

**TRAIL CURTO 17K - STAGE 1**

**17 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:00	17,4°C	71,1%
End	12:36	17,4°C	71,1%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	3	Diogo Fernandes	dr merino clinica médica (run&shine)	Senior Masculino	01:20:34		04:44
2	172	Paulo Pinto	individual	Veterano M40	01:25:33	+04:59	05:02
3	72	Luis Gil	gaia trail	Veterano M40	01:25:41	+05:07	05:02
4	90	Humberto Vara	individual	Veterano M40	01:28:13	+07:39	05:11
5	67	Ricardo Rocha	fast ao km / prr-health&nutrition	Senior Masculino	01:28:26	+07:52	05:12
6	79	Fernando Rocha	gondomar futsal clube	Senior Masculino	01:29:31	+08:57	05:16
7	292	Alain Couto	rio largo de espinho	Veterano M40	01:33:26	+12:52	05:30
8	19	Luis Leça	adc santa isabel	Veterano M40	01:33:47	+13:13	05:31
9	25	VITOR MIGUEL FERREIRA PINTO	atletismo aliança de gandra	Senior Masculino	01:34:45	+14:11	05:34
10	163	Vítor Paulo Duarte Caldeira	individual	Senior Masculino	01:36:15	+15:41	05:40
11	36	JOSE MOTA	ciclistas cósmicos - gislótica	Veterano M40	01:36:18	+15:44	05:40
12	306	Ricardo Pais	st trail	Senior Masculino	01:36:26	+15:52	05:40
13	123	João Moreira	individual	Senior Masculino	01:36:35	+16:01	05:41
14	308	Joaquim Pinheiro	st trail	Veterano M40	01:38:05	+17:31	05:46
15	27	José Neves	atletismo aliança de gandra	Veterano M40	01:38:55	+18:21	05:49
16	268	Pedro Gonçalves	maiacross team	Senior Masculino	01:39:29	+18:55	05:51
17	1	Lucinda Sousa	gondomar futsal clube	Veterana F40	01:41:15	+20:41	05:57
18	211	Jorge Brites	individual	Veterano M40	01:41:15	+20:41	05:57
19	257	José Carlos Gomes	ligeirinhos	Veterano M40	01:42:03	+21:29	06:00
20	110	Bruno Santos	individual	Senior Masculino	01:43:00	+22:26	06:04
21	76	José Paulo Ribeiro	ginásio factor x	Veterano M40	01:44:29	+23:55	06:09
22	325	Rui Andrade	team duas faces	Veterano M40	01:44:37	+24:03	06:09
23	227	Nelson Ramos	individual	Veterano M40	01:44:44	+24:10	06:10
24	26	CARLOS MANUEL MOREIRA DA SILVA	atletismo aliança de gandra	Veterano M40	01:45:08	+24:34	06:11
25	218	jose pereira	individual	Veterano M40	01:45:16	+24:42	06:12
26	28	LEONEL FERNANDO SOUSA NEVES	atletismo aliança de gandra	Veterano M40	01:45:19	+24:45	06:12
27	315	Pedro Magalhães	tartarugas do asfalto	Senior Masculino	01:45:34	+25:00	06:13
28	215	José Manuel Soares	individual	Veterano M40	01:45:37	+25:03	06:13
29	4	Paulo Oliveira	individual	Senior Masculino	01:45:49	+25:15	06:13
30	339	JOSÉ MANUEL RODRIGO NUNES	usgunas	Veterano M40	01:45:51	+25:17	06:14
31	202	Humberto Lopes	individual	Veterano M40	01:46:10	+25:36	06:15
32	122	helder rocha	individual	Senior Masculino	01:46:12	+25:38	06:15
33	307	Cláudio Ferreira	st trail	Veterano M40	01:46:17	+25:43	06:15
34	197	Francisco Pinheiro	individual	Veterano M40	01:46:54	+26:20	06:17
35	44	José Carlos Dias	ctad - trilhos de cinfães	Veterano M40	01:46:54	+26:20	06:17
36	34	Pedro Sousa	blue whippets	Senior Masculino	01:46:55	+26:21	06:17
37	334	PEDRO MIGUEL PEREIRA GILVAZ	usgunas	Senior Masculino	01:47:07	+26:33	06:18
38	86	Hernani Furtado	individual	Senior Masculino	01:48:48	+28:14	06:24
39	341	Luis Pereira	velozes & furiosos	Veterano M40	01:48:50	+28:16	06:24
40	18	José Rodrigues	adc santa isabel	Veterano M40	01:48:55	+28:21	06:24

## TRAIL CURTO 17K - STAGE 1

## 17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	11	Elisabete Carvalho	adc santa isabel	Senior Feminino	01:48:55	+28:21	06:24
42	56	José Cruz	ei team trail	Senior Masculino	01:49:10	+28:36	06:25
43	194	Fernando Jorge de Oliveira	individual	Veterano M40	01:49:17	+28:43	06:26
44	239	Raul Moura	individual	Veterano M40	01:49:27	+28:53	06:26
45	192	fausto teixeira	individual	Veterano M40	01:49:29	+28:55	06:26
46	58	Joaquim Coelho	ei team trail	Veterano M40	01:49:47	+29:13	06:27
47	283	Helder Silva	os atletas	Senior Masculino	01:49:50	+29:16	06:28
48	136	Leandro Miguel da Silva Costa	individual	Senior Masculino	01:51:15	+30:41	06:33
49	312	BRIGIDA PINTO	oralklass-aliança-amigos do trail	Senior Feminino	01:51:40	+31:06	06:34
50	305	André Machado	st trail	Senior Masculino	01:51:40	+31:06	06:34
51	291	BRUNO DIAS	prt/ad quinta	Senior Masculino	01:51:47	+31:13	06:35
52	155	Ricardo Carvalho	individual	Senior Masculino	01:52:14	+31:40	06:36
53	162	Tomé pinto	individual	Senior Masculino	01:52:28	+31:54	06:37
54	329	Diogo Aguiar	the stigs invicta	Senior Masculino	01:52:44	+32:10	06:38
55	23	Carlos Manuel Pereira do Couto	arcorun	Veterano M40	01:53:44	+33:10	06:41
56	220	Leonel Soares Silva	individual	Veterano M40	01:53:48	+33:14	06:42
57	298	João Cardoso	running class hp arrábida	Veterano M40	01:53:58	+33:24	06:42
58	73	Joana Cardoso	ginásio factor x	Senior Feminino	01:53:59	+33:25	06:42
59	57	Delfim Nogueira	ei team trail	Veterano M40	01:54:20	+33:46	06:44
60	199	helder rodriques	individual	Veterano M40	01:54:57	+34:23	06:46
61	179	Paula Silva	individual	Veterana F40	01:54:57	+34:23	06:46
62	330	Paulo Nobre	the stigs invicta	Senior Masculino	01:55:16	+34:42	06:47
63	234	Pedro da Costa Ferreira	individual	Veterano M40	01:56:18	+35:44	06:50
64	14	TIAGO COSTA	adc santa isabel	Senior Masculino	01:56:19	+35:45	06:51
65	263	Cristiana Rodrigues	maiacross team	Senior Feminino	01:56:25	+35:51	06:51
66	138	Leonardo Costa	individual	Senior Masculino	01:56:35	+36:01	06:51
67	187	Amilcar Ferreira	individual	Veterano M40	01:56:41	+36:07	06:52
68	198	Helder Braga	individual	Veterano M40	01:57:05	+36:31	06:53
69	61	Paulo gama	factor x	Veterano M40	01:57:16	+36:42	06:54
70	248	Bruno Ramos	individual	Senior Masculino	01:57:21	+36:47	06:54
71	210	Jorge Amadeu Moreira Sousa	individual	Veterano M40	01:57:30	+36:56	06:55
72	324	Rui Lebre	tartarugas do asfalto	Veterano M40	01:58:19	+37:45	06:58
73	118	Gil Mendes	individual	Senior Masculino	01:58:25	+37:51	06:58
74	157	ricardo miguel silva oliveira	individual	Senior Masculino	01:58:31	+37:57	06:58
75	104	ARMANDO EDMUNDO CARDOSO FONSECA	individual	Senior Masculino	01:58:39	+38:05	06:59
76	222	Manuel Faria Sampaio	individual	Veterano M40	01:58:45	+38:11	06:59
77	219	José Rodrigues	individual	Veterano M40	01:59:05	+38:31	07:00
78	66	Luis Lopes	fardetas	Veterano M40	01:59:22	+38:48	07:01
79	335	SÉRGIO PAULO MACHADO SILVA	usgunas	Senior Masculino	01:59:25	+38:51	07:01
80	333	JOSÉ MIGUEL SANTOS BARBOSA	usgunas	Senior Masculino	01:59:25	+38:51	07:01
81	237	Pedro Sousa	individual	Veterano M40	02:00:02	+39:28	07:04
82	230	Paulo Graça	individual	Veterano M40	02:00:09	+39:35	07:04
83	116	Duarte Bruno	individual	Senior Masculino	02:00:17	+39:43	07:05
84	293	CARLOS RIPOLINS	ripolins.com grijó	Veterano M40	02:00:35	+40:01	07:06

TRAIL CURTO 17K - STAGE 1

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
85	106	Artur Ferreira	individual	Senior Masculino	02:01:07	+40:33	07:07
86	148	Nelson Machado	individual	Senior Masculino	02:01:07	+40:33	07:07
87	125	Joel Sousa	individual	Senior Masculino	02:01:11	+40:37	07:08
88	143	Marco Fernandes	individual	Senior Masculino	02:01:13	+40:39	07:08
89	244	Wilson Fonseca	individual	Veterano M40	02:01:32	+40:58	07:09
90	133	José Sousa	individual	Senior Masculino	02:01:40	+41:06	07:09
91	32	Manuel Martins Vieira	blue whippets	Senior Masculino	02:01:43	+41:09	07:10
92	49	André Ribeiro	divigirls	Senior Masculino	02:01:54	+41:20	07:10
93	152	Pedro França	individual	Senior Masculino	02:02:00	+41:26	07:11
94	121	Helder Parracho	individual	Senior Masculino	02:02:02	+41:28	07:11
95	140	Luis Manuel da Silva Medeiros Pereira	individual	Senior Masculino	02:02:04	+41:30	07:11
96	224	Mario Rodrigues de Araujo	individual	Veterano M40	02:02:12	+41:38	07:11
97	195	Fernando Pereira Oliveira	individual	Veterano M40	02:02:15	+41:41	07:11
98	54	Luis de Almeida	duros & rijos tribe	Veterano M40	02:02:19	+41:45	07:12
99	326	Nelson Duarte	the outsiders running e trail team	Senior Masculino	02:02:37	+42:03	07:13
100	22	Jorge Ferreira Gomes	arcorun	Senior Masculino	02:03:08	+42:34	07:15
101	114	Cláudio André Oliveira Trigais	individual	Senior Masculino	02:03:16	+42:42	07:15
102	193	Fernando Alves	individual	Veterano M40	02:03:22	+42:48	07:15
103	30	Carlos Jesus	beat your limit!	Senior Masculino	02:03:29	+42:55	07:16
104	252	Carmo Marinho	ligeirinhos	Veterana F40	02:03:35	+43:01	07:16
105	186	Alcino Silva de Araújo	individual	Veterano M40	02:03:51	+43:17	07:17
106	226	Miguel Lopes	individual	Veterano M40	02:03:55	+43:21	07:17
107	127	Jorge Monteiro	individual	Senior Masculino	02:04:49	+44:15	07:21
108	146	Miguel Seca	individual	Senior Masculino	02:04:49	+44:15	07:21
109	24	Vitor Manuel Fontes Folgado	arcorun	Veterano M40	02:05:01	+44:27	07:21
110	217	José Mendes	individual	Veterano M40	02:05:05	+44:31	07:21
111	296	Ricardo Soares	running class hp arrábida	Senior Masculino	02:05:09	+44:35	07:22
112	294	Maria João Silva	running class hp arrábida	Senior Feminino	02:05:09	+44:35	07:22
113	108	Bruno Gomes	individual	Senior Masculino	02:05:20	+44:46	07:22
114	158	Rui António Pereira Guedes	individual	Senior Masculino	02:05:40	+45:06	07:24
115	200	Helder Rodrigues	individual	Veterano M40	02:05:40	+45:06	07:24
116	35	JOSÉ MIGUEL DA CRUZ PINTO	ciclistas cósmicos - gislótica	Veterano M40	02:05:50	+45:16	07:24
117	302	Carmen Almeida	serviços sociais montepio geral	Senior Feminino	02:07:20	+46:46	07:29
118	204	João Miguel Mendonça e Vasconcelos Macedo	individual	Veterano M40	02:07:22	+46:48	07:30
119	269	Sergio Teixeira	maiacross team	Senior Masculino	02:07:24	+46:50	07:30
120	328	Adriano Rocha	the outsiders running e trail team	Veterano M40	02:07:30	+46:56	07:30
121	46	catarina barbosa	divigirls	Senior Feminino	02:08:07	+47:33	07:32
122	256	João Gil da Costa	ligeirinhos	Veterano M40	02:08:10	+47:36	07:32
123	254	Rosa Lídia Camarinha da Silva	ligeirinhos	Veterana F40	02:08:16	+47:42	07:33
124	221	manuel antonio ferreira pinto teixeira	individual	Veterano M40	02:08:18	+47:44	07:33
125	64	Adriano Magalhães	pardetas	Veterano M40	02:08:25	+47:51	07:33
126	236	Pedro Paiva	individual	Veterano M40	02:08:27	+47:53	07:33
127	168	Cristina Maria Ferreira de Moura Saraiva	individual	Veterana F40	02:08:30	+47:56	07:34

**TRAIL CURTO 17K - STAGE 1****17 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
128	212	jorge rodrigues	individual	Veterano M40	02:08:40	+48:06	07:34
129	332	Daniel Pinto	trocópasso	Senior Masculino	02:09:01	+48:27	07:35
130	258	Joao Duarte	locomotiva de paranhos	Senior Masculino	02:09:45	+49:11	07:38
131	184	ABILIO SOARES	individual	Veterano M40	02:09:45	+49:11	07:38
132	129	Jose Beira	individual	Senior Masculino	02:10:15	+49:41	07:40
133	176	Maria Paula Pessoa Amorim	individual	Veterana F40	02:10:17	+49:43	07:40
134	208	Joaquim Lúcio Pires Ribeiro	individual	Veterano M40	02:10:32	+49:58	07:41
135	243	Vitor Manuel Coelho de Almeida	individual	Veterano M40	02:10:37	+50:03	07:41
136	259	M. João Ricardo	luis leça	Senior Feminino	02:11:02	+50:28	07:42
137	112	Carlos Alexandre Azevedo Mendes	individual	Senior Masculino	02:11:07	+50:33	07:43
138	15	Carla Neves	adc santa isabel	Veterana F40	02:11:25	+50:51	07:44
139	124	Joel Marques	individual	Senior Masculino	02:11:27	+50:53	07:44
140	235	Pedro Miguel Cristovão Próspero	individual	Veterano M40	02:11:41	+51:07	07:45
141	74	MONICA CARVALHAES	ginásio factor x	Senior Feminino	02:11:42	+51:08	07:45
142	247	Hugo Cardoso	invicta runners team	Veterano M40	02:11:55	+51:21	07:46
143	272	Ana Vieira	multipower / gaia trail	Senior Feminino	02:12:12	+51:38	07:47
144	273	Fernando Patrício	multipower / gaia trail	Senior Masculino	02:12:12	+51:38	07:47
145	261	Alexandre Afonso	luis leça	Senior Masculino	02:12:18	+51:44	07:47
146	33	Nuno Duare	blue whippets	Senior Masculino	02:12:25	+51:51	07:47
147	126	Jorge Garcia	individual	Senior Masculino	02:12:59	+52:25	07:49
148	82	Aida Presa	individual	Senior Feminino	02:12:59	+52:25	07:49
149	277	Susana Cristina Mesquita Paulo	no pain no gain	Veterana F40	02:12:59	+52:25	07:49
150	120	Helder oliveira	individual	Senior Masculino	02:13:14	+52:40	07:50
151	281	Ricardo Almeida	os atletas	Senior Masculino	02:13:17	+52:43	07:50
152	282	Ricardo Melo	os atletas	Senior Masculino	02:13:23	+52:49	07:51
153	81	Vitor Ribeiro	gondomar futsal clube	Veterano M40	02:13:51	+53:17	07:52
154	29	Miguel Carvalho	beat your limit!	Senior Masculino	02:14:04	+53:30	07:53
155	317	Luísa Almeida	tartarugas do asfalto	Veterana F40	02:14:30	+53:56	07:55
156	191	Carlos Alberto Alves da Silva	individual	Veterano M40	02:15:03	+54:29	07:57
157	319	Paula Chaves	tartarugas do asfalto	Veterana F40	02:15:52	+55:18	08:00
158	71	Ricardo Miguel Ferreira Soares	ffit gaia trail	Senior Masculino	02:16:08	+55:34	08:00
159	92	Elisabete Maria Moreira Pinheiro	individual	Senior Feminino	02:16:09	+55:35	08:01
160	70	Nelson Manuel Santos Couto	ffit gaia trail	Senior Masculino	02:16:20	+55:46	08:01
161	2	Raquel Ferreira	unidade especial de corrida	Senior Feminino	02:17:09	+56:35	08:04
162	153	Pedro Miguel Barbosa Ferreira	individual	Senior Masculino	02:17:11	+56:37	08:04
163	68	Manuel Rocha	fast ao km / prr-health&nutrition	Veterano M40	02:17:12	+56:38	08:04
164	229	Paulo Fernandes	individual	Veterano M40	02:17:29	+56:55	08:05
165	207	Joaquim Gomes	individual	Veterano M40	02:17:41	+57:07	08:06
166	77	Andreia Amorim	gondomar futsal clube	Senior Feminino	02:17:47	+57:13	08:06
167	245	Rui Amaro	inquipa trail sorriso	Senior Masculino	02:20:04	+59:30	08:14
168	271	Pedro Marques	miguel trail team	Senior Masculino	02:20:05	+59:31	08:14
169	141	Manuel Ferreira	individual	Senior Masculino	02:20:23	+59:49	08:15
170	51	Pedro Silva	divigirls	Senior Masculino	02:20:25	+59:51	08:16
171	314	Pedro Lebre	tartarugas do asfalto	Senior Masculino	02:20:26	+59:52	08:16
172	316	Glória Monteiro	tartarugas do asfalto	Veterana F40	02:21:40	+01:01:06	08:20
173	304	Henrique Barros	shark tale	Veterano M40	02:21:40	+01:01:06	08:20

**TRAIL CURTO 17K - STAGE 1**

**17 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
174	323	Luís Pedroso	tartarugas do asfalto	Veterano M40	02:21:40	+01:01:06	08:20
175	156	Ricardo Jorge Barbedo Fonseca	individual	Senior Masculino	02:21:51	+01:01:17	08:21
176	279	ANTONIO FERNANDES	os amigos de grijo	Veterano M40	02:22:26	+01:01:52	08:23
177	151	Óscar Manuel Fonseca Figueiredo	individual	Senior Masculino	02:22:36	+01:02:02	08:23
178	265	Marcia Ferreira	maiacross team	Senior Feminino	02:22:38	+01:02:04	08:23
179	337	CARLA SOFIA SILVA SOUSA	usgunas	Veterana F40	02:22:59	+01:02:25	08:25
180	91	Elisabete Cunha	individual	Senior Feminino	02:23:03	+01:02:29	08:25
181	50	hugo oliveira	divigirls	Senior Masculino	02:23:42	+01:03:08	08:27
182	342	Ricardo Valente	vera gomes	Senior Masculino	02:23:42	+01:03:08	08:27
183	119	Helder Filipe da Costa Vieira	individual	Senior Masculino	02:23:44	+01:03:10	08:27
184	87	Claudia Figueiredo	individual	Senior Feminino	02:24:39	+01:04:05	08:31
185	310	Márcio Paulo Monteiro de Oliveira	tai runners	Veterano M40	02:25:33	+01:04:59	08:34
186	43	Cristina Dias	ctad - trilhos de cinfães	Veterana F40	02:25:35	+01:05:01	08:34
187	31	Emanuel Ramos	blue whippets	Senior Masculino	02:25:35	+01:05:01	08:34
188	300	Jonas Pinho	second mile	Senior Masculino	02:26:00	+01:05:26	08:35
189	301	Tiago Oliveira	second mile	Senior Masculino	02:26:00	+01:05:26	08:35
190	21	Augusto Tavares	alive	Veterano M40	02:26:46	+01:06:12	08:38
191	280	Andre Barros	os atletas	Senior Masculino	02:26:46	+01:06:12	08:38
192	223	Manuel Ferreira	individual	Veterano M40	02:26:47	+01:06:13	08:38
193	311	Elsa Silva	tartarugas do asfalto	Senior Feminino	02:27:29	+01:06:55	08:41
194	274	Ana Rita Bastos Cardoso	no pain no gain	Senior Feminino	02:27:34	+01:07:00	08:41
195	203	João Alberto Soares da Silva	individual	Veterano M40	02:27:46	+01:07:12	08:42
196	278	Jaime Miguel Ferreira Paulo	no pain no gain	Veterano M40	02:27:47	+01:07:13	08:42
197	262	José Almeida	luis leça	Senior Masculino	02:27:51	+01:07:17	08:42
198	260	Sónia Madureira	luis leça	Senior Feminino	02:27:51	+01:07:17	08:42
199	84	Carla Sofia Neves Monteiro	individual	Senior Feminino	02:28:14	+01:07:40	08:43
200	142	Márcio Filipe Sacramento de Castro	individual	Senior Masculino	02:28:30	+01:07:56	08:44
201	336	ANA PAULA RIBEIRO CRAVEIRO NUNES	usgunas	Veterana F40	02:28:34	+01:08:00	08:44
202	149	Nuno Beirão de Abreu	individual	Senior Masculino	02:28:53	+01:08:19	08:45
203	113	Carlos Pinheiro	individual	Senior Masculino	02:28:59	+01:08:25	08:46
204	164	Vitor Santos	individual	Senior Masculino	02:28:59	+01:08:25	08:46
205	288	Diana Carneiro	os fugitivos da crise	Senior Feminino	02:30:51	+01:10:17	08:52
206	289	Daniel Machado	os fugitivos da crise	Senior Masculino	02:30:51	+01:10:17	08:52
207	286	Rafael Almeida	os bravos do mindelo	Senior Masculino	02:31:00	+01:10:26	08:53
208	285	Gonçalo Vale Cruz	os bravos do mindelo	Senior Masculino	02:31:36	+01:11:02	08:55
209	45	Anabela Ribeiro	divigirls	Senior Feminino	02:31:42	+01:11:08	08:55
210	327	Tiago Rocha	the outsiders running e trail team	Senior Masculino	02:32:17	+01:11:43	08:57
211	13	HELDER TEIXEIRA	adc santa isabel	Senior Masculino	02:32:46	+01:12:12	08:59
212	41	Ricardo Jorge Ferreira Leite Teixeira	crazy trailers	Senior Masculino	02:34:52	+01:14:18	09:07
213	40	Ana Luísa Dolores Ferreira da Silva	crazy trailers	Senior Feminino	02:34:52	+01:14:18	09:07
214	60	Mário Ribeiro	factor x	Veterano M40	02:34:58	+01:14:24	09:07
215	233	Paulo Ribeiro	individual	Veterano M40	02:34:59	+01:14:25	09:07
216	231	Paulo Lara	individual	Veterano M40	02:35:06	+01:14:32	09:07
217	145	Miguel Gonçalves Areal Rothes	individual	Senior Masculino	02:35:19	+01:14:45	09:08

## TRAIL CURTO 17K - STAGE 1

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
218	109	Bruno Miguel Ferreira Dias	individual	Senior Masculino	02:35:19	+01:14:45	09:08
219	83	Alejandra Santos Martins	individual	Senior Feminino	02:35:20	+01:14:46	09:08
220	232	Paulo Marçal	individual	Veterano M40	02:35:27	+01:14:53	09:09
221	242	vítor afonso	individual	Veterano M40	02:35:38	+01:15:04	09:09
222	115	Daniel Flávio Oliveira Silva	individual	Senior Masculino	02:35:44	+01:15:10	09:10
223	16	SUSANA BASTOS	adc santa isabel	Veterana F40	02:36:28	+01:15:54	09:12
224	12	HELDER GARRIDO	adc santa isabel	Senior Masculino	02:36:31	+01:15:57	09:12
225	297	André Guedes	running class hp arrábida	Veterano M40	02:36:35	+01:16:01	09:13
226	175	Maria da Luz Olivença	individual	Veterana F40	02:37:01	+01:16:27	09:14
227	93	Helena Almeida	individual	Senior Feminino	02:37:25	+01:16:51	09:16
228	201	Henrique Marques	individual	Veterano M40	02:37:25	+01:16:51	09:16
229	59	Joaquim Matos	factor x	Veterano M40	02:38:04	+01:17:30	09:18
230	299	Rui Miguel Oliveira	running class hp arrábida	Veterano M40	02:38:24	+01:17:50	09:19
231	102	Vânia Luís	individual	Senior Feminino	02:38:58	+01:18:24	09:21
232	253	Deolinda Rosa Camarinha da Silva	ligeirinhos	Veterana F40	02:39:38	+01:19:04	09:23
233	137	Leonardo Alberto Tavares Brito	individual	Senior Masculino	02:39:45	+01:19:11	09:24
234	240	Rui Ferreira	individual	Veterano M40	02:39:55	+01:19:21	09:24
235	180	Rosa Mendes	individual	Veterana F40	02:40:09	+01:19:35	09:25
236	213	jorge suzano	individual	Veterano M40	02:40:09	+01:19:35	09:25
237	284	Diogo Leite	os bravos do mindelo	Senior Masculino	02:40:35	+01:20:01	09:27
238	188	Antonio Gomes	individual	Veterano M40	02:40:45	+01:20:11	09:27
239	128	Jorge Moutinho	individual	Senior Masculino	02:40:45	+01:20:11	09:27
240	165	Bia Maia	individual	Veterana F40	02:41:58	+01:21:24	09:32
241	338	SANDRA MIRANDA	usgunas	Veterana F40	02:42:20	+01:21:46	09:33
242	340	VITÔR HELDER DA SILVA SANTOS	usgunas	Veterano M40	02:42:20	+01:21:46	09:33
243	206	João Pedro Valente Serdoura dos Santos	individual	Veterano M40	02:42:30	+01:21:56	09:34
244	161	Sérgio Sousa	individual	Senior Masculino	02:42:37	+01:22:03	09:34
245	287	Ricardo Ferreira	os bravos do mindelo	Senior Masculino	02:43:12	+01:22:38	09:36
246	177	Nina Silva	individual	Veterana F40	02:43:30	+01:22:56	09:37
247	303	Paulo Miguel Areal de Sousa	shark tale	Senior Masculino	02:44:32	+01:23:58	09:41
248	134	José Teixeira	individual	Senior Masculino	02:44:40	+01:24:06	09:41
249	17	ANTONIO SOUSA	adc santa isabel	Veterano M40	02:46:07	+01:25:33	09:46
250	322	Luís Pedro Nogueira	tartarugas do asfalto	Veterano M40	02:46:09	+01:25:35	09:46
251	144	Mário Jorge Gomes Alberto Dias	individual	Senior Masculino	02:46:09	+01:25:35	09:46
252	320	António Santos	tartarugas do asfalto	Veterano M40	02:46:10	+01:25:36	09:46
253	111	Bruno Vigário	individual	Senior Masculino	02:48:00	+01:27:26	09:53
254	97	Patrícia Pereira	individual	Senior Feminino	02:48:02	+01:27:28	09:53
255	98	Rita Almeida	individual	Senior Feminino	02:51:32	+01:30:58	10:05
256	63	Silvia Castelo	fardetas	Senior Feminino	02:52:04	+01:31:30	10:07
257	65	josé Castelo	fardetas	Veterano M40	02:52:04	+01:31:30	10:07
258	85	Carla Verónica Fontão Teixeira	individual	Senior Feminino	02:52:37	+01:32:03	10:09
259	52	Mónica Jesus	duros & rijos tribe	Veterana F40	02:52:37	+01:32:03	10:09
260	216	José Matos	individual	Veterano M40	02:52:38	+01:32:04	10:09
261	225	Miguel Dias	individual	Veterano M40	02:52:38	+01:32:04	10:09
262	154	Pedro Pereira	individual	Senior Masculino	02:53:08	+01:32:34	10:11







**Trail Curto 17K****17 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

39	275	Diana Raquel Coelho Fernandes de Matos	No pain no gain	Senior Feminino	03:25:34	+01:36:39	12:06
40	276	Sandra Cristina Almeida	No pain no gain	Senior Feminino	03:25:34	+01:36:39	12:06
41	48	vera gomes	divigirls	Senior Feminino	03:28:41	+01:39:46	12:17
42	47	Rute Lage	divigirls	Senior Feminino	03:28:41	+01:39:46	12:17

**Senior Masculino**

1	3	Diogo Fernandes	Dr Merino Clinica Médica (run&shine)	Senior Masculino	01:20:34		04:44
2	67	Ricardo Rocha	FAST AO KM / PRR-HEALTH&NUTRITION	Senior Masculino	01:28:26	+07:52	05:12
3	79	Fernando Rocha	GONDOMAR FUTSAL CLUBE	Senior Masculino	01:29:31	+08:57	05:16
4	25	VITOR MIGUEL FERREIRA PINTO	ATLETISMO ALIANÇA DE GANDRA	Senior Masculino	01:34:45	+14:11	05:34
5	163	Vitor Paulo Duarte Caldeira	Individual	Senior Masculino	01:36:15	+15:41	05:40
6	306	Ricardo Pais	ST TRAIL	Senior Masculino	01:36:26	+15:52	05:40
7	123	João Moreira	Individual	Senior Masculino	01:36:35	+16:01	05:41
8	268	Pedro Gonçalves	Maiacross Team	Senior Masculino	01:39:29	+18:55	05:51
9	110	Bruno Santos	Individual	Senior Masculino	01:43:00	+22:26	06:04
10	315	Pedro Magalhães	Tartarugas do Asfalto	Senior Masculino	01:45:34	+25:00	06:13
11	4	Paulo Oliveira	Individual	Senior Masculino	01:45:49	+25:15	06:13
12	122	helder rocha	Individual	Senior Masculino	01:46:12	+25:38	06:15
13	34	Pedro Sousa	Blue Whippets	Senior Masculino	01:46:55	+26:21	06:17
14	334	PEDRO MIGUEL PEREIRA GILVAZ	USGUNAS	Senior Masculino	01:47:07	+26:33	06:18
15	86	Hernani Furtado	Individual	Senior Masculino	01:48:48	+28:14	06:24
16	56	José Cruz	El Team Trail	Senior Masculino	01:49:10	+28:36	06:25
17	283	Helder Silva	Os Atletas	Senior Masculino	01:49:50	+29:16	06:28
18	136	Leandro Miguel da Silva Costa	Individual	Senior Masculino	01:51:15	+30:41	06:33
19	305	André Machado	ST TRAIL	Senior Masculino	01:51:40	+31:06	06:34
20	291	BRUNO DIAS	PRT/AD QUINTA	Senior Masculino	01:51:47	+31:13	06:35
21	155	Ricardo Carvalho	Individual	Senior Masculino	01:52:14	+31:40	06:36
22	162	Tomé pinto	Individual	Senior Masculino	01:52:28	+31:54	06:37
23	329	Diogo Aguiar	The Stigs Invicta	Senior Masculino	01:52:44	+32:10	06:38
24	330	Paulo Nobre	The Stigs Invicta	Senior Masculino	01:55:16	+34:42	06:47
25	14	TIAGO COSTA	ADC SANTA ISABEL	Senior Masculino	01:56:19	+35:45	06:51
26	138	Leonardo Costa	Individual	Senior Masculino	01:56:35	+36:01	06:51
27	248	Bruno Ramos	Individual	Senior Masculino	01:57:21	+36:47	06:54
28	118	Gil Mendes	Individual	Senior Masculino	01:58:25	+37:51	06:58
29	157	ricardo miguel silva oliveira	Individual	Senior Masculino	01:58:31	+37:57	06:58
30	104	ARMANDO EDMUNDO CARDOSO FONSECA	Individual	Senior Masculino	01:58:39	+38:05	06:59
31	335	SÉRGIO PAULO MACHADO SILVA	USGUNAS	Senior Masculino	01:59:25	+38:51	07:01
32	333	JOSÉ MIGUEL SANTOS BARBOSA	USGUNAS	Senior Masculino	01:59:25	+38:51	07:01
33	116	Duarte Bruno	Individual	Senior Masculino	02:00:17	+39:43	07:05
34	106	Artur Ferreira	Individual	Senior Masculino	02:01:07	+40:33	07:07
35	148	Nelson Machado	Individual	Senior Masculino	02:01:07	+40:33	07:07
36	125	Joel Sousa	Individual	Senior Masculino	02:01:11	+40:37	07:08

Official Timekeeper: Lap2Go	2 / 8	generate 12-set-2015 12:38
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**Trail Curto 17K**

**17 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

37	143	Marco Fernandes	Individual	Senior Masculino	02:01:13	+40:39	07:08
38	133	José Sousa	Individual	Senior Masculino	02:01:40	+41:06	07:09
39	32	Manuel Martins Vieira	Blue Whippets	Senior Masculino	02:01:43	+41:09	07:10
40	49	André Ribeiro	Divigirls	Senior Masculino	02:01:54	+41:20	07:10
41	152	Pedro França	Individual	Senior Masculino	02:02:00	+41:26	07:11
42	121	Helder Parracho	Individual	Senior Masculino	02:02:02	+41:28	07:11
43	140	Luis Manuel da Silva Medeiros Pereira	Individual	Senior Masculino	02:02:04	+41:30	07:11
44	326	Nelson Duarte	The Outsiders Running e trail team	Senior Masculino	02:02:37	+42:03	07:13
45	22	Jorge Ferreira Gomes	ARCORUN	Senior Masculino	02:03:08	+42:34	07:15
46	114	Cláudio André Oliveira Trigais	Individual	Senior Masculino	02:03:16	+42:42	07:15
47	30	Carlos Jesus	Beat Your Limit!	Senior Masculino	02:03:29	+42:55	07:16
48	127	Jorge Monteiro	Individual	Senior Masculino	02:04:49	+44:15	07:21
49	146	Miguel Seca	Individual	Senior Masculino	02:04:49	+44:15	07:21
50	296	Ricardo Soares	RUNNING CLASS HP ARRÁBIDA	Senior Masculino	02:05:09	+44:35	07:22
51	108	Bruno Gomes	Individual	Senior Masculino	02:05:20	+44:46	07:22
52	158	Rui António Pereira Guedes	Individual	Senior Masculino	02:05:40	+45:06	07:24
53	269	Sergio Teixeira	Maiacross Team	Senior Masculino	02:07:24	+46:50	07:30
54	332	Daniel Pinto	TROCÓPASSO	Senior Masculino	02:09:01	+48:27	07:35
55	258	Joao Duarte	LOCOMOTIVA DE PARANHOS	Senior Masculino	02:09:45	+49:11	07:38
56	129	Jose Beira	Individual	Senior Masculino	02:10:15	+49:41	07:40
57	112	Carlos Alexandre Azevedo Mendes	Individual	Senior Masculino	02:11:07	+50:33	07:43
58	124	Joel Marques	Individual	Senior Masculino	02:11:27	+50:53	07:44
59	273	Fernando Patrício	MULTIPOWER / GAIA TRAIL	Senior Masculino	02:12:12	+51:38	07:47
60	261	Alexandre Afonso	Luis Leça	Senior Masculino	02:12:18	+51:44	07:47
61	33	Nuno Duare	Blue Whippets	Senior Masculino	02:12:25	+51:51	07:47
62	126	Jorge Garcia	Individual	Senior Masculino	02:12:59	+52:25	07:49
63	120	Helder oliveira	Individual	Senior Masculino	02:13:14	+52:40	07:50
64	281	Ricardo Almeida	Os Atletas	Senior Masculino	02:13:17	+52:43	07:50
65	282	Ricardo Melo	Os Atletas	Senior Masculino	02:13:23	+52:49	07:51
66	29	Miguel Carvalho	Beat Your Limit!	Senior Masculino	02:14:04	+53:30	07:53
67	71	Ricardo Miguel Ferreira Soares	FFit Gaia Trail	Senior Masculino	02:16:08	+55:34	08:00
68	70	Nelson Manuel Santos Couto	FFit Gaia Trail	Senior Masculino	02:16:20	+55:46	08:01
69	153	Pedro Miguel Barbosa Ferreira	Individual	Senior Masculino	02:17:11	+56:37	08:04
70	245	Rui Amaro	INQUIPA TRAIL SORRISO	Senior Masculino	02:20:04	+59:30	08:14
71	271	Pedro Marques	Miguel trail team	Senior Masculino	02:20:05	+59:31	08:14
72	141	Manuel Ferreira	Individual	Senior Masculino	02:20:23	+59:49	08:15
73	51	Pedro Silva	divigirls	Senior Masculino	02:20:25	+59:51	08:16
74	314	Pedro Lebre	Tartarugas do Asfalto	Senior Masculino	02:20:26	+59:52	08:16
75	156	Ricardo Jorge Barbedo Fonseca	Individual	Senior Masculino	02:21:51	+01:01:17	08:21
76	151	Óscar Manuel Fonseca Figueiredo	Individual	Senior Masculino	02:22:36	+01:02:02	08:23
77	50	hugo oliveira	divigirls	Senior Masculino	02:23:42	+01:03:08	08:27
78	342	Ricardo Valente	Vera Gomes	Senior Masculino	02:23:42	+01:03:08	08:27
79	119	Helder Filipe da Costa Vieira	Individual	Senior Masculino	02:23:44	+01:03:10	08:27
80	31	Emanuel Ramos	Blue Whippets	Senior Masculino	02:25:35	+01:05:01	08:34
81	300	Jonas Pinho	Second Mile	Senior Masculino	02:26:00	+01:05:26	08:35
82	301	Tiago Oliveira	Second Mile	Senior Masculino	02:26:00	+01:05:26	08:35

Official Timekeeper: Lap2Go	3 / 8	generate 12-set-2015 12:38
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**Trail Curto 17K**

**17 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

83	280	Andre Barros	Os Atletas	Senior Masculino	02:26:46	+01:06:12	08:38
84	262	José Almeida	Luis Leça	Senior Masculino	02:27:51	+01:07:17	08:42
85	142	Márcio Filipe Sacramento de Castro	Individual	Senior Masculino	02:28:30	+01:07:56	08:44
86	149	Nuno Beirão de Abreu	Individual	Senior Masculino	02:28:53	+01:08:19	08:45
87	113	Carlos Pinheiro	Individual	Senior Masculino	02:28:59	+01:08:25	08:46
88	164	Vitor Santos	Individual	Senior Masculino	02:28:59	+01:08:25	08:46
89	289	Daniel Machado	OS FUGITIVOS DA CRISE	Senior Masculino	02:30:51	+01:10:17	08:52
90	286	Rafael Almeida	Os Bravos do Mindelo	Senior Masculino	02:31:00	+01:10:26	08:53
91	285	Gonçalo Vale Cruz	Os Bravos do Mindelo	Senior Masculino	02:31:36	+01:11:02	08:55
92	327	Tiago Rocha	The Outsiders Running e trail team	Senior Masculino	02:32:17	+01:11:43	08:57
93	13	HELDER TEIXEIRA	ADC SANTA ISABEL	Senior Masculino	02:32:46	+01:12:12	08:59
94	41	Ricardo Jorge Ferreira Leite Teixeira	Crazy Trailers	Senior Masculino	02:34:52	+01:14:18	09:07
95	145	Miguel Gonçalves Areal Rothés	Individual	Senior Masculino	02:35:19	+01:14:45	09:08
96	109	Bruno Miguel Ferreira Dias	Individual	Senior Masculino	02:35:19	+01:14:45	09:08
97	115	Daniel Flávio Oliveira Silva	Individual	Senior Masculino	02:35:44	+01:15:10	09:10
98	12	HELDER GARRIDO	ADC SANTA ISABEL	Senior Masculino	02:36:31	+01:15:57	09:12
99	137	Leonardo Alberto Tavares Brito	Individual	Senior Masculino	02:39:45	+01:19:11	09:24
100	284	Diogo Leite	Os Bravos do Mindelo	Senior Masculino	02:40:35	+01:20:01	09:27
101	128	Jorge Moutinho	Individual	Senior Masculino	02:40:45	+01:20:11	09:27
102	161	Sérgio Sousa	Individual	Senior Masculino	02:42:37	+01:22:03	09:34
103	287	Ricardo Ferreira	Os Bravos do Mindelo	Senior Masculino	02:43:12	+01:22:38	09:36
104	303	Paulo Miguel Areal de Sousa	Shark Tale	Senior Masculino	02:44:32	+01:23:58	09:41
105	134	José Teixeira	Individual	Senior Masculino	02:44:40	+01:24:06	09:41
106	144	Mário Jorge Gomes Alberto Dias	Individual	Senior Masculino	02:46:09	+01:25:35	09:46
107	111	Bruno Vigário	Individual	Senior Masculino	02:48:00	+01:27:26	09:53
108	154	Pedro Pereira	Individual	Senior Masculino	02:53:08	+01:32:34	10:11
109	251	Rui Gomes	Kintanos	Senior Masculino	02:54:22	+01:33:48	10:15
110	150	Nuno Vasconcelos	Individual	Senior Masculino	02:54:32	+01:33:58	10:16
111	107	Bruno Alexandre da Silva Monteiro	Individual	Senior Masculino	02:56:02	+01:35:28	10:21
112	117	Gabriel Santos	Individual	Senior Masculino	02:56:55	+01:36:21	10:24
113	267	Luis Miguel	Maiacross Team	Senior Masculino	02:58:51	+01:38:17	10:31
114	130	José Gonçalves	Individual	Senior Masculino	03:09:38	+01:49:04	11:09
115	132	Jose Pedro Silva	Individual	Senior Masculino	03:32:20	+02:11:46	12:29

**Veterana F40**

1	1	Lucinda Sousa	GONDOMAR FUTSAL CLUBE	Veterana F40	01:41:15		05:57
2	179	Paula Silva	Individual	Veterana F40	01:54:57	+13:42	06:46
3	252	Carmo Marinho	Ligeirinhos	Veterana F40	02:03:35	+22:20	07:16
4	254	Rosa Lúcia Camarinha da Silva	Ligeirinhos	Veterana F40	02:08:16	+27:01	07:33
5	168	Cristina Maria Ferreira de Moura Saraiva	Individual	Veterana F40	02:08:30	+27:15	07:34
6	176	Maria Paula Pessoa Amorim	Individual	Veterana F40	02:10:17	+29:02	07:40
7	15	Carla Neves	ADC SANTA ISABEL	Veterana F40	02:11:25	+30:10	07:44
8	277	Susana Cristina Mesquita Paulo	No pain no gain	Veterana F40	02:12:59	+31:44	07:49
9	317	Lúisa Almeida	Tartarugas do Asfalto	Veterana F40	02:14:30	+33:15	07:55

Official Timekeeper: Lap2Go

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generate 12-set-2015 12:38

**Trail Curto 17K**
**17 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

10	319	Paula Chaves	Tartarugas do Asfalto	Veterana F40	02:15:52	+34:37	08:00
11	316	Glória Monteiro	Tartarugas do Asfalto	Veterana F40	02:21:40	+40:25	08:20
12	337	CARLA SOFIA SILVA SOUSA	USGUNAS	Veterana F40	02:22:59	+41:44	08:25
13	43	Cristina Dias	CTAD - Trilhos de Cinfães	Veterana F40	02:25:35	+44:20	08:34
14	336	ANA PAULA RIBEIRO CRAVEIRO NUNES	USGUNAS	Veterana F40	02:28:34	+47:19	08:44
15	16	SUSANA BASTOS	ADC SANTA ISABEL	Veterana F40	02:36:28	+55:13	09:12
16	175	Maria da Luz Olivença	Individual	Veterana F40	02:37:01	+55:46	09:14
17	253	Deolinda Rosa Camarinha da Silva	Ligeirinhos	Veterana F40	02:39:38	+58:23	09:23
18	180	Rosa Mendes	Individual	Veterana F40	02:40:09	+58:54	09:25
19	165	Bia Maia	Individual	Veterana F40	02:41:58	+01:00:43	09:32
20	338	SANDRA MIRANDA	USGUNAS	Veterana F40	02:42:20	+01:01:05	09:33
21	177	Nina Silva	Individual	Veterana F40	02:43:30	+01:02:15	09:37
22	52	Mónica Jesus	Duros & Rijos Tribe	Veterana F40	02:52:37	+01:11:22	10:09
23	75	CIDALIA PEIXOTO	Ginásio Factor X	Veterana F40	02:55:49	+01:14:34	10:21
24	173	Leninha	Individual	Veterana F40	02:57:25	+01:16:10	10:26
25	318	Maria Portugal	Tartarugas do Asfalto	Veterana F40	03:09:38	+01:28:23	11:09
26	178	Paula Pinto	Individual	Veterana F40	03:15:15	+01:34:00	11:29
27	166	Cândida Vilas-Boas	Individual	Veterana F40	03:15:44	+01:34:29	11:31
28	182	Susana Barbosa	Individual	Veterana F40	03:22:09	+01:40:54	11:53
29	171	Isabel castro	Individual	Veterana F40	03:25:34	+01:44:19	12:06
30	181	SANDRA CARVALHO	Individual	Veterana F40	03:28:40	+01:47:25	12:16
31	183	Susana Recarei	Individual	Veterana F40	03:29:39	+01:48:24	12:20
32	246	Maria Machado	Invicta Runners Team	Veterana F40	03:32:22	+01:51:07	12:30
33	255	Sandra Amorim	Ligeirinhos	Veterana F40	03:32:33	+01:51:18	12:30

**Veterano M40**

1	172	Paulo Pinto	Individual	Veterano M40	01:25:33		05:02
2	72	Luis Gil	Gaia Trail	Veterano M40	01:25:41	+00:08	05:02
3	90	Humberto Vara	Individual	Veterano M40	01:28:13	+02:40	05:11
4	292	Alain Couto	Rio Largo de Espinho	Veterano M40	01:33:26	+07:53	05:30
5	19	Luis Leça	ADC SANTA ISABEL	Veterano M40	01:33:47	+08:14	05:31
6	36	JOSE MOTA	CICLISTAS CÓSMICOS - GÍSLÓTICA	Veterano M40	01:36:18	+10:45	05:40
7	308	Joaquim Pinheiro	ST TRAIL	Veterano M40	01:38:05	+12:32	05:46
8	27	José Neves	Atletismo Aliança de Gandra	Veterano M40	01:38:55	+13:22	05:49
9	211	Jorge Brites	Individual	Veterano M40	01:41:15	+15:42	05:57
10	257	José Carlos Gomes	Ligeirinhos	Veterano M40	01:42:03	+16:30	06:00
11	76	José Paulo Ribeiro	Ginásio Factor X	Veterano M40	01:44:29	+18:56	06:09
12	325	Rui Andrade	Team DUAS FACES	Veterano M40	01:44:37	+19:04	06:09
13	227	Nelson Ramos	Individual	Veterano M40	01:44:44	+19:11	06:10
14	26	CARLOS MANUEL MOREIRA DA SILVA	ATLETISMO ALIANÇA DE GANDRA	Veterano M40	01:45:08	+19:35	06:11
15	218	jose pereira	Individual	Veterano M40	01:45:16	+19:43	06:12
16	28	LEONEL FERNANDO SOUSA NEVES	ATLETISMO ALIANÇA DE GANDRA	Veterano M40	01:45:19	+19:46	06:12

**Trail Curto 17K**

**17 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

17	215	José Manuel Soares	Individual	Veterano M40	01:45:37	+20:04	06:13
18	339	JOSÉ MANUEL RODRIGO NUNES	USGUNAS	Veterano M40	01:45:51	+20:18	06:14
19	202	Humberto Lopes	Individual	Veterano M40	01:46:10	+20:37	06:15
20	307	Cláudio Ferreira	ST TRAIL	Veterano M40	01:46:17	+20:44	06:15
21	197	Francisco Pinheiro	Individual	Veterano M40	01:46:54	+21:21	06:17
22	44	José Carlos Dias	CTAD - Trilhos de Cinfães	Veterano M40	01:46:54	+21:21	06:17
23	341	Luís Pereira	Velozes & Furiosos	Veterano M40	01:48:50	+23:17	06:24
24	18	José Rodrigues	ADC SANTA ISABEL	Veterano M40	01:48:55	+23:22	06:24
25	194	Fernando Jorge de Oliveira	Individual	Veterano M40	01:49:17	+23:44	06:26
26	239	Raul Moura	Individual	Veterano M40	01:49:27	+23:54	06:26
27	192	fausto teixeira	Individual	Veterano M40	01:49:29	+23:56	06:26
28	58	Joaquim Coelho	El Team Trail	Veterano M40	01:49:47	+24:14	06:27
29	23	Carlos Manuel Pereira do Couto	ARCORUN	Veterano M40	01:53:44	+28:11	06:41
30	220	Leonel Soares Silva	Individual	Veterano M40	01:53:48	+28:15	06:42
31	298	João Cardoso	RUNNING CLASS HP ARRÁBIDA	Veterano M40	01:53:58	+28:25	06:42
32	57	Delfim Nogueira	El Team Trail	Veterano M40	01:54:20	+28:47	06:44
33	199	helder rodrigues	Individual	Veterano M40	01:54:57	+29:24	06:46
34	234	Pedro da Costa Ferreira	Individual	Veterano M40	01:56:18	+30:45	06:50
35	187	Amílcar Ferreira	Individual	Veterano M40	01:56:41	+31:08	06:52
36	198	Helder Braga	Individual	Veterano M40	01:57:05	+31:32	06:53
37	61	Paulo gama	Factor X	Veterano M40	01:57:16	+31:43	06:54
38	210	Jorge Amadeu Moreira Sousa	Individual	Veterano M40	01:57:30	+31:57	06:55
39	324	Rui Lebre	Tartarugas do Asfalto	Veterano M40	01:58:19	+32:46	06:58
40	222	Manuel Faria Sampaio	Individual	Veterano M40	01:58:45	+33:12	06:59
41	219	José Rodrigues	Individual	Veterano M40	01:59:05	+33:32	07:00
42	66	Luis Lopes	Fardetas	Veterano M40	01:59:22	+33:49	07:01
43	237	Pedro Sousa	Individual	Veterano M40	02:00:02	+34:29	07:04
44	230	Paulo Graça	Individual	Veterano M40	02:00:09	+34:36	07:04
45	293	CARLOS RIPOLINS	RIPOLINS.COM GRIJÓ	Veterano M40	02:00:35	+35:02	07:06
46	244	Wilson Fonseca	Individual	Veterano M40	02:01:32	+35:59	07:09
47	224	Mario Rodrigues de Araujo	Individual	Veterano M40	02:02:12	+36:39	07:11
48	195	Fernando Pereira Oliveira	Individual	Veterano M40	02:02:15	+36:42	07:11
49	54	Luís de Almeida	Duros & Rijos Tribe	Veterano M40	02:02:19	+36:46	07:12
50	193	Fernando Alves	Individual	Veterano M40	02:03:22	+37:49	07:15
51	186	Alcino Silva de Araújo	Individual	Veterano M40	02:03:51	+38:18	07:17
52	226	Miguel Lopes	Individual	Veterano M40	02:03:55	+38:22	07:17
53	24	Vitor Manuel Fontes Folgado	ARCORUN	Veterano M40	02:05:01	+39:28	07:21
54	217	José Mendes	Individual	Veterano M40	02:05:05	+39:32	07:21
55	200	Helder Rodrigues	Individual	Veterano M40	02:05:40	+40:07	07:24
56	35	JOSÉ MIGUEL DA CRUZ PINTO	CICLISTAS CÓSMICOS - GISLÓTICA	Veterano M40	02:05:50	+40:17	07:24
57	204	João Miguel Mendonça e Vasconcelos Macedo	Individual	Veterano M40	02:07:22	+41:49	07:30
58	328	Adriano Rocha	The Outsiders Running e trail team	Veterano M40	02:07:30	+41:57	07:30
59	256	João Gil da Costa	Ligeirinhos	Veterano M40	02:08:10	+42:37	07:32
60	221	manuel antonio ferreira pinto teixeira	Individual	Veterano M40	02:08:18	+42:45	07:33
61	64	Adriano Magalhães	Fardetas	Veterano M40	02:08:25	+42:52	07:33



# Trail Curto 17K

**17 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## COLETIVA

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

<b>RANK</b>	<b>TEAM</b>	<b>DESCRIPTION</b>	<b>POINTS</b>
1	ATLETISMO ALIANÇA DE GANDRA	9 + 24 + 26	59
2	ST TRAIL	12 + 14 + 33	59
3	ADC SANTA ISABEL	8 + 40 + 41	89
4	USGUNAS	30 + 37 + 79	146
5	EI Team Trail	42 + 46 + 59	147
6	GONDOMAR FUTSAL CLUBE	6 + 17 + 153	176
7	Maiacross Team	16 + 65 + 119	200
8	Ginásio Factor X	21 + 58 + 141	220
9	Ligeirinhos	19 + 104 + 122	245
10	Tartarugas do Asfalto	27 + 72 + 155	254
11	ARCORUN	55 + 100 + 109	264
12	Blue Whippets	36 + 91 + 146	273
13	RUNNING CLASS HP ARRÁBIDA	57 + 111 + 112	280
14	Os Atletas	47 + 151 + 152	350
15	The Outsiders Running e trail team	99 + 120 + 210	429
16	Fardetas	78 + 125 + 256	459
17	divigirls	121 + 170 + 181	472
18	Luis Leça	136 + 145 + 197	478
19	Factor X	69 + 214 + 229	512
20	No pain no gain	149 + 194 + 196	539
21	Duros & Rijos Tribe	98 + 259 + 281	638
22	Os Bravos do Mindelo	207 + 208 + 237	652