

ULTRA TRAIL

53 KM

[illegible][illegible]

OFFICIAL RESULT

R

REVISED

	Time	Temperature	Humidity
Start	08:00	15,5°C	82,8%
End	19:00	15.5°C	82.8%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
1	1	Andre Rodrigues	juventude vidigalense	Senior Masculino	05:09:18		05:50
2	409	Rui Seixo	edv-viana trail	Senior Masculino	05:14:07	+04:49	05:56
3	7	Helder Ferreira	união fci tomar	Senior Masculino	05:14:12	+04:54	05:56
4	459	André Filipe Alves de Castro	cimo	Senior Masculino	05:14:56	+05:38	05:57
5	342	Victor Teixeira	nast	Veterano M40	05:29:04	+19:46	06:13
6	465	Rui Luz	ccd "o sol nasce para todos"	Senior Masculino	05:29:44	+20:26	06:13
7	267	Rui Miguel Simplício Pacheco	individual	Senior Masculino	05:29:48	+20:30	06:13
8	401	Jérôme Rodrigues	edv-viana trail	Senior Masculino	05:32:01	+22:43	06:16
9	326	Paulo José da Silva Lopes	individual	Veterano M40	05:39:38	+30:20	06:24
10	529	Luis Semedo	acportalegre/utsm	Senior Masculino	05:45:36	+36:18	06:31
11	412	gabriel Meira	edv-viana trail	Veterano M40	05:51:00	+41:42	06:37
12	13	Luís Carlos Carvalho da Mota	casa do benfica em abrantas	Veterano M40	05:52:01	+42:43	06:39
13	419	José Pereira	desnivel positivo	Veterano M40	05:55:29	+46:11	06:42
14	394	Tiago Teixeira	factor x	Senior Masculino	05:55:39	+46:21	06:43
15	505	Milton Gonçalves	arism - associação recreativa de s. miguel	Senior Masculino	05:55:55	+46:37	06:43
16	10	Ester Alves	desnivel positivo	Senior Feminino	05:58:47	+49:29	06:46
17	9	Nuno Silva	desnivel positivo	Senior Masculino	05:58:49	+49:31	06:46
18	99	Bruno Fernandes	o mundo da corrida	Senior Masculino	06:00:29	+51:11	06:48
19	402	Jorge Rocha	edv-viana trail	Senior Masculino	06:04:57	+55:39	06:53
20	12	Telmo Veloso	desnivel positivo	Senior Masculino	06:09:15	+59:57	06:58
21	533	Vitor Cordeiro	acportalegre/utsm	Veterano M50	06:12:32	+01:03:14	07:02
22	473	Nelson Fernandes Diogo	monsanto running team	Senior Masculino	06:15:28	+01:06:10	07:05
23	430	Stefan Pequito	correr na cidade	Senior Masculino	06:17:05	+01:07:47	07:07
24	414	Artur matos	edv-viana trail	Veterano M45	06:17:54	+01:08:36	07:08
25	206	João Manuel do Vale Pereira Borges	individual	Senior Masculino	06:18:28	+01:09:10	07:08
26	504	Francisco Gaio	ass. atletismo 20 kms de almeirim	Veterano M50	06:19:22	+01:10:04	07:09
27	8	Lucinda Sousa	gondomar futsal clube	Veterana F40	06:19:51	+01:10:33	07:10
28	226	Luís Filipe Amaral de Oliveira	gd os ribeirinhos	Senior Masculino	06:21:59	+01:12:41	07:12
29	415	José Domingos	edv-viana trail	Veterano M45	06:22:11	+01:12:53	07:13
30	180	Carlos Couto	individual	Senior Masculino	06:27:02	+01:17:44	07:18
31	403	José faria	edv-viana trail	Senior Masculino	06:27:42	+01:18:24	07:19
32	2	Cristina Ponte	offtel runners	Veterana F40	06:29:59	+01:20:41	07:21
33	44	paulo alexandre correia	scalabis night runners	Veterano M45	06:30:02	+01:20:44	07:22
34	254	Pedro Manuel Reis Caprichoso	juventude vidigalense	Senior Masculino	06:31:59	+01:22:41	07:24
35	15	andre cunha	vimarunners	Senior Masculino	06:33:41	+01:24:23	07:26
36	106	Edmundo André	o mundo da corrida	Veterano M40	06:33:47	+01:24:29	07:26
37	248	paulo César	individual	Senior Masculino	06:34:02	+01:24:44	07:26
38	311	JOSE MARIA Carpintero Labrador	individual	Veterano M45	06:35:09	+01:25:51	07:27
39	123	Ricardo Queirós	nast	Senior Masculino	06:36:45	+01:27:27	07:29
40	389	TIAGO FERREIRA SANTOS	fratelli endurance sports	Senior Masculino	06:38:05	+01:28:47	07:31
41	563	Fernando dos Reis Baltazar	individual	Veterano M45	06:38:05	+01:28:47	07:31

Official Timekeeper: Lap2Go	1 / 11	generate 05-out-2014 22:11
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ULTRA TRAIL

53 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	230	Luis Santos	individual	Senior Masculino	06:38:05	+01:28:47	07:31
43	526	André Trindade	acportalegre/utsm	Senior Masculino	06:38:25	+01:29:07	07:31
44	141	Emanuel Matos	minho aventura	Veterano M40	06:39:38	+01:30:20	07:32
45	45	Jeronimo Esteves	salamandrecos	Senior Masculino	06:43:50	+01:34:32	07:37
46	417	Artur Costa	desnivel positivo	Senior Masculino	06:44:11	+01:34:53	07:38
47	218	Jorge Fernando Oliveira Fernandes	individual	Senior Masculino	06:44:59	+01:35:41	07:38
48	210	Joao Teixeira	individual	Senior Masculino	06:45:02	+01:35:44	07:39
49	134	Paulo Pinho	monitar aventura	Veterano M40	06:46:45	+01:37:27	07:40
50	142	Manuel Marques	minho aventura	Veterano M45	06:49:03	+01:39:45	07:43
51	388	MARCO ANDRE ALMEIDA FERREIRA	fratelli endurance sports	Senior Masculino	06:52:11	+01:42:53	07:47
52	564	Tiago Aragão	ctad tiagoaragao.com	Senior Masculino	06:55:50	+01:46:32	07:51
53	100	Carlos Correia	o mundo da corrida	Senior Masculino	06:56:18	+01:47:00	07:51
54	126	Paulo Santos	mountain trail's	Veterano M45	06:57:47	+01:48:29	07:53
55	567	Sergio Pereira	proaventuras	Senior Masculino	06:57:47	+01:48:29	07:53
56	212	JOAQUIM MANUEL MARTINS DE FREITAS	individual	Senior Masculino	07:00:14	+01:50:56	07:56
57	279	Vasco André Carneiro Pereira	individual	Senior Masculino	07:03:19	+01:54:01	07:59
58	528	Luis Malheiro	acportalegre/utsm	Senior Masculino	07:03:20	+01:54:02	07:59
59	462	Sofia Lopes Roquete	ccd "o sol nasce para todos"	Senior Feminino	07:03:47	+01:54:29	08:00
60	205	João Alves	individual	Senior Masculino	07:03:49	+01:54:31	08:00
61	132	Didier Valente	monsanto running team	Veterano M40	07:04:30	+01:55:12	08:01
62	268	Rui Sequeira	individual	Senior Masculino	07:04:30	+01:55:12	08:01
63	102	Hélder Tavares de Lemos	o mundo da corrida	Senior Masculino	07:04:36	+01:55:18	08:01
64	70	MANUEL QUELHAS	paredes aventura	Senior Masculino	07:05:10	+01:55:52	08:01
65	410	STEPHANE SIMOES	edv-viana trail	Senior Masculino	07:08:04	+01:58:46	08:05
66	71	AUGUSTO OLIVEIRA	paredes aventura	Veterano M40	07:08:28	+01:59:10	08:05
67	259	Renato Martins	individual	Senior Masculino	07:09:30	+02:00:12	08:06
68	170	André Ribeiro Fraga	individual	Senior Masculino	07:09:34	+02:00:16	08:06
69	300	Bruno Carlos Bondoso	individual	Veterano M40	07:09:50	+02:00:32	08:07
70	4	Susana Simões	desnivel positivo	Veterana F40	07:10:06	+02:00:48	08:07
71	214	Jorge Alves	individual	Senior Masculino	07:11:18	+02:02:00	08:08
72	405	Paulo Freitas	edv-viana trail	Senior Masculino	07:11:53	+02:02:35	08:09
73	273	Simão Pedro Neves Seiça	individual	Senior Masculino	07:13:35	+02:04:17	08:11
74	240	Luis Melo	minho aventura	Senior Masculino	07:13:38	+02:04:20	08:11
75	464	Nuno Miguel Rebelo Teixeira	ccd "o sol nasce para todos"	Senior Masculino	07:13:59	+02:04:41	08:11
76	162	Alexandre Pinto	individual	Senior Masculino	07:14:27	+02:05:09	08:12
77	55	Pedro Verne	restaurante marinho	Senior Masculino	07:14:34	+02:05:16	08:12
78	406	Pedro Caldas	edv-viana trail	Senior Masculino	07:19:14	+02:09:56	08:17
79	260	Ricardo António Pereira Morim Neto	individual	Senior Masculino	07:19:15	+02:09:57	08:17
80	202	Humberto Barros	individual	Senior Masculino	07:20:24	+02:11:06	08:19
81	41	Carlos Miguel Pepino Hipólito	scalabis night runners	Senior Masculino	07:20:50	+02:11:32	08:19
82	376	Henrique Jorge Silva Ferreira	gondomar futsal clube	Veterano M50	07:22:11	+02:12:53	08:21
83	264	Rui Daniel Carvalho Martins	individual	Senior Masculino	07:22:32	+02:13:14	08:21
84	67	Henrique Madeira	pickle films	Senior Masculino	07:23:14	+02:13:56	08:22
85	280	Victor Nelson Gomes Amaral	individual	Senior Masculino	07:23:15	+02:13:57	08:22

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53 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
86	322	Nuno Miguel Ribeiro da Silva Alves	individual	Veterano M40	07:23:22	+02:14:04	08:22
87	439	José Nuno Costa Ferreira	clube montanhismo de braga	Senior Masculino	07:23:42	+02:14:24	08:22
88	527	João Farinha	acportalegre/utsm	Senior Masculino	07:24:57	+02:15:39	08:24
89	124	Gonalo Manuel Marinho Lopes da Mota	nast	Veterano M40	07:26:03	+02:16:45	08:25
90	122	MIGUEL MARTINS	nast	Senior Masculino	07:26:03	+02:16:45	08:25
91	432	Amadeu Teixeira	corre connosco felgueiras	Veterano M50	07:26:17	+02:16:59	08:25
92	77	Gustavo Manuel Pereira Santos	osc/ipa	Senior Masculino	07:28:21	+02:19:03	08:28
93	344	CARLOS CASTRO	individual	Veterano M45	07:28:25	+02:19:07	08:28
94	285	Joaquim Filipe da Rosa Rodrigues	individual	Sub 23 Masculino	07:29:16	+02:19:58	08:29
95	104	Paulo Carvalho	o mundo da corrida	Senior Masculino	07:30:01	+02:20:43	08:29
96	43	Luís Morgado	scalabis night runners	Veterano M40	07:31:08	+02:21:50	08:31
97	506	Paulo Nogueira	arism - associação recreativa de s. miguel	Senior Masculino	07:31:43	+02:22:25	08:31
98	95	Gonalo Ferreira	offtel runners	Senior Masculino	07:31:45	+02:22:27	08:31
99	305	Francisco Moure Fernandez	individual	Veterano M40	07:33:41	+02:24:23	08:34
100	411	Arlindo Alves Rodrigues	edv-viana trail	Veterano M40	07:36:44	+02:27:26	08:37
101	171	António Arede	individual	Senior Masculino	07:36:45	+02:27:27	08:37
102	304	Fernando Pinheiro Mendes	individual	Veterano M40	07:37:18	+02:28:00	08:38
103	261	Ricardo Sousa	individual	Senior Masculino	07:37:24	+02:28:06	08:38
104	435	Filipe Manuel Vicente Afonso	coimbra trailrunning	Senior Masculino	07:37:56	+02:28:38	08:38
105	213	Joaquim Paulo Ferreira Silva Marques	individual	Senior Masculino	07:37:57	+02:28:39	08:38
106	167	André Guerra	individual	Senior Masculino	07:39:55	+02:30:37	08:41
107	111	Francisco Pais	o mundo da corrida	Veterano M45	07:39:55	+02:30:37	08:41
108	310	Jose Manuel Gomes da Silva	individual	Veterano M40	07:40:16	+02:30:58	08:41
109	121	Fernando Jorge Mendes Carneiro	nast	Senior Masculino	07:40:38	+02:31:20	08:41
110	82	César Canito	os rompe solas	Veterano M40	07:41:03	+02:31:45	08:42
111	390	Hugo Caldeira	fast n` furious	Senior Masculino	07:41:20	+02:32:02	08:42
112	87	Abílio Mina	os fura montanhas	Veterano M40	07:41:54	+02:32:36	08:43
113	525	Rui Rocha	ada desnível	Veterano M40	07:42:14	+02:32:56	08:43
114	367	Manuel Braga	individual	Veterano M50	07:42:44	+02:33:26	08:44
115	47	Maurício Mendes	runners utd	Senior Masculino	07:45:19	+02:36:01	08:47
116	510	VALTER GUEDES	apt	Senior Masculino	07:45:27	+02:36:09	08:47
117	509	IVO MORAIS	apt	Senior Masculino	07:45:28	+02:36:10	08:47
118	515	Marco Barreto	amigos da montanha	Senior Masculino	07:45:28	+02:36:10	08:47
119	150	Carmen Pires	offtel runners	Senior Feminino	07:48:03	+02:38:45	08:50
120	177	Bruno Carrudo	individual	Senior Masculino	07:48:03	+02:38:45	08:50
121	458	Maral Silva	clac - entroncamento	Veterano M50	07:48:04	+02:38:46	08:50
122	422	Pedro Mendonca	cruxe trail	Senior Masculino	07:48:04	+02:38:46	08:50
123	523	Miguel Fernandes	ada desnível	Senior Masculino	07:48:24	+02:39:06	08:50
124	144	José Cândido Capela de Freitas Ribeiro	minho aventura	Veterano M50	07:48:32	+02:39:14	08:50
125	520	Alexandre Cantiga	amigos 4 run	Senior Masculino	07:48:44	+02:39:26	08:51
126	137	José Joaquim da Costa Machado	minho aventura	Senior Masculino	07:48:50	+02:39:32	08:51
127	209	JOÃO RIBEIRO	individual	Senior Masculino	07:50:49	+02:41:31	08:53
128	58	Ricardo Reis	prr/ad quinta	Senior Masculino	07:50:49	+02:41:31	08:53
129	195	Helder Filipe Silva Campos	individual	Senior Masculino	07:51:15	+02:41:57	08:53

ULTRA TRAIL

53 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
130	184	DANIEL SEOANE CASTRO	individual	Senior Masculino	07:51:26	+02:42:08	08:54
131	541	Rui Pedro Julião	georunners	Veterano M45	07:51:55	+02:42:37	08:54
132	25	Ricardo Teixeira	trailistas eu é que sei!	Senior Masculino	07:52:14	+02:42:56	08:55
133	114	Paulo Gomes	no tomorrow running team	Veterano M40	07:52:14	+02:42:56	08:55
134	242	Nuno Garrana	individual	Senior Masculino	07:53:21	+02:44:03	08:56
135	328	Pedro Assunção	individual	Veterano M40	07:54:06	+02:44:48	08:57
136	136	Fernando José Grenha Pinheiro	minho aventura	Senior Masculino	07:54:25	+02:45:07	08:57
137	431	Luis Moura	correr na cidade	Veterano M40	07:55:13	+02:45:55	08:58
138	50	Tiago Amaral	run&shine	Senior Masculino	07:56:35	+02:47:17	09:00
139	313	Luis Filipe Barraca Pereira	individual	Veterano M40	07:57:34	+02:48:16	09:01
140	235	Mário Jorge Pereira Martins	individual	Senior Masculino	07:57:58	+02:48:40	09:01
141	91	André Nogueira	oralklass-amigos do trail	Senior Masculino	07:58:29	+02:49:11	09:02
142	92	Óscar Rodrigues	oralklass-amigos do trail	Senior Masculino	07:58:29	+02:49:11	09:02
143	246	Nuno Miguel Maia	individual	Senior Masculino	07:58:30	+02:49:12	09:02
144	101	Carlos Jesus	o mundo da corrida	Senior Masculino	08:00:24	+02:51:06	09:04
145	266	Rui Miguel Monteiro Soles Gonçalves	individual	Senior Masculino	08:02:05	+02:52:47	09:06
146	139	Nuno Fernandes	minho aventura	Senior Masculino	08:02:24	+02:53:06	09:06
147	234	Mário Batista	individual	Senior Masculino	08:02:36	+02:53:18	09:06
148	442	FERNANDO EDUARDO TEIXEIRA VILELA	clube millennium bcp	Veterano M50	08:02:59	+02:53:41	09:07
149	145	Hugo P B	microsoft one	Senior Masculino	08:04:44	+02:55:26	09:09
150	302	Carlos Martins	individual	Veterano M40	08:05:38	+02:56:20	09:10
151	327	Paulo Raposo	run 4 fun	Veterano M40	08:06:04	+02:56:46	09:10
152	258	Pedro Santos Batista	individual	Senior Masculino	08:06:41	+02:57:23	09:11
153	494	João Manuel Pimentel Vaz	ateam run@figueira	Senior Masculino	08:06:45	+02:57:27	09:11
154	375	Maria do Rosario Martins	gondomar futsal clube	Veterana F45	08:07:29	+02:58:11	09:12
155	517	Jorge Alberto Lopes Sousa	amigos da montanha	Veterano M40	08:09:53	+03:00:35	09:15
156	133	Sérgio Lopes	monitar aventura	Senior Masculino	08:10:19	+03:01:01	09:15
157	487	Ricardo Couto	cabritos da cortiça - trail	Senior Masculino	08:11:22	+03:02:04	09:16
158	60	Livio Nuno	proaventuras	Senior Masculino	08:13:16	+03:03:58	09:18
159	69	HELDER SILVA	paredes aventura	Senior Masculino	08:13:25	+03:04:07	09:19
160	503	Maria Antonieta de Sá	ass. atletismo 20 kms de almeirim	Veterana F45	08:13:50	+03:04:32	09:19
161	46	António Pedro Santos	salamandrecos	Veterano M40	08:14:48	+03:05:30	09:20
162	463	Lino Abel Luz	ccd "o sol nasce para todos"	Senior Masculino	08:15:02	+03:05:44	09:20
163	225	Jose Serra	individual	Senior Masculino	08:16:11	+03:06:53	09:22
164	250	Paulo Machado	individual	Senior Masculino	08:16:42	+03:07:24	09:22
165	187	Diogo Tavares	individual	Senior Masculino	08:17:17	+03:07:59	09:23
166	149	Joaquim Fernandes	lebres do sado	Veterano M50	08:17:46	+03:08:28	09:24
167	120	Antonio Luis Fael	nel - pédatleta	Veterano M55	08:18:41	+03:09:23	09:25
168	86	Rui vieira	os homens do laço	Veterano M45	08:19:42	+03:10:24	09:26
169	85	Nuno ferreira	os homens do laço	Veterano M45	08:19:42	+03:10:24	09:26
170	88	Fernando Cunha	os fura montanhas	Veterano M45	08:19:47	+03:10:29	09:26
171	303	Carlos Miguel Lopes Filipe	individual	Senior Masculino	08:21:11	+03:11:53	09:27
172	362	João Paulo Duarte Marques	individual	Veterano M50	08:21:12	+03:11:54	09:27
173	296	António Nunes	individual	Veterano M40	08:22:50	+03:13:32	09:29
174	436	Nuno Ribeiro	clube zipper	Senior Masculino	08:23:12	+03:13:54	09:30

ULTRA TRAIL

53 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
175	562	Nuno Jorge Bastos Saraiva	individual	Senior Masculino	08:23:13	+03:13:55	09:30
176	83	Susana Neta	os netas	Senior Feminino	08:23:42	+03:14:24	09:30
177	84	Paulo Neta	os netas	Veterano M40	08:23:42	+03:14:24	09:30
178	345	Carlos Eduardo Lourenço	individual	Veterano M45	08:24:13	+03:14:55	09:31
179	233	Márcio Silva	individual	Senior Masculino	08:24:53	+03:15:35	09:32
180	263	Rui Almeida Rodrigues	individual	Senior Masculino	08:24:54	+03:15:36	09:32
181	156	Lou Ana	avoc	Veterana F50	08:25:25	+03:16:07	09:32
182	482	Nuno Sousa Lima	cães d'avenida	Veterano M40	08:25:41	+03:16:23	09:32
183	481	Miguel Catarino	cães d'avenida	Veterano M40	08:25:41	+03:16:23	09:32
184	51	Paulo Alexandre Santos Paiva	run to be alive	Senior Masculino	08:27:10	+03:17:52	09:34
185	39	LUIS MADEIRA	ss cgd	Veterano M40	08:27:21	+03:18:03	09:34
186	65	Paulo Luis Magalhães Nunes	porto runners	Veterano M40	08:27:26	+03:18:08	09:34
187	384	Flor Madureira	g.d.leões do veneza	Veterana F45	08:27:34	+03:18:16	09:35
188	96	Telmo Velez	offtel runners	Senior Masculino	08:28:09	+03:18:51	09:35
189	534	Nuno de Sousa Gião	accvcavi	Senior Masculino	08:29:06	+03:19:48	09:36
190	182	Carlos Pereira	individual	Senior Masculino	08:30:02	+03:20:44	09:37
191	393	Nuno Teixeira	factor x	Senior Masculino	08:30:13	+03:20:55	09:38
192	382	Bruno Melo	gd os ribeirinhos	Senior Masculino	08:30:37	+03:21:19	09:38
193	27	Luís Miguel de Andrade Gonçalves Moreira dos Santos	trailistas eu é que sei!	Veterano M40	08:32:20	+03:23:02	09:40
194	272	Sérgio Silva	individual	Senior Masculino	08:32:38	+03:23:20	09:40
195	33	João Pedro Correia Fernandes	the fat	Senior Masculino	08:32:50	+03:23:32	09:41
196	64	Jorge Manuel Nogueira Magalhães	porto runners	Veterano M40	08:33:17	+03:23:59	09:41
197	203	Ildebrando de Jesus Pereira Aires	individual	Senior Masculino	08:33:18	+03:24:00	09:41
198	324	Paulo Freitas	individual	Veterano M40	08:33:18	+03:24:00	09:41
199	461	Sofia Agostinho	ccd "o sol nasce para todos"	Senior Feminino	08:33:29	+03:24:11	09:41
200	231	Manuel da Silva	individual	Senior Masculino	08:33:29	+03:24:11	09:41
201	30	João Antunes	trail tonico	Veterano M40	08:34:42	+03:25:24	09:43
202	286	Anabela Pombeiro	individual	Veterana F40	08:36:00	+03:26:42	09:44
203	316	MIGUEL MERA CUEVAS	individual	Veterano M40	08:36:01	+03:26:43	09:44
204	113	António Geraldo	o mundo da corrida	Veterano M55	08:36:01	+03:26:43	09:44
205	48	Liliana Augusta da Rocha Gomes	run&shine	Senior Feminino	08:36:04	+03:26:46	09:44
206	299	Artur Santiago Coelho	individual	Veterano M40	08:36:04	+03:26:46	09:44
207	491	Pedro Jorge Gomes de Sousa	bio runners	Veterano M40	08:38:31	+03:29:13	09:47
208	396	BRUNO MARQUEZ	electrico futebol clube	Senior Masculino	08:39:42	+03:30:24	09:48
209	531	Paula Matos	acportalegre/utsm	Veterana F45	08:40:29	+03:31:11	09:49
210	294	Alexandre Kellen	individual	Veterano M40	08:41:22	+03:32:04	09:50
211	566	João Rosa	cruxe trail	Senior Masculino	08:41:22	+03:32:04	09:50
212	159	Patrícia Lourenço	individual	Senior Feminino	08:42:17	+03:32:59	09:51
213	532	Sergio Carinhas	acportalegre/utsm	Veterano M45	08:44:11	+03:34:53	09:53
214	468	Fernando Remelgado	ccd - siemens	Senior Masculino	08:44:31	+03:35:13	09:54
215	395	Avelino Faria	eu e que sei	Veterano M45	08:44:31	+03:35:13	09:54
216	407	Pedro Rocha	edv-viana trail	Veterano M40	08:44:54	+03:35:36	09:54
217	350	João Martins	individual	Veterano M45	08:45:05	+03:35:47	09:54
218	347	Ernestino Azevedo	individual	Veterano M45	08:46:37	+03:37:19	09:56
219	109	Manuel Correia	o mundo da corrida	Veterano M40	08:46:37	+03:37:19	09:56

ULTRA TRAIL

53 KM

[illegible]

OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
220	492	João Pedro da Costa Pinto Laranjeira	beat your limit!	Senior Masculino	08:47:14	+03:37:56	09:57
221	325	Paulo Jorge Nogueira Marques	individual	Veterano M40	08:48:07	+03:38:49	09:58
222	56	Bruno Dias	prt/ad quinta	Senior Masculino	08:48:24	+03:39:06	09:58
223	536	Hélder Pinto	a.d.amarante trail running	Senior Masculino	08:50:02	+03:40:44	10:00
224	198	Hugo Emanuel Pereira Fardilha	individual	Senior Masculino	08:51:12	+03:41:54	10:01
225	399	Carlos Manuel Pimenta Ribeiro	edv-viana trail	Senior Masculino	08:52:16	+03:42:58	10:03
226	253	Pedro Couto Viana	individual	Senior Masculino	08:53:13	+03:43:55	10:04
227	339	Rui Manuel De Almeida Gaspar	individual	Veterano M40	08:53:34	+03:44:16	10:04
228	501	Pedro Pinto	associação desportiva da efacec	Senior Masculino	08:54:44	+03:45:26	10:05
229	315	Miguel Judas	individual	Veterano M40	08:54:45	+03:45:27	10:05
230	53	Miguel Serradas Duarte	run 4 fun	Senior Masculino	08:56:05	+03:46:47	10:07
231	238	Nuno Assis	individual	Senior Masculino	08:56:12	+03:46:54	10:07
232	404	Marco Barbosa	edv-viana trail	Senior Masculino	08:57:18	+03:48:00	10:08
233	498	Luís Veríssimo	ateam run@figueira	Veterano M40	08:57:35	+03:48:17	10:09
234	497	Carlos Frederico de Oliveira Otão	ateam run@figueira	Veterano M40	08:57:35	+03:48:17	10:09
235	138	Luís Filipe Barros de Vasconcelos Guimarães	minho aventura	Senior Masculino	08:59:02	+03:49:44	10:10
236	140	Valdir Costa	minho aventura	Sub 23 Masculino	08:59:02	+03:49:44	10:10
237	38	MARIO SILVA	tau runners	Veterano M50	08:59:09	+03:49:51	10:10
238	383	rui gomes	gd os ribeirinhos	Veterano M40	09:00:15	+03:50:57	10:12
239	152	Pedro Fonseca	offtel runners	Senior Masculino	09:00:22	+03:51:04	10:12
240	516	Carlos Gonçalves	amigos da montanha	Veterano M40	09:00:40	+03:51:22	10:12
241	513	Vítor Daniel da Silva Pinto	amigos do vale do silêncio	Senior Masculino	09:00:53	+03:51:35	10:12
242	17	Bruno Fernandes	vimarunners	Senior Masculino	09:00:57	+03:51:39	10:12
243	312	José Miguel Dinis Ferreira da Silva	individual	Veterano M40	09:00:57	+03:51:39	10:12
244	449	Bruno Filipe Pinho	clube atletismo de lamas	Senior Masculino	09:01:20	+03:52:02	10:13
245	418	Carlos Lourenço	desnivel positivo	Senior Masculino	09:02:03	+03:52:45	10:14
246	426	BERNARDO RODRÍGUEZ ESTÉVEZ	coutadas trail team	Veterano M40	09:04:01	+03:54:43	10:16
247	425	ALFREDO ALCÁNTARA LORENZO	coutadas trail team	Veterano M40	09:04:02	+03:54:44	10:16
248	424	RUBÉN RODRÍGUEZ ESTÉVEZ	coutadas trail team	Senior Masculino	09:04:02	+03:54:44	10:16
249	374	Orlando Gabriel da Silva Ferreira	grupo desportivo cimpor & amigos	Veterano M55	09:06:31	+03:57:13	10:19
250	343	Artur Jorge dos Santos Pereira	individual	Veterano M45	09:08:00	+03:58:42	10:20
251	368	Miguel Baptista	individual	Veterano M50	09:08:00	+03:58:42	10:20
252	293	Alberto Correia	individual	Veterano M40	09:08:54	+03:59:36	10:21
253	353	jorge manuel martins da silva	individual	Veterano M45	09:08:56	+03:59:38	10:21
254	112	Fernando Fonseca	o mundo da corrida	Veterano M50	09:10:41	+04:01:23	10:23
255	229	Luís Sá	individual	Senior Masculino	09:10:42	+04:01:24	10:23
256	21	Luís Miguel Azevedo da Silva	unidade especial de corrida	Sub 23 Masculino	09:10:47	+04:01:29	10:24
257	243	Nuno Jorge Moreira de Pinho	individual	Senior Masculino	09:10:47	+04:01:29	10:24
258	429	Pedro Tomás Luiz	correr na cidade	Senior Masculino	09:10:58	+04:01:40	10:24
259	194	Gonçalo Nuno Ramos Pires Manteigas	individual	Senior Masculino	09:10:58	+04:01:40	10:24
260	276	Tiago Loureiro	individual	Senior Masculino	09:10:59	+04:01:41	10:24
261	237	Nelson Marques	run 4 fun	Senior Masculino	09:11:51	+04:02:33	10:26

ULTRA TRAIL

53 KM

[illegible]

OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
262	385	Pedro Evangelista	friends2run	Senior Masculino	09:12:07	+04:02:49	10:25
263	467	Raquel Arvelos	ccd - siemens	Senior Feminino	09:12:42	+04:03:24	10:26
264	472	João Queiroz	ccd - siemens	Veterano M40	09:12:44	+04:03:26	10:26
265	346	Carlos Navega	individual	Veterano M45	09:13:38	+04:04:20	10:27
266	215	Jorge Canelhas	individual	Senior Masculino	09:16:38	+04:07:20	10:30
267	428	PABLO LAGO GÓMEZ	coutadas trail team	Veterano M40	09:16:42	+04:07:24	10:30
268	378	Valter Filipe Pereira Martinho	ginásio quinta do valbom	Senior Masculino	09:17:02	+04:07:44	10:31
269	79	António Gonçalves	os tugas	Veterano M50	09:18:27	+04:09:09	10:32
270	211	joaquim Barbosa	individual	Senior Masculino	09:20:14	+04:10:56	10:34
271	478	Luis Sousa Pires	cães d'avenida	Veterano M60	09:22:02	+04:12:44	10:36
272	379	Tuxa Negri	ginásio quinta do valbom	Sub 23 Feminino	09:23:18	+04:14:00	10:38
273	37	Sérgio Marques	team duas faces	Senior Masculino	09:23:34	+04:14:16	10:38
274	271	Sérgio Moreira	individual	Senior Masculino	09:23:43	+04:14:25	10:38
275	329	Pedro Moreira	individual	Veterano M40	09:23:43	+04:14:25	10:38
276	387	Vitor Venda	friends2run	Veterano M40	09:23:48	+04:14:30	10:38
277	333	Ricardo Arraias	individual	Veterano M40	09:24:05	+04:14:47	10:39
278	35	Mariana Rodrigues	team famalicão / afa cycles	Senior Feminino	09:24:28	+04:15:10	10:39
279	249	Paulo Correia	individual	Senior Masculino	09:24:52	+04:15:34	10:39
280	365	José Carlos Melo	run 4 fun	Veterano M50	09:25:05	+04:15:47	10:40
281	252	Pedro Costa	individual	Senior Masculino	09:25:25	+04:16:07	10:40
282	197	Hugo Duarte Teixeira	individual	Senior Masculino	09:25:25	+04:16:07	10:40
283	23	Nuno Miguel Martins	tsf	Senior Masculino	09:25:26	+04:16:08	10:40
284	163	Alexandre Solposto	individual	Senior Masculino	09:25:29	+04:16:11	10:40
285	330	RAFAEL COSTAS	individual	Veterano M40	09:26:52	+04:17:34	10:42
286	496	Armando Jorge Andrade Loureiro	ateam run@figueira	Veterano M40	09:28:03	+04:18:45	10:43
287	219	Jorge Prazeres	individual	Senior Masculino	09:28:21	+04:19:03	10:43
288	130	Pedro Conceição	monsanto running team	Senior Masculino	09:28:21	+04:19:03	10:43
289	262	Rodrigo oliveira	individual	Senior Masculino	09:29:04	+04:19:46	10:44
290	319	Nuno Faro Beirão	individual	Veterano M40	09:29:05	+04:19:47	10:44
291	16	Anselmo Pinto	vimarunners	Senior Masculino	09:29:08	+04:19:50	10:44
292	19	Luís Guise	vimarunners	Veterano M45	09:29:09	+04:19:51	10:44
293	223	Jose Meira Rodrigues	individual	Senior Masculino	09:29:09	+04:19:51	10:44
294	18	Vitor Silva	vimarunners	Senior Masculino	09:29:09	+04:19:51	10:44
295	291	Sofia Coelho	individual	Veterana F40	09:32:24	+04:23:06	10:48
296	457	Carlos Maurício	clac - entroncamento	Veterano M50	09:32:40	+04:23:22	10:48
297	454	Pedro Medley	clac - entroncamento	Senior Masculino	09:32:40	+04:23:22	10:48
298	52	Pedro Rebelo Dias	run baby run	Veterano M40	09:32:56	+04:23:38	10:49
299	363	joaquim lima	individual	Veterano M50	09:34:33	+04:25:15	10:50
300	359	António Vale	individual	Veterano M50	09:34:51	+04:25:33	10:51
301	98	Pedro Miguel de Sousa Vendeirinho	offtel runners	Veterano M45	09:35:46	+04:26:28	10:52
302	97	Diogo Caseiro	offtel runners	Veterano M40	09:35:46	+04:26:28	10:52
303	153	Fernando Xavier	jobrinde montes saloios	Senior Masculino	09:36:41	+04:27:23	10:53
304	59	João Santos	proaventuras	Senior Masculino	09:36:42	+04:27:24	10:53
305	275	Tiago Borges	individual	Senior Masculino	09:39:16	+04:29:58	10:56
306	57	Hugo Sa	prt/ad quinta	Senior Masculino	09:39:25	+04:30:07	10:56

ULTRA TRAIL

53 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
307	445	Mafalda Sofia Geada Faria	clube gbes	Senior Feminino	09:39:49	+04:30:31	10:56
308	446	Aires Barata	clube gbes	Senior Masculino	09:39:50	+04:30:32	10:56
309	256	Pedro Sanguino	individual	Senior Masculino	09:39:50	+04:30:32	10:56
310	416	Hugo Rocha	diverinstal	Senior Masculino	09:39:50	+04:30:32	10:56
311	486	João Paulo Rocha	cães d'avenida	Veterano M50	09:40:13	+04:30:55	10:57
312	480	João P Maia Gonçalves	cães d'avenida	Veterano M40	09:40:14	+04:30:56	10:57
313	24	Ricardo Jorge Costa Oliveira	trilhos d'aventura	Senior Masculino	09:40:48	+04:31:30	10:58
314	239	Nuno Duarte Machado Gonçalves	individual	Senior Masculino	09:40:51	+04:31:33	10:58
315	484	Rui Pinho	cães d'avenida	Senior Masculino	09:40:51	+04:31:33	10:58
316	125	Guilherme Martins	movimento juventude de merelim	Veterano M40	09:40:51	+04:31:33	10:58
317	80	Goreti Silva	os salamandrecos	Senior Feminino	09:41:28	+04:32:10	10:58
318	81	Carlos Afonso Martins Pereira	os salamandrecos	Senior Masculino	09:41:28	+04:32:10	10:58
319	373	VICTOR LUIS DE PEDRO GOIRI	individual	Veterano M60	09:42:12	+04:32:54	10:59
320	131	Pedro Lizardo	monsanto running team	Senior Masculino	09:43:42	+04:34:24	11:01
321	355	Manuel Costa	individual	Veterano M45	09:43:48	+04:34:30	11:01
322	26	josé Carlos neves	trailistas eu é que sei!	Veterano M40	09:45:22	+04:36:04	11:03
323	524	Fernanda Almeida	ada desnível	Senior Feminino	09:46:48	+04:37:30	11:04
324	451	Javier armada saa	club de montanha serra do suido	Senior Masculino	09:47:36	+04:38:18	11:05
325	476	Rui Gonçalves Barbosa	cães d'avenida	Senior Masculino	09:47:45	+04:38:27	11:05
326	377	Romeu Alexandre Taneco Colaço	ginásio quinta do valbom	Senior Masculino	09:48:17	+04:38:59	11:06
327	288	Fátima Martins	individual	Veterana F40	09:48:29	+04:39:11	11:06
328	351	João Meixedo	individual	Veterano M45	09:48:31	+04:39:13	11:06
329	381	Vitor Dias	gdr retorta	Senior Masculino	09:48:31	+04:39:13	11:06
330	318	Miguel Santos	individual	Veterano M40	09:48:31	+04:39:13	11:06
331	147	Armindo Miguel Pinheiro	mete água	Veterano M40	09:48:41	+04:39:23	11:06
332	228	Luís Reis	individual	Senior Masculino	09:48:41	+04:39:23	11:06
333	54	Teodoro Trindade	run 4 fun	Veterano M50	09:48:45	+04:39:27	11:07
334	499	Gastão Fernando Silva Sousa	ateam run@figueira	Veterano M45	09:49:08	+04:39:50	11:07
335	500	Fernando Manuel Cação Costa	ateam run@figueira	Veterano M50	09:49:08	+04:39:50	11:07
336	222	Jose Jesus	individual	Senior Masculino	09:49:26	+04:40:08	11:07
337	470	Nuno Ferreira	ccd - siemens	Senior Masculino	09:53:37	+04:44:19	11:12
338	450	José Moreira	clube atletismo de lamas	Senior Masculino	09:53:43	+04:44:25	11:12
339	358	António Lameira	individual	Veterano M50	09:54:11	+04:44:53	11:13
340	433	Mário Domingos Veiga da Silva Gouveia	confraria trotamontes	Veterano M40	09:55:00	+04:45:42	11:14
341	277	Tiago Moreira	individual	Senior Masculino	09:55:01	+04:45:43	11:14
342	434	Joaquim Paulo Ferreira Correia Silv	confraria trotamontes	Veterano M45	09:55:01	+04:45:43	11:14
343	89	Pedro Gil Alves	os carros vassoura	Senior Masculino	09:55:31	+04:46:13	11:14
344	508	Francisco José Martins Ferreira	areosa trail	Veterano M45	10:01:25	+04:52:07	11:21
345	507	Eusébio Gaião Ruas	areosa trail	Veterano M45	10:01:26	+04:52:08	11:21
346	188	Eduardo Ribeiro	individual	Senior Masculino	10:03:56	+04:54:38	11:24
347	216	Jorge Correia	individual	Senior Masculino	10:06:42	+04:57:24	11:27
348	427	MANUEL VÁZQUEZ SUÁREZ	coutadas trail team	Veterano M40	10:07:06	+04:57:48	11:27
349	176	Bruno Augusto	individual	Senior Masculino	10:09:20	+05:00:02	11:30
350	290	Monica Quartin Silva	individual	Veterana F40	10:12:25	+05:03:07	11:33
351	66	Luis Santos Poeira	porto runners	Veterano M45	10:16:30	+05:07:12	11:38

ULTRA TRAIL

53 KM

[illegible]

OFFICIAL RESULT

[illegible]

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
352	400	Filipe Sousa	edv-viana trail	Senior Masculino	10:17:20	+05:08:02	11:39
353	535	Patricia Gomes	portugal running	Senior Feminino	10:18:43	+05:09:25	11:40
354	460	Carla André	ccd "o sol nasce para todos"	Senior Feminino	10:18:44	+05:09:26	11:40
355	540	Daniel Ramos	jobrinde - montes saloios	Senior Masculino	10:19:00	+05:09:42	11:41
356	175	Bruno Alexandre Oliveira Graça	individual	Senior Masculino	10:19:09	+05:09:51	11:41
357	160	Rute Gonçalves	individual	Senior Feminino	10:19:54	+05:10:36	11:42
358	298	Artur Bernardo	individual	Veterano M40	10:19:55	+05:10:37	11:42
359	292	Celia Azenha	individual	Veterana F45	10:23:14	+05:13:56	11:46
360	247	Nuno Rafael Ribeiro Rodrigues	individual	Senior Masculino	10:24:00	+05:14:42	11:46
361	269	Rui Sousa e Silva	individual	Senior Masculino	10:24:00	+05:14:42	11:46
362	495	Esmeralda Fátima Oliveira Melo	ateam run@figueira	Veterana F50	10:24:02	+05:14:44	11:46
363	493	Vanessa Cristina Agostinho Seco Reboca	ateam run@figueira	Senior Feminino	10:24:02	+05:14:44	11:46
364	245	nuno marques	individual	Senior Masculino	10:24:21	+05:15:03	11:47
365	154	Joaquim Paulo da Rocha Ferreira	i-run	Veterano M40	10:24:55	+05:15:37	11:47
366	295	André Castro	individual	Veterano M40	10:27:29	+05:18:11	11:50
367	314	Mário Rui Lopes Fernandes	individual	Veterano M40	10:28:00	+05:18:42	11:51
368	320	Nuno José Costa	individual	Veterano M40	10:29:02	+05:19:44	11:52
369	334	ricardo coelho	individual	Veterano M40	10:29:04	+05:19:46	11:52
370	208	João Pedro Ferreira Pereira	individual	Senior Masculino	10:29:39	+05:20:21	11:53
371	502	Cristina Guerreiro	associação de atletismo lebres do sado	Veterana F40	10:29:40	+05:20:22	11:53
372	116	joel valente	nel - pédatleta	Senior Masculino	10:29:40	+05:20:22	11:53
373	391	Vitor Saraiva	falcões selvagens	Veterana F40	10:30:27	+05:21:09	11:54
374	317	Miguel Pinho	individual	Veterano M40	10:31:33	+05:22:15	11:55
375	278	tiago soeiro	individual	Senior Masculino	10:33:08	+05:23:50	11:57
376	437	Fernando Carneiro	clube zipper	Veterano M40	10:35:55	+05:26:37	12:00
377	372	Rui Pedras	individual	Veterano M55	10:36:26	+05:27:08	12:00
378	386	Roberto Silva	friends2run	Veterano M40	10:37:20	+05:28:02	12:02
379	32	Rui Oliveira	trail running esposende	Senior Masculino	10:38:09	+05:28:51	12:02
380	392	Ana Maria Marques	falcões selvagens	Veterana F40	10:39:39	+05:30:21	12:04
381	78	Analice Fernandes da Silva	o mundo da corrida	Veterana F45	10:39:44	+05:30:26	12:04
382	232	Márcio Castro	individual	Senior Masculino	10:39:47	+05:30:29	12:04
383	115	Sónia Reis	nel - pédatleta	Senior Feminino	10:42:10	+05:32:52	12:07
384	118	Luís Miguel Subtil Barreiro	nel - pédatleta	Veterano M45	10:42:15	+05:32:57	12:07
385	119	Nuno Manuel Gomes Pereira Neves	nel - pédatleta	Veterano M45	10:42:16	+05:32:58	12:07
386	186	Diogo Marques Lima	individual	Senior Masculino	10:44:07	+05:34:49	12:09
387	441	JOAO PEDRO ALVES MENDES COUTO	clube millennium bcp	Veterano M40	10:44:36	+05:35:18	12:10
388	183	Daniel Lopes	individual	Senior Masculino	10:45:27	+05:36:09	12:11
389	340	Rui Pedro Tremoceiro	individual	Veterano M40	10:45:55	+05:36:37	12:11
390	514	Joaquim Adelino	amigos do vale do silêncio	Veterano M60	10:46:51	+05:37:33	12:12
391	107	João Martins	o mundo da corrida	Veterano M40	10:49:48	+05:40:30	12:16
392	332	RENATO VILA COVA	individual	Veterano M40	10:49:49	+05:40:31	12:16
393	255	Pedro Miguel Ferreira dos Santos	individual	Senior Masculino	10:50:36	+05:41:18	12:17
394	335	Ricardo Oliveira	individual	Veterano M40	10:53:55	+05:44:37	12:20
395	283	helder teixeira	individual	Senior Masculino	10:58:22	+05:49:04	12:25

ULTRA TRAIL

53 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
396	483	Paulo Lorenzo Soares	cães d'avenida	Veterano M40	10:58:24	+05:49:06	12:25

Obs

BIB	NOTE	NAME	TEAM	CAT
274	DQ	Telmo figueiredo	Individual	Senior Masculino
28	DNF	Paulo Miguel Meixieira Duarte Carvalho	Trailistas Eu é que sei!	Veterano M45
68	DNF	BRUNO SOUSA	PAREDES AVENTURA	Senior Masculino
165	DNF	André Ferreira	Individual	Senior Masculino
174	DNF	Bernardo de Castro Zoio	Individual	Senior Masculino
200	DNF	Hugo Pinto	Individual	Senior Masculino
3	DNS	Luís Fernandes	Ludens Machico Activesport	Senior Masculino
6	DNS	Joana Tomás	Individual	Senior Feminino
11	DNS	Rachid El Morabity	Individual	Senior Masculino
14	DNS	Antonio Madriñan	Individual	Senior Masculino
22	DNS	Helder Ferreira	UFCT	Senior Masculino
34	DNS	Pedro Tiago Carvalho Crispim	The Fat	Senior Masculino
40	DNS	Paulo Correia	SCALABIS NIGHT RUNNERS	Veterano M45
42	DNS	Marco Filipe da Silva Gonçalves de Melo	SCALABIS NIGHT RUNNERS	Senior Masculino
75	DNS	Diogo Pinto	PAI	Senior Masculino
76	DNS	Frederico Pinto	PAI	Senior Masculino
110	DNS	Nuno Costa Mendes	O Mundo da Corrida	Veterano M40
117	DNS	Paulo Heleno	NEL - Pédatleta	Veterano M40
135	DNS	Carlos Madureira	MONITAR AVENTURA	Veterano M45
143	DNS	Carlos Justo Ferreira Machado	MINHO AVENTURA	Veterano M50
164	DNS	André Costa	Individual	Senior Masculino
166	DNS	André Ferreira Costa Carvalho	Individual	Senior Masculino
169	DNS	André leite	Individual	Senior Masculino
172	DNS	António Madrian	Individual	Senior Masculino
173	DNS	António Madrinán	Individual	Senior Masculino
185	DNS	David António Caldeira Lopes	Individual	Senior Masculino
190	DNS	Filipe Daniel neves Pereira	Individual	Veterana F50
191	DNS	Filipe Lima	Individual	Senior Masculino
192	DNS	Filipe Serrazina	Individual	Senior Masculino
193	DNS	FREDERICO FERNANDES	Individual	Senior Masculino
201	DNS	Hugo Pinto	Individual	Senior Masculino
224	DNS	José Pedro Rodrigues	Individual	Senior Masculino
244	DNS	Nuno M. Martins	Individual	Senior Masculino
251	DNS	Paulo Rodrigues	Individual	Senior Masculino
257	DNS	PEDRO SANTOS	Individual	Senior Masculino
265	DNS	Rui Manuel Marques Andrade	Individual	Senior Masculino
270	DNS	Samuel Costa	Individual	Senior Masculino
282	DNS	David Rodrigues Quelhas	Individual	Sub 23 Masculino
297	DNS	Arnaldo Dias	Individual	Veterano M40
301	DNS	Carlos Beijinho	Individual	Veterano M40
307	DNS	João Filipe Morais	Individual	Veterano M40
323	DNS	Paulo Cabedal dos Santos	Individual	Veterano M40

ULTRA TRAIL

53 KM

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337	DNS	Rodolfo Alexandre Rapaz	Individual	Veterano M40
364	DNS	Jorge Amaro Chaves de Figueiredo	Individual	Veterano M50
371	DNS	MARIO PIRES	Individual	Veterano M55
420	DNS	Pedro Conde	DESNIVEL POSITIVO	Veterano M40
438	DNS	Sérgio Geraldês	Clube Zupper	Veterano M40
444	DNS	ARLINDO FRIAS DEUS	Clube Millennium BCP	Veterano M60
448	DNS	Luis Mota	Clube Atletismo Ferreira do Zézere	Senior Masculino
452	DNS	PABLO PORTELA FERNANDEZ	CLUB DE MONTAÑA SERRA DO SUIDO	Senior Masculino
453	DNS	Pablo Portela Fernandez	Club de Montaña Serra do Suido	Senior Masculino
466	DNS	Vitor Capelas	CCD "O Sol Nasce para Todos"	Veterano M40
489	DNS	jose duarte campos	Bom Retiro Trail Runners	Veterano M45
490	DNS	Victor Carapelho	Bom Retiro Trail Runners	Veterano M50
511	DNS	Telmo Dourado	APT	Veterano M40
512	DNS	Rui Pacheco	Amigos do Vale do Silêncio	Senior Masculino
518	DNS	manuel alejandro lago rios	Amigos da Montanha	Veterano M40
519	DNS	José Carlos Santos	Amigos da Corrida	Veterano M55
521	DNS	João Vicente Abelho Rosa	Amigos 4 Run	Senior Masculino
530	DNS	Roberto Tomé	ACPortalegre/UTSM	Senior Masculino

ULTRA TRAIL – Race Out of Time

53 KM

OFFICIAL RESULT

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	Time	Temperature	Humidity
Start	08:00	15,5°C	82,8%
End	19:00	15,5°C	82,8%

BIB	NOTE	NAME	TEAM	CAT
28	ROT	Paulo Miguel Meixeira Duarte Carvalho	Trailistas “ Eu é que sei!”	Veterano M45
29	ROT	Paulo Valente	Trailistas “ Eu é que sei!”	Veterano M50
36	ROT	Aureliano Valente	Team DUAS FACES	Senior Masculino
90	ROT	Ivete Carneiro	OS CARROS VASSOURA	Veterana F40
129	ROT	Miguel Pereira	Monsanto Running Team	Senior Masculino
289	ROT	Lina Rosa	Individual	Veterana F40
331	ROT	Renato Viana	Individual	Veterano M40
336	ROT	Ricardo Sá	Individual	Veterano M40
357	ROT	Mariano Moreira Pantaleon	Individual	Veterano M45
369	ROT	Arsénio Fernandes	Individual	Veterano M55
423	ROT	ALBERTO PEREIRO GONZÁLEZ	COUTADAS TRAIL TEAM	Senior Masculino
455	ROT	Nélson Pereira	CLAC - ENTRONCAMENTO	Veterano M40
456	ROT	Rui Simões	CLAC - ENTRONCAMENTO	Veterano M45
537	ROT	Isadora Barata Braz de Assunção Costa	4 ao Km	Senior Feminino
538	ROT	Vitor Manuel Pereira Gonçalves	4 ao Km	Veterano M45
539	ROT	Nuno Tamagini	Nucleo Montanha Espinho	Veterano M40
274	DQ	Telmo figueiredo	Individual	Senior Masculino
68	DNF	BRUNO SOUSA	PAREDES AVENTURA	Senior Masculino
165	DNF	André Ferreira	Individual	Senior Masculino
174	DNF	Bernardo de Castro Zoio	Individual	Senior Masculino
200	DNF	Hugo Pinto	Individual	Senior Masculino
408	DNF	Ricardo Silva	EDV-VIANA TRAIL	Senior Masculino
475	DNF	Gonçalo Pinheiro Torres	Cães d'Avenida	Senior Masculino

Ultra Trail

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53 KM

OFFICIAL RESULT

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REVISED

	Time	Temperature	Humidity
Start	08:00	15,5°C	82,8%
End	19:00	15.5°C	82.8%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	10	Ester Alves	DESNIVEL POSITIVO	Senior Feminino	05:58:47	06:46
2	462	Sofia Lopes Roquete	CCD "O Sol Nasce para Todos"	Senior Feminino	07:03:47	+01:05:00 08:00
3	150	Carmen Pires	OFFtel Runners	Senior Feminino	07:48:03	+01:49:16 08:50
4	83	Susana Neta	Os NETAS	Senior Feminino	08:23:42	+02:24:55 09:30
5	461	Sofia Agostinho	CCD "O Sol Nasce para Todos"	Senior Feminino	08:33:29	+02:34:42 09:41
6	48	Liliana Augusta da Rocha Gomes	Run&Shine	Senior Feminino	08:36:04	+02:37:17 09:44
7	159	Patrícia Lourenço	Individual	Senior Feminino	08:42:17	+02:43:30 09:51
8	467	Raquel Arvelos	CCD - SIEMENS	Senior Feminino	09:12:42	+03:13:55 10:26
9	35	Mariana Rodrigues	team famalição / AFA Cycles	Senior Feminino	09:24:28	+03:25:41 10:39
10	445	Mafalda Sofia Geada Faria	Clube GBES	Senior Feminino	09:39:49	+03:41:02 10:56
11	80	Goreti Silva	Os Salamandrecos	Senior Feminino	09:41:28	+03:42:41 10:58
12	524	Fernanda Almeida	ADA Desnível	Senior Feminino	09:46:48	+03:48:01 11:04
13	535	Patricia Gomes	Portugal Running	Senior Feminino	10:18:43	+04:19:56 11:40
14	460	Carla André	CCD "O Sol Nasce para Todos"	Senior Feminino	10:18:44	+04:19:57 11:40
15	160	Rute Gonçalves	Individual	Senior Feminino	10:19:54	+04:21:07 11:42
16	493	Vanessa Cristina Agostinho Seco Reboca	ATeam run@figueira	Senior Feminino	10:24:02	+04:25:15 11:46
17	115	Sónia Reis	NEL - Pédatleta	Senior Feminino	10:42:10	+04:43:23 12:07

Senior Masculino

1	1	Andre Rodrigues	Juventude Vidigalense	Senior Masculino	05:09:18	05:50
2	409	Rui Seixo	EDV-VIANA TRAIL	Senior Masculino	05:14:07	+04:49 05:56
3	7	Helder Ferreira	União FCI Tomar	Senior Masculino	05:14:12	+04:54 05:56
4	459	André Filipe Alves de Castro	CIMO	Senior Masculino	05:14:56	+05:38 05:57
5	465	Rui Luz	CCD "O Sol Nasce para Todos"	Senior Masculino	05:29:44	+20:26 06:13
6	267	Rui Miguel Simplício Pacheco	Individual	Senior Masculino	05:29:48	+20:30 06:13
7	401	Jérôme Rodrigues	EDV-VIANA TRAIL	Senior Masculino	05:32:01	+22:43 06:16
8	529	Luis Semedo	ACPortalegre/UTSM	Senior Masculino	05:45:36	+36:18 06:31
9	394	Tiago Teixeira	Factor X	Senior Masculino	05:55:39	+46:21 06:43
10	505	Milton Gonçalves	ARSM - Associação Recreativa de S. Miguel	Senior Masculino	05:55:55	+46:37 06:43
11	9	Nuno Silva	DESNIVEL POSITIVO	Senior Masculino	05:58:49	+49:31 06:46
12	99	Bruno Fernandes	O Mundo da Corrida	Senior Masculino	06:00:29	+51:11 06:48
13	402	Jorge Rocha	EDV-VIANA TRAIL	Senior Masculino	06:04:57	+55:39 06:53
14	12	Telmo Veloso	DESNIVEL POSITIVO	Senior Masculino	06:09:15	+59:57 06:58
15	473	Nelson Fernandes Diogo	Monsanto Running Team	Senior Masculino	06:15:28	+01:06:10 07:05
16	430	Stefan Pequito	Correr na cidade	Senior Masculino	06:17:05	+01:07:47 07:07
17	206	João Manuel do Vale Pereira Borges	Individual	Senior Masculino	06:18:28	+01:09:10 07:08
18	226	Luís Filipe Amaral de Oliveira	GD OS RIBEIRINHOS	Senior Masculino	06:21:59	+01:12:41 07:12

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Ultra Trail

53 KM

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19	180	Carlos Couto	Individual	Senior Masculino	06:27:02	+01:17:44	07:18
20	403	José faria	EDV-VIANA TRAIL	Senior Masculino	06:27:42	+01:18:24	07:19
21	254	Pedro Manuel Reis Caprichoso	Juventude Vidigalense	Senior Masculino	06:31:59	+01:22:41	07:24
22	15	andre cunha	vimarunners	Senior Masculino	06:33:41	+01:24:23	07:26
23	248	paulo César	Individual	Senior Masculino	06:34:02	+01:24:44	07:26
24	123	Ricardo Queirós	NAST	Senior Masculino	06:36:45	+01:27:27	07:29
25	389	TIAGO FERREIRA SANTOS	FRATELLI ENDURANCE SPORTS	Senior Masculino	06:38:05	+01:28:47	07:31
26	230	Luis Santos	Individual	Senior Masculino	06:38:05	+01:28:47	07:31
27	526	André Trindade	ACPortalegre/UTSM	Senior Masculino	06:38:25	+01:29:07	07:31
28	45	Jeronimo Esteves	Salamandrecos	Senior Masculino	06:43:50	+01:34:32	07:37
29	417	Artur Costa	DESNIVEL POSITIVO	Senior Masculino	06:44:11	+01:34:53	07:38
30	218	Jorge Fernando Oliveira Fernandes	Individual	Senior Masculino	06:44:59	+01:35:41	07:38
31	210	Joao Teixeira	Individual	Senior Masculino	06:45:02	+01:35:44	07:39
32	388	MARCO ANDRE ALMEIDA FERREIRA	FRATELLI ENDURANCE SPORTS	Senior Masculino	06:52:11	+01:42:53	07:47
33	564	Tiago Aragão	CTAD tiagoaragao.com	Senior Masculino	06:55:50	+01:46:32	07:51
34	100	Carlos Correia	O Mundo da Corrida	Senior Masculino	06:56:18	+01:47:00	07:51
35	567	Sergio Pereira	PROAVENTURAS	Senior Masculino	06:57:47	+01:48:29	07:53
36	212	JOAQUIM MANUEL MARTINS DE FREITAS	Individual	Senior Masculino	07:00:14	+01:50:56	07:56
37	279	Vasco André Carneiro Pereira	Individual	Senior Masculino	07:03:19	+01:54:01	07:59
38	528	Luis Malheiro	ACPortalegre/UTSM	Senior Masculino	07:03:20	+01:54:02	07:59
39	205	João Alves	Individual	Senior Masculino	07:03:49	+01:54:31	08:00
40	268	Rui Sequeira	Individual	Senior Masculino	07:04:30	+01:55:12	08:01
41	102	Hélder Tavares de Lemos	O Mundo da Corrida	Senior Masculino	07:04:36	+01:55:18	08:01
42	70	MANUEL QUELHAS	PAREDES AVENTURA	Senior Masculino	07:05:10	+01:55:52	08:01
43	410	STEPHANE SIMOES	EDV-VIANA TRAIL	Senior Masculino	07:08:04	+01:58:46	08:05
44	259	Renato Martins	Individual	Senior Masculino	07:09:30	+02:00:12	08:06
45	170	André Ribeiro Fraga	Individual	Senior Masculino	07:09:34	+02:00:16	08:06
46	214	Jorge Alves	Individual	Senior Masculino	07:11:18	+02:02:00	08:08
47	405	Paulo Freitas	EDV-VIANA TRAIL	Senior Masculino	07:11:53	+02:02:35	08:09
48	273	Simão Pedro Neves Seiça	Individual	Senior Masculino	07:13:35	+02:04:17	08:11
49	240	Luis Melo	MINHO AVENTURA	Senior Masculino	07:13:38	+02:04:20	08:11
50	464	Nuno Miguel Rebelo Teixeira	CCD "O Sol Nasce para Todos"	Senior Masculino	07:13:59	+02:04:41	08:11
51	162	Alexandre Pinto	Individual	Senior Masculino	07:14:27	+02:05:09	08:12
52	55	Pedro Verne	Restaurante Marinho	Senior Masculino	07:14:34	+02:05:16	08:12
53	406	Pedro Caldas	EDV-VIANA TRAIL	Senior Masculino	07:19:14	+02:09:56	08:17
54	260	Ricardo António Pereira Morim Neto	Individual	Senior Masculino	07:19:15	+02:09:57	08:17
55	202	Humberto Barros	Individual	Senior Masculino	07:20:24	+02:11:06	08:19
56	41	Carlos Miguel Pepino Hipólito	SCALABIS NIGHT RUNNERS	Senior Masculino	07:20:50	+02:11:32	08:19
57	264	Rui Daniel Carvalho Martins	Individual	Senior Masculino	07:22:32	+02:13:14	08:21
58	67	Henrique Madeira	Pickle Films	Senior Masculino	07:23:14	+02:13:56	08:22
59	280	Victor Nelson Gomes Amaral	Individual	Senior Masculino	07:23:15	+02:13:57	08:22
60	439	José Nuno Costa Ferreira	Clube Montanhismo de Braga	Senior Masculino	07:23:42	+02:14:24	08:22
61	527	João Farinha	ACPortalegre/UTSM	Senior Masculino	07:24:57	+02:15:39	08:24
62	122	MIGUEL MARTINS	NAST	Senior Masculino	07:26:03	+02:16:45	08:25
63	77	Gustavo Manuel Pereira Santos	OSC/IPA	Senior Masculino	07:28:21	+02:19:03	08:28
64	104	Paulo Carvalho	O Mundo da Corrida	Senior Masculino	07:30:01	+02:20:43	08:29

Official Timekeeper: Lap2Go	2 / 10	generate 05-out-2014 22:12
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Ultra Trail

53 KM

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65	506	Paulo Nogueira	ARSM - Associação Recreativa de S. Miguel	Senior Masculino	07:31:43	+02:22:25	08:31
66	95	Gonalo Ferreira	OFFtel Runners	Senior Masculino	07:31:45	+02:22:27	08:31
67	171	Ant3nio Arede	Individual	Senior Masculino	07:36:45	+02:27:27	08:37
68	261	Ricardo Sousa	Individual	Senior Masculino	07:37:24	+02:28:06	08:38
69	435	Filipe Manuel Vicente Afonso	Coimbra TrailRunning	Senior Masculino	07:37:56	+02:28:38	08:38
70	213	Joaquim Paulo Ferreira Silva Marques	Individual	Senior Masculino	07:37:57	+02:28:39	08:38
71	167	Andr3 Guerra	Individual	Senior Masculino	07:39:55	+02:30:37	08:41
72	121	Fernando Jorge Mendes Carneiro	NAST	Senior Masculino	07:40:38	+02:31:20	08:4
73	390	Hugo Caldeira	FAST N` FURIOUS	Senior Masculino	07:41:20	+02:32:02	08:42
74	47	Maur3cio Mendes	RUNNERS UTD	Senior Masculino	07:45:19	+02:36:01	08:47
75	510	VALTER GUEDES	APT	Senior Masculino	07:45:27	+02:36:09	08:47
76	509	IVO MORAIS	APT	Senior Masculino	07:45:28	+02:36:10	08:47
77	515	Marco Barreto	Amigos da Montanha	Senior Masculino	07:45:28	+02:36:10	08:47
78	177	Bruno Carrudo	Individual	Senior Masculino	07:48:03	+02:38:45	08:50
79	422	Pedro Mendonca	Cruxe Trail	Senior Masculino	07:48:04	+02:38:46	08:50
80	523	Miguel Fernandes	ADA Desn3vel	Senior Masculino	07:48:24	+02:39:06	08:50
81	520	Alexandre Cantiga	Amigos 4 Run	Senior Masculino	07:48:44	+02:39:26	08:51
82	137	Jos3 Joaquim da Costa Machado	MINHO AVENTURA	Senior Masculino	07:48:50	+02:39:32	08:51
83	209	JO3O RIBEIRO	Individual	Senior Masculino	07:50:49	+02:41:31	08:53
84	58	Ricardo Reis	PRT/AD QUINTA	Senior Masculino	07:50:49	+02:41:31	08:53
85	195	Helder Filipe Silva Campos	Individual	Senior Masculino	07:51:15	+02:41:57	08:53
86	184	DANIEL SEOANE CASTRO	Individual	Senior Masculino	07:51:26	+02:42:08	08:54
87	25	Ricardo Teixeira	Trailistas Eu 3 que sei!	Senior Masculino	07:52:14	+02:42:56	08:55
88	242	Nuno Garrana	Individual	Senior Masculino	07:53:21	+02:44:03	08:56
89	136	Fernando Jos3 Grenha Pinheiro	MINHO AVENTURA	Senior Masculino	07:54:25	+02:45:07	08:57
90	50	Tiago Amaral	Run&Shine	Senior Masculino	07:56:35	+02:47:17	09:00
91	235	M3rio Jorge Pereira Martins	Individual	Senior Masculino	07:57:58	+02:48:40	09:01
92	91	Andr3 Nogueira	Oralklass-Amigos do Trail	Senior Masculino	07:58:29	+02:49:11	09:02
93	92	3scar Rodrigues	Oralklass-Amigos do Trail	Senior Masculino	07:58:29	+02:49:11	09:02
94	246	Nuno Miguel Maia	Individual	Senior Masculino	07:58:30	+02:49:12	09:02
95	101	Carlos Jesus	O Mundo da Corrida	Senior Masculino	08:00:24	+02:51:06	09:04
96	266	Rui Miguel Monteiro Soles Gonalves	Individual	Senior Masculino	08:02:05	+02:52:47	09:06
97	139	Nuno Fernandes	MINHO AVENTURA	Senior Masculino	08:02:24	+02:53:06	09:06
98	234	M3rio Batista	Individual	Senior Masculino	08:02:36	+02:53:18	09:06
99	145	Hugo P B	Microsoft ONE	Senior Masculino	08:04:44	+02:55:26	09:09
100	258	Pedro Santos Batista	Individual	Senior Masculino	08:06:41	+02:57:23	09:11
101	494	Jo3o Manuel Pimentel Vaz	ATeam run@figueira	Senior Masculino	08:06:45	+02:57:27	09:11
102	133	S3rgio Lopes	MONITAR AVENTURA	Senior Masculino	08:10:19	+03:01:01	09:15
103	487	Ricardo Couto	Cabritos da Cortia - TRAIL	Senior Masculino	08:11:22	+03:02:04	09:16
104	60	L3vio Nuno	PROAVENTURAS	Senior Masculino	08:13:16	+03:03:58	09:18
105	69	HELDER SILVA	PAREDES AVENTURA	Senior Masculino	08:13:25	+03:04:07	09:19
106	463	Lino Abel Luz	CCD "O Sol Nasce para Todos"	Senior Masculino	08:15:02	+03:05:44	09:20
107	225	Jose Serra	Individual	Senior Masculino	08:16:11	+03:06:53	09:22
108	250	Paulo Machado	Individual	Senior Masculino	08:16:42	+03:07:24	09:22
109	187	Diogo Tavares	Individual	Senior Masculino	08:17:17	+03:07:59	09:23
110	303	Carlos Miguel Lopes Filipe	Individual	Senior Masculino	08:21:11	+03:11:53	09:27

Official Timekeeper: Lap2Go	3 / 10	generate 05-out-2014 22:12
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Ultra Trail

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OFFICIAL RESULT

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111	436	Nuno Ribeiro	Clube Zupper	Senior Masculino	08:23:12	+03:13:54	09:30
112	562	Nuno Jorge Bastos Saraiva	Individual	Senior Masculino	08:23:13	+03:13:55	09:30
113	233	Márcio Silva	Individual	Senior Masculino	08:24:53	+03:15:35	09:32
114	263	Rui Almeida Rodrigues	Individual	Senior Masculino	08:24:54	+03:15:36	09:32
115	51	Paulo Alexandre Santos Paiva	RUN TO BE ALIVE	Senior Masculino	08:27:10	+03:17:52	09:34
116	96	Telmo Velez	OFFtel Runners	Senior Masculino	08:28:09	+03:18:51	09:35
117	534	Nuno de Sousa Gão	ACCVCAVI	Senior Masculino	08:29:06	+03:19:48	09:36
118	182	Carlos Pereira	Individual	Senior Masculino	08:30:02	+03:20:44	09:37
119	393	Nuno Teixeira	Factor X	Senior Masculino	08:30:13	+03:20:55	09:38
120	382	Bruno Melo	GD OS RIBEIRINHOS	Senior Masculino	08:30:37	+03:21:19	09:38
121	272	Sérgio Silva	Individual	Senior Masculino	08:32:38	+03:23:20	09:40
122	33	João Pedro Correia Fernandes	The Fat	Senior Masculino	08:32:50	+03:23:32	09:41
123	203	Ildebrando de Jesus Pereira Aires	Individual	Senior Masculino	08:33:18	+03:24:00	09:41
124	231	Manuel da Silva	Individual	Senior Masculino	08:33:29	+03:24:11	09:41
125	396	BRUNO MARQUEZ	ELECTRICO FUTEBOL CLUBE	Senior Masculino	08:39:42	+03:30:24	09:48
126	566	João Rosa	Cruxe Trail	Senior Masculino	08:41:22	+03:32:04	09:50
127	468	Fernando Remelgado	CCD - SIEMENS	Senior Masculino	08:44:31	+03:35:13	09:54
128	492	João Pedro da Costa Pinto Laranjeira	Beat Your Limit!	Senior Masculino	08:47:14	+03:37:56	09:57
129	56	Bruno Dias	PRT/AD QUINTA	Senior Masculino	08:48:24	+03:39:06	09:58
130	536	Hélder Pinto	A.D.Amarante trail running	Senior Masculino	08:50:02	+03:40:44	10:00
131	198	Hugo Emanuel Pereira Fardilha	Individual	Senior Masculino	08:51:12	+03:41:54	10:01
132	399	Carlos Manuel Pimenta Ribeiro	EDV-VIANA TRAIL	Senior Masculino	08:52:16	+03:42:58	10:03
133	253	Pedro Couto Viana	Individual	Senior Masculino	08:53:13	+03:43:55	10:04
134	501	Pedro Pinto	Associação Desportiva da Efacec	Senior Masculino	08:54:44	+03:45:26	10:05
135	53	Miguel Serradas Duarte	RUN 4 FUN	Senior Masculino	08:56:05	+03:46:47	10:07
136	238	Nuno Assis	Individual	Senior Masculino	08:56:12	+03:46:54	10:07
137	404	Marco Barbosa	EDV-VIANA TRAIL	Senior Masculino	08:57:18	+03:48:00	10:08
138	138	Luís Filipe Barros de Vasconcelos Guimarães	MINHO AVENTURA	Senior Masculino	08:59:02	+03:49:44	10:10
139	152	Pedro Fonseca	OFFtel Runners	Senior Masculino	09:00:22	+03:51:04	10:12
140	513	Vítor Daniel da Silva Pinto	Amigos do Vale do Silêncio	Senior Masculino	09:00:53	+03:51:35	10:12
141	17	Bruno Fernandes	vimarunners	Senior Masculino	09:00:57	+03:51:39	10:12
142	449	Bruno Filipe Pinho	CLUBE ATLETISMO DE LAMAS	Senior Masculino	09:01:20	+03:52:02	10:13
143	418	Carlos Lourenço	DESNIVEL POSITIVO	Senior Masculino	09:02:03	+03:52:45	10:14
144	424	RUBÉN RODRÍGUEZ ESTÉVEZ	COUTADAS TRAIL TEAM	Senior Masculino	09:04:02	+03:54:44	10:16
145	229	Luís Sá	Individual	Senior Masculino	09:10:42	+04:01:24	10:23
146	243	Nuno Jorge Moreira de Pinho	Individual	Senior Masculino	09:10:47	+04:01:29	10:24
147	429	Pedro Tomás Luiz	Correr na cidade	Senior Masculino	09:10:58	+04:01:40	10:24
148	194	Gonçalo Nuno Ramos Pires Manteigas	Individual	Senior Masculino	09:10:58	+04:01:40	10:24
149	276	Tiago Loureiro	Individual	Senior Masculino	09:10:59	+04:01:41	10:24
150	237	Nelson Marques	RUN 4 FUN	Senior Masculino	09:11:51	+04:02:33	10:25
151	385	Pedro Evangelista	Friends2Run	Senior Masculino	09:12:07	+04:02:49	10:25
152	215	Jorge Canelhas	Individual	Senior Masculino	09:16:38	+04:07:20	10:30
153	378	Valter Filipe Pereira Martinho	Ginásio Quinta do Valbom	Senior Masculino	09:17:02	+04:07:44	10:31
154	211	joaquim Barbosa	Individual	Senior Masculino	09:20:14	+04:10:56	10:34
155	37	Sérgio Marques	Team DUAS FACES	Senior Masculino	09:23:34	+04:14:16	10:38
156	271	Sérgio Moreira	Individual	Senior Masculino	09:23:43	+04:14:25	10:38

Official Timekeeper: Lap2Go	4 / 10	generate 05-out-2014 22:12
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Ultra Trail

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OFFICIAL RESULT

157	249	Paulo Correia	Individual	Senior Masculino	09:24:52	+04:15:34	10:39
158	252	Pedro Costa	Individual	Senior Masculino	09:25:25	+04:16:07	10:40
159	197	Hugo Duarte Teixeira	Individual	Senior Masculino	09:25:25	+04:16:07	10:40
160	23	Nuno Miguel Martins	TSF	Senior Masculino	09:25:26	+04:16:08	10:40
161	163	Alexandre Solposto	Individual	Senior Masculino	09:25:29	+04:16:11	10:40
162	219	Jorge Prazeres	Individual	Senior Masculino	09:28:21	+04:19:03	10:43
163	130	Pedro Conceição	Monsanto Running Team	Senior Masculino	09:28:21	+04:19:03	10:43
164	262	Rodrigo oliveira	Individual	Senior Masculino	09:29:04	+04:19:46	10:44
165	16	Anselmo Pinto	vimarunners	Senior Masculino	09:29:08	+04:19:50	10:44
166	223	Jose Meira Rodrigues	Individual	Senior Masculino	09:29:09	+04:19:51	10:44
167	18	Vitor Silva	vimarunners	Senior Masculino	09:29:09	+04:19:51	10:44
168	454	Pedro Medley	CLAC - ENTRONCAMENTO	Senior Masculino	09:32:40	+04:23:22	10:48
169	153	Fernando Xavier	Jobrinde Montes Saloios	Senior Masculino	09:36:41	+04:27:23	10:53
170	59	João Santos	PROAVENTURAS	Senior Masculino	09:36:42	+04:27:24	10:53
171	275	Tiago Borges	Individual	Senior Masculino	09:39:16	+04:29:58	10:56
172	57	Hugo Sa	PRT/AD QUINTA	Senior Masculino	09:39:25	+04:30:07	10:56
173	446	Aires Barata	Clube GBES	Senior Masculino	09:39:50	+04:30:32	10:56
174	256	Pedro Sanguino	Individual	Senior Masculino	09:39:50	+04:30:32	10:56
175	416	Hugo Rocha	Diverinstal	Senior Masculino	09:39:50	+04:30:32	10:56
176	24	Ricardo Jorge Costa Oliveira	Trilhos D'Aventura	Senior Masculino	09:40:48	+04:31:30	10:58
177	239	Nuno Duarte Machado Gonçalves	Individual	Senior Masculino	09:40:51	+04:31:33	10:58
178	484	Rui Pinho	Cães d'Avenida	Senior Masculino	09:40:51	+04:31:33	10:58
179	81	Carlos Afonso Martins Pereira	Os Salamandrecos	Senior Masculino	09:41:28	+04:32:10	10:58
180	131	Pedro Lizardo	Monsanto Running Team	Senior Masculino	09:43:42	+04:34:24	11:01
181	451	Javier armada saa	CLUB DE MONTAÑA SERRA DO SUIDO	Senior Masculino	09:47:36	+04:38:18	11:05
182	476	Rui Gonçalves Barbosa	Cães d'Avenida	Senior Masculino	09:47:45	+04:38:27	11:05
183	377	Romeu Alexandre Taneco Colaço	Ginásio Quinta do Valbom	Senior Masculino	09:48:17	+04:38:59	11:06
184	381	Vitor Dias	GDR RETORTA	Senior Masculino	09:48:31	+04:39:13	11:06
185	228	Luís Reis	Individual	Senior Masculino	09:48:41	+04:39:23	11:06
186	222	Jose Jesus	Individual	Senior Masculino	09:49:26	+04:40:08	11:07
187	470	Nuno Ferreira	CCD - SIEMENS	Senior Masculino	09:53:37	+04:44:19	11:12
188	450	José Moreira	CLUBE ATLETISMO DE LAMAS	Senior Masculino	09:53:43	+04:44:25	11:12
189	277	Tiago Moreira	Individual	Senior Masculino	09:55:01	+04:45:43	11:14
190	89	Pedro Gil Alves	OS CARROS VASSOURA	Senior Masculino	09:55:31	+04:46:13	11:14
191	188	Eduardo Ribeiro	Individual	Senior Masculino	10:03:56	+04:54:38	11:24
192	216	Jorge Correia	Individual	Senior Masculino	10:06:42	+04:57:24	11:27
193	176	Bruno Augusto	Individual	Senior Masculino	10:09:20	+05:00:02	11:30
194	400	Filipe Sousa	EDV-VIANA TRAIL	Senior Masculino	10:17:20	+05:08:02	11:39
195	540	Daniel Ramos	Jobrinde - Montes Saloios	Senior Masculino	10:19:00	+05:09:42	11:41
196	175	Bruno Alexandre Oliveira Graça	Individual	Senior Masculino	10:19:09	+05:09:51	11:41
197	247	Nuno Rafael Ribeiro Rodrigues	Individual	Senior Masculino	10:24:00	+05:14:42	11:46
198	269	Rui Sousa e Silva	Individual	Senior Masculino	10:24:00	+05:14:42	11:46
199	245	nuno marques	Individual	Senior Masculino	10:24:21	+05:15:03	11:47
200	208	João Pedro Ferreira Pereira	Individual	Senior Masculino	10:29:39	+05:20:21	11:53
201	116	joel valente	NEL - Pédatleta	Senior Masculino	10:29:40	+05:20:22	11:53
202	278	tiago soeiro	Individual	Senior Masculino	10:33:08	+05:23:50	11:57

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203	32	Rui Oliveira	Trail Running Esposende	Senior Masculino	10:38:09	+05:28:51	12:02
204	232	Márcio Castro	Individual	Senior Masculino	10:39:47	+05:30:29	12:04
205	186	Diogo Marques Lima	Individual	Senior Masculino	10:44:07	+05:34:49	12:09
206	183	Daniel Lopes	Individual	Senior Masculino	10:45:27	+05:36:09	12:11
207	255	Pedro Miguel Ferreira dos Santos	Individual	Senior Masculino	10:50:36	+05:41:18	12:17
208	283	helder teixeira	Individual	Senior Masculino	10:58:22	+05:49:04	12:25

Sub 23 Feminino

1	379	Tuxa Negri	Ginásio Quinta do Valbom	Sub 23 Feminino	09:23:18	10:38
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Sub 23 Masculino

1	285	Joaquim Filipe da Rosa Rodrigues	Individual	Sub 23 Masculino	07:29:16	08:29
2	140	Valdir Costa	MINHO AVENTURA	Sub 23 Masculino	08:59:02	+01:29:46 10:10
3	21	Luís Miguel Azevedo da Silva	Unidade Especial de Corrida	Sub 23 Masculino	09:10:47	+01:41:31 10:24

Veterana F40

1	8	Lucinda Sousa	GONDOMAR FUTSAL CLUBE	Veterana F40	06:19:51	07:10
2	2	Cristina Ponte	OFFtel Runners	Veterana F40	06:29:59	+10:08 07:21
3	4	Susana Simões	DESNIVEL POSITIVO	Veterana F40	07:10:06	+50:15 08:07
4	286	Anabela Pombeiro	Individual	Veterana F40	08:36:00	+02:16:09 09:44
5	291	Sofia Coelho	Individual	Veterana F40	09:32:24	+03:12:33 10:48
6	288	Fátima Martins	Individual	Veterana F40	09:48:29	+03:28:38 11:06
7	290	Monica Quartin Silva	Individual	Veterana F40	10:12:25	+03:52:34 11:33
8	502	Cristina Guerreiro	Associação de atletismo Lebres do sado	Veterana F40	10:29:40	+04:09:49 11:53
9	391	Vitor Saraiva	FALCÕES SELVAGENS	Veterana F40	10:30:27	+04:10:36 11:54
10	392	Ana Maria Marques	FALCÕES SELVAGENS	Veterana F40	10:39:39	+04:19:48 12:04

Veterana F45

1	375	Maria do Rosario Martins	GONDOMAR FUTSAL CLUBE	Veterana F45	08:07:29	09:12
2	503	Maria Antonieta de Sá	Ass. Atletismo 20 kms de Almeirim	Veterana F45	08:13:50	+06:21 09:19
3	384	Flor Madureira	G.D.Leões do Veneza	Veterana F45	08:27:34	+20:05 09:35
4	531	Paula Matos	ACPortalegre/UTSM	Veterana F45	08:40:29	+33:00 09:49
5	292	Celia Azenha	Individual	Veterana F45	10:23:14	+02:15:45 11:46
6	78	Analice Fernandes da Silva	O Mundo da Corrida	Veterana F45	10:39:44	+02:32:15 12:04

Veterana F50

1	156	Lou Ana	AVOC	Veterana F50	08:25:25	09:32
2	495	Esmeralda Fátima Oliveira Melo	ATeam run@figueira	Veterana F50	10:24:02	+01:58:37 11:46

Ultra Trail

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Veterano M40

1	342	Victor Teixeira	NAST	Veterano M40	05:29:04	06:13
2	326	Paulo José da Silva Lopes	Individual	Veterano M40	05:39:38	+10:34 06:24
3	412	gabriel Meira	EDV-VIANA TRAIL	Veterano M40	05:51:00	+21:56 06:37
4	13	Luís Carlos Carvalho da Mota	CASA DO BENFICA EM ABRANTES	Veterano M40	05:52:01	+22:57 06:39
5	419	José Pereira	DESNIVEL POSITIVO	Veterano M40	05:55:29	+26:25 06:42
6	106	Edmundo André	O Mundo da Corrida	Veterano M40	06:33:47	+01:04:43 07:26
7	141	Emanuel Matos	MINHO AVENTURA	Veterano M40	06:39:38	+01:10:34 07:32
8	134	Paulo Pinho	MONITAR AVENTURA	Veterano M40	06:46:45	+01:17:41 07:40
9	132	Didier Valente	Monsanto Running Team	Veterano M40	07:04:30	+01:35:26 08:01
10	71	AUGUSTO OLIVEIRA	PAREDES AVENTURA	Veterano M40	07:08:28	+01:39:24 08:05
11	300	Bruno Carlos Bondoso	Individual	Veterano M40	07:09:50	+01:40:46 08:07
12	322	Nuno Miguel Ribeiro da Silva Alves	Individual	Veterano M40	07:23:22	+01:54:18 08:22
13	124	Gonçalo Manuel Marinho Lopes da Mota	NAST	Veterano M40	07:26:03	+01:56:59 08:25
14	43	Luís Morgado	SCALABIS NIGHT RUNNERS	Veterano M40	07:31:08	+02:02:04 08:31
15	305	Francisco Moure Fernandez	Individual	Veterano M40	07:33:41	+02:04:37 08:34
16	411	Arlindo Alves Rodrigues	EDV-VIANA TRAIL	Veterano M40	07:36:44	+02:07:40 08:37
17	304	Fernando Pinheiro Mendes	Individual	Veterano M40	07:37:18	+02:08:14 08:38
18	310	Jose Manuel Gomes da Silva	Individual	Veterano M40	07:40:16	+02:11:12 08:41
19	82	César Canito	OS ROMPE SOLAS	Veterano M40	07:41:03	+02:11:59 08:42
20	87	Abílio Mina	Os Fura Montanhas	Veterano M40	07:41:54	+02:12:50 08:43
21	525	Rui Rocha	ADA Desnível	Veterano M40	07:42:14	+02:13:10 08:43
22	114	Paulo Gomes	NO TOMORROW RUNNING TEAM	Veterano M40	07:52:14	+02:23:10 08:55
23	328	Pedro Assunção	Individual	Veterano M40	07:54:06	+02:25:02 08:57
24	431	Luis Moura	Correr na cidade	Veterano M40	07:55:13	+02:26:09 08:58
25	313	Luis Filipe Barraca Pereira	Individual	Veterano M40	07:57:34	+02:28:30 09:01
26	302	Carlos Martins	Individual	Veterano M40	08:05:38	+02:36:34 09:10
27	327	Paulo Raposo	RUN 4 FUN	Veterano M40	08:06:04	+02:37:00 09:10
28	517	Jorge Alberto Lopes Sousa	Amigos da Montanha	Veterano M40	08:09:53	+02:40:49 09:15
29	46	António Pedro Santos	Salamandrecos	Veterano M40	08:14:48	+02:45:44 09:20
30	296	António Nunes	Individual	Veterano M40	08:22:50	+02:53:46 09:29
31	84	Paulo Neta	Os NETAS	Veterano M40	08:23:42	+02:54:38 09:30
32	482	Nuno Sousa Lima	Cães d'Avenida	Veterano M40	08:25:41	+02:56:37 09:32
33	481	Miguel Catarino	Cães d'Avenida	Veterano M40	08:25:41	+02:56:37 09:32
34	39	LUIS MADEIRA	SS CGD	Veterano M40	08:27:21	+02:58:17 09:34
35	65	Paulo Luis Magalhães Nunes	Porto Runners	Veterano M40	08:27:26	+02:58:22 09:34
36	27	Luís Miguel de Andrade Gonçalves Moreira dos Santos	Trailistas Eu é que sei!	Veterano M40	08:32:20	+03:03:16 09:40
37	64	Jorge Manuel Nogueira Magalhães	Porto Runners	Veterano M40	08:33:17	+03:04:13 09:41
38	324	Paulo Freitas	Individual	Veterano M40	08:33:18	+03:04:14 09:41
39	30	João Antunes	Trail Tonico	Veterano M40	08:34:42	+03:05:38 09:43
40	316	MIGUEL MERA CUEVAS	Individual	Veterano M40	08:36:01	+03:06:57 09:44

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41	299	Artur Santiago Coelho	Individual	Veterano M40	08:36:04	+03:07:00	09:44
42	491	Pedro Jorge Gomes de Sousa	Bio Runners	Veterano M40	08:38:31	+03:09:27	09:47
43	294	Alexandre Kellen	Individual	Veterano M40	08:41:22	+03:12:18	09:50
44	407	Pedro Rocha	EDV-VIANA TRAIL	Veterano M40	08:44:54	+03:15:50	09:54
45	109	Manuel Correia	O Mundo da Corrida	Veterano M40	08:46:37	+03:17:33	09:56
46	325	Paulo Jorge Nogueira Marques	Individual	Veterano M40	08:48:07	+03:19:03	09:58
47	339	Rui Manuel De Almeida Gaspar	Individual	Veterano M40	08:53:34	+03:24:30	10:04
48	315	Miguel Judas	Individual	Veterano M40	08:54:45	+03:25:41	10:05
49	498	Luís Veríssimo	ATeam run@figueira	Veterano M40	08:57:35	+03:28:31	10:09
50	497	Carlos Frederico de Oliveira Otão	ATeam run@figueira	Veterano M40	08:57:35	+03:28:31	10:09
51	383	rui gomes	GD OS RIBEIRINHOS	Veterano M40	09:00:15	+03:31:11	10:12
52	516	Carlos Gonçalves	Amigos da Montanha	Veterano M40	09:00:40	+03:31:36	10:12
53	312	José Miguel Dinis Ferreira da Silva	Individual	Veterano M40	09:00:57	+03:31:53	10:12
54	426	BERNARDO RODRÍGUEZ ESTÉVEZ	COUTADAS TRAIL TEAM	Veterano M40	09:04:01	+03:34:57	10:16
55	425	ALFREDO ALCÁNTARA LORENZO	COUTADAS TRAIL TEAM	Veterano M40	09:04:02	+03:34:58	10:16
56	293	Alberto Correia	Individual	Veterano M40	09:08:54	+03:39:50	10:21
57	472	João Queiroz	CCD - SIEMENS	Veterano M40	09:12:44	+03:43:40	10:26
58	428	PABLO LAGO GÓMEZ	COUTADAS TRAIL TEAM	Veterano M40	09:16:42	+03:47:38	10:30
59	329	Pedro Moreira	Individual	Veterano M40	09:23:43	+03:54:39	10:38
60	387	Vitor Venda	Friends2Run	Veterano M40	09:23:48	+03:54:44	10:38
61	333	Ricardo Arraias	Individual	Veterano M40	09:24:05	+03:55:01	10:39
62	330	RAFAEL COSTAS	Individual	Veterano M40	09:26:52	+03:57:48	10:42
63	496	Armando Jorge Andrade Loureiro	ATeam run@figueira	Veterano M40	09:28:03	+03:58:59	10:43
64	319	Nuno Faro Beirão	Individual	Veterano M40	09:29:05	+04:00:01	10:44
65	52	Pedro Rebelo Dias	Run Baby Run	Veterano M40	09:32:56	+04:03:52	10:49
66	97	Diogo Caseiro	OFFtel Runners	Veterano M40	09:35:46	+04:06:42	10:52
67	480	João P Maia Gonçalves	Cães d'Avenida	Veterano M40	09:40:14	+04:11:10	10:57
68	125	Guilherme Martins	Movimento Juventude de Merelim	Veterano M40	09:40:51	+04:11:47	10:58
69	26	josé Carlos neves	Trailistas Eu é que sei!	Veterano M40	09:45:22	+04:16:18	11:03
70	318	Miguel Santos	Individual	Veterano M40	09:48:31	+04:19:27	11:06
71	147	Armindo Miguel Pinheiro	Mete Água	Veterano M40	09:48:41	+04:19:37	11:06
72	433	Mário Domingos Veiga da Silva Gouveia	Confraria Trotamontes	Veterano M40	09:55:00	+04:25:56	11:14
73	427	MANUEL VÁZQUEZ SUÁREZ	COUTADAS TRAIL TEAM	Veterano M40	10:07:06	+04:38:02	11:27
74	298	Artur Bernardo	Individual	Veterano M40	10:19:55	+04:50:51	11:42
75	154	Joaquim Paulo da Rocha Ferreira	I-Run	Veterano M40	10:24:55	+04:55:51	11:47
76	295	André Castro	Individual	Veterano M40	10:27:29	+04:58:25	11:50
77	314	Mário Rui Lopes Fernandes	Individual	Veterano M40	10:28:00	+04:58:56	11:51
78	320	Nuno José Costa	Individual	Veterano M40	10:29:02	+04:59:58	11:52
79	334	ricardo coelho	Individual	Veterano M40	10:29:04	+05:00:00	11:52
80	317	Miguel Pinho	Individual	Veterano M40	10:31:33	+05:02:29	11:55
81	437	Fernando Carneiro	Clube Zupper	Veterano M40	10:35:55	+05:06:51	12:00
82	386	Roberto Silva	Friends2Run	Veterano M40	10:37:20	+05:08:16	12:02
83	441	JOAO PEDRO ALVES MENDES COUTO	Clube Millennium BCP	Veterano M40	10:44:36	+05:15:32	12:10
84	340	Rui Pedro Tremoceiro	Individual	Veterano M40	10:45:55	+05:16:51	12:11
85	107	João Martins	O Mundo da Corrida	Veterano M40	10:49:48	+05:20:44	12:16

Official Timekeeper: Lap2Go	8 / 10	generate 05-out-2014 22:12
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Ultra Trail

53 KM



OFFICIAL RESULT

86	332	RENATO VILA COVA	Individual	Veterano M40	10:49:49	+05:20:45	12:16
87	335	Ricardo Oliveira	Individual	Veterano M40	10:53:55	+05:24:51	12:20
88	483	Paulo Lorenzo Soares	Cães d'Avenida	Veterano M40	10:58:24	+05:29:20	12:25

Veterano M45

1	414	Artur matos	EDV-VIANA TRAIL	Veterano M45	06:17:54		07:08
2	415	José Domingos	EDV-VIANA TRAIL	Veterano M45	06:22:11	+04:17	07:13
3	44	paulo alexandre correia	SCALABIS NIGHT RUNNERS	Veterano M45	06:30:02	+12:08	07:22
4	311	JOSE MARIA Carpintero Labrador	Individual	Veterano M45	06:35:09	+17:15	07:27
5	563	Fernando dos Reis Baltazar	Individual	Veterano M45	06:38:05	+20:11	07:31
6	142	Manuel Marques	MINHO AVENTURA	Veterano M45	06:49:03	+31:09	07:43
7	126	Paulo Santos	Mountain trail's	Veterano M45	06:57:47	+39:53	07:53
8	344	CARLOS CASTRO	Individual	Veterano M45	07:28:25	+01:10:31	08:28
9	111	Francisco Pais	O Mundo da Corrida	Veterano M45	07:39:55	+01:22:01	08:41
10	541	Rui Pedro Julião	Georunners	Veterano M45	07:51:55	+01:34:01	08:54
11	86	Rui vieira	Os homens do laço	Veterano M45	08:19:42	+02:01:48	09:26
12	85	Nuno ferreira	Os homens do laço	Veterano M45	08:19:42	+02:01:48	09:26
13	88	Fernando Cunha	Os Fura Montanhas	Veterano M45	08:19:47	+02:01:53	09:26
14	345	Carlos Eduardo Lourenço	Individual	Veterano M45	08:24:13	+02:06:19	09:31
15	532	Sergio Carinhas	ACPortalegre/UTSM	Veterano M45	08:44:11	+02:26:17	09:53
16	395	Avelino Faria	Eu e Que Sei	Veterano M45	08:44:31	+02:26:37	09:54
17	350	João Martins	Individual	Veterano M45	08:45:05	+02:27:11	09:54
18	347	Ernestino Azevedo	Individual	Veterano M45	08:46:37	+02:28:43	09:56
19	343	Artur Jorge dos Santos Pereira	Individual	Veterano M45	09:08:00	+02:50:06	10:20
20	353	jorge manuel martins da silva	Individual	Veterano M45	09:08:56	+02:51:02	10:21
21	346	Carlos Navega	Individual	Veterano M45	09:13:38	+02:55:44	10:27
22	19	Luís Guise	vimarunners	Veterano M45	09:29:09	+03:11:15	10:44
23	98	Pedro Miguel de Sousa Vendeirinho	OFFtel Runners	Veterano M45	09:35:46	+03:17:52	10:52
24	355	Manuel Costa	Individual	Veterano M45	09:43:48	+03:25:54	11:01
25	351	João Meixedo	Individual	Veterano M45	09:48:31	+03:30:37	11:06
26	499	Gastão Fernando Silva Sousa	ATeam run@figueira	Veterano M45	09:49:08	+03:31:14	11:07
27	434	Joaquim Paulo Ferreira Correia Silv	Confraria Trotamontes	Veterano M45	09:55:01	+03:37:07	11:14
28	508	Francisco José Martins Ferreira	Areosa Trail	Veterano M45	10:01:25	+03:43:31	11:21
29	507	Eusébio Gaião Ruas	Areosa Trail	Veterano M45	10:01:26	+03:43:32	11:21
30	66	Luis Santos Poeira	Porto Runners	Veterano M45	10:16:30	+03:58:36	11:38
31	118	Luís Miguel Subtil Barreiro	NEL - Pédatleta	Veterano M45	10:42:15	+04:24:21	12:07
32	119	Nuno Manuel Gomes Pereira Neves	NEL - Pédatleta	Veterano M45	10:42:16	+04:24:22	12:07

Veterano M50

1	533	Vitor Cordeiro	ACPortalegre/UTSM	Veterano M50	06:12:32		07:02
2	504	Francisco Gaio	Ass. Atletismo 20 kms de Almeirim	Veterano M50	06:19:22	+06:50	07:09
3	376	Henrique Jorge Silva Ferreira	GONDOMAR FUTSAL CLUBE	Veterano M50	07:22:11	+01:09:39	08:21
4	432	Amadeu Teixeira	CORRE CONNOSCO FELGUEIRAS	Veterano M50	07:26:17	+01:13:45	08:25

Official Timekeeper: Lap2Go	9 / 10	generate 05-out-2014 22:12
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Ultra Trail

53 KM

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REVISED

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OFFICIAL RESULT

5	367	Manuel Braga	Individual	Veterano M50	07:42:44	+01:30:12	08:44
6	458	Marçal Silva	CLAC - ENTRONCAMENTO	Veterano M50	07:48:04	+01:35:32	08:50
7	144	José Cândido Capela de Freitas Ribeiro	MINHO AVENTURA	Veterano M50	07:48:32	+01:36:00	08:50
8	442	FERNANDO EDUARDO TEIXEIRA VILELA	Clube Millennium BCP	Veterano M50	08:02:59	+01:50:27	09:07
9	149	Joaquim Fernandes	LEBRES DO SADO	Veterano M50	08:17:46	+02:05:14	09:24
10	362	João Paulo Duarte Marques	Individual	Veterano M50	08:21:12	+02:08:40	09:27
11	38	MARIO SILVA	TAU RUNNERS	Veterano M50	08:59:09	+02:46:37	10:10
12	368	Miguel Baptista	Individual	Veterano M50	09:08:00	+02:55:28	10:20
13	112	Fernando Fonseca	O Mundo da Corrida	Veterano M50	09:10:41	+02:58:09	10:23
14	79	António Gonçalves	OS TUGAS	Veterano M50	09:18:27	+03:05:55	10:32
15	365	José Carlos Melo	RUN 4 FUN	Veterano M50	09:25:05	+03:12:33	10:40
16	457	Carlos Maurício	CLAC - ENTRONCAMENTO	Veterano M50	09:32:40	+03:20:08	10:48
17	363	joaquim lima	Individual	Veterano M50	09:34:33	+03:22:01	10:50
18	359	António Vale	Individual	Veterano M50	09:34:51	+03:22:19	10:51
19	486	João Paulo Rocha	Cães d'Avenida	Veterano M50	09:40:13	+03:27:41	10:57
20	54	Teodoro Trindade	RUN 4 FUN	Veterano M50	09:48:45	+03:36:13	11:07
21	500	Fernando Manuel Cação Costa	ATeam run@figueira	Veterano M50	09:49:08	+03:36:36	11:07
22	358	António Lameira	Individual	Veterano M50	09:54:11	+03:41:39	11:13

Veterano M55

1	120	Antonio Luis Fael	NEL - Pédatleta	Veterano M55	08:18:41	09:25
2	113	António Geraldo	O Mundo da Corrida	Veterano M55	08:36:01	+17:20 09:44
3	374	Orlando Gabriel da Silva Ferreira	Grupo Desportivo Cimpor & Amigos	Veterano M55	09:06:31	+47:50 10:19
4	372	Rui Pedras	Individual	Veterano M55	10:36:26	+02:17:45 12:00

Veterano M60

1	478	Luis Sousa Pires	Cães d'Avenida	Veterano M60	09:22:02		10:36
2	373	VICTOR LUIS DE PEDRO GOIRI	Individual	Veterano M60	09:42:12	+20:10	10:59
3	514	Joaquim Adelino	Amigos do Vale do Silêncio	Veterano M60	10:46:51	+01:24:49	12:12

TRAIL LONGO

33 KM

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OFFICIAL RESULT

R

REVISED

	Time	Temperature	Humidity
Start	08:00	16,7°C	75,3%
End	16:23	16.7°C	75.3%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1153	Amândio Filipe Pires Antunes	individual	Senior Masculino	03:12:46		05:50
2	1003	Diogo Fernandes	offtel runners	Senior Masculino	03:14:23	+01:37	05:53
3	1422	João Pedro Pedrosa Nunes	multipower gaia trail	Senior Masculino	03:14:23	+01:37	05:53
4	1418	Dinis Henrique Ferreira Guerra Gonçalves	multipower gaia trail	Senior Masculino	03:18:02	+05:16	06:00
5	1567	Luis Carvalho	individual	Senior Masculino	03:31:00	+18:14	06:24
6	1280	Romeu Gouveia	individual	Sub 23 Masculino	03:31:50	+19:04	06:25
7	1083	Nalter da Rocha Simoes	edv-viana trail	Senior Masculino	03:33:04	+20:18	06:27
8	1077	Victor Fernandes	ctad tiagoaragao.com	Senior Masculino	03:34:29	+21:43	06:30
9	1162	Bruno Carvalho	individual	Veterano M40	03:34:41	+21:55	06:30
10	1017	Leonel Cunha	amigos do pedal / trailagares	Senior Masculino	03:38:17	+25:31	06:37
11	1154	Amândio Freitas	individual	Senior Masculino	03:39:04	+26:18	06:38
12	1428	Antonio Domingos Moreira de Freitas	nast	Senior Masculino	03:39:55	+27:09	06:40
13	1073	Francisco Lemos	corre connosco felgueiras	Veterano M50	03:41:35	+28:49	06:43
14	1192	hugo barradas	individual	Senior Masculino	03:41:36	+28:50	06:43
15	1416	Bruno Santiago	multipower gaia trail	Senior Masculino	03:42:41	+29:55	06:45
16	1392	Adelino Silva	loba.pt	Senior Masculino	03:44:55	+32:09	06:49
17	1065	Rafael Pereira	clube náutico de ponte de lima	Senior Masculino	03:45:27	+32:41	06:50
18	1482	Rogério Vicente	starolas	Veterano M40	03:45:41	+32:55	06:50
19	1018	Pedro Rodrigues	juventude vidigalense	Senior Masculino	03:47:22	+34:36	06:53
20	1195	Humberto Silva	individual	Senior Masculino	03:48:24	+35:38	06:55
21	1252	Pedro Ribeiro	individual	Senior Masculino	03:50:06	+37:20	06:58
22	1332	Ricardo Dias	individual	Veterano M40	03:51:58	+39:12	07:02
23	1160	Arsénio Eiras de Almeida	individual	Senior Masculino	03:53:00	+40:14	07:04
24	1156	Vítor Cardoso	ctad tiagoaragao.com	Senior Masculino	03:54:19	+41:33	07:06
25	1556	Carlos Dias	individual	Senior Masculino	03:55:26	+42:40	07:08
26	1492	Sergio Manuel Moreira Duarte	team duas faces	Senior Masculino	03:55:31	+42:45	07:08
27	1022	Nuno Ferreira	be fitness santo tirso	Sub 23 Masculino	03:57:01	+44:15	07:11
28	1163	Luis Gonçalves	clube náutico de ponte de lima	Senior Masculino	03:57:38	+44:52	07:12
29	1306	Guilherme Hora	individual	Veterano M40	03:57:56	+45:10	07:13
30	1427	Carlos Manuel de Oliveira Brás	nast	Senior Masculino	03:57:58	+45:12	07:13
31	1560	José Luis Sá	parjovem/satecnosol	Senior Masculino	03:59:22	+46:36	07:15
32	1016	Bruno Moreira	amigos do pedal / trailagares	Senior Masculino	04:01:14	+48:28	07:19
33	1087	Ricardo Rocha	fast ao km	Senior Masculino	04:01:33	+48:47	07:19
34	1214	José Paulo Pereira Ribeiro	individual	Senior Masculino	04:02:50	+50:04	07:22
35	1089	António José Soares Duarte Gomes	fernanda maciel - material ortopédico e hospitalar	Senior Masculino	04:03:48	+51:02	07:23
36	1109	Fernando Jorge da Silva Figueiredo	gondomar futsal clube	Veterano M40	04:04:26	+51:40	07:24
37	1199	João Correia Pereira	individual	Senior Masculino	04:05:42	+52:56	07:27
38	1516	Abilio José Leite Marques	unidade especial de corrida	Veterano M50	04:06:47	+54:01	07:29
39	1479	Carlos Gavinho	slb105	Veterano M50	04:07:35	+54:49	07:30
40	1555	Fernando Pimenta	clube náutico de ponte de lima	Senior Masculino	04:08:16	+55:30	07:31

TRAIL LONGO

33 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	1155	ANDRÉ SOUSA	individual	Senior Masculino	04:09:17	+56:31	07:33
42	1084	Nuno Miguel Carvalhido Gomes	edv-viana trail	Senior Masculino	04:09:40	+56:54	07:34
43	1382	Helder Gomes	kemedo team	Senior Masculino	04:11:29	+58:43	07:37
44	1099	Augusto Oliveira	gaia-running	Veterano M40	04:11:35	+58:49	07:37
45	1381	Eurico Emanuel Moura	kemedo team	Senior Masculino	04:11:38	+58:52	07:38
46	413	José Alcobia	edv-viana trail	Veterano M40	04:11:45	+58:59	07:38
47	1353	Manuel Emidio Rocha	individual	Veterano M45	04:11:55	+59:09	07:38
48	1470	Maria Casimira Ferreira de Moura	run&shine	Senior Feminino	04:12:14	+59:28	07:39
49	1082	Bruno Miguel de Castro Loureiro	duas faces	Senior Masculino	04:13:30	+01:00:44	07:41
50	1415	Jorge Pedro	mountain trail's	Veterano M40	04:13:38	+01:00:52	07:41
51	1247	Pedro Manuel Mateus Januário	individual	Senior Masculino	04:13:43	+01:00:57	07:41
52	1472	Pedro Ferreira	runner's high	Senior Masculino	04:15:25	+01:02:39	07:44
53	1028	Rui Laranjeira	bikeseven esposende team	Veterano M40	04:15:40	+01:02:54	07:45
54	1005	Nuno Pinto Ferreira Carmo	papa trilhos	Sub 23 Masculino	04:15:53	+01:03:07	07:45
55	1478	Arnaldo Rodrigues	slb105	Veterano M50	04:15:58	+01:03:12	07:45
56	1242	Paulo Remigio	individual	Senior Masculino	04:16:23	+01:03:37	07:46
57	1211	Jorge Tavares	individual	Senior Masculino	04:16:39	+01:03:53	07:47
58	1329	Rafael Perez	individual	Veterano M40	04:17:00	+01:04:14	07:47
59	1500	Carlos Miguel Oliveira Coelho	trail me	Senior Masculino	04:17:27	+01:04:41	07:48
60	1174	David Ferreira	individual	Senior Masculino	04:17:51	+01:05:05	07:49
61	1223	Luis Filipe Salgado Oliveira - Nº ATRP 1504	individual	Senior Masculino	04:20:24	+01:07:38	07:53
62	1132	Pedro Miguel Moreira Mouta	ctad tiagoaragao.com	Senior Masculino	04:21:00	+01:08:14	07:55
63	1161	Aurégio Rebelo	individual	Senior Masculino	04:22:41	+01:09:55	07:58
64	1424	Paulo Filipe Ferreira Madeira	multipower gaia trail	Senior Masculino	04:22:50	+01:10:04	07:58
65	1194	Hugo Miguel Lima Bezerra	individual	Senior Masculino	04:23:26	+01:10:40	07:59
66	1234	Nuno Abreu	individual	Senior Masculino	04:24:11	+01:11:25	08:00
67	1279	Paulo Mesquita	individual	Sub 23 Masculino	04:24:14	+01:11:28	08:00
68	1149	adan maron lorenzo	individual	Senior Masculino	04:24:16	+01:11:30	08:00
69	440	FILIPE MIRANDA ALMEIDA	clube millennium bcp	Senior Masculino	04:24:29	+01:11:43	08:01
70	1220	Luis Azevedo	individual	Senior Masculino	04:24:36	+01:11:50	08:01
71	49	Eduardo merino	run&shine	Senior Masculino	04:25:22	+01:12:36	08:02
72	1030	Luís Fontinha	bilarrunners	Veterano M50	04:25:35	+01:12:49	08:03
73	1402	Paulo Rafael de Oliveira Rodrigues	minho aventura	Senior Masculino	04:25:36	+01:12:50	08:03
74	1222	Luis Filipe Ribeiro Vilarinho	individual	Senior Masculino	04:26:29	+01:13:43	08:05
75	1426	Carlos Daniel Loureiro Alves	multipower gaia trail	Senior Masculino	04:26:36	+01:13:50	08:05
76	1303	Eliseo Arza Parracía	individual	Veterano M40	04:27:59	+01:15:13	08:07
77	1494	José Janela	team famalicão / afa cycles	Veterano M50	04:28:25	+01:15:39	08:08
78	1558	Pedro Alberto Sousa	parjovem/satecnosol	Senior Masculino	04:28:38	+01:15:52	08:08
79	1476	Vitor Rocha	slb105	Veterano M40	04:29:10	+01:16:24	08:09
80	1379	José Carlos Lemos Machado	i-run	Veterano M45	04:29:13	+01:16:27	08:09
81	1033	Mauro Ricardo sa Silva Cardoso	bullshit	Senior Masculino	04:29:16	+01:16:30	08:10
82	1103	António Rico Pires	gd santander totta	Senior Masculino	04:29:18	+01:16:32	08:10
83	1182	Francisco João da Silva Alves	individual	Senior Masculino	04:29:59	+01:17:13	08:11
84	1491	Ricardo Jorge Teixeira Dantas	team duas faces	Senior Masculino	04:30:03	+01:17:17	08:11
85	1505	Bruno AF Dias	trail vilar de perdizes	Veterano M45	04:30:22	+01:17:36	08:12

TRAIL LONGO

33 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
86	1487	JOSÉ BANCALEIRO	team bancaleirotailsbikes-portalegre	Veterano M40	04:30:26	+01:17:40	08:12
87	1189	Helder Coelho	individual	Senior Masculino	04:30:32	+01:17:46	08:12
88	1263	Rúben Miguel Mendes Alves	individual	Senior Masculino	04:30:42	+01:17:56	08:12
89	221	José Filipe Moreira da Silva Figueiredo	individual	Senior Masculino	04:31:07	+01:18:21	08:13
90	1253	Pedro Trindade	individual	Senior Masculino	04:31:14	+01:18:28	08:13
91	1070	Hugo Moita	clube zipper	Senior Masculino	04:31:15	+01:18:29	08:13
92	1179	Duarte Nuno Oliveira	individual	Senior Masculino	04:31:59	+01:19:13	08:14
93	1167	Bruno Ricardo Vieira Dias	individual	Senior Masculino	04:32:35	+01:19:49	08:16
94	1559	Tiago Raul Pinheiro	parjovem/satecnosol	Senior Masculino	04:32:35	+01:19:49	08:16
95	1165	bruno miguel martins lopes	individual	Senior Masculino	04:32:57	+01:20:11	08:16
96	1316	MAnuel Jorge Alves do Nascimento	individual	Veterano M40	04:33:19	+01:20:33	08:17
97	1240	paulo jorge oliveira	individual	Senior Masculino	04:33:22	+01:20:36	08:17
98	1139	Paula Lage	individual	Senior Feminino	04:33:26	+01:20:40	08:17
99	1158	Antônio Pedro Pinto de Sousa Teixeira	individual	Senior Masculino	04:33:32	+01:20:46	08:17
100	105	Tiago Salgueiro	o mundo da corrida	Senior Masculino	04:33:44	+01:20:58	08:18
101	103	Jorge Tiago	o mundo da corrida	Senior Masculino	04:33:44	+01:20:58	08:18
102	1313	leopoldo garcía gonzález	individual	Veterano M40	04:35:08	+01:22:22	08:20
103	1110	André Miguel Silva Reis	gondomar futsal clube	Veterano M45	04:38:01	+01:25:15	08:25
104	1056	Carla Cristina	clube da natureza de alvito	Senior Feminino	04:38:03	+01:25:17	08:26
105	1057	Nuno Patricio	clube da natureza de alvito	Veterano M40	04:38:03	+01:25:17	08:26
106	1512	António Ferreira	turbulentos	Veterano M50	04:38:21	+01:25:35	08:26
107	1349	Juan Carlos Carcedo Fernandez	individual	Veterano M45	04:38:43	+01:25:57	08:27
108	1508	Ângela Carvalho	turbulentos	Senior Feminino	04:38:46	+01:26:00	08:27
109	1341	Duarte Alves	individual	Veterano M45	04:38:51	+01:26:05	08:27
110	1164	Bruno Miguel Dias Costa	individual	Senior Masculino	04:39:02	+01:26:16	08:27
111	1029	Luís Carvalhais	bilarrunners	Veterano M45	04:39:31	+01:26:45	08:28
112	1238	Nuno Pires Afonso	individual	Senior Masculino	04:39:33	+01:26:47	08:28
113	1417	André Peixoto Costa Assunção	multipower gaia trail	Senior Masculino	04:39:51	+01:27:05	08:29
114	1308	João Carlos Condesso Neves Batista	individual	Veterano M40	04:40:02	+01:27:16	08:29
115	1210	joel alpoim caridade	individual	Senior Masculino	04:40:20	+01:27:34	08:30
116	1106	Martinho Dias	gips- grupo de indivíduos que procuram sofrimento	Senior Masculino	04:41:33	+01:28:47	08:32
117	1514	PAULO JOSÉ DA SILVA BARROS MOREIRA	turbulentos	Veterano M50	04:41:36	+01:28:50	08:32
118	1477	Pedro Matos	slb105	Veterano M45	04:41:36	+01:28:50	08:32
119	1166	Bruno Miguel Oliveira Neves	individual	Senior Masculino	04:42:04	+01:29:18	08:33
120	1490	Pedro Santos	team duas faces	Senior Masculino	04:42:46	+01:30:00	08:34
121	1264	Rui Alegre	individual	Senior Masculino	04:43:02	+01:30:16	08:35
122	1258	Ricardo Manuel Lima Ramalho	individual	Senior Masculino	04:43:31	+01:30:45	08:35
123	1511	João Fernando Santos Costa	turbulentos	Veterano M40	04:43:37	+01:30:51	08:36
124	1515	RUI SANTOS	turbulentos	Veterano M50	04:43:38	+01:30:52	08:36
125	1100	Nelson Rodrigues	galhados runners	Senior Masculino	04:43:42	+01:30:56	08:36
126	1465	Pedro Oliveira	rumina team lantermil	Senior Masculino	04:43:57	+01:31:11	08:36
127	1246	Pedro de Brito	individual	Senior Masculino	04:45:54	+01:33:08	08:40
128	1414	Paulo Melanda	mountain trail's	Veterano M45	04:45:55	+01:33:09	08:40

TRAIL LONGO

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
129	1473	Pedro Maria Nogueira Carvalho	scalabis night runners	Veterano M50	04:45:58	+01:33:12	08:40
130	1071	Rui Neves	clube zipper	Senior Masculino	04:46:00	+01:33:14	08:40
131	1221	Luis Carlos Melo	individual	Senior Masculino	04:46:05	+01:33:19	08:40
132	1361	Ricardo Vázquez Regueiro	individual	Veterano M45	04:46:45	+01:33:59	08:41
133	1359	Paulo Jorge Loureiro	individual	Veterano M45	04:46:51	+01:34:05	08:42
134	1075	Paulo Alexandre Lema Pelicano	corridas de pernas pro ar	Veterano M40	04:46:57	+01:34:11	08:42
135	1501	António Coelho	trail me	Veterano M40	04:46:58	+01:34:12	08:42
136	1004	Inês Medeiros	chaves running team	Senior Feminino	04:47:08	+01:34:22	08:42
137	1050	Gil Oliveira	chaves running team	Senior Masculino	04:47:08	+01:34:22	08:42
138	31	Ricardo Dantas	trail running esposende	Senior Masculino	04:47:44	+01:34:58	08:43
139	1554	Fernando Mateus	individual	Veterano M45	04:47:47	+01:35:01	08:43
140	1119	Anabela Rainho	individual	Senior Masculino	04:47:47	+01:35:01	08:43
141	1354	Manuel Olivera	individual	Veterano M45	04:47:58	+01:35:12	08:44
142	1185	garry gomes	individual	Senior Masculino	04:48:28	+01:35:42	08:44
143	1019	Marco Lourenço	associação desportiva da efacec	Senior Masculino	04:48:34	+01:35:48	08:45
144	1201	João Manuel Maciel Linhares	individual	Senior Masculino	04:48:38	+01:35:52	08:45
145	1565	António Daniel Pinto Mendes	a.d.amarante trail running	Senior Masculino	04:49:08	+01:36:22	08:46
146	1450	Almerinda Velez	os trinca-espinhas	Veterana F45	04:49:25	+01:36:39	08:46
147	1364	Álvaro Vieira de Araújo	individual	Veterano M50	04:49:26	+01:36:40	08:46
148	1503	Miguel Araújo	trail me	Veterano M40	04:49:31	+01:36:45	08:46
149	1169	Carlos Manuel Viana Saragoça	individual	Senior Masculino	04:49:33	+01:36:47	08:46
150	1318	Miguel A. P. dos Santos	individual	Veterano M40	04:50:02	+01:37:16	08:47
151	1406	GONÇALO FERREIRA	montanha clube trail running/efapel	Senior Masculino	04:50:18	+01:37:32	08:48
152	1059	Renato Miguel Fernandes Simões Barros	montanha clube trail running/efapel	Senior Masculino	04:50:18	+01:37:32	08:48
153	1409	Tiago Leal	montanha clube trail running/efapel	Senior Masculino	04:50:18	+01:37:32	08:48
154	1408	Nuno Filipe Ventura dos Santos Braga	montanha clube trail running/efapel	Sub 23 Masculino	04:50:18	+01:37:32	08:48
155	1410	António Manuel Fernandes	montanha clube trail running/efapel	Veterano M45	04:50:18	+01:37:32	08:48
156	1066	Andreia Cunha	clube náutico de ponte de lima	Sub 23 Feminino	04:50:26	+01:37:40	08:48
157	1067	Luis Antonio da Rocha Magalhaes	clube náutico de ponte de lima	Veterano M40	04:50:26	+01:37:40	08:48
158	217	Jorge Costa	individual	Senior Masculino	04:50:46	+01:38:00	08:49
159	565	Paulo Pires Alves	individual	Veterano M40	04:51:08	+01:38:22	08:49
160	1445	José Miguel Monteiro	offtel runners	Veterano M45	04:51:29	+01:38:43	08:50
161	1052	Jorge Freitas	clac - entroncamento	Veterano M45	04:52:11	+01:39:25	08:51
162	477	Carlos Braga	cães d'avenida	Veterano M40	04:52:37	+01:39:51	08:52
163	1288	Paula Diz Ferreiro	individual	Veterana F40	04:53:04	+01:40:18	08:53
164	1334	Rui Miguel Fernandes Marino	individual	Veterano M40	04:53:06	+01:40:20	08:53
165	1343	João Carlos Carmo Lopes Rodrigues	individual	Veterano M45	04:53:58	+01:41:12	08:54
166	1202	Emanuel Silva	individual	Senior Masculino	04:53:58	+01:41:12	08:54
167	1420	Francisco José Carneiro Oliveira	multipower gaia trail	Senior Masculino	04:53:59	+01:41:13	08:55
168	1123	Cátia Santos	individual	Senior Feminino	04:53:59	+01:41:13	08:55
169	1183	Francisco José Capitão Nóvoa	individual	Senior Masculino	04:54:00	+01:41:14	08:55
170	1423	José Henrique Pinto de Oliveira	multipower gaia trail	Senior Masculino	04:54:03	+01:41:17	08:55
171	1403	António Almeida	minho aventura	Veterano M45	04:54:03	+01:41:17	08:55
172	1278	Fábio Mendes	individual	Sub 23 Masculino	04:54:05	+01:41:19	08:55

TRAIL LONGO

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
173	1562	João Ricardo Tavares das Neves	individual	Veterano M45	04:54:27	+01:41:41	08:55
174	1442	Filipe Primitivo	offtel runners	Senior Masculino	04:54:48	+01:42:02	08:56
175	1301	Bruno Mesquita e Silva	individual	Veterano M40	04:55:03	+01:42:17	08:56
176	1122	Carla Sofia Torres Sousa	individual	Senior Feminino	04:55:22	+01:42:36	08:57
177	1157	António Manuel de Araújo Mendes	individual	Senior Masculino	04:56:26	+01:43:40	08:59
178	1413	Luís Andrade	mountain trail's	Senior Masculino	04:56:32	+01:43:46	08:59
179	1421	Hugo Miguel Mendes Gonçalves	multipower gaia trail	Senior Masculino	04:56:42	+01:43:56	08:59
180	1399	Leonardo Samuel Maia	minho aventura	Senior Masculino	04:56:48	+01:44:02	09:00
181	1400	Marco Baltazar Manso Ferreira	individual	Senior Masculino	04:56:48	+01:44:02	09:00
182	1446	Luis Lages	offtel runners	Veterano M45	04:56:53	+01:44:07	09:00
183	1376	João André Dias	indústria de carnes da gândara	Senior Masculino	04:56:53	+01:44:07	09:00
184	1231	Miguel Pinheiro	individual	Senior Masculino	04:57:16	+01:44:30	09:00
185	1480	José Miguel Machado Marques dos Santos	sociedade columbófila cantanhedense	Veterano M40	04:58:04	+01:45:18	09:02
186	1454	Antonio Madeira	pickle films	Veterano M55	04:58:22	+01:45:36	09:02
187	1443	Raquel Pedro	offtel runners	Veterana F40	04:58:49	+01:46:03	09:03
188	1404	Pedro Filipe Couto Nóvoa	minho aventura	Veterano M50	04:59:10	+01:46:24	09:04
189	1024	Francisco Pedro Nogueira Rebelo	beat your limit!	Senior Masculino	05:00:25	+01:47:39	09:06
190	1023	Carlos Jesus	beat your limit!	Senior Masculino	05:00:25	+01:47:39	09:06
191	1391	Solange Inês Monteiro Domingues	live curious	Sub 23 Feminino	05:00:33	+01:47:47	09:06
192	1390	Jorge Miguel Silva de Melo	live curious	Senior Masculino	05:00:33	+01:47:47	09:06
193	1551	António Ricardo Pereira da Silva	individual	Senior Masculino	05:00:39	+01:47:53	09:07
194	1051	Pedro Carmo	clac - entroncamento	Senior Masculino	05:00:40	+01:47:54	09:07
195	1021	Vitor Matos	associação desportiva da efacec	Senior Masculino	05:00:44	+01:47:58	09:07
196	1369	Manuel Ernesto Garcia Monteiro	individual	Veterano M50	05:00:52	+01:48:06	09:07
197	1205	João Rosa	individual	Senior Masculino	05:01:08	+01:48:22	09:08
198	1312	José Regueiras	individual	Veterano M40	05:01:14	+01:48:28	09:08
199	1295	Jose Eufrazio	individual	Veterano M60	05:01:14	+01:48:28	09:08
200	1387	Rui da Silva Santos	liketomove.com	Senior Masculino	05:02:12	+01:49:26	09:09
201	1176	Diamantino Linhares	individual	Senior Masculino	05:02:32	+01:49:46	09:10
202	1006	António José Carmo	papa trilhos	Veterano M45	05:02:39	+01:49:53	09:10
203	1452	Lurdes Silva	os tugas	Veterana F45	05:02:46	+01:50:00	09:10
204	1086	JOSÉ DUARTE	falta muito?	Veterano M55	05:03:24	+01:50:38	09:12
205	1352	Manuel dos Passos da Silva Gomes da Cunha	individual	Veterano M45	05:03:46	+01:51:00	09:12
206	1464	Cátia Marinho	restaurante marinho	Senior Feminino	05:04:08	+01:51:22	09:13
207	1107	António Basto	gips- grupo de indivíduos que procuram sofrimento	Veterano M40	05:04:43	+01:51:57	09:14
208	479	João Lélis	cães d'avenida	Veterano M40	05:04:55	+01:52:09	09:14
209	366	José Miguel Carmo Pisco	individual	Veterano M50	05:05:03	+01:52:17	09:15
210	1063	Sara da Costa Sá Correia	clube náutico de ponte de lima	Senior Feminino	05:05:18	+01:52:32	09:15
211	1064	Hugo Correia	clube náutico de ponte de lima	Senior Masculino	05:05:18	+01:52:32	09:15
212	1315	manuel antonio ferreira pinto teixeira	individual	Veterano M40	05:05:20	+01:52:34	09:15
213	1502	José Luís Oliveira Eusébio	trail me	Veterano M40	05:05:35	+01:52:49	09:16
214	1337	Viriato Gil Tavares Almeida	individual	Veterano M40	05:05:38	+01:52:52	09:16
215	1012	Helder Carvalho	icc	Senior Masculino	05:05:42	+01:52:56	09:16

TRAIL LONGO

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
216	1184	FRANCISCO PACHECO	individual	Senior Masculino	05:06:29	+01:53:43	09:17
217	1469	LUIS RAMOS	run baby run	Veterano M40	05:06:32	+01:53:46	09:17
218	1518	Isa Silva	xmile running team	Senior Feminino	05:06:59	+01:54:13	09:18
219	1498	Fernanda Pinho	the beauty & the beasts	Veterana F45	05:07:18	+01:54:32	09:19
220	1094	Nuno Amen	funky runners	Veterano M40	05:07:19	+01:54:33	09:19
221	93	Rui Pereira	oralklass-amigos do trail	Senior Masculino	05:07:29	+01:54:43	09:19
222	1266	Rui Jorge Pereira Marinho Ribeiro	individual	Senior Masculino	05:09:29	+01:56:43	09:23
223	1203	João Pereira	individual	Senior Masculino	05:10:59	+01:58:13	09:25
224	1330	Renato Jorge Alves cardoso	individual	Veterano M40	05:11:38	+01:58:52	09:27
225	1363	Sérgio Anunciação	individual	Veterano M45	05:12:23	+01:59:37	09:28
226	1108	Ana Maria Amaral	gondomar futsal clube	Sub 23 Feminino	05:13:09	+02:00:23	09:29
227	1366	António Santos	individual	Veterano M50	05:13:10	+02:00:24	09:29
228	1237	Nuno Jorge Oliveira e Almeida	individual	Senior Masculino	05:13:40	+02:00:54	09:30
229	1434	Tânia Batista	o mundo da corrida	Senior Feminino	05:14:35	+02:01:49	09:32
230	20	André Miguel Oliveira	utdp	Senior Masculino	05:14:43	+02:01:57	09:32
231	1320	Nelson Fernando Soares dos Santos	individual	Veterano M40	05:14:55	+02:02:09	09:33
232	1325	Paulo Alexandre Cardoso Rodrigues	individual	Veterano M40	05:14:57	+02:02:11	09:33
233	1233	Nino Raleiras	individual	Senior Masculino	05:15:31	+02:02:45	09:34
234	1245	Pedro Carvalho	individual	Senior Masculino	05:16:36	+02:03:50	09:36
235	1243	Paulo Sousa	individual	Senior Masculino	05:16:50	+02:04:04	09:36
236	1385	Pedro Marques	kemedo team	Senior Masculino	05:17:09	+02:04:23	09:37
237	1314	Luis Pedro Nogueira	individual	Veterano M40	05:17:48	+02:05:02	09:38
238	1027	Tiago Viana	bikeseven esposende team	Senior Masculino	05:17:54	+02:05:08	09:38
239	1216	Leandro Costa	individual	Senior Masculino	05:17:56	+02:05:10	09:38
240	1061	Hélder Coelho	individual	Veterano M40	05:17:56	+02:05:10	09:38
241	1041	Miguel Pessanha Moreira	cães d'avenida	Senior Masculino	05:18:15	+02:05:29	09:39
242	1043	Sara Santos Silva	cães d'avenida	Veterana F40	05:18:15	+02:05:29	09:39
243	1044	António Fonseca	cães d'avenida	Veterano M50	05:18:16	+02:05:30	09:39
244	1256	Ricardo Jorge Soto Maior Ramos	individual	Senior Masculino	05:18:18	+02:05:32	09:39
245	1208	João Valente	individual	Senior Masculino	05:18:42	+02:05:56	09:39
246	1197	João Araújo	individual	Senior Masculino	05:18:53	+02:06:07	09:40
247	1271	Sérgio Varela	individual	Senior Masculino	05:18:55	+02:06:09	09:40
248	1437	Sergio Marques	o mundo da corrida	Senior Masculino	05:19:18	+02:06:32	09:41
249	227	Luis Manuel Costa Pinho	individual	Senior Masculino	05:19:38	+02:06:52	09:41
250	1101	Rui Viegas	galhados runners	Senior Masculino	05:20:24	+02:07:38	09:43
251	1355	Miguel Magalhaes	individual	Veterano M45	05:20:34	+02:07:48	09:43
252	1459	Jorge Miguel marques	porto runners	Veterano M40	05:20:34	+02:07:48	09:43
253	1113	Vitor Carvalho	icc	Veterano M40	05:20:40	+02:07:54	09:43
254	1384	Márcio Carvalho	kemedo team	Senior Masculino	05:21:22	+02:08:36	09:44
255	1444	João Domingues	offtel runners	Veterano M40	05:21:43	+02:08:57	09:45
256	1040	Francisco Gonçalves	cães d'avenida	Senior Masculino	05:21:46	+02:09:00	09:45
257	485	José Carlos Carvalho	cães d'avenida	Veterano M45	05:21:46	+02:09:00	09:45
258	1357	Paulo Baltasar Martins	individual	Veterano M45	05:22:42	+02:09:56	09:47
259	1074	Pedro Barbeitos	corridas & companhia	Senior Masculino	05:23:18	+02:10:32	09:48
260	1262	Ruben Alvadia	individual	Senior Masculino	05:23:36	+02:10:50	09:48

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
261	1486	Fábio Silva	tarahumara	Senior Masculino	05:23:46	+02:11:00	09:49
262	1485	Carlos Santos	tarahumara	Senior Masculino	05:23:46	+02:11:00	09:49
263	1069	Hugo Miguel da Costa Freixo	clube zipper	Senior Masculino	05:23:49	+02:11:03	09:49
264	1351	Manuel Coelho	individual	Veterano M45	05:24:00	+02:11:14	09:49
265	1292	Mª Dolores Gonzalez Enriquez	individual	Veterana F45	05:24:06	+02:11:20	09:49
266	1177	Diego Fernández López	individual	Senior Masculino	05:24:07	+02:11:21	09:49
267	1031	Paulo Lagoa	budeguita runners	Veterano M40	05:24:29	+02:11:43	09:50
268	1032	Tiago Almeida	budeguita runners	Veterano M40	05:24:29	+02:11:43	09:50
269	1356	Nuno Caceres	individual	Veterano M45	05:25:13	+02:12:27	09:51
270	1331	Renato Silva	individual	Veterano M40	05:25:39	+02:12:53	09:52
271	1342	Francisco Jose Alves Pereira	individual	Veterano M45	05:25:39	+02:12:53	09:52
272	370	Gonçalo Miranda	individual	Veterano M55	05:26:11	+02:13:25	09:53
273	1212	Paulo Magano	ctad tiagoaragao.com	Senior Masculino	05:26:59	+02:14:13	09:55
274	1207	João Torres	individual	Senior Masculino	05:27:44	+02:14:58	09:56
275	1178	Diogo Filipe Feliciano Roberto	individual	Senior Masculino	05:28:04	+02:15:18	09:56
276	1326	Paulo Costa	individual	Veterano M40	05:28:04	+02:15:18	09:56
277	1046	Bruno Miguel Tomás Safara	ccd - siemens	Senior Masculino	05:28:11	+02:15:25	09:57
278	1377	André Cunha	i-run	Senior Masculino	05:28:17	+02:15:31	09:57
279	1025	Telmo Mendonça	bikes & friends	Senior Masculino	05:28:26	+02:15:40	09:57
280	1170	César Vidal	individual	Senior Masculino	05:28:59	+02:16:13	09:58
281	1126	Elsa Vaz Direito	individual	Senior Feminino	05:29:13	+02:16:27	09:59
282	1550	JOANA RODRIGUES DE SOUSA	individual	Senior Feminino	05:29:18	+02:16:32	09:59
283	157	Luis Duarte	individual	Senior Masculino	05:29:20	+02:16:34	09:59
284	1224	LUIS MAROCO	individual	Senior Masculino	05:29:20	+02:16:34	09:59
285	1345	Joao Nuno Fonseca	proaventuras	Veterano M45	05:29:21	+02:16:35	09:59
286	1462	Sergio Casal	proaventuras	Veterano M45	05:29:21	+02:16:35	09:59
287	1497	Pedro Gonçalves Pilar	team procrastinating	Sub 23 Masculino	05:29:30	+02:16:44	09:59
288	1055	Américo Manuel Graça Gomes	clube atletismo de lamas	Veterano M40	05:30:47	+02:18:01	10:01
289	1333	Rui Manuel Nascimento Moreira	individual	Veterano M40	05:30:48	+02:18:02	10:01
290	1339	antonio fernandes	individual	Veterano M45	05:30:52	+02:18:06	10:02
291	1118	ana sofia fernandes	individual	Senior Feminino	05:30:52	+02:18:06	10:02
292	1159	António Sérgio Rodrigues Pereira	individual	Senior Masculino	05:31:06	+02:18:20	10:02
293	1460	Bruno Bonito	proaventuras	Senior Masculino	05:33:16	+02:20:30	10:06
294	155	Antonio Vasconcelos Carvalho	i-run	Veterano M60	05:34:10	+02:21:24	10:08
295	1227	Marco Aurélio da Costa Veludo Pires	individual	Senior Masculino	05:34:26	+02:21:40	10:08
296	1092	Jose Vieira	funky runners	Senior Masculino	05:34:46	+02:22:00	10:09
297	1215	José Vitor Pereira	individual	Senior Masculino	05:34:58	+02:22:12	10:09
298	1441	Vitor Pereira	offtel runners	Senior Masculino	05:35:13	+02:22:27	10:09
299	1368	João Anjos	individual	Veterano M50	05:35:16	+02:22:30	10:10
300	1419	Domingos José Cepeda Morais	multipower gaia trail	Senior Masculino	05:35:21	+02:22:35	10:10
301	179	Bruno Matos	individual	Senior Masculino	05:35:22	+02:22:36	10:10
302	1134	Margarida figueiroa	individual	Senior Feminino	05:35:34	+02:22:48	10:10
303	1405	Carla Isabel Santos	montanha clube trail running/efapel	Senior Feminino	05:35:56	+02:23:10	10:11
304	127	Tiago Figueiredo	montanha clube trail running/efapel	Senior Masculino	05:36:20	+02:23:34	10:12
305	469	João Fernandes	ccd - siemens	Senior Masculino	05:36:37	+02:23:51	10:12

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
306	1171	Christophe Manuel Carvalho Moreira	individual	Senior Masculino	05:38:32	+02:25:46	10:16
307	1015	Cláudia Motta	altis clube de paredes	Senior Feminino	05:38:39	+02:25:53	10:16
308	1111	Fernando José Moreira Pereira	gondomar futsal clube	Veterano M45	05:38:46	+02:26:00	10:16
309	1552	António Gavina	individual	Veterano M40	05:38:55	+02:26:09	10:16
310	1049	Roberto Barreto	centro vicentino da serra	Senior Masculino	05:39:34	+02:26:48	10:17
311	1181	Francisco Aragão	individual	Senior Masculino	05:40:30	+02:27:44	10:19
312	1328	Pedro Miguel Barbosa	individual	Veterano M40	05:40:31	+02:27:45	10:19
313	1429	João Filipe A C Ribeiro	nel - pédatleta	Senior Masculino	05:40:34	+02:27:48	10:19
314	1268	Rui Moura	individual	Senior Masculino	05:40:50	+02:28:04	10:20
315	1374	Álvaro Fernandes	individual	Veterano M60	05:41:34	+02:28:48	10:21
316	1088	Tânia Cunha	fast n` furious	Senior Feminino	05:41:37	+02:28:51	10:21
317	1483	Carlos Brito	tálenots team	Senior Masculino	05:41:49	+02:29:03	10:21
318	1510	Sandra Maria Finisterra Travessas	turbulentos	Veterana F40	05:41:57	+02:29:11	10:22
319	1509	Nuno Filpe Amorim da Silva	turbulentos	Senior Masculino	05:41:57	+02:29:11	10:22
320	1397	Luis João	microsoft one	Senior Masculino	05:42:51	+02:30:05	10:23
321	306	Gomes da Silva	individual	Veterano M40	05:44:45	+02:31:59	10:27
322	1504	Paulo Faria	trail me	Veterano M45	05:44:57	+02:32:11	10:27
323	1175	David Gomes	individual	Senior Masculino	05:44:58	+02:32:12	10:27
324	1517	Leandro Rocha	utdp	Senior Masculino	05:45:44	+02:32:58	10:29
325	1425	Rui Manuel Faria Gonçalves	multipower gaia trail	Senior Masculino	05:48:47	+02:36:01	10:34
326	1335	Sérgio Silva	individual	Veterano M40	05:48:52	+02:36:06	10:34
327	1114	Abília Maria Correia da Silva	individual	Senior Feminino	05:48:57	+02:36:11	10:34
328	1168	Carlos Carreira	individual	Senior Masculino	05:49:09	+02:36:23	10:35
329	1293	Maria Santos	individual	Veterana F45	05:49:18	+02:36:32	10:35
330	1338	Alberto Santos	individual	Veterano M45	05:49:18	+02:36:32	10:35
331	1553	Cristina Gomes	individual	Senior Feminino	05:50:15	+02:37:29	10:37
332	1104	Nuno Duarte	gdct unice	Senior Masculino	05:51:01	+02:38:15	10:38
333	1105	Paulo Duarte	gdct unice	Veterano M45	05:51:01	+02:38:15	10:38
334	1054	christophe le corre	club de montaña serra do suido	Veterano M45	05:51:02	+02:38:16	10:38
335	1499	Fernando Gabriel Reis Leite	tnt - trilhos natura team	Senior Masculino	05:51:04	+02:38:18	10:38
336	1133	Liliana Eusébio	individual	Senior Feminino	05:51:05	+02:38:19	10:38
337	1225	Luis Miguel	individual	Senior Masculino	05:51:06	+02:38:20	10:38
338	1129	Julia Silva	individual	Senior Feminino	05:51:33	+02:38:47	10:39
339	158	Patrícia Leite	individual	Senior Feminino	05:51:47	+02:39:01	10:40
340	1148	Vera Marina Silva Fernandes	individual	Senior Feminino	05:51:50	+02:39:04	10:40
341	1125	Elisabete costa	individual	Senior Feminino	05:51:50	+02:39:04	10:40
342	360	Fernando Carvalho Marques	individual	Veterano M50	05:51:56	+02:39:10	10:40
343	1248	Pedro Marage	individual	Senior Masculino	05:51:57	+02:39:11	10:40
344	1273	Tiago Paiva	individual	Senior Masculino	05:51:57	+02:39:11	10:40
345	1131	Leandro César Mateus de Sousa Barros	individual	Senior Masculino	05:52:02	+02:39:16	10:40
346	1362	Rui Almeida	individual	Veterano M45	05:54:45	+02:41:59	10:45
347	1451	José Velez	os trinca-espinhas	Veterano M55	05:55:50	+02:43:04	10:47
348	1093	Manuel Inacio	funky runners	Senior Masculino	05:56:03	+02:43:17	10:47
349	1095	Pedro Costelha	funky runners	Veterano M40	05:56:03	+02:43:17	10:47
350	1150	Alexandre Silva	individual	Senior Masculino	05:56:10	+02:43:24	10:48

TRAIL LONGO

33 KM

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OFFICIAL RESULT

[illegible]

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
351	1305	Filipe Nogueira	individual	Veterano M40	05:57:03	+02:44:17	10:49
352	207	João Paulo Cunha Ribeiro	individual	Senior Masculino	05:57:03	+02:44:17	10:49
353	1173	daniel	individual	Senior Masculino	05:57:04	+02:44:18	10:49
354	1287	Paula Cristina Oliveira	individual	Veterana F40	05:57:06	+02:44:20	10:49
355	1358	Paulo Fernando Alves Lima	individual	Veterano M45	05:57:28	+02:44:42	10:50
356	1120	Andrea Colaço Pancada Neves	individual	Senior Feminino	05:58:39	+02:45:53	10:52
357	1121	Andrea Passeira	individual	Senior Feminino	05:58:57	+02:46:11	10:53
358	1563	Rui Silva	c.a. amigos parque da paz	Veterano M60	05:59:42	+02:46:56	10:54
359	1034	Ana Paula Lima	c.a. amigos parque da paz	Veterana F40	05:59:42	+02:46:56	10:54
360	1037	Luís Pires	c.a. amigos parque da paz	Veterano M45	05:59:44	+02:46:58	10:54
361	488	Luís Miguel Roque	c.a. amigos parque da paz	Veterano M40	05:59:44	+02:46:58	10:54
362	1140	Rita Inácio	individual	Senior Feminino	06:00:30	+02:47:44	10:55
363	1172	CRISTIANO RUI FERREIRA VENTURA	individual	Senior Masculino	06:00:55	+02:48:09	10:56
364	1228	Mauro Fernando Lopes da Silva	individual	Senior Masculino	06:00:55	+02:48:09	10:56
365	1042	Zé Miguel Almeida	cães d'avenida	Senior Masculino	06:02:00	+02:49:14	10:58
366	1053	carmen carlin gago	club de montanha serra do suido	Veterana F50	06:02:27	+02:49:41	10:59
367	1230	Miguel Filipe Gonçalves Carvalho Soares	individual	Senior Masculino	06:02:44	+02:49:58	11:00
368	1204	João Ricardo lima Couto	individual	Senior Masculino	06:03:12	+02:50:26	11:00
369	1180	Filipe Caprichoso da Silva	individual	Senior Masculino	06:03:12	+02:50:26	11:00
370	204	Isaac Costa	individual	Senior Masculino	06:03:40	+02:50:54	11:01
371	1513	Francisco António dos Santos Costa	turbulentos	Veterano M50	06:05:10	+02:52:24	11:04
372	241	Nuno Filipe Rodrigues Simões	individual	Senior Masculino	06:06:00	+02:53:14	11:05
373	1435	Fábio Soares Lourenço	o mundo da corrida	Senior Masculino	06:06:55	+02:54:09	11:07
374	1453	Graça Roldão	os tugas	Veterana F50	06:07:13	+02:54:27	11:08
375	308	Joaquim Dias	individual	Veterano M40	06:07:20	+02:54:34	11:08
376	1496	Miguel Peixoto Faria	team procrastinating	Sub 23 Masculino	06:08:15	+02:55:29	11:10
377	1267	Rui Leite	individual	Senior Masculino	06:09:43	+02:56:57	11:12
378	1297	ANTÓNIO ALBERTO LOURENÇO DA SILVA	individual	Veterano M40	06:10:07	+02:57:21	11:13
379	1102	Christopher Sá	individual	Senior Masculino	06:10:11	+02:57:25	11:13
380	1371	Paulo Morão	individual	Veterano M50	06:10:21	+02:57:35	11:13
381	1298	António Joaquim Ferreira Cordeiro	individual	Veterano M40	06:10:21	+02:57:35	11:13
382	1282	CRISTINA QUELHAS	individual	Veterana F40	06:10:56	+02:58:10	11:14
383	1235	Nuno Filipe de Freitas Ramalho Correia	individual	Senior Masculino	06:10:58	+02:58:12	11:14
384	1283	Fernanda Maria Ferreira de Paiva Alves	individual	Veterana F40	06:12:04	+02:59:18	11:16
385	1261	Rodolfo Alexandre Teixeira de Carvalho	individual	Senior Masculino	06:12:04	+02:59:18	11:16
386	1193	Hugo General	individual	Senior Masculino	06:12:15	+02:59:29	11:17
387	1383	Helder marques	kemedo team	Senior Masculino	06:12:37	+02:59:51	11:17
388	178	Bruno Lima	individual	Senior Masculino	06:13:17	+03:00:31	11:19
389	1447	Pedro Seixas	oralklass-amigos do trail	Senior Masculino	06:13:23	+03:00:37	11:19
390	1269	Salvador Moreira Rodas	individual	Senior Masculino	06:13:32	+03:00:46	11:19
391	1322	Nuno Lima	individual	Veterano M40	06:13:42	+03:00:56	11:19

TRAIL LONGO

33 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
392	1300	avelino fernandes	individual	Veterano M40	06:13:43	+03:00:57	11:19
393	148	Tiago Pedroso	mete água	Veterano M40	06:13:53	+03:01:07	11:20
394	146	Carla Pedroso	mete água	Senior Feminino	06:13:54	+03:01:08	11:20
395	1412	José Andrade	mountain trail's	Senior Masculino	06:16:04	+03:03:18	11:24
396	1141	Rute Maria Fernandes	individual	Senior Feminino	06:16:28	+03:03:42	11:24
397	1386	Jorge Cabrita de Sousa	lap2go	Veterano M40	06:16:54	+03:04:08	11:25
398	1116	ANA CATARINA DIAS SOUSA	individual	Senior Feminino	06:17:33	+03:04:47	11:26
399	1138	NADIA MARGARIDA REIS PINHO	individual	Senior Feminino	06:17:34	+03:04:48	11:26
400	1135	MARIA DO CÉU COELHO	individual	Senior Feminino	06:17:34	+03:04:48	11:26
401	1433	João Vítor Ribeiro Moura Pinto	no tomorrow running team	Senior Masculino	06:17:54	+03:05:08	11:27
402	1432	João Marques	no tomorrow running team	Senior Masculino	06:17:54	+03:05:08	11:27
403	1375	Manuel Faria Sampaio	individual	Veterano M60	06:18:09	+03:05:23	11:28
404	1378	Manuel Carvalho	i-run	Veterano M40	06:20:37	+03:07:51	11:32
405	1143	Sara Margarida Marques Cordeiro	individual	Senior Feminino	06:21:49	+03:09:03	11:34
406	63	Pedro Amorim	porto runners	Senior Masculino	06:23:57	+03:11:11	11:38
407	1048	Pedro Pereira	ccd - siemens	Senior Masculino	06:23:58	+03:11:12	11:38
408	1254	Pedro Valente	individual	Senior Masculino	06:24:20	+03:11:34	11:39
409	1407	Luciano Costa	montanha clube trail running/efapel	Senior Masculino	06:26:10	+03:13:24	11:42
410	1324	Nuno Lopes	individual	Veterano M40	06:26:34	+03:13:48	11:43
411	1431	Sérgio Fernando Alves Brochado	nice racing team	Senior Masculino	06:27:59	+03:15:13	11:45
412	1367	Fernando Alves	individual	Veterano M50	06:28:17	+03:15:31	11:46
413	1010	Ana Cláudia Sereno	100 trilhos	Senior Feminino	06:28:23	+03:15:37	11:46
414	1011	João Narciso Gonçalves	100 trilhos	Senior Masculino	06:28:23	+03:15:37	11:46
415	1340	Carlos Repolho	individual	Veterano M45	06:28:27	+03:15:41	11:46
416	1136	Marta Salvador	individual	Senior Feminino	06:28:27	+03:15:41	11:46
417	1281	Carla Moreira	individual	Veterana F40	06:29:35	+03:16:49	11:48
418	1035	Sara Colaço	c.a. amigos parque da paz	Veterana F40	06:31:26	+03:18:40	11:52
419	1481	Ângelo Cabral	sportzone	Senior Masculino	06:31:44	+03:18:58	11:52
420	471	Adelino Silva	ccd - siemens	Veterano M40	06:31:45	+03:18:59	11:52
421	1198	João Barreto	individual	Senior Masculino	06:31:54	+03:19:08	11:53
422	1311	José Miguens	individual	Veterano M40	06:32:11	+03:19:25	11:53
423	287	Claudia Alexandra da Cunha Pernencar	individual	Veterana F40	06:33:36	+03:20:50	11:56
424	1290	Sandra Simões	run 4 fun	Veterana F40	06:33:47	+03:21:01	11:56
425	1147	Tânia Calado	individual	Senior Feminino	06:34:12	+03:21:26	11:57
426	1145	Sónia Pereira Dionísio	individual	Senior Feminino	06:36:41	+03:23:55	12:01
427	1461	GII Oliveira	proaventuras	Senior Masculino	06:36:42	+03:23:56	12:01
428	1439	Carlos Pinto Coelho	o mundo da corrida	Veterano M50	06:37:32	+03:24:46	12:03
429	1127	Filipa Ferreira	individual	Senior Feminino	06:38:50	+03:26:04	12:05
430	1294	Rita Valentim	individual	Veterana F50	06:38:50	+03:26:04	12:05
431	1449	André Velez	os trinca-espinhas	Senior Masculino	06:42:17	+03:29:31	12:11
432	1047	João Dias	ccd - siemens	Senior Masculino	06:43:35	+03:30:49	12:14
433	1078	Luis Rebelo	diverinstal	Senior Masculino	06:43:44	+03:30:58	12:14
434	1370	MARIO RUI LEITE COSTA	individual	Veterano M50	06:45:21	+03:32:35	12:17
435	1304	Fernando Monteiro	individual	Veterano M40	06:45:21	+03:32:35	12:17
436	1039	Daniela Pereira	cães d'avenida	Senior Feminino	06:45:56	+03:33:10	12:18

TRAIL LONGO

33 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
437	1038	Ana Luisa Correia da Silva Xavier	cães d'avenida	Senior Feminino	06:45:56	+03:33:10	12:18
438	1365	António Boavista	individual	Veterano M50	06:46:06	+03:33:20	12:18
439	1348	jose luis boavista	individual	Veterano M45	06:46:06	+03:33:20	12:18
440	1468	Rita Lourenço Silva	run baby run	Senior Feminino	06:47:53	+03:35:07	12:22
441	284	João Pedro Castanheira	individual	Sub 23 Masculino	06:51:46	+03:39:00	12:29
442	1395	Luís Andrade	melres trail running - ordem para arriar	Veterano M40	06:52:11	+03:39:25	12:29
443	1394	Cristina Freitas	melres trail running - ordem para arriar	Senior Feminino	06:52:11	+03:39:25	12:29
444	1117	Ana Paula Fonseca mArques	individual	Senior Feminino	06:52:11	+03:39:25	12:29
445	1144	Sónia Lima	individual	Senior Feminino	06:52:46	+03:40:00	12:30
446	348	Gilberto Silva	individual	Veterano M45	07:00:30	+03:47:44	12:45
447	168	andre jorge araujo pinheiro	individual	Senior Masculino	07:00:46	+03:48:00	12:45
448	1257	RICARDO JOSE RODRIGUES ALVES DIAS	individual	Senior Masculino	07:00:49	+03:48:03	12:45
449	1187	Gonçalo Magalhães Couto Soares	individual	Senior Masculino	07:04:28	+03:51:42	12:52
450	1080	Vasco Sousa	diverinstal	Senior Masculino	07:04:45	+03:51:59	12:52
451	1396	João Brazão	microsoft one	Senior Masculino	07:11:18	+03:58:32	13:04
452	1130	Julio César Nascimento de Sousa Barros	individual	Senior Feminino	07:11:19	+03:58:33	13:04
453	1098	Daniel Xarepe	gaax - grupo amigos auto xarepe	Veterano M50	07:12:19	+03:59:33	13:06
454	1097	Luis Gatinho	gaax - grupo amigos auto xarepe	Veterano M45	07:12:20	+03:59:34	13:06
455	1079	Sergio Anjos	diverinstal	Senior Masculino	07:13:33	+04:00:47	13:08
456	447	Pedro Campos	clube edp - lisboa	Senior Masculino	07:15:44	+04:02:58	13:12
457	1321	Nelson Valente	individual	Veterano M40	07:20:28	+04:07:42	13:21
458	1310	Joao Penha Garcia	individual	Veterano M40	07:20:28	+04:07:42	13:21
459	309	jose camelo	individual	Veterano M40	07:23:42	+04:10:56	13:27
460	1564	JOAO JOSE CRUZ CUNHA	clube millennium bcp	Veterano M55	07:23:42	+04:10:56	13:27
461	1142	Sandra Helena Figueiredo Marques	individual	Senior Feminino	07:35:56	+04:23:10	13:49
462	1186	Sara Alexandra Neves Pereira	individual	Senior Masculino	07:35:56	+04:23:10	13:49
463	1045	Lara Simons	ccd - siemens	Senior Feminino	07:46:18	+04:33:32	14:08
464	361	İosif Bletan	individual	Veterano M50	07:48:24	+04:35:38	14:12
465	161	Susana Brás Santos	individual	Senior Feminino	07:48:27	+04:35:41	14:12
466	1561	FERNANDO SANTOS	afis/ovar	Veterano M60	07:50:52	+04:38:06	14:16
467	1458	Ricardo Murias	pixelrunbiketrip	Veterano M40	07:55:29	+04:42:43	14:25
468	1455	Bino Sousa	pixelrunbiketrip	Senior Masculino	07:55:29	+04:42:43	14:25
469	1209	Joaquim	individual	Senior Masculino	07:55:29	+04:42:43	14:25
470	1456	Francisco Lima	pixelrunbiketrip	Senior Masculino	07:55:31	+04:42:45	14:25
471	1457	Jose Barbosa	pixelrunbiketrip	Veterano M40	07:55:31	+04:42:45	14:25
472	281	Catarina Soares Peixoto	run 4 fun	Sub 23 Feminino	08:10:12	+04:57:26	14:51
473	1285	Lilian Kato	run 4 fun	Veterana F40	08:10:12	+04:57:26	14:51
474	199	Hugo Miguel Godinho Jacob Fragoso	run 4 fun	Senior Masculino	08:10:13	+04:57:27	14:51
475	1344	João Malhão Mendes	individual	Veterano M45	08:21:08	+05:08:22	15:11
476	1309	João Fernando Miranda Antunes	individual	Veterano M40	08:21:09	+05:08:23	15:11

Obs

BIB	NOTE	NAME	TEAM	CAT
1007	DQ	José Manuel Mendes	10 P'ras 11	Veterano M45

Official Timekeeper: Lap2Go	11 / 12	generate 30-set-2014 20:39
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33 KM

OFFICIAL RESULT

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REVISED

BIB	NOTE	NAME	TEAM	CAT
1008	DQ	Américo Amaro	10 P`ras 11	Veterano M50
1009	DQ	Augusto Fernandes	10 P`ras 11	Veterano M50
1219	DQ	Luciano Martins	Individual	Senior Masculino
1401	DQ	Nuno Miguel Fernandes	MINHO AVENTURA	Senior Masculino
1244	DNF	Pedro Alexandre Pires	Individual	Senior Masculino

Trail Longo

33 KM

OFFICIAL RESULT

R

REVISED

	Time	Temperature	Humidity
Start	08:00	16,7°C	75,3%
End	16:23	16.7°C	75.3%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

Official Timekeeper: Lap2Go	1 / 12	generate 30-set-2014 20:39
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Trail Longo

33 KM

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OFFICIAL RESULT

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40	1039	Daniela Pereira	Cães d'Avenida	Senior Feminino	06:45:56	+02:33:42	12:18
41	1038	Ana Luisa Correia da Silva Xavier	Cães d'Avenida	Senior Feminino	06:45:56	+02:33:42	12:18
42	1468	Rita Lourenço Silva	Run Baby Run	Senior Feminino	06:47:53	+02:35:39	12:22
43	1394	Cristina Freitas	MELRES TRAIL RUNNING - Ordem para arriar	Senior Feminino	06:52:11	+02:39:57	12:29
44	1117	Ana Paula Fonseca mArques	Individual	Senior Feminino	06:52:11	+02:39:57	12:29
45	1144	Sónia Lima	Individual	Senior Feminino	06:52:46	+02:40:32	12:30
46	1130	Julio César Nascimento de Sousa Barros	Individual	Senior Feminino	07:11:19	+02:59:05	13:04
47	1142	Sandra Helena Figueiredo Marques	Individual	Senior Feminino	07:35:56	+03:23:42	13:49
48	1045	Lara Simons	CCD - SIEMENS	Senior Feminino	07:46:18	+03:34:04	14:08
49	161	Susana Brás Santos	Individual	Senior Feminino	07:48:27	+03:36:13	14:12

Senior Masculino

1	1153	Amândio Filipe Pires Antunes	Individual	Senior Masculino	03:12:46	05:50
2	1003	Diogo Fernandes	OFFtel Runners	Senior Masculino	03:14:23	+01:37 05:53
3	1422	João Pedro Pedrosa Nunes	MULTIPOWER GAIA TRAIL	Senior Masculino	03:14:23	+01:37 05:53
4	1418	Dinis Henrique Ferreira Guerra Gonçalves	MULTIPOWER GAIA TRAIL	Senior Masculino	03:18:02	+05:16 06:00
5	1567	Luis Carvalho	Individual	Senior Masculino	03:31:00	+18:14 06:24
6	1083	Nalter da Rocha Simoes	EDV-VIANA TRAIL	Senior Masculino	03:33:04	+20:18 06:27
7	1077	Victor Fernandes	CTAD tiagoaragao.com	Senior Masculino	03:34:29	+21:43 06:30
8	1017	Leonel Cunha	Amigos do Pedal / TraiLagares	Senior Masculino	03:38:17	+25:31 06:37
9	1154	Amândio Freitas	Individual	Senior Masculino	03:39:04	+26:18 06:38
10	1428	Antonio Domingos Moreira de Freitas	NAST	Senior Masculino	03:39:55	+27:09 06:40
11	1192	hugo barradas	Individual	Senior Masculino	03:41:36	+28:50 06:43
12	1416	Bruno Santiago	MULTIPOWER GAIA TRAIL	Senior Masculino	03:42:41	+29:55 06:45
13	1392	Adelino Silva	Loba.pt	Senior Masculino	03:44:55	+32:09 06:49
14	1065	Rafael Pereira	Clube Náutico de Ponte de Lima	Senior Masculino	03:45:27	+32:41 06:50
15	1018	Pedro Rodrigues	Juventude Vidigalense	Senior Masculino	03:47:22	+34:36 06:53
16	1195	Humberto Silva	Individual	Senior Masculino	03:48:24	+35:38 06:55
17	1252	Pedro Ribeiro	Individual	Senior Masculino	03:50:06	+37:20 06:58
18	1160	Arsénio Eiras de Almeida	Individual	Senior Masculino	03:53:00	+40:14 07:04
19	1156	Vítor Cardoso	CTAD tiagoaragao.com	Senior Masculino	03:54:19	+41:33 07:06
20	1556	Carlos Dias	Individual	Senior Masculino	03:55:26	+42:40 07:08
21	1492	Sergio Manuel Moreira Duarte	Team DUAS FACES	Senior Masculino	03:55:31	+42:45 07:08
22	1163	Luis Gonçalves	Clube Náutico de Ponte de Lima	Senior Masculino	03:57:38	+44:52 07:12
23	1427	Carlos Manuel de Oliveira Brás	NAST	Senior Masculino	03:57:58	+45:12 07:13
24	1560	José Luis Sá	PARJOVEM/SATECNOSOL	Senior Masculino	03:59:22	+46:36 07:15
25	1016	Bruno Moreira	Amigos do Pedal / TraiLagares	Senior Masculino	04:01:14	+48:28 07:19
26	1087	Ricardo Rocha	FAST AO KM	Senior Masculino	04:01:33	+48:47 07:19
27	1214	José Paulo Pereira Ribeiro	Individual	Senior Masculino	04:02:50	+50:04 07:22
28	1089	António José Soares Duarte Gomes	Fernanda Maciel - Material Ortopédico e Hospitalar	Senior Masculino	04:03:48	+51:02 07:23
29	1199	João Correia Pereira	Individual	Senior Masculino	04:05:42	+52:56 07:27
30	1555	Fernando Pimenta	Clube Náutico de Ponte de Lima	Senior Masculino	04:08:16	+55:30 07:31

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31	1155	ANDRÉ SOUSA	Individual	Senior Masculino	04:09:17	+56:31	07:33
32	1084	Nuno Miguel Carvalhido Gomes	EDV-VIANA TRAIL	Senior Masculino	04:09:40	+56:54	07:34
33	1382	Helder Gomes	KeMedo Team	Senior Masculino	04:11:29	+58:43	07:37
34	1381	Eurico Emanuel Moura	KeMedo Team	Senior Masculino	04:11:38	+58:52	07:38
35	1082	Bruno Miguel de Castro Loureiro	DUAS FACES	Senior Masculino	04:13:30	+01:00:44	07:41
36	1247	Pedro Manuel Mateus Januário	Individual	Senior Masculino	04:13:43	+01:00:57	07:41
37	1472	Pedro Ferreira	Runner's High	Senior Masculino	04:15:25	+01:02:39	07:44
38	1242	Paulo Remigio	Individual	Senior Masculino	04:16:23	+01:03:37	07:46
39	1211	Jorge Tavares	Individual	Senior Masculino	04:16:39	+01:03:53	07:47
40	1500	Carlos Miguel Oliveira Coelho	TRAIL ME	Senior Masculino	04:17:27	+01:04:41	07:48
41	1174	David Ferreira	Individual	Senior Masculino	04:17:51	+01:05:05	07:49
42	1223	Luis Filipe Salgado Oliveira - Nº ATRP 1504	Individual	Senior Masculino	04:20:24	+01:07:38	07:53
43	1132	Pedro Miguel Moreira Mouta	CTAD tiagoaragao.com	Senior Masculino	04:21:00	+01:08:14	07:55
44	1161	Aurélio Rebelo	Individual	Senior Masculino	04:22:41	+01:09:55	07:58
45	1424	Paulo Filipe Ferreira Madeira	MULTIPOWER GAIA TRAIL	Senior Masculino	04:22:50	+01:10:04	07:58
46	1194	Hugo Miguel Lima Bezerra	Individual	Senior Masculino	04:23:26	+01:10:40	07:59
47	1234	Nuno Abreu	Individual	Senior Masculino	04:24:11	+01:11:25	08:00
48	1149	adan maron lorenzo	Individual	Senior Masculino	04:24:16	+01:11:30	08:00
49	440	FILIPE MIRANDA ALMEIDA	Clube Millennium BCP	Senior Masculino	04:24:29	+01:11:43	08:01
50	1220	Luis Azevedo	Individual	Senior Masculino	04:24:36	+01:11:50	08:01
51	49	Eduardo merino	Run&Shine	Senior Masculino	04:25:22	+01:12:36	08:02
52	1402	Paulo Rafael de Oliveira Rodrigues	MINHO AVENTURA	Senior Masculino	04:25:36	+01:12:50	08:03
53	1222	Luis Filipe Ribeiro Vilarinho	Individual	Senior Masculino	04:26:29	+01:13:43	08:05
54	1426	Carlos Daniel Loureiro Alves	MULTIPOWER GAIA TRAIL	Senior Masculino	04:26:36	+01:13:50	08:05
55	1558	Pedro Alberto Sousa	PARJOVEM/SATECNOSOL	Senior Masculino	04:28:38	+01:15:52	08:08
56	1033	Mauro Ricardo sa Silva Cardoso	Bullshit	Senior Masculino	04:29:16	+01:16:30	08:10
57	1103	António Rico Pires	GD santander totta	Senior Masculino	04:29:18	+01:16:32	08:10
58	1182	Francisco João da Silva Alves	Individual	Senior Masculino	04:29:59	+01:17:13	08:11
59	1491	Ricardo Jorge Teixeira Dantas	Team DUAS FACES	Senior Masculino	04:30:03	+01:17:17	08:11
60	1189	Helder Coelho	Individual	Senior Masculino	04:30:32	+01:17:46	08:12
61	1263	Rúben Miguel Mendes Alves	Individual	Senior Masculino	04:30:42	+01:17:56	08:12
62	221	José Filipe Moreira da Silva Figueiredo	Individual	Senior Masculino	04:31:07	+01:18:21	08:13
63	1253	Pedro Trindade	Individual	Senior Masculino	04:31:14	+01:18:28	08:13
64	1070	Hugo Moita	Clube Zupper	Senior Masculino	04:31:15	+01:18:29	08:13
65	1179	Duarte Nuno Oliveira	Individual	Senior Masculino	04:31:59	+01:19:13	08:15
66	1167	Bruno Ricardo Vieira Dias	Individual	Senior Masculino	04:32:35	+01:19:49	08:16
67	1559	Tiago Raul Pinheiro	PARJOVEM/SATECNOSOL	Senior Masculino	04:32:35	+01:19:49	08:16
68	1165	bruno miguel martins lopes	Individual	Senior Masculino	04:32:57	+01:20:11	08:16
69	1240	paulo jorge oliveira	Individual	Senior Masculino	04:33:22	+01:20:36	08:17
70	1158	Antônio Pedro Pinto de Sousa Teixeira	Individual	Senior Masculino	04:33:32	+01:20:46	08:17
71	105	Tiago Salgueiro	O Mundo da Corrida	Senior Masculino	04:33:44	+01:20:58	08:18
72	103	Jorge Tiago	O Mundo da Corrida	Senior Masculino	04:33:44	+01:20:58	08:18
73	1164	Bruno Miguel Dias Costa	Individual	Senior Masculino	04:39:02	+01:26:16	08:27
74	1238	Nuno Pires Afonso	Individual	Senior Masculino	04:39:33	+01:26:47	08:28
75	1417	André Peixoto Costa Assunção	MULTIPOWER GAIA TRAIL	Senior Masculino	04:39:51	+01:27:05	08:29
76	1210	joel alpoim caridade	Individual	Senior Masculino	04:40:20	+01:27:34	08:30

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77	1106	Martinho Dias	GIPS- Grupo de Indivíduos que Procuram Sofrimento	Senior Masculino	04:41:33	+01:28:47	08:32
78	1166	Bruno Miguel Oliveira Neves	Individual	Senior Masculino	04:42:04	+01:29:18	08:33
79	1490	Pedro Santos	Team DUAS FACES	Senior Masculino	04:42:46	+01:30:00	08:34
80	1264	Rui Alegre	Individual	Senior Masculino	04:43:02	+01:30:16	08:35
81	1258	Ricardo Manuel Lima Ramalho	Individual	Senior Masculino	04:43:31	+01:30:45	08:35
82	1100	Nelson Rodrigues	GALHARDOS RUNNERS	Senior Masculino	04:43:42	+01:30:56	08:36
83	1465	Pedro Oliveira	Rumina team Lantemil	Senior Masculino	04:43:57	+01:31:11	08:36
84	1246	Pedro de Brito	Individual	Senior Masculino	04:45:54	+01:33:08	08:4
85	1071	Rui Neves	Clube Zupper	Senior Masculino	04:46:00	+01:33:14	08:40
86	1221	Luis Carlos Melo	Individual	Senior Masculino	04:46:05	+01:33:19	08:40
87	1050	Gil Oliveira	CHAVES RUNNING TEAM	Senior Masculino	04:47:08	+01:34:22	08:42
88	31	Ricardo Dantas	Trail Running Esposende	Senior Masculino	04:47:44	+01:34:58	08:43
89	1119	Anabela Rainho	Individual	Senior Masculino	04:47:47	+01:35:01	08:43
90	1185	garry gomes	Individual	Senior Masculino	04:48:28	+01:35:42	08:44
91	1019	Marco Lourenço	Associação Desportiva da Efacec	Senior Masculino	04:48:34	+01:35:48	08:45
92	1201	João Manuel Maciel Linhares	Individual	Senior Masculino	04:48:38	+01:35:52	08:45
93	1565	António Daniel Pinto Mendes	A.D.Amarante trail running	Senior Masculino	04:49:08	+01:36:22	08:46
94	1169	Carlos Manuel Viana Saragoça	Individual	Senior Masculino	04:49:33	+01:36:47	08:46
95	1406	GONÇALO FERREIRA	Montanha Clube Trail Running/Efapel	Senior Masculino	04:50:18	+01:37:32	08:48
96	1059	Renato Miguel Fernandes Simões Barros	Montanha Clube Trail Running/Efapel	Senior Masculino	04:50:18	+01:37:32	08:48
97	1409	Tiago Leal	Montanha Clube Trail Running/Efapel	Senior Masculino	04:50:18	+01:37:32	08:48
98	217	Jorge Costa	Individual	Senior Masculino	04:50:46	+01:38:00	08:49
99	1202	Emanuel Silva	Individual	Senior Masculino	04:53:58	+01:41:12	08:54
100	1420	Francisco José Carneiro Oliveira	MULTIPOWER GAIA TRAIL	Senior Masculino	04:53:59	+01:41:13	08:55
101	1183	Francisco José Capitão Nóvoa	Individual	Senior Masculino	04:54:00	+01:41:14	08:55
102	1423	José Henrique Pinto de Oliveira	MULTIPOWER GAIA TRAIL	Senior Masculino	04:54:03	+01:41:17	08:55
103	1442	Filipe Primitivo	OFFtel Runners	Senior Masculino	04:54:48	+01:42:02	08:56
104	1157	António Manuel de Araújo Mendes	Individual	Senior Masculino	04:56:26	+01:43:40	08:59
105	1413	Luís Andrade	Mountain trail's	Senior Masculino	04:56:32	+01:43:46	08:59
106	1421	Hugo Miguel Mendes Gonçalves	MULTIPOWER GAIA TRAIL	Senior Masculino	04:56:42	+01:43:56	08:59
107	1399	Leonardo Samuel Maia	MINHO AVENTURA	Senior Masculino	04:56:48	+01:44:02	09:00
108	1400	Marco Baltazar Manso Ferreira	Individual	Senior Masculino	04:56:48	+01:44:02	09:00
109	1376	João André Dias	Indústria de Carnes da Gândara	Senior Masculino	04:56:53	+01:44:07	09:00
110	1231	Miguel Pinheiro	Individual	Senior Masculino	04:57:16	+01:44:30	09:00
111	1024	Francisco Pedro Nogueira Rebelo	Beat Your Limit!	Senior Masculino	05:00:25	+01:47:39	09:06
112	1023	Carlos Jesus	Beat Your Limit!	Senior Masculino	05:00:25	+01:47:39	09:06
113	1390	Jorge Miguel Silva de Melo	Live Curious	Senior Masculino	05:00:33	+01:47:47	09:06
114	1551	António Ricardo Pereira da Silva	Individual	Senior Masculino	05:00:39	+01:47:53	09:07
115	1051	Pedro Carmo	CLAC - ENTRONCAMENTO	Senior Masculino	05:00:40	+01:47:54	09:07
116	1021	Vitor Matos	Associação Desportiva da Efacec	Senior Masculino	05:00:44	+01:47:58	09:07
117	1205	João Rosa	Individual	Senior Masculino	05:01:08	+01:48:22	09:08
118	1387	Rui da Silva Santos	liketomove.com	Senior Masculino	05:02:12	+01:49:26	09:09
119	1176	Diamantino Linhares	Individual	Senior Masculino	05:02:32	+01:49:46	09:10
120	1064	Hugo Correia	Clube Náutico de Ponte de Lima	Senior Masculino	05:05:18	+01:52:32	09:15

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121	1012	Helder Carvalho	ICC	Senior Masculino	05:05:42	+01:52:56	09:16
122	1184	FRANCISCO PACHECO	Individual	Senior Masculino	05:06:29	+01:53:43	09:17
123	93	Rui Pereira	Oralklass-Amigos do Trail	Senior Masculino	05:07:29	+01:54:43	09:19
124	1266	Rui Jorge Pereira Marinho Ribeiro	Individual	Senior Masculino	05:09:29	+01:56:43	09:23
125	1203	João Pereira	Individual	Senior Masculino	05:10:59	+01:58:13	09:25
126	1237	Nuno Jorge Oliveira e Almeida	Individual	Senior Masculino	05:13:40	+02:00:54	09:30
127	20	André Miguel Oliveira	UTDP	Senior Masculino	05:14:43	+02:01:57	09:32
128	1233	Nino Raleiras	Individual	Senior Masculino	05:15:31	+02:02:45	09:34
129	1245	Pedro Carvalho	Individual	Senior Masculino	05:16:36	+02:03:50	09:36
130	1243	Paulo Sousa	Individual	Senior Masculino	05:16:50	+02:04:04	09:36
131	1385	Pedro Marques	KeMedo Team	Senior Masculino	05:17:09	+02:04:23	09:37
132	1027	Tiago Viana	BIKESEVEN ESPOSENDE TEAM	Senior Masculino	05:17:54	+02:05:08	09:38
133	1216	Leandro Costa	Individual	Senior Masculino	05:17:56	+02:05:10	09:38
134	1041	Miguel Pessanha Moreira	Cães d'Avenida	Senior Masculino	05:18:15	+02:05:29	09:39
135	1256	Ricardo Jorge Soto Maior Ramos	Individual	Senior Masculino	05:18:18	+02:05:32	09:39
136	1208	João Valente	Individual	Senior Masculino	05:18:42	+02:05:56	09:39
137	1197	João Araújo	Individual	Senior Masculino	05:18:53	+02:06:07	09:40
138	1271	Sérgio Varela	Individual	Senior Masculino	05:18:55	+02:06:09	09:40
139	1437	Sergio Marques	O Mundo da Corrida	Senior Masculino	05:19:18	+02:06:32	09:41
140	227	Luis Manuel Costa Pinho	Individual	Senior Masculino	05:19:38	+02:06:52	09:41
141	1101	Rui Viegas	GALHARDOS RUNNERS	Senior Masculino	05:20:24	+02:07:38	09:43
142	1384	Márcio Carvalho	KeMedo Team	Senior Masculino	05:21:22	+02:08:36	09:44
143	1040	Francisco Gonçalves	Cães d'Avenida	Senior Masculino	05:21:46	+02:09:00	09:45
144	1074	Pedro Barbeitos	Corridas & Companhia	Senior Masculino	05:23:18	+02:10:32	09:48
145	1262	Ruben Alvadia	Individual	Senior Masculino	05:23:36	+02:10:50	09:48
146	1486	Fábio Silva	Tarahumara	Senior Masculino	05:23:46	+02:11:00	09:49
147	1485	Carlos Santos	Tarahumara	Senior Masculino	05:23:46	+02:11:00	09:49
148	1069	Hugo Miguel da Costa Freixo	Clube Zupper	Senior Masculino	05:23:49	+02:11:03	09:49
149	1177	Diego Fernández López	Individual	Senior Masculino	05:24:07	+02:11:21	09:49
150	1212	Paulo Magano	CTAD tiagoaragao.com	Senior Masculino	05:26:59	+02:14:13	09:55
151	1207	João Torres	Individual	Senior Masculino	05:27:44	+02:14:58	09:56
152	1178	Diogo Filipe Feliciano Roberto	Individual	Senior Masculino	05:28:04	+02:15:18	09:56
153	1046	Bruno Miguel Tomás Safara	CCD - SIEMENS	Senior Masculino	05:28:11	+02:15:25	09:57
154	1377	André Cunha	I-Run	Senior Masculino	05:28:17	+02:15:31	09:57
155	1025	Telmo Mendonça	Bikes & Friends	Senior Masculino	05:28:26	+02:15:40	09:57
156	1170	César Vidal	Individual	Senior Masculino	05:28:59	+02:16:13	09:58
157	157	Luis Duarte	Individual	Senior Masculino	05:29:20	+02:16:34	09:59
158	1224	LUIS MAROCO	Individual	Senior Masculino	05:29:20	+02:16:34	09:59
159	1159	António Sérgio Rodrigues Pereira	Individual	Senior Masculino	05:31:06	+02:18:20	10:02
160	1460	Bruno Bonito	PROAVENTURAS	Senior Masculino	05:33:16	+02:20:30	10:06
161	1227	Marco Aurélio da Costa Veludo Pires	Individual	Senior Masculino	05:34:26	+02:21:40	10:08
162	1092	Jose Vieira	Funky Runners	Senior Masculino	05:34:46	+02:22:00	10:09
163	1215	José Vitor Pereira	Individual	Senior Masculino	05:34:58	+02:22:12	10:09
164	1441	Vitor Pereira	OFFtel Runners	Senior Masculino	05:35:13	+02:22:27	10:09
165	1419	Domingos José Cepeda Morais	MULTIPOWER GAIA TRAIL	Senior Masculino	05:35:21	+02:22:35	10:10
166	179	Bruno Matos	Individual	Senior Masculino	05:35:22	+02:22:36	10:10

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167	127	Tiago Figueiredo	Montanha Clube Trail Running/Efapel	Senior Masculino	05:36:20	+02:23:34	10:12
168	469	João Fernandes	CCD - SIEMENS	Senior Masculino	05:36:37	+02:23:51	10:12
169	1171	Christophe Manuel Carvalho Moreira	Individual	Senior Masculino	05:38:32	+02:25:46	10:16
170	1049	Roberto Barreto	Centro Vicentino da Serra	Senior Masculino	05:39:34	+02:26:48	10:17
171	1181	Francisco Aragão	Individual	Senior Masculino	05:40:30	+02:27:44	10:19
172	1429	João Filipe A C Ribeiro	NEL - Pédatleta	Senior Masculino	05:40:34	+02:27:48	10:19
173	1268	Rui Moura	Individual	Senior Masculino	05:40:50	+02:28:04	10:20
174	1483	Carlos Brito	Talentos Team	Senior Masculino	05:41:49	+02:29:03	10:20
175	1509	Nuno Filpe Amorim da Silva	TURBULENTOS	Senior Masculino	05:41:57	+02:29:11	10:22
176	1397	Luis João	Microsoft ONE	Senior Masculino	05:42:51	+02:30:05	10:23
177	1175	David Gomes	Individual	Senior Masculino	05:44:58	+02:32:12	10:27
178	1517	Leandro Rocha	UTDP	Senior Masculino	05:45:44	+02:32:58	10:29
179	1425	Rui Manuel Faria Gonçalves	MULTIPOWER GAIA TRAIL	Senior Masculino	05:48:47	+02:36:01	10:34
180	1168	Carlos Carreira	Individual	Senior Masculino	05:49:09	+02:36:23	10:35
181	1104	Nuno Duarte	GDCT UNICRE	Senior Masculino	05:51:01	+02:38:15	10:38
182	1499	Fernando Gabriel Reis Leite	TNT - Trilhos Natura Team	Senior Masculino	05:51:04	+02:38:18	10:38
183	1225	Luis Miguel	Individual	Senior Masculino	05:51:06	+02:38:20	10:38
184	1248	Pedro Marage	Individual	Senior Masculino	05:51:57	+02:39:11	10:40
185	1273	Tiago Paiva	Individual	Senior Masculino	05:51:57	+02:39:11	10:40
186	1131	Leandro César Mateus de Sousa Barros	Individual	Senior Masculino	05:52:02	+02:39:16	10:40
187	1093	Manuel Inacio	Funky Runners	Senior Masculino	05:56:03	+02:43:17	10:47
188	1150	Alexandre Silva	Individual	Senior Masculino	05:56:10	+02:43:24	10:48
189	207	João Paulo Cunha Ribeiro	Individual	Senior Masculino	05:57:03	+02:44:17	10:49
190	1173	daniel	Individual	Senior Masculino	05:57:04	+02:44:18	10:49
191	1172	CRISTIANO RUI FERREIRA VENTURA	Individual	Senior Masculino	06:00:55	+02:48:09	10:56
192	1228	Mauro Fernando Lopes da Silva	Individual	Senior Masculino	06:00:55	+02:48:09	10:56
193	1042	Zé Miguel Almeida	Cães d'Avenida	Senior Masculino	06:02:00	+02:49:14	10:58
194	1230	Miguel Filipe Gonçalves Carvalho Soares	Individual	Senior Masculino	06:02:44	+02:49:58	11:00
195	1204	João Ricardo lima Couto	Individual	Senior Masculino	06:03:12	+02:50:26	11:00
196	1180	Filipe Caprichoso da Silva	Individual	Senior Masculino	06:03:12	+02:50:26	11:00
197	204	Isaac Costa	Individual	Senior Masculino	06:03:40	+02:50:54	11:01
198	241	Nuno Filipe Rodrigues Simões	Individual	Senior Masculino	06:06:00	+02:53:14	11:05
199	1435	Fábio Soares Lourenço	O Mundo da Corrida	Senior Masculino	06:06:55	+02:54:09	11:07
200	1267	Rui Leite	Individual	Senior Masculino	06:09:43	+02:56:57	11:12
201	1102	Christopher Sá	Individual	Senior Masculino	06:10:11	+02:57:25	11:13
202	1235	Nuno Filipe de Freitas Ramalho Correia	Individual	Senior Masculino	06:10:58	+02:58:12	11:14
203	1261	Rodolfo Alexandre Teixeira de Carvalho	Individual	Senior Masculino	06:12:04	+02:59:18	11:16
204	1193	Hugo General	Individual	Senior Masculino	06:12:15	+02:59:29	11:17
205	1383	Helder marques	KeMedo Team	Senior Masculino	06:12:37	+02:59:51	11:17
206	178	Bruno Lima	Individual	Senior Masculino	06:13:17	+03:00:31	11:19
207	1447	Pedro Seixas	Oralklass-Amigos do Trail	Senior Masculino	06:13:23	+03:00:37	11:19
208	1269	Salvador Moreira Rodas	Individual	Senior Masculino	06:13:32	+03:00:46	11:19
209	1412	José Andrade	Mountain trail's	Senior Masculino	06:16:04	+03:03:18	11:24

Official Timekeeper: Lap2Go	6 / 12	generate 30-set-2014 20:39
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Trail Longo

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OFFICIAL RESULT

210	1433	João Vítor Ribeiro Moura Pinto	NO TOMORROW RUNNING TEAM	Senior Masculino	06:17:54	+03:05:08	11:27
211	1432	João Marques	NO TOMORROW RUNNING TEAM	Senior Masculino	06:17:54	+03:05:08	11:27
212	63	Pedro Amorim	Porto Runners	Senior Masculino	06:23:57	+03:11:11	11:38
213	1048	Pedro Pereira	CCD - SIEMENS	Senior Masculino	06:23:58	+03:11:12	11:38
214	1254	Pedro Valente	Individual	Senior Masculino	06:24:20	+03:11:34	11:39
215	1407	Luciano Costa	Montanha Clube Trail Running/Efapel	Senior Masculino	06:26:10	+03:13:24	11:42
216	1431	Sérgio Fernando Alves Brochado	Nice Racing Team	Senior Masculino	06:27:59	+03:15:13	11:45
217	1011	João Narciso Gonçalves	100 Trilhos	Senior Masculino	06:28:23	+03:15:37	11:46
218	1481	Ângelo Cabral	sportzone	Senior Masculino	06:31:44	+03:18:58	11:52
219	1198	João Barreto	Individual	Senior Masculino	06:31:54	+03:19:08	11:53
220	1461	GII Oliveira	PROAVENTURAS	Senior Masculino	06:36:42	+03:23:56	12:01
221	1449	André Velez	Os Trinca-Espinhas	Senior Masculino	06:42:17	+03:29:31	12:11
222	1047	João Dias	CCD - SIEMENS	Senior Masculino	06:43:35	+03:30:49	12:14
223	1078	Luis Rebelo	Diverinstal	Senior Masculino	06:43:44	+03:30:58	12:14
224	168	andre jorge araujo pinheiro	Individual	Senior Masculino	07:00:46	+03:48:00	12:45
225	1257	RICARDO JOSE RODRIGUES ALVES DIAS	Individual	Senior Masculino	07:00:49	+03:48:03	12:45
226	1187	Gonçalo Magalhães Couto Soares	Individual	Senior Masculino	07:04:28	+03:51:42	12:52
227	1080	Vasco Sousa	Diverinstal	Senior Masculino	07:04:45	+03:51:59	12:52
228	1396	João Brazão	Microsoft ONE	Senior Masculino	07:11:18	+03:58:32	13:04
229	1079	Sergio Anjos	Diverinstal	Senior Masculino	07:13:33	+04:00:47	13:08
230	447	Pedro Campos	Clube EDP - Lisboa	Senior Masculino	07:15:44	+04:02:58	13:12
231	1186	Sara Alexandra Neves Pereira	Individual	Senior Masculino	07:35:56	+04:23:10	13:49
232	1455	Bino Sousa	PIXELRUNBIKETRIP	Senior Masculino	07:55:29	+04:42:43	14:25
233	1209	Joaquim	Individual	Senior Masculino	07:55:29	+04:42:43	14:25
234	1456	Francisco Lima	PIXELRUNBIKETRIP	Senior Masculino	07:55:31	+04:42:45	14:25
235	199	Hugo Miguel Godinho Jacob Fragoso	RUN 4 FUN	Senior Masculino	08:10:13	+04:57:27	14:51

Sub 23 Feminino

1	1066	Andreia Cunha	Clube Náutico de Ponte de Lima	Sub 23 Feminino	04:50:26	08:48
2	1391	Solange Inês Monteiro Domingues	Live Curious	Sub 23 Feminino	05:00:33	+10:07 09:06
3	1108	Ana Maria Amaral	GONDOMAR FUTSAL CLUBE	Sub 23 Feminino	05:13:09	+22:43 09:29
4	281	Catarina Soares Peixoto	RUN 4 FUN	Sub 23 Feminino	08:10:12	+03:19:46 14:51

Sub 23 Masculino

1	1280	Romeu Gouveia	Individual	Sub 23 Masculino	03:31:50	06:25
2	1022	Nuno Ferreira	Be Fitness Santo Tirso	Sub 23 Masculino	03:57:01	+25:11 07:11
3	1005	Nuno Pinto Ferreira Carmo	PAPA TRILHOS	Sub 23 Masculino	04:15:53	+44:03 07:45
4	1279	Paulo Mesquita	Individual	Sub 23 Masculino	04:24:14	+52:24 08:00
5	1408	Nuno Filipe Ventura dos Santos Braga	Montanha Clube Trail Running/Efapel	Sub 23 Masculino	04:50:18	+01:18:28 08:48
6	1278	Fábio Mendes	Individual	Sub 23 Masculino	04:54:05	+01:22:15 08:55

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7	1497	Pedro Gonçalves Pilar	Team Procrastinating	Sub 23 Masculino	05:29:30	+01:57:40	09:59
8	1496	Miguel Peixoto Faria	Team Procrastinating	Sub 23 Masculino	06:08:15	+02:36:25	11:10
9	284	João Pedro Castanheira	Individual	Sub 23 Masculino	06:51:46	+03:19:56	12:29

Veterana F40

1	1288	Paula Diz Ferreiro	Individual	Veterana F40	04:53:04	08:53
2	1443	Raquel Pedro	OFFtel Runners	Veterana F40	04:58:49	+05:45 09:03
3	1043	Sara Santos Silva	Cães d'Avenida	Veterana F40	05:18:15	+25:11 09:39
4	1510	Sandra Maria Finisterra Travessas	TURBULENTOS	Veterana F40	05:41:57	+48:53 10:22
5	1287	Paula Cristina Oliveira	Individual	Veterana F40	05:57:06	+01:04:02 10:49
6	1034	Ana Paula Lima	C.A. Amigos Parque da Paz	Veterana F40	05:59:42	+01:06:38 10:54
7	1282	CRISTINA QUELHAS	Individual	Veterana F40	06:10:56	+01:17:52 11:14
8	1283	Fernanda Maria Ferreira de Paiva Alves	Individual	Veterana F40	06:12:04	+01:19:00 11:16
9	1281	Carla Moreira	Individual	Veterana F40	06:29:35	+01:36:31 11:48
10	1035	Sara Colaço	C.A. Amigos Parque da Paz	Veterana F40	06:31:26	+01:38:22 11:52
11	287	Claudia Alexandra da Cunha Pernencar	Individual	Veterana F40	06:33:36	+01:40:32 11:56
12	1290	Sandra Simões	RUN 4 FUN	Veterana F40	06:33:47	+01:40:43 11:56
13	1285	Lilian Kato	RUN 4 FUN	Veterana F40	08:10:12	+03:17:08 14:51

Veterana F45

1	1450	Almerinda Velez	Os Trinca-Espinhas	Veterana F45	04:49:25	08:46
2	1452	Lurdes Silva	OS TUGAS	Veterana F45	05:02:46	+13:21 09:10
3	1498	Fernanda Pinho	The Beauty & The Beasts	Veterana F45	05:07:18	+17:53 09:19
4	1292	Mª Dolores Gonzalez Enriquez	Individual	Veterana F45	05:24:06	+34:41 09:49
5	1293	Maria Santos	Individual	Veterana F45	05:49:18	+59:53 10:35

Veterana F50

1	1053	carmen carlin gago	CLUB DE MONTAÑA SERRA DO SUIDO	Veterana F50	06:02:27		10:59
2	1453	Graça Roldão	OS TUGAS	Veterana F50	06:07:13	+04:46	11:08
3	1294	Rita Valentim	Individual	Veterana F50	06:38:50	+36:23	12:05

Veterano M40

1	1162	Bruno Carvalho	Individual	Veterano M40	03:34:41	06:30
2	1482	Rogério Vicente	STAROLAS	Veterano M40	03:45:41	+11:00 06:50
3	1332	Ricardo Dias	Individual	Veterano M40	03:51:58	+17:17 07:02
4	1306	Guilherme Hora	Individual	Veterano M40	03:57:56	+23:15 07:13
5	1109	Fernando Jorge da Silva Figueiredo	GONDOMAR FUTSAL CLUBE	Veterano M40	04:04:26	+29:45 07:24
6	1099	Augusto Oliveira	GAIA-RUNNING	Veterano M40	04:11:35	+36:54 07:37
7	413	José Alcobia	EDV-VIANA TRAIL	Veterano M40	04:11:45	+37:04 07:38
8	1415	Jorge Pedro	Mountain trail's	Veterano M40	04:13:38	+38:57 07:41

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9	1028	Rui Laranjeira	BIKESEVEN ESPOSENDE TEAM	Veterano M40	04:15:40	+40:59	07:45
10	1329	Rafael Perez	Individual	Veterano M40	04:17:00	+42:19	07:47
11	1303	Eliseo Arza Parracia	Individual	Veterano M40	04:27:59	+53:18	08:07
12	1476	Vitor Rocha	SLB105	Veterano M40	04:29:10	+54:29	08:09
13	1487	JOSÉ BANCALEIRO	TEAM BANCALEIROTRAILSBIKES- PORTALEGRE	Veterano M40	04:30:26	+55:45	08:12
14	1316	MAmanuel Jorge Alves do Nascimento	Individual	Veterano M40	04:33:19	+58:38	08:17
15	1313	leopoldo garcía gonzález	Individual	Veterano M40	04:35:08	+01:00:27	08:20
16	1057	Nuno Patricio	Clube da Natureza de Alvito	Veterano M40	04:38:03	+01:03:22	08:26
17	1308	João Carlos Condesso Neves Batista	Individual	Veterano M40	04:40:02	+01:05:21	08:29
18	1511	João Fernando Santos Costa	TURBULENTOS	Veterano M40	04:43:37	+01:08:56	08:36
19	1075	Paulo Alexandre Lema Pelicano	Corridas De Pernas Pro Ar	Veterano M40	04:46:57	+01:12:16	08:42
20	1501	António Coelho	TRAIL ME	Veterano M40	04:46:58	+01:12:17	08:42
21	1503	Miguel Araújo	TRAIL ME	Veterano M40	04:49:31	+01:14:50	08:46
22	1318	Miguel A. P. dos Santos	Individual	Veterano M40	04:50:02	+01:15:21	08:47
23	1067	Luis Antonio da Rocha Magalhaes	Clube Náutico de Ponte de Lima	Veterano M40	04:50:26	+01:15:45	08:48
24	565	Paulo Pires Alves	Individual	Veterano M40	04:51:08	+01:16:27	08:49
25	477	Carlos Braga	Cães d'Avenida	Veterano M40	04:52:37	+01:17:56	08:52
26	1334	Rui Miguel Fernandes Marino	Individual	Veterano M40	04:53:06	+01:18:25	08:53
27	1301	Bruno Mesquita e Silva	Individual	Veterano M40	04:55:03	+01:20:22	08:56
28	1480	José Miguel Machado Marques dos Santos	Sociedade Columbófila Cantanhedense	Veterano M40	04:58:04	+01:23:23	09:02
29	1312	José Regueiras	Individual	Veterano M40	05:01:14	+01:26:33	09:08
30	1107	António Basto	GIPS- Grupo de Indivíduos que Procuram Sofrimento	Veterano M40	05:04:43	+01:30:02	09:14
31	479	João Lélis	Cães d'Avenida	Veterano M40	05:04:55	+01:30:14	09:14
32	1315	manuel antonio ferreira pinto teixeira	Individual	Veterano M40	05:05:20	+01:30:39	09:15
33	1502	José Luís Oliveira Eusébio	TRAIL ME	Veterano M40	05:05:35	+01:30:54	09:16
34	1337	Viriato Gil Tavares Almeida	Individual	Veterano M40	05:05:38	+01:30:57	09:16
35	1469	LUIS RAMOS	Run Baby Run	Veterano M40	05:06:32	+01:31:51	09:17
36	1094	Nuno Amen	Funky Runners	Veterano M40	05:07:19	+01:32:38	09:19
37	1330	Renato Jorge Alves cardoso	Individual	Veterano M40	05:11:38	+01:36:57	09:27
38	1320	Nelson Fernando Soares dos Santos	Individual	Veterano M40	05:14:55	+01:40:14	09:33
39	1325	Paulo Alexandre Cardoso Rodrigues	Individual	Veterano M40	05:14:57	+01:40:16	09:33
40	1314	Luis Pedro Nogueira	Individual	Veterano M40	05:17:48	+01:43:07	09:38
41	1061	Hélder Coelho	Individual	Veterano M40	05:17:56	+01:43:15	09:38
42	1459	Jorge Miguel marques	Porto Runners	Veterano M40	05:20:34	+01:45:53	09:43
43	1113	Vitor Carvalho	ICC	Veterano M40	05:20:40	+01:45:59	09:43
44	1444	João Domingues	OFFtel Runners	Veterano M40	05:21:43	+01:47:02	09:45
45	1031	Paulo Lagoa	BUDEGUITA RUNNERS	Veterano M40	05:24:29	+01:49:48	09:50
46	1032	Tiago Almeida	BUDEGUITA RUNNERS	Veterano M40	05:24:29	+01:49:48	09:50
47	1331	Renato Silva	Individual	Veterano M40	05:25:39	+01:50:58	09:52
48	1326	Paulo Costa	Individual	Veterano M40	05:28:04	+01:53:23	09:56
49	1055	Américo Manuel Graça Gomes	CLUBE ATLETISMO DE LAMAS	Veterano M40	05:30:47	+01:56:06	10:01
50	1333	Rui Manuel Nascimento Moreira	Individual	Veterano M40	05:30:48	+01:56:07	10:01
51	1552	António Gavina	Individual	Veterano M40	05:38:55	+02:04:14	10:16
52	1328	Pedro Miguel Barbosa	Individual	Veterano M40	05:40:31	+02:05:50	10:19

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53	306	Gomes da Silva	Individual	Veterano M40	05:44:45	+02:10:04	10:27
54	1335	Sérgio Silva	Individual	Veterano M40	05:48:52	+02:14:11	10:34
55	1095	Pedro Costelha	Funky Runners	Veterano M40	05:56:03	+02:21:22	10:47
56	1305	Filipe Nogueira	Individual	Veterano M40	05:57:03	+02:22:22	10:49
57	488	Luís Miguel Roque	C.A. Amigos Parque da Paz	Veterano M40	05:59:44	+02:25:03	10:54
58	308	Joaquim Dias	Individual	Veterano M40	06:07:20	+02:32:39	11:08
59	1297	ANTÓNIO ALBERTO LOURENÇO DA SILVA	Individual	Veterano M40	06:10:07	+02:35:26	11:13
60	1298	António Joaquim Ferreira Cordeiro	Individual	Veterano M40	06:10:21	+02:35:40	11:13
61	1322	Nuno Lima	Individual	Veterano M40	06:13:42	+02:39:01	11:19
62	1300	avelino fernandes	Individual	Veterano M40	06:13:43	+02:39:02	11:19
63	148	Tiago Pedroso	Mete Água	Veterano M40	06:13:53	+02:39:12	11:20
64	1386	Jorge Cabrita de Sousa	Lap2Go	Veterano M40	06:16:54	+02:42:13	11:25
65	1378	Manuel Carvalho	I-Run	Veterano M40	06:20:37	+02:45:56	11:32
66	1324	Nuno Lopes	Individual	Veterano M40	06:26:34	+02:51:53	11:43
67	471	Adelino Silva	CCD - SIEMENS	Veterano M40	06:31:45	+02:57:04	11:52
68	1311	José Miguens	Individual	Veterano M40	06:32:11	+02:57:30	11:53
69	1304	Fernando Monteiro	Individual	Veterano M40	06:45:21	+03:10:40	12:17
70	1395	Luís Andrade	MELRES TRAIL RUNNING - Ordem para arriar	Veterano M40	06:52:11	+03:17:30	12:29
71	1321	Nelson Valente	Individual	Veterano M40	07:20:28	+03:45:47	13:21
72	1310	Joao Penha Garcia	Individual	Veterano M40	07:20:28	+03:45:47	13:21
73	309	jose camelo	Individual	Veterano M40	07:23:42	+03:49:01	13:27
74	1458	Ricardo Murias	PIXELRUNBIKETRIP	Veterano M40	07:55:29	+04:20:48	14:25
75	1457	Jose Barbosa	PIXELRUNBIKETRIP	Veterano M40	07:55:31	+04:20:50	14:25
76	1309	João Fernando Miranda Antunes	Individual	Veterano M40	08:21:09	+04:46:28	15:11

Veterano M45

1	1353	Manuel Emidio Rocha	Individual	Veterano M45	04:11:55	07:38
2	1379	José Carlos Lemos Machado	I-Run	Veterano M45	04:29:13	+17:18 08:09
3	1505	Bruno AF Dias	Trail Vilar de Perdizes	Veterano M45	04:30:22	+18:27 08:12
4	1110	André Miguel Silva Reis	GONDOMAR FUTSAL CLUBE	Veterano M45	04:38:01	+26:06 08:25
5	1349	Juan Carlos Carcedo Fernandez	Individual	Veterano M45	04:38:43	+26:48 08:27
6	1341	Duarte Alves	Individual	Veterano M45	04:38:51	+26:56 08:27
7	1029	Luís Carvalhais	BilaRunners	Veterano M45	04:39:31	+27:36 08:28
8	1477	Pedro Matos	SLB105	Veterano M45	04:41:36	+29:41 08:32
9	1414	Paulo Melanda	Mountain trail's	Veterano M45	04:45:55	+34:00 08:40
10	1361	Ricardo Vázquez Regueiro	Individual	Veterano M45	04:46:45	+34:50 08:41
11	1359	Paulo Jorge Loureiro	Individual	Veterano M45	04:46:51	+34:56 08:42
12	1554	Fernando Mateus	Individual	Veterano M45	04:47:47	+35:52 08:43
13	1354	Manuel Olivera	Individual	Veterano M45	04:47:58	+36:03 08:44
14	1410	António Manuel Fernandes	Montanha Clube Trail Running/Efapel	Veterano M45	04:50:18	+38:23 08:48
15	1445	José Miguel Monteiro	OFFtel Runners	Veterano M45	04:51:29	+39:34 08:50
16	1052	Jorge Freitas	CLAC - ENTRONCAMENTO	Veterano M45	04:52:11	+40:16 08:51
17	1343	João Carlos Carmo Lopes Rodrigues	Individual	Veterano M45	04:53:58	+42:03 08:54

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18	1403	António Almeida	MINHO AVENTURA	Veterano M45	04:54:03	+42:08	08:55
19	1562	João Ricardo Tavares das Neves	Individual	Veterano M45	04:54:27	+42:32	08:55
20	1446	Luis Lages	OFFtel Runners	Veterano M45	04:56:53	+44:58	09:00
21	1006	António José Carmo	PAPA TRILHOS	Veterano M45	05:02:39	+50:44	09:10
22	1352	Manuel dos Passos da Silva Gomes da Cunha	Individual	Veterano M45	05:03:46	+51:51	09:12
23	1363	Sérgio Anunciação	Individual	Veterano M45	05:12:23	+01:00:28	09:28
24	1355	Miguel Magalhaes	Individual	Veterano M45	05:20:34	+01:08:39	09:43
25	485	José Carlos Carvalho	Cães d'Avenida	Veterano M45	05:21:46	+01:09:51	09:45
26	1357	Paulo Baltasar Martins	Individual	Veterano M45	05:22:42	+01:10:47	09:47
27	1351	Manuel Coelho	Individual	Veterano M45	05:24:00	+01:12:05	09:49
28	1356	Nuno Caceres	Individual	Veterano M45	05:25:13	+01:13:18	09:51
29	1342	Francisco Jose Alves Pereira	Individual	Veterano M45	05:25:39	+01:13:44	09:52
30	1345	Joao Nuno Fonseca	PROAVENTURAS	Veterano M45	05:29:21	+01:17:26	09:59
31	1462	Sergio Casal	PROAVENTURAS	Veterano M45	05:29:21	+01:17:26	09:59
32	1339	antonio fernandes	Individual	Veterano M45	05:30:52	+01:18:57	10:02
33	1111	Fernando José Moreira Pereira	GONDOMAR FUTSAL CLUBE	Veterano M45	05:38:46	+01:26:51	10:16
34	1504	Paulo Faria	TRAIL ME	Veterano M45	05:44:57	+01:33:02	10:27
35	1338	Alberto Santos	Individual	Veterano M45	05:49:18	+01:37:23	10:35
36	1105	Paulo Duarte	GDCT UNICRE	Veterano M45	05:51:01	+01:39:06	10:38
37	1054	christophe le corre	CLUB DE MONTAÑA SERRA DO SUIDO	Veterano M45	05:51:02	+01:39:07	10:38
38	1362	Rui Almeida	Individual	Veterano M45	05:54:45	+01:42:50	10:45
39	1358	Paulo Fernando Alves Lima	Individual	Veterano M45	05:57:28	+01:45:33	10:50
40	1037	Luís Pires	C.A. Amigos Parque da Paz	Veterano M45	05:59:44	+01:47:49	10:54
41	1340	Carlos Repolho	Individual	Veterano M45	06:28:27	+02:16:32	11:46
42	1348	jose luis boavista	Individual	Veterano M45	06:46:06	+02:34:11	12:18
43	348	Gilberto Silva	Individual	Veterano M45	07:00:30	+02:48:35	12:45
44	1097	Luis Gatinho	GAAX - Grupo Amigos Auto Xarepe	Veterano M45	07:12:20	+03:00:25	13:06
45	1344	João Malhão Mendes	Individual	Veterano M45	08:21:08	+04:09:13	15:11

Veterano M50

1	1073	Francisco Lemos	CORRE CONNOSCO FELGUEIRAS	Veterano M50	03:41:35	06:43
2	1516	Abilio José Leite Marques	Unidade Especial de Corrida	Veterano M50	04:06:47	+25:12 07:29
3	1479	Carlos Gavinho	SLB105	Veterano M50	04:07:35	+26:00 07:30
4	1478	Arnaldo Rodrigues	SLB105	Veterano M50	04:15:58	+34:23 07:45
5	1030	Luís Fontinha	BilaRunners	Veterano M50	04:25:35	+44:00 08:03
6	1494	José Janela	team famalicão / AFA Cycles	Veterano M50	04:28:25	+46:50 08:08
7	1512	António Ferreira	TURBULENTOS	Veterano M50	04:38:21	+56:46 08:26
8	1514	PAULO JOSÉ DA SILVA BARROS MOREIRA	TURBULENTOS	Veterano M50	04:41:36	+01:00:01 08:32
9	1515	RUI SANTOS	TURBULENTOS	Veterano M50	04:43:38	+01:02:03 08:36
10	1473	Pedro Maria Nogueira Carvalho	SCALABIS NIGHT RUNNERS	Veterano M50	04:45:58	+01:04:23 08:40
11	1364	Álvaro Vieira de Araújo	Individual	Veterano M50	04:49:26	+01:07:51 08:46
12	1404	Pedro Filipe Couto Nóvoa	MINHO AVENTURA	Veterano M50	04:59:10	+01:17:35 09:04

Official Timekeeper: Lap2Go	11 / 12	generate 30-set-2014 20:39
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Trail Longo

33 KM

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OFFICIAL RESULT

13	1369	Manuel Ernesto Garcia Monteiro	Individual	Veterano M50	05:00:52	+01:19:17	09:07
14	366	José Miguel Carmo Pisco	Individual	Veterano M50	05:05:03	+01:23:28	09:15
15	1366	António Santos	Individual	Veterano M50	05:13:10	+01:31:35	09:29
16	1044	António Fonseca	Cães d'Avenida	Veterano M50	05:18:16	+01:36:41	09:39
17	1368	João Anjos	Individual	Veterano M50	05:35:16	+01:53:41	10:10
18	360	Fernando Carvalho Marques	Individual	Veterano M50	05:51:56	+02:10:21	10:40
19	1513	Francisco António dos Santos Costa	TURBULENTOS	Veterano M50	06:05:10	+02:23:35	11:04
20	1371	Paulo Morão	Individual	Veterano M50	06:10:21	+02:28:46	11:13
21	1367	Fernando Alves	Individual	Veterano M50	06:28:17	+02:46:42	11:46
22	1439	Carlos Pinto Coelho	O Mundo da Corrida	Veterano M50	06:37:32	+02:55:57	12:03
23	1370	MARIO RUI LEITE COSTA	Individual	Veterano M50	06:45:21	+03:03:46	12:17
24	1365	António Boavista	Individual	Veterano M50	06:46:06	+03:04:31	12:18
25	1098	Daniel Xarepe	GAAX - Grupo Amigos Auto Xarepe	Veterano M50	07:12:19	+03:30:44	13:06
26	361	İosif Bletan	Individual	Veterano M50	07:48:24	+04:06:49	14:12

Veterano M55

1	1454	Antonio Madeira	Pickle Films	Veterano M55	04:58:22	09:02
2	1086	JOSÉ DUARTE	FALTA MUITO?	Veterano M55	05:03:24	+05:02 09:12
3	370	Gonçalo Miranda	Individual	Veterano M55	05:26:11	+27:49 09:53
4	1451	José Velez	Os Trinca-Espinhas	Veterano M55	05:55:50	+57:28 10:47
5	1564	JOAO JOSE CRUZ CUNHA	Clube Millennium BCP	Veterano M55	07:23:42	+02:25:20 13:27

Veterano M60

1	1295	Jose Eufrazio	Individual	Veterano M60	05:01:14		09:08
2	155	Antonio Vasconcelos Carvalho	I-Run	Veterano M60	05:34:10	+32:56	10:08
3	1374	Álvaro Fernandes	Individual	Veterano M60	05:41:34	+40:20	10:21
4	1563	Rui Silva	C.A. Amigos Parque da Paz	Veterano M60	05:59:42	+58:28	10:54
5	1375	Manuel Faria Sampaio	Individual	Veterano M60	06:18:09	+01:16:55	11:28
6	1561	FERNANDO SANTOS	AFIS/OVAR	Veterano M60	07:50:52	+02:49:38	14:16

TRAIL CURTO

20 KM

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OFFICIAL RESULT

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REVISED

	Time	Temperature	Humidity
Start	10:00	20,6°C	71,5%
End	16:17	20,6°C	71,5%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
1	2001	Asdrubal Carlos Freitas	gondomar futsal clube	Veterano M45	01:53:43		05:41
2	2488	Armandino Taborda	oralklass-amigos do trail	Veterano M40	01:54:02	+00:19	05:42
3	2334	Abilio Ribeiro	individual	Veterano M40	02:07:01	+13:18	06:21
4	2582	Jorge Amorim	clube náutico de ponte de lima	Sub 23 Masculino	02:07:05	+13:22	06:21
5	2037	Gabriel Coutinho	associação desportiva da efaced	Senior Masculino	02:07:15	+13:32	06:22
6	2583	Mathieu Screve	dias isoraval	Senior Masculino	02:07:24	+13:41	06:22
7	2015	LUIS MANUEL COSTA ALEXANDRE	acr santa cita	Senior Masculino	02:07:41	+13:58	06:23
8	2199	Bruno Manuel de Queiros Gonçalves	individual	Senior Masculino	02:08:32	+14:49	06:26
9	2464	Filipe Rodrigues Pereira	minho aventura	Sub 23 Masculino	02:09:35	+15:52	06:29
10	2284	Ricardo Cerejeira	individual	Senior Masculino	02:13:04	+19:21	06:39
11	2444	José Manuel Cabral e Silva	individual	Veterano M55	02:13:19	+19:36	06:40
12	2044	Eduardo Oliveira	associação desportiva da efaced	Veterano M40	02:13:19	+19:36	06:40
13	2301	Pedro Miguel Costa Leite	individual	Sub 23 Masculino	02:15:41	+21:58	06:47
14	2480	Francisco Reis	offtel runners	Veterano M40	02:16:05	+22:22	06:48
15	2258	Nelson Pires	individual	Senior Masculino	02:17:43	+24:00	06:53
16	2335	Adriano Paulo Ferreira Oliveira	individual	Veterano M40	02:17:44	+24:01	06:53
17	2051	André Amorim	budeguita runners	Veterano M45	02:18:10	+24:27	06:54
18	2291	Rui Manuel Campos Silva	individual	Senior Masculino	02:20:16	+26:33	07:01
19	2220	Hugo Marante Lima	individual	Senior Masculino	02:21:24	+27:41	07:04
20	2482	Maria Isabel Areias	oralklass-amigos do trail	Senior Feminino	02:23:00	+29:17	07:09
21	2370	Lucio da Rocha Alves	individual	Veterano M40	02:23:43	+30:00	07:11
22	2020	Ricardo Jorge Quintela Correia	addicted to trail	Senior Masculino	02:24:33	+30:50	07:14
23	2190	Adérito Silva	individual	Senior Masculino	02:25:53	+32:10	07:18
24	2025	Jorge Gomes	arcorun	Senior Masculino	02:27:14	+33:31	07:22
25	2287	Roberto Teixeira	clube náutico de ponte de lima	Senior Masculino	02:29:12	+35:29	07:28
26	2302	Rui Miguel Fão Pinto	individual	Sub 23 Masculino	02:29:41	+35:58	07:29
27	2196	bruno	individual	Senior Masculino	02:29:43	+36:00	07:29
28	2352	Jaime Fernandes	individual	Veterano M40	02:29:55	+36:12	07:30
29	2010	RICARDO MOREIRA	100 juizo trail team	Senior Masculino	02:29:56	+36:13	07:30
30	380	Rogério Coelho	gdr retorta	Senior Masculino	02:30:50	+37:07	07:33
31	2475	Luis Manuel Silva	o mundo da corrida	Senior Masculino	02:30:55	+37:12	07:33
32	2506	Bernardino Pinto	run&shine	Senior Masculino	02:31:06	+37:23	07:33
33	2298	Davide Emanuel Gouveia Cruz	individual	Sub 23 Masculino	02:31:28	+37:45	07:34
34	2036	Fábio Silva	associação desportiva da efaced	Senior Masculino	02:32:44	+39:01	07:38
35	2489	Abel Rodrigues	ordins runners	Sub 23 Masculino	02:33:11	+39:28	07:40
36	2244	Manuel Costa	individual	Senior Masculino	02:33:33	+39:50	07:41
37	2160	Mariana Figueiredo Delgado	individual	Senior Feminino	02:33:51	+40:08	07:42
38	2424	PAULO CONCEICAO	individual	Veterano M45	02:33:52	+40:09	07:42
39	2114	Ana Sousa	ginásio factor x	Veterana F45	02:33:53	+40:10	07:42
40	2398	Cristóbal García González	individual	Veterano M45	02:33:53	+40:10	07:42

TRAIL CURTO

20 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	2232	Jorge Pazos Giraldez	individual	Senior Masculino	02:35:13	+41:30	07:46
42	2483	Rita Loureiro	oralklass-amigos do trail	Senior Feminino	02:35:15	+41:32	07:46
43	2382	Raul Curva	individual	Veterano M40	02:35:40	+41:57	07:47
44	2410	José Paulo Mesquita	individual	Veterano M45	02:36:49	+43:06	07:50
45	2434	Antonio Teixeira	individual	Veterano M50	02:36:56	+43:13	07:51
46	2209	Emanuel Moreira Machado Costa	individual	Senior Masculino	02:37:12	+43:29	07:52
47	2433	Alípio Lopes	individual	Veterano M50	02:38:19	+44:36	07:55
48	2063	Cesar Francisco	cesarfrancisco.com cantanhede xmas trail race	Veterano M40	02:38:25	+44:42	07:55
49	2584	Benajmim Kauffmann	dias isoraval	Sub 23 Masculino	02:38:36	+44:53	07:56
50	2532	Rui Juvenal Rodrigues de Andrade	team duas faces	Senior Masculino	02:38:58	+45:15	07:57
51	2354	joão manuel cruz	individual	Veterano M40	02:39:14	+45:31	07:58
52	2348	Francisco Manuel Magalhães Teotónio	individual	Veterano M40	02:39:17	+45:34	07:58
53	2019	Marta Susana Pereira Rosa	addicted to trail	Senior Feminino	02:39:27	+45:44	07:58
54	2487	Ruben Filipe da Silva Martins	oralklass-amigos do trail	Senior Masculino	02:39:27	+45:44	07:58
55	2027	Nuno Fernandes	arcorun	Senior Masculino	02:39:38	+45:55	07:59
56	2467	JORGE NORTE	mov'et	Veterano M45	02:39:39	+45:56	07:59
57	2292	RUI MIGUEL GONÇALVES DE ALMEIDA	individual	Senior Masculino	02:39:40	+45:57	07:59
58	2087	André Saleiro	edv-viana trail	Veterano M40	02:39:52	+46:09	08:00
59	2198	Bruno Luis Rodrigues Lima	individual	Senior Masculino	02:40:35	+46:52	08:02
60	2217	Helder Silva	individual	Senior Masculino	02:40:40	+46:57	08:02
61	2555	José Luis Sobrinho	x-trail vigo	Veterano M40	02:42:11	+48:28	08:07
62	2070	Nuno Miguel Morais Freitas	clube náutico de ponte de lima	Senior Masculino	02:42:13	+48:30	08:07
63	2124	Ana Miranda	individual	Senior Feminino	02:42:15	+48:32	08:07
64	2458	José Joaquim Pinto da Silva Marques	malcor serralharia / jotinfor / iluminho	Senior Masculino	02:42:42	+48:59	08:08
65	2267	João Gonçalves	individual	Senior Masculino	02:42:43	+49:00	08:08
66	2439	Manuel Franco Cividanes	individual	Veterano M50	02:43:06	+49:23	08:09
67	2390	rui pedro gonçalves borges	individual	Veterano M40	02:44:47	+51:04	08:14
68	2060	Pedro Barros	canard running team	Senior Masculino	02:45:38	+51:55	08:17
69	2269	Pedro Alves	individual	Senior Masculino	02:45:47	+52:04	08:17
70	2395	ANTÓNIO AUGUSTO COSTA	individual	Veterano M45	02:46:01	+52:18	08:18
71	2278	Pedro Monteiro	individual	Senior Masculino	02:46:11	+52:28	08:19
72	2413	Lieven Verraest	individual	Veterano M45	02:46:38	+52:55	08:20
73	2363	José Carlos Roque da Costa	individual	Veterano M40	02:46:48	+53:05	08:20
74	2342	Daniel Mota	individual	Veterano M40	02:47:20	+53:37	08:22
75	2045	Cláudia Medeiros Silva	atlético clube são mamede	Veterana F45	02:48:57	+55:14	08:27
76	2358	João Paulo Nobre Santos Marques	individual	Veterano M40	02:49:07	+55:24	08:27
77	2530	Nuno Sobral	team duas faces	Senior Masculino	02:50:33	+56:50	08:32
78	2531	Pedro Manuel Vieira Branco	team duas faces	Senior Masculino	02:50:33	+56:50	08:32
79	2189	Adão Vaz	individual	Senior Masculino	02:50:54	+57:11	08:33
80	2580	Joana Sousa	clube náutico de ponte de lima	Sub 23 Feminino	02:51:40	+57:57	08:35
81	2095	Fernando Jorge Oliveira	ffitgaia trail	Veterano M45	02:51:42	+57:59	08:35
82	2428	Pedro Guimaraes	individual	Veterano M45	02:51:43	+58:00	08:35
83	2251	Michael Leal e Sousa	individual	Senior Masculino	02:51:45	+58:02	08:35

TRAIL CURTO

20 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
84	2412	LEANDRO FREITAS	individual	Veterano M45	02:52:08	+58:25	08:36
85	2042	Pedro Cruz	associação desportiva da efaced	Senior Masculino	02:52:12	+58:29	08:37
86	2245	Márcio Fernando Batista da Silva	individual	Senior Masculino	02:52:15	+58:32	08:37
87	2465	Lurdes Gil	mountain trail's	Veterana F40	02:52:18	+58:35	08:37
88	2210	Estêvão Gonçalves	individual	Senior Masculino	02:52:20	+58:37	08:37
89	2223	João Faria	individual	Senior Masculino	02:52:37	+58:54	08:38
90	2549	Rui Fernandes	vimarunners	Senior Masculino	02:52:56	+59:13	08:39
91	2340	Carlos Augusto Martins da Silva	individual	Veterano M40	02:53:28	+59:45	08:40
92	2471	Aurégio Gonçalves Coelho da Silva	nel - pédatleta	Senior Masculino	02:53:28	+59:45	08:40
93	2013	Luís Miguel Vale	4 runners team	Senior Masculino	02:53:39	+59:56	08:41
94	2038	Ivo Silva	associação desportiva da efaced	Senior Masculino	02:54:30	+01:00:47	08:43
95	2274	Pedro Faria	individual	Senior Masculino	02:55:23	+01:01:40	08:46
96	2477	Vera Bizarro	o mundo da corrida	Senior Feminino	02:55:24	+01:01:41	08:46
97	2455	André Daniel Cunha Fernandes	malcor serralharia / jotinfor / iluminho	Senior Masculino	02:55:33	+01:01:50	08:47
98	1380	Dário Gil	kemedo team	Senior Masculino	02:55:33	+01:01:50	08:47
99	2094	António João da Rocha Machado	ffitgaia trail	Senior Masculino	02:55:35	+01:01:52	08:47
100	2213	Fidel Conde	individual	Senior Masculino	02:55:36	+01:01:53	08:47
101	2014	José Ricardo Oliveira Martins Pinheiro	a.d.amarante trail running	Senior Masculino	02:55:58	+01:02:15	08:48
102	2590	Pedro Teixeira	individual	Veterano M40	02:56:02	+01:02:19	08:48
103	2247	Marco Marques	individual	Senior Masculino	02:56:05	+01:02:22	08:48
104	2242	Luis Costa	individual	Senior Masculino	02:56:08	+01:02:25	08:48
105	2319	Rute Maria Duarte	individual	Veterana F40	02:56:10	+01:02:27	08:48
106	2469	Jorge Machado	myosotis	Senior Masculino	02:56:24	+01:02:41	08:49
107	2430	Rafael Gutierrez Araujo	individual	Veterano M45	02:56:25	+01:02:42	08:49
108	2181	Susana Alexandra da Silva Nunes Guerra Liberal	individual	Senior Feminino	02:57:06	+01:03:23	08:51
109	2206	Daniel Monteiro	individual	Senior Masculino	02:57:18	+01:03:35	08:52
110	2481	Rui Calado	offtel runners	Veterano M40	02:57:21	+01:03:38	08:52
111	2317	Paula Nascimento	individual	Veterana F40	02:57:27	+01:03:44	08:52
112	2443	Jose Magalhães	individual	Veterano M55	02:57:28	+01:03:45	08:52
113	2585	Anthony Lemos	dias isoraval	Senior Masculino	02:57:28	+01:03:45	08:52
114	2233	José António Martins Meira	individual	Senior Masculino	02:57:33	+01:03:50	08:53
115	2511	Pedro Coelho	running team lantemil	Senior Masculino	02:57:33	+01:03:50	08:53
116	2499	Antolín Martínez Martínez	pescasub atalaia	Senior Masculino	02:57:52	+01:04:09	08:54
117	2073	Pedro Cancelo	clube zipper	Senior Masculino	02:58:10	+01:04:27	08:55
118	2421	Nelson Ramos	individual	Veterano M45	02:58:23	+01:04:40	08:55
119	2337	António José ferreira	individual	Veterano M40	02:58:44	+01:05:01	08:56
120	2468	Carla Moreira	myosotis	Senior Feminino	02:59:04	+01:05:21	08:57
121	2166	Nádia Filipa Pais Casteleiro	individual	Senior Feminino	02:59:18	+01:05:35	08:58
122	2577	Fernando Alves	individual	Senior Masculino	03:00:37	+01:06:54	09:02
123	2414	Luis Alberto Alonso Vicente	individual	Veterano M45	03:01:10	+01:07:27	09:03
124	2385	Ricardo Meireles	individual	Veterano M40	03:01:11	+01:07:28	09:04
125	2437	José Mendes	individual	Veterano M50	03:01:13	+01:07:30	09:04
126	2509	Nuno Ricardo Ribeiro	run@figueira	Veterano M40	03:01:34	+01:07:51	09:05
127	2257	Nelson Antunes Lopes	individual	Veterano M40	03:01:47	+01:08:04	09:05
128	2450	Juvenal Sousa	individual	Veterano M60	03:01:56	+01:08:13	09:06

TRAIL CURTO

20 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
129	2192	alberto jose bezerra costa quintiaes	individual	Senior Masculino	03:02:10	+01:08:27	09:06
130	2423	Paulo Azevedo	individual	Veterano M45	03:02:16	+01:08:33	09:07
131	2349	Helder Manuel Ferreira Gomes	individual	Veterano M40	03:02:22	+01:08:39	09:07
132	2445	Luís Costa	individual	Veterano M55	03:03:13	+01:09:30	09:10
133	2017	Ana Raquel Fernandes Torres	addicted to trail	Senior Feminino	03:03:15	+01:09:32	09:10
134	2391	Sérgio Machado	individual	Veterano M40	03:03:15	+01:09:32	09:10
135	2365	José Carvalho Gomes	individual	Veterano M40	03:03:46	+01:10:03	09:11
136	2429	Pedro Sousa	individual	Veterano M45	03:03:48	+01:10:05	09:11
137	2476	Pedro Pinto	o mundo da corrida	Senior Masculino	03:03:56	+01:10:13	09:12
138	2452	Paulo Sousa	kemedo team	Senior Masculino	03:04:06	+01:10:23	09:12
139	2074	Raquel Lagoa	corridas de pernas pro ar	Sub 23 Feminino	03:04:15	+01:10:32	09:13
140	2492	Rosa M Garcia Villar	os fura montanhas	Veterana F45	03:04:21	+01:10:38	09:13
141	2229	joao pedro marques	individual	Senior Masculino	03:04:27	+01:10:44	09:13
142	2021	Ana Vieira	amigos do pedal / trailagares	Senior Feminino	03:04:40	+01:10:57	09:14
143	2299	Jorge Miguel Cibrão Ribeiro	individual	Sub 23 Masculino	03:04:41	+01:10:58	09:14
144	2167	Patrícia Daniela da Cunha Amorim	individual	Senior Feminino	03:04:54	+01:11:11	09:15
145	2376	Paulo Correia Alves	caetano runners	Veterano M40	03:04:55	+01:11:12	09:15
146	2081	Iva Campelo	edv-viana trail	Senior Feminino	03:05:32	+01:11:49	09:17
147	2540	Anibal Botelho	team siguritos	Senior Masculino	03:05:33	+01:11:50	09:17
148	2456	Domingos Jerónimo Ribeiro Gomes	malcor serralharia / jotinfor / iluminho	Senior Masculino	03:05:33	+01:11:50	09:17
149	2039	Jorge Pereira	associação desportiva da efacec	Senior Masculino	03:06:13	+01:12:30	09:19
150	2043	Vitor Silva	associação desportiva da efacec	Senior Masculino	03:06:13	+01:12:30	09:19
151	2082	Maria Martins	edv-viana trail	Senior Feminino	03:06:19	+01:12:36	09:19
152	2533	ANA MOREIRA	team duas faces	Sub 23 Feminino	03:06:19	+01:12:36	09:19
153	2371	MIGUEL ANGELO COSTA TEIXEIRA	individual	Veterano M40	03:06:28	+01:12:45	09:19
154	2104	Cesar Serrão	funky runners	Veterano M40	03:06:28	+01:12:45	09:19
155	2280	Rafael Galvão	individual	Senior Masculino	03:06:55	+01:13:12	09:21
156	2270	Pedro António Moreira Machado Costa	individual	Senior Masculino	03:06:56	+01:13:13	09:21
157	2379	Paulo Jorge Martins Rodrigues	individual	Veterano M40	03:06:57	+01:13:14	09:21
158	2383	Renato Augusto Silva	individual	Veterano M45	03:07:00	+01:13:17	09:21
159	2290	Rui Fernando Rosas Oliveira	individual	Senior Masculino	03:07:00	+01:13:17	09:21
160	2018	Blandine Gomes Craveiro Ramirez	addicted to trail	Senior Feminino	03:07:02	+01:13:19	09:21
161	2116	Andreia Amorim	gondomar futsal clube	Senior Feminino	03:07:27	+01:13:44	09:22
162	2212	Fernando Silva	individual	Senior Masculino	03:07:34	+01:13:51	09:23
163	2306	Cláudia Graça	individual	Veterana F40	03:07:47	+01:14:04	09:23
164	2226	João Miguel de Almeida Cerejeira	individual	Senior Masculino	03:08:03	+01:14:20	09:24
165	2286	Ricardo Miguel Pocinho Silva	individual	Senior Masculino	03:09:59	+01:16:16	09:30
166	2504	Maria Júlia Alves Ribeiro	queiróz team	Veterana F45	03:10:06	+01:16:23	09:30
167	2505	Manuel António Carvalhosa Alves	queiróz team	Veterano M45	03:10:07	+01:16:24	09:30
168	2526	José Pedro Pinto Silva	tartarugas do asfalto	Veterano M40	03:10:41	+01:16:58	09:32
169	2525	Cristina Maria Fundevila Teixeira	tartarugas do asfalto	Veterana F40	03:10:41	+01:16:58	09:32
170	2529	Miguel José Freitas Leite	team duas faces	Senior Masculino	03:10:44	+01:17:01	09:32
171	2057	CARLOS CAMPOS VIANA	caetano runners	Senior Masculino	03:11:13	+01:17:30	09:34
172	2058	Manuel Alves	caetano runners	Senior Masculino	03:11:14	+01:17:31	09:34

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
173	2351	Hugo Manuel Gallego Machado Sousa Brito	individual	Veterano M40	03:11:18	+01:17:35	09:34
174	2372	Miguel Carlos Vieira Barros	individual	Veterano M40	03:11:34	+01:17:51	09:35
175	2394	Alberto Galamba	individual	Veterano M45	03:12:09	+01:18:26	09:36
176	2297	Sérgio José Fernandes	individual	Senior Masculino	03:12:17	+01:18:34	09:37
177	2084	Vítor Manuel Dias Gonçalves	edv-viana trail	Senior Masculino	03:12:56	+01:19:13	09:39
178	2380	Paulo Machado	individual	Veterano M40	03:13:36	+01:19:53	09:41
179	2360	Jorge Suzano	individual	Veterano M40	03:14:42	+01:20:59	09:44
180	2092	Maria Elisa Soares Duarte Gomes	fernanda maciel - material ortopédico e hospitalar	Senior Feminino	03:14:49	+01:21:06	09:44
181	2145	Elsa Barbosa	individual	Senior Feminino	03:15:12	+01:21:29	09:46
182	2547	Pedro Carvalhido	viana runners	Senior Masculino	03:15:33	+01:21:50	09:47
183	2329	Irene Maria Martins Azevedo Monte	individual	Veterana F45	03:15:37	+01:21:54	09:47
184	2373	Nuno Oliveira e Silva	individual	Veterano M40	03:15:37	+01:21:54	09:47
185	2248	Marco Viana	individual	Senior Masculino	03:15:41	+01:21:58	09:47
186	2474	Lucia Martins	o mundo da corrida	Senior Feminino	03:15:45	+01:22:02	09:47
187	2457	João Eduardo Cerqueira da Mota	malcor serralharia / jotinfor / iluminho	Senior Masculino	03:15:52	+01:22:09	09:48
188	4049	Miguel Faria	individual	Senior Masculino	03:16:07	+01:22:24	09:48
189	2144	Elisabete Maria Soutulho Coelho Alves	individual	Senior Feminino	03:16:16	+01:22:33	09:49
190	2216	Gonçalo Pinheiro	individual	Senior Masculino	03:16:18	+01:22:35	09:49
191	2119	Rui Sameiro Ribeiro Maio	hotel santana - grupo campos,sa.	Veterano M40	03:16:28	+01:22:45	09:49
192	2553	Mário Marques	xtrail bolas running team	Senior Masculino	03:16:34	+01:22:51	09:50
193	2551	Fernando Ramos	xtrail bolas running team	Senior Masculino	03:16:37	+01:22:54	09:50
194	2188	Xénia Betsabé Sousa Alves da Silva Graça	individual	Senior Feminino	03:17:52	+01:24:09	09:54
195	2359	João Pedro da Costa Cabral Caetano	individual	Veterano M40	03:18:40	+01:24:57	09:56
196	2402	João Soares	individual	Veterano M45	03:18:43	+01:25:00	09:56
197	2239	Leandro Miguel Lopes da Costa Rainha	individual	Senior Masculino	03:18:47	+01:25:04	09:56
198	2271	Pedro Barbosa	individual	Senior Masculino	03:18:47	+01:25:04	09:56
199	2361	Jorge Yong	individual	Veterano M40	03:19:05	+01:25:22	09:57
200	2052	Raquel Correia Soares Ribeiro	bullshit	Senior Feminino	03:19:09	+01:25:26	09:57
201	2105	Antonio Carvalho	funky runners	Veterano M50	03:19:38	+01:25:55	09:59
202	2346	Ana Ferreira	nast	Veterano M40	03:20:10	+01:26:27	10:00
203	2399	Diogo Conceição	individual	Veterano M45	03:20:22	+01:26:39	10:01
204	2012	NUNO ESPERANÇA	100 juizo trail team	Veterano M40	03:21:07	+01:27:24	10:03
205	2436	José Manuel A. Silva	individual	Veterano M50	03:21:13	+01:27:30	10:04
206	2090	Joel marques	fast ao km	Senior Masculino	03:21:19	+01:27:36	10:04
207	2091	Cândido Rocha	fast ao km	Veterano M60	03:21:19	+01:27:36	10:04
208	2050	Maria do Carmo Loureiro	budeguita runners	Veterana F40	03:21:20	+01:27:37	10:04
209	2207	David dos Santos	individual	Senior Masculino	03:21:30	+01:27:47	10:04
210	2397	Claudio Pinto	individual	Veterano M45	03:21:37	+01:27:54	10:05
211	2028	Amilcar Ferreira	arcorun	Veterano M40	03:21:44	+01:28:01	10:05
212	2357	João Miguel Macedo	individual	Veterano M40	03:22:05	+01:28:22	10:06
213	2071	Jesus Carlos Alvarez Ballesteros	clube náutico de ponte de lima	Veterano M50	03:22:08	+01:28:25	10:06
214	2214	Filipe Garcia	individual	Senior Masculino	03:22:10	+01:28:27	10:06

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
215	2343	Domingos José Fernandes Monteiro	individual	Veterano M40	03:22:19	+01:28:36	10:07
216	2080	Anabela Silva	edv-viana trail	Senior Feminino	03:22:20	+01:28:37	10:07
217	2153	Joana Azevedo	individual	Senior Feminino	03:22:32	+01:28:49	10:08
218	2054	Maria da La Salette Sousa e Silva	bullshit	Veterana F40	03:22:34	+01:28:51	10:08
219	2272	Pedro Castro	clube náutico de ponte de lima	Senior Masculino	03:22:38	+01:28:55	10:08
220	2331	Sónia Padilha	individual	Veterana F45	03:22:38	+01:28:55	10:08
221	2344	Eduardo Atraca	individual	Veterano M40	03:22:40	+01:28:57	10:08
222	2218	Hugo Alexandre Pacheco de Faria dos Anjos Ferreira	individual	Senior Masculino	03:22:41	+01:28:58	10:08
223	2241	Luis Correia	individual	Senior Masculino	03:22:42	+01:28:59	10:08
224	2016	Ana Cristina Pereira Rosa	addicted to trail	Senior Feminino	03:22:46	+01:29:03	10:08
225	2534	Celso Reis Ferreira Dos Reis	team siguritos	Senior Masculino	03:23:14	+01:29:31	10:10
226	2088	Rui Couto	edv-viana trail	Veterano M40	03:23:16	+01:29:33	10:10
227	2268	Pedro Alves	individual	Senior Masculino	03:23:20	+01:29:37	10:10
228	2347	Fernando Lima	individual	Veterano M40	03:24:51	+01:31:08	10:15
229	2096	Rui Sá	ffitgaia trail	Veterano M50	03:25:14	+01:31:31	10:16
230	2484	Rosa Pereira	oralklass-amigos do trail	Senior Feminino	03:25:15	+01:31:32	10:16
231	2486	Ricardo Jorge Arezes Lima	oralklass-amigos do trail	Senior Masculino	03:25:15	+01:31:32	10:16
232	2485	Sandra Elisabete da Silva Moreira	oralklass-amigos do trail	Senior Feminino	03:25:15	+01:31:32	10:16
233	2396	António Jorge Campelos	individual	Veterano M45	03:25:17	+01:31:34	10:16
234	2128	ANABELA SALGADO	individual	Senior Feminino	03:25:18	+01:31:35	10:16
235	2194	ANDRÉ FERNANDES	individual	Senior Masculino	03:25:30	+01:31:47	10:16
236	2588	Raul Coelho	parjovem/satecnosol	Senior Masculino	03:25:30	+01:31:47	10:17
237	2586	Ricardo José Fernandes Monteiro	individual	Senior Masculino	03:25:30	+01:31:47	10:17
238	2117	Vitor Manuel Ribeiro	gondomar futsal clube	Veterano M50	03:25:48	+01:32:05	10:17
239	2514	Ricardo Heleno	s&h	Senior Masculino	03:26:08	+01:32:25	10:18
240	2513	Ana Rita Silva	s&h	Senior Feminino	03:26:09	+01:32:26	10:18
241	2431	Rui Lima	individual	Veterano M45	03:26:35	+01:32:52	10:20
242	2253	Miguel Novo	individual	Senior Masculino	03:26:53	+01:33:10	10:21
243	2300	José Manuel Martins de Pinho	individual	Sub 23 Masculino	03:28:13	+01:34:30	10:25
244	2238	José Santos	individual	Senior Masculino	03:28:34	+01:34:51	10:26
245	2183	Jose Presa	individual	Senior Feminino	03:28:47	+01:35:04	10:26
246	2548	Célia Vital	viana runners	Veterana F40	03:29:09	+01:35:26	10:27
247	2495	Sérgio Fernando Ferraz Carvalho	"os turbomula" d.o.c.	Veterano M40	03:29:57	+01:36:14	10:30
248	2031	Pedro Melo	arcorun	Veterano M45	03:30:03	+01:36:20	10:30
249	2065	paulo de castro rocha	clube de veteranos do porto	Veterano M55	03:30:11	+01:36:28	10:31
250	2350	Hermínio Pinho	individual	Veterano M40	03:30:11	+01:36:28	10:31
251	2093	João Aixue Xinhua	fernanda maciel - material ortopédico e hospitalar	Senior Masculino	03:30:39	+01:36:56	10:32
252	2176	Silvia Vieira	individual	Senior Feminino	03:30:55	+01:37:12	10:33
253	2401	Francisco Santos	individual	Veterano M45	03:31:05	+01:37:22	10:33
254	2419	Mário Ribeiro	individual	Veterano M45	03:31:10	+01:37:27	10:34
255	2435	Joaquim Matos	individual	Veterano M50	03:31:11	+01:37:28	10:34
256	2479	Mariana Ortigoso	offtel runners	Senior Feminino	03:31:26	+01:37:43	10:34
257	2472	João Fael	nel - pédatleta	Senior Masculino	03:31:28	+01:37:45	10:34
258	2265	Oscar Veloso	individual	Senior Masculino	03:32:12	+01:38:29	10:37

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
259	2420	Miguel Angelo do Carmo Pardal	individual	Veterano M45	03:32:13	+01:38:30	10:37
260	2404	Jorge Manuel da Silva Faria Novo	individual	Veterano M45	03:32:17	+01:38:34	10:37
261	2200	Carlos Filipe Leão Torres Correia de Castro	individual	Senior Masculino	03:32:26	+01:38:43	10:37
262	2442	José Carlos Ramos	individual	Veterano M55	03:32:52	+01:39:09	10:39
263	2310	Maria Amélio Rodrigues	individual	Veterana F40	03:33:52	+01:40:09	10:42
264	2542	João Pimentel Torres	turbulentos	Senior Masculino	03:33:58	+01:40:15	10:42
265	2545	Vasco Araújo	turbulentos	Veterano M50	03:33:58	+01:40:15	10:42
266	2400	Emanuel Fernando de Oliveira Duraes	individual	Veterano M45	03:34:08	+01:40:25	10:42
267	2386	Rui Estrela de Oliveira	individual	Veterano M40	03:34:27	+01:40:44	10:43
268	2230	joao vasco ferreira granja de araujo	individual	Senior Masculino	03:34:30	+01:40:47	10:43
269	2125	Ana Paula da Silva Nunes	individual	Senior Feminino	03:34:34	+01:40:51	10:44
270	2407	José Henrique Ferreira de Oliveira	individual	Veterano M45	03:35:30	+01:41:47	10:47
271	2179	Sónia Cruz	individual	Senior Feminino	03:35:36	+01:41:53	10:47
272	2466	Túlia Aires	mov'et	Senior Feminino	03:35:36	+01:41:53	10:47
273	2427	Paulo Sousa	individual	Veterano M45	03:35:40	+01:41:57	10:47
274	2085	Elisabete Carvalho	edv-viana trail	Veterana F40	03:36:13	+01:42:30	10:49
275	2086	Rosa Lobato	edv-viana trail	Veterana F40	03:36:13	+01:42:30	10:49
276	2009	HUGO PALMEIRA	100 juizo trail team	Senior Masculino	03:36:38	+01:42:55	10:50
277	2008	LILIANA ARAUJO	100 juizo trail team	Senior Feminino	03:36:38	+01:42:55	10:50
278	2375	Paulo Cavaco	individual	Veterano M40	03:36:50	+01:43:07	10:51
279	2139	Cristina Barros	individual	Senior Feminino	03:37:31	+01:43:48	10:53
280	2259	Nelson Rodrigues	individual	Senior Masculino	03:37:32	+01:43:49	10:53
281	2453	Marília da Conceição da Silva Macieira	macieirinhas	Senior Feminino	03:37:35	+01:43:52	10:53
282	2131	Bárbara Rocha	individual	Senior Feminino	03:39:05	+01:45:22	10:57
283	2275	Pedro Ferreira	individual	Senior Masculino	03:39:09	+01:45:26	10:57
284	2035	Domingos Nogueira	associação desportiva da efacec	Senior Masculino	03:39:21	+01:45:38	10:58
285	2502	Pedro Avelino Silva	print team	Senior Masculino	03:39:34	+01:45:51	10:59
286	2123	Ana Margarida Nogueira Coelho	individual	Senior Feminino	03:40:23	+01:46:40	11:01
287	2283	Ricardo Andre Vale Monteiro	individual	Senior Masculino	03:41:02	+01:47:19	11:03
288	2459	Isabel Damião	maratonices	Senior Feminino	03:42:07	+01:48:24	11:06
289	2323	Susana Canhola	individual	Veterana F40	03:42:19	+01:48:36	11:07
290	2304	Alexandra Barradas	individual	Veterana F40	03:42:29	+01:48:46	11:07
291	2115	Adelaide Vigário	ginásio factor x	Veterana F50	03:42:29	+01:48:46	11:07
292	2313	Maria Manuel Calvo	individual	Veterana F40	03:42:55	+01:49:12	11:09
293	2345	EDUARDO JAIME MAGALHÃES RODRIGUES	individual	Veterano M40	03:42:59	+01:49:16	11:09
294	2494	Miguel Angelo Rodrigues Pinto de Faria	"os turbomula" d.o.c.	Veterano M40	03:43:10	+01:49:27	11:10
295	2228	João Paulo Rodrigues	individual	Senior Masculino	03:43:12	+01:49:29	11:10
296	2303	Tiago Amorim	individual	Sub 23 Masculino	03:43:12	+01:49:29	11:10
297	2266	Paulo Amorim	individual	Senior Masculino	03:43:12	+01:49:29	11:10
298	2155	Manuela Cristina Morais Tavares	individual	Senior Feminino	03:43:13	+01:49:30	11:10
299	2140	Cristina da Silva pires	individual	Senior Feminino	03:43:25	+01:49:42	11:10
300	2103	Hugo Cortez Marques	funky runners	Senior Masculino	03:43:40	+01:49:57	11:11

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
301	2387	Rui Faria	individual	Veterano M40	03:43:47	+01:50:04	11:11
302	2460	Henrique Rocha	maratonices	Veterano M40	03:44:22	+01:50:39	11:13
303	2295	Sérgio	individual	Senior Masculino	03:44:56	+01:51:13	11:15
304	2205	Daniel Machado	individual	Senior Masculino	03:45:12	+01:51:29	11:16
305	2523	Vitor Joaquim Silva Lopes	tãlentos team	Senior Masculino	03:45:20	+01:51:37	11:16
306	2422	PAULO ALMEIDA	individual	Veterano M45	03:45:39	+01:51:56	11:17
307	2288	Rui Alves	individual	Senior Masculino	03:45:46	+01:52:03	11:17
308	2224	Joao Guerreiro	individual	Senior Masculino	03:45:54	+01:52:11	11:18
309	2211	Fernando J. M. Silva	individual	Senior Masculino	03:45:56	+01:52:13	11:18
310	2069	Maria Solanja Teixeira Ferraz	clube montanha do funchal	Veterana F55	03:45:56	+01:52:13	11:18
311	2064	Hélder Silva	clube atletismo de lamas	Senior Masculino	03:45:56	+01:52:13	11:18
312	2172	Hugo Pimentel	gbes	Senior Masculino	03:46:08	+01:52:25	11:18
313	2184	Teresa Oliveira	individual	Senior Feminino	03:46:10	+01:52:27	11:18
314	2587	Paulo Saraiva	individual	Senior Masculino	03:46:31	+01:52:48	11:20
315	2546	Paulo Pimentel Torres	turbulentos	Veterano M55	03:46:37	+01:52:54	11:20
316	2141	Daniela Mota Machado	individual	Senior Feminino	03:46:40	+01:52:57	11:20
317	2173	Sara Marinho	individual	Senior Feminino	03:46:47	+01:53:04	11:20
318	2157	MARIA LUISA	individual	Senior Feminino	03:46:52	+01:53:09	11:21
319	2059	Alice Capelas	canard running team	Senior Feminino	03:47:16	+01:53:33	11:22
320	2163	Marta Simoes	individual	Senior Feminino	03:48:52	+01:55:09	11:27
321	2273	Pedro Fão	individual	Senior Masculino	03:49:22	+01:55:39	11:28
322	2169	Sandra Guerreiro	individual	Senior Feminino	03:49:36	+01:55:53	11:29
323	2446	Manuel Cunha Lima	individual	Veterano M55	03:50:12	+01:56:29	11:31
324	2215	Filipe Rodrigues	individual	Senior Masculino	03:50:21	+01:56:38	11:31
325	2175	Sílvia Sousa	individual	Senior Feminino	03:50:29	+01:56:46	11:31
326	2049	Fernando Lopes	team duas faces	Senior Masculino	03:50:36	+01:56:53	11:32
327	2047	Albertina Machado	biarunners	Veterana F45	03:51:33	+01:57:50	11:35
328	2113	Armandina da Silva Torres	gdct incm	Veterana F40	03:51:33	+01:57:50	11:35
329	2418	manuel oliveira	individual	Veterano M45	03:51:40	+01:57:57	11:35
330	2029	Jorge Leite	arcorun	Veterano M40	03:52:01	+01:58:18	11:36
331	2594	Nuno Santos	individual	Senior Masculino	03:52:12	+01:58:29	11:37
332	2148	Gabriela Rodrigues	offtel runners	Senior Feminino	03:52:26	+01:58:43	11:37
333	2393	Vitor Manuel metrogos frango	individual	Veterano M40	03:52:26	+01:58:43	11:37
334	2089	CIDALIA PEIXOTO	factor x	Veterana F40	03:52:37	+01:58:54	11:38
335	2062	José Amaro	centro de cultura e desporto dos funcionários da polícia judiciária do porto	Veterano M45	03:53:18	+01:59:35	11:40
336	2448	Rui Carmo	individual	Veterano M55	03:53:40	+01:59:57	11:41
337	2389	Rui Miguel de Carvalho Gameiro	individual	Veterano M40	03:53:40	+01:59:57	11:41
338	2222	João Cravo	individual	Senior Masculino	03:54:42	+02:00:59	11:44
339	2118	António José Pereira Queiroz	gondomar futsal clube	Veterano M55	03:54:57	+02:01:14	11:45
340	2219	Hugo Barroso	individual	Senior Masculino	03:55:32	+02:01:49	11:47
341	2353	João Carlos Fernandes Tondela	individual	Veterano M40	03:55:35	+02:01:52	11:47
342	2535	Francisco Jorge Moreira da Silva	team siguritos	Senior Masculino	03:55:43	+02:02:00	11:47
343	2537	FILIPE ALBERTO MONTEIRO PINTO	team siguritos	Veterano M40	03:56:27	+02:02:44	11:49
344	2296	Sérgio André Cunha Brites	individual	Senior Masculino	03:56:43	+02:03:00	11:50

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
345	2378	PAULO JORGE DE SOUSA MAGALHÃES	individual	Veterano M40	03:56:54	+02:03:11	11:51
346	2411	Júlio Costa	individual	Veterano M45	03:57:56	+02:04:13	11:54
347	2501	Claudia Angeira	print team	Senior Feminino	03:58:07	+02:04:24	11:54
348	2122	Ana Isabel Abreu Mendonça	individual	Senior Feminino	03:58:45	+02:05:02	11:56
349	2041	Mário Ferreira	associação desportiva da efaced	Senior Masculino	03:59:46	+02:06:03	11:59
350	2032	Vitor Manuel Feteira de Matos Pimenta	arism - associação recreativa de s. miguel	Veterano M45	04:01:55	+02:08:12	12:06
351	2250	Mário Marques	individual	Senior Masculino	04:01:57	+02:08:14	12:06
352	2521	Paulo Fernandes	sidónios	Senior Masculino	04:02:54	+02:09:11	12:09
353	2520	Rui Craveiro	sidónios	Senior Masculino	04:02:55	+02:09:12	12:09
354	2522	Tiago Bastos	sidónios	Senior Masculino	04:02:55	+02:09:12	12:09
355	2518	Flávio Gomes	sidónios	Senior Masculino	04:02:55	+02:09:12	12:09
356	2381	Pedro Fonseca Silva Sousa Oliveira	individual	Veterano M40	04:02:59	+02:09:16	12:09
357	2193	Alexandre Bernardo	individual	Senior Masculino	04:03:33	+02:09:50	12:11
358	2336	António Afonso	individual	Veterano M40	04:04:14	+02:10:31	12:13
359	2142	Débora Vilas Boas	individual	Senior Feminino	04:04:15	+02:10:32	12:13
360	2554	Ricardo Alheiro	xtrail bolas running team	Senior Masculino	04:04:16	+02:10:33	12:13
361	2164	Monica Borges	individual	Senior Feminino	04:05:09	+02:11:26	12:15
362	2231	Jorge Borges	individual	Senior Masculino	04:05:09	+02:11:26	12:15
363	2552	Helder Costa	xtrail bolas running team	Senior Masculino	04:05:35	+02:11:52	12:17
364	2195	António Barros	individual	Senior Masculino	04:05:57	+02:12:14	12:18
365	2154	Ju Vaz	individual	Senior Feminino	04:07:05	+02:13:22	12:21
366	2367	José Luis Santos Ribeiro Fachada	individual	Veterano M40	04:07:05	+02:13:22	12:21
367	2225	João Luis Mendes Jacinto	individual	Senior Masculino	04:07:18	+02:13:35	12:22
368	2168	Patrícia Ribeiro	individual	Senior Feminino	04:07:18	+02:13:35	12:22
369	2425	Paulo Jorge Pereira de Lima Vieira Gomes	individual	Veterano M45	04:08:05	+02:14:22	12:24
370	2406	José Carlos Moita Gorgulho Soares Branco	individual	Veterano M45	04:09:40	+02:15:57	12:29
371	2543	Carlos Manuel Carvalho Brito	turbulentos	Veterano M40	04:09:49	+02:16:06	12:29
372	2339	Artur Rosário	individual	Veterano M40	04:10:04	+02:16:21	12:30
373	2147	flaviana santos	individual	Senior Feminino	04:10:05	+02:16:22	12:30
374	2470	catia gomes	nel - pédatleta	Senior Feminino	04:10:11	+02:16:28	12:31
375	2294	Rui Miguel Meca	individual	Senior Masculino	04:10:12	+02:16:29	12:31
376	2503	DIANA TAVARES	prr/ad quinta	Senior Feminino	04:10:13	+02:16:30	12:31
377	2311	Maria da Conceição Coelho	individual	Veterano M40	04:10:13	+02:16:30	12:31
378	2011	OLGA SAMOES	100 juizo trail team	Veterana F40	04:10:13	+02:16:30	12:31
379	2305	Bernardete Morita	individual	Senior Masculino	04:10:20	+02:16:37	12:31
380	2498	Elisabete Estrela	pedal'arte	Veterana F40	04:11:29	+02:17:46	12:34
381	2161	Marília Noro	individual	Senior Feminino	04:11:34	+02:17:51	12:35
382	2186	Vanessa Filipa Leite Ramos Cunha	individual	Senior Feminino	04:11:34	+02:17:51	12:35
383	2327	Elisa Maia	individual	Veterana F45	04:13:30	+02:19:47	12:40
384	2201	carlos manuel amaro de aráujo	individual	Senior Masculino	04:13:35	+02:19:52	12:41
385	2309	Inês Barroso	individual	Veterana F40	04:15:35	+02:21:52	12:47
386	2581	João Amorim	clube náutico de ponte de lima	Sub 23 Masculino	04:16:31	+02:22:48	12:50

TRAIL CURTO

20 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
387	2550	Ana Patricio	xtrail bolas running team	Senior Feminino	04:16:36	+02:22:53	12:50
388	2493	Rafael Santos	os tugas	Veterano M45	04:18:19	+02:24:36	12:55
389	2388	Rui Marcial Alves Ribeiro de Azevedo Cardoso	individual	Veterano M40	04:18:47	+02:25:04	12:56
390	2366	José Emílio Esteves Monteiro	individual	Veterano M40	04:18:47	+02:25:04	12:56
391	2362	jose antonio nabuco e costa	individual	Veterano M40	04:18:48	+02:25:05	12:56
392	2454	Salete Maria da Silva Macieira	macieirinhas	Veterana F40	04:19:15	+02:25:32	12:58
393	2326	CRISTINA MARIA BASTOS DOS SANTOS	individual	Veterana F45	04:20:15	+02:26:32	13:01
394	2308	Gabriela Santos	individual	Veterana F40	04:20:15	+02:26:32	13:01
395	2384	Renato Celestino	individual	Veterano M40	04:20:53	+02:27:10	13:03
396	2048	Ana Luisa Dias	budeguita runners	Senior Feminino	04:21:20	+02:27:37	13:04
397	2127	Ana Sousa	individual	Senior Feminino	04:21:20	+02:27:37	13:04
398	2528	Sílvia Teixeira	team duas faces	Senior Feminino	04:22:12	+02:28:29	13:07
399	2261	Nuno Miguel Miranda de Moura e Silva	individual	Senior Masculino	04:22:25	+02:28:42	13:07
400	2544	Joao Nuno Ferreira Cruz Pinto	turbulentos	Veterano M40	04:24:08	+02:30:25	13:12
401	2243	Luís Moreira	individual	Senior Masculino	04:24:34	+02:30:51	13:14
402	2235	José Guimarães	individual	Senior Masculino	04:24:36	+02:30:53	13:14
403	2260	Nuno Cardoso	individual	Senior Masculino	04:25:37	+02:31:54	13:17
404	2121	Ana Cristina C. A. Machado	individual	Senior Feminino	04:26:45	+02:33:02	13:20
405	2324	Ana Oliveira	individual	Veterana F45	04:26:45	+02:33:02	13:20
406	2165	Mónica Rute Vilas Boas	individual	Senior Feminino	04:26:47	+02:33:04	13:20
407	2510	CARLA BERINGUILHO	run@figueira	Veterana F40	04:28:17	+02:34:34	13:25
408	2507	Helena Margarida Marques Matias	run@figueira	Senior Feminino	04:28:17	+02:34:34	13:25
409	2508	Nuno Miguel Marreiros Bandarra dos Reis	run@figueira	Senior Masculino	04:28:17	+02:34:34	13:25
410	2076	Angela Moita	corridas de pernas pro ar	Veterana F50	04:29:19	+02:35:36	13:28
411	2077	Cristina Pelicano	corridas de pernas pro ar	Veterana F50	04:29:19	+02:35:36	13:28
412	2328	Florbela de Almeida Pires	individual	Veterana F45	04:30:10	+02:36:27	13:31
413	2174	Sara Sezifredo	individual	Senior Feminino	04:30:52	+02:37:09	13:33
414	2171	Sandra Martinho Rodrigues	individual	Senior Feminino	04:30:52	+02:37:09	13:33
415	2108	Justino Soares	furapraia	Senior Masculino	04:32:34	+02:38:51	13:38
416	2112	Flávio Oliveira	g.a."os tartarugas"	Veterano M45	04:33:34	+02:39:51	13:41
417	2111	Maria Batista	g.a."os tartarugas"	Veterana F45	04:33:34	+02:39:51	13:41
418	2156	Maria Aurora Martins Portela	individual	Senior Feminino	04:33:44	+02:40:01	13:41
419	2264	Nuno Silva	individual	Senior Masculino	04:33:44	+02:40:01	13:41
420	2138	Claudia Amaral	individual	Senior Feminino	04:33:55	+02:40:12	13:42
421	2377	Paulo Jorge Cardoso Alves	individual	Veterano M40	04:34:44	+02:41:01	13:44
422	2130	armanda maria amaro de araujo	individual	Senior Feminino	04:37:48	+02:44:05	13:53
423	2515	Patrícia Santos	salamandrecos	Veterana F40	04:38:52	+02:45:09	13:57
424	2132	Carla Beato	individual	Senior Feminino	04:38:53	+02:45:10	13:57
425	2040	Manuel Moura	associação desportiva da efacec	Senior Masculino	04:39:06	+02:45:23	13:57
426	2236	José jacinto	individual	Senior Masculino	04:39:28	+02:45:45	13:58
427	2512	Pedro Tavares	running team maia	Senior Masculino	04:39:50	+02:46:07	14:00
428	2170	Sandra Isabel Lopes Pera	individual	Senior Feminino	04:43:12	+02:49:29	14:10
429	2490	Joao Fonseca	os carros vassoura	Senior Feminino	04:43:25	+02:49:42	14:10

TRAIL CURTO

20 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
430	2462	Catarina Silva	maratonices	Senior Feminino	04:47:03	+02:53:20	14:21
431	2463	Ricardo Mendes	maratonices	Senior Masculino	04:47:03	+02:53:20	14:21
432	2461	Ricardo Gaspar Mendes Ferreira Ribeiro	maratonices	Veterano M40	04:47:45	+02:54:02	14:23
433	2022	Rui Manuel Marques Andrade	anin	Senior Feminino	04:48:33	+02:54:50	14:26
434	2023	Inês Correia Rosa	anin	Senior Feminino	04:48:33	+02:54:50	14:26
435	2159	Maria Rocha	individual	Senior Feminino	04:49:10	+02:55:27	14:28
436	2415	Luis Madeira	individual	Veterano M45	04:49:15	+02:55:32	14:28
437	2330	rita felizol	individual	Veterana F45	04:49:15	+02:55:32	14:28
438	2180	Sónia Reis	individual	Senior Feminino	04:52:51	+02:59:08	14:39
439	2129	Andreia Reis	individual	Senior Feminino	04:52:51	+02:59:08	14:39
440	2177	Sofia Apolinario	individual	Senior Feminino	04:54:00	+03:00:17	14:42
441	2102	Vera Costa	funky runners	Senior Feminino	04:54:26	+03:00:43	14:43
442	2256	Nara Fraga	individual	Senior Masculino	04:54:42	+03:00:59	14:44
443	2325	Vitaliano Costa	individual	Veterana F45	04:54:43	+03:01:00	14:44
444	2126	Ana Rita Nunes Claro	individual	Senior Feminino	04:55:22	+03:01:39	14:46
445	2276	Pedro José Saavedra Teixeira da Costa	individual	Senior Masculino	04:55:23	+03:01:40	14:46
446	2197	Bruno Flávio Ferreira Macieira	individual	Senior Masculino	04:58:01	+03:04:18	14:54
447	2405	José Carlos Ferreira Dias	individual	Veterano M45	04:59:10	+03:05:27	14:58
448	2100	Rafaela Carvalho	funky runners	Senior Feminino	05:01:42	+03:07:59	15:05
449	2333	Eugénia do Vale	individual	Veterana F55	05:10:20	+03:16:37	15:31
450	2024	Alexandre Fernandes	arcorun	Senior Masculino	05:11:21	+03:17:38	15:34
451	2500	Sergio Fernández Rodríguez	pescasub atalaia	Veterano M40	05:14:04	+03:20:21	15:42
452	2408	José Mateus	individual	Veterano M45	05:16:08	+03:22:25	15:48
453	2321	Sandra Almeida	individual	Veterana F40	05:16:08	+03:22:25	15:48
454	2078	jaime queiroz macedo	diastextil	Veterano M40	05:16:10	+03:22:27	15:49
455	2338	António Pedro Sereno	individual	Veterano M40	05:16:18	+03:22:35	15:49
456	2006	Natalya Marcheva	10 p`ras 11	Veterana F45	05:17:06	+03:23:23	15:51
457	2579	Sonya Pereira	individual	Senior Feminino	05:18:32	+03:24:49	15:56
458	2106	Marta Soares	furapraia	Senior Feminino	05:22:39	+03:28:56	16:08
459	2149	Gina Correia	individual	Senior Feminino	05:23:01	+03:29:18	16:09
460	2307	Cristina Dias	individual	Veterana F40	05:30:55	+03:37:12	16:33
461	2099	Li Costelha	funky runners	Senior Feminino	05:31:01	+03:37:18	16:33
462	2254	Moisés de Jesus Ferreira Frutuoso	individual	Senior Masculino	05:33:00	+03:39:17	16:39
463	2497	Maria Alexandra Salvador	paredes aventura	Veterana F40	05:34:33	+03:40:50	16:44
464	2496	Raquel Andrade	paredes aventura	Senior Feminino	05:34:33	+03:40:50	16:44
465	2097	Claudia Coelho	funky runners	Senior Feminino	05:54:25	+04:00:42	17:43
466	2098	Cristiana Coelho	funky runners	Senior Feminino	05:54:25	+04:00:42	17:43
467	2072	Paulo Silva	clube zipper	Senior Masculino	05:57:14	+04:03:31	17:52
468	2277	Pedro Matos	individual	Senior Masculino	05:58:01	+04:04:18	17:54
469	2237	Jose Lemos	individual	Senior Masculino	06:04:04	+04:10:21	18:12
470	2079	Vitor Queiroz	diastextil	Veterano M40	06:07:27	+04:13:44	18:22
471	2289	Rui Chorado	individual	Senior Masculino	06:10:14	+04:16:31	18:31
472	2204	César Manuel Queiros Macedo	individual	Senior Masculino	06:16:12	+04:22:29	18:49

Obs

Official Timekeeper: Lap2Go	11 / 13	generate 02-out-2014 01:27
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TRAIL CURTO

20 KM

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OFFICIAL RESULT

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REVISED

BIB	NOTE	NAME	TEAM	CAT
2033	DQ	Paulo Manuel Pereira de Sousa	Associação Cultural e recreativa de Calheiros	Veterano M40
2034	DQ	Vitor Manuel Pereira de Sousa	Associação Cultural e recreativa de Calheiros	Veterano M45
2046	DQ	Ricardo Amadeu Fernandes Cunha	Bikes & Friends	Senior Masculino
2120	DQ	Alexandra Freitas	Individual	Senior Feminino
2449	DQ	Rui Ralha	Individual	Veterano M55
2589	DQ	Fernando Monteiro	Individual	Senior Feminino
2208	DNF	Emanuel Costa	Individual	Senior Masculino
2002	DNS	Claudia Magalhães	Nucleo Montanha Espinho	Veterana F40
2003	DNS	Patrícia Amaro	10 P`ras 11	Sub 23 Feminino
2004	DNS	Teresa Mendes	10 P`ras 11	Veterana F40
2005	DNS	Amélia Fernandes	10 P`ras 11	Veterana F45
2007	DNS	Anabela Peres	10 P`ras 11	Veterana F50
2026	DNS	Nuno Barbosa	ARCORUN	Senior Masculino
2030	DNS	Paulo Grilo	ARCORUN	Veterano M40
2053	DNS	Sergio Vale	Bullshit	Senior Feminino
2055	DNS	Sílvia Portugal	Cães d'Avenida	Veterana F50
2056	DNS	ZÉLIA CAMPOS VIANA	CAETANO RUNNERS	Senior Feminino
2061	DNS	CARLOS ALFAIATE	CASA DO BENFICA EM ABRANTES	Veterano M60
2066	DNS	Rita Chaves Rebelo	Clube do Pessoal EDP - Delegação de Gaia	Senior Feminino
2067	DNS	ANA LUCIA CABRAL CARDOSO LOPES	Clube Millennium BCP	Senior Feminino
2068	DNS	LUIS FILIPE FURTADO CARDOSO LOPES	Clube Millennium BCP	Senior Masculino
2075	DNS	Aurora Pires	Corridas De Pernas Pro Ar	Veterana F40
2083	DNS	Amaro Costa	EDV-VIANA TRAIL	Senior Masculino
2107	DNS	Johny Carrabau	Furapraia	Senior Masculino
2109	DNS	Pedro Oliveira	Furapraia	Senior Masculino
2133	DNS	CARLA ELISABETE FERREIRA RAMOS	Individual	Senior Feminino
2134	DNS	Carla freitas	Individual	Senior Feminino
2137	DNS	Clarisse Ribeiro	Individual	Senior Feminino
2143	DNS	diana mata	Individual	Senior Feminino
2146	DNS	Ercilia Rosa Pereira	Individual	Senior Feminino
2151	DNS	Helena Janeiro	Individual	Senior Feminino
2158	DNS	Maria Novais	Individual	Senior Feminino
2162	DNS	Marta Regina Queirós Couto	Individual	Senior Masculino
2178	DNS	Sofia Sá	Individual	Senior Feminino
2182	DNS	Susana Alexandra da Silva Nunes Guerra Liberal	Individual	Senior Feminino
2185	DNS	Tiago Loureiro Dias	Individual	Senior Feminino
2187	DNS	Vera Lucia Pinto de Sousa	Individual	Senior Feminino
2202	DNS	Carlos Nuno Morais Fernandes	Individual	Senior Masculino
2203	DNS	Carlos Silveira	Individual	Senior Masculino
2221	DNS	IVO JORGE PINTO RAMOS	Individual	Senior Masculino
2227	DNS	João Paulo Leandro Gonçalves	Individual	Senior Masculino
2234	DNS	José Carlos Ferreira Mendes	Individual	Senior Masculino
2240	DNS	Luis Silva	Individual	Senior Masculino
2246	DNS	Márcio Manuel Fernandes Novo	Individual	Senior Masculino

TRAIL CURTO

20 KM



OFFICIAL RESULT

2249	DNS	Mário Jorge Barbosa Amorim da Silva	Individual	Senior Masculino
2252	DNS	Miguel Faria	Individual	Senior Masculino
2255	DNS	Nalter da Rocha Simões	Individual	Senior Masculino
2262	DNS	Nuno Rabaça	Individual	Senior Masculino
2263	DNS	Nuno Silva	Individual	Senior Masculino
2279	DNS	Pedro Reis Rosário	Individual	Senior Masculino
2281	DNS	Raphael Simões Fernandes Stanzani	Individual	Senior Masculino
2282	DNS	RAUL PEDRO PEREIRA GRILO	Individual	Senior Masculino
2293	DNS	Rui Miguel Guimaraes	Individual	Senior Masculino
2312	DNS	Maria do Rosário Nunes da Silva	Individual	Veterana F40
2314	DNS	Maria susana Limpo de Lacerda Marques da Silva Alves	Individual	Veterana F40
2315	DNS	Marta Cardoso	Individual	Veterana F40
2318	DNS	Rute Duarte	Individual	Veterana F40
2320	DNS	Sandra Almeida	Individual	Veterana F40
2322	DNS	Sandra Carvalho	Individual	Veterana F40
2332	DNS	Marta Rossini	Individual	Veterana F50
2341	DNS	Carlos Peixoto	Individual	Veterano M40
2355	DNS	Joao Manuel Dias Rei	Individual	Veterano M40
2356	DNS	joão manuel margato pereira	Individual	Veterano M40
2364	DNS	José Carlos Teixeira Soares	Individual	Veterano M40
2368	DNS	José Luis Sobrino Rodríguez	Individual	Veterano M40
2369	DNS	José Machado	Individual	Veterano M40
2374	DNS	Paulo Antunes	Individual	Veterano M40
2392	DNS	Sérgio Manuel Costa Sousa	Individual	Veterano M40
2403	DNS	Joaquim Almeida	Individual	Veterano M45
2409	DNS	José Mateus	Individual	Veterano M45
2416	DNS	LUIS MAGALHÃES	Individual	Veterano M45
2426	DNS	Paulo Ribeiro	Individual	Veterano M45
2432	DNS	rui pedro coelho pereira	Individual	Veterano M45
2438	DNS	Leonardo Cerejeira	Individual	Veterano M50
2440	DNS	Álvaro Koehler	Individual	Veterano M55
2441	DNS	ANTONIO MONIZ	Individual	Veterano M55
2447	DNS	Manuel Moura	Individual	Veterano M55
2451	DNS	Elisabete Carneiro	JN	Senior Feminino
2473	DNS	Salete Regina Tavares Guarda	NEL - Pédatleta	Senior Feminino
2491	DNS	Rosa Cunha	Os Fura Montanhas	Veterana F45
2516	DNS	Inês do Nascimento Guilherme de Melo	SCALABIS NIGHT RUNNERS	Senior Feminino
2517	DNS	Lucilene Santa Rita Cardoso	SCALABIS NIGHT RUNNERS	Senior Feminino
2519	DNS	Bruno Silva	Sidónios	Senior Masculino
2524	DNS	Carla Oliveira	Tartarugas do Asfalto	Senior Feminino
2527	DNS	Fernando João Rodrigues Moreira Alves	Tartarugas do Asfalto	Veterano M45
2536	DNS	JOSE FERNANDO MOREIRA DA SILVA	team siguritos	Senior Masculino
2538	DNS	FRANCISCO XAVIER MOTA	team siguritos	Veterano M45
2539	DNS	Agostinho Belimiro de Matos	team siguritos	Senior Masculino
2541	DNS	Isabel Henriques	Terroros do Asfalto	Senior Feminino
2578	DNS	Ricardo Lírio	Vitalis Running Team	Senior Masculino

Trail Curto

20 KM



OFFICIAL RESULT

	Time	Temperature	Humidity
Start	10:00	20,6°C	71,5%
End	16:17	20,6°C	71,5%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	2482	Maria Isabel Areias	Oralklass-Amigos do Trail	Senior Feminino	02:23:00		07:09
2	2160	Mariana Figueiredo Delgado	Individual	Senior Feminino	02:33:51	+10:51	07:42
3	2483	Rita Loureiro	Oralklass-Amigos do Trail	Senior Feminino	02:35:15	+12:15	07:46
4	2019	Marta Susana Pereira Rosa	Addicted to trail	Senior Feminino	02:39:27	+16:27	07:58
5	2124	Ana Miranda	Individual	Senior Feminino	02:42:15	+19:15	08:07
6	2477	Vera Bizarro	O Mundo da Corrida	Senior Feminino	02:55:24	+32:24	08:46
7	2181	Susana Alexandra da Silva Nunes Guerra Liberal	Individual	Senior Feminino	02:57:06	+34:06	08:51
8	2468	Carla Moreira	Myosotis	Senior Feminino	02:59:04	+36:04	08:57
9	2166	Nádia Filipa Pais Casteleiro	Individual	Senior Feminino	02:59:18	+36:18	08:58
10	2017	Ana Raquel Fernandes Torres	Addicted to trail	Senior Feminino	03:03:15	+40:15	09:10
11	2021	Ana Vieira	Amigos do Pedal / TraiLagares	Senior Feminino	03:04:40	+41:40	09:14
12	2167	Patrícia Daniela da Cunha Amorim	Individual	Senior Feminino	03:04:54	+41:54	09:15
13	2081	Iva Campelo	EDV-VIANA TRAIL	Senior Feminino	03:05:32	+42:32	09:17
14	2082	Maria Martins	EDV-VIANA TRAIL	Senior Feminino	03:06:19	+43:19	09:19
15	2018	Blandine Gomes Craveiro Ramirez	Addicted to trail	Senior Feminino	03:07:02	+44:02	09:21
16	2116	Andreia Amorim	GONDOMAR FUTSAL CLUBE	Senior Feminino	03:07:27	+44:27	09:22
17	2092	Maria Elisa Soares Duarte Gomes	Fernanda Maciel - Material Ortopédico e Hospitalar	Senior Feminino	03:14:49	+51:49	09:44
18	2145	Elsa Barbosa	Individual	Senior Feminino	03:15:12	+52:12	09:46
19	2474	Lucia Martins	O Mundo da Corrida	Senior Feminino	03:15:45	+52:45	09:47
20	2144	Elisabete Maria Soutulho Coelho Alves	Individual	Senior Feminino	03:16:16	+53:16	09:49
21	2188	Xénia Betsabé Sousa Alves da Silva Graça	Individual	Senior Feminino	03:17:52	+54:52	09:54
22	2052	Raquel Correia Soares Ribeiro	Bullshit	Senior Feminino	03:19:09	+56:09	09:57
23	2080	Anabela Silva	EDV-VIANA TRAIL	Senior Feminino	03:22:20	+59:20	10:07
24	2153	Joana Azevedo	Individual	Senior Feminino	03:22:32	+59:32	10:08
25	2016	Ana Cristina Pereira Rosa	Addicted to trail	Senior Feminino	03:22:46	+59:46	10:08
26	2484	Rosa Pereira	Oralklass-Amigos do Trail	Senior Feminino	03:25:15	+01:02:15	10:16
27	2485	Sandra Elisabete da Silva Moreira	Oralklass-Amigos do Trail	Senior Feminino	03:25:15	+01:02:15	10:16
28	2128	ANABELA SALGADO	Individual	Senior Feminino	03:25:18	+01:02:18	10:16
29	2513	Ana Rita Silva	S&H	Senior Feminino	03:26:09	+01:03:09	10:18
30	2183	Jose Presa	Individual	Senior Feminino	03:28:47	+01:05:47	10:26
31	2176	Silvia Vieira	Individual	Senior Feminino	03:30:55	+01:07:55	10:33
32	2479	Mariana Ortigoso	OFFtel Runners	Senior Feminino	03:31:26	+01:08:26	10:34
33	2125	Ana Paula da Silva Nunes	Individual	Senior Feminino	03:34:34	+01:11:34	10:44
34	2179	Sónia Cruz	Individual	Senior Feminino	03:35:36	+01:12:36	10:47
35	2466	Túlia Aires	Mov'et	Senior Feminino	03:35:36	+01:12:36	10:47
36	2008	LILIANA ARAUJO	100 JUIZO TRAIL TEAM	Senior Feminino	03:36:38	+01:13:38	10:50
37	2139	Cristina Barros	Individual	Senior Feminino	03:37:31	+01:14:31	10:53

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38	2453	Marília da Conceição da Silva Macieira	Macieirinhas	Senior Feminino	03:37:35	+01:14:35	10:53
39	2131	Bárbara Rocha	Individual	Senior Feminino	03:39:05	+01:16:05	10:57
40	2123	Ana Margarida Nogueira Coelho	Individual	Senior Feminino	03:40:23	+01:17:23	11:01
41	2459	Isabel Damião	MARATONICES	Senior Feminino	03:42:07	+01:19:07	11:06
42	2155	Manuela Cristina Morais Tavares	Individual	Senior Feminino	03:43:13	+01:20:13	11:10
43	2140	Cristina da Silva pires	Individual	Senior Feminino	03:43:25	+01:20:25	11:10
44	2184	Teresa Oliveira	Individual	Senior Feminino	03:46:10	+01:23:10	11:18
45	2141	Daniela Mota Machado	Individual	Senior Feminino	03:46:40	+01:23:40	11:20
46	2173	Sara Marinho	Individual	Senior Feminino	03:46:47	+01:23:47	11:20
47	2157	MARIA LUISA	Individual	Senior Feminino	03:46:52	+01:23:52	11:21
48	2059	Alice Capelas	Canard Running Team	Senior Feminino	03:47:16	+01:24:16	11:22
49	2163	Marta Simoes	Individual	Senior Feminino	03:48:52	+01:25:52	11:27
50	2169	Sandra Guerreiro	Individual	Senior Feminino	03:49:36	+01:26:36	11:29
51	2175	Sílvia Sousa	Individual	Senior Feminino	03:50:29	+01:27:29	11:31
52	2148	Gabriela Rodrigues	OFFtel Runners	Senior Feminino	03:52:26	+01:29:26	11:37
53	2501	Claudia Angeira	Print Team	Senior Feminino	03:58:07	+01:35:07	11:54
54	2122	Ana Isabel Abreu Mendonça	Individual	Senior Feminino	03:58:45	+01:35:45	11:56
55	2142	Débora Vilas Boas	Individual	Senior Feminino	04:04:15	+01:41:15	12:13
56	2164	Monica Borges	Individual	Senior Feminino	04:05:09	+01:42:09	12:15
57	2154	Ju Vaz	Individual	Senior Feminino	04:07:05	+01:44:05	12:21
58	2168	Patrícia Ribeiro	Individual	Senior Feminino	04:07:18	+01:44:18	12:22
59	2147	flaviana santos	Individual	Senior Feminino	04:10:05	+01:47:05	12:30
60	2470	catia gomes	NEL - Pédatleta	Senior Feminino	04:10:11	+01:47:11	12:31
61	2503	DIANA TAVARES	PRT/AD QUINTA	Senior Feminino	04:10:13	+01:47:13	12:31
62	2161	Marília Noro	Individual	Senior Feminino	04:11:34	+01:48:34	12:35
63	2186	Vanessa Filipa Leite Ramos Cunha	Individual	Senior Feminino	04:11:34	+01:48:34	12:35
64	2550	Ana Patricio	Xtrail Bolas Running Team	Senior Feminino	04:16:36	+01:53:36	12:50
65	2048	Ana Luisa Dias	BUDEGUITA RUNNERS	Senior Feminino	04:21:20	+01:58:20	13:04
66	2127	Ana Sousa	Individual	Senior Feminino	04:21:20	+01:58:20	13:04
67	2528	Sílvia Teixeira	Team DUAS FACES	Senior Feminino	04:22:12	+01:59:12	13:07
68	2121	Ana Cristina C. A. Machado	Individual	Senior Feminino	04:26:45	+02:03:45	13:20
69	2165	Mónica Rute Vilas Boas	Individual	Senior Feminino	04:26:47	+02:03:47	13:20
70	2507	Helena Margarida Marques Matias	run@figueira	Senior Feminino	04:28:17	+02:05:17	13:25
71	2174	Sara Sezifredo	Individual	Senior Feminino	04:30:52	+02:07:52	13:33
72	2171	Sandra Martinho Rodrigues	Individual	Senior Feminino	04:30:52	+02:07:52	13:33
73	2156	Maria Aurora Martins Portela	Individual	Senior Feminino	04:33:44	+02:10:44	13:41
74	2138	Claudia Amaral	Individual	Senior Feminino	04:33:55	+02:10:55	13:42
75	2130	armanda maria amaro de araujo	Individual	Senior Feminino	04:37:48	+02:14:48	13:53
76	2132	Carla Beato	Individual	Senior Feminino	04:38:53	+02:15:53	13:57
77	2170	Sandra Isabel Lopes Pera	Individual	Senior Feminino	04:43:12	+02:20:12	14:10
78	2490	Joao Fonseca	OS CARROS VASSOURA	Senior Feminino	04:43:25	+02:20:25	14:10
79	2462	Catarina Silva	MARATONICES	Senior Feminino	04:47:03	+02:24:03	14:21
80	2022	Rui Manuel Marques Andrade	ANIN	Senior Feminino	04:48:33	+02:25:33	14:26
81	2023	Inês Correia Rosa	ANIN	Senior Feminino	04:48:33	+02:25:33	14:26
82	2159	Maria Rocha	Individual	Senior Feminino	04:49:10	+02:26:10	14:28
83	2180	Sónia Reis	Individual	Senior Feminino	04:52:51	+02:29:51	14:39

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84	2129	Andreia Reis	Individual	Senior Feminino	04:52:51	+02:29:51	14:39
85	2177	Sofia Apolinario	Individual	Senior Feminino	04:54:00	+02:31:00	14:42
86	2102	Vera Costa	Funky Runners	Senior Feminino	04:54:26	+02:31:26	14:43
87	2126	Ana Rita Nunes Claro	Individual	Senior Feminino	04:55:22	+02:32:22	14:46
88	2100	Rafaela Carvalho	Funky Runners	Senior Feminino	05:01:42	+02:38:42	15:05
89	2579	Sonya Pereira	Individual	Senior Feminino	05:18:32	+02:55:32	15:56
90	2106	Marta Soares	Furapraia	Senior Feminino	05:22:39	+02:59:39	16:08
91	2149	Gina Correia	Individual	Senior Feminino	05:23:01	+03:00:01	16:09
92	2099	Li Costelha	Funky Runners	Senior Feminino	05:31:01	+03:08:01	16:33
93	2496	Raquel Andrade	PAREDES AVENTURA	Senior Feminino	05:34:33	+03:11:33	16:44
94	2097	Claudia Coelho	Funky Runners	Senior Feminino	05:54:25	+03:31:25	17:43
95	2098	Cristiana Coelho	Funky Runners	Senior Feminino	05:54:25	+03:31:25	17:43

Senior Masculino

1	2037	Gabriel Coutinho	Associação Desportiva da Efaced	Senior Masculino	02:07:15	06:22
2	2583	Mathieu Screve	Dias IsoRaval	Senior Masculino	02:07:24	+00:09 06:22
3	2015	LUIS MANUEL COSTA ALEXANDRE	ACR Santa Cita	Senior Masculino	02:07:41	+00:26 06:23
4	2199	Bruno Manuel de Queiros Gonçalves	Individual	Senior Masculino	02:08:32	+01:17 06:26
5	2284	Ricardo Cerejeira	Individual	Senior Masculino	02:13:04	+05:49 06:39
6	2258	Nelson Pires	Individual	Senior Masculino	02:17:43	+10:28 06:53
7	2291	Rui Manuel Campos Silva	Individual	Senior Masculino	02:20:16	+13:01 07:01
8	2220	Hugo Marante Lima	Individual	Senior Masculino	02:21:24	+14:09 07:04
9	2020	Ricardo Jorge Quintela Correia	Addicted to trail	Senior Masculino	02:24:33	+17:18 07:14
10	2190	Adérito Silva	Individual	Senior Masculino	02:25:53	+18:38 07:18
11	2025	Jorge Gomes	ARCORUN	Senior Masculino	02:27:14	+19:59 07:22
12	2287	Roberto Teixeira	Clube Náutico de Ponte de Lima	Senior Masculino	02:29:12	+21:57 07:28
13	2196	bruno	Individual	Senior Masculino	02:29:43	+22:28 07:29
14	2010	RICARDO MOREIRA	100 JUIZO TRAIL TEAM	Senior Masculino	02:29:56	+22:41 07:30
15	380	Rogério Coelho	GDR RETORTA	Senior Masculino	02:30:50	+23:35 07:33
16	2475	Luis Manuel Silva	O Mundo da Corrida	Senior Masculino	02:30:55	+23:40 07:33
17	2506	Bernardino Pinto	Run&Shine	Senior Masculino	02:31:06	+23:51 07:33
18	2036	Fábio Silva	Associação Desportiva da Efaced	Senior Masculino	02:32:44	+25:29 07:38
19	2244	Manuel Costa	Individual	Senior Masculino	02:33:33	+26:18 07:41
20	2232	Jorge Pazos Giraldez	Individual	Senior Masculino	02:35:13	+27:58 07:46
21	2209	Emanuel Moreira Machado Costa	Individual	Senior Masculino	02:37:12	+29:57 07:52
22	2532	Rui Juvenal Rodrigues de Andrade	Team DUAS FACES	Senior Masculino	02:38:58	+31:43 07:57
23	2487	Ruben Filipe da Silva Martins	Oralklass-Amigos do Trail	Senior Masculino	02:39:27	+32:12 07:58
24	2027	Nuno Fernandes	ARCORUN	Senior Masculino	02:39:38	+32:23 07:59
25	2292	RUI MIGUEL GONÇALVES DE ALMEIDA	Individual	Senior Masculino	02:39:40	+32:25 07:59
26	2198	Bruno Luis Rodrigues Lima	Individual	Senior Masculino	02:40:35	+33:20 08:02
27	2217	Helder Silva	Individual	Senior Masculino	02:40:40	+33:25 08:02
28	2070	Nuno Miguel Morais Freitas	Clube Náutico de Ponte de Lima	Senior Masculino	02:42:13	+34:58 08:07
29	2458	José Joaquim Pinto da Silva Marques	Malcor Serralharia / Jotinform / Iluminho	Senior Masculino	02:42:42	+35:27 08:08
30	2267	João Gonçalves	Individual	Senior Masculino	02:42:43	+35:28 08:08

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31	2060	Pedro Barros	Canard Running Team	Senior Masculino	02:45:38	+38:23	08:17
32	2269	Pedro Alves	Individual	Senior Masculino	02:45:47	+38:32	08:17
33	2278	Pedro Monteiro	Individual	Senior Masculino	02:46:11	+38:56	08:19
34	2530	Nuno Sobral	Team DUAS FACES	Senior Masculino	02:50:33	+43:18	08:32
35	2531	Pedro Manuel Vieira Branco	Team DUAS FACES	Senior Masculino	02:50:33	+43:18	08:32
36	2189	Adão Vaz	Individual	Senior Masculino	02:50:54	+43:39	08:33
37	2251	Michael Leal e Sousa	Individual	Senior Masculino	02:51:45	+44:30	08:35
38	2042	Pedro Cruz	Associação Desportiva da Efacec	Senior Masculino	02:52:12	+44:57	08:37
39	2245	Márcio Fernando Batista da Silva	Individual	Senior Masculino	02:52:15	+45:00	08:37
40	2210	Estêvão Gonçalves	Individual	Senior Masculino	02:52:20	+45:05	08:37
41	2223	João Faria	Individual	Senior Masculino	02:52:37	+45:22	08:38
42	2549	Rui Fernandes	vimarunners	Senior Masculino	02:52:56	+45:41	08:39
43	2471	Aurélío Gonçalves Coelho da Silva	NEL - Pédatleta	Senior Masculino	02:53:28	+46:13	08:40
44	2013	Luís Miguel Vale	4 Runners Team	Senior Masculino	02:53:39	+46:24	08:41
45	2038	Ivo Silva	Associação Desportiva da Efacec	Senior Masculino	02:54:30	+47:15	08:43
46	2274	Pedro Faria	Individual	Senior Masculino	02:55:23	+48:08	08:46
47	2455	André Daniel Cunha Fernandes	Malcor Serralharia / Jotinform / Iluminho	Senior Masculino	02:55:33	+48:18	08:47
48	1380	Dario Gil	KeMedo Team	Senior Masculino	02:55:33	+48:18	08:47
49	2094	António João da Rocha Machado	FFitGaia Trail	Senior Masculino	02:55:35	+48:20	08:47
50	2213	Fidel Conde	Individual	Senior Masculino	02:55:36	+48:21	08:47
51	2014	José Ricardo Oliveira Martins Pinheiro	A.D.Amarante trail running	Senior Masculino	02:55:58	+48:43	08:48
52	2247	Marco Marques	Individual	Senior Masculino	02:56:05	+48:50	08:48
53	2242	Luis Costa	Individual	Senior Masculino	02:56:08	+48:53	08:48
54	2469	Jorge Machado	Myosotis	Senior Masculino	02:56:24	+49:09	08:49
55	2206	Daniel Monteiro	Individual	Senior Masculino	02:57:18	+50:03	08:52
56	2585	Anthony Lemos	Dias IsoRaval	Senior Masculino	02:57:28	+50:13	08:52
57	2233	José António Martins Meira	Individual	Senior Masculino	02:57:33	+50:18	08:53
58	2511	Pedro Coelho	Running Team Lantermil	Senior Masculino	02:57:33	+50:18	08:53
59	2499	Antolín Martínez Martínez	Pescasub Atalaia	Senior Masculino	02:57:52	+50:37	08:54
60	2073	Pedro Cancelo	Clube Zupper	Senior Masculino	02:58:10	+50:55	08:55
61	2577	Fernando Alves	Individual	Senior Masculino	03:00:37	+53:22	09:02
62	2192	alberto jose bezerra costa quintiaes	Individual	Senior Masculino	03:02:10	+54:55	09:06
63	2476	Pedro Pinto	O Mundo da Corrida	Senior Masculino	03:03:56	+56:41	09:12
64	2452	Paulo Sousa	KeMedo Team	Senior Masculino	03:04:06	+56:51	09:12
65	2229	joao pedro marques	Individual	Senior Masculino	03:04:27	+57:12	09:13
66	2540	Anibal Botelho	team siguritos	Senior Masculino	03:05:33	+58:18	09:17
67	2456	Domingos Jerónimo Ribeiro Gomes	Malcor Serralharia / Jotinform / Iluminho	Senior Masculino	03:05:33	+58:18	09:17
68	2039	Jorge Pereira	Associação Desportiva da Efacec	Senior Masculino	03:06:13	+58:58	09:19
69	2043	Vitor Silva	Associação Desportiva da Efacec	Senior Masculino	03:06:13	+58:58	09:19
70	2280	Rafael Galvão	Individual	Senior Masculino	03:06:55	+59:40	09:21
71	2270	Pedro António Moreira Machado Costa	Individual	Senior Masculino	03:06:56	+59:41	09:21
72	2290	Rui Fernando Rosas Oliveira	Individual	Senior Masculino	03:07:00	+59:45	09:21
73	2212	Fernando Silva	Individual	Senior Masculino	03:07:34	+01:00:19	09:23
74	2226	João Miguel de Almeida Cerejeira	Individual	Senior Masculino	03:08:03	+01:00:48	09:24
75	2286	Ricardo Miguel Pocinho Silva	Individual	Senior Masculino	03:09:59	+01:02:44	09:30

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Trail Curto

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120	2295	Sérgio	Individual	Senior Masculino	03:44:56	+01:37:41	11:15
121	2205	Daniel Machado	Individual	Senior Masculino	03:45:12	+01:37:57	11:16
122	2523	Vitor Joaquim Silva Lopes	Talentos Team	Senior Masculino	03:45:20	+01:38:05	11:16
123	2288	Rui Alves	Individual	Senior Masculino	03:45:46	+01:38:31	11:17
124	2224	Joao Guerreiro	Individual	Senior Masculino	03:45:54	+01:38:39	11:18
125	2211	Fernando J. M. Silva	Individual	Senior Masculino	03:45:56	+01:38:41	11:18
126	2064	Helder Silva	CLUBE ATLETISMO DE LAMAS	Senior Masculino	03:45:56	+01:38:41	11:18
127	2172	Hugo Pimentel	GBES	Senior Masculino	03:46:08	+01:38:53	11:18
128	2587	Paulo Saraiva	Individual	Senior Masculino	03:46:31	+01:39:16	11:20
129	2273	Pedro Fão	Individual	Senior Masculino	03:49:22	+01:42:07	11:28
130	2215	Filipe Rodrigues	Individual	Senior Masculino	03:50:21	+01:43:06	11:31
131	2049	Fernando Lopes	Team DUAS FACES	Senior Masculino	03:50:36	+01:43:21	11:32
132	2594	Nuno Santos	Individual	Senior Masculino	03:52:12	+01:44:57	11:37
133	2222	João Cravo	Individual	Senior Masculino	03:54:42	+01:47:27	11:44
134	2219	Hugo Barroso	Individual	Senior Masculino	03:55:32	+01:48:17	11:47
135	2535	Francisco Jorge Moreira da Silva	team siguritos	Senior Masculino	03:55:43	+01:48:28	11:47
136	2296	Sérgio André Cunha Brites	Individual	Senior Masculino	03:56:43	+01:49:28	11:50
137	2041	Mário Ferreira	Associação Desportiva da Efacec	Senior Masculino	03:59:46	+01:52:31	11:59
138	2250	Mário Marques	Individual	Senior Masculino	04:01:57	+01:54:42	12:06
139	2521	Paulo Fernandes	Sidónios	Senior Masculino	04:02:54	+01:55:39	12:09
140	2520	Rui Craveiro	Sidónios	Senior Masculino	04:02:55	+01:55:40	12:09
141	2522	Tiago Bastos	Sidónios	Senior Masculino	04:02:55	+01:55:40	12:09
142	2518	Flávio Gomes	Sidónios	Senior Masculino	04:02:55	+01:55:40	12:09
143	2193	Alexandre Bernardo	Individual	Senior Masculino	04:03:33	+01:56:18	12:11
144	2554	Ricardo Alheiro	Xtrail Bolas Running Team	Senior Masculino	04:04:16	+01:57:01	12:13
145	2231	Jorge Borges	Individual	Senior Masculino	04:05:09	+01:57:54	12:15
146	2552	Helder Costa	Xtrail Bolas Running Team	Senior Masculino	04:05:35	+01:58:20	12:17
147	2195	António Barros	Individual	Senior Masculino	04:05:57	+01:58:42	12:18
148	2225	João Luis Mendes Jacinto	Individual	Senior Masculino	04:07:18	+02:00:03	12:22
149	2294	Rui Miguel Meca	Individual	Senior Masculino	04:10:12	+02:02:57	12:31
150	2305	Bernardete Morita	Individual	Senior Masculino	04:10:20	+02:03:05	12:31
151	2201	carlos manuel amaro de Araújo	Individual	Senior Masculino	04:13:35	+02:06:20	12:41
152	2261	Nuno Miguel Miranda de Moura e Silva	Individual	Senior Masculino	04:22:25	+02:15:10	13:07
153	2243	Luís Moreira	Individual	Senior Masculino	04:24:34	+02:17:19	13:14
154	2235	José Guimarães	Individual	Senior Masculino	04:24:36	+02:17:21	13:14
155	2260	Nuno Cardoso	Individual	Senior Masculino	04:25:37	+02:18:22	13:17
156	2508	Nuno Miguel Marreiros Bandarra dos Reis	run@figueira	Senior Masculino	04:28:17	+02:21:02	13:25
157	2108	Justino Soares	Furapraia	Senior Masculino	04:32:34	+02:25:19	13:38
158	2264	Nuno Silva	Individual	Senior Masculino	04:33:44	+02:26:29	13:41
159	2040	Manuel Moura	Associação Desportiva da Efacec	Senior Masculino	04:39:06	+02:31:51	13:57
160	2236	José Jacinto	Individual	Senior Masculino	04:39:28	+02:32:13	13:58
161	2512	Pedro Tavares	RUNNING TEAM MAIA	Senior Masculino	04:39:50	+02:32:35	14:00
162	2463	Ricardo Mendes	MARATONICES	Senior Masculino	04:47:03	+02:39:48	14:21
163	2256	Nara Fraga	Individual	Senior Masculino	04:54:42	+02:47:27	14:44
164	2276	Pedro José Saavedra Teixeira da Costa	Individual	Senior Masculino	04:55:23	+02:48:08	14:46
165	2197	Bruno Flávio Ferreira Macieira	Individual	Senior Masculino	04:58:01	+02:50:46	14:54

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Trail Curto

20 KM



OFFICIAL RESULT

166	2024	Alexandre Fernandes	ARCORUN	Senior Masculino	05:11:21	+03:04:06	15:34
167	2254	Moisés de Jesus Ferreira Frutuoso	Individual	Senior Masculino	05:33:00	+03:25:45	16:39
168	2072	Paulo Silva	Clube Zupper	Senior Masculino	05:57:14	+03:49:59	17:52
169	2277	Pedro Matos	Individual	Senior Masculino	05:58:01	+03:50:46	17:54
170	2237	Jose Lemos	Individual	Senior Masculino	06:04:04	+03:56:49	18:12
171	2289	Rui Chorado	Individual	Senior Masculino	06:10:14	+04:02:59	18:31
172	2204	César Manuel Queiros Macedo	Individual	Senior Masculino	06:16:12	+04:08:57	18:49

Sub 23 Feminino

1	2580	Joana Sousa	Clube Náutico de Ponte de Lima	Sub 23 Feminino	02:51:40		08:35
2	2074	Raquel Lagoa	Corridas De Pernas Pro Ar	Sub 23 Feminino	03:04:15	+12:35	09:13
3	2533	ANA MOREIRA	Team DUAS FACES	Sub 23 Feminino	03:06:19	+14:39	09:19

Sub 23 Masculino

1	2582	Jorge Amorim	Clube Náutico de Ponte de Lima	Sub 23 Masculino	02:07:05		06:21
2	2464	Filipe Rodrigues Pereira	MINHO AVENTURA	Sub 23 Masculino	02:09:35	+02:30	06:29
3	2301	Pedro Miguel Costa Leite	Individual	Sub 23 Masculino	02:15:41	+08:36	06:47
4	2302	Rui Miguel Fão Pinto	Individual	Sub 23 Masculino	02:29:41	+22:36	07:29
5	2298	Davide Emanuel Gouveia Cruz	Individual	Sub 23 Masculino	02:31:28	+24:23	07:34
6	2489	Abel Rodrigues	Ordins Runners	Sub 23 Masculino	02:33:11	+26:06	07:40
7	2584	Benajmim Kauffmann	Dias IsoRaval	Sub 23 Masculino	02:38:36	+31:31	07:56
8	2299	Jorge Miguel Cibrão Ribeiro	Individual	Sub 23 Masculino	03:04:41	+57:36	09:14
9	2300	José Manuel Martins de Pinho	Individual	Sub 23 Masculino	03:28:13	+01:21:08	10:25
10	2303	Tiago Amorim	Individual	Sub 23 Masculino	03:43:12	+01:36:07	11:10
11	2581	João Amorim	Clube Náutico de Ponte de Lima	Sub 23 Masculino	04:16:31	+02:09:26	12:50

Veterana F40

1	2465	Lurdes Gil	Mountain trail's	Veterana F40	02:52:18		08:37
2	2319	Rute Maria Duarte	Individual	Veterana F40	02:56:10	+03:52	08:48
3	2317	Paula Nascimento	Individual	Veterana F40	02:57:27	+05:09	08:52
4	2306	Cláudia Graça	Individual	Veterana F40	03:07:47	+15:29	09:23
5	2525	Cristina Maria Fundevila Teixeira	Tartarugas do Asfalto	Veterana F40	03:10:41	+18:23	09:32
6	2050	Maria do Carmo Loureiro	BUDEGUITA RUNNERS	Veterana F40	03:21:20	+29:02	10:04
7	2054	Maria da La Salette Sousa e Silva	Bullshit	Veterana F40	03:22:34	+30:16	10:08
8	2548	Célia Vital	VIANA RUNNERS	Veterana F40	03:29:09	+36:51	10:27
9	2310	Maria Amélio Rodrigues	Individual	Veterana F40	03:33:52	+41:34	10:42
10	2085	Elisabete Carvalho	EDV-VIANA TRAIL	Veterana F40	03:36:13	+43:55	10:49
11	2086	Rosa Lobato	EDV-VIANA TRAIL	Veterana F40	03:36:13	+43:55	10:49
12	2323	Susana Canhola	Individual	Veterana F40	03:42:19	+50:01	11:07
13	2304	Alexandra Barradas	Individual	Veterana F40	03:42:29	+50:11	11:07
14	2313	Maria Manuel Calvo	Individual	Veterana F40	03:42:55	+50:37	11:09
15	2113	Armandina da Silva Torres	GDCT INCM	Veterana F40	03:51:33	+59:15	11:35

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Trail Curto

20 KM



OFFICIAL RESULT

16	2089	CIDALIA PEIXOTO	Factor X	Veterana F40	03:52:37	+01:00:19	11:38
17	2011	OLGA SAMOES	100 JUIZO TRAIL TEAM	Veterana F40	04:10:13	+01:17:55	12:31
18	2498	Elisabete Estrela	Pedal'Arte	Veterana F40	04:11:29	+01:19:11	12:34
19	2309	Inês Barroso	Individual	Veterana F40	04:15:35	+01:23:17	12:47
20	2454	Saete Maria da Silva Macieira	Macieirinhas	Veterana F40	04:19:15	+01:26:57	12:58
21	2308	Gabriela Santos	Individual	Veterana F40	04:20:15	+01:27:57	13:01
22	2510	CARLA BERINGUILHO	run@figueira	Veterana F40	04:28:17	+01:35:59	13:25
23	2515	Patrícia Santos	Salamandrecos	Veterana F40	04:38:52	+01:46:34	13:57
24	2321	Sandra Almeida	Individual	Veterana F40	05:16:08	+02:23:50	15:48
25	2307	Cristina Dias	Individual	Veterana F40	05:30:55	+02:38:37	16:33
26	2497	Maria Alexandra Salvador	PARADES AVENTURA	Veterana F40	05:34:33	+02:42:15	16:44

Veterana F45

1	2114	Ana Sousa	Ginásio Factor X	Veterana F45	02:33:53		07:42
2	2045	Cláudia Medeiros Silva	ATLÉTICO CLUBE SÃO MAMEDE	Veterana F45	02:48:57	+15:04	08:27
3	2492	Rosa M Garcia Villar	Os Fura Montanhas	Veterana F45	03:04:21	+30:28	09:13
4	2504	Maria Júlia Alves Ribeiro	Queiróz Team	Veterana F45	03:10:06	+36:13	09:30
5	2329	Irene Maria Martins Azevedo Monte	Individual	Veterana F45	03:15:37	+41:44	09:47
6	2331	Sónia Padilha	Individual	Veterana F45	03:22:38	+48:45	10:08
7	2047	Albertina Machado	BilaRunners	Veterana F45	03:51:33	+01:17:40	11:35
8	2327	Elisa Maia	Individual	Veterana F45	04:13:30	+01:39:37	12:40
9	2326	CRISTINA MARIA BASTOS DOS SANTOS	Individual	Veterana F45	04:20:15	+01:46:22	13:01
10	2324	Ana Oliveira	Individual	Veterana F45	04:26:45	+01:52:52	13:20
11	2328	Florabela de Almeida Pires	Individual	Veterana F45	04:30:10	+01:56:17	13:31
12	2111	Maria Batista	G.A."Os Tartarugas"	Veterana F45	04:33:34	+01:59:41	13:41
13	2330	rita felizol	Individual	Veterana F45	04:49:15	+02:15:22	14:28
14	2325	Vitaliano Costa	Individual	Veterana F45	04:54:43	+02:20:50	14:44
15	2006	Natalya Marcheva	10 P'ras 11	Veterana F45	05:17:06	+02:43:13	15:51

Veterana F50

1	2115	Adelaide Vigário	Ginásio Factor X	Veterana F50	03:42:29		11:07
2	2076	Angela Moita	Corridas De Pernas Pro Ar	Veterana F50	04:29:19	+46:50	13:28
3	2077	Cristina Pelicano	Corridas De Pernas Pro Ar	Veterana F50	04:29:19	+46:50	13:28

Veterana F55

1	2069	Maria Solanja Teixeira Ferraz	Clube Montanha do Funchal	Veterana F55	03:45:56		11:18
2	2333	Eugénia do Vale	Individual	Veterana F55	05:10:20	+01:24:24	15:31

Veterano M40

1	2488	Armandino Tabora	Oralklass-Amigos do Trail	Veterano M40	01:54:02		05:42
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Trail Curto

20 KM



OFFICIAL RESULT

2	2334	Abilio Ribeiro	Individual	Veterano M40	02:07:01	+12:59	06:21
3	2044	Eduardo Oliveira	Associação Desportiva da Efacec	Veterano M40	02:13:19	+19:17	06:40
4	2480	Francisco Reis	OFFtel Runners	Veterano M40	02:16:05	+22:03	06:48
5	2335	Adriano Paulo Ferreira Oliveira	Individual	Veterano M40	02:17:44	+23:42	06:53
6	2370	Lucio da Rocha Alves	Individual	Veterano M40	02:23:43	+29:41	07:11
7	2352	Jaime Fernandes	Individual	Veterano M40	02:29:55	+35:53	07:30
8	2382	Raul Curva	Individual	Veterano M40	02:35:40	+41:38	07:47
9	2063	Cesar Francisco	cesarfrancisco.com Cantanhede Xmas Trail Race	Veterano M40	02:38:25	+44:23	07:55
10	2354	joão manuel cruz	Individual	Veterano M40	02:39:14	+45:12	07:58
11	2348	Francisco Manuel Magalhães Teotónio	Individual	Veterano M40	02:39:17	+45:15	07:58
12	2087	André Saleiro	EDV-VIANA TRAIL	Veterano M40	02:39:52	+45:50	08:00
13	2555	José Luis Sobrinho	X-Trail Vigo	Veterano M40	02:42:11	+48:09	08:07
14	2390	rui pedro gonçalves borges	Individual	Veterano M40	02:44:47	+50:45	08:14
15	2363	José Carlos Roque da Costa	Individual	Veterano M40	02:46:48	+52:46	08:20
16	2342	Daniel Mota	Individual	Veterano M40	02:47:20	+53:18	08:22
17	2358	João Paulo Nobre Santos Marques	Individual	Veterano M40	02:49:07	+55:05	08:27
18	2340	Carlos Augusto Martins da Silva	Individual	Veterano M40	02:53:28	+59:26	08:40
19	2590	Pedro Teixeira	Individual	Veterano M40	02:56:02	+01:02:00	08:48
20	2481	Rui Calado	OFFtel Runners	Veterano M40	02:57:21	+01:03:19	08:52
21	2337	António José ferreira	Individual	Veterano M40	02:58:44	+01:04:42	08:56
22	2385	Ricardo Meireles	Individual	Veterano M40	03:01:11	+01:07:09	09:04
23	2509	Nuno Ricardo Ribeiro	run@figueira	Veterano M40	03:01:34	+01:07:32	09:05
24	2257	Nelson Antunes Lopes	Individual	Veterano M40	03:01:47	+01:07:45	09:05
25	2349	Helder Manuel Ferreira Gomes	Individual	Veterano M40	03:02:22	+01:08:20	09:07
26	2391	Sérgio Machado	Individual	Veterano M40	03:03:15	+01:09:13	09:10
27	2365	José Carvalho Gomes	Individual	Veterano M40	03:03:46	+01:09:44	09:11
28	2376	Paulo Correia Alves	CAETANO RUNNERS	Veterano M40	03:04:55	+01:10:53	09:15
29	2371	MIGUEL ANGELO COSTA TEIXEIRA	Individual	Veterano M40	03:06:28	+01:12:26	09:19
30	2104	Cesar Serrão	Funky Runners	Veterano M40	03:06:28	+01:12:26	09:19
31	2379	Paulo Jorge Martins Rodrigues	Individual	Veterano M40	03:06:57	+01:12:55	09:21
32	2526	José Pedro Pinto Silva	Tartarugas do Asfalto	Veterano M40	03:10:41	+01:16:39	09:32
33	2351	Hugo Manuel Gallego Machado Sousa Brito	Individual	Veterano M40	03:11:18	+01:17:16	09:34
34	2372	Miguel Carlos Vieira Barros	Individual	Veterano M40	03:11:34	+01:17:32	09:35
35	2380	Paulo Machado	Individual	Veterano M40	03:13:36	+01:19:34	09:41
36	2360	Jorge Suzano	Individual	Veterano M40	03:14:42	+01:20:40	09:44
37	2373	Nuno Oliveira e Silva	Individual	Veterano M40	03:15:37	+01:21:35	09:47
38	2119	Rui Sameiro Ribeiro Maio	HOTEL SANTANA - GRUPO CAMPOS,SA.	Veterano M40	03:16:28	+01:22:26	09:49
39	2359	João Pedro da Costa Cabral Caetano	Individual	Veterano M40	03:18:40	+01:24:38	09:56
40	2361	Jorge Yong	Individual	Veterano M40	03:19:05	+01:25:03	09:57
41	2346	Ana Ferreira	NAST	Veterano M40	03:20:10	+01:26:08	10:00
42	2012	NUNO ESPERANÇA	100 JUIZO TRAIL TEAM	Veterano M40	03:21:07	+01:27:05	10:03
43	2028	Amilcar Ferreira	ARCORUN	Veterano M40	03:21:44	+01:27:42	10:05
44	2357	João Miguel Macedo	Individual	Veterano M40	03:22:05	+01:28:03	10:06
45	2343	Domingos José Fernandes Monteiro	Individual	Veterano M40	03:22:19	+01:28:17	10:07

Trail Curto

20 KM

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OFFICIAL RESULT

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46	2344	Eduardo Atraca	Individual	Veterano M40	03:22:40	+01:28:38	10:08
47	2088	Rui Couto	EDV-VIANA TRAIL	Veterano M40	03:23:16	+01:29:14	10:10
48	2347	Fernando Lima	Individual	Veterano M40	03:24:51	+01:30:49	10:15
49	2495	Sérgio Fernando Ferraz Carvalho	"Os TurboMula" D.O.C.	Veterano M40	03:29:57	+01:35:55	10:30
50	2350	Hermínio Pinho	Individual	Veterano M40	03:30:11	+01:36:09	10:31
51	2386	Rui Estrela de Oliveira	Individual	Veterano M40	03:34:27	+01:40:25	10:43
52	2375	Paulo Cavaco	Individual	Veterano M40	03:36:50	+01:42:48	10:5
53	2345	EDUARDO JAIME MAGALHÃES RODRIGUES	Individual	Veterano M40	03:42:59	+01:48:57	11:09
54	2494	Miguel Angelo Rodrigues Pinto de Faria	"Os TurboMula" D.O.C.	Veterano M40	03:43:10	+01:49:08	11:10
55	2387	Rui Faria	Individual	Veterano M40	03:43:47	+01:49:45	11:11
56	2460	Henrique Rocha	MARATONICES	Veterano M40	03:44:22	+01:50:20	11:13
57	2029	Jorge Leite	ARCORUN	Veterano M40	03:52:01	+01:57:59	11:36
58	2393	Vitor Manuel metrogos frango	Individual	Veterano M40	03:52:26	+01:58:24	11:37
59	2389	Rui Miguel de Carvalho Gameiro	Individual	Veterano M40	03:53:40	+01:59:38	11:41
60	2353	João Carlos Fernandes Tondela	Individual	Veterano M40	03:55:35	+02:01:33	11:47
61	2537	FILIFE ALBERTO MONTEIRO PINTO	team siguritos	Veterano M40	03:56:27	+02:02:25	11:49
62	2378	PAULO JORGE DE SOUSA MAGALHÃES	Individual	Veterano M40	03:56:54	+02:02:52	11:51
63	2381	Pedro Fonseca Silva Sousa Oliveira	Individual	Veterano M40	04:02:59	+02:08:57	12:09
64	2336	António Afonso	Individual	Veterano M40	04:04:14	+02:10:12	12:13
65	2367	José Luis Santos Ribeiro Fachada	Individual	Veterano M40	04:07:05	+02:13:03	12:21
66	2543	Carlos Manuel Carvalho Brito	TURBULENTOS	Veterano M40	04:09:49	+02:15:47	12:29
67	2339	Artur Rosário	Individual	Veterano M40	04:10:04	+02:16:02	12:30
68	2311	Maria da Conceição Coelho	Individual	Veterano M40	04:10:13	+02:16:11	12:31
69	2388	Rui Marcial Alves Ribeiro de Azevedo Cardoso	Individual	Veterano M40	04:18:47	+02:24:45	12:56
70	2366	José Emílio Esteves Monteiro	Individual	Veterano M40	04:18:47	+02:24:45	12:56
71	2362	jose antonio nabuco e costa	Individual	Veterano M40	04:18:48	+02:24:46	12:56
72	2384	Renato Celestino	Individual	Veterano M40	04:20:53	+02:26:51	13:03
73	2544	Joao Nuno Ferreira Cruz Pinto	TURBULENTOS	Veterano M40	04:24:08	+02:30:06	13:12
74	2377	Paulo Jorge Cardoso Alves	Individual	Veterano M40	04:34:44	+02:40:42	13:44
75	2461	Ricardo Gaspar Mendes Ferreira Ribeiro	MARATONICES	Veterano M40	04:47:45	+02:53:43	14:23
76	2500	Sergio Fernández Rodríguez	Pescasub Atalaia	Veterano M40	05:14:04	+03:20:02	15:42
77	2078	jaime queiroz macedo	Diastextil	Veterano M40	05:16:10	+03:22:08	15:49
78	2338	António Pedro Sereno	Individual	Veterano M40	05:16:18	+03:22:16	15:49
79	2079	Vitor Queiroz	Diastextil	Veterano M40	06:07:27	+04:13:25	18:22

Veterano M45

1	2001	Asdrubal Carlos Freitas	GONDOMAR FUTSAL CLUBE	Veterano M45	01:53:43	05:41
2	2051	André Amorim	BUDEGUITA RUNNERS	Veterano M45	02:18:10	+24:27 06:54
3	2424	PAULO CONCEICAO	Individual	Veterano M45	02:33:52	+40:09 07:42
4	2398	Cristóbal García González	Individual	Veterano M45	02:33:53	+40:10 07:42
5	2410	José Paulo Mesquita	Individual	Veterano M45	02:36:49	+43:06 07:50
6	2467	JORGE NORTE	Mov'et	Veterano M45	02:39:39	+45:56 07:59

Trail Curto

20 KM

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OFFICIAL RESULT

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7	2395	ANTÓNIO AUGUSTO COSTA	Individual	Veterano M45	02:46:01	+52:18	08:18
8	2413	Lieven Verraest	Individual	Veterano M45	02:46:38	+52:55	08:20
9	2095	Fernando Jorge Oliveira	FFitGaia Trail	Veterano M45	02:51:42	+57:59	08:35
10	2428	Pedro Guimaraes	Individual	Veterano M45	02:51:43	+58:00	08:35
11	2412	LEANDRO FREITAS	Individual	Veterano M45	02:52:08	+58:25	08:36
12	2430	Rafael Gutierrez Araujo	Individual	Veterano M45	02:56:25	+01:02:42	08:49
13	2421	Nelson Ramos	Individual	Veterano M45	02:58:23	+01:04:40	08:55
14	2414	Luis Alberto Alonso Vicente	Individual	Veterano M45	03:01:10	+01:07:27	09:03
15	2423	Paulo Azevedo	Individual	Veterano M45	03:02:16	+01:08:33	09:07
16	2429	Pedro Sousa	Individual	Veterano M45	03:03:48	+01:10:05	09:11
17	2383	Renato Augusto Silva	Individual	Veterano M45	03:07:00	+01:13:17	09:21
18	2505	Manuel António Carvalhosa Alves	Queiróz Team	Veterano M45	03:10:07	+01:16:24	09:30
19	2394	Alberto Galamba	Individual	Veterano M45	03:12:09	+01:18:26	09:36
20	2402	João Soares	Individual	Veterano M45	03:18:43	+01:25:00	09:56
21	2399	Diogo Conceição	Individual	Veterano M45	03:20:22	+01:26:39	10:01
22	2397	Claudio Pinto	Individual	Veterano M45	03:21:37	+01:27:54	10:05
23	2396	António Jorge Campelos	Individual	Veterano M45	03:25:17	+01:31:34	10:16
24	2431	Rui Lima	Individual	Veterano M45	03:26:35	+01:32:52	10:20
25	2031	Pedro Melo	ARCORUN	Veterano M45	03:30:03	+01:36:20	10:30
26	2401	Francisco Santos	Individual	Veterano M45	03:31:05	+01:37:22	10:33
27	2419	Mário Ribeiro	Individual	Veterano M45	03:31:10	+01:37:27	10:34
28	2420	Miguel Angelo do Carmo Pardal	Individual	Veterano M45	03:32:13	+01:38:30	10:37
29	2404	Jorge Manuel da Silva Faria Novo	Individual	Veterano M45	03:32:17	+01:38:34	10:37
30	2400	Emanuel Fernando de Oliveira Duraes	Individual	Veterano M45	03:34:08	+01:40:25	10:42
31	2407	José Henrique Ferreira de Oliveira	Individual	Veterano M45	03:35:30	+01:41:47	10:47
32	2427	Paulo Sousa	Individual	Veterano M45	03:35:40	+01:41:57	10:47
33	2422	PAULO ALMEIDA	Individual	Veterano M45	03:45:39	+01:51:56	11:17
34	2418	manuel oliveira	Individual	Veterano M45	03:51:40	+01:57:57	11:35
35	2062	José Amaro	Centro de Cultura e Desporto dos Funcionários da Polícia Judiciária do Porto	Veterano M45	03:53:18	+01:59:35	11:40
36	2411	Júlio Costa	Individual	Veterano M45	03:57:56	+02:04:13	11:54
37	2032	Vitor Manuel Feteira de Matos Pimenta	ARSM - Associação Recreativa de S. Miguel	Veterano M45	04:01:55	+02:08:12	12:06
38	2425	Paulo Jorge Pereira de Lima Vieira Gomes	Individual	Veterano M45	04:08:05	+02:14:22	12:24
39	2406	José Carlos Moita Gorgulho Soares Branco	Individual	Veterano M45	04:09:40	+02:15:57	12:29
40	2493	Rafael Santos	OS TUGAS	Veterano M45	04:18:19	+02:24:36	12:55
41	2112	Flávio Oliveira	G.A."Os Tartarugas"	Veterano M45	04:33:34	+02:39:51	13:41
42	2415	Luis Madeira	Individual	Veterano M45	04:49:15	+02:55:32	14:28
43	2405	José Carlos Ferreira Dias	Individual	Veterano M45	04:59:10	+03:05:27	14:58
44	2408	José Mateus	Individual	Veterano M45	05:16:08	+03:22:25	15:48

Veterano M50

1	2434	Antonio Teixeira	Individual	Veterano M50	02:36:56	07:51
2	2433	Alípio Lopes	Individual	Veterano M50	02:38:19	+01:23 07:55

Official Timekeeper: Lap2Go	11 / 12	generate 02-out-2014 01:28
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Trail Curto

20 KM

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REVISED

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OFFICIAL RESULT

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3	2439	Manuel Franco Cividanes	Individual	Veterano M50	02:43:06	+06:10	08:09
4	2437	José Mendes	Individual	Veterano M50	03:01:13	+24:17	09:04
5	2105	Antonio Carvalho	Funky Runners	Veterano M50	03:19:38	+42:42	09:59
6	2436	José Manuel A. Silva	Individual	Veterano M50	03:21:13	+44:17	10:04
7	2071	Jesus Carlos Alvarez Ballesteros	Clube Náutico de Ponte de Lima	Veterano M50	03:22:08	+45:12	10:06
8	2096	Rui Sá	FFitGaia Trail	Veterano M50	03:25:14	+48:18	10:16
9	2117	Vitor Manuel Ribeiro	GONDOMAR FUTSAL CLUBE	Veterano M50	03:25:48	+48:52	10:17
10	2435	Joaquim Matos	Individual	Veterano M50	03:31:11	+54:15	10:34
11	2545	Vasco Araújo	TURBULENTOS	Veterano M50	03:33:58	+57:02	10:42

Veterano M55

1	2444	José Manuel Cabral e Silva	Individual	Veterano M55	02:13:19		06:40
2	2443	Jose Magalhães	Individual	Veterano M55	02:57:28	+44:09	08:52
3	2445	Luís Costa	Individual	Veterano M55	03:03:13	+49:54	09:10
4	2065	paulo de castro rocha	Clube de Veteranos do Porto	Veterano M55	03:30:11	+01:16:52	10:31
5	2442	José Carlos Ramos	Individual	Veterano M55	03:32:52	+01:19:33	10:39
6	2546	Paulo Pimentel Torres	TURBULENTOS	Veterano M55	03:46:37	+01:33:18	11:20
7	2446	Manuel Cunha Lima	Individual	Veterano M55	03:50:12	+01:36:53	11:31
8	2448	Rui Carmo	Individual	Veterano M55	03:53:40	+01:40:21	11:41
9	2118	António José Pereira Queiroz	GONDOMAR FUTSAL CLUBE	Veterano M55	03:54:57	+01:41:38	11:45

Veterano M60

1	2450	Juvenal Sousa	Individual	Veterano M60	03:01:56	09:06
2	2091	Cândido Rocha	FAST AO KM	Veterano M60	03:21:19	+19:23 10:04

PROVA VERTICAL

4,5 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	10:30	-99°C	-99%
End	11:53	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
1	4017	Carlos Sá	desnivel positivo	Veterano M40	33:29		07:26
2	4026	Amândio Filipe Pires Antunes	individual	Senior Masculino	35:10	+01:41	07:49
3	4043	João Veiga Cruz	grupo desportivo santander totta	Veterano M40	36:46	+03:17	08:10
4	4025	Alberto Pena Lomba	individual	Senior Masculino	37:17	+03:48	08:17
5	1492	Sergio Manuel Moreira Duarte	team duas faces	Senior Masculino	37:31	+04:02	08:20
6	4029	Joel Pereira	individual	Senior Masculino	37:54	+04:25	08:25
7	4050	Zé Pereira	individual	Veterano M40	38:22	+04:53	08:31
8	2486	Ricardo Jorge Arezes Lima	oralklass-amigos do trail	Senior Masculino	38:57	+05:28	08:39
9	4016	Bruno Querido	desnivel positivo	Veterano M40	39:32	+06:03	08:47
10	4013	Vitor Penetra	desnivel positivo	Senior Masculino	39:52	+06:23	08:52
11	4021	Pedro Conde	desnivel positivo	Veterano M40	41:21	+07:52	09:11
12	15	andre cunha	vimarunners	Senior Masculino	41:58	+08:29	09:19
13	4010	Renato Presa	desnivel positivo	Senior Masculino	42:07	+08:38	09:22
14	383	rui gomes	gd os ribeirinhos	Veterano M40	42:20	+08:51	09:24
15	1329	Rafael Perez	individual	Veterano M40	42:24	+08:55	09:25
16	1174	David Ferreira	individual	Senior Masculino	43:00	+09:31	09:33
17	1313	leopoldo garcía gonzález	individual	Veterano M40	43:44	+10:15	09:43
18	399	Carlos Manuel Pimenta Ribeiro	edv-viana trail	Senior Masculino	44:13	+10:44	09:50
19	114	Paulo Gomes	no tomorrow running team	Veterano M40	44:32	+11:03	09:54
20	4040	Diogo Almeida	individual	Senior Masculino	44:53	+11:24	09:59
21	4032	Orlando Silva	individual	Senior Masculino	44:54	+11:25	09:59
22	49	Eduardo merino	run&shine	Senior Masculino	45:12	+11:43	10:03
23	2220	Hugo Marante Lima	individual	Senior Masculino	45:32	+12:03	10:07
24	4031	Luís Freitas	individual	Veterano M45	46:23	+12:54	10:18
25	2063	Cesar Francisco	cesarfrancisco.com cantanhede xmas trail race	Veterano M40	47:17	+13:48	10:30
26	4006	Dionisio Pires	desnivel positivo	Senior Masculino	47:20	+13:51	10:31
27	4042	Pedro Fernandes	cm caminha	Senior Masculino	47:22	+13:53	10:32
28	4022	Camilo Neto	desnivel positivo	Veterano M45	47:58	+14:29	10:40
29	4003	Artur Costa	desnivel positivo	Senior Masculino	48:29	+15:00	10:46
30	271	Sérgio Moreira	individual	Senior Masculino	48:35	+15:06	10:48
31	170	André Ribeiro Fraga	individual	Senior Masculino	48:45	+15:16	10:50
32	242	Nuno Garrana	individual	Senior Masculino	48:56	+15:27	10:52
33	1167	Bruno Ricardo Vieira Dias	individual	Senior Masculino	49:27	+15:58	10:59
34	1361	Ricardo Vázquez Regueiro	individual	Veterano M45	49:55	+16:26	11:06
35	1349	Juan Carlos Carcedo Fernandez	individual	Veterano M45	51:44	+18:15	11:30
36	4019	Isaque Lucena	desnivel positivo	Veterano M40	53:31	+20:02	11:54
37	4012	Tiago Fernandes	desnivel positivo	Senior Masculino	53:49	+20:20	11:57
38	2257	Nelson Antunes Lopes	individual	Veterano M40	54:28	+20:59	12:06
39	4014	Fátima Alendouro	desnivel positivo	Veterana F40	54:39	+21:10	12:09
40	2389	Rui Miguel de Carvalho Gameiro	individual	Veterano M40	54:42	+21:13	12:09
41	365	José Carlos Melo	individual	Veterano M50	55:28	+21:59	12:20

PROVA VERTICAL

4,5 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	1014	Cláudia Marina da Silva Guerreiro	algarve trail running / acs	Senior Feminino	57:12	+23:43	12:43
43	522	Bruno Rodrigues	algarve trail running / acs	Senior Masculino	57:13	+23:44	12:43
44	4020	João Mota	desnivel positivo	Veterano M40	57:37	+24:08	12:48
45	4023	Frederico Esteves	desnivel positivo	Veterano M45	57:46	+24:17	12:50
46	2237	Jose Lemos	individual	Senior Masculino	58:02	+24:33	12:54
47	1259	Ricardo Miranda Oliveira	individual	Senior Masculino	58:18	+24:49	12:57
48	4015	Margarida Magalhaes	desnivel positivo	Veterana F45	58:56	+25:27	13:06
49	2514	Ricardo Heleno	s&h	Senior Masculino	01:01:08	+27:39	13:35
50	2513	Ana Rita Silva	s&h	Senior Feminino	01:01:08	+27:39	13:35
51	3136	Jorge Iouro	individual	Veterano M50	01:01:31	+28:02	13:40
52	2252	Miguel Faria	individual	Senior Masculino	01:05:26	+31:57	14:32
53	2548	Célia Vital	viana runners	Veterana F40	01:05:26	+31:57	14:32
54	3071	Paulo Pires	individual	Senior Masculino	01:12:14	+38:45	16:03
55	4018	Célia Sampaio	desnivel positivo	Veterano M40	01:16:31	+43:02	17:00
56	4024	Joaquim Sampaio	desnivel positivo	Veterano M60	01:16:32	+43:03	17:00

Prova Vertical

4,5 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	10:30	-99°C	-99%
End	11:53	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	1014	Cláudia Marina da Silva Guerreiro	Algarve Trail Running / ACS	Senior Feminino	57:12	12:43
2	2513	Ana Rita Silva	S&H	Senior Feminino	01:01:08	+03:56 13:35

Senior Masculino

1	4026	Amândio Filipe Pires Antunes	Individual	Senior Masculino	35:10		07:49
2	4025	Alberto Pena Lomba	Individual	Senior Masculino	37:17	+02:07	08:17
3	1492	Sergio Manuel Moreira Duarte	Team DUAS FACES	Senior Masculino	37:31	+02:21	08:20
4	4029	Joel Pereira	Individual	Senior Masculino	37:54	+02:44	08:25
5	2486	Ricardo Jorge Arezes Lima	Oralklass-Amigos do Trail	Senior Masculino	38:57	+03:47	08:39
6	4013	Vitor Penetra	DESNIVEL POSITIVO	Senior Masculino	39:52	+04:42	08:52
7	15	andre cunha	vimarunners	Senior Masculino	41:58	+06:48	09:19
8	4010	Renato Presa	DESNIVEL POSITIVO	Senior Masculino	42:07	+06:57	09:22
9	1174	David Ferreira	Individual	Senior Masculino	43:00	+07:50	09:33
10	399	Carlos Manuel Pimenta Ribeiro	EDV-VIANA TRAIL	Senior Masculino	44:13	+09:03	09:50
11	4040	Diogo Almeida	Individual	Senior Masculino	44:53	+09:43	09:59
12	4032	Orlando Silva	Individual	Senior Masculino	44:54	+09:44	09:59
13	49	Eduardo merino	Run&Shine	Senior Masculino	45:12	+10:02	10:03
14	2220	Hugo Marante Lima	Individual	Senior Masculino	45:32	+10:22	10:07
15	4006	Dionisio Pires	DESNIVEL POSITIVO	Senior Masculino	47:20	+12:10	10:31
16	4042	Pedro Fernandes	CM Caminha	Senior Masculino	47:22	+12:12	10:32
17	4003	Artur Costa	DESNIVEL POSITIVO	Senior Masculino	48:29	+13:19	10:46
18	271	Sérgio Moreira	Individual	Senior Masculino	48:35	+13:25	10:48
19	170	André Ribeiro Fraga	Individual	Senior Masculino	48:45	+13:35	10:50
20	242	Nuno Garrana	Individual	Senior Masculino	48:56	+13:46	10:52
21	1167	Bruno Ricardo Vieira Dias	Individual	Senior Masculino	49:27	+14:17	10:59
22	4012	Tiago Fernandes	DESNIVEL POSITIVO	Senior Masculino	53:49	+18:39	11:57
23	522	Bruno Rodrigues	Algarve Trail Running / ACS	Senior Masculino	57:13	+22:03	12:43
24	2237	Jose Lemos	Individual	Senior Masculino	58:02	+22:52	12:54
25	1259	Ricardo Miranda Oliveira	Individual	Senior Masculino	58:18	+23:08	12:57
26	2514	Ricardo Heleno	S&H	Senior Masculino	01:01:08	+25:58	13:35
27	2252	Miguel Faria	Individual	Senior Masculino	01:05:26	+30:16	14:32
28	3071	Paulo Pires	Individual	Senior Masculino	01:12:14	+37:04	16:03

Veterana F40

1	4014	Fátima Alendouro	DESNIVEL POSITIVO	Veterana F40	54:39	12:09
2	2548	Célia Vital	VIANA RUNNERS	Veterana F40	01:05:26	+10:47 14:32

Prova Vertical

4,5 KM

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OFFICIAL RESULT

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Veterana F45

1	4015	Margarida Magalhaes	DESNIVEL POSITIVO	Veterana F45	58:56	13:06
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Veterano M40

1	4017	Carlos Sá	DESNIVEL POSITIVO	Veterano M40	33:29	07:26
2	4043	João Veiga Cruz	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano M40	36:46	+03:17 08:10
3	4050	Zé Pereira	Individual	Veterano M40	38:22	+04:53 08:31
4	4016	Bruno Querido	DESNIVEL POSITIVO	Veterano M40	39:32	+06:03 08:47
5	4021	Pedro Conde	DESNIVEL POSITIVO	Veterano M40	41:21	+07:52 09:11
6	383	ruí gomes	GD OS RIBEIRINHOS	Veterano M40	42:20	+08:51 09:24
7	1329	Rafael Perez	Individual	Veterano M40	42:24	+08:55 09:25
8	1313	leopoldo garcía gonzález	Individual	Veterano M40	43:44	+10:15 09:43
9	114	Paulo Gomes	NO TOMORROW RUNNING TEAM	Veterano M40	44:32	+11:03 09:54
10	2063	Cesar Francisco	cesarfrancisco.com Cantanhede Xmas Trail Race	Veterano M40	47:17	+13:48 10:30
11	4019	Isaque Lucena	DESNIVEL POSITIVO	Veterano M40	53:31	+20:02 11:54
12	2257	Nelson Antunes Lopes	Individual	Veterano M40	54:28	+20:59 12:06
13	2389	Rui Miguel de Carvalho Gameiro	Individual	Veterano M40	54:42	+21:13 12:09
14	4020	João Mota	DESNIVEL POSITIVO	Veterano M40	57:37	+24:08 12:48
15	4018	Célia Sampaio	DESNIVEL POSITIVO	Veterano M40	01:16:31	+43:02 17:00

Veterano M45

1	4031	Luís Freitas	Individual	Veterano M45	46:23	10:18
2	4022	Camilo Neto	DESNIVEL POSITIVO	Veterano M45	47:58	+01:35 10:40
3	1361	Ricardo Vázquez Regueiro	Individual	Veterano M45	49:55	+03:32 11:06
4	1349	Juan Carlos Carcedo Fernandez	Individual	Veterano M45	51:44	+05:21 11:30
5	4023	Frederico Esteves	DESNIVEL POSITIVO	Veterano M45	57:46	+11:23 12:50

Veterano M50

1	365	José Carlos Melo	Individual	Veterano M50	55:28	12:20
2	3136	Jorge Iouro	Individual	Veterano M50	01:01:31	+06:03 13:40

Veterano M60

1	4024	Joaquim Sampaio	DESNIVEL POSITIVO	Veterano M60	01:16:32	17:00
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Official Timekeeper: Lap2Go	1 / 1	generate 28-Sep-2014 19:13
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[illegible]

Official Timekeeper: Lap2Go	1 / 1	generate 30-set-2014 20:37
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COLETIVA ULTRA TRAIL

[illegible]

RANK	TEAM	DESCRIPTION	POINTS
1	EDV-VIANA TRAIL	2 + 8 + 11	21
2	DESNIVEL POSITIVO	13 + 15 + 16	44
3	ACPortalegre/UTSM	10 + 20 + 39	69
4	O Mundo da Corrida	17 + 34 + 49	100
5	CCD "O Sol Nasce para Todos"	6 + 55 + 71	132
6	MINHO AVENTURA	40 + 46 + 70	156
7	NAST	5 + 86 + 87	178
8	SCALABIS NIGHT RUNNERS	31 + 77 + 93	201
9	OFFtel Runners	30 + 95 + 116	241
10	GONDOMAR FUTSAL CLUBE	26 + 78 + 150	254
11	PAREDES AVENTURA	60 + 62 + 155	277
12	Monsanto Running Team	21 + 57 + 285	363
13	Correr na cidade	22 + 133 + 255	410
14	GD OS RIBEIRINHOS	27 + 188 + 235	450
15	Amigos da Montanha	115 + 151 + 237	503
16	PROAVENTURAS	51 + 154 + 301	506
17	ADA Desnível	110 + 120 + 320	550
18	vimarunners	33 + 239 + 288	560
19	ATeam run@figueira	149 + 230 + 231	610
20	Cães d'Avenida	178 + 179 + 268	625
21	RUN 4 FUN	147 + 227 + 258	632
22	Trailistas Eu é que sei!	129 + 189 + 319	637
23	PRT/AD QUINTA	125 + 219 + 303	647
24	CLAC - ENTRONCAMENTO	118 + 293 + 294	705
25	Porto Runners	182 + 192 + 348	722
26	COUTADAS TRAIL TEAM	243 + 244 + 245	732
27	CCD - SIEMENS	211 + 260 + 261	732
28	Ginásio Quinta do Valbom	265 + 269 + 323	857
29	Friends2Run	259 + 273 + 374	906
30	NEL - Pédatleta	163 + 368 + 379	910

GTSA 2014

Penalizações

DORSAL	Reservatório	Manta	Apito	Impermeável	Telemovel	PENALIZAÇÃO HORA(S)
1007	1					DQ
1008	1					DQ
1009	1			1		DQ
1357		1				1
1655				1		1
2006		1	1			2
2024		1		1		2
2033	1					DQ
2034	1	1	1	1	1	DQ
2035		1				1
2040				1		1
2041		1				1
2046	1	1	1	1	1	DQ
2048				1		1
2049			1			1
2062		1				1
2072		1	1	1		3
2078		1		1		2
2079		1	1	1		3
2097		1				1
2098		1				1
2099			1			1
2101		1				1
2106		1				1
2108		1				1
2112				1		1
2120	1					DQ
2127				1		1
2170				1		1
2177		1	1			2
2197		1		1		2
2204		1	1	1		3

GTSA 2014

Penalizações

DORSAL	Reservatório	Manta	Apito	Impermeável	Telemovel	PENALIZAÇÃO HORA(S)
2236				1		1
2237		1	1	1		3
2254		1	1	1		3
2260		1				1
2261				1		1
2273				1		1
2277		1	1	1		3
2289		1		1		2
2307		1		1		2
2333		1				1
2338		1				1
2377			1			1
2383			1			1
2405		1		1		2
2418		1				1
2449	1	1	1			DQ
2478		1				1
2490		1				1
2500		1		1		2
2512				1		1
2550				1		1
2581		1				1
2588					1	1
2589	1	1	1	1	1	DQ
2741			1		1	2
3541	1					DQ