Cantanhede Xmas Trail Race

Cantanhede

13-dezembro-2014

21K

21 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	18:30	10,1ºC	78,4%
End	21:27	10,1ºC	78,4%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	57	Joao Nunes	multipower gaia trail	Senior Masculino	01:36:00		04:34
2	61	Carlos Correia	o mundo da corrida	Senior Masculino	01:36:13	+00:13	04:35
3	43	Orlando Manuel Aveiro Pires	arsm	Veterano M40	01:37:17	+01:17	04:38
4	60	Fernando Carvalho	o mundo da corrida	Senior Masculino	01:41:52	+05:52	04:51
5	54	Telmo Nuno Horta de Almeida	lagrimas team - cantanhede	Veterano M40	01:44:51	+08:51	05:00
6	28	Edgar Resende	individual	Senior Masculino	01:47:51	+11:51	05:08
7	58	Joaquim Pereira	multipower gaia trail	Veterano M40	01:50:00	+14:00	05:14
8	30	Miguel ângelo dos Santos Veloso	individual	Senior Masculino	01:51:01	+15:01	05:17
9	62	Gustavo Santos	os ribeirinhos	Senior Masculino	01:54:25	+18:25	05:27
10	33	Valter Daniel Leandro Lopes	individual	Senior Masculino	01:54:32	+18:32	05:27
11	63	Jorge Santos	os ribeirinhos	Veterano M50	01:54:33	+18:33	05:27
12	56	rui Antonio santos Costa	lagrimas team - cantanhede	Veterano M40	01:55:10	+19:10	05:29
13	68	Jorge Pedro	cesta da camponesa	Veterano M40	01:55:28	+19:28	05:30
14	6	Cristina Couceiro	arsm - associação recreativa de s. miguel	Senior Feminino	02:00:58	+24:58	05:46
15	8	Sérgio Miguel Aparício do Rosário	arsm - associação recreativa de s. miguel	Senior Masculino	02:00:58	+24:58	05:46
16	25	vasco jorge santos silva vitorino cura	individual	Senior Masculino	02:01:14	+25:14	05:46
17	29	Gonçalo Rodrigues	individual	Senior Masculino	02:01:14	+25:14	05:46
18	51	Luis Tomé	individual	Veterano M40	02:02:46	+26:46	05:51
19	49	Ricardo Aguiar	individual	Veterano M40	02:03:01	+27:01	05:51
20	12	vitor leitão	cortamato ançã	Veterano M40	02:03:10	+27:10	05:52
21	59	Luis Manuel Silva	o mundo da corrida	Senior Masculino	02:03:25	+27:25	05:53
22	52	Manuel Cunha Lima	individual	Veterano M50	02:03:49	+27:49	05:54
23	64	Luís Figueiredo	quiaios run team	Senior Masculino	02:04:19	+28:19	05:55
24	31	TIAGO PÊGO	individual	Senior Masculino	02:04:30	+28:30	05:56
25	15	Luís Filipe Seabra Pimentel	estoira trails - seixo-mira	Senior Masculino	02:07:36	+31:36	06:05
26	14	Rui Miguel Seabra Pimentel	estoira trails - seixo-mira	Senior Masculino	02:07:36	+31:36	06:05
27	13	Pedro Nuno Loureiro Baptista	estoira trails - seixo-mira	Senior Masculino	02:07:36	+31:36	06:05
28	50	Rui Paulo Silva Carvalheiro	individual	Veterano M40	02:09:49	+33:49	06:11
29	32	Fernando Coelho	individual	Senior Masculino	02:10:11	+34:11	06:12
30	45	helder manuel f t silva	individual	Veterano M40	02:12:33	+36:33	06:19
31	47	RENATO FERREIRA	individual	Veterano M40	02:13:52	+37:52	06:22
32	67	Fernando Gabriel Reis Leite	tnt - trilhos natura team	Senior Masculino	02:14:30	+38:30	06:24
33	27	Sérgio Forte	individual	Senior Masculino	02:14:46	+38:46	06:25
34	44	Carlos Augusto Martins da Silva	individual	Veterano M40	02:14:54	+38:54	06:25
35	18	Daniel de Jesus Andrade e Crespo	individual	Senior Masculino	02:15:16	+39:16	06:26
36	19	João Pedro de Jesus Andrade e Crespo	individual	Senior Masculino	02:15:17	+39:17	06:27
37	23	Nuno Miguel de Oliveira Figueiredo	individual	Senior Masculino	02:15:21	+39:21	06:27
38	26	Tiago Rafael Alves	individual	Senior Masculino	02:16:27	+40:27	06:30
39	5	Andreia Patrícia Pinto Fernandes	arsm - associação recreativa de s. miguel	Senior Feminino	02:16:33	+40:33	06:30
40	9	Moisés Manso Nunes	arsm - associação recreativa de s. miguel	Veterano M40	02:16:37	+40:37	06:30

21K

21 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	22	Edgar Avelino Figueira Pires	individual	Senior Masculino	02:16:48	+40:48	06:31
42	55	João Cavadas	lagrimas team - cantanhede	Veterano M40	02:21:43	+45:43	06:45
43	17	Susana Gabriela Costa Pinto da Neta	individual	Senior Feminino	02:23:44	+47:44	06:51
44	66	Fábio Resende	tnt - trilhos natura team	Senior Masculino	02:23:55	+47:55	06:51
45	20	João Emanuel Gonçalves dos Santos	individual	Senior Masculino	02:24:52	+48:52	06:54
46	39	Miguel Ângelo dos Santos Fernandes	individual	Senior Masculino	02:26:58	+50:58	07:00
47	53	António Girão	individual	Veterano M50	02:28:04	+52:04	07:03
48	34	Renato Carvalho	individual	Senior Masculino	02:28:34	+52:34	07:04
49	38	Rodrigo Quintal	individual	Senior Masculino	02:31:39	+55:39	07:13
50	37	Romeu Adelino Marta do Outeiro	individual	Senior Masculino	02:31:39	+55:39	07:13
51	24	Nuno Alexandre Seixas	individual	Senior Masculino	02:31:39	+55:39	07:13
52	41	Dulce Carvalho	individual	Veterana F40	02:46:46	+01:10:46	07:56
53	42	MARGARIDA CARVALHO	individual	Veterana F40	02:46:47	+01:10:47	07:57
54	10	miguel albuquerque	cortamato ançã	Senior Masculino	02:54:32	+01:18:32	08:19
55	11	romeu de azevedo	cortamato ançã	Veterano M40	02:54:32	+01:18:32	08:19

Obs

BIB	NOTE	NAME	TEAM	CAT
40	DNF	Rui Miguel Silvestre Ferreira	Individual	Senior Masculino

Cantanhede Xmas Trail Race
Cantanhede
13-dezembro-2014

21K **21 KM**

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OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	18:30	10,1ºC	78,4%
End	21:27	10,1ºC	78,4%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
Senior Feminino							
1	6	Cristina Couceiro	ARSM - Associação Recreativa de S. Miguel	Senior Feminino	02:00:58		05:46
2	5	Andreia Patrícia Pinto Fernandes	ARSM - Associação Recreativa de S. Miguel	Senior Feminino	02:16:33	+15:35	06:30
3	17	Susana Gabriela Costa Pinto da Neta	Individual	Senior Feminino	02:23:44	+22:46	06:51
Senior Masculino							
1	57	Joao Nunes	multipower gaia trail	Senior Masculino	01:36:00		04:34
2	61	Carlos Correia	O Mundo da Corrida	Senior Masculino	01:36:13	+00:13	04:35
3	60	Fernando Carvalho	O Mundo da Corrida	Senior Masculino	01:41:52	+05:52	04:51
4	28	Edgar Resende	Individual	Senior Masculino	01:47:51	+11:51	05:08
5	30	Miguel ângelo dos Santos Veloso	Individual	Senior Masculino	01:51:01	+15:01	05:17
6	62	Gustavo Santos	OS RIBEIRINHOS	Senior Masculino	01:54:25	+18:25	05:27
7	33	Valter Daniel Leandro Lopes	Individual	Senior Masculino	01:54:32	+18:32	05:27
8	8	Sérgio Miguel Aparício do Rosário	ARSM - Associação Recreativa de S. Miguel	Senior Masculino	02:00:58	+24:58	05:46
9	25	vasco jorge santos silva vitorino cura	Individual	Senior Masculino	02:01:14	+25:14	05:46
10	29	Gonçalo Rodrigues	Individual	Senior Masculino	02:01:14	+25:14	05:46
11	59	Luis Manuel Silva	O Mundo da Corrida	Senior Masculino	02:03:25	+27:25	05:53
12	64	Luís Figueiredo	QUIAIOS RUN TEAM	Senior Masculino	02:04:19	+28:19	05:55
13	31	TIAGO PÊGO	Individual	Senior Masculino	02:04:30	+28:30	05:56
14	15	Luís Filipe Seabra Pimentel	Estoira Trails - Seixo-Mira	Senior Masculino	02:07:36	+31:36	06:05
15	14	Rui Miguel Seabra Pimentel	Estoira Trails - Seixo-Mira	Senior Masculino	02:07:36	+31:36	06:05
16	13	Pedro Nuno Loureiro Baptista	Estoira Trails - Seixo-Mira	Senior Masculino	02:07:36	+31:36	06:05
17	32	Fernando Coelho	Individual	Senior Masculino	02:10:11	+34:11	06:12
18	67	Fernando Gabriel Reis Leite	TNT - Trilhos Natura Team	Senior Masculino	02:14:30	+38:30	06:24
19	27	Sérgio Forte	Individual	Senior Masculino	02:14:46	+38:46	06:25
20	18	Daniel de Jesus Andrade e Crespo	Individual	Senior Masculino	02:15:16	+39:16	06:26
21	19	João Pedro de Jesus Andrade e Crespo	Individual	Senior Masculino	02:15:17	+39:17	06:27
22	23	Nuno Miguel de Oliveira Figueiredo	Individual	Senior Masculino	02:15:21	+39:21	06:27
23	26	Tiago Rafael Alves	Individual	Senior Masculino	02:16:27	+40:27	06:30
24	22	Edgar Avelino Figueira Pires	Individual	Senior Masculino	02:16:48	+40:48	06:31
25	66	Fábio Resende	TNT - Trilhos Natura Team	Senior Masculino	02:23:55	+47:55	06:51
26	20	João Emanuel Gonçalves dos Santos	Individual	Senior Masculino	02:24:52	+48:52	06:54
27	39	Miguel Ângelo dos Santos Fernandes	Individual	Senior Masculino	02:26:58	+50:58	07:00
28	34	Renato Carvalho	Individual	Senior Masculino	02:28:34	+52:34	07:04
29	38	Rodrigo Quintal	Individual	Senior Masculino	02:31:39	+55:39	07:13
30	37	Romeu Adelino Marta do Outeiro	Individual	Senior Masculino	02:31:39	+55:39	07:13
31	24	Nuno Alexandre Seixas	Individual	Senior Masculino	02:31:39	+55:39	07:13

32	10	miguel albuquerque	cortamato ançã	Senior Masculino	02:54:32	+01:18:32	08:19

Veterana F40

1	41	Dulce Carvalho	Individual	Veterana F40	02:46:46		07:56
2	42	MARGARIDA CARVALHO	Individual	Veterana F40	02:46:47	+00:01	07:57

Veterano M40

1	43	Orlando Manuel Aveiro Pires	ARSM	Veterano M40	01:37:17		04:38
2	54	Telmo Nuno Horta de Almeida	Lagrimas Team - Cantanhede	Veterano M40	01:44:51	+07:34	05:00
3	58	Joaquim Pereira	multipower gaia trail	Veterano M40	01:50:00	+12:43	05:14
4	56	rui Antonio santos Costa	Lagrimas Team - Cantanhede	Veterano M40	01:55:10	+17:53	05:29
5	68	Jorge Pedro	Cesta da Camponesa	Veterano M40	01:55:28	+18:11	05:30
6	51	Luis Tomé	Individual	Veterano M40	02:02:46	+25:29	05:51
7	49	Ricardo Aguiar	Individual	Veterano M40	02:03:01	+25:44	05:51
8	12	vitor leitão	cortamato ançã	Veterano M40	02:03:10	+25:53	05:52
9	50	Rui Paulo Silva Carvalheiro	Individual	Veterano M40	02:09:49	+32:32	06:11
10	45	helder manuel f t silva	Individual	Veterano M40	02:12:33	+35:16	06:19
11	47	RENATO FERREIRA	Individual	Veterano M40	02:13:52	+36:35	06:22
12	44	Carlos Augusto Martins da Silva	Individual	Veterano M40	02:14:54	+37:37	06:25
13	9	Moisés Manso Nunes	ARSM - Associação Recreativa de S. Miguel	Veterano M40	02:16:37	+39:20	06:30
14	55	João Cavadas	Lagrimas Team - Cantanhede	Veterano M40	02:21:43	+44:26	06:45
15	11	romeu de azevedo	cortamato ançã	Veterano M40	02:54:32	+01:17:15	08:19

Veterano M50

1	63	Jorge Santos	OS RIBEIRINHOS	Veterano M50	01:54:33		05:27
2	52	Manuel Cunha Lima	Individual	Veterano M50	02:03:49	+09:16	05:54
3	53	António Girão	Individual	Veterano M50	02:28:04	+33:31	07:03

Cantanhede Xmas Trail Race
Cantanhede
13-dezembro-2014

COLETIVA 21K

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	O Mundo da Corrida	05:21:29 [2 + 4 + 21]	0
2	Lagrimas Team - Cantanhede	06:01:44 [5 + 12 + 42]	0
3	ARSM - Associação Recreativa de S. Miguel	06:18:28 [14 + 15 + 39]	0
4	Estoira Trails - Seixo-Mira	06:22:47 [25 + 26 + 27]	0
5	cortamato ançã	07:52:14 [20 + 54 + 55]	0

Cantanhede Xmas Trail Race

Cantanhede

13-dezembro-2014

10K **10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	18:30	10,1ºC	78,4%
End	20:02	10,1ºC	78,4%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	124	Vitor Francisco	individual	Senior Masculino	42:52		04:17
2	128	Fernando Jorge Barros Ferreira	individual	Senior Masculino	48:57	+06:05	04:54
3	154	Rúben Alexandre Ferreira Nunes	suovais	Junior Masculino	50:41	+07:49	05:04
4	131	Alexandre Pinhal da Silva	individual	Senior Masculino	52:07	+09:15	05:13
5	134	Nelson Costa	individual	Senior Masculino	52:36	+09:44	05:16
6	145	Emilio Leal dos Santos	individual	Veterano M40	52:49	+09:57	05:17
7	105	Pedro Ferraz	casa do povo de tonda	Senior Masculino	53:22	+10:30	05:20
8	138	Marek Joachimiak	individual	Senior Masculino	53:34	+10:42	05:21
9	144	Luis Monteiro	individual	Veterano M40	55:06	+12:14	05:31
10	147	jacinto silva	manos	Senior Masculino	55:30	+12:38	05:33
11	127	Fábio Costa	individual	Senior Masculino	56:33	+13:41	05:39
12	126	Samuel de Oliveira Martinho	individual	Senior Masculino	56:33	+13:41	05:39
13	136	Nuno Miguel dos Santos Almeida	individual	Senior Masculino	57:56	+15:04	05:48
14	65	Tiago Miguel Costa	quiaios run team	Senior Masculino	58:14	+15:22	05:49
15	139	Paulo Daniel Pereira Braz	individual	Senior Masculino	58:14	+15:22	05:49
16	113	Paulo Coelho	clafit runners	Senior Masculino	58:21	+15:29	05:50
17	130	Carlos Jorge Rodrigues Oliveira	individual	Senior Masculino	59:29	+16:37	05:57
18	148	hernani silva	manos	Senior Masculino	59:48	+16:56	05:59
19	150	António André Miranda Assena	os bebe água	Senior Masculino	01:00:11	+17:19	06:01
20	143	Sergio Figueiredo	individual	Veterano M40	01:01:22	+18:30	06:08
21	69	Michal Nowierski	individual	Senior Masculino	01:01:24	+18:32	06:08
22	129	Sérgio dos Santos Mariano	individual	Senior Masculino	01:02:04	+19:12	06:12
23	122	Marlene Filipa Nascimento dos Santos	individual	Senior Feminino	01:02:08	+19:16	06:13
24	114	Fernando Ferreira	clafit runners	Senior Masculino	01:02:23	+19:31	06:14
25	103	Elisabete Chaves	casa do povo de tonda	Senior Feminino	01:02:30	+19:38	06:15
26	151	André Tiago Ribeiro Pinto	os bebe água	Senior Masculino	01:02:32	+19:40	06:15
27	149	Catarina Isabel de Jesus Quinteiro	os bebe água	Senior Feminino	01:04:13	+21:21	06:25
28	146	João E. Miraldo	individual	Veterano M50	01:04:13	+21:21	06:25
29	119	Tomás Diogo	individual	Junior Masculino	01:08:00	+25:08	06:48
30	116	João Tiago Diogo	dirt	Veterano M40	01:08:01	+25:09	06:48
31	112	Ricardo Soares	clafit runners	Senior Masculino	01:09:10	+26:18	06:55
32	102	Andreia Dias	casa do povo de tonda	Junior Feminino	01:09:10	+26:18	06:55
33	110	Rui Pessoa	clafit runners	Senior Masculino	01:09:10	+26:18	06:55
34	111	Samuel Jorge	clafit runners	Senior Masculino	01:10:06	+27:14	07:01
35	101	Vitor Manuel Feteira de Matos Pimenta	arsm - associação recreativa de s. miguel	Veterano M40	01:11:55	+29:03	07:11
36	140	Sandra Arribança	individual	Veterana F40	01:14:27	+31:35	07:27
37	152	Joel José Ginga	practicamentequenianos	Senior Masculino	01:15:07	+32:15	07:31
38	106	António Marques	casa do povo de tonda	Veterano M50	01:20:28	+37:36	08:03
39	117	Sílvia Leonor Ferreira Pinto	estoira trails - seixo-mira	Senior Feminino	01:20:44	+37:52	08:04
40	108	Joana Costa	clafit runners	Senior Masculino	01:21:12	+38:20	08:07

10K

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	109	Marta Costa	clafit runners	Senior Masculino	01:21:13	+38:21	08:07
42	123	Ana Sofia Vale Peixoto	individual	Senior Feminino	01:22:08	+39:16	08:13
43	107	Marta Conceição	clafit runners	Senior Feminino	01:29:38	+46:46	08:58
44	120	aldina oliveira	individual	Senior Feminino	01:29:38	+46:46	08:58

Obs

BIB	NOTE	NAME	TEAM	CAT
141	DNF	Margarida Diogo	Individual	Veterana F40

Cantanhede Xmas Trail Race
Cantanhede
13-dezembro-2014

10K **10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

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	Time	Temperature	Humidity
Start	18:30	10,1ºC	78,4%
End	20:02	10,1ºC	78,4%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
Junior Feminino							
1	102	Andreia Dias	CASA DO POVO DE TONDA	Junior Feminino	01:09:10		06:55
Junior Masculino							
1	154	Rúben Alexandre Ferreira Nunes	SUOVAIS	Junior Masculino	50:41		05:04
2	119	Tomás Diogo	Individual	Junior Masculino	01:08:00	+17:19	06:48
Senior Feminino							
1	122	Marlene Filipa Nascimento dos Santos	Individual	Senior Feminino	01:02:08		06:13
2	103	Elisabete Chaves	CASA DO POVO DE TONDA	Senior Feminino	01:02:30	+00:22	06:15
3	149	Catarina Isabel de Jesus Quinteiro	Os bebe água	Senior Feminino	01:04:13	+02:05	06:25
4	117	Sílvia Leonor Ferreira Pinto	Estoira Trails - Seixo-Mira	Senior Feminino	01:20:44	+18:36	08:04
5	123	Ana Sofia Vale Peixoto	Individual	Senior Feminino	01:22:08	+20:00	08:13
6	107	Marta Conceição	ClaFit Runners	Senior Feminino	01:29:38	+27:30	08:58
7	120	aldina oliveira	Individual	Senior Feminino	01:29:38	+27:30	08:58
Senior Masculino							
1	124	Vitor Francisco	Individual	Senior Masculino	42:52		04:17
2	128	Fernando Jorge Barros Ferreira	Individual	Senior Masculino	48:57	+06:05	04:54
3	131	Alexandre Pinhal da Silva	Individual	Senior Masculino	52:07	+09:15	05:13
4	134	Nelson Costa	Individual	Senior Masculino	52:36	+09:44	05:16
5	105	Pedro Ferraz	CASA DO POVO DE TONDA	Senior Masculino	53:22	+10:30	05:20
6	138	Marek Joachimiak	Individual	Senior Masculino	53:34	+10:42	05:21
7	147	jacinto silva	manos	Senior Masculino	55:30	+12:38	05:33
8	127	Fábio Costa	Individual	Senior Masculino	56:33	+13:41	05:39
9	126	Samuel de Oliveira Martinho	Individual	Senior Masculino	56:33	+13:41	05:39
10	136	Nuno Miguel dos Santos Almeida	Individual	Senior Masculino	57:56	+15:04	05:48
11	65	Tiago Miguel Costa	QUIAIOS RUN TEAM	Senior Masculino	58:14	+15:22	05:49
12	139	Paulo Daniel Pereira Braz	Individual	Senior Masculino	58:14	+15:22	05:49
13	113	Paulo Coelho	ClaFit Runners	Senior Masculino	58:21	+15:29	05:50
14	130	Carlos Jorge Rodrigues Oliveira	Individual	Senior Masculino	59:29	+16:37	05:57
15	148	hernani silva	manos	Senior Masculino	59:48	+16:56	05:59
16	150	António André Miranda Assena	Os bebe água	Senior Masculino	01:00:11	+17:19	06:01
17	69	Michal Nowierski	Individual	Senior Masculino	01:01:24	+18:32	06:08
18	129	Sérgio dos Santos Mariano	Individual	Senior Masculino	01:02:04	+19:12	06:12
19	114	Fernando Ferreira	ClaFit Runners	Senior Masculino	01:02:23	+19:31	06:14

10K **10 KM**

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OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

20	151	André Tiago Ribeiro Pinto	Os bebe água	Senior Masculino	01:02:32	+19:40	06:15
21	112	Ricardo Soares	ClaFit Runners	Senior Masculino	01:09:10	+26:18	06:55
22	110	Rui Pessoa	ClaFit Runners	Senior Masculino	01:09:10	+26:18	06:55
23	111	Samuel Jorge	ClaFit Runners	Senior Masculino	01:10:06	+27:14	07:01
24	152	Joel José Ginga	practicamentequenianos	Senior Masculino	01:15:07	+32:15	07:31
25	108	Joana Costa	ClaFit Runners	Senior Masculino	01:21:12	+38:20	08:07
26	109	Marta Costa	ClaFit Runners	Senior Masculino	01:21:13	+38:21	08:07

Veterana F40

1	140	Sandra Arribança	Individual	Veterana F40	01:14:27		07:27

Veterano M40

1	145	Emilio Leal dos Santos	Individual	Veterano M40	52:49		05:17
2	144	Luis Monteiro	Individual	Veterano M40	55:06	+02:17	05:31
3	143	Sergio Figueiredo	Individual	Veterano M40	01:01:22	+08:33	06:08
4	116	João Tiago Diogo	DIRT	Veterano M40	01:08:01	+15:12	06:48
5	101	Vitor Manuel Feteira de Matos Pimenta	ARSM - Associação Recreativa de S. Miguel	Veterano M40	01:11:55	+19:06	07:11

Veterano M50

1	146	João E. Miraldo	Individual	Veterano M50	01:04:13		06:25
2	106	António Marques	CASA DO POVO DE TONDA	Veterano M50	01:20:28	+16:15	08:03