

**PROVA PRINCIPAL**

**12,4 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	10:00	8,9°C	88%
End	11:34	12,1°C	78,3%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1	Baltazar Sousa	boavista futebol clube	Senior Masculino	43:07		03:29
2	40	RUI RODRIGUES	associação academica de coimbra	Veterano M35	43:24	+00:17	03:30
3	275	André Morais	acr senhora do desterro	Senior Masculino	44:19	+01:12	03:34
4	50	fernando silva	casa do povo de mangualde	Veterano M45	45:05	+01:58	03:38
5	128	Americo martins de pinho	clube campismo de são joão da madeira	Veterano M40	45:44	+02:37	03:41
6	122	José Manuel Jesus	formobike	Veterano M45	46:14	+03:07	03:44
7	76	Romeu Gouveia	escaravelhos team	Senior Masculino	46:32	+03:25	03:45
8	63	Fábio André Abrantes	comissão melhoramentos percelada	Senior Masculino	47:17	+04:10	03:49
9	25	Paulo Abreu	boavista futebol clube	Veterano M40	47:33	+04:26	03:50
10	24	Nelson Braga	boavista futebol clube	Senior Masculino	48:17	+05:10	03:54
11	49	Rui Baptista	bttrain	Veterano M40	48:29	+05:22	03:55
12	203	Pedro Gonçalves	individual	Senior Masculino	48:31	+05:24	03:55
13	181	KA LONG LOK	clube - clube veteranos de atletismo coimbra	Senior Masculino	49:11	+06:04	03:58
14	184	Luis Junqueira	individual	Veterano M45	49:19	+06:12	03:59
15	8	Nuno Vidal	boavista futebol clube	Veterano M35	49:21	+06:14	03:59
16	51	Márcia Martins	cd campinho	Senior Feminino	49:23	+06:16	03:59
17	4	Hugo Santos	boavista futebol clube	Senior Masculino	49:39	+06:32	04:00
18	100	João Afonso	fit&fun	Senior Masculino	49:45	+06:38	04:01
19	103	João Paulo Pereira	fit&fun	Veterano M45	50:09	+07:02	04:03
20	183	Luis filipe miranda dias pereira	individual	Veterano M35	50:18	+07:11	04:03
21	16	Domingos Presas	boavista futebol clube	Veterano M45	50:19	+07:12	04:03
22	180	joseferreira	individual	Veterano M35	50:19	+07:12	04:03
23	66	Vasco Pereira	diário de coimbra	Senior Masculino	50:20	+07:13	04:04
24	229	Vitor Gonçalves	individual	Veterano M35	50:29	+07:22	04:04
25	151	Emanuel Garcia Correia	individual	Senior Masculino	50:55	+07:48	04:06
26	28	Mário Rui Barata	clube fluvial de coimbra	Veterano M40	50:58	+07:51	04:07
27	244	Aurélio Saúde	perna de pau running team	Veterano M35	51:00	+07:53	04:07
28	150	Elísio Gonçalves	individual	Veterano M40	51:05	+07:58	04:07
29	127	Alexandre Mestre	individual	Veterano M35	51:08	+08:01	04:07
30	195	Mauro Alexandre Marques Azevedo	individual	Veterano M40	51:09	+08:02	04:08
31	39	PEDRO VARELA	associação academica de coimbra	Veterano M40	51:15	+08:08	04:08
32	34	Alberto Manuel Freches	associação academica de coimbra	Veterano M55	51:15	+08:08	04:08
33	123	Tony Graça	free runners	Veterano M50	51:24	+08:17	04:09
34	61	JOSÉ ALFREDO GOMES RIBEIRO	clube - clube veteranos de atletismo coimbra	Veterano M60	51:33	+08:26	04:09
35	6	Marco Almeida	boavista futebol clube	Veterano M40	52:00	+08:53	04:12
36	19	Hugo Carmo	boavista futebol clube	Veterano M35	52:00	+08:53	04:12
37	14	Carlos Ferreira	boavista futebol clube	Veterano M45	52:01	+08:54	04:12
38	32	PEDRO SILVA PAULO	águas das caldas de penacova	Veterano M45	52:05	+08:58	04:12
39	2	António Pereira	boavista futebol clube	Veterano M60	52:07	+09:00	04:12
40	156	Fernando Nogueira	individual	Veterano M45	52:51	+09:44	04:16
41	72	João Patrício	escaravelhos team	Senior Masculino	53:02	+09:55	04:17
42	228	Vasco Morais Pinheiro de Sousa	individual	Veterano M45	53:05	+09:58	04:17





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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
129	47	Luis Fonseca	barracuda runners	Veterano M40	01:03:40	+20:33	05:08
130	136	Antonio Jorge Martinho	individual	Veterano M45	01:03:51	+20:44	05:09
131	175	Joaquim de Sousa Branquinho	individual	Veterano M60	01:03:58	+20:51	05:09
132	58	carlos lopes	cluve - clube veteranos de atletismo coimbra	Veterano M60	01:04:00	+20:53	05:10
133	246	Liliana Pragana	perna de pau running team	Senior Feminino	01:04:00	+20:53	05:10
134	112	Pedro Neves	fit&fun	Senior Masculino	01:04:12	+21:05	05:11
135	110	Mara Janeiro	fit&fun	Senior Feminino	01:04:12	+21:05	05:11
136	266	Carolina Vertis	individual	Senior Feminino	01:04:20	+21:13	05:11
137	96	Francisco Catalão	fit&fun	Senior Masculino	01:04:23	+21:16	05:12
138	191	Maria Medina	individual	Senior Feminino	01:04:35	+21:28	05:13
139	56	antónio tavares	cluve - clube veteranos de atletismo coimbra	Veterano M60	01:04:37	+21:30	05:13
140	57	carlos corino	cluve - clube veteranos de atletismo coimbra	Veterano M60	01:04:47	+21:40	05:13
141	189	Margarida Mota	individual	Senior Feminino	01:04:55	+21:48	05:14
142	179	José Quadrado	individual	Veterano M40	01:04:57	+21:50	05:14
143	208	pedro saraiva	individual	Veterano M45	01:05:00	+21:53	05:15
144	104	João Paulo Silva	fit&fun	Senior Masculino	01:05:01	+21:54	05:15
145	222	Rui Manuel da Rosa Colaço	individual	Veterano M40	01:05:41	+22:34	05:18
146	218	Ricardo Moreira	individual	Veterano M35	01:05:41	+22:34	05:18
147	30	Nuno Cortesão	a. r. casaense - escola de atletismo de coimbra	Veterano M35	01:05:46	+22:39	05:18
148	249	Paulo Guilherme Borges da Silva Mateus Ferreira	portuguese united training association	Veterano M40	01:05:59	+22:52	05:19
149	157	Fernando Silva Venda	individual	Veterano M55	01:06:17	+23:10	05:21
150	116	Vitor Oliveira	fit&fun	Veterano M50	01:06:20	+23:13	05:21
151	230	Vitor Manuel N.A. Martins	individual	Veterano M60	01:06:25	+23:18	05:21
152	131	Ana Luísa Geraldo	individual	Senior Feminino	01:06:27	+23:20	05:22
153	55	Afonso Silva Macedo	cluve - clube veteranos de atletismo coimbra	Veterano M60	01:06:28	+23:21	05:22
154	255	André Lopes	sonic team	Senior Masculino	01:06:50	+23:43	05:23
155	271	José Madeira	associação desportiva 4 estações - condutores do choupal	Veterano M60	01:07:10	+24:03	05:25
156	193	Mariano Almeida	individual	Veterano M35	01:07:30	+24:23	05:27
157	241	Luis Simoes	pepsico	Senior Masculino	01:07:33	+24:26	05:27
158	242	Nuno Sousa	pepsico	Senior Masculino	01:07:34	+24:27	05:27
159	253	Maria João Benquerença	sai de gatas bteam	Senior Feminino	01:07:37	+24:30	05:27
160	117	Joana Francisco	flashover	Senior Feminino	01:07:40	+24:33	05:27
161	256	Antonio Neves	sonic team	Veterano M50	01:07:54	+24:47	05:29
162	243	Sergio Almeida	pepsico	Veterano M40	01:07:59	+24:52	05:29
163	85	Mélanie Duarte	farmácia luciano e matos	Senior Feminino	01:08:17	+25:10	05:30
164	108	Luis Neves	fit&fun	Veterano M35	01:08:36	+25:29	05:32
165	87	Ana Roque	fit&fun	Senior Feminino	01:08:51	+25:44	05:33
166	280	QUIM AMADO	individual	Veterano M45	01:09:08	+26:01	05:35
167	247	Marco Alexandre	perna de pau running team	Senior Masculino	01:09:39	+26:32	05:37
168	227	TIAGO TRINDADE	individual	Veterano M35	01:09:42	+26:35	05:37
169	224	sara martins	cluve - clube veteranos de atletismo coimbra	Veterano M35	01:09:44	+26:37	05:37
170	198	Miguel Pimentel	individual	Veterano M35	01:09:57	+26:50	05:39
171	186	Maija Pole	individual	Senior Feminino	01:09:58	+26:51	05:39
172	140	Carlos Barroso	individual	Veterano M45	01:09:58	+26:51	05:39

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
173	91	Arsénio Rodrigues	fit&fun	Veterano M45	01:10:15	+27:08	05:40
174	240	Jorge Silva	pepsico	Veterano M40	01:10:16	+27:09	05:40
175	265	José Oliveira	associação desportiva 4 estações - condoreiros do choupal	Veterano M45	01:10:17	+27:10	05:40
176	59	FERNANDO MAURÍCIO GOMES RIBEIRO	clube - clube veteranos de atletismo coimbra	Veterano M55	01:10:26	+27:19	05:41
177	257	Filipe Simões	sonic team	Veterano M40	01:10:41	+27:34	05:42
178	204	Pedro Lopes	individual	Senior Masculino	01:10:48	+27:41	05:43
179	221	Rui Branco Lopes	individual	Veterano M35	01:11:19	+28:12	05:45
180	238	Adriano Matos	pepsico	Veterano M45	01:11:38	+28:31	05:47
181	109	Luis Pedro Reis	fit&fun	Veterano M35	01:11:41	+28:34	05:47
182	89	Angela Vargues	fit&fun	Senior Feminino	01:11:43	+28:36	05:47
183	248	Joselito Dias Alves Lucas	portuguese united training association	Veterano M40	01:12:19	+29:12	05:50
184	276	Dina Rocha	individual	Senior Feminino	01:12:33	+29:26	05:51
185	46	Rita Ventura	associação desportiva 4 estações - condoreiros do choupal	Senior Feminino	01:12:57	+29:50	05:53
186	95	Fernando Canha	fit&fun	Veterano M45	01:13:24	+30:17	05:55
187	162	Gisele Kulay	individual	Senior Feminino	01:13:45	+30:38	05:57
188	174	João Pedro Reis Marques Henriques Rainho	individual	Senior Masculino	01:13:46	+30:39	05:57
189	88	Angela Norberta Silva	fit&fun	Senior Feminino	01:13:51	+30:44	05:57
190	236	Paulo Jesus	kimikida runners	Veterano M40	01:14:17	+31:10	05:59
191	254	CÁTIA MOREIRA	sda - centro vegetariano	Senior Feminino	01:14:18	+31:11	06:00
192	220	Rogério Gonçalves	individual	Veterano M40	01:14:21	+31:14	06:00
193	226	Tânia Sofia Pires Martins	individual	Senior Feminino	01:14:21	+31:14	06:00
194	44	Maria Tavares	associação desportiva 4 estações - condoreiros do choupal	Senior Feminino	01:14:34	+31:27	06:01
195	120	Sergio Rodrigues	flashover	Senior Masculino	01:15:19	+32:12	06:04
196	190	maria luisa	individual	Senior Feminino	01:15:23	+32:16	06:05
197	239	Camilo Vidigal	pepsico	Veterano M50	01:15:25	+32:18	06:05
198	98	Inês Aleixo	fit&fun	Senior Feminino	01:15:28	+32:21	06:05
199	94	Diana Moreira	fit&fun	Senior Feminino	01:15:29	+32:22	06:05
200	149	Diana Carina Rodrigues Franco	individual	Senior Feminino	01:17:30	+34:23	06:15
201	146	Claudia Sofia Augusto Pais	individual	Senior Feminino	01:17:35	+34:28	06:15
202	132	ana rita artur	individual	Senior Feminino	01:17:39	+34:32	06:16
203	167	helena lopes	individual	Senior Feminino	01:17:39	+34:32	06:16
204	262	Nuno Farias	divisão desporto câmara municipal coimbra	Veterano M35	01:18:09	+35:02	06:18
205	197	Miguel Ângelo dos Santos Fernandes	individual	Senior Masculino	01:19:04	+35:57	06:23
206	133	Ana Rita Garcia Nogueira	individual	Senior Feminino	01:19:05	+35:58	06:23
207	269	Ana Paula Freitas	run figueira	Senior Feminino	01:19:47	+36:40	06:26
208	192	Mariana Lage Martins	individual	Senior Feminino	01:20:12	+37:05	06:28
209	171	João Manuel Serra Lopes Leal Pinto	individual	Veterano M35	01:20:24	+37:17	06:29
210	92	Carla Alves	fit&fun	Senior Feminino	01:20:25	+37:18	06:29
211	99	Joana Pacheco Mendes	fit&fun	Senior Feminino	01:20:34	+37:27	06:30
212	210	Raquel Santos	individual	Senior Feminino	01:20:40	+37:33	06:30
213	147	clotilde lerias	individual	Senior Feminino	01:21:14	+38:07	06:33
214	170	Joana Pedro	individual	Senior Feminino	01:21:28	+38:21	06:34

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

<b>RANK</b>	<b>BIB</b>	<b>NAME</b>	<b>TEAM</b>	<b>CAT</b>	<b>RESULT</b>	<b>DIFF</b>	<b>t/KM</b>
215	169	Isabel Garcia Martinho	individual	Senior Feminino	01:21:49	+38:42	06:36
216	130	Ana Luísa de Sá Gonçalves	individual	Senior Feminino	01:22:18	+39:11	06:38
217	258	Alice Conde	divisão desporto câmara municipal coimbra	Senior Feminino	01:22:20	+39:13	06:38
218	200	Natalia Ramos Nabuco de Araujo	individual	Senior Feminino	01:22:51	+39:44	06:41
219	207	Pedro Miguel Mendes Santos	individual	Senior Masculino	01:22:58	+39:51	06:41
220	168	Helena Margarida Godinho Miranda	individual	Senior Feminino	01:23:08	+40:01	06:42
221	217	Ricardo Manuel da Silva Ribeiro	individual	Senior Masculino	01:23:09	+40:02	06:42
222	264	Sónia Farias	divisão desporto câmara municipal coimbra	Senior Feminino	01:24:53	+41:46	06:51
223	219	Rodrigo Carvalho	individual	Senior Masculino	01:29:20	+46:13	07:12
224	252	João Miguel Braga Cruz	run@figueira	Veterano M40	01:31:27	+48:20	07:23



## Prova Principal

**12,4 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION  
**OFFICIAL RESULT**  
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

38	210	Raquel Santos	Individual	Senior Feminino	01:20:40	+31:17	06:30
39	147	clotilde lérias	Individual	Senior Feminino	01:21:14	+31:51	06:33
40	170	Joana Pedro	Individual	Senior Feminino	01:21:28	+32:05	06:34
41	169	Isabel Garcia Martinho	Individual	Senior Feminino	01:21:49	+32:26	06:36
42	130	Ana Luísa de Sá Gonçalves	Individual	Senior Feminino	01:22:18	+32:55	06:38
43	258	Alice Conde	Divisão desporto Câmara municipal Coimbra	Senior Feminino	01:22:20	+32:57	06:38
44	200	Natalia Ramos Nabuco de Araujo	Individual	Senior Feminino	01:22:51	+33:28	06:41
45	168	Helena Margarida Godinho Miranda	Individual	Senior Feminino	01:23:08	+33:45	06:42
46	264	Sónia Farias	Divisão desporto Câmara municipal Coimbra	Senior Feminino	01:24:53	+35:30	06:51

## Senior Masculino

1	1	Baltazar Sousa	Boavista Futebol Clube	Senior Masculino	43:07		03:29
2	275	André Moraes	ACR Senhora do Desterro	Senior Masculino	44:19	+01:12	03:34
3	76	Romeu Gouveia	Escaravelhos Team	Senior Masculino	46:32	+03:25	03:45
4	63	Fábio André Abrantes	Comissão Melhoramentos Percelada	Senior Masculino	47:17	+04:10	03:49
5	24	Nelson Braga	Boavista Futebol Clube	Senior Masculino	48:17	+05:10	03:54
6	203	Pedro Gonçalves	Individual	Senior Masculino	48:31	+05:24	03:55
7	181	KA LONG LOK	cluve - clube veteranos de atletismo coimbra	Senior Masculino	49:11	+06:04	03:58
8	4	Hugo Santos	Boavista Futebol Clube	Senior Masculino	49:39	+06:32	04:00
9	100	João Afonso	Fit&Fun	Senior Masculino	49:45	+06:38	04:01
10	66	Vasco Pereira	diário de coimbra	Senior Masculino	50:20	+07:13	04:04
11	151	Emanuel Garcia Correia	Individual	Senior Masculino	50:55	+07:48	04:06
12	72	João Patricio	Escaravelhos Team	Senior Masculino	53:02	+09:55	04:17
13	235	Heber Pires	Kimikida Runners	Senior Masculino	53:18	+10:11	04:18
14	196	Michele Curcio	Individual	Senior Masculino	53:32	+10:25	04:19
15	71	David Gouveia	Escaravelhos Team	Senior Masculino	54:08	+11:01	04:22
16	212	Renato João Simões Rodrigues	Individual	Senior Masculino	54:14	+11:07	04:22
17	214	Ricardo Bica	Individual	Senior Masculino	54:22	+11:15	04:23
18	20	João Dixo	Boavista Futebol Clube	Senior Masculino	54:37	+11:30	04:24
19	152	Eurico Gabriel Sintra Nogueira	Individual	Senior Masculino	55:23	+12:16	04:28
20	93	Carlos Fernandes	Fit&Fun	Senior Masculino	55:31	+12:24	04:29
21	234	David Jesus	Kimikida Runners	Senior Masculino	55:46	+12:39	04:30
22	102	João Pato	Fit&Fun	Senior Masculino	55:59	+12:52	04:31
23	86	Mário Luis Marcelino	Fit&Fun	Senior Masculino	56:18	+13:11	04:32
24	163	Goncalo Brito	Individual	Senior Masculino	56:22	+13:15	04:33
25	84	André Paiva	Farmácia Luciano e Matos	Senior Masculino	56:32	+13:25	04:34
26	154	Fernando Luís Lopes Santos	Individual	Senior Masculino	57:05	+13:58	04:36
27	13	António Rebocho	Boavista Futebol Clube	Senior Masculino	57:21	+14:14	04:37
28	75	Rafael Chá-Chá	Escaravelhos Team	Senior Masculino	57:27	+14:20	04:38
29	188	Márcio Silva	Individual	Senior Masculino	58:00	+14:53	04:41
30	115	Tiago Rocha	Fit&Fun	Senior Masculino	58:03	+14:56	04:41
31	141	Carlos Coelho	Individual	Senior Masculino	58:18	+15:11	04:42



## Prova Principal

12,4 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

32	216	Ricardo Jesus	Individual	Senior Masculino	58:35	+15:28	04:43
33	126	Alexandre Dias	Individual	Senior Masculino	58:47	+15:40	04:44
34	134	André João Gomes Ruivo	Individual	Senior Masculino	59:05	+15:58	04:46
35	231	Nuno Cabral	Jogging Lovers Coimbra	Senior Masculino	59:13	+16:06	04:47
36	223	Rui O. Costa	Individual	Senior Masculino	59:16	+16:09	04:47
37	268	João Nuno Lourenço Silveira	Individual	Senior Masculino	59:48	+16:41	04:49
38	119	Rui Palrinhas	Flashover	Senior Masculino	01:00:01	+16:54	04:50
39	143	Carlos Daniel Almeida Vila Nova	Individual	Senior Masculino	01:00:49	+17:42	04:54
40	118	Ricardo Pedro	Flashover	Senior Masculino	01:01:19	+18:12	04:57
41	237	Jorge Lestro	O Mundo da Corrida	Senior Masculino	01:01:30	+18:23	04:58
42	101	João Bento	Fit&Fun	Senior Masculino	01:01:42	+18:35	04:59
43	62	Pedro José Rodrigues Ferreira	cluve - clube veteranos de atletismo coimbra	Senior Masculino	01:02:56	+19:49	05:05
44	112	Pedro Neves	Fit&Fun	Senior Masculino	01:04:12	+21:05	05:11
45	96	Francisco Catalão	Fit&Fun	Senior Masculino	01:04:23	+21:16	05:12
46	104	João Paulo Silva	Fit&Fun	Senior Masculino	01:05:01	+21:54	05:15
47	255	André Lopes	SONIC TEAM	Senior Masculino	01:06:50	+23:43	05:23
48	241	Luis Simoes	Pepsico	Senior Masculino	01:07:33	+24:26	05:27
49	242	Nuno Sousa	Pepsico	Senior Masculino	01:07:34	+24:27	05:27
50	247	Marco Alexandre	Perna de Pau Running Team	Senior Masculino	01:09:39	+26:32	05:37
51	204	Pedro Lopes	Individual	Senior Masculino	01:10:48	+27:41	05:43
52	174	João Pedro Reis Marques Henriques Rainho	Individual	Senior Masculino	01:13:46	+30:39	05:57
53	120	Sergio Rodrigues	Flashover	Senior Masculino	01:15:19	+32:12	06:04
54	197	Miguel Ângelo dos Santos Fernandes	Individual	Senior Masculino	01:19:04	+35:57	06:23
55	207	Pedro Miguel Mendes Santos	Individual	Senior Masculino	01:22:58	+39:51	06:41
56	217	Ricardo Manuel da Silva Ribeiro	Individual	Senior Masculino	01:23:09	+40:02	06:42
57	219	Rodrigo Carvalho	Individual	Senior Masculino	01:29:20	+46:13	07:12

## Veterano M35

1	40	RUI RODRIGUES	ASSOCIAÇÃO ACADEMICA DE COIMBRA	Veterano M35	43:24		03:30
2	8	Nuno Vidal	Boavista Futebol Clube	Veterano M35	49:21	+05:57	03:59
3	183	Luis filipe miranda dias pereira	Individual	Veterano M35	50:18	+06:54	04:03
4	180	joseferreira	Individual	Veterano M35	50:19	+06:55	04:03
5	229	Vitor Gonçalves	Individual	Veterano M35	50:29	+07:05	04:04
6	244	Aurélio Saúde	Perna de Pau Running Team	Veterano M35	51:00	+07:36	04:07
7	127	Alexandre Mestre	Individual	Veterano M35	51:08	+07:44	04:07
8	19	Hugo Carmo	Boavista Futebol Clube	Veterano M35	52:00	+08:36	04:12
9	33	rui figueiredo	ARSM	Veterano M35	53:19	+09:55	04:18
10	10	Pedro Vidal	Boavista Futebol Clube	Veterano M35	53:24	+10:00	04:18
11	5	Luiz Loureiro	Boavista Futebol Clube	Veterano M35	54:29	+11:05	04:24
12	164	Gonçalo Filipe Neves Padilha	Individual	Veterano M35	55:15	+11:51	04:27
13	272	Gil Cunha	AAC	Veterano M35	57:17	+13:53	04:37
14	202	Pedro Figueiredo	Individual	Veterano M35	57:23	+13:59	04:38
15	105	Jorge Lopes	Fit&Fun	Veterano M35	58:12	+14:48	04:42

**Prova Principal**
**12,4 KM**
**OFFICIAL RESULT**

16	161	GIL ANTÓNIO FIGUEIREDO DA COSTA SANTOS	Individual	Veterano M35	58:52	+15:28	04:45
17	68	Fernando Ribeiro	Divisão desporto Câmara municipal Coimbra	Veterano M35	59:11	+15:47	04:46
18	9	Paulo Teixeira	Boavista Futebol Clube	Veterano M35	59:26	+16:02	04:48
19	29	Mário Rui Ferreira Vaz	A. R. Casaense - Escola de Atletismo de Coimbra	Veterano M35	59:35	+16:11	04:48
20	159	fidel conde	Individual	Veterano M35	01:00:09	+16:45	04:51
21	211	Renato Carvalho	Individual	Veterano M35	01:00:41	+17:17	04:54
22	232	Nuno Filipe da Fonseca Pinto	Jogging Lovers Coimbra	Veterano M35	01:00:51	+17:27	04:54
23	173	João Pedro Baptista Matos	Individual	Veterano M35	01:01:23	+17:59	04:57
24	245	George Martins	Perna de Pau Running Team	Veterano M35	01:02:10	+18:46	05:01
25	90	António Calheiros	Fit&Fun	Veterano M35	01:02:11	+18:47	05:01
26	218	Ricardo Moreira	Individual	Veterano M35	01:05:41	+22:17	05:18
27	30	Nuno Cortesão	A. R. Casaense - Escola de Atletismo de Coimbra	Veterano M35	01:05:46	+22:22	05:18
28	193	Mariano Almeida	Individual	Veterano M35	01:07:30	+24:06	05:27
29	108	Luis Neves	Fit&Fun	Veterano M35	01:08:36	+25:12	05:32
30	227	TIAGO TRINDADE	Individual	Veterano M35	01:09:42	+26:18	05:37
31	224	sara martins	clube - clube veteranos de atletismo coimbra	Veterano M35	01:09:44	+26:20	05:37
32	198	Miguel Pimentel	Individual	Veterano M35	01:09:57	+26:33	05:39
33	221	Rui Branco Lopes	Individual	Veterano M35	01:11:19	+27:55	05:45
34	109	Luis Pedro Reis	Fit&Fun	Veterano M35	01:11:41	+28:17	05:47
35	262	Nuno Farias	Divisão desporto Câmara municipal Coimbra	Veterano M35	01:18:09	+34:45	06:18
36	171	João Manuel Serra Lopes Leal Pinto	Individual	Veterano M35	01:20:24	+37:00	06:29

**Veterano M40**

1	128	Americo martins de pinho	Clube Campismo de São João da Madeira	Veterano M40	45:44		03:41
2	25	Paulo Abreu	Boavista Futebol Clube	Veterano M40	47:33	+01:49	03:50
3	49	Rui Baptista	Btrain	Veterano M40	48:29	+02:45	03:55
4	28	Mário Rui Barata	CLUBE FLUVIAL DE COIMBRA	Veterano M40	50:58	+05:14	04:07
5	150	Elísio Gonçalves	Individual	Veterano M40	51:05	+05:21	04:07
6	195	Mauro Alexandre Marques Azevedo	Individual	Veterano M40	51:09	+05:25	04:08
7	39	PEDRO VARELA	ASSOCIAÇÃO ACADEMICA DE COIMBRA	Veterano M40	51:15	+05:31	04:08
8	6	Marco Almeida	Boavista Futebol Clube	Veterano M40	52:00	+06:16	04:12
9	12	Rui Santos	Boavista Futebol Clube	Veterano M40	53:22	+07:38	04:18
10	121	Vitor Gomes	Flashover	Veterano M40	53:23	+07:39	04:18
11	23	José Sousa	Boavista Futebol Clube	Veterano M40	54:44	+09:00	04:25
12	199	Miguel Silva	Individual	Veterano M40	54:46	+09:02	04:25
13	205	PEDRO MANUEL ESCUDEIRO JACINTO	Individual	Veterano M40	56:41	+10:57	04:34
14	201	PAULO JORGE FONSECA CARVALHO	Individual	Veterano M40	58:29	+12:45	04:43
15	107	Luis Costa	Fit&Fun	Veterano M40	59:49	+14:05	04:49



## Prova Principal

12,4 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### Veterano M50

1	123	Tony Graça	Free Runners	Veterano M50	51:24		04:09
2	36	FERNANDO AGANTE	ASSOCIAÇÃO ACADEMICA DE COIMBRA	Veterano M50	53:16	+01:52	04:18
3	155	Fernando Manuel Machado Alhau	Individual	Veterano M50	54:48	+03:24	04:25
4	81	Júlio Marques	EUVG	Veterano M50	54:51	+03:27	04:25
5	41	António Patrício	Associação desportiva 4 estações - Con-dores do choupal	Veterano M50	57:45	+06:21	04:39
6	177	Joião Coroado	Individual	Veterano M50	58:47	+07:23	04:44
7	113	Rui Marques	Fit&Fun	Veterano M50	58:54	+07:30	04:45
8	31	ÁLVARO COSTA	ÁGUAS DAS CALDAS DE PENACOVA	Veterano M50	01:00:10	+08:46	04:51
9	73	Luis António	Escaravelhos Team	Veterano M50	01:00:42	+09:18	04:54
10	142	carlos da conceição lobo	Individual	Veterano M50	01:00:51	+09:27	04:54
11	270	Fernando Santos	Run Figueira	Veterano M50	01:02:38	+11:14	05:03
12	116	Vitor Oliveira	Fit&Fun	Veterano M50	01:06:20	+14:56	05:21
13	256	Antonio Neves	SONIC TEAM	Veterano M50	01:07:54	+16:30	05:29
14	239	Camilo Vidigal	PEPSICO	Veterano M50	01:15:25	+24:01	06:05

### Veterano M55

1	34	Alberto Manuel Freches	ASSOCIAÇÃO ACADEMICA DE COIMBRA	Veterano M55	51:15		04:08
2	60	Helder José Ferreira	cluve - clube veteranos de atletismo coimbra	Veterano M55	56:50	+05:35	04:35
3	137	ANTONIO MANUEL MARTINS NETO	Individual	Veterano M55	57:28	+06:13	04:38
4	176	Joaquim Henriques	Individual	Veterano M55	01:02:27	+11:12	05:02
5	157	Fernando Silva Venda	Individual	Veterano M55	01:06:17	+15:02	05:21
6	59	FERNANDO MAURÍCIO GOMES RIBEIRO	cluve - clube veteranos de atletismo coimbra	Veterano M55	01:10:26	+19:11	05:41

### Veterano M60

1	61	JOSÉ ALFREDO GOMES RIBEIRO	cluve - clube veteranos de atletismo coimbra	Veterano M60	51:33		04:09
2	2	António Pereira	Boavista Futebol Clube	Veterano M60	52:07	+00:34	04:12
3	22	José Bartolo	Boavista Futebol Clube	Veterano M60	53:23	+01:50	04:18
4	43	Manuel Freitas Marçal	Associação desportiva 4 estações - Con-dores do choupal	Veterano M60	58:38	+07:05	04:44
5	273	Narciso Arrouba	cluve - clube veteranos de atletismo coimbra	Veterano M60	01:00:19	+08:46	04:52
6	67	Armando Conceição	diário de coimbra	Veterano M60	01:03:25	+11:52	05:07
7	175	Joaquim de Sousa Branquinho	Individual	Veterano M60	01:03:58	+12:25	05:09
8	58	carlos lopes	cluve - clube veteranos de atletismo coimbra	Veterano M60	01:04:00	+12:27	05:10

**Prova Principal****12,4 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

9	56	antónio tavares	cluve - clube veteranos de atletismo coimbra	Veterano M60	01:04:37	+13:04	05:13
10	57	carlos corino	cluve - clube veteranos de atletismo coimbra	Veterano M60	01:04:47	+13:14	05:13
11	230	Vitor Manuel N.A. Martins	Individual	Veterano M60	01:06:25	+14:52	05:21
12	55	Afonso Silva Macedo ▯	cluve - clube veteranos de atletismo coimbra	Veterano M60	01:06:28	+14:55	05:22
13	271	José Madeira	Associação desportiva 4 estações - Con-dores do choupal	Veterano M60	01:07:10	+15:37	05:25

**PROVA CADEIRA DE RODAS****12 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	10:00	8,5°C	89,9%
End	11:02	8,5°C	89,9%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	26	Alberto Batista	individual	Senior Masculino	37:07		03:06
2	27	Fernando Mendonça	individual	Senior Masculino	58:41	+21:34	04:53



## COLETIVA HOMENS 5 ATLETAS

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	Boavista Futebol Clube	1 + 9 + 10 + 15 + 16	51
2	ASSOCIAÇÃO ACADEMICA DE COIMBRA	2 + 30 + 31 + 42 + 109	214
3	Fit&Fun	17 + 18 + 62 + 64 + 65	226
4	Escaravelhos Team	7 + 40 + 51 + 74 + 105	277
5	cluve - clube veteranos de atletismo coimbra	13 + 33 + 69 + 102 + 120	337
6	Associação desportiva 4 estações - Con-dores do choupal	77 + 78 + 85 + 113 + 143	496
7	Pepsico	145 + 146 + 148 + 157 + 163	759