59	05:27
201	166	Francisco Fernandes	individual	Senior Masculino	01:05:25	+29:06	05:27
202	210	Ricardo Romano	individual	Senior Masculino	01:05:26	+29:07	05:27
203	191	Miguel Luz	individual	Senior Masculino	01:05:50	+29:31	05:29
204	186	Luis silva	individual	Senior Masculino	01:05:52	+29:33	05:29
205	263	Fernando cadete	individual	Veterano M45	01:05:57	+29:38	05:30
206	239	António Santos	individual	Veterano M40	01:05:58	+29:39	05:30
207	264	Fernando Carlos Taveira Cardoso Teixeira	individual	Veterano M45	01:06:01	+29:42	05:30
208	296	José Sequeira	individual	Veterano M55	01:06:02	+29:43	05:30
209	235	Maria Fátima Machado	individual	Veterana F50	01:06:11	+29:52	05:31
210	282	Carlos José de Araújo Ramos	individual	Veterano M50	01:06:16	+29:57	05:31
211	212	Rui Bica	individual	Senior Masculino	01:06:26	+30:07	05:32
212	281	Albino Jorge dos Santos Neves	individual	Veterano M50	01:06:39	+30:20	05:33
213	248	João Pedro F M Soares	individual	Veterano M40	01:06:40	+30:21	05:33
214	104	Ana Borges	hm training group	Veterana F40	01:06:41	+30:22	05:33
215	320	Joaquim Amado	mondegopeças	Veterano M45	01:06:41	+30:22	05:33

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
216	53	Pedro Silva	coimbra trail running	Veterano M45	01:06:41	+30:22	05:33
217	251	Luis da Costa Simões Brandão	individual	Veterano M40	01:06:44	+30:25	05:34
218	259	Rui Manuel da Rosa Colaço	individual	Veterano M40	01:06:45	+30:26	05:34
219	325	Manuel José Fonseca	os fonsecas	Veterano M50	01:06:47	+30:28	05:34
220	321	José Cruz	mondegopeças	Veterano M55	01:06:48	+30:29	05:34
221	72	Mélanie Duarte	farmácia luciano e matos	Senior Feminino	01:06:48	+30:29	05:34
222	151	André Luz Silva	individual	Senior Masculino	01:06:53	+30:34	05:34
223	123	Ana Rita Morais Martins	individual	Senior Feminino	01:06:54	+30:35	05:35
224	255	Pedro Luciano Colenci	individual	Veterano M40	01:07:01	+30:42	05:35
225	304	Adriano Santos	jogging lovers coimbra	Senior Masculino	01:07:24	+31:05	05:37
226	310	Tiago Costa	jogging lovers coimbra	Senior Masculino	01:07:35	+31:16	05:38
227	96	helenia sofia lopes	heliri	Senior Feminino	01:07:35	+31:16	05:38
228	189	Mário Rui Pereira Ferreira	individual	Senior Masculino	01:07:56	+31:37	05:40
229	30	Ruben Emanuel Barreira dos Reis Borges	centro cultural e recreativo de bruscos	Senior Masculino	01:08:06	+31:47	05:41
230	183	Luís Coelho	individual	Senior Masculino	01:08:15	+31:56	05:41
231	362	Patricia Diogo	individual	Senior Feminino	01:08:27	+32:08	05:42
232	153	André Ventura	individual	Senior Masculino	01:08:27	+32:08	05:42
233	265	Fernando Franco	individual	Veterano M45	01:08:31	+32:12	05:43
234	236	Afonso Athayde	individual	Veterano M40	01:08:34	+32:15	05:43
235	297	Manuel de Freitas Balhau Jorge	individual	Veterano M55	01:08:49	+32:30	05:44
236	120	Filipe Montenegro	individual	Junior Masculino	01:08:52	+32:33	05:44
237	291	Fernando Manuel Vieira da Costa Loureiro	individual	Veterano M55	01:08:54	+32:35	05:45
238	142	Sandra Mateus	individual	Senior Feminino	01:08:56	+32:37	05:45
239	211	Ricardo Sequeira	individual	Senior Masculino	01:09:38	+33:19	05:48
240	333	Sergio Santos	pascoalitos	Senior Masculino	01:09:42	+33:23	05:48
241	332	Rui Cardoso	pascoalitos	Senior Masculino	01:09:42	+33:23	05:48
242	295	José Manuel Oliveira madeira	individual	Veterano M55	01:09:54	+33:35	05:49
243	363	Arsénio Alves	individual	Veterano M45	01:09:59	+33:40	05:50
244	203	Pedro Manuel Domingos Simões	individual	Senior Masculino	01:10:11	+33:52	05:51
245	152	André Mendes	individual	Senior Masculino	01:10:15	+33:56	05:51
246	269	João Paulo Mouta Dias	individual	Veterano M45	01:10:23	+34:04	05:52
247	319	Luís Reis	mondegopeças	Senior Masculino	01:10:34	+34:15	05:53
248	162	Dinis Santos	individual	Senior Masculino	01:10:56	+34:37	05:55
249	228	Maria M. Vasconcelos Mota Antunes da Cunha	individual	Veterana F40	01:11:22	+35:03	05:57
250	227	Maria Constança Simões Rigueiro	individual	Veterana F40	01:11:23	+35:04	05:57
251	215	Rui Filipe Monteiro Paixão	individual	Senior Masculino	01:11:25	+35:06	05:57
252	201	Paulo Tomás	individual	Senior Masculino	01:11:25	+35:06	05:57
253	193	Miguel Pimentel	individual	Senior Masculino	01:11:30	+35:11	05:57
254	262	Carlos Barroso	individual	Veterano M45	01:11:30	+35:11	05:57
255	341	Miguel José Reis Fonseca	portuguese united training association	Veterano M40	01:11:33	+35:14	05:58
256	343	Susana Salvaterra	run@figueira	Senior Feminino	01:11:43	+35:24	05:59
257	128	Daniela Pereira	individual	Senior Feminino	01:11:46	+35:27	05:59
258	121	Alice Conde	individual	Senior Feminino	01:11:46	+35:27	05:59
259	347	ILIDIO CORDEIRO	trilhos de sicó	Veterano M50	01:11:47	+35:28	05:59

CORRIDA 12KM - STAGE 1

12 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
260	223	TIAGO TRINDADE	individual	Senior Masculino	01:11:50	+35:31	05:59
261	172	João André Dos Santos Gonçalves	individual	Senior Masculino	01:11:59	+35:40	06:00
262	134	Mafalda Vaz	individual	Senior Feminino	01:12:11	+35:52	06:01
263	326	Filipa Simões Pires	osteófitos	Senior Feminino	01:12:38	+36:19	06:03
264	327	Maria Antónia Freire Sousa Portilha	osteófitos	Senior Feminino	01:12:39	+36:20	06:03
265	76	Maria Helena Amado	farmácia luciano e matos	Veterana F50	01:12:49	+36:30	06:04
266	274	mario valada	individual	Veterano M45	01:13:01	+36:42	06:05
267	229	Raquel Sofia Nogueira	individual	Veterana F40	01:13:06	+36:47	06:06
268	335	Carlos Miranda	peace-udos	Senior Masculino	01:13:17	+36:58	06:06
269	143	Sarah Loureiro	individual	Senior Feminino	01:13:25	+37:06	06:07
270	175	Joao Loureiro	individual	Senior Masculino	01:13:25	+37:06	06:07
271	176	João Pedro	individual	Senior Masculino	01:13:43	+37:24	06:09
272	231	Sónia Farias	individual	Veterana F40	01:13:45	+37:26	06:09
273	358	Isabel Santos	individual	Senior Feminino	01:14:13	+37:54	06:11
274	331	Ricardo Silva	pascoalitos	Senior Masculino	01:14:28	+38:09	06:12
275	25	JORGE OLIVEIRA	bttrain	Veterano M55	01:14:50	+38:31	06:14
276	350	joao pinto	individual	Senior Masculino	01:15:28	+39:09	06:17
277	313	João Bernardo	jogging lovers coimbra	Veterano M45	01:15:30	+39:11	06:17
278	129	Elisabete Domingues	individual	Senior Feminino	01:15:32	+39:13	06:18
279	342	Pedro Miguel Nascimento	portuguese united training association	Veterano M40	01:15:44	+39:25	06:19
280	140	Raquel Filipa Estrela	individual	Senior Feminino	01:15:49	+39:30	06:19
281	131	Inês Loureiro	individual	Senior Feminino	01:15:52	+39:33	06:19
282	230	SALOMÉ BIZARRO	individual	Veterana F40	01:16:16	+39:57	06:21
283	167	Frederico Manuel Pinheiro Carvalhão	individual	Senior Masculino	01:16:17	+39:58	06:21
284	169	Gonçalo Álvaro Ferreira Rodrigues	individual	Senior Masculino	01:16:19	+40:00	06:22
285	288	Luís Miguel Guedes Pinto Antunes da Cunha	individual	Veterano M50	01:16:38	+40:19	06:23
286	126	Carla Cotas	individual	Senior Feminino	01:16:51	+40:32	06:24
287	219	Tiago Emanuel Ferreira Pimentel	individual	Senior Masculino	01:17:26	+41:07	06:27
288	144	Sofia Montenegro	individual	Senior Feminino	01:17:29	+41:10	06:27
289	322	joao sousa	offtelrunneres	Veterano M40	01:18:01	+41:42	06:30
290	148	Telma Cristina das Neves Ferraz	individual	Senior Feminino	01:18:35	+42:16	06:33
291	77	Cláudia Daniela Paralta Henriques Gomes	fit&fun	Senior Feminino	01:18:35	+42:16	06:33
292	146	Susana Margarida Miranda Rodrigues	individual	Senior Feminino	01:18:35	+42:16	06:33
293	21	Isabel Santos	barc	Senior Feminino	01:20:14	+43:55	06:41
294	136	Mariana Silva e Santos	individual	Senior Feminino	01:20:37	+44:18	06:43
295	234	Lesley Hughes	individual	Veterana F50	01:20:38	+44:19	06:43
296	174	João Ferreira	individual	Senior Masculino	01:21:48	+45:29	06:49
297	276	Pedro Montenegro	individual	Veterano M45	01:21:50	+45:31	06:49
298	19	ARTUR DINIS	algymns	Veterano M55	01:23:53	+47:34	06:59
299	18	PAULA COUTO	algymns	Veterana F50	01:23:54	+47:35	07:00
300	298	Mário Guiherme Freitas Figueiredo Costa	individual	Veterano M55	01:24:19	+48:00	07:02
301	233	Cecilia Jaime	individual	Veterana F50	01:25:31	+49:12	07:08

CORRIDA 12KM - STAGE 1

12 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
302	137	Marisa Simões	individual	Senior Feminino	01:25:31	+49:12	07:08
303	196	Nelson José Ferreira dos Santos	individual	Senior Masculino	01:25:56	+49:37	07:10
304	125	Andreia Duarte	individual	Senior Feminino	01:32:20	+56:01	07:42
305	118	Carolina Garçia	individual	Junior Feminino	01:32:20	+56:01	07:42
306	130	Fátima Liliana Gomes Vaz	individual	Senior Feminino	01:34:43	+58:24	07:54
307	283	Casimiro Ramos	individual	Veterano M50	01:34:44	+58:25	07:54

Corrida 12KM

12 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	10:30	25,1°C	60%
End	12:12	27,2°C	55.9%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Junior Feminino

1	118	Carolina Garçia	Individual	Junior Feminino	01:32:20	07:42
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Junior Masculino

1	366	Bruno Vieira	Individual	Junior Masculino	42:37	03:33
2	301	Rafael Pragana	Jogging Lovers Coimbra	Junior Masculino	55:48	+13:11 04:39
3	119	Daniel da Costa Calvão	Individual	Junior Masculino	56:28	+13:51 04:42
4	26	André Filipe Tomás Loureiro	Centro Cultural e Recreativo de Bruscos	Junior Masculino	01:02:13	+19:36 05:11
5	120	Filipe Montenegro	Individual	Junior Masculino	01:08:52	+26:15 05:44

Senior Feminino

1	8	Vera Nunes	SPORT LISBOA E BENFICA	Senior Feminino	42:40	03:33
2	7	Susana Godinho	SPORT LISBOA E BENFICA	Senior Feminino	42:58	+00:18 03:35
3	2	Solange Jesus	Sporting Clube de Portugal	Senior Feminino	43:06	+00:26 03:36
4	135	Maria Mafalda Sousa do Carmo Fernando	Individual	Senior Feminino	50:17	+07:37 04:11
5	98	Leandro Caetano	HM Training Group	Senior Feminino	53:07	+10:27 04:26
6	132	Lara Azambujo	Individual	Senior Feminino	54:15	+11:35 04:31
7	139	Nathalie Silva	Individual	Senior Feminino	54:25	+11:45 04:32
8	147	TAÍS RIEPING	Individual	Senior Feminino	57:24	+14:44 04:47
9	78	Mónica Marques	Fit&Fun	Senior Feminino	59:14	+16:34 04:56
10	141	RITA SILVA	Individual	Senior Feminino	01:00:32	+17:52 05:03
11	97	Elizabete Santos	HM Training Group	Senior Feminino	01:01:59	+19:19 05:10
12	50	Fátima Videira	Coimbra Trail Running	Senior Feminino	01:02:44	+20:04 05:14
13	302	Liliana Pragana	Jogging Lovers Coimbra	Senior Feminino	01:04:29	+21:49 05:22
14	127	Catarina Joana dos Santos Graça	Individual	Senior Feminino	01:04:30	+21:50 05:22
15	122	Ana Morais	Individual	Senior Feminino	01:05:05	+22:25 05:25
16	138	Marlene Marques	Individual	Senior Feminino	01:05:06	+22:26 05:25
17	145	Soraia Roxo	Individual	Senior Feminino	01:05:18	+22:38 05:26
18	72	Mélanie Duarte	Farmácia Luciano e Matos	Senior Feminino	01:06:48	+24:08 05:34
19	123	Ana Rita Morais Martins	Individual	Senior Feminino	01:06:54	+24:14 05:35
20	96	helenasofia lopes	heliri	Senior Feminino	01:07:35	+24:55 05:38
21	362	Patricia Diogo	Individual	Senior Feminino	01:08:27	+25:47 05:42
22	142	Sandra Mateus	Individual	Senior Feminino	01:08:56	+26:16 05:45
23	343	Susana Salvaterra	run@figueira	Senior Feminino	01:11:43	+29:03 05:59
24	128	Daniela Pereira	Individual	Senior Feminino	01:11:46	+29:06 05:59
25	121	Alice Conde	Individual	Senior Feminino	01:11:46	+29:06 05:59

Official Timekeeper: Lap2Go	1 / 8	generate 28-jun-2015 12:24
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Corrida 12KM

12 KM

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OFFICIAL RESULT

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26	134	Mafalda Vaz	Individual	Senior Feminino	01:12:11	+29:31	06:01
27	326	Filipa Simões Pires	Osteófitos	Senior Feminino	01:12:38	+29:58	06:03
28	327	Maria Antónia Freire Sousa Portilha	Osteófitos	Senior Feminino	01:12:39	+29:59	06:03
29	143	Sarah Loureiro	Individual	Senior Feminino	01:13:25	+30:45	06:07
30	358	Isabel Santos	Individual	Senior Feminino	01:14:13	+31:33	06:11
31	129	Elisabete Domingues	Individual	Senior Feminino	01:15:32	+32:52	06:18
32	140	Raquel Filipa Estrela	Individual	Senior Feminino	01:15:49	+33:09	06:19
33	131	Inês Loureiro	Individual	Senior Feminino	01:15:52	+33:12	06:19
34	126	Carla Cotas	Individual	Senior Feminino	01:16:51	+34:11	06:24
35	144	Sofia Montenegro	Individual	Senior Feminino	01:17:29	+34:49	06:27
36	148	Telma Cristina das Neves Ferraz	Individual	Senior Feminino	01:18:35	+35:55	06:33
37	77	Cláudia Daniela Paralta Henriques Gomes	Fit&Fun	Senior Feminino	01:18:35	+35:55	06:33
38	146	Susana Margarida Miranda Rodrigues	Individual	Senior Feminino	01:18:35	+35:55	06:33
39	21	Isabel Santos	Barc	Senior Feminino	01:20:14	+37:34	06:41
40	136	Mariana Silva e Santos	Individual	Senior Feminino	01:20:37	+37:57	06:43
41	137	Marisa Simões	Individual	Senior Feminino	01:25:31	+42:51	07:08
42	125	Andreia Duarte	Individual	Senior Feminino	01:32:20	+49:40	07:42
43	130	Fátima Liliana Gomes Vaz	Individual	Senior Feminino	01:34:43	+52:03	07:54

Senior Masculino

1	1	Hermano Ferreira	Sporting Clube de Portugal	Senior Masculino	36:19	03:02
2	4	Youssef El Kalai	SPORT LISBOA E BENFICA	Senior Masculino	36:23	+00:04 03:02
3	3	Antonio Silva	Sporting Clube de Portugal	Senior Masculino	36:27	+00:08 03:02
4	9	Ricardo Vale	Sporting Clube de Braga	Senior Masculino	38:28	+02:09 03:12
5	56	Fábio Silva	Escola de Atletismo de Coimbra	Senior Masculino	38:40	+02:21 03:13
6	58	José Sousa	Escola de Atletismo de Coimbra	Senior Masculino	39:12	+02:53 03:16
7	61	Nuno Tinoco	Escola de Atletismo de Coimbra	Senior Masculino	39:36	+03:17 03:18
8	57	João Ferreira	Escola de Atletismo de Coimbra	Senior Masculino	39:42	+03:23 03:19
9	361	Vasco Pereira	Individual	Senior Masculino	41:31	+05:12 03:28
10	165	Filipe Rocha	Individual	Senior Masculino	42:36	+06:17 03:33
11	95	Ricardo Jorge Henriques Costa	GDP 3 Santos Populares	Senior Masculino	42:46	+06:27 03:34
12	54	Fábio Abrantes	Comissão Melhoramentos Percelada	Senior Masculino	42:56	+06:37 03:35
13	181	Licínio Pimentel	Individual	Senior Masculino	43:09	+06:50 03:36
14	20	José Veiga	Associação Académica de Coimbra	Senior Masculino	43:09	+06:50 03:36
15	59	Márcio Pereira	Escola de Atletismo de Coimbra	Senior Masculino	44:29	+08:10 03:42
16	62	Raul Bicho	Escola de Atletismo de Coimbra	Senior Masculino	44:29	+08:10 03:42
17	168	Gil Cunha	Associação Académica de Coimbra	Senior Masculino	44:32	+08:13 03:43
18	150	Alexandre Mestre	Individual	Senior Masculino	45:13	+08:54 03:46
19	10	Nuno Amaral	Individual	Senior Masculino	45:17	+08:58 03:46
20	149	Alexandre Marques	Individual	Senior Masculino	46:18	+09:59 03:51
21	55	Emanuel Correia	Escola de Atletismo de Coimbra	Senior Masculino	46:36	+10:17 03:53
22	206	RICARDO CARV	Individual	Senior Masculino	46:47	+10:28 03:54

Official Timekeeper: Lap2Go	2 / 8	generate 28-jun-2015 12:24
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Corrida 12KM

12 KM

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OFFICIAL RESULT

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23	224	Valter Lopes	Individual	Senior Masculino	46:48	+10:29	03:54
24	179	joseferreira	Individual	Senior Masculino	47:32	+11:13	03:58
25	208	Ricardo Gaspar	Individual	Senior Masculino	47:40	+11:21	03:58
26	32	Renato Rodrigues	Centro Popular de Trabalhadores do Sobral de Ceira	Senior Masculino	48:29	+12:10	04:02
27	88	nuno lopes	G D 3 SANTOS POPULARES	Senior Masculino	48:38	+12:19	04:03
28	170	Heber Fábio Lindo da Silva Pires	Individual	Senior Masculino	48:53	+12:34	04:04
29	42	Artur Jorge Henriques Gandara	CNI	Senior Masculino	49:06	+12:47	04:06
30	214	RUI FIGUEIREDO	Individual	Senior Masculino	49:28	+13:09	04:06
31	63	Ricardo Monteiro	Escola de Atletismo de Coimbra	Senior Masculino	50:13	+13:54	04:11
32	159	Calisto José Protasio Faria	Individual	Senior Masculino	50:22	+14:03	04:12
33	160	Cristiano V. M. Araújo	Individual	Senior Masculino	50:30	+14:11	04:12
34	188	Manuel Conesa Valverde	Individual	Senior Masculino	50:30	+14:11	04:13
35	370	Mark Sarkara	Individual	Senior Masculino	50:40	+14:21	04:13
36	157	Bruno Ratinho	Individual	Senior Masculino	50:58	+14:39	04:15
37	194	NELSON FERRAZ MOREIRA	Individual	Senior Masculino	51:48	+15:29	04:19
38	41	André Miguel Lameiro Monteiro	CNI	Senior Masculino	51:56	+15:37	04:20
39	205	Ricardo Bica	Individual	Senior Masculino	52:10	+15:51	04:21
40	328	David Jesus	Pascoalitos	Senior Masculino	52:16	+15:57	04:21
41	190	Miguel Cunha	Individual	Senior Masculino	52:16	+15:57	04:21
42	82	João Veríssimo	Fit&Fun	Senior Masculino	52:18	+15:59	04:22
43	33	Ricardo Simões	Centro Popular de Trabalhadores do Sobral de Ceira	Senior Masculino	52:50	+16:31	04:24
44	178	José Augusto Nobre Torres	Individual	Senior Masculino	52:50	+16:31	04:24
45	309	Rui Branco Lopes	Jogging Lovers Coimbra	Senior Masculino	52:56	+16:37	04:25
46	184	Luís Machado	Individual	Senior Masculino	53:02	+16:43	04:25
47	221	TIAGO FONTES	Individual	Senior Masculino	53:05	+16:46	04:25
48	305	Aurégio Saúde	Jogging Lovers Coimbra	Senior Masculino	53:06	+16:47	04:26
49	180	Joselito Simões Pereira	Individual	Senior Masculino	53:36	+17:17	04:28
50	308	Nuno Cabral	Jogging Lovers Coimbra	Senior Masculino	53:46	+17:27	04:29
51	337	Igor Castro	Peace-udos	Senior Masculino	53:58	+17:39	04:30
52	349	Francisco António Alves	Vila Seca Run Team	Senior Masculino	54:25	+18:06	04:32
53	101	Carlos Moreira	HM Training Group	Senior Masculino	54:32	+18:13	04:33
54	155	Bruno Gil	Individual	Senior Masculino	54:37	+18:18	04:33
55	192	Miguel Oliva	Individual	Senior Masculino	54:37	+18:18	04:33
56	60	Mário Vaz	Escola de Atletismo de Coimbra	Senior Masculino	54:44	+18:25	04:34
57	217	Samuel de Oliveira Martinho	Individual	Senior Masculino	55:00	+18:41	04:35
58	163	Fábio Costa	Individual	Senior Masculino	55:00	+18:41	04:35
59	216	Rui Miguel Serralha Gonçalves	Individual	Senior Masculino	55:38	+19:19	04:38
60	185	Luís Nuno Lopes Santos	Individual	Senior Masculino	55:40	+19:21	04:38
61	161	Daniel González	Individual	Senior Masculino	55:41	+19:22	04:38
62	37	Bruno Marques	CHARON	Senior Masculino	55:46	+19:27	04:39
63	46	Marcos Daniel Ribeiro Dias	CNI	Senior Masculino	55:46	+19:27	04:39
64	200	Paulo Ricardo Oliveira Vicente	Individual	Senior Masculino	55:46	+19:27	04:39
65	311	Vítor Monteiro	Jogging Lovers Coimbra	Senior Masculino	55:48	+19:29	04:39
66	369	José Figueiredo	Individual	Senior Masculino	56:08	+19:49	04:41
67	158	Bruno Rodrigues	Individual	Senior Masculino	56:16	+19:57	04:41

Corrida 12KM

12 KM

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OFFICIAL RESULT

[illegible]

68	74	André Paiva	Farmácia Luciano e Matos	Senior Masculino	56:20	+20:01	04:42
69	336	David Moreira	Peace-udos	Senior Masculino	56:25	+20:06	04:42
70	368	Paulo Jacob	Individual	Senior Masculino	56:29	+20:10	04:42
71	27	Fábio Rafael Tomás Loureiro	Centro Cultural e Recreativo de Bruscos	Senior Masculino	56:36	+20:17	04:43
72	365	Helder Filipe da Costa	Equipe Running	Senior Masculino	56:37	+20:18	04:43
73	22	Paulo Abrantes	Barc	Senior Masculino	57:09	+20:50	04:46
74	307	Jorge Ribeiro	Jogging Lovers Coimbra	Senior Masculino	57:11	+20:52	04:46
75	43	Bruno Emanuel Conceição Gomes	CNI	Senior Masculino	57:47	+21:28	04:49
76	45	João Manuel Dias P R Seiya	CNI	Senior Masculino	57:47	+21:28	04:49
77	164	Fernando Luís Pinheiro Arede	Individual	Senior Masculino	57:56	+21:37	04:50
78	213	Rui de Abreu Botinas	Individual	Senior Masculino	58:19	+22:00	04:52
79	204	Pedro Silva	Individual	Senior Masculino	58:35	+22:16	04:53
80	338	Rafael Santos	Peace-udos	Senior Masculino	59:11	+22:52	04:56
81	195	Nelson Joaquim Paiva Cancela de Castro	Individual	Senior Masculino	59:26	+23:07	04:57
82	156	Bruno Miguel de Jesus Brandão	Individual	Senior Masculino	01:00:12	+23:53	05:01
83	79	António Calheiros	Fit&Fun	Senior Masculino	01:00:28	+24:09	05:02
84	182	Luís Cavaleiro	Individual	Senior Masculino	01:00:39	+24:20	05:03
85	306	Emanuel Ferreira	Jogging Lovers Coimbra	Senior Masculino	01:01:05	+24:46	05:05
86	209	Ricardo Miguel Gaspar	Individual	Senior Masculino	01:01:10	+24:51	05:06
87	199	Paulo Costa	Individual	Senior Masculino	01:01:36	+25:17	05:08
88	218	Telmo Matos	Individual	Senior Masculino	01:01:36	+25:17	05:08
89	81	João Bento	Fit&Fun	Senior Masculino	01:02:32	+26:13	05:13
90	323	Manuel Montezuma Fonseca	Os FONSECAS	Senior Masculino	01:02:42	+26:23	05:14
91	339	José Carlos Teixeira	Portuguese United Training Association	Senior Masculino	01:02:51	+26:32	05:14
92	352	George Grangeia	Individual	Senior Masculino	01:03:10	+26:51	05:16
93	80	Damien Gonçalves	Fit&Fun	Senior Masculino	01:04:03	+27:44	05:20
94	329	Frederico Martins	Pascoalitos	Senior Masculino	01:04:10	+27:51	05:21
95	171	Hugo Jorge Pires Ferreira	Individual	Senior Masculino	01:04:16	+27:57	05:21
96	187	MAnuel Carona Coelho Figueiredo Costa	Individual	Senior Masculino	01:04:29	+28:10	05:22
97	324	Tomás Montezuma Fonseca	Os FONSECAS	Senior Masculino	01:04:31	+28:12	05:23
98	83	Samuel Pedrosa	Fit&Fun	Senior Masculino	01:04:34	+28:15	05:23
99	198	NUNO MOINHO	Individual	Senior Masculino	01:05:00	+28:41	05:25
100	220	Tiago Figo	Individual	Senior Masculino	01:05:08	+28:49	05:26
101	364	Tiago Abreu	Individual	Senior Masculino	01:05:12	+28:53	05:26
102	177	João Rainho	Individual	Senior Masculino	01:05:12	+28:53	05:26
103	23	Sergio Mendes	Barc	Senior Masculino	01:05:18	+28:59	05:27
104	166	Francisco Fernandes	Individual	Senior Masculino	01:05:25	+29:06	05:27
105	210	Ricardo Romano	Individual	Senior Masculino	01:05:26	+29:07	05:27
106	191	Miguel Luz	Individual	Senior Masculino	01:05:50	+29:31	05:29
107	186	Luis silva	Individual	Senior Masculino	01:05:52	+29:33	05:29
108	212	Rui Bica	Individual	Senior Masculino	01:06:26	+30:07	05:32
109	151	André Luz Silva	Individual	Senior Masculino	01:06:53	+30:34	05:34
110	304	Adriano Santos	Jogging Lovers Coimbra	Senior Masculino	01:07:24	+31:05	05:37
111	310	Tiago Costa	Jogging Lovers Coimbra	Senior Masculino	01:07:35	+31:16	05:38

Official Timekeeper: Lap2Go	4 / 8	generate 28-jun-2015 12:24
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Corrida 12KM

12 KM

[illegible]

OFFICIAL RESULT

[illegible]

112	189	Mário Rui Pereira Ferreira	Individual	Senior Masculino	01:07:56	+31:37	05:40
113	30	Ruben Emanuel Barreira dos Reis Borges	Centro Cultural e Recreativo de Bruscos	Senior Masculino	01:08:06	+31:47	05:41
114	183	Luís Coelho	Individual	Senior Masculino	01:08:15	+31:56	05:41
115	153	André Ventura	Individual	Senior Masculino	01:08:27	+32:08	05:42
116	211	Ricardo Sequeira	Individual	Senior Masculino	01:09:38	+33:19	05:48
117	333	Sergio Santos	Pascoalitos	Senior Masculino	01:09:42	+33:23	05:48
118	332	Rui Cardoso	Pascoalitos	Senior Masculino	01:09:42	+33:23	05:48
119	203	Pedro Manuel Domingos Simões	Individual	Senior Masculino	01:10:11	+33:52	05:51
120	152	André Mendes	Individual	Senior Masculino	01:10:15	+33:56	05:51
121	319	Luís Reis	MONDEGOPEÇAS	Senior Masculino	01:10:34	+34:15	05:53
122	162	Dinis Santos	Individual	Senior Masculino	01:10:56	+34:37	05:55
123	215	Rui Filipe Monteiro Paixão	Individual	Senior Masculino	01:11:25	+35:06	05:57
124	201	Paulo Tomás	Individual	Senior Masculino	01:11:25	+35:06	05:57
125	193	Miguel Pimentel	Individual	Senior Masculino	01:11:30	+35:11	05:57
126	223	TIAGO TRINDADE	Individual	Senior Masculino	01:11:50	+35:31	05:59
127	172	João André Dos Santos Gonçalves	Individual	Senior Masculino	01:11:59	+35:40	06:00
128	335	Carlos Miranda	Peace-udos	Senior Masculino	01:13:17	+36:58	06:06
129	175	Joao Loureiro	Individual	Senior Masculino	01:13:25	+37:06	06:07
130	176	João Pedro	Individual	Senior Masculino	01:13:43	+37:24	06:09
131	331	Ricardo Silva	Pascoalitos	Senior Masculino	01:14:28	+38:09	06:12
132	350	joao pinto	Individual	Senior Masculino	01:15:28	+39:09	06:17
133	167	Frederico Manuel Pinheiro Carvalhão	Individual	Senior Masculino	01:16:17	+39:58	06:21
134	169	Gonçalo Álvaro Ferreira Rodrigues	Individual	Senior Masculino	01:16:19	+40:00	06:22
135	219	Tiago Emanuel Ferreira Pimentel	Individual	Senior Masculino	01:17:26	+41:07	06:27
136	174	João Ferreira	Individual	Senior Masculino	01:21:48	+45:29	06:49
137	196	Nelson José Ferreira dos Santos	Individual	Senior Masculino	01:25:56	+49:37	07:10

Veterana F40

1	226	dulcínea silva	Individual	Veterana F40	48:52		04:04
2	89	liliana rangel	G D 3 SANTOS POPULARES	Veterana F40	59:14	+10:22	04:56
3	225	Carla Alexandra Gonçalves Correia de Carvalho	Individual	Veterana F40	01:03:25	+14:33	05:17
4	104	Ana Borges	HM Training Group	Veterana F40	01:06:41	+17:49	05:33
5	228	Maria M. Vasconcelos Mota Antunes da Cunha	Individual	Veterana F40	01:11:22	+22:30	05:57
6	227	Maria Constança Simões Rigueiro	Individual	Veterana F40	01:11:23	+22:31	05:57
7	229	Raquel Sofia Nogueira	Individual	Veterana F40	01:13:06	+24:14	06:06
8	231	Sónia Farias	Individual	Veterana F40	01:13:45	+24:53	06:09
9	230	SALOMÉ BIZARRO	Individual	Veterana F40	01:16:16	+27:24	06:21

Veterana F50

1	93	Helena Mourão	G.D.C. CASTELO DE PAIVA	Veterana F50	54:32	04:33
2	235	Maria Fátima Machado	Individual	Veterana F50	01:06:11	+11:39 05:31

Official Timekeeper: Lap2Go	5 / 8	generate 28-jun-2015 12:24
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Corrida 12KM

12 KM

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OFFICIAL RESULT

[illegible]

3	76	Maria Helena Amado	Farmácia Luciano e Matos	Veterana F50	01:12:49	+18:17	06:04
4	234	Lesley Hughes	Individual	Veterana F50	01:20:38	+26:06	06:43
5	18	PAULA COUTO	ALGYMNS	Veterana F50	01:23:54	+29:22	07:00
6	233	Cecilia Jaime	Individual	Veterana F50	01:25:31	+30:59	07:08

Veterano M40

1	90	messias dias	G D 3 SANTOS POPULARES	Veterano M40	41:11	03:26
2	241	Carlos Pimenta	Individual	Veterano M40	45:02	+03:51 03:45
3	65	Augusto Manuel Canelas Figueiredo	Escola de Atletismo de Coimbra	Veterano M40	46:05	+04:54 03:50
4	84	Belmiro Santos	Fit&Fun	Veterano M40	48:29	+07:18 04:02
5	49	Vitor Manuel Rodrigues Nunes	CNI	Veterano M40	50:02	+08:51 04:10
6	243	Elísio Gonçalves	Individual	Veterano M40	50:08	+08:57 04:11
7	244	Filipe Baptista	Individual	Veterano M40	51:40	+10:29 04:18
8	318	Telmo Almeida	Lágrimas Team - Cantanhede	Veterano M40	51:54	+10:43 04:20
9	258	RUI ALEXANDRE DOMINGUES SILVA	Individual	Veterano M40	51:59	+10:48 04:20
10	312	Luc Hennetier	Jogging Lovers Coimbra	Veterano M40	52:20	+11:09 04:22
11	254	PEDRO JACINTO	Individual	Veterano M40	52:24	+11:13 04:22
12	38	Adriano Tabanez	CHARON	Veterano M40	52:33	+11:22 04:23
13	359	PAULO CARVALHO CEREJA	Individual	Veterano M40	52:40	+11:29 04:23
14	250	José Lourenço Gomes	Individual	Veterano M40	53:32	+12:21 04:28
15	240	Bruno Miguel Quintal	Individual	Veterano M40	54:04	+12:53 04:30
16	39	Paulo Faria	CHARON	Veterano M40	55:32	+14:21 04:38
17	344	Daniel Mendes	run@figueira	Veterano M40	55:52	+14:41 04:39
18	87	Luís Balula	FormoBike, BTT & Trail Running	Veterano M40	56:47	+15:36 04:44
19	51	Edgar Semedo	Coimbra Trail Running	Veterano M40	57:52	+16:41 04:49
20	246	Henrique Miguel da Cruz Simões	Individual	Veterano M40	58:21	+17:10 04:52
21	256	Pedro Miguel Belo Neves	Individual	Veterano M40	59:10	+17:59 04:56
22	242	Claudio Gonçalves	Individual	Veterano M40	59:39	+18:28 04:58
23	40	Enrique Manuel Leitão Ferreira	Cluve - Clube de Veteranos de Atletismo de Coimbra	Veterano M40	59:46	+18:35 04:59
24	237	Alexandre Ritchie	Individual	Veterano M40	01:00:39	+19:28 05:03
25	353	João Salustiano	Individual	Veterano M40	01:01:37	+20:26 05:08
26	253	Paulo Lopes	Individual	Veterano M40	01:02:41	+21:30 05:13
27	334	Paulo Jesus	Pascoalitos	Veterano M40	01:03:02	+21:51 05:15
28	252	Olivier Jean Agostinho Wasterlain	Individual	Veterano M40	01:03:17	+22:06 05:16
29	238	António Manuel Lourenço Guedes	Individual	Veterano M40	01:04:06	+22:55 05:21
30	239	António Santos	Individual	Veterano M40	01:05:58	+24:47 05:30
31	248	João Pedro F M Soares	Individual	Veterano M40	01:06:40	+25:29 05:33
32	251	Luis da Costa Simões Brandão	Individual	Veterano M40	01:06:44	+25:33 05:34
33	259	Rui Manuel da Rosa Colaço	Individual	Veterano M40	01:06:45	+25:34 05:34
34	255	Pedro Luciano Colenci	Individual	Veterano M40	01:07:01	+25:50 05:35
35	236	Afonso Athayde	Individual	Veterano M40	01:08:34	+27:23 05:43
36	341	Miguel José Reis Fonseca	Portuguese United Training Association	Veterano M40	01:11:33	+30:22 05:58
37	342	Pedro Miguel Nascimento	Portuguese United Training Association	Veterano M40	01:15:44	+34:33 06:19

Official Timekeeper: Lap2Go	6 / 8	generate 28-jun-2015 12:24
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Corrida 12KM

12 KM

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OFFICIAL RESULT

[illegible]

38	322	joao souza	offtelrunneres	Veterano M40	01:18:01	+36:50	06:30
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Veterano M45

1	356	Joaquim Martins	Associação Académica de Coimbra	Veterano M45	47:26	03:57
2	68	Nelson Silvestre Santos	Escola de Atletismo de Coimbra	Veterano M45	49:06	+01:40 04:05
3	261	António José Rodrigues Ribeiro	Individual	Veterano M45	49:16	+01:50 04:06
4	270	Jorge Adelino Fonseca Alves	Individual	Veterano M45	49:31	+02:05 04:08
5	272	Luis Miguel Abade	Individual	Veterano M45	51:29	+04:03 04:17
6	267	Gabriel Maria Dias Teixeira Costa Anacleto	Individual	Veterano M45	53:10	+05:44 04:26
7	52	Oscar Pinto	Coimbra Trail Running	Veterano M45	54:59	+07:33 04:35
8	275	Pedro Alexandre Fernando	Individual	Veterano M45	56:14	+08:48 04:41
9	280	Salvador Mascarenhas	Individual	Veterano M45	57:24	+09:58 04:47
10	279	Rui Simões	Individual	Veterano M45	58:36	+11:10 04:53
11	112	José Sousa	HM Training Group	Veterano M45	58:42	+11:16 04:53
12	345	Fernando Lopes	Saldo Válido	Veterano M45	59:25	+11:59 04:57
13	346	Rui Feijão	Saldo Válido	Veterano M45	59:26	+12:00 04:57
14	278	Rui Monteiro	Individual	Veterano M45	59:34	+12:08 04:58
15	260	ALEXANDRE DA FONSECA RODRIGUES	Individual	Veterano M45	01:00:05	+12:39 05:00
16	277	Rui Barros	Individual	Veterano M45	01:00:13	+12:47 05:01
17	266	Filipe José Santos de Carvalho	Individual	Veterano M45	01:03:25	+15:59 05:17
18	314	Pedro Lemos	Jogging Lovers Coimbra	Veterano M45	01:04:30	+17:04 05:22
19	263	Fernando cadete	Individual	Veterano M45	01:05:57	+18:31 05:30
20	264	Fernando Carlos Taveira Cardoso Teixeira	Individual	Veterano M45	01:06:01	+18:35 05:30
21	320	Joaquim Amado	MONDEGOPEÇAS	Veterano M45	01:06:41	+19:15 05:33
22	53	Pedro Silva	Coimbra Trail Running	Veterano M45	01:06:41	+19:15 05:33
23	265	Fernando Franco	Individual	Veterano M45	01:08:31	+21:05 05:43
24	363	Arsénio Alves	Individual	Veterano M45	01:09:59	+22:33 05:50
25	269	João Paulo Mouta Dias	Individual	Veterano M45	01:10:23	+22:57 05:52
26	262	Carlos Barroso	Individual	Veterano M45	01:11:30	+24:04 05:57
27	274	mario valada	Individual	Veterano M45	01:13:01	+25:35 06:05
28	313	João Bernardo	Jogging Lovers Coimbra	Veterano M45	01:15:30	+28:04 06:17
29	276	Pedro Montenegro	Individual	Veterano M45	01:21:50	+34:24 06:49

Veterano M50

1	91	jose fernandes	G D 3 SANTOS POPULARES	Veterano M50	41:59	03:30
2	287	Gary Blesson	Individual	Veterano M50	42:08	+00:09 03:31
3	290	vit0r ribeiro	Individual	Veterano M50	48:41	+06:42 04:03
4	289	Mario Carapinheiro	Cluve - Clube de Veteranos de Atletismo de Coimbra	Veterano M50	49:09	+07:10 04:06
5	285	Fernando Manuel Machado Alhau	Individual	Veterano M50	53:26	+11:27 04:27

Official Timekeeper: Lap2Go	7 / 8	generate 28-jun-2015 12:24
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Corrida 12KM

12 KM

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OFFICIAL RESULT

[illegible]

6	315	Victor Santos	Jogging Lovers Coimbra	Veterano M50	54:14	+12:15	04:31
7	16	rui andrade	2run4GuideDogs	Veterano M50	57:50	+15:51	04:49
8	35	Mário Martins	Centro Popular de Trabalhadores do Sobral de Ceira	Veterano M50	58:58	+16:59	04:55
9	114	António Teixeira	HM Training Group	Veterano M50	59:32	+17:33	04:58
10	317	Rui Manuel Pacheco Duarte	Karrapateira 1919	Veterano M50	59:49	+17:50	04:59
11	286	Fernando Trino	Individual	Veterano M50	01:01:58	+19:59	05:10
12	116	Rui Brochado	HM Training Group	Veterano M50	01:02:44	+20:45	05:14
13	351	Pedro Craveiro	Individual	Veterano M50	01:02:48	+20:49	05:14
14	282	Carlos José de Araújo Ramos	Individual	Veterano M50	01:06:16	+24:17	05:31
15	281	Albino Jorge dos Santos Neves	Individual	Veterano M50	01:06:39	+24:40	05:33
16	325	Manuel José Fonseca	Os FONSECAS	Veterano M50	01:06:47	+24:48	05:34
17	347	ILIDIO CORDEIRO	TRILHOS DE SICÓ	Veterano M50	01:11:47	+29:48	05:59
18	288	Luís Miguel Guedes Pinto Antunes da Cunha	Individual	Veterano M50	01:16:38	+34:39	06:23
19	283	Casimiro Ramos	Individual	Veterano M50	01:34:44	+52:45	07:54

Veterano M55

1	92	joaquim godinho	G D 3 SANTOS POPULARES	Veterano M55	46:03		03:50
2	70	Álvaro Coelho	Escola de Atletismo de Coimbra	Veterano M55	46:25	+00:22	03:52
3	36	António Catorza	Centro Popular de Trabalhadores do Sobral de Ceira	Veterano M55	49:39	+03:36	04:08
4	17	Fernando Pato	ADREP	Veterano M55	51:23	+05:20	04:17
5	292	Fernando Santos	Individual	Veterano M55	51:59	+05:56	04:20
6	117	Adriano Queiroz	HM Training Group	Veterano M55	54:33	+08:30	04:33
7	86	Vitor Oliveira	Fit&Fun	Veterano M55	55:53	+09:50	04:39
8	85	Helder Araújo	Fit&Fun	Veterano M55	56:29	+10:26	04:42
9	299	Narciso Arromba	Cluve - Clube de Veteranos de Atletismo de Coimbra	Veterano M55	56:49	+10:46	04:44
10	300	Rui Manuel Lima Gomes	Individual	Veterano M55	57:56	+11:53	04:50
11	293	Fernando Venda	Individual	Veterano M55	01:01:49	+15:46	05:09
12	316	Joaquim Pragana	Jogging Lovers Coimbra	Veterano M55	01:04:55	+18:52	05:25
13	296	José Sequeira	Individual	Veterano M55	01:06:02	+19:59	05:30
14	321	José Cruz	MONDEGOPEÇAS	Veterano M55	01:06:48	+20:45	05:34
15	297	Manuel de Freitas Balhau Jorge	Individual	Veterano M55	01:08:49	+22:46	05:44
16	291	Fernando Manuel Vieira da Costa Loureiro	Individual	Veterano M55	01:08:54	+22:51	05:45
17	295	José Manuel Oliveira madeira	Individual	Veterano M55	01:09:54	+23:51	05:49
18	25	JORGE OLIVEIRA	Btrain	Veterano M55	01:14:50	+28:47	06:14
19	19	ARTUR DINIS	ALGYMNS	Veterano M55	01:23:53	+37:50	06:59
20	298	Mário Guiherme Freitas Figueiredo Costa	Individual	Veterano M55	01:24:19	+38:16	07:02

CORRIDA DA FAMILIA - STAGE 1

8 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	10:30	25,5°C	58,9%
End	11:47	27,2°C	55.9%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	592	Gustavo Baptista	individual	Senior Masculino	26:37		03:20
2	588	André Lemos	individual	Senior Masculino	27:07	+00:30	03:23
3	598	Lino Costa	individual	Senior Masculino	29:34	+02:57	03:42
4	537	Catarina Sofia Barbosa de Oliveira de Henriques	individual	Senior Feminino	32:05	+05:28	04:01
5	619	DEOLINDA ALVES	sport club conimbricense	Senior Feminino	37:42	+11:05	04:43
6	614	FRANCISCO RIBEIRO LOPES	individual	Senior Masculino	43:55	+17:18	05:29
7	581	SUSANA CLÁUDIA FERNANDES RIBEIRO	individual	Senior Feminino	43:55	+17:18	05:29
8	524	Ana Maria Dias Baptista Neto	individual	Senior Feminino	44:06	+17:29	05:31
9	516	lina santos	heliri	Senior Feminino	44:23	+17:46	05:33
10	515	ana rita artur	heliri	Senior Feminino	44:24	+17:47	05:33
11	599	LUIS ANTÓNIO DAS DORES BENTES	individual	Senior Masculino	45:48	+19:11	05:43
12	602	Mário José Oliveira Costa	individual	Senior Masculino	45:48	+19:11	05:44
13	569	OLGA DE JESUS PINTO MARQUES BENTES	individual	Senior Feminino	45:48	+19:11	05:44
14	596	Jorge Manuel de Figueiredo Dinis	individual	Senior Masculino	46:24	+19:47	05:48
15	603	Mário Rodrigues	individual	Senior Masculino	46:27	+19:50	05:48
16	555	Joana Pinto	individual	Senior Feminino	46:36	+19:59	05:50
17	577	Sara Rodrigues de Carvalho	individual	Senior Feminino	46:52	+20:15	05:51
18	558	Margarida Torres	individual	Senior Feminino	46:52	+20:15	05:52
19	565	Maria Manuel Rodrigues de Carvalho	individual	Senior Feminino	47:12	+20:35	05:54
20	538	Celeste Duarte Marques Dourado Correia	individual	Senior Feminino	47:13	+20:36	05:54
21	590	Diamantino Vasco Fernandes	individual	Senior Masculino	48:44	+22:07	06:05
22	566	Matilde Mota Ferreira	individual	Senior Feminino	49:32	+22:55	06:12
23	521	Alexandra Margarida Negrão Duarte	individual	Senior Feminino	49:33	+22:56	06:12
24	522	Ana Beatriz Dias Vilela	individual	Senior Feminino	49:33	+22:56	06:12
25	546	Dulce Freitas	individual	Senior Feminino	50:08	+23:31	06:16
26	607	ricardo alberto santos pinto de figueiredo	individual	Senior Masculino	50:19	+23:42	06:17
27	597	José Alberto Gabriel	individual	Senior Masculino	50:24	+23:47	06:18
28	610	Vitor Alexandre Pimentel Duarte	individual	Senior Masculino	50:24	+23:47	06:18
29	589	Carlos Eduardo Marques	individual	Senior Masculino	50:42	+24:05	06:20
30	559	Maria Abreu	individual	Senior Feminino	50:55	+24:18	06:22
31	357	Silvina Baptista	individual	Senior Feminino	50:56	+24:19	06:22
32	526	Ana Raquel da Costa Neves Correia Amado	individual	Senior Feminino	50:56	+24:19	06:22
33	574	Rosa Abreu	individual	Senior Feminino	50:56	+24:19	06:22
34	573	Rita Oliveira	individual	Senior Feminino	50:56	+24:19	06:22
35	505	Joaquim Lourenço	bora lá andar...	Senior Masculino	51:15	+24:38	06:24
36	527	Ana Sofia Costa	individual	Senior Feminino	51:23	+24:46	06:25

CORRIDA DA FAMILIA - STAGE 1

8 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
37	605	Nuno André da Silva Alves	individual	Senior Masculino	51:33	+24:56	06:27
38	542	deolinda maria reis silva cristo	individual	Senior Feminino	51:33	+24:56	06:27
39	606	NUNO MIGUEL DIAS ALVES	individual	Senior Masculino	51:33	+24:56	06:27
40	547	Dulce Raquel A. C. A Gabriel	individual	Senior Feminino	52:12	+25:35	06:31
41	557	Margarida Emanuela C. Santos	individual	Senior Feminino	52:13	+25:36	06:32
42	532	Carla Alexandra Lucas	individual	Senior Feminino	52:13	+25:36	06:32
43	545	Dora Sofia Almeida	individual	Senior Feminino	52:15	+25:38	06:32
44	523	ANA LUCIA SANTOS BAPTISTA	individual	Senior Feminino	52:15	+25:38	06:32
45	572	RAQUEL GONCALVES SIMAO	individual	Senior Feminino	52:15	+25:38	06:32
46	533	CARLA CRISTINA MENDES ANGELO	individual	Senior Feminino	52:16	+25:39	06:32
47	549	Filipa Isabel Félix Barradas	individual	Senior Feminino	52:49	+26:12	06:36
48	530	Andreia Margarida Silva Duarte Preces	individual	Senior Feminino	53:00	+26:23	06:38
49	621	Silvia Costa	individual	Senior Feminino	53:01	+26:24	06:38
50	510	Odete Ladeira	centro de marcha e corrida de mira	Senior Feminino	53:03	+26:26	06:38
51	513	João Oliveira	centro de marcha e corrida de mira	Senior Masculino	53:03	+26:26	06:38
52	618	Patrícia Isabel Lopes Ferreira	osteófitos	Senior Feminino	53:44	+27:07	06:43
53	616	Ana Filipa Carvalho	osteófitos	Senior Feminino	53:44	+27:07	06:43
54	617	Patrícia Alexandra Vieira Santos	osteófitos	Senior Feminino	53:45	+27:08	06:43
55	506	Luis Morais	bora lá andar...	Senior Masculino	54:13	+27:36	06:47
56	561	Maria de Fátima Ferreira Simões Silvestre	individual	Senior Feminino	54:51	+28:14	06:51
57	613	David Silvestre	individual	Senior Masculino	54:52	+28:15	06:52
58	591	Francisco Manuel Carneiro Barradas	individual	Senior Masculino	54:54	+28:17	06:52
59	579	Sónia Silva	individual	Senior Feminino	54:55	+28:18	06:52
60	504	Bruno Carvalho	bora lá andar...	Senior Masculino	54:55	+28:18	06:52
61	502	Catarina Nunes	bora lá andar...	Senior Feminino	54:56	+28:19	06:52
62	611	Inês Silvestre	individual	Senior Feminino	54:57	+28:20	06:52
63	514	Maria Luisa	centro de marcha e corrida de mira	Senior Feminino	55:03	+28:26	06:53
64	511	Bruno Oliveira	centro de marcha e corrida de mira	Senior Masculino	55:04	+28:27	06:53
65	570	Patricia Coimbra	individual	Senior Feminino	55:08	+28:31	06:53
66	507	Ana Santos	centro de marcha e corrida de mira	Senior Feminino	55:16	+28:39	06:54
67	508	Cristina Oliveira	centro de marcha e corrida de mira	Senior Feminino	55:17	+28:40	06:55
68	528	Ana Sofia Tomás	individual	Senior Feminino	55:18	+28:41	06:55
69	512	Joao Leigo	centro de marcha e corrida de mira	Senior Masculino	55:18	+28:41	06:55
70	503	Tània Devezas	bora lá andar...	Senior Feminino	55:18	+28:41	06:55
71	609	Telmo Caetano Pereira	individual	Senior Masculino	55:45	+29:08	06:58
72	525	Ana Raquel Assunção Azeiteiro	individual	Senior Feminino	55:46	+29:09	06:58
73	534	Carla Margarida Figueiredo Rosa	individual	Senior Feminino	56:22	+29:45	07:03
74	535	Carla Patrícia Varela Braz	individual	Senior Feminino	56:24	+29:47	07:03
75	564	Maria José Moura Félix Barradas	individual	Senior Feminino	57:11	+30:34	07:09
76	576	SANDRA RODRIGUES	individual	Senior Feminino	57:12	+30:35	07:09
77	585	VIRGINIA BORGES	individual	Senior Feminino	57:16	+30:39	07:10
78	544	DIANA RODRIGUES	individual	Senior Feminino	57:17	+30:40	07:10
79	553	ISABEL VAZ	individual	Senior Feminino	57:17	+30:40	07:10

CORRIDA DA FAMILIA - STAGE 1

8 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
80	531	BARBARA REBELO	individual	Senior Feminino	57:18	+30:41	07:10
81	582	TELMA MORGADO	individual	Senior Feminino	57:18	+30:41	07:10
82	556	JOANA PINTO	individual	Senior Feminino	57:19	+30:42	07:10
83	520	ADRIANA FILIPA LOPES CARDOSO	individual	Senior Feminino	57:34	+30:57	07:12
84	554	JOANA CATARINA LOPES CARDOSO	individual	Senior Feminino	57:34	+30:57	07:12
85	595	João Serpa Oliva	individual	Senior Masculino	01:01:05	+34:28	07:38
86	501	Alexandra Atanásio	bora lá andar...	Senior Feminino	01:01:09	+34:32	07:39
87	550	helen a cecilia marques monteiro cardoso	individual	Senior Feminino	01:01:10	+34:33	07:39
88	584	Teresa Serpa Oliva	individual	Senior Feminino	01:01:23	+34:46	07:40
89	540	Cristina Cunha	individual	Senior Feminino	01:06:08	+39:31	08:16
90	551	Inês da Cunha Ferreira	individual	Senior Feminino	01:06:08	+39:31	08:16