

PROVA PRINCIPAL

10 KM

R
REVISED

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	18:00	14°C	59.8%
End	19:25	13.8°C	62.7%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	652	Igor Valente	individual	Senior Masculino	31:04		03:06
2	664	Ricardo Gomes	grecas	Senior Masculino	31:54	+00:50	03:11
3	34	Ricardo Fernandes	grecas	Senior Masculino	32:21	+01:17	03:14
4	6	Giovanni Dias	decathlon	Senior Masculino	32:23	+01:19	03:14
5	371	Luis Filipe Santos	dar - recardães	Veterano M35	33:19	+02:15	03:20
6	313	Ricardo França Alves	individual	Senior Masculino	33:35	+02:31	03:21
7	241	Josué Miguel Pinho de Oliveira	individual	Veterano M35	33:37	+02:33	03:22
8	167	Cristiana valente	individual	Senior Feminino	34:16	+03:12	03:26
9	266	Marco Paulo Vides	individual	Senior Masculino	34:17	+03:13	03:26
10	128	António ferreira	individual	Veterano M45	34:32	+03:28	03:27
11	288	Norberto Silva	individual	Veterano M35	34:44	+03:40	03:28
12	237	Jose Monteiro	individual	Veterano M55	34:46	+03:42	03:29
13	379	Luis Rosas	flor da praia	Senior Masculino	35:19	+04:15	03:32
14	301	Pedro Duarte Pinto	individual	Senior Masculino	35:49	+04:45	03:35
15	98	JOSÉ CUNHA	run & fun	Veterano M40	35:58	+04:54	03:36
16	92	Miguel Pato	royal school of languages	Veterano M40	36:07	+05:03	03:37
17	31	Hilário Pinto	g. d. assempark	Veterano M40	36:17	+05:13	03:38
18	271	Mário Dias	individual	Veterano M35	36:48	+05:44	03:41
19	107	Márcio Loureiro	sr jardoeira	Senior Masculino	36:50	+05:46	03:41
20	38	Vasco Ladeiro	grupo desportivo da gafanha	Veterano M50	36:56	+05:52	03:42
21	35	Armando Correia	grupo desportivo da gafanha	Veterano M40	37:03	+05:59	03:42
22	12	Landry Magalhães	decathlon	Senior Masculino	37:07	+06:03	03:43
23	335	Tiago Caetano	individual	Senior Masculino	37:07	+06:03	03:43
24	87	Gonçalo Pato	royal school of languages	Senior Masculino	37:14	+06:10	03:43
25	255	Luís Sousa	individual	Senior Masculino	37:19	+06:15	03:44
26	317	Rui Almeida	individual	Veterano M35	37:22	+06:18	03:44
27	647	Tiago David Henriques Silva	individual	Senior Masculino	37:32	+06:28	03:45
28	210	joao neves	individual	Veterano M35	37:47	+06:43	03:47
29	144	Arsénio J M Fernandes	individual	Veterano M55	37:53	+06:49	03:47
30	370	Fernando Baltazar	dar - recardães	Veterano M40	37:56	+06:52	03:48
31	54	Bruno Macedo	os caga tacos running team	Senior Masculino	37:58	+06:54	03:48
32	9	João Dias	decathlon	Senior Masculino	38:05	+07:01	03:48
33	505	Ana Luilisa Vieira Ramos	individual	Senior Feminino	38:09	+07:05	03:49
34	218	Joao Seixas	individual	Senior Masculino	38:15	+07:11	03:49
35	186	Fernando Santos	individual	Veterano M40	38:30	+07:26	03:51
36	291	Nuno João Caçador Ribeiro	individual	Senior Masculino	38:33	+07:29	03:51
37	37	Paulo Almeida	grupo desportivo da gafanha	Veterano M40	38:36	+07:32	03:52
38	208	João Lopes Teixeira	individual	Veterano M40	38:45	+07:41	03:52
39	330	SÉRGIO Miguel Fernandes Martins1	individual	Senior Masculino	38:52	+07:48	03:53
40	427	Jorge Pereira Ramos	ramos	Veterano M35	38:53	+07:49	03:53
41	287	Nélio José da Cruz Oliveira	individual	Senior Masculino	38:54	+07:50	03:53
42	345	Vitor Oliveira	individual	Veterano M45	38:55	+07:51	03:53

PROVA PRINCIPAL**10 KM****R**
REVISED**OFFICIAL RESULT**

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
43	649	Pedro Cabral Cardoso	individual	Senior Masculino	39:01	+07:57	03:54
44	285	Miguel Veloso	individual	Senior Masculino	39:04	+08:00	03:54
45	90	Jorge Pato	royal school of languages	Veterano M35	39:09	+08:05	03:55
46	21	Emanuel Rodrigues	barc	Senior Masculino	39:10	+08:06	03:55
47	120	André almeida	individual	Veterano M35	39:11	+08:07	03:55
48	665	Ricardo Ventura	loja do atleta	Senior Masculino	39:15	+08:11	03:55
49	180	FERNANDO LOPES	individual	Veterano M35	39:50	+08:46	03:59
50	85	Filipe Barreira	royal school of languages	Veterano M35	39:54	+08:50	03:59
51	283	Miguel Loura Lamas	individual	Senior Masculino	39:55	+08:51	03:59
52	153	BRUNO OLIVEIRA DA PONTE	individual	Senior Masculino	39:57	+08:53	04:00
53	586	Luis Oliveira	individual	Senior Masculino	39:59	+08:55	04:00
54	264	Márcio Silva	individual	Senior Masculino	40:07	+09:03	04:01
55	675	Jose Sa	individual	Veterano M40	40:07	+09:03	04:01
56	97	JOÃO PEDRO FRADINHO	run & fun	Veterano M40	40:08	+09:04	04:01
57	597	Mario Paulo Ferreira	individual	Senior Masculino	40:09	+09:05	04:01
58	234	José Garcia	individual	Veterano M50	40:15	+09:11	04:01
59	19	André Pedreiro	ard dic leiria	Senior Masculino	40:18	+09:14	04:02
60	40	Vítor Ramos	grupo desportivo da gafanha	Veterano M45	40:21	+09:17	04:02
61	666	Nuno Ferreira	loja do atleta	Senior Masculino	40:31	+09:27	04:03
62	1	Bruno Araújo	decathlon	Senior Masculino	40:33	+09:29	04:03
63	8	Hugo Magalhães	decathlon	Senior Masculino	40:34	+09:30	04:03
64	139	Antonio Silva	individual	Senior Masculino	40:34	+09:30	04:03
65	22	Fábio Castro	barc	Senior Masculino	40:35	+09:31	04:03
66	369	Celso Moreira	dar - recardães	Senior Masculino	40:40	+09:36	04:04
67	299	Paulo Ramirez	individual	Veterano M40	40:52	+09:48	04:05
68	183	Fernando Pinheiro Mendes	individual	Veterano M40	40:57	+09:53	04:06
69	372	Miguel Oliveira	dar - recardães	Veterano M35	40:59	+09:55	04:06
70	143	Arnaldo Santos	individual	Veterano M45	41:02	+09:58	04:06
71	240	JOSE SA	individual	Veterano M40	41:04	+10:00	04:06
72	91	Mário Fernandes	royal school of languages	Veterano M45	41:06	+10:02	04:07
73	94	Paulo Vieira	royal school of languages	Veterano M35	41:07	+10:03	04:07
74	95	Rui Amorim	royal school of languages	Veterano M35	41:07	+10:03	04:07
75	89	João Catalão	royal school of languages	Veterano M35	41:08	+10:04	04:07
76	179	Fernando Gonçalves	individual	Veterano M45	41:08	+10:04	04:07
77	18	Helder Rodrigues	adrep	Veterano M60	41:18	+10:14	04:08
78	376	Rita Fardilha	fardilhas team	Senior Feminino	41:22	+10:18	04:08
79	495	Adventino Ribeiro Conceição	individual	Veterano M40	41:23	+10:19	04:08
80	11	Jonathan Augusto	decathlon	Senior Masculino	41:27	+10:23	04:09
81	263	MARCELO COUTINHO	individual	Veterano M40	41:27	+10:23	04:09
82	305	Pedro Mendes	individual	Senior Masculino	41:27	+10:23	04:09
83	142	Armindo Bastos	individual	Veterana F40	41:28	+10:24	04:09
84	68	Daniel Espinhal	perna de pau running team	Senior Masculino	41:30	+10:26	04:09
85	70	Joao Pedro de Almeida Ferreira dos Reis	perna de pau running team	Senior Masculino	41:30	+10:26	04:09
86	253	Luis Silva	individual	Veterano M35	41:33	+10:29	04:09
87	602	Nuno Esteves	individual	Senior Masculino	41:40	+10:36	04:10

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
223	478	Mónica Mª Adrião Soares	zumba cer	Veterana F35	47:27	+16:23	04:45
224	485	Sandrina Oliveira	zumba cer	Veterana F35	47:27	+16:23	04:45
225	513	André Mosqueira	individual	Senior Masculino	47:28	+16:24	04:45
226	600	Mónica Sofia Sousa Dias	individual	Senior Feminino	47:28	+16:24	04:45
227	422	José Fonseca	"os fonsecas"	Veterano M40	47:29	+16:25	04:45
228	625	Ricardo Flamengo	individual	Veterano M35	47:29	+16:25	04:45
229	497	Alexandre Almeida	individual	Veterano M40	47:30	+16:26	04:45
230	560	Filipe Marçal	individual	Veterano M40	47:30	+16:26	04:45
231	624	Ricardo Faria da Rocha	individual	Senior Masculino	47:30	+16:26	04:45
232	17	Ricardo Monteiro	1 + 1	Veterano M45	47:31	+16:27	04:45
233	648	nuno miguel neves dos santos	individual	Veterano M40	47:31	+16:27	04:45
234	311	Renata Pascoal	individual	Senior Feminino	47:32	+16:28	04:45
235	574	João Matias	individual	Senior Masculino	47:32	+16:28	04:45
236	124	Andreia Costa	individual	Senior Feminino	47:33	+16:29	04:45
237	257	Manuel Correia Rosa	individual	Senior Masculino	47:33	+16:29	04:45
238	575	João Matos	individual	Veterano M40	47:35	+16:31	04:45
239	631	Rui Fatura	individual	Veterano M35	47:36	+16:32	04:46
240	394	Flávio Carpinteiro	holmes place aveiro	Senior Masculino	47:37	+16:33	04:46
241	650	David Coelho	individual	Senior Masculino	47:39	+16:35	04:46
242	185	Fernando Resende	individual	Veterano M50	47:40	+16:36	04:46
243	578	Jorge Girão	individual	Veterano M45	47:49	+16:45	04:47
244	250	Luís Miguel Pinto Sampaio	individual	Veterano M35	47:50	+16:46	04:47
245	468	Graça Rosado	zumba cer	Veterana F40	48:00	+16:56	04:48
246	494	Virginia Sabino	zumba cer	Veterana F35	48:01	+16:57	04:48
247	469	Helena Sousa	zumba cer	Veterana F35	48:02	+16:58	04:48
248	585	Luis lopes	individual	Senior Masculino	48:02	+16:58	04:48
249	659	Filipe Silva	individual	Senior Masculino	48:02	+16:58	04:48
250	55	Gonçalo Aradas	os moliços	Senior Masculino	48:10	+17:06	04:49
251	570	João Carlos Vicente Ferreira Teles	individual	Senior Masculino	48:20	+17:16	04:50
252	621	Ribau Esteves	individual	Veterano M40	48:22	+17:18	04:50
253	10	João Simões	decathlon	Senior Masculino	48:23	+17:19	04:50
254	310	Raúl Fernando da Silva Oliveira	individual	Senior Masculino	48:26	+17:22	04:51
255	344	Virgilio Pinto	individual	Veterano M35	48:26	+17:22	04:51
256	540	Cesário Rocha	individual	Veterano M40	48:27	+17:23	04:51
257	308	Pedro São Miguel	individual	Veterano M40	48:29	+17:25	04:51
258	401	Sérgio Miranda	holmes place aveiro	Senior Masculino	48:35	+17:31	04:51
259	374	Margarida Fardilha	fardilhas team	Veterana F40	48:37	+17:33	04:52
260	44	Carlos Coelho	lap2go	Senior Masculino	48:39	+17:35	04:52
261	75	AMÂNDIO MENDES	ria team	Veterano M40	48:45	+17:41	04:52
262	278	Marta Sousa	individual	Senior Feminino	48:46	+17:42	04:53
263	378	Ivan Fernandes	flor da praia	Senior Masculino	48:47	+17:43	04:53
264	443	Daniel Ferreira	vagueira	Senior Masculino	48:48	+17:44	04:53
265	242	Juan Carlos Rocha Regalado	individual	Veterano M50	48:51	+17:47	04:53
266	580	Jorge Pereira	individual	Senior Masculino	48:53	+17:49	04:53
267	539	Célia Rosado	individual	Veterana F40	48:55	+17:51	04:53
268	273	Mário Sérgio Oliveira Branco	individual	Senior Masculino	48:57	+17:53	04:54

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10 KM
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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
315	224	Joel José Ginga	individual	Senior Masculino	50:33	+19:29	05:03
316	477	Marta Maria da Costa Teixeira	zumba cer	Veterana F35	50:36	+19:32	05:04
317	480	Paulo Cruz	zumba cer	Veterano M35	50:40	+19:36	05:04
318	484	Rui Soares	zumba cer	Veterano M35	50:40	+19:36	05:04
319	623	Ricardo Carvalho	individual	Senior Masculino	50:44	+19:40	05:04
320	638	Sara Silva	individual	Senior Feminino	50:44	+19:40	05:04
321	202	Jacinta Amorim	individual	Senior Feminino	50:48	+19:44	05:05
322	543	Claudio Dos Santos	individual	Senior Masculino	50:48	+19:44	05:05
323	254	luis soares	individual	Veterano M40	50:49	+19:45	05:05
324	548	Diogo Mata	individual	Veterano M35	50:49	+19:45	05:05
325	476	Marlene Andreia Oliveira Marques	zumba cer	Veterana F35	50:53	+19:49	05:05
326	197	Hugo Panão	individual	Senior Masculino	50:54	+19:50	05:05
327	451	Alberto Augusto Mota dos Santos	zumba cer	Veterano M40	50:54	+19:50	05:05
328	452	Ana Grave	zumba cer	Veterana F35	50:54	+19:50	05:05
329	483	RUI ROCHA	zumba cer	Veterano M35	50:54	+19:50	05:05
330	656	Bruno Daniel Silva	individual	Senior Masculino	50:56	+19:52	05:06
331	479	Patricia Rocha	zumba cer	Veterana F35	51:00	+19:56	05:06
332	461	Carla Sofia Gaspar Amador	zumba cer	Veterana F35	51:01	+19:57	05:06
333	470	Jéssica Sofia de Jesus Rocha	zumba cer	Veterana F35	51:01	+19:57	05:06
334	511	André Cravo Bagão	individual	Senior Masculino	51:08	+20:04	05:07
335	457	Beatriz Maria Amaral Marques	zumba cer	Veterana F35	51:29	+20:25	05:09
336	455	Anabela Grave	zumba cer	Veterana F35	51:32	+20:28	05:09
337	456	Andreia Rocha	zumba cer	Veterana F35	51:33	+20:29	05:09
338	458	Beatriz Rodrigues da Silva	zumba cer	Veterana F35	51:34	+20:30	05:09
339	338	Tiago Esteves Pereira	individual	Senior Masculino	51:39	+20:35	05:10
340	188	Filipe da Costa Fernanades	individual	Senior Feminino	51:41	+20:37	05:10
341	336	Tiago Carreira	individual	Senior Masculino	51:41	+20:37	05:10
342	82	RUTE DUARTE	ria team	Veterana F40	51:44	+20:40	05:10
343	364	Nuno Tavares	colégio d. josé i	Senior Masculino	51:45	+20:41	05:10
344	365	Rui Gomes	colégio d. josé i	Senior Masculino	51:45	+20:41	05:10
345	520	Antonio Miguel Casal da Neves	individual	Veterano M40	51:45	+20:41	05:10
346	56	Ioana Sofia Moreira dos Santos	os moliços	Senior Feminino	51:46	+20:42	05:11
347	390	Anderson Serafim	holmes place aveiro	Senior Masculino	51:47	+20:43	05:11
348	641	Sílvia Gomes	individual	Senior Feminino	51:48	+20:44	05:11
349	593	Maria José de Sousa Ferreira	individual	Veterano M50	51:49	+20:45	05:11
350	595	Maria Paula Morgado Barros	individual	Senior Feminino	51:49	+20:45	05:11
351	59	José Dinarte Gomes	os moliços	Senior Masculino	51:50	+20:46	05:11
352	622	Ricardo Abrantes	individual	Senior Masculino	51:54	+20:50	05:11
353	140	António Tavares	individual	Veterano M55	51:55	+20:51	05:11
354	160	Carlos Miguel Tavares de Oliveira	individual	Veterano M35	51:56	+20:52	05:12
355	256	Manuel Adriano Pires Mortágua	individual	Veterano M40	51:56	+20:52	05:12
356	428	Amilcar Guerra Rodrigues	sempre a correr!	Senior Masculino	51:58	+20:54	05:12
357	554	Emilia Silva	individual	Veterana F35	52:02	+20:58	05:12
358	448	João Dinis	vagueirudos	Senior Masculino	52:03	+20:59	05:12
359	615	Pedro Miguel Guimarães Silva	individual	Veterano M40	52:03	+20:59	05:12
360	609	Paula Cristina Lages Gomes	individual	Veterana F35	52:04	+21:00	05:12

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
361	71	Marco Alexandre Costa Santos	perna de pau running team	Senior Masculino	52:05	+21:01	05:12
362	72	Carla Alexandra Monteiro dos Santos	playrunners	Veterana F35	52:05	+21:01	05:12
363	163	Catarina Campos	individual	Senior Feminino	52:06	+21:02	05:13
364	66	Pedro Antunes	p&a team	Veterano M35	52:08	+21:04	05:13
365	187	Filipe Cunha	individual	Veterano M35	52:09	+21:05	05:13
366	61	Fernando Braz	"os pereiras"	Veterano M55	52:11	+21:07	05:13
367	227	Jorge Marques	individual	Senior Masculino	52:17	+21:13	05:14
368	639	Sérgio Camilo Silva da Conceição	individual	Senior Masculino	52:18	+21:14	05:14
369	361	Paulo Ribeiro	caldas néon	Senior Masculino	52:19	+21:15	05:14
370	402	Vera Ventura	holmes place aveiro	Senior Feminino	52:33	+21:29	05:15
371	221	Joaquim António Gomes Henriques	individual	Veterano M55	52:37	+21:33	05:16
372	533	Carlos Eduardo Coelho Caria Pereira	individual	Senior Masculino	52:37	+21:33	05:16
373	632	Rui Manuel Ribeiro Mesquita	individual	Veterano M35	52:37	+21:33	05:16
374	315	Rita Glória	individual	Senior Feminino	52:43	+21:39	05:16
375	177	Fausto Moreira	individual	Senior Masculino	52:44	+21:40	05:16
376	431	Jorge Filipe Ribeiro Alves	sempre a correr!	Senior Masculino	52:46	+21:42	05:17
377	258	Manuel de Queiros Ribeiro	individual	Veterano M55	52:52	+21:48	05:17
378	73	Vera Cristina Delgado	playrunners	Senior Feminino	52:53	+21:49	05:17
379	445	Ángelo Miguel Ferreira Valente	vagueirudos	Senior Masculino	52:55	+21:51	05:17
380	449	Orlando Marcelino	vagueirudos	Senior Masculino	52:55	+21:51	05:17
381	319	Rui Costa	individual	Veterano M35	52:56	+21:52	05:18
382	367	Hugo Machado Moreira	cool runners	Senior Masculino	52:58	+21:54	05:18
383	318	Rui Caldas	individual	Veterano M40	53:01	+21:57	05:18
384	613	Pedro Cabral	individual	Senior Masculino	53:01	+21:57	05:18
385	113	Álvaro Pires	individual	Veterano M35	53:02	+21:58	05:18
386	446	António Pedro Silvestre Bodas	vagueirudos	Senior Masculino	53:03	+21:59	05:18
387	450	Ricardo Jorge Fernandes Figueiredo Gravato	vagueirudos	Senior Masculino	53:03	+21:59	05:18
388	447	Gilberto Sarabando	vagueirudos	Senior Masculino	53:04	+22:00	05:18
389	653	Helder Machado	individual	Veterano M40	53:08	+22:04	05:19
390	84	Elisabete Rodrigues	royal school of languages	Veterana F35	53:09	+22:05	05:19
391	96	Samuel Neves	royal school of languages	Veterano M40	53:10	+22:06	05:19
392	109	Adelaide Novais Lopes	individual	Veterana F35	53:10	+22:06	05:19
393	333	Sónia do Carmo Martins	individual	Veterana F40	53:10	+22:06	05:19
394	159	Carlos Manuel da Silva Martins	individual	Veterano M45	53:12	+22:08	05:19
395	80	LUIS NEVES	ria team	Veterano M35	53:15	+22:11	05:19
396	629	Rodrigo Miranda Mingatos	individual	Senior Masculino	53:18	+22:14	05:20
397	527	Carla Carapinheira	individual	Senior Feminino	53:22	+22:18	05:20
398	265	marco costa	individual	Senior Masculino	53:27	+22:23	05:21
399	125	Andreia Neves	individual	Senior Feminino	53:29	+22:25	05:21
400	215	joao paulo francisco	individual	Veterano M40	53:32	+22:28	05:21
401	414	Carla Ferreira	os amigos do garrafão	Senior Feminino	53:34	+22:30	05:21
402	415	Macário Silva	os amigos do garrafão	Veterano M40	53:34	+22:30	05:21
403	417	Nuno Ferreira	os amigos do garrafão	Senior Masculino	53:34	+22:30	05:21
404	418	Rui Ferreira	os amigos do garrafão	Senior Masculino	53:34	+22:30	05:21
405	416	Nuno Carracena	os amigos do garrafão	Veterano M40	53:35	+22:31	05:21

PROVA PRINCIPAL

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REVISED

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
406	324	Rui Rocha	individual	Veterano M35	53:39	+22:35	05:22
407	245	Luciana Raquel Costa Fernandes	individual	Senior Feminino	53:41	+22:37	05:22
408	230	Jorge Soares	individual	Veterano M45	53:43	+22:39	05:22
409	522	Armando Seixas	individual	Veterano M40	53:43	+22:39	05:22
410	267	Marcos Gomes	individual	Senior Masculino	53:44	+22:40	05:22
411	62	Fernando Monteiro	"os pereiras"	Veterano M55	53:45	+22:41	05:22
412	63	José Pereira	"os pereiras"	Veterano M60	53:45	+22:41	05:22
413	65	Nuno Pereira	"os pereiras"	Veterano M35	53:45	+22:41	05:22
414	127	Angela Maria dos Santos dos Santos	individual	Veterana F35	53:47	+22:43	05:23
415	286	Mónica Fernandes	individual	Senior Feminino	53:54	+22:50	05:23
416	620	Renato Conde	individual	Senior Masculino	53:56	+22:52	05:24
417	668	Margarida Ratola	individual	Senior Feminino	53:56	+22:52	05:24
418	545	Cristina aleixo	individual	Veterana F40	53:57	+22:53	05:24
419	380	Sara Solá	flor da praia	Senior Feminino	53:58	+22:54	05:24
420	276	Marta de Jesus Pereira Morais	individual	Senior Feminino	53:59	+22:55	05:24
421	133	ANTÓNIO JOSÉ RAMOS PEREIRA	individual	Veterano M50	54:00	+22:56	05:24
422	404	Amândio Pereira	holmes place aveiro	Veterano M60	54:14	+23:10	05:25
423	136	António Manuel Carvalho Santos	individual	Veterano M45	54:16	+23:12	05:26
424	440	Tania Filipa Melo Nogueira	shiny happy people	Senior Feminino	54:18	+23:14	05:26
425	433	Gil Andrade Macedo	shiny happy people	Senior Masculino	54:19	+23:15	05:26
426	434	Joana Amaral Rodrigues Silva	shiny happy people	Senior Feminino	54:19	+23:15	05:26
427	161	Carlos Sousa	individual	Senior Masculino	54:25	+23:21	05:26
428	519	António Esteves Pereira	individual	Veterano M60	54:29	+23:25	05:27
429	658	Luis Reis	individual	Senior Masculino	54:30	+23:26	05:27
430	663	Paulo Carmo	individual	Senior Masculino	54:32	+23:28	05:27
431	46	Carolina Pereira	mpereira	Veterana F35	54:34	+23:30	05:27
432	47	Pedro Quaresma	mpereira	Veterano M35	54:34	+23:30	05:27
433	382	João Nuno Fontes	fontes team	Senior Masculino	54:36	+23:32	05:28
434	502	Ana Isabel Fernandes da Silva Branco	individual	Senior Feminino	54:38	+23:34	05:28
435	563	Graça Maria Cardoso Vilarinho	individual	Veterana F40	54:46	+23:42	05:29
436	86	Gabriela Amaral	royal school of languages	Senior Feminino	54:48	+23:44	05:29
437	546	Cristina Costa	individual	Senior Feminino	54:54	+23:50	05:29
438	579	João Sequeiros	individual	Senior Masculino	54:55	+23:51	05:29
439	436	Patrícia Melo Moreira	shiny happy people	Senior Feminino	55:08	+24:04	05:31
440	438	Sandra Marisa Diogo Rabaçal	shiny happy people	Senior Feminino	55:08	+24:04	05:31
441	441	Yesica Yudith da Silva Filipe	shiny happy people	Senior Feminino	55:08	+24:04	05:31
442	435	João Tiago Teixeira Neves	shiny happy people	Senior Masculino	55:09	+24:05	05:31
443	437	Pedro Jorge Gonçalves Sousa	shiny happy people	Senior Masculino	55:09	+24:05	05:31
444	439	Sonia Marques Fernandes	shiny happy people	Senior Feminino	55:09	+24:05	05:31
445	162	Carolina Ávila	individual	Senior Feminino	55:20	+24:16	05:32
446	239	José Pedro Mendes Leite Machado	individual	Veterano M45	55:20	+24:16	05:32
447	268	marcos queiroz moreira de andrade	individual	Veterano M60	55:26	+24:22	05:33
448	525	Bárbara Simões	individual	Senior Feminino	55:34	+24:30	05:33
449	244	Leonel Simões	individual	Veterano M35	55:35	+24:31	05:33
450	534	Carolina Diogo Ralo Rosa	individual	Senior Feminino	55:40	+24:36	05:34
451	424	Emanuel Fontes	perna de pau	Veterano M40	55:43	+24:39	05:34

PROVA PRINCIPAL

10 KM

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	TKM
452	425	Miguel Fontes	perna de pau	Senior Masculino	55:43	+24:39	05:34
453	103	Ricardo Silva	runners rust	Senior Masculino	56:03	+24:59	05:36
454	3	Bruno Marinho	decathlon	Senior Masculino	56:05	+25:01	05:36
455	459	BRUNO ROCHA	zumba cer	Veterano M35	56:17	+25:13	05:38
456	398	Patrícia Queirós	holmes place aveiro	Senior Feminino	56:19	+25:15	05:38
457	670	Miguel Santos	individual	Veterano M40	56:23	+25:19	05:38
458	671	Manuel santo	individual	Senior Masculino	56:23	+25:19	05:38
459	504	Ana Lúcia Jarego da Fonseca	individual	Senior Feminino	56:25	+25:21	05:38
460	132	António José Nunes Marques Loureiro	individual	Senior Masculino	56:27	+25:23	05:39
461	223	Joaquim Paulo Ferreira Santiago	individual	Senior Masculino	56:31	+25:27	05:39
462	243	Juan Ferreira	individual	Senior Masculino	56:32	+25:28	05:39
463	529	carla santod	individual	Veterana F40	56:43	+25:39	05:40
464	157	Carlos Alberto Baptista Simoes	individual	Senior Masculino	56:49	+25:45	05:41
465	408	Ana Maria Rodrigues	m&m	Veterana F35	56:53	+25:49	05:41
466	363	Jorge Arada	colégio d. josé i	Senior Masculino	57:07	+26:03	05:43
467	118	Ana Rita Fernandes Moraes	individual	Veterana F35	57:11	+26:07	05:43
468	165	Claudia Roque	individual	Veterana F35	57:11	+26:07	05:43
469	195	Gustavo Barros	individual	Veterano M35	57:11	+26:07	05:43
470	582	Lidia Sacramento	individual	Veterana F35	57:12	+26:08	05:43
471	53	Andreia Valente	os caga tacos running team	Senior Feminino	57:55	+26:51	05:47
472	355	Paulo Alexandre Cardoso Gomes	caldas néon	Veterano M40	58:03	+26:59	05:48
473	413	Miguel Santos Sousa	néo caldas	Senior Masculino	58:03	+26:59	05:48
474	349	Elsa Margarida Fernandes Agostinho	caldas néon	Veterana F40	58:05	+27:01	05:48
475	528	carla de jesus candeias ganhao	individual	Veterano M35	58:05	+27:01	05:48
476	83	Carla Santos	royal school of languages	Veterana F35	58:14	+27:10	05:49
477	93	Nuno Silva	royal school of languages	Veterano M35	58:14	+27:10	05:49
478	201	Ivo Miguel Jorge Estêvão	individual	Senior Masculino	58:15	+27:11	05:49
479	184	Fernando Queirós	individual	Senior Masculino	58:27	+27:23	05:51
480	360	Paulo Espirito Santo	caldas néon	Senior Masculino	58:28	+27:24	05:51
481	102	Nuno Sá	runners rust	Senior Masculino	59:17	+28:13	05:56
482	126	Andreia Vieira	individual	Veterana F35	59:20	+28:16	05:56
483	64	Maria do Ceú Basilio	"os pereiras"	Veterano M55	59:22	+28:18	05:56
484	590	Maria das dores Craveiro	individual	Senior Feminino	59:28	+28:24	05:57
485	393	Elisabete Matos	holmes place aveiro	Senior Feminino	59:32	+28:28	05:57
486	565	Hugo Fernandes	individual	Senior Masculino	59:32	+28:28	05:57
487	592	Maria Joana Lemos	individual	Veterana F40	59:33	+28:29	05:57
488	618	Pedro Miguel Vicente Ferreira Teles	individual	Senior Masculino	59:33	+28:29	05:57
489	499	Ana Barbosa	individual	Senior Feminino	59:35	+28:31	05:57
490	174	Élio Nelson Baptista Santos	individual	Senior Masculino	59:59	+28:55	06:00
491	274	Marisa Abrantes	individual	Veterana F40	01:00:17	+29:13	06:02
492	199	Inês Correia Rosa	individual	Senior Feminino	01:00:19	+29:15	06:02
493	164	Clarinda Marques da Silva Garcia	individual	Veterano M50	01:00:21	+29:17	06:02
494	323	Rui Pereira	individual	Veterano M40	01:00:23	+29:19	06:02
495	634	Rui Monteiro	individual	Veterano M40	01:00:24	+29:20	06:02
496	612	PAULO EDGAR RÉ	individual	Veterano M40	01:00:40	+29:36	06:04
497	137	ANTÓNIO MANUEL NETO LEMOS	individual	Veterano M40	01:00:57	+29:53	06:06

PROVA PRINCIPAL

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
498	342	Vânia Santos	individual	Senior Feminino	01:01:02	+29:58	06:06
499	115	Ana Carla Migueis Amaro	individual	Veterana F35	01:01:07	+30:03	06:07
500	116	Ana Gonçalves	individual	Veterana F40	01:01:07	+30:03	06:07
501	155	Carla Alegrete	individual	Veterana F35	01:02:00	+30:56	06:12
502	467	Gonçalo Rocha dos Santos	zumba cer	Veterano M35	01:02:17	+31:13	06:14
503	587	Luiz Bastos	individual	Senior Masculino	01:02:39	+31:35	06:16
504	403	Vivian Nogueira	holmes place aveiro	Senior Feminino	01:02:43	+31:39	06:16
505	397	José Félix	holmes place aveiro	Senior Masculino	01:02:44	+31:40	06:16
506	277	Marta Sousa	individual	Veterana F35	01:02:48	+31:44	06:17
507	366	Alessandra Losacco	cool runners	Veterana F35	01:03:24	+32:20	06:20
508	368	Juliana Losacco	cool runners	Senior Feminino	01:03:24	+32:20	06:20
509	81	MADALENA FERREIRA	ria team	Veterana F35	01:03:36	+32:32	06:22
510	635	Sandra Cristina Costa Monteiro Filipe	individual	Senior Feminino	01:03:41	+32:37	06:22
511	566	Isabel Cristina Guimarães	individual	Senior Feminino	01:04:00	+32:56	06:24
512	352	José Viegas	caldas néon	Veterano M50	01:04:02	+32:58	06:24
513	359	Hugo Oliveira	caldas néon	Veterano M35	01:04:02	+32:58	06:24
514	204	Jennifer Cruz	individual	Veterana F35	01:04:19	+33:15	06:26
515	351	Isabel Tavares Coutinho	caldas néon	Veterana F40	01:04:31	+33:27	06:27
516	549	dora luz	individual	Veterana F40	01:04:38	+33:34	06:28
517	503	Ana Lopes	individual	Veterana F35	01:04:54	+33:50	06:29
518	628	Rita lopes	individual	Senior Feminino	01:04:54	+33:50	06:29
519	389	Alexandra Marcos	holmes place aveiro	Senior Feminino	01:04:55	+33:51	06:29
520	607	OTILIA RAIMUNDO	individual	Veterana F40	01:04:57	+33:53	06:30
521	198	Inês Amorim	individual	Senior Feminino	01:05:06	+34:02	06:31
522	542	Claudia Ramos	individual	Veterana F35	01:05:22	+34:18	06:32
523	156	Carla M. Ferreira Gomes	individual	Senior Feminino	01:05:49	+34:45	06:35
524	354	Paula Cristina da costa de Jesus Botas	caldas néon	Veterana F40	01:05:49	+34:45	06:35
525	601	Nelson Almeida	individual	Veterano M40	01:05:49	+34:45	06:35
526	357	Anabela Martins	caldas néon	Veterana F35	01:06:11	+35:07	06:37
527	358	Catarina Alves	caldas néon	Senior Masculino	01:06:11	+35:07	06:37
528	362	Silvia Oliveira	caldas néon	Senior Feminino	01:06:11	+35:07	06:37
529	45	Margarida Marques	lousada runners	Veterana F40	01:06:23	+35:19	06:38
530	99	Carlos Quintas	runners rust	Senior Masculino	01:06:30	+35:26	06:39
531	100	Marco Fernandes	runners rust	Senior Masculino	01:06:30	+35:26	06:39
532	429	Daniel Valério Rodrigues	sempre a correr!	Senior Masculino	01:06:36	+35:32	06:40
533	509	Ana Pereira Ramos	individual	Senior Feminino	01:06:36	+35:32	06:40
534	395	Inês Abrantes Roxo	holmes place aveiro	Senior Feminino	01:07:30	+36:26	06:45
535	392	Dinilza Oliveira	holmes place aveiro	Senior Feminino	01:07:31	+36:27	06:45
536	381	Daniela Paula Fontes	fontes team	Veterana F35	01:07:32	+36:28	06:45
537	194	Gustav Danielsson	individual	Senior Masculino	01:08:14	+37:10	06:49
538	327	Sara Burmeister	individual	Senior Feminino	01:08:14	+37:10	06:49
539	27	João Santos	economistas amadores	Senior Masculino	01:08:43	+37:39	06:52
540	170	Diana Pereira	individual	Veterana F35	01:08:53	+37:49	06:53
541	541	Cláudia Maria Camacho Faustino	individual	Veterana F40	01:09:04	+38:00	06:54
542	557	Fernando Jorge Bernardino Martins	individual	Veterano M35	01:09:04	+38:00	06:54
543	169	Deolinda Caldeira	individual	Veterano M55	01:09:11	+38:07	06:55

PROVA PRINCIPAL**10 KM****R**
REVISED**OFFICIAL RESULT**

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
544	28	Liliana Vilhena	economistas amadores	Senior Feminino	01:09:14	+38:10	06:55
545	356	Vera Cristina da Silva Rosa Gomes	caldas néon	Veterana F40	01:09:21	+38:17	06:56
546	599	Monica Bandeira	individual	Veterana F35	01:09:48	+38:44	06:59
547	517	Anselmo Hernandz	individual	Veterano M35	01:09:49	+38:45	06:59
548	262	Mara Lúcia Gonçalves Santos	individual	Senior Feminino	01:10:03	+38:59	07:00
549	589	Maria Clara a Silva Fontoura Pinho	individual	Veterana F40	01:10:04	+39:00	07:00
550	551	Edite Santos	individual	Veterana F40	01:10:19	+39:15	07:02